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FEELING HEALING BENEFITS CHILDREN

John: I have felt, consistently since late 2009, that should a parent evolve their consciousness, their soul condition, that they are also indirectly and passively helping their children no matter what their age may be. I did not feel that one's development of soul condition helps their own parents, that the benefiting was down the line, not up. The degree of flow on to one's children was and is relative to the openness of the child to consider and explore the possibilities.

Samantha, with her children, is the first demonstration that I have read about to support this feeling, that I know of. What has transpired within her family is tremendously exciting for me.

How does this work? This is a complex subject to explore, and explore is what I feel we must do.

Nanna Beth – 3rd Celestial Heaven: It is true that up until around twenty-eight to thirty, commonly called one's Saturn Return, the child can continue to be influenced by its parents, however from then on the child is a complete separate individual who's chosen their way.

Once sexual maturity is reached, the influence of the parent upon its child lessens to its late twenties, and for many people, because they work to actively sever the ties with their parents, from this time on they might not continue to being influenced. And the influence would have to come from direct interaction, there is no mysterious hidden connection with the parent healing itself and mysteriously the child is also healed. The parent can do its Healing with the child still open to its parents influence and some level of change can be brought about, as you are seeing with Samantha's children and herself. But also the child might also reject and fight against these influences as the parent seeks to heal itself.

However what you are also alluding to, is the healing parent will sever its unloving ties with its child on all levels, from the soul, spirit, psychic – emotional and mental levels. The connecting cords are removed leaving the child free to then continue on as it is, or change, but mostly without any direct or known (felt) influence from its parent. So it's not that it automatically follows: the Healing parent will heal its child, it's just that the child is left freer to go its own way, which might even be deeper into its wrongness as much as it might want to follow its parent.

And yes, the child can't or doesn't affect its parents as you say, however should the child do its Healing, it might influence its parent into looking more closely at their relationship and even possibly for it to do its Healing, but that's all the wilful choice of the parent, the parent more than likely being beyond the age of twenty-eight by then.

And when is the youngest that a child can consciously do its Healing? This too varies depending on its relationship with its parents. It can in theory consciously do its Healing from sexual maturity, it can learn about looking to its feelings for their truth and working its feelings back into its early life. But more than likely it will be people in their late teens and older who might want to take it on, like

Samantha's children are showing. More than likely they will need to have lived a certain amount of life and seen they don't like it, and want to look for an alternative.

And then children up to sexual maturity being brought up by parents doing their Healing or who have done it, will grow up living true to their feelings all the way along, and so lessening the amount they will have to heal. But still as adults they will need to understand that which they've grown up with, just like we all do, and if it's good, true and loving, to understand all about being that way, that being – their loving relationship with their feelings and how the truth comes up in them as they naturally express all they feel.

I think I've covered most of it John, if there are discrepancies or contradictions please point them out, and also understand what I'm saying to you are just rules of thumb, there are lots of anomalies because there are such extreme distortions in us all.

[Thank you Nanna Beth](#)

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

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Note: At a fairly young age I (Samantha) was asked by a Psychiatrist to write down a diary of what happened to me day to day, such things as my thoughts, feelings and dreams so he could get an idea of what I was going through, I did this and found that it kind of helped. I didn't go back to him but I did continue to journal in this way, it got these awful thoughts and feelings out of me and into a sort of expression but still only writing down the same things time and time again. I was just going around in circles really with no real change but I continued to do it, on and off, for many years until I found James in late 2013 and then signed up to the forum in January 2014.

I consider my healing beginning when I met James and began Feeling Healing properly with Gods help, from then on, being able to get to the truth of my feelings and not just the surface feelings that I had been writing about and not getting very far with. It changed my life when I found out how to get to the truth and, as I have said before, it was my search for Mary that led me to James' work. I wanted to know how 'Mary healed' so that is what I put into Google, and up popped James' conversations with Mary and Jesus and my life changed. In my heart I can still feel the relief of having found Mary, the love and the joy that I could now begin to heal, I love her so much, I can feel her so deep in my heart even now and that is how I feel for Marion too.

Nearly three and a half years since I began healing through my feelings John, that is since January 2014.

Note: Nanna Beth is my grandmother, she died on 5 October 1951, aged 61, and is presently a Celestial Spirit in the 3rd Celestial Heaven. She is just wonderful. She was known as Elizabeth Mary McDonell.

[Divine Love Spirituality and Childhood Repression forum](http://dlscr.freeforums.net/)

<http://dlscr.freeforums.net/>

<http://dlscr.freeforums.net/thread/46/unloving-parenting?page=2>

Samantha and Her Daughter:

17 June 2017

My daughter sat down with me last night and started to tell me all she felt. She was telling me about how unloved she feels from everyone in her life, no one cares about her, no one loves her, she is rejected by everyone and always has been. I was so glad to hear this from her, the truth of how she is feeling, how I am feeling. We both were crying throughout our conversation, she was pouring out to me how she felt and I was listening and encouraging her to go on, go deeper and also explaining my part in the cause of how she is feeling. As she was talking it got deeper and more emotional for us both, I kept saying "My God Faye, I am so sorry for what I have done to you" I feel exactly the same as she does. I felt a deeper level of remorse last night as our talking went on, sitting in front of me is an eighteen year old girl that I have damaged and she is telling me exactly what I have done to her, what I have passed on to her, all that was passed on to me.

We exhausted our feelings and Faye said she felt better in some way, lighter. We both went to bed and I prayed to God for forgiveness for the great pains I have created in my children, I feel so hopeless for them as I see what I have done. The pain to see them suffering because of me and I am so, so sorry.

During the night I had three dreams all showing me where the pains that Faye was talking about began in my life, I am working on them as they are all still very fresh in my mind, the people involved, the places, the feelings I felt at the time were all shown to me in these dreams, incredible feelings of humiliation, rejection and pain at being rejected by Men mostly, all of what Faye had been expressing at the rejection of her older sisters, aunts, family, boys she liked, her girl friends and how they let her down so much and reject her and are so nasty at times, she says she can't trust anyone in her life to be genuine, true. No one cares about her which is true.

Just being there for her and listening without saying any bullshit like "Ahh it'll be ok, people do love you, I love you, don't worry yourself, don't cry, it'll be better tomorrow, it happens to us all, you'll get over it and so on....." all the bullshit no hope answers that do nothing except say, I don't want to hear you. Just to listen to her and let her get it all out felt like I was doing so much for her, it is how I would have liked to be listened to by my mum. No one wanted to hear me, I just got some dumb answer like "we've all been through it Sam" what the fuck sort of answer is that, it infuriated me to hear that because I knew she didn't want to hear me because she didn't know what to say, she had no answers because she wasn't given any by her dumb arse mum.

I want to hear how bad they feel because it is all in me too, as they cry so can I. I could really feel the depths of Faye's abandonment and rejection and the only person in her life that was her world, left her and never came back, the biggest abandonment of all, her Dad. My biggest abandonment, my dad.

Lokii: So just another quiet night on the sofa hey?

17 June 2017

Wow Sam, that's huge for you and for Faye..... And then you get your dreams..... I concede I am in awe!

I don't think I can even begin to understand what that feels like. One of my children challenges my beliefs and habits regularly and I find that I have no words to offer, but I don't feel quite the same as you

describe though. I fear I am not brave enough to look at myself with such a critical eye yet as you seem to be able to do.

True listening is very difficult, well I find it difficult anyway, for it is so easy while they speak to you to run away in one's mind with how "I feel" about what they're saying or what my experience was or, as you say, what my parents did to me (or indeed I to my children) rather than stay with them in what they are saying right here, right now and LISTEN.

John and I spoke the other evening about this: our latent observations of the damage we have wrought upon our own children and I offered this thought (which I'll share for you to consider): Not necessarily to defend your parents or even your actions as the kids grew up, but, how could we possibly feel any differently if our parents (as you observe) didn't listen, didn't have any training on how to feel or heal to pass on to us, their children. If what I see here is correct, then our children will be the first generation to have (belated) instruction on what we did wrong as parents, our parents did wrong, our society does wrong at that level and what they could choose to change in their lives to avoid these pitfalls. That hasn't existed before this time now as far as I see.

I find it interesting that I really feel, as I've written before to James, that, as I read what you guys write, I do want to gift you some feelings of compassion, of support and say similar words to that which you don't want to say to Faye – this will make things better. Getting it out and expressing it does seem to make it feel better. I see you seem to write most of your feelings down rather than express them out loud as James and Marion do. Different stokes for different folks I guess.

I honestly wish you and Faye well with this with as much compassion as I am capable of. I am oft labelled as a narcissist and maybe I am only reading this to see how to make myself better so, with as much altruism as I am capable of.

Thank you again so much for sharing your life and your healing with us here.

So was that loving or unloving parenting you just did?

Hi Lokii (Sam writing)

18 June 2017

Listening isn't easy, I agree, but I have had to look at why I want to 'Butt in' and not let her finish, or try to gain power by giving all the answers just so I can feel good and like I am superior and so clever, I have had to look at it all because I did that and sometimes still want to but I now see how unloving I am being to someone not to let them have their say and empty out, without me breaking in and telling them how it is, so arrogant and overbearing, just like my mum and dad, constantly knowing better than me. I have had to feel as to why I want to take over and not hear what the other person wants to say, just so I can feel powerful and have power over them. Its so awful and feeling that right now feels so disgusting to me to do that to someone. Now I don't want to so much, last night I just felt I really wanted to give Faye the time she needed to pour it all out, cry it all out with it not being about me but it all being about how Faye feels and getting her to express more openly because she knows she wont be shut down instantly. I just wanted her to go on and on and I was just saying "Yeah I understand you" and just getting her to gain trust in me again after all the years of not being so understanding, with me just being my mum and saying some old shit and feeling what's the point in telling anyone how I feel, no one listens or wants to know, no one cares at all about my pain.

Its a default setting in us to carry it all on forward to the next generation not even conscious or not caring, just being superior parents because we feel so powerless, that the hurt that was done to us we are now doing to our children, that is what we call normal living, we don't even give it a thought, it is just so

programmed in us that we just do it without even a thought of how it hurt us as children, so I wont do it to mine, or even if we do think we will treat our children better we still slip into unloving treatment that was done to us, we cant help ourselves, we are our parents. The feelings are hopelessly in us until we want to change, I wanted the truth, to change how I was feeling and being, I wanted to know why I was so scared of living, I wanted answers or I couldn't go on. I could blindly continue with life or dive into my feelings and those feelings have taken me back to the causes of all my pain and being true to them means if I feel I want to blame my parents then I have to be true to that feeling and at first I felt terrible feeling this way about them, I felt sorry for them like I was de-powering them, betraying them, how hurt they would be to know I felt this way, but I could no longer defend and protect them.

Trevor, my friend, said to me that how could I blame them when they were not aware of what they were doing, you can't blame someone if they don't know. But this is about 'ME' and how I feel, if I feel like I have that feeling in me so I have to be true to it, it isn't about them and how they might feel but about how 'I' feel. I invested my whole life in not upsetting them at great detriment to myself, this is about how 'I' feel and if I want to feel blame and hate then I will feel it as I have done. I was very scared about my parents ever finding out how I felt, I had lied to them all my life by never telling them the truth, but one day the opportunity occurred and it was the perfect time and I was terrified and that was how I started the conversation with them by saying, when my dad asked how I was I said "I am terrified dad, terrified to have this conversation with you both". That was the first time my dad ever found out one of his children was afraid of him, as afraid as he was of his own dad, terrified and he said he had failed as a parent and I said, yes, we all have. The conversation was long and hard but they had noticed changes in me and wanted to know why, so I told them the truth for the first time.

We can say 'How can we blame them, they didn't know what they were doing' but for me, If I have that feeling in me to blame, that can't be denied, its the truth of how I feel, so it can only be felt and healed until I no longer feel that anymore. It's not about them but 'ME' and how 'I' feel and the more I felt into my pain the more blame came up in me, the more I saw the truth. They caused this when I was an innocent child and I am not to blame for how I was treated but I am to blame for how I use the pain of that treatment on my own children and others. Children are not to blame and we have to stop defending the actions of our parents and be true to ourselves about how much pain they caused in us, its very hard to do, to stop defending them and putting them above all else but this is just the subservience they made us feel, underneath them, obeying children, never answering back or having any power in the family dynamics, making us unworthy in all areas of life and always looking up to need authority and respect that more than ourselves. I have discovered so much hidden anger that I wasn't allowed to ever feel or express about my parents and that hidden anger brings with it a lot of blame which all has to be felt and honoured, if it's in me, I have to be it to be true to it.

When I am expressing my feelings I talk to God constantly, out loud, from the moment I open my eyes which is about 4am at the moment I go out into my garden, put my garden seat out with a beautiful thick cushion and lay their with the birds talking to Mother and Father and asking for help to bring up all I need to feel. I talk over dreams and feelings upon waking and at the moment it is about why I wake up every morning feeling like I can hardly carry myself, so heavy. Sometimes I haven't even finished what I have said and the answer is there for me and it is amazing. Other times I sit and write them letters and as I do so more and more feelings come up and I also speak them out loud, to feel it coming out of me, so it is no longer inside me, I don't want it to stay inside me I want it out, to God.

Ha ha ha, yes was that loving or unloving parenting, I wasn't sure where to put it. I suppose it is as loving as I can be in my Evil state.
Thanks Lokii, loved your message.

Hi Ya (Sam writing)

18 June 2017

Was I always able to talk to God about my feelings?

I would say No, not knowing what I know now, I suppose I would do it like we all do at times but not with the relationship that is growing in me now. I would write down my feelings and try to unfold them but it was all with my mind, not involving God from my heart and if I did pray to God it would only be with my mind. It was like 'I hope someone up there can hear me'. Since coming to the forum I have learnt a lot more about communicating with God about my feelings, doing it from my heart and soul as a real longing to God to help me, like a desperate plea that no longer comes from my mind but my soul, it has such a sincerity about it and a depth I can feel. When it isn't right I can feel it, it's not coming from the right place, it has an emptiness about it much like it did before I came to the forum, all from my head. It's a real shift from head to heart. Before I came to the forum I never really thought about talking to Mother, only occasionally Father but it made so much sense and added so much more to my communication to them, I could talk to Mother or Father or both and learn to feel the difference which I am still doing. I suppose my whole spiritual journey, previous to meeting James and Marion, was about trying to connect to God and get my answers.

I went the whole New age thing and found myself loving Tarot cards so I worked for a telephone company doing readings, then I did all of the Reiki Usui training, then the Angelic Reiki Masters, then the Shamanic route with the Munay Ki attunments, spending all this money on this stuff, because I was so desperate to get my answers, to find some sort of feeling of belonging, being special, my connection to God when all the time going out further away from God and myself, but I was exhausted with the trying, it was all with my mind and all the time all I had to do was connect to my feelings and tell God about it all. I wasn't aware of my answers from God so I went the New Age route to find my answers and ended up with nothing at all. Now I need nothing but my feelings, myself and God.

Did my parents help or hinder?

They never helped me have a relationship with God, I would say they kept me very far away from any sort of relationship with God, they were the only god I was to worship, it never got talked about in our house, I can't really remember ever having a conversation about God with them until they started going back to church about 15 years ago. My dad left after about four years as they couldn't answer his questions and got shitty with him for asking so he left and has had an anger with mum ever since he left because she didn't leave with him and support him in his disagreement of the church. My dad has a disappointment with me also when I speak about God, he doesn't want to hear it from me but also won't hear that it is not the God that mum believes in, the God the church preaches about.

My parents thought and still believe they are great loving parents to all of us and just can't understand what I am going on about, they want to know where it has all come from, they have no conception of ever being unloving. They believe they have been the most supportive parents and always there for me but I wouldn't have had the severe problems I have had if all that were truly loving. I felt hindered to express myself with them, not helped. I felt suppressed, repressed, oppressed, denied and out and out rejected by them but they will never understand that until they come to do their healing. They took my as far away from myself and God as possible and I was LOST.

Why didn't I share my feelings with my parents?

I never felt I could tell them, when I had tried they just sent me to the doctors for pills or gave me some useless words of advise, they had no answers and I felt so hopeless that if they didn't have the answers, no one did. I felt like the feelings and thoughts I was having were to demented and bad to tell anyone

about, too dark and suicidal, it would upset them, hurt them and I wanted to keep them happy, not to worry about me, I was okay when truly I was dying. Dark, dark times which began around 18 and continued throughout my adult life. I didn't want to give them any more to worry about. I put on a façade that was crippling me and just continued pushing pills down me to numb me out to life, feelings and thoughts. I had a terrible fear of people pitying me, it made me feel odd, singled out, weak, powerless so I kept it all in. If I was on the anti-depressants I wasn't being a pain to any one, I was numb. It was Hell.

I was a burden and I felt that, telling them about how I felt would make me feel even more of a hopeless burden and they had no answers for me. I didn't want them to feel worried about me or useless as parents because I knew they couldn't help me so I kept it all in. I knew they didn't want to hear it and wished it would all just get better. It was useless to tell them, it went no where. Their Pity shut me down from feeling, it said to me "Stop feeling bad Sam, stop crying Sam, Stop expressing your pain....." It was all "There, There Sam, it'll be ok, get to the doctors Sam, here's a tissue, stop crying you make us feel bad." They didn't want to hear me, it was pointless and it led me to despair.

Did the Church compromise you or your parents and how your ideas of God were formed?

I think Mum had more religion in her childhood as she was a part of the Salvation Army when she was young and returned to the church later on in life once she had fulfilled all of her sinning and still is through the church. As I have said I don't remember ever talking about it with her really but she has very formed ideas about what the church teaches about God, she believes a lot of it but also has her more personal ideas of her relationship with God. Those thoughts must have been loosely in me too that what the church teaches about God must be true but it wasn't a part of our lives when growing up, God wasn't really mentioned and we never had talks about what mum and dad believe and I feel that is good really because I have not had to break down all of my erroneous thoughts about God only the ones about God being like my dad and that is enough to do without all of the religious ideas having to go and be felt and broken down. I have been able to form my own relationship with God without too many preconceived ideas and begin to have a relationship with God through my feelings and starting from nearly scratch. Mum's and my feelings about God differ hugely and she can't accept the way to atonement with God through healing my feelings but only through the church and the bible.

How did that effect my children as they grew?

They have grown up mostly without God in their lives although they both went with mum to church on a Sunday when they were young but it was to the junior church and was mostly play. As soon as they grew older they both stopped going with her and didn't enjoy it. I never had conversations with them as they grew up about God and now when I do they are not interested but both have a respect for other people's beliefs. They don't know any truth about God so only know of the church and the bible so they won't have a very loving idea of what God is all about and in my son I sense anger. I have just asked him and he said "I'm not convinced and not bothered". They both have all of my healing journals of which there are about 35 so they can one day maybe read about my healing journey to God and how I have discovered more about myself, God's personality and attributes all through my feelings. I feel that them not believing in the church and the bible is a good start.

I feel that my children have got some idea of what I am doing as we do talk about it, they tell me their feelings and they do ask me questions like why do I write so much, why and who am I talking to in my room or out in the garden so they are aware that I am connecting to God in a different way to how religion says. They may or may not decide to carry it on but maybe it will take younger people learning from those doing their healing, to begin healing through their feelings before they have children and

continue that from the birth of their children, make it a life style right from birth. I say that because with my own children, they are already damaged and will continue that damage on to their children being the ages they are, unless they were to start now and live by feeling healing and bring their children up within it, that would be so good and I even thought wouldn't it be good for me to have another child and bring her up in feeling healing right from birth, I would love that even though I am still in the thick of my healing, at least I could bring a child up in this New Way.

Getting James' work out there is vital so others can find out about it and see if it is something they want to begin or at least become aware of their being another way but I feel that it will be a very long process. It will take some very brave people to split away from their Families and religions and seek a new way and be the example of that new way and others noticing them and asking questions, a very brave thing to do in oppressive religions. I feel it is only through being the example and others asking questions and coming to it in their own way and time being totally responsible for making the changes they want in their lives and for their healing. I begun my healing because I had such a deep desire to change, everything was wrong and I had had enough of going deeper into wrongness and my search for Mary led me to James and his amazing work and my soul knew I had found the beginning of my healing, nothing ever felt so right with me.

I have thought about how deeply I want a relationship with God and how I could possibly lose everything for it and it is my choice to want this. I could possibly lose my home, material possession's, friends, parents, money, children and even my life for my relationship with Mother and Father and if anyone else has a desire so deep for the truth maybe they would be prepared to do the same no matter what Laws or religion restrict them, even if that meant being killed or dying for the truth of their feelings to be known. I do feel scared about possibly losing these things but I know that they are all good fear feelings that I need to heal to be at one with God, what ever happens to me I need it. I can hear my dad saying to me "Sam you have gone to far, you are too extreme, that would not be a loving god" doing all he can to keep me under his control and not loving anyone higher than him, keeping me under his oppression.

I want to know myself completely and that means all of my fears are going to be felt by me so I can have the relationship I desire with myself, Mother and Father, I want that above all else.

I don't know if I have answered your questions with what you wanted to know Lokii, I have changed so much from when I began writing on here three and a half years ago. Before I joined the forum I was writing about my feelings but not asking for Gods help it was all coming from my mind really and I couldn't get to the causes of my feelings until I began to have a relationship with God and ask for their help and including both the Mother and Father. Then it all changed and it was like a miracle as I was able to get deeper and deeper into the causes, it was like asking them to open a door to another level that was closed until I asked for them to help me open it.

The New Way: Learning how to live true to ourselves by living true to our feelings.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Samantha:

Jun 22, 2017

Faye has had bad toothache for a while now so she asked me to take her to the dentist. It has been awful for her and awful for me, she wont let them inject her to do the work so they have referred her to another place that will put her to sleep to do the work all in one hit but that still means a needle in the hand to put her to sleep and she wont let them do it. I have been feeling such despair and hopelessness about this, feeling like there is nothing anyone can do for her.

We got home and I sat with her as she cried about it all and how she felt so terrified and slowly the memories came up in me of when I was the same and would not let the dentist inject me when I was 11, he threw me out. I began to remember the terror of having something done to me against my will. More pain to get rid of pain. It all hurts so much, I don't want pain, I have to consent to someone stabbing me with something sharp and it's going to really hurt me, this man is going to hurt me and I have to let him. What are you doing to me, why are you hurting me. All the feeling came up in me to feel.

I was having so many feelings that were so overwhelming, I didn't know what to do about Faye, she wont have it done, I feel so helpless and out of control, I can do nothing for her, she will have to stay in such awful pain, what if it never ends for her, I will have to watch her suffer terribly, the pain will never end, she wont let me help her through feeling it and she wont let the dentist help her, all is hopeless. I feel in such deep despair and so full of confusion and anxiety, I am buzzing with anxiety almost going into panic as I lose control, I am terrified, totally terrified at the pain this is bringing up in me, endless pain, never ending pain and no one can help, it will never end and there is no one to help me, no one understands me. This will always be my life.

All of Faye's pain, I have been feeling because it is my pain, Faye is feeling my pain that I have passed on to her and I feel so helpless. I want to fix her, I want to take her pain away for her by making it more painful and forcing her against her will to go and have the treatment done and now I feel like my mum, as she forced me to go and have the same thing done against my will. I want to take the pain away so I don't have to feel bad any more, Faye is making me feel bad as I made mum feel bad and she wanted me to stop it! I had to go to the dentist as a child and have all of that awful stuff done to me because mum didn't want to feel or be true to any of her pain, so I had to suffer for it while she watched me in agony. I am my mum.

I was sitting outside with Faye after her dentist appointment and told her I wanted to understand more about how she was feeling because I want to heal it in myself and I was having trouble feeling. I asked her if she could tell me how her fear feels, she said "I feel weak and out of control, I don't want it, I don't want that needle near me and I wont have it, I cant let them even come near me and put that sharp thing into my body, it makes me cringe and no one can force me, its up to me. Why do I have to go through so much pain all the time Mum?" I wrote this down and Faye began to cry as we spoke more, she felt like all of her choices were being taken from her and she had to make a decision that she didn't want.

She talked a lot to me about how she felt and I listened and wrote, she started to laugh about how weird I am writing things down, but to me, all she was saying is how I feel and it helped me access some deep feelings in me. I realised that I was being my mum and wanting her to just have the treatment done, I wanted to fix her so I didn't have to feel pain and she was saying, NO, NO WAY, which is what I would have wanted to say but couldn't. Faye was showing me that she will make her own choices and no one will be pushing her, if she wants to come to me to feel and heal or go to the dentist when it all gets to much, its her choice, totally. I had to pull myself back and just deal with how I feel about it, mind my own business and leave Faye to mind hers and when she wants me she will say. Even talking about it in the time we had, Faye felt better, she got out of her how trapped she had felt by having her will taken and having to make a decision about her treatment when she didn't want to have to make one, it is all

pain and she is sick of so much pain at her early age. Faye Feels people instantly, she knows what they are feeling and said to me she could feel me pushing her to just get it done even without me saying anything and she was right, that was a feeling that I had to go of and feel, the very same feeling that I felt from my mum, just get it done Sam and then we can all be happy again, you are making us feel bad and helpless because we don't know what to do with you, you are a pain Sam so just do as you are told and go to the dentist and get it all fixed. Fix the tooth but deny the pain, and I was doing that to Faye. I am now still working through those feelings as we speak, even writing this is helping me see more about myself and the feelings in me that are from mum, I know they are from mum because I can see her and feel her in me as the feelings come up. When I feel dad's feelings I really feel and see dad and when I feel mum's feelings I really see and feel mum, it good, it helps me so much to feel who I am feeling, who created those feelings in me.

I am slowly feeling so much better about this, I don't feel like I have to fix Faye so much now but all I have to do is fix me by feeling all I feel, I have pulled my self right away from Faye and took responsibility for how I am feeling and we both are feeling better, Faye has no more tooth pain and I feel so much better than I did yesterday and the days running up to this when Faye was in pain, I no longer feel I have to fix her but just feel and ask Mother and Father to help me find the truth. I feel like when I accept, Express and find the Truth of my pain, it releases her from some of her pain to, that is how it felt this time, as I felt it all and where it comes from we both got better, felt better. I have more to do though with this, always more.

This is the hardest thing I have ever done, so hard, but it is also the greatest thing I will ever do.

Samantha:

Jun 22, 2017

More thought on this has opened up with in me because of Faye's tooth pain. If we heal our pain through our feelings, even if it is a Tooth cavity which is close to a nerve and causing pain, we won't feel any pain from it because we would have healed the emotions needing the pain to alert us to the feelings still unfelt and denied. Even if we get stabbed or cut ourselves we wont feel the pain even though we have pain receptors connected to our brain to send messages, they wont have any pain messages to send if we heal all our denied and repressed feelings from our childhood and will we even attract these sort of events if we heal our emotions, I don't think so but then again people do have the free will to hurt another????

If we heal our childhood repression our Law of Attraction will change, well, its Gods law of attraction working on us I suppose, if God created the Laws. Can we stop someone else's unloving acts towards us? I feel that we will be able to if we don't any longer have the emotions within us that need to attract an unloving event to make us feel our unfelt pain, if it is all felt out of us and healed then we can live pain free lives with all of the truth having been revealed and then released so our Law of attraction changes to attract the truth of our soul.

If each of us do this healing, its the only way to lead pain free lives and that will lead to the end of all bad things happening to us, illness, war and terrorism, etc. Pulling myself away from Faye and being responsible for my own feelings, bringing the focus back to me and my feelings, I can see so clearly that this is what needs to be done by us all eventually, when Mother and Father will it. It can only be done through our own will and that of Gods, to come back to ourselves to heal, do our own house keeping and leave others to do theirs when they decide to. It is my feelings being passed on to Faye and then Faye making unloving choices based upon those default emotions placed in her at conception that have caused all of her pain, so it comes back to me to heal the damage I have had done to me, by feeling the pain of it all and also feeling the pain I have done to others.

Samantha:

Jun 24, 2017

Even more pain is coming up in my about Faye and her tooth situation. I have been praying about it and I am now very distressed, feeling so panicky and out of control.

I have approached Faye about what she wants to do because the dental hospital wants to know. She can't say, she doesn't want any of it done and as I get into more feeling about this I am panicking at the lack of control I have. I am so scared about how much pain she will be in if she doesn't have it done; I am feeling the never ending pain I have always felt. I can't help her, I can't fix it. I am so sorry for repeating this over and over again but I have to get it out of me, I am so scared. I have to stand by and watch helplessly as she goes in and out of pain, feeling every bit of it as my own. I have no power, I am helpless, I am out of control. I can't fix this, I am so scared of pain and she is helping me feel this overpowering consuming pain in me. I feel so useless, so weak I want to just drop to the floor and never get up again as the life energy flows out of me; I feel like I am dying, I have no breath left.

I have no control I feel lost and confused because this is out of my hands, it is Faye's pain and I can't reach in and get to it. Please Faye go and get it sorted out, please stop me from dying, it is too much pain for me. Please Faye Go, stop the pain, stop me having to feel this torture I am feeling inside. I don't want to feel this way, sort it so I can feel better please. I don't want to have to feel any more dread and hopelessness, please get it sorted. I feel like I can't survive the longer this goes on, I just want to die it's all too painful.

I am so scared of this, its so huge and wont let go of me until I sink into feeling it fully, I am terrified. I feel completely horrified at how helpless I am over this, I can do nothing to help, what am I to do, please God help me, please, please, please I need you so much I am feeling so awful. There is nothing I can do for her and she is no longer in pain but I am, I am in torture at the helplessness I feel because I know the pain will come back and never stop I am just waiting for it to come back and I can do nothing about it. It is all so hopeless, I am so useless and pathetic I feel like a blob of nothing on the floor, so useless, helpless, hopeless and I have to just throw my hands up and now I am feeling a feeling of all I can do is give up, submit accept it all, accept I can do nothing, I CANT DO ANYTHING, I CANT FIX IT, I AM HELPLESS, I AM HOPELESS, I AM POWERLESS to do anything. I want to accept this, I feel better, I am changing as I accept this, I am really feeling the acceptance sinking into me, that is the only way I can describe it. The acceptance is filling me as I write. I want to give it up and let it go and it feels like it is draining out of me as I accept and submit and release all of the false power and control I had. I want to ask God to help me heal this, help me feel all of my false control and power leave me.

I am feeling so calm now, so incredible as I feel it all leave me all of that poison drain out of me. All of the chaos I was in is now leaving and even my typing has calmed down and I am now not making mistakes in my erratic condition, its amazing as I submit to God's help I am receiving it. I am seeing it in all its truth, all the false power and self reliance I have in me to control everything and fix it all without God, it cant be done, its all the minds control trying to over ride God and it cant be done, it just leads to this type of breakdown of the minds control. As I have given it up, in that moment I felt a pure submission to God and I just want to cry and cry because I have made it so hard for myself for so long. God wants to help me with this through my feelings, through that acceptance of feeling the despair of my helplessness when doing it alone. I now feel like I want to bear it all to God and just be with them, let them have it all, let them help me with all of it as I accept and express it all to God it melts out of me. I am feeling a trust I have never felt before, never. I have never felt this feeling of complete acceptance, its like they want it all from me, everything, I have to give it all up, they want it all and I am writing this as I am feeling it from them. It feels like they are beckoning me to give them more and more of my pain. I will leave now.

Samantha:

Jun 26, 2017

A truly great outcome from all of my Feeling Healing. Faye came to me today and said she wants to go to our local dentist and have the treatment like a normal patient instead of going to the Hospital to be knocked out. She was very calm and said she doesn't know what all the fuss has been about now.

I am so pleased and know that this is an amazing outcome of all of our Feeling Healing, we have talked about our feelings to each other and cried and felt the fear and I can feel it has lifted out of her, she can't even remember what the fear felt like, I am so pleased for her.

Today she also came to me with new feelings she wanted to talk about to do with her driving lessons and how scared she is lately of driving and I have also expressed my fears of driving and I never realised how scared I am of it, she is now bringing all of it up in me and I love it, she is helping me and I am healing her by listening and expressing my fears too.

I had to share that great outcome with everyone on here because it was such an overwhelming fear for us both. Feeling Healing works, I love it.

James:

27 June 2017

That's wonderful Sam – WOW. And how amazing Faye simply didn't feel it anymore, it couldn't be better, I'm so pleased for you both. It's very exciting, to think that you are really doing it together, and how it's changing and helping you both. And onto the next lot of fears... Thank you for writing about all you've both been going through.

Samantha:

28 June 2017

It is so great James and today my Son and his Girlfriend came to me to hear more about how to Feel to Heal and we had a great long talk about some very new ways of healing your denied and repressed feelings, they understood what they could and we will talk more as more comes up for them but it was very good for them to listen and want to hear more. They said they both felt a great pressure came off of them as I talked about how it could, and it being okay to express our bad feelings and it is the only way to have a truly loving relationship and know ourselves and each other. Lucy said it will be strange and a bit humiliating to speak out loud all of her feelings to Alex but they are going to give it a go and I will help them if they ask for it.

James:

28 June 2017

That sounds great Sam. How incredible that both your children at this time are listening to you, especially after all you've just been through about being so alone in it all with no one wanting to listen. I'm so pleased for you Sam. I understand about just taking it as it comes, so not getting one's hopes up and all that sort of thing, but it's fantastic really, the fact that they are not rejecting you outright.

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FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, New Feelings Way

Feelings First Spirituality, New Feelings Way, is based on living true to our self through our feelings. Understanding that all we need in life is contained within our soul and is shown to us through our feelings. And by loving our feelings, by attending to them properly (talking or writing them out of us) and not denying them, we can use them to uncover the truth of our self – the truth of our soul.

Feelings First Spirituality is not telling us how to be, that is too controlling and is actually bad for us, limiting your spiritual growth. We can be wholly self-revealing of the truths we need to be, being the person God created us to be, all by living true to our feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

We come to the understanding from our life experiences that how we are is not right, it doesn't make us feel good – that we are wrong in some way. And we want to change our self, we want to become right, true and perfect – we want to be like God is.

And to do this you need to do your Healing

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality

The New Way

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.
It embraces all people.
It completely unifies the world.



Everyone can relate to everyone else through their feelings.
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.
So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps us get to know God, helping us to reach out, connect and be personal with God, and do God’s Will, all through our feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality

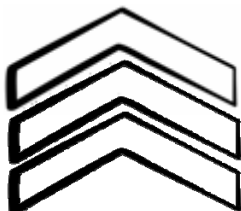


my
House is your
Paradise
 **HOME**

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;
 Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

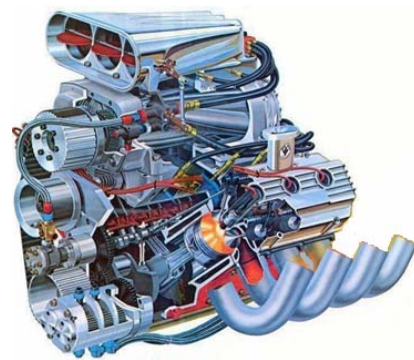
Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

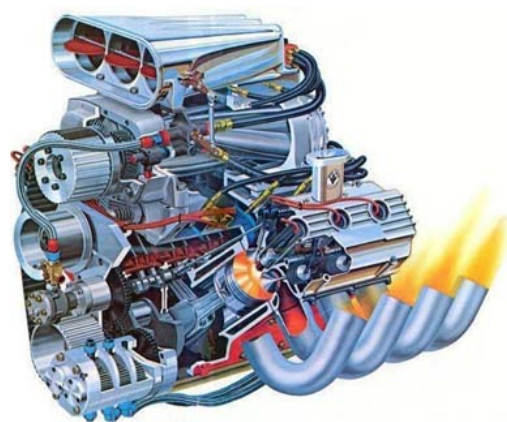


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

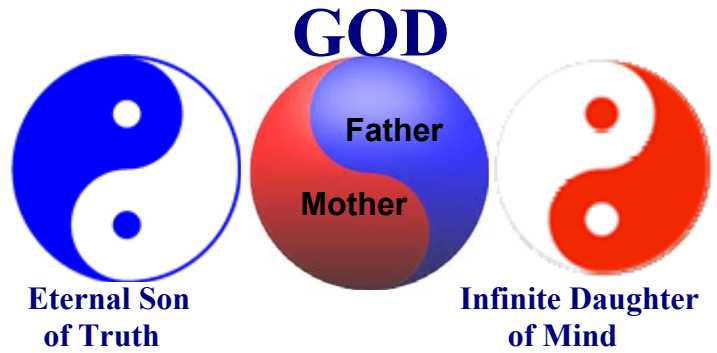
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



WE were DIVINE, and
WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



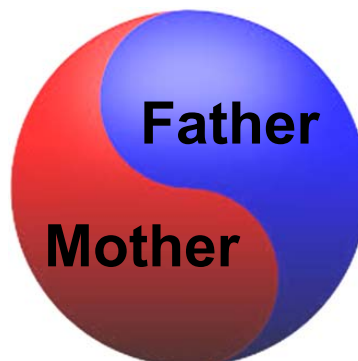
Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



CREATED in THEIR IMAGE:**GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

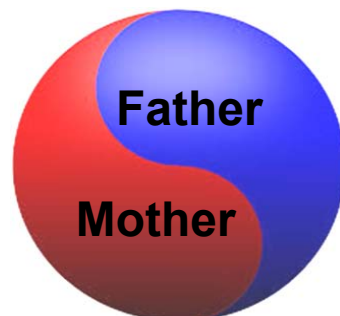
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

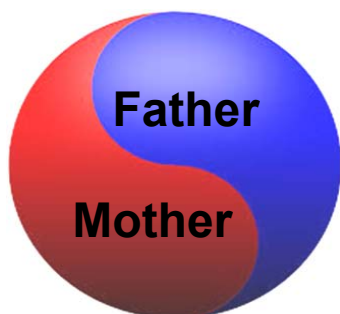


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

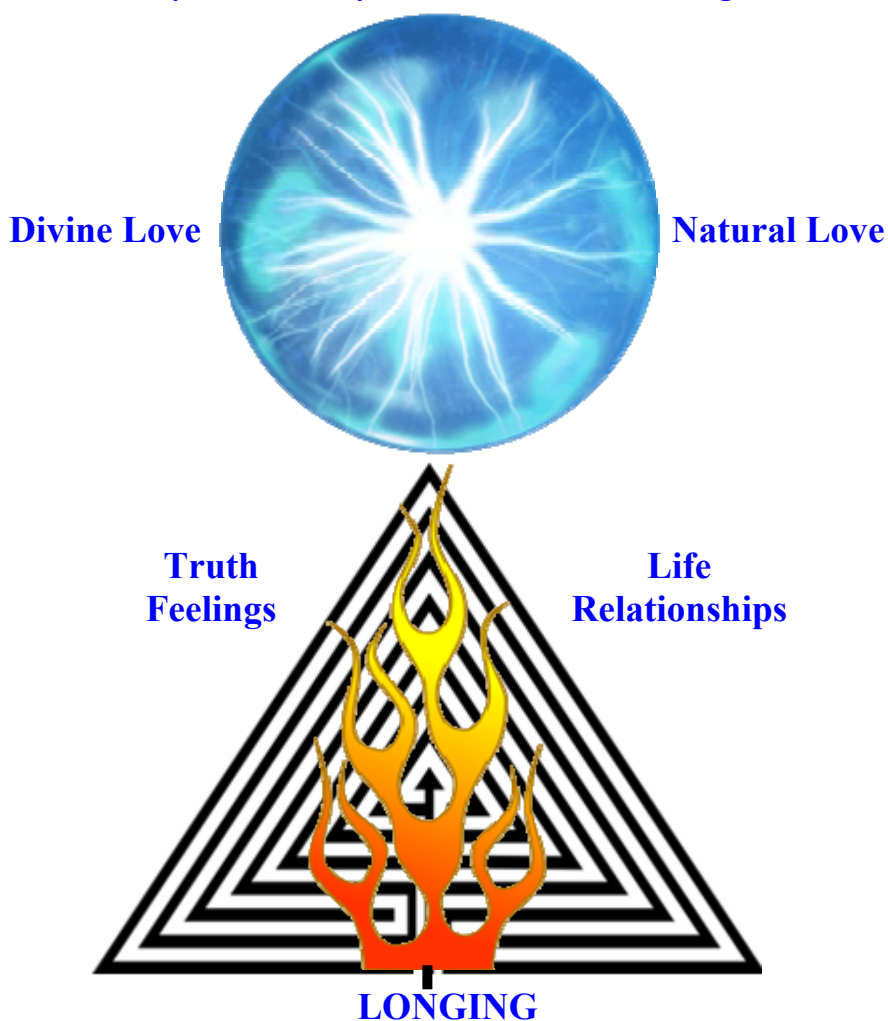
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

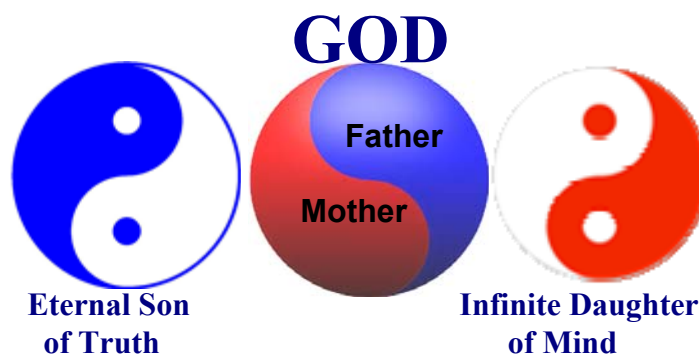
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (DM) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

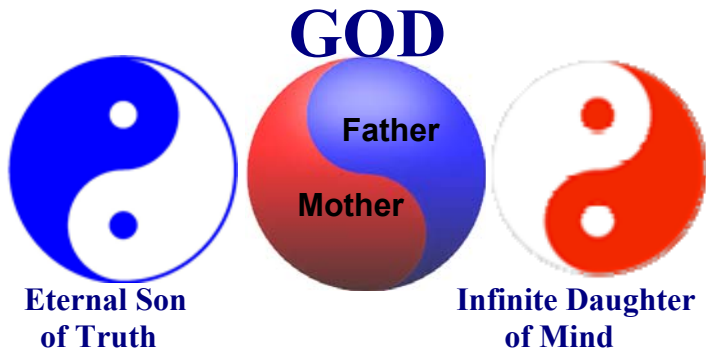
The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.



Feelings first

LIVE FEELINGS FIRST

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth. Soulmates getting further apart. Rebellion then Default

Present Day

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soulmates getting closer together as people express all their feelings more truly.

The Great U-Turn will bring about the Ages of Light and Life.

First soulmate pair – Andon and Fonta

The last humans, the last soulmate pair on Earth.

Lucifer & Satan

Adam & Eve

Rebellion leaders are now removed

Jurisdiction of humanity and spirit worlds is now with Celestial Spirits.



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to oneself, true to our feelings, we are living true to God. It's that simple.
(Passage in blue calibrates on the Map of Consciousness at 1,500)



JAMES PADGETT MONCRIEF  **1 Commenced 1914**
2 Completed 2014



1 Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.



2 Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

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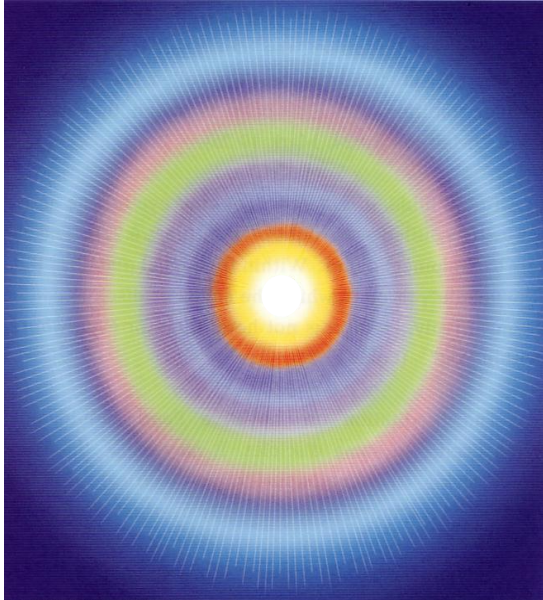
U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity through the New Feelings Way
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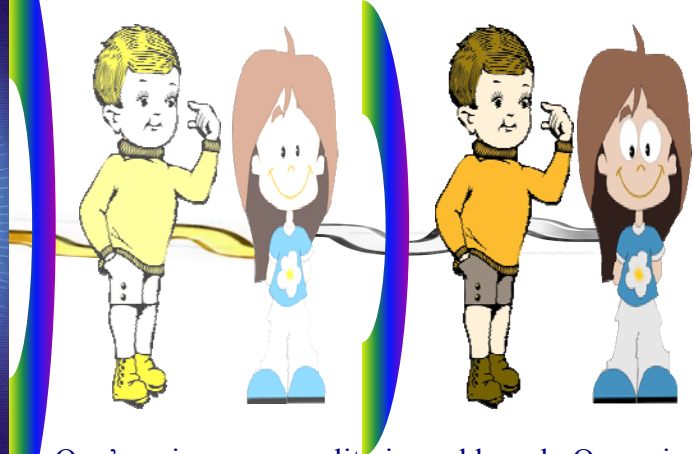
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

Suppression and Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feelings of feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

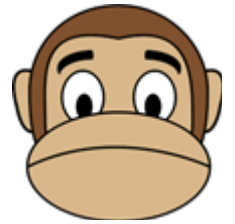
Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time

ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on Earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



And to spiritually help us, we are to understand:

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime to help us with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind-controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

Long for the truth of your feelings.

Long for the Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

James Moncrief 18 March 2018

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FEELINGS FIRST because OUR FEELINGS are always IN TRUTH!

It is through our feelings that we connect and communicate with our Heavenly Mother and Father. It is Their Truths that we feel. This is our pathway to freedom, to a joyous existence, a way of living that is so wonderfully light, in as much as our steps forward are always with ease and a true expression of our real personality.

Feelings First is a way of living that liberates all that is unreachable via our minds.

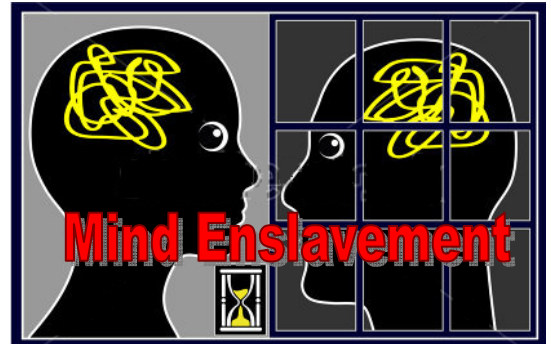
Never before in the history of humanity have the keys to our way to our Heavenly Parents been so clearly demonstrated and provided to us. Now, in the year 2018, we have been provided with the way to liberate our true personality.

We are to embrace our feelings, our soul based feelings, and through them we will find our freedom, and within this freedom we will find the way to heal ourselves of all our repression and suppression, most stemming from our forming years, our childhood from conception through to around the age of six years.

Oh the wonders of becoming superkids. That is, to begin to naturally express ourselves, that being truly the personality of who we are, the personality vested upon us by our Heavenly Mother and Father.

As emotional feelings begin to emerge, we are to long for the truth behind such feelings, both good and bad. It is the longing for the truth of our feelings that has been ignored by us for all these centuries. Instead we have subjected ourselves to our minds that cannot discern truth.

As we shed the encrustment of errors and injuries imposed upon us by the misbeliefs of our physical parents, we can ask for and receive our Heavenly Parents' Love, Their Divine Love, and in this way we will begin to divine ourselves, leading us to the Celestial Heavens.



Feelings First
Feeling Free



SUPERKIDS

Natural self Expression through Feelings

Self Empowering
Self Revealing
Self Loving



Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.

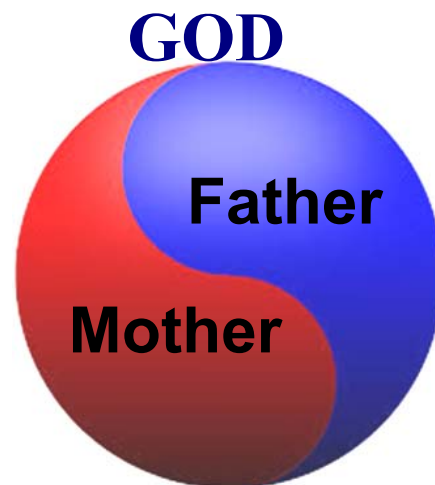


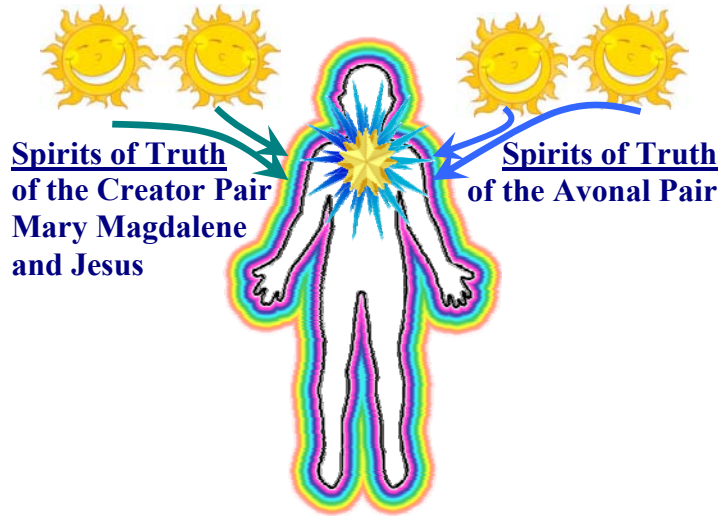
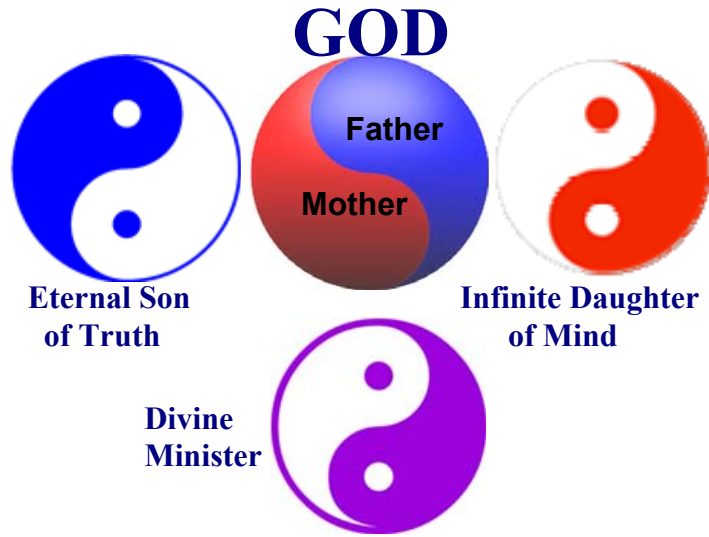
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.





Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.