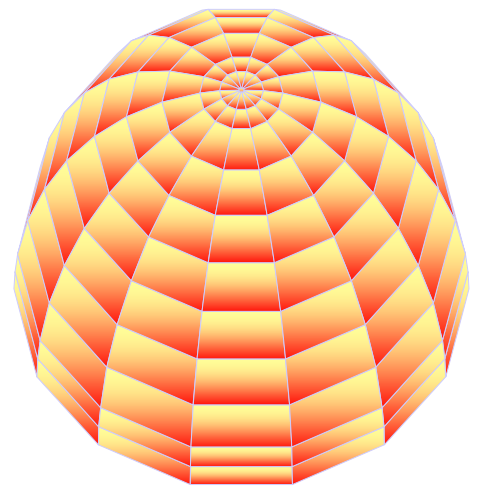


# PASCAS CARE CENTRE - INTRODUCTION



**“Peace And Spirit Creating Alternative Solutions”**

**PASCAS FOUNDATION (Aust) Ltd  
ABN 23 133 271 593**

**Queensland, Australia**

**Pascas Foundation is a not for profit organisation**

**Em: [info@pascasworldcare.com](mailto:info@pascasworldcare.com)**

**Em: [info@pascashealth.com](mailto:info@pascashealth.com)**

**[www.pascasworldcare.com](http://www.pascasworldcare.com) [www.pascashealth.com](http://www.pascashealth.com)**

**PASCAS CARE five to ten year agenda:**

**FUND GENERATION to achieve rollout of 4,000 centres in more than 40 countries.**

**This being the first phase, then to continue in every community worldwide:**

Year 0	Year 2	Year 4	Year 6	Year 8	Year 10
Centres: prototype	230	462	820	1050	1438
				<b>Total Centres</b>	<b>4000</b>

Upon the commencement of operation of the prototype centre, the number of centres opened will double continually in prompt succession.

The Pascas community is a global network of likeminded individuals and families who are supportive of the delivery of these centres into the many communities outlined. Many of these families are already undertaking programs encapsulating aspects of the overall Pascas Care agenda.

The initial centres will be within economically developed communities to resolve operational procedures and be training centres for those who will then proceed to run centres in the various countries within the ambit of this program.

Technologies that can be introduced through Chaldi College aspect of a centre are to create new industries and employment within the precinct of the Pascas Care Centre. Many innovations and technologies have been introduced to Pascas for this purpose.

It all starts with education and that is the underlying operational program of Pascas. With education much can be achieved. To achieve this, communication networks are required and these, in turn, need to be supported with low cost reliable power sources. This is all possible within the Pascas agenda.

Directors:

Jim BAKER	Public Accountant
Carolyn DOEL	Administration
John DOEL	Chartered Accountant
Peter SHEPHERD	Chartered Engineer
Gene THOMPSON	Engineer



***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

# PASCAS CARE

**PASCAS CARE CENTRES to be operating by the end of five to ten years: 4,000**

**Program will then expand to every community within ever state and nation worldwide.**

**REGIONS:**

<b>Africa</b>	<b>India Sub-Continent</b>	<b>Australia Pacific</b>	<b>South America</b>
South Africa 285	Afghanistan 130	Australia 190	Venezuela 50
Zimbabwe 30			Guyana 45
Liberia 50	Pakistan 270	New Zealand 160	Colombia 65
Cote D Ivoire 35			Surinam 85
Ghana 65	India 450	Pacific Islands 290	Ecuador 40
Togo 15			Peru 30
Benin 20	Sri Lanka 50	<b>640</b>	Bolivia 55
Nigeria 50			Argentina 70
Mali 40	<b>900</b>		Paraguay 65
Guinea 80		America	Chile 70
other 20		<b>US Indian 400</b>	Brazil 195
			other 70
<b>Africa 690</b>		<b>Caribbean 200</b>	<b>Sth America 840</b>
<b>Madagascar 40</b>	<b>Other 290</b>		
Maxi Clinics 3%			
<b>Standard Clinics 94%</b>	<b>Average number of employees per clinic including medicos: 60</b>		
Micro Clinics 3%			
		<b>World Total</b>	<b>4,000</b>



# Pascas Care Clinic



PASCAS CARE – THREE UNITS IN ONE:



Average number of employees per clinic including medicos: 25  
 day care treatment facility: 20  
 nutrition café and community services: 15  
 Total: 60

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

# Pascas Care Centre



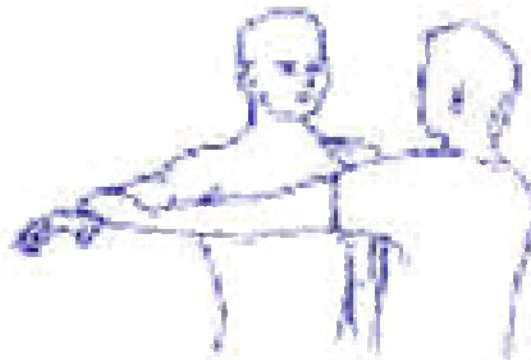
## Pascas Care medical programs Benchmark

On behalf of potential clients / patients, Pascas Health, as a matter of course recognises that there are as many complementary therapy practices and modalities as there options on a Chinese restaurant menu. You can research a seemingly endless array of platforms / modalities and then be immediately introduced to another large group of options. It is impossible for the consumer to build confidence in their choices.

The effectiveness / delivery of the desired effect / of a modality can be tested by using kinesiology and benchmarking it against the Map Of Consciousness (see page 52 excerpt from Power vs Force by Dr David R Hawkins). At the level of 600 or higher, modalities in complementary health are effective. This testing has to be carried out for every variation of any given modality.

The energy level of the practitioner is equally as important as the energy level of the modality. Both must be within this given benchmark range.

Interestingly, we have found a series of books and concepts that can readily shift energy levels upwards, thus assuring this benchmark for practitioners can be obtained and held. Where appropriate, these gifts are shared with those who strive for such growth.



## Pascas Health Database

For the consumer, there is a deficiency of evidence of which complementary modalities work and which ones do not.

A coded and confidential monitoring of performance and outcomes is fundamental to all Pascas Health operations and delivery procedures. Confidentiality of data will be consistent with national standards.

The purpose of the data base is to build up a body of evidence to identify clearly, the effectiveness of specific health modalities, be they allopathic / western or complementary / eastern based.

This kind of tracking and database is not employed in the typical allopathic medical clinic, however, Pascas is to track this data with as many aspects as practical and viable. We will all discover much from this foundation record keeping.

## Light Body Health Sciences

Light Body Health Sciences encapsulates all health orientated modalities that relate to the non-physical aspects of our body. The sciences incorporate all aspects of energy, sound, light, and other platforms of healing. We are slow to grasp that we are spirits with a physical body, not just a physical body with a spirit.

There are huge developments occurring within the health delivery practices. It does seem extra-ordinary that light body health sciences has not yet emerged as a fundamental part of all health centres. The practices were perfected in ancient times and here we are now saying – wow!

Why do we need light body health sciences?

We all anticipate that when a cancer patient has the inevitable surgical operations that within around five years, the elephant will come charging back with a final and devastating blow. Why?

The issues within our various layers of our light body are not being addressed at the time of the surgical procedures. It is the issues within our various layers of our light body that have caused the physical ailment and they have not been addressed. When we make it a standard practice to address these issues, then the combination of the two platforms will help secure the long term health of the client / patient.

As the Light Body Health Sciences emerge, by utilising kinesiology and other aspects of connectivity to the etheric plane, we can progress the understanding and capabilities at a much faster rate than previously envisaged. It took over a year to determine which filament to use in a light bulb, this same amount of analysis can be processed within three minutes using kinesiology.

### **Pascas is about Melding the Best of Allopathy with Complementary Medicine**

Both systems support each other. There are incredible capabilities to be found in each aspect of all platforms.

The diagnostic and promptness of allopathic treatments are unquestionably impressive.

The complementary platforms of treatment are slower and focus much more on the cause rather than the symptoms and are significantly lower in cost that allopathic treatment. It is this pathway that remote and emerging economies need to be supported with in preference of burdening them with the massive costs of allopathic therapies.

### **Nutrition**

Governments of advanced economies around the globe are being crushed by the economic burden of their health systems. You wonder why they complain. After all, it was they who:

- Governed the processing and treatment of milk so that it is now lifeless.
- They ensured that wheat has been refined to the level of lifelessness now reflected in our bread.
- Similarly with rice.
- Sugar has some 60 or more nutrients extracted from it before we can buy it.
- They insist upon complicated packaging of processed food that is costly and lifeless.
- Water is loaded with chemicals in the endeavour of making it potable.

All the staples of our diet have been turned into life sustaining products, not life enhancing products. We have to store these products in our bodies as fat while the body employs limited nutrition to remove this fat.

‘Fresh is Best’ – it is simple. We can test the energy level of all aspects of our food. Anything under 200 is not positive for our well being, it is not life enhancing and this incorporates nearly everything that you can buy packaged within a super market!

If you are experiencing an illness episode, then your food options should include only those items that calibrate over 300 on the Map Of Consciousness.

### **Pascas Café**

The entrance to a Pascas Health Clinic is via or through a Pascas Café. This is to offer the opportunity to share the viability of diet as an essential health management aid.

Pascas Café is to share the potential and ease of steadily shifting one’s diet to life enhancing practice and the pleasures that come with fresh foods.

Few recognise that pre-packaged juices are of no nutritional value. The nutrition rapidly is lost during storage of the processed fruit juice. Only freshly juiced drinks are viable.

The same applies to pre-cut salad mixes. Looks great! Once lettuce is broken or cut, it quickly loses its vitality. Very convenient, but costly and of no viability for your body.

### **Chaldi College**

We have four major duties: feeding the people, housing the people, providing adequate healthcare, and education.

Without education, nothing can be achieved. All things and all progress starts with education.

Chaldi (pronounced Kaldee) Colleges existed thousands of years ago and were free to all, slaves and kings alike participated. Chaldi College origins date back to Lemuria.

Chaldi College will provide life skills education as short courses and cater to local custom. It is about raising the opportunities and living standings, quality of life and prospects of those who visit.

Within remote and emerging economies, Chaldi College, as it is annexed to a Pascas Health Clinic, will also provide introduction to appropriate new technologies that can be employed and even manufactured within the community. These new technologies are being sourced through Centres for Advanced Technologies (CATs).

### **Centre for Advanced Technologies (CATs)**



New innovations, worldwide, are not being supported. Having met up with some one thousand innovators and determined some four hundred innovations as having commercial merit and application within remote and emerging economies, it is the objective of CATs to actively seek out innovators with technologies appropriate for introduction into emerging economies. When further reviewed, this starting group of possibilities enhanced the quality of life in all aspects necessary. This being communications, energy, complementary therapies and medicine, agriculture, food, housing, building, furniture, environmental and resources.

### **Urban Rural Technopath (URTh)**

The URTh administration team, much like the CATs administration team will, have the collective capabilities of Nation Building though it is an entirely different group. As we progress, we will have an ability, through the many arms of Pascas WorldCare to deploy resources to build the economic capabilities of communities.

### **Pascas Health Sanctuary**

A Pascas Health Sanctuary is a major medical complex, encapsulating a sophisticated hospital of some 300 beds, medi-hotel of 150 – 400 rooms, major and diverse consulting rooms providing allopathic doctors and complementary therapists, supported by complex diagnostic and imaging capabilities. The purpose of a Pascas Health Sanctuary is to technically and administratively support the Pascas Health Clinics within its region of influence.

### **Pascas WorldCare**

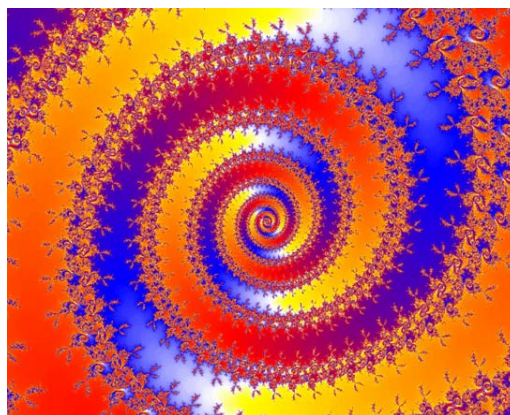
Pascas WorldCare is the core investment vehicle and central management.



### **Pascas Foundation**

Pascas Foundation is the funding source for the humanitarian operations of Pascas in any of its forms of involvement.

**PASCAS  
HEALTH**

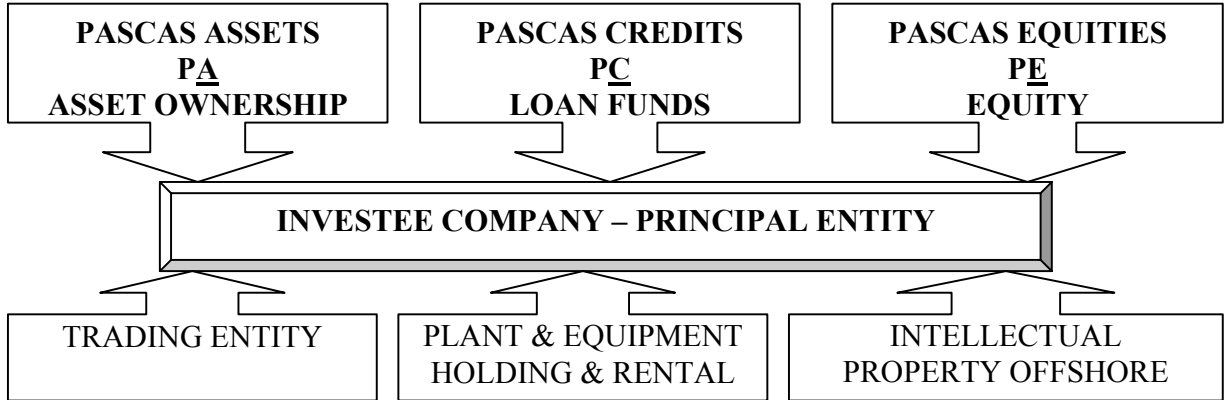


**Feeling  
Healing with  
Divine Love is  
the key!**

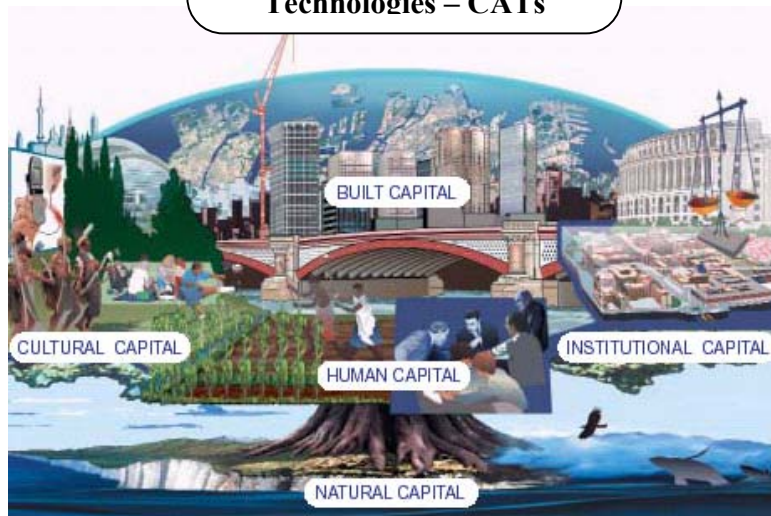




# PASCAS WORLDCARE Ltd

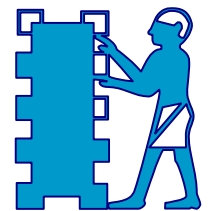


**PASCAS WORLDCARE**  
agenda  
supported by  
**Centre for Advanced  
Technologies – CATs**



**INNOVATION &  
TECHNOLOGY  
DEVELOPMENT**

**REMOTE AREA  
TECHNOLOGIES  
RATs**



**CENTRE for ADVANCED  
TECHNOLOGIES  
CATs  
PROTECTS the MONEY BOXES**

**URBAN RURAL TECHNOPATH  
URTh  
PROJECT MANAGER of PASCAS  
NATION BUILDING PROGRAMS**



**PASCAS FOUNDATION  
PF  
HUMANITARIAN**

**PASCAS WORLDCARE  
PW  
NATION BUILDING**

## **Pascas and children.**

Pascas is a protector of the most vulnerable – especially women and children.

“Children are the most vulnerable members of society.”

“But when we consider the case of children, their free will is impeded in the initial stages of their physical incarnation. They cannot physically survive on their own and without protection from those who are stronger and wiser, their ability to achieve any type of spiritual progress is nearly an impossibility. Now some would disagree and say that even a short life can teach valuable lessons, and this does happen. But this is not the ideal pattern and I would hope we can agree that taking care of children on this planet should be a number one priority of those who have taken the oath to help humanity evolve.”

The activities of PASCAS CARE – KIDS of the WORLD will be substantially funded through PASCAS FOUNDATION. PASCAS FOUNDATION will be a humanitarian trust that will financially support the agendas that we all have empathy for and a drive to achieve.

PASCAS CARE – KIDS of the WORLD will be also supported by profits generated from the commercial sides of PASCAS WORLDCARE.

**The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.**



**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

# Pascas Care Centre

A Pascas Care Centre in an emerging economy may facilitate and focus upon the following:

- Medical Clinicians with satellite broadband communication linkage to the core centres within the network.
- Focus on:
  - Pre-natal / post natal services.
  - Immunisation
  - Dental
  - Eyes (embracing Sight for All)
  - Nutrition
- General Practitioners / Physicians will be supported by visiting specialist:
  - Obstetrics & Gynaecology
  - Orthopaedics
  - Dermatology
- Units will incorporate:
  - Pharmacy
  - Optometry
  - Physiotherapy
  - Radiology

Day theatre capabilities will under take a wide range of procedures.

A standard Ozone Therapy unit will have 12 beds / chairs available as well as the AIDs Serum unit will have available a further 15 beds / chairs. Treatments in both segments extends to a wide range of life threatening diseases.

Nutritional training for patients and their family will be facilitated through the attached training kitchen being adjacent to dining / training rooms.

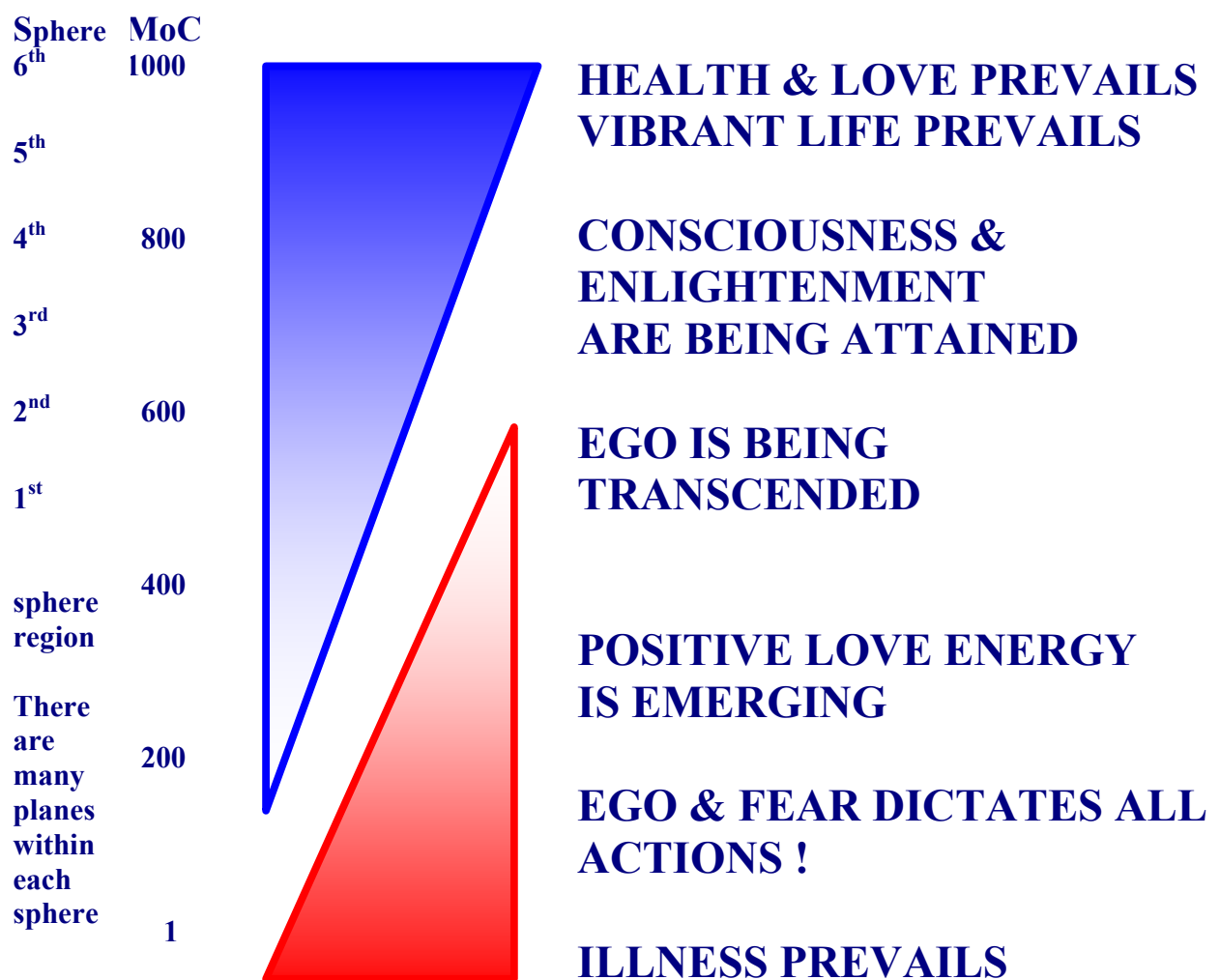
Having extensive office facilities and meeting rooms within the Pascas Health Clinic enables Pascas to support the introduction of new technologies to grow employment and skill levels for patients and their families. Chaldi College can be likened to a community centre for the dissemination of life style guidance, particularly living feelings first.

The agenda is to treat the cause, not the symptoms as well as bring gainful employment and prosperity into the community which Pascas will be.



**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

# PASCAS CARE CENTRE

## PASCAS CARE CENTRE:

### **TOTALCARE HEALTH CENTRE & CLINICS**

Primary agenda is the provision of capabilities for the expansion of:

- ✓ Support for dental services.
- ✓ Support for eye services.
- ✓ Support for inoculation programs.
- ✓ Support for family planning programs
- ✓ Support nutrition education programs.

Principal clinics to be established in the major centres of each province with provision for Tele-Medicine units to be deployed throughout the provinces. All clinics and tele-medicine units are to be supported by satellite links to the major Pascas Health Sanctuary centres of excellence in Australia and the Bahamas, and subsequently in South Africa.

Specific support will be directed to the management and treatment of HIV/AIDS, malaria and tuberculosis.

Pascas Care is bringing a focus to treating the cause rather than just treating the symptoms of disease. Pascas Care is about wellness and well being of humanity on a global basis.

PASCAS CARE is a holistic complementary health and alternative medicine clinic melding the excellence in allopathy (Western) medicine with the proven techniques of many traditional therapies, developed over aeons.

### **Hierarchy of Holistic Medical Services**

Remote Areas:

- Telemedicine via call centres supported by the medical teams at each of the Centres of Excellence in the Bahamas, Australia and Africa. These Centres have alliances with world renowned medical units around the world that will be accessed as and when required.
- Telemedicine Kiosk: Through satellite communications, the kiosk enables remote access to telemedicine diagnosis and treatment. The Kiosk features diagnostic camera, three lead ECG, retinal scanner, a camera for video-conferencing, video screen, vital signs measurement and a defibrillator. Should the Kiosk (being a laptop unit) be unable to communicate with the greater network, in built diagnostics are able to provide analysis of results.

Rural Areas:

- Medical Clinics may consist of as few as one Clinician. However, he/she has satellite broadband communication linkage to the core centres within the network.
- Third world remote clinics will focus on:
  - Pre-natal / post natal services.
  - Immunisation
  - Dental
  - Eyes
  - Nutrition

#### Urban Clinics:

- General Practitioners / Physicians will be supported by visiting specialist:
  - Obstetrics & Gynaecology
  - Orthopaedics
  - Dermatology
- Supporting units will incorporate:
  - Pharmacy
  - Optometry
  - Physiotherapy
  - Radiology

Integrative Medicine, which incorporate natural healing methods to improve and/or restore function. Integrative Medicine allows medical practitioners to combine successful natural and complementary therapies within the framework of orthodox medical training to provide better clinical results with less invasive therapies.

Thus, there is a progression in size and complexity within the satellite health and healing units that can be anywhere in the world, all being linked back to the Pascas Centres of Excellence.



**Feeling  
Healing with  
Divine Love is  
the key!**



**HEALTH DOME:**

The **Health Dome** needs to be viewed internally as a hologram.

Each health modality interconnects and is complemented and supported by each and every other health modality.

No one process or practice is an exclusive solution.

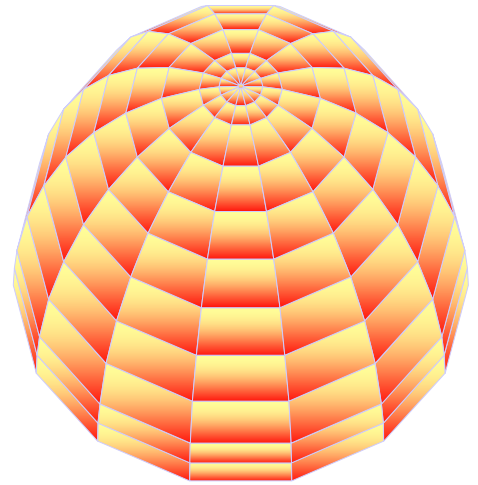
If you were to say that one practice or solution stands out above and beyond all others at the pinnacle of the **Health Dome** then that would be **Love and Forgiveness – Feeling Healing**.

The basic malady found in people is self-hatred. Self-hatred is the basic inner illness in all of us, but just how that self-hatred and non-acceptance of the self manifests is shown in our different character structures. As we work to understand our dynamics on a daily level, we can learn to accept ourselves through this process. Self-love is the greatest healer, and self-love also requires daily practice of living Feelings First.

The broad view of the healer encompasses the totality of the human being. In healing there is no separation between body and mind, emotions and spirit – all need to be in balance to create a healthy human being. The healer focuses on physical, psychological and spiritual malfunction. It is impossible to do healing without affecting the psychological levels of the personality. The more the healer understands the psychodynamics of his/her clients / friends, the more the healer will be equipped to help the clients heal themselves.

**Finding the initiating cause of an illness is always a key part of healing.**

**The objective, from within the Pascas Care Health Dome, is to treat the cause much more so than just treat (suppress) the symptoms. Re-occurrence of many illnesses is due to the non-treatment of the cause.**



<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

[info@pascashealth.com](mailto:info@pascashealth.com)

### **INTEGRATED HEALTH MANAGEMENT INCORPORATES:**

- Painting a health picture.
- Understand the physical, psychological, emotional and behavioural symptoms of stress.
- Interpreting case history of a client in a holistic way, building up a picture of the progression of any conditions, chronic or otherwise, from their past and even from their parents.
- Holistic Diagnosis.
- Understand the importance of good nutrition.
- Understand the role of exercise in staying healthy.
- General health management for practitioners.
- Understand the link between the energy healing and physical and mental health.
- Practise of basic energy work and therapeutic touch.
- Learn how to self-heal and teach it to others.
- Working with the Mind and Vibrational Energy.
- Use the techniques you have learnt to achieve the life you want now.
- Putting the Theory into Practice.

The **Pascas Care Health Matrix** melds allopathy (western) medicine with complementary (alternative) therapies with continual blending of advanced practices and sciences, all contributing to the objective of treating the cause more so than the symptoms, with the patient being responsible for their own health management programs.

**Pascas** continues to draw on new practices, innovations, sciences, protocols to support health management programs and deal with diseases that are decidedly difficult to manage – all with a focus of delivery of services in remote and emerging economies.

The following information is a general introduction into various styles and systems of holistic health management – all practices have something to contribute. It is **Pascas'** agenda to focus on those practices with the highest level of efficacy and appropriateness for desired health management programs.

**Through the diagnostic streamer, patients / clients are able to obtain an understanding of the health care programs available and resolve the program to be supported by the management of the streamer and his team.**





## **PROCESSING & CLEARING EMOTIONS:**

It is recognised that the foundation and cause of illness, in all of its forms and variations, is the result of emotions. Specific issues with emotions have been aligned and are understood to be related to specific health issues. Thus, the diagnosis of various illnesses generally will be readily related to emotional issues that require addressing.

### **Natural Love Flow**

***Natural love is Creation's love;***

***One can swap back and forwards between paths***

***I am God***

***Intellectual***

***Self reliant (trust myself)***

***Self-determination way of life***

***Mind dominates***

***Adult like***

***Control***

***Millions of paths (man created)***

***Peak possibility is 6th sphere***

***time to complete path:***

***100 years to over 1,000 years***

### **Divine Love Flow**

***Divine Love is Soul's love.***

***I am God's son / daughter / child***

***Emotional***

***God reliant (God relationship)***

***Soul-spirit living harmony***

***Soul dominates***

***Child like***

***Feeling***

***Defined path (God created)***

***Peak possibility is infinity***

***(sphere / mansion world are same)***

***5 years to over 10 years to at-onement***

The Feeling Healing and Divine Love are about processing and clearing emotions.

A Pascas Health Clinic is to assist those patients / friends to understand the relationship between one's emotions and one's health issues. In doing so, those patients / friends who wish to resolve their emotional issues to achieve the permanent well being of their own health, as well as of their family in general, will be supported by Pascas in everyway possible.

Processing emotions is assisted by evolving a longing for God, the following prayer profoundly supports the patient / friend on the Divine Love pathway.

“God's love is not that which needs the love of man to give it a divine essence. But, on the contrary, the love of man must be completely enveloped in, or absorbed by, the Divine Love of the Father in order to become divine in its nature. So, let man know that his love is but the mere shadow of what the Father's love is, and that, so long as he refuses to receive this Love of the Father, he will be compelled to remain apart from the father and enjoy only the happiness which his natural love affords him.”

P.81 Angelic Revelations of Divine Truth, Vol I through James Padgett

Two things will be free at Pascas Health Clinic, Pascas Blue Water and Processing and Clearing Emotions.

## **EMOTIONAL PROCESSING:**

‘Weeping and whacking’ rooms, rather than ‘wet rooms’, will be available within each Pascas Care Centre and any of the associated activities of Pascas WorldCare.

The room, by its very nature, is required to be sound proofed. This requires double glazed, if not triple, windows, walls lined with sound retardant material and doors sealed to prevent the transfer of noise.

### **Emotional Clearing:**

- Teaches you how to release and prevent negative feelings like fear, anger, hatred, jealousy, inadequacy, sexual issues, or depression from contaminating your life and relationships.
- Shows you how to manage your life so you don't create more negative feelings that become trapped in your soul, building up and creating the pain within your physical body.
- Gives you a highly effective consciousness-based EAST/WEST self-therapy system that releases deep, trapped, inherited negative feelings.
- Enables you to work on your emotional self as part of your spiritual practice and soul growth.
- Empowers you to use negative feelings for personal growth.
- Provides you with powerful experiential guided sessions that train you in how to apply these principles and initiate deep transformational releases.

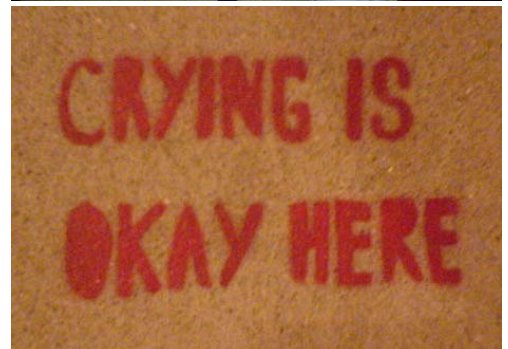
**Emotional Clearing can be used alone or with: all yogas, pain body, meditation, energy psychology, 12-step, all healing modalities.**

**You just need to release the negative feelings / emotional blocks inside that you think the external things will be made better.** But the amazing thing is that as you start to release negative feelings by going inside and working with them, you also start to **release the BLOCKING** that has been preventing you from achieving outer goals!

You find yourself more easily achieving outer goals, as if they are just being **brought to you**, and at the same time you become less compulsive about attaining the outer goals.

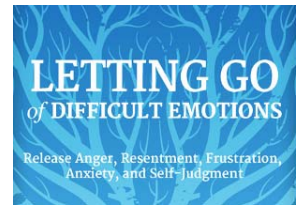
**‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’**

Quote from Celestial Spirit Richard 22 Dec 2012



## **LETTING GO with The LOVE:**

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

**Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling.** Focus quietly on the feeling. Breathe into the sensations and allow them to be.

**Step 2: Ask yourself one of the following three questions:**

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

**Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?**

**Step 4: Ask yourself this simpler question: When?** This is an invitation to just let it go NOW.

**Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.**

**The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...**

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

This process is ever so freeing and uplifting, though sometimes difficult.

Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins

**Feeling Healing  
with Divine Love is  
the key!**



**Dr DAVID R HAWKINS:**

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, interbalancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the build-up of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Everything is interconnected.

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**MUSINGS by JOHN:**

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book Power vs. Force, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock

having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,  
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with Kevin and Kathaleen, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already

knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

## **CONCLUSION:**

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

## **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**



## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

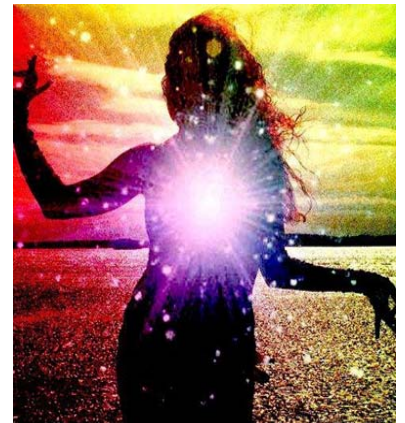
## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality



# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

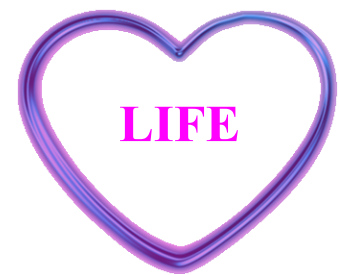
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



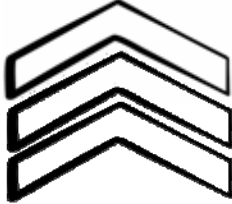
my  
**House** is your  
**Paradise**  
 **HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;

Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.

Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



**END to the REBELLION and DEFAULT – 31 January 2018:**

31 January 2018: Nanna Beth: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.





GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

***Cause No Harm*** < to OTHERS  
to MYSELF

**Strive to love others as I am to love myself**

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one’s love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man’s mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one’s faith evolves, one’s love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God’s creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

“I love you Father.” “Let the Divine Love flow its energy into my soul.”

“Mother, Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love.

Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

“Please Father and Mother, may I receive Your LOVE.”



Maybe we could simply long for and ask:

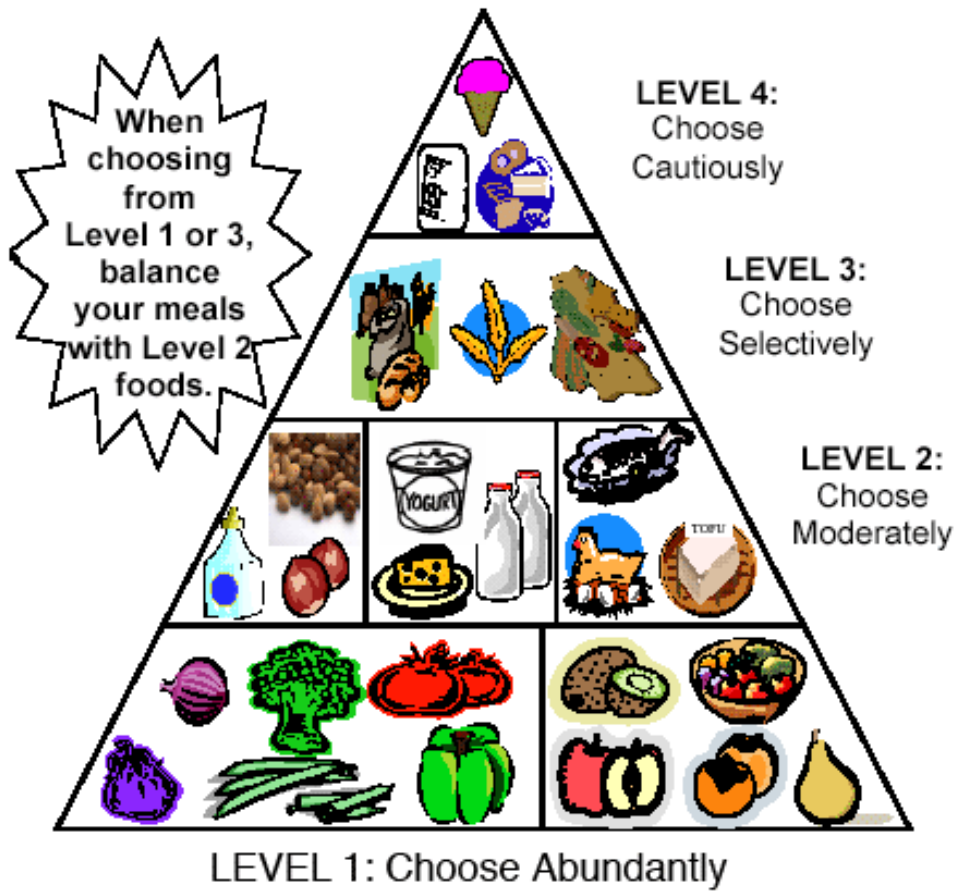
*Please, Mother and Father, I want some more of your Love!*



MoC 1,471

**RAW FOOD MEALS:**





**Fresh is Best!**

# PASCAS CARE

## "Beacons of Light" around the globe

