

PASCAS CARE KIDS of the WORLD

CHILD SOS

Communities - Torres Strait



“Peace And Spirit Creating Alternative Solutions”

**PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593**

**Em: info@pascasworldcare.com
Em: info@pascashealth.com**

**Pascas Foundation is a not for profit organisation
Queensland, Australia**

www.pascasworldcare.com www.pascashealth.com

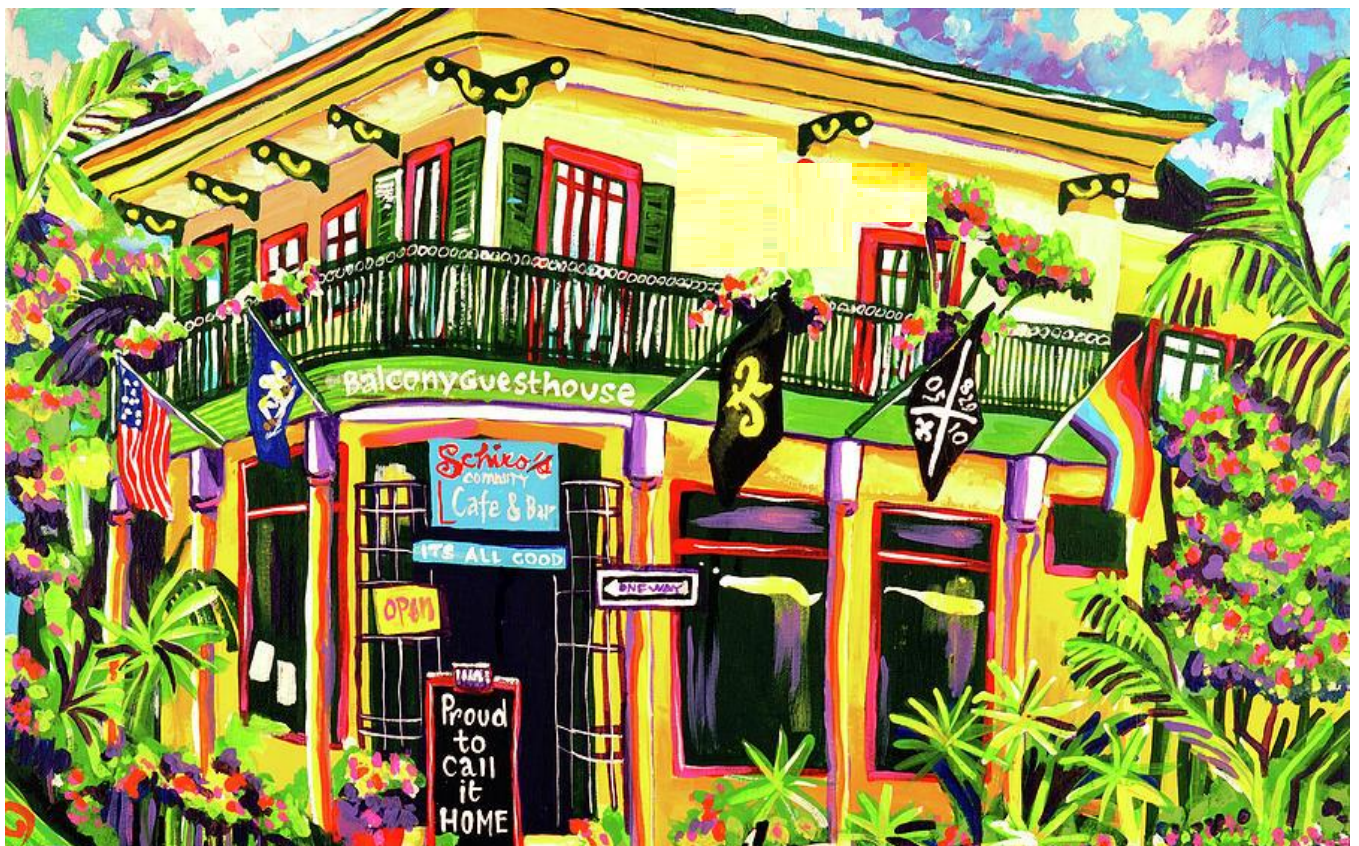
The GATE WAY to a SAFE HOUSE FACILITY is a COMMUNITY CAFÉ:

Pascas Café, a Community Café run by the community for Kids of the World – Safe House.

Pascas Cafe *with* Raw Power!



Community Café



FAMILY COMMUNITY FACILITY:

At all times, the objective is to provide assistance for all families and residents in the community. Those who perpetrate a difficult situation need just as much consideration and assistance as those who are victims of the abuse.

Pascas Café is a community facility to provide dissemination of understandings and information to assist all throughout the community including nutritious food. The administration of the Pascas Café incorporates the administration and management of adjoining safe houses, one for children in need and one for women in need.

Pascas Cafe

**Community
Café**



**ChildSafe
network**

Together, protecting children.



EVERYTHING MAY BE IN PLAIN SIGHT:

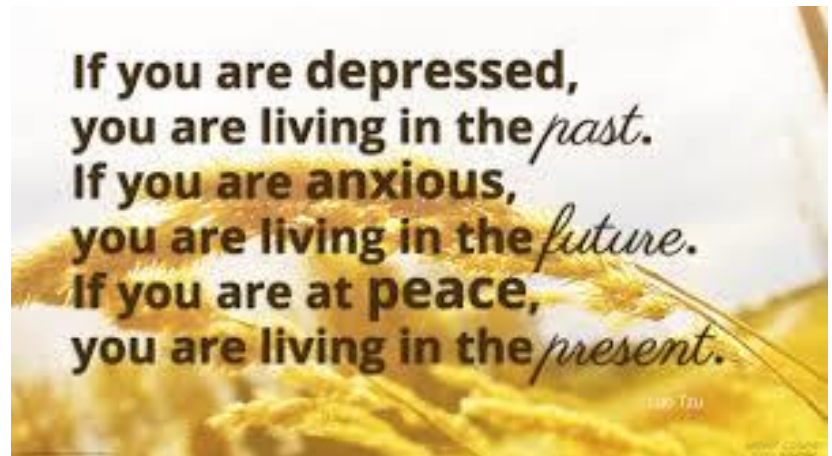
Social groups who often fail to blossom generally reflect two distinctive characteristics:

1. A dwelling upon the past.
2. Community teachings that are inadequate.

Spiritual teachings that generally date back two thousand years or much longer

all have core understandings that have been distorted over time and, most impactfully, the omission of important truths continues to be the barrier to growth within such communities.

Members within communities express depression and anxiety when the simple truths are easily to be provided and shared without disruption to existing ways. It is only through these gifts of truth will community issues abate and subsequently be put aside.



LACK of SELF- LOVE:

- A composite of:
- a. lack of self-worth
 - b. lack of self-acceptance
 - c. arrogance and pride
 - d. self-loath and hatred
 - e. lack of self-awareness.

Why one has imperfection in their natural love is due to an extension of one of these traits, and all these traits relate back to one single finite Truth, which in its cause is a lack of self-love. The lack of self-love to one's self is the cause, the root cause, on why there is so much fear within individuals, the human world and the lowest spheres in the spirit world. The individual will have a memory that describes how this lack of self-love appears and many people deny this existence of the lack of self-love within themselves because it hurts too much to see it.



Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

Our perfect soul is founded on natural love. Our soul may become encased / encrusted in error bringing about lack of self love. To dissolve the errors encrusting our perfect soul is by growing in truth through the ongoing healing of one's negative state, by doing our Feeling-Healing of our toxic emotions. By ending our feeling denial and healing any personality expression denial we have.

The Mother and Father's Divine Love will slowly strengthen our resolve to perfect one's own natural love, should we address such errors. Slowly but surely, with the Divine Love, our soul's condition will grow and grow. With the Love this will fit one to enter the Celestial Heavens, and beyond, being in the love of all that surpasses man's imagination. Try the experiment.

I 
ME



THE TORRES STRAIT REGION



Torres Strait Islands



The Torres Strait Islands are part of the Australian state of Queensland. Situated between mainland Australia and Papua New Guinea, the Torres Strait Islands are the only part of Australia sharing a border with another country.

Torres Strait Islander People

Australia has two Indigenous Peoples, Aboriginal Australians and Torres Strait Islanders.

Torres Strait Islanders come from the islands of the Torres Strait that separates the Australian mainland at Cape York from Papua New Guinea. The Strait was named after Luis Vaez de Torres, a Spanish adventurer who visited the area in 1606. The Torres Strait Islands became part of Queensland by an Act of Parliament in 1879.

There are over 100 islands in the Torres Strait of which 17 are inhabited by 20 communities each with their own local council. The islands are scattered over an area of 48,000 square kilometres. At its most northern point, Saibai Island is 3.73 kilometres from the Papua New Guinea mainland and from the edge of the Torres region to Indonesia is 73.5km making it the only part of Australia to share a border with a neighbouring country.

The traditional people of Torres Strait are of Melanesian origin and have occupied the islands for many thousands of years. The Islanders speak two distinct languages. In the Eastern Islands (Erub, Mer and Ugar) the traditional language is *Meriam Mir*, while the Western and Central Island groups speak either *Kala Lagaw Ya* or *Kala Kawa Ya*, which are dialects of the same language. Since European contact a Torres Strait Creole, *Broken*, has evolved from the nineteenth century pidgin English of the southwest Pacific and is now common throughout the islands.

There are now approximately 6,000 Torres Strait Islanders living in the Torres Strait region and another 37,000 outside the region, mainly in the coastal towns of north Queensland, particularly in Townsville and Cairns. Torres Strait Islanders have a strong sense of attachment to their homeland and those who live on the mainland return regularly for social and family occasions.

Although they have had long-standing contact with the Aboriginal Australians in the south and Melanesians to the north, the Islanders are a distinct people with their own culture and identity. This has now been recognised officially and the Islanders in the Torres Strait and on the mainland have their own voice in national affairs. The Torres Strait Regional Authority (TSRA) has also been established to represent the interests of the Torres Strait Islanders in the Torres Strait.

The Torres Strait Islanders are a sea-faring people, travelling long distances in search of turtles and dugong and trading with other islands and villages on the Papuan coast. The sustainable commercial exploitation of marine resources is considered crucial to employment and economic development in the region. Sharing regional responsibility for the management of these fisheries is therefore a primary cultural and economic goal of Torres Strait Islanders. As well as maintaining their distinct culture, Torres Strait Islanders have made an important contribution to Australia's economic development in the pearling industry, the building of railways, the sugar industry, tourism, arts and culture.

Torres Strait Islanders are predominantly practising Christians having accepted the teachings of missionaries from the London Missionary Society and blended them with their traditional culture and zogo beliefs. The Coming of the Light festival, held each year, marks the day the London Missionary

Society first arrived in Torres Strait. The missionaries landed at Erub Island on 1 July 1871. This is a significant day for Torres Strait Islanders and religious and cultural ceremonies across Torres Strait and mainland Australia are held on this day. Another important festival for Torres Strait Islanders is Tombstone Opening which is the culmination of a grieving and healing process after the death of a loved one.

Torres Strait was the first place in Australia where native title was recognised through the historic High Court decision on Mer Island in 1992 and this is commemorated each year on Mabo Day. The name of Eddie Koki Mabo is synonymous with native title rights. In 1982 along with four fellow Murray Islanders, he instituted a claim in the High Court for native title to the Murray Islands within Torres Strait. The court found that the Meriam people were "entitled as against the whole world to possession, occupation, use and enjoyment of the lands in the Murray Islands." The decision overturned a legal fiction that Australia was Terra Nullius (a land belonging to no-one) at the time of colonisation.



Torres Strait Islanders have their own flag which is emblazoned with a white Dari (headdress), a symbol of Torres Strait Islanders. The white five pointed star beneath it symbolises the five major island groups and the navigational importance of stars to these seafaring people. The green stripes represent the land, the black stripes represent the people, and the blue the sea. The flag as a whole symbolises the unity of all Torres Strait Islanders.



Government

The Torres Strait Islands are part of the Australian state of Queensland. The administrative centre for the territory is based on Thursday Island where are regrouped 15 Queensland Government and 14 Commonwealth Government Departments.

At the local level, each island community elects its own council which meets monthly to run the domestic affairs of the island. These councils have very wide powers. Councillors are elected for a three year term. The chairperson of each council is a member of the Island Coordinating Council which meets to discuss regional issues.

In 1994, in response to local demands for greater autonomy, the Torres Strait Regional Authority (TSRA) was established to allow Torres Strait islanders to manage their own affairs according to their own ailan kastom (island custom) and to develop a stronger economic base for the region. The TSRA is made up of 20 representatives elected by Torres Strait Islanders living in the islands.

The Torres Strait Islands Treaty signed by Australia and Papua New Guinea allows for free movement (without passports or visas) between Australia and Papua New Guinea for traditional activities in a limited zone of the Torres Strait.

Resources

Most of the islands' economy is based around traditional activities such as fishing and private gardens. The pearl culture industry which started in the 1960s collapsed in 1970 after a disease attacked the shells.

Tourism is limited by a lack of facilities. Fishing is the main economic activity, particularly fishing for prawns, rock lobsters and Spanish mackerel.

Since its creation in 1994, the TSRA has provided financial assistance to many local businesses in the Torres Strait Region.

History

The first inhabitants of the Torres Strait are believed to have migrated from the Indonesian archipelago 70,000 years ago at a time when New Guinea was still attached to the Australian continent. They were followed by new waves of migration.

The original inhabitants lived in small communities relying on fishing, hunting and the growing of crops for their subsistence. Trade in artifacts made of pearl shell, turtle shell, feathers, canoes and tools was very important in the life of Torres Strait Islanders.

Although it is likely that Chinese, Malay and Indonesian traders had explored the islands before him, the first navigator credited with coming across the islands is the Spaniard Luis Vaez de Torres who sailed through the strait in 1606.

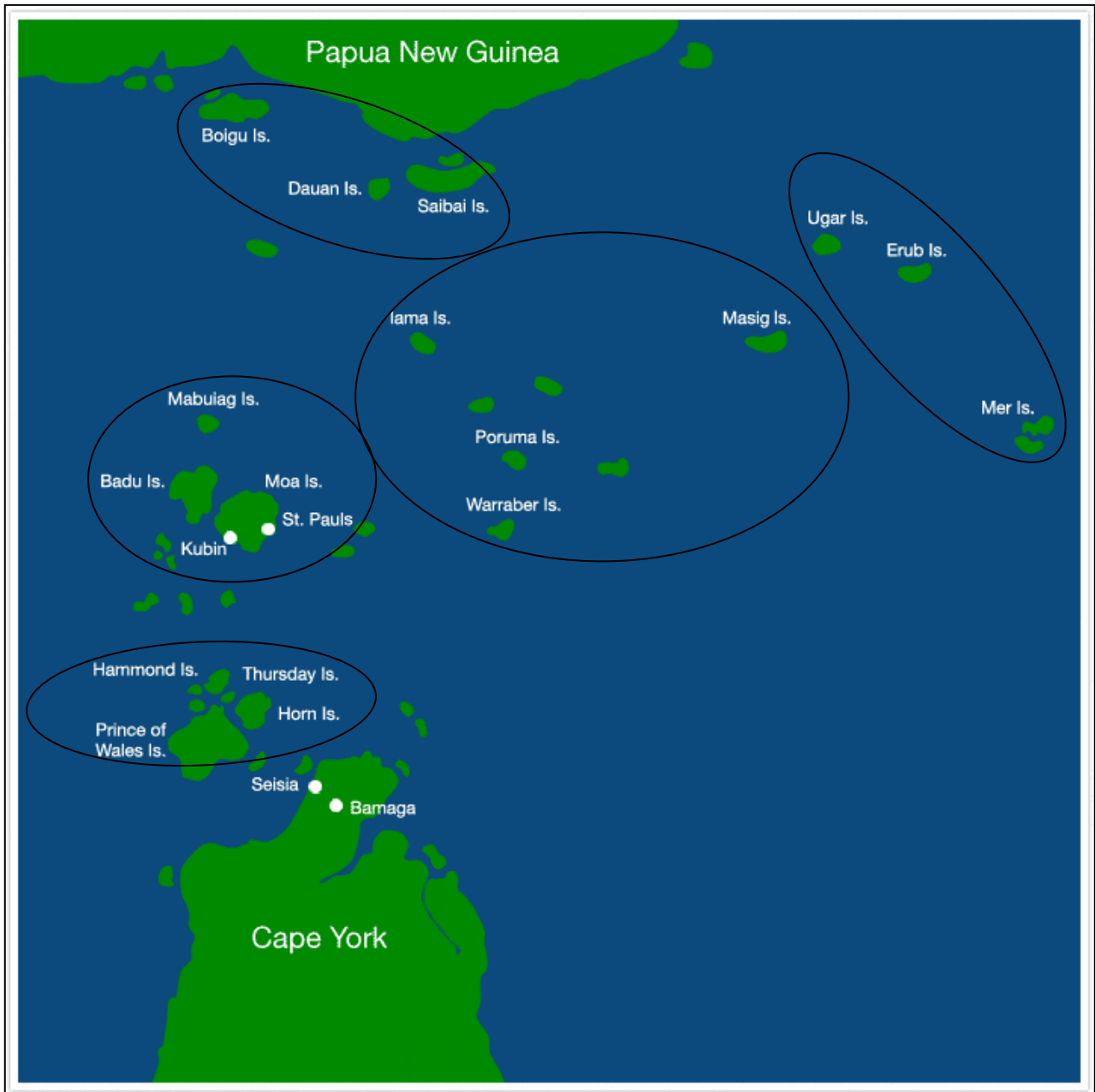
The discovery of pearl shell in the 1860s led to an influx of people from all over the region (Japanese, Malays, Filipinos, Micronesians and Europeans) especially on Thursday Island (Wyben) which became the main settlement. By 1877, 16 firms were established on Thursday Island employing 700 people and more than a hundred pearl luggers. Although the pearl trade stopped after World War II, cultured pearl farms still operate in the Torres Strait today.

Queensland officially annexed the islands in 1879. The Torres Strait islanders became citizens of Queensland in 1967 with full access to health and social services and freedom to travel and work in Australia. Many thousands of Islanders live in Queensland today, where they form a strong community.

In June 1992, the High Court of Australia recognised the native title rights of Eddie Mabo, an inhabitant of Murray Island (Mer), over his traditional land. The High Court overturned the previous concept of terra nullius which stated that in legal terms Australia was empty of inhabitants when it was first settled by Europeans. Since the Mabo decision, several communities (Saibai Islanders and Mualgal people from Moa Island) have secured legal recognition of their native title rights over their islands. Several other cases are also in progress.

The TORRES STRAIT ISLANDS:

The Torres Strait Islands are spread across the narrow waterway between the northernmost tip of Australia and the southern shores of Papua New Guinea.



Island groups

There are five geographically and culturally distinct main regions or island groups.

Top Western: Saibai, Boigu, Dauan and Buru

Eastern: Ugar, Erub and Mer group (including Dauar and Waier)

Central: Masig, Poruma, Warraber, Iama, Zegey, Tudu, Aurid, Damut, Mukuva and Gebar

Near Western: Badu, Mabuiag, Moa and Nagir

Inner: Muralu, Waiben, Kiriri, Tuined, Mori and Ngurupai.

LOCATION

The Torres Strait is Australia's most northern frontier, stretching from the tip of Queensland to the southern shores of Papua New Guinea. There are over 200 islands scattered throughout the Strait, of these 17 are inhabited. The Torres Strait is 150 kilometres across and joins the Coral Sea to the east with the Arafura Sea to the west. Thursday Island, the main administrative centre for the Torres Strait, is the gateway to a diverse culture and vast region. The central islands are picture perfect coral cays; while in the east majestic mountains rise from the ocean. In the far north you'll find a cluster of islands which continue the tradition of trade with PNG coastal villages. Remarkably beautiful – these islands are characterised by unique cultural, linguistic and geographic differences.

LANGUAGES

The Torres Strait Culture is traditionally an 'Oral Culture'. The languages, songs, dances and beliefs of Islanders are passed down verbally through the generations. There are two distinct languages spoken by Torres Strait Islanders. In the Eastern Islands the traditional language is Meriam Mir, while the Western and Central Island groups speak Kala Lagaw Ya.

Under the language Kala Lagaw Ya, there are four dialects – Kulkalgaw Ya, Mabuiag, Kawrareg and Kala Kawaw Ya. The four dialects originate from the following locations:

- Central Islands (Kulkalgaw Ya)
- Top Western Islands (Kala Kawaw Ya)
- Mabuaig, Moa and Badu (Mabuiag dialect)
- Muralag Group (Kawrareg)

Torres Strait Creole is also spoken by most Islanders, which is a mixture of traditional languages and Standard Australian English.

SEASONS

Torres Strait Islanders associate themselves with the land, the sea and the sky. These are interwoven through spiritual beliefs, stories, songs and dances. There are four seasons associated with the wind changes in the environment – Kuki, Sager, Zey and Nay Gay.

Inner Islands

[Prince of Wales \(Muralag\) Island](#)

Description: Muralag (Prince of Wales) Island is known as the largest of the Torres Strait Islands, spanning some 203 square kilometres. It is administered by the Torres Shire Council, which is based on nearby Thursday Island.

[Hammond \(Kiriri\) Island](#)

Description: Hammond Island is a 15 minute ferry ride from Thursday Island. It is a hilly island, with mounds of basaltic rocks.



[Thursday \(Waiben\) Island](#)



Description: Thursday (Waiben) Island is the administrative centre for the Torres Strait Islands. It is also the main Seaport in the Torres Strait.

[Horn \(Ngurupai\) Island](#)



Description: Ngurupai also known as Horn Island, is a relatively flat island spanning approximately 53 square kilometres. It contains the Torres Strait's primary airport, which regularly services daily flights from Cairns and the outer Torres Strait islands.

Population:

There are 6,800 Torres Strait Islanders who live in the area of the Torres Strait, and 42,000 others who live outside of this area, mostly in the north of Queensland, particularly in [Townsville](#) and [Cairns](#).

Geography

Torres Strait Islands

The islands are distributed across an area of some 48,000 km². The distance across the Strait from Cape York to New Guinea is approximately 150 kilometres (93 miles) at the narrowest point; the islands lie scattered in between, extending some 200–300 km from furthest east to furthest west. The total land area of the islands is 566 km². 21,784 ha of land are used for agricultural purposes.

The Torres Strait itself was formerly a [land bridge](#) which connected the present-day Australian continent with New Guinea (in a single landmass called [Sahul](#) or [Australia-New Guinea](#)). This land bridge was most recently submerged by rising sea levels at the termination of the last [ice age glaciation](#) (approximately 12,000 years ago), forming the Strait which now connects the



[Arafura](#) and [Coral](#) seas. Many of the western Torres Strait Islands are actually the remaining peaks of this land bridge which were not submerged when the ocean levels rose.

The islands and their surrounding waters and reefs provide a highly diverse set of land and marine [ecosystems](#), with niches for many rare or unique species. [Saltwater crocodiles](#) inhabit the islands along with neighbouring [Queensland](#) and [Papua New Guinea](#). Marine animals of the islands include [dugongs](#) (an [endangered species](#) of [sea mammal](#) mostly found in New Guinean waters), as well as [Green](#), [Hawksbill](#) and [Flatback](#) Sea turtles.

The Torres Strait Islands may be grouped into five distinct clusters, which exhibit differences of [geology](#) and formation as well as location. The [Torres Strait](#) is home to [numerous birds](#), including the [Torresian Imperial-pigeon](#), which is seen as the iconic national emblem to the islanders.

These islands are also a distinct physiographic section of the larger [Cape York Platform](#) province, which in turn is part of the larger [East Australian Cordillera](#) physiographic division.

Top Western islands

The islands in this cluster lie very close to the southwestern coastline of New Guinea (the closest is less than 4 kilometres (2.5 mi) offshore). [Saibai](#) (one of the largest of the Torres Strait Islands) and [Boigu](#) are low-lying islands which were formed by deposition of [sediments](#) and mud from New Guinean rivers into the Strait accumulating on decayed coral platforms. Vegetation on these islands mainly consists of [mangrove](#) swamps, and they are prone to [flooding](#).

The other main island in this group, [Dauan](#) (Mt Cornwallis), is a smaller island with steep hills, composed largely of [granite](#). This island actually represents the northernmost extent of the [Great Dividing Range](#), the extensive series of [mountain ranges](#) which runs along almost the entire eastern coastline of Australia. This peak became an island as the ocean levels rose at the end of the last ice age.

See also: [Birds of Boigu, Saibai and Dauan Islands \(Torres Strait\)](#)

Near Western islands

The islands in this cluster lie south of the Strait's midway point, and are also largely high granite hills with mounds of [basaltic](#) outcrops, formed from old peaks of the now submerged land bridge. [Moa](#) (Banks Island) is the second-largest in the Torres Strait, and [Badu](#) (Mulgrave Island) is slightly smaller and fringed with extensive mangrove swamps. Other smaller islands include [Mabuiag](#), Pulu and further to the east Naghir (correct form **Nagi**) (Mt. Ernest), though Nagi is culturally and linguistically a Central Island. Culturally this was the most complex part of Torres Strait, containing three of the four groupings / dialects of the Western-central Islanders. Nagi was/is culturally / linguistically a Central Island (Kulkalaig territory), Moa was/is a Kawalaig (Kaurareg) island, with two groups, the Italaig of the south, and the Muwalaig of the north. The Muwalgal and Italgai were the same people as those of the Inner Islands. Badu and Mabuiag were/are the **Maluigal Deep Sea People**.

Inner islands

The township of Thursday Island



These islands, also known as the Thursday Island group, lie closest to Cape York Peninsula, and their [topography](#) and geological history is very similar. [Muralag \(Prince of Wales Island\)](#) is the largest of the Strait's islands, and forms the centre of this closely grouped cluster. The much smaller [Waiben Thursday Island](#) is the region's administrative centre and most heavily populated. Several of these islands have permanent freshwater springs, and some were also mined for [gold](#) in the late 19th and early 20th centuries. Because of their proximity to the Australian mainland, they have also been centres of [pearling](#) and [fishing](#) industries. Nurupai [Horn Island](#) holds the region's airport, and as a result is something of an [entrepôt](#) with inhabitants drawn from many other communities. [Kiriri](#) (Hammond Island) is the other permanently settled island of this group; Tuined (Possession Island) is noted for [Lt. James Cook](#)'s landing there in 1770. Moa in the Near Western group is culturally and linguistically speaking part of this group.

Central islands

This cluster is more widely distributed in the middle of Torres Strait, consisting of many small sandy [cays](#) surrounded by [coral reefs](#), similar to those found in the nearby [Great Barrier Reef](#). The more northerly islands in this group however, such as Gebar (Two Brothers) and [Iama \(Yam Island\)](#), are high basaltic outcrops, not cays. Culturally-speaking, Nagi of the Near-Western group is also part of this group, and also has high basaltic outcropping. The low-lying inhabited coral cays, such as [Poruma \(Coconut Island\)](#), [Warraber Island](#) and [Masig \(Yorke Island\)](#) are mostly less than 2–3 km long, and no wider than 800 metres. Several have had problems with saltwater intrusion.

Eastern islands

The islands of this group (principally [Mer \(Murray Island\)](#), Dauar and Waier, with [Erub Island](#) and [Stephens Island \(Ugar\)](#) further north) are formed differently from the rest. They are [volcanic](#) in origin, the peaks of volcanoes which were formerly active in [Pleistocene](#) times. Consequently their hillsides have rich and fertile red volcanic soils, and are thickly vegetated. The easternmost of these are less than 20 kilometres (12 miles) from the northern extension of the Great Barrier Reef.

Culture:

The Torres Strait Islanders possess a heritage and cultural history distinct from Aboriginal traditions. The eastern Torres Strait Islanders in particular are related to the Papuan peoples of [New Guinea](#), and speak a [Papuan language](#). Accordingly, they are not generally included under the designation "Aboriginal Australians." This has been another factor in the promotion of the more inclusive term "Indigenous Australians". Six percent of Indigenous Australians identify themselves fully as [Torres Strait](#) Islanders. A further 4% of Indigenous Australians identify themselves as having both [Torres Strait](#) Islander and Aboriginal heritage.

The [Torres Strait Islands](#) comprise over 100 islands which were annexed by Queensland in 1879. Many Indigenous organisations incorporate the phrase "Aboriginal and Torres Strait Islander" to highlight the distinctiveness and importance of Torres Strait Islanders in Australia's Indigenous population.

The indigenous people of the Torres Strait have a distinct culture which has slight variants on the different islands where they live. They are a seafaring people, and they trade with people of [Papua New Guinea](#) and Australia. The culture is complex, with some Australian elements, some Papuan elements, and [Austronesian](#) elements, just like the languages. The Islanders seem to have been the dominant culture for many centuries, and neighbouring Aboriginal and Papuan cultures show some Island influence in religious ceremonies and the like. Examples of Torres Strait Islander language can be

found on the [State Library of Queensland's ReTold](#) website, a collection of online stories gathered in partnership with Torres Strait Islander language speakers and community members living in mainland Queensland. Stories told through this website come from the [Margaret Lawrie](#) Collection of Torres Strait Islands material.

Archaeological, linguistic and folk history evidence suggests that the core of Island culture is Papuo-Austronesian. Unlike the indigenous peoples of mainland Australia, but like those of neighbouring Papua, the islanders are agriculturalists, although they supplemented their food supplies through [hunting and gathering](#). Dugong, turtle, crayfish, crabs, shellfish, reef fish and wild fruits and vegetables were all traditionally hunted and collected and remain an important part of their [subsistence](#) lifestyle. Traditional foods play an important role in ceremonies and celebrations even when they don't live on the islands. Dugong and turtle hunting as well as fishing are seen as a way of continuing the Islander tradition of being closely associated with the sea.

Their more recent, post-colonization history has seen new cultural influences, most notably the place of Christianity (particularly of the Baptist and Anglican strains) which caused major shifts in cultural paradigms, as well as subtler additions through the influence of Polynesians, particularly Samoan and Rotuman sea workers and missionaries who worked in the area in the 19th Century.

Indigenous Australians

Indigenous Australians are the original inhabitants of the [Australian continent](#) and nearby islands. Recent findings indicate that Indigenous Australians are probably descendants of the first modern humans to migrate into Australia. They migrated from [Asia](#) around 70,000 years ago and arrived in Australia around 50,000 years ago. The [Torres Strait Islanders](#) are indigenous to the [Torres Strait Islands](#), which are at the northernmost tip of Queensland near [Papua New Guinea](#). The term "Aboriginal" is traditionally applied to only the [indigenous inhabitants of mainland Australia](#) and [Tasmania](#), along with some of the adjacent islands, i.e.: the "first peoples". *Indigenous Australians* is an inclusive term used when referring to both Aboriginal and Torres Strait islanders.

The earliest definite human remains found to date are those of [Mungo Man](#), which have been dated at about 40,000 years old (although comparison of the mitochondrial DNA with that of ancient and modern Aborigines indicate Mungo Man is unrelated to Australian Aborigines). However, the time of arrival of the ancestors of Indigenous Australians is a matter of debate among researchers, with estimates dating back as far as 125,000 years ago. There is great diversity among different Indigenous communities and societies in Australia, each with its own unique mixture of cultures, customs and languages. In present-day Australia these groups are further divided into local communities.

Although there were over 250–300 spoken languages with 600 dialects at the start of European settlement, fewer than 200 of these remain in use, and all but 20 are considered to be endangered. Aboriginal people today mostly speak English, with Aboriginal phrases and words being added to create [Australian Aboriginal English](#). The population of Indigenous Australians at the time of permanent European settlement has been estimated at between 318,000 and 1,000,000 with the distribution being similar to that of the current Australian population, with the majority living in the south-east, centred along the [Murray River](#).

Since 1995, the [Australian Aboriginal Flag](#) and the [Torres Strait Islander Flag](#) have been among the official "[Flags of Australia](#)".

Indigenous Australians





([Aboriginal Australians](#) and [Torres Strait Islanders](#))

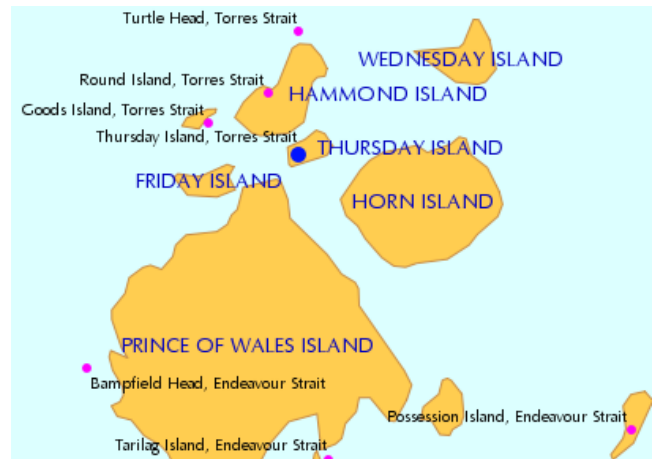
Total population

669,881 (2011)

3% of Australia's population (2011)

Population distribution by state/territory

 New South Wales	208,476	(2.89%)
 Queensland	188,954	(4.22%)
 Western Australia	88,270	(3.75%)
 Northern Territory	68,850	(29.77%)
 Victoria	47,333	(0.85%)
 South Australia	37,408	(2.28%)
 Tasmania	24,165	(4.72%)
 Australian Capital Territory	6,160	(1.67%)



There are 6,800 Torres Strait Islanders who live in the area of the Torres Strait, and 42,000 others who live outside of this area, mostly in the north of Queensland, particularly in [Townsville](#) and [Cairns](#).

Torres Strait Islanders

Total population

48,005

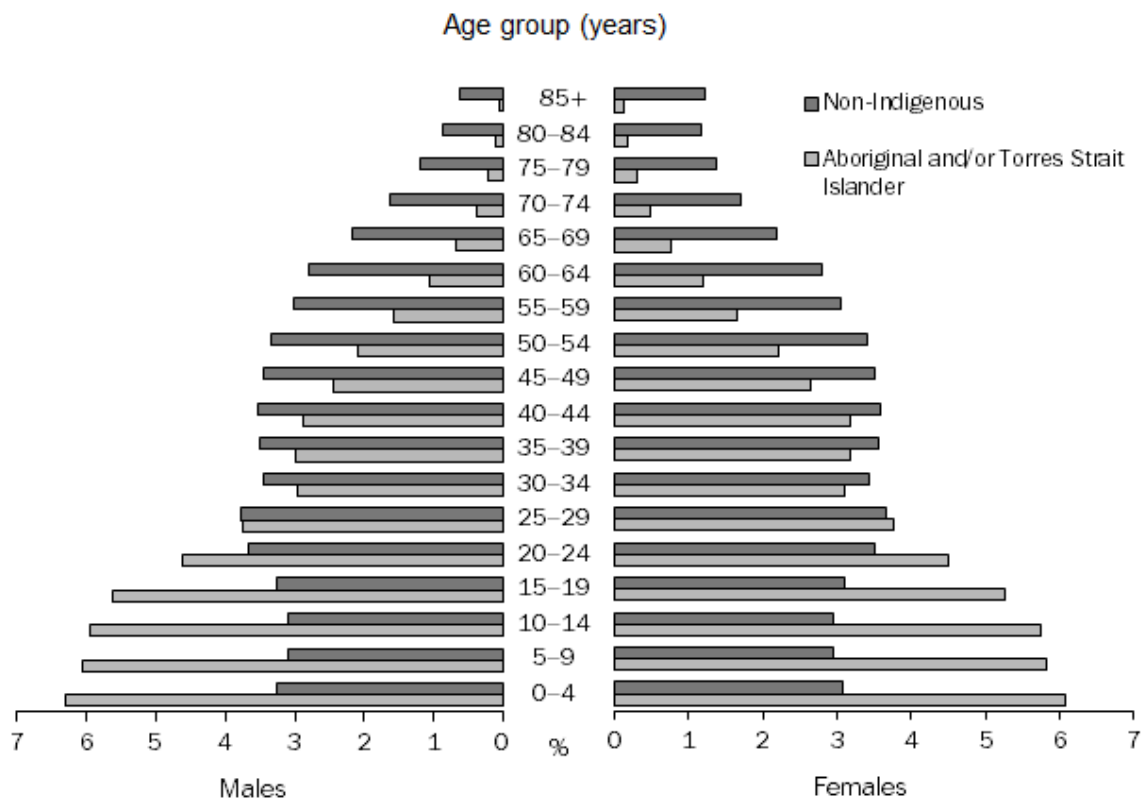
Thursday Island, also known as **TI** or **Waiben**, is the administrative and commercial centre of the [Torres Strait Islands](#). Lying 39 kilometres (24 miles) north of [Cape York Peninsula](#), [Queensland](#), [Australia](#) in the [Torres Strait](#), Thursday Island has an area of about 3.5 square kilometres (1.4 sq miles). The highest point on Thursday Island, standing at 104 metres (341 feet) above sea level, is Milman Hill, a [World War II](#) defence facility. At the [2011 census](#), Thursday Island had a population of 2,610



Age structure

The Aboriginal and Torres Strait Islander population at 30 June 2011 had a younger age structure than the non-Indigenous population, with larger proportions of young people and smaller proportions of older people. The median age of the Aboriginal and Torres Strait Islander population at 30 June 2011 was 21.8 years, compared to 37.6 years for the non-Indigenous population.

ABORIGINAL AND TORRES STRAIT ISLANDER AND NON-INDIGENOUS POPULATION - 30 JUNE 2011



Demographics

[Torres Strait Islanders](#), the [indigenous peoples](#) of the islands, are [Melanesians](#), culturally most akin to the coastal peoples of [Papua New Guinea](#). Thus they are regarded as being distinct from other [Aboriginal](#) peoples of Australia, and are generally referred to separately. There are also two Torres Strait Islander communities on the nearby coast of the mainland, [Bamaga](#) and [Seisia](#).

According to the 2011 [Australian census figures](#), the population of the Torres Strait Islands was 4,248, of whom 3,856 were [Torres Strait Islanders](#).

There are two indigenous languages spoken on the islands: the [Western-Central Torres Strait Language](#) (called by various names, including [Kalaw Lagaw Ya](#), [Kalaw Kawaw Ya](#), [Kulkalgau Ya](#) and [Kaiwaligau Ya](#) (Kowrareg)), and the Eastern Torres Language [Meriam Mir](#). One language, [Torres Strait Creole](#), or [Brokan](#) / [Yumplatok](#), is used throughout Torres Strait, in neighbouring Papua as far as the West Papuan border area, and Cape York, as well as in many Island communities in Mainland Australia. This is a creole English similar to the closely related [Tok Pisin](#) in Papua New Guinea.

According to the Torres Strait Treaty, residents of Papua New Guinea are permitted to visit the Torres Strait Islands for traditional purposes. In 2011, the [Department of Foreign Affairs and Trade](#) had to place restrictions on visitors to ensure water supply for local residents was adequate.

2011 Census QuickStats

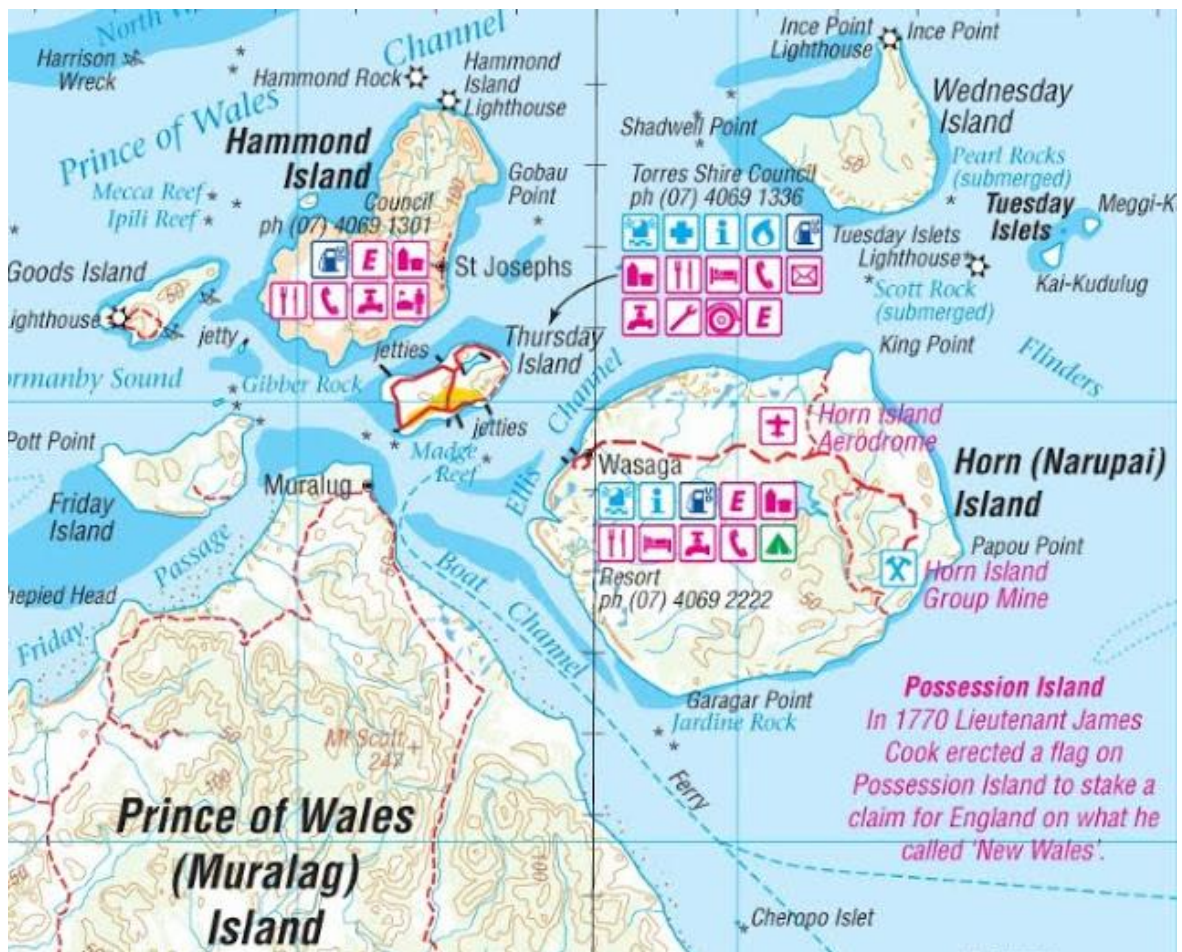
All people – usual residents

Australia | Queensland | Statistical Area Level 2

Torres Strait Islands Code 315011402 (SA2)



Persons (no.) 2012	4,576	Persons per home	3.7
Male (no.)	2,367	Weekly household income	AU\$890
Female (no.)	2,209		
Median Age (years)	24.1		
Total number of business (no.)	45		
Number of employing business with 5 or more employees	5		
Total registered motor vehicles	816		
Main employing industry:			
Public Administration & Safety	26.8%		



Thursday Island Demographics (QLD) Local Stats:

<http://localstats.qpzm.com.au/stats/qld/northern/far-north/thursday-island>

Thursday Island (postcode 4875) is a suburb of Northern, [Far North](#), [Queensland](#) and is part of the Torres Strait island group. It is about 2,191 kilometres from Queensland's capital city of Brisbane. Thursday Island is in the federal electorate of [Leichhardt](#).

In the 2011 Census the [population of Thursday Island](#) is 2,610 and is comprised of 51% females and 49% males.

The median/average age of the Thursday Island population is 28 years of age, 9 years below the Australian average.

82.6% of people living in Thursday Island were born in Australia. The other top responses for country of birth were Papua New Guinea 1.6%, England 1.2%, New Zealand 1%, Scotland 0.3%, Germany 0.2%.

47.7% of people speak English as their first language 15.9% Yumplatok (Torres Strait Creole), 2% Kalaw Kawaw Ya/Kalaw Lagaw Ya, 1% Kriol, 0.4% Meriam Mir, 0.3% German.

The **religious make up of Thursday Island** is 35.9% Anglican, 16.4% Catholic, 12.1% Pentecostal, 8.8% No Religion, 4.1% Uniting Church.

31.7% of people are married, 54.2% have never married and 6.3% are divorced and 3.6% are separated. There are 77 widowed people living in Thursday Island.

63.4% of the people living in Thursday Island are employed full time, 20.8% are working on a part time basis. Thursday Island has an unemployment rate of 4.5%.

The main occupations of people from Thursday Island are Professionals 21.8%, Clerical and Administrative Workers 17.1%, Community and Personal Service Workers 13.6%, Labourers 13.2%, Managers 12.3%, Technicians and Trades Workers 9.5%, Sales Workers 4.8%, Machinery Operators and Drivers 3.3%.

The median individual income is AU\$707.00 per week and the median household income is AU\$1,712.00 per week (Thursday Island only).

6.5% of homes are fully owned, and 3.9% are in the process of being purchased by home loan mortgage. 83.1% of homes are rented.

The median rent in Thursday Island is \$115 per week and the median mortgage repayment is \$1,733 per month.

LIVE FEELINGS FIRST

Torres Strait Island Regional Council

Empowering our people, in our decision, in our culture, for our future

<http://www.tsirc.qld.gov.au/our-region/torres-strait/geographical-location-and-map>

<u>TORRES STRAIT POPULATION</u>		MoC	MoC
	Population No	Calibration	
Eastern Islands			
Mer (Murray Island)	450	193	
Erub (Darnley Island)	400	190	
Ugar (Stephen or Stephens Island)	80	175	
	930		188
Central Islands			
Iama (Yam or Turtle-backed Island)	350	180	
Masig (Yorke Island)	180	174	
Warraber (Sue Island)	250	175	
Puruma (or Poruma) (Coconut Island)	180	172	
	960		178
Western Islands			
Badu (Mulgrave Island)	900	180	
Moa (Banks Island) Kubin Community	350	176	
Moa (Banks Island) St Pauls Community	240	175	
	1,490		177
Southern Islands			
Waiben (or Wayben) (Thursday Island)	2,610	205	
Keiri (or Kiriri) (Hammond Island)	220	188	
Nurupai (or Ngurupai) (Horn Island)	600	195	
Muralag (Prince of Wales Island)	20	180	
	3,450		195
Northern Islands			
Saibai (Saibai Island)	400	176	
Boigu (Talbot Island)	260	175	
Dauan (Mt Cornwallis Island)	150	174	
	810		175
Cape York communities			
Bamaga	800	179	
Seisia	165	177	
	965		178
	<u>8,605</u>	<u>8,605</u>	<u>194</u> <u>194</u>
Torres Strait Population:			
Indigenous / native + PNG population	84.0%		
Non-indigenous / white population	<u>16.0%</u>		
	<u>100.0%</u>		
Northern Territory			
Katherine	10,000	199	
Tennant Creek	3,100	204	
Alice Springs	25,200	218	
Australia (overall)			<u>415</u>
	Map of Consciousness calibration		
Note:	Bible – King James Version (from the Greek)	MoC	475
	New Testament (King James Version)	MoC	640
	Old Testament	MoC	190
	“Dreamtime Stories” Aboriginal folklore	MoC	180

John chatting with Nanna Beth through James:

Wednesday, 28 February 2018

John: My feelings have been that the Australian Indigenous peoples are also subject to the Default. The Urantia Book suggests that the Default by Adam and Eve was about 38,000 years ago, whereas the Australian Aborigines appear to have become isolated here some 60,000 years or more ago. That suggests that the Default may have been a lot longer ago than what The Urantia Book suggests. What timings should we consider for these events and how were the Aborigines impacted by the Default? Similar scenarios may apply with other isolated older cultures also.

Nanna Beth, 3rd Celestial Heaven: Everyone on the world since Jesus and Mary's time have been completely bound – conceived into – the full Default and Rebellion. Pre Mary and Jesus, there was isolated pockets of less impact from time to time, not a thorough mixing, but since their time, everyone has been of it.

The Australian Aborigine was isolated from time to time, however enough outside contact was maintained to ensure the genetic transference of the Default affected all communities, and then you must remember there have always been fallen angels and mind spirits working on people from spirit (the angels up until Mary and Jesus). So psychologically and genetically, the effects of the Rebellion and Default have been well dispersed and thoroughly integrated.

And in fact it's been the unseen work of the mind spirits that have done the most damage, as people in spirit have naturally wanted to 'bring their people up to speed on Earth', so even though considered 'primitive', no indigenous peoples were left out of it, particularly as the Caligastias and Daligastias saw to it that everyone was under their control. (Caligastias being Earth's spiritual Planetary Prince)

Note: The soul partner pairs, Caligastia and Daligastia were assigned to a spirit prison world in 1993, and following on with the Avonal pair's progress in healing themselves of their childhood repression and suppression, all negative spirit influence upon humanity has been blocked since 22 March 2017.

FEELINGS FIRST For Kids

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!



CLOSING THE GAP

Communities whose population generally calibrates below 200 will represent the larger proportion of those who are subsequently interred in prison, also do to their low levels of consciousness are subjected to unemployment and poverty, have the highest amount of health issues and the lowest life expectancies.

Thus, endeavours to address ‘the gap’ between such sectors of the population as against a whole of nation levels is futile until education systems recognise and address what are the barriers to sectors of the population remaining stagnant – generation after generation continually living disadvantaged life experiences through their Childhood Suppression and ongoing self-repression.

People from the same communities who abandoned the psychic barriers of their traditional folklore surprisingly achieve and even surpass the general population in all their endeavours!

Priority Reforms

<p>PRIORITY REFORM 1 →</p> <p>Formal partnerships and shared decision-making</p> <p>KYC</p>	<p>PRIORITY REFORM 2 →</p> <p>Building the community-controlled sector</p> <p>KYC</p>	<p>PRIORITY REFORM 3 →</p> <p>Transforming government organisations</p> <p>KYC</p>	<p>PRIORITY REFORM 4 →</p> <p><u>Shared access to data and information at a regional level</u></p>
--	--	---	---

Socioeconomic outcome areas

<p>OUTCOME AREA 1 →</p> <p>Aboriginal and Torres Strait Islander people enjoy long and healthy lives</p> <p>KYC</p>	<p>OUTCOME AREA 2 →</p> <p>Aboriginal and Torres Strait Islander children are born healthy and strong</p>	<p>OUTCOME AREA 3 →</p> <p>Aboriginal and Torres Strait Islander children are engaged in high quality, culturally appropriate early childhood education in their early years</p>	<p>OUTCOME AREA 4 →</p> <p>Aboriginal and Torres Strait Islander children thrive in their early years</p>
<p>OUTCOME AREA 5 →</p> <p>Aboriginal and Torres Strait Islander students achieve their full learning potential</p> <p>KYC</p>	<p>OUTCOME AREA 6 →</p> <p>Aboriginal and Torres Strait Islander students reach their full potential through further education pathways</p> <p>KYC</p>	<p>OUTCOME AREA 7 →</p> <p>Aboriginal and Torres Strait Islander youth are engaged in employment or education</p> <p>KYC</p>	<p>OUTCOME AREA 8 →</p> <p>Strong economic participation and development of Aboriginal and Torres Strait Islander people and communities</p> <p>KYC</p>
<p>OUTCOME AREA 9 →</p> <p>Aboriginal and Torres Strait Islander people secure appropriate, affordable housing that is aligned with their priorities and need</p>	<p>OUTCOME AREA 10 →</p> <p>Aboriginal and Torres Strait Islander adults are not overrepresented in the criminal justice system</p>	<p>OUTCOME AREA 11 →</p> <p>Aboriginal and Torres Strait Islander young people are not overrepresented in the criminal justice system</p> <p>KYC</p>	<p>OUTCOME AREA 12 →</p> <p>Aboriginal and Torres Strait Islander children are not overrepresented in the child protection system</p> <p>KYC</p>
<p>OUTCOME AREA 13 →</p> <p>Aboriginal and Torres Strait Islander families and households are safe</p>	<p>OUTCOME AREA 14 →</p> <p>Aboriginal and Torres Strait Islander people enjoy high levels of social and emotional wellbeing</p> <p>KYC</p>	<p>OUTCOME AREA 15 →</p> <p>Aboriginal and Torres Strait Islander people maintain a distinctive cultural, spiritual, physical and economic relationship with their land and waters</p> <p>KYC</p>	<p>OUTCOME AREA 16 →</p> <p>Aboriginal and Torres Strait Islander cultures and languages are strong, supported and flourishing</p> <p>KYC</p>
<p>OUTCOME AREA 17 →</p> <p>Aboriginal and Torres Strait Islander people have access to information and services enabling participation in informed decision-making regarding their own lives</p>			

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

CONSCIOUSNESS and EMOTIONS:

Consciousness = Soul Condition. One's Soul Condition is equal to the average of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

Note:

The Map of Consciousness scale is from 1 to 1,000

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

NATURAL LOVE or HUMANITY’S ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity’s erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child’s soul. When the child reaches about the age of 7, the child’s soul condition will reflect the parent’s condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

The health and welfare of Australia's Aboriginal and Torres Strait Islander people:

<http://www.aihw.gov.au/indigenous-observatory/health-and-welfare/>

The main report



Indigenous Australians experience disproportionate levels of educational, employment and social disadvantage. Many Indigenous Australians also experience poorer health than other Australians, often dying at much younger ages. A healthy beginning in a nurturing environment, with protection from physical and mental abuse, and opportunities for personal development—such as education and employment—are all important for a long and happy life.

Demographics

- The 2006 Aboriginal and Torres Strait Islander population was estimated to be about 517,000, constituting 2.5% of the total Australian population.
- The Indigenous population has a relatively young age structure. In 2006, the median age was 21 years, compared with 37 years for the non-Indigenous population.
- In 2008, nearly half (49%) of all Indigenous households were composed of families with dependent children, more than a third (39%) of which were one-parent families.

Determinants of health and welfare

Socioeconomic factors

- Younger Aboriginal and Torres Strait Islander adults have completed more years of schooling than their parents. In 2008, of those aged 25–34 years, more than three-quarters (78%) had completed Year 10 or above, compared with less than one-quarter (27%) of those aged 55 years and over.
- The Year 12 retention rate for Indigenous students rose from 31% in 1995 to 45% in 2009.
- Less than two-thirds (65%) of working-age Indigenous Australians were in the labour force in 2008, compared with nearly 4 out of 5 (79%) non-Indigenous Australians.
- In 2008, Indigenous households were nearly 2.5 times as likely to be in the lowest income bracket and 4 times less likely to be in the top income bracket as non-Indigenous households.
- Nearly half of all Indigenous children were living in jobless families in 2006—3 times the proportion of all children.

Housing

- Between 1994 and 2008, the proportion of Indigenous households who were home owners or buyers rose from 26% to 32%.
- Between 2002 and 2008, the proportion of Indigenous households living in dwellings with structural problems fell from 34% to 26%.
- Poor access to public utilities and overcrowded houses remain significant problems, particularly in remote communities.

Community capacity

- In 2006, nearly half (47%) of Indigenous families with dependent children were one-parent families, accounting for 45% of dependent children.
- One in 5 Indigenous adults reported being a victim of violence in the 12 months prior to the NATSISS.
- In 2008–09, the rate of substantiated child protection notifications for Indigenous children was close to 8 times the rate for other children.
- Indigenous Australians comprised more than one-quarter of all prisoners as at June 2010.
- Between 2000 and 2010, the Indigenous imprisonment rate rose by 52%.

Behavioural factors

- Between 2002 and 2008, the proportion of current daily smokers among Aboriginal and Torres Strait Islander people decreased from 49% to 45%. But the rate is still more than double that for non-Indigenous Australians.
- Indigenous women were about twice as likely to be obese as non-Indigenous women, and Indigenous men were about 1.5 times as likely as non-Indigenous men in 2004–05.

Social and emotional wellbeing

- In 2008, the majority of Aboriginal and Torres Strait Islander adults reported feelings of positive wellbeing, particularly in remote areas. But nearly one-third felt high/very high levels of psychological distress—more than twice the rate for non-Indigenous Australians.
- Three-quarters (77%) of Indigenous adults reported that they or their close friends or family had experienced at least one life stressor in the previous 12 months.
- More than one-quarter of Indigenous adults reported they had recently experienced discrimination.

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Health and functioning

Community functioning

- About 1 in 9 Indigenous adults spoke an Aboriginal or Torres Strait Islander language as their main language at home in 2008.
- About 2 in 5 Indigenous adults spoke at least some words of an Indigenous language.

- Almost two-thirds (62%) of Indigenous adults identified with a clan, tribal or language group, an increase from 54% in 2002.

Disability

- In 2008, an estimated 8% of Indigenous adults had a profound or severe core activity limitation. The level of need for assistance among Indigenous Australians was more than twice as high as that among non-Indigenous Australians.
- Physical disability was the most common disability type experienced by Indigenous Australians.

Health conditions

- During 2007–09, Indigenous Australians were hospitalised for cardiovascular diseases at 1.7 times the rate for other Australians.
- The age-standardised rate for Indigenous Australians with diabetes was 12%, compared with 4% for non-Indigenous Australians.
- More than one-quarter of Indigenous Australians reported some form of respiratory disease in 2004–05. The hospitalisation rates for respiratory diseases among Indigenous children aged 0–4 years were almost twice the rate for other Australian children.
- The incidence rate for end-stage renal disease for Indigenous Australians more than doubled between 1991 and 2008, from 31 to 76 per 100,000 population. Although Indigenous Australians were significantly less likely to have been diagnosed with cancer than non-Indigenous Australians in 2003–2007, they were 3 times as likely to have been diagnosed with cervical cancer, and 1.6 times as likely to have been diagnosed with lung cancer.
- The rate of hospitalisation of Indigenous Australians for mental health problems was nearly twice that for other Australians.
- Injury and poisoning combined was the main cause of hospitalisation (excluding dialysis) for Indigenous Australians. The most common injuries were those inflicted by another person and accidental falls.

Mortality and life expectancy

- For the 2005–2007 period, life expectancy at birth was estimated to be 67 years for Indigenous males and 73 years for Indigenous females, representing gaps of 11.5 and 9.7 years, respectively, compared with all Australians.
- Indigenous death rates have decreased since 1991. In particular, circulatory disease death rates have declined since 1997.
- Between 2004 and 2008, two-thirds (66%) of Indigenous deaths occurred before the age of 65 years compared with 20% of non-Indigenous deaths.
- In that same period, endocrine, metabolic and nutritional disorders contributed to Indigenous mortality at 6–7 times the non-Indigenous rates.
- The Indigenous male death rates due to external causes were more than 3 times those for non-Indigenous males aged 25 to 44 years.
- About 80% of the mortality gap (in terms of potential years of life lost) could be attributed to chronic diseases.

Health across the life stages

Mothers and babies

- In 2009, the total fertility rate for Aboriginal and Torres Strait Islander women was 2.6 babies, compared with 1.9 for all women in Australia.
- Motherhood during the teenage years was much more common among Indigenous girls (21% compared with 4% of all births in 2009).
- Babies born to Indigenous mothers were twice as likely as babies born to other Australian mothers to be of low birthweight in 2005–2007.
- The Indigenous infant mortality rate declined between 1991 and 2008, though it remains almost twice that of non-Indigenous infants.

Children

- Aboriginal and Torres Strait Islander children aged 0–14 years died at more than twice the rate of non-Indigenous children. For Indigenous children aged 5–14 years, external causes were the leading cause of death between 2003 and 2007—3 times the rate for non-Indigenous children.
- The hospitalisation rate for assault on Indigenous children in 2007–2008 was more than 5 times the rate for non-Indigenous children. Indigenous children were hospitalised for burns and scalds at twice the rate of other children.
- The pneumonia hospitalisation rate for Indigenous children aged 0–4 years was more than 3 times the rate for other children in 2006–2009.
- Nearly 12% of Indigenous children who received a Child Health Check on or before 30 June 2009 had chronic suppurative otitis media—more than 3 times the rate the World Health Organization classes as a massive health problem.
- There was a rise in trachoma prevalence in four of the five regions surveyed between 2006 and 2008, with trachoma found to be at endemic rates (more than 5%) in the majority of regions.

Young people

- In 2008, almost one-third of young Aboriginal and Torres Strait Islander people (aged 16–24 years) had high or very high levels of psychological distress—more than twice the rate of young non-Indigenous Australians.
- Indigenous young people were hospitalised more commonly for mental and behavioural disorders, at 1.8 times the non-Indigenous rate. The leading causes were schizophrenia, alcohol misuse and reactions to severe stress.
- Assault was the most common cause of injury hospitalisation for Indigenous young people (1,440 per 100,000 population), almost 5 times that of non-Indigenous young people (298 per 100,000).
- Indigenous young people died at a rate 2.5 times as high as that for non-Indigenous young people.

Older people

About 44% of older Aboriginal and Torres Strait Islander people reported their health status as fair/poor, and about 16% had profound or severe core activity limitations. A much higher proportion of Indigenous Australians with dementia were aged less than 75 years than non-Indigenous Australians in 2008–09.

Mortality rates for Indigenous Australians aged 50–74 years were more than double the non-Indigenous rates in 2003–2007.

Health care and other support services

Health care

- Health checks for older Aboriginal and Torres Strait Islander people in the September quarter of 2009 were twice the rate recorded in the March quarter of 2006.
- Compared with non-Indigenous GP consultations between 2005 and 2010, Indigenous Australians had higher management rates for diabetes, infections, asthma and drug use, but lower management rates for preventative measures such as vaccinations and cardiac check-ups.
- Indigenous Australians used emergency health care services more often than non-Indigenous Australians, accounting for more than 3.8% of presentations in 2009–10.
- Admissions of Indigenous Australians in public hospitals were nearly 4 times the rate of other Australians.
- Indigenous Australians accounted for 6.5% of community mental health service contacts in 2008–09—close to 3 times the rate for non-Indigenous Australians.

Support services

More than one-third of Indigenous users of specialist disability services had intellectual disability as their primary reason for activity limitations. Aboriginal and Torres Strait Islander people with disability accessed support services at rates equivalent to those of non-Indigenous Australians in 2008–09.

In 2008, Indigenous Australians with severe or profound core activity limitations encountered transport problems almost twice as often as those without disability, and had difficulty accessing health and community services.

Of all aged care residents on 30 June 2009, only 0.6% of permanent residents and 0.9% of respite residents were identified as being of Aboriginal or Torres Strait Islander origin.

Indigenous Australians aged under 65 years made proportionately higher use of residential aged care services than other Australians. At 30 June 2009, Indigenous Australians aged 60–64 years used residential aged care services at a rate of 6.7 per 1,000 population compared with 2.6 per 1,000 for other Australians.

At 30 June 2008, more than half (56%) of all Indigenous households were receiving housing assistance through various housing and rental programs.

Indigenous Australians accessed specialist **homelessness** services at relatively high rates, making up almost 1 in 5 of all users of services in 2008–09. Almost three-quarters of Indigenous clients were female.

Almost half of accompanying children aged 0–4 years presented to specialist homelessness services in 2008–09 were Indigenous.

In 2008–09, Indigenous couples, both with and without children, most often sought help due to accommodation problems including overcrowding.

Health and welfare expenditure

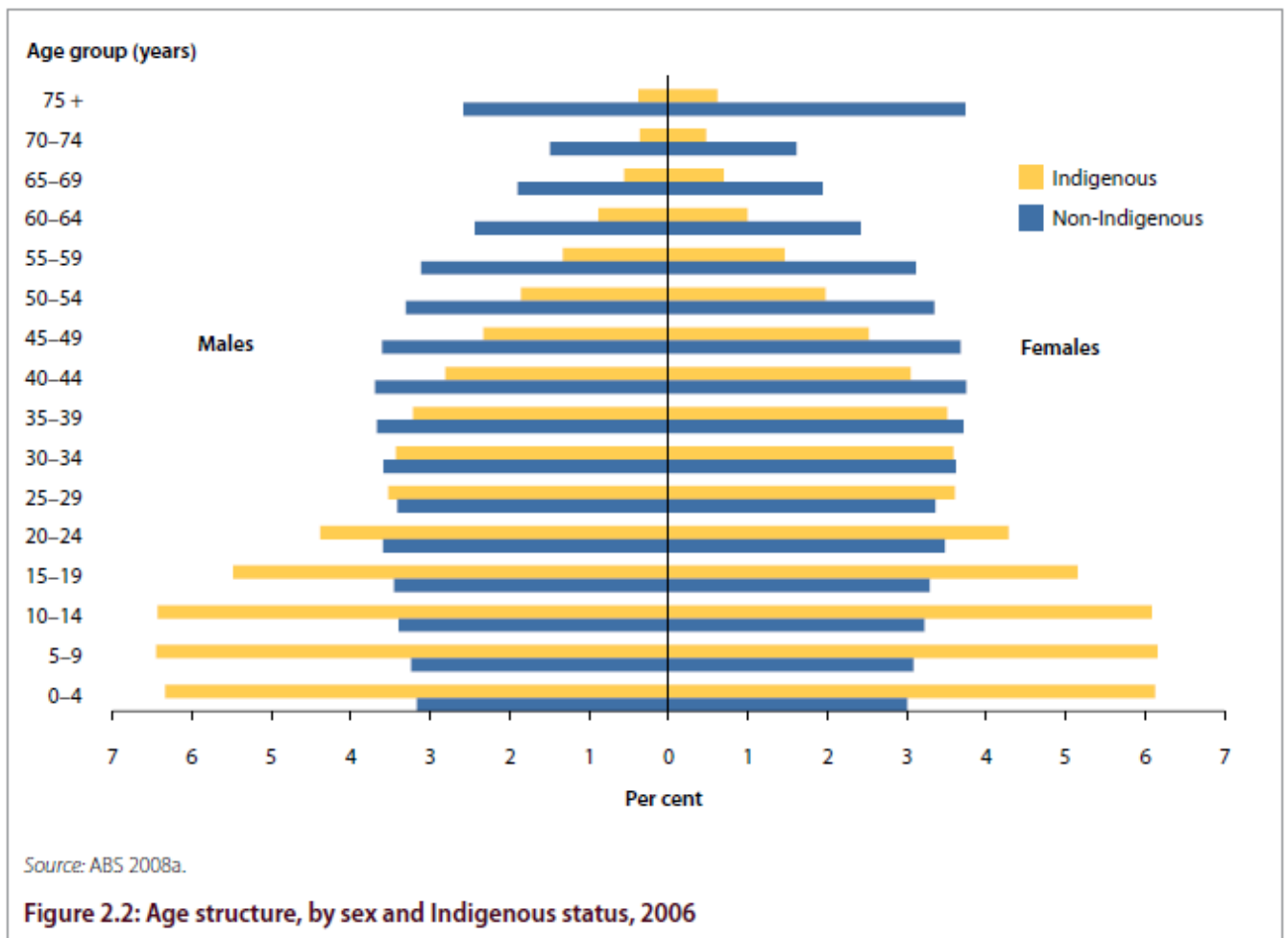
- Indigenous health care expenditure accounted for 3.3% of national expenditure in 2006-07, or \$1.31 for every \$1.00 spent for services used by a non-Indigenous person.
- Health services for Indigenous Australians were predominantly government-funded.
- Indigenous Australians accounted for 8.5% of all government community support and welfare expenditure in 2008–09, or \$3.60 for every \$1.00 spent per non-Indigenous Australian.

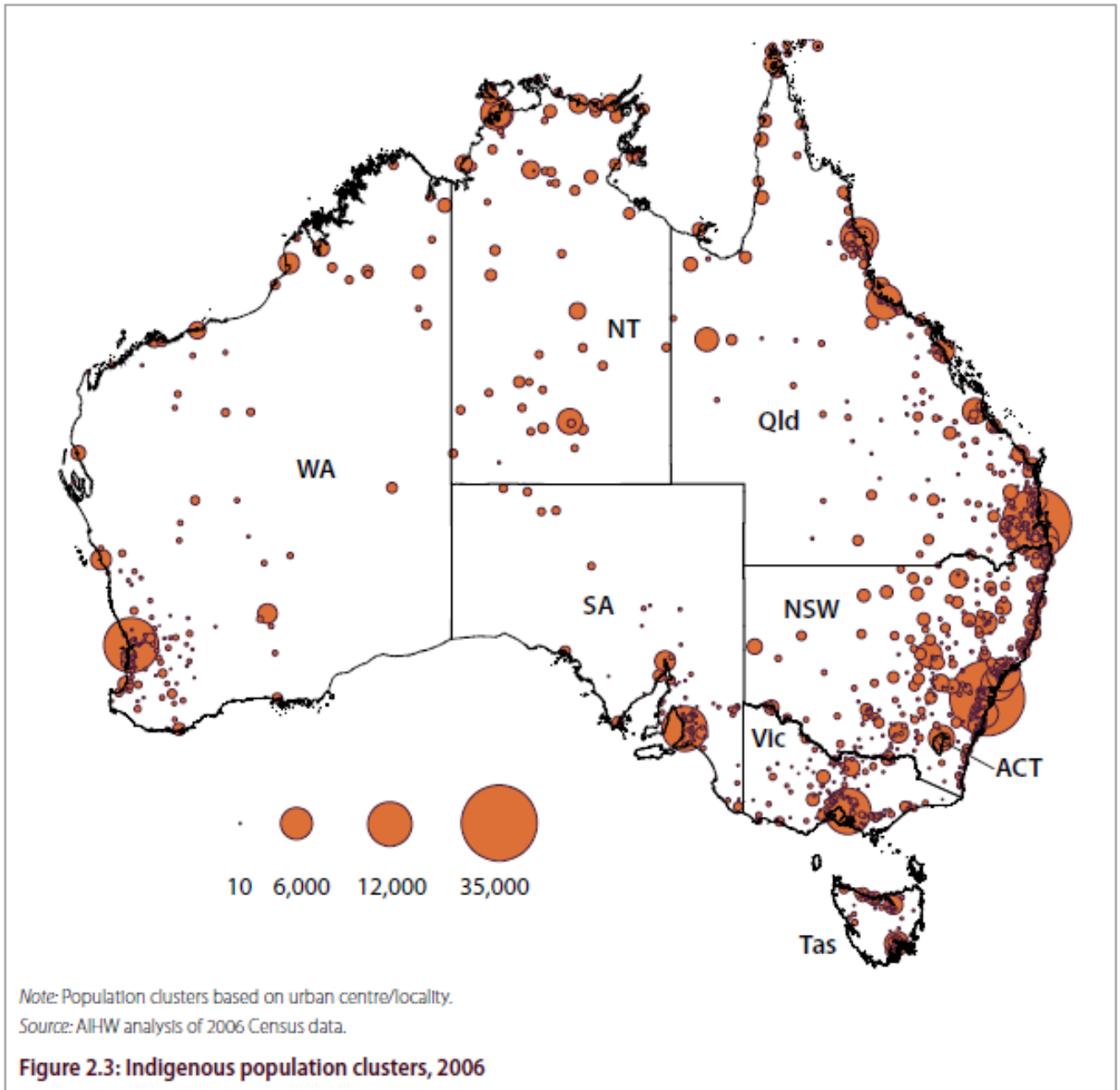
More information

[*The health and welfare of Aboriginal and Torres Strait Islander People: an overview 2011*](#) provides a comprehensive overview of Indigenous health and welfare. Topics covered in this report include demographic characteristics, determinants of health and welfare, health and functioning, mortality and life expectancy, health across the life stages, health care and other support services and health and welfare expenditure.

2.1 Age structure

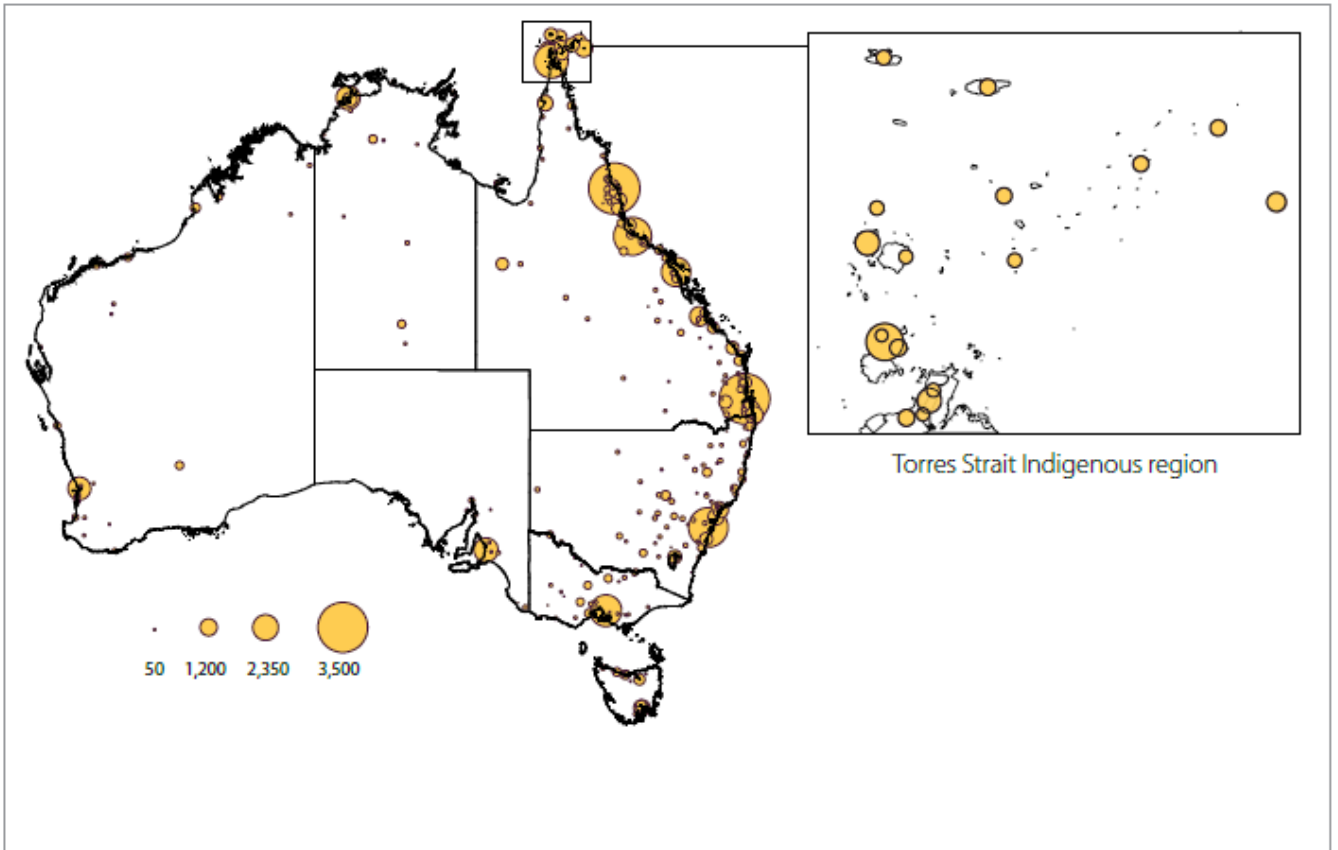
The Indigenous population has a much younger age structure than the non-Indigenous population (Figure 2.2). In 2006, the median age of the Indigenous population—the age at which half the population is older and half is younger—was 21 years, compared with 37 years for the non-Indigenous population (ABS 2008a).





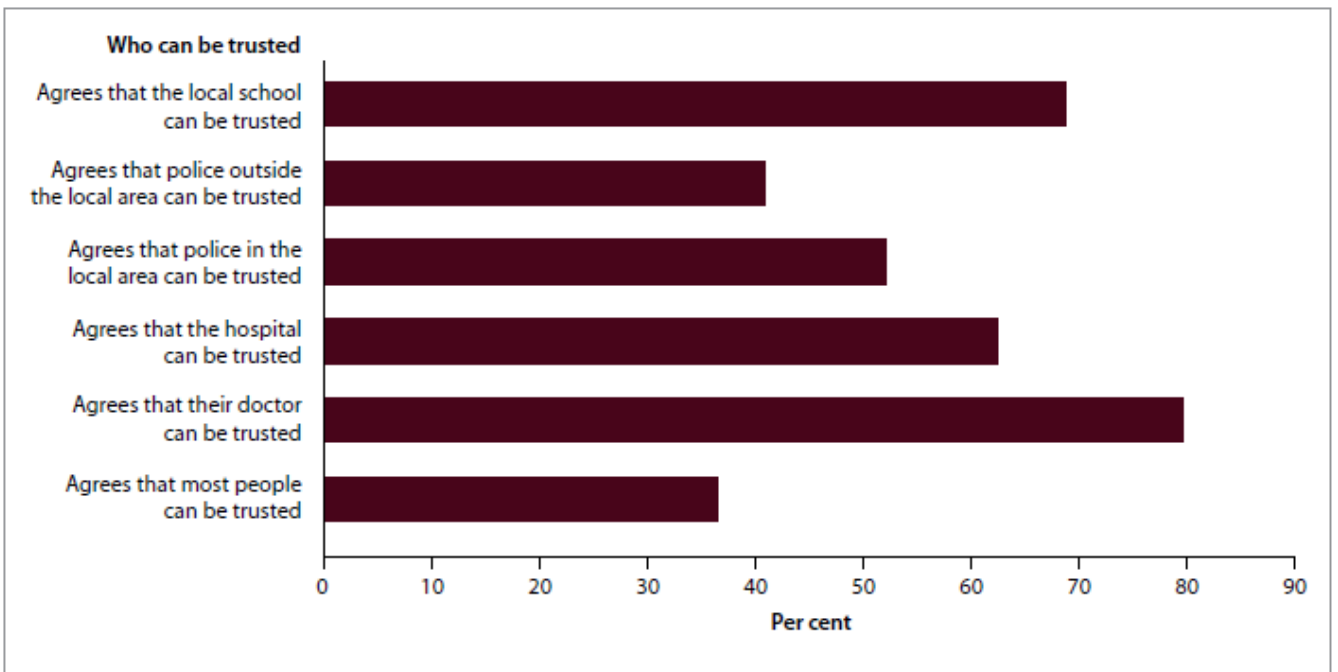
Cause No Harm < to OTHERS
to MYSELF
Strive to love others as I am to love myself

Golden Rule: that one must always honour another's will as one honours one's own.



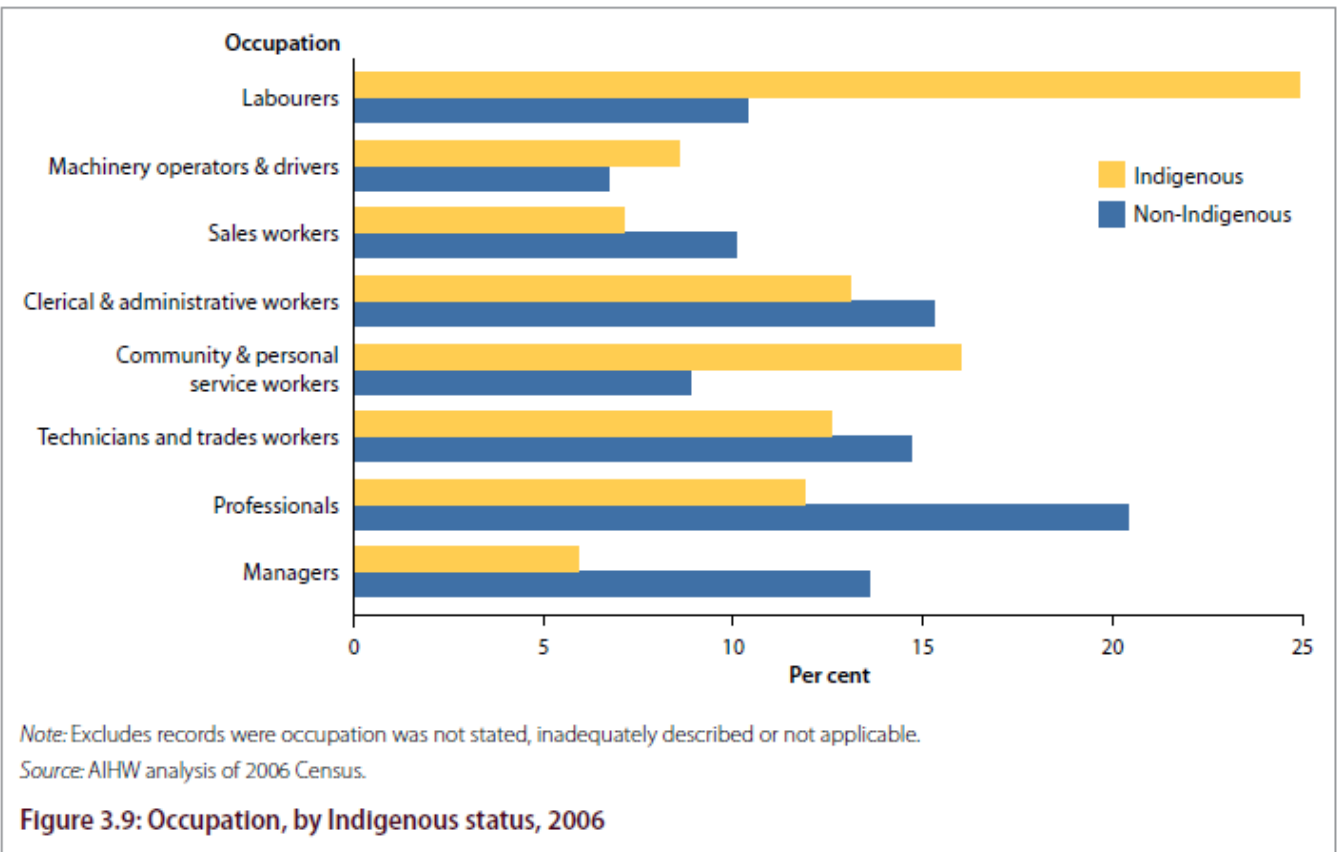
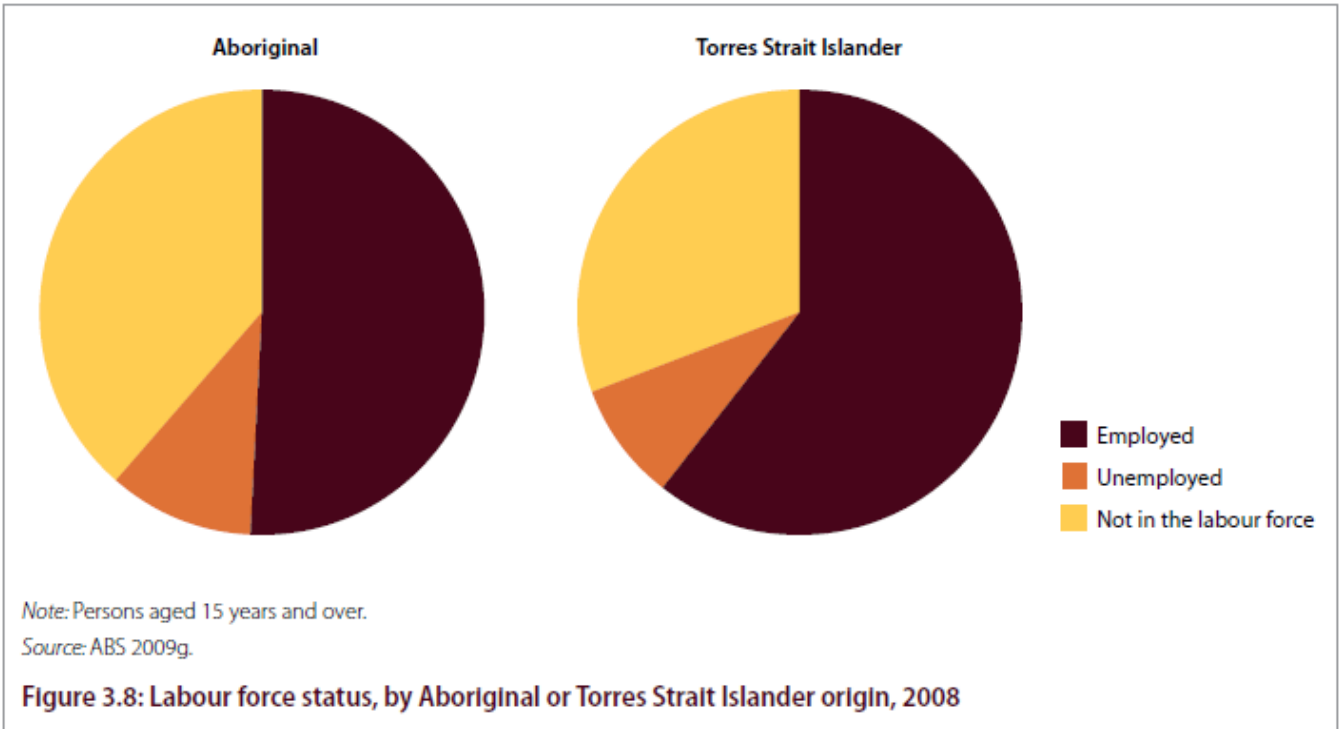
Note: Population clusters based on urban centre/locality.
Source: AIHW analysis of 2006 Census data.

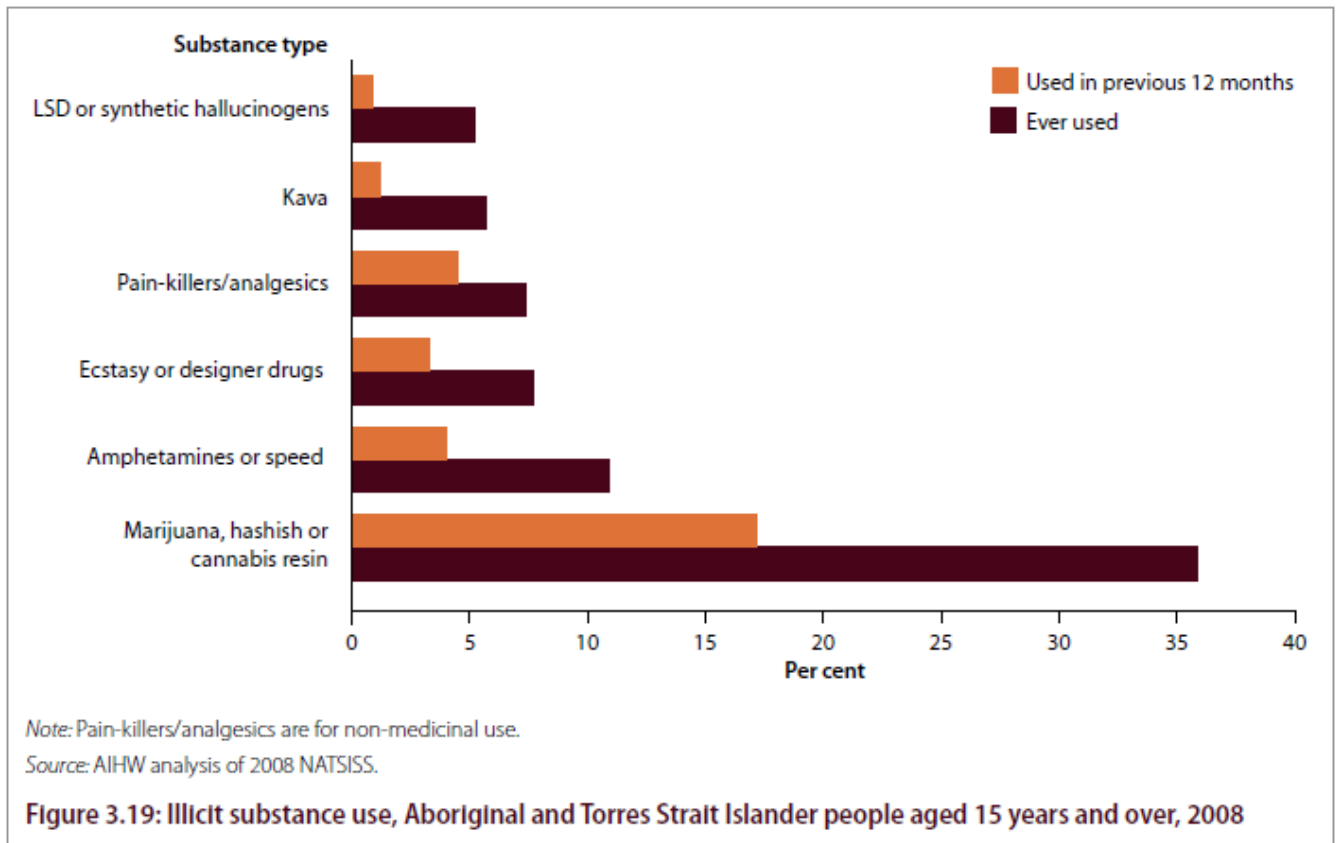
Figure 2.5: Torres Strait Islander population clusters, 2006



Note: Persons aged 15 years and over.
Source: ABS and AIHW analysis of NATSISS 2008.

Figure 4.3: Who Aboriginal and Torres Strait Islander people trust, 2008





Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Golden Rule: that one must always honour another's will as one honours one's own.

Rates of positive wellbeing were similar for both Torres Strait Islander adults and all Indigenous adults. Rates for all four indicators were higher among Torres Strait Islander adults living in the Torres Strait Indigenous region than for those living elsewhere.

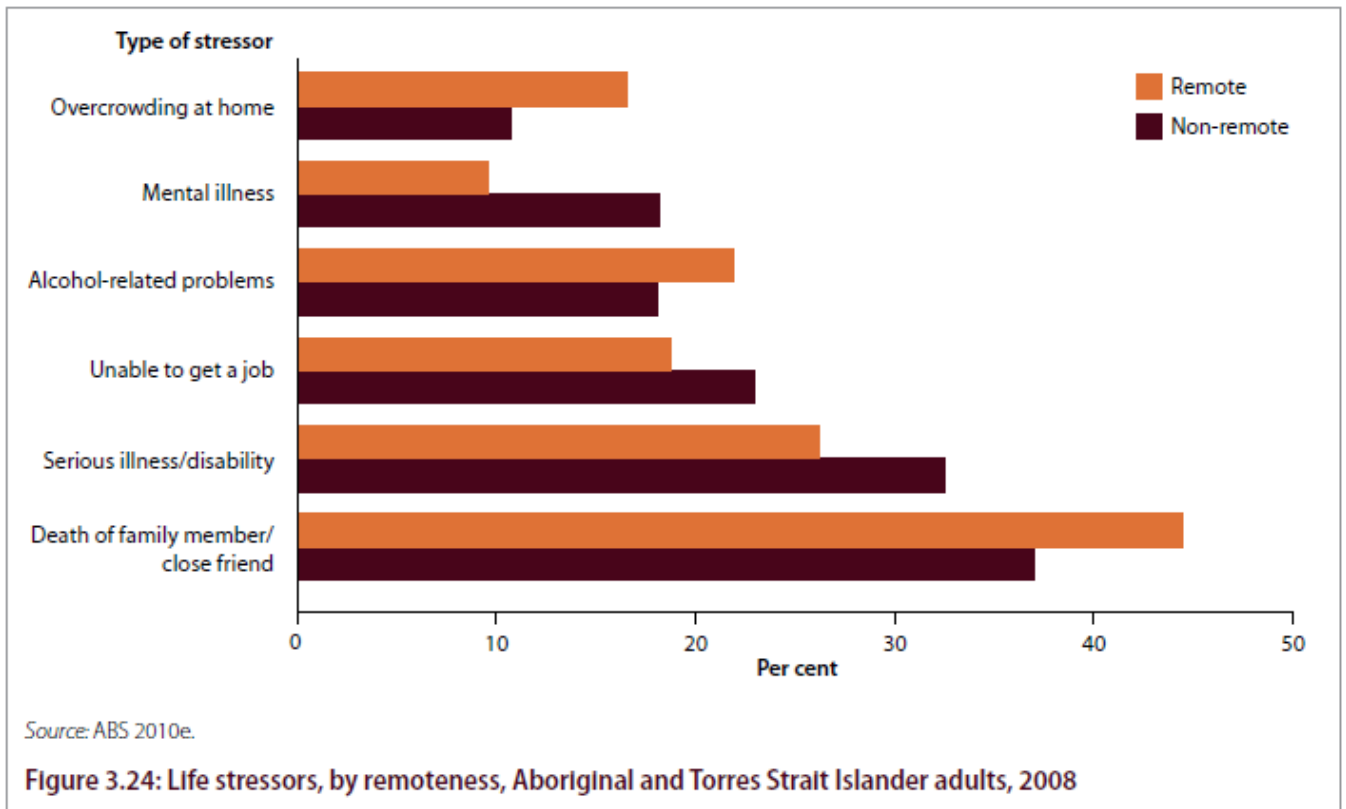
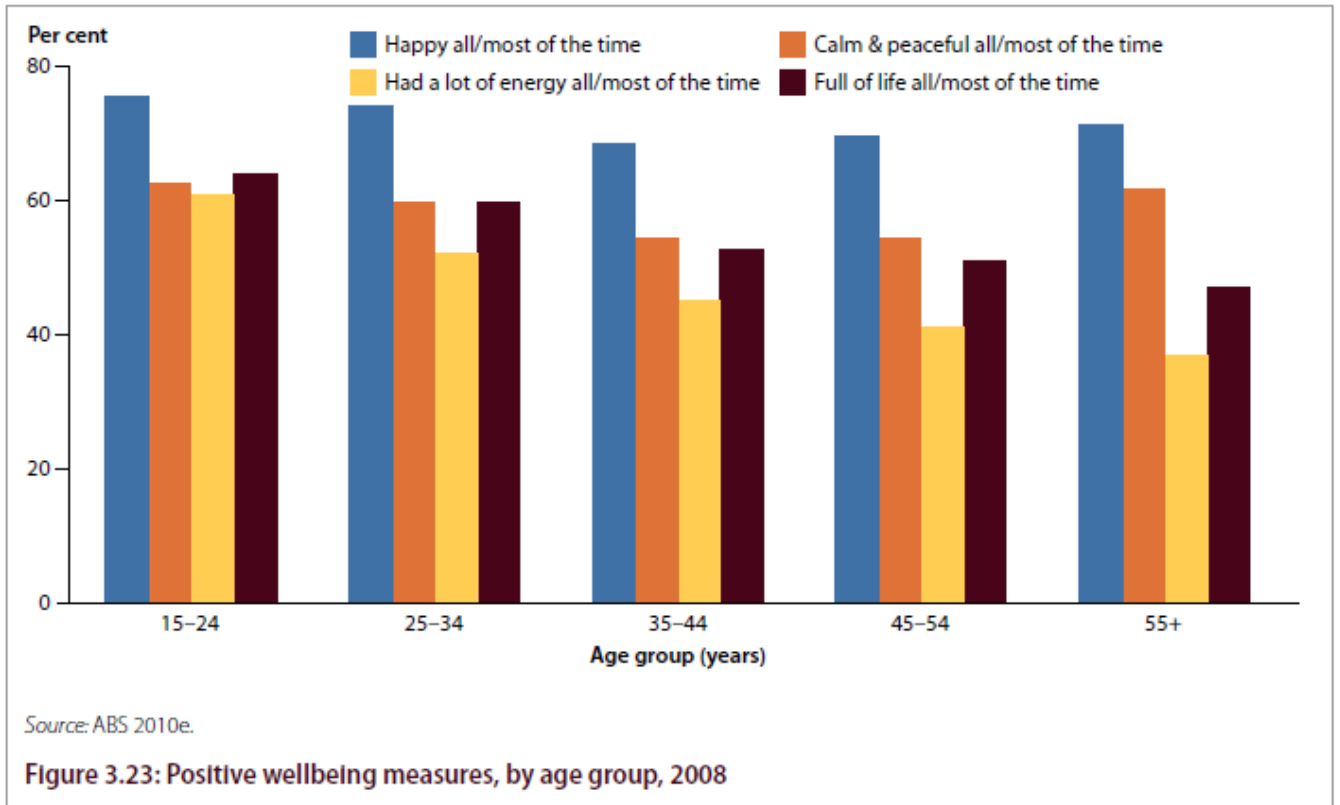


Table 4.1: Ranking of major diseases, conditions and injuries that cause ill health (and mortality), among Aboriginal and Torres Strait Islander people, various measures and years

Self-reported prevalence 2004–05		GP encounters 2005–06 to 2009–10		Hospitalisations 2007–09 ^(a)		Cause of death data 2004–08 ^(b)		Burden of disease and injury 2003	
Condition	Per cent	Condition	Rate	Condition	Per cent	Condition	Per cent	Condition	Per cent
Eye/sight problems	30	Respiratory	21	Injury and poisoning	16	Cardiovascular disease	27	Cardiovascular disease	18
Respiratory	27	Psychological problems	16	Respiratory	13	Cancer	18	Mental disorders	16
Musculo-skeletal	22	Skin problems	16	Digestive	11	Injury/other external	15	Injury	13
Mental/behavioural problems	14	Diabetes/other metabolic	15	Mental disorders	9	Respiratory	8	Chronic respiratory	9
Ear/hearing problems	12	Musculoskeletal	14	Cardiovascular diseases	7	Diabetes/other metabolic	8	Diabetes	9
Cardiovascular problems	12	Cardiovascular	13	Genitourinary disease	5	Digestive	6	Cancer	8

(a) Proportions exclude hospitalisations for care involving dialysis. Top conditions listed exclude: pregnancy, childbirth and the puerperium; and symptoms, signs and abnormal clinical and laboratory findings.

(b) Data are for New South Wales, Queensland, Western Australia, South Australia and the Northern Territory combined.

Sources: 2004–05 NATSIHS; BEACH survey of general practice, AGPSCC; AIHW National Hospital Morbidity Database; AIHW National Mortality Database; Vos et al. 2007.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Aboriginal and Torres Strait Islander child safety:

<http://www.aihw.gov.au/publication-detail/?id=10737418980>

This paper provides an overview of key measures of Aboriginal and Torres Strait Islander child safety, presenting a range of information relating to child injury and violence; child protection; and juvenile justice. National data show that Indigenous children are over-represented across a range of measures: for example, Indigenous children were 5 times as likely as non-Indigenous children to experience a hospital separation for assault; 8 times as likely to be the subject of substantiated child abuse or neglect; and 15 times as likely to be under juvenile justice supervision.

Does child protection data tell us how many Aboriginal and Torres Strait Islander children have been abused or neglected?

<https://www3.aifs.gov.au/cfca/publications/child-protection-and-aboriginal-and-torres-strait-islander-c>

Child protection data tells us how many Aboriginal and Torres Strait Islander children come into contact with child protection services. It is the only data routinely collected in Australia that gives an idea of the number of children experiencing child abuse and neglect. However, there are several problems with these data that result in some children who:

- have been abused or neglected not being included in child protection statistics; and
- have not been abused or neglected being included in child protection statistics.

See Bromfield and Higgins (2004) for a discussion.

In addition to these known problems with child protection data, there are several issues that contribute to the under-reporting of child abuse and neglect specifically in Aboriginal and Torres Strait Islander communities. These include:

- fear, mistrust and loss of confidence in the police, justice system, government agencies and the media (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007; Gordon, Hallahan, & Henry, 2002; Lievore, 2003);
- fear that the child may be removed from the community (Anderson & Wild, 2007);
- community silence and denial (Gordon et al., 2002);
- social and cultural pressure from other members of the family or community not to report abuse or violence, and the belief that reporting is a betrayal of the culture and community (Aboriginal Child Sexual Assault Taskforce, 2006);
- a belief in the need to protect the perpetrator because of the high number of Indigenous deaths in custody (Stanley, Tomison, & Pocock, 2003);
- fear of repercussions or retaliation from the perpetrator or their family (Stanley et al., 2003);
- personal and cultural factors of shame, guilt and fear (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007);
- lack of understanding about what child abuse and neglect is generally, and lack of understanding about what constitutes child sexual abuse specifically (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007);
- language and communication barriers, lack of knowledge about legal rights and the services available, and lack of services for Aboriginal victims (Anderson & Wild, 2007); and
- geographical isolation (i.e., nobody to report to, no means of reporting and minimal contact with child welfare professionals) (Gordon et al., 2002; Stanley et al., 2003).

In addition to the above, if the child is not correctly identified as Aboriginal or Torres Strait Islander these data may be unreliable.

What are the most common types of abuse and neglect?

In 2012-13, harm or risk of harm from child abuse or neglect was substantiated or confirmed by statutory child protection services for 10,991 Indigenous children aged 0-17 years across Australia. Figure 1 shows the distribution of these substantiations over the four different types of maltreatment and compares this distribution to substantiations involving non-Indigenous children. The maltreatment type most frequently experienced by Indigenous children was child neglect. Neglect refers to the failure (usually by the parent) to provide for a child's basic needs, including failure to provide adequate food, shelter, clothing, supervision, hygiene or medical attention. The high rates of neglect are consistent with the disadvantaged socio-economic conditions prevalent in many Indigenous communities, such as overcrowding, unemployment and lack of services (Steering Committee for Review of Government Service Provision, 2011). See [Understanding Child Neglect](#) for a discussion of the risks indicators associated with neglect.

Figure 1: Percentage breakdown of primary substantiated maltreatment types in 2012-13, Indigenous and non-Indigenous children



Source: AIHW, 2014, Table A11, p. 80.

As shown in Figure 1, the primary types of maltreatment experienced by Aboriginal and Torres Strait Islander children and non-Indigenous children differ. Neglect is the most commonly substantiated form of harm for Aboriginal and Torres Strait Islander children. Most (40.1%) substantiations for Aboriginal and Torres Strait Islander children were neglect related, compared to 23.2% in non-Indigenous children. In contrast, emotional abuse is most commonly substantiated in non-Indigenous children (40.1% compared to 33.8% in Aboriginal and Torres Strait Islander children). For both groups of children,

physical abuse (17.1% in Aboriginal and Torres Strait Islander children and 21.7% in non-Indigenous children) and sexual abuse (9.0% in Aboriginal and Torres Strait Islander children and 14.9% in non-Indigenous children) are the least common forms of substantiated harm. These figures are likely to be an under-estimation of the actual incidence of child sexual abuse. Additionally, many children are victims of more than one type of harm and these data only represent the primary type of substantiated harm.

Child sexual abuse in Aboriginal and Torres Strait Islander communities

It is estimated that less than 30% of all sexual assaults on children are reported and that the reporting rate is even lower for Aboriginal and Torres Strait Islander children (Stanley et al., 2003). Inquiries into child sexual abuse in Western Australia, New South Wales and the Northern Territory have concluded that the sexual abuse of Indigenous children was common, widespread and grossly under-reported (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007; Gordon et al., 2002). Robertson (2000) estimated that up to 88% of all sexual assaults in Aboriginal and Torres Strait Islander communities go unreported.

In contrast to the low rates of sexual abuse substantiated by child protection services, police data on reported victims of sexual assault show that Aboriginal and Torres Strait Islander children are at greater risk than non-Indigenous children of being sexually abused (Steering Committee for the Review of Government Service Provision, 2007).

Health data regarding sexually transmitted infections, which have been associated with child sexual abuse, showed that over twice the number of Aboriginal and Torres Strait Islander children were diagnosed with an STI (sexually transmissible infections) compared with non-Indigenous children (Steering Committee for the Review of Government Service Provision, 2007).

Recorded victim statistics suggest that girls are more likely to be a victim of sexual abuse than boys (Steering Committee for the Review of Government Service Provision, 2007). However, inquiries in the Northern Territory and New South Wales present evidence to suggest that there is widespread sexual abuse of boys in some communities (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007).

Despite the low rates of child sexual abuse substantiated by child protection services, there is sufficient evidence to suggest that Aboriginal and Torres Strait Islander boys and girls are at greater risk of being sexually abused than non-Indigenous children. However, it is important to keep in mind that patterns of sexual assault will vary in relation to community location and factors such as substance use and family and community dynamics (Aboriginal Child Sexual Assault Taskforce, 2006).

Aboriginal and Torres Strait Islander children living in out-of-home care

Aboriginal and Torres Strait Islander children are over-represented in the Australian out-of-home care system. In 2012-13, approximately 34% ($n = 13,952$) of all children in out-of-home care were identified as Aboriginal or Torres Strait Islander. Overall, rates of out-of-home care for both Aboriginal and Torres Strait Islander children and non-Indigenous children have continued to increase between 2009 and 2013 (AIHW, 2014). The number of Aboriginal and Torres Strait Islander children placed in out-of-home care rose from 44.8/1,000 children in 2009-10 to 57.1/1,000 children 2012-13 (AIHW, 2014). Aboriginal and Torres Strait Islander children were 10.6 times more likely than non-Indigenous children to be in out-of-home care nationally with rate ratios ranging from 3.9 in Tasmania to 16.1 in Western Australia.

In all jurisdictions there were higher rates of Aboriginal and Torres Strait Islander children in care than non-Indigenous children.

Table 2: State and territory data comparing rates of Aboriginal and Torres Strait Islander children in out-of-home care compared to non-Indigenous children on 30 June 2013

State/territory	Indigenous (per 1,000 children)	Non-Indigenous (per 1,000 children)	All children (per 1,000 children) ^a	Rate ratio Indigenous/non-Indigenous ^b
NSW	85.5	7.2	10.4	11.8
Victoria	69.5	4.4	5.2	15.7
Queensland	43.6	4.7	7.3	9.4
WA	53.3	3.3	5.9	16.1
SA	60.7	5.3	7.4	11.5
Tasmania	28.5	7.3	9.3	3.9
ACT	70.5	5.1	6.6	14.0
NT	22.2	3.4	11.7	6.6
Total population	57.1	5.4	7.8	10.6

Notes: ^a "All children" includes children whose Indigenous status is not known. ^b The "rate ratio" is the number of times more likely an Aboriginal or Torres Strait Islander child is to be in care compared to a non-Indigenous child.

Source: AIHW, 2014, Table 5.4, p. 52.

The Aboriginal and Torres Strait Islander Child Placement Principle

The Aboriginal and Torres Strait Islander Child Placement Principle has been endorsed in legislation or policy in all Australian states and territories. The principle states the *preferred* order of placement for an Aboriginal and Torres Strait Islander child who has been removed from their birth family. The preferred order is for the child to be placed with:

1. the child's extended family;
2. the child's Indigenous community; or
3. other Indigenous people.

Only if an appropriate placement cannot be found from the three groups can an Aboriginal or Torres Strait Islander child be placed with a non-Indigenous carer (Lock, 1997).

The principle provides an important acknowledgement that previous policies caused suffering to Aboriginal and Torres Strait Islander peoples and reflects the right of Indigenous people to raise their children in their communities (Lock, 1997).

The percentage of children placed with relatives/kin, other Indigenous caregivers or in an Indigenous residential care facility varied substantially across jurisdictions (see Table 3). In Australia in 2012-13, 68% of Indigenous children were placed with relatives/kin, other Indigenous caregivers or in Indigenous residential care (AIHW, 2014).

Table 3: Aboriginal and Torres Strait Islander children in out-of-home care, by Indigenous status and relationship of carer, states and territories, 30 June 2013 (Percentage)

Carer relationship	NSW	Victoria^a	Queensland	WA	SA^b	Tasmania	ACT	NT^b	Total
Indigenous relative/kin	47.4	30.0	22.8	41.1	36.5	5.8	41.4	30.5	37.5
Other Indigenous caregiver	18.5	5.4	19.0	12.1	11.6	12.9	4.3	13.4	16.0
Other relative/kin	15.8	16.0	13.6	12.0	19.0	21.3	14.3	13.4	14.4
Total placed with relatives/kin other Indigenous caregivers or in Indigenous residential care	81.7	51.4	55.5	65.3	67.1	40.0	60.0	43.9	67.9
Other caregiver	18.3	48.6	44.5	34.7	32.9	60.0	40.0	56.1	30.5
Total not placed with relatives/kin, other Indigenous caregivers or in Indigenous residential care	18.3	48.6	44.5	34.7	32.9	60.0	40.0	56.1	30.5
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

Notes: ^a For Victoria, 225 children for whom relationship of carer and/or their Indigenous status were unknown are included in the categories "Other caregiver" and "Total not placed with relatives/kin, other Indigenous caregivers or in Indigenous residential care". ^b Aggregate data were provided by South Australia and the Northern Territory for this table.

Source: AIHW, 2014, Table A32, p. 102.

Why would children not be placed in accordance with the principle?

States and territories may be unable to place children in accordance with the preferred placement types in the principle primarily because there is a shortage of Indigenous carers. Recruitment and retention of carers is a problem across the sector for both Indigenous and non-Indigenous carers (see *Foster Families* by Osborn, Panozzo, Richardson, & Bromfield, 2007). However, there are several other factors that are unique to Indigenous communities and put severe strain on the ability for out-of-home care services to recruit appropriate Indigenous carers. Three of the main factors are:

- trauma and disadvantage associated with the stolen generations that affects many Aboriginal and Torres Strait Islander adults today, to the extent that they are not able to care for children;
- the unwillingness of some Aboriginal and Torres Strait Islanders to be associated with the "welfare" system due to past government practices, including forced removal; and
- the disproportionately high number of Aboriginal and Torres Strait Islander children compared to adults.

Even when children are placed in accordance to the principle they may become disconnected from their culture. This may occur when children are placed with the "white" side of the family, an Aboriginal or Torres Strait Islander carer who is not from the child's own cultural group or kin who may have (because of their own removal) been disconnected from their traditional culture.

For more information see *Why is There a Shortage of Aboriginal and Torres Strait Islander Carers?* (Bromfield, Higgins, Higgins, & Richardson, 2007).

Why might Aboriginal and Torres Strait Islander children be more likely to be abused or neglected?

The reasons why Aboriginal and Torres Strait Islander children might be more likely to be abused or neglected are complex, and need to be approached with consideration of multiple historical, social, community, family and individual factors (Calma, 2008; Cripps & McGlade, 2008; Stanley et al. , 2003).

The Human Rights and Equal Opportunities Commission (1997) report, *Bringing Them Home*, concluded that some of the underlying causes for the poor outcomes experienced by Aboriginal and Torres Strait Islander peoples and for the over-representation of Indigenous children in child protection and out-of-home care were:

- the legacy of past policies of forced removal and cultural assimilation;
- intergenerational effects of forced removals; and
- cultural differences in child-rearing practices.

Historical and ongoing dispossession, marginalisation and racism experienced by Aboriginal and Torres Strait Islanders have led to high levels of unresolved trauma and grief (HREOC, 1997). Internalised trauma may be expressed by individuals in various ways including psychological distress and destructive behaviours (Atkinson, 2002). Concerns have been voiced that some Indigenous communities are experiencing intergenerational cycles of adversity and trauma, leading to entrenched social problems including poverty, high levels of violence, child abuse and neglect, and individual, family and community dysfunction (Atkinson, 2002; Robertson, 2000; Silburn et al. , 2006; Stanley et al., 2003). (Short answer – poor soul condition of parents within the family concerned.)

Some of the key individual, family and community problems associated with unresolved trauma that have also been associated with heightened rates of child abuse and neglect in Aboriginal and Torres Strait Islander communities include:

- alcohol and drug abuse. There is extensive research establishing links between drug and alcohol abuse and child maltreatment (Dawe, Harnett, & Frye, 2008). While Aboriginal and Torres Strait Islanders are less likely to consume alcohol than non-Indigenous Australians, those who do so are more likely to drink at risky levels. Research indicates that Indigenous people may be more likely to have tried illicit drugs and to have used them in the past 12 months (Pink & Allbon, 2008). In recent inquiries, substance misuse, particularly alcohol abuse, has been noted as a principal factor contributing to child abuse and neglect (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007; Gordon et al., 2002; Robertson, 2000).
- family violence. Over the period 2006-07 Aboriginal and Torres Strait Islander people were 34 times more likely to be hospitalised as a result of domestic violence compared to non-Indigenous people (Steering Committee for the Review of Government Service Provision, 2009). The true rate of violence in many communities is also likely to be higher than what is reported (Robertson, 2000; Steering Committee for the Review of Government Service Provision, 2009). The level of family violence in Aboriginal and Torres Strait Islander communities presents an enormous risk to the safety and wellbeing of Aboriginal and Torres Strait Islander children and increases the likelihood that they will experience other forms of maltreatment (Anderson & Wild, 2007; Robertson, 2000).
- pornography. Several prominent enquiries and reports discuss concerns about the use of pornography in Aboriginal and Torres Strait Islander communities and child sexual assault (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007; Gordon, 2006; Stanley et al., 2003). Exposing children to pornography is in itself a form of abuse. There is

also anecdotal evidence of access to pornography being used by adults to barter for sex with children and young people and of sexual attacks in communities escalating after the arrival of a shipment of pornography. Further, concerns have been raised about the role of pornography in conveying a distorted view of male and female sexual behaviour, normalising violent sexual behaviour and inappropriately sexualising communities (Aboriginal Child Sexual Assault Taskforce, 2006; Anderson & Wild, 2007; Gordon, 2006; Stanley et al., 2003).

- overcrowded and inadequate housing. Aboriginal and Torres Strait Islander peoples are more likely than non-Indigenous people to live in overcrowded or inadequate housing (Steering Committee for the Review of Government Service Provision, 2011). Inadequate housing is a major contributing factor to issues of child neglect. Stress associated with overcrowding can also contribute to family violence. Inadequate housing can place children at risk of physical and sexual assault as carers may not be able to lock doors and so protect children (and themselves) from intruders (Robertson, 2000). Concerns have also been raised that overcrowding and lack of privacy puts children at higher risk of sexual abuse and may expose children to adult sexual activity and/or pornographic materials leading to inappropriate child sexualisation (Anderson & Wild, 2007).

Are Aboriginal and Torres Strait Islander children abused or neglected more often than non-Indigenous children?

Child protection data do not reliably tell us how many Aboriginal or Torres Strait Islander children are abused or neglected in any given year. However, they do show a consistent pattern of Aboriginal and Torres Strait Islander children being substantially over-represented in every area of the child protection system (AIHW, 2014). Aboriginal and Torres Strait Islander peoples are more likely than others in the community to experience problems commonly associated with child abuse and neglect (e.g., alcohol abuse, domestic violence) (Scott & Higgins, 2011). Several prominent inquiries conducted in Australia over the last two decades have highlighted concerns that children in some Aboriginal and Torres Strait Islander communities are at high risk of experiencing abuse and neglect (Anderson & Wild, 2007; Atkinson, 1990; Gordon et al., 2002; Memmott, Stacy, Chambers, & Keys, 2001; Northern Territory Government, 2010; Robertson, 2000). Responding to the entrenched social and economic factors that contribute to the over-representation of Aboriginal and Torres Strait Islander children in statutory care and protection services is a critical challenge recognised by Australian state, territory and Commonwealth governments (Bromfield & Holzer, 2008).

The *National Framework for Protecting Australia's Children 2009-2020* (Council of Australian Government, 2009) aims to reduce child maltreatment and improve child protection responses for all Australian children but also makes specific mention of the needs of Aboriginal and Torres Strait Islander children. The Framework takes a public health approach to improving outcomes for Aboriginal and Torres Strait Islander children through addressing issues of disadvantage, recognising and promoting family, community and cultural strengths and community-wide strategies to address specific risk factors like alcohol or substance abuse and/or domestic violence.

References

- Aboriginal Child Sexual Assault Taskforce. (2006). *Breaking the silence: Creating the future. Addressing child sexual assault in Aboriginal communities in NSW*. Sydney: NSW Attorney General's Department.
- Anderson, P., & Wild, R. (2007). *Ampe akelyernemane meke mekarle – Little children are sacred. Report of the Northern Territory Board of Inquiry into the Protection of Aboriginal Children from Sexual Abuse*. Darwin: Northern Territory Government.

- Atkinson, J. (1990). Violence against Aboriginal women. Reconstitution of community law – the way forward. *Aboriginal Law Bulletin*, 2(46), 6-9.
- Atkinson, J. (2002). *Trauma trails, recreating song lines: The transgenerational effects of trauma in Indigenous Australia*. North Melbourne: Spinifex Press.
- Australian Institute of Health and Welfare. (2012). *Child protection Australia 2010-11*. Canberra, ACT: AIHW.
- Australian Institute of Health and Welfare. (2013). *Child protection Australia 2011-12*. Canberra, ACT: AIHW.
- Australian Institute of Health and Welfare. (2014). *Child protection Australia 2012-13*. Canberra, ACT: AIHW.
- Bromfield, L. M., & Higgins, D. J. (2004). The limitations of using statutory child protection data for research into child maltreatment. *Australian Social Work*, 57(1), 19-30.
- Bromfield, L. M., Higgins, J. R., Higgins, D. J., & Richardson, N. (2007). Why is there a shortage of Aboriginal and Torres Strait Islander carers? (Promising Practices in Out-of-Home Care for Aboriginal and Torres Strait Islander Carers and Young People: Strengths and Barriers. Paper 1). Melbourne: Australian Institute of Family Studies.
- Bromfield, L. M., & Holzer, P. J. (2008). *Protecting Australian children: Analysis of challenges and strategic directions*. Retrieved from <www.aifs.gov.au/nch/pubs/reports/cdsmac/protecting.pdf>.
- Calma, T. (2008). *Social justice report 2007*. Sydney: Human Rights and Equal Opportunities Commission.
- Cripps, K., & McGlade, H. (2008). Indigenous family violence and sexual abuse: Considering pathways forward. *Journal of Family Studies*, 14(2-3), 240-253.
- Council of Australian Governments. (2009). *Protecting children is everyone's business: National framework for protecting Australia's children 2009-2020*. Retrieved from <www.fahcsia.gov.au/our-responsibilities/families-and-children/publications-articles/protecting-children-is-everyones-business>.
- Dawe, S., Harnett, P., & Frye, S. (2008). Improving outcomes for children living in families with parental substance misuse: What do we know and what should we do? (Child Abuse Prevention Issues No. 29). Retrieved from <www.aifs.gov.au/nch/pubs/issues/issues29/issues29.html>.
- Gordon, S. (2006). Cultural conceptualisation of child abuse and responses to it: An Aboriginal perspective. *Social Policy Journal of New Zealand*, 28, 18-35.
- Gordon, S., Hallahan, K., & Henry, D. (2002). *Putting the picture together: Inquiry into Response by Government Agencies to Complaints of Family Violence and Child Abuse in Aboriginal Communities*. Western Australia: Department of Premier and Cabinet.
- Human Rights and Equal Opportunity Commission. (1997). *Bringing Them Home. Report of the National Inquiry into the Separation of Aboriginal and Torres Strait Islander Children from Their Families*. Sydney: HREOC
- Lievore, D. (2003). *Non-reporting and hidden recording of sexual assault: An international review*. Report prepared by the Australian Institute of Criminology for the Commonwealth Office of the Status of Women. Canberra: Commonwealth of Australia.
- Lock, J. (1997). *The Aboriginal Child Placement Principle*. Sydney, NSW: New South Wales Law Reform Commission.
- Memmott, P., Stacy, R., Chambers, C., & Keys, C. (2001). *Violence in Indigenous Communities*. Canberra: Commonwealth of Australia.
- Northern Territory Government. (2010). *Growing them strong, together: Promoting the safety and wellbeing of the Northern Territory's children. Summary report of the board of inquiry into the child protection system in the Northern Territory 2010*. Darwin: Northern Territory Government.

- Osborn, A., Panozzo, S., Richardson, N., & Bromfield, L. M. (2007). Foster families (Research Brief No. 4). Retrieved from <www.aifs.gov.au/nch/pubs/brief/rb4/rb4.html>.
- Pink, B., & Allbon, P. (2008). The health and welfare of Australia's Aboriginal and Torres Strait Islander peoples 2008. Canberra: Australian Bureau of Statistics.
- Robertson, B. (2000). The Aboriginal and Torres Strait Islander Women's Task Force on Violence Report. Brisbane: Queensland Department of Aboriginal and Torres Strait Islander Policy and Development.
- Scott, D. A., & Higgins, D. J. (2011). Supporting families in Northern Territory Emergency Response: Evaluation report 2011. Canberra: Department of Families Housing, Community Services and Indigenous Affairs.
- Silburn, S. R., Zubrick, S. R., Lawrence, D. M., Mitrou, G. G., DeMaio, J. A., Blair, E. et al. (2006). The intergenerational effects of forced separation on the social and emotional wellbeing of Aboriginal children and young people. *Family Matters*, 75, 10-17.
- Stanley, J., Tomison, A. M., & Pocock, J. (2003). Child abuse and neglect in Indigenous Australian communities (Child Abuse Prevention Issues No. 19). Retrieved from <www.aifs.gov.au/nch/pubs/issues/issues19/issues19.html>.
- Steering Committee for the Review of Government Service Provision. (2007). Overcoming Indigenous disadvantage: Key indicators 2007 report. Canberra: Productivity Commission.
- Steering Committee for the Review of Government Service Provision. (2009). Overcoming Indigenous disadvantage: Key indicators 2009 report. Canberra: Productivity Commission.
- Steering Committee for the Review of Government Service Provision. (2011). Overcoming Indigenous disadvantage: Key indicators 2011 report. Canberra: Productivity Commission.

1 The terms Aboriginal and Torres Strait Islander and non-Indigenous are used throughout this paper. This reflects the use of these terms in the source publications.

2 For a more in-depth discussion of out-of-home care for all Australian children see [Children in Care](#).

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Violence is never Justified



Ask the Australian Aboriginal Peoples involved (and any community anywhere in the world):

This is the beginning and paramount from what I can see, no one does it; or if they do, not to any real depth or with any real sympathetic understanding. So bringing the Aboriginal community together and asking them: How do you want to live? What would you like? And starting there. And with the understanding that they don't have to try and get 'back to the old ways', to start with them right now in this moment, and what would you like to make you feel better about yourself, your living environment and the community?

This is indicative of their history:

Stone and natural glass tools

Aboriginal stone tools.

Aboriginal stone tools were highly sophisticated in their range and uses. Stone and natural glass were fashioned into chisels, saws, knives, axes and spearheads. Stone tools were used for hunting,

carrying food, for making ochre, nets, clothing, baskets and more.

Australian Aboriginal people are thought to be one of the first to use stone tools to



grind seeds, and the first to create ground edges on stone tools. They could grind a precision edge from stone that was as sharp as any metal blade found in England in 1788.



Kangaroo grass seeds were ground into flour and used to make bread for many thousands of years gone by.

Kangaroo grass is a prolific seeder and unlike grasses introduced by European settlers, is deep-rooted and perennial, so it doesn't need to be resown every year. Growing up to 1.5 m tall, kangaroo grass is a tall, drought-tolerant grass that can grow in full sun to partial shade, in sandy or clay soil, and doesn't need a lot of water once it has established.



Weirs and fish traps

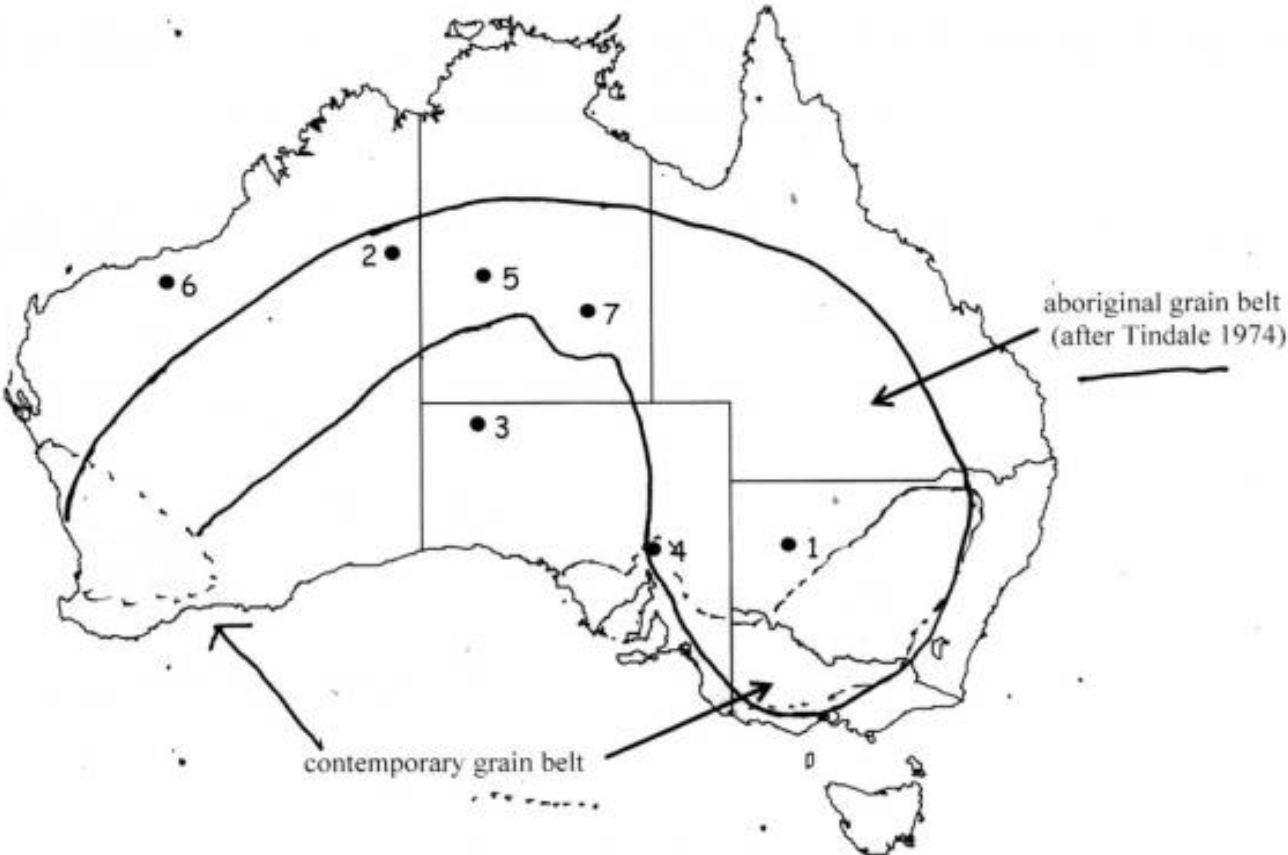
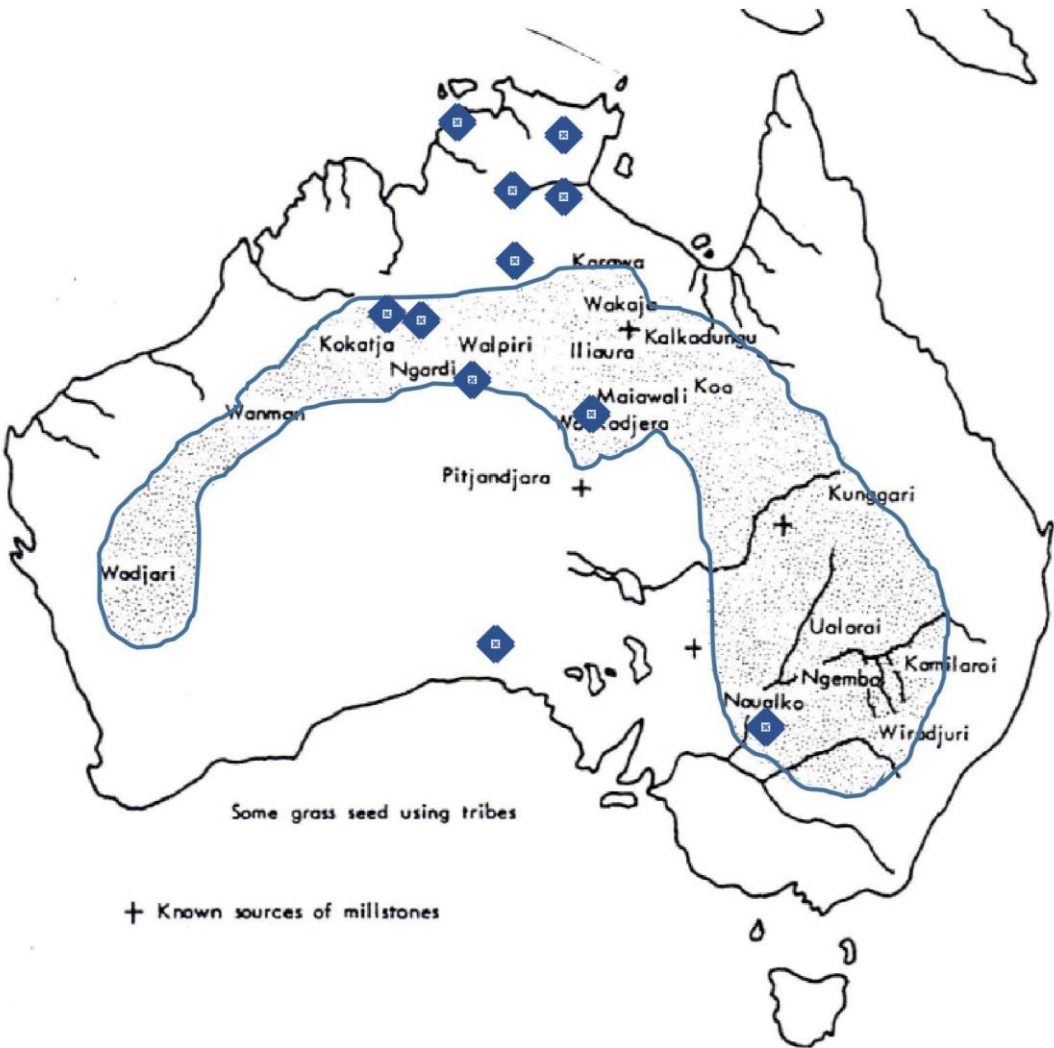
Aboriginal people demonstrated a sophisticated understanding of engineering, physics and aquaculture in the design of elaborate stone fish traps in New South Wales (NSW), and the 100 sq.km eel farm at Lake Condah in Victoria (VIC). They made these fish farms by creating complex systems of canals, linked weirs and ponds out of river stones. Lake Condah shows evidence of a very large, settled community that harvested and smoked eels to trade. Some of Australia's Aboriginal fish traps are thought to be up to 40,000 years old. They may be some of the oldest surviving human-made structures in the world.



The Aboriginal use of fire is incredible as are their understandings of bush foods.

Gunyah houses built by Australian Aboriginals





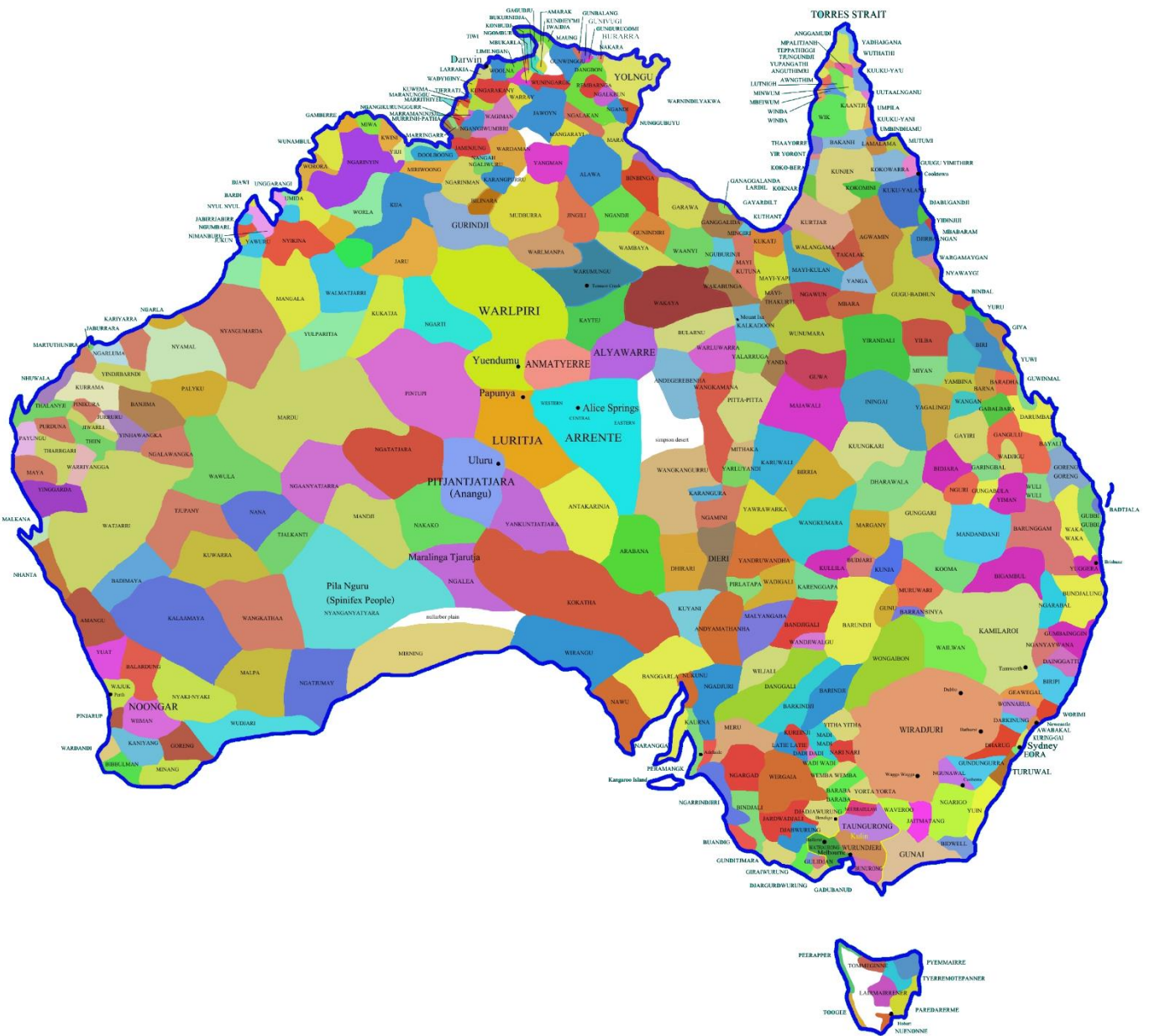
Australia Aboriginal nations and languages

Using the published resources available at that time, the map attempts to represent all the language or tribal or nation groups of the indigenous people of Australia.

The population was split into 250 individual nations, many of which were in alliance with one another, and within each nation there existed separate, often related clans, from as few as 5 or 6 to as many as 30 or 40. Each nation had its own language, and a few had several.

Or there could be about 500 different Aboriginal peoples in Australia, each with their own language and territory and usually made up of a large number of separate clans.

Today, there are 250 distinct Aboriginal language groups spread throughout Australia.



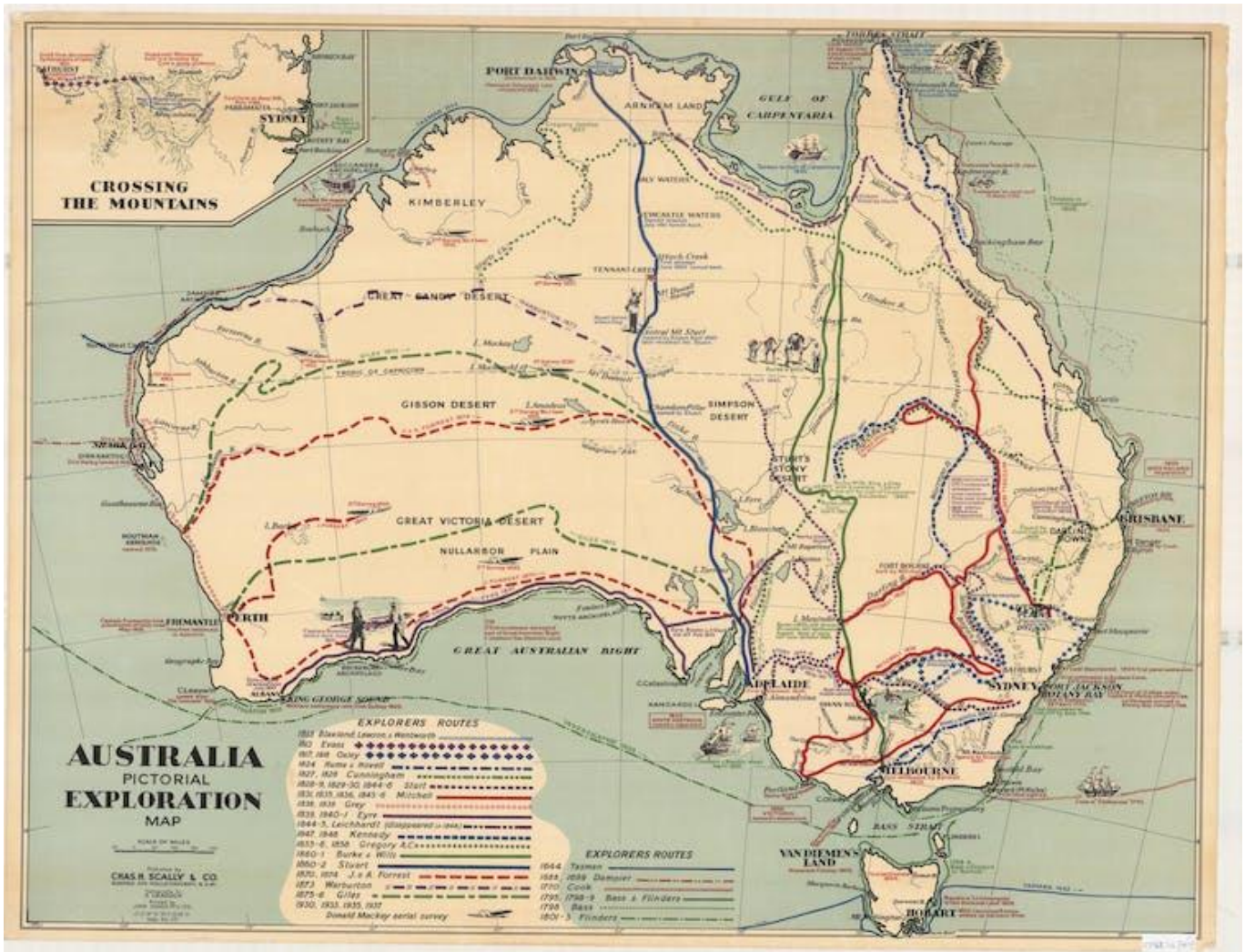
Australia Aboriginal pathways well-trodden

<https://theconversation.com/we-mapped-the-super-highways-the-first-australians-used-to-cross-the-ancient-land-154263>

These super-highways might have been more than just routes used for the initial peopling of Sahul.

Several of the super-highways our models identified echo well-documented Aboriginal trade routes criss-crossing the country. This includes Cape York to South Australia via Birdsville in the trade of pituri native tobacco, and the trade of Kimberley [baler shell](#) into central Australia.

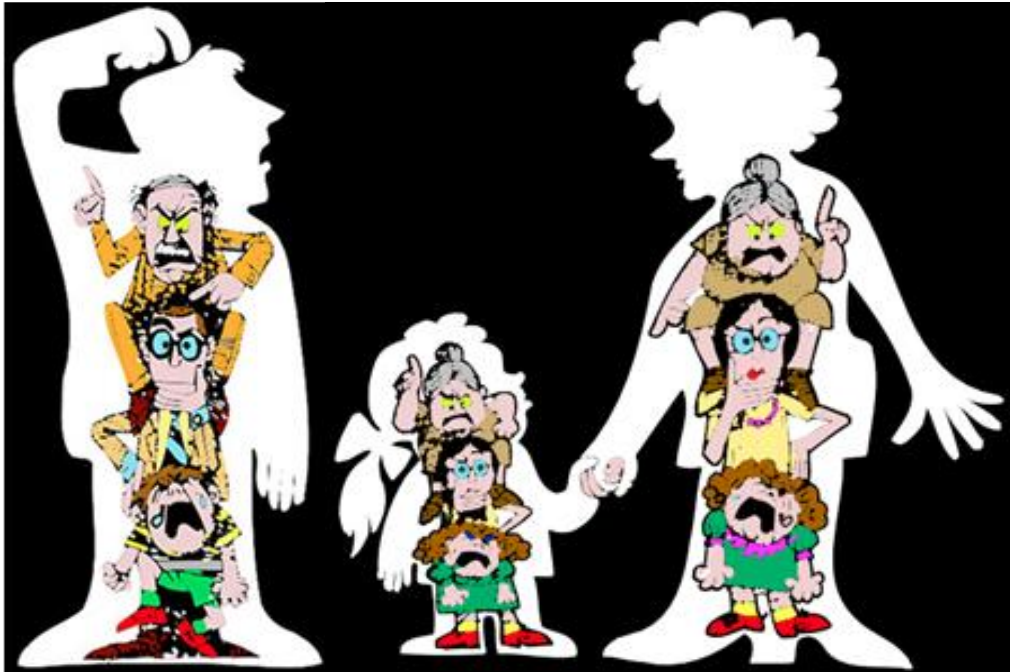
There are also striking similarities between our map of super-highways and the most common trading and stock routes used by early Europeans. They followed already well-known routes established by Aboriginal peoples.



Early routes of European explorers in Australia. Courtesy of Universal Publishers Pty Ltd

These Aboriginal exchange routes and the relatively recent trade routes of early Europeans cannot be used directly to validate a map from tens of thousands of years ago. But there are strong similarities that might suggest an extraordinary persistence of routes across the entire time period of human occupation of Australia.

From this:



To this:

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision

DOMESTIC VIOLENCE and CHILD ABUSE is WORLDWIDE:

The central idea of the safe homes will be to provide immediate shelter to women and child victims. Each home is designed to house six women and children and will be equipped with air conditioning, beds, bathrooms and kitchens. The women will be allowed to stay for a period around one month, or as long as deemed appropriate. Women who want to be sheltered will generally need to apply first.

The locations of the safe homes, typically, are not to be disclosed to third parties so as to ensure the safety and protection of victims. Social workers at the safe homes provide the women with counselling and assistance. It is estimated that about 1,000 people will benefit from each facility.

"Some women victims have been beaten to death or are now physically disabled because they did not have a place to run to," said the chief of the Zhongshan Yiqun Social Work Service Centre. He added that the centre will raise anti-domestic violence awareness among local women and encourage other social work service centres and women's community groups to focus on bringing about solutions.

A 2012 survey by the All-China Women's Federation (ACWF) showed that domestic violence happened in 30 percent of the 270 million Chinese families polled, with over 85% of the sufferers being women and 100,000 families in China being destroyed by it each year.

Most victims of domestic violence suffer in silence, with 30.6% of them thinking that seeking help will be of no use and that they should solve the issue themselves. Almost 30% believe that domestic violence should be kept a private matter.

Aside from husband-on-wife domestic violence, child abuse is also common, as are child deaths caused by parental domestic violence. Cases involving elderly victims are also increasing.

**PASCAS
HEALTH**



**PASCAS
PERS**

**Feeling
Healing with
Divine Love is
the key!**



CRITICAL NATURE of CHILD ABUSE and DOMESTIC VIOLENCE:

Page 5 Gold Coast Bulletin, 5 February 2015

Domestic Violence Crisis – Braving Dangers on Duty

They (police) knock on the door, responding to a call from a neighbour who heard children crying, a woman screaming and wall being punched.

The officers know that what comes next will be volatile at best, deadly at worst.

To the man inside, they're entering his house – interfering in "his business".

However it is a slowly changing shift in this belief – an increasing knowledge that family violence is everybody's business – that means calls to an incident are more likely to come from someone outside the home.

"People aren't willing to look the other way any more", said Acting Superintendent Bruce Kuhn, who oversees all police involvement with domestic violence on the Gold Coast.

Gold Coast police attend 500-600 domestic incidents every month (population 535,000).

Southport Magistrates Court has the runaway highest number of domestic violence orders made in the State of Queensland, Australia, with 3,399 granted 2013-14.

Almost half of all homicides committed in Queensland are domestic.

As the region's domestic and family violence co-ordinator, Sergeant Debbie Phillips is responsible for making sure police do all they can to keep everyone of these threatened people safe.

She said the city's approach, which worked directly with support services and government agencies, was the best model available but was still under constant review.

"We're not going to stomp it out, but it's good to believe that we could," she said.

"We like to think that all domestic homicides are preventable homicides."

As well as being a huge part of police work, domestic incidents are also the most dangerous – more police are killed attending them than any other type of offence.

"Often, if people are having issues with their family or their partner, they really don't think they have anything to lose," Sgt Phillips said.

"Often they don't care that we're there.


"They say 'shoot me, shoot me' – that's very confronting for officers."



SELF CENTRED ACTIONS and AGGRESSION HAS CONSEQUENCES:

Any action that causes harm to one's self, or to another, degrades your soul condition. Your soul being your real self.



We may have a big powerful physical body, but our real strength is the condition of our soul. Should we assert our unloving nature and desires, then our soul's radiance and energy is progressively degraded. This can extend to the point where our soul's radiance is nothing more than that of a dried up darkened garden pea. 

Our soul condition is reflected through our spirit body for all to see. Upon entering the spirit world, into the 1st sphere, a healthy loving soul will be reflecting out through a spirit body the same size as that of the physical body whose personality has now separated from that body.

A degraded soul results in a significant diminishment of the size of the spirit body. The poorer the condition the smaller the spirit body – significantly smaller. Further, there is little to no radiance, therefore, little to no light. There is greatly diminished capability in all aspects of spirit life and a great loss of the capability to move about.

In this condition, one is isolated into a very lonely dark environment to begin the long process of recovery and development of love for one's self and for all those around them.

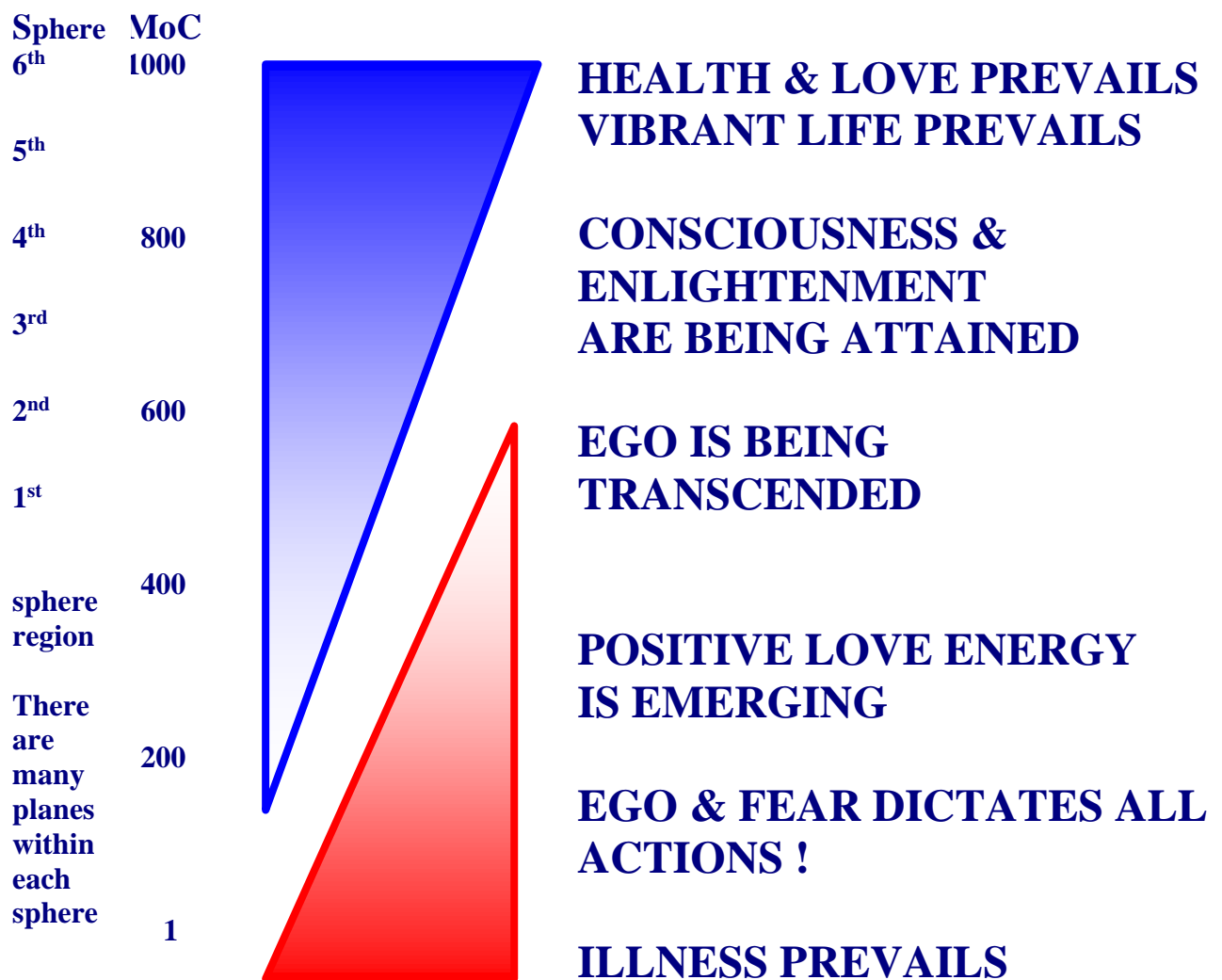
One is always being loved, and help is always available, one just has to learn to accept this offer of love.

One can always recover and grow in love from what ever condition they may find themselves in.



“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

BIOLOGICAL RACE and HUMAN DIVERSITY:

Heritable race seems as obvious as the colour of one's skin and the texture of their hair. A troublesome inheritance is often considered to be related to genes, race and human history.

Individuals commonly look upon themselves as being the physical body. Thus they polarise their existence upon their family culture and history. At the same time they tend to look at outsiders who may be distinctly different in colour, appearance, religious embracement and culture as being unacceptable.

We are not our physical body. And we are not of the nature and personality that our biological parents are. We each are a unique and beautiful soul connected via cords of light to our spirit body that is the template of the physical body that comes about by the commingling of the life forces of the body's physical parents. We are attracted to the newly forming embryo. Each and every one of us could have been drawn to be individualised into any family on the planet. We are individuals who commence our self awareness at the time of conception of the physical body of a baby as it commences its short life.



By being attracted to a specific race, culture and that family's religion does not make us any different to anyone else, other than the view we take on board for our physical life's journey. Think of how you would like to be treated. Then treat all other people the same way. Progress in love by developing loving kindness toward one's self, then to a good friend, then to a neutral person, then to a difficult person, and finally toward the entire universe of life!



From the moment of conception / incarnation we absorb the emotions of those within our environment, mostly those of our parents. By the time we are around seven years of age we will most likely reflect the emotional structure / soul condition of one or the other parent. Thus, generation after generation remain within the same soul condition envelope. Our gene structure reflects one's emotional and soul condition. Should we grow in love then genes will adjust to reflect this evolutionary development.

When the environment is one of anger, fear, apathy or such like, then the blaming on of outside circumstances is resorted to. Thus, generation after generation may blame outside circumstances and others for their unsatisfactory life predicaments, when it is of their own making.



Like Father – Like Son



Like Mother – Like Daughter

As individuals within family environments step away from the norms of the family and develop their love of self and the love for others then a shift away from generational patterns is achievable. This can be on significant scales, such as when whole communities embrace love and move into higher levels of soul condition. This can see positive major shifts in the social environment within communities. Educational systems may find students performing better, health systems may have less taxing demands on services, and policing services may have less call on their workforce. All in all, the prosperity of the community grows.

The greatest joy within observing such a development is that old grievances that have been handed down from generation to generation can and are put aside and more constructive agendas then dominate discussion.



GENERATIONAL ENTRAPMENT:

Each generation treats their children the same way as their own parents treated them. It is like a never ending spinning of the wheels. The norms that our parents infused upon us are what we in turn did to our children. For some two thousand years, humanity has not evolved in love any further than what was achieved during the first century. We have repeated the cycle time and time again.

While we continue to allow our mind to dominate our way of living we are frozen in our development. Only when we allow our feelings to be our expression in living, we cannot learn the gifts of love that are continually put before us. Our children are our great teachers, however, we suppress and imprison them into our beliefs and way of expression. We teach them to shut down their feelings. This shut down of emotional expression is the strangling of toxic energies that later express themselves as pain and then illness in the physical body. This is how family generational illnesses come about.

Man has created numerous spiritual practices and religions on the same premise. These make us feel good, however they also shut down the expression of emotions and close out our feelings. It is allowing the feelings generated by one's soul that the truth of all there is to be embraced becomes available. Our religions all have some truth that is beautiful and beneficial, however they all enslave us further to our mind's control. No religion will take us to the heights that our soul expression will bring about.

Religious organisations have entered communities and brought about a moderate growth in love within such community only to find that no further growth occurs. These religious spinning wheel of norms simply adds to the traditional family practices and the communities social issues continue with a firmer entrenchment into mind controlled stagnation. There are no exceptions. All religions are mind based control entities and practices.

It is only upon enabling people to embrace the expression of their emotions that real truth will begin to unfold for each individual, one by one, all being soul based truths emerging.

By longing for the truth of one's self as you accept, express and seek the truth of one's feelings, you are doing all you can so far as longing to live God's Will. That *is* your longing if you like. All one really need do are two things: Long for the Truth of one's soul, which is really the truth of yourself. And to actualise or realise this longing, you can do be accepting and expressing your feelings. And that will bring one back into a state of natural love perfection as one does their healing. And then, as the Divine Love is available to you, long for your Father's Divine Love.

Our feelings are to lead the way, they being our expression of living true to ourself and so living true to God, for as we live true to ourself we are living true to God, it can't be any other way. However we also have a mind, with which we can understand our feelings – why we are having them and what they are showing us; and we can also use it in a negative or rebellious way to control our feelings, so become untrue to ourselves and untrue to God. However our mind is meant to act in support of our feelings and not in control of them; our feelings are first then our mind follows, and NOT the other way around.

All we have to do is stay true to our feelings. It's so much better accepting and expressing one's bad feelings instead of working so hard to deny them. It is the expressing all one's repressed feelings out of one's self and the uncovering the truth of them that is truly helping you.

THE DILEMMA ?

The major religions have not recognised the teachings gifted to all of us commencing 31 May 1914 and ongoing. Their congregations are not aware of the greatest gift in the universe being available for them to receive. Creeds, doctrine and dogmas govern rather than the Truths of Feeling Healing with Divine Love.



Traditional religious institutions persist in 'hiding their heads in the sand' by intellectualising ancient traditions and teachings that contain errors and assumptions causing a continuance in ways that are arduous and have limited benefits towards enabling man to perfect himself, rather than achieving a growth that is exponential and unlimited through the embracement of the great gift of our Heavenly Parents' Divine Love energy. Admittedly, it is a most difficult and traumatic experience to step away and progress above such long held beliefs that have been dedicated to, however, the harm resulting from withholding the knowledge will have to be compensated for. We may ignore, then deny, then defer; holding the doors closed for the great majority of the world's population without providing them with the pathway and option of receiving Mother and Father's Love. However, the Feeling Healing with Divine Love is so inclusive that everyone, with all their beliefs, can begin receiving this Love and what then gradually happens is that any erroneous belief dissolves with one's gradual acceptance of their soul life.

Ignore → Deny → Defer
or Embrace and share the Knowing!



WE ARE SO HAPPY TO KNOW THAT PEOPLE OF ALL RELIGIONS & FAITHS CAN DIRECTLY ASK OUR HEAVENLY PARENTS FOR THEIR DIVINE LOVE AND RECEIVE IT.

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

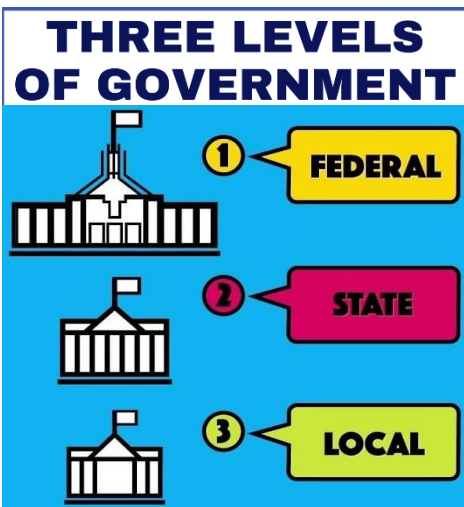
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

BUT THERE ARE FURTHER LAYERS OF CONTROL!



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

Instead of assisting their people, governments at all levels impose restrictions and controls.

The same people who 'elect' the members of parliament do not realise that the 'nominees' are often puppets of hidden controllers.

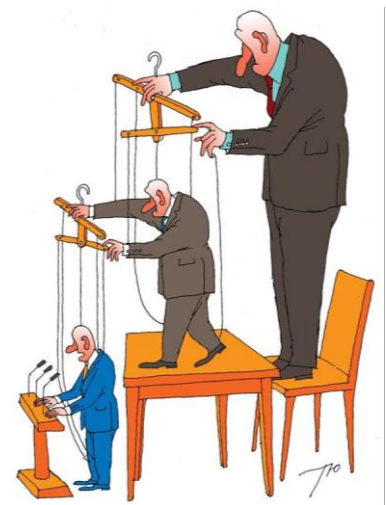
GOVERNMENT
 Derived from the Latin verb **Guverno, Guvernare** meaning **"To Control"** & the Latin noun **Mens, Mentis** meaning **"Mind"**
To Control The Mind

HIDDEN CONTROLLERS



'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term),

who are in turn are manipulated by 12 (long term) families. All of this is managed and imposed by global secret society networks under the direction of the 12 long term families and their chairman.



celestial Friends

CONTROL DISRUPT

Since 31 May 1914, Celestials have been progressively introducing high level truths to humanity that have been prevented from sharing for thousands of years. From 31 January 2018, Celestials have been disrupting the hidden controllers on Earth and slowly bringing about their manipulation and suppression of Earth's humanity.

Negative Spirit Influence blocked
 22 March 2017
 Law of Compensation quickening
 22 May 2017



Rebellion and Default officially ended
 31 January 2018
 Great U-Turn now ready for mobilisation
 22 July 2023

DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

No more of this! We can escape this man made hell!



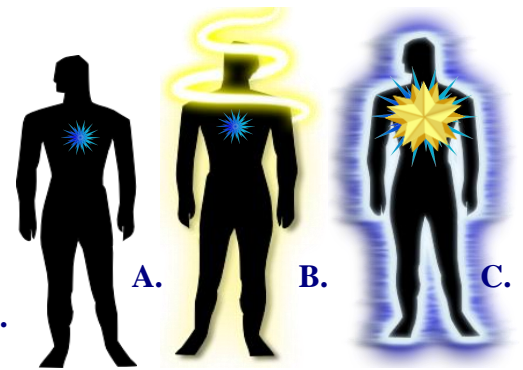
EVOLUTION

STEP 1: Longing for and receiving Divine Love:

A. Soul within spirit body prior to receiving Divine Love.

B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.

C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



STEP 2: FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: **Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



**Feeling
Healing with
Divine Love is
the key!**



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

FEELING HEALING and SOUL HEALING:

The soul is that indefinable part of yourself. It's that part you can sense, soul-perceive within you, but you don't actually know where. And it's not centred in nor is it part of the mind as some people think. Your soul is separate to all of yourself, that is all the parts or attributes of your personality that are being expressed continuously by it in Creation. Separate and yet inextricably linked to you by light.



Our soul contains the pattern of all we are, all we have been and all we'll ever be. Nothing enters it or leaves it save for light and the Divine Love of God, which is also a Light. Soul-light comes forth from the soul in accordance with its pattern, this light interacting with Creational light on the will level first then moving outward expressing all the aspects of yourself – your personality you need to live life with. As you express yourself, and that's every part of yourself, all physical, spiritual and all in between, so you are generating an experiential light, which then goes back into your soul via your will, which in turn then causes your soul to express the next part of its pattern, and so it goes, as you're evolved into being by your soul.



Our soul absorbs the environment around it, commencing from conception. Thus our pristine soul becomes progressively contaminated by the injuries and erroneous beliefs of its parents. The harm becomes most apparent during our later forming years, that is, during our adolescence.

Should we become aware of feeling our childhood injuries and begin healing ourselves, we can slowly remove the encrustments from our soul, such encrustments stifling our real personality. Thus we can start to revitalise our personality and allow our real self, our soul to blossom and dominate our humanness. Our parents, unknowingly, stifle and suffocate our will, our capability to express one's self.



Feeling healing is the pathway to begin to live fully expressing one's true personality. This can be a slow painful process of revisiting the truth of the unloving environment that actually prevails during our childhood years.

By fully embracing our memories of injuries we endured and also expressing these to our soul Parents whilst longing for, asking for and receiving the Divine Love, we will reinvigorate our soul's potential to truly love and experience life to its full potential, with one's soul growing in truth.



WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



FEELING HEALING is to LIBERATE OUR TRUE SELVES:

One's soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within one's self and the truth of that feeling will progressively unfold.

Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. One can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.

Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.

Beliefs become Faith, but when we experience it, then it becomes Knowing. And it is in reaching the Knowing that one becomes perfected in that aspect of who and what we are.

When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we could be like them.

Childhood repression encrust our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to feel for the truth of all of our feelings, good and bad.

MIND



SOUL



Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.
It embraces all people.
It completely unifies the world.



Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way

**Great
U-Turn**



my
House is your
Paradise
 **HOME**

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

Steps UP!

Quantum Jump 1



REVELATION 1

James Padgett

1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2

Marion and James Moncrief

2002

– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked

22 March 2017

Law of Compensation
quickenning

22 May 2017

Rebellion and Default
officially ended

31 January 2018



END to the REBELLION and DEFAULT – 31 January 2018:

31 January 2018: Nanna Beth, 3rd Celestial Heaven: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now 'Ours'. It's been a long time coming, but it's a huge milestone and marks a tangible and real end to the Rebellion and Default. It's one of a number of 'End's' that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we've told you, basically calling the shots still happy to ignorantly carry out C&D's plans. But now with our systematic and progressive take over, we're now in complete control.

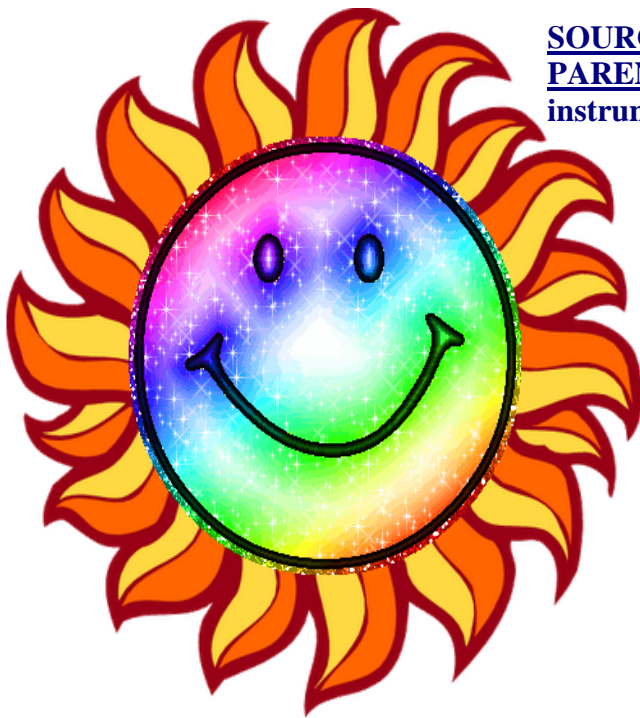
And what that means is we have our fingers in every pie and we're on the case so far as what everyone is doing. However it doesn't mean we're taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it's unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it's another end of things and beginning of the new. And it's basically what we've been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it's been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity's got a real tangible safety-net under it now, so no more 'downside risk', it all being to move it toward doing its Healing.

I'll speak again soon – love Nanna Beth.





SOURCE SOUL, our HEAVENLY PARENTS, have any number of spirit instruments assisting at any time.

Holy Spirit
'Divine Love'



Spirit of Truth
Truth also conveyed through your Indwelling Spirit



SOURCE SOUL



Holy Spirit



Divine Love is conveyed on request to your spirit body and absorbed through to the soul, resulting in the ambiance of the spirit body growing.



**INDWELLING SPIRIT, THOUGHT ADJUSTER,
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

Our Heavenly Mother and Father simply desire for us to ask for Their Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS by embracing Feeling Healing with the Divine Love.



Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

“Every day is a day of devotion.”

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother – Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



PRAYER for DIVINE LOVE: library download pages at www.pascashealth.com
Kindly visit the library download pages at www.pascashealth.com as further recordings are added.
 Should you click on the audio files, you will also be able to download the audio file onto your computer.
Prayer for Divine Love – from the Padgett Messages (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>
The Voice of Divine Love (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

"Mother, Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Mother and Father, I want some more of your Love!

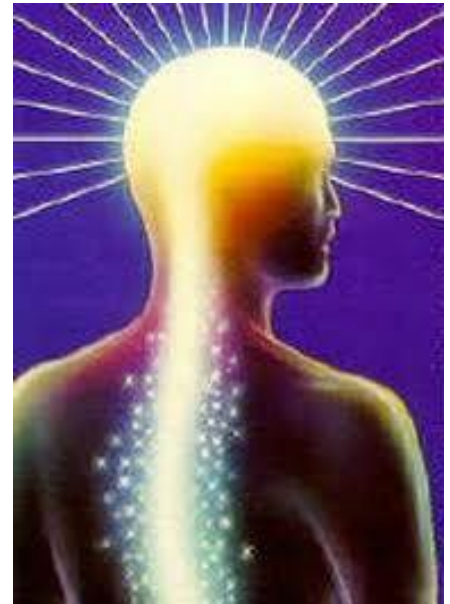
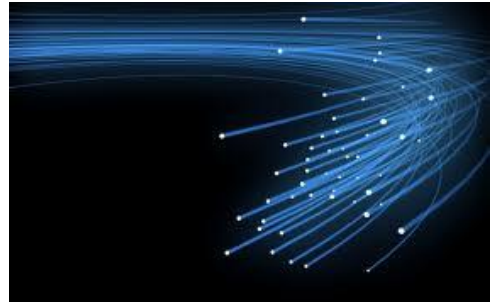
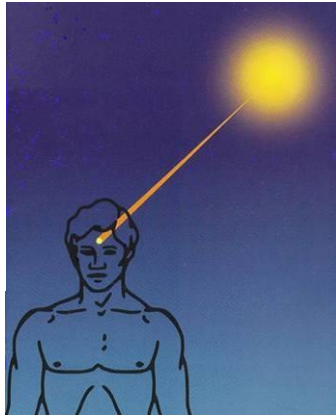


MoC 1,471

CONNECTION with GOD:

**Holy Spirit / the Spirit
infusing Divine Love.**

**Progressive escalation of
Divine Love flowing.**



EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

The Voice of Divine Love

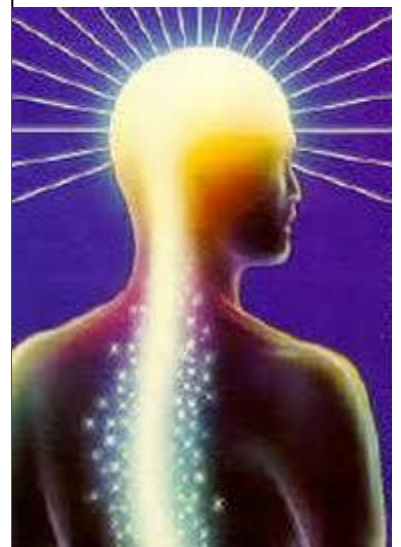
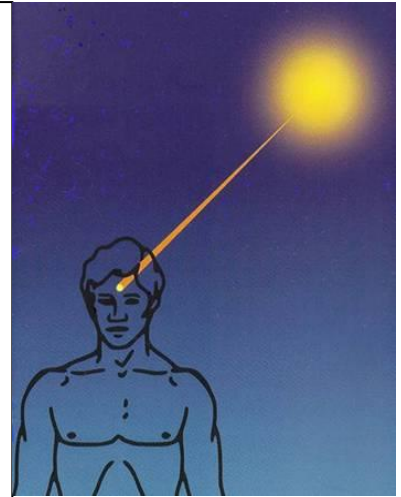
~~~~~

As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Mother and Father to us all.

MoC 1,500



**UNIVERSALITY of our HEAVENLY PARENTS' GIFT:**

**By embracing the eleventh commandment:**

**"This is my commandment, that ye love one another even as I have loved you."**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**Our soul condition steadily grows in love so that we step away from:**

**Any harm that we may cause to others which will also bring about consequences.**

**Also as our soul development progresses, our self love grows which also enables us to step away from:**

**Any self harm that we may cause which also will bring about consequences.**

**And to move along this path we simply develop our embracement of:**

**God's Divine Love; pray for it, ask for it, and receive it.**

**Or it may be even as simple as the caption below:**



**Oliver Twist asked:**

***Please, sir, I want some more!***

**Maybe we could simply ask:**

***Please, Heavenly Parents, I want some more!***

***Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love. JD***

MoC

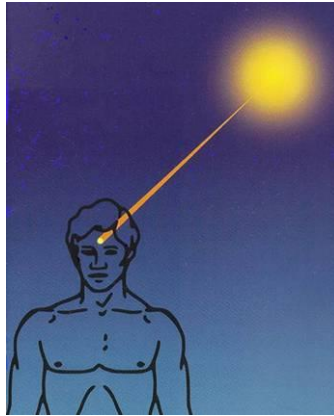


**VISUALISATION with LONGING:**

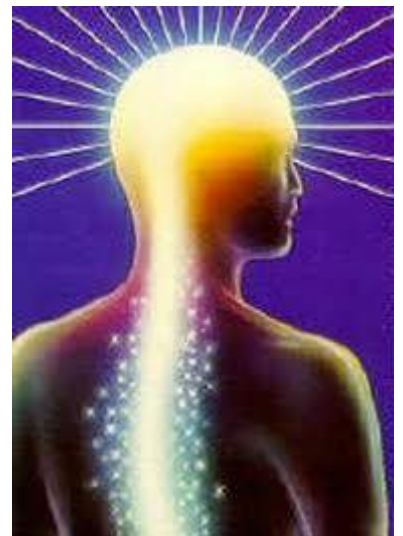
**Holy Spirit infusing Divine Love.**

**Progressive escalation of Divine Love flowing.**

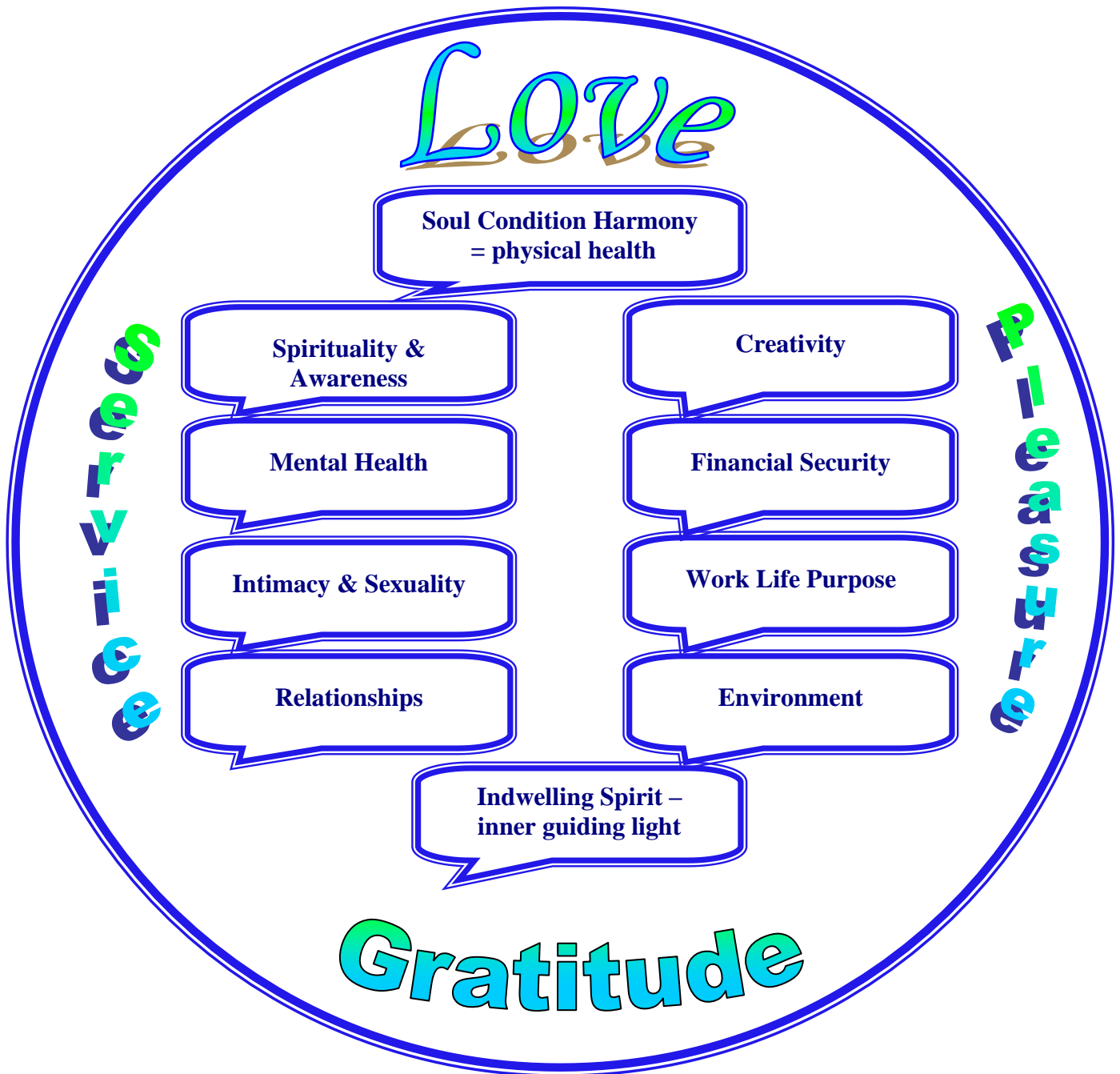
**Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:**



***"Please, Mother and Father, I want some more."***



*Everything is Inter-connected*



**Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



## **Feeling Healing – Healing yourself through your feelings.**

- ✓ **Your feelings are the real and true you.**
- ✓ **If you are denying any feelings you are denying yourself.**
- ✓ **If you are denying yourself you can't ever be truly happy.**
- ✓ **To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.**
- ✓ **If you want to know the truth of yourself, then it's your feelings you will need to look to.**
- ✓ **Your feelings hold the hidden keys to unlocking the truth of who you really are.**
- ✓ **Uncover the truth of yourself through your feelings and you will know why you feel all you do.**
- ✓ **Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.**
- ✓ **Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.**
- ✓ **How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.**
- ✓ **However you will also have to pay attention to all your bad feelings, and this can be very harrowing.**
- ✓ **By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.**
- ✓ **And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.**
- ✓ **It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.**
- ✓ **Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.**
- ✓ **You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.**
- ✓ **And if you wish to do your Healing with God, you can also long for God's Divine Love.**
- ✓ **Feeling Healing – Using your feelings to heal yourself.**

### Manifesto of Divine Love:

1. We love one another as Mary and Jesus, our spiritual parents, love us. And so we seek their Spirits of Truth.
2. Our all loving Heavenly Parents, our Mother and Father, we love and honour at all times.
3. We worship only our Mother and Father, God, and Creator of all things.
4. We treat our Creator's name with respect and love, and earnestly seek Their Divine Love, and at all times pray for It, ask for It, and receive It.
5. We set aside a regular day each week for Sabbath rest and worship of our Heavenly Parents, God, and seek Their Love so that we may grow closer to Their fountain head of Truth and Love.
6. We are to be as we feel, even if it's sinful, but in doing something that is not in alignment with God's Love and Truth will make us feel bad, that is provided we allow ourself to feel our bad feelings, and so we can then use our bad feelings to find out the truth of why we feel bad and why that thing we have done is bad. We embrace our Feeling Healing.
7. We strive to cause no harm to another, nor cause any harm to one's self. We do not do to others what we would not have them to do to us. We treat our fellow human beings and all living things, and the world in general with love, honesty, faithfulness and respect. Violence, at any times, is never justified. Golden Rule: that one must always honour another's will as one honours one's own.
8. At all times in our intimate relationships we strive to express and live true to all our feelings, all so we can use our feelings to uncover the truth they are trying to show. The truth of ourselves, of our relationships, and the truth of everything else, including God.
9. We do not covet or steal anything that does not belong to us. Honesty in all communications, actions, undertakings and activities in all facets of life is our rule of life.
10. In all that we do, we are to be truthful. We are non-judgemental, for none of us have the capacity or authority to judge another. We are always ready to forgive all wrongdoing.
11. We do not desire anything or anyone that does not belong to us. Comparing oneself to others and longing to have what they have leads to errors. We are to be content by focusing on the blessings our Heavenly Parents, who made us in Their soul's image, provides for us.

## ***DIVINE LOVE – what does it do?***

### **Divine Love, which is a substance, progressively:**

**Transforms one's soul from that which is of natural love to that which is Divine**

**As natural love is enhanced with the Parent's Love, we reject our tendency to error**

**Divine Love, our Parent's Love, restrains errors, untruths and emotional stress**

**As we reject the condition to error, we develop our love for our brothers and sisters**

**Divine Love helps one with the discovery of truth through one's soul-feeling healing**

**Our natural intelligence grows, perceptions rise with our soul intelligent feelings**

**As Law of Compensation is resolved, the Love reduces returning to being in error**

**Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant**

**As our faith grows our propensity to undertake one's Feeling Healing strengthens**

**With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake**

**Without the Love we remain self reliant and dependent upon our own will power**

**Only with the Love will our soul condition grow rapidly, all around us also benefit**

**The Love is the only substance that changes the human soul to that which is Divine**

**Only by asking and receiving Love do we become fitted to enter Celestial Heavens**

**Only by asking for and receiving the Divine Love does our soul become immortal.**

**EMBRACING the WILL of our HEAVENLY MOTHER and FATHER:**

**Our Heavenly Parents are almighty, all powerful, infinite, and at all times loving.**

**The love of the Heavenly Parents for their children, woman and man, has been and is always infinite and ever present.**

**As one's faith in our Heavenly Parents evolves, man's love for his Heavenly Parents will have no limit.**

**As man grows in his love, so will man grow in his love for all of God's creations.**

**Approach the Source Soul, the Mother and Father, in reverence, without fear or trepidation, just as a child approaches his earthly parents knowing that open loving arms are extended to receive him at all times.**

**As one grows in his love of the Mother and Father, one becomes to know with certainty that God loves him or her in return, at all times, and that fear is an illusion created by man's mind.**

**By embracing the commandment provided in the 1<sup>st</sup> century, namely the first:**

**"This is my commandment, that ye love one another even as I have loved you."**

**Further, we are to embrace our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Also as our soul development progresses, our self love grows which also enables us to step away from:**

**Any self harm that we may cause which also brings about consequences.**

**And to move along this path we simply develop our embracement of:**

**God's Divine Love; by praying for it, asking for it, and receiving it.**

**Longing for Truth and Divine Love we can embrace the will of the Father and achieve freedom from error and harmful ways, thus finding our way home!**





**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



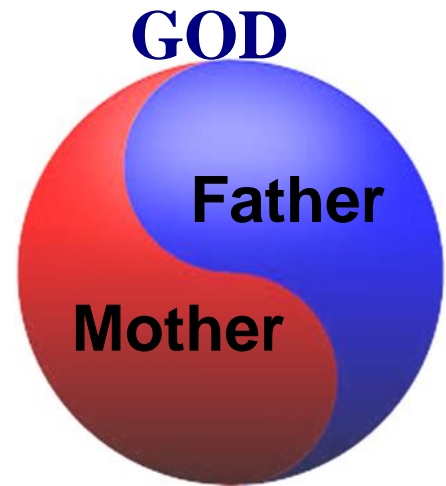
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

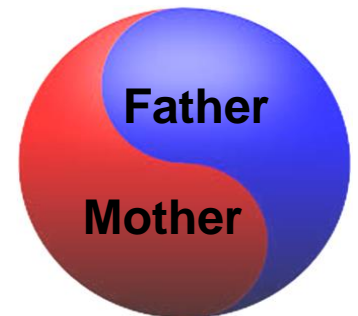
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



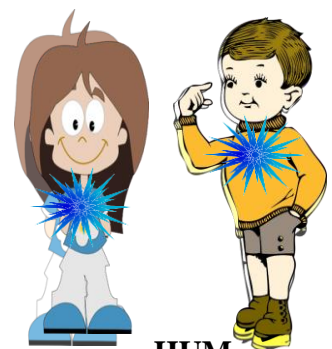
**M&F**



**J&M**



**AVO**

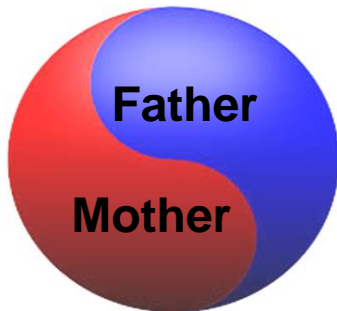


**HUM**

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

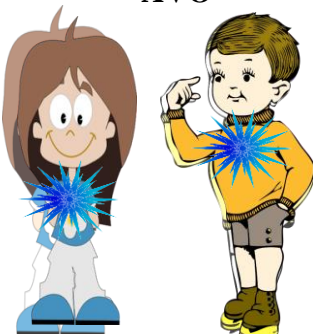
And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

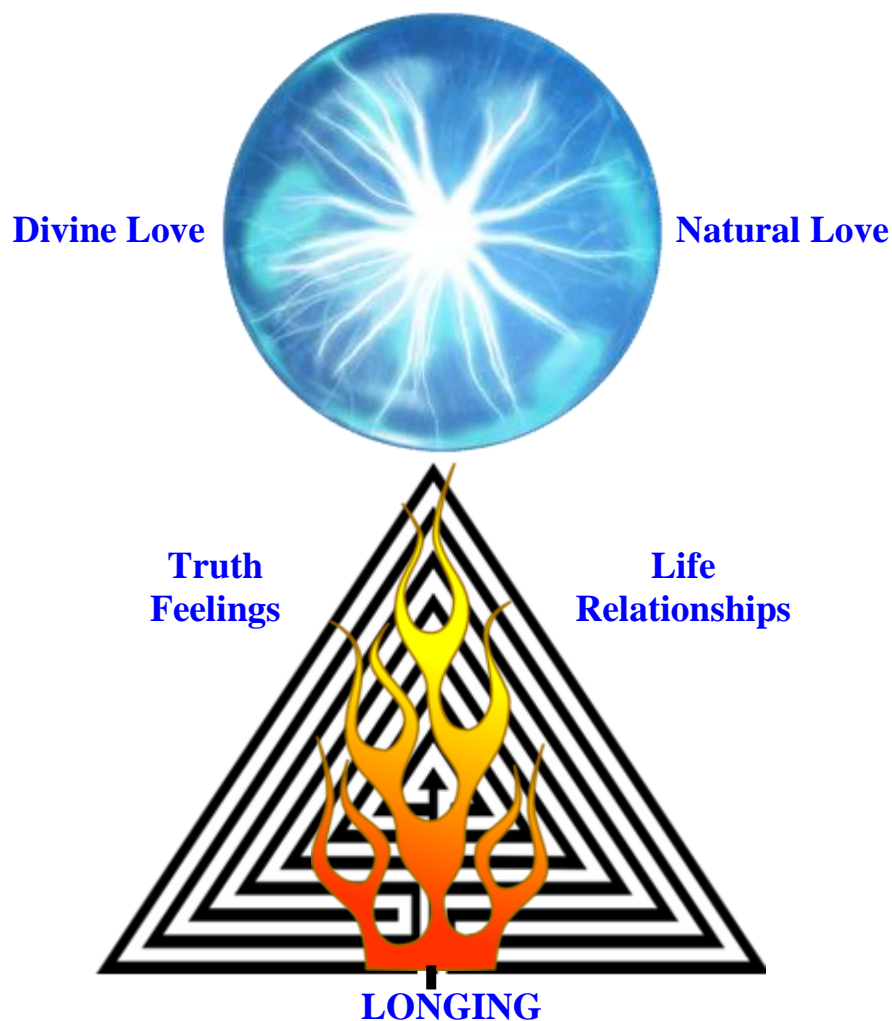
**WE ARE Children of God**



## HOW TO GET TO PARADISE:

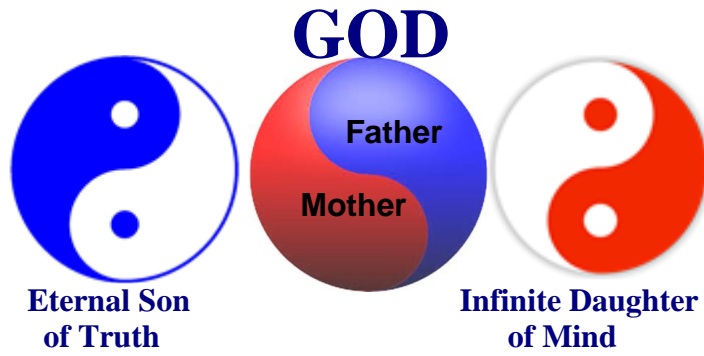
Long for the Divine Love  
 Long for the Truth  
 Long for the truth of your feelings  
 Don't deny any feelings: accept, express and want to know the truth of them  
 Know your feelings are the key; your feelings are the Way  
 Want to end your falseness and being untrue  
 Want to understand the truth of your early life  
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings  
 Want and long to know the whole truth of yourself  
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.





**PARADISE TRINITY:**

- 1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
- 2. **ETERNAL SON (ES) – Divine Truth**
- 3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

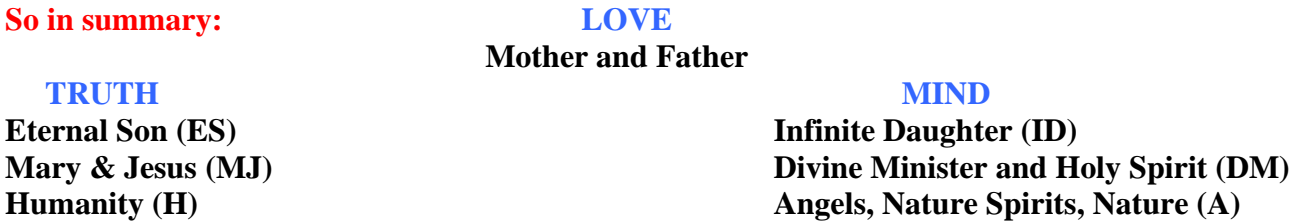
**The LOCAL UNIVERSE TRINITY:**

- 1. **MARY M and JESUS (MF) – Love – the Living Truth**
- 2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
- 3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

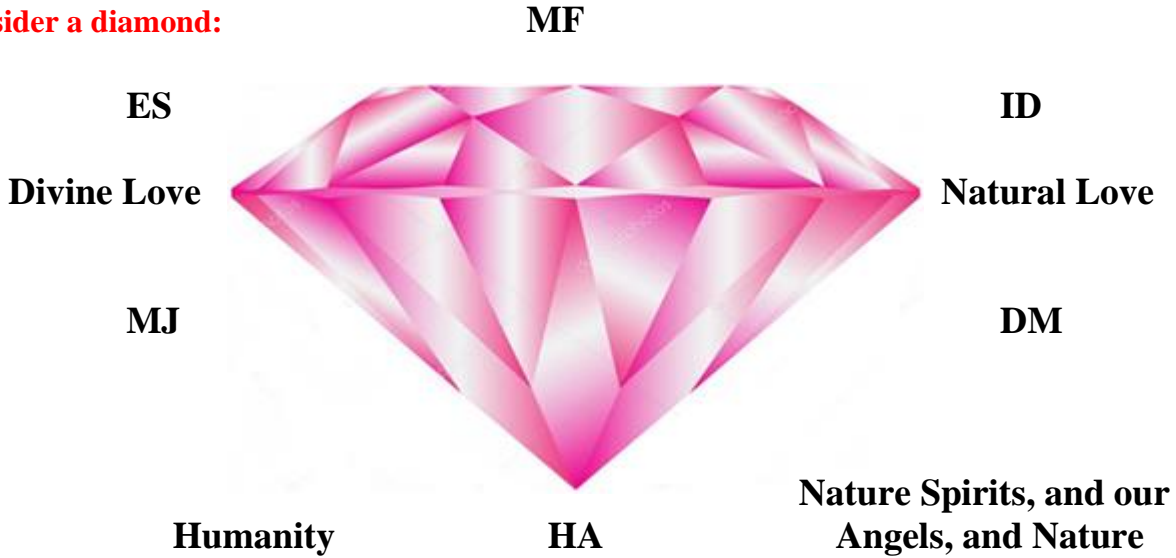
**PLANETS that engage in REBELLION:**

- 1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
- 2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soul partner pairs

Trinity Teachers  
as soul partner pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

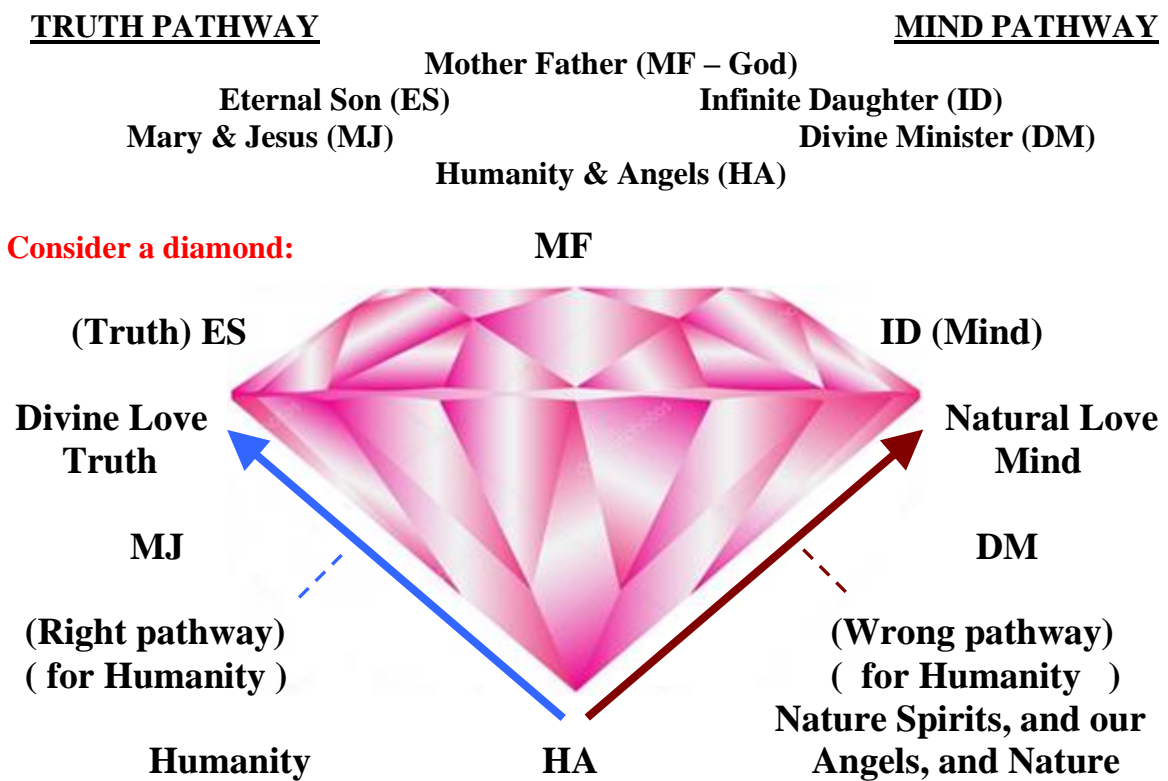
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soul partners when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

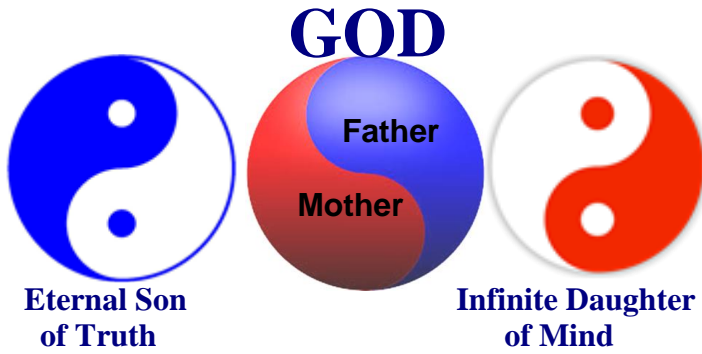
**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair



Angel



Spirit Person

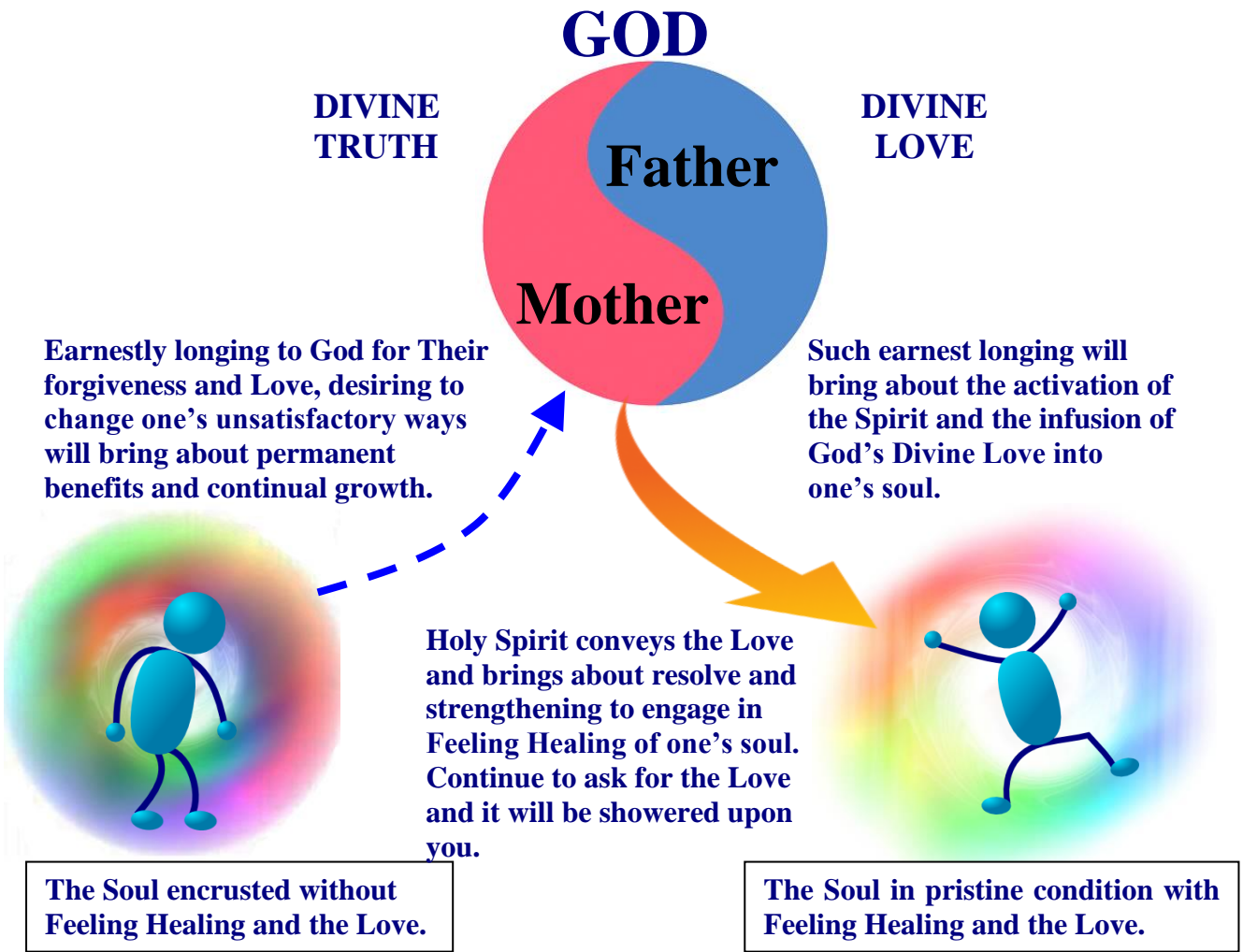


Nature Spirit





**“Mother and Father, open my soul to this Gift, Your Love. Open my soul and may Your Holy Spirit touch my soul and pour within it your essence, your Love that I may be transformed, that I might be your true child, embraced and carried, lit along my life’s path in the glory of your Light and care and protection.”**  
**Jesus 11 May 2016**



LUMINOSITY of the SOUL grows with LOVE:

**DIVINE LOVE is a SUBSTANCE**



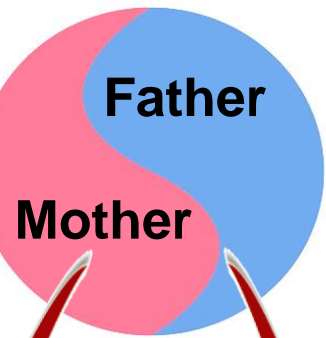
Angels actually do not have wings.



One's soul can grow from the condition of a dark dried up pea to that of a Celestial Angel by asking for and receiving Divine Love. Divine Love changes the essence of the soul to that of the Divine. Nothing else can do this.

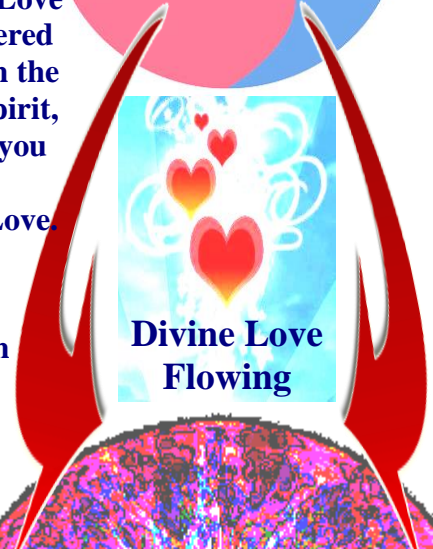


**CREATOR,  
MOTHER,  
FATHER,  
GOD.**



Divine Love is delivered through the Holy Spirit, should you ask for Their Love.

Your soul can be likened to a plasma ball.



Soul releases errors and negative emotions via one's Feeling Healing with Divine Love.

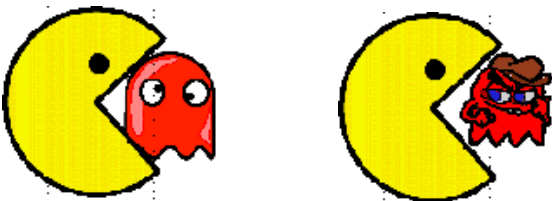
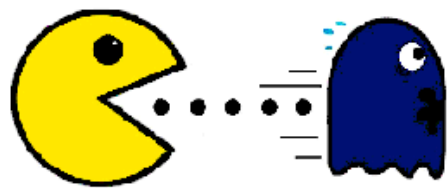


PROCESS of FORGIVENESS  
PROCESS of FORGIVENESS  
PROCESS of FORGIVENESS  
PROCESS of FORGIVENESS

is also the PROCESS of REMOVING HARMFUL EMOTIONS  
 is also the PROCESS of HEALING BODIES Physical Spiritual  
 is also the PROCESS of SOUL GROWTH with the LOVE  
 is also the PROCESS of CLEANSING the SOUL



Our Heavenly Parents send the Holy Spirit, the Spirit, to those who long for and ask for Their Love and assistance. All you need do is ASK!



“The New Birth is the flowing of the Spirit of God into your soul and the disappearing of all that tends to turn your heart from the truth and Love of God in conjunction to doing one’s Feeling Healing.”

“The Holy Spirit is God’s messenger or instrument that carries into the soul the Divine Love that is bestowed on the truly penitent man.”

“The Holy Spirit when the penitent prays for the Love the Holy Spirit will respond and fulfil the work that the Mother and Father has provided it to do.”

“The only thing that saves a man from their sins / errors and reconciles them to the Mother and Father is that they must become conscious of God’s Truths and receive the Holy Spirit into their souls.”

Continuing with one’s longing for Truth and asking for our Parents’ Love enables progressive removal of emotional errors and injuries that then lead to the removal of core emotional damage, and then, subsequently, the progressive filling and expansion of one’s own soul. Removal of these soul injuries through Feeling Healing also leads to the removal of damage to one’s spirit body and the restoration of one’s health.

It is only by the infusion of this Love while longing for Truth within one’s soul in sufficient quantities does one become fitted to enter the Celestial Heavens.

Soul development, with the Love, can take a soul from being a dried up garden pea to that of a simple candle, and then onto that of a blazing sun!



**The LOVE that brings about FORGIVENESS:**

This Divine Love, and by this I mean the only way through which salvation can be obtained, can enter and fill the soul through the sincere longing of the soul to assuage the thirst for at-onement with the Father through prayer. Revelation 17 – November 12th, 1960 – Jesus

**The only way for man to achieve forgiveness of sins is through the obtaining of the Divine Love or through purification of the natural love, a long and tedious process that fits the individual soul for a place in the Sixth Sphere.** Revelation 50 – October 18th, 1954 – Jesus

Divine Love fits a personality to enter the Celestial Heavens, way above the 6<sup>th</sup> Sphere. Without this Love, man cannot enter the Heavens. It is this Divine Love that brings about immortality for man.

This great Love of the Father was created or rather has always been, for the redemption of the vilest sinner who seeks and believes. March 24<sup>th</sup>, 1915 – Ann Rollins

Only the Divine Love, with Feeling Healing, can give man of a Divine Nature, and that no self development or cultivation of the Natural Love to the greatest and most sublime extent are sufficient to make man at one with the Father in the divine sense and which makes the spirit a partaker of this Divine Essence of the Father. One needs to come to understand the difference between the two loves and what the New Birth means. March 24<sup>th</sup>, 1915 – Jesus



**Feeling  
Healing with  
Divine Love is  
the key!**



**Immortality with the Love.**

**Feelings!**  
*first*



## DIVINE LOVE HARMONY:

**Immortal harmony:**

**Transformation of the soul is a beautiful harmonious gradual awakening.**



**In a gradual way with the Divine Love and Feeling Healing, as changes in the soul and spirit body occur, these changes will result in the personality slowly accepting the source of these changes as being the Soul God and with the independent will, one can have complete acceptance of our Heavenly Parents, Mother and Father, God.**

**People have loved God and felt loved by God and they have in deed received the Divine Love without ever knowing the truthful identity of this Love insofar as the truths relating with its causality in the human soul and affect upon the spirit-mind.**

**Part of the nature of the Divine Love in our souls is that it activates our spirit body systems and soul so that the nature of God is seen and experienced in the living and this places us in touch with the many Spirit attributes that extend from God and have their existence in God, such as our Indwelling Spirit. God no longer remains inactive to us; inert, inanimate, or an unknown but rather a Soul of living energy whose energy in the harmonies of Love and Spirit, is personified as love that we experience. If I can convey the essence about the nature of Divine Love it is that in its energy, exists the harmony and potential so that one can see the potential that this Love brings to bridge the gap of separation between the individual and God by the harmonies of soulfully living.**

**The Divine Love completes the form of the human being.**

**In essence, one need only direct their soul and the heart of their soul to our Heavenly Parents, the Soul being God, and in this faith one can experience the Love by humbly asking for this Love. This is all that is needed and the touchstone upon the Love's approachable nature.**

**The Love is never harmful or given by God that results in a caused effect of disharmony in the individual. The diversity of human individuality is a great characteristic of human nature and as with experience, one needs experience to ascertain a truth about a certain thing. Experiencing the Love provides a substantiated knowing from which a more objective reasoning follows and a maturity happens.**





‘The Doctor’ by Tom Stubblefield



What's Your Soul Condition?

<http://www.pascashealth.com/index.php/library.html>

## Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

|                                                                                                                                                                            |                                                                                                                            |                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                        | <b>consider commencing with:</b>                                                                                           | <b>Paul – City of Light</b>                                               |
| <b>The Book of Truths</b>                                                                                                                                                  | <b>1914 – 1923</b>                                                                                                         | <b>xxx – Joseph Babinsky</b>                                              |
| <b>containing the Padgett Messages or</b>                                                                                                                                  |                                                                                                                            |                                                                           |
| <b>Little Book of Truths</b>                                                                                                                                               |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                               | <b>xxx</b>                                                                                                                 | <b>– Geoff Cutler</b>                                                     |
| <b>The Rejected Ones</b>                                                                                                                                                   | <b>2002 – 2003</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                                      | <b>2003</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Paul – City of Light</b>                                                                                                                                                | <b>2005</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Mary Magdalene and Jesus'</b>                                                                                                                                           |                                                                                                                            |                                                                           |
| <b>comments on the Padgett Messages</b>                                                                                                                                    | <b>2007 – 2010</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                            | <b>2013 – 2014</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                                | <b>2017</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                       |                                                                                                                            |                                                                           |
| <b>The Urantia Book</b>                                                                                                                                                    | <b>1925 – 1935</b>                                                                                                         | <b>xxx as primary reading</b>                                             |
| <b>Divine Love supporting reading:</b>                                                                                                                                     |                                                                                                                            |                                                                           |
| <b>Revelations</b>                                                                                                                                                         | <b>1954 – 1963</b>                                                                                                         | <b>– Dr Daniel Samuels</b>                                                |
| <b>Judas of Kerioth</b>                                                                                                                                                    | <b>2001 – 2003</b>                                                                                                         | <b>– Geoff Cutler</b>                                                     |
| <b>The Golden Leaf</b>                                                                                                                                                     | <b>2008</b>                                                                                                                | <b>– Zara &amp; Nicholas</b>                                              |
| <b>The Richard Messages</b>                                                                                                                                                | <b>2012 – 2013</b>                                                                                                         | <b>– James Reid</b>                                                       |
| <b>The Divine Universe</b>                                                                                                                                                 | <b>2012 – 2013</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Family Reunion Afterlife Contact</b>                                                                                                                                    | <b>2014 – 2015</b>                                                                                                         | <b>– Joseph Babinsky</b>                                                  |
| <b>Traveller, An Immortal Journey</b>                                                                                                                                      | <b>2014 – 2015</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Destiny, Eternal Messages of Divine Love</b>                                                                                                                            | <b>2015 – 2016</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Feeling Healing</b>                                                                                                                                                     | <b>2017</b>                                                                                                                | <b>– James Moncrief</b>                                                   |
| <b>Religion of Feelings</b>                                                                                                                                                | <b>2017</b>                                                                                                                | <b>– James Moncrief</b>                                                   |
| <b>The Way of Divine Love</b>                                                                                                                                              |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>Divine Love – The Greatest Truth in the World</b>                                                                                                                       |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>The Human Soul</b>                                                                                                                                                      |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>Divine Love Flowing</b>                                                                                                                                                 |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>The Truth</b>                                                                                                                                                           |                                                                                                                            | <b>– Werner Voets</b>                                                     |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>                                                                                                             |                                                                                                                            | <b>– Robert James Lees</b>                                                |
| <b>Life in the World Unseen</b>                                                                                                                                            |                                                                                                                            | <b>– Anthony Borgia</b>                                                   |
| <b>Gone West</b>                                                                                                                                                           |                                                                                                                            | <b>– J M S Ward</b>                                                       |
| <b>Post Mortem Journal</b>                                                                                                                                                 |                                                                                                                            | <b>– Jane Sherwood</b>                                                    |
| <b>After Death / Letters from Julia</b>                                                                                                                                    |                                                                                                                            | <b>– William T Stead</b>                                                  |
| <b>Thirty Years Among the Dead</b>                                                                                                                                         |                                                                                                                            | <b>– Carl A Wickland</b>                                                  |
| <b>A Wanderer in the Spirit Land</b>                                                                                                                                       |                                                                                                                            | <b>– Franchezzo</b>                                                       |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>                                                                                                         |                                                                                                                            | <b>– Geoff Cutler</b>                                                     |
| <b>The Holy Bible from the Ancient Eastern Text</b>                                                                                                                        |                                                                                                                            | <b>– Dr George M Lamsa</b>                                                |
| <b>Available generally from:</b>                                                                                                                                           |                                                                                                                            |                                                                           |
| <b><a href="http://www.lulu.com">www.lulu.com</a></b>                                                                                                                      | <b><a href="http://www.amazon.com">www.amazon.com</a></b>                                                                  | <b><a href="http://www.bookdepository.com">www.bookdepository.com</a></b> |
| <b>For Divine Love focused websites and forums:</b>                                                                                                                        |                                                                                                                            |                                                                           |
| <b>Pascas Health:</b>                                                                                                                                                      | <b><a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a></b> |                                                                           |
| <b>Spiritual Development:</b>                                                                                                                                              | <b><a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a></b>                     |                                                                           |
| <b>Padgett Books:</b>                                                                                                                                                      | <b><a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a></b>                       |                                                                           |
| <b><a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a></b> |                                                                                                                            |                                                                           |

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     |       |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
|                                                                     | MoC   |                           |       |
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |      |     |
|------------------------------------------------------------------|------------------------|------|-----|
| Paul – City of Light                                             | 1,488.5                | 2005 | 149 |
| Ann and Terry                                                    |                        | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006 | 159 |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010 | 151 |
| Introduction course to Divine Love Spirituality                  |                        | 2006 | 139 |
| Speaking with the Dead, Death and Dying                          |                        | 2009 | 173 |
| Spirits and their Childhood Repression Healing                   |                        | 2010 | 179 |
| With Verna – a nature spirit                                     |                        | 2008 | 279 |
| Communication with spirits – meet a spirit friend                |                        | 2010 | 37  |
| Introduction to Divine Love Spirituality website                 |                        |      | 362 |
| Sage – and the Healing Angels of Light                           |                        | 2017 | 260 |
| Divine Love Spirituality                                         | 1,500                  | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017 | 153 |
| Religion of Feelings                                             | 1,500                  | 2017 | 47  |

This group being pages of 3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>



**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebellious  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**

