

# PASCAS UNIVERSITY CHALDI TAFE COLLEGE

## Education

## Core Errors

### Feelings

### Orientated

### Education

### All Cultures - All Ages

Chaldi Child Care Centre

“Peace And Spirit Creating Alternative Solutions”

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## Pascas University Education Core Errors

Throughout history, humanity has had many options presented to it to choose from. Invariably we have chosen the most difficult – the wrong one. Or have we?

The choice has mostly been taken from us by the few who imposed their private agendas upon us. We are incredibly endowed yet we have submitted to being retarded and restrained to mediocrity. In our naïve state we embraced the illusion of potentially becoming mini-gods through the power of our minds. We have all but worshipped our minds to the exclusion of our feelings. It is our feelings that are always in truth and consequently love.

Through our mind's addiction to error, as our mind cannot discern truth from falsehood, we make and undertake many erroneous activities every day. Our minds are addicted to control, control over others and the environment around us. As we impose our will upon others we accumulate the need to compensate – what pain we cause another is the pain we will experience. It is that simple!

All of this keeps us from progressing beyond 499 on Dr David R Hawkins' Map of Consciousness, the level of Reason, and this is also the ceiling of the 1<sup>st</sup> of the seven spirit Mansion Worlds. Through living mind-centric we remain in the control of those who imposed this error upon us – each of us.

Educators have demonstrated that feeling orientated education systems enable national curriculums to be completed by students in as little as one third of the regular time. Many also complete a university degree course while progressing through school simultaneously.

When we look beyond the education system we find the same corruption and retardation imposed upon us through every institutionalised system worldwide. In fact, the genius nature of those who have kept us in our zombie state in so many similar but differing ways is fascinating. However, they have been shut down and now we are having revealed to us all as to how we can put aside their imposed 'Rebellion and Default' and heal ourselves of their gross corruption and evilness.

This will take many generations to unfold, but now that we know, we cannot unknow. We will all eventually take the steps to free ourselves and blossom into who and what we are meant to be – our true self, our true personality that we have been blessed with, and then we will fully and truthfully express our self and the wonders of our potential will unfold for each of us.

Our awful experiences will not be lost or wasted. Now that we each are uniquely gifted with such negative experiences, our ongoing journey may find us assisting others from being entrapped into similar ways by other wayward corruptors. We are unique in having perfected imperfection.

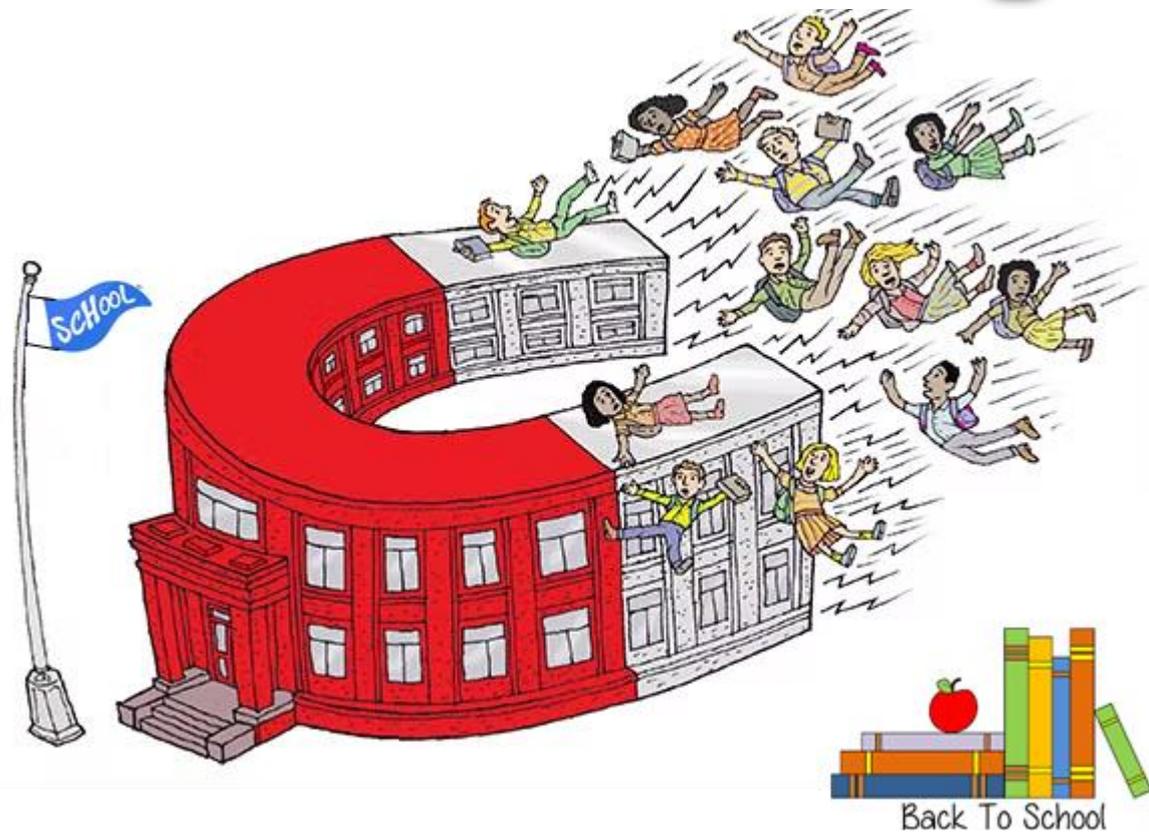
Now we are to take the tiny steps to start the Great U-Turn and this we will, little by little. The amazing thing is that living Feelings First is so incredibly freeing. Further, we find that we are productive in all that we engage in as we are no longer entrapped by our mind's errors and ongoing suppression. Often what we do is seemingly unexplainable – but the results are always positive and a benefit to many.

It is not easy – but we will all make these changes. Some will take the steps now, while most will more likely put it off for the foreseeable future.

As we embrace these changes, more and more is personally revealed to us. Consequently, this is the most exciting time in the history of humanity.

**Firstly**, recognise Childhood Suppression generally and then specifically as to how it has impacted us personally, then seek to understand the truth behind our feelings arising from our personal experiences.

# Health and Healing



By expressing our feelings, both good and bad, that is, by talking out our discomforts to a companion, we are expressing the injuries that we have incurred throughout our lives. These injuries and disturbing experiences all stem back to our early forming years, our early childhood. As we yearn to know the truth behind these experiences we will confront our Childhood Suppressions which commenced from the moment of our conception and continued through to the age of six years, all being the years of our early childhood, our forming years. The pain and discomfort of expressing these events will not exceed the pain and discomfort that we experienced during our early childhood.

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

James Moncrief 28 May 2018

Nor will any illness or disease will cause us greater pain and discomfort than we experienced during our Childhood Suppression. We are also to yearn to know why we are experiencing any such illness.

Our Feeling Healing will not abate until we totally finish all of it. Should it diminish along the pathway then we simply would not complete our Feeling Healing.

It is the disruption to the soul light coming into our spirit body and then physical body and its return to our soul that brings about all of our discomforts, pains, illnesses and diseases. However, when we complete our Feeling Healing then we have no need for further discomforts, pains, illnesses and diseases.

Our destiny is through our Feeling Healing and the asking for and receiving of our Heavenly Parents' Love, Their Divine Love, which we all will do so as to enter the Celestial Heavens. We can achieve that state now while living in the physical.

Embracing our feelings as a way of living is opening the pathway for each and every person to evolve.

Amazingly, few have understood that our mind cannot discern truth from falsehood, that our mind is addicted to untruth; also our mind is addicted to control, control over others and the environment. Thus we have the foundations of all the social ills to be found throughout every society. When we make an assumption, it is a product of the mind. When we 'think' of form an 'opinion', these are products of the mind. Assumptions, thinking and opinions error around 98% of the time! We fluke some now and again.

Our feelings are always in truth. We are actually fully and totally endowed with all we need to know, yet we have been denied this through the way we each have been brought up – we are each indoctrinated to be mind-centric, to literally worship our minds, to suppress our feelings. Every facet of our living reinforces this erroneous dogma. Our childhood upbringing is based on mind-centricity – Johnny, don't be stupid, use your head! Johnny, if I hear another whimper out of you I will smack you – this is suppression of our feelings.

Consequently, we are diminished from our pristine true self to that of the personality and consciousness level of our parents by the time we are six years old. This is why humanity is stagnating. Generation after generation is a mirror of the previous. This is why society cannot advance or solve anything!

Living feelings first, living true to ourselves, will see evolution cumulatively unfold generation after generation. The drain on governmental social services will progressively diminish. Education will become fun and the time to complete our schooling may reduce from 12 years to as little as 4 years!

## EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING  
OVER and OVER and  
EXPECTING DIFFERENT  
RESULTS.

NO PROBLEM CAN BE SOLVED  
FROM THE SAME LEVEL OF  
CONSCIOUSNESS THAT CREATED  
IT.  
-ALBERT EINSTEIN

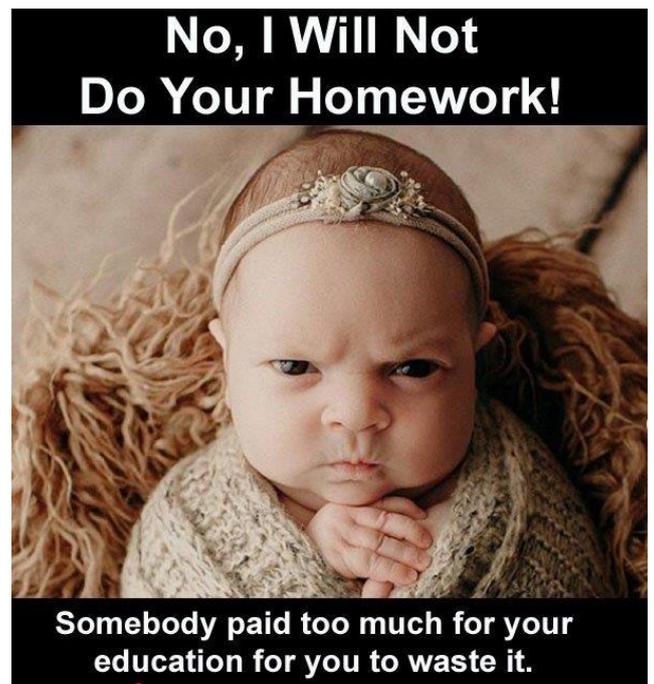


We arrive in the physical in a pristine condition. Our parents and carers infuse us with all of their emotional errors and misbeliefs, particularly to live mind-centric. Now we are to talk it out to a companion, to live feelings first while longing for the truth about what we feel.

# Education Core Errors

Well, some of them!!!

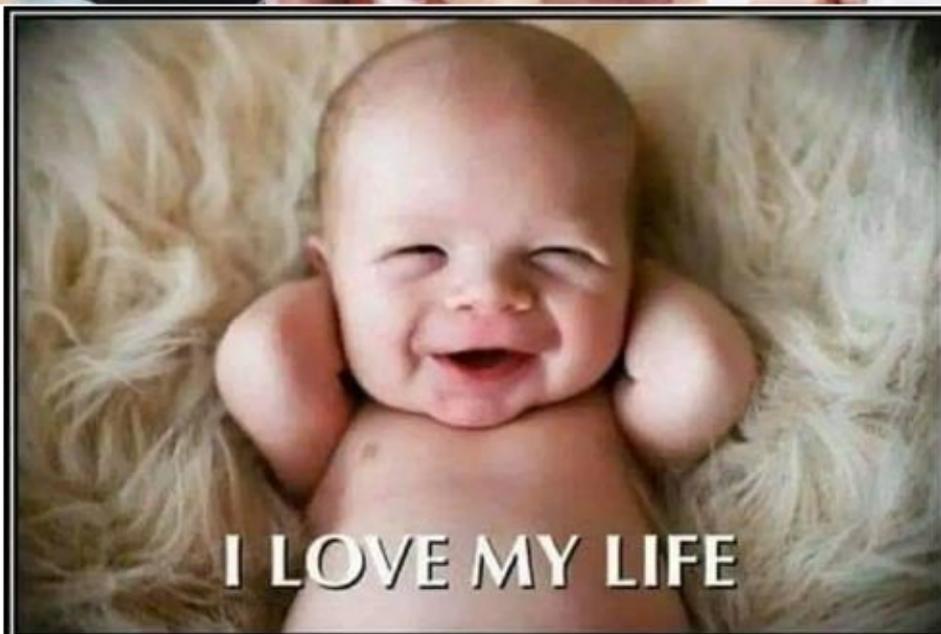
1. Assumptions, 'I think', In my opinion ...
2. Mind centricity is suppression!
3. Feelings first is freedom
4. Childhood Suppression
5. Talking it out! Meeting hubs, discussion pits and tutoring zones.
6. Parenting
7. Soul light and our health
8. Divide and Conquer
9. We learn by doing
10. Controlled from the Moment of Our Conception
11. Ask, ask again and then ask some more
12. Discernment of truth and the level thereof
13. Technology dependence is avoidance of experiencing
14. Racial divides are the makings of the mind's addiction to control
15. Education, schooling is meant to be fun!
16. Nutrition – Fresh is Best!
17. Carbon Dioxide (CO<sup>2</sup>)
18. Following one's passions
19. Our uniqueness and our journey
20. Law of Compensation and Law of Cooperation
21. Revelations
22. Great U-Turn



**This time, in the history of humanity, is the most exciting time ever experienced.**



**“SOMETHING NONHUMAN DOESN'T  
BECOME HUMAN BY GETTING OLDER AND  
BIGGER. WHATEVER IS HUMAN IS HUMAN  
FROM THE BEGINNING”**



## 1. Assumptions, 'I think', In my opinion ...

### **ASSUMPTIONS** and the **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

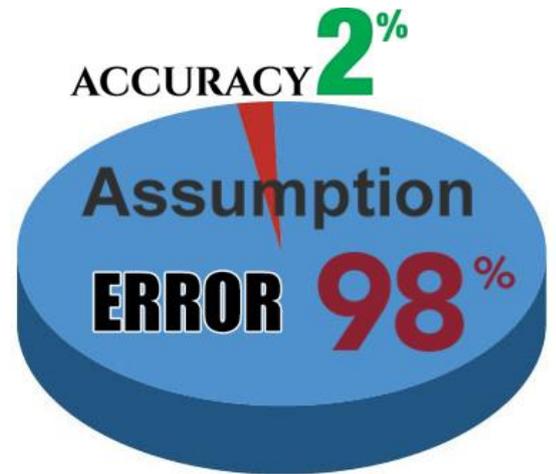
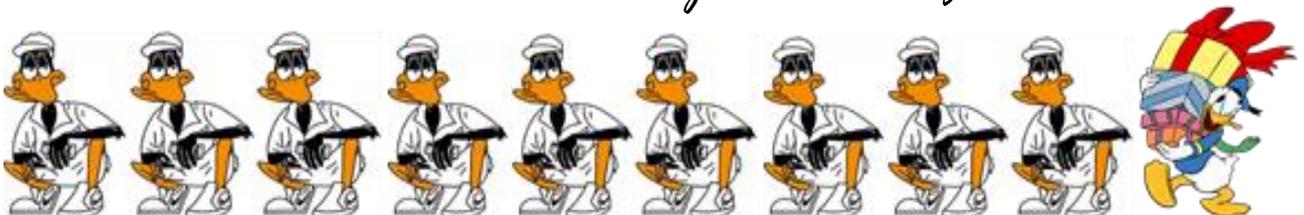
It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.

*Ten ducks in a row, but one always misleading or misled!*



# ASSUMPTIONS *and the* MIND

Truth, until now, has been 'rationalised' by the mind. The mind cannot discern what truth is. The mind is addicted to untruth as well as control over the environment, others and the personality to which it is associated with – you and me!

My personal experience is that through the mind, assumptions are generally about 98% flawed and in error. The 2% accuracy is from flukes!

You may listen to endless 'debates' and discussions that may go on for hours and the mental hi-jinks are pathetically insane.

When you quietly sit there and use kinesiology muscle testing you can resolve what the answer to what is being debated in seconds – well minutes in some cases.

You may wonder why this is not generally known. Dr David R Hawkins published Power vs Force in 1995. Well, it does not suit people that want to keep secrets. Further, the process is free – you do not make a profit out of it!

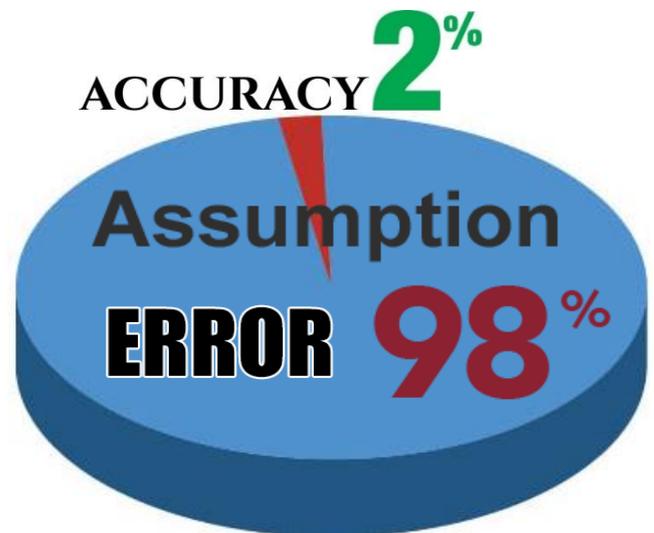
What is true and what is false can be determined in seconds. You do not have to read the material, document, book or see the movie – you can calibrate the level of truth of anything in seconds. Not only can you determine if something is in truth or not true, but also the level of that truth. You can calibrate a book, then its chapters, then page by page, paragraph, line, whatever you feel is needed by you.

A few followed the secret process of the election of a pope for the Roman Catholic Church. They determined who the front runners were, what the elimination round of voting resolved, then down to the final two, who they were, then who won, and then who voted for him and who didn't. They had answers before the black then white smoke came out of the chimney. It is not difficult, you can do it.

The focus here on 'assumptions' is that a great deal of what we live our lives by is based on assumptions. All of these assumptions can now be revisited and the restructuring that will follow will be all embracing.

**Suppression of feelings being the core cause!**

**Suppression & Repression = Universal Depression**



# I Think



We frequently find ourselves in a conversation that starts with “I think ...” and we automatically cringe not understanding why we do so.

“I think ...” is our addiction to being controlled by our minds and of suppressing our feelings, our soul based feelings that are always in truth and it is our feelings that we are to embrace and have our minds to follow in support, not how it is for all of us presently.

“I think ...” is innately telling us that what we are about to listen to is what that person’s control and error addicted mind is going to impose upon us and that the conversation will be a pointless endeavour to shift that person to some level of truth and away from control of others.



“I think ...” is the imposition of an assumption or multiple assumptions in keeping each of us submitted to the repression that has been imposed upon us throughout our childhood forming years. This is all about our capitulation to the Rebellion and Default. We can all recall our parents frequently asking us what do we think! The question is to be **“What do you FEEL?”** When you ask that question of a person, their response is instantaneous and it is their soul’s truth emerging – not our mind’s 98% in error assumptions that are tiresome and debilitating to say the least.

~~“I think...”~~

Following our healing and then ascension through our local universe of Nebadon, before leaving Nebadon we return our mind to the Divine Minister and embrace the mind of the Infinite Daughter, the God of Mind. The mind of the Infinite Daughter enables us to progress to Paradise, the home of our Heavenly Mother and Father. The Eternal Son is the God of Truth. The Divine Minister is of the mind whereas Mary and Jesus are of the truth for our local universe of Nebadon.

When we embrace how to use our minds in the appropriate manner, then we will find our minds being wonderful. Our lives are all about experiences and what arises from our feelings about each experience. This is all in preparation for when we achieve our ultimate status as a Finaliter which occurs when we arrive in Paradise. Then we will be well prepared for the ongoing assignments throughout the outer universes now forming.

IT'S ALL ABOUT  
**Experiences**  
&  
**feelings**

# What do you FEEL?

# Assumption + I Think ...

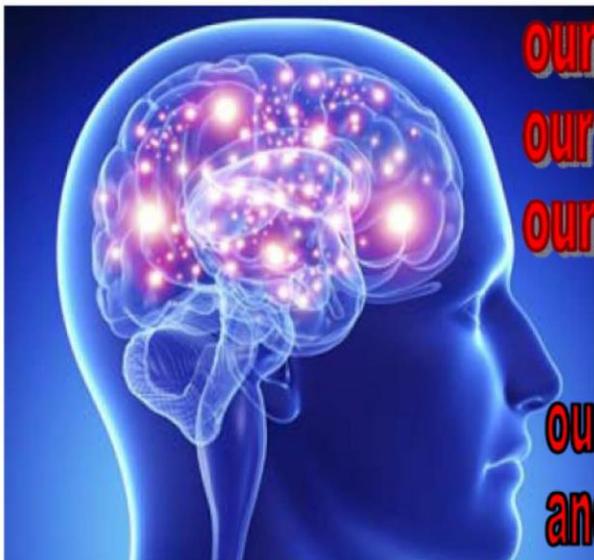


**98% of assumptions are in error, the other 2% are flukes.**

**The best investigation reveals a 96% error rate only!**

**It is not generally understood that our minds are addicted to untruth. Once we recognise this then much becomes obvious.**

**No wonder we may cringe when someone starts a conversation with "I think ..."**



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

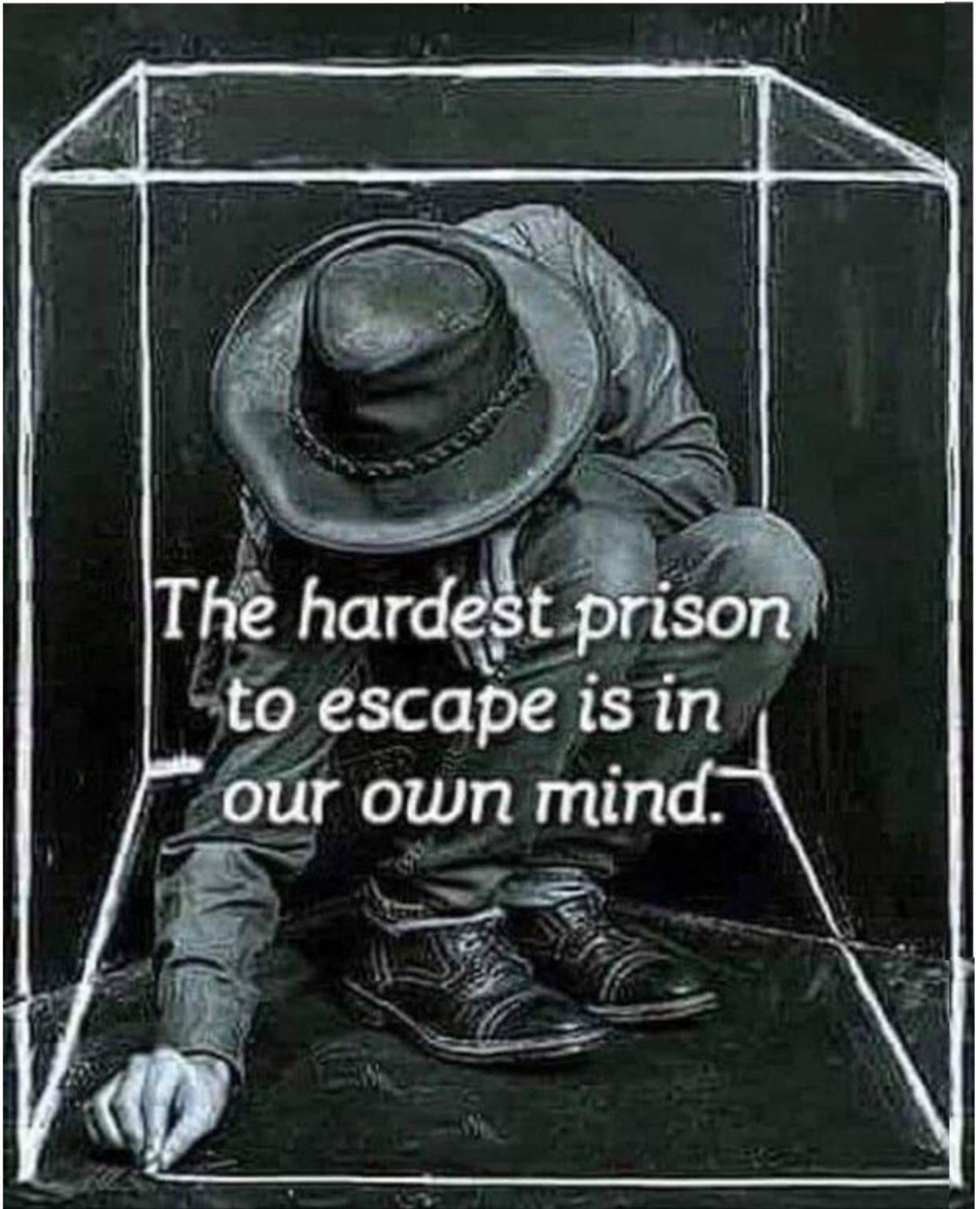
**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**



## 2. Mind centricity is suppression!

# Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind-centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

## WHOLE DIFFERENT Way of Life.



## **LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY**

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1<sup>st</sup> spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2<sup>nd</sup> and 4<sup>th</sup> only to reach a dead end at the 6<sup>th</sup> spirit mind Mansion World, never getting out of the hells and entering the 1<sup>st</sup> of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**  
However:
  - Parents have NO understanding of Love.**
  - Parents have NO understanding of Law of Free Will.**
  - Parents have NO understanding of blocking emotions.**
  - Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

**Parents abandon Children emotionally!**

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

# NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!



We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and error – we each do not forget ANYTHING!

We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.



It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete, our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.



It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sort to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

# NOTHING IS EVER FORGOTTEN

### 3. Feelings first is freedom:

## **NEW FEELINGS WAY** A WAY OF LIVING.

The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which we are more than likely denying, all so we bring the truth of why we are feeling them to light. This is getting to know oneself – the truth of how we are. It's living true to our feelings. Accepting, expressing and longing (wanting) to find the truth of them within oneself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

The difference as to living as we currently do – the Old Way – which is mostly feeling-denial and believing we are expressing our feelings, is still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what we are doing, focusing on our bad feelings in particular, the ones we are most likely to deny; fully acknowledging them, bringing them up and out of us by expressing all they make us feel and all we feel having them, all as we long and want with all our heart to know the truth of why we are feeling them. Understanding that that truth is going to be very confronting, because it's going to show us the truth of all our relationships, with oneself, our parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If we want to carry on in the Old Way, sure, being more feeling expressive will generally help our relationships, however that's not what the New Feelings Way is all about. The Old Way, which is the current way for most people, is denying the truth of ourselves by denying our feelings. The New Way, is working with and wanting our feelings to show us the truth of oneself.

Having someone to talk to who is willing to listen to us expressing all our feeling without trying to stop us, is just one part of how to express our feelings in order to help us uncover the truth of them. It does matter what we talk about, otherwise we continue in a truth denying state, the Old Way. In the New Feelings Way, it very much matters what we talk about, which is all our feelings and all how they are making us feel, all so we can find the truth of them. The New Feelings Way is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN OURSELF. And doing that through our feelings. It's all about the Truth; that is what we're setting out to do, so not to water that down. The Old way is all about not finding the truth and doing all we can to deny it. So do you see, it's not just about talking in general, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

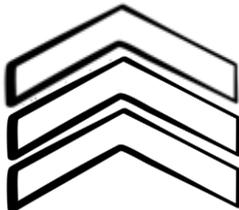
The feelings and self-expression side of The New Way is talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour. And so how to do that is by using our feelings – which leads us into doing our Spiritual Healing.

yuk

**Celestial Truth:**

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;

Fully Healed of the Rebellion and Default.

**THE FEELING WAY**

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**The CHOICE is OURS to MAKE:****THE MIND WAY**

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

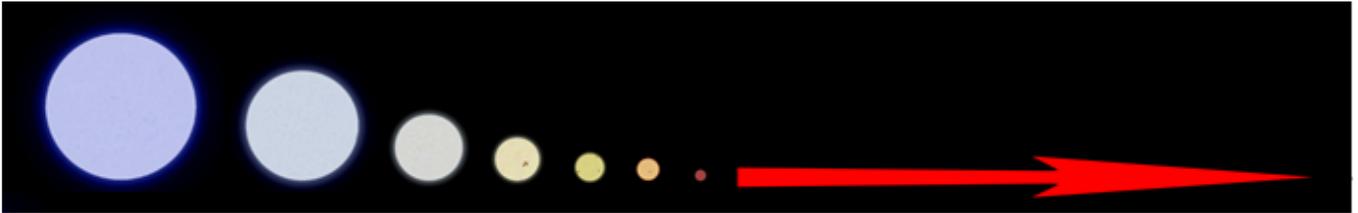
#### 4. Childhood Suppression:

*Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.*

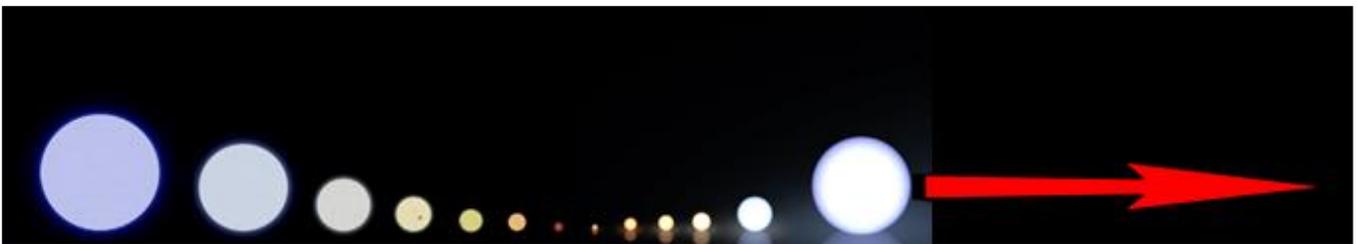


**NEW WAY  
FEELINGS**

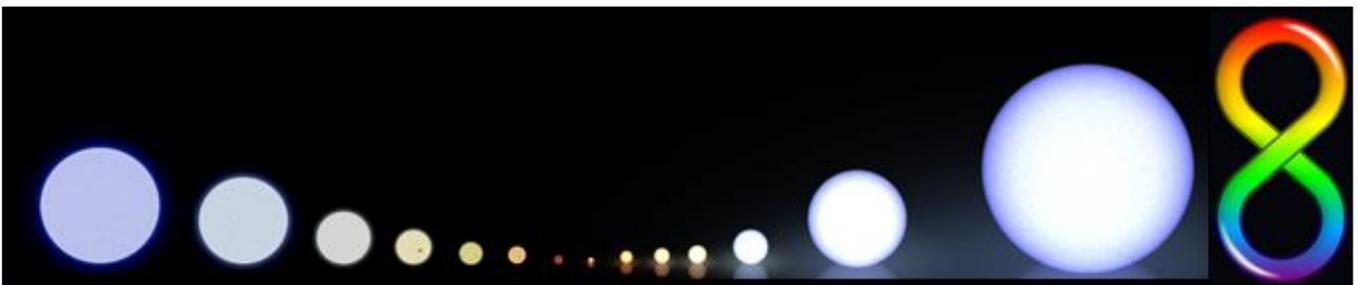
## OUR CHOICE!



The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins' Map of Consciousness scale – the largest sphere above. From that moment on we are being 'fire hosed' the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons.



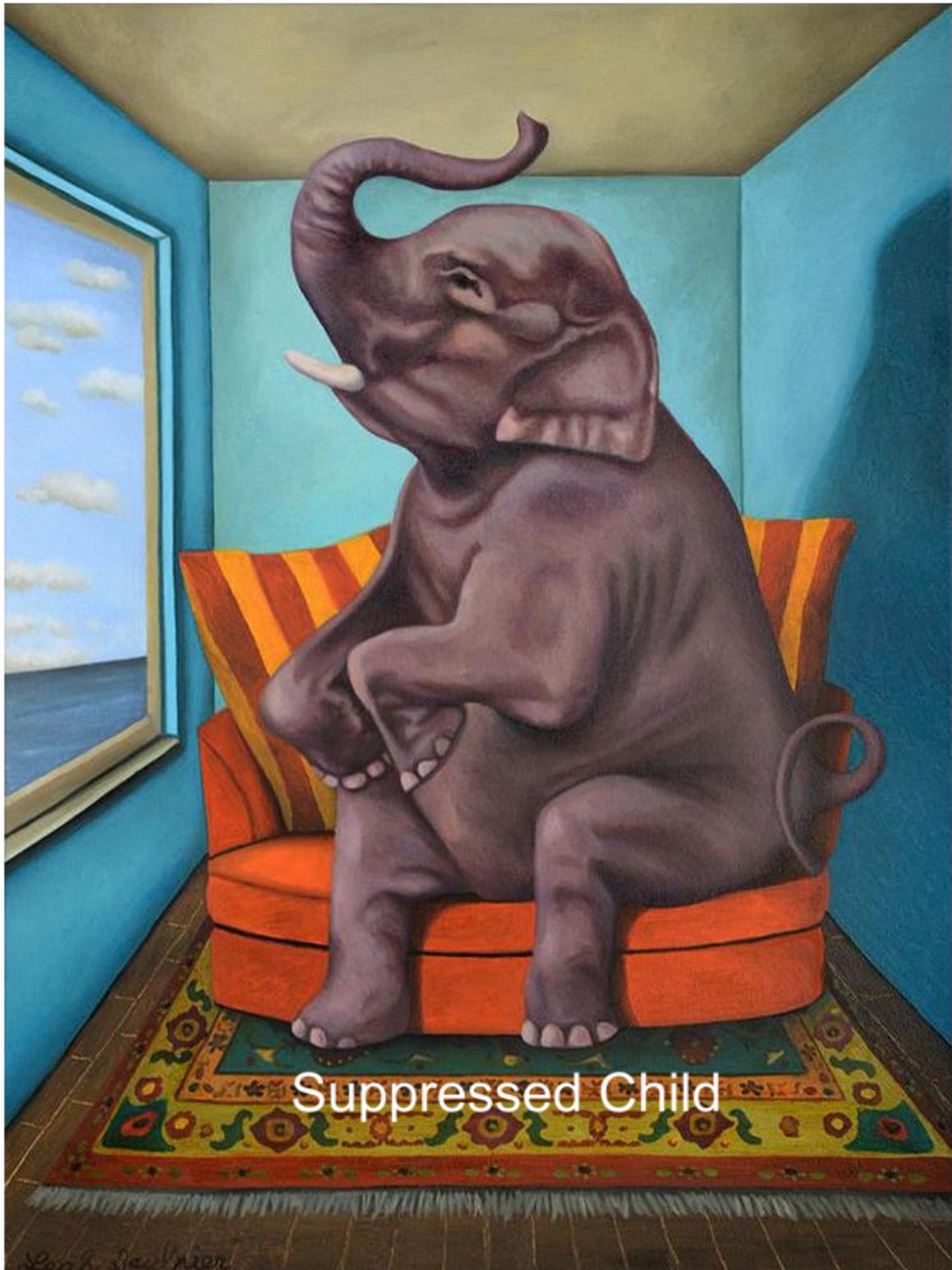
We can perfect our mind's control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage, that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7<sup>th</sup> spirit Mansion World condition.



And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

**This time, in the history of humanity, is the most exciting time ever experienced.**

# Childhood Suppression is the elephant in the room!



Suppressed Child

The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

# Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

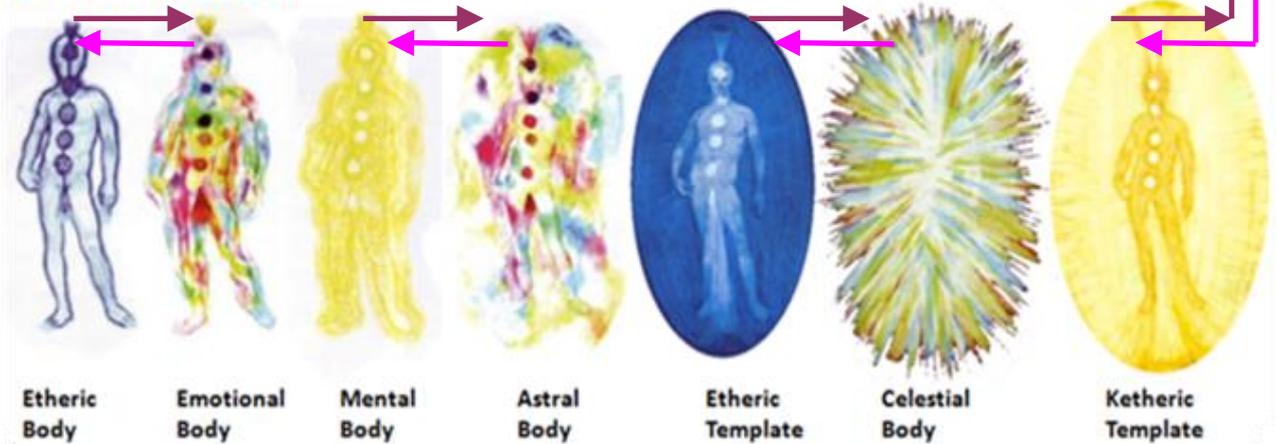
## SOUL



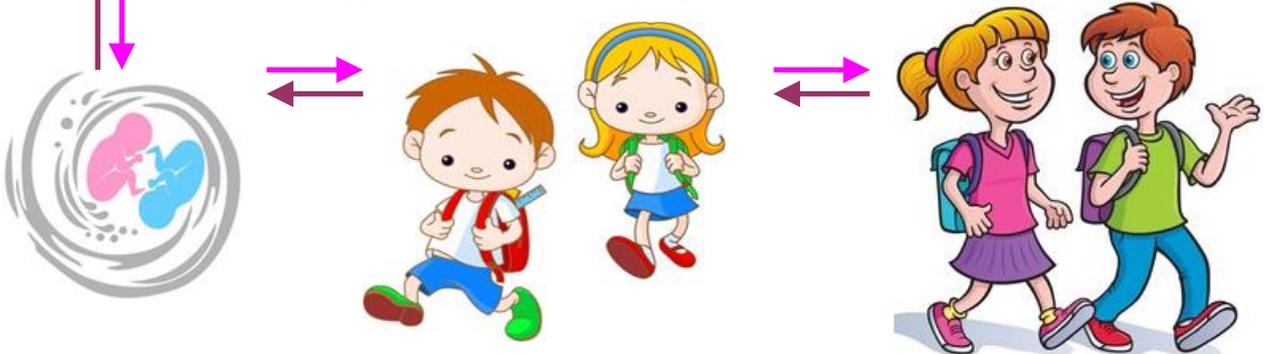
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

## SPIRIT BODY

### Brennan Model of the 7 Levels of the Human Energy Field



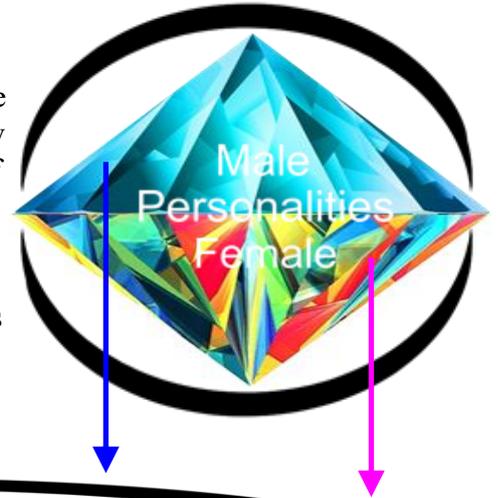
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



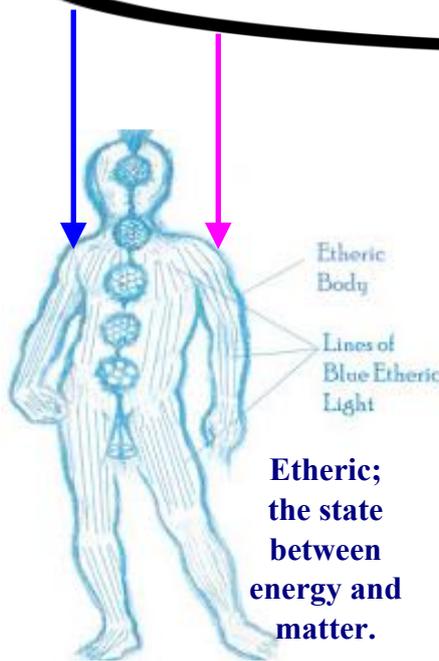
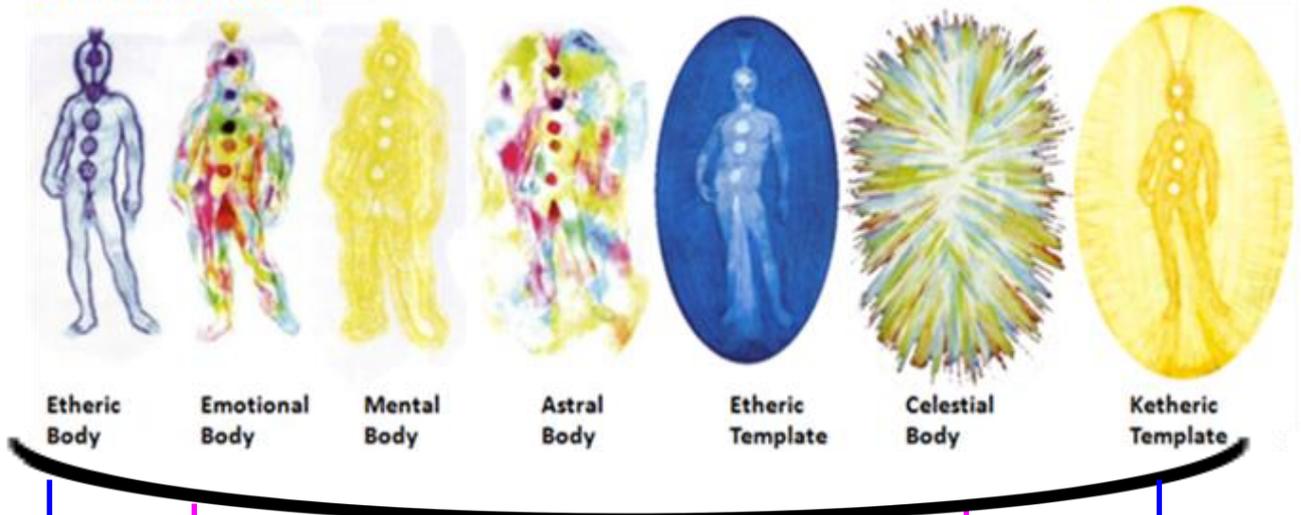
# Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



**Etheric; the state between energy and matter.**

The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**

We fear our childhood memories!



Intimidating verbal abuse

**TERROR**

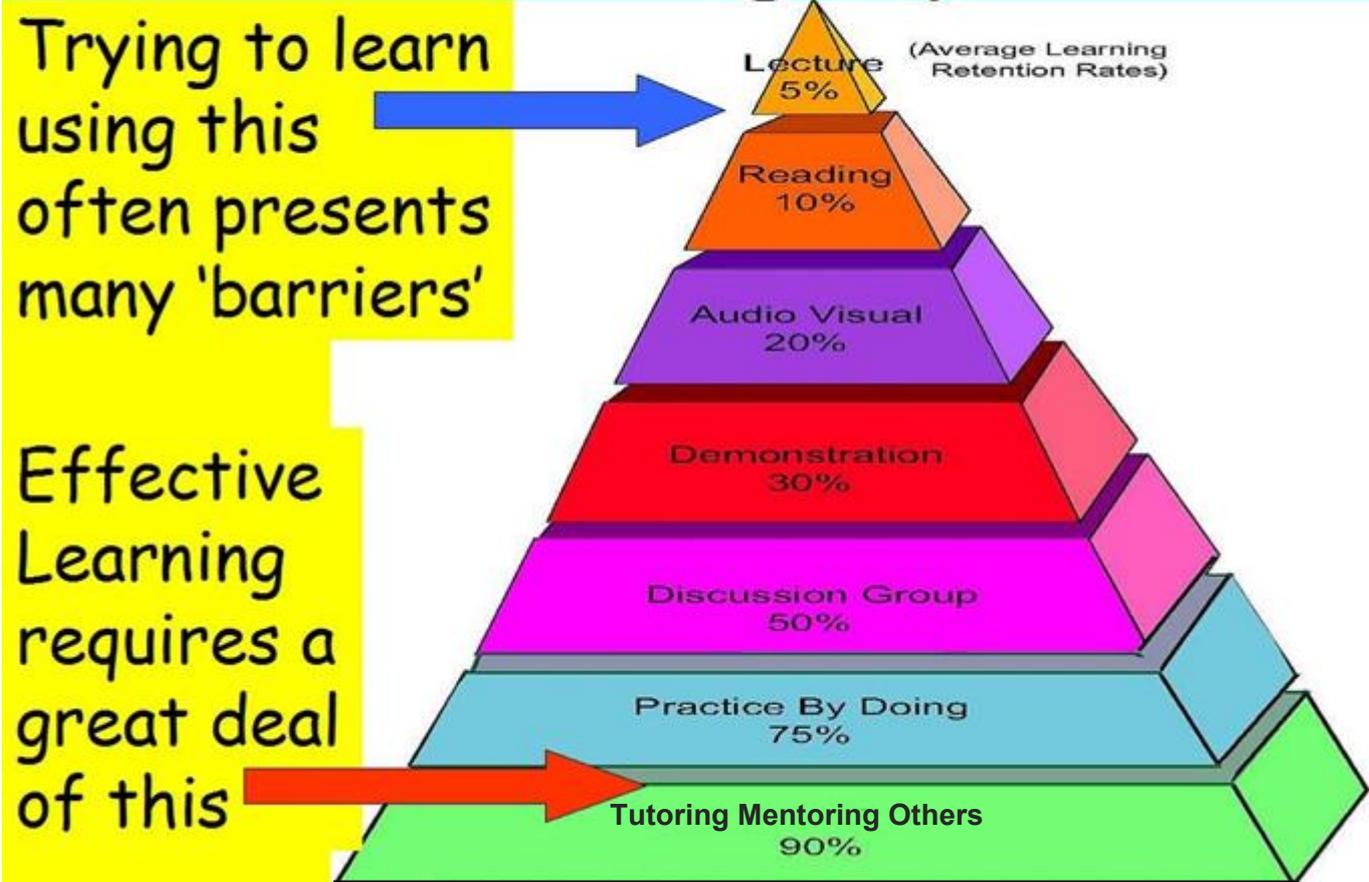
What we are most afraid of, scared of, are our bad feelings – from within our time in the womb, in nappies, toddler, early, early childhood. We are confronted by mountainous sized people – called parents!

It is like as though we are plugged into an electric socket – being continually shocked.

And nothing exceeds the terror of conception – being fire hosed continuously with emotional injuries and errors from whom we come to know as our parents! It is all retained and we recall these events!

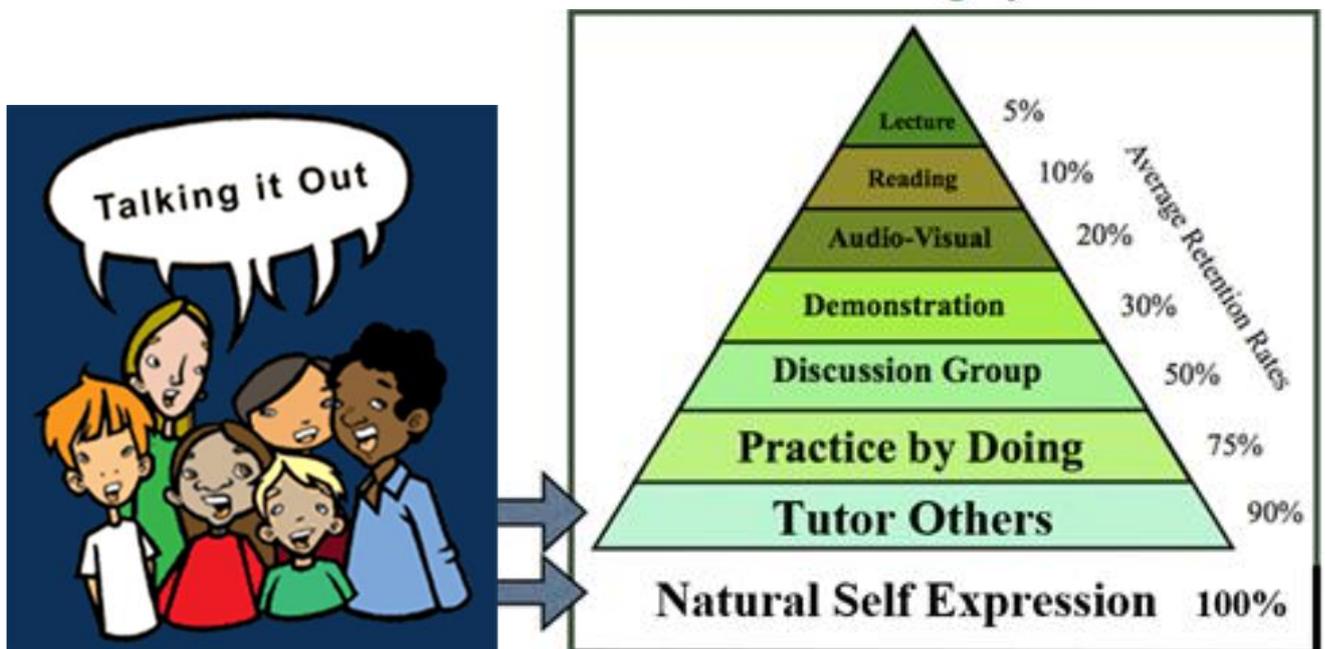
5. Talking it out! Meeting hubs, discussion pits and tutoring zones:

# The Learning Pyramid



100% retention is **Natural Self Expression**

## The Learning Pyramid



No child is to be deprived from the opportunity to be their true and full personality.

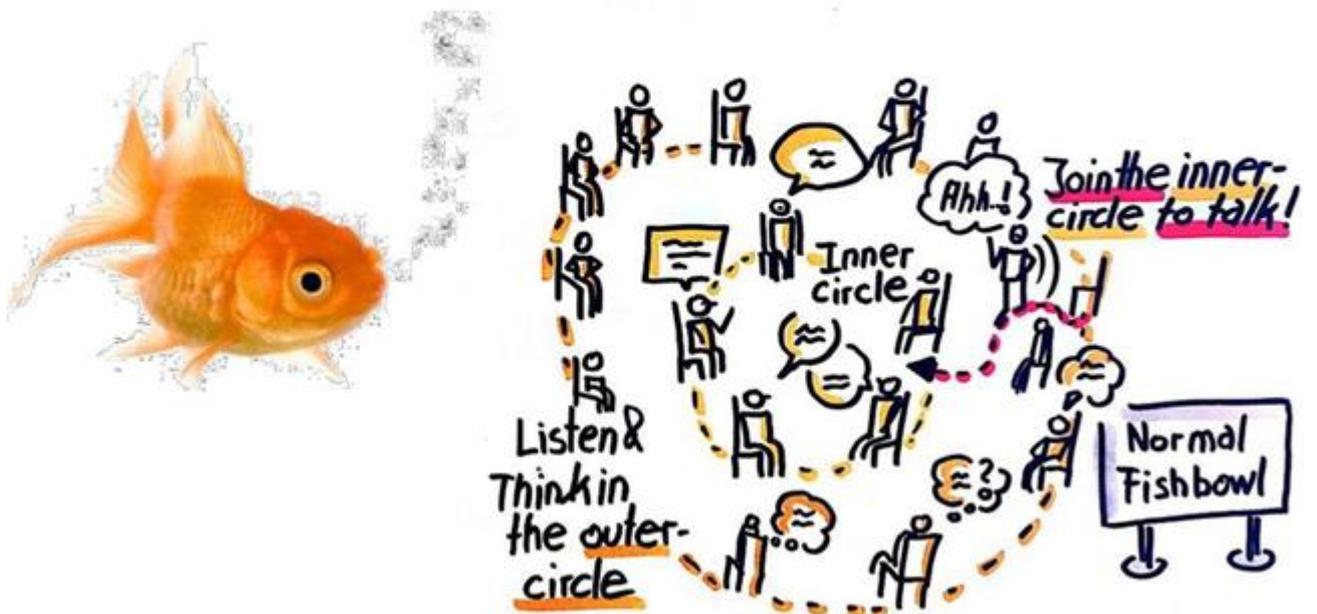
Student meeting hubs and conversation pits



Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then Library Download page, scroll down to Corporate Alliances and click on to open:

 [Pascas University and the Meeting House.pdf](#)

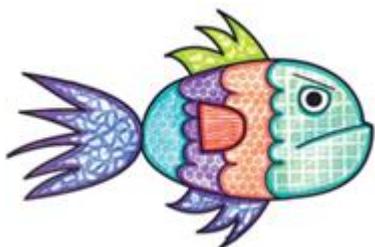
# What is a fishbowl conversation?



**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



**Talk it Out!**



*Heartfelt feelings are our truth.*

*Then we are to continue by longing for  
the truth that our feelings are to reveal to us!*



# TALK IT OUT

We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.



All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!



However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!

## 6. Parenting:



**FEELING HEALING directly benefits the PARENTS' CHILDREN:**

Parents' baby from conception through to age 6, 100% benefit, age 14 – 75%, 21 – 50%, 28 – 25%. Prior to conception we are in a perfect Natural love state. By the time we are age 6, we are then reflecting the consciousness level of one or the other of our parents. As they heal their Childhood Suppression through Feeling Healing, that are directly healing us, their children, subject to our age – maturity.

Only through Feeling Healing which can be readily introduced through all education and health systems and services, will we cure our Childhood Suppression.

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
<b>World wide average</b>	<b>220</b>

All the social ills of society are frozen into generational transfer. This can only be mitigated through Feeling Healing, and even then it will require generation after generation to advance the progress and lift the overall consciousness levels of humanity, from 220 to the 440s at least!

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

### POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

**This steps down each seven years as the child matures**



From conception to age 6 or 7      From 8 to age 14      From 15 to age 21      From 22 to age 28  
 As we heal, we directly heal our children similarly.  
 The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

**What happens when a child dies?**

15 March 2013

Speaking with Mary Magdalene and Jesus, book 1

**From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality.** And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself, as you might well imagine, greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.

An unborn child is taken to spirit nurseries to be cared for.

**The Heart commences to beat as early as Day 16 after Conception.**

**Mother's thumb in perfect symmetry with baby's nose bridge.**



Free downloads are from [www.pascashealth.com](http://www.pascashealth.com) in the Library Download page, scroll down to the Pascas Caew Parenting section for the PDFs:

## PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam's Book – Parenting and Feeling Healing	Book X	Physical Illness

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

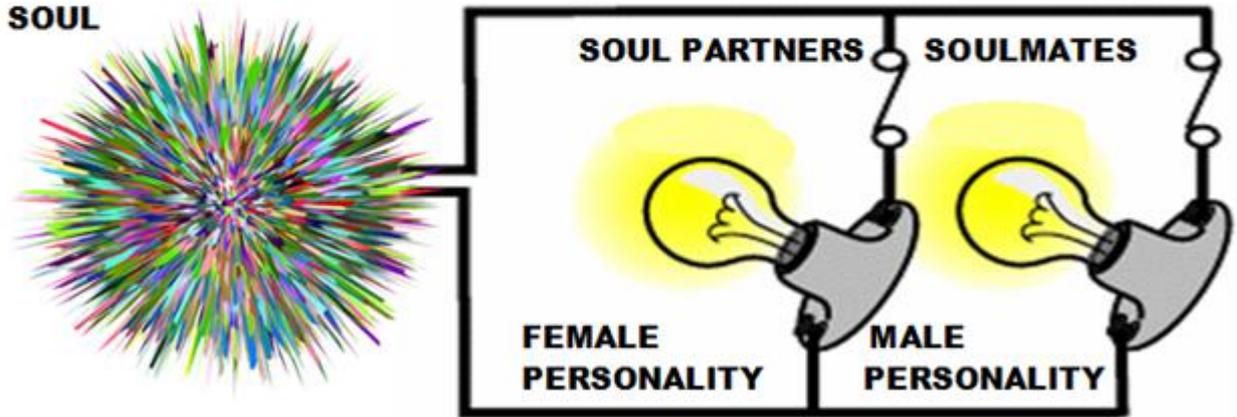


**Mind Centric Way**

*Feelings First Freedom*

7. Soul light and our health: **Health of all of Our Bodies**

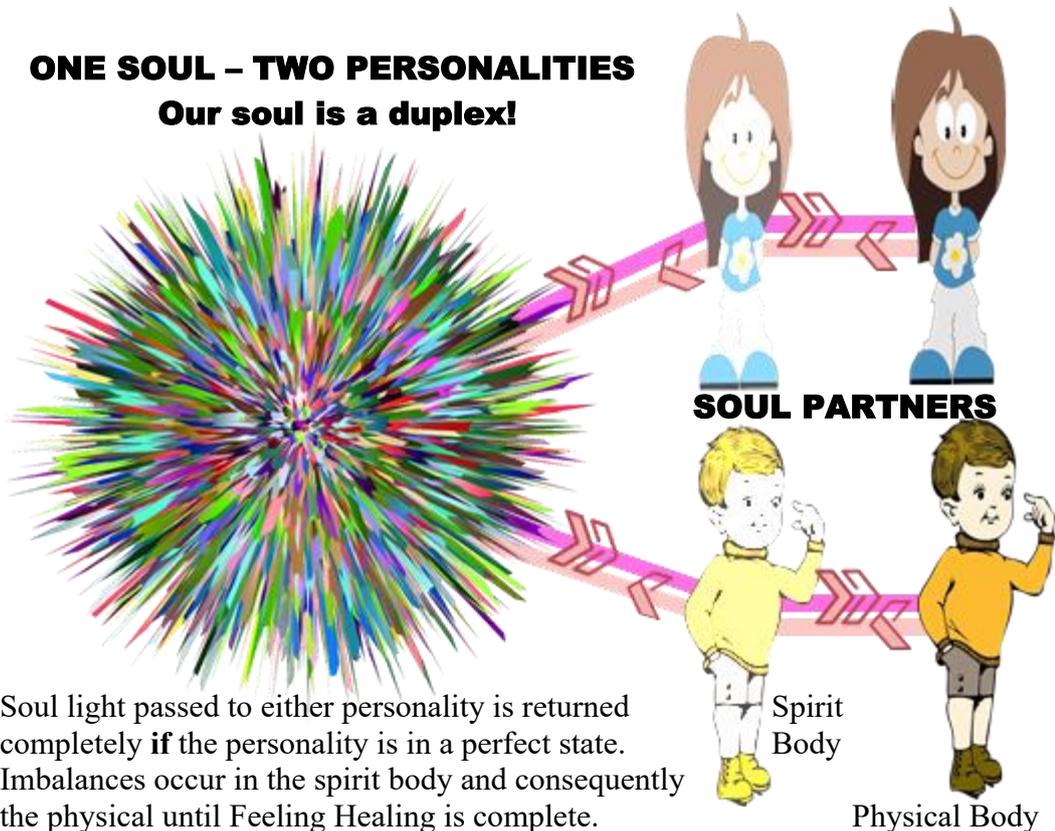
**SOUL LIGHT** emitted is to be **BALANCED** by the **LIGHT RETURNED!**  
**Two separate personalities on parallel 'circuits' having the same soul.**  
**What impacts one personality does not impact the other personality.**



The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

**ONE SOUL – TWO PERSONALITIES**  
**Our soul is a duplex!**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

**The question is: Are we treating the cause or suppressing the symptoms?**

**Treating the cause permanently heals that which brings about illness:**

What has never been understood before is that we are to ask for, long for and understand the truth behind our feelings, both good and bad. We are to understand what is behind our feelings as they come into our awareness. When we long to understand why we feel good or bad then we will be told – we will come to understand how they came about – eventually! Not even Alice Miller or anyone else has recognised this need to understand and know the cause or causes of why we feel so bad and that we are then to express such feelings to someone who does want to know us, someone who is really interested in the truth of who we are, which in the end is ourselves, as we should be the most interested in ourselves. It is the expressing, talking them out to someone who is interested in you, is wanting to know how you are feeling and why, that we heal ourselves of such emotional injuries.

Our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.

That's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.



You are your feelings, which is the truth that you are. We are all the Living Truth, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.

The truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood. We are all revealers, revealing the truth of ourselves through our feelings.

It's really the expressing of our feelings (and particularly our repressed ones that we're denying) to someone who is willing to listen to us, even if that someone is God, whilst we long with all our heart and will to know the truth of them – the truth of why we're feeling them. It's the wanting to know the truth more than anything else that is vitally important, and that means the whole truth, the truth of your unloving relationship with your parents and family because if it wasn't unloving you'd not be or have been made to feel bad. And the way to that truth of yourself is by expressing every feeling you have, and in particular, focusing on all the bad ones, the endless bad ones you've got buried away inside you that you're refusing to feel. If you don't want the whole truth of yourself and are not prepared to look for it in and through all your feelings, then you'll never truly heal the deepest underlying causes of your pain, illness, addictions, compulsive behaviour, erroneous beliefs and understandings, unloving self-denying behaviour and all your suffering.

We are to find the whole truth of ourselves through our feelings. And that means to begin with we're to see the whole truth of our pain and suffering, the truth from conception right the way through the womb, at our birth, through our forming years, the rest of our childhood – all that's made us feel bad in any way. And such truth can be found through our feelings. As a child we can't know the truth of all the feelings we are feeling, however as an adult we can. And it's by doing our Feeling-Healing that we can uncover the whole truth of ourself through our feelings.

**To suppress the symptom is to put the problem aside for later on:**

All medical and complementary healing modalities, including emotional processing, as much as they might help bring some relief to pain and reveal some truth and understanding as to why one is suffering it, they are not focused on the deeper underlying hidden causes of that pain and illness. NONE address the true cause, with that cause ultimately being found in our childhood suppression and repression.

All modalities are mind based, we continue to be led to expect our mind to resolve our pain – the mind can mask and hide our pain – however we have to eventually feel such pain and discover what brought it about. Then we are to express what that pain is all about. In this way we begin to heal.

Feelings First for children is similar for adults, the Feeling Healing process that we all will eventually engage in is a way of living. It is how we will grow in truth and that is through our feelings, we are self-contained. This is the first step in going beyond just suppressing symptoms through our spirit body mind which cannot discern truth from falsehood and embracing our soul based feelings which are always in truth.

# **SUPERKIDS**

## **Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



## **Feelings First**

# **LIVE FEELINGS FIRST**

# **FEELINGS FIRST For Kids**

## One Cause – One Pathway

### **simple is what life is meant to be!**

Amazingly, it has not been previously understood that should we heal ourselves of what we each have taken on of the Rebellion and Default via our Childhood Suppression being experienced throughout our childhood formative years, such healing being through Feeling Healing, then we would no longer need to experience physical discomfort, pain, disease or any illness.

Sickness comes about in its diverse forms to draw our attention to our emotional injuries and errors of belief. Once we fully heal ourselves then we no longer need to experience illness! Feeling Healing is the only pathway!

The extreme diversity in the forms of illness is of a direct reflection of the diversity of our personalities and the suppressive environments we each have experienced.

It is only upon completion of our Feeling Healing that such propensity for physical health arises.

However, now it can be understood why allopathic medicine, traditional medicine and all other health systems do not bring about a cure. That is because the underlying cause has not been previously recognised and consequently it is never addressed.

To engage in living Feelings First and then to embrace Feeling Healing is addressing our Childhood Suppression as well as our ongoing Repression that continues throughout all of our life. Further, by also embracing Divine Love we are also Soul Healing and thus fitting ourselves to become of Celestial Soul Condition which we can do while living in the physical on Earth.

Humanity, over many thousands of years, has progressively gone deeper and deeper into wrongness through living mind-centric. We have always taken the wrong option – our choices have always deepened our suppression of our truth and personality.

By embracing The New Way, living Feelings First, humanity will begin to resolve the social ills that prevail throughout all societies. Progressively the circumstances for world peace will arise.

## 8. Divide and Conquer:

# Hidden Control

thru  
to

COVERT  
MANIPULATION

MIND DOMINATION OVER FEELINGS  
 MEN DOMINATION OF WOMEN  
 PARENTING - CHILDHOOD SUPPRESSION  
 WIDE DIVERSITY OF LANGUAGES  
 RESTRICTIVE EDUCATION SYSTEMS  
 RELIGIONS WITHOUT TRUTH & LOVE  
 WAGE & FINANCIAL ENSLAVEMENT  
 MULTI-LEVEL GOVERNMENT CONTROL  
 MULTIPLE RACE COLOURS & FEATURES  
 BORDERS AND MILITARISATION  
 NATIONAL PSYCHIC BARRIERS  
 PERPETUAL CONFLICT & WARRING!

ALL OF WHICH

PREVENTS HUMANITY'S ASCENSION

all  
 orchestrated by *Caligastia*  
 and his partner

# **PSYCHIC BARRIERS to CHANGE!**

**To put it succinctly:**

**We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to to their coercion.**

**Our minds are addicted to:**

**Control over others;**

**Control over our environment.**

**That males are now addicted to having females subservient to their control.**

**That our minds cannot differentiate Truth from Falsehood.**

**That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.**

**That consequently, the sheeple will march to war without questioning.**

**So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt by other means!**

**We, here on Earth, live in a physical HELL!**

# WE ARE ALL BEING PLAYED

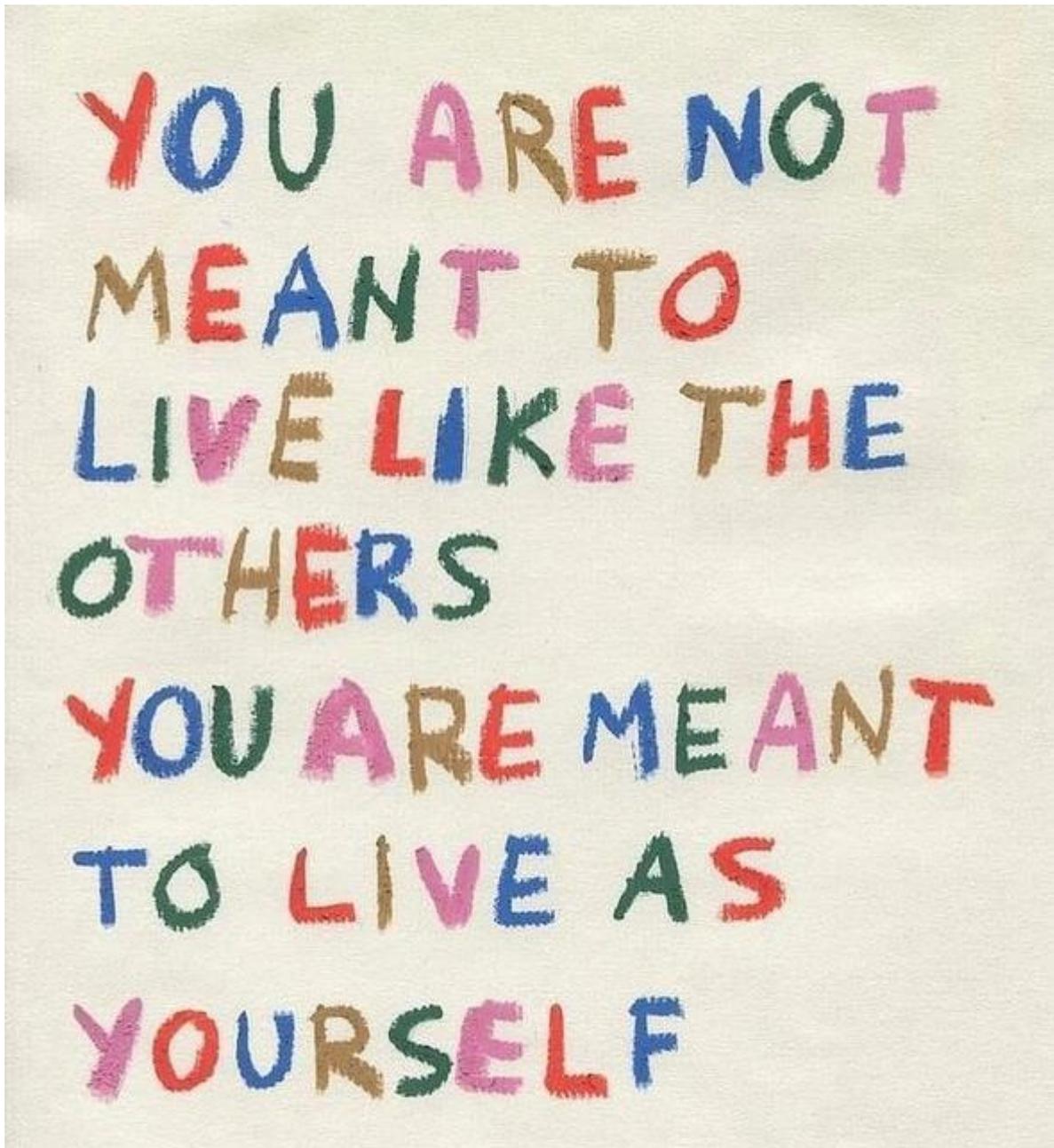
**DIVIDE & CONQUER: IF THEY KEEP US FIGHTING WITH EACH OTHER, WE WILL NEVER FIGHT THE TRUE ENEMY... THE ESTABLISHMENT!**



## **DIVIDE AND CONQUER MECHANISMS:**

Skin Colour / Tone Bigotry	Class & Social Structures
Borders & National Cultures	Militarism is all Wrong
Language Divides	Societal Customs & Practices
Financial Enslavement	Debasement of Education
Professional Snobbery	Sexual Preference Bigotry
Assumptions Err 98% of the time	Political Division
Mind-Centrism Stagnation	Religious Bigotry
Mind Control Addiction	Mind Untruth Addiction
Institutional Controls	Leadership Propaganda & Lies
Parental / Teacher / Religion / Employer / GovernmentSuppressions	
Potable Water Security Food Security Safe Shelter Security	
Universal suppression of all peoples by covert controllers	
Living Mind Centric is prohibiting spontaneity & freedom	
Living Feelings First is living in truth & freedom !	
Women Liberating	Childhood Suppression to end

## 9. We learn by doing:



**Put Children First**

simple is what life is meant to be!

# We learn by **DOING!**

Listening, reading, viewing all partially assist.



**ON-THE-JOB TRAINING**

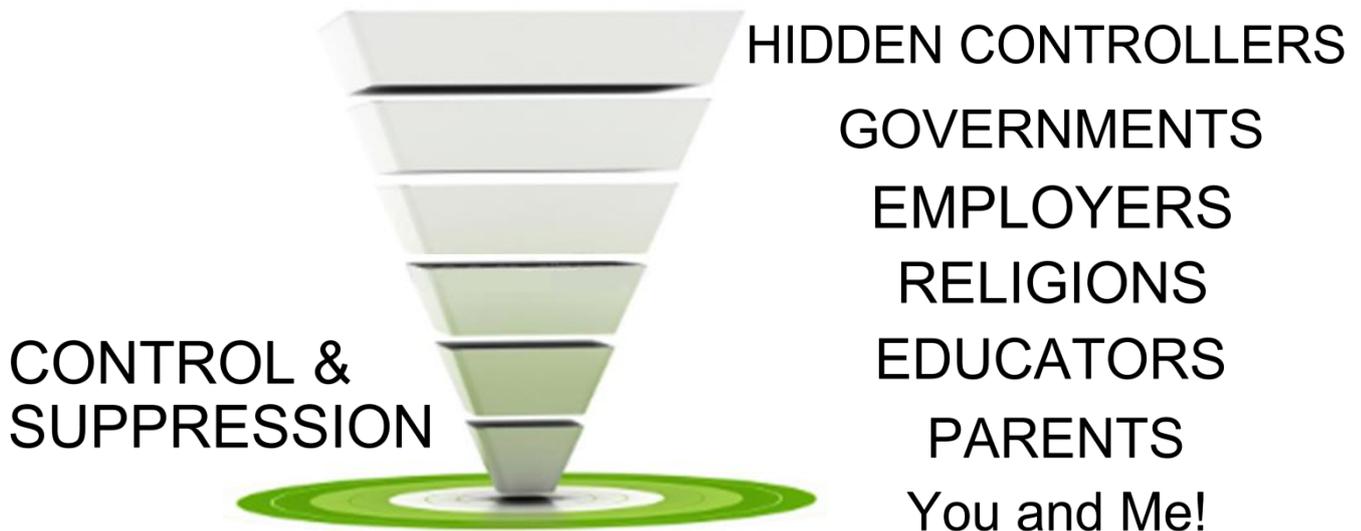


# *We Learn By Doing!*



## 10. CONTROLLED from the MOMENT of OUR CONCEPTION:

Thus, from the moment of conception we are controlled in a manner that suppresses our true personality and imposes barriers against true individuality, spontaneity, intuitiveness and wonderful progress in our potential.



**HIDDEN CONTROLLERS** – both in the Physical as well as Spirit

**GOVERNMENT** – Local, State and Federal plus world governing bodies

**EMPLOYMENT** – All forms of employment, even when self-employed

**RELIGIOUS & SPIRITUAL** – These are all centres of control, all promote living through the mind

**EDUCATION** – The notion of feelings is yet to be recognised at any level sufficiently

**PARENTHOOD** – Parents have no understanding of Living Feelings First

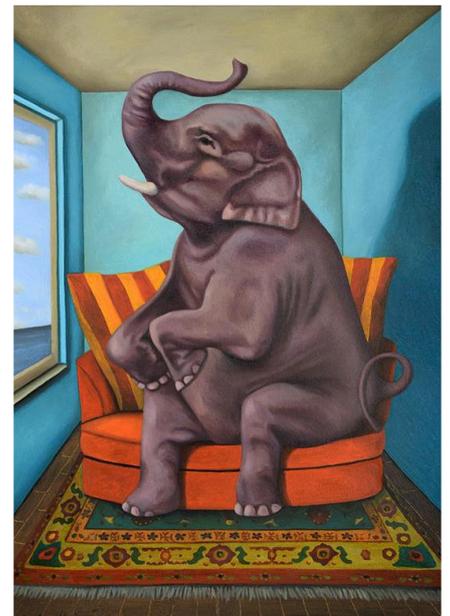
**The Elephant in the room is CHILDHOOD SUPPRESSION!**

From the moment of our conception we are absorbing our parents' emotional injuries and errors of belief. This continues relentlessly through to when we are six years of age. By then we are reflecting the personality of one or the other of our parents, should they be differing between themselves. Thus, the issues from a generation continue for generation to generation.

This flows through to all segments of society. Our minds are addicted to control, control over others and of our environment. Further, our mind cannot discern truth from falsehood, it is also addicted to untruth. We have all been misguided to live through our minds and to ignore and suppress our feelings. It is our feelings that are always in truth, our feelings are our source of truth.

We are now to consider and embrace living feelings first with our minds following in support.

This is the Great U-Turn!



11. Ask, ask again and then ask some more:

**JustAsk...**

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong.

Jesus 25 December 1915

***Violence is never Justified***

**WE EACH NOW CAN CLIMB TO  
INCOMPREHENSIBLE  
LEVELS OF CONSCIOUSNESS**



## 12. Discernment of truth and the level thereof:

<b>Correlation of Levels of Consciousness and Society Problems</b>				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

13.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
<b>WORLD</b>		<b>220</b>	<b>70</b>				<b>US\$10,900</b>

First to be considered is the education index, anything less than .750 and you have all the social ills within that population.

NOTE: Upon achieving MoC 1,000 there is NO disease or social illness or societal issues!

How can we identify the population to focus upon? As can be seen, any community calibrating less than 200 on the Map of Consciousness table needs a lot of structured educational attention and not the education system presently generally provided.

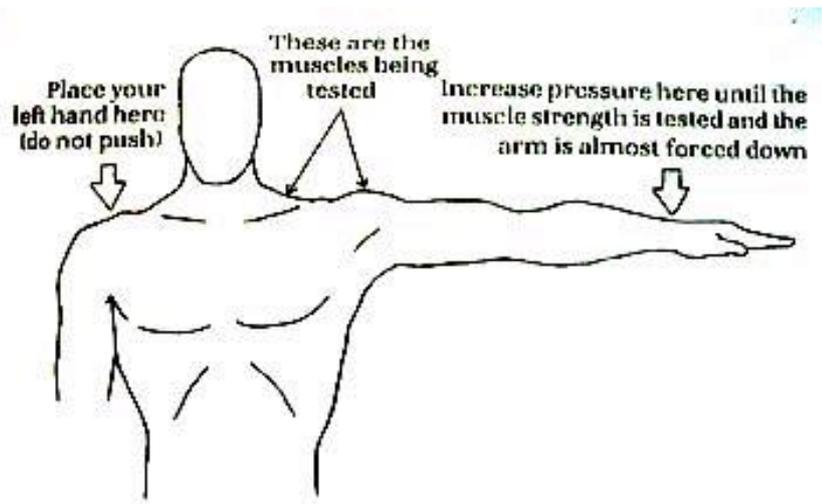
<b>Consciousness Calibrations Worldwide</b>	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
<b>World wide average</b>	<b>220</b>

Utilising kinesiology muscle testing in conjunction with the Map of Consciousness, the overall calibration for the population of a state, a region within a state, a city, suburb, town, village, even a city housing block, house, down to each individual, can be calibrated should you have clear information identifying these.

**Kinesiology Muscle Testing techniques:**

Kinesiology is a method for discernment of truth to be added to one’s tools.

The kinesiological response (muscle testing) is a simple “yes” or “not yes” (no) response to a specific stimulus. It is usually done by the subject’s holding out an extended arm and the tester pressing down on the wrist (bony bit) of the extended arm, using two fingers and light pressure. Usually the subject holds a substance to be tested over their solar plexus with the other hand. The test says to the test subject, “Resist”, and if the substance being tested is beneficial to the subject, the arm will be strong. If it is not beneficial or has an adverse effect, the arm will go weak. The response is very quick and brief.



*Basics of Muscle Testing*

**It is important to note that the intention, as well as both the tester and the one being tested, must calibrate over 200 in order to obtain accurate responses. Also, both need to be hydrated.**

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then in Library Download page, scroll to Medical and open:

-  [Pascas Care Kinesiology Testing.pdf](#)
-  [Pascas Care Kinesiology Personality Traits.pdf](#)



# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

## Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and then progress through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1<sup>st</sup> of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

## Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self-glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1<sup>st</sup> spirit Mansion World to the 2<sup>nd</sup> mind spirit Mansion World, then 4<sup>th</sup> and finally 6<sup>th</sup> mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7<sup>th</sup> spirit healing Mansion World process we transition to the 1<sup>st</sup> of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

# Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

## FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

## SOUL HEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480

### 13. Technology dependence is avoidance of experiencing:



**Are we communicating?**



**Or deeper into the impersonal?**



**THIS IS HUMANITY** **stupidified!**



**Or getting the Hell out of Here!**

14. Racial divides are the makings of the mind's addiction to control:

*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.*

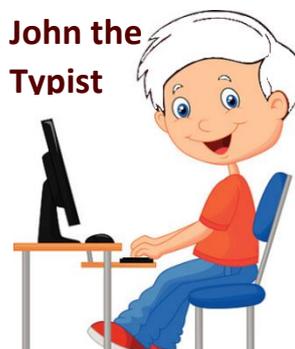
*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

John the  
Typist



**BE FEELINGS**  
**EXPRESSIVE!**

# Truth is Freedom

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

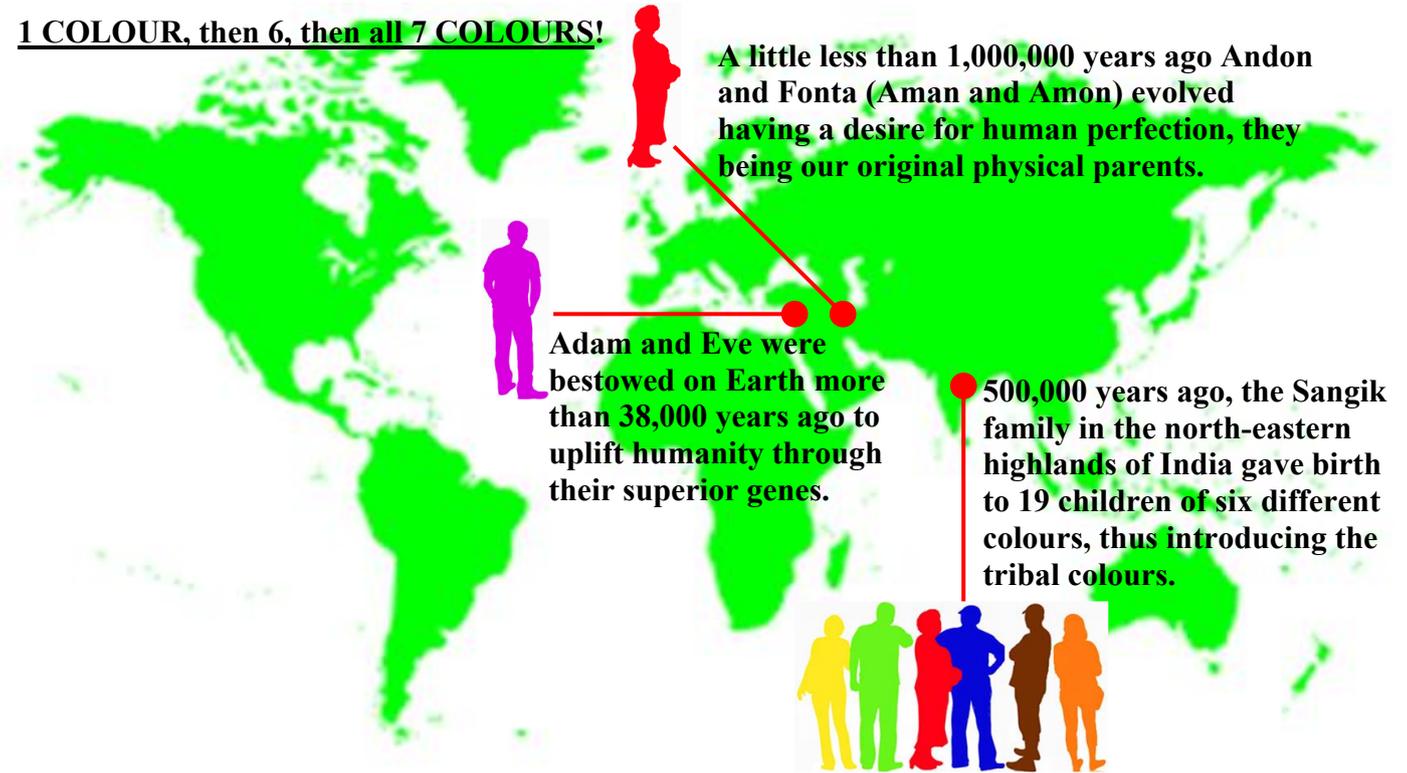
MoC 904



## ONE SECOND TO MIDNIGHT



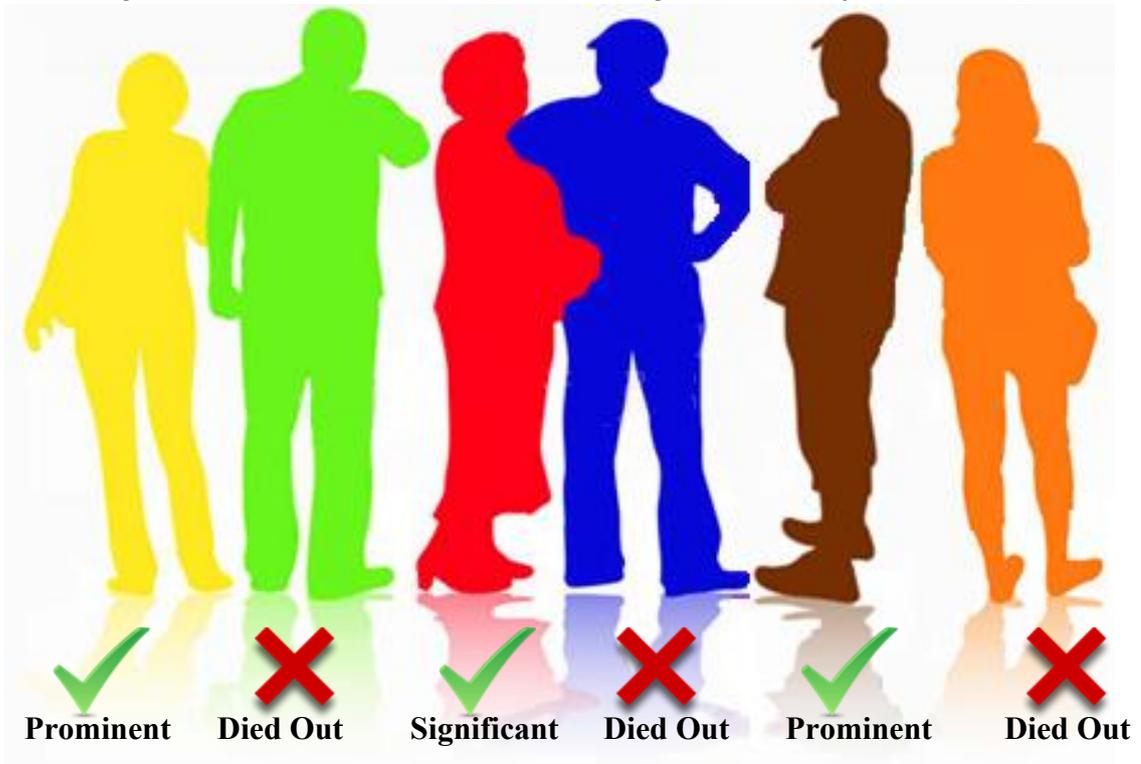
**1 COLOUR, then 6, then all 7 COLOURS!**



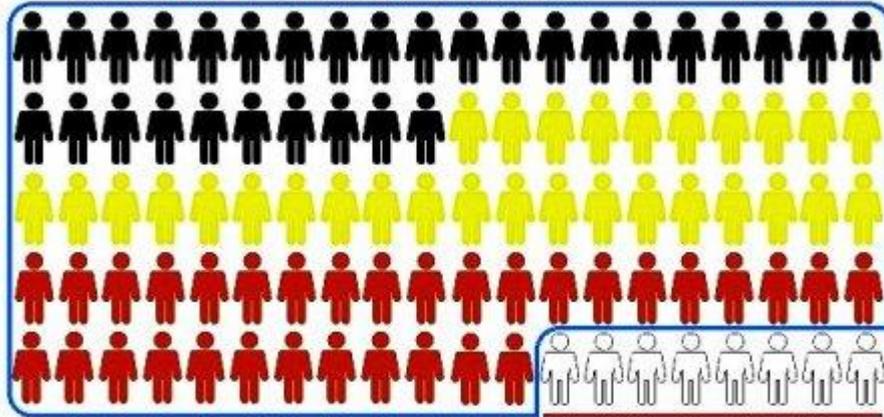
**HUMANITY PHYSICAL COLOURINGS and order of emergence:**

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

<b>Yellow</b>	<b>Green</b>	<b>Red</b>	<b>Blue</b>	<b>Indigo (black)</b>	<b>Orange</b>
3	4	1	5	6	2



# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!



993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!  
Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!

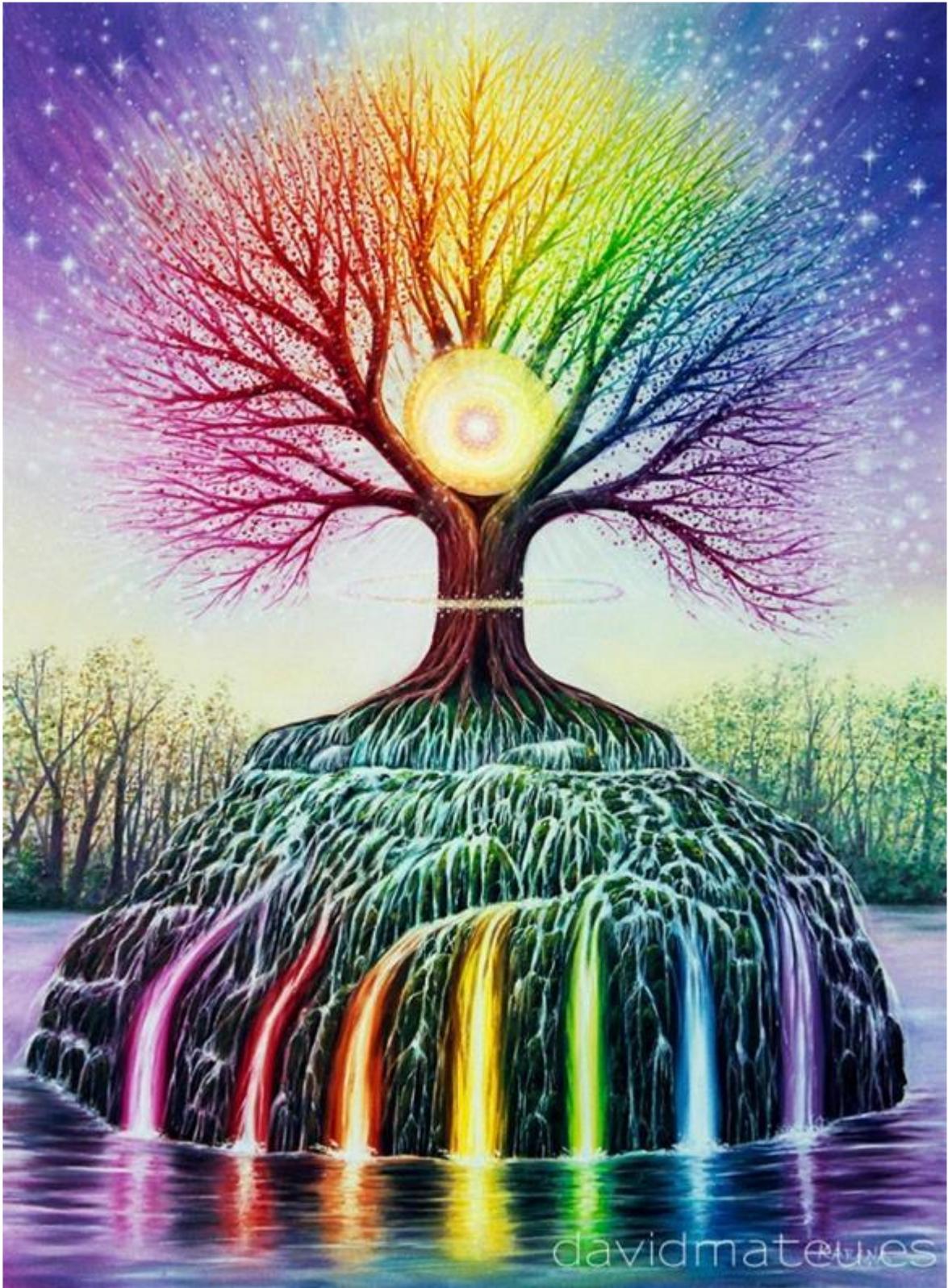


Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!





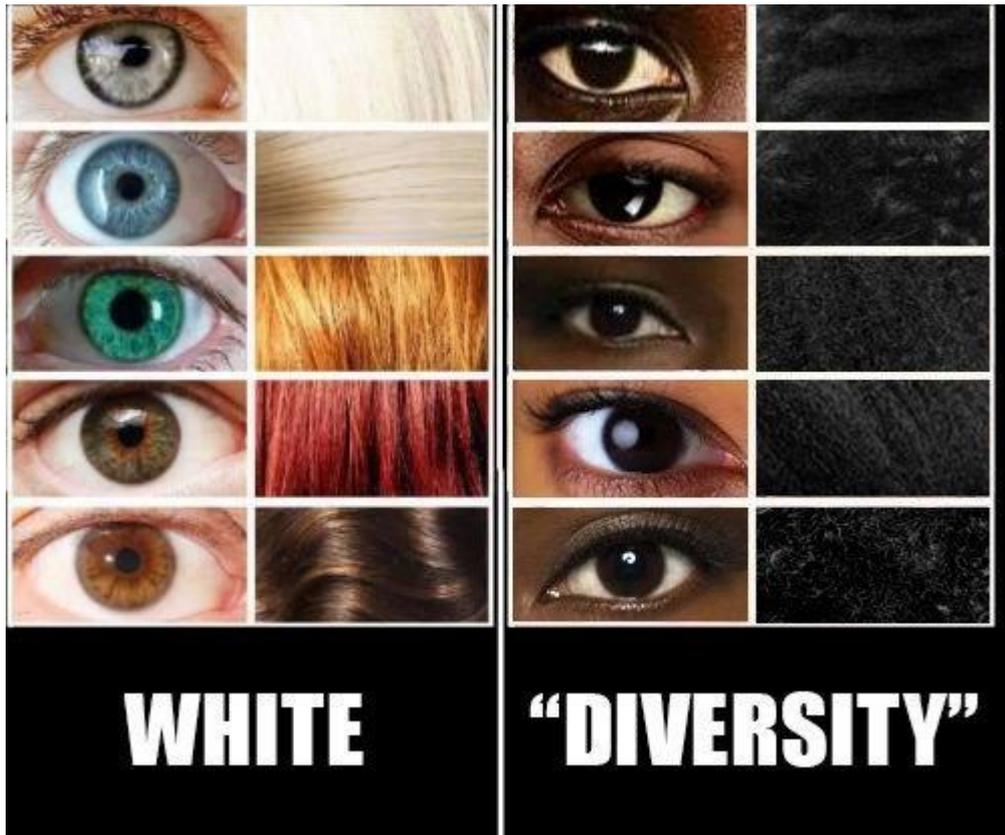
Our skin colours as and how they arrived:

Red by Andon and Fonta from south of the Caspian Sea some 993,500 years ago (also brown and black hair with brown and black eyes).

Orange, Yellow, Green, Blue and Indigo by the Sangik Family from the north eastern tablelands of India some 500,000 years ago (they had 19 children 5 red then 2, 4, 2, 4, 2 in order of colours).

Crimson by Adam and Eve from the Garden of Eden more than 38,000 years ago (also blonde and red hair with blue and green eyes).

Being the colours of the rainbow!







**EVERY SKIN TONE IS  
BEAUTIFUL!**

**Melting Pot**

OF THE  
**COLORED  
PEOPLE**

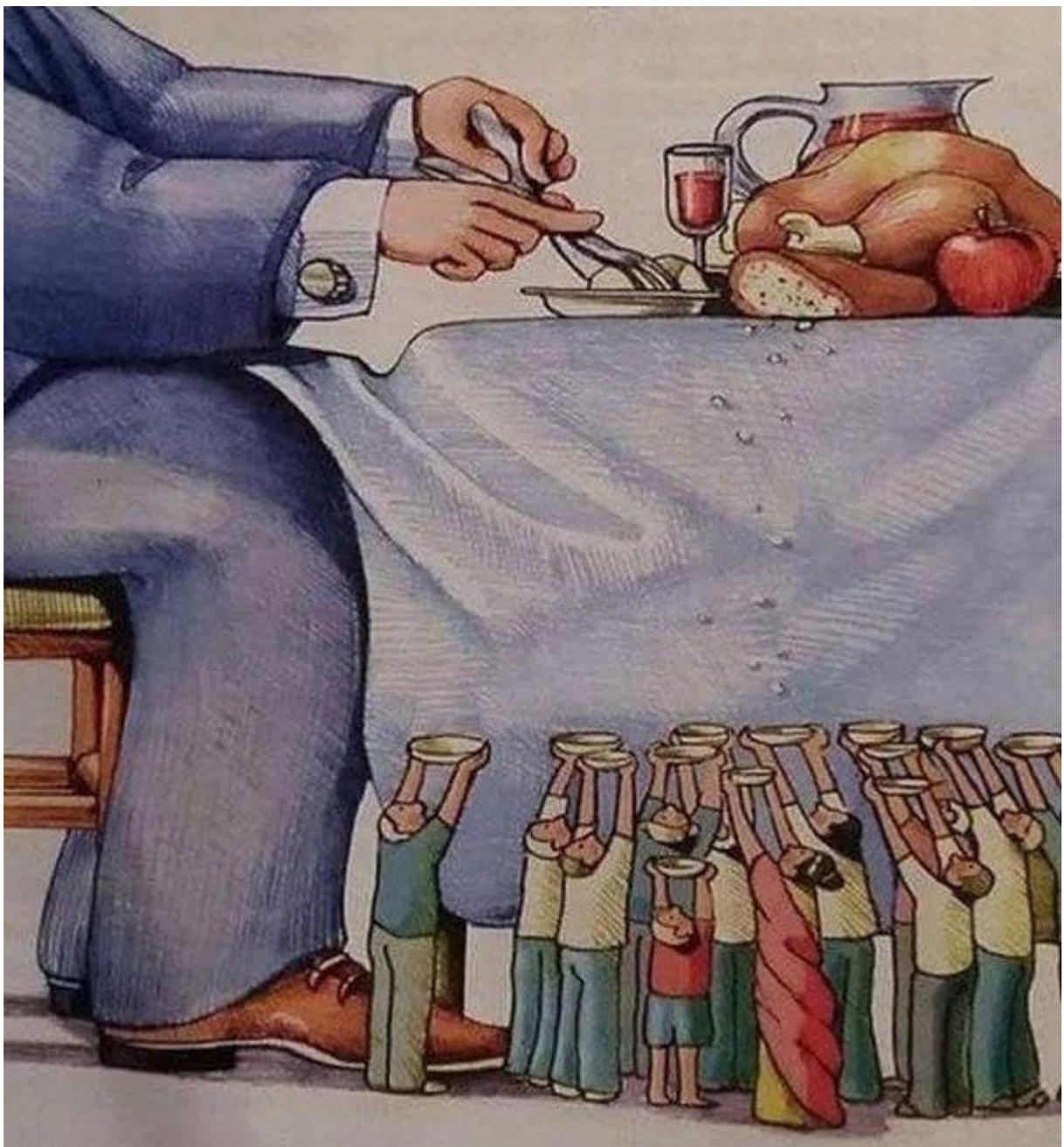
**Coffee** COLOURED  
PEOPLE



**We will all blend!**

**And so will social divides dissolve. As societies inter-mingle, races inter-marry, the truth being understood by all, then what will unfold will be without the divides of differing understandings, nations may become many more rather than larger, borders being dismantled, a single universal language is to unfold, we may become closer to nature, cooperation with each other becomes the norm rather than commerce, military may become an assistance services rather than a major industrial complex for feeding the control and greed of a few, humanity is to evolve to amazing heights.**

**Humanity is on a wondrous journey of evolution and towards harmony, whereas today we cannot be further away from our destiny than at any other time imaginable.**



# We were all humans until:

Truth Inside Of You



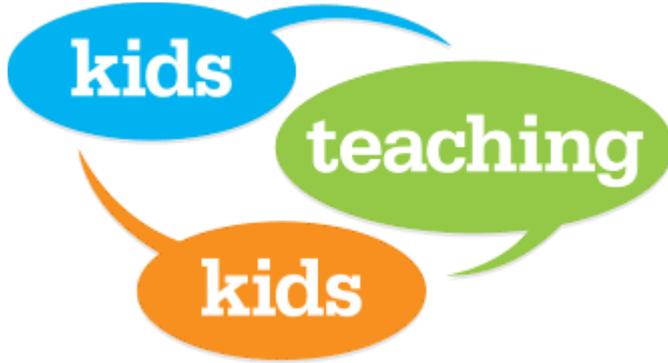
**Race** disconnected us,  
**Religion** separated us,  
**Politics** divided us,  
And **Wealth** classified us.

## DIVIDE & CONQUER STRUCTURE



15. Education, schooling is meant to be fun!

# Tutoring



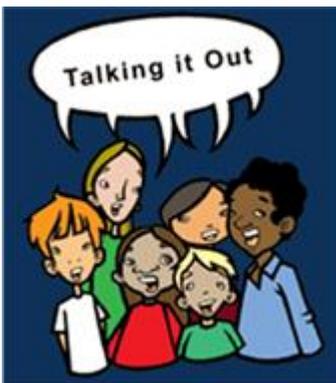
## Natural Self Expression!





**“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”**

James Moncrief 28 May 2018



**and longing for the Truth about what our feelings are drawing our attention to. We need to know, and before we can know, we WANT to know. And once we know, we cannot unknown!**





However, avoid too much sugar ...





*Factory packaged food is loaded with:*

**PRESERVATIVES**

**SUGAR salt fat**

**FOOD SUPPLY and NUTRITION**

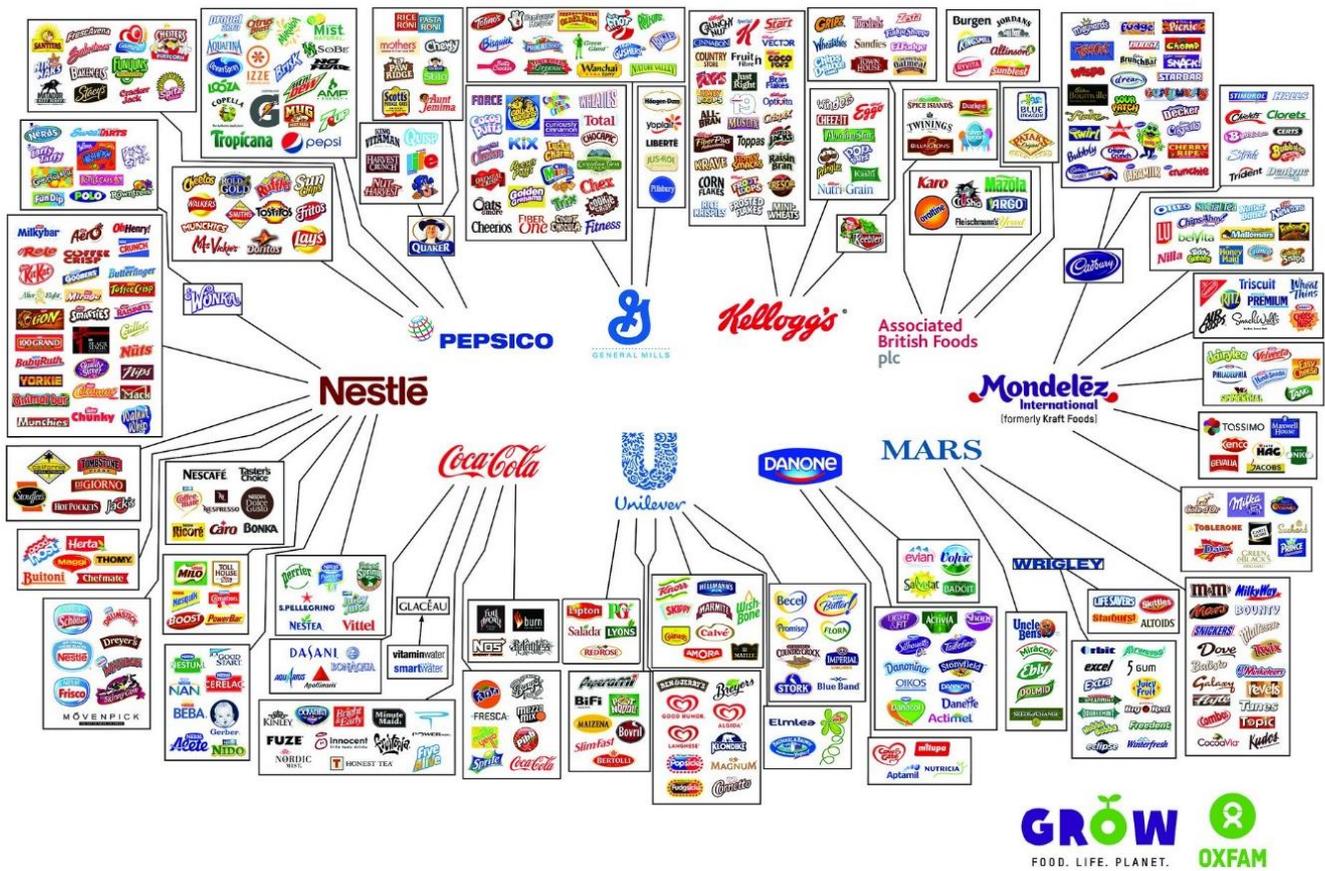
We look at the food supply coming from thousands and thousands of farmers only to find there are many choke points. Look at the ownership of grain elevators / wheat silos throughout a country. In USA the ultimate control and ownership leads back to the Rockefellers and in Europe to the Rothschilds. When you look at the thousands and thousands of different food items in supermarkets you find that they remarkably lead back to around a dozen major food manufacturing conglomerates and then with difficulty you find control and ownership is in the hands of 'The Global Food Cartel – Instrument for Starvation' being [hidden controlling cartel members](https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/).

<https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/>

“Ten to 12 pivotal companies, assisted by another 3 dozen, run the world’s food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (Rothschilds and Rockefellers).”

MAP of CONSCIOUSNESS	MoC	calibrations
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	

Again, we each can use kinesiology muscle testing and Dr David Hawkins' Map of Consciousness scale to determine the energy level of factory processed foods, as he did:



If the food comes in factory packaging, it is expensive and of little nutritional value typically. Fresh from the market is best but better still is the food grown in our home back yards!

# FRESH is BEST!

As we review the following energy calibrations we note that the more numerous are the processing steps in bringing our food to our tables, the further the energy and nutritional value is depleted.

It goes something like this:

		MoC Calibration
Obtained absolutely fresh	energy level could be, say:	500
Cutting it up or grinding it	process lowers energy level by 100 therefore now	400
Cooking process	lightly stirred fried is best – baking is too long	300
So let's put it in a container and freeze it	drop another 100 points	200

Note: The Map of Consciousness (MoC) scale is based on the common log of 10. A 1 point variation is a 10 fold variation. 10 points is 10,000,000,000 times increase or decrease in energy. The above reductions are mind boggling drops in food nutrition and energy at each step in the processing chain.

Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download, scroll down to Nutrition and click on:

[Pascas Care Energy Level of Food.pdf](#)

# Pascas Food Basket



Pascas Food Basket agenda is focused firstly upon 'Fresh is Best'. Home grown food in organic conditions being eaten while fresh, having being picked ripe and then home prepared, is the ultimate nutritional food we can have.

Nevertheless, in situations where there are shortages then it is what can be provided having the highest level of life sustaining nutrition possible.



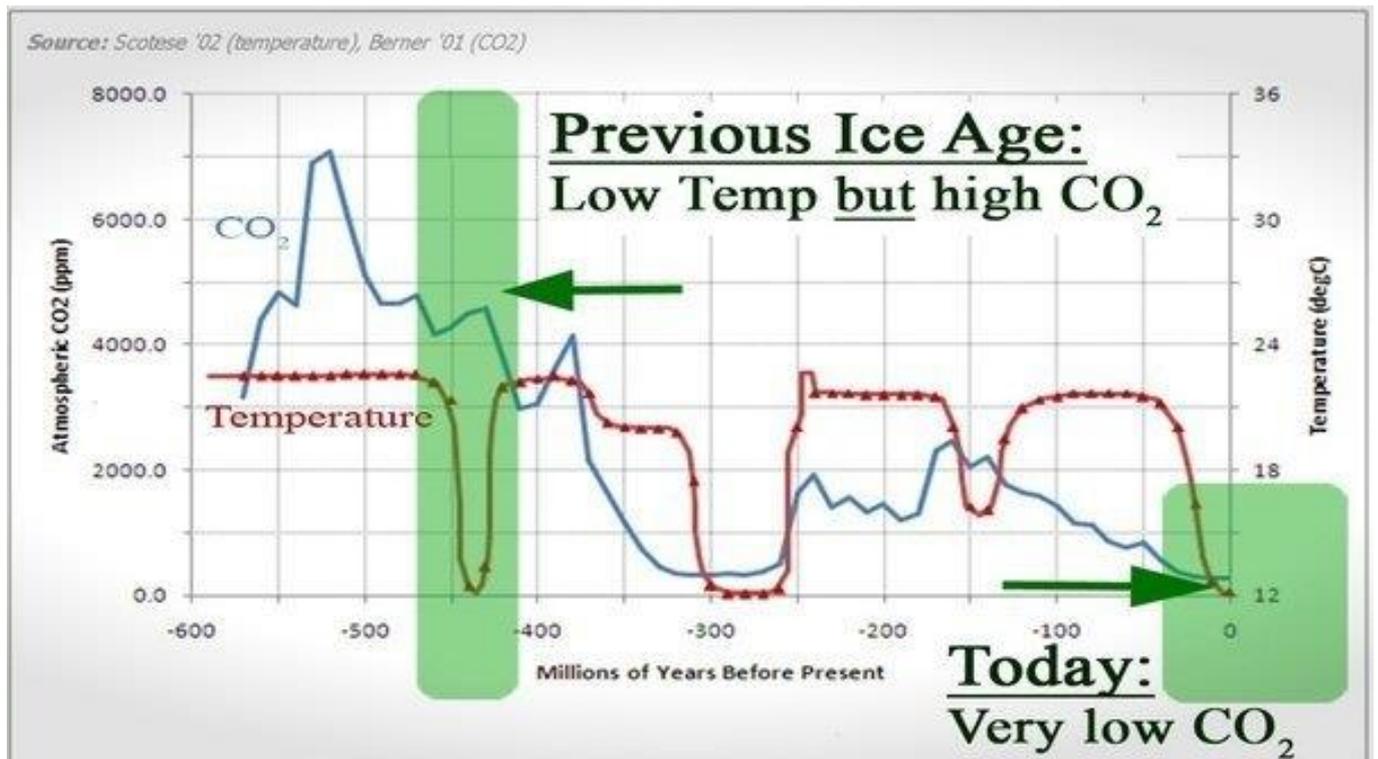
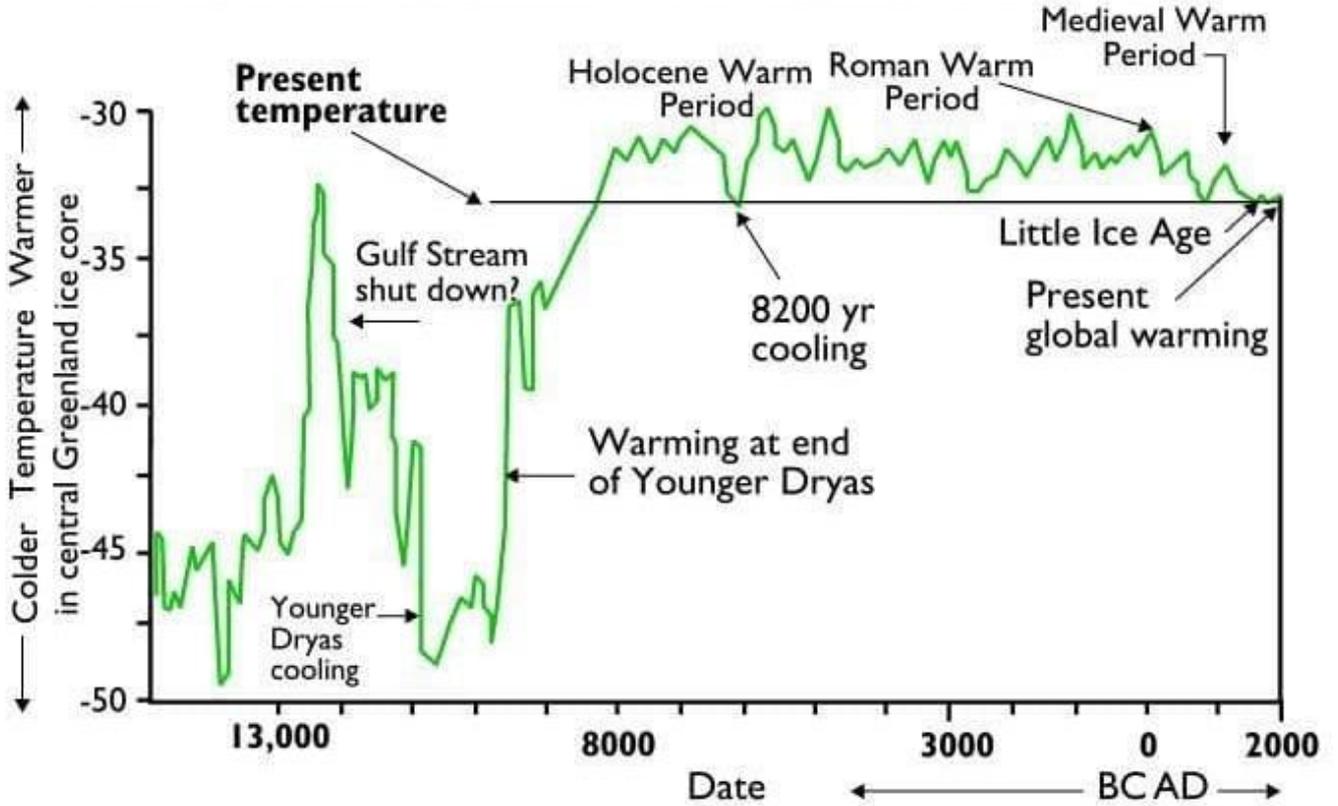
Food Incorporated Stewardship for Hunger



### 17. Carbon Dioxide (CO<sup>2</sup>):

There is NO correlation between atmospheric CO<sup>2</sup> and global temperatures!

#### TEMPERATURE CURVE LAST FIFTEEN THOUSAND YEARS



HIGHER CO<sup>2</sup> LEVELS are CRITICAL for FOOD PRODUCTION

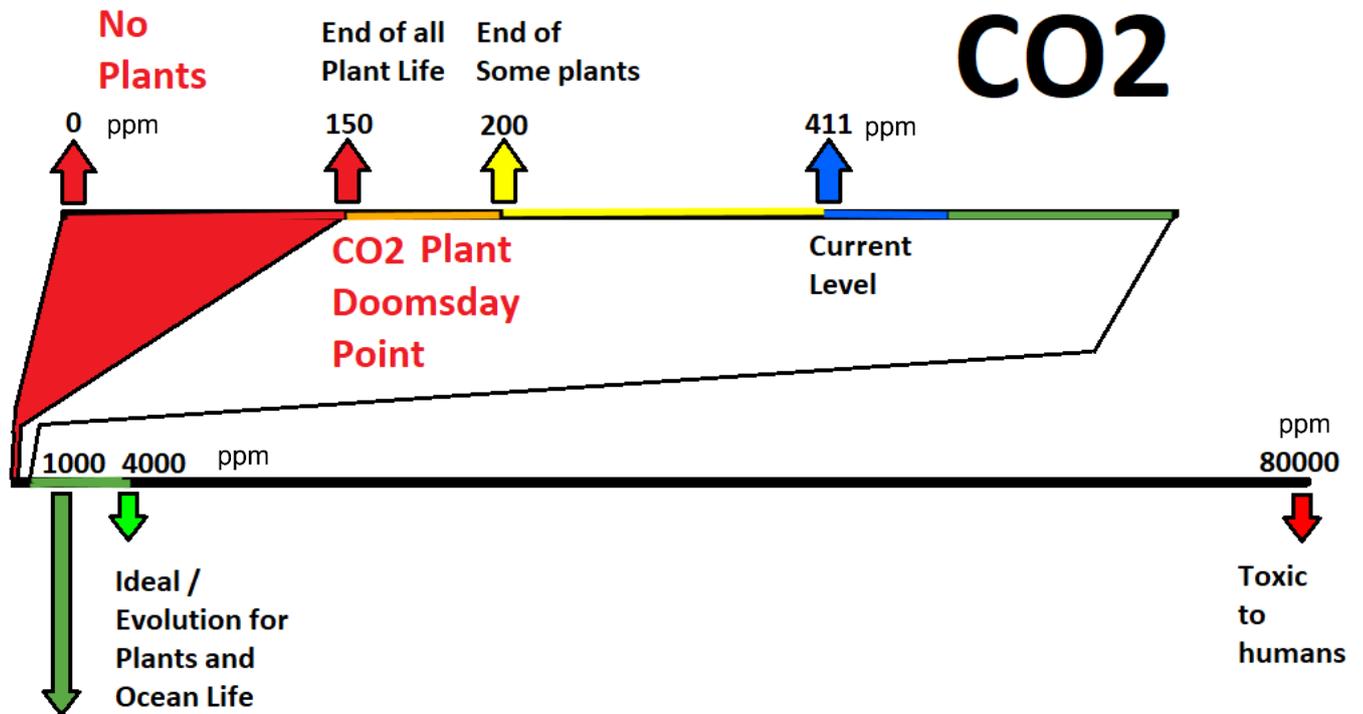
How long do you think Earth has before all life goes extinct, due to either humans or natural causes (asteroid, global warming)?

<https://www.quora.com/How-long-do-you-think-Earth-has-before-all-life-goes-extinct-due-to-either-humans-or-natural-causes-asteroid-global-warming>

11 June 2023

It really depends on how soon CARBON SEQUESTRATION efforts can reduce atmospheric CO<sup>2</sup> from 400ppm to 200ppm and cause a chain reaction of extinctions.

**Long term levels of CO<sup>2</sup> in the atmosphere have been typically 1% (10,000 ppm). CO<sup>2</sup> levels would need to increase 25 fold to reach that level – and still be low! CO<sup>2</sup> levels presently are dangerously low and present worldwide famine potential! CO<sup>2</sup> levels approaching 0.100% appear to be optimum for global food security!**



Farm Greenhouses

Level in a room of people

**CO<sup>2</sup> has recently increased only from 340ppm to 420ppm, a long way off 1,000ppm!**

Throughout the first quarter of the 21<sup>st</sup> century (2000 – 2025), humanity has been hell bent on its self-destruction by endeavouring to lower the atmospheric CO<sup>2</sup> levels, should they have fallen to the low levels as noted above, worldwide famine would have unfolded!

Science is confused and frequently in error due to dependence upon mind-centricity.

Why are the positive effects of global warming not being mentioned?

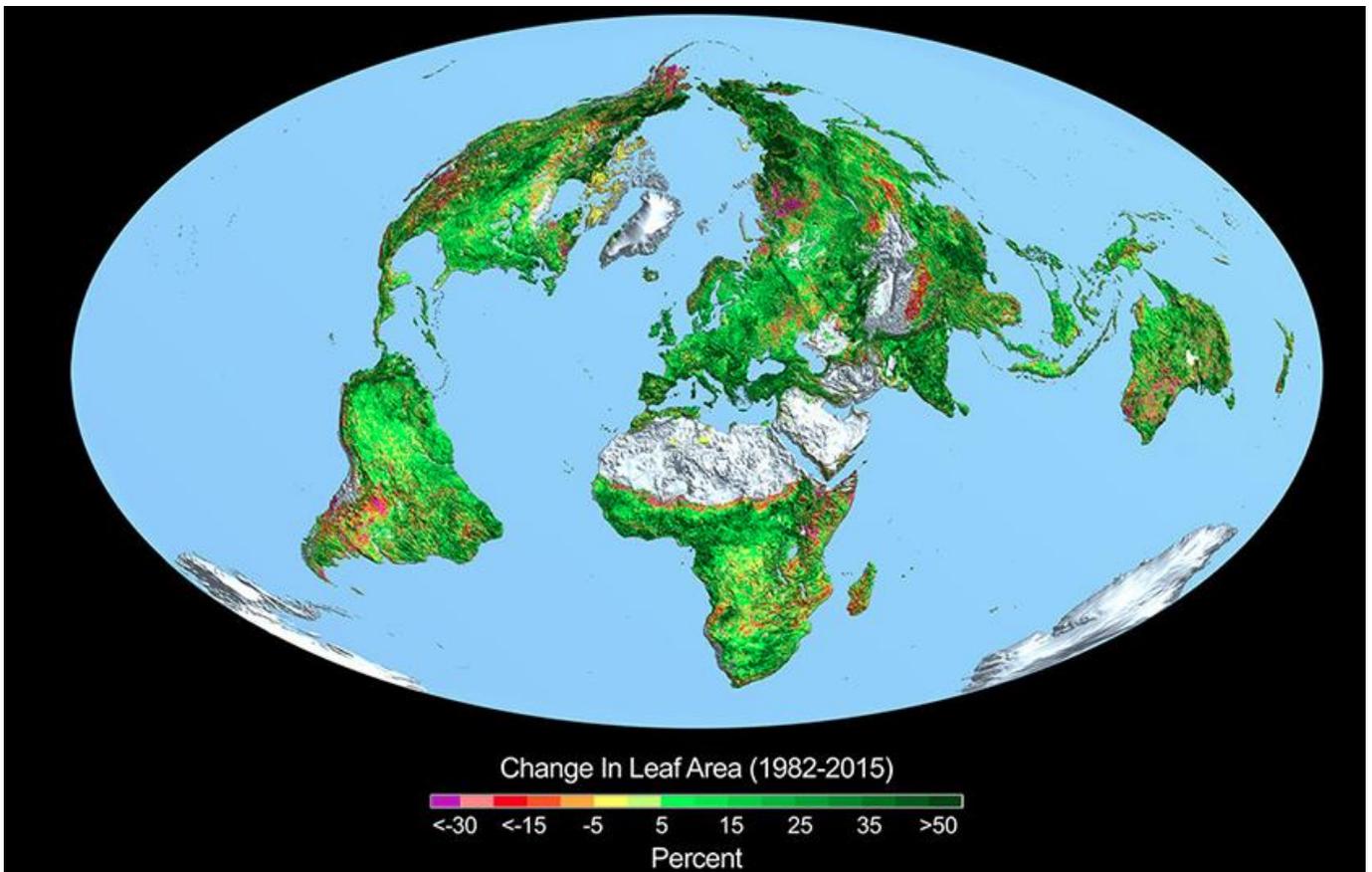
<https://www.quora.com/>

Ken Towe: former Senior Scientist at Smithsonian Institution (1964–1996)

14 June 2023

Since pre-industrial time the small amount of warming that has taken place and the release of CO<sup>2</sup> for our energy needs has combined to turn the Earth greener as seen from NASA satellites. That's a positive for agriculture, especially in the poorer parts of the world. It is rarely mentioned in the media because it doesn't fit the narrative of a catastrophic future unless we remove all of the energy that gets us to zero emissions by 2050.

From a quarter to half of Earth's vegetated lands has shown significant greening over the last 35 years largely due to rising levels of atmospheric carbon dioxide, according to a new study published in the journal *Nature Climate Change* on 25 April 2016. The greening represents an increase in leaves on plants and trees equivalent in area to two times the continental United States. Research results showed that carbon dioxide fertilisation explains 70% of the greening effect

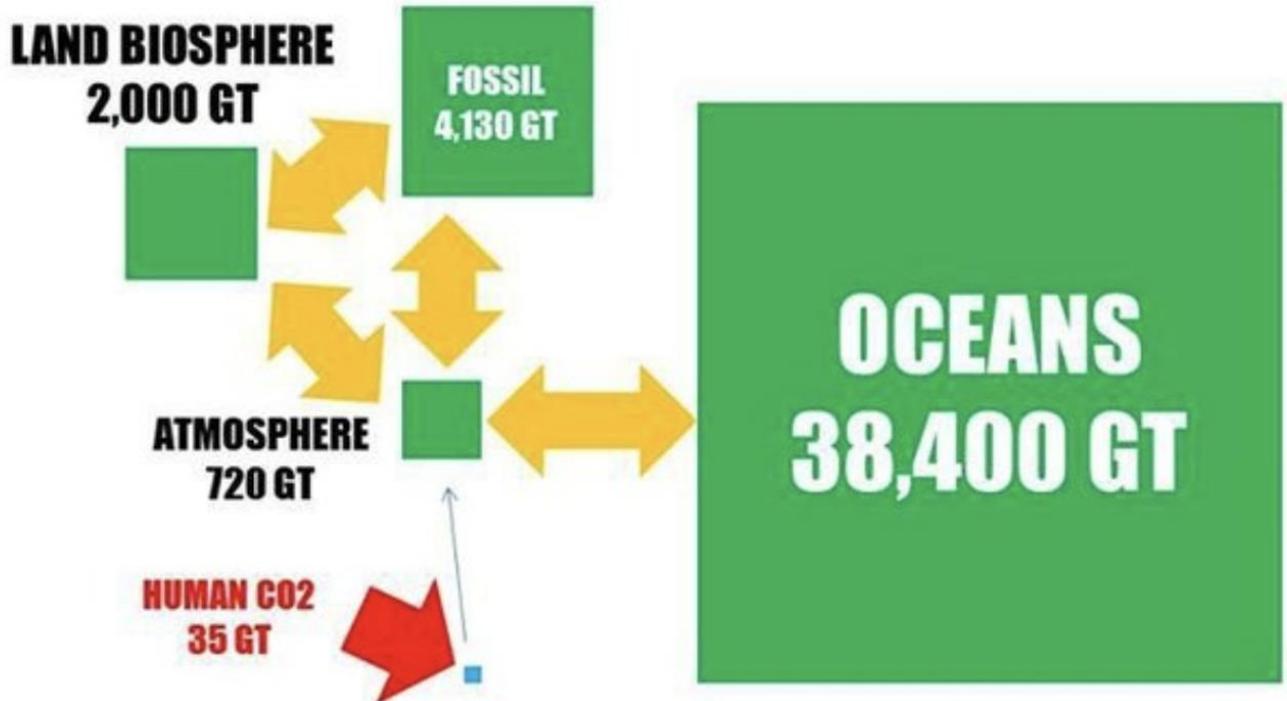


**The increase of CO<sup>2</sup> in the atmosphere from about 320 ppm (0.032%) to 420 ppm (0.042%) has contributed in raising the efficiency of our crops and trees by about 300%. Worldwide famine is avoided! Further, CO<sup>2</sup> does not warm up the Earth, it cools it slightly (increased vegetation). CO<sup>2</sup> is beneficial to life! It is the basis of life. CO<sup>2</sup> is not a contributing to global warming. CO<sup>2</sup> is no danger. Life on Earth has recovered greatly because of our releasing CO<sup>2</sup> into the atmosphere (even if it is only a tiny fraction!).**

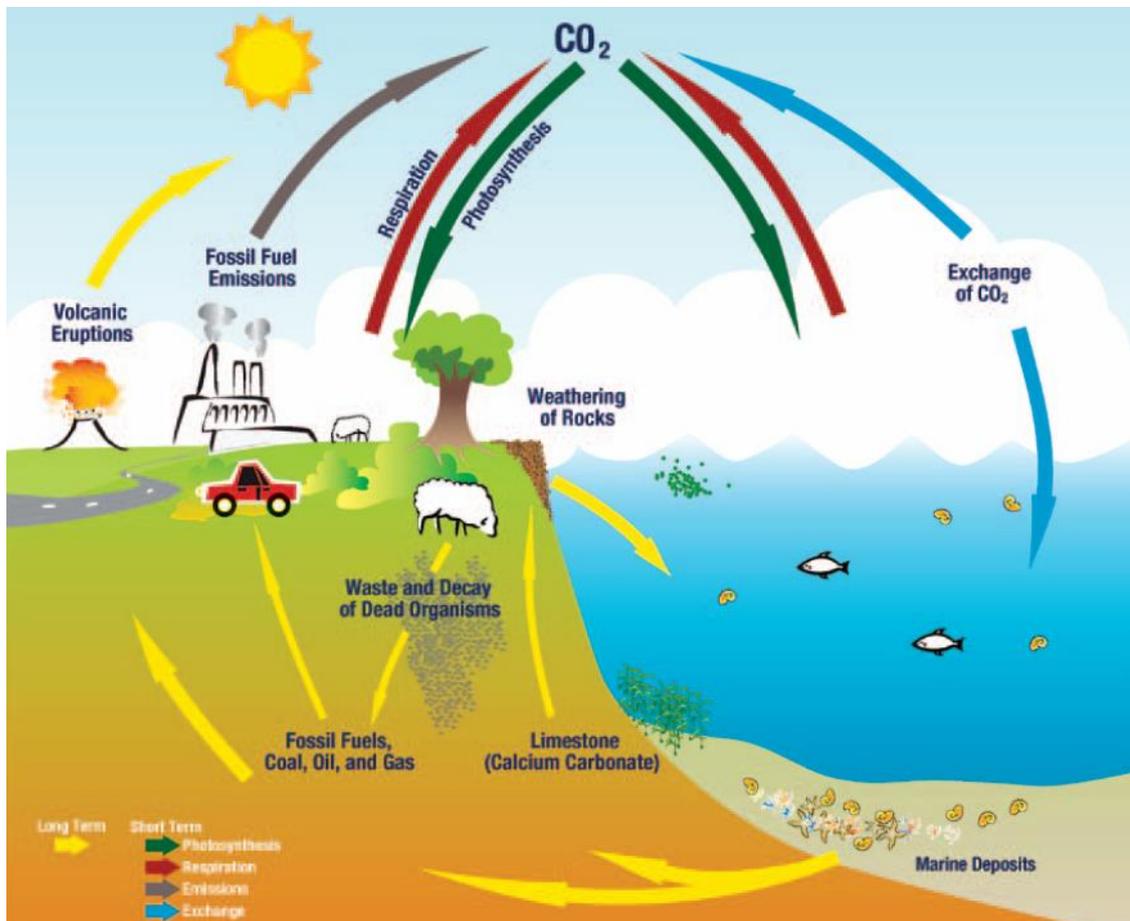
**Note: The farming region around West Wyalong, central New South Wales, Australia, was reporting regularly wheat crop yields at 10 bags per acre in the 1960s whereas now in the 2020s the yields are regularly 28 bags per acre! This being equivalent to a very substantial increase. I, John, grew up in this farming district.**

# EARTH'S CARBON CYCLE

GT = GIGATONS OF CARBON



To consider that humanity's carbon footprint is driving climate change is absurd.



## How do human CO<sup>2</sup> emissions compare to natural CO<sup>2</sup> emissions?

<https://skepticalscience.com/human-co2-smaller-than-natural-emissions.htm>

### What the science says...

The natural cycle adds and removes CO<sup>2</sup> to keep a balance; humans add extra CO<sup>2</sup> without removing any.

Human CO<sup>2</sup> is a tiny % of CO<sup>2</sup> emissions

“The oceans contain 37,400 billion tons (GT) of suspended carbon, land biomass has 2,000-3,000 GT. The atmosphere contains 720 billion tons of CO<sup>2</sup> and humans contribute only 6 GT additional load on this balance. The oceans, land and atmosphere exchange CO<sup>2</sup> continuously so the additional load by humans is incredibly small. A small shift in the balance between oceans and air would cause a CO<sup>2</sup> much more severe rise than anything we could produce.” (Jeff Id)

A gigaton is 1,000,000,000 tonnes. Carbon dioxide generated by human activity amounts to only about four percent of yearly atmospheric uptake or loss of carbon dioxide, but the result is that the concentration of carbon dioxide in the atmosphere has been growing, on average, by four-tenths of one percent each year for the last 40 years.

Before the industrial revolution, the CO<sup>2</sup> content in the air remained quite steady for thousands of years. Natural CO<sup>2</sup> is not static, however. It is generated by natural processes, and absorbed by others.

As you can see in Figure 1, natural land and ocean carbon remains roughly in balance and have done so for a long time – and we know this because we can measure historic levels of CO<sup>2</sup> in the atmosphere both directly (in ice cores) and indirectly (through proxies).

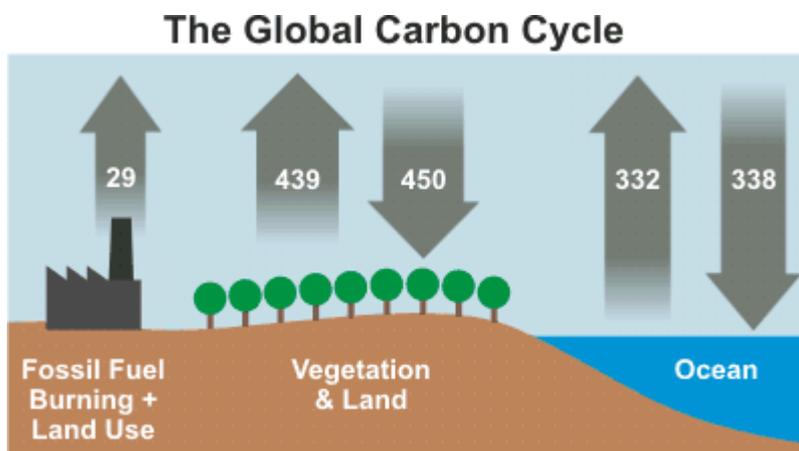


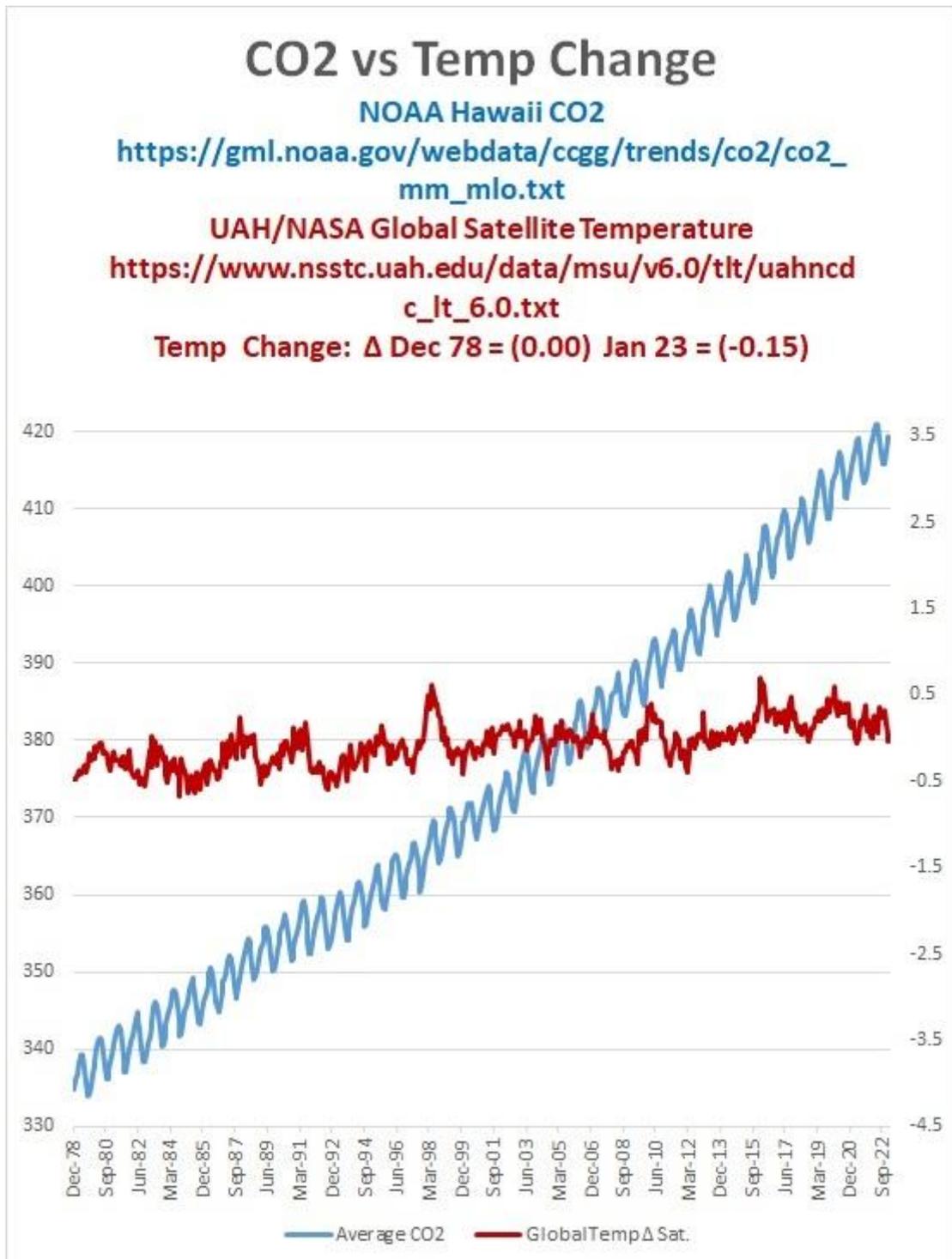
Figure 1: Global carbon cycle. Numbers represent flux of carbon dioxide in gigatons

(Source: Figure 7.3, IPCC AR4).

But consider what happens when more CO<sup>2</sup> is released from outside of the natural carbon cycle – by burning fossil fuels. Although our output of 29 gigatons of CO<sup>2</sup> is tiny compared to the 750 gigatons moving through the carbon cycle each year, it adds up because the land and ocean cannot absorb all of the extra CO<sup>2</sup>. About 60% of this additional CO<sup>2</sup> is absorbed. The rest remains in the atmosphere, and as a consequence, atmospheric CO<sup>2</sup> is at its highest level in 15 to 20 million years (Tripathi et al. 2009). (A natural change of 100ppm normally takes 5,000 to 20,000 years. The recent increase of 100ppm has taken just 120 years). [Paragraph updated July 2022, to correct information on % of additional CO<sup>2</sup> that is absorbed.]

Human CO<sup>2</sup> emissions upset the natural balance of the carbon cycle. Man-made CO<sup>2</sup> in the atmosphere has increased by a third since the pre-industrial era, creating an artificial forcing of global temperatures which is warming the planet. While fossil-fuel derived CO<sup>2</sup> is a very small component of the global carbon cycle, the extra CO<sup>2</sup> is cumulative because the natural carbon exchange cannot absorb all the additional CO<sup>2</sup>.

**The level of atmospheric CO<sup>2</sup> is building up, and it is said that the additional CO<sup>2</sup> is being produced by burning fossil fuels, and that build up is accelerating.**



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[Pascas WorldCare Earth Changes Environmental Changes.pdf](#)

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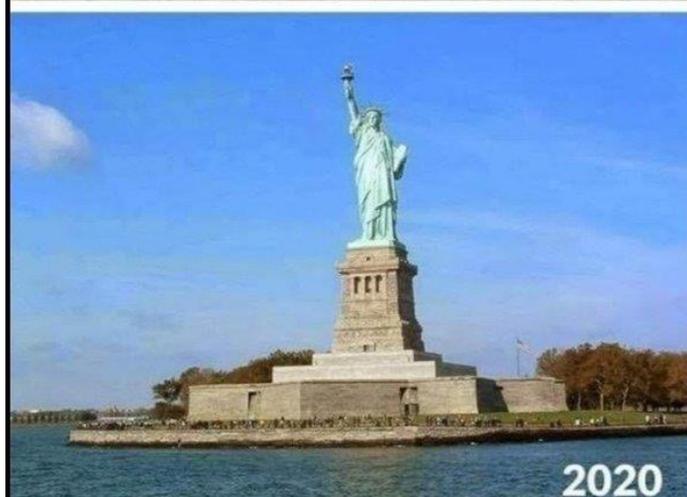
Unprecedented climate change has caused sea level at Sydney Harbour to rise approximately 0.0 cm over the past 140 years.



**THIS IS WHAT CATASTROPHIC  
SEA-LEVEL RISE ACTUALLY  
LOOKS LIKE**



1920

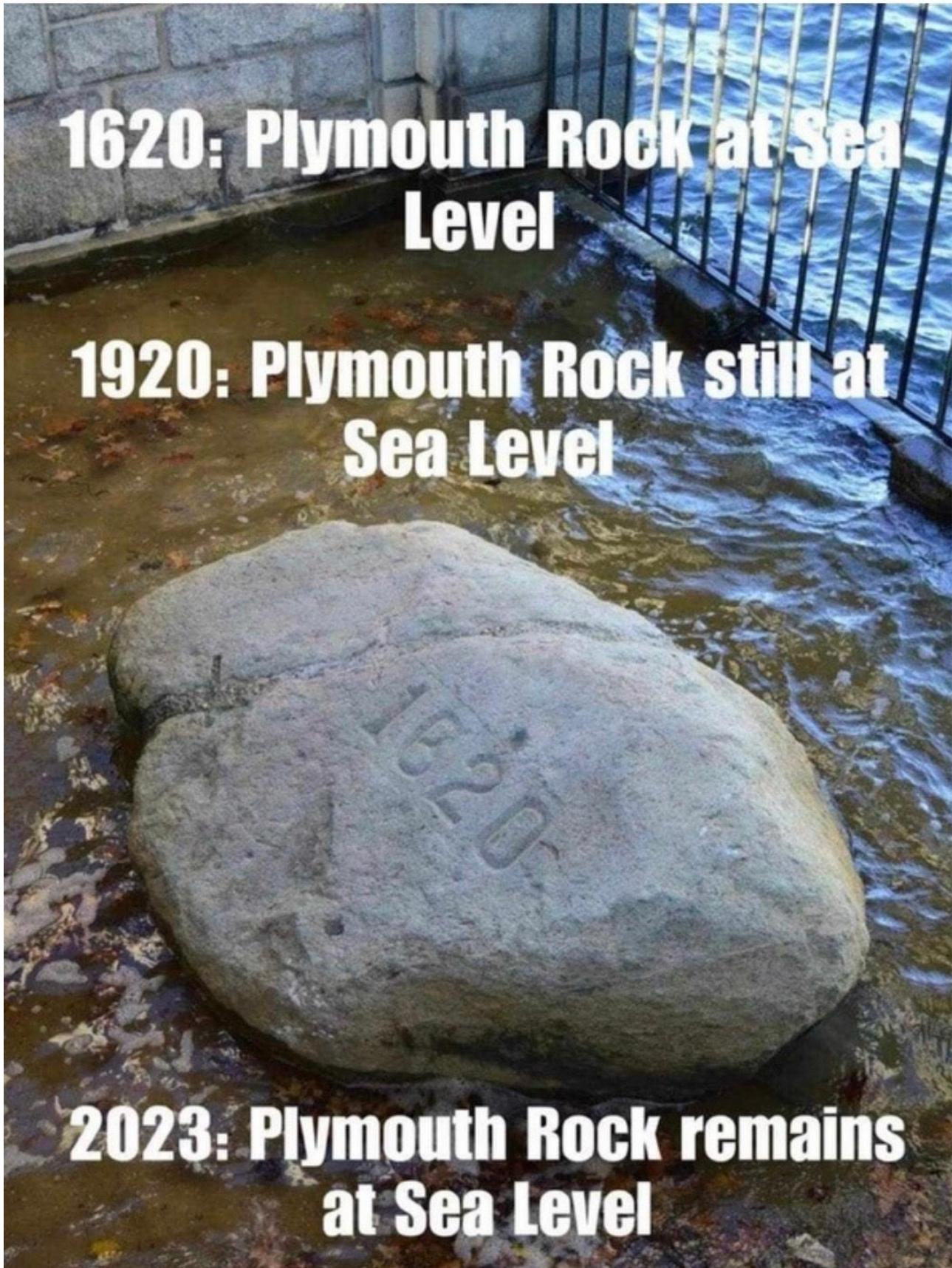


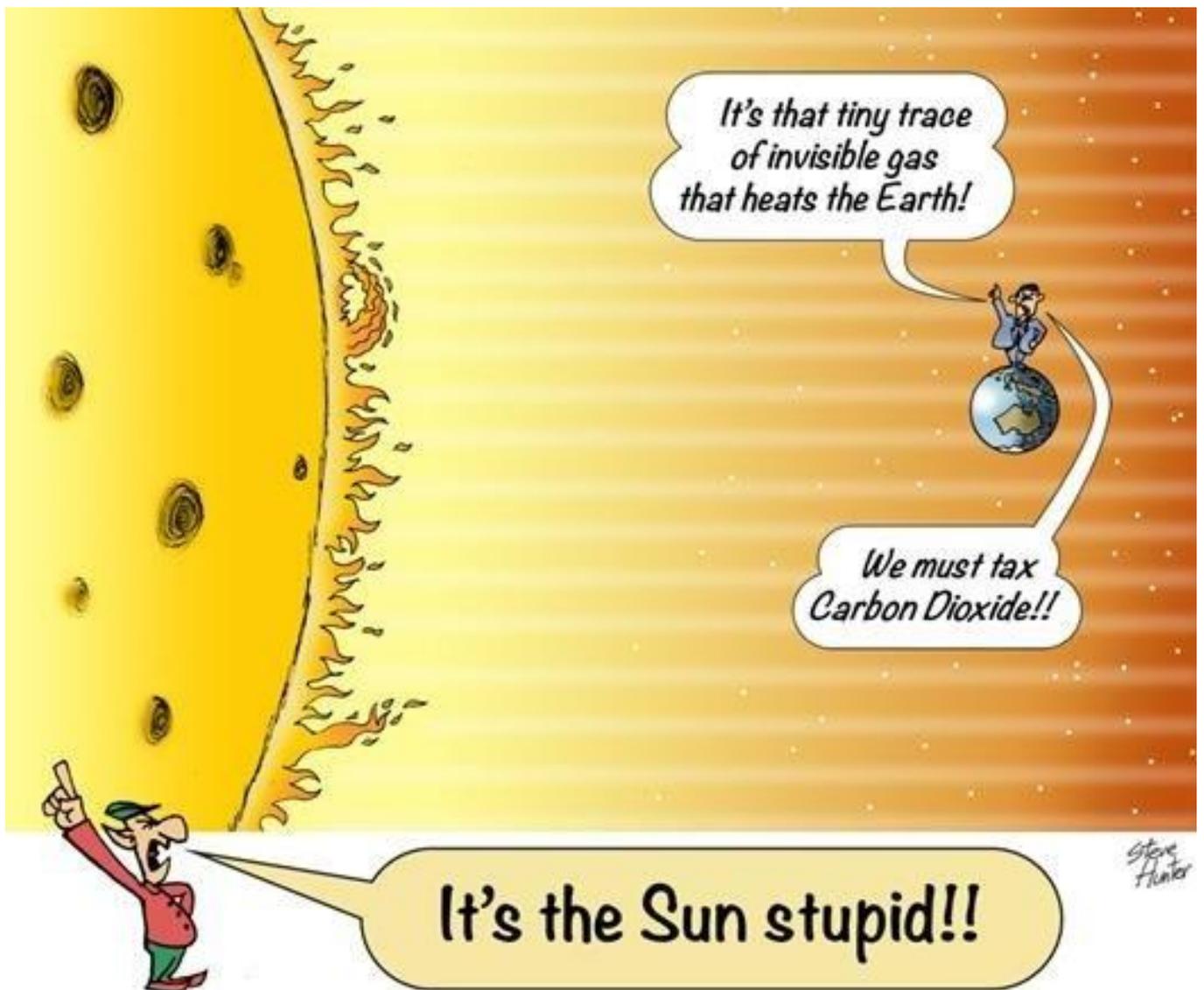
2020



**Jon's political corner** · [Follow](#)

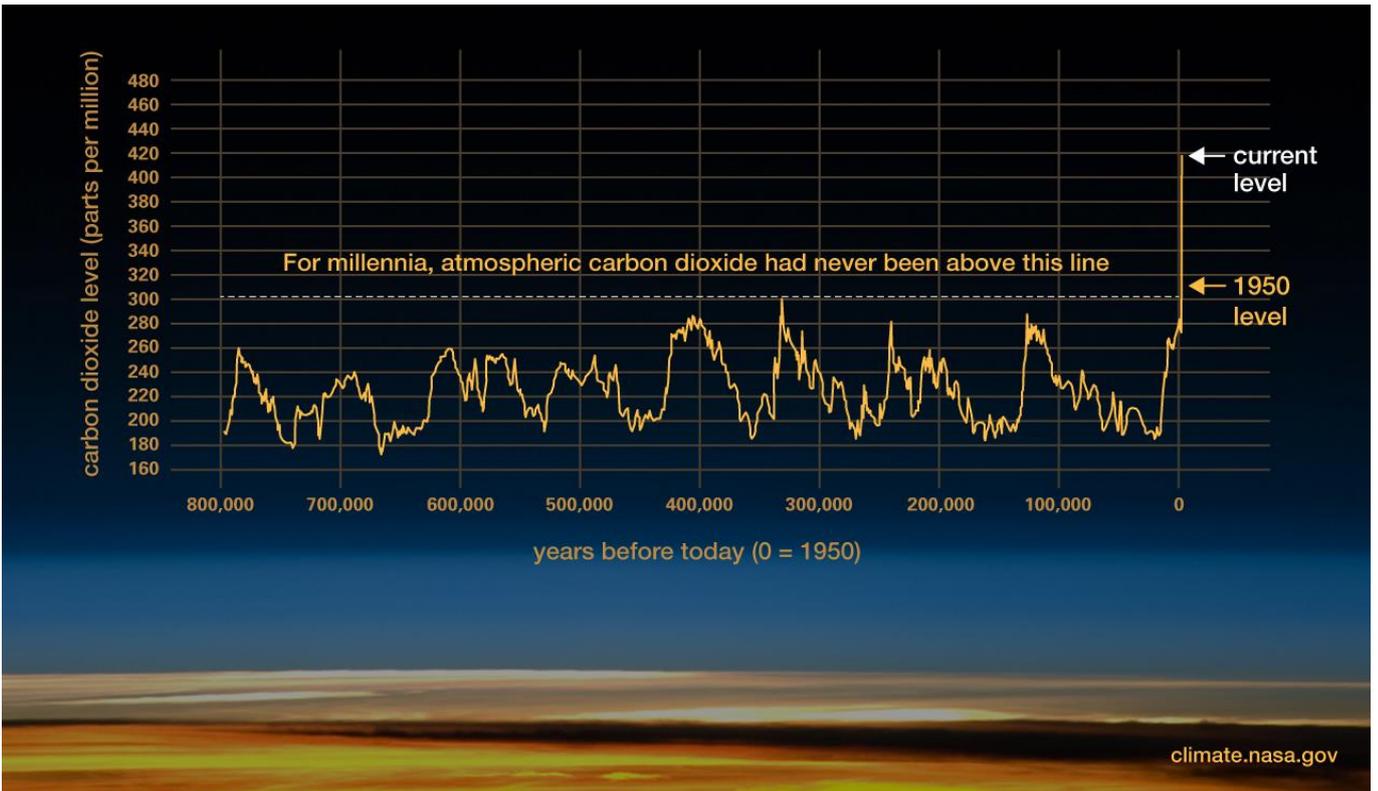
Posted by Lauro Andrea · 9h





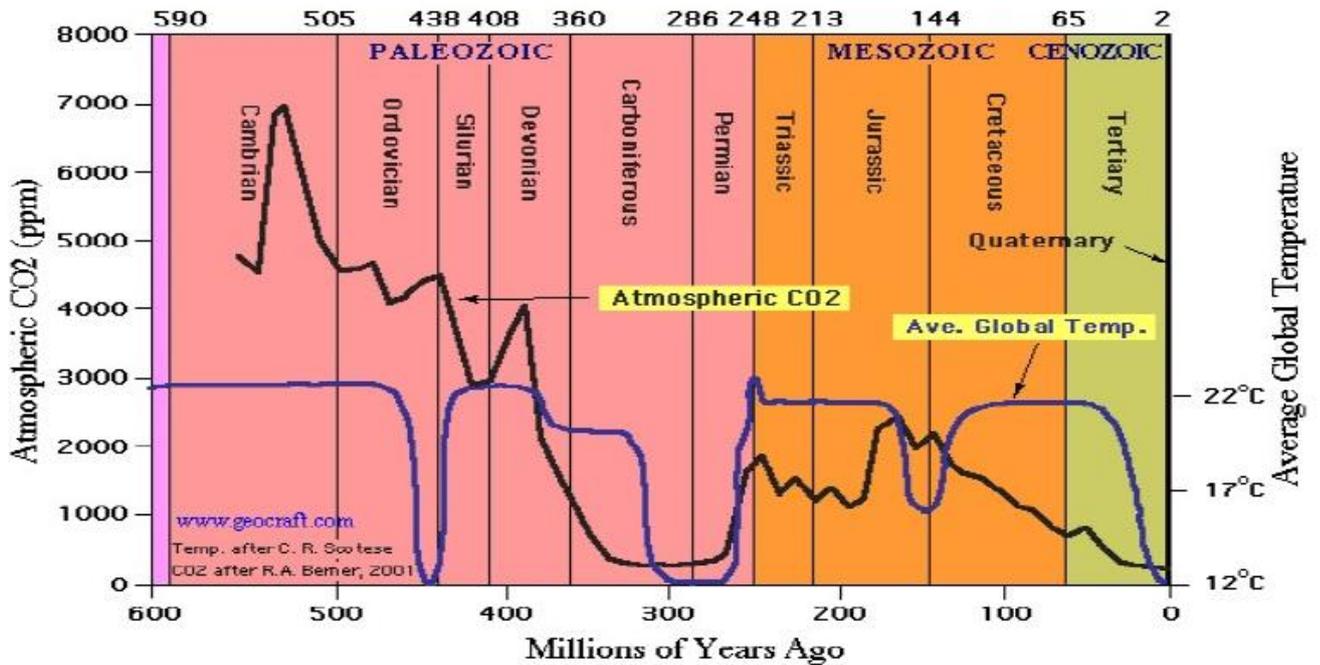
Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then Library Download page, scroll a long way down to Corporate Foundation Documents, and click on to open:

 [Pascas WorldCare Earth Changes Environmental Changes.pdf](#)



“At no point do temperature and CO<sup>2</sup> levels relate.”

**Global Temperature and Atmospheric CO<sub>2</sub> over 600 Million yrs - No Evidence of CO<sub>2</sub> driving temperature**



Late Carboniferous to Early Permian time (315 million years ago - 270 million years ago) is the only time period in the last 600 million years when both atmospheric CO<sub>2</sub> and temperatures were as low as they are today (Quaternary Period). At no point do temperature and CO<sub>2</sub> levels relate. Temperature after C.R. Scotese <http://www.scotese.com/climate.htm> CO<sub>2</sub> after R.A. Berner, 2001 (GEOCARB III)

## CLIMATE CHANGE is ALWAYS UNFOLDING!

While there is ice on Earth's poles then we are in an ice age.

A 1.000% level of carbon dioxide CO<sup>2</sup> in the atmosphere could be considered 'normal and acceptable' – that is what many greenhouse operators strive for. Around the 1950s, CO<sup>2</sup> levels were at around 0.034%. Should they had continued to fall, then at 0.025% plants are unable to seed and any lower we have worldwide famine! As CO<sup>2</sup> levels have fortunately recovered to 0.042% (still at 1/25 of preferred levels) global crop yields, due to multiple factors, have recovered to around 300% of the 1950s yields!

CO<sup>2</sup> is NOT a 'greenhouse' gas, it is not contributing to 'global warming'. It is actually very marginally cooling the planet due to worldwide increased vegetation.

The transfer of the weight of moving ice is not changing sea levels. The continental / tectonic plates all float on liquid magna thus they adjust up and down as weight transfers – just like when ships come into port do not move the water levels.

The Sun does it all. The Sun's projected energy is received into the CORE of Earth and since the 1950s the increased energy within the core of Earth has naturally changed weather patterns globally. This is all cyclical and it is arrogant to consider that man has influenced any of this OR can influence any direction these events are going to take.

We all have been indoctrinated with vast amounts erroneous suppressive untruths which underpin the psychic barriers to humanity's evolutionary growth which we are now to put aside and progress from. The suppressive controls imposed upon all of humanity at all levels is to be exposed and dismantled.

Kindly consider [www.pascashealth.com](http://www.pascashealth.com), Library Download page, scroll down to Pascas Care Letters and click on to open:

 [Pascas Care Letters Divide and Conquer.pdf](#)

and within Corporate Foundation Documents:

 [Pascas WorldCare Earth Changes Environmental Changes.pdf](#)

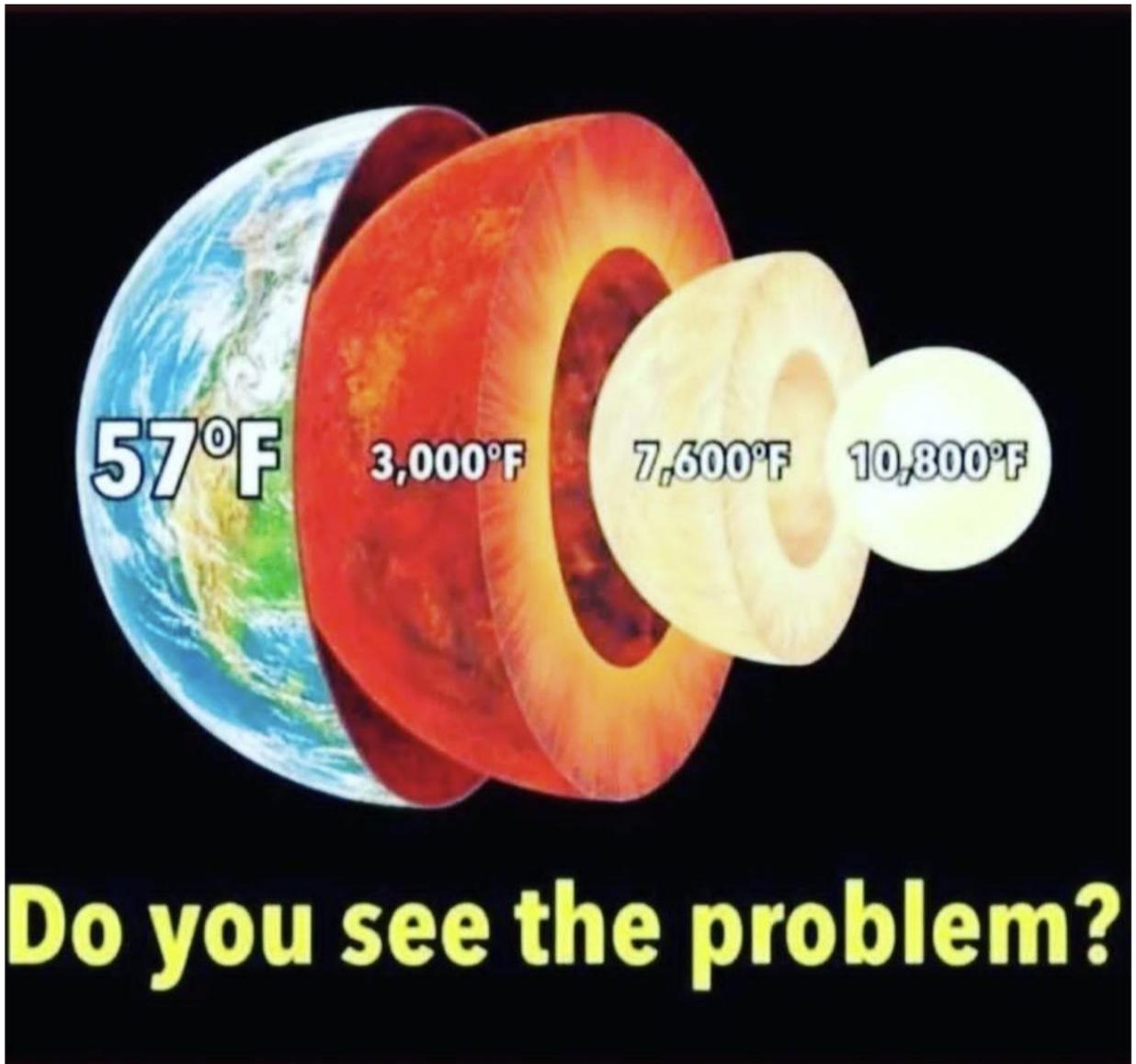
Carbon dioxide is Earth's most important greenhouse gas: a gas that absorbs and radiates heat. Unlike oxygen or nitrogen (which make up most of our atmosphere), greenhouse gases absorb heat radiating from the Earth's surface and re-release it in all directions—including back toward Earth's surface.



NOAA Climate.gov

<http://www.climate.gov> › understanding-climate › climat... ⋮

Climate Change: Atmospheric Carbon Dioxide



**Climate change driven by the Sun – Prof Ian Plimer – Facebook**

Climate change driven by the Sun **Professor Ian Plimer** (Geologist)

[https://www.youtube.com/watch?v=iEPW\\_P7GVB8](https://www.youtube.com/watch?v=iEPW_P7GVB8)

<https://www.facebook.com/trigteq/posts/1269051846521320/>



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## 18. Following one's passions:



and bring about;

Unbridled *Personal*  
**LIBERTY** = True Self-  
**Expression**



# 18. Our uniqueness and our journey:

## Soul Partners

Physical / material body

Brain

Spirit / etheric body

Mind

Soul + Spirit Combination

Senses

Desires

Memory

Passions

Intention

Free Will

Emotions

Creativity

Awareness

Personality

Aspirations

Intelligence

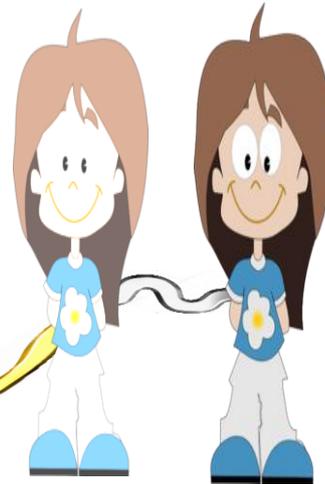
Consciousness

The Real You is your Soul!

Our Soul orchestrates everything!

### ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.

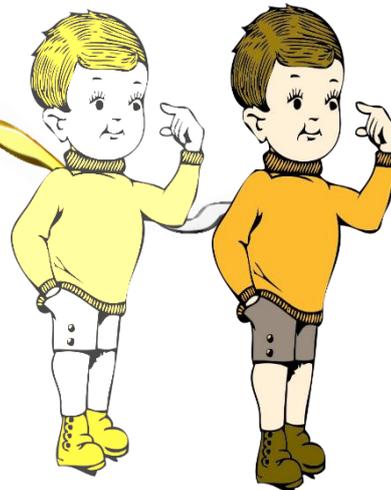


Spirit Body

Physical Body

One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



The NEW WAY The NEW WAY

# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS**  
**EXPRESSIVE!**

## My Fangs or your Fangs?

**Our path may be narrow or broad in our range of what we are to experience.**

**There is nothing that we individually can do to step outside of our pathway.**

**We are each unique personalities having an individual life experience.**

**Our life plan is part of the collective plan for the whole of humanity.**

**Every personality has her or his own program.**

**We each carry out our own personal program.**

**Our life experience is set at our incarnation.**

**Our journey is a wonder to comprehend.**

**As man achieves consciousness, he will be given rights incomprehensible.**

**Inside you and me is all that is to be known – through our soul-based feelings.**

**People possess various types of freedom but they cannot live outside of their plan.**

**It is up to each of us to decide whether or not to use the resources within.**

**For some reason, people have been always choosing the technocratic path, but that always leads them to disaster. All planetary disasters are always created by people's thoughts. Thoughts that are followed by actions! Disasters avoided are followed by others – typically greater. Illuminating souls of the technocratic world is an uphill battle.**

**During a technocratic period of life, people cease to be intelligent beings. It's necessary not to appeal to people's minds, but to their feelings, and through their feelings, to inform them of the Divine program, and in order to do this, one has to sense and comprehend it for oneself.**

**As man perfects the Divine world order, she/he will necessarily become more and more perfected, and there is no limit to see to this phenomenon. Great resources will open up before them. Anastasia – Ringing Cedars**

## **The GOLDEN RULE**

***Never interfere with another's will.***

***We are not to impose our will upon another!***

***One must always honour another's will as***

***one honours one's own.***

Notes are partly drawn from Anastasia – Ringing Cedars

They have been writing them for millennia, but there are no perfect laws – nor can there be! You'll never be able to write perfect laws because you have forgotten the most important thing. You don't know the life's purpose of each separate person – woman, man or child – and of mankind as a whole. This life's purpose – the Universal life's purpose – has been expressed in just four words. It is the foundation of all laws. It and only it can string all of the Earth's laws onto itself, like beads onto a thread, or repulse them. But you don't know what it is – you have forgotten them!

### PERFECT THE DWELLING LAND

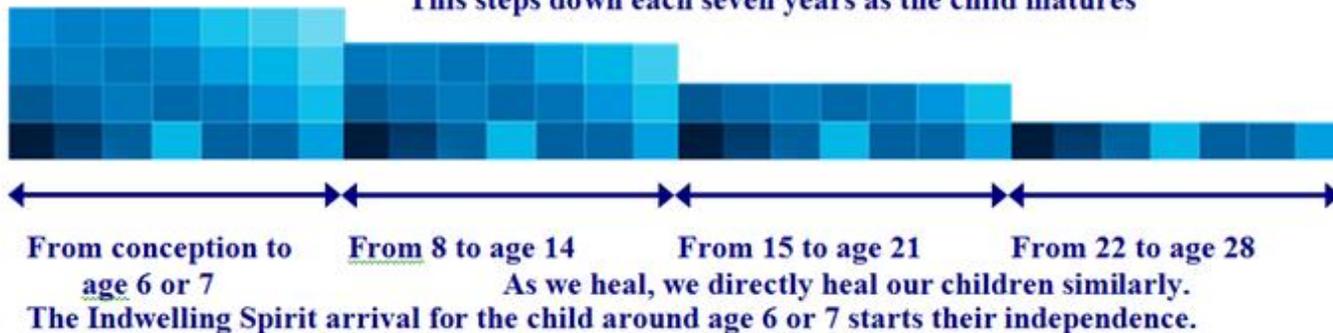
'Perfect the dwelling land' means perfect yourself.

All that exists within the Universe and on Earth represents through itself a united dwelling land, inseparably interconnected, and with man in the centre.

## Feelings First, Mind Following

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



Perfect the dwelling land means give birth to and raise children who are more perfected than yourself. Each generation should be more perfected than the previous. For this to come about, the generation that comes before should present the following generation with a more perfected dwelling land.

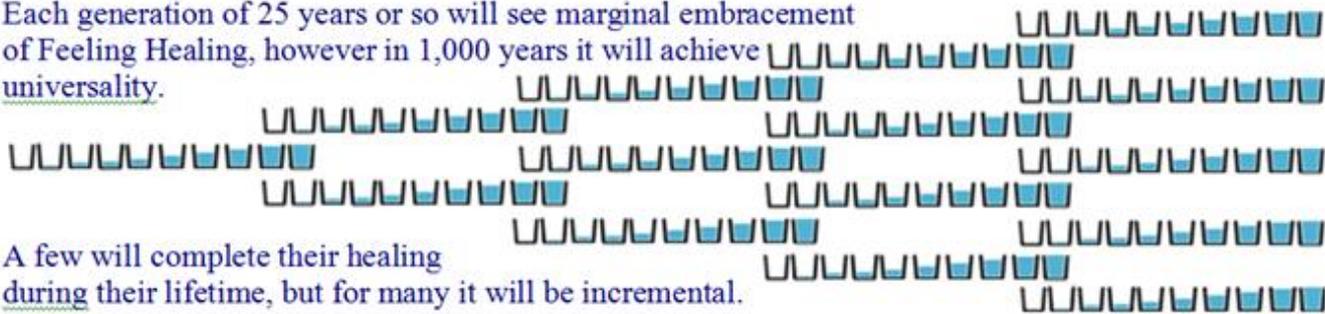
Once humanity begins inventing mechanical, non-rational capable substitutes, they begin losing their God-given talents – their common-sense! Their initial capabilities enabled them to create everything you can imagine – and even things you can't. By inventing the telephone, humanity lost the capacity to communicate over distance and imagine their loved one's whereabouts.

Their rationality is stuffed down inside them. It is impossible to call them 'people'! Anti-rationality dominates them.

Humanity believes it can eradicate diseases. Through vaccines they have told themselves they have succeeded on a number of fronts. But all they are doing is causing the mutation of the disease into more virulent and difficult to manage forms or new disease to be replacements. All 'eradicated' diseases have returned!

Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.

A few will complete their healing during their lifetime, but for many it will be incremental.



The artificial, technocratic (involving experts in science or technology) world was created by man using the energy of an image suggested to man by his antipodes (the exact or direct opposite). The technocratic world is fragile and transitory. Even the most advanced car, building or any other object of the artificial world disintegrates with each second and within a few years it turns to dust or, worse still, into waste products harmful to man.

Man himself, by living in the artificial world, becomes fragile and transitory as well. For it is hard for a person that spends each minute looking at a multitude of disintegrating objects that lack autogenic capability, to image eternal life, create the image of his own eternity and materialise it.

Lack of knowledge of the science of imagery turns entire states and peoples into puppets, into chess pieces in the hands of those who acquainted with this great gift.

From the moment of birth – well, the moment of conception – they (being the mind) try to belittle man.

Everything exists that you believe exists.

Now we are to understand what serious and ongoing indoctrination man is being subjected to, and of course, it's no accident. There's somebody who needs this very much.

Nothing in the universe disappears without a trace; it only passes from one state to another. We go on living, but in a different form.

Thought and information appears and we only need to assess its reality through ourselves. Even though we are living in a dimension of anti-rationality, rationality all the same remains within a person, although in a significantly smaller degree.

Today's community of people live in an artificial world, not a natural one. The people created it and slavishly serve it. We have created an artificial world and live artificial lives within it.

**The real, natural world is to be found along the side of the asphalt roadways along which modern mankind is rushing headlong towards an abyss. Artificial concepts have been implanted into the collective consciousness of ‘modern’ people.**

**Our scientists and “educated” researchers have, in their great wisdom, started to call modern medicine – which has existed for only two hundred years – traditional, while calling folk medicine – whose history is calculated in the hundreds of thousands of years – non-traditional. At the same time as they’ve begun referring to healers – and here we are talking about real healers, who are well versed in the properties of medicinal plants – as charlatans. The result is that modern man ends up having to treat many diseases – ones that people just a hundred years ago easily cured themselves of, at no cost, using herbs from their very own garden – using expensive pharmaceuticals, on the advice of their expensive doctor. Perhaps there should be two paths in medicine. We need to teach folk medicine in school and train specialists in medical schools. About 80% of ailments can be cured using folk medicine, and this will significantly lower the burden on today’s medical facilities, which will make it possible to substantially improve the quality of medical services. But to do this we have to think in categories of rationality.**

**Commonsense and rationality have been purged throughout modern education systems and in all facets of life. Look at the more than 200 social media platforms to see how people now communicate**



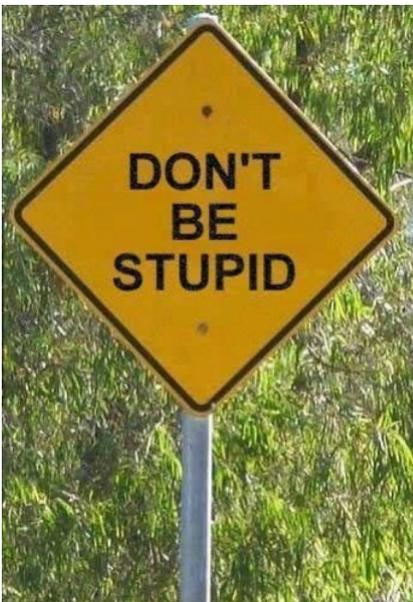
**with each other – it is absurd. Look at how people constantly are absorbed in their mobile phones – yes – some have two or three mobile phones on the go. People do all they can to avoid communicating in a meaningful way with each other – they spend hours a day watching mindless television and worse still is their massive addictions to computer games which begins before even reaching school age!**

**And this is where questions come up. How could it happen, that for half a century, society has been developing new building techniques, new materials, machinery and devices which would seem to be more advanced, but in the end...**

**The average family has to work hard for twenty to thirty years to get a dwelling that it used to be able to provide itself with in the course of a year or two. For many families, the housing question has become insoluble, and the government has had to take it up (social housing).**

**Did the given situation come about by chance, or did someone artificially construct it? That, however, isn't important (unless these same hidden controllers are persevering). The important thing is that the situation is absolutely anti-rational, but society, caught up in its everyday bustle, has turned out to be incapable of reflecting and analysing. It's gotten used to the situation and can't imagine anything different. Society has gotten used to anti-rationality. And society is ceasing to be rational.**

**Commonsense has been lost as well as the opportunities for diversities of experiences with big picture little picture capabilities of perception being also lost.**



## 19. Law of Compensation and Law of Cooperation:

**We are not to impose our will upon another!**



**Our MIND is a CONTROL ADDICT!  
Our MIND is ADDICTED to UNTRUTH!  
Our MIND cannot DISCERN TRUTH!**

**ASSUMPTIONS are the product of the MIND!**

**Our SOUL is OUR TRUTH!  
Our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to FOLLOW!**



# LAW OF COOPERATION

## The Law of Cooperation

8 October 2022

Is to work in conjunction with (cooperating with) the Law of Compensation.

# LAW OF COMPENSATION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all

suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

# LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the worlds top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

# LAW OF COMPENSATION

## Quickening

## **EARTH'S HUMANITY 2022**

**Our children are expressions of love ... until we suppress their true personality and with it their expression of love ... we degrade our children's level of consciousness to that of our own, they become little ME's, they absorb our emotional injuries and errors of belief and we lock them into a life that is a full reflection of our unconsciousness**

**How could this be so?**

**Every year there are around 130 million live births. Every year there are around 45 million miscarriages, it takes two to bring about a conception and on the 16<sup>th</sup> day thereafter the heart starts pumping and we have a child that is fully incarnated. The embryo is always perfect. It is our emotional injuries flooding upon the newly forming child that overwhelms its ability to survive through to childbirth – it miscarries never to experience a physical existence.**

**Further, there are around 45 million abortions each year. As two people are involved, that represents two out of three people born that then go on to abort a child. That is a further demonstration of love – the lack of it.**

**There are 60 million girl babies missing in China. In birthing suites there have been buckets of water to address the arrival of a girl child. In India there are also 60 million girl babies missing – demonstrations of lack of love.**

**About 7,000,000 children are sexually abused every year in the Philippines (population 113 million). Frequently it is the Filipino children being raped by their fathers or uncles. These men usually are 30 to 40 year old, and do not have a stable job. The scenario in Indonesia (population 280 million) and India (population 1.4 billion) are similar – as it is in a lot of countries.**

**This is as difficult to write as it is to read – there is no need to add to this.**

**NOW, we have the way to heal ourselves of this generational malaise and begin to bring our children into a world of love, support and freedom.**

**Please join with us and let us all hold hands and begin as small communities to embrace the grace and wisdom that has now been shared with us all so that the end of the hidden control and Rebellion and Default is removed from our lives and an era of peace and joy can begin to surface for future generations that all are to benefit from our humble beginnings.**



**Judge:** Son, what were you thinking?

**Son:** Well Judge, that was the problem.

I was thinking just like mum and dad taught me, but now I know my mind cannot discern truth from untruth, is addicted to untruth and control over others! Our mind is not our moral compass.

**Our moral compass is our feelings!**

### MORAL COMPASS

Our 'gut feelings' are our soul promptings of truth and love!



## 20.Revelations:

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.



**Feelings First with Mind to follow in support.**

**Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses**

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:

-  [Pascas Care Letters Mind into Balance with Feelings.pdf](#)
-  [Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.

Nanna Beth 3<sup>rd</sup> Celestial Heaven 20 March 2018



# Revelation

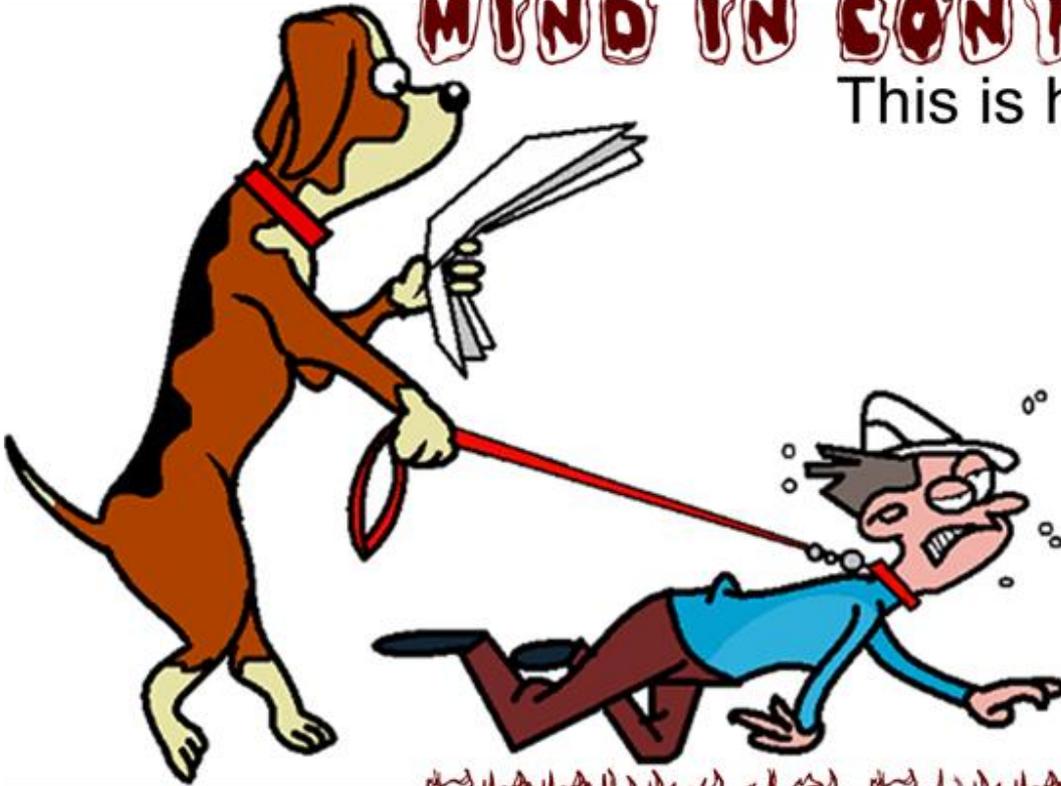
- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

21.Great U-Turn:

MIND IN CONTROL

This is how it is!



FEELINGS FRIED

Great U-Turn

Feelings in Control

This is how it is to be!

Mind in Support



## **WE are each a SPIRIT having a PHYSICAL EXPERIENCE!**

Andon and Fonta were the first people to have a longing for human perfection. They lived south of the Caspian Sea some 993,500 years ago. They were red skinned and had an appearance similar to today's Eskimos. Their offspring reached Tasmania, a southern island state of Australia, some 950,000 years ago meaning that migration to and through Papua New Guinea must have preceded that time.



It was some 200,000 years ago that Earth's humanity were beginning to be induced to living mind-centric and suppressing and ignoring their feelings. Also, it became customary for women to be subjected to the control of men. Women being generally closer and more open to their feelings would have ended the folly of living mind-centric should they have been allowed a voice.

Our mind is unable to discern truth from falsehood, our mind is addicted to untruth, and our mind is addicted to control over others and the environment. It is through our feelings that we discern truth and love. Now the issues that plague all of humanity can be understood. We have locked ourselves into the constructing of all that ails society by being mind-centric rather than feelings first with mind in support.

Our soul does it all. Our soul is a duplex, it manifests two personalities, one a female and the other a male – always! It does this by bringing about a spirit body that is the template for the physical body – this occurs at the moment of conception. Should the physical parents be in a perfect emotional state at the time of conception, the child will form perfectly and be born in a perfect emotional and physical state. As none of us are in a perfect emotional state, we as parents of the newly forming body and personality infuse the spirit body of the newly forming embryo with our emotional injuries and errors of belief. This impedes to flow of light from the soul to the spirit body and then through the physical body and then back through the spirit body to the soul. This imbalance in soul-light circuitry brings about the physical deformities, childhood illnesses and health issues that progressively emerge throughout the life of the child. This imbalance also brings about the personality issues, emotional issues and the apparent hereditary patterns being passed on from one generation to the next.

Thus, the underlying issues that we each are confronted with essentially stem from our Childhood Suppression imposed upon us by our parents from the moment of our conception through to the age of six years when our Indwelling Spirit arrives. We compound these issues through our ongoing Repression of our Childhood Suppression. Our Childhood Suppression is classically our parents trying to impose a personality type upon us that they consider is more appropriate than the true personality that we are, that our Heavenly Mother and Father gave us. Thus, we are all walking around presenting to the world a façade that is not our true self – we are each zombie-ised!

This was purposely imposed upon us by hidden controllers some 200,000 years ago. We each have been born into a Rebellion and Default.

**Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**

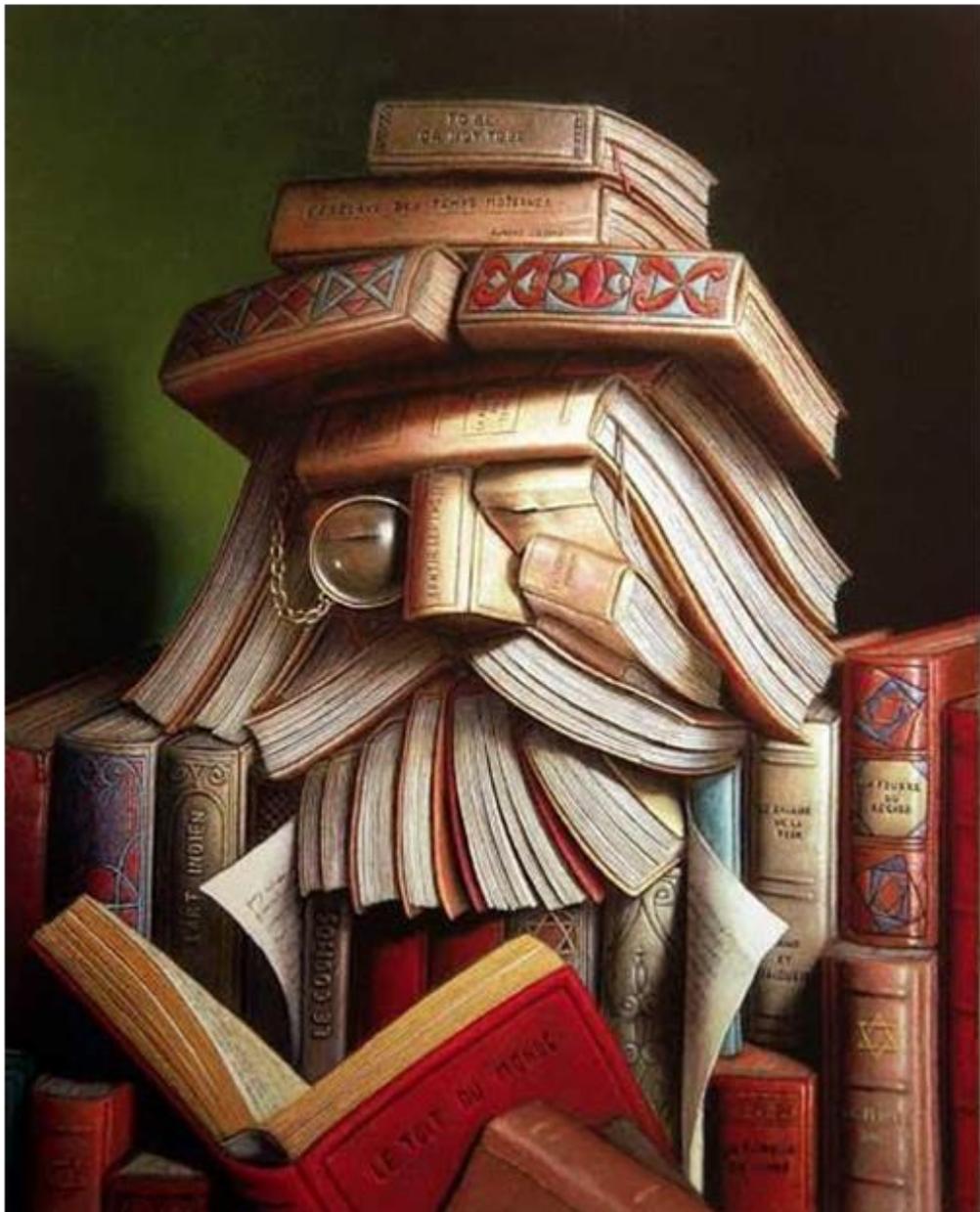
*Children are now to embrace and express their feelings in all that they do and experience. It is our feelings that are our guiding light of love and truth. Truth is love.*



*Why?*

*May we ask why we have not understood this before? The Universal Contract governing the Rebellion and Default had to work its course. Cracks in it are now being worked to end the Rebellion and Default.*

*Education is to reveal itself through our feelings. Our soul based feelings are always in truth. And truth is love! We are fully self-contained. Our feelings are to lead our mind in all that we do, not live how we have been previously taught. It is that simple!*



*Within, I know who I am and what my future journey beholds! My feelings are to be my guide being supported by my mind - not the other way around as it has been!*





**FEELINGS ARE MORE THAN  
1,000s & 1,000s OF BOOKS!**

# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love that has been hidden from us.

We are to discover that our feelings are our truth.

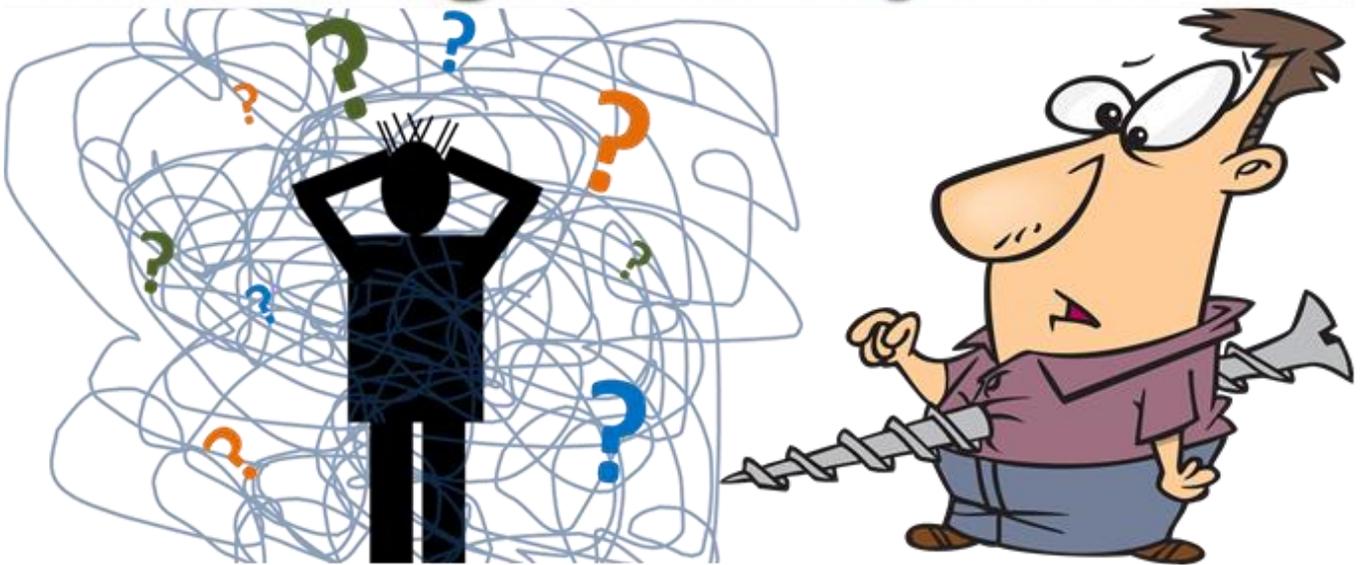
We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE



We are being screwed by our Minds!



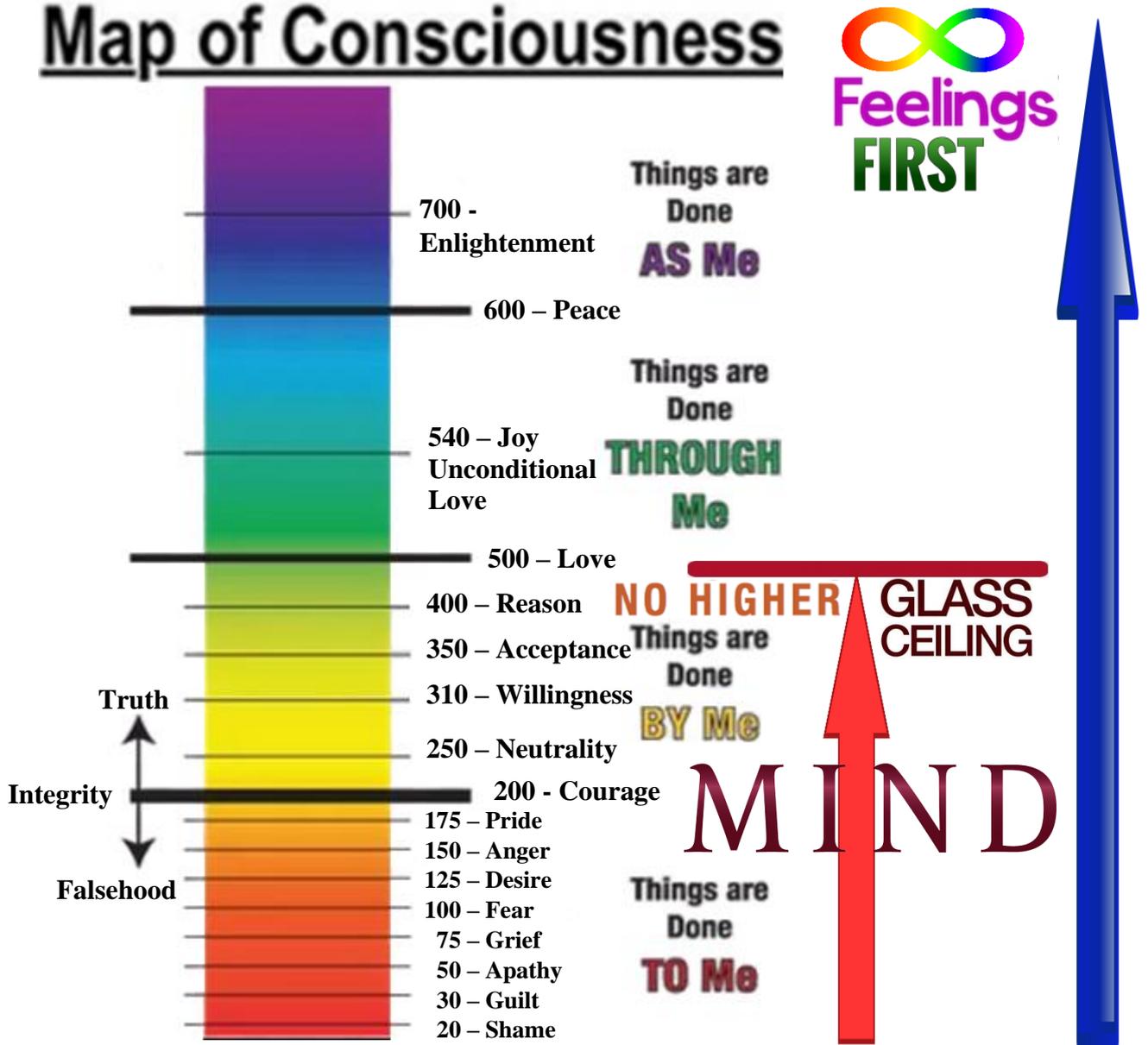
We are Truth Seekers!



Heart felt feelings are the Truth of our Soul



# Map of Consciousness



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

## MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

### PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

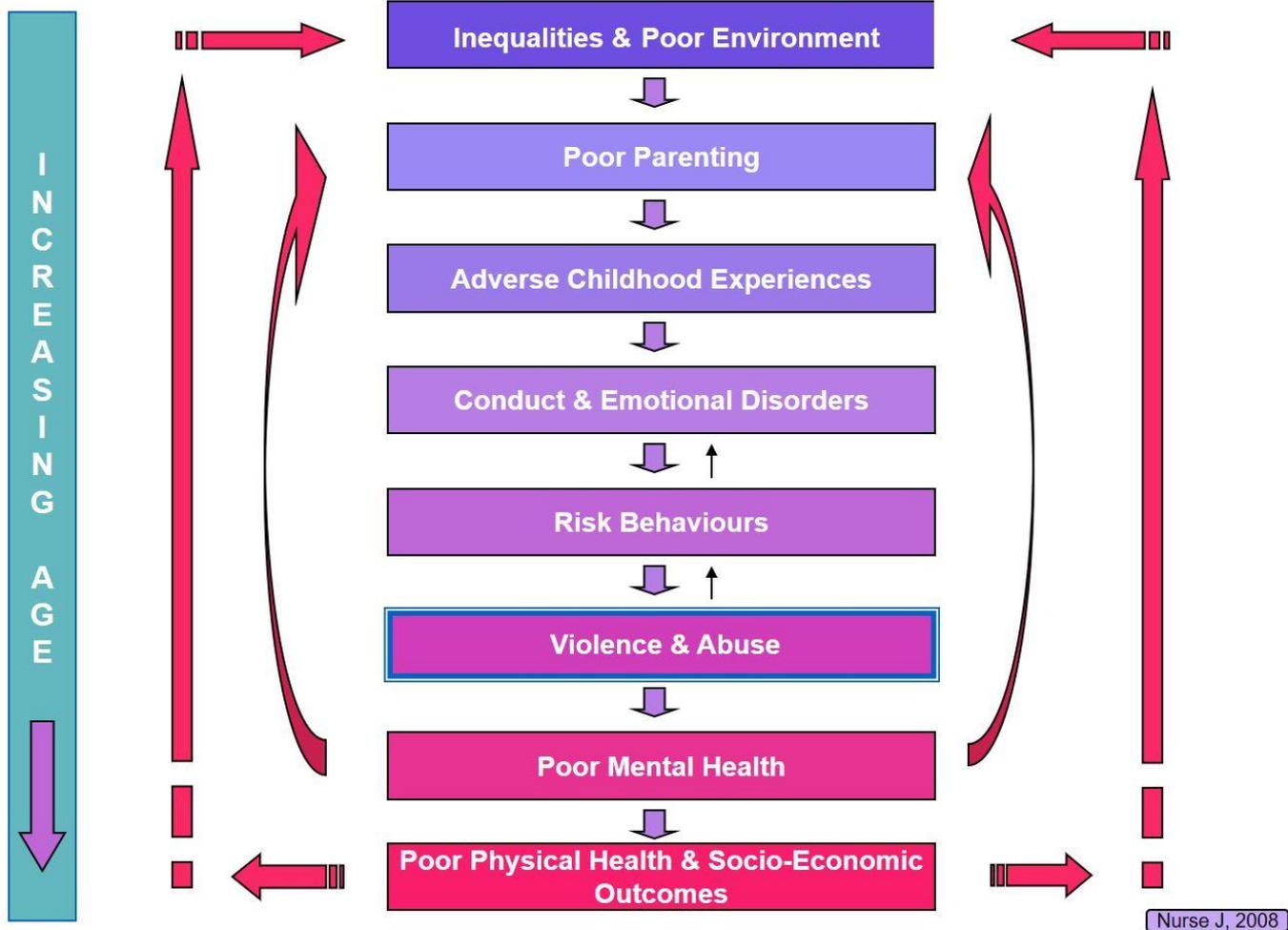
At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

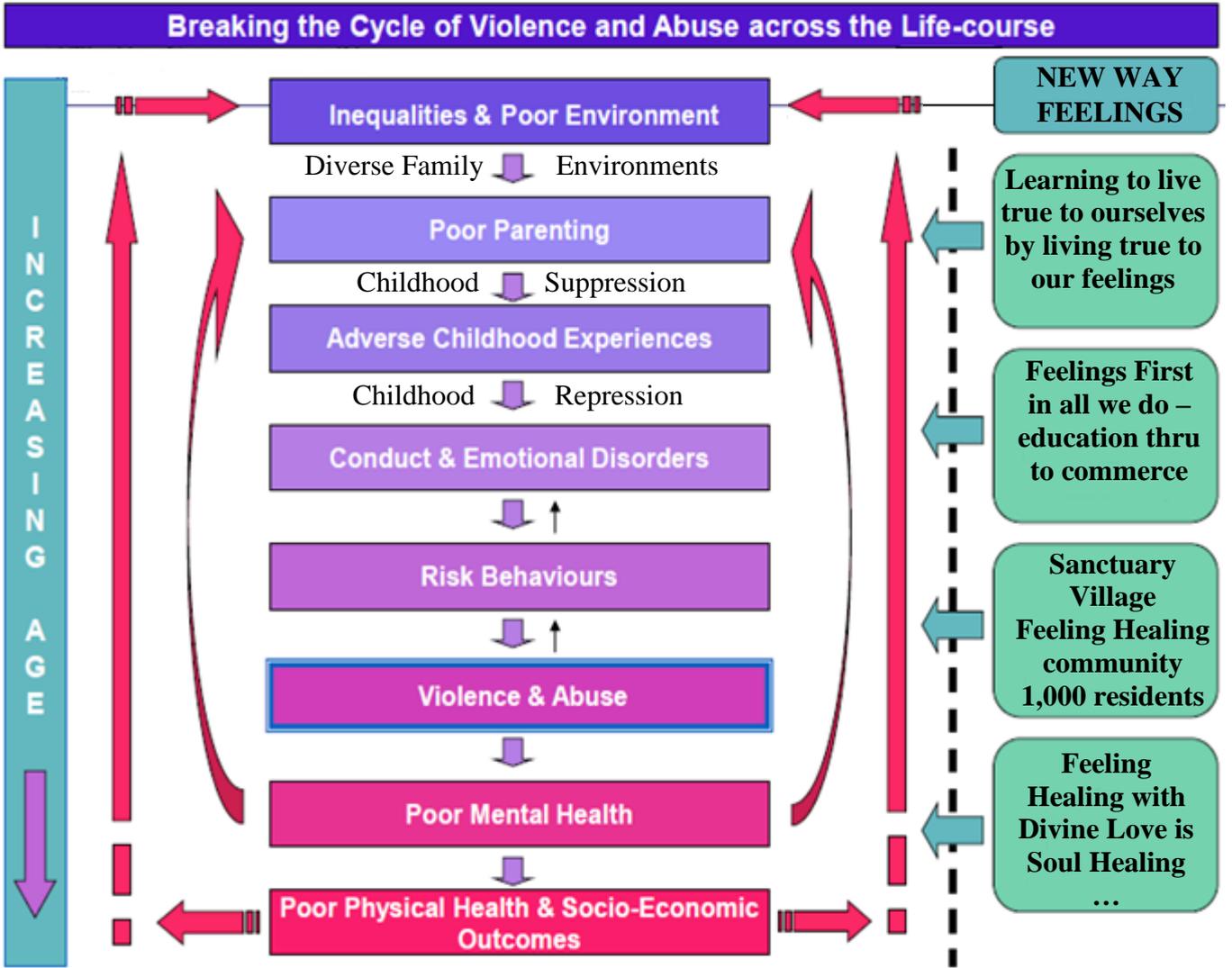
# LIFE IS FOR LEARNING



## The Cycle of Violence and Abuse across the Life-course



Seek **truth** from the cradle to the grave.



John the Typist, much younger, in his overalls!



And I'll say it again, **life is actually very simple to live**, and really there is no great hidden mystery about it, it is always the same: **keep attending to your feelings properly as you long to know the truth they are to show you about yourself. And long for the Divine Love when you feel so inspired. And that's it! All the rest is only mind-games.**

So, what you are to do, is to allow yourself to be exactly as you are, which means, the real you, the imperfect you, the you you are doing all you can to hide, avoid and pretend you are not. You put on a false face to the world, which has to be stripped back revealing exactly how the real you feels about yourself, other people, the world and God. You have to become true to the imperfect you that you are, not trying to change it or pretend you're not that way. And this is what your Healing will do. Your feelings will lead you into seeing how you really do feel about yourself and everyone and everything else, and how feeling that way makes you feel. All so you can then come to fully accept yourself as you are in your imperfection, so you can simply be it, connect fully with it knowing how it all came about, so warts and all, being how your parents and other early influences have made you be. And this includes becoming aware of all your beliefs, and importantly, why you behave the way you do, and seeing if any of your behaviour is unloving, of yourself and others; and if so, why, and how did you develop such negative behaviour.

The Truth of You has to come to light, so as you are currently in and of the Rebellion and Default, so the Truth of You being of the Rebellion and Default, how they have made you be as you are.

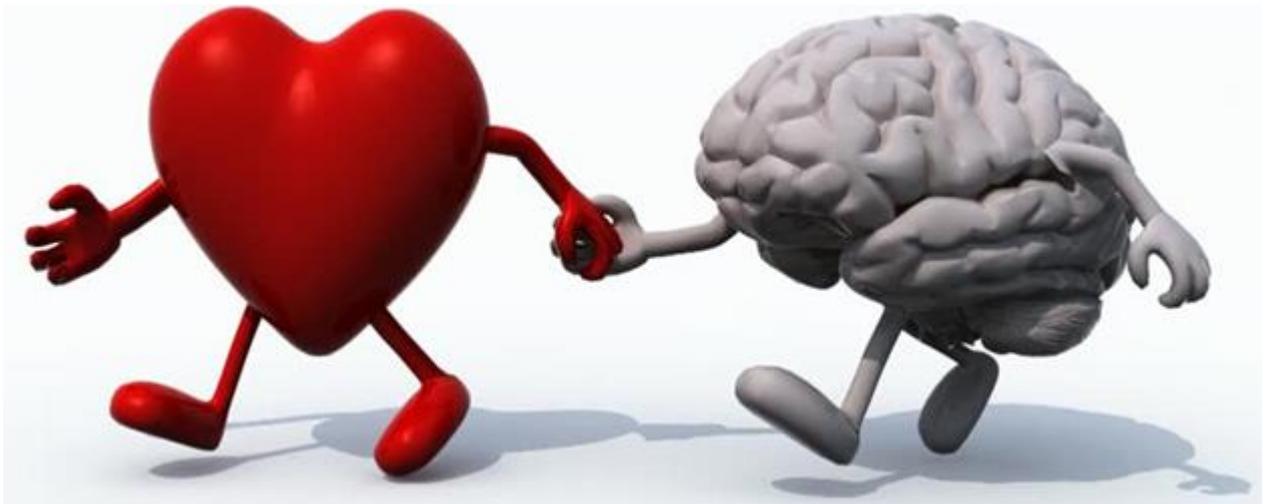


**Feelings First with Mind to follow in support.**

**Your compulsion for mind-driven education is not needed if** you allow yourself to express yourself naturally, for your soul would lead you here and there, and what you loved and hated you would learn about and know naturally through your feelings. Your feelings will educate you if you pay full attention to them. And as you grow in truth, your mind will follow, it too becoming more proficient. Going to school and learning what you do is just another means of self-denial, it's just an extension of being with your parents and family, all helping you become more embroiled and empowered in your negative mind and will state.

**Schooling for the most part further helps you deny the person and limit experience.** How much experience can you have sitting at a table and listening to the teacher? It's all a mind experience, all to exercise your mind so it becomes ever more proficient at controlling you. It appeals to some people's

beliefs of superiority, but for most what you learn is meaningless with nothing to do with your life or soul's path, and only serves to stand between your feeling self and your mind. It is just more parenting, more of using your mind to try and gain more control, more power. If you learn stuff you can believe you are superior, more knowledgeable, more in control, more able to determine what you want and how to get it. Certainly learning how to do things is important, and can be done experientially and without the need of having to spend so much time separated from your parents and family in an artificial school.



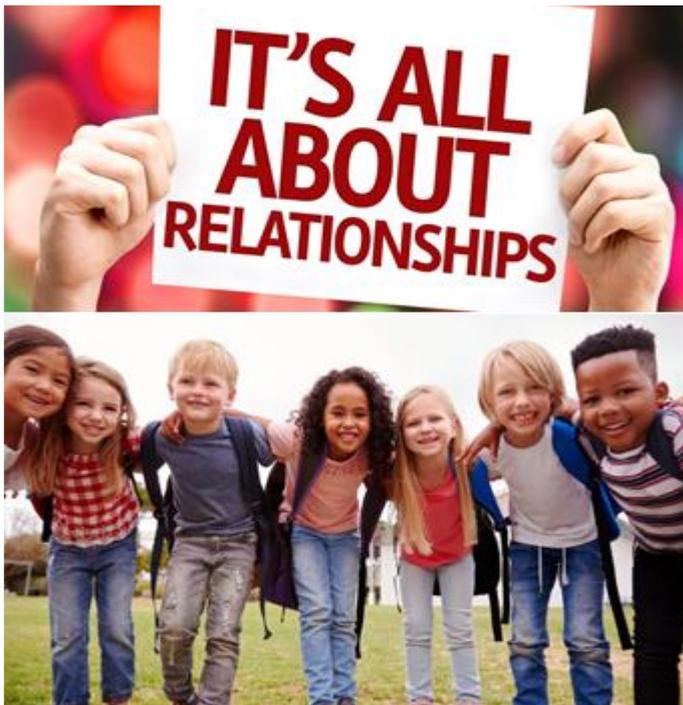
The primitive mind which you look down on, is far more connected with the feeling side of itself, giving rise to a natural level of truth and love, leading to a happier experience within the tribal relationships. Being forced away from your 'family tribe' into a false one at school is so damaging and a major trauma for a young child, even if the child enjoys the experience. Learning by only the mind is not true learning, merely accumulating information.

**What you do truly learn can only be won through full personal experience.** Not all of you is engaged when you are sitting in a classroom having to keep applying only your mind. What your mind does with all the information will only go into helping it remain dominant over your feelings, thereby helping to maintain your dysfunction. Those people who



take pride of place in your competitive mind world being the professionals, are only living mind contrivances, as such true realities don't actually exist. **The only real part in all such things is the personal experiences one may have.** The professional life of the mind is a pretence that will have to be shed if one is to do his or her Healing. Most of what you do for a living is valueless in itself, but does hold some potential truth, which actual experience of doing it offers, the **interacting with others.**

**Your experiential life is one of relationships, all the experience you will ever need can be had through relationships, for it is into this area that all the attributes of your personality can and are expressed. How you relate is paramount to your wellbeing. If you feel good and secure in your relationships, then you feel loved; if insecure, unloved.**



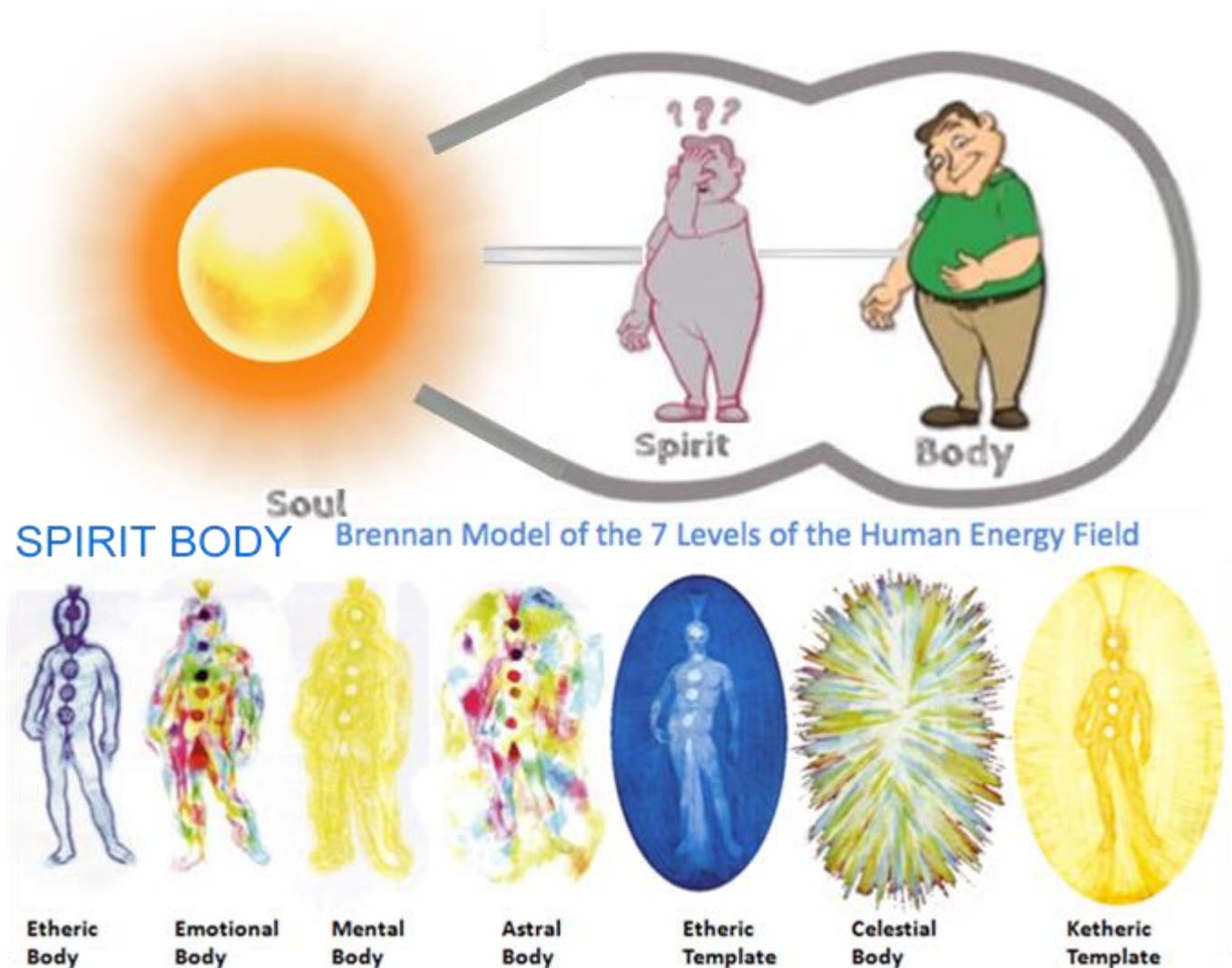
Being a child you so desperately want to be loved so you cling to your parents believing that they love you and you love them, but it is not true. Certainly some people do experience love and do love one another, but why we are adamant that mostly you do not love each other is because of your negative will state and associated negative mind. Sadly, what you know as love is subjective, discoloured by your negative state. If you saw pure love, you wouldn't recognise it nor want it, you'd possibly even be afraid of it. You have to slowly work your way into love from no-love. And to do this the Mother and Father have provided you with the Mansion Worlds in spirit and the corresponding levels in your flesh life. If you were to suddenly be projected into Celestial spirit life, you would die a million screams as the pain of such pure love would threaten to tear you apart.

You are conditioned to live in the negative, so you have to slowly acclimatise yourself to accept the positive. A tree growing bent over the years by a prevailing wind has grown to show the result of the incessant force that has been applied to it. If you applied a great force too quickly in the opposite direction trying to straighten it, it would break. It has grown to accept the force in its life, just as you have. But thankfully with the Mother and Father's Love you don't need to spend as much time with an opposing force to help you gradually come back into perfection. As to how long your Healing will take, you will have to live.

Illness emanates  
from the spirit!

**When you are physically sick, your physical body will be expressing the illness of your spirit, that which will be reflected in the 'illness' of your spirit body.** That which will be reflected in the 'illness' of your will; that which will be reflected in the 'illness' of your soul. If you could see into one's aura, you'd see all the trauma and damage done in all the subtle bodies and in your spirit body. Your spirit body does not remain perfect and only your physical body becomes sick, you only get sick because you are sick in your spirit body, which really means you are sick in your will, and so sick in your soul. The doctor might attend to your physical body and make you well, however this will only happen if it's what your soul wants; and if so, your attending Angelic Pair will make the necessary adjustments in your spirit body and subtle bodies so as to 'allow' the doctors doctoring to show positive effects. If the doctor is to fail, then it's

because the Angels didn't adjust the spiritual for you to become healed. People having limbs amputated might feel a 'ghost limb' which is really their spirit body arm or leg.



Your physical bodies are designed to be supported by nature, not attacked by it. **Only sickness of will brings about attack, and this only happens to show you that you are in pain, that you are not right, and that you need to seek the truth of your suffering.** However, the difficulty here is that the original causes have happened to you before you were six years old, and all that has happened since has served to only compound the problem. And as most people have difficulty relating to their earlier life, it is hard to see the truth of what was happening to your will back then is still happening now as an adult being expressed in your illness.

And so this remains the hidden truth of humanity and explains why it is so easily passed over and disregarded, although more people are now looking back into childhood more seriously, and it is becoming generally known that how your childhood was has underpinned your whole outlook on life. But this is only scratching the surface as to the truth of what you suffered on all levels. To restrict and interfere with a child's will is the cause of all problems then in the child, and as it grows up, and once grown up and forevermore until you do your Healing.

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the 'personality' that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



You parent using your mind and without truth, and as your minds are rebellious, so you can't expect to be a perfect parent. Only when parents of Celestial truth parent their children, will such children grow up perfect. You are designed to parent with truth, so if you don't have any, you're not going to be much good as a parent.

A parent full of truth, such as a Celestial parent, by expressing, by simply living and being that truth (as it can't be anything else), will know innately, will know through and with that truth, everything its child needs; all how it is to relate to its child lovingly, and it will just be that loving expression of truth to which its child will lovingly respond. You can't learn how to parent, that is still only using your mind, you have to BE A PARENT OF TRUTH, and it just happens, you'll just parent lovingly with and from that truth. So whether you keep the reigns pulled in hard on your child exerting maximum control, or whether you loosen them allowing your child to all but run free, it's all still just different expressions of parenting with your mind. So, saying being a parent you are to do this and not that, is meaningless; being a Parent of Truth you will just act with that truth, being fully connected always with your child who constantly responds to your loving truth expression. And as you parent with and through truth, then you will understand naturally things about it with your mind. But Truth must always come first, not Mind.



**Mental or mind Truth-Seeker academically self-satisfies his/her own erroneous beliefs.**



**Through your own feelings you grow in Truth from your heartfelt feelings. Truth we seek is within us all.**

You are to find the truth of the Rebellion and Default within yourself – the truth of how you are rebellious. And the best way to do this is through your relationships. So your Healing will focus a lot on your interactions and connections with other people, and most importantly within your intimate relationship. And then to do with your parents and family.

You look at the mother as something of a god. So much is said about the 'mother's love', your whole civilisation might rupture and collapse if mothers stopped loving their children. You give such power to the mother; and a woman becoming a mother steps up into newfound power, she now has all power over her children, and far more than the father. And she's not a 'real woman' with real power unless she has children. She is in control, no longer having to be only subject to the control of her mother, and so you fail to see that all the problems a child has, results from her (and the father). So often the child is judged and seen as the bad one, they are to pull themselves together and grow up and do as they are told – behave properly. You put it on the child, that if it has a difficulty, it has to overcome it, and it is its fault. Rarely the blame is given to the parents, and even less to the mother.



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

You don't look at everything that's wrong with the child is because of its parents, and with a large amount of the hands on work that's caused all those problems being with the mother because she spent more time with the baby and young child having to 'mother' it. So, the mother often gets let off of any blame, and the child coming and accusing the mother is frowned upon because how dare the child be angry with its mother 'after all the mother did for it'. Yes, all the bad things the mother did to it to cause it all the damage and problems it now has that's making it angry with the mother. And then so many rebellious teenagers grow up having been once angry with their mother, to when they themselves become a mother, suddenly realising how hard it is having to cope and deal with the baby and young child, stop accusing their mother, feeling sorry for her and coming back onto her side. For humanity to evolve to the point of fully understanding and so accepting that all mothers and fathers are going to do many bad and damaging things to their children because they are not true and loving, it will be very difficult, however this is what will need to happen. One can still be a parent within and fully of the Rebellion and Default, yet also knowing that you are damaged yourself and so will damage your child, and then you both being damaged as your child grows up, and once is an adult, even possibly helping each other do your Healing.

It has been very important for humanity to parent being rebellious, firstly to keep the whole thing going, and then to have the experiences of being the 'victim' as the child, and then the 'perpetrator' being the parent. All to provide everyone involved with all the rebellious experiences they need. And so it's conceivable that will still keep going with parents who are more aware of themselves being of the Rebellion and Default and so being more accepting of the truth that they can't be any other way and yet still want to have children.



Ideally however, which can only be done once Healed, respect for your child's will needs to be started well before you conceive one. It needs to be your state of truth, how you live your life, so you need to first heal your own will damage so as to be able to parent and guide another's will into being. You cannot believe or just want to respect your child's will, that being of your mind, it all has to come from and with truth, it has to be lived from the heart as an expression of the truth you are living. The truth being so strong you couldn't be any other way, so you simply couldn't act disrespectfully treating it unlovingly. As you are, being of the Rebellion and Default, you can't parent other than being disrespectful and unloving. Some people are more loving at times, and these times are mostly what the child clings onto, all the good memories of feeling loved, with all the bad unloving ones buried in the depths of forgotten memory.

**At conception, it is the wills of the parents that determines function or dysfunction of the child.** If you do your Healing with your child, nothing is ever too late, because as you grow in the truth of your rebelliousness, you will change how you relate to yourself and so too your child, and it will all be for the betterment of your both. Your growing child will positively respond to you, it will still be damaged, only not as much as it would have been. All is not lost up to six, from then on the child has fully taken it all on, but still it can with your guidance and support change as you change. It can long for the truth of its feelings, it can long for the Divine Love, it can learn how to express all its feelings without denying the bad ones. And even as an adult, your child can look to your Healing example and understand the changes you are going through and that too will have a positive effect on it. Or, if it rejects you and your Healing completely, then it's meant to move deeper into its mind rebelliousness and there is nothing you can do about that. That is what God will want it to do, it being the pattern of its soul. So you will have to let it go and get on with your own Healing; and possibly one day when it does its Healing you will be able to have a truer relationship.

**The highest most loving thing you can do in your life is to do your Healing – for yourself, your children, your relationships, for other people, for the whole world.** Even if you have to leave everyone who does not want to know you as you seek the truth through your feelings, or they leave you, it doesn't matter because in the long run it will all work out for the best, and everyone has to be allowed to live as they choose, complete respect of will, be it dysfunctional or not. You may feel very alone because no one understands what you are doing through your Healing and how its affecting you, however, that will be what you have to experience, it being how you felt at home with your family and parents – yet more bad feelings to express and long for the truth of.

You are living seven Mansion Worlds of corruption, all of which you'll work your way up through as you do your Healing. So, that is seven whole Worlds of untruth you'll be subjecting your child to. And you can't avoid it. Only as you do your Healing and move up through those Worlds will you lessen the negative effect. So, **you will be negatively damaging your child on a soul level, will level, spirit level and material level, the truth on all these levels.** And it's all borne out in your relationship – whether you are truly loving or not. And if not, which you can't be with seven Worlds of untruth within you, then how are you expressing this unlovingness, how are you being rebellious and against yourself, and why – what happened to you during your forming years that's made you be as you are. This all being what your Healing will help you see.

So, you are parenting your child with the most amount of will interference, and that is a lot of damage on multiple levels you are inflicting on that little innocent person. The child starts off at conception at a level of Natural Love perfection, so, the top of the seven Mansion Worlds, then through its parents and family, society, the world and everyone else that negatively affects it, is brought down to the level of truth of its parents by the age when its Indwelling Spirit arrives, about six to seven, so, mostly to that of the first and lowest World. And most people live their lives on that level, so, when they die they wake up literally in the first Mansion World, there being able to carry on living as rebelliously as they were.

So, many people comment on how pure a baby looks, and it is, compared to how it will look by the time it is showing all the will damage it has suffered at around six years old. Some people say when they look at their six-year-old child, that wonderful light it had as an infant is now sadly missing, and it is. And then others say that light their child had at six is missing now their child is an adult, when at six it was already living against itself. So, as a parent it's a terrible truth you'll need to face, that you have all but extinguished that inner spark of your child; and as the child you have virtually had all your inner light crushed out of you. If you could compare a Celestial pairs' child at six to that of any child at six years old on your world, even the most happy and seemingly positive child would seem so dull and devoid of any real spirit or light.

The image of the big overbearing parent standing angrily over his or her little child who is sitting crying on the floor of the Supermarket, is exactly how the child feels, completely overpowered and ridden to the floor, almost crushed out of existence, defeated, humiliated, rejected, utterly powerless; unloved – no one loves it, no one cares about it, everything makes it feel bad, it not getting the precious life giving love it really needs. And particularly from its parents, and from its so-called 'loving' mother who in that moment angrily standing over it is expressing the truth of how she really feels – that she hates her child and wishes she didn't have to deal with it.

The battle may be over an item on the shelf it wants but it parent does not want it to have, but this is only the exterior superficial expression of the material, when really it's a real battle of wills, and the child is losing being heavily abused and crushed yet again. Fighting your child's will is not the way to be a loving parent, and it's not really a fair fight, is it, you the adult-will beating your little child's forming will into submission.

# NEW FEELINGS WAY



And so many people would say this is good parenting, the child has to know its place, it has to know how to behave in the world – and its brute and bully of a controlling parent is the one to do it. And you hear people supporting the abusive parent; “Yes, it’s so hard when they are that age”, with only the rare person standing up for the child’s rights. And you call that ‘being a loving parent’, because an unloving parent wouldn’t beat its own child – surely?

You have no idea as to how you are treating your child, and that’s because it’s all how you, the parent, was treated, all of which it was forced to bury, just as you are forcing your child to do. So the child can grow up under the misguided delusion that its parent did all the right things it needed: its parent loved it so much; and yet, what about all those bad feelings the child is feeling, what happens to them? And the child can say in one breath, I love my mum so much, and yet within the same breath then go onto say all the bad things it feels its mum did to it. And the parent can say it loves its child so much, then verbally abuse it by saying it is no good, ugly, a useless waste of space. So many parents don’t even hear the constant stream of criticism that flows from their lips as they ‘love’ their child. It’s time for humanity’s parents, and its children, to wake up to the realities of what really is happening in their relationships.

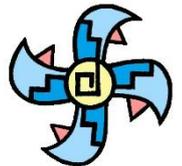
Thank you James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

**CHALDI COLLEGE – EDUCATION:** Nanna Beth – 3<sup>rd</sup> Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John's grandmother: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?

# CHALDI COLLEGE



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the student's own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not,

is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

### [Feelings First Spirituality, New Feelings Way](#)

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

**Feelings First** is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.



**It takes a village to raise a child**

**ONCE YOU KNOW -  
YOU CANNOT UNKNOW!**

Mary Magdalene



22 July 2023

## 1 Rebellious Lanonandek Spirits

Paradise spirit personalities imprison the rebellious Lanonandeks, the evil ones, in CE 26 and CE 1993 ending their domination over humanity.

## 2 Mind Mansion Worlds Spirits

Celestial Spirits block the influence from controlling mind Mansion World spirits over Earth's humanity commencing on 22 March 2017.

## 3 Hidden Controllers on Earth

Law of Compensation quickening commences 22 May 2017. Hidden Controllers on Earth now having their finances impeded and their influence destabilised.

## 4 Puppet Leaders on Earth

Puppets of Earth's hidden controllers are to be 'embarrassed' into embracing the wishes and needs of their constituents and deliver humanitarian programs.

## 5 Earth's Humanity

PASAS FOUNDATION, on 22 July 2023, now to bring awareness worldwide of The New Way to all of Earth's humanity. Enter the Great U-Turn and ending of the Rebellion and Default.



# PASAS



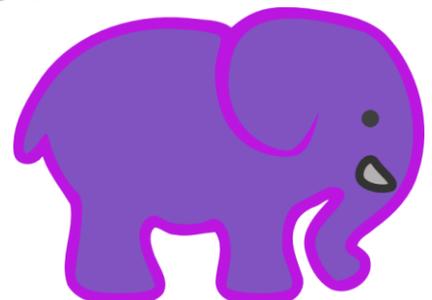
Symbolising the elephant in the room is depicting the Childhood Suppression that has been imposed upon every child throughout the 200,000 years of the Rebellion and Default, however many personalities have now joined together to bring about The New Way, the ending of the Rebellion and Default, the Change Over from the Age of the Creator Daughter and Son, being the past 2,000 years, to the Avonal Age which will be the next 1,000 years.

Each of the many ‘elephant’ personalities involved to bring about the Great U-Turn can be depicted by the graphic above, however it involves personalities throughout the Celestial Heavens, 1, 2 and 3, it involves personalities throughout the spirit healing Mansion Worlds, 3, 5 and 7, none are greater than the Avonal Pair. In the physical there are three personalities that have collaborated unknowingly on this single journey, they now have a surprisingly small number of supporters, however that support is about to grow dynamically and exponentially.

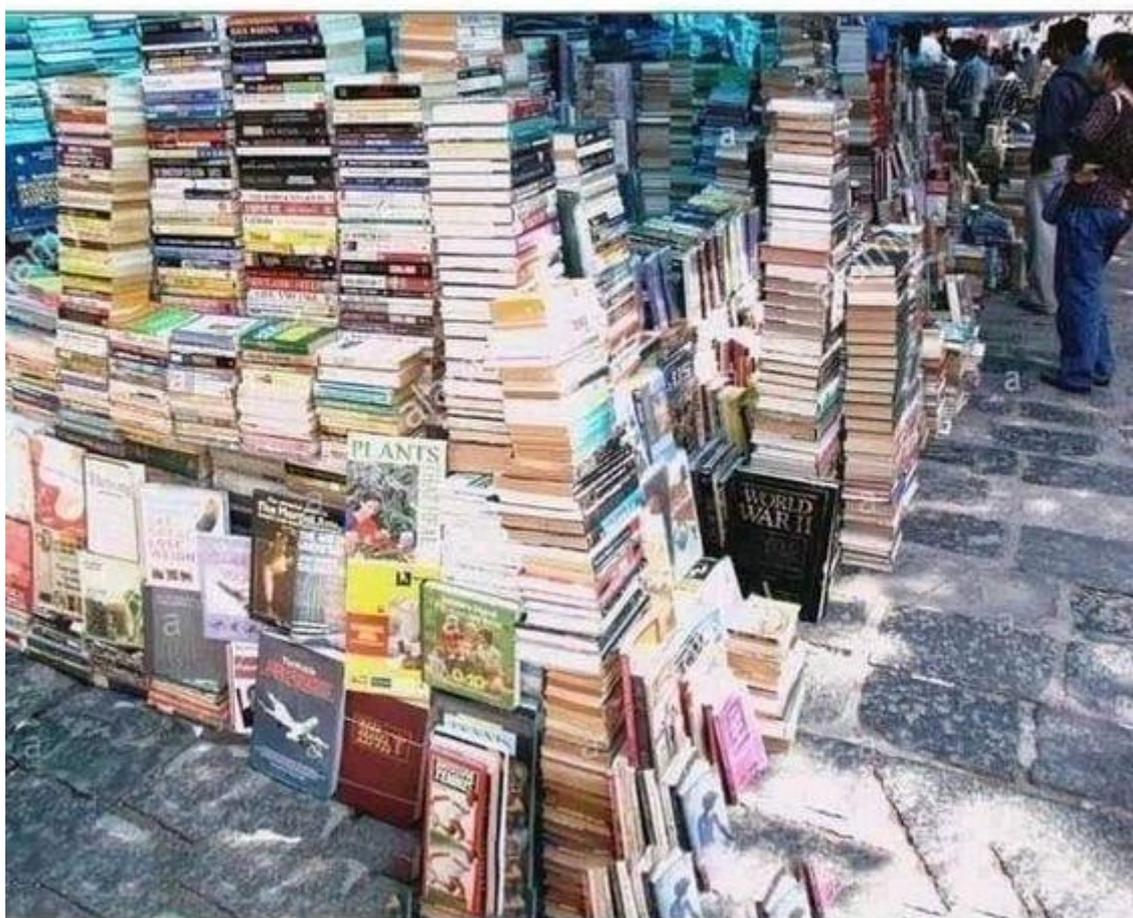
Then there is one stalwart lady who has on her own successfully embraced her Feeling Healing, and with Divine Love, her soul healing. She is the first to succeed in all of humanities 993,500 year history. She has demonstrated personally what the Avonal Pair have come to Earth to Reveal.

It is the Avonal Pair who have bravely taken on the extremes of Earth’s Rebellion and Default and commencing in 1993 slowly and painfully worked their way through, what they call, the Feeling Healing process to demonstrate the way for all of Earth’s humanity, both here in the physical as well as within the spirit Mansion Worlds 1, 2, 4 and 6. Thus, their success will see the introduction of the Avonal Age, the coming 1,000 years for Earth’s humanity.

**Avonal AGE 1,000 YEARS**



**In Iraq, in the book market,  
books are left open in the street  
at night because Iraqis say**



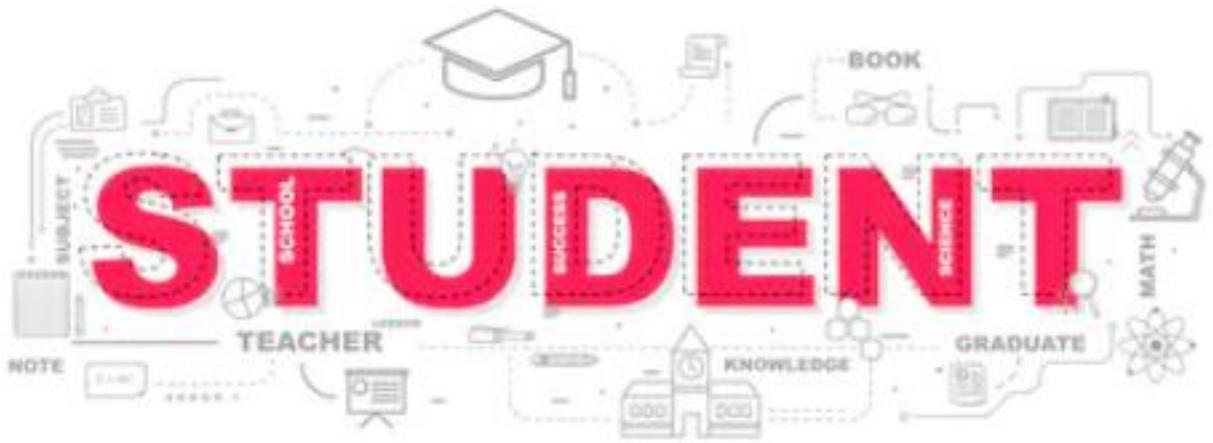
**“The reader does not steal  
and the thief does not read”**

# WEEK 3 OF HOMESCHOOLING



Just one Goat  
Just one Goat & Kid  
Just one Flying Goat  
Just one Drink  
Just one Drink More.

# THE KIDS SCIENCE PROJECT IS COMING ALONG NICELY



<http://www.pascashealth.com/index.php/library.html>

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# LIVING FEELINGS FIRST and EARLY CHILDHOOD

### In this series:

Chaldi Child Care Centre – Safe Space  
 Chaldi College Free to Learn Instinctively  
 Chaldi College Free to Learn Pathway  
 Chaldi College Primary thru to High – Feelings First  
 Chaldi College Women and Girls’ Education  
 Chaldi College (WW) – Education through Feelings  
 Chaldi College (WW) – Technology & Product Information  
 Chaldi College (WW) – Massive Open Online Courses  
 Chaldi University Postgraduate Feelings Degree  
  
 Pascas Care Letters Psychology and Feeling Healing  
 Pascas Care Living Feelings First Adult  
 Pascas Care Living Feelings First Children  
 Pascas Care Living Feelings First Children Annexures  
 Pascas Care Living Feelings First Children Discussions  
 Pascas Care Living Feelings First Children Graphics  
 Pascas Care Living Feelings First Drilling Deeper  
 Pascas Care Living Feelings First Drilling Deeper Structures  
 Pascas Care Living Feelings First Reference Centre  
  
 Pascas University and Global View  
 Pascas University and the Meeting House  
 Pascas University Education Core Errors  
 Pascas University Papua New Guinea Leadership Team  
 Pascas University Universally Free Education  
 Pascas University We Learn By Doing

**PASCAS  
PAPERS**

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

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Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

Sam’s Book – Parenting and Feeling Healing	Book I	Experience
Sam’s Book – Parenting and Feeling Healing	Book II	Conception
Sam’s Book – Parenting and Feeling Healing	Book III	Magic
Sam’s Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam’s Book – Parenting and Feeling Healing	Book V	Setting Free
Sam’s Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam’s Book – Parenting and Feeling Healing	Book VII	Vision
Sam’s Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam’s Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam’s Book – Parenting and Feeling Healing	Book X	Physical Illness

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guides
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensource/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light and Sage – and the Healing Angels of Light</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Soul Light from Zelmar Melchizedek</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
		<b>– Geoff Cutler</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
	<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>	

### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
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- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

James Moncrief Books:	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	2,305

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
<b>Communication with spirits – meet a spirit friend</b>			<b>2010</b>
<b>37</b>			
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

[PASCAS – document schedule.pdf](#)      **downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

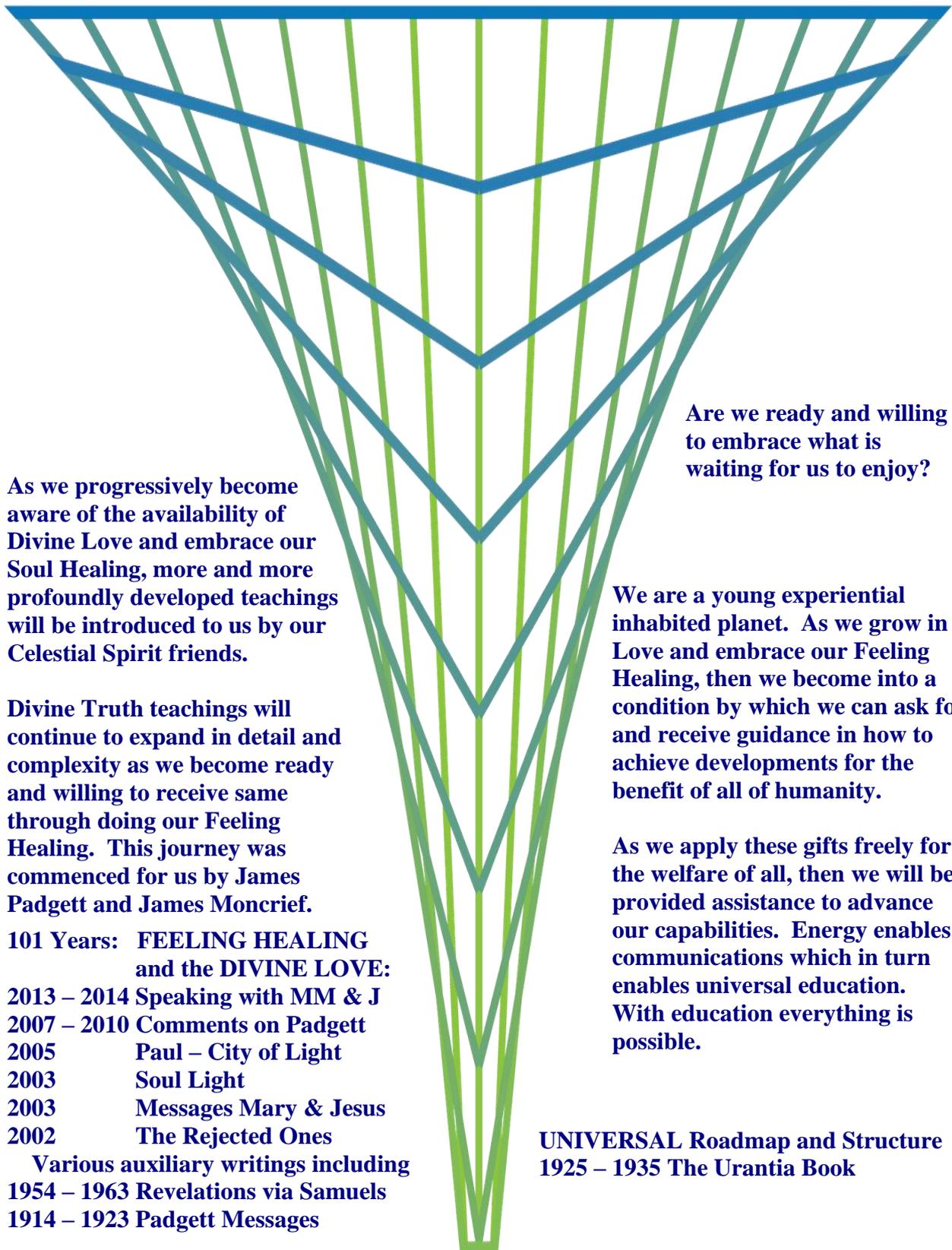
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



# What Is Genius? True Self Expression

Children Tutoring Each Other!

Feelings  
Orientated  
Education



People Interacting!





**EDUCATION CANNOT WAIT**

**EDUCATION  
CANNOT  
WAIT**



**EDUCATION  
CANNOT  
WAIT**

**P**hilosophy of global changes

**A**ge of a new way

**S**oul healing

Put **C**hildren first

**A**wareness so that people can improve their lives

**S**pirit creating alternative solutions

**Team Ukraine**

**"THE" profession is:**



**TEACHING**



to:

*Learn through play*  
*Independently explore subject*  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*



while you



Make yourself  
unnecessary

Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

*Wisdom & Truth*

FREEDOM

EQUALITY

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From the moment of conception  
and then onwards for all of eternity .

**We are TRUTH SEEKERS!**