

PASCAS CARE

Harmony of the Universe

Healing & Telepathy



“Peace And Spirit Creating Alternative Solutions”

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



HARMONY of the UNIVERSE:

Andrew Glazewski (1905-1973) was a physicist, a scientist, a healer, mystic, priest and charismatic speaker. Born in Poland, he settled in Britain in 1947 after serving as chaplain to the Polish forces during World War II. For twenty five years he was parish priest at Ilford Park, a settlement of Polish exiles in South Devon. His published papers examine the nature of gravity, the human field, the Earth's magnetism, the mechanics of prayer and the theory and the practice of healing. A close associate of Sir George Trevelyan, he was influential in the founding of the Scientific and Medical Network. His teachings are a unique blend of theology and science, imparting a spiritual vision accessible to all.

Harmony of the Universe takes us on a journey to the heart of nature where we find music, mathematical proportions, and the fields that organize all living processes. Andrew Glazewski, Poland's much loved scientist, mystic and priest explores the science behind healing, the fields of crystals, plants and human beings, and how those fields determine our physical well-being. How we can use our hands to heal.

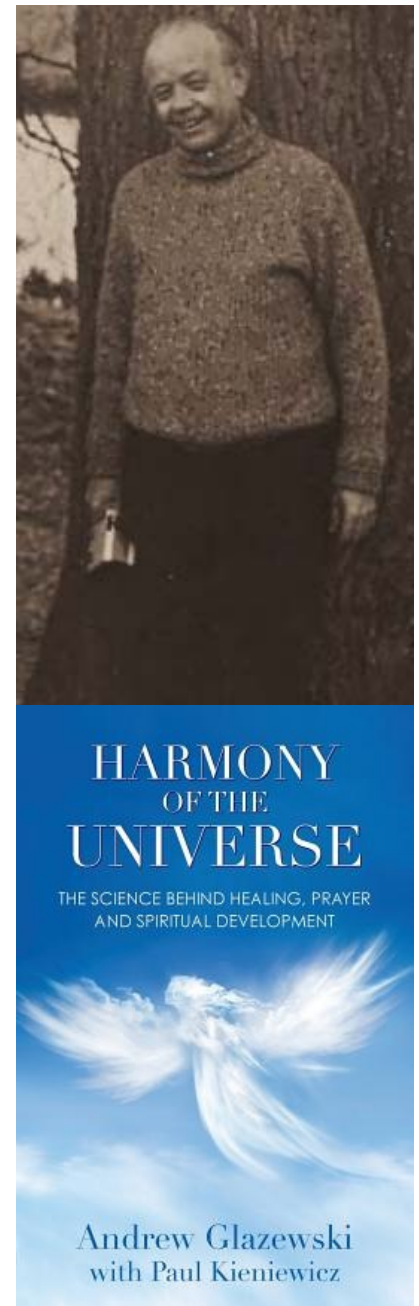
By removing our self-imposed psychological blocks we can become aware of our field and increase our sensitivity to spiritual worlds. He offers practical techniques for prayer and meditation to enhance our spiritual life, ultimately to know our Divine nature.

The Science behind Healing:

<http://www.youtube.com/watch?v=fv6ubkG6Ezs>

Published on Oct 1, 2013. A talk by Andrew Glazewski to Edinburgh University Students, November 1968

Andrew died on 6 November 1973 while at Hawkwood College.



HARMONY of the UNIVERSE:

Developing Field Awareness

You emit a field, and the field is present in your surrounding space. What you emit is heat in the form of infra-red radiation. The pattern, that is unique to your personality, covers the world in 1/8th of a second. (Speed of light is 186,000 miles per second.) You are a station transmitting your unique pattern, and if I want to tune into you, I have to tune into your pattern. I don't need to go to you to find out this and that, because your pattern covers the Earth in 1/8th of a second. So you are everywhere. My field is also everywhere. There is no distance because your pattern is here and now. What is important to know is that your thinking is in your field and not in your head, which is only a transformer. Your thinking and your self are in the field. Your body is only a transformer for your everyday life. Your consciousness.

What I am going to talk to you today is about field awareness, what it is to be aware of our field and pick up messages from our field. Actually we don't need to cover the distance from the perimeter of our field to Earth as this will take us as many years as you have lived. Your field expands at the speed of light starting from the time of your conception / incarnation. We have another field, what the scientists call the Organizing Field (Primary Field), which is not of a physical nature. It is the field that organizes the molecules in a seed so that they grow into a particular shape: the shape of a human being, shape of a plant, or the shape of a crystal. And it is not derived from matter, but it is above matter and beyond space and time. So it's something outside the physical world. However, the Organizing Field was and is always inside the body. This field does not need to cover time and space, because it is actually present everywhere at once.

You have a daily experience of it – or perhaps weekly, when in a dream, you may see something that comes to pass. Or you see a place, that ten years later you come upon, and you know you have been there before. You simply picked up the signals from your Secondary Field. But due to the fact that you have a primary field present, regulating, modulating or even directing the Secondary Field, the message comes through to your Primary Field, that we call the Soul.

If I am angry then this anger, this emotion arises from a certain set of beliefs that a danger is coming to me, so I need to counter this anger. This set of beliefs which is primarily a spiritual thing, will affect my emotions. Those emotions produce bloodshot eyes, opening of capillary vessels, rosy cheeks, clenching teeth. This is reflected in the Secondary Field. But the Primary can pick up immediately what is happening in the Secondary, even if the Secondary is 60 light years away from us; because the Primary is present everywhere.

According to NASA data, there are 45 stars within 17 light years of the Sun. There are thought to be as many as 200 billion stars in our galaxy. Some are so faint that they are nearly impossible to detect. Maybe, with technological improvements, scientists will find even closer stars.

- Alpha Centauri – 4.2 light years away from our Sun.
- Barnard's Star – 5.9
- Wolf 359 – 7.8
- Lalande 21185 – 8.3
- Sirius – 8.6 <http://www.universetoday.com/102920/what-is-the-closest-star/>

Now that we have grasped the idea of this field, I (Father Andrew Glazewski) would like to expand a little on the subject. The Primary Field is present outside space, covering the whole universe. But the Secondary field travels with the speed of light and covers a tremendous space, with a huge perimeter because it expands not in one direction but in every direction. So, if you are sixty years old, your field covers one hundred and twenty light years. You are a giant in comparison to the body. But we have done everything possible to limit ourselves to the body. And we exclude from our awareness and from our consciousness, that we may be aware of our field and pick up messages from it. Those people who have some sort of awareness of it by accident, may be aware of what is going on in the next room. We call that ability clairvoyance.

They may be aware of what happened thirty years ago, or two thousand years ago. They see for example events in Palestine during Christ's time. Catherine Emmerich knew Palestine thoroughly, the stones, fires, though during her life she never left her village near Cologne in Germany. But all her descriptions of Palestine geography and the way that people lived two thousand years ago fit exactly with the knowledge of the archaeologists and geographers. So obviously, she had been there; and we ask how? Very simply she picked up the messages from those days because her Primary Field, outside space and time, covered over a thousand years backward and a thousand years forward in time.

That's where clairvoyance comes in and clairaudience, and seeing past times and seeing future times.

Field awareness means; picking up signals from the surrounding field. It happens very often when you sit in your room and somebody comes in. And you have the first impression, that there's something peculiar coming in. Not just about the shape of the body but something of the personality. And you are moved. You smile, you breathe deep, bringing in the messages of the field. And this sort of tuning into the field has to be a constant experience in our lives.

So if we want to perceive or to be sensitive to our field, we have to pick up signals. We have to see our field. And that is very important. Now we don't want to see only our field. We also want to see the field of God. God is not an old gentleman sitting on a chair, with a beard, and looking at how beautiful everything is. He is a field surrounding ourselves, penetrating ourselves.

If you use imagination in a positive way, if you want to heal somebody, you have to see, for example – the cancer. You don't see it developing because you stop it by this picture-forming. In actual healing you see the shrinking cancer and the development of life. And through that thought which imprints itself on every biological cell, the cell gradually develops into the picture that you have in mind. And here you have the ultimate mechanism of how healing takes place. It's always the function of your imagination. Not fantasy.

Therefore you want to be aware of the field – the over-conscious part, that means the field of God. The field of the supreme, the field that is conscious everywhere. But He created a world that is not a perfect world. He wanted the world to achieve perfection by progressing. And this progression must be done by Man, who through the imagination can lead the world toward perfection; by sensing the field and having exactly the idea of how to proceed in order to get there.



The Practice of Group Healing

The first basic psychological rule is how you see yourself, thus you become. What is very important is visualization. If you visualize yourself as a small entity in your body, then of course the surface and the spaces are very small. But if you visualize yourself as covering a diameter of a hundred light years or so, because your field has gone in every direction with the speed of light; say you are fifty one, and now your field covers one hundred and two light years diameter, and if you fill all these spaces at once the Light-Love Technique, and also fill your Organizing field which is above matter, and beyond time and space, it makes a fantastic conduit. The healing power will also have to have the same visualization, because as far as I (Father Andrew Glazewski) see it, healing is to a very large extent the result of your visualization. And you want to heal. So if you cure only the body, the field will still contradict you, because the field is partly a function of the body, and the body is partly a function of the field. And so the illness will persist; remain in the field.

The condition will return if the illness is not cleared in the field. But if you cure both, then there's no return. And vast spaces are covered, the surface is so big. The impact on the body is absolutely like an atomic explosion of an astronomical size.

Healing covers the space – that is the field awareness.

The picture of the Kingdom of God is a picture of tremendous love and light and joy, peace and serenity.

For me (Fr Glazewski) love is the Holy Ghost. (The conduit for the Divine Love is the Holy Spirit or Spirit).



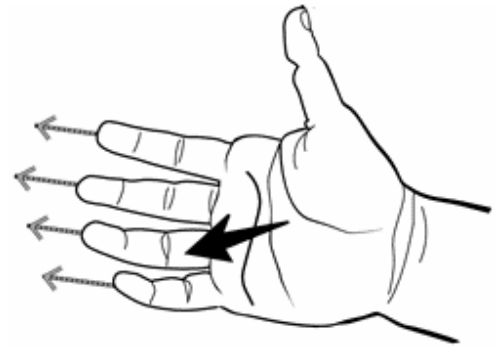
The Healing Hand

Since the time of Christ, claims have been made repeatedly of the possibility of healing ailments by the hand. Can such persistent claims be without foundation? Is there any scientific rationales for them? There is no doubt that in very many cases such healings actually took place. Were they due to mere suggestion, or are there any possible scientific explanations for such facts?



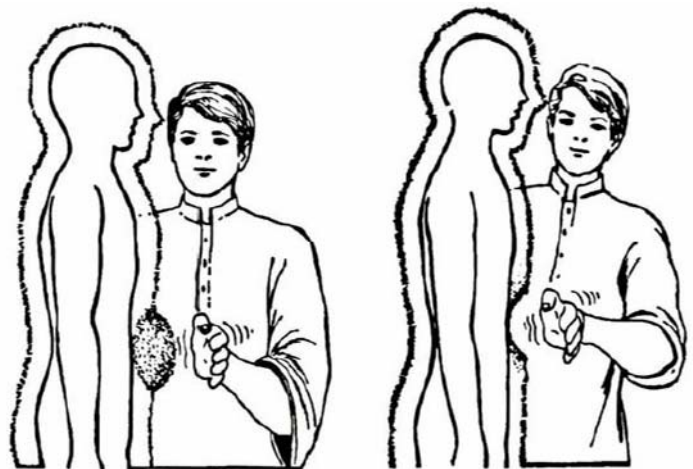
To the writer, who apart from being a physicist and scientist, is primarily a theologian, it is quite obvious that in accordance with the theological principle that “Grace never contradicts nature but builds upon it,” (and this applies to miracles as well), there must be a certain hidden and unknown physical law behind such healing hands. What could this law be?

Long studies, pursued in different universities of the Continent Europe for eleven years, in different branches of knowledge, provided a sufficient basis to start an independent but methodical research into the healing phenomenon. After a preliminary study of how the so called healers approached the problem, it became evident that any claims that some sort of magnetism is at work had to be dismissed. Such claims could not be substantiated. The existence of electromagnetic waves in the infra-red band is obvious, for the very simple reason that heat (infra-red radiation) surrounds the body. The same applies to the sound field. A very faint noise surrounds the body producing a sonic field. This field is actually a function of gross body metabolism. Despite the presence of the sonic and thermal fields, it became more and more evident that the static electrical field associated with the human body was a prominent factor.



It was shown by the writer in his paper, “The Gravitational Wave”, that sound and static electrical fields are intimately connected.

After a thorough study of electro-physiology by the author of the works of the physicist and biologist JC Bose, it was obvious that electrical charges play a prominent part in the functioning of any kind of organism. The very basis of metabolism is electrolysis. The electrical properties of biological cells exert a potential difference usually of many millivolts in magnitude, though sometimes two volts of potential may occur between the nucleus and the membranes. It is known also that in some cases the potential difference between two points on the skin of humans rises up to



14,000 volts, though normally it amounts to a few hundred. The crackling shirt when removed shows the existence of such a static field. Hence, there is no doubt that there must be an electrostatic field around the body. Such a field must be at least to a certain extent the function of the electrostatic field of the respective organs of the body, as the intensity of this field differs between different parts of the body. All electrocardiograms and encephalograms are based on such potential differences.

It is also clear, that the electrical state of the air surrounding the body, its humidity, its temperature, exerts an effect upon this very field. Such a field must have a relationship with the body organs. A simple disturbance of the rH or pH in a respective area or organ of the body has an immediate influence on this field. Hence, the field should show the small differences in the functioning of such organs. Likewise, the reverse should be true, that the field should influence the functioning of the biological cells. Let us take a simplified example: suppose that the liver is disturbed in its functions. As a result the balance of electrical charges is upset, becoming more positive, and in the surrounding air negative charges are attracted to the vicinity of the liver. The negative charge in the surrounding air attracts the positive charge in the liver. Now, speaking electrically, not chemically, the circulatory system has, among other functions, the function to restore the electrical balance of the organism. However, in the above example, it may not have enough absorbing force to neutralize the surplus charges from the liver, because those are retained locally in the liver by the negative charges in the air.

Now, if the hand is introduced into such a field, this hand acts as a capacitor or a sort of condenser, the charges in the air will be absorbed by such a capacitor. When the hand is then withdrawn, some of the excess negative charge in the air field will have been removed. As a result of this action of decreasing the strength of the air field, the circulatory will have enough absorbing force to reabsorb the surplus of positive charges from the liver, restoring its former electrical state in a short period of time. Naturally, just one introduction of the hand will not be sufficient to neutralize the air field; but if it is introduced many times, complete neutralisation will be achieved and the former, normal state of the organ is restored. A useful comparison may be made to emptying a barrel of water with a glass.



The glass must be dipped into the water until it is full (or absorbing charges onto the hand); the water emptied and the glass filled again (or rubbing off the excess charges and placing the hand in the field again). Such a series of action will have to be repeated many times before the barrel is emptied (or field cleared). This example is purposely simplified in order to demonstrate the underlying mechanism.

Practical methods of curing by hand

The consideration of such theoretical assumptions prompted the writer to attempt practical treatment. In accordance with the above described theories, the whole system of treatment was named, Psycho-Physical Field Therapy. The psychological aspects have been eliminated here for lack of space. I (Father Andrew Glazewski) shall refer only occasionally to them, though I must mention that as a result of the researches of Hans Selye of the University of Montreal, Canada, **it is quite obvious that emotions are the cause of many ailments**, and also have a significant influence on the electrical side of dysfunctions; likewise the treatment of such dysfunctions.

With relatively short training, anybody can become sensitive to the so called disturbances around the body, which are manifestations of the electrostatic field, by simply moving the hand up and down *slowly*, starting from the vicinity of the body and gradually moving away to a distance of about six feet (two metres); or vice versa. Some people pick this up at once, whilst others require preliminary training. It took the writer several months before he became conscious of these disturbances: a prickling, coolness, heat or heaviness. Different people apparently react differently to disturbances. The sensation is actually so faint that it requires great concentration. It is easiest if a definite disturbed region of the body is chosen, such as the heart or liver, before proceeding to discern these disturbances. The cause of these disturbances is the superimposition of separate waves of electrical forces producing an interference pattern. They may also manifest as thermal waves in the infra-red spectrum, that can be photographed by infra-red cameras.

Now, we can ask, why are such sensations actually detectable with the hand? The explanation is that the hand has its own normal electrical field which is especially strong around the tips of the fingers, because electricity always tends to flow from more pointed parts. By approaching the hand towards the body of a patient, we introduce our own field into that of the patient, producing an interference of the two. This interference is felt at the tips of the fingers as a sensation that is registered in the brain. My more recent researches have shown that a sort of feed-back mechanism is probably present, controlling the sensitivity of the fingers.



In order to distinguish the normal field from the disturbed one, our attention must be focused on this very disturbance, so that we may increase the awareness of the sensation at our fingertips. Only in this way will we be able to discern the quality of the disturbance. This skill of course improves with training, just as the ability to discern pathological sounds of the human body improves with practise at auscultation.



It has been found in experiments that the extent of the disturbed field varies with the intensity of the disturbances in the body. A severe disturbance can be felt further away than a minor one. This is in good accordance with theoretical considerations, for the displacement of charges increases with the intensity of the disturbance. A malfunctioning organ creates a greater disturbance than a normal one because of the increase of the charge involved. As a result of this increased charge associated with malfunction, increased sensation is apparent in the hand of the investigator.

Once the distinct sensation is well-established in the hand of the investigator, we can proceed to actual treatment. In the preceding theory, the field surrounding the body is a function of the metabolic state of the cells. The reverse is also true, that the cells are influenced by the field. It would then follow that any alteration of this field should cause a corresponding response in the body and in the malfunctioning organ. Experiments show that this is what actually happens. The reaction in the patient / friend is sometimes so strong that he distinctly feels that something is happening in the region of the disturbance. Actually if that does not happen in the patient / friend, it is an indication that the cure will be difficult.

The problem arises, how can we alter the field by our hands? For the purpose of clarity, let us again simplify this complicated problem. We have assumed that a malfunctioning organ has a surplus of positive charges. Hence a surplus of negative charges will accumulate in the air surrounding the organ, through the attraction of opposite charges. Then, if the hand, which acts as a capacitor, is introduced into the surrounding air (field) it will absorb the excess negative charges. By repeating this action, withdrawing the hand each time and rubbing against a cloth or similar material, the surplus charge will be eliminated and the normal function of the organ restored. It has been found that the same thing can be done by introducing a moist sponge into the field, which will also adsorb the excess charges. However, the sponge must be rinsed thoroughly after each introduction into the field, whilst the excess charge on the hand can be merely rubbed off. What is most peculiar is that it appears that the hand has a much greater electrical absorbing capacity than any kind of sponge. It is well known that a sponge has a very large total surface area, including the complicated network of cavities within it. When moist, all of the surfaces are covered by a thin film of water, which carries an electrical charge and therefore adsorbs opposite charges by simple attraction. The whole moist sponge can therefore adsorb a large quantity of water. In contrast, the hand has only a small surface area. Obviously other factors must also operate, but what is their nature?

It has been found in practise, that one must start with the most distant layer of disturbances at the perimeter of the field and clear it before proceeding more proximally. A cleared field is indicated when there is a complete lack of any sensation in the hand. If a sponge is used, the process is tedious because the hand must be interposed frequently in order to determine whether the field is clear or not. If one attempts to clear a field without starting at the periphery, nothing will be achieved. The reason for this is not yet known.

Practise has shown that after a field has been completely cleared right down to the patient's skin, the patient feels much better, though after a period of time (hours or days) the disturbances may return. However they are much weaker than before. The field must be cleared again, though much less work has to be done the second time. Once the field is cleared, the patient is cured. Sometimes the treatment takes only a few minutes, but stubborn cases may take several hours. Nonetheless, the patient sometimes feels that he has been cured instantaneously and regards his recovery as a miracle, but as is evident from the above discussion, it is not. In chronic cases the disturbances return, though their intensity is much less than that of acute illness. They must be removed again and recurrences often occur several times.

A well trained and sensitive therapist soon finds that the procedure of feeling sensations by placing his hand in the field, repeatedly removing it, then discarding the surplus charges, becomes automatic. He automatically removes his hands as soon as he feels that the adsorbing power is saturated, and rubs them off on a cloth or washes them off in water. **If the therapist does not so remove the charges acquired from the patient, he himself becomes affected.** At the conclusion of the treatment, he must wash his hands thoroughly in cold water, so that no residual charge remains. If he does not take these precautions, he will at first get a sensation of heaviness in his hand, possibly pain. If he takes no notice, the sensation will spread up his arm and the rest of his body will



become affected giving him headaches and a feeling of uneasiness. If the therapist suffers from the same disease as the patient, he will experience similar pains. For instance, if they both have heart disease, the therapist will experience chest pains. Therapists are usually able to cure themselves of such pains by the same techniques they use on the patients.

For some unknown reason the field surrounding the diseased organ is not always composed of layers of intensity increasing from the periphery to the skin surface (as described above). The whole field may be uniformly dense. Such cases are difficult to cure and require long and tedious treatment. During the treatment, the field ceases to be uniformly dense and becomes layered in intensity, like that of less difficult cases. Eventually a complete cure is achieved. According to mathematical analysis of the harmonics involved in the field, if too many harmonics are present the field may become a dense cloud of charges, resulting in the uniform denseness detected by the hand.

The Power in your hand and fingers:



After more than twenty years of methodical investigations, it has been found that patients can be treated at a distance with some success. The author was formerly very sceptical of such claims by so-called healers until he actually observed it in practise. It was proved to him by the following procedure. A patient was chosen who had a disease which could not be cured by normal medical treatment. In order to eliminate suggestion, neither did the patient know that he was going to be treated, nor did anyone else. Thus, no knowledge of the treatment could have been passed to the patient. The patient was treated for a few days at a distance. Then it was stopped. It was repeated at varying periods of time. The patient felt worse or better according to where he was being treated or not. Since the possibilities of suggestion and chance had been virtually excluded, his improvement was due to the treatment itself. Similar experiments were made with many other patients with the same results. What is the explanation of this phenomenon?

We come here to the psychological factor. It has been known for a long time that one of the main factors in such treatment is the visualization of the therapist. He must either see the patient / friend or must have a distinct picture of him in his mind. A successful result can only be achieved if the therapist can accurately imagine the field of the distant patient. Then and only then can a patient / friend be cured at a distance. The therapist can aid the patient in his recovery if he imagines him recovering from his illness. The more intense the image, the quicker the recovery.

This very fact brings added difficulties to explaining the phenomenon in terms of the above hypothesis of static electrical fields. One can perhaps postulate that an interference pattern occurs in the patient's field, who may be 100 miles or more from the therapist. Or, is such treatment a manifestation of telepathy?

Here we must mention experiments performed by one of the professors of the Lviv Lemberg Technical University in Poland. Those experiments were conducted with *Paramecium*, a Protozoan. He placed them on a microscope slide and observed them for several months. When the slide dried, they became encapsulated; but the capsule was discarded as soon as water was poured on it. Once, this professor happened to leave the *Paramecia* dry for several weeks and observed them at the end of that time. They were still encapsulated. He decided to pour some water on the slide. However, he looked at them again just before he poured the water onto them, and to his astonishment saw that they had already discarded their capsules. How on Earth could they have known that he was going to pour on the water? Then he decided not to



give them any water. After a short space of time he looked again and found the *Paramecia* had again encapsulated. This was more than astonishing. Had they actually responded to his thought? The experiment was repeated many times and every time the response was positive. He then phoned a colleague at Warsaw University, and asked him to phone any time he chose, ordering him to pour water onto the *Paramecia*. The Warsaw colleague thought that this suggestion was strange, but after a short argument agreed. A few days later he rang the Lviv professor and told him to pour the water onto the *Paramecia*. Immediately the latter ran to them to see if they had acted upon the Warsaw colleague's thoughts. They had! (They took longer to encapsulate than he took to run to them.)

This latter experiment is repeatable, provided that the experimenter works with the animals for a certain time. This experiment shows that at least small organisms respond to human thought. Hence, why shouldn't the constituent cells of an animal, or at least the tissues and organs, respond also? This suggestion correlates well with the finding recorded above, namely that when treating patients at a distance, the best results are achieved when the whole patient is well-visualised in the mind of the therapist.

A full psychological explanation would entail a long and separate paper. The fact though remains that distance therapy is possible, and in fact it is the function of the creative imagination (as distinct from fantasy). By such processes of the imagination the subject can go anywhere he likes; because, to the imagination, space and time are not limiting factors. Actually, we go on such expeditions quite often, in dreams. We see a distant place where we have never been before. When we actually go there, we find it familiar. Then we recall that we saw it in our dream. Similar phenomena happen with time. We may sometimes see events several days in advance, which manifest several days later. The psychology of the collective subconscious and archetypes offers an answer to this problem.

Further researches have proved that such possibilities of treatment at distance are not a *gift* given to only certain persons. On the contrary almost everyone can, when properly trained, be successful. It is estimated that eight persons out of ten can produce therapeutic results after proper training. There is a whole science behind this, and it can hardly be called *faith healing*. Hard work and proper knowledge are what lead to results. Can such facts be explained in terms of static electrical fields? If not, then the whole of the hypothesis outlined above is false. From Dr Hans Selye's work, we know that **emotions have a prominent place in the cause of disease**. Thus they must have a dominant influence on the redistribution of electrical charges in the body. A simple encephalogram shows this clearly, changing with the mood of the patient / friend. Hence, changes in the psychology of a subject cause changes in the electrical field. There is in fact a strict correlation between the psychological factors and the pattern of the electrical field.

Suppose now that a subject's thoughts and imagination are centred upon a distant person. In doing so, he transfers all his emotional influence to the distant person; because his imagination is intimately related to his personality. So, although the body of the therapist remains at its location, he is, in his imagination, at the distant place in front of the patient. He senses the psychological tensions of the patient and suitably restores them to normal. Once the emotional disturbances are restored to normal, a normal redistribution of electrical charges can occur in the body of the patient and normal health results.

At first sight, such a conception seems to be very far-fetched. However, after careful consideration it becomes conceivable, and eventually feasible. By such a process, small changes in the electrical field of the patient (measurable only in micro-volts or even millivolts), may not only be sensed, but also influenced. The experiments with Paramecium support this idea. Therefore, in order to explain telepathy, there is no need to resort to unknown powers; but simply to see it as a function of the imagination acting in conjunction with sensation. Besides, anyone, properly trained, may achieve definite results.

What the author claims in this article has been proved by reliable scientific researches. Working hypotheses with initially formulated and substantiated by controlled and repeatable experiments. The author believes that if a team of scientists, such as physicist, biophysicists, psychologists and open-minded medical doctors, were to continue this research, they would definitely arrive at a greater understanding of this topic.

Colours out of each Finger:



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The Pattern of Telepathic Communication

An English scientist, Michael Watson, found that this vast space of inter-atomic void is filled with a fourth state of water. Water is solid as ice, liquid as water, gas as vapour, and then it has the ability to transform itself into the next state, hitherto unknown, which is called the fourth state. It is no longer the same water. Known atomic models must be totally dismissed. It is something quite new and can now be photographed. It seems to be the same as Prana of Eastern religions, and what ancient Jewish traditions named Avir. The ancient Chinese also speak about the same sort of water. Watson also found a fifth state of water which is pure radiation, a sort of luminescence.



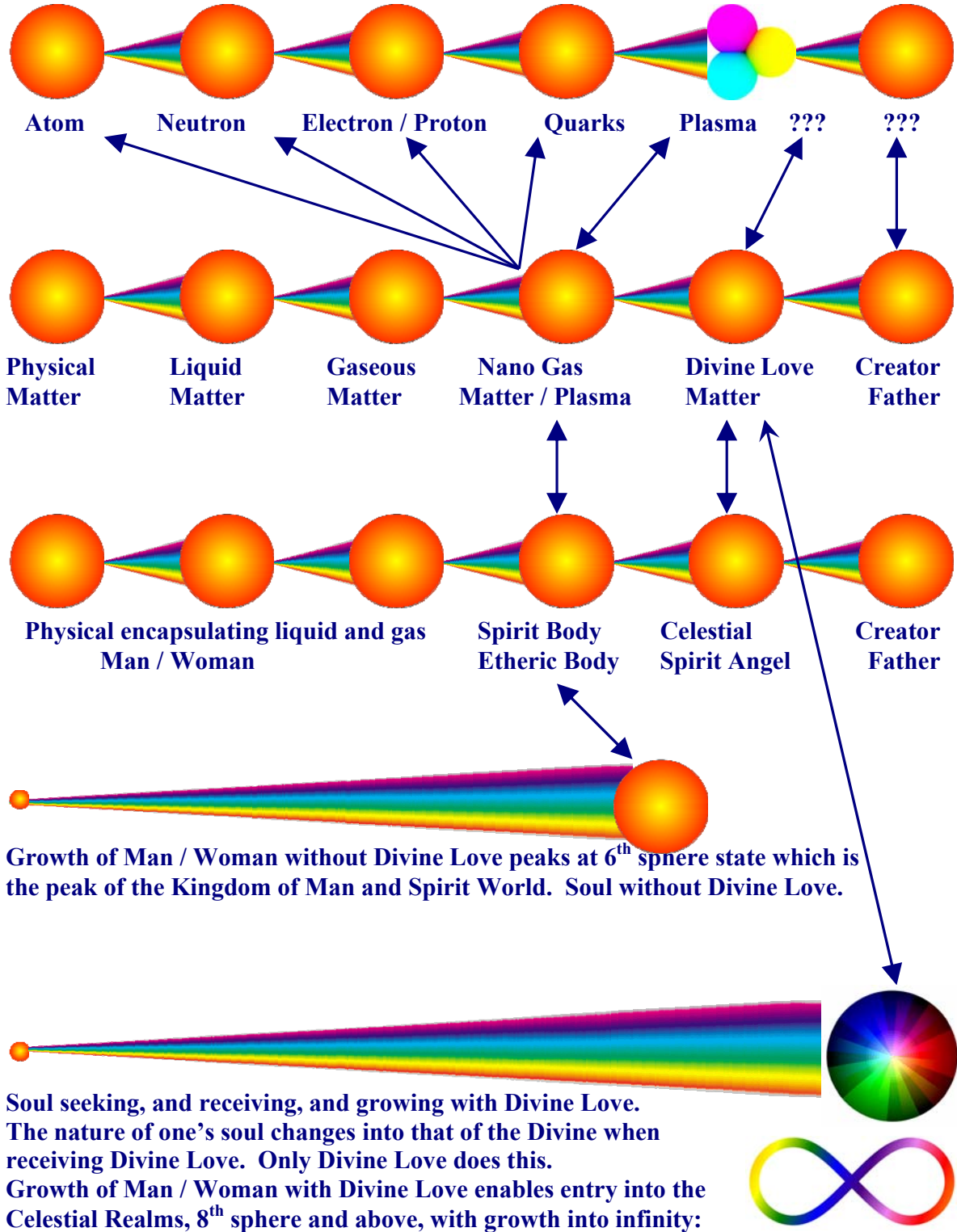
The fourth state of water responds to thought, the fifth manipulates the fourth. The implications of this discovery are immense. The Jewish tradition calls the fifth state of water Quaf in Hebrew. With this discovery incomprehensible references to water collected from both the Old and New Testaments fall into place: why water is used in Baptism, or the Water of Life that Christ spoke of when talking to the Samaritan woman. The meaning behind the symbol comes alive and it all starts to make sense. Astronomical space seems to be filled with the fourth state of water. The same applies to spaces between atoms. When its balance is upset by thought it becomes converted into vapour, then water. The same thing is repeatedly spoken about by the Chinese sages when they speak of the circulation of light which is essential to their mediation for expanding spiritual life; when the circulation stops there is no spiritual development.

We may then understand why our bodies are 80% – 90% water. It is strange that these states of water were discovered at the start of the Aquarian Age. Actually it seems that what Aristotle called *Materia Prima* is just this fourth state of water, responsive to thought. It is obvious that, when we move a finger, our thoughts influence the L field and then the body, because thought can imprint itself onto this state of water and produce effects such as tensions or patterns and thus transmit information. The T field (thought) has a tremendous power over the L field (the fourth state of water or Prana) and, through it, on the body. The power of mind over matter may then be comprehended to a certain extent. It seems that the L field – the fourth state of water – would correspond to the concept of Prana mentioned by the sages of old in Sanskrit writings and later in the Far East. The fifth state of water however, being again something totally different from Prana, could correspond to the concept of Sanctifying Grace mentioned in theological treatises, brought into being by the *potentia obediens*, obedience to God's power from the human essence. This is pure radiation. We might suppose that a sixth and seventh state of water exist but we have no proof of it yet.



STAGES of MATTER:

Matter becomes finer and finer and more incredible within each phase:



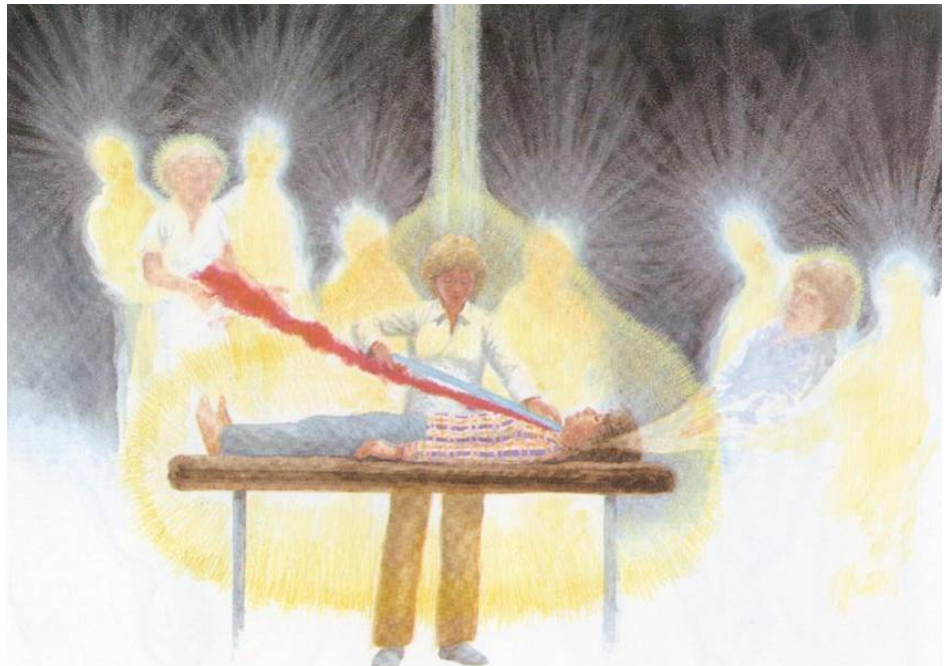
The medicine of the future will be much more concerned with changes in the field instead of exploring, as it does now, the body itself. It is much easier to explore the field than the interior of the body. By projecting these fields on a cathode ray tube, all the necessary information may be obtained, long before the patient / friend feels any pain, because these fields must be very strong in order to pass through the patient's threshold of awareness. Such medicine would be preventative; the complicated harmful signals would be fed into a computer, which would calculate the kind of signals to be fed back into the patient / friend in order to reach a balance, and affect a cure.



This is actually what *we* do when we use our hands for healing. We pick up these signals with the central nervous system and feed the required information to our own computer, the subconscious brain. The brain sends necessary signals via the peripheral nervous system to the hands. Then the healer's field affects the patient's field, bringing about the required balance.

Now this balance is characterised by proper feedback. We know from physiology that living biological cells use feedback if they are to function properly. It is comparable to the circulation of the sap in plants, from the stem to the roots and back to the stem. In our case this concerns radiation or the transmission of radiation.

Suppose that a certain pattern of radiation emitted by the liver does not return in its required quantity and quality to the body and to the liver, gradually the liver will suffer a dysfunction, and eventually the body becomes ill. A healing hand introduced into the field simply corrects the feedback to its normal state and restores the balance.



(Sometimes much more assistance is provided by our spirit friends who participate in the process.)

To understand the mechanics of this process, we have to realise that the phenomenon of resonance is the essential part of the healing process, or telepathic transmission. The human body is extremely sensitive in picking up different, complex signals of both Primary and Secondary fields. The Primary field, being the organizing one in the material world, is on a totally different level, so time and space do not play any part in it. In the Secondary Field, the Infra-Red and Electromagnetic Fields travel with the speed of light, 186,000 miles a second (300,000 kilometres a second). Therefore, in 1/8th of a second, roughly speaking, the Electromagnetic Field circles the world and comes back to the transmitting body, whereas heat, which is the infra-red radiation has the ability to travel along the surface of the Earth. It is therefore easy to grasp that, because our fields cover the whole earthly globe in 1/8th of a second, they are everywhere, and to tune into them is no mystery. As to communication in interstellar space, here the Primary Field can be of great assistance.

Now how does the so-called “tuning in” take place? All radionics practitioners, dowsers and the like know well that in order to be in resonance with a patient or another human being we have to have in hand what is called a Witness. Hair, a blood spot, a photograph or a finger-print give us a possibility to be in touch with the owner of the Witness. What does this mean? We know that every one of us is a unique person with a unique pattern of proportions both physical and psychological. Hence the field and also the Witness represent this unique quality. By tuning into the wave form of this unique pattern we resonate with these proportions only, and all others are eliminated. Such tuning in is a special ability and must be developed by proper training. In telepathy the subject at the receiving end must tune into the transmitting subject with his mind, training himself to resonate to his unique field pattern, and in addition, to interpret the signal in that pattern into a known language.



Do we have such an ability? A very simple experience from every day life suggests what we do. If every one in the room were to talk simultaneously, in order to hear one person, we tune in by eliminating from our awareness all other sounds. Actually, we hear everyone, but our awareness is sensitized at that moment to one talker only whether in the vicinity or far away. We say that we focus our attention on this particular set of sonic proportions and therefore we hear only this person, these sounds or that music. The same applies to our vision; we see the entire picture which falls into our visual range, but we can also focus on a part of it. We can look and see nothing, but we can also look and see; or we can look, see and perceive. We actually focus our awareness on specific signals. We have trained our awareness to focus on signals arriving from our normal senses which reach our computer brain. But have we trained ourselves to pick up signals coming from our Secondary Fields? Because they contain short wavelength radiation they behave like radar. Part of our radiation is absorbed by our environment, a part is refracted and goes into space, but part of it is reflected and comes back to us bringing information. Unfortunately, we have done everything possible not to be aware of these signals. Our whole culture is based on rationalisation and we have killed our intuition and perception of a radar-like nature based on this sort of radiation.

It is amazing how on television programmes, people from the general public are chosen in order to try to prove or disprove telepathy. It is just as if I would call a number of people off the street and ask them to

play a piano. If they stated that they did not know how to play, the conclusion would be that the piano is not playable! Experiments done in many countries on plants have shown unmistakably that plants have wonderful telepathic abilities. Many papers have been published already about it. Distance does not come into this communication. It is known that if you have a plant about which you really care and you travel a long distance from it, even to the other side of the globe, the very moment you are in danger the plant shows its anxiety as an electrical impulse, registered if the plant is connected by an electrode to an amplifier and a polygraph.

From what has been related here we know that the fourth state of water is responsive to the T field, that is, to thoughts. Now the L field (the fourth state of water or Prana) fills all spaces between the atoms of the air, earth, and human bodies. By thought we influence the L field, which in turn influences the atomic vibrations and, also molecular vibrations so that they can reach the fabulous computer of the human brain. If we train ourselves properly, our awareness is immediately informed. We had to train ourselves to write and read and we have to do the same with our inner senses. Then and only then shall we be able to pick up signals, be aware of them and interpret them properly into an intelligible form of message. Courses on how to do it are actually run by the Wrekin Trust in this country, England. People are amazed that in one weekend they can learn so much. However, at the same time we must develop our spiritual life, otherwise we expose ourselves to the danger of landing up in a lunatic asylum

We can discover that our awareness is not limited by space and time by conducting a very simple experiment with ourselves. All of us know well that we can observe ourselves. One can observe one's anger, jealousy, joy and so on. You can watch yourself being angry or frustrated or joyful and you can analyse what you are like when you are angry or jealous, and so on. What does this mean? It means that you can withdraw in your mind to what we call The Observer and observe your own emotions, your thoughts and your body. Try to examine your day every evening for, say, a week, watching yourself being in the body, looking at yourself as a movie actor looks at himself on the screen. After a short period of time you will notice that your Observer can look upon your body moving in space and being subject to time: hours, morning, noon and evening. Your Observer is not concerned with such trivialities, since it not in time or space. Only your body is subject to these factors. Then you will swiftly find out that actually you are much more the Observer, whereas the body is your instrument which your own self manipulates. The Observer is your real self and it does not live in space and time but outside it. You can actually observe one whole hour, one day, or a hundred years at one go. One looks upon time and space. In your imagination, try to go to your own room wherever it is whilst you are now here. Can you see it? Yes, you can; you can be in the room, or embrace the whole room. Using your imagination, go into space and look upon the earthly globe; in one glance you can embrace it.

Here it is important to distinguish between imagination and fantasy. After Kierkegaard, fantasy is what we create in our inner vision and has no reality in the objective world, but imagination is the inner or third eye, which has the power to create what we perceive objectively. Because we have never been trained to distinguish between the two, we mix them up and think that they are synonymous expressions whereas they refer to two definite, separate faculties. If you train yourself to separate them, and the method of training is simple, you can easily see at a distance or become clairvoyant. May I ask how you were able to see, perhaps in your dreams, events which took place a few days later? Using your eyes? You were fast asleep at the time. Perhaps you saw something two years in advance, or a place which you visited a month later and which you instantly recognized though you'd never been there before. If

you dig into your memory you will find that you were actually there in a dream. You used your Observer, your third eye. This is the work of your imagination and not your fantasy, which is a creative force, although if it mixes with imagination you do not know whether you actually see truth or just fantasy.

Here perhaps you can see the importance of your Observer. After a while you will find that you have quite unnecessarily identified yourself with the body, and, further, you will find that you are actually *not in the body, but the body is in you*. Your Observer is a very large something which is actually coextensive to the whole universe. Thus you are really created in the likeness and similarity of God. But because you have limited yourself to the perimeter of your skin, you see yourself as merely a speck in a vast space. The very moment you withdraw to your Observer, your real self, then and only then can you **see yourself as a giant and can consider your body merely as a transformer of your field**, just like a transistor set, is a transform of a BBC transmission. Can you now see what you actually are? And, mind you, this is only the first step. You are actually much more than this.

This is only a very brief statement in order to give you a clearer picture of how telepathy can be rationally explained and is actually a fact. There is much more to it than meets the eye. It has nothing to do with so-called extrasensory perception. There are many inner senses which we have never developed. In fact we have done everything possible to kill them inside ourselves by blocking our awareness of them or laughing at them, as so many so-called scientists do, who have not even a clue as to what they are talking about. To give you another instance. In art you have visual art – painting, sculpture and architecture. Then there is an art for the auditory senses: music and speech. There is also an art for smell as well as for taste, but what sort of art do we have for our tactile sense? Perhaps we have killed that art of, of “being in touch” via our radar-like field perception. Have you ever tried to touch an object at a distance through this kind of Secondary Field radiation, and interpret the signals received? Again, if you train yourself in it – and that is not very difficult, a weekend suffices – you will find that a new world has opened up to you. How it works has been described above. Of course, if we have blocked our awareness against such signals we shall never pick them up. We block ourselves by simply not believing that this is possible. I have trained some youngsters during a weekend and within twenty minutes some of them, while blindfolded, recognize signals from bracken, gorse, or ivy.



When Christ was asked what is the greatest commandment in the Law, he answered, the Commandment of Love (the eleventh commandment). It is here that he gives us a hint because this commandment starts with the words: “Hear, O Israel, the Lord Our God is one God...” The first condition to pick up signals is to listen and then to hear. It boils down to the phenomenon of resonance. **Love is just resonance,**

resonance to a field. With love one listens and develops an awareness of the environment. A special meditation technique has been devised called the E.M.T. (Environmental Meditation Technique) in order to develop such awareness. Actually it is a calamity that all methods of meditation, at least the ones that I have come across, tacitly assume that we are in the body, limited by our skins, instead of realising that **the body is in us**. And this attitude makes a great difference concerning the development of awareness for the very simple reason that **once you are conscious that your field – your Observer – is actually coextensive with the whole universe then you have all the signals at hand and only need to pick out the ones you want to be aware of**. However, you know that the rest are at your disposal the moment you turn your focussing power on them. You are no longer limited; expansion takes place, and by listening, by this *shema* as it is called in Hebrew, you begin to love, for through listening and hearing His love, He starts to operate in you. Love always opens the gate to listening and hearing and eventually leads to harkening, which means to understand the message deeply. Let me explain this. By listening you only pick up the mere signals. It is exactly the same as if someone were to send you a book written, for example, in Arabic or Turkish. You see the signs, you know that there is something there because the signals are coming to your eye, but you are not able to read it. This is the first sensitivity, the listening. The second conception of *shema* is hearing. The signals are picked up and you know how to interpret them superficially. When reading a book you understand the story but the actual message is missed. The third concept is the harkening. You read the book, pick up the signals and also go into it deeply, just like reading and understanding the signals of nature.

Present day physics limits itself to the surface, and is analogous to sending someone a book and asking them to read it and give an opinion of it, only to receive the reply that the paper is made out of such and such chemicals, the letters from grease, with so many circular and so many straight letters and so on, which quite interesting but leaves the meaning of the book still not understood. This is what is meant by listening, hearing and harkening, or perhaps looking, seeing and perceiving. In the case of our book the physicist has limited himself to its surface. Nature is a great book written to us in an unknown language, and *shema* means just learning the actual language and gradually understanding or harkening to the message. This is all implied in so-called E.M.T. Now this is just what radionics tries to do; it tries to pick up signals and expand our awareness of them through instrumental means, or through the supreme instrument we have: our body and, specifically, our hands. One can pick up signals by training not only the hands but the whole body. Quite a lot of information on this subject is found in Rudolf Steiner's book, *Knowledge of the Higher Worlds*. Another one is by Jane Roberts', *How to Develop the Third Eye* and there are many others which you know probably better than I (Fr Andrew Glazewski).

Obviously, it is impossible to cram into one hour's talk even the essential information. However, we can assure you that all this is well grounded and I do hope you can at least see that it has a reasonable basis. For example, in distant healing medical doctors are sometimes amazed at the results but because they have not been informed of the theory of fields they do not understand it. It is pure physics or perhaps it may be better described as psycho-physics. Anybody can be trained to open their inner senses which up until now have been latent and silent. After a while you will find new worlds open to you, new possibilities, new expansion of awareness and an inner experience which words cannot express. We have been so completely mesmerized by our lower senses, eyes, ears and so on, that we have neglected the inner ones. **But we know well that these outer senses so often mislead us, whereas the inner ones are many times more accurate.**

Once you have grasped these principles we can go into telepathy. You will find that by training yourself, it is very easy to communicate with rocks, plants and animals. However people are really hard nuts to crack because they are so absorbed by their own concepts and way of thinking, so brain-washed that they hardly ever listen let alone hear. I am talking not only about other people but also about myself. The arrogance with which we are imbued is quite incredible. As Steiner puts it so rightly, arrogance and impatience are the main obstacles to developing our inner senses. Hence, we are not able to hear signals from others, and therefore telepathic communication is cut off. In order to communicate you have to listen. Could you communicate with anyone if the other side would not listen? Well, the same applies to telepathy. You can see, I hope, the connections. The biophysical base is always in the field's resonance, whereas the resonance is not in the transmitting part, but is mainly at the receiving end which must be perceptive. *Shema is essential.* The trouble with us is that we do not want to hear or even listen. Let us train our inner ears to hear, and then telepathy will not be a mystery but an everyday experience. No proof shall be need.



Playing Your Music

You won't find one place in the gospels where God tells you that you have to add pains to your everyday experience. He says that you have to meet the pains but never add to them. So don't carry out any mortification in order to do mortification because it's nonsense. It's against the teachings of Christ. You meet whatever happens in your life with joy and acceptance and never escape it. And then you'll find how to suffer; if you are loving. That is the secret. If you are loving, the suffering vanishes. The cloud is gone.

I'll tell you of an experience I had. I went to a doctor who was doing some research on a girl, in his laboratory. There was an ultraviolet light there, and I was careless enough to look into that light for a short moment. I remembered that you can lose your eyesight if you look into it, but nothing happened. I went home and went to sleep. In the night I woke up with fantastic eye pain. I opened my eyes, lit a light and only saw a faint appearance of light. Nothing else. And I understood that I'm losing my sight. That I shall never see again. And from the bottom of my heart I said, "Thank God for that. I shall open my eyes in the next world." But for the sake of eliminating the pain, I went to the bathroom, washed my eyes and went to sleep, feeling joyful. I woke up in the morning, still with the pain but seeing things perfectly. It's a device in our organism. If you meet something with joy, the organism immediately sets that device in motion to mend the difficulty in the physical world.

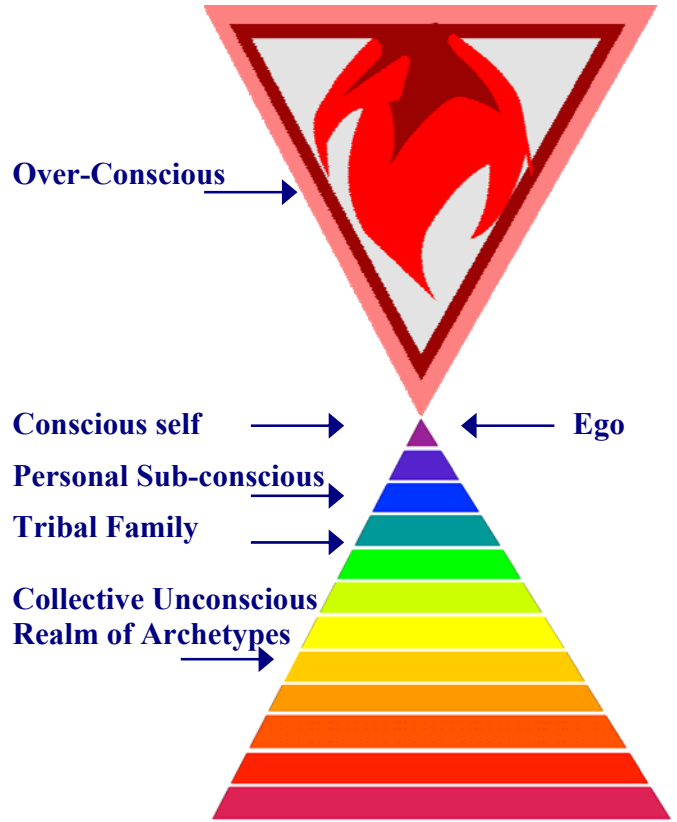
It's difficult to explain. You may have to experience the pain. You see, pain is only given to you to teach you something. Any illness I've had, I knew was there to teach me something. And I try hard to find out what, and when I found out, immediately the illness disappeared.

We have two sides, the unconscious and the over-conscious, and the conscious. There are three quasi-personalities. And if you talk to yourself, it's not the first sign of insanity. Because the conscious talks to the subconscious and to the over-conscious in order to communicate with them in a physical way. And strange enough you have to talk about it. I talk to plants and then they grow. You can be silent with them, and love them, but they will not grow as much as if you talk to them.



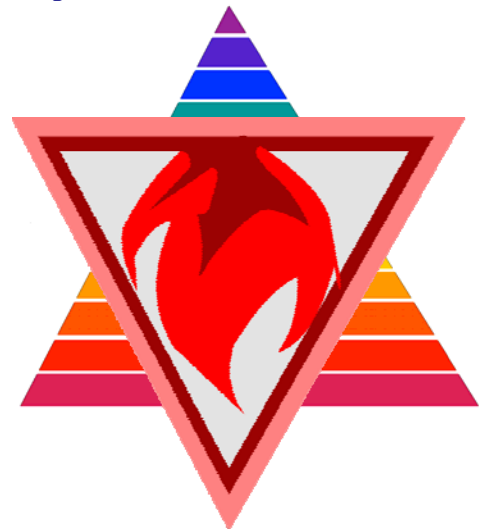
A pianist was a very simple person who didn't have a clue how to play. He could tune into the field. If you tune into the field you suddenly acquire the agility Chopin has when he was here. A sort of reincarnation of Chopin, so that Chopin will play for you. Someone looking on me will see Chopin because I will transform my face into Chopin's. I would still preserve my own face, but it would have his expression. It's as I was talking to you today. It wasn't me. I'm a simple channel. Provided I am nothing. The more I'm nothing, the better I am a channel for something else. The same thing is with the piano. If I am aware of myself, I am aware of my ten fingers which cannot properly touch the piano keyboard. So as long as I have this feeling I can't play quickly. When I lose this feeling I play like an accomplished pianist. And that's the energy way of living. I would love for instance to tune into a book so that I could comprehend the book immediately; and not only the book but the actual mind of the writer. Then there's no need to read the book. If you put your hand around a book you will see a certain beam with a certain direction. Through this direction you go in and then you'll know all about the book. And that will be the best way of teaching children because they spend the best years of their lives on the school bench, which is a waste of time.

HUMAN PSYCHE: Over-conscious and conscious self are separated by the ego.



A question about animals and plants as being more sensitive than us, is it because they have many very small hairs? It's because they don't have blockages like we have. Prejudices. We have prides and prejudices and put up blockages against the flow of energy. When I have a patient I immediately start to send them light and love and he starts to breath. The improved breathing immediately results in him being healed. And the breathing is usually connected with the sympathetic nervous system, which means a certain set of emotions. And these emotions are usually regulated by a certain set of beliefs. If I believe for instance that you are my enemy because three persons tell me that you are my enemy, then I will obviously develop a resentment toward you. That is a set of beliefs that produces emotion. **Emotion has a terrific influence on our illnesses.** Eighty percent of all our illnesses are due to negative emotions. Plants haven't got them. They are as they are, but

Representation of the Perfect Man



we wear a mask. You want to appear better than you are. Everybody wears a mask. And when I said that we must find it out, I mean that we must find ourselves and be ourselves.

Further, I have to remove my own blockages because I am often the cause of money not coming. I have my own blockages. I remove blockages and money comes. And to give you an example. You know of Max Freedom Long's, *Secret Science behind Miracles?* The book is about a man who goes to the Polynesian Islands to find out about Kahunas. (**Kahuna** is a [Hawaiian](#) word, defined in [Pukui & Elbert \(1986\)](#) as a "priest, sorcerer, magician, wizard, minister, expert in any profession".) He stayed there for fifteen years and learned what he could. He has to go back to California. He has a photographic business that is worthwhile and which he wants to sell for seven thousand dollars but he gets an offer of only five hundred for it. The trip itself costs a fortune which he cannot afford. So he goes to his Kahuna, the priest of his local Polynesian village. The priest looks at him and says, "You have done harm to a child, and that is an obstacle for money coming to you." The author says, "What shall I do?" "Go and give a substantial amount of money to a children's cause. A charity. Do penance, that is, try to change the frame of your mind. That is the meaning of penance, not mortification. Change your way of thinking. Then come to me in four weeks time. So he did it. In four weeks time he comes to the Kahuna who looks at him, "The block in your psychology is gone, so there's no obstacle for money to come to you. So you will go next Wednesday to the chap who offered you five hundred dollars, and you will find him at the desk playing with his pencil. You will put the paper in front of him and tell him that you will be back in ten minutes time. He will then offer you seven thousand dollars. So he goes to the office, finds the man at his desk playing with his pencil, and the rest happens exactly as the priest said. He'd removed the blockage, and the money came.

The trouble is that you don't always have someone to tell you where the blockage is, and also, there may be many more than one. Hundreds of them. It's terribly valuable what is said here.

You don't need to know where the blockage is. You need to use your hand. Hold it above a ruler or whatever device you make to detecting blockage (kinesiology muscle testing). You'll find one blockage, two, three ... doesn't matter how many. I just remove them. Gone. And when you remove the blockages, in three or more days time, the money pours in. But, the blockage is in me. Not in other people. I am blocked. When I'm healing, I am often the obstacle, not the patient / friend. We always think, "That I am clear, that I'm a lovely chap, but that one is bad. No, I am bad and that one is probably much better. First clear yourself, and then you'll be able to do that. Very important. Think intensely about yourself as being the obstacle.

If you love, you'll get the answer. Because you are in resonance with the problem. And then the problem itself gives you the answer. But it's always love. Meet any trouble with tremendous love. The trouble then vanishes like fog under the rays of the sun.

When you don't have love, you regain it with Love-Light Technique – lovingly and earnestly asking for and receiving Divine Love. It comes itself with praying. You cannot force love into you. It's impossible. You can, with your hands, remove blockages against it. But if you practice LLT love comes of itself, without pain, without tears. After a week or two, or perhaps a month, you'll see the difference in you. You'll be amazed at how it happened. The love you find is not the passionate love that attracts you to something. Then you are in resonance with the problem. And when you are in resonance with the problem you know what it is. Somehow you resolve it.

INTEGRITY of PURPOSE:

One's intention, when engaging in communications via telepathy, kinesiology, or any other energy based method, necessarily needs to be unselfishly focused and loving for such connection and communication to be reliable. If one's integrity of purpose is not for the benefit of all concerned then errors will occur in what is understood or attempted. You could say that such systems have their own security control mechanism, an internal audit on integrity.

The more loving, relaxed and detached one's condition is at the time of engaging in connection with others then the higher the quality of the connection and the more successful will the outcome be.

Thus, when one becomes detached from self and allows the channels to take possession and control of your faculties then the greater the level of truth and clarity of communication will be the outcome. You will benefit all who are focus and purpose of such an endeavour.

Any unloving agenda that enters into such communications will result in a collapse of the integrity and failure in all aspects of such an exercise.

It is when love is the overarching purpose this is when the experience and beauty of the outcome becomes extra-ordinary in achievement. The gifts that can flow to all engaged in such an exercise will consistently be wondrous in the benefits derived.

The more we give in love the more we receive.

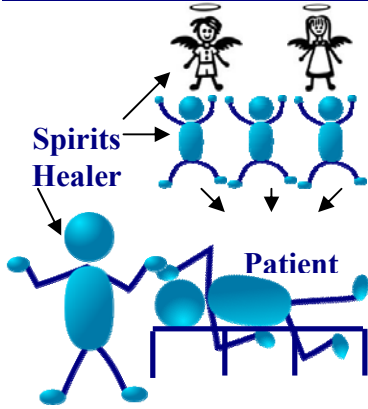


God's Divine Love; pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love. **JD**

SPIRITUAL HEALERS & HEALING:

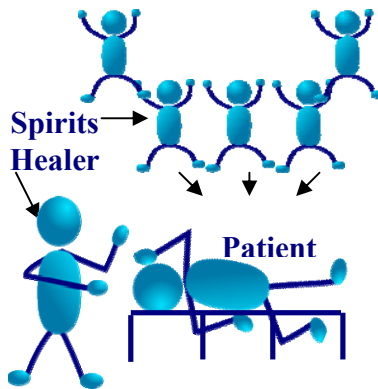


Healer whose soul condition is above Earth plane (2nd sphere or higher) and is open and receiving Divine Love will be able to attract Divine Love spirits from 5th and 7th sphere, and also Celestial Angels (8th +++) who have healing capabilities.

Patient, should he/she be open and receiving Divine Love, will be cured – permanently. When God is involved this way, wonderful and complete recoveries frequently occur.



God is fully involved, faith is high with all parties.

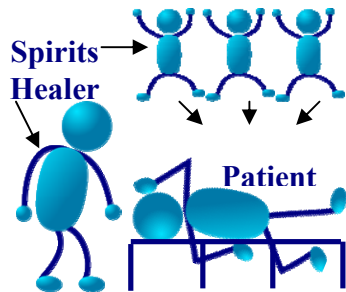


Healer whose soul condition is above Earth plane (2nd sphere or higher) and is open and receiving Divine Love will be able to attract Divine Love spirits from 5th and 7th sphere who have healing capabilities. Patient not being open to Love.

Patient will have relief from health issue. Unless he recognises the underlying cause, the core emotional error, which created the illness, and releases it, then a similar issue may reoccur.



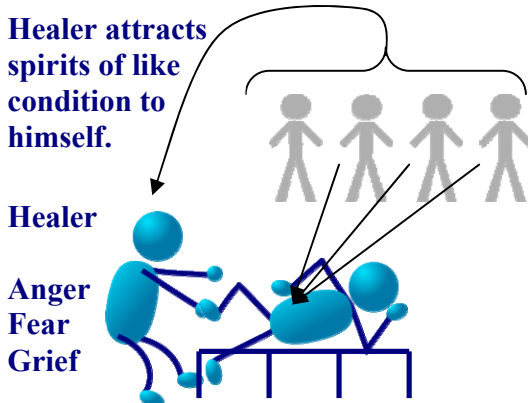
God is welcome and partially involved.



Healer whose soul condition is above Earth plane (2nd sphere or higher – over 500 on MoC) will be able to attract natural love spirits from 4th and 6th spheres who have healing capabilities.

Patient will probably have relief from health issue. Unless he recognises and releases the underlying cause, the core emotional error, that created the illness and releases it, then a similar issue most likely will reoccur.

God not involved. Spirits and people self reliant.



Healer attracts spirits of like condition to himself.

Healer

Anger
Fear
Grief

Healer whose soul condition is in the Earth plane state (MoC under 500) will typical attract spirits who have no healing capabilities. Should the patient also be in the Earth plane state (1st sphere condition) and have no faith in the practice then healing probability is negligible.

God not involved. All parties self reliant. Patient has no faith.



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10

9 MOC Peak

8 1250

7 1080

6 1000

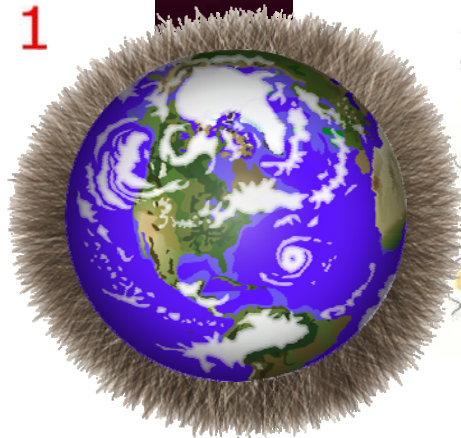
5 920

4 840

3 780

2 650

1 500



SPIRITUAL HEALING CONDITIONS:

Only when the healer is at one with God (8th sphere soul condition) can he, directly with God, heal a person, who has faith.

Practical ultimate conditions for healing:

Healer on Earth is seeking and receiving Divine Love and is in a 2nd sphere soul condition. Person seeking healing is also seeking and receiving Divine Love, if only to a limited degree.

Healer will be sent Divine Love angels from the Celestial Realms (8th sphere and higher) and they will act as conduit for our Mother and Father. All parties involved have faith and desire to connect with their Father and Creator. Healing will be rapid and permanent.

Healer who is above 1st sphere soul condition can and does attract natural love spirits from 4th and 6th sphere to assist with relieving illness.

If healer is asking for and receiving Divine Love then he will attract assistance from 5th and 7th sphere spirits to assist with healing, bringing relief for the patient.

Should the patient have faith in the process and is endeavouring to grow in love then healings are possible.

Healer, in this condition, is able to break through the cloud of negative emotion enveloping Earth.

Healer in 1st sphere soul condition cannot develop rapport and assistance from spirits who are above 1st sphere. He attracts 1st sphere spirits who masquerade as healing spirits. No healing.

TELEPATHY:

OUR SOUL, upon conception, starts to radiate from within one's spirit body at the speed of light into its surroundings and out into space. At the speed of light, 300,000 kilometres a second / 186,000 miles a second, our soul's perceptions circle the Earth in 1/8th of a second. A soul's thoughts reach a person on the other side of Earth and respond to the originating person within 1/8th of a second should each person tune into the other. We radiate our being outwards in ever expanding dimensions, increasing in proportions from the moment of our conception, at the speed of light continually.

Telepathy is a condition of tuning into another person, be they in a physical body or within the spirit worlds, and conversing with them through one's inner senses.



Judas of Kerioth

Received by H.R. Cuenca, Ecuador.

www.lulu.com

April 7th, 2003

Jesus, yes, I am Jesus.

It has been said that in order to be able to love others, it is necessary to love oneself. This is a great truth. Oftentimes, what people see in other people, is a projection of their own being. That is to say, when they see in others the flaws that they detected and hate in themselves, they hate these other people exactly for these flaws they share with them. The difficulty of overcoming their own flaws leads to the projection of hatred, scorn, and frustration onto other people. It is necessary to learn to love oneself in order to be able to love others. The recognition of one's own flaws does not mean to condone them, but rather, that people have to make an effort to overcome them. Seeing these flaws in others should motivate people to help their neighbours to surmount them.

You are right, in order to love oneself, it is not necessary to acquire the Divine Love. Purified natural love is perfectly able to achieve this objective. Even more, I dare to go one step further: Lack of self-love is the greatest obstacle to receiving the Father's Love. When people do not love themselves, how can they feel loved? And when they do not feel the Love that God has for them, it is difficult or impossible for them to find the right approach to ask God for His Love.

But when people finally manage to obtain this Love, and when all their being is eventually transformed into this Love, then to love for them is not only a strong desire, but also an attitude that necessarily is born from the very nature of their souls.

Your elder brother,
Jesus of Nazareth



Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Thought Containers

Received by H.R. Cuenca, Ecuador.

May 24th, 2003

Do you know what "thought containers" are?

Well, it is a term I have just come up with.

In the body of the Padgett messages there is mentioned that thoughts are things. It is a statement that surprises many. In fact, many do not know what to think of this: Do thoughts crystallize? Do they float in the air like droplets of mist?

Today I intend to write you a message in order to give you an idea of what this expression means. It cannot be a very accurate message, because once again I will take recourse to analogies for describing the unknown. But it will possibly help you to understand a little bit what up to now has been a mystery to you.

Imagine thoughts as objects of programming. I will help myself with your scarce knowledge of object-orientated programming. So, a thought is an object. A programming object may contain a lot of different things: Constants, variables, member functions, other objects, etc. And the same is true for thought containers. In the same fashion they contain thoughts, but additionally also "pointers", which point to certain addresses [registers?]. Those addresses are not necessarily the individuals that have created or held those thoughts, but rather some specific condition, a specific development – soul development, I mean, because the mental development (I am not speaking of intelligence or knowledge, but the quality of thoughts relative to guideline that is running through all existence: that is to say, Love) depends on the development of the soul. Although the material mind does not form part of the soul, it is the product of the spirit body, which in turn depends, in its composition and aspect, on the soul.

When using words such as "to point" and "address," you may understand that we are speaking of space. But don't make a mistake. I am not speaking of a physical space. I will give you an example: On Earth, you can find souls of almost all grades of development, from the almost celestial (or even truly celestial) soul to the infernal soul, that is to say, a negative development, an "involution" of the pristine soul. If the pointers of thought containers indicate their field of influence, you can also imagine that there are all sorts of created thoughts "floating in the air" on Earth. But in the spiritual sense, they exist in very different levels of being, and therefore, not all of them are accessible for everybody.

The law of attraction determines that certain soul conditions attract certain kind of thoughts. In fact, the soul condition determines the "spiritual level" where the soul lives, and therefore, it also determines its respective environment of thoughts.

We may access thoughts consciously. In the spirit world we constantly do this to obtain information: this way, together with a "verbal content" we may obtain visual, acoustic, and emotional information, etc. Just imagine thought containers as holding also integrated lists of key words, with whose help we may find what we are looking for.

But what happens in any event is that these thought containers influence us, they "invade" us, if we are within their scope of action. This is the influence they exercise upon us.

Therefore, the poor people in the hells suffer from a bombardment of thoughts that correspond to their level of development – and that is horrible. On the other hand, the blissful souls in the high spheres of the spirit world (or the mortals of a high soul development) enjoy a positive influence. When we say that "we surround you with our love," we mean that there are our positive thoughts which influence your soul, because you have succeeded in penetrating into those spiritual spheres where this kind of thoughts exercise their function.

Forgiveness is forgetfulness. You have read this. We have not really forgotten, but that sort of negative thoughts that had held us submerged in a deplorable condition, no longer affects us; that is to say: We have been able to get out of their sphere of influence.

The souls living in the deep hells, as a matter of fact, do not suffer so much from these thoughts, because they correspond exactly to their condition. For them, it is normal to be invaded by this class of ideas. The greatest cause for their suffering are rather their feelings of envy, when they are able to observe how others live in much better conditions. But the moment comes when their own soul development progresses a little, and suddenly the influence of those dark thoughts is felt as annoying, even as painful. Thoughts are sticky things and they tend to exercise a "suction-like" effect, like pulling backward or forward. When the soul is on its way to progression, it feels this "suction" in different directions, like "being torn apart" between two worlds, and this hurts. Call it remorse. And it is exactly when this moment comes that we go there to help, to speed up the process and to mitigate the pain. Yes, you are right, we are like midwives who help to deliver the baby.

I could tell much more on the topic. But I believe that you have understood what I wanted to communicate. Yes, although it is believed that our spirit world is very similar to the Earth, it is not so. Certain things, such as the influence of thoughts, appear more tangible in the beyond, creating more happiness – or more pain, depending on where you happen to be.

Yes, I know. You find the message strange. But take it as an allegory.

God bless you.

Your brother,
Judas

Thoughts Continued

Received by H.R. Cuenca, Ecuador.

June 30th, 2003

[H.R.: In the context of "thought containers" I had seen, already some days ago, the image of a pink rose, like one of those I have in my garden. And the voice told me:

"This is not just the image of some rose; it is not a generic flower, but it is a very specific rose. It is a thought that – besides the image -contains more information: The fragrance of the flower, if the thinker has really smelled its aroma; the silky touch of its petals, if the thinker has really touched them; the hardness of its thorns, if the thinker has really tried them; the green colour of its leaves, if the thinker has really paid attention to them. And this thought is connected with other thoughts: it refers to the garden where it grows, to its owner, to the land where it lives. This thought is like a knot in a tissue of thoughts, and

starting from this point, you may easily arrive at other points or thoughts, and so you may succeed in penetrating ever deeper into the thinker's mental world.

"God also has thoughts. And if you are able to capture one of them, and if you succeed in following their thread and their context, you will come ever closer to Him".]

My dear brother,

There is not one thought that disappears, and all are accessible to us, and you can access all that are on your level or below. Apart from what you received in the vision of the rose, thoughts also vibrate with emotional contents: they distil love, hatred, joy, fear – in short, all those emotions that the thinker felt in the moment of creating it. Therefore, many thoughts are attractive, because of their positive emotional contents; others are repulsive.

It is the favourite hobby in the high spheres of the natural heavens to hunt these thoughts and to follow their threads, to travel along this fabric of individual life and to reconstruct or to revive the world of other people. More than a hobby, it is the centrepiece of their lives, their reason of being. They are able to contemplate any event of history from any angle of view. There are spirits who are dedicated – already for thousands of years -to this hunt, and they feel very happy. They have accumulated immense knowledge, on history, on languages and philosophies, and they have contributed their own thoughts in that respect. And there are others who – after thousands of years of such hunt – are saying:

"I have travelled thousands and thousands of miles in my adventures, and I have not moved a single inch from my starting point."

It is then when they no longer want to hunt thoughts, but rather notice what is at the bottom of all creation: this force that is present in the whole universe. For they have realized that the rose of your vision – like all the objects of creation – is crystallized Love. It is then when they look for the Love, and through it they find the essence of things, not only their external vision.

The wisdom of the Celestial Heavens is different. It is not based on scale models, but on Reality; it does not change, but it is; it is not a fan of emotions, but it is pure Love.

God also has thoughts. These eternal Truths are encapsulated in His Love. With each particle of Love that you manage "to hunt," you will incorporate a particle of Truth.

May God bless you always,

Your brother in Heaven,
Judas



To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

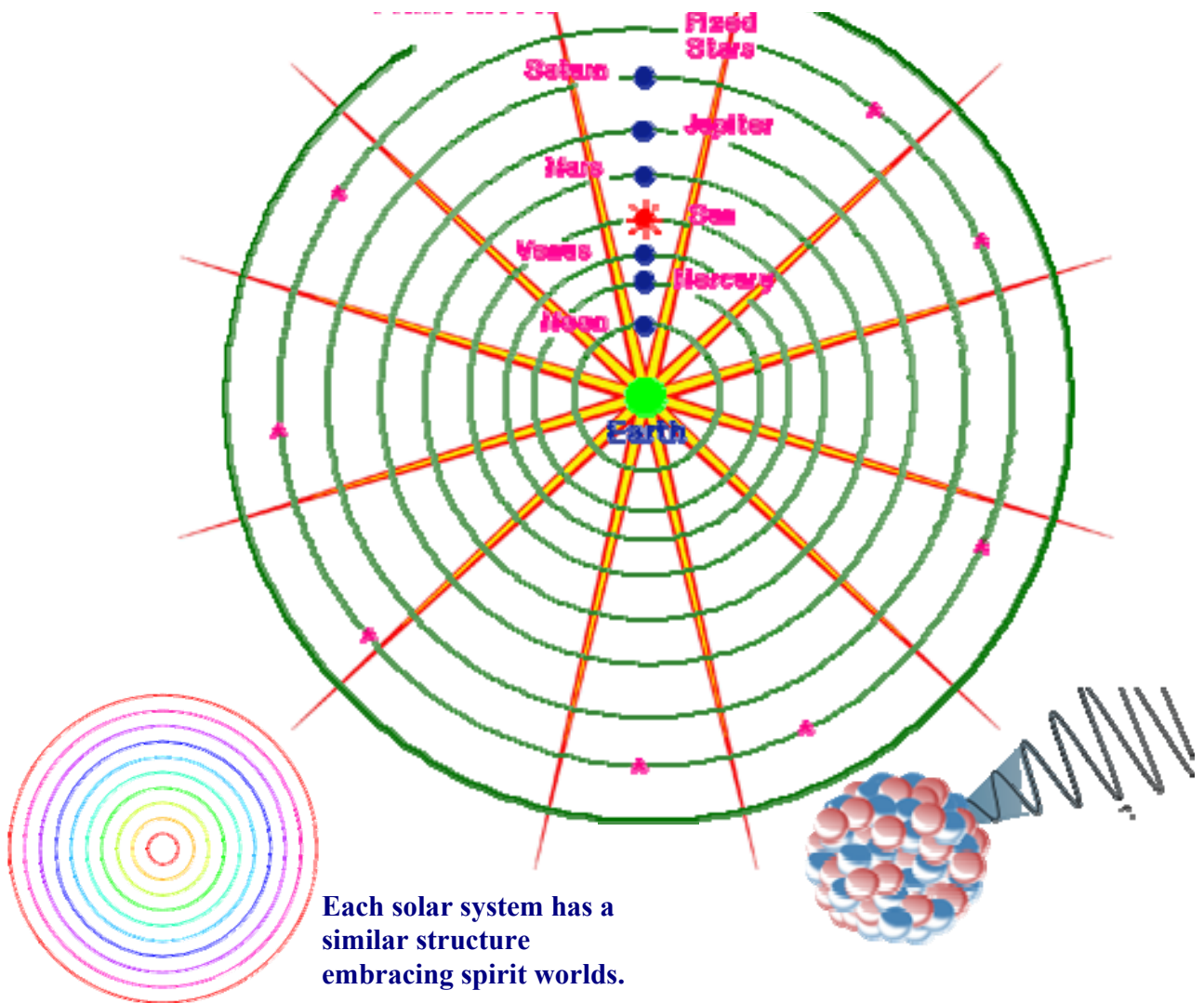
OUR SOUL'S FIELD EMBRACES the SPIRIT WORLD:

The spirit worlds, being spheres 1 – 7 as well as the 3 Spheres of Disharmony, all reside within our solar system. The Natural Love spheres are numbered 1, 2, 4 & 6, and the Divine Love spheres are 3, 5 & 7. The Spheres of Disharmony, of which there are 2 being planes of Earth, are also known as the hells.

We all arrive within the 1st Natural Love sphere when we shed our physical body. As our soul expands, we are in easy contact with our spirit friends and relatives should we open our senses and endeavour to communicate with them. The 1st natural love sphere blankets Earth at all times.

It is via our ever expanding field that we are able to connect and communicate with others over great distances at great speed, be it in the physical world and/or in the spirit worlds.

Our soul expands throughout our solar system and beyond.



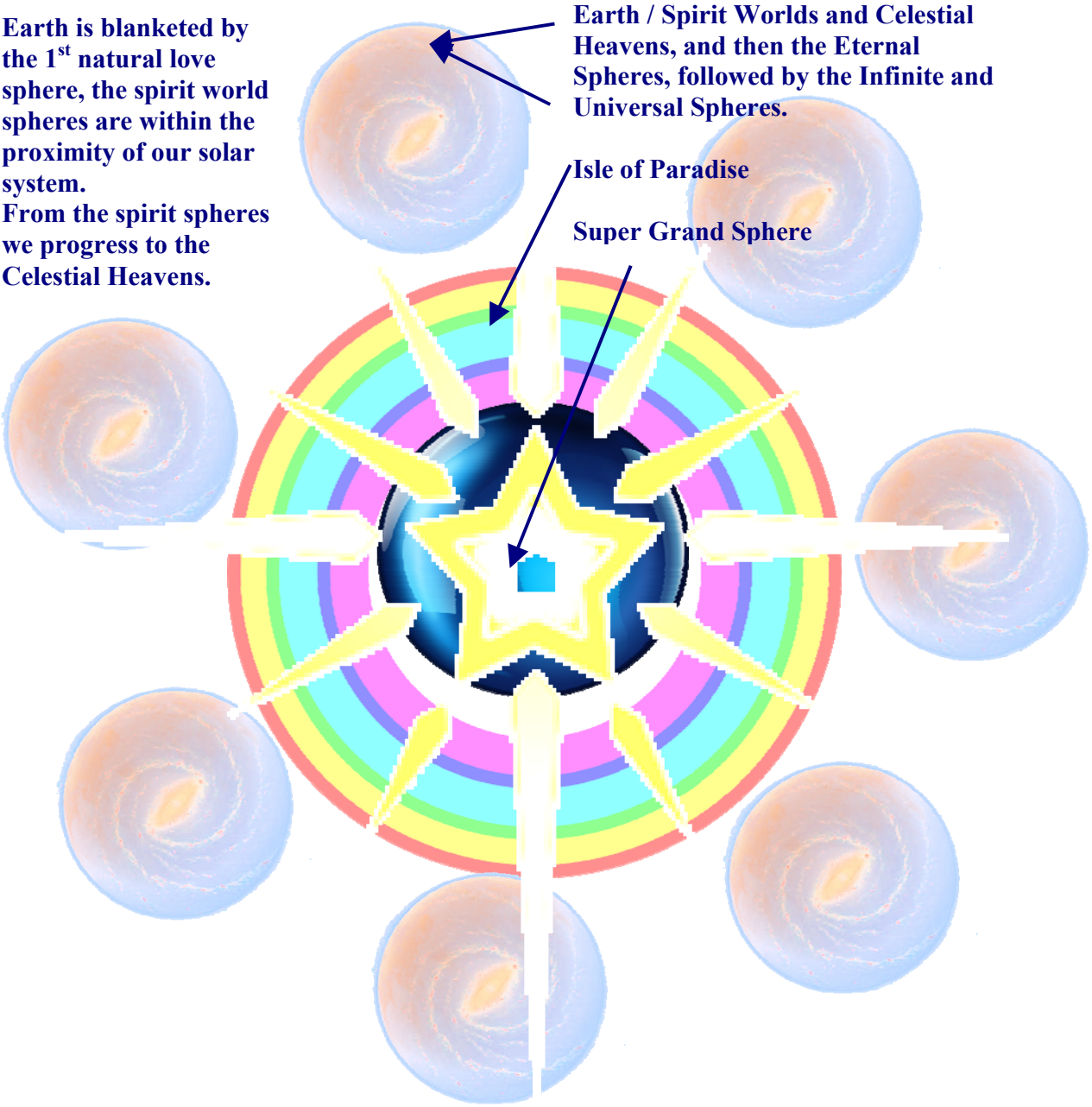
OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:
Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of our Heavenly Parents, being our Mother and Father.

Our progression is always towards the centre.

Earth is blanketed by the 1st natural love sphere, the spirit world spheres are within the proximity of our solar system. From the spirit spheres we progress to the Celestial Heavens.

Earth / Spirit Worlds and Celestial Heavens, and then the Eternal Spheres, followed by the Infinite and Universal Spheres.

Isle of Paradise
Super Grand Sphere



Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018



REVELATIONS



JAMES PADGETT **REVELATIONS** 1 Commenced 1914
 MONCRIEF 2 Completed 2014

REVELATION 1

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

REVELATION 2

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality **The New Way**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Feelings First Spirituality The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
BAD feelings.
Want to understand why you're feeling them.
Use your surface feelings to take you deeper into your repressed and
hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.
It embraces all people.

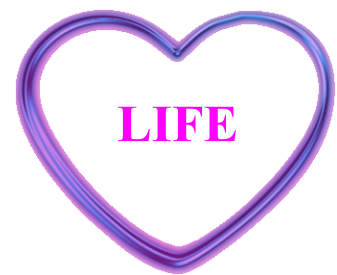
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise
 **HOME**

Feelings!

Our FEELINGS are our SUPREME GUIDES:

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



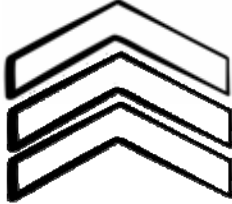
“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;

Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



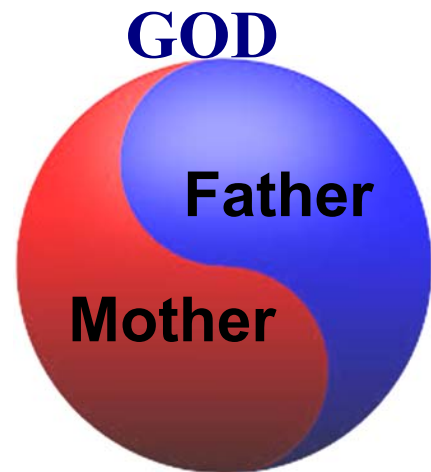
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



<http://www.pinterest.com/roseapothecary/liquid-light/>

Throughout history, cultures from all over the world have acknowledged the existence of a Universal Energy Force flowing through everything in the world, including the human body. It has been given many names. In India it is called "Prana". In the Far East it is "Chi" and in some shamanistic traditions it is described as "Chula" or "Amimu". Today many people refer to it as "Spirit" or the "Life Force"



A living body is not a fixed thing but a flowing event, like a flame or a whirlpool: the shape alone is stable, for the substance is a stream of energy going in at one end and out at the other. We are particularly and temporarily identifiable wiggles in a stream that enters us in the form of light, heat, air, water, bread, fruit, beer, caviar, and pate de foie gras. It goes out as gas and excrement and also as semen, babies, talk, politics, commerce, war, poetry and music. And philosophy.

Watts

<http://www.pinterest.com/roseapothecary/liquid-light/>

Your mind puts out a powerful broadcast of energy. It determines how you experience the world and what you create. Your thoughts are magnetic; they go out from you and draw to you those things you think about. Your inner dialogue is important, for the way you speak to yourself determine the events, people, and objects you attract. Orin



Let's focus our energy on the things we want instead of talking or thinking about the things we don't want in our lives. Let's not fight an illness, but instead welcome and rejoice for the perfect health in our bodies, let's not be "anti" something but instead "pro" whatever it is that we believe in...



Agnes on Mastery

1 July 2014

Good evening my dear friends. I realise that I am still very much in recovery from all that has happened recently. I often fail to realise just how much is going on for me and to underestimate how much effort is involved. That seems to have been the story of my life to some degree. I seem to be a slow learner at times. I am not complaining just grateful that I am learning now. The Earth does seem such a turgid place a lot of the time but I imagine that I experience more much less turgid than many others do.

I was interested to hear the man I was speaking to today describe TRM (The Richard Messages) as a self-help book for awakening people. I had not thought of it in just those terms even though we have spoken of it as a manual for growth. I feel that TRM is now beginning to be known and recognised and will enjoy a steady growth over time. I do feel that there is a place for a Kindle edition of it and will look into this. I feel the book needs to be easily obtainable.

I am holding off on any planning of the next book. By that I mean the one that will follow the second volume of TRM which I feel we should publish before much longer.

Good evening my very dear friend. I am Agnes and have come to speak with you this evening as I have not been to write with you for a little while. I have been with you throughout all your recent experiences and greatly enjoyed our interactions and being able to speak through you at the gathering (16 – 21 May 2014). This was a wonderful time with great experiences for all who were there. As you have said a few times, no one who was there realises as yet just what happened for them there and where it will lead. This is part of the wonder of such gatherings where a number combine in their desires and create something that is invisible to them and which then has a life of its own and will grow taking all with it.

We have spoken a number of times of this ‘structure’ that has been created and have not endeavoured as yet to define it in any way. This is largely because it is indefinable but exists nevertheless. Many structures created in spirit, whether created by spirit or incarnate humans, are rather evanescent yet are strong and enduring with great beauty which is constantly changing because the creation is not static as is a building or a bridge. These creations are an amalgamation of spirit energy and are living structures which are made of the energy which is not unlike the energy of thought but which has a totally different quality which is perceivable to those who are capable of doing so but which is not describable to those who do not as yet have such ability. I imagine that has served to confuse many and this is not my aim. If you wish to have an image you may think of this structure as somewhat like the aurora borealis with its changing form and its movement but different in that it is full of changing colours of great softness which blend imperceptibly into each other.

The purpose of this structure is also hard to define. It serves as a focal place for the energies of prayer and thought directed from the members of the group (Divine Love Gathering – Caloundra, Australia). Now I will hasten to say that this is in no way an intermediate point in prayer to Our Source for there is no such intermediate place or person. This creation in no way alters any prayer or thought that passes through or near it. If anything it could be likened to a mirror which, being alive, is further enlivened by the energies of its creators but without in any way diminishing the energies of their prayers. It functions to spread these energies widely and softly on the planet. It is not unique as there are many such structures associated with the world. It is unique with respect to those who have created it. As you will realise, other such structures have been created by other groups who meet or have met in common desire

to grow in spirit and love. Therefore you will realise further that many of you are associated with many such creations. These creations are linked at spiritual levels and are combining to form a very, very large wonderful and colourful 'cloud' about the Earth.

Take this image into your minds and see where this takes you. Hopefully you will find yourself taken into wondering what this wondrous cloud does. If you then think further you will begin to realise that it functions as a reflector of the combined expressed love of a great many people. As such it is an instrument of great power and efficiency which ensures the maximum result from all prayer offered.

We have not previously discussed such a structure with you at all and many will wonder if this is some strange thing that we are imagining for you. It is real and exists and has existed for a very long time but had fallen into what you might call disrepair. For some time now, repairs have been underway and gatherings such as your recent one (Divine Love Gathering, Australia 16 – 21 May 2014) are invaluable sources of energy which is used for repairs and strengthening. This structure is a creation arising from the Earth and its maintenance and strength also must arise from the Earth because it is a creation of the free will of humans. Its essence is good will and it is built by good will and reflects good will to the Earth.

I tell you of this because many do feel that their personal efforts in prayer and good will are puny and almost not worthwhile. To believe so is a great personal deception. Even without any reinforcing or magnification every individual effort has much more effect and power than most people realise. This structure does not magnify other than that it collects and reflects the collection therefore creating a unified direction of the energies of good will. There are those who will read this and immediately feel that this means that good will or prayer that they have directed to specific recipients is being intercepted and redirected and this is never so. **Every prayer and thought of good will goes where it is intended.** The structure to which I refer simply reflects what could be dissipated without effect so that it functions in what could almost be seen to be recycling. This is not a good description at all as recycling implies a second use of something that was exhausted in its original application and this is never true of prayer and good will. It is more true to say that it is a more efficient original application.

I wish to introduce this to you to give you some further inkling of the extent of spiritual operation in which you are involved. In many ways what you have been told in the past and which you believe is little more than an introduction to the subject of living with knowledge of spirit and its depth and application. It is desirable that you have increasing awareness of the reality of creations of spirit and their function and action in your everyday lives. You live and move in the context of a magnificent reality most of which you are unaware of or know of only in the form of parable and symbol. These tales of the deeper aspects of living are helpful but are limiting.

Progression along spiritual paths or directions of growth and learning change as one moves forwards and is able to perceive more and more of what lies about you and within you. Many choose to stay with the story with which they are familiar rather than expand into new awareness. This is a valid but limiting choice.

We have used the analogy of one who chooses mastery of some form of human endeavour and who learns and applies what is learned until their mastery is recognised and marvelled at by others. There is a form of human endeavour which is applicable to all humans and to which all will be introduced in

time. Those of you who are reading this have already been introduced to this. This is spiritual growth and growth of awareness. Are you then going to have this awareness and do little with it?

We are masters of this process and offer to be your coaches and guides to lead you towards your eventual mastery of spiritual living. Now most of us achieved this in our progress through the Spirit Worlds (spheres 1 – 7) in the course of eventually coming to the Celestial Realms (8th sphere and above). We are offering to assist anyone who wishes to approach closer to mastery while on Earth. Now I am not saying that this is an easy process but I assure that those who choose to apply themselves to it will reap rewards far beyond their dreams. Nor am I saying that you will achieve Celestial condition while still on Earth although one has done this before and He provides example. I will not say what is possible or impossible for any person in a lifetime on Earth but will say that all that we perceive indicates that very few people even begin to touch what they are capable of.

The processes involved are not arcane or covert nor hidden in mystery. The one who achieves mastery in music, art, sport or any other chosen endeavour does so by applying themselves to the details of their art and practising and endeavouring to approach perfection in their performance. This is also what is involved in mastery in human and spirit living. What is involved is the application to the large and tiny details of everyday living and the interactions with every person one meets so that one learns slowly the most effective ways that produce the maximum good will and harmony in the human universe. There is no requirement for universities or other institutions of advanced learning. The learning environment is precisely where you are located at every moment physically, mentally, emotionally and spiritually.

It requires the acceptance that whatever one is doing now is one's current standard of performance of the art and no predictor of their likely future progress. Wherever and however one is at any moment is simply the place from which one will move into the next moment. There is no need for comparison with another although there is always the opportunity to learn from another and for them to learn from you. It is vital that each one learns the difficult lesson of self-acceptance which allows one to move forward. Negative self-judgment is an incredibly powerful creator of stasis as it creates an almost insurmountable barrier to progress. Acceptance is simply the realisation without judgment that one is just the way one is. From this point it is possible to move forward and to grow.

Acceptance must be coupled with humility which sets pride and condemnation aside. Humility acknowledges ability and talent yet doesn't vaunt this. It also acknowledges perceived limitations and seeks ways around or through them. Humility acknowledges in full the capacity of every human to grow to a degree that is almost inconceivable.

Any movement towards mastery leads to becoming a more complete human and nothing is more appropriate for any person. I strongly suggest that each one could profitably set one's sights on mastery rather than simple progress. Many make the mistake of seeking high ideals and then seeking them in places other than ordinary everyday living yet it is in this most mundane of arenas that mastery is easiest to find. You must recognise that ordinary everyday living can encompass whatever level of spiritual awareness that you choose to bring to it. However highly one might ascend in pursuit of mastery while on Earth, one will still have their feet well planted in the mud of the Earth and it is well to recognise this early in the piece.

All will leave the Earth by the time honoured method of dying and passing into the Spirit Worlds. The mechanism of dying matters little for the most part but the way of living prior to the transition matters greatly in all cases. We strongly advocate developing the greatest possible level spiritual awareness in the context of living on Earth and interacting with all other humans. We stress again and again that living on Earth has a great spiritual purpose that deserves great attention. You are not there in order to get out as slowly or quickly as possible in as good condition as you can possibly achieve. All of you who are reading this actually are aware that there is much more to living than most recognise or it is unlikely that you would be taking the time to read this.

We are most strongly encouraging all who read this to act as though they really know what is meant by the words. It is not the reading that matters but what is done with the awareness.

Well here I am writing with directness that you are not accustomed to from me. Are you surprised? As you progress spiritually you can all expect greater directness and much more clear guidance. If this were not so it would be akin to allowing a child to spend their whole education repeating the little lessons and games of childhood. There are enough people doing this in the world already.

Those of you who aspire to higher ideals and who come to us for assistance and guidance must expect something more from us than oft repeated platitudes and pats on the back. This would not be true guidance and teaching and is not what we will willingly do unless that is the free will of an individual. You need to recognise that when you come to us in this day and age and at the stage of development that you have that you will be offered guidance that will stretch you and make demands of you. Any less would show scant respect for you and we have the greatest respect for anyone who actively seeks our full guidance.

Think about what I have just said and realise that I have said that we respect you who seek our help. Indeed we often have far greater respect for you than you have for yourselves. In respecting you we honour you and bestow our gratitude upon you. You are all in an incredibly powerful position to aid the progress of yourselves and all of humanity on Earth and in spirit. We stress this constantly as it is easy for you from your position of limited perception to lack awareness of this. We offer what we know because you want to learn to know these things too. You will not know them from our telling you but will come to know them by the progressive experiencing of the outcome of following our lead and guidance which is founded in the Truth that you seek.

We have written a great deal today and we have done enough. Today you discover that there are many surprises for you and you cannot judge what anyone of us might offer you. I know that you sense my smile at your experience of today. What I offer you today is born of my respect for you and the fact that you are capable of taking such a gift in the spirit it is intended and to own it. It is my gift to you and to anyone who reads this.

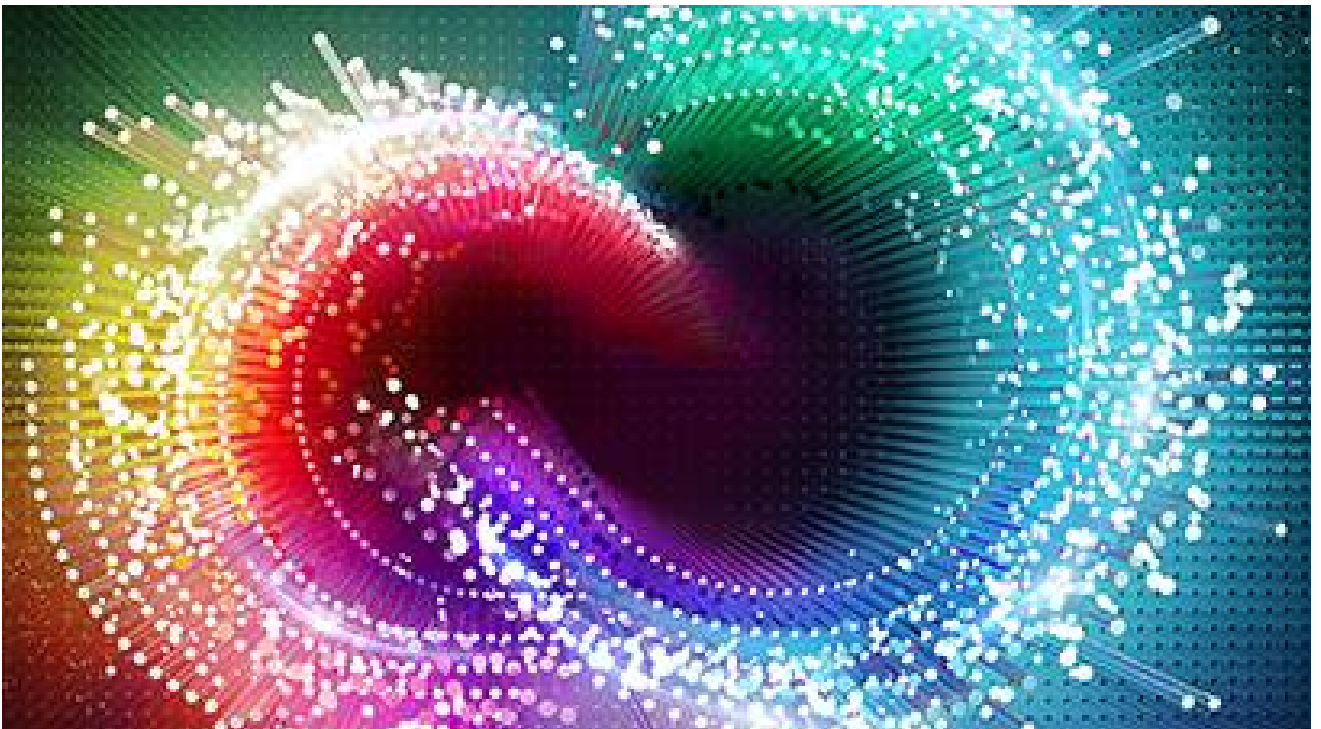
I am filled with much more love for you than you can imagine but which you begin to feel. We are very close at this moment and such moments will be increasingly common.

I am your most loving sister, friend and Celestial Teacher and leave you with my full blessings and as much love as you can assimilate. Agnes – from the Celestial Heavens.

Everything in this world is channeled. Everything inspired, either by the voice of fear or the voice for Love – every moment of every day you are choosing what frequency to channel – what quality of thought to channel – what dimension of feelingness to channel. Every second, it never changes. (Grace as a Reality CD)

Feelings *first*

Souls Interconnecting.



Please Mother and Father, may I receive Your LOVE.



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

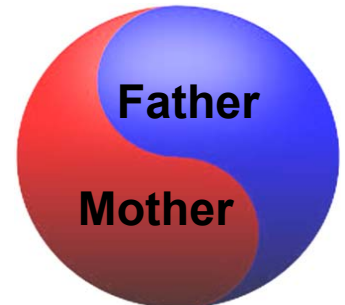
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

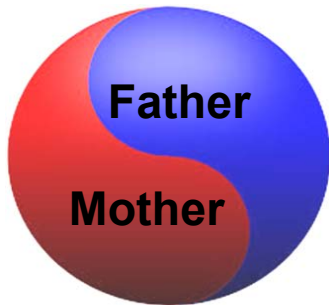


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It’s that simple.



AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

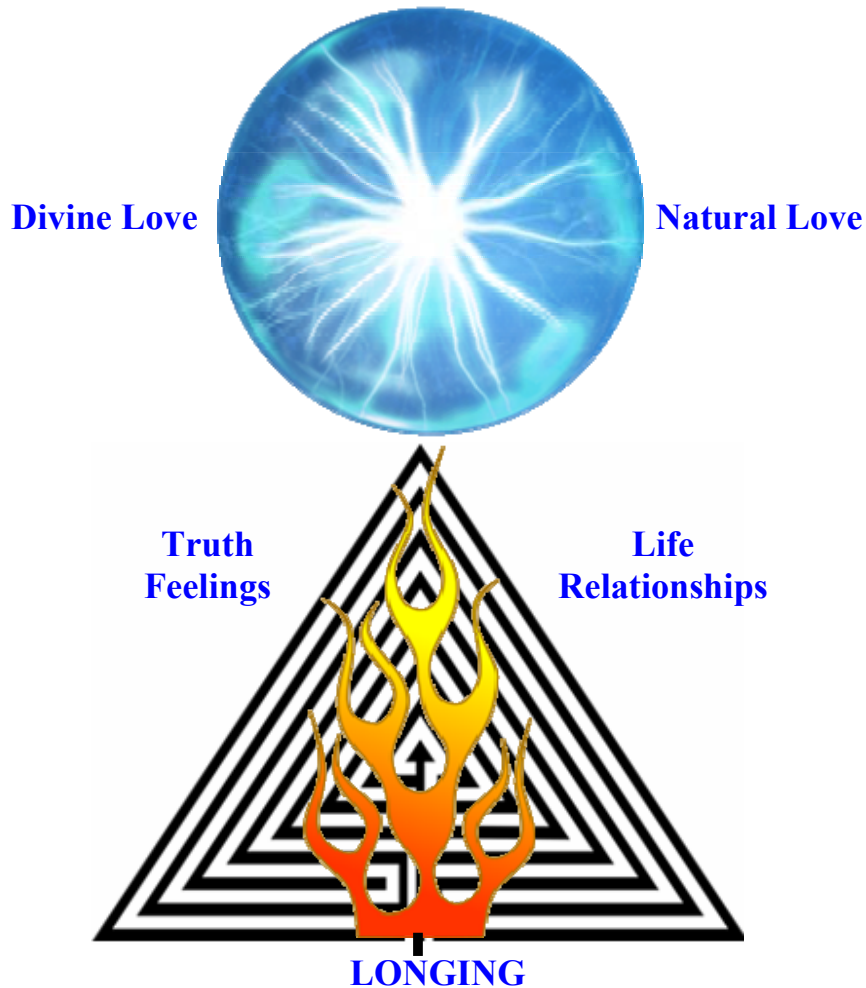
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

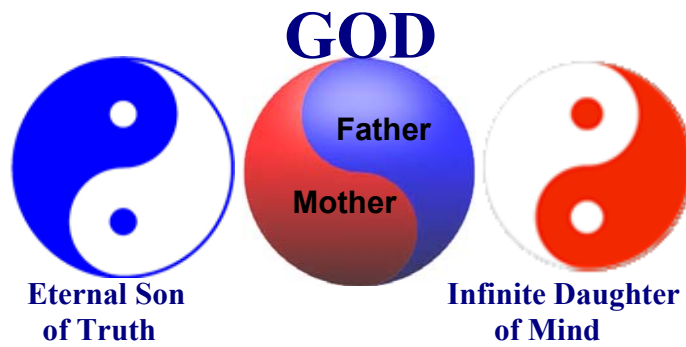
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

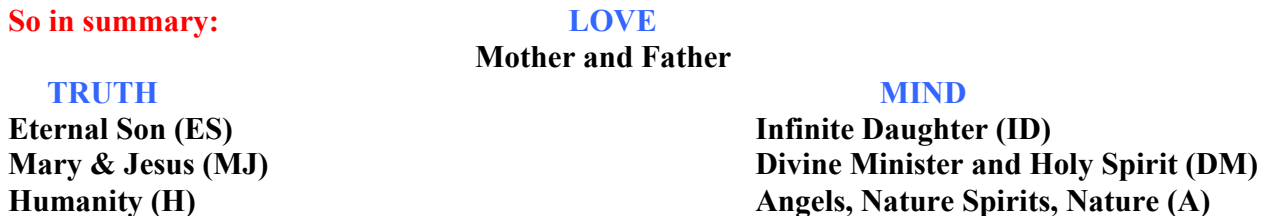
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

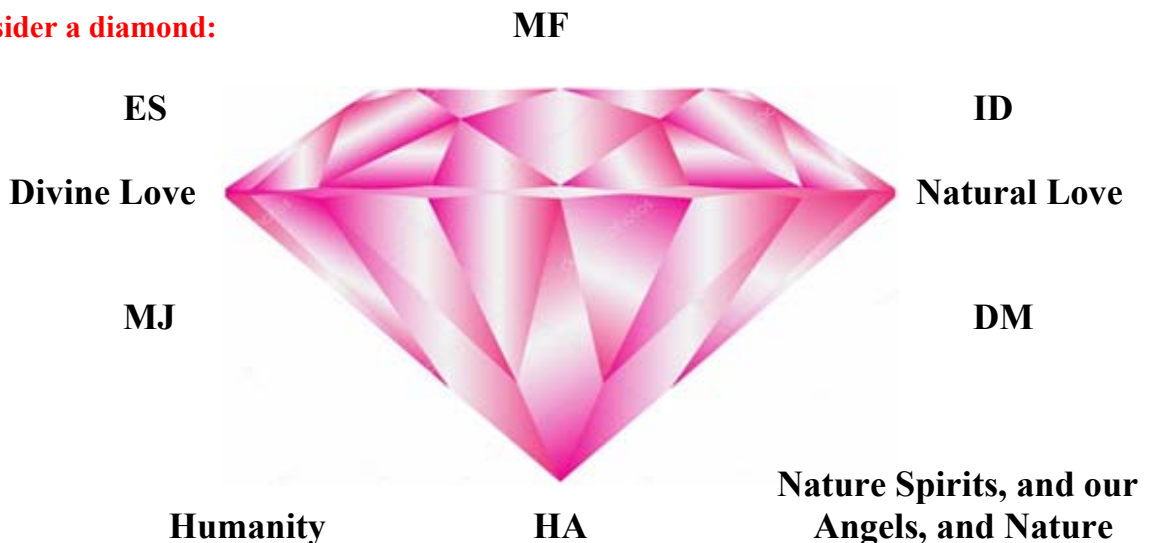
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

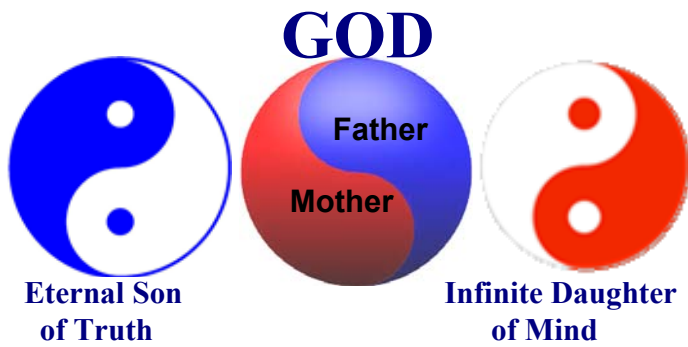
The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

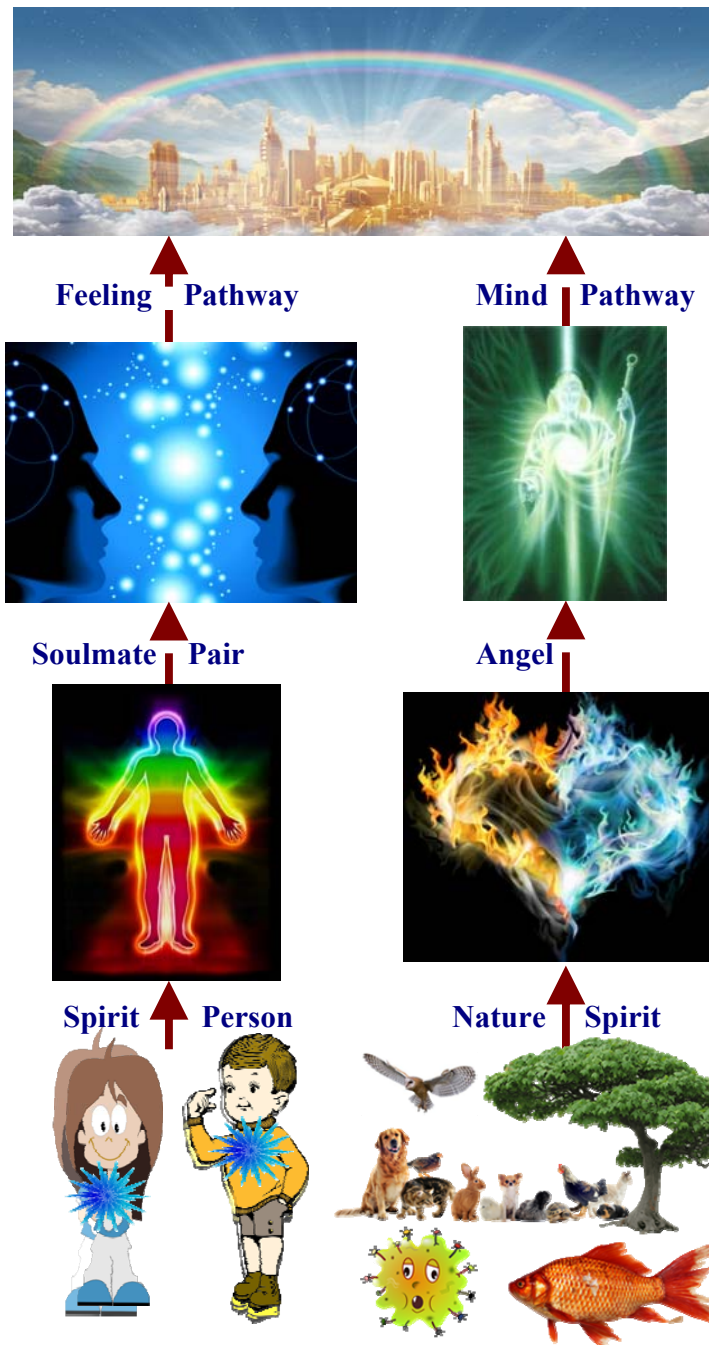
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



UNIVERSALITY of our HEAVENLY PARENTS' GIFT:

By embracing the eleventh commandment:

"This is my commandment, that ye love one another even as I have loved you."

Golden Rule: that one must always honour another's will as one honours one's own.

Our soul condition steadily grows in love so that we step away from:

Any harm that we may cause to others which will also bring about consequences.

Also as our soul development progresses, our self love grows which also enables us to step away from:

Any self harm that we may cause which also will bring about consequences.

And to move along this path we simply develop our embracement of:

God's Divine Love; pray for it, ask for it, and receive it.

Or it may be even as simple as the caption below:



Oliver Twist asked:

Please, sir, I want some more!

Maybe we could simply ask:

Please, Heavenly Parents, I want some more!

Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love. JD

Prayer for Divine Love: (extract)

“We pray that Thou will open up our souls to the inflowing of Thy love, and that then may come Thy Holy Spirit to bring into our souls this, Thy love in great abundance, until our souls shall be transformed into the very essence of Thyself; and that there may come to us faith--such faith as will cause us to realize that we are truly Thy children and one with Thee in very substance and not in image only.”



"Please, sir, I want some more."

Or maybe:

"Please, ***Mother and Father***, I want some more."

God's Divine Love: Pray for it, ask for it, and receive it.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

“Every day is a day of devotion.”

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother – Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

The Three Great Truths:

- **“God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and that the Divine Love is freely available for all to receive.”**



PRAYER for DIVINE LOVE: library download pages at www.pascashealth.com

Kindly visit the library download pages at www.pascashealth.com as further recordings are added.

Should you click on the audio files, you will also be able to download the audio file onto your computer.

Prayer for Divine Love – from the Padgett Messages (Medical – Spiritual References)

<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>

The Voice of Divine Love (Medical – Spiritual References)

<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

Divine Love

The Gift that keeps Giving

A general universal platform on how to experience Divine Love

As more people become aware of the *Divine Love*, how to experience the Divine Love required a need to provide a general universal platform that is simple yet an effective way for one to experience *Divine Love*. People may learn about the availability of *Divine Love* by word of mouth or from reading literature that introduces this gift for our soul, and also by participating with group dynamics where the *Divine Love* is introduced and discussed. The essence of this standard platform is its independence so that the individual may feel guided to include this simple platform in their daily life and experience of *Divine Love*.

The platform introduced here is a technique that is simple, constant, practical and has been utilised in the general public for over 20 years with good consistent results, accommodating participants and their diversity of belief and cultural background. This platform is a reliable place to begin with the experience of *Divine Love*. It needs to be confirmed that accepting *Divine Love* rests with our soul and heart and that to experience this Love will comfort one in their individual faith experience as we all aspire toward the greater reality of Love, Truth and Spirit.

A Universal Platform on How to Experience the Divine Love:

Firstly, you are aware now that you can experience the *Divine Love*.

Find a comfortable chair; sit down in a relaxed and normal position.

Close your eyes and take 3 deep single breaths in through your nose and out through your mouth to clear energy and to relax into this experience. Have a little faith and proceed without great expectations.

Gently turn your inner heart and voice to the Soul, God in faith when you feel ready, ask the Soul, God with your own loving voice for an inflowing of *Divine Love*. Having asked sincerely, there is no need to continuously ask. The Soul, God hears sincere love in the asking and so The Spirit that brings the Love acts, and *Divine Love* is now flowing.

Having asked once, you will be receiving the *Divine Love*.

Proceed without expectation on what will happen as you experience the Love.

Sometimes your mind may wander – or there are thoughts, feelings or physical sensations. Experiencing the *Divine Love* is never a forceful experience.

Continue for as long as you feel you would like to. This may be for 5 minutes or 20 minutes or an hour. Time will vary for the needs of the individual or group.

Take another few deep breaths to assist your focus. Give our love to the Soul, God and in our own voice inwardly say this Soul, God that you love this Soul and are grateful to receive this *Divine Love*.

Then when you feel ready, open your eyes and take another deep breath or two, and this closes the experience.

Some helpful hints:

- This general universal platform on how to experience the *Divine Love* is uncomplicated. Some people have utilised this platform for over 20+ years, never needing to change.
- The essence of this standard platform is to experience the *Divine Love* in a comfortable way therefore this technique needs to be simple, effective and inclusive.
- Experiencing the *Divine Love* can be a long-term experience so to have a practical, simple, functional standard platform solves a lot of problems about *how to experience the Divine Love*.
- From this general platform people who like prayer or meditation, reflection, spirit communication, or just being *in* and *with* the Love can extend their experience from this standard position.
- Lastly, enjoy! And know that when a person is experiencing the *Divine Love* that one is in the tender care of the Soul God, and that no spirit interference will happen, for no spirit can interfere with the Sovereignty of *Divine Love*, which is God's Alone!
- Enjoy, Celebrate and Shine!

A gift of experience from Zara and Nicholas endorsed by many, many others.



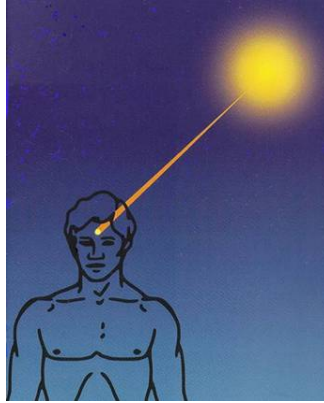
Feelings first

VISUALISATION with LONGING:

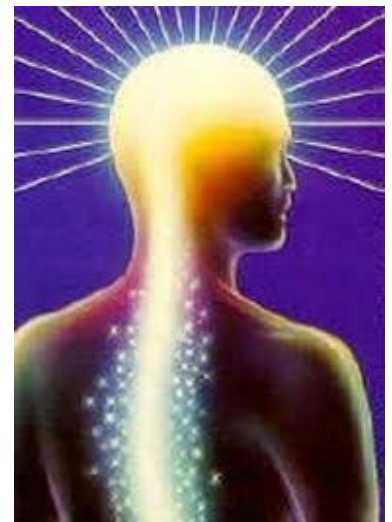
Holy Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.

Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:



"Please, Mother and Father, I want some more."



Primary recommended reading:	consider commencing with: Paul – City of Light	
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

James Moncreif's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncreif Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on them selves and doing their Healing.

Feeling Bad? Bad feeling are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

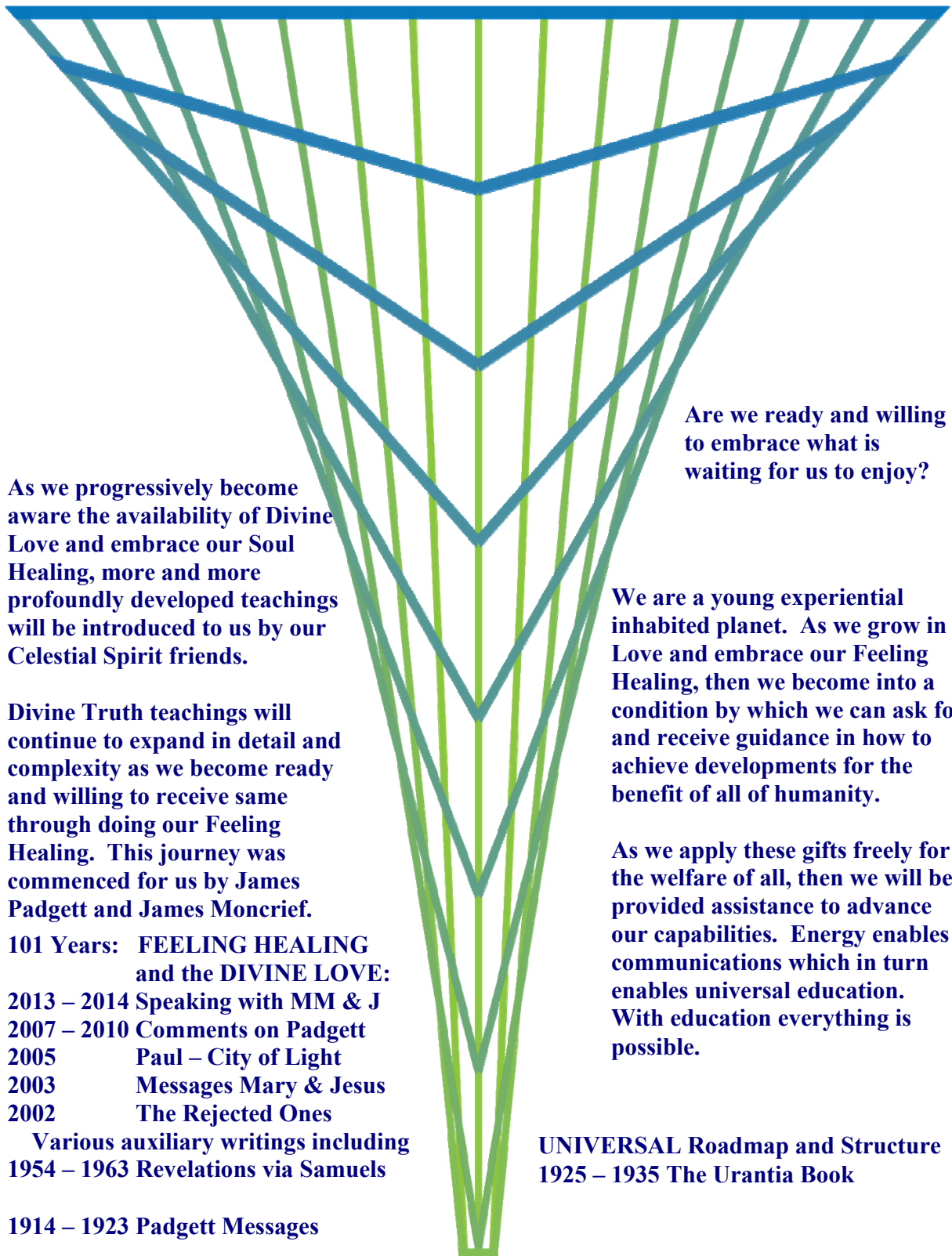
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



LOVE and LIGHT: The luminosity of a loving soul shines through the spirit body.



Perceived level of truth MoC 880

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

info@pascashealth.com