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SAMENESS of RELIGIONS

‘Even with the best of intentions, people such as Ty Bollinger (crusader and author "The Truth About Cancer") still don't fully understand how "keeping our emotions in check" is the very thing that is causing all our health and relationship issues. Just shows that many people now talk about the role of stress and "emotions" in relationship to health issues BUT they miss the key point: we must express, release these emotions in order to start our journey to recovery, i.e. our soul's journey to recovery.’

‘It is promising though that perhaps with the last piece of the puzzle – the KEY – many people may finally GET-IT! They are already knocking on the door...looking for truth...and now we are in a position to put it out there.’ Graeme B

Yes, the KEY is talking it out – expressing one's feelings, both good and bad, longing for the truth of what one is feeling, recognising the truth behind one's feelings and further talking them out. All of this to naturally self express one's self, to eventually fully be the personality that one really is, the personality that our Heavenly Mother and Father gave us. Until we are truly our real self, not the one that our physical parents imposed upon us, until then we are not spiritually fitted to enter the Celestial Heavens, and even then we may be lacking the Divine Love that transforms our natural love soul to that which is Divine. By longing for, asking for and receiving our Heavenly Parents Divine Love, then with our Feeling Healing we can become fitted to enter the Celestial Heavens – we are engaging in our Soul-Healing.

It is these two Revelations that NO religion on Earth has presently recognised and embraced. In this way they are ALL 100% the same, all embracing the mind and taking us further away from our true destination of being with our Heavenly Parents in Paradise.

It is the Revelation of Feeling Healing and the Revelation of Divine Love that have only recently become known and now we are to share these two most incredible understandings so that humanity can begin the Great U-Turn and evolve to the point where one can live Heaven here on Earth.

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home



Council of Elders
now around 20
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Krishna



Zarathushtra



Lao Tzu



Buddha



Jesus

Muhammad
when young

PROPHETS and MESSENGERS of GOD:

Monday, 21 May 2018

Note from Graham: Hey James

John and I had lunch today with a member of the Ahmadiyya Muslim Association. www.alislam.org Those of the association seem committed to peace, which is nice of course. But the key reason I wanted to meet with him was his understanding of the commonality of all Gods and that different religions, and sects, are just coming at things from a different angle. A great approach.

Anyway, I was trying to get an understanding of a Muslim's view of Jesus' part in the spiritual world. He first discussed his view that the difference between a prophet and a messenger of God is a prophet is bringing the word of God, whereas a messenger is just reiterating the word of God. So in his opinion Jesus was a Messenger and Muhammad a prophet. Other prophets include Abraham, Buddha, etc.

The Ahmadiyya believe there is a regular flow of Prophets and Messengers sent by God to guide humanity on their path of growth. This seems to match what I know from TUB (The Urantia Book) so far.

Disregarding the issue of whether a personality is a Prophet or Messenger, because that can be debated in many different ways, we may consider spirit personalities such as Adam and Eve, Lucifer with Satan (and pairs), Caligastia and Daligastia (and pairs), then also Buddha, Confucius, Zoroaster, plus also more recently James Padgett, those of TUB and also yourself through your conversations with Jesus and Mary Magdalene, to be God's Messengers.

My first question is, would all these spirit personalities fit into the category of Messengers of God? Were they bestowed on Earth to help advance the spiritual growth of our humanity?

And if so, would you then also consider personalities like Buddha and Confucius in a similar fashion to Adam and Eve, in that they defaulted on their mission? It appears their legacy is to have set a path of Mind control rather than one of Truth.

It would appear from what we learnt of Muhammad today, that he did in fact complete his mission in accordance with God's expectation. That was to bring the word of God from several past sources into the one book and understanding.

Your thoughts and feelings would be welcome if this topic interests you.

Graham

James: Howdy Graham,

Monday, 21 May 2018

You said it yourself Graham, “It appears their legacy is to have set a path of Mind control rather than one of Truth?” Nothing more needs to be said.

If you think it’s a good thing that these so-called religious messengers or prophets helped humanity go further into their denial of truth, so couldn’t have been more evil, even though no doubt they themselves were well intended, then fine, why not worship and follow them. If you do believe they lead people astray and further into their mind and away from the truth of their feelings, then throw them in the bin. If you want to marvel at evil and look at it as an incredible thing that we, humanity, have put ourselves through, then sure, put it up on the wall and marvel at it; however if you don’t want to have anything to do with evil, then take no notice of it.

It’s all bullshit Graham, whether you call someone a messenger or prophet – call them what you like. Jesus was the only one who had anything to say that is of any soul-help, that being about the Divine Love. Machiventa came as a stop-gap measure to bridge the gap, and the Adams failed. Then comes the truth of how to Heal yourself of your wrongness and get yourself out of the Rebellion.

So do you want to praise the ‘truth’ (or rather non-truth) of getting yourself into Rebellion; or the truth of getting yourself out of it?

And saying all the religions are just different ways to God, sure, but what God? It’s to the false God, Lucifer, the Evil Ones, the God of mind control. It’s not the true way to our Mother and Father as there is ONLY ONE WAY TO THEM, through our FEELINGS, and we don’t need any religion (other than the religion of feelings) to tell us that.

If you want to investigate the Workings of Wrongness then of course you can study all the existing religions and spiritual ways; if you want to investigate the Workings of Rightness, then that’s what you do through your feelings.

And remember, when you read TUB (The Urantia Book), it’s coming at it from the mind side of things. It doesn’t include what’s in the PM (Padgett Messages), not the Divine Love as revealed by Jesus, and not the truth about our relationship with our soul, nor the truth about how to do our Healing. Everything else it’s pretty good about, however it falls short in these areas because it wasn’t allowed to stand in for what a person was to reveal, that which is the PM and what my work is all about.

As TUB points out, God sends Descending Paradise Sons (and Daughters) to help reveal the way for humanity to ascend in truth to Paradise. And God sends local universal descending Sons (and Daughters) of God to help us with our Natural love growth and how to live a good, true and happy life on Earth, that which Daligastia and his partner, and Eve and Adam were to show us, but failed to. Everyone else is just a person who has some sort of spiritual inclination, however they have to exist and express themselves within their prevailing environment. So if they are within the Rebellion, then they are of it, so will teach how to live it, as did Buddha and Confucius, etc. If they come in the future now the Rebellion is over, then they will teach about how to live true to one’s feelings. There are bound to be many great, great spiritual teachers to come – home grown, coming out of humanity. I’ve only outlined the basics in my work, enough to get certain people going. It will be those people who do their Healing and teach and live from that perspective that will be the true Great Ones of humanity.

If Marion and I are Avonals, then really we shouldn’t be considered part of humanity because we’re not like you in the state of our soul, so we know about the Healing and how to do it and the truth we’re revealing – it’s what we are. Just as Jesus and Mary M know about the Divine Love and everything else

– it's what they are. So really we need to be kept separate from humanity. So the real people who should be celebrated will be the ordinary people who take on the truths provided by us, live them, see what happens, how it is for them, all they go through, and then can help others and show them how to do their Healing. They will be the people who really will be the guiding lights of humanity.

Marion and I and Jesus and Mary are just aberrations, blips that come along and say a few words that might be helpful. The real teachers and inspirational leaders will be those people who do their Healing, with those who finish it being extraordinary, to live as Celestials on Earth. That will be the most amazing achievement. Humanity has to do it the hard way. It's not really hard for Marion and I, it's just what we are.

But for humanity, you have no natural inner knowing about it, so you have to first want to find the truth of yourself, then set about trying to work out what that is and where you can get the beginning information, because it's got to come from outside of you. And if you happen to come across Marion and I, Mary and Jesus, in person or through our Spirits of Truth, then you can lock on the tractor beam to Paradise we're providing for you, however still you have to do all the hard work yourself. You will have to work it out every step of the way for yourself, as you grow and evolve your understanding of it, and all blind and through and from your feelings, and not from your mind yet with your mind helping to make sense of it all.

For Marion and I it just spews out of us, we can't help it, we don't do anything to make it happen; however for humanity, you have to work it all out and come to it through your own endeavours, and so humanity are the AMAZING ONES, not us. And when we're all on Paradise, then we'll be equal and just as amazing as each other in our own right – just in different ways. So now we're here to help each other, you can do things that Marion and I can't do, as we can do things you can't do.

I don't want to put you off your investigations Graham, they are very important. However if you ask me a question I want to give it to you straight. So anything you're ever going to hear from anyone concerned deeply with their beloved religion is going to be an expression of how much they love being untrue and evil. Which is fine, that's what they need for now. But when they want to become true and stop living with their mind dictating how to live, looking instead to their feelings, then out the window will go their evil religion because they won't want it anymore.

And just to confuse you more, you could say that Muhammad did complete his mission perfectly, just as everyone completes their lives of wrongness perfectly. Because our Mother and Father have wanted everyone to be imperfect, rebellious and untrue, so of course They have provided various people to lead humanity deeper into the wrongness. Just as They will also provide people to help lead humanity out of it.

James

The New Way

FEELINGS FIRST SPIRITUALITY

Environmental Collaboration

VS

ENVIRONMENTAL CONFRONTATION

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3rd Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary M might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

OUR FIRST TEACHERS:

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the SACRED and INSPIRED WRITINGS. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world's major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one's soul based loving and truth based feelings and bringing about dependence upon one's erroneous mind. BC=BCE AD=CE

Note: Lunar cycles were considered years, then seasons as years.

First Parents, Andon & Fonta, also known as Aman & Amon 1,000,000 years ago

As a result of Lemuria (Mu) we have Sacred Inspired Writings 300,000 BC (Chaldi College)

As a result of Master & Mistress Lucifer we have the Rebellion 200,000 BC

As a result of Adam & Eve we have the Default 38,000 BC

As a result of Osiris, we have Osirian 20,000 BC (born in Atlantis)

As a result of Thoth, we have Osirian in Lower Egypt 14,000 BC (coming from Atlantis)

As a result of Krishna, we have Hinduism 3,228 BC (birth dates)

As a result of Abraham, we have Judaism 1,750 BC (+/- 250 years)

As a result of Moses, we have Judaism and Moses books 1,200 BC (approximately)

As a result of Zarathushtra, we have Zoroastrianism 630 BC he lived for 242/4 years

As a result of Lao Tzu, we have Taoism 604 BC

As a result of Varadhamana Mahavira we have Jainism 599 BC he lived for 72 years

As a result of Buddha, we have Buddhism 560 BC

As a result of Confucius, we have Confucism 551 BC

As a result of Jesus via Paul we have Christianity born August 7 BC died age 35, March 29CE

Mary of Magdalene, born 2 BC, died age 48, and Jesus of Nazareth, both born free from error.

As a result of Muhammad, we have Islam 570 AD

As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord 923 AD to 947 AD period of reign

As a result of Hiawatha we have Iroquois Confederacy 1550 AD

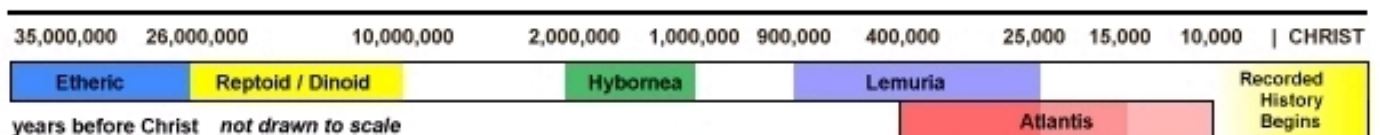
As a result of the Second Coming we have Divine Love and then Feeling Healing

which with Divine Love then is Soul Healing 31 May 1914 AD to around the 2040's

As a result certain restrictions of the Rebellion and Default are now lifted.

From the above ancient clay tablets can be found with the Lord's Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

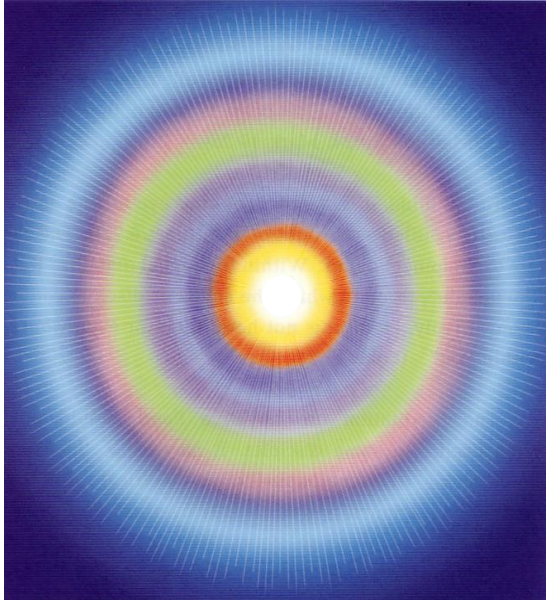
By longing for the truth of one's feelings and for our Heavenly Parents' Love is the way forward.



DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

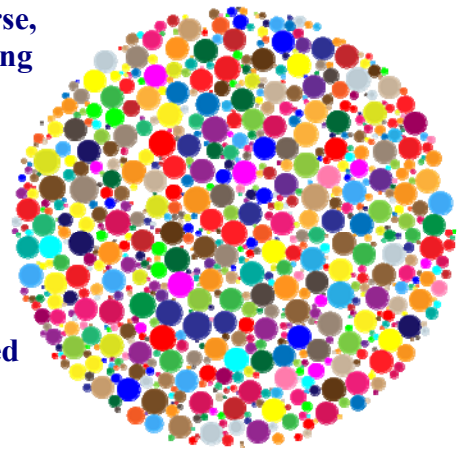
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth →

SAMENESS of RELIGIONS:

It has been observed by those who have carried out intensive comparative studies of the major religions that there is a possible 98% sameness between them. When the full context of writings are considered in their fullness, then a commonality is more apparent.

However, there is one major point in which ALL religions are 100% the same!

Any religion that has been formed following the Rebellion and Default are ALL founded on the dictates of the Rebellion and Default. The Rebellion was imposed upon humanity around 200,000 years ago and the Default occurred more than 38,000 years ago. ALL of humanity's religions are complying with the Rebellion and Default. There is not one religion that is not doing so. Not one!

All religions have been structured to continue on embracing the errors and teachings of the Rebellion compounded by the Default.

John: We are to recognise the degree of the impact that the Default has had on the way humanity lives. That is, it is suggested that the way we remodel our children to become clones of ourselves, the way we suppress their true selves, and cause them to capitulate to be our 'little me's' is a result of the way life emerged directly from the Default some 38,000 years ago.

Whereas the Rebellion, of 200,000 years ago, was the rejection of the Mother and Father as well as our Spiritual parents, Mary and Jesus.

Thus two distinctly catastrophic events.

We need these two events put into perspective, if you please. We need to bring these two separate events into a clear comprehensive way of understanding so that the relevance is clearly understood.

This enables the two revelations to stand out, and as to why one had to follow the other distinctly.

Thursday, 29 June 2017: Nanna Beth: The Rebellion, John, is against the Mother and Father, against Their Love, and Their Truth. It is the rejection of Them, saying: there is no God. It's denying the Personalities that God is. It's rejecting and denying personality interaction, which is all about love. So it's unloving. And to hide that, to pretend otherwise, means the mind has to be used to corrupt one's feelings. To claim: 'I am God, I am love, I am Truth', means I am the only one and all the rest should fuck off and leave me alone so I can get on with my greatness. It's being totally mind-consumed with yourself, with such arrogance, that really you only see yourself in your narcissism, and nothing else and no one else exists.

The sadness of the Lucifer's relationship (Lucifer and his soulmate) is they didn't love each other truly, only by using their minds to pretend they did. Really they hated each other, being so unloving, and had they been true to that, they would have moved to the absolute opposite ends of Creation, there to be in their own greatness telling themselves all day long how wonderful they were – being self-loving the wrong way through their minds. Which is all really: self-hating.

And so we have relationships in which we hate ourselves because we are untrue and unloving, then we come together contriving love for one another, then believe we love God as well and want to do His Will. It's all false, all wrong, all evil, all unloving. That's what we've got to see. That we are rejecting ourselves, and so each other, and God, in every part of ourselves, in every interaction. Really we should be hitting each other continuously on the head, and hitting ourselves too.

The Rebellion is the rejection of true love. Of Natural love and Divine Love.

The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature – mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment – and with our Mother and Father. There are lots to it.

And as we see this, it takes us into dealing with our rebellion. We chose to not be loving when we uncover through our feelings the truth of how unloving we are. We chose to live true to our Natural love and the Divine Love, so true to ourselves and our Mother and Father. And these are not mental decisions, they are feeling ones, you want to go that way because you feel it's right and good for you, which it is. You feel you don't want to be unloving because it's not right and bad for you, it feels bad.

So in the expression and depths of our feelings, and particularly our bad ones, we can feel how being unloving makes us feel, and we slowly want to be the other way. Which can be difficult because we don't know how that other way is, never having been wholly or truly loving; but you long for it, you want it, knowing it's a possibility and reality that can somehow be achieved. So this is really 'willing' it, willing ourselves to be loving, and ending our willing ourselves to be unloving; and our soul and God complies with our will and so gradually changes us from being unloving into being loving.

I think to help you summarise it, you could simply say: **The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

To bring events into a simple line of unfolding, Andon and Fonta are our original parents. They were the first ensouled human beings to have a longing for our Heavenly Parents, our true Mother and Father. They lived nearly 1,000,000 years ago.

Extract from The Urantia Book (TUB):

(717.2) 63:7.1 **Andon and Fonta**, the splendid founders of the human race, received recognition at the time of the adjudication of Urantia upon the arrival of the Planetary Prince, and in due time they emerged from the regime of the Mansion Worlds with citizenship status on Jerusem (home city of the first Celestial Heaven). Although they have never been permitted to return to Urantia, they are cognisant of the history of the race they founded. They grieved over the Caligastia betrayal, sorrowed because of the Adamic failure, but rejoiced exceedingly when announcement was received that Michael (Jesus and Mary Magdalene) had selected their world as the theatre for his (Jesus and Mary) final bestowal.

Some 200,000 years ago, Lucifer with his soulmate and lieutenant Satan with his soulmate seduced naïve humanity to embrace their minds as being all that they need depend upon to grow in spirituality, thus rejecting our Heavenly Parents and the Regents of Neadon, namely Jesus and Mary.

This was subsequently compounded by the Default by Adam and Eve in failing to achieve their undertakings while being here on Earth.

The Lucifer Rebellion

(601.1) 53:0.1 LUCIFER was a brilliant primary Lanonandek Son of Nebadon. He had experienced service in many systems, had been a high counsellor of his group, and was distinguished for wisdom, sagacity and efficiency. Lucifer was number 37 of his order, and when commissioned by the Melchizedeks, he was designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of his kind. From such a magnificent beginning, through evil and error, he embraced sin and now is numbered as one of three System Sovereigns in Nebadon who have succumbed to the urge of self and surrendered to the sophistry of spurious personal liberty — rejection of universe allegiance and disregard of fraternal obligations, blindness to cosmic relationships.

1. The Leaders of Rebellion

(601.3) 53:1.1 Lucifer was not an ascendant being; he was a created Son of the local universe, and of him it was said: “You were perfect in all your ways from the day you were created till unrighteousness was found in you.” Many times had he been in counsel with the Most Highs of Edentia. And Lucifer reigned “upon the holy mountain of God,” the administrative mount of Jerusem, for he was the chief executive of a great system of 607 inhabited worlds.

(601.4) 53:1.2 Lucifer was a magnificent being, a brilliant personality; he stood next to the Most High Fathers of the constellations in the direct line of universe authority. Notwithstanding Lucifer’s transgression, subordinate intelligences refrained from showing him disrespect and disdain prior to Michael’s bestowal on Urantia (Jesus and Mary Magdalene). Even the archangel of Michael, at the time of Moses’ resurrection, “did not bring against him an accusing judgement but simply said, ‘the Judge rebuke you.’” Judgement in such matters belongs to the Ancients of Days, the rulers of the superuniverse.

(601.5) 53:1.3 Lucifer is now the fallen and deposed Sovereign of Satania (Satania being made up of some 1,000 inhabitable worlds). Self-contemplation is most disastrous, even to the exalted personalities of the celestial world. Of Lucifer it was said: “Your heart was lifted up because of your beauty; you corrupted your wisdom because of your brightness.” Your olden prophet saw his sad estate when he wrote: “How are you fallen from heaven, O Lucifer, son of the morning! How are you cast down, you who dared to confuse the worlds!”

(602.1) 53:1.4 Very little was heard of Lucifer on Urantia owing to the fact that he assigned his first lieutenant, Satan, to advocate his cause on your planet. Satan was a member of the same primary group of Lanonandeks but had never functioned as a System Sovereign; he entered fully into the Lucifer insurrection. The “devil” is none other than Caligastia, the deposed Planetary Prince of Urantia and a Son of the secondary order of Lanonandeks. At the time Michael was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they signally failed.

(602.2) 53:1.5 Abaddon was the chief of the staff of Caligastia. He followed his master into rebellion and has ever since acted as chief executive of the Urantia rebels. Beelzebub was the leader of the disloyal midway creatures who allied themselves with the forces of the traitorous Caligastia.

(602.3) 53:1.6 The dragon eventually became the symbolic representation of all these evil personages. Upon the triumph of Michael, “Gabriel came down from Salvington (headquarters of Nebadon which oversees some 3,840,101 inhabited worlds) and bound the dragon (all the rebel leaders) for an age.” Of the Jerusem seraphic rebels it is written: “And the angels who kept not their first estate but left their own habitation, he has reserved in sure chains of darkness to the judgement of the great day.”

2. The Causes of Rebellion

(602.4) 53:2.1 Lucifer and his first assistant, Satan, had reigned on Jerusem for more than five hundred thousand years when in their hearts they began to array themselves against the Universal Father and his then vicegerent Son, Michael.

(602.5) 53:2.2 There were no peculiar or special conditions in the system of Satania which suggested or favoured rebellion. It is our belief that the idea took origin and form in Lucifer's mind, and that he might have instigated such a rebellion no matter where he might have been stationed. Lucifer first announced his plans to Satan, but it required several months to corrupt the mind of his able and brilliant associate. However, when once converted to the rebel theories, he became a bold and earnest advocate of "self-assertion and liberty."

(602.6) 53:2.3 No one ever suggested rebellion to Lucifer. The idea of self-assertion in opposition to the will of Michael and to the plans of the Universal Father, as they are represented in Michael, had its origin in his own mind. His relations with the Creator Son had been intimate and always cordial. At no time prior to the exaltation of his own mind did Lucifer openly express dissatisfaction about the universe administration. Notwithstanding his silence, for more than one hundred years of standard time the Union of Days on Salvington had been reflectivating to Uversa that all was not at peace in Lucifer's mind. This information was also communicated to the Creator Son and the Constellation Fathers of Norlatiadek.

(602.7) 53:2.4 Throughout this period Lucifer became increasingly critical of the entire plan of universe administration but always professed wholehearted loyalty to the Supreme Rulers. His first outspoken disloyalty was manifested on the occasion of a visit of Gabriel to Jerusem just a few days before the open proclamation of the Lucifer Declaration of Liberty. Gabriel was so profoundly impressed with the certainty of the impending outbreak that he went direct to Edentia to confer with the Constellation Fathers regarding the measures to be employed in case of open rebellion.

(603.1) 53:2.5 It is very difficult to point out the exact cause or causes which finally culminated in the Lucifer rebellion. We are certain of only one thing, and that is: Whatever these first beginnings were, they had their origin in Lucifer's mind. There must have been a pride of self that nourished itself to the point of self-deception, so that Lucifer for a time really persuaded himself that his contemplation of rebellion was actually for the good of the system, if not of the universe. By the time his plans had developed to the point of disillusionment, no doubt he had gone too far for his original and mischief-making pride to permit him to stop. At some point in this experience he became insincere, and evil evolved into deliberate and wilful sin. That this happened is proved by the subsequent conduct of this brilliant executive. He was long offered opportunity for repentance, but only some of his subordinates ever accepted the proffered mercy. The Faithful of Days of Edentia, on the request of the Constellation Fathers, in person presented the plan of Michael (Jesus and Mary Magdalene) for the saving of these flagrant rebels, but always was the mercy of the Creator Son (and Daughter) rejected and rejected with increasing contempt and disdain.

Further extracts from The Urantia Book (TUB):

(514.6) 45:4.16 14. *Machiventa Melchizedek*, the only Son of this order to bestow himself upon the Urantia (Earth) races. While still numbered as a Melchizedek, he has become "forever a minister of the Most Highs," eternally assuming the assignment of service as a mortal ascender, having sojourned on Urantia in the likeness of mortal flesh at Salem in the days of Abraham. This Melchizedek has latterly been proclaimed vicegerent Planetary Prince of Urantia with headquarters on Jerusem (1st Celestial Heaven)

and authority to act on behalf of Michael, who is actually the Planetary Prince of the world whereon he experienced his terminal bestowal in human form. Notwithstanding this, Urantia is still supervised by successive resident governors general, members of the four and twenty counsellors (being one soul group).

(584.2) 51:3.9 Your world has been visited by four orders of sonship: Caligastia, the Planetary Prince; Adam and Eve of the Material Sons of God; Machiventa Melchizedek, the “sage of Salem” in the days of Abraham; and Christ Michael, who came as the Paradise bestowal Son. How much more effective and beautiful it would have been had Michael, the supreme ruler of the universe of Nebadon, been welcomed to your world by a loyal and efficient Planetary Prince and a devoted and successful Material Son, both of whom could have done so much to enhance the lifework and mission of the bestowal Son! But not all worlds have been so unfortunate as Urantia (Earth), neither has the mission of the Planetary Adams always been so difficult or so hazardous. When they are successful, they contribute to the development of a great people, continuing as the visible heads of planetary affairs even far into the age when such a world is settled in light and life.

The Urantia Book (TUB) was restricted in the way it was written. TUB had to comply with the covenants of the Universal Contract that governed the Rebellion and Default.

For the Rebellion to survive, the female had to remain subjugated to the male. The female is far more open to and engaging with their feelings than the male. Should women be allowed to have their true equality expressed then they would have recognised that it is through one’s soul based feelings that all truth can be known. The male is more readily dominated by his mind, our minds being addicted to control and suppressing of one’s feelings. Through this suppression, we now have religions dominated by males and women relegated to minor support roles. This is to dramatically change.

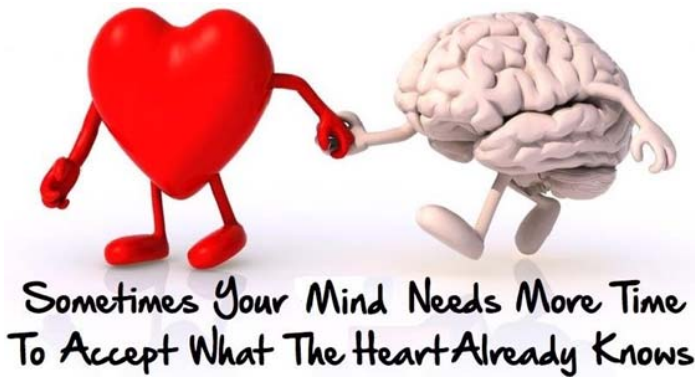
**Desire for Truth of One’s Feelings
Desire for God’s Love
and be humble**

**humility is the
willingness to experience
one’s own emotions.**



Our minds cannot determine truth. Yet the mind is addicted to control. Through the mind, we have the evolution of many thousands of religions. Even the major religions are continually finding off shoots occurring at great frequency. Nearly 75% of the world's population practices one of the 5 most influential religions of the world: Buddhism, Christianity, Hinduism, Islam, and Judaism.

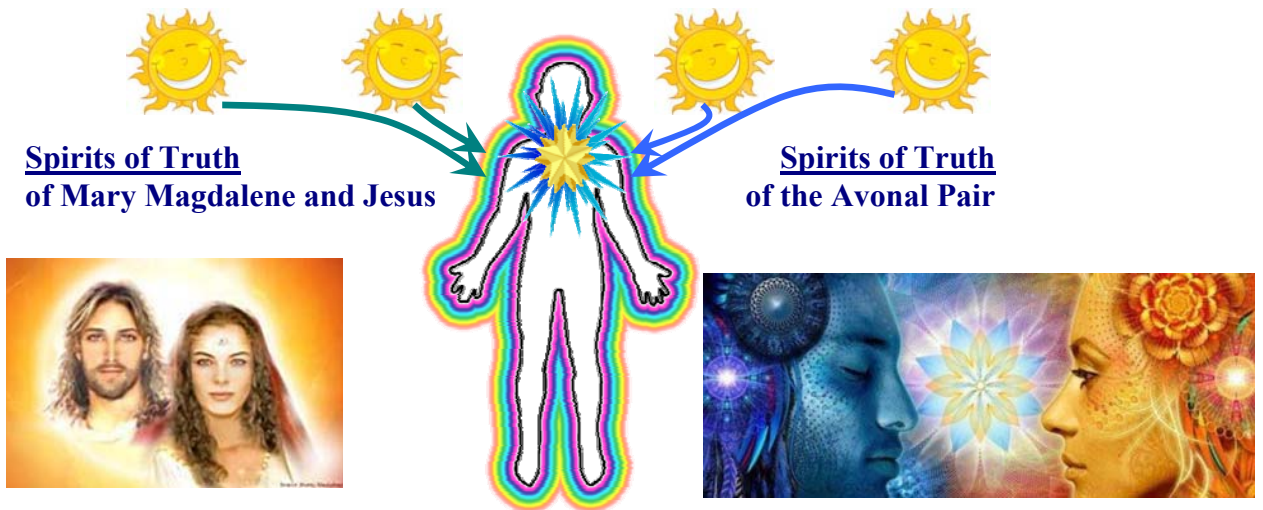
Christianity and Islam are the two religions most widely spread across the world. These two religions together cover the religious affiliation of more than half of the world's population. If all non-religious people formed a single religion, it would be the world's third largest.



There are some 4,300 religions of the world. This is according to Adherents, an independent, non-religiously affiliated organisation that monitors the number and size of the world's religions. However, when one considers all the off shoots, there are possibly as many as 50,000 religions worldwide, with some 22,000 variations of Christianity!

With the mind in full flight, we have even the simplest of control mechanisms thrust upon adherents in the greatest number of variations imaginable, none of which have any meaningful contribution to one's spiritual growth. Consider the following regarding fasting traditions:

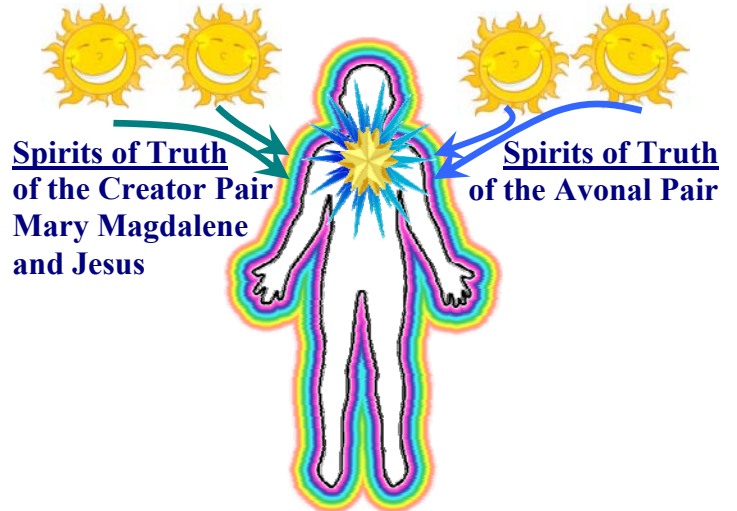
By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



FEELINGS FIRST SPIRITUALITY
 Living free to discover one's true self

It is only through the Spirits of Truth of the bestowal pair of the Creator Son and Daughter and that of the Avonal Pair that we can be guided through our Feeling Healing and onto Paradise. Of the five pairs of descending souls that have lived or are living a physical life on Earth, only the Creator soulmate pair and Avonal soulmate pair have spirits of truth and it is through these two pairs that humanity, us, being ascending souls, can we find our pathway to the home of our Heavenly Parents, being Paradise which is well beyond the Celestial Heavens.

The descending souls, that being the Daligastias, Machiventa (and is there a 'Mrs' Machiventa?), the Adams, Mary Magdalene and Jesus, and the Avonals. These spirits descended – came in one way or another to Earth having existed as spirits before hand, bringing with them some level of personal higher spiritual revelation for the ascending souls – people (humanity) to use. The hand of truth reaches down through the descending pairs, as the hands of truth of ascending mortals (us) reaches up. And you're right in only Mary Magdalene and Jesus, the Creator Son and Daughter, and the Avonals have Spirits of Truth – they being the higher Paradise pairs, whereas the other pairs are local universal.



Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



Religious Fasting Traditions

<http://becomingeden.com/religious-fasting-traditions/>

October 21, 2013 by [William Eden](#) · [1 Comment](#)

There are lots of different kinds of fasting. Some commonalities include the use of sunrise / sunset, fasting as a spiritual practice (opposed to mere starvation) including prayer and charity, proscribed feasting days / periods, and not drinking water either. Longer-term fasts usually restrict eating during daylight hours and/or restricted types of food during the night, and these appear to be the most common. Fasts of 1-2 days can involve complete cessation of both food and water. The strictest fast is 2 meals over 5 days. Fasting is at most 250 days / year, and 1-2 times per week or month is very common. Exceptions for the young, the old, the sick, pregnant and breastfeeding mothers, labourers, and travellers are relatively common. Not every religion has a fasting tradition.

Christianity – Catholicism

Fasting is not a complete cessation of food intake, instead it is a reduction of food intake to one large meal and two small meals (combined smaller than the large one) with no solid food between, and a prohibition against meat (specifically called abstinence). This is enforced during penitential times, specifically Lent (6 weeks), every Friday, occasional Wednesdays and Saturdays, the Ember Days (3 days/week 4 times/year), a couple of specific holidays, and the day before some feast days.

This is the modern interpretation – the old church was far more strict. The “Black Fast” consisted of a single meal per day, to be eaten after sunset. Meat, eggs, dairy and alcohol were forbidden. During the Holy Week (last week of Lent), the meal could only contain bread, salt, herbs and water. Some Eastern Catholics still practice this on Fridays during Lent. This became weakened in the 14th century when the meal shifted to lunch, and then an evening snack was allowed. The 19th century saw the addition of the morning snack. In the 20th century you could substitute prayer and charity. The eastern Catholics are notably more strict, with one meal during the day and avoiding animal products.

The prohibitions on fasting varied a *lot* by country, with entire countries receiving “dispensations” from the Pope. Abstinence is obligatory starting at age seven in many places, age fourteen by all of them. Obligatory fasting often starts at eighteen in western cultures. People who are sick and have physically demanding jobs, people over age 60 or so, also those who are travelling or students, are exempt.

Notably, one is expected to refrain from eating from midnight until the Eucharist, though when the Eucharist moved later in the day this changed to fasting >3 hours beforehand. So basically no food in your stomach during holy events. Technically modern Catholic law says only one hour.

Christian – Orthodoxy

Fasting is an important spiritual discipline, linked with the union between the body and the soul. Fasting is supposed to guard from glittery and impure thoughts / words / deeds and must be accompanied by increased prayer and charity and repent sins and reaching out to others in love. It is spiritually harmful to fast without these practices.

Fasting occupies a large fraction of the calendar year. This includes Great Lent (40 days), Holy Week, Nativity Fast (40 days), Apostles’ Fast (variable but roughly one month), Dormition Fast (2 weeks), Wednesdays, Fridays, special holidays and Mondays too for monks. Fasting consists of avoiding animal products, dairy, oil, alcohol, and sex (pre-communion only). When a feast day falls on a fasting period (or during the Nativity or Apostles’ fast), alcohol / oil and sometimes fish is allowed. The first five days

of Lent (“Clean Week”) involves strict fasting, ideally only eating dinner on Wednesday and Friday after a liturgy. If you’re unable to comply, then you should eat only a little, and mostly raw vegetables, fruits and nuts. Other days like Good Friday also encourage strict fasting through dinner on Holy Saturday and occasionally people don’t drink water either. Similarly to Catholic tradition, no food from midnight until communion.

The very young, very old, sick and breastfeeding are exempt.

The Coptic Orthodox are one of the most severe form of Christian fasting, for a total of 210 days out of the year. This is seen as a way to free ourselves from our carnal practices arising from the fall from grace, and to recognise and overcome our addictions and seek repentance. Fasting is viewed as a privilege rather than a hardship. The diet during a fasting period is strictly vegan, with added oils allowed. A “strict abstinence” is encouraged for people who can endure it, where no food or water is consumed until sunset. This has been progressively weakened from midnight to 3 PM, and then until noon, with the exception of Great Friday. Interestingly enough, sex is discouraged but not prohibited! Also notable is that 7 weeks out of the year, fasting is forbidden.

The Ethiopian Orthodox go even further, for a total of 250 fasting days. Fasting means no food or drink until after the liturgy (basically 2-3 PM), and a vegan diet in the evening. Children 13 and above have to fast, children 7 and above are expected to observe certain fasts. Sick people do not need to fast.

Christianity – Protestantism

Good old Martin blew this tradition out of the water as a “purely external observance” that could not gain a person salvation. He did actively encourage individuals to fast as a spiritual exercise, but believed each individual should set the time and manner of said fasting. John Calvin said that life should basically be perpetual fasting, and that collective public fasting was only appropriate for community grief. Basically fasting is not that common in protestants, even though it is verbally encouraged, particularly during Lent. Some individuals do voluntarily fast and some of them on a strict schedule.

Christianity – Mormonism

Their tradition is “Fast Sunday” – abstaining from two meals the first Sunday of every month, for a 24 hour fasting window. This is accompanied by prayer and the money saved is donated to the church. During the service on that day, instead of a speaker, people come up and offer their personal testimony.

Islam

Fasting is one of the Five Pillars of Islam (along with declaration of faith, prayer, charity and pilgrimage).

Ramadan is one month long, no food during daylight hours (also no drinking or smoking or thinking evil thoughts or sex!). This could result in once-daily eating, but Muslims traditionally wake up 40-60 minutes before dawn to have a meal, so we’re basically talking two spaced meals. Probably still quite helpful – this is the most-studied form of IF and shows considerable benefits. There are also suggested non-obligatory fasting days, including all Mondays and Thursdays, or every other day. Certain holy days (especially feasting days) forbid fasting and fasting every day is also not seen as proper.

People who shouldn’t fast: pre-pubescent children (though shorter fasts to warm them up is encouraged), sick people (including diabetes and severe dehydration), the elderly, the mentally ill, pregnant and

breastfeeding women, people who are travelling and menstruating women. A missed fast must be made up soon thereafter. Missing fasts should also be compensated by feeding the hungry.

The fast begins with setting an intention, this can be private. Breaking the fast intentionally results in another day of fasting, unless it is broken with sex... in which case you must either free a slave, fast for two months, or feed / clothe 60 people. The idea behind fasting is that it brings you closer to God, more solidarity with your fasting brothers, causes you to empathise with others less fortunate, and is a way of controlling desire. Fasting without spiritual intention is mere starvation.

Judaism

Traditional Judaism involves six fasting days during the year and this means no eating or drinking from sunset to the following sunset (24 hours). On Yom Kippur and Tisha B'Av, one may also not wash oneself, wear leather, use perfume, or have sex – the other four days do not have these restrictions. There are less-observed fasts, including Bahab (three days on two months), the last day of every month and firstborn sons have an additional day of fasting per year. Beyond that, the decision to fast is largely personal and can come before a wedding, during tragedy / calamity, waking up from a bad dream, during droughts, after dropping a handwritten copy of the Torah... Mondays / Thursdays are considered good days for fasting. The purpose of fasting is threefold: atonement for sins, mourning, gratitude and focusing on the spiritual.

Buddhism

The “Middle Path” encourages neither excess nor mortification and basically results in diminished food intake during meditation retreats for lay Buddhists.

Monks and nuns following Vinaya rules do not eat after their noon meal. This creates a very large fasting period! They actually do not consider this fasting, instead this is conceived of as a regimen for aiding meditation and good health.

The “eight precepts” contain prohibitions against various activities, including eating before sunrise or after noon (along with killing, stealing, sex, wrong speech, intoxication, singing / dancing / music / cosmetics / etc, oversleeping and comfy chairs). While the truly devout follow these rules all the time, lay Buddhists follow them on every Uposatha day. This ranges from the new and full moon in Sri Lanka, to those plus the first and last quarter (e.g. once / week) in other Theravada traditions, to 6 specific days / month in Mahayana traditions. People are also expected to go to a monastery, make offerings here, listen to the monks’ teachings, and practice meditation.

The Vajrayana practice is more strict, to keep the eight precepts on the first day, followed by no food or water on the second. This conflicts with the Middle Path prohibition against mortification, though other self-harm is discouraged.

Hinduism

The Hindu term “vrata” means a religious practice with certain obligations, one of which can be complete or partial fasting. During a vrata period, one must remain clean, be celibate, speak truth, practice forbearance, be vegetarian, and perform rituals. Once undertaken a vrata should not be left unfinished, and another should not be started. You should not start a vrata during periods of ceremonial impurity brought by birth or death in the family. People too old or sick to undertake a vrata can have another do it for them. Once a decision is made to begin a vrata, the commencement of the vrata is bound by ceremonial times, places, and modes.

Monthly fasting periods include the sunset before to the sunrise after the Ekadashi (lunar phases that occur twice per month, ideally waterless fasting), the Pradosha (fast followed by a vigil), and the full moon. Different deities have different fasting days (Shiva = Monday, Vishnu = Thursday, etc), and different regions too (Tuesday in southern India, Thursday in northern India). Various festivals also involve fasting, such as Maha Shivaratri (no water), the nine days of Navratri (often one meal per day, or at least strictly vegetarian, plus other abstinence like no sex or beds or various things), Karva Chauth (fasting for a day by married women!)..

“Strict” fasting for Hindus means no food or water from sunset the day before, to 48 minutes after sunrise the following day, which is around 36 hours! More commonly is once-daily eating at dinner, and even more commonly is abstaining from particular foods. Even non-vegetarians are expected not to eat animal products (except milk).

Jainism

Extremely common among Jains. They have a *ton* of different kinds of fasts, including things like not eating to satiation. Complete fasting involves either no food and water, or only boiled water (to ensure no micro-organisms are consumed). Jains are also strict vegetarians. Check out this list: http://en.wikipedia.org/wiki/Fasting_in_Jainism

Fasting is used to keep the demands of the body under check, uplifting the soul, and resolving accumulated bad karma. During a fast one should worship, serve the monks and nuns, read scripture, meditate, and charity. Fasting is most common during festivals (three times / year for over a week) and on the 8th and 14th days of the moon cycle. The variation in fasts allows Jains to pick their level of fasting so as to maintain self-control. There is also a practice of voluntarily fasting to death, as a holy choice to leave the world – this reduction in food intake can happen gradually over years.

Bahai

There is one nineteen day fast that is one of the greatest obligations of the Bahai faith, considered a time to meditate and pray, make adjustments in inner life, and abstain from selfishness and carnal desire. This means no food or water during daylight hours, including smoking as well. You don't have to fast if you're under 15, above 70, the sick, women who are pregnant / nursing / menstruating, certain travellers, and heavy labourers (who must eat in private and take smaller meals).

Sikhism

They don't believe fasting holds spiritual merit. The only reason to fast is for health purposes.

Raelism

I couldn't forget [my favourite cult](#), could I? Rael teaches that you should fast for 24 hours once per week to give rest to the digestive system.

FEELING HEALING and FASTING:

In doing your Feeling Healing you don't need to fast, you don't need to 'do' anything, other than keep paying attention to your feelings, expressing them the best you can, and longing for the truth they are to show you. And if along the way you feel like fasting, then express all your feelings about why you do, and if you do it, all you feel along the way, and when you've finished, how you feel at the end, all while longing for the truth of all your feelings.

And the more you can just talk about it all, all what you feel and think with a friend, the better it will help to bring more of yourself out, more so you can understand the truth of who you are, that which all our experiences are to lead us to.

There is nothing spiritual to be gained by fasting or doing any other religious practice that is said to 'open you up to higher thoughts', help you get closer to God and so on. Only by doing your Feeling Healing and longing for the Divine Love will you spiritually help yourself.

The most spiritual you can be is living true to your feelings, fully honouring them, expressing them and seeking the truth hidden within them. So fasting is just another experience like going for a walk, cleaning your teeth, sitting on the loo, it's no more than that, as all such experiences can give rise to feelings, from which truth can be gained. The Truth is what's spiritual. And if you are growing in truth you are being as spiritual as you can be.

And the way to the Truth, is feelings – your own feelings. Fasting has just been harnessed by the religions and other spiritual systems as a way to avoid your true feelings, to help you 'rise above them' to block them out, to stop them making you feel bad, all to keep you away from the truth your feelings will give rise to, all of which of course is just another ploy by the controlling mind to help it maintain such control. So you don't have to do any of the so-called spiritual things, you only have to keep wanting to uncover the truth of your feelings.

James 9 June 2018



Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

SAMENESS of RELIGIONS:

James:

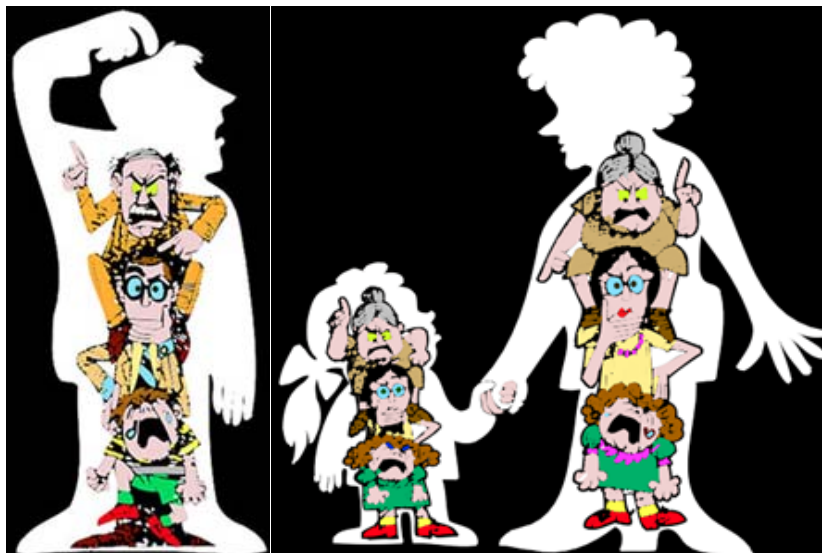
10 June 2018

Truth is the way for humanity to find equality and live happily ever after. How we're currently trying to supposedly do it, is through the mind, and with our mind in rebellion against the truth our feelings will help us live, there is no chance of any real peace, equality and unconditional acceptance.

And only by doing your Healing can we find the truths we are to live. So all the religions, being constructions of the mind, can only deliver a false peace, lip service to equality, because all they are about is control and competition. The religions keep people apart, rather than bringing everyone together as Truth would. A loving world consisting of a homogenised humanity living without the need for any barriers or restrictions of control, can only come about as we do our Healing and start living truth to ourselves.

However so many people still need their religion because they need to rely on someone else – a higher authority, telling them how they should be. Then they choose to live according to that rule, feeling good if they do and praised by their religion – even by 'God', or they break the rules, being naughty children, pay the penalty taking the required punishment, coming back into line. It all being how it was with our parents in control. So our religions are just our parents, more of the same, and you either fit in with them and go along with them, even believing they are right, or you fight and reject them.

We all need controlling things we can adhere to or try and fight against, which is still only more control, because we still see everything as if it is our parents, and until we do our Healing, we can't break such heavily ingrained patterns, so we'll never be free of them.



HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

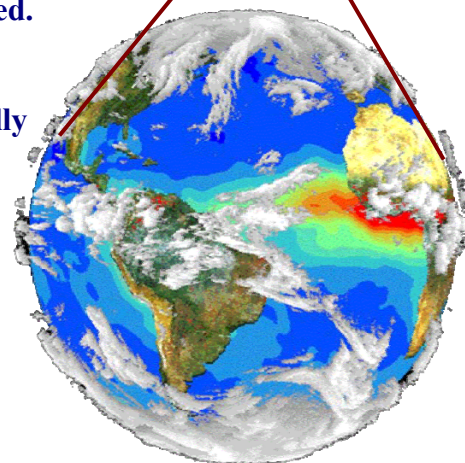
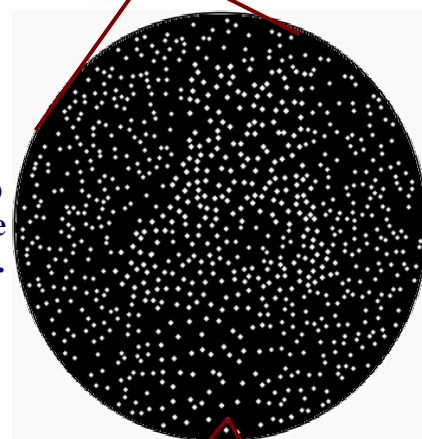
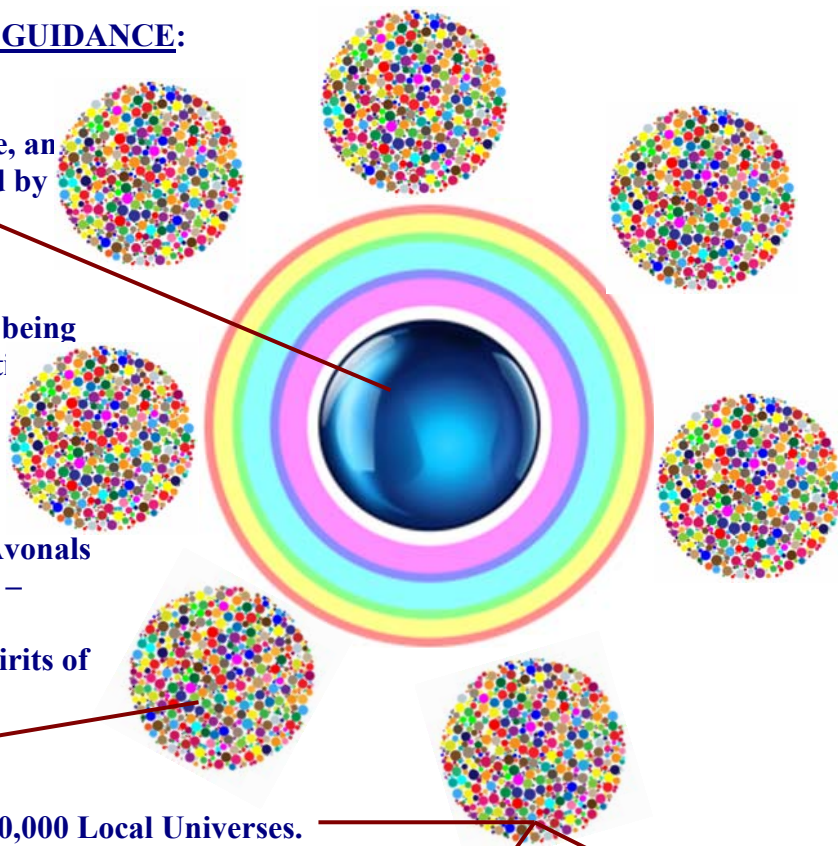
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



Why did the Lanonandek Daughters and Sons rebel? Being the Lucifers, Satans, Caligastias and Daligastias soulmate pairs.

James Moncrief Monday, 12 November 2018

Re The Urantia Book (TUB): there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, how to do that is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher help comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minister, create, or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual Earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestial spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and in through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need

for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't, rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our cases, also default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Neadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam (Material daughter and son), we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true, we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

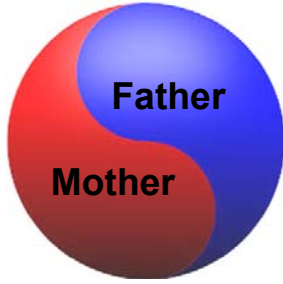
And the Melchizedeks have enlisted the Celestial spirits help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then here on Earth we'd still have now the Daligastias as well as Eve and Adam, still helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to – knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us towards Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Neadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Neadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who would be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of EARTH:

Heavenly Parents



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



AVONAL PAIR

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

Soulmates



COUNCIL OF ELDERS



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

Soulmate PAIR while living in the physical of earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



GLOBAL HUMANITARIAN FUND

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



Tuesday, 22 May 2018

James: Sam said she was able to go into it, being forced into it, cried and saw more truth and then felt really good, having moved through yet another deep block in herself. It was another huge experience for her.

Nanna Beth: Yes James, it's what she needs to do, she'll be okay, she understands, and as hard as it is, it will soon break, the clouds will start to part and she will start to see light on the horizon.

James: I hope so, I even hope she finishes her Healing before I do. I hope anyone does, and I no longer care about how long mine will take, as I understand there is just too much going on with it for us all, way too much for us to understand, so we can only do what we can do, it's not as if we do have any real say in it, just going with our feelings and most importantly, longing for the truth. It's the longing part that is even more important for me now, because you go with your feelings the best you can as you feel them – you can't really do anything else. But we can long for the truth and really want to see it, that much we're able to do using our mind and with our feelings.

Nanna Beth: That's right because it's the truth you are all to see, the truth about yourselves. So if you don't want to see it, and I mean, really see it, so be prepared to feel all you must feel to see it, then nothing healing-wise will happen.

James: But as I've said to you before, other people have really wanted to see it, and yet they've not done their Healing.

Nanna Beth: And as I've told you before, it's because they've not had the Avonal 'Healing' Spirit of Truth available to them. You still fail to understand its significance, for without it, no Truth-Healing can happen. People need to lock into it, embrace it, have it working within them so they can set about evolving and growing their soul in truth to Paradise. So first the Avonals' Spirits of Truth, then to connect up with Mary M and Jesus and that will see you right through Nebadon, and then you're fine and can 'zero' in on Paradise yourself.

So once you and Marion started doing your Healing, technically your Spirits of Truth were made available to the degree you did your Healing. With Samantha being the first person to fully embrace it all of her own doing. So she is using it, as you progress in your Healing, to move ahead in hers. And others too can embrace it should they want. And if people on Earth want to truly progress in truth, they will HAVE to embrace it, so accept you and Marion as you are – the wellspring of such Truth. And if they don't, then they will have to wait until they come into spirit and can embrace Mary's and Jesus', however once you and Marion fully come of age – finish your Healing – then for them to do their Healing in the Divine Love Mansion Worlds they will also have to embrace you and Marion along with Mary and Jesus.

James: So it's lucky for everyone else before us who wanted to grow in truth and do their Healing that they didn't know about us or how much they needed the Avonal Spirits of Truth, not being able to grow in truth until they moved into spirit.

Nanna Beth: Yes, which was one of the blessings of the Rebellion and the denial of truth, that people haven't understood they were being denied it; and now that they can, so they also have access to your Spirits of Truth. And for those of us in the past, well that was just what we had to experience, it being a unique phase of the Rebellion and Default, that phase which is now changing into another unique phase because of what you and Marion are doing through your Healing.

James: Okay, so really when you say to long for the Truth, you are meaning to long for our Spirits of Truth.

Nanna Beth: Yes, however it's better to just say the Truth, because then you are keeping yourselves out of the picture allowing people to stay focused on the Truth; so the Truth from God, the Truth their Mother and Father will show them. Which does come through your Spirits of Truth from the Eternal Son and in league with the Infinite Daughter and the Divine Minister, however that starts to complicate things too much. It's best to keep it simple.

James: And if we didn't have the Urantia Book telling us about Avonals and Spirits of Truth –

Nanna Beth: Then you'd have just put the truth in your own words, and it would still all amount to the same thing. The Urantia Book was provided on the mind level to help you James establish a readily acceptable terminology in which to express a lot of your understanding, something that will help people more readily align themselves with things of a higher spiritual nature through you. And although it's highly mind-weighted, that's okay, because you've balanced it out by adding the feminine and pointing out its problems. You had to be given something to do!

James: Yeah, thanks, can you thank everyone up there for me... however, you're right, I have needed all these things to work out because what else would I have done? Oh it's such an exciting life. It's so great being on a spiritual mission and not being able to enjoy it because all I felt is bad – oh so much fun, remind me not to sign up for it next time round.

Nanna Beth: It's all moving along nicely James, you and everyone else, including John and all he is having to work through so as to prepare him and 'his team' for the forthcoming events.

James: I like how you give us just a little carrot –

Nanna Beth: It's my pleasure James, I can't tell you one way or the other, only help you along in the direction you're already going.

James: Okay, I'll speak to you soon.

Nanna Beth: Until next time...

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SPIRITS of TRUTH:

Note to Nanna Beth from John:

Sunday, 10 December 2017

There is only our Heavenly Mother and Father that one should long to for assistance with our growth.

Further, to long for the truth of feelings is assisted by embracing our spiritual parents, Mary Magdalene and Jesus, and that is facilitated through their Spirits of Truth. We now understand that the Spirits of Truth of the Avonal pair on Earth will also become available to us in due course. These two being able to support our Feeling Healing endeavours.

What other Spirits of Truth are we able to embrace and what aspects of our life do they assists us with please?

Nanna Beth: There are no other Spirits of Truth John. Those of the Avonal are in fact far more important to everyone than Mary and Jesus' to begin with, because without embracing them people won't be able to align themselves as truly with their soul so as to do their Healing as easily and effectively. It's why no one has been able to do their Healing themselves through all the years of the Rebellion and Default, because the co-ordinated action, support and guidance – direction – of the Avonal's Spirits of Truth have not been available to help. So no one has been able to systematically work their way from the beginning to the end of Healing their wrongness. And so without those Avonal Spirits of Truth, no one on Earth would ever be able to do their Healing. It's as simply as that. So you need their Spirits of Truth to Heal yourselves; then once Healed, (and for support (overshadowing) as well through your Healing), you need Mary M and Jesus' Spirits of Truth to see you through the Celestial spheres.

James: And later, I was thinking about the Spirits of Truth with Nanna Beth... could you please Nanna Beth talk more about the Spirits of Truth, as it might help John understand their purpose a little more – thank you.

Nanna Beth: As you can read in TUB (The Urantia Book) John, the Spirits of Truth are liberated upon the deaths of the Avonal pairs or Creator pair following their full physical bestowal on a physical Earth world. So Mary and Jesus' Spirits of Truth have been liberated, and the Avonal pair's will be so upon their death.

The Spirits of Truth basically represent all the truth the pair has lived through their life since their bestowal. So the Mother and Father sees to it that the pair live all they need to, so as to liberate within themselves all the truth their liberated Spirits of Truth will liberate, providing help for everyone who might need their help throughout their Age. So they have to go through a lot so as to accommodate the needs of everyone who'll be living through their age. The Avonals having to account for all anyone will Heal throughout their Spiritual Age. Meaning, their Healing will touch on all the depths everyone else will go through so as to provide assistance for everyone. So the long drawn out and extended Healing they are required to do, thereby covering every denial aspect of the Rebellion and Default on a feeling level, so relating to all those levels themselves uncovering the truth of them.

The Spirits of Truth have a drawing power, which means, when you look to the Pair for help, which means, you long for the truth or way such a pair lives, that you want to be as they are, you want to live and reveal the same truths to yourself that they have revealed to themselves, then their Spirits of Truth will help you. They will literally draw you up to be like themselves in truth. And as they are a Paradise Origin Soul, so they are literally drawing us up to the divine heart of their own truth, the paradise of their own soul, which in turn leads us onto the Heart of Paradise itself – our Heavenly Mother and Father.

And we are all to look to them (Mary and Jesus) for the way through Nebadon; and for you now doing your Healing, to look to the newly revealed truths of the Avonal pair. And by wanting to embrace, acknowledge and live such truth, you'll allow their Spirits of Truth to guide you, which means, guide you through your Healing, and guide you through Nebadon. And (this is the most important part) without them, you'd never be able to complete your Healing or find your way out of Nebadon. Or you might, however it would take you so long that the rest of the universe would pass you by. And so until such Spirits of Truth are made available, then everyone has to wait until they are, until they show the way for us to go.

So until Mary and Jesus died liberating their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. So there were an awful lot of spirits waiting for their bestowal so they could move on in their ascent to Paradise, with a general clearing out of Nebadon taking place this past two thousand years. This including many Celestials from Earth, who were free to leave once they'd completed their Healing and attained the Celestial level, and then evolved up through Nebadon.

Anyway, special dispensation is made available for people who want to currently do their Healing before the full liberation of the Avonal's Spirits of Truth. Should people look to them for Healing help and the truth, then such help will not be withheld. So people can start their Healing without having to wait for them to die and liberate their Spirits of Truth.

So the Spirits of Truth streamline everything, and basically we'd all be stuffed if we didn't have access to them. So they, and whom they come from, are rather important and an integral part of our growth of truth.

And really it's one Spirit of Truth from the Avonal or Creator soul, however it's 'split' in two as reflected by the two soul 'halves' or soulmates – by each personality. And we need to embrace both the pair equally, not just one. So if you look to only Mary or only Jesus, you'll not allow both parts, both Spirits of Truth, to work within you. So you won't be able to keep the feminine and masculine aspects of truth harmonised, causing imbalances, which you can see in distortions as reflected by those people only adhering to Jesus via the Padgett Messages or in the Christian religions.

In all the other religions that don't even look to either Mary or Jesus, you've got the wayward mind with no hope of ever finding the truth and moving out of the mind Mansion Worlds. And that would be the same with the Avonal pair, if you look to only one of them you'll be doing yourself a severe disservice, with no hope of ever completing your Healing (as reflected by people trying to heal themselves using alternative self-help methods or their therapists or spiritual leaders, yet not really getting to the bottom of the real problems at hand), so people will need to long for help from them both. And we don't need to specifically ask them personally for help (although of course we can should our life move us to be with them), we only need to long for the Truth. They can't help everyone personally because there are too many of us, so that's why they provide us with help from their Spirits of Truth.

And we need that united help to sort out our disharmony concerning the feminine and masculine within ourselves, just as they have sorted it out within themselves. And because you are taking your lead now from the Avonal pair, so you can't go ahead of them, as they need to sort out all the distortions within themselves and their own relationship, so as to offer such help through the light of their spirits, so you can sort yourself out. So they have effectively needed to do most of their Healing before other people can look to them. And it won't be until they've fully completed their Healing that people will be assured that they can fully Heal themselves. So a lot hinges on them completing their Healing, because they then provide the way for everyone else to do their Healing.

And it's not that everyone else will do their Healing the same as the Pair have done it, but that everyone will do their Healing in their own way, yet will uncover the same truths the Pair uncovered for themselves. Which is why Jesus said: "follow me", because we are to literally follow him and Mary up through Nebadon once we've finished our Healing, by revealing to ourselves through our feelings the same truths they revealed to themselves through their feelings. So by the time we complete our Nebadon stage of existence, we'll have lived all the same truths Mary and Jesus lived through their ascent of Nebadon following their bestowal into flesh.

And so it will be the same for people looking to do their Healing by looking to the Avonals. So in no way will the Avonals or Mary and Jesus ever stand in the way of people and spirits getting to the Mother and Father; on the contrary, they will only assist people to look to God and NOT to themselves. Which is what the Avonals can only do and claim, once they've finished their Healing. Which is why they will be reticent to stand up and declare themselves before they've completed their Healing, preferring people don't really know about them, because they don't know about what it all involves themselves until they are fully Healed. Because they know that until they are fully Healed, they'll still inadvertently be leading people astray, or standing in the way of God. However knowing that, they will at least also be able to angle and present their preliminary truths taking that problem into account, so people can avoid such pitfalls with their help.

And once they have completed their Healing, then they can honestly announce to the world, should they feel they want to, that the way is now clear, people can follow them and do their Healing and they won't be standing in their way – the New Age has officially begun. That they will then be doing all they can to help people complete their Healing, link up with Mary and Jesus so they can keep ascending through the Celestial levels, all to one day move beyond and out into the greater Superuniverse on the way to Paradise.

James: Thank you Nanna Beth, and just as an aside, the real New Age is yet to begin, it being when the Avonal pair declare it's begun, with the so-called New Age of some years ago being a false mind fantasy new age.

Nanna Beth: Yes, nothing whatsoever to do with the real New Spiritual Age that's soon to begin, however something of a vague forerunner that was something more to do with feelings, even though it was still about looking to the mind to further the control of them.

Feelings first

**PASCAS
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LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

Crossover

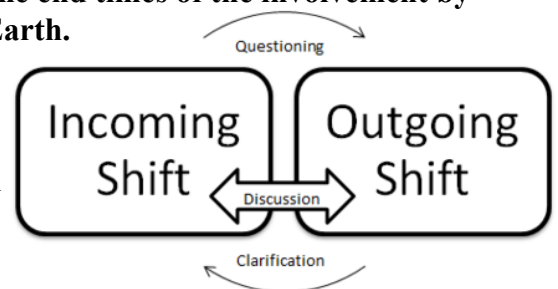
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

FEELING HEALING – SUMMATION:

Living with the Divine Love and doing your soul-healing, is choosing to live true to your feelings and to end your mind's control over you.

The great difficulty we all face is that we are not free to speak what we feel, with so many of us shut off from our true feelings, feeling unable to speak about such things. So all the anger and wrestling and arguing that has to go on, is what is needed to break down the barriers and bring to light the blocks, all so they too can be talked about.

As we move into deeper parts of ourselves through one's feeling healing, being gradually led into it, so even deeper parts can come up, we being able to deal with them with the experience already gained.

We are not just thrown in at the deep end and all our hellish traumatic bad feelings come racing up only to annihilate us, for there would be no purpose to that as we wouldn't be in a state or condition to see any truth; and seeing the truth, the whole truth of our unloving negative state, is what it's all about. The truth comes first, and we will only experience all we need to, so as to liberate it.

The pioneers of Feeling Healing – Marion and James:

Marion wasn't actually forced to change herself to effectively become 'another person' by her parents, they just came down hard on her stopping her being her natural and true self. And her healing with therapists, and now in what we are doing together, is taking off those clamps and restraints and letting her out of her cage, so increasingly as she is regaining her true self, she is able to say all she wanted to say when she was little. Whereas for myself, James, I was made to become effectively someone else, to be so shut-off from my natural self so as to not feel any direct connection with my feelings, and being all but totally unable to express them. So for Marion, expressing her feelings and feeling when things are not right in our relationship, comes relatively easily, whereas for me, I don't have a clue most of the time.

Marion and James are on the extremes and coming at their relationship from two opposite ends. Other people will be like they both are, and even with the roles reversed; and then most other people will be a mixture of, and somewhere in between, them both. Generally speaking, James is more like so many men, totally alienated from his feelings – but not all men, as some men are very free with their feeling-expression; and Marion is more like most women who are closer to and more aware of their feelings, only never feeling free to really express them. And there will also be a lot of women who have had to change themselves so much so that they will feel more like James does, that being as if you're another person with very little connection with your true self.

Notes from 'Spirits and their Childhood Repression Healing' by James Moncrief

The New Way, Feelings First Spirituality

The SECOND COMING:**31 May 1914 commenced and completed in 2014**

The James Padgett Messages as published in four volumes as ‘True Gospel Revealed Anew by Jesus’ heralded the commencement of guidance that has spanned 101 years – and continues.

The reading of the four volumes, due to the way the subject material is grouped, provided no clear indication that more guidance was to come. The publication of the Padgett Messages in chronological order clearly points out that the writings were far from completed. Meanwhile many readers embraced the Padgett Messages to the exclusion of all else.

Dr Daniel Samuels’ writings, some 40 years after Padgett, are a profound set of teachings. Samuels, being focused upon the old scriptures within his writings, also achieved extensive clarifications relating to the New Testament. Samuels’ works are generally ignored by Padgett enthusiasts. Publications of Samuels works are difficult to locate, even though the original writings are kept with Padgett’s original writings.

Hans Radax’s writings from Judas of Kerioth, a further 40 years on, complete addressing the issues required to be addressed relating to the errors and missing teachings of the New Testament. The completion of the Padgett Messages is addressed in The Divine Universe through Nicholas Arnold. Several further works have been published with a growth in the platform of the prior writings.

What is evident throughout all of these works is that aspects of the teachings were and are aligned with the characteristics of the writers.

‘The Prayer for Divine Love’ given to Padgett on the 2 December 1916 is a primary prayer that one may consider should they have no other prayers asking for the Divine Love. The Prayer for Divine Love refers to our ‘False Teachers’. Our false teachers are our parents! For humanity to evolve in love, the breaking of the cycle of generation after generation to evolve in love, the cleansing of injuries and errors of belief are best to be addressed before children become parents.

‘Speaking with Mary Magdalene and Jesus’ guidance through James Moncrief completes the Second Coming revelations. Throughout these some 10,000 pages of teachings, over the 101 years, there are two key revelations. The most important is that we need to embrace our emotions and allow them to be released from our soul, our humanness errors and injuries. We are to embrace a process of Feeling Healing. The second is that we can long for, ask for and receive Divine Love. The Divine Love strengthens our resolve to clear away the damage caused to our soul by our parents during our forming years. The Divine Love does not clear us of our injuries and errors and evilness, this we must do for our selves. Thus, we have been given two revelations. Live our life through our feelings is the first and most important, and the second is that Divine Love is available to us should we so long for it.

Feeling Healing can be also Soul Healing with Divine Love. James Moncrief has outlined the process of Feeling Healing, Dr David Hawkins has demonstrated a not so helpful process being ‘Letting Go’, and Brandon Bays has given the world the ‘Journey Process’, and also ‘Journey for Kids’.

No one can embrace the guidance of the Second Coming without embracing all of these aspects of loving teaching and guidance given to all of humanity by our Celestial Friends led by Jesus and Mary.

WE TUMBLE INTO THE ABYSS BY SUBMITTING OUR WILL TO THAT OF OUR PARENTS:

At the moment of conception your soul activated your will to become of your Earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing.

Jesus

Message 33 (part) 9 January 2003

NOW WE CAN CLIMB OUT OF THE ABYSS BY EMBRACING OUR FEELINGS:

LIFE IS ALL ABOUT FEELINGS. YOUR FEELINGS ARE YOU – ACCEPT THEM, AND YOU'RE ACCEPTING YOURSELF.

Only by following what Mary says regarding the doing of your soul-healing, the honouring and living true to your bad feelings and exposing all your childhood repression will you be able to heal all such pain and problems.

The Truth of your world is all about you. Many generations have believed in and tried to live how the Bible says, but has it healed all ills? Have wars and hatred stopped? And why have Christians done so many bad things? Why does all the self-criticism and self-denial still exist? Why are people mostly only interested in gaining power; and why do the rich still dominate the poor?

The religions and spiritual systems of humanity have failed to deliver life in the promised land, living free from all pain and suffering. And they will continue to fail because they themselves are founded on the negative. They are not true; do not teach the Truths of Divine Love; do not encourage people to live true to their feelings.

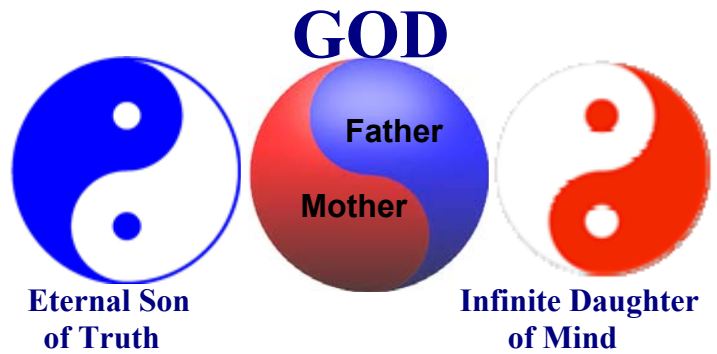
You are hopelessly bound up in your parent's lives. They have made it that way. The freedom and self-control you may feel you have is only relative to them. They – your very own mind – is the evil one, you are the evil one living with your mind overpowering you in every moment. The Golden rule is: never interfere with another's will.

I, Mary, was able to feel my feelings, as I was not trained too heavily to deny them, and then with and through them, find out the truth my soul wanted me to see. The truth of your negative state is what's missing from your world. It's the only thing that will open the way to show the right and true and correct way to live. [The Rejected Ones – Living True to One's Feelings](#) by James Moncrief



BECOMING DIVINE:

We are not Divine to begin with. Our soul, personality and true self are of Natural love, created by Divine Parents, and with the POTENTIAL of becoming as They are, at-one with Them - divine. And we begin to realise this potential by longing personally to Them for Their Divine Love.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

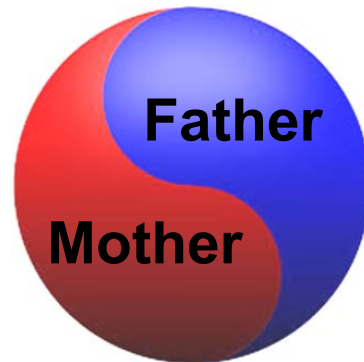
By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and becoming divine – this is our destiny.



**Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017**



**Rebellion and Default
officially ended
31 January 2018**

CREATED in THEIR IMAGE:**GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

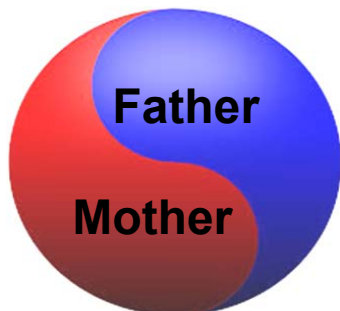


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

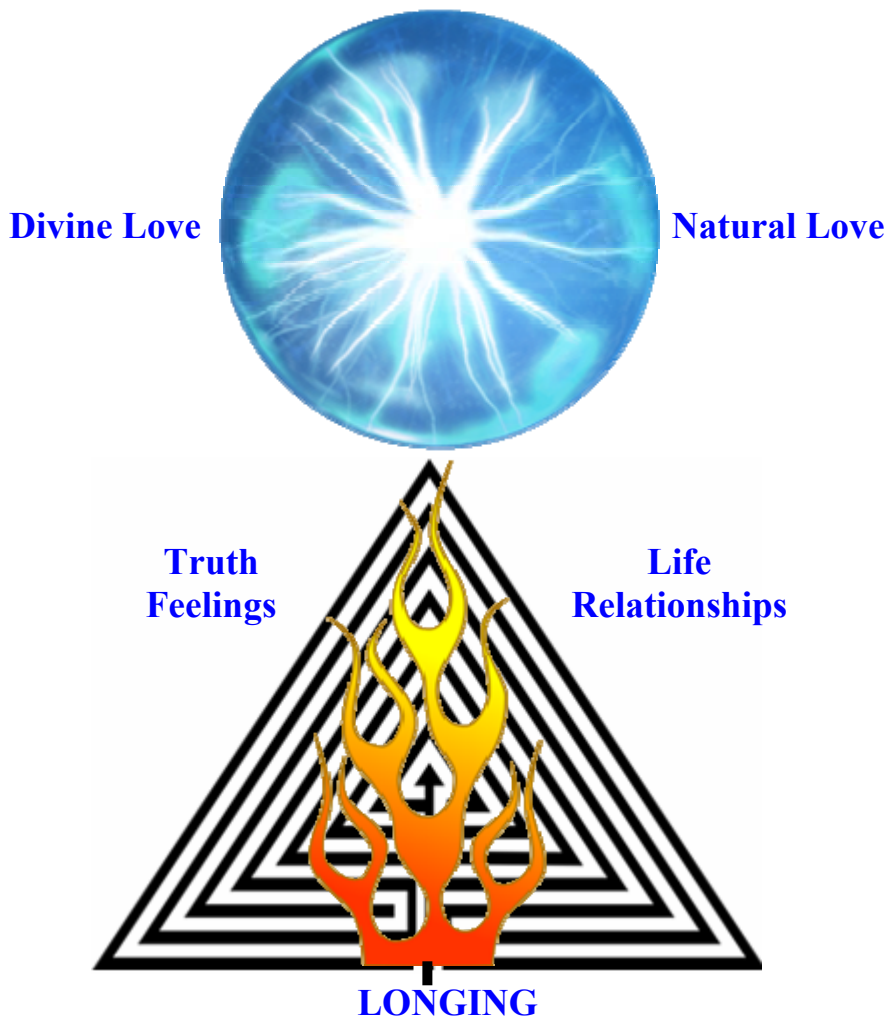
WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

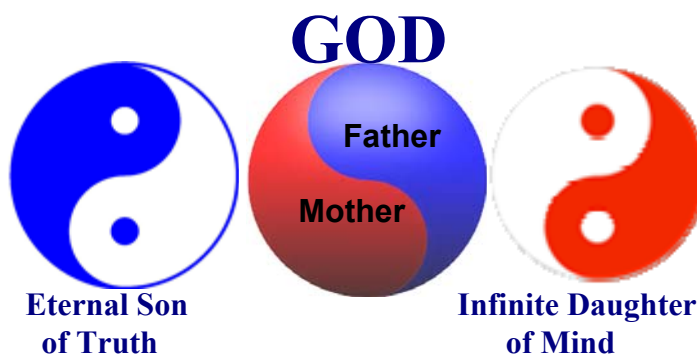
HOW TO GET TO PARADISE:

The Key

- Long for the Divine Love
- Long for the Truth
- Long for the truth of your feelings
- Don't deny any feelings: accept, express and want to know the truth of them
- Know your feelings are the key; your feelings are the Way
- Want to end your falseness and being untrue
- Want to understand the truth of your early life
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
- Want and long to know the whole truth of yourself
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

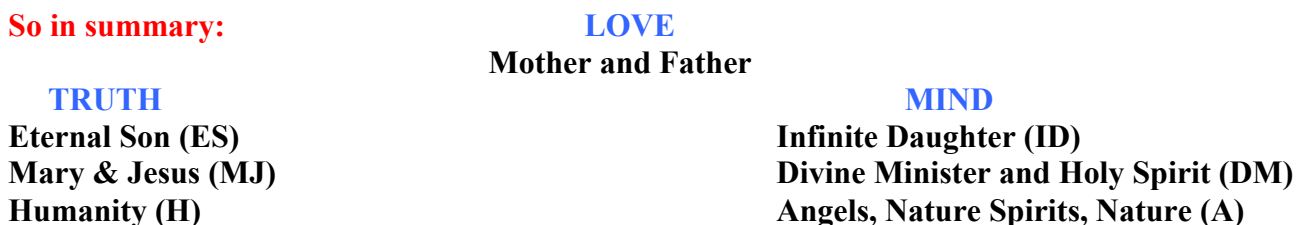
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (DM) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

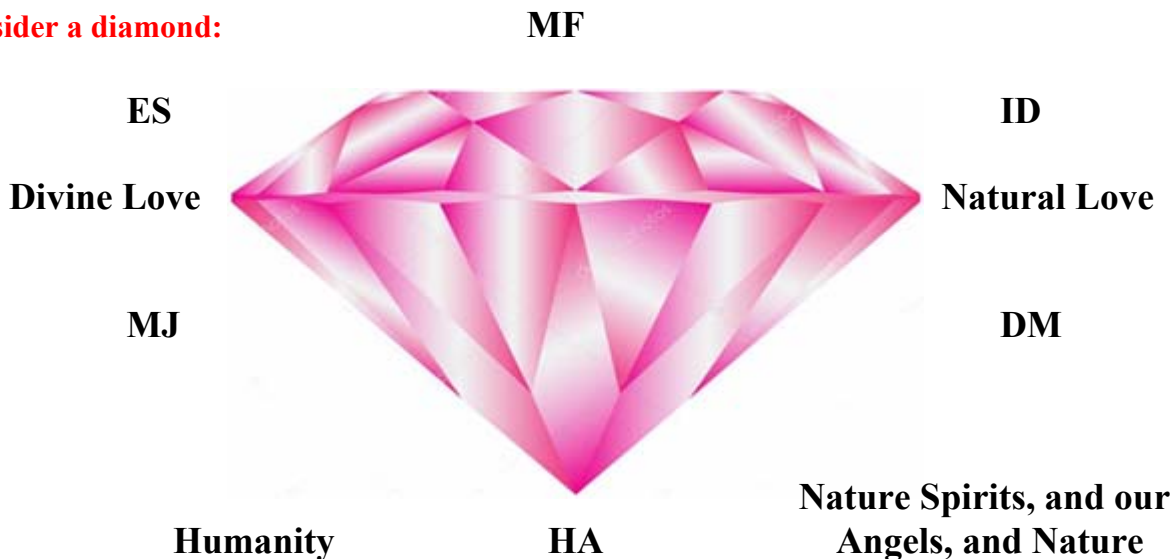
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate / soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

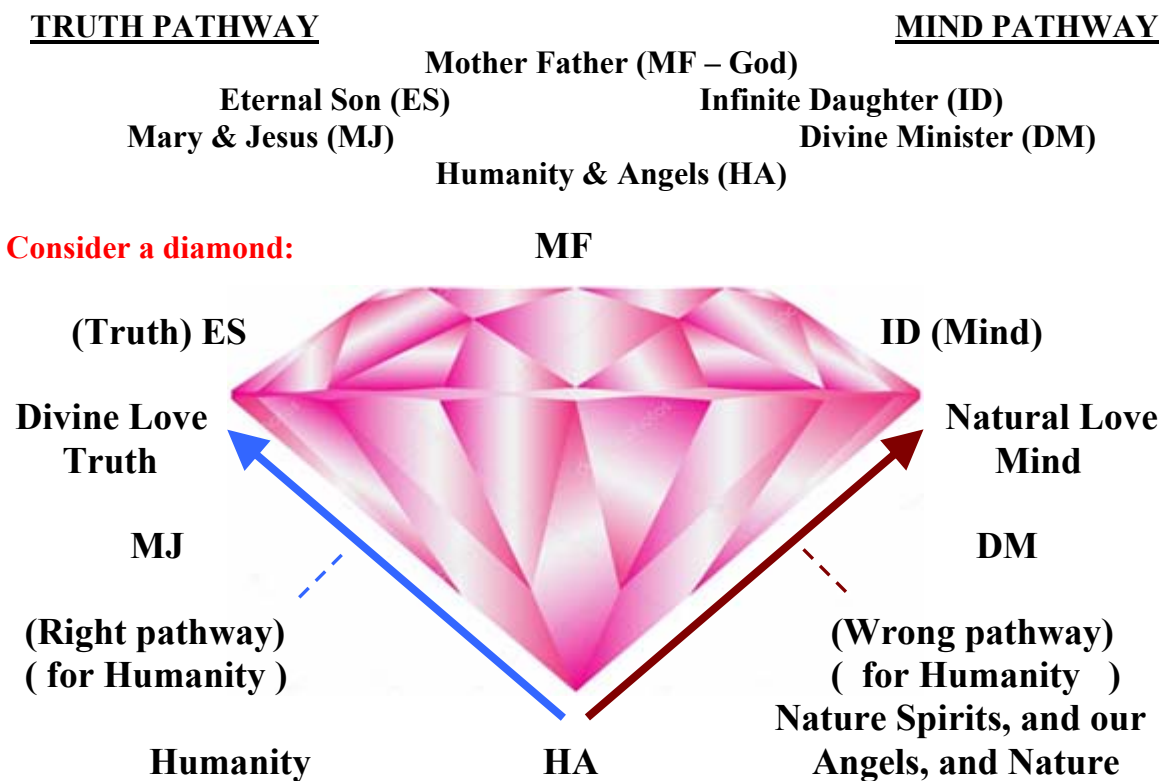
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate / soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

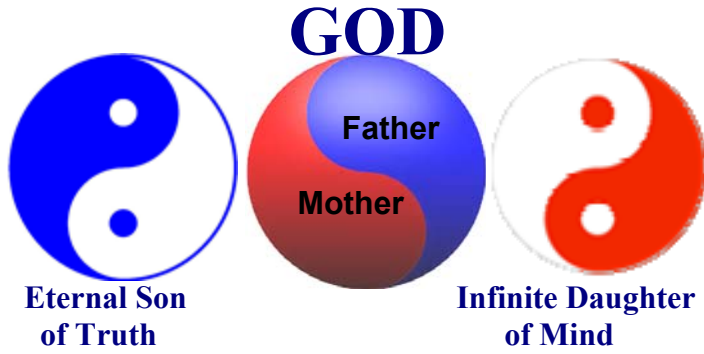
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

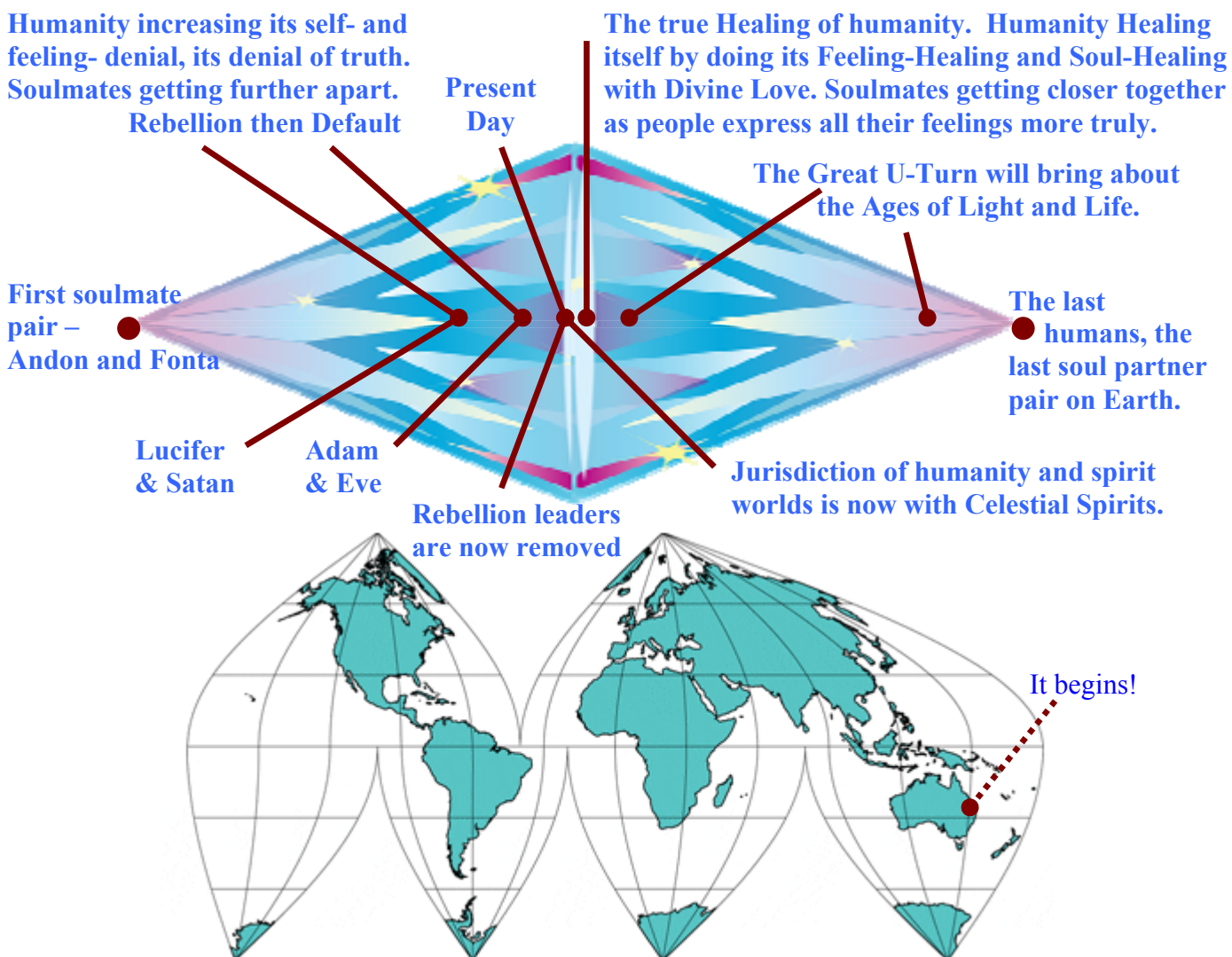
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

(Passage in blue calibrates on the Map of Consciousness at 1,500)

LOVE
is
The New Way, Feelings First Spirituality

Feelings First Spirituality, New Feelings Way, is based on living true to our self through our feelings. Understanding that all we need in life is contained within our soul and is shown to us through our feelings. And by loving our feelings, by attending to them properly (talking or writing them out of us) and not denying them, we can use them to uncover the truth of our self – the truth of our soul.

Feelings First Spirituality is not telling us how to be, that is too controlling and is actually bad for us, limiting your spiritual growth. We can be wholly self-revealing of the truths we need to be, being the person God created us to be, all by living true to our feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

We come to the understanding from our life experiences that how we are is not right, it doesn't make us feel good – that we are wrong in some way. And we want to change our self, we want to become right, true and perfect – we want to be like God is.

And to do this you need to do your Healing

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

THE New Way

Feelings First Spirituality

<p>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</p>

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We only know how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting it in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love
is the key!



**God's Divine Love:
Pray for it, ask for it, and receive it.**

Feeling Healing with
Divine Love is the key



to enter the
Celestial Heavens:

