

PASCAS CARE

Living Crystals



“Peace And Spirit Creating Alternative Solutions”

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



Sage – and the Healing Angels of Light

by James Moncrief

Esmerelda, how am I to use the diamond?

It will all come naturally to you Sage. It will show you itself, you don't have to worry about that. You are to keep it on you, but hidden, no one must see it or know about it, and we angels will work using it at times to convey certain light through it. Crystals, and especially that beautiful diamond, are conveyers of light, they amplify our spiritual light helping the light come into the material realm. We can also do it without them, but they make it easier. As long as they are in the vicinity, we can use them, you won't have to actually physically use it Sage, you won't have to touch anyone with it or hold it, or anything like that. It is part of our secret heritage, but up until now, such wondrous natural creations of the Earth have been misused by humans – however this one is now yours.

Couldn't you just materialise them yourselves, as you need them?

Yes, and we have done that at times, but there's still nothing like the original Earth-made ones, they hold the material resonance of Earth within their lattice structure, and that's what we work with.

So really people shouldn't use the gems for jewellery?

No, they should be respected for being what they really are, transmitters of light from our world to yours, and used so that we can have access to them so as to help you in your lives. Humanity was created to live with our help, you are meant to all be helped, and even openly, by us of the angelic realms, however that all stopped when humanity Fell with the start of the Rebellion (200,000 years ago). When that terrible time happened, we were forbidden to help you as we had done. Some of our number fell too, helping the evil spirits work their control upon the world, however none of those fallen angels are negatively influencing humanity anymore, they have all been dealt with and have all repented for their wrong doing.

It's so beautiful.

Yes, and very rare; there have never been many such large diamonds produced by the Earth.

I love looking into it, I feel like I could look into it forever; and I want to go in, Esmerelda, sort of be taken into it.

It's a small gateway into our world Sage, that's what you are yearning for, you wanting to be with us.



I want to end all the pain, I want to take it all away; I don't like it when I feel bad or when I see anyone else feeling bad.

I understand, however for some people its necessary they feel all their pain because it will help them to understand more about themselves when they come to see the truth of their pain. So they need the pain so as to find the truth, it all being around the wrong way because of the rebellion against truth.

So who am I to heal? Shouldn't everyone be left in their pain if it's so good for them?

Not everyone, most, but some will need temporary relief from it, like Micky, so they can do other things with their lives, things they couldn't do when they are in such pain. But as you understand, that pain will still be there in their soul, and one day they will have to return to it and bring it up and out of themselves, all so they can see what truths it has hidden in it for them.

Yes, I understand.

I will guide you Sage. Many people will ask things of you, and some of those things you will be able to do; others not, and that's just the way of it. It's God's Way, and there's nothing any of us can do, because God wants it as They want it, and for all the reasons They know that will help people; for in the end, everything is for the best, even if at the time it might seem like the worst. Everything is not what it seems, there is good in the bad, and the bad is only temporary, the bad will one day cease to exist at all, and then there will only be good. However for the time being, it's very necessary for people to experience the bad. It will help them in their far off future when they've healed all their bad, being able to help others who feel bad themselves.

Religion of Feelings

Introduction to Divine Love Spirituality

Main website of DLS

Childhood Repression website

DLS and CR forum

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dls cr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

LIVING CRYSTALS:

Recorded notes from a group discussion conducted by Christopher Power: Thursday 10th July, 2008

The first thing that I am going to state about this is absolutely crucial to understanding why crystals are so important. Understand that “**crystals are consciousness**” again, I repeat, crystals are consciousness, but they are consciousness in a different way. You are consciousness in a carbon base in a human body that is what you are and you operate like a carbon base human body would operate, whereas, crystals are consciousness in a silicon based body. They are not human consciousness, they are not like our consciousness, we may live for one hundred + years, they would live for millions, so the way a crystal lives as a consciousness is not on the same wave length as we do, we would be like cycles per second, they may have cycles per centuries, millennium or whatever, the key thing to realize is that crystals don’t have consciousness they are consciousness, now when a crystal goes to sleep, they can sleep for thousands, maybe tens of thousands, maybe millions of years, but when they wake up, and I have actually had this happening in my hand for fifteen minutes, it is like someone switching on a light , its very obvious that crystals are consciousness, that is the first thing that takes a bit of absorbing because although I’ve known it for years, I am still getting used to it emotionally, getting it in my mind that crystals are a conscious thing, a conscious being in a very different body. This is a crystal that I often work and carry with me, I even cut it myself with the help of a very dear friend of mine, but this crystal, although it is small for the kind of crystals that I work with, is conscious and for it, this meeting comes and goes in a flash, but for us – an hour or two. This crystal is conscious, it’s observing you as you are observing it, it’s checking out the meeting as you are checking out the meeting.



This Rose Quartz Sphere if it were in the room, you would have no doubt that crystals are consciousness, you would feel it if you had any sensitivity to these things at all, even just talking about its presence moves things.



Most importantly, if you are going to go further with understanding what crystals are, at least going into the realm that I operate in crystals, its important to get to know that crystals are consciousness, emotionally, not just intellectually. Similar to you walking into the presence of human beings of another race, or you sailed across the Pacific and you discovered Indonesia or Hawaii, you walked into a room, into a culture that is very different to yours, but it is just as valid, this is the point I was trying to get across.

Humanity, over the last two, four or five thousand years, has viewed crystals as inanimate objects. Over the last five hundred years particularly, crystals have been seen as just stones, rocks or things of value. Thousands, tens of thousands years ago, that was not the case at all. Again, people at various times have looked at them as items that are sources of energy, its different from recognizing them as consciousness, very different.

You are dealing with a conscious being that has all the qualities that consciousness has, not just a thing that was energetic.

Now in the last century science re-discovered the technology of crystals and the whole world changed technologically, for instance, the computer chip is silicon based, the entire Internet, all of the computer revolution is silicon based. Through technology at the beginning of this century and throughout the twenty first century we are going to discover the metaphysical, the consciousness, with the crystal consciousness, is not just crystal energy and magic, miracles and all the things of this new world are going to expand in an expediential way..

So you are dealing with consciousness, not just energy and that is really important. Because of our technical training society it is easy to say I can put my healing energy into a crystal and channel my healing energy, that's true, you can, crystals have physical properties but they also have metaphysical properties that have spiritual and esoterically qualities and that's were you go. It is not that I am going to put my energy into this crystal and channel it, its like I am going to form an alliance with this consciousness and we are going to work on healing together, as one.

Its like a health carer and I decided that we are going to do a healing session, or a business partner and I decided we are going to go and create a manifestation of some success that we want to do and we go, ok, we are going to work on this together like a business deal on some levels, but when you go and work with crystals it is like, Hi! and then its like, do you want to be involved with us, is this appropriate to work with us? Lets form an alliance if that is true, and from that alliance create healing and create success together.

The size of the crystal does matter metaphorically, but not necessarily. I have come across small crystals that are unbelievably powerful, its like you come across small human beings who are incredible dynamic and big human beings who are much slower or whatever, however, crystals communicate in a language of imagination and the language of metaphor, when a crystal is trying to tell you about itself, it uses metaphors, so if its big, that means something, it's the crystal trying to say, I have significance or I have a sense of magnificence, a small crystal would be saying ... I am very powerful, big things come in small packages, that type of thing.

With crystals, looking into their colour, their shape, their nature, their facets and all their little inclusions etc, its trying to tell you something metaphorically. Crystals aren't shy, they are constantly communicating with us, so part of working with crystals is to actually work with reading the signals they are giving, they won't speak to you in English but they will speak in the language of imagination which is fundamentally the language of energy and also in metaphor which is very clear. So it says about this crystal, it's got a lot to do with the clarity; it's also a Citrine which means its one of the two crystals that will not hold negative energy. If you put negative energy into this it will disappear, you'll never get it back, like when you process something and you haven't finished with it, it's not good but if you process something and you have understood it then you are free of it.

It does not neutralize it just disappears, it just goes, it will hold positive energy whereas most crystals, if you put negative energy in them they will hold it and then release it, it has no investment, but this one, if you work with Citrine, apart from other things it does, it will not hold negative energy, so it's great for getting rid of negative energy when you are done with it.



There is one little article on crystals called "Dating with Crystals" and it's literally, like the whole dating situation when you meet a crystal is like hi! hi!. It's like wow, and some crystals when you walk into the shop and its like Yep!... and then one crystal in the corner will just, ahh!. The Rose Quartz, I will show you later, I walked into a room, and I said, "Christopher", I had money on me to spend, "now don't go wasting time on crystals, don't go spending your money on the first thing that you see, I was giving myself a lecture, literally, as I was walking into the room and walked across the room to this table, my hands went smack onto this and would not leave it, I was standing there for two or three minutes and I couldn't take my hands off this Rose Quartz and it was like 'hey buddy where have you been', then this lady Barbara who is good friend of mine came up and said, so I suppose you better get it, so I asked how much is it, so yep, ok. It wouldn't let me go and I did buy it, put down a deposit, whatever, I was in a seminar three days after that and it kept talking to me from across the way, I would be just sitting there just listening, yeh, yeh, ok, now, you could call it fantasy, whatever you like but it was real, it was like I walked into the room seeing the woman of my dreams, we connected, it was like I just couldn't take my eyes off it, just constant. In the seminar, I've seen magnificent crystals, I would love to have them and you are standing there and it just say's "I am not of your keeping".

And so we work while we are there and then its like meeting and then after two or three weeks I am back, we make a connection, we may work in the future and so on.

It's what I mean by getting that its consciousness. When you are with a crystal, not everyone is into crystals, nor that everyone need to be into them, there are certain people that have a real affinity with crystal consciousness and if you get where you are working with another consciousness, these are the benefits, very simple, one eye, keep the other eye open, just close one eye and look around the room, that is what it is like looking at the world only through human consciousness, right!, but when you open both eyes, look around the room and see the difference. When you take your human consciousness and together with say, crystal consciousness, one option, there are others, you're seeing the world from two different points of view and what it does, it experiences the width and the depth of your experience in life. That is one of the most basic benefits of working with crystals, that you get another opinion and just with one eye is two dimensional with three eyes is tri-dimensional. When you are in crystal consciousness, you are in alliance together, the world expands, for some people, crystals aren't it, it may be other things, it could be the Fairy Realm, or with technology for scientist's or business for a business person but the beauty of having multiple realms, is it's almost like races mixing together, different types of consciousness sharing the same thing, for some people is dolphins and whales, for some people is horses, when you combine your consciousness with another consciousness, it expands your horizons, it expands your perspective.

We talk about we are going into a multi-dimensional reality da, da, da. There's a big difference between talking about and living it, what is happening now globally and why this time is so crucial, why the work you guys are doing with Pascas is potentially so beautiful, is this, this point in time, the Earth as a

consciousness is evolving, the Earth, and we are not going to save the Earth, the Earth can take care of it self, the Earth, but as a consciousness it is going through a major leap, humanity as a consciousness, us, means humanity as a whole will have a major leap in consciousness simultaneously, so that is two things happening simultaneously, various elements evolving their consciousness at the same time. Our spiritually, our relationship with the Divine is going through a massive leap, these three things happening together is creating a doorway of opportunity that is unprecedented not only on this planet but in the Universe. Three tones, this works physically, but in your own imagination, if you take three separate tones together, then those three tones will combine to create a fourth that comes out of no-where and that tone is so intense and so powerful, there is a technique, called the eternal manifestation in creation where you create three tones and then you lift them beyond your imagination to create a fourth and you can create anything on that.

This will make sense to a lot of you in various ways, it creates a force so unbelievable powerful, what I am saying is, right now the Earth itself is taking a massive leap forward and spiritually is taking a massive leap forward, three times, creating a fourth time creating an energy that is opening doorways to things that has never been possible before and what it boils down to in essence is that it has never been done in this Universe or anywhere else that I know of, not at all, we are creating a new world like nothing before and its going to be deliberate choice, nothing else, we are first time, we are free without any other imperatives to create a world out of pure conscious choice. Hence it is so important to respect choices, our individual right to choices, that is no one can see beyond 2012, not because that is impossible, but because it's a blank sheet and if we are going to go into this unknown with our responsibility as spiritual adults in this world and it's works, physically as well as spiritually, we are going to need every consciousness, every piece of help that we can possible have, and one way of receiving it is by working consciously with tools creating alliances with others consciously, right at this moment the cutting edge of this Earth evolution is crystal, crystals are the bridge of consciousness of Earth. The cutting edge of spiritually is the return of the of the Goddess energy, the feminine energy, know that she never went away.



Immortality with the Love.





Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

"The CHILDREN of the LAW of ONE™ and the LOST TEACHINGS of ATLANTIS"

Jon Peniel (non-fiction)

<http://www.atlantis.to/LTA/free-online-chapters.htm>

Chapter Nineteen - "The Children of the Law of One Basic Meta-Physics of Science-Magic"

CRYSTALS

(Natural Love based)

Many people have heard about quartz crystals. And most people sense that there is something very special about them. Friends and books may have made references to "crystal energy", and healing with them (or related crystals), and talked about how "cosmic" they are. I'd heard all that too, but it was almost always too vague and unsubstantiated for me. I wanted to know more – and I wanted facts. Here are some of those facts – the "real" metaphysical scoop on crystals.

Crystals are amazing energy transmutators – they can take electricity and change it to physical vibration. They can also do the opposite – take vibration, and change it to electricity.

Because of the transmutating property of crystals, they have been used by most people on a daily basis for quite some time, and many people aren't even aware of it. In fact, for many years crystals were vital to the workings of radio and TV. The crystals transform the vibrations of electricity, changing them to the very rapid, and specific, vibrations of radio / TV waves. Those waves travel through the air to wherever we are, and then crystals change them back to electricity, allowing us to hear or see something that is going on in a far away place. Each receiving crystal is "tuned" to a specific frequency of vibration, which matches a transmitting crystal. By changing your receiving crystal, you "change channels". This is the same for radio, TV, walkie-talkies, CB, Ham, whatever. Before the advent of synthesized tuners, you had to have a different crystal for every different channel (frequency) you wanted to use.

Some of you know how all cigarette lighters used to have a "flint and wheel" (stone age stuff) that made sparks that ignited either lighter fluid, or butane. Many modern lighters have switched to a different system – crystal technology. Instead of spinning a wheel with your thumb to make a spark, you just push down a button or plunger, and it makes a "click", and lights. Those lighters use a tiny piece of crystal, that creates an electrical spark – with no batteries or anything. They take advantage of a property of crystals they call "piezo-electric". It's amazing how they work. When you press down on the lighter's button, it "cocks" a piece of plastic or metal, and when you hear the click, you are hearing the sound of the crystal being struck by that plastic or metal piece snapping down on it. When the crystal is struck, this creates a vibration pressure on the crystal, causing it to give off a spark of electricity, igniting the butane.

You may know that almost every watch, and many clocks these days have "quartz movements". The quartz crystals in these are used to do the opposite of the quartz in the lighters. It's the same stuff, it's still quartz crystal, but they use it a different way. In this case, instead of using a vibration (strike) to make electricity, they use electricity (a battery) to make the crystal vibrate. The constant vibration of the quartz, due to applying electricity to it, is the basis for measuring off the seconds minutes and hours. Because the quartz vibrates in a consistent manner, they can count how many times it vibrates per whatever time period, and calculate that to keep time.

All of that is pretty amazing really, but crystals can do much more.

In Atlantis, the Sons of Belial used lasers and geothermal type approaches to create energy to feed their power hungry energy demands. As was mentioned earlier, their power plants were instrumental in the terrible destructive Earth changes that destroyed Atlantis. But the Children were more power conservative – it's not that they had to “do without”, but they found that the vast amounts of power that exists in the Earth's bio-field, was plenty for all their needs. So they used crystals not only for healing, but for powering their buildings and their vehicles. The last of the Children's greatest power plants was the “Great Pyramid” in Egypt. (The Great Pyramid was also used for Initiation – more about that in the chapter on the death experience).

Vishnu, who was an expert on both ancient technology and the present state of the world's technology, explained more to me about the power of the Great Pyramid in Egypt.

“You have probably heard many things about the bible's legendary ‘Ark of the Covenant’. If you know about electronic components, (which I did since I was a 5 year old little genius electronics freak) and you read even the worldly bible's description of the Ark, (which I hadn't) you will realize that this was a giant electric ‘capacitor’. A capacitor is a device, usually found in an electronic circuit, that stores up electricity to a certain level, then releases it in a burst. This is why the Ark had the reputation that if you touched it or got too close to it you would get zapped by a lightning bolt from God. The size of the Ark as a capacitor, held a charge big enough to make a bolt that would easily kill anyone who got near it – and would kill many people.”

“When I was a child I opened the back of our TV. There was a label on one area that said ‘Warning! High Voltage! Do not Touch!’ To me it was an invitation. So what did I do? I touched it, and I got a shock that sent me flying across the room and slammed into a wall! I later found out it was a capacitor. And it was only about the size of a salt shaker. So I can imagine what a huge thing like the Ark would put out – they probably should have called it the ‘Arc’ instead – you know, like an electric arc?”

“Yes... anyway... only David, in his humility, was able to touch the Ark without being killed.”

“Why?”

“Because of his advanced spiritual development, his energy centres, his chakras, were prepared to deal with such power, and the frequency of the electricity. And of course, with the guidance of the hierarchy, and his destiny, the raw power was transformed and channelled in such a way that it only made for a Kundalini experience, a communing with God, and instead of being killed, he came out of it wiser and more powerful.”

“But you said the Ark was a power device in Egypt in the Great Pyramid, why did David have it and what was he doing with it?”

“It was once the power storage device inside the Great Pyramid, yes. And I will get to that in a moment. But first understand what we started to discuss.

The Pyramid had a layered capstone of copper and custom created quartz crystal from Atlantis. The Pyramid would collect energy from the Earth's bio-field, and focus it in the Ark. The Ark would release regular bursts of a specific frequency of electrical energy that would be transmuted and transmitted from the crystal capstone. All the Children's buildings and vehicles had receiver crystals tuned to the Pyramid, and would pick up and change the energy back into usable power. We are still using this here today.

Now as for your question about how David came into possession of it. Read the texts to get the entire story. But basically, during what they called the Exodus – when Moses freed the Jews in Egypt, the Jews went on a sort of freedom celebration rampage as they left, and took all kinds of Egyptian treasures, taking everything they could on their way out of town. This, which has been omitted greatly in the world's modern bible, was one of the primary things which incited the Pharaoh to pursue them. And one of the things they took from Egypt, from the Great Pyramid, was..."

"The Ark!"

"Yes. Then of course, over time, knowledge of its original use was lost, they did not understand its power, and attributed it to a power of God, which was quite logical to them. It would strike people down who got near or touched it, and this was easily interpreted by some that it must be some sort of temple God lived in, and only the holiest of people were allowed to get so close to God. And in it, they eventually put the pieces of the commandments Moses brought them, that he smashed in his righteous indignation and despair over their unconsciousness and selfishness."

"Where is it now?"

"We have a version of one the capacitors here as you know, but the one from the Great Pyramid, is located in a small church in Ethiopia."

"A small church in Ethiopia?"

"Yes, I know it sounds odd, but there is a good reason. It was brought there by a small contingent of Jewish priests because they held it in very high regard as a holy religious item, and were concerned about it being desecrated or destroyed during an impending invasion."

"But why Ethiopia?"

"It is a long story, but basically it is because of bonds that had been formed there by the coming together of Solomon, and the 'queen of Sheba', who was the ruler of what is now called Ethiopia. Just read about it in the texts when you have time."

HEALING with CRYSTALS and VIBRATION

All things vibrate, and have different vibratory characteristics. Did you know that body parts, including cells, and organs, have "vibrational signatures"? There are "healthy" vibrational signatures as well as diseased vibrational signatures. Understanding these scientifically, and having the advanced technology to alter our bodies' vibrational signatures, allows us to heal many ailments. In Atlantis, crystal technology was used for this. But the amount of knowledge and experimentation involved in cataloguing all the

different vibrational and electrical parameters of every detailed part of a human body is immense – it staggers the imagination. Not to mention the technology involved in creating the right crystals, and methods of applying them. The technology needed to properly use such knowledge is also incredibly advanced. But it was done in Atlantis, and the technology and knowledge was brought to Egypt, and then some of it to Tibet. It has been recently rediscovered by modern scientists, which we will get to in a moment.

Atlanteans used very sophisticated crystal technology to heal, and many people internally “remember” or intuitively sense that this kind of healing did, and does, exist. So they try to use quartz crystals this way, or go to healers who use crystals. But such crystals are wild cards, they are all formed differently, and perform differently, and most who use them are deluding themselves because they don’t know what frequencies they are actually dealing with, or how to properly apply them even if they had the right crystals for the task. Atlanteans had an entire science devoted to the understanding of the body’s vibrations. And they had real scientific technology for using crystals to manipulate vibrations very specifically – Atlanteans didn’t just pick up a crystal at the local bookstore and try to start healing with it. Whether it was to be used for healing, or powering a house, Atlantean technology gave them access to many different specifically designed crystals, each designed to specific parameters according to their scientific knowledge of making each one a specific tool for a specific vibratory function. There were thousands of specifically tuned crystals available for healing alone. Using a quartz crystal without the extensive knowledge involved in using it properly is not only likely to be useless, but it can be harmful under certain circumstances. In other instances, the placebo effect can induce healing though.

For those who want to use crystal vibration healing techniques, there are viable alternatives from modern scientific research. There are a couple of amazing devices that are close to the old Atlantean technology, but it took resources like government laboratories and scientists to develop them. They are called the Electro-Acuscope, and the Electro-Myopulse, manufactured by a company called Electro-Medical, in Fountain Valley, California. While the devices use the same principles involved with Atlantean crystal healing (neutralizing disease frequency vibrations and transmitting healthy frequency vibrations), they use a somewhat different method of creating the body frequency vibrations (vibrational synthesis). While not as sophisticated or powerful as the Atlantean technology, these amazing devices not only heal, but give the body and mind a “tune up” so it can function at its maximum potential. We studied and tested these machines extensively and objectively for about 10 years. It is our opinion that if every doctor used one, hospitals would have about 90% less patients. And while the devices remain relatively unknown, even suppressed, they are used by Super Bowl winning football teams, PGA pro golfers, Olympic athletes, Walter Reed Hospital in Washington D.C. (where the top U.S. government politicians and military leaders go), and the Pope.

So if you’re serious about vibrational healing these days, the company can give you a referral to a doctor, physical therapist, or chiropractor who has one, or you can buy your own if you have the money.

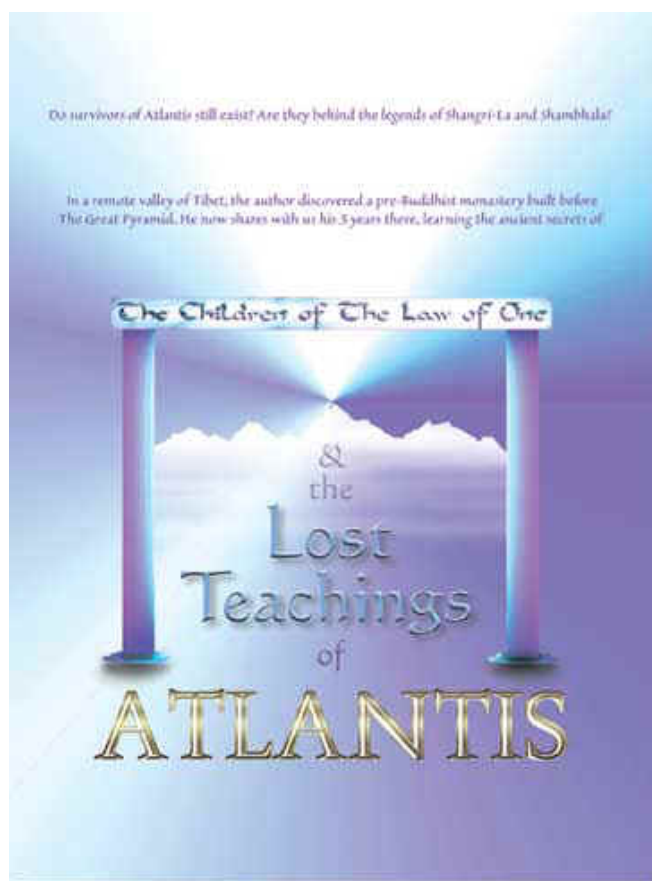
The VIBRATORY NATURE of the UNIVERSE

Everything in the Universe is vibrating. Even light is vibrating (different frequencies of vibration give us the different colours, just like different frequencies of vibration give us the different notes in an octave of sound).

The so-called 5 physical senses, touch, smell, hearing, taste, and sight, are all biological “sensors” that, for the most part, detect vibration in different ways. While smell doesn’t directly sense a vibration, it is directly sensing physical objects in the air that have different vibrational parameters. Each sense perceives vibrations within specific, limited frequency bands. For example, through the sense of hearing, most people perceive vibrational frequencies in the 20 to 20,000 cycle per second range – we call that “sound”. The eyes pick up much faster vibrations that we call light.

But these 5 biological sensors we use, only pick up a very, very small part of the infinite vibrational frequency spectrum. There are other frequency bands that the 5 senses cannot perceive, which puts a BIG hole in our information about what is REALLY there. And for most people, this very limited data from the 5 sensors is the only thing that allows them to be in touch with the world around them. We are, for the most part, virtually blind in this Universe.

Humans have built machines that pick up some of the vibrations we can’t get with our 5 senses. These machines translate what they pick up into the range that we can get with one of our senses. For instance, our eyes don’t pick up on x-rays – they only see the slower vibrating visible light range. So we made x-ray machines that take pictures to show us the result of using the x-rays, on a film that we can see with visible light. Can you imagine being able to see such things as x-rays and gamma rays all the time? Radio waves are also in a vibrational frequency band that is not within the range of any of our senses. The circuitry in a radio or TV changes these vibrations to frequencies of vibration our senses of sight and hearing can perceive. There are many other things that we do not normally perceive. But all of these things, and much, much more, are available for us to perceive when we transcend the limits of our separate self.



CRYSTAL SKULLS:

Introduction

www.world-mysteries.com/sar_6_1.htm

Skulls are humanity's foremost symbol of death, and a powerful icon in the visual vocabularies of cultures all over the globe. Thirteen crystal skulls of apparently ancient origin have been found in parts of Mexico, Central America and South America, comprising one of the most fascinating subjects of 20th Century archaeology.



Joshua Shapiro photo by Vera Manaleo

These skulls, found near the ancient ruins of Mayan and Aztec civilizations (with some evidence linking the skulls with past civilization in Peru) are a mystery as profound as the Pyramids of Egypt, the Nazca Lines of Peru, or Stonehenge. Some of the skulls are believed to be between 5,000 and 36,000 years old.

Many indigenous people speak of their remarkable magical and healing properties, but nobody really knows where they came from or what they were used for.

Were they left behind after the destruction of a previous world, such as Atlantis? Are they simply ingenious modern fakes or can they really enable us to see deeply into the past and predict the future?

Much research is currently being done on the skulls. However, their origin is still a baffling mystery. They seem to defy logic. Everything that is known about lapidary work indicates that the skulls should have been shattered fractured, or fallen apart when carved.

Famous Crystal Skulls

The Mitchell-Hedges Crystal Skull

The most widely celebrated and mysterious crystal skull is the Mitchell-Hedges Skull, for at least two good reasons. First, it is very similar in form to an actual human skull, even featuring a fitted removable

jawbone. Most known crystal skulls are of a more stylized structure, often with unrealistic features and teeth that are simply etched onto a single skull piece.

Second, it is impossible to say how the Mitchell-Hedges skull was constructed. From a technical standpoint, it appears to be an impossible object which today's most talented sculptors and engineers would be unable to duplicate.



*The Anna Mitchell-Hedges Skull
was discovered in British Honduras in
1927*

The discovery of this baffling artefact is a controversial matter. It was brought into prominence by British explorer F. A. Mitchell-Hedges, who claimed that his daughter unearthed it in 1924. Mitchell-Hedges led an expedition in the ancient Mayan ruins of Lubaantun, in Belize (then British Honduras), searching for evidence of Atlantis.



The story goes that his daughter, Anna, was rummaging inside a structure believed to have once been a temple, when she found the beautifully carved cranium of the crystal skull. It was lacking its jawbone, but the matching mandible was found three months later, some 25 feet away from the first discovery. Mitchell-Hedges claimed that he refused to take the skull away, and offered it to the local priests, but the Mayans gave the skull back to him as a gift upon his departure.

It now appears that this tale of the skull's discovery was entirely fabricated. Mitchell-Hedges apparently purchased the skull at an auction at Sothebys in London, in 1943. This has been verified by documents at the British Museum, which had bid against Mitchell-Hedges for the crystal artefact.

This revelation is consistent with the known history of Mitchell-Hedges's involvement with the skull. There are no photographs of the skull among those that were taken during his Lubaatun expedition, and there is no documentation of Mitchell-Hedges displaying or even acknowledging the skull prior to 1943.

The skull remains in the possession of the octogenarian Anna Mitchell-Hedges. She resides in Canada and displays the skull on frequent tours. Anna has maintained for all these years that she discovered the skull, even though there is reason to doubt that she was present at the Lubaatun expedition at all.

The Mitchell-Hedges skull is made of clear quartz crystal, and both cranium and mandible are believed to have come from the same solid block. It weighs 11.7 pounds (5.3 kg) and is about five inches high, five inches wide, and seven inches long. Except for slight anomalies in the temples and cheekbones, it is a virtually anatomically correct replica of a human skull. Because of its small size and other characteristics, it is thought more closely to resemble a female skull -- and this has led some to refer to the Mitchell-Hedges skull as a "she."

The Mitchell-Hedges family loaned the skull to Hewlett-Packard Laboratories for extensive study in 1970. Art restorer Frank Dorland oversaw the testing at the Santa Clara, California, computer equipment manufacturer, a leading facility for crystal research. The HP examinations yielded some startling results.

Researchers found that the skull had been carved against the natural axis of the crystal. Modern crystal sculptors always take into account the axis, or orientation of the crystal's molecular symmetry, because if they carve "against the grain," the piece is bound to shatter -- even with the use of lasers and other high-tech cutting methods.

To compound the strangeness, HP could find no microscopic scratches on the crystal which would indicate it had been carved with metal instruments. Dorland's best hypothesis for the skull's construction is that it was roughly hewn out with diamonds, and then the detail work was meticulously done with a gentle solution of silicon sand and water. The exhausting job -- assuming it could possibly be done in this way -- would have required man-hours adding up to 300 years to complete.

Under these circumstances, experts believe that successfully crafting a shape as complex as the Mitchell-Hedges skull is impossible; as one HP researcher is said to have remarked, "The damned thing simply shouldn't be."

The British Crystal Skull and the Paris Crystal Skull

There is a pair of similar skulls known as the *British Crystal Skull* and the *Paris Crystal Skull*. Both are said to have been bought by mercenaries in Mexico in the 1890s, possibly at the same time. They are so similar in size and shape that some have guessed that one was copied to produce the other. In comparison to the Mitchell-Hedges skull, they are made of cloudier clear crystal and are not nearly as finely sculpted. The features are superficially etched and appear incomplete, without discretely formed jawbones. The

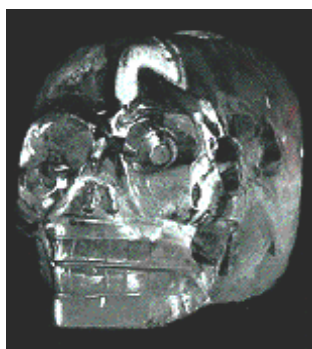
British Crystal Skull is on display at London's Museum of Mankind, and the Trocadero Museum of Paris houses the Paris Crystal Skull.



The British Crystal Skull

It is currently residing in the British Museum of Man in London, England, and has been there since 1898. It is a one piece clear quartz full size quartz crystal skull.

(c) John Shimwell



The Paris Crystal Skull

It is currently residing in the Trocadero Museum in Paris, France. You may notice a slight indentation on the top, which is a hole that was cut into the skull purported to hold a cross.

(c)Photothque Muse De L'Homme

Mayan Crystal Skull and the Amethyst Skull

Further examples of primitively sculpted skulls are a couple called the Mayan Crystal Skull and the Amethyst Skull. They were discovered in the early 1900s in Guatemala and Mexico, respectively, and were brought to the U.S. by a Mayan priest. The Amethyst Skull is made of purple quartz and the Mayan skull is clear, but the two are otherwise very alike. Like the Mitchell-Hedges skull, both of them were studied at Hewlett-Packard, and they too were found to be inexplicably cut against the axis of the crystal.

Texas Crystal Skull (Max)

A skull known as "Max," or the Texas Crystal Skull, is a single-piece, clear skull weighing 18 pounds (8 kg). It reportedly originated in Guatemala, then passed from a Tibetan spiritualist to JoAnn Parks of Houston, Texas. The Parks family allows visitors to observe Max and they display the skull at various exhibitions across the U.S.

ET Skull

"ET" is a smoky quartz skull found in the early 20th Century in Central America. It was given its nickname because its pointed cranium and exaggerated overbite make it look like the skull of an alien being. ET is part of the private collection of Joke Van Dietan, who tours with her skulls to share the healing powers she believes they possess.

Rose Quartz Crystal Skull

The only known crystal skull that comes close to resembling the Mitchell-Hedges skull is one called the Rose Quartz Crystal Skull, which was reported near the border of Honduras and Guatemala. It is not clear in colour and is slightly larger than the Mitchell-Hedges, but boasts a comparable level of craftsmanship, including a removable mandible.

Origin Theories: Celestial Gifts or Skulduggery?

Regardless of any unearthly properties the crystal skulls may or may not possess, the question remains: where did they come from? There are countless hypotheses that they are the legacy of some higher intelligence. Many believe they were created by extraterrestrials or beings in Atlantis or Lemuria. One elaborate theory maintains that the skulls were left behind by a sophisticated Inner Earth society which lives at the hollow centre of our planet, and there are thirteen "master skulls" which contain the history of these people.

The most obvious answer to the mystery is that native artisans in Latin America or elsewhere crafted the skulls themselves. The Mayans are most often associated with them, although some doubt that they could have made the skulls, and not simply because of the technical conundrum the job poses. One theory holds the Aztecs as a more likely candidate to have created them. Skull imagery figures prominently in Aztec art and religious symbols, and not in that of the Mayans. The Aztecs were also more highly skilled in sculpting with crystal. It could be that the skulls found in Mayan ruins are actually displaced Aztec relics... or, as some suspect, this incongruity may indicate that some accounts of the skulls' origins are phony.

Many sceptics feel that the crystal skulls are probably of a much more recent vintage than their accompanying stories suggest. This, they believe, is the best way to explain their existence, since no one could have created them without technologies available only within the past century. Since carbon-dating only works on organic substances, it is impossible to determine just how old a crystal skull is. But one recent study found reasonable signs of some skulls' relative youth.

A May broadcast of the BBC documentary series "Everyman" reported on studies of a number of crystal skulls and other artefacts of supposedly ancient origin conducted at the British Museum. Using electron microscopes, the researchers found that two of the skulls possessed straight, perfectly-spaced surface markings, indicating the use of a modern polishing wheel. Genuine ancient objects would show haphazard tiny scratches from the hand-polishing process. The report speculated that these skulls were actually made in Germany within the past 150 years.

Even the regal Mitchell-Hedges skull is not without scandalous accusations of fraud. Some believe that F.A. Mitchell-Hedges had the piece commissioned by a sculptor, and planted it in the Lubaantun ruins for his daughter to find as a spectacular birthday present.

The validity of this charge is uncertain, but even if the Mitchell-Hedges skull is of modern origin, its structure is no less extraordinary. In all likelihood, every crystal skull in the world was fashioned by plain old human beings of some sort, and regardless of whether the work was carried out five years ago or five hundred years ago, we still don't have any idea how they did it.

Source: [Parascope](#)



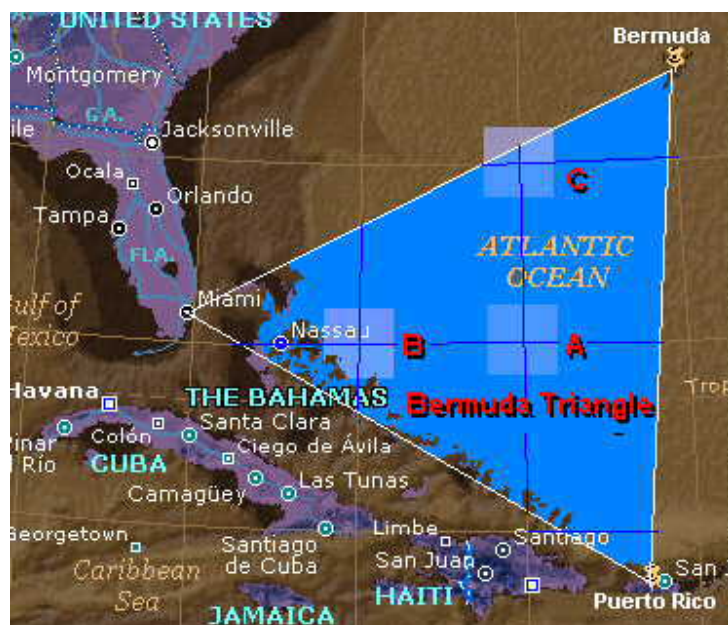
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<http://www.crystalinks.com:80/crystalpyr.html>



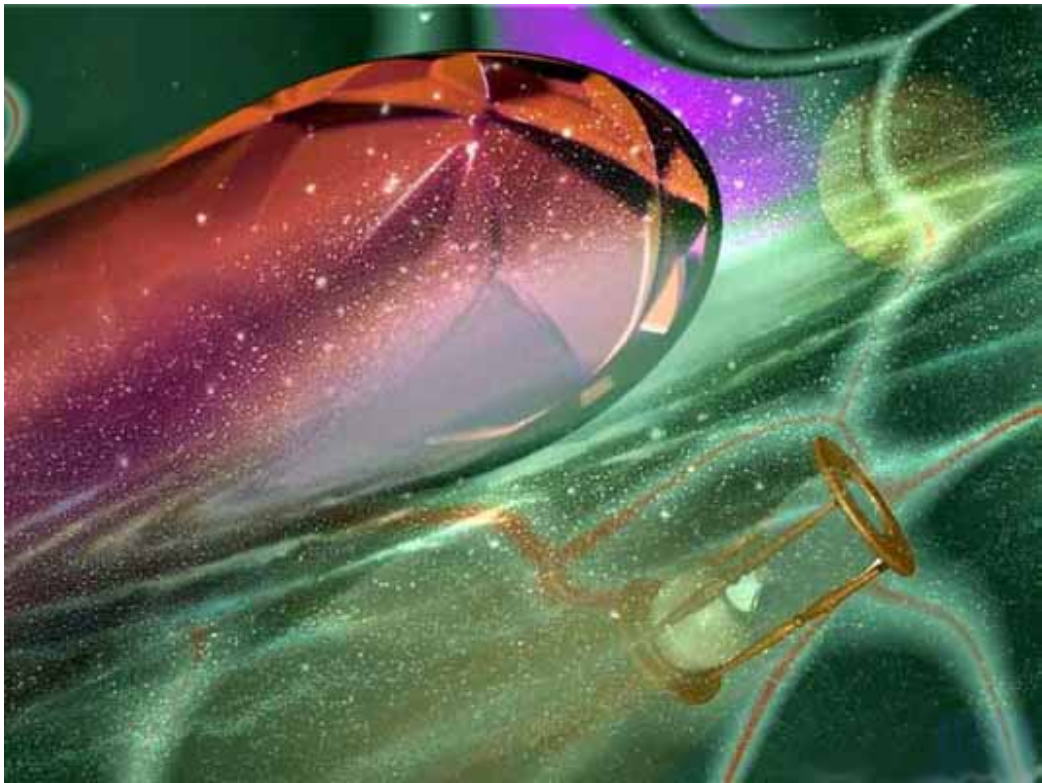
Bermuda Triangle

Pyramids allegedly exist below the oceans due to the fall of ancient mythological civilizations such as [Lemuria](#) and [Atlantis](#). One such myth is about ...



The Crystal Pyramid of Atlantis







In 1970, Dr. Ray Brown, a naturopathic practitioner from Mesa, Arizona, was allegedly scuba diving with friends near the Bahamas, in an area 20 miles from the edge of a submarine drop-off called the [Tongue of the Ocean](#).

During the dive, Brown became separated from his companions, and in trying to rejoin them, suddenly saw a strange pyramid shape looming up against the aquamarine light. The pyramid was situated 22 fathoms down, stood 120 feet high, with only 90 feet projecting out of the sea floor shifting sands. Brown was at first struck by how smooth and mirror-like the stone surface of the structure was, with the joints between the individual blocks almost indiscernible.

Swimming about the capstone, which the Arizona diver thought looked like lapis lazuli, he discovered an entranceway and decided to explore further. Passing along a narrow hallway, Brown finally came to a small rectangular room with a pyramid-shaped ceiling. What was amazing was that the room contained no algae or coral growing on the inner walls. They were completely spotless.

In addition, though Brown had brought no flashlight, he could nevertheless see everything in the room perfectly. It was very bright and well lit, but no direct light source was visible. Brown's attention was drawn to a brassy metallic rod 3 inches in diameter hanging down from the apex of the center, and at its end was attached a many-faceted red gem, which came to a point. Directly below the rod and gem, sitting in the middle of the room was a stand of carved stone topped by a stone plate with scrolled ends.

On the plate rested a pair of carved metal bronze-colored hands, life-sized, which appeared blackened and burnt, as if having been subjected to tremendous heat. Nestled in the hands, and situated 4 feet directly below the ceiling rod gem point, was a crystal sphere 3-1/2 inches in diameter.

Brown first attempted to pry loose the ceiling rod and red gemstone, but neither would budge. Turning back to the crystal sphere he found it easily separated from the bronze hand holders, and left the pyramid with it. As he departed, Brown felt a presence, and heard a voice from somewhere telling him never to return.

Fearing that his unusual prize might be confiscated as salvage-treasure by the U.S. government, Dr. Brown did not disclose the existence of the strange crystal or his experiences until 1975, when he exhibited the crystal for the first time.

He displayed the crystal only a half dozen times, but each time witnesses have seen or have been sensitive to strange phenomena directly associated with it.

Deep inside the crystal form one gazes upon three pyramid images, one in front of the other, in decreasing sizes.

Some, entering into a meditative or alpha brainwave state of consciousness, are able to clearly see a fourth pyramid, in the foreground of the other three.

The significance of the image may have been hinted at by psychic Elizabeth Bacon of New York. In a trance reading on the mysterious sphere, she received the message that the object had once belonged to [Thoth](#), the Egyptian god who allegedly buried a secret vault of knowledge near the three great Pyramids of [Giza](#) at the beginning of time.

One might view this as a 'record keeper crystal' and 'three' as third dimension. 'Subterranean' is an archetype for 'the sea of creation' – collective unconsciousness – grid matrix of our reality – frequency Hall of Records, etc.

Do the positions of the three pyramid images in the crystal hold a key to finding a fourth, as yet unfound subterranean pyramid, that is the fabled Hall of Records? I don't think so, but this story is laced with metaphors found throughout Crystalinks' files.

From the side, the internal images dissolve into thousands of tiny fracture lines, and Brown feels these may be electrical in nature, like some form of microscopic circuitry. From still another angle, and under special conditions, many witnesses have been able to see a large single human eye staring out serenely at them. Allegedly photographs of this [eye](#) have also been taken.

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Healing with
Divine Love is
the key!**





[Eye Nebula](#)



Dr. Brown's crystal sphere is the source of a variety of paranormal events. People have felt breezes of ionic winds blowing close to it; cold and warm layers surround it at various distances; other witnesses have been phantom lights, heard voices, or felt strange tingling sensations around it.

A compass needle placed next to the sphere will spin counterclockwise, then begin turning in the opposite direction when moved only two inches away.

Metals are temporarily magnetized in close contact with it. There are even recorded instances where one person has been temporarily healed of an ailment by touching the crystal sphere, but then the next person to come into its range took on the symptoms of the ailment of the other person, as if the crystal could draw out and then activate human disorders at will.

Just what the purpose of the crystal sphere was, and what role it once played in the enigmatic instrument Brown found inside the sunken Bahaman pyramid, remains a mystery, though of course there are some interesting possibilities.

One idea proposed is that the sunken pyramid once attracted, accumulated and generated cosmic forces. The suspended rod may have conducted forces accumulated in the capstone; the faceted red gem at its end concentrated and projected the energy to the crystal sphere below it; and the burned and blackened hands, showing the evidence of an energy transfer, probably amplified the release of energies; while the crystal sphere acted as the tuner and broadcaster of the energies.

All that we know for certain is that the crystal sphere Dr. Brown retrieved from this system is by itself testimony to a most sophisticated technology, for as experts at the Smithsonian Institute in Washington noted, the technology for cutting quartz stone to the perfection exhibited in the crystal sphere was not accomplished by our civilization until after 1900.

[Edgar Cayce](#)

One of the most detailed descriptions of the Atlantean use of a mysterious instrument called the Great Crystal was given by Edgar Cayce, who mentioned it many times. The crystal, he said was housed in a special building oval in shape, with a dome that could be rolled back, exposing the Crystal to the light of the sun, moon and stars at the most favorable time. The interior of the building was lined with non-conducting metal or stone, similar to asbestos or bakelite, a thermosetting plastic.

The Crystal itself, the Tuoai Stone, or Firestone, was huge in size, cylindrical in length, and prismatic in shape, cut with six sides. Atop the crystal was a moveable capstone, used to both concentrate incoming rays of energy, and to direct currents to various parts of the Atlantean countryside. It appears that the Crystal gathered solar, lunar, stellar, atmospheric and Earth energies as well as unknown elemental forces and concentrated these at a specific point, located between the top of the Crystal and the bottom of the capstone.

The energy was used for various purposes. In the beginning it was used as purely a spiritual tool by initiates who could handle the great energy. The early Atlanteans were peaceful people. As they developed more physical material bodies, they used the crystal to rejuvenate their bodies and were able to live hundreds of years while maintaining a youthful appearance.

Later the Great Crystal was put to other uses. Currents of energy were transmitted throughout the land, like radio waves, and powered by these, crafts and vehicles traversed the land, through the sky and under the sea at the speed of sound.

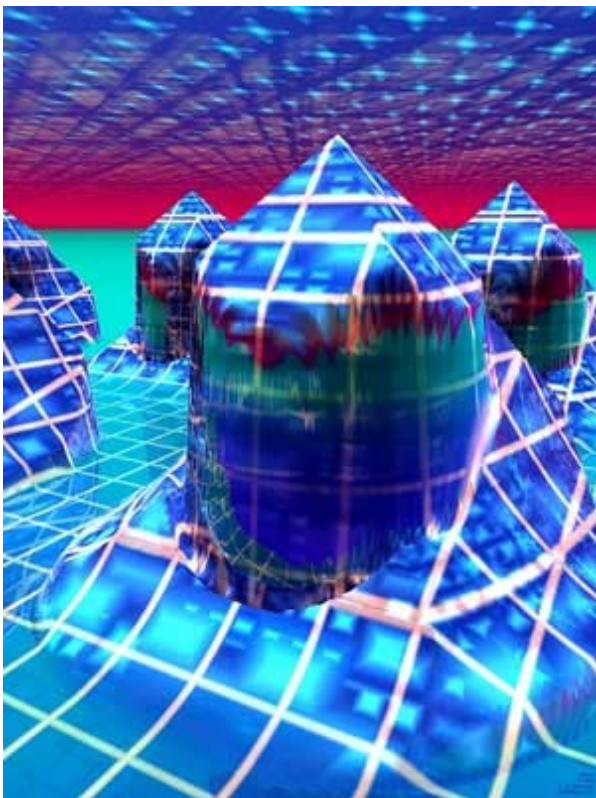
By utilization of other currents originating from the Great Crystal, the Atlanteans were also able to transmit over great distances the human voice, and pictures, like modern television. In the same manner, even heat and light could be directed to specific buildings or open arenas, giving illumination and warmth by seemingly invisible means.

In this timeline, in the [Bermuda Triangle](#), on the ocean bottom where the ruins of Atlantis now exist, the energy build-up in the sunken and damaged Fire Crystals can periodically trigger materialization of anything.









Ahtun Re and Saul -

(Ahtun Re is a Natural Love spirit) 9 February, 2008

Ahtun Re is an ancient Egyptian seer channelled through Kevin Ryerson.

www.kevinryerson.com

Ahtun Re: Proceed with question.

Saul: I will be working with a 2200 carrot Apatite, what will the Apatite do?

Ahtun Re: I am the being called Ahtun Re and I've come to speak with you. So, you have another of your Apatite that you wish me to take a look at, is this so?

Saul: Yes

Ahtun Re: Tell me something of this object you wish me to look at.

Saul: It's a large Crystal from Durango, Mexico that was found and mined in the 15th Century and it's a one piece, its 2,200 carrots, it's an Apatite.

Ahtun Re: One Moment. Have you viewed this object?

Saul: No, I don't have it yet.

Ahtun Re: So, it is yet to come into your possession?

Saul: Correct.

Ahtun Re: Durango, Mexico, that is a name but can you approximated its place within the geology of the Nation?

Saul: Its between Mazatlan and Mexico City, half way between.

Ahtun Re: I understand, what do you suspect the appearance of this will be when it arrives? Colouring

Saul: I haven't really thought about it, I just see a lot of light, a lot of energy.

Ahtun Re: Most interesting, one moment.... pause, so you are wondering what use such a thing may be put to.

Saul: Well, it's called a giant amplifier it amplifies energy but I haven't worked with it and I wanted your thoughts on it.



Ahtun Re: I understand, generally speaking with this the answer, these types of stones often were used to mark the borders of different kinds of geomancy different vortexes, you could mean the place called Sedona? Are you not from there?

Saul: Yes

Ahtun Re: Well you know, Sedona is known for the most famous vortexes.

Saul: Yes

Ahtun Re: And of you know for instance, there is a famous vortex so called the Point Canyon. Do you understand?

Saul: Yes



Ahtun Re: Well, the stone, such as the one you are about to work with might be placed at the mouth of the canyon and it would amplify some of the elements of the vortex to let any person passing in the proximity to the stone, or you know, or any person approaching the vortex, it might act as a way of sought of amplifying the dream state energetic amplifying what clairvoyant abilities that they might have, so that they would be perfectly clear on what their dreams and vision would be when entering into such a vital geomancy stones such as these were used to mark the, shall we say, the key point between the different cultures of Mexico and South America, for instance, there is a geomantic, there is the geomancy of the Aztecs and the Almacs, and these stones are being placed not so much to mark cultural territories but the geomancy that the people have built their culture around and what of their various psychic makeup.

They amplified and placed their identity on the so called Toltec people and the Aztecs were warrior classes, so their aggressive nature, their ability to think collectively and to manoeuvre from a collectively central telepathic position of their leadership.

All of these qualities that make up the warrior identity, what were heightened within the minds on the other hand were more astronomers, teachers, Shaman, visionaries so therefore their psychic abilities ... to work as individuals and to form consensus around healing they had heightened intellect, heightened clairvoyance and the ability to see dreams and a heightened ability to commune with ancestors.

The Almacs principally were people who developed the culture where they were almost inter-dimensional, they focused on communion with people from other worlds and energetic beings in nature. They were masters of the dream time, not unlike the so called Aborigines of Australia, for each geomancy that the person lived in had different, you might say, energetic identity, so this particular quality of gem, you might say, is its ability to amplify psychic identities, the core element of the Chakras and what they are resonating at in order for person to understand the vision within their karmicidentity, so ultimately I would say that amplifies elements of psychic identity. Do you understand?

Saul: Yes, I now have a follow up question on this. Is this stone or the piece that I am acquiring a very good quality piece or is it sufficient for what I am doing to use it as a giant amplifier?

Anton Re: Yes, it will be sufficient for your amplification work, yes.

Saul: Now, I was told that you can use it one of two ways but only one way, you can use it to amplify in others or you can use it to amplify in yourself but once you start using it you must use it in one way or the other. You can't use it both ways. Is this true?

Anton Re: Generally speaking, yes, so do you feel you have a decision to make?

Saul: Based on it being true, certainly!

Anton Re: Well, you are in good luck, because your energy, your energy is to try to amplify the energy of others in your healing work.

Saul: Yes

Anton Re: Do you understand?

Saul: Yes



Ahtun Re: You see, such stones were often taken in either their pure form or sometimes they were carved into amulet forms of various dieters and various dieters might aligned with the chakras but for instance the so called, represented kundalini energy. Do you understand?

Saul: Yes

Ahtun Re: And, so therefore, by these it was carved into say the centre serpent, it will be used for amplifying the whole of the Kundalini energy. Do you understand?

Saul: Yes

Ahtun Re: If it was carved into one of the various versions of Chuc it could be used for heightening the awareness of ancestral presences, in other words ancestral communication or shamanic communication. Do you understand?

Saul: Yes

Ahtun Re: In the case of the Almacs, the Almacs were famous for taking all various materials, in particular, Jade and carving them into various zumalty forms such as the Jaguar or the famous Jaguar Baby. These forms when arranged, gave the Sharman's the ability to identify with certain animal powers. Do you understand?

Saul: Yes, I have another stone I want to....

Ahtun Re: One last thing, because your interest is sending healing energy to other people. Do you understand?

Saul: Yes

Ahtun Re: If you use the object to amplify elements of your own psychic identity with the object you can then, use it as a focus to amplify the psychic element of other people's identities. Do you understand?

Saul: So, in that case, I could use it to amplify myself which will help other people?

Ahtun Re: That is correct, because that is part of your core psychic identity. Do you understand?

Saul: Yes

Ahtun Re: Remote healing.

Saul: Yes, I've been doing quite a bit of that and it seems to be having good results or literary seems to be assisting others.

Ahtun Re: That is good, you see it's usually such a larger and unique stone generally it will come into the possession of a Sharman who can then use it to the benefit of anyone in the community. If it went to say, a leader in order to amplify their own wisdom, say for giving directions to the community, then the stone's signature will be sealed to that particular individual.

But if it was given to a Sharman, whose energy were influx and whose service was to bring energy to others, then the stone could be put to both purposes. Do you understand?

Saul: So both...yes, I can use it both for myself to amplify and to amplify the energy on others.

Ahtun Re: That is correct.

Saul: It would be ok in that case.

Ahtun Re: That is correct.

Saul: Now, another stone I am getting is a 42 carat Ruby Record Keeper which has two perfectly formed pyramids, small one atop the bigger one which is the base. What I wanted to ask you on that is that is what is stored on this Ruby Record Keeper both the top pyramid and the bottom pyramid and what will I be able to learn from it.

Ahtun Re: Do you know the origins of the stone?

Saul: It's from Burma, but I believe the information stored is a millennium of history from possibly the Mayan Aztec, possibly from Atlantis or Lemuria other times.

Ahtun Re: Yes, one moment, I would say it is the Lemurian Atlantis origin and the reason you intuit its Mayan. The stone more or less – one moment. There are many monasteries throughout the foothills of the Himalayas themselves. Do you understand?

Saul: Yes

Ahtun Re: You may even say sacred text that were knowledge and the Mayans codecies were knowledge that had been stored symbolically about Atlantis and Lemurian and contained in the stone you might say it's a blue print of what the Lemurian in one of last stages of Lemuria. They believed that psychic evolution of humanity might be from Atlantis up on to the current period and some what beyond. Do you understand?

Saul: Yes

Ahtun Re: And in a way, depending on which way the stone is placed with its multiple facets from aligned with North / East to West / South in certain seasons, the stone will reveal under meditation or held in the palms or placed in proximity to its keeper, it will reveal either visions in meditation, dreams and visions during sleep of patterns depending on where you place your thought before a dream you know, of a state of consciousness. Do you understand?



Saul: Yes

Ahtun Re: So, if you want to know about Atlantis, you might – one moment – you might sort of construct a time line in your mind as to what killed in Atlantis, then by meditating in the time line you begin to have memories of visions that through induction could be translated into your contemporary language base and give you the necessary insights into the purposes to which the stone was intended. Do you understand?

Saul: Yes

Ahtun Re: In Egypt, it would have been called a future history of a potential that humanity held, the stone also is sensitive to the time line and it self corrects the premonition of humanity potential depending on what part of the time line is resonating at. Do you understand?

Saul: Yes, I have a question about how much future time it stores, would you say, there is about 1% future from the linear time, I mean now going forward in most of the information stored 99% or more is past layer history.

Ahtun Re: I think what you're intuiting is the following; Oh, let it say, for the heck of it, the stone, let us say, to pull it out of scale, if the stone covers 100 years, that would mean that you could look one year into the future. Do you understand?

Saul: Yes

Ahtun Re: Well, the stone is covering a period of approximately, one moment, say from late to earlier Atlantis,

Saul: Which is.....

Ahtun Re: One moment, late Lemuria to early Atlantis, you are looking at about 50,000 year period of history, so if you figure out what 1% of 50,000 is you know how much residual there is in the stone, enough to last you're a life time.

Saul: About 500 years. 1%

Ahtun Re: That's interesting isn't it?

Saul: Yes

Ahtun Re: So, sort of time you look at that is one cycle, you were hoping to turn back the odometer on the stone were you?

Saul: Perhaps

Ahtun Re: I am keeping it.

Saul: O.K.

Ahtun Re: If you think the stone sensitivity points will be that so called 2011. Do you understand?

Saul: 2011 is the finish?

Ahtun Re: Well, no, it is you might say is the new starting point. Do you know how for about the last 500 years, you have been dealing in the post Columbian period and so there have been a decline of many of the mystical civilizations. Do you understand?

Saul: Yes

Ahtun Re: In this particular case, you might say that 2011 is the demarcation point for the renaissance for the mystical civilization. Do you understand?

Saul: Yes

Ahtun Re: Though you might say that the stone contains a climax record of human potential, in other words a blue print for restoring humanity to its Eden like state in the Lemuria.



Saul: That will initiate or there will be some major changes in 2011 to start that motion.

Ahtun Re: That is correct.

Saul: Will that directly affect me in my work, will I be a part of the change or the channelling or ..

Ahtun Re: Yes, in a way, you are already part of it.

Saul: It would be horizontal to the ball. Do you understand?

Ahtun Re: Then the ball will be struck and the disk, the disk will begin to resonate, you know, with the ball, the proper ball to such a degree that it would be vibratorally suspended or levitate over the ball, kind it like an acoustical magnetic field. Do you understand?

Saul: So you say, I would suspend the disk with like a fishing line on the tripod and it would then, and then below that I would rub the ball,vibrate the ball and it would then turn the disk.

Ahtun Re: That is correct.

Saul: How high will I place it, will I place it very much over the ball or close to it?

Ahtun Re: Oh, just a matter of inches.

Saul: Ok, so, just enough room to turn my hand around the ball.

Ahtun Re: That is correct. Do you understand?

Saul: Yes, would it be

Ahtun Re: It is one of the purest way to releasing information that is stored in crystal objects.

Saul: Now, I have the disk, that white disk that old white disk suspended above the Singing Ball I would play the Singing Ball resonating and I would have the Record Keeper by the Apatite near by or in my hand.

Ahtun Re: Yes, what would you say about the size, one moment, yes you could have just about any gem stone in proximity.

Saul: That would charge the gem stone wouldn't it?

Ahtun Re: That is correct.

Saul: We also have a cleaning or cleansing effect on near vibrationally.

Ahtun Re: That is correct.

Saul: This sounds like something, something I will be doing soon.

Ahtun Re: Yes, well, you have all the means to perform it, yes.

Saul: Is this not been done often for a long time, is this something that is done?

Ahtun Re: It is a very ancient means of, ancient means of activating crystal instruction, if you will, the people who experimented with acoustics and crystals but I don't think they put together such things as the plate, the balls, along with it another crystal instruction.

Saul: So the Record Keeper would become clearer and information easier to work with by using the Singing Balls and the Jade Disk in the Record Keeper.

Ahtun Re: That is correct,

Saul: So that is the key to opening the Record Keeper and using the information.

Ahtun Re: That is correct, very interesting isn't it?

Saul: Yes and the apatite would be amplified which might be what you need to really understand more information.

Ahtun Re: That is correct.

Saul: So, I put together the ingredients, to do this from many different quarters.

Ahtun Re: Yes

Saul: Getting the apatite and the Ruby for me, going to China, to Hong Kong to get the disk, getting the Singing Balls from Tibet, from completely different places.

Ahtun Re: Yes. The scientist know in the different Regions that for instance, if you travel to Chitanitza or and you visit one of the famous ball parks. Do you understand?

Saul: Yes

Ahtun Re: That is where the ball game was played, there were large tubular stones that were carved, that for the longest time they could not figure out what they were, they were just strewn around the ball court but one day when the person was throwing them to one side, it struck and it made a resonating tone around the ball park, when they set their mark in such a way, they are kind of stone bells. Do you understand?

Saul: So, when one rang it also vibrated into the next one and it was like a domino effect.

Ahtun Re: Yes, and the ball courts were realized they were acoustical amplifiers, not merely place for seating individuals. Do you understand?

Saul: Yes

Ahtun Re: Isn't that fascinating?

Saul: Yes, this is similar but on a smaller scale

Ahtun Re: That is correct. The vibratory qualities of the ball park were used for amplifying the consciousness of an entire

Saul: Now would, if I were to have to have some, have two of my disks set up with two singing balls underneath them and I had someone else tuning and generating the vibration from one singing ball in one part of the room and I was in another part of the room so it was almost a duet or two sounds being generated and some alchemy going between them could I, could I create additional artefact effect.

Ahtun Re: Yes, particularly if you were to triangulate them.

Saul: Do you see us creating a triangulated energy or,

Ahtun Re: Yes, I think it is possible, you see, this is how it used to work, rather than looking around the apparatus, lets say the crystal ball and the disk and you will find that for instance all jade artefacts amongst the Almacs and the Mayans that are very similar in periods to many Asian objects and so therefore the Singing Stones of the Mayans the Tibetan balls of the counsels of Lhasa and the Himalayas in these sites which are Lemurian inspired and Atlantian inspired societies they would set up the resonating objects such as the balls or the singing stones a plate or something similar could then be suspended over the top of it but then, a what should we say, a crystal of a smaller nature such as the Record Keeper could be passed from one group of the Counsels to another. Do you understand?

Saul: Yes

Ahtun Re: That is interesting isn't it?

Ahtun Re: The seven traditional Chakras with energy centres where it constitutes the so called the tree of knowledge then the so called energies which constitutes within the Essene or the Jewish mystical system of the Kabala constitutes the tree of life, the two trees stand at the centre of Eden. Do you understand?

Saul: Yes

Ahtun Re: Both of them consist of key energetic centres that are part of the psychic identity we spoke as being amplified before.



**Feeling
Healing with
Divine Love is
the key!**



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

AUTOBIOGRAPHY of a YOGI:

Chapter 8 by Paramahansa Yogananda

The telltale charts of J.C. Bose' crescograph are evidence for the most sceptical that plants have a sensitive nervous system and a varied emotional life. Love, hate, joy, fear, pleasure, pain, excitability, stupor and countless other appropriate responses to stimuli are as universal in plants as in animals.

The unique throb of life in all creation could seem only poetic imagery before this invention..

A saint, once known to Paramahansa, would never pluck flowers. 'Shall I rob the rosebush of its pride in beauty? Shall I affront its dignity by my rude divestment?' His sympathetic words are verified literally through these discoveries.

In the pursuit of J.C. Bose' investigation he was unconsciously led into the border region of physics and physiology. To his amazement, he found boundary lines vanishing, and points of contact emerging, between the realms of the living and the non-living. Inorganic matter was perceived as anything but inert; it was a thrill under the action of multitudinous forces.

A universal reaction seemed to bring metal, plant, and animal under a common law. They all exhibited essentially the same phenomena of fatigue and depression, with possibilities of recovery and of exaltation, as well as permanent unresponsiveness associated with death.

Graphs of his delicate apparatus have proved that trees possess a circulatory system; their sap movements correspond to the blood pressure of animal bodies. Peristaltic waves issue from a cylindrical tube which extends down a tree and serves as an actual heart! The more deeply we perceive, the more striking becomes the evidence that a uniform plan links every form in manifold nature.

"Everything in man has been foreshadowed in the plant. Experimentation on vegetation will contribute to the lessening of animal and human suffering."

The life force in metals responds adversely or beneficially to stimuli. When the professor applied chloroform to the tin, the vibratory writings stopped. They recommenced as the metal slowly regained its normal state. A companion dispensed a poisonous chemical. Simultaneously with the quivering end of the tin, the needle dramatically wrote on the chart a death notice. The scientist said:

"Bose instruments have demonstrated that metals, such as the steel used in scissors and machinery, are subject to fatigue, and regain efficiency by periodic rest. The life pulse in metals is seriously harmed or even extinguished through the application of electric currents or heavy pressure."

Interestingly, the atomic structure of matter was well known to the ancient Hindus more than 2,800 years ago.

GEMS, ENERGY and WELL BEING:**By Dr. Yury Kronn**

Vital Force Technology LLC
For more information contact Energy Tools International LLC
1-800-341-7458 Email: drkronn@earthlink.net

The power of gemstones to invigorate the spirit, balance the emotions and heal the body has been known since ancient times. For millennia people have benefited from the healing properties of gemstones simply by holding them or placing them on certain parts of the body. Today, there are many modern books about the healing properties of gems, crystals and minerals, some of them written by doctors who have done serious medical research with gems.

What can explain the obviously non-chemical ability of gemstones and crystals to influence the health of the human body and spirit?

The only possible explanation for it is that they have some kind of energy field. But what kind of energy field is it?

If you try to measure the electrical and magnetic field around gems and crystals, you will find nothing (with the exclusion of magnetic minerals).

So, the healing energy field of gemstones is non-electromagnetic in nature.

This means that it does not interact with the electrically charged particles, electrons and ions that modern scientific equipment uses for detecting electromagnetic fields. This fact leads us to three big questions.

The first question is: what is the origin of the energy field that gives gemstones their healing properties?

The second question is: what mechanism of interaction is involved that allows gemstones to affect human beings, animals and all living objects?

The third question is: why different gems, crystals and minerals often have distinctly different effects on human physiological, psychological and mental functions?

Today, I will show you that we can find answers to all of these questions.

But, before going into this discussion, let me emphasize one more point. If gems, crystals and minerals have such powerful healing properties, can we use them as wellness tools for large numbers of people?



Theoretically, yes. For thousands of years people of many cultures made gem elixirs and used them as remedies. But, it is hard to expect or imagine that high quality expensive gems are going to be ground up for the preparation of gem elixirs. However, our Vital Force Technology™, which I am going to be talking about today, has changed this equation and makes it possible to provide the healing energies of unique, high quality gems, crystals and minerals to millions of people without the destruction of precious samples.

These are the topics I would like to discuss today:

1. The nature of the Subtle Energy Field in crystals and the mechanism of its interaction with the human body.
2. Why various gems, crystals and minerals have such different healing properties.
3. How VFT makes it possible to create a variety of energetic “formulas” from gemstones for supporting well being on all levels: physiological, psychological, mental and spiritual.

To answer all these questions we need to look into the structure of matter and the energy of the Physical and Non-Physical Universe. Let us start with the Physical part of it.

Question:

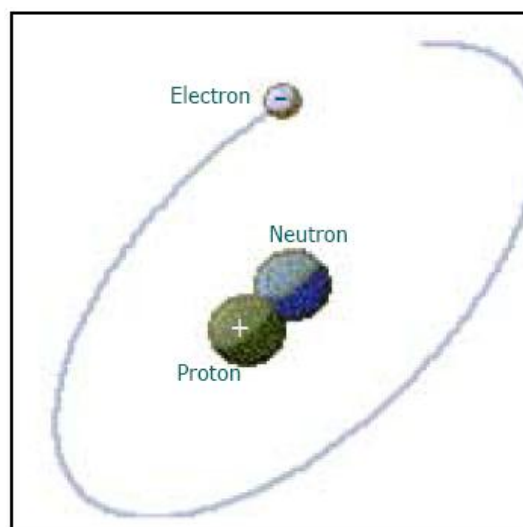
How many stable elementary particles make up all substances in the billions of galaxies in our Universe?

What are the protons and neutron, the two cornerstones of our Universe, made of? Just 16 years ago (1990) physicists confirmed the existence of subatomic particles; among those are several so-called “quarks”. Only two of these quarks, combining in sets of 3, make our proton and neutron. Let’s name the quarks #1 ($+2/3 e$) and #2 ($-1/3 e$).

What are quarks made of? Science doesn’t know. So, we have this picture of the construction of the Physical Universe.

This picture of the Universe, officially accepted by modern science does not include such notions as “Life Force”, or “the Healing Energy of Gems”; so, we need to look into this picture more deeply than official science has.

For that we need to turn our attention to some experiments done by open-minded conventional scientists but ignored by



Only Two Quarks
Combining in sets of 3
make our
Proton and Neutron



Proton

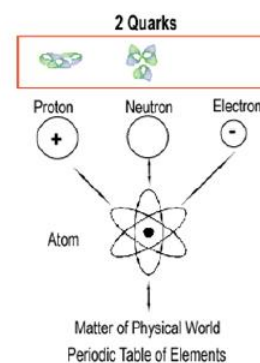
$$+2/3 + 2/3 - 1/3 = 1$$



Neutron

$$-1/3 - 1/3 + 2/3 = 0$$

Modern Science View of the World



the scientific community at large.

The first series of experiments important to this discussion were conducted at the Institute of High Energy Physics of the Chinese Academy of Sciences and at Tsinghua University. Chinese scientists researched the various effects produced on substances by the energy called “Chi”, emitted by the famous “miracle doctor”, the chief physician recognized by the Ministry of Health for China, Dr. Yan Xin.

Among the many amazing phenomena observed in these experiments was the alteration of the radioactive decay rate of Isotope ^{241}Am .

Dr. Yan Xin was able to decrease or increase the decay rate and also could do it from a distance.

It is important to remember at this point that neither electrical nor magnetic fields, no matter how strong, can influence the decay rate of radioactive elements. This means that the nature of “Chi” is quite different than the nature of the electromagnetic field.

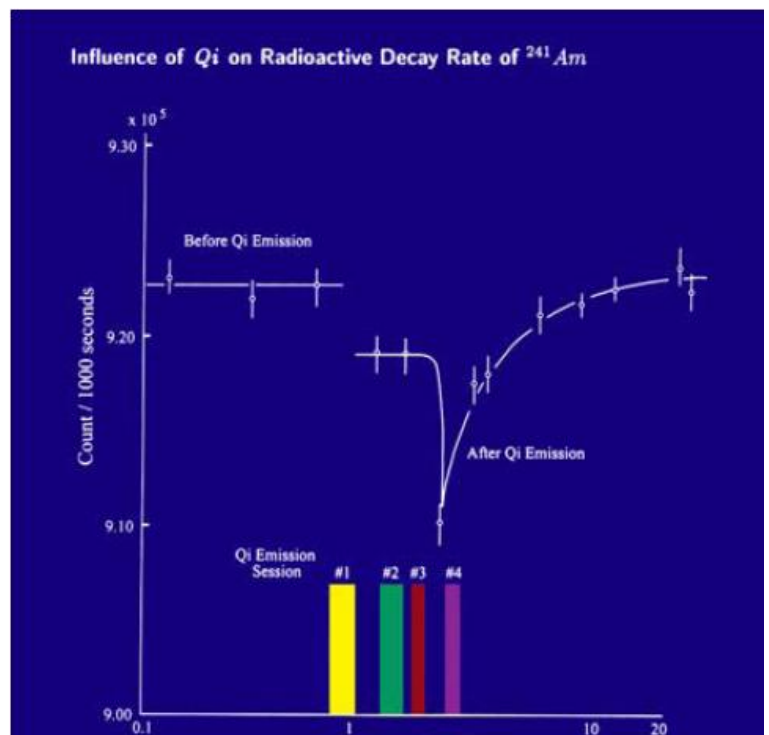
“Chi” cannot be detected by regular scientific equipment, which means that it does not interact directly with the electrically charged particles, the proton and electron. Nevertheless it dramatically changes something inside the nucleus, which consists of protons and neutrons.

The only logical conclusion must be that “Chi” interacts with the particles that make protons and neutrons – quarks – or the even tinier, (“more quantum”) subatomic particles that make quarks. It means that “Chi” belongs to the subatomic world, the world subtler than our physical / chemical world. Since science has no information about the particles that make quarks, where can we get this information?

For this we need to analyse experiments done by unconventional scientists, which were not only ignored but often ridiculed by the scientific establishment. I am referring to the extrasensory research conducted by Dr. Annie Besant and Bishop Charles Leadbeater.

They were trained by an Indian yogi teacher to observe the structure of matter and they researched this for more than 30 years. Besant and Leadbeater described the proton as consisting of three subatomic particles, two identical and positively charged, and one, negatively charged.

They published their observations on the structure of the proton in 1895, 95 years before modern science confirmed the existence of the subatomic particles now called “quarks”.



Besant and Leadbeater described their observations on the process of the creation of matter as a step by step combination of more and more sophisticated subatomic particles made from two basic particles they called “Anu”. The “Anu” is a very complex vortex of matter-energy coming from, as they said, the “4th dimension”. One of these vortexes has a clockwise rotation and the other a counterclockwise rotation. The first one they called the “positive Anu” and the second one the “negative Anu”.

Of course, the question is... can we really trust the psychic observations of Dr. Besant and Bishop Leadbeater?

Let us look at their published results:

1. They described the existence of isotopes 5 years before science discovered them.

Moreover, a physicist from Cambridge University, Dr. Stephen M. Phillips mathematically proved the reality of Besant and Leadbeater’s observations. He showed that the “Anu”, as the basic unit of matter, strikingly agrees with features of the “Superstring Theory”.

By the way, the “Superstring Theory”, the latest modern theory of subatomic particles, admits that the Universe is more than three dimensional.

Thus, we have many reasons to take Besant and Leadbeater seriously.

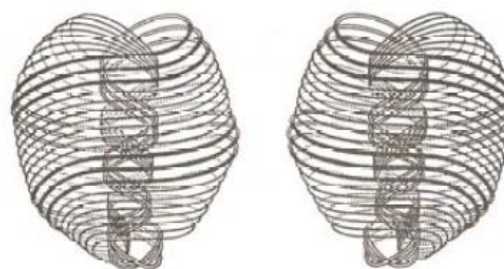
The “positive” and “negative” Anu, in various combinations, creates the first layer of subatomic particles; those subatomic particles combine to create the next layer, until “quarks” are made. Quarks create the proton and neutron of our physical world, and they create the nuclei of all the chemicals of the Atomic Physical world.

Slide 15 – Thus, all the chemicals of our world are nothing more than various sophisticated combinations / patterns of

Elements Discovered by Besant and Leadbeater years before Western Science

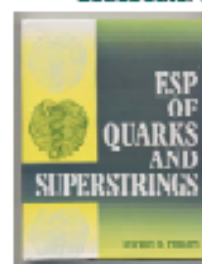
Element #	Scientific Name	Year Published by Besant & Leadbeater		Year Discovered By Western Science
87	Francium	1932	<i>7 Years Later</i>	1939
85	Astatine	1932	<i>8 Years Later</i>	1940
43	Technetium	1932	<i>5 Years Later</i>	1937
61	Promethium	1909	<i>36 Years Later</i>	1945

Besant and Leadbeater described their observations on the process of the creation of matter as a step by step combination of more and more sophisticated subatomic particles made from two basic particles they called “Anu”



Positive “Anu” (Right Spin) Negative “Anu” (Left Spin)

Dr. Stephen M. Phillips mathematically proved the reality of Besant and Leadbeater’s observations.



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2 vortexes of immensely subtle substance-energy coming from another world, which the ancients called the “Astral” world.

According to Besant and Leadbeater, each of these vortexes is surrounded by a FIELD. Now, let us look at the relationship of energy fields and the substances of the Subatomic and Atomic Worlds.

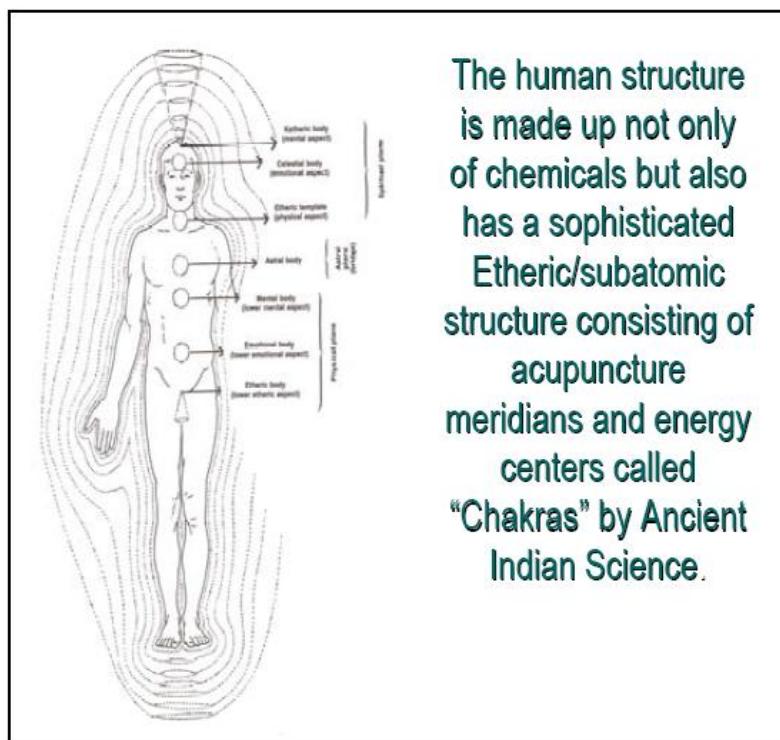
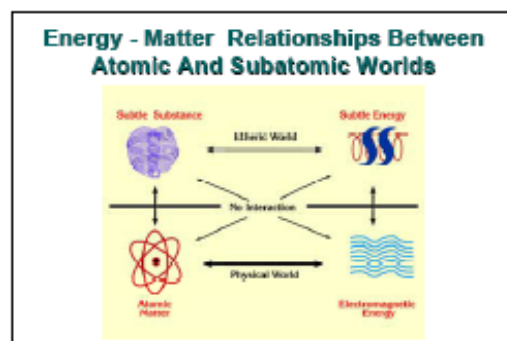
Our Atomic World is governed by an electromagnetic energy field that defines all interactions between the particles of the Atomic World. It does not affect the Anu, the basic particle of the Subatomic World; otherwise, as we discussed above, the electromagnetic field would be able to change the nuclear structure of atoms, including the decay rate of radioactive elements.

In the same way that the electromagnetic energy field defines all interactions between the particles of the Atomic World, “Subtle Energy”, called Chi or Prana in Traditional Eastern Medicine and Philosophy, defines all interactions in the Subatomic World. Chi (Subtle Energy) does not directly affect the electrically charged particles of the Atomic World; otherwise, it would be detected by electromagnetic based equipment. But, Chi deeply influences processes in the Atomic World through its influence on the Anu and, consequently, on the patterns of Anu, which comprise the nuclei of atoms.

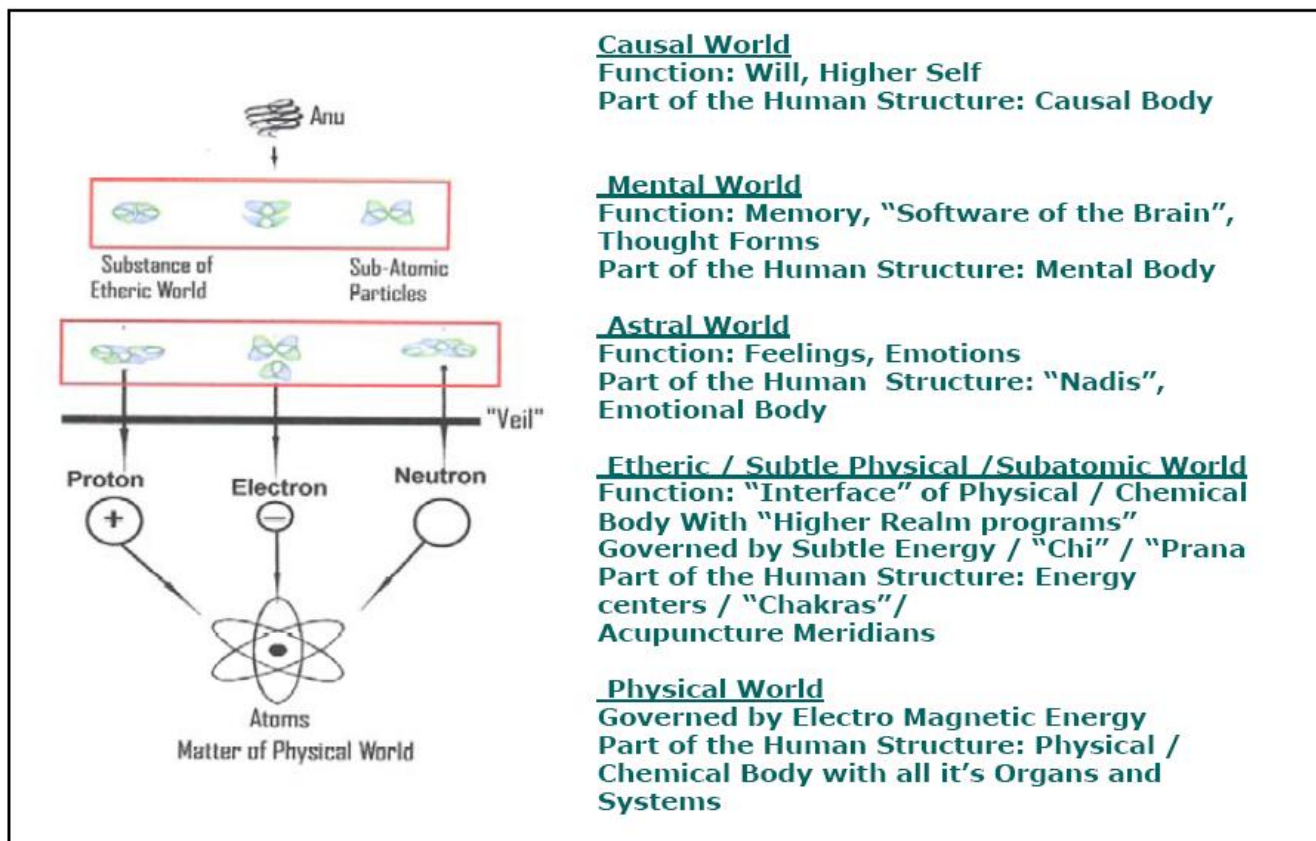
Each atom, being a unique three-dimensional mosaic of Anu, has a unique “Chi-field” pattern, connected to the patterns of Anu. When several atoms combine into chemical or crystalline structures, this pattern is even more sophisticated and unique.

Therefore, “Chi-field” patterns (Subtle Energy patterns) through their connection to the Anu that ultimately make up the nuclei of atoms, are the mechanism by which any substance including crystals and minerals can produce effects on the human system. However, we also need to take into account that the human system is made up not only of chemicals but also has a sophisticated subatomic structure, called “the Etheric Body” by the Ancients, consisting of acupuncture meridians and energy centres called “Chakras” by Ancient Indian Science.

When the human system comes into contact with, for instance, a crystal, the “Chi-field” pattern connected to the Anu mosaic of this crystal might resonate with some part of the subtle human structure and affect its



functions. So, the “Chi-field” pattern can influence both the bio-chemical processes in the human body and the functions of the subatomic structure, or “Ethereic Body”, which plays the vitally important role of regulator of all physiology of the physical body.



Ancient science had a very straightforward though sophisticated concept regarding the structure of matter / energy in the Universe. They viewed this structure as a series of progressively subtler worlds. Next to the Physical World is the Etheric World (more subtle), which corresponds to what modern science calls the “Subatomic”. The next level up is the Astral World, of which modern science has no knowledge; and beyond that are the Mental and then the Causal (Spiritual) Worlds. Each world has its own type of energy governing the “substance” of that world. The “substance” of each of the “denser” worlds is made from the substance of the preceding more subtle world via some complex process. The “birth of the Anu” from the substance of the Astral World is an example of such a process. Thus the “matter” of each world is connected with the preceding and following worlds via the process of creation of the denser one from the subtler one. The energies of the different subtle worlds are also connected to each other. But...there is no direct interaction of the energy of each world with the “substance” of the subtler (higher) one or the denser (lower) one.

All of the above brings us to the conclusion that gems and crystals can interact with the human system not only on the Etheric / Subatomic level, but also on higher levels, the Astral, Mental and up. Really, the basic particles, the Anu, and their Chi-Field Patterns, are created from the “substance” and energies of subtler realms. Thus, every unique mosaic of Anu in a crystal has a unique pattern-representation in the

subtler worlds. The human system also has “subtle bodies” made from the substance of those subtle worlds.

The organs of these “subtle bodies” can interact with the representation of Anu patterns in the corresponding world. Thus the Astral representation of an Anu Pattern can affect the psychological functions, and the mental representation can affect the mental functions of the human system. Also they can enhance the connection of the subtle bodies with the spiritual realm, helping with spiritual development.

Now, we come to the practical part! How do we make the wonderful energetic properties of these excellent gems, crystals and minerals available to people for enhancing well being on all levels and helping those who are working on spiritual development?

Vital Force Technology™ (VFT) was invented and developed for this purpose.

Principles behind VFT

I found a way to excite vibrations in the Chi-field with our plasma-based equipment that utilizes the delicate connection between the electromagnetic field and the Chi-field (Subtle Energy field). I can excite the vibrations with any “elemental properties”; Traditional Chinese Medicine calls these properties: “Metal”, “Water”, “Wood”, “Fire”, and “Earth”. This is very important, because the Chi-field has much more sophisticated properties than the electromagnetic field, which is described by just two parameters: frequency and intensity.

As we discussed, Chi-field patterns configure the Anu patterns that influence the internal structure of physical atoms. Using this, I developed a method of “recording” the Chi-Patterns. Once recorded, particular Chi-Patterns can be reproduced any time with the help of a special amplification process.

Further, I developed a method of infusing those Chi-Patterns into any material, including crystals and minerals. Liquid trace minerals appear to be particularly good carriers for Chi-Patterns. This has made it possible for us to develop dozens of energy remedies for precisely targeted applications, such as sleep, stress, depression, digestion, heart support, etc.

One important feature of VFT is that it allows us not only to generate Chi-Patterns but also to copy the Chi-Patterns of any substance, including gems and minerals. Thanks to this we can create elixirs by infusing the Chi-Patterns of high quality gems and crystals into concentrated trace minerals and other liquids. This process makes the highly effective healing Chi-Patterns of these unique gems and crystals available to everyone: one need only drink a glass of water with 10-15 drops of energized trace minerals.

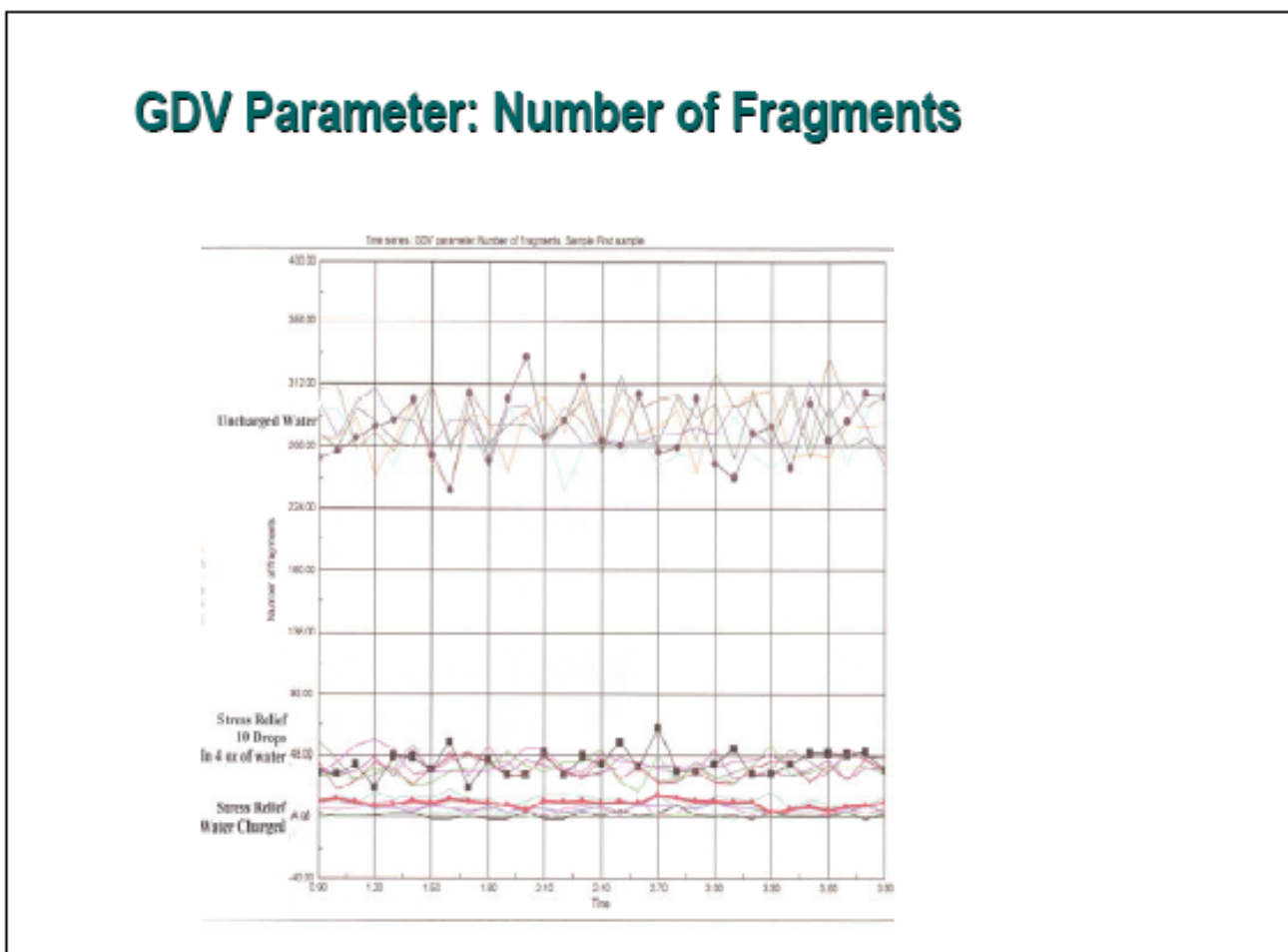
I would like to show you what happens to the structure of water when infused with a Chi-Pattern by VFT.

I believe you all know about the experiments of Yamoto in Japan on the influence of thoughts and words on the structure of frozen water. We observed changes in the structure of regular, liquid water using a computerized Kirilian camera called the “Gas Discharge Visualization” device, or GDV.

Here is an example:

Amount of Fragments

The fewer fragments observed in the Kirilian Luminescence, the more structured the water is. We can see from this picture that 10 drops of minerals in 4 oz of water makes the whole amount of water dramatically more structured.



Here are some examples of crystals from the Crater Rock Museum whose energies we have copied and infused into trace minerals to create our *Intelligent Elixirs*.

Of course it is possible to mix various energy patterns to make more sophisticated elixirs. Doing this one needs to be sure that the energy patterns are compatible. They can be wonderful by themselves but might not work well together. The relationship between energies with different properties is described by the Five Element Theory of Traditional Chinese Medicine.

An example of one sophisticated elixir formula we are presenting today is “Cosmic Eye”, a formula created for meditators. It contains, among others, the Chi-Patterns of a unique Obsidian named Pink Lady; Blue Jaspers from Biggs, Oregon; and the energies of crystalline Tanzanite, and Herkimer Diamonds; a unique quality light green Fluorite, and a Phenacite from Madagascar.



Example of crystals used

What else can Vital Force Technology (VFT) do with Gems and Crystals?

1. Infuse them with the Chi-Patterns of other gems and/or crystals for creating special jewellerys, bracelets, pendants, stones for healing, for Feng Shui and meditation, for instance.
2. Infuse gems, crystals and minerals with elements of the Periodic Table, choosing these minerals to match specific properties of the stone. For example, infusing Lepidolite with the Chi-Pattern of Lithium tremendously enhances its anti-depression and anti-stress properties.
3. Use the Chi-Patterns of unique stones for enhancing existing homeopathic, herbal and other alternative medicine remedies.

In conclusion, I would like briefly to discuss a final question: how do you choose elixirs that might be beneficial for the enhancement of your own wellbeing and health?

There are several ways you might approach this. There are many books on gems, crystals and minerals that discuss their correspondences to the different organs and functions of the body. Using this information you can determine the appropriate elixirs to support the organ or function you wish to address.

One more useful method to address this issue is to find elixirs that support and balance the chakra energies. Since the chakras are the main centres for regulating and transforming energy and govern all functions of the physical body, healthy functioning chakras are of paramount importance for physical, emotional and mental health. The higher chakras are also responsible for the connection with the higher realms and therefore, important for spiritual health.

Another method of choosing elixirs both for general health maintenance and for dealing with specific problems is to look at the astrological correspondences: those who were born under a certain astrological sign can find a series of gems that have beneficial energies that match the features of that sign. You can find a very detailed description of the astrological correspondences of gems in the recently published book by Dr. Flora Peschek-Böhmer and Gisela Schreiber.

Recommended Books

1. Gurudas (1985) *Gem Elixirs and Vibrational Healing, Vol 1*. Cassandra Press, CA
2. Gurudas (1986) *Gem Elixirs and Vibrational Healing, Vol 11*. Cassandra Press, CA
3. Melody (1995) *Love is in the Earth – A Kaleidoscope of Crystals – Updated*. Earth-Love Publishing House, CO
4. Melody (1996) *Love is in the Earth, Kaleidoscopic Pictorial – Supplement A*. Earth-Love Publishing House, CO
5. Melody (1999) *Love is in the Earth, Kaleidoscopic Pictorial – Supplement Z*. Earth-Love Publishing House, CO
6. Gienger Michael (1998) *Crystal Power, Crystal Healing*. Blandford, UK
7. Peschek-Bohmer Flora, Schreiber Gisela, (2003) *Healing Crystals and Gemstones from Amethyst to Zircon*. Konecky & Konecky, CT
8. Hall Judy (2004) *The Crystal Bible*. Walking Stick Press, OH

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

Gemstones and Crystals

For many centuries crystals and gemstones have been used for their healing and mystical powers as conduits of energy. Crystals and gemstones ‘vibrate’ on their own individual level. They vibrate in a way that resonates and strengthens particular energies inside each and every one of us. These are energies of the inner self, the energies that make up the attitudes and human qualities of a person.

Modern technology uses crystals in many products that many people are unaware of. These include computers, ultrasound devices, watches, communication systems, laser technology and the list goes on. This is due to the fact that **crystals can store, amplify, transform, focus and transfer energy.**

Because of the above properties, we can use crystals on ourselves to improve our life: whether it be for physical health, emotional balancing, mental clarity and focus or spiritual well being.

In modern society, stress is the main contributor of imbalance in our lives. Stress can come from work, family, relationships, money, or lack there of, social expectations and personal losses. There are many stress related problems and diseases. Symptoms such as insomnia, mood swings, nervous tension, emotional and mental instability are the early signs. In more serious circumstances it can manifest in physical forms resulting in cancers, ulcers, heart disease, respiratory disorders, backaches, headaches, migraines, the list goes on.

By wearing or using crystals or stones, it does not make you a better person. It only makes it easier for you to see who you really are and what you want to change around you. They will resonate with the different energies of the inner self and strengthen those energies.



Projective and Receptive Stones

Projective Stones

It is said that projective stones destroy disease, strengthen conscious, courage, strength, physical energy, luck and success. Projective stones are usually dense, heavy and or opaque red, orange, yellow and gold. Some examples are ruby, diamond, lava, topaz.

Receptive stones

It is said that receptive stones are calming, soothing, inward and magnetic. They enhance meditation, spirituality, wisdom, mysticism and peace. Normally translucent, holed, green, blue, blue-green, purple, grey silver, black, pink or white. Some good examples are moonstone, aquamarine, emerald, holed stones, rose quartz, pink tourmaline, kunzite, lapis lazuli, sodalite and sapphire.



Stone Colours

- Red** Protection, courage, energy. Help with blood, relieve anaemia, stop bleeding, heal rashes and wounds
- Pink** Calm, soothes, stop distress, help with love. They smooth difficult relationships, help with self love and are good for group rituals
- Orange** For personal power, self esteem. They are connected to the sun, attract luck and success, aid in positive outcomes
- Yellow** Communication, inspiration (good for writers and artists) for protection, visualisation, travel, digestion, nervous system and skin problems
- Green** These are for healing eyes, kidneys, stomach, migraines, intuition. They are said to help with money, luck prosperity, grounding and balancing
- Blue** Great to calm the emotions, sleep healing, ulcers and inflammation
- Purple** Mysticism, purification, meditation, psychic work, subconscious, health, obedience, headaches, mental illness, concussion, hair problems and sleep
- White** These are ruled by the moon and are good for sleep, psychic abilities, protection at night, headaches. As a bonus for breast feeding mums it also promotes lactation
- Black** Self control, grounding, resilience, quiet power, invisibility, peace and anxiety
- Multi Coloured** Combine their colours and their properties and see what you get



Living with Crystals

Crystals can play a vital role in making your environment beautiful wherever you are. You may choose them for their beauty, or for the particular reason that is relevant to you or your living space. Here are some ideas for placing and using crystals around you.

In the bedroom: It is important to first note here that too many crystals in the bedroom may not be a great idea. You mostly want to relax and sleep in there, so too much amplified energy may not help. Having said that, stones like tiger's eye, amethyst or rose quartz are said to be gentle and restful to have around you, the best place being beside your bed. Any of the crystals that help with sleep problems are fine to have on the bedside also. If you want to enhance the energy for love making then rose quartz or peridot are the most recommended.

To encourage children to sleep, I have found from personal experience and feed back from clients that a piece of amethyst under their pillow or mattress works like a charm. The amethyst helps to induce their sleep and prevents nightmares waking them through the night.

Study or Office: Here electromagnetic radiation from computers is the main issue. Stones like smoky quartz, rutilated quartz or amethyst are the best stones to help maintain a balanced environment. The best place for them is sitting on or close to you desk. If you have a meeting you feel may be challenging, you can place rose quartz on the desk to calm the energies. This is also a great stone to have around the office all the time. If you need inspiration, a beautiful clear quartz is good. For stones that sit around in electronic environments you will need to remember to cleanse them regularly.

Bathroom: It can be very restful to put a handful of small smooth polished crystals in the bath with you. Water is a great conductor, so the bath will be gently energising them so will you. Rose quartz, carnelian, citrine, amethyst, or tiger's eye are fun to try. Place the crystals in the bath and run the water, add three or four drops of an essential oil like lavender or frankincense, light a candle and lie back and relax. You can use blue stones in the bath for purification.

Living room: Here you may wish to create a special place for your crystals. A good idea is to set aside a particular table covered with a silk cloth, with a nice candle and incense with your stones. In India and other countries many houses have their own small shrines, which are tendered to daily. A beautiful arrangement of crystals, candles and fresh flowers is an attractive focal point that provides fantastic energy in your living room. Even the intrusive television set can be enhanced by an amethyst cluster placed on or near it to help balance the electromagnetic energy as well. If your children have their own play environment and they (like most children) tend to have moments of heated discussions or sibling rivalry a Citrine cluster can be very beneficial as it protects their energies from each other and the Citrine will absorb the negative energies and transmute them back to positive.



Purchasing and cleansing your crystals

When buying your crystals many say it is important to choose the crystals that you are attracted to as this is your intuition telling you what crystals you need at that specific time. You will find that certain crystals will vibrate to you and you will have a feeling of need for these crystals. You must also remember though that if there is not a wide selection to choose from you are able to pick any crystal whether you are attracted to it or not. You are able to attune any crystal to your vibrations and empower it to follow your will. This can be done through meditation or 'bonding', which is just to sit quietly and hold your crystal. Feel the texture, the shape etc, get to know it and think about what you would like to accomplish with its help. Please remember to have only the purest intentions when empowering your crystals. It is also important to remember that just because you have crystals doesn't make you a better person. You need to want to make the change.

Gems and crystals attract a lot of vibrations, some of them are positive and some are negative. It is important to know that your crystals have travelled a long way to get to you and have collected many vibrations on this journey. You must cleanse your gems and crystals before you put them to use to remove any of their previous vibrations and ensure that only the purest energy remains.

There are many ways to cleanse your crystals so here are just a few:

Water / milk / salt water – these are universal cleansers and you stones can be washed in them or kept immersed overnight and used in the morning.

Keeping your stones in the rain for many hours will also cleanse them.

Sitting out at night under a full moon with cleanse and recharge your crystals.

Bury them overnight under the earth without wrapping them. You will need to run them under water in the morning to clean off the dirt.

Or many people say the quickest way is to pass your crystals and gems through the smoke of incense such as frankincense or sage for a few minutes. It is important as you do this though that you keep your mind clear of any negative thoughts. You must focus on the cleansing and energising of your gems as you do it.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

**PASCAS
PERS**

JOHN OF GOD – CRYSTAL HEALING BED THERAPY:

His given name is João Teixeira de Faria, but to millions of people, not just in his native Brazil but also worldwide, he is known as Joao de Deus – John of God.

Arguably the world's most powerful and successful spiritual healer, John of God is a trance medium and spirit surgeon famous for providing what can only be described as miraculous cures of otherwise incurable illnesses – cancer, aids, motor neuron disease, multiple sclerosis, blindness and so many more.



His consulting rooms and operating surgery is the Casa de Dom Inácio (the house of Saint Ignatius De Loyola) – a spiritual hospital and healing centre in central Brazil.

Hundreds of thousands of people from all over the world journey to meet this amazing human being who incorporates the spirits of eminent doctors, surgeons, and saints who have passed over – yet continue to perform miracles through the body of a man the Brazilians call Joao de Deus.

John of God has been performing spiritual surgeries and healing people of seemingly incurable illnesses for more than forty years.

A visit to the Casa de Dom Inácio is a life changing experience. Healing occurs in so many ways – physically, mentally, spiritually and emotionally.

His Story

João de Teixeira de Faria, “John of God”, was born in 1942 in Brazil. He was acknowledged to be clairvoyant from a very early age and was able to predict events before they happened. This clairvoyant ability allowed him to save his mothers life.



It was at the age of sixteen, John’s life took a dramatic turn. Travelling from town to town in search of work, exhausted and hungry, John stopped at a stream to drink. There the vision of a beautiful lady appeared before him and told him he was needed at a church in the nearby town of Campo Grande (Matto Grosso) and that there people were waiting for him. He followed her directions and all was as she had predicted. All he remembered was arriving and then hours later, when he awakened, he was told that King Solomon had ensouled within him and that he had healed many people. He protested that it was only exhaustion that had made him faint, but the many witnesses to his healing miracles were in no doubt of what had really happened. Over the following weeks and months John entered an intense period of instruction and guidance.

John of God was directed to dedicate his life to healing others and to never accept payment for this work. It is a guideline he follows to this day.

For eight years following his period of instruction John of God travelled the region finding work when he could and devoting his remaining time to healing others. People came to him by the hundreds as word of his abilities spread.



As a man, John of God possesses a gentle dignity and sensitivity born out of humility and a life serving others. As a medium with extraordinary capabilities he is totally dedicated to the healing through incorporating the Spirit Entities that work through him.

For 43 years John of God has served as the channel for over 30 Spirit Entities. Through them he performs healing for the thousands who visit him every week at his centre, the Casa de Dom Inácio de Loyola, in Brazil.

Many who seek out John of God have run out of medical options. Almost everyone is profoundly changed by their experiences at the Casa. In fact there is a room full of walkers, walking sticks and wheel chairs that have been discarded after John of Gods healings, but not all "cures" are instantaneous. The majority take time and as with orthodox medicine, there can be no guarantee.

Casa de Dom Inácio was established in 1978 and is a sanctuary of love and healing.

This beautiful setting not only overlooks an expanse of hills and valleys but is centred on a natural energy vortex formed by quartz crystal bedrock beneath the surface.

The buildings within the complex are painted in the healing colours of blue and white and are surrounded by flower gardens and tall trees. In the centre of it all lays a large meeting hall. It is there that John of God performs his healings.

You are invited to join Jean on this Spiritual Healing Journey.

<http://www.pascashealth.com/index.php/library.html>

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info@pascashealth.com

Crystal Bed from John of God

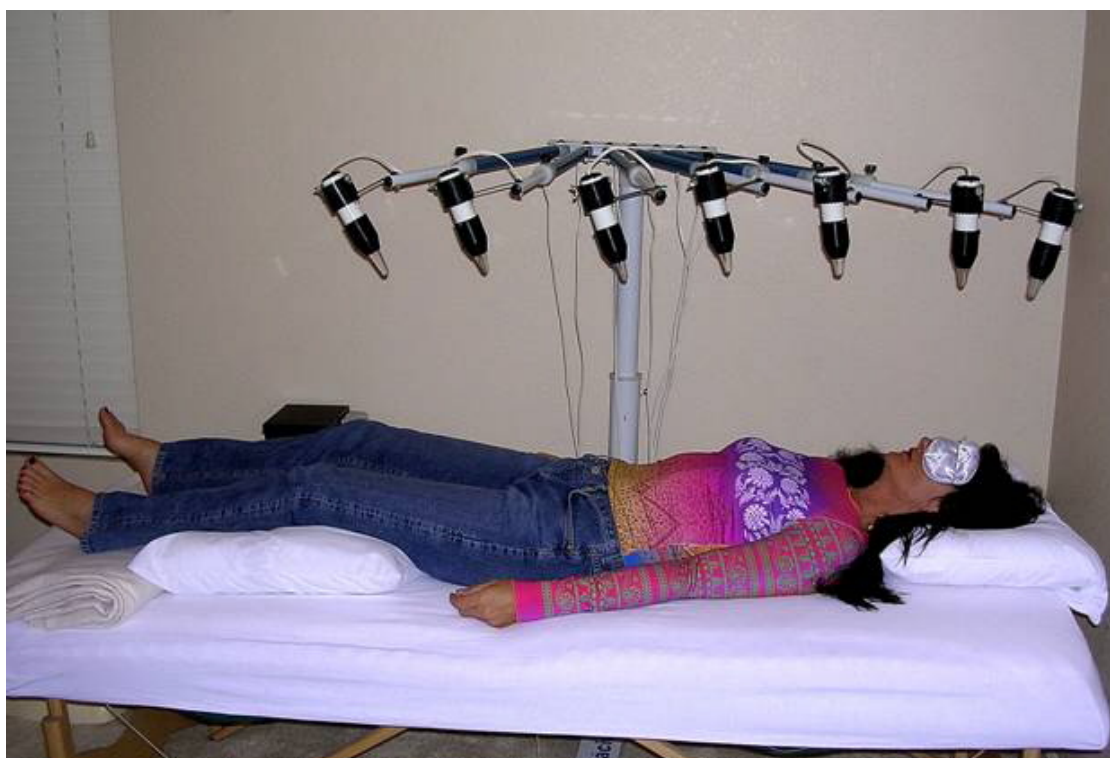
I am truly blessed to have received permission and blessings from João and the Entities to bring a Crystal Bed from Abadiania, Brazil to Australia.

I can now offer healing sessions at my home on the Gold Coast.

This is a piece of the Casa right here in Australia and can do miracles for your health. The Entities of the Casa actually work through the Crystal Bed. The crystals themselves are the colours related to your seven charkas and work on a special frequency to clean and balance your chakras.

Having your chakras out of balance can cause illness and negative attachments so this is not just a healing bed, it is a fantastic preventative therapy.

Clients report feeling "Light, Extremely Relaxed and Healthy" after a session. Many also feel great relief from their aches and pains and during the session say they have the sensation of being worked on by Spirit. Some have also had visions, visitations and life changing experiences while on the bed. It is an incredible experience.



Crystal Healing Bed Therapy



What is the Crystal Healing Bed?

“Crystal Bed” is the name given to a healing device that has been developed in Brazil, for the world-renowned healing centre the “Casa de Dom Inacio”, in Abadiania, GO, Brazil.

The "Crystal Bed" combines the power of Colour Therapy and Crystal Healing Therapy.

Only practitioners who have visited the Casa, witnessed and received healings are given permission to own and use this modality of healing outside of the Casa.



The beds' unique design consists of Seven Quarts Crystals, each having been cut to a specific frequency and then combined with an arrangement of coloured lights, one above each crystal.

Each of the coloured lights corresponds to one of the colours of the 7 major Chakras of the body.

The individual coloured light sources are set to flash at a predetermined frequency through the crystals at a specific sequence, creating a pulse or strobe effect.

Purpose of Treatment.

- To harmonise the Chakras and subtle energy bodies.
- Re-balance frequencies in the electro-magnetic field.
- Trigger healing processes in the psyche and body.
- Rejuvenate physical systems for improved function.
- Stimulate the development of inner senses for spiritual awareness.

What to do before your session.

For maximum benefit from your healing session arrive in a relaxed and receptive mood with the attitude of allowing and letting go. The crystals can awaken feelings of peace and serenity. You may experience insights and releases of specific issues and or memories. Many have feelings of warmth, gentle movement and tingling or of expansion. Awareness often extends beyond yourself to a much higher state of consciousness.



What happens in a session.

Typically a treatment requires the participant to lay on their back facing up with their eyes closed, bathing in the energy.

Each of the seven crystals are placed in a fixed position 30cm above the Chakra centres allowing the coloured light to shine through the crystal onto to corresponding Chakra. Immersing it in the energy of the emitted light.



Sessions times are for 30 or 60 minutes.

Sessions can be enjoyed every day if required, limited to one hour each day.

Crystal Bed Healing has an inter-dimensional effect and the vibrational patterns manifest higher and higher levels of awareness, harmony and peace.

It has been reported by users to have had an overall beneficial effect on physical, emotional and energetic levels. While others have disclosed a nourishing and balancing feeling, revitalising and enhancing their general wellbeing.

John of God.

John of God is a spiritual healer also known as the Miracle Man of Brazil. He established the Casa de Dom Inacio de Loyola. People travel from all over the globe to receive spiritual and physical healing at the Casa. The Crystal Bed is prescribed by the Entities (Spiritual Guides) of the Casa to visitors for rejuvenation, alignment and balancing their energy fields as a required preparation before healing work by the Entities.

The "Crystal Bed Healing" cleanses, balances and recharges the body's energy while strengthening the immune system and removing stress.

What Healing can occur?

As with many of Subtle Energy Healing Therapies, ***no claims can be made that any disease states can be cured.*** However there are many, many reports of health improvements occurring. Improvement can occur on many different levels, spiritual, physical, mental and emotional. Many people who have had "Crystal Bed Healing" Sessions have reported as much.

In Entity John of God said,

“Your work is healing by direct connection with Spirit through Powerful Prayer”.



For those who believe no words are necessary.

For those who do not believe no words are possible. Dom Inacio de Loyola

It's all about.. Feeling Healing



WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with who we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to our Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



WE TUMBLE INTO THE ABYSS BY SUBMITTING OUR WILL TO THAT OF OUR PARENTS:

At the moment of conception your soul activated your will to become of your Earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing.

Jesus
Message 33 (part) 9 January 2003

NOW WE CAN CLIMB OUT OF THE ABYSS BY EMBRACING OUR FEELINGS:

Life IS ALL ABOUT FEELINGS. YOUR FEELINGS ARE YOU – ACCEPT THEM, AND YOU'RE ACCEPTING YOURSELF.

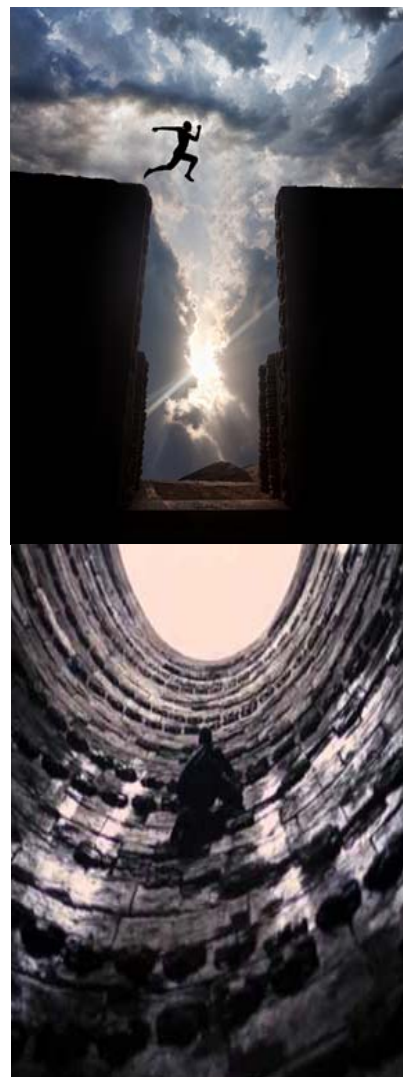
Only by following what Mary says regarding the doing of your soul-healing, the honouring and living true to your bad feelings and exposing all your childhood repression will you be able to heal all such pain and problems.

The Truth of your world is all about you. Many generations have believed in and tried to live how the Bible says, but has it healed all ills? Have wars and hatred stopped? And why have Christians done so many bad things? Why does all the self-criticism and self-denial still exist? Why are people mostly only interested in gaining power; and why do the rich still dominate the poor?

The religions and spiritual systems of humanity have failed to deliver life in the promised land, living free from all pain and suffering. And they will continue to fail because they themselves are founded on the negative. They are not true; do not teach the Truths of Divine Love; do not encourage people to live true to their feelings.

You are hopelessly bound up in your parent's lives. They have made it that way. The freedom and self-control you may feel you have is only relative to them. They – your very own mind – is the evil one, you are the evil one living with your mind overpowering you in every moment. The Golden rule is: never interfere with another's will.

I, Mary, was able to feel my feelings, as I was not trained too heavily to deny them, and then with and through them, find out the truth my soul wanted me to see. The truth of your negative state is what's missing from your world. It's the only thing that will open the way to show the right and true and correct way to live. [The Rejected Ones – Living True to One's Feelings](#) by James Moncrief



WE SUBMIT TO EMBRACING OUR PARENTS ERRORS!

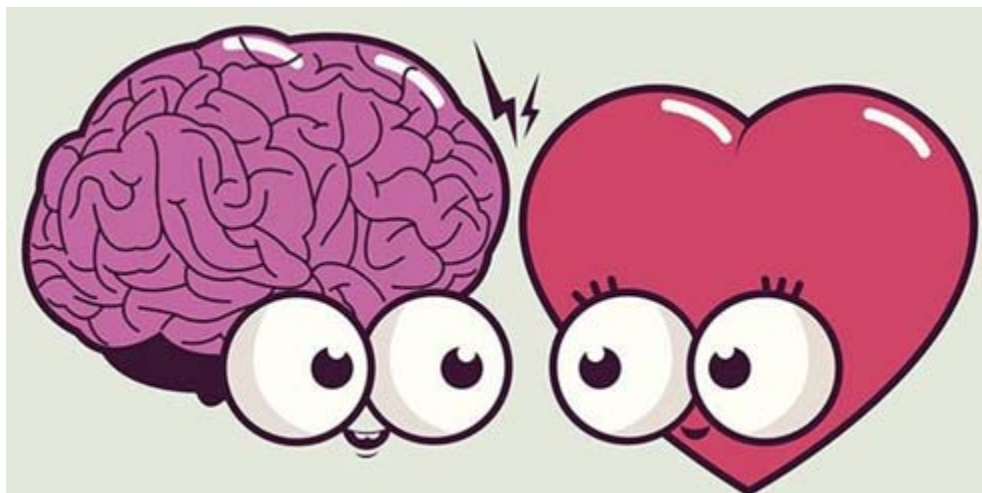
At the moment of conception your soul activated your will to become of your Earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing. Jesus Message 33 (part) 9 January 2003
The Rejected Ones – Living True to One’s Feelings by James Moncrief



Like Father – Like Son



Like Mother – Like Daughter



<p>Our mind strives to control and is always subject to error. The mind’s controlling natures based on error are the foundation of all the misery, illness and drama on Earth for all of humanity. Put them aside by expressing them.</p>	<p>Our soul based feelings, given to us by our Heavenly Parents, are always in truth. Allowing our feelings to lead our way of living is living true to God. Express all your feelings and long for the truth of them.</p>
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HUMANITY and WHAT IT BELIEVES to be LOVE:

It's really that one's mind has been corrupted so your experience of love is not true. You can believe you feel love, but it's not true or pure love, because you are untrue. However having said that, the love one feels within their corrupted love state is still love as long as you feel it to be, and such feelings need to be accepted for what they are. But through your Healing, love feelings you've had might evaporate, even turn into hate feelings, so you then know the truth of that so-called love was untrue. But also some love feelings might stay, and so you know that some part of you was truer and not so badly corrupted.



And then to add to the confusion, within one's anti or not true love states, you can still experience the Divine Love, it being a separate thing to your Natural love. However, you have to wipe the slate clean before you can truly experience Divine or even Natural love. However we don't actually wipe it clean, that's where doing your Healing comes in, as it's a transition, even a transformation, out of the negative anti and unloving truth rejecting state, into one of positive love and truth accepting.

Helen via James 29 March 2017

WE ARE TO LIVE TRUE TO OUR FEELINGS:

Our soul based feelings are to be our way of life. As we embrace our feelings we are embracing the way of our Heavenly Parents. Our feelings come from our soul and our soul is a creation of our Heavenly Mother and Father. Our feelings are the willings of God, they are all that we are to express. At all times expressing our feelings is at all times living the will of our Heavenly Parents.

When we incarnated, we embraced the will of our physical parents. This we did by absorbing their beliefs, dogmas, ways of life, errors and passions through our spirit body based mind. We have been turned against ourselves so we can't express our true and natural selves. And because we're imperfect, or wrong in that, then we are living against, not only ourselves and each other, but nature, God – the whole universe. And that's what's wrong, our mind is full of erroneous beliefs, and so many of our behaviours are unloving, and that's all what is sinful and evil. Living in such a way is a rebellion against the truth of ourselves; that being who we truly are. And that we can't get to know ourselves, or anyone else for that matter, truly, because we're doing all we can to deny so many aspects of ourselves, all of which can be seen through the denial of our feelings, and mostly our bad feelings. It is our mind that we use to shut out our loving and truth based feelings. Only by longing for the truth of our injured and error riddled beliefs and feelings can we express these unloving and error based ways and release them from our personality, our personality being formed by God.

Should we embrace the process of Feeling Healing whilst longing for our Heavenly Parents Love, we are also creating the circumstances by which our future children will be free of the generational injuries and errors that have been passed down for eons and enable humanity to evolve in love and the will of our Mother and Father. This is what humanity is now to embrace.

ALWAYS BE TRUE TO YOUR FEELINGS

OUR DAMAGED PERSONALITY NEEDS TO EXPRESS AND RELEASE THIS HARM:

Notes from Sage – and the Healing Angels of Light by James Moncrief

Throughout our childhood we learnt how to stop paying attention to ourselves; which means, we were forced to stop honouring and expressing all our feelings. When the child falls over for example, and the parent says stop crying, it's all right, you haven't hurt yourself, and things like that, mistakenly thinking they are being loving and supporting the child; or else just down right unloving and angry with it for carry on about what the parent thinks is nothing, then that's where all the damage is done.

And we've all been subjected to so many of those unloving soul-destroying and personality-denying experiences when we were growing up; and they have all compounded, and are still within us needing to be worked through. We need to go back into them and bring out all the bad feelings we felt; and by doing so, it is then as if we are being the loving parents to ourselves, the ones we didn't get, and that then allows those aspects of us that were stopped from being properly expressed, to now be expressed.

The 'Hidden Truth' humanity has unconsciously always been looking for – which incredibly is nothing more than finding the truth of ourself through our feelings. Long to God for Their Divine Love. And if we do that, then as the Divine Love comes into our soul, as apparently it will if we sincerely want to be at-one with God; and if we are looking to our feelings for their truth, then when we've purified a bit of our soul by liberating and seeing the truth of those bad feelings, the Divine Love will transform it from being of what we're born with, Natural love, into being of the Divine Love, so being just like God is – Divine.

Long ago high spirits that were meant to be looking after humanity and seeing that its evolution and growth of truth was going along in the right way, decided that they didn't want to live according to God's Laws, and wanted to go it alone – basically that they wanted to be gods themselves. And then they forced and coerced humanity to follow them; which meant they caused people to want to be like they were, so believing we are gods, and that we can do as we please without needing to follow God or wanting to be like God is. So really they made us turn away from God; and now, all these years later, even though there are people supposedly loving and wanting to be at one with God and do God's Will, and all of that, they are still so messed around from their early childhoods that their lives with God are actually taking them further away from God, not bringing them closer, all because they are still rebelling against God.

It is a rebellion against our Heavenly Mother and Father. And we're all living it unbeknownst to us; and that we don't have a clue, and are so far away from the truth and living true to ourselves, that even Jesus can come as he did all those years ago, tell us a bunch of truths, and all we did is take them, corrupt them, and make them and him be part of our wrongness by creating what we know of as the Christian faiths.

You just want to be with God, be God's child, which we are all anyway; so want to be the same as God is, so as perfect as God is. And that if you want to do that, then as you respect, honour, accept and express all your feelings, whilst looking for the truth of them, you are naturally living God's will automatically, so it's not really any big deal.

Long for the truth of our feelings as we express them all; and long for the Divine Love.

The REBELLION ENDS BY US DOING OUR HEALING FEELING:

Notes from Sage – and the Healing Angels of Light by James Moncrief

We're rebelling against Jesus and Mary, and God and ourselves, so how else can we be. We can't stop rebelling against ourselves until we heal ourselves of our own personal rebellion against the truth of ourselves, and that's what each of us faces: to heal ourselves of our wrongness. And we can either start it now or do it when we get to spirit; but one way or another, we have to do it if we ever want to move up higher in the spirit worlds getting ever closer to being with God.

So it's a journey to God, you're talking about?

Yes, and a process to do is your Healing. God wants us to experience what it is like denying Them – going away from God by denying the Truth and Love. And once we've experienced all we've needed to in our unloving state, then God wants us to heal ourselves of being wrong, untrue and unloving, so we can experience what it's like being the other way: being truly loving, true, and going toward God.

So God's the real culprit in all of this?

Yes, They have to be, because it's all what God wants.

All the higher spirits agree it's all for our good; and that's just how it is, and there is nothing we can do about it – other than try and uncover the truth of all we're feeling. And when we understand, we can start to do something about our unlovingness, by looking to heal ourselves through our feeling acceptance. Our feelings are the key, and not our mind. She says the problem has been, which is all part of the Rebellion, that we think the way out of our pain and suffering is by using our mind. Yet when we do that, we're only making things worse for ourselves, because we keep adding more erroneous beliefs. People who believe they can use their mind to make themselves feel happy and be loving, are going the wrong way, because they will only make themselves be more unloving and unhappy. Our minds have been used right from the beginning of their formation to go against so many of our feelings, so we are able to convince ourselves, and then pretend, that we are all right, and are even loving, when really we are not.

You have a pain and you push it aside telling yourself that it doesn't matter, as you're busy needing to get things done. So you can't just stop and feel how bad you feel every moment, because if you do, you're afraid you'll fall in a heap and never get going again

And that's all what's wrong with us, because that pain, any pain, physical, emotional, mental, even apparently spiritual – any pain, is the warning sign that something is not right and you need to stop and pay attention to it.

We have to stop doing all that, work differently, without needing to get the job done being the most important thing for us; and instead, focusing on ourselves making our own feelings be the most important thing...

You don't have to do anything other than what you're doing, only you can also long to God for Their Divine Love, and start paying more attention to your feelings, longing for the truth of them.

WOMEN to LEAD the WAY:

Notes from Sage – and the Healing Angels of Light by James Moncrief

Jesus really came to say – and by the way, it was both Jesus and Mary Magdalene, as she is his soulmate and equal, only she didn't have a proper say like he did because of the work she had to do, she allowing herself to be subjected to more of the repression of the feminine. And this is how the rebellious spirits controlled humanity, by getting people to deny their bad feelings. Jesus and Mary really came to tell humanity, which the Christians don't even understand, is that we can long to God for Their Divine Love. And if we do that, then as the Divine Love comes into our soul, as apparently it will if we sincerely want to be at-one with God; and if we are also looking to our feelings for their truth.

The suppression of the feminine is where all our problems lie. That it's all become so heavily masculine with men physically dominating women and not allowing them to have their say, which is really the say of their feelings. And that women, if they are true to themselves and started to stand up and honour all they feel, all so long as they also want to use those feelings to uncover the truth of themselves, will lead men out of their wrongness. But women who want to stand up honouring their feelings, yet not wanting to use them to see the deeper hidden truth of themselves, of what's wrong within them and why, are just being like men are, still using their mind to deny themselves the truth of why they are feeling what they feeling; which is really what so many of the feminists are about. And being that way is not going to make them feel good if they ever understand they are only buying into more of the wrongness by trying to be men's equals in a mind way; and that really, we women have to go the other way and into ourselves and the truth of our feelings, if we are to really liberate ourselves.

I feel bad, so I stop and pay attention to that bad feeling. I allow myself to feel it as much as I can. And if you are with me, and willing to listen to all I want to say about all I feel, then I can share it with you; I can emote my pain or anger or whatever, to you, as I long to know why I am feeling bad. And that's all I have to do, the rest all takes care of itself. When I am ready to see the truth, up it just comes naturally within me; and at the same time, so Ursula says, my soul will make the necessary inner adjustments in me so as to change that part of me on whatever level within me, from being dysfunctional into being functional; and slowly I will change getting better and becoming truer and more perfect, healing myself of my wrongness, evil, sin, imperfection – whatever, you want to call it. So that's what I want to do, and I assume you are willing to listen to me when I feel bad. So I feel like I'm on my way, I've started to do my Healing and I am starting to move in the direction of being with God, rather than keeping on going away from God. And I'm going to try this longing for the Divine Love and see what happens there; and if you want to do that too, we can do that together as well.

LIVE FEELINGS FIRST

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

ADULTS ARE CHILDREN!

Notes from Sage – and the Healing Angels of Light by James Moncrief

We as adults are really just the same children we were?

Yes, only because you've grown up into an adult and mostly have forgotten what you were like as a child, so you wrongly believe you are something different to how you were as a child. And being an adult, as you attend properly to your feelings, your feelings will connect you back with yourself as the child, all so you can see, as an adult, that which you couldn't see as a child, all that happened to you to make you be as you are.

That's quite incredible.

Yes, amazingly so; and it's the only way people can truly help themselves, all the rest is just moving stuff around within your already fixed childhood nature. So all the so-called self-help instructions and advice, and all the therapy people undergo, which does help people become more aware of certain aspects of themselves, is still really only working within the wrongness, it's trying to make the wrongness suit you better so you can feel happier in it; however it's not being completely determined to look at ALL your wrongness and doing whatever it takes to accept all the bad feelings to do with it.



Our minds are infused with childhood injuries and errors. Only by expressing them as they surface, and finding the truth of them that, we set ourselves free and grown in love.

Be controlled by your oppressive mechanical mind, or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt, and seek the truth of them. This is how we can all evolve in love.



FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing ourself to feel, and accept them instead of denying them. And to fully accept them, one need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality **The New Way**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

Feelings First Spirituality The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
BAD feelings.
Want to understand why you're feeling them.
Use your surface feelings to take you deeper into your repressed and
hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way

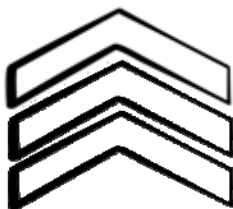


my
House is your
Paradise
 **HOME**

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;

Fully Healed of the Rebellion and Default.

**THE FEELING WAY**

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

The CHOICE is OURS to MAKE:**THE MIND WAY**

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

The Prayer for Divine Love:

(as given within the first century)

2 December 1916

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

I am here, Jesus

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our false teachers would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

Primary recommended reading:	consider commencing with: Paul – City of Light	
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dls spirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

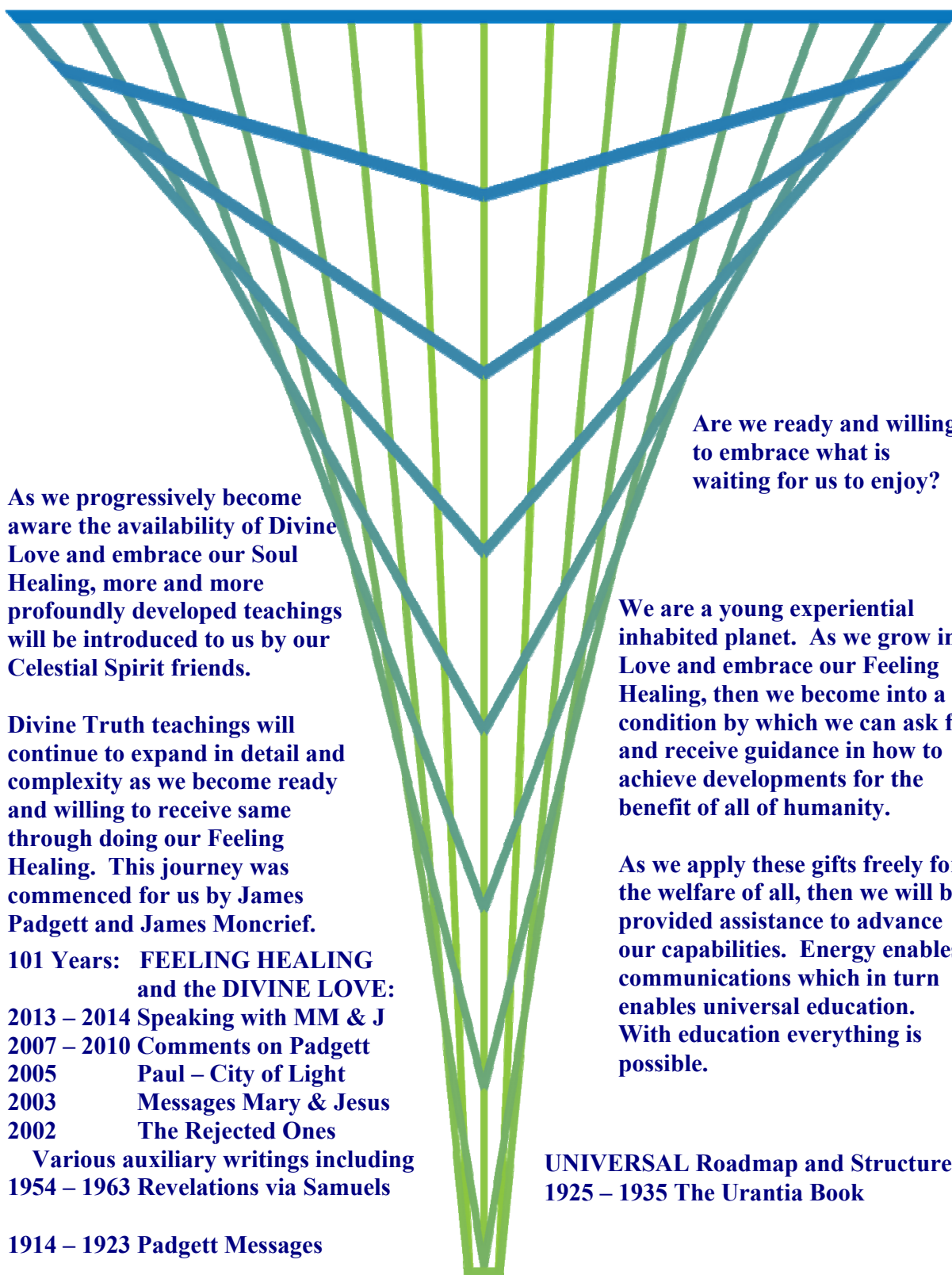
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



PASCAS CARE

"Beacons of Light"

around the globe

