

PASCAS CARE

NATURAL LOVE

or MIND ERRONEOUS

EMOTIONS



“Peace And Spirit Creating Alternative Solutions”

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



NATURAL LOVE or MIND-MADE EMBRACED ERRONEOUS EMOTIONS:

Mind-made erroneous emotions are those emotions that calibrate 200 or lower on the Map of Consciousness. We can endeavour to cleanse our soul and our being of these uncreative, unhealthy emotions all throughout our life with little success. Yes, they impede our growth, our happiness, and our well being. Our energies, our perseverance, our stamina, can all be expended upon removing these unattractive elements of our character from our life style with little success.

Negative and harming emotions become like a crust encapsulating our pristine soul, our real self.

Our parents are your first love, and from them we take on their shadows and wounds. From their unconscious way of living and loving, our love is shaped. We see the world through their eyes, until we ourself wake up from their illusion.

With faith and earnestness, we can pray for, ask for, and receive Divine Love and these impediments will not only slowly dissolve from our being, but we will grow and grow in love exponentially as we continue to receive Divine Love.

When we live in fear, when we feel there is no one to trust, how could we possibly reach out to feel our Mother and Father's Love? The possibility lies dormant in our heart and must be awakened. Awakening to the possibility happens in many ways; through knowledge, through an intimate listening within our own silence. If we are blessed with parents who share the love in their heart, we are born into the Love. This is a blessing and a gift. This will ease our path.

Most of us are not blessed with such parents. Most of us are born from parents who in their body field have stored the pain and errors and separateness from all past generations. Now we must live with this. It is true we are born with a pure heart, but we are much more than our heart. Now we must find within ourself the strength to break free. We have a choice. And we have within ourself the Love, waiting for our call. This love is our hope. This love is our way to freedom.

Our Mother and Father / Creator are waiting for us to break free from our torment. They will constantly show us ways and opportunities to find a way through the illusion. And most importantly, They will love us all endlessly in our struggle. They will never leave our side. They will never give up on us.

The Richard Messages – Celestial Spirit Richard – 31 July 2012

Some teach about the importance of the effects of repressed emotions and in this they are quite correct. Humans are created as expressers of emotion and repressing this expression damages the physical structure and impacts upon the soul. Knowing this greatly increases your own capacity to deal with the so-called negative issues in your lives. They method be teaching what they have been following and which they believe to be the most effective. They prove within themselves that benefits do follow. Such method may not be easy and may have the possible effect of focussing the individual on these negative effects.

In many ways, such teachings are denial of the subtle nature of spirit and energy. The physical effects of emotional suppression are recognisable and are often quite gross. Nonetheless, they are the result of subtle energies applied often and for long periods. As such they can also be reversed by subtle energies. The processes of healing by using subtle energy and by emotional release work are, as yet, quite poorly understood. The repression of emotion is deeply entrenched in most cultures on Earth and the attendant problems are therefore widespread.

The prime issue as you progress whatever your chosen pathway is Faith. This is the essential factor. I say 'factor' but Faith is not a factor, it is the essence. As your level of faith increases so too does your capacity to accept and follow your ever-present guidance.

Prayer is an essential part of living. Prayer is a very powerful way of involving yourself with whatever it is that concerns you in your life. Many attempt to see prayer as a way of handing responsibility over to our Father. Prayer gives you the strength to deal with the issues that truly exist. That is, it enables you to move within yourself with Faith to accept and deal with what exists. You can always have faith that there is a resolution to whatever problem exists.

Loving and caring acceptance of yourself and all that you do without negative judgment is a most powerful quality to develop.

With all limiting personal issues, create a desire to accept that these exist and pray for assistance to heal them. It is your sincere desire to progress beyond limitation that will lead to the resolution of these problems. This is more certain than processes which may serve to focus you on your pain and limitation to the detriment of your growth and progress. The approach of acceptance and prayer will save you from much pain. The demand to know the origin of the limitation can be very restrictive.

Celestial Spirit Richard – 15 August 2012

Most of the present healing approaches focus on material and physical methods which are effective to varying degrees. There is general blindness to other more subtle methods which lack scientific proof or evidence. Most people are reluctant to accept the possibility of rapid or instantaneous change as this seems too much like black magic or must be called miraculous. Miraculous has long been used to describe a desired change that is totally misunderstood but usually ascribed to some external agency such as a saint. Even though spirit influence is often a factor in such so-called miracles, humans are very reluctant to acknowledge their own involvement and influence. This will change.

The Richard Messages – Celestial Spirit Richard – 21 August 2012

Much of what AJ teaches has truth within it. He is not Jesus but has immersed himself deeply into his study to the extent where he firmly believes this. To be an effective teacher he does not need this claim. He is not the only Jesus on the planet at present. He is leading people in a desirable direction. However many who follow are setting (aside) their own powers of discernment and this is unfortunate.

His teaching regarding the expression of emotion and the development of disease is largely correct but there are other ways of resolving these issues. There is always an element of martyrdom in any teaching of the value of pain in progress. Does the intensifying of pain lead to its release and healing? Perhaps at times this is so. However there is no necessity in God's laws for the experiencing of pain as a means of redemption. This would reek of punishment and Our Father

does not punish. He does always allow the experiencing of the consequences of choices as a process of discovering other choices. This is the process of discernment.

The way you choose to live today can lead you through and past the consequences of yesterday's choices. There is no need to actively seek the pain of those choices. Your memories of the past are inaccurate and distorted at the best of times and even more so if you have judgments about them. When you are seeing your past experiences and the people of your past as the generators of today's pain you will always make judgments about them and about yourself. It is true that you have been treated in unloving ways by many whom you have trusted and have made many painful choices yourself. So be it. The results of these experiences don't have to be burdens carried for the rest of your life on Earth and into the continuation of your life in spirit. The process of your living now and in the future is one of stepping clear of these burdens in order to embrace the beauty and wonder of God's creation.

When you demand of yourself something that is beyond your present capacity you create much pain and an increased sense of failure. This sense of failure is due to feeling that you are not living to the expectations of others and ultimately of God. God does not have expectations of you. Other people do and have done for all of your life and this has created an unfortunate situation where it is rare for a person to feel confident and happy to be simply themselves without judgment or comparison with others. As you become more discerning you will be able to learn from the behaviour of other without judgment of them or yourself. You will learn to be what should never need to be taught. You will learn to be yourself as you were created to be. Is not that a wonderful prospect? Is it not a great sadness that this is not so now?

Continue taking a step at a time. Yes you will feel change some of which you will regard as disturbance and some as pleasure. The difference will become less certain as you welcome change and know the pleasure of releasing many old burdens and their consequences. You may know what caused the burdens and you may not and this is not important as your judgment as to the causative nature of some experiences may be very faulty.

The Richard Messages – Celestial Spirit Richard – 20 August 2012

There are no wonderful secrets that cannot be revealed. Unknown knowledge is not secret but simply undiscovered. This applies to all the possible knowledge of the universe. Our Father has created everything so that it can be discovered as one is able to comprehend it. All is available to be learned all the time but to present too much is pointless. Allow yourself to be as that proverbial little child with an open mind and an enthusiasm to learn. Be curious and attentive and patient at the same time. Do not try to step further than you may. Great matters are communicated in simple concepts and suitable steps. Allow information to come to you. You have been told that your central nervous system is like an antenna with the capacity to draw information from the limitless stores of the universe and this is so. If you think about it, this is exactly what you are doing right now. You are functioning as an antenna and allowing our communication to flow through you. Our mutual desire, yours and ours, is to develop this capacity in you primarily for your benefit and secondarily so that you can communicate the information you receive to others.

<p>Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.</p>
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WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

"Mother, Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Mother and Father, I want some more of your Love!



MoC 1,471

A Spiritual Journey

<http://us6.campaign-archive1.com/?u=7b572301eabd13f5075f1c9a0&id=76e3081d98&e=d0acb97ddc>

Memories.

Belgium. Received by WV.

February 11th, 2014

I am here, your friend Joseph.

I have come to share some information on memories.

When someone dies, the spirit memory becomes very vivid and alive. Since they do not have the gross physical body anymore, everything becomes very clear to them and they will see things as they really happened.

One of the reasons why memories on the physical level are not perceived in a clear way is because the memories have to be obtained from the spirit mind. The physical mind works like a filter, blocking out the parts you don't want to see whatever the reason.

So you see, what you are actually doing is channeling yourself or your own spirit mind. It is the same principle as you are now channeling my spirit mind. And as you have noticed, sometimes your channeling is very clear but sometimes it can be a bit blurry because you have too many things on your mind, blocking the communication between our spirit mind and your interpreting machine: "your physical mind".

So, there is nothing complex about it. It is all simple logic and it can be understood by the simplest mind. Thank you my dear friend for letting me deliver you this small message but I saw it would do you, and a lot of other people good to get some clarification about the subject.

Your friend, Joseph.

Werner Voets is the author of 'The Truth' www.lulu.com

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Recovering from Traumatic Memories.

Gavere (Belgium). Received by WV.

February 18th, 2014

I am here, Joseph.

I have come because of the questions you guys have concerning the memories of distressful events or traumas.

I'm sorry to tell you that people have indeed got to go through these traumas again **once they have reached a certain degree of spiritual development**. The only big difference is they don't have to relive it with every negative emotion attached to it. Some people do actually relive their trauma in a dreamlike state, as WV did, but remember that it is only for the purpose of healing the memory or trauma.

Healing can only be done by Love. So it is obvious that asking for protection and love from God, during the reliving of such a trauma, will cause His Love to flow into your soul. His Love will embrace you and fill your body with the warmth and healing you need. This way the reliving becomes detached from all negative emotions and the trauma will no longer exist in its original form but only as a memory without any negative feelings attached to it. This is one way to let go of traumas that occurred during your life; to use God's Love to do it.

Another way, is to confront the person who caused the trauma in your life. The prerequisite for this to work, is that the perpetrator must have had the insight he (she) needs to understand that what he did was not loving and is willing to undergo the emotions his victim has towards him, if necessary. Of course, as you can readily see, this way of healing will not take place much because of the almost impossible fact the perpetrator needs to have had some spiritual awakening so his love for his victim is strong enough to heal the damage he has done. But, it can happen.

The third possibility is that the traumatized person finds somebody who loves him (her) so unconditionally that he will receive the love that is needed **to heal the trauma**. As we have said in the beginning, only love is able to heal. Whether it is the Love of God or the love of man, is of no importance, as long as it is pure enough to look beyond the veil of flesh.

But no matter how the healing takes place, it can only take place when the victim feels safe enough and is ready to let go. Never can a healing (of a trauma) be

forced if the victim doesn't feel safe enough to relive or look back at the trauma that haunts his (her) consciousness or unconsciousness.

Memories should be void of emotion, which doesn't mean they cannot contain love. It is because we connect certain emotions to our memories that it will cling on to our spirit mind and cause unpleasant reactions. That is why the energy we call 'love' is needed to disconnect the emotions from a specific memory or trauma. I know you find this last part of my information a bit incomprehensible or strange, but it is true. Don't worry; you will get your head around it.

Love is a universal energy that resonates within every creation. **It is not an emotion**, which can be as volatile as acetone, it is an energy that permeates everything in the universe, that is present in everything and will exist forever. It is an energy, not created by man's mind (like an emotion) but intrinsic to the existence of the soul, whether it is natural or Divine Love. The soul is always the source of love. Love cannot be created by the mind, only emotions can. **And the soul cannot create emotions**, only the mind can. So you see how simple it actually is, as it is always. Truth is never hard to understand, you only have to be open to receive it and use your mind only to translate what we tell you, that is all.

I love you my dear friend and I know you can feel it. God bless your openness to receive. May His Light shine through you and light up this universe. I am your celestial friend, Joseph, father of Jesus.

This message addresses many things that have been puzzling. Firstly was obviously the issue of – **do you have to revisit these memories to be healed of their effect.**

The second and unasked question is the matter of **WHEN** this should happen. It's very clear there is a right time to do this, and that it needs some spiritual maturity. It's also obvious that this is not the first step along the spiritual growth path, as some suggest and teach.



**PASCAS
HEALTH**



WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by feeling into our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



Mind-Made Erroneous Emotions:

15 November 2013

Gavere, Belgium, Received by W.V.

Good evening. I am here, Paramahansa Yogananda.

Today I would like to tell you something about earthly emotions; grief, pain, anger, sorrow and so on.

First you should understand that emotions are things created. You are the creator of your own emotions. I know this might sound a bit strange or even hard to believe but nevertheless it is the truth. Every kind of emotion is a disruption of the harmony between mind and soul.

We, as children of the cosmos, are souls. Unfortunately throughout the centuries we have come to believe we are our own creations or are creations of our minds. Therein lays the biggest error of today's thinking. Freeing yourself from these errors is actually very simple. One only has to transcend oneself and one's earthly bonds. This may sound difficult to do or comprehend at this moment in time but let me assure you it is possible. Do not forget we are souls who are connected to the Source of Wisdom and Creation. It is with this soul that we can find any answer we are looking for; also the answer on how to transcend your mind.

So what do I mean when I say: "to transcend your emotions?" Let me try to explain it as clearly as I can. The transcending of our emotions will find its beginning in the realisation we are not who we physically are. Our physical existence is merely a representation of the existence of our soul. In other words, everything we create (or are) as a human being is being created by our soul in the first place. Unfortunately enough, not many people understand how this happens. But let me tell you the answer is most of the times, much easier and simpler than most people think.

If we are indeed the creators of our own thoughts and emotions, the answer is very simple indeed; do not create these emotions, these thoughts, anymore. Distract yourself from the thoughts that keep you from being the loving soul you truly are or want to be.

Love is indeed the answer to everything. This does not mean you have to accept everything others do or say. It is not because one reprimands another, because of his unloving words or deeds, one is not loving or in balance. Sometimes it is necessary to do so. There is however a difference in speaking (or reprimanding) with authority or angrily: the first is in balance, the second is not. What we as humans miss out on is the insight that our heart and soul gives us in our contemporary lives.

Try to be more conscious of the processes that trigger a certain emotion. Does this mean you have to know every little detail about why you have certain emotions? No, the primary focus is on observing yourself and that is less difficult than you'd think. Plant the intention in your soul by thinking about it. Say to yourself: "I want insight into why I create anger or fear. " This will create an awareness on those moments you become angry or fearful and help you to become an observer of yourself. It will help you to find out what the trigger beneath the emotion is.

The strange thing about this, is when you get this insight, the emotion will disappear. This is because you have subordinated your mind to your soul on that specific topic. So the more you try to do this, the more control you will give to your soul and all worries and emotions of the mind will disappear like snow to the sun.

Does this sound difficult or illogical? Eventually the truth is always much simpler than most people can imagine. I hope we have given you the tool you have asked for. This is something that even the simplest of souls can learn. It all depends upon the great gift God gave us; free will.

The beautiful Source doesn't want anything from us except our love. We are the ones who are responsible for the choices we make in our lives. So do everything you do out of love and you will see how fast and easy your life will change. Do not start thinking again: "It's easy for you to say," or "It's not that simple," because it is. You just need the necessary willpower, dedication and of course all the Love – Divine Love – you can get.

That is why it is so important to tune in to the Big Soul. Because, if you are willing to accept His Essence – Divine Love = in your soul, you will notice these things will become much easier and faster. You will gain insight not only into yourselves but also into the world and the whole cosmos around you. So you see there is still a lot to learn. You don't have to be afraid the learning will stop tomorrow, because it won't. I hope we have planted a seed that will help you to grow closer to the Source of all goodness, the Creator of all souls.

I am going to stop now. Thank you for your dedication. Thank you for your willingness to listen to us.

Your friend and brother, Paramahansa Yoganada.



Consider this: You don't need to "release" anything. You just stop creating emotions. They don't require release, because it is only required that you to STOP creating them. Yes you need to listen to when and why you create, so you can stop. But once the light of perception shines, you can stop. And praying for Divine Love will bring this perception. Once again, the key is to PRAY for the LOVE, that is, Divine Love.

“Mother and Father, open my soul to this Gift, Your Love. Open my soul and may Your Holy Spirit touch my soul and pour within it your essence, your Love that I may be transformed, that I might be your true child, embraced and carried, lit along my life’s path in the glory of your Light and care and protection.”

Jesus 11 May 2016

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

NATURAL LOVE or HUMANITY’S ERRONEOUS ENDOWED EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity’s erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child’s soul. When the child reaches about the age of 7, the child’s soul condition will reflect the parent’s condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Mind-made	dis-empowering	emotions:	↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

51 Emotions

20 February 2014

Good afternoon my dear friends. We have been discussing issues regarding emotions and there are, as with most things, conflicting views. We know that emotions are actively expressed and experienced in the spirit body and physical body and I wonder about the involvement of the soul in this. Are the emotions elements of the soul? Is the soul affected by the expression and repression of the emotions? Do emotional injuries block the entry of Divine Love into the soul? I could ask many questions but the sum of all of them is a request for more information on the soul and its relationship with our structure and function in carnate life and going on to spirit life.

Good afternoon my dear brother and friend. Your curiosity is a worthy feature of your personality. In your considerations you tend to equate soul structure as being an image of The Source, God. In many respects this is so as man is said to be created God's image and this also is so. However, man is a creation by the Creator and an image of the Creator is not the Creator. Even when you consider that it is possible for the individual to progress to the stage of attaining soul oneness with the Creator, you must realise that this is a state of harmony so close that it seems to be oneness but does not mean that the soul and its Creator are one and the same. The soul is born with a massive amount of potential and it is the realising of this potential that releases and displays the soul as it is. Soul progression continues well beyond the point of what is called Oneness with God. If the soul were identical with its Creator this would not occur. Does the soul ever fuse as one with its Creator? I know of no spirit who knows the answer to this question. To the best of our knowledge our progress is eternal.

However, the soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body and the pre-existent soul. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of an individual.

Emotions are not an exclusive attribute of humans as it is easy to observe that animals are well able to feel and express emotion. Their capacity to do this varies a lot dependent on the nature of the animal and their level of evolution. Another factor here is that many animals display their emotions in ways that are recognised by their own species and not so well or not at all by humans. This will indicate to you that emotions are not solely related to a soul as animals do not have a soul as does a human. Their relationship to spirit is quite different and I will not go into that here.

The soul contains all of the elements that makes a human a human. Therefore it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person it is capable as being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows and is profoundly influenced by the relationship with the closely attending persons be they parents or others. The small child learns a lot by following and aping what is done by

other children and adults so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is 'right' or 'wrong' in its immediate environment so there develops a great variety of emotional expression and repression.

In all of this it is very hard to describe the association of the two bodies and the soul. The spirit body and the soul are inextricably joined and remain so during existence. While the soul is incarnate, the spirit body and physical body act as though inextricably entwined although this is not truly so. The spirit body and soul are always a virtual single unit which then extends this function to include the physical body.

The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed to some degree at least by any limitations of physical and mental structure although these are not, of themselves, absolute in their effect. By that I mean that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human who might appear to be greatly hampered by their human heritage is capable of great soul development while on Earth. There is great individuality in this as in all things human.

Emotions are elements of expressive colouring of a living experience and are, in common with all human attributes, capable of great and wonderful refinement. Every human attribute is capable of artistic development and expression. Emotions colour and shape all artistic development whatever its nature. Every single human activity is capable of being developed and expressed artistically. There is colour and movement in all emotional expression however it is made.

Emotions can be mastered by virtue of developing one's capacity to express them congruently and truly. The truth of human mastery is really only in the process of being discovered. Mastery lays in the achievement of the balanced and harmonious expression of a human by him or her self. Most human mastery is considered to lie in a person's capacity to perform some activity to a very high degree and while this is wonderful in itself it is limited as many masters are actually quite limited in their overall human expression. I am not being derogatory in saying this as these masters are pointing the way to the rest of humanity. Unfortunately, they are often seen as providing an unattainable example.

The true mastery I speak of is the mastery of oneself that allows anyone to be as fully oneself as it is possible to be without reference to anyone else. This is the direction of human evolution in the context of each one's life.

Now, I may seem to have digressed from our beginning but I felt it necessary to lay some groundwork. You must be used to this by now as I am always loath to build any structure without a solid basis. The desire of the soul is that this personal evolution takes place and its potential is directed towards that. The soul desires its full expression and this is represented by the full and complete expression of the personality which develops around it. This evolution has its beginnings in the carnate phase of living and continues then for the rest of existence. There are wonderful reasons for earthly life and these are not to be ignored or neglected. You are not on Earth simply to discover that further wonders await you

in the Spirit World. The Source, God is economical in creation and does not make things for no purpose at all. Everything in your experience is important.

Emotions may be considered to be shaping and colouring tools which are essential in the palette of the spiritual artist. They provide the potential for infinite shades of expression and meaning of this expression. They shape individuality and personality in combination with every other attribute of a human. They provide the potential for absolutely exquisite shaping and directing. As with every other aspect of human living there is much to learn about these wonderful qualities and their uses.

It is often said that there are only two basic emotions and that these are love and fear. This is quite incorrect for several reasons. The first is that love is not an emotion but may be emotionally expressed. The second is that fear in itself is not an emotion but also the expression of sense of separation from The Source, God. The feeling of love may be said to arise when one feels a harmony with self or others which is actually a feeling of harmony with The Source, God. All of the human emotions are really shades and intensities of this sense of harmony or disharmony. Fear arises in the identification with the physical structure that lives and dies with no future at all. It is an expression of the dreadfulness of this condition and is a sense of greater separation from The Source, God. There are many shades of emotional expression and the blending of several emotions together. In some respects this is an oversimplification but is an understandable concept.

Whether a potential of the soul is expressed or not has no direct effect on the soul itself. The soul is not tainted by errors of living nor is it exalted by the successes of living. It is simply less or more visible to those who have the capacity to perceive. From the perspective of the soul it has less or more sense of fulfilment.

Whereas the emotions provide great degrees of shaping, colour and depth they are also the elements that provide precision of feedback to the human who is developing their personality. This is precisely similar to an artist who gains feedback of their performances or work from their perception of their own work perhaps modified by the perceptions of others. The awareness of an individual is an expression of the level of their personal artistic development. The greater the awareness and sensitivity, the greater the value of the feedback. There is unlimited potential for subtlety and refinement in personality development. Remember that I am speaking of the total and ongoing development of a soul's potential in its progress. The potential is not the soul but its capacity for expression and fulfilment.

The emotions may be considered to be the light of the bodies, spirit and physical, and their influence greatly determines the subtle appearance of a being. The visible aura of a being (visible that is to one who has that perceptual capacity) is a display of the developed potential of a soul coloured by the emotional state of that being. This includes the state of physical, mental and spiritual health. When a soul is said to be dark and shrivelled, it is actually hidden behind a dark screen of auric emanation that includes all of the above mentioned elements. Its potential is undiminished even though its expression is severely hampered. Obviously this situation is able to be remedied by the developmental progress that clears this darkness.

The capacity to influence the emotions lies within the soul along with all its other potential. The memories of all of life's experiences which are coloured and shaded by emotion is carried in the physical and spirit bodies and minds but not in the soul itself. The soul retains a purity that cannot be

sullied or destroyed. Its potential remains even if a being has spent aeons in the dark realms and is considered as a lost soul. No soul is ever lost. No soul is ever damned to eternal perdition.

You may ask if we (in the Celestial Realms) have emotion and I will answer that we indeed do. Emotion as we experience it is rather different than yours. In ways it is much more restricted in that there are many of what are considered the normal human emotions that we never feel such as anger, jealousy, resentment or sadness. However we do experience the most wonderful subtlety and shades of colour of the emotions we do feel. Essentially all of our emotion is based on joy so that we experience a range of joyful feelings that are inconceivable to you. This is in no way an expression of any failure on your part but merely a foreshadowing of your potential. This is not something to hanker for now in your lives. Seek instead any small moment of joy that comes your way wherever you find it. The most mundane of earthly experience may be coloured with awareness and attention and the recognition of possibility.

The capacity to deal with emotion in positive and growing ways is reflected in spiritual progress. Remember always that harmony is the bench mark and the key and this always begins with the individual. Individuals may find their most profound early experiences of harmony in shared activities with others and may then learn to extend this capacity to individual experience without such need for external stimuli. However harmony is found is perfectly fine and however it is developed is very much an individual preference.

So as we progress, emotion does not fall away but it loses its roughness and harshness to become smoother but perhaps no less intense. Some emotional experience becomes even more intense during spiritual progress. The ongoing progress leads to the development of a range of beautifully subtle expression which becomes a major element of our communication with each other and with you. There is possible a sweet intensity that is indescribable but which you will enjoy.

I wish in this writing to extend the concept of individual mastery of oneself. This means learning to live well and in harmony with everything that goes to form a human life in the approach to The Source, God. I stress that this mastery and harmony is, by necessity, all encompassing. As with all learning it is necessary to play with emotion as children do in their games. There is a great tendency to believe that each one is controlled by their emotions and this is limiting. Your emotion is your own however you think you acquired it. Own it and learn to love it as it is part of your shaping and your individuality. You and your soul are one and learning this does simplify living as you, as an individual, gain a lot of control that you may have lacked. You align much more closely to the Creator and lose much of the sense of being created or directed by forces outside your control.

There is much more to say about this but I felt a desire to say these things now. We are building, ever building. Remember that nothing you believe or think that you know is absolute. You are growing and learning. There is no haste.

I am your Celestial Brother
Richard

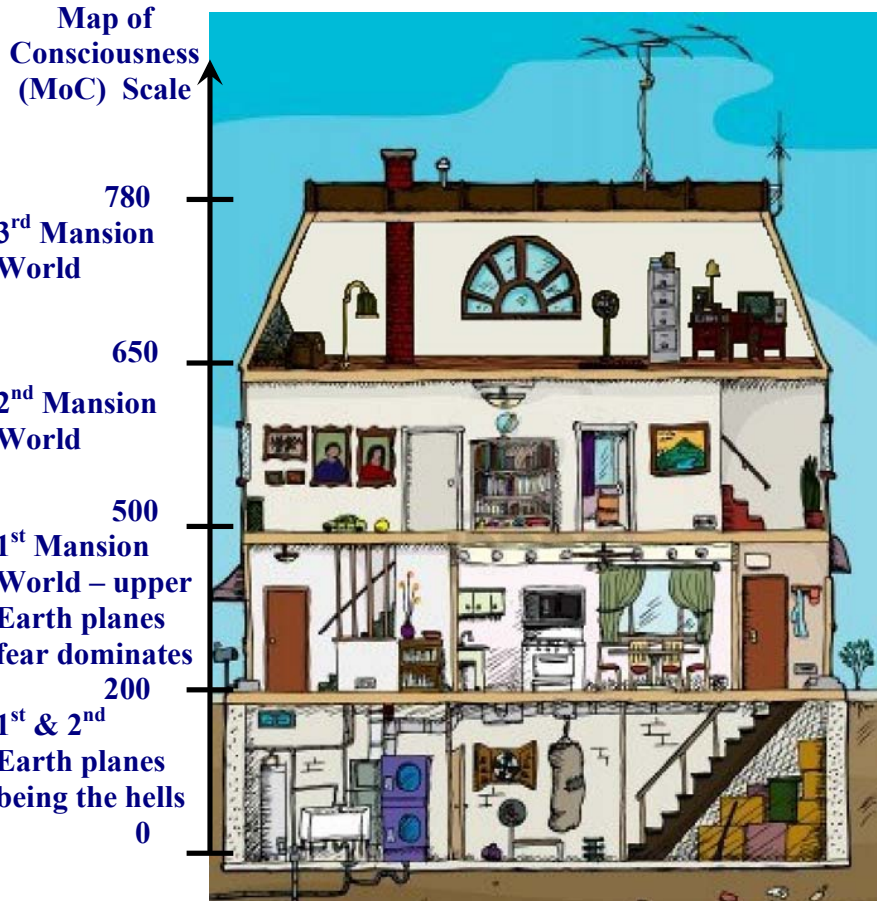
Golden Rule: That one must always honour another's will as one honours one's own.

EMOTION HOUSE CLEANING:

We are emotional beings, a mixture of loving emotions and unloving toxic emotions.

Toxic blocked emotions such as shame, guilt, apathy, grief, fear, unloving desires, anger, and pride, are ultimately physically very damaging. Should these issues not be released they can also assign us to the hells. You can envisage these as being within your untidy basement, each step in the stairs being one of these emotions.

Praying for God’s Divine Love and embracing Feeling Healing will commence to tidy up your basement and bring you into a higher soul condition as well as better physical health.



Continue on with your Feeling Healing and the addressing of your emotional issues while always asking for and receiving Divine Love. This will bring brilliance and lustre to your first floor of your dwelling, now that the basement is clear.

It is far easier to progress up these stairs with the aid of receiving more and more Divine Love than try on your own.

Through your Feeling Healing, as you express your repressed feelings, the emotion of them lessens as you come to understand the truth of why you’re feeling them. And this progressively happens up through the Healing Mansion Worlds until you’ve brought to light all that adversely affected you through your childhood.

And once all the untruth of your childhood is seen, your soul will change into being true and perfect, full of the light of Celestial beauty.



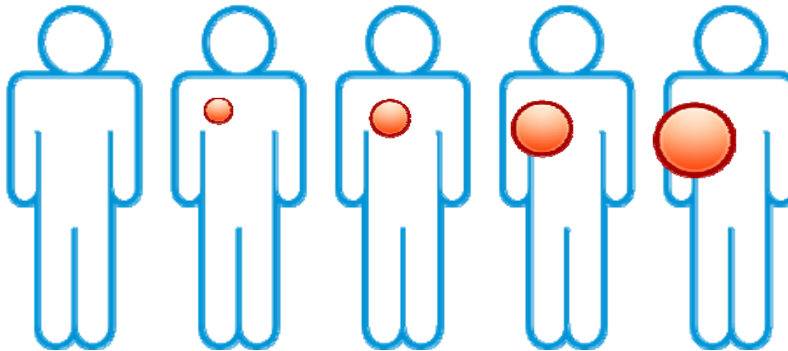
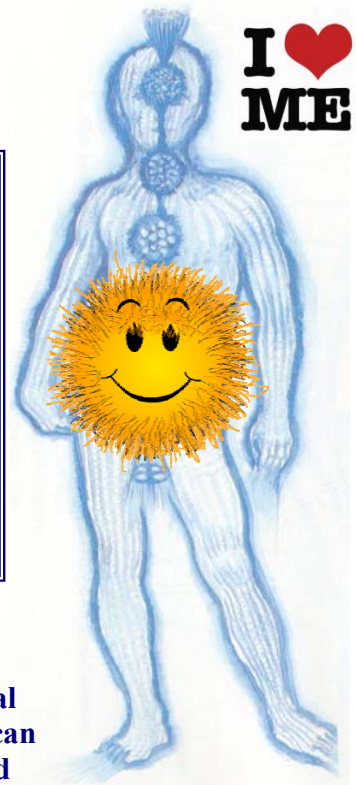
LOVING and UNLOVING EMOTIONS:

They are plasmatic balls of energy.
Loving emotions are life enhancing.
Unloving emotions are life retarding.

*Thoughts
become
Things.....*



*Emotions are
Things.....*



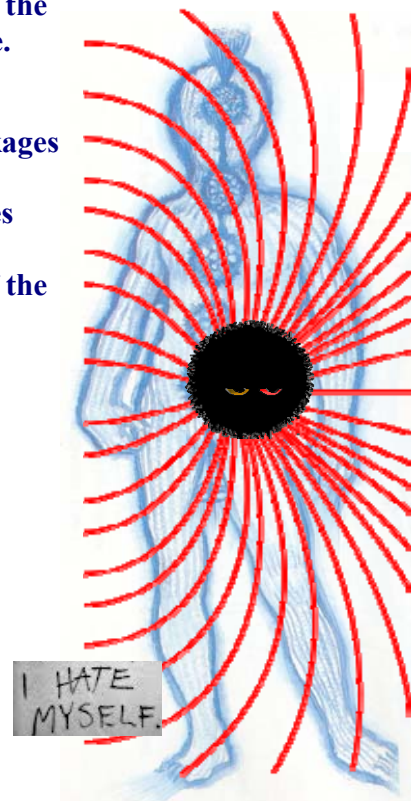
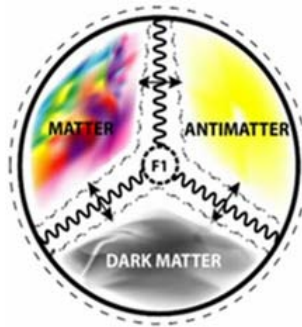
Emotional damage can fester and grow should you persist with the issue.

Negative emotions, that are those that calibrate 200 or under on David Hawkins' Map of Consciousness, create energy flow blockages within your meridians that are within your spirit body / etheric body. In the physical, these energy blockages / emotional injuries emerge to disrupt the flow of energy along your nervous system creating mayhem, pain, and ultimately illness. The frequency of the emotional injuries generally relates to the frequencies of specific organs in your body, that is why various emotional injuries are related to various illnesses.

The emotional injuries can be readily removed – permanently.

PLASMA:

Antimatter / principal matter is the life giving energy source.
Dark matter / transitional matter restricts the flow of light.
Matter is the concentration of these energies resulting in physical matter.
Plasma is the building block of all.



The SOURCE of EMOTIONS:

March 14th, 2013

Received by AF.

A recent discussion about emotions and thoughts centred on which comes first. Does one have a thought, and then create an emotion, or does the emotion itself give rise to thoughts? On a suggestion that emotions were of the mind, a quote from a message delivered by Judas on May 8th, 2002 was offered for consideration:

“The human soul has been described on several occasions by diverse spirits. Jesus explains that the soul is a creation of God, a separate and different entity, and is not an emanation from the Supreme Being, as some religions teach. The Master also explains that the soul is the seat of “spiritual emotions”, using the word “emotions”, because the soul does not “think” as the mind thinks. The intelligent activity of the soul develops on the spiritual level, and not on the level of reason. Therefore, it escapes description, in the same way as the emotions of the animal nature elude the intent of articulating them into words. Words are the shapes and structures of the “material” mind, to which emotions add colour and life.”

As this medium was typing his response to the various posts, this happened:

As I write this I am being overshadowed by an angel who wishes to say that anger is a product of a distorted mind but other emotions such as joy, laughter, sadness and love come from the soul. Geoff was right in his assertion that he does not truly understand the workings of the soul and neither do most mortals. The soul does operate from a different set of laws that are misunderstood by the mortal mind. Emotions which arise from a soul are actually felt differently from that place and once interpreted by the mortal mind are expressed differently. As one progresses with the inflowing of the Love (Divine Love), the difference will become clear. There will be no confusion or wish to deny one emotion while accepting another. All are part and parcel of the mortal. Angels feel emotions differently but they still exist within their souls as the Creator has gifted his precious children with many attributes that may be transformed and will come into perfect harmony and balance with the workings of the Divine Love. You will all come to see this issue with greater clarity as you progress in the Love. Give thanks to God for creating such a beautiful creature as yourselves that is capable of deep and abiding feelings and love.

As for the thoughts and their relationship with emotion. They are not preceded one or the other but work in tandem in regards to the soul. And these thoughts are simple, clear and without error in the redeemed soul as are the accompanying emotions. Both in harmony and expressed in tandem. The overriding feeling is higher Love that pervades all aspects of the redeemed soul. As I have said, there is a great harmony and balance created here by the blessing of God's great Love.

I am Judas, God bless you and we are pleased that you delve into such matters with deep interest and willingness to share and to learn. We will attempt to answer these questions as this instrument is in condition to do so. Do not stop questioning as this is one more avenue to soul growth. Knowledge brings you strength. Love brings you peace and joy. Together, these make a beautiful and effective channel for God's Love and Truth. I love you as do so many. God bless you.

PLASMA and YOUR WELLBEING:

Loving emotions attract principal matter / anti-matter to your soul as you grow in love.



Soul



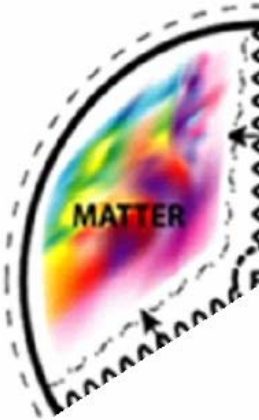
Spirit Body

Loving emotions enhance your life's experiences.

Your soul blossoms and your spirit state is one of beauty.



This way or that way?



Matter aspect of plasma is the energy that you recognise as your physical body. The energy lines of your bodies are enhanced with loving emotions. Negative emotions impede the flow of energy through your bodies and this brings about difficulties and illness. Love is the greatest energy that you can bring to your soul, spirit body, and physical body.

Attracting Antimatter Plasma results in a far healthier and loving life than by from attracting Dark Matter Plasma.

Unloving emotions cause the soul to loose radiance and to contract in size. Your spirit state experiences are devoid of happiness.


Unloving, negative emotions retard the growth of your soul and your life experiences are generally difficult in all aspects of your living.



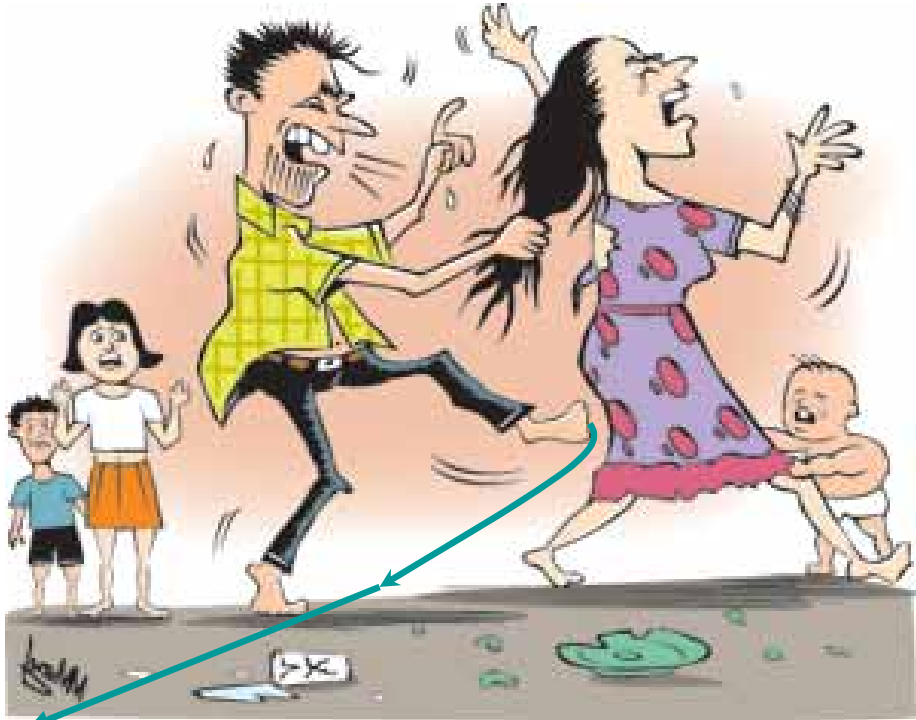
Encrusted Soul



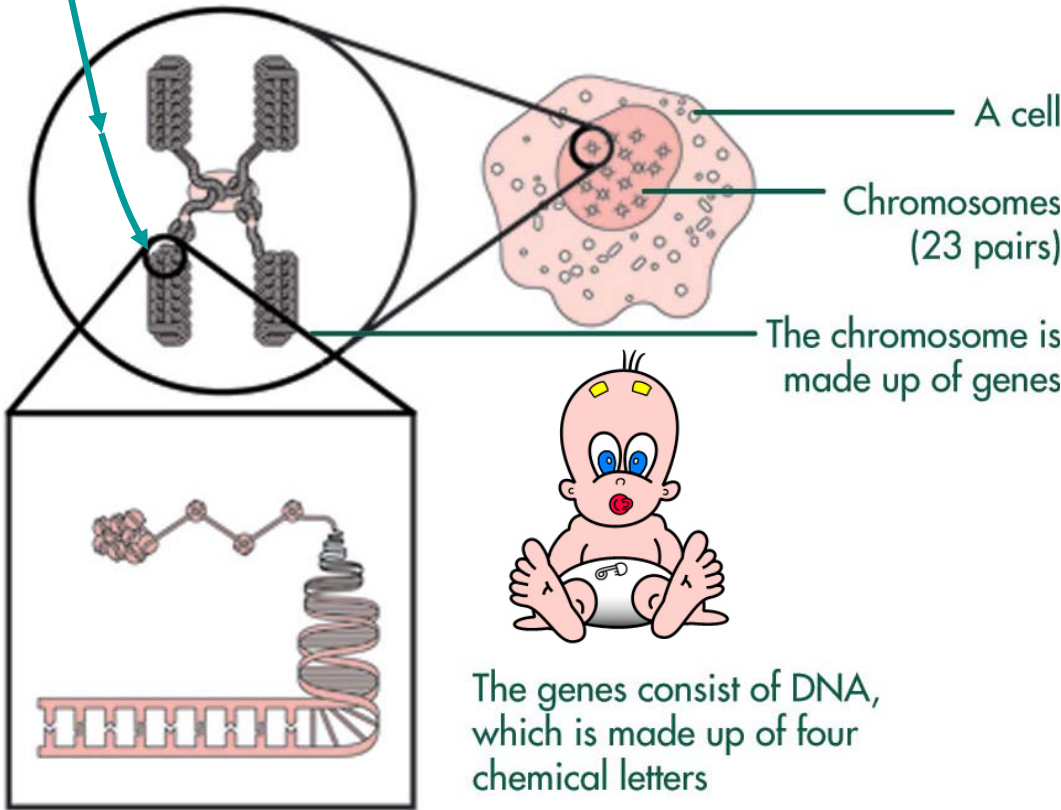
Spirit Body

A soul's condition is never frozen. No matter what condition one's soul is in, from there it can grow in love. From the poorest state it can grown to 





Emotional injuries and errors that parents hold are readily absorbed by their children, these emotional issues can negatively affect the genes of their children. Similarly, should the parents resolve these negative emotions / errors then the corresponding repair can appear within the children's emotional structure and physical state including their genes.



EVERYTHING is APPARENT for all to SEE and KNOW within the SPIRIT WORLD:

Your true self is reflected through your spirit body for everyone to see. The façade of the physical body is dropped. Your dark emotions are no longer masked. Dark matter / energy that accompanies negative mind-made emotions become visible through the spirit body. Fearful dark emotions do not allow the light of loving emotions to penetrate through the darkness. Only by feeling into and addressing these dark emotions does that enable the light to emerge. There is another way. You could also say, an additional way. Praying for, asking for, and receiving Divine Love. Slowly, but surely, Feeling Healing with Divine Love will dissolve these negative events of one's light, the memories will fade, and your growth in Love will proceed.



Me, before looking in the mirror.



Sad, Afraid, Ashamed, Sexual Guilt.



Your appearance in the spirit world, your spirit face, shows all your real features and reflects your soul condition for all to see.



In the spirit world, there are rejoicing cheer squads when you make a choice that enhances your soul condition.



Here on Earth we can degrade our condition quite rapidly.

You can degrade your condition in the spirit world as well.

If you arrive in the spirit world in a space where you are angry and resentful towards others, and all of a sudden you have carte blanche to do something to some body on earth who they do not know about. You are going to be highly driven to harm that person on earth and do what ever is at your disposal to harm them. Obviously, that will degrade your condition even further. There is a whole group of spirits in the spirit world who still as yet who have not stopped their evil acts.



Looking in the mirror in the spirit world will reveal your real condition.

UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

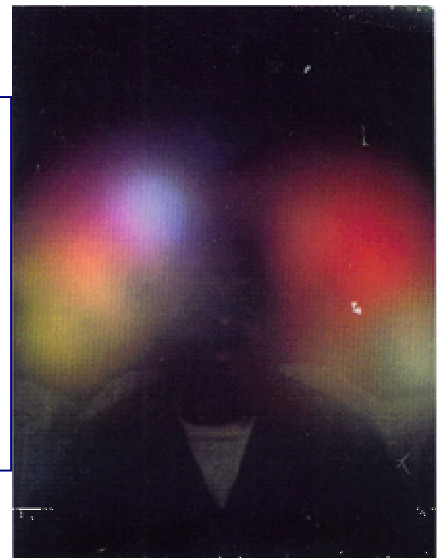
LOVING PERSONALITY

Spirit body mind is clear of negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.

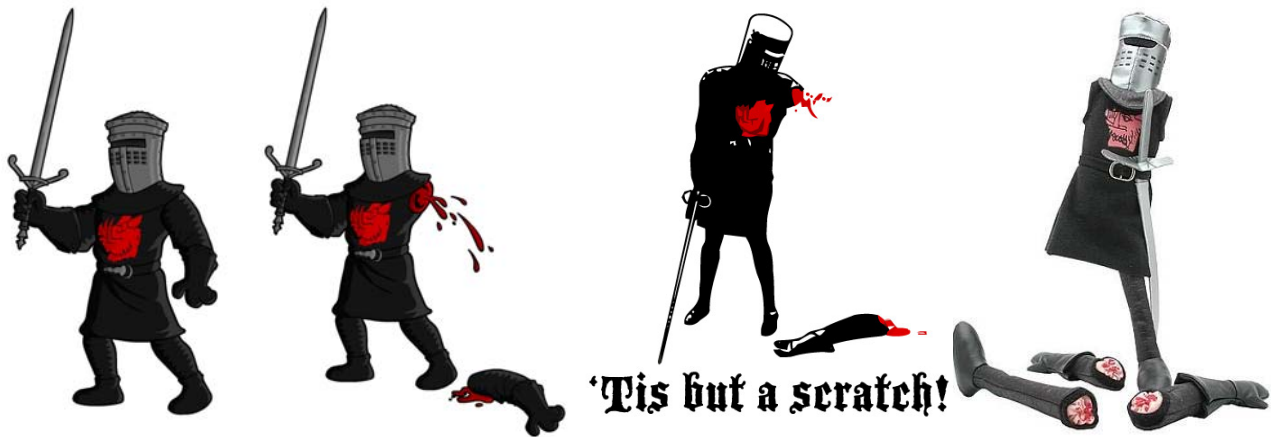


POOR SOUL CONDITION is DARKNESS:

People and spirits can persist for a long time in a dark condition of 'hell' as determined by their poor state of mind. And it can take a lot of hard personal growth and work on themselves to change that state of mind into being more loving; or, one can do one's Feeling Healing with God's Divine Love, thereby coming to understand why one is of such a dark state and eventually fully healing themselves of it.




MONTY PYTHON and the HOLY GRAIL – BLACK KNIGHT:



When one's soul is plagued with vindictiveness, evilness, guilt, blame and destruction, or plummeted to even lower levels of being despising, miserable, shameful, humiliated and seeking elimination, there is no illumination within the soul at all. It is a being in a state of total darkness, in the depth of all the hells.

IT'S JUST A FLESH WOUND!

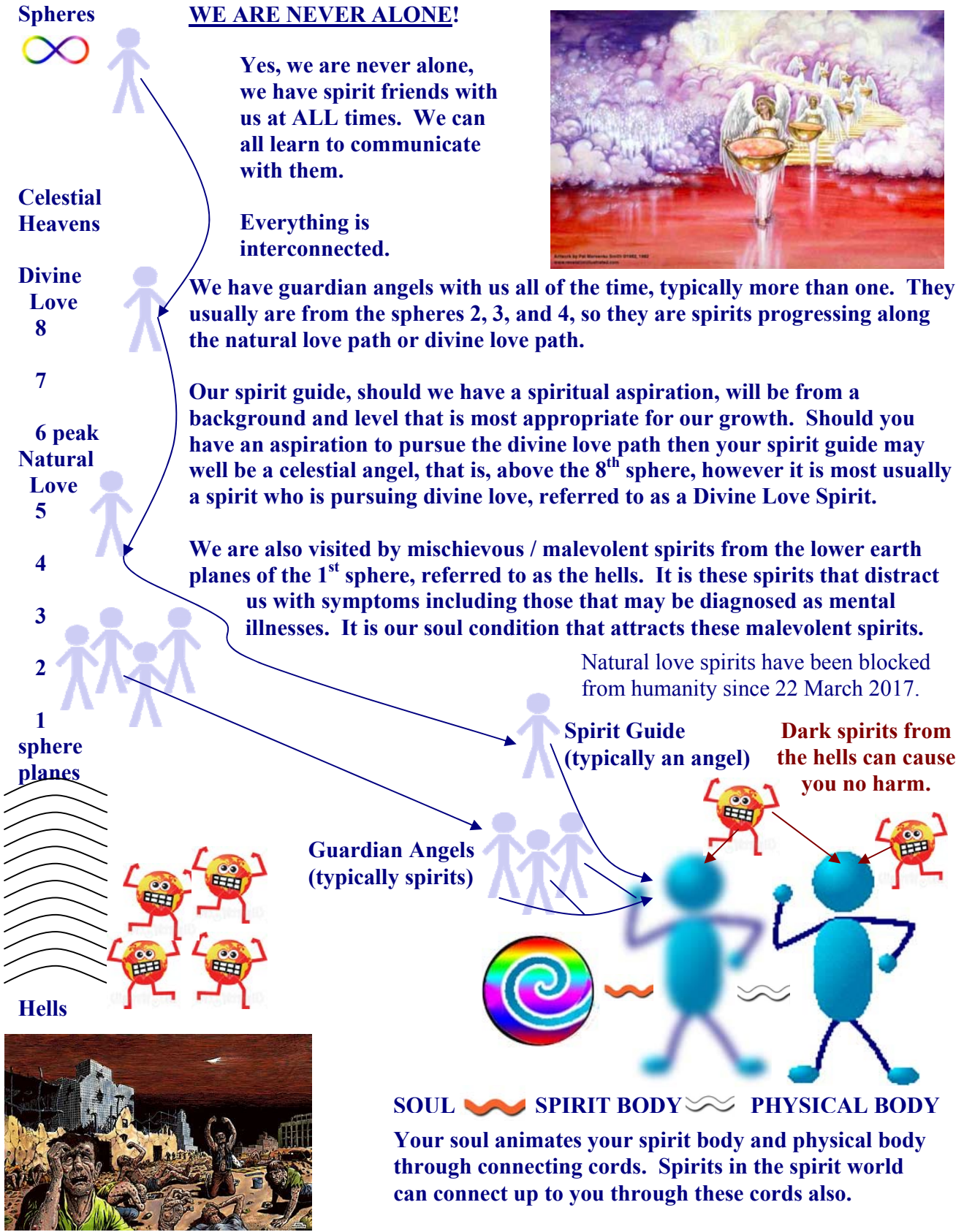
The soul has now collapsed to the size of a dried up pea, or prune!  The capabilities of the soul of keeping the spirit body in tact are stretched to its full capacity. The soul frequently has to draw the spirit body back together, that is, enable the spirit body to go fetch its limbs and re-attach them!



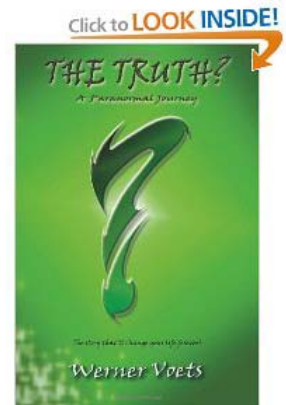
The environment is one of total darkness and despair. However, we can all recover from this position and grow in love and progress to the Celestial Heavens. There is no position from which we cannot recover from. For you see, we are truly invincible!

No soul has ever been separated from its spirit body. No matter how low our soul condition may fall, we can, and all of us will, be assisted and loved and helped to grow in love and light and progress to realms of beauty and grace that will be our destiny. By engaging in Feeling Healing and asking for and receiving Divine Love, this happiness will be ours much sooner than we can imagine.





The Truth? A paranormal journey: The story that'll change your life forever!
by Werner Voets



I am here, Jesus.

I have come to tell you about “the judgement”.

The word “judgment” can have many meanings in the opinions and the understanding of different people, depending on their religious, philosophical or scientific convictions.

Those with and ultra-orthodox conviction, e.g., will conceive of this as a literal “judgment” by God Himself, irrespective of His Laws. In this perception, God Himself is the “Judge” who casts an individual verdict on every person, based upon the service record of that person. The outcome of the judgment is that the person is either sent to eternal bliss, or to eternal condemnation in hell.

Others, who are not orthodox and who believe in the survival of the soul and its memories, teach that judgment is a natural result of the Law of Cause and Effect. The effects of one’s actions cannot be escaped until such time when one realizes the effects have run their course and cease to exist. They do not believe that God Personally intervenes to cast a verdict.

Apart from these convictions there are others, but these two are the most important. They suffice to indicate what the majority of people conceive of when they think of the term “judgment” as it appears in the scriptures.

Well, the judgment of a soul is an important event in a person’s life. For that reason there is nothing more important to focus upon than the soul. It is a fact that this judgement is inevitable, irrespective of what one believes.

Neither philosophical or theological dogma, nor any scientific prescript can change this fact, because it is the result of the effects of numerous laws.

The judgment is not exclusively reserved for life after death. It also applies – and is also present – as soon as an individual incarnates in a body and until that individual dies.

In other words, it applies constantly, until all effects have run their course and there is nothing left to judge.

Somebody’s happiness depends on the degree to which they live in harmony with the existing laws. These laws also apply to Earth. A person will always have to bear the consequences of that which he has caused. The judgment in life after death is therefore only a continuation of the judgment of somebody’s actions on Earth.

This judgment – and this something that is unknown to many people – often only becomes very intense from the moment somebody becomes a spirit. Because of this, man must try to understand that the

effects in the life after death will be far more intense than the consequences one suffers during life on Earth.

After death, the consequences of any disharmony of a soul become far more outspoken. They then manifest in their true shape and force. As a result the consequences are better understood and more intense. And that is why man suffers more. He gets to see the real darkness that was created by them. These disharmonies manifest before him in their full reality, which cannot be hidden, and the laws will attribute the proper consequence to each action or cause.

Man is his own record keeper. His memory contains all thoughts and actions of his entire life on Earth. Hence, the judgment is not an event on a specific day or moment. It is an ongoing process that continues as long as there are actions which can cause consequences, and to which the laws apply. It will only disappear when the causes of the disharmony disappear.

There is no special punishment. The Law of Compensation applies to everybody in the same way. When the facts which cause a certain effect are the same, then the consequences or “punishment” one endures will also be the same, irrespective of who the perpetrator is. This confirms that nobody can escape the consequences of his actions, and that his own conscience and memories will remind him of them.

When a spirit has just entered the spirit world he does not necessarily immediately start feeling the torment of these memories. That is the reason why at séances one often hears that family and friends who have recently departed are doing fine.

Yet, after a while the soul awakens and one’s memory starts recalling. That is when the consequences will manifest until the horrible memories themselves cease to exist. Some spirits can spend years in the spirit world before this deliverance finally happens, where others receive it much faster.

The main cause of release of these terrible memories is love – natural love. This love contains many qualities, such as regret, remorse and the desire to right the wrongs.

As long as somebody’s natural love does not reawaken, these feelings will not come to him. Nobody can experience regret or remorse as long as he doesn’t open his heart and soul to this love, no matter how small the amount. Sometimes the individual does not understand where these feelings are coming from, but it is the result of love anyhow.

Nobody can escape the judgment, unless he lives in harmony with all laws. “As a man sows he shall reap” is a Truth just as it is a fact that the sun rises for both the just and the unjust.

The memory is where good and bad deeds and thoughts are recorded. It does not disappear when the physical body dies. On the contrary, it comes back fully to life, and nothing is left behind or forgotten when the physical body is left behind.

The judgment is real and everybody will have to face it. Belief, disbelief or apathy won’t help a person to avoid the application of the law.

But there is a Way that can be followed, which turns suffering into joy, disharmony into harmony, death into life and the judgment from something that must be feared into something to look forward to.

I have already told you much about this Way, so there is no need for me to elaborate. I will leave you with my love, and wish you a good night.

Your brother and friend, Jesus.

God's Divine Love: Pray for it, ask for it, and receive it.

Dark spirits, being those with poor soul conditions, are shrivelled up and with little energy to express their bad attitudes. The Law of Non-Interference prevents them from causing harm to other spirit people or to people in physical bodies. They are isolated within the dark Spheres of Disharmony.



**Feeling
Healing with
Divine Love is
the key!**



**PAS
PERS**

Our soul condition before incarnation is of a pure state.

Over time our soul is degraded down to a 1st sphere condition. There are thousands of layers in the 1st sphere, as there are in all spheres.

You could look at each layer as being a lesson in love. You could look at them as layers within that dimensional existence.

You could look it as if a person was living in a lower 3rd sphere condition, that person would find it uncomfortable to live in a higher 3rd sphere condition whilst being in that lower soul condition in the same dimension. The reason why is that they have not learnt certain lessons of love yet, and they feel a bit uncomfortable with those lessons because they have not let them enter them.

Soul condition in the individual, causes like conditions to congregate.

The highest condition within the 1st sphere looks like the prettiest place here on Earth. The lowest place within the 1st sphere is unimaginable for the majority of us, due to its squaller, degradation and pain. That is why many spirits call it the hells, because it is hellish, not fiery hellish, but in terms of the emotional conditions of everyone who lives in them.

That is the gradient of love within one sphere within one dimension. Then a similar gradient in each other dimension, but above the 1st sphere. They are all like that. Each sphere has many messages and lessons of love to learn, not just one lesson in love.

They can do it a slow way by learning the lessons one at time by natural love, or they can do it a very rapid way by receiving Divine Love. Either way, they have to learn the lesson.

Here on Earth we can learn the lessons of love from any sphere. My surrounding may be 1st sphere in nature, I could be in a condition of 3rd or 4th sphere and I could be learning lessons from the 8th sphere while I am in the 4th sphere. That is highly unusual in the spirit world because you usually learn according to your environment.

The Earth has a lot of advantages in terms of what you learn.

Not trusting yourself from what you feel comes from a lack of love of self, but it also often comes from our childhood where we had some mediumistic experiences, we told mummy or daddy about the mediumistic experiences, and they told you that it was a bunch of lies or you were trying to make it up, and that causes an emotion to enter us, and before we know it, we are not trusting ourselves any more. And the key is to work yourself through it emotionally.

When you trust yourself emotionally, and enter this communication with God, what will happen is that over a period of time, every single question that you could ask will get answered. The answers will come from God directly to you.

But it takes time because every emotion that is within us unhealed prevents us from, either, asking the question, listening to the answer or doing something about the answer at the emotional level.

When you disconnect from your physical body, the experience is more vivid, you are now using your spirit body senses, not your physical body senses. Your spirit body has eyes, your spirit body has a brain, your spirit body has ears, your spirit body has a mouth, every sense you have in the physical, your spirit body has, and additional ones on top of that. What you are having is all your sensory input to your soul via your spirit body. That is why it is so real, because it is actually a real thing. You are doing this really but in your spirit body form, not your physical body form. You can see everything in the spirit form as well as the physical world that your soul condition will allow you to access.

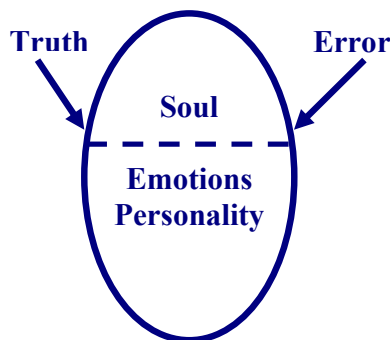
For some people it is a very scary experience because their soul condition is afraid or they have different fears that they are yet to resolve at the soul level, so they have a very scary experience. For others who are less afraid, and they feel more feeling, no fear, a more pleasant experience.

The only time you leave your physical body permanently is when your silver cord is cut.

The majority of people who pass and are not in a dark condition, never consider coming back to earth.

29 Jul 2009

The key is to start to allow yourself to start feeling what is going on with inside of yourself on this path in particular. The Divine Love Path is all about connecting with God and allowing yourself to feel all you emotions no matter what they are and stop judging them. The biggest block, with regard to our emotions, is that we have a layer of judgements about our emotions. I am not allowed to feel that because of While we have all of those 'not allowed to because' we are shutting down the emotional expression. The key is to understand that God does not judge any of your emotions like that. God just wants you to feel them, and if they are in error they will be released by the feeling of them. If they are in truth, they will be enhanced by the feeling of them. The key is to allow yourself to feel them whether they be error based or truth based. Feeling them is going to have a positive effect on your life. If you are judging them before you are feeling them, then you block of that entire process.



WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Council of Elders
now around 20
Soulgroups



Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7th world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

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The 1st and 2nd Spirit mind Mansion Worlds are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Nanna Beth

Sunday, 18 June 2017

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Emotions, all emotions, both good and bad, consider feeling and releasing them by expressing / talking about them, and releasing them as and when they arise. Notice the sensations in your body, ask yourself three questions: What is this really about? Where is this coming from? And what's underneath this? Long for the truth of what these feelings are trying to tell you about them selves. Yes, there is always more behind the feeling experience; it will go back all the way to one's childhood experiences – eventually. Always talk about the emotional feeling, talk it out.

Expressing – talking about – these emotional feelings to a friend is what releases them from within your persona. This is all about bringing the real you into the forefront, not the contrived you that our parents unknowingly imposed upon each and every one of us. This is about discovering our full and wonderful real self, who we were created as, our unique individuality. This is about liberation of one's self and the discovery of who we each truly are. To do this, we have much to peel off of our persona. The completion of this difficult discovery process is the bringing about of a wondrous reality and freedom of expression, to live true to ourselves and to be free of pain. We are to live true to our feelings.

God is Two Personalities who are One Great Soul, that is, one soul that is both our Parents – our Mother and Father; Our Heavenly Mother and Heavenly Father being the ultimate Soul-Mates, and you can relate to God as your Mother and Father, and it's a wonderful feeling to experience.

The aim of doing your feeling-healing is to get you into a positive and perfect mind and will state, that is, to perfect one's natural or self-love. And one can do it with or without God's help. If you choose to do it without, then one day having achieved this goal a new longing will come to you, a longing to go further, deeper, to move beyond the limitations of one's natural love, and to satisfy this longing you will need God's help and love (the Divine Love), but you'll know you are ready for it. You will feel it's time, and you will start to long to know God. It's the next logical step to get to know personally the Two who created you, your soul, being your Soul-Parents.

You will have spent all this healing time sorting out your relationship with your own mortal parents, finding out what is wrong in your relationship with them and fixing it, all the while sorting out your relationship with yourself. And having once got it all sorted, then you will be free and ready to move onto dealing with what will become (along with your relationship with your soul-mate) the biggest and most important relationship in your life.

If you feel you are ready to ask God into your life (and currently and including the next forth-coming spiritual age, you can do this anytime, not just once you've finished your feeling-healing; or if you already have God in your life, be prepared for your relationship with Him (or Them to change), then you can begin to long directly to God, your Mother and Father, for Their Divine Love. Long with all your heart for Them to fill your soul with Their Love.

Feeling bad will make you feel BETTER – Eventually! By James Moncrief

So go with your darkness, allow yourself to be that horrible unloving person you've always secretly dreaded you are. Just allow yourself to feel all you feel about it. Bring up all those dreaded evil feelings, bare your soul, confess it all, and like the poison it is, **GET IT OUT!**

This is how to love yourself. This is being truly self-loving, and as you are loving of yourself, so will you love others. As you unconditionally accept all you feel, so too will you unconditionally accept them, and so all they feel. You will allow them to be the true expressions of themselves. You'll stop all those controlling mental things you do that helps them deny their bad feelings. You'll be happy to allow everyone to express all their yuk, as you express yours.

We are told that it's good and loving to be unconditional, but to do it, or try to be it with only your mind, is wrong, it's false and it's very conditional. Dump the belief, certainly want to be that way, but understand that it only comes naturally as you submit to all your bad feelings, loving yourself by allowing yourself to feel them. Anything you try to do with your controlling mind, trying to control yourself, give up – or at least want to. Occasionally through your healing you'll feel you have to assert your will and it can take a lot of considerable effort to do it, and you will so need to apply your mind. But as you will feel, such motivation will come from a deep feeling, a feeling of wanting to assert your will this way, and when it's there, you can do it. And it's all the same simply going with and accepting how you feel.

Self-love through feeling acceptance will help your mind give up its control. This will hurt, be hard to do, but the controlling patterns can be broken. Acceptance as always is the key: accepting being one of the main attributes of love. Accepting yourself is loving yourself – **ACCEPT ALL YOUR FEELINGS, ACCCPET ALL YOU FEEL YOU ARE, ACCEPT YOURSELF. Love.**

Doing your feeling-healing is telling your story.
It's telling the truth of your whole story.
And it's all for you.

<p>The New Way: Learning how to live true to ourselves by living true to our feelings.</p>

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, New Feelings Way

Feelings First Spirituality, New Feelings Way, is based on living true to our self through our feelings. Understanding that all we need in life is contained within our soul and is shown to us through our feelings. And by loving our feelings, by attending to them properly (talking or writing them out of us) and not denying them, we can use them to uncover the truth of our self – the truth of our soul.

Feelings First Spirituality is not telling us how to be, that is too controlling and is actually bad for us, limiting your spiritual growth. We can be wholly self-revealing of the truths we need to be, being the person God created us to be, all by living true to our feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

We come to the understanding from our life experiences that how we are is not right, it doesn't make us feel good – that we are wrong in some way. And we want to change our self, we want to become right, true and perfect – we want to be like God is.

And to do this you need to do your Healing

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality

The New Way

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
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FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

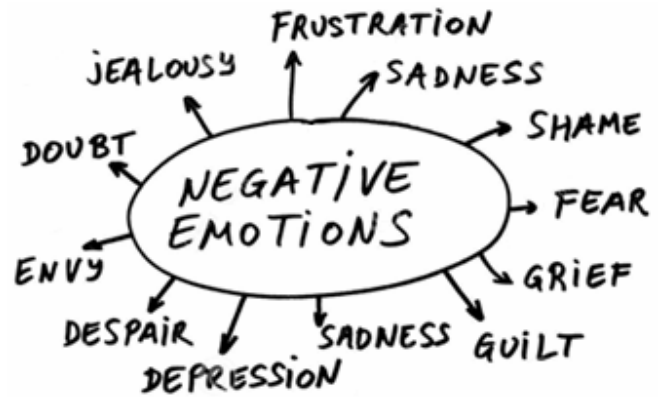
Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

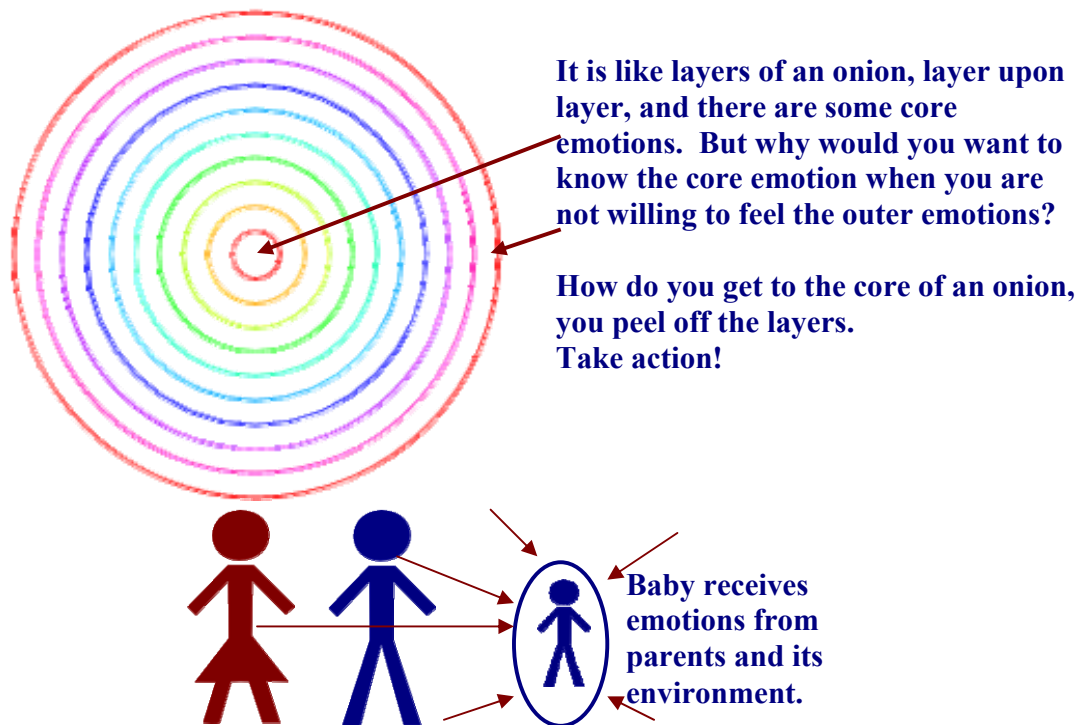
Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018





Parents processing their emotions aid their children.

You will see instant changes in your children if they are young, you will see them even if your children are old. However, as their ages grow into a place where they are using their own free will the effect on them will not be as great as it will be if they are young children.

If the child is 3 years old and you begin to work through your emotions, what will happen is that your child will automatically start changing and you will see those changes. If your child is 15 and have got a fair bit of their own free will mixed in with the process, then it might not be as easy for them to deal with their emotions, because it now depends on their willingness to feel their own emotions.

The soul that is the most difficult to assist when it is in the spirit world is a soul that has no desires. It went through life in a laissez-faire sort of way, it went through life not making choices, not making decisions. It is letting other people dictate to it, its life. And when that person passes in the spirit world, they usually have very little soul energy. Sometimes it is better, whilst on earth, to exercise your soul in a negative way or an actively positive way, in other words to be hot or cold, but not to be lukewarm.



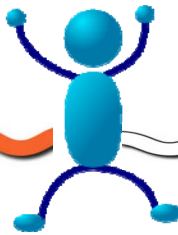
SOUL

- Emotions
- Desires
- Passions
- Aspirations
- Intention
- Memories
- Free will

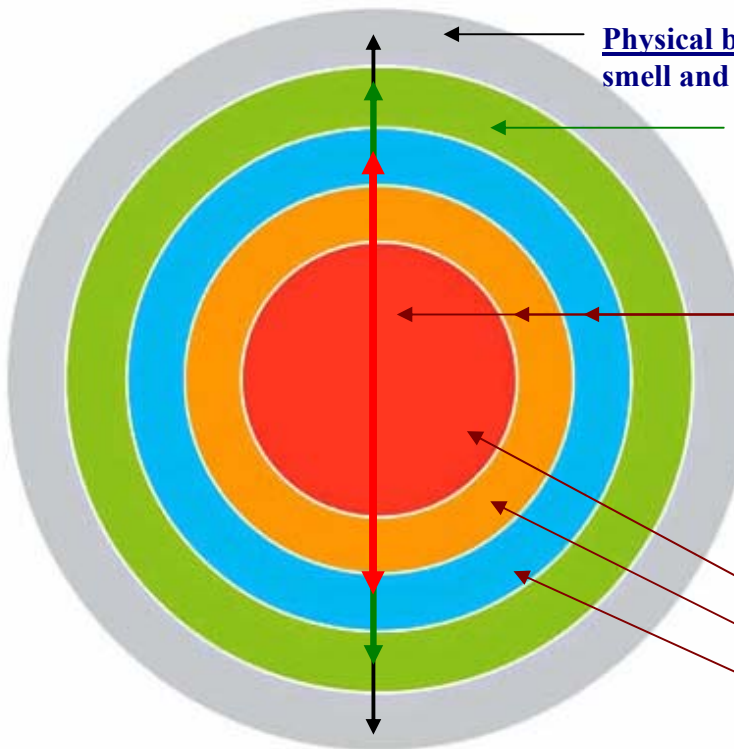


Spirit Body

Physical Body



Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.



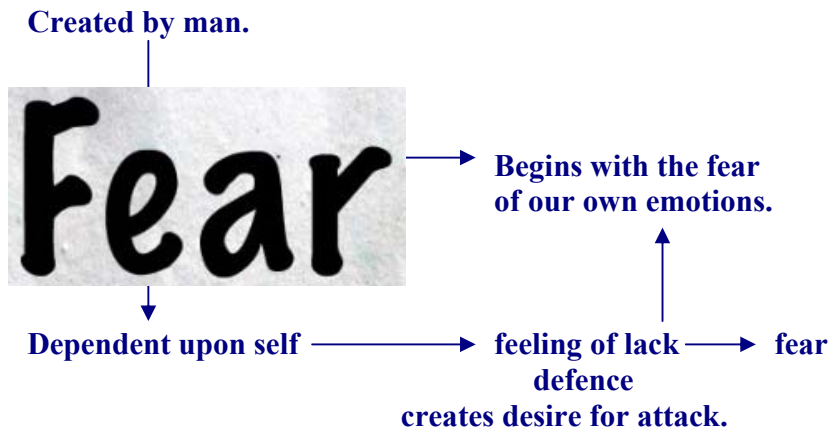
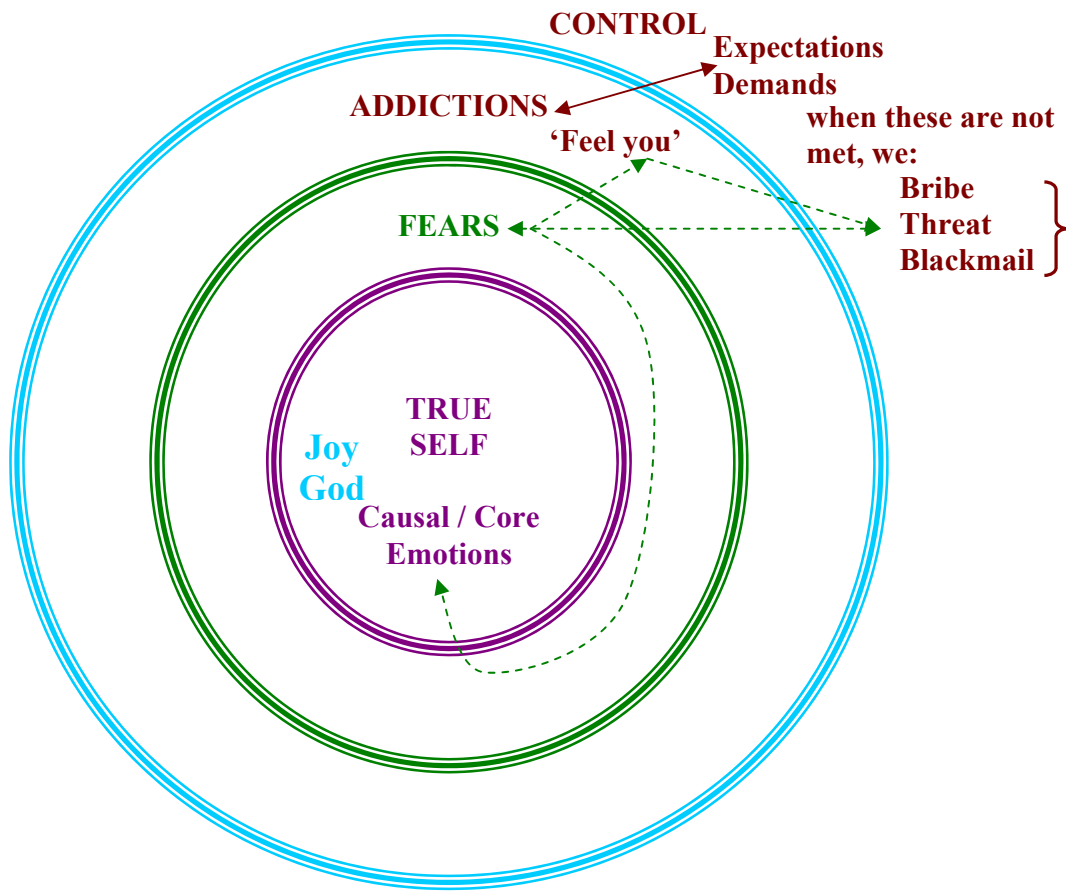
Physical body with five senses, sight, touch, hearing, smell and taste. Home of the physical brain.

Spirit body has thirteen senses, including the senses the physical body has, however, greatly enhanced. Sensitive people can utilise the spirit body senses. Your mind resides within your spirit body.

Soul, has many, many senses, the soul is your real self. It has total recall, memory, awareness, it is the home of all your emotions, intelligence, creativity, desires, passions, intentions, and the greatest gift, free will. It is for us to exercise our free will and ask our Creator, God for his Divine Love. Our inner layer is our perfect soul.

The next layer is our damaged soul self. The outer layer of the soul is our façade self.

The Three Selves



The Three Selves

Addiction > Fear > Grief

Every loving thing that comes to me is a gift.

I created

Our Facade Self
Addiction
rejected

Shame
Fear

Parent creation

Our Injured Self
Causal / Core emotions

God created

Our True and Real Self
No injury

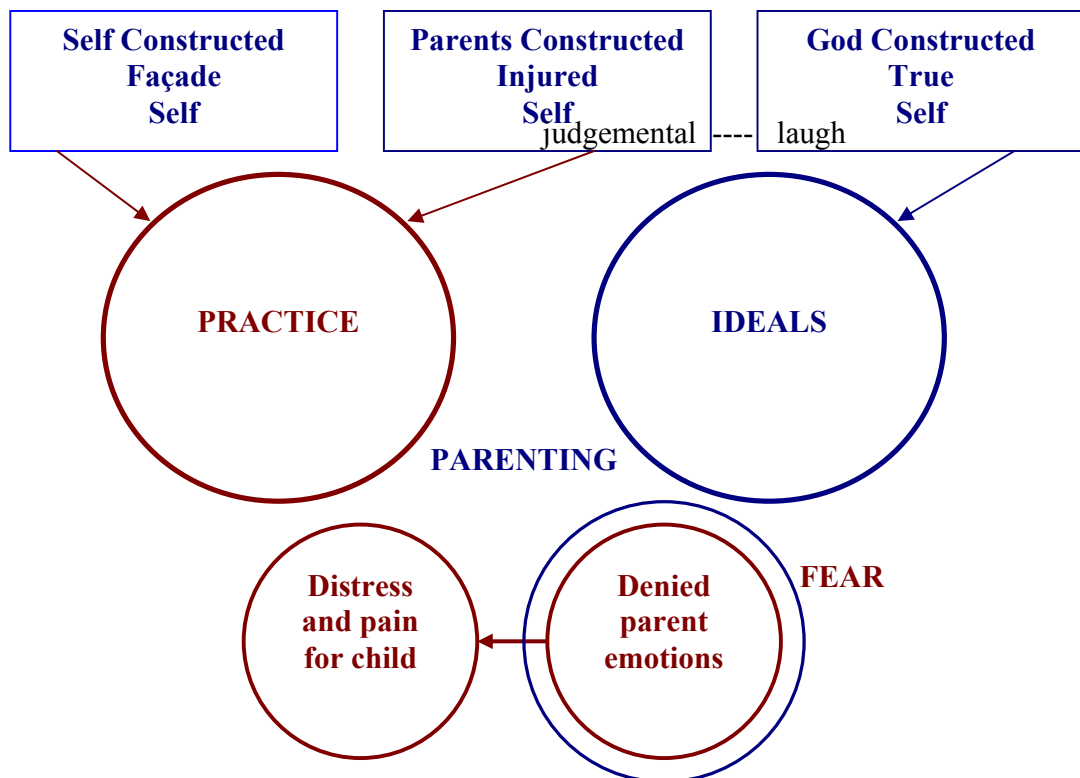
Fear excuses
Nobody loves me
They all reject me

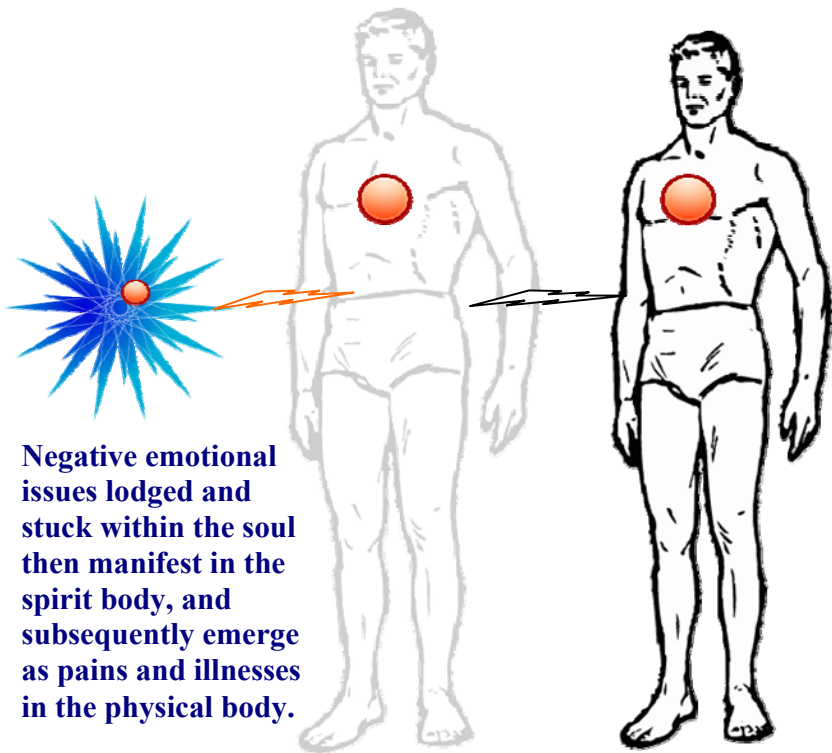
7 May 11

- Less pain
- Victim
- Gets more love

- Demand
 - Murderous
 - Vengeance
 - Shame
- To be crying about an emotion it needs to be about a parent based emotion / causal.

The proof of one's processing, ask; Am I changing? Do I feel more loving to other people? Do I feel more connected to God?
If the answers to those questions are not yes, then I need to look at my issues, am I really emotionally processing?
Parent created causal emotions is the area that we need to process.
Our Façade self issues are pointless in processing. Shame and fear create the façade self.



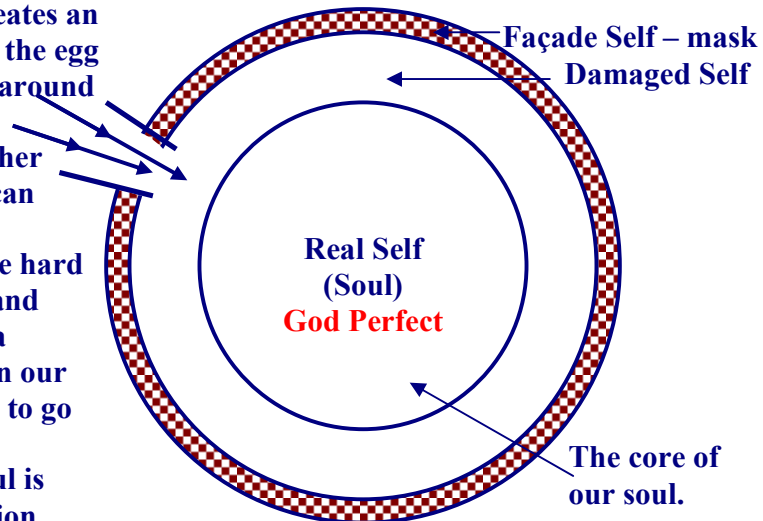


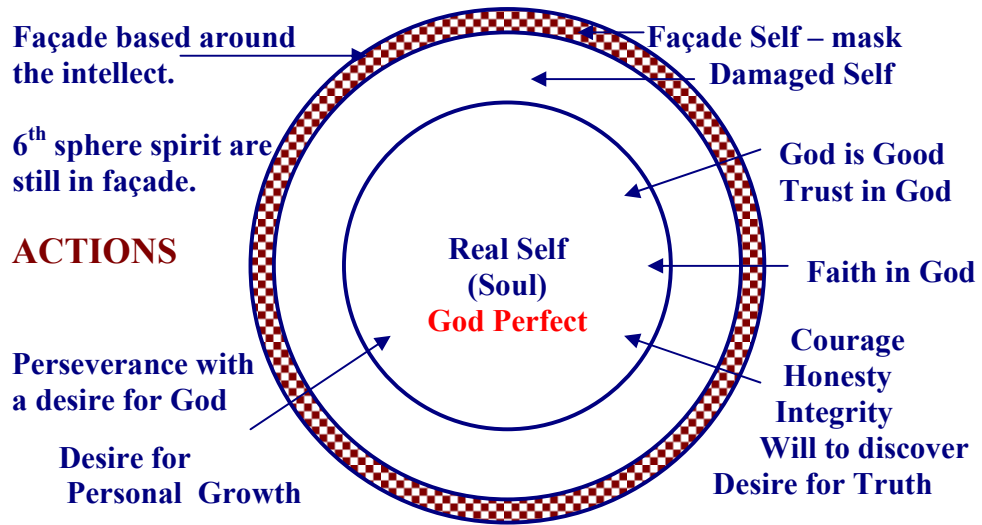
Negative emotional issues lodged and stuck within the soul then manifest in the spirit body, and subsequently emerge as pains and illnesses in the physical body.

The energy, plasma, being attracted to the stuck emotion can cause the injury to grow and grow and grow.

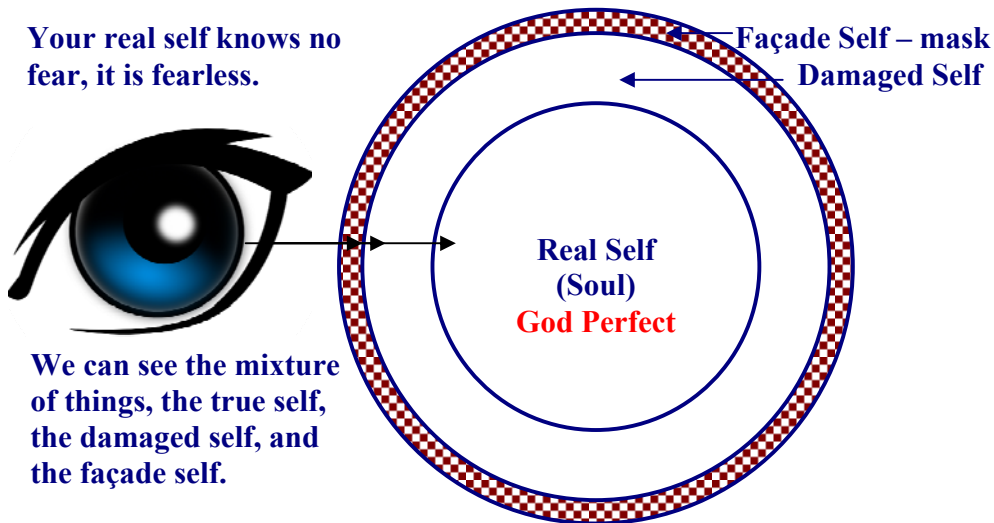
SOUL SPIRIT BODY MATERIAL BODY
PERSONALITY

What truth does, it creates an opening or a vortex in the egg shell, the hard veneer around one's soul.
It allows a way that other external information can infiltrate the soul.
Truth breaks down the hard shell of lies, untruths and resistance. It creates a permeable layer within our soul that allows things to go through into it.
Without truth, our soul is condemned to stagnation.



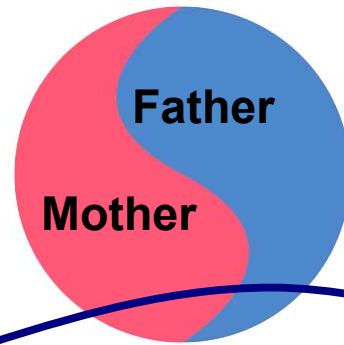


All of your addictions are created to support your façade.



Once you get through the façade, which is the hardest, it is the thing that takes the longest time because it is the most resistive. We are most resistive to one particular thing, and that is TRUTH. Because we are resistive to the truth, this shell is a hard shell that we tap on, but not hard enough in order to break it. It is only the truth that allows us to break the shell. Once we go through that, we will feel the damage to our selves, and often feel the real self even under that damage, and you will go wow, I am not even like that, this is not my real nature. This real self fears nothing. The real self that God created does not know fear.

The separation between the spheres is massive steps in the growth of love, be it natural love or divine love, however, one can only advance to the 6th sphere by depending upon natural love.



**GOD,
FATHER,
MOTHER,
SOURCE SOUL**

Kingdom of God:
Soul dominates and is the form of communication – soul to soul.

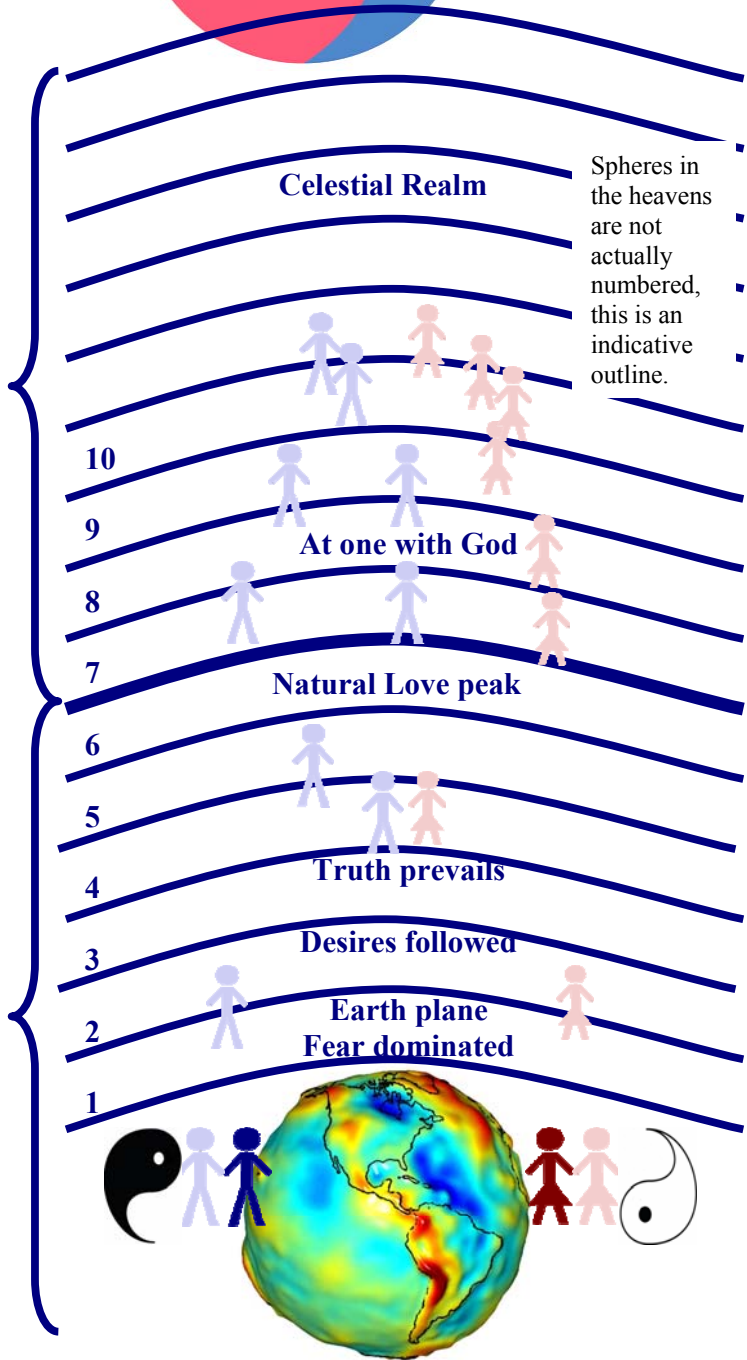
Celestial spirits are all divine love orientated. This is realms of the angels.

To enter the celestial heavens, one’s soul must be converted to the divine by the infusion of divine love – God’s love.

Kingdom of Man:
The Spiritual Realms
Mind resides within the spirit body and is the dominant form of communication.

Natural love can progress a man to the 6th sphere and no further – the intellect prevails.

Physical man relies on intellect and the brain which is only a tool used by the mind.



SPHERES: KINGDOM of MAN – SPIRIT WORLD

The first 7 worlds have logical and clearly defined end points both at the 6th and 7th worlds. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or sub-spheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6th Mansion World is the ending point for those who are following what has been referred to as the Natural Love Path.

There exists a barrier between the earthly levels and the spirit levels and this is largely mind-made. This barrier has been built on fear and is made of belief.

Spheres:

7 The 7th world is the transitional stage between the lower worlds and up into the Celestial Realm spheres.

6

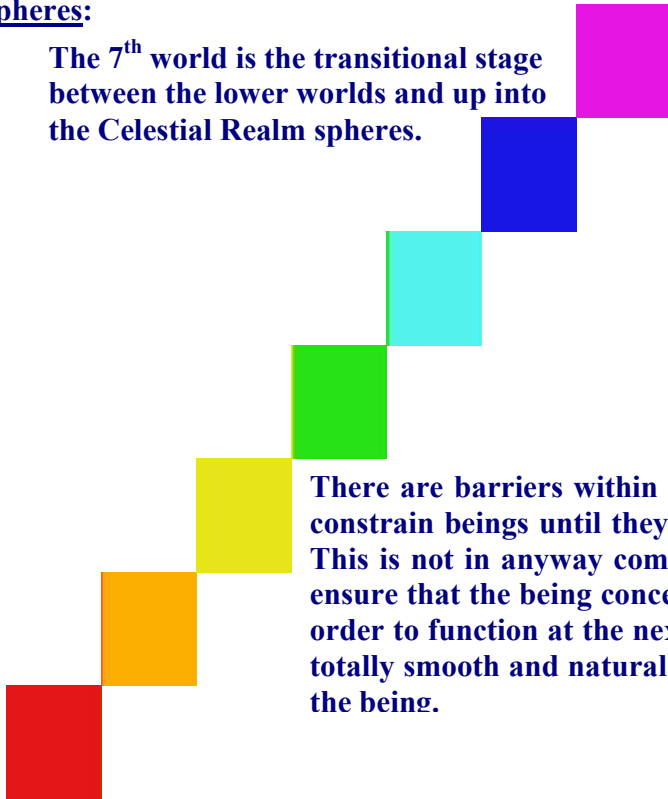
5

4

3

2

1



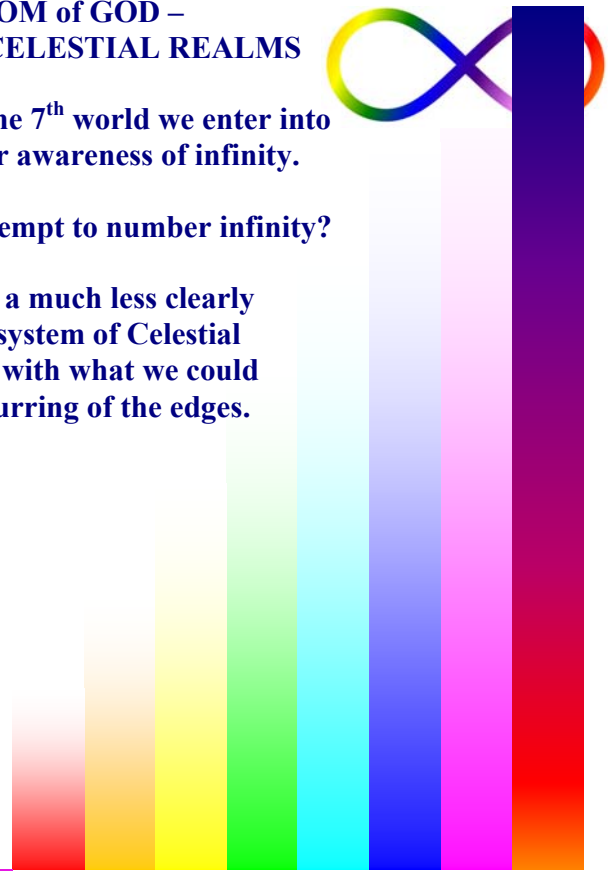
There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in anyway competitive or subject to examination but is to ensure that the being concerned does know what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

KINGDOM of GOD – CELESTIAL REALMS

Above the 7th world we enter into a greater awareness of infinity.

Why attempt to number infinity?

There is a much less clearly defined system of Celestial Spheres with what we could call a blurring of the edges.

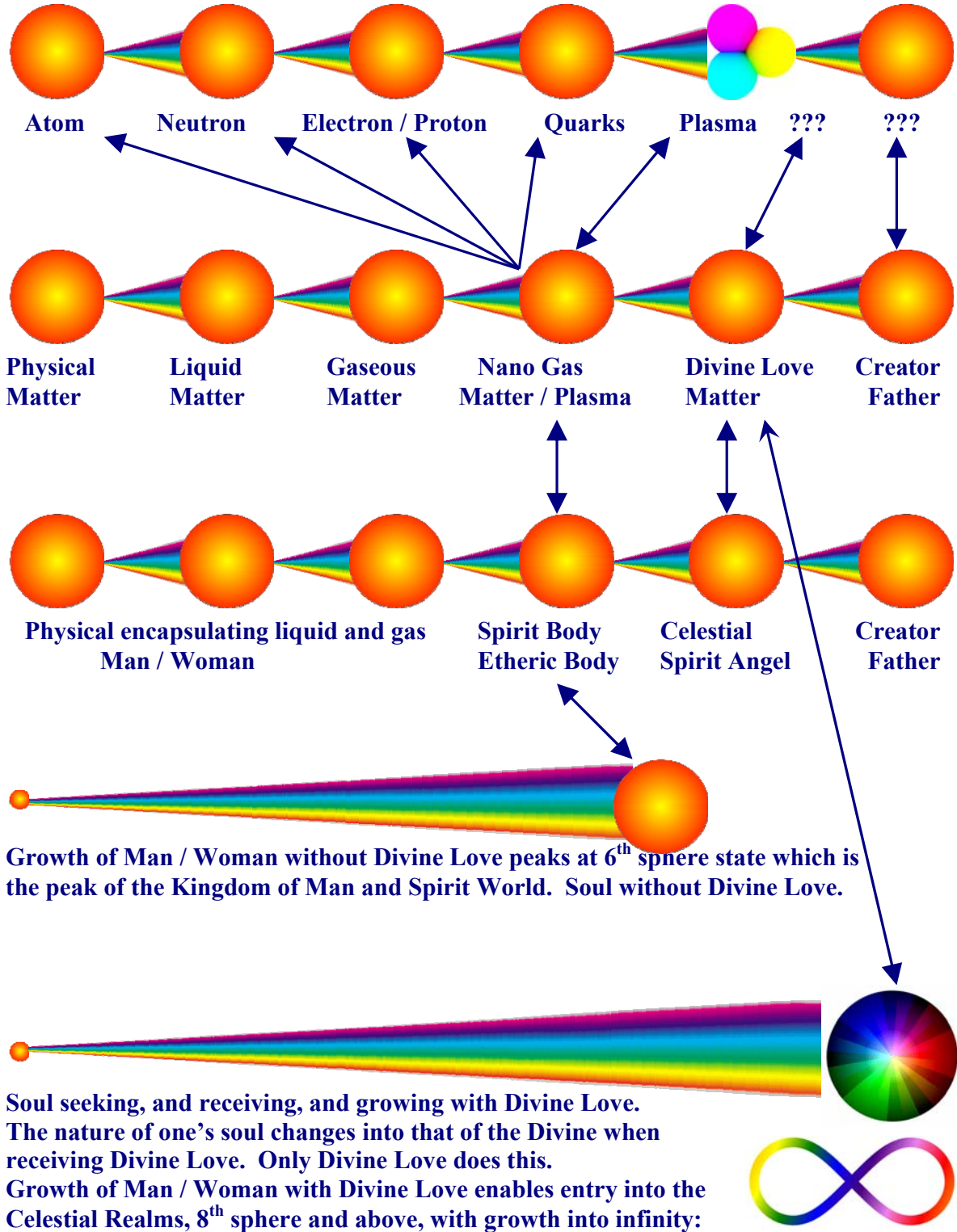


Each of us who are within the Celestial Spheres knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long ago.



STAGES of MATTER:

Matter becomes finer and finer and more incredible within each phase:

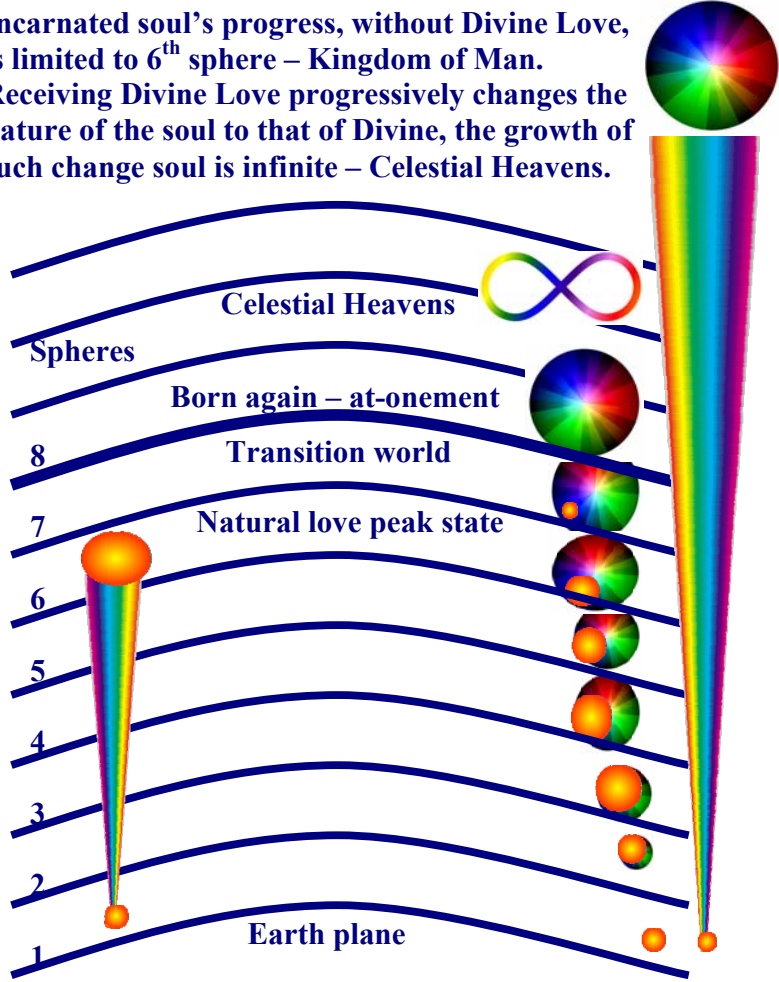


The MIRACLE of the CHANGE in NATURE of ONE’S SOUL:

When man, by the way that has been pointed out to him, becomes possessed of the substance of the Father’s divine nature, even in an initial degree, his soul commences to change and lose its character as a mere image, and to progress towards the attainment of that condition when this image disappears and the divine substance takes its place. And as the progress continues, he receives so much of the substance that his soul takes on the divine love nature of the Mother and Father, and his at-onement with the Father becomes so perfect that he becomes an inhabitant of the Father’s kingdom. This occurs when he becomes fitted to enter the first Celestial sphere. Here occurs another change which may startle those who teach that the mind is the essence of God and that is, that the mind – which man, both as mortal and spirit, possesses up to that point in the progress of the soul where the transformation into the divine nature takes place – becomes a thing of naught (or rather becomes absorbed in the mind of the soul), which is the real mind of the Father. Then and ever after, only this mind of the soul is that which enables the real divine man to understand the things of God, to help him in his progress.

Your friend and brother – Jesus **March 23, 1916** P.340 Book of Truths via Joseph Babinsky

Incarnated soul’s progress, without Divine Love, is limited to 6th sphere – Kingdom of Man. Receiving Divine Love progressively changes the nature of the soul to that of Divine, the growth of such change soul is infinite – Celestial Heavens.





SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

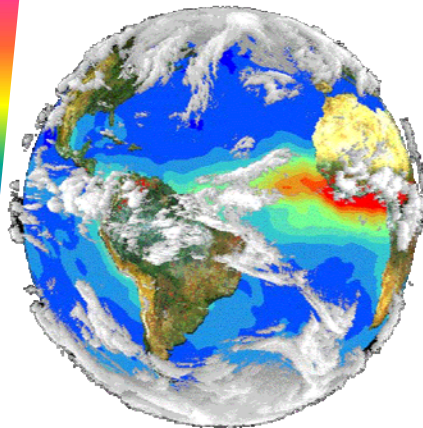
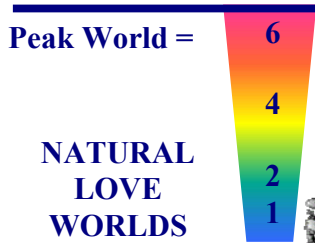
**Soul spheres
are not
numbered.**

**Soul spheres
are to:**



The New Birth = Become at one with God: sphere 8

**Spirit body
spheres are
1 -7**

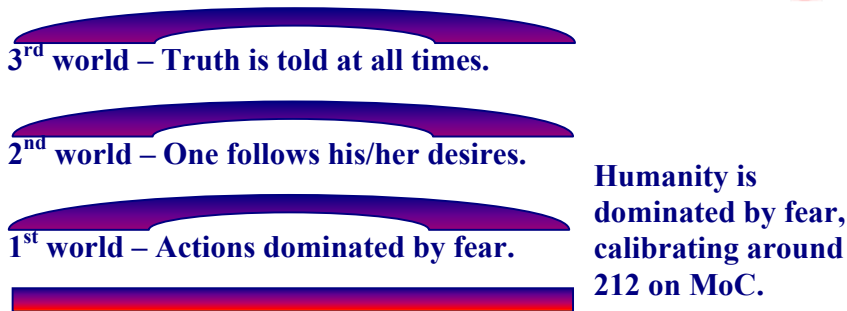
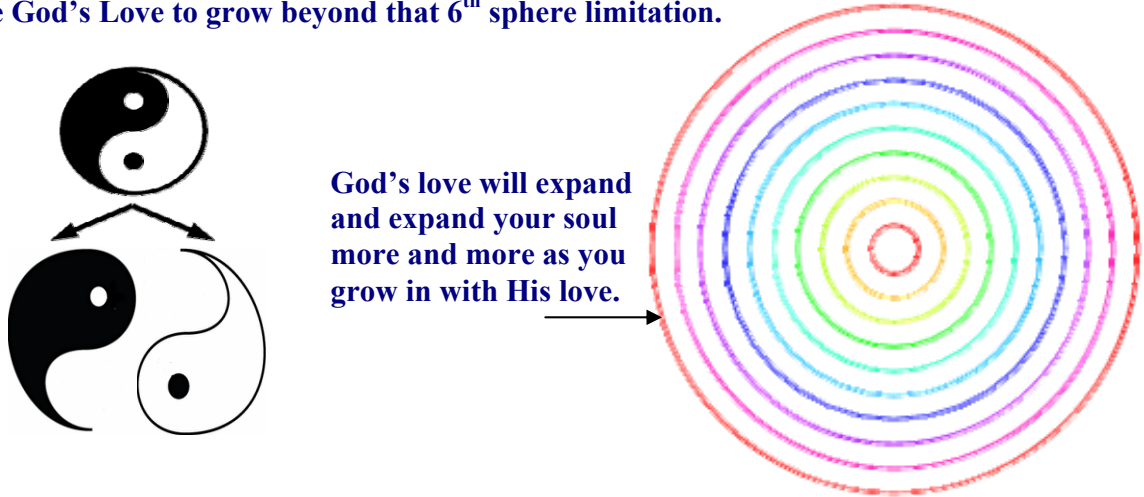


**DIVINE
LOVE
WORLDS**

**Earth sphere is for
the physical body.**

Passion or desire for God to give us Love.

Initially our soul is finite, God has created this ability for the soul to grow, this growth is the operation of Divine Love on the soul. Without God’s Love, the soul cannot grow beyond the 6th sphere dimension, it cannot get better than that without God’s Love. God designed your soul to receive God’s Love to grow beyond that 6th sphere limitation.



Possible relationship of Map of Consciousness (MoC) with Mansion Worlds:

8 th sphere	1,081 – 1,251+	Achievement of at-onement on reaching 1,081
7 th sphere	921 – 1,080	Divine love only, transmission to at-onement and Celestial spheres
6 th sphere	841 – 1,000	Natural love mind world – perfect Natural love
5 th sphere	781 – 920	Divine love Mansion World
4 th sphere	651 – 840	Natural love mind Mansion World
3 rd sphere	500 – 780	Divine love Mansion World
2 nd sphere	500 – 650	Natural love mind Mansion World
1 st sphere	1 – 499	Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awaken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

NATURAL LOVE and DIVINE LOVE WORLDS and FEELING HEALING PLANES:

After the HAND OVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

Natural Love
6th world Mansion
/ Mind Worlds with
Feeling Healing
MoC 840 - 1,000

Natural Love
4th world
Mansion / Mind
Worlds with
Feeling Healing
MoC 650 - 840

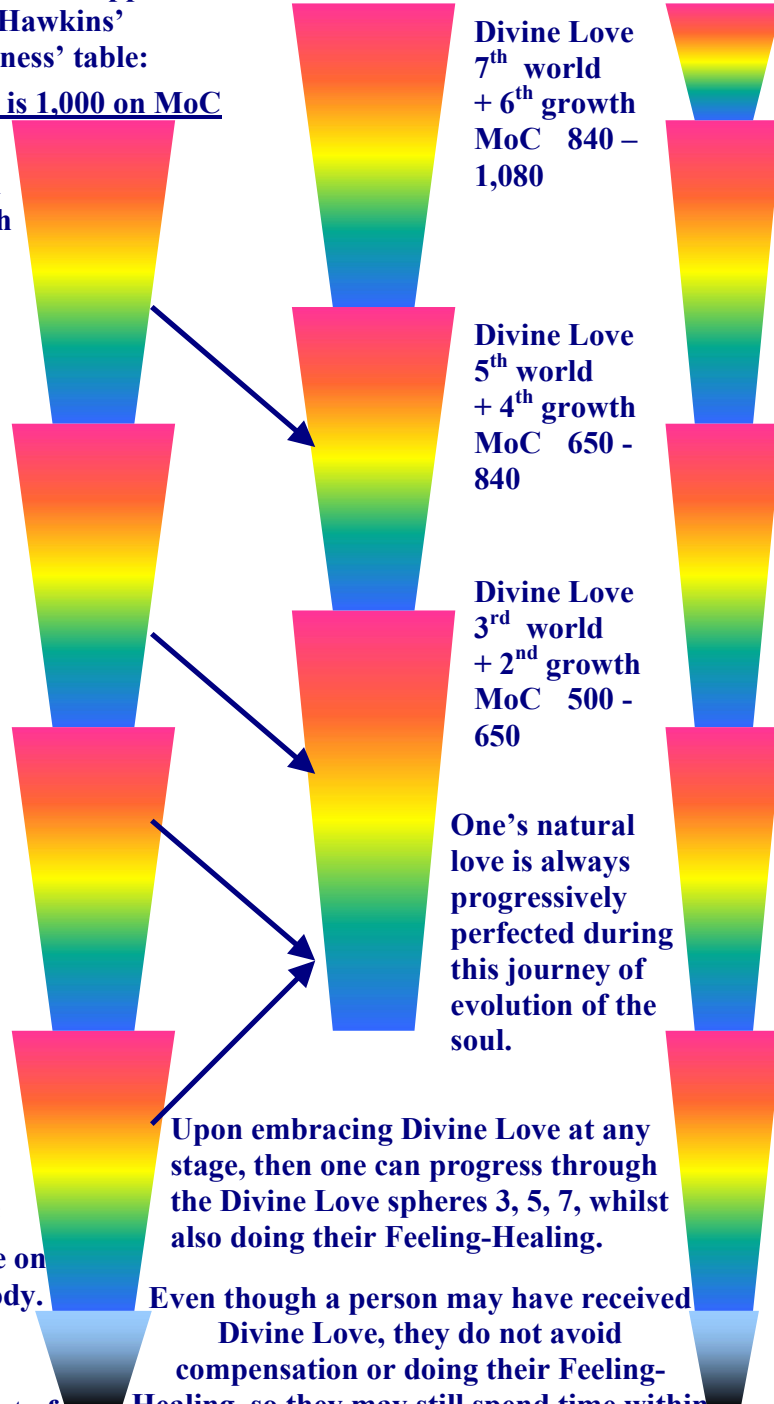
Natural Love
2nd world
Mansion / Minds
Worlds with
Feeling Healing
MoC 500 - 650

Natural Love
1st spirit world

MoC 200 - 500

We all enter the 1st
natural love sphere on
the death of our body.

HELL planes:
MoC 1 - 200
Hells being a sub-set of
2 Spheres of Disharmony.



Divine Love
7th world
+ 6th growth
MoC 840 -
1,080

Divine Love
5th world
+ 4th growth
MoC 650 -
840

Divine Love
3rd world
+ 2nd growth
MoC 500 -
650

One's natural
love is always
progressively
perfected during
this journey of
evolution of the
soul.

Upon embracing Divine Love at any
stage, then one can progress through
the Divine Love spheres 3, 5, 7, whilst
also doing their Feeling-Healing.

Even though a person may have received
Divine Love, they do not avoid
compensation or doing their Feeling-
Healing, so they may still spend time within
the spheres of disharmony.

Natural Love
sectors for those
doing their
Feeling-Healing,
without the Love,
are within the
Natural Love
Mansion Worlds:

Progressing
through the
natural love
worlds, within
Feeling-Healing
sectors, while
doing one's
feeling healing,
upon reaching the
6th Sphere having
completed
Feeling-Healing,
one can then
embrace the
Divine Love and
proceed directly
to the 5th Divine
Love Sphere.

Then they may
prepare to enter
the Celestial
Heaven Spheres
from there.

This pathway is
when the Divine
Love is
unavailable
before perfecting
one's soul.

Correlation of Levels of Consciousness and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

<p>Chronic illness indicates a huge denial of the soul.</p> <p>Illness = out of harmony with love and truth.</p> <p>It is the release of emotions that are out of harmony with Truth and Love, and the praying for the inflowing of Divine Love that brings about health and harmony to our bodies.</p>	Consciousness Calibrations Worldwide	
	Level of Consciousness	Percentage of population
	600 +	1 in millions
	540 +	0.4%
	500 +	4%
	400 +	8%
	200 +	22%
	200 -	78%
	World wide average	212

Golden Rule: that one must always honour another's will as one honours one's own.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Note: The Map of Consciousness scale is from 1 to 1,000
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

SOUL CONDITION / CONSCIOUSNESS sets the pattern of our HEALTH:

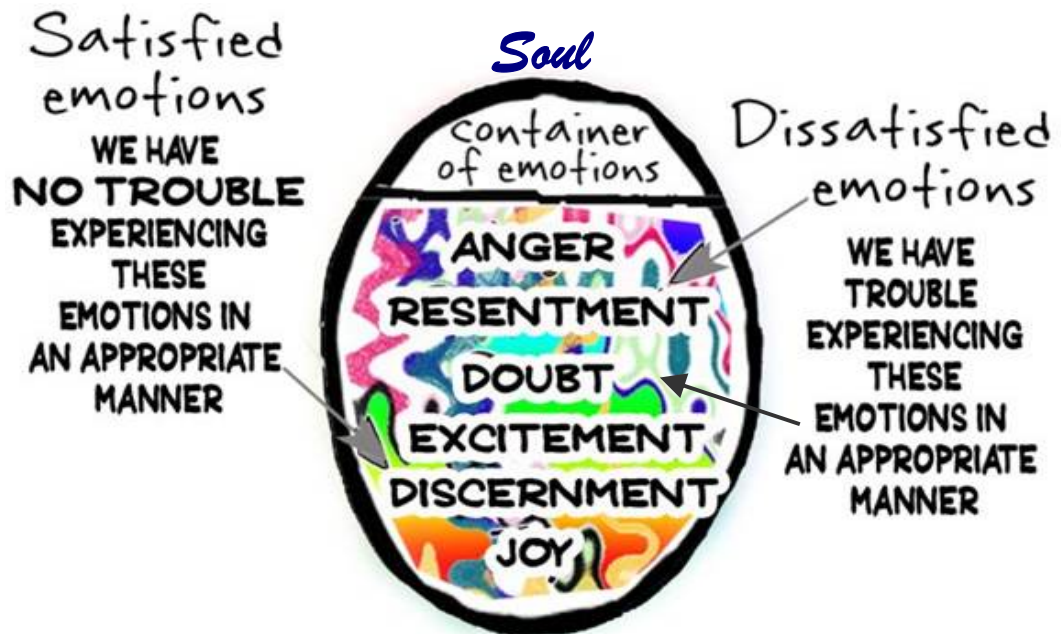
One's soul condition is a predictor of one's life expectancy.

The emotional injuries and errors we harbour are a precursor to related illness episodes. That is, specific emotional errors are the originators of specific health issues.

Thus, the lower one's soul condition then so is one's life expectancy lower.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Per Capita Income 2013
400s	10	406	78.50	US\$46,690
300s	13	331	71.77	US\$20,508
200s	10	232	69.45	US\$14,927
High 100s	18	176	69.00	US\$12,283
Low 100s	7	129	61.88	US\$6,560
Below 100	11	66	52.73	US\$5,500
WORLD		212	70	US\$13,100

Dissatisfied emotions, being emotional errors and injuries, harboured within one's soul, is the damage that permeates through to our spirit body which is the template for our physical body. Eventually, these injuries can and frequently emerge as physical issues within our physical body, such issues arise as pains and then as an illness. Release the emotion and the pain goes.



EMOTIONS: The Richard Messages – Celestial Spirit Richard via James Reid 15 March 2013

Good morning Richard and other dear friends. I do thank you all for your constant love and attention which I value greatly. You do help me in my connection with Our Father. We have spoken about emotions a few times and recently there have been a few discussions regarding thought and emotion and the relationship between the two. I feel that it is difficult to really comprehend what is occurring with two basic and primary human functions as we have developed so many beliefs regarding these two in particular. I will appreciate any clarification that you can offer.

Good morning dear brother. We appreciate your gratitude which truly benefits you. We also are very grateful for your participation in this joint exercise. I say that your gratitude benefits you as this is the fact. Any true expression of gratitude increases the feeling of love in you. In this state, everything in you will function more easily and with improved balance.

Many people take the gifts of Father for granted and have an attitude of demand and dissatisfaction and bear all the negative consequences of such an attitude. When a person lives with an attitude of gratitude, they will find that needs are met and their desires are created with greater ease and without the detriment or harm of others.

Despite the common attitude that one only gets what one works for, all is provided freely. Whereas this is difficult to see in the world of today or even yesterday it is becoming apparent and will continue to be so. This is caused by there being more who have the ability to appreciate the truth of this. This is often misunderstood as meaning that one need only sit around and wait in order for all to be received. Whereas the gift is given freely to all it is important to remember that receiving is an active process. One who simply waits gives nothing and one must give in order to receive.

The giving can take many forms and all true giving involves the expression of love. Many regard themselves as giving when they perform their chosen or obligatory work when they actually perform it with little or no love at all. The reward they get is the money they earn and perhaps the gratitude or abuse of another. Even the money may be grudgingly given. Unfortunately love is a relatively rare medium of exchange in the commercial world. Many are working jobs of service also with little love in the transaction.

Those who do truly serve others by doing what they do with love will usually find that they will value most the loving and grateful response from the receiver of their act of service. Usually the monetary return will become quite secondary and of much less importance.

Truly the most function of every being is service to one's brothers and sisters. The most important method of performance of this function is that all be given and received with love and gratitude. The gratitude needs to be for the gift received and for the opportunity to be able to give. The application of this very simple law will simplify your living considerably.

I say law for there is a Law of Giving and Receiving or the Law of Gratitude. As with all of the Laws of Our Father everyone has free will regarding all of one's actions and all will be equally and impartially subject to these laws. Whereas many believe that one only feels the full weight of these laws at the 'day of judgment', this is not so as the consequences of being in harmony or disharmony with these laws is

instantaneous and invariable in body or spirit. The benefit or the burden is immediate whether this is apparent or not.

Expressing gratitude to Our Father is beneficial for these reasons. Father never demands that anyone be grateful for His gifts as all His gifts are given totally unconditionally with no strings or hooks attached. The Laws of God are there as the operating system of all life. It is not a system that is prone to updates or crashes and there are not several operating systems that allow you the ability to choose which one you will use in your life. There is not a new system in development that will supersede the past one. The system functions equally well for humans at all stages of development. The old advice of keep it simple applies. All of your Free Will operates within the provisions of these Laws that I call an operating system. This system has functioned flawlessly since its inception. There are many who will choose to disagree with this. As with the best systems it is simple at its core. Unfortunately the manual has been severely corrupted over the ages and humanity now suffers with a multiplicity of manuals all of which profess to provide the answers but serve only to grossly complicate the process to a state of total confusion. The true manual exists in your soul. It is surprisingly brief and simply written.

Well, I couldn't let that opportunity pass because this is vital knowledge that all should know and live by. However it does lead into what I would like to say next in response to your question.

Your soul is the driving force of your mind and body. Your soul contains the operating system which is such that it operates in the world through Free Will. Free Will is such that it is operated freely by each and every individual. In the process of such free operation humans develop what could be called applications that determine their functioning in the world. These applications could be called beliefs and the stronger they are the more rigidly are they applied. The soul is created free of belief but begins to be subject to belief the instant the process of incarnation begins. There is no period of grace so to speak but instantaneous immersion in the Earth and all of its attributes. A soul is curious and is a blank slate so that it easily absorbs the beliefs of those with whom it is in contact. There is nothing about anyone that is contained totally within that person to the degree that it is invisible or unknowable to another. Everything about everyone exists in the public domain to use present jargon. Most people don't believe this and believe themselves to be private and self-contained. The developing soul is subject to all of the thoughts, beliefs, attitudes and actions of all with whom it is connected near and far. The true complexity of this is difficult to comprehend. I was about to say impossible to understand but there are many of you who are capable of forming some sort of a concept of this.

Every soul has its own personality that exists prior to incarnation and this is a profound influencing factor on the influence that outer influences have on it. You are all aware of the idiosyncrasies of your friend and yourself. Every soul is subject to differing influences whether they are in the same earthly family or not. Every soul is subject to spirit influences both benevolent and malignant. Every soul has guidance from the Spirit World. Every being influencing that soul is equally subject to the Laws of God. This degree of influence applies to every one of us. When one looks at such a complex system one may feel confused and overwhelmed. We are evidence that such a beginning is no barrier to ascending to great heights.

Emotion as it is experienced in a body is a chemical process. It is possible to apply chemicals to the body that will produce various emotions or feelings. This could be called a synthetic process that has achieved popularity in many forms over the ages as mankind found substances that produced changes.

The soul by its nature is prone to feel joy and degrees of this as its natural experience. Joy is fostered by the giving and receipt of love. The soul prior to incarnation lives unawares in a state of bliss.

All chemical processes have elements that are active in the process and all have an end point when the process is exhausted. Processes that are frustrated or halted in an incomplete state are left with the elements of the reaction partly intact with all their potential for reaction still present. This is as true of emotional chemical reactions as of any other reaction. Chemical reactions produce results such as heat, noise, fire, explosion, transformation of the elements of the reaction. Many chemical processes have what are called catalysts which are substances that promote and facilitate the reaction while they are not changed by the process. Emotional reactions are not different. The chemical process is evidenced by the expression of the body in which it occurs. Every emotional reaction has a natural expression that is recognisable by every human being on Earth regardless of race or creed. Emotions and their evident reactions are universal despite varying social codes of expression or acceptability. They are accompanied by heat, explosions, noise, etc.

Any emotional event, allowed its natural expression, runs its course which would usually be quite brief and complete. It will also be a personal expression of the feeling state of an individual and will not be directed at another but will be something for which the individual is responsible and for which the individual takes full responsibility. The potential exists for an individual to go from a state of happiness to a state of emotional reaction and back to happiness in a short period of time. This is sometimes seen in children in today's world but uncommonly in adults. It would be the norm if fully free expression occurred naturally and without judgment. This will be the norm at some time.

The emotional process is often halted at a time when the effects of the reaction are on the ascendant or at their height. When interruption occurs the unexpended chemicals will persist in the body for a period of time but will dissipate eventually. However the effects which are not allowed to proceed to natural completion will remain to some degree and become like another belief that is chemically encoded in the body and which has the power to influence the outer influences upon the soul and the outward expressions of the soul through the body. The process of suppression of emotional expression is always learned and is always taught by the application of fear either by threat, absorption or by example. Absorption is a term I will use although it is not the best perhaps. I mean the process that occurs in utero and in the young years of a person. This also occurs in groups in which the membership depends on the adherence to very definite beliefs. The newcomer learns from the behaviour and the covert expression and overt repression of the prior members how they should behave. Some of the most profound beliefs have their origin directly in the body rather than through the mind. These can be the most dense and difficult to shift.

When an emotional process is frustrated and the effects are retained in some way, the person becomes more prone to a similar reaction so that they need fewer stimuli to re-enter a similar reaction and possible to enter it at a heightened level. If frustration occurs once more then the process is escalated and so on and so forth. It becomes easy to see how children learn to emulate a parent's behaviour or to be grossly sensitised by another's treatment of them. It is easy to see how people develop the attitudes they do in order to appear 'normal' in their particular niche of society. In truth a normal person is one who feels happiness in its various forms and degrees as their usual feeling state and who is able to express fully any changes from this state occasioned by changes in their inner or outer environment and return to their usual state of happiness. I could take this further by saying that the ultimate normal

person is one who is happy all the time and this is possible. As a statement of fact, I say that we are happy all the time and that one doesn't have to inhabit the Celestial Realms in order to achieve this.

A thought can stimulate an emotional reaction. A perception of one's surrounds can also stimulate emotion. This perception can be of a real threat or simply a perception and the result is the same. The perception can be direct bypassing thought.

Here I will deviate briefly to speak of 'real threat' because in truth there is no such thing. A threat is a product of the distorted belief arising out of emotional repression that changes perception. This distortion also creates or attracts the feared event in the immediate present. The Law of Attraction is the mediating factor here. This law can be seen as drawing events to you but may equally well be seen as simply showing you the belief that you are holding and how it is affecting you. The Law of Attraction is impartial and will equally show you your fears and your loves and passions. An essential companion in dealing with this law and its effects is Acceptance. Move towards what you are shown in order to accept this as a mutable manifestation of your beliefs. One aspect of moving towards it may well be the expression and, hopefully the full expression, of the emotion that you feel at the time. The Law of Attraction is as impartial as all of God's laws. It will show you what arises from your beliefs even when the experience is apparently shared in the company of others.

Yes there are things in the world that will seek to destroy or harm you. There are many people whose stock in trade is fear and its applications to others. However, you will be subject to these 'dangers' to the degree that your belief systems demand. This is challenging to accept but you will do so eventually. Once more, I give you my personal assurance of this. Your beliefs will determine the world in which you live so that one may live in a peaceful world amidst the roar of war or the tumult of earthly upheaval. Have Faith my friends as all of my statements are based on my experience and knowledge of Truth.

When one is receiving Divine Love one will experience a lessening and clearing of the grip of old beliefs. Making efforts to search back into one's past can be fruitful in making you aware of the basis of these beliefs and of the people whose actions have helped cement them in you. Once you have a belief it is yours and you are, in order to progress, obliged to accept it as yours. You are responsible for it. The person or persons who influenced you into this belief are responsible for their actions and must face this responsibility eventually. However they are in no way responsible for your process of acceptance and of dealing with the belief. When you are able to accept full responsible you may be said to have forgiven them. Your forgiveness of them is, like gratitude, for your own benefit and does have the power to influence the perpetrators positively. Forgiveness will not annihilate memory but when forgiveness is true the memory will no longer have power to stimulate pain. You will no longer hold judgment of the other and will free yourself of that.

Perhaps you can sense that there is a wonderfully healthy selfish aspect to happy and healthy living. Any positive action of loving, giving or service to another is beneficial to you as well as them. Any truly loving action you take towards yourself is of benefit to all of humanity – indeed all of life. All true gifts and benefits are mutual. That is an aspect of God's laws that could be said to be the basis of all interaction in life. 'As ye give so shall ye receive.' That can be said as you will receive what you give in the instant of giving. If you give with love that is what you get and the reverse applies equally. You all live in the present moment and not in the past or the future.

I underestimate the duration of my deviations. Our topic is so broad that virtually every sentence could lead to another line of discussion that could go on for a very long time. You have an influence here as the subject is one of great interest to you and as you relate to an aspect of what I say it is easy for you and me as well to zoom off in another direction. That is not of great importance at present.

Thought is a function of mind which is a function of soul acting through the spirit body. A physical body from which the spirit body is separated does not have the capacity to think. It is unconscious. Man's use of mind has become corrupted over the ages and become disorganised and often more irrational than rational. The capacity to think and the nature of thinking in any one person is altered by the effects of the beliefs that are engendered by frustrated emotion. Every belief is associated with emotion as emotion is the primary expression of man.

Emotion does not cause thought although it may well stimulate or repress thought. The thought associated with emotion is often about the emotion rather than in direct response or causative. Thought does have a direct influence on the physical body and will stimulate chemical and therefore emotional responses. The emotion is based on the perception of the content of the thought.

This is somewhat complex. That you have a mental awareness of an emotion does not mean that this awareness is a thought. Pure awareness and thought are not the same. It is not possible to draw a direct and straight-line connection between thought and emotion.

They both occur in the body and both are associated but are not causative one of the other. Emotion is the primary response of the physical body and a person communicating with pure emotion can communicate with any other person and be understood without the use of words. This is the essence of music and dance and art. Communication from mind to mind without words is also a universal form of communication independent of language. The communication of emotion through language and overt mental processes is quite unreliable because of the modifying factors of belief and social process and gross dishonesty.

Mind is a process of the soul through the spirit body. While the connection of the being is primarily to the Earth with all of the associated beliefs the function of the mind is hampered and gravely reduced. I cannot stress too strongly the influence of belief on functioning on Earth and in the natural love spheres. The true freedom of the soul and spirit comes only when all beliefs are shed and this only happens along the Divine Love Path. It is only the Truth that will set you free.

Emotion in the body is inextricably associated with breathing. Every emotional event is associated with a change of breathing which is apparent as a change of breathing pattern. Conscious control of breath is the commonest way in which people learn to frustrate and suppress emotional responses. This is so common that it is rare to find a person with normal, healthy breathing patterns. Many healing approaches on Earth pay great heed to breathing and rightly so.

Whereas emotion is the primary response of the physical body it is felt in the spirit body and the soul. As I said previously the natural feeling state of the soul is happiness and bliss. This is also the capacity of every cell in your physical body. When cells function as they are made to do they feel joy and the sum of the joy they feel is felt by you.

The corollary to this is that if you are not feeling happiness and joy the implication is that there is more discord than harmony in your body. It is quite remarkable that so many bodies are able to continue functioning with the level of disharmony that they harbour.

Emotion in the spirit body is an energetic process not dependent on physical chemicals. It is the echo or record of the emotional effects that the body developed and held during carnate life. They can still be dealt with and cleared by spiritual process. In fact the clearing one may do while carnate is no less spiritual however it may be achieved. There is no avoidance of the emotional residue here as the avoidance mechanisms of the body are stripped away. The spirit at least initially feels all of these emotional effects in their full force and is forced to face them and to work towards acceptance and doing whatever is needed to clear the effect.

The emotions are also quite apparent to everyone else so there is no hiding. The most effective process available here is embracing and praying for the Divine Love. This is the surest and best method of resolving these problems and we offer it to all who will accept our approach or that of another with like mind.

The process of praying to Our Father and the request for Divine Love needs to be sincere. It is desirable to accept that one will receive what is requested. This process in itself is transformative if persisted with and developed. Develop a strong desire for Divine Love and express this in prayer. You might not always be aware of an initial response and this might be because of a lack of awareness of subtle processes in your body. This is a result of repression of feelings over a lifetime. It can also be because of the weight of unloving behaviour accumulated over your lifetime. Be patient and caring of yourself and continue, as praying in this way is a vital and effective act of self-love. Remember that you receive as a result of the way that you give. Allow your love of Our Father to be strong in you and express it in your prayer. This opens you and creates in you a capacity to receive. A loving request to another or to Father is a gift to them as it allows them to give in return. You must allow gifts to come to you.

The chemical methods commonly used on Earth to ‘deal with’ emotional effects that may add another layer of repression but don’t result in clearing or healing. They usually deepen the difficulties.

Well there is much more to say and it will be said in due course. We have done much today and our rapport has been excellent. I congratulate you on your effort and thank you once more.

Take a needed break. Go with our love and blessings. We stand with you always and bathe you in our love.

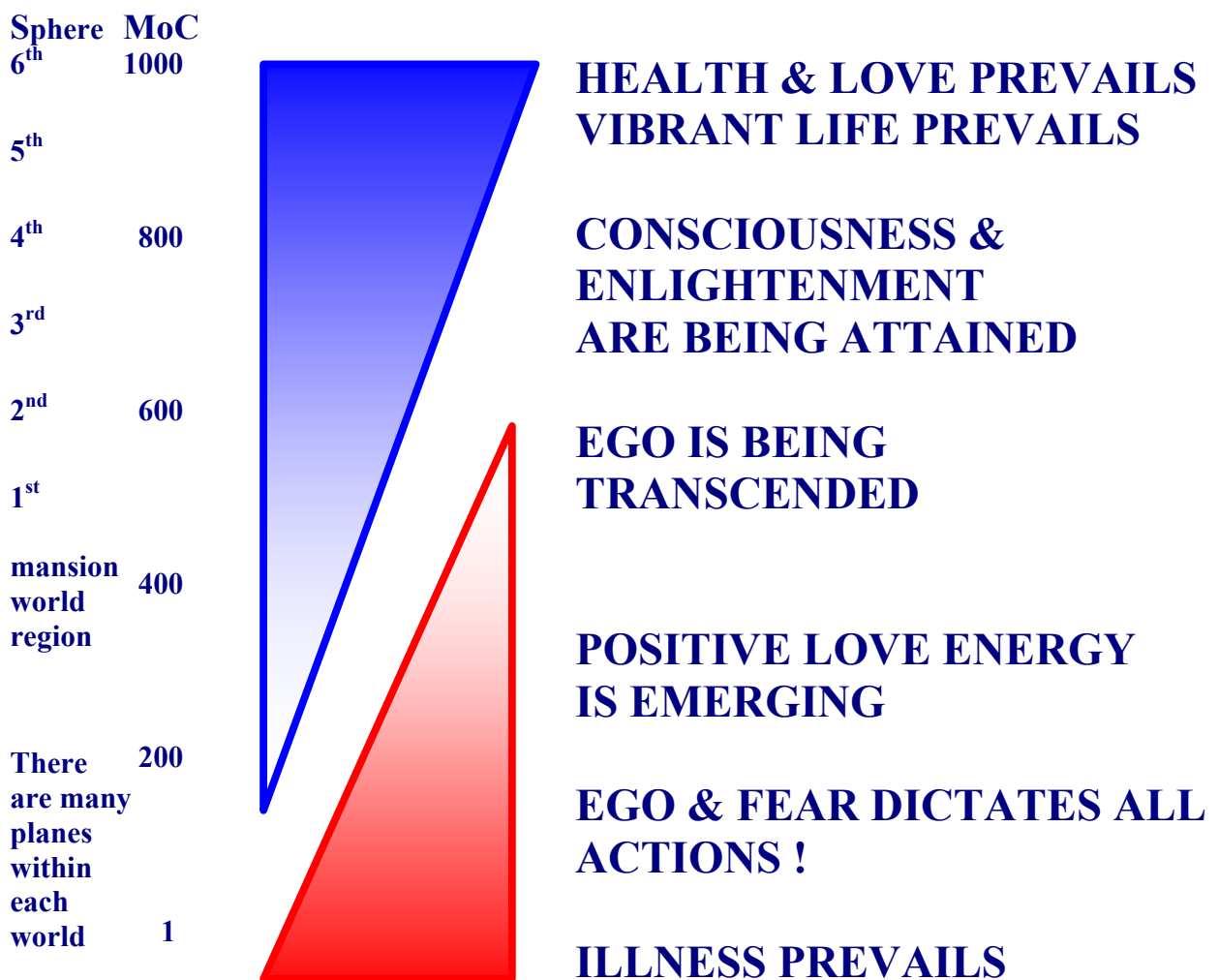
Your loving brother Richard.

The Richard Messages via James Reid www.lulu.com

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



With Feeling Healing and an earnest longing for God’s Divine Love is the only way to transform one’s soul. This longing is severely retarded and the reception of God’s love impaired whilst one’s soul is dominated by erroneous beliefs which are in the form of negative emotions. These major emotional blocks are progressively removed as one engages in their Feeling Healing through the Divine Love spirit worlds 3, 5, and 7.

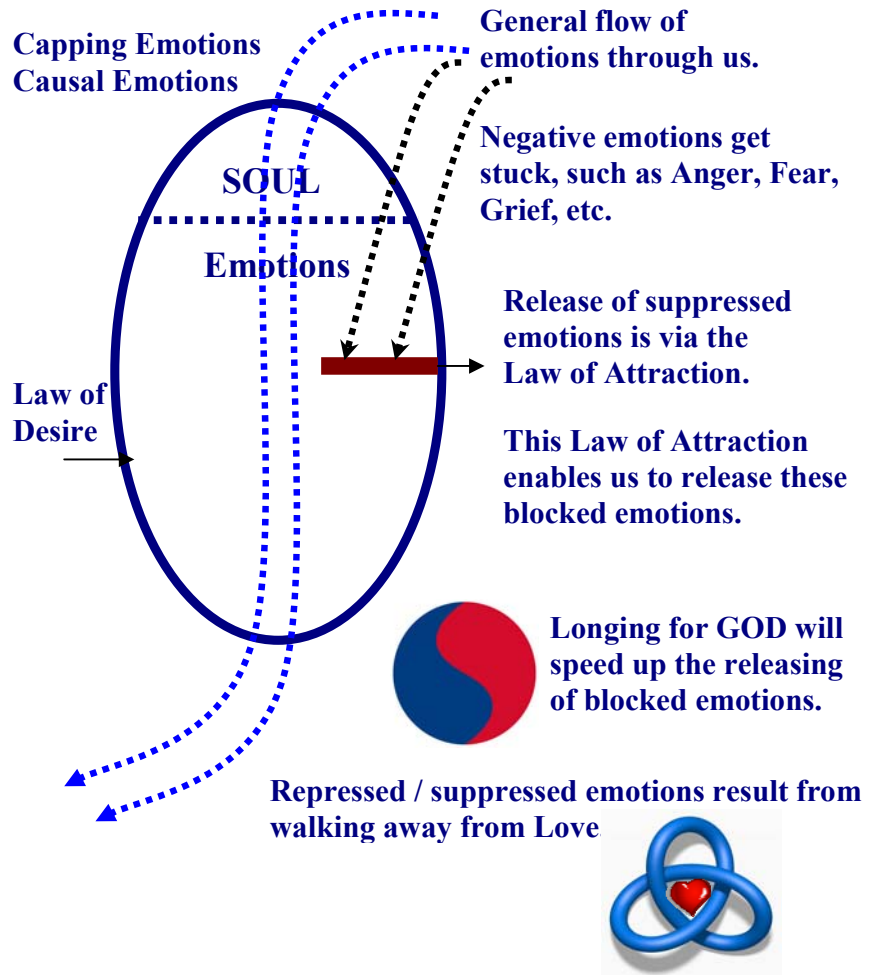
The problem for healers is that the patients own physical soul is generating the problem.

When the person who we are trying to heal, does not want to deal with the cause, the healer's power is severely diminished to assist them because their own soul is generating the problem.

All illness is of a result of the soul having these blocked emotions, which then create the illness in the physical form and the spirit body. If the person's soul condition is not addressed then the person is going to recreate the same type of problem and issues.

It is very important that we start to see things at the causal level, particularly in the medical and healing profession.

WE are CREATED as EMOTIONAL BEINGS:



To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Primary emotion	Secondary emotion/feelings	Tertiary feelings/emotions
<u>Love</u>	<u>Affection</u>	<u>Adoration</u> · <u>Fondness</u> · <u>Liking</u> · <u>Attractiveness</u> · <u>Caring</u> · <u>Tenderness</u> · <u>Compassion</u> · <u>Sentimentality</u>
	<u>Lust/Sexual desire</u>	<u>Arousal</u> · <u>Desire</u> · <u>Passion</u> · <u>Infatuation</u>
	<u>Longing</u>	<u>Longing</u>
	<u>Cheerfulness</u>	<u>Amusement</u> · <u>Bliss</u> · <u>Gaiety</u> · <u>Glee</u> · <u>Jolliness</u> · <u>Joviality</u> · <u>Joy</u> · <u>Delight</u> · <u>Enjoyment</u> · <u>Gladness</u> · <u>Happiness</u> · <u>Jubilation</u> · <u>Elation</u> · <u>Satisfaction</u> · <u>Ecstasy</u> · <u>Euphoria</u>
<u>Joy</u>	<u>Zest</u>	<u>Enthusiasm</u> · <u>Zeal</u> · <u>Excitement</u> · <u>Thrill</u> · <u>Exhilaration</u>
	<u>Contentment</u>	<u>Pleasure</u>
	<u>Pride</u>	<u>Triumph</u>
	<u>Optimism</u>	<u>Eagerness</u> · <u>Hope</u>
<u>Surprise</u>	<u>Enthrallment</u>	<u>Enthrallment</u> · <u>Rapture</u>
	<u>Relief</u>	<u>Relief</u>
	<u>Surprise</u>	<u>Amazement</u> · <u>Astonishment</u>
<u>Anger</u>	<u>Irritability</u>	<u>Aggravation</u> · <u>Agitation</u> · <u>Annoyance</u> · <u>Grouchy</u> · <u>Grumpy</u> · <u>Crosspatch</u>
	<u>Exasperation</u>	<u>Frustration</u>
	<u>Rage</u>	<u>Anger</u> · <u>Outrage</u> · <u>Fury</u> · <u>Wrath</u> · <u>Hostility</u> · <u>Ferocity</u> · <u>Bitter</u> · <u>Hatred</u> · <u>Scorn</u> · <u>Spite</u> · <u>Vengefulness</u> · <u>Dislike</u> · <u>Resentment</u>
	<u>Disgust</u>	<u>Revulsion</u> · <u>Contempt</u> · <u>Loathing</u>
	<u>Envy</u>	<u>Jealousy</u>
	<u>Torment</u>	<u>Torment</u>
<u>Sadness</u>	<u>Suffering</u>	<u>Agony</u> · <u>Anquish</u> · <u>Hurt</u>
	<u>Sadness</u>	<u>Depression</u> · <u>Despair</u> · <u>Gloom</u> · <u>Glumness</u> · <u>Unhappy</u> · <u>Grief</u> · <u>Sorrow</u> · <u>Woe</u> · <u>Misery</u> · <u>Melancholy</u>
	<u>Disappointment</u>	<u>Dismay</u> · <u>Displeasure</u>
	<u>Shame</u>	<u>Guilt</u> · <u>Regret</u> · <u>Remorse</u>
	<u>Neglect</u>	<u>Alienation</u> · <u>Defeatism</u> · <u>Dejection</u> · <u>Embarrassment</u> · <u>Homesickness</u> · <u>Humiliation</u> · <u>Insecurity</u> · <u>Insult</u> · <u>Isolation</u> · <u>Loneliness</u> · <u>Rejection</u>
	<u>Sympathy</u>	<u>Pity</u>
<u>Fear</u>	<u>Horror</u>	<u>Alarm</u> · <u>Shock</u> · <u>Fear</u> · <u>Fright</u> · <u>Horror</u> · <u>Terror</u> · <u>Panic</u> · <u>Hysteria</u> · <u>Mortification</u>
	<u>Nervousness</u>	<u>Anxiety</u> · <u>Suspense</u> · <u>Uneasiness</u> · <u>Apprehension (fear)</u> · <u>Worry</u> · <u>Distress</u> · <u>Dread</u>

http://en.wikipedia.org/wiki/List_of_emotions

The HUMAINE Emotion Annotation and Representation Language (EARL) classifies the following 48 emotions

- Negative and forceful
 - [Anger](#)
 - [Annoyance](#)
 - [Contempt](#)
 - [Disgust](#)
 - [Irritation](#)
- Negative and not in control
 - [Anxiety](#)
 - [Embarrassment](#)
 - [Fear](#)
 - [Helplessness](#)
 - [Powerlessness](#)
 - [Worry](#)
- Negative thoughts
 - [Doubt](#)
 - [Envy](#)
 - [Frustration](#)
 - [Guilt](#)
 - [Shame](#)
- Negative and positive
 - [Boredom](#)
 - [Despair](#)
 - [Disappointment](#)
 - [Hurt](#)
 - [Sadness](#)
- Agitation
 - [Stress](#)
 - [Shock](#)
 - [Tension](#)
- Positive and lively
 - [Amusement](#)
 - [Delight](#)
 - [Elation](#)
 - [Excitement](#)
 - [Happiness](#)
 - [Joy](#)
 - [Pleasure](#)
- Caring
 - [Affection](#)
 - [Empathy](#)
 - [Friendliness](#)
 - [Love](#)
- Positive thoughts
 - [Courage](#)
 - [Hope](#)
 - [Pride](#)
 - [Satisfaction](#)
 - [Trust](#)
- Quiet positive
 - [Calm](#)
 - [Content](#)
 - [Relaxed](#)
 - [Relieved](#)
 - [Serene](#)
- Reactive
 - [Interest](#)
 - [Politeness](#)
 - [Surprised](#)



Person on left is crushed by fear which has diminished the size of the soul. Our soul can reduce in size to that of a pea.

The vibrant person on the right is filled with love and life.

We have a physical body, a spirit body, and our real self which is our soul.



The inner core of our soul is blessed with natural love emotions that are all have a high frequency or higher.

The mind's erroneous emotions all have a low frequency or a very low frequency.



Core Emotions
 Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.

Human Emotion	Energy Frequency	
40.0 Serenity of Being	Ultra-high Frequency	
30.0 Postulates		
20.0 Action		
8.0 Exhilaration		
6.0 Aesthetic		
4.0 Enthusiasm		
3.5 Cheerfulness		Very-high Frequency
3.3 Strong Interest		
3.0 Conservatism		
2.9 Mild Interest		High Frequency
2.8 Contented		
2.5 Boredom	Low Frequency	
2.4 Monotony		
2.0 Antagonism		
1.9 Hostility		
1.8 Pain		
1.5 Anger		
1.4 Hate		
1.3 Resentment		
1.2 No Sympathy		
1.15 Unexpressed Resentment		
1.1 Covert Hostility	Very-low Frequency	
1.05 Anxiety		
1.0 Fear		
0.98 Despair		
0.96 Terror		
0.9 Sympathy		
0.8 Propitiation		
0.5 Grief		
0.4 Making Amends		
0.3 Undeserving		
0.1 Victim		
0.08 Hopeless	Ultra-low Frequency	
0.07 Apathy		
0.06 Useless		
0.06 Failure		
0.04 Pity		
0.03 Blame		
0.02 Regret		
0.01 Dying		
0.0 Body Death		

Happiness Domain

Un-happiness Domain

MAP OF CONSCIOUSNESS

Map of Consciousness represents the emotional and spiritual fields within the kingdom of man which is Spheres 1 – 6.

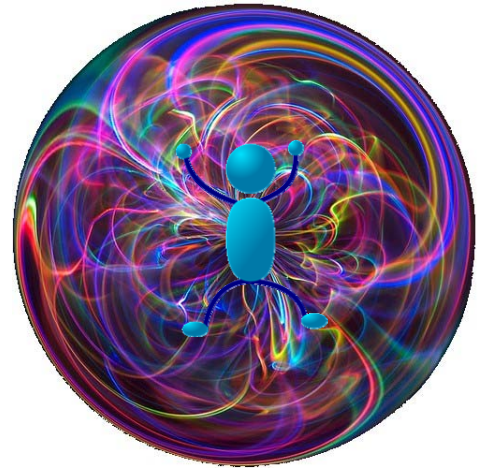
Consciousness is soul condition, as one's soul condition improves, it expands in size as it grows in love.

The scale is exponential, grows at a factor of 10.

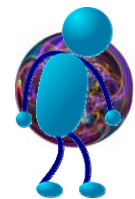
The mind's erroneous emotions are those calibrating 200 or lower.



Core Emotions
 Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.



Soul expands as it grows in love and condition.



MAP OF CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

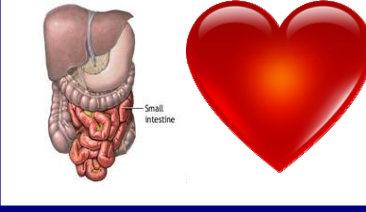
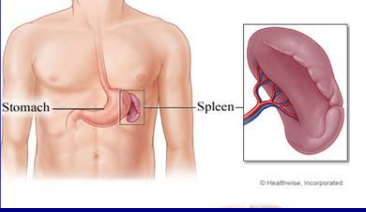
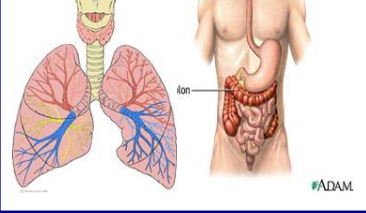
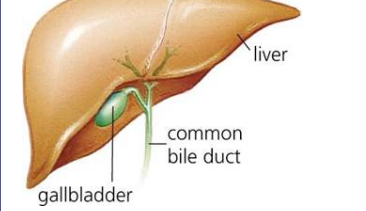
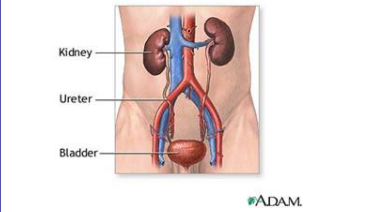
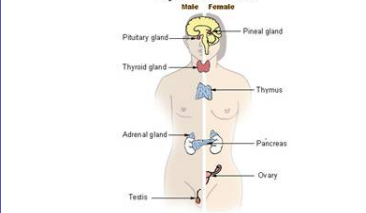
Negative emotions are those that calibrate 200 or less on the Map of Consciousness. These are also man erroneous emotions. Further, these negative blocked emotions disrupt the energy flows along the meridian lines within your etheric body, being your spirit body.

The Emotion Code chart identifies, generally, the negative emotions and their relationship to the main meridian lines. The frequency level of each negative emotion generally has a close relationship to the frequency associated with your main organs, each of which has a different set of frequencies.

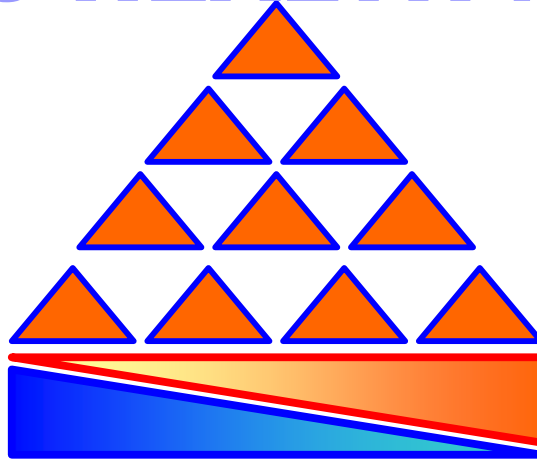
Thus, the clearing of negative emotions are generally only dealing with issues within your personality, which is a reflection of your soul, that relate to the lower half of the 1st sphere. To progress beyond the 1st sphere then you have reached 500 or more on the MoC. These negative emotions generally calibrate 200 or lower on the MoC.

EMOTIONS affect SPECIFIC ORGANS:

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one’s mind affect the flow of energies through one’s spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	EMOTION CODE™ CHART	
	Column A	Column B
	<p>Row 1 Heart or Small Intestine</p>	<p>Abandonment Betrayal Forlorn Lost Love Un-received</p> <p>Effort Un-received Heartache Insecurity Over joy Vulnerability</p>
	<p>Row 2 Spleen or Stomach</p>	<p>Anxiety Despair Disgust Nervousness Worry</p> <p>Failure Helplessness Hopelessness Lack of Control Low Self-Esteem</p>
	<p>Row 3 Lung or Colon</p>	<p>Crying Discouragement Rejection Sadness Sorrow</p> <p>Confusion Defensiveness Grief Self-Abuse Stubbornness</p>
	<p>Row 4 Liver or Gall Bladder</p>	<p>Anger Bitterness Guilt Hatred Resentment</p> <p>Depression Frustration Indecisiveness Panic Taken for Granted</p>
	<p>Row 5 Kidneys or Bladder</p>	<p>Blaming Dread Fear Horror Peeved</p> <p>Conflict Creative Insecurity Terror Unsupported Wishy Washy</p>
	<p>Row 6 Glands & Sexual Organs</p>	<p>Humiliation Jealousy Longing Lust Overwhelm</p> <p>Pride Shame Shock Unworthy Worthless</p>

PASCAS HEALTH MATRIX



**ALLOPATHY
MEDICINE**

**COMPLEMENTARY
THERAPY**

**FRIEND / PATIENT / CLIENT in conjunction with FEELING HEALING
MEDICAL HOLISTIC DIAGNOSTIC TECHNICIAN**

PROFESSIONAL MEDICAL TEAMS

- Neurosurgery
- Ears, Nose & Throat – ENT
- Urology
- Orthopaedic
- Trauma Surgery
- Gynaecology
- In-Vitro Fertilisation – IVF
- General Surgery
- Ophthalmic Surgery
- Dental & Faciomaxillary Surgeons
- Cardio Thoracic
- Oncology – Cancer
- Cardiology
- Radiotherapy
- Medical Services

COMPLEMENTARY THERAPY FIELDS

- Complete Therapeutic Systems
- Oriental Diagnosis
- Western Diagnosis
- Iridology
- Naturopathy
- Breathing
- Hydrotherapy
- Food & Diet
- Oriental Systems
- Chinese Herbalism
- Japanese Medicine
- Ayurveda
- Tibetan Medicine
- Traditional Arabic Medicine
- Shamanism

**Imaging – X-ray – Ultrasound – CAT scan – MRI
Pathology
Streamer – Case Manager**

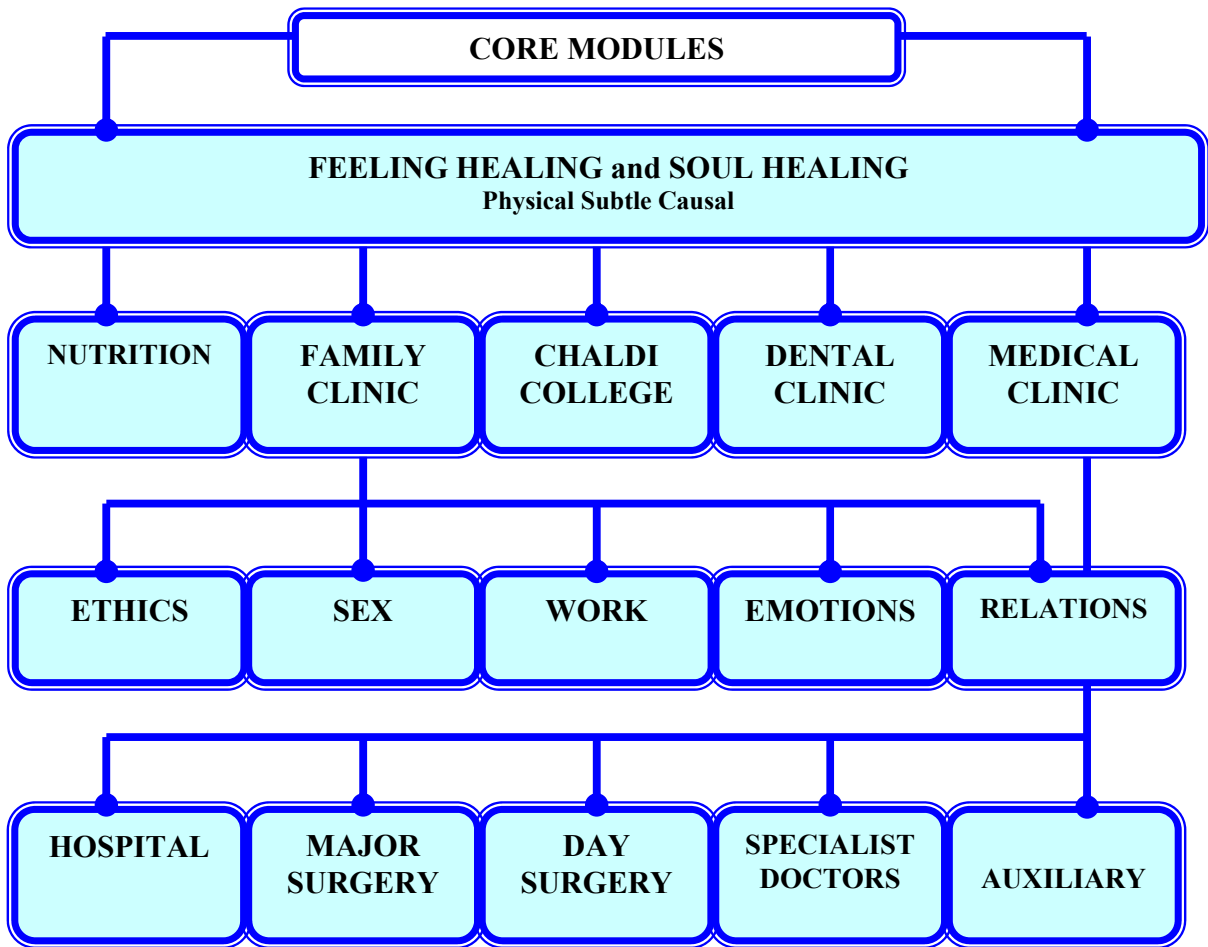


Streamer's Meeting



PASCAS CARE

Life Practice Matrix - Feelings First



Feelings first

EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:

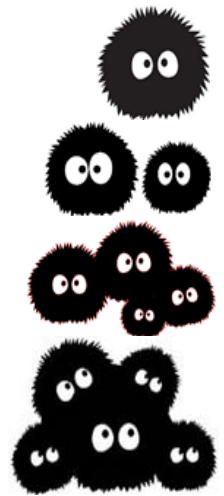
A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.



The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.

The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

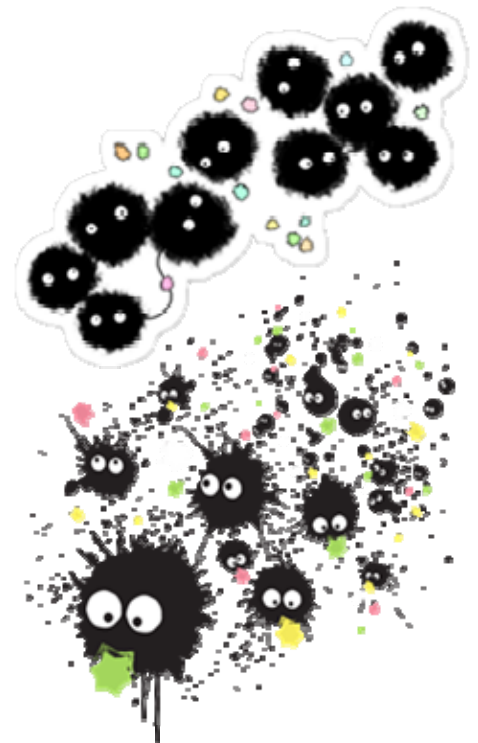
It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.



The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you – release the injury.



OUR BODY NUDGES US TO LONG FOR TRUTH!

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018



Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:

We are to uncover the truth of our untruth through the Healing crying Mansion World levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).



Spirit Mansion World 3 equivalent on Earth: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Spirit Mansion World 5 equivalent on Earth: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Spirit Mansion World 7 equivalent on Earth: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

One's acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all one's repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these feelings and emotions are also painful, but are a different pain to when you feel like your mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, you then move into deeper emotions and feelings to be expressed, feeling like you are progressing in letting go of your untrue self, giving up more of your falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall one's Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



Accept, express and long for the truth of your feelings.

Live true to your feelings; your feelings are your true self. Be free in your feelings. Free your feelings from your mind's control. Live true to yourself through your feelings.

BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING
ABOUT PAIN.
IT DEMANDS TO BE
FELT.



What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs

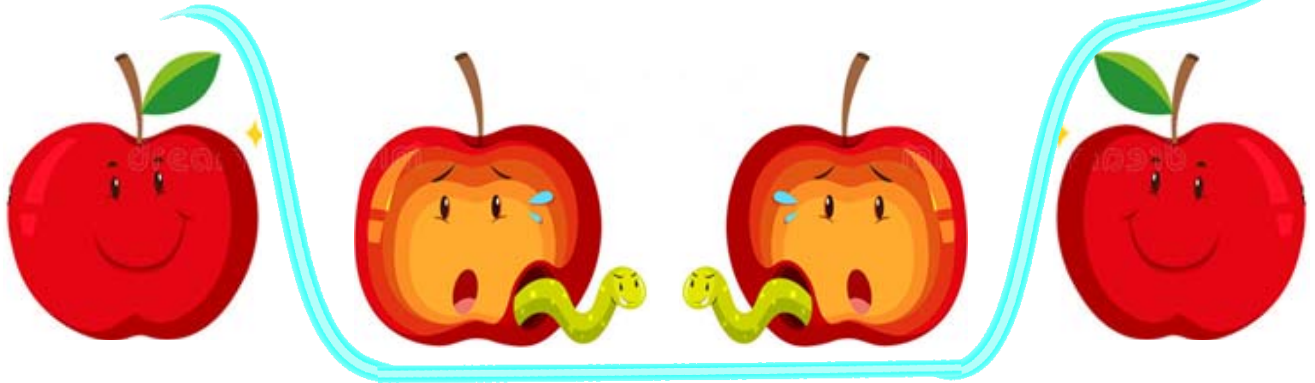


Neglecting a child's educational needs



Leaving a child without supervision

Pole Shift



Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

Now, for the first time in history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

We can through our Feeling Healing embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.

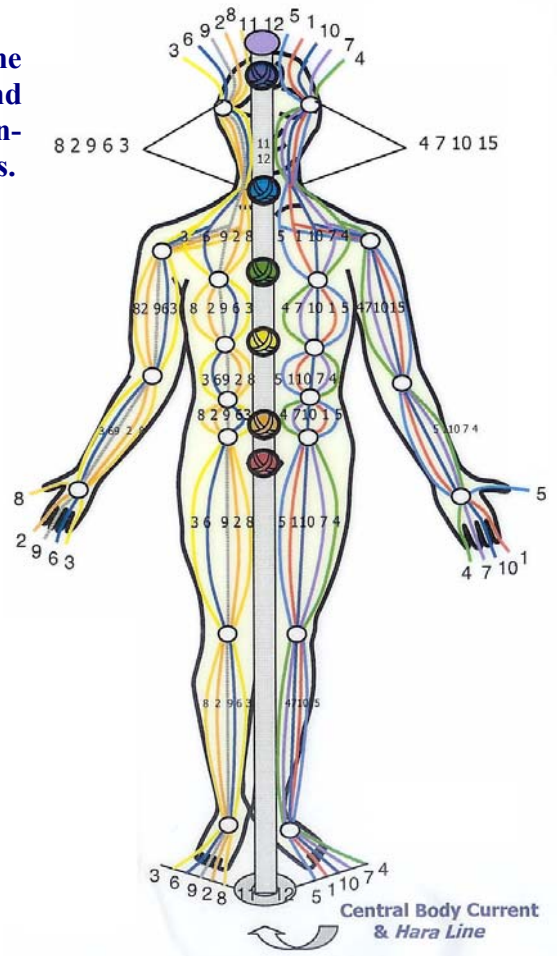
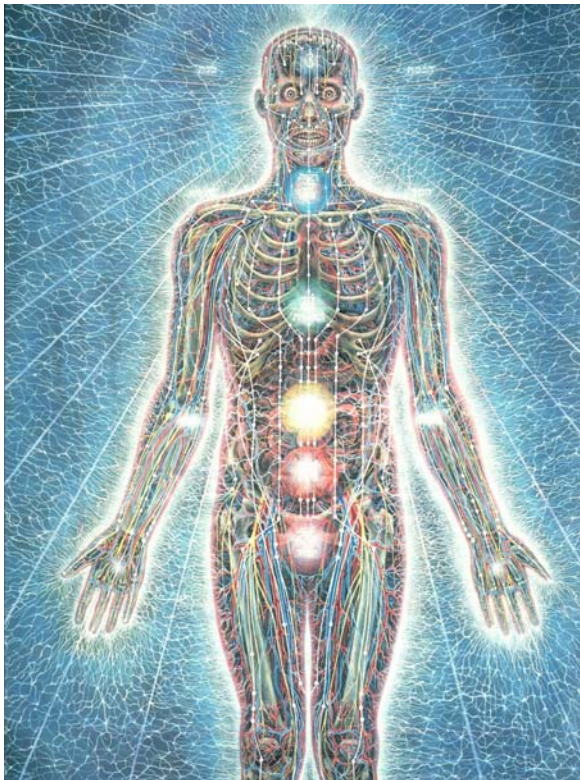
Meridians – the Pathways of Energy Flow

The pathways of chi flow are called meridians. Where are the meridians? When a surgeon operates on a person, he does not find any meridians. The surgeon does not see air either, but it is still there. Compare a meridian with a stream. A stream, unlike a pipe, has no defined boundary. It is simply where water flows, and it may constantly change its shape, although the change is so small that it generally maintains a definite line of flow. In the same way, a meridian has no fixed boundary.

It exists where the chi flow is, though it maintains its general form. Meridians are of two kinds: the main ones are called channels (jing), and the branches are called collateral (luo). However, the term ‘meridians’ is often used to denote channels.

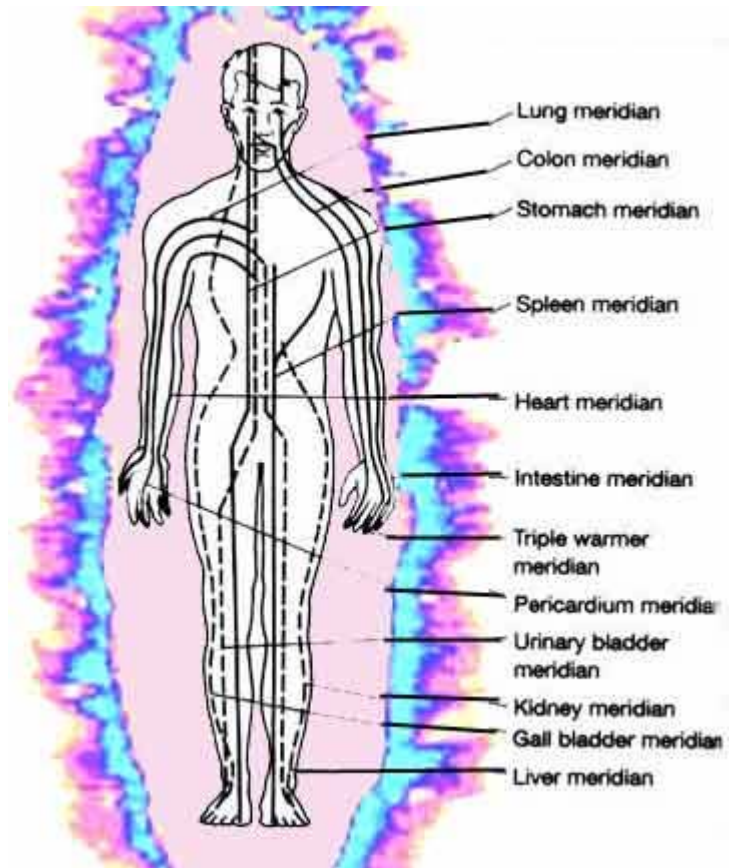
When Chi does not flow easily and smoothly we have what is commonly called a dis-ease. The Chinese believe that a Chi gets trapped in the meridian and the body suffers from all the ailments. To heal this blockage the Chinese healers understood the flow of energy through the various Meridians. They stimulated the energy points to let flow the Chi and, so therefore the healing took place.

Tonal lines create the web-work of energy which the scalar-wave frequencies of the core Katha Grid and DNA Template translate into the Chakra Meridian-Nadius Line (Hara Line) and chemical DNA systems.



Meridians, or channels, can be classified into two groups: primary and secondary: Primary meridians are those that pass through internal organs, secondary meridians do not. There are twelve pairs of primary meridians flowing in a never-ending circle. For simplicity, only one of each pair is described. The twelve meridians are as follows:

Lung meridian
Colon meridian
Stomach meridian
Spleen meridian
Heart meridian
Intestine meridian
Urinary bladder meridian
Kidney meridian
Pericardium meridian
Triple Warmer meridian
Gall Bladder meridian
Liver meridian.



Negative energy in the form of holding onto an untruth about anything, being a person or an event, deposits within one's soul as a tiny cell of unwanted energy. This tiny energy blockage can grow and grow should you allow the issue to fester within your being.



Untruths with anger and hatred will slowly, but surely, manifest themselves into your meridian system which resides within your spirit body. This then results in energy flow blockages within your meridian system, being the template for your physical body. Unless these energy blockages are released and allowed to pass through your spirit body, you will begin to feel pains within your physical body, and subsequently, an illness may emerge within your physical body. Such illness is a direct result of an emotional issue, or series of related emotional issues, that could have commenced during your early childhood, or even before birth. Proceeding to release these emotional time bombs while receiving medical assistance for your physical body can result in the permanent recovery from such illness.

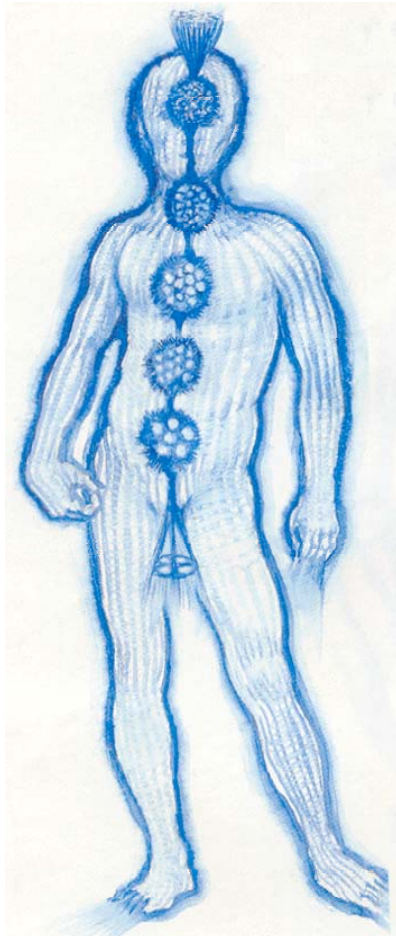
HEALTHY MERIDIAN or OBSTRUCTED MERIDIAN:

The etheric body, being part of your spirit body, is the template for the physical body. Much of the energy you need for the physical body is supplied by way of chakras and the meridian lines throughout your etheric body. These meridian lines reach from your toes to the end of your fingers or top of your head. Each set of meridian lines is connected to a specific organ of your body. Each organ functions at a different vibrational frequency.



In like, many negative emotions, which are also of different vibrational frequencies, if not allowed to pass through your bodies, will find their lodgement within fields of related frequencies within your body and organs. Such negative emotion, being those calibrating under 200 on Dr David Hawkins' Map of Consciousness, may lodge anywhere in the bodies, typically on the meridian line of the related organ to which it relates to and was attracted to.

Such slow vibrating negative emotion is a plasmatic magnetic energy ball. It can grow and grow by being fed the same fuel coming from a continuation of the same emotional injury. This stuck ball of energy will restrict the movement of needed energy flow along the meridian. This will result in discomfort, then pain, and then may manifest in illness in the organ or in aspects or regions of the body related to that organ.

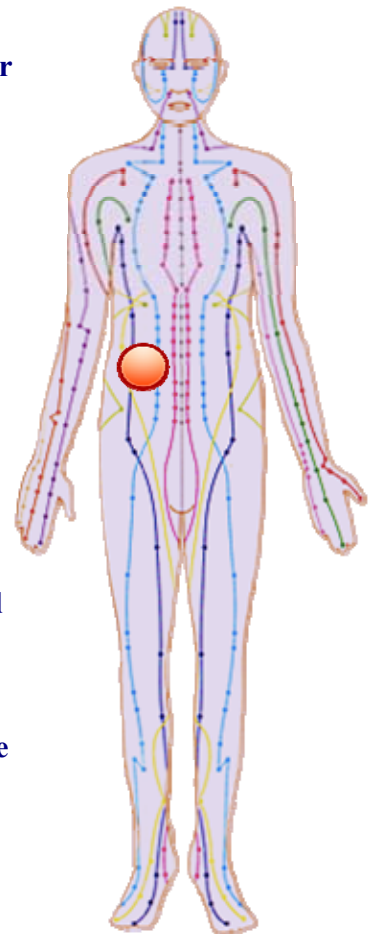


Allopathic / western medicine treats the symptoms, however the cause remains held in the bodies resulting in a further or similar health issue or a reoccurrence.

The negative emotion, possibly having been held since very early childhood, can be easily removed.

Issues within the subtle bodies are energetic magnetic fields that can be removed by your focused intent to recognise the issue, locate the issue, and enable the bodies to release the emotion with the support of additional magnetic energy being provided to your governing meridian down your spine. Such healing modalities include the Emotion Code and Body Code practices, as an example.

The ultimate way to improve your health condition is to long for and receive Divine Love, this love slowly but steadily grows your soul condition and results in erroneous emotions and injuries being released from your bodies.

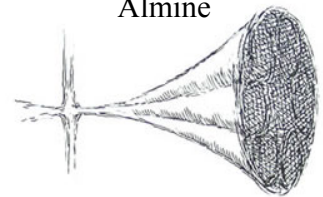


MERIDIAN LINES are ENERGY CONDUITS for CHAKRAS.

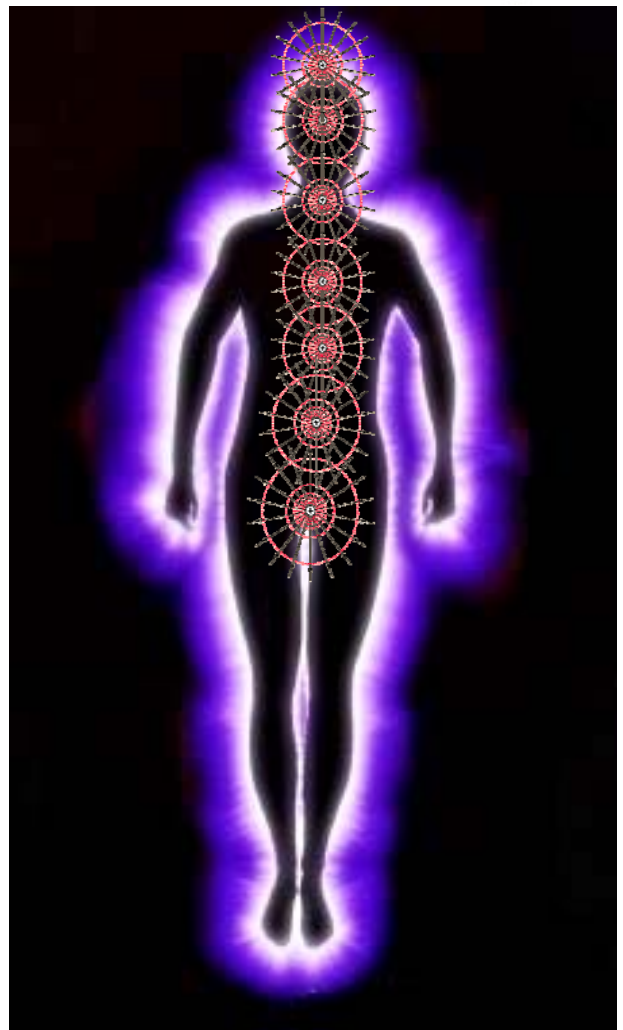
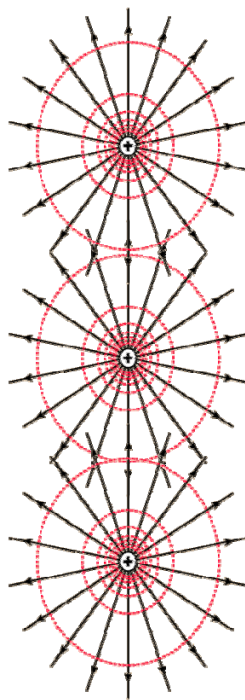
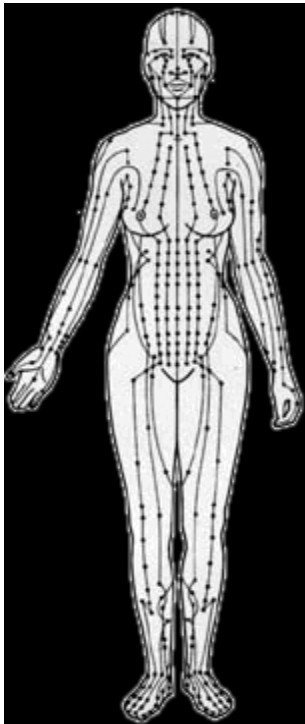
Spirit Body, incorporating the Etheric Body, is the blue print and master designer of the Physical Body. Energy flow constrictions in the many meridian lines, that form the blue print, emerge as pain, then injuries and then illnesses within the Physical Body.

Etheric or Astral Body: The majority of karma, which is a constriction in the universal flow of energy formed by incorrect perception, is held in the astral body (only a small portion is in the physical body). It consists of bluish lines of light. It produces the acupuncture points and the major and minor chakras by the energy lines crossing each other. Where they cross seven times, there is an acupuncture point. Where they cross thirteen times, there is a minor chakra point. Where they cross twenty times, there is a major chakra point. This body is linear and is located an inch (2.5 centimetres) out from the physical body.

Almine



Each chakra point, major or minor, has a swirling vortex that draws in energy to feed the spirit body and subsequently the physical body.



158. *On the Immutable Spirit Law that Sustains the Spirit Body*

7 December 2012

There is much confusion about the interaction of spirits with humans. This is quite understandable because so few people have truly been able to identify the immutable (unchangeable) Spirit Laws that function and act as a conditional harmony between all mortal spirits and peoples of the Earth.

When one understands the nature of the Divine Love experience and the fact that the Divine Love relates directly with all existing immutable Spirit Laws, then, all that defines the individual emerges with a true perspective of insight and knowledge. From the experience of natural love in a human without any awareness or knowledge of the Divine Love, one will be diminished in their capacity as understanding how these immutable Spirit Laws work and work they do to provide a mortal universal harmony between the human world and the spirit world.

The reason I mention this is to state that the individual human personality in its forming has the attribute of soul and spirit body to it and the spirit body is robust and a true existing body of real form, of real spirit energy, of real substance and image. I along with Celestial spirits can see your spirit bodies clearly and easily, and each spirit body to each individual clearly reveals to us, the condition of the soul, which instantly tells us the overall condition of the mortal personality to its condition of forming. I can see if a spirit body has commenced its change by the receipt of the Divine Love or a change in a progressed natural soul condition.

The spirit body is a bone-fide attribute and the most important attribute for the survival of the human personality. This means that to the forming of a spirit body, there is an immutable Law that protects each spirit body whilst in a human experience from any influence from a spirit in the spirit world. It has been revealed to you that no spirit can impose their personality *over* a human and this is true, for a particular immutable Spirit Law in its function prevents this from happening and this helps to maintain a harmony between spirits and the human experience. The only presence from the spirit world that can interface with the surface of the spirit body of a human is love and the immutable Spirit Laws allow for this form of communication.

There is a very good reason why the Father / Source Soul has set in place these Spirit Laws and in particular, the one that protects the human spirit body. The spirit body is the body in which the attribute of soul and attributes of personality survive a human life and the transition into the mortal spirit world. If the spirit body or the surface of the spirit body, were damaged or interfered with or in any way interrupted, this could have dire consequences on the personality contained within the spirit body. If spirits were able to penetrate the spirit body and interfere with the personality contained to it, then this could cause a massive transgression that would be potentially capable of disrupting attributes such as the memory, awareness, or cognitive aspects and reality and function in a personality.

I understand that fear forms part of human experience. There is a natural fear for survival and there is fear caused by personality. It is impossible because of the immutable Spirit Laws that act on each spirit body, for a personality in the spirit world to interfere or inhabit the space inside a human spirit body. Any kind of spirit possession is absurd and rests in the imagination of the mortal. Two independent personalities, one being a spirit and the second being a human person cannot inhabit the one same spirit

body. The immutable Spirit Law that acts upon the surface of each spirit body, human and the spirit prevents any such violation from ever happening. The only thing that causes a perception of possession is the fear that already exists in the human personality and or the human imposing fear to fight the existing fear.

Love in its natural and Divine forms, is in their essence a harmony and the existing spirit body that each individual has is like the soul and personality, a sovereign domain to each individual.

Your Celestial friend and teacher, Luke

159. *Communication between Spirits and People*

8 December 2012

Communication between spirits and people obviously transpires. You can receive my thoughts, impressions, perceptions and your spirit body is in no way compromised in its integrity.

Can you receive negative input from a spirit? Of course you can. Your soul perceptions will decipher and discern the information and if the input is coming from a negative source, and you were to receive direct communication from a spirit in poor condition, the impression would stem from the condition of this individual and you would be able to receive it, as you receive harmonious input. The downside to this type of communication is the evidence and effect on your spirit body and energies caused by being in communication with a soul in poor condition. However, in your (the medium receiving this particular message) case because you understand the way the Divine Love works in your life and the related immutable Spirit Laws, the only reason a spirit in poor condition would be in communication with you would be for that spirit to learn about the potential of progression and the Divine Love that will improve their poor condition.

Simply because one is a spirit in no way infers that that spirit is necessarily more advanced or progressed in their soul condition by the mere fact of local environment. A person living in their awareness of the Divine Love will be in better condition of soul and spirit body than any spirit residing in the spirit world living in only their natural condition of natural love. **Spirits in poor soul condition can communicate with you if you allowed this communication to happen.**

Celestial spirits never impose upon your asking to do a work such as this work, *The Divine Universe*. You have asked to be of service and so we can effectively communicate with you and the harmony of this work is an example in the way we are all living in our awareness of Divine Love.

If you (the medium) were to communicate with a spirit in poor condition, it would be because you have asked to provide this service and the individual would be able to interact with you in the correct and only way in which the Spirit Law of Rapport and Communication works and the spirit in poor condition in this communication, can in no way impose or establish any action resulting in your spirit body to lose its integrity. It must be said here that individual spirits in poor condition are so weakened by fear and isolation as their soul condition reflects in their spirit body, that a spirit in poor condition will find it difficult to be in rapport with the Spirit Law of Rapport and Communication between spirits and people. As it has been stated to you before, the immutable Spirit Laws form the boundary between the spirit world and the human world and no spirit can act of them selves in an independent manner outside of these immutable Spirit Laws. Even the Master (Jesus) is to comply as he does with these immutable

Spirit Laws and under no circumstances can fear override or overrule, divert or take the place of these immutable workings.

As you (the medium) have progressed in this experience of our Celestial communications you have been able to determine that no harmful side effects have resulted. You are both (two mediums receiving these messages together) in good soul condition as we who communicate are as well, the Divine Love being true to us all and the activation of the Spirit Law of Rapport and Communication demonstrates how cohesively we all work together when Divine Love is living in our souls. Even if you were to receive a communication from a spirit in poor soul condition such as a soul from the lowest of the natural Spheres, there would be no residual side effects transpiring in your spirit body or attributes of your personality. In fact, I dare say you would handle this communication in a manner that represents and is reflective of caring for another who maybe in their impoverished state, actually asking for a helping hand and guiding word. We actually service the needs of these individuals who are present when we write together as many are brought along to hear our words, these same very words that I am writing with you.

I would like to add here that I know that you are aware of the Indwelling Spirit. These works are not works caused into form by your Indwelling Spirit. These works have their origin in and from living personalities. The reason for this, and a good reason too, the Indwelling Spirit cannot demonstrate living in the Divine Love. We can and we do because the experience of the Eternal Father's Divine Love is real to us and therefore, when others come to read these works this vision and awareness conveyed in these works may sound a note of truth in another who has embraced their experience of living with the Divine Love.

[The Indwelling Spirit helps the Father reveal more of the Father to individual souls so that what is absolute and Eternal can be communicated with so that the Father is not inanimate and unknowable. The Indwelling Spirit helps adjust the spirit body as the changes occur as the soul condition of the individual is progressively transformed by the Divine Love.]

<https://new-birth.net/spiritual-subjects/indwelling-spirit/>

Poor spirits are miserable souls and their environment is a diminished Sphere compared with the other Natural Spheres. We are consoled in the fact that God in the forming of the mortal spirit world has provided these diminished Spheres for the poor soul to reside in, in their disharmony though they cannot cause or create any further disharmony to the Sphere or anyone resident in the Sphere.

If one understands the vision of the Spheres as personality environments, where progression in Love, Spirit and Harmony is the way for all souls, then the more progressed spirits live with real vision and universal experience compared to the least progressed who have no vision at all and cannot relate with the universal realities of harmony, Love and Spirit. When I visited these Spheres I could see the discord that individuals were living in. I needed to bear in mind that these individuals in their retched condition are still part of humanity and souls of the Father. Each individual has placed themselves there, by their actions of living in their human life. I have never heard of a natural spirit from the First Sphere to the Sixth Sphere creating any discord that results in that individual being sent to the Hells below. Just as each individual has put them selves in these Spheres they can change as potential exists so they can progress out of their condition. The immutable Spirit Laws function in these Spheres as they do on Earth or in any of the Spheres and The Spirit and The Divine Love are as present in these Spheres as present in any domain where mortal personality lives. I am afraid to say that these individuals in the

appearance of their spirit body are incredibly small. It is testimony to the personality the soul and the spirit body to survive in such impoverished conditions and testimony to the fact that God's workings still function so that the personality *can* survive when the individual has done absolutely nothing at all to change their situation.

In keeping with the vision of harmony stated in the spirit writings of James Padgett (Book of Truths by Joseph Babinsky), the mortal harmony in the spirit world will be realised and fulfilled when there are no more individuals living in such contradistinction to the universal harmony of Love and Spirit. All I can say is that each individual will be given ample opportunity to increase their potential and then if not it's in the lap of the Father. For just as God can cause a personality into existence by the workings of the Spirit Conduits that function to form attributes such as mind and spirit-mind, The Father is the only authority in all of creation who can work another attribute of Spirit Law that undoes a personality, soul and spirit body that was once formed. In the powers of mortal creation, mortal personality doesn't have a say in affairs that extend beyond its own material creation.

The student of the history of the Divine Love will have learnt that the Father once withdrew the potential for humans and spirits to receive the Divine Love. When it comes to such vast and extensive workings the Father does act and will act and is in this regard, no respecter of personality especially when the personality may choose to continue denying the very source of its own soul life.

Thank you for receiving my message this morning, and this may add some interest into the subject of communication, the spirit body, some conditions of spirit life and the question of mortal existence.

Your Celestial friend, Egl'n

83. *Wrongdoing*

16 October 2012

The condition for evil only exists in a human experience. As a potential for wrongdoing this human experience is not continued in the mortal spirit world. The acting Spirit Laws prevents any further subsequent wrongdoing and, one to another anywhere in the mortal spirit world cannot impose such vile actions. The Spirit Laws of Harmony prevent any further contravention between individuals. The grossness of such actions as imposed by individuals only transpires in a human life. Such actions affect the soul condition and that individual remains in that condition until the action of the Law of Compensation alleviates that condition for the perpetrator of such action and deed has chosen to progress back into harmony. As in all consequences of human living, the soul is present and any such action for good or bad, form part of that individual's condition. The full spectrum of human experience and condition in terms of consequences never exceed the present Spirit Laws and there is never more evidence of this than in the lowest Spheres that are the environments formed by God for such depraved individuals to reside in, so that harmony remains the integrity between all mortal Spheres. The universal potential for change and progression is always present and the divinity of God will help bring about change. Whilst the actions of men and women may result for such transgressive behaviour, the responsibility for all human actions rests with the individual and part of the universal harmony in which all humans and spirits reside in at its most fundamental experience, is never stagnate, for this provides the individual with the potential for change.

Jesus of the Celestial Heaven

The Indwelling Spirit and the New-Birth.

June 25th, 2008, Melbourne Australia

<https://new-birth.net/spiritual-subjects/indwelling-spirit/>

Received by Nicholas Arnold

I have been with you most of this morning and now we can resume our work together on this subject. Both you and Zara are in the presence of Divine Love and your respective soul condition is very good to receive. In receiving these Messages it is also important to note that you are not in a trance nor do I take control of your physical attributes to convey my message. You are cognitive and for the most part it is a shared communication where your soul and its perceptions listen to my discourse which you then communicate. This is the way you have received all your messages from the Divine Love spirits.

The Father loves nothing more than individuals learning about the individual and Eternal nature of the Father. The Divine Love begins this learning in a definitive way and this continues as the soul condition changes with the receipt of Divine Love. The Father's Soul is the existence of an Absolute Eternal presence with attributes that create all that has become the Realms in all their expression and experience in Universal creation. The Indwelling Spirit helps the Father reveal more of the Father to individual souls so that what is absolute and Eternal can be communicated with so that the Father is not inanimate and unknowable. The simplest way for a soul to begin knowing the Father is through the Divine Love.

Celestial spirits who have a real understanding of the effects of Divine Love in their soul move into the way of spirit love. Celestial spirits are in the Divine Love of the Father actively participating with the Father's Spirit that has become personalised and relates to the mind attribute of their soul. Spirit love is a reality because the physical environment that exists on Earth is not present. The Indwelling Spirit helps us to engage in the greater spirit realities that are pertinent to our existence and these realities increase as we progress in towards the Father. We do communicate with each other in a soul-to-soul spirit-to-spirit form of exchange which does not involve the construct of Earthly mortal language, it is a spirit language which we learn as we progress in soul condition, and the language of spirit becomes more realised. When the Indwelling Spirit communicates with us, it is instantaneous and active as a spirit-soul experience and so, we understand that the voice of the Father is actively communicating with us in the language of spirit and our soul accepts and understands this for our rapport with the Father is solid in Divine Love and our own soul's personalisation of this Love.

To provide a definitive understanding that defines the attribute that is the Indwelling Spirit and why this attribute is distinct from the Divine Love of the Father is in the teaching that Jesus has conveyed in the Padgett Messages that the Holy Spirit conveys into a mortal soul the Divine Love and the Holy Spirit, as an attribute given by the Father, works solely in this way. The Indwelling Spirit in its function does not convey the Divine Love into a mortal soul nor does it interact with the Holy Spirit that excludes the Divine Love of the Father. The Indwelling Spirit helps adjust the spirit body as the changes occur as the soul condition of the individual is progressively transformed by the Divine Love. This Truth is essential insofar as understanding the Indwelling Spirit and the New-Birth.

With love,
Your Celestial friend,
Ezekiel

The DIVINE UNIVERSE:**via Zara Borthwick and Nicholas Arnold****305. *Contact with the spirit world***

17 February 2013

I am here to write on the various Spirit Laws that exist to maintain the harmony between spirits and people. You are now aware that there is a diversity of Spirit Laws, and that each distinct Spirit Law works its function so that boundaries exist in the spirit world and between the spirit world and the human world. There are Spirit Laws that are distinct in their working in the Celestial Heavens that do not exist or have any need of existence in the social natural Spheres where mortal personalities reside. The distinction made here clearly defines the reality of those individuals who are in their social-natural love or with the Immortal Divine Love and progressing through these Spheres.

It is paramount that any mortal spirit does not interfere with a developing human personality. God, in the forming of the mortal spirit world, has given form and principle to this spirit world of which one such principle of Law is that no disharmony will be created or caused by spirit on a human or any other mortal spirit.

Harmony exists between the Spheres and residing personalities cannot act or impose their will in a manner that is contradistinctive to the very distinct Spirit Laws that govern the harmony present in all Spheres. Many people do not know that such boundaries exist in the mortal spirit world, nor do they know that every single mortal or Immortal personality is subject to these distinctive and diverse Spirit Laws. People who desire to learn about the spirit world have many ideas about spirits and the spirit world, and a great error in thinking by people, is to believe interference happens that is derogative to a forming human personality caused by a spirit's thought, energy or action.

Many people have had experiences involving spirit that cannot be easily explained and usually in a human experience, the little known Spirit Law of Assistance, which the Creator alone operates, has at times helped or intervened or ended or commenced something that appears 'not of the human world' to have happened. This Law is solely subject to God and no spirit can interfere with the working of this Law. This Law, as in all God's Spirit Laws, can only act in accord with the Source that has caused these Laws to exist in the first place, and this Source is God the Soul. Spirit can work with some of the Spirit Laws such as I am doing now, as I work with the Spirit Law of Rapport and Communication with the receiver of this message.

Mortal and Immortal spirits cannot sneak from the spirit world into the human world to cause or wreak havoc. We cannot attack or cause bodily harm, or cause disruption to a forming human personality. We cannot interfere with a person's dream state whilst they are sleeping, nor can we encourage any human to act in a manner that violates the very universal principles of love spirit and harmony. No spirit can interfere with or disrupt the Divine Love and the Spirit that conveys this Love into a human soul. The Spirit, or as some of you like to refer to this Spirit as the Holy Spirit, cannot be interfered with in Its' working by any mortal or Immortal personality.

People cannot astral travel or travel at will or in their dreams through the spirit world. In all my years, I have never seen or met a person from the human world in the spirit world who is astral travelling, or whilst in their sleep state, travelling of a focus of their astral body. People would like to believe this happens, but it doesn't happen. The reason for this rests solely in the fact that the only way a personality

can visit the spirit world is in their spirit body when their physical body dies. People can form true perceptions of the spirit world by the use of their soul perceptions and spirit senses, so that such detail is seen that the human material mind may think or believe that it has actually visited the spirit world. The very Laws that form the human personality that includes the incarnation of soul and forming of the unique spirit body are the same Laws that protect the soul and spirit body so that the developing personality can form even though the physical condition of each person differ, and these same Spirit Laws prevent the personality or aspects of the personality from separating from itself or for one to leave their spirit body and relocate in their finite form in the spirit world whilst still in their physical body. The spirit-senses in a spirit body, if they are active, can provide real image and living energy into the reality of the living spirit energy that makes up the spirit world. This can appear so real that a person may actually think they are there, but it is only the activity of the spirit body and soul condition causing these experiences to become visible in the brain of the individual.

When we communicate with people, the receiver may work with the essence of our spirit-vision and their spirit-vision forms a living reality into the existence of spirit universal realities, and so the experience of time changes and one touches on the essence of spirit, whilst retaining their habit of physical and material experiences of time.

Making contact with the spirit world is a kaleidoscope of colour for most people. We understand this. I have seen many spirits converse with people over the years or interact with people and the unseen boundaries of God's Spirit Laws always present. I have never seen a disharmonious act committed by a spirit on a human. I understand that when a person becomes a spirit, in their time of integrating their new life, the individual can be in a fit of rage or angry or sad, because they feel the human life was over before its time. I have seen how these individuals communicate with mediums and whilst they are demonstrative in their action, they cannot force the Spirit Law that envelops them to change.

I know that people believe all sorts of things and that experiences and events have happened that cannot be easily explained and that defy the border of human experience, and that such experiences are determined as having been caused or influenced by spirits. My advice would be to begin receiving the Divine Love and gradually learning how the natural and the Divine Love work and from this position, to see how the harmony of the spirit world functions so that each personality in the spirit world in their respective environment is harmoniously living to the due fact of their soul condition.

There are no dark elements or conspiracies or hidden secrets keeping humans away from the spirit world. Everything has its place and the universe is a transparent place. For God lives with transparency, only that it requires our soul condition to develop with transparency, so that each one of us can learn to see the true nature of Love and Spirit and the way harmony is present from the Source to each finite soul.

With love,
A Celestial spirit
David



Sphere
∞

6

5

4

3

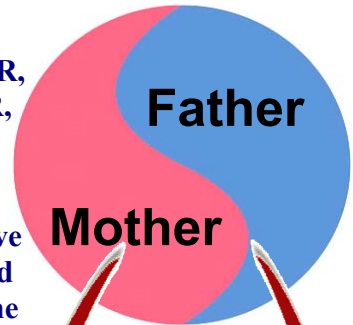
2

1

WORLD



CREATOR,
MOTHER,
FATHER,
GOD.



Divine Love
is delivered
through the
Holy Spirit
should you
ask for
Their Love.

Mother



Your
soul can
be
likened
to a
plasma
ball.



Soul releases
errors and
negative
emotions via
Feeling
Healing with
Divine
Love.



MoC ∞

As we progress along our journey, growing in love and truth, we progress from the physical state of the human body into the spirit body, still having a similar appearance but with a significantly lighter density but with increased energy and capabilities and senses. We then progress to atonement with God, at which time our soul becomes our being with our spirit body being subordinate to our soul, at this point we can see other people's souls. We still continue on our path, progressively growing in love and truth, our energy continues to grow whilst we progressively become even lighter in density, thus further enhancing our capabilities. No one knows even if there is a limit to our growth and progression in love and capabilities. At all times, we are emotional beings.



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The DIVINE UNIVERSE:**via Zara Borthwick and Nicholas Arnold****308. *The study of the spirit body***

19 February 2013

Hello, it is I Eugene, present with you now. I have been asked by the Master to write a series of works that study the spirit body. You have with Zara received a comprehensive Immortal work and now we are asking that you commit to these extensive works on the study of the spirit body. Let us begin.

The thing that has enabled you to work out so much about the spirit world, other than living and being aware of the Divine Love, has been your study of the spirit body and the purpose and function of this attribute. Once you both grasped how it works in relationship with the attribute of soul and personality, you could then begin to identify with the way the mortal spirit world is. The construction and formation of the spirit body has provided you with the necessary means to adequately equate how the mortal personality is situated in a physical human experience and how this experience translates into the life of a spirit.

By understanding how the spirit body works, you could then relate how all the necessary attributes of personality survive the human experience, and for the personality to transition into the spirit world to commence living as a personality in the spirit world. By understanding the purpose of the spirit body, has provided the wonderful insight into how the soul changes in its condition by the result of experiencing the Divine Love. The spirit body and its function to maintain personality in the spirit world, has enabled you to see the vision of how soul progression actually happens as the soul relates in its progressive condition with distinct and various changes that assist in this progression. You have studied the spirit body as enthusiastically and as comprehensively as one may study the human physical body. Your study of the spirit body and its related workings has assisted us greatly and has enabled us to freely communicate with you. By learning how the experience of communication with spirits involves the spirit body, and not just the soul or mortal mind we have together a union of spirit-to-mortal communication.

As you know, this study of the spirit body continues as a more concise and precise understanding and vision of the real and true nature of man, spirit and God, and the spirit world emerges that with your soul perceptions and spirit-senses, provides a true account of the mortal nature and Immortal nature of love and spirit and how the personality individualises this experience as a human and no differently than a spirit.

309. *Details on the workings of the spirit body*

The spirit body has virtually a non-physical presence as far as it being seen in its place, situated with the physical body. Most people will never see their spirit body, feel or know its presence in their human experience. For those who become aware of the Divine Love, and experience this Love, may be able to perceive the presence of their spirit body as its spirit-systems interface with the physical attributes of the body. Its influence is very real as it has a large role in the forming of the human personality and the way the soul is situated in it. We know that the spirit body is virtually unknown in human awareness, because if it were visible and its presence known, then all humans would be easily able to accept, identify and recognise that they are spirits themselves, with the component and attribute of spirit already present through the duration of a physical life! If the spirit body were commonly visible to the naked

eye, this would solve the problem as to whether a spirit world exists or not. Can you imagine how beautiful human life would be if the spirit body was seen as it truly is, as part of the visibility of the human form and life experience? This should provide you with an image of how beautiful the natural and Divine Love Spheres are, in their presentation of humanity, seen living their spirit lives in their spirit body.

A spirit body is present in each human life. Each person has one and only ever one spirit body. A single spirit body, that is never replaced or reformed or re-used or reincarnated from the spirit world just like each person, will only ever have their single attribute of soul present. As you know, the spirit body develops as the physical body matures and the personality forms. The spirit body is never formed then in that original form, to remain static and unchanged in that original form. The systems of the spirit body mature in their form in the harmony of the forming personality. This has to be so, so that the spirit-mind can integrate the developing forming attributes of the individual human personality. This is paramount so that the experience and memories of a human life lived are retained in that part of memory located in the spirit-mind. We have to remember when we study the spirit body, that this body *is perfect* in its function and design to facilitate the human personality and attribute of soul. The energy of the spirit body is infused with the soul and the human body and its systems form part of the human energetic determination that the physical body has as its genetic origin of being. The spirit body has its own information that is entirely sympathetic with the information in a human being, and part of this information is to provide the means for a human personality to survive physical death and to continue to function in the mortal spirit world. The spirit body never interferes or acts independently to cause a malfunction in the forming of the human bio-function of the physical systems and the forming of the individual personality.

When people have near-death-experiences, a common theme is that one “Sees the Light” or experiences other forms of translucent quality that may change a person’s perception and awareness about the nature of human life. In a general study of these experiences, individuals who experience NDE’s are in fact experiencing part of them selves, which is the spirit-mind. The awareness of the individual and consciousness of the individual experiences their spirit-mind, which exceeds their normal physical and material awareness. This explains why one finds it so hard to explain why they have had such an experience, because humanity has very little knowledge of how the spirit body functions and is present in a human life. People have had so little experience of their spirit body that they cannot identify with that part of their soulful nature and therefore one may find it hard to put into words, what one has experienced. When one is in contact with their spirit-mind, time place and space may seem altered and this explains why one may feel or see themselves as being ‘out-of-their-body’ or in touch with spirits present with them during such times of mortal balance. When a human life is hanging in the balance by a thread, human awareness can move from the physical brain to the presence of the spirit-mind. The spirit body is always active in the life of a human being, though its presence and activity is diminished by the function of the brain and the physical condition of the human body. Some people have survived remarkable experiences and yet they have continued to live and this is due to the spirit-systems enabling the human to energetically survive. Why someone survives and another doesn’t, I can only say, this rests with God.

When an individual has an experience of the presence of their spirit body, this introduces a changed awareness that a person is more than what one perceived as being solely limited to the human body. Communication with the spirit world involves the spirit body and the attribute of soul and there are

many experiences that happen in human lives that involve the spirit body that people cannot easily identify or explain. If one studies the spirit body, then a greater image of the human being identified--especially as far as the soul and the personality function in their respective form. Not everyone, who has a NDE experience, has contact with their spirit-mind however, it does seem that whoever does, has their human awareness changed forever which is in keeping with the fact that they have been in touch with the real spirit-nature that forms part of the human being: form, energy, personality, spirit-mind, soul and self.

When people are in a coma, or deemed brain-dead, and are on a life-support system, the spirit body still remains present as an adjunct to the physical body. Whether one is aware in such a condition of living, that they have a spirit-mind, is another matter. There are no special considerations in the human experience as to the forming and functioning of the spirit body. The spirit body cannot detach itself from the physical body at will, so to speak. One may be in a coma for a considerable length of time but this does not mean, on the grounds of sympathy, that the spirit body suddenly decides on compassionate grounds, to leave the body and take up living in the spirit world. Humans who are compassionate, and who try to preserve and save a human life, may keep a person in a coma or extreme physical condition, for a length of time because of the medical advances that enable this to happen. Under normal survival mechanisms such as the conditions of living hundreds or thousands of years ago, people simply didn't survive such conditions. The spirit body can only leave the physical body when that physical body can no longer function. This moment is determined by the Spirit Law of Life and Death. Only God knows this working by the exactness of this very specific Spirit Law and upon this exactness, the same exactness of the Law that first formed the spirit body at the commencement of a human life, along with the incarnation of the soul, can the spirit body leave the human body at the end of that human life. No matter of the human intervention insofar as trying to save a human life, as soon as that Spirit Law recognises the Truth to the living condition of a human life, as far as its continuance is concerned, this Spirit Law knows that death is present by which this Spirit Law acts upon the spirit body and begins to extract the spirit body from the physical body. With the harmony that preserves the forming personality to retain its integrity as it leaves the influence of the physical body, and is now solely subject to the functioning spirit body. The soul, being in the spirit body, moves with the spirit body from the human being and world into the First Sphere of the Natural spirit world where living continues.

Once the spirit body is subject to this Spirit Law and complete separation occurs from the physical body, the soul and personality are now enclosed in the spirit body and can never be reinstated back into that deceased body or another human body. There has never been a mistake or error committed by God in the timing of a spirit body being extracted from a physical body and transitioning into the spirit world. People die from all sorts of things under normal and extreme conditions, but regardless of the way a person dies or the time that a person dies with regard to age, the personality survives as does the soul and spirit body, and the sum total of a person's life is constructed into the already formed spirit-systems that enable the personality to continue to function and engage now experiencing spirit life.

As we have previously explained in other works, the spirit body has within it the necessary systems and attributes to maintain the functioning and forming of the human personality. The spirit body changes in the spirit world. It becomes more pronounced with form, substance, image and definition. This continues to happen relative with the soul condition of the individual. If a spirit begins to receive Divine Love, the spirit body begins to change and becomes even more defined and identifiable. Those of us who reside in the Celestial Heaven have real spirit definition compared with the development of the

spirit body of those who are predominately living in their natural love soul condition in the social Spheres. The spirit body cannot exceed the development of the soul that resides in the spirit body. The spirit body only ever receives the energy from the Divine Love when the soul has received this energetic Love. The Divine Love, never conveyed by the Spirit directly into the systems or attributes of the functioning spirit body. This be said the same for when the spirit body forms part of the human physical body. Only can the finite attribute of soul receive the Divine Love. The more the soul is developed in its condition of love, the more this condition will be reflected in the functioning of the spirit body and consequently, the personality. And so, it is true when it is said: “Love and soul come first to which all else follows.”

This has been a long and informative message, with much to consider and should prove helpful to those who may desire to study the workings of the spirit body.

310. *The preservation of the human personality*

20 February 2013

The fact that the spirit body with the soul attributes are involved in physical human experience, reveals how these attributes are subject to the kind of physical experiences that the diversity of human life covers. People put their bodies through all kinds of experience and yet these attributes of soul and spirit body are never compromised or ruined with regard to their integrity. The soul and spirit body are involved in the dynamic of personality even though most humans have little comprehension or awareness of these attributes. When a person becomes a spirit, and the spirit body reflects the condition of the individual soul irrespective of the human experiences lived, each person is suddenly introduced to the awareness that they were more than they thought themselves to be in their human life. Every single person who commences their life in the spirit world realises that they are with a particular kind of body that was unknown to them when they lived life in the flesh.

Nothing made by humans can obliterate the attribute of soul or spirit body or the Spirit Laws that relate with these attributes in a human experience or their environments. The spirit body serves the purpose of the preservation of the attribute of soul and the individual forming personality. The attribute of the spirit body can never be dismantled by human experience and every single human personality will be preserved so that the individual can continue to live upon entering the spirit world.

311. *Optical vision*

21 February 2013

Zara has asked a question about ‘seeing and sight’.

The spirit body has within it, the attribute of optical vision. The capacity to ‘see’ is vital just as it is with most humans and their capacity of see with eyesight. In the spirit world everyone has spirit-optical sight and vision. A constant truth in the spirit world that involves us all is that there are no illusions of reality. There has never been anything created or formed here in the entire mortal or Immortal Spheres, by God or any spirit, that may deceive another as to the reality of spirit living. The only thing that is an illusion are the various natural beliefs that spirits have in the natural social Spheres about the nature of God, their life and how these Spheres came into being. These beliefs are a legacy left over from a respective human life. The Spirit Laws that exist here prevent anything from being made or formed by mortals and Immortals that would be out of harmony with the harmony that exists throughout all the Spheres. On Earth people can make an energy source that pollutes people and their environment. In the spirit world

this can never happen. No one here can make or create anything that is harmful to another or the environment one lives in. No one can cause injury to another and our environments are pristine as they have been since the dawning of man and the first personalities resided here after the completion of their human life.

The optical ability of each spirit body acts truly and is developed as a potential for optical spirit-vision in the spirit world and this is commenced when the spirit body first forms at the conception of a human life. Whilst a person cannot see with this spirit-optical vision of sight, it is nonetheless present and forms part of the systems of the spirit body. There are other senses such as audio for sound, which also develop along side the physical senses. Most people may never experience these senses of their spirit body while during their human experience. Everyone will experience these senses after the completion of each physical human life. Some people have experiences of the spirit-senses from their spirit body and soul in their human experience. When the personality is situated in the spirit body in the First Natural Sphere, these attributes of vision and audio are immediately engaged so that the individual can see and hear and feel connected to their new environment. These senses of the spirit body are automatically engaged and they don't require the individual to activate or cause these senses into action. There are Spirit Laws that do this and for the obvious reason. Most people have little or no idea about their spirit body and so, there is great assistance from God who takes into consideration the workings of the spirit body to ensure mortal life can continue seamlessly without any condition. Individuals learn how to work their spirit-senses as one become familiar with their spirit body and environment that differs from the experience of their previous human life.

If the world knew about the existence of the Divine Love, and for generations this Love actively taught, experienced, socialised, and comprehensively studied, then humans would be well-aware of the relationship between the attribute of soul and spirit body, and how the energy of the Divine Love develops both these attributes. We can theorise that if humans lived a thousand years in the generations of living in the awareness of the Divine Love, then individuals would actively participate with the systems of their spirit body as an adjunct to their living their physical life. This is what the term: Light and Life means. The Spirit Laws that work with the spirit body in the Spheres in the mortal spirit world are not confined to the spirit world alone. These Spirit Laws have complete accessibility to human life because this follows the Truth that God's Divine Love can be experienced in the soul of people living on Earth.

The optical attribute developed in the spirit body is perfectly suited for spirit living. The light source in each spirit Sphere is generated by the existence of spirit energy that acts as the illuminator and this light is substantially present in each of the Spheres. Our light source is not powered by generators, but by a source of energy, spirit energy, generated by the convergence of various Spirit Laws that cause a spirit-fusion to happen. It is endless in supply and sympathetic to accommodate the soul condition and spirit living for each respective Sphere. We never have a darkness such as night is to Earth, for there is no Sun. We have the ability to close out the light in the environments that we reside in, such as our homes, so that our spirit-senses can rest from the light and we can regenerate from our activities much in the way one needs sleep and rest for the physical body to regenerate.

When a person becomes a spirit it takes a little time to adjust to the spirit body. When the optical ability is familiar, along with the other senses, one can see distance and minute detail. The light that is present in each Sphere is in its energetic presence, perfectly made so that the senses of the spirit body can

identify with it. The optical ability in the spirit body never malfunctions and everyone has perfect sight. This is the same with all the other senses of the spirit body.

The only condition that forms part of the functioning spirit body as to its ability to function in the spirit world is the condition of the soul. If the soul condition is poor, then one is limited in their capacity to work with their spirit-senses. Whilst these spirit-senses are perfectly formed, the individual in a weakened soul condition, the individual will have their spirit body functioning with a diminished capacity. As I stipulated before, there are no illusions in the spirit world. No one can make them selves out to be anything other than what they truly are, with regard to their true soul condition. Individuals in a poor soul condition living in their disharmony have optical vision and light fills the Spheres that they reside in. Their spirit-senses are diminished because the various Spirit Laws that assist with harmony, progression and experience, cannot fully operate with harmony upon one's soul condition until that condition of soul, is more sufficiently developed in the responsibility of its natural love.

The spirit body is truly a magnificent creation, a true work of wonder. The optical and other sensory attributes of the spirit body are perfectly suited to interact with the spirit-energy and spirit-material that form each of the distinct and diverse spirit Spheres. The expression: 'light sensitive' really comes to mind to describe the senses of the spirit body. If a spirit in the First Natural Sphere where to visit the Celestial Heaven the optical and sensory condition of that individual would not be developed to the sufficient quality to relate with that Celestial environment. The process of living with the Divine Love develops the soul condition, which in turn, develops the senses of the spirit body so that as one advances in one's condition, the senses of the spirit body are developed to accommodate the changing spirit environments. If you follow the course of this progression, then you will ascertain why it is necessary to receive the Divine Love. Because without it, one will never be able to sufficiently develop their soul condition and thus develop the senses of their spirit body. The spirit body will retain its condition with its soul that exists in its natural love. Without the Divine Love the spirit body cannot progress beyond the natural condition that each soul resides in. The more the soul condition is in harmony with God, the more the senses of the spirit body mature so that the greater vision and reality of God and love emerges and any illusion that one may have had about such existences disappears from the social view of mortal belief.

312. *Word on the Social Spheres*

22 February 2013

The audio-sense of the spirit body is as real and audible to the individual as the optical-sense is, one is never overwhelmed by sound-sensory input in the spirit Spheres. Our capacity to hear and experience sound is as real to us as it was when we could hear the sounds in our human experience. I can listen to external sound and I can listen to my internal sounds of inner thoughts, voice and feelings. We don't have vocal chords as such, but we do have ability to form sound when we communicate. This is another remarkable aspect of how the spirit body works in relationship with our attributes of personality. We have all the senses to receive external sound and our spirit-mind is highly organised in its form to make sense of the sound-vision we communicate with. If one lived with a disability of being deaf or blind in their human life, in the spirit world one's spirit body will see and hear. There is never any *dis-ability* in the form and function of the spirit body in the spirit world. Any physical disability caused by the varied conditions of the physical body, are not carried over to continue this disability in the spirit life. The only disability that one is disabled by, in the mortal spirit world, is the disability caused by poor soul condition. This has been explained to you before. The soul condition of the individual determines

everything about how well the spirit body and personality functions. The choice to improve one's poor soul condition is always a choice present and a choice when asked for help, this service of help and hope is never withheld! The Spirit Law of Assistance, always present and the opportunity to improve one's soul condition is, ever present.

The spirit body doesn't create spirit waste as the human body has evolved to do. The energy required for the spirit body comes from the Sphere environment itself, is an abundant energy in supply, and like the light present, this energy provided for by God for one and all. This energy is infused by the spirit body and is the energy that sustains the individual. A Spirit Law enables the spirit body to receive this energy as the normal life force of energy that fuels activity in the spirit body. People who are now spirits may believe that they are consuming 'things' to do with the appetites derived from the habit of their physical lives, but the reality is these individuals are only repeating the actions from their memories and derive no energy from it. The spirit body in its form is perfectly suited to living in these Spheres and these Spheres have been created and formed to facilitate the attribute of individual personality that forms part of the spirit body to function. Spirits require energy for they are not self-sustaining and we know this because not all spirits are receiving the Divine Love that is the direct energy for the soul.

The most important thing to understand about spirit life is soul condition. Everything in these Spheres is personality-friendly. In these natural Spheres, soul condition is apparent even though the individuals may not be aware of the existence of their souls. In this work, we have referred these natural Spheres as *social Spheres*. Individuals living in these social Spheres are not consciously developing their soul condition by receiving the Divine Love. The activity in these social Spheres remains very consistent with the socialising of relationships, as once lived on Earth, the knowledge of the soul and why it exists remains unknown to these individuals just as it is predominantly on Earth, and that one finds it difficult to provide concrete evidence for the existence of the soul.

Why one person or spirit desires to learn about their soul, when another doesn't? The answer is in the social freedom and independent nature of each individual personality. Without sounding judgemental, Celestial spirits include the humanity on Earth as a social environment. There are individuals who are aware of the Divine Love, and individuals who are aware of the Divine Love and are working on their soul condition. All peoples are involved in their social aspects that form and comprise humanity. If one were to see spirit life in the Natural Spheres, one would see how social human nature is and consistent with the differences of beliefs and experiences that make humanity diverse and wonderful. When a person receives a spirit communication from a natural spirit, there will not be much content or substance to any such message, for the soul condition of the spirit will not be sufficiently developed so the communication will more than likely be of a social visit. All the way to the Sixth Natural Sphere, spirits socialise. In the Sixth Natural Sphere, the intellect is the dominant attribute of the personality. Communication by a spirit in the Sixth Sphere with a person may sound like an advanced 'take' on what people already know. This may sound judgemental on my behalf, but I can only report and state what is true. Without the inclusion of the Divine Love, the spirit body can only function to the condition of the soul in its natural love and the personality cannot exceed the condition of the soul and its spirit body and this is just how it is. I will leave you for a moment as we draw breath.

Golden Rule: That one must always honour another's will as one honours one's own.

313. *The silent participator*

Of course, the personality is now situated in the spirit body as the soul is. For everyone who becomes a spirit this is a new experience. Becoming a spirit doesn't necessarily make one suddenly 'spiritual' or advanced in any special or unique way. Until the spirit body has the active energy of soul engaged and activated by the Divine Love, the individual remains in their natural condition and their soul, the silent participator in their mortal spirit living. The senses of this natural soul condition of the spirit body, is the principle nature of love that the personality functions and experiences one's natural social life.

When a person begins their receipt of the Divine Love in their human experience, whilst the soul and its image with the image of the spirit body may still appear as being 'invisible', the receipt of Divine Love does cause changes in the soul which consequently cause an effect in the spirit body. When that person transitions into the spirit world it does make it easier for that person to continue in their progression, for an awareness of the Divine Love, already known. Spirit living happens when the soul is involved. All the teachings contained within the Padgett Messages reveal this Truth.

The introduction of the term: New-Birth is exactly this. The Divine Love engages the soul, the energy of the soul changes, which in turn progresses the systems of the spirit body, which in turn develops the attributes of the personality. The New-Birth involves the spirit body as much as it does the soul for you cannot change the condition of the soul without causing an effect in the spirit body. This experience of change from the purely natural and mortal into the Divine and Immortal, can take place in a physical life just as it takes place here in the spirit world in a spirit's life. The only difference between a human or spirit beginning their change from the receipt of the Divine Love, is that the physical condition of the human body and the social presence of people in a human life may prevent one from fully recognising that change is happening in their spirit body and soul.

A spirit can visibly see how, with the receipt of the Divine Love, there are visible changes to their spirit body even though the visibility of their attribute of soul remains relatively unknown to them.

314. *Distinctive Differences*

23 February 2013

These messages that I have conveyed to you will add wonderful vision on the nature of the spirit body.

I would like to convey a few things to add to the overall vision and experience of this work. In the human experience people form social laws for living, people live within these laws and the drama of social life goes on. Every person is subject to natural laws such as the field of gravity. People live in different Countries and each Country has its respective social laws that have been implemented as the Country has evolved. This has been the way of things for thousands of years. Humanity lives in the diversity of social laws yet humanity all share in one common law, the field of gravity. People create social laws and impose these laws and this is how it has been done throughout the mortal Ages. In the Natural spirit Spheres there is no need for this to happen. The humanity of spirits do not create the social laws for living and every single spirit is subject to the status quo of the Spirit Laws for social living that are existent in each Sphere and relate directly with soul condition irrespective of what the ego may desire or think to the contrary. There is a good reason for this. On the face of the Earth, humanity lives with distance and humanity establishes its own social laws for living. The whole of humanity

reside on one surface even though humanity has created a diversity of social laws. In the spirit world the humanity of spirits reside on different surfaces, as there are numerous Spheres. Humanity is spread among these Spheres all relative to their soul condition and the invisible Spirit Laws work in their unseen way and impose their attraction so that each spirit person resides in the environment that their soul condition is harmonious to.

We have introduced the reality of the First Natural Sphere. If only this Sphere existed as the mortal spirit world, then the humanity of spirit life would converge in this one giant Sphere and everyone would be together irrespective of soul condition – just as you do when living on Earth. Thank goodness this isn't the case. The Spirit Laws establish the ways of social living just like other Spirit Laws establish the way the soul condition is changed from the mortal into the Immortal by the receipt of the Divine Love.

The Spirit Laws here are greater in their working than any social spirit behaviour. The individual in the spirit world cannot forcibly remove or circumvent by their effort these Spirit Laws to cause or by-pass their effect. One need keep in mind that the entire experience and existence of spirit life involves the personality, the spirit body and the soul condition and so, it is with these Spirit Laws that life is acted upon the soul and not solely on the personality or the spirit body. Most individuals living in the Natural Spheres have little idea or awareness as to the nature of these Spirit Laws. One is not of sufficient soul condition for their spirit body senses to identify the existence of these Spirit Laws. Humanity lives like this on Earth and yet it continues to survive just like natural spirits continue to live like this and they continue to survive. Saleeba, the bright and beautiful, lived in the Natural spirit world for four thousand years before the human life of Jesus and the opportunity to receive the Divine Love. During Saleeba's Earth life she lived as a woman of position with little development or interest in her intellectual pursuits. During her long time in the Natural Spheres her attributes progressed slowly and eventuated in the realisation of the perfection of her intellectual development and in this, Saleeba had perfected her natural love only to advance her soul condition once she became aware that she could, by receiving the Divine Love. And now she is in the Celestial Heaven with all her attributes engaged and activated, with the inclusion of the Divine Love and soul condition and spirit body reflecting this wonderful image. She is working along side you in this work and account of her story and experience previously conveyed in the spirit writings of James Padgett.

If one in their experience of this work has ascertained that there is in existence two distinct Loves: the natural love and the Divine Love, then one will ascertain that this forms the structure of the mortal spirit world. The source of the Divine Love is from the Soul, God. In the mortal spirit world there are those who live with God and there are those who don't. There are those who live in their social life in the Natural spirit world and there are those who are participating in their relationship with the universal Soul, God. This is a complete image of the whole of the mortal spirit world in its two halves: the mortal and the Immortal Spheres.

There are many distinctions between the Natural and the Divine Love. Learning about mortal and Immortal life involves sorting through these distinctive differences that depict life lived on Earth and life lived in the spirit world. Every single spirit body is unique just as every single soul is unique and every single personality is unique. There are never twin spirit bodies or identical spirit bodies. Each personality has its unique characteristics that identify that soulful person to be, individually independent.

There are no creatures or animals existing in the mortal Spheres. History and biological species that evolve from the Earth remain of the Earth. There are no dinosaurs or sabre-tooth tigers or mosquitoes living in the mortal Spheres. There are historical references but the actual existence of these species, do not reside in some astral form or another. This be said the same for pets and goldfish. One may find this hard to reason why, when people can love creatures and environments but as one progresses in Divine Love, one will realise that it is the content of soul and spirit body consistent with each mortal personality that provides a human or spirit to personalise their individuality with the living and loving Soul, God. There is an energy field that surrounds everything because everything has some component of energy. Until one is aware of what the human and mortal soul is, and how the spirit body is formed and how it functions with personality, people will always place themselves equal with creatures and love them or kill them, nurture or injure them, construct or destroy natural environments and always present from God's perspective is the Law of Compensation.

With much love and blessings to you both, and I have thoroughly enjoyed contributing these works of Love and Spirit and the nature of the spirit body.

Your Celestial friend,
Eugene

WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6th Sphere. We do not have immortality without having received Divine Love.



Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8th sphere and above, then progress further to enter the Eternal Spheres and then the Spheres of Paradise.

DIVINE LOVE – what does it do?

The divine gift from asking for and receiving Divine Love will steadily, but with certainty, raise one's quality of life and also of all those around such a person who is seeking and receiving this Love.

The receiving of Divine Love, which is a substance, with certainty, progressively:

- Raises one's love for those around them, whilst embracing one's Feeling Healing.
- Raises one's perception of all things – naturally grows one's intelligence – soul intelligence.
- Enables one to feel and resolve negative emotional issues more readily during Feeling Healing.
- Humility becomes self evident. Humility enables one to feel their errors and emotions.
- Divine Love strengthens one's resolve to express errors, emotional injuries and untruths.
- Divine Love with Feeling Healing to remove emotional errors, enhances one's health.
- Divine Love enables one to become more childlike – not adult serious at all times.
- Divine Love raises one's capability of feeling – no longer needing to be mind controlling.
- By becoming feeling orientated, one no longer is mind / intellectually dominated.
- The strength to fight and overcome sin and error is strengthened through the Divine Love.
- The Law of Compensation process is more resolved by Feeling Healing with Divine Love.
- Receipt of Divine Love grows one's faith, beliefs become faith and then knowing.
- As our faith grows our intensity to ask and then receive Divine Love grows.
- We begin to follow our passions and desires, no longer fear and mind driven.
- Truth being told at all times then progressively becomes a way of life.
- Our quality of life blossoms, our finances and relationships prosper.
- Man creates his own environment, seeking Divine Love can vastly improve one's environment.
- Health carers receiving Divine Love enhance healing outcomes beyond comprehension.
- Receiving Divine Love may assist in bringing a struggling marriage back into harmony.
- You progressively become dependent upon our Heavenly Parents, not self dependent.
- Personal growth in love directly assists the soul condition growth of one's children.
- Divine Love assists one's rate of soul condition to progress whilst embracing Feeling Healing.
- Divine Love is a substance that changes the human soul to that of the Divine.
- Without Divine Love, one cannot progress into the Celestial Spheres (8th sphere and higher).
- Divine Love, with Feeling Healing, enables everlasting Love and Life in the Celestial Heavens.

“The Law of Compensation doesn't operate on isolated actions, but on the overall condition of people's souls, because the deeds are the consequence of this condition. Our behaviour is the reflection of our souls. Never see isolated deeds, always see souls whose condition leads to certain deeds. It is the soul condition which determines the motive and consequently the action. It is our lack of trust in God, this ultimate and definitive trust, which only soul development may give us. This lack is why we suffer.”

Judas of Kerioth 5th October 2001

As you grow in love, illness issues abate, financial security improves, and your treatment of your fellow man is the same as how you would like to be treated. You grow in natural intelligence, your perception on many subjects becomes profoundly more loving and supportive of and for your way of life and how you interact with your fellow man.

This quality of life and love permeates and extends into every facet of your physical life and continues to grow as you progress on your journey within the spirit world.

Your capabilities to ask for and receive Divine Love is a gift between you and your creator, God. You do not need an intermediary, nor do you need to join with any organisation. This is your own personal journey and experience. You can share this with others, but no one can take it away from you.

This Love will elevate the human soul to a condition that it may perceive the spiritual truths which God has waiting to be revealed to His children who aspire to understand the nature of the divine and what their true relationship to Him and their family of souls is.

“Keep faith with God, and be open to His Love, and you will overcome with confidence and, indeed, peace of mind, optimism and happiness, those circumstances that seem to mar the fulfilment of your years.” Mary (mother) <http://new-birth.net/ntr/samuels14.htm>

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Child like

Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement

‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’ Quote from Celestial Spirit Richard 22 Dec 2012



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

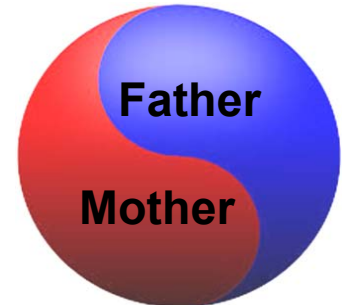
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

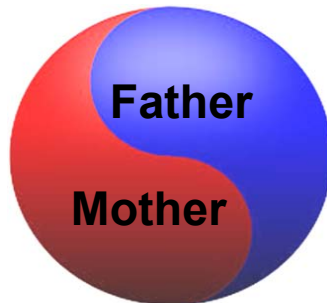


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

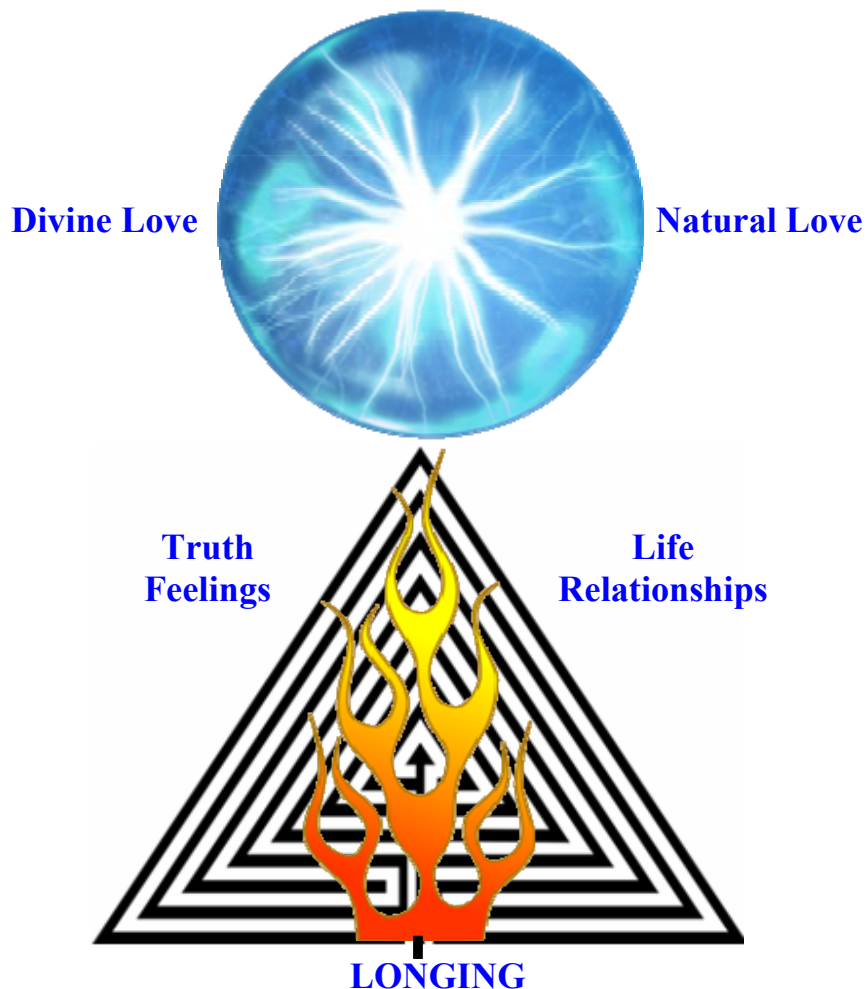
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

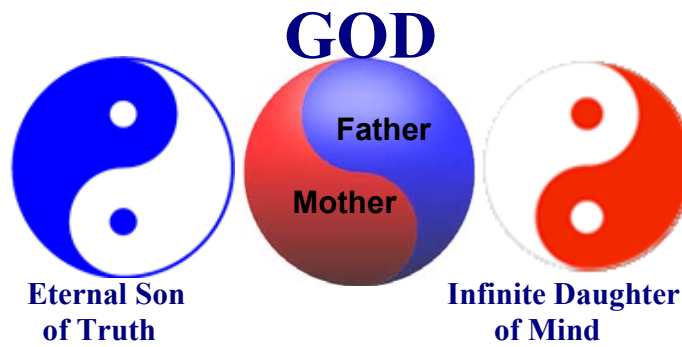
HOW TO GET TO PARADISE:

Long for the Divine Love
 Long for the Truth
 Long for the truth of your feelings
 Don't deny any feelings: accept, express and want to know the truth of them
 Know your feelings are the key; your feelings are the Way
 Want to end your falseness and being untrue
 Want to understand the truth of your early life
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
 Want and long to know the whole truth of yourself
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

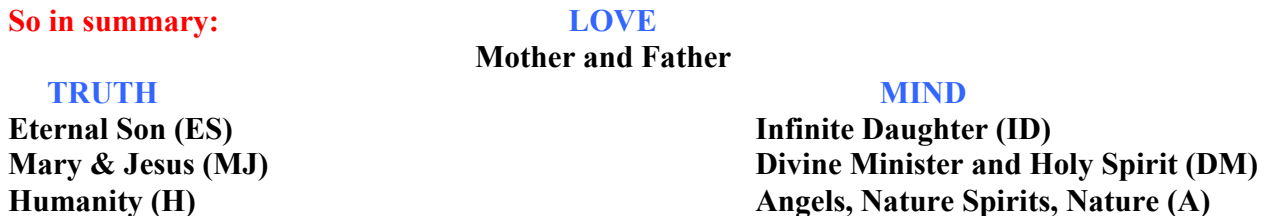
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

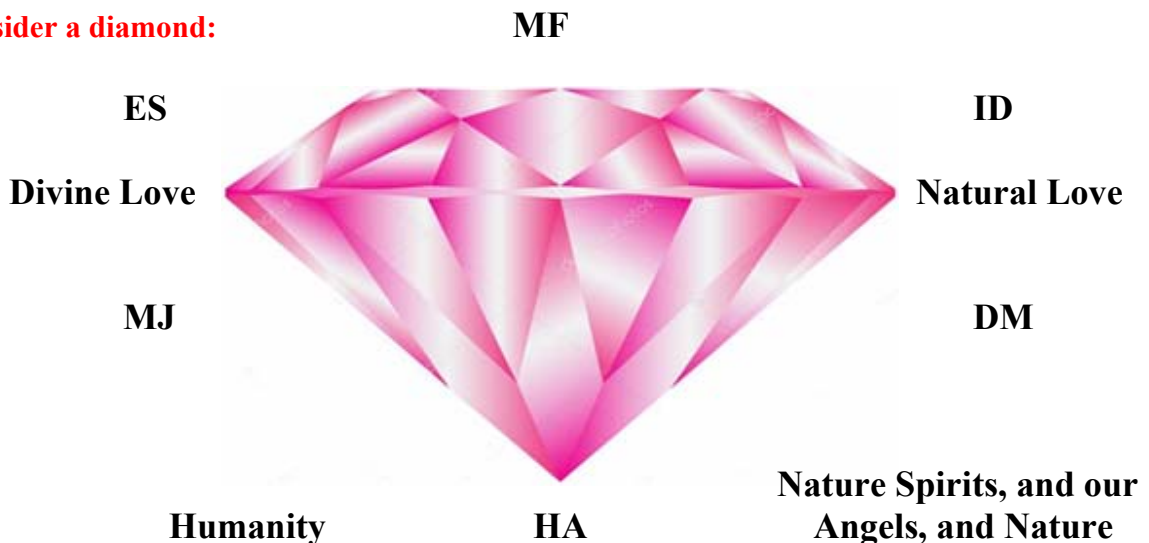
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soul partner pairs

Trinity Teachers
as soul partner pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate / soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

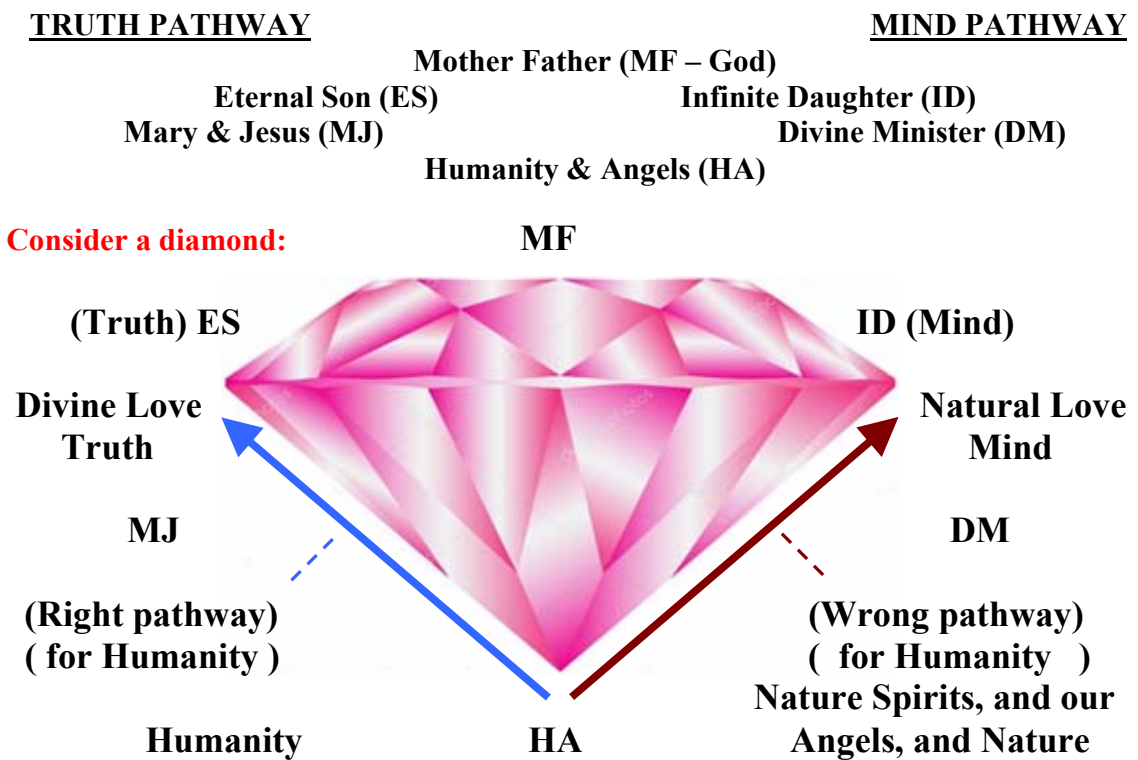
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

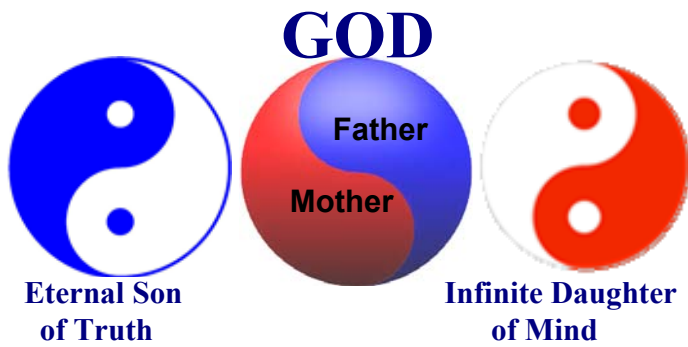
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

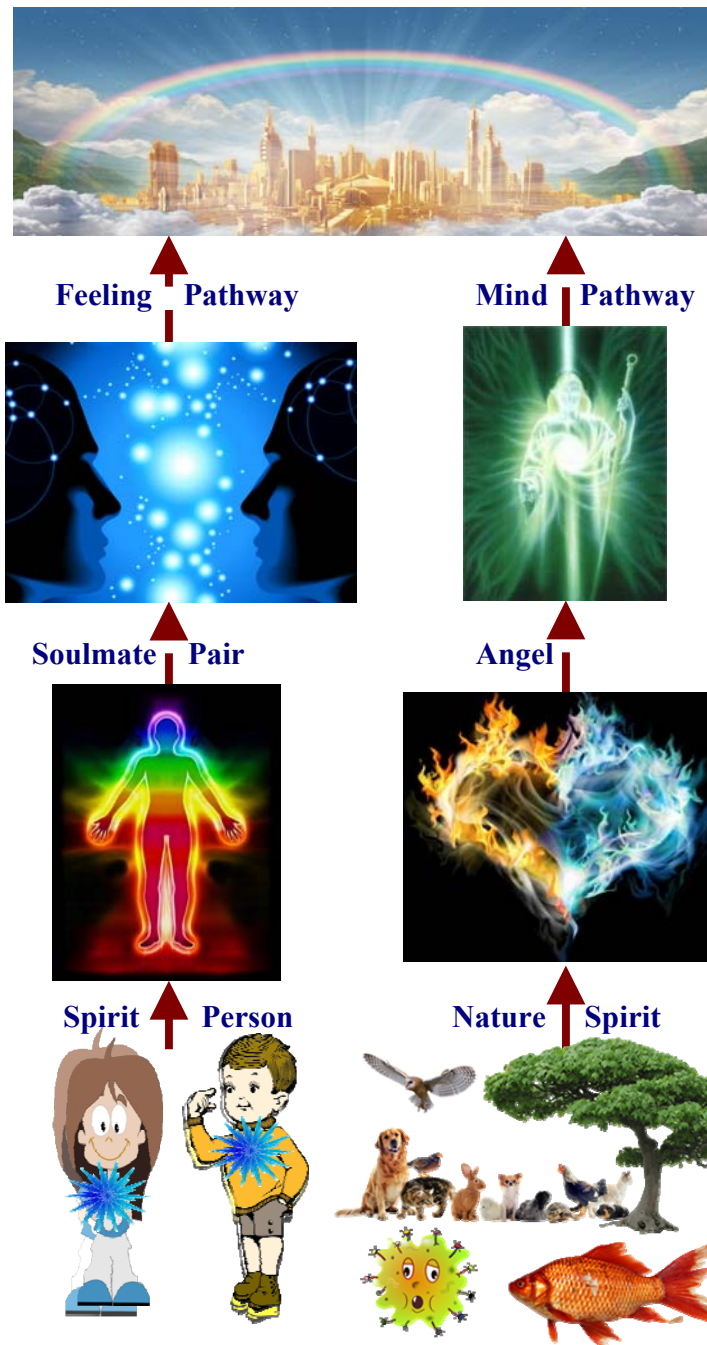
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



The Only Prayer That Man Need Offer to the Father:

The Prayer for Divine Love

(as given within the first century)

2 Dec 1916

I am here, Jesus

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognise that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

A Personal Adaptation of the Prayer for God's Divine Love:

Joseph Babinsky

Our Father, who art in heaven, I recognise:

That You are holy and loving and kind, and that I am the child of Your care.

That I am the object of Your great Soul's love and tender most care.

That Your will is that I become at-one with You and partake of Your great love, which You have given me through Your desire that I become, in truth, Your child.

That You will open up my soul to the inflowing of Your love, and that then will come Your holy spirit to bring into my soul, this, Your great love in great abundance until my soul may be transformed into the very essence of Yourself; and that there may come to me faith – such faith as will cause me to realise that I am truly Your child and that I am one with You.

Let me have such faith as will cause me to know that You are my Father and the giver of every good and perfect gift, and that I only can hinder and stop the river of your inflowing love.

Let me never cease to realise that Your love is waiting for each and all of us, and that when anyone comes to You with faith and earnest aspirations, Your love will never be withheld.

Keep me in the shadow of Your love every hour and moment of my life, and help me to remain completely focused on this, your ever-present and unconditional love.

I thank You for Your love and for the possibility of receiving it, and believe that You are my Father – the loving Father Who smiles upon me always and is always ready to help me and take me to Your arms of love.

I pray this with all the earnestness and longings of my soul, and trusting in Your love give You all glory and honour and love.

The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace.

Judas – August 19th, 2001

The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled “The DIVINE UNIVERSE” via Zara Borthwick and Nicholas Arnold.

The DIVINE UNIVERSE

79. *Prayer of the Heart*

16 October 2012

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father’s Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

Release one’s pain through expressing one’s feelings.



in conjunction with



Longing for the Truth when also longing for Divine Love.

The DIVINE UNIVERSE

300. *Prayer of Love and Strength*

2 February 2013

I am going to write the Prayer of Love and Strength that may help those with their endeavour of heart in the receipt of the Divine Love:

I pray that I may find the love and strength in my heart to love you more wholeheartedly. I pray that I may feel this strength as a living truth in my heart and soul as my weakness, due to my condition in my physical and material struggle, may not become a hardship that casts a long shadow over my day-to-day living in my faith in Divine Love. I pray that I will not give in to any negativity that surrounds me, or to the way that at times I cannot seem to be able to help or forgive myself for loosing faith in The One I love.

I pray that I am receiving Love, your Divine Love that is in great abundance and that my heart partakes of a small portion of this abundant Love. I ask that your Spirit, The Spirit, convey the Love into my soul as I have already been receiving into my soul your Divine Love. I pray that your Divine Love gives greater love and strength to my heart that I may continue in my prayer to receive this Immortal Love.

God, I love you with all my heart even if there be a shadow across my heart, and a lack of humility in my faith and on my behalf for I recognise that you can love me more perfectly and wholeheartedly than I can accept for myself.

God, I recognise that you are Soul and that I am a finite soul and that your Love and Spirit are true gifts for my heart and soul and that I need this Love that you have provided. I pray that from your Love, more finite love and strength in my faith and heart will enable me to love you even more. I recognise that I am doing my best in all that life has given and taken away from me and that in my resolve, my heart knows that your true Divine Love always remains with me and my faith in you. At times I have left you and left your side and wandered all over the place, lost in the shadows of life and in the near-sightedness of my eye and then, I pray for your Love and your Love fills my heart and my love and strength return and I accept that you are loving me at all times when I am lost and found. I give you all my gratitude, love and strength that my heart can give and I desire not to change the world or the spirit world accepting that your Divine Love will change my soul and in harmony together, I will try for a peaceful world.

I have provided you with the inspiration to give these words of love and strength that such words may help one in their experience of God's Love and Spirit.

Please Mother and Father, may I receive Your LOVE.

The DIVINE UNIVERSE

303. *The Immortal Prayer*

6 February 2013

For those of you who are strong, I will continue to sustain this strength because many of you who experience the Father's Divine Love require a great resolve and strength of heart not to give up on the Truth and not to be saddened by the apparent lack of interest in the most beautiful love that you feel and know to be true. I will never prevent myself from being with you, who sincerely desire the Divine Love and, with any feeling of being afraid, alone or insecure, I with my Celestial teachers are present supporting you. There is no shadow in the Divine Love and for those who are aware of this Love in faith love and spirit we celebrate the harmony of God's universe of Love and Spirit.

I pray for the Divine Love, the Immortal Love

Universal Soul God,

My Father, I love and accept you with my heart. I sincerely pray for your Love that will come by The Spirit and embrace my spirit body conveying your Divine Love into my soul. I humbly ask that you love me as I love you, and that you continue to love me when in those times I cannot love myself.

I ask that you give me the strength to voice my faith and love to you, and that you may love me in my weakness and in my strength. I know that I am a soul beautiful to you as you are to me, and that your Divine Love will be the arrival of Truth that my soul has truly longed for.

I pray that your Divine Love will be the arrival from which will announce the departure of my doubt and that such faith, love, strength will come to me that I will never doubt you again. And I will never stop loving you, in the sunrise and the sunset of each day in my life.

I recognise that you are the Source of the Divine Love and the origin of my soul. I recognise that I may have been lost to you but in truth I was never lost to you and now, I am gathering up all my love out of my lost-ness in great abundance because I am aware that your Divine Love is present for my soul and I am free to receive your Love and feel Its' breath of spirit declare in my heart the Immortal Harmony.

I am receiving your Love, I have received your Love, true Universal God, your Immortal Love.
Amen

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

info@pascashealth.com

The BEAUTIFUL MIRACLE:

5 Oct 2012

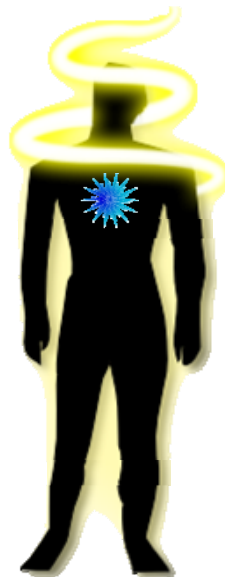
The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of our Mother and Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

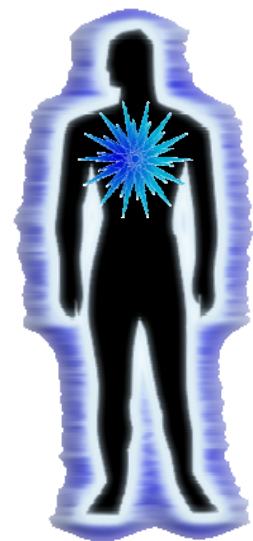
**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with our Mother and Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality		2017	250
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings		2017	44

This group being pages of 3,092

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

Religion of Feelings**Welcome to LOVE – the Religion of Feelings****Feeling Healing****you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

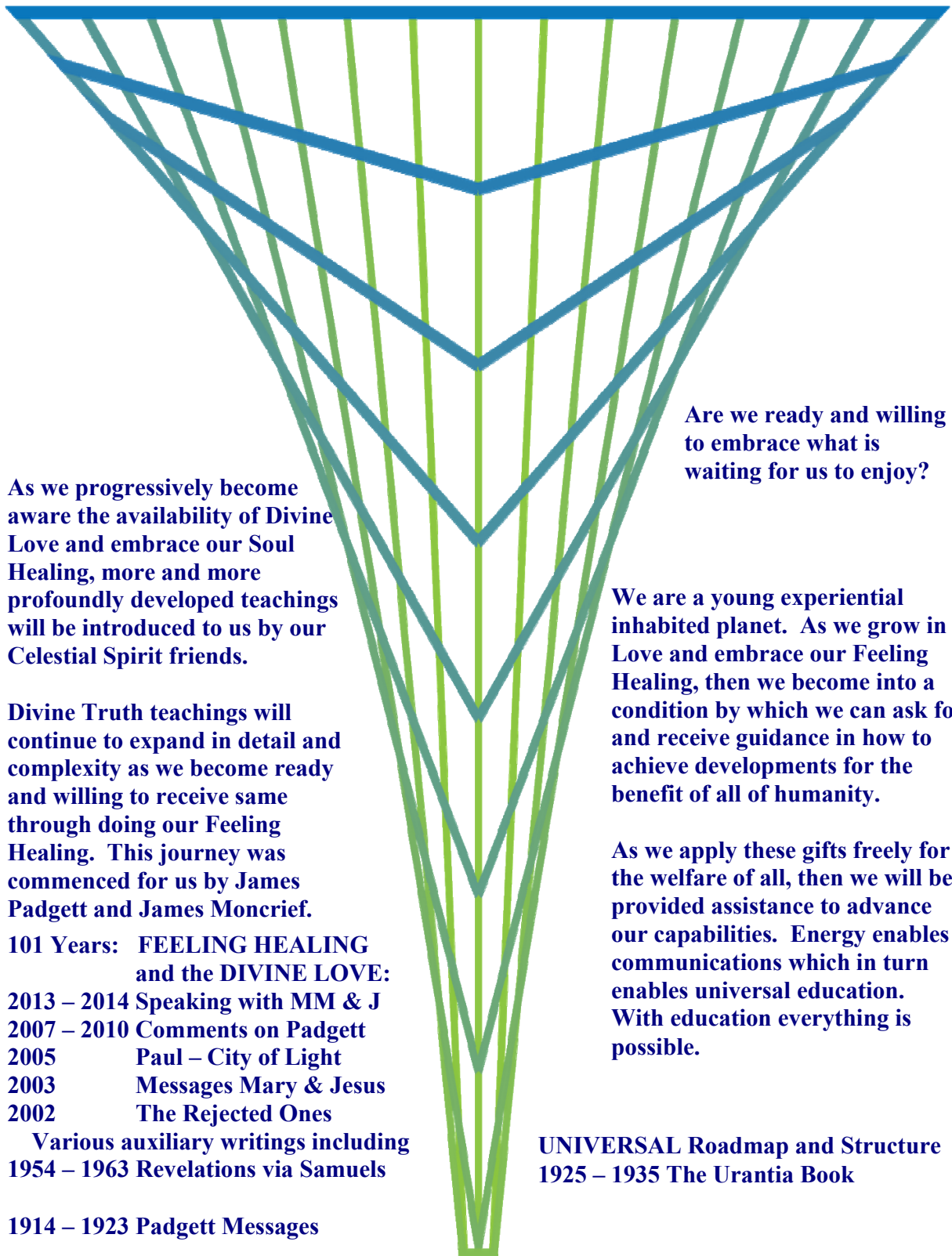
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



God's Divine Love: Pray for it, ask for it, and receive it.

Prayer for Divine Love: (extract)

“We pray that Thou will open up our souls to the inflowing of Thy love, and that then may come Thy Holy Spirit to bring into our souls this, Thy love in great abundance, until our souls shall be transformed into the very essence of Thyself; and that there may come to us faith--such faith as will cause us to realize that we are truly Thy children and one with Thee in very substance and not in image only.”



"Please, sir, I want some *more*."
 or rather, should we say:
"Please, *Mother and Father*, I want some *more*."

perceived truth MoC 880 – relative truth potential MoC 1,350