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Voice to Parliament Aboriginals of Australia

Should the goal of a 'Voice to Parliament' for the Australian Aboriginals be to 'close the gap' then firstly the underlying cause of the gap between the quality of life of aboriginal Australians and new Australians needs to be recognised. Secondly then understanding the underlying cause the pathway to closing the gap also is to be recognised and embraced.

Finally, the pathway forward is not something that others can do for you! The pathway needs to be firstly embraced by the individual and then by the individual's family. Yes, we ALL need a hand up as this pathway is to be recognised, understood and embraced by every individual because this is not only our destiny, it is for each of us our pathway to freedom, truth and love!



Aspiring to Living Feelings First

*Brian Iverach, Dean Rowley, Faizel Hassan, Helen Adam,
Graham Golding, Ian Dowling, Jim Baker, John Doel and
Peter Wildin*

Pascas Foundation (Aust) Limited

Verna, a Nature Spirit, Sunday, 26 May 2019: Humanity is currently making a right mess of the world, you are killing off just as many species as are naturally ending at this time, and mostly you don't give a shit about it. You are so disconnected with nature, you believe you love it because you plant a tree in your garden, however for the most part, even including the primitive and more closely to Earth people, you don't understand anything about it or your true relationship with it. And how can you when you hardly understand anything about yourselves! For the most part you don't even understand that you're in rebellion, that all of your religions and spiritual systems and ways of life are rebellious and working against nature.

You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So, in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

For the most part with the **mind spirits**, you have an absolute rabble who basically have no idea about what your soul needs, what their soul needs, what any of the bigger picture is about, they are living completely in rebellion and default against themselves, against we nature spirits and angels, against Love and the Truth, against our Heavenly Mother and Father. And as they are still wrapped up in their negative power-seeking mind agendas, they decide they are going to try and make contact with a mortal person on Earth. And some people would welcome such contacts and happily say or write whatever it is the mind spirit wants them to say, believing they are understanding 'great things' or are 'earthing great truths' and you know all the rest. Most of which is rubbish and what we call 'spiritual pollution' that serves to at best, further both the wayward mortal and spirits' progression in their rebellion, and at worst gums up the works with disinformation and masses of mind-derived untruth.

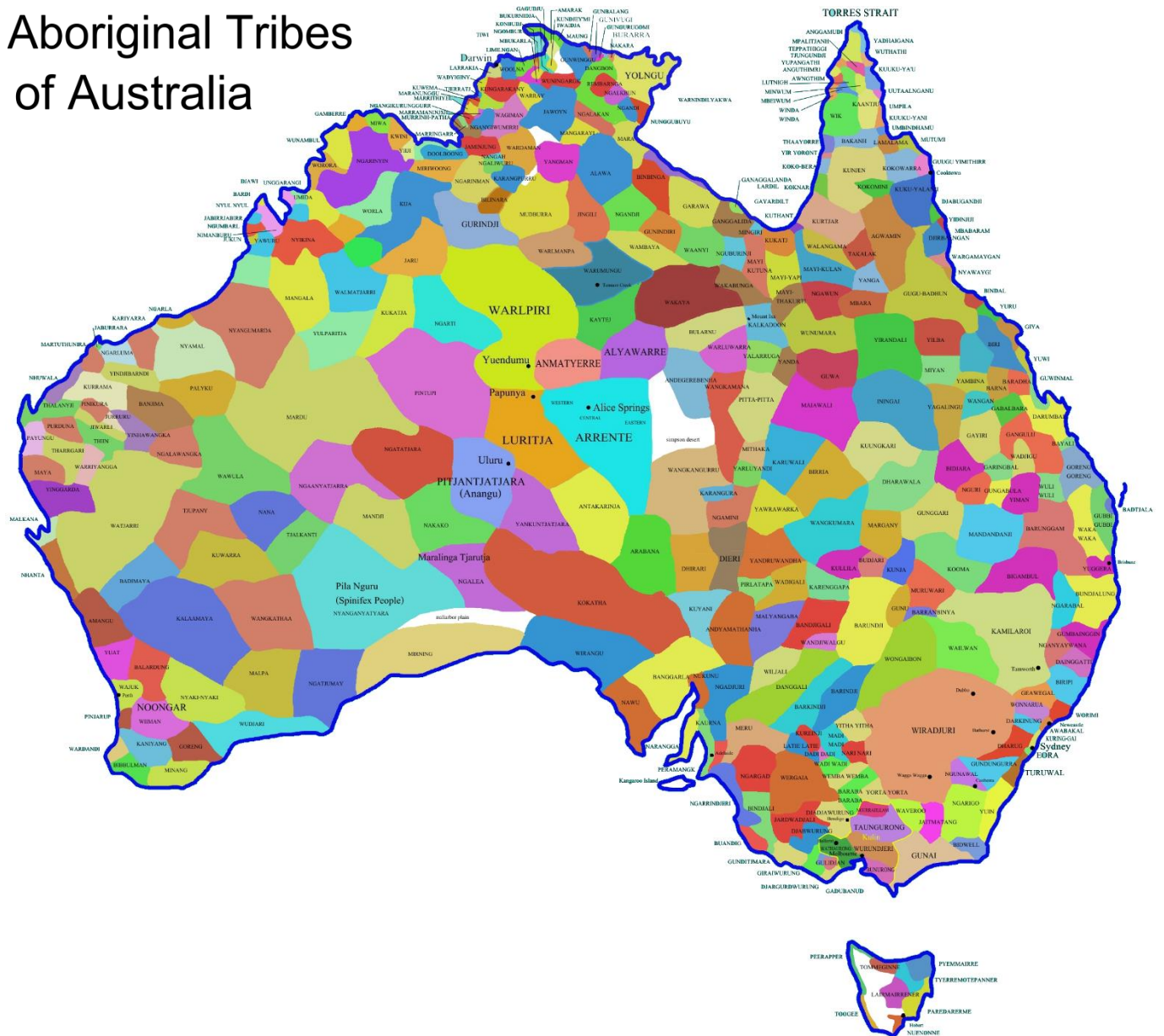
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Up until 22 March 2017 when Celestial Spirits blocked mind Mansion World spirits interference with people in the physical on Earth, all communications had been from mind spirits of the Mansion Worlds. Thus, Aboriginal Dreamtime Stories are mainly mind spirit originated and of a controlling suppressive nature.

“The Gap” between the population overall of Australia and the Aboriginal communities that hold strongly to their traditional customs and heritage is of the consequence of folklore that is suppressing their evolutionary growth in truth and love.



# Aboriginal Tribes of Australia



There are about 500 different Aboriginal peoples in Australia, each with their own language and territory and usually made up of a large number of separate clans.

Aboriginal people belong to Mobs (tribes) and within those are Clans (family groups). There are over 250 Mobs in Australia and even more Clans (some Mobs have upwards of 7 clans). Most Aboriginal people will have a 'moiety,' 'totem' or 'spirit protector' and usually an individual will have more than one – tribal, gender, family, personal.

All Mobs have their own 'Country' with boundaries that are typically marked on trees and by natural landscapes such as a river being a boundary between two neighbouring tribes or clans.

As of a consequence, a member of a nation can only speak for his or her country / nation. No person can speak for more than one nation, let alone for all of them. Thus a 'Voice' needs a voice from each nation to parliament and that requires one from each of more than 250 Aboriginal nations.

As each tribal nation has its own 'spirit protector', culture and customs, the conditions of each nation and its communities can and are very different to each other. However, it is through education that leads to economic development, enhanced quality of health and rising levels of consciousness.



# CLOSING THE GAP ON INDIGENOUS HEALTH



Bob Katter on Q&A (ABC television) re what is needed in remote communities

[https://fb.watch/j\\_xI3YpUAn/](https://fb.watch/j_xI3YpUAn/)

Fresh fruit and vegetable gardens mostly closed in 1991 throughout Australia. Diabetes has shot up and indigenous people's life expectancy in remote communities is 56 years. Fresh is Best!



# CLOSING THE GAP

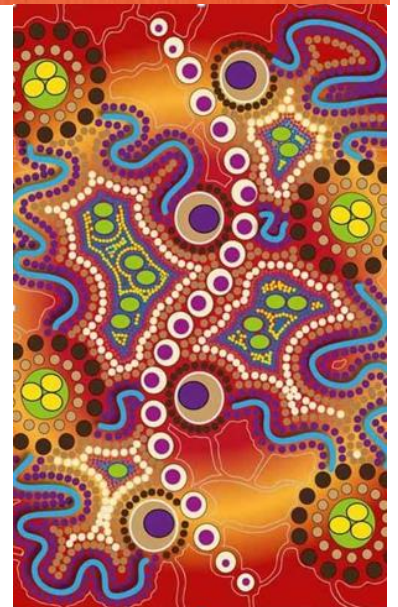


## Psychic Barriers

The Old Testament of the Bible calibrates overall at 190 MoC on Dr David Hawkins' Map of Consciousness (excluding Genesis, Psalms and Proverbs). The lack of truth therein strengthens psychic barriers to limit progress by adherents. (Page 371 Truth vs Falsehood – Dr Hawkins)

Similarly, the Dreamtime Stories of old adhered to by Australian Aboriginals find their personal progress and evolution hampered by these stories as generally the stories calibrate at around 180 MoC.

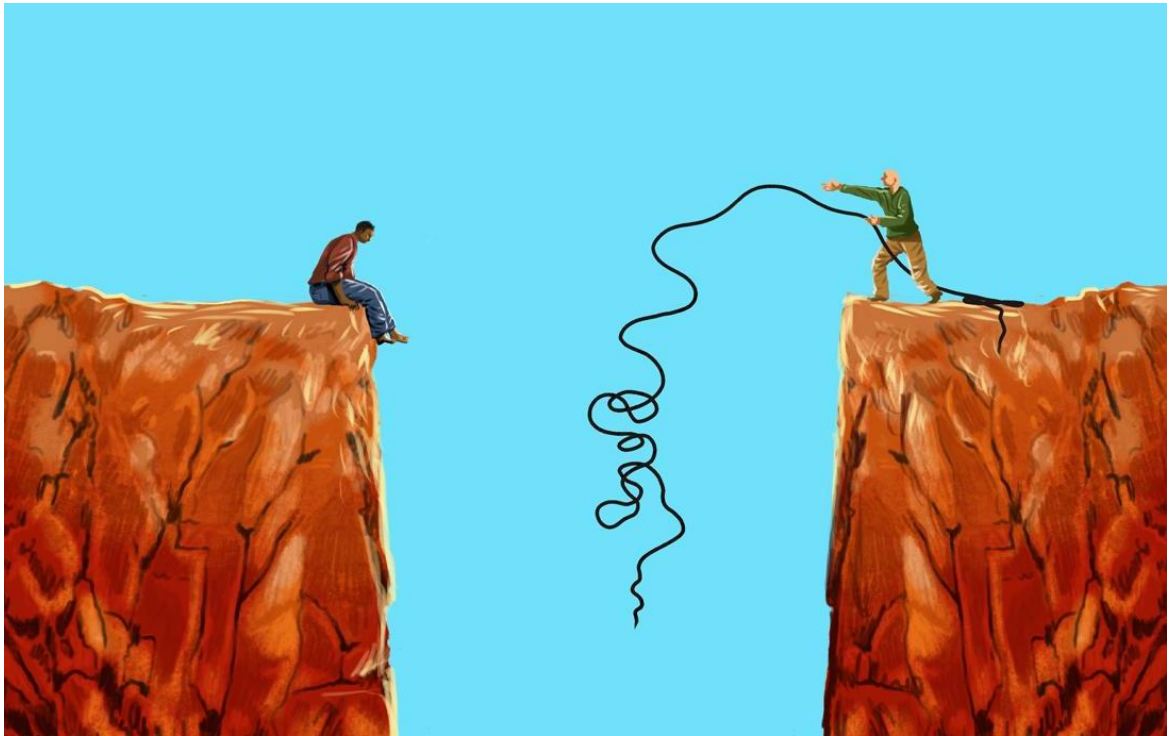
Personalities calibrating below 200 MoC dominate the social issues that Aboriginal communities seek assistance with when it is their adherence to ancient traditions and beliefs that are the psychic barriers to progress, solutions and development by their societies.



## Aboriginal Dreamtime Stories



**The gap cannot be bridged or closed while the underlying cause is not understood, let alone know how to bridge across to the pathway!**





## THE OVERREPRESENTATION PROBLEM: FIRST NATIONS KIDS ARE 26 TIMES MORE LIKELY TO BE INCARCERATED THAN THEIR CLASSMATES

<https://www.amnesty.org.au/overrepresentation-explainer-first-nations-kids-are-26-times-more-likely-to-be-incarcerated/#:~:text=This%20shameful%20reality%20is%20even,in%20these%20statistics%20about%20prison.>

8 September 2022

In Australia, we like to think of ourselves as giving everyone a fair go. We're told no matter who you are, or where you come from, if you work hard, and stick to it, you can achieve anything. Sadly, the reality is that not everyone gets the same chance to thrive.

Kids don't belong in prison.

What is overrepresentation?

Just like any other group, the vast majority of Aboriginal and Torres Strait Islander people will never get in trouble with the law. However, despite making up only 2% of the general population, they make up 26% of the prison population and are 10 times more likely to be locked up than other Australians.

This shameful reality is even greater for Aboriginal and Torres Strait Islander children, who are 26 times more likely than their peers to be incarcerated.

That's why we call it overrepresentation – there are too many First Nations people represented in these statistics about prison. Aboriginal and Torres Strait Islander people are the most incarcerated people in the world.

Why does Australia have such a big problem with overrepresentation?

When we talk about overrepresentation, it's important to make one thing very clear: the biggest factor bringing First Nations people into contact with the criminal justice system is traced back to a historical disadvantage.

Australia's shameful colonial history – from British invasion, to the theft of Aboriginal land, to genocide, the rejection and repression of Aboriginal culture, social exclusion, imprisonment, slavery, the stolen generation, extreme racism and forced poverty – continues to hold First Nations people back in almost every facet of life.

The ongoing impacts of colonisation and racism are a large part of the reason First Nations kids have more contact with police, courts and prisons. And they continue to face injustices across housing, healthcare, schools, our workplaces – everywhere.

No one should lose their childhood to a racist criminal justice system.

What's the deal with locking up kids?

In Australia, the age of criminal responsibility is **10-years-old**. This is the age set by our governments that allows a child to be arrested, charged, tried in court, sentenced and imprisoned.

If that sounds pretty young, that's because it is.

Australia has one of the youngest ages of criminal responsibility in the world. The UN, scientists, medical experts, First Nations leaders and legal professionals have **all agreed** that prison is no place for a child.

Prison don't address the causes of problematic behaviour, and they don't reduce recidivism.

If prison isn't the answer, what is?

The criminal justice system is like quicksand. Once you're in, it's very difficult to get out.

When a child comes into contact with the criminal justice system they enter a never-ending cycle of trauma, harm and violence. Kids who interact with the criminal justice system are three times more likely to reoffend.

That's not good for the kids, and it's not good for crime rates. So, what's the alternative?

Beyond **raising the age**, it's justice reinvestment.

There is a record amount of money being spent on prisons and police, and very little being spent on evidence-based diversion programs that actually work. Unlike harmful punitive approaches, diversion programs are community-led and designed to divert kids away from the criminal justice system by providing culturally appropriate support to break the cycle of incarceration.

And the good news?

These programs already exist all over the country. Time and time again, First Nations-led diversion programs have proved themselves successful in keeping kids out of the criminal justice system. A lot more successful than detention or prison.

It doesn't make sense for the government to continue to direct funding and resources into putting kids behind bars when we know that it doesn't work. **Investing in First Nations-led community based programs is the better solution.**







Judge: Son, what were you thinking?

Son: Well Judge, that was the problem. I was thinking just like mum and dad taught me, but now I know my mind cannot discern truth from untruth, is addicted to untruth and control over others! Our mind is not our moral compass. **Our moral compass is our feelings!**

### MORAL COMPASS

Our 'gut feelings' are our soul promptings of truth and love!



# VOICE





## What I learnt from an Aboriginal Elder

<https://www.spectator.com.au/2022/12/what-i-learnt-from-an-aboriginal-elder/>

Steven Tripp

13 December 2022

*Recently, I sat down to interview an Aboriginal Elder from South Australia for the ExCandidates podcast, of which I am a host. Her name is Kerry White, a former nurse and diabetes educator from the Narungga people. The aim of the interview was to determine her views regarding the Indigenous Voice to Parliament.*

*It was a fascinating interview because it completely deconstructed many fundamental aspects of the current 'narrative' surrounding the Aboriginal people.*

*I say 'Aboriginal' because even during the pre-interview phone call I had with Kerry, I made the mistake of using the term 'Indigenous'.*

*With no hint of hesitation, Kerry quickly corrected my error and informed me that Aboriginal people prefer to be called Aborigines.*

*I asked her to expand on this during the interview.*

*Kerry explained that Indigenous were '...anyone native to Australia. Including flora and fauna. If you're born in Australia, you're Indigenous.'*

*'The other term that they use for us is First Nations,' Kerry went on to say. 'First Nations – that's Canadian. We are not Canadian. We are Aboriginal. We are from Australia and the Torres Strait.'*

*Why did we move away from the term Aborigines in the first place? Was it a fear of political correctness? Obviously, we were not listening to Elders such as Kerry White. Instead, we have chosen to listen to Woke activists, university lecturers, and inner city elites.*

*Kerry then went on to explain the divide between Aboriginal ‘mobs’ in rural/remote areas, compared to mobs in city areas.*

*‘When it comes to Aboriginal people, we have two separate lots,’ she began, educating us again. ‘We have a lot of Aboriginal mobs. Not tribes, not clans. Mobs. That’s an Aboriginal term. [The mobs] are divided into two. And that is rural and remote, and that is separate from the city-ites.’*

*Could this explain the clear difference in message between Senators Jacinta Nampijinpa Price and Lidia Thorpe, who grew up in Alice Springs and Melbourne respectively?*

*How will an Indigenous Voice to Parliament adequately represent the concerns of this divide?*

*Kerry went on to teach us another Aboriginal term – ‘tick-a-boxers’. These represented the people who claimed to be Aboriginal when it is clear they are not. Recent census data points to this.*

*Since the 1971 census, the number of people identifying as Aboriginal or Torres Strait Islander has risen from 116,000 to over 800,000 – a 590 per cent increase. Even from 2016 to 2021, the national population increased by 8 per cent, but the Indigenous population increased by 23 per cent.*

*‘There should be some form of identification. Proof that these people claiming to be Aboriginal are actually Aboriginal,’ Kerry began, before recalling how almost twenty years ago, the government scrapped the need for someone to obtain proof that they were Aboriginal.*

*‘So, if you want to be Aboriginal, all you had to do is tick the box.’*

*Kerry pointed out that the word Indigenous is included in the official wording of the proposal – the ‘Indigenous Voice to Parliament’. Therefore, one wonders, would*

*simply 'ticking a box' to indicate you were Indigenous suffice to be recognised by the new body? What can of worms would that unleash?*

*It must be frustrating for an Elder like Kerry. How many times have true Aboriginal Elders been asked to comment or contribute to the debate on The Voice? According to Kerry, it is yet to happen for anyone in her community.*

*For Kerry, her feelings on the Voice to Parliament are clear.*

*'It's a no from me. I say no to The Voice. I don't want it,' she replied pointedly.*

*'We, the Aboriginal people from rural and remote Australia do not want it.*

*'A bit over two hundred years ago, they rounded Aboriginal people up and locked them on missions. So Aboriginal people were segregated from White society. Then we come forward to now – "The Voice" – and they're segregating us again. They're taking us back two hundred years.*

*'You're dividing the country again, it's back to segregation. And frankly, it's racist towards our White brothers and sisters that live in this land with us.'*

*Furthermore, Kerry makes the argument that Aborigines are already over-represented in Parliament, thus nullifying the need for a new body such as the Voice.*

*'We have eleven Aboriginal members in Parliament, in the Upper and Lower house.' Kerry begins. 'That equates to 4.9 per cent representation, Aboriginal representation in Parliament. For 3.2 per cent of the population. With that, we actually have over-representation in Parliament. So why would we need a Voice? Unless they're saying that our Parliamentary members are not doing their job.'*

*Does Kerry reflect the thoughts and feelings of all Aboriginal people? Should her statements and explanations concerning Aboriginal people be taken as gospel? Of course not. But that is the point. Can a 'Voice' to Parliament represent all the varying 'voices' of Aboriginal Australia?*

*More importantly, is the debate on the Voice taking the focus off the true needs of Aboriginal people? As a nurse, Kerry is well-versed in the issues facing Aboriginal people, especially in remote communities.*

*'With Aboriginal people, it's mostly linked to diabetes. We have a high rate of diabetes amongst Aboriginal people.'* Kerry explains.

*'Heart problems. That began to rise about fifteen years ago. They don't have access to medical care out there. They don't have health centres and doctors and all that. They don't have it. They've got to travel sometimes 3-4 hours to get to a doctor, or medical treatment if something should happen out there.'*

*Kerry White joins Senator Jacinta Nampijinpa Price, along with Senator Pauline Hanson of One Nation, in speaking out against the Voice to Parliament. Their message also stresses the need to unify the Nation, not to divide it along the lines of race. You would think that a study of history would compel anyone to agree.*

*We already have Parliaments at local, state, and federal levels that attempt to address all the 'voices' of society.*

*According to Kerry White, Senator Price, and surely many other Aboriginal people, this is the way it should remain.*

*For me, the lesson was that it is always best to go straight to the source, and avoid the mainstream 'narrative'.*

*Steven Tripp is a former One Nation candidate for Warringah – Sydney*



# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love that has been hidden from us.

We are to discover that our feelings are our truth.

We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE



**NO CAST, NO COLOR,  
NO CREED AND NO CASH**



**Worst thing for our children are their parents!  
We are in Pain because of our Unloving Childhood!**

The **VOICE** is to have a purpose and direction:

Aboriginal and Torres Strait Islanders already have a voice to parliament and it has been established, and exercised, in the traditional way of joining all other Australian voters to elect Members of Parliament

As Kerry White, Aboriginal Elder from South Australia, detailed in her interview with the Spectator 3rd December 2022 "We have eleven Aboriginal members in Parliament, in the Upper and Lower house, that equates to 4.9% representation in Parliament for 3.2% of the population. With that, we actually have over representation in Parliament. So why do we need a Voice?:"

A meaningful and influential Voice already exists that is fair and transparent, and available to all Australian voters.

## Profile of Indigenous Australians

<https://www.aihw.gov.au/reports/australias-health/profile-of-indigenous-australians>

Population size and location: In 2016, an estimated 798,400 Aboriginal and Torres Strait Islander people were in Australia, representing 3.3% of the total Australian population (ABS 2019b).

Among the Indigenous Australian population in 2016:

- 91% identified as being of Aboriginal origin (an estimated 727,500 people).
- 4.8% identified as being of Torres Strait Islander origin (an estimated 38,700 people).
- 4.0% were of both Aboriginal and Torres Strait Islander origin (an estimated 32,200 people) (ABS 2018a).

Based on the Australian Bureau of Statistics (ABS) projections, the number of Indigenous Australians in **2022 was estimated to be around 896,300**. The Indigenous Australian population is projected to reach about 1.1 million people by 2031 (ABS 2019c). Aboriginal population of Australia MoC 290

## Population – Australian Bureau of Statistics

<https://www.abs.gov.au/statistics/people/population>

Australia's population was **25,978,935 people** at 30 June 2022.

## Australia Population (2023) – Worldometer

<https://www.worldometers.info/world-population/au...>

The current population of Australia is **26,253,734** as of Saturday, January 21, 2023, based on Worldometer elaboration of the latest United Nations data.

Australian population overall

MoC 415

## Aboriginal Dreamtime Stories

MoC 280

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

| <b>MAP of CONSCIOUSNESS</b>                                                                               | <b>MoC</b>    | <b>calibrations</b>                                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| God, our Heavenly Mother and Father                                                                       | Infinity      | Location being Isle of Paradise                                                                                                                     |
| Celestial Heavens peak                                                                                    | <b>1,500</b>  | 3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)                                                                            |
| Feeling Healing / Divine Love teachings                                                                   | 1,480 – 1,500 | 3 <sup>rd</sup> Celestial Heaven spirit guided                                                                                                      |
| Now at one with Heavenly Parents                                                                          | 1,081         | 1 <sup>st</sup> Celestial Heaven entry at Jerusem                                                                                                   |
| Feeling Healing with Divine Love                                                                          | 1,080         | 7 <sup>th</sup> Divine Love transitional sphere to Heavens                                                                                          |
| Natural Love peak                                                                                         | <b>1,000</b>  | 6 <sup>th</sup> spirit Mansion World peak– can't go further!                                                                                        |
| Pascas Papers                                                                                             | 880 – 920     | Perceived truth – potential truth 1,480                                                                                                             |
| Pascas WorldCare (as a platform)                                                                          | 880           | 5 <sup>th</sup> spirit Mansion World healing + Divine Love.                                                                                         |
| Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs) | 880           | 4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings. |
| Koran                                                                                                     | 700           | 4 <sup>th</sup> spirit Mansion World equivalent.                                                                                                    |
| Torah                                                                                                     | 550           | First five books of the 24 books of the Tanakh.                                                                                                     |
| Cookies made for Family                                                                                   | 520           | Made with love (this supports cooking shows).                                                                                                       |
| Enter EITHER natural or divine pathway                                                                    | <b>500</b>    | 2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.                                                                           |
| Peak of mind total orientation                                                                            | 499           | 1 <sup>st</sup> spirit Mansion World peak.                                                                                                          |
| King James Bible (from the Greek)                                                                         | 475           |                                                                                                                                                     |
| Roman Catholic Church                                                                                     | 450           | Church (worldwide) – mind controlled – reason.                                                                                                      |
| Home cooked sea fish + organic salad                                                                      | 410           |                                                                                                                                                     |
| Home roasted free range chicken + salad                                                                   | 410           |                                                                                                                                                     |
| Wine or Beer                                                                                              | 330           | (in moderation!)                                                                                                                                    |
| Roman Catholicism administration                                                                          | 305           | As an institution in year 2004.                                                                                                                     |
| Tea green                                                                                                 | 300           |                                                                                                                                                     |
| <b>Humanity</b>                                                                                           | <b>212</b>    | The population of the world overall.                                                                                                                |
| Vegetarianism                                                                                             | 205           |                                                                                                                                                     |
| Muesli                                                                                                    | 205           | Above 200 is pro-life – positive.                                                                                                                   |
| <b>Food</b>                                                                                               | <b>200</b>    | <b>At this level and above food is life enhancing.</b>                                                                                              |
| Food, Commercial Pet                                                                                      | 192 – 202     | Below 200 is anti-life – negative.                                                                                                                  |
| Food, Commercial Machine-made                                                                             | 188 – 200     | Energy dense but nutrition poor.                                                                                                                    |
| Black Tea                                                                                                 | 185           | Refining of most foods removes nutrients.                                                                                                           |
| Percolated Coffee / Cappuccino / etc                                                                      | 165           |                                                                                                                                                     |
| Corn Flakes                                                                                               | 85            |                                                                                                                                                     |
| Fish (living in ocean)                                                                                    | 20            |                                                                                                                                                     |
| Bacteria                                                                                                  | 1             |                                                                                                                                                     |

# **A Nation's Persona! National Psychic Barrier**

Psychic barriers are very real and seldom considered. We are each indoctrinated with our parents' customs, practices, beliefs and way of living yet we rarely question any of these life forming pathways – so then we do the same to our own children. This is how it has been for many thousands of years – these are all psychic barriers.

We are being indoctrinated with new ones – evidence-based best practice and follow the science.

Science is the pinnacle of mind-centricity. It is the ultimate worship of the mind. Read any scientific research paper and count the number of assumptions it is based upon. Simply taking note of your own experiences, you may discover the error rate of assumptions is around 98%. We find many assumptions within every scientific research paper.

Evidence-based best practice. Someone must define what is the 'best' and then are we stuck with that limitation for generations to come?

The reason why we cannot 'close the gap' on anything is that mind created systems are universally flawed. We need to allow our feelings to have centre stage and then for our minds to assist in implementing what our feelings are guiding us to consider. We are too long for the truth behind what our feelings are revealing to us.

Many of the Australian aboriginals have moved away from their cultural heritage to varying degrees and integrated into mainstream society seamlessly. Many have leadership roles which the whole of the Australian society accept and respect. These are mostly people who have freed themselves of the customary practices and explored and embraced a freedom of their personal preference – as we are all to do.

Our Australian Aboriginals reflect often on Aboriginal Dreamtime Stories. Their origins are the same as spirit generated communications worldwide. When we each pass over into the spirit Mansion Worlds, our capabilities are exactly the same as that which we had the day before we left our physical body. Our intelligence and knowledge remains exactly the same. We go on having experiences like how it was for us in the physical world, we continue learning from our experiences. Some of us are much more open to recognising and receiving communications from spirit personalities. However, most communications are little different to that we experience from talking to companions at any social gathering! These stories grow in mystery and mastery as we embellish them in our re-telling.

## **Aboriginal Dreamtime Stories**

MoC 280

Dr David R Hawkins, psychiatrist, published the Map of Consciousness (MoC) in "Power vs Force" and it is not a lineal scale, it is based on the common log of ten, a 10 point increase is 10,000,000,000 increase in energy. Anything calibrating under 200 is false, anti-life and just needs to be avoided, yet the majority of humanity calibrates under 200 – hence worldwide crime, stress and disasters prevail.

The Bible of Christianity calibrates around MoC 475. The Pascas Papers calibrate at a perceived level of truth of 880 to around 920, with a general potential level for truth of 1,480.

## Questionable Scriptures and Notes on the Christian Bible

|                    |     |
|--------------------|-----|
| Old Testament      | 190 |
| Book of Revelation | 70  |

### Calibration of Verses of the Old Testament

|                              |                              |
|------------------------------|------------------------------|
| 60% calibrate over 200       | 20% calibrate at 600 or over |
| 50% calibrate over 300       | 10% calibrate at 700 or over |
| 50% also calibrate over 400  | 2% calibrate at 800          |
| 30% calibrate at 500 or over | 10 verses calibrate at 1,000 |

### Scriptures and Spiritual Writings

|                                                                                                           |     |                                              |     |
|-----------------------------------------------------------------------------------------------------------|-----|----------------------------------------------|-----|
| Abhinavagupta (Kashmir Shaivinism)                                                                        | 655 | Doctrine and Covenants: Pearl of Great Price | 455 |
| <i>A Course in Miracles</i> (workbook)                                                                    | 600 | Genesis (Lamsa Bible)                        | 660 |
| <i>A Course in Miracles</i> (textbook)                                                                    | 550 | Gnostic Gospels                              | 400 |
| Aggadah                                                                                                   | 645 | Gospel of St. Luke                           | 699 |
| Apocrypha                                                                                                 | 400 | Gospel of St. Thomas                         | 660 |
| Bodhidharma Zen Teachings                                                                                 | 795 | Granth Sahib-Adi (Sikhs)                     | 505 |
| Bhagavad-Gita                                                                                             | 910 | Heart Sutra                                  | 780 |
| Book of Kells                                                                                             | 570 | Huang-Po Teachings                           | 960 |
| Book of Morman                                                                                            | 405 | Kabbalah                                     | 605 |
| Cloud of Unknowing                                                                                        | 705 | King James Bible (from the Greek)            | 475 |
| Dead Sea Scrolls                                                                                          | 260 | Koran                                        | 700 |
| Dhammapada                                                                                                | 840 | Lamsa Bible (from the Aramic)                | 495 |
| Diamond Sutra                                                                                             | 700 |                                              |     |
| Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs) | 880 | Psalms (Lamsa Bible)                         | 650 |
| Lao Tsu: Teachings                                                                                        | 610 | Proverbs (Lamsa Bible)                       | 350 |
| Lotus Sutra                                                                                               | 780 | Ramayana                                     | 810 |
| Midrath                                                                                                   | 665 | Rhubyat of Omar Khayyam                      | 590 |
| Mishneh                                                                                                   | 665 | Rig Veda                                     | 705 |
| New Testament (King James Version after deletion of the Book of Revelation)                               | 790 | Talmud                                       | 595 |
| New Testament (King James Version from the Greek)                                                         | 640 | Tibetan Book of the Dead                     | 575 |
| Nicene Creed                                                                                              | 895 | Torah                                        | 550 |
|                                                                                                           |     | Trinity (concept)                            | 945 |
|                                                                                                           |     | Upanishads                                   | 970 |
|                                                                                                           |     | Vedanta                                      | 595 |
|                                                                                                           |     | Vedas                                        | 970 |
|                                                                                                           |     | Vijnane Bhairava                             | 635 |
|                                                                                                           |     | Yoga Sutras, Patanjali                       | 740 |
|                                                                                                           |     | Zohar                                        | 905 |

### Correlation of Levels of Consciousness and Societal Problems

| Level of<br>Consciousness | Rate of<br>Unemployment | Rate of<br>Poverty | Happiness Rate<br>"Life is OK" | Rate of<br>Criminality |
|---------------------------|-------------------------|--------------------|--------------------------------|------------------------|
| 600+                      | 0%                      | 0.0%               | 100%                           | 0.0%                   |
| 500-600                   | 0%                      | 0.0%               | 98%                            | 0.5%                   |
| 400-500                   | 2%                      | 0.5%               | 70%                            | 2.0%                   |
| 300-400                   | 7%                      | 1.0%               | 50%                            | 5.0%                   |
| 200-300                   | 8%                      | 1.5%               | 40%                            | 9.0%                   |
| 100-200                   | 50%                     | 22.0%              | 15%                            | 50.0%                  |
| 50-100                    | 75%                     | 40.0%              | 2%                             | 91.0%                  |
| <50                       | 97%                     | 65.0%              | 0%                             | 98.0%                  |

The lower one's level of consciousness is the lower one's life expectancy is, the lower one's income is, and the more likely we may end up in a prison!

Generally speaking, it may be considered that an Australian Aboriginal is around 12 times more likely to end up in a prison than a new Australian. Australians overall calibrate around MoC 415 and the Australian Aboriginals calibrate around MoC 290, however the Australian Aboriginals who live clustered together in small remote communities typically calibrate around MoC 190. The above chart tells the story – high criminality prevails – and that story is the same all around the world.

It has come this time in history that all psychic barriers and family traditional customs and norms are to be confronted, questioned, tested and put to the sword as appropriate. We will each come to the realisation that generations before us did not know any better and accepted what had been accepted by their parents, and their parents before them. All is based on our mind's determinations and they are flawed by the limitations of our mind which cannot discern truth from falsehood, is addicted to untruth and also addicted to control, control over others and the environment around us. This is entrenched by our teachers, by our spiritual leaders, by our employers and by the multiple layers of government who we are subjected to, none knowing any better than others. It is our feelings, our soul-based feelings that are always in truth and love – these we are taught to suppress!

This erroneous way of living was imposed upon us by high level spirit personalities who wanted to keep us subjected to their personal agendas.

There is no greater controlling agent than our parents. It is our parents' controlling addictions that is the elephant in the room.

Through our parents' controlling addiction we each end up calibrating on the map of consciousness at the same level as one or the other of our parents, thus humanity continues to not grow in truth and love. A perfect controlling mechanism imposed upon us by hidden controllers two hundred thousand years ago!

Now we are to put that all aside and it is an enormous task that will take all of the next one thousand years – the coming Avonal Age.

## Torres Strait Island Regional Council – mostly Aboriginal populations:

Empowering our people, in our decision, in our culture, for our future

<http://www.tsirc.qld.gov.au/our-region/torres-strait/geographical-location-and-map>

| <b><u>TORRES STRAIT POPULATION</u></b> |                      | <b>MoC</b>         | <b>MoC</b> |
|----------------------------------------|----------------------|--------------------|------------|
|                                        | <b>Population No</b> | <b>Calibration</b> |            |
| <b>Eastern Islands</b>                 |                      |                    |            |
| Mer (Murray Island)                    | 450                  | 193                |            |
| Erub (Darnley Island)                  | 400                  | 190                |            |
| Ugar (Stephen or Stephens Island)      | 80                   | 175                |            |
|                                        | 930                  |                    | 188        |
| <b>Central Islands</b>                 |                      |                    |            |
| Iama (Yam or Turtle-backed Island)     | 350                  | 180                |            |
| Masig (Yorke Island)                   | 180                  | 174                |            |
| Warraber (Sue Island)                  | 250                  | 175                |            |
| Puruma (or Poruma) (Coconut Island)    | 180                  | 172                |            |
|                                        | 960                  |                    | 178        |
| <b>Western Islands</b>                 |                      |                    |            |
| Badu (Mulgrave Island)                 | 900                  | 180                |            |
| Moa (Banks Island) Kubin Community     | 350                  | 176                |            |
| Moa (Banks Island) St Pauls Community  | 240                  | 175                |            |
|                                        | 1,490                |                    | 177        |
| <b>Southern Islands</b>                |                      |                    |            |
| Waiben (or Wayben) (Thursday Island)   | 2,610                | 205                |            |
| Keiri (or Kiriri) (Hammond Island)     | 220                  | 188                |            |
| Nurupai (or Ngurupai) (Horn Island)    | 600                  | 195                |            |
| Muralag (Prince of Wales Island)       | 20                   | 180                |            |
|                                        | 3,450                |                    | 195        |
| <b>Northern Islands</b>                |                      |                    |            |
| Saibai (Saibai Island)                 | 400                  | 176                |            |
| Boigu (Talbot Island)                  | 260                  | 175                |            |
| Dauan (Mt Cornwallis Island)           | 150                  | 174                |            |
|                                        | 810                  |                    | 175        |
| <b>Cape York communities</b>           |                      |                    |            |
| Bamaga                                 | 800                  | 179                |            |
| Seisia                                 | 165                  | 177                |            |
|                                        | 965                  |                    | 178        |
|                                        | <u>8,605</u>         | <u>8,605</u>       | <u>194</u> |
| <b>Torres Strait Population:</b>       |                      |                    |            |
| Indigenous / native + PNG population   | 84.0%                |                    |            |
| Non-indigenous / white population      | 16.0%                |                    |            |
|                                        | <u>100.0%</u>        |                    |            |
| <b>Northern Territory</b>              |                      |                    |            |
| Katherine                              | 10,000               | 199                |            |
| Tennant Creek                          | 3,100                | 204                |            |
| Alice Springs                          | 25,200               | 218                |            |
| <b>Australia (overall)</b>             |                      |                    | <u>415</u> |

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, scroll down to Kids of the World and click on to open the PDF:

 [Pascas Care Kids of the World Communities Torres Strait.pdf](#)

 [Pascas Care Letters Homelessness.pdf](#)

# Illness need not occur!

If you want to experience illness then ignore Childhood Suppression!

If you prefer to experience mental illness, cancer or any of the more than 10,000 illnesses, diseases, pains and discomforts, then continue with suppressing your emotional injuries and erroneous beliefs. That is, continue with suppressing your feelings and living mind-centric – just like how our parents and carers taught us to live.

The elephant in the room is our Childhood Suppression! Suppression of our true personality begins at the moment of our conception and relentlessly continues through to age of six years.

From conception we are being infused with our parents and carers emotional injuries and errors of belief. It is through the pattern of these emotional errors that we then go on and live our lives whilst manifesting our illnesses through these distortions to our soul light that circulates from and through our soul, spirit body and physical body and back.

We are to change the way we live. We are to aspire to living Feelings First. Then we are to embrace our Feeling Healing. We are to express our Feelings, both good and bad, to a companion, whilst all the time longing to know the truth behind those feelings and also then express them – layer after layer. The truth that comes up in us from our feelings allows us to perceive, so ‘see’ deeper into ourselves and each other.

We are to replace in some way all the gunk (withheld emotions and erroneous beliefs) that are clogging up our mind. One feeling leads to another, like a cascade of feelings with us falling deeper and deeper into ourself. We will always come to understand a little more with each feeling being expressed.

When we are completely healed of our Childhood Suppression we have no further need to experience illness, diseases, pain, discomfort or mental illness. This we can achieve while living in the physical!

We created our illnesses and social issues by being in Rebellion against ourselves, our soul and our Heavenly Mother and Father. Now we can step away from this hellish way of living!





# LIFE EXPECTANCY – AUSTRALIAN ABORIGINALS

[https://ctgreport.niaa.gov.au/life-expectancy#:~:text=In%202015%E2%80%932017%2C%20Indigenous%20life,females\)%20\(Figure%207.2\).](https://ctgreport.niaa.gov.au/life-expectancy#:~:text=In%202015%E2%80%932017%2C%20Indigenous%20life,females)%20(Figure%207.2).)

Target

**Close the life expectancy gap within a generation (by 2031)**

## Key points

- In 2015–2017, life expectancy at birth was 71.6 years for Indigenous males (8.6 years less than non-Indigenous males) and 75.6 years for Indigenous females (7.8 years less than non-Indigenous females).
- Over the period 2006 to 2018, there was an improvement of almost 10 per cent in Indigenous age-standardised mortality rates. However, non-Indigenous mortality rates improved at a similar rate, so the gap has not narrowed.
- Since 2006, there has been an improvement in Indigenous mortality rates from circulatory disease (heart disease, stroke and hypertension). However, this has coincided with an increase in cancer mortality rates, where the gap is widening.

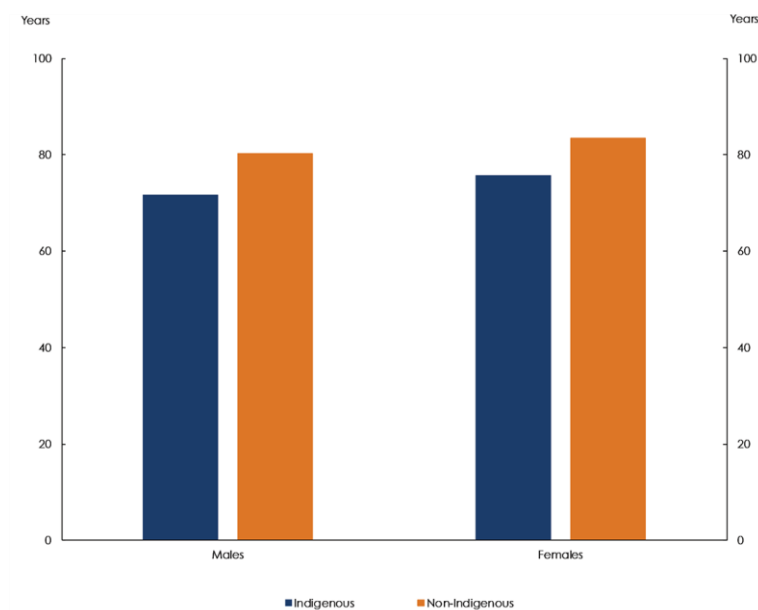
## What the data tells us

### National

The target to close the life expectancy gap by 2031 is not on track. The life expectancy target is measured using the Australian Bureau of Statistics (ABS) estimates of life expectancy at birth, which are available every five years.

In 2015–2017, life expectancy at birth was 71.6 years for Indigenous males and 75.6 years for Indigenous females. In comparison, the non-Indigenous life expectancy at birth was 80.2 years for males and 83.4 years for females (Figure 7.1). This is a gap of 8.6 years for males and 7.8 years for females.

Life expectancy is an overarching target, which is dependent not only on health, but the social determinants (such as education, employment status, housing and income). Social determinants are



estimated to be responsible for at least 34% of the health gap between Indigenous and non-Indigenous Australians. Behavioural risk factors, such as smoking, obesity, alcohol use and diet, accounted for around 19% of the gap (AHMAC 2017).

Figure 7.1: Life expectancy at birth by Indigenous status, 2015–2017

Source: Australian Bureau of Statistics 2018, Life tables for Aboriginal and Torres Strait Islander Australians, 2015–2017, Cat. no. 3302.0.55.003, ABS: Canberra.

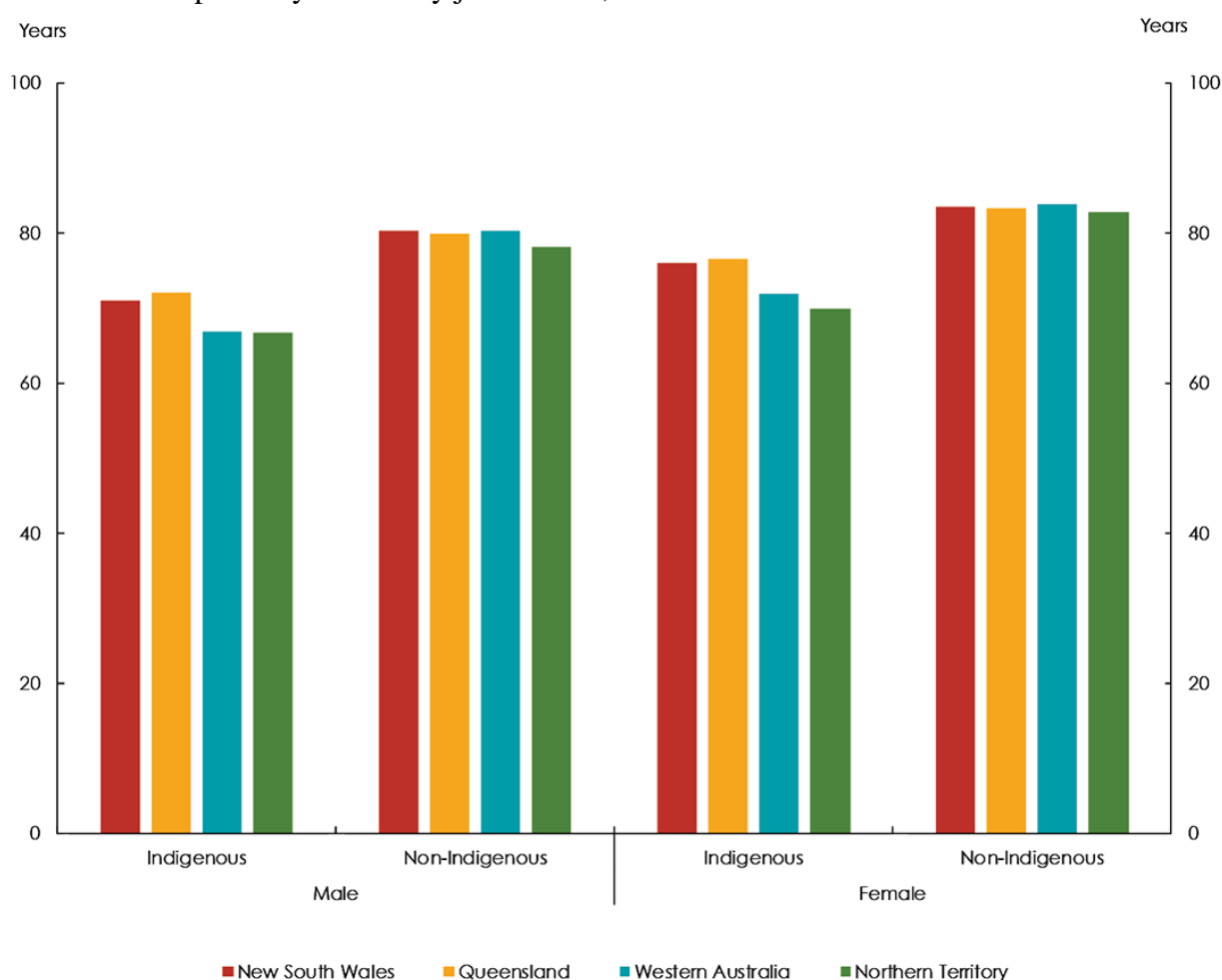
## States and territories

As reported last year, New South Wales, Queensland and the Northern Territory—the three jurisdictions with agreed trajectories for the life expectancy target—are not on track to meet the target.

In 2015–2017, Indigenous life expectancy was highest in Queensland (72.0 years for males, 76.4 years for females) and lowest in the Northern Territory (66.6 years for males, 69.9 years for females) (Figure 7.2).

The gap in life expectancy was the largest for males in Western Australia (13.4 years) and for females in the Northern Territory (12.8 years).

Figure 7.2: Life expectancy at birth by jurisdiction, 2015–2017



Source: Australian Bureau of Statistics 2018, Life tables for Aboriginal and Torres Strait Islander Australians, 2015–2017, Cat. no. 3302.0.55.003, ABS: Canberra.

## Life expectancy by remoteness

Life expectancy for Indigenous Australians living in remote Australia was lower than for those living in urban areas. In 2015–2017, life expectancy for Indigenous males living in Remote and Very Remote areas combined was estimated to be 6.2 years lower than that of Indigenous males living in Major Cities (65.9 years compared with 72.1 years). The equivalent comparison for Indigenous females was 6.9 years lower (69.6 years compared with 76.5 years).

While life expectancy for Indigenous males and females decreases with remoteness, life expectancy for non-Indigenous males and females is similar across all remoteness categories. This means that the gap is widest in Remote and Very Remote areas.

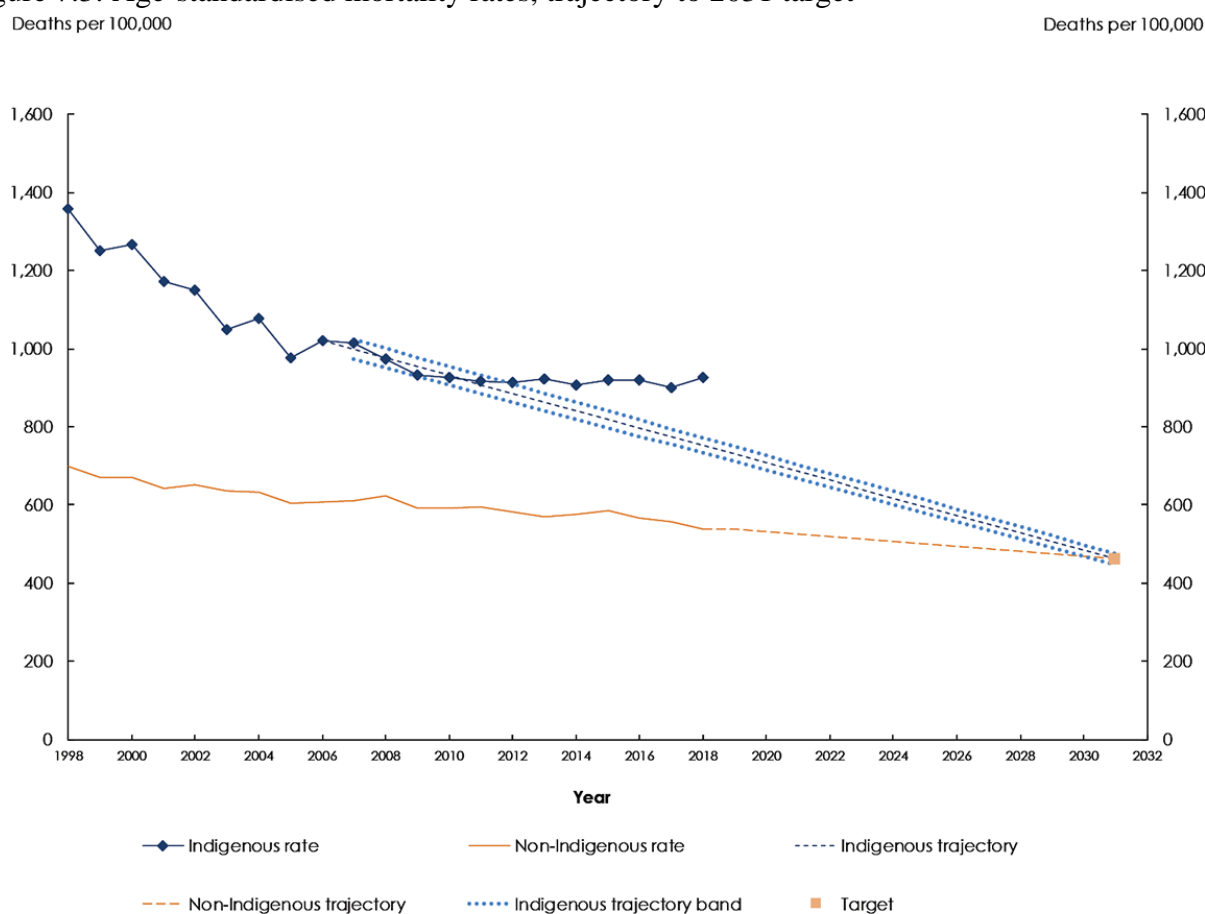
## Mortality

Age-standardised mortality rates are used as a proxy to track progress against the life expectancy target annually. This is because the ABS Indigenous life expectancy estimates are only available every five years, while mortality data are available annually.

In 2018, there were 3,218 Indigenous deaths (1,780 males and 1,438 females). This was equivalent to an age-standardised mortality rate of 927 per 100,000—around 1.7 times the non-Indigenous rate (539 per 100,000). The Indigenous rate was not within the range required to meet the target (Figure 7.3). Between 2006 to 2018, Indigenous age-standardised mortality rates improved by almost 10%. However, non-Indigenous rates improved at a similar rate, so the gap has not narrowed. As such, the Indigenous mortality rate has not been on track to meet the target since 2011. The rate of improvement of Indigenous mortality rates has not been as strong as prior to the 2006 baseline.

Further research (including data linkage) is required to understand the reasons why the rate of progress has slowed despite improvements in the detection and management of chronic disease. This is discussed in more detail at [Causes of death](#).

Figure 7.3: Age-standardised mortality rates, trajectory to 2031 target



Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Nanna Beth 3<sup>rd</sup> Celestial Heaven, John's grandmother, 20 March 2018

Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

Without looking to our feelings and wanting to uncover the **WHOLE** truth of them, we can't heal our errors of belief and injuries. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However, because of the feeling-denying forces of the Rebellion and Default that have been in play for some 200,000 years, the level of truth has remained very low.

The New Way, living Feelings First – Feeling Healing – which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

### Our FEELINGS are our SUPREME GUIDES:

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin, John's brother-in-law, 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

# MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level         | Log      |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE         | 600      |
| JOY           | 540      |
| LOVE          | 500      |
| REASON        | 400      |
| ACCEPTANCE    | 350      |
| WILLINGNESS   | 310      |
| NEUTRALITY    | 250      |
| COURAGE       | 200      |
| PRIDE         | 175      |
| ANGER         | 150      |
| DESIRE        | 125      |
| FEAR          | 100      |
| GRIEF         | 75       |
| APATHY        | 50       |
| GUILT         | 30       |
| SHAME         | 20       |

**PERSONALITY TRAITS:**

- Less than two dozen people on planet Earth.
- Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.
- Debate and implement resolutions without argument and delay. 470
- Debate and implement resolutions in due course. 440
- Debate and implement resolutions with some degree of follow up generally needed. 410
- Management supervision is generally necessary.
- Politics become the hope for man's salvation.
- Cause no harm to others starts to emerge. Power overrides force.
- Illness is developed by those man erroneous emotions that calibrate 200 and lower.
- Armies around the world function on pride. Force is now dominant, not power.
- Harm of others prevails, self-interest prevails.
- Totally self-reliant, not God reliant.
- Fear dominates all motivation.
- Suicide is possible and probable.
- At these levels, seriously harming others for even trivial events appears to be justifiable.
- Poverty, unemployment, illness, etc., this is living hell on Earth.

| MoC       | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2020 |
|-----------|------------------|-------------|-------------------------|-------------------------|-----------------|-----------------|------------------------|
| 400s      | 10               | 406         | 78.50                   | 0.939                   | 6.8             | .861            | US\$54,010             |
| 300s      | 13               | 331         | 71.77                   | 0.798                   | 5.9             | .684            | US\$17,827             |
| 200s      | 10               | 232         | 69.45                   | 0.759                   | 5.8             | .648            | US\$16,972             |
| High 100s | 18               | 176         | 69.00                   | 0.724                   | 5.2             | .639            | US\$9,900              |
| Low 100s  | 7                | 129         | 61.88                   | 0.653                   | 4.7             | .567            | US\$2,628              |
| Below 100 | 11               | 66          | 52.73                   | 0.564                   | 4.2             | .488            | US\$2,658              |
| WORLD     |                  | 220         | 70                      |                         |                 |                 | US\$10,900             |

### Correlation of Levels of Consciousness and Societal Problems

| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate "Life is OK" | Rate of Criminality |
|------------------------|----------------------|-----------------|-----------------------------|---------------------|
| 600+                   | 0%                   | 0.0%            | 100%                        | 0.0%                |
| 500-600                | 0%                   | 0.0%            | 98%                         | 0.5%                |
| 400-500                | 2%                   | 0.5%            | 70%                         | 2.0%                |
| 300-400                | 7%                   | 1.0%            | 50%                         | 5.0%                |
| 200-300                | 8%                   | 1.5%            | 40%                         | 9.0%                |
| 100-200                | 50%                  | 22.0%           | 15%                         | 50.0%               |
| 50-100                 | 75%                  | 40.0%           | 2%                          | 91.0%               |
| <50                    | 97%                  | 65.0%           | 0%                          | 98.0%               |

***Violence is never Justified***

**CONSCIOUSNESS and EMOTIONS:**

Consciousness = Soul Condition. One’s Soul Condition is equal to the average of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

| MAP OF CONSCIOUSNESS |               |               |          |               |                    |
|----------------------|---------------|---------------|----------|---------------|--------------------|
| God-view             | Life-view     | Level         | Log      | Emotion       | Process            |
| Self                 | Is            | Enlightenment | 700 1000 | Ineffable     | Pure Consciousness |
| All-Being            | Perfect       | Peace         | ↑ 600    | Bliss         | Illumination       |
| One                  | Complete      | Joy           | ↑ 540    | Serenity      | Transfiguration    |
| Loving               | Benign        | Love          | ↑ 500    | Reverence     | Revelation         |
| Wise                 | Meaningful    | Reason        | ↑ 400    | Understanding | Abstraction        |
| Merciful             | Harmonious    | Acceptance    | ↑ 350    | Forgiveness   | Transcendence      |
| Inspiring            | Hopeful       | Willingness   | ↑ 310    | Optimism      | Intention          |
| Enabling             | Satisfactory  | Neutrality    | ↑ 250    | Trust         | Release            |
| Permitting           | Feasible      | Courage       | ↑ 200    | Affirmation   | Empowerment        |
| Indifferent          | Demanding     | Pride         | ↓ 175    | Scorn         | Inflation          |
| Vengeful             | Antagonistic  | Anger         | ↓ 150    | Hate          | Aggression         |
| Denying              | Disappointing | Desire        | ↓ 125    | Craving       | Enslavement        |
| Punitive             | Frightening   | Fear          | ↓ 100    | Anxiety       | Withdrawal         |
| Disdainful           | Tragic        | Grief         | ↓ 75     | Regret        | Despondency        |
| Condemning           | Hopeless      | Apathy        | ↓ 50     | Despair       | Abdication         |
| Vindictive           | Evil          | Guilt         | ↓ 30     | Blame         | Destruction        |
| Despising            | Miserable     | Shame         | 20       | Humiliation   | Elimination        |

|  |                                                 |
|--|-------------------------------------------------|
|  | The Final Doorway to Enlightenment / Nonduality |
|  | The beginning of the Nonlinear Realm 500        |
|  | The beginning of Integrity 200                  |

**Note:**                                    **The Map of Consciousness scale is from 1 to 1,000**  
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

***Violence is never Justified***

# Pathway Forward

## Hippocratic Oath



**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**The Golden rule is: Never interfere with another's will.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.p>

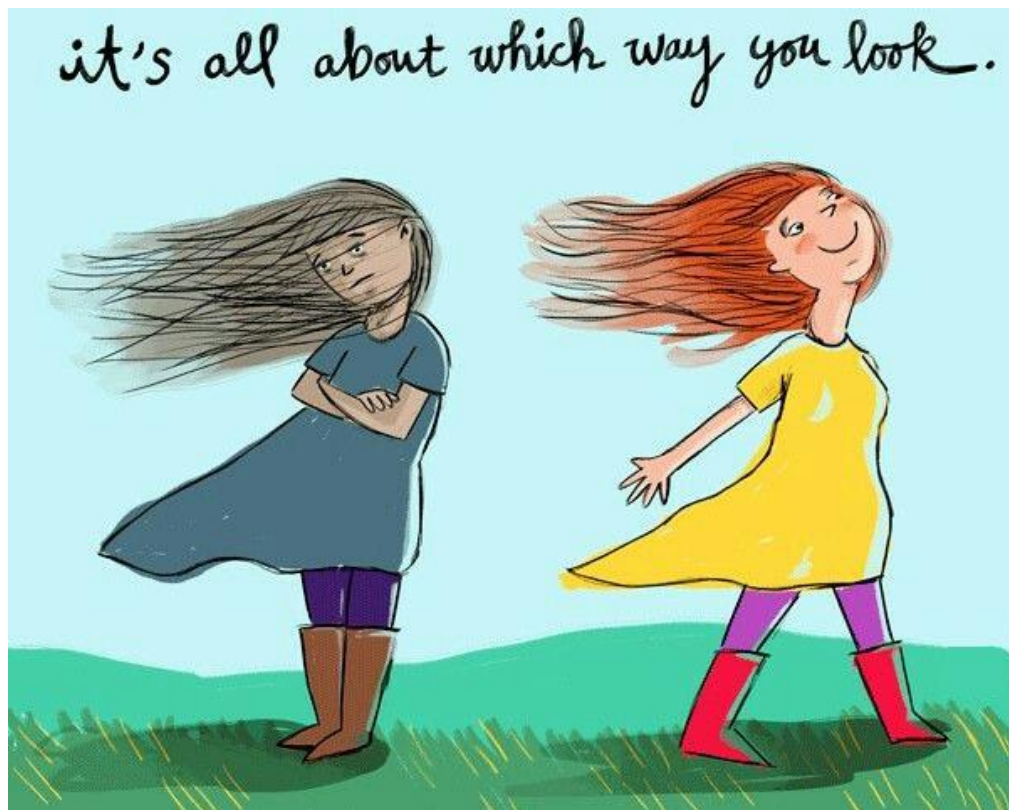


# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.



*mind controlling way or soul's feelings first!*



Talk  
it Out



LET'S TALK  
IT OUT

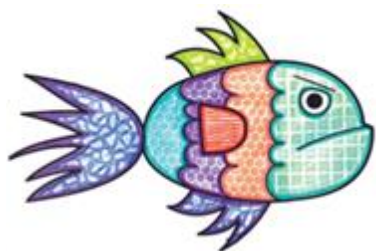
TALK *it* OUT



**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Heartfelt feelings are our truth.*

## **LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY**

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1<sup>st</sup> spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2<sup>nd</sup> and 4<sup>th</sup> only to reach a dead end at the 6<sup>th</sup> spirit mind Mansion World, never getting out of the hells and entering the 1<sup>st</sup> of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**  
However:
  - Parents have NO understanding of Love.**
  - Parents have NO understanding of Law of Free Will.**
  - Parents have NO understanding of blocking emotions.**
  - Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

**Parents abandon Children emotionally!**

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

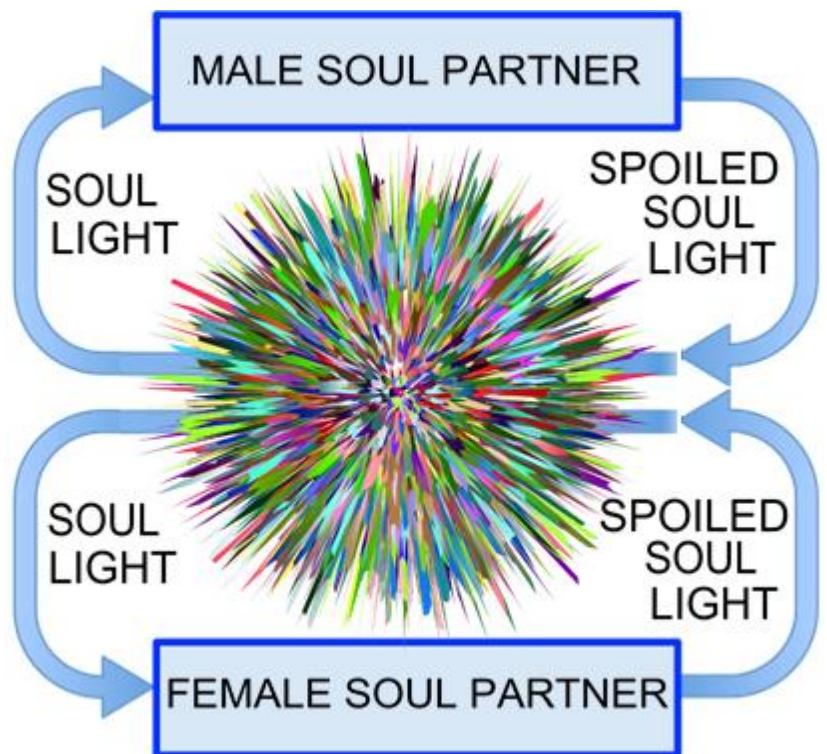
## Health of all of Our Bodies

**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**

**Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.**

The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

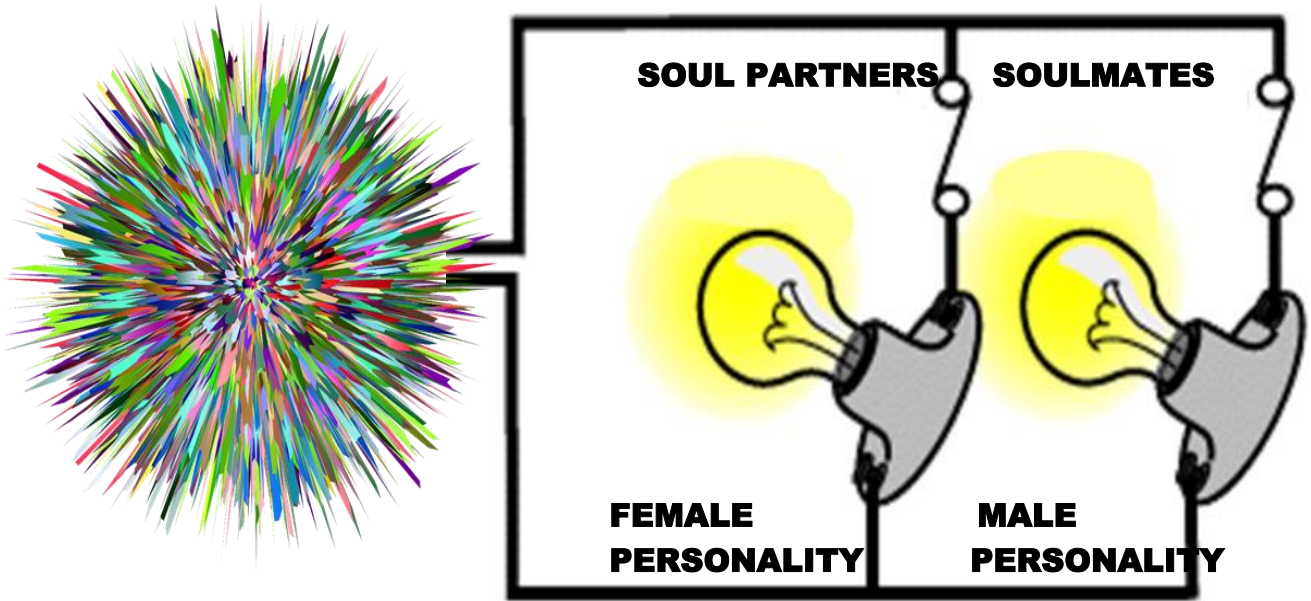


*It's all about*  
**Experiences**  
 &  
**FEELINGS**

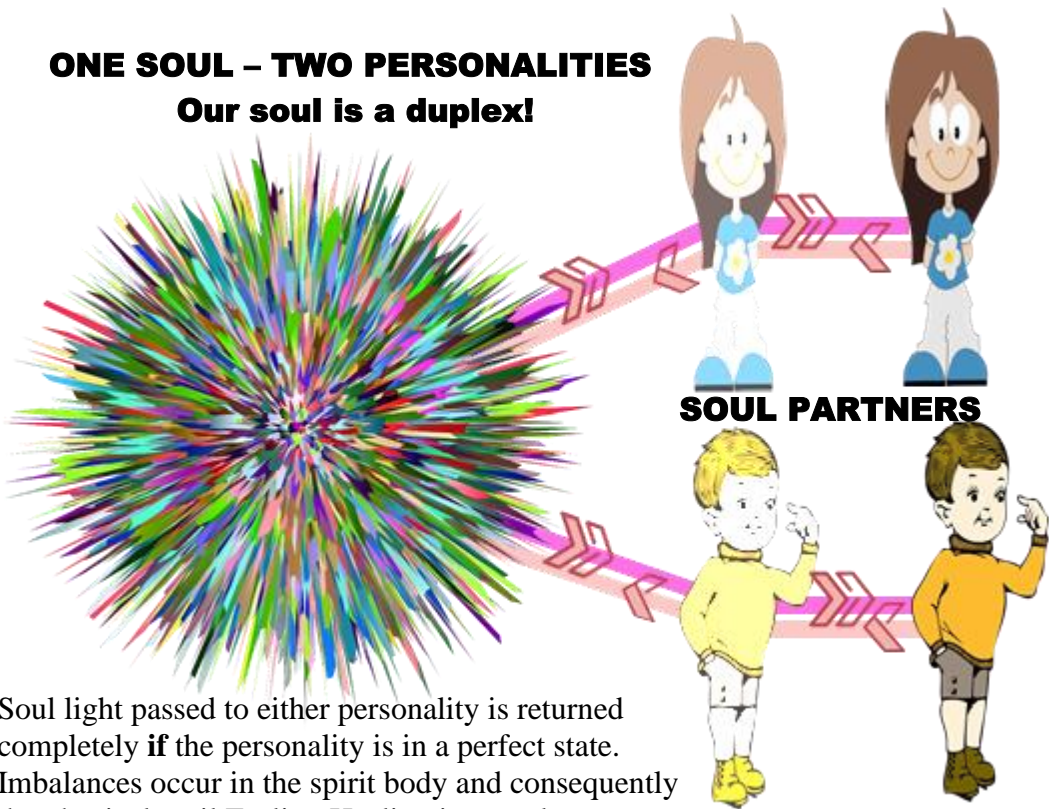
**BE FEELINGS**  
**EXPRESSIVE!**

**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**

Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.



**ONE SOUL – TWO PERSONALITIES**  
**Our soul is a duplex!**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

# Childhood Suppression is the elephant in the room!



Suppressed Child



The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

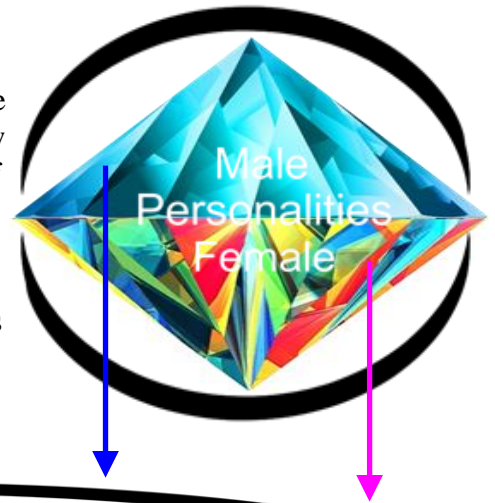
Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

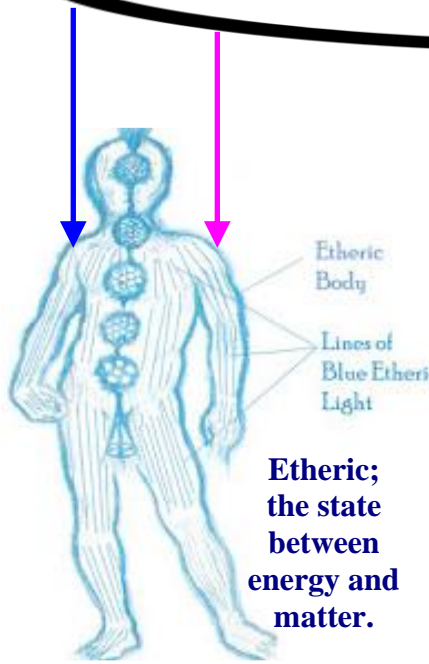
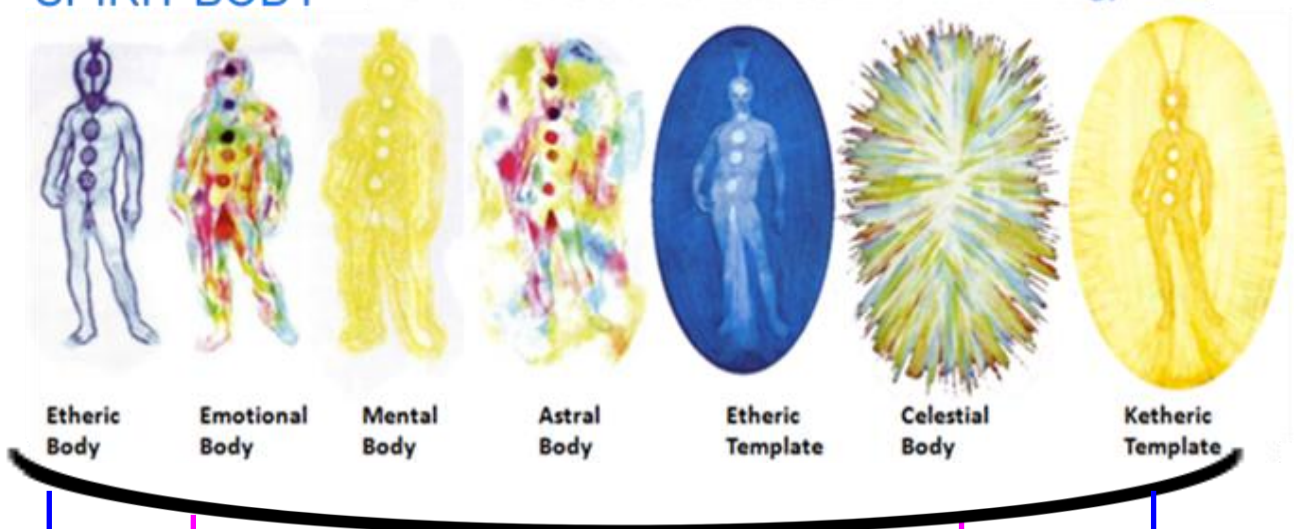
# Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**

# *My individual "Rebellion and Default" is my overarching virus!*

**The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it.**

Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – **BECAUSE WE DON'T FEEL LOVED.**

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person.**

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. **ILLNESS IS OUR FRIEND.** It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

**EVERYTHING** that happens to us does so to help us live one of two ways. **So we will 'get a virus' to help us go further into our truth-denial; or we will get one to help us come out of it.**

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and **we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won't get sick. There is NO OTHER REASON why we get sick!**

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all 'infected' with.**

## **Enters emotionally - is to leave emotionally!**

## *We are to express our feelings, both good and bad, emotionally!*

# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

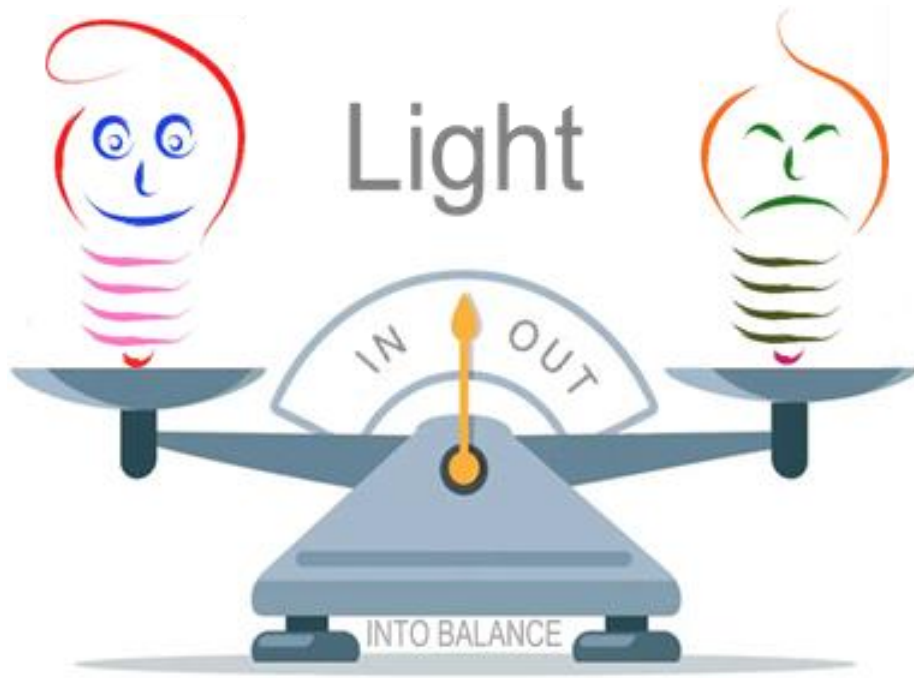
- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.



Feelings First with Mind to follow in support.

**FEELING versus EMOTION**  
**and emoting such emotions through your feelings:**

It is important to **emote** your feelings to a partner or to your Heavenly Parents.

Just be the feeling. When you feel the feeling, try to stay with that feeling.

The other person you are engaging with can assist you to experience and express the emotional event that you are feeling coming to the surface. They'll assist you to stay with that feeling. The other person is to encourage you, to prompt you in describing, expressing, talking about – **emoting** – that feeling leading you back to discover the truth of an experience that was an emotional event in your life. Most likely an event in your early childhood, and even more likely to be a childhood suppression of your expression of your true personality by one of your parents.

Whatever you are feeling, describe it. Once in the feeling stay with the feeling – become the feeling – become the emotional event. Express, talk about it, that being the experience of how it really unfolded.

Feeling is what you feel now. Emotion is the result of an event that happened in the past (even the recent past). The emotion is the pain within you. Once you begin to become that painful emotional event, then the feelings thereof can be expressed, talked out of you – for ever!

The more often you drop into these past emotional events, you'll find the resistance to do so will subside. Your childhood events will become more readily alive in the present.

You will begin to long for the truth of these childhood repressions and these suppressions will become memories, but no longer painful memories as you talk out each such suppression of your true personality that being what was imposed upon you since your conception. You will be aided by the Spirits of Truth of the Avonal Pair as you become to know and embrace them.

# SPIRITS OF TRUTH

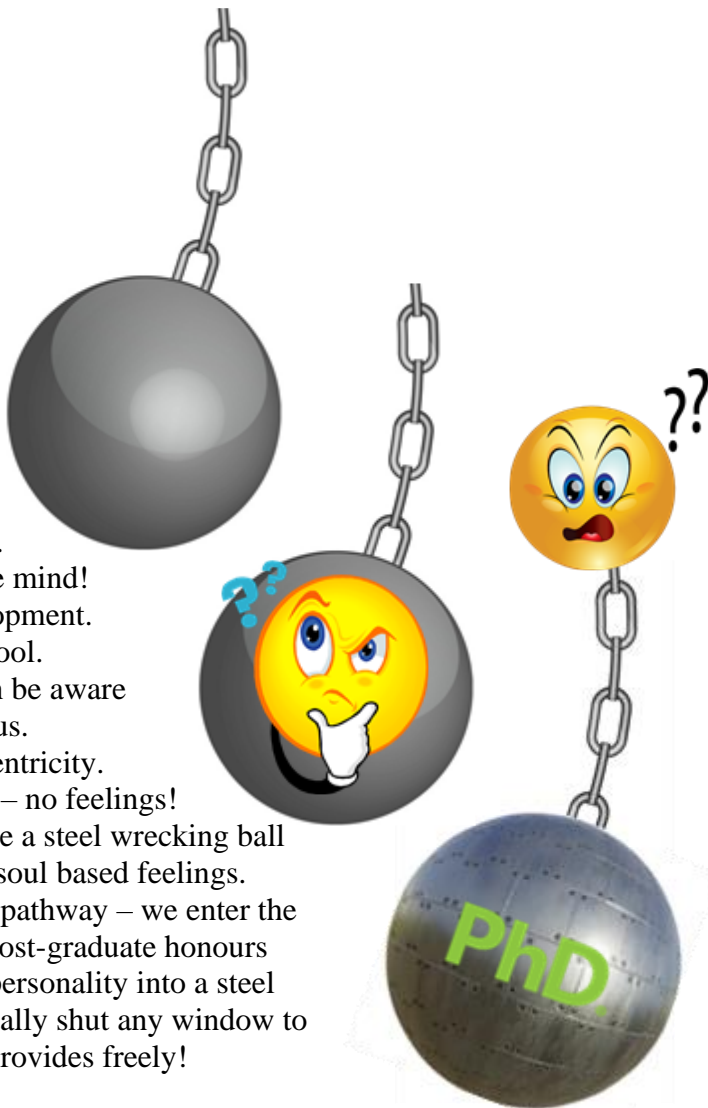
# Avonal PAIR



## WE ERRONEOUSLY EMBRACE OUR MIND TO LEAD US THROUGH LIFE!

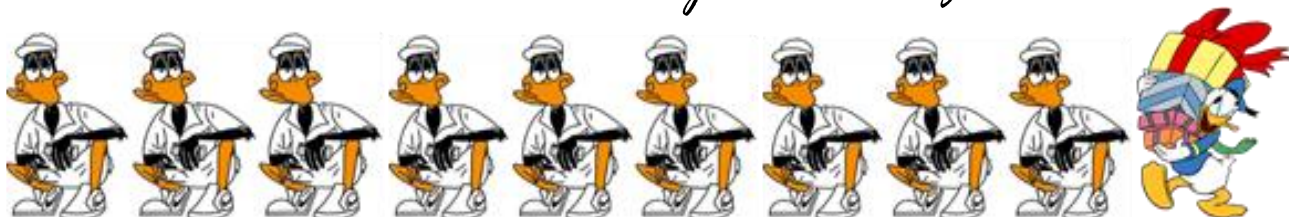


Our parents teach us to live through our minds.  
 We are taught to be mind-centric – worship the mind!  
 We go to school and it is all about mind development.  
 There is no consideration about feelings at school.  
 Our religious institutions do not appear to even be aware  
 of our feelings, nor how they are important to us.  
 If we go into employment then it is all mind-centricity.  
 Higher education is further mind development – no feelings!  
 We have now totally immersed ourselves inside a steel wrecking ball  
 with no comprehension or appreciation of our soul based feelings.  
 Then we take the ultimate mind imprisonment pathway – we enter the  
 pinnacle of the education system – we gain a post-graduate honours  
 degree – PhD – we have now imprisoned our personality into a steel  
 wrecking ball with an outer layer of steel to totally shut any window to  
 our soul based feelings and the truth our soul provides freely!



Living mind-centric locks us into a stagnate state that has a ceiling of 499 on Dr David R Hawkins' Map of Consciousness. While we ignore and suppress our feelings, we cannot evolve past this glass ceiling of MoC 499, being 'Reason'. Fixed in a stupor, a life of zombiism that we see all around us!

*Ten ducks in a row, but one always misleading or misled!*



**Beliefs suppress TRUTH.**

**Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses**

**To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being ‘built’ on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you’re of it, including, the truth of your rebellious state. “Mother and Father, please help me see, know and BE the truth You want me to live.”**

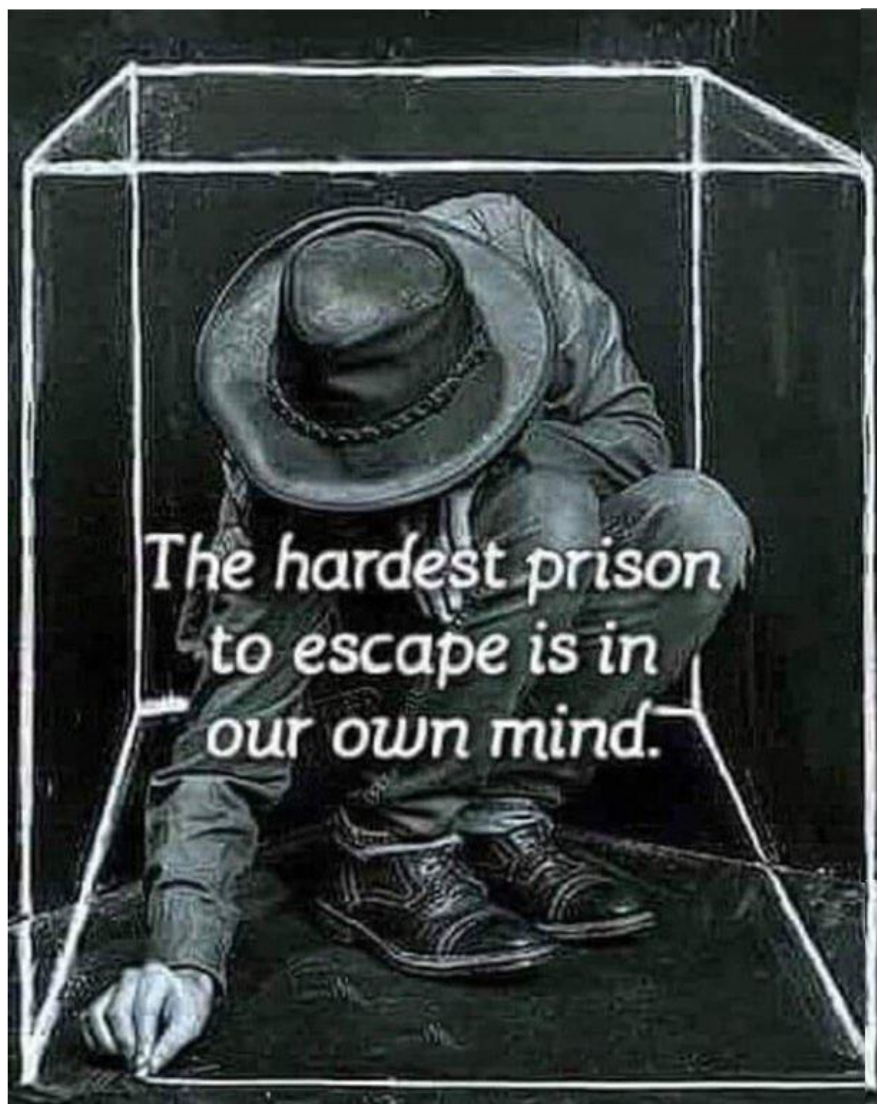
Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:



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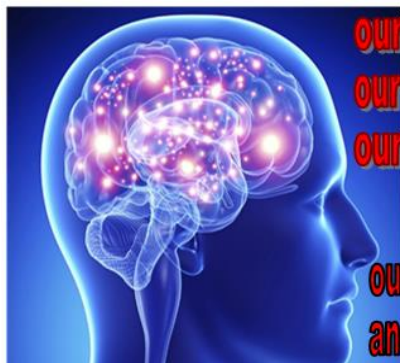


[Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)





# A Nation's Persona! National Psychic Barrier



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

Consider this! For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of the nation's education system.

The world is now experiencing the product of this ideology. They are seeing differing nations of people demonstrate localised characters such as ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They are being superior, overbearing, self-entitled, and presumptuous. While others are submissive and obliging. Australians reject authority yet capitulated universally to lockdowns during Covid-19 pandemic.

Many are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences. Open mindedness enables development.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with.

We will remain imprisoned in our mind centricity until we open to our feelings, our soul-based feelings that are always in truth. Until we do so, our national social issues will slowly destroy our society and civilisation. The situation may lead to civil tension and potential internal conflict. The health system is lacking, the education curriculum restricting student development, and the nation disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible.



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

# Psychic Entrapment

18 June 2022

**Minor** We love our assumptions. We struggle with a problem and seemingly we reach a conclusion that is rewarding us. Our ego is stroked and we momentarily feel like a genius – we receive a little boost in adrenalin – and then we announce our cleverness. We do this multiple times a day, day after day, week after week, year after year.

We act upon our assumptions only to find they are flawed. So, we then need to rework our error.

When we simply go with what our feelings are prompting with, it all works out fine. We end our day feeling fresh and having completed multiple tasks.

Well, ladies and gentlemen, the error rate with ‘assumptions’, ‘I think!’, and ‘in my opinion’ is 98%. They are all products of our mind which cannot discern truth from falsehood, our mind is addicted to untruth, and is addicted to control, control over others and the environment. This way of living mind-centric was imposed upon us by high level corrupt spirit personalities being from within our local universe and having had been appointed with authority over Earth’s humanity. These corrupt personalities are now in spirit world prison!

Observe your assumptions and the making of them, but consider only applying them for further questioning and investigation. They exhaust us enough just through the process of coming to a conclusion that is flawed around 98% of the time. This is psychic entrapment on a minor scale.

**Major** The Evil Spirits that started and controlled the Rebellion, interfered directly with humanity on this psychic level, by tuning into people’s and mind spirits’ minds and adjusting them to do their bidding, saying things to them, giving them certain thoughts, all that would have appealed to their egos and power needs (same with assumptions). They caused people to love each other, to change people’s minds so they believed and then felt love for each other so they could unite and control certain bloodlines throughout humanity’s history; and with other people who did naturally love each other, they would make them not be able to consummate that love by preventing them from having children, keeping them apart from each other, orchestrating one of them to be killed, all so to stop various good bloodlines from evolving. So, they manipulated the bloodlines of humanity into doing their bidding.

And so they corrupted the natural psychic lines of communication between people and spirits, people and their Angels, all keeping us bound up heavily in our rebellious states. And so now that an appropriately high level personalities that are now on Earth and are not using their connection with spirits and Angels for their self-gain, unlike other people under the influence of the negative and evil controllers, so they are rectifying, and in a way, replacing, the negative psychic circuits with positive ones. So the negative relationship and input from the negative and controlling mind spirits is lessening, there is less coming from the mind spirits to receptive people on Earth, and at the same time the pure and true positive Celestials are coming closer to people on Earth. And this is all apparently happening because of what this pair on Earth are doing in their Healing, and specifically with all they do with spirits.

Mary and Jesus are giving their approval for all the pair on Earth have done in this area, along with everything else, because all they do is allowing them to regain control of the world, slowly wrestling it

from the negative and unloving control of the Evil Spirits. Mary and Jesus having ended the Evil Spirits influence on the world, which is pretty amazing, means the Rebellion is technically over, and yet still the personal, feeling and mind levels, and the more impersonal psychic level between spirits and Angels and humanity, is the actual ending of the Rebellion. This is to be written down, recorded for the record, which also includes all of the pair's writings, and is a part of correcting the wrong, all a part of ending the Rebellion... and Default.

A first Mansion World spirit observations: I'm enjoying getting to know how you see and perceive and imagine things through being so attuned to a person's mind, so I can craft such mind-images to suit that person. What you 'see' might not be exactly how you would see it were you over here in spirit with me, but it's good enough, enough for you to get the idea so I can connect more with you.

And I'm also beginning to see how easy it is for me to manipulate your mind or anyone else's, should I want to. With a person giving over to me so much on their mind level, I'm coming to understand through education and experience, what responsibility I as a spirit have in my relationship with their mind. In a way, should I want to 'take your mind over' you'd be like a baby mind that I could mould to my nefarious and controlling ways, something that I could imagine might be tempting to some higher spirits who have such mind mastery, all provided they have willing recipients on Earth.

This being how hidden controllers have manipulated people in the physical throughout the Rebellion of these past 200,000 years!

## **Reconnection**

Because of the negative influences of the Rebellion, Angels have been remaining hidden until healing is completed by their subjects. They have had to remain in their Angel plane which mortal souls can't enter unless by special invitation, but once you are of Celestial truth, then Angels no longer need to hide because we are no longer of the Rebellion. Their 'hiding' from us, which is due to the Angels being instructed to remain 'hidden', is for their protection from humans, so that it won't be insisted that the Angelic Guardians follow mortals into the Rebellion. So Angels have little personally, or in a hands on way, to do with humans so humans can't unduly influence Angels, because Angels being creations of the Mind, are created to serve humans, humans being spirits of Truth. So Angels serve humans in their rebelliousness by default, hidden, and not as an active initiative of the Rebellion and in answer to human's rebelliousness. It's all quite technical.

18 June 2022

These events and progressive steps now unfolding are all about correcting the 'psychic' relationship between spirits (those in the spirit Mansion Worlds) and mortals and Angels and mortals. (Spirits being those within the spirit Mansion Worlds and the first three Celestial Heavens as well as Nature Spirits here permanently on Earth.)

The healing of the messed up psychic circuits that we of humanity are all caught up in will have profound effects on how we live our lives.

## **Feeling Healing**

Our Healing is not just this separate thing we're to do at some point in our existence because we have to get ourselves out of our rebellious and unloving condition, it IS OUR LIFE, simply our life at the point we're doing it. And if we can see and embrace it as our life, as in, this is all I want to do in my life now, dedicating and devoting our self to our self, to our bad feeling expression and to wanting, longing, for the truth of our self, then we will move along in it as fast as we can as determined by our childhood patterns.

Our Healing is a whole investigation of ourselves up to that point in our existence in Creation. It's to bring to light the whole truth of all we've been through from conception to this point, and because for all of us on Earth it was all in a negative and unloving way, so that's the whole focus of it. And we have to want to get to know our self fully, the whole dreadful, unloving, scared, lonely, powerless, rejected, traumatised, miserable me... because we understand, we've all been greatly traumatised, even those people and spirits who feel the most loved.

# **Psychic Denial    Psychic Distraction Psychic Relationships**

**Question: Can there actually be true or genuine love within a Spiritual Rebellion that's against Truth... and so against Love?** And if there can't be, then what is what we feel so strongly as love; and is it only something we're making up with our minds based on our beliefs, on all we experienced through our childhood. Do we say that is loving relative to that not being loving, I feel a good feeling, so that is love, whereas I feel a bad feeling, and that is not love? We are to find the Truth of love, all the way to Paradise.

And so being conceived into a Rebellion, are we to assume that as we can't grow in truth, as we're denying it, then without truth, we can't know the truth of love. So can we make love be whatever we want it to be? Does it follow that there is perfect Natural love, and so if you defile or corrupt or interfere in some way with that perfection, then as it's no longer perfect, so there is no longer perfect Natural love, so no love. Or can we live with imperfect Natural love, which we are doing being of the Rebellion, and so within that imperfect Natural love, there are still levels of love, only they are not as true or perfect? So are we able to live with our children imperfect Natural love equal to the first world (that is up to 499 on the Map of Consciousness), and as we move up the worlds, we are purifying our imperfect rebellious Natural love, perfecting it when we are fully healed?

There can't be any true love whilst we are rebellious. So are all our so-called love feelings are contrived by our wayward mind?

So why are we rebellious, and what is love within a Rebellion? It's a Rebellion against Truth, and so does that mean it's also a rebellion against love?

Can you have one without the other? Can we all be evil because we're living denying the truth of ourselves, Nature and God, and yet still be loving? Can we be lovingly evil? The two don't seem to go together. Evil and Love are opposites... aren't they? And yet we have a loving Heavenly Mother and Father, or at least we're told by Mary and Jesus They are loving, and yet They have created evil and made us be conceived into it, They want us to be evil and untrue, and so unloving. So can we be loving whilst making someone be evil? And if God is not loving, then is God evil? Or is God so loving They can give us the experience of feeling completely evil and being unloving, feeling totally unloved, and yet we can heal ourselves of that with Their Love when we are brought to light the truth of our unlovingness. And I know, it's all mind stuff, and yet at some point these are all notions we have to consider for ourselves in one way or another. I wanted it all to be black and white, simple and straightforward: if you're evil, you're not loving; and yet, we all being evil, yet, so it seems, experiencing also some level of love. So if we're all evil being of the Rebellion against Truth, can we still experience some level of love within our unlovingness, because love is simply an attribute of our personality?

What is known however, is that the only way we can sort everything – ourselves – out, is by growing in

truth, and then as our truth evolves, we can know as part of it, the truth of love, so the truth of all we know and call love. And that until we're completely true and of a Celestial level of Truth, fully healed of and free of the Rebellion, we won't know the truth of love, or the truth of anything for that matter.

So it always comes back to our feelings, because they are the way for us to uncover the truth of ourselves. We need the truth to see and know the truth of things – of ourselves, of everything. And we all know that, yet we need the Truth that comes to us from our Mother and Father in our soul as we're longing for it through our feelings, which will evolve us to the levels of perfection so we can know what truly is right and wrong. So we won't know the truth of the Rebellion until we're fully healed of it.

So all we can do is keep going attending to our feelings properly, which includes longing for the truth of them. The truth they are to show us about ourselves, Nature and our Mother and Father. So in time, and once we're Healed, we'll know for ourselves if our Mother and Father are truly loving, as Mary and Jesus said. And we'll know, by They being all-loving, They subjected us to an unloving Rebellion, to a state of being in which we lived rejecting Them by default as we lived our untrue lives.

The truth will keep coming up within our soul, and our mind might be all over the place, so confused, and yet in the end it will all get sorted out. It may be stressed that just keep expressing every bad feeling, and as the truth comes, we will know what is true and what is not. And we don't have to think about it, although we will, because that too is all a part of it, but it's the truth we need to come to light within ourselves.

It's terribly difficult, because we're setting out to bring to light the truth of our being of the Rebellion, and as the rebellion is all about rejection and not feeling loved, so it's the truth of all our rejection and not feeling loved that we are having to deal with.

People who 'fall in love' and then some time later hate each other... what was that so-called love? Because surely if it had been true love, it would remain – everything that is true and of the Truth will remain, whereas all that is untrue and not of the Truth will go, cease to be at some point, which is when the light of truth will be shone on it. So was that falling in love, love, false love, a contrived fantasy love, something their soul generated to bring the two people together so they could have a close 'in love' relationship for a time, then to separate them as it all fell apart, all so they could start to learn more about the truth of love, and the truth that that love wasn't true at all?

And then it is the same with our souls bringing us together to have children, to love and feel loved by them, and then later in our lives we go our separate ways and with no love between us, like with our father and/or mother; and so once again, is that all to help us work out what is the truth of love, was that true love when we loved our children so intensely and when being children feeling so loved?

A truth of the Rebellion, is that it's not loving, there is no love in it, it being all falseness, lies, and untruth, because that's been an experience of it – being totally unloving and feeling totally unloved. And anything that may be called love, wasn't love, it was all just a fantasy love that may have been wanted to be believed as love. Love made up in the mind based on a person's beliefs.

All of our lives, like all we do in the different periods of them, whilst of the Rebellion, are all fantasies we're living out. And so we keep going, like with any family fantasy, until it runs out, we're fulfilled by how much denial we have lived within it, that we can't live anymore, so our life changes for us to live out our next mind fantasy, or when we are ready, to start the Healing phase of giving up all of that, that being when we've lived our denial of truth to its fullest.

## Australia Demographics Profile

[https://www.indexmundi.com/australia/demographics\\_profile.html#:~:text=25%2C809%2C973%20\(July%202021%20est.\)&ext=English%2025.9%25%2C%20Australian%2025.4%25,15.8%25%20\(includes%20Australian%20Aboriginal%20](https://www.indexmundi.com/australia/demographics_profile.html#:~:text=25%2C809%2C973%20(July%202021%20est.)&ext=English%2025.9%25%2C%20Australian%2025.4%25,15.8%25%20(includes%20Australian%20Aboriginal%20)

|                          |                                                                                                                                                                                                                                                                                                                                                                    |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Population               | 25,809,973 (July 2021 est.)                                                                                                                                                                                                                                                                                                                                        |
| Ethnic groups            | English 25.9%, Australian 25.4%, Irish 7.5%, Scottish 6.4%, Italian 3.3%, German 3.2%, Chinese 3.1%, Indian 1.4%, Greek 1.4%, Dutch 1.2%, other 15.8% (includes Australian Aboriginal 0.5%), unspecified 5.4% (2011 est.)                                                                                                                                          |
|                          | Voice to Parliament – which ethnic groups should be privileged with a ‘voice to parliament’?                                                                                                                                                                                                                                                                       |
|                          | note: data represent self-identified ancestry, over a third of respondents reported two ancestries                                                                                                                                                                                                                                                                 |
| Languages                | English 72.7%, Mandarin 2.5%, Arabic 1.4%, Cantonese 1.2%, Vietnamese 1.2%, Italian 1.2%, Greek 1%, other 14.8%, unspecified 6.5% (2016 est.)                                                                                                                                                                                                                      |
|                          | note: data represent language spoken at home                                                                                                                                                                                                                                                                                                                       |
| Religions                | Protestant 23.1% (Anglican 13.3%, Uniting Church 3.7%, Presbyterian and Reformed 2.3%, Baptist 1.5%, Pentecostal 1.1%, Lutheran .7%, other Protestant .5%), Roman Catholic 22.6%, other Christian 4.2%, Muslim 2.6%, Buddhist 2.4%, Orthodox 2.3% (Eastern Orthodox 2.1%, Oriental Orthodox .2%), Hindu 1.9%, other 1.3%, none 30.1%, unspecified 9.6% (2016 est.) |
| Urbanization             | urban population: 86.4% of total population (2021)<br>rate of urbanisation: 1.27% annual rate of change (2020-25 est.)<br>note: data include Christmas Island, Cocos Islands, and Norfolk Island                                                                                                                                                                   |
| Life expectancy at birth | total population: 82.89 years<br>male: 80.73 years<br>female: 85.17 years (2021 est.)                                                                                                                                                                                                                                                                              |

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

## **Reflections on Australia Day** by Wayne Moran, past executive of Gold Coast City Council

Australia Day is celebrated on the 26 January:

Actually nothing really happened today in history. Plenty happened on other dates.

Willem Jansz, 164 years before Cook, makes landfall in Queensland on 26 February 1606.

James Cook landed at Inscription Point, Kurnell being on the southern shores of Botany Bay, New South Wales, on 29 April 1770. Also he was a lieutenant at the time.

Arthur Phillip first made camp at Botany Bay (50 kilometres / 30 miles south of Sydney Harbour) on 18 January 1788. The camp later moved to Port Jackson (Sydney Harbour) on 26 January 1788.

James Fremantle establishes Swan River colony later known as Perth on 2 May 1829.

Free settler permanent settlement later to be known as South Australia is given colony status on 28 December 1836.

The inhabitants of Port Phillip Bay establish a permanent colony now known as Melbourne after negotiating a treaty with the indigenous inhabitants, later given assent 19 November 1834.

The Parliament establishes a permanent colony known to be the Colony of Queensland on 6 June 1859.

For anyone claiming the invasion of the indigenous people of Australia occurred on 26 January 1788 is sorely wrong, and I hope you have the same protests for 18 January, 26 February, 29 April, 2 May, 6 June, 19 November and 28 December.

Mind you these are just the English colonisation dates, we could go further and add the Dutch and French dates but I think I've made my point.

Alternatively, we could all start to get along and focus on the real issues with our society.

So yeah Jan 26....someone once moved their camping gear to a better spot in history.

When someone, especially the young, says they want to move Australia Day ask them why the date is important to move. They'll think it's done sort of a commemoration of some significant colonisation step by the British but they'll be wrong given the above historical facts. So why change? Another hugely symbolic waste of money.

What the real push is to not have a day celebrating Australia at all. I'm voting "no" to that.

Happy Australia Day everyone.

## What the history of Australia Day can tell us about the date

<https://www.phansw.org.au/what-the-history-of-australia-day-can-tell-us-about-the-date/>

20 January 2018

... Before we talk about the best date for our national day, let's get a better understanding of its history and what it means to all our citizens and what we want to commemorate.

Ebony Bennett, Deputy Director of the Australia Institute, observed when launching the institute's December 2017 poll on Australia Day:

The national conversation about Australia Day is an opportunity for all of us to learn about and reflect on Australia's history, especially the more than fifty thousand years of Aboriginal and Torres Strait Islander history, and to ask ourselves what kind of country we want to be in the future.

A recent conversation got me thinking about the migrant experience of Australia Day. The friend I was talking to is attached to 26 January. It reminds her of the ceremony she participated in to become Australian. Born in Ireland but brought up here, she only contemplated becoming an Australian citizen once the requirement to pledge allegiance to the British monarch was removed from the citizenship act. That was in 1993.

Jacinta Price, an Indigenous leader who supports keeping 26 January as Australia Day, observes that 26 January 1949 marked the beginning of the Nationality and Citizenship Act (1948), which created an Australian citizenship and the conditions by which it could be acquired. (Indigenous people were implicitly included in the act in the category of 'natural-born' Australians.) Speaking about the bill, the Minister for Immigration, Arthur Calwell described its intended effect:

It will symbolise not only our own pride in Australia, but also our willingness to offer a share in our future to the new Australians we are seeking in such vast numbers... My aim, and that of the Government, is to make the word 'Australian' mean all that it truly stands for to every member of our community. We shall try to teach the children that they are fortunate to be British, and even more fortunate to be Australian.

Severing the colonial ties took many more decades. A note on the National Archives of Australia website about its citizenship collection explains:

The term 'Australian nationality' had no official recognition or meaning until the [Nationality and Citizenship] Act was amended in 1969 and renamed the Citizenship Act. This followed a growing sense of Australian nationalism and the declining importance for Australians of the British Empire. In 1973 the Act was renamed the Australian Citizenship Act. It was not until 1984 that Australian citizens ceased to be British subjects.

The debate about Australia Day's date is not new. Humphrey McQueen's 2017 survey of the day's history is useful, although it does not seem his argument that Australia Day is about class warfare as well as race relations has been widely taken up.

Alison Broinowski's comment on his article suggested Australia Day should also have something to do with the nation's sovereignty:

A new date for Australia Day? The Indians will be pleased to have 26 January to themselves. No other country appears to have 23 August. But it is right in the middle of 3rd term and HSC preparation time. Good for a skiing weekend for those who can still afford one. It still commemorates British colonialism,



however, so what's the point? I propose that we change the date when we become a republic and call it Independence Day or Diversity Day. Until then, we are only perpetuating the status quo.

So if we change the date, do we wait till we become a republic? We would then have a free holiday in the calendar: the Queen's Birthday weekend in June. (Search for an explanation as to why the holiday is in June, even though Queen Elizabeth II was born on 21 April 1926. King Charles III was born on 14 November 1948.)

Or should we look at the plethora of other dates that already have significance? The ACT Government has introduced a new holiday, Reconciliation Day to take place on the first Monday on or after 27 May each year. That is the anniversary of the 1967 referendum in which 90.77% of voters (including Indigenous Australians) said yes to removing the words from section 51 (xxvi) and the whole of section 127 from the Australian Constitution that were seen as discriminating against Indigenous Australians.

Some suggest 27 May would make a better Australia Day. I am not so sure. The national day must also take account of non-indigenous Australia's heritage. While considering this point, I discovered we have an Australian Citizenship Day on 17 September. The Department of Home Affairs explains that this day was launched in 2001 to increase community awareness of Australian citizenship. Could this become our national day?

Before we can answer any of these questions, we have to get clear in our minds what a national day represents and what it aims to do. Promoting reconciliation, celebrating diversity and avoiding jingoism would be good goals.

The Australia Institute poll reveals a great deal of ignorance about the nation's history but a clear preference (35%) for celebrating the date we became an independent country. It is a matter of debate when that was, is or will be. For many Indigenous people 26 January represents the loss of sovereignty. For most others, the continent's progression from a set of colonies to an independent nation is a poorly understood story. The single event of Arthur Phillip setting foot on Sydney Cove in 1788 can only become significant if it is placed in a context of Indigenous, migrant, colonial and post-colonial experience.

For example, Federation on 1 January 1901 was only the beginning of Australia's independence from Britain. It was not until 9 October 1942, when it was clear the mother country could not defend its Antipodean dominions, that Australia ratified the Statue of Westminster, thereby legislating the fact of Australia's independence as a self-governing dominion of Britain. And only in 1986, when the Australia Act was passed, did Australian law finally become independent of British parliaments and courts. This part of the story offers other possible dates for Australia Day: 9 October (the day the Statue of Westminster was ratified) or 3 March (when the Australia Act came into effect). However, as the Museum of Australian Democracy observes:

Although this [Commonwealth of Australia] Act defines Australia as a 'sovereign, independent and federal nation', and the Australia Acts [passed also by each of the states] are often described as completing the process of constitutional development begun with the Federation movement, Australia still retains the Queen as head of state.

Australia Day is, the National Australia Day Council declares, 'for all Australians, no matter where our personal stories began'. Delve into what that means and things get complicated. Historians can help shape the conversation about our national day by explaining the complexities, especially when they bring life and colour to the legal intricacies that have moulded Australia.

Francesca Beddie

**This information was authored by Peter Lee – to be taught to all Australians:**

**Below is the reason Australia day is celebrated on 26 January.** Here are the **Facts** about Australia Day but don't expect the media to educate you with these facts as it is not part of their agenda:

1. Australia Day does not celebrate the arrival of the first fleet or the invasion of anything.
2. Captain Cook did not arrive in Australia on the 26<sup>th</sup> January. The landing of Captain Cook in Sydney happened on the 28<sup>th</sup> April 1770 – not on 26<sup>th</sup> January.
3. The first fleet arrived in Botany Bay on 18<sup>th</sup> January. The 26<sup>th</sup> was chosen as Australia Day for a very different and important reason. **The 26th of January is the day Australians received their independence from British Rule.** However, Captain Cook's landing was included in Australian bi-centenary celebrations of 1988 when Sydney-siders decided Captain Cook's landing should become the focus of the Australia Day commemoration. Sadly the importance of this date for all Australians has begun to fade and now a generation later, it is all but lost. The media as usual is happy to twist the truth for the sake of controversy.

Captain Cook didn't land on the 26<sup>th</sup> January, so changing the date of any celebration of Captain Cook's landing would not have any impact on Australia Day, but maybe it would clear the way for the truth about Australia Day.

Australians of today abhor what was done under British governance to the Aborigines, the Irish and many other cultures around the world. So after the horrors of WW11, we decided to try and fix it. We of Australia became our own people.

**On 26<sup>th</sup> January 1949, the Australian nationality came into existence when the Nationality and Citizenship Act 1948 was enacted. That was the day we were first called Australians and allowed to travel with passports as Australians and NOT British subjects.**

In 1949 therefore, we all became Australian citizens under the Nationality and Citizenship Act 1948.

**Before that special date, all people living in Australia, including Aborigines, were called 'British Subjects' and forced to travel on British passports and fight in British wars.**

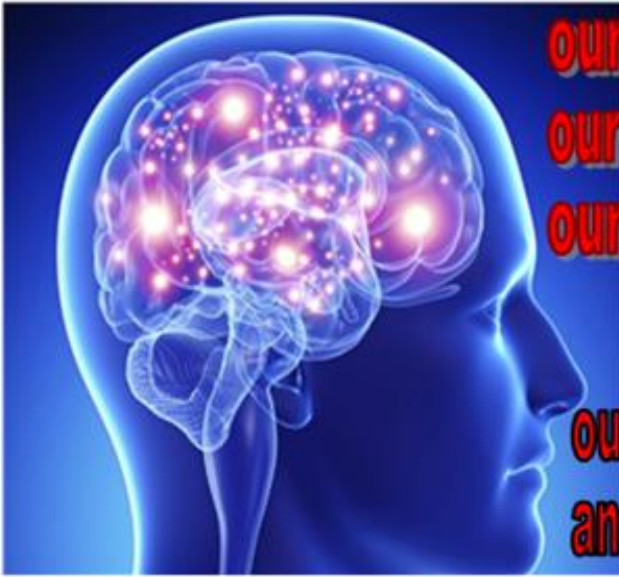
This is why we celebrate Australia Day on the 26<sup>th</sup> January. This was the day Australians became free to make our own decisions about which wars we would fight and how our citizens would be treated. It was the day we were all declared Australians.

Until this date, Aborigines were not protected by law. For the first time since Captain Cook's landing this new Act gave Aboriginal Australians the full protection of Australian Law.

This is why 26<sup>th</sup> January is the day new Australians receive their citizenship. It is a day which celebrates the implementation of the Nationality of Citizenship Act of 1948. The Act which gave freedom and protection to the first Australians and gives all Australians, old and new, the right to live under the protection of the Australian Law, united as one nation.

What was achieved that day is something for which all Australians can be proud.

**Isn't it time therefore that all Australians were taught the real reason we celebrate Australia Day on 26<sup>th</sup> January?** In one way or another, we are ALL descendants of Australia ALL OF US. So we should ALL be celebrating and giving thanks for the freedoms, the lifestyles and opportunities that we currently enjoy, thanks to the strengths and battles of our ancestors.



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

# Freedom Is Truth

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904



## ONE SECOND TO MIDNIGHT



*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.*

*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

John the  
Typist



**BE FEELINGS  
EXPRESSIVE!**

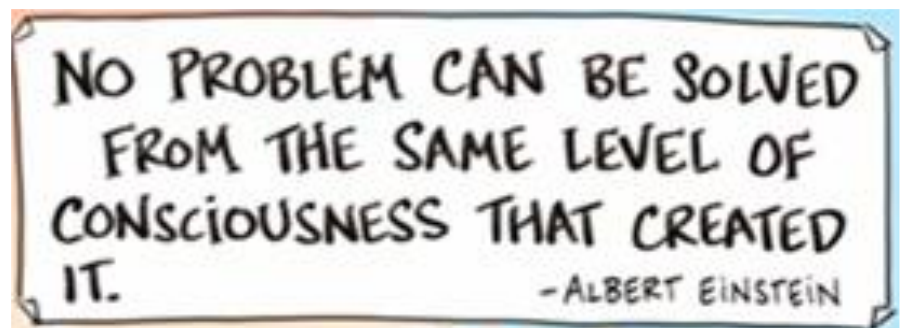
Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

## ***Violence is never Justified***

**The Golden rule is:**

**Never interfere with another's will.**

**One must always honour another's will as one honours one's own.**



### EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING OVER and OVER and EXPECTING DIFFERENT RESULTS.

## OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!



We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

# LGBTIQA+ communities

<https://aifs.gov.au/cfca/publications/lgbtiq-communities#>:

## Glossary of common terms

November 2019



Child  
Family  
Community  
Australia



### Overview

Understanding and using the language / terminology associated with the lesbian, gay, bisexual, transgender, gender diverse, intersex, queer, asexual and questioning (LGBTIQA+) communities helps to ensure that services and organisations are inclusive and respectful. This resource sheet provides a glossary of terms for practitioners and service providers to help them to better understand the terminology and to use inclusive language in service provision.

### Introduction

The information in this resource sheet is intended to help service providers and practitioners create safe spaces for clients who are members of these communities.

Research shows that some service providers assume that their clients are heterosexual and use heterosexist language, which can result in discomfort for clients and lead them to not disclose their LGBTIQA+ status (Australian Human Rights Commission [AHRC], 2015) or discuss their gender or sexuality. Improving access to appropriate services is important due to the higher rates of mental health issues such as depression, anxiety and suicide (National LGBTI Health Alliance, 2016) that are experienced by members of LGBTIQA+ communities compared to their non-LGBTIQA+ peers.

Research also indicates that pressures faced by same-gender attracted young people, such as bullying, homelessness and feelings of shame, fear and confusion, do not stem from the nature of their sexual or gender diversity. Rather, they are driven by the fear of, or actual, discrimination via institutions that are important in the lives of young people, including schools, health services and welfare services (AHRC, 2015).

It is acknowledged that issues of gender identity are different to issues of sexual orientation; however, for ease of reference, both are included in this resource sheet. Further, it is acknowledged that some terminology is contested and language in this area is evolving (GLHV, 2016). Therefore, practitioners and service providers are encouraged to use this resource sheet in conjunction with other sources of information.

There is a great deal of diversity within the LGBTIQA+ communities and a wide range of terms and language related to:

- sex
- bodies
- gender
- sexuality
- sexual attraction
- experiences
- legal and medical classifications (Fileborn, 2012; National LGBTI Health Alliance, 2013a).



It is important to acknowledge the complexity of people's lived experiences and recognise that the above aspects may apply to individuals in different ways and different times across the life span (National LGBTI Health Alliance, 2013a).

## Glossary

This glossary is organised around the following categories (listed in alphabetical order):

- bodies, gender and gender identities
- sexual orientations
- societal attitudes / issues.

### Bodies, gender and gender identities

**Cisgender/cis:** a term used to describe people whose gender corresponds to the sex they were assigned at birth.

**Gender:** refers to the socially constructed and hierarchical categories assigned to individuals on the basis of their apparent sex at birth. While other genders are recognised in some cultures, in Western society, people are expected to conform to one of two gender roles matching their apparent sex; for example, male = man / masculine and female = woman / feminine.

Gender norms define how we should dress, act / behave, and the appropriate roles and positions of privilege we have in society (e.g. the power relationships between men and women). Failing to adhere to the norms associated with one's gender can result in ridicule, intimidation and even violence (Aizura, Walsh, Pike, Ward, & Jak, 2010).

Many people do not fit into these narrowly defined and rigid gender norms. Some women may feel masculine, some men may feel more feminine and some people may not feel either, or may reject gender altogether (see [Gender identity](#)).

**Gender binary:** the spectrum-based classification of gender into the two categories of either man or woman based on biological sex (see [Sex](#)).

**Gender identity:** refers to an inner sense of oneself as man, woman, masculine, feminine, neither, both, or moving around freely between or outside of the gender binary.

**Gender pronouns:** these refer to how a person chooses to publicly express their gender identity through the use of a pronoun, whether it is a gender-specific or a gender-neutral pronoun (GLHV, 2016). This can include the more traditional he or she, as well as gender-neutral pronouns such as they, their, ze, hir and others (see [Transgender/Trans/Gender diverse](#)).

**Gender queer / Non-binary gender:** a term used to describe gender identity that does not conform to traditional gender norms and may be expressed as other than woman or man, including gender neutral and androgynous.

**Gender questioning:** not necessarily an identity but sometimes used in reference to a person who is unsure which gender, if any, they identify with.

**Intersex:** an umbrella term that refers to individuals who have anatomical, chromosomal and hormonal characteristics that differ from medical and conventional understandings of male and female bodies. Intersex people may be 'neither wholly female nor wholly male; a combination of female and male; or

neither female nor male' (*Sex Discrimination Amendment Act (Sexual Orientation, Gender Identity and Intersex Status) 2013* (Cth)).

Intersex people may identify as either men, women or non-binary (see [Genderqueer/Non-binary gender](#)).

**Sex:** a person's sex is made up of anatomical, chromosomal and hormonal characteristics. Sex is classified as either male or female at birth based on a person's external anatomical features. However, sex is not always straightforward as some people may be born with an intersex variation, and anatomical and hormonal characteristics can change over a lifespan.

**Sister girl / Brother boy:** terms used for gender diverse people within some Aboriginal or Torres Strait Islander communities. Sistergirls and Brotherboys have distinct cultural identities and roles. Sistergirls are Indigenous people who were classified male at birth but live their lives as women, including taking on traditional cultural female practices (GLHV, 2016). Brotherboys are Indigenous people who were classified as female at birth but who have a male spirit (GLHV, 2016).

**Transgender / Trans / Gender diverse:** umbrella terms used to refer to people whose assigned sex at birth does not match their internal gender identity, regardless of whether their internal gender identity is outside the gender binary or within it. Transgender/trans or gender diverse people may identify as non-binary, that is: they may not identify exclusively as either gender; they may identify as both genders, they may identify as neither gender; they may move around freely in between the gender binary; or they may reject the idea of gender altogether.

Transgender/trans or gender diverse people may choose to live their lives with or without modifying their body, dress or legal status, and with or without medical treatment and surgery. Transgender/trans or gender diverse people may use a variety of terms to describe themselves including but not limited to: man, woman, transwoman, transman, transguy, trans masculine, trans feminine, tranz, gender-diverse, gender-queer, gender-non-conforming, non-binary, poly gendered, pan gendered and many more (see Aizura et al., 2010).

Transgender/trans or gender diverse people have the same range of sexual orientations as the rest of the population. Transgender/trans or gender diverse people's sexuality is referred to in reference to their gender identity, rather than their sex. For example, a woman may identify as lesbian whether she was assigned female at birth or male.

Transgender/trans or gender diverse people may also use a variety of different pronouns including he, she, they, hu, fae, ey, ze, zir and hir. Using incorrect pronouns to refer to or describe transgender/trans or gender diverse people is disrespectful and can be harmful (see [Misgendering](#) under 'Societal attitudes/issues' below).

## Sexual orientations

**Aromantic / aro:** refers to individuals who do not experience romantic attraction. Aromantic individuals may or may not identify as asexual.

**Asexual / ace:** a sexual orientation that reflects little to no sexual attraction, either within or outside relationships. People who identify as asexual can still experience romantic attraction across the sexuality continuum. While asexual people do not experience sexual attraction, this does not necessarily imply a lack of libido or sex drive.

**Bisexual:** an individual who is sexually and/or romantically attracted to people of the same gender and people of another gender. Bisexuality does not necessarily assume there are only two genders (Flanders, LeBreton, Robinson, Bian, & Caravaca-Morera, 2017).

**Gay:** an individual who identifies as a man and is sexually and/or romantically attracted to other people who identify as men. The term gay can also be used in relation to women who are sexually and romantically attracted to other women.

**Heterosexual:** an individual who is sexually and/or romantically attracted to the opposite gender.

**Lesbian:** an individual who identifies as a woman and is sexually and/or romantically attracted to other people who identify as women.

**Pansexual:** an individual whose sexual and/or romantic attraction to others is not restricted by gender. A pansexual may be sexually and/or romantically attracted to any person, regardless of their gender identity.

**Queer:** a term used to describe a range of sexual orientations and gender identities. Although once used as a derogatory term, the term queer now encapsulates political ideas of resistance to heteronormativity and homonormativity and is often used as an umbrella term to describe the full range of LGBTIQ+ identities.

**Sexual orientation:** refers to an individual's sexual and romantic attraction to another person. This can include, but is not limited to, heterosexual, lesbian, gay, bisexual and asexual. It is important to note, however, that these are just a handful of sexual identifications – the reality is that there are an infinite number of ways in which someone might define their sexuality. Further, people can identify with a sexuality or sexual orientation regardless of their sexual or romantic experiences. Some people may identify as sexually fluid; that is, their sexuality is not fixed to any one identity.

### Societal attitudes / issues

**Cisnormativity:** assumes that everyone is cisgendered and that all people will continue to identify with the gender they were assigned at birth. Cisnormativity erases the existence of transgender/trans and gender diverse people.

**Heteronormativity:** the view that heterosexual relationships are the only natural, normal and legitimate expressions of sexuality and relationships, and that other sexualities or gender identities are unnatural and a threat to society (GLHV, 2016).

**Heterosexism:** describes a social system that privileges heteronormative beliefs, values and practice. Heterosexism provides the social backdrop for homophobic and transphobic prejudices, violence and discrimination against people with non-heteronormative sexualities and gender identities and intersex varieties (Fileborn, 2012; GLHV, 2016).

**Homonormativity:** a term that describes the privileging of certain people or relationships within the queer community (usually cisgendered, white, gay men). This term also refers to the assumption that LGBTIQ+ people will conform to mainstream, heterosexual culture; for example, by adopting the idea that marriage and monogamy are natural and normal.

**Homophobia and biphobia:** refer to negative beliefs, prejudices and stereotypes that exist about people who are not heterosexual.

**Misgendering:** an occurrence where a person is described or addressed using language that does not match their gender identity (GLHV, 2016). This can include the incorrect use of pronouns (she/he/they), familial titles (father, sister, uncle) and, at times, other words that traditionally have gendered applications (pretty, handsome, etc.). It is best to ask a person, at a relevant moment, what words they like to use.

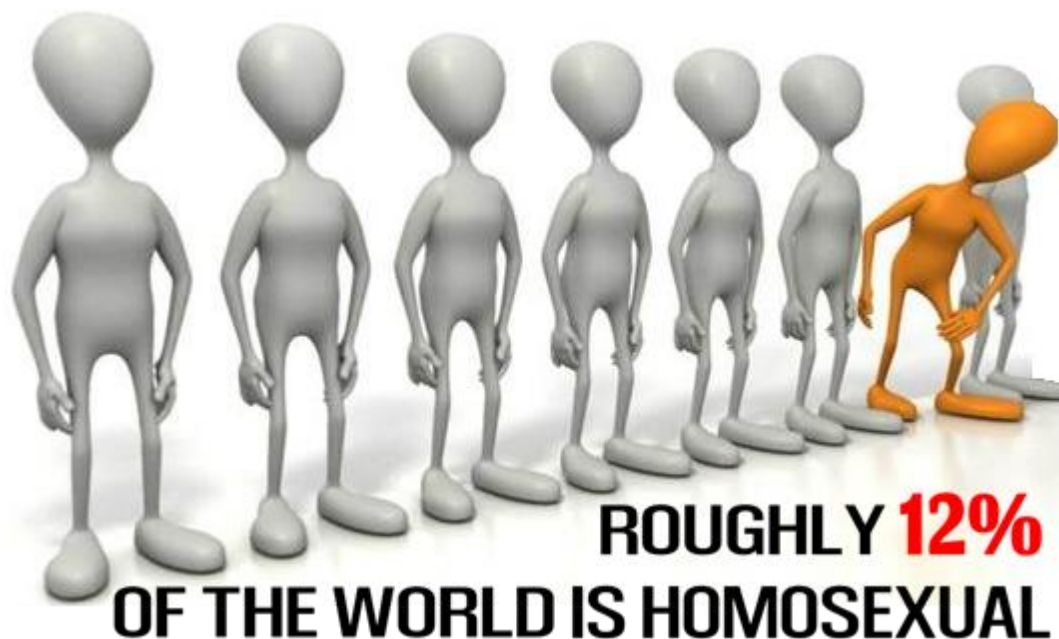
**Transphobia:** refers to negative beliefs, prejudices and stereotypes that exist about transgender/trans and gender diverse people.

## Conclusion

There is significant difference within LGBTIQ+ communities. Having an understanding of LGBTIQ+ terminology and using language that is inclusive demonstrates respect and recognition for how people describe their own genders, bodies and relationships (National LGBTI Health Alliance, 2013b). Inclusive language also makes people feel welcome in organisations including schools, workplaces and services. It is worth noting that considerable debate around language and terminology can exist within and outside LGBTIQ+ communities (GLHV, 2016).

**NOTE:** So we can upgrade to inclusive politically correct speech. I am of the opinion that there prevails now in to be perpetuated into the future who classifies / certifies which category; whether there is ambiguity / overlap; self classification or third party; arbitration to give certainty where there is dispute on applicability.

Yours confused,  
Senior Citizen



**NOTE:** It goes something like this: We are either male or female and our life experience is what our soul wants us to experience. Our soul manifests two personalities, one is always a male and the other is always a female. When we eventually heal our self of what we take on of the Rebellion and Default, only then can we find and recognise our soul partner who will always be of the opposite sex. It is our soul partner who will be our partner for eternity on our journey throughout the universes.

BREAKING the BARRIER of the MIND – ENGAGING the SOUL!



# DYNAMIC personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with our soul and enables us to live a Celestial Soul Condition while we live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.



ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.

# Soul Partners

Physical /  
material body  
Brain

Spirit /  
etheric body  
Mind

Soul + Spirit  
Combination

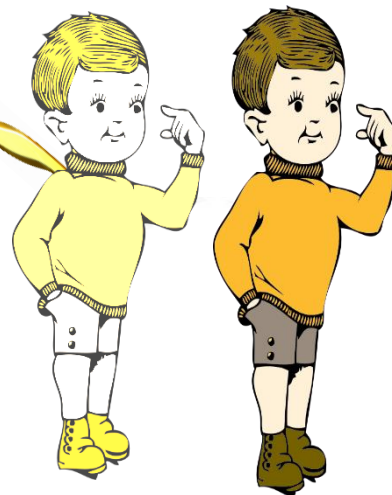
Senses  
Desires  
Memory  
Passions  
Intention  
Free Will  
Emotions  
Creativity  
Awareness  
Personality  
Aspirations  
Intelligence  
Consciousness  
The Real You  
is your Soul!  
Our Soul  
orchestrates  
everything!

## ONE SOUL = TWO PERSONALITIES

The two personalities  
from the one soul are  
eternally compatible  
once they are healed  
of their Rebellion  
and Default.



The capabilities and  
potentialities of every  
individual personality  
is only limited by  
their childhood  
suppression and  
repression. Once we  
heal, then our self-  
expression will reveal  
our true selves.



**One Soul = Two Personalities**  
**One a male and one a female always!**

# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heartbeat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

## **MIND-CENTRICITY is to end through LIVING FEELINGS FIRST!**

Nothing that ails society can be resolved while we continue to live mind-centric!

Helen, 3<sup>rd</sup> Celestial Heaven, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary M might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

**FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS.**

Commencing on the 31 May 1914 and continuing today, revelations by Celestial Spirits have been progressively given through James Padgett and more importantly through James Moncrief. These revelations include those who have been accredited with 'books' in the New Testament of the Bible, such as Matthew, Mark, Luke, John, Paul, Peter, Judas, Jesus and Mary of Magdalene. These writings have been collated and can be reviewed by going to [www.pascashealth.com](http://www.pascashealth.com), then the Library Download page, scroll down to Medical – Soul Condition & Health, click on to open PDF:



-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)
-  [Bible Old Testament Revisited.pdf](#)

**Living true to your feelings:**

**It's to understand that what you are feeling today is a result of masses of repressed bad feelings, all of which need to be brought out one at a time, and not just exploding with that pent up rage, venting your anger all over the place, because you are to follow your feelings – allow your feelings to lead you in life. All those repressed feelings are to be brought out into words, progressively stripping away the many levels of them, all so you can see why you're feeling them. 'Going with your feelings' is not just about acting on every feeling you feel, it's about actively wanting to express and bring to light all your feelings by speaking, using words, and not just through acting. We are to express our feelings to uncover their truth. So you can do nothing, even stop acting out your feelings, whilst you spend years and years simply talking them out.**

Marion 7 Apr 2018

Kindly visit [www.pascashealth.com](http://www.pascashealth.com), then Library Download, scroll down to Medical – Spiritual References and click on to open:

-  [Soul Light book 1 via James Moncrief.pdf](#)
-  [Soul Light book 2 via James Moncrief.pdf](#)

**This time, in the history of humanity, is  
the most exciting time ever experienced.**



## **WE are each a SPIRIT having a PHYSICAL EXPERIENCE!**

Andon and Fonta were the first people to have a longing for human perfection. They lived south of the Caspian Sea some 993,500 years ago. They were red skinned and had an appearance similar to today's Eskimos. Their offspring reached Tasmania, a southern island state of Australia, some 950,000 years ago meaning that migration to and through Papua New Guinea must have preceded that time.



It was some 200,000 years ago that Earth's humanity were beginning to be induced to living mind-centric and suppressing and ignoring their feelings. Also, it became customary for women to be subjected to the control of men. Women being generally closer and more open to their feelings would have ended the folly of living mind-centric should they have been allowed a voice.

Our mind is unable to discern truth from falsehood, our mind is addicted to untruth, and our mind is addicted to control over others and the environment. It is through our feelings that we discern truth and love. Now the issues that plague all of humanity can be understood. We have locked ourselves into the constructing of all that ails society by being mind-centric rather than feelings first with mind in support.

Our soul does it all. Our soul is a duplex, it manifests two personalities, one a female and the other a male – always! It does this by bringing about a spirit body that is the template for the physical body – this occurs at the moment of conception. Should the physical parents be in a perfect emotional state at the time of conception, the child will form perfectly and be born in a perfect emotional and physical state. As none of us are in a perfect emotional state, we as parents of the newly forming body and personality infuse the spirit body of the newly forming embryo with our emotional injuries and errors of belief. This impedes to flow of light from the soul to the spirit body and then through the physical body and then back through the spirit body to the soul. This imbalance in soul-light circuitry brings about the physical deformities, childhood illnesses and health issues that progressively emerge throughout the life of the child. This imbalance also brings about the personality issues, emotional issues and the apparent hereditary patterns being passed on from one generation to the next.

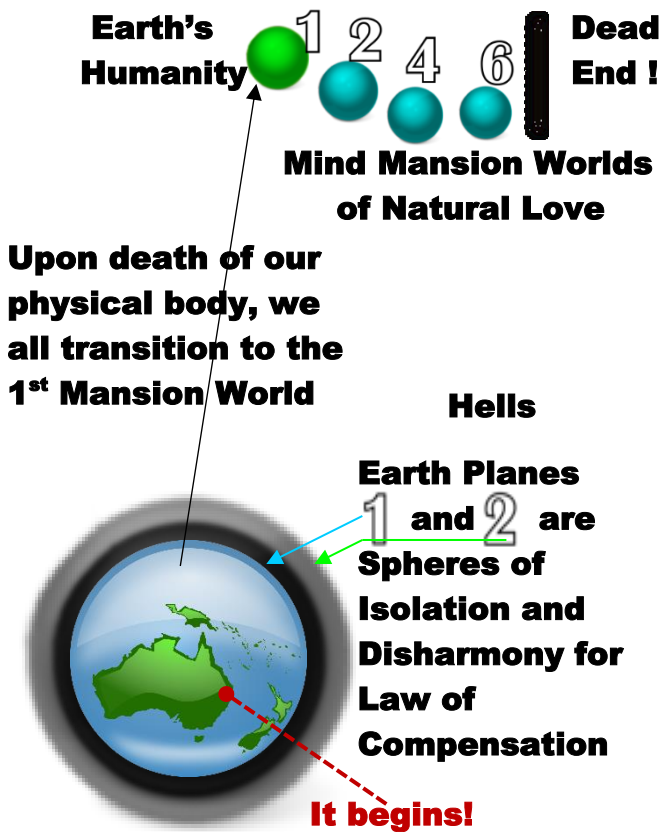
Thus, the underlying issues that we each are confronted with essentially stem from our Childhood Suppression imposed upon us by our parents from the moment of our conception through to the age of six years when our Indwelling Spirit arrives. We compound these issues through our ongoing Repression of our Childhood Suppression. Our Childhood Suppression is classically our parents trying to impose a personality type upon us that they consider is more appropriate than the true personality that we are, that our Heavenly Mother and Father gave us. Thus, we are all walking around presenting to the world a façade that is not our true self – we are each zombie-ised!

This was purposely imposed upon us by hidden controllers some 200,000 years ago. We each have been born into a Rebellion and Default.

**Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



We each are sensitive to spirit influence and connectivity. For most it may almost be non-existent and a fantasy. To a very few it is as though there are no boundaries and the spirit world inter-connectivity with the physical is routine daily. And all the variables in between are experienced by others.



Since the time of Andon and Fonta, 993,500 years ago, all who have lived on Earth have progressed only into the mind Mansion Worlds of natural love. The vast majority have continued living in the 1<sup>st</sup> and 2<sup>nd</sup> Mansion Worlds with a few perfecting their natural love condition and progressing into the 4<sup>th</sup> then 6<sup>th</sup> Mansion Worlds and no further. There was nowhere else to go or progress into. There are maybe more than 200 billion personalities now in the spirit Mansion Worlds.

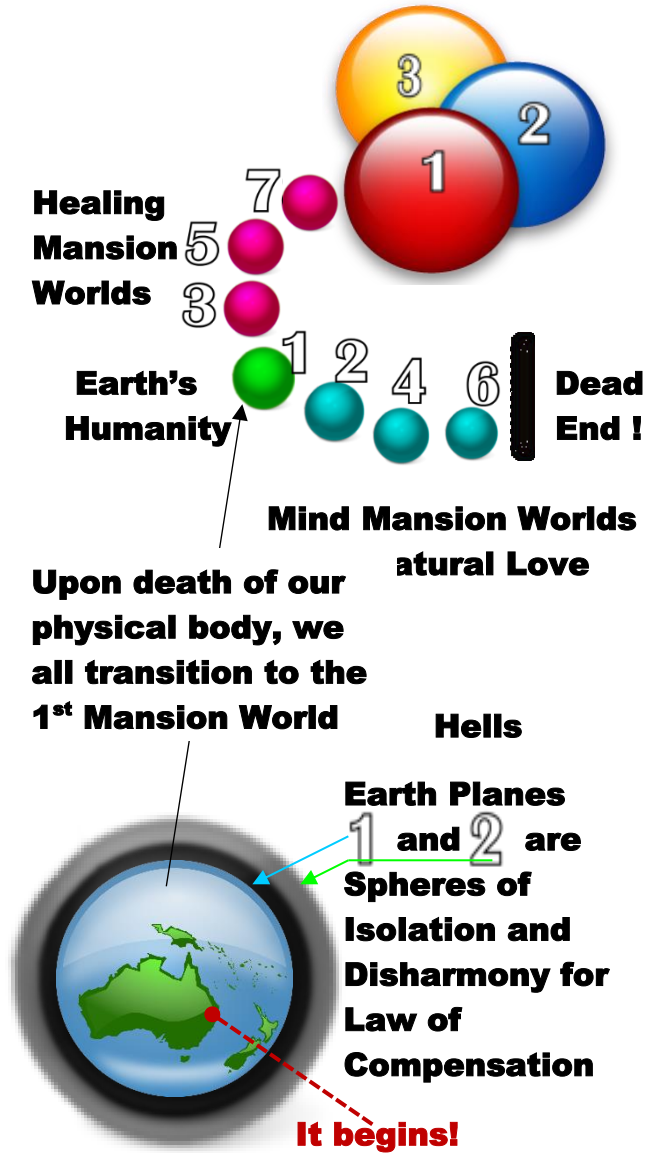
The capabilities and emotional condition of those within the 1<sup>st</sup> and 2<sup>nd</sup> Mansion World is literally no different to the people you see in your daily life. Spirit personalities from the 1<sup>st</sup> and 2<sup>nd</sup> Mansion Worlds having nothing to offer anyone more than when they lived on Earth in the physical.

For the past 200,000 years they have been perfecting their control addictions which emerged for them during their physical

lives. So, from the spirit worlds they have been influencing by suggestion to those in the physical who are open to their manipulations. This is how we get 'sorcerers' and 'witch doctors'. A spirit personality cannot cause anyone in the physical any harm. If you are inclined to be mischievous then they can help you along! This is the foundation of many 'superstitions'.

The planning for the ending of the Rebellion and Default has been underway for a long time. Machiventa Melchizedek is the oversight of the plan. He physically manifested outside of Salam, north of Jerusalem, 4,000 years ago (1980 BC) to tutor Abraham in preparation for the coming of the Creator Daughter and Son (Mary Magdalene and Jesus). Upon Jesus and Mary achieving their full co-regency of our Local Universe of Neadon early in our 1<sup>st</sup> century, they were enabled to have our System Sovereign and deputies arrested (Lucifer and Satan soul partner pairs). They also opened the healing spirit Mansion Worlds 3, 5 and 7, as well as the Celestial Heavens 1, 2 and 3, so as to pave the way for the arrival of the Avonal Pair on Earth in the 21<sup>st</sup> Century (now)!

**SATANIA – System**  
**Earth is #606 of 619 humanities.**  
**Celestial Heavens Spheres**



To support the Avonal Pair there has needed to be a very large contingent of Celestial Spirits emerging from Earth's humanity. At the time of Jesus and Mary there were none!

When Mary lived in Egypt after Jesus' death, she tutored five ladies who subsequently progressed through the healing spirit Mansion Worlds 3, 5 and 7 and then into the first three Celestial Heavens. Others have followed and there now maybe 30 billion Celestial spirits emanating from Earth. That is why it has taken these past 2,000 years to prepare for the Avonal Pair's arrival.

As milestones have been reached then events could unfold. On 22 March 2017 negative spirit influence from the spirit mind Mansion Worlds has been mostly stopped and this has been imposed by the Celestial Spirits.

Also under the terms and conditions of the Universal Contract governing the Rebellion and Default, until recently connectivity and interaction between Celestial Spirits and those in the physical on Earth was off limits. Those who now become aware of Feeling Healing and or the availability of Divine Love can now connect and interact with their Celestial Spirit guidance.

From the blocking of mischievous mind spirits on 22 March 2017, those who were being assisted with seemingly 'magical' or mysterious events, healing or otherwise, are now left to their own devices. There is now

no further assistance to perpetrate so-called black-magic. This spirit controlling assistance has been also blocked off from leaders all around the world with the consequence of enormous amounts of stupidity unfolding. We are to look for a better way and that is to live Feelings First.

On 31 January 2018, the Rebellion and Default has been formally ended. The outworking of the Rebellion and Default will take all of the coming 1,000 years being the Avonal Age. The Avonal Pair are yet to commence their public work as of December 2022.

**This time, in the history of humanity, is the most exciting time ever experienced.**

Our physical parents, from our conception, endeavour to mould us into being 'little me's', that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependent upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents' impositions and suppression.



**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. **THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.** To be completely unconditionally accepted for all that it is. Then it feels loved.

Mary Magdalene, co-regent with Jesus, and soul partners.

This is how we are also to be, as adults!

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

## **We are spirit personalities having a physical experience.**

Following conception, should we not be miscarried or aborted, then we go on to have a physical experience within an ethnic community that we have had no knowledge about and following our return to spirit life we will have little to do with and for a short time only. Our spirit life then progresses for us to heal ourselves of what we each had taken on of Earth's Rebellion and Default. As we heal we disconnect from our Earth family and eventually find our soul partner and then our soul group, our true family. After a period we even disconnect from Earth totally.

Mother Mary, of the Catholic Church and its Rosary, she has even left our local universe of Nebadon. Those who petition Mother Mary through the Rosary cannot be heard by her and as in the past, she can do nothing for those who still do!

All institutionalised systems on Earth are manmade and are all corrupted for the benefit of hidden controllers – there are no exceptions.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (R and R). They control processed food chains that deliver nutritious neutral food that is laced with sugar, salt and fats, creating global obesity and health issues worldwide. Through their octopus of secret societies they manipulate governments and positions of power worldwide with impunity.



Modern western medicine suppresses the symptoms of illness and disease, however there is no curing by doctors who apply 'procedures' learnt by rote in a robotic zombism that kowtows to the pharmaceutical industry and their profit driven agendas. 10,000 illnesses identified with some 500 that can be 'cured'!

Education systems that apply the least productive learning processes using curriculums that generate growth in compliance to those of hidden control.

Religions will be seen for what they are – power concentrations made by man!

Endeavours to make countries 'great again' is going to see powerful countries break into much smaller parts and borders of control become the hindrances of the past.

## **All suppressions are now to be ended by exposing what the Rebellion and Default is!**

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS**  
**EXPRESSIVE!**

**BEING SPIRITUAL**

James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of ourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.

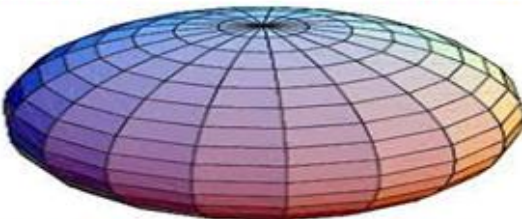


# Our incredible journey!



## SOUL PERSONALITY FEMALE or MALE

Soul



Eternal Son

Infinite Daughter

TRUTH

MIND



Indwelling Spirit

Heavenly Mother & Father

LOVE

We, of Earth's humanity, are of Truth and Mind, of the Eternal Son and Infinite Daughter. We are of Natural love which we are to perfect.



It is then, with our Heavenly Mother and Father's Divine Love, that when we will fuse with our Indwelling Spirit, from Them, and become Celestial.

Our personal Indwelling Spirit is without personality, thus our personality remains the one originally bestowed to us by our Heavenly Parents.

**SOUL is a DUPLEX**

Upon becoming Celestial we are of the trinity with LOVE, TRUTH and MIND, and always evolving through our experiences on our journey to Paradise.

**WILL! The Soul does everything!**



**WILL Healing**

**Our HEALING is one long act of Self-Love!**

**GREAT**  
*U*Turn  **THE**  
**CHANGE**  
&  
**Avonal AGE**

# PASCAS FOUNDATION (Aust) Ltd

We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women and men through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, women, men and children;

and fostering a new era of leadership and leaders.

*It takes a village to raise a child.*

**LIVING FEELINGS FIRST and EARLY CHILDHOOD**

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This being the primary introduction Pascas Paper for educators and social workers.

Then to [www.pascashealth.com](http://www.pascashealth.com) , then to Library Download, scroll down to Medical Education, and click on to download and open:

 [Feelings Experience By South African Students.mp4](#)

For introduction into schools, we are able to follow the pathway of the Journey process, however, there are significant understandings that greatly distinguishes Feeling Healing from what was introduced around the world some 20 years ago.

The platform for schools are these documents also being in the Medical Education section:

 [Pascas Care Living Feelings First - Adults.pdf](#)

 [Pascas Care Living Feelings First - Children - Annexures.pdf](#)

 [Pascas Care Living Feelings First - Children - Discussions.pdf](#)

 [Pascas Care Living Feelings First - Children - Graphics.pdf](#)

 [Pascas Care Living Feelings First - Children.pdf](#)

 [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)

 [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)

 [Pascas Care Living Feelings First - Reference Centre.pdf](#)

By engaging in the syllabus introduced in [Pascas University Social Worker Inaugural PfD.pdf](#) it is anticipated that a degree will be achievable.

By utilising the Pascas Care Living Feelings First set of eight documents, then introduction through schools engaging with a single period per week great benefit can be provided to each student.

Thus, these sets of documents are highly constructive in assisting all members of any and every family.

Pascas Foundation (Aust) Ltd

<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Reiected%20Ones%20via%20James%20Moncrief.d>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

Pascas Care Letters – Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Overview

Pascas Care Letters – Family Shelters Protection

Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters – Family Shelters Support Centre

Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

|                                            |           |                  |
|--------------------------------------------|-----------|------------------|
| Sam’s Book – Parenting and Feeling Healing | Book I    | Experience       |
| Sam’s Book – Parenting and Feeling Healing | Book II   | Conception       |
| Sam’s Book – Parenting and Feeling Healing | Book III  | Magic            |
| Sam’s Book – Parenting and Feeling Healing | Book IV   | Nothingness      |
| Sam’s Book – Parenting and Feeling Healing | Book V    | Setting Free     |
| Sam’s Book – Parenting and Feeling Healing | Book VI   | Pain and Rage    |
| Sam’s Book – Parenting and Feeling Healing | Book VII  | Vision           |
| Sam’s Book – Parenting and Feeling Healing | Book VIII | Childhood        |
| Sam’s Book – Parenting and Feeling Healing | Book IX   | Self-Acceptance  |
| Sam’s Book – Parenting and Feeling Healing | Book X    | Physical Illness |

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guides
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.p>



**Mind Centric Way**

**Feelings First Freedom**

|                                                                                      |                                                                                                                                                                     |                                                                        |                            |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|----------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with:</b>                                                                                                                                    | <b>Paul – City of Light and Sage – and the Healing Angels of Light</b> |                            |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                                                                                                  | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                                                                                         | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>Soul Light from Zelmar Melchizedek</b>                                            | <b>2003</b>                                                                                                                                                         | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                                                                                         | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                                                                                         |                                                                        | <b>– James Moncrief</b>    |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                                                                                         |                                                                        | <b>– James Moncrief</b>    |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                                                                                                  | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                                                                                                  | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>Road map of Universe and history of Universe:</b>                                 | <b>2017</b>                                                                                                                                                         | <b>xxx</b>                                                             | <b>– James Moncrief</b>    |
| <b>The Urantia Book</b>                                                              | <b>1925 – 1935</b>                                                                                                                                                  | <b>xxx</b>                                                             | <b>as primary reading</b>  |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                                                                                     |                                                                        |                            |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                                                                                                  |                                                                        | <b>– Dr Daniel Samuels</b> |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                                                                                                  |                                                                        | <b>– Geoff Cutler</b>      |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                                                                                                  | <b>xxx</b>                                                             | <b>– Joseph Babinsky</b>   |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         |                                                                                                                                                                     | <b>xxx</b>                                                             | <b>– Geoff Cutler</b>      |
| <b>Available generally from:</b>                                                     |                                                                                                                                                                     |                                                                        |                            |
| <a href="http://www.lulu.com">www.lulu.com</a>                                       | <a href="http://www.amazon.com">www.amazon.com</a>                                                                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a>     |                            |
| <b>For Divine Love focused websites and forums:</b>                                  |                                                                                                                                                                     |                                                                        |                            |
| <b>Pascas Health:</b>                                                                | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>                                                 |                                                                        |                            |
| <b>Spiritual Development:</b>                                                        | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                                                                     |                                                                        |                            |
| <b>Padgett Books:</b>                                                                | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                                                                       |                                                                        |                            |
|                                                                                      | <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                        |                            |

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

## [James Moncrief's books, the Padgett Messages and The Urantia Book at:](#)

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

|                      |                                      |             |       |     |
|----------------------|--------------------------------------|-------------|-------|-----|
| All Padgett Messages | (for condensed versions – see below) | 1914 – 1923 | Pages | 945 |
| The Urantia Book     | (see suggested papers to read below) |             |       |     |

#### **James Moncrief Books:**

|                                                                     | MoC   |                     |     |
|---------------------------------------------------------------------|-------|---------------------|-----|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003 | 228 |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003      | 189 |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003      | 170 |
| Soul Light from Zelmar, a Melchizedek, books 1 and 2                | 1,480 | May – Sep 2003      | 480 |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007            | 164 |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                     |     |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010            | 177 |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                     |     |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013      | 206 |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013      | 229 |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014      | 187 |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014      | 191 |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014 | 84  |

**This group being pages of 2,305**

|                                                                  |                        |      |     |
|------------------------------------------------------------------|------------------------|------|-----|
| Paul – City of Light                                             | 1,488.5                | 2005 | 149 |
| Ann and Terry                                                    |                        | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006 | 159 |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010 | 151 |
| Introduction course to Divine Love Spirituality                  |                        | 2006 | 139 |
| Speaking with the Dead, Death and Dying                          |                        | 2009 | 173 |
| Spirits and their Childhood Repression Healing                   |                        | 2010 | 179 |
| With Verna – a nature spirit                                     |                        | 2008 | 279 |
| Communication with spirits – meet a spirit friend                |                        | 2010 | 37  |
| Introduction to Divine Love Spirituality website                 |                        |      | 362 |
| Sage – and the Healing Angels of Light                           |                        | 2017 | 260 |
| Divine Love Spirituality                                         | 1,500                  | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017 | 153 |
| Religion of Feelings                                             | 1,500                  | 2017 | 47  |

**This group being pages of 3,046**

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>



**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:**

**The True Gospel Revealed Anew by Jesus volumes 1 – 4**

**Book of Truths by Joseph Babinsky**

**The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

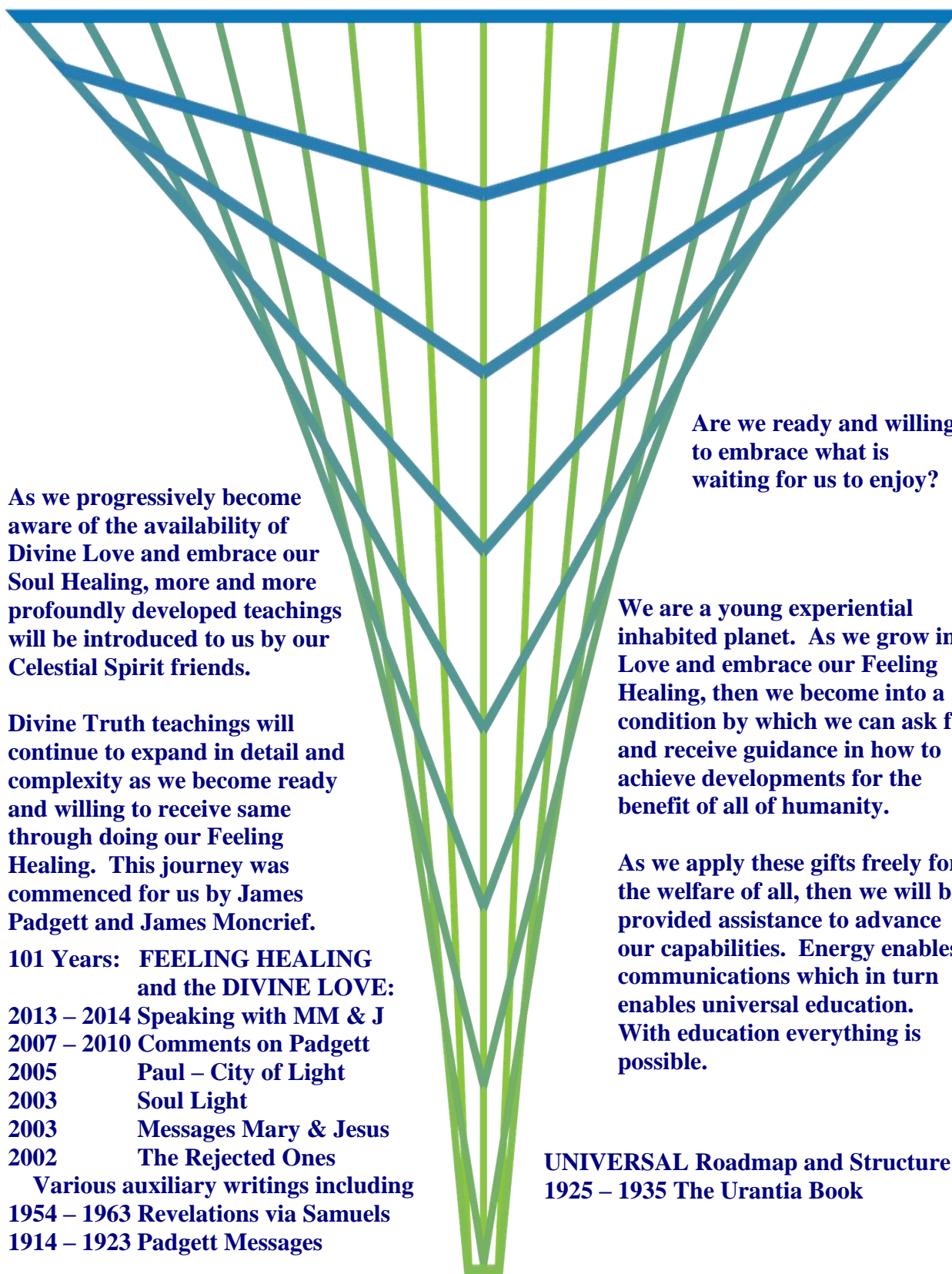
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebellious  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Before the revelation of Feeling Healing, and with Divine Love, Soul Healing, we have been withheld in mediocrity!**

**It is now possible to smash through the Glass Ceiling to infinite growth in Truth and Love!**



# "THE" profession is: TEACHING



to:



while you



*Learn through play*  
*Independently explore subject*  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*

**Our journey is one of never ending learning and ever growing love!**



perceived truth MoC 920 – relative truth potential MoC 1,480