

# PASCAS FOUNDATION (AUST) Ltd



PASCAS FOUNDATION (AUST) Ltd ABN 23 133 271 593

11 Crenshaw Court

Parkwood 4214 Queensland Australia

[www.pascasworldcare.com](http://www.pascasworldcare.com)

Bs +61 7 5594 0479

[www.pascashealth.com](http://www.pascashealth.com)

Em: [info@financefacilities.com](mailto:info@financefacilities.com)

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## WE ARE CHILDREN

Most people don't know that for the past 200,000 years all of humanity has been subjected to the guidance of high level malevolent spirits who had rejected the authority of the Creator Daughter and Son who subsequently became full regents of our Local Universe and also these rebellious spirit leaders rejected the existence of our Heavenly Mother and Father.

Throughout this era of 200,000 years, these Lanonandek Spirits had unfettered domain over all of humanity. No intrusion into the regions that had joined in under the Lanonandeks influence was enabled. In fact they had in place a Universal Contract that was incredibly difficult to find cracks in which enabled these wayward high level spirits to continue evolving their plans for much wider domination than just the 37 humanities that capitulated to them.

Due to the Universal Contract the humanity of Earth was effectively quarantined from any interaction from those who had not succumbed to the wily ways of the rebellious Lanonandeks.

# 200,000 YEARS

Throughout this era of 200,000 years, humanity has not been provided with spiritual guidance from any other fountain of knowledge other than that of the Lucifer, Satan, Caligastia and Daligastia soulmate / soul partner pairs – all being Lanonandeks. Nothing that has evolved on Earth has had its foundations based on principles other than from these wayward spirits. Nothing!



When Eve and Adam came more than 38,000 years ago, their mission failed due to the influences imposed upon them by these Lanonandeks. All other endeavours similarly failed however this was by far the most promising and potentially progressive.

Throughout this era we have been isolated from any form of interaction with higher level spirits until we heal ourselves from the imposts of the Rebellion that was instigated by the Lucifer and Satan soulmate / soul partner pairs. None of the other humanities throughout the universe have ever come to us. Yes, they have sent probes with automated holograms of themselves, however no visitations have taken place on Earth from physical humanities of other Earth like planets.

The quarantine is compounded by a form of siege. As we complete our physical experience and pass into spirit we are meant to continue evolving and progressing through our Local Universe on our way to Paradise, the home of our Heavenly Mother and Father, but that has been denied to us until we understand how to heal ourselves of Rebellion.

Those who fully embrace the ways of living through their minds and perfecting their natural love are going the wrong way – they are perfecting the ways introduced to us by the Lanonandeks. Further these same spirits have progressively filled the Mind Spirit Mansion Worlds and the Earth Planes (1 and 2) and continued to influence those living in the physical world in the ways introduced by the Lanonandeks. These spirit personalities have never known any other way of life nor are they aware of how to evolve and progress out of the ‘hells’ that is Earth with its two planes of disharmony as well as the associated seven Spirit Mansion Worlds.

You may protest about what took place in the first century!

Mary Magdalene and Jesus, by taking on a physical life on Earth completed their last requirement to be anointed full regents of our Local Universe, Nebadon, which has 3,840,101 inhabited physical worlds. Earth is one of the youngest and is one of the 37 to have fallen under the rule of Lucifer. As we have also Defaulted through the failure of Eve and Adam in their mission, humanity of Earth is in the worst state – we are the most evil of all the humanities throughout our Local Universe of Nebadon, in fact throughout ALL of the Local Universes – we hold the prize for all the wrong achievements – Rebellion and Default.

That is why we are quarantined. Since the Rebellion, we have been denied communication with our Nature Spirits. Angels have not been able to communicate effectively with us. Since the coming of Jesus and Mary M, humanity in spirit has been able to evolve and progress into the Celestial Heavens but have been restrained from communications with physical humanity until the ending of the Rebellion.

**FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:**

**The rebellious Lanonandeks from within our local universe are these soul partner pairs:**



**Lucifer pair**  
Arrested and imprisoned 26 CE



**Satan pair**



**Caligastia pair**



Arrested and imprisoned early 1990s CE



**Daligastia pair**





**31 January 2018: The Rebellion and Default has now officially ended. For 200,000 years humanity has been subjected to the rules governing the Rebellion and Default, that is now officially terminated. Humanity is now free to commence the Great U-Turn!**

Mary Magdalene and Jesus were both free from error, they did not take on the embellishments of the Rebellion and Default and consequently did not have to heal themselves of such errors – that was not why they were here on Earth. You may have noted that neither Mary nor Jesus left any written records of any description of what they shared and taught to others. You also may have noted that there is no relic of Jesus and Mary M having even existed. Jesus was 35 when crucified, then in spirit in his elevated soul condition was able to vaporise his physical body totally. Mary M died in Egypt when she was 48 and her body was then cremated.

Their sojourn on Earth was for all of the humanities in the Local Universe of Nebadon, they introduced the availability of Divine Love throughout all humanities. On Earth, knowledge of that was lost by the time of the Nicene Council in Constantinople in 325 CE. Divine Love has now been reintroduced through the writings of James Padgett (1914 – 1923). What Mary and Jesus achieved here on Earth was their full regency of Nebadon, the availability of Divine Love for all of the Local Universe’s humanities and through the release of their Spirits of Truth have enabled all within the Local Universe to find their way through and then out of Nebadon so they can then proceed to Paradise, the home of our Heavenly Mother and Father.

What they achieved for Earth’s humanity was the commencement of the end of the Rebellion and Default. At the time of the commencement of Jesus’ public ministry, having achieved his full regency, he was able to have the soulmate / soul partner pairs, Lucifer and Satan, arrested and imprisoned on a spirit prison world. Since these arrests, the angels who followed Lucifer and Satan into the Rebellion have all repented and returned into service with all other angels.

Jesus then opened the Divine Love Healing Spirit Mansion Worlds (numbered 3, 5 and 7) and Mary commenced to teach some ladies while she lived in Egypt how to heal themselves of the imposts of the Rebellion and Default. Five ladies were the first to progress through the Healing Worlds. Over the past 2,000 years the numbers within the Celestial Heavens (worlds 8, 9 and 10) have grown in sufficient numbers for the END of the Rebellion and Default to be implemented. Many Celestial spirits have progressed beyond the Celestial Heavens having moved further into Nebadon, however those who have returned for an introduction to this new spiritual age have swelled the numbers beyond eight billion to maybe closer to thirty billion, to assist in the Change Over.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



**This time, in the history of humanity, is the most exciting time ever experienced.**

Mary Magdalene and Jesus – soulmates / soul partners and joint regents of Nebadon – did not come to establish any religion and nor did they. The Christian religion is essentially founded on the works of Apostle Paul who never met Jesus or Mary! The structure and content of the teachings found within the Christian platform are skewed to reflect the Lanonandeks’ agendas. Men in black frocks have by deception, worked to control congregations for two thousand years.

Five bestowal pairs, meaning higher spiritual soulmate pairs, have physically come to Earth. Three pairs are from within our Local Universe and these were Machiventa Melschizadek pair, Daligastia Lanonandek pair and the Adamites, namely Adam and Eve. None of these have Spirits of Truth. Bestowal Pairs from Paradise who incarnate have



We are  
children

Spirits of Truth and these include the Creator Daughter and Son as well as the Avonal Pair. Mary and Jesus are the Creator Pair and they came for all the humanities of our Local Universe. The Avonal Pair come specifically for the humanity of the world in which they incarnate. The Avonal Pair take on the issues of the world they visit and heal themselves of those issues. It is then through their Spirits of Truth that all of that world's humanity can access and be assisted with their personal healing. Further, the spirit Mansion Worlds through which healing is also completed are reconfigured and structured so that the Avonals' way of doing healing relative to that humanity is accommodated. This is a very personal and huge event for Earth's humanity. For the first time in Earth's history of humanity, high level spirits are providing the way for our healing. Humanity could not find the way until a spirit of a higher level than the spirits that caused the errors showed the way.

We are all children of our Heavenly Mother and Father, the highest spirits of all of the Universes. It is only through our Heavenly Mother and Father's plan that we are now able to put the imposts of the Rebellion and Default behind us. We are to look to our Heavenly Parents for Their Love and Guidance, it is to Them that we will be drawn for all that we are to embrace.

You could say why have we been put through this pain and suffering? The humanities throughout the rest of the universes have been exempted. The other humanities of the 37 have not been taken down as far as Earth's humanity. We are the only humanity that considers 'war to be socially acceptable'.

Firstly, all of Earth's humanity will progress to Paradise to the home of our Heavenly Mother and Father. Secondly, as the universe expands it is anticipated that more rebellions will unfold and we of Earth's humanity will be extremely well equipped and experienced to assist in dealing with such events. It is a master plan in which Earth's humanity is unique. We obviously do not appreciate boredom!

Though we are born to physical parents, our focus upon our physical heritage is one of the issues that we will step away from. Being born into a particular family of a particular religious persuasion within a particular nationality can be and is of little relevance to our spiritual evolution. Our unloving patterns are ingrained through our parents. This is passed on, generation after generation, without any abatement or moderation no matter how much we try. It is our environment that perpetrates the continuation of these norms that stemmed from the Rebellion and Default.

This is why humanity of Earth has required a pair of high spirits to show us the way and that way is defined as **Feeling Healing**.

First of all we are to consider living Feelings First. Our parents, then teachers at school and university, then our religious organisation, then our workplace employers all reward us to 'worship our minds'. Our minds cannot discern truth from falsehood. Also our minds are addicted to control. Thus through our erroneous minds we endeavour to control all things within our own domain. This is totally wrong.

This is what the Lanonandeks have influenced us to do. This is what the mind Mansion World spirits influenced us to do. The Lanonandeks are now in prison worlds and the mind Mansion World spirits can no longer connect with us, the malevolent mind spirit connections were shut down on 22 March 2017.

As we progress by living feelings first we will find our lives significantly more vibrant and far less exhausting. Our feelings are always in truth. Our feelings are soul-based. Our soul is the source of our true personality. We are to express our true selves, not capitulate to the cloning efforts of our parents and display a persona that they have endeavoured to impose upon us.

Then we are to embrace our Feeling Healing. We are to long for, pray for, ask for, even beg to know the truth behind our feelings, be they good or bad. As we glean a little each time of what seems to be the underlying cause or foundation of a feeling, good or bad, we are to talk about it, we are to tell someone who is deeply associated with us, about our feelings. We are to share every little thing that comes up by expressing it! You can now see how the electronic gadgetry and social media is taking us away from being able to communicate socially and further away from our true potential.

To take Feeling Healing to Soul Healing we are to ask our Heavenly Mum and Dad for Their Love. We are to ask for, long for and receive their Love. It is a substance, we actually feel it entering our being. The Divine Love of our Heavenly Parents will progressively change our soul into that which is Divine following our Healing of our emotional injuries through Feeling Healing. Not the other way around.

It is only through Feeling Healing with asking for Divine Love that we can heal ourselves of what our physical parents imposed upon us (through no fault of their own as they did not know) and in this process we will evolve up through the Healing Mansion Worlds and into the Celestial Heaven status while living here physically on Earth.

This process of Healing will bring to light obsession, sometimes, with our physical heritage is a load of croc! Through our Healing we will come to realise that all our traumas, pains, discomforts, illnesses and social errors are a direct consequence of what our parents imposed upon us. This then goes on to include our national heritage, our education controlling mechanisms, our religious leaders and so on. We have been taught to adhere to our physical parents whereas we are to be true to ourselves, true to our feelings, because being true to our feelings we are being true to God, our Heavenly Mother and Father, our true Parents.

This is all in stark contrast to how humanity has been guided to live for the past **200,000** years! This is one Great U-Turn! We find that all family traditions, tribal customs, social practices, that we have lived all our lives will be questioned and torn down. Humanity in every society, within every community, within every nation will change how it is living. Why? Just look at the mass unhappiness and stress that you see everyone enduring – look at their faces, look at the news coverage – the world is a walking zombie with everyone in a stupor!

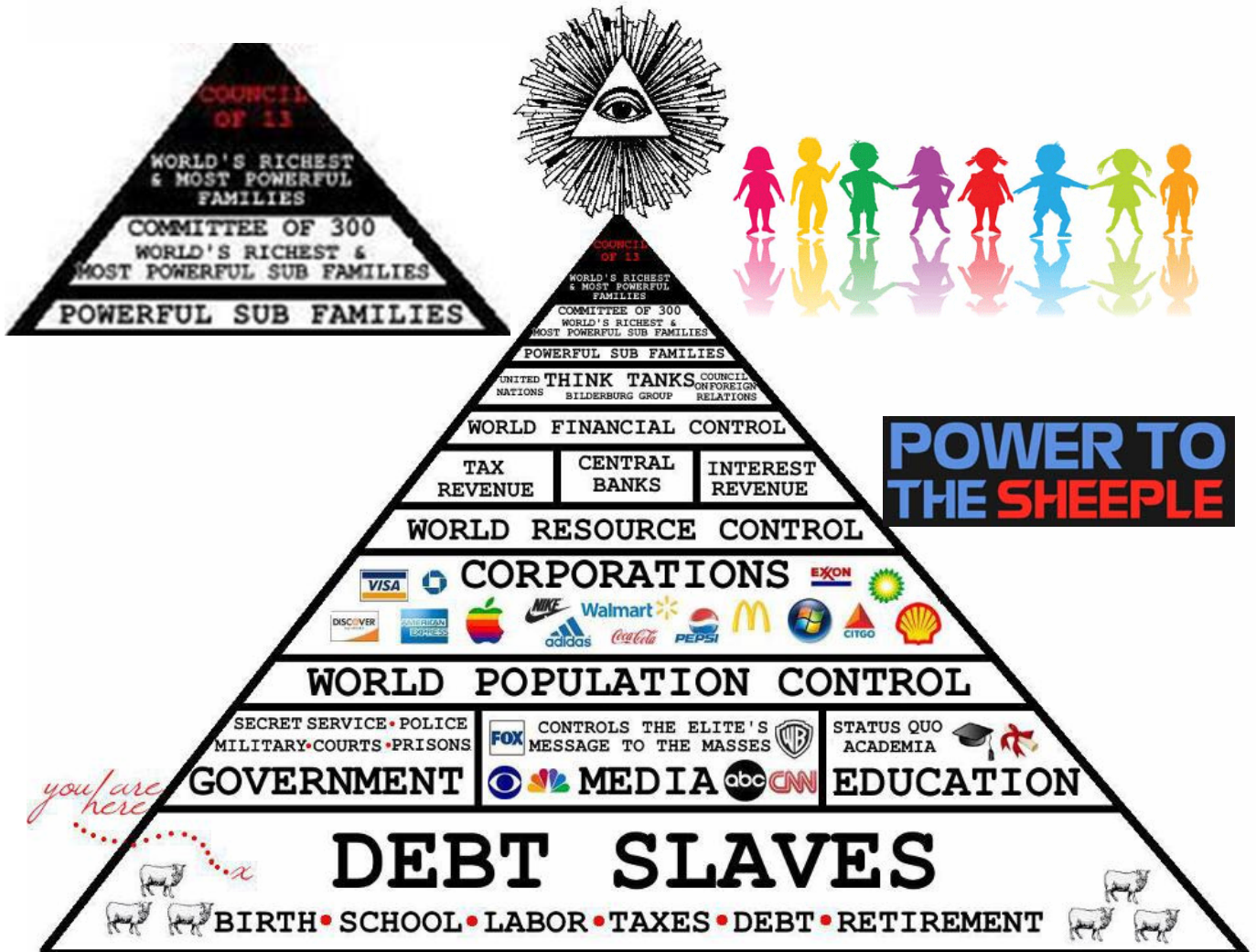
Let us look at the ultimate in the handiwork of one of Lucifer's deputies. Daligastia, when he was physically on Earth, told a tribal group that they were the 'chosen ones'! They bought it hook line and sinker. The malevolent spirits in the low spirit mind Mansion Worlds have played this group along following the guidance of the rebelling Lanonandeks. This tribal group has over the many years morphed into the Jewish Khazarians.



## The Khazarians own the world!

<http://finalwakeupcall.info/en/2015/11/18/the-khazarians-own-the-world/>

The huge world debt, of about US\$250 Trillion, has been deliberately created. If this debt was owed between each other, theoretically that debt could be equalised by crossing-out one against the other. But that's not the case, this debt is not owed amongst the people – one to the other and visa versa – but to all of the 198 central banks, owned by the Rothschilds, except 6, who created the money out of nothing. Logically speaking there is no obligation to repay any debt; the losers are the ones that bought this debt as an asset.



Consider this. It is the goal of a few to become the first trillionaires. That is, accumulate wealth of US\$1,000 Billion. That is a million times a million dollars. That is only possible through the manipulation of concentrated wealth through financial instrument trading.

### Faceless Men

There are secret consortiums of very wealthy families. They say that they only have altruistic goals! Their leaders have numerous names, somehow they have fitted themselves with multiple legal names to hide their family connections and create power through invisibility.



Their collective wealth is so staggering that they could take Africa out of poverty with a single program to develop their economies and markets. West Africa has a population of 300 million people, if these economies were developed then that market alone could develop into a consumer market as large as USA. One of these two wealthy family consortiums could do this; however, they do not even consider investing within Africa.

### **What do they do?**

The activities of these righteous ageing men is said to be for the ‘greater good’.

The art of manipulation is at its finest here. The word stooge comes into prominence. Ambitious and emerging executives are invariably compromised. This entrapment is without limits. Most senior bankers appear to be uniformly compromised. Politicians are snared. Courts are compromised. Legal firms appear to be unaware of the ethical treatment of humanity, it is a game of manipulating the laws that they first of all created.

### **What does this lead to?**

When a pool of funds emerge from successful activities by those outside of these family’s communities, from activities that they consider to be of their own domain, then they set about to achieve the following:

- a. To take control of the funds – by any means, or
- b. Prevent the payout of the funds and leverage off them for their own purpose, or
- c. Stall the payouts indefinitely, stalling tactics being day by day.

Mostly, they are successful as most rightful owners of these funds do not have the knowledge, resources, networks, money and perseverance to fight for their rights. Legal action will most likely cost US\$10million to implement – and they’ll still lose!

### **Honey Tongue or Silver Tongue**

These pillars of society, and yes they typically are knights, barons, eminent people, pontificate on the virtues of their endeavours while gouging and devouring huge communities.

Two opposing family groups exist within this powerful network. One group’s attitude is to take care of the family and their workers, and associates, benefit everyone; privilege has responsibility. The other group’s attitude is privilege begets privilege, no such responsibility to community and family. The predominance of manipulation for greed prevails.

The structure is that of a top tier consisting of little more than a dozen families with a single figurehead or chairman, being for the long term. The middle tier (medium term) mainly European and consisting of more than two dozen families. Then the lower tier (short term) of maybe more than one hundred and twenty families from North America and Europe and publicly known as the Bilderberg Club. <http://www.bilderbergmeetings.org/>





**MISERY IMPOSED upon OTHERS = MISERY to be ENDURED:**

The pain we cause another is the equivalent amount of pain that we will subsequently endure. When we control events and actions that are bringing about misery to others, even though we do not know who these may be, their misery will be



played out to us in the clarity of the most vivid detail and reality that is beyond our present comprehension.

Every iota of pain and misery that we cause to another, and that includes direct and indirect and consequential, this we will endure to the absolute last penny.



Those who assist and aid in such endeavours of control and harm will equally be engaged in this Law of Compensation. There is no avoidance, no way of limiting what awaits for such unloving and self-centred actions by anyone. Not a single dot of compensation can be avoided.

The two Earth Planes of Disharmony are regions of isolation, desolation and compensation for those who embraced control of others.



**EVIL ONES**

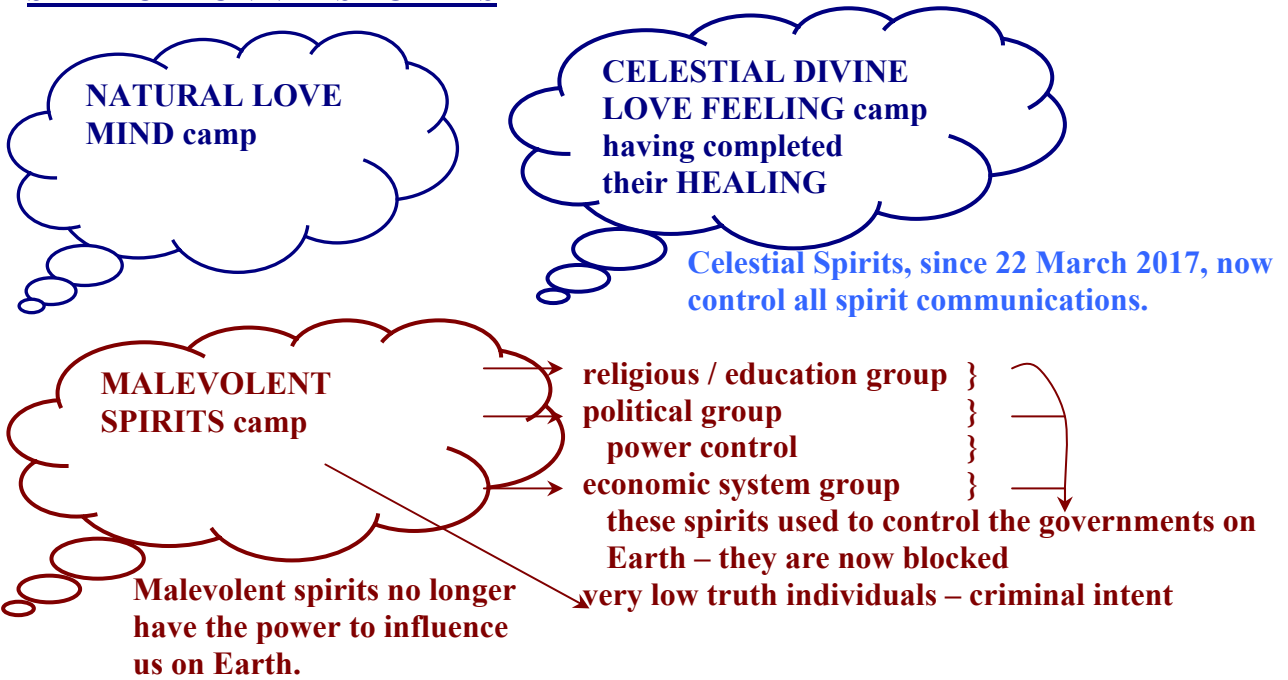
Friday, 1 June 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Certain ‘sects’ of the hidden controllers do worship who you could possibly call ‘Satan’, and who is really, or was I should say, influential mind spirits that had grouped together as part of Caligastia’s plan of control. And these ‘branches’ of what are more likely part of the Deep State, have done and still do such things, animals and even human sacrifice, like you’ve read. I don’t know about this specific incident, I could try and find out for you if you really want to know, however I think it’s more the essence of the act, what it means to certain people who are behind the scenes rather than the actual act of slaughtering such creatures as a specific sacrifice to appease the gods or to try and curry favour with them.



Anyway, it doesn’t matter because the pressure is continuing to mount and such activities, some of which will come to the surface (however unless you are really in the know James, you won’t know all the truth about such things), will lessen, as people start to give up their gods because they are failing to come up with the goods.

**SPIRITUAL UNIVERSE CAMPS**



What is to be recognised is that for 200,000 years all of humanity has been under a concentrated influence to reject our sovereign spiritual teachers or truth, that being the Creator Son and Daughter and to reject our Heavenly Parents in favour of worshipping our minds and follow the Evil Ones who have been aided by the vast majority of personalities who have entered the Spirit Mind Mansion Worlds, namely worlds 1 and 2. Every aspect of life is structured around these Evil One’s guile and it is now about to be ended – it will be a painful and difficult process to accomplish the Great U-Turn by each and every one of us, however this is our pathway Home.



**THE EVIL ONES**

## **KIDS are not CRIMS: AMA (Australian Medical Association)**

Gold Coast Bulletin 26 March 2019

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Doctors are calling for the age of criminal responsibility to be raised from 10 years to 14 years.

Australian Medical Association president Tony Bartone said this would prevent the unnecessary criminalisation of vulnerable children.

“Australia has one of the lowest ages of criminal responsibility in the world,” he said yesterday.

Under the current regime, 10-year-olds can be dealt with by the criminal justice system and be charged, prosecuted and imprisoned. Dr Bartone also said criminalisation of children was a national problem that disproportionately affected indigenous youth.

“Most children in prison come from backgrounds that are disadvantaged,” he said. “These children often experience violence, abuse, disability, homelessness and drug or alcohol misuse. “Criminalising the behaviour of young and vulnerable children creates a vicious cycle of disadvantage and forces children to become entrenched in the criminal justice system.”

The AMA wants federal and state governments to support health, education and rehabilitative alternatives to the criminal justice system.

Kevin – 1<sup>st</sup> Celestial Heaven: G’day John, I’ll have a go at trying to give you what you’re looking for.

Ideally Feeling First needs to be offered, even perhaps made mandatory, at least learning the basic principles of it, to all offenders, so, whether they agree or like it or not, at least are shown that all their troubles and anti-social behaviour stem from their parental environment, much of which most of those people would know anyway. However what they can now be given is a potential way to get themselves out of their unloving patterns, however that also would require possibly skilled people who can speak about and help them implement their Healing, should anyone want to do it, based on their own Healing experiences.

Feeling Healing is of course the only way such deep ingrained problems like those concerning the aborigines can be eased and with possibly some resolution sought, however it’s going to all come about by certain individuals working on themselves and then being able to help others. So really your work John will be to cast your nets far and wide so as to make contact with those specific people, as humanity will change because of the personal involvement from such people, not by some overseeing government or educational administration taking it on, on good faith, that it can be applied with positive results.

So I would advise to keep using these things to help yourself see the enormity of the problems you face, how far away from the truth humanity is, as you come to understand that truth more, but understand that as we’ve told you, you actually won’t have to worry about how ‘it will all go down’ because that’s for other people to make happen.

## **GENES set up the RICH**

Gold Coast Bulletin 26 March 2019

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Wealth and success may be less to do with hard work or luck and more to do with DNA, it seems. (DNA, **short** for deoxyribonucleic acid, is the molecule that contains the genetic code of organisms.)

An analysis of 286,000 Britons showed that the genetic make-up of those who earned over £100,000 (AU\$186,380) differed from those on low incomes. A scan pointed to 24 “golden genes” that affect intelligence, the immune system, and the strength of muscles and heart – and so can make the difference between economic success and poverty.

The discovery follows work at the Centre for Cognitive Ageing in Edinburgh, capital of Scotland.

Kevin: This too shows, that sure, under any conditions certain people are going to be more predisposed to achieving whatever it is they want than other people, however that’s assuming everyone wants to achieve the same goals. Perhaps those people without the ‘golden genes’ wouldn’t actually want to do all you have to do that those ‘high achievers’ do, should they drop their fantasies of being like these so-called ‘winners’.

Humanity is currently expressing itself in a very narrow and now quite predictable range, and within that, as you all understand, as it’s all about control through wealth accumulation, so the current conditions suit those people able to succeed in them, so of course their genes would reflect that.

However what would happen if the parameters drastically changed and humanity was focused in another direction as to what was considered winning and being one of the powerful controllers? And you might find the ‘dumbos’ suddenly becoming on top of the pile with the right DNA, whereas today’s current top dogs, fail. Horses for courses, and of course narrow minded science will find what it wants to find.

And all of that becomes irrelevant when a relative dumbo like myself who wasn’t much of a high achiever on Earth can do his Healing and now live comfortably in the first Celestial sphere ‘looking down on’ many of the power people and rich of my day who are still contained within the hells ‘doing their time’ or trying to regain that power in the mind Mansion Worlds; so I ask you, what happens to all the DNA and so-called genetic advantage then?

Humanity will continue along its present course because it can’t do anything else, this is the course set within and expressive of, Mary and Jesus’ age. As you said John, it’s the ‘frequency’ of the Age, and it won’t be until the frequency changes when the next Age starts that other people will find their genes more suited to it. However as you understand, everyone has the same potential because as we’re all children of God so we’re all on our way to Paradise, even if that way has been somewhat distorted.

And another point too is, that people of this current Age, have and will, up until this Age ends, be able to keep going pretty much as they are used to in the mind Mansion Worlds as they were on Earth. So the controllers of Earth have pretty much sought to maintain that control in the mind worlds and for the most part have been able to do it – this being something of a big generalisation as you understand because lots can happen to you causing change when you die, such as having to do ‘hell time’ or being liberated from your poverty stricken life on Earth. But with that Age ending, such people won’t be able to carry on in the mind worlds, everything being turned on its head.

The Truth is to be revealed following a certain plan John, and one that has not as yet been specifically revealed to you. Being currently in the lead up to it, you can see how things have been and currently are going, however as to the specifics of what is to come, and that covers all fronts, is as yet, unrevealed. So you might like to keep bearing that in mind because it’s not going to be revealed to you John, not until Marion and James conclusively finish their Healing so you can see that it can end.

So all these thoughts and ideas in your mind, and although many are coming from us, are only given to you so as to keep expanding your understanding of the problems facing humanity so far as continuing on

the course they are on, and how great a change it is going to have to make for it to undertake its U-Turn.

All that we've revealed to James, all he's worked out, all he's passed on to you and all he hasn't, is still all within Mary's and Jesus' age, so it's limited, whereas when he moves into his own Age, then nothing will restrain that which he might wish to know, within the parameters of his and Marion's Age. So you're being kept to a micro level of it all and mostly in the dark, which is shown by so few people becoming actively interested in it, all because it's not really part of Mary's and Jesus' age. However once you all Cross Over into the New Age, things will pick up markedly and change altogether.

Kathaleen and I are still getting to know each other, still coming to terms with the fullness of all we've been through during our Earth lives and Healing years. You are right James in that our Healing takes us to the limits of our Wrongness in the sense of having to understand it on all levels and how we're living it. And once fully expressed it can end, and then more time is given to coming to terms with the severity of it all. Life on Earth, from conception to death and doing your Healing, is very stressful because it's all going against us, it's so peaceful for us now, and it will take us, so we are told, some time to settle into this newfound peace of our soul. I feel like from conception to becoming a Celestial was like being shot out of a cannon, whereas now I am walking on clouds – gentle, loving, reassuring and adjusting to a new time. Our time, the time we take to do things, and which things are important to us, are changing all the time as we're getting used to being our new way, so our time is very different to yours. We will say soon and soon is whenever it comes about, and we love every moment of the adventure, whereas you want soon to come about quickly because most of how you currently are you don't like, so you want a better picture sooner rather than later, all of which reflects, and is a function of your dysfunction.

Other things like these articles will come to your attention John, for as I said, it's all necessary for you to formulate your mind's understanding of it all, and as you are realising each day, there is just so much to it. And I assure you, James has only recorded a fraction of what he and Marion have been through and talked about over the years, and still only then is that a fraction. Living true to your feelings will become a vast area of life to explore for many people, so with many new books, films, artworks to express it. It will give lots of people a new interest and focus in life, with many of those people finding they are well suited to it, it suiting them far more than the life they've had to try and succeed in. So their genetic disposition will be far more suited to living with their feelings first and uncover the truth of them, than living in a feelings last and mind first truth-less life.

I'll speak to you soon, our love you to all, Kevin.

### **The REALITY of our PARENTING**

Samantha – 20 June 2018: I long to hear the truth from them, I long for my parents to say to me "Child we don't love you, we can't love you because we weren't loved by our parents". That's what I want to hear, it would make me feel so happy to hear the truth from them, it would resonate with how I have always felt in my heart and I would finally know why I was feeling so unloved. I would finally know the truth but that will never happen so I can only trust my feelings and what truth they are telling me.



I found myself envying people who knew the truth of how much they were hated by their parents, how they were openly hated and didn't have all of the fantasies I have in me about a make believe childhood in a loving family that crippled me nearly to death, none of it was real, it was all a fantasy of how a

family should be but had an undercurrent of denial, hate and pain that no one dare talk about because it was wrong to have such feelings so it all got buried and never spoken of, just passed down to the next child who would never know why she felt so, so bad in such a "Loving Family", how could it be?

People who are openly hated haven't got to go through healing the Fantasy that they were Loved.

It sickens me, the fantasy sickens and twists me inside and I want to ROAR with RAGE at being so duped into believing I was loved when inside I felt hated and scared, those feelings were telling me the truth all along but I didn't trust myself or believe them, I only trusted and believed my parents.

James – 23 June 2018: “Can parents become loving?” and “how do you become loving?” I don’t think you can do either of these two things Graeme, and I think at best, if one is not actively doing their Healing, then it would be as Graham is doing, and possibly yourself too, by just allowing the truths to sink in having whatever impact on you they will, and that in turn is changing you – how you see yourself and life, and so too your relationships, which would in turn affect your parenting and possibly start you on the track to becoming loving, which would first mean seeing how unloving you are. If anything is about ‘trying to become loving’ then that’s more of the wrongness. It would be far better if you tried to acknowledge your unlovingness, go the other way and try NOT to become loving, accepting that you aren’t, that even possibly that you can’t and don’t and won’t love, if that’s how you feel, even if you are a parent. Being honest with yourself is the best, and your children will adjust. And if they hate you, well so be it, they hate you anyway for being false, even if they don’t know it yet.

James continues – 27 June 2018: The thing that strikes me, about all your Pascas Papers, is how much input there is from higher spirits, the Celestials, my messages, their writing with me in my books – like Sage, Mary and Jesus, all of which makes it as a ‘**revealed religion**’, which is really what **The Religion of Feelings** is. And The Urantia Book talks a lot about the difference between revealed religion verses man-made – or just, mind religion. And the books point out the limitations of the man made religion and how humanity is designed to live **revealed religion**, how it can’t ascend to Paradise without it. And really in a way, Pascas, now with it all included, is more of a true ‘religion’, a revealed one, than anything else on the World. And even though the Bible, Koran and so on are supposedly from spirits or angels, still it’s all mind spirits and they are counted the same as people on Earth. Whereas a truly **revealed religion** is derived from the input of higher Daughters and Sons – so Daughters and Sons of God – and not daughters and sons of man. Because the thing is, humanity can’t, and is not meant, to do it all itself. It’s designed, and needs to, look to the Mother and Father for Divine Love, to Mary and Jesus for Divine Truth, to the Avonals, to the Local universal Daughters and Sons like the Melchizedeks, because they are the ones ‘reaching down’ to help humanity ascend up. So now threaded through Pascas is the reaching down, which if people reach out for and accept, will help lead them up. And there is nothing like that in the world. TUB (The Urantia Book) is the closest, then the PM (Padgett Messages), but as we know, they actually don’t contain what is needed to do it because they don’t contain the Revealed Truth of how to Heal yourself first, before you can get on and live what they are suggesting.

**PASCAS**  
**PAPER**



EVERYTHING can be worked through, that EVERY pain can be worked on and expressed out of ourselves. That the physical body is just an instrument to reflect to us our state of feeling, to help us feel our good and bad feelings. And the body itself only gets sick because of our inner illness, that which is our rebellion against truth, our denial of our feelings.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**



**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**

**MAJOR CRIME is CHILD REARING**

2 June 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: “For as you understand, there is no better way to further your wrongness than to have children. Really it is the worst most evil thing you can do. A serial killer, even a mass murderer, isn't as bad as a parent, as each parent will find out through his or her feelings as they do their Healing. So how does that make you feel?”

“With the serial killer being sorted out in the hells for such actions against another's will, and with all us parents and non-parents alike, being sorted out as we do our Healing. Time in the hells is nothing on a spiritual level compared to what you go through during your Healing. The ‘hell’ time allows you to become fit enough spiritually to enter into life in Mansion World one. The Healing, which deals directly with yourself as a child and your relationship with your parents, and your own child / children if you are a parent, ascends you in truth up through all the Mansion Worlds. So, as you can see, there is a hell of a lot more to being a parent and a child.”

**The whole human race is suffering from repressed childhood emotions and mind control.**

The cycle of us parents imposing our errors and injuries upon our children can now be broken. For the first time in the history of humanity we now do understand what we have been perpetuating, certainly throughout the 200,000 year duration of the Rebellion and to a lesser extent of the Default.

We had been seduced into believing that our mind is all that we require, that our mind is to be embraced above all else. Nothing could be further from the truth. Our wayward minds are addicted to control and cannot discern truth. We are to embrace our feelings, our soul based feelings and it is then that our minds come into play to implement what we are feeling. Our soul based feelings are always in Truth.

We are to long for, ask for the truth behind what we are feeling – both our good feelings and bad feelings. Yes, we will be told what is behind what we are feeling, both good and bad, and as we have these feelings we are to express them, talk them out of us, to a friend, companion, partner, even our Heavenly Parents. It is the process of expressing the truth behind our feelings that heals the injury.

Sounds simple! No it is not. It is painful, it is traumatic, but it is what heals us of the emotional injury and errors of belief. This is what is required of us so that we can eventually learn to truly love our children and bring them up in love, truth and without error. This is how we can stop the cycle of error, disharmony and crime that floods all of humanity.

**When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

## WE ARE GOD'S CHILDREN

As we ascend through our Feeling Healing, and with Divine Love, our Soul Healing, we will transcend the Spirit Mansion Worlds or the equivalent should we do this while on Earth. As we do so we will be embracing the guidance and assistance of the Avonals who are here to assist us throughout our healing.

The transition from the last of the Mind Mansion Worlds into the first of the Celestial Heavens will be marked by the fusion of our Indwelling Spirit with our Soul and our full embracement that our parents are truly and fully our Heavenly Mother and Father. We will then be fully embracing our Heavenly Parents and begin our journey further into our Local Universe with our soulmate / soul partner, being the other personality manifested by our soul – one soul always manifests a male and female personality. All linkages with our physical family are relinquished and we form into soulgroups consisting of twelve soulmate / soul partner pairs – twenty four personalities.

Our journey onwards through our Local Universe is assisted by the Creator Daughter and Son, Mary Magdalene and Jesus. When we leave our Local Universe we proceed with the assistance of Infinite Daughter of Mind and Eternal Son of Truth to Paradise, the home of our Heavenly Mother and Father, God.

As we meet our soulmate / soul partner we will often discover a personality that is of any colour, race and creed not necessarily the ones we inherited from our physical parents. All Earthly experiences are what our soul wants us to have, all to assist us in the discovery of our true personality and self which continues on throughout our eternal journey.

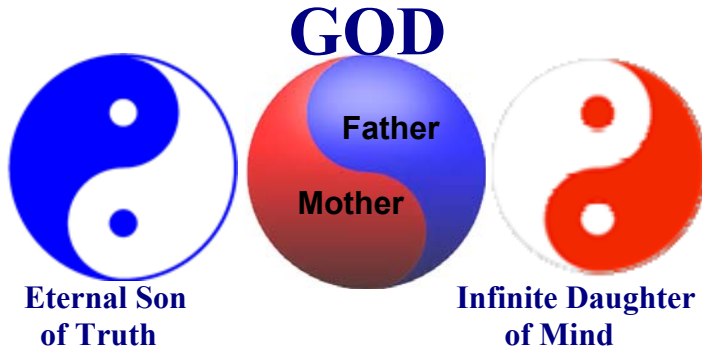
Our special gift from our sojourn on planet Earth is that we are experiencing living wrongly and this is in such extremes that no other humanity has had this experience. Humanity of Earth is one of the 3,840,101 physical humanities in our local universe called Nebadon. Nebadon is one of 100,000 local universes in our super universe and there are 7 such super universes. Even though living on Earth is a living hell, this is a special experience that our Heavenly Parents have provided us. This is something to cherish – but possibly not today!

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

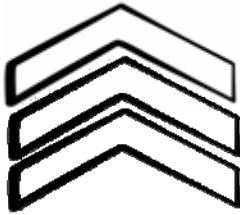
Nature Spirit



## The CHOICE is OURS to MAKE:

### Celestial Truth:

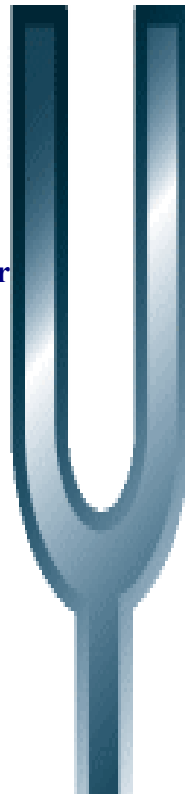
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit Mind Mansion World where we typically suppress our poor state and remain in the Mind Mansion Worlds indefinitely. Some have a period in the 'hells' compensating for the pain they have caused others. Many continue their 'mind worshipping'. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY OUT

Transitioning into the Celestial Heavens is also out of: **ISOLATION**



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

### Law of Forgiveness

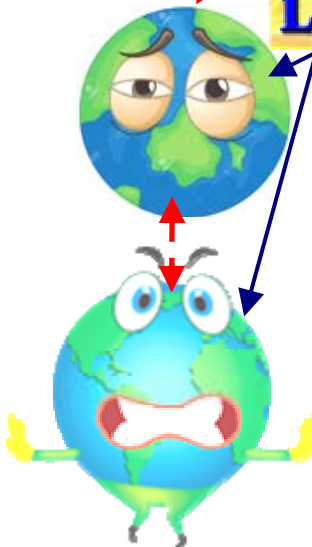


I'D TURN BACK IF I WERE YOU!

### Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor 'hells' are the lower levels of the 1<sup>st</sup> Mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> Mind Mansion World, all then to consider your Feeling Healing.

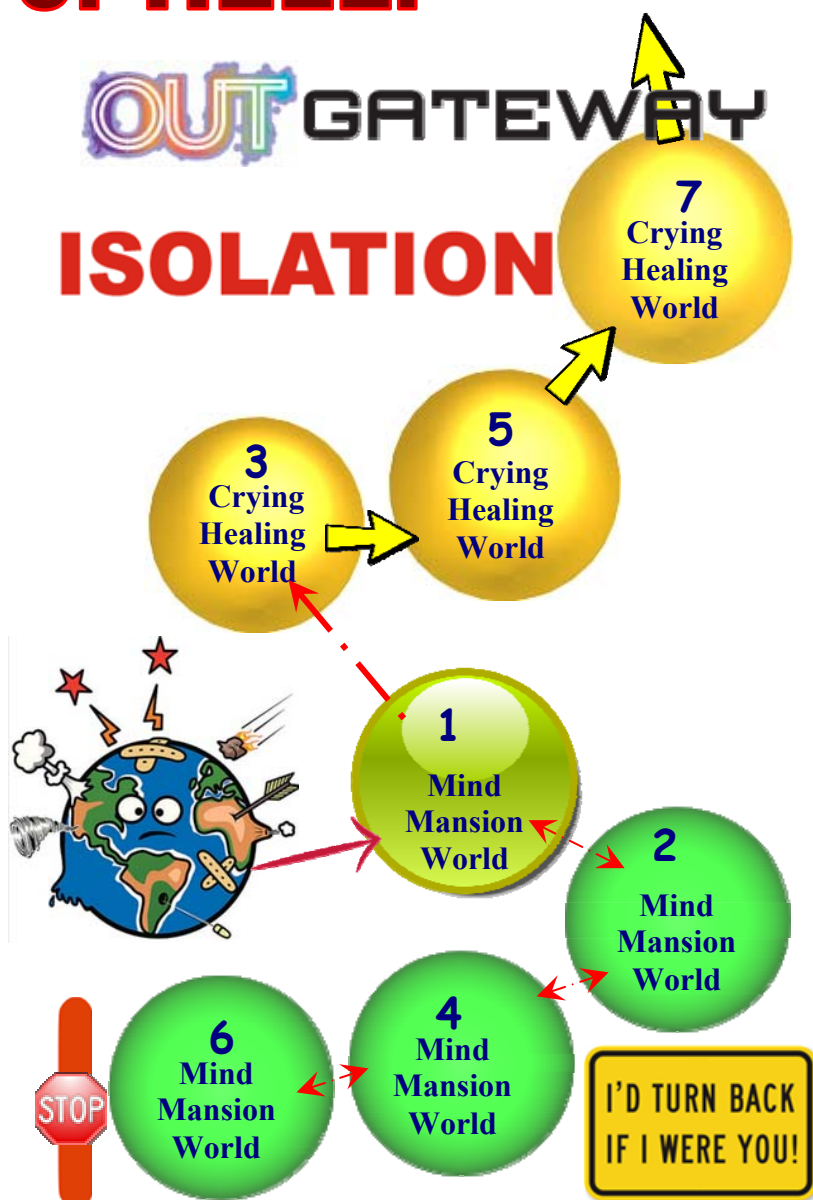
# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.

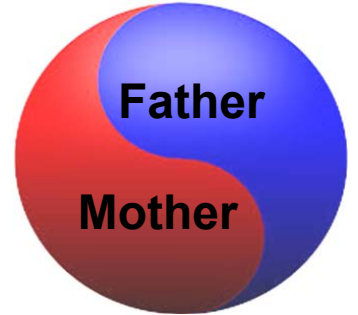


Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> Mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> Mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so, may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> Mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> Mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> Mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system.



# MUM & DAD THIS WAY

## GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



**I'D TURN BACK IF I WERE YOU!**

AVONAL PAIR

GOD

MARY & JESUS

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

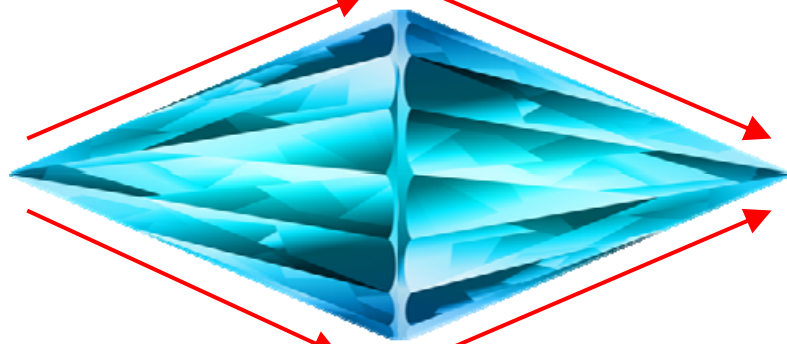
**MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:**

**Rebellion and Default**

**MIND-Created soulmate**

**HEALED (Celestial)**

**Incarnation  
TRUE Soulmate  
Soul : Expressing  
two personalities  
– being soulmates**



*Female soulmate*  
fantasy man (untrue)  
Unsuccessful marriage

*Male soulmate*  
fantasy woman (untrue)  
Unsuccessful marriage

**WOMAN  
Eternal Marriage  
MAN**

**Rebellion and Default MIND-Created false soulmate:**

Female soulmate  
Unsuccessful  
marriage to fantasy  
untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soulmate relationships.

Male soulmate  
Unsuccessful  
marriage to fantasy  
untrue woman



Eternal soulmate marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soulmate / soul partner, our true companion for all eternity.



**WE ARE NEVER MEANT TO BE ALONE!      SOULMATES become SOUL-GROUPS!**

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soulmates. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



Soulmates form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

## NEGATIVE LINES

Friday, 1 June 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: And yes, John, we have a **long family line** on many sides of our extended family tree that have done the hard work of their Healing and attained the Celestial level of truth. Our family tree is more divine than not, whereas or many other family lines it's still the other way round. However there are also a lot like us too, all of which is part of what is happening now slowly being reflected on Earth.

When you come over and can look back through the register of people – now spirits – who have come over and what they have done and those who've done their Healing and how long it took them, it's fascinating. Some of the spirits spend copious amounts of time studying their past hereditary lines. It's all so fascinating and you start to see how incredible the bigger picture really is. It will blow you away John, something you can look forward to, tracing back your ancestry through the ages. And it's all there; and then many of more recent spirits you'll be able to meet and hear their stories, many others have of course left for Paradise, yet still some of the 'ancients' will be around, enough to give you a very in-depth understanding of 'where you have come from'. I'll introduce you to them when you are ready. And it will help turn many keys to the understanding of yourself. You'll be able to see how all your negative lines came into being, and then how each of us are healing them. How we're all individuals and yet also all connected. Your angels will help you understand and see it all in 3d (three dimensions), as if in real time, scrolling through the lives of all your ancestors, in the Hall of Records. And it's all there, nothing is lost, our angels faithfully record everything we do and say, all that we are, so we can see, even 'watch the video', of our conception right through to the present, and then see how all our inherited personality attributes on all the levels came into being.

James: So we can see our parents having sex?

Nanna Beth: Yes, if you want to see that James. Once you've attained the Celestial level, part of what you are granted is access to the 'whole of yourself' in that everything that has been part of your life right from the very beginning. So if you want to see how, where and when, and in what emotional, mental and spiritual condition your parents were in when they conceived you, so you can see it all. Nothing is kept from you. It's all part of you, part of 'you in Creation' and you can 'take it all with you', which means, you'll always have access to such 'records' of yourself.

And then of course the records keep growing as you keep expressing your personality in Creation, all of which 'Is your life'.

James: I don't know that I want to see all of it, can we edit some of it – scrub out the bad parts?

Nanna Beth: That wouldn't leave much left for some people. And no, you can't interfere with any of it, you know that James, how can you say that you ceased to be for a certain amount of time; and you can't edit in a better life for yourself, as some people might want to think about doing. And besides, by the time you are Celestial, you will love all that you've been, including all the worst parts, because you understand they are all what have made you be you; and you really couldn't help being as you were, it's all far bigger than we are; and so you'll cherish all your wrongness, even the most vilest, cruel and most despicable parts.

**WE BEGIN BEING PERFECT then OUR PARENTS MAKES US IMPEFECT and then:**

James noted – Saturday, 2 June 2018: Oh yeah John, I just remembered you wanted me to write what Marion said... hmm – can I remember? It’s never the same, anyhow I think it was something like this:

“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”



**OUR FIRST TEACHERS:**

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the **SACRED and INSPIRED WRITINGS**. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

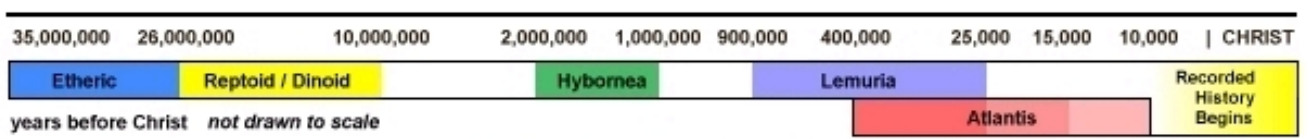
However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world’s major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one’s soul based loving and truth based feelings and bringing about dependence upon one’s erroneous mind. **BC=BCE AD=CE**

**Note:** Lunar cycles were considered years, then seasons as years.

- First Parents, Andon & Fonta, also known as Aman & Amon 1,000,000 years ago
- As a result of Lemuria (Mu)we have Sacred Inspired Writings 300,000 BC (Chaldi College)
- As a result of Master & Mistress Lucifer we have the **Rebellion** 200,000 BC
- As a result of Adam & Eve we have the **Default** 38,000 BC
- As a result of Osiris, we have Osirian 20,000 BC (born in Atlantis)
- As a result of Thoth, we have Osirian in Lower Egypt 14,000 BC (coming from Atlantis)
- As a result of Krishna, we have Hinduism 3,228 BC (birth dates)
- As a result of Abraham, we have Judaism 1,750 BC (+/- 250 years)
- As a result of Moses, we have Judaism and Moses books 1,200 BC (approximately)
- As a result of Zarathushtra,we have Zoroastrianism 630 BC he lived for 242/4 years
- As a result of Lao Tzu, we have Taoism 604 BC
- As a result of Varadhamana Mahavira we have Jainism 599 BC he lived for 72 years
- As a result of Buddha, we have Buddhism 560 BC
- As a result of Confucius, we have Confucism 551 BC
- As a result of Jesus via Paul we have Christianity born August 7 BC died age 35, March 29CE
- Mary of Magdalene, born 2 BC, died age 48, and Jesus of Nazareth, both born free from error.
- As a result of Muhammad, we have Islam 570 AD
- As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord 923 AD to 947 AD period of reign
- As a result of Hiawatha we have Iroquois Confederacy 1550 AD
- As a result of the Second Coming we have Divine Love and then Feeling Healing  
which with Divine Love then is Soul Healing 31 May 1914 AD to around the 2040’s
- As a result certain restrictions of the Rebellion and Default are now lifted.

From the above ancient clay tablets can be found the Lord’s Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

By longing for the truth of one’s feelings and for our Heavenly Parents’ Love is the way forward.

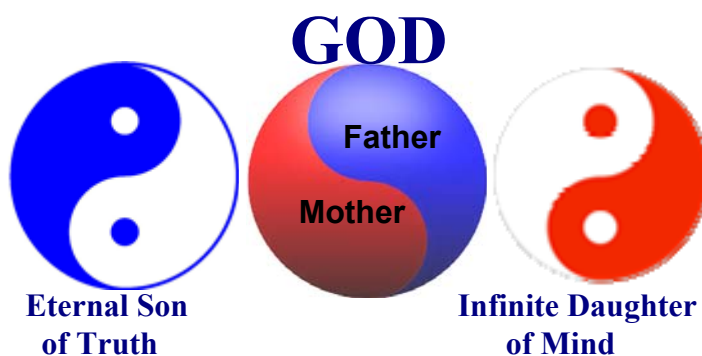


**AVONAL PAIR are TEACHERS**

Saturday, 9 June 2018

James: But surely it's too big a responsibility, to suddenly have the whole world's power shift onto us – I mean seriously Nanna, maybe you Celestials need some other amusement other than making all this shit up for John and I.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: It's not our doing, it's all been done, we're just helping it to come to fruition, however we're still not allowed to tell you much, only a snippet every now and again. However as you can feel James, it's all perfectly in keeping with what you are moving through spiritually. Yesterday in the car that inner transforming feeling you felt on your drive back from Bass was very significant, it's changed a lot of your will alignment, which this with John is part of coming into being. You've crossed into a new phase, as shown by the Eternal Son coming stronger to you yesterday after that inner transformation, and so on your deepest most levels, very significant changes are taking place, which will slowly become manifest in your physical life. And part of what is happening with Crystal and John is reflecting this change on the physical level. And helping you prepare yourself mentally and on a feelings level, for it.



James: Yes, that was a lovely experience, just the sort of thing you need when driving down the road trying to keep your eyes open for wallabies jumping out at you, with tears streaming down my face. So it seems to get madder by the moment. To even image being in control of the money side of the world – John and I, I mean we are truly out there in never-never land. And I guess if that's how it's going to be, it will just happen according to plan?

Nanna Beth: That's right, as I've said, it will, as it can't happen any other way, all work out accordingly. So the money will all be taken care of, looked after properly so John can manage it, and the system will hold together enough, as you both set about changing it.

James: So am I right in thinking that Crystal will dismantle the hidden controllers' power throughout all of this – and is this even what it's all about?

Nanna Beth: Yes, that's right. Not herself specifically, however what she will do, with the help of the Baron (Milverton II) and all he has put in place, will basically do what you are saying. It's to be a whole restructuring of the world, with the hidden controllers no longer in control, and with anyone who seeks such control in future, being swiftly dealt with so as to end such attempts. The world is to live harmoniously together, so with no need for war, no need for all the world's armies, people living co-operatively ending the dysfunction. However of course within that, still people because they are living untrue will want to control and have power over others, however the ways to limit that will be put in place and adhered to. But to do that, the hidden controllers need to be dealt with once and for all, and so John and Crystal and all that's to happen is part of that. And once it gets going, there will quickly become the ways to act so as to sure up the New Way, and to keep putting pressure on the Old Way. Many people are waiting in the wings, sick and tired of how the world has been for all these years, so fed up with the control, and would love to move to a more united, free, free to express yourselves, world.

James: But the world's religions, the next biggest controlling systems, will need to be dealt with.

Nanna Beth: They will be exposed for the untruth that they are, with many people leaving them, once they are given a better alternative and all the reasons why they should end, because of all their deceit and hidden control. It won't take much once the truth starts to gain traction for the untruth to be shown up for what it is.

Nanna Beth: Yes James. However it's all there now waiting to unfold. All the hard work has actually been done, the people to be involved are, mostly unbeknownst to them, prepared and waiting to begin. And when they start, you'll keep hearing them say that somehow they just knew it would be like this, things along those lines, because they've been well and truly 'seeded' by us Celestials. You have no idea as to the vast amount of organisation that has gone on, and is still going into it all, and it's growing by the day.

And you understood yesterday, Mary and Jesus were a tiny pip on the ocean, they came really for Nebadon, to end the Rebellion, humanity was never part of the main project. The truth of the Divine Love had to be revealed, because that's what Mary and Jesus were revealing to the whole of Nebadon (with 3,840,101 inhabited worlds), it was a massive turning point for the whole local universe because up until then, not one, not one spirit could embrace the Divine Love, become divine, and so move on deeper into Nebadon. Everyone was sort of on hold if you like, which was all right because no one was ready to move on, but once Jesus revealed the truth and Mary understood and backed him in it, then that opened the doorway to the rest of Nebadon. So spirits far and wide, who were ready, starting receiving the Divine Love, quickly transforming their soul, some of them doing it almost over night because they were in such Natural love perfection, and it was apparently like a whole wave rushing deeper into the Celestials and then further into Nebadon.

And since then, things have settled down during these past two thousand years, now with each world growing and moving along as it can. And then there was the rebellious worlds to still be dealt with.

And so here we are. With you, James, and Marion about to do such a massive thing for the world as Mary and Jesus did for Nebadon. Jesus came back via James Padgett to reintroduce the Divine Love before you were born. Then with Mary mainly, and Jesus' support, you sorted everything out so far as bringing yourself into alignment with them. And so you set the scene ready to begin. And ready to begin taking the world from that of outright rebellion and default, to ending that and starting it's 'U-Turn', which is really the road back into the truth.

So Jesus and Mary's effect on the world and humanity was very minimal, the Christian church having nothing to do with them being an abomination all of mankind's doing. But the effect the Avonal pair is to have on the wrongness, well that is how each world is going to be brought back into the fold. Each rebellious world is heading as fast as it can in the wrong direction, so the Avonals have to first harness this headlong rush into oblivion by becoming of it themselves, even leading it because they are the most spiritually advanced on the planet, so actually become the most wrong, with them becoming of it in way legitimised it by giving it their stamp of approval.

Then they woke up to the truth realising that it wasn't good, neither for themselves or other people, not for the whole world, so they put the brakes on it for themselves, setting about Healing themselves of it, and in the process, working out how that is to happen, so being able to pass that onto other people should they too want to get themselves out of it. Then once they are Healed, then they have to set about affecting the necessary changes on the world so as to ensure humanity is not only pointed in the right

direction to get itself eventually free of its rebellion, but also ensuring the direction will be maintained once they have left – died. So as you can imagine, you and Marion, are going to, in one way or another, affect quite substantial changes, which is already happening. Those changes John having already documented, along with Samantha living them as she progresses in her Healing. And so you will keep changing the world in these ways as you change yourself. And although you can't see the changes as such, the fact that we Celestials are now very much in control of our side of things is a massive change, and that of itself means humanity will never be the same again, it can never go back to having the mind spirits in control, supporting and evolving the wrongness as such wayward spirits were able to do. So that is a massive change and end to the status quo, and soon other equally massive changes will take place, and so it will go right the way through yours and Marion's life.

So if you are given through John the purse strings of the world, well then that too will be something quite major and no doubt will have transformative effects.

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

## **The New Way, Feelings First Spirituality** **Feelings are your own truth and personality**



# WE ARE CHILDREN



**CONCEPTION being the mother and father of all POLE SHIFTS**

Saturday, 2 June 2018

John: Hi Nanna Beth

It appears that the process of conception can be likened to a person taking a bungee jump without attaching the bungee rope!

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Yes, it does appear that way John, particularly when you're in the thick of it, however once you are free of it, it is the most wondrous thing, and so incredible that we can start off so immersed in the wrong, to live being evil and truth-rejecting and love-denying without even knowing it, then waking up to the 'error of our ways' and then doing our Healing, bringing us to the point of seeing what a magnificent experience we've been given.

John: The infusion of errors and injuries into the newly incarnating soul appears to be massive, rapid and without any let up or limitation.

Nanna Beth: It's all incredible when you think that each soul has been created with it all within it. With the whole pattern of the life its two personalities are going to express in Creation. And in our cases, beginning that self-expression in the negative. And so the parents you had, you were always going to have, it couldn't be any other way. **THERE IS NO CHOICE IN IT!** So it's all planned, it always has been and always will be. It's astounding to get your mind around. So when it was time for your soul, John, to start incarnating the 'John' personality – you, so your parents did what they needed to do, and away it all went. Then they and everyone else in your life helped your soul manifest all the negative aspects you've required; and so it continues, and will continue when it's time for you to start doing your Healing.





John: This event sets the stage for the journey that is just commencing for the pristine loving personality that has nowhere to go but down into the drama of physical life of the newly forming embryo. Oh, it must be even more dramatic should the embryo not be viable by around days 16 to 19 and then know that another opportunity will be provided for this soul!

Nanna Beth: And you understand that for those people who die so early it's the same for them in spirit, they are still inducted into the negative and grow up as spirit children with the negative mind-controlling unloving influences they need. So are parented by 'loving' mind spirits becoming of the yuk, only to one day do their Healing. However that is also to change when the New Age begins because children who die early with parents who are already doing their Healing, will be adopted and so parented by spirits who are doing their Healing, so spirits in the Divine Love worlds, something that has not happened before. So until this time, spirits who've wanted to parent have only been able to do it in the mind worlds, so that has limited and influenced the time of doing their Healing; but soon spirits can begin their Healing without needing to be parents in the mind worlds, parenting instead as they are doing it. And I'm talking about those spirits that have still needed parenting experience, over here.

Yuk

Some spirits requiring it because they didn't get it on Earth, others needing it as part of furthering their negative experience in the wrongness. For as you understand, there is no better way to further your wrongness than to have children. Really it is the worst most evil thing you can do. A serial killer, even a mass murderer, isn't as bad as a parent, as each parent will find out through his or her feelings as they do their Healing. So how does that make you feel? With the serial killer being sorted out in the hells for such actions against another's will, and with all us parents and non-parents alike, being sorted out as we do our Healing. Time in the hells is nothing on a spiritual level compared to what you go through during your Healing. The 'hell' time allows you to become fit enough spiritually to enter into life in Mansion World one. The Healing, which deals directly with yourself as a child and your relationship with your parents, and your own child / children if you are a parent, ascends you in truth up through all the Mansion Worlds. So, as you can see, there is a hell of a lot more to being a parent and a child.

John: And yet, this is all recorded by the attending angels for later review, should one so desire to embark upon such an investigation subsequently to becoming Celestial.

This rapid influx of a massive cocktail of emotional injuries and errors of belief sets the stage for one's quality of life and physical health. The cocktail is so massive that it is such a hard slow slog to heal one's self that few will even consider embracing the Feeling Healing process while living on Earth, let alone doing it.

Nanna Beth: In the beginning, few people will wholly commit to it and completely heal themselves before their die. Many will start it, progressing to varying levels before they die. That is already happening in your small group John. Including many more who will want a taste of it, and many more still will embrace the concept and look to learn all about it.

John: Thus, can it be said that even the major core emotional injuries are not a reflection of any specific physical ailment or discomfort, so much so, that one needs to look to all their feelings, both good and bad, without any possible comprehension as to how this processing may eventually relate to easing any discomfort within their physical body?

From what you conveyed yesterday, it appears that we have a lot to learn as to how one should prepare themselves prior to seeking to have a family.

Nanna Beth: Which is all yet more to do with your mind. You don't need to prepare yourself as such, however for some people that is part of how it will be, not so for others. And for some people it will affect their need to have children, however I assure you John, it won't put anyone off having children anymore than those who are put off already are. People will come to understand that, yes, they can see the problem, even do their Healing, but like Mel and Tommy (characters in James Moncrief's books), still decide to have children wholly understanding they are going to subject their children to their yuk, although a diminished amount compared to how it would have been had they not started their Healing. The soul-urge to have children, will be too strong for most people's mind to say no to having them based solely on not wanting to subject them to evil. Having children, you might like to know, is completely in the department of the soul. Parents or people might think they are in control deciding to have them, but they are not, it's all their souls doing. The Mother and Father through our souls control our need for, desire to have, and the result. Children come into the world (or don't come into the world) because of God, not because of anything humanity does or believes. You go on the pill because you don't want children, but that too is all God's doing, for if God still wants you to have children, then no level of contraception will work. Which is really the same with everything.

Yuk

And parenting children with the awareness of the Wrongness, and even trying to do some Healing, will all have other effects, both good and bad, upon the children, which will be what they need to live and grow up in, express as adults, and Heal. So as you can see, it's part of the broadening of humanity's potential experience, it's a whole new age being introduced, and a high level Spiritual one at that, so it's going to be an intense time for all who are on the Earth. And there's a thousand years to set it in motion, then it will move into the next phase which will be wholly different again because the intense influence of the Spiritual Age will have ended, so humanity will move more into steadily progressing under its own steam toward the Ages of Light and Life.

However in the meantime, there is nothing at all wrong with implementing structured courses teaching people about it all, including introducing things for those who want to be parents to think more about. All so long as it's voluntary and not being forced on anyone, and in particular – children themselves. It's okay for parents to enforce what they will, I mean it's not okay, however within the wrongness that's between the parent and child, but it's not okay for anyone else, like schools or other institutions, like religious ones, to subject children against their will. If the child wants to go to school, fine, if it doesn't like what's happening to it at school then it should be not forced. The free school approach is far more in keeping with an institution honouring the needs of the child. The school can take care of everything else; but it's to look to honouring the will of the child, helping the child bring itself out and express ALL it feels, rather than condition, control and crush it.

[John: Presently, are any of the people who lived at the time of Mary and Jesus still within the Celestial Heavens, and are any connecting and communicating with mediums here on Earth?](#)

Nanna Beth: Yes there are quite a few, and will remain so until the time of the official change over of ages. And then I think most will move on, however a few might stay too, I don't know about that yet, I don't think anyone does, except the Melchizedeks of course and the angels.

Mostly those from Mary and Jesus' time work now as advisors in the change over. We consult them about how it was back then, and how it's been since then, should we need to, which is less and less these days as we now have a pretty good idea about all of that.

And as to whether or not any of them are actively communicating with mediums on Earth now, that too I don't know, but I could find out for you John should you need to know. I think in a limited capacity

they might be still working with some of the Divine Love people, however as you understand, that's pretty much a 'broken record' now. And new people coming to the Padgett Messages or who might want to talk with the Apostles as such, are looked after by more contemporary soulgroups who might for whatever reasons present themselves as such people of the past.

But really John, little is actually happening on the 'Divine Love' front, there is no need for it now as there has been, it's basically served its purpose and so we Celestials are managing it in a 'maintenance' type relationship. And really we wish the whole thing would disappear as it's all now part of the wrongness because of what you are all doing concerning your Healing and advancing the truths and information, so it's sort of like a relic to us in some ways. It was necessary, a further denial of Jesus and Mary M and one that completed their denial, to outrightly deny them directly through the Divine Love, and that has been done and really no longer needs to be done. However of course it will, and those Celestials involved are passionately helping those people they help, however it's not really my area of interest, to be honest.

Luke and John, are still here with us, and will be through to the end, so it is possible they are doing some work with people on Earth. However, as I said, I don't know how much and you'd have to tell James why you want to know. And I could of course have found out, as I know what you are always doing with James, however I've wanted James to feel my saying no to you and that I don't know – something knew for him to think about. Which is in keeping with what he was working through today.

And it also means that you and he will have to keep telling each other exactly what is on your mind and what you want to know, rather than thinking we'll be filling in the gaps for you. It's all about helping you both stay focused more on the personal and the personal on Earth, for that's where you are to concentrate all you are to do. We are to remain in the background, the background of which I have been over this year and a half filling out so you both feel comfortable with it in your different ways. You are at the coal-face and you don't and won't always know what management is working on!

cheers for now and thank you  
John

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

## GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, to be truth-accepting, all of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you; and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really, however technically The Change begins with the dawning of the new Spiritual Age – the Avonal

## THE CHANGE

Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are



doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.

Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people living increasingly in the wrong direction and going further against themselves, once The Change fully starts,

won't be able to evolve further into a deeper or greater rebellious state, however stagnation within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default, and when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

# **REBELLION** & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that, however they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

# **GREAT U Turn** & **THE CHANGE**

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

# **celestial Friends**

# **Avonal AGE**

### GOD is MOTHER and FATHER:

Chapter 'Day 9' of "Paul – City of Light" by James Moncrief

'I have grown in my understanding of truth and of Their relationship with each other, and my role in it, I have also become more aware of Their eternal romance. I am, as we all are, the offspring of these two aspects of God, and I am therefore as you are too, the meeting place through which Their eternal romance takes place. I am, we are, the product of Their love for each other, and when I think of that it helps me to feel how special I am.

'At times I think about how very special and honoured we are to be able to give Them a chance to communicate with each other through us, by having us, children of time and space, Their relationship becomes animated, alive with the joy and laughter of little children.

'I see what you mean, Zeta,' Paul interrupted, 'it does give you nice feelings.'

'Yes, and to know that is why They created you and brought you into existence so They could delight in you as you can in Them. So you can always feel eternally loved by These two wondrous aspects of God, of the One Great Soul, and always know that They are there for you and that They only want you to feel good, true, happy and loved. And when you've done your healing and understand about why your soul – you – chose to experience the negative for its start in Creation, then Their Love for you and yours for Them will be all the more special and sacred.'

Further, Jesus is the living *Son of Truth*, he is the living personification of truth in this universe along with Mary the living *Daughter of Truth*, and you can't get closer to the truth than through them. Just as how you know anything that's the truth is the truth, you just know. Mary of Magdalene and Jesus of Nazareth, being soulmates / soul partners and rulers of our local universe Nebadon, are known as Mary and Jesus of Nebadon. As the Mother and Father are soulmates / soul partners, each and every one of us has a soulmate of the opposite sex also.

Feeling healing is the pathway to begin to live fully expressing one's true personality. We are not to live by a set of rules, even if they are self-imposed, we are to live true to our feelings – always! And our feelings will break all mind-imposed rules, but will lead us to fit in with all soul-expressed rules. And by living true to our feelings, true to ourselves, we will naturally be living true to God's Feelings (and not true to God's Mind and Thoughts) – true to God, so true to God's will; or, true to God's Way. Living true to one's soul. Our pristine soul is encrusted with childhood injuries that we need to express and let go of.

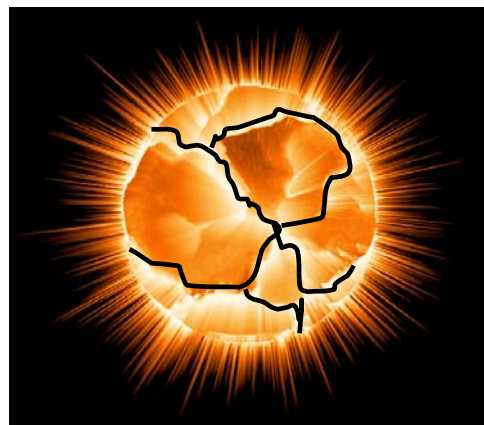


**GOD**



**Mother**

**Father**



# Imagine

- **Imagine the Revelations of how we are to heal and find our way home to our Heavenly Parents have now been given to us by high level spirits.**
- **Imagine the major errors and omissions within the New Testament of the Bible are addressed and revealed.**
- **Imagine Feeling Healing with Divine Love is the way of life and pathway to Paradise – to our Heavenly Mother and Father.**
- **Imagine by living true to ourself, true to our feelings, we are living true to God. It's that simple.**
- **Imagine living by the Golden Rule: that one must always honour another's will as one honours one's own.**
- **Imagine women came to understand their True Liberation is through the Truth of their Feelings.**
- **Imagine that our Healing is through our longing to know the truth behind our feelings, both good and bad; and then express that to a friend!**
- **Imagine we each have two Nature Spirits, two Angels, two Spirit Guides, one Indwelling Spirit of God and the Spirits of Truth who are personally involved with us at all times.**
- **Imagine Feeling Healing (with Divine Love being Soul Healing) opening up the opportunity to personally interact with our very own Nature Spirits.**
- **Imagine Feeling Healing with Divine Love opening up the opportunity to interact with our very own Celestial spirit guides.**
- **Imagine parents understood they were to encourage their children themselves, never denying their child the freedom to express ALL of their feelings.**
- **Imagine if parents began to understand that we cause all the issues in our children through childhood repression and suppression.**
- **Imagine society understands parents cause a child's illness even in embryo.**
- **Imagine a society that began to engage in feeling healing and parents were bringing up children free of the imposts of their own injuries.**
- **Imagine if we were allowed to fully express our true personality.**
- **Imagine people communicating with each other again!**
- **Imagine humanity living Feelings First and embracing Feeling Healing.**
- **Imagine that humanity understood what the Rebellion and Default did to us!**
- **Imagine if all levels of control, that we are subjected to, recognised they are all doing the begging of the Evil Ones – Lucifer and his partners.**

- **Imagine parents, education systems, religious institutions, employers and governments relinquished their controlling ways and dictates.**
- **Imagine the world's scientists whole heartedly began to live through their Feelings – break throughs would occur daily! (Imagine all the crap they would have to get rid of and admit to!)**
- **Imagine through engaging your soul based feelings that nothing is hidden!**
- **Imagine children being conceived to parents who are free from childhood suppression and repression.**
- **Imagine if students were able to determine what they actually wanted to learn.**
- **Imagine a health system that recognised the underlying cause of all illness is childhood suppression and repression.**
- **Imagine – believe it or not – Feeling Healing is a cost free health process!**
- **Imagine we can commence our Feeling Healing even while in junior school.**
- **Imagine bottom up democracy where no one is disenfranchised and people elect true professional representation and may directly frame and pass legislation.**
- **Imagine a judicial system that is free to engage in Feeling Healing in its deliberations of truth and remedies.**
- **Imagine that we begin to recognise and accept our true heritage is our Heavenly Mother and Father and is not our family line going back many generations – we are Their children!**
- **Imagine that the resources to conduct war were aligned for the benefit of all humanity and nature.**
- **Imagine if the Zionists were forced to surrender their financial claims or pay income tax like everyone else.**
- **Imagine this will be the commencement of rebuilding the global financial structures.**
- **Imagine that we recognise our true life partner is our soulmate / soul partner who is always of the opposite sex and we can only come to recognise our soulmate / soul partner once we have fully Healed ourselves.**
- **Imagine that the Revelations and the ending of the Rebellion and Default are distributed through music, plays, television programs and full length movies as well as the print media in all languages to all of humanity.**
- **Imagine when all the aspects of the Change come into play that not one facet of our life will continue in the manner we have grown accustomed to!**



**KEY to our HEALING**

Monday, 28 May 2018

**James:** The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don't want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you're not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are there to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth. You will feel better letting of some steam and releasing some of the bad feelings and emotion from yourself, and it might even inadvertently give rise to a few insights and some cathartic release and even truth, however that's not DOING YOUR HEALING.

The DOING of our Healing is a whole package. You want to uncover the whole truth of yourself, which means for us, the whole truth of our unloving state of being. And unless one has that focus and desire, then you're going to be dipping into your bad feelings, possibly bringing up a bit and even seeing a little truth, but your growth of truth will be slowed and jagged, if at all.

And we want to grow in truth, because that's the Healing of ourselves, getting ourselves out of our untrue truth-denying states.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**PASCAS  
PERS**

**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

## **EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:**

A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.

The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.



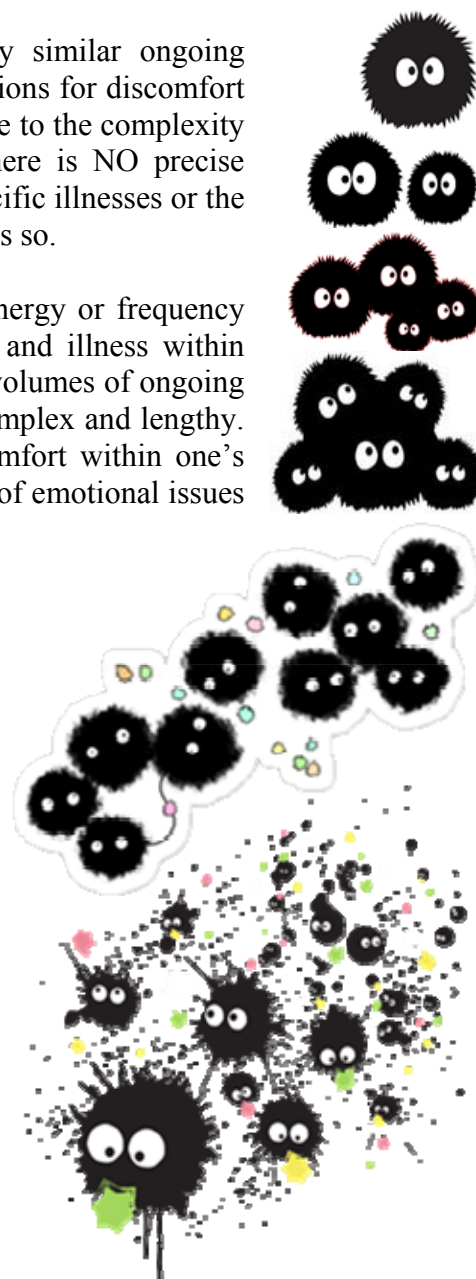
The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.

The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us to a friend – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty in managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you to someone who is interested in you – release the injury.



## **OUR BODY NUDGES US TO LONG FOR TRUTH!**

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018

Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

**PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:**

**We are to uncover the truth of our untruth through the Healing crying Mansion World levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).**



**Spirit Mansion World 3 equivalent on Earth: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.**

**Spirit Mansion World 5 equivalent on Earth: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.**

**Spirit Mansion World 7 equivalent on Earth: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.**

One's acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all one's repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these feelings and emotions are also painful, but are a different pain to when you feel like your mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, you then move into deeper emotions and feelings to be expressed, feeling like you are progressing in letting go of your untrue self, giving up more of your falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall one's Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



**Accept, express and long for the truth of your feelings.**

**Live true to your feelings; your feelings are your true self. Be free in your feelings. Free your feelings from your mind's control. Live true to yourself through your feelings.**

## BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018

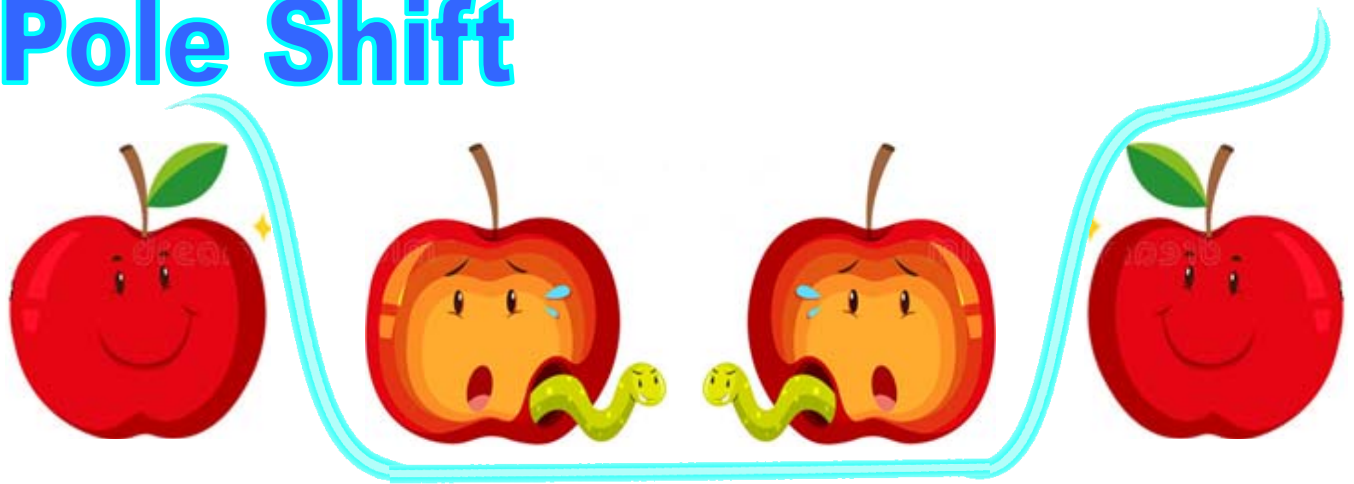


THAT'S THE THING  
ABOUT PAIN.  
IT DEMANDS TO BE  
FELT.





# Pole Shift



**Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.**

**At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.**

**Now, for the first time in the history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.**

**We can, through our Feeling Healing, embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.**

**This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.**

## WRITE OUT THE EMOTION OR FEELING

Tuesday, 29 May 2018

James: If you like Graeme, go back to one of those bad emotions or feeling that reading Mary brought up. **And see if you can write out the emotion or feeling. Start with one word, what is the feeling, such as: Scared.** Then start writing how you feel feeling scared. I feel scared, scared, shaky, nervous... and then, how does feeling those feelings make me feel: Feeling shaky makes me feel... Then stop and long for the truth of these feelings to come, really want them to come up so you can see what they are to show you. Then write more of your bad feelings. And don't try and look back into your childhood for some connection or anything, just stay with the feeling for as long as you can following it where it will lead you. And if it takes you back to your early life, fine, if not, just finish when you've had enough. And if you want to, please send it me. And not for me to judge, because there is no right or wrong about how you're feeling about anything, but just to see how you got on.

The whole thing about what Mary says is that it's grief that caused lung cancer in this woman's mother and possibly the same grief passed onto her child might cause this woman the same problem, unless she somehow gets rids of that grief. And I disagree with a lot of that. How can we know that it's grief or anything else that causes such illness? The illness is caused by masses of childhood problems all coming together manifesting in that illness at that time because really it's to give rise to the necessary feelings that person is to feel through that illness. And we can choose to work with those feelings doing our Healing, or just do our best to guts them out or block them out. This whole understanding of diagnosing an emotion based on a physical problem is just more mind control.

To say you have unexpressed anger because your liver is playing up, shit my liver would well and truly have blown up by now, whereas I've had many stomach reflux problems from anger coming up, even my current sore nose is so much anger driven, along with more fear and misery. **All our emotions are too intertwined, so it's too simplistic to narrow it down to one thing like Mary has. Our Healing is vastly more complex,** and really it doesn't matter what parts of the physical body stuff up, it's just that they will and do, all so as to bring up more bad feelings for us to embrace, express and long for the truth of.



## REPRESSED STATE RELATED WITH CERTAIN ILLNESS

Friday, 1 June 2018

James: John wanted to know if you could please comment on the fact of **our bodies showing our repressed state, with certain illness and physical problems being related to the same or similar traumas we've suffered when young.** Something like that – I think.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Only very mildly, are they James. As you understand, certain characteristics one might share in common with certain repressed feelings, however it doesn't really matter because focusing on an illness or specific dysfunctional part of the body, or even part of one's emotional or mental state, is limiting too much what your feelings will be wanting to help you uncover about yourself. The illness is only one specific snapshot if you like, and even its duration is in a sense neither here nor there, it again being all too specific for the individual concerned, even if they show similar symptoms with other people seeming to suffer the same problems.

However having said that, I don't want to belittle any experience, they are all vital and valuable in your quest for truth. So really trying to look at the illness in any terms other than just trying to express all the feelings that result from it so as to uncover all the truth your soul wants you to see, is just getting caught up in the mind side of things. However, having said that, if you feel and think all that mind stuff, whilst you are intent on expressing all you feel, then so too should that all be brought out.



There are individual reasons why you get sick for example, all of which each individual is to uncover through the feelings resulting from that illness. And of course many will be similar to other people suffering from the same things, many of the same bad feelings involved, however as it all is to lead you to the truth of your relationships with your parents, so that's when it all becomes very different. For even if say two people felt miserable because of feeling abandoned by their parents, how that all came about and how they have suffered and what they have done to keep such bad feeling repressed, will all be highly personal. And the more personal and more you can stay focused on the person, the better. Humanity as part of its current denial is too heavily influenced by the impersonal, put everything into mental categories, name all the disease and problems, do this or that to fix them, it's all what needs to go.

*"The True Liberation of Women is Through the Truth of Their Feelings."*

## **SUPERKIDS**

### **Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



**Feelings First**

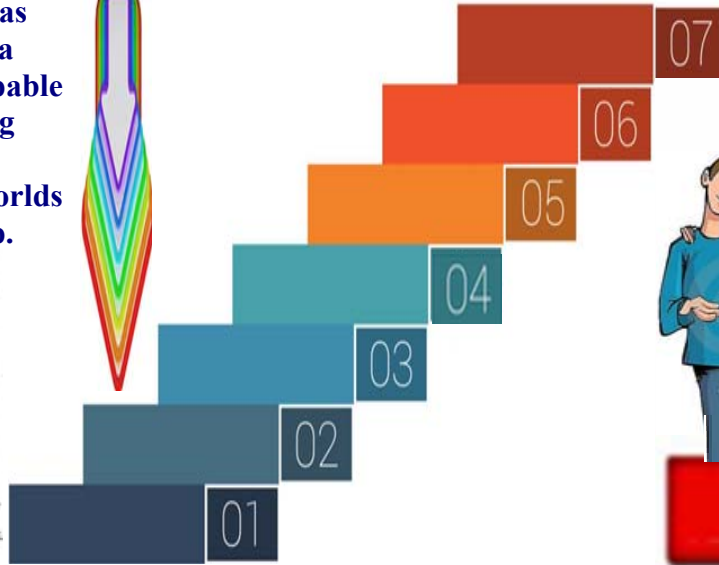
<http://www.pascashealth.com/index.php/library.html>

### **Library Downloads – Pascas Papers**

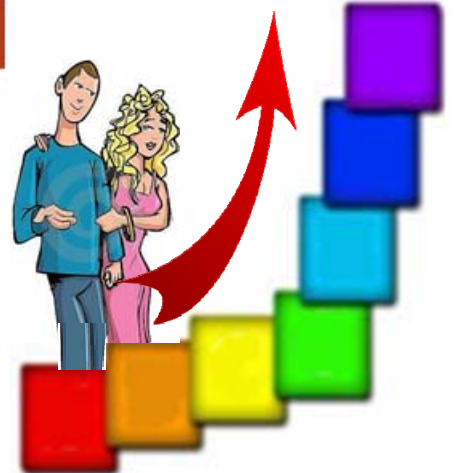
All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

# Humanity's UPSIDE OF DOWN

Humanity has devolved to a stupor incapable of recovering through the Mansion Worlds without help.



Celestial Soul Condition



Humanity is now to embrace the Great U-Turn and retrace through all the seven sets of sub-planes that contain the seven sub-sub-planes and so on, to progress up through each to the seven Mansion Worlds through Feeling Healing, and then with Divine Love, fuse their soul with their indwelling spirit, and in so doing, as one soul manifests two personalities, we arrive into the first Celestial Heaven condition to join our soulmate and then soulgroup.



**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

**FEELING HEALING PROGRESS DOES NOT CHANGE OUR PERSONALITY:**

Through our Healing, we work our way up to a Celestial Soul Condition whilst retaining all our erroneous patterns. We express out of us all our repressed emotions and blocked feelings showing us the truth of why we have them. We then change and feel much better about ourselves, becoming more self-aware and self-accepting. Then when we've uncovered the whole truth of our unloving state, and our erroneous patterns leave us, our Healing is completed.



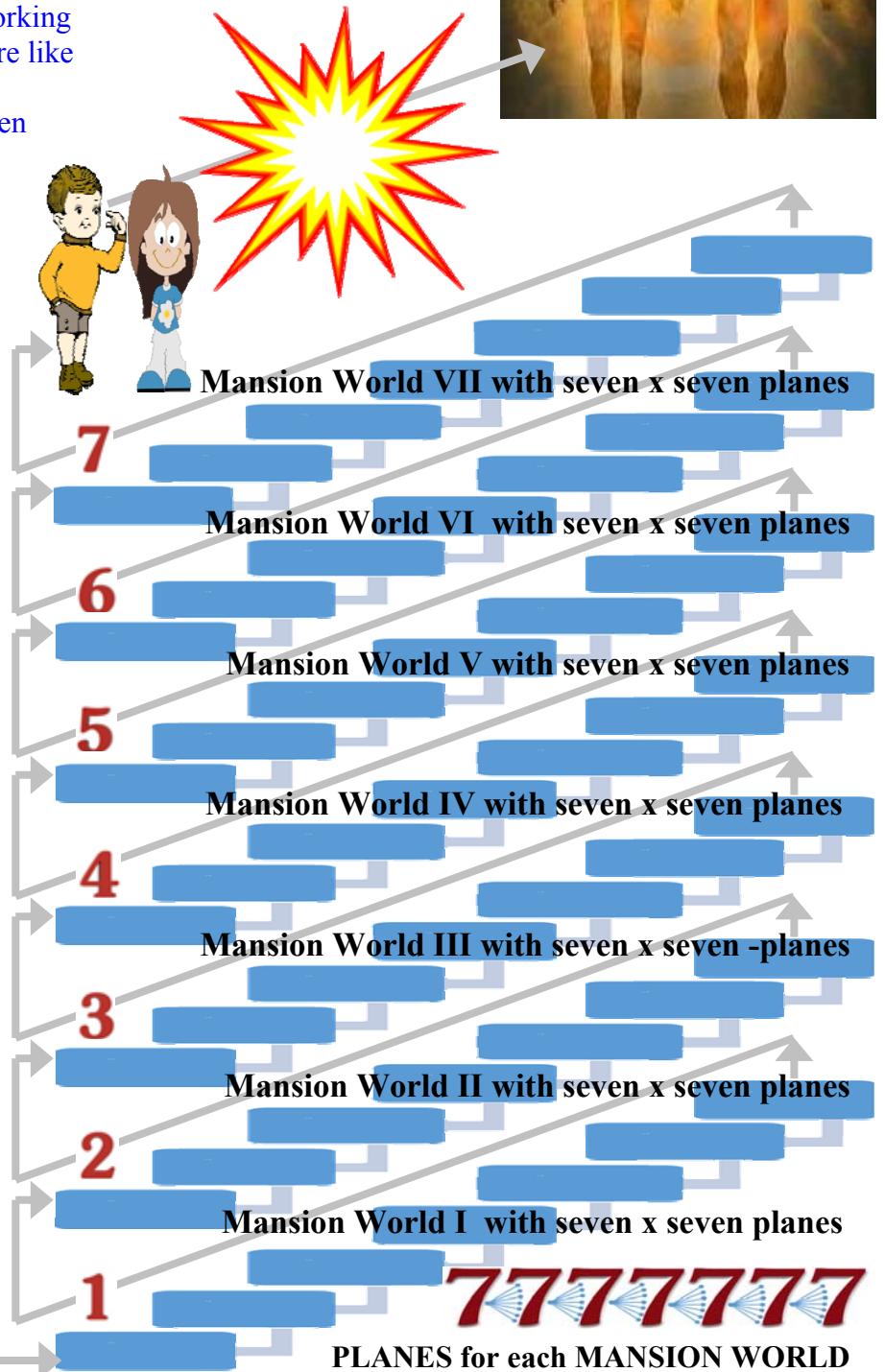
So it's not so much a journey working our way up the pyramid, it's more like moving up a series of elevators, working through each of the seven worlds and seeing how untrue and wrong we are.

And by the time we get to the top, we're fully cognisant of our 'sins and errors' and why we've felt all the bad feelings we had and how our negative beliefs kept us strapped within our truth-denying state.

Our Healing is our seeing the whole truth of our distorted way of being. And once we've seen it, then our soul transforms us out of our negative truth-denying state into a positive truth-loving one. We are still the same personality, only we're now living happily with ourselves rather than unhappily against ourselves.

Our final transition from being of a rebellious condition of mind to a Celestial Soul Condition of feelings, is glorious.

**Mind  
Worshipping  
Zombies in  
a Stupor**



**FEELING HEALING:**

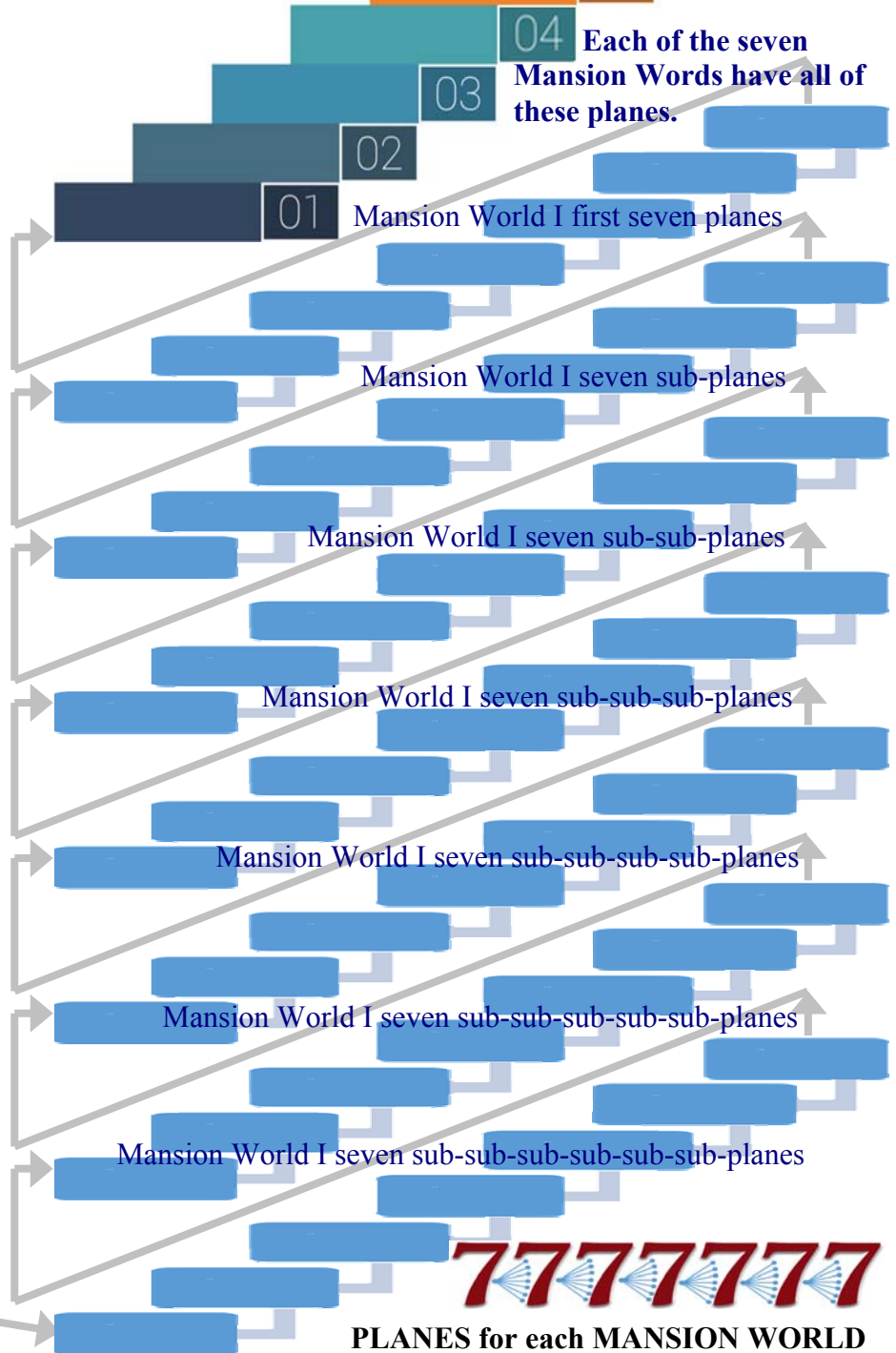
Childhood repression and its suppression, from conception through to around the age of 6 years, is the underlying cause of all ailments that arise throughout one's life.

Our parents pass onto us all that was erroneously infused into them by their parents, and so back through the generations.

It is only through longing for the truth of one's feelings, both good and bad, and expressing what comes up that we can work through the many layers of infused mind addictions and heal our erroneous beliefs and harm that we have endured.

Should our parents engage in their Feeling Healing then their children will mirror much of the healing that their parents achieve, thus physically and emotionally benefiting in a similar way.

Healing can bring us into Celestial Soul Condition while living on Earth.



**7777777**

**PLANES for each MANSION WORLD**

**WE EACH HAVE UNIQUE ISSUES TO HEAL THROUGH OUR ASCENSION, THROUGH EACH OF THE SEVEN MANSION WORLDS!**



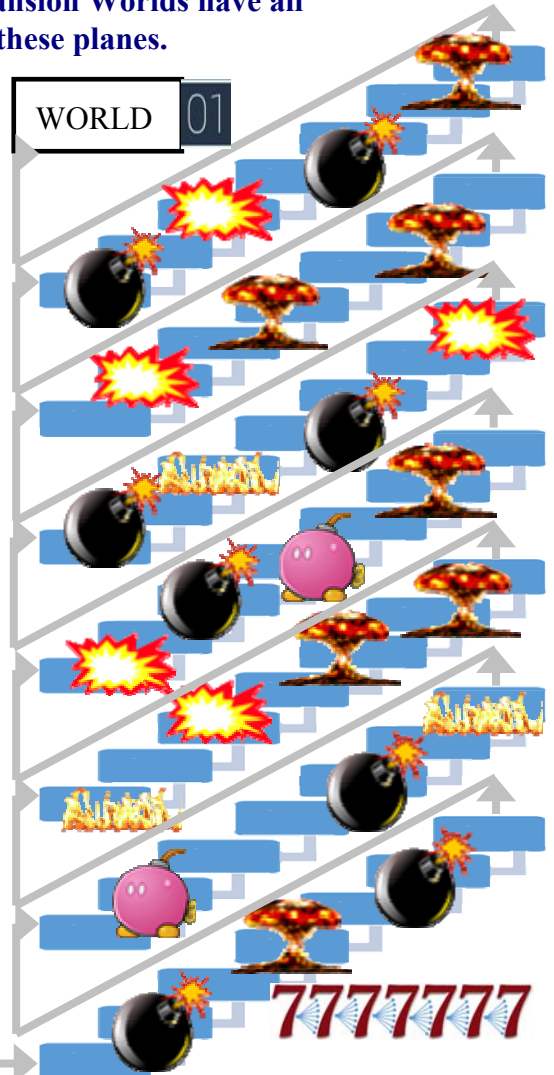
Happy Parents and Unhappy Parents are all born into the Rebellion and Default. The children all absorb the errors and emotional issues of their parents tailored to suit their personality which is unique to their soul. Our issues are unique and no healing is the same as for any other person.



**Feelings First**

Each of the seven Mansion Worlds have all of these planes.

Mansion World 1 of 7



**Both Mind  
Worshipping  
in a stupor**



PLANES for each MANSION WORLD, we have seven Mansion Worlds to work progressively up through to heal ourselves of the Rebellion and Default.

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

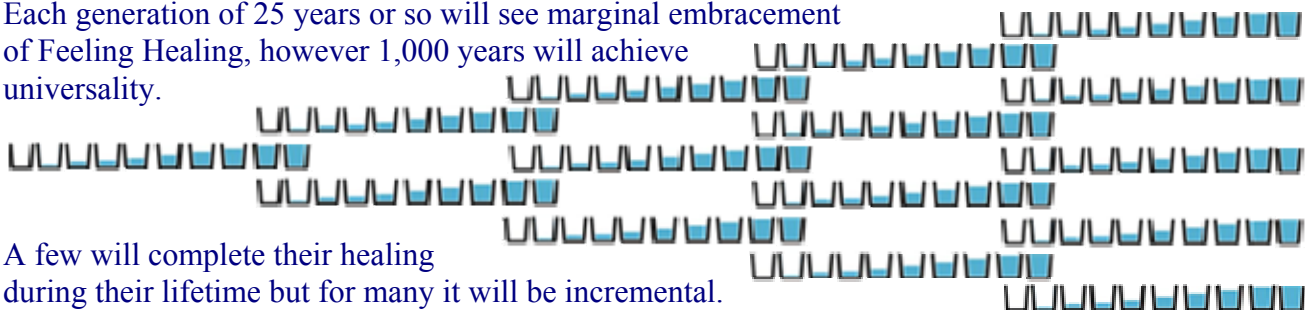
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>			
<b>    The Urantia Book</b>	<b>1925 – 1935</b>		<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>    containing the Padgett Messages or</b>			
<b>Little Book of Truths</b>			<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>
<b>Available generally from:</b>			
<b><a href="http://www.lulu.com">www.lulu.com</a></b>	<b><a href="http://www.amazon.com">www.amazon.com</a></b>	<b><a href="http://www.bookdepository.com">www.bookdepository.com</a></b>	
<b>For Divine Love focused websites and forums:</b>			
<b>Pascas Health:</b>	<b><a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a></b>		
<b>Spiritual Development:</b>	<b><a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a></b>		
<b>Padgett Books:</b>	<b><a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a></b>		
<b><a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a></b>			

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) .



**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

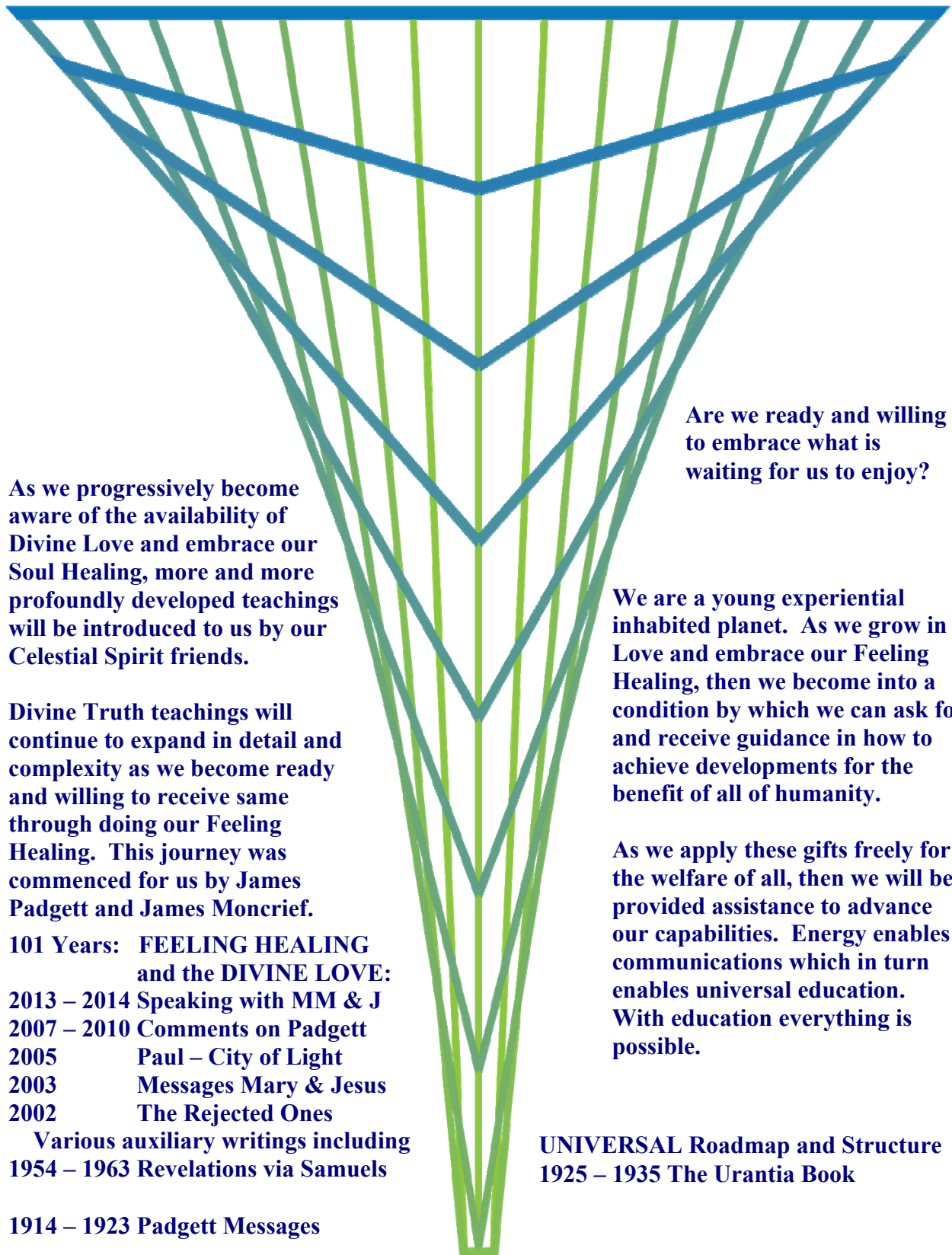
Pascas Care Letters A Huge Upturn  
 Pascas Care Letters Big Revelation  
 Pascas Care Letters Feeling Healing Benefits Children  
 Pascas Care Letters Feeling Healing Way  
 Pascas Care Letters Little Children  
 Pascas Care Letters Women’s Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
 Pascas Care – Feeling Healing All is Within  
 Pascas Care – Feeling Healing and Health  
 Pascas Care – Feeling Healing and History  
 Pascas Care – Feeling Healing and Parenting  
 Pascas Care – Feeling Healing and Rebellion  
 Pascas Care – Feeling Healing and Starting  
 Pascas Care – Feeling Healing and Will  
 Pascas Care – Feeling Healing Angel Assistance  
 Pascas Care – Feeling Healing Being Unloved  
 Pascas Care – Feeling Healing Child Control  
 Pascas Care – Feeling Healing Childhood Repression  
 Pascas Care – Feeling Healing End Times  
 Pascas Care – Feeling Healing is Rebellious  
 Pascas Care – Feeling Healing Live True  
 Pascas Care – Feeling Healing Mary Speaks  
 Pascas Care – Feeling Healing My Soul  
 Pascas Care – Feeling Healing Perfect State  
 Pascas Care – Feeling Healing Revelations X 2  
 Pascas Care – Feeling Healing the Future  
 Pascas Care – Feeling Healing Trust Yourself  
 Pascas Care – Feeling Healing Versus Cult

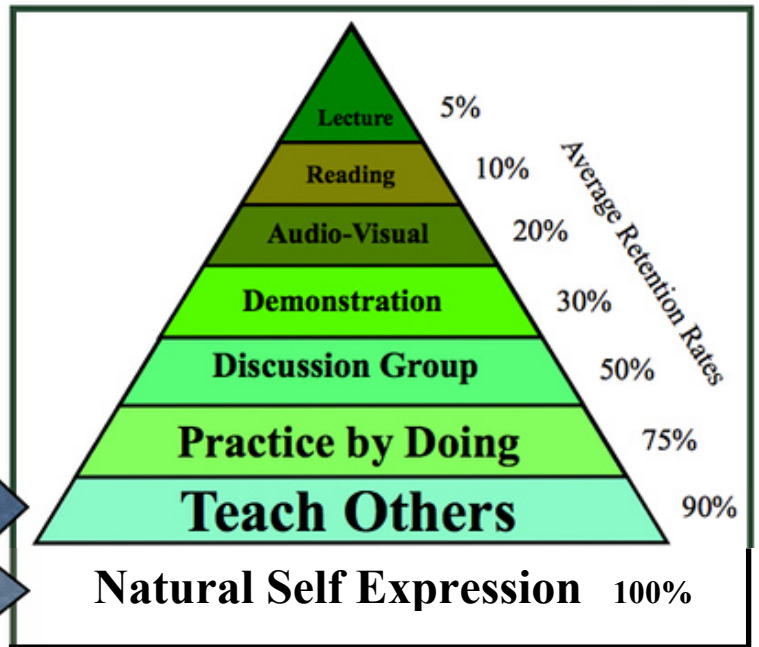
**PASCAS  
 PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





### The Learning Pyramid



perceived truth MoC 880 – relative truth potential MoC 1,480