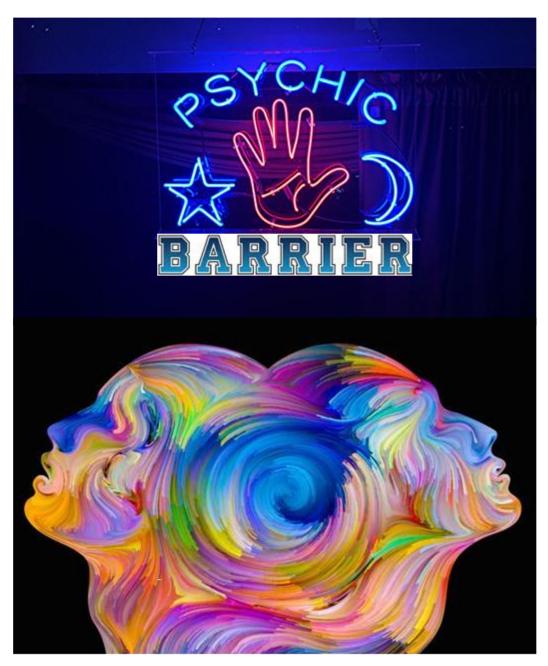
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Traditions, Customs and Norms



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Within and throughout any community, we have personalities at all levels on Dr David Hawkins' Map of Consciousness (MoC) scale as of a consequence of the levels of consciousness of their parents own childhood upbringing. Thus the psychic barriers throughout a family are generational. Through childhood suppression we become the level of consciousness of one or the other of our parents.

MoC scale around 100: This is survivalist living. To do nothing more than what is necessary to live. It is a continuation of how one's ancestors have lived for many generations before us. Even though being aware of modern developments and practices, one continues with beliefs and practices of hundreds and thousands of years ago. No amount of governmental money can improve our life experiences until we personally move to step away from traditions and improve our potential through personal development.

MoC scale around 200: Religions introduced over the past 2,000 years may be embraced and have raised consciousness but little is being achieved other than a neutrality in the way one may be living. Living mind-centric prevails. Humanity overall is calibrating around 220 MoC.

MoC scale around 300: Open and free education for all ages and aspirations. Free in cost and free from controlling agendas. Such scenarios over time bring about societal evolutionary growth and instils economic growth and enhanced standards of living. Those of higher levels need to be managers.

MoC scale around 400: Leadership unfolds that bring about the dynamics to provide global development and prosperity.

MoC scale around 500: Until societies recognise that we are to live feelings first having our minds in support of what our feelings are drawing our attention to then very few will grow in consciousness higher than 499 MoC as at that level is the peak that our minds can grow.

Within any group of people all of these levels can exist, living side by side. At each of these levels, what is to be provided is awareness specifically to open the pathway for growth and development to aspire to higher levels of consciousness. It is always for the individual to decide if and when they will seek to embrace their further growth and development. No one can grow or develop consciousness of another.

In recent times, governments have frequently imposed fees upon students engaging in higher education only to find stagnation returning to productivity growth. A counter-productive step for their societies.

Psychic barriers are impositions imposed upon us all to retard and restrain our growth in consciousness and development for the agendas of controlling influences that are now no longer. However, it is up to each of us to recognise our way forward and that is through writings like this.

The benefits of living Feelings First will over time address ALL of the social ills throughout society and open the pathway for infinite growth in one's level of consciousness. This is our destiny!

As we 'learn by doing', artificial intelligence is not engaged in the preparation of a Pascas Paper. Further, as the Pascas Papers are 'layered', that is through multiple slow readings more becomes revealed to the reader we each re-reading. Speed reading degrades the reader's comprehension of what is contained herein.

Psychic Barriers of: Traditions, Customs and Norms

Psychic Barriers of Traditions, Customs and Norms

Why is our heritage such a barrier to our evolutionary growth and prosperity? Why do we experience continuation of repetitive cycles of conflict, disease and food insecurity, amongst the array of difficulties?

When we are conceived our soul condition is in a perfect natural love state. As per Dr David R Hawkins' Map of Consciousness, that is a calibration near to 1,000 on his scale. By the time we are six years of age we are calibrating at the level of one or the other of our parents, should they be calibrating differently on the Map of Consciousness (MoC). In this way, the consciousness level of humanity remains stagnant!

Presently, the overall consciousness level of Earth's humanity is around MoC 220.

Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins 6,000 years ago 72 At the time the Vedas were written 74 At the birth of Buddha 91 Prior to the conception of Jesus of Nazareth 101 After the birth of Jesus of Nazareth 147 When Christ was taken from the cross 148 At the Last Supper 150 At the death of the last apostle 182 At the birth of Charlemagne 182 In 827 AD (at the death of Charlemagne) 190 When Abraham Lincoln took office as President 190 Lincoln was shot and killed 193 1944: birth of almost 200 Homo-Spiritus children 194 1987: At the time of the Harmonic Convergence but not 207 necessarily related to it, consciousness of humanity jumped 2020: Revelations including Feeling Healing 220

Around 200,000 years ago, high level spirits influenced Earth's humanity to live mind-centric, to ignore and suppress their feelings. As women are closer to their feelings then men, they also induced men to make women subordinate to them.

As our minds are unable to discern truth from falsehood, that our minds are addicted to untruth, and that our minds are also addicted to control over our environment and others, humanity has stagnated in evolution and growth as of a consequence. To understand more precisely what difficulties come to us through being mind-centric is this observation. Assumptions are generated through our minds – the error rate of an assumption is 98%, with the other 2% being flukes! When we 'think' about something, we are engaging our minds – the consequences are further errors – along the lines of 'assumptions'.

While we live mind-centric we are living against our truth, our soul-based truth, which is living against our feelings which is our soul-based truth. We are our feelings! While we are denying our feelings we are rejecting our true parents, our Heavenly Mother and Father! We are living in a self-evolved hell while we avoid our feelings and truth.

While we avoid our truth, our soul-based feelings, we are disrupting the soul-light that circulates from our soul through our spirit body and then physical body and its return. This disruption generates all the discomforts, pains, illness and diseases that we experience during our whole physical life. The foundations of our life experiences are disrupted throughout our childhood forming years, from conception through to the age of six years – this is our Childhood Suppression. No-one missing out!

It is our Childhood Suppression that degrades our consciousness to that of our parents and carers. Thus generation after generation is a mirror of the prior generation.

From the table above we can see that from the time of the last living Apostle of the Creator Daughter and Son, Mary Magdalene and Jesus, all the way through to the second half of the twentieth century, until the late 1980s, Earth's humanity has stagnated at around 190 on the Map of Consciousness, that is almost 2,000 years of no progress in consciousness worldwide! Recently, technology has made great progress in developments – we now can annihilate each other by pushing buttons! This we can do in multiple ways!

Correlation of Levels of Consciousness – Soul Condition – and Society Problems						
Level of	Rate of		Happiness Rate	Rate of		
Consciousness	Unemployment	Rate of Poverty	"Life is OK"	Criminality		
600 +	0%	0.0%	100%	0.0%		
500 - 600	0%	0.0%	98%	0.5%		
400 - 500	2%	0.5%	79%	2.0%		
300 - 400	7%	1.0%	70%	5.0%		
200 - 300	8%	1.5%	60%	9.0%		
100 - 200	50%	22.0%	15%	50.0%		
50 - 100	75%	40.0%	2%	91.0%		
< 50	95%	65.0%	0%	98.0%		

Consciousness Calibrations Worldwide				
Level of Consciousness	Percentage of population			
600 +	1 in millions			
540 +	0.4%			
500 +	4%			
400 +	8%			
200 +	22%			
200 -	78%			
World wide average	220			

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	No. of	Average	Average	Human	Happiness	Education	Per Capita
MoC	Countries	MoC	Life	Development	Index	Index	Income 2020
			Expectancy	Index			
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
							,
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High							
100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low							
100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below							
100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

Note: The Map of Consciousness scale is from 1 to 1,000

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

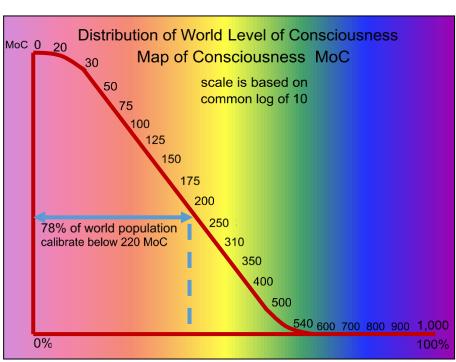
A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

It takes a leap of consciousness to realise that causality is strictly a mentalisation (thinkingness – mind subjectivity) and a concept that is a product of thinkingness, but which is neither innate nor has existence in nature. Feelingness is spontaneous, innate and freedom. When conditions are favourable, including intentionality, the potential within the seed emerges as the flower, but nothing is forcing or causing it to do so.

The innate distribution of consciousness is displayed as a progression curve.

As observed by the worldwide capitulation of populations to adhere to directives from respective health officials of many nations, during the coronavirus Covid-19 (2019+) pandemic to lock ourselves within our homes for weeks at a time, the potential for governments to raise armies to go and slaughter each other is all too easy! Those under 200 MoC are only too compliant to be armed and sent to war, and that is about 78% of the world's population.



NATIONS with populations calibrating around MoC 100

The psychic barriers to consciousness growth is their traditional adherence to family norms, customs and traditions.

Even though the populations may have embraced Christianity and/or Islam to a large extent, it is mainly a façade with traditions being mainly adhered to. The people may profess to be Christian or Muslim and practice these ways of living, however the practices of generations before prevail in their living.

Consequently the overarching way of living is survivalism with little economic development throughout the nation, poverty, homelessness and deprivation prevail. Infrastructure is in disrepair, there is inadequate health services prevailing, food supply is insecure, and potable water scarce amongst all services. The national psychic barriers of traditions that have prevailed for thousands of years remain entrenched.

NATIONS with populations calibrating around MoC 200

These are nations where Christianity and/or Islam have been successful in circumventing the imposts of traditions, norms and customs of the people that prevailed more than 2,000 years ago.

From the table above, it is seen that incomes are becoming more than just survival levels and that the embryo of economic prosperity is on the horizon.

This is where the introduction of these two ways of living has contributed to a shift in consciousness, however as they are both mind-centric ways of living and controlling of their congregations, little further progress is actually unfolding for the people.

Indigenous groups can be found reflecting this progression and until THEY grasp their predicament, no amount of money is going to close the gap between their standard of living and those who have prospered through strivings to grow in truth, knowledge and wisdom through education.

NATIONS with populations calibrating above MoC 300

Open and free education for all has led to economic prosperity that has enabled robust infrastructure, food security, safe and secure housing, sanitation and potable water that is universal throughout nations.

Open and free education means that there is no governmental control that is suppressive, religious freedom without any domination, free in cost to students, education is free from pre-school all the way through to all ages in all the forms for people to follow their passions and expressions of personality.

Presently education worldwide is mind-centric and dominated by the lecturer at the front of the room. We learn by doing and that includes tutoring others. We learn more effectively by tutoring others and expressing our feelings. Living feelings first is a spontaneous intuitive way of expression and living.

NATIONS with populations calibrating above MoC 500

There are none!

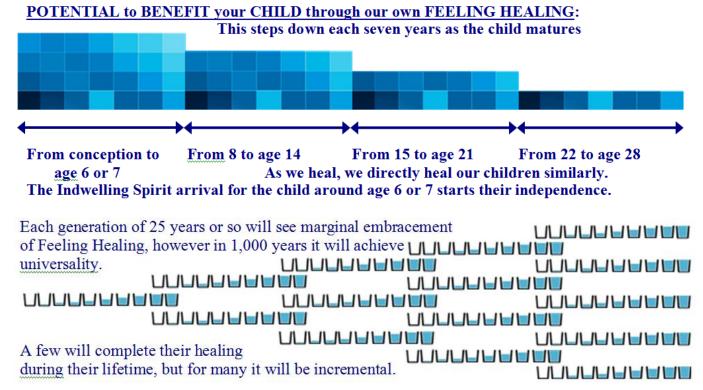
The ceiling of consciousness growth is MoC 499 when mind-centricity is the way of living. Aspiring to and then Living Feelings First opens our potential to infinity. It is the way of living that we will ALL progress to – eventually!

Psychic Barriers are Errors within Held Beliefs

"THE TRUTH WILL SET YOU FREE, BUT FIRST IT WILL MAKE YOU MISERABLE."

What hurts is the error leaving you! Psychic barriers are errors of perceived truth that can be personal, family orientated, community held, regional and even national – as these are each addressed the dislodgment and exiting of held untruth will incur discomfort as recognition of those adopted injurious beliefs and erroneous traditions will be confrontational and disturbing. When we recognise what we have held as true is actually false is a distressful experience. We each have much to express and let go of.

As we allow our feelings to arise and then long for, ask for and seek to know what is the truth behind that which our feelings are drawing our attention to, we are to express emotionally to a companion. What has entered each of us emotionally is to be talked out of us emotionally. Sounds simply, it is not. It will take a long time, but we are to do so.



Psychic barriers are also emotional injuries experienced that are carried down through the generations. Thus we each have much to resolve, as well as the community and nation that we live within.

However, it is only now in the 2020s that we are becoming to understand that Childhood Suppression and our ongoing Repression is the underlying foundation of all our life's difficulties, and collectively, the issues that confound our nation and also worldwide.

We learn by doing! Speed reading does not open us up to the layers of learning throughout profound writings. Revelations of truth require multiple slow readings as their truths only reveal themselves as we absorb and experience what they are to reveal.

We learn by doing! Artificial intelligence platforms adopted are the end of possible growth in truth and love as such platforms lack any of the sensitivities that are required to be embraced and lived.



ASSUMPTIONS are the product of our MIND!

HEALINGends MIND-CONTROL!



Consider asking yourself this question. Who burt me when I was a child?

What is being introduced to Earth's humanity is the greatest event in the history of Earth's humanity and it commences through Pascas Foundation and a very small gathering. At first glance, one may feel that it is all understood, however, there are additional steps that had not previously been recognised.

Further, this is not a religion, it is a way of living without a hierarchy of control. There are no dogmas, creeds, cannon laws, rituals, sacraments, spiritual practices, special book, unique clothing and hair styles. Women are our spiritual leaders as they are closer to their feelings then are men typically.

Every aspect of our way of living is impacted through embracing Living Feelings First.

Should we eventually fully heal ourselves of our Childhood Suppression, our emotional injuries and errors of belief, we no longer have the NEED to experience physical discomfort, pain, illness and disease, consequently we become free of health issues. You now know the cause of your health issues!

Look carefully again at the charts on pages 3 to 5, as we grow in truth you will find education standards grow, full employment unfolds, happiness grows, criminality subsides, longevity of life increases, social issues resolve themselves, conflict and wars are no longer, poverty is ended and housing issues addressed.

We have a long way to go as this is what Pascas Foundation is to introduce into every society throughout every nation worldwide.

truth is freedom and love

The following page summarises it all:





Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.



To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

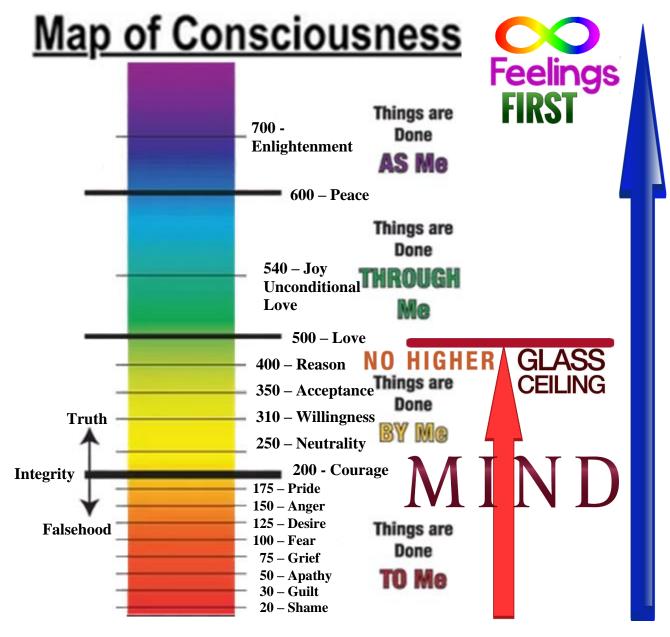
The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	-100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 44

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact a quadrillion (10^{15}) jump in energy.

Levels of consciousness are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. Even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

Shame: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

Moc 20-29

<u>Guilt</u>: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

MoC 30-49

<u>Apathy</u>: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

MoC 50 - 74

<u>Grief</u>: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

MoC 75 – 99

<u>Fear</u>: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

MoC 100 - 124

<u>Desire</u>: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

MoC 125 - 149

<u>Anger</u>: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

MoC 150 - 174

Pride: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

MoC 175 – 199

<u>Courage</u>: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

MoC 200 – 249

<u>Neutrality</u>: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

MoC 250 – 309

Willingness: Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness / do not feel demeaned by service jobs. Helpful / high selfesteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained. MoC 310 - 349

Acceptance: Major transformation takes place when one recognises that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self discipline / honouring of others rights / inclusive / tolerant.

MoC 350 - 399

Reason: Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualisation / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states. MoC 400 - 499

Love: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

MoC 500 - 539

Joy: Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will. MoC 540 - 599

Peace: Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness. MoC 600 - 699

Enlightenment: Buddha and Krishna. Jesus progressed beyond 1,000 to achieve at-onement with God whilst living on earth. Enlightenment is a never ending process. Moc 700 - 1,000





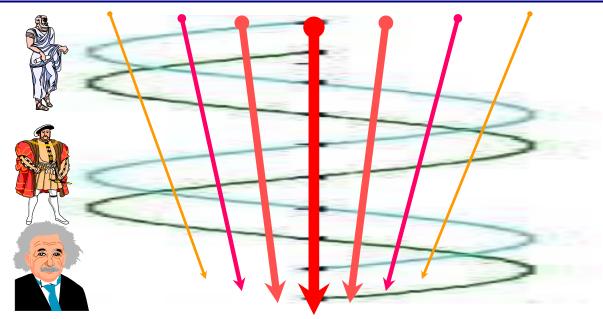
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OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as our self, work and pray to express our blocked emotions.

Clearing our negative emotions – Feeling Healing – grows our soul condition as well as that of our children.

Baby's body, when conceived, is always perfect. Their soul condition is also perfect.

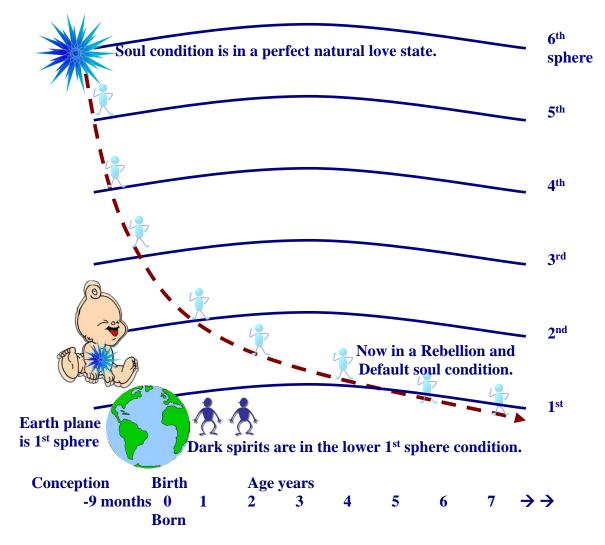
SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can e likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!











Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017

We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.

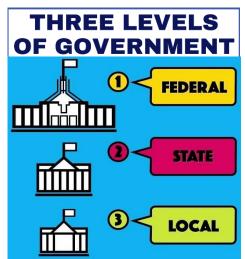
This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.

The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

BUT THERE ARE FURTHER LAYERS OF CONTROL!



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

Instead of assisting their people, governments at all levels impose restrictions and controls.



HIDDEN CONTROLLERS



The same people who 'elect' the members of parliament do not realise that the 'nominees' are often puppets of hidden controllers.

'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term), who are in turn are manipulated by 12 (long



term) families. All of this is managed and imposed by global secret society networks under the direction of the 12 long term families and their chairman.



Since 31 May 1914, Celestials have been progressively introducing high level truths to humanity that have been prevented from sharing for thousands of years. From 31 January 2018, Celestials have been disrupting the hidden controllers on Earth and slowly bringing about their manipulation and suppression of Earth's humanity.

Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017



Rebellion and Default
officially ended
31 January 2018
Great U-Turn
now ready for mobilisation
22 July 2023
Funding
22 March 2024

GOVERNMENTAL RESTRAINT upon its PEOPLE						
Nation	Map of Consciousnes S (2024) (MoC)		Parliament	MoC (2024)	Elected Number	
Angola	80	37,800,000	National Assembly	220	220	
Argentina	280	46,000,000	Federal Parliament	310	329	
8		,,	Senators (upper house)	320	72	
			Deputies (lower)	300	257	
Australia	410	27,000,000	Federal Parliament	380	227	
			Senate (upper house)	380	76	
			Representatives (lower)	380	151	
Caribbean OECS	280	11,000,000	Government Dominica	340	32	
Dominica Com		73,400	Com	335		
			Opposition			
China	305	1,425,000,000	Politburo Standing			
			Committee	280	7	
			Politburo	285	24	
			Central Committee	290	200	
			Congress	295	2,000	
Colombia	320	52,200,000	Parliament	344	296	
			Senate	344	108	
			Chamber of	332	188	
			Representatives			
Eritrea	180	5,800,000	Dictatorship	315	none	
European Union	380	451,000,000	Parliament	335	705	
India	370	1,436,000,000	Parliament	400	788	
			Council of States (upper)	410	245	
		• • • • • • • • • • • • • • • • • • • •	House of People (lower)	390	543	
Indonesia	220	280,000,000	Parliament	288	711	
			Regional Rep Council	295	136	
D1 '1' '	225	110,000,000	Peoples Rep Council	280	575	
Philippines	225	119,000,000	Senate	291	24	
Dunnin	220	144,000,000	Representatives	299	316	
Russia	320	144,000,000	Federal Assembly Federation Council (upper)	305 310	620 170	
			State Duma (lower)	300	450	
Tanzania	200	68,800,000	National Assembly	290	393	
Ukraine	330	38,000,000	Verkhovna Rada	300	450	
United Kingdom	420	68,000,000	Parliament	390	1,433	
Ollica Kinguolii	720	00,000,000	UK House of Lords	380	783	
			UK House of Commons	400	650	
United States of	405	341,000,000	USA Congress	380	535	
America		311,000,000	Senate	365	100	
			House of Representatives	390	435	
Zimbabwe	100	17,000,000	Parliament	260	360	
		27,000,000	Senate (upper)	260	80	
			National Assembly (lower)	260	280	
World overall	220	8,100,000,000				

WE ARE ALL BEING PLAYED

DIVIDE & CONQUER: IF THEY KEEP US FIGHTING WITH EACH OTHER, WE WILL NEVER FIGHT THE TRUE ENEMY... **THE ESTABLISHMENT**!



DIVIDE AND CONQUER MECHANISMS:

Skin Colour / Tone Bigotry Borders & National Cultures Language Divides

Financial Enslavement

Professional Snobbery

Assumptions Err 98% of the time

Mind-Centrism Stagnation

Mind Control Addiction

Institutional Controls

Class & Social Structures
Militarism is all Wrong

Societal Customs & Practices

Debasement of Education

Sexual Preference Bigotry

Political Division

Religious Bigotry

Mind Untruth Addiction

Leadership Propaganda & Lies

Parental / Teacher / Religion / Employer / Government Suppressions
Potable Water Security Food Security Safe Shelter Security
Universal suppression of all peoples by covert controllers
Living Mind Centric is prohibiting spontaneity & freedom

Living Feelings First is living in truth & freedom!

Women Liberating

Childhood Suppression to end

LONG to KNOW ABOUT what you are FEELING!

Long to understand the truth behind

what your feelings are pressing upon you.

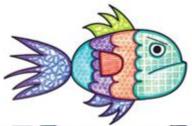






Ask to know the truth about that which you feel.

It is knowing the truth of that
which you feel that sets you free!







Always be true to your feelings because they are your truth and truth is love and our way home!







Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!

MINDVSFEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way; or The New Feelings Way.

Which way of living do you choose: Mind Way? or the Feelings Way of living?

Do you continue in your Mind Way? or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way? or the Eternal Happiness Feelings Way?

Times up for the Mind Way; the Feelings Way is taking over.

False Spirituality – The Mind Way; True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling and truth denying Mind Way;

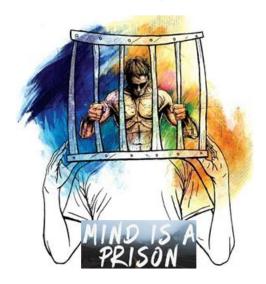
or embracing The New Feelings Way by doing your Spiritual Healing;

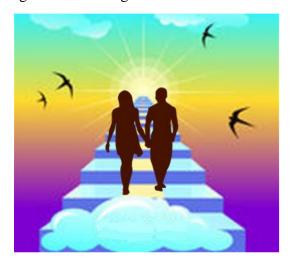
Maintaining the mind's imposed façade of a robotic, retarded individual, in a stupor, perpetrating the errors of generations gone by;

or The Feeling Way which is the discovery pathway to releasing your true, vibrant personality

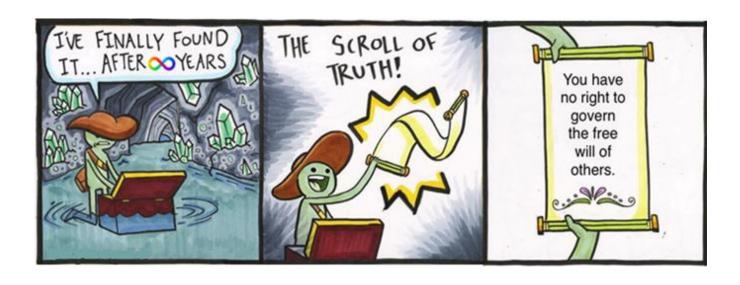
The Mind Way – rejecting the truth of yourself by denying feelings, restricted forever to the mind Mansion Worlds;

or The Feeling Way – uncovering the truth of your feelings and ascending to Paradise.









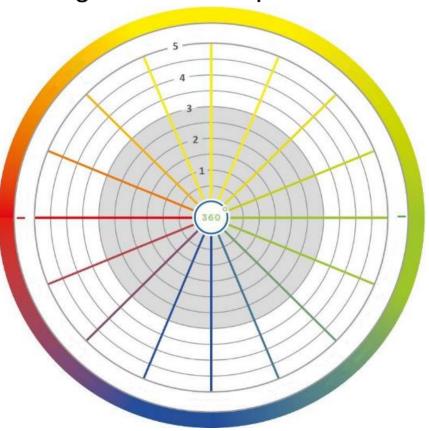
WHAT ENTERS EMOTIONALLY
IS TO BE EXPRESSED
EMOTIONALLY WHILE LONGING
FOR THE TRUTH TO BE KNOWN
ABOUT WHAT IS BEING FELT!

A NATIONAL PROGRAM

An overview of a nation and or provinces / states is to reveal the appropriate needs of the people that also recognises their history, culture and customs. Their psychic barriers are to be considered with every element of infrastructural development to be progressively delivered to enable embracement and growth for all concerned. No aspect of the family needs is to be left behind. This is to be comprehensive program essentially is a decades long agenda to set in place the evolutionary growth of the people of a state / province or nation for the next millennium.

Thus every undertaking is interactive with every other aspect of this program for the people and accordingly all the people are to be engaged in its creation and delivery.

Program Wheel Spokes Hub



For the individual:

Potable water throughout the nation. Sanitation for all homes. Clean energy. Food security. Free and open education for all. Medical clinics in reasonable access. Family planning to be a focus for the medical centres. Hospitals and they being equipped with diagnostic services and operating facilities comparable to institutions worldwide.

For the households without water, in urban areas many spend an average of 30 minutes fetching water per day while in rural areas far more of the population may spend between 30 minutes and 3 hours. Rural population in developing countries may account for 67% of the total population.

The backlog in housing: satisfactory housing is required worldwide for more than one billion people, which is 200 million units, each housing an average of 5 people, translating to an average national backlog for over 12.5% of the total population. Some developing country's population living in slums in urban areas is considered to be 25%, however the housing conditions throughout the rural regions representing 67% of the population are typically dire.

Millions of children have been orphaned by AIDS.

Youth and adult literacy as well as numeracy are essential for meaningful employment and life experiences.

Emerging economies are dependent upon the agriculture sector and the extent to which the most vulnerable populations depend on subsistence agriculture. Survivalist living is a psychic barrier to prosperity.

Although many eke out a living in the informal sector, generally a large informal economy reflects a stagnant or declining formal sector, which provides job security and employment benefits and contributes to government revenues through taxation.

Many emerging economies rely on food imports from neighbours to meet demand. Those populations with high birth rates are generally growing more desperate as their growth in food production is falling further behind as their populations grow.

With high levels of skilled outward migration, ratios of qualified teachers to learners steadily declines over time. Without education then all other professions suffer. Doctors and nurses are chronically short in numbers in many countries. Most other professions are also lacking in skilled and trained leaders.

Economic crises leaves energy, water, sanitation and road infrastructure in varying states of disrepair. Many lack access to electricity. Then all other critical infrastructure is lacking or unreliable.

This requires for the nation:

As an example of what natural resources can be utilised:

Open and free education for all, pre-school through to mature age. First to address issues such as:

NATION's Doctors Nurses Teachers Ratios

	DOC	TORS	NURSES & MID	WIVES	TEACHER	/ STUDENT
	per 1,00	0 people	per 1,000) people		ratio
Zimbabwe	2020	0.2	2020	2.0	2013	36
Tanzania	2018	0.1	2018	0.6	2018	51
Angola	2017	0.2	2018	0.4	2015	50
Australia	2018	3.8	2019	13.2	1999	18
New Zealand	2018	3.4	2018	11.1	2017	15
		Austria	S	Switzerland		San Marino
Strongest Worldwide	2020	5.4	2019	18.0	2018	7

Hydro-electric power and other renewable power platforms on a scale that not only is reliable but services all the people and industries throughout the nation. Then go on and expand the hydro-electric and other viable electric power production platforms to export electricity to neighbouring nations. This may become a national revenue stream for the nation and its people.

Re-instate to full productivity all the previously developed irrigation areas and then go on to expand irrigation to ensure food security throughout the nation and then for it to become a food basket as it once may have been. Reinvigorate food production with innovation.

Universal internet and electricity will enable all schools to become connected.

Legacies from civil unrest remain to be addressed in many emerging economies.

Debt burden of the nation may be appropriately repatriated, net of appropriately fulfilled delivery and satisfactory construction obligations, net of 'tea money' and other unappropriated practices.

Overarching is the addressing of erroneous traditions, customs and norms through truth. Everything is to be questioned and allowed to be expressed emotionally. This is a long slow and often painful experience as core beliefs are dislodged. Truth in itself is always a wonderful freeing experience.

PASCAS WORLDCARE recognised Hierarchy of Needs, structured upon Maslow's theory.



Bliss

God Realisation, being at one with God, our Heavenly Mother and Father

Joy

working a life of service to others - having no needs for one's self

Transcendence

helping others to self-actualise, freely sharing love, praise and gratitude

Self-actualisation

personal growth, self-fulfilment, removal of all forms of fear

Aesthetic needs

need for order and symmetry, beauty, balance, form, freedom from fear

Cognitive needs

to know and understand, knowledge, meaning, self-awareness, liberty

Esteem and Psychological needs

self-esteem, acceptance, responsibility, achievement, reputation, freedom, gratitude, praise, love

Social and Belonging needs

family, affection, relationships, work group, interaction with people, removal of boundaries

Safety and Security needs

safe lodging, physical safety, law and order, security, communications, education

Biological and Physiological needs

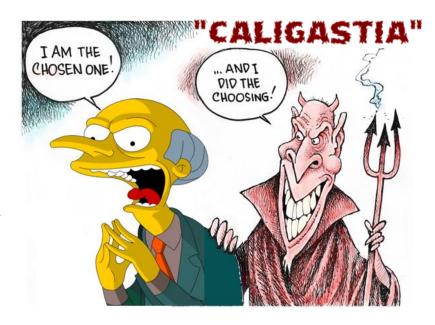
clean air (renewable energy), potable water, nutritious food, housing, health services (clean air + clean water + clean soil results in clean nutritious food!)

WHERE is EARTH'S HUMANITY in its PROGRESSION?

We can safely say that we are not only at the bottom of the class, we are at ground zero. We now have the technology to destroy ourselves and the only reason why that won't happen is that it is not allowed to happen.

How big is the class?

Should you look into the night sky on a clear night, consider that each star has potentially 0 to 3 inhabited worlds within its solar system. On average it is one, so each star has around one humanity within its orbit.



High level spirit personalities induced 37 humanities to rebel against leadership. Not only did Earth capitulate (unknowingly), that was 200,000 years ago, Earth also had an Adamite mission that defaulted, that was around 37,000 years ago.

Whereas most humanities have had their seven different coloured people intermix and blend to an olive colouring, we on Earth having lost our orange, green and blue people are still to intermix and blend our red, yellow, indigo (black) and scarlet (white) peoples.

As we are living mind-centric we are addicted to untruth and consequently plagued with difficulties or our own making, such as illness, disease, food insecurity, unsecure housing, conflict and wars, amongst many other social issues. Those who have embraced their feelings are free of all such local issues and reflecting soul conditions verging on celestial soul conditions – that being around 1,000 on Dr Hawkins' Map of Consciousness. Kindly note that the scale is based on the common log of 10 – it is not a lineal scale. Thus Earth's humanity at around 220 MoC is in the lower levels of the 1st spirit Mansion World.

Possible relationship of Map of Consciousness (MoC) with Mansion World Worlds: 10th Celestial sphere Peaks at 1,500

8th Celestial sphere 1,081 – 1,251+Achievement of at-onement on reaching 1,081 7th mansion world 921 – 1,080 Divine love only, transmission to at-onement and **Celestial spheres which are many** 6th mansion world 841 – 1,000 Natural love mind world – perfect Natural love 5th mansion world 781 – 920 Divine love Mansion World 4th mansion world 651 – 840 Natural love mind Mansion World 3rd mansion world **500** – 780 Divine love Mansion World 2nd mansion world **500** – 650 Natural love mind Mansion World 1st mansion world 499 Natural love mind world predominantly

Humanity awakens in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 220 on the Map of Consciousness.

Yes, we are so far down the ladder due to our uniqueness of being of a Rebellion and Default that we now have to heal ourselves of what is equivalent to seven spirit Mansion Worlds of recovery BEFORE we can

become of a Celestial state of Soul Condition and actually start our journey of progression onwards to HOME.

As we are in such poor state of soul condition, we are isolated from all other humanities. We are quarantined from any interaction with any other humanity and have been these past 200,000 years. It is only when we progress beyond the 3rd Celestial Heaven sphere of soul development do we begin our intermingling with our neighbours.

So, as and once we blend our colours, we will also bring about a universal language. One core language worldwide! Our interactions with each other will bring about a dismantling of borders and communities will bring about the ending of racial tensions and conflicts. Militarism is all wrong!

The 'chosen ones' will realise that being chosen is not all that they presently think they are. Yes, it was Caligastia that did the choosing – should you investigate The Urantia Book you may find that Caligastia is the personality referred to as the devil. Caligastia was appointed as Earth's planetary prince and he fell into the seductive powers of the Rebellion. He is no longer Earth's planetary prince.

Rebellion and Default GREAT officially ended **Negative Spirit Influence** Turm 31 January 2018 blocked **Great U-Turn** 22 March 2017 now ready for mobilisation **Law of Compensation** 22 July 2023 quickening **Funding** 22 May 2017 22 March 2024

All the institutionalise systems and norms that we accept and embrace are of the direct consequence of the Rebellion and Default. They ALL have to be dismantled and new platforms, if need be, put in place that is in truth and love. Nothing is to remain the same.

The next 1,000 years will be the new age, the Avonal Age, and the lead up into it will be very unsettling as we are all to recognise and accept that we cannot go on as it is and that change is required in how we are to live. This is already apparent to many.

Aspiring to Living Feelings First

Helen Adam, Graham Golding, Van Dowling, Jim Baker, John Doel, Lachlan Riddel, Lillan Nielson and Peter Wildin

Pascas Foundation (Aust) Limited

EXPERIENCES, FEELINGS and TRUTH:

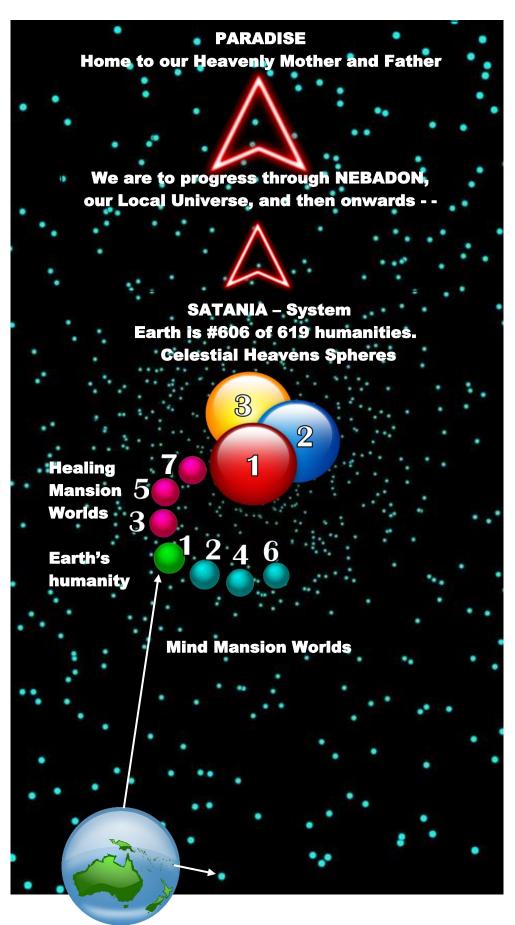
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we 'die', and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

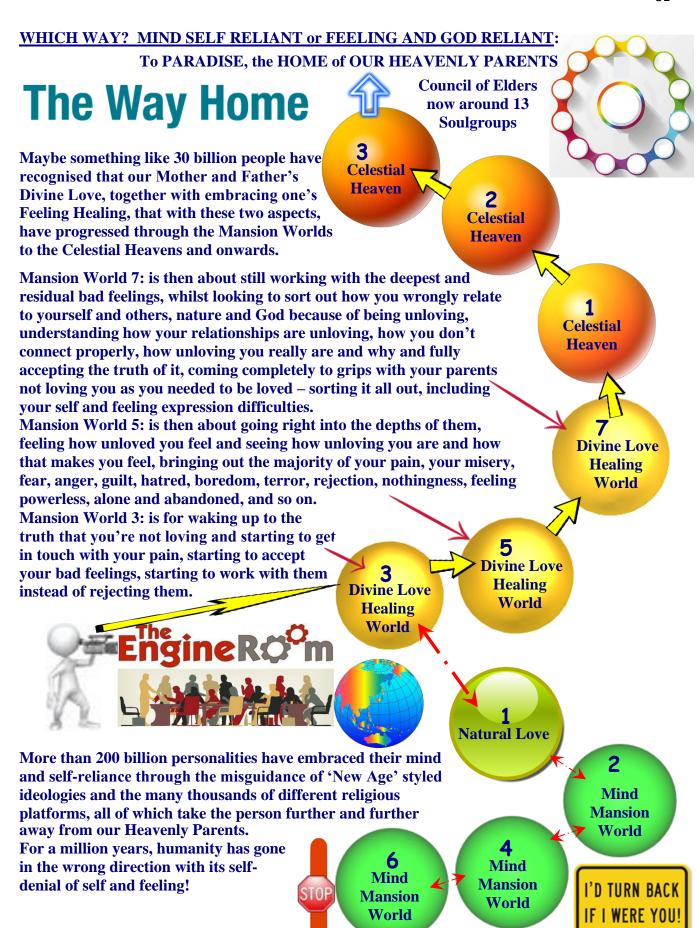
If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

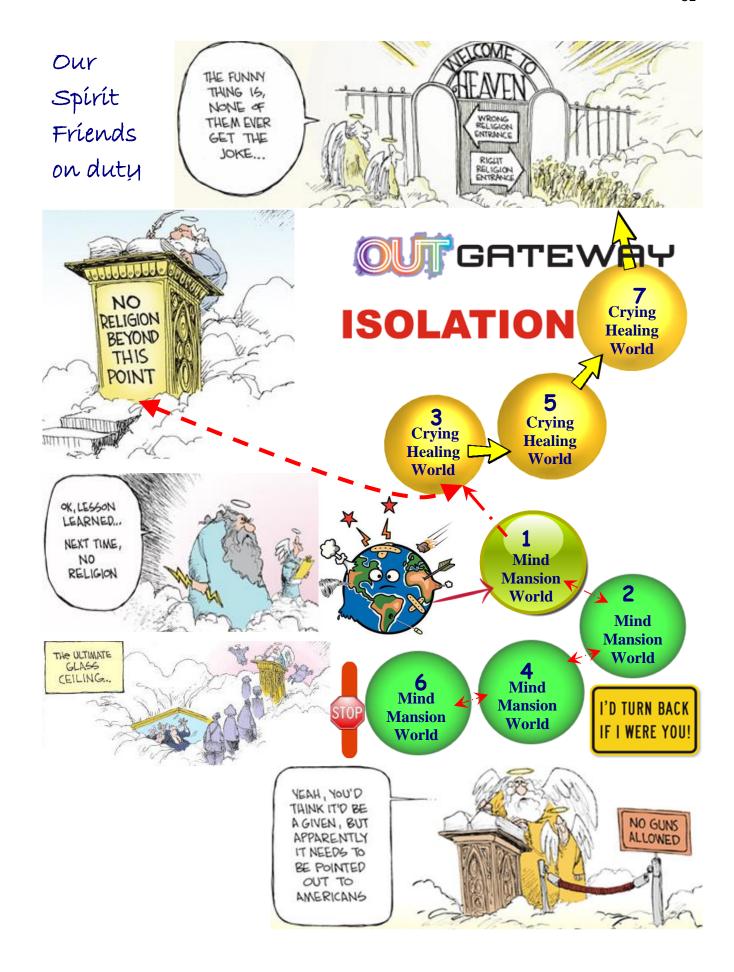
Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Universe Local of Nebadon and to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



<u>CRYING WORLDS HEAL, the LOVE SPHERES LIBERATE PERSONALITY:</u> To PARADISE, the HOME of OUR HEAVENLY PARENTS **Council of Elders** The Way Home now around 13 Soulgroups 3 Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, **Sphere** as in expressing all the aspects of one's self 2 of Love equally and lovingly, before one can leave the **Sphere** 3rd Celestial sphere – Sphere of Love, after having embraced the Way of Feelings. of Love When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated 1 personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere. **Sphere** While we progress through the Divine Love Crying Worlds, we are to of Love live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and Healing then once that's done and being a Celestial, one can carry on bringing to World light all those parts that one was denied the expression of whilst living untruth to oneself. 5 We are to uncover the truth of our untruth through the Healing crying Mansion Worlds 3 **Healing** levels (and their equivalent on Earth); and then World once that's done, and with the appropriate Healing amount of Divine Love in our soul warranting World fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth). Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and **Natural Love** Default conditions are being cancelled. 2 We all arrive into the 1st Mind Natural Love Mansion World. Mind Most continue their way of living without any awareness of the **Mansion** Feeling Healing process and the availability of Divine Love. World The 1st and 2nd Mind natural love Mansion 6 Mind Worlds are jammed to the rafters with spirit personalities. Those who progress to Mind I'D TURN BACK Mansion **Mansion** the 4th and 6th Mind Mansion Worlds are World IF I WERE YOU! World progressing further away from God, continuing with the Way of the Mind!







Arrogant personality trait can be a nation's psychic barrier!

Arrogance

https://ideapod.com/arrogant-personality-traits/

Arrogance is essentially believing that you are better, smarter, or more important than other people.

Superior, overbearing, self-entitled, and presumptuous are just a few of the qualities which may define an arrogant person.

Arrogance is an incredibly unattractive trait in anyone. Arrogance often goes hand in hand with pushiness. Which is one of the reasons arrogant people can be incredibly rude in social settings.

They believe they are more important than others. They lack the consideration to think about other

people's feelings or needs. They always put themselves first.

All of these factors combine to create impolite, abrupt, and even nasty behaviour towards others. You may find that arrogant people have a short fuse and will easily snap or talk down to you. That's particularly the case when they view somebody as being in an "inferior" position to them — for example, the waiter at a restaurant.

Disagree with an arrogant person at your peril because they're unlikely to let it drop. They usually have a grasping need to be right in every situation — even apparently trivial matters.

Never letting an argument go and fiercely protecting their opinions and beliefs is a sign of their **fragile ego**. They often **adopt a fixed rather than growth mindset** which closes them off from considering other people's points of view.



The reason arrogant people are often boastful is that deep down they want adoration. They need to be recognised as a cut above the rest, and so seek external validation. Despite outwardly seeming to have an inflated opinion of themselves, in reality, many arrogant people care a great deal about what others think of them.



This craving for attention can make arrogant people the life and soul of the party, and even quite charming in certain circumstances. They very often seek the limelight and enjoy all eyes being on them.

Poet and novelist Charles Bukowski highlighted perfectly: "The problem with the world is that the intelligent people are full of doubts while the stupid ones are full of confidence."

Forget imposter syndrome, arrogant people have the opposite issue. They tend to overestimate their capability.

Initially, this assertion can see arrogant people smooth-talking their way into better jobs or positions of power. Ultimately though this delusional self-belief in their own ability will be discovered when they fail to put their money where their mouth is.

Go along with what an arrogant person says and all might be smooth sailing. But as soon as you challenge their worldview or way of doing things, you will quickly find yourself in their bad books. They have to have things their own way.

One of the biggest struggles in dealing with someone who always thinks they know best is that **they** are closed off to considering they could be wrong.

Closed-mindedness and **stubbornness** mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour. Excessive competitiveness is another arrogant personality trait. All of life is a competition to them, and so they seek to win rather than collaborate.

The authors of a study into arrogance concluded that within arrogant people:

"Their combination of the "dark" traits of **narcissism**, **psychopathy**, and **aggression** leads them to be constantly vigilant for opportunities that allow them to edge out people they perceive as competitors. Because they value winning above all else, they'll also be likely to enter into arguments."

Arrogant people see the world as a dog-eat-dog place, where they need to dominate to succeed. One of the perhaps more subtle forms of arrogance is constantly interrupting or speaking over people.

Not only does it show a lack of patience to wait to speak, but consistently cutting in is a way of signalling that what they have to say is more important than you.

If an arrogant person feels that they are no longer the centre of attention within the conversation they may butt in to reassert their need for domination.

"Actually I think you'll find...", "No, you're wrong", and "I completely disagree" are common phrases you will hear time and time again from the lips of arrogant people.



Far from simply playing devil's advocate, they enjoy highlighting whenever they think someone is wrong because doing so makes them feel right. Arrogant people often challenge everything that is said to a pointless and excessive degree.

Maybe sometimes they have a point, but it's less about "righting wrongs" and more about trying to assert their own intellectual superiority on others.

Being challenged or criticised for an arrogant person is too great of a threat to their ego. That's why at the first sign of either of these things arrogant people will likely become incredibly defensive. Because actually deep down they are insecure, they feel the need to defend or protect themselves from any

perceived threat. Sometimes that threat can be as little as a difference in opinion or being proven wrong about something.

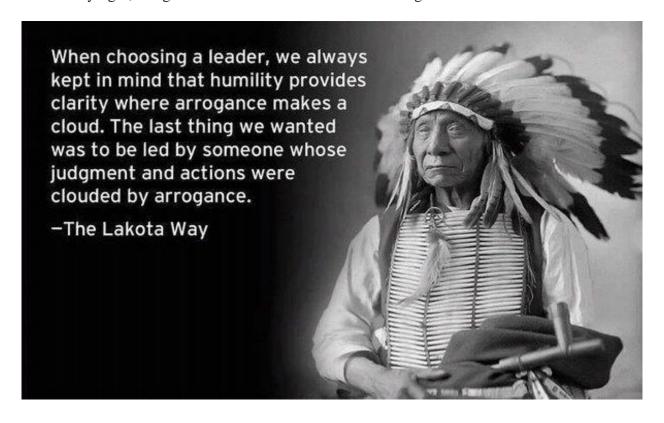
It could be the way they look at you or even the way they totally ignore you. It might be the tone of voice they use when they speak to you. Perhaps it's the disregard they show. There is usually something in the demeanour of a truly arrogant person which screams that they are overly sure of themselves. This act that they put on might even border on delusions of grandeur. However it shows up, they can have a smug and cocky way of carrying themselves.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with. Because of this, they are often rude to the "little" people in life whilst sucking up to anyone they deem has value or matches their perceived status. They find it difficult to see other people's perspectives or understand people who are different from them.

Arrogant people often make it all about them. Their stories, their anecdotes, and their conversations tend to centre around "me, me, me". Whilst studies have shown the key to happiness could actually be thinking of others above yourself, that is an alien concept to arrogant people. If you have an arrogant friend, partner, or family member you may find yourself constantly discussing their lives whilst they seem disinterested in what's going on with you.

Arrogant people can seem cruel or mean at times. In order to elevate themselves higher, their tactic can be to try to reduce the status of those around them. This can be overt or passive-aggressive, but they will actively point out perceived flaws or mistakes of others. Whenever an arrogant person belittles someone around them it is so that they can feel better about themselves having "proved" they are superior.

There's no denying it, arrogance within someone can be infuriating.



A Nation's Personal National Psychic Barrier



Consider this!
For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of the nation's education system.

The world is now experiencing the product of this ideology. They are seeing nations of people demonstrating an ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They are being superior, overbearing, self-entitled, and presumptuous. No matter what they demonstrate, it is their nation's psychic barrier.

They are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many such indoctrinated people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences. This is being controlled by our mind.

Self-centred, rigid personalities lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour. They adhere to their parents controlling ways imposed upon us when we were children in our forming years.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with. Whereas, compassionate people are truly humble and beautiful in their ways.

We remain imprisoned in our mind centricity until we open to our feelings, our soul-based feelings that are always in truth. Until we do so, our national social issues will slowly destroy our society

and civilisation. The situation is leading to civil tension and potential internal conflict. The health system is lacking, the education curriculum is restricting student development, and the nation is disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible and wonderful.



PSYCHIC BARRIERS to CHANGE!

To put it succinctly:

We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to to their coercion.

Our minds are addicted to:

Control over others;

Control over our environment.

That males are now addicted to having females subservient to their control.

That our minds cannot differentiate Truth from Falsehood.

That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.

That consequently, the sheeple will march to war without questioning.

So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt or by other means!

We, here on Earth, live in a physical HELL!

Prayer for Divine Love

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously longed to God in any way yet not specifically for Their Divine Love, when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow it too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.







NOTE: Only with Divine Love do we become immortal. Without Divine Love we are unable to progress beyond the spirit Mansion Worlds, we remain unable to enter the Celestial Heavens. Through the longing for, asking for, and receiving of Divine Love we are aided in our Feeling Healing, in addressing our errors of belief, our emotional injuries and addressing our psychic barriers. Through receiving our Heavenly Mother and Father's Love we are assisted in addressing what we have personally taken on of the Rebellion and Default.

EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

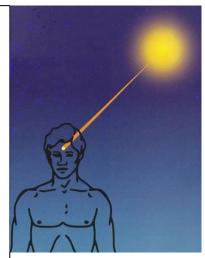
Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

The Voice of Divine Love

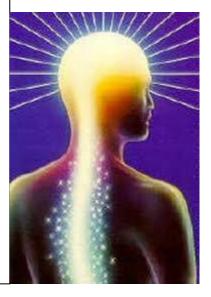
When Divine Love is longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is received when it is appropriate, it's up to God to respond to our Longing.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time. It is mostly just all very subtle and gentle.

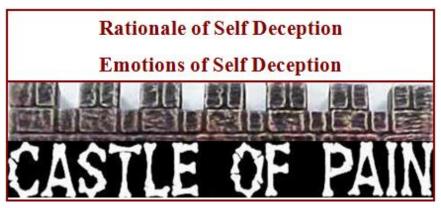
When one longs for the Love, it may shower over one's body and be absorbed in through the spirit body chakras into one's soul. At no time will we be discomforted. This light golden blue energy substance is the ultimate gift to us by our Heavenly Parents, our true Mother and Father, to us all.







System Rebellion and Planetary Default



The truth will set you free, but first it will make you miserable.

-James A. Garfield

RESTRAINTS IMPOSED BY OUR PHYSICAL BRAIN

Being without a physical body, our spirit bodies apparently can take as much of this Healing work as we want to do. Our Angels keep adjusting the light of our spirit body and, as spirits, we can more easily integrate the changes of conscious awareness resulting from the increasing truth because we don't have the physical body brain and all its limitations. The physical body needs a lot of time to process the increase of light, the cells need to grow in the new light, then die, and new ones grow in the increased light, apparently the physical cells of the body can't grow or change in the light, they need to actually be replaced with the higher light from the soul as it grows in truth. So a lot of the delay in time you suffer through in the physical is because of this limitation of your physical body. Your spirit body almost immediately adjusts, which is why those in spirit can feel so bad and then feel better soon after once they have integrated all the light of the truth that comes up in them, along with their spirit mind expanding to deal with all the new information. So spirits can do their Healing faster, that being provided it is what their soul wants. If your soul needs you to take more time because of other experiences you require, then you're Healing will take more time.

It's all what we need to experience so as to stimulate the feelings we need, so they will give rise to the truth we need to see, as we need to see it.

Revelation is from 'above', from spirit and the Angels being 'brought down' to humanity, so the Avonal Pair need to keep relying on and so getting information and understanding from 'the other side'.

The Evil Ones (the rebellious Lanonandeks) having done a good job on humanity at turning us away from the truth of ourselves and against the Truth.

What the Revealers, the Avonals, are really doing is, taking all the truth and understanding of what spirits from Earth have found for themselves through their Healing and truth ascent to the Celestial level, that now is funnelling into them, and then for them to combine it in a way with their Spirits of Truth, adding to it, filling it out, broadening it. So helping to earth the truths Earth people and spirits have attained, so allowing humanity to facilitate its own revelation of truth and healing of itself.

So as to embrace the information gained by such spirits as they have conveyed it to the Revealer in one way or another and mostly through James directly speaking with them in his writings, him effectively opening a line of communication or a channel for those higher Healed spirits of humanity to be able to reach back down to their brothers and sisters of humanity on Earth.

So it's not just James and Marion coming like Mary and Jesus did, imparting their Truth, and humanity then is to work at getting on with it. James and Marion are coming 'on behalf' of humanity, helping humanity to help itself, facilitating humanity to heal itself.





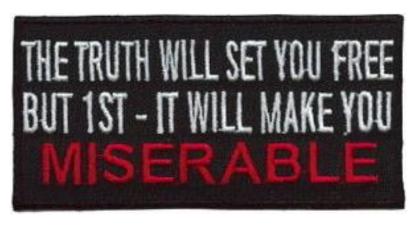
There is a lot going on behind the scenes, a conduit has positioned between the Celestial levels to one of the Avonals on Earth, this conduit being a spirit personality who very recently having entered the 1st spirit Mansion Worlds, and as such, through the Avonals then onto humanity on the lowest levels. So this lady conduit is starting on the lower levels working her way up, and as she does, it's like she is taking the Avonal's Revelation, his Spirit of Truth, Divine Love Spirituality, up with her to eventually unite it with the Celestial spheres. That being on behalf of both of the Avonal pair. So she is working upwards in spirit as Samantha (from England) is working upwards in the physical, they both wanting to take the Avonal's Spirits of Truth to the Celestial levels; so once done, they can then bring down to the lower spirit and Earth levels the Avonal's higher truth and understanding. And it has to be done this way, which is actually the wrong way around, because of the negative influence of the Rebellion and Default.

On a non-rebellious world, you may understand that the Avonal Pair would only come to the world on a full bestowal mission when that humanity had all already attained the seventh spirit Mansion World level of Natural love perfection. So they would be knocking on the door of the Celestial levels, and the Avonal pair would open that door uniting the Celestial levels with those of perfect Natural love, all by adding the truth of longing for the Divine Love, taking it from Mary and Jesus and giving it to their bestowal world.

But on Earth, because of the denial of truth, so the Avonal pair are here on their bestowal mission having to deal with the extreme problem of humanity not being of the seventh Mansion World level and of perfect Natural love, but being of the lowest Mansion World level and being of a huge amount of imperfect Natural love.

So it's a tall order, an awful lot to ask of the Avonal pair, and yet here they both are, fighting it out with each other as they both struggle to drag themselves up against all odds to the highest seventh Mansion World level, themselves about to knock on the Celestial door.

And once it opens, then it's 'Game On', then the shit will hit the fan for the Rebellion and Default, for then the Celestials can flood the lower world based on the Avonal's Spirits of Truth, on their ascension of those rebellious worlds, thereby offering a tremendous amount of spiritual help to humanity in the Mansion Worlds and on Earth. Hence it will herald the advent of the forthcoming Spiritual and Angel Age.



Spirit of Truth



Avonal AGE 1,000 YEARS



Life After Death

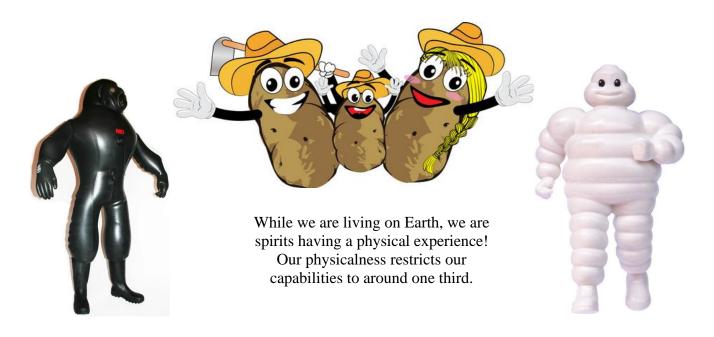


We are more alive than ever – when we are dead!

The life after death is no different in the essentials than the mortal existence.

However, our capabilities are about three fold of what it is when now as we are living in the physical. We may come to look upon our physical body as though we living as a potato, or maybe like we are living in and through a heavy rubber suit. Even being the Michelin man may come to mind. Our physical brain is the interface between our spirit body mind and our physicalness, thus upon death of our physical body we lose nothing! Our personality remains as we know it and life is far more fulfilling in the spirit Mansion Worlds than living on Earth. We all arrive in the 1st Mansion World.

Every mortal gain is a direct contribution to the enrichment of the first stages of the immortal survival experience. Everything we do in this life which is good contributes directly to the enhancement of the future life – as it does now throughout our physical life! Death is definitely not to be feared, because what awaits us on the other side is a much more amenable way of life, even if it is still all within the Rebellion and Default.



Because of the restrictions of the Rebellion we are denied connection with our Angel pair. By rights, that being according to your soul, we should live a whole life on Earth with our Angels, however that life experience has been denied to us as part of our living against the truth of our self in the Rebellion. And now that Angel denial can be ended because when we have ended that amount of denial within our self by accepting how rebellious we are, so then our Angel pair may be able to come and meet us. When we have progressed through our Feeling Healing into the equivalent of the fifth spirit Mansion World condition then connection may come about.

Longing for the Truth, it again being the key, so that as our feelings come up and reveal the truths of our selves, our childhood and our relationships with our parents, then our mind is allowed to come along in support, so for it to work the right way, with our Truth, and not against it, so for each of us rather than going against each of us. So our mind is getting stronger in a way, like it's getting fixed up and starting to function how it was designed to – in support of our personal Truth. So our mind can be seen in some way as being like an angel, that it's there to support our truth, each us growing into the spirit of truth. And when we are living true, so our mind is able to function in the correct relationship with our truth. So we are not simply swamped and rendered all but useless and doomed to dwell consumed by our feelings, our mind being able to sort through it all and put things into their right perspective, all being based on the truths coming to life within us.

Saturday, 1 October 2022

Being of the Rebellion and Default, we each are living against love, beauty, truth and all that's good and naturally inspiring and self-expressive.

Consider asking yourself; do I want to continue living the Way of Mind, which is a false and untrue way?

So we may effectively asking our self at each stage, with each bad feeling that comes up:

How do I want to be?

Do I want to continue in my mind controlling way, continuing to deny myself the truth of all how wrong, bad, unloving and evil I am?

Or do I want to keep working to accept that I am these bad things because that's how I was parented, my wanting to bring to light the whole truth of that?

Which all comes down to:

Do I want to continue living rebelliously or not?

And: Do I still want to be of the Rebellion and Default?

Do I want to live the Way of Truth; or do I want to continue living the Way of Mind, which is a false and untrue way?

So in every belief, behaviour, in all how we may be, ask myself / yourself these questions on a deep soul and will level, which we are mostly unaware of, however every time we chose the way of truth, then that is how we each may progress in our own unique healing pathway, so steadily progressing in truth.

In this way we may be working closer to bringing to light the whole truth of our self in our negative, rebellious, evil and unloving state of mind and will. So our mind is breaking down, our will is being refocused, all against the way of untruth, moving to the way of truth.

When we 'tune in' on the mental outlook and programming of people – wow. When we are with other people, when we read or hear things anywhere, Internet, etc., anything we have to do with other people on

Earth, mostly who are living very truthless lives, all of which we hate, and all of which makes us even more determined to push on in our Healing and growth of truth.

We have been living in the physical on Earth to fully experience the truth of living in a Rebellion against Truth and Love – however we are now to heal ourselves of our personal Rebellion! The era of the Rebellion and Default is now to be ended – all 200,000 years of it!

Friday, 30 September 2022

Celestial Michelle keeps stressing that simply expressing feelings is like blowing off steam, sure it can release the pressure, but other than that it's nothing for you other than keeping you trapped within your negative state, with the blowing off steam of your feelings being part of that controlling of yourself. And the way to break out of being controlling of yourself by being feeling expressive or not feeling expressive, the two extremes, is by longing for and really wanting to uncover the truth of them. Because to do that, then you're engaging your spiritual ascension of truth, everything changes as how to approach your life, it's a new way, and the way to extract yourself from such control as you grow in truth of your control and unloving state, becoming true to it.

Spirit damage to humanity has been imposed on the psychic or spirit/mortal levels. Presently, rectification is under way to the damaged spirit circuits of light caused by the interference from the Evil Spirits. Simply, it's like every time the Evil Spirits had anything to do with any one on Earth or in the Mansion Worlds, they caused corruption in the spirit to mortal mind circuits, or light circuits, and so through appropriate spirit communication and interaction, righting of those wrongs is in progress.

Since the blocking of mind spirit inappropriate interaction with people on Earth commencing on 22 March 2017, the capabilities of leaders in all walks of life, all around the world, have been shown for what they are, people being covertly controlled by mind spirits for selfish agendas. Those who continue with their addiction to their mind control will find their lives more and more difficult. We are to engage with our feelings having our minds to assist while yearning to know the truth behind what our feelings are drawing our attention to.

"The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don't want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you're not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth."

James Moncrief 28 May 2018



The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.





NATURE SPIRITS

Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.



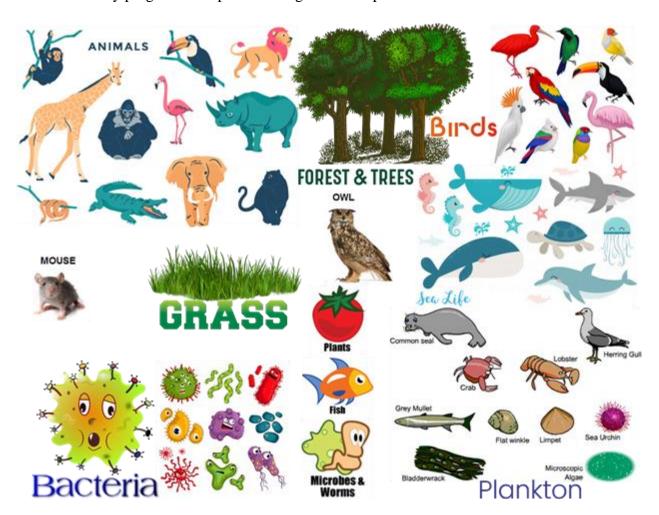
Meet Verna, a Nature Spirit, also known as 'Lady of the Lake': "Your spirit is your own unique spirit



expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I'm about average, or 'usual' – as much as I hate to admit it – I'm composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we're complex on that level. And yet on other levels, we're considered rather basic, we are after all *only* nature spirits, not great angels."

"With Verna – a nature spirit" by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit's next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it's the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it's more personal and private and 'JUST FOR YOU'. So, we have our own separate, unique relationships.



For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.





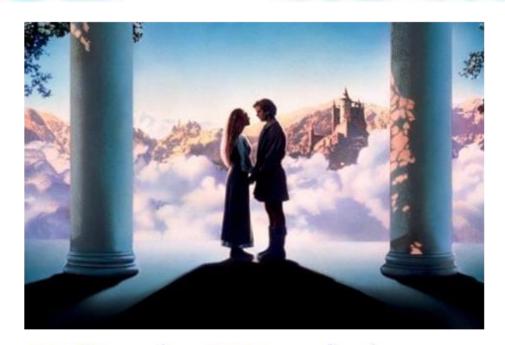
In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth, John's grandmother – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

BVE AND ADAM



Tuesday, 19 December 2023, marks the appointment of Eve and Adam as oversight of Earth's humanity throughout the 3 Celestial Heavens, the 7 Mansion Worlds and on Earth for the coming Avonal Age of the next 1,000 years, as announced officially by Mary Magdalene, coregent with Jesus, of Nebadon.

MUM & DAD THIS WAY

GOD



I'D TURN BACK

SPHERES of **PARADISE** being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony - Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

AVONAL PAIR

Mother

Father





JESUS & MARY



AVONALS

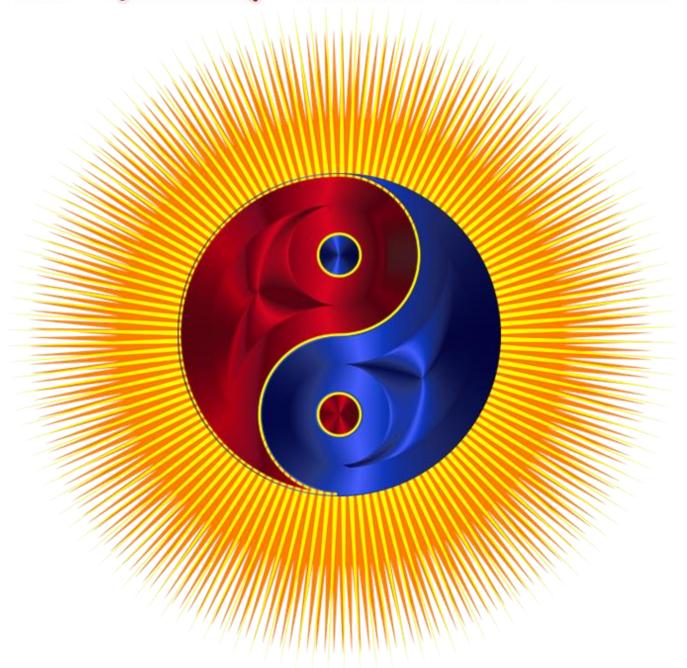




IF I WERE YOU! Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

MARY & **JESUS**

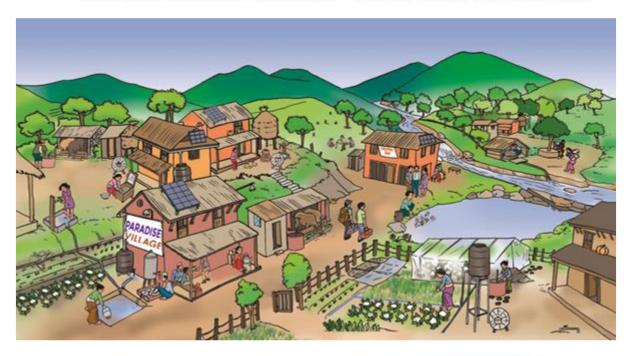
Our heavenly Mother and Father

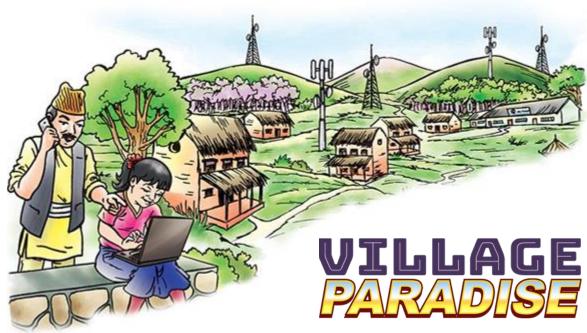


VILLAGEISM

VILLAGEISM

CAPITALISM SOCIALISM





feelings

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The NEW The NEW







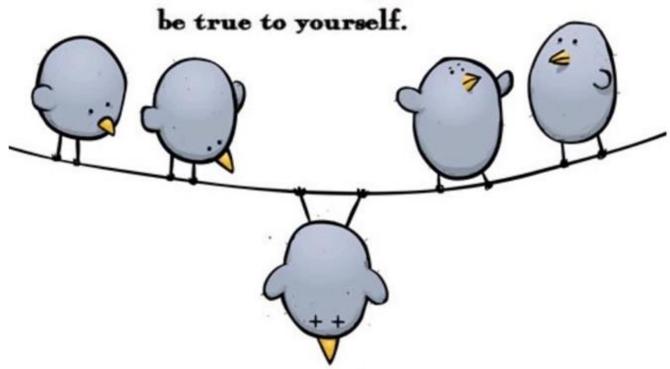
WHOLE DIFFERENT Way of Life.

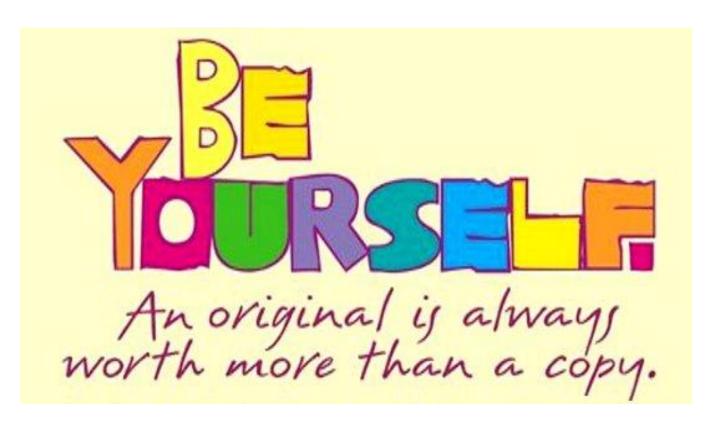


Be True to Yourself

open your heart

and always







(and no Artificial Intelligence!)

SUPERKIDSNatural self Expression through Feelings



Philosophy of global changes

Age of a new way

Soul healing

Put Children first

Awareness so that people can improve their lives

Spirit creating alternative solutions

Team Ukraine