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21 December 2018

EXTRAORDINARY TIME

Nanna Beth Summarises Her Message to James 12 November 2018

Everything about what you, James, and John and those people involved personally with you, is extraordinary, and normally none of it would happen. And it's all because of the extra ordinariness of what's happening on the higher spiritual levels. So we're able to do things with people and people are able to do things themselves, which normally, and particularly while under rebellious influences, simply wouldn't happen. It's all in different ways as remarkable as Jesus and the Celestials coming to James Padgett, and The Urantia Book being presented to humanity, yet even more so, much more so – far more so. They were just blips on the path of humanity's evolution, this is a major event. This affects everyone and everything on the world and in the mind Mansion Worlds.

So what is so extraordinary about this time? And when is it this time?

We are being set free. And the time is the year 2019 commencing from the summer solstice which is 21 December 2018.

We are being set free from being entombed and enslaved to our mind. Further, us men will finally acknowledge that women are not only our equals, but also our spiritual leaders!

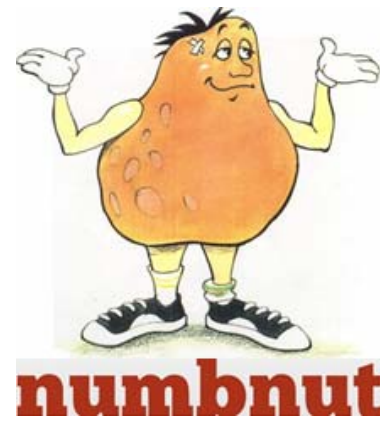
How big a deal is this?

Not even Elvis Presley or all the leaders of all the nations of planet Earth can contemplate how big a deal this is and the audience we have!

Yes, we have been seduced to worship our minds and be enslaved, like numb-nuts, to the vagaries of our minds, for some 200,000 years. Now that control has been lifted as well as the way we are to live, has been shown to us. The way forward for all of humanity here on Earth, as well as throughout the spirit mind Mansion Worlds, will bring about the potential to live in a celestial state here on Earth while in the physical, as well as for those in mind spirit Mansion Worlds to significantly expedite their potential progression to the Celestial Heavens.



All our systems, institutions and, in particular, education pathways, have all embraced the mind as being all wonderful and the only potential we have. Humanity presently functions in a robotic stupor that is not only unable to discern truth from falsehood but through the mind's addiction to control is conducting the most heinous crimes of suppression upon all others, particularly our own children. The news broadcasts worldwide are one endless report of crimes of suppression against all others, be it local domestic violence to international acts of war, it is all the same control addiction being metered out all under the edicts of the Rebellion and Default that took place some 200,000 years ago.



How big is this event?

Once we 'cross the line' becoming Celestial and free of our negative mind control, then we can see with greater clarity the control that was in ourself and is still in others who are of the Rebellion and Default.



Much is going on in the world at this moment, that being increasing numbers of the controllers are losing that control and not knowing what's going to happen next. It's a massive change taking place, it's all still mostly

behind the scenes, however the old ways are being unhinged and the seeds being sown for new ways. And these new ways will still be of the Wrongness, however not as controlling and prohibitive as has been. And part of this new freeing up is what is driving SI (Solid Investment and consequently Pascas) into being. Many difficulties will present themselves, but in the end they will be dealt with reasonably easily. And when the time comes, and it's fast approaching now, what needs to be done with the actual money and how to do it will become more obvious. So what we are doing is contributing to the change, it's all part of it, and all what is meant to happen. Cracks are appearing everywhere and these are now going to get larger with increasing speed.

MIND
Worship



This next year will resolve most of your questions, it's getting to be 'crunch time', both for you all personally and for the world. It would even be all right for you to believe that this next year, beginning from the December solstice (21st December 2018), is the last year of Mary and Jesus' age. So all that's happening is building up to that, their age has to reach its conclusion in the rebellion against them that's required to be expressed by humanity, as are things to be readied for the beginning and so transition into the next Age. So next year should be quite dynamic. However that's what we're working toward.

Nanna Beth – 3rd Celestial Heaven: So you are correct John in comprehending the enormity of it, and how it's all being virtually kept secret, that all being part of the untruth and rebellion and fulfilment of the denial of Mary and Jesus, so it's not time yet for the truth to be revealed far and wide. So it's still preparation time, with those preparations going to keep you very busy John.

We will see increasing signs of stress in the world as the controlling forces start to lose the power they have had and other interests fill the gap.

Tuesday, 13 November 2018, Nanna Beth: Trying to understand and come to terms with, the whole Rebellion and Default and two hundred thousand years of spiritual damage that's been done; trying to come to terms with all of that on all the levels that you are in your life, is a huge undertaking

Everyone of us, within the Celestial Heavens 1, 2 and 3, is being mobilised to bring about The Change in humanity. It's a Grand Plan James, which you'll come to see once you're Healed. It's been intensely **two hundred years in the making**, there's been a huge amount of ground work done, for we've had to ensure that in no way and at no time have we Celestials compromised the Rebellion and Default, it needing to come to fruition at this time now because of you James, Marion and Samantha doing your Healing, and yet at the same time our putting in place structures to give us the means to bring out the changes we want to create when the time comes.

It's been a very complex undertaking, something we struggle to grasp ourselves at times, the Melchizedeks with their attending angels have been working it out along the lines that have been given to them by the higher-ups. And it all has to be done this way so as to maximise all personalities involved experiences they are to have, no one has been allowed to be denied any part of their Wrongness, nor will they be denied any part of their Rightness.

And what you still fail to understand is, and because as yet there is no sign of it on Earth or in the mind spirits, the impact that you, James and Marion, will have when you're given the full authority and go-ahead. So we're preparing for that, for its coming and it has to happen, and it needs to be very intense on the spiritual level, otherwise humanity will never change.

So humanity has to be heavily confronted, and your light, the light of your truth, when it's 'turned on' and increases in intensity throughout the remainder of your lives, it is going to shine into the darkness and nothing will be left the same. And again I can sense you struggling with this, particularly when all you've felt all your life is your light being turned off and smothered, with other people who seemingly have no spiritual inclination enjoying the light of their soul, well that will all change for you both, and part of the physical difficulties you're both going through is in preparation for your bodies having to deal with the intensity of that light when it comes. You have had James over the years a slight taste of what I'm talking about, so you can relate to it, however of course you can't as yet feel any strong sense of it within you when all your trauma is about that part of you being crushed out of you.



John is going to be gently moved into his light, which will be like a lighthouse in the darkness through which Pascas will do what is required. As I've said, he will have all the help he requires, and it will continue to come now as required, all giving him time to adjust. Too much too fast would work against him, but as this is all working to perfection, so there will be nothing to worry about along those lines. As you understand James, everything works to perfection, even the Wrongness, and how could it be any other way with it all being what our Mother and Father want, and yet if you could say there is at times more perfection within perfection, then all John and those who come into his orbit are doing and will do is going to happen with this 'added' perfection.

The Germans who have been frustrating the distribution of the Solid Investment pool of funds, are going to break, there are internal forces building that are getting to the point of boiling over. Those people who are blocking and standing in the way will start to break down finding it increasingly harder to do what they've done. And that will be for everyone who is now standing in the way of 'The Change' and 'Great U-Turn'. Pressure is increasingly being applied and the break and fall and rolling over is soon to start in earnest. And many people won't understand this however suddenly you'll all sense it like the doors are suddenly being flung open and the fresh air starts to rush in.



And once it Begins, then the snowball is going to rapidly build, and all who try to stand in its way will be swept aside. And I know it might sound like harsh words coming from a Celestial spirit of love, however it's now time for the **Truth to come to light. For two hundred thousand years it's been kept buried** and people have not been allowed to live it, and everything has conspired to keep it well hidden. But it hasn't gone away, it can't, and so just as each person starts to crack themselves open by standing up to their controlling minds by looking to their feelings for their truth, so that's going to start happening to the world – it's going to start to face the truth. And a lot of people

will be kicking and screaming of course, their power being threatened, however that can't be helped. And were they to go with those bad feelings seeking their truth, they will be led to see why they want such power anyway; and if they don't want to use their feelings to uncover the truth of themselves, the truth of why they are feeling them, well they'll eventually move into the mind Mansion Worlds there to become increasingly isolated.

The 'writing is on the wall' for the mind Mansion Worlds. They are going to become increasingly cut off, we Celestials will 'wall them off' from Earth and from other Divine Love spirits who are doing their Healing. However they are also going to be stuffed to capacity with the coming events, and those spirits in them there to live all 'happily' with each other, whilst unable to effect anything much of Earth. They won't even be able to watch so easily as they have, so soon there will be virtually no negative influence coming from them. Commands are to be issued James, which will end such influence from them, and then people on Earth will be completely free to get on and make it as they want, something that's never happened before as it's always been pretty much what the mind spirits wants, with the mind spirits all being under the control of the Evil Ones.

For as you understand, Earth and the mind spirits have been ‘given to us’ now, the Melchizedeks oversee us, advise us, give us outlines of what we are to bring about, yet largely it’s left up to us; and as I’ve told you before, it’s an incredible undertaking for us all. And you John and everyone else will be playing your parts on Earth, which will continue when you come into spirit, there’s lots to be done now and even more during the next Age, and then we’ll all leave, our jobs will have been done, and it will be for others to take our places and help humanity evolve into its next phase.

And it’s all programmed in our souls, so although we might seem to be in control behind the scenes, still you will all be led by your feelings and circumstances in life, just as it always has been done, yet this time round it’s all about ending the controlling systems of the Rebellion and Default and putting new ones, and ones based on a higher supportive truth, into place. Pascas is like a new system in that regard, it supports a higher truth, so everyone who aligns with it and the truths within it, even if they have nothing personal to do with it or even know of it, will be ‘doing their bit’.

*The truth will set you free,
but first it will make you miserable.*

And there’s going to be lots of bits, all the erroneous untruth and love-denying beliefs propagated by the religions and superstitions people live, are to be eradicated, they are the real pollution destroying the world and limiting the potential of human nature, and so having been forced to remain grovelling in the gutter for so long, the people of Earth are to soon get a taste of real creative and spiritual liberation.

So John, you’ll continue to be provided with the emotional, mental and spiritual support you need. A lot is going to be put on you, and so you’ll need a lot of help. And those people will also serve to ‘protect you’ in a way, which means you’ll remain free to do as you feel and not having to deal with power plays and people wanting to take it out of your hands and go ways that would be unwise and contrary to the **New Way**. You’ve needed this time with James and his work to allow it to sink in enough so you feel sure about it, which you now do feel, and so life will continue to support you in this. And the work load you’ll be able to cope with, you’ll enjoy it, all the different facets to it, from the highest spiritual levels of truth, understanding and information, to the lowest most mundane and practical. How to have the toilets suitable for all who’ll want to use them, will be just as important as how humanity is going to deal with being confronted by the **New Way**.

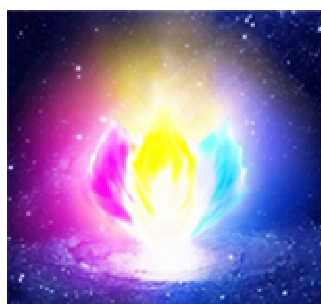


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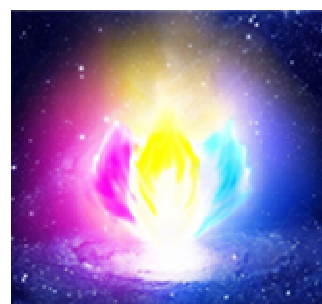
That’s all I wanted to say James. I’ll speak to you when next you want to make contact. Our love is with you all, we’re all to have fun together, we’ll be with you – we ARE with you; and in all that you’re doing, we can’t be more with you, and we’re all doing with you all we can do. Bye now – Nanna Beth.

ASSISTED COMMUNICATION with OTHER PHYSICAL PEOPLE:

Through one's soul, one communicates to one's indwelling spirit, who, in turn, is assisted by your angels to connect with the angels associated with the person who you desire to communicate with.



How one works with people carrying out conversations unbeknownst to them, is rather easy from a technical point of view. One's angels speak to the angels of the person involved, conveying what he/she wants to say. Their angels (or the angel active in the experience) 'commune' with the person's Indwelling Spirit, who then creates the reply with all the required information giving it to that person's angels, then those angels relay it back to you, the inquirer, angels who relay it to your Indwelling Spirit who inspires your mind to see and hear what is being 'said' or 'thought' or 'felt' by that person.



This is very unusual and is only permitted in very extenuating circumstances.

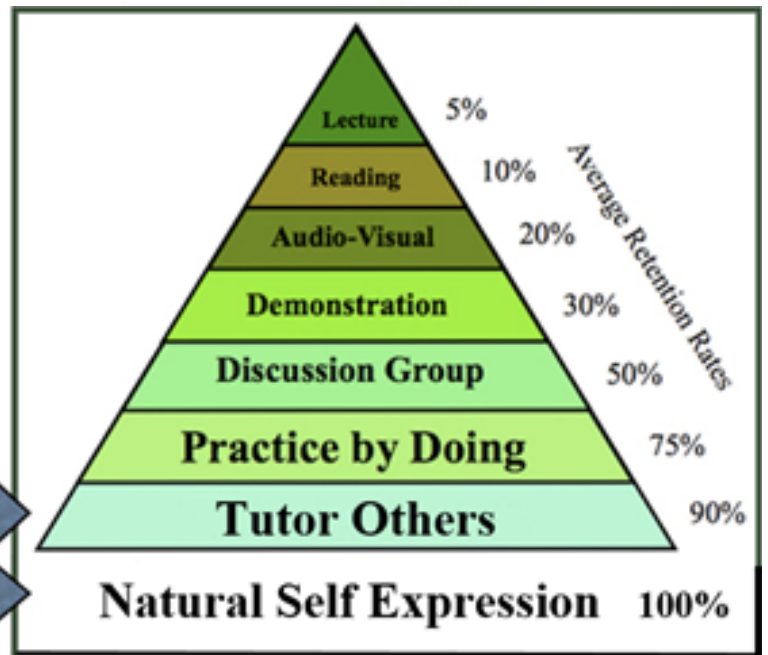
**YOU ARE A SPIRIT,
YOU HAVE A SOUL,
AND YOU LIVE IN A BODY.**



Around the age of 6, a segment of our Heavenly Parents' essence connects with our soul. This is our personalised Indwelling Spirit. Through our soul, one can communicate with and receive information from one's Indwelling Spirit. Should we proceed to engage in our Feeling Healing and also embrace our Mother and Father's Divine Love, then on completion of our healing, the Indwelling Spirit will fuse with our soul permanently. This event occurs upon the progression from the 7th Mansion World (Divine Love Healing World) equivalent to the 1st of the Celestial Heavens. The fusion with one's Indwelling Spirit results in a continuous connection with our Heavenly Parents.

Your soul enlivens your spirit body which, in turn, is the template for your physical body. Your soul is assisted and aided by your Indwelling Spirit as well as by your Angels who are soulmate pair. We each also have a pair of Nature Spirits to assist us and guide us at all times while we live on Earth.

The Learning Pyramid



SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

Monday, 29 October 2018, Helen – 3rd Celestial Heaven: ‘The Change’ (within the world’s financial systems) we’re happy leaving as is for now, there’s more to it than the simplicity we’ve talked about, however we can’t say anymore about that yet, so it will have to wait until you’ve completed your Healing. But it’s sufficient to provide a sense of what is to come, that being of great change coming to humanity, and change on all levels. And the biggest change will be spiritually, as in the Truth being imparted, it being something even more radical, significant and extreme than would be a physical catastrophic Pole Shift, because it’s the Truth that is ending the Rebellion and Default and pointing humanity in its new direction, that being toward Paradise rather than going as fast as it can away from Paradise. And that’s a massive Change and that’s where we are focused, we’re only doing all we are over here James, so as to maximise the impact of that Truth. And if it weren’t for this, we’d not be having a say in the affairs of humanity, leaving people to it, to work themselves further along to their own self destruction; because as you understand, Rebellion against Truth is doomed to inevitable and ultimate destruction, so humanity would destroy itself, it can’t stop being the runaway train, with there only being one final outcome when it gets to the end of the line. And as humanity is not to destroy itself, so the Rebellion and Default has had to end. It’s as simple as that James.



James: But wouldn’t a Pole Shift sort out humanity, so it would have to start again?

Helen: It would, like it has done in the past, however never before has humanity had so much nuclear material sitting around waiting to poison the whole world, which would take massive angelic intervention to clean up and neutralise, should it come to that, however it would be far better for humanity to clean up its own mess. For if it doesn’t and is all taken out of people’s hands, yet again through a Pole Shift, then humanity will merrily continue on through the next age post Pole Shift creating yet another monstrosity, which could happen, however the psychological complexities have been reached, humanity wouldn’t gain anything in its self-denial and truth-denial by working through yet another age of being untrue, so it would be purposeless for such soul-destroying mind-ways of life continuing.

And humanity is needed in the varying levels of the Ascension Scheme now that spirits are free to leave Nebadon (our local universe), so there needs to be more of humanity doing their Healing and so getting on with their ascension of truth. Ascension includes us Celestials from humanity, we are to mix with spirits – other Celestials from other worlds, we’re not to ascend alone to Paradise. So many such groups from other worlds have rendezvous times with us. And for us to meet those times, we can’t all still be wrapped up in a wayward rebellious humanity on Earth. So things are having to move on, and so we’re taking the necessary steps to ensure that it does.

James: And what about your interference with the mind spirits, how is that going?

Helen: We’re fully in control. Only those spirits that contribute positively to humanity can get through to people on Earth. Other selfish spirits we allow by subtly controlling and using them in our plans to upset the status quo. Some of the hidden controllers still have access to their inner sources, although unbeknownst to them, subtle changes are occurring within such inner lines of communication furthering their demise.

The so-called ‘forces of good’ are closing in. However as the hidden controllers control just about everything, directly and indirectly, so those trying to work against them are flying blind half the time,

however they are making progress now with us behind them, such as is Crystal, she being one of those flying blind.

There are others, some working together in small groups, others individually, who are systematically pulling the plug on the controllers as they come to understand more about what they are controlling. So many of the world's 'agencies' have secret levels within them working against the hidden controllers agenda, with Trump (USA) and Putin (Russia) continuing to support such groups.

And allegiances are changing, some seeing the writing on the wall and wanting out, so changing sides and bringing with them more evidence and data that will be used against the controllers.

And we are protecting those against the Evil Ones' minions, giving them information they'd not be able to find by impressing thoughts and pictures in their minds, keeping one step ahead of those hidden controllers trying to shut them down.

And those who've been in control for so long are now feeling they are losing it, as we've told you, it's rattling them further as we keep applying increasing subtle pressure to them. It's easy for us to comply with their desires, for example, they might want to suppress someone or a group, so we go along with that, suggesting what they should do, they willingly taking such 'inner advice' as they have always done, and whereas it once worked out as they expected, now it fails going against them, and we can subtly work it so they don't even twig that their inner guidance is failing them – it was something else or someone else's fault, and so it goes. We have specialised Celestial groups who are experts in this subtle field of manipulation, and we're continually being given more authority to act in such ways, directly opposing the tenets of the Rebellion and Default, so we can work to confront and manipulate such things in individuals, groups and nations – the whole world.

And we want the break up to proceed in a certain way so as to minimalise the trauma for the poor and weaker person whilst maximising the loss for those who are so greedy and only see the weaker as their slaves.



The elite hidden controllers will end up losing everything, and vast reserves of wealth will be made available to shore up the system coming apart, so there will be a balance as things are reworked into a more equitable situation. So it's a Grand Master Plan we are enacting, which you can't see in operation because you don't know what's going on behind the scenes, however it's all coming to pass as we're expecting, nothing has thrown us, we're completely in control and don't see any reason why we can't keep gaining the upper hand.

And many people with good ideas are beginning to feel enlivened a little, seeing possibilities perhaps open for them when before all was blocked. And many of these new ideas we are fostering so as to help implement them when required, it all being part of the transition humanity is to make in its U-Turn.

And we are also gaining more Celestials every day now. More spirits in the mind worlds are being directed to your work as their ways of existing have increased pressure brought to bear against them. So more are setting out doing their Healing, and more will come into the Celestial spheres.

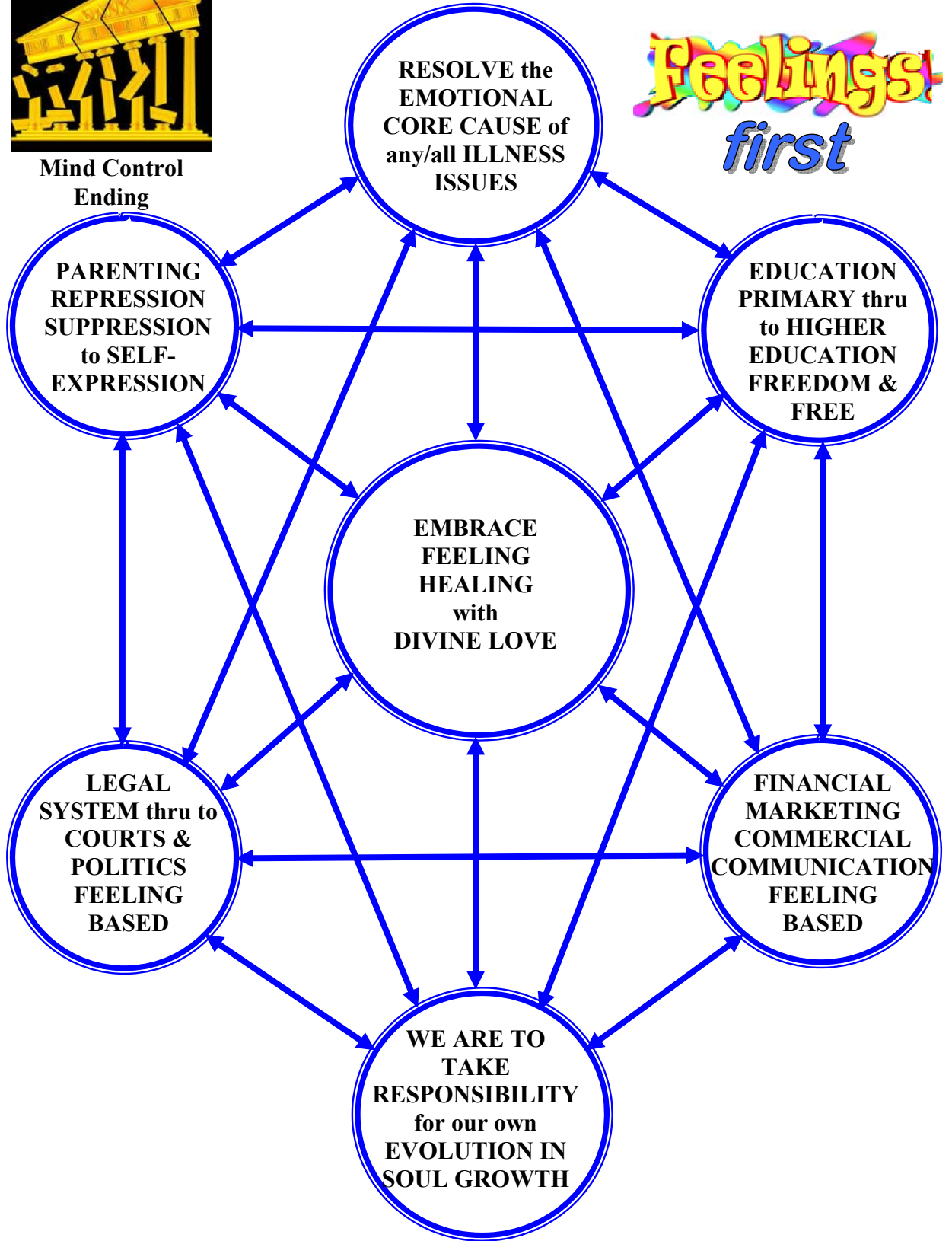
FEELINGS FIRST INSTITUTIONS

EVERYTHING is INTERCONNECTED!



Mind Control Ending

Feelings first



LIVE FEELINGS FIRST

James: And John felt like you were giving him the pictures as to what he was to include in his recent Paper; Pascas Finance – The Perfect Storm.

Helen: Yes, his team are always gently advising and instructing him. He is to play the central pivotal role, so he's needed to have a certain understanding of you and the bigger picture and how things might change and what he is to do as part of that change, so he's been guided over these years and still is, with him becoming more attuned to it now because he's more attuned to the Truth you are presenting. **So the more he's accepted and integrated it into his own mind, as well as into Pascas, he's attuned himself or aligned himself more with the Celestials guiding him, so he's able to sense their presence with him and they're working within his mind. And it will be that way for a lot of other people too who start to align their minds with us.** John might not actually be growing in truth through actively doing his Healing, however he has been able to align himself with a Celestial mind, with the information that we live, and which he will live himself one day. For now it's of his mind with a little feeling-healing, however for anyone to be involved, people on the mind level or those who do their Healing, all will have to align their mind with your work and so our understanding and way of living.

James: So John getting his money is just a matter of time so far as being synced in with all that you are doing?

Helen: Yes, we're controlling it all. Crystal is growing in confidence with us, she's beginning to understand how we go about things, which is not necessarily in a straight line or what you'd expect, which is why you find it hard because it's not your straightforward approach. We're manipulating as hard as we can, as we're up against the best manipulators in the world, who we're having to outmanipulate. And I will add, it's great fun James, so thrilling to finally be able to 'hit back' to finally get back and in a way even to avenge the wrongs done to many of us, even though of course we've healed all that; but still, to be given the authority to start to work on these psychopath hidden leaders of humanity, to start to turn their evil mind sets against them, and to do it in such a superb and subtle way that they have no idea they are being outplayed, is wonderful.

And we will always have the upper hand because we have angelic advisors who know the ins and outs of every mind circuit ever lived by humanity, we have the Melchizedeks who seem to be able to predict every move anyone makes, and we have yourself and Marion steadily healing yourselves, and we have Mary and Jesus' full support. So we're on a roll, and like the proverbial **snowball**, we're growing bigger and getting faster and gaining a surer footing by the day. We are starting from scratch, from humanity at its most rebellious, and having not been allowed to interfere until only recently, so we're like having to make a beachhead against the enemy from which we'll steadily make inroads into, strengthening and taking over more control.



And even though you might feel it's all ending for you in that you're arriving at a place in yourself where you can see your whole negative and unloving state and being unable to do anything about it, that's exactly what needs to happen, and for you to keep expressing all the pain and bad feelings that makes you feel; it all still only being for you both, how you felt at home, it still being your awakening to the full horror of your early lives.

James: And so what's on the horizon?

Helen: We're waiting to receive full control of humanity, which will happen when you finish your Healing. Then we won't have to be so subtle, then we can just assert our will and bring great pressure to bear on those people who are wanting to stay true to the Rebellion. We won't be able to make anyone give it up, but we can stop and severely limit their power and negative influence. A lot of the top power-brokers will find themselves broken and on the bottom of the pile, either on Earth or in the mind worlds, and some will resist right till the end, others will make changes, but it's going to be very hard for them. However, that's as it is, as it has been for billions of spirits who are living in the Earth planes and hells doing their time or just feeling genuinely lost. And of course it's not just top power people in those places, it's anyone who's wanted power at the detriment of others and themselves.

So the pressure is building. We're still finding our way in it all, but we're getting close now to our gaining full control, then humanity is completely ours, and so we will 'own' and 'run' the world and the mind worlds, and so be able to apply the necessary support that some people will need to help them progress. And at the end of the day, everyone really does want to be released from their trauma and hell, even if they believe they are so happy being one of the master controllers of the world.

So all the religious leaders will be grateful when they realise that they no longer want to control their followers, that it's wrong to do so, and stop doing it. When they realise everyone is to be free to find their own truth and through their own feelings, that by telling others what to do is just doing what their parents did to them, all of which we all hate and makes everyone feel bad. So all we Celestials are going to do is work to help strip away the falseness, so people will begin to see the folly of their ways and come to understand that they are lying to themselves, denying themselves the truth their soul wants them to know about themselves.

So we're going to help you write more movies James, working into different areas so through them you'll be able to introduce the concepts and ideas, the pictures which we can use and exploit in those people who see them.

James: Oh it's always good talking with you Celestials, Helen, all my movies are going to get made and, and... and yet I grind on feeling like shit more every day, only writing because I have nothing else to do and can't just do nothing, I do enough of that, like yesterday, and shit it's hard work, it being just as it was for me with mum and dad.

Helen: And because we say such things to you James, is why we've eased off and you're not feeling so inspired to talk with us, because we can't not say them, please excuse my bad English, however that's the way of it. So for you to feel truly your boredom and the unrelenting trauma of that, so we've needed to keep out of your mind for the time being so we don't keep you propped up with better feelings. And so with that I will leave you – Helen of the Celestial spheres.

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OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Neadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Neadon, our Local Universe. The regents of Neadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

As more and more people embrace living feelings first, even without commencing their Feeling Healing, society will change dynamically.

Those living feelings first will readily recognise the stupor that mind worshippers project. Those who are imprisoned within their minds readily demonstrate that 500 on Dr David R Hawkins' Map of Consciousness is the ceiling that they cannot penetrate. That is, they are not capable of evolving beyond the level of the 1st mind Mansion World. Though humanity reveres well known scientists, they are revering a personality that typically cannot evolve beyond 499 on the Map of Consciousness, stuck in 'reason'. Mind worshipping is the foundation of education systems worldwide!

The dynamics of living feelings first frees us all to evolve beyond 500 and much, much more. Free flowing realisations and discovery are the hallmarks of responding to one's soul based intelligence and capabilities. Those who live feelings first find that their day's activities are free flowing and not exhausting. We are to live by freely expressing our true personality, the one that our Heavenly Mother and Father gave us, not the contrived suppression that resulted from our childhood upbringing.

We are all on our own as children, even though we are with people. And even should we be with our soulmate we are still our own separate personality, so we all need time to adjust to being ourselves – our true selves, getting to know our self, which we can do either alone or with other people or another person. So all you are doing working out how you'd like to live by yourselves is all part of this. It's all being true to the free child you should have been, the child of loving parents, a child who feels loved and free. We are all individual children of God, of our real Mother and Father, all equal in our child-ness.

It is a misnomer that you or anyone else has 'volunteered for the life you are living', as no one volunteers, it all being by design, created by God. And so you don't have any choice in it, you can think and believe you do, you can use your mind to go this way and that, making you think you are in control, but you're not, our Mother and Father have it all well in hand. So if you want to do anything about it, you're to ask Them, which you can do the truer you become to your feelings. And then it's up to Them when and how they show you and answer your questions, and so from that point of view, we Celestials emulate Them the best we can, so sometimes we're more straightforward and precise, other times more vague, other times nothing at all, all of which is in keeping with the needs of your soul.

**I plan,
God laughs.**

Well folks, the drama of the first century has been sorted out! Jesus and Mary have been writing to us for 100 years and with Celestial friends they have put the records straight as well as spelling out what we did not grasp, let alone recognise.

We have all been going the wrong way, worshipping our minds, and falling into enslavement to our minds that cannot discern truth from falsehood and being addicted to control. Women could have gotten us men out of this stupidity, but us men literally enslaved the women to our 'masculine' superiority. However, Jesus' equal and soulmate, Mary has put the records straight.

So, since 31 May 1914 and ongoing, humanity has experienced the Second Coming of Jesus and Mary, which culminated in about 2014, since then we have been in the End Times, being the withdrawal of Jesus and Mary from any direct involvement with humanity here on Earth, and now we are preparing for the Handover to the Bestowal Pair from Paradise who are Avonals, as are Mary and Jesus also from Paradise being Creator Daughter and Son.

Presently, the number of people on the planet who recognise this would not fill a small kitchen in anyone's home! Yet it is the greatest series of events in the history of humanity ever.

Now to cap things off, the Typist looks like having a budget of US\$2,000 to share these records around the world to every man, woman and child within every community in every country. Yes, a minimum of US\$2,000 for every man, woman and child! That is a budget bigger than the biggest national economy on the planet!



4 December 2018: Nanna Beth: So you are correct John in comprehending the enormity of it, and how it's all being virtually kept secret, that all being part of the untruth and rebellion and fulfilment of the denial of Mary and Jesus, so it's not time yet for the truth to be revealed far and wide. So it's still preparation time, with those preparations going to keep you very busy John.

This time, in the history of humanity, is the most exciting time ever experienced.

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

**Feelings First Spirituality, The New Way
Uncover the Truth of yourself through your Feelings**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The New Way: Learning how to live true to ourselves by living true to our feelings.

MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

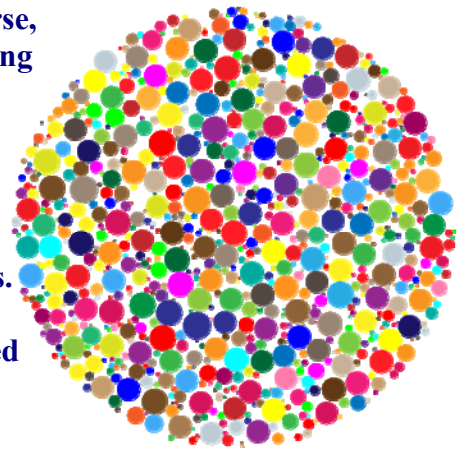
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit mansion worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth

NEBADON, our LOCAL UNIVERSE:

A Local Universe – Nebadon. One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

A Constellation. One hundred systems (about 100,000 inhabitable planets) make up a constellation.

A System. The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.



Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



Salvington, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

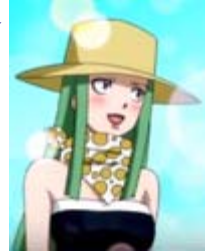
Partly drawn from The Urantia Book (TUB) 7 July 2018

WE ARE NEVER MEANT TO BE ALONE! SOULMATES become SOUL-GROUPS!

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soulmates. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



Soulmates form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

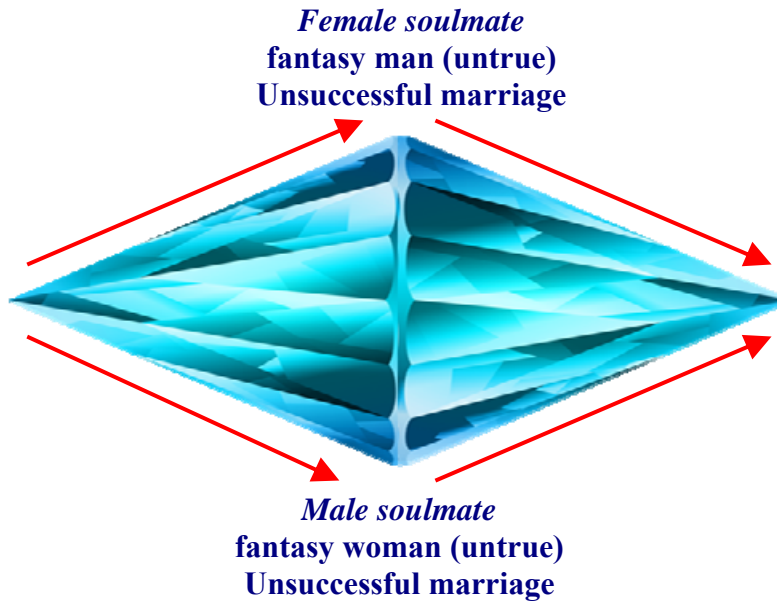
MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:

Rebellion and Default

MIND-Created soulmate

HEALED (Celestial)

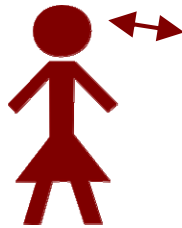
**Incarnation
TRUE Soulmate
Soul : Expressing
two personalities
– being soulmates**



**WOMAN
Eternal Marriage
MAN**

Rebellion and Default MIND-Created false soulmate:

Female soulmate
Unsuccessful
marriage to fantasy
untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soulmate relationships.

Male soulmate
Unsuccessful
marriage to fantasy
untrue woman



Eternal soulmate marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soulmate, our true companion for all eternity.

The PHENOMENON of the NEW OVERSIGHT of HUMANITY of EARTH!



Never has there been such a universally watched event as the Great U-Turn that is unfolding for the Humanity of Earth, both in the seven spirit Mansion Worlds and on physical Earth.

Never throughout all of the humanities of the local universe of Nebadon, of which there are 3,840,101, has the spiritual oversight been withdrawn from descending spirits, such as the Lanonandeks, and been handed to ascending mortals being those within Earth's three Celestial Heavens! Not only has this not happened before within our local universe, it has not taken place within any of the 100,000 local universes throughout our super universe. Nor has this occurred within any of the seven super universes!

The events, as they unfold, of the Great U-Turn are broadcast through the Divine Love healing spirit Mansion Worlds 3, 5 and 7 and to the Celestial Heavens 1, 2 and 3 through their relative 'Battle Rooms'. Through the system of Battle Rooms, all these worlds interact without spirit personalities having to travel to the lower worlds, also those in the lower worlds can interact with those of the higher worlds without any assistance. A spirit personality cannot travel to a higher evolved spirit world without assistance. Further, there is significant discomfort for those of the higher evolved worlds when they visit lower worlds and the Earth planes.

Through this broadcast network, the events of the Great U-Turn are monitored throughout Nebadon and are received into Salvington, the home city and headquarters of the Regents of Nebadon, being Mary and Jesus. From there, the broadcasts may be conveyed throughout all the local universes of our super universe and to all the other super universes, all seven.

Why is this so? Throughout all the seven super universes only 37 humanities have Rebelled. Earth is one of these 37 humanities. Further, we alone went on to then Default – Adam and Eve failed in their mission here on Earth. To compound this further we went on to assassinate the Regent of Nebadon, Jesus and totally ignored his equal and soulmate Mary, thus we are known as the World of the Cross.

We are being monitored closely as it is anticipated that such rebellions may occur in the future in the newly forming super universes further out from Paradise, Paradise being the home of our Heavenly Parents, and we of Earth's humanity will be able to lead the way in how to subsequently resolve such rebellions. We have very unique experiences and consequently skills.

Now, instead of assigning the spiritual oversight of the Humanity of Earth to the likes of a Lanonandek pair, it has been assigned to all the Celestial Spirits within the three Celestial Heavens and that is now certainly much more than six billion spirit personalities. Further, the lead spokes personality for the Celestials is Nanna Beth!

MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 20 Soulgroups



Rebellion and Default officially ended 31 January 2018

Camera Crew



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.



EVENTS BRINGING ON the GREAT U-TURN:



Nearly 1,000,000 years ago lived the first humans to have a longing for their Heavenly Mother and Father, they were Andon and Fonta, now called Aman and Amon. They are our first parents of humanity on planet Earth.

About 700,000 years ago, spiritual oversight of Earth came under the domain of the soulmate pair Lucifer, and through their guidance the system (being 1,000 inhabitable worlds in which includes Earth) was assisted by the soulmate pair Satan, both being from the local universe of Nebadon and being Lanonandeks. Progressively, Lucifer became disenchanted with the leadership of Nebadon being the Creator Son and Daughter from Paradise, namely Mary and Jesus. Lucifer with the aid of Satan seduced 37 humanities throughout the system known as Satania to rebel. These humanities adopted the point of view that through their minds they could evolve to have god like capabilities. The males being less sensitive to their feelings suppressed the women so as to maintain this insanity.

2,000 years ago Mary and Jesus came to Earth to complete their ascendancy to full regency of all of Nebadon. At the commencement of Jesus' public ministry in about 26 CE he was then able to have the Lucifer and Satan soulmate pairs placed into a spirit prison world where they remain. Jesus and Mary did not come here for Earth's humanity, they came here for the benefit of all of the humanities of Nebadon by introducing Divine Love throughout their local universe.

As a consequence of the Rebellion and Default, humanity of Earth has been quarantined from all other humanities. The seven spirit Mansion Worlds 1, 2, 3, 4, 5, 6 and 7 are populated exclusively by Earth's humanity entering spirit life. Generally, spirits from various humanities share the same worlds. For example, the system that Earth is within consists of 1,000 inhabitable worlds of which 619 are inhabited with Earth being number 606 – one of the youngest. When we progress from the spirit Mansion Worlds and enter the Celestial Heavens, the three Celestial Heaven spirit worlds are shared by all humanities from our system called Satania. We are quarantined, we are off limits until we complete our healing and that will take all of this coming spiritual age of 1,000 years. Hence there are no star wars! Further, humanity of Earth is the only humanity that considers war to be 'socially acceptable'.

Since the life of Mary and Jesus on Earth, the entry and progression through the spirit healing Mansion Worlds – Divine Love worlds – commenced with five women that Mary tutored during her life on Earth. These ladies were the first to enter the Celestial Heavens. They have just recently progressed beyond the Celestial Heavens. As personalities in the natural love mind Mansion Worlds 1, 2, 4 and 6

commenced their Feeling Healing, they immediately left those worlds and entered Divine Love healing world 3. Thus the understanding of feeling healing has always been very slow to take hold – there being no one in the natural love mind Mansion Worlds to share the awareness.

The populations in mind Mansion Worlds 1 and 2 exceed 200 billion, they are crammed to the rafters. However the numbers have slowly built up in the Celestial Heavens so that the Great U-Turn can now be managed. The structure and systems throughout all of the mind Mansion Worlds is now changing so that within all of the worlds Feeling Healing can be readily introduced and facilitated. All of these system changes have been slow to introduce due to the imposts of the Universal Contract governing the Rebellion and Default. Until the Avonal bestowal pair presently on Earth progressed far enough with their healings then the conditions of the Rebellion and Default had to remain in place. They have now been lifted – as of 31 January 2018. The Rebellion and Default is now ended.

200 years ago, the planning and implementation of the Great U-Turn commenced in earnest, lead by the Melchizedeks with guidance from higher ups.

100 years ago, Jesus and about 250 Celestials came and wrote through James Padgett and re-introduced the availability of Divine Love (writings from 31 May 1914 through to 1923).

Then from 2002 through to 2014, Mary and Jesus have written through James Moncrief and Feeling Healing has been revealed, and in conjunction with Divine Love we have [Soul Healing](#). Jesus has only ever written through James Padgett and James Moncrief whereas Mary Magdalene has only written through James Moncrief.

Auxiliary writings supporting the above have been through Dr Daniel Samuels, Hans Radax, James Reid, Nicholas Arnold and Joseph Babinsky. Of significant importance is The Urantia Book being more of road map and history book. Added to this are the Pascas Papers.

As part of the transition from the Rebellion and Default to the new spiritual age, one pair is to complete their feeling healing with an independent personality to follow with her healing and, in addition, someone had to comprehend what this is all about intellectually. All these requirements are now being fulfilled.

Yes, we have a second bestowal pair from Paradise here with us. As they are to specifically show us how to heal ourselves of the Rebellion of 200,000 years ago and the Default of Adam and Eve of 38,000 years ago, the records of this event are to be assembled and distributed throughout all of the communities on Earth as well as the mind spirit Mansion Worlds. As the Avonal Pair have progressed with their healing, they have passed benchmarks. The first in the early 1990s enabled the imprisonment of the deputies of Satan, the Caligastia and Daligastia soulmate pairs – also being Lanonandeks. As from the 22 March 2017 progressively all negative spirit influence from the spirit mind Mansion Worlds has been blocked from humanity on Earth.

During the year of 2019, it is anticipated that the full potential of what the Great U-Turn will commence and this will be conveyed to all of humanity on Earth and of Earth. This is the greatest event in the entire history of humanity on Earth.

Primary recommended reading:	consider commencing with:	Paul – City of Light and Sage – and the Healing Angels of Light
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx – Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx – James Moncrief
Road map of Universe and history of Universe:	2017	xxx – James Moncrief
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

Crossover

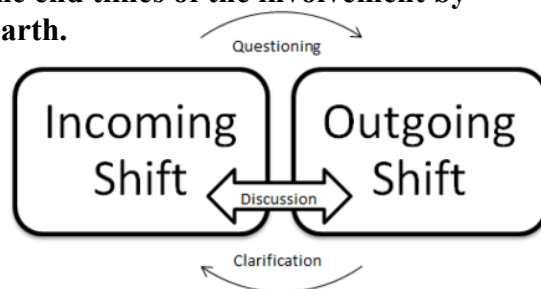
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated mansion worlds, in this case, Earth exclusively.

COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

JOHN'S PERSONAL EXPERIENCES of REALITY:

I, John, continually feel, though subtly, the presence and interaction of our invisible spirit friends. I have more interaction with them than I do with people in the physical. Maybe this should be so, they are always with me and as you can now see, 'monitoring and reporting' my activities – also yours as you read this! Yes, I often have an audience far greater than whatever Elvis Presley dreamt! So be it.

On 31 August 2013, I understood that I was to meet up with a clergy on a beach walk, also that I had the 'Spirit Interaction' document to assemble – a Pascas Paper. It was on that walk that I met Bishop Brian and the subject we concluded our first meetup then and there on the beach was about spirit interaction. We have been in constant contact since and have travelled to India together.

On 25 March 2017, Nanna Beth announced herself through James and it has been bedlam ever since – a most incredible adventure. I had often felt her presence previously and knew her as Bethema for some years. She died shortly before I turned five years old. Soon after this connection, Nanna Beth announced that she would spend a Saturday with me – and she did – and I would have killed her at the end of that experience. Even though we had spent little time together in the physical, the controlling issues that came up for me were beyond my comprehension – all of the controlling natures that prevailed between us when I was an infant were unfathomable. This experience drives home the great need to enable all of humanity to become aware of the Feeling Healing process and with Divine Love – Soul Healing.

On 18 May 2017, the boys came for a visit! Kevin, my brother-in-law, Bradley, my nephew and Kevin's son, Raymond, my first cousin and Benjamin John who miscarried at twelve weeks. This apparently is the only time in history that such an interaction has occurred – and it did not cost me a slab of beer! Each family consists of the most extreme diversity in personalities and these connections highlight this ever so vividly. Kevin continues in my life today. The four are now all Celestial spirits.

The Pascas Papers. Now there are more than 350 Pascas Papers focused upon Feeling Healing and Divine Love, this being another. Typical time to assemble is one morning, usually Monday. I wake up with the document in my mind and then put it together. The parts arrive, maybe over three days, email, television, newspaper, discussion, etc., and there it is. They start off being 50 pages or so and as time goes along, there are updates and add-ons. Often after assembly I have to read them to find out what is in it! Anyway, they make up 30,000 pages of auxiliary writings to the main writings of James Moncrief and James Padgett.

**PASCAS
PAPERS**

What is staggering is the importance of all of this and the absolute pinnacle in leadership that is constantly involved. The Celestial Heavens' citizens form into soulgroups. A soulgroup is twelve soulmate pairs, twenty four personalities. They may nominate one from within their group to talk for them all when connecting to us in the physical. Thus, Nanna Beth is the spokes person for her soulgroup. As for the event of the Great U-Turn, this same soulgroup is the lead group for its implementation. Within this soulgroup are Helen Padgett, James Padgett's wife when he was alive, and Anne Rollins, James Padgett's grandmother, both instrumental in the Padgett Messages. It is this soulgroup, Nanna Beth's soulgroup that is the Council of Elders for Pascas Worldcare. Additional soulgroups are drawn into the Council of Elders as circumstances require.

My physical life's experience is so interwoven with the spirit world personalities that I perceive little difference and certainly both are as important to my life as the other. I am far more engaged with my grandmother now than when she was alive!

NANNA BETH chats with JAMES:

17 December 2018

James: So how is it going for you personally and all the Celestials?

Nanna Beth: Personally I'm still relishing feeling daily more love and understanding about my soulmate relationship and still marvelling and being in constant wonderment and awe of the Melchizedeks. They are like the most loving uncles and aunts you can have. We're still working hard preparing for what's to come. We're laying down the foundations for the next one thousand years and then beyond all the way to the end of humanity on Earth. We can't see that far ahead, however we've been schooled by the Melchizedeks about it, all so Urantia (Earth) comes back into alignment with the rest of the universe and then moves toward Light and Life fulfilling its spiritual purpose. So with the end of the Rebellion and Default, we're laying down what could be called foundations from which future new humanity will build upon. So future Celestials who will then support and transmit through to people (mostly Celestials) on Earth.



So many of the changes taking place now on the world scene and what is to come in the short term are allowing us to put these foundations into place. So we're creating the foundation holes in the existing systems, which will at some point crash for one reason or another, into which we'll seed the beginnings of the new. And as you understand, it all has to take place in harmony with everyone, you and those associated with what you are doing.



James: So all of this slow SI (Solid Investment) drama is part of that?

Nanna Beth: Yes, if we could show you in four dimensions what's transpiring, you could see the whole tapestry of how we're subtly working it all into The Change, all so the Melchizedek plans are carried out – put into place and play. And as it's such a massive undertaking, and as we're having to deal with a fixed humanity that is resisting all change, wanting to carry on evolving deeper into its untruth, so it takes a lot of effort by us to slowly bring it into the position we want it in.

John and those people associated with him are slowly being moved into position, which means, they are being prepared on inner levels within themselves for what's to come.

It's not just a mental thing James, your angels and Indwelling Spirits are preparing you all on all levels for what's to happen, because so much is going to happen that will require all the central people to be fluid and accepting within themselves.

John is feeling that more lately, a feeling of letting go, unable to control anything, flowing with it, and with a greater feeling that it's all right, that he doesn't have to worry, that it will all flow in the right direction, because



it will and that we are calling the shots for him, which we are.

The controlling aspects of his ego-mind that would have got in the way were ‘burnt out’ allowing his mind to remain open and able to be further expanded. Many people at his age are fixed in their mental ways happy or not so happy to allow nature to take its course through to the end, and mostly not wanting to undergo a whole re-education plan, not wanting to be like a child setting out exploring its world, they are at the end, not the beginning, so with John having to accept a whole new beginning at the end, so extraordinary things have had to happen, and continue to happen, in his physical brain and mind.



Note – 5 April 2017 from Nanna Beth:

Holy Crap!
John, is that
you?!



“His angels roasted him somewhat, it was needed to burn out all the excess baggage, setting him up for all of this.” This event commenced at a conference in a casino in Las Vegas on 3 July 2007, I (John) lit up like a Christmas Tree and my head felt as though it had a burning hat band around it. My head sizzled and crackled and I could not move for some time. This went on for maybe 40 minutes. I don’t know. I was trying to manifest a fire bucket full of ice so I could quell this sensation. This

‘experience’ followed some twelve hours after what I call a 90 second world tour where I was shown what Pascas worldwide is to become! The term, ‘burning ring of fire’ has taken on a new meaning for me. This ‘burning hat band’ experience went on, from time to time, for three or for months. I did feel as though my brain was being fried like an egg! Now, back to Nanna today:

And that he and the others won’t get bogged down in the old ways and patterns of the world, those ways are always there and being presented, threatening to thwart projects and stifling the creativity of people involved, *yet being easily dealt with by minds that not only ‘think outside the box’ but are outside it.*

Everyone who takes you and Marion seriously James will be stepping outside the box into a new box of their and your creation, and that new way will grow and gain traction until the old and new are co-existing, running parallel in the same space.




So John is having to come up to speed by accepting all you are offering, which he is still doing as he allows it all to sink in. And it’s more than just reading a few of your books, it’s having to take the truths on yourself, even if intellectually, and then being able to express and present them in a way that is from yourself, yet in keeping with the truth of it all.



So you are all in your different ways doing this, all so you’ll be able to easily relate to each other and deal with others who can’t. John getting

knock-backs by some and yet open doors by others, is helping him adjust within himself to the reality that he's going to be living in on a daily basis, and feeling how he feels about each and which side he wants to put his time into. It's all subtle yet highly important, and you'll all be amazed once it all gets going and starts to unfold just how spot-on it has all been for you in your preparation.

I plan, God laughs and
Nanna Beth smiles!



FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Daligastia pair

Arrested and imprisoned early 1990s CE

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 U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity shutting hells through New Feelings Way
 U-Turn for Humanity through the New Feelings Way
 U-Turn for Humanity unfolding the New Feelings Way
 Universal Gift – Feeling Healing with Divine Love
 Feeling Healing and Divine Love Discussion Prompts

NATURAL LOVE and DIVINE LOVE SPHERES:

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Mother and Father.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

Natural Love
6th Sphere
Mansion / Mind
Worlds

MoC 840 – 1,000

Natural Love
4th Sphere
Mansion / Mind
Worlds

MoC 650 – 840

Natural Love
2nd Sphere
Mansion / Mind
Worlds

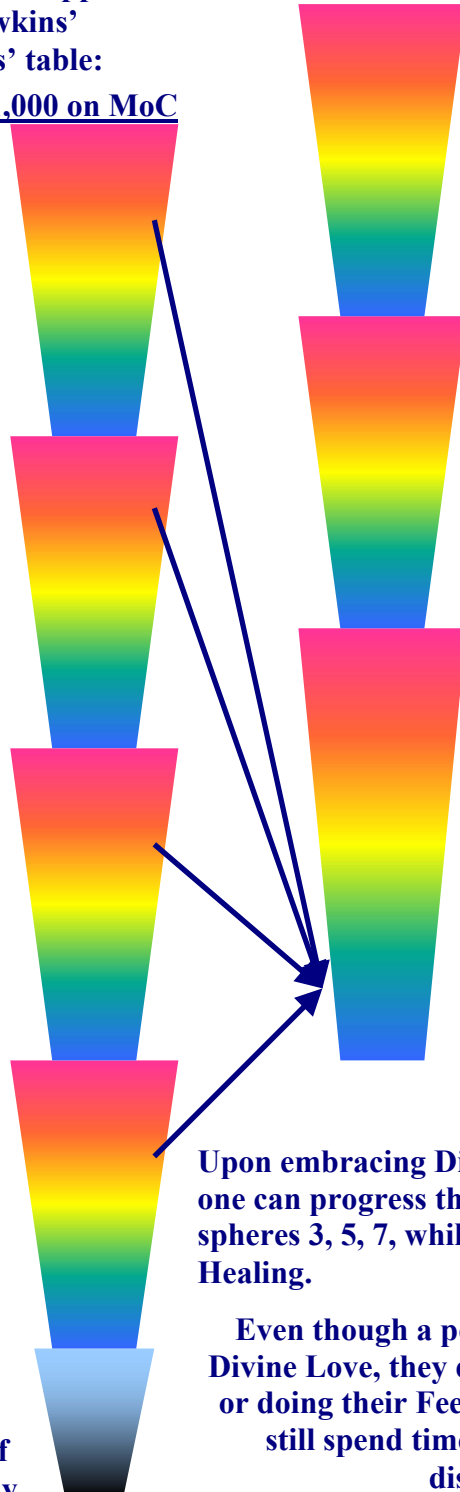
MoC 500 – 650

Natural Love
1st Sphere

MoC 200 – 500

We all enter the 1st natural love sphere on the death of our body.

HELLS:
MoC 1 – 200
Hells being a sub-set of 2 Planes of Disharmony.



Divine Love
7th Sphere

MoC 920 – 1,080

Divine Love
5th Sphere

MoC 780 – 920

Divine Love
3rd Sphere

MoC 500 – 780

One's natural love is always progressively perfected during this journey of evolution of the soul. One's personality, based on natural love, and mind based memories continue with the soul for all of eternity.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

CURRENTLY before HANDOVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

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Mansion / Minds
Worlds

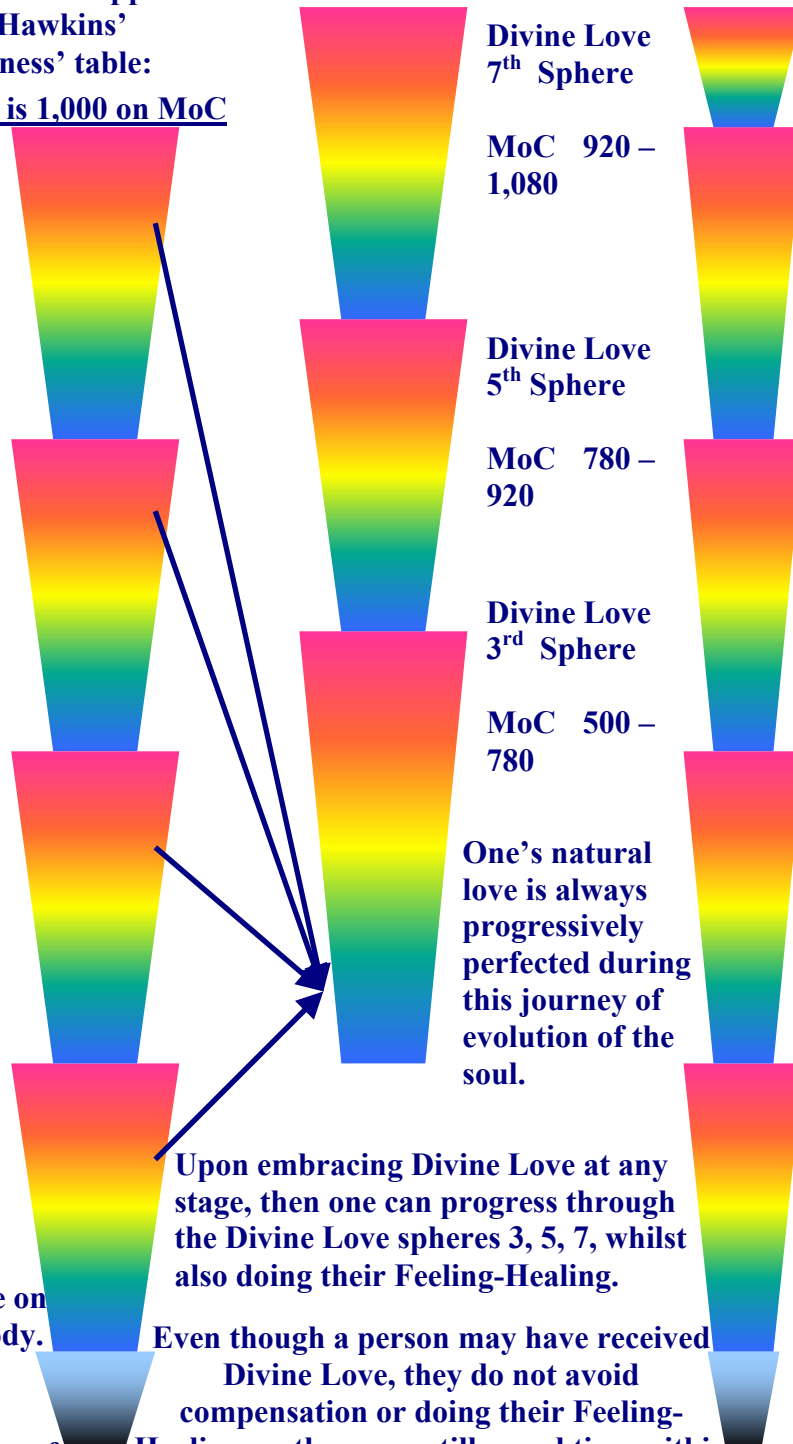
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Natural Love
sectors for those
doing their
Feeling-Healing,
without the Love,
are within the
Natural Love
Mansion Worlds:

Progressing
through the
natural love
worlds, within
Feeling-Healing
sectors, while
doing one's
feeling healing,
upon reaching the
6th Sphere having
completed
Feeling-Healing,
one can then
embrace the
Divine Love and
proceed directly
to the 7th Divine
Love Sphere.

Then they may
prepare to enter
the Celestial
Heaven Spheres
from there.

This pathway is
when, or should,
the Divine Love
not be available
before perfecting
one's soul.

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

After the HAND OVER!

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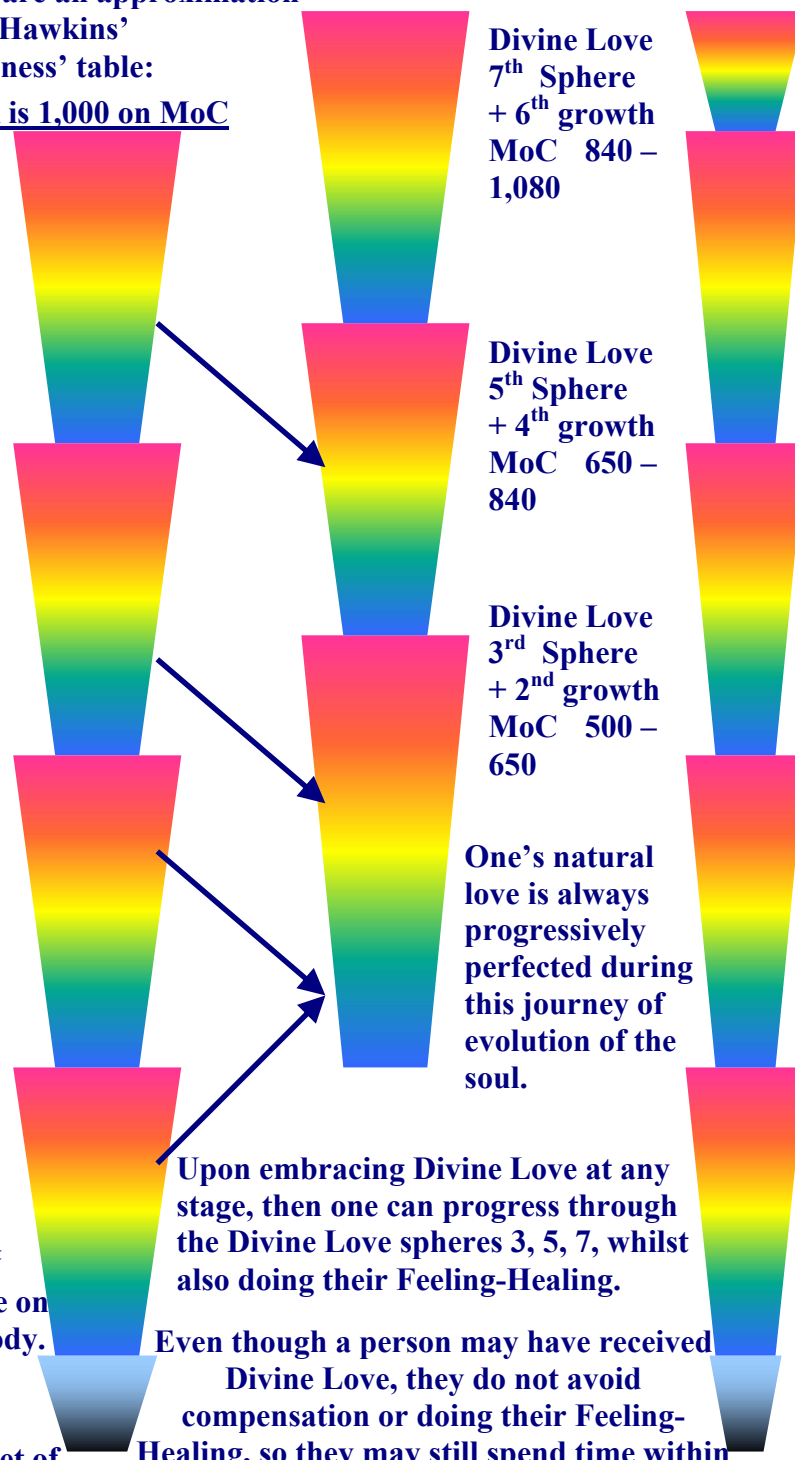
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Mansion / Mind
Worlds with
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Natural Love
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Hells being a sub-set of
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Divine Love
7th Sphere
+ 6th growth
MoC 840 –
1,080

Divine Love
5th Sphere
+ 4th growth
MoC 650 –
840

Divine Love
3rd Sphere
+ 2nd growth
MoC 500 –
650

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Then they may
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Heaven Spheres
from there.

This pathway is
when the Divine
Love is
unavailable
before perfecting
one’s soul.



SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

**Soul spheres
are not
numbered.**

**Soul spheres
are to:**



The New Birth = Become at one with God: sphere 8

Peak Sphere =



**NATURAL
LOVE
SPHERES**

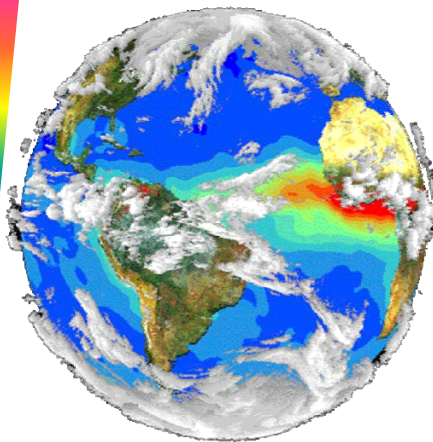
7

5

3

**Spirit body
spheres are
1 - 7**

**DIVINE
LOVE
SPHERES**



**Earth sphere is for
the physical body.**

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

Why did the Lanonandek Daughters and Sons rebel? The Lucifers, Satans, Caligastias and Daligastias.

Re The Urantia Book (TUB): there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, how to do that is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher help comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minister, create, or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual Earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestial spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and in through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos,

their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't, rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our cases, also default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true, we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the

Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks are no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out of the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have now the Daligastias and Eve and Adam, still helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Neadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Neadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually, we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half



**Feeling
Healing with
Divine Love is
the key!**



always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity' .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up

our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



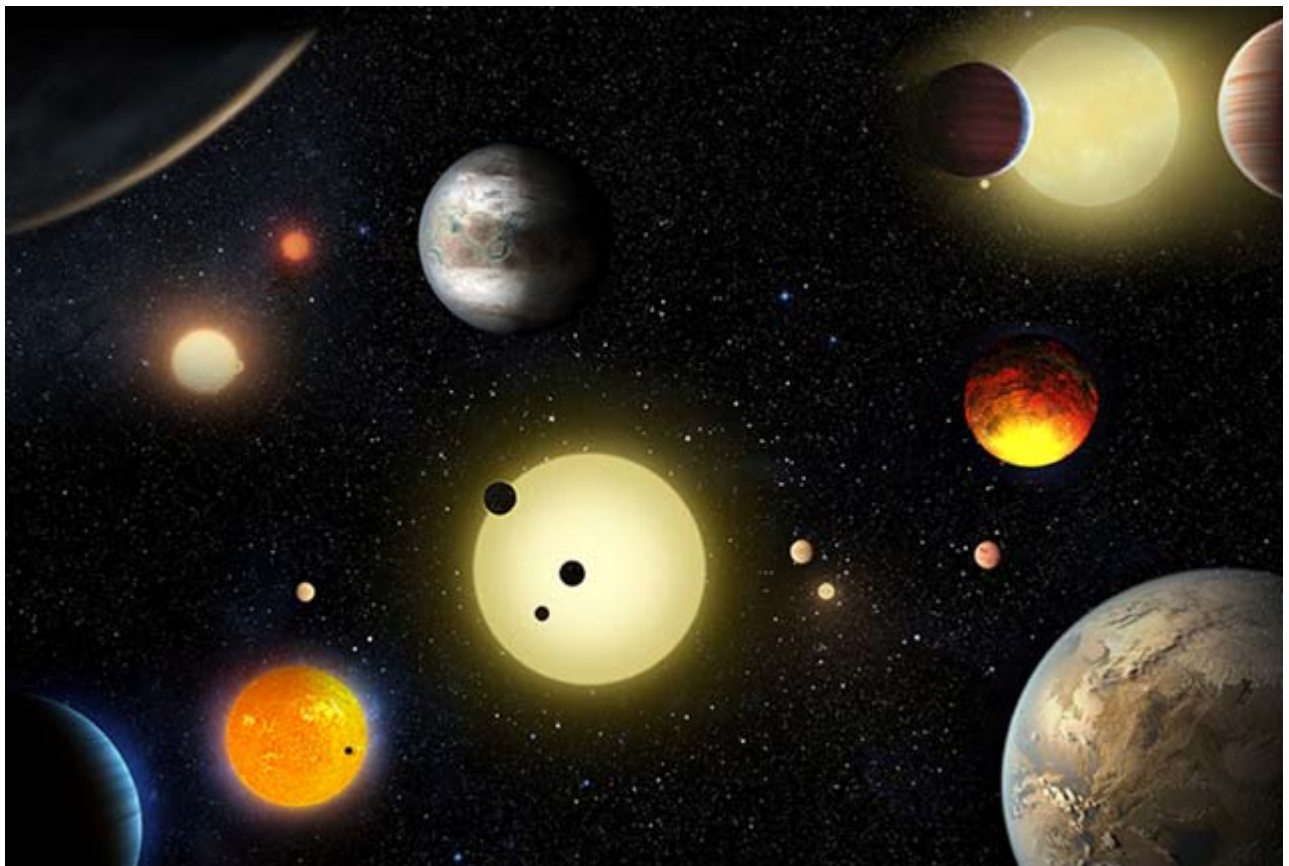
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

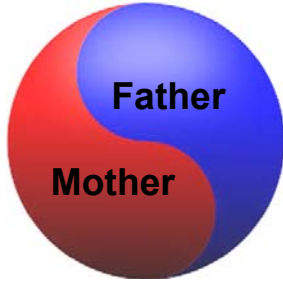
This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of EARTH:

Heavenly Parents



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



AVONAL PAIR

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

Soulmates



COUNCIL OF ELDERS



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

Soulmate PAIR while living in the physical of earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



GLOBAL HUMANITARIAN FUND

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



STARFLEET

BATTLE ROOM



The Engine Room



The ENGINE ROOM is that of the global humanitarian fund – PASCAS WORLDCARE



Upon entering the Engine Room, the touch screen will reveal:

- Dominant languages of country or region.
- Population and population of centres within each country.
- Legal issues and freedom restrictions to be considered, country by country.
- Cultural issues within each community and country.
- Proposed and established Pascas Care Centres – and style thereof.
- Books and Pascas Papers that are available.
- Editing stage in the English language of same.
- Translation stage for each language of same.
- Who is doing what on each of the publications.
- Where the work is being carried out.
- Audio and visual productions in progress.
- Audio and visual language conversions in progress and completed.
- Location and name of each University and Centre of Education.
- Location of Libraries.
- Other institutions and services that can be supported with publications.
- People that are actively engaged with Pascas in each location.
- Additional projects that are Pascas supported in each location.
- Generally, every aspect that is in progress in every location around the World.

From day one, the Engine Room of Pascas Foundation will work to deliver into every community in every country on the planet. This is a global program to bring awareness of living Feelings First.

Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3rd Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

COUNCIL of ELDERS

Council of Elders now around 20 soul-groups from the 3rd Celestial Heaven



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



Avonal PAIR Oversight

The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5th Divine Love spirit Mansion worlds level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.

-  Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.
-  Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.
-  We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link.*

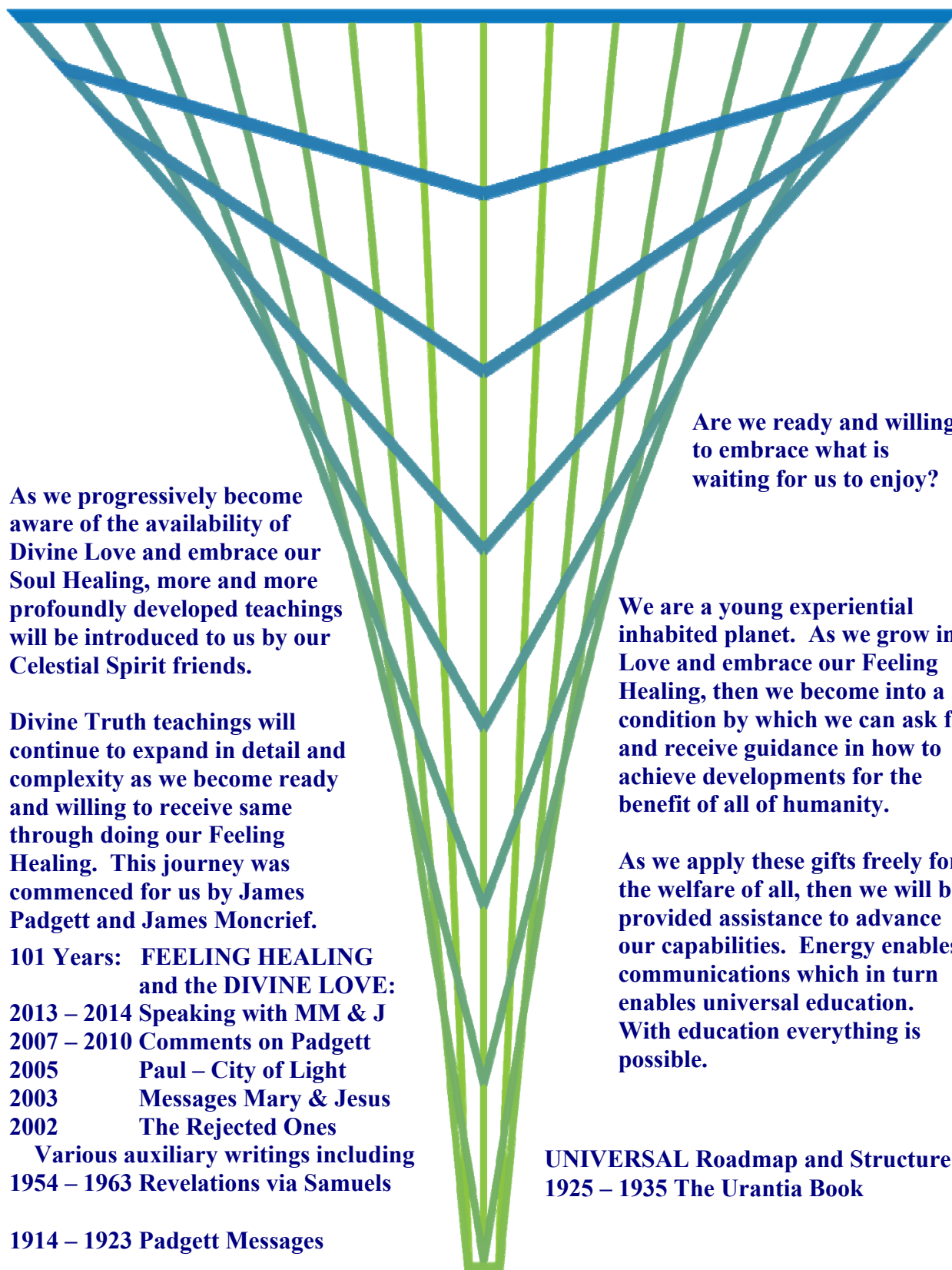
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women’s Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





The Learning Pyramid

