

PASCAS CARE

Embracing Nature Spirits



“Peace And Spirit Creating Alternate Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Em: info@pascasworldcare.com
Em: info@pascashealth.com

Pascas Foundation is a not for profit organisation
Queensland, Australia

www.pascasworldcare.com www.pascashealth.com



1 November 2017

EMERGING AWARENESS of NATURE SPIRITS

As we enter the very early seconds of this current age, we will find an ever increasing involvement with our invisible friends unfolding throughout all aspects of our life.

Some questions to consider:

Why now?

Who and what are they?

Why are the Earth Changes and Climate Change events taking place and what are they?

Why do we abuse nature while it is there only to serve us?

Who are Verna and Austin?

And how the Nature Spirits are the indigenous spirits of Earth, and that really we should look to their kind to help us understand about the Earth and our relationship with it. That they have got not only a lot to offer us, but their kind is the beginning step for humanity in its ascension of truth. We really need to look to our Nature Spirits before we go further afield such as considering higher spirits and angels and looking for their guidance. We should start with nature spirits and then maintain an ever expanding relationship with them right the way through humanity's evolution on Earth.

We need to work literally from the ground up in our spiritual endeavours, so that means starting with the closest spirits to us – the Nature Spirits. And of course this should have happened right from the beginning with the first man and woman, but of course it's all been screwed totally up by the Rebellion.

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Living Feelings First

John Doel

Pascas Foundation (Aust) Limited



Introduction to Verna, a Nature Spirit:

17 December 2008

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Dear reader, my name, my full name you understand is Verna – Lady of the Lake. I am very fond of that title however should the need arise you may address me simply as Verna... or Lady. Names are very important you know, being the point of contact between two personalities.

I am one of the 'Little People of Light' or commonly called a nature spirit. We go by other names: elemental, elves, fairies and the like, but really we're nature spirits as my speaking with James will show you. We are only concerned with nature, the nature of Earth – our world. Earth is our world more than it is yours, as you're all passing through, whereas we're permanent residents.

We nature spirits have an hierarchy, some of us being more evolved than others – older – and we're considered to be a slightly lower creation than that of angels, as it's angels, a certain type, that create us. And when we have served you well, we can if we want, move up to becoming an angel, we can evolve into one.



We know why we act, we just act, we're creations of the Mind, The Third Person of Deity; the Infinite Daughter Spirit looks after us through the Local Universal Mother Spirit, the Divine Minister.

We exist to serve you, those of the truth, as nature does, it also being a creation of the Mind, so we don't have a truth-evolving soul like you do. We do however grow in mind service, we evolve so to speak, but not how you evolve. We evolve by doing actions, by acting in accordance with the instructions and mandates we are given, and when they are fulfilled, or completed, we move onto the next assignment, that is our evolution, so we're able to grow by being given increasing responsibilities, it's the same for us as it for the angels.

So although we don't have an eternal soul like you, we do feel we have an eternal place in Creation because we are part of it; we've been created, there was and is a purpose to our existence, so there will always be something, the next thing, for us to do. And as we do each assignment we grow, which is really, advance in light. By the *light* of an angel or nature spirit you can tell where they are in Creation, on what level, on what assignment, on what circuit, where in the Universal Mind they fit and so exist.

As you know James, Creation is all created by, and so is a manifestation of, the Mind of God, it consists of mind circuits from the lowest to the highest; and so because of that, everything in Creation can help everything else, it all being orchestrated by the intelligence of the Personalities it is derived from. So when your soul requires a certain experience, that magpie sunning itself for example, then all you are, all the environment is, all the magpie is, all that leads up to that exact moment from the beginning of Creation, moves to bring about that experience for you. And all we do is go along with it, which is all you and Marion are slowly learning to do. You are not trying to fight it, or interfere with it, you are learning to just accept nature, your own natures, your soul – or truth and mind nature.

As you learn to live as nature does, by being all-accepting, then you can allow your soul to guide you through your feelings and without trying to actively take over using your mind, to just act according to your natural impulses and feelings, all of which will bring about the desired experiences required by

your soul resulting in the desired truth you are to see, know, and hence live.

James: Verna, I want you to help me understand more about nature.

Verna: I would love to, all so long as you understand that it's all you – YOU ARE NATURE – so as you understand about plants and animals and all nature is, really you are understanding about YOURSELF. And this is very important, to see yourself as separate from nature is not right, and is where you all go wrong – it is evil, because it's dishonouring yourself: your true nature.

What you as a person, YOU, are doing to nature. How you are negatively affecting it, and how that is all because you are doing it all to yourself. EVERYTHING YOU DO TO ANOTHER CREATURE YOU ARE DOING TO YOURSELF – and that's why you're doing it to the other creature, because you're doing it to yourself. How you are in the outer world is exactly how you are in your inner world. Or rather, how you are in your inner world is how you are in the outer one. It's always the inner first. And the inner that has been created through your early childhood.

18 September 2011 – 25 September 2012

Now in my, let's us say, native state, I'm a swirl of light, recognisable by other angels and beings of mind creation, but unrecognisable to you spirits of truth who need form other than just light. So all of my kind, and all of my angelic relations, put on forms for you to recognise us by. You don't have any choice in your form, although in spirit you can play around with your looks a little and what you wear, how you present yourself a little to the universe, but mostly you just allow your soul to manifest your spirit form as its currently manifesting your physical form, whereas we angels being all light, have a choice – and lots of it! As I said, our true form is a creation of light, which means a collection or gathering together of many lights, beautiful and artistically designed, wonders to behold, and you will be able to get something of a glimpse and soul perception impression of our natures as you grow in truth, we being something very different to you.



And like you, as in you having a soul-mate, in some ways we nature spirits work in pairs, a positive and negative, but not negative in the bad, more like in the sense of current, in physics, a positive and negative representation of the frequencies of light that we are; but we angels – I'll call myself an angel for the time being, just for the sake of argument – don't have soul-mates like you, that's purely a spirit thing, as we don't have the same type of soul that you do. We don't ever perish, we do move on, in that we ascend the circles of light, which are the relevant circles of mind for our order; but we don't grow in truth like you do. We don't have the same mind set up as you do, we don't have a thinking and feeling mind, we are just mind, and all that is mind.



So were I to be in Creation as my usual expression of myself for you, you'd recognise me as a female of the realm, and indeed as a Lady.

James: What about your other half?

Verna: My so-called other half is here with me now, however he doesn't figure in the proceedings for the time being, it's you and me bud. You need the feminine side of our order first, so you've got me, but he'll play his part, don't you worry about that.

James: Can I meet him, speak to him?

Certainly, I'll put you over to him.

Hello James, my name is Austin, that's about as close an approximation in your tongue you'll come to it. I'm here with Verna, have been all along, but as she says, it's not my time to be with you yet in this capacity – don't know if it ever will. Anyway, it doesn't matter, Verna's a treat, and she's all you need. So I'll give you back to her.

Austin and Verna eh?

Verna: Yes, that's right.

James: Okay, so I can understand the part about you being of light, sort of, so as 'Verna', what do you look like, how tall are you?

Verna: I am rather diminutive. I'm about four foot, you're a giant compared to me, so it's best you stay on Earth and I'll stay unseen in our spirit realm, then we can image that I'm bigger. I can make myself bigger, I can be as big or bigger than Godzilla, or as small as a microbe, whatever you like, whatever I like! But most of us nature spirits would be between one and four feet tall – you can work out the metric.

So imagine a young lady, or old lady, or mature lady, whatever you like, but a *little* lady. That's what I look like. And really there's no point my showing myself to you because it's only a form I'm taking on for you anyway, it not being my true form.

James: Okay, I'll try and imagine what you look like. And where are you?

Verna: I'm here in our realm, the third Earth plane, as I've told you. And being in that plane I can look in on Earth, so I am 'with you' so to speak. I can sit next to Marion on the opposite couch to you; I can stand in front of you on the table; I can sit in your lap, stand on your head, stand next to you on your couch. I can fly around, even put on little angel wings, and I can change myself into a fire-breathing dragon, then back to being an elegant woman, very chick do you not think; an ugly old toad hopping about, I can even... look like you James, now that's something!

James: I can't image why you'd want to do something like that. So you don't have to only look feminine?

Verna: Oh god no, how boring, I can look like whatever I want.

All things and creatures of Creation have a 'light' to them, which you could call something akin to a spirit. Truly speaking, only spirits of truth, such as what you are, you and humanity and those sorts of spirit beings like Mary (Magdalene) and Jesus, the mind and Celestial spirits you speak with, all who have a soul that is truth-evolving, have a spirit; we beings and creations of Mind, have a light. I know it gets rather confusing, and it doesn't matter anyway. So you could say a tree has a light, it being a creation of Mind, that being the mind of the Divine Minister in our universe of Neadon, and so you could say that light is something akin to the tree's spirit. However were you to talk to the tree's spirit and have it talk back to you, that's then where we come in. You can't actually speak directly to and converse with lower creations like animals and plants, but we can mediate, you can through us.

Verna on Spiritualism Link forum:

13 April 2012

Now what this is all about is via my 'friend' (he does all the hard typing work), I want to have a little say in this forum, way down here at the bottom of it.

You see I am a nature spirit, and as most of you mortals don't really have much of an idea about what my kind are all about, so I would like to say a few things on the subject of myself. And of course, should you want to ask me any questions – from what my latest Parisian fashion creation looks like, to what God is up to with you all – I'd be more than happy to answer them. However you must bear in mind that I am a little limited in what I can say to you and how I'd truly like to say it having to pass my thoughts through the mind of my 'friend' so he can set them down like this for you – so please remember, ALL ERRORS ARE HIS – NOT MINE! But we'll do the best we can... and hopefully have a little fun as well.



So I hope the moderators don't mind my coming to you like this, but that's the way of it, and if I'm rejected, well, so be it, it's what my kind have grown to expect from you mortals as you've moved to live out of touch with your true feelings and so the truth of my kind.

And we being the 'Little People of Light' do want to reconnect with you, and very personally too. We have from time to time, as noted in the post above, been able to enjoy your company and we've seen that you seem to like ours too, and we do look forward to the day when we'll be better acquainted.

So for now, to do as I said I had come to do, let me begin by telling you that we nature spirits, and all the other names you know us by, are really 'Little Angels', meaning we are angels in the making, in that when we've served our time associated with – 'on' – your world (we being the indigenous spirits of Earth), we can then progress to becoming true angels, you know the type: the ones you have standing watch over you, your two guardian seraphim; the ones you all secretly hope are there – and WHICH ARE THERE!, only mostly you're not so aware of them. Angels, like us nature spirits, are real, very real indeed, and just as real as you are, as the trees and creatures are, only we exist in certain spirit worlds, something we can talk more about later if you're interested.

Anyway, that's a beginning. So bye now, and I'll go now back to my home on The Lake.
Toodleloo – Verna.

15 April 2012

My main purpose in coming here is to comment on the first post of this thread because a lot of what it said in regards to the various aspects of nature spirits is mostly incorrect being a mixture of folklore, fiction, myth and fantasy. It has bothered 'him' every time he reads such things, so 'he' asked me if I would come and explain what nature spirits really are and how we work in service to mankind and the Earth. So I would like to try and give you something of a different picture of us.

We are beings or entities of light. Where you to see us in our true form, you'd probably see us as a shimmering light varying in size but mostly about the size of a young child. However, as you mostly can't relate to us in our true form, so we come to you in various guises, all of which are based on your

mind. So unbeknown to you, to what you've got going on in the deeper parts of your mind and what is required by your soul to provide you with the necessary experiences you require, you might if you can 'see' us, see us as any of these things said in the initial post of this thread. If we are to appear to you as a gumnut baby, we will. If you are to see, or rather, relate to us as Brownies, Dryads, Durdalis, Earth Spirits, Elves, Hamadryads, Pans, Pygmies, Sylvestres, Satyrs, Salamanders, Sylphs, Undines, we will appear as them. If you expect and require us to be little fairies having tea parties in forest glades we will be as you desire. If you expect us to be a funny little gnome hopping down out of a tree cheekily coming up to you and telling you all sorts of funny things, we will. We will be whatever you want us to be, and we love being able to mimic you, we love pretending we're humans and human spirits. And we can also be a talking tree, a feeling sea, a laughing mountain. We can be whatever you imagine us to be. But mostly we come to you as little people who live somewhere beyond your realm, which is actually in the third Earth plane.

Earth has seven major planes associated with it, these being 'world's' that exist based on Earth. So in these planes, each one being of higher frequency, one is effectively 'on' the Earth, only as your physical senses are attuned to the physical realm you mostly don't see or sense us or other spirits in these Earth planes. Most of you, from what I understand being spiritualists, are no doubt very familiar with life existing beyond your realm and those accounts and experiences you've had with mortal spirits who've become 'Earth bound' or 'lost', often called 'dark' souls, are from mortal spirits confined to one of the two lower Earth planes, these planes being reserved for such people when they die who need to spend time still directly associated with Earth.

Now these seven Earth planes are not to be confused with the seven Mansion Worlds into which you go to continue your spiritual progression when you die, provided you don't need to spend time confined to one of the two Earth planes. And each of the Mansion Worlds (and higher still the Celestial Spheres) are a very separate world to Earth, existing wholly in its own right and not 'of' or to do with the Earth like the Earth planes are. So, on each Mansion World as those people who've communicated with spirits living in these worlds will know, there are hills and lakes and seas, great cities and towns, often similar to Earth but not as Earth is.

On our plane, we do however call it 'our world', we are all to do with Earth. So we can come into your house and garden, as that is all we see, although we also have other structures necessary for our needs made for us by higher angels, but these are mostly in places of remaining nature, peace and quiet. For example, where I come from, my 'Lake' is a real volcanic lake in New Zealand, a place for me of tranquillity, yet one visited from time to time by mountain climbing humans. And when they come, I can see them, but they can't see me, unless they have second sight and I wish to be seen. We can hide from those with second sight.

Mortals can't come into our world, being as mortal spirits or if you were astral travelling, out of your physical body and in your spirit one, but we can invite you to 'be with us' as we do when those of you communicate with us in some way. And yes, we are very open to communication with you. And for those people who feel inspired to do so using any of the psychic ways open to you, we'll be more than willing to develop a relationship with you. However as to the purpose of such relationships... well, that's another topic.

So to finish this post and come back to what I wanted to convey, we can become what you desire us to be. So bearing this in mind, were you to communicate with us, you might think about in which guise you'd like us to come, or simply leave it to us, but knowing we're not a gnome or a fairy or a fire salamander, we're a 'little angel' posing as such. And to end, the last thing I want to say is we have no leader, such as Pan, we have higher and lesser mentally advanced nature spirits. So not all of us are

lovely little cute fairies living in the bottom of your garden. And we could come to you simply as another person, although, mostly we do like to have a little fun with you.

I want to write one more post about what we do with Earth, but I'll go now, as 'he' wants to have breakfast, and return later.

Verna.

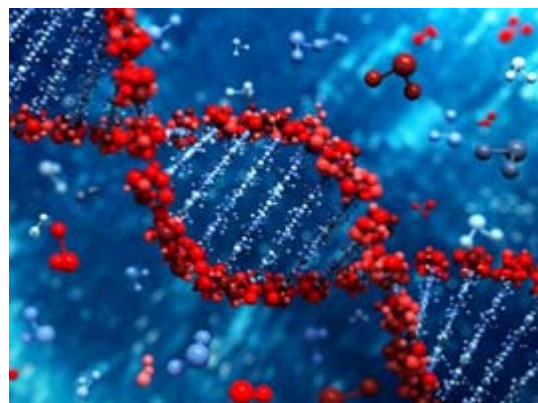
As I said in my last post, we nature spirits play two main roles, one directly as custodians of the 'spirit' of Earth, and the other helping mortals and mortal spirits to understand Earth and how to live in peace and harmony with your natural realm.

What I mean as being custodians of the spirit of Earth is that a very long time ago when the planet was ready for life, so we nature spirits were prepared to receive the 'spirit' of that life, which we did from higher spirit beings. So on the spirit side of things, the spirit that is to make all natural life on Earth was given to us, literally, put into our care, and at the same time, the Spark of Life was initiated by these higher spirits on the physical Earth, thus starting life in the primordial seas as you understand it to have occurred from the fossil records.



Then as your scientists have observed, evolution takes place on the physical level, survival of the fittest and all that, but what you still don't understand is that for a new species to begin, we are needed to initiate that change in the overall 'spirit' of Earth. So part of our work is to help evolution proceed along its desired course, that course outlined by God. So we see to the spirit side of physical natural life, making sure it's all as it should be for you. When you as mortals come to this physical world it's all laid on for you, however as many of you know, that doesn't mean you should just take what you want destroying nature and the environment in the process. There are ways to live in perfect harmony with nature, with all creatures, however as humanity is currently living untrue to, or, against itself, such ways will not be revealed to you for a long time to come. But one day humanity will stop wanting to live out of touch with its true feelings and so come to love itself and so love all of nature as well. You'll stop wanting to rip up the natural vegetation replacing it with concrete, but as I said, that's still a long way off. However as many of you are becoming increasingly aware, change is in the air.

What we do then as part of our service to natural life on 'our' world, that which we consider Earth to be, is add what could be called the Spark of Life in an ongoing way to all living things. Simply put, without our constant involvement and loving relationship with all natural living things on your world, all such things, from the tiniest microbe to the mightiest beast would cease to be. We keep the whole lot going. But as for yourselves, as you have your own soul that does that for you, so we don't do such things as keep your spirit alive. So you can see, there is always a very deep spiritual connection with the physical, and as I'm sure a lot of you know, without it, the physical

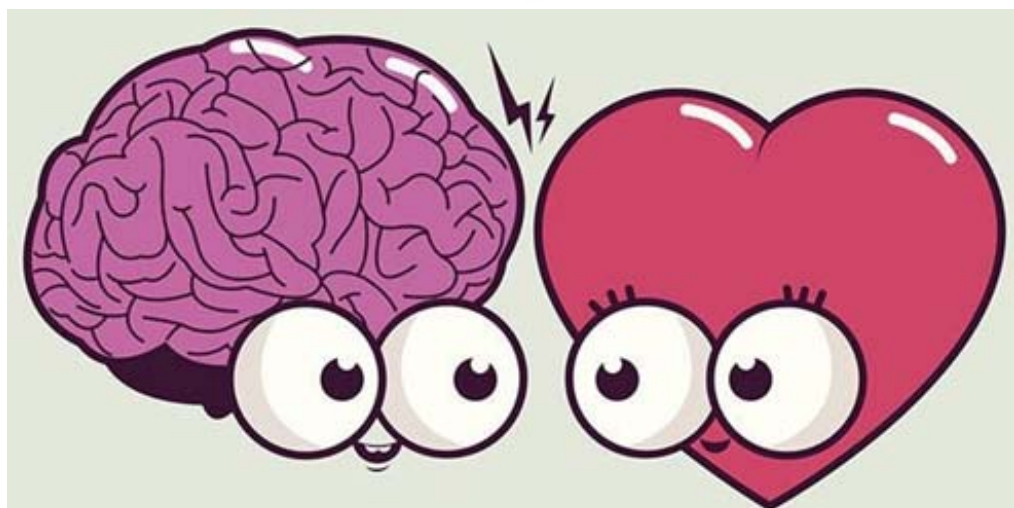
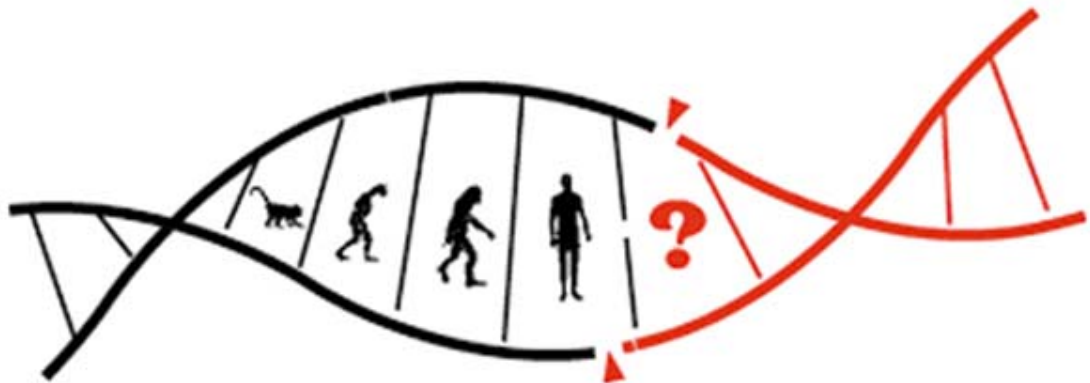


world wouldn't have life on it, Earth being just another lump of rock in space.

Now you might wonder what is our part in all the genetic experiments carried out by humanity of late, all the manipulation of trying to meld one species with another, and we are always very involved in such things, in all that you do that concerns the natural world. And then you might wonder, well if that's so, why don't you stop such things as they are obviously against nature and the natural way of things. And sometimes we are called upon, or if we can't do it, we ask other angels who can, to interfere with your meddling. However we also have to honour the Laws of Soul, and as this world only exists for you, for mortal inhabitation, so if you choose to go down the path of wrongness and do such terrible things to nature, then within the parameters of what you're allowed to do, those given to us by God, we can do things to prevent you from completely destroying yourselves. But also, as difficult as it might be to accept, and as much as it pains us to do, we will actually help you destroy all that's good, true and beautiful, but doing so within the parameters given to us. So many of the 'breakthroughs' your scientists have, actually come from us, it being very easy for us, for all of us from angelic lines, to implant thoughts and ideas in your minds, if it be the will of God. And so then you might wonder, well why would God want us to do such 'bad' things, and the answer to that is something I am not as yet allowed to tell you about, however you can through your own spiritual endeavours discover for yourself.

So with that, I'll say goodbye. As I feel you'd rather me not participate on the forum, I've said all I wanted to say, so will leave you in peace.

Verna.



Our mind strives to control and is always subject to error. The mind's controlling natures based on error are the foundation of all the misery, illness and drama on Earth for all of humanity. Put them aside by expressing them.

Our soul based feelings, given to us by our Heavenly Parents, are always in truth. Allowing our feelings to lead our way of living that is living true to God. Express all your feelings and long for the truth of them.

Planes:

20 September 2011

Verna: Different things – work – is done in each plane. I have to be in the seventh, the highest plane as you would call it (which by the way, we call the first plane. We work from the first the highest to the seventh the lowest, whereas you tend to go the other way, with the first the lowest working your way up to the seventh the highest), to communicate like this with you. We can't do it in the lower planes, they are for other things.

James: Such as?

Verna: I'll number them as you would. The first plane (the lowest) is all concerned with keeping the light of our world shining on your world, initiating the 'light-sparks' you might recall we told you about in your novel with Thomas. It's in this plane closest to Earth that we sustain all life forms on Earth, as that is one of our primary roles. Without us, no life on Earth would keep going, it would all perish into the dust it's composed of. So as you can see, we are a rather vital commodity in the Great Scheme of Things.

The second plane is also concerned with the goings on of the first, but on a more what you'd call, managerial level. We organise how to carry out the keeping of Earth's life forms going, in it.

The third plane is what is generally called the 'new life' plane, in that it's where new life forms for Earth are evolved. We 'form' them as it where, based on the Life Carriers designs, and work out how to bring them into being on Earth.

The fourth plane is for bringing them into being.

The fifth plane is for overseeing the lower planes.

The sixth plane is for doing other things concerned with Earth such as taking into account humanity's influence on the natural world, and keeping abreast of all your scientific progress involving nature.

The seventh plane is for direct involvement with Earth, such as if we need to intervene to prevent you doing something to nature or with nature that you shouldn't, something that would jeopardise humanity's progress; and if we need to directly communicate with you, so as we're doing now.

That about briefly sums it up. And then within these planes are many sectors, sub-sectors and sub-sub-sectors and so on by seven times. They are all the compartments, so to speak, that make up the whole. And we have access to the whole lot any time, there is no such thing as more evolved nature spirits having access to and working in the higher planes the lesser evolved the lower, we're all in it together, with our work being the only thing that separates or brings us together. But as I said, as I've spent many years, many years ago, in the first plane, I have no need to work in that plane anymore as it would not enhance my light, I've experienced all I can in that plane. And it's the same for all the other planes, so I only do work in the seventh – the first according to us – plane now. And once that work is all done, then I'll be promoted to the lowest of the angelic orders so I can progress in light even further still. We nature spirits really are working from the bottom up!

James: So your work is two-fold: all concerned with nature – all that's natural on Earth; and all that's unnatural – us.



Verna: Yes, you're really aliens, visitors, transitory, and all of Earth is being provided for you, not for anything else. It's not there for us or even the creatures, it's all there for you. We're created for you, that being, to help ascending and descending daughters and sons of God – all you spirits. We are all here to help you spirits of truth: it's what all mind Creation exists for. And we love helping you, it's what we're created and so designed to do. And if you would only allow us more into your lives, then we, as would you also, feel so happy and so much more fulfilled. If there were not an ascension scheme, then I dare say none of us would exist; but as it does exist, then that's what we're all concerned about and exist for.

James: Your room Verna, where is it?

Verna: It's situated in the depths of a mountain range East of Mongolia, that will give you something to think about. It's inside the mountains as it were, our world being able to penetrate yours. We have as our basis your world, but within that we have our various planes and sectors. So we have your natural world, and unnatural world, the one man has created, as real places in our world, but within those places, we have sectors, sub-sectors and the like, and seven planes. So for example, your house and you sitting in it as you are now, exists in our world, and is the basis of our world, but we don't directly affect it or do our work in it. I can come and be with you in your world such as I am now, but as I am also in a different plane of existence to you, so I can be doing other things and my work in it without you disturbing it. So I can come and be with you, I will now... I'm entering your living room down through the roof having come in off Bass Straight, and I'm sitting on your Urantia Book, but I won't disturb the dust – we're aware of your housekeeping abilities James... or should I say, lack of them, ha, ha (Oh do pardon me! Luckily, we don't have dust!), but you'll have to imagine I'm there because you can't see me, you're spirit eyes have not as yet been activated; and I can come and sit there near you in either one of our seven planes; and if I am in one plane and Austin another, then we can't see each other, we can still mind communicate, but it's as though we're in different dimensions but still using Earth as the base. Do you understand?

Yeah Verna, no worries, SIMPLE! So there could be seven of you sitting on The Urantia Book, not disturbing the dust or each other, each in a different plane based around or on Earth. So each plane would still be in or based on our house and The Urantia Book would still be on the table. So it's not like on the first plane for example is The Urantia Book, but then on the second is something else, and something else again on the third. It's all centred around our physical world.



Seven Spirit Earth Planes

We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then, when we die, we move into one of the seven Mansion Worlds, which can be likened to probationary worlds; worlds in spirit through which we correct all that's wrong within us. This includes if we've hurt other people or creatures very badly, we need to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, or the same as, Earth, whereas the geography of the seven Mansion Worlds is unique to each world. So on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So these seven other dimensions, all focused on your home – a lot could be going on! However more than likely the reality is, the lower two Earth plane hells have spirits congregating in the darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. Whilst the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes, although each being separate from each other and the physical Earth, and not interfering or influencing each other, still have some bleed-through of energy, thus affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities, not unless the higher angelic light was in some way, to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane, Hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which is relatively harmless other than in exceptional cases. And mostly, we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get as close to us physically as they can, is done so by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance in the various Earth planes and unbeknownst to you – dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation; you might have nature spirits there as well; you will have your attending angelic pair together with other angels; and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development; and then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the Hell planes should the spirits want to get as close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth. They are able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light in order to keep them at bay.



It should be noted that to qualify for life in the Hell planes comes about because of the state of ‘hell’ that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain and taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we’re suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to ‘balance the books’ so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, ‘paid for their spiritual crime’ against the will of another, then they are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow during the time of ‘paying the price’, they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and ‘do their time of suffering paying for their crime against another’ will be applied to and on Earth. So many bad people will suddenly be forced into the ‘hell of their own making, the hell that resides in them’. So doing some or all of their ‘Hell Time’ whilst on Earth, then completing it when they get to spirit by having to enter one of the two Hell Earth planes, or no longer needing to spend any time in them if they’ve ‘served their time for their evil crime’ when on Earth. Should the ‘earthing’ of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change here on Earth, with anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad things you have done, coupled with pain so bad and so ongoing that you enter into a state of perpetual begging for forgiveness and to be released from your suffering, that very same suffering you caused another person or creature to suffer.



Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1st plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities, however there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7
6
5
4
3
2
1

7th Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6th Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5th Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4th Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3rd Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2nd Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1st spirit Mansion World.

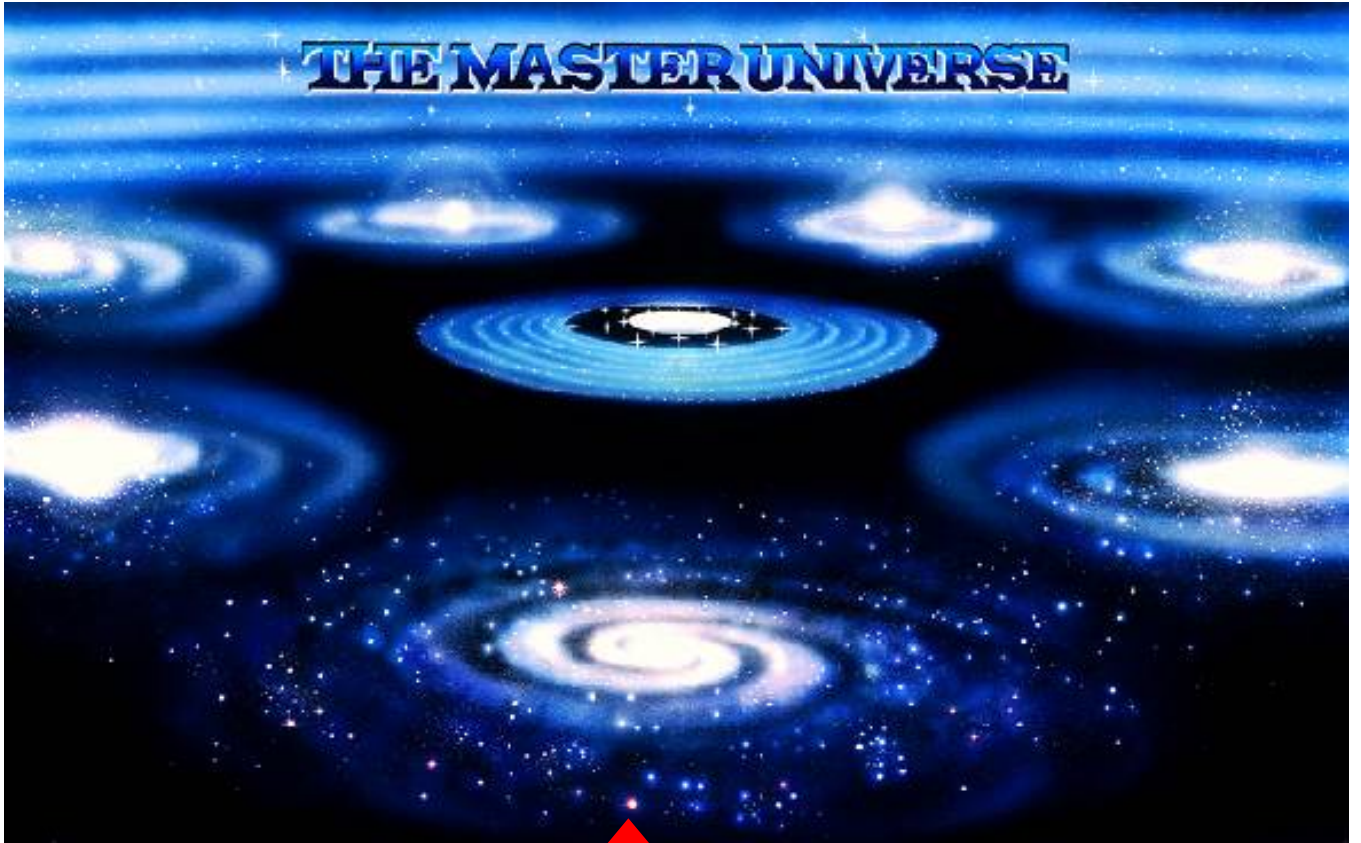
1st Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



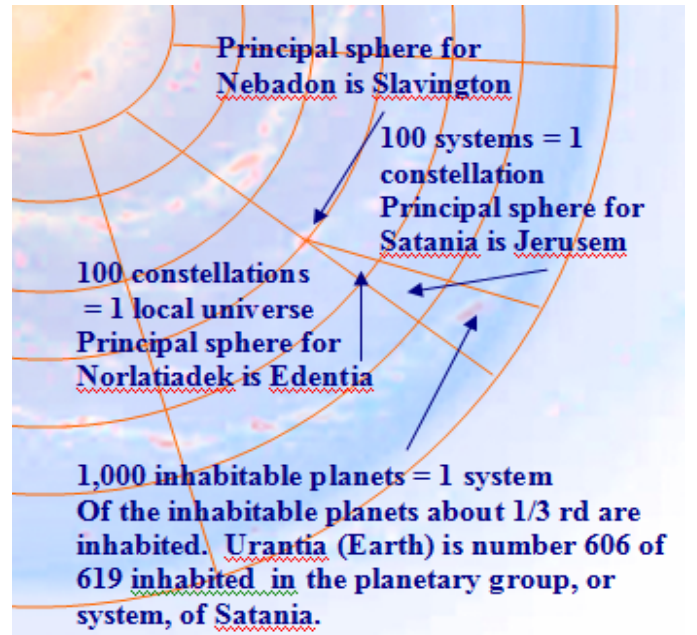
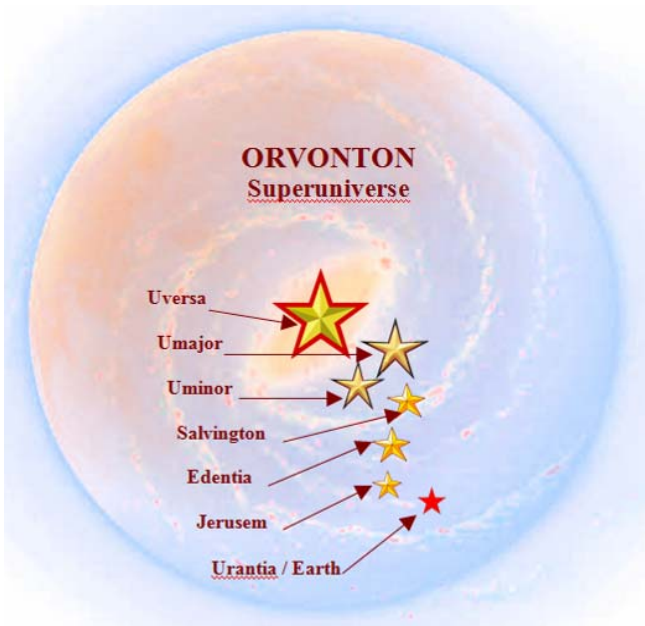
All levels of existence
coexist in the same space.

You may reach out
and shake hands with
all levels of existence!



Earth ↑

The God, being the soulmate personalities of our Heavenly Parents Mother and Father, reside on the Isle of Paradise that is stationary within the centre of the seven superuniverses. Our Spiritual Parents and our source of Truth are Mary and Jesus, the regents of the region known as Nebadon which hosts some 3,840,101 inhabited planets of which Earth (Urantia) is one of the 37 rebellious inhabited planets. Our Adamic pair defaulted and then we crucified Jesus on a cross!



Infographics and diagrams have been added by Pascas.

Life forms:

21 September 2011

Verna: Earth as you know from The Urantia Book, is a unique world so far as the life forms on it go. And we have the pleasure of being the overseers of all those life forms.

We don't have such things as favourites, we have such things as more time being spent with certain ones, so we have more of an intimate understanding of them, but they still don't become our favourites.

Now is the most busy time of all for us with all the trouble and problems humanity are causing. You'd be surprised how soon the years pass, and as we don't exist thinking in terms of years, so the ages come and go. We can't relate to how you think in terms of years, but we can relate to life being short from a creature's point of view on the world. The creatures, by the way, are all short lived because of how short lived you are, and if you were to live for a thousand years, so the life spans of the creatures would be longer.

James: To keep things moving along all the time, always in a state of change; change in keeping with the changes you'd make ordinarily in your life if you were living true to your soul and feelings, growing in truth. How long are we meant to live for?

Verna: Currently, twelve cycles of seven years, so eighty-four. That would comprise a full life were you perfect.

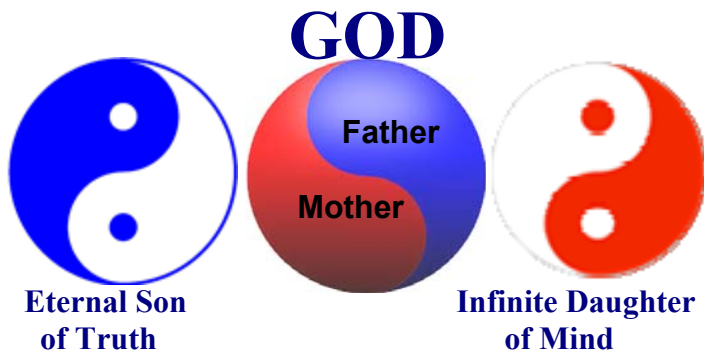
The Life Carriers are the creators of the life plasm for a new world, and when it has been brought into spiritual existence, it contains all the 'germ-plasm' required to create all the projected life forms of that world; and they then bring it to us, and we through our light-sticks initiate life on the physical world. We brought all the initial elements together to enable the first bacteria to come into being. Bacterial life begins it all, from there branching out into whatever is required.

No, light, light everywhere, even in the darkest places of Earth, because we live in a spirit plane, not on the physical Earth, and our world is constantly lit by spirit light. Even if we were to go into the centre of the Earth. We have been there many times.



To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Feelings first



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway



Soulmate Pair



Spirit Person



Mind Pathway



Angel



Nature Spirit





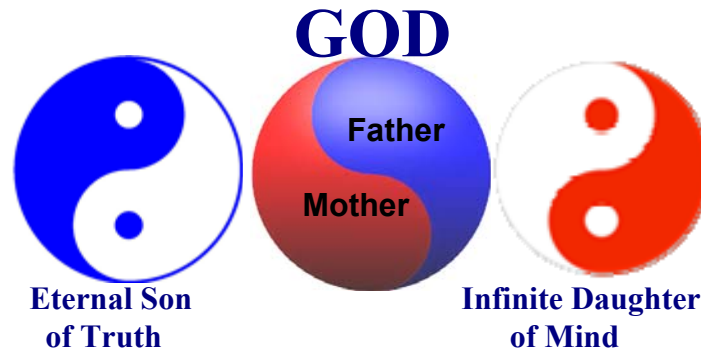
Sulphur Crested Cockatoos

One's feelings may bite and ruffle one's feathers; however, it is our feelings that are always in truth as they come from within one's soul which is always in truth and love.

The life force of all aspects and elements of living nature never reincarnate. The life force of each natural living thing returns to the pool of life energy and re-emerges as a nature spirit to continue its development of its mind. The nature spirit's development leads to subsequently becoming an angel.

We, humanity, are to develop our soul through the pathway of truth through our feelings.





We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

Feeling Healing with Divine Love is the key



to enter the Celestial Heavens:

Disease Resistant Bacteria:

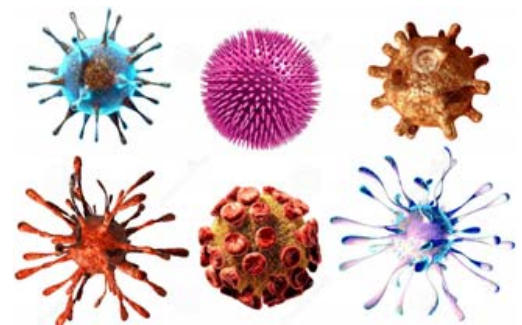
21 September 2011

Verna, a Nature Spirit: Mary spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come. Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.



Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need, to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self- and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.



Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. **There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness.** As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

James: How do you do it Verna?

Verna: We have laboratories in which we experiment with the spirit equivalent of the Earth disease. And we manipulate the genes using light. We have what we call 'light-sticks' for the purpose, angelic tools we create with our minds that enable us to do such fine work, all to create the desired result, that being, in keeping with the requirements of the age humanity is currently living in. We're given the parameters by higher angels with which we comply, we can't just make up any concoction we like, not like you can – within reason. And I say 'within reason', because we're always looking over your shoulders in such things ensuring you don't go outside the parameters set down for you for the age you live in.

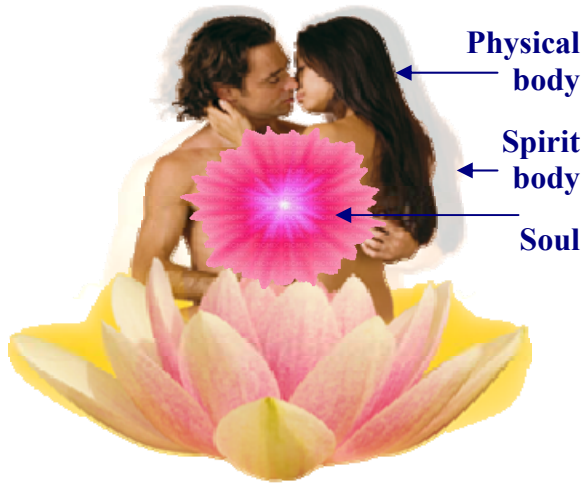
James: So all those scientists experimenting with such things, only have their 'breakthroughs', if it's in keeping with the guidelines of the current spiritual age.

Yes, absolutely, you can't do anything outside the guidelines of your age, and all you do is within such guidelines. Humanity has a path it's going down in its negative state, and we're here to help see you go down it as you want, just as it will be when you choose to change paths and to go up the healing one.



So with our light-sticks we simulate the environmental conditions required to bring about the mutations needed to make the bacteria resistant to your drugs. And having achieved our purpose with our mind-created spirit bacteria, we then look for the required Earth conditions to bring about the physical changes in the specific strain. And if those Earth conditions don't come about naturally when we want them to, well then we move to stage two of the plan and make them come about. We're allowed certain leeway in our direct interference with life on Earth, not with you, but all natural life. So we might have to bring about the required conditions to cause the microbe to mutate, all of which is easy enough.

What you might be interested in James is how we know when to bring about such mutations, and that too is told to us by higher angels. As you've been told by Mary, new Creational light from Paradise is coming into your world, and your souls are being prepared for the next stage in humanity's evolution, that being the next spiritual age. So in keeping with this new incoming universal light, that which is affecting all Nebadon, but Earth in its particular way, so we are able to increase the level of such bacteria through such mutations. We do it all in step and perfect harmony with the new spiritual light, which is, of course, all perfectly in step and harmony with humanity's continual descent into darkness. It horrifies many in the medical profession to see that all those bugs they thought they'd finally conquered are beginning to come back, and so quickly, and so much so that the drug companies can't keep pace. And the quickness is only going to increase as the incoming universal light increases, as we move closer to the beginning of the new age. And then once in the new age, it's going to keep increasing right through that age, it's going to be a very interesting time for us all. Humanity has to come to terms with a lot in a very short time. One thousand years is but a blink of the eye in universal time. So the pressure is going to be kept on humanity to face the truth: that its way of being has been all wrong, and that it can't keep going the way it has been going. And if it does, it will only cause more heartache and suffering for itself. So it will have to choose another way, that being the only other way: the true way, the way of TRUTH!



First Parents being First Ensouled Humans

Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the Earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

REBELLION



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

BESTOWAL

REVELATIONS

× 2

Infographics and diagrams have been added by Pascas.

DNA Manipulation:

4 March 2012

James: Verna, I was reading about where humanity is up to in regards to friggin around with our DNA. It's pretty scary, real science fiction stuff. Taking human DNA and putting into animals and plants, taking their DNA and putting it with ours. Making part animal, part human creatures, changing our DNA so as to weed out all the bad stuff and put in all the good stuff; trying to make us never have any physical problems and ultimately to live forever on Earth, or at least for a lot longer than we do. It seems to me that it's a whole new area of fun, fun things to do in the laboratory: now let's see what we can come up with this time. So, I was wondering what you'd say about it. Are the Mother and Father going to keep allowing us to go on this way, effectively as one author said, changing the very image of God in which we've been created.

Verna: That very image, I may remind you James is not a physical one, but of the soul. So really it doesn't matter what happens to your physical body, because you'll still have one, and by still having one in flesh it means your soul has something to express it's feelings through. So no matter what your scientists do in regards to 'improving' your DNA, you'll still feel, you'll still express your spirit through your body. And even if they were to engineer the perfect body, as you have in the spirit worlds, still you have feelings, emotions and thoughts, and like over there, still you can feel bad. They won't be able to remove your bad feelings, although in theory they might be able to play around with your brain centres enough to cause you to deny such feelings. But you'll still be feeling them, they all remaining buried within you until you arrive in spirit.

And as to how far the Mother and Father have it in mind to allow you to manipulate such levels of life, I can't say, it's not up to me to know. However I do know, because of what's to take place, but I can't tell you! Not yet anyway. But I can say that what's going to happen will seriously delay many such scientific advances, which will give humanity time to change and catch up with itself in such things.

James: You mean as in how it feels about them.

Verna: Yes, because it will be feeling very differently about a lot of things by the time all the coming changes have taken place.

James: Okay, and no doubt your kind are involved with all these DNA fiddlings.

Verna: Of course James, none of them would take place without our involvement, as we're involved in all life.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

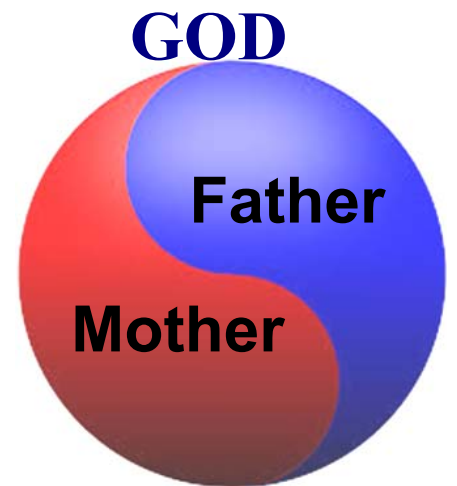
Jesus and Mary are soulmates and a son and daughter of God.

Mary of Magdalene and Jesus of Nazareth, were both free of sin. Mary and Jesus, combined in their love for us, are our spiritual teachers and guidance for us to find our way home to our Heavenly Parents. Mary and Jesus have liberated their Spirits of Truth who we can long to for assistance and guidance. They are known as Jesus and Mary of Nebadon, the universe system in which Earth is. They are the Creator Son and Daughter ruling this region.

To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since our conception.

The Avonal pair, should they be here, are to support humanity on Earth exclusively. They are to continue the work of the Creator Pair, Mary and Jesus, and will be assisted by them. The Avonal pair will, during their life on Earth, experience the full Feeling Healing process and Soul Healing process so that through their Spirits of Truth, which they are to release upon their physical death, will be able to be called upon by all those who embrace their own Healing. The Earth names of the Avonal Pair may not become known.

Humanity, all being soulmate pairs, are ascending mortal souls who are to reach inward and progress Paradise-ward for the God experience. As part of our journey of evolving our souls we are to experience evil, that is the denial of God and the Creator Pair. We can long to the Spirits of Truth of Mary and Jesus and soon to the Spirits of Truth of the Avonal Pair. Our Indwelling Spirit is our direct connection to and with God.



EARTH CHANGES:

27 September 2011

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Verna: There's a marked increase in the 'goings on' inside Earth being brought about possibly by natural internal factors, factors extraterrestrial, or a combination of both, even one in league with the other. And I'm going to speak about such things in more detail later, but for now, you and the people you've read who think along such lines are correct, there is much going on, both from within and without.

It's going to be a horrendous time for humanity overall, but that's not to say that within it there will be much good and lots of good feelings for some people, and mostly for those people wanting to move with it in the understanding that it's for humanity's good, and as it couldn't go on any longer how it was, so something needed to happen.

What is happening now is yet another evolutionary event, however it's not going to come about as it did back then, it's coming about as a combination of humanity's impact on the planet and natural events timed to enhance humanity's impact, all so in the end, a 'new' humanity will result, willing and able to live on the world in a 'new' way. Back 65 million years ago it was purely a biological change, now it's one all for humanity, a spiritual change for humanity as Mary was telling you; a huge change, moving from living in a completely negative state, ending it, and moving to live in a completely positive one, and all along the way nature will be affected in various ways.



All that's to happen now is more to set the stage, or scene, for the 'new' humanity to evolve into being, that being on a spiritual level, rather than a whole new evolutionary line of creatures as it was with the demise of the reptile based nature, to the rise of the mammalian one. However, as I've already told you, some new creatures will come into being during the planetary ages to come, and others that have or will become extinct, will be brought back into being.

However the coming Earth changes will have periods of intense activity right through this turning of the age and the next one of one thousand years. There will be ups and downs, but overall the next age will be one of ongoing tumultuous times for the surface of the planet. And it's all designed to keep humanity giving up its evilness and helping it seek the way of truth. There's not to be one big cataclysmic episode now, and then it's all peace and harmony on Earth, and people can get back to re-building all they've had – all their negative way of being and wrongness, or even set about living in peace and harmony because of some dimensional change or new spiritual light and upliftment affecting the raising of humanity's consciousness to a higher level of peace, having giving up greed and self-indulgence in material things. No, all that is to come is not to let you off the hook, or allow you to keep going only manifesting and so expressing yet another version of truth denial.

The spiritual upliftment so far as the new 'vibration' humanity will experience is the new vibe of the next age, and it's upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from their childhood. All the rest is nonsense perpetuated by ignorant mind spirits. Certainly there is new cosmic light coming to Urantia from Paradise, being stepped down in universal harmony through Nebadon; and certainly there is new soul-light being emitted from every soul on the planet, but as to how people choose to react to all of that is a personal choice, and many will fight their natural desire to seek the truth and so heal themselves, choosing instead to keep going in their negative states. And for such people, some will be relatively successful at doing it and keeping abreast of the increasing 'lights',

others won't be so successful, failing and then succumbing to their bad feelings. And many will go to their graves feeling very bad about life; other's will want to know why they feel so bad so often, and honour their bad feelings and start looking seriously for the truth. But overall, increasing inner and outer pressure will be brought to bare on humanity as it moves through the next age. A certain level of collective consciousness about it's negative state, and a certain level of desire to heal humanity's evilness needs, both personally and collectively, to be achieved by the end of the next age; and as all things are perfect, it will be.

James: Okay, so back to the heart of the matter, the Earth changes.

Verna: Well, as you've read, the amount of seismic activity is on the increase, this being because the amount of rotation within the core of the Earth is speeding up. It's immeasurable currently to science, however as the core of Earth starts to move faster, so all the outer parts move faster, and that's stirring up the continental movement, which as you know from plate tectonics, is causing the crustal plates to grind against each other, with the stresses being released as earthquakes. And this core rotation is going to keep increasing for the next one thousand years.

James: Do you mean the whole Earth is spinning on its axis faster?

Verna: No, I mean the components of the core, are in relation to each other, moving faster, which could be seen, as for the need of a mental picture, that the core is rotating faster. It's more to do with hidden forces within the planet, ones humanity is yet to uncover; and they are more to do with, and respond directly to, the spiritual or higher light frequencies.

James: So it's like the spiritual rotation of Earth is increasing.

Verna: Yes, you could say it like that, and it's then having a direct affect on the material level.

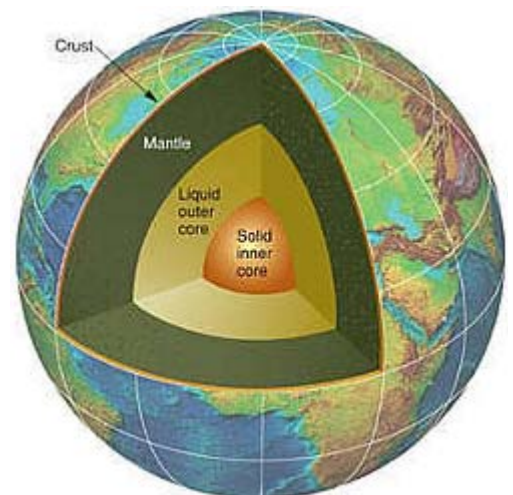
James: Okay, so it's all coming from inner levels, not just the physical.

Verna: As does everything. The physical world, the globe as you know it, only responds to inner or more spiritual levels, it exists because of these levels, the whole physical level of creation does. From our spiritual perspective, we living in these higher or inner dimensions, we can see the energy, the light, we can sense it; we can sense it in all physical things; and we can sense or perceive – we 'feel it', as increasing in frequency, and so the physical planet is responding, it has to, it can't be otherwise.

James: So it's not just, say, because of what the sun is doing that's affecting the Earth.

Verna: That is happening too, it all being part of the physical relationship and interaction in those relationships, however the sun too is being driven, and so continuously affected, by the inner, unseen, and unknown to you, spiritual levels. You are only at best observing the physical level of Creation and trying to work out laws that determine it, however there is another whole plane or 'dimension' of laws that determine the relationship of the physical to the spiritual; and then even more laws determining the spiritual, and all the levels of the spiritual, and there are many, all the way to Paradise.

James: Okay, so whatever is happening, we won't be able to detect, only possibly seeing signs of it on



the physical that are resulting from the increase movements of the surface crustal plates.

Verna: Yes, the sea floor is spreading faster in places as the subsidence of one plate under another is increasing, all making for very exciting times on the face of the Earth, if that's what excites you.

I can tell you, those like me who are from the very old days, boy, did we have fun back then, we were delirious during those times of massive Earth changes. And there were some times of massive changes. All that Earth is to go through now will be comparatively mild, just a remnant taste of the old days. Relative to back then, the Earth is destined to remain quite stable. It will have one last massive bout of cataclysmic Earth changes reminiscent of the ancient times when it's all to come to an End and Cease to Be, but humanity will be long gone by then.

I was talking about the acceleration of the rotation of the core of the Earth, but on inner levels, and how that's what's causing all the shifting in the crustal plates. And so this is what will cause most of the earthquakes. Now from your geology days at university, you remember being told about 'hot spots' where the continental plates mover over places where magma forces itself to the surface bringing about island chains and chains of continental volcanoes, well there's going to be a lot more of these erupting as well, old and even ancient ones coming to life again.

James: One website I visit posts up-to-date information on the status of many volcanos, and many of them are coming to life, and have been for a few years, even ones scientists didn't know existed.

Verna: Yes, and this is going to increase. There are going to be a few mega explosive events during the next fifty years, some that will cause the sun's rays to be blocked out for a number of days, but nothing too bad. However there will be continuous smaller eruptions and many of them, all disturbing the normal way of things, such as air flights, communications, and causing many people to be relocated. It's not so much the intensity of the volcanic eruptions that are to come, but how many of them and what combined effect they will have. A lot of new lava is going to come out onto the surface, this having a heating effect adding to the general present consensus of global warming.



James: So is global warming a reality, or is it our imagination; and is it something humanity is doing, or is it naturally happening?

Verna: It's naturally happening, however, overall the planet is moving toward another smaller iceage, but that's a long way off. In the short term it will warm significantly adding to humanities problems, once all the volcanic activity gets going.

Along with the increase in volcanic events it will be discovered that the ambient temperature of the upper crust is also warming, the ground will warm up a little. We're only talking about one degree, but it will add to the problems of increasing the ocean temperatures, rainfall distribution, melting the ice at the poles and how and where food will be grown.

James: I was reading whereby all of this is coming about because of the breaking down of Earth's magnetic field, all leading to a pole reversal, this all being caused by the sun moving towards a solar

maximum in the next couple of years.

Verna: It's all part and parcel of it. Scientists will continue to understand all that's taking place on many physical levels as events unfold. But really it's all being caused by the increasing spiritual light that's driving the whole thing right through Nebadon, it's not just Earth and your sun that's being affected. On all worlds, ages are changing and spirits are moving on, and things are happening. You're just one piece in the whole.

So because of these warming influences, the weather will become more wild, more subject to change, and more unpredictable. There will be more: drought and heat, rain and snow, even cold extremes in some parts of the world, and less in others. There will be more wild storms in some places, cyclones and such, and less wildness in other places. Things will pretty much change all over the place as to how they have been. And some changes will become permanent, other's fluctuating.

And because of these weather disturbances, so the production of food will change; in some areas of the world severe famine and food shortages will occur, in other places pests and disease will predominate. You've seen all of these things already beginning to happen, and they are only going to happen more and become more intense.

And then come the physical Earth changes, not only from volcanic eruptions, but from the influence of large earthquakes.

Vulcanology:

28 September 2011

James: So what's happening to the Earth where the magma is? I mean how does it build up in pressure to come out?

Verna: It's a combination of internal Earth forces and external cosmic rays. They both interact to produce what might be likened to bringing a pot of water to the boil. The more internal pressure that builds the stronger and more vigorous it boils escaping on the surface. The Earth has been relatively cool of late, meaning there's only a very light boiling going on, with most of the pent up pressure and energy able to be released through what has been witnessed, some occasionally doing a lot of damage, other times, not so much, but the Earth has been going through a very quite time of vulcanology. However that's all soon to change as it warms up into one of its more active times. But as I said, not so active as in times gone by, but certainly more active than what's happened during this past two thousand years.

James: So the letting off steam, the increased boiling will keep happening for... how long?

Verna: It will keep building up during the next ten years, then it will plateau for the next twenty, then start to settle down. But within these years there will be times of greater and less intensity. You must remember that things happen relatively slowly on a geological time period, so this time will be but a hiccup in the great scheme of things, but enough to give humanity the experiences it requires to keep the pressure on it to change. You don't have to worry about it starting with a rush then petering out. The inner forces that are going to bring about all the structural crustal change will last for as long as they need to.

Global Warming:

28 September 2011

Verna, is there really global warming, or is it something that seems to be happening but is being made up by certain people. I think I've asked you this question before –

That doesn't matter James, I'm happy to answer it again.

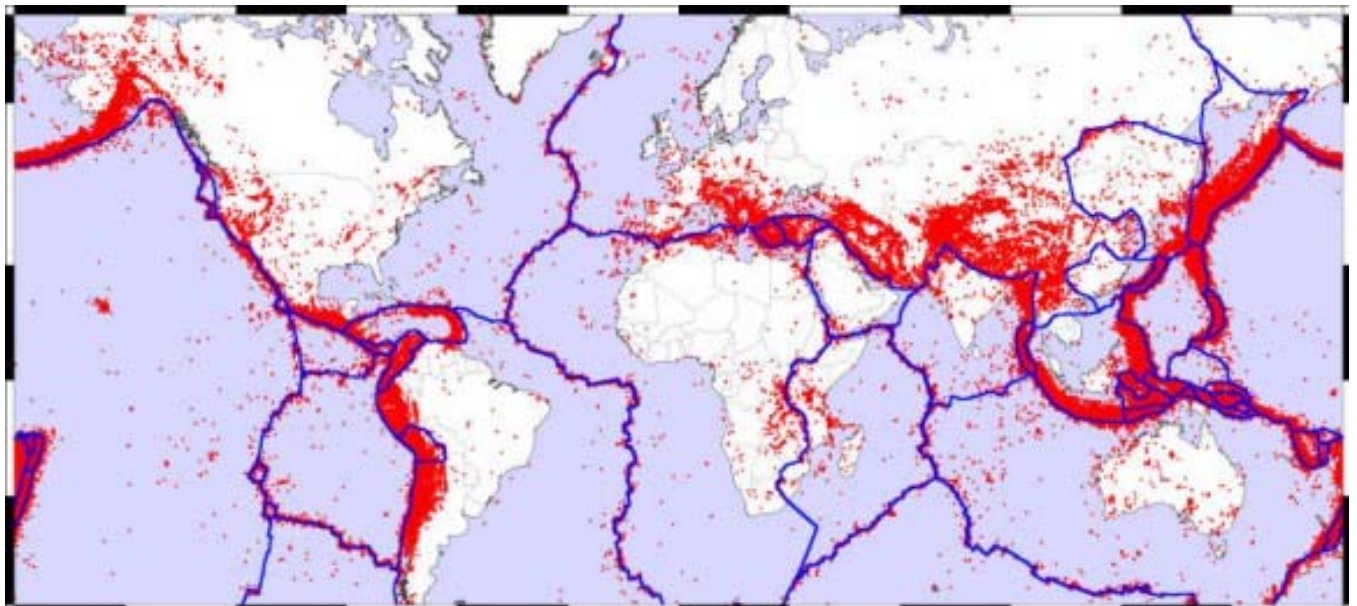
Yes, global warming is real, but it's not happening solely because of humanity's impact on the world. Humanity is only minimally affecting it, the world for the most part being able to absorb all you do that results in global warming, however it's the Earth itself that is heating up, internally and because of external influences. And these will continue as I've told you. But all humanity does in regards to global warming will be of no account because of the overall changes that are going to take place.

Entire solar system is heating up! Scientists blame solar warming

<http://www.space.news/2015-10-06-entire-solar-system-is-heating-up-scientists-blame-solar-warming.html>

Tuesday, October 06, 2015 by [Chris Draper](#)

Many scientists suspect that the solar system has migrated to a region of the galaxy with high energy. We have the illusion that the sun is a nebulous ball of gas fixated in the sky that the rest of the solar system dances around. In reality, the sun is one star among many sitting on the outskirts of the Milky Way, hurtling through space at 72,000 kilometres per hour. Although the total amount of energy within the universe is conserved, pockets of energy in the Milky Way vary in intensity. The solar system may have rolled into one of these highly active regions.



Map of the Earth showing the relation between fault lines (blue) and zones of volcanic activity (red).

Credit: zmescience.com

**PUSH ME,
PULL ME**

The NEW WAY of LIFE:

Now for the first time in history, Celestials can be more assertive in making known the availability of Divine Love, and that the only way to progress towards our Heavenly Parents is by engaging in doing one's Feeling Healing.

The Celestials have all but stopped the mind spirits from negatively influencing people on earth, and the biggest area this is in, is in the religions. So the religions on earth and all the spiritual systems of the mind, are under pressure in that they are no longer enjoying the input from the mind worlds that they have had. And how this translates into ordinary everyday life, is more in the unseen connection between those in religions on earth and those of the same religion in spirit, is fading away.

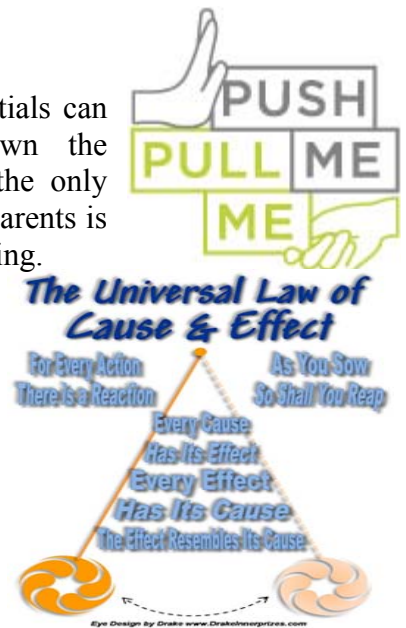
Then at the same time, we, the Celestials, are being allowed to move more freely amongst everyone, both in the mind worlds and with you on earth. Which means, we can confront and have more of a say in peoples and spirits lives, something that was forbidden the Celestials of the 'old guard'. They were not allowed to interfere at all, having to wait patiently for spirits (as there was rarely anyone on earth) to show interest in an alternative way to God, which enabled the Celestials to slowly introduce the notion of the Divine Love and then that of doing one's Healing. But it took a long time for mind spirits to show any real interest and being willing enough to give up the power their mind had over them, wanting to seek a higher life.

Celestials can now, following the progress achieved by Marion and James Moncrief, approach and be more freely expressive to spirits on all levels, and also to people on earth, should they want their help.

Further, those who reject and suppress their children will progressively grow in awareness of their own unloving natures. One will not be able to continue to avoid their feelings of wrongness.

Golden Rule: that one must always honour another's will as one honours one's own.

Thus the three aspects: one, of having more readily available guidance to become aware of the availability of Divine Love; two, the way to become fully expressive of one's soul based personality through the process of Feeling Healing; and thirdly, the quickening of the Law of Compensation through one's greater sensitivity to one's emotional errors and injuries. By having greater personal connection with a Celestial, we are able to move into longing for the Divine Love, and look to healing ourselves and grow in truth, and start to seriously consider embracing one's ascent to Paradise.



Law of Compensation quickening 22 May 2017



Infographics and diagrams have been added by Pascas.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett

1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James
Moncrief

2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018



Antarctica:

28 September 2011

James: Now what about Antarctica, such a large land mass, but it is just there doing what... What does it do in the great scheme of things? I mean, why has it not moved to be habitable leaving the equivalent of the Arctic to freeze over.

Verna: The continental mass of Antarctic acts as a stabilising counter-balance in a kind of way to all other habitable continents. Without it the world would certainly and obviously be very different and humanity would still be able to survive, but it wouldn't be the same world, nor the same humanity.

James: No, I know what you mean, and really it's futile trying to imagine things being different.

But it's not one day going to be habitable?

Verna: No, it will remain as it is, a very remote place. It will see its fair share of changes, the water will warm up substantially causing a large loss of ice and lessening in some parts, deepening it in other parts, the ice on land, but no people will be able to live happily and easily on it. In the end the bases from the various countries, that exist there, will be abandoned, as there won't be any point in keeping them up.

A part of the change coming to humanity will be seen in it coming back to itself more, life won't be so much about conquering the unknown regions of the planet and outer space. It will be about relationships, feelings, more emotion based. The age of the mind only, as it has been, is coming to the end. There will still be people investigating things, but not to the extent that there is now. People will want to have a more personal life, not the impersonal ones you all mostly live now. The whole drive from within people will be to attend to their feelings, not advance their mind. It is to be an entirely different age, leading into ages more feeling inspired and based, this next age being only the crossing over. So there will still be a lot of the old remaining but over the centuries it will decrease. Once children start growing up in the new age, their effect as adults will show what I mean. And each generation will successively add to this new way of humanity. You are somewhat removed from how most people view life James, you and Marion are now living the new way and increasingly so every day. But many people are still very heavily mind orientated denying most of their true feelings, being very much disconnected from their true selves. Humanity is way out of touch with itself, and it has to be brought back to itself. So a brick in the face is what it's going to get, something to shock it, not so much to wake it up, as that will take a very long time, but to shock it into feeling that it's wrong to keep going in the direction it is, both personally and collectively.

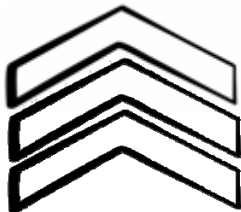
Golden Rule: that one must always honour another's will as one honours one's own.

<p>Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.</p>
--

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;
 Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.



Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

Earth Changes and Disease:

28 September 2011

Verna: The biggest problem with all of this will be disease. Some will say that new microbes will in some way become unleashed on the world, as if they've been buried all these years, and all the disruptions have dislodged them or brought them to the surface, but they've been around all along, and many will be simply new variations on old strains.

James: New drug resistance bacteria and viruses.

Verna: Yes, like I told you, and you've been reading about some of them. And what the increase of light and so energy to the world is doing, is selecting for these more superior strains, this being something mankind is bringing upon itself. You see, disease has to keep pace with your self and feeling denial, so the more you deny your bad feelings, the more you need help to make you face the truth that you are denying them; and disease, and pain from illness on the physical, is one major way of doing it. This combined with emotional and spiritual pain, is what's going to change humanity the most. In time it will become very clear that such drug resistant microbes have all been caused because of humanity's over-dependence on drugs used to block out its bad feelings. By the time most of the worst is over, there will be a huge backlash to being more natural, organic farming, less use of drugs, getting back to nature and more natural remedies. And of course there will be more people willing to understand that they only get sick because of their feeling-denial and childhood repression.

The whole human race is suffering from repressed childhood and mind control.



Our minds are infused with childhood injuries and errors. Only by expressing them as they surface, and finding the truth of them that we set ourselves free and grown in love.

Be controlled by your oppressive mechanical mind, or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt, and seek the truth of them. This is how we can all evolve in love.



Creation of Soul and Spirit:

26 April 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

James: So Verna, nothing of spirit can cease to be.

Verna – a nature spirit: That's right James.

James: So all life from a bacteria upwards, once it dies, its spirit or the spirit that sustained it, continues?

Verna: Yes, it's never lost, once 'in' Creation it can't 'leave'.

James: How does it come into Creation in the first place?

Verna: From the Paradise Trinity. In their different ways such spirit becomes manifest. Your souls manifest themselves in Creation by drawing upon the spirit of the Infinite (Daughter) Spirit and the Eternal Son. And once you've begun your incarnation there's no going back. Your actual incarnation can be stalled if you cease to be before your first physical and so also spiritual heartbeat, but it's only stalled.

(The Paradise Trinity — the eternal Deity union of the Universal Mother and Father, the Eternal Daughter and Son, and the Infinite Spirit.)

James: Is that really so, or is that just you complying with my minds understanding of it, what I want to believe for myself?

Verna: No it's true. Apparently some souls require a 'false start' experience all to comply with the natural laws, the laws of nature, that being what happens sometimes in the natural world. Not all life, as you know, goes along smoothly, it starts and then can stop at any time, there being laws that govern it all.

James: So as to whether say a bird never lives, it being an unfertilised egg; a fertilised one for a moment but then dying before hatching; hatching and living a moment, a day, a week, a year, ten years, is all governed by laws, is that what you're saying?

Verna: Yes. Everything is. You can call them laws or just circuits, what you call the mind circuits, which are really laws, or you could say the circuits adhere to laws, they work in very specific ways, it's nothing of a random affair. You can see it in all life, the plants cells grow along very defined lines, as do all your cells, your whole body, the whole tree, even if the exterior form is distorted and not the perfect outer shape. All that makes it be as it is, still grows along very distinct, well ordered and fully structured lines. It has to be that way. Creation is one huge orderly matrix of mind circuits in which you have your being, in which your soul draws from the spirit of it all, manifesting you – your personality – within and so a part of the matrix, all being done along very specific lines. And so the way life is, as you were saying, what determines a life, is also all ordered and structured, only as you're not so aware of it, so you see it as what appears to be a very random hit or miss affair: you're either lucky to get a good go at it relatively unharmed or you hardly get to take a breath. But it's all as it's meant to be.

James: So all how we are destroying everything, even our own destruction is all how it's meant to be, all going according to plan and in strict accordance with the laws as you call them?

Verna: Yes. Nothing in Creation, of love and truth or of no love and untruth – evil, can exist without

adherence to such laws. The natural laws of Creation govern everything, that which you're coming to understand. And then separate to these natural laws but also completely recognising and honouring them, or you could say, working within them and yet in a way outside of them, are those laws pertaining to the Divine Love, they representing a whole other universe one might say. And I say such things as 'one might say' because I don't really know how to say such things –

James: I understand what you mean.

Verna: Good, anyway, the Divine Love laws all relate to the condition of soul, nothing else, and so are separate to and yet a part of, the whole.

James: From what I understand Verna, humanity has only been told about the Divine Love laws in regards to our longing for the Divine Love and it transforming our souls into the essence of God out of the image, making us become divine, as Jesus told us in the Padgett Messages. But really, little other than that.

Verna: Yes, the main law if you like, but as I am told, there are many such laws all of which relate to how the Divine Love comes into your soul, when it does, why it does, and then all the effects it has on you: how, why, when and so on. And then it also comes down to your relationship with the Father and Mother, and the Eternal Son and Infinite Daughter; and then it governs your relationship too with the evolving Deities, such as Supreme Being. There is a lot I don't understand about it, and you'd have to ask others higher and more advanced than me if you want to know more, as that's about it as far as I go, that being enough to make you think a little more deeply about such things.

James: Yes it does, as my first thought is that it's one thing relating to ourselves, life, Creation and God from and with natural love, but obviously and entirely different thing and a whole other thing relating to it all through and with the Divine Love.

Verna: Yes, once you've attained the Celestial level of perfection, of divinity, or Divine Love within your soul, then essentially it all changes for you, you no longer being simply a natural love creature, or creation of Creation. It then takes you into another whole level of being and relating, so nothing is as it was for you, and from that point you then go on becoming ever increasingly divine, so what that's like for you, I have no idea.

James: How is it for you Verna, and for the angels, do you have a soul that can partake of the Divine Love?

Verna: No, not like you do, we're not created for that life. We have an ascension of pure natural love – spirit light, light of the Mind, all the way to Paradise, and we're the compliment to you Divine Love souls. You know as you are, you can't ascend in your natural love alone, higher than the Mansion Worlds, but for us that's not so, we're not restricted, being able to ascend all the way to Paradise in ever increasing mind circuits of natural love. So for us it's just as exciting, just as wonderful as it is for you, only we're coming at it from different directions. We too are evolving in our natural love, through our natural mind, to the level of Deity, such as you attain Deity consciousness when you arrive on Paradise. We don't all necessarily go with you on your ascension, but still for many of us, the level of Paradise Mind is our goal and destiny.

James: I see, so really the realm of natural love concerning your kind and angels, is the realm of the Mind.

Verna: Yes, and the realm of Truth is the way for your souls of Divine Love. You become of Divine Love, which means your self-expression becomes one of mind and feelings expressing your personality through your divinity, with the light of the Divine Love contained within your soul, or, with your divine soul. We become of pure Mind and also with some feelings, though not to the depth and in the same way as you have and feel them, we having the absolute control over all Creation with our minds. You being of divine soul are in Creation, but not the controllers of it, you need our natural love expressed in the various aspects of Mind, to have your being, to have your personality expression. And in many ways, you're not of Creation, your of Soul, that being existential, whereas we're pure and total experiential, as expressed by the Mind of Creation – the Infinite Daughter Spirit.

So, all that you seem to be, your physical and spirit bodies, your subtle bodies that connect them, your thoughts and feelings, all that allows you to express the personalities of your soul, is all of the Mind. Without the Mind you'd not be able to have such things, the Mind being controlled by or expressed by mostly the Infinite Daughter and Eternal Son, it being expressed in their relationship. But also a part of the Mother and Father, Their mind if you like, that which brought into being the ID and ES and all of Creation.

James: Okay, so what you're saying is the Mind of God creates the natural love side of things, and the soul or heart of God, the truth, and so Divine Love side of things.

Verna: Yes, that's it.

James: Okay, so those people who say it's all about trying to connect with and relate to the Mind of God whilst they are of only their natural love, are correct in that is what they trying to do, only that's not what our souls are about.

Verna: Yes, that's the rebellious side, you are in effect setting out to be something you can't be, you're trying to be like us, and the angels, not true souls that you are. And so to try and help you achieve this, you block out most of your feelings, and particularly your true feelings, ones that come directly from your soul, learning to live with feelings generated by your mind so your mind remains in control. So you end up believing you're in control and on your way to God, when in fact your barking up the wrong tree. You are trying to believe you *are* God with your mind, when of course you can't be God. You're not meant to be like us, as you can't be anyway, you're a completely different creation, designed to partake directly of the Divine Love so as to transform your soul into your true state. Only the difficulty you have is that you start off only being of natural love, you're not as so many people want to believe, already of Divine Love. So in a way you start off close to us, being in many aspects similar to us, and that's why you can relate to and identify to some extent with nature and all the creatures, but it's also why you feel you're different from them, because you have a soul and are not just mind.

James: So the creatures are really the first step of natural love ascension: the creatures, nature spirits, lower angels, higher angels and so on – do you call it an ascension?

Verna: Yes, but one of Light, not one of Truth as it is for you. One of Light, or Mind, the two often being used to denote the same thing. We are all concerned about the working of things, and that they work perfectly, whereas you're all concerned with the truth of things, what it all means to you, how you feel about it, and then through and with your truth, you just live. Humanity's preoccupation about trying to work out how it all works so it can control it, is all because of your being stuck too heavily in the mind side of things. If you were more true to your feelings, you'd not need to work out everything with your mind, happy to grow in truth and then allow whatever comes to you through your mind to come in accordance and directly in relation to your feelings. Your mind grows as you advance and grow in truth,

but that doesn't mean you'll necessarily want to remain focused on trying to understand how everything works in minute detail.

Take yourself James for example, your parents told you understanding certain things was important, and your schooling took over from them, but most of that you've put in the bin it not being of any interest to you. And it's not for you, you weren't meant to learn or even be exposed to all that stuff so far as what your soul really needed. What it needed to help you grow in truth was denied you, with all the other rubbish stuffed into your mind as if it were the important thing in life. Look at your trading, the woman you just saw said you must have to work out a lot of maths to do it, when the beauty of it for you is, that you don't have to do any maths, it all being done for you by the system you use to trade. So it's very easy for you, and were it requiring more mathematical understanding, then you'd not be able to do it as that doesn't appeal to you, it would be too difficult and you certainly don't want to try and apply your mind to such meaningless tasks at this point in your growth. And yet you are quite happy to learn what I tell you about, as this does interest you, it being the sort of things you should have been exposed to and using your mind with, right from the beginning of your life.

James: If only. But hey, maybe if I were more mathematical – I can't even spell it, I would be better at the trading!

Verna: Somehow James I don't think so, it's not about that for you. As you said the other day, for you the trading is something to help you express more of your repressed feelings, it's not about making money.

James: Yeah, more the pity, is that the saying? I'll have to ask Marion. And she's coming to the car, I'll speak to you later Verna, thank you for telling me all of that.

Verna: You're welcome, speak to you soon. Bye.

We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

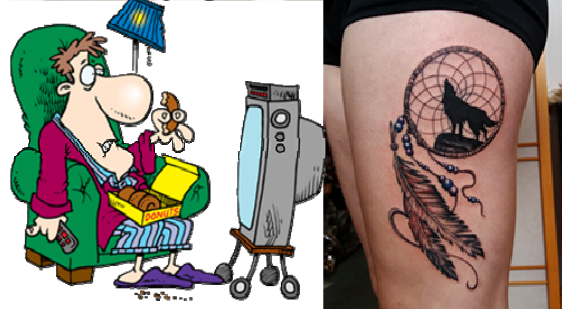
Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

No more of this! We can escape this man made hell!



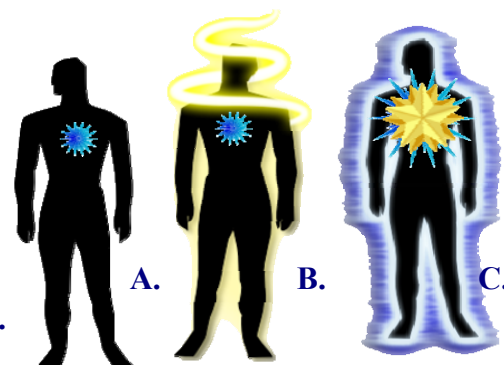
EVOLUTION

STEP 1: Longing for and receiving Divine Love:

A. Soul within spirit body prior to receiving Divine Love.

B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.

C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



STEP 2: FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality The New Way

<p>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</p>

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise
 **HOME**

Humanity will complete its time on Earth:

28 September 2011

James: So that will happen one day, people will no longer live on Earth?

Verna: Oh yes, you're only visitors like all species. Once you've evolved spiritually as far as you can, perfected all Mansion World levels of truth and then fulfilled certain Celestial requirements, then effectively souls will no longer need to incarnate as there wouldn't be anything for them to accomplish.

James: Couldn't they just come to experience natural love perfection?

Verna: They will have done that for a spiritual season, and then it will be over.

James: So what will happen, will people just stop having children for some reason?

Verna: Yes, that's what will happen, as they ascend in truth above having children, they won't feel the need to have them. Slowly the population will decline and cease to be.

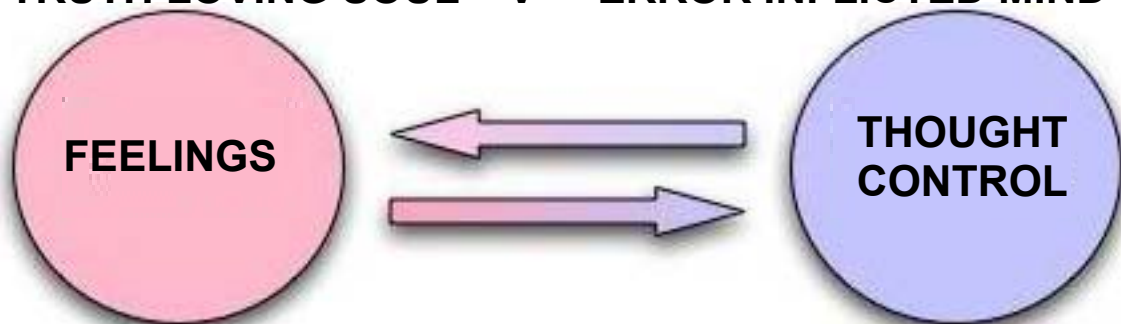
James: So there will be the last people – the last person – on the Earth?

Verna: Yes, one day. But what will more than likely happen is they will know it's the end, and all translate off the world at a given time into the Celestial heavens.

James: Like one big farewell. So all that's to happen to the natural Earth now is to bring the Earth into the necessary condition for us humans to end our Rebellion and Default, start the healing process, all to move ultimately to that final translation into the Celestial spheres.

Verna: Yes. That's what it's all for. And just as humanity can't go on as it is any longer, there is no value in it, no spiritual growth even in a negative sense, so the natural Earth can't go on as it is. Things have to change.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



Over-Unity power sources:

28 September 2011

James: I was reading about new experiments that have led to breakthroughs in solar energy, in that potentially mankind could find a way to harness the sun's energy providing unlimited pollution free energy. And if that were to happen whilst we're of the negative state then that would mean we'd end up concreting the whole world in our unlimited material development against nature.

Verna: You would, and that's why it won't happen for a time and why it hasn't happened yet. The Earth, and indeed the path of humanity's progression, even in its self and feeling denying state is not to go that far. Such technology will come about but only once humanity has turned the corner and will be responsible with it, not just using it to empower a cabal of elite people who control all the rest. The mind set you live in now has to be broken, that's why it's to be so cataclysmic and so fearful for so many people, to break them out of their current mind set. And once that's all been achieved, with more people seeking an alternative way and being determined not to go back to how you currently are, then such knew information will be released to you, then your scientists will have such breakthroughs to achieve a workable end.

So you have to see that using nuclear power in a world that's unstable geologically is mad, and only mad feeling-denying people would even consider it. And so with the wars and the damage done by man-to-man, it will be shown to you all, just how heartless you are, how unfeeling, and how you all exist in relative peace only because of the false fronts you put on each day. And once such false exteriors are removed when the pressure becomes too great, you really hate each other, and all you call love ceases to exist. During the hard times, a more truer love will be felt and borne out of the necessity for compassion for each other, but that's only because things will be hard. And so things have to be hard enough and for long enough to help show people that such falseness will not get them anywhere, that it's wrong and it needs to be given up.

James: So we have to be ground through it?

Yes, and the grinding has begun. The increased weather severity across the globe is going to keep increasing, with many areas of land that are currently inhabited becoming uninhabitable, and they will be so for a long time.



Infographics and diagrams have been added by Pascas.

Spirit life force energy continues living on in different forms:

7 May 2012

James: What compensation do the creatures get? They are the good ones suffering at our hands, so what happens to them? We can be the bad ones torturing and abusing them, then become all good even getting the Divine Love and becoming Celestial, but what do they get? We suffer and get rewarded for shitting all over them, so what about them, do they get anything?

Verna: They get to move onto becoming nature spirits and then in time, to proper angels. Their spirit lives on. It's nothing of a reward as such, the Mother and Father don't issue rewards, it's just how it is. They live what life is given to them, as we all do, and we all experience what we're to, and we all move on when it's time, we're all always moving on. So there is no compensation for them, as really nothing bad has happened to them, has happened to their spirit. And once any suffering of the physical is over, then as a spirit they go on, on into the vast spirit collective and then to, at some time, become part of the spirit that constitutes one of my kind. (Verna is a nature spirit)

James: And as you said, or did you say, actually I can't remember now, are you aware of the creature spirits that constitute your spirit?

Verna: No I'm not personally aware as in being able to 'remember' or sense that part of me, that part of my spirit was once, say for example, a bee... or a buffalo. However I can, should I desire, access from higher angels just what my spirit composition is.

James: And have you done so?

Verna: Yes, we all do at some point. We all want to understand our heritage.

James: And would you mind sharing it with me?

Verna: I wouldn't mind, but it's difficult. It's not so much saying I was, or rather my spirit was, once this or that creature, as so many of you mortals and mind spirits say your past lives were, for it comes to us as light, and in that light as a knowing, an awareness, just as part of us. And to further complicate things in regards to myself, I was drawn from the creature spirit from other universal worlds, not of Earth, for as I told you, I was created on Earth before life began. And so there are as you now surmise, those of us who were the original nature spirits, but were not 'of' this world so to speak, that being in a spirit sense. And then since life has been on Earth, there are those nature spirits 'drawn up out of' the indigenous creature spirit. We refer to them as the 'locals'. And as their is now so few of us original 'out of towners', the locals predominate.

So as you'd not be able to relate to the creatures my spirit comes from, all I can tell you is there's a good mix of aquatic and terrestrial in me. I'm a good balance.

And yes to read your mind, there are nature spirits with varying mixes of creature spirit. Some feeling more of an affinity for the plant kingdom, others for the oceans or rivers, and others for land, and of course, mixtures of all. And so yes, to read your thoughts again, as you would expect, those of more plant spirit feel drawn more to the plant side of things, and so that's how it is, those nature spirits tending to the plant kingdom.

James: So your spirit is very complex?

Verna: Yes, it's not as straightforward as is yours, yours coming solely from your soul. Your spirit is

your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I'm about average, or 'usual' – as much as I hate to admit it, I'm composed, for want of a better word, of about five hundred billion creature spirits, so yes, you could say we're complex on that level. And yet on other levels, we're considered rather basic, we are after all *only* nature spirits, not great angels.

James: I suppose the spirit of a bacteria is not that big.

Verna: It's not a matter of big or small in the sense that you know it. It's all a matter of life experience, of light. All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you've been told, as it's the same for you, each experience you live is composed of many 'light's', that being that much light in the spirit of that experience. So our spirit existence is literally a sum of all the light experiences of light those creatures lived. Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live. The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can't grasp with your limited mind, you can through your soul perceptions when you're healed and of Celestial truth, but until then, you'll have no idea about it. And it's not just a thinking mind as yours currently mostly is, it's a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is – a mind of light. When an angel moves, it does so not because of it's feelings like you do, but because of it's mind, the spirit that its mind is, or, the mind of its spirit.



Crossover

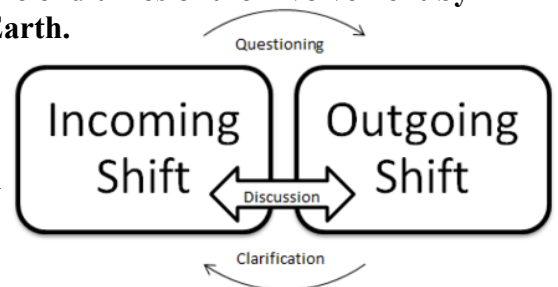
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

SPIRITS of TRUTH and HOLY SPIRIT:

More from James regarding Spirits:

The Holy Spirit provides differing support and guidance to that of the Indwelling Spirit. The Indwelling Spirits guides one to God, our Heavenly Mother and Father; the Holy Spirit brings Their Divine Love into our heart.

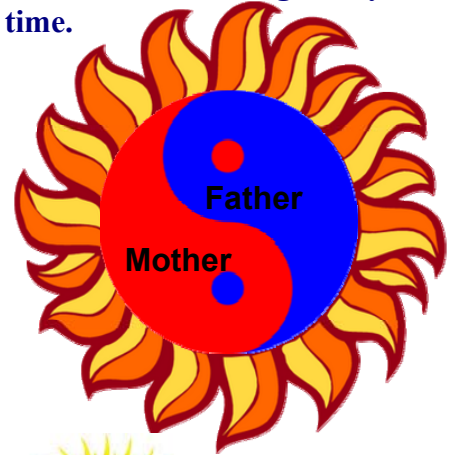
The Spirit of Truth becomes active ONLY when we choose to follow the ‘owner’ of that Spirit of Truth. So in our cases, Jesus and Mary Magdalene. We have to want to live the same truth as they are living, so ‘be like them’ and in doing so this activates the Spirit of Truth. And so if we choose to be as they are in truth, to live how they live the truth, to be of truth and the same truths they are, then with their Spirits of Truth assisting us we will come to relate to our Mother and Father just as they do.

We are growing spiritually in Mary and Jesus’ universe. We have to want to be as they are in truth, if we don’t want to do that then we’re rebelling against them. And if we don’t embrace them, then we’ll never leave Nebadon, the region of the universe that encapsulates Earth.

The whole idea about having Spirits of Truth coming from Paradise Pairs is so the ascending mortals (us) of that universe (from the Creator Pair) and specific worlds (from the Avonal Pairs), all end up living the same truths. And if we didn’t live the same truths, we’d all still remain all over the place and have nothing we can all connect with and relate to in each other.

So we can come from all over the planet, from very diverse races and cultures, yet because we all end up embracing the Spirits of Truth that are to help reveal the truths we are to know, so we’ll all be able to connect and relate to each other through the truth we’re living, all being able to live happily together as Celestials, and eventually as Celestials on Earth. It’s the Spirits of Truth that bring us all together, homogenises us if you like. And if we all lived true to them, we would not need any rules or laws because we would all be living and knowing the same truths – so all living the same way only expressing those truths individually.

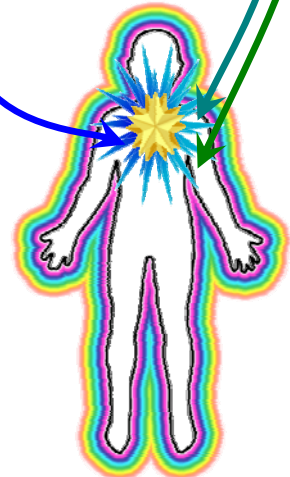
Our HEAVENLY PARENTS
have any number of spirit instruments assisting at any time.



Holy Spirit
conveys Divine Love from our Heavenly Parents



Spirits of Truth
of Mary Magdalene and Jesus



Nature Spirits control every aspect of the natural world:

28 June 2012

We have a progressive consciousness, we are evolving our minds, as I've told you, but they being a creation of Mind can so be influenced by higher angelic minds. So really in the mock you had, what I meant was we nature spirits can prevent fish from being caught if that's what we're asked to do by either higher angels on behalf of the Mother and Father, the Divine Minister in Nebadon, or by Sons and Daughters of Truth, that being Mary and Jesus, the Creator Pair, or Avonal Pairs.

We'd know the Avonal pair would ask us knowing from their feelings and the truth they were living that it would be what the Eternal Son and Infinite Daughter desired.

We nature spirits can control EVERY aspect of the natural world if need be. We can make anything happen, from causing earthquakes and volcanic eruptions, down to move the smallest bacteria this way and that. We can bring about any mutations that are desirable, and we can work in the moment or over long periods of time. Nothing is too much for us when it comes to influencing the material plane, that's what we're all about as nature spirits, we do always and continually influence it. By our very nature, our very existence we're influencing it. Nature on the physical level doesn't and can't exist without our ongoing influence. And as to that influence, what it entails, that all awaits humanity, and one day we'll be able to tell various people everything we do. There will be those people destined to have very close and open relationships with our kind, and they will learn and see what we do. And then humanity will be able to move toward living more truly with us and our natural influence, all of which will make people feel so much happier about how they live and treat their natural environment. Currently you are so far away from the truth, heading fast in the opposite direction, so you are the furthest you've ever been from our kind. But once the age changes, then we'll be able to come to you as you'll be able to come to us and things will start to change for the better, that's what we're all looking forward to.

Potsy, the cat, her spirit has gone to join with the combined spirit from all Earth's creatures, to be drawn upon to create us nature spirits, and in fact the sporangia as well, having become part of the spirit collective energy from which my kind, among others, are drawn.

New Cosmic Light:

27 September 2011

There is new cosmic light coming to Urantia (Earth) from Paradise, being stepped down in universal harmony through Nebadon; and certainly there is new soul-light being emitted from every soul on the planet, but as to how people choose to react to all of that is a personal choice, and many will fight their natural desire to seek the truth and so heal themselves, choosing instead to keep going in their negative states. And for such people, some will be relatively successful at doing it and keeping abreast of the increasing 'lights', others won't be so successful, failing and then succumbing to their bad feelings. And many will go to their graves feeling very bad about life; other's will want to know why they feel so bad so often, and honour their bad feelings and start looking seriously for the truth. But overall, increasing inner and outer pressure will be brought to bare on humanity as it moves through the next age. A certain level of collective consciousness about it's negative state, and a certain level of desire to heal humanity's evilness needs, both personally and collectively, to be achieved by the end of the next age; and as all things are perfect, it will be.



Nature Spirits interaction with Humanity:

28 September 2011

James: So you ensure what evolves does so in accordance with the relevant Earth conditions?

Verna: Yes. We mostly work at by knowing what plan there is for life and knowing what Earth changes are to occur, we can ensure that life is affected the way it needs to be by such changes. We can, for example, move a specific individual creature into a place that will ensure it's affected as so desired by the Earth changes, we do that by impressing upon its mind where it is to go. And we can impress on every life form that sort of light stimulant. With sedentary creatures, and getting certain plants to grow in certain places takes somewhat more planning, but still there's nothing we can't do. If need be we can physically affect the physical plane, literally moving a creature from here to there, or making a seed move to a certain spot and causing it to grow. We can't uproot mature plants or seedlings as it were, and move them about the globe, but we can on the seed level. It's easy for us to say, make one or a certain number of seeds germinate and then flourish in a certain place, and others not germinate, or germinate but then die, or whatever is needed.

James: How much do you interfere, as compared to how much would just naturally evolve?

Verna: On a percentage basis, we work at about 60:40 in our favour, that being we make 60% of things happen. The 40% happens mostly naturally as a result of our meddling – indirectly, so you could say we have a say in everything.

James: So you must have a very good understanding of ecosystems and the interrelation of everything and all what it takes to keep everything going?

Verna: We do, it being built up over years of experience. And it's easy for us to pass our experience on to each other. We can sort of 'download' it, or share it, with each other. But there are certain 'conditions' that need to be met for this to happen. Such as, if I was to receive all about one ecosystem from another nature spirit who is an expert in that field, then I would have to be moving into that field, I couldn't just receive that information because I like receiving information, or think it would be fun, it all has to be for very specific reasons. And then I receive it as light, not instant knowing about it all as if I'm an instant expert, but as I learn and develop my craft in that field, I can readily access all I've received from others to help me. So it increases our learning time, which becomes more of an assimilation of knowledge.

James: So if we could speak to you, you'd have a lot to say about ecosystems and the environment?

Verna: Yes. And in time we'll impart it all to humanity. You are to know all about your world.

James: But we're really to know about it with your kind, not just as we currently are, with scientists trying to work it out themselves?

Verna: Yes, that's right. You're not meant to go it all alone, as we're meant to help guide you along a certain natural path, that being which corresponds to the natural part of you, the part of mankind that has evolved on Earth.

James: I see, so we'd evolve the truth parts of ourselves through our feelings, but so far as finding out about things, and receiving guidance as to what would be a good direction to move in concerning the natural plane, you'd help us there?

Verna: Yes, we'd ensure you kept up to date relative to your level of truth. We'd effectively help you in your relationship with the natural world, all in keeping with your feelings and the truth you were living.

James: So we wouldn't be going off on a tangent as we are now?

Verna: No, you would have long since come to respect and understand your true role in the natural cycle of things. You wouldn't be abusing the planet as you are, using it all for own self-gain. Some of your native people and early man did listen a little to us, but mostly all of that was too heavily interfered with by superstition, relegating us to being some sort of imaginary little fairy person.

James: So really our natural evolution is completely linked to the nature spirits?

Verna: Without our help you wouldn't be able to evolve it. As you can see for yourselves now. We are meant to play an interictal role with you.

James: And so that would be done – how? Through those people who can speak, see and listen to you?

Verna: Yes, however not just them. Even if someone is not directly wanting to or able to communicate with us, such as Marion for example, as it's not part of her soul's growth currently, but that doesn't mean that we can't still help her through her feelings, which we do. We are able to impress certain insights and understandings upon her, we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So there's more to our relationship with you than just being able to receive your instructions as to where to plant and what to do to grow huge vegetables?

Verna: That's right, that's the least of it. It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); **BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS**, by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

James: So really, your kind is to have a very close and complete relationship with us?

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and it's relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But

that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

James: But won't we want to try and understand what causes earthquakes and volcanos so as to stop them or modify them, to change all that is natural?

Verna: You will in your current state, but in time such minds will become the minority on the world. The majority will want to leave it be, not tamper with things, learning how to be part of the whole fitting in with and respecting all other life, not taking over making everything suit yourselves. Other creatures are entitled to a good life, even though they might be less than you on the evolutionary scale.

James: I know, and I wish everyone else saw it that way too. It certainly would be a better place to live in.

It will come, it will take a while, but the groundwork for change is currently being put into place. Daily more people are waking up to how nature abusive your way of life is, and the Earth changes will wake up a lot more.

James: So what about the volcano, what are your people doing with it now?

Verna: We're helping to agitate the lava to ensure it does what it's meant to do and goes where it's meant to go, and when.

James: How do you do that?

We do all we do with light. We can manipulate light to a certain degree; we have such powers bestowed on us at our time of creation. We have a range, and it's only a very small one in the great scheme of things, but it entitles us to use certain frequencies of light to carry out our work. So we 'inject', if you like, certain light into the magma stream, just as you've felt some of your accompanying angels inject light into your subtle-body system.

We can inject a light, it all being on a spiritual level into the physical magma or surrounding rock, that then subtly affects things on a physical level. If you were to study such phenomena, you'd find there were certain laws, as everything works on the physical plane according to certain truths, but it's our involvement that allows, and indeed keeps, it all working in accordance with the laws.

James: So you're saying the laws are natural laws governed by, or are expressions of, higher spiritual truths?

Verna: Yes.

James: So all the natural laws scientists work out through their experiments and observations are really governed by higher spiritual truths?

Verna: Yes, and were you working to evolve your soul in truth, then as you explored the physical laws, so too would you become aware of the spiritual ones through your feelings.

James: I have had a small sense of this in my simple observations.

Verna: You have, and we've helped you, and for you and Marion it's not so much that you understand

certain physical laws, but to become aware of nature on a higher level, feeling your love of it and all that goes with that as you come to love and respect yourselves more. Other people will do what you're doing and at the same time be more focused on certain aspects of a law or laws and how they relate to their growing levels of truth. This being what you could say is the true way to be a scientist, to come to know nature through yourself, the nature of yourself. Not remain separate from it whilst you experiment on it subjecting it to all such feelingless cruel horror. If you were growing in truth you wouldn't be wanting to experiment on anything or anyone because you wouldn't be experimenting on yourself, which so many people are doing without realising as they live untrue to themselves. They are an experiment in being negative, evil and unloving, not even understanding they are hurting themselves terribly, let alone hurting nature.

So it's conceivable some people will have very personal relationships with the creatures, whilst they are growing in truth.

15 October 2011

Verna: For those people who will communicate directly with us, we'll be able to help you on all walks of life, not just things to do with nature. Our bearing and your intention will come through your love of nature and wanting to do the right thing by it and yourself and wanting to understand how to have a better, truer and more loving relationship with it, but don't think you need limit yourself to discussing and asking us for help on just nature topics. We'll be more than happy to speak with you about any aspect of your life, and many of us are well versed in the complexities of your negative mind, and all that it involves trying to get yourselves out of it, as many of our kind have been looking in on James and Marion as well as getting reports passed down to us from the Divine Love Mansion Worlds. And of course we have a lot of healed Celestial spirits visiting us, all who are more than willing to share their healing experiences with us. We are far more than just cute little nature fairies running about having little parties or casting some kind of spell on you. Forget about all of that and remain serious about the truth. But of course still express such feelings if you have them about us.

We are in fact your first contact with the spirit world. We should, by rights, be an open part of your lives wholly integrated by now. But instead you hardly know of our existence and we've had very little, personally, to do with you through these rebellion years.

James: So primitive man would have first had and maintained contact with you?

Verna: Yes, and it's really a part of our job to help primitive man understand that there are other realities to life, and that spirit life is very diverse, and that we can introduce you to higher spirits, even to where you will be going after death. And we would help you understand the environment and how to be a proper caring participant in it. We'd help you understand how to relate truly to all creatures. We'd show you the whole web of life in the natural plane, all so you could master living in the physical. And we'd have assisted you in each upstepping, each new spiritual phase, all so that by the time humanity would be ready to partake of the Divine Love, it would have a full and thorough understanding of all the physical realm. You can't work it all out by yourselves, even though your scientists believe you can. You are only limiting yourselves to a very small part, and one that is a dead-end. But with our help and our being a natural part of your every day lives, we'll help you grow and expand into all areas of the physical, all to make your lives the most enjoyable they can be in flesh. We'll show you how to completely work with nature, not against it. We are to help bring you to the outer threshold of the physical so you are fully ready to move on into the spiritual.

James: That helps me understand where you fit in. I've overlooked your kind, wanting to talk and communicate directly with spirits.

Verna: Yes, we know, but now at least you're making amends for your snubbing us.

James: I didn't even know you were there, other than being cute little fairy people who do something with nature.

Verna: Yes, well now you know otherwise. And I hope I am showing you that my kind are more than a cute little Tinkerbelle. We know about all sorts of things, and you only have to ask. We can advise those of the highest scientific minds on their subjects. And if only a lot of your scientists would listen to us, we'd soon have things making an about face. Which is of course why they don't listen to us. But you people who want to go in the opposite direction to the negative would be wise not to overlook us. In fact you can't overlook us, certain people are going to play key roles in bringing us forward, in making true connections and having real relationships with us, because humanity still has to include us as being part of its life experience on the physical plane, as part of its overall spiritual evolution and growth of truth. So we're not going to be dismissed and ignored for much longer, which we're very happy about. As I said, we've got a lot to tell you about, so we want willing-to-listen ears, and people who want to know, so ask enquiring questions. And all we're doing with you, will be in keeping with your healing, it will be part of it, just as it's a part of yours James.

James: So really, **we are to look to your kind to help us understand all about the physical realm?**

Verna: Yes, **we're your first spiritual port of call** so to speak.

James: Verna can you please tell me more about what we finished talking about yesterday?

Verna: Certainly James. As I was saying, **humanity is meant to have an ongoing, ever broadening and deepening and satisfying relationship with us nature spirits.** And really it's part of our growth as well, although many of us are having to forego this as they are to move on and have moved on without any personal interaction with humanity.

We are both meant to evolve together, you using your feelings, and we using our minds. It's the initial relationship as seen in the relationship between the Eternal Son and the Infinite Daughter, this being what you then maintain as you ascend through the Mansion Worlds and into the Celestial spheres all the way to Paradise. In the Mansion Worlds you move to relating more directly with angels, which you are then able to completely fraternise with in the Celestial spheres. And of course you can do all of this whilst of flesh, although until the Morontial Temple arrives, you can't actually see us. Those people with inner sight will be able to see us as we present ourselves to them, but they still won't be able to see us in our true form, you'll have to wait until you're Celestial to do that. But you will be able to soul-perceive our true state. And of course in flesh you can also start and evolve relationships with angels, you don't have to confine yourselves to us, but we'll help you fill in the gaps between yourselves and angels.

And I want to say here that we are not to be confused with midwayer creatures as referred to in the Urantia Book. They are separate to us. We can work together, but mostly we don't have much to do with each other.

James: What about, say you with the Australian Aborigines, how did they relate to you?

Verna: Not that well. All primitive people have had a little to do with us over time, but mostly it's severely limited by their superstitions. The Aborigines developed what they call their Dreaming, but

that's all based on communication with their relatives in the lower Mansion Worlds and Earth planes, so it's all based on fear and is very limiting, keeping them in their primitive state and not allowing them to evolve in truth. All the primitive people, having been greatly affected by the Rebellion and Default, remained in their primitive states because of their fears. Fear means you're living without truth, then it becomes a way of life, as you all live. So called modern man is only more able to use his mind to control his fears yet adding more fear all the time the further he moves away from the truth and his true self – the truth of his true self. So in your modern white world you are repressing more fear daily, making your lives increasingly stressful as you deny more of your true feelings.

Occasionally, even with more modern people, we are able to make contact and impart a little understanding about whatever they are interested in, but it's very slow, and only very occasionally now. Early on in Rebellion, and of course before it, we had more of a relationship with primitive man helping him to survive in his world, but that's faded over time **until now where we have about zero input with you.**

3 May 2012

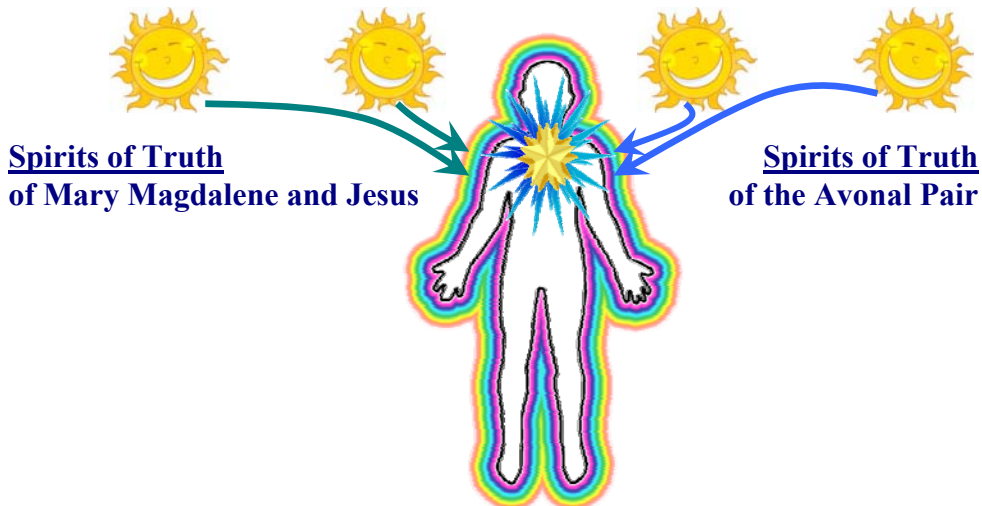
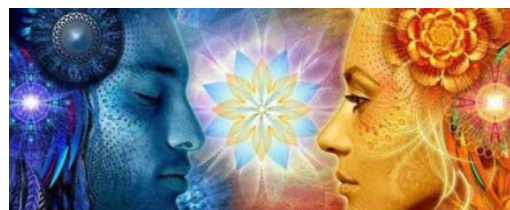
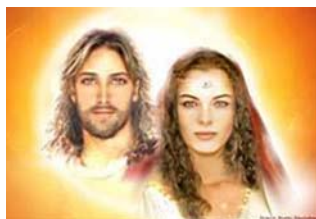
Verna: The humanity that decides it wants to heal and so remove itself from the control of evil, will come to discover that humanity is always meant to have angelic help, it being part of what is needed to advance in truth in a true state. And it's because of this angelic denial that mostly you've languished in the morass of your own doing.

There will be a great amount of help given to those truth seeking people in the years to come, much of which will astonish those involved. It certainly will open up another dimension of life for many people. Not all people of course will have direct and open communication with my kind or higher angels, but that won't matter as such people will not require it, but they will understand it and benefit from it.

And as we've suggested to you, humanity is going to need a lot of outside help to rectify all the mess you've created throughout this age. And with what's to come before the age ends, the mess as it currently stands in is small.

James: So we're really going to fuck the planet up with all our wars and continued development.

Verna: Yes, all sorts of evilness is going to unleashed, more than already exists.



Nature Spirits with the Future of Humanity:

25 February 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

James: Verna, I've been feeling to ask you more about how your kind will be with future humanity.

Verna: It will be largely with our help that humanity will solve its problems on Earth, that being how to fix all the damage you've done to nature. The Celestial spirits will mainly help people with their personal problems of self-expression and their feeling- and soul-healing, and so the hands on physical stuff will be done with us. There will be, still for a long time, those people still wanting to push on in their evilness as will there continue to be such evil influences from spirits of the mind Mansion Worlds helping to inspire them (now blocked as from 22 March 2017), but increasingly as people long to live true to themselves there will be those people wanting the truth coming together in small groups around the world where we can be of some assistance to you.

And there will be specific people who will easily be able to communicate with us, through whom we'll work, such as I am with you. With some people it will be more intellectual things like with you, understanding more about us and all the problems; then other people more practical hands on things to help change the conditions of the Earth, such as how to rid a local area of the varying types of pollution that exist, how to live closer to Earth and oneself, what foods are best to eat and how to grow them, all that sort of thing. (Consider – New Biosphere Agriculture)

There will be enclaves of people coming together seeking to live true to themselves and do their healing, and with these people we'll work. We won't be working with people who persist in living in evil, we have done that to a certain extent up until now, mostly helping them further their evilness, but during the ages to come we won't do that. We don't want to do it anyway, but have had to help humanity progress in their evilness; but from the next age, we'll not be allowed to anyway. It will be a real sign that things have changed. Many aspects of humanity's life that's involved the ongoing abuse of nature will not be so easy to do without our direct help, which in turn will cause many other problems, all of which will become too overwhelming in the end for those people still wanting to live true to their soul by denying and controlling many of their feelings.

James: So you've, for example, helped people say develop the medicines needed to combat the diseases we've made for ourselves?

Verna: Yes, but our collaboration is soon to stop there, so humanity that persists in being evil will be entirely on its own, and that will cause many problems, as I said. It's been only with our input that you've been able to keep abreast of such disease as you have, but when we stop helping you, you'll be swamped with resistant bacteria and no way of stopping them. **The only way to heal and protect yourself from them will be to live true to yourselves.** You see James, we will then be able to go full steam ahead the other way, we'll be able to help protect those enclaves and individuals that do want to live true to themselves. And as they struggle to do their healing we'll look after them from our side. And oh what a relief it will be to help humanity come back to its true self rather than help it further its self-denial.

With all that's destined to happen over the coming years, humanity is going to make a right hack job of nature, far worse than what's already happened, so without our help, all those people who want to keep abusing it will be entirely on their own and suffer the consequences. We won't be able to go against the prevailing Spirits of Truth, and so we'll be only able to support those people who strive to live true to their own spirit of truth.

There are going to be two distinct humanity's by the end of the next age James, those people persisting

in evil and those who are trying to get themselves out of it and are out of it. Then the Divine Love, as you know, will be withdrawn from being attained at the end of the next age of 1,000 years, and it will be up to humanity, with our help, to keep healing itself, doing it's feeling-healing as you call it.

Those people who do ask for help, as they will through their striving to be true, will enjoy their relationship with us. We'll cease to be just funny little people at the bottom of the garden, ridiculed and made fun of, feared and not thought we do anything else other than have garden tea-parties; we'll come into our own right with you as being the nature spirits of Earth and so to whom you should look if you want to understand how you are to live truly with nature. You'll, of course, be led through your feelings, but we'll fill in all the missing parts, and we are all looking forward to working with humanity this way. It's been a long time in coming. It started out that way until the Rebellion ruined it all; and we should be working alongside you in all you do, that is our rightful place, not consigned to a few children's books and not really taken seriously at all.

We are NATURE SPIRITS, the very spirit of nature, we know all that nature is, we know all there is to know and we're more than ready to impart such understanding to humanity.

Verna, thank you again, but I have to stop, it's hot today and the computer is getting too hot on my lap.

Speak to you soon James. Over and out!

WE SUBMIT TO EMBRACING OUR PARENTS ERRORS!

At the moment of conception your soul activated your will to become of your earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing. Jesus Message 33 (part) 9 January 2003
The Rejected Ones – Living True to One's Feelings by James Moncrief



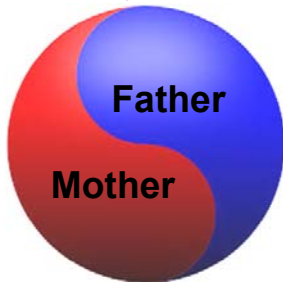
Like Father – Like Son

Like Mother – Like Daughter



AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of EARTH:

Heavenly Parents



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



AVONAL PAIR

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.



Soulmates

COUNCIL OF ELDERS



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

Soulmate PAIR while living in the physical of earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



GLOBAL HUMANITARIAN FUND

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



GUIDANCE for NEW BIOSPHERE AGRICULTURE and other such endeavours:

Monday, 30 October 2017:

Graham: Thank you James and Verna. There is a lot to take in there. I have read it three times so far.

I sense, Verna, that our agricultural systems are so far from the truth, that everything we do to enhance them is just fuelling the wrongness. And Man's audacity to think we know better than the nature spirits. Our ego and the world controllers driving the need to change everything that shows up bad, instead of embracing the bad, longing for the truth of the bad so that everything can flourish in Truth.

How amazing that we continue to manipulate crops to apparently grow much better than nature intended, yet as a result create food with insufficient nutrient density to fuel a physical body attempting to thrive in a state of truth. It is funny, even the mind bound scientists' research shows that yields are not much improved over the last 50 years.

So rather than looking for a way to support large mono cultures, stripping the land of life and diversity, we should be looking more at poly cultural systems, perhaps even permaculture. Smaller plots, tended by everyone so we can all feel the true connection with nature. Have a true connection with that from which we derive our energy. We are to Heal our own selves of our false way of living, and then we can work in harmony with all forces and nature spirits to bring the soil back to its truthful state, allow the plants to grow in truth, and then be able to truly benefit from the nourishment derived.

I also get a sense that if we give over to The Mother and Father, to the Nature Spirits, Heal our fear of scarcity and survival, then all we tend will grow in truth to its maximum potential.

I hope this has come from my heart and not my mind.

Verna, Nature Spirit: You're spot on Graham, I can't tell you how good it is to hear you say and think like that – you understand, and that's what we are hoping for. You live denying yourselves, so you have to create food that is of that same denial, so you deny nature and the very plants and animals you look to for your sustenance so as to maintain the levels of untruth you are living. And then that causes you problems which you have to then do other self-hating things to overcome, and on it goes, the ever downward spiral into oblivion.

So if you reverse that and Heal yourselves, then you'll be of a perfect truth level of Natural love equal to that with nature, so you'll respect it and have a true, loving and perfect relationship with it. You won't deny and abuse it, as you'll no longer be denying and abusing yourselves. And we nature spirits will match you every step of the way.

Ideally humanity is to live in smallish groups, say up to 1,000 people, communally so you can all look after and be involved with pregnancies, births, children, adulthood and old age and death, everyone knowing what's going on, and all loving, supporting and respecting each other, as you live with nature to feed and shelter yourselves according to your ever evolving levels of truth. So without the need for money and ownership of land, no cities, everyone having to spend time growing and collecting food, everyone staying connected with the basic physical needs and how to satisfy them, and all the time with everyone paying full attention to, fully respecting, all their feelings and longing for the truth of them. So you don't just get stuck in a primitive state, isolated and insular in your stagnant ways of life like many subsistence and native people have done, stuck in their truth-denying ways and superstitious beliefs; that you are always growing and evolving in truth, and with no idea as to how that will affect you personally and then collectively.

Humanity has no idea how it will live in groups of fully true and Healed people, evolving their truth on and up through the Celestial levels, sharing their thoughts and feelings, all whilst anchored to the physical. That awaits mankind, to live that way and relish and love with all your hearts the beauty of life created by such people. And nature will flourish with such flourishing natures of people, it all working to support and benefit the whole.

And so there will not be the concerns that you have now, no overpopulation, no sex for the need to comfort and pleasure yourselves because you feel so bereft and deprived of love. And your dietary needs will change and evolve to where you won't need to kill or harm another creature, living literally off the fruits of the land and all what is produced naturally, with no force, not having to intensify anything, dealing with disease and bugs according to the levels of truth you are living, all so there won't be any problem with them, they only being required to break down material when it's been finished with.

But all of that is a long way off Graham, however the seeds can now be sown as people such as yourself see the bigger picture, understand the fundamentals of truth, and start living them even in your small way in life. You've started to 'farm' yourself with love through self-acceptance of your pain. And that is leading you to the truth in you.

We feel very excited by it, it's been a long time in coming, and as more people awaken to the truth, so things will start to get interesting as we'll be able to have more of a say and input in your lives, even if you are not consciously relating to us. Things will happen because we'll be freer to act, no longer hemmed in by the constraints imposed on us by the Rebellion and Default.

You have your band of Celestial spirits with you Graham helping you see things in the light of such truth, that which you've written in your answering post, so you are now on your way, growing in truth and that will continue to be reflected in all that you do.

And you have a band of our kind too, who will assist you in your farming and nature thoughts, we connect with everyone who embraces the truth, it all being part of your re-connection. So we and your angels and spirit helpers can all come closer to you, all helping you in little ways to see and understand things about yourself, nature, how you live currently and how it has been, and about our Mother and Father.

So you carry now a little light of our truth within your heart, and that will keep growing. We all love all you are wanting to do Graham, loving you for yourself and for what you are now doing. Verna.

U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half



**Feeling
Healing with
Divine Love is
the key!**



always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity' .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up

our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



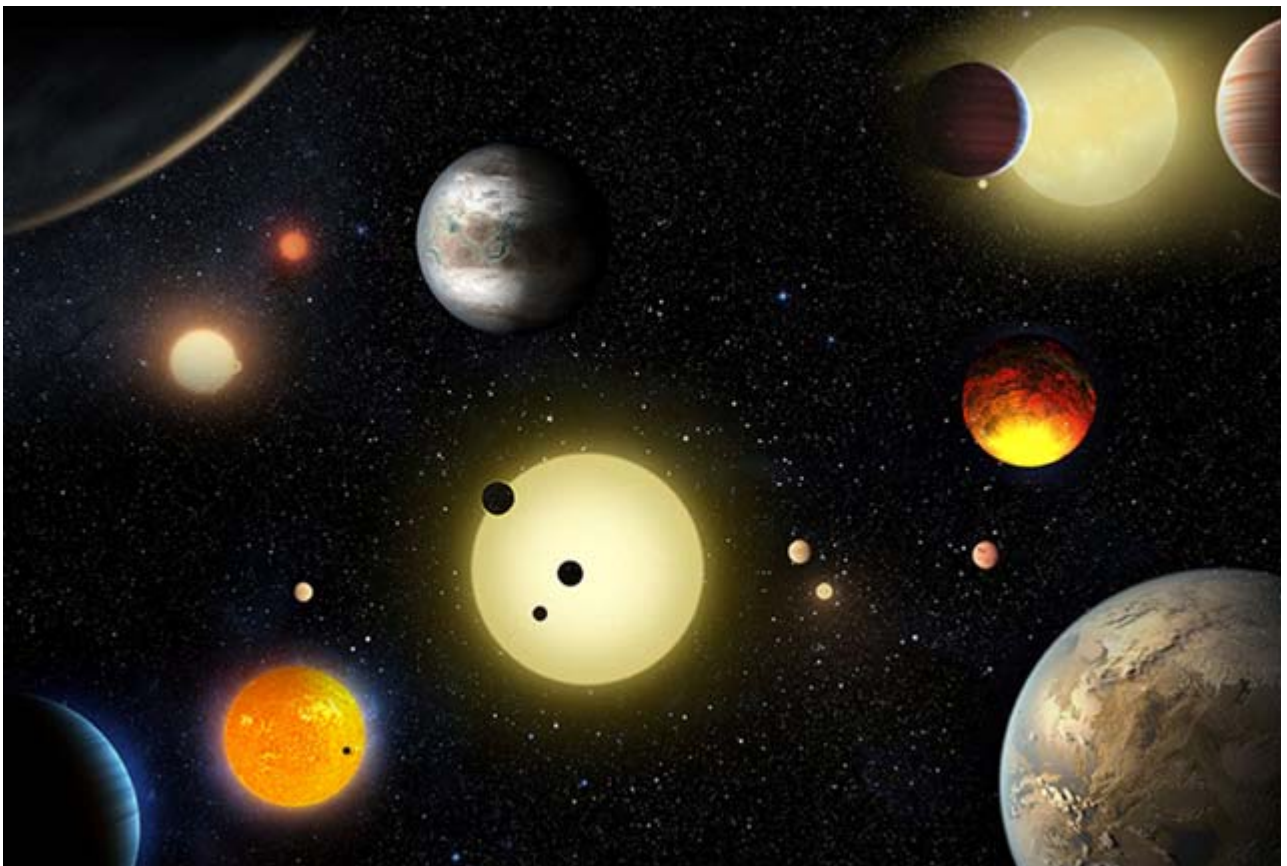
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
	http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm	

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

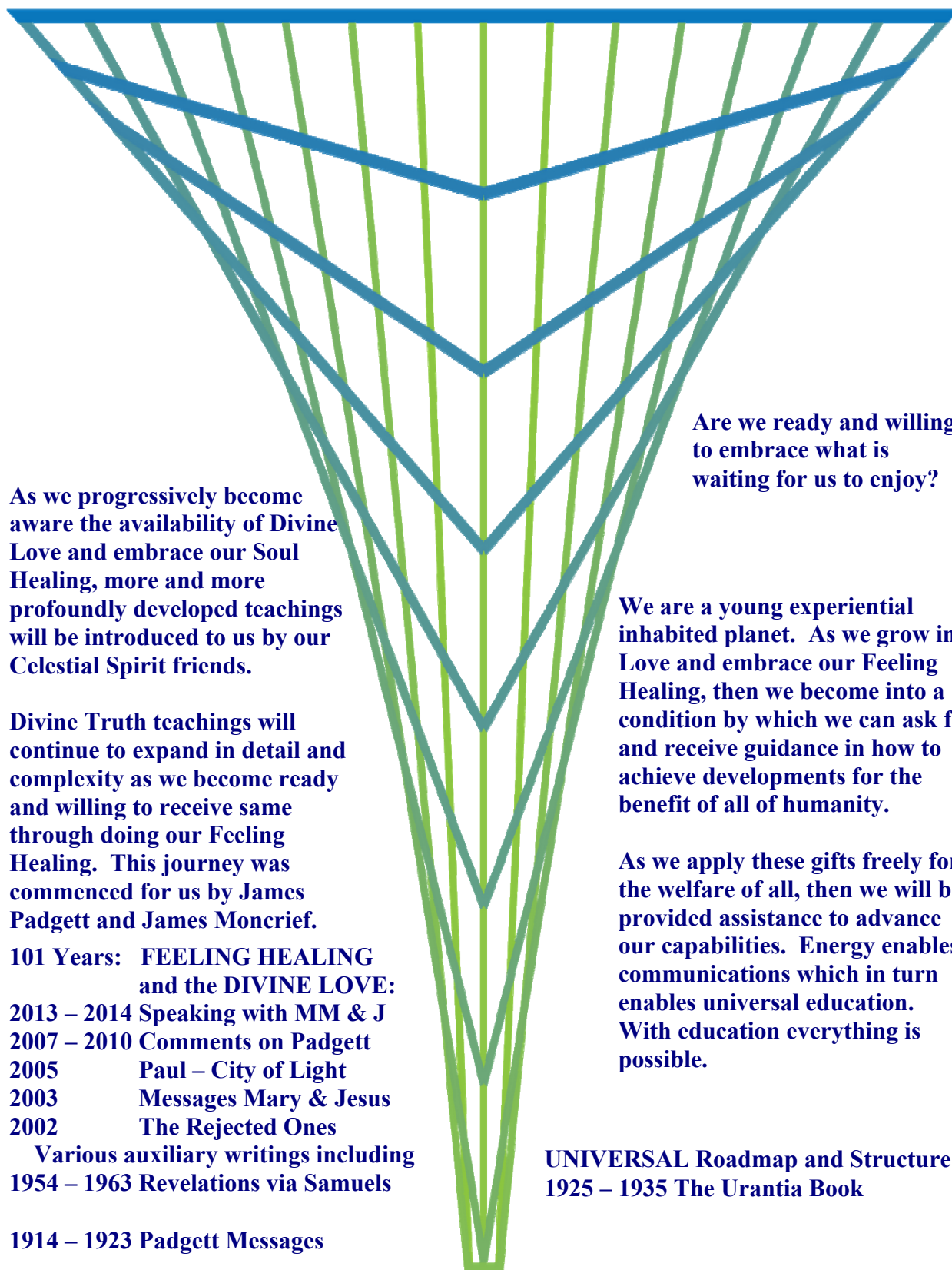
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Divine Love
is the key!**



God's Divine Love: Pray for it, ask for it, and receive it.

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens:**

