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## POLE SHIFT

Humanity is undergoing an internal Pole Shift of a magnitude never before experienced in its long history and journey. This internal Pole Shift is the adjustment to living **Feelings First** – having one's mind subordinated to one's feelings.

For the past 200,000 years humanity has been seduced into believing that its mind holds the pinnacle of possibilities. In the process of humanity submitting to its wayward mind, the male has subjugated the female to his control. Should the female, who are closer to their feelings than the male, have been allowed their free expression then they would have put aside the absurdity of what was put to humanity by wayward spiritual leaders.

Presently, humanity is now being shown how to heal itself of the controlling natures of one's wayward mind by embracing one's true feelings and expressing what is revealed to them through longing for the truth behind each and every emotion, both good and bad. In this process of expressing what arises to a companion, we are able to heal ourselves of injuries that we have endured, particularly childhood repression and suppression.



By living **Feelings First** we are commencing the Great U-Turn.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate / soul partner pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to <b>'house the future of humanity'</b> .
31 January 2018:	Earth and the seven associated Mansion Worlds (including two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

In this series:

Pascas Care Letters Pole Shift

Pascas Care Letters Spiritual Evolution and Environmental Changes

Through the authority of the spiritual pair, namely the Avonal pair, it is being revealed to humanity how to put aside the Rebellion that has enslaved humanity for 200,000 years as well as the Default that occurred more than 38,000 years ago.

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what we are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.

If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting. Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them. Presently, we are all but the living dead, whereas the Healed are the living living. And there's a huge difference.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

As humanity engages in its internal Pole Shift, a great deal of external Pole Shift activity is to occur.

As all systems, by which humanity functions, having been established under the perceptions of the Rebellion and the Default, will all collapse. Yes, every platform that humanity has established through the engagement of the mind will be found wanting and will be rebuilt after being put aside.

No religion is teaching how to heal one's soul through the process of Feeling Healing and with one embracing our Heavenly Parents' Divine Love you are not only healing your childhood suppression and repression but you are fitting yourself to be able to enter the Celestial Heavens – you are then divining your soul. A common feature of any religion is that of control, control over their congregation. It is control that one's mind strives for. It is through control of one's child that a parent induces suppression and repression of the personality that our Heavenly Parents have vested the child with.

It is the free expression of one's personality that we have had suppressed throughout all phases of one's life. Firstly, our parents endeavour to impose their will and personality upon the child, this commences from the moment of conception through to around the age of six years. Then our education systems bring their form of control into play, then the religious institutions, employment opportunities and then over all of this is the government. All platforms are insidious modes of enslavement, none greater than the financial systems.

The health industry is focused upon suppressing one's feelings. Remove the pain so that we can have a great weekend! It is the pain that we feel from our bodies that we need to listen to. It is this pain that is guiding us to long for the truth behind such feelings so that we can express what is being conveyed to us as to the truth behind such discomfort, in this way we not only heal our physical body, we are also healing our soul. This is why the health industry is not able to progress in the assistance they provide to their patients – we are all ignoring the core cause of the discomfort, pain and illness.

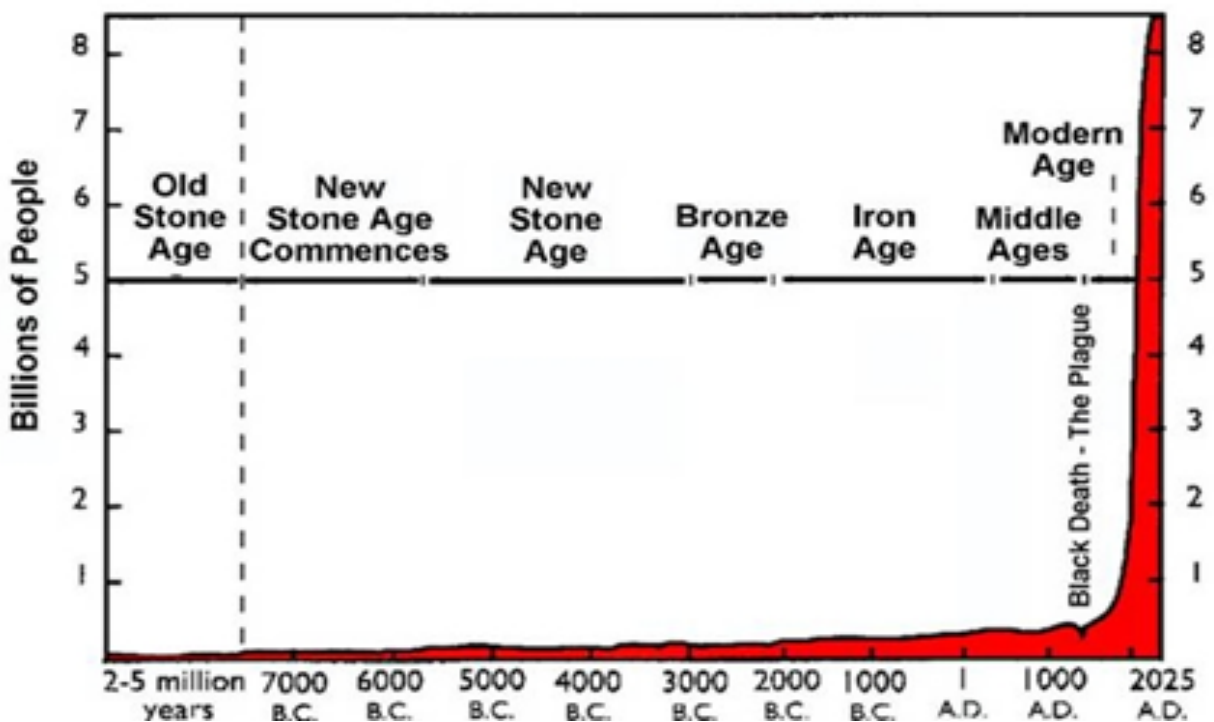
Thus, our inner Pole Shift will be the prime disturber of all aspects and norms of society.

Now for a perplexing question:

Over the past 2,000 years, the world's population has grown from 300 million to over 7.5 billion. That is a growth rate of 25 fold in 2,000 years. This is clearly unsustainable.

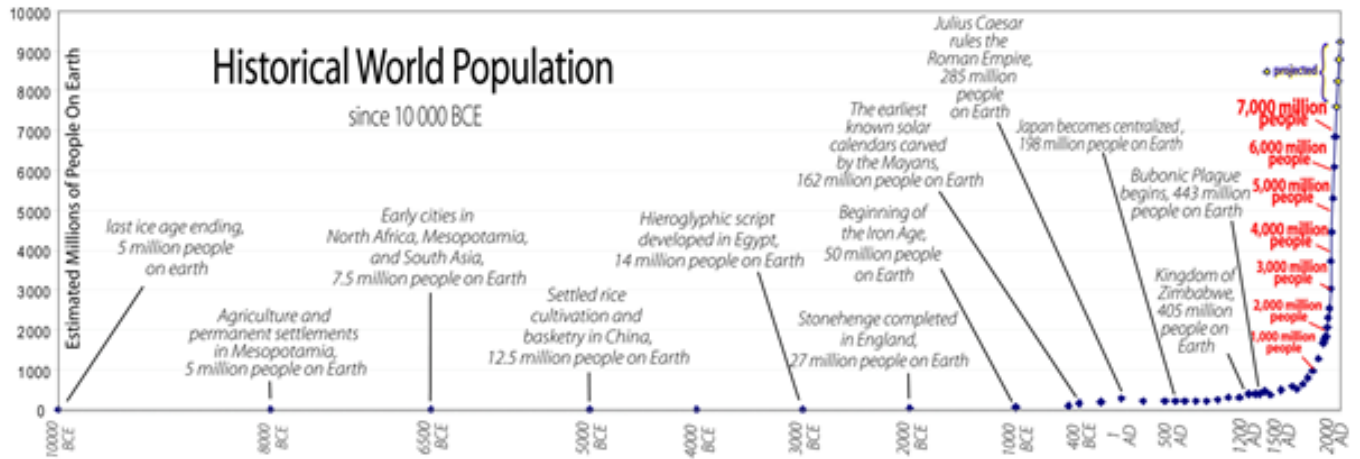
Ensouled man and woman first walked the Earth nearly 1 million years ago. Women and men have always had the intelligence capabilities that it demonstrates today. Extremely ancient artefacts have been found that are so complex that modern man cannot replicate. Our ancient ancestors often demonstrated skills that we still cannot match. However, why is it so that it is only now that our numbers are ballooning? Has this occurred before?

## World Population Growth Through History



There is speculation that from time to time the populations on Earth became significant in number only to be reduced dramatically through some kind of Earth change event.

Each year, presently, we add to our numbers the equivalent of the population of Germany or Turkey or Iran. That is around 82 million additional people on the planet every year. That is an additional 1 billion people every 12 years. This cannot continue. Unless we manage our populations within the limits of the resources of the planet, then within the next 100 or 200 years there will need to be a major change in the number of people living on the planet. How this is going to take place will be hugely disruptive, unprecedented and in a form that we presently cannot comprehend. This realignment will be pushed down the time line until it is inevitable. Whether it is a progressive realignment or a massive sudden impact, we will have to wait and see. You could call this the mother of all external Pole Shifts!



As people from all corners of the world become aware of living Feelings First, thus embracing Feeling Healing and possibly also our Heavenly Parents' Divine Love, then the potential exists for humanity to live within the realms of sustainability in harmony with nature and begin to maintain a population in numbers that are viable for all concerned.

Our Heavenly Parents send Descending Paradise Sons and Daughters to help reveal the way for humanity to ascend in truth to Paradise. We are presently living in a moment in history when such a Paradise Son and Daughter are living on Earth. This is only the second time in humanity's history that such a bestowal pair is here. God sends local universal descending Sons (and Daughters) of God to help us with our Natural love growth and how to live a good, true and happy life on Earth, that which Daligastia and his partner, and Eve and Adam were to show us, but failed to. Everyone else is just a person who has some sort of spiritual inclination, however they have to exist and express themselves within their prevailing environment.

Should we, humanity, embrace the revelations of Feeling Healing, and with Divine Love, Soul Healing, in sufficient numbers then we will find our way to mitigate the need for an imposed population adjustment. Otherwise, why not have this event unfold after such an adjustment?

Nevertheless, through these revelations we are being guided as to how to develop ourselves spiritually and fit ourselves to enter the Celestial Heavens from which we then commence our journey to Paradise.

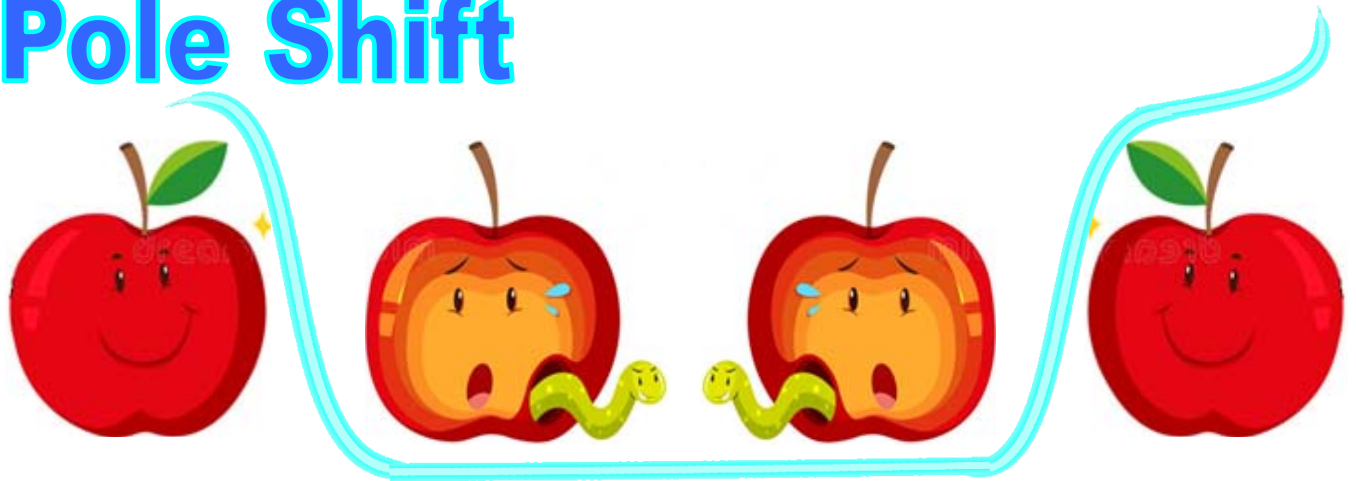
Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

**The New Way**  
**Feelings First Spirituality**

# Pole Shift



**Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.**

**At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.**

**Now, for the first time in history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.**

**We can through our Feeling Healing embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.**

**This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.**



Should a physical POLE SHIFT event eventuate, then where such movement may end up is as good as a blind man's guess as to where his darts may land.

The realignment of the poles in conjunction with the realignment of the equator with, say Australia, would be one hell of a ride and experience!

Should this event be gradual or rapid is also any one's guess, should such an event take place. Apparently it has occurred in years gone by.



Tuesday, 15 May 2018: **Graeme wrote this to me earlier:**  
It has been my joy and pleasure to read and edit "Paul – City of Light".

I literally didn't want it to end. Then when I saw THE END I wondered what's on the following 10 or so pages?

Your bio's and a couple of your first interactions with Jesus and Mary. I was so happy that there was more to read!

And virtually on every page revelations and powerful "healing" information. So much so I've created 20 or so mini-docs for my own reference because I didn't want to "lose" a single thought.

Wow, I felt I was on the journey with Paul and in many ways had a very close connection with him.

It's been a marvellous experience and I'll be forever grateful that you wrote such an inspirational work – not just for me – but for the whole of humanity.

Please find attached my suggestions and edits.

A happy and joyful Eme...

**Me, James:** Thank you Graeme, and again for all you've been doing with my books. It's fantastic, although I've not been up to going through your work yet. I'm still waiting until I'm further on so I know for sure more about what I'm doing and what it's all about. However with your edits, when the time comes I'll be able to use them to help me read them better and to so see how I want them and if the truth is right.

I can feel it, or sense it, within myself, outside of me, with you guys, with Marion, with all I've written and understand, with other things all starting to come to a head. I've been so angry all day – I WANT TO KNOW. My parents didn't let me know, they stopped me finding out for myself the truth through my own feelings. And I am raging angry about still not being able to. Everything is moving to this point, it's like I'm rising up on a wave, coming to the apex and something has to give. Either I die or I roll over into completing my Healing, something dramatic as that. So here I am again, it's cyclic, back with John and all that, the Avonal thing, even with the END OF THE WORLD POLE SHIFT business.

How's this: **It's my birthday today (15 May).** Marion asked me some days ago: what about getting something for yourself, giving yourself a present? Okay, but what – more blocks of chocolate!!! I don't need a birthday for them – I need to give them up! A couple of weeks ago, David Montaigne published a new book: Pole Shift: Evidence will not be silenced, which I ordered from our local bookshop. They said it would take a week to come, and two weeks later then said it was here, so today I picked it up – my birthday present to myself! And when I got there they said, "you're only interested in the content – aren't you, because the book has come slightly damaged, we'll give you a 20% discount if you still want it." No sorry or anything like that, just: here, you're fucked, we don't give a shit about you, we don't want to go to all the hassle of returning it and getting a new book – so here is the book, take it. I took it – what could I expect, of course it would be damaged, I am damaged, I would get a damaged birthday present! It all fits, you can't escape the truth!

So reading it, and OMG, here we go again, the evidence and how David presents it is so compelling: are we all going to be fucked over by a massive Pole Shift possibly in a year and half's time? However: are

his deductions correct? I want to know. But no, God is not telling me, nor my angels or Nanna Beth or anyone else – even Verna is closed mouth. So it's – wait and see.

And just before this I had my conversation with you about it all, which brought it all right back up into focus for me – what the fuck am I doing, what is it all about, am I right, or am I Mega deluding myself? And now it's all come round again, I don't have the fear I used to, I've changed, I feel more confident about it all, however I am angry that the pieces of the puzzle still won't fit into place.

These are the pieces. They are floating in my mind, like a fantasy waiting to be 'earthed' or waiting to be once and for all discarded.

Myself and my Healing.  
 Myself and all the Avonal stuff.  
 Myself with the angels and nature spirits, together with the Celestials.  
 Marion.  
 Marion and her Healing.  
 Marion and her possibly coming up North.  
 John.  
 You guys and John.  
 Pascas and all we might do together concerning the New Revelation.  
 The money.  
 Samantha.  
 Samantha and her Healing.  
 The Pole Shift.

Does it happen in a year and a half? Are the astronomical signs of the planetary alignments representing something else – possibly the Second Coming and not the end of the world as we know it?

Is the Pole Shift to come at the end of the next 1,000 years, and if so, how come all the ancient evidence points to it happening anytime soon?

What would be the point of the New Revelation having only a year and a half to be 'put out there' and then the whole lot gets wiped?

We've not got enough time to dig holes in the ground to hide ourselves and some solar panels and our laptops with all my work, Pascas and all the other survival stuff on them, especially when because of all the volcanic dust in the After Times there's not going to be much sun to drive them for a few years – and then what, those few people who managed to survive pull out my work and try and do their Healing whilst they are grubbing around in the muck trying to make it through each day? None of it makes any sense.

Or, do we have a go at it until I die, the revelation going out there, then comes the Pole Shift and everything is wiped with perhaps small pockets somehow managing to survive like in Sage 4 (book)?

Or, does humanity get the 1,000 years to work on its Healing, then the Shift and everything gets wiped and that's the equivalent of Satan being unleashed and everything having to start from scratch all over again?



Or, is there some other way, something else that's not occurred to me – which is highly likely knowing how my Healing and everything else has gone? It all looks obvious, that it's all going to keep unfolding, whilst we keep the Pole Shift out of it; and yet is it – it could go in a completely different direction.

And does any of it matter?

Am I full of shit making all this up and stressing myself out?

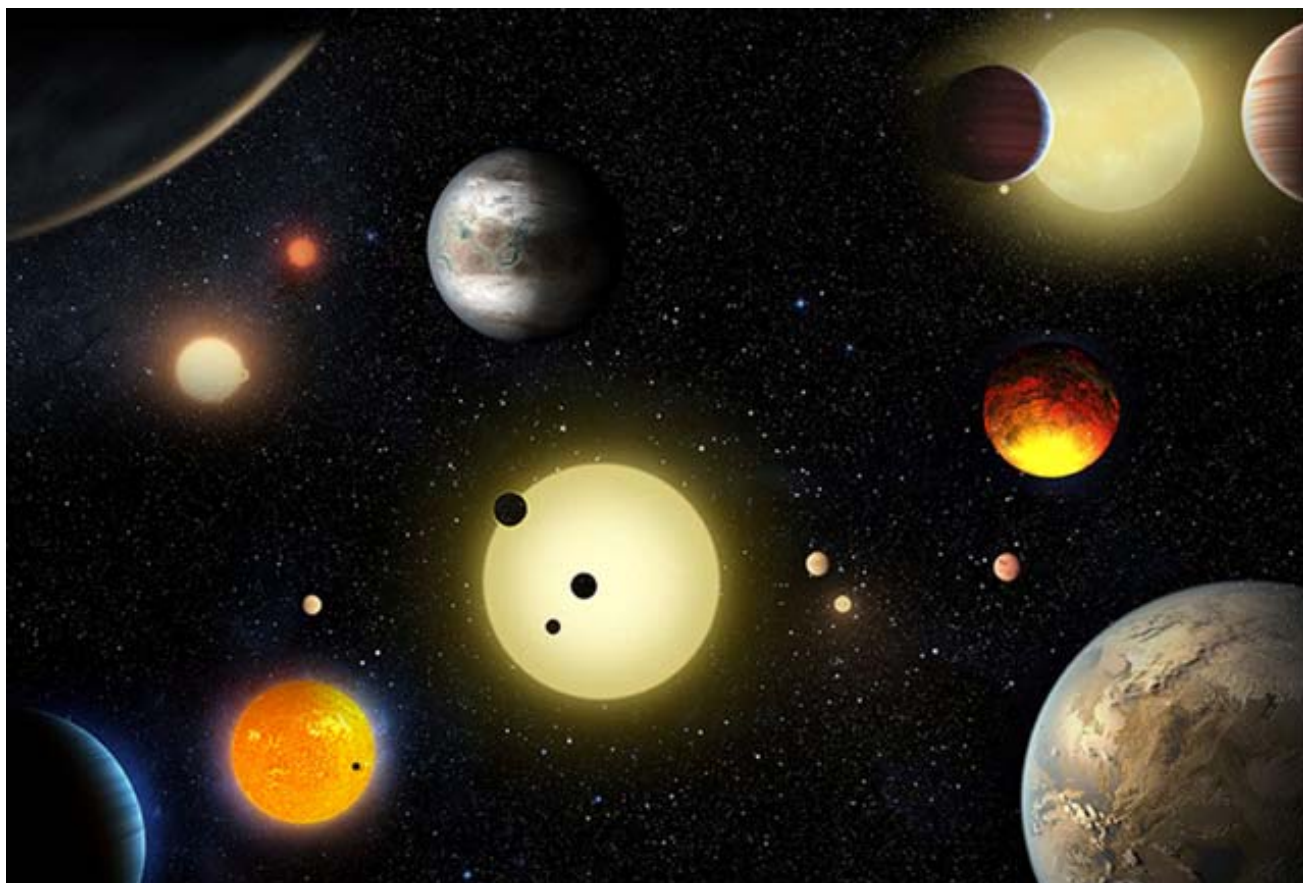
And yet delivered to me on my birthday is this new book summarising it all, just when I've finished Sage 4 which is all about the Pole Shift.

And my anger, so much repressed anger – is it going to get the better of me, is it going to tear me apart, I can feel it trying to kill me, all my aches and pains. I've had a headache all day with it, and a corker the other day, I've not had headaches for months.

It's all building up – what's going to happen, the dam feels like it's going to burst. We're all getting older, something has to surely give one way or another soon to show the next step.

The pieces of the puzzle are all there, I can touch them, they are moving closer, but still I don't know how they will slot together.

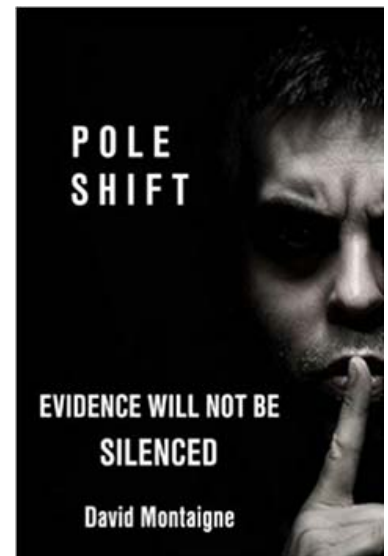
Sorry Graeme to have gone on, but it's all up in me tonight having started reading David's book. So this is yet more – for the record.



## ***Pole Shift: Evidence Will Not Be Silenced***

by David Montaigne

The book: MoC 580  
 King James Bible (from the Greek) 475  
 Koran 700



Note: Books and publications that calibrate below 800 on Dr David R Hawkins' Map of Consciousness typically require careful discernment. Though the level of truth is emerging, more is required.

Sunday, 20 May 2018:

I like the Feeling First... couldn't find anything wrong (Feelings First in all We Do). And the seed banks (New Biosphere Agriculture – Seed Banks). Collecting the native seed is the easy part, how to grow half of them, now that's a bit more difficult. A guy got one of the sword sedges we have about the coast going after the seed sat for four years in his fridge, then suddenly it started coming up! That's some patience. Pascas Papers are what you need to take with you down the Pole Shift hole. We'll have to make them readily accessible in one huge folder or something, sometime... perhaps. Which no doubt you've already thought about. Seems you've covered everything. It sure would be good to get going with it and see where we go.

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Sunday, 20 May 2018: **Pole Shift – Update**

I just finished reading David Montaigne's latest book: *Pole Shift – Evidence Will Not Be Silenced*. And these are the thoughts I'm left with.

Firstly about the book itself, it goes into great detail about the physical signs of prior shifts, all of which are too overwhelming to dismiss as being fantasy, together with so many of the myths from all over the world that point to the next shift happening soon. The evidence is overwhelming and too many respected scientists and people like David agree that the world is subjected to massive cataclysmic upheavals resulting from a galactic wave hitting the Earth and causing a pole shift every 12,960 years – or thereabouts.

The signs in the sky that the ancients encoded in rock point to Dec 21-28 2019 that David has worked out based around movements of the planets at this time which uniquely happen once in roughly 13,000 years. David says this is his best guess, but it might happen some time later with Nostradamus predicting, so he and others reckon, around 2028-29, possibly Oct 2029. And he acknowledges that possibly other signs point to other dates up to a couple of centuries into this millennium, some of which have passed, however nothing as conclusive as his 2019-20 time. Everyone reckons that the next pole shift is sometime in the early 21 century.

Without going into too much detail, what I was left with was the feeling that David's time is like a marker, a point in the movement of the heavens that show around which time the Pole Shifts happen. So it might not happen exactly on that date, but sometime give or take around it. Perhaps the ancients couldn't work out exactly to the day the next event, so this astronomical alignment is the closest sign and near enough to it happening at that time. And what's a few hundred years either side of 13,000 years?

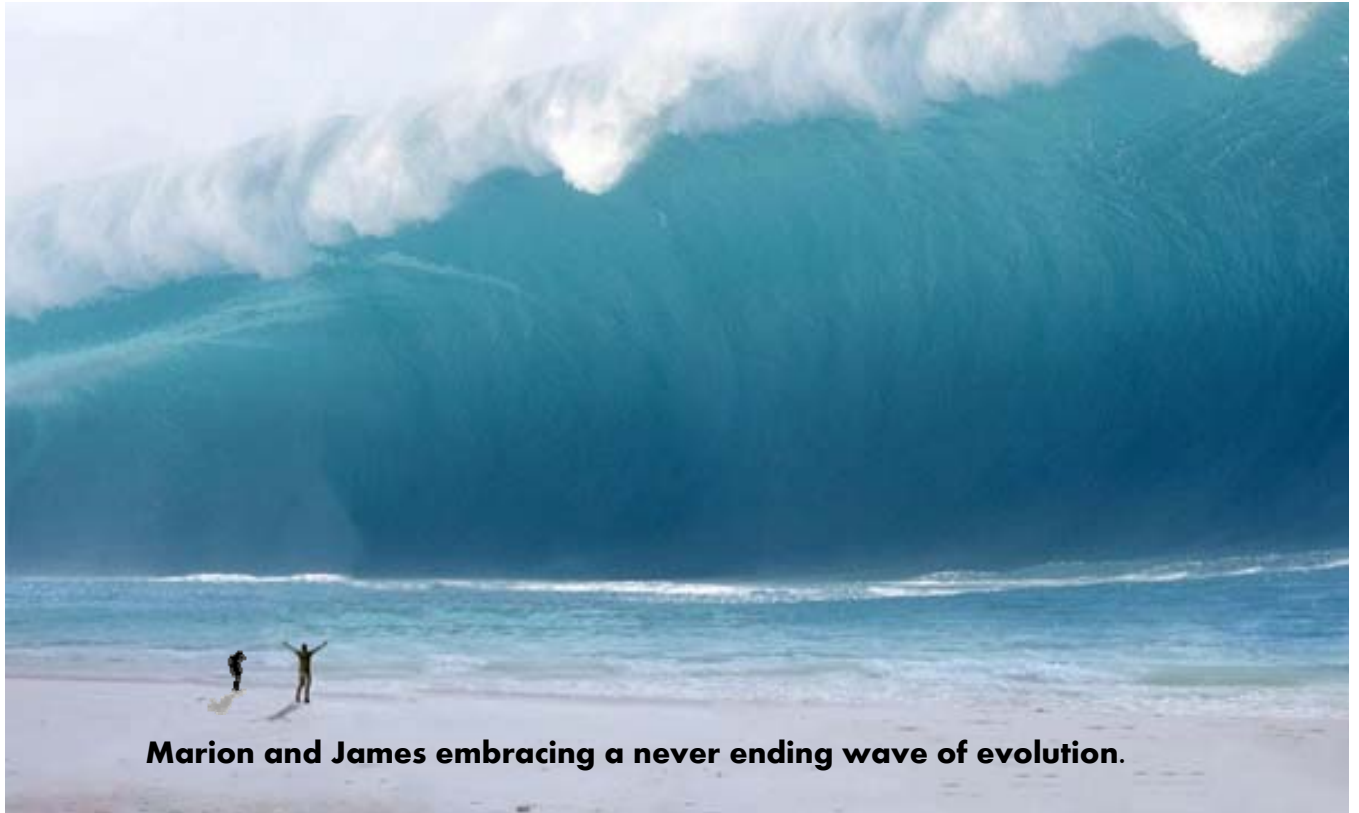
From my Avonal point of view I am faced with:

What's the point of getting it all ready – to possibly finish my Healing within the next year and a half before David's time, and go public with everything only to then immediately get wiped? It sort of sounds a bit self-defeating – like my whole life, so perhaps it's rather fitting! Unless I'm not meant to go public and all that needs to happen is I finish my Healing – assuming the Avonal thing is real anyway.

And if John's money is to help with the 'going public', then that too all seems rather pointless – he gets his money and only has at best a year and half to do anything with it.

So let's then say David's date is a marker, so sometime soon after that date the shift will occur – so how soon?

I feel it's reasonable to assume that Marion and I will live out our lives, finish our Healing then help other people know about it, before the next pole shift. I can't see myself getting wiped out by it before I die, as again, what's the point. I can see myself dying because of it, it coming when Marion and I are to finish all the Mother and Father want us to do, and I do fancy standing on the beach watching a mile high wave come ripping in and it's all over red rover. That would be one hell of a body surf and not a bad way to go!



Or, possibly Marion and I die and then some time after that along comes the Shift, giving humanity more time to digest and embrace that which we are to reveal, allowing certain information to be hidden away for the after-time survivors to use.

I was thinking prior to reading his book that possibly the Spiritual Age of 1,000 years will happen, and then comes the Pole Shift, that being when ‘Satan is loosed again’, however after reading his book, I’m back to thinking it might be much sooner.

And David’s big week is all based around an ancient Jewish wedding that’s played out in the heavens. With the son (Jesus) marrying the Earth – with the shift happening and final Judgement Day. Then with Jesus returning to Earth – that’s the marrying part in real life. However I tend to think that it’s just symbolic of the Second Coming as David is suggesting, and without Jesus actually returning (and if he’s going to marry anyone, it would be Mary M). So it is the Second Coming – *again*, as he said it was in the PM, yet with a twist, that being the Avonal Pair which is another Pair of Truth, so the Second Pair of Truth Coming. So They would ‘Come’ at this time as reflected by the signs in heaven. So this time might be more specifically for Marion and I, with the actual Pole Shift at a later date.

Some other interesting points from David’s book concerning all I believe are:

The prophecies say the new Earth is like a golden age of 1,000 years to begin with, which I would imagine, once things have settled down, the survivors would relish with no government, all the world theirs to do with as they please, all for about a thousand years before things build up to yet again starting the control of elites over so-called lesser people. That’s provided the governments who’ve hidden away in their underground bases don’t all emerge only to take over and ruin everything right from the

beginning. And were the survivors intent on doing their Healing, then they'd have the freedom to do it in their basic lives, as we only need to be able to talk to do our Healing.

The scientists reckon they can see and measure these galactic super-waves pulsing out of the centres of all spiral galaxies, of which our universe is one. One galaxy has 18 such waves they can see pulsing out through it, all equally spaced, so perfectly cyclic. So our part of material Creation is hit repeatedly with these massive changes. We have two such gravity waves coming at us, although we can't see them being on the same level as they are, so we only know about them when they hit, the next one due any moment. The ancients say that when the wave hits us, there becomes a blue light, like a big star, bigger than the moon and the sun that shines night and day for 1,000 years, this being the centre of the universe. So the first 1,000 years of the golden age has a blue hue to it. And as we know, I reckon we're going into a Spiritual Age of 1,000 years. So I can imagine the increase of cosmic energy and light all helps change the vibration of the Earth, of humanity, all adding to what people will need to help them do their Healing and start the U-Turn. And if people don't do their Healing, then conceivably, as has happened in the past, the next age of 13,000 years humanity will develop new ways of denying itself, building up to a new crescendo like we are now, like it happened with Atlantis before the last pole shift, to where everything gets wiped right before humanity wipes itself out with its own nuclear fuckups.

Technically, according to the Urantia Book, the Spirits of Truth would be poured out upon the death of the Paradise Pair, which would make the start of the next age with their help – for the 1,000 years; so it is that Marion and I die, liberate our Spirits of Truth, just as, or even as a result of, the galactic wave hitting Earth? So there is new spiritual energy to help – our Spirits of Truth together with that of the Celestials, and the new physical energy to help – brought about by the Pole shift and galactic wave?



If such an event happens, and people survive who have the truth about the Healing, and want to do it, then I could imagine them slowly evolving a community based on the truths that come to light within

them. And possibly small pockets of humanity might start off the next pole shift age this way. Which is not unlike what I've written in my Sage novels.

Anyway, as for us all, I'm sure it's too big to conceive of, that so much damage is inflicted on the world and so quickly, I can't see that any of us are going to want to even try to think about surviving it, because what would you do and where would you go – even if John said, here, have all the money you need. Are we going to take his money and start digging massive underground caverns to house all one might think one needs to start a new life in the After-time? And into which mountains would we dig? Perhaps the Australian government as I have heard rumoured are already digging and planning for such an after time, along with the other elite elements of certain governments. So should we approach them, or will they approach us at some point? And does it matter?

Since I've finished the book, I have not asked Nanna Beth, Verna or my angels or the Mother and Father about any of this, I'm preferring to work more with my feelings and just let events unfold. I feel this is about the last major mind thing I want to do, other than just work out on a daily basis whatever comes up with Pascas should that eventuate. I'm about fed up with trying to work out the future and even all the spiritual stuff, I just want to get on with it and let it all work itself out.

So I will include the Pole Shift as part of my work, however I think – other than Sage – I'll leave it in the background, unless I am told something more about it that is relevant to our understanding of everything.

So I don't think the end of the world is in a year and a half or so, however I do think that it is a significant date all the same, and possibly more relevant to myself and Marion than anything else. And as I said, also a marker time point for what is possibly to come concerning the inevitable Pole Shift.

It's also interesting to compare my Healing as being my own inner Pole Shift, it taking possibly longer than the material one, however hopefully with the same result: 'cleansing' me of all that's wrong and all my repressed yuk, making me feel born anew as I enter into a Celestial golden age once it's finished. So is the inner going to be reflected on the outer? Like it is with all things, yet this time around, with the truth available about how to help others to heal themselves, unlike how it's been on prior shifts during the Rebellion.

This is some of the interesting physical information in David's book showing how Earth has been subjected to these cataclysmic changes. In case you don't want to read the book.

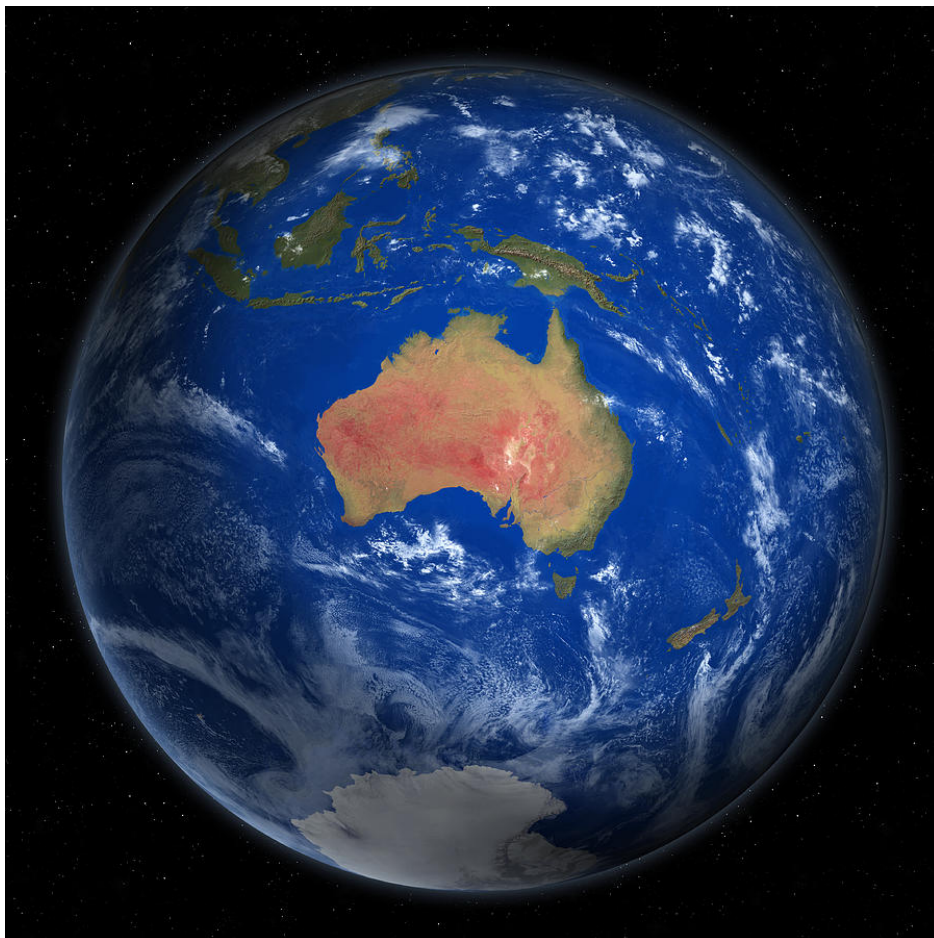
Northern Siberia was snap frozen, the mammoths with flowers and grasses in their mouths and stomachs. It was more like lush Africa in climate before it became so cold. The Northern Siberian islands are almost built on mass graveyards of dead animals, countless numbers all torn apart along with vast forests, all splintered and mangled and mixed in with mud and yuk. And such mass death areas dating from the same time are in other parts of the world, suggesting massive waves of water just washed them all up, ripping everything apart and depositing them in great mounds.

I was taught in geology at university that through the ice ages the ice came progressively south from the north pole covering Europe and America, Russia and then receded as the Earth warmed. However that's not what happened. There are no such 'ice ages' – there are new north and south poles, so new areas of ice formed after the pole shifts whilst the old poles defrost. So the ice didn't come down from the north

pole, it expanded out equally in all directions for the new pole centre, and glacial evidence supports this the world over from past poles.

I was also taught that continental drift at subduction zones slowly formed the mountain ranges and so on, but no, such things happen fast. As the equator shifts to expand and become the new poles so great rifts and cracking happens and land sinking, and as the old poles come into being the new equator, so there is massive compacting hence causing land to buckle and rise. So the continents do drift, but that is not what forms the mountain ranges.

Coral reefs occur in favourable conditions which are very specific in the seas and oceans near the equator, and apparently there are ancient coral reefs crisscrossed over every part of the Earth, suggesting the equators have changed many times and been in nearly every conceivable position. And if the shifts happen every 13,000 years, that a lot of them occurred throughout the whole existence of Earth.



**OUR FIRST TEACHERS:**

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the **SACRED and INSPIRED WRITINGS**. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

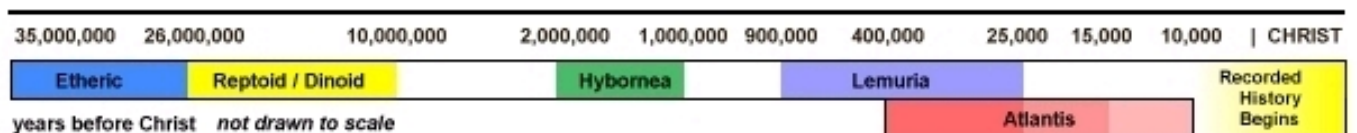
However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world’s major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one’s soul based loving and truth based feelings and bringing about dependence upon one’s erroneous mind. **BC=BCE AD=CE**

**Note: Lunar cycles were considered years, then seasons as years.**

- First Parents, Andon & Fonta, also known as Aman & Amon 1,000,000 years ago
- As a result of Lemuria (Mu)we have Sacred Inspired Writings 300,000 BC (Chaldi College)
- As a result of Master & Mistress Lucifer we have the **Rebellion** 200,000 BC
- As a result of Adam & Eve we have the **Default** 38,000 BC
- As a result of Osiris, we have Osirian 20,000 BC (born in Atlantis)
- As a result of Thoth, we have Osirian in Lower Egypt 14,000 BC (coming from Atlantis)
- As a result of Krishna, we have Hinduism 3,228 BC (birth dates)
- As a result of Abraham, we have Judaism 1,750 BC (+/- 250 years)
- As a result of Moses, we have Judaism and Moses books 1,200 BC (approximately)
- As a result of Zarathushtra,we have Zoroastrianism 630 BC he lived for 242/4 years
- As a result of Lao Tzu, we have Taoism 604 BC
- As a result of Varadhamana Mahavira we have Jainism 599 BC he lived for 72 years
- As a result of Buddha, we have Buddhism 560 BC
- As a result of Confucius, we have Confucism 551 BC
- As a result of Jesus via Paul we have Christianity born August 7 BC died age 35, March 29CE
- Mary of Magdalene, born 2 BC, died age 48, and Jesus of Nazareth, both born free from error.
- As a result of Muhammad, we have Islam 570 AD
- As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord 923 AD to 947 AD period of reign
- As a result of Hiawatha we have Iroquois Confederacy 1550 AD
- As a result of the Second Coming we have Divine Love and then Feeling Healing  
which with Divine Love then is Soul Healing 31 May 1914 AD to around the 2040’s
- As a result certain restrictions of the Rebellion and Default are now lifted.

From the above ancient clay tablets can be found the Lord’s Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

By longing for the truth of one’s feelings and for our Heavenly Parents’ Love is the way forward.





Monday, 21 May 2018:

### **Pole Shift**

James: Hello Nanna Beth, I keep wanting you or God or someone to tell me that it will be all right, that everything will be fine, all the horrible things will be taken away, the pain in the side of my nose and on the side of my leg, my hip, my compulsions, that you – Granny – says they will all go and they do, just like she said all the bad things and pain would go and they did. I hate living with so much fear and uncertainty about everything, even that I'm doing this Healing thing yet still I don't know if it is the real saviour, the real way to heal ourselves, even if we need healing; because perhaps it's just how life is on Earth, no one has a clue, no one can ever have one, possibly there isn't even the Evil Ones who stuffed it all up as it's just physical life – something that is stuffed up, and which some people seem to have a better deal, not feeling as scared all the time as others do.

So around my loop I go again, wondering, questioning, feeling demented – unloved, unloved in such uncertainty. And I feel like I'm coming to the point where I should get a book in which some bloke says you can do this thing called your Healing and this is what it's all about, and I'm deciding whether or not I want to do it. And yet I'm that bloke who's written the book, supposedly like the Pied Piper wanting to lead everyone to the truth of themselves and how they can make themselves eventually feel better, yet I don't even know if it's true, as I'm feeling like I'm just starting out myself to see if it works, if it does have any positive effect. Like everything within me, it's all round the wrong way. I felt so committed to it being true, so sure in my naive arrogance when I first started living with Marion and she saying this is what can help me, blasted into it, wrote all my books and yet twenty two years on or however long it's been, time is wearing me down, and sure I feel a million times better than I ever have and I know a shit-load of truth about myself, however I still feel shit and so bound up in my yuk.

I wasn't wanting to talk with you about this, I just need to rant and vent for the record, as I hardly write about my Healing or how I'm feeling anymore, and yet every day Marion and I still go through about a thousand things about it all, it is non-stop, one feeling and then truth or thought, after each other, yet too much and too intricate and detailed to write about. Perhaps others as they do their Healing will be able to chronicle it better than I can, and the fact that so much is always happening is the only thing that really keeps showing me something within me must be happening and changing.

And what I did want to discuss was, once again, the Pole Shift, having finished reading David Montaigne's latest book: Pole Shift – Evidence Will Not Be Silenced. From the book I feel sure of the evidence he and others present, that it is a regular cyclic event around every 12,960 years and that we're about due for the next one, and they are devastating, and that the date David is focused on is reasonably the time or at least a sign that it's getting near to the time for the main event, that being December 21-28, 2019. And with my latest thoughts about it, I'd like to ask you what you reckon, for is that what you Celestials, and all the hidden elite, are working towards?

Nanna Beth: It is James. You're deductions concerning what you think and feel about what David says are correct. The ancients understood from experience that such cataclysmic events happen repeatedly and the signs in the heavens added up to the time David has identified, and as you feel, that the next Pole Shift is sometime around this time, although not necessarily on that specific date.

We can't tell you more than this, we are not allowed to tell you exactly when, or even when in relation to your thoughts and feelings, as it's all part of the denial that you have to personally work through as part of your Healing. We have helped lead you to the work of David and other people so you are able to take it on and then add it to everything else that you have worked out and yet can't verify, like what you were saying about whether or not your Healing is actually a real and true thing with an end point, all because you are to go through your experience and without such direct interference in it from us. So I am sorry, however I can't say anymore than go along with what you are thinking and feeling. We are

able to work laterally bringing to light more understanding about the truth and your Healing as you progress in it, however concerning the Pole Shift and you being the Avonal or not, and whether or not John will get his money and use that to help you, we can't say much more about it. We've done about all we can, which is why you've not been speaking that much to us lately, it's now coming to the phase – the end of your Healing – in which you sort it all out once and for all for yourself and all through your own feelings. It's a crucial time, which is also why you are still having these moments of throwing it all up in the air, reassessing, going over it all and analysing your latest feelings about it. All of which helps you to see how much you have and are changing, and now on a more obvious daily basis are you aware, and we will continue to always be here in the background supporting you all.

And having said that, still you are most welcome to ask me about any specific parts and any of your thoughts and feelings and I will do what I am allowed to do with you.

James: Yeah all right, I understand; and yes, it's what you've always said, however I understand it even more so now, it's what I know you'd say and really it can't be any other way. I – we – all do have to find it out for ourselves, and even if you or God told me, I still have to find it out for myself through my own experiences. But having been formed on being told all the time, it's hard to let that go no longer expecting it to keep happening.

Nanna Beth: And as you understand, you have to keep saying how much you expect and want and even demand it to keep happening, needing to be told everything and how it's going to be for you, because that's what you expect; and then how angry or upset, miserable, let down you feel when it doesn't happen, that too happening when you were young. So like it all, as it's all still your early childhood, to keep expressing all the bad and even the good feelings whilst longing for the truth of them.

James: In regards to the Pole Shift, I had thought that possibly it doesn't happen for another thousand years giving humanity time to at least have a go at the Healing, but David's evidence is very convincing that it's to happen sometime around the beginning of this 21 century.

Nanna Beth: And as I said, I can't say one way or the other, you'll have to live up to and then through the date – should you survive the shift if it happens when David says – and see how you feel about it every day or every time it comes about making your feel or think anything about it.

James: I can't really see the point of it wiping us all off the face of the Earth in little over a year and a half because Marion and I might not have even finished our Healing by then. And I think that possibly that will be the time when we do finish our Healing, and then we'll reveal the truths through to the end of our lives, with the shift happening then to end our lives or sometime after that. David says other dates point to possibly ten years further on from his time, and even other further dates, yet none of these match so heavily the signs left by the ancients in stone. However if you were going to leave a warning time, by marking the obvious set up in the heaven of the stars that is sometime round when the next shift would be, yet not necessarily on that exact date, then you'd be aiming for what David has deduced. Perhaps the ancients couldn't say exactly when it will happen and perhaps it's not an exact timing of the cycle, and that within say a 100 or 200 or 500 year window when speaking about 13,000 years is near enough.

Yeah okay, so I feel you not wanting to talk more about it, which is fair enough.

Nanna Beth: As I said, I can't, we're not allowed to, the Melchizedeks forbid us to. It's such an important thing, as you're coming to understand, the fact that the whole of humanity is all but destroyed is something none of us had any idea about. And only now through this small number of people are

some people like yourself able to have such information at hand, yet having to deal with it, knowing that it's imminent and how are you to deal with it, is, as you have been feeling, too much. You would have to need time to prepare, advanced warning, living with the knowledge of it and having the resources to take the necessary steps to survive it, which as you've said, how can you even do that when you don't know how severe it will be or what parts of the Earth will be affected?

James: The governments seems to be boring away into their underground mountain bases –

Nanna Beth: Yes, they believe they have secret information passed down through the ages through the initiated, and so are working toward their various timetables to prepare for the real End Time and then the After Times when they want to come out of their holes and secure bunkers making the New world the paradise they would like it to be.

James: So is there going to be something of a final land-grab before it happens?

Nanna Beth: Yes, that which is of a sorts currently happening. They all raced to Antarctica recently as you read and as David mentions because of new evidence they found there which helped them think they could work out when the date of the shift happens, however it's still speculation because no one knows, it's not common knowledge and not even sacred hidden knowledge for the elite priests of ancient or current times, as it's all part of living in denial on your world; so at best, you, and the governments and anyone else, can only speculate, even including the prophets like Nostradamus. So the arrival date of the galactic wave is unknown, it's going to take everyone by surprise, with some warning signs increasing foretelling its impending arrival, most of which the public is not going to be told about anyway.

So they are all madly digging vast underground networks, there are even 'wars' going on underground, for who is to say that the borders of a country are the same a mile underground as they are on the surface; and then there is something of a pact that the hidden elite are all working together on it in secret, yet still the surface rivalry, racism, snobbery persists. Do the American elite want the Russian elite to run the New world, or the Chinese, and so on, so they might all think it sounds like a nice idea all being one, one New World Order for the New World, however it's not like that in secret reality. They are all still plotting and scheming behind each other's backs whilst putting on a united front. The same old thing, for how could it be any other way.

James: So you're saying that what we see in the news concerning the surface of the world is nothing compared to the secret underground dealings going on?

Nanna Beth: Yes. The underground negotiation goes in fits and starts, the hidden controllers and secret societies all trying to work out what the other thinks, they have not come clean and openly declared all to each other, although they are pretending that they do.

James: Is the Australian government involved?

Nanna Beth: Yes, although as usual, a minor player. Each of the main countries involved have drawn up lists of the people they want to survive and Australia has submitted its list. The tunnels they've dug go all over the world, so one comes to Australia. Not all the countries are included, only the first world elite ones; and some of the other excluded ones know about it, know they are being left out; and some don't care, and are happy to take their chances, others want to be included. Turkey is one such country that is not included, knows about it, their elite want to be included, so they oscillate between the Americans, Russians, Europeans and Chinese hoping someone will let them in.

They all understand it's to be a Grand Purging of the world, so they don't want to include the riffraff for their After Times. They need enough military resources to keep the enslaved survivors doing their surface work for them, and that's about it.

James: And what about their religious beliefs – are they looking to keep the religions going?

Nanna Beth: No. They don't care about them, they are just something that serves to keep the masses in line. So there'll be one global religion as there will be English as the global language and really they'll divide up equally the new land masses after the damage from the shift has been done, sorting out their New Way and carrying on advancing their wrongness and unloving state into the next age until the next Pole Shift.

James: Alright; and so where does the truth about the Healing fit in and all Marion and I might do if we are the Avonals?

Nanna Beth: You are to make an appeal to the people, telling them of the New Way – how they can live looking to their own feelings for the truth of themselves, and thereby freeing themselves of all inner control. And by including the Divine Love, will offer the truth way to Salvation. And then it will be up to each individual, including the hidden elite and tunnel-diggers to decide if they want to take you up on your offer. Some will and most won't, some will see that it's a personal thing, and just survival of a Pole Shift is really neither here nor there because you're going to die eventually anyway, and still your soul will be in its tortured state. And so with the idea being that enough of your truth will get through The Change, and so humanity will start the next leg of its Big Adventure, by those people wanting to do their Healing. And as you have worked out, the Old and the real New – those people doing their Healing – will exist side by side on the world for quite a time, with ever increasing numbers of people choosing to do their Healing, because the Rebellion and Default are over, and so are no longer the behind the scenes driving force keeping humanity in its truth-denial. And so humanity will progressively heal itself right through to the next Pole Shift in roughly another 13,000 years time. And as you can imagine, if enough people and generations have done their Healing by then, so humanity will be in a very different state than to what it is in now. And those very far off future humans will be very true and so living in complete harmony with us Celestials, their angels and the nature spirits, and so will be well informed as to how to deal with that Pole Shift, just as humanity would have known by now, had we not been so heavily influenced by the Evil Ones.

James: So the Evil Ones just worked with the Pole Shifts, they were something they worked around?

Nanna Beth: Yes, turning them to their advantage. It helped having humanity reduced to all but nothing every so often so no one got any of the wrong ideas setting out to confront them, as what would have eventually happened. However the reality of that is, if it wasn't a Pole Shift, it would have been humanity all but blowing itself up and poisoning itself and the world, so a natural Pole Shift is much more... natural.

James: So getting back to the hidden controllers, really it's what's going on under the ground that is more important than what's on top, because they all know most of what's on top will be wiped away.

Nanna Beth: Yes. So they are like squirrels busy squirreling away all they believe they will need to keep them safe and self-sustained for years whilst the world settles back to some sort of normality. They are underground arks.

James: So there are zoos and seed banks and whatever else under there?

Nanna Beth: Yes. Animals that are considered worthy of survival, mostly for food purposes, seeds and everything else. They even have plant nurseries, aquaculture ponds, veggies growing, all that you need to keep things going as they believe they need to be kept going.

James: So virtually whole cities. But won't they be ruined in the Shift?

Nanna Beth: Some will, but if you scatter them and as they reckon they understand how the poles will move and so what to sort of expect of the Earth changes, so they can take precautions in case their plans go astray. And if there is no fate-full day, and the shift never eventuates, then nothing is lost as they will continue to have their secret underground bases to do whatever they want in them.

James: And I guess the people working down there are told about the Shift and told they and their families will be part of the underground survivors if they keep their mouths shut, thereby themselves feeling they are part of the chosen ones to survive.

Nanna Beth: Yes. So it's relatively easy to keep it all secret, with of course a little leaking out, but it's then also easy enough to muddle all that with disinformation, like the Hollow Earth, Nibiru, weird underground experiments, aliens, and so on.

James: It's even madder than I thought, and now with you Nanna Beth affirming it all.

Nanna Beth: I know James, you'd be surprised if you knew all that was going on. And so they keep the surface of things going to hide the below ground, which is of course where all the excess money goes. They are building their underground mansions, they know their above ground ones are doomed.

James: So what about where I read China is buying up most of the world, and half of America's farm land is owned by them to feed their huge population.

Nanna Beth: It's all part of the elite and real hidden controllers allowing the 'lesser elite' to believe they are special and getting somewhere, when of course they are really just providing more money and wealth for those who are the real elite and future survivors. So most of what's happening on the surface you can dismiss James as being irrelevant because it's not going to be around for much longer anyway.

James: All right, so what about Pascas, assuming it gets going, where does it fit in?

Nanna Beth: It's merely a vehicle for truth-distribution. You will need a certain amount of surface infrastructure, if I can put it like that, to 'get the job done', and then it will have served its purpose on that level because that level – the surface of the world – is to be wiped clean.

James: Shit Nanna Beth, you are not holding back, you are really going with me – aren't you?

Nanna Beth: Yes, as I said I would.

James: So what if the Pole Shift is fantasy?

Nanna Beth: Then you've got nothing to worry about.

James: I try to push it aside, however it's hard to do that with the bloody pyramids always there saying that something bad happened in the past to annihilate whomever built them, and so why can't something like that happen again, even if it's not a Pole Shift as such. But then anything can happen, a meteor could come in and end most of it at any time, so it's just the perils of living on the world. But what about say John's children and grandchildren, all the people in Pascas who might read this, and even myself, are we all to live holding onto our breath that at any moment WHAM and it's all over?

Nanna Beth: There's nothing you or they or anyone else can do about it, other than dig holes and hope for the best. However, as you've said, what sort of life will it be for the survivors, if so much of the world is destroyed, it will be very hard times for quite a while.

James: Unless they happen to live near the entrance of an underground bunker system and are happy to be taken in by any survivors from within that secret system, taken in or used as slaves. It's all too horrible one way or the other. My Sage novels are nice little fantasies about it, what with the surviving Sanctuaries, however that all seems too fantastical.

So it's just another huge problem that really is unsolvable and around I go in my mind coming back to the same end – wait and see. One feeling at a time. However I don't like the idea of saying, oh by the way, here's the truth of your Healing, you can start it now, and if you're lucky and the Pole Shift doesn't carry you off to spirit, you might complete it... But people have to complete it on Earth, for if they don't, then how will the Rebellion and Default ever be bred out of humanity... So either people do survive with the truth of it, or it doesn't happen, or at least not for quite a time, and enough time to get it established on Earth.

I don't know what to think Nanna Beth, shit it's too much. Like I said to John, unless something else happens that makes me have to deal with it more, I'll put it on the back shelf, it's too hard to deal with.

Then I just thought, what if Pascas is asked to join those people underground – should it accept?

Nanna Beth: You know the answer to that James, each person would decide for themselves should that eventuate. And as far as you and Marion accepting or not, I think you know the answer to that?

James: Yes, I'm looking forward to catching that huge mega-wave; however you never can tell, as Marion keeps telling me, how I am now is not how I'm going to be in the next feeling-moment, so I might be very different in my feelings should it come about. And I might not have time to do anything about it, it might suddenly come upon the world.

Nanna Beth: You'll know the end is nigh James, should it go that way, that you are taken out through the Shift, because you'll be feeling when it's your time to go, one way or another.

James: I've almost been feeling like that every day lately.

Nanna Beth: That's all just working you through the last of it, you can feel yourself coming up out of it, and that will continue. Your sore nose and everything else is just more of what you need to keep bringing up those repressed feelings, all so you can keep seeing the truth of how you are, how you've always been. You've always been the pain and fear and anger of your sore nose, your nose only helping you now in this way to focus more on it, as it's now time to work on those aspects of that pain so they will help you uncover yet more truth of yourself and your relationship with your parents.

James: If everyone gets wiped out on Earth, you Celestials won't have much to do with the remaining humanity.

Nanna Beth: It's true, our work load concerning humanity on Earth would be greatly reduced, however we'd have our hands well and truly full with all the billions of sudden arrivals in the mind Mansion Worlds and many others who would move into the lower Divine Love worlds. It will be standing room only, and we've never been through such a thing before, not where all the New Arrivals have to be settled in immediately. With prior Pole Shifts, everyone died and was put in a sort of suspended sleep state until the next planetary spiritual age when the sleeping survivors were awoken to start living in the mind Mansion Worlds. And back then there wasn't so many people to deal with all at once and things were different, people were different, more easily able to fit in, however the displacement is going to be massive this time round, with so many lost souls filling up the lower Mansion Worlds and Earth planes.

James: I still can't get used to you saying it's inevitable, even though that's what I must conclude reading David's book. Too many scientists and respectable people have revealed too much evidence showing such cataclysms have occurred in the past, and so possibly will again, but to think it's just around the corner – as if I need anymore pressure in my mind having to deal with it!

Nanna Beth: You'll cope, and I'm glad to be able to apply my little bit. Yes, it will happen. Just when I can't tell you. Keep digging if that's what you want to do, if you value your physical existence above everything else. And if not, so then you die, we all die, and some sooner than later, that's the one sure fact, you're all coming our way at some point, and whether a Pole Shift or anything else hurries you along, well you can know that was when you were meant to die anyway, as none of us dies when we're not supposed to. And it's all perfect, as we all come to see, as we uncover the truth of ourselves. And whether we are meant to grow up in spirit with no physical life, or have a short physical life, or a medium or long one, it's all EXACTLY as our Mother and Father have intended it, which you will understand by the time you attain Celestial status.

So that's enough for one evening James. Please don't hesitate to talk more about any of it should you wish – I'll be here. Love Nanna Beth.

[NOTE: Our Celestial friends, from time to time, support us to feel into issues along the lines we may then be presently suspecting as to be potentially true so that we can discover the truth for ourselves.]

James: Before you go: what about the nuclear weapons and power plants, how will they be dealt with?

Nanna Beth: Some will be neutralised by the Earth changes, others will be neutralised by the angels, and others will be allowed to spread their radioactivity in keeping with the requirements of the New World. Some of it will be used to increase the genetic mutations so as to bring about new species of life, some to cause additional problems for the survivors – legacy of the past that will have to be dealt with. But as you can see, none of the world's leaders are in any rush to deal responsibly with their nuclear waste or any foreseeable future problems, leaving it in the 'hands of the gods', just like they will everything else because they are too far gone in their wrongness to do anything else. They even hope the Shift happens so as to take the burden of responsibility out of their hands, because if it doesn't, they have to do some serious re-thinking as to how to deal with such horror material.

James: Thanks Nanna Beth. Too much doom and gloom. Sam is suffering and in a bad way, is there anything you can say that I can pass onto her?

Nanna Beth: To keep paying attention to her feelings as she has been doing. She will move deeper and through her blocks. To keep her prayers going for the Divine Love and Truth even if she feels they are of no value or benefit. To pray when she feels like it, otherwise not, the same with expressing her feelings. I won't say anything else at this time James, it's all very important for her to work this out within herself.

The next day Tuesday, 22 May 2018:

James: Sam said she was able to go into it, being forced into it, cried and saw more truth and then felt really good, having moved through yet another deep block in herself. It was another huge experience for her.

Nanna Beth: Yes James, it's what she needs to do, she'll be okay, she understands, and as hard as it is, it will soon break, the clouds will start to part and she will start to see light on the horizon.

James: I hope so, I even hope she finishes her Healing before I do. I hope anyone does, and I no longer care about how long mine will take, as I understand there is just too much going on with it for us all, way too much for us to understand, so we can only do what we can do, it's not as if we do have any real say in it, just going with our feelings and most importantly, longing for the truth. It's the longing part that is even more important for me now, because you go with your feelings the best you can as you feel them – you can't really do anything else. But we can long for the truth and really want to see it, that much we're able to do using our mind and with our feelings.

Nanna Beth: That's right because it's the truth you are all to see, the truth about yourselves. So if you don't want to see it, and I mean, really see it, so be prepared to feel all you must feel to see it, then nothing healing-wise will happen.

James: But as I've said to you before, other people have really wanted to see it, and yet they've not done their Healing.

Nanna Beth: And as I've told you before, it's because they've not had the Avonal 'Healing' Spirit of Truth available to them. You still fail to understand its significance, for without it, no Truth-Healing can happen. People need to lock into it, embrace it, have it working within them so they can set about evolving and growing their soul in truth to Paradise. So, first the Avonals' Spirits of Truth, then to connect up with Mary M and Jesus and that will see you right through Nebadon, and then you're fine and can 'zero' in on Paradise yourself.

So once you and Marion started doing your Healing, technically your Spirits of Truth were made available to the degree you did your Healing. With Samantha being the first person to fully embrace it all of her own doing. So she is using it, as you progress in your Healing, to move ahead in hers. And others too can embrace it should they want. And if people on Earth want to truly progress in truth, they will HAVE to embrace it, so accept you and Marion as you are – the wellspring of such Truth. And if they don't, then they will have to wait until they come into spirit and can embrace Mary's and Jesus', however once you and Marion fully come of age – finish your Healing – then for them to do their Healing in the Divine Love Mansion Worlds they will also have to embrace you and Marion along with Mary and Jesus.

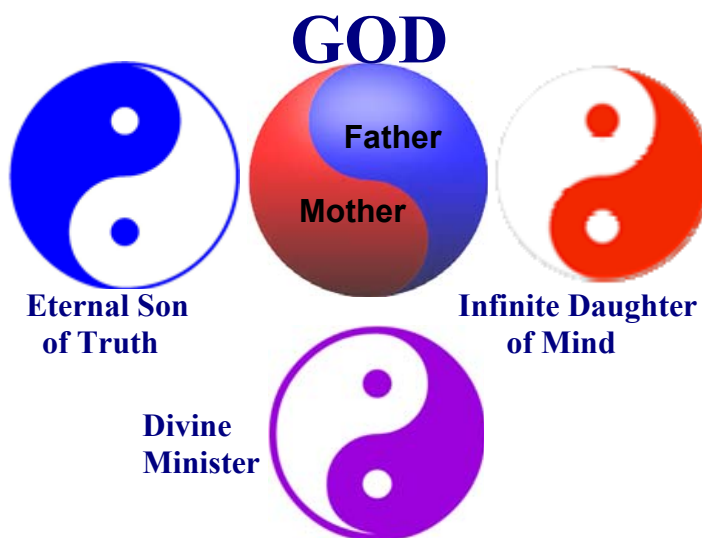


James: So it's lucky for everyone else before us who wanted to grow in truth and do their Healing that they didn't know about us or how much they needed the Avonal Spirits of Truth, not being able to grow in truth until they moved into spirit?

Nanna Beth: Yes, which was one of the blessings of the Rebellion and the denial of truth, that people haven't understood they were being denied it; and now that they can, so they also have access to your Spirits of Truth. And for those of us in the past, well that was just what we had to experience, it being a unique phase of the Rebellion and Default, that phase which is now changing into another unique phase because of what you and Marion are doing through your Healing.

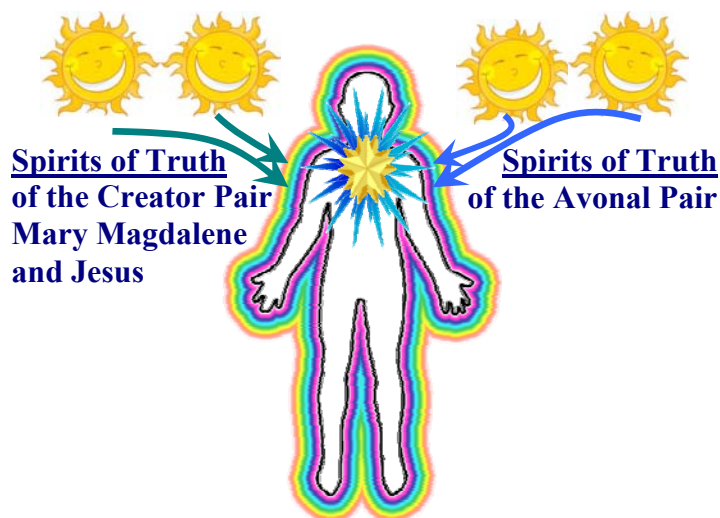
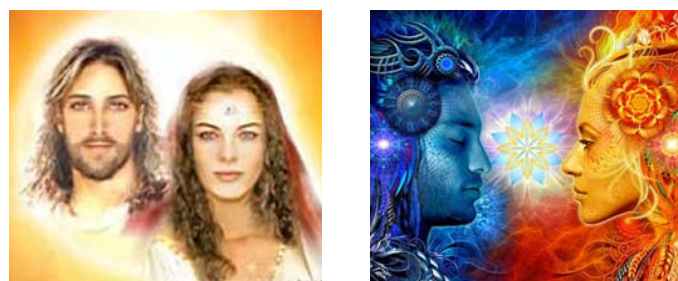
James: Okay, so really when you say to long for the Truth, you are meaning to long for our Spirits of Truth.

Nanna Beth: Yes, however it's better to just say the Truth, because then you are keeping yourselves out of the picture allowing people to stay focused on the Truth; so the Truth from God, the Truth their Mother and Father will show them. Which does come through your Spirits of Truth from the Eternal Son and in league with the Infinite Daughter and the Divine Minister, however that starts to complicate things too much. It's best to keep it simple.



James: And if we didn't have the Urantia Book telling us about Avonals and Spirits of Truth –

Nanna Beth: Then you'd have to just put the truth in your own words, and it would still all amount to the same thing. The Urantia Book was provided on the mind level to help you, James, establish a readily acceptable terminology in which to express a lot of your understanding, something that will help people more readily align themselves with things of a higher spiritual nature through you. And although it's highly mind-weighted, that's okay, because you've balanced it out by adding the feminine and pointing out its problems. You had to be given something to do!



James: Yeah, thanks, can you thank everyone up there for me... however, you're right, I have needed all these things to work out because what else would I have done? Oh it's such an exciting life. It's so great being on a spiritual mission and not being able to enjoy it

because all I felt is bad – oh so much fun, remind me not to sign up for it next time round.

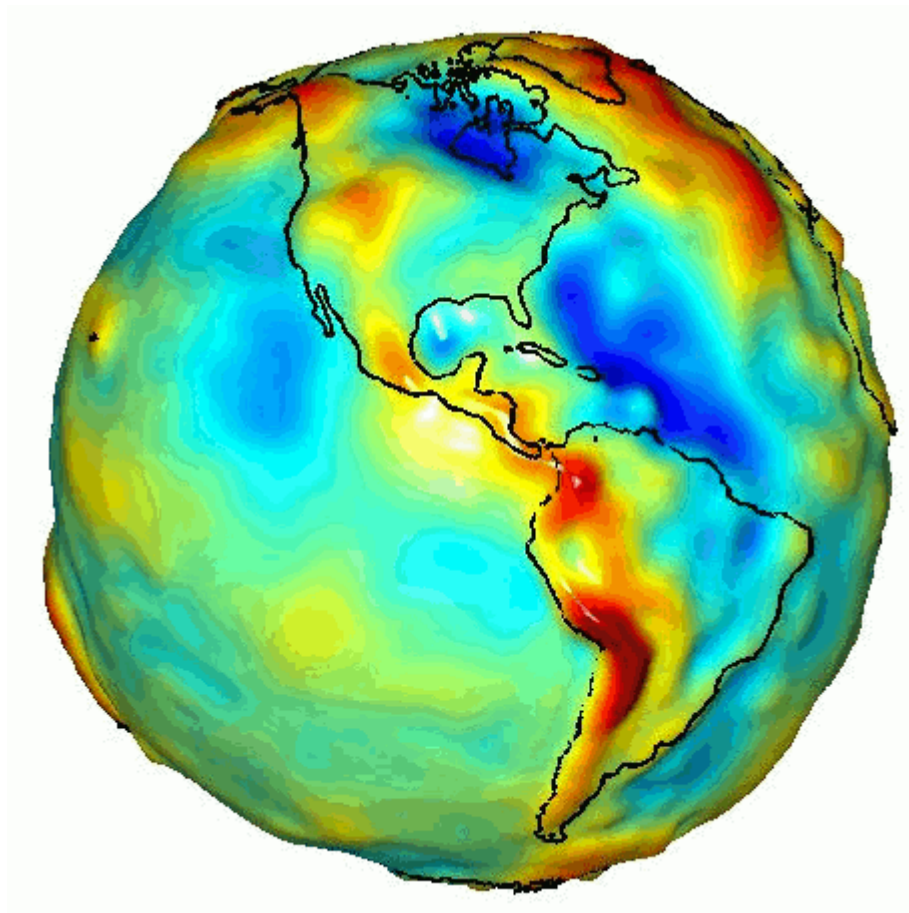
Nanna Beth: It's all moving along nicely James, you and everyone else, including John and all he is having to work through so as to prepare him and 'his team' for the forthcoming events.

James: I like how you give us just a little carrot –

Nanna Beth: It's my pleasure James, I can't tell you one way or the other, only help you along in the direction you're already going.

James: Okay, I'll speak to you soon.

Nanna Beth: Until next time...



Wednesday early, 23 May 2018: Note from Graeme:

Well, well, well...three holes in the ground! I really loved reading these "musings from you James and particularly how Nanna Beth's answers to your "leading" questions seemed to have a profound effect on you because I detected that by the end of the musings you were feeling quite different to the way you were at the beginning of the conversation. For example in this section there is not only ongoing encouragement to keep feeling-healing going but a "lightness" in your reply:

Nanna Beth: That's all just working you through the last of it, you can feel yourself coming up out of it, and that will continue. Your sore nose and everything else is just more of what you need to keep bringing up those repressed feelings, all so you can keep seeing the truth of how you are, how you've always been. You've always been the pain and fear and anger of your sore nose, your nose only helping you now in this way to focus more on it, as it's now time to work on those aspects of that pain so they will help you uncover yet more truth of yourself and your relationship with your parents.

James: If everyone gets wiped out on Earth, you Celestials won't have much to do with the remaining humanity.

As for sleeping well John, look at the time and I'm all revved up editing and typing and going over in my mind all that Nanna Beth has said.

James, I was going to write an email to you yesterday about this Pole Shift book that you've just read and I'm glad I waited until tonight having read your latest musings.

A couple of things I was going to say were:

1. If any of us were told (say by Nanna Beth) that the Pole Shift was going to happen at 11minutes past 11 on the 11th November this year how would we live our lives differently. Same as saying if you knew you were going to die next week would you still prioritise re-arranging your sock draw on Saturday night?

2. I've also been a long term investigator of past Earth cataclysmic events and Pole Shifts. My current understanding from reading "Worlds in Collision" by Immanuel Velikovsky and further research by Professor James McCanney from Cornell University is that the last "pole shift" was caused by a huge comet entering our solar system not once but twice in a decreasing elliptical orbit that came so close to Mars that it removed the oceans and the atmosphere from what was then a "blue water" planet then under the gravitational influence of Jupiter and Saturn settled into a near circular orbit around the Sun and that "comet" became the planet that we call Venus. This was "witnessed" by the ancients and described in the writings quite vividly and current scientific measurements confirm that the surface temperature and atmosphere composition is consistent with a relatively young planet and not as bogus science keeps preaching that our solar system was formed some four and half billion years ago and nothing much has changed. That's bullshit!

3. So when this event occurred (relatively recently) McCanney coins the phrase "Action at a Distance" so unlike an asteroid crashing into Earth causing devastation that a huge comet would cause a pole shift and huge gravitational waves that would cause mass destruction. So the Laurentide Ice Sheet that were located near the border of USA and Canada was the old North Pole until the Earth's axis shifted...the ice sheet melted and the Great Lakes (fresh water) formed from the melt water.

4. Now if this is true then the timing and paths of comets are notoriously unpredictable – which the ancients also knew – in fact they referred to them as the "rogue monsters" as their trajectories were influenced by their increasing mass as they accumulated debris on their travels and also as they came close to other large objects the gravitational influence would alter their course. The "unpredictable ones"!

5. So it is quite feasible, even possible, another large comet is on its way into our solar system and that's why we see huge telescopes being built in South America, Antarctica by...yes... the Vatican and those nasty men in Black Frocks! They are looking for "Wormwood", "Nibiru" or Planet X (Roman for Ten!) These comets come from "way, way out there" and no one knows for sure when they'll enter let alone calculate their trajectories.

6. So I remember reading when AJ Miller was "preaching" about the coming Earth changes all the DLP (Divine Love Path) followers went out and bought containers and stuffed them full of toilet paper and rice...and a few Mars Bars for Work Rest and Play. AJ had everyone in a spin constantly asking him where was a safe place to live and he even produced maps showing which coastlines would be inundated and which countries would sink under the tidal waves. Later he said he didn't really know when it would occur and that it would be best if we all followed our soul's desires and passions and not be so "physical-body-centric".

7. Guess what I'm saying is through you James we've been given bucket loads of truth. We should just get on with improving our soul condition through your and Marion's examples – concentrate on disseminating these truths and knowing that if we do this we'll end up in a better place in the Spirit world where we'll continue living our lives without the physical body (which in most of our cases is pretty crap).

8. McCanney says that most of the underground tunnels and cities that he's aware of (including the one her majesty / blue royal blood Queen Elizabeth II visited recently in a little publicised side trip she made when last in the USA – guess she was checking that the toilet seat was lined with mink....I'm about to puke) will turn out to be very expensive GRAVES. The last place I'd want to spend on Earth is UNDER IT...no sunshine and all those horrible evil controllers as my dinner guests. NO THANKS. I'll take my chances riding that big wave....WHOOOAH!

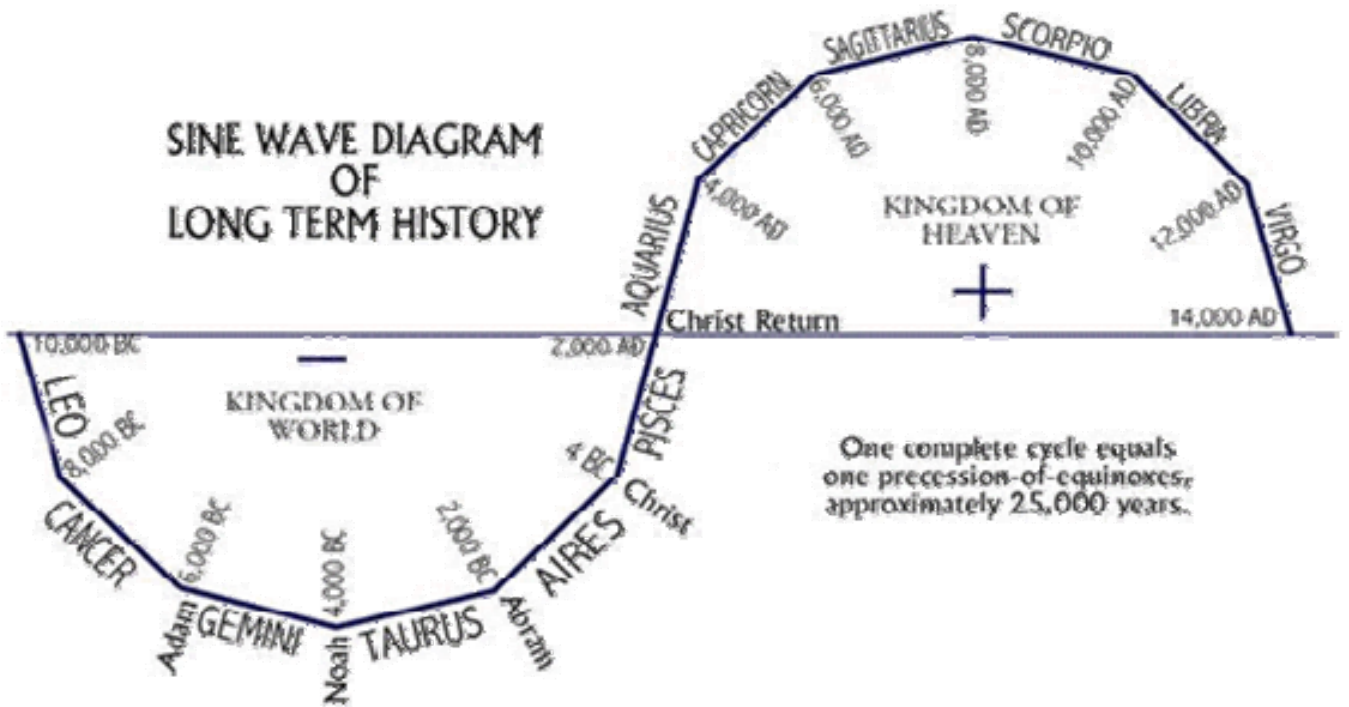
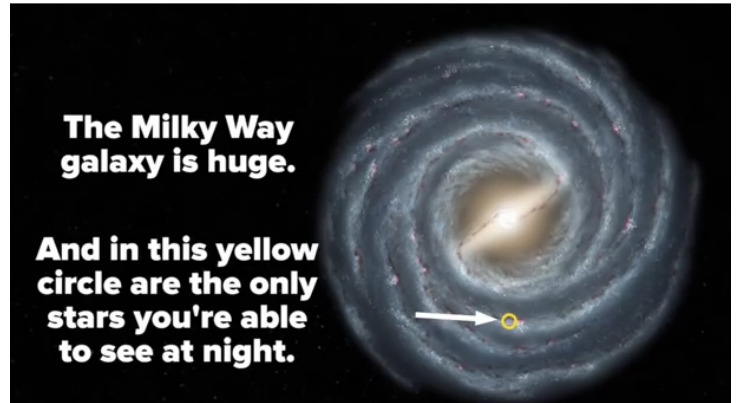
9. That feels a whole lot better now that's off my chest. As John suggests, "sleep well" and see you guys soon.

Graeme...a tired typist / editor

Earth is located in one of the **spiral** arms of the **Milky Way** (called the Orion Arm) which lies about two-thirds of the way out from the centre of the Galaxy. Here we are part of the Solar System – a group of eight planets, as well as numerous comets and asteroids and dwarf planets which orbit the Sun.

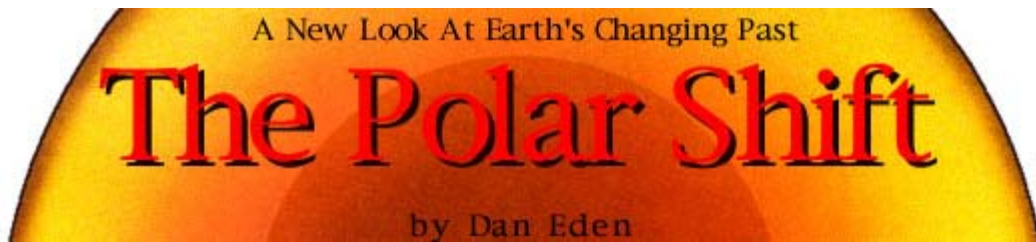
At the ends of this bar, there are two spiral arms which twist out forming the structure of the **Milky Way**. The Earth is located in the Solar System, and the Solar System is located about 25,000 light-years away from the core of the galaxy.

For many years scientists have studied our own solar system. But until the last few years, we knew of no other solar systems. This may seem surprising, as the Sun is one of about **200 billion** stars (or perhaps more) just in the Milky Way galaxy alone.



<https://www.nasa.gov/topics/earth/features/2012-poleReversal.html>

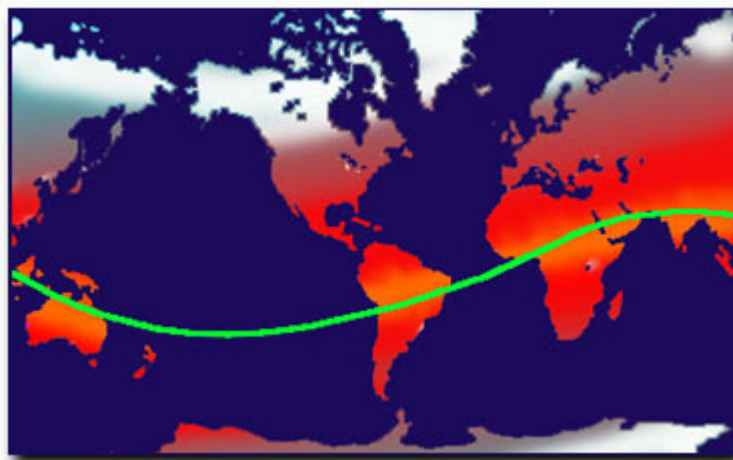
Earth's polarity is not a constant. Unlike a classic bar magnet, or the decorative magnets on your refrigerator, the matter governing Earth's magnetic field moves around. Geophysicists are pretty sure that the reason Earth has a magnetic field is because its solid iron core is surrounded by a fluid ocean of hot, liquid metal. This process can also be modelled with supercomputers. Ours is, without hyperbole, a dynamic planet. The flow of liquid iron in Earth's core creates electric currents, which in turn create the magnetic field. So while parts of Earth's outer core are too deep for scientists to measure directly, we can infer movement in the core by observing changes in the magnetic field. The magnetic north pole has been creeping northward – by more than 600 miles (1,100 km) – since the early 19th century, when explorers first located it precisely. It is moving faster now, actually, as scientists estimate the pole is migrating northward about 40 miles per year, as opposed to about 10 miles per year in the early 20th century.



<http://www.viewzone.com/changingpoles22.html>

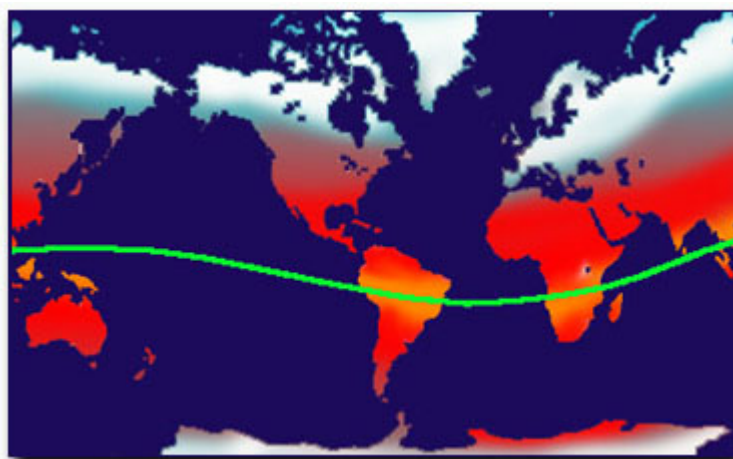
Based primarily on accepted, technical data, Hapgood argued that each shift took approximately 5,000 years, followed by 20,000 to 30,000 year periods with no polar movements. Also, in his calculations, the area of movement never covered more than 40 degrees.

Using geomagnetic and carbon dating evidence, he identified the locations of the pole and its paths.



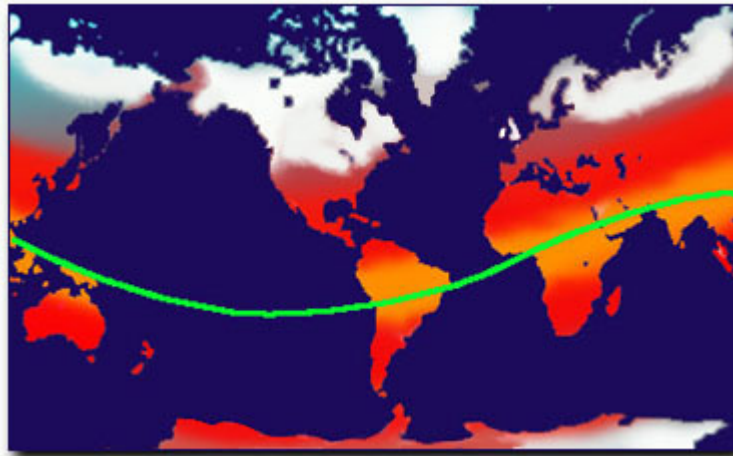
**Position #1**

63 degrees N, 135 degrees W. From the Yukon area of North America at about 80,000 B.P.(before present era) and moving east by 75,000 B.P to the Greenland Sea.



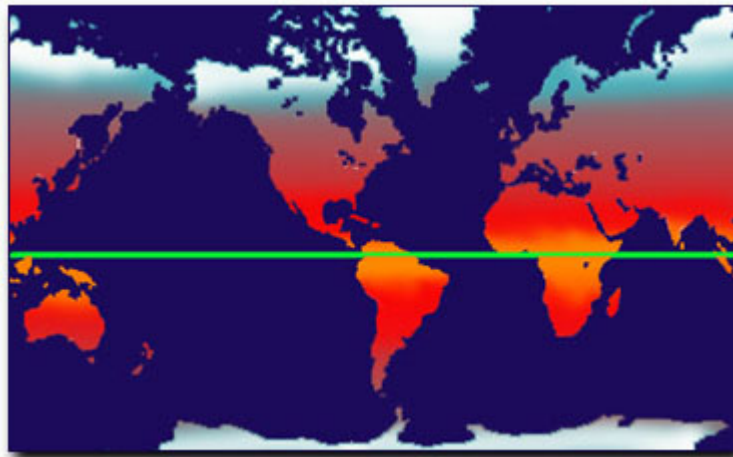
**Position #2**

72 degrees N, 10 degrees E. From the Greenland Sea, starting at about 55,000 B.P. and then moving south-west by 50,000 B.P. towards what is now Hudson Bay.



**Position #3**

60 degrees N, 73 degrees W. From the Hudson Bay area at about 17,000 B.P. and moving north to its present location by about 12,000 B.P.



**Position #4**

The current position. When and where will the next shift occur?

If the poles shift even as little (within 40 degrees) as Hapgood argues, then the equator moves in significant ways. (This is shown by the green lines on the familiar maps of the globe, above). This line traces the equator for each of the past polar positions. Notice the effects such polar shifts would have upon climate for various regions of the world. The changes in position are especially noticeable by where the equator cuts across the African continent in each situation-- high, diagonally or low, compared to today.

## The New Way, Feelings First Spirituality

**UPDATE 2010:****Earth's north magnetic pole racing towards Russia due to core flux**

Washington, December 25 : A new research has determined that Earth's north magnetic pole is racing toward Russia at almost 40 miles (64 kilometres) a year due to magnetic changes in the planet's core.

The core is too deep for scientists to directly detect its magnetic field. But researchers can infer the field's movements by tracking how Earth's magnetic field has been changing at the surface and in space.

Now, according to a report in National Geographic News, newly analysed data suggest that there's a region of rapidly changing magnetism on the core's surface, possibly being created by a mysterious 'plume' of magnetism arising from deeper in the core.

'It's this region that could be pulling the magnetic pole away from its long-time location in northern Canada,' said Arnaud Chulliat, a geophysicist at the Institut de Physique du Globe de Paris in France.

Magnetic north, which is the place where compass needles actually point, is near but not exactly in the same place as the geographic North Pole.

Right now, magnetic north is close to Canada's Ellesmere Island.

Navigators have used magnetic north for centuries to orient themselves when they are far from recognisable landmarks.

Although global positioning systems have largely replaced such traditional techniques, many people still find compasses useful for getting around underwater and underground where GPS satellites can't communicate.

The magnetic north pole had moved little from the time scientists first located it in 1831. Then in 1904, the pole began shifting northeastward at a steady pace of about 9 miles (15 kilometres) a year.

In 1989 it sped up again, and in 2007 scientists confirmed that the pole is now galloping toward Siberia at 34 to 37 miles (55 to 60 kilometres) a year.

A rapidly shifting magnetic pole means that magnetic-field maps need to be updated more often to allow compass users to make the crucial adjustment from magnetic north to true North.

Geologists think Earth has a magnetic field because the core is made up of a solid iron centre surrounded by rapidly spinning liquid rock.

This creates a 'dynamo' that drives our magnetic field.

Scientists had long suspected that, since the molten core is constantly moving, changes in its magnetism might be affecting the surface location of magnetic north. Although the new research seems to back up this idea, Chulliat is sceptical whether magnetic north will eventually cross into Russia.

'It's too difficult to forecast,' Chulliat said.



Wednesday, 23 May 2018: Note from Graeme: **TIME LINE**

James, the expression that just popped into my head was, "In order to know what the future holds you need to understand the past". I can't remember who first said this but it seems quite germane to our recent flurry of messages concerning pole shifts. And miraculously an obvious source sprang to mind – Verna. Your full-of-wonder Nature Spirit has been present on Earth since it was a chaotic, spewing mass of molten rocks, so she has witnessed all the major events from Day 1 to the present.

I would love to ask her if she would draw the definitive TIME LINE for us.

By "definitive" I'm suggesting the timing of all the major cataclysmic events (whether they be pole shifts, asteroid encounters or "action at a distance" with large comets).

Overlaid on this time line I'd like to see key events such as: when the first microbes appeared; when more complex organisms appeared; algae; plants; flowering plants; fish; vertebrates; animals; first upright walking human-like species; first humans with souls, et cetera.

Now I'm imagining that with each major cataclysmic event most living things get wiped out so by definition it must be an incredibly busy time for the millions of pairs of Nature Spirits....to start again regenerating (with Angels' guidance) the various species, mutations and diversity that these events herald.

I would particularly like to know the timing for what I refer to as the Noah Event (the great flood) and the "Venus" Event – the most recent pole shift.

And just the other night there was a documentary on SBS (Australian TV) about the discovery in 2010 of an unknown human species called the Denisovans whose DNA has turned up in the people who live in the highest regions of Tibet. They have a particular gene inherited from the DNA found in a sliver of bone from the Denisovans that allows them to adapt to low oxygen-high altitude regions.

So how many, yet undiscovered, human sub-species have there been and when did they become extinct?

I'm feeling awkward that my mind is in overdrive wanting to know way too much....

Anyway, if there is indeed a cyclic 12,960 year pattern then Verna's timeline would show this. But given the age of the Earth is reportedly in the billions of years....when you divide this by a measly 13,000 years, that's a hellava lot of cataclysmic events. Perhaps there's a more understandable explanation....

So that's where I'm at...understand the past and we'll shed light on the future...perhaps.

Graeme

Wednesday, 23 May 2018:

James: It's interesting what you say Graeme because some part of my mind wants to dismiss the Pole Shift idea, it's easier to think it might be a comet one day, but who can time that? If you are still interested in the Pole Shift, I would strongly recommend David's book because he puts a lot of what you say into context through his investigations. He debunks Nibiru and Planet X and so on, does mention evidence of a meteor that hit off the coast of Madagascar and created 'Noah's flood' up the Euphrates

3,600 years ago, but it was an odd event, not cyclic like he is saying concerning these galactic waves that come out from the centre of the universe as cyclic measurable energy pulses.

And like you, well so what, I'd rather take my chances, however it's incredible how I've been pointed to the things I am to read in a very determined sequence and David has slotted in after the PM (Padgett Messages) and TUB (The Urantia Book). I've of course read other things, like Barbara Ann Brennan's stuff, but that's to help me understand the mind side of things more, whereas these other sources all have the ring of truth for me, yet not all, as I've had to put into a context that I'm happy with. But that's not to say that I am right, it's a lot to say this is how it is and to then stick by it, however the further I go the more I feel glued to it, with very little altering it now. Perhaps I'm just getting older and can't be stuffed adding and subtracting, but for me in particular with this latest book of David's, I have the feeling: you need to consider this, here it all is, sit back and take it all in. I don't know if all David Montaigne says is correct, however it's there to be considered. And I'm waiting to see how it pans out and fits in with everything, just like finishing my Healing, and John and so on.

And the thing I really like about David is he is the first to say if he's wrong should other information come to light. I think he is brilliant, has possibly one of the most underestimated yet amazing minds, to assimilate so much information, to look at so many different areas of study, to be able to draw from different people, keeping an open and objective mind, then using his own rational approach to discern it all. I am so looking forward to his week in a year and half's time just to see if anything does happen. And if it doesn't, to then see what he says and if he starts to look further out for new evidence.

And it's all just as mad as the Avonal thing, and me being it, as it is with John and his money coming through, as with my finishing my Healing, as with you guys thinking anything of what I've written has any merit to it, as any of it – so why not just add in an extreme pole shift just to stir the pot a bit more? And surely for me one day it has to all give, something has to break so I can see if it is all going to come together as being part of it, or I dump it all. Today I feel like I'm about to die soon, so it doesn't matter anyway, that my nose will eat me away and I'll be some gross specimen and all my fears and the most scary things will happen to me.

And you're right about my writing with Nanna Beth, it's good to go for all the most negative I feel at the time, get that out a bit, which is often a summary of the day's bad feelings, then feeling lighter and with her coming in with new or more expansive understanding. It's clear more to me now, I have to feel bad to uncover the truth, not just about myself, but about it all. The Truth is coming literally out of my rebellion, the more I understand it and express it personally, the more it comes for the bigger picture. And that has happened all the way along, only now I'm able to see it and feel it happening more.

Marion feels this growing love in her for and from the Father, every morning it's stronger. And then it knocks on into love for everything else and especially herself. Her bad feelings do come in over the top of it a little some days, but then they quickly clear and she's back to feeling really good about herself. And to watch and listen to her, I can't believe it. I keep expecting her to fall in a heap and it all to be ruined. Surely she will get sick or even die and that will be that, everything will fuck up and it's all over. But no, she keeps going, up and down but climbing up the hill now instead of being down in her yuk that she's always been in.

So I am, so I understand, literally watching in her what Jesus said in the PM, her soul now transforming her with the Divine Love. She even says she feels she is becoming divine. And whilst that happens, little left over stuff so it seems is coming up and being flushed out which is serving to remind her just how bad she did feel and to help her feel how she no longer feels that way.

And knowing her, it is real, she's not making it up, not deluding herself, she's always just been her feelings, and mostly her very bad ones since I've known her; and now she's good feelings. And at times she even says she feels like she's finished her Healing in some way, not in her body and with some bad feelings still remaining, but in her soul, feeling she is no longer with her parents and suffering under their harsh control.

And all the time she is seeing how it was for her more completely, daily more insight comes, just naturally, she's always longing for the truth and expressing every feeling and thought she feels, she can't not do that, it's how she is, now feeling better and better each day about how she is, accepting all her bad stuff, even feeling really good about it. She's not fighting herself, loving herself more so in every moment, even though she feels tired and sick with the cold and miserable and scared at times about what happens if her body gets worse. It's amazing watching her express the two extremes at once, the good and the bad, always now moving more toward the good.

And I've wanted to write it out now because I've been meaning to do it for some time but have held back because what if she falls in a heap. And now it doesn't matter if it does, as she says, she'd love to die and move into spirit, no longer feeling scared about that.

And I hope Samantha doesn't mind me writing about her, but this week she's reached what I think with hindsight will mark a very important time for her.

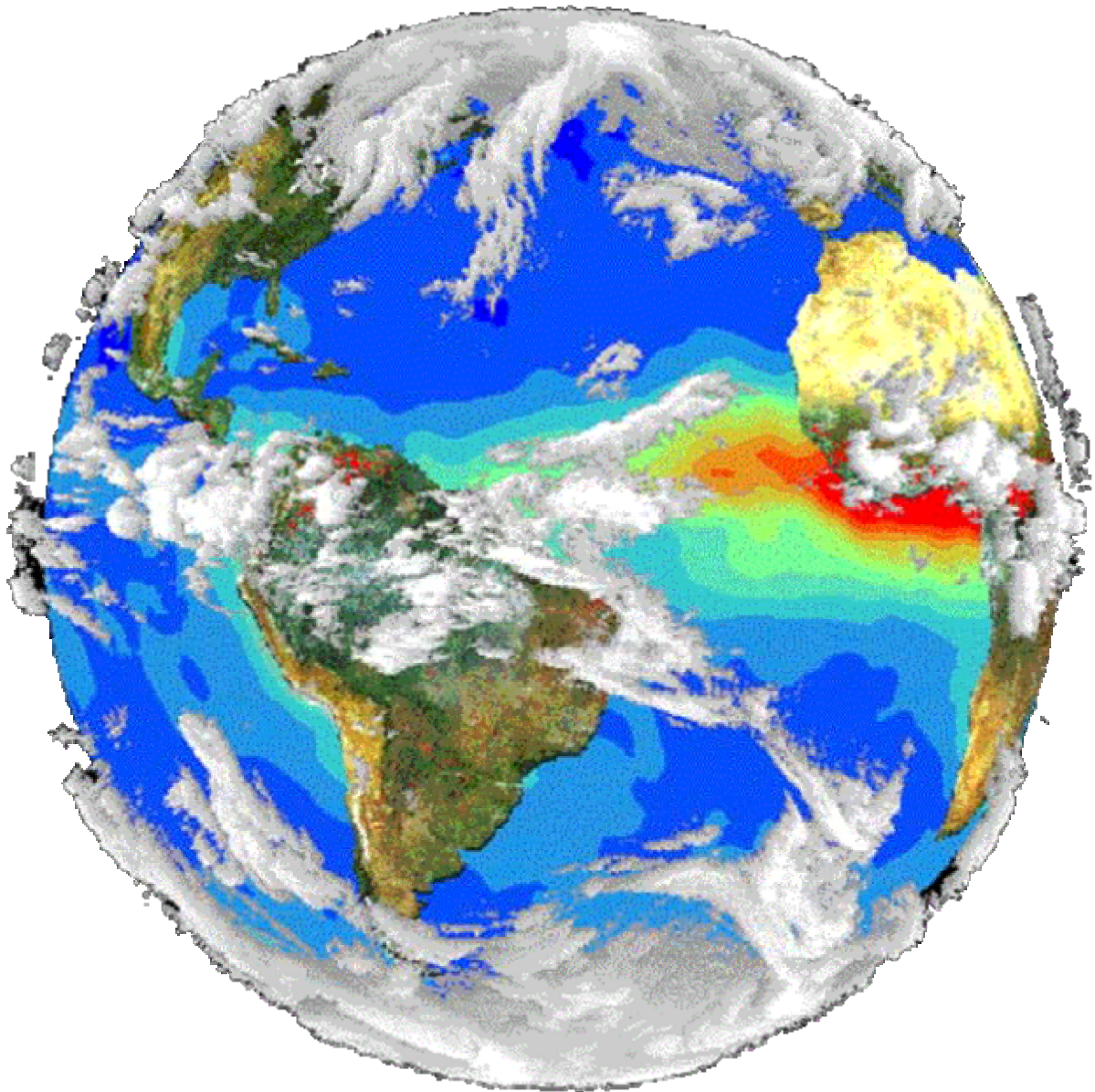
And so from the Healing side of things, it does seem like it's all coming together, all the hard work is beginning to show what it has been for and what it's all about in some ways.

And if I wasn't feeling so miserable myself, I'd be feeling very excited by it, feeling it's getting closer to fruition for me one way or the other. And now with the Pole Shift coming in again just to top it all off, and this time round I don't care.

A couple of years ago when I read David's other book in which he specifically talked about his Big Week, on my walks for about a year I couldn't help looking at every wallaby, rabbit, lizard, grasshopper, bug and worm as food, and every edible looking bit of plant, how we can eat the seaweeds, the native bush tucker and so on, with the Cape Barren geese looking like a huge roast goose walking around. I was demented by it, how would I survive, what would I eat, how would we close off the Island and protect it from marauding people from Melbourne if they got this far, also shutting out the foxes and keeping the wild dogs and feral cats under control, assuming somehow the Island didn't get swept away. But now that's all gone as I've continued to let go of my fantasy stuff. Now I don't care, it's just a case of: Bring It On. I'm too tired, sick of it all, it would be a blessing to be swept away with only a year and a half left of feeling so shithouse. I can go into spirit and feel bad over there, but at least it will be a change of scenery.

So I feel that David's year and a half is in some way a marker for myself. Things seem to be heading that way, possibly drawing to a close in one way or another, possible with Marion's healing, perhaps even my own if my nose doesn't do me in which it feels like it will right now. Possibly even Sam finishing hers. Possibly John having his money all set up and ready to go; possible everything coming together so I know categorically what it's all about, what I am to do, what I want to do. So Pole Shift or not, for me that's the next major date on my horizon. And that might be perhaps the main reason why I've been attracted to David's work, it not actually being about the Pole Shift specifically, but the shift that's happening in us all.

And I have spoken about the Pole Shift and even asked Verna for what you are asking, a past and future timeline of sorts, however she's about as reticent as Nanna Beth in giving me that sort of info, even though I don't believe I'd be able to receive it and do it justice. However, I'll ask her again in light of what you've said Graeme tomorrow after the Bush Bank if I'm not too stuffed.



**MAJOR EARTH EVENTS:**

Thursday, 24 May 2018

Note from John: Hi James, Graham and Graeme

I have just figured it out! Eureka. The safest place to live is Antarctica! No matter what form a Pole Shift takes, Antarctic will end up in a warmer climate. If not, we will freeze there for all eternity.

Now, I have been a two minute scientist in communion with Prof Google. The third rock from the Sun is within the Milky Way Galaxy. The Milky Way Galaxy is expanding at a rate greater than the speed of sound (compared to light that is slow). However, we are not in the same location as we were 12,960 years ago, we are further away from the Central Bulge of our Galaxy. So the time for an energy wave to reach us from the Bulge has no determinable, fixable time or date.

Secondly, maybe the energy influx has already arrived! What was recognised as the Harmonic Convergence in 1987 has resulted in the central core of planet Earth to increase its speed of rotation. This is also steadily causing interesting events, such as increased land surface temperature world wide of a little over 1°Celsius. This is bringing about increased ice melts and warmer oceans. The increased rotation in the core is bringing pressure on the surface plates strengthening earthquakes and volcanic activity.

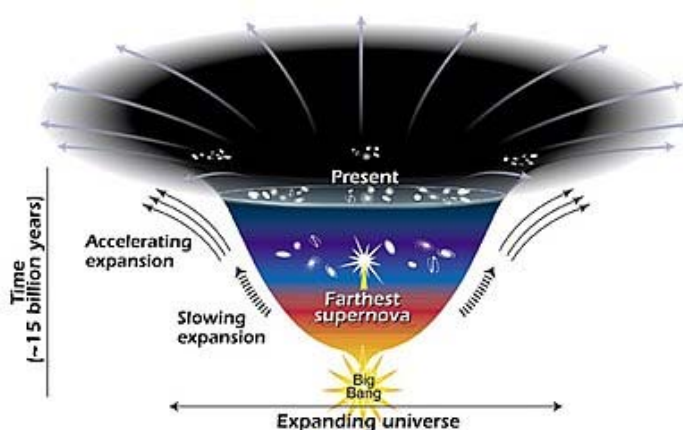
As the core acts like a dynamo, could this be the catalyst to shift the magnetic poles?

Instead of looking to something external to announce itself, like Halloween (All Hallows' Eve), why don't we just accept that the shifts and adjustments are gradual and will increase in intensity over a season – however long that season maybe? That is, consider it as one giant event, however, represented by years of disasters grouped as one event.

We have a job to do – to put that in simplistic terms – and it is going to take a decade, so Mum and Dad please allow us the latitude to get this job done – please, very much, yes pretty please. Apart from that, we want to get the job done in a thorough and comprehensive manner, nothing half baked and compromised. Hell, the typos are a nightmare. So, let us look at it from a Google point of view:

[https://www.eurekalert.org/pub\\_releases/2018-04/ras-itm032918.php](https://www.eurekalert.org/pub_releases/2018-04/ras-itm032918.php)

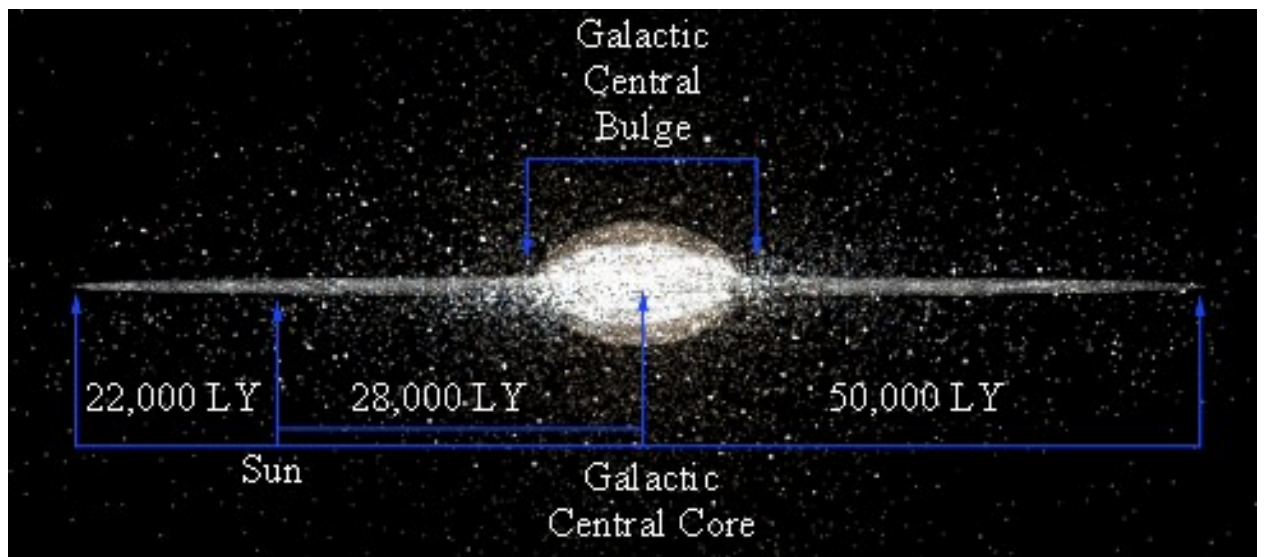
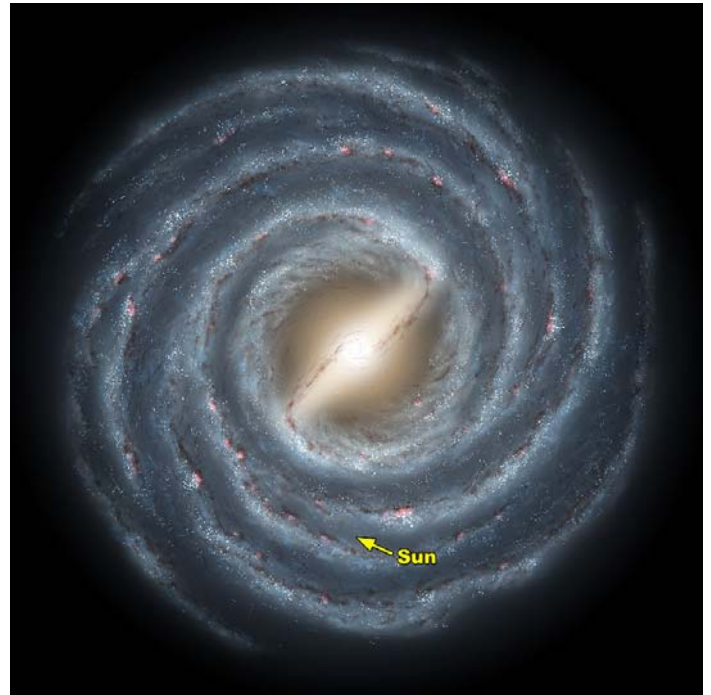
Ms Martínez-Lombilla comments: "The Milky Way galaxy is pretty big already. But our work shows that at least the visible part of it is slowly increasing in size, as stars form on the galactic outskirts. It won't be quick, but if you could travel forward in time and look at the galaxy in 3 billion years' time it would be about 5% bigger than today."



The Earth's Solar System is located in one of the arms in the disc of a barred spiral galaxy we call the Milky Way, with a diameter of about 100,000 light years. Our home galaxy consists of several hundred billion stars, with huge amounts of gas and dust, all intermingled and interacting through the force of gravity.

The nature of this interaction determines the shape of a galaxy, which may be spiral, elliptical or irregular. As a barred spiral, the Milky Way consists of a disc in which stars, dust and gas lie mostly in a flat plane, with arms stretching out from a central bar.

In the disc of the Milky Way there are stars of many different ages. Massive, hot, blue stars are very luminous and have a relatively short lifespan of millions of years, whereas lower mass stars eventually end up redder and much fainter and may live for hundreds of billions of years. The younger short-lived stars are found in the disc of the galaxy, where new stars continue to form, whereas older stars dominate in the bulge around the galactic centre and in the halo that surrounds the disc.

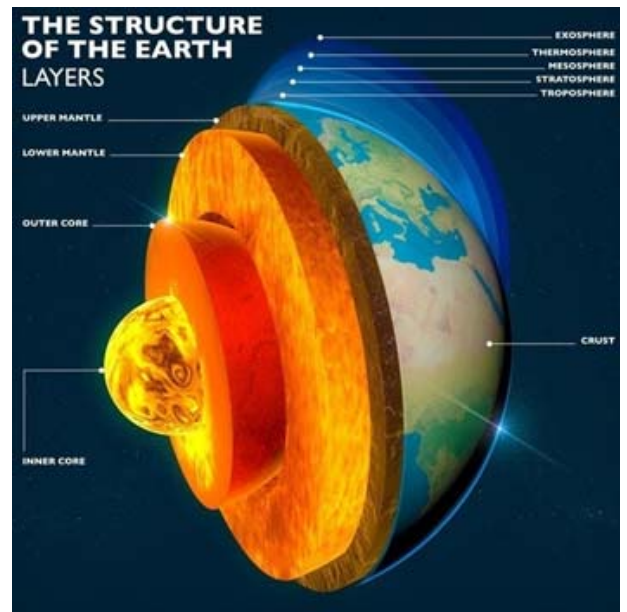


Now we can see it is impossible to even suggest a specific year, let alone a date. And the energy insurgence may have already taken place – Harmonic Convergence of 1987 with some on following inflows. The Harmonic Convergence may have been several related inflows over a few years.

Now, consider the inner core – iron based – is now actively generating more than just friction, maybe that's what will bring about a shift in the poles and not necessarily an instant dramatic event but, OMG, we are on the move!

Pilots around the world will know first up. Their instruments will be taking them to airports that have apparently shifted. Well, that happens even now.

Okay, so a bunch of clever people have been engaged in consulting with their minds. We know that is the biggest disaster of all, but this conversation is driven by our minds presently.



### ***Pole Shift: Evidence Will Not Be Silenced***

by David Montaigne                      MoC 580

King James Bible (from the Greek) 475  
Koran    700

You will note that the calibration of David Montaigne's book has good company.

Any book that calibrates under 800 on Dr David Hawkins' Map of Consciousness is problematic. It is mind dominated and chock-a-block full of man's assumptions.

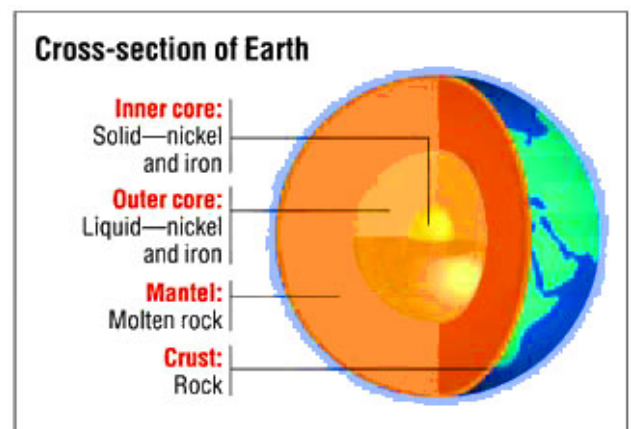
So let's say we go with a set of assumptions:

<http://50kview.blogspot.com.au/2015/05/may-27-2015-earth-after-pole-shift-if.html>

<http://www.zetatalk.com/info/tinfx028.htm>

One assumption is that with the increased intensity and frequency of weather events, one can consider being at least 10 metres higher than the impact of any prior weather event, that is, above prior flood levels and tidal events, is being prudent. That seems simple. To comply with that we have just displaced more than 10% of the world's population! McGranahan et al (2007) used SRTM and GRUMP to estimate that about **10% of the world's population is at 10m or less above mean sea level.**

Australia is one of the most urbanised nations in the world, with an oft-quoted figure of **85%** of the population living within 50km of the coast of our very large continent, with vast empty areas in the middle.

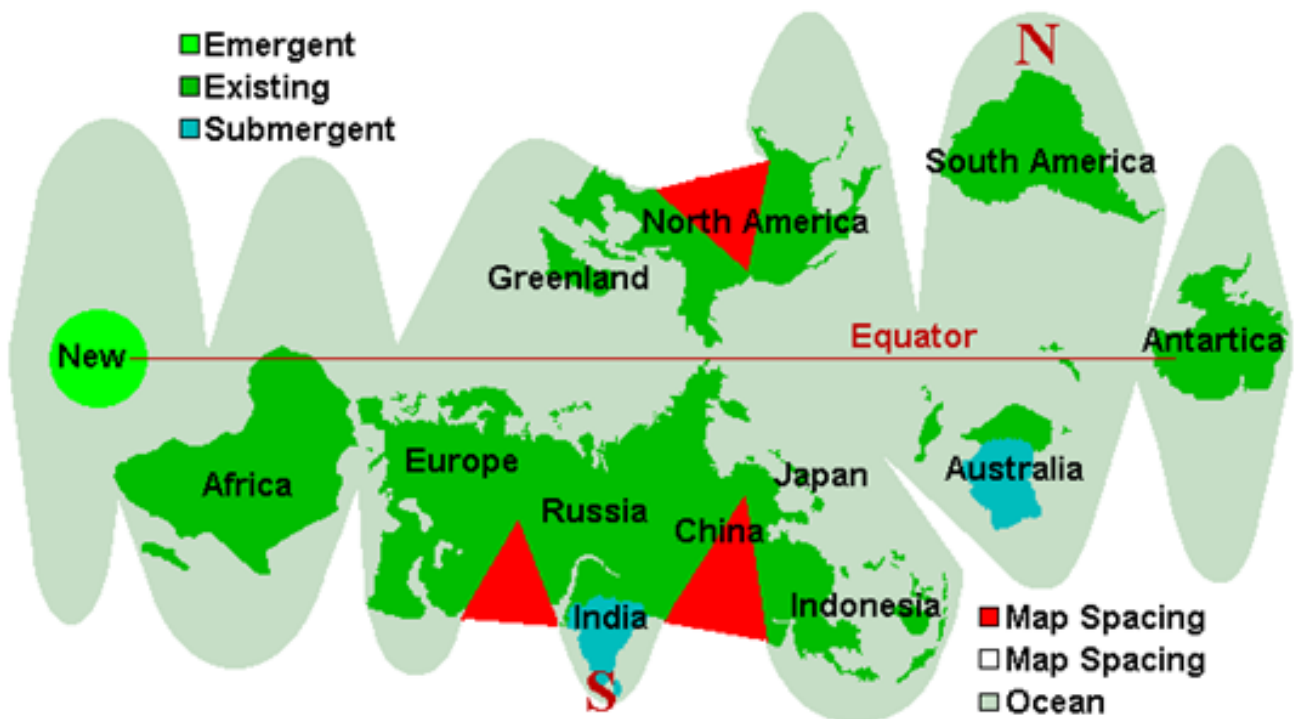
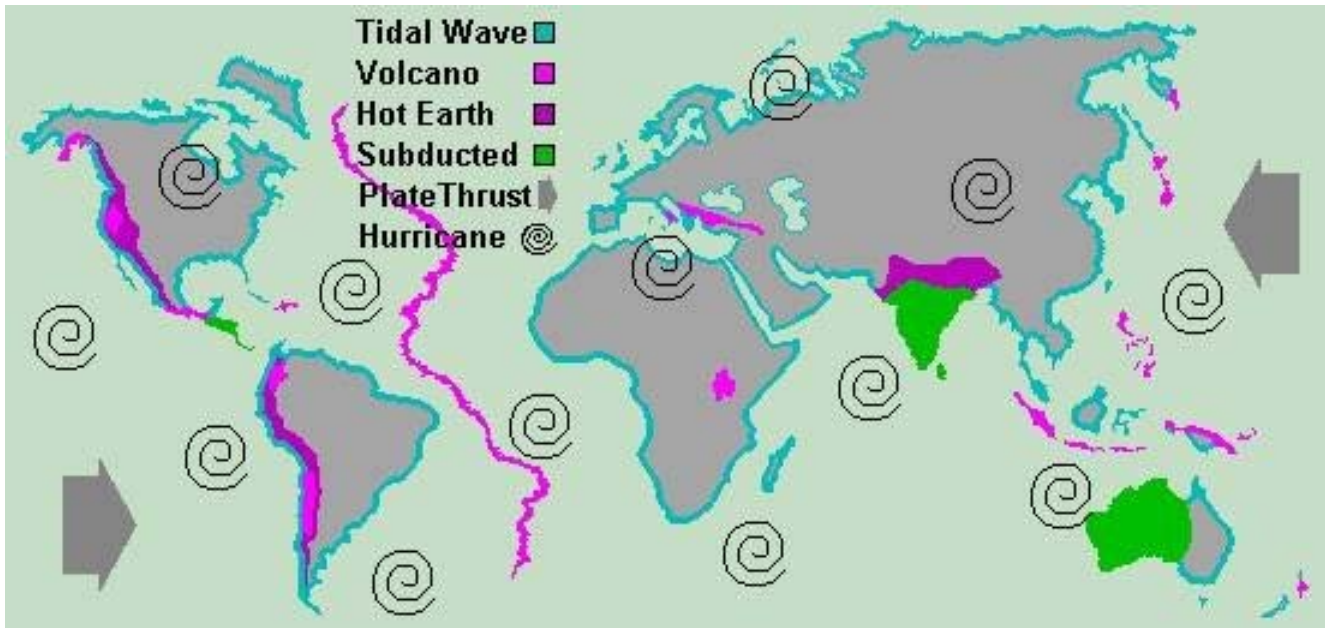


The 10 countries with the most people in the low coastal areas are China, India, Bangladesh, Vietnam, Indonesia, Japan, Egypt, United States, Thailand and the Philippines.

Some 33.5% of the world's population live below 100 metres above sea level.

Short term security projects to be 10 metres above sea level, and long term security projects to be above 100 metres above sea level. People have to have access to what we are to make available and share.

Presently about 40% of the world's population lives within 100 kilometres of the coast. As population density and economic activity in the coastal zone increases, pressures on coastal ecosystems increase.

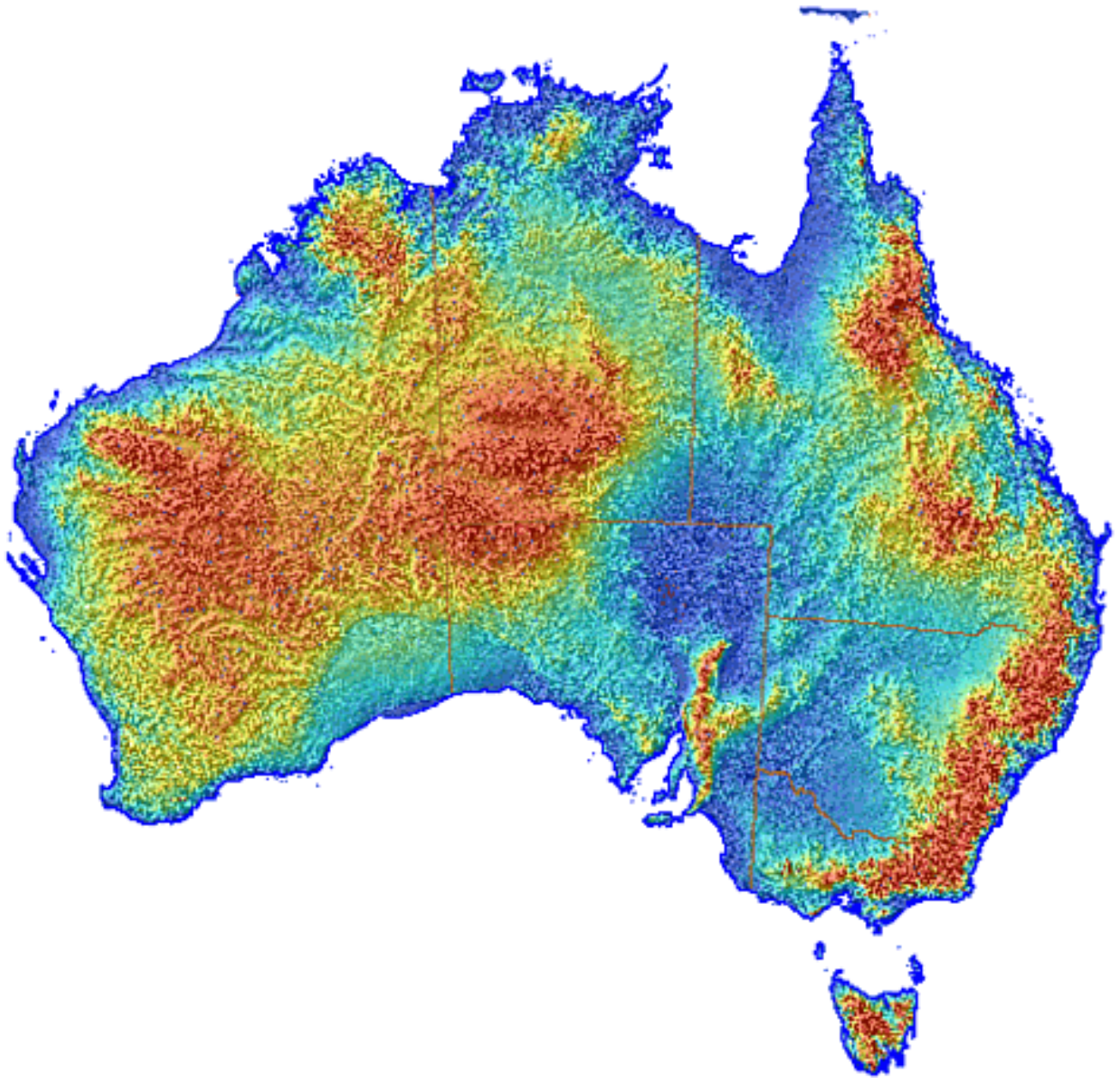


Note: Map may be printed and taped together to form a new globe.



Should ocean levels rise by 100 metres then the darkest blue shaded areas will flood!

This will be the mother of all roller coaster rides!



The agenda is simple. Carry on with prudence. We are in changing times. No matter which way one looks at the possibilities, 10 metres above sea level is prudent and long term being 100 metres above sea level is a practical long term delivery platform.

We have the unique opportunity to chat with folks who have been through it all before, so let us ask them, particularly now that we have our own options prioritised – actually have had this understanding in place for several years.

We can ask Noah what actually transpired in his historic event. Yes, he is an actual personality.

The Urantia Book (TUB):

(875.2) 78:7.5 But Noah really lived; he was a wine maker of Aram, a river settlement near Erech. He kept a written record of the days of the river's rise from year to year. He brought much ridicule upon himself by going up and down the river valley advocating that all houses be built of wood, boat fashion, and that the family animals be put on board each night as the flood season approached. He would go to the neighbouring river settlements every year and warn them that in so many days the floods would come. Finally a year came in which the annual floods were greatly augmented by unusually heavy rainfall so that the sudden rise of the waters wiped out the entire village; only Noah and his immediate family were saved in their houseboat.

(875.3) 78:7.6 These floods completed the disruption of Andite civilisation. With the ending of this period of deluge, the second garden was no more. Only in the south and among the Sumerians did any trace of the former glory remain.

(875.4) 78:7.7 The remnants of this, one of the oldest civilisations, are to be found in these regions of Mesopotamia and to the northeast and northwest. But still older vestiges of the days of Dalamatia exist under the waters of the Persian Gulf, and the first Eden lies submerged under the eastern end of the Mediterranean Sea.

### **Noah and the Flood.**

<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2003/noah-and-the-flood-fab-2-feb-2003/>

Received by F.A.B. Santa Cruz, California

2 February 2003

I am here, Noah.

It is I, Noah. I was a real person, and lived, as everyone knows, a very long time ago. In my day, we understood more things than you would realise. It wasn't as primitive as is generally thought.

I know you are wondering about the veracity of the Flood story and the Ark. Well, there is some truth to it, and some things that are not true. Of course, God never had the intention to destroy living things with a flood. How could He purposely destroy His creation after having taken such pains to create it? No, this idea does not conform to any truth that can be recognised.

But I will say that there were severe rainstorms that did threaten our lives. When these rains began, people at that time had the thought that they were being punished, and this became the idea that translated into the Biblical account. As in every age, there were people who had done wrong things, and, as in the case of the story of Moses and Egypt, it was generally felt that God made His presence known through weather conditions.

For we did believe in God, or at least in a Supreme Being who showed His pleasure or displeasure freely. There were many in my time who felt responsible to this God, and many who did not. So that when the rains came and threatened our lives and our livelihood, we trembled at the displeasure we thought we had caused in our Maker.

There was no ark at all. How this came into the picture is hard to say. But you do understand that many Bible accounts were simply folk myths handed down through the generations.

I will say, though, that the rainstorms were so severe that the event was remembered and recorded in many different cultures, hence the accounts of a flood that appear in many different cultural traditions. And the rain did cause flooding and severe dislocations in many parts of the world.

Of course, my culture disappeared from common knowledge, so it would be very hard to reconstruct our beliefs and way of life. You must know that there were many civilisations that flourished and that disappeared from humanity's knowledge. Mine was one of them. Obviously, we knew nothing of Judaism, since the events creating this religious tradition did not occur until a long time after my death. But this I can say, that we understood the importance of our responsibility to our Maker, and that many of us erred, just like people of your time.

I did my best to live a righteous life. But I certainly was not the only survivor of the rains. Though the flooding killed many people and animals, it did not destroy all the Earth except me and my family, as the Bible relates.

But all that is past, and I have found my happiness in a God who has bestowed upon me [the New Birth of the soul](#), with its corresponding happiness.

Sincerely, Noah

### **The Story of the Flood**

<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2009/the-story-of-the-flood-fab-10-feb-2009/>

Received by FAB Santa Cruz, California

10 February 2009

I am here, Noah.

Yes, in addition to torrential rains, and as a result of them, rivers sometimes swelled their banks and inundated the land. These various natural catastrophes combined to form the Biblical story of the flood.

### **Major Earth Events**

We are prompted to consider that serious adjustments are going to occur within the environment of Earth, and that we can consider many possibilities. Should they be a series of events, then collectively they can be viewed as one dynamic crisis of proportions never imagined possible within the recorded history of man.

With the resources that are to come available, then proceed with prudence and not flamboyance, and we will put in place the long term availability of what has been revealed. The resources are there to be accessed, we have already had confirmation of more than US\$23 billion distributed, and what has been revealed is to be shared with others, we know it is of absolute truth as it has been demonstrated to us that it is so.

Maybe the Great U-Turn is the Pole Shift!

We will complete the tasks given to us all.



Thursday, 24 May 2018, Friday, 25 May 2018 (Graeme's note is repeated as Verna has comments)

Graeme: James, the expression that just popped into my head was, "In order to know what the future holds you need to understand the past". I can't remember who first said this but it seems quite germane to our recent flurry of messages concerning pole shifts. And miraculously an obvious source sprang to mind – Verna. Your full-of-wonder Nature Spirit has been present on Earth since it was a chaotic, spewing mass of molten rocks, so she has witnessed all the major events from Day 1 to the present.

I would love to ask her if she would draw the definitive TIME LINE for us.

By "definitive" I'm suggesting the timing of all the major cataclysmic events (whether they be pole shifts, asteroid encounters or "action at a distance" with large comets).

Overlaid on this time line I'd like to see key events such as: when the first microbes appeared; when more complex organisms appeared; algae; plants; flowering plants; fish; vertebrates; animals; first upright walking human-like species; first humans with souls, et cetera.

Now I'm imagining that with each major cataclysmic event most living things get wiped out so by definition it must be an incredibly busy time for the millions of pairs of Nature Spirits....to start again regenerating (with Angels' guidance) the various species, mutations and diversity that these events herald.

I would particularly like to know the timing for what I refer to as the Noah Event (the great flood) and the "Venus" Event – the most recent pole shift.

And just the other night there was a doco on SBS (Australian TV) about the discovery in 2010 of a unknown human species called the Denisovans whose DNA has turned up in the people who live in the highest regions of Tibet. They have a particular gene inherited from the DNA found in a sliver of bone from the Denisovans that allows them to adapt to low oxygen-high altitude regions.

So how many, yet undiscovered, human sub-species have there been and when did they become extinct? I'm feeling awkward that my mind is in overdrive wanting to know way too much....

Anyway, if there is indeed a cyclic 12,960 year pattern then Verna's timeline would show this. But given the age of the Earth is reportedly in the billions of years....when you divide this by a measly 13,000 years, that's a hellava lot of cataclysmic events. Perhaps there's a more understandable explanation....

So that's where I'm at...understand the past and we'll shed light on the future...perhaps.  
Graeme

Verna: Hello my dear Graeme, your mind is in the right place, however I'm sorry that I can't give you what you want. It is not for me to tell you – humanity – about its history. You know, I'm a kinda Current Type Of Girl, so I'm 'wired in' to James and the truths he is to reveal, and all that past stuff is for others to tell people about. So with James I have strict guidelines, we all do, and for me to start going on about the past like you are asking would be taking him too far into his mind, that which is not appropriate for him. So I'm afraid you'll have to wait until someone who can talk with us nature spirits and is all concerned about humanity's past, comes along, then they will be able to have access to such information.

You see, your growth of truth through your feelings is all very specific. James, like most people, believed: ah, I can talk with spirits and the nature spirits so I can ask them about anything; and so why not, however it doesn't work like that. You can of course ask us about anything, however we can only relate to you along the lines of the needs of your soul. And so part of James' soul needs at this time do not include my documenting humanity's history. However, having said that, that doesn't mean it's not for you Graeme to ask such questions; you, like everyone, is to ask whatever you feel, and then it's up to James or whomever to see how they want to respond.

And James has wondered about his limitations concerning such information, as at times his mind would like it too, for example, why not have myself tell him all about what is in David's book, you know – sort of cut out the middle man type of thing, however that's not how it's to happen. In this case, James, for a many reasons, all of which culminate in his reading David's book, needs the experience of reading David's book. So even including from his first thought of seeing it available, wanting to buy it, ordering it, waiting for it to come, getting it, reading it, all of which is part of this with Marion as he talks and shares his bits, including looking at someone else's work. So what I'm trying to help you see is, in this 'line of work', that being with the unseen worlds, you'll only be able to do a small part of it, and that which is directly applicable to your own soul needs. So with James I can rave away all day like this, talking about the many aspects of how one's soul actually grows, as that's his main area of interest, with the information about the Pole Shift being only there to help him with that.

And so yes, there are masses of hidden elements to humanity, many of which you'll find out when you're in spirit, and all of which will gradually be revealed to Earth, however that could take a long time. So here's something for you to ponder Graeme: What if it turns out that you Graeme are to play an instrumental role in revealing such history to Earth, however when you are in spirit. So you will work closely with a medium on Earth who is open to and easily able to receive such information, and that's the connection you both share because it's part of your soul growth needs. Now I'm not saying this is specifically for you dear Graeme, yet only to help you see there are indeed many levels going on all the time.

The world has 'lived through' countless pole shifts, it's part of living in your physical universe. And so it doesn't take much to understand that little of the past will remain, and much of the past has been very rich in diversity, however that is to remain relevant to those people who lived it. And there have been times when we nature spirits have used the shifts to generate much diversity within the natural world, other times not so much, more just a continuation. At times the damage has been more and less severe, it's not all just straightforward in this is how much in degrees the pole shifts each time, and on this cyclic date, so this amount of damage can be foreseen and so on, it's far more complex and dynamic, with each Pole Shift having it's own unique characteristics.

"And that might be perhaps the main reason why I've been attracted to David's work, it not actually being about the Pole Shift specifically, but the shift that's happening in us all." That's a wonderful insight James. One I hadn't considered. There are so many layers to understanding especially when it comes from a Celestial level. It's true they can only give us sufficient info that we're able to comprehend. Your soul work gives you ever increasing access to deeper and more profound understanding of TRUTH and LOVE. There's a lesson there for me too. I have a "need" to understand. I "want" to be right because as a kid I got punished when I was "wrong" – fuck my school and parents screwed me over big-time. And because I'm only just starting my feeling-healing journey all these suppressed childhood emotions keep causing me physical pain (in the right side of my neck – vertebra C3, C4 and C5 deteriorating causing extreme head aches) and all my relationship issues / failures with my female partners – my mother issues!

James: I think so many of us have that need to be right, and even to muck it up and pretend we don't, yet it's still there. We all need to be right so we don't keep getting punished, so right according to our parents. And a big part of my Healing has been admitting that I don't get it right, and not only that, but I get it very wrong far more than I would like to admit. Living with Marion has well and truly done my ego in along those lines. Yet still, my childhood patterns are hard to give up, so all we can do is keep allowing ourselves to feel those feelings that come up.

In regards to asking Verna all my "MIND" questions...well I understand if you've been over that ground before and she could just as well give a Nanna Beth-type answer and guess I'll find out soon enough.

James, it's always great to receive your emails – your total honesty – your sincerity and help for the little crew up north. It was so wonderful to hear Marion's progress and yes she could fall in a heap but we all could...just the fact that she can feel good, love her self, mate that's GOLD!

Thank you from my heart...to you both.  
Graeme

Also, Marion says she's very grateful to you for appreciating and acknowledging her, as that's what no one did during her early life. She's grateful to Samantha and you 'numb nut men' up north for understanding that even though she doesn't want to openly be part of it, it is all still because of her.

Graham: Hi all,

Wednesday, 23 May 2018

The pole shift information is certainly creating some interest amongst us. I am intrigued, and like Graeme, am curious for the answers to the questions he wanted raised with Verna.

But for me, it's a side show. If the shift happens and I get destroyed in the event, so what. If it does happen and I live through the event and have to learn a new way to survive, so what. If it doesn't happen and I keep living, so what.

Because I am an ignorant, dumb male who can only deal with one thing at a time, it's all about the healing and bringing the message to humanity about how to ascend to Heaven and Paradise. It's the only reason humanities of any planet exist. It is really the meaning of life. (Perhaps a movie title??)

It's almost 12 months since I have been introduced to this scene. I have witnessed quite a shift in you James, there has been a dramatic change in how the celestials – Nanna Beth – have been treating us, and now you give us the strongest message ever that we are on the right path. That Marion has seemingly “crossed the barrier”. Give her a massive hug from me for paving the way. And also, from a distance we are witnessing Samantha's significant jump in her incredible journey of ascension.

For me, I had been looking for “something” for a few years. I struggled to re-enter the New Age world for I felt it was massively ego driven. I tried a business coach to bury myself in that type of life but it nearly sent me broke financially and again emotionally. And then one day, an email came across my desk from John (well they had been coming for 10 years) which piqued my interest. From there I got hooked. The information contained within felt real to my core.

On the outside I have lived a fairly normal life but internally I have been in turmoil for decades. The information about the Feeling Healing felt true. So I started working on my feelings and found the truth

of some. I could feel benefit. That lasted a couple of months until I couldn't bear to delve into the truth anymore. I constantly block my feelings, divert myself from the truth and get more and more frustrated. And I have a million excuses as to why I can't do it right now, although I promise myself everyday that I will start again.

As I said earlier, I can only focus on one thing at a time and working in the un-true world to keep food on the table and a roof over my head is my strongest and most successful excuse. For me, the trigger to being able to focus on healing is when SI (Solid Investment) comes down. There will be enough shekels for me to drop out of the un-true world and focus on me. This will be my Polar Shift and I am as unsure of it happening as you are James about the one on a larger scale.

While I am not doing my healing, the knowledge and conviction I am building in myself that it is the real pathway is incredible, and all due to you James (and Marion) and John. I know I have some role to play in the grounding of the Truth but have no idea what that really is. And on top of that, I fear that without any healing done, how will I have any credibility taking the message forward to others.

At the same time as I am building my conviction to the healing, my ability to function as a "normal human" is becoming increasingly more difficult. I can't take any initiative, I have time on my hands to achieve almost everything, but keep sitting in my own little shit world hiding from the truth. The real Truth and the false truth of the un-true world.

If I don't have my Pole Shift, will I never take serious steps towards my ascension? I need a pole shift. And is it really SI? My fear is more about – what if I don't have my own personal pole shift? Will I just keep bumbling along as an ineffectual mass of junk until I die. And then I fear I won't have the guts to look to the truth while in the Mansion Worlds. That's how low my self esteem really is.

In some of the messages from either Jesus or Mary M that you have compiled James, they allude to the Avonal Pair currently being alive on Earth. If I recall correctly the Avonal pair mission is to complete their healing, plus find 12 Soul pairs to complete their healing on Earth before they die.

So, if it's you and Marion, and you have only 18 months to complete that task, we had better get our shit together. I don't know if I will be amongst the 12 pairs, but I am sure feeling I am meant to help you find some of them.

So perhaps the Celestials leading you to David's work is more about us reaching our own personal Pole Shifts so each of our special contributions to humanity can begin in earnest.

Just my two bobs worth.

Me – James: Reading what you and Graeme say about my work helping you both become more aware of your feelings, as in, that they are important, that you are looking to them, that you are acknowledging them, as you have both written, is what it's all about. The Healing is so complex, and who knows how it will start and evolve particularly in the beginning for each person. So I can see how you are both taking it on as a serious thing, and it's causing you to shift, adjust and alter your focus on life – that being possibly Graham, the beginning of your inner pole shift? Perhaps it's already underway?

And I would ask you: So why do you keep promising to yourself that you will begin the next day when you don't? (And oh boy is that a big one, I've worked on that myself for years and I'm still working with it on certain aspects.) What do you fear will happen to you if you don't begin? And then feeling disappointed in yourself each day, is there any relief in you as well that you don't have to do it? And

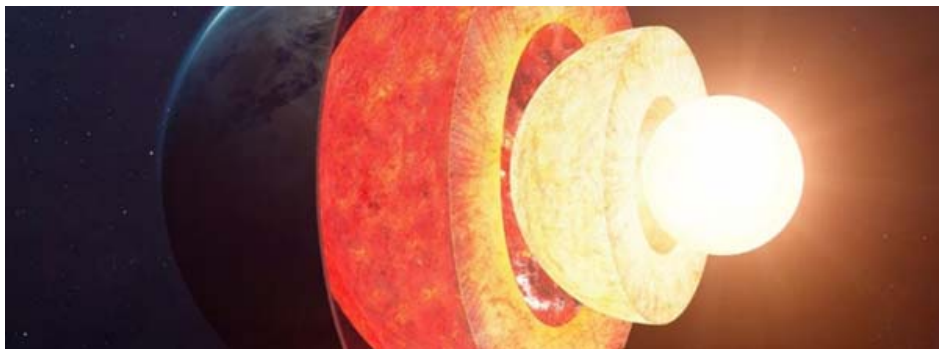
what about just accepting that you don't want to do it, and that's all right, that you will do it when it suits you – when the time is right, and so try going along saying you're not going to do it, no way – and **NO ONE IS GOING TO MAKE ME!** And that it's just exploring such feelings one way and the other, they don't have to be resolved, just taken notice of and worked with for as much as you care to.

I have written that for it all to work the Avonal Pair will need to complete their Healing, so they can liberate their Spirits of Truth into the physical. However I've not said anything about 12 other specific soul pairs (at least I don't think I have?). I have no idea how many people might begin their Healing and when anyone might finish it. There is talk in my books about 144,000 chosen ones who'll be the forerunners of the New Humanity, however I don't know about that, nor in what context this is meant. I'd have to re-read what I've written and see how I feel about it. I want to try and keep away from such numbers as too much is placed on them which only distracts one more. And if I have written about 12 specific pairs, then when I re-read that again too I'll see in what context it was said and if I still feel the same about it.

It's difficult writing in reverse order of how it should be. Which is why I want to wait until I have finished my Healing before I read back over the bulk of it knowing whether it's still true. I am happy with it all, it's just that some of the minor details like such numbers I might have to address, now being further on than when I wrote about it.

And personally Graham, I don't think you need to add to your burden that you need to be something of a Living Example so as to help people understand about it. You already **ARE** a living example, by simply being involved, and to the degree that you are involved now... and in the next moment, and next week and next month, is all that you will have to be.

And I'm not suggesting that this is what you're meaning, however I want to say that it's not going to be a Jesus-type set up with a number of chosen disciples who are going to be the Avonals' personal representatives. It's going to be, unless I am told or feel otherwise, just like any organisation with people playing various roles. I am certainly not looking for nor wanting to have a small group about me that I teach or who are actively doing their Healing and so on. I want it to be as people feel they want to be involved in it. And some will, others not, some more, some less, you know, all the usual. And particularly in the beginning, should there be such a beginning. Things will no doubt evolve as we go, but we're all going to have to wait and see how that happens. I have tried to get it out of God, my angels, Bob, Verna and Nanna Beth, how to structure it, should I structure it, how it's going to happen and evolve, but thankfully I've given up trying to work it out and stopped bothering them, so I have no idea about any of it. And the main thing I want, if it's possible, is for it to be enjoyable and something that people feel is helping them first, as they are possibly helping others.





**Sunday, 27 May 2018**

James: Between Nanna Beth and Helen, who needs anyone else!

### **Major Earth Events Paper –**

Maybe the Great Pole Shift will happen to us all when you get your Dosh! Maybe you John, *are* the Pole Shift!

I like all the bits you've pulled together so far. And I agree that possibly the Harmonic Convergence is all part of the forerunner to it all. I imagine that it would take possibly hundreds of years for the full energy impact, which is possibly happening now if we knew what to look for.

And that map of the New World you got from the Zeta's, that's a different set up to what David imagines, his new North Pole might be over Mongolia / Russia / China where the Tunguska meteor hit, and I think the new South Pole over Brazil or somewhere like that. However he admits that's highly speculative. Either way the east coast of Oz (Australia) seems like it survives in tact.

Anyway, as you'll see I've included Sam's writing regarding our inner pole shift and I don't feel like adding anything else. It's eased off in me, and with Helen last night confirming what I've been feeling that we won't go through it, all of which the more I think about it means we will have the time needed to focus on the Healing.

Also I've sent what's below to Sam, as you can read, and will send on her reply if you can use it or not, which I think she'll okay again.

Hi Sam, having thought I'd write more about the Pole Shift for John, and having re-read your latest posts, I wanted to check again if you would mind me giving them to him? You say it all so much better than I was going to, and all real from your feelings.

Also, is it okay with you if we proof-read them? In fact I want to clarify that with you, so far as anything you write that John or I 'publish', would you prefer your writing to be proofed, or just left as it is in its rawness?

Below is what I'm intending sending to him:

### **The Pole Shift and our Healing**

**Sunday, 27 May 2018**

James: Hi John, concerning the Pole Shift, I was thinking of writing more about it for inclusion in your latest Pascas Paper. I wanted to reiterate how it's our 'inner pole shift' that is really what's important, not the outer one. The outer one, like any experience, is just that, another experience to help us feel certain feelings, and with those feelings either leading us further to the truth of ourselves, or to be used by our minds to further our denial from the truth of ourselves. However what I was going to say Samantha says far better than I could and says it all directly in the moment and so true too, and strongly from, her feelings.

Friday, 25 May 2018:

Samantha: Oh my God you lot are scaring the shit out of me, all of this talk of pole shift, great mile high waves, world destruction, I am so fucking scared you are all making me so scared, STOP IT NOW!!

Reading through what you are all writing, why is no one scared, why have you all got such a 'So What' attitude to it, isn't anyone scared like I am, aren't you all shit scared of dying, being annihilated out of existence, I am so scared, I want to scream at you all 'shut the fuck up' you are scaring me.

Since I was a kid I have always had huge tidal wave dreams and woke up crying, yet I have always escaped being killed by it, it never quite reaching me but the fear those dreams brought to me, wow, sheer terror at seeing this huge wave engulf everything in its path except me, all my family gone, everything and it scares me so much. You are scaring me again in the same way. I even had a terrible dream about it last night and was so glad to wake up.

I can't swim, my parents can't swim and all of my brothers and sister can and in my mind they would escape but I wouldn't, I have been kept unable to survive, I would have to die and drown and it feels so awful to be so powerless to everyone around me, not that being able to swim or not would do much good to a crushing mile high wave, shit that sends shivers of terror through me, all you are talking about is scaring me again, I will die horribly, painfully drowning filling my lungs with water as I struggle against it and that is how I have been feeling of late with my breathlessness, like I am drowning, I can't get a lung full of air and it may be to do with this fear.

Don't any of you feel any fear about it for yourselves, your children, your grandchildren and all the terror they will feel in that moment, I am full of it and I want to tell you how it makes me feel. I am so scared of how I might die, how it will feel, am I the only one who feels like that? I feel fucking angry at all of you for making me so scared, making my fear come up so much with your conversations, I want to live in my fantasy of denying that it will ever happen and you are ruining that fantasy for me, I don't want to have to think or feel about it, it is so awful and too sad, shit I am fucking crying now at the loss and destruction of everything in such a terrifying way, it will be fucking terrifying and such a loss and is this the extent of terror we all need to feel because this is the extent of feelings we are all denying, the denied and repressed terror of our childhood, is it really this bad, well, I can say yes to mine, my denied childhood terror had engulfed me like a tidal wave of emotion and crushed me out of existence nearly, and I have really felt like that, so start feeling your fucking feelings so we can stop this happening, start the inner pole shift so we don't need the outer pole shift to make us, force us, to feel how bad it really was for us all as children.

It's going to take more than us to do it, a whole planet of denial of their childhood pain, can just us few stop it happening, I don't think so!! I want to say to the whole world 'Look at what your denial and rebellion is doing, carry on like this and the world for us, will be over, all your kids and little ones, dead, start to turn it around, start to heal yourselves to stop this.' These are the words of a scared person, I know that, and it all sounds so desperate but I don't want to die like that. I want to heal myself while on Earth and I don't want to be cheated out of that experience, I don't want it all wiped out in one fell swoop, what's the fucking point, I feel constantly cheated out of what I want, it's so unfair, so fucking pointless.

I want to believe this is all a Celestial ploy to get humanity to feel their feelings about how they would feel should it all be coming to an end for humanity, let's all get it out of us and change it through our feeling acceptance of how scared we are, of how we don't want to die and we want to see our kids and grandkids grow up on Earth, the planet we have been given to experience Life, Ourselves, Nature, Truth, Love and God.

I am so fucking raging angry now about having my healing experience taken away from me by a fucking pole shift, NO, NO Fucking way is that happening to me, I started this thing and I will see it through to

the end, NO one is going to take it away from me, Fuck no!! David Montaigne can go and fuck himself with his workings-out-mind-shit, so can the Mayans and all the rest.

Through our feelings, everything can transform and change, I could have continued to be the destroying tsunami shit that I was but I am transforming through my healing and the world can do the same. I have changed in so many ways from the person that I once was, I don't even know that person any more and it began quite quickly for me and this is how we can change our world, through our healing – not by wiping everything off it – because those few that do survive would just pass on the same shit and the world would grow again to be the same mess it is now, what's the point in that? I don't want to be forced to die in that way, I am sick of being forced to do what my parents say whether that be my physical parents or Mother and Father, they are not giving me any choice, they are taking my 'will' and they are a pair of Fuckers if that is what they want to do, I would hate them for ever more to take my will in such a huge way, killing me off, making me do what they want me to do, it's to unfair, its just how it was with mum and dad and they can fuck off. If it's what Mother and Father want then it will be but what about what I want, what about me and my wants, me going unheard, me not being allowed to express my terror, not having an explanation from them as to why, they just want to do it so they will and I have to toe the line, I am so fucking sick of it all. I have hardly got started and the world is being pulled out from under my feet, I feel very hard done by, very angry and fucked off if this all comes to be. For me this is all about my relationship with my parents, I have to take it back to that because in everything I am writing, they are there in the back of my mind, taking my WILL.

James: I don't want to stop you expressing any of what you're feeling Sam, it's good all you said, really good it being how you feel deep down, however, are you scared of dying? Do you have to finish your Healing on Earth – why? Does it really matter where you finish it, all so long as you do? I can understand that you want to, as do I, I want to see it all through here and have felt I'd feel cheated and it would be unfair if I didn't, however it's all control, isn't it, still wanting it how you want it, which again is fair enough and needs to be fully acknowledged, yet at the end of the day, it is what God wants. And I think a big part of it, for us to accept, is that so far as being with God is concerned, we are powerless. And that it's right that we are, as that's how They've created us to be. And that in our 'true powerlessness' living true to ourselves and true to Them, then we feel all-powerful too, all-powerful as a little unaffected, unself-conscious child feels.

And once again Sam, I'm not trying to say you're bad for expressing your feelings as you have, that's right and full on and needs to be that way, I'm just also wondering about these other parts, and have you considered them. That's where it's difficult not being with you, I never know if I should say anything or not because I don't want to say, "I know better than you about yourself" – how could I, and what you're writing is only a tiny momentary snap shot of where you are in that tiny moment, so I don't want to get all caught up in that going off on divergent tangents that would only be detrimental to your self-expression. So if what I say is not relevant, please tell me so I get a better gauge at this sort of thing.

Personally, I have been scared about the Pole Shift, but now funnily enough, I'm not. I don't even care about it. I can think of the horror and so on, but as our lives are already horrible, so what, it's just another horrible.

And I oscillate between feeling like I love living on the world, to I wish the fucking wave would come as I hate it here. But I think what you said about it being one final masterstroke of Fuck You, we don't care about you, that being our parents bringing about a constant pole shift in us, fucking us up too much, is about the truth of what it's all about. That for each of us the Pole Shift should make us feel exactly how you are feeling, because it is so unloving, uncaring, making us feel like we don't matter in the

slightest, that being how we all feel in the Rebellion and how our parents made us feel, so really the Pole Shift would be a fitting end, like a manifestation of that truth for us all.

And I wonder if we were all healed, whether we'd then see the Pole Shift as a loving act, which I know is hard to see in the light of where we're all coming from, but all we feel that is bad and unloving we might end up feeling the opposite about. So I wonder about that, because like it all in the end, even the Rebellion and Default we'll surely see as an act of love by our Mother and Father, and so too something like a Pole Shift, because how can it not be that way when They are all loving?

So I would love to think I could change that much, from one side, the negative, to the positive. And observing Marion loving all that she hated about herself, all the different parts of herself that she absolutely loathed and now she says she's loving, appreciating, wanting to happen and be there, you'd think she'd lost the plot and was going off her rocker, that she really is mad now, however she just keeps going and every day something has changed from the negative to the positive. And it's not that many of the outside things have changed or gone away, although many others have, and neither has our core relationship problem changed, which we've been working through yet again for the millionth time this evening, but it's just that she in herself has completely reversed her relationship with them, her beliefs about them. For example, she has been feeling like she's sort of off balance, unsteady on her feet these last couple of days. And yet more and more she's liking and even loving feeling like this, because it's making her slow down even more – any slower and she'll be like a snail, and something she used to hate about old people for being unsteady, rocky and slow, and yet now she understands them and loves getting old and feeling all these – what were debilitating things, as really good things, all things that are helping her get closer to her true self, helping her give up her wrong ways of seeing everything, so it's all remarkable really.

So I've been feeling, and for all the reasons you've said, that really it's fitting that we have this bloody horrible Pole Shift hanging over our heads. It keeps the pressure on us, it makes us feel as our parents treated us, and we need all the help we can to bring out all those bad feelings. So it even looks like we've got the worst imaginable physical event as well to help make us feel bad.

Samantha: Thank you John, I am working through how bad I feel about all of this, it all is helping the fears to surface within me and there are so many. Last night as I was talking about it to God I felt the presence of Mary and Jesus come to me and saw them in my mind too and it gave me so much comfort, an incredible feeling to be in their arms of love and that is how it felt, like I could physically feel them each side of me, holding me, not dampening down my fear but supporting me to go into it all. At last something that was nice.

Everything that you all write about the Pole Shift helps me feel more fear and how I want to deny it could happen and be true and push it all away, so keep writing, it makes me feel.

Many thanks  
Sam.

Samantha: Yes, all you have said I feel is right, I am scared for many reasons, the greatest is being so powerless in it all, I have no control over it and feel it is all being taken from me again by God but I know that I need this because it is a representation of how powerless I feel with mum and dad. The pole shift is them for me, it is them changing everything all the time, saying one thing and doing another so I don't know where I am, I can't trust anything because it keeps changing and I don't know where I am in it all, I just have to go along with it and follow and keep quiet about how I feel, just do as I am told even when I don't want to.

Yes I am still trying to have control, to gain some power in my defiance to God about a pole shift, I am giving God and my parents the big 'FUCK YOU'. And yes, I am scared of dying, as soon as something is wrong with me I am in fear of dying, how is it going to be, what will it feel like, what will happen to me and I am feeling about this all the time as illness has been around me quite a lot to get me to feel this fear of dying, as a child it consumed me and it has been denied as an adult but is now here for me to feel and I want to feel it all. I am just scared of dying and have a way to go with it. So me wanting to stay on Earth to finish my healing is a part of that fear and also having to do something I don't want to do and I know all you say is right, God is loving and is doing this out of love and I can also feel that to be right, Yes, it does feel true to me but the fear is still there in me and has to be felt and it will be. Death is a huge thing and I am scared of it, it is the ultimate powerlessness and I have a way to go with this, if it was only me and I didn't have children then maybe I would feel different but I feel scared for them too, my Mothering instinct comes out to protect them. There is nothing I can do about it all, I can't fix it for them so it is all about power and control for me and it's a Biggy.

All of what you have said is so relevant and it helps me a lot, I love reading it and what it opens up in me and I understand a bit more. I don't feel like I want to reject any of it. I just want to stay with all of my fearful feelings and keep crying about it all as I was last night as I spoke to God about it and I was walking up the stairs to bed and I felt Mary and Jesus walking with me and saw them in my mind and as I laid down on my bed they held me and I could feel them both physically comforting me and it helped me feel so much more. It was the support I needed.

That first paragraph you wrote James is brilliant, Yes I still want control over God, over my parents, I want to say what goes and not have my will taken and I still have a lot to understand about God being a loving God because at the moment I feel like they aren't but then I feel they are because I feel they are loving and that feels so right to me but my mind kicks in and it all gets contradicted and until I have felt all of the bad stuff I will not truly feel them as all loving and I want to. It's all jumbled up for me, all so confusing and twisted up. I go back on what I have said so many times because I never feel the same in each second, like even now I feel different to when I first started writing this and I can see how what you have said has affected me that we were created to be powerless and I am fighting that natural state of being all the way, rebelling against my parents and seeing God as the same. I am not giving in because of the fear of how being so powerless will feel and I am missing the true gift of being so powerless and letting myself live true to them and me.

There is always so much James but no matter what I want to feel it all, I want all of the bad feelings to come up and I can't tell you how much what you write helps me to see so much more, Thank you.

Saturday, 26 May 2018

Samantha: More feelings are coming to light within me and the main one is utter shock, how I am terrified of feeling the shock of something terrible happening like the pole shift. In that moment of shock I can't breath, I can't move, I feel like I am dying. It's complete overwhelm. I am terrified of being overwhelmed, it puts me into shock and I felt it at its worst when Harry died, I was completely

consumed with shock and was thrown into a deep state of confusion and frenzy to the extent of nearly passing out. My body began to shut down in that moment, I couldn't see, I went blind for a few seconds, I couldn't breath, I could do none of my normal bodily functions that I do naturally all the time, the shock stopped everything and I had to be held up. I felt the same feelings when I had constant panic attacks, complete overwhelm, my body was taken over with fear and shock. I would be just relaxing and a wave of fear would engulf me and I was instantly in a panic attack and the anger that came after was, WHY? Nothing bad was happening so why? It was like a little reminder that I am constantly controlled and at the will of evil and fear and it was always like a shock.

This pole shift feels like the ultimate evil and fear, the biggest Panic Attack and it's world wide, global. Everything being eaten up by the control of my parents, they ruined my whole world, they changed it to what they wanted it to be and killed the real me. It's the total shock of the real me not being wanted, so killed off, shit that is fucking terrifying, it is making me feel panicky and scared, just how it felt as a child being told off or told NO by my parents, I can't do what I want to do, shit that is horrendous to be crushed in such a way. I am not allowed to express myself how I need to, I have to keep it in, all crushing the life out of me, all a pole shift happening slowly over my growing years changing me from real to unreal and that is why everything has felt so unreal because it is, it is not the real me. Now I am pole shifting back again and it is a shock that I have come so far away from myself, I am shocked, completely shocked that I have been living a lie, I feel robbed of my true self and it's a shock to find out it was taken from me without me even knowing, shocked.

I have had two pole shifts and I am only now aware of them, the first was by my parents in my forming years going from true to untrue and the second is now happening, going from untrue to true again and the truth revelation of it all has been a shock.

And, Samantha: Shit James I am feeling so good, as I work through more of my fears I am feeling so much better, clearer and not so confused about all of this pole shift stuff, as I am sorting out my own pole shift and understanding it more, I am feeling so much better about maybe a global one happening and I never thought it could happen, I spent so much time talking it through with God, Mary and Jesus and I am feeling so much clearer about it all, who would have thought it!!!! I feel great, so happy, overjoyed in fact all I have to do is keep expressing all of my fear, constantly keep doing it as I feel to. It's amazing how I now feel, xx



Me – James: Great. It sounds so good and true. Again it's like you are speaking for me, that's what happened to me, and to us all. It's the truth of humanity, the inner pole shifts we've all been subjected to, and then having to shift ourselves out of it by doing our Healing. I won't say anymore, I'm too tired, I want to take my time and read through all you've been saying about the Shift.

Samantha: OK James. I just feel so good, so excited to understand more about my personal pole shift and all through feeling my fears about it. Shit, shit, shit I am so excited I want to run around the garden jumping and screaming like a mad woman. I feel lifted, like I don't care what happens, I get it, I feel like I know the truth, fucking wow. xx

From Sam: Hi James,

Sunday, 28 May 2018

Yes you can use every thing I write and share how you like **and I would like it to be used as it is, not perfected as that is the truth of where I am at the moment.**

I am back in pain again today as I woke up with aches and pains all over my back, feeling really weak with it all. Speak soon and I love what you have written about your relationship with Marion and how she now no longer feels she needs you to be how she wants you to be, I wanted to write more about that but it will have to wait, I am in pain and feel I need to tell Mother and Father about how bad I feel. xx

Monday, 28 May 2018:

From John: Hi Sam

We do confuse everyone. What we endeavour to do is reduce the amount of typos. No, we do not edit any of the writings, they remain raw – expressing the personality of the writer. But we do lots of it when it is it's and skip minor words as our minds jump ahead, so we tidy them up a bit. No rephrasing or cleverness exist in us in 'downunder' land (Australia). If we cannot figure what is meant to be said then we question that, however that is not often. So, yes, we try to reduce typos – that is the limit of our skills and that is questionable.

Now, here is something that the Pascas Library has on [www.pascashealth.com](http://www.pascashealth.com)

#### **MEDICAL – DEATH and DYING**

Pascas Care – Death & Dying Always Karen	<b>FH denotes Feeling Healing</b> <b>DL denotes the Divine Love</b> FH & DL
Pascas Care – Death & Dying Getting the Hell out of Here	FH & DL
Pascas Care – Death & Dying Post-Mortem Journal	FH & DL
Pascas Care – Death & Dying Proof of Heaven	FH & DL
Pascas Care – Death & Dying Transition	FH & DL
Pascas Care – Death & Dying Transition & Assimilation	FH & DL
Pascas Care – Healing & Recovery Death & Dying	FH & DL
Pascas Care – Life in the World Unseen	FH & DL

Within Pascas Care Healing & Recovery Death & Dying on page 25:

**Death:** If you are living in the exact moment you are not having a problem. Whack. One's head is severed or some other critical event occurs. At the instant of death one's spirit arises and he witnesses his head roll away. No one experiences his own death. It's not possible. At the moment of death, one goes out of body and witnesses what is happening in the phenomenal world but it is not possible to experience your own actual death. The actual death of the body occurs as a result of you, being spirit, leaving one's body! So the exit from one's human bio-suite is no big issue, maybe inconvenient for others at the time, but you cannot experience the death of your body. Physical death is relatively nothing at all. There is a sudden leaving of the body, and life goes on, re-emerging as another embodiment.

A rather humorous account of this is given by Judas when he tried to hang himself only to find that his rope had come off the rock and his body tumbled over the cliff into the rubbish dump for Jerusalem – he watched his body fall to the bottom.

Most people arrive in the receiving nursing stations without realising they have separated from their bodies.

The attached – Death & Dying Transition – is very unique in its contents, never been shared before in other writings. This is rather cool material.

I went to a 'Death Cafe' where they chat about this subject, yes, no one in the general public have a clue. It is almost taboo to talk about the truth of what takes place. Death is really meant to be a celebration.

If you like to chat on Skype on anything, let us connect up.  
cheers for now, John

Monday, 28 May 2018

From Sam: Thank you John for all of this great information, I am slowly reading through it and it all sounds so beautiful and I love the illustrations.

The thing that has touched me more than any of it is how much you care, thank you for that, taking the time to write to me and try to help me understand about the passing over process. I have loved reading about the spirits' experiences and waking up in the receiving halls surrounded by loving spirits to help you, every last thing having been thought of.

I am feeling so much better about death now having expressed to you all how scared I was and feelings are still surfacing in me, and I am so glad they are as I want to feel all of my fear about this and I don't really know how I will feel until the time comes and that depends on how it happens to me.

Death is yet another great Pole Shift that I have to feel my way through to turn it on its head, the way I thought about it is now changing and I am beginning to see that I have always hid the fear of it and thought it was a bad thing, as mum and dad did and I can always remember my nan being terrified of death so as a child I thought it must be something so bad and to be dreaded. This error in my beliefs is now changing and yet another U-Turn, Pole Shift, change is occurring in my feelings about it and I am having a light switched on around how I have thought about death and how seeing it as being something so bad has been all wrong, it is in fact good and a celebration as you have said but it takes some deep feeling to come to those shifts in the way I feel about it because my family fears surrounding death have been so fearful and buried deep inside me that it must be avoided at all costs, don't talk about it at all, it's bad and depressing and we don't want to hear.

I am feeling so good about the beginning of the changes in me surrounding my fear of death, the more I am feeling my dreaded fears, the more they are losing their power over me and I can feel a change, a lightness but I had to go through, a lot of expressing and crying and having bad dreams to help me feel the fear that I couldn't reach, I was surly helped by spirits in my sleep time to get to the bad parts and up they came. And I realise that how I was to all of you, telling you all to stop it, you are scaring me, was just how mum and dad and nan were as soon as the subject came up, they shoved their fingers in their ears and were la la la laring until it stopped, all denial and I was doing it with all of you too. I am realising through my feelings that we have got death all wrong and we have to turn our beliefs on their head to come to the truth and that can only be done through our feelings, feeling all of the fears we have about it and for me, I never thought that I would be able to break through to feeling better about it but I do and I will continue to feel my way through all of my erroneous beliefs to do with death until they are out of me.

Thank you John for everything you have done, you made me feel so cared about that you would want to do this for me. xx



# **Cause No Harm** < to OTHERS to MYSELF

**Strive to love others as I am to love myself**

**To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Divine Love  
is the key!**



## **God's Divine Love: Pray for it, ask for it, and receive it.**

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens:**

