

PASCAS CARE

Living Feelings First

Reference Centre



“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Queensland, Australia

Pascas Foundation is a not for profit organisation

Em: info@pascasworldcare.com

Em: info@pascashealth.com

+ 61 7 5594 0479

www.pascasworldcare.com www.pascashealth.com

PASCAS CARE LIVING FEELINGS FIRST – REFERENCE CENTRE

We can guide children, from a young age, to become aware of their intuition. They can be taught to listen to their gut feelings, you know the ones that make us feel we know something, even if we can't explain how. Our intuition can protect us by warning us about potentially dangerous people and situations. It can also guide us to make decisions more instinctively and from the heart rather than having to mull over questions endlessly in our heads.



Children naturally respond to their feelings, they can't do anything else from early on and up until we force them to live with their mind in control. So we wouldn't have to guide them to listen to and act upon their intuition, as they are naturally doing that already. We as adults need to be clonked on the head so as to get out of the way of children allowing them to freely respond and express themselves, which is very hard to do when all you know how to do is control as you were controlled.

Or to put this another way. For many centuries, through tradition that commenced before history was recorded, we have been taught and led to embrace our minds, so much so it is as though we are to worship our minds. We expect our children to present us with excellent examination results which are all based on the mind. The ancients that led us to live this way were misled. Our minds cannot discern truth and our minds are also addicted to control. Furthermore males are less connected to their feelings than females, so the ancients directed males to make female submissive to them. That was to prevent females from ending the rebellion which is essentially the movement away from our feelings.

"The True Liberation of Women is Through the Truth of Their Feelings."

It is our soul-based feelings that are always in truth. We are to embrace our feelings – call it intuition – and have our minds support the implementation of what our feelings are leading us to do. We are self-contained, the truth is within our feelings. Living Feelings First is so much more enlightening and progressive. It is through our feelings that we will resolve all the injuries and errors that have been passed down through the generations. This is the beginning of the Great U-Turn. This is the greatest event in the history of humanity.



This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

This is the beginning of our journey into the truth that we all long for and will be found through our feelings. Becoming aware of Living Feelings First is the discovery that we are now to put aside the

Golden Rule: that one must always honour another's will as one honours one's own.

worship of our erroneous mind. Generally speaking, the use of our minds in making assumptions results in a very high percentage of erroneous conclusions and decisions. The few that turn out to be correct are just wild guesses – flukes. Our truth is to be found in our soul-based feelings.

The Golden rule is: Never interfere with another's will.

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

Then as you become accustomed to Living Feelings First then you may consider seeking to know the truth behind and about what your feelings are bringing to your attention – you begin to long for the truth that is behind your feelings. As you express – talk it out – what you are feeling then you are beginning to heal errors and injuries that have occurred during your life. This then leads into your early childhood suppression and repression. Slowly but steadily you will heal yourself of all that has been untrue in your life, particularly your early childhood, even when you were in the womb. This is how we are to heal ourselves of the Rebellion and the Default.

Should we also embrace our Heavenly Parents' Divine Love with our Healing then we are doing our Soul Healing.

Should we complete our Healing with Divine Love while we are alive in the physical then we will transition into a Celestial soul condition. This will be living life as a Celestial while here on Earth.

As we progress with our healing and subsequently have our own children, then these children will benefit to the extent that we have progressed with our healing. Thus, over the generations more and more children will progressively be freer of the Rebellion and Default.

Living this way frees us from the imposts of the Rebellion and Default – the truth that comes from Living Feelings First and then embracing our Healing, this does set us free. In this way we heal

ourselves not only of our soul and spiritual injuries but we also begin to lessen physical injuries and illnesses.

Living Feelings First and embracing Feeling Healing with Divine Love universally is how peace will commence to emerge on Earth and all the evil ways and systems will begin to be replaced with systems and ways of living that are in truth and love.

The following notes are a small introduction to the opening of the veil between the Celestial Heavens and the physical world of Earth. References and links will guide you to a vast array of additional material and resources. This is truly the greatest event in the history of humanity and here it is for you without any imposts, obligations or requirements – you are totally free to do with it as you please or put it aside if you choose to.

“Rejected Ones” are the first writings by Mary Magdalene ever recorded:

Consider reading:

 [Rejected Ones via James Moncrief.pdf](#)

Go to:

www.pascahealth.com Library Download then to Medical – Spiritual References

<https://www.pascahealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

“With Verna” are the first writings by a Nature Spirit. All communications and interactions between Nature Spirits, Angels and Celestial Spirits ceased with the commencement of the Rebellion. Celestial Spirits have only commenced to be since the opening of the Celestial Heavens by Jesus in the early part of the first century. Since the winding back of the Rebellion and the official ending on 31 January 2018, communications will progressively increase as members of humanity embrace healing themselves.

Consider reading:

 [With Verna - a Nature Spirit via James Moncrief.pdf](#)

Go to:

www.pascahealth.com Library Download then to Medical – Spiritual References

<https://www.pascahealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/With%20Verna%20-%20a%20Nature%20Spirit%20via%20James%20Moncrief.pdf>

This is truly a wonderful event to be participating in its unfolding.

Aspiring to Living Feelings First,

*Brian Iverach, Faizel Hassan, Helen Adam, Graham Golding,
Jim Baker and John Doel, with many others!*

Pascas Foundation (Aust) Limited



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

FORGIVENESS – how CHILDREN WOULD UNDERSTAND IT

Friday, 12 July 2019

Hi JM

How would we introduce what is forgiveness to children?

How does forgiveness work?

What is the function of forgiveness?

What say you please.

JD

FORGIVENESS

James: It's a good question John because it covers a lot of what has been difficult to understand through my own Healing. These are my latest thoughts on it.

The short answer:

How would we introduce what is forgiveness to children?

You wouldn't. I don't know. I think the child would naturally come to it themselves as part of their growth and development were it supported in a loving environment.

How does forgiveness work?

When you show you are really sorry and feel very bad for what you've done, then you may be forgiven. When the other person shows you they were wrong and are sorry for the bad way they treated you and made you feel, then you might feel it's all okay, they are forgiven, and both parties are happy. It works on the feeling level, when the connection is balanced and true.

What is the function of forgiveness?

To make you be more aware of yourself and the other person's feelings. And to feel what is the right way to treat yourself and others, and what is the right way to be treated. And to be able to regain a balance or friendship when it's out of balance, when one treats the other unlovingly.

True forgiveness can only come through your true feelings. And I stress 'true' because we can believe we can and have forgiven with our minds, which is of course false and not true. And so much emphasis is put on having to forgive, that it's the right thing to do, that we must do it so as to be the nice, caring and a loving person, and yet if it's contrived and false, then it's actually being unloving and uncaring.

When you see the truth of it through your feelings, and you feel there are no more bad feelings to do with the problem because you've expressed them out of you, then naturally the problem or issue won't be one anymore, and so along with that comes forgiveness, in that you don't actually have to do anything as you no longer feel bad about the relationship or whatever happened to you, so all is naturally forgiven. That applies in the Healing, and in particular with your parents and all the shit they do to you, when you uncover the truth having expressed all your pain and hatred of them out of you, then you see the truth that they couldn't help doing what they did, they are just as fucked in their way, so you can sympathise with them, no longer blaming them or feeling bad with how they treated you. And at times you do actually feel you forgive them, however it's more a truth, a knowing that it's all been settled between you, or at least from your side, and so none of those things matter anymore.

Feeling

And then if someone hurts you and they ask or beg or seek your forgiveness, and by how they make you feel, you feel you forgive them, then that too can happen, yet again it should all be through your feelings.

Children, I think, should be free to hate as much as they like and then free to say they no longer hate anymore, all because they are free to express the full extent and intensity of the emotion of their feelings. To make or force a child to forgive is wrong, just as it's wrong to force or make it do anything, including making it feel guilty and so on. However as part of being a parent, and during all the different ages and stages of a child's development, a parent should be able to express itself and its feelings well enough to help the child understand what it has done, how it has made itself feel through its actions and how it's made the other person or creature feel. So the child is then free to learn about its actions and their consequences, good and bad, and what blame and guilt and forgiveness are on a feelings level and with the mental back up explaining it all. How you actually would do this with your child I have no idea, it would depend on each situation and how well balanced you are as a parent and how connected you are with your own feelings. Parents who are triggered by their children lashing out and pouring their shit all over them are still too emotionally immature really to deal with such complex issues, so mostly the child suffers or is forced to say it forgives and its right to be the good boy or girl when often I doubt it has a clue why its actually forgiving or what it means anyway.

With forgiveness you feel very bad for what you've done and want the other person to know you are sorry, and that they don't feel bad about you anymore for doing what you did, and the same applies when the bad thing is done to you and the other person seeks your forgiveness. And I think in some instances it can all be taken care of instantly, in the moment, when the bad thing happens, or it can be taken care of later when appropriate. I know for myself, many things I did up until my Healing and until Marion laboriously explained them to me, I didn't know I'd done with hurtful intent, I didn't know I'd erred, believing that I was being nice, good and helpful. So to have it pointed out that I was an uncaring shit instead of the nice loving person I believed I was, was hard to take, yet slowly my feelings have revealed the truth that I was in the wrong. And then if I've been able to apologise and felt I should, I have done so, otherwise I have just kept expressing all my bad feelings seeking the truth of my actions. Some of the people I don't see anymore, and when it's come up making me feel bad about what I did, as I have no idea how to say sorry in person to them, so I've done it out loud through my feeling expression.

I think the function of forgiveness is to say the books are finally balanced and the account can be closed. The Law of Compensation is doing the actual balancing and is there to ensure you feel the appropriate amount of pain for the bad thing you've done, the pain you've caused the other person, the creature or nature, yourself, and once you've felt it all, you've made due compensation. And that can happen anytime, so whether or not you are actively doing your Healing or living in your mind state, including in the mind Mansion Worlds. And so within that levels of forgiveness come too. You can instantly feel very bad for being mean to that person, seeing the error of your ways, so the compensation is done by feeling so bad, and as part of that you might actively seek forgiveness from the person you hurt, which they may or may not give you. And consequently being the person hurt, you may feel instantly okay about being hurt and so it's okay and all is forgiven, or you might not, no matter how contrite the other person is seeking to be. There are lots of other repressed feelings going on within us all, so often it's not that straightforward. You might in the moment feel okay and forgive, yet later as more feelings surface you wish you could retract that forgiveness, feeling very fucked off, hurt and angry about it all.

Law of Compensation

Law of Forgiveness

Anyway, the Law of Compensation (including often some levels of forgiveness) balance the books as I said, but the real forgiveness happens when you do your Healing. Because when you see the truth of the actions of all involved, and when you've expressed and dealt with all the emotions and feelings involved, and sometimes that can take years of constantly working on the same issues, when it's all finally come out and you're free of it, then the Law of Forgiveness completes and it's truly over, you no longer needing to forgive or wanting to be forgiven.

Currently I have no bad feelings about mum and dad anymore. I hate how it was with them, I understand pretty much why they were as they were and how badly they treated me, but I don't have specific hate or bad feelings about them anymore, I haven't for a while now, which is not to say more might still come up. But I am furious with the Mother and Father for subjecting me to such a shit life, I have no forgiveness in me or understanding of truth as to why They did, and I have lots of rage and feeling so hurt by Them to bring out to Them. But I can't force it, I express it when it comes up in me, finding it hard to be angry with Them because of my mental belief that They are doing it all for my own good and I should be grateful to Them for giving me such a shit life; but fuck that when I feel I hate Them, and I tell Them all how I feel. And one day I suppose when I've brought it all out and understand more about it all, I will no longer hate Them, even love Them, and with it all over.

So getting back to how you'd introduce forgiveness to children, I don't know. I think that sort of thing needs to be tactfully done. You hear well meaning parents trying to make their child understand why what it did was wrong and yet it's clear the child is too young or incapable because of all the other crap it's having to deal with from its parents to understand. And to have it forced into you to robotically say you are sorry, when you don't really know if you are, and mostly aren't if you were honest, is such a fuck of a pattern to heal. And to have it explained to the child that it has to forgive the other child for hurting it, making it feel the superior one coming up and over its bad feelings, blocking them out by making it feel it's the right thing to do being the benevolent one, only screws it up even more. And then there's so often too much mind stuff going on, the child having to learn about it all using its mind, rather than just dealing with it from its feelings. I am not skilled enough to be able to deal with it, so I wouldn't want to comment on it. I didn't want to have children because I didn't want to have to deal with such things. And then understanding that if the child is already five years old and it's being told it has to forgive, that's all on top of all the other shit in it from being with its parents, family and society.

The one thing I really hate, which I guess a lot of children also get subjected to, is all the New Agey forgiveness shit. That you are to rise above your bad feelings, shit all over yourself by burying them, say you forgive the wrongdoer being the magnanimous one. I met Nicholas one day earlier on in my Healing, he having come back from being with dad who was on his death bed. Nicholas had forgiven dad so he said, no hard feelings, none of it matters anymore because now dad is no longer a threat, he's dying, he's weak and the poor one, whereas Nicholas is all-powerful and so can be the superior one and say he forgives his father. And it's all over, dad can die, and Nicholas can live without having any more bad feelings about dad because it's been done. And Nicholas truly believed he'd had a big healing with dad, that he no longer felt bad about how dad treated him, that he'd progressed spiritually because he'd been able to let it all go. And yet wait until he starts his Healing. And then he'll see it was all crap, all just a power-play using his mind to crunch and absolve dad by being the great one. Wait until he starts having to deal with all the pain of all those years of feeling unloved by dad. And I know, because I've done it myself, Nicholas will one day, through his Healing be able to look back and see how false that forgiveness was, how it was just a belief he imposed on himself and how it couldn't have been further from the truth. It might have been better for he and dad had he been able to be true and tell dad how

NEW AGEY

much he hated him and will never forgive him, because that's the real underlying truth, all of which will only come to light when he stops denying it by denying such bad feelings.

The one last thing I want to say about forgiveness is really we do it all ourselves, by which I mean, we don't actually need to give or receive face to face forgiveness as we do our Healing. We can express and work it all out for ourselves. And when through your own feelings you come to understand that the bad thing that person did to you was what you needed to have done to you because it was fulfilling your negative unloving pattern, you actually feel grateful to that person for doing it to you – we even end up feeling grateful and loving of our parents for treating us as badly as they did when our Healing is finished, understanding it was what God wanted and all for our best. And when you find the absolute forgiveness within yourself because you are wholly sympathetic, accepting, caring and understanding of why you hurt the other person, and that really you didn't mean it, that it was again just part of your unloving negative pattern that was imposed on you, then you see it's all really just to do with yourself and with the other person being part of it to help you see more about yourself. So in the end we are to forgive ourselves for being bad, we come to understand that we aren't to blame ourselves, once we've worked through and expressed and admitted that we were to blame, and that really we are a good and loving person, being kind and caring to ourselves by allowing ourselves to feel all the feelings that come up within us and no longer rejecting any of them or any part of ourselves, accepting ourselves and with the truth and understanding of why we are the way we are.

NEGATIVE PATTERN

We've been made to feel guilty for being bad, when it wasn't our fault. So when we forgive ourselves for being mean to ourselves this way, then true love will come.

You could even say the whole thing called forgiveness is something we've made up. That the Evil Ones have used it to keep us feeling guilty and blaming ourselves for what we do, all to keep us in our fucked up unloving states of mind control. And that if you throw it all out, you either feel just bad or good. You are either in a good stable state or unstable. And if you feel good there's nothing wrong, you're in a perpetual state of forgiveness if you like, but really it's not about forgiveness, it's just acceptance and love. And if you feel bad, then there's shit to work out by expressing those bad feelings and seeking their truth.



seek
The **truth**

DEATH and TRANSITION into 1st MANSION WORLD

DEATH in my FAMILY

Do you know that your loved one that has passed into the spirit Mansion Worlds does hear you when you passionately long to connect with them and tell them lots of things?

The only thing that we lose when our physical body dies is a lot of weight!

We never feel any pain from the dying of our body. The reality is that we leave the body moments before it dies.



Ultimately the death of our body comes about due to us leaving the body. The soul, through the spirit body, disconnects the cords connecting the spirit body with the physical body – that irrevocably brings about the death of the physical body.

Here is a great deal of information as to what transpires on death and it is all good – it will ultimately be seen as a time for contemplative celebration.

Death & Dying series: Library Download Medical – Death & Dying www.pascashealth.com
 Pascas Care Death & Dying – Getting the Hell out of Here
 Pascas Care Healing & Recovery – Death & Dying
 Pascas Care Death & Dying – Always Karen
 Pascas Care Death & Dying – Post-Mortem Journal
 Pascas Care Death & Dying – Proof of Heaven
 Pascas Care Death & Dying – Transition
 Pascas Care Death & Dying – Transition & Assimilation
 Pascas Care Death & Dying – Transition & Assimilation Marjorie
 Pascas Care – Life in the World Unseen
 Pascas Care – Spheres 1 – 7
 Pascas Care – Spheres 1 – Infinity
 Pascas Care – Spheres and Exalted Teachers
 Pascas Care – Spheres are Close By!
 Pure Spirit – More Alive than Ever



DO WE ATTEND OUR OWN FUNERAL?

Monday, 3 December 2018

This is a general observation by Nanna Beth – 3rd Celestial Heaven – John’s grandmother – following the death of Graeme’s mother a week earlier:

Nanna Beth: Graeme, your mother is doing exceptionally well, better than expected. She is out of the arrival hospital and is convalescing in the hospital grounds mixing with other newly arrived spirits like herself and starting to feel rejuvenated, excited that she has a whole new life ahead of her, not daunted in the least by it, with some of the things you told her, Graeme, echoing in the back of her mind, helping to underpin her acceptance of her changed state, easing her transition, more so than it would have been had you not tried to impress your understandings of life after death on her.

She won’t be at her funeral in person, she will be aware that it’s taking place, however she won’t feel up to seeing everyone.

She is feeling her new found freedom in the spirit light, it’s buoying her up, as it does us all.

It’s hard to describe to you, however when you are of it, when it is of you, if you don’t have within you the untruth that requires union with and time lived in the hells and lower Earth planes, then you can find it almost traumatising having to ‘go back’ to Earth or such lower levels until you are spiritually fortified to deal with them.

In time your mother will find such inner strength to deal with you and your sister and all the rest of her past, however for the time being it’s more important that she looks after herself and stays where she is rather than subjecting herself to her own funeral.

So even though you might ‘feel like or sense that she is present’, it’s more just in and with you in mind, rather than being with you all in person.

For other spirits, they can deal with such things, some being so switched off being so insensitive to their feelings that it’s just a thing to do, others wanting to feel all the emotion of the event, even to be caught up in being the centre of so much attention, but your mother simply needs peace of mind and environment with like-minded and like-feeling spirits, feeling part of her new life with these new spirits, all sharing their amazement and bewilderment at there actually being life after death, all needing to focus on themselves blocking out everyone else, and particularly often all the unpleasantness from those they’ve left behind.

(Graeme’s mother arrived into the first spirit Mansion World like we all eventually do.)

SHINING TOWARD SPIRIT:
72. Time of Transition

via Zara Borthwick and Nicholas Arnold

www.lulu.com

14 November 2014 to 14 March 2015

I would like to write on the wonder that it is to see a person arrive in the spirit world! I am a spirit who assists individuals when they arrive here I also attend to the needs of infants when they arrive here. I know that most of humanity lives without the knowledge of this miracle, knowing that the individual personality survives death and the spirit body and soul arrives intact! I see newly arrived souls in their time of awakening into this new life. I am very aware of the loss that people experience when a loved one passes from their human life. I am also aware that individuals pass and they are alone, without anyone on Earth loving them.

There are arrival stations here in the 1st natural love sphere. These stations are all throughout the 1st sphere and they have been in part, established by the Father and in part established with the help of Celestial spirits. These arrival stations are extensive and the Spirit Laws exact the transitioning spirit body to the necessary environments for the individual to safely awaken. The 1st natural sphere is not an environment where spirits who are already living here, are suddenly seeing a newly arrived spirit simply popping up in front of them after their human death! The 1st natural sphere is situated closest to the face of the Earth and the only sphere that receives human personality immediately after physical death. Most individuals arriving here have little knowledge that they are now in their spirit body, and that their personality has survived its human death.

It is a miracle to see how the spirit body simply appears intact! Quite literally, one moment the person is not there; in the next moment they are there fully formed and unconscious, unaware of their arrival and then when the Spirit Law deems transition complete, viola! They open their eyes!

I don't actually see the ending of a human life. I am finite and I cannot be in two places at once. My service is to see individuals appear and to assist them in this early phase of adjustment. I never judge the condition that an individual is in, I can tell instantly the life a person has lived on Earth for their spirit body will reflect their true soul condition. The Spirit Law of Transition acts and does its job perfectly so that **every** single soul living on Earth makes this transition to these stations of sanctuary and the beginning of a spirit's life. When a person is reconstituted, by the Spirit Law of Transition so that the personality and the spirit body are functioning seamlessly, the individual spends a little time coming to terms with the fact that they died and survived. Integration happens so that the individual learns the rudiments of becoming a spirit, and once this has happened another Spirit Law acts upon the soul with the surrounding Law of Compensation, and an unseen gravity attracts the spirit body to the sphere where one is to reside in a harmonious environment. Other than Jesus, to date there has not been a soul who has transitioned into the spirit world and who, by receiving Divine Love in their human experience, can enter the Celestial Heaven straight away. I do believe that now people are aware of the Divine Love and as information about soul condition becomes more identified, I have no doubt that I will see souls in good condition who can enter the Celestial Heaven when leaving the arrival station in the 1st natural sphere.



The spirit body arrives in the 1st natural sphere in the Father's Time. It is always perfect. It is a miracle to see the spirit body appear. At first it appears to be floating, like on the lightest air. We then adjust it as the field of spirit gravity takes effect on the spirit body, and then the individual is resting on a bed-like facility of soft energy. As soon as the spirit body is released from the Spirit Law of Transition, the spirit body comes under the influence of this field of **spirit gravity**, which is a constant gravity field that exists all the way through every sphere, and is created by the Father so that a sense of weight and time

places the spirit body *within* the spirit world. Without this gravity field the spirit body would have little substance and form in the spirit world and one would really be floating. The key as to why this gravity field of spirit energy exists is to understand that it is needed so that spirits can move!

It is obvious why each individual is unaware in the *Time of Transition* from the human world into the spirit world. If one were conscious during this time, it would cause a shock or trauma to the psyche of the individual that may be hard to undo when a person arrives at the station. So few people have any cognitive awareness of their spirit body and soul, let alone the real workings about the survival of the human personality. Most of humanity has never been exposed to the information we are revealing to you and so, in the evolution of the human species people live without the consciousness derived from having any awareness about the workings of such things. People are too busy being people and that is quite okay! The (Mother and) Father has mercifully ordained it that people are to be unaware during the time of their transition. There are those who work along side me, their job is to make the spirit feel at ease as the individual comes to terms with the fact they are still alive and that ‘something’ has happened. The great education about what has happened, why it happened and how it happened begins. This includes the counsellors helping the individual accept their life as a spirit and a familiarisation with their new environment, their spirit body and the spirit world. Without our assistance people would go into a catatonic state; they would freeze with fear. If a person were to drop dead and then instantly awaken in the spirit world without anyone to console them, this would have devastating effects on the personality. The (Mother and) Father has not formed a Spirit Law that transitions people into the spirit world depositing the spirit body, personality and soul in a random manner and dispersed randomly through the spirit world. Thank God!

The time after transition is such an important time for the wellbeing of the personality. The (Mother and) Father is so perfect in the way that the spirit world (spirit Mansion World) is formed, that an individual cannot cause any further compensation by the way they may react when realising they are in an unfamiliar body in an unfamiliar environment with strangers telling them that they have died and now they are a spirit. Our service here is extremely important and we handle each individual with the utmost care even if the individual lived a wretched life on Earth and did terrible things. There is no Law system created here by the spirits. There is no judge or jury to decide the fate of a human life lived. All the progressed spirits know that the Father’s Spirit Laws act and each finite soul condition responds to this act so in this way, each individual has set in motion the life they will live and where they will live when they enter the spirit world.

Not all human deaths are as simple as passing away in your sleep. People arrive here from a diverse range of experiences that end a human life. You and I know this is true. It doesn’t matter if you believe in God or not, the result will be the same. You will arrive here. Even if humanity had evolved with an extensive knowledge of the spirit world, the Father has made it so that a transition is to happen. The Master Jesus was unaware during his time of transition from his death to his spirit life. I am told that when he awakened he was weakened from his traumatic death but his soul condition was so good and his awareness of this world in faith so true, that his resurrection happened in moments to when he then ascended to the Celestial Heaven. He then returned to be with his close friends on Earth to which he then ascended and visited each sphere that constitutes the entire mortal spirit world. It is known here that when Jesus arrived in the Celestial Heaven he was the only individual there and in the last sphere of the Celestial Heaven (the third), he met with Gabriel, and also he prayed to the Father. There were other spirits living in the spirit world of course, for humanity didn’t commence with the life of Jesus. Only the Divine Love and the Spirit (Holy Spirit) that conveys this Love was a living potential again when Jesus lived and so, by the time Jesus arrived here in the 1st natural spirit world, a few spirits had commenced their receipt of the Love but until Jesus was living here no spirit had progressed to become resident in the Celestial Heaven. They didn’t know how to do this without the Master’s guidance.

When you take all things into account a human life is about love. I know this, the Father knows this and Jesus knows this Truth. From a human perspective the immense drama that follows death for the human living and the spirit living is a story of love that involves human relationships. I will say this: never give up on the human spirit that rests in the human heart to overcome adversity. Every single spirit that now resides in the spirit world has passed through this Time of Transition perfectly loved and assisted by the Father. Let me tell you that you are in no better hands, care or keeping. When you look about at the individuals in the spirit world, there are many spirits enjoying their life knowing that at first it was a shy experience but now, they are thriving. Be forthcoming with your love and enjoy every single little positive gift that you experience each day. A human life is a gift that one must never take for granted. Tomorrow when the sun rises, there will be those who will enter the spirit world their first and only time. There will be those of us who will assist you and you will feel our love and you will know that love truly survives death and love cannot die.

My last word is a testimonial of Truth. This I say to you, do not be afraid of the Divine Love. It is pure and true. Into your soul receive this Love and like all of us here living with this Love, let us go shining toward spirit, the Father.

Matron Clark

Note: ed: Sphere relates to Mansion World and Father can be considered as being Mother and Father.

In this series:

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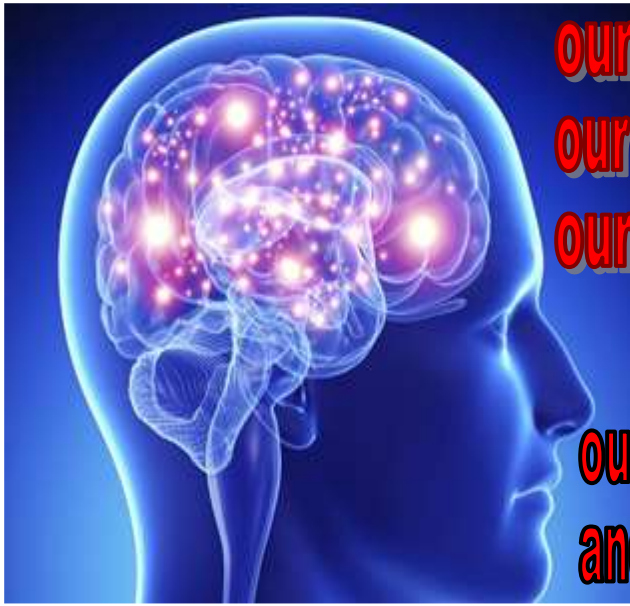
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our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!

our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

all we need is WITHIN.
our MIND suppresses FEELINGS.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

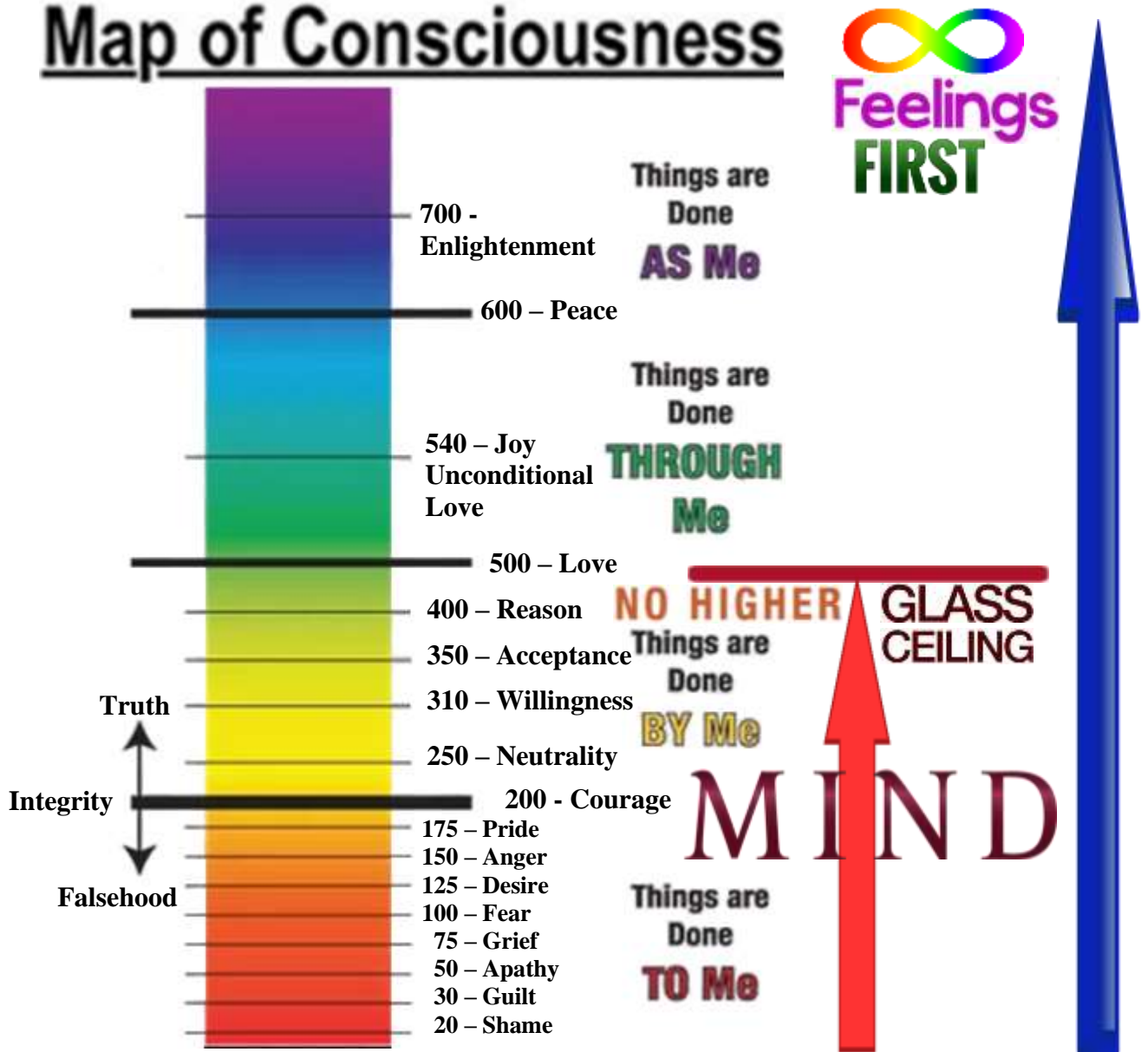
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

Map of Consciousness



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

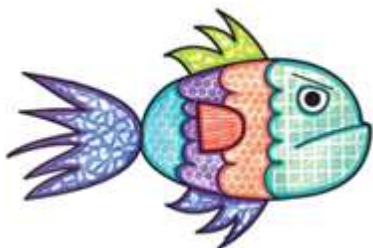
As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

**LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.**



Ask to know the truth about that which you feel.

**It is knowing the truth of that
which you feel that sets you free!**



**Always be true to your feelings
because they are your truth
and truth is love and our way home!**



**Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.**

Talk it out to a friend!

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.



Talk it Out!



Heartfelt feelings are our truth.

*Then we are to continue by longing for
the truth that our feelings are to reveal to us!*



1st Spirit MANSION WORLD CONDITIONS:

The first of the seven Mansion Worlds is the destination for all who shed their physical body, be it moments after conception / incarnation, or any time during gestation, or later on through one's life in the physical realm of Earth.

After a period of 'acclimatisation' of around three months in one of the many receiving stations within the 1st Mansion World, one's soul condition will then determine where one will live in the relevant spirit world.

The conditions within the 1st spirit World range from the dull and dreary condition of a remote rundown township or an outback community in a semi arid environment all the way through to the most wonderful environment and conditions to be found on Earth.

Thus, we are drawn by our soul condition to inhabit an environment that we have brought our own condition to be, and to live with spirit people of similar soul condition.

Even though our arrival at a receiving station within the 1st spirit Mansion World will be a delightful condition, as our memory starts to become active then we will find ourselves being drawn by the gravity that matches our soul condition.

If we are inclined to cause harm to others we will be drawn into the darker Planes of Disharmony. If we have longed for and received our Mother and Father's Divine Love, we will most likely progress to the 3rd World (being the first of the Divine Love Mansion Worlds), to commence our Feeling and Soul Healing.



WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home



Council of Elders
now around 20
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

EXPERIENCES, FEELINGS and TRUTH:

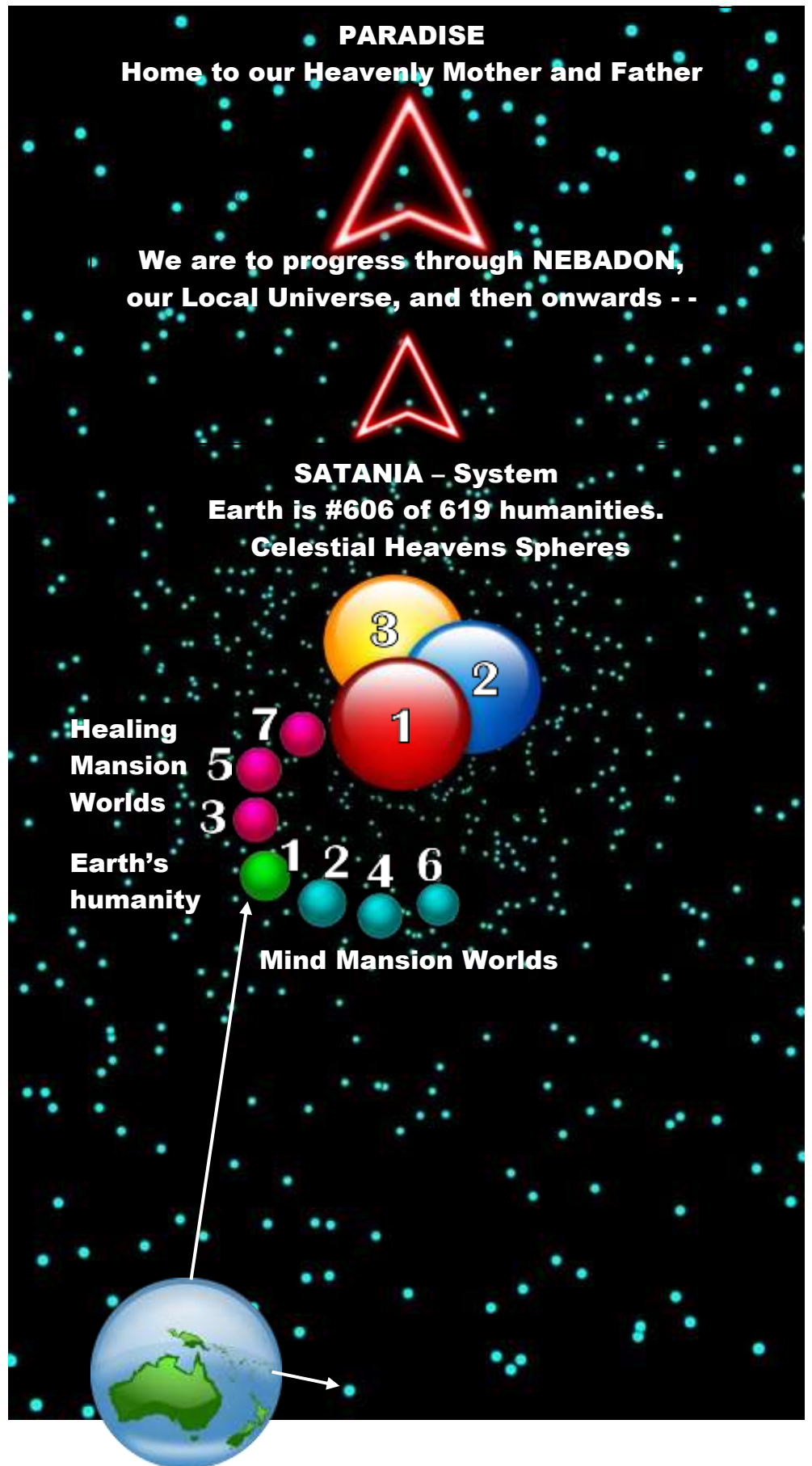
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



SHINING TOWARD SPIRIT:
39. The moment of Truth

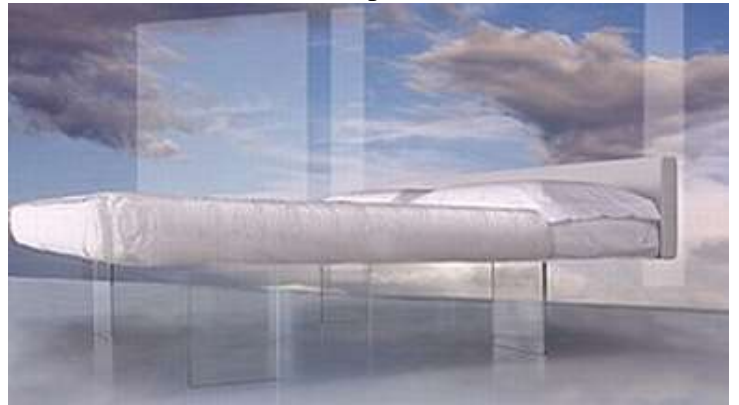
via Zara Borthwick and Nicholas Arnold

www.lulu.com

14 November 2014 to 14 March 2015

Hello to you, my name is Alexander. I have been a spirit for a few months now. I would like to describe some of my experiences living here. My passing into this human spirit world was sudden after a long battle with cancer. In the end I must say, it was a relief to me to pass, and for everyone else. I never utilised the time of my illness that lasted several years to consider my life after my life or to contemplate if there was a life after my life. I never really thought about it; I was too busy, but I probably should have, and I would have to say that it definitely would have helped me.

I woke up. I was in a withered condition though I knew myself to be who I always was when living my human life. For the first time in a long time I felt no physical pain. I was in a nice place that had several items like beds. The beds felt soft and comfortable but it seemed that they appeared to be floating on spirit 'air'. There were nurses present; this is the only way I can describe them. There were men present but not like doctors in a hospital. Both nurses and these men were like peaceful counsellors. As I awoke, they came to my side and they told me where I was and what had happened. It seemed like a miracle to still be alive. The counsellors told me that I was okay and to take my time in my new awakening. When they spoke to me, it was like speaking to any person in a position of responsibility. They were warm, friendly, caring and trusting people. I knew instantly that they were people even though they were slightly different in appearance.



As I lay in my floating bed taking my time and environment in, I felt strange recognising that I was without a physical body. Although I was weakened due to my illness, I was surprised at how quickly my energy returned. I felt sad that I didn't have a physical body any more even though it had been ravaged by the disease. I still felt as though I had a physical body, I thought to myself this must be how an amputee feels like when they have had an appendage removed. My thoughts turned to my family, and I wondered how they were doing and if my funeral had happened or not. I wondered what I looked like lying there on that floating bed. A counsellor spent a lot of time providing me with information about these events that were unfolding. I didn't feel panicked or riddled with anxiety about my experience. I was told that I now lived in my spirit body; a body that had travelled with me during my human life, a body designed for the personality to live in here in the spirit world. This body was my new temple and I was also told it was made for the spirit world and would adjust quickly. I asked who made it, and the nurse informed me that it was God's Handiwork. I didn't understand it but I accepted the Truth of what the nurse said. The spirit body is a brilliant piece of work.

My spirit body felt strange to me to begin with but then as minutes passed I felt comfortable in it. I had all my normal senses: sight, sound, feeling, touch, memory, language and mobility. All in all, I felt like me. The two strangest things were that I felt free of the disease and I had survived death. I could accept the spirit body quickly because I felt so good in it. It's like drinking a glass of cold water on a hot day. You just know it feels good and it is good for you.

There were other people like me in my environment. We spoke to one another and this helped with our integration. We were speaking the same language and from the same country and there were only a few of us. The most impressive thing was that the counsellors were so normal and loving. They gave

comfort and confidence to us. Over the coming days so to speak, I spent my time resting absorbing my new environment. I had a sense that I was close to humanity, to the peoples of the Earth, but I couldn't see it nor could I hear it. The counsellors told me that this environment was the closest spirit environment to Earth. I contemplated my passing and wondered how my wife must be and my two children. It was almost too difficult to think about. Life had changed now; it was never going to be the same.

I realised as I looked over my spirit appearance that I appeared in image like I was back on Earth only a man in good health. I was a little shocked to see that my spirit body was without reproductive organs, this felt strange to say the least. The counsellors told me that there was no need for them here for the active part of reproduction and digestion and pleasure were no longer part of a spirit's life as a human recognises this to be. They told me that I could experience pleasure and that the spirit body has this sense, but the intimate sharing of love was expressed differently here and since there is no procreation here I could see the truth of why the spirit body didn't have this appearance.

It was of great relief to me to know that my memory functioned well. I had all my memories even the memory of my illness. I realised quickly how important memory is and I spent time involved with my memories and studying them. I didn't realise it at that time of studying my memories that I was beginning to change my perspective. I was adjusting to living life as a spirit. The counsellors would go with me when I left the sanctuary so that they could instruct me how to move and socialise as a spirit with other spirits. I knew these spirits as people and there was no difference other than we all knew that there is life after death and this awareness is very present as part of the humanity that resides here. We all had our stories to tell and we all shared them and we all listened as each person told their story and no one ever interrupted.

As for me now, I carried on. I gained strength every day but as I got stronger the missing of my wife and children became stronger. Realisation came to me that there wasn't much I missed about my human life. I thought I did originally, but the truth of it was I missed my family. I knew intuitively that I was never going to return to Earth and live a human life again. I have met some people here who still hold their belief in a reincarnation of themselves, but as we look into each other's eyes we would both know that that was never going to happen. They hold onto this belief because they can't let go. Their sadness keeps them bound to their belief and to give up this belief is to recognise and to accept that their human life – a single life – was lived and has ended. It is quite distressing to see these individuals cling to their beliefs.

I realised that it is best to accept what has happened and leave it at that. I think that I had no idea about the afterlife and that helped me. I didn't live a spiritual life with lots of beliefs given to me that I had to believe in order to be of a spiritual following. It must be quite difficult for these spirits to let their beliefs go when their life's philosophy has been formed around such a belief.

As a spirit, you can feel the gravity here and you just know that it is impossible to be born a human again. There are structures here formed with solid energy. It is not concrete but these structures are strong. After a time I made some friends and I took up residency in a nice little place. I still thought much about my past to be perfectly honest, I was a little disenchanted with my spirit environment for I lived, or felt I was living without a purpose. I feel calm and relaxed for most of the time and all I do is think about my human life.

I didn't go to my funeral; I didn't know how to get there. I was told by my counsellor that he could take me to the surface of the Earth and that my condition would enable me to do this. I didn't know what he meant by condition so I let the conversation rest. I had closure; I knew this beyond reasonable doubt. I

still felt in love with my wife, having seen many people die I knew what my wife would be going through. I was a physician working in extreme human conditions.

I wondered about my future. This was a positive sign for my old true self was resurfacing. I needed a challenge. The only thing that concerned me now was the suffering my wife might be having, there was nothing I could do about it. I thought about mediums and hoped that she might go to one, though ironically I never believed in them, and yet here I am conversing with you! It is all about perspective and perspective you learn about very quickly.

There was nothing I could recall about my transition into the spirit world. My counsellor told me its ***God's Transitional Space***; I understood this to be true even though I didn't understand what he meant by this. By habit I still live according to human time. I don't eat any food; my spirit body absorbs energy from an illuminatory light here. It is like my body is being sustained with energy even though I have memories of eating and drinking.

And then, just like that I settled! I accepted my spirit life and thought I needed to do something about it. I started asking questions and wanted to learn more about the constitution of my spirit body, my body now. I didn't find it necessary to learn about the history of the Earth; I was a physician, I couldn't heal my self, excuse the pun, but I wanted to know how my new body worked. My counsellor told me that there was this thing called Divine Love. I had no idea what he was talking about. He said that he had experienced this Love and that his service to this Love was to help people like me. He mumbled something about compensation but I didn't know what he was talking about.

My counsellor was a lovely fellow, a decent man at heart. It was time to say goodbye to him and to find someone who could teach me about the things I really needed to know. My counsellor suggested upon our handshake of departure that I should go to a space where there was always interactions with individuals who 'do know' in spirit what is going on. I went to this space, a nice place of space and listened to a brighter spirit than I, who was answering questions to individuals who like me, who needed to find out the Truth about what was going on. It was then that I realised that this individual was a true teacher; it was also the moment I realised that I must become the student again.

This individual has taught me much about who and what I am. I have accepted the Divine Love realising that if I hadn't I would have stagnated and never really accepted that my human life was over. I believe other spirits have revealed much to you about the spirit body, and you can spend a long time studying this body. It is a remarkable piece of organic engineering created by God. I love God now – why wouldn't you when you know what I know now! If humanity knew now what I now know, it would be changed forever. Humanity would live as a collective community celebrating its diversity, independence, and collective togetherness. There would be no more wars and everyone would be working toward the same end to secure the needs of every man, woman and child.

To end my story I did go back and see my wife and two boys. The brighter spirit came with me and helped me travel so that I could be in the surface of the Earth near by my wife's side. I sent so much love to her that I hoped she received it and my two boys are strong and happy. These are the facts about human relationships and whilst sad, it need be said that we are when we are at our best, living examples of love.

Thank you for receiving my words and a special thanks to Saleeba for helping me converse with you.
Alexander the physician

BENJAMIN MISCARRIED at TWELVE WEEKS:

Thursday, 18 May 2017

John: This morning I woke suspecting that the beautiful light energy I felt last evening was our unborn son, Benjamin John. Was that so?

I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried, being around April 1975.)

I came to you, as I have come periodically to you and Carolyn, more out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic, going to what would be the equivalent of art college, where I developed my artistic skills to quite a high degree.

And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it, having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so, had I been your flesh child. My art, I put on hold as I worked continuously on myself, meeting my soulmate (soul partner), and now we are living in the Second Celestial sphere.

And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which, again, I have healed and worked through, not unlike how it is for many people on Earth.

And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon. There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

I will not be coming back to you now that we've made contact this way through James. You can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.

22 May 2017

[John: Yes, the visit from unborn Benjamin has been a mammoth event. I don't know what I was expecting. Totally out of any anticipations that I may have conceived. His story is absolutely wonderful and of great benefit to many. Is Nariko his name given to him by his spirit parents or is that his soul name given to him by our Mother and Father?](#)

Nanna Beth – 3rd Celestial Heaven: It's his given name. As yet we're all reticent to reveal our soulnames, dreading what you on Earth would do with them. It's sort of an unspoken 'rule' although rule is a bit harsh, guideline, something mutually agreed upon and yet nothing has been or is officially said, that we reserve our soulnames for ourselves here in the Celestial heavens because they are special to us and have nothing to do with Earth. They are our statement of our new Morontial status, that being of our healed spiritual status, they denote the 'new spirit' that we are. And they help make us feel that we really are no longer of Earth, that there is a separation, and one that makes us feel good about ourselves. So for you on Earth when we are dealing with you, we still prefer to use our Earth names, either ones we were given to us or ones we've taken a fancy to one way or another. A lot of spirits change their names when they come over, all for various reasons, such as it being significant to their new start in life, hating their given name and realising all that to do with their family and Earth is over, just to be different and something to do that signifies the 'new you', and others believing they have discovered their soulname, which they haven't. Some spirits even make a point of having a different name every time you meet them, however that gets a bit trying after a couple of meetings. I'm sure you can imagine how it is – just like changing your clothes for a new style – this being mostly in the mind worlds where they are all mind orientated and fail to see the true significance of one's name in that it reflects your personality and ultimately your soul.

JAMES CONNECTS with his OLDER BROTHER DAVID:

Sunday, 16 June 2019

James: Last Tuesday I had an odd 'spiritual' experience. It's the sort of thing I've heard happening to other people but it has never happened to me.

During the past two weeks prior to the experience, odd people had been calling me David. Then on Tuesday morning in the library, again someone called me David, then again at the Post Office. Then at the Health Food Shop, the woman serving I'd not seen for months and suddenly she said hello David. And I said, I'm not David, I'm James, and as she apologised I asked her why she called me David, to which she was flummoxed saying she had no idea.

And as I was asking her why, at the same time I knew why, as in my mind I suddenly thought of David my older brother who died before he was born, and then there he was clear in my mind and we spoke the rest of the day. He told me that I wasn't meant to be the 'head of the family' that he was and he being a Leo was much better suited for that role. However I had to as part of my denial, being denied my rightful place and having to be in control, which I had little actual control in, over my brother and sister. As he was saying this I had walked back to my car in the Aldi (supermarket) carpark and lots of strong emotions came up as I cried feeling again another part of the truth showing me how right that was.

So I want to write with him, because as he says, he's to be part of my spiritual group.

James: Please David, go ahead.

David: Yes James, I am as I told you, one of your older brothers. Yes, I have seen him, the one between us, in spirit, however we don't and didn't have anything to do with each other, we being adopted by different spirit parents. And no, I have not seen your mother and father lately, they were when I last saw them, which was from afar, in relationships content in their mind world lives. I consider them only by biological parents and as my time with them was so short, I don't feel any rapport with them. I did introduce myself to them and had a little to do with them as part of my Healing, however we didn't have anything in common. I had to deal with the issue of being so thoroughly rejected by them, so unwanted and unloved, lots of hurt pain and anger on very deep levels, just as you are working through it yourself, however it wasn't as much as I had to work through concerning my own spiritual parents.

I was adopted by them with my (spirit) father really wanting a replacement son for the one he lost when he (the father) died, the one he had been grooming to take over the family business, my father considering himself something of a tycoon, which he was stopped short in fully achieving by his untimely, and in his mind, premature death robbing him of being the legend he believed he was capable of being. So he taught me all he knew and together we went into business in spirit.

And how we did this was by aligning ourselves first with his son on Earth, however that soon failed because his son without his father's guiding and controlling hand soon ran a fowl and lost all his fortune, so his father disowned him and we looked for another suitable candidate and substitute on Earth whom we appointed ourselves as the 'guiding spirit' helping him to build the empire that he sought. And we were reasonably successful with him.

So I am well versed in business, which is why I am to now align myself with you James, to help you and be a reference point in spirit to which you can come and seek business counsel should you require it. And as that is where you are now heading, just as you have been writing you reply to John, with myself helping you along in your inspiration as to what needs to be considered for the business at hand.

James: Did you have brothers and sisters?

David: Three of each (adopted in spirit), we were a big family, that being a dream of my childless-when-on-Earth mother. I was the eldest and we lived in the second Mansion World with our 'business partner' on Earth, as we called him, being an American. I grew up being fully subjected to the Rebellion and Default, and only came to understand the error of my ways through you. My father and I considered you when you were in London and looking about for a business to get involved in as a potential for our unseen help, however we soon realised you didn't have what it took and so left you to it. However I did see you had something else, something that intrigued me, so I kept in touch through periodic visits to you, becoming more interested in the spiritual side of things as you did. All of which lead me to consider longing to God for the Divine Love and then onto doing my Healing. Which I did, it being relatively easy for me to do than it has been for you, now being resident in the third Celestial sphere, here with my soulmate Anita and closely associated with Nanna Beth and Helen.

Yes, Anita was/is Australian too, she being from Sydney and being twenty years older than I. She lived for a reasonable time on Earth, so through her I've been able to see more what it might have been like to live in flesh. And no, I don't feel like I missed out on anything by being denied life on Earth. It feels very physical here in spirit James, and as I could freely visit the physical world, seeing all that nature had to offer and not being interested in much else other than conducting business and being involved in all the power-intrigues between those of us spirits who were seeking to manipulate their 'chosen one's on Earth', so I didn't feel like I missed out on anything. And far from it, as I felt superior to you on the physical plane, we here in spirit being far more 'advanced' and sophisticated than you.

James: So why now, why have you not made yourself known to me before?

David: Neither of us was ready for it. I needed to settle into my Celestial life, into my soul-group, into being comfortable with Anita, and then learn all that I needed to so as to be of assistance to you. The business side is one thing, however fitting that in with all that's taking place along with all the spiritual growth you are doing, all your feelings and their psychological complexities, relating to how it was during my Healing to yours, seeing parallels and differences, working out what would help you and what wouldn't, and then as it has been since we made formal contact, how to work with your mind. Nanna Beth is an expert at it, it's one thing to contact the mind of someone on Earth and give it some business guidance on a mental level, it's another to get more involved with and to become attuned to you constantly, your mind and all that's going on within your emotions and feelings **because of the continual flow of psychic disturbance being brought about through your Healing as your feelings rupture the control of your mind.**

However I've now got the hang of it, so I can be attuned to you constantly and yet at the same time conduct my own life as if you are not part of it. So feel free to include me in your thoughts at any time and I will respond according to the need required. I know you muse over things with us spirits half in mind, and during those times we monitor your thoughts and feelings however don't feel the need to participate, then at other times the need is strong.

James: So there is going to be quite a bit of business involved?

David: Yes. I can't say too much now, you know how it is, however I'm to make contact with you and for us to start developing more of a friendly relationship together. Because of our physical parental link, you feel a kinship with me which will make it easier for you to tune into me and for me to impart that which I want to you, so that's part of why I have been chosen and how our Mother and Father have set it all up. I was to go ahead of you in a sense, I would have dominated you too much in other ways had I

remained alive, and you were to experience all you did and still are by being forced to be the first child. And I am now to provide you with something like fatherly guidance, a man in your life that is more how you would have liked your father to have been. He didn't include you at all in his business life, when really you'd have loved to have worked closely with him and right from the start at a young age, it would have suited you much better to have learnt from him all along, that which I got from my spirit father, rather than having to try and make your own way in the world and in something like the stock market that you were not suited to. Real estate and property development would have been more up your alley, leading you into working more closely with nature and the Earth, than sitting looking at a screen trading the markets all day long.

Still, you had to live all you did to provide you with the denial of the truth of yourself you've become, just as we all have.

James: So is there any business we need to attend to now – and is that how it's going to happen?

David: No, it's more: as we go. I will be adding more of what might be called a business light or vibration to you which you can pick up on should you wish, all of which will happen naturally, as it has been happening since Tuesday and as you've felt. So it's not that we'll be sitting down together working out strategies and so on, it's just that you'll have a helping hand in the business situations you find yourself in, which covers everything from conducting your own personal finances to anything larger.

James: Can you shed any more light on John and Pascas?

David: No, you understand it's all part of the preparation and your Healing, so other than to reiterate what Nanna Beth has told you and what you know anyway, that until then, nothing is fixed, and once you're Healed, everything will be different so far as how to relate to it anyway, so all of this with John is part of your Healing business.

James: Okay, so is there anything you want to say now?

David: No, we've made our formal introduction For The Record, and really nothing more needs to be said. I want to make it known to you that I am with you and part of your spirit-helping-group, of which many spirits and groups are involved. And as you know, we are privileged to be given these opportunities by the Melchizedeks to do so much with you and with humanity, because ordinarily, we wouldn't get so involved.

And that mostly it will be myself you'll be speaking with, we don't know if Anita is to play more of a personal role with you, however we don't think so. We don't know it all, things are always changing as we all change and evolve and particularly yourself, James, and Marion. I think I am to be the masculine energy for you that balances the feminine light from all the women spirits directly involved.

I will go now James, you are tiring. We will speak again soon, all my love to you, David.

NATURE SPIRITS and VERNA
With Verna – a Nature Spirit

via James Moncrief 2013
 7 May 2012

James: So the mind spirits can't see you either?

Verna: No, nor can they see the angels. Such sight, only comes with soul perceptions as you attain a Celestial level of truth.

And I will add, that many of the mind spirits spend a lot of time devoted to the creatures of Earth as they wake up to how badly they treated them when on Earth. Other spirits of course just love them, and have always done so.

James: How do the mind spirits help them, what influence can they have on animals, and also presumably plants and the microscopic forms of life, from spirit?

They can love them, that's about all. So many that are suffering, being tortured by you on Earth, are also being loved strongly from spirit, all which does affect the spirit of the animal. It's really how such creatures can endure the bad things you do to them. There are teams of mind spirits that take up the cause, helping to make those creatures suffering at the hands of humanity, feel good within themselves whilst being subjected to such horror. We also are involved. No creature suffers in any way without our being involved to ensure the spirit integrity of the creature is maintained. Which means, to ensure that your evilness doesn't get to it, that it doesn't feel completely overpowered and so lost, alone, unloved and rejected by life. We shield its spirit from you, from your darkness.

James: What about when animals are being horrible to each other – eating each other?

Verna: That's a different sort of relationship, all-loving. That is love - prey and love - victim, even though it might not seem like that on the surface to you, so the spirit integrity always remains intact. When it's with you, it's love – the creatures, and unlove – you, and that's when they need our help so their spirit integrity – their spirit, is not compromised.



James: So in their spirit they don't ever suffer?

Verna: That's right.

James: So baby Pod, wasn't all alone? (Pod, a baby Magpie bird rescued by Marion and James.)

Verna: No, our kind were with him. He didn't feel bad, he didn't feel alone and abandoned in his spirit, that which you feel and suffer because of being treated unlovingly. He wasn't dying longing for his magpie parents, he was all-accepting of his life, he didn't know anything different, or think it should be another way. He didn't know or feel he was suffering, so didn't suffer. You, because of your soul, know and feel you are suffering, and so you do, that being what you have to come to terms with. And

it's the same that applies to all the creatures, they don't have the same relationship with life that you do. It's a far more spiritual life for them, even though they seem far more earthed and of the Earth than you. It's very wrong of mankind to consider them lower beings and so ones that don't suffer, being able to have done to them anything mankind does. For although they don't suffer as such in their spirit, still it's not right, it's not a true life for them, and so in some ways there is suffering involved, especially physical suffering and physical pain and fear. However I can assure you, it's nothing in comparison to what you are suffering by causing a creature to live a life that is not as it desires to live. To make it live an unnatural existence, to make it suffer in that, will cause you untold pain, all of which if you don't come to feel during your Earth life as you start to become true, will await you in your spirit life. Many of the mind spirits wake up mentally to how badly they treated the creatures under their care, and suffer accordingly, however that pain, even though very intense for some, will still pale in comparison to the pain they will feel once they start to become true.

James: What compensation do the creatures get? They are the good ones suffering at our hands, so what happens to them? We can be the bad ones torturing and abusing them, then become all good even getting the Divine Love and becoming Celestial, but what do they get? We suffer and get rewarded for shitting all over them, so what about them, do they get anything?

Verna: They get to move onto becoming nature spirits and then in time proper angels. Their spirit lives on. It's nothing of a reward as such, the Mother and Father don't issue rewards, it's just how it is. They live what life is given to them, as we all do, and we all experience what we're to, and we all move on when it's time, we're all always moving on. So there is no compensation for them, as really nothing bad has happened to them, has happened to their spirit. And once any suffering of the physical is over, then as a spirit they go on, on into the vast spirit collective and then to at some time become part of the spirit that constitutes one of my kind.

James: And as you said, or did you say, actually I can't remember now, are you aware of the creature spirits that constitute your spirit?

Verna: No I'm not personally aware as in being able to 'remember' or sense that part of me, that part of my spirit was once, say for example, a bee... or a buffalo. However I can, should I desire, access from higher angels just what my spirit composition is.

James: And have you done so?

Verna: Yes, we all do at some point. We all want to understand our heritage.

James: And would you mind sharing it with me?



Verna: I wouldn't mind, but it's difficult. It's not so much saying I was, or rather my spirit was, once this or that creature, as so many of you mortals and mind spirits say your past lives were, for it comes to us as light, and in that light as a knowing, an awareness, just as part of us. And to further complicate

things in regards to myself, I was drawn from the creature spirit from other universal worlds, not of Earth, for as I told you, I was created on Earth before life began. And so there are as you now surmise, those of us who were the original nature spirits, but were not ‘of’ this world so to speak, that being in a spirit sense. And then since life has been on Earth, there are those nature spirits ‘drawn up out of’ the indigenous creature spirit. We refer to them as the ‘locals’. And as there is now so few of us original ‘out of towners’, the locals predominate.

So as you’d not be able to relate to the creatures my spirit comes from, all I can tell you is there’s a good mix of aquatic and terrestrial in me. I’m a good balance.

And yes to read your mind, there are nature spirits with varying mixes of creature spirit. Some feeling more of an affinity for the plant kingdom, others for the oceans or rivers, and others for land, and of course, mixtures of all. And so yes, to read your thoughts again, as you would expect, those of more plant spirit feel drawn more to the plant side of things, and so that’s how it is, those nature spirits tending to the plant kingdom.

James: So your spirit is very complex?

Verna: Yes, it’s not as straightforward as is yours, yours coming solely from your soul. Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it, I’m composed, for want of a better word, of about five hundred billion creature spirits, so yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.

James: I suppose the spirit of a bacteria is not that big.



Verna: It’s not a matter of big or small in the sense that you know it. It’s all a matter of life experience, of light. All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you’ve been told, as it’s the same for you, each experience you live is composed of many ‘lights’, that being that much light in the spirit of that experience. So our spirit existence is literally a sum of all the light experiences of light those creatures lived. Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live. The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can’t grasp with your limited mind, you can through your soul perceptions when you’re healed and of Celestial truth, but until then, you’ll have no idea about it. And it’s not just a thinking mind as yours currently mostly is, it’s a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is – a mind of

light. When an angel moves, it does so not because of its feelings like you do, but because of its mind, the spirit that its mind is, or, the mind of its spirit. Are you confused yet James?

Note: There you have it. We humans are to live through our soul based feelings. As we recognise a feeling, then we have our mind implement what we are feeling. Some 200,000 years ago we were misguided into embracing our minds as our pathway to greatness – we have been worshipping our minds for 200,000 years and the World is in chaos. We are truth loving personalities and through our soul based feelings all truth will be revealed to us. Through longing for the Truth behind our feelings, both good and bad, and then expressing what we feel, talking it out to a friend, then we will heal ourselves of all the pain that we have from living the wrong way, through our minds.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Consider reading:



[With Verna - a Nature Spirit via James Moncrief.pdf](#)

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Library Download then to Medical – Spiritual References

<https://www.pascahealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/With%20Verna%20-%20a%20Nature%20Spirit%20via%20James%20Moncrief.pdf>

Revelation 20: Reincarnation is an oriental doctrine

<https://new-birth.net/samuels-messages/53-revelations/revelation-20-reincarnation-is-an-oriental-doctrine-ntr75/>

(This message is referred to as Revelation 28 on page 75 in New Testament Revelations of Jesus of Nazareth)

Received by Dr Daniel Samuels. Washington D.C.

March 10th, 1955

I am here, Jesus:

I am here again to write you about a subject that has created interest among you, the Doctor and others, and that is the article on reincarnation. In the Padgett messages (James Padgett 1914 – 1923), various communications dealt with the falsity and absurdity of this Oriental doctrine, which holds that the human soul can reincarnate from one fleshly body to others in succession over periods of time and that as a result the soul has an opportunity to lessen its desire to sin and thus finally achieve purification while in the flesh.

If you will examine the question a little more closely, you will see the impossibility of the soul in the spirit world to be reincarnated in the flesh for the reason that the soul, for this supposed phenomenon, would have to shed the spirit body in order to enter into a mortal body, since the soul is encased in a spirit body which is physical in nature but not of a gross material of what mortals call the material world, and that spirit body, which is the envelope and protector of the soul, is that which gives the soul its individuality as a conscious entity and remains with the soul so long as the soul lives. In the spirit world no spirit body has ever been deprived of its soul, and no spirit body thus hypothetically divested of its soul has ever died or been disintegrated, or has disappeared from its habitat, except as it advances from one sphere (spirit Mansion World) to another while making progress either to the sixth sphere or spiritual paradise or to the Celestial Heavens and Immortality (spirit world spheres 8 and upwards).

As far as is known today by us in the spirit world, the spirit, that is to say, the soul and its spirit body, may live for all Eternity, if God so requires it, even if it does not possess the consciousness of immortality through possession of Divine Love, and it will certainly continue to live throughout all Eternity – the soul and its indissoluble spirit body – if it does possess the Divine Love, Immortality and At-onement with the Father.

As soul cannot be taken from, or torn from – or in any other way deprived of – its spirit body, once it has come to the spirit world, it would be equally impossible for the spirit body to enter the human body of another human being, for only a soul without a spirit body can enter a human body, and on the death of this body, the soul manifests its spirit body. The doctrine of reincarnation is, therefore utterly without foundation, for it is impossible, let me repeat, for a soul with its spirit body to enter a human body to be born again in the flesh.

When a human being dies in the flesh, his soul has already achieved under ordinary circumstances the purpose of his creation, that is, individualization and the creation of receptacles for soul's, and in his spirit body, in size, shape, appearance and nature, is the complete creation without the envelope of flesh.

This soul appears in the spirit world laden with the inharmonies of its Earth life, but since it has the opportunity of eliminating these inharmonies and becoming a purified soul in the spirit world through the exercise of its will and moral force and repentance, or becoming a Divine Angel through prayer to the Father for His Divine Love and Mercy, transforming the soul into the very essence of the Father, it is therefore absolutely unnecessary for the soul to go back to the flesh for another chance to purify itself, for the loving and merciful Heavenly Father had already provided a plan that would enable the soul – the

real man – to attain purification, and here God showed Himself to be more merciful than He might have been had He decreed successive trials in the flesh for the process of purification, for man while thus seeking to purify his soul, would at the same time have to contend with the sinful influence of the flesh, and his ultimate purification would thus indefinitely be delayed or perhaps never accomplished until the very end of time. You can thus see that God has shown His Love for His created children by providing a way for them to be purged of their sins, while being free of baleful influences of the flesh, which would only hinder, and make more difficult, their tortuous progress toward purification.

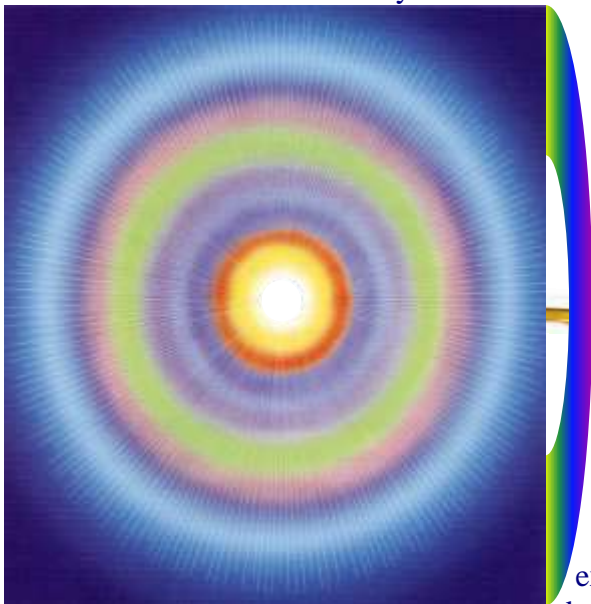
Jesus of the Bible and Master of the Celestial Heavens

Note: Jesus of Nazareth has only written through James Padgett and James Moncrief. Mary of Magdalene has only written through James Moncrief. On this occasion, the writings here through Dr Daniel Samuels were conveyed by Celestial spirits from the Celestial Heavens with authority on behalf of Jesus. Questions of the nature by Dr Samuels are readily understood and answered by Celestial spirits. Due to the limitations in belief by Dr Samuels, the reference only to the Father should be read as being our Heavenly Mother and Father. God is one soul manifesting two personalities, Mother and Father.

DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

Mind Mansion Worlds of Natural Love

Mansion World One: We ALL arrive into mind spirit Mansion World one upon the death of our physical body. Just the general confusion of spirits living their wrongness the best they can, trying to not be bad, trying not to hurt others, thereby staying out of the hells and lower Earth planes. The Law of Compensation ‘persuades’ you not to even think about harming another person.

Mansion World Two: Starting to work more with one’s controlling mind, with the focus being on Service, you are to use your mind to be more loving, to help selflessly others, to put others before yourself, to not want for yourself, only wanting the good and betterment of others. And to have loving thoughts, to not think badly of anyone, to keep ‘being good’ in your mind at all times. To think positively, to use your mind to control your feelings so as to make yourself be happy, to bring your full success out, to celebrate your god-given gifts, all for the good and benefit of all.

Mansion World Four: This being where ‘self help’ approaches fit in. It being where you’ve had enough of being of Service, giving yourself to everyone else, and decide that you have to start looking more after yourself. So you look to working more closely on yourself, you still have bad feelings so you set about working to resolve the emotional issues through whatever means you can. And they involve emotional releasing / clearing through some level of feeling-acceptance, as you can’t get rid of them that easily, yet overall you’re working to bury them once and for all, so deal with all your memory processing, deal with your traumas, do all your massive forgiving, which sets you up in a power position because you are the great one forgiving everyone – those people who did wrong by you, so you feel more in control, freeing yourself from your controllers, telling them – you are forgiven, giving them your blessing, feeling you no longer need to be bound into those patterns, and feeling like you’ve found and are bringing out more your True Self, your true self which I reckon is more of the spirit you that’s deeper in your mind control.

Mansion World Six: This is where you put it all together, you’ve achieved mind ‘ascendancy’, the perfection of your negative mind-controlling state, specialising in your area of interest, being in bliss and true love and happiness – all mind derived, all of which is resulting from your mind saying you are at-one with Source, God, Soul, whatever the term, which is just your own controlling mind. Your mind is god, and it’s calling the shots, keeping all your repressed feelings away, without you having to address any personality imperfection resulting from your bad parenting. Because you believe you’ve fixed all of that, you no longer have bad feelings within you, you’ve forgiven the evil ones in your life, you’re now wholly in control making your reality be as you want it to be through your mind.

Part by James – 19 August 2018



Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1st spirit Mind Mansion World where we typically suppress our poor state and remain in the Mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

GATEWAY

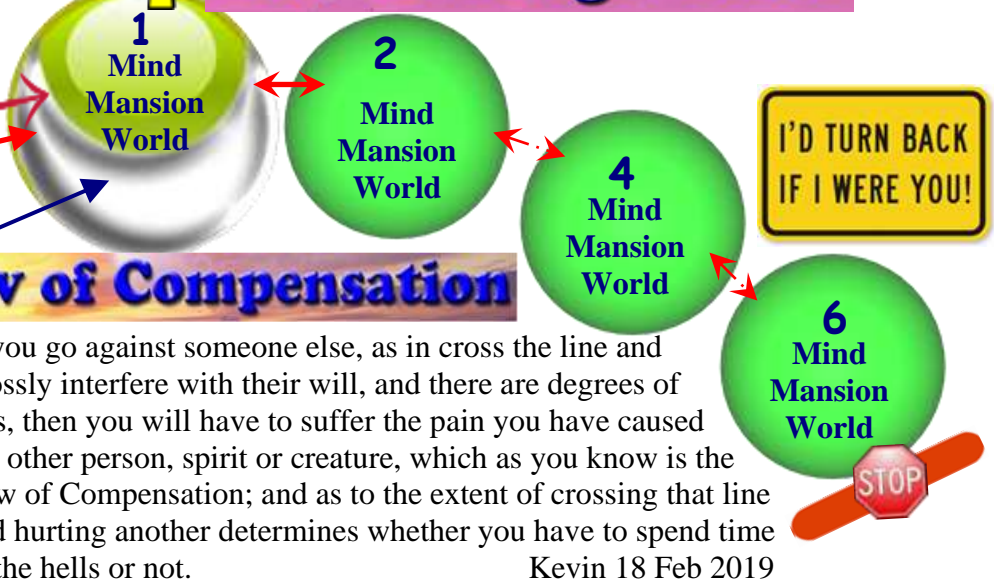
Transitioning into the Celestial Heavens is also out of: **ISOLATION**

OUT



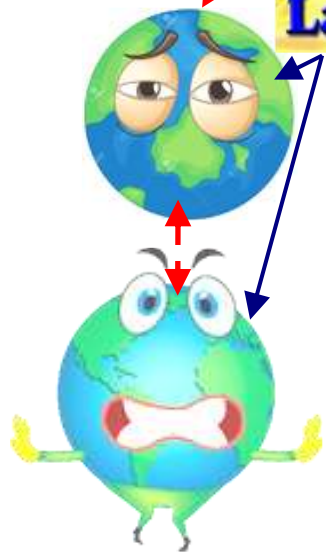
If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing. Kevin 18 Feb 2019

Law of Forgiveness



Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not. Kevin 18 Feb 2019



The minor ‘hells’ are the lower levels of the 1st Mind Mansion World whereas the more severe are the Planes of Isolation being the 2nd Earth plane with the severest being the 1st Earth plane. Pain caused to another is the pain that will be endured before returning to the 1st Mind Mansion World, all then to consider your Feeling Healing.

SPIRIT MIND MANSION WORLDS are numbered 1 to 7:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.



Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.

Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres 1, 2, 4, and 6 only.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

On death of the physical body we all arrive in the 1st Natural Love sphere.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1st Natural Love sphere and continue in their progression onto higher spheres.

Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven earth planes around earth, which are separate from the mansion worlds, but we only have access to two of them, which include the ‘hells’. Each of the mansion worlds also have their own seven planes ‘around’ them.

Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

Feeling Healing – Healing yourself through your feelings.

- ✓ **Your feelings are the real and true you.**
- ✓ **If you are denying any feelings you are denying yourself.**
- ✓ **If you are denying yourself you can't ever be truly happy.**
- ✓ **To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.**
- ✓ **If you want to know the truth of yourself, then it's your feelings you will need to look to.**
- ✓ **Your feelings hold the hidden keys to unlocking the truth of who you really are.**
- ✓ **Uncover the truth of yourself through your feelings and you will know why you feel all you do.**
- ✓ **Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.**
- ✓ **Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.**
- ✓ **How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.**
- ✓ **However you will also have to pay attention to all your bad feelings, and this can be very harrowing.**
- ✓ **By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.**
- ✓ **And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.**
- ✓ **It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.**
- ✓ **Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.**
- ✓ **You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.**
- ✓ **And if you wish to do your Healing with God, you can also long for God's Divine Love.**
- ✓ **Feeling Healing – Using your feelings to heal yourself.**

DIVINE LOVE – what does it do?

Divine Love, which is a substance, progressively:

Transforms one's soul from that which is of natural love to that which is Divine

As natural love is enhanced with the Parent's Love, we reject our tendency to error

Divine Love, our Parent's Love, restrains errors, untruths and emotional stress

As we reject the condition to error, we develop our love for our brothers and sisters

Divine Love helps one with the discovery of truth through one's soul-feeling healing

Our natural intelligence grows, perceptions rise with our soul intelligent feelings

As Law of Compensation is resolved, the Love reduces returning to being in error

Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant

As our faith grows our propensity to undertake one's Feeling Healing strengthens

With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake

Without the Love we remain self reliant and dependent upon our own will power

Only with the Love will our soul condition grow rapidly, all around us also benefit

The Love is the only substance that changes the human soul to that which is Divine

Only by asking and receiving Love do we become fitted to enter Celestial Heavens

Only by asking for and receiving the Divine Love does our soul become immortal.

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Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
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Sam's Book – Parenting and Feeling Healing	Book VII	Vision
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Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
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 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Kindly consider reading:www.pascashealth.com

then proceed to Library Download :



Pascas Care Letters – Family Shelters Abuse & Remedial
 Pascas Care Letters – Family Shelters Overview
 Pascas Care Letters – Family Shelters Per Capita Inequality
 Pascas Care Letters – Family Shelters Protection
 Pascas Care Letters – Family Shelters Social Housing
 Pascas Care Letters – Family Shelters Support Centre
 Pascas Care Letters – Family Shelters towards Liberation
 Pascas Care Letters – Root Cause now to Pathway Forward
 Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively

Chaldi College Free to Learn Pathway

Pascas Care Letters – Back to Basics
 Pascas Care Letters – Change
 Pascas Care Letters – Finaliters our Destiny
 Pascas Care Letters – Humanity is Addicted to Untruth
 Pascas Care Letters – Journey of Earth's Humanity
 Pascas Care Letters – Life is a Highway
 Pascas Care Letters – Live True to How You Truly Are
 Pascas Care Letters – Moving out of Healing
 Pascas Care Letters – My Customs Heritage and Nationality
 Pascas Care Letters – One Soul Two Personalities
 Pascas Care Letters – Psychology and Feeling Healing
 Pascas Care Letters – Spirit Evolution and Environmental Changes
 Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie

Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults
 Pascas Care Living Feelings First Children
 Pascas Care Living Feelings First Children Annexures
 Pascas Care Living Feelings First Children Discussions
 Pascas Care Living Feelings First Children Graphics
 Pascas Care Living Feelings First Drilling Deeper
 Pascas Care Living Feelings First Drilling Deeper Structures
 Pascas Care Living Feelings First Reference Centre

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm			

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com
Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way
 U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity shutting hells through New Feelings Way
 U-Turn for Humanity simple is what Life is meant to be
 U-Turn for Humanity soul light and New Feelings Way
 U-Turn for Humanity through the New Feelings Way
 U-Turn for Humanity treacherous assumptions New Feelings Way
 U-Turn for Humanity unfolding the New Feelings Way
 Universal Gift – Feeling Healing with Divine Love
 Feeling Healing and Divine Love Discussion Prompts
 Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link.*

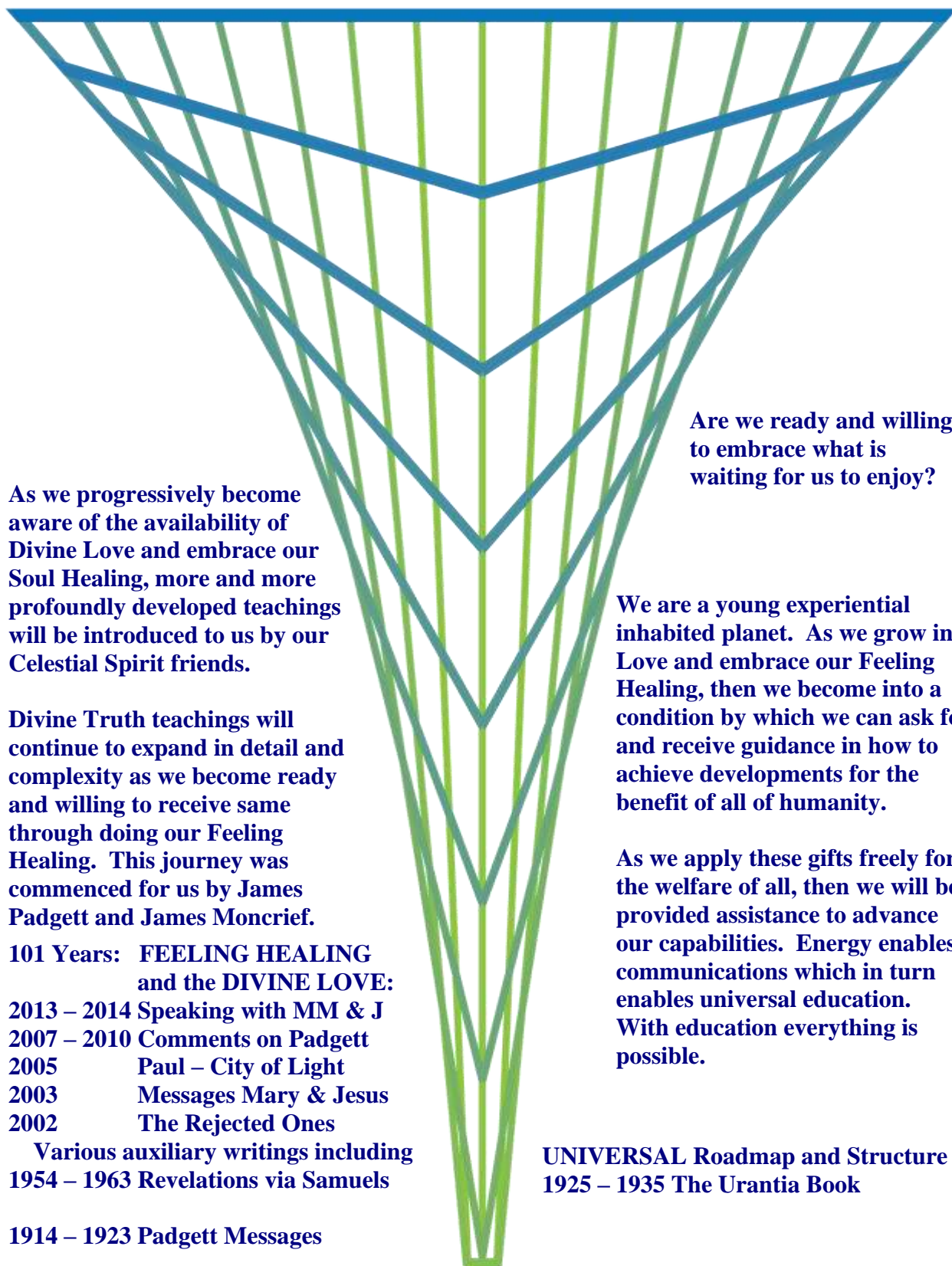
Pascas Care Letters A Huge Upturn
Pascas Care Letters Big Revelation
Pascas Care Letters Feeling Healing Benefits Children
Pascas Care Letters Feeling Healing Way
Pascas Care Letters Little Children
Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
Pascas Care – Feeling Healing All is Within
Pascas Care – Feeling Healing and Health
Pascas Care – Feeling Healing and History
Pascas Care – Feeling Healing and Parenting
Pascas Care – Feeling Healing and Rebellion
Pascas Care – Feeling Healing and Starting
Pascas Care – Feeling Healing and Will
Pascas Care – Feeling Healing Angel Assistance
Pascas Care – Feeling Healing Being Unloved
Pascas Care – Feeling Healing Child Control
Pascas Care – Feeling Healing Childhood Repression
Pascas Care – Feeling Healing End Times
Pascas Care – Feeling Healing is Rebelling
Pascas Care – Feeling Healing Live True
Pascas Care – Feeling Healing Mary Speaks
Pascas Care – Feeling Healing My Soul
Pascas Care – Feeling Healing Perfect State
Pascas Care – Feeling Healing Revelations X 2
Pascas Care – Feeling Healing the Future
Pascas Care – Feeling Healing Trust Yourself
Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





Healed potential



Insightful Genius

Brilliance!

DYNAMIC

vibrant