

PASCAS CARE

Feeling Healing

And Will



“Peace And Spirit Creating Alternate Solutions”

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

Put your mind on the fence and concentrate on expressing all you feel.

And the further she goes the less time she gives to her mind, becoming as it were, just feelings.

And when it is time for this Avonal pair to assume the mantle of truth, for their Spirits of Truth to become active in the hearts and affairs of women and men, then it will usher in the new age, the first real age of Truth. That which Jesus and I couldn't do. All that is happening now is in preparation for what will come. The groundwork has to be done so to speak. And there is plenty of time, you are not going to miss out, for now is the time for the real turning point of humanity to come. Now fast approaching is the time when the light of truth is to start shining on Earth in earnest. Not just as a faint glow from spirit as it has during these two thousand years, but in earnest, as a light for those who want to see will see, and those who want to hear, will hear. And as we have told you before, all is moving along perfectly according to plan, for how could it do otherwise?

5 April 2010

Suicide: Of course to take your own life you would feel very bad. To reach the point of feeling so unloved, with so many bad feelings you can't block out anymore, is a very bad position to be in. Most people can manage at least to suppress and hide most of their repressed childhood feelings stopping them coming up into their adult life.

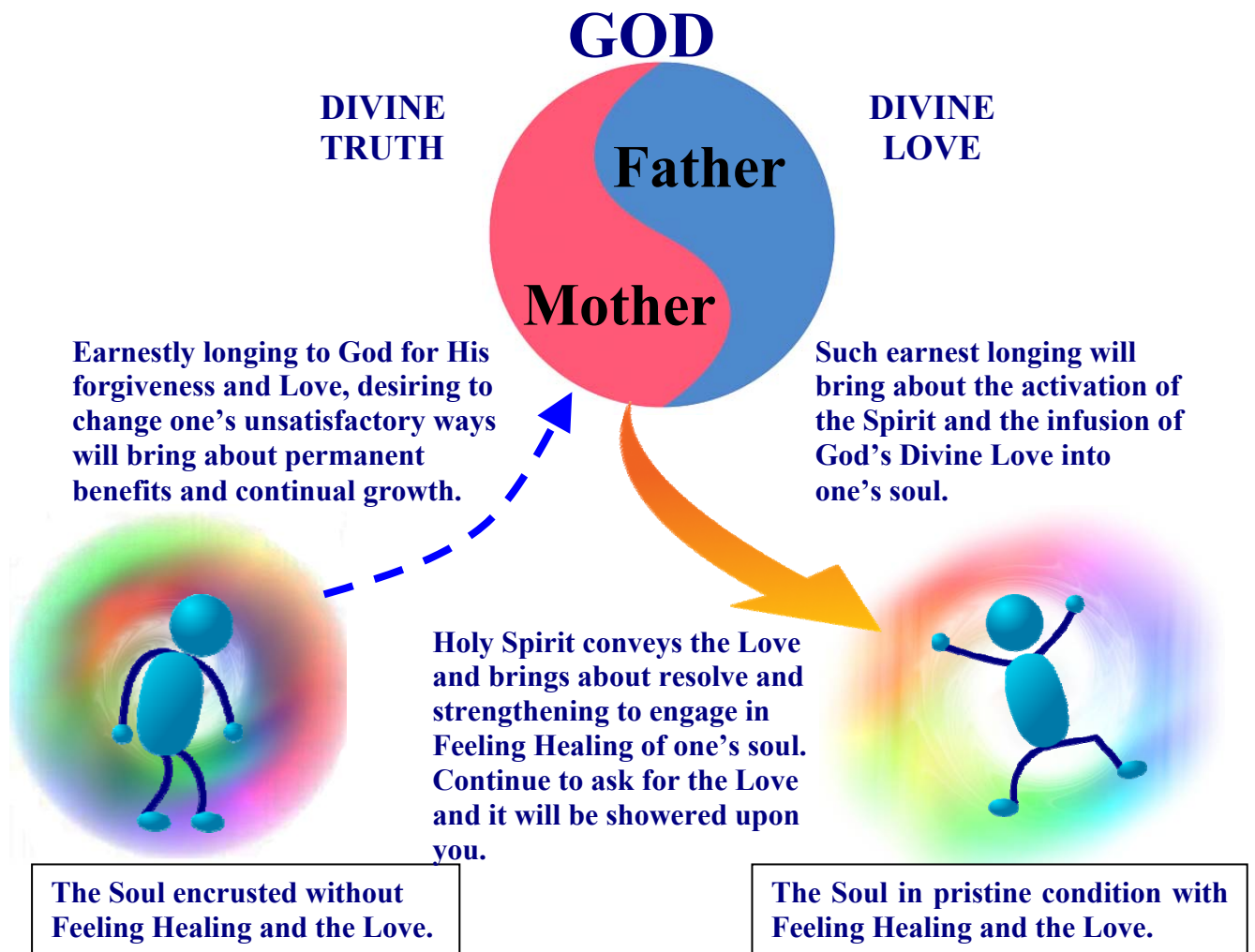
What Helen Padgett (Padgett Messages – January 7, 1915) is referring to is that fact that to take your own life you are acting against your own will to the most severest degree, and because of this, to deny yourself life, to override your will that is saying you are to still live in the physical realm, brings about a harsh level of compensation. However, like all that you are denying, were you to want to know the truth of why you did take your own life, which would come about were you wanting to grow and investigate your feelings; and so were you to listen to and even take the advice of attending Celestial spirits and start longing for the Divine Love and the truth of all your feelings, then as it has been told to you in the Padgett Messages, the higher Law of Forgiveness would come into play decreasing your penalty for taking your own life. You would still experience a lot of pain, however it would only be the pain of what caused you to kill yourself, the pain of all you suffered during your early years.

So Mary, if one were to embrace one's healing relatively soon after arriving in spirit, one wouldn't have to go through any long drawn out compensation, like those spirits who delay in doing it?

That's right James. There are many spirits who still choose to deny truth, and so suffer the influences of the Law of Compensation believing they are paying for their sins, and when it's done its work on them are thus perfect, healed and free. This applying to all mind spirits whether they committed suicide or not. However all they have succeeded to do is what Jesus and the Celestials in the Padgett Messages refer to as 'perfect their natural love', which means, as you worked out some time ago, they have succeeded in perfecting living still in their negative states, only having changed and made the necessary adjustments so as to not be continuously inflicting their unloving self on others.

So they are perfect in that they are not stepping over the line, sinning or doing evil, by hurting others, or even to a certain degree, hurting themselves. However unbeknown to them, they are still full of their repressed childhood pain, which effectively they have succeeded in denying and blocking out to yet another deeper level, that being to the sixth level Mansion World. So they are truly perfect in their self and feeling denial, and are still to do their feeling- or soul-healing as you are revealing. They are still to fully forgive themselves through their own self-love as one does doing one's healing. They live in the

misguided and deluded belief they are fully healed, and all-loving, yet it's all in and with their own minds. And as you came to understand for yourself, they are simply living one extreme of the negative mind condition available to be lived.



Infographics and diagrams have been added by Pascas.

Our Heavenly Parents simply desires for us to ask for Their Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

PARENTS SUPPRESS OUR WILLS!

Notes from [Mary and Jesus' Comments on the Padgett Messages, book 2, p.64](#) by James Moncrief

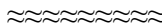
All of our anger is due to feeling so powerless, this some understand, however we have yet to fully embrace the feeling, meaning, and awareness of and true understanding that when we say we feel powerless, we mean will-less, and to feel will-less is at the root of all our problems and why we feel so bad. It is time to give feeling will-less more thought and feeling.



That will become the level at which we are to reach in doing our healing, and that will be why we will feel so bad when we say we feel like we are nothing, because we will then be feeling when we feel our will is not there, not functioning. And as we are to know, we always have will, yet it was with our parents and their treatment of us that made it seem and feel to us that we didn't have a will, all because they didn't allow us to be free to use it, to do as we pleased. So our whole negative state is one of feeling will-deprived, will-less, and many people and spirits when they say they feel soul-less really mean will-less.

**OPPRESSION
AND DISCRIMINATION ARE
NORMALIZED FROM BIRTH THROUGH
OUR LIVED EXPERIENCES
AS CHILDREN.**

It's just what our parents did to us. They screwed us up and then expected and made us try to make ourselves feel better and have a life. They gave us nothing of a life, nothing good to feel about, and yet expected and told us it was all up to us to make ourselves feel good and make a good life. Which is all very well, yet how can we do that when they stopped us from being able to do anything for ourselves, when they stop us from being able to make life be any way, good or bad, for ourselves.



Our childhood repressive upbringing, without exception, infuses progressively into our all controlling mind, cluttering same with errors of belief and injuries from our parents. Our all controlling power hungry minds begin to dominate our every action. The norms that we observe and participate in during our childhood become our way of living, and in turn we pass these domineering ways onto our own children. Humanity is trapped in a never ending cycle.



Throughout all of this perversion and persuasion our soul remains pure in truth and feeling. It is only when we avoid our mind thinking processes and allow our feelings domain, do we begin to live in truth and harmony. Our soul based feelings are our way to truth. Allow your feelings to flow freely. Our feelings are truth. Our feelings will bring harmony and peace. Our feelings will help us feel and know the truth of our injuries and errors. Then with our soul based feelings will we evolve in love and harmony with our Heavenly Parents.

WE are SOUL!

The soul is perfect when it incarnates into a human! Most assuredly the soul is perfect! The prior existence of the soul is perfect, residing in God's soul-kingdom or realm. When it incarnates and individualises into a human, it is perfect. Further, one's personality is soul based.



The soul incarnates and begins its individualization as a human in a state or condition of imperfection and corruption. The transition of a soul from a place of pure light and love into a place of darkness is a comparison where words fail us to describe.



Two states or conditions: The first of Light and Love, and the other, earth, of darkness and imperfection. In this process of change, the soul is immediately damaged. This damage is not mere encrustments on the outside of the soul, where, somehow the interior part of the soul remains pure and pristine. The soul, the complete soul, suffers harm and damage.



For those who **lived** on earth for a brief period of time, say, for only **one short day**, nonetheless, will have suffered damage, hurt, and injury. The damage being so deep, that the little human physical body may only live on earth for as little as one day. At birth we arrive damaged. The spirit-body, after the earth vessel is dropped, will continue to live and thrive in a nursery in the spirit-world.

In the spirit world nursery, one is encouraged to freely express their souls. They are not hindered or disciplined in anyway as we on earth experience from our first days and years of life. They are not seen as most children are viewed on earth, as wild animals that require training and rigid discipline. All are happy and able to express themselves freely.

The damage that is infused into the soul of babies emanates from its parents and those in close relationship. The soul damage becomes visibly seen as one matures into adulthood. Should we feel and express our childhood repression then our liberated soul and personality will express itself in the manner of the girl on the bottom right hand side, otherwise our appearance and health degrades as seen of those above.

WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



ALL RELIGIONS have UNKNOWINGLY EMBRACED the REBELLION:

Some 200,000 years ago, groups of spirits allowed their minds to dominate and came to believe that they could be self reliant and independent of God. They denied His existence and rejected embracing His will. They rejected the spiritual leader and source of Truth within the universe they and we are in. Consequently, all religions on Earth have unknowingly and unwittingly embraced the way of the Rebellion as brought about by the Lucifers and the Satans, the very people / spirits the churches despise!

The term evil in this context means that we are preventing ourselves from growing in truth, from being the real and true you. And as part of this truth denial and so ongoing denial of self through the ongoing denial and refusal to accept ALL one's feelings, we will deny ourselves and our true soul partner, namely one's soulmate (soul partner), all so we continue to keep denying ourself of the maximum truth we can receive. Truth is all that our soul requires to keep it evolving.

It's not simply the partaking of God's Divine Love that entitles one to progress up the Divine Love spirit Mansion Worlds to the Celestial spheres, but it is one's growing in truth through the ongoing healing of one's negative state, by doing, as we call it, our Feeling-Healing. That being, the stopping of our feeling denial and healing any personality expression denial we might have. That being the only way we can grow in truth.

None of the religious organisations recognise this. They all placate one's feelings, continue to pacify their congregations and in such continue the Rebellion.

**Speaking with Mary Magdalene and Jesus, book 1,
10. The end of religions and Mary and Jesus' Second Coming.**

by James Moncrief
14 February 2013

Not to many people want to live true, being too scared to change, too scared to face the truth if they find out something that makes them feel bad,

They don't want to embrace the whole truth of themselves and come to understand that most of how they are is wrong. And many people will look at new things, even change what they will consider to be quite substantially, however it will still all be within their negative mind state. It will be nothing more than shuffling the same deck of cards rather than looking to find a new pack altogether.

Consider feeling-healing as a new way, that which involves healing one's self of their negative and truth-denying states.

The coming to James Padgett was the Second Coming of Jesus, that is, in part of his Second Coming being his re-revelation of truth to humanity. Only truth does anything for one's soul growth.

It's all a game people have invented for themselves, the game called – 'let's be a Christian'. There is no such thing as a Christian, that's only based on mental belief. Being a true 'Christian' comes from being a brother or sister in truth. That being what we all naturally become as we grow in truth healing ourselves of our negative state. We are simply a soul, a child of loving Parents, the Source Soul, and children from humanity of Urantia (Earth), we don't need any other label. We are children of truth, and until we start to live such truth, we will never be happy, we will never feel truly loved, this being what we are all to realise through our lives of truth-rejection.

All religions do contain a smattering of truth, all are worthwhile in that respect, but as all have been evolved out of the wrongness, none of them offer one the true way of salvation. And even though they

all oppose each other, believing one is better than the other, they are all the same in that they are keeping all their adherents under the spell of evil (error). Such mental systems are heavily controlling, they are not personality liberating, they work to keep the individual depowered whilst maintaining the illusion they are empowering. They are systems that will have to go should humanity choose to fully embrace its growth of truth. And in time they will all go, and one day they will be relegated to the long past dark history of Earth, a time when evil reigned supreme, and the individual under the illusion of having freedom, lived greatly deluding himself that such systems were the spiritual means to an end. All they do is keep one imprisoned within one's untruth. They hold a carrot of truth out to you, a promise, but never fulfil it. And they can't fulfil it, as evil and wrongness and denial of truth by its very nature is anti-truth, so one will never get anywhere within such systems if one is serious about growing in truth.

11. Religions and spiritual systems are a product of our evilness.

18 February 2013

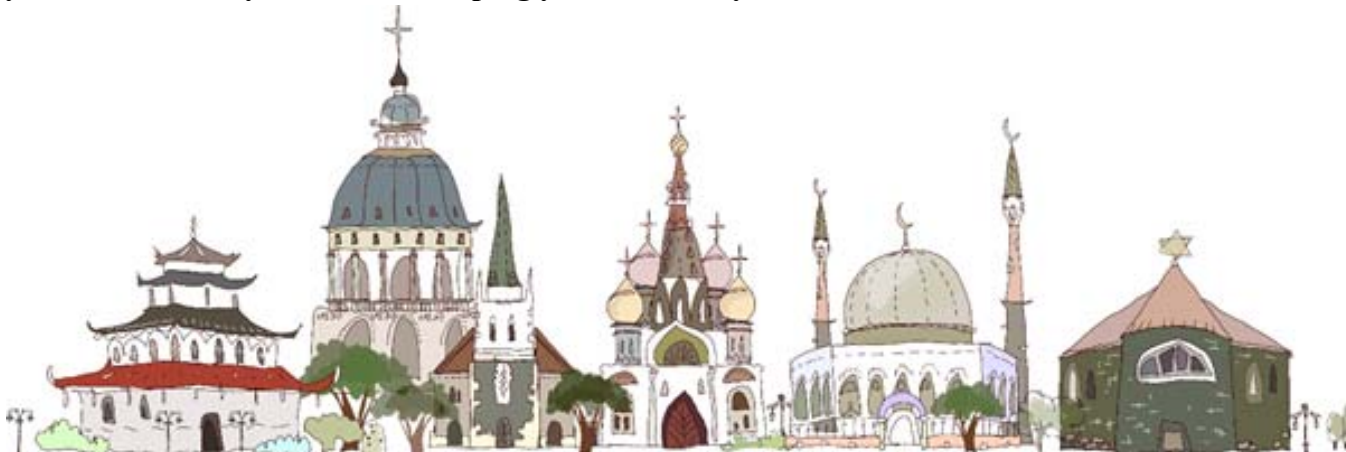
Humanity is to realise that such spiritual systems as our existing religions are a result of our evilness (errors), a product of it, so are entirely of it. They are not going to help one heal or rid one's self of our negative condition. They are to be seen for what they are, which is beginning to happen. The writing is on the wall so to speak. Humanity is now beginning to out grow them in other ways. And the more people that leave them, the less control they will have.

Speaking with Mary Magdalene and Jesus, book 3,

by James Moncrief

Monday, 21 October 2013

The religion of evil is how you all live, it's your religion: you are all living the Religion of Evil, it being started by the Lucifers. And within it you break it up into different parts giving it different names, Islam, Christianity, Buddhism, New Age and so on. But it's all the same thing, all leading you further from yourself and keeping you untrue to your soul.



Mary Magdalene and Jesus' comments on the Padgett Messages Book 1

by James Moncrief

'The Catholic Church will eventually, as an organisation of political power, and as a monster of error and a teacher of doctrines contrary to God's truths, be utterly destroyed, and its followers will embrace the true teachings of my (Jesus) gospel. Many will not embrace these new teachings, though, until the last vestige of the power of this great vampire has utterly disappeared.

The priests will be shaken from their seats of power and will become men of no influence among the people, for my truths will destroy all the errors which they have preached and through fear caused their deluded followers to embrace and believe. This James is of course still to come. And it will. And it

will happen to not only the Catholic Church, but all Churches, spiritualities and religions that exist as they do now in the negative and against Mary's and my truths and God's Divine Love. In time – and it will be in a long time – all things man has created with his negative mind and will, shall be pulled down, destroyed, and no longer wanted. And all will happen as people start to find the truth for themselves through the healing of their soul.

Speaking with Mary Magdalene and Jesus, book 4b,

by James Moncrief

In the meantime a the New Religion would take the best all religions have to offer, together with the best of the New Age ideologies, all the self-help and positive thinking, all to ultimately be the more perfect way of denying all your bad feelings, of keeping your whole childhood repression repressed forever. And that would then be the conclusion of the Rebellion, humanity would be the most evil it could be, the most controlled, living the greatest of all fantasies, united as one being as it were all of the high sixth world level of mind control. And all the feelings of people on Earth and in the mind worlds would be dominated by the minds of everyone, so they would be able to create their own feelings using their minds, feeling good, happy and loving to their hearts content, going even one step further than what is generally thought of as creating your own reality – it being a reality of complete feeling-control by the mind: so feeling denial, so soul denial, so personality and truth of oneself denial. So all unnatural and not a true expression of natural love as would be expressed by feelings that were lived true to one's soul and not controlled by one's mind.



Mary Magdalene and Jesus' comments on the Padgett Messages Book 2

by James Moncrief

Padgett Message Joseph H Salyards

May 3, 1915

“And that is, the New Birth: which means merely the flowing into a man's soul and becoming a part of it, of the Divine Love of the Father.”

And it means a lot more, as it means the doing of your soul-healing, so when it's done, when you've healed all of your negative state, then you will be of a positive mind and will, giving rise to feeling like you have been born anew. And why this happens is because all of your mind and will circuits will be positive, so, loving, and not anti love as they are now. So in a way you will feel as if you were incarnated on Earth to positive mind and willed parents, parented completely lovingly, becoming a full adult true to your feelings. And you will feel like this, as if this was your life, not because your relationship with your parents will have miraculously changed for the better, but because during your healing process you will have in a way stood in for and replaced your parents and their negative effects on you by loving yourself through your bad feeling acceptance. Your relationship with your parents through your forming years will always remain as it was, it can't of course change, however the effects of it can, and this is what you change through your healing, giving you the feeling at the end of it, that you are fully loved and positive, so as if you are of a New Birth, as if you have been born anew. Not born again, for then you would have new parents, but born anew, the phoenix rising out of the ashes.



As you know, sex is to procreate, which means to bring another soul-personality into Creation so far as mankind is personally concerned. And one would assume that by wanting to have children prospective parents are setting out to receive and then nurture a new soul-personality encouraging their child to freely express all the attributes of its personality. This being done lovingly, were you of a positive mind and

will. But as parents aren't, then it's not done truly, nor fully lovingly as required by the incarnating soul, by the little child. And the child is then subjected to its parents negative state of mind and will causing it all sorts of expression problems, all based around the denial of its feelings.

Padgett Message Ann Rollins

July 8, 1915

“So while you must pity the followers of most of these orthodox churches because they are living in the security, as they think, of these false ideas, yet you would not be justified in attempting to do anything to abolish these churches in toto, because there is nothing to supply their places, and the truths which they teach would be destroyed and nothing left to serve the soul's interests.”

It's devastating having to face that you have nothing, that there is nothing for you, that your life is nothing, that there never was anything, that there wasn't any love, and all that you think is so good and wonderful giving you so much, is all nothing. That is how Marion and I have been feeling a lot lately, and we have only been able to feel such a truth about ourselves, the truth of our early life and all our parents did (or rather, didn't do) for us, having done so much of our healing. Were we to have had all our falseness suddenly stripped away, it would have been too traumatic for us, so I'm slowly beginning to appreciate the slow step by step advancement in our healing. Had it been any faster and we wouldn't have been able to cope with the pressure and pain, it would have been too excruciating. And so I guess this is a part of the mercy of the Mother and Father, allowing us to move deep into our negative states, and then when we want to come back to Them, gradually helping us to come out of it. And so in this light, I can see that James Padgett's messages could be seen as something of a stepping stone, a slow introduction to the truths giving people time to accept them before moving on further into the more severe side of things and having to do their healing.

Exactly James, and that was all Jesus and I (Mary) can do, it's all we can offer you, for as we've said, being not of the negative state ourselves, we can't go all the way into it with you. We are only holding out our hands to you saying, come, but to come and follow us, the way will be hard. We will help you with all we know and with our Spirits of Truth, but still you will have to do the hard work, feel all your pain and come to terms with the truth of your unloving life. And when the time is right, when everything is in place, then pressure will start to be applied to that which is untrue, and then some people will no longer want to believe in the church or their religion seeing that it doesn't do for them all they want it to. And as you know, there is always a portion of humanity at any given time feeling this way, and so looking for answers, but in time that portion will increase, and no matter what the churches try to do to keep the faithful they will be seen as old and outdated, something doomed to die suffering the fate of untruth. And those small fragments of truth contained with them will also be found in newer systems that ring true, so people will be able to move leaving their church and religion, feeling they are losing nothing whilst gaining a lot more.



Spirit of Truth

And now I can see the value of people discussing their Christian beliefs with those truths in the Padgett Messages. It helps to meld the best parts together making something of a line of continuity.

Yes, and it all needs to be said, and indeed will be said. What is occurring now is only a very small part of what will happen. And it's going to happen right the way through the next age. Humanity has a lot of growing to do, and not all people are going to be able to do what you and Marion are doing, putting all that you've done aside, giving it all up, and embracing an entirely new way all within a matter of years. For the greater part, people will need to make slow changes, their lives being too involved with the business of doing all they need to do so as to survive. Yet still all you are saying and all we are telling you needs to have its place so those people wanting more can use it.

Now Mary, these things that are said from time to time in the Messages, I also find odd, Ann Rollins, July 8, 1915, says: “But I tell you that the time is coming when the churches will teach the real truths of God's Love and of Jesus' mission and the way to man's salvation; and then humanity will be happier, and the Kingdom of Heaven will exist on Earth as it does in our Celestial Heavens. The time is now ripe for these churches to receive these truths, and men's longings for light and happiness will demand that the true gospel be preached, and it will be.” I used to feel very excited by such things, thinking that perhaps there is something in the Mayan factor, that perhaps these are the end times we're moving into; perhaps something big is going to change and all the churches will change – over night, it was always, very sudden and dramatic – and masses of people will swing around embracing all you and Jesus say, and... and on it would go... and I'd be waiting... and, looking for the signs..., and...

I understand James, it all sounds very appealing doesn't it. However as we've been saying, it will need to be a gradual transition and not one that happens too fast, as people wouldn't be able to cope with it. However, having said that, it's not to say that it will be smooth sailing for humanity, for it won't, as it can't, because of the dynamics of living in an anti-truth state. The further humanity moves into its negative state the stronger will be the forces seeking to drive it back, and in the end those forces will prevail for all people will one day have to heal their evil condition.

It still may take aeons before it arrives or anything definite changes or progress is made.

Paul – City of Light

by James Moncrief

There is a group that consists of those who are truly and sincerely God-Willed in their focus. Their priority is to put the Will of God first, before their own will. These people want to live true to God and true to themselves. They are only concerned with growing in truth. They want to live their life, as God wants them to. They want to live life through their heart and with their feelings rather than with their minds. They want to have a soul-to-soul and face-to-face, real feeling relationship with God – one of unconditional love. One in which they can simply enjoy being Their child knowing with all their heart they are loved by Mother and Father. **They want to know God very intimately and without interference from anyone especially the Church or any of the other standardised current religious system. And even though many people do believe this is the type of relationship they are having with their Heavenly Parents in the Church, their relationship will always be limited by the false beliefs of the Church. They will never be able to achieve a completely free relationship with Them; free of the mind and its erroneous beliefs, free to believe what God wants them to believe and not what the Church wants them to believe.**

One is either self-willed or God-willed, and it's based on the truth of your soul and not what you want to believe about yourself with your mind.



Golden Rule: that one must always honour another's will as one honours one's own.

OUR FIRST TEACHERS:

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the SACRED and INSPIRED WRITINGS. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world's major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one's soul based loving and truth based feelings and bringing about dependence upon one's erroneous mind. BC=BCE AD=CE

Note: Lunar cycles were considered years, then seasons as years.

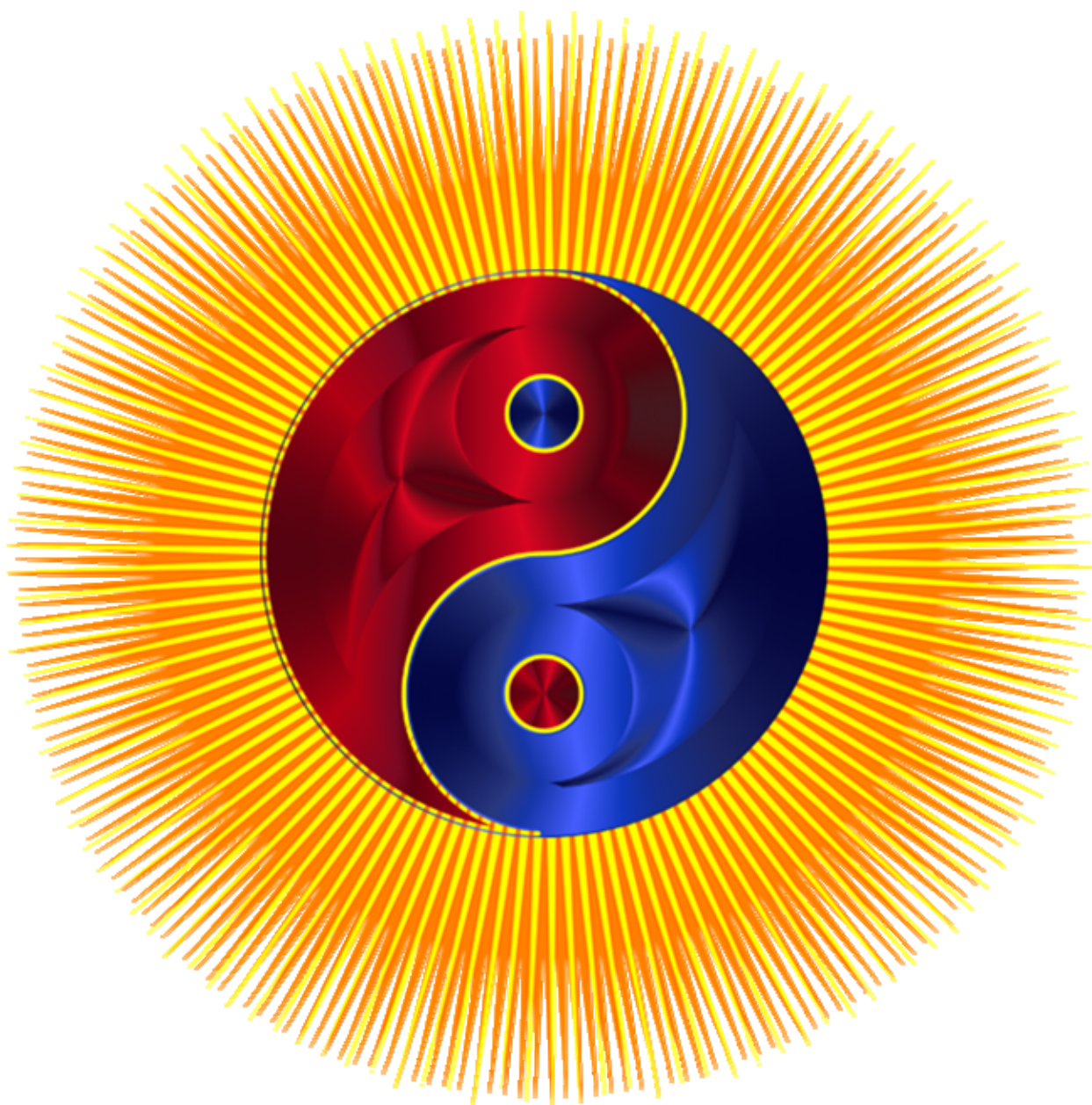
First Parents, Andon & Fonta, also known as Aman & Amon 1,000,000 years ago
 As a result of Lemuria (Mu) we have Sacred Inspired Writings 300,000 BC (Chaldi College)
 As a result of Master & Mistress Lucifer we have the Rebellion 200,000 BC
 As a result of Adam & Eve we have the Default 38,000 BC
 As a result of Osiris, we have Osirian 20,000 BC (born in Atlantis)
 As a result of Thoth, we have Osirian in Lower Egypt 14,000 BC (coming from Atlantis)
 As a result of Krishna, we have Hinduism 3,228 BC (birth dates)
 As a result of Abraham, we have Judaism 1,750 BC (+/- 250 years)
 As a result of Moses, we have Judaism and Moses books 1,200 BC (approximately)
 As a result of Zarathushtra, we have Zoroastrianism 630 BC he lived for 242/4 years
 As a result of Lao Tzu, we have Taoism 604 BC
 As a result of Varadhamana Mahavira we have Jainism 599 BC he lived for 72 years
 As a result of Buddha, we have Buddhism 560 BC
 As a result of Confucius, we have Confucism 551 BC
 As a result of Jesus via Paul we have Christianity born August 7 BC died age 35, March 29CE
 Mary of Magdalene, born 2 BC, died age 48, and Jesus of Nazareth, both born free from error.
 As a result of Muhammad, we have Islam 570 AD
 As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord 923 AD to 947 AD period of reign
 As a result of Hiawatha we have Iroquois Confederacy 1550 AD
 As a result of the Second Coming we have Divine Love and then Feeling Healing
 which with Divine Love then is Soul Healing 31 May 1914 AD to around the 2040's
 As a result certain restrictions of the Rebellion and Default are now lifted.

From the above ancient clay tablets can be found the Lord's Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

By longing for the truth of one's feelings and for our Heavenly Parents' Love is the way forward.

Infographics and diagrams have been added by Pascas.

Our Heavenly Mother and Father



END to the REBELLION and DEFAULT – 31 January 2018:

31 January 2018: Nanna Beth: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

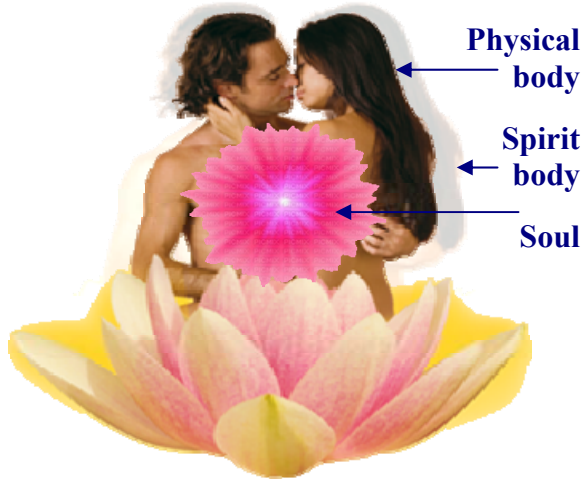
So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.



The New Way: learning how to live true to ourselves by living true to our feelings.

First Parents being First Ensouled Humans



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

REBELLION



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

BESTOWAL

REVELATIONS

× 2

MAN'S GIFT of FREE WILL and the AVAILABILITY of DIVINE LOVE:



Our first parents, who were created together, were perfect in their physical organism as they ever were afterwards or as any man or woman ever became from that time into the present. At their time of physical creation they were more perfect than mankind is now as they had no physical ailments, no sickness, and no deformity of any kind.

Man was and is created with free will. That is, they have the right to choose. When we employ our will we are following the will or our Heavenly Parents.

When man chooses free will, he can follow his own man made passions and desires or he can choose the will of our Mother and Father, our Heavenly Parents.

Man is a creator and he has created emotional errors. When he employs emotional errors and injuries, these result in harm to others and to himself. When man causes harm there are consequences. Illness as a result of man's created emotional errors is man made.

As emotional injuries become imbedded into his being, cloaking and suppressing his own loving soul, these errors or injuries are passed down through the generations until they are resolved and abandoned by later generations. In the meantime, such generational injuries frustrate free flow of loving energies throughout the spirit body which is the template to the physical body. The collective injuries of a family environment are picked up by babies during gestation and early childhood.

As family members abandon emotional errors, the cloaking of the soul is removed and healthy energy flow returns to the physical body thus bringing about health to the person.

As man adopts more and more the way of the will of our Parents, Mother and Father, health and prosperity prevail within the personality and also for the family.

It is this free will that enables us to grow in love and progress through the spirit worlds into the Celestial Heavens. This is unique only to the ensouled man.

Free will has its issues. However, without this tremendous gift of free will we would not have the choice nor the way to grow in love and reach the Celestial Heavens and more.



This free will is not available to any of the other of God's creations, they do not have a soul and they cannot grow beyond the level at which they are created.

Man, with his soul and free will, being created with natural love, can progress to the highest levels of the spirit worlds. However, should man with his free will embrace the availability of Divine Love then he can grow and enter the Celestial Heavens. No other creature has this potentiality.

Infographics and diagrams have been added by Pascas.

HEALTH and HARMONY of the BODIES:

Man suffers from evil and error and disease.

First arises the necessity of understanding how, and by what means these things came into existence, and then it will become easier for the understanding of the means and the way by which they may be eliminated from the life and apparent nature of mankind.



These things, foreign to God's creation, were created by man alone in the excessive and unlawful exercise of his will power in following out the suggestions and desires of his animal appetites, which unduly asserted themselves when man lost a part of his spirituality by his disobedience. Man must understand that these excrescences (morbid outgrowths) to his perfect creation are real and existing, and result in his own damnation and alienation from the good, and are antagonistic to his original and natural condition of perfection – and that they cannot be swept out of existence by the mere assertion that they are not real.

Man must understand that they are the creatures primarily of the inordinate exercise of the animal appetites and desires, and not of the exercise of the mind, and that they are to be eradicated by the same process in reverse order as was used in their creation. The purity of his true being is always besmirched (soiled) by the impurities of his own artificial being, and always will be, until he eliminates these impurities which, as to him and to his fellow man, are real, persistent existences.

As sin and evil are not the creatures of the spiritual desires, but wholly of the animal, then to eradicate from man's being these things of evil and sin, the efforts of man must be directed towards the supplanting of the unlawful and inharmonious animal desires and appetites, by appetites and desires arising from the same source that is in harmony with the laws creating this very source.

The loss of the spiritual aspiration, or the perversion of the animal appetites, similarly causes man to become out of harmony with the Father's laws. Man in order to become free from these foreign parts of his being, must strive, not by a denial of their reality, but by the effort to supplant them. Man is a creator as well as a creature, and as these things are the creatures of man alone, then so far as the being of man is involved, they have a reality which will persist until their creator – man – has destroyed them. Jesus 9 July 1916

Only by man longing for, asking for, and receiving the Love of God and longing for the truth of his emotional errors will man be assisted and be able to remove that which is disharmonious to his bodies and rid that which is in error and sinful and disease from his bodies.

Harmony within one's soul brings about harmony in one's bodies and a healthy body. Receipt of God's Love, Divine Love, slowly but steadily brings about health to the physical body.

Infographics and diagrams have been added by Pascas.

From the Rejected Ones on my Divine Love Spirituality (DLS) book page.

Jesus spoke of living the Will of his Heavenly Father, but to do this you must first live true to your will. Your own will must be in one piece; it must be able to function perfectly well. You must be able to do what you want to do when you want to do it. If you are doing so, then you can choose with your will, for you do literally will yourself to, live another's will, such as the Mother and Father's.

As a child you were not allowed to live true. You were not allowed to express your will, to live and therefore be true, to your own wants. You were stopped, inhibited and interfered with in many ways all of which had the same result on you. You lost your power and gave it all to your parents. Your parents made you live their will. So what you now believe, but is unconscious within you, is your power, your ability to do the things you want to do, is all still only what your parents are allowing you to do. Unbeknown to you, you are still only living their wills, with yourself struggling for something to do for yourself in it. You weren't conscious of this, so by the time you reached adulthood you believed you were now the full master of your own destiny, but the wind doesn't always seem to blow when you want it to or blow and in the direction you want it go. And why? Because there is no real YOU in the picture. Your life is merely a 'sub-life' of theirs, and will be forever until you choose to – will yourself – to do something about it. And this is extremely difficult to do for how can YOU will yourself to heal your dysfunctional will when your will is only a poor composite of your parents? You're pathetically trying to use your will in your life to get what you want, and yet all you are doing is living the will of two interfering people. And not only that, but they themselves are a mixed up composite of their parents wills. So in effect you are being parented by many wills: your parents and their parents effects on them, and then, if you go back even further, you're being affected by even more wills, and when does it all end? There are generations of people, none of whom have not minded their own business, all coming together through your parents to interfere in your life thereby inhibiting the true functioning of your will.

So you can see you will need to heal and be healed of all of this, to somehow remove all these interfering negative influences. All their wrongness, which defines you now, is reflected in how you function in life, all having been sculptured around your will-controlling parents, and it needs to go. And where is all this wrongness; all this will dysfunction; all the negative effects of not living as a true whole wilfully free person? Contained within your soul. And what needs to happen is for you to rid your soul of such negative influences. You need to somehow divest yourself of all negativity and then you will be free. And true FREEDOM is just this: YOU ARE FREE TO LIVE YOUR OWN WILL. You are YOU, right through you into the depths of your soul, and so all that you want to do, and how and when you do it, you will know is, YOU. No one else will be consciously or unconsciously influencing you, and if they tried to do it, they would find it very difficult for the integrity of your soul, your own feelings, would first alert you their evil intention and you would want to make them stop. There is no other true freedom. A free soul, that being one living in a state of pure love, is free being completely empowered by its own will!

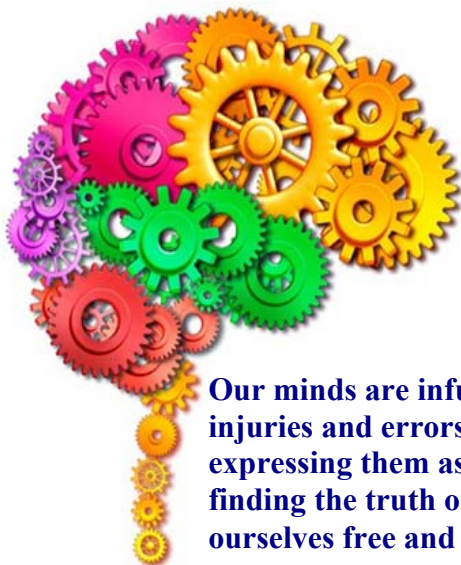
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Your soul James (as are all souls) is existential. It is in a state of 'Being', in a reality that is devoid of anything else except personality potential. This 'place' or 'state' or 'reality' is not in Creation, however Creation is of it, is an expression of it – an expression of Soul. Soul creates Creation. If a soul needs or wants to express itself – its personality in Creation – it needs to do something. And the first thing it does for itself is create or manifest its own will in Creation. At a moment prior to your physical conception your soul has already started to manifest will, your will, that part of it – your personality – that's called will. And with this will it is then ready to literally 'will' the rest of its – your – personality, into life.

You and your soul are one and the same. You are currently consciously focused on living and perceiving and experiencing life through Creation as you – your soul – express your personality. Once your soul – you – has begun its incarnation, it forevermore continues to will you into Creation. You are always and ongoing expression of your soul's personality. Without a will, an active part able to manifest in Creation, none of you would exist, not your spiritual or physical or thinking and feeling parts, nothing. So your will is very important and should anything interfere with it then that interference is going to have a negative affect on your souls ability to will you into life. When your parents imposed their wills on you, that imposition affected your will. It affected how you will yourself about in life: how you do things, how you express yourself, how to get what you want; how to live true to your feelings so you can use them to find or uncover the truth of your soul – the truth of you.

The Mother and Father are a Soul-Personality, and we have been created in Their image. They have created our soul and bestowed personality upon it. And being our Parents They want to get to know Their children, and so we need to have our wills functioning perfectly so we can relate to Them and They can relate to us. If however, your parents have interfered with your will, then you can't relate to God as They want you to and as your soul longs to.

If you want to be as perfect as God is, then you will have to heal your will imperfection. If you want to live the Will of God, then you will have to heal your will dysfunction. If you want to live at-one with your Heavenly Mother and Father, then you will have to first become at-one with yourself healing all that is wrong in your relationship with your own parents. So long as you're living in a negative will state you will NEVER be able to ascend in truth and arrive on Paradise and be with The Two, who are One, who created you.



**Our minds are infused with childhood injuries and errors, that only by expressing them as they surface and finding the truth of them that we set ourselves free and grown in love.**

**Be controlled by your oppressive mechanical mind or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt and seek the truth of them. This is how we can all evolve in love.**



Infographics and diagrams have been added by Pascas.



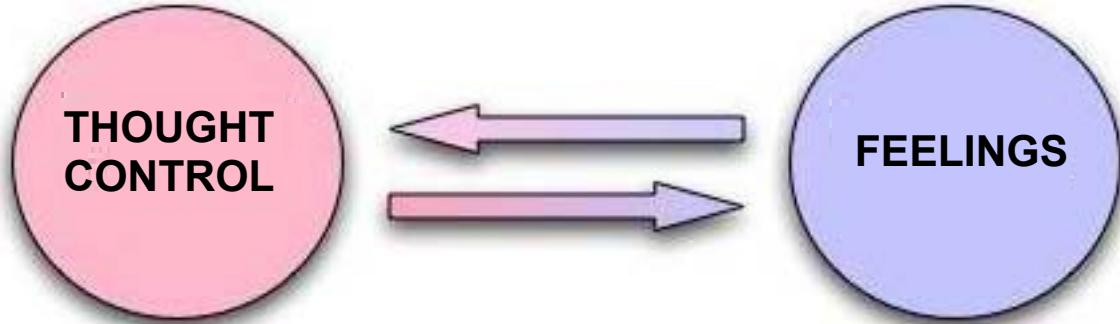
June 5th, 1915.

*“God has certain principles which are fixed and which are necessary for men to know and obey in order for them to become at-one with Him and partake of His Divine nature; and if they fail to obey the requirements of these principles, they will forever be excluded from possessing that in their souls which will make them like the Father, and admit them to His Kingdom.”*

Okay. I don't like the word obey, it bugs me reminding me of my parents. And too much of what is written about God, even what I write, is about obey or else. It does all sound very severe: that unless you obey this loving Father you'll miss out on His love forevermore.

And if you have issues with this James, you know what to do. Just as will anyone else who may have such problems with such words. For the truth remains, that as free as we all might like to think we are, we are not, Creation by it's very definition is defined by laws, which we are to obey or pay the price, that being pain. And if we are true to such laws, true to such truth, then the opposite we will feel, such great love that we'd never wish to disobey anyway. It's just that your parents made you obey them, yet they weren't loving as the Mother and Father are, and so you were forced to obey that which was unloving, that which hurt you, that which caused you pain. And so naturally you fear being so obedient, being obedient to evil. But being 'obedient' to love is a different matter, as you are choosing to be so with all of your will – you feel you want to do nothing else. Being made to be obedient against your will is entirely a different matter.

**ERROR INFLICTED MIND    V    TRUTH LOVING SOUL**



## **Feeling Healing – Healing yourself through your feelings.**

- ✓ **Your feelings are the real and true you.**
- ✓ **If you are denying any feelings you are denying yourself.**
- ✓ **If you are denying yourself you can't ever be truly happy.**
- ✓ **To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.**
- ✓ **If you want to know the truth of yourself, then it's your feelings you will need to look to.**
- ✓ **Your feelings hold the hidden keys to unlocking the truth of who you really are.**
- ✓ **Uncover the truth of yourself through your feelings and you will know why you feel all you do.**
- ✓ **Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.**
- ✓ **Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.**
- ✓ **How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.**
- ✓ **However you will also have to pay attention to all your bad feelings, and this can be very harrowing.**
- ✓ **By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.**
- ✓ **And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.**
- ✓ **It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.**
- ✓ **Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.**
- ✓ **You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.**
- ✓ **And if you wish to do your Healing with God, you can also long for God's Divine Love.**
- ✓ **Feeling Healing – Using your feelings to heal yourself.**

**EMBRACING the WILL of our HEAVENLY MOTHER and FATHER:**

**Our Heavenly Parents are almighty, all powerful, infinite, and at all times loving.**

**The love of the Heavenly Parents for their children, woman and man, has been and is always infinite and ever present.**

**As one's faith in our Heavenly Parents evolves, man's love for his Heavenly Parents will have no limit.**

**As man grows in his love, so will man grow in his love for all of God's creations.**

**Approach the Source Soul, the Mother and Father, in reverence, without fear or trepidation, just as a child approaches his earthly parents knowing that open loving arms are extended to receive him at all times.**

**As one grows in his love of the Mother and Father, one becomes to know with certainty that God loves him or her in return, at all times, and that fear is an illusion created by man's mind.**

**By embracing the commandment provided in the 1<sup>st</sup> century, namely the first:**

**"This is my commandment, that ye love one another even as I have loved you."**

**Further, we are to embrace our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us. Living true to our feelings IS living true to God's Will.**

**Also as our soul development progresses, our self love grows which also enables us to step away from:**

**Any self harm that we may cause which also brings about consequences.**

**And to move along this path we simply develop our embracement of:**

**God's Divine Love; by praying for it, asking for it, and receiving it.**

**Longing for Truth and Divine Love we can embrace the will of the Father and achieve freedom from error and harmful ways, thus finding our way home!**



**FEELING HEALING is to LIBERATE OUR TRUE SELVES:**

One's soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within one's self and the truth of that feeling will progressively unfold.

Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. One can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.

Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.

Beliefs become Faith, but when we experience it then it becomes Knowing. And it is in reaching the Knowing that one becomes perfected in that aspect of who and what we are.

When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we could be like them.

Childhood repression encrust our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to feel for the truth of all of our feelings, good and bad.

**MIND**



**SOUL**



Infographics and diagrams have been added by Pascas.

July 21st, 1915. No comment.

Mary.

14 May 2010

**And in this message of Daniel's when he says:** "This law was then in existence just as much as it is now, but then spirits had only the natural love to help them get out of their condition of suffering and darkness, and, in many cases, it required centuries and centuries for this love to work out their salvation.

**And I must tell you also, that when this natural love had done its work, the spirit came into a condition of happiness and satisfaction. So much so, that many of them remain contented; and some who lived on Earth when I lived and became spirits when I became a spirit, are still in that condition of happiness which this natural love in a pure state gives them"**, he isn't including the work of healing their childhood repression, that would still have to be done once they started to receive the Divine Love. **AT NO TIME IN HUMANITY'S PAST HAS THERE BEEN ANY KNOWLEDGE AND REAL UNDERSTANDING OF ONE'S CHILDHOOD REPRESSION.** Truth and understanding about it is only now being revealed to humanity. There has always been a slight understanding that one's childhood is very crucial to one's development, and negative influences can severely affect one as an adult, but nothing until the work of Alice Miller had it been substantially known or understood, either before Jesus or I came, or since. Since the beginning of the Rebellion, all such potential understanding has been lost; and since the Default of Eve and Adam, it's all become totally ingrained into the soul of man. So no spirit began to heal their childhood repression until I told them it was a necessary thing to do, which I did after I died and joined Jesus to continue our revelation.

As I have told you, I did work with, and told some women about it before my death, and they did some of their soul-healing including the Divine Love, but there were only a handful of such women.

Mary, I was thinking about these women yesterday, and what it might have been like for them to be the first mortal spirits to reach and enter into the Celestial spheres. I imagine it must have been quite amazing, and yet to be all but alone, to have ascended so far above so many people, and to be able to look back at the whole of humanity. . .

It was something of a shock for them, yet a good one. They couldn't really believe it. To be told it would happen, and none of them had any expectations, they weren't even taken on a trip in advance of their actual healing completion into the Celestials to be shown their new homes – it was all too good to be true. They all cried with happiness and joy. They didn't spend too much time in the beginning in their new homes, preferring to stay with their soul-mates and friends and helping others who were working on healing themselves – still in the Mansion Worlds.

Was there one woman who arrived first, or did a few of them go 'over' together?

There was one who finished her healing ahead of everyone else, the first mortal spirit to do so, Raekiena is an approximation of her name, only she elected to stay and wait for some others. In the end, five women arrived at the same time. And yes to your question, they were all a part of the first soul-group to be formed in the Celestials. And once they had reached the first world, it didn't take others long to join them. They were very exciting and happy times for Jesus and I.

I'm going to finish now Mary. Thank you both once again.

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing ourself to feel, and accept them instead of denying them. And to fully accept them, one need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**



THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.



### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**Feelings first**

**LIVE FEELINGS FIRST**

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You **CAN'T** heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and **REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL,** to know why you are feeling bad. You yearn, want, long and beg and beg and **BEG** God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt **TRUTH**

## Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

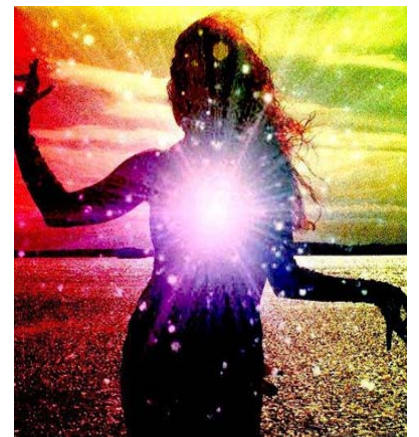
### Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.





The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.



The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**

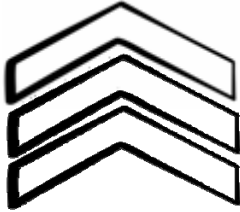


my  
**House** is your  
**Paradise**  

**HOME**

**Celestial Truth:**

Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;  
Fully Healed of the Rebellion and Default.



**THE FEELING WAY**

Feeling – Ascendance  
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



**THE MIND WAY**

Mind – Transcendence  
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.

Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

Women are more inwardly personal by nature (men more outwardly personal), but when men and women express themselves the wrong way they become impersonal, and it is this impersonal expression of men and women that keeps the balance of power with men. It is not a war of the sexes as it might seem, it's only that men and women being so impersonal and untrue to themselves are unable to relate freely, truly and lovingly with each other. Men and women are living away from their true natures and in this wayward and negative state are trying to be with each other. And this is what causes all the relationship problems between the two sexes. Men say they can never figure women (and it's the same on the other side, although a lot of women secretly believe they have men figured) because they can't figure themselves out. Both men and women are lost to the truth of themselves. Men and women are lost to their own impersonal delusion. We have all been created to be personal, and not to be so lost and controlled by the impersonal, however as you James are discovering, this is little known about and poorly understood.

**Within each woman is her soul of truth, and if she chooses to live true, then innately she will know how to be a woman and how to be a mother and how to be a grandmother – how to be her true self. And she will be able to know how to be these things as well as still being the free child of her Heavenly Parents.**

**And so it is that the salvation of humanity and the healing of all souls will be brought about by women: women striving to live the truth and then helping men to see it from their perspective. This will bring about the balance for both to live equally together and to live finally, lives of love.**

**Women simply lack the confidence to know that they can know, and know it all, for themselves. They can live perfectly with God without the Church and Bible (they both being men's creation). They can live perfectly well with their Holy and Divine Mother and Father, and just as easily as any man can do.**

**Our Mother and Father are a soul-couple. Two who are of One Soul. And we are of Their image: woman and man. We are created to be together, as They are together. To be together forever, so the truth of soul mates is real – very real. And so it is: that for every woman there is a man and for every man a woman. For men and woman to believe that this is not so, and try to love only each other of the same sex, is sadly only a reflection of the inner torment they are suffering.**

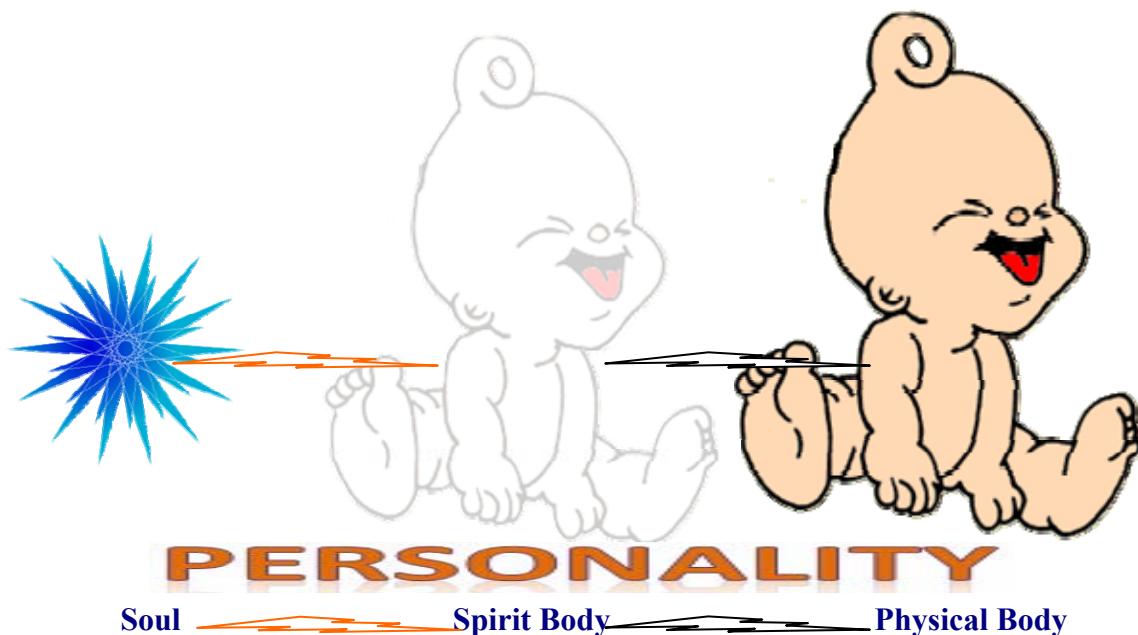
**Men and women are destined to live, not only harmoniously together, but also completely and perfectly in love. And as women begin to liberate their truth, and it comes into the world bringing the balance so desperately needed, then men and women will both see that living with such love of and for each other is a possible reality; and something to live for, and to hold as the highest aspiration of life. Women and men as soul-mates are to become as our Mother and Father are: completely in love and at-one with each other. However, as we live now: completely unloving of each other, we have as a whole, a long way to go. And if you think this is untrue, wait until you start doing your soul-healing, revealing such truth to yourself.**

**We are meant to be as children, together with our Heavenly Parents. We are meant to serve each other and not to try to have power over one another. Most of this is known and many people long to live this way, and some even believe that they are, but until the focus is brought right back to the relationship, and the relationship only, it will not be achieved.**



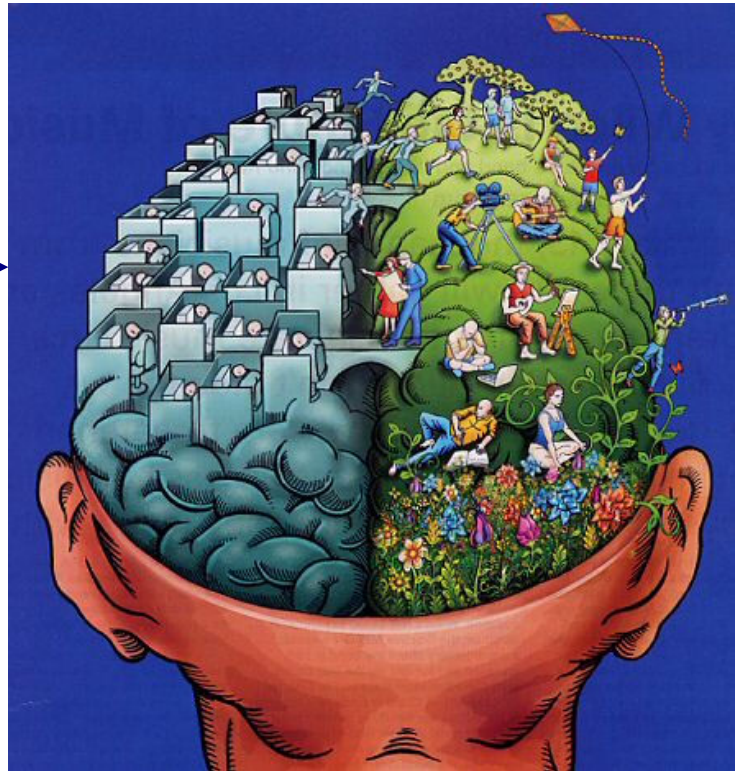
God, now consisting of our Mother and Father, is a relationship. They are Relationship. They are Soul with two distinct Personalities continually expressing love for one another. I know this concept may sound difficult to understand, however that is only the mind with its usual difficulty. For such truth is not to be understood with the mind. It is to be soul-perceived – felt, and just known. The mind need only then accept it, understanding the reality as required.

Women by their nature are naturally ‘going in’. They receive the man from outside of them into themselves. They want to stay ‘home’, inside themselves and not leave, staying close to their feelings. And as they will find, that by staying true to their feelings, just as Marion is showing you, they will not leave themselves to become caught in the deluded world of male based falseness. They will lose the need for impressing the man and instead will be loved by men for being themselves. However, unless the man is equally willing to come back to himself and stay close to his feelings supporting the woman in hers, it will still be a very hard for her to stay true. Although we spirits are presenting a heavily feminine atmosphere through these messages, it will still take a woman and man to help each other achieve all we will be telling you. Men and women do need each other and that applies to one’s soul and spiritual growth. There is only so much you can do by yourself, it can be relatively quite a lot, but at some point a relationship is required as the soul re-unites its two halves.



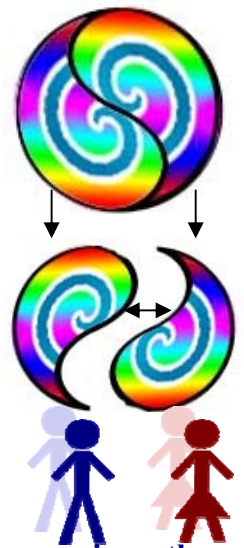
The life force for the spirit body and the physical body is via the soul. The spirit body is connected to the soul via cords of light, and in turn, the physical body is connected to the spirit body via cords of light. Should the cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

# Personality



## SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



No matter where our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.

**The Rejected Ones – Living True to One’s Feelings – Mary M Speaks**      **by James Moncrief**  
**Message 3**                                      **Mary Magdalene**                                      **2 December 2002**

Hello James, I would like to speak to you today, Mary.

I am Mary of the Bible, as you know, and as I have not spoken to you for quite some time, and for the purposes of this work, I will begin with a formal introduction.

I am Mary Magdalene of the Bible, the one who was on Earth at the same time as Jesus of Nazareth. And, yes, we were on Earth; we are real; we did exist back then, and we do exist now living as spirits in the Celestial heavens. This might not be startling news, but what maybe of news is that I am the soul-mate of Jesus. It is I whom is responsible for the feminine aspect of our universal Son and Daughter-ship. I am the living feminine truth. You are familiar with Jesus and his Spirit as expressed in the Truth he has revealed to humanity, but unfamiliar with my Spirit and the Truth therein.

And so it is that I want you to continue writing this work for me James. Just as Mr. James Padgett wrote for Jesus, I would like you to write for me. And in doing so, it will greatly benefit you. I, together with other spirits I have chosen, will tell you the truth I want to reveal, and it will, as you will find out, make you feel a lot better about yourself and your life. I am the missing part of The Truth to make the whole. And as you are appreciating, it’s a much broader picture than what humanity currently understands. It is what humanity needs, the woman’s perspective, so to speak.

**It will be hard for many people to understand that having devoted so much of their time, love and prayers to Jesus, in the hope they will be saved and thought well of, that they have been only dealing with half the picture causing their prayers to be ineffectual.** As to why this has been allowed to be for all these years is a matter of concern only for the Mother and Father. It was They who asked us, Jesus and I, to live as we did and be as we were whilst on Earth, just as They ask us to be as we are now in the Spirit Heavens. On Earth, Jesus and I became aware of our true identities, however I was forbidden to reveal and be my true self. I played my role of self-denial as I steadily awakened to what the Mother and Father were asking of me, just as Jesus played his.

My focus with you will be to help show you how to uncover truth for yourself; how to look into your feelings and see what that they want to show you. How to concentrate on yourself – mind your own business – and become self-revealing. I want to guide you back to yourself so you will be able to see just how far away from yourself your parents took you. Your parents didn’t mind their own business and allow you to get on with your own life, they continually interfered with you, controlled, dominated, told you how to be, what to believe, how to think; they didn’t allow you to stay true to yourself. Your parents, James, caused you to loose yourself, to step away from yourself, to push yourself aside and be how they wanted you to be, and it wasn’t right. Consequently you have suffered, and it’s this suffering and what they did to you: how they caused it, that I want to help you see.

Jesus spoke of living the Will of his Heavenly Father, but to do this you must first live true to your will. Your own will must be in one piece; it must be able to function perfectly well. You must be able to do what you want to do when you want to do it. If you are doing so, then you can choose with your will, for you do literally will yourself to, live another's will, such as the Mother and Father’s.

As a child you were not allowed to live true. You were not allowed to express your will, to live and therefore be true, to your own wants. You were stopped, inhibited and interfered with in many ways all of which had the same result on you. You lost your power and gave it all to your parents. Your parents made you live their will. So what you now believe, but is unconscious within you, is your power, your

ability to do the things you want to do, is all still only what your parents are allowing you to do. Unbeknown to you, you are still only living their wills, with yourself struggling for something to do for yourself in it. You weren't conscious of this, so by the time you reached adulthood you believed you were now the full master of your own destiny, but the wind doesn't always seem to blow when you want it to or blow and in the direction you want it go. And why? Because there is no real YOU in the picture. Your life is merely a 'sub-life' of theirs, and will be forever until you choose to – will yourself – to do something about it. And this is extremely difficult to do for how can YOU will yourself to heal your dysfunctional will when your will is only a poor composite of your parents? You're pathetically trying to use your will in your life to get what you want, and yet all you are doing is living the will of two interfering people. And not only that, but they themselves are a mixed up composite of their parents wills. So in effect you are being parented by many wills: your parents and their parents effects on them, and then, if you go back even further, you're being affected by even more wills, and when does it all end? There are generations of people, none of whom have not minded their own business, all coming together through your parents to interfere in your life thereby inhibiting the true functioning of your will.

So you can see you will need to heal and be healed of all of this, to somehow remove all these interfering negative influences. All their wrongness, which defines you now, is reflected in how you function in life, all having been sculptured around your will-controlling parents, and it needs to go. And where is all this wrongness; all this will dysfunction; all the negative effects of not living as a true whole wilfully free person? Contained within your soul. And what needs to happen is for you to rid your soul of such negative influences. You need to somehow divest yourself of all negativity and then you will be free. And true FREEDOM is just this: YOU ARE FREE TO LIVE YOUR OWN WILL. You are YOU, right through you into the depths of your soul, and so all that you want to do, and how and when you do it, you will know is, YOU. No one else will be consciously or unconsciously influencing you, and if they tried to do it, they would find it very difficult for the integrity of your soul, your own feelings, would first alert you their evil intention and you would want to make them stop. There is no other true freedom. A free soul, that being one living in a state of pure love, is free, being completely empowered by its own will!

Your soul James (as are all souls) is existential. It is in a state of 'Being', in a reality that is devoid of anything else except personality potential. This 'place' or 'state' or 'reality' is not in Creation, however Creation is of it, is an expression of it – an expression of Soul. Soul creates Creation. If a soul needs or wants to express itself – its personality in Creation – it needs to do something. And the first thing it does for itself is create or manifest its own will in Creation. At a moment prior to your physical conception your soul has already started to manifest will, your will, that part of it – your personality – that's called will. And with this will it is then ready to literally 'will' the rest of its – your – personality, into life. You and your soul are one and the same. You are currently consciously focused on living and perceiving and experiencing life through Creation as you – your soul – express your personality. Once your soul – you – has begun its incarnation, it forevermore continues to will you into Creation. You are always an ongoing expression of your soul's personality. Without a will, an active part able to manifest in Creation, none of you would exist, not your spiritual or physical or thinking and feeling parts, nothing. So your will is very important and should anything interfere with it then that interference is going to have a negative affect on your souls ability to will you into life. When your parents imposed their wills on you, that imposition affected your will. It affected how you will yourself about in life: how you do things, how you express yourself, how to get what you want; how to live true to your feelings so you can use them to find or uncover the truth of your soul – the truth of you.

The Mother and Father are a Soul-Personality, and we have been created in Their image. They have created our soul and bestowed personality upon it. And being our Parents They want to get to know Their children, and so we need to have our wills functioning perfectly so we can relate to Them and They can relate to us. If however, your parents have interfered with your will, then you can't relate to



God as They want you to and as your soul longs to.

If you want to be as perfect as God is, then you will have to heal your will imperfection. If you want to live the Will of God, then you will have to heal your will dysfunction. If you want to live at-one with your Heavenly Mother and Father, then you will have to first become at-one with yourself healing all that is wrong in your relationship with your own parents. So long as you're living in a negative will state you will NEVER be able to ascend in truth and arrive on Paradise and be with The Two, who are One, who created you.

As Jesus has revealed in the Padgett Messages, he and I were born on Earth in a perfect state of being. Unlike you, our wills remained perfect, our parents couldn't negatively interfere with them. We could not be influenced by any evil, and even though we still had to maintain a purity of mind, this was not hard to do as we felt the truth with all the feeling of a complete un-interfered with will. However, the problem Jesus and I faced was we weren't, owing to certain incarnation restrictions placed on us because of the Rebellion and Default, allowed to express our full wills, our full selves. Jesus could express himself more than I, as the male was more dominant, the woman more suppressed; and my life was reflective of that, being able to mostly only tend to the sick and poor. I couldn't teach and reveal truths alongside Jesus as his equal. I could only help people in my humanness and not as a full Daughter of my Heavenly Mother and Father. My 'time', as I understood it when on Earth, was to be after I died and entered the lower Mansion Worlds. Then I was able to fully reunite with Jesus and reveal the truth that I had within me: that God is my Heavenly Mother. Had I been able to reveal my truth to humanity when I was on Earth, then you would know from Jesus and I that God is both your Heavenly Mother and Father – the feminine and masculine aspects being fully expressed through Jesus and myself.

Strange as it may seem, but the truth of who I really am is not hard to keep from Earth or the natural love spirit worlds: Mansion Worlds 2, 4 and 6 as Jesus spoke of them to Mr. Padgett. Those in spirit who wanted to know, lived in the Divine Love Mansion Worlds 3, 5, 7 and above in the Celestial spheres (Mansion World 1 being a mixture of both and the introductory world for Divine Love). The separation between Divine Love and only natural love maintaining something of a natural barrier preventing the spread of truth. So humanity on Earth has had to wait until now for a new and full presentation of the truth of myself. Of course many have suspected and speculated about me, but until I reveal my own personal soul nature, no one can know for sure. But now you can. Mr. Padgett was unable to accept and embrace me, as Jesus began his re-revealing of the Truths of Divine Love through him, and I am beginning my revealing through Marion and you, James.

It might be difficult to believe that no one wanted to know the Truths of Divine Love, but it is so. For two thousand years nothing changed. People might have been disgruntled with what the Church called truth, and many searched for meaning, but it was all from and with their minds and not their souls. James Padgett had a sincere soul longing to which Jesus was able to respond to. And you have had a deep soul longing for the feminine aspect of truth to which I am able to respond.

Jesus revealed through Mr. Padgett the truth that the Father is offering His Divine Love to you. I am revealing through you that both the Mother and Father are offering Their Divine Love to you. Jesus also revealed that upon partaking of this Love one can undergo a soul transformation into the New Birth; and I am revealing through you, that this inner transformation is called your Soul- Healing. And it is something that you have to consciously make an effort to do. You have to willingly choose to do it; and in doing so will eventually heal all your will of imperfection – all of the negative you were forced to accept from your parents. And together Jesus and I will tell you that it is by longing for and wanting to live true to yourself: true to your feelings, that you will uncover the truth of your negative will state and heal it. And when you are healed, you will be free to live as Jesus and I do: perfect in our Divine Love souls – as Celestial spirits living in the Celestial spheres.

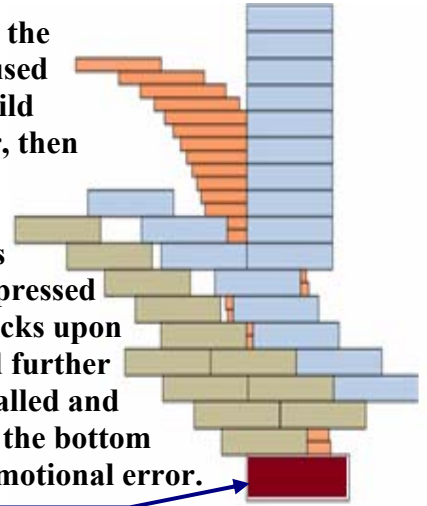
Humanity has fallen from Grace. It hasn't consciously or willingly rebelled against the Mother and Father but has rejected Them by default. This has led to the negative will state being passed on by default from one generation to another. The result is you are very confused and lost, living with little truth or real understanding about the spiritual nature of things. You have fallen the equivalent of the seven Mansion Worlds, so to heal yourself back to perfection, you have a long road ahead as you ascend your way in truth back up them. Your soul-healing will be very testing as you uncover the truth of all your negative will. However, humanity is now longing for such truth, and so the way is being presented for those who want to take up the challenge. Now is the time, Jesus and I are revealing to you that which you need to understand to help you; that which will answer and appeal to a sincere heart and soul longing for love and truth.

I feel that is probably enough for the time being James. I will now leave you. Mary Magdalene, 'Sister to all sisters, and soul-mate of Jesus.

**OUR CHILDHOOD EMOTIONAL INJURIES ARE OUR CORE ISSUES TO EXPRESS:**



Should we consider all the emotional injuries infused into each and every child en masse – all together, then each child would look battered and bruised. These absorbed abuses become Childhood Repressed emotional building blocks upon which are built related further errors, all must be recalled and expressed. Start from the bottom and express the core emotional error.



**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

**SPIRIT MIND MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 2 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



**Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

Infographics and diagrams have been added by Pascas.

Hello James. I would like to continue from yesterday, Mary.

As I was telling you, **the will of all will creatures needs to function properly so that the soul of such a creature can fully express itself. And to fully express yourself is to be true to your soul.**

For humanity (natural man), will perfection equals living a life of perfect natural love. And in such a condition of being, this man, be he a man or a woman, will know what it is to like to be fully expressive. And then this person can use their complete will to choose to stay as that natural person, or to submit to the higher leadings of his or her soul and ask the Mother and Father of All, for help in 'letting go' of his or her will as it's expressed in the negative state, and applying their healed and positive will to live Their Will.

And here, although I have used the phrase 'letting go', it is in actuality not a letting go as such but a complete acceptance of one's negative state enabling a transformation of will to take place. Your will of natural love, can if you so desire, be transformed into a Divine Will. And the will as such and of itself is not transformed, but the soul is. The soul that governs the will can become Divine so the action of the will is different. The will of a Divine woman or man, has become true in love to that of the Mother and Father's Will. And in doing so will maintain a relationship with Them, with she or he being and knowing always that she or he is Their child. And the feeling in your heart and in your spirit will be of such truth. You will categorically know without any doubt that you are Their child and that you are a child of Their Love. And how you live Their Will is by declaring: 'with my will Mother and Father, I live Your Will'. And how you live this is by living truly your will, true to your feelings and so true to Their Will. You are not giving up your will becoming enslaved and wholly subservient to Them, having to obey Their every command, no, on the contrary; with love, your love for Them, you are simply, through your feelings, choosing to live and do Their Will, rather than live only your will at the exclusion of Them. And it takes your full and perfect will to fully and perfectly live Their Will.

Natural man, can and will only know that he is a natural man or woman, an adult as it were. He will not be able to totally recapture his feeling of being a child, however, if she or he were parented true to the Mother and Father's Love, then she or he would have never lost the feeling of being anything else other than a child – Their child. If you choose to live in the Mother and Father's creation, then you need to live true to your soul. And within our soul is a destiny to always be the child of such loving Parents. For as Their child, we will never try to be anything else. And in particular we will never need to shoulder or be burdened with the responsibilities of being an adult, of trying to be Them. For we cannot be Them. You might believe as an adult and parent that you are like God, but you are not. And being a perpetual child has many benefits. Life is for all eternity a continual surprise of wonder and glory to behold.

It is such a pity you are prevented from experiencing this wonder on Earth, by not being allowed to be a true child of God. However, all is not lost, for as you do your soul-healing you will slowly feel more of yourself. You will feel increasing childlike, not childish, but the free child of your Heavenly Mother and Father.

When you learn (relearn) to feel as a child feels, then and only then, will you see and feel the truth of yourself. Women and men are children of Heavenly Parents. Women and men are therefore not as they think they are, of flesh and blood, but are actually something very different. You are a soul first, then you are living in a creation of your soul: a spirit body clothed in flesh. If your physical body is to show a defect, which is a deviation from perfection, be it for the whole duration of your Earth life or for a



small moment, it is your soul that has desired your body to be this way. Your soul controls EVERYTHING.

You can, for example, eat all you like. You will add some weight to your body, but unless it is in accordance with what your soul wants you will not become obese. (If obesity is what your soul wants then you will become obese.) You will vomit or eliminate all the excess to maintain the weight your soul desires. And remembering you are your soul, you can then find out through your own inner endeavours what your soul wants – how your soul wants you to be. And what your soul, the real you, wants, is governed by what the Mother and Father want. So in order that you live and do Their Will you must want to live and do your own. You must want to know yourself: why you do the things you do; and why you want the things you want. And I mean REALLY WANT to know; to know all the way into the depths of yourself in that moment. You need to want to know yourself through to your soul so that slowly you become your soul. So you become soul-knowing, and live with your soul fully expressing your will and the Mother and Father's Will.

By the time you are completely soul-knowing and living it, you will have ascended to Paradise, the home of all souls. However, in the mean time, there are real stages and goals to be achieved along the way. And as you may already know, the first one is to become of Celestial Truth, Light and Love. And by attaining this level of truth on Earth, you will have healed all imperfection: your will, your spirit body, your physical, and all other intervening and connected attribute systems. You will be living the perfectly true equivalent to the Celestial level of life. This is the first real stage of living as a true child of your Heavenly Parents and therefore Their Wills.

So imagine that your soul has sent a light out into Creation, and it has created for itself what you know to be you. You have, as you may or may not be aware, a will-line or will-circuit (a separate thing of itself), a spirit body and other subtle bodies such as your feeling and thinking systems and circuits, your physical body, and all that connects them all. Imagine that your soul has created all these things from the Celestial level downwards, through the seven Mansion Worlds and to the Earth. But now you don't know all of this, you only see your physical body. You have a mind and feelings and seem conscious to some degree, but for the most part you are unaware of your soul and the rest of you it has created.

Now imagine that you are trying to live even further away from your physical body, as if out further into a lower creation. You want to try to live further away from yourself because you feel bad. You feel unwanted and rejected in life and want to escape from yourself, from your own unhappiness. But you cannot, for such a thing doesn't exist. However, you want to get away from your pain and misery, and at the expense of your soul, spirit and physical body. So, you have only one option open to you, and that is to create with your mind your own world and universe for yourself. A sort of, 'pseudo' creation, in which you live a 'pseudo' life. This is very hard to do, to be forced to do as a young child, however once your mind has been made to be this way, it's then relatively easy to continue making a fantasy life for yourself in your mind, because you have been made to reject your feelings. With and in your mind, you can live a lie; you can escape to anywhere because there is no truth as there are no feelings to carry it to you. And what you are escaping from is your feelings, and mostly your 'bad' feelings. So you disassociate yourself from your real feeling true self. And this is how you mostly live on your Earth. The Mother and Father have set up the world and provided it all for you, and yet you insist on living in something of your own creation and made up reality. You are living a pretend life. Trying to live further and further away from yourself – your soul, and from Them.

So your challenge is to come back to yourself; first of all, back to how the Mother and Father have made you – in Their image, to be of perfect natural love. And then, to come back even further, to ascend to the height, which is not a height in altitude but an inner height of higher light and truth and Divine Love, to be of Their Essence. And then totally healed of your negative self-denying will condition of mind,

you are free to ascend Creation to Paradise, the true home of Soul.

You are at the edge of Creation in one sense, and so to try to live further out into something that does of itself not exist, only spells disaster. In your negative will and mind state, you are living a destiny with one outcome: failure – rejection, and no love; and if your persist in trying to go even further in your self-denial, you will be lost; very lost, and even further you will be facing annihilation. As by such action you are really saying to yourself and to the Mother and Father: I do not want to exist at all.

So the problem that exists on Earth and in the lower natural love Mansion Worlds is erroneous belief that has caused great confusion about the truth. It is hard to know and see that which is true. You are and have to live virtually blind relying on only yourself, your semi-functioning facilities, and the Mother and Father, if you want to heal yourself and see your way out of the mess and confusion you live in. It is a very difficult challenge indeed, and only made even harder by living without any expression of the truth I live, and with relatively only a very small portion of Jesus’ Spirit of Truth able to actively help you. And added to this, is that so much that is attributed to him, is wrong. It has simply been made up at one time or another. This then added to what is right or not right, based on what your parents have made you believe, compounds one’s confusion driving many people into complete despair.

However all is not lost. The Way is slowly being revealed to you so that more truth can come to light, to be seen by those who desire to see it. It has been there all the time, but it goes without saying, that without a starting point, or at least some notion of what you’re looking for, it has remained all but hidden.

It would then make sense that a revelation of the Feminine Aspect of God needs to be made available. And the Mother and Father now desire such a thing.

I will pause here for a time James and continue later, Mary.



**The Rejected Ones – Living True to One’s Feelings – Mary M Speaks** by James Moncrief  
**Message 5 Mary Magdalene** 5 December 2002

I want to speak some more to you, Mary.

When I was on Earth, the state of life was not unlike that of yours now. I do not mean in the material sense, but in an emotional sense, and in the overall willingness to accept new things. We were, because of the Roman domination, looking for anything new, and anything that would help us to first of all relieve us of such suppression, and secondly, give us a way out.

This way out was of course different for different people. And as you know, Jesus was for many a way out of their worries and overall confinement. He was the hope and wish and dream that many people at that time held within their hearts and minds. However he did not offer then exactly what they wanted. He offered them a way that was completely new and very different from what the wise old men offered. Many people did eventually come to understand what he was speaking about, and many did actively long to the Heavenly Father for His Divine Love.

It may come as a surprise to you, but the truth, which he has revealed to you in the Padgett Messages, is exactly the truth he revealed to the people of our time. So you can easily see for yourself how the truth attributed to him in the Bible has become so distorted and erroneous. And so the Bible, being what men and women believe it is: the truth of the way to the Father and His Love, is not that at all. There are smatterings of truth and some correct beliefs about how life should be, but basically and overall it is very misleading, especially if you look to it, and only to it, for your spiritual guidance and salvation. The Bible will not and cannot save you, it is only a book, and neither can any of the people who represent it and claim to be in command of the 'truth' it contains. The Bible can't help you spiritually because it doesn't contain the truths that Jesus and I are revealing.

No one can bring salvation to the soul except the Mother and Father of Heaven. And They will not interfere in your life unless you ask Them with all the sincerity of your heart. And then you need to listen to the truth Jesus and I speak, and apply what it means to you. And it is in this personal application that you, and ONLY YOU, can help yourself to come to the Mother and Father and willingly long to Them for Their Divine Love.

No one can do it for you. And it is very wrong indeed to take the responsibility out of people's hands by stepping in between them and THEIR PERSONAL MOTHER AND FATHER OF ALL HEAVEN. It is a very evil act to pose as the way-shower to God, when you are not living true, and then pose as the one who knows God, knowing what God wants for His people. Such people who take on this responsibility stopping the individual uncover the truth of God within themselves, do indeed bring down a great burden upon themselves.

These people believe they are superior to the average person; that they have a greater connection to God, and even though they may believe that they are well meaning, and have good intentions, they are still putting themselves between the individual and God. And this is what parents do to their children. And so the good Shepherd fails to be that if he begins to tell people how and what they need to do. Jesus is shepherding his flock. He says that this is what you *can* do if you seek the union with the Father just as he has. But he does not tell you that you *must* do it his way or else. I know it may seem like a fine point, for there is no other way than Jesus' way, and he has the authority to say so, however he does not say you must do this and that, that you must do what he says. He is always only offering his personal understanding. It is always entirely your choice as to whether or not you want to listen to him and try to understand what he says. He is speaking the truth of His Father. And it is the Father through him telling you that if you want you can live with Him and you can do these things: the things Jesus does. Neither the Father nor Jesus says that you have to do and believe and behave in this way or that way and

do what they are doing. They do not create a church and say that you need to adhere to its doctrine and pray this way, and worship this way on this day, or on this day you can or cannot do this thing or that thing, or eat this but not that. It is the telling you, what you can and can't do, that's what they *don't* say. And they also don't say that if you do not adhere to the rule you will be punished. They are not false; they are true. Humanity is false and untrue. They are right and humanity is wrong. Humanity believes and teaches that it knows the way, but it is the wrong way and it does not know. If it did you would be all living with love and without pain, suffering, misery or any other hardship.

The Father (and Mother) and Jesus do not intend to make life hard for you. You are doing that to yourselves. You have made life extremely difficult for yourself. You are swamped with pain, disease and illness. Your Heavenly Parents do not want you to be sick. They have made you perfect in Their image. It is only because you believe you know better than Them that you do what you do to yourself affecting yourself negatively.

Your parents say to you: We are the parent – the all important one. We know, and we know what is best for you. You are the child and do not know anything. How can you? So you must do as we tell you. Your happiness depends on you doing what we tell you to do, and how we show you to live. And they make you do it! They force you! And they force you day-in and day-out through the most crucial forming years of your life. You have been forced against your will to live against yourself, your soul, Jesus, myself and the Mother and Father. You have been forced into a life of pain and illness and imperfection.

They also say: We are the controllers, you are the controlled. You have no say in the affairs of your own life, and you can cry all you want, but it won't get you anywhere. And who is making you cry? It is not the Mother or Father or Jesus, as they are all-loving. It is your parents, but aren't they supposed to be all-loving as well? So what has gone wrong? Why does it – life – not work? You ask yourself: Why then, if I am doing what my all-knowing, all-caring, all-loving parents have told me to do, am I not brimming over with happiness and love? Are the Celestial spirits also crying and living unhappy lives having decided to give up their parents' way and choose the Mother and Father's way through Jesus and myself?

You are being deceived. You live completely deceived. And it all stems from the misguided belief that parents know it all, or at least more than the child – that they are right and their own child is wrong. Parents (all adults) have lost being a child themselves; and always wanting to know more and feeling that they are only a very small part of their Mother and Father's Creation. They should be as Jesus and I am: the gateway for their child to find the Parents of its soul. They should not stand in between the child – a soul – and pretend to be the wise and all knowing God. The parent's way is only a convoluted and mixed up way of their parents and then their parents. It has nothing to do with the way of our Heavenly Parents. Your parents are, just as they have been, leading you away from the Mother and Father, not toward Them. Jesus and the Father do not say to you, if you do not do as I say, I will hit you! They do not punish!

Jesus makes you have to develop and evolve and really want to have a relationship with the Father, but all because it's what you want to do. It's all your choice. And you cannot just do what he says, follow the rules, say your prayer, believe whatever, and you will be saved. You have to save yourself. You have to want to grow up and really want, in truth, to leave your parents and become as an innocent child again. You have to really want to leave home, that of the wrong way, and want to live true. And you have to want to do it with all your heart and soul. So long as you need the likes of the church and anyone associated with it, or anyone in a position of authority over you, then you may as well be just still be doing what your mother and father have told you to do, because that's all you will in effect be doing.



The church merely takes over the role of parents. And you allow it to by believing in it and giving it your attention. You are not minding your own business; you are allowing others to mind yours for you. And the result is that you will still only ever feel and live all your patterns of rejection. You can believe that you love the church and Jesus and God and everything associated with it all, but it is still giving your will and mind to another. And whilst you do that, you will not be able to develop a free and personal relationship with yourself, your soul-mate, Jesus, God or myself. Your relationships will still be with your parents even though they will take on different guises.

The church is only interested in power. Imagine if they decided they were not and that they were going to stop existing and put the responsibility back into the individual's hands of finding God for her and himself? Where there no church, they believe that absolute anarchy and evil would rule, and that all the 'progress' humanity has made would evaporate, and people would revert back to being nothing more than savages. And yet, at least if people were allowed to become savages, it would be of their own choice, and not under any misguided belief as to how they should or should not be. To say that 'that is not Christian' is something they have made up. It means nothing. It just means that is not Christian, the same as saying, that is not a tree. But it can and does bring up fear and judgement in many people, and this is wrong. For how can you be true to the God of Love if you are scared of Him and fearing His judgement? Doesn't this just sound like your parents? Aren't you scared of their judgement and criticism and rejection? And are you aware that you FEAR them? Your own parents!

Jesus' way is open and free. It has no fine print. It is the way of love and truth and does not involve fear to try and coerce you into believing. He needs no justification, and if you ask him a question about any of the truth he speaks he will be able to tell you all about it: how it originated in him so that he could see it and know how to pass it on to you. And in passing it on, that is all he can do. He cannot make you see it. That is your part in the relationship, and it begins with your will, your WANT to see it. And if you truly want to see the truth as he and I see it, then nothing will stand in your way. This truth, you would have easily found for yourself, but when you have other people – your parents – standing in your way, then you can and will only see their way – their 'truth'.

**The main problem on Earth is that the parent stands in its child's way. It does not allow the child to 'see' and find out for itself. The parent tells it what to see, when to see it, how to see it, and even what it is seeing. The parent takes over completely, and the child has to submit to such control. And this in its essence is the evil manifest on your world, and it is what every person has to reconcile within them, for you all start as children, and all suffer to more and lesser degrees, the same treatment – rejection. And then you change yourself to fit in, because you are made and forced to do what you are told. And you do it because you don't want to be rejected, you don't want to be unloved by your parents, you'll do anything to please them, to be accepted by them; and so then you grow up and become just the same as your parents. All humanity is living lives of forced rejection.**

To be treated in this way is the way of evil. I know it will be hard for many people to accept this fact: that they are evil and committing evil acts, when for most of them they do not believe or even really feel that they're bad or have bad intentions. However, **humanity is not properly in touch with its true feelings. And that is the great challenge it faces. And it cannot do it as a whole, for it is only within each individual can this occur.** Nevertheless, other spirits and I can help shed some light on the underlying problems, so that those who do want to really help themselves, can.

The Mother and Father have not decreed that men and women suffer. They are of love and are all-loving. You are making yourselves suffer. They do not want you to suffer unless it is something that you have chosen for yourself. If you want to, They will not stand in your way, for the way of love is

complete overwhelming unconditional love. It is complete acceptance. It allows and wants you to be yourself in every way you want to. If you want to continue living in self-denial, in the pain from all that your parents inflicted on you, you can, the Mother and Father will even help you to. If you want to live a completely negative life you can. They will organise it for you. They will not stand in your way. It is always all up to you.

**This truth's vital for you to think about, because it is aimed at putting all the responsibility for yourself and your life back on you.** So if you are not happy in your life, or if you are sick in some way, or if you are angry at something, it is all of your own doing. And it is not God's or some quirk of nature: it is all yours. You have your illness for very specific reasons. It is yours, and even though you might identify certain biological aspects to do with, and enlist the help of a stranger (a doctor) who then declares that you have cancer, it is still you. In truth you have created it for yourself, and the reasons why all lie inside you. And those reasons you can find out, but to do so means that you have to take full responsibility for your own life, and this I know, is very hard and the most difficult part. Because, how can you do so when your parents didn't allow you to in the first place, when they took all the responsibility of your own life out of your own hands? So you have no idea about what being responsible really is all about. But I am here now to help you; to help you understand how you can take full responsibility for yourself, for all that you feel.

You will only get sick because you already are. The material sickness is only the end product of many deeper levels in you that are not functioning properly. If they were, you would enjoy perfect physical health. The Mother and Father have not designed you with imperfections, and as I have said, you are your soul, so underlying all of you, the real you is your perfect soul. So even if you have been born with a physical disability or imperfection, which may never be healed whilst you are of flesh, there are still many different options open to you in spirit. And the Mother and Father desire that all souls join Them in Paradise.

Nothing cannot be fixed, or healed. And as I have said, it is all up to you. So, how does a person who is physically or mentally handicapped fix her or himself if it appears that they are not able to function correctly? And that is the miracle and mystery that await your knowing. And even more amazing is that handicapped or retarded person will have a soul-mate, and together they will be able to resolve all their problems. They will be able to want to and be able to. The soul is not limited by matter or spirit because it is the soul that brings such things into Creation. The soul, your soul, is a most wondrous thing. It is capable of many incredible things, namely you. The soul has one purpose and that is to 'self-identify'. It wants to bring itself, its personality into full expression in an experiential sense. And it will do this, for it can do no other thing. And to self-identify means to experience the wonders of itself. Which, if you were to live true to yourself, and when you do, you will be truly your own most amazing and entertaining person. And the real beauty is that the Mother and Father have designed it so that through your soul-mate you can see yourself in the opposite or other side. There are Two Faces of Paradise, just as there are two faces to every soul.

If you choose to put your life in the doctor's hands and let him tell you what to do, then you are doing the same thing as putting your soul in the church and letting it tell you what to do. And it is all the same thing as putting yourself in the hands of your parents and letting them tell you what to do. As an adult you can choose to have a doctor help you or not, just as you can choose the church or not. But as a child you had little to no choice. And this they have made you believe is right – the right way for you to live. To unquestioningly look to the authority to tell you what to do, which all means it's going to be very hard to let go of your parents control over you.

It is a misconception that you will always be the child of your earthly parents. For at some point your parents will once again become children of their Mother and Father. You may or may not ever have

anything more to do with your earthly parents once you begin your ascension of spirit, but you will have your soul-mate, forever and ever. Your parents if they were true would live being soul-mates, and they would be raising you to be as they were: able and willing to meet and be with your destined soul-partner. They would not be standing in the way and making such a meeting very difficult to achieve.

I know that many on your world believe or hope that they are soul-mates, and the love they feel for each other is very special indicative of their special union. But sadly they are mistaken. (You can only know who your soul-mate is once you've started and done a reasonable amount of your soul-healing.) They have only added this belief to their already large and diverse load of erroneous beliefs. We are all free to believe whatever we like. There are no rules or restrictions. However the more you willingly choose to believe that which is not true, thereby being disharmonious with the true you – your soul, the harder you will make life for yourself. And the more irresponsible you will become. And even though you may believe that your life is becoming easier, there will however come a time when the amount you have willing taken on and are over riding your soul with, sounds an alarm in you and your world begins to crumble. The soul, your soul, has a lot of leeway. It – you – can tolerate a lot of self-abuse and self-denial, but at some point, and for most people currently this is in one of the Mansion Worlds in spirit, enough is enough. Your bubble will burst and a horrible reality will begin to descend upon you. Cracks will begin to appear in your pretentiousness and the power you thought you had will begin to evaporate. It will spell the beginning of the end, the end to your being irresponsible. For most when this begins they immediately fight themselves trying to ward off their fears. All those terrible fears that you have been working so valiantly to hide from yourself will begin to surface. You may find that the addition of more false beliefs, more positive affirmations, will fill in the widening gaps, but this will prove to be only a short-term solution. The crumbling will continue, for when it is time it is time.

From here you can still choose to resist yourself, your own inner conflict, and try with all your might to reject yourself, your very own soul that is now setting in motion life experiences that are designed to help you to free yourself instead of burying you further in your hole. But this of course you cannot see. At the first sign of illness you rush to the doctor to get some pills to try and get rid of the badness, the infection, the evil germ in you. You do not see this as a sign from your soul saying: It is time and I cannot live in this rejected state any longer. Please listen to me. I am only trying to help you – 'me'. Let the pain I am stirring in you surface. Please try to express it and let it tell you of your fears, for then and only then, can I – 'you', let go of it. Help yourself, take the pill if you must, but still long to the Mother and Father for help. Help to help you see for yourself the TRUTH of you: what you are feeling, right now. Feel the pain: what is it saying to you? Speak it out, cry it out, open your mouth and groan. Make a noise to yourself, your partner, and anyone who cares about you, and speak to the Mother and Father. Tell Them everything; all about how bad you are feeling, and what you want and why. You have to get it out, all the buried feelings of negativity, of fear, hatred, anger, misery, guilt, rejection, loneliness. Whatever is in you that is causing this separation, this blockage, this illness, this pain, you have to EXPRESS. Begin! Try to bring yourself out. You are trapped away inside yourself. Bring yourself out, out, out Out, Out, OUT, OUT, OUT!

It has been your parents and the influential carers in your early life, from conception until the arrival of your Indwelling Spirit of God (about six to seven years of age), that have caused you to deny yourself your self-expression, the TRUE EXPRESSION OF YOUR FEELINGS. From conception these influences have been negative, bad and evil on you. They have retarded your growth. They have not helped you become a fully expressive child of your Heavenly Parents, able to live a Celestial life whilst of flesh. They have denied you the full happiness and love that your soul requires – that you require to be free; to live a completely self-expressed and responsible life. Why they have done this I will discuss later. But for now, if you choose to trust me, to come with me, I will try to help you to see for yourself, that which I cannot tell you.

I can only show you the way, you have to live it and find out the truth of yourself: how you really are feeling inside. I can help you see the path ahead of you, offering some guidance and pointers along the way, but I cannot live your life for you. I know these sounds obvious; however your parents have stepped in and told you how to live their way, and so in effect they have tried to live your life for you. They have told you when to go to the toilet, when to eat, when to sleep, when to go to school, when to cry, when not to cry. They have told you when to speak and what to say. And on and on it goes. All very controlling, and all day long: day in, day out. Then on to school, and more of the same. Then on to work, and more of the same. All control, you are not free in any sense of the word and especially in the truth of it. Your great obstacle is them, your own parents, but now you are inhibiting yourself from seeing the truth because they have put themselves between you and it, and you have taken it all on. They controlled you as a child and now as an adult you control yourself, just as they taught you to.

I fully appreciate that a lot of this, and in particular my emphasis on your parents being so evil, might be hard to accept and even sound somewhat extreme, however, I need to be hard because the problem you face is extreme, and if you begin to address it now whilst of flesh, you will be able to save yourself even greater hardship when you come into the spirit worlds.

The ‘mother’, and then ‘parents’, and then ‘family’ are the most blessed and holy things on your world. You hold them in the highest esteem. You praise the evil ones for doing all the wonderful things they did for you – like stopping you express your true feelings. Overall, not a bad word can be said against a mother, because, if she did not do it: stay at home with the children, who would look after them, the father? The pressure is on the mother. Everyone is so grateful to the mother, for without her tireless duty and concern for her children, how would they grow up and become like her – a mother?

To accuse the mother of being a bad mother, let alone evil, is, one may think, to go against Creation, itself. However, are you happy? Are you feeling that you are free and perfect, with not one bit of anger, hatred and not one problem in your life? Are you living as Jesus is? And if not, why not? And why do you not know the truth of the Mother and Father, and live with Them and enjoy Their company all the time? Why do you get sick, live with fear and feel that all is not really right? And why do you persist in allowing things to happen to you each day, things that you do not understand why they happen? Why is everyone of Earth not living in complete happiness, living perfect and fulfilling lives? Why, because you are refusing to address the real problems of your world. And the most real is that you are not parenting with love – that you were not parented with love. The system is overloaded with suffering. All is ready to collapse any moment, but still you blindly refuse to stop. You just keep going. You believe you have no option, for who will feed the children, who will take over the housework? Who? Who? Who?

But you are not functioning properly. You are not feeling right and why? Medicine and science, are they to provide all the answers? But what if they cannot cure you? Then were do you go, what happens to you, what do you do? Do you just. . . Just go into a hole in the ground or become ashes?

Do you dare to take a real and truthful look at yourself? Do you agree with everything your parents did and do for you? Are they faultless? And why aren't they? Jesus and I are faultless, as too are the Celestial Spirits that live with us. So why can't you be? What do you think it is all about? Do you think? And it goes on. You can just go around in a circle refusing to come home, but one day and at some time, when you choose to really want to know, you will be led by yourself back inside yourself and back down to your memories of early childhood, for it all begins and end there – with you and your relationship with your parents. That is what it is all about, now and forever more. Only your parents will change from being your Earth mother and father to your Heavenly Mother and Father.

We will leave it there for today, thank you James, Mary.



**Natural Love Flow**

**Natural love is Creation's love;**

**One can swap back and forwards between paths**

**I am God**

**Intellectual**

**Self reliant (trust myself)**

**Self-determination way of life**

**Mind dominates**

**Thinking = Mechanistic**

- rational
- analysis
- reductionist
- linear

**Values = Mechanistic**

- expansion
- competition
- quantity
- domination

**Adult like**

**Control**

**Millions of paths (man created)**

**Peak possibility is 6th sphere**

**time to complete path:**

**100 years to over 1,000 years**

**Divine Love Flow**

**Divine Love is Soul's love.**

**I am God's son/daughter/child**

**Emotional**

**God reliant (God relationship)**

**Soul-spirit living harmony**

**Soul dominates**

**Thinking = Holistic**

- intuitive
- synthesis
- integrative
- non-linear

**Values = Holistic**

- conservation
- co-operation
- quality
- partnership

**Child like**

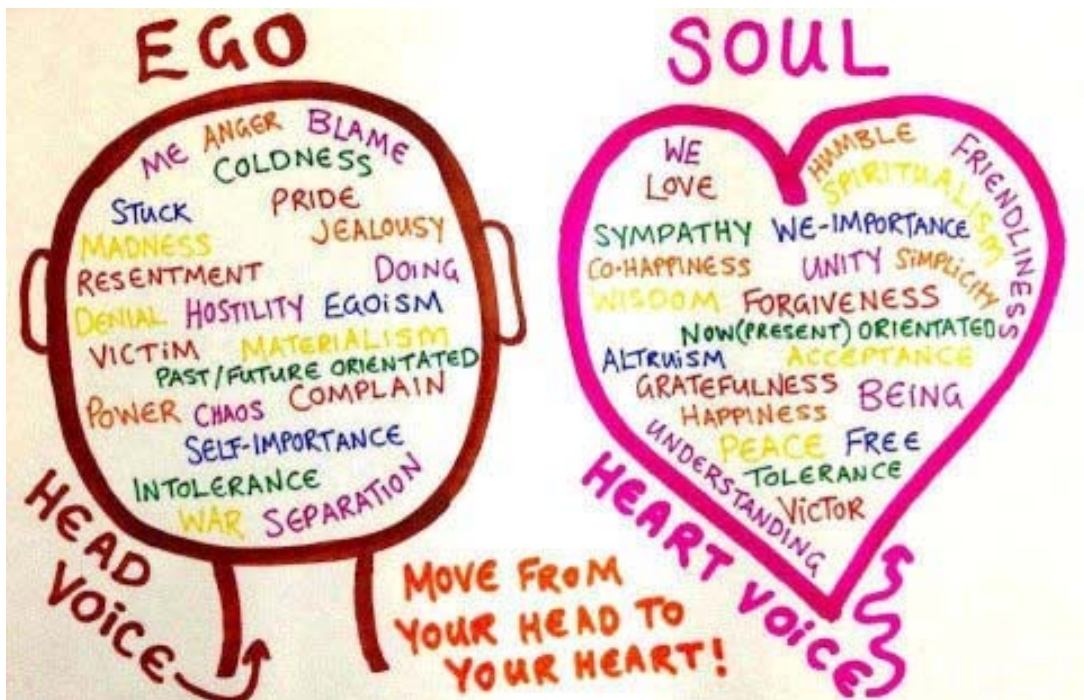
**Feeling**

**Defined path (God created)**

**Peak possibility is infinity**

**(sphere / mansion world are same)**

**5 years to over 10 years to at-onement**



I've changed my mind about speaking to you today. **Mary.**

Pray with all the longing of your heart to your Mother and Father of Heaven for Their Divine Love. Pray, and ask and long and beg, and do what ever you feel you need to do, and do it with as much conviction as you can muster. Want Their Divine Love in your soul more than anything else in the world. Ask Them sincerely from the depths of your being for Their Love. And once you have prayed, pray to Them again for even more of Their most precious and lovely gift of all – Their Divine Love.

We all have to long to our Mother and Father for Their Love – Their Divine Love. The reasons why we actually and very specifically have to do this ourselves are many. And unless you want to, and then actually do it for yourself, you will never ascend the Heavenly heights of love, truth and light that we are speaking of. And you will not be able to rectify the condition of your soul. You will not be able to heal yourself of all that is not right within you. Only by invoking Their Divine Love into your soul will you be able to live the Will of God. Only souls filled with an abundance of this Love – the Divine Love, will be able to live true to the will and destiny of their soul. And without this Love in your soul you will not be able to live in the Divine Love spirit worlds, nor will you be able to ascend higher than the natural love Mansion World six. Without this Love within your soul you will not progress in your healing as the spirits herein are accounting. And you will not ever be allowed entry into the higher and greater spheres of the Mother and Father's creation. This is the Truth, and no spirit or mortal can live outside it.

Pray – long – for the in-flowing of your Heavenly Mother and Father’s Divine Love. Pray with your entire heart and with all your might. Pray with no expectations other than the Mother and Father will hear your prayer and answer it for you. You will not feel the Love itself come into you, but you will know when your longing is true and your soul is partaking of this Love. You will feel the Holy Spirit delivering it to the doorstep of your soul.

If you truly desire to live true to God then begin with praying to Them for Their Divine Love. Ask and you will receive. Believe, and you will come to understand in time, it is the Love, the Divine love of God, that is the way of All Things!

Mary. Soul-mate and eternal partner of Jesus.

**Golden Rule: that one must always honour another’s will as one honours one’s own.**

**This time, in the history of humanity, is  
the most exciting time ever experienced.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**



**Lucifer soulmate pair**



**Satan soulmate pair**



**Caligastia soulmate pair**



**Daligastia soulmate pair**

Lucifer soulmate pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary – soul partners).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they signally failed.

About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

**Caligastia** had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!



Hello James it’s me again, Mary.

I want to speak more about the will. As you have seen for yourself today, you can now see what it means – what it feels like – to live the Mother and Father’s will. To live Their Will you have to first accept that you don’t know how to live Their Will. This might sound obvious, however to accept that you do not know how to live the Will of God is the first and most crucial step. Not knowing is the key, and as Marion says, the Mother and Father KNOWS, not us. We do not know! And this is very true and very important! We do not know how to live. Many people believe they do, many parents teach their children such beliefs, however we don’t know. The Mother and Father have created us with the capacity to know, but in the beginning we do not know, and this is where we all have to start. It’s a point or level of humility, an acceptance of not knowing; of giving up and over to Them, a willing submission to Them, wanting Them to show you. It’s a point at which you decide to get your mind out of the way and accept with and through your feelings that you don’t know. It is you being the child – Their child, for a child does not know.

Not to know is the crucial key. Say it to yourself: ‘I DO NOT KNOW, I DO NOT KNOW ANYTHING!’ It is easy to say, but to live it is another thing.

Right from the beginning of our incarnations we have in us a desire and innate deep-seated longing to know. We first want to know ourselves. We don’t know this at the beginning but we do want it, our soul is longing for it. Our soul is always longing to know. And so we begin to do this: to get to know ourselves, by looking to our parents for we believe that they are our teachers and they will help us to know ourselves. Where ever love is, we look toward it to know. And even if your parents didn’t love you, still innately you know they should and that they are givers of love, so still you looked, and still look, to them to help you to get to know yourself. **The truth is in our souls.** We know deep within us that love is the way, and with love and through love we can know all that there is for us to know. But if love is withheld from us, we can’t know, we can’t get to know ourselves, **for without love there is no truth.**

To become self-realised: a soul-personality of the Mother and Father fully expressed in Creation as one of Their children, is one of the main drivers within us. It governs our life. All we do in life is working toward trying to achieve this. It is what our existence is all concerned with, and it will be all you will be concerned with when you are healed enough within your soul to feel this truth. **When you can feel something within you and you know that what you are feeling is true, it is, for it all goes together as a package. If you are looking to know and live and feel and be the living truth, then when something in you feels true, that is, an experience you are having is saying to you: this is true and I know this; I know it to be true; I feel it to be so with all my heart, soul and being, then it is true, real and indisputable. And it is for you then a part of YOUR expression of the truth: the truth of your soul and the truth of the Mother and Father.**

If you were born on a normal world, and by that I mean one that is not governed by the forces of evil, one that is not suffering under the weight of planetary rebellion and sexual default, then you would be striving to perfect your natural or self love, and at some point would begin to become aware of God, and later, to want to choose to live God’s Way. And the great personal challenge for us all is to work out how to do that, and for you whilst you’re in your negative mind and will state.



**And the way to do that is not to try, but simply to want to! All we need is the longing. It is the want, the longing, the desire, and WILL to want to do it.** That is all you need and should have. Because anything else means that in some way you believe you know something or some part about how it is to be done, and then that is the error, you are then deluding yourself. Remember: you do not know! If you believe that you know something about how to do it, then how do you know you are really true in your belief? How do you know if it is how God sees it? You can't know because you are in the way; your belief is standing between you and truly knowing. **True knowing is FEELING it to be so; and is NOT believing it to be so.** I know these might sound like fine tedious points however I can assure you if you choose willingly to live ONLY in your beliefs denying your feelings, then you will be living in a world and a universe all of your own creation. The delusion is that if you choose to live by your mind, alone in and through and with your beliefs, then you have made them all up for yourself, they are not of the Mother and Father's Creation, so in reality they do not exist except in your own fanciful greatness, and this is wrong. Nothing can be sustained by itself that is not of love – of the Mother and Father's Love. And beliefs are just constructs of the mind, not love. They are contained within your own fantasy of mind. However whilst you live in your self-denial state of will, they are to you very real and very powerful and very much in control. And you have given yourself over to them so that you believe it is you whom is in the power position, who knows something. It is wrong to assume you know something when that knowing is based on a belief. You can only know what is true, not what is belief. Too many people live their beliefs as if they are truths, always being let down and disappointed. **Belief cannot be sustained with love like truth is, for belief is not of love whereas truth is.**

Most people on Earth believe they are in control of their lives. But are they? No they are not, as the underlying truth is that no one can ever, not even Jesus or I, control our lives. It is impossible to take away from the Mother and Father that which is Theirs. We as souls are Theirs. We are Their creations and They can by right do what They will with us. And they are. To live without this acceptance is absurd, however that is how most live on Earth and in the natural love Mansion Worlds of spirit. It is not until you want and desire and long to live with the Mother and the Father, at one with Them, and begin to ask for and long for and will for Their Divine to Love to come into you, that you begin to accept that you exist for Them, not wholly for yourself. You stop being completely self-centred and selfish and begin to allow Them to come into your life in a conscious willing way.

In effect They have allowed you to feel as though you can exist outside of Them, that being, without Them. However, the reality is you are of Them and within Them, but once you step in and wilfully choose to deny your feelings and live according to your beliefs, then you bring about the separation in mind from Them. Your heart is still connected to your soul, it cannot separate, however you can allow such over dominance of your mind to the extent that you may as well sever your connection to your soul and be as though you were completely without feeling. You are then said to be truly lost: a lost soul, for you have covered up yourself, your true self, to such an extent that in truth you do not know yourself. You believe you are so and so of such and such an address, and you do this and that, and that you believe is our life, however, you are a completely self-fabricated image styled on whatever your beliefs tell you to be.

Your main trouble is no one has told you that you are not really real; that you live as a self-created delusion of your mind, which has been brought about because of certain negative influences on you when you were very young. You do not even know for the most part that anything is wrong with you or how you live. And sadly you can easily carry out this pretence on Earth with the material world structured as it is, but when you come into spirit, things will quickly show you a very different picture of yourself. Rita's account being a good example. She believed falsely that she was who she was, that she lived in a certain way, had certain relationships and did certain things in her life. When she got sick, it

was just one of those unexplainable things that can unfortunately happen to you, and the doctors were unable to do anything for her. She died and then began to have an awakening. It happened such that she became fixated on her eldest son, whom, as she has wanted to see the truth of, symbolised and became her father. She was not aware of such feelings. She had no idea that such things existed within her. So where were they? And why did she not feel any such things about her son when she was alive and with him on Earth? Because she didn't want to. It was, as it always is, all her own choice. She chose, albeit when she was young, and too young to remember as an adult, to forget such feelings, to push them aside and bury them – the feelings about her father. She was totally unaware that a very large part of her motivation, again not consciously known to her, to have a son, was so that she could have her father back and in a way whereby she was in control. She could make him love her, instead of being rejected by him. And this scenario is common to a lot of people. The complexities of life are governed by your soul. And the further away from it you live, because of the myriad of wrong beliefs you make up for yourself based on: why you live the way you do; why you do what you do; why you say what you say; and why you act as you act, the more you will bury the real truth of what you are feeling. Rita became ill because she was living full of erroneous beliefs all developed through her, early childhood and all causing her to live away from the truth of herself. Her experiences in spirit to do with her son showed her that she didn't know herself, she thought she had some idea but really was so far removed from herself that she had no idea at all. The experience she told you shows how much she was living in denial, lacking any true understanding of herself – no wonder she got so sick!

Rita tried to express her anger towards her father when she was small, but she could not articulate her feelings truly. She never learnt how to. However, in various ways she tried to show her parents that she felt her father was showing too much favour to her eldest sister. She felt constantly rejected although she wasn't consciously aware of it at the time. She tried to get her father's attention and take him away from her sister, whom she began to dislike with greater intensity.

Again she tried to show this and even tried to side with her other sister against her, but the parents did not allow such things. And her parents did not allow her to be angry, especially her father. She was caught in a horrible predicament. She couldn't be angry, even though she felt it, because this made her father angry and he rejected her even more, this not being what she wanted. So she had to try a new approach: copy her mother and do things for her father. He would then smile at her and tell her she was good. This praise was not the love she so desperately wanted but at least it was something, and to her something that she got and sister didn't. So she developed a myriad of beliefs and behaviours for herself to get her father's attention believing she wouldn't be rejected by him. She wilfully changed herself to get with her mind what she wanted from her father. Her father didn't change, she did. Now she had established patterns of behaviour based on erroneous beliefs about what men like and how to get what you need from them. She was now living more of a fantasy deluding herself, that her father loved her. And every time he said she was a good girl for helping mummy around the house her beliefs received the necessary affirmations they wanted – that they were 'right'. And when at the age of four she was able to make daddy's cup of coffee 'just how he liked it', the overwhelming gush of praise told her she was definitely on the right track. But she doesn't remember such things or the intricacies of her life decisions, as she was too young. So for the remainder of eternity, or until she decides to change such beliefs, she will live this way with all men. She will be, as she was throughout her married life, a very good and committed housewife, doing all the right things, keeping the house well, doing it all for the men, but she still did not get the love she was still longing for. She chose a husband who would appreciate all such things superficially but deny her the true love she wanted just as her father did. And so she looked to her son to be the father she so still so desperately longed for. But nothing changed. So far as her soul is concerned she is still four years old: wanting for her father to love her, and secretly believing that he does want her with him as he is with her sister. And who is to say that what her sister got from their father, the so called 'love' was really loving. As her sister will testify when she does her

soul- healing, although she did get more attention than her siblings, she too feels bereft of his love. Love in the negative self-will denial state is not what you believe it to be. And many of your loving feelings are not genuine being only a contrived product of your mind, something based on what you have learnt and expect and believe love to be.

The truth of how you really are is locked away inside you. It will lie there dormant until you are ready and decide that you want to live it. It is deeply covered over with dominating beliefs. These beliefs are not really you, but the fabricated part of yourself you have had to create to enable yourself to survive in your world. For what are you to do if your parents do not love you as you need? Cry? And how long can you cry for? Forever? No, for you have to stop crying. You are even made to stop crying. You have to grow up! And besides, it makes your father and mother angry if you do it too much, and then you will get even less attention, or maybe even more attention but the wrong sort, none of it being the love that you are longing for, only hatred and anger. And this all adds up to your feeling increasingly rejected.

All the resulting feelings of not being loved are not welcomed on your world, the so called bad feelings, for they make you feel bad and you are told you are bad for having them, and are dealt with in such a manner as to deny them and pretend that they are not real. For after all James, what sort of a parent would you be, if you had a child that could openly tell you that you do not love it, and have no love to give it, and feel no love for it? And that was the truth.

Have a rest and we will continue later.

As you have just seen for yourself with Marion, you James are a completely self-contrived person. You have virtually totally made yourself up comprised of thousands of beliefs, all of which you created from conception onwards. The good news is that it is only from conception, as you need to be developing under you parents influences to do it. The belief of reincarnation is impossible, it would be too uncaring of our Mother and Father to subject you to negative beliefs from prior lives as a young child. Reincarnation is an erroneous and contrived belief based on no understanding or appreciation of just how deeply ingrained and controlling one's beliefs are through one's early forming years.

Has the guru, and so called self-proclaimed 'enlightened master', delved into the healing of his or her early childhood negative beliefs and will denial? Surely if they had then they would be teaching about how one can do their soul-healing, or the **healing of themselves through feeling acceptance** – trying to find the underlying causes of one's self-denial, and not speaking about such nonsense as reincarnation and bad feeling avoidance. Reincarnation can be used all too conveniently as an escape; you simply 'transcend' using your mind so you don't have to face and find the truth of, what your self-denying problems are. There are hundreds of thousands of self-proclaimed gurus in the natural love Mansion Worlds, all pretending to have found enlightenment, when all they have done is **succeeded in running away into their minds from their negative or wrong childhood beliefs, refusing to deal with the truth and pain of them.**

If you believe you are longing for the Divine love and believe you have received it, and yet are still maintaining or clinging onto such beliefs as reincarnation, then I would advise you to begin to question yourself anew and start by asking yourself such questions as: Am I really receiving the Divine love? And how do I know? And have I just made it all up for myself? And what is this healing? Am I doing it? If not, do I want to do it? And why am I still clinging to the false belief of reincarnation? Do I know it is real? How do I know? How do I know when anything is real? What do I know? Do I really know anything? And then when you are finally about to give up, tell the Mother and Father what you really want. Give up, ask Them, beg Them to show you the truth: the truth of yourself and that truth They

want you to see. And pray as hard as you can, long with the desperation of one who is absolutely confused and admit your confusion to Them, and then carry on with your life and see what happens. If you are true, and you only feel more confused, then you are on the right track. For remember it's about not knowing. And all your beliefs are only making you pretend that you do know. And you have hundreds and hundreds of beliefs all telling you that you are right in how you are and they are all wrong. They are all negative beliefs keeping you separated from yourself.

At any one time you can only deal with so much. And by asking the Mother and Father for help, They will provide you with the experiences outside of yourself to bring about the help you need. And the more confused the better because this means your neatly ordered stratified belief system is coming under attack. Your feelings will begin to try to surface and your controlling beliefs will instantly be on guard to ward off the attack. And then what will you do? How will you be able to cope, and worst of all, what if everything collapses? **The negative mind that you have created for yourself is founded on the assurance that you will not be loved. It cannot allow love in, for it was built on no love. It is all kept in place by fear. It is self-fulfilling: the fearful mind fears all, even itself. It has to be on the alert and in control all the time or else the dreaded thing, the greatest thing it – you – fears, will happen. To feel confused is a good 'bad' feeling. You may believe it is a bad feeling and that it's not good to be confused; that it's a sign of weakness, and that you are not allowed to be confused, but are wrong.** Men in particular are not allowed to show confusion, you must be in control at all time even if you have to bluff your way through. Wipe those sweat beads off your brow and make sure you are wearing a half-inch thick layer of anti-perspirant before you go out into the world. Because remember: fear smells. And it is bad to smell, the enemy will know where you are because your body odour of raging fear will give you away. You might think this sounds extreme but see what is inside you; do your healing and see what you come up with, as to what you believe about your body smells. Some people naturally accept their smells, other detest them pouring perfume on trying to disguise them. These are all negative fear-driven controlling beliefs, and all of them, one by one, will have to be worked through, brought to the surface and seen for what they are – the truth revealed, as to why you have them.

This is your soul-healing: healing your negative mind and will state. All of your mind is virtually working in a negative state; negative compared to that of the mind of the Mother and Father. You are, as is, all in your world, going the wrong way. You are steadily, and have been for thousands of years, moving further away from yourself. There have been ebbs and flows, coming back some and then moving away in another direction, but still overall the situation for everyone is not good. However, all is not lost as there is good in it all as you will discover for yourself as you progress through your healing, gaining an appreciation as to why the Mother and Father have allowed it all to happen and will allow it to continue. It will give you a great appreciation as to how wonderful They are for allowing you such freedom to explore Creation for yourself. And when you have decided that you have had enough of playing the role of an all-knowing mini-god, They will be there waiting for you with open arms and a very big Heart of Divine Love.

But as I have said, it is all up to you. Offerings can be made to you, and the Mother and Father always have Their loving hands outstretched to you in every moment of every day. As to whether you want to accept such an offer is your choice, but if you choose to accept, then tell Them, and long to Them to show you the truth, the Real and whole Truth of your life. And why I say and stress THE REAL TRUTH is because you will instantly be coming up against your controlling beliefs. They believe they are real and true. You are giving them their existence so what else can they – you – think. They and you believe that they are true, real and unfaltering, the foundation of your life. You may believe in Jesus. But still it is only a belief. What do you really know about him? How do you know that he is real? How do you know that he came to Earth? How do you know that the whole thing about his life and the Father is true? You don't, and you won't until you begin and finish your healing to the Celestial level of truth. And for that matter, you won't know if any of what I am saying is true. How can you?



How can you be sure that James is not simply making this all up? He wrestles with it daily. Mary Magdalene, the soul-mate of Jesus? You have to decide for yourself. All the responsibility is yours. Only you can and will know for yourself, and as James can testify, the knowing does come. In an amazing way when you are ready and least expect, suddenly, you know something. And when you do know you feel it to be true, and you know that what you feel is right good and true. There is no dispute. All of you agree, and even your mind accepts the new truth.

James believed in reincarnation until he began partaking of the Divine Love. Ask him and he will tell you how it evolved for him. He also believed in Jesus. Jesus even came to him in his early meditations as I did. However, he couldn't see us. He could feel us making an impression upon him and he could speak to us, but still he had many doubts in his mind for a long time as to our authenticity. And these doubts lingered until he found the truth of us within himself, until a knowing that we are real and true in our relationship with him came up within him. And with this knowing his belief in us was transposed into a belief in support of the truth he feels and lives in his heart, rather than a belief that has no support from truth. When you are ready to know a truth, then your soul will instigate what needs to occur for you to experience it as a very real thing, so real that within your heart you will know it to be true – there will never be any doubt, only a rock solid knowing that it is true. Belief can be chipped away at and eventually made to cave in on itself, whereas truth will always stand firm. \

You can only know what you know as you know it. Many people, by adopting beliefs, believe they know things, but this is false knowing and wrong. The soul is not at the base of it, it's only another belief contained within your mind circuits. You live a self-made fictitious picture of yourself, a picture you hold in your own mind and composed of beliefs, not of truth. It is all added up through your childhood giving you a false belief of how the world sees you, all based on how your parents made you see yourself. The feedback from your parents, who represented the world, is what you live in, and with your mind you ensure you still get the same reaction, negative or positive, in your adult life.

When you unwind all the confusion inside your mind and re-circuit all your beliefs to become founded on truth, your mind will become positive and constructive rather than destructive and negative. And you will be able to feel what it is like to live having started knowing nothing, then to allow the Mother and Father to teach you and show you and guide you in your evolving knowing. And then, by the time you reach the Celestial level of truth and love, you will know what it is like to be living the Mother and Father's Will. Up until then you will get glimpses along the way as They help you have faith and the strength to keep pushing on, striving to be completely true.

We will finish for now James, Mary.

**To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

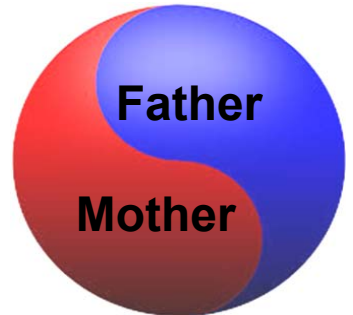
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

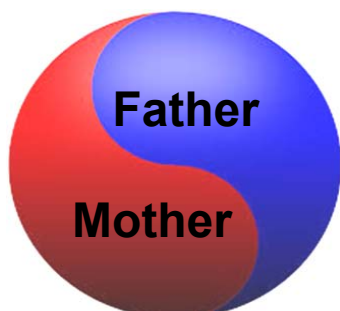


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

**WE ARE Children of God**

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

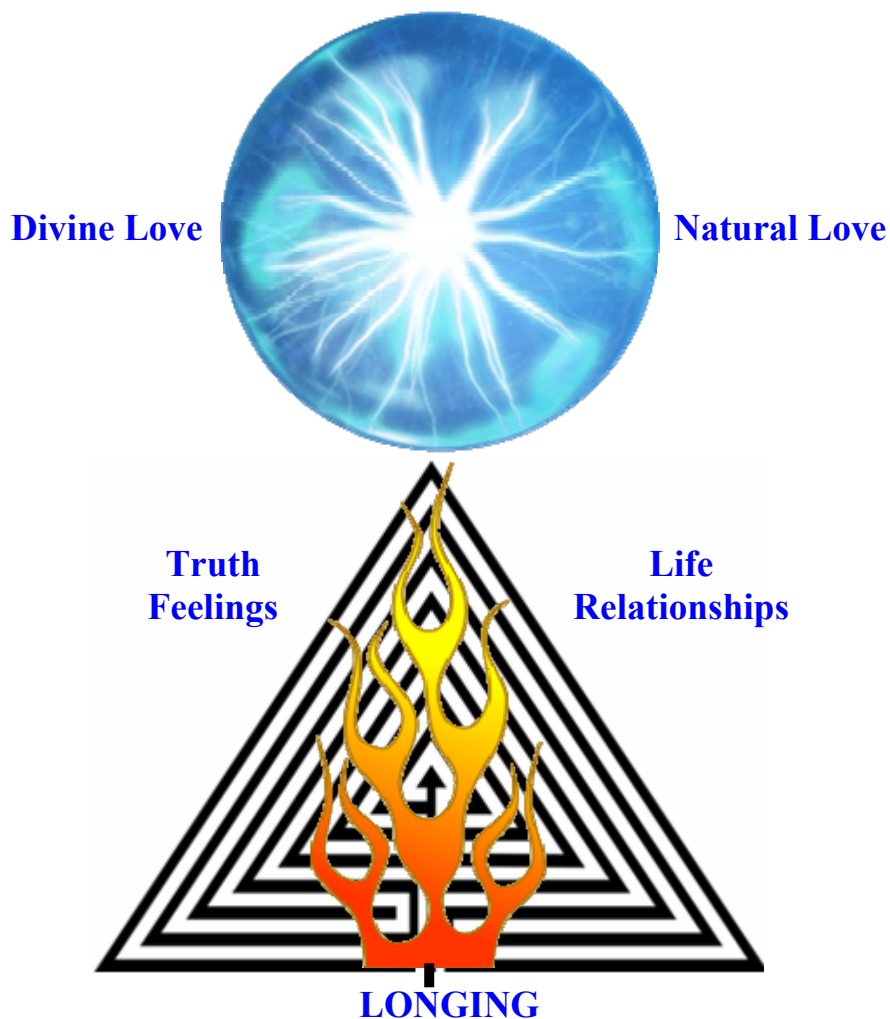
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

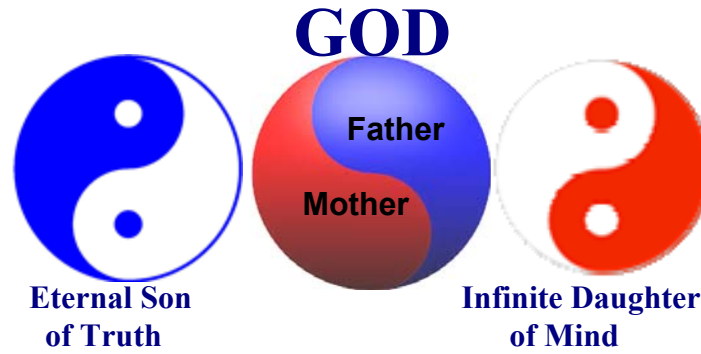
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)
  2. **ETERNAL SON (ES) – Divine Truth**
  3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

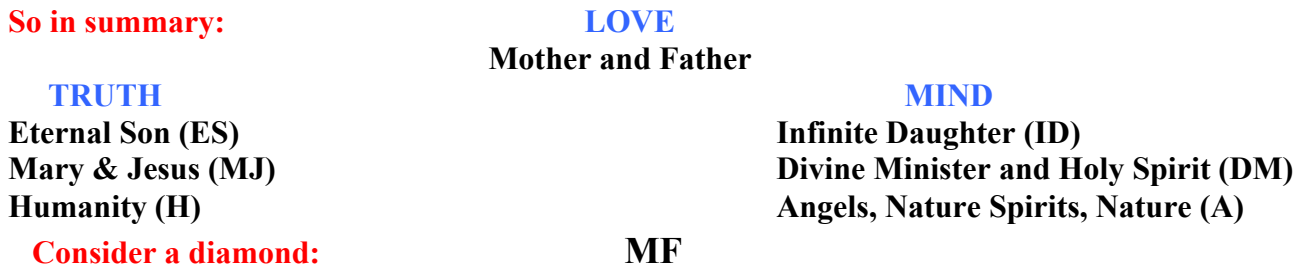
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

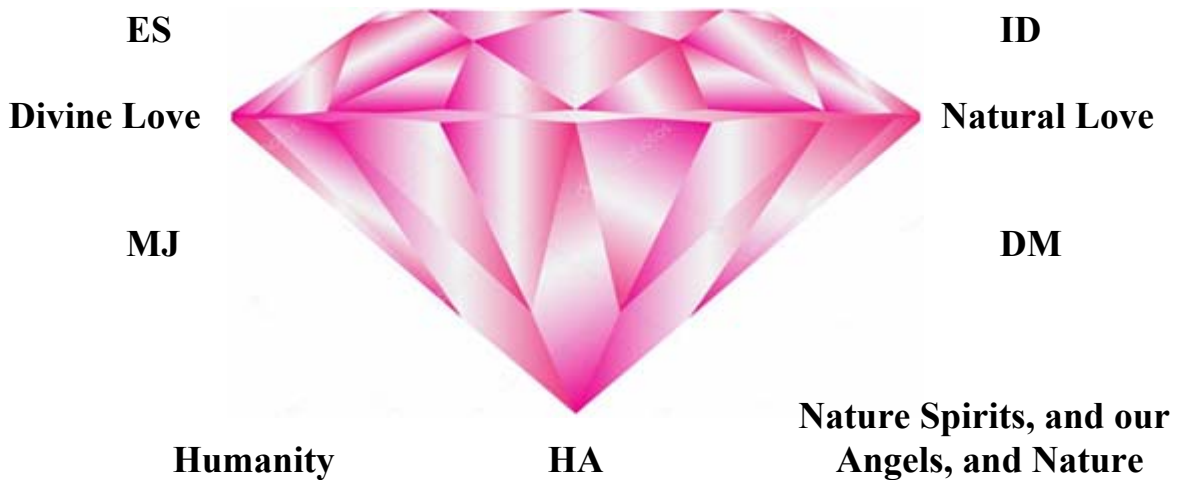
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:





# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs / soul partners.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

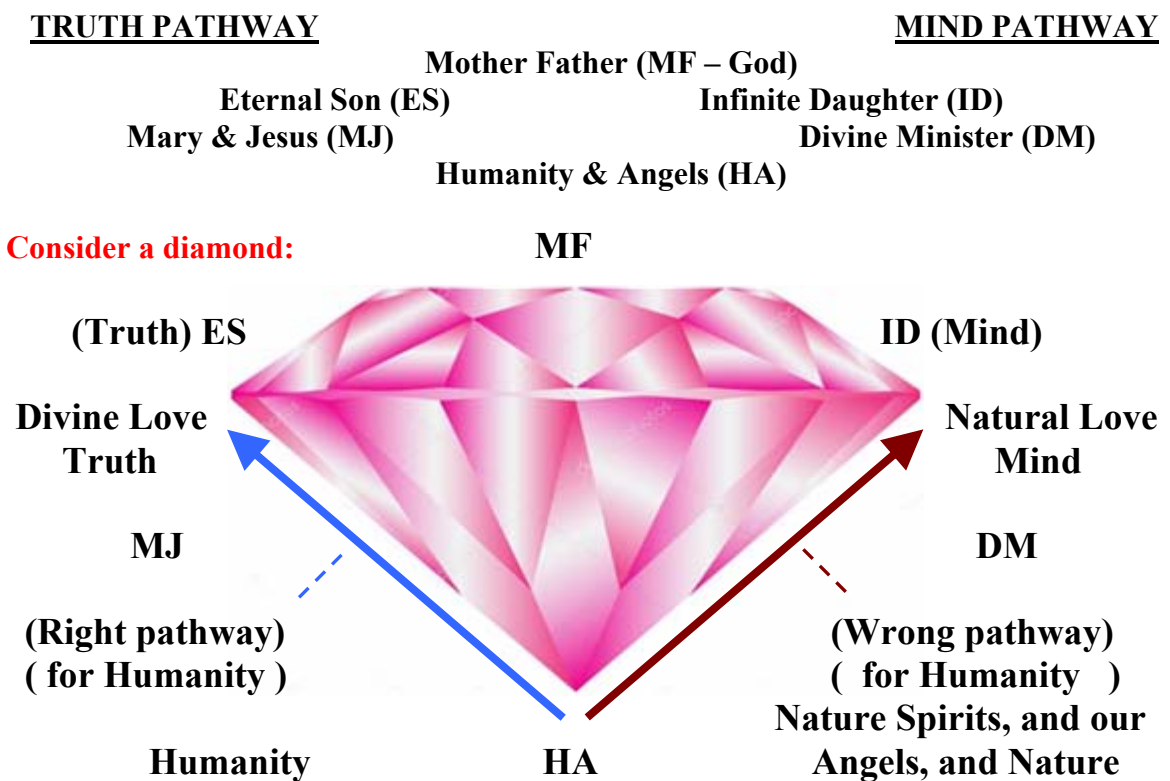
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs / soul partners – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

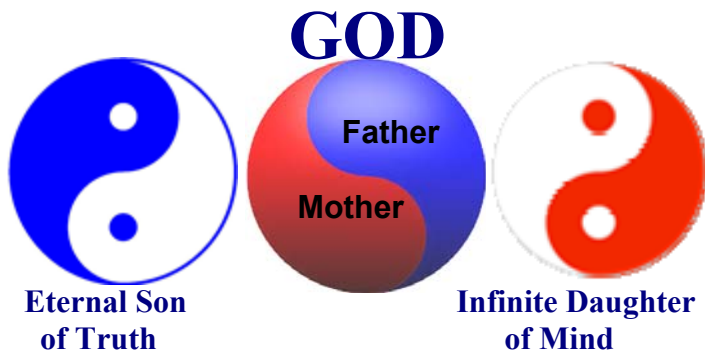
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Spirit Person

Nature Spirit

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

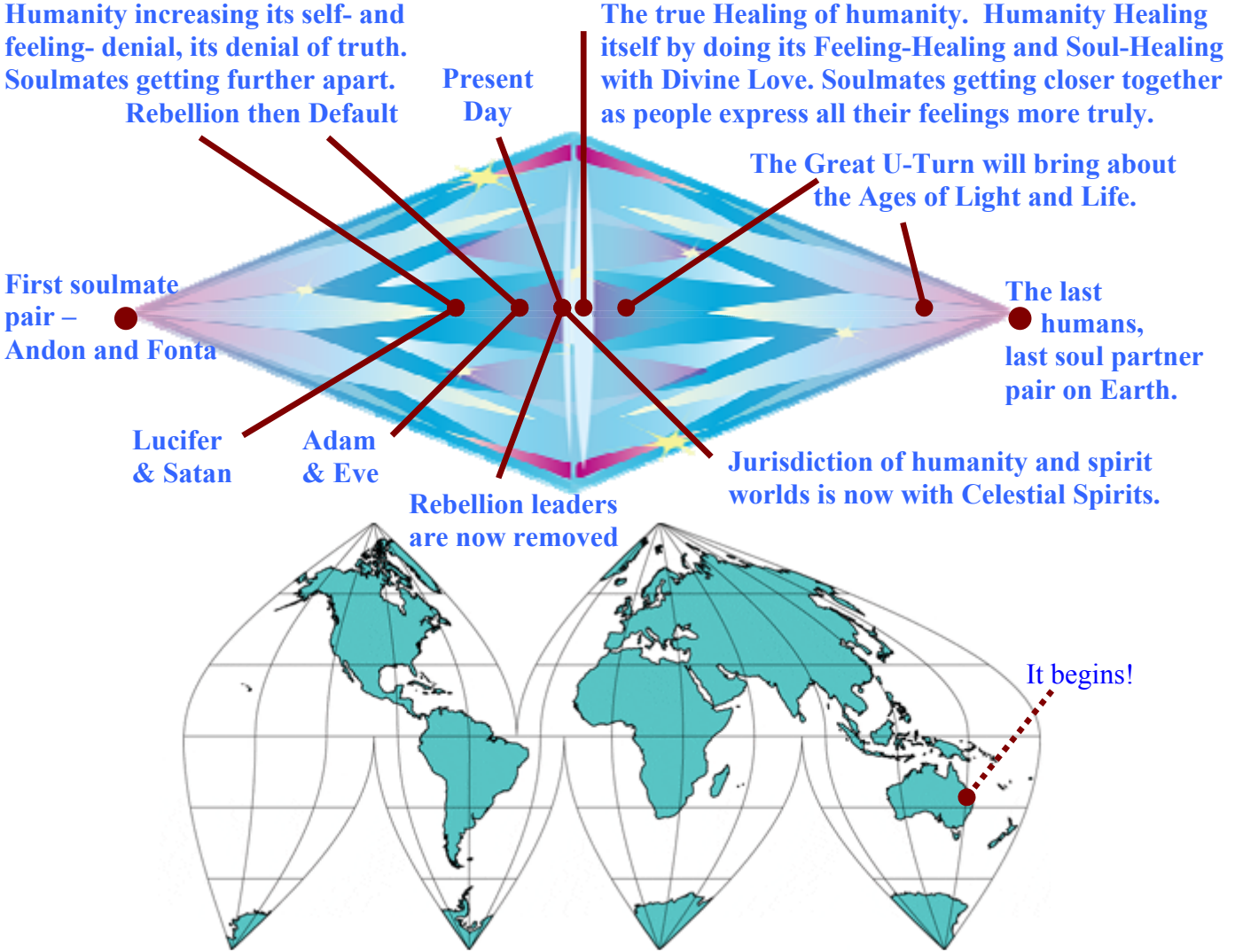
Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.



A nature spirit is an angel in waiting.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



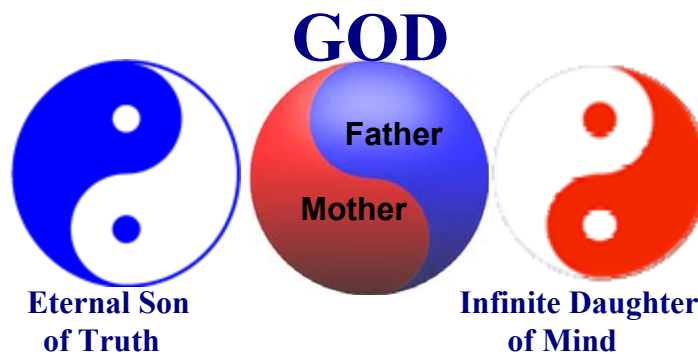
**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**  
 (Passage in blue calibrates on the Map of Consciousness at 1,500)





We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

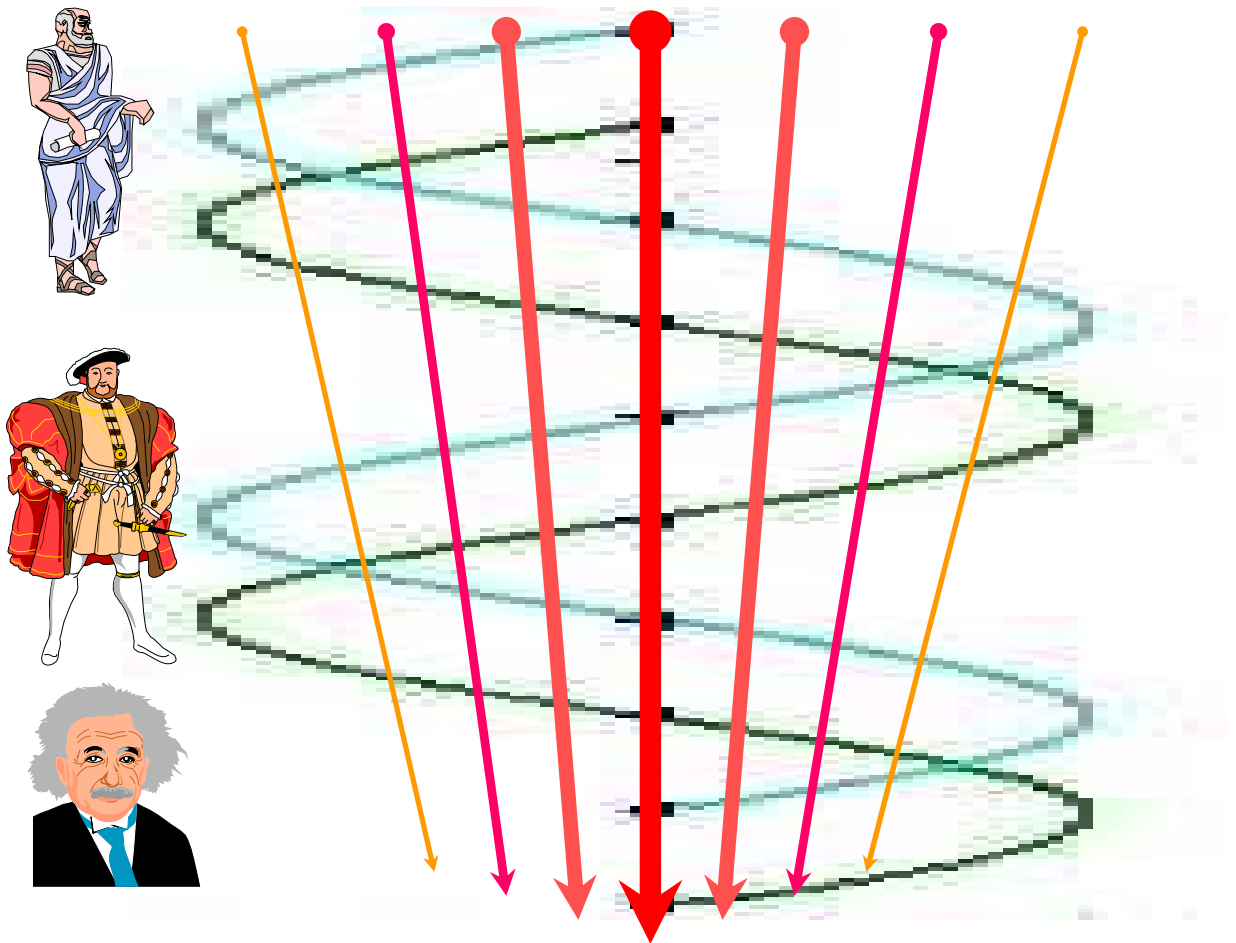
**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens.**



**OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:**



**Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation.**

**We are a product of all that has come before us.**

**Our own soul condition is reflected in our children.**



**To assist baby, as well as yourself, work to clear your blocked emotions.**

**Clearing your emotions improves your soul condition as well as that of your children.**

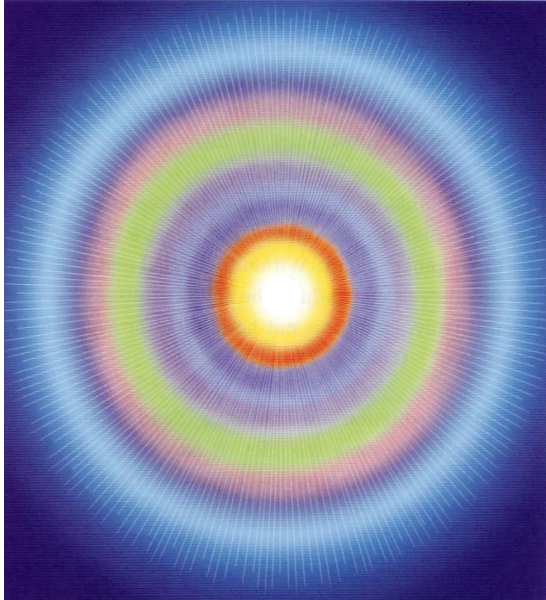
**Baby's body, when conceived, is always perfect. Their soul condition is also perfect.**

Infographics and diagrams have been added by Pascas.

## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

WRITINGS BY JOSEPH'S SISTER – ANA:

23 December 2016

**20161223 Message from Joseph Babinsky's sister, Ana: Soul-healing**

*My dear sister, Ana –*

*I would like to invite your help that I might understand the progress of your soul to the Celestial Heaven – perhaps pictured in contrast to the process that mother (or Margie) had to work through to heal their soul.*

*I have read some of the comments written by James Moncrief as coming from Mary Magdalene and Jesus with reference to the soul-healing that each individual must do in order to progress to the Celestial Heaven.*

*Please speak to me about this subject...*

My dearest brother, Joseph –

Yes, I am here to help you. I am not alone...others are present, yes, Mary Magdalene is with me, and others.

The subject you propose is vast and important – the soul and its development and progress. What part does a human have in the progress of her soul? The easy answer is this: Everything!

How can a human begin if he/she has no awareness that he is a soul, not just has a soul. You are a soul. Without such awareness one can hardly begin to give proper attention, and I mean focused attention.

But let us move quickly to the question that you ask ... is the soul perfect when it incarnates into a human? Yes! Most assuredly the soul is perfect! The prior existence of the soul is perfect, residing in God's soul-kingdom or realm. When it incarnates into a human, it is perfect.

As you know, the condition of the human realm, Earth, is not in a state or condition of perfection. The soul incarnates and begins its individualization as a human in a state or condition of imperfection and corruption. The transition of a soul from a place of pure light and love into a place of darkness is a comparison where words fail us to describe. Two states or conditions: The first of Light and Love, and the other, Earth of darkness and imperfection. In this process of change, the soul is immediately damaged. This damage is not mere encrustments on the outside of the soul, where, somehow the interior part of the soul remains pure and pristine. The soul, the complete soul, suffers harm and damage.

So, in my case, who **lived** on Earth for a brief period of time, only **one short day**, nonetheless, suffered damage, hurt, and injury. The damage was so deep that the little human physical body that I was, lived on Earth only one day. At birth I arrived damaged. If I had not experienced a heart-beat my soul would not have remained. The nurture and loving care that mother gave to my infant body was not sufficient to enable me to stay on Earth. My spirit-body, after the Earth vessel was dropped, continued to live and thrive in a nursery in the spirit-world.

Yes, I required and received help and assistance to grow in the spirit-nursery. Did I require assistance to heal my soul? Most assuredly, yes! The help that I received from loving spirits attending me was quite beautiful and natural. I was raised in a loving environment. Other babies like myself were provided a safe place, and our nurses encouraged us to freely express our souls. We were not hindered or disciplined

in anyway as you on Earth experience your first days and years of life. We were not seen as most children are viewed on Earth, as wild animals that require training and rigid discipline. All of us were happy and able to express ourselves freely.

Yes, as I grew older, I was taught how to identify my feelings, and I willingly felt all my feelings. There is no comparison to be made to those damaged souls who arrive here in the spirit-world from Earth as adults, for example, my mother and yours, or later, your sister and mine, Margaret (Margie).

Reference to Margie will be easiest for you, as you knew her much better than mother.

Using your own words, Joseph, your sister Margie arrived here with very little self-love. In a word, Margie arrived here a complete “mess.” At first, it was difficult to work with Margie; not impossible, just difficult ... more so than our brother Charles when he arrived here during the war on Earth (Note: *reference here is to 1944, the year my brother was killed in action during the war*). Thankfully, Margie was a soft soul; she was open and ready to change. She just did not believe that she could change. This is important to know and realize. Our sister was very willing to listen and apply our assistance. She was, as you say, a willing student.

Yes, Margie cried a great deal. It was not as easy as I may be making it sound. It was difficult for her, and often she wanted to give up and quit, as she said, the whole damn process. She said she would rather suffer the gloom and doom of hell. My presence helped her a great deal, as did the presence of mother. We were her examples of the light that awaited her. Margie responded to our loving care. We listened to her when she expressed her pain. We held her as one would hold a baby. It required the work and devotion of many loving spirits to assist Margie in the complete healing of her soul. She did the work required to bring healing to her soul, doing it in a loving and safe environment.

On Earth, this process is not as “easy.” I say easy, yet in neither place is it ever an easy process. It is difficult here also, but on Earth the healing process is more difficult because you live in an imperfect and heavy atmosphere, and there are no living examples present who have gone through the process of soul-healing to the end and living on Earth physically with Celestial soul-condition. This is a great and important distinction.

*Ana, I must take a break. I am tired. It is difficult to continue. I will return later.*

Ana's last words to me:

Okay, Joseph, we will be here when you return ...

Note: At this point I grew very tired and desired to break the communication with Ana. I said that I would return, but I did not. I am writing this on Saturday, February 11, 2017, almost two months later.

- END -

|                                                                        |
|------------------------------------------------------------------------|
| <p><b>The Golden rule is: Never interfere with another's will.</b></p> |
|------------------------------------------------------------------------|

**The FIRST HEALING CENTRE – 2,000 years ago!**

Mary Magdalene and Jesus' comments on the Padgett Messages Book 2

by James Moncrief

15 May 2010

Mary asked a couple of the first women spirits who attained the Celestial spheres to come and speak to James. That is, those who were introduced to feeling into their emotions while living on Earth.

Maria was the first to speak: We had all been working on ourselves just as she has told you, by accepting our feelings, speaking about them to each other, and longing for the truth of them. Mary took us all in hand as we willingly submitted to her, and worked on ourselves as our souls sort to liberate all our repressed childhood feelings.

My name is Ryola and I was also one of the five original women to enter the Celestial spheres having commenced our healing while on Earth through the guidance of Mary. 17 May 2010

To tell you a little about myself: I am Egyptian, I met Mary (where she went to live after leaving Palestine) through other women when she lived in Egypt during her final years. Immediately I loved every thing about her. She was so wise, so compassionate and so understanding. She was never judgemental, never told any of us how we should be; was never forceful; was never overbearing, she was all-accepting, and this endeared her to us all. Quite simply, there wasn't anyone else like her and we all intuitively felt this and loved this about her. She was unique – and she still is! We felt she was special, and after much probing she confided in us, and what it was she would have us do, if it was what we wanted to do.

Mary told us of her plans, of establishing a **healing centre** as it were, for more than just helping wayward unwanted strays like we all were. She wanted to help us to help ourselves, but on a soul level as much as on the emotional, mental, spiritual and physical levels. She explained to us how all our troubles – and we had a great deal of them – all came from our early childhood, from how we were treated by our parents, which none of us disputed. And that we could help ourselves by wanting to look for the reasons why we felt so unhappy back in our early childhood, which sounded good enough, yet how were we to go back into our early childhood, a time and place that none of us wanted to revisit.

As we lived with her for some years, slowly through our every day lives, Mary helped us to understand how crucial it was for us to allow ourselves to feel all the bad things we did about ourselves, to speak to her and each other about such bad things, to listen to each other, and to look for the truth of such bad feelings, which would come in response to our being together with that intention – everything coming out of our feelings. And gradually we experienced and saw what she meant.

Mary also explained to us about the Divine Love and the effect it would have upon our soul, and so willingly we agreed to sit in prayer with her longing for it.

We didn't consider ourselves as being spiritual or wanting to live spiritually, it was just our lives, which we wanted to be better than they were. We were all in some pain having suffered many traumas through our lives, and we wanted relief from such pain. And slowly it came.

During those years with Mary, before she died, we all knew something very special was happening with us, we didn't understand the bigger picture, and none of us wanted to know it back then. We wanted to be able to bring our repressed childhood feelings out and live true, this we understood, and set our minds and will to achieve. We didn't know about the negative mind and all it entailed, that was to come as we ascended the Mansion Worlds (spirit spheres).



Expressing and living true to our feelings is the way of things, the way to make us all happy and to feel loved. And by doing so, the whole inequality between the sexes has been addressed, with men having to become followers of women, for as you have read and feel within yourself, women being the true spiritual leaders. And so we are, and so we continue to prove this in the Mansion Worlds, and one day it will happen on Earth. For the Rebellion to end, for evil to be vanquished, women will have to rightly assert themselves by living true to their feelings. And those men, such as yourself, who want this, knowing it will help them, knowing that you need women to be this way, knowing it's the true way of things, will delight in the change. But for those men who want to persist in living untrue to their feelings and in the dominate position, time will show them being passed by.

I hear you asking me: is it easier for women to do their healing? And to answer that I'd have to say, no, I don't think so, only because of how it is on Earth for men and women, it would seem so. So in a way, yes, I would say overall, it is. But it's more that men and women approach it from opposite ends of the spectrum having many different issues. And if a man, such as yourself, can allow his ego to be broken down with minimal resistance, then surely his healing will progress more swiftly than one who fights wanting to stay in control. And then for women who are now power-hungry and able to have power in your modern day, so to will they find it harder to give up their false power for humility, such as your mother and grandmother.

And as you know, in the end it doesn't matter. It's all only about the individual and their own progress in truth. And because we've all been treated so differently as little children, it's too hard to generalise, and better to avoid such things. Which is more a woman's way than a man's: to simply stay true to your own feelings, to live within the boundaries of all you feel, and not to move out into the mind where it's easier to gain power with information and intellectual understanding, all of which will be useless and of no help when it comes down to progressing in truth.

As you know, so much of what your world considers as very important and everyone should know about or be involved in, is man's doing, and all but a useless waste of time, something that succeeds in only entertaining the mind and keeping one away from one's feelings.

I am Netti

18 May 2010

I am to tell you something about what it was like for us doing our healing. It was very hard. It is very hard for everyone no matter how much time they take to do it. And as you understand the theory by experiencing it for yourself, it can't be any other way. For when you have been denied love right from the very beginning of your incarnation, and formed your beliefs and behaviour based around your feelings of feeling rejected and powerless; with it making you feel that it's incredibly unfair with you having no say in it at all, you can't but feel very hurt. And the pain of such hurt, the anger and misery, as you are experiencing, is very bad. And it's the same for all of us. Some people as you know had seemingly a more loving upbringing than others, but still it won't be as loving as it should have been, so still there will be lots of unexpressed and repressed anger, fear and hatred needing to come out, all of which will shed light on the truth: that the amount of love you did need was not forthcoming and denied you.

The great mystery that humanity is struggling to find is why it feels so bad, and why when it feels loved and thinks it is loved, it still feels bad. For I tell you, when you do feel loved, and loved founded on a true and positive mind and will, there is no room for bad feelings, you simply can't and don't feel bad, you feel loved. And there is none of this feeling so-called loved for a time, short or long, and then feeling bad again. Once you are free, true, pure and perfect, love it is and love it will always be. And I

tell you there is a huge difference. Anyone feeling loved on Earth, even the most loved feeling person, still has no idea about love and what love really feels like – what it feels like to be fully loved, by yourself and your soul-partner (soulmate).

And as you know, there is no other way to feel this love until you do your soul-healing. Not even partaking of the Divine Love will make you feel this way until you have done your healing. Nothing will make you feel fully loved until you have done your soul-healing, because nothing can. Nothing can make you feel loved when you don't fully love yourself. And you can't fully love yourself because you were not fully loved in the beginning.

Modern-day women on Earth believe they are liberated compared to women of years before, yet such liberation is false, it only being a different outworking of the negative state. Such women are no freer than anyone is or has been in the negative. And true women's liberation will only come when women start to do their feeling- or soul-healing, accepting all they feel, being able to speak about such feelings, whilst seeking and finding the truth of them. When women and men become thus liberated, then humanity will start to turn the corner for the journey home. But until that time, such 'liberated' women whilst feeling much better about having power in their lives and being able to successfully compete with men – even dominate men, will be doing even more damage to their children than what has already been done by more suppressed women. The children of such 'liberated' women, as you can now personally testify James, don't feel freer and more loved.

**Goals of Pascas WorldCare are marked by our desire to:**

**Treat the cause rather than the symptoms; this is the focus of Pascas Care.**

**People look for miracles to cure disease which is ONLY the removal of the effect of the emotion.**

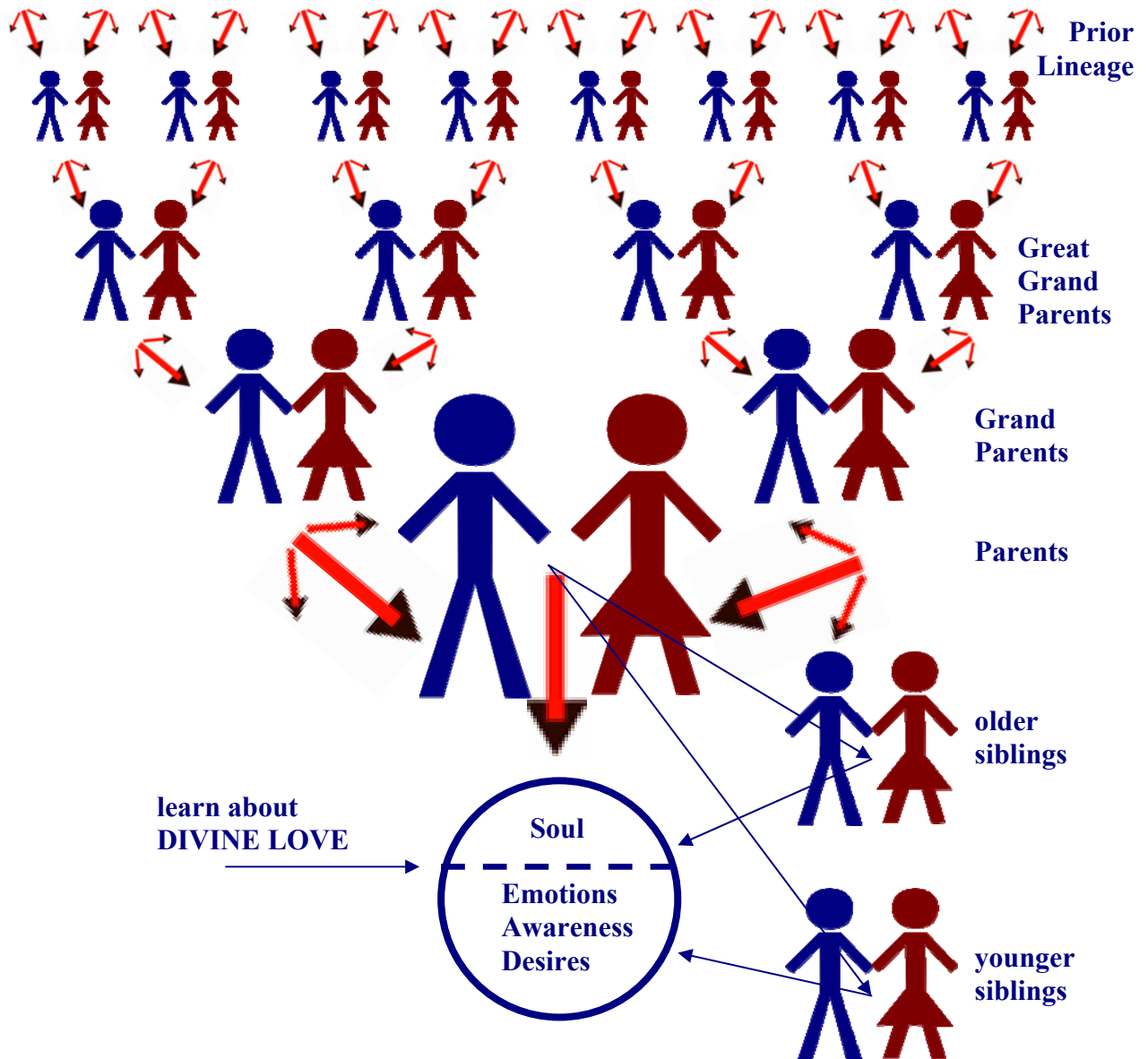
Further stated policy, Pascas Care – Kids of the World:

**The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.**

**Yes, a child who is free of fear is free of illness due to being loved.**



Our environment, namely those who are closest around us, introduce many of the errors we carry with us within our soul body, our real self. Our parents, grand parents and siblings are those who greatly influence and mould our emotions. Prior to birth and during our first years, we absorb the emotions of those within our environment.



<http://www.pascashealth.com/index.php/library.html>

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**DIVINE LOVE interacting with NATURAL LOVE:****Mary Magdalene and Jesus' comments on the Padgett Messages Book 2****by James Moncrief**

18 May 2010

One has to do one's healing to perfect one's natural love state BEFORE the Divine Love can transform one's soul. And that's a very significant truth, because it means one can long for the Divine Love all day long in one's negative state, and it's not going to do anything for you other than make you feel good receiving it. But it's not going to remove your sin and error magically taking it away from you.

Please Zelmarnia, go right ahead and comment.

To answer questions you've been pondering in your mind about the Divine Love and its relationship with your soul, it goes like this:

The soul receives the Divine Love first in accordance with the soul's needs, that being, in accordance with the soul's light pattern, or 'print', as you have called it. And so when it's time for you to partake of the Divine Love you feel you want to long for it. The soul always drives everything, whilst always making it feel like you, its personality, is in control, which on Creation's level of reality, you are by using your will, whereas on Soul's levels of Existentialism, you aren't.

And so you long for the Divine Love just as you felt you wanted to James when you first read that you could long and partake of it in James Padgett's messages.

And then as to how much Divine Love you receive is also governed by your soul. And if you are living true to your feelings, when it was time to long for more, you would feel it, and so long and pray feeling it coming into you. And as you have experienced James, even at times when your soul requires more Divine Love, it comes into you even though you are not actively praying, because on a deeper level of reality you have already made such a commitment to the truth, so that you are effectively continuously longing for the Love, longing to be at-one with the Mother and Father, as you long for the truth.

Now with you, and it is with all people in the negative state, and as you have just said, unless there is some natural love within you, the Divine Love you receive will not transform any part of your soul. So how do you know if you have natural love within you? And does it mean that once you partake of any Divine Love, immediately any natural love you have within you will be transformed; or does it happen in stages, or when you've fully completed your healing?

How do you know you have any natural love within you? And the answer to this, you being in your negative states, is you don't know, you can't know, you don't have the positive mind and will circuits that would enable to you to know. You might feel you do, yet how do you know if such feelings are true and not merely ones being constructed by your mind?

So from your negative love state it would be best to assume you are devoid of natural love, and all you call and know love to be is not pure natural love, at best being a tainted or perverted or an impure form of natural love, something which most people seem happy to live with, even believing it is all the love they will feel and ever hope to have.

Now from your no-love state let's imagine you set out doing your soul-healing, and at the same time longing for the Divine Love. And as to whether your soul will transform your natural love as you make progress healing it, or whether it will hold off allowing the Divine Love to do its work when your healing is over, is up to the pattern of your soul, and for that I can only say it is different for each person. And for you and Marion your soul is holding off, not allowing the transformation to take place,

for it is vital that you both experience full feeling-healing, before your soul steps in bringing about your transformation. And so it's right that you have partaken of Divine Love, yet it lies 'dormant' as it were, within your soul, for you must remember time to the soul is irrelevant. It doesn't actually 'hold off' allowing your soul to become divine, it's just that in one reality of soul when it does allow your soul to become divine, it will be as if you've only just longed for it, whereas on other levels of reality you've been longing for it on and off during your healing years – quite a time now with no inner transformation coming from it.

For other people their soul will become divine with the healing progress they make, so they will feel such inner changes telling them it's happening, which in turn will make them want to keep progressing, and mostly this is how it will be for the majority of people. Other people who are to experience the full depth and breadth of feeling-healing, will do so before their soul makes them interested in partaking of the Divine Love. And because of this, you have presented a lot of your work so such a person can relate to it, without having to include God and the Divine Love.

The soul, as you understand, has different sectors or sections to it, it's a very complex pattern or structure one might say; but being soul, we don't actually know if it can officially be called or said to have a specific structure as we know it, for it is just soul-light, a specific matrix or pattern of light, yet as to what soul-light is exactly, we still don't really know.

Anyway, for the sake of argument or confusion, let us imagine it has a definite structure with very specific areas within it that actually become divine. These areas being able to contain the Light of Divine Love, the Divine Love's real, true and pure essence, the 'love' part only being how it makes you emotionally feel – loved.

And as one progresses up through the worlds, then each specific part of the soul becomes divine, all the way to Paradise. And then having attained Paradise, something you achieve by growing in truth and the light of such truth, all of your ascending sections of soul will be divine. And so it is generally said, the first stage of your soul in becoming wholly divine has been completed. Then upon leaving Paradise the second stage begins. And from our cosmic theory there are at least seven vast stages, but also probably more.

So by the time you become Celestial having finished your natural love healing, you can transform that part of your soul equivalent with that level of attainment, therefore you hear the spirits telling you how they are able to keep progressing in divinity, light and truth, and perfection – perfection in this case being something of a relative term. You are perfect once you have healed your natural love state, and from then on you become progressively of more truth, so more true, pure and perfect, with the eventual outcome of your ascent of truth, becoming Paradise Perfect – just as perfect as the Mother and Father are who dwell on Paradise. Meaning you become perfect enough to allow you to enter Their Home, and to be at-one with Them.

And that is all Mary wanted me to convey to you James, the fact that the soul has areas within it that become progressively divine, 'housing' if you can call it that, the light of Divine Love, the light of the very essence of God's soul. And that it all happens according to a very specific and deliberate pattern, for there is a lot to it. You are not just on your own making your own way to Paradise based on your own will, desires and efforts. And you have heard from the women spirits, and as you know, you have to at some stage, and a very important one it is, meet up with your soul-mate, and then in turn meet up with your soul-group (12 soul pairs). So it's all very well organised for you. And the only way you can live true to your soul, that being, in step with or in harmony with it, is through your feelings.



**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth are not wanting to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference:                   Pascas Care Letters – Divine Love does not Transform

**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

## How do you BECOME as SPIRITUAL as you can be?

James Moncrief 7 November 2020

It's to do with expressing yourself as truly as you can in your relationships. The truth of yourself, the truth of life, the truth of God is to be found in the truth of your relationships. When you interact in your relationship, when you express all you feel and think, and when the other person expresses all they feel and think, all whilst you are longing for the truth of all such interaction, then the truth will come, and then you are evolving your soul in Truth. And you can't be more spiritual than continually advancing your soul in Truth. That is Being Spiritual.

Only our difficulty is, most of us are heavily denying our feeling expression in our relationships, so we are severely limiting the depth and intimacy of the interaction we can have, so we are severely restricting the amount of truth we can gain from such experiences. So our Spiritual Healing involves allowing ourselves in our relationships, with ourselves and each other, to express all the bad, yukky, dark, nasty, pain parts that we're doing all we can to avoid. To maximise the relationship you can have with yourself and another person is to allow yourself to express ALL your bad (and good) feelings, all as you long to uncover the truth of all they will help you see about yourself.

To be spiritual is to be fully feeling expressive. Or to want to be. And the more feeling expressive you are in all your relationships, the more you'll get out of them, provided you want to see what Truth they contain. And the more you become that Truth, the higher in spiritual understanding you become, and so the more spiritual you are.

Being or becoming spiritual is not about attending your religion religiously saying your prayers to God, or sitting in meditation endlessly seeking Enlightenment or Knowledge; and it's not about climbing the highest mountain seeking the answers to life, it's about getting real in your relationships by dealing with all the bad feelings, moving with them, seeking resolution through understanding by going deeper into them, bringing all the hard stuff out, seeing it for what it really is, what's really going on within you and between you, and how does it all relate back to your early life and the relationships that you started your life in. It's about wanting to know the **WHOLE TRUTH OF YOUR PAIN**, so allowing yourself to feel all your pain as you express all the bad feelings of it in your relationships. And of course doing this in your most intimate relationships in which you can open and expose all the worst of yourself; all the ugliness of your pain; all the terror and torment; all your suffering – to bring out all your dark secrets; all you're so afraid of admitting you feel; all the really bad stuff you believe you are not allowed to speak about, to your partner who willingly wants more than anything for you to bring it all out. All so they (and you) can understand what is really going on inside you. And then you wanting them to bring out all their pain and suffering, so you are both truly 'there for each other', lovingly supporting each other by accepting each other's darkness.

Being truly spiritual is being true to all the feelings you feel. If you are true to all your feelings, and want to know the truth of them, then as the truth comes to you, as it will, then you are growing, evolving, ascending, in truth, and you can can't be more spiritual than that.



**COMMENTS by JAMES MONCRIEF:**

12 February 2017

The possibility that we might be entering into a Spiritual Age of one thousand years with the Daynals in attention possibly teaching people who will be doing their healing or have done it. Something to keep in the back on one's mind **if** it turns out the Avonals are real. With the 1,000 years fitting in with the Bible, so a spiritual age of 1,000 years to rev up the spiritual side of things, all coming about as people do their Healing.

And at the end of it, possibly the Divine Love being removed as spoken about in the Padgett Messages, which is what is talked about being symbolic in the Bible with Satan (the Devil) being unchained and let loose from hell; which I think means, the potential for falling back into the Rebellion being strong again with the end of this Spiritual Age, because there would be no more Teacher pairs, no more Avonal pair in person (only their remaining Spirits of Truth together with Mary's and Jesus' Spirits of Truth), no more Divine Love), with humanity completely on its own, and so having to choose which way to go, either keep going with the Healing, or fall back into Rebellion.

So if all this is what's going to happen heralding the beginning of an incredible Spiritual upsurge through the Spiritual Age, and the Avonals are really here to initiate it, then the Daynals might have a quite an impact in some people's lives who will be open to receive them. And if it's going to happen like this, then along with the Avonal pair being here, so too are the Daynals in the lower Celestials – something that someone might one day like to ask someone up there about.

Also, the Creator Pair, Mary Magdalene and Jesus, are the revealers and teachers about the Divine Love of our Heavenly Mother and Father. The Avonals are the revealers (and teachers) of the Feeling-Healing and Soul-Healing. And the Trinity Teacher pairs – Daynals, are the high Paradise Teachers that will teach about all facets of life, material and spiritual during the next Spiritual Age of 1,000 years. The Daynals are really the Supreme Teachers, the highest teachers available to humanity coming directly from Paradise. And they will be available to teach certain people who are doing their Healing or will have done it, all in keeping with the revelations of the Avonals and Mary and Jesus.

## 9. Planetary Service of the Daynals (Trinity Teacher Sons and Daughters)

The Urantia Book

20:9.1 (231.5) When the progress of events on an evolutionary world indicates that the time is ripe to initiate a spiritual age, the Trinity Teacher Sons always volunteer for this service. You are not familiar with this order of sonship because Urantia has never experienced a spiritual age, a millennium of cosmic enlightenment. But the Teacher Sons even now visit your world for the purpose of formulating plans concerning their projected sojourn on your sphere. They will be due to appear on Urantia after its inhabitants have gained comparative deliverance from the shackles of animalism and from the fetters of materialism.

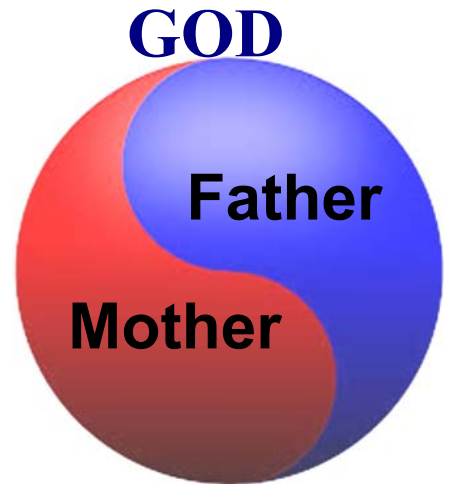
20:9.2 (231.6) Trinity Teacher Sons have nothing to do with terminating planetary dispensations. They neither judge the dead nor translate the living, but on each planetary mission they are accompanied by a Magisterial Son who performs these services. Teacher Sons are wholly concerned with the initiation of a spiritual age, with the dawn of the era of spiritual realities on an evolutionary planet. They make real the spiritual counterparts of material knowledge and temporal wisdom.



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are soulmates and a son and daughter of God.

Mary of Magdalene and Jesus of Nazareth, where both free of sin. Mary and Jesus, combined in their love for us, are our spiritual teachers and guidance for us to find our way home to our Heavenly Parents. Mary and Jesus have liberated their Spirits of Truth who we can long to for assistance and guidance. They are known as Jesus and Mary of Nebadon, the universe system in which Earth is. They are the Creator Son and Daughter ruling this region.



To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since our conception.



The Avonal pair, should they be here, are to support humanity on Earth exclusively. They are to continue the work of the Creator Pair, Mary and Jesus, and will be assisted by them. The Avonal pair will, during their life on Earth, experience the full Feeling Healing process and Soul Healing process so that through their Spirits of Truth, which they are to release upon their physical death, will be able to be called upon by all those who embrace their own Healing. The Earth names of the Avonal Pair may not become known.



Humanity, all being soulmate pairs, are ascending mortal souls who are to reach inward and progress Paradise-ward for the God experience. As part of our journey of evolving our souls we are to experience evil, that is the denial of God and the Creator Pair. We can long to the Spirits of Truth of Mary and Jesus and soon to the Spirits of Truth of the Avonal Pair. Our Indwelling Spirit is our direct connection to and with God.





## SPIRITS of TRUTH and HOLY SPIRIT:

More from James regarding Spirits:

The Holy Spirit provides differing support and guidance to that of the Indwelling Spirit. The Indwelling Spirits guides one to God, our Heavenly Mother and Father; the Holy Spirit brings Their Divine Love into our heart.

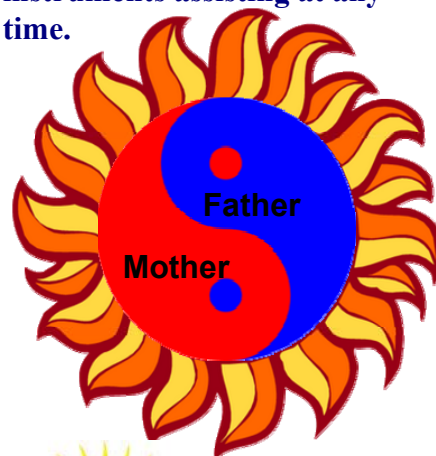
The Spirit of Truth becomes active **ONLY** when we choose to follow the ‘owner’ of that Spirit of Truth. So in our cases, Jesus and Mary Magdalene. We have to want to live the same truth as they are living, so ‘be like them’ and in doing so this activates the Spirit of Truth. And so if we choose to be as they are in truth, to live how they live the truth, to be of truth and the same truths they are, then with their Spirits of Truth assisting us we will come to relate to our Mother and Father just as they do.

We are growing spiritually in Mary and Jesus’ universe. We have to want to be as they are in truth, if we don’t want to do that then we’re rebelling against them. And if we don’t embrace them, then we’ll never leave Nebadon, the region of the universe that encapsulates Earth.

The whole idea about having Spirits of Truth coming from Paradise Pairs is so the ascending mortals (us) of that universe (from the Creator Pair) and specific worlds (from the Avonal Pairs), all end up living the same truths. And if we didn’t live the same truths, we’d all still remain all over the place and have nothing we can all connect with and relate to in each other.

So we can come from all over the planet, from very diverse races and cultures, yet because we all end up embracing the Spirits of Truth that are to help reveal the truths we are to know, so we’ll all be able to connect and relate to each other through the truth we’re living, all being able to live happily together as Celestials, and eventually as Celestials on Earth. It’s the Spirits of Truth that bring us all together, homogenises us if you like. And if we all lived true to them, we would not need any rules or laws because we would all be living and knowing the same truths – so all living the same way only expressing those truths individually.

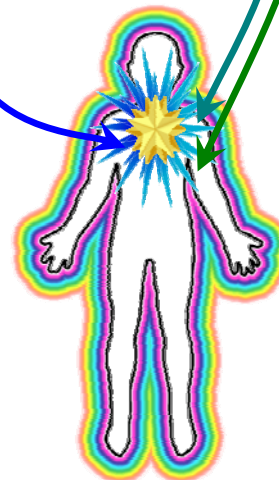
Our HEAVENLY PARENTS have any number of spirit instruments assisting at any time.



Holy Spirit conveys Divine Love from our Heavenly Parents

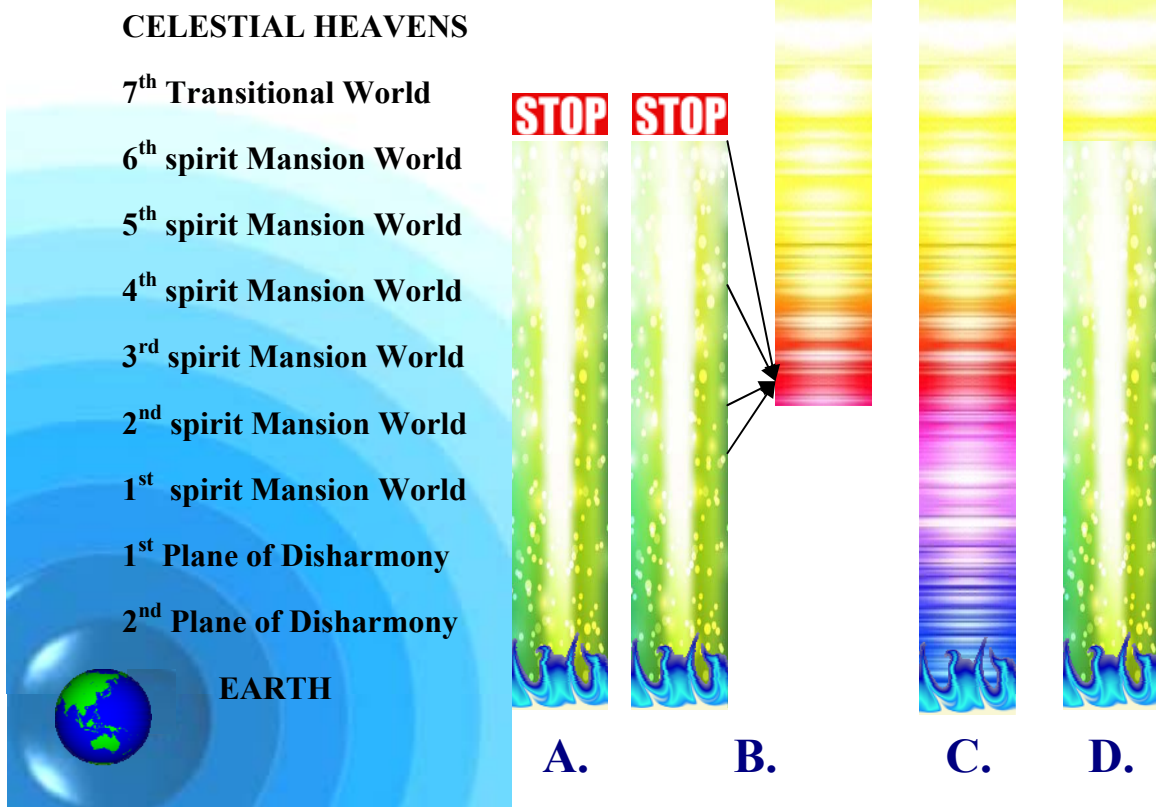


Spirits of Truth of Mary Magdalene and Jesus





**SOUL GROWTH UP THROUGH SPIRIT  
MANSION WORLD SPHERES:**



- A. We all arrive into the 1<sup>st</sup> sphere before being drawn to where we are suited. Living on Earth is typical to living in the hells being the Spheres of Disharmony. With one's natural love and mind dominance, one can pay their compensation being pain equivalent to the pain they have caused others and one's self. In this manner, one can progress through mind Mansion Worlds 1, 2, 4, and 6. With natural love only, one cannot progress beyond the 6<sup>th</sup> mind Mansion World. The mind Mansion Worlds are self reliant experiences.
- B. Should one embrace the Mother and Father's Divine Love while advancing within any of the natural love mind Mansion Worlds / spheres, then one will be draw to the 3<sup>rd</sup> Divine Love Mansion World to commence their soul healing which is doing their feeling healing whilst longing for and receiving Divine Love. This process overrides the Law of Compensation as the soul healing is experiencing one's repressed childhood injuries and liberating one's soul will. Progression is through spheres 3, 5 and 7, and then into the Celestial Heavens. With the receiving of further Divine Love, one evolves even further.
- C. Presently, we can embrace Divine Love here on Earth, on transitioning into the 1<sup>st</sup> spirit world, we will continue with our Feeling Healing while longing for Truth and the Divine Love and progress through worlds / spheres 3, 5, 7 and into the Celestial Heavens.
- D. For those who do not embrace God, one can embrace their Feeling Healing and perfect their soul whilst paying their compensation and reach the 6<sup>th</sup> Mansion World. With a perfected soul having also resolved their childhood repression, one may then embrace the Mother and Father's love and progress directly into the 7<sup>th</sup> Divine Love transitional sphere and then into the Celestial Heavens and onwards. This is how it was meant to be.

## The Prayer for Divine Love:

(as given within the first century)

2 December 1916

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

I am here, Jesus

**P.438 Book of Truths through James Padgett / Jesus**

Let your prayer be as follows:

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our false teachers would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'.  
Also, the evil ones, being those parts of one's mind, that are controlling you.

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

## Prayer for Divine Love

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously longed to God in any way yet not specifically for Their Divine Love,

when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow it too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.

James Moncrief

**Feelings!**  
*first*



## **INTRODUCTION for a HEALTH CARER ENGAGING ASSISTANCE:**

**So who am I to heal?**

**Not everyone, most, but some will need temporary relief from it, so they can do other things with their lives, things they couldn't do when they are in such pain. But as you understand, that pain will still be there in their soul, and one day they will have to return to it and bring it up and out of themselves, all so they can see what truths it has hidden in it for them.**

For some people its necessary they feel all their pain because it will help them to understand more about themselves when they come to see the truth of their pain. So they need the pain so as to find the truth, it all being around the wrong way because of the rebellion against truth.

Possibly the angels might work more closely with people should those people embrace at least the notion of doing their Feeling Healing.

So, what is Feeling Healing? It's looking to your feelings for the truth of what's making you feel bad:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

And it's possible that you can heal everything that's wrong with you on all levels through your Feeling Healing.

Relief may occur immediately, or it may be later on. One's heartfelt longing for the truth of their feelings being good and as well as bad will determine what assistance is provided. It is up to each individual to want to live true to their feelings, and when they do, then the angels will be there to help them.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

MoC 1,500



|                                                                                      |                                                                                                  |            |                            |
|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|------------|----------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b> |            |                            |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                               | <b>xxx</b> | <b>– James Moncrief</b>    |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                      | <b>xxx</b> | <b>– James Moncrief</b>    |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                      | <b>xxx</b> | <b>– James Moncrief</b>    |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                      |            | <b>– James Moncrief</b>    |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                      |            | <b>– James Moncrief</b>    |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                               | <b>xxx</b> | <b>– James Moncrief</b>    |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                               | <b>xxx</b> | <b>– James Moncrief</b>    |
| <b>Sage and the Healing Angels of Light</b>                                          | <b>2017</b>                                                                                      | <b>xxx</b> | <b>– James Moncrief</b>    |
| <b>Road map of Universe and history of Universe:</b>                                 |                                                                                                  |            |                            |
| <b>The Urantia Book</b>                                                              | <b>1925 – 1935</b>                                                                               | <b>xxx</b> | <b>as primary reading</b>  |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                  |            |                            |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                               |            | <b>– Dr Daniel Samuels</b> |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                               |            | <b>– Geoff Cutler</b>      |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                               | <b>xxx</b> | <b>– Joseph Babinsky</b>   |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         |                                                                                                  | <b>xxx</b> | <b>– Geoff Cutler</b>      |

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

#### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way

U-Turn for Humanity pathway being New Feelings Way

U-Turn for Humanity shutting hells through New Feelings Way

U-Turn for Humanity through the New Feelings Way

U-Turn for Humanity unfolding the New Feelings Way

Universal Gift – Feeling Healing with Divine Love

Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, are to be published. Selection is to be reviewed appropriately.

ALL writings will be assembled in secure archives in strategic locations for researchers' access.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     | MoC   |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

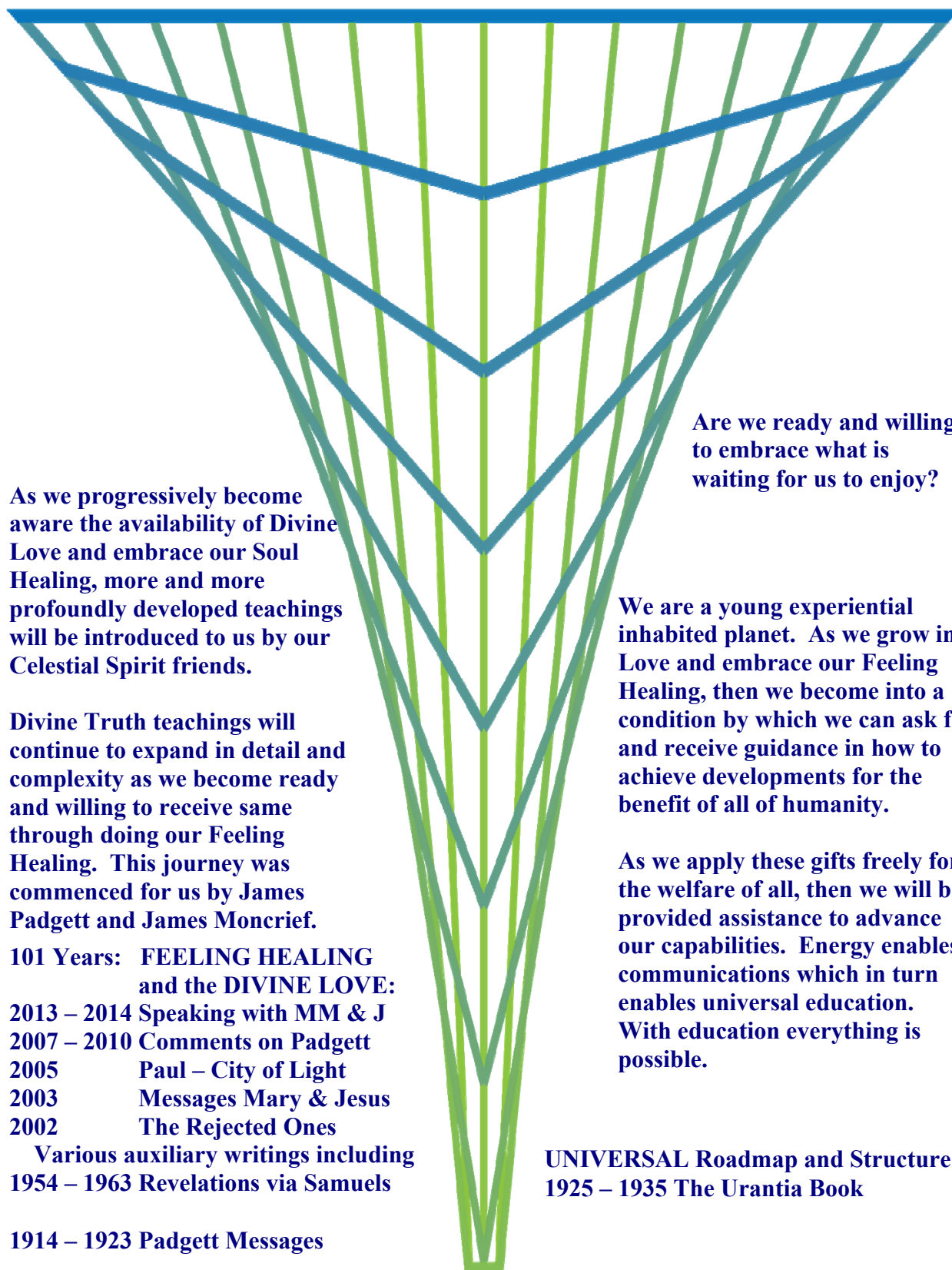
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





**SOUL CONDITION** luminosity is reflected through one's spirit body, thus all spirit people can see the relative condition of another. In this same way, a spirit person can see the soul condition of those living within a physical body.



perceived truth MoC 880 – relative truth potential MoC 1,480