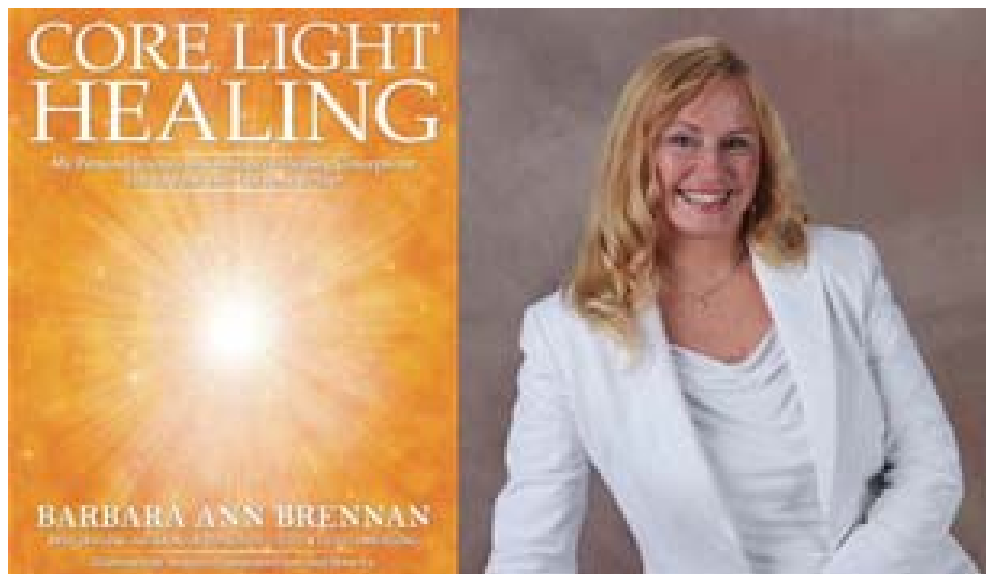


PASCAS CARE

HANDS OF LIGHT

through to

CORE LIGHT HEALING



“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

HANDS of LIGHT through to CORE LIGHT HEALING:

Hands of Light was published by Barbara Ann Brennan in 1987. *Light Emerging* in 1993 and now her third book, *Core Light Healing* published in 2017.

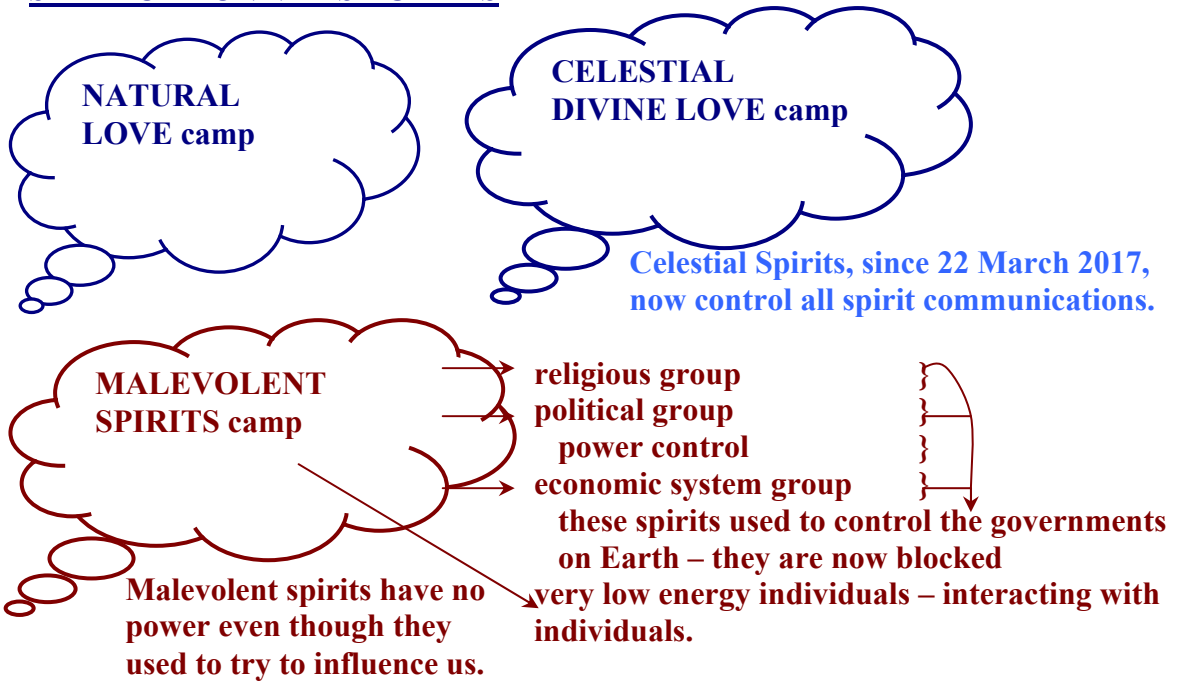
Barbara has demonstrated a consistent stagnation in development of truth. This is consistent with general addiction to guidance and insights provided by low level, mind Mansion World spirits who have run humanity for the past 200,000 years up and until 22 March 2017.



“The True Liberation of Women is Through the Truth of Their Feelings.”

Only through our feelings may we discover truth.

SPIRITUAL UNIVERSE CAMPS



Spirit personalities from the mind Mansion Worlds are not aware of the possibilities of higher level spirits and accordingly convey what they know to the level of their experience. Those engaging in their Feeling Healing have much broader understandings.

“We souls are existential, our souls have it all within us, it’s a done deal, we’re just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, but it continually being brought out through our feelings as we live our experiences, thereby ‘growing in truth’ as we ascend, as we live that truth.”

“Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don’t grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.”
(notes from James Moncrief)

Thus we are to heal through our feelings. We are to long for the truth that our feelings, both good and bad, are to reveal to us. We are to live feelings first. Our mind is to follow and assist in implementing what our feelings are leading us to embrace. We have all been brought up to embrace our mind – our mind, we were told, is the way to grow. Our childhood suppression and repression is the cause of all our ills and ailments, of all that we suffer from. It is through our Feeling Healing that we will let free the true personality that we each are, not through any mind created healing process.

“We can’t attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can’t do it through and with our minds. That’s for the angels to do. So the mind spirits (like most people on Earth), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can’t happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can’t even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

“So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and Divine Minister (and Holy Spirit), nature, nature spirits and the angels’ help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things. (notes from James Moncrief)

Our Feelings are our Truth

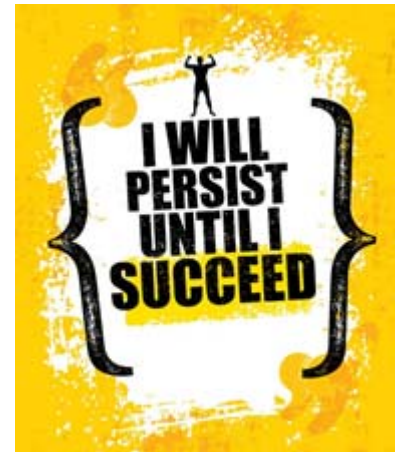
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3rd Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



celestial Friends

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

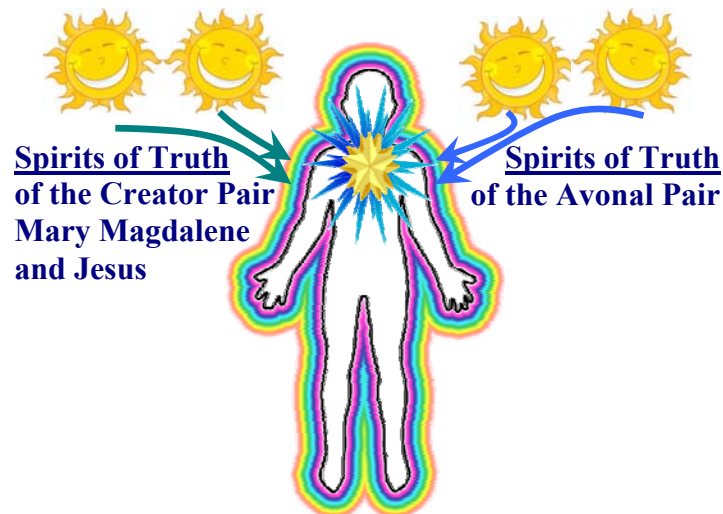
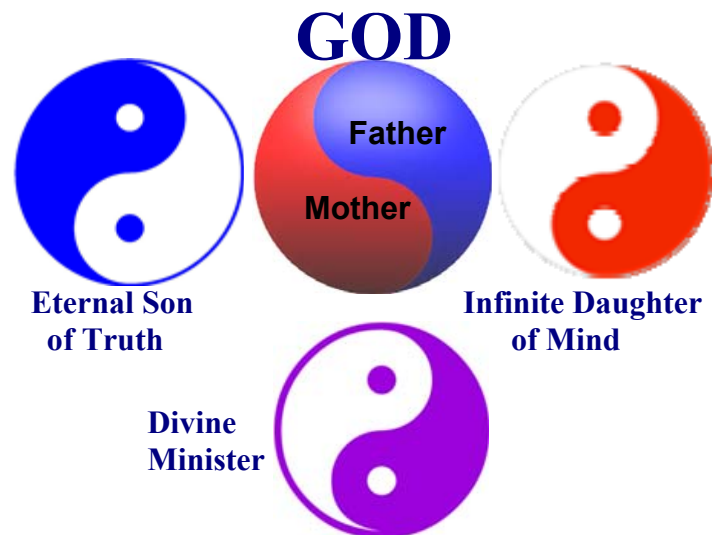
For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



Feelings first



Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

The New Way: learning how to live true to ourselves by living true to our feelings.

SOUL connects by CORDS of LIGHT with the SPIRIT BODY:

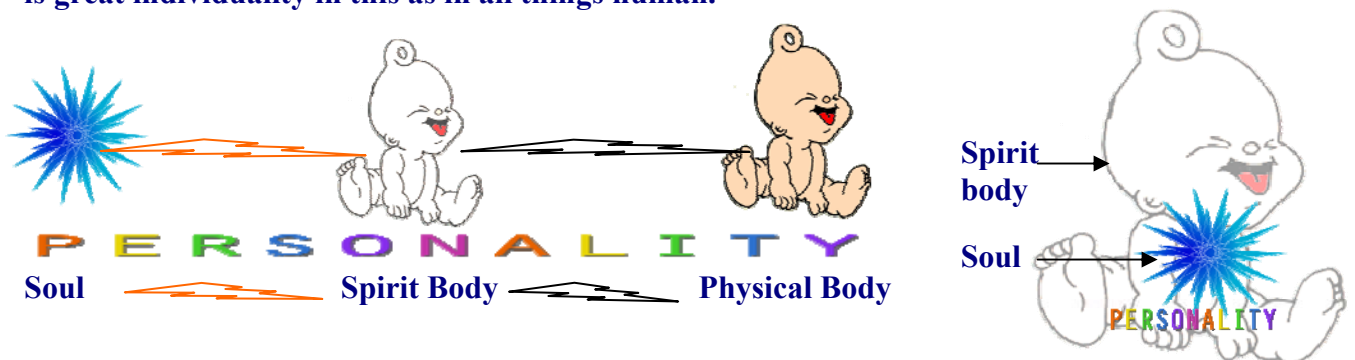
The soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body and the pre-existent soul. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of an individual.

The soul contains all of the elements that make a human a human. Therefore it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person it is capable of being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows and is profoundly influenced by the relationship with the closely attending persons be they parents or others. The small child learns a lot by following and aping what is done by other children and adults so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is 'right' or 'wrong' in its immediate environment so there develops a great variety of emotional expression and repression.

The spirit body and the soul are inextricably joined and remain so during existence. While the soul is incarnate, the spirit body and physical body act as though inextricably entwined although this is not truly so. The spirit body and soul are always a virtual single unit which then extends this function to include the physical body.

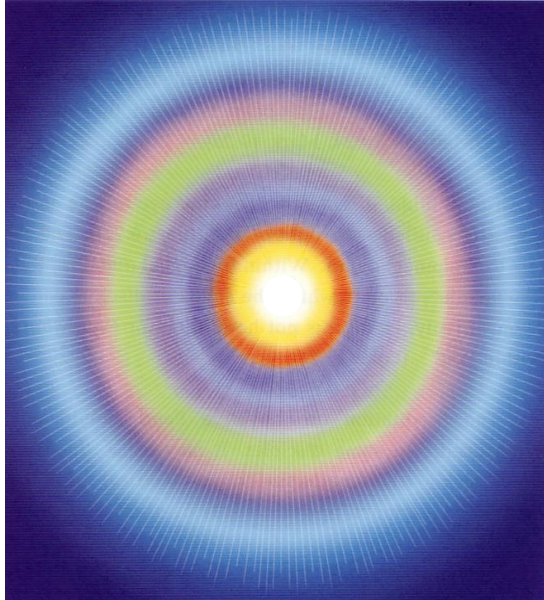
The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed to some degree at least by any limitations of physical and mental structure although these are not, of themselves, absolute in their effect. By that I mean that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human who might appear to be greatly hampered by their human heritage is capable of great soul development while on Earth. There is great individuality in this as in all things human.



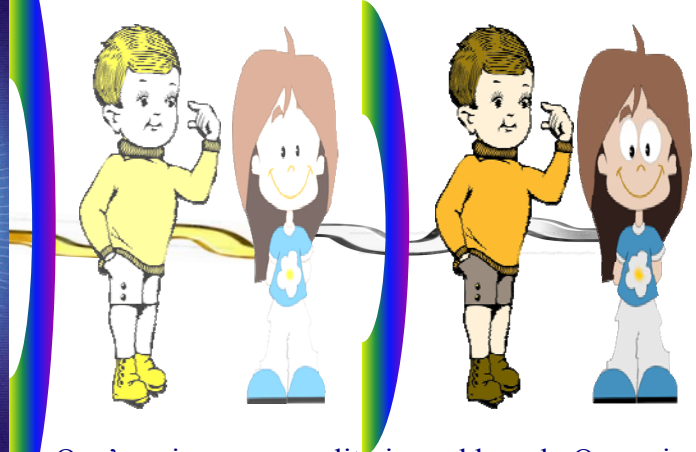
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULD IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

P E R S O N A L I T Y



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1st spirit Mind Mansion World where we typically suppress our poor state and remain in the Mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

GATEWAY OUT

Transitioning into the Celestial Heavens is also out of: **ISOLATION**



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

Law of Forgiveness

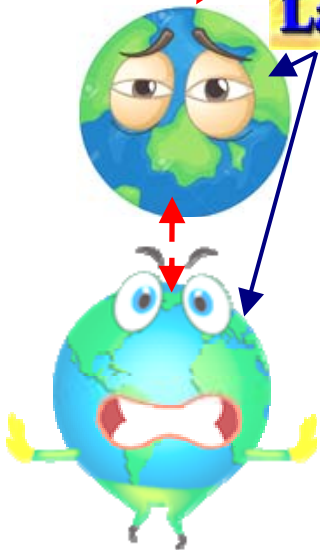


I'D TURN BACK IF I WERE YOU!

Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor ‘hells’ are the lower levels of the 1st Mind Mansion World whereas the more severe are the Planes of Isolation being the 2nd Earth plane with the severest being the 1st Earth plane. Pain caused to another is the pain that will be endured before returning to the 1st Mind Mansion World, all then to consider your Feeling Healing.

WOMEN are OUR SPIRITUAL LEADERS!

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

We men generally CAN'T do our Healing by ourselves, we need the help of a woman and / or women.

Women ARE the true spiritual leaders, they ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.

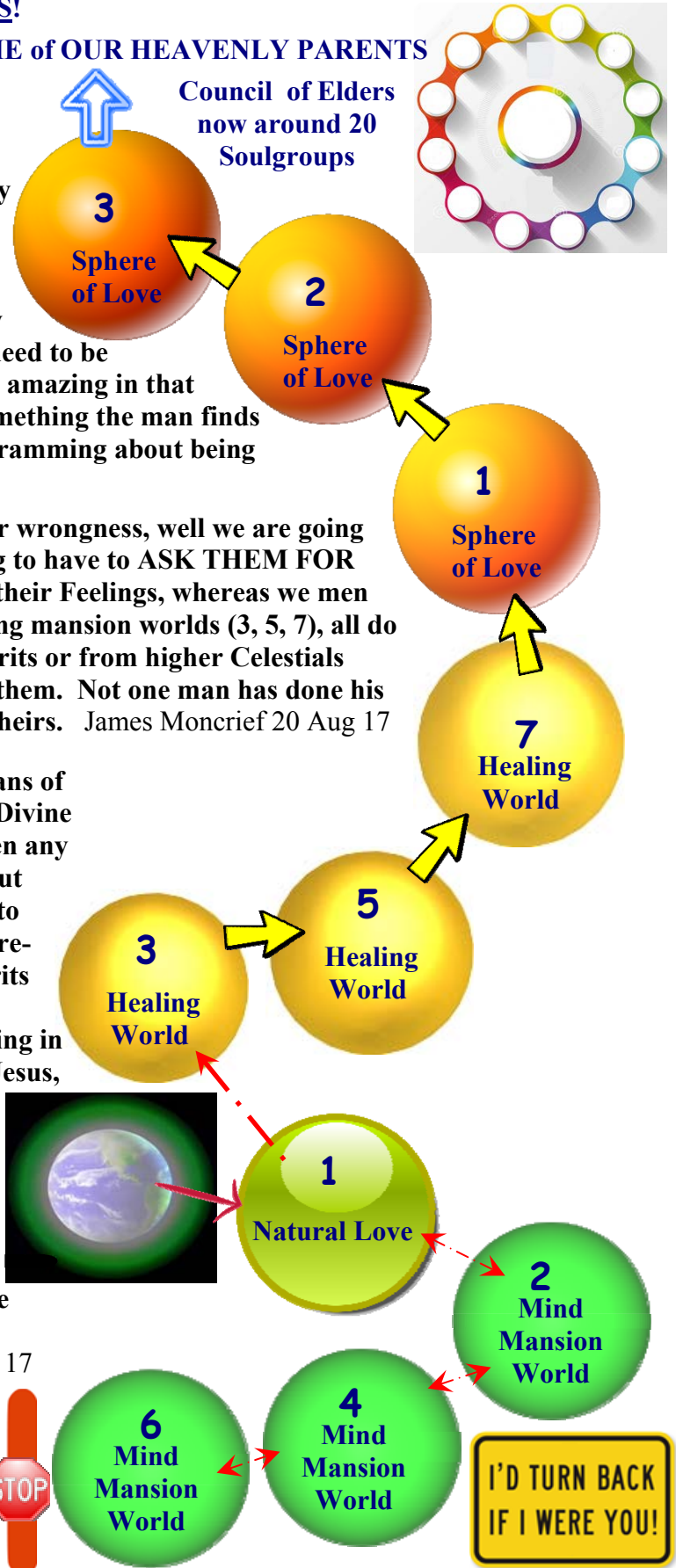
If we men want to ever Heal ourselves of our wrongness, well we are going to have to fully honour women, we are going to have to ASK THEM FOR HELP. Women innately know the Way of their Feelings, whereas we men don't. Men spirits in the Divine Love Healing mansion worlds (3, 5, 7), all do receive help from fellow Healing women spirits or from higher Celestials (Sphere of Love 1, 2, 3). They all do, all of them. Not one man has done his Healing as Marion or Samantha are doing theirs. James Moncrief 20 Aug 17

The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause.

And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.

Helen 20 Aug 17

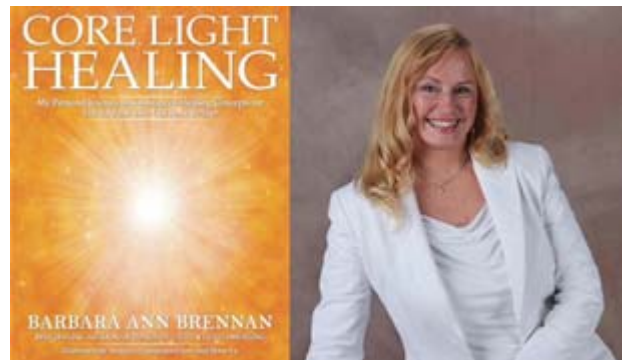
The 1st and 2nd Mind Mansion natural love Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4th and 6th Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



30,000 NO's per year in our FORMING YEARS!

Core Light Healing by Barbara Ann Brennan

I'm (James Moncrief) reading Barbara's third healing book. It's a continuation or expansion on her other two (Hands of Light and Light Emerging). It's incredible reading how she's not changed at all, only strengthened her position. I'm only about forty pages into it, but I wanted to note some of what she's helped me understand, if for nothing else, she has always stimulated me to think about things more deeply.



I fully realised she is an 'etheric' or 'astral' doctor. She's a doctor in the unseen aura levels. And just like a physical doctor, you have a cut so stitch it up and make it better, so she can see you have a block, then do this and that to it using higher energies to make it go away, and all better. There's nothing spiritual about it. It's all so practical. She takes away anything mystic about these unseen levels. For her they are just as real as the physical body, you have these other subtle bodies, they are all connected, if you have a problem in them it might manifest on the physical, so why not attend to it utilising a healer's help on these subtle levels thereby helping yourself on the physical.

Rightly she relates all our blocks back to our childhood – that was great to read. And she explains how when we feel scared, shocked, pain, on the unseen levels our system is negatively affected, we damage parts of it, damage our chakras with trauma, all of which stays within us until we can somehow heal it. She said because these damaged weakened areas of us have less energy, aren't expressing our full divine creative potential (all the usual mind spirit way of seeing it all) then it's very hard for ourselves to heal our own trauma and dark blocks within our energy system. And that mostly we need a person who can direct higher cosmic energy into us, thereby shifting and cracking open the block, releasing the unexpressed child pain, and once done, allowing our system to readjust and as it brings us into adult alignment – we grow up that retarded part of us, releasing its creative potential. And she says in that healing moment a lot of pain from our childhood might surface, we might see and understand things, but then it's gone and our repetitive locked in patterns will no longer occur we being free of the problem.

And because we've got all these past lives also full of blocks and trauma so there is endless stuff to be worked through and healed. She says she's never seen anyone fully healed, not the highest spiritual people she's worked with. But she also makes it sound like you can't really heal yourself on your own, it's just too hard and you need help – a healer like her. So once again you would have to keep going to your healer, like your doctor or therapist for evermore.

It's great reading her to gain a complete feel for the mind spirit side of things. It's all so boring, nothing about having an intimate and personal relationship with God like what Jesus and Mary have helped us with by including longing for the Divine Love. Nothing about a spiritual ascent of truth, nothing about needing to understand the truth of your relationships with your parents, nor really any great focus on uncovering the truth of yourself.

She simply sees it that we all grow up in an imperfect environment, our parents cause us many blocks and traumas, but we can heal them with a lot of hard work and by developing a holistic attitude and higher loving outlook on life.

A couple of relevant things for our Healing she talks about is saying that 'they' have worked out that **the average child by the time it's two or three has received from its parents, family, society, about**

60,000 NO's. So if you get hit with that many by the time you're two, that is 30,000 a year, and if that carries on through your forming years, god it's amazing we're not all so fucked and full of disease, crippled and totally shut down. So it makes sense through our Healing that we are going to feel bad one hell of a lot, and that a shit-load of pain we're going to feel as all that rejection comes out through our physical body, let alone feeling it emotionally, so miserable, fucked, powerless, alone, unloved, uncared about, rejected and unwanted. And what about if your parents were even more NO saturating and you received double or triple the amount...

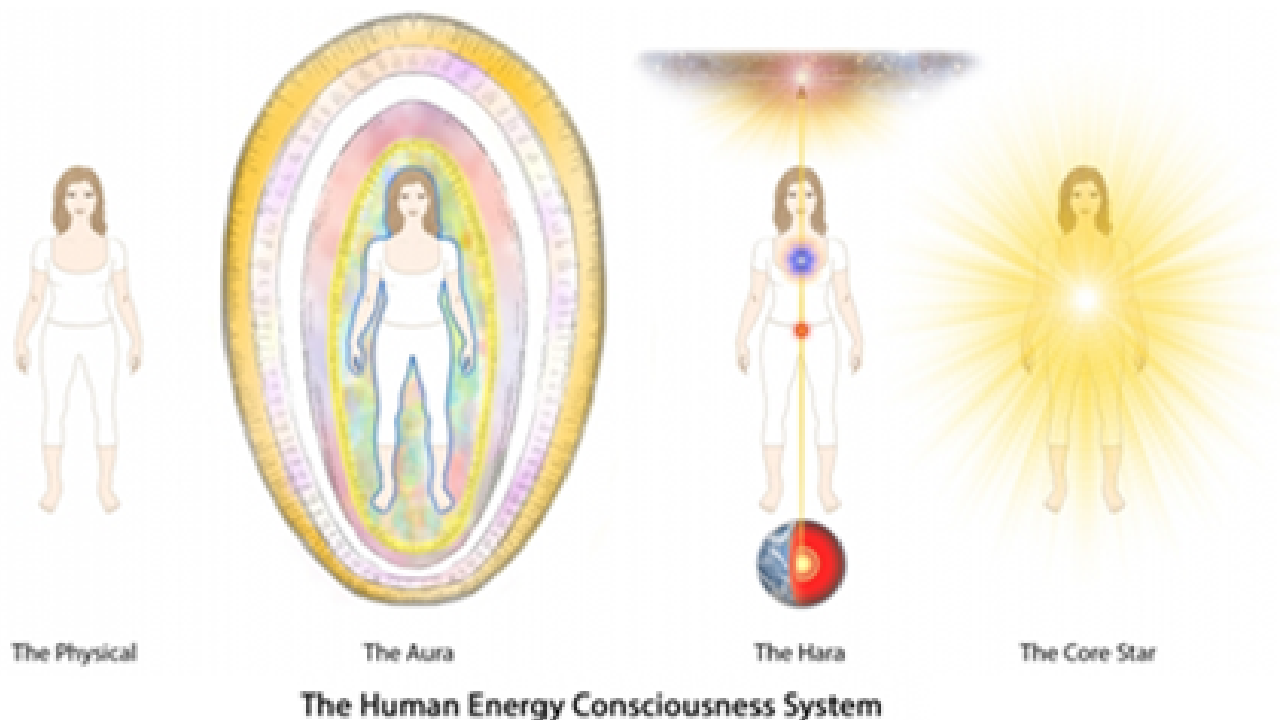
Another fascinating thing she said was 'they' have observed how much we see and do things in the womb, hear as well no doubt, and feel, sense. A baby in the womb was seen to turn noticing a needle coming into its space and reached out to hold it, when they were taking a fluid sample or whatever 'they' do. And two twins were observed to kiss each other through their separating membranes, and then when older after being born, would kiss each other in a similar way through a sheet hanging on the clothes line. So much obviously goes on in the womb potentially causing us problems, and our Healing will take us back into these buried parts of us should we need to uncover the truth of them.

She mentions these two books which I might see about getting:

The Secret Life of the Unborn Child – by Thomas Verny and John Kelly
 Babies Remember Birth – by Dr. David Chamberlain.

So for me now, there is such a vast division between the mind worlds and the feeling worlds of life. The Healing way is so much fuller, and as we're proving, you can do your Healing yourself, you don't have to be reliant on a healer, therapist or anyone else, you can use your feelings by looking to and expressing them, yet, **ALL SO LONG AS YOU WANT TO UNCOVER AND SEE THE TRUTH OF THEM**, to heal yourself. The truth being the fundamental and crucial part. To bring out all that unloving abuse suffered and to put it all into the right context, all whilst spiritually growing in truth, and transforming your soul with the Divine Love.

I will add more thoughts and insights as I read on.



CORE LIGHT HEALING by Barbara Ann Brennan

Monday, 30 October 2017

James: Hello Nanna Beth, I've just finished reading Core Light Healing by Barbara Brennan, and the main part I'm intrigued about, which I'd like to discuss with you please, is about past lives and all the reincarnation stuff. She and many of the people she meets who are all able to work in the unseen realms believe in it and can all so easily connect with their past lives and each other going back hundreds of thousands of years. If you wanted to believe in past lives being new to it, reading this book would certainly help you. It's the most detailed and involved concerning past lives that I've read.

So, understanding that it doesn't exist, how does it work for them?

Nanna Beth: They can see it all so clearly James because of the unseen work of their Indwelling Spirit and attending 'true angels', which they can't see (not the false angels they see in their so-called fourth dimension, as spirits in the lower planes or in the Mansion Worlds for that matter, can't see angels, their so-called angels only being spirits pretending to be them), who make up the connecting stories and images for them. They believe in past lives and reincarnation, and because they are wanting to live in denial of the truth of their feelings, so adhere to the tenets of the Rebellion and Default; because they want to live the Minds Way, which is the mind of rebellion and untruth, so they are accommodated by these deeper unseen helpers.

As you could see James, although Barbara and others like her can see into certain levels of spirit, their sight is actually very limited, and they are mostly concerned with the first Earth plane, not even with the second one, and nothing near the first Mansion World. So there is a vast amount of other unseen levels for them to access were they able to make deeper penetration, which mostly they can't do because of their limiting beliefs. Even their current mental beliefs limit them, denying them access to higher mental beliefs, so they are not progressing very far either way – in their minds or in their feelings, and definitely not in their feelings by looking to them for their truth.

James: So what happens to all the past lives they've seen and all they've attached to it when they give it up?

Nanna Beth: Like what happened to yours James. They become like dreams, something that happened to and for them, a memory, yet nothing more. And they could then use them and their feelings within such visions, feelings that such visions make them feel about themselves, and feelings when it all falls in a heap to uncover more truth about themselves.

James: I was saying to John, as he was saying it to me, that it's incredible that neither of us got caught up in all of that.

Nanna Beth: It wasn't for you. You both touched on it in your separate ways, but it never held any real appeal because it didn't resonate with you. Like how Barbara said at the end of her book talking about generational ties connecting people, well your lines of heredity didn't allow for such mind intoxication. So there was nothing in you from your ancestors, nor from your immediate parents or grandparents or anything else in your lives that were solidly in harmony with complete mind domination such as there is in Barbara's life.

You see James, there are long hereditary lines of the Rebellion and Default, which reach out connecting everyone to it, yet along different cultural avenues, with such avenues expressing different 'versions' of the wrongness. And you and Marion have the most severe denial on your avenue, yet it's one that doesn't involve the complete indoctrination of the mind way, which says you are completely in control and there is no one else – no God's Will, even though people like Barbara talk about God's Will, but

really they don't know what they are talking about, and it's certainly not a connection with God as a real Person. Your lines come down the avenue of God being a real person, but you've turned all that against yourself denying the truth, which is what you're healing in yourselves. Barbara's way is that of complete God denial as a Person, which is the Eastern way and many other pre-Jesus and Mary ways, with Mary and Jesus coming to show the way to God as a real Person, as your Mother and Father, which involves the Divine Love. And to get to their way of living with God and the Divine Love, you have to do your Healing, even if you just do your Feeling Healing first. So you have to Heal yourself, then at some point embrace the Divine Love, all of which is removing you from the mind controlling side of things.

James: So is that why I never met or had much in common with those people who were just mind orientated, because we are from different 'avenues' as you say?

Nanna Beth: Yes, you don't link or connect up, and do you remember years ago you could sense and feel those who were from the same or similar avenues as yourself, and those who greatly differed? You've not thought about it for a long time, but that was what those feelings were about back then. And so all those avenues are just different lines of expressing the wrongness, so it doesn't really matter which ones you incarnate into, as it all amounts to the same levels of denial.

James: Yeah, I do remember now. And I can see what you mean. So there are lots of hidden connections we can make between ourselves, even more than Barbara sees?

Nanna Beth: Yes many more, because they all lead you into linking up with your chosen soulgroup and soulmate and then which soulgroups you work with right the way to Paradise, and then even possibly beyond as finaliters, which worlds you go to, as not all humanity will remain together going to the same world awaiting instruction when to move out into the even greater universe. Huge blocks of humanity reflecting different avenues or streams of connection on all levels are to remain together, whilst other streams separate, with each stream joining up with streams from other humanities. And all those connections are all with us already James, if you were of the higher perceptions to know where to look for them. I can't see them, but I have been schooled about them and told as I progress toward Paradise, and it's the same for us all, progressively we become aware of such connections.

James: Yes I see. And I was wondering about these things in me that won't heal, that have been plaguing me all through my life and Healing, are they all part of this hereditary connection perhaps, or is it all just to do with my parents and one day I'll reach the point in my Healing of fully uncovering the truth of them?

Nanna Beth: There are bits of it all in them James. It's very complex, and really, as you can feel, you'd not want the likes of a healer like Barbara poking around in your aura sorting out what she sees as problems, because such things are to remain as 'trouble spots' within your system providing you with the necessary bad feelings you need to work with so as to uncover the truth required by your soul. So if a healer or angel or anyone else took those trouble spots away from you, sure you might feel better, but it's just another form of denial. All such pain and trouble spots will be healed as you do your Healing, your soul, the Divine Minister and the angels take care of that. So all the blocks and disconnected relationship cords, anything and everything wrong in your aura that someone like Barbara might or might not see, will all be healed in due course, all when such things have served their purpose.

James: Yes, that's what I feel. I have no desire to seek out a Barbara-type healer. I wouldn't mind meeting someone with such inner sight and they could tell me where such blocks are and what problems I might have in my system, but I wouldn't want them to try and heal me. And reading her book years

ago would have made me so envious of her and those other people who can see into those levels and go astral travelling and all that, but now I have no desire to. I would love to talk with people that do it, and ask them questions relevant to my Healing and see what they said compared to their reincarnation beliefs if they have them, but I've no desire to even be a healer like that, even to help others who are not wanting to do their Healing, even if that is to help them further their denial. I enjoyed my healing days before Marion, and I can see my angels or guides did lots of things in people's auras along the lines of what Barbara talks about, however as they never told me what they were doing and I couldn't see anything, so it all got a bit boring. I've written this before – I remember giving a demonstration on one girl who'd been in a severe car accident some years before, and I thought I'd just demonstrate the hands on healing with her for a little while as she willingly volunteered as a patient, but the 'healing' went on and on for hours, everyone had to leave whilst I carried on waiting for my hands to disengage. And I couldn't talk to her, she lying quietly whilst whatever was happening to her in her aura, so it got very boring, I couldn't keep Barbara's unconditional love up, I wished I had a book dangling from the ceiling I could have read whilst my hands did whatever they were doing. I loved all those energy feelings though, and feeling connected beyond the physical, but none of it appeals to me any more. However I wouldn't mind working with healers, they can do it all and I could possibly help them in the bigger picture side of things and with their Healing, that is if such healers are necessary and would ever come my way – will they Nanna Beth?

Nanna Beth: They will, and for the reasons you feel. They will need your help in providing the truth necessary to be the foundation for their healing abilities. And they will need to discuss such things, as in: is it necessary to heal in that way, and who would you work on and why. All things that came up for you whilst you were writing the Sage books.

James: The main part with Barbara's work that I'm curious about, she might not have mentioned it in the book for some reason, is, if past lives are real as she maintains, and if everyone is forever connected as she also says, then why doesn't she see and talk about cords connecting her past lives, and why can't she work on those cords affecting healing all the way back through all the lives, thereby ending the cycles of rebirth and all the problems all these lives have in common and are united by? And should she be able to do that, then surely there'd be no need to be connected to such past lives, and how does all that work? And her business of she being the incarnation of her guide who is the oversoul of her? And what about the soul, she says nothing about it; and what was that business about holding a piece of someone's soul during a healing she performed on them – a piece of their soul that they had lost? Too many wacky things for me Nanna Beth!

Nanna Beth: Don't concern yourself with them James. They are all just fantasy projections by the spirits she was working with. They are all very low in their mind and truth development, yet pretend to be higher and something they are not – advanced guides.

James: I couldn't bear anything her guide said, I just skimmed all of that nonsense.

Nanna Beth: Exactly, for it's just rolling around in the mind, and not even a higher mind at that.

James: Yes, well it would have all sounded very appealing to me years ago. Like people being able to manipulate their energy system in martial arts for example, seeing how they affect a blow to someone without even touching them, it being delivered on the subtle levels and then exploding into the physical. I used to find that all very impressive... still do actually, but just as a thing to see and understand, but so what, it doesn't help you grow in truth. It would be good to watch on a video for five minutes but that's about all. Like what she observed with the faith healers, it's all incredible what they can do, but it's not for me. Not any more. And reading her book as she touches on it all, has helped me understand where

she and people like her are coming from and how damaging it is without their knowing it. Thank you Nanna Beth, I'm going to have a rest now.

Nanna Beth: You're welcome James, speak to you soon – bye now.

Later:


James: You know I was thinking, that if Barbara and all those people with their long distance healing and past lives being so clear and incredible with all the link ups, can have their Indwelling Spirits and angels make up such things, then why is that not what happens with Joe, and so with Crystal and John being strung along, when really, like with all the past life stuff, nothing is happening, it's all just fantasy, and so could all go poof if you changed your focus. It would be a lot for John and Crystal to give it up after all these years, but that could be the same for Barbara and all her mind sort of people giving up their past life stuff. When do you say enough is enough? Are John and Crystal to live out their lives and find out the truth in spirit that it was all pie in the sky? And why should it be any different for them just because they might like my stuff and believe my way of seeing things is of help? They are not doing their Healing, and if they were, possibly it would lead them sooner into giving it all up? And yet I am doing my Healing, so why doesn't my Healing lead me into giving it up? Why am I happy to go along with it? Is it because they think well of me and that's the love, attention and approval I crave? So I too will run it through to the end when I die, still hoping somehow it all happens? What say you Nanna Beth about all of that?

Nanna Beth: I can't say anything about it James. It's all what you have to work through yourself because it's what's bothering you. It's part of what you have to heal, and you know how it goes. And as to whether or not, I and your angels and Indwelling Spirits are leading you all in a merry dance, well that's what you'll have to find out for yourselves. So you wait and see: whether death overtakes you or whether the money arrives on your door step because the Couriers do really exist and make contact, and with something that is helpful to Crystal and John.

James: Yeah all right then. It's all part of what I'm always going through, and I wish some part of it would clarify for once. It's been years of it now, adding John and Crystal to it is just adding more of the same. Was your Healing like how mine is Nanna Beth, seeing these tiresome aspects of yourself that you worked on for years... and then what happened, how did they finally change for you?

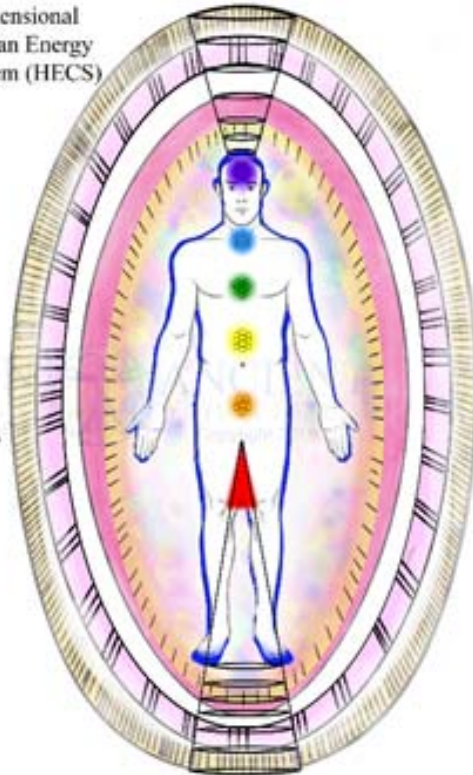
Nanna Beth: It was James, it's the same for us all, you have to keep working yourself back into yourself until you've seen it all. And it's more than just seeing it all about that one specific problem, it's about seeing how all your problems that comprise your negative state fit together. So it's a huge picture that needs to unfold, taking time to see all the different aspects. And when it all comes finally together, then relief comes and you'll start to change those things, they'll be transformed as you open up your New Way, your new true life. But until such time, you can only keep going with it all, expressing how maddening it is, how miserable, angry and scared you feel in it because of feeling so unloved, rejected and powerless. All the same feelings James, round and round, until all the truth and understanding comes to light. It's nothing more than what we've said all the way along. We can move quicker through some parts of it in spirit, but it's still all the same.

James: Yes alright. I understand. Thank you again Nanna Beth.

 The four main dimensional aspects of The Human Energy Consciousness System (HECS)



The Physical



The Aura



The Hara



The Corestar



CORE LIGHT HEALING

Tuesday, 31 October 2017

James: Hi Nanna Beth, two very important insights have come from reading Barbara that I'd like you to comment on please. (Core Light Healing by Barbara Brennan)

One is the nature spirits, and as you said, the angels, Barbara said she and others see in the astral, fourth dimension or Earth plane level as I call it, are not real. And the other is, she says that all our cords that connect us with everyone in our lives, genetic cords, relationship cords, parental and family cords, cultural cords, probably past life cords too, and hereditary cords connecting through us to our ancestors, all those cords she reckons remain forever, so we just keep connecting with people and remain connected for evermore, which I now feel is wrong.

So let's start with the nature spirits, because how that came about was suddenly I remembered walking through the park with mum and I asked her if she could see the nature spirits (of 3rd Earth plane) as she had started being a professional clairvoyant having never mentioned to us that she could see spirits and talk with them through our childhood. And then I thought, these are the same nature spirits Barbara talks about, then I realised that they are not real nature spirits, just as you said what Barbara and mum called angels weren't real angels.

Nanna Beth – 3rd Celestial Heaven: That's right, they aren't, they are 'imposter' nature spirits and angels. They are creations of spirits or spirits pretending to be them – the angels – and they are also the local life forms of those planes and the Mansion Worlds, what The Urantia Book (TUB) call the sporangia. So these beings pretend they are what you want them to be, so nature spirits or angels, but they are not real ones. The real nature spirits and angels are, as you understand James, off limits because of the Rebellion. They have to remain unknown and hidden in their planes, and aren't allowed to come into the two Earth planes and Mansion Worlds in which people can astral visit, see into like your mother could, and where mortal spirits live. So there are no angels or nature spirits in the Divine Love Healing Mansion Worlds either, as you might recall from your writings, as they've never been included in those worlds when spirits have been talking about what goes on in them.

James: Yes I can vaguely remember – I can see that now.

Nanna Beth: However from now on, should people doing their Healing (both in the Mansion Worlds or on Earth) want to relate to and see and speak with real nature spirits and angels, they can, that doorway has been opened because of all you are doing with them. So you are just waking up to this truth James, understanding more of the separation.

James: So if I were to see a real nature spirit, it's not in the astral world but in its own plane the third Earth plane, and were I to see an angel, like how Sage could, then I'd be looking into the fourth Earth plane, that of the angels. And I'm not looking into the astral worlds, the first two Earth planes or even the higher Mansion Worlds.

Nanna Beth: That's right. And as each Mansion World also has unseen planes, seven of them, and of which the angels and nature spirits can be in their specific planes, so were you in the Mansion Worlds and doing your Healing, you'd be able to see them and relate to them in these associated planes. And that has been happening since you started writing about the truth, because that is the truth you are writing, the changes having already taken place. We've only had to wait for you to wake up yourself before we can confirm and tell you more about them, even though we have told you about such things before.

James: Okay, but surely some people down through the ages of the Rebellion have seen and spoken to real nature spirits and angels and yet haven't been doing their Healing?

Nanna Beth: Very few James. You might remember we spirits and Mary and Jesus have spoken about this with you. Under certain special circumstances people have really seen and spoken with them, but very infrequently, and only enough to allow the truth of such beings to remain part of humanity, for otherwise they would have been lost to you altogether.

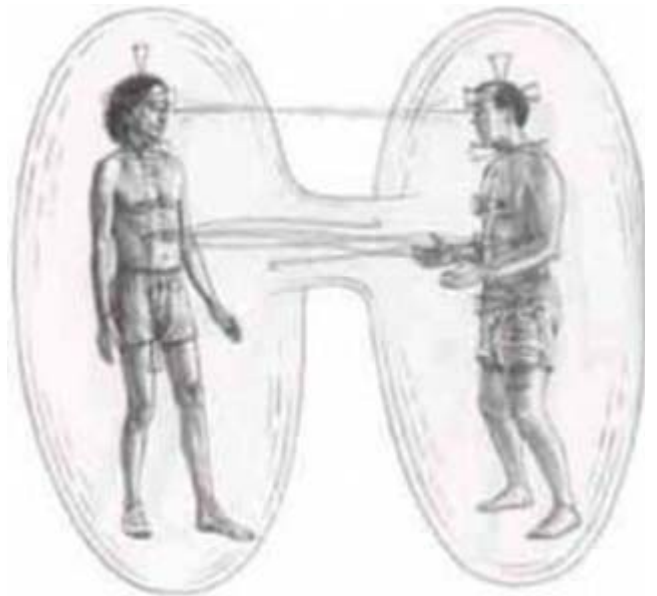
James: Oh yes, my memory is shocking, I hardly remember anything of what you've said to me over the years, you being all the spirits I've spoken to. So this astral / Earth plane level is full of all sorts of dross and weird creations, what is going to happen to all that yuk?

YUK

Nanna Beth: It's going to be purged in stages, the first of which you initiated the other night. Those thoughts and feelings you had were real and acted upon, so the lower level dross thought forms and useless creation relics of spirits and people on Earth are being purged. We Celestials in league with the unseen angels are able to do this 'housecleaning', and it's ongoing as people and spirits in those lower sectors of those planes will keep making such dross as you call it, but we can now keep clearing it away, with this having the effect of cleaning the air so to speak, so there won't be the heaviness built up over aeons dragging or weighing down on humanity from these planes. The Earth planes will be 'lighter' in all respects, and with other higher level purges being able to happen as humanity progresses in its Healing. So a lot of sectors which have been maintained as off limit stagnant areas because of the build up of such unwanted negative and dark energy, can now be cleared of that dross, allowing those sectors to be used for other things. So the clearing angels are starting their work systematically breaking down such unwanted negative heavy energy. And all of this is to generally, over time, positively affect the Earth planes and so the astral world, making it easier for people on Earth to relate to it and less being negatively affected by the overhang of such dead energy.

James: Yes, well, that sounds good Nanna Beth.

And so what about these cords, for I feel the cords ARE all severed, and once and for all time upon fusion with one's Indwelling Spirit, so we can move into the Celestials or start our Celestial life on Earth, free of all past entanglements, free of all cords, past and present, free to be Born Again or Anew, free to start our relationship with our beloved soulmate, which you couldn't do properly I now see, if you were still connected to your parents and wife/s, husband/s and all other relationships you've had during your life on Earth and in the Mansion Worlds.



Nanna Beth: Exactly James, which is again why the true union with your soulmate is so special because it's solely between you both, the 'fiery' translation purge into the Celestials 'burns away all previous cords, so before that can happen, all of what comprises those connections has to be worked through, which is what you are doing through your Healing.

James: So it would be great to have all your bad relationships purged, but what about all the people and spirits you love, are those relationship cords purged too?

Nanna Beth: They are, but can be re-established afterwards should one need or want to re-establish them. But the truth of them needs to be uncovered through your feelings, along with the truth of the unloving relationships, and then they all end, and you and those you're relating to sense they are over, for the cords no longer exist. And a lot of Celestial spirits, and it will be the same for Celestial people, are often hesitant about re-establishing the previous good relationships should those people or spirits still be of the Mansion Worlds' levels, because you know they are not really true. So many spirits wait until the spirit or person they love has finished their Healing, and if the positive connection still remains when they are both Celestials, then reunite and remake the connections. As Celestials we have far greater control, as in fact we have complete control, over such connections, so it's all up to how we feel, unlike it was for us and for you at the start of our lives being inducted into relationships and making the connections on all the subtle levels, most of them going against our true self-expression and actually damaging us. So your Celestial life really is a whole New Start, and letting go of those prior cord connections is a huge event for us to experience. You feel so free, it's such an incredible feeling. Feeling like you currently are James, attached to those people you don't want to be connected to and yet powerless to do anything about it, all so you have to keep working on all the bad feelings such connections give rise to, and then suddenly, they are no longer there and you are free of them!!!

James: That is the main thing I'm looking forward to now, feeling free as you say Nanna Beth, I can almost taste it. So it is a huge thing isn't it, I mean, really big, to actually fully disconnect with everything and everyone that has been in your past Mansion World and Earth existence. So when my time comes, will I sever my cords connecting with you Nanna Beth?

Nanna Beth: Yes, it all goes. And then we can re-establish should you wish. And should I wish, it's a fully equal decision.

James: So as I've been coming to accept lately, my feeling like I'm glued to mum and Gran, will more than likely continue right to the end of my Healing.

Nanna Beth: They ARE your Healing – what you are Healing, so yes it will. The whole truth has to be seen, and there is continual energy and light coming from them and everyone else you are connected to through the cords, all of which creates many of the bad feelings and eruptions in your subtle bodies which you then have to work through to heal and uncover the truth of it. It's all fluid, you're all part of the whole until you leave the Mansion World level of truth and become a new spirit as it were, and truth is the means to allow you to leave. No truth, and you're bound together in your truthless lives forever, just as Barbara said, for she is right for those people and spirits on her level, she never having met or observed cords in the Celestial spirit.

James: I wonder what she'd say if she did meet one?

Nanna Beth: She would be shocked, overcome with their light to begin with. And if she didn't just reject it all and was curious as to how this other spirit exists being so different to her and the spirits she is used to seeing, then she might start asking questions, which would lead to bringing into question all she believes, which would lead in time to her dumping most of her erroneous beliefs whilst she started to do her real Healing with the Divine Love, for she would need to observe the real Holy Spirit bringing the Divine Love into her soul and not the impostor Holy Spirit she talks about. She has no idea about such spirits or such higher levels of truth, with all she understands being confined to the first and lowest

Earth plane, so it being highly distorted and meaningless as her so-called guide proves by the nonsense he speaks to her.

James: He not even being her real spirit guide, either?

Nanna Beth: No, just a lower level spirit pretending to be her oversoul and guide, all meaningless and designed to keep you bound up in your mind's control over yourself. She had her opportunity to reach out to her friend who transcended higher, no longer part of her astral world, the one who played the harp; she could have chosen to keep contact with her as her friend went further, and later even started her Healing. However her friend upon receiving counsel was told not to make contact with Barbara telling her about the higher levels because Barbara wasn't wanting to have her established beliefs disturbed, she'd worked it all out nicely to her satisfaction and by having the support of many other like minded – and whom she considered advanced – spiritual people and guides, she is happy where she is. Which is also why you don't feel like reaching out to her either James, leaving her and such people and spirits to their mind control, it having nothing to do with you.

James: I can feel I don't want to make any cord connection with her, it would disturb her too much and wouldn't be fair; and not only on her, but on me too, as she'd only reject me and I don't want that either.

Nanna Beth: That's right, you can feel if someone is open, they have a potential within them to receive new cords and ones that contain a higher vibration and light, but she doesn't, which is plain from reading her work.

James: And so I guess Nanna Beth, longing for and receiving the Divine Love means you are establishing a real cord connection with the Mother and Father?

Nanna Beth: That's right, and until you partake of Their Love, until that connection is established, soul to Soul, it going deeper than the Core Light levels of light Barbara can see, it going right into your soul, you can only entertain the notion of God in your mind. You might feel very deeply about God still, feeling you love God and God loves you, yet until you've received your first drop of Divine Love, it's all still a fantasy relationship you're having with God. God is Divine, you are not to begin with, you are of Natural love, so you can't have a true relationship with the Divine when you are not divine yourself. So you have a pseudo or fantasy relationship, which can of itself be fruitful, and will lead you if it's of true and pure Natural love to longing for and wanting to be with God, so making that true deeper connection through the Divine Love, all of which can happen when the Higher Sons and Daughters have made the Divine Love available by their bestowal and coming.

And someone such as Barbara, because she is so intent on controlling everything with her mind believing that is what God wants her to do and how you would be with God, she denies herself the truth about the Divine Love, and so denies herself the true connection with God which stops her getting to know God personally, relating intimately to God as Mary and Jesus show us we can. And when you make the Divine Love connection with God, so it affects your whole aura, which Barbara in her ignorance would simply say is a strong God-connection – which it is, however she'd miss the truth of it.

James: So because all our relationships are unloving and founded in the wrongness whilst we're still of it, we have to uncover the whole truth of that wrongness, and then we're freed of those connections, free to re-establish them should we wish... ok, so what about someone like Samantha, say she finishes her Healing and becomes Celestial still on Earth, what about her relationship with her children?

Nanna Beth: That is for her to decide then, which she would do through her feelings. And should she want to re-establish her relationship with them, they will continue, the cords can be reconnected in a moment, and so she will move along with her children understanding the limitations imposed on their relationship together by her being true and they being untrue. But that doesn't of course mean it will be a bad relationship, it might be increasingly more loving because she is unconditional in her love, with her children responding to that, and with them possibly doing their Healing and being truer too. And so being still on Earth and being Celestial having finished her Healing, she would no doubt establish many relationships with people who are even yet to begin their Healing and even possibly are only of their mind, however all that is up to her. It's what you are currently going through James as something of a precursor for when you are Celestial, you deciding as to the extent or level of connection you want to have with the people at the Bush Bank (native plant nursery). You want to continue with some of the relationships one day, then feel you'd like to end them all and not re-establish them, then another day you feel closer to some of them, others less, and so it goes as you are moving through your cords and revealing the truth of them. And it's the same you feel with your mother, you hate her one day, then it's not so bad, then you can even feel those parts of her you didn't mind and liked, then you hate her again and more fully, and around you go working your way up through the levels of your relationship and the cords connecting you.

James: So what about my ancestral and genetic cords, how are they dealt with, I've only just felt a little for such things of late, but not much. Barbara has helped me become more aware that such things are no doubt within me, however I've not felt anything more about them whilst or since reading her book.

Nanna Beth: They are of little importance to you James. Most of your ancestors in fact have taken full responsibility for their wrongness and have done or are doing their Healing, so many of them have let the ancestral cord connections connecting you go, as they attained the Celestial level. And it's no big deal for you or Marion, that's not what your lives are about, you're just using the ancestral connections for the lives you've needed so as to give rise to your negative state so you can heal and uncover the truth. So your ancestors won't be lining up to meet you when you come over, and such things are no longer of any interest anyway once you are a Celestial. I have no feeling for my ancestors, family, mother and father, only for John now because of the recent connections and because of the work we need to do together, but all those connections went when I attained the Celestial level. And I am different, I am no longer the child of my parents, that all ended with the end of my connection with them once I left the Mansion Worlds. And even when someone's parents attain the Celestial level ahead of them, on the Celestial's side of things, so the parents in this case, they sever the connections with their child, yet the child still being in the Mansion Worlds still retains and has to deal with such connections as if they are still connected to their parents. The cords connect you to the Mansion Worlds, if you want to look at it like that, so once you are free of those worlds and in the Celestial spheres, you are well and truly free, and free of the Rebellion and Default that is what the Mansion Worlds are of. So Celestials on Earth – people who finish their Healing – will feel completely not of the Earth or of the Mansion Worlds, they will feel and know, because it will be the truth they are living, that they are of the Celestial spheres living on Earth, they being a little part of divine Heaven on Earth and still in flesh, and so someone to behold, a different being entirely from the rebellious Mansion World creature they once were.

So as I was saying, I have no feeling for, no interest in, no connection with, my parents or heritage or any relatives, not even with my children, that's all gone, it's OVER, it served a purpose, we were all in it together at one time, but now we're all separate and going our own ways; and like how you were saying to Marion, I might never see and have anything to do with any of them ever again. And that's fine, as I am fully absorbed and happy with my soulmate and soulgroup and all we are doing and all the other

soulgroups we interact with. And were I to meet and have anything to do with anyone I was related to, it would be a whole new relationship just like the new ones I've established with my soulgroup.

And so speaking of my soulmate, as you were also saying to Marion, what you said was correct, that even if I knew my soulmate whilst I was doing my Healing, we couldn't have had a true connection because I was untrue. He might have been untrue too, being in the Mansion Worlds still, or he might have been a Healed Celestial, but still, until I too become a Celestial, I can't have a true relationship with him, it's impossible. So the best soulmates could be both true and perfect in their Natural love, yet still when they cross over into the Celestials, that relationship cord-wise will dissolve, so it will end, and then start completely anew as Celestials. And the Celestial soulmate relationship will be superior and deeper, more intensely loving and intimate than anything that can be achieved in Natural love.

James: So once you are a Celestial, then everything is new and starts again, I know you said this, but I'm trying to imagine it.

Nanna Beth: You can't imagine what it's like James. It's your whole being that ends and starts again, fresh and new, all your mind, all your feelings, beliefs and behaviours, your spirit Mansion World body, everything 'dies', it ends, and then starts again, with all the parts of you reprogrammed to the Celestial level of truth. So when you 'wake up', for you don't really die nor even lose full consciousness, because you are to feel and retain a knowing through feeling that you have been purged of all that is not right, and that you are free, right and true, that your Healing really has ended, and you are now perfect and true to the Celestial level, and that you are NO LONGER in rebellion and so are wholly aligned with God, and you feel how good that feels, and how murky, unclear and cloudy your Mansion World life now seems. Yet you can still access your Earth and Mansion World memories and all you went through in your Healing and all how bad you felt, you can easily put yourself back in how you were, having complete access to all your memories and experiences from conception onwards, but you know it's all only how you were, it's not how you are now in any way.

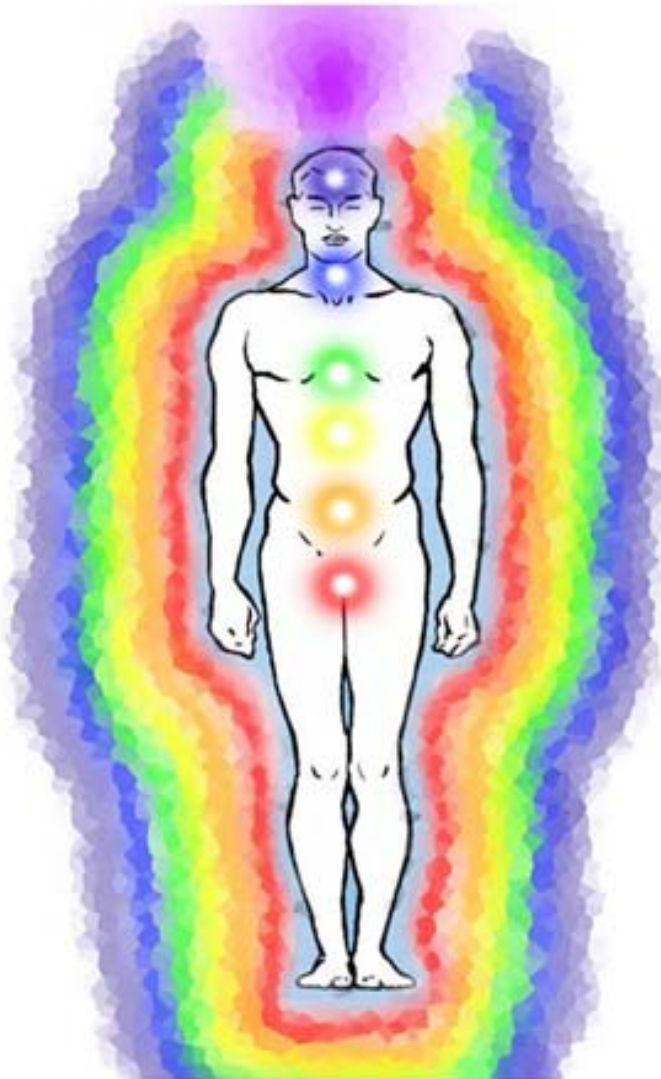
And that too is a relief. I can't tell you how good it feels to know one hundred percent and with every fibre of your being that you are finally free of the Rebellion and Default, that it's over, all that pain and suffering and feeling so unloved, has ended. There is nothing like it, which of itself takes time to adjust to because you're so used to being of the yuk. So our Healing is bringing us right up to that moment of being able to let it all go, to uncovering every aspect of truth so there is nothing you are holding onto, you've brought it all out, it's all gone, seen and felt for what it was, and then you have no further connection with it, so you move into the Celestial truth; and it all locks in and you have fused with your Indwelling Spirit, and you feel very different, clear, and free. So with no further connection with your real past life – your Earth and Morontial life – no more connection with anyone or anything in it, free of it all. You can't take anything with you into the Celestials, and over here the whole substance and light of life is different to that of the Mansion Worlds, so it's a massive change – your whole person is changed and yet it's also not changed, for you retain all who you are as in your personality, and simply carry on, but without all the baggage from your earlier existence.

yuk

James: Thank you again Nanna Beth, I really appreciate you going to such lengths explaining it and painting a picture I can relate to. I can't wait, I can sense all you're saying is true. I'll go now, thank you again and speak to you soon.

Nanna Beth: Yes James, it's my pleasure to share it all with you. Until next time, all my love to you, Nanna Beth.

The Brennan Model of the first 7 Levels of the Human Energy Field



The 7 Major Chakras

Crown Chakra - divine
 Pineal Chakra - knowing
 Throat Chakra - expressing
 Heart Chakra - loving
 Solar Plexus Chakra - ego
 Sacral Chakra - creativity
 Root Chakra - grounding

7 Chakras

7 layers feeding the auric field – our interactive connection to all that is in the universe around and within us....

SAMANTHA'S QUESTIONS – EMOTIONAL POLLUTION

Friday, 3 November 2017

James: Sorry Sam for not replying sooner, Wednesday and Thursday are usually right-offs for me being my Bush Bank (native plant nursery) days. I get home feeling so tired, so bad, often I have to crash, yet mostly I just veg looking at the Internet or doze as I'm no good for anything else. I hate the feeling, and it's because I have to spend so much time talking with people who I can't really relate to. I'm now seeing it as a form of torture, which is of course just how it was with my family which I'm becoming more familiar with.

Marion is feeling wondrously happy about her newfound self-love state, she doesn't feel bad at all about herself any more, it's still happening more each day and amazing that she can still feel bad about other things, but not about herself how she used to hate herself. She's still not been anywhere other than stepping out the front and back door to feed the birds a bit of bread or left over biscuit and loving staying inside and at home even more and more, god it must be about nearly two years now. She still doesn't feel ready to have to deal with anyone else, still wanting to get used to being herself and all these good new feelings about liking and loving herself, all of which she's never felt.

Nanna Beth: Hello Samantha, James has asked me to answer your questions directly.

First of all, whilst I'm addressing you personally, I want to say again how excited we are with all you are doing. We are so happy for you in all you are achieving, working so closely with your feelings, doing it all as you feel and seeing such wonderful truth.

The 'house cleaning' is removing the lower vibration emotional and thought form energy from the two Earth planes. These two Earth planes 'hold' within them, if you can imagine it, the energy or light of every excessive thought or feeling people on Earth have as well as those spirits who live in these planes. And by excessive I mean, when you are very angry, for example, and directing your anger at someone, to the point of wanting to kill them in your mind and with the full emotion of feeling that you 'are' killing them, fully wishing them dead, wishing ill of them, then you are charging your auric system with such anger, and on the heart level, which is the astral level, so you are also having an effect on the astral level. And most people when they calm down, don't want to retract that energy, they are happy with their rage (unless they feel guilty for it), they want in their mind and feelings the person they directed it to, to suffer, and so that energy, all that rage emotion and unloving intention, stays in their aura and also in the astral level to varying degrees. And that negativity can be picked up by just as angry spirits in that place, Like attracting Like, who might come about you indulging with you in your rage, and before we Celestials cut out such mind spirit interference with Earth, might have added their rage and hatred to your system thereby effectively intensifying your rage, as you all join in a 'rage fest' so to speak.

And this can be very destructive on yourself and the spirits, and even on the person receiving your rage should they be open to that. And then because no one takes responsibility for the emotional pollution they've just spewed out into the varying levels, so that unwanted energy, it becoming unwanted once the rage is spent, can just hang around clogging up your aura and in a way also clogging up the astral world. And again with Like attracting Like, so there are stagnant areas where this excess and unwanted emotional residue gravitates to, becoming very dense with aeons of such emotional yuk being packed into the area. And so if you were in your spirit or astral body, moving through these areas, you'd feel all that hatred, or misery, sadness, pain, anger, whatever the emotion is. And then you have whole areas of it in which spirits dwell, sort of 'living from it', they feel the same, indulging in such pain as that's all they know, it giving them a sense of comfort even, not unlike your post, Samantha, feeling the relief of being ill; and then within that state create thought forms, which can be like monsters, or just blobs of indistinct creatures, whatever horrid things

yuk

come to mind, most of which is based on their fears or themselves wanting to scare someone else. So all the perverted and weird stuff can be held in place by their distorted minds.

Barbara (Brennan) told of how scary the astral world was for her, that it was fraught, it wasn't as so many people imagine it being this lovely other world you can easily and happily cruise around in, visiting places and dropping in on unseen friends and family, that in fact it was more like a ghost train full of unexpected weird and horrible feelings and forms that didn't make her feel good. There were also places that kept all that dross away, and were the lovely, happy places where you could meet spirits, but there was so much other stuff that wasn't to her liking. And so it's all this unwanted yuk and dross that is going to be removed.

Because the mind spirits can't use humanity for their own needs like they had been able to do, certain actions by spirits in these lower two Earth planes are no longer allowed, all with the aim to stop them indulging in such dross. A certain amount of it will still be allowed and tolerated because such spirits and people need it, but all the excess residual stuff that has been left over time, will be cleaned up.

It will take a time to do as each emotional and thought disturbance has to be addressed by seeing if its owner still needs it, or whether in a lot of cases, the spirits have actually progressed higher leaving all of that stuff behind. There are thick banks of fear, suffering and pain, all the anguish of the soldiers who fought in the major wars, and in any war when a lot of the fighting is against their will, they being forced to do it, hate it, don't want to do it, don't want to kill, yet it's kill or be killed, and they have to do it. All that trauma still lingers even though a lot of those men have moved on as spirits, the world wars long over, but not so in the astral where all that energy gravitates to where spirits are still fighting each other using their minds and carrying on as if they are at war with each other.

The thing about doing your Healing and living with the Divine Love, Samantha, is that it ensures that you are not bothered by such dross or lower level energy. That all avoids you, as you're not attracting it to you. You might receive a dose of it at times through your Healing when you need to connect with feelings that are about such things, but once you've worked through it all bringing it to light, then that lower repressed energy is transmuted into the higher vibrations of light from the truth that comes to light.

You know when you go into some areas of a city and you can feel the dark dense dross of it, that you almost feel like you have to cut your way through the yuk, and you can feel it sticking to and polluting you somehow, and when you leave you feel dirty and drossy, well that is layer upon layer of stagnant unwanted emotional energy trapped on these Earth planes. And how many people love living in those places! And so it's the same in spirit.

yuk

And then with some of the people themselves in those places, and others of a higher light, and spirits too, their light will transmute some of the surrounding lower energy helping to clean it up, it being just the same as you picking up rubbish, which so many others leave and are happy to leave and have lying around polluting the environment. So it's as though the angelic rubbish collectors are moving in and they are going to clean up all the unwanted waste – rubbish thoughts and emotions.

And why the whole lot just doesn't simply gum up and become impenetrable, is because there are mind spirits who take it upon themselves as part of their work to do some cleaning. However there is always more than they can deal with, and some areas are just too dense and too much for them to deal with because it ends up lowering their vibration, which you can only take so much of. Even we Celestials don't like coming into these lower planes because of all the yuk. We can come to you and James and others doing their Healing and whom we keep clear of such yuk, you being like purified sanctuaries

within the yuk, should we come and be as close to you as we can, with your angels keeping such a light about you that keeps all the unwanted riff-raff mind spirits away, along with their unwanted heavy and dense energy.

And when you go out mixing with people who are living the equivalent of these lower levels, your angels keep purifying your system in keeping with your level of truth so as to keep you free of any pollution or unwanted interference from them. And should you need to be interfered with by the energy of such people or lower spirits, then they will see to that happening, but only for as long as required.

And should people who are doing their Healing come together living the higher truths, then that area of the world will become like a mini paradise so far as we coming and visiting you and you living within that constant higher uplifting vibration. And that light from such people will one day start to move out further having the effect of cleaning any surrounding unwanted energy.

The angels could instantly purge the whole Mansion World system, however it's all a delicate balance being orchestrated by them in keeping with the requirements of everyone involved. Each thought and feeling you have is a real part of Creation and so needs to be respected as such, even the bad stuff. And then it all needs to be fully dealt with to change it from one level to another.

People like Doreen Virtue are seeing false angels and nature spirits, they don't really understand what they are doing, just like Barbara. They are not connecting with real and true angels and nature spirits because they are not doing their Healing. However they will still be able to see such apparitions and their false angels and nature spirits because mostly these spirits aren't trying to control or hurt anyone, so that sort of mind spirit interference being mostly harmless relative to the Default and Rebellion, will be tolerated, for now at least. It's only the real heavy controlling mind spirits that are harming people individually or collectively that have been stopped. The average run of the mill astral world stuff like what Barbara sees is at least trying to be for the good, even though she and others like her don't understand they are just adding more to the bad, so that will continue. And continue because people and mind spirits still need it as part of their life experience.

HEAVY

You are very sensitive to such unseen levels Samantha, as you can feel regarding the cords, and it is as you say, they are very fine and complex, each primary cord being composed of many lesser levels of finer cords of light connecting you to each other. I can't see it all so finely myself, as you can, you are a sensitive like Barbara, and should you wish to attune yourself to such inner levels, we'll help you, those of us Celestials who understand because they too can see into such inner levels. However it might not be that you want to do such things, although it's there should you want to explore it some time. All of which will happen naturally anyway.

Love Nanna Beth.



UNDERSTANDING COMING BACK THROUGH FEELINGS

Sunday, 5 November 2017

James: Nanna Beth, yesterday reading through what John had sent me, I understood a few more things about the differences between we spirits and angels, things I'd not previously appreciated. And that led onto more things this morning, which I'd like to please discuss with you.

Nanna Beth – 3rd Celestial Heaven: Yes James, go ahead, and see what I can do.

James: I know you know everything Beth –

Nanna Beth: Ha!, you give me too much credit. I do know a lot more than I used to, that I can admit to, and, oh how much I enjoy understanding such things!, however there are limits to my extended knowledge, although that doesn't really matter as we always have the Melchizedeks on hand, so go ahead James, let's explore these latest musings you have.

James: As I can't remember all I've written with everyone, and reading over the parts of my conversation with Verna years ago that John sent me, I felt I was reading stuff I didn't know anything about, questioning it as to its truth, and then slowly it coming to me remembering that I had understood that back then with her – which was why we were talking about it then. So it's a weird feeling, like a part of me that was talking about those things with her had gone to sleep and I was trying to wake it up again –

Nanna Beth: Yes, but this time round you were perceiving it through your soul-perceptions, your feelings, and not just your mind. You worked out so much through your mind, natural deduction, of which we spirits and Verna helped you with, but now as you're letting go your mind, so it's able to come back to you but through your feelings.

James: Yeah okay, I can see that. So this yesterday was about the whole of Creation really being of Natural love; then with certain spirits being of divine creation, with other spirits able to become divine by partaking of the Divine Love – is that right?

Nanna Beth: It's more complicated than that. I'll try to explain it as I understand, which has certain limitations based on my relative small amount of soul growth.

Personality expression in Creation, as defined by all the myriad spirits and angels and so forth, is Natural love expression.

Our souls, the souls of us spirits, are actually divine creations (despite what the PM – Padgett Messages – say, and in line with what so many people believe, yet they don't understand what it really means, which was also why Jesus kept it simple by saying we're all of Natural love, because we are in our personality expression), so all beings that have an existential soul are already divine (because our soul was specifically created by our Divine Parents), however our personality expression from our soul is Natural love (it being expressed in Natural love Creation) and needs to be brought into alignment with the soul – so we can 'divine' it, which is what we're actually doing by longing for the Divine Love. However for the sake of simplicity, we say we long for and receive the Love to transform our Natural love soul into the divine.

James: Okay, but the Divine Minister and the bigger Deity personalities are Divine?

Nanna Beth: Yes.

James: So from Her (the Divine Minister) comes the Holy Spirit which ‘divines’ our soul, which you are now saying is already divine, so divines what – our personality expression from our divine soul thereby making all of us a divine expression, is that what you’re saying?

Nanna Beth: It is actually bringing our personality expression into alignment with our soul, so yes, effectively we are ‘divining’ our personality expression, which means we’re taking our Natural love to a different level, and to do that, means we have to make a lot of adjustments, which is part of our growing in truth, and in our cases first includes bringing our Natural love to a state of perfection through our Healing, so it can then become divine. So by the time we move into the Celestial levels of truth, our personality is divinely expressing our divine soul, which means, our soul is expressing its divine nature, its divine self, divinely on all levels, so including its personality. So we become a complete divine being in Creation, and in, yes, a Natural love Creation. So Natural love is present from Paradise down to the Earth worlds, all through Creation, it being what Creation is built from, is what Creation is dependent upon – it’s what Creation IS. Then with beings being of this Natural Creation love, such as the angels, nature spirits, and animals etc, and beings like us when we become wholly divine, expressing a deeper soul level of Love, the Divine Love, that being the Soul of God’s Love.

James: Okay, so Creational Love – Natural Love – is really the realm of the Supreme Being, the evolving Deity and the other evolving Deities, which I imagine will eventually evolve to be the full expression of the Divine Soul that is Creating it, yet of Natural love? And once fully evolved, will it, and so will the whole of Creation, then become Divine, so we’ll have the Divine existential completely expressing the Divine experiential, or will the experiential always remain Natural love?

Nanna Beth: Look at it this way James. The Creations emanating from the Infinite Daughter Spirit are of Natural love, those from the Eternal Son, divine. So all the mind creations, like the angels and nature spirits for example, are of Natural love, and like what you said yesterday to John, are, once created, evolving their Natural love soul into being. And so it’s possible that one day those Natural love evolved souls, the beings they represent, so the angels and so on, could become divine with the Supreme Being evolving into full personality and so Soul existence, for it is evolving It’s soul as It evolves from Natural love. And will it and all Natural love one day become Divine, as you are asking, I don’t know. It is a reasonable theory and conclusion to be drawn, which I understand many are doing, however we will have to wait, and for a very long time, to see if it proves true. And I ask you, does Natural love have to become Divine? It is not enough to have Natural love completely evolved to completion, and will it then still be inferior to Divine Love, as that is what you are insinuating (which you have picked up from the PM), or are the two loves even the same, just different expressions of it – Existentially being Divine, Experientially being Natural love? So you know in which level of reality you live by the love that predominates. However that is all speculation at this point, it’s too early yet, Creation is still only as a baby, it’s still to attain toddler stage yet, so we’ve got a long way to go for its childhood to be completed, so I understand.

James: Yeah alright Nanna Beth, and I don’t really want to get too much into this sort of thing, but it’s good pushing it around for a bit and seeing how it all settles. And I like what you said, that Divine Love and Natural love are the same, just different states of expression. And you’re right, I do put Natural love down because of what the PM said, however now I can see that only relates to us and our personality expression as you say, because we start off with it being of Natural love when it should be divine. But that doesn’t necessarily mean Natural love is any less... yes, I like that. It makes it a bit easier to understand, that the Mother and Father being existential and Divine, are expressing their Divine Personalities in Experience, so They can experience Their personalities for Themselves, and are doing that in Natural love Creation so as to see Themselves more clearly, through a different expression of

Their Love. Possibly if everything were just Divine Love, then They'd not get so much out of the experience, it all being too much the same, and so wouldn't get all They need to become self-aware or whatever else They are doing by setting up Creation and creating all of us to live it for Them.

Nanna Beth: Of course James, you are to explore it, and it will change and evolve as you grow, as you understand.

James: Yes. All right, so if there is the spirit side of things in which we all have divine souls and can divine our Natural love personalities that we start expressing in Creation, and then there is the true Natural love side of things as represented by the Mind created beings like the plants and animals, nature spirits and angels and mighty angelic personalities, then why have the Mother and Father set it up that way, with us spirits being divine, and so of the truth, and so different from the angels who are of the mind?

Nanna Beth: Well, that question is a bit out of my league James, I think you'll have to ask Them. However I am being told by Zelmar (a Melchizedek), that it's because They need to anchor Creation – Natural love, in the Divine, because there always needs to be a divine expression of Themselves, which we spirits are. And so having Creation revolve or be anchored around the Divine, then allows Natural love to have its expression. And as it's 'lesser' than Divine Love, so the angels etc, all beings of Natural love, have their focus about and on the Divine, so on us spirits, helping us, helping Creation work and run smoothly, doing all the mind things so as to allow the divine spirits to have their self-expression.

James: Do the angels feel pissed off at being lesser, do they ever envy us divine creations, it seems a bit unfair if I look at it from that level? However I can also see, that if they are to become divine at some point in eternity, then they actually get the best of both experiences, a full Natural love evolutionary experience and then a divine one, so in that case we're missing out. I think I answered my own question Beth.

Nanna Beth: It doesn't matter either way James, because the beauty of love, Natural or Divine, is you feel loved. And being Natural love you can't know what it feels like to feel divinely loved (or vice versa), but you can know that as you live expressing the fullness of your Natural love, then you'll feel the best you can – loving and loved, and there isn't anything else better than that which you can feel. So the mind and Natural love angels, by living helping us truth and Divine Love spirits, feel so completely loved that they don't want for anything else. Just as we feel so completely loved in the Celestial levels, that we can hardly keep up with all the love we feel – give and receive. Only you being deprived of both 'types' or expressions of love can look at it in such a way.

James: I understand that.

Nanna Beth: And also as you might remember, you've been told that we divine spirits are still also expressing our Natural love, it just being imbued by the divine. So really we are able to have the same Natural love experience as that of the angels. You might be able to imagine having an evolving soul, as you feel when you feel you're evolving your mental understanding, however it's nothing like feeling more attuned to your divine soul as it brings further truth and real understanding into your awareness.

James: I can sort of sense and feel that Beth; and I see what you mean anyway, that it doesn't matter, because being of love, well, that's all that matters. And so the two loves are nearly the same – or are the same, with the divine just focusing more on the Mother and Father – for us anyway... for the angels are always so focused on Them too. Hmm, so yes, really is there any difference? So the Natural love part

of Creation is all coming from the Infinite Daughter, and we being divine are to move higher through the Eternal Son and onto the Mother and Father.

Nanna Beth: Yes. And so that's why the angels ascend in their mind evolution, which you might now be pleased to understand is really transcend, it's the angels who transcend the mind circuits with Natural love and light, that denoting their evolving soul, for their soul is not the same sort of soul that we have, it being evolutionary evolved whereas ours is existential. And they transcend the spheres to Paradise arriving at their own special receiving area, whereas we ascend in truth, arriving on Paradise in our own special receiving area.

James: Okay, so that makes more sense. The angels being Mind creations are transcending to Paradise, whereas we Truth creations are ascending to Paradise. So the whole thing about the Rebellion is to keep people away from the Divine Love. So turn your back on the Divine Love Daughters and Sons who make the Divine Love available, so deny Mary and Jesus and thereby the Avonals too, saying they are fakes and we don't need to follow them because there is no Mother and Father either; and so turn your back on your evolving truth-loving soul, thereby forcing us people to pretend we're angels, or like angels, being only concerned with our mind and its development, hence the mind spirit way of transcending to Enlightenment.

Nanna Beth: Yes.

James: So we're trying to evolve our souls, just as TUB (The Urantia Book) says, and transcend (even though TUB also confusingly says we ascend), being more like angels than as we really are. And as we can't be angels, so we can't transcend out of the Mansion Worlds, so we just fool ourselves into believing the Mind of God is where it's at, which is trying to look to God as an angel might, all of which just allows us to build a house of cards using our beliefs, all of which is destined to one day fall down when we have our mental breakdown getting the shock of our lives that all our so-called spiritual growth has been fantasy, and being built not on truth, so collapses into nothing. Marion was saying that people who live with their minds so heavily in control and virtually no truth, when their mind goes, then they collapse because there are no feelings, no feeling foundation, no truth to fall back on and keep them functioning.



Yes, so the Evil Ones have made us be as the angels are, although compared to them, very poor angels, all to keep us away from the Divine Truth of ourselves. So yes, with Mary and Jesus coming and making the Divine Love available, so that was the end of the Lucifers and Satans, even though it's taking a while for the end to come fully into play. So with our Healing, we're reclaiming our lost soul inheritance so to speak, perfecting our Natural love so we can become a fully divine expression of our divine soul in Creation.

So there are two main lineages, if I can call them that, we divine existential souls ascending in truth to Paradise, and the Natural love evolving souls (angels) transcending their mind to Paradise. And we go to Paradise via the Eternal Son the upholder and Creator? of the truth circuits; and they, the angels and other Mind beings, go to Paradise via the Infinite Daughter Spirit, the Creator of the Mind circuits.

Nanna Beth: Yes. And that's also why the Eternal Son is first, needing to underpin the Mind, and with the Infinite Daughter supporting the Son, allowing us to have minds so we can understand the truth of ourselves. And we can't live with the Daughter first, as the Evil Ones made us do, it's going against

ourselves, so we're untrue and false. We have to live with the Son first, which I will add is why the emphasis on Jesus being the Son, because if you included Mary, then everyone would get confused even more. However you understand, that we truth-loving and truth-evolving people and spirits are both men and women, so it's both Mary and Jesus; with **the angels also being in pairs, but not men and women pairs, but positive and negative, as in different poles of the mind.**

James: Yes, I understand that Beth, it took me a few years to work all that confusion out.

So for the Mother and Father to express Themselves fully, They needed Creation, a way so as to see Themselves sort of like looking in the mirror. Being just a Soul, They needed to express Their Personalities so They could enjoy being Soulmates more fully. I can understand that. So They brought into being the Eternal Son as the closest and truest expression of Themselves, being of the Truth and Feelings, and then with that solid foundation, the Infinite Daughter being of the Mind and Beliefs. And They have then left it to Their two Children, to manifest the rest of Creation as a Divine Love and natural love expression. So in Creation we have both the divine and natural love, the feelings and the mind.

And I like how you wrote it Beth, just the Mother and Father and the Son and Daughter. And I guess one of Them had to come first, but why the Son... oh yeah, as Zelmar said, because we need that divine truth foundation upon which the mind can come. And so is that how it is, the Son is more of the truth, the Daughter more of the mind?

Nanna Beth: It is, but that is not to be confused with men and women, for they are both of the Son, both equally looking for the truth within their soul. However when you break up the masculine and feminine parts within you, the feminine, and although you relate that more to feelings, is actually more attuned to the mind, with women having greater mental clarity and sharpness to their understanding, living and relating to truth. With men being more relaxed about that, being more just 'truthy', falling back into their feelings and just more going with the flow sort of thing, so being less of the mind in that respect. Although it does, of course, vary between us all, but you know what I mean James.

James: I do. I can see it with Marion, she is far more of the mind in her self-expression, she is solid in her truth, nothing can budge her in that, but how she expresses it is more mind-like if I can put it like that, being as you say, very sharp and precise in her articulation of it. Whereas I too am solid in my truth – or at least getting there, but not sharp or interested in being so articulate as she is; and yet I'm more interested in the intellectual side of things, working it all out, whereas she isn't at all.

Nanna Beth: That's just understanding it all with your mind. You have still a large mind interest in seeing and working it out with your mind based on your truth that comes to light, like this, what we're doing now, whereas Marion doesn't want to know about it, she not wanting to exercise her mind like this.

James: Anyway Beth, not wanting to keep you much longer, what I've got from it all is that the Rebellion and Default are about denying our feelings and our truth, all so we can pretend we're like angels with our minds. And I guess that even ties in with my wanting to be able to heal like the angels can, just wave the magic wand and everything is instantly better, even wanting to work it all out and see it as they do, so understanding it all to the nth degree how an angel seems able to understand it.

Nanna Beth: You have done that James, which is all part of the fantasy side of you that you're letting go. Because you can't be an angel, only the angels can be angels, so you can't actually heal anyone, you

can only heal yourself through your Healing, however you can accept that through or because of you, the angels might heal people.

James: So someone like Barbara (Brennan) and a doctor is really taking over pretending they are like an angel and able to heal everyone?

Nanna Beth: Yes, which as you now understand, is not the way we are to be. We are none interfering, in that sense, we are simply to live true to our truth, true to our feelings, and do as little as we can to interfere with another, whereas the angels are constantly tinkering and adjusting and doing things within our minds, either helping to make things go worse for us as we continue to advance and evolve our self-and truth-denial, or helping us to Heal by adjusting our aura helping to bring all our repressed feelings up in us. They are of the Mind and so know and understand how to manipulate and work the mind. And with all of personality expression being 'housed' in the mind, in Creation, so the angels can work with every aspect of our personality expression, so including all that our auras are, all our physical and spirit bodies and all the subtle ones, that all being part of our personality expression. And they can work with and change and adjust any part of nature, any part of the physical, morontial, spiritual worlds and spheres, any part of Creation, whereas we can't. We can do a little changing of our natural environment and create a certain amount with our minds, but nothing like what the angels can do.

So as you say, trying to be a doctor or healer in the sense of you believing you know what is wrong and can fix it, is not right, for really that is the domain of the angels, they do know what is wrong and can fix it should they be called upon to do so. And if for example, cars were a natural part of Creation, we'd not be mechanics either, it would be the angels that fix the cars for us should our cars ever need fixing. But because cars are a part of our creation, then we need to fix them when they go wrong. Or so we believe we need to, for really an angel can even fix any of our man-made things should we need them to on a soul level.

James: Thank you Nanna Beth, that helps me sort out a few more things. I'll stop now and see how I feel and what I think about it all.

It's my pleasure James. It's good fun, speak to you soon, love Nanna Beth.

Note from Samantha in England:

Monday, 6 November 2017

Wonderful James, that has clarified so much for me and I felt, as you and Nanna Beth have wrote it, that we are Divining our personalities to come into alignment with our Divinely created soul so the two are one, ridding ourselves of our parent created mind's beliefs and errors. I have seen it in my mind where my personality will catch up with and express my divinely created soul.

I think it is wonderful that we were created with a natural love condition so that we can live in a natural love world, God thought about everything for Their children knowing that we would have to be able to cope and be on a same level as our surroundings and then, by the gift of Free Will, we have the choice to better ourselves through the reception of God's Divine Love. As I read this it brought to me just how much God loves us by providing us with all we need on every level, it's so amazing I can't put it into words. A natural love condition for a Natural love created world, our home whilst in the human experience to match our condition, isn't that amazing, everything considered for us, wow.

If they created everything in a Divine love state, only then I don't feel that would be loving of Mother and Father, and saying that we HAVE to be as they are, like our parents do, so they have done the loving

thing and given us the choice to experience what it is to be of Natural love, to live denying and rebelling against them, and through the choice of free will we can decide for ourselves if we want to be as they are.

"Marion was saying that people who live with their minds so heavily in control and virtually no truth, when their mind goes, then they collapse because there are no feelings, no feeling foundation, no truth to fall back on and keep them functioning" This part James, hit me, it is so true and I still feel like that now as I feel through my false feelings, it renders me weak and exasperated and feeling like I just want to crumble in a heap on the floor and I feel this every time I feel my false feelings. When you realise there was no truth to your belief, you lose all of your foundation, like your spine has been ripped out and you can no longer support yourself. I spent so much of my life feeling like this, desperate weakness because I was living and believing the lies that made up my life, there is only strength in TRUTH and LOVE.

I can't tell you how much I have enjoyed reading that, Nanna Beth is incredible, the way she explains things and what she knows and, of course, you James and John asking her the questions, thank you so much. Sam

FINDING CLOSURE

Thursday, 28 February 2019

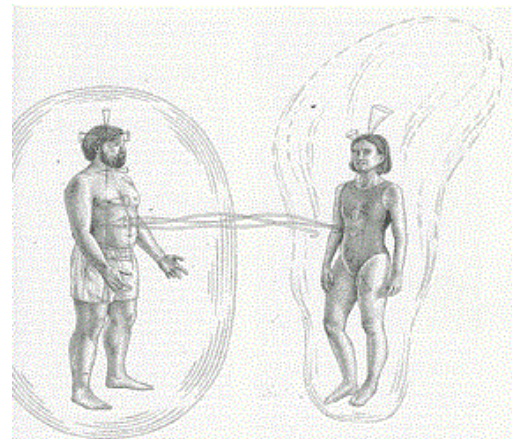
John: Hello Kathaleen and Kevin

Many people put enormous energy into “finding closure”! The distress that they embroil themselves in appears to be incomprehensible – it appears like self imposed torture – and yet when they “find closure” what do they find?

Kathaleen – 1st Celestial Heaven: It’s all mental resolution John, they are able to readjust their mind patterns to re-establish the mind control they had before the bad thing happened. So when their mind is happy, when they are happy back in their controlling beliefs, they’ve found ‘closure’ because wrongly they believe it’s all over and the pain has gone away.

John: When someone goes missing then that is a tragedy for those who love that person. Is the stress amplified by the severing of the cords of light that connect these people?

Kevin – 1st Celestial Heaven: Mostly it’s the other way round John. It’s the fact that the cords have not been severed that keeps them emotionally open to the trauma of their loss. (It is only when we have healed ourselves and upon entering the 1st Celestial Heaven soul condition that cords are then severed.) If the cords were truly cut, then they’d be able to quickly re-establish the equilibrium Kathaleen just mentioned. And really the only way to work toward severing the cords in the right sense, if indeed it is what is required by both parties involved, would be to keep bringing out and expressing and seeking the truth of all the bad feelings the trauma is causing. And that can take a long time in some cases, depending on how intertwined those relationship and psychic cords are. Many people ‘specialise’ in entwining those relationship cords, their relationships on the psychic levels are a thick mess of messed up cords, and the unwinding and sorting them out will take a very long time. People who are more aloof and lack such emotional entanglements have less difficulties in sorting out all the messy relationship stuff, however have other difficulties in their not being able to easily make the necessary deeper cord connections to have loving and fulfilling relationships. Doing your Healing sorts it all out so you can have a full ‘cord-connected’ relationship with your soulmate and anyone else in your life as you express your Celestial truth.



And the stress is not amplified as such, it’s just that the traumatic situation is bringing to the surface more of what has always been there from one’s early childhood. So the stress is always there and always of the same intensity as it was for you as a child, with such traumatic and ‘stressful’ events allowing people to connect with such buried feelings, because they can’t keep doing what they did that blocked them out anaesthetising them to such pain. You need to understand that the pain is always there as an adult, and the same amount of pain as you experienced as a child. As an adult, you can’t experience anymore than you did as a child until you are Celestial. Your childhood and then adult life on Earth and in and of the Mansion World levels of truth, is a complete package, and only when you’ve brought out all the repressed feelings and seen all the truth of your childhood state as an adult, can you let it go and move into a Celestial life that is no longer directly tied to your childhood. And it’s a bloody great relief when you no longer feel your childhood is dragging you down like a big anchor around your feet.



John: When missing people are put back with their loved ones or that the missing person has died and that is confirmable, then the saga is resolvable, this is a process of finding closure but it is not in the context of resolving why the person went missing in the first place.

Kevin: As Kathaleen said, it's simply that you can settle back down patching up your mind's control. Most people hate having their controlling mind patterns disturbed, and the more disturbing the more traumatic and terrible they feel. So you do anything, do whatever you can, all to get yourself back to how you were in your false 'stable' state. And some people, because of their childhood patterns, are more easily able to do this, whereas for others it's more difficult, and for some all but impossible, they always feeling vulnerable and 'open' and scared that at any moment everything could be ruined.

John: We have the bizarre situation with the court systems around the world. Great effort is made to determine whether a person has committed a crime against another. Juries of typically uninvolved, uninterested, unqualified people are plucked out of their homes to determine guilty or not guilty. Then a judge pronounces a penalty! Then the victims have "found closure" or not. What are they finding?

Kathaleen: It's all the same thing, trying to find mind stability. They make the judgment, issue the penalty, it's all over, everyone in control is happy, they can all move on in their mind controlled states, the criminal can now do his time. Nothing is about wanting to uncover the truth of yourself through your feelings, so the truth of why you did what you did, and how that all stems from your early life with your parents. So the whole system is man-made as you are saying, and you can see how mad it is.

John: Why I say the jury system is bizarre is that the mind cannot determine truth from falsehood! The mind is addicted to control and is corrupted with this bias to start with. However science has resolved that the mind cannot tell truth from untruth. And that is what typically twelve people are asked to do, something they know not how to do!

So, what is this "finding closure" all about please?

Kevin: Within rules of the established mind-system, the 'truth' can be found as such, and sometimes such mind-derived truth is in harmony with the Truth itself, and sometimes it's not. However for what it is, the legal system, like all the systems, has it's relative good and bad points, and those people involved with it will have to work through it all as they do their Healing. And it's all about control; does mankind control every part of her/his life? Or is God really in control; and if God is, how can you live by allowing God to do Their thing and without yourself continuously stepping in thinking you know better. The Rebellion is about thinking you know better, however when you live that way, look at all the trauma and pain you are causing yourself. So the Healing is about bringing to light how controlling you are, why you are, how you control, and accepting that you are that way. And you pay for your sins and end up feeling you forgive yourself for them because it wasn't your fault, it was forces beyond your control that made you be the way you are, ending your mind's control over your feelings.

MARY M's relationship with JAMES

Friday, 17 November 2017

Mary Magdalene (co-regent of Nebadon with Jesus): I want to add that **our souls are divine**, as Jesus was saying **having been created by our Divine Parents**, however they are able to have, you could possibly even say, **'have a facility within them', that makes them 'attune' themselves to the level of Natural love or Divine Love required, as they express their personalities in Creation.**

What you and Samantha are feeling, and **that which many feel, is actually the Divine Love within your soul reflecting your increasing divinity, which then helps you perceive deeper your soul's divine heritage, which is of course really, your Mother and Father's Divine Soul.**

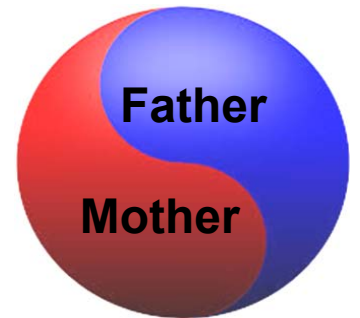
James: Mary, is it that on a soul level we're all actually of the Mother and Father's Soul, and that it's our personalities that make us feel we're children of God; or are our souls really separate to Theirs?

Mary M: Our souls really are all separate to Their Soul, however there are soul-cords if you like, that connect all our souls with Their Soul, thereby giving you that feeling of being at-one with the Mother and Father's Soul, like you are almost or in some way part of Their Soul.

And these soul-cords are nothing like what Barbara Brennan sees, which are relationship cords in Creation. These soul-cords are something which I don't fully understand how they function, as I can't see or perceive them yet, however we are told by the Mother and Father of their existence on the Soul level. And as to how much 'connecting' goes on between our souls and Theirs, that too I don't know, we're not evolved enough yet to understand such things on that deeper soul level. There are lots of higher spirits and angels that speculate about such things, however that is still mostly on a mind level, and is yet to be confirmed by the truth of experience. Creation is too young so as to allow us to know such things about the deeper levels of soul-existentialism.

MUM & DAD THIS WAY

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

MARY & JESUS

GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3rd Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, to be truth-accepting, all of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you; and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really, however technically The Change begins with the dawning of the new Spiritual Age – the Avonal

THE CHANGE

Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are



doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.

Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people living increasingly in the wrong direction and going further against themselves, once The Change fully starts,

won't be able to evolve further into a deeper or greater rebellious state, however stagnation within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default, and when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

REBELLION & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that, however they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

GREAT
*U*Turn &
THE
CHANGE

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

celestial Friends

Avonal AGE

WE were DIVINE, and
WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.

Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.

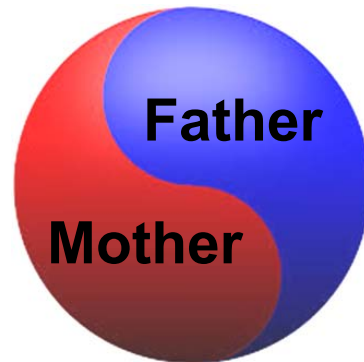
**WRONG
WAY
GO BACK**

Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.

THIS WAY
→



CREATED in THEIR IMAGE:**GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



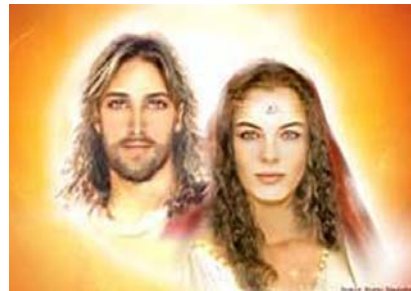
OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



SPIRITUAL
Mother & Father



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

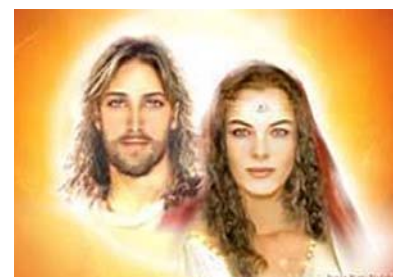
AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

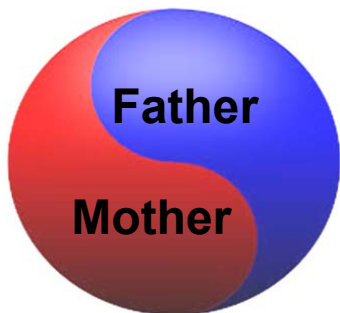


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

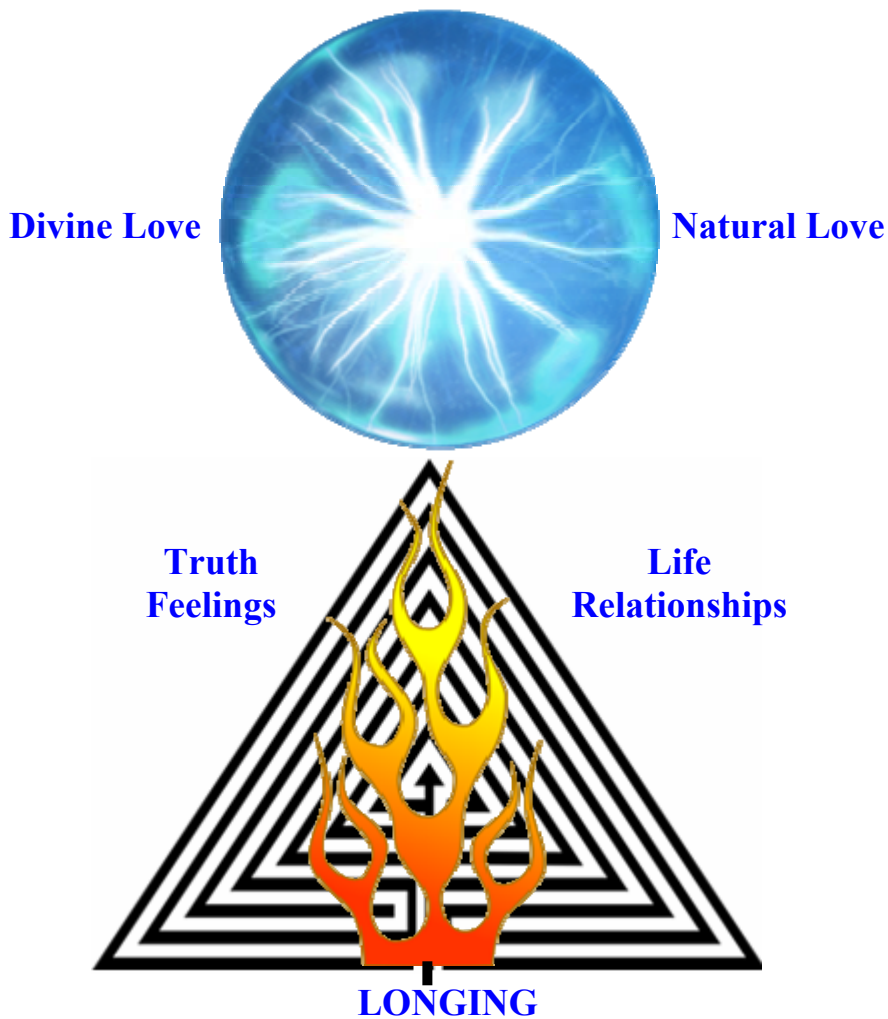


Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

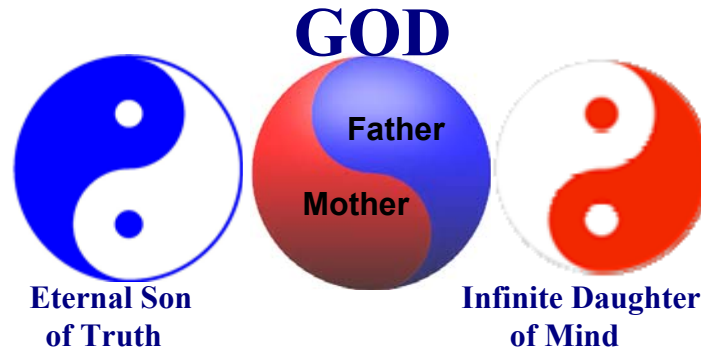
HOW TO GET TO PARADISE:

The Key

- Long for the Divine Love
- Long for the Truth
- Long for the truth of your feelings
- Don't deny any feelings: accept, express and want to know the truth of them
- Know your feelings are the key; your feelings are the Way
- Want to end your falseness and being untrue
- Want to understand the truth of your early life
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
- Want and long to know the whole truth of yourself
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

- 1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
- 2. **ETERNAL SON (ES) – Divine Truth**
- 3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

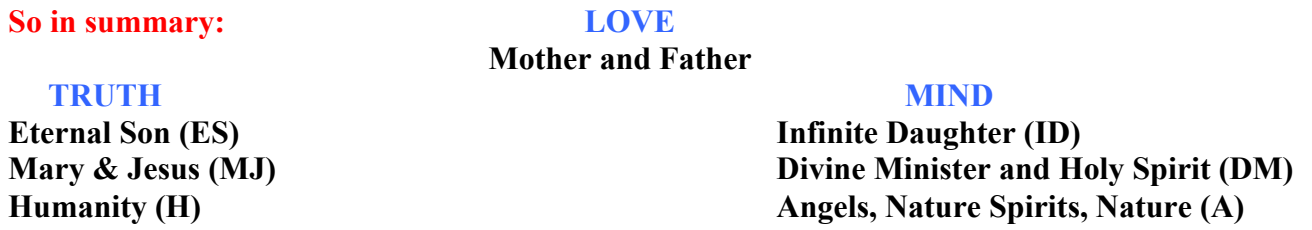
The LOCAL UNIVERSE TRINITY:

- 1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
- 2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
- 3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

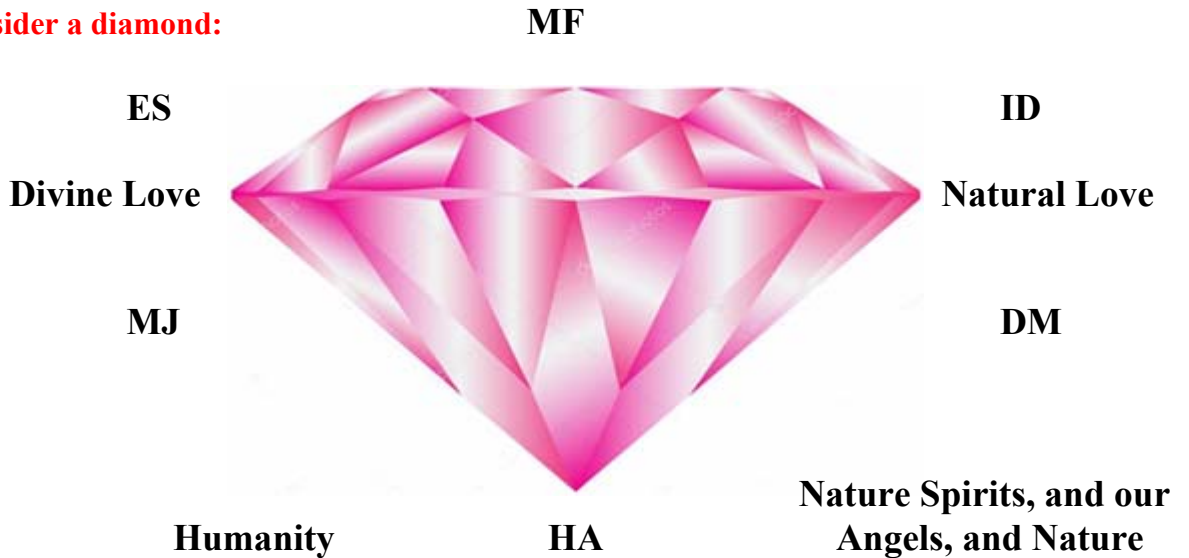
PLANETS that engage in REBELLION:

- 1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
- 2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

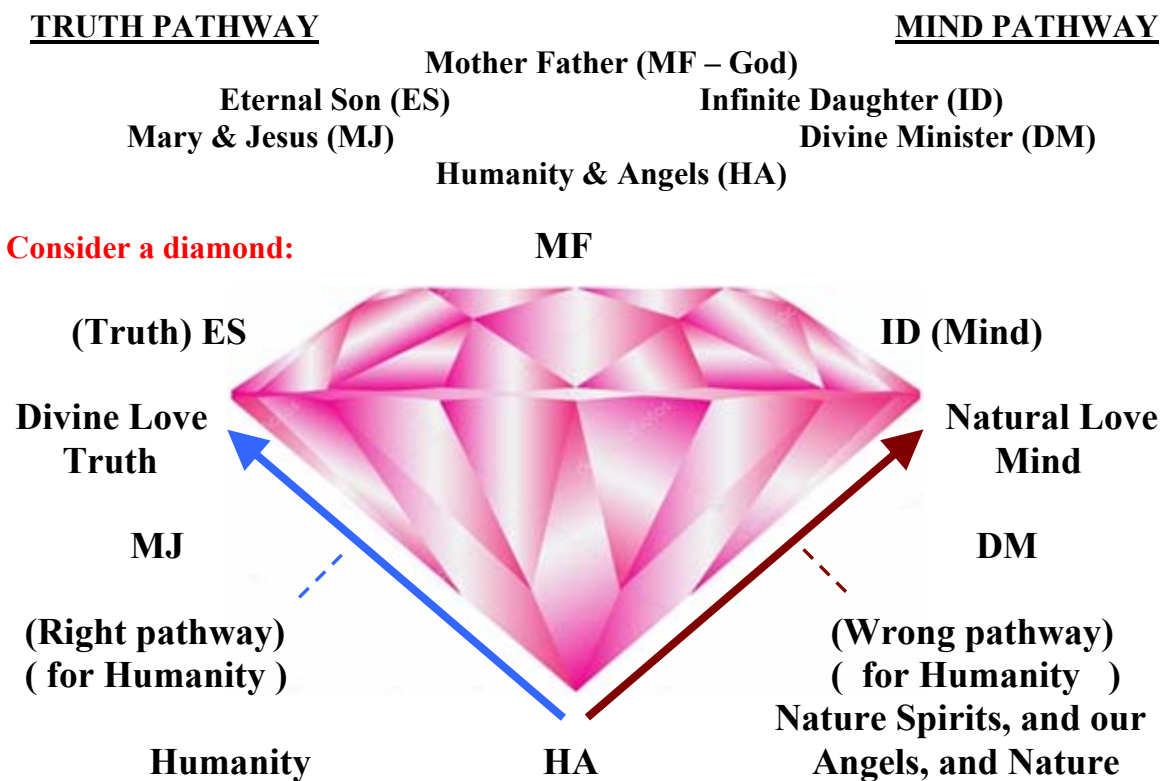
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: an Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

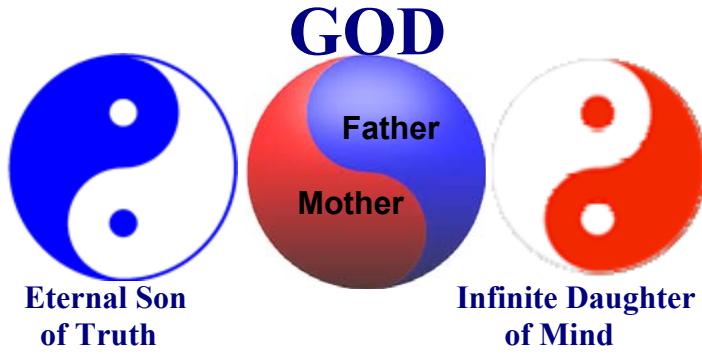
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



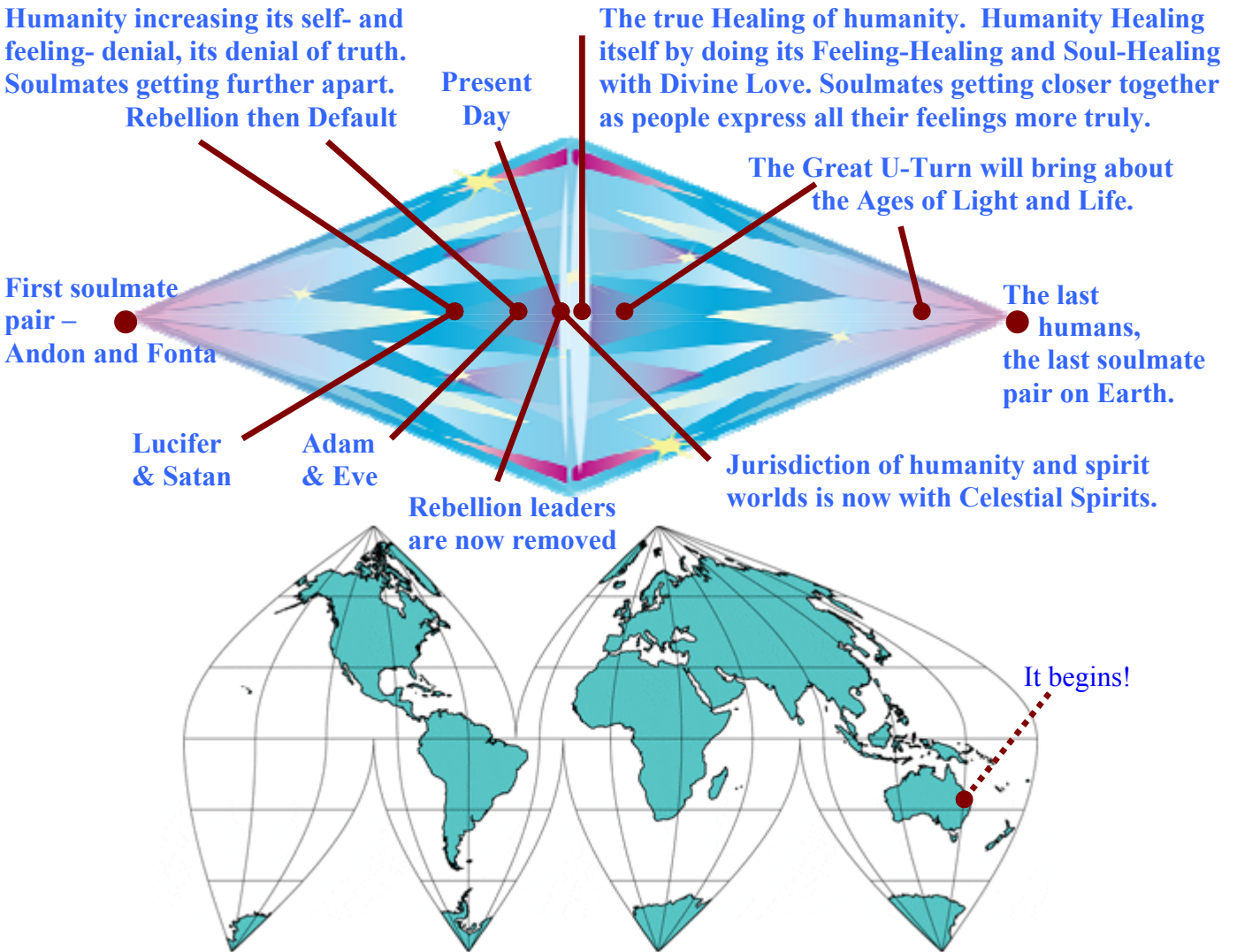
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.
 (Passage in blue calibrates on the Map of Consciousness at 1,500)

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We only know how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting it in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link.*

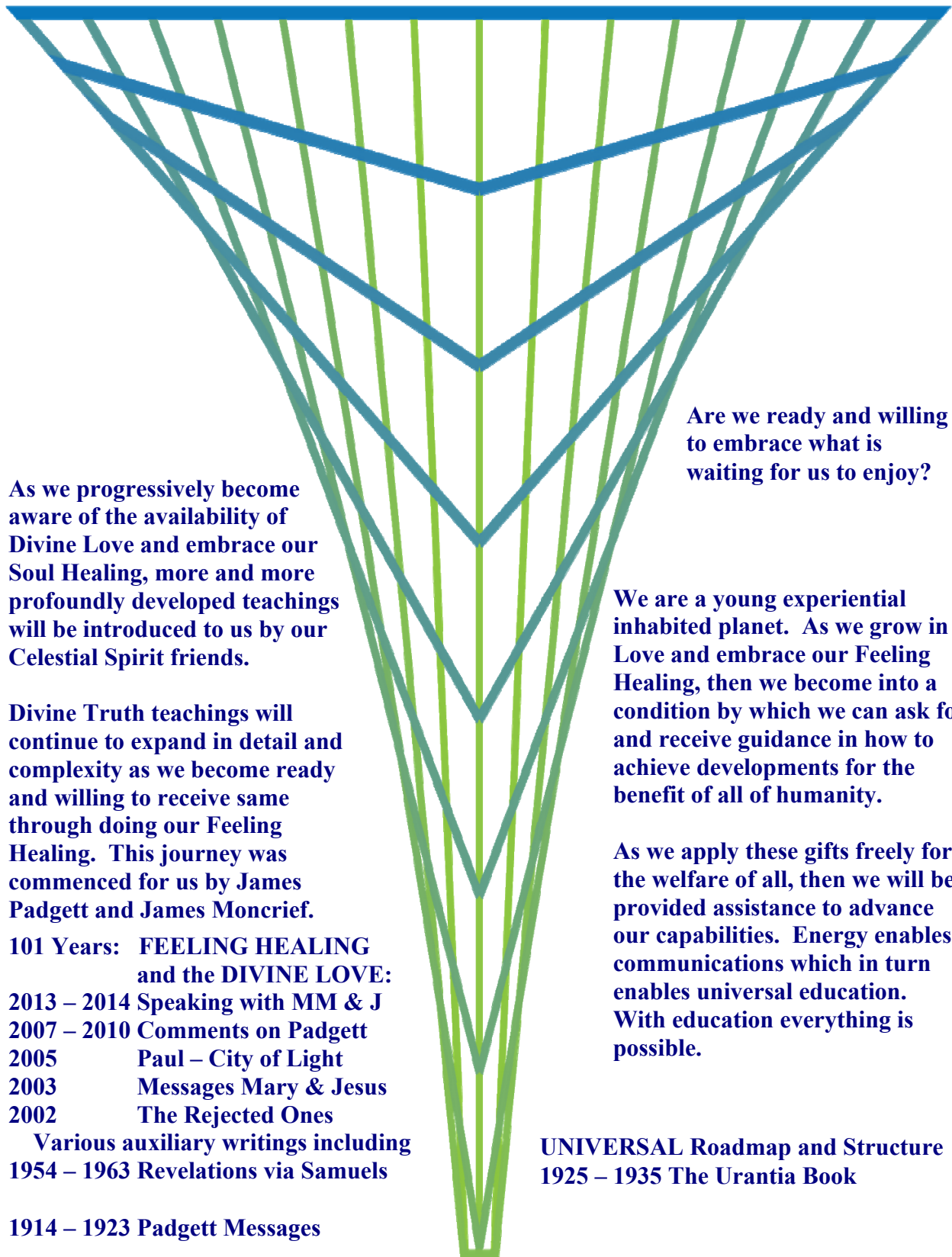
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women’s Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Divine Love
is the key!**



**God's Divine Love:
Pray for it, ask for it, and receive it.**

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens:**

