

# PASCAS CARE

## Journey of a Family

### Translation to Celestial Heaven



“Peace And Spirit Creating Alternative Solutions”

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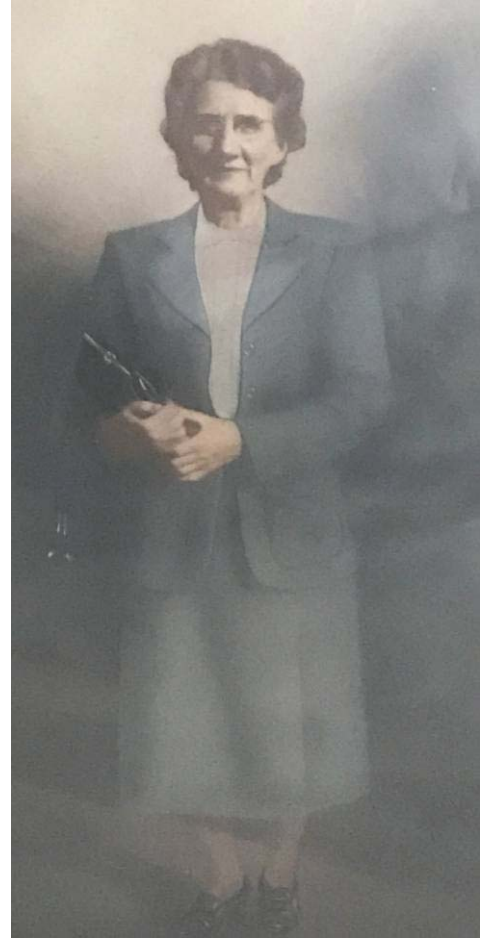
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**Elizabeth Mary McDonell – Beth – Nanna Beth:**



Elizabeth Mary McAlister was born 24 January 1890, she married Norman Alexander McDonell. The children they had together are Eric, Marie Josephine, Charles (Alister), Bede, Norma and Terry.

Marie Josephine married James Hetherington Lloyd Doel and their children are Joyce, Lloyd, Marjorie and John. As of 2017, Joyce, Lloyd and Marjorie live in West Wyalong, central New South Wales, Australia.

Elizabeth Mary McAlister was referred to as Eliza, and as our grandmother, as Nanna.

Eliza (Beth) obtained a music degree in Goulburn (in rural New South Wales). Beth frequently visited her sister, Anne who was married to Sydney Corby, Winsome Corby, and other relatives in Goulburn. The degree related to the piano. When she and Norman moved from their rural sheep and wheat property known as 'Killarney' in the hamlet of Buddigower, 30 kilometres (20 miles) south west of West Wyalong, to 50 Creswell Street, West Wyalong, in 1949, they installed the piano which is still there today, in 2017, which is the home for Joyce. When they bought the home in 1949 it was the only home for sale in West Wyalong, at that time.

Sons Alister and Bede went to war – World War II. Bede died in Changi Prison in Singapore. When Alister returned and married Marie Sloane, the two families lived in the home at 'Killarney', so it was time for Beth and Norman to move to the town of West Wyalong, as they did in 1949.

The McDonnell farm at Buddigower was next to the Doel farm at Buddigower. The Doel farm had become three, being that of the brothers Geoffrey, Francis (Frank) and James (Jim) Doel.

Marie Doel was in hospital being treated for tuberculosis at the time of John Doel's birth on 16 January 1947. John was separated from his mother for more than six months and was cared for by the extended family.

Beth came to the care of John when he was crying in his pram, she missed a step and fell, breaking her hip. John's sister, Joyce, then nine, went and fetched her father (Jim) for assistance. It was a struggle for Beth to get up into a chair. From then on, Beth walked with a walking stick.

Marie Doel had brunette reddish hair. Maybe so did Beth. Beth had thick wavy hair. Maybe the reddish hair came from the McGuinness side of the family.

Beth was 'a real lady'. She loved her vegetable patch, she loved the chickens, and she travelled by a horse and sulky. She did not learn how to drive a car. Pop, Norman, was a working man. Nanna, Beth, always had an urn on the wood stove for hot water, a copper was used to wash clothes, and as 'Killarney' was a sheep and wheat farm, mutton was the main meat, though chicken and turkey supplemented.

Nanna Beth was considered to be very psychic.

Beth contracted pancreatic cancer and died on 5 October 1951 in a hospital in Sydney. She was then buried in Sydney. She died aged 61. John was born 16 January 1947 and was 4 years and nearly 9 months old when Nanna Beth died.

John, her grandson, would have been four and a half years old when his doting grandmother passed over.

And here we, Beth and John, are together in a manner unimaginable.



**John appears to be hot wired to Nanna Beth!**

**Beth speaking through James Moncrief**

Monday, 27 March 2017

Questions from John:

Hello Nanna Beth

(Nanna Beth is from within the 3<sup>rd</sup> Celestial Heaven sphere)

Since the time my mother, your daughter, Marie Josephine died on 26 September 1971, I have not been able to feel her thoughts or presence. When she passed over, we had a beautiful exchange and farewell. Would you please let me know what sphere she may be in? More importantly, has she embraced our Parents' Love and Healing Process?

Nanna Beth: Your mother got caught up in a new romance and they both needed to do a lot in the mind worlds, so she wasn't interested in what was happening back on Earth, she leaving you to it, seeing that you were being well looked after by the likes of myself and others. She has since come to her senses, and is now in the Healing worlds, however she's only just entered the fifth world (5<sup>th</sup> Divine Love Spirit Mansion World sphere) and is intent to keep working on herself, for as you understand, we all have so much to work through, and really once you are committed to it, you don't want the distractions. I see her and help her, as do others of our clan and other spirits who she will end up with. She finished her relationship with that man and that was part of her looking for higher guidance from us, which took her into doing her Healing.

John: First cousin Raymond Bede McDonell passed later on 22 October 1971 from a motor vehicle accident. Has he embraced the Healing Process and which sphere is he now in please?

Nanna Beth: Yes, he too is working through the Healing worlds, he's in the mid-seventh (7<sup>th</sup> Divine Love Sphere).

John: Nephew Bradley Cooper had a dreadful time and suicided on 21 September 1999. My feeling is that he has embraced the Love and Healing Process. I felt that he had just entered the 3rd Divine Love sphere at the time his father Kevin went into a coma and subsequently died. I felt that Bradley was then helping his father before Kevin died on 10 August 2012. Where are they each now please?

Nanna Beth: Yes your intuition was correct, they are both still in the seventh (7<sup>th</sup> Divine Love Spirit World). Brad has more work to do than Kev, not because he killed himself, but simply because he's got other things he needs to work through. When one comes to do one's Healing, it's not only just a matter of how much childhood repression you have within you that all needs to be addressed. If you missed out on certain life experiences, then you are to live them as well; if you have other areas of life to investigate because of what's in store in your future, that too is all worked in your Healing. Just because someone does their Healing relatively fast, doesn't necessarily mean they had little to Heal, it's just that they might not have needed to do other things along the way through their healing, which causes one's Healing to be extended. The Healing is one thing, but still we all have to work up through all the Mansion Worlds, so if our lives haven't provided us with what we needed to do while on Earth, then we need to fill in the gaps over here. And people who come over here and go relatively quickly into their Healing, will generally take longer with it because they have other things to do as well. Whereas someone who might have had a more complex emotional, spiritual and mental times on Earth, or one who does all those things in the mind worlds, might not need to spend as long ascending the Healing worlds. There are many, many differing factors, and so there's no point comparing one's healing time so far as to see how much they need to heal. We all need to heal all the same levels, so the whole seven Mansion Worlds, and how we do that and the time it takes varies for us all. I am extending the answer to this question for James to understand this too. And so it's not just a matter of getting on and completing your Healing, for there's a lot more involved in that, something James is coming to terms with more as his healing is taking so much more time than he thought it would take. Time needs to be lived, there is always more than what you think going on, and even though we are never aware of

all the intricacies, still we can live with faith – how Marion does, that she will do all she needs to do and all in the right time, which is true.

What I meant above John was, your intuition was correct back then when you had it, however now they have both ascended to the seventh Mansion World (7<sup>th</sup> Divine Love Spirit Mansion World). Kevin is soon to make the move into the first Celestial, however Brad will take longer still because of other things he has to do. And I will add, yes, he did have a dreadful time which led to his suicide however he wasn't, as such, punished for taking his own life as so many people believe happens, as even Helen Padgett said (within the Padgett Messages). Sometimes that happens, but that's the same as with everything, but taking your own life doesn't, of itself, hold any extra penalty, for the person doing it can't be blamed for feeling so bad. But some people do have to spend time serving a sort of, what might be called penance, but really that's a time for their system, their spirit to adjust on inner levels so as to bring their mind and the rest of their personality into a functioning capacity. Other people however can take their own life and wake up carrying on like any other spirit does, it all being to do with how much inner trauma they are suffering and how that suffering is taking place within him. It's quite involved and if you are interested I can give you more information. But it's not black and white. And Brad, because of the mix of his trauma and beliefs didn't spend long before he rejoined normal spirit life.

Brad did initially help his father, however once he started his Healing he quickly came to realise that his father was the greater part of his reason for feeling so bad that he had to kill himself trying to rid himself of his inner anguish, so they quickly parted ways. And still are apart, and won't be friends again until they've both finished their Healing.

John: [Are there other members of our family that you would like to comment on regarding their situations since they passed over into spirit?](#)

Nanna Beth: No, as there's no real point at this time. You'll have more than enough time to catch up with everyone when you come over. It's far more important for you, John, to keep focused on what you are doing, you are out there on your own, and there is, in that experience, a lot for you to embrace, much of which will only make sense when you come over. However it's all very necessary as it's preparing you for what you'll be doing over here once you've done your Healing – we are always preparing ourselves for what lies ahead. We are forever children of our loving Parents.

**Feeling  
Healing with  
Divine Love is  
the key!**



# Boundaries of HELL!

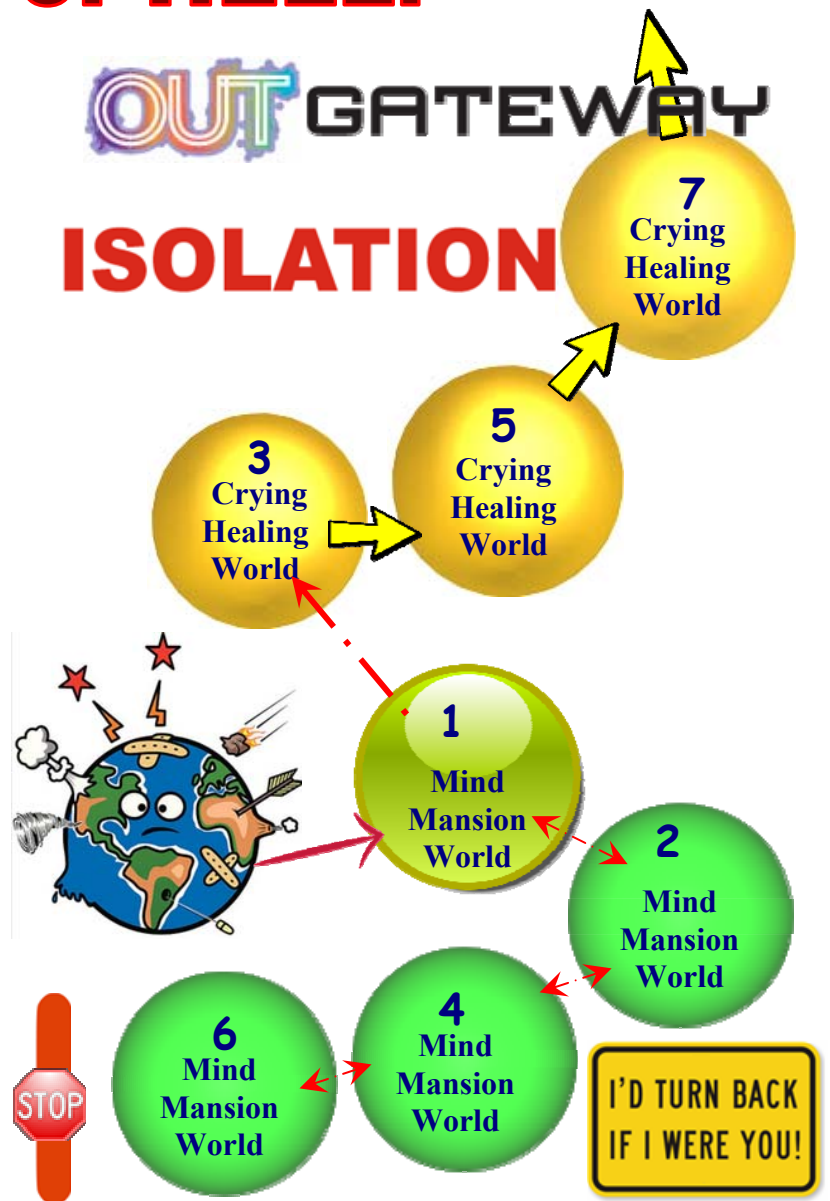
The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.

Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> Mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> Mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who continue to endeavour to inflict harm on others may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system.



**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**After the HAND OVER!**

**Divine Love progress is to infinity**

**Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.**

**These calibrations are an approximation**

**utilising Dr David Hawkins’**

**‘Map of Consciousness’ table:**

**Natural Love peak is 1,000 on MoC**

**Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 840 – 1,000**

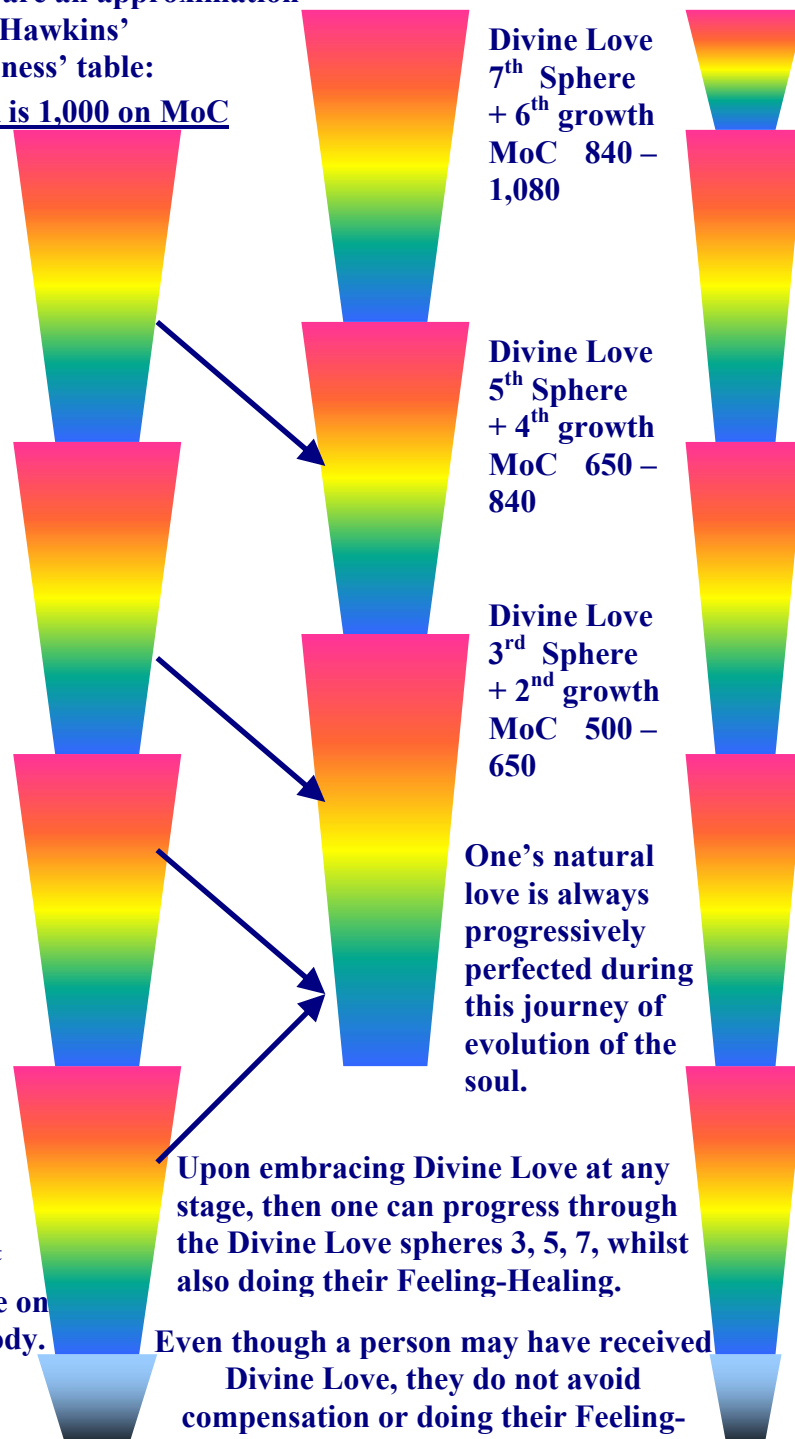
**Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 650 – 840**

**Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds with  
Feeling Healing  
MoC 500 – 650**

**Natural Love  
1<sup>st</sup> Sphere  
  
MoC 200 – 500**

**We all enter the 1<sup>st</sup>  
natural love sphere on  
the death of our body.**

**HELL planes:  
MoC 1 – 200  
Hells being a sub-set of  
2 Spheres of Disharmony.**



**Divine Love  
7<sup>th</sup> Sphere  
+ 6<sup>th</sup> growth  
MoC 840 –  
1,080**

**Divine Love  
5<sup>th</sup> Sphere  
+ 4<sup>th</sup> growth  
MoC 650 –  
840**

**Divine Love  
3<sup>rd</sup> Sphere  
+ 2<sup>nd</sup> growth  
MoC 500 –  
650**

**One’s natural  
love is always  
progressively  
perfected during  
this journey of  
evolution of the  
soul.**

**Upon embracing Divine Love at any  
stage, then one can progress through  
the Divine Love spheres 3, 5, 7, whilst  
also doing their Feeling-Healing.**

**Even though a person may have received  
Divine Love, they do not avoid  
compensation or doing their Feeling-  
Healing, so they may still spend time within  
the spheres of disharmony.**

**Natural Love  
sectors for those  
doing their  
Feeling-Healing,  
without the Love,  
are within the  
Natural Love  
Mansion Worlds:**

**Progressing  
through the  
natural love  
worlds, within  
Feeling-Healing  
sectors, while  
doing one’s  
feeling healing,  
upon reaching the  
6<sup>th</sup> Sphere having  
completed  
Feeling-Healing,  
one can then  
embrace the  
Divine Love and  
proceed directly  
to the 5<sup>th</sup> Divine  
Love Sphere.**

**Then they may  
prepare to enter  
the Celestial  
Heaven Spheres  
from there.**

**This pathway is  
when the Divine  
Love is  
unavailable  
before perfecting**

**KEVIN'S PROGRESS**

Saturday, 22 April 2017

**John: Oh, does Nanna Beth have something to say pertaining to Kevin's progress please?**

(Kevin is John's broth-in-law who died on 10 August 2012)

Hi John, you're feeling like you should have an update concerning Kevin, I'll put him on – Nanna Beth.

Kevin: Hello old man, yes it's me, Kevin, alive and well and very happy to be progressing ever closer to Paradise. Ha, I bet you never thought you'd hear me talking like that!

And well what you are picking up on is my soon to move into the first Celestial sphere. I'm nearly there, getting more excited, any day now really, all things being considered, so I'm told by those wiser and more experienced than I.

And oh boy what a trip it's been, something you can look forward to John – cough, cough. And nothing like what I thought life after death would be like, not that I thought much about it at all.

And yes, I'm privy to the goings on with you and James, all thanks to Nanna Beth and others in our family who are further ahead than I, however it's not for me to pass anything on to you this way, that's her department.

And so I am very well, and happy that you are rolling along with more than enough on your plate for about ten men to deal with, but that's how you always were, wanting to push the envelope so to speak, and interested in things that were beyond me and my fixed state of mind.

I can't talk long, Nanna Beth wants to have a few words, and although I'm not with you that much, I do visit occasionally, but mostly I'm too preoccupied with my Healing, as you no doubt understand. So I'll best be getting along, and I'm looking forward to when your time comes and we'll be able to have some good talks, I'll be able to show you around a bit – how's that? So I'm looking forward to seeing you again, not that you're expected anytime soon mind you, and as I'm rabbiting on, I send you my love and best wishes – Kev.

Sunday, 30 April 2017

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Kevin is very pleased that you felt it was him, and that he was able to impress enough of himself on James' mind so as there would be no mistake. He loves all you are doing and feels a great love for you, and once he's moved into the Celestials (8th Sphere, being the first of the Celestial Heaven spheres) he will be able to come to you himself more often and under better (less trying for him because of the requirements of his Healing) circumstances – in a better frame of mind. And he wants you to know, that if he can do his Healing, so can you! I've linked up with him whilst James is open to us, so he can listen in on the conversation and add anything he wants, which I will relay for him, or we can switch to him –

Kevin: Too right John, you'll be fine when your time comes, you don't have to worry about a thing mate, you'll see, it will all unfold and it's ruddy amazing, it really is, there is no comparison, is there Beth?

Nanna Beth: No, Kevin, there isn't, which is what we all say, as it is the most amazing thing we all do. And doing over here in spirit, as opposed to doing it in on Earth, gives you more of a sense of the spirit in it all, it all makes more sense when you feel the spirit essence of your feelings rather than just the mechanical thought processes of the mind.

However as we understand, by observing Marion and yourself James, and the others who are embarking



upon their Healing, it's far more difficult to feel the spiritual essence of your feelings, and to feel how connected to the truth of yourself they are because of that. So you have to work harder to achieve more, however there are other compensations for your struggle to do it in flesh, all of which will become apparent when you come over, and which are hard to tell you about because you've got to be living in spirit to understand.

We are going to leave you now, there's other things you need to do James, and we'll be in touch with you soon John; and yes, I will let you know – as will his dear self will – when Kevin arrives into his new Celestial home.

We are all working closely with you all the time, as is Helen and her band with Crystal and the others that need their help. Now we are all just waiting for time to move on so we can all move onto the next stage.

All my love to you John, and love too from Kevin, goodbye now... Thank you James.

James: Thank you Nanna Beth. And I get the feeling that Kevin was hamming it up a bit for John.

Kevin: Too right I was James. Just what John needs to bring a smile to his face. I had no idea John that you were SO interested in all the spiritual side of things, and that you'd been making such good informed progress, and so wow, was it a surprise to me, and now look where you are, King of the Bloody Castle. Speak to you soon old mate! – Kev.



Note: Saturday (22 April), John felt a strong pull of great excitement that there was news on Kevin's progression, the soon transition from the 7th Divine Love sphere to the 8th sphere which is the first of the three Celestial Heaven spheres. This is when one's healing is completed and the transition results in a fusion with one's Indwelling Spirit and continuous connection with our Heavenly Parents. This feeling / pulling occurred again on Sunday (23 April). John thought it was his Nanna Beth, but a few days later he understood it was Kevin, himself.

**Feelings!**  
*first*

Tuesday, 2 May 2017

James: And Beth, was I right in feeling John's mother, Marie, wanted to speak with him, he says he doesn't feel any connection with her currently? (Marie Josephine Doel – passed over on 26 September 1971 and is currently within the 5<sup>th</sup> Divine Love Mansion World.)

Nanna Beth: Yes, she does James, so if you wouldn't mind, I'll give over to her, she will explain how things are to you both...

Marie: Oh Yes, yes, dear John, my dear Johnnie, I am so sorry, I truly am, I have been hoping that I would be given this chance to speak with you, I really am sorry for the neglect, my heart breaks when I think of how unlovingly I treated you. I have wept for what seems like eternity over all the bad things I did to you, all I made you suffer, all I put you through, and I am so sorry. I am, and I can't convey how deeply sad I am for all the pain I have caused you. I am working my way through the agony I have suffered at the hands of my own parents, only to realise and see the pain I made you suffer, and I am deeply and truly sorry, sorry to the core of my being. And I know I can't make it all right, I can't put right the wrong I have done, however I am paying for my wrongness in pain, the emotions of which keep coming up in me as I connect with my own suffering and the suffering I have inflicted upon you.



So although I can only speak briefly and in this limited way with you, I do want to apologise with all my heart for all the grief I have caused you, and much of which you are yet to fully understand and feel. But when your time comes to do your Healing, I will be in a better state and position to help you with it. We will be friends, and its right that you reject and hate me now, but that will come to pass once we've all been through the fires of hell that is our pain and suffering because of our wrongness.

And because of my need to work on myself, I am still rejecting you in so much as I can't be with you and help you in your work now, however others like Nanna Beth are so very capable, and far more advanced than I, so I will remain in the background. But I just want you to know, that yes, I was a horrible unloving and uncaring mother to you, although we did have some nice loving times together, but still that doesn't compensate for the bad times, which I am deeply ashamed of having and subjecting you to. But as you understand, none of us had any idea, and then being all so caught up in our own trauma and the drama of our unexpressed childhood feelings, oh it's all too much and I am sorry, sorry, sorry, sorry.

Beth is saying that is all I can say now, so I will end by wishing you good luck in the fulfilment of your life, and I will see you when you are willing to see me when you come over, and we will talk if that's what you want to do. So until then my dear son, I will continue to work on myself, I am slowly moving through the fifth world, but I have more to see about myself, strong controlling beliefs I have to understand and release, and much, so much buried and unexpressed pain still to express.

Goodbye now my dear, your mother – Marie. Thank you James.

**FEELINGS FIRST For Kids**

Saturday, 13 May 2017

Nanna Beth: Kevin is now ready to tell his story, as you'd like him to John, so I'll give over.

Kevin: Hello John, yes, it's your old pal Kev here again, and all because you want me to tell you about myself. Why on Earth would you want to hear about my life???! Oh god, Mr Average Denial, that about sums me up. Which you know, which is why you want me to speak with you – thanks very much! Oh god, yes I can accept yet another humbling, gracious of me – isn't it?

However that about sums me and my healing life up – One Big Humbling. I found out I was not god – agh, and I can't tell you how let down and pissed off I was. And I mean, serious, are you kidding me, you're telling me I'm not the greatest person in the world, and that far from it, I'm just a dipstick like all the rest? Yes, well, thank you very much, and would you mind telling me, which way is the exit, as I'm out of here.

I died (Kevin died on 10 August 2012), yep, they finally pulled the cord on me, and I'd had enough of it. Some of us get to the point where we've over it, all the suffering, all the pain, being so unsure about everything, you just want it to end, and you don't care how, pull the plug and sleep, eternal sleep, Nothing; yes, you want it, beg for it, and then suddenly it is over, and you're awake in a spirit hospital bed and some lovely spirit nurse is standing over you saying, it's all right Kevin, you've died, you've left your Earth life, and now you're here to recover and start your new spirit life.

Okay, taking it all in my stride, STRUTH, what is she talking about! But you're not of a stable condition of mind to understand, it's all too new, like you're awakening from a long time under anaesthetic, and although you can see and hear and think and even speak, still, not much settles in.

A week later all my inner workings were working fine, and I left the recovery ward on Mansonia One (1<sup>st</sup> Spirit Natural Love Mansion World). And whilst I was recovering from the shock of dying, I had numerous visitors, some of who included Nanna Beth, Brad (Kevin's son), my father – would you believe, and other friends who I knew on Earth. So it was great to see them all, but all so new and very trying on the mind. I slept a lot, recovering was right. There was a lot of shocks during that first week.

It was Beth who laid it all on the line for me at the end of the week; well Kevin, you now have a choice to make, you can go out into your new life to basically carry on from where you left off on Earth, or, you can decide that you want to live a true spiritual life, which will be much harder, however infinitely more rewarding, and will initially consist of healing yourself of all that's wrong within you, all so you can live a fully loving life, something you weren't able to do on Earth.

Beth, now she's a smart one, and she told me to have a think about it, not putting any pressure on me, suggesting that I go with my friends to have a good look around, and see what they are doing in their lives and if I want to join them. So I did.

We toured the Mansion World and the two Earth planes (referred to as the spheres of disharmony or hells), I even came and saw you and all the family, Joyce, and how you were all feeling after my departure, and then I went and visited some of the pleasure places over there, James has written about them in unpublished books, but they are generally not known to you on Earth, but are real traps for many of the mind spirits, and thankfully nothing really grabbed me. I'll give you an example of the sort of thing I'm talking about:

Imagine you are taken to a place and sex is laid on, it's on tap, with anyone, it's all in the mind, but hey, it's more pleasurable and intense than in the physical, all the most pretty girls, young, old and all in

between, endless numbers of them more than willing to do all your wildest sexual fantasies, would you be tempted to see what it's all about, plunge in indulging to your hearts content?

Or what about if you were taken to the more perfect bar of your dreams, all drinks free, they want you to drink, to drink endlessly, to be so pissed and yet as it's all in your mind and with no physical body to reject the sheer volume of alcohol, you get stuck in, all the beautiful girls and women, and lots of fun blokes all carrying on, acting, singing dancing, you name it, it's all like the war just ended and everyone is in huge party mode – would that tempt you?

Or then you can even get away and hide, recluse, create the home and world of your dreams, and on and on it goes, doing whatever takes your fancy, whatever your dreams are, you can now bring them about – does that sound appealing?

And you'd be lying if you said no, that none of it appealed to you. Yet then I had Brad and Beth, saying come to the introductory Divine Love healing planes in the first world and compare those. So off I went.

So there were these very bright spirits and Beth was one of them! I'd had no idea, and she was in her element, she was very loving, she was so true and pure and perfect as they all were, and so kind and understanding and saying I could be like them, I could go off and indulge my mind in all that pleasures it, or I can work at trying to become like one of the higher Celestials spirits, as they called themselves.

And they explained what was involved, and how even if I went off to the pleasure 'worlds', that eventually I would end up back here, and that if I started on my Healing, and as part of my Healing I needed to indulge a bit in the pleasures of the mind worlds, well I could do that too, so I could have my cake and eat it! So I took that option.

I joined a beginners introduction group to the Healing and Divine Love, learnt about the Mother and Father, Mary M and Jesus, our ascension to Paradise as spirits, what life on Earth was all about as exploring and indulging in my unloving state, and something of what the Healing involved. And it all greatly appealed to me.

You see John, I wasn't good old Kev from Earth anymore, I was new, different, changed, like your fried hat band, something too along those lines happened to me whilst I was sick and in recovery, and then it all was easier for me in spirit – easier to accept Nanna Beth, and those who were like her.

So I'm afraid that in the end, or so it's turned out, I wasn't exactly Mr Mind Average after all, and thankfully the Mother and Father had other ideas in mind for me. I didn't need to lose myself in all the mind stuff, apparently what I'd done on Earth was enough of all that, and so I was open to more. And having the shock of waking up and realising that life goes on, it hasn't ended, I'm not lying cold under the ground or burnt to ashes, does make some of us start to think more about things. You know, you have those odd thoughts throughout your life along the lines of what does it all mean, but you don't go very far with them. Well they came back and I wanted to know, and Beth and the others helped me to understand, at least enough for me to decide that I did want to try and do my Healing.

That's then how it all happened for me. The rest is doing what I'm still doing, working on myself to liberate all my pain, understanding how unloved I was and felt, and how unloving I am. And it's been one hell of a journey; and yes, I did go and indulge a little in some of the mind areas, well you know me, you want to find out and give it a go, don't you? However none of it really took hold, some people start with the Divine Love and then are lost to the mind sirens, however that's understandable, but I got through all my hurdles and barriers on the lower levels with expert coaching from my Celestial helpers.

But really it wasn't me, whereas it is for someone who does succumb, because it's what they want, but underneath it all, I didn't want it. It's not how I saw life, it was fun for a bit of a blow up, you know, let your hair down and let off a bit of steam, but not the be all to end all.

And now I'm working through the last of my denial circuits, it's amazing how it all goes, and it would take too long to explain all that, and that's for you to see through your own Healing. However I want to say it is all real, it's far more real than anyone understands on Earth, and it's all about what you feel and what you are stopping yourself feeling.

And it won't be long, so I'm told and I am now beginning to sense, before I join the Celestials as one of them, but still I've got more to do, but I'll get there, at least I know that now about myself. I've had my doubts over the years, as we all do, but they are all part of it, and we keep going, and eventually something gives, and you start to see light at the end of the tunnel, and then you see that is all working and it is all incredible, and then you start to feel new spirit light coming into you, and with the Divine Love, and then you know you are on your way, and I mean, really on your way, to Paradise, and that's a pretty amazing feeling.

So I'm going to end here, that's enough for one day, if you have other questions please ask James as he's open to writing with us. I will give you back to Nanna Beth.

Yes John, so I hope we've given you a little more of what you needed. It all helps and is what you need to help you come to terms with all that's transpiring. It is all real, and as Kevin said, more than you can understand, only for you on Earth all being so isolated, it's hard to see your way through the fog.



Sunday 14 May 2017

A note to James by John:

John: Thank you ever so much James, Nanna Beth and Kevin

May we revisit one of the comments by Kevin please:

"A week later all my inner workings were working fine, and I left the recovery ward on Mansonia One. And whilst I was recovering from the shock of dying, I had numerous visitors, some of who included Nanna Beth, Brad, my father – would you believe, and other friends who I knew on Earth. So it was great to see them all, but all so new and very trying on the mind. I slept a lot, recovering was right, there was a lot of shocks during that first week."

We have recorded Kevin as officially dying on 10 August 2012, whereas my 'feeling experiences' these events took place in the week before that date. That is, these events took place while Kevin was considered to be in a coma.

I understood that Brad had just recently entered the 3rd Divine Love Sphere, prior to Kevin going into a coma. I had not picked up on Nanna Beth being present. But I sure felt the shocks that Kevin experienced – actually amazement and good shocks – and a continual slew of experiences in the week before Kevin was officially declared as having 'died'.

Was I picking that up from my Nanna Beth – or how did I have these seemingly very clear understandings?

This also suggests that Kevin had not fully separated from his body during his first week in the 'receiving station' on Mansonia One. Was that so?

I felt that this was a pivotal and great week for Kevin and that Bradley had a greatly contributed to Kevin's experience.

May I have some clarity please?

John (King of the Beer Fridge!)

14 May 2017

James: Hello Kevin –

Kevin: Yes James, I'm reading what John is asking you over your shoulder... yes, I've come into the first Earth plane to help you write his reply. Can you sense a different 'location' to the source of the words in your mind?

James: Yes, now that you mention it, I can, which reminds me of other times that I've talked with spirits obviously in the Earth planes – thank you Kevin for giving me this unexpected experience. Sorry, but as you can see, my typing is not happening tonight, I typed a huge amount today, so my fingers don't want to do it anymore.

Kevin: I'm not watching you type James, take your time, I've got plenty of it, I'm now sitting over on the couch, where Marion sits, looking at you.

James: Cool, okay, so I'm ready to answer John's questions, it sounds like he was pretty tuned into you when you were dying?

Kevin: Yes, and all that he is saying about what he sensed, is true. I took a week to pass in that I was between worlds, on Earth and in spirit, and it was a huge time for me, and good shocks as John says, so many surprises. And yes, I needed that time to come to terms with what was happening to me. It was, you see James, the same as how my birth was, so I was told over here, I needed time to organise myself being born, I didn't want to come for personal reasons to do with my relationship with my parents, and so I didn't want to die either, it was the same for me at both ends of my life on Earth. So I delayed my death in a sense, although one can't of course delay it, but that's how it felt to me, and that's what John was picking up on, which was given to him, so I am told, by his angels in relation to his Indwelling Spirit. It wasn't a spirit doing that part to him. He does, as do we all, have input from these two other sources, even though most of what he feels comes from Beth. The experience for him was all part of his psychic development, if I can put it loosely under such a label, John is quite psychic although not in the usual definition of the word, probably more intuitive would be better to say, but also more than that too. It's apparently a 'streak', as your grandmother would say, that runs through his family line, and it's what he connects to Nanna B with. And it's what has given him his unusual psychic experiences with spirits all the way along. With spirits, and angels, I should add. You've had quite a lot of personal angelic help John, something that is not that common on Earth.

So yes John, it was a pivotal week as you say, and yes Brad (Kevin's son who had suicided) had a big impact on me as did Beth. It was Beth however who had the most impact. There was something about her, something that distinguished her from the others, something that I found very appealing, not unlike how you feel so drawn to her John. She's an amazing lady, and growing in light all the time, she holds one of the high positions in the Celestials amongst the mortal spirits that are attending to the goings on on Earth. And she is so humble and beautiful, you might not immediately recognise her, her spirit form, but you'd recognise her personality, her presence, her love – her spiritual light.

And to further clarify what I said, tying in what you felt with what I told James yesterday, I spent that week between worlds, so in two hospital beds at the same time – not bad going – eh! And then I spent another week in spirit in the same hospital bed in the receiving ward, again getting used to the whole notion of having left Earth, of recovering from my life, of waking up in spirit. So it was an intense time for me. I don't actually remember dying as such, it felt more like a transition, as in, I knew I hadn't fully died, although I knew it was happening, I was just waiting for my physical to let go. I was sort of aware of my dying physical body, but not much, more like there was something there somewhere, and what was it, and oh yes, my body, so they are telling me; and oh well, not long now, and then I was told after yet another time asleep, that it has happened, and I felt lighter, and then I was able to make a complete recovery. Looking back it was all much of a blur, I wasn't in a right state of mind to rationally comprehend what was happening, and I was told things and felt the shocks of seeing people I knew, and trying to come to terms with dying and yet still living, there was certainly a lot going on.

And the most I remember is the lovely spirit nurse who attended to me, she spoke gently and soothingly to me, continually reassuring me, and telling me that it was all right, natural, and it happened for quite a lot of people this way, and it will all work out, and I'd see, and she was right, and I went and profusely thanked her when I was up and about, and it's because of such giving loving spirits like her that old sods like me can come into spirit and it is all right.

I also understand now that my angels did a lot of work on me, on the inner or psychic levels of me, in my mind and emotional systems, so that when I awoke to being in my new life, I was different, and that's why what Beth said and how she was, appealed so much to me. My soul didn't want me to muck around, as I told you yesterday, getting all mixed up and carried away in the mind worlds. Because I had to get on, and the one main reason being because someone was waiting – is still waiting – for me, and I don't want her to wait any longer than she has to. So you see John, my soulmate / soul partner, so I found out, was over here and Celestial, Beth introduced me to her when I started doing my Healing in

earnest, and she's helped me all the way through my Healing. I wasn't going to mention this, but then I thought, well why not, John can decide which parts he passes on to whom, as he's inclined to do. So I think, and I'm not a hundred percent sure about this, but my soul wanted me to get on to be with her, so I didn't really have much say in it all, and as much as I might have wanted to indulge in all the mind worlds had to offer, it wasn't to be for me.

Anyway John, if that still doesn't make sense, ask James again and we can speak more. There are, as you can see, still lots of things that go on over here that have not been revealed to Earth, and there's lots of compliancy issues still because of the Rebellion and Default as to what can be said and what can't, however those restrictions, as you understand, are being removed, so things will become easier still.

I'll go now, James is tired from his writing his own book today; and so goodnight to you all, and I'll speak again soon, should you want me to. And you can ask me whatever you like John, we have a connection as you can feel, and my light is refined enough so as not to tax James too much, so if there are other things you want to know, another view or opinion on even your financial goings on for example, as I'm well versed in all that you're doing, please ask. Love Kev.



## KING OF THE BEER FRIDGE



Elizabeth Mary McDonell (nee McAlister) was born 24 January 1890, died on 5 October 1951 leaving six children, one being Marie Josephine Doel who died on 26 September 1971. Elizabeth Mary McAlister was referred to as Eliza, and as John's grandmother, as Nanna. In the spirit worlds, she adopted being called Beth, so to John she is now 'Nanna Beth'.



James: Beth, before you go and if you don't mind, I want to play Devil's Advocate a bit, having talked with Marion about all you and Kevin have been saying of late.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Go ahead James.

James: Marion was saying along these lines, I've put it in my words and added some, that it's too perfect, Kevin being so well looked after when he had no idea about life after death, he arriving in spirit and then it all going so well with you and being introduced to the Divine Love and straight, so it would seem, into his Healing. Particularly when so many other spirits one reads about end up in the lower Earth planes or bound up in all the mind worlds; so why Kevin, is it not just that for John it all has to be what he wants, all part of the nice fantasy we're all creating for ourselves, and it would be a poo if Kevin just went off into the mind worlds never to be heard of again.

Nanna Beth: I understand her concerns James, however it is as it is, there are things that have not as yet been revealed to Earth, and such things would never come through people who are in communication with mind spirits. And Kevin is not unique or special in his experience, for many people, when they come over, suddenly find they are confronted by a very extreme new life, should they accept it, as in embracing the Divine Love and their Healing. It's all to do with the nature of the person's soul and where they are in their outworking of their wrongness. Kevin, as I said, had done all he needed to do, so he was ready, although completely ignorant of it, for such a different new life, which he took to immediately. And his preparation whilst in coma, helped prepare him for the change, as in his mind and emotional and spiritual circuits were adjusted so he felt like he was a different person in a lot of ways, because he was. It wasn't for him to just carry on, like it is for so many others, they being none the wiser of a higher more advanced way of living, and something they would come to at a later stage in their wrongness.

And there are spirits changing and embracing the Divine Love at all different times of their spirit lives, so some like Kevin, relatively soon after death, others months, years, tens of years, hundreds of years and so on. And because he was to move that way, so I was able to be present and have the effect upon him that I did. Lots of Celestials are present when mind based people come over, and with people who've partaken of the Divine Love, but don't feel or sense or see those Celestials in something of their true light. And such people / spirits aren't ready.

And I will add, there are some people who move into the Divine Love and begin their Healing even faster than Kevin, they go from totally ignorant of it, straight into Divine Love classes and on into their Healing, not even needing to look around the mind worlds or get a feel for life in spirit deciding what they want to do like Kevin did.

And a lot of it is caused by the death experience itself. It's not just it, you can't generalise too much, but some people are markedly changed upon death simply because they realise there is life after death, and even whether they believed in it or not on Earth. Many people who believe it, don't fully embrace the experience of actual death because it's just a belief, and so death is still a great shock to them and causes delays in reorientation to their new spirit life. And many people who don't believe it, have a great awakening upon death; and yet also others who don't believe, get bogged down in the mists of dullness not really grasping they have actually died.

As you understand, there are masses of factors involved, and in Kevin's case, yes, particularly because of his involvement with John, myself, his soulmate / soul partner, and others he works with and will in his soulgroup, is why it seems it all worked so well for him.

There is a lot we still can't tell you about concerning all that's going on over here, which involves John, Crystal and where you and Marion fit in, even though Marion is still wanting to refuse acknowledging it in herself. And as Mary has told you, it's important that she doesn't, until she does, she is to stay true to her disbelief in herself and in all you are doing, because that's all part of hers and the feminine denial. And she has to work it all through, and it takes time, and no one can make it be anything other than what it is, because as you know, she is absolutely true to her feelings, so no mind stuff, either from herself, you, or anywhere else, is going to interfere with that.

James: No, nothing is interfering with her in that, however it puts me in a bizarre position, mad really, if I need to be anymore mixed up that I am. With John, I let myself be how I feel with all the higher spiritual stuff, as Marion says, I boast away, telling him how great I am, writing so much and only wanting to talk with the higher spirits and not the lower ones and so on. Whilst she says she's the lowest of the low and hasn't even got off the first bottom level yet. She steadfastly refuses to think she has even progressed spiritually, is even spiritual, let alone where she really is, so far as I can tell, basing my judgements on all I've read and experienced so far, which she maintains is nothing, as I've had such a nothing life.

And I can see where she's coming from, and even agree with a lot of what she says, and still I don't know for sure if I'm not just making it all up with you and Kevin and all the rest, just as I write all my books. There's cross currents all over the place for me, with her going one way and in the opposite direction to John and all I'm doing with him and yourself, and yet it is all working to help me to do my Healing and progress on some levels even though I can hardly speak properly to Marion, driving her mad with my inability to express myself.

Nanna Beth: I understand James, we all do. It's all incredible all the stresses you are both under and how you deal with them. None of us would want to be in your positions. It was all so straightforward for us, we submitted to our feelings, we longed for their truth, we expressed them, we had lots of experienced help when we needed it, as we advanced in truth we moved up the Divine Love worlds, we lived in those worlds with millions of others, all who were on our same level, and we could sense the Celestial spheres beckoning us, and you have nothing of this, other than for yourself with the likes me saying I am a Celestial spirit – voices in your mind, and you know what they say about people with voices in their head!

All you are doing is working against you, you are completely running blind, up against it all the time, and yet you both keep pushing on deeper into yourselves, your physical bodies barely function, just ticking over, and are full of pain, and your compulsions won't relent, you feel like you are not making any progress in one way, and yet in others, for yourself anyway, and it is the same for Marion in her way even if she won't so openly admit it, you are constantly progressing, and so much so that it's affecting the whole of what we are able to do.

James: Yes, well that part Marion believes is completely bonkers. But it's funny, because none of what she says makes me feel bad anymore, and it's like a dream in some ways, and yet in other ways, so real. Neither of us can relate to anyone else, and yet our relationship is fucked and yet also pretty good, there are conflicting and contradictory extremes all over the place.

Nanna Beth: I know, you're pounded from all sides, from within and without, and it's been relentless on you both all these years, and can and will only keep going. And neither of you understand anything of what you've done or achieved, and you're not meant to yet. You need to keep running blind, that's the most important part of it, to show that it can be done, the Healing of your soul, against all odds,

against all that the Rebellion and Default is. It's a mammoth task you've both undertaken, however you've both got the soul for the job.

James: Thank you Beth, it's good to just be open about it, and then to feel even more than you are saying. I do enjoy speaking with you, and it's so easy, which of itself then makes me wonder again if I'm not just making it all up in my mind.

Nanna Beth: We're well attuned to you and Marion, all through Mary and Jesus' Spirits of Truth-

Kevin: And I hope you don't mind me cutting in Beth, but what Beth hasn't said, as she's not going to blow her own trumpet James, is she's so attuned to Mary's Spirit of Truth, she's quite exceptional in that, and that's why she connects so well with you, because so are you, as is Marion, because of Marion being the Feminine Aspect of Truth, and you being the male aspect to augment her. So Beth harmonises perfectly there, her and Marion would get along very well. – Kev, sorry Beth.

Not at all Kevin. We will leave you now James. I hope we've helped you a little in what you were wanting from us, as we also hope we've helped you too John. I am sorry I can't be more specific with you, however that's not James' role, you will have to look elsewhere to get more precise answers to such questions.

We will speak again soon – All my love, Nanna Beth. (Nanna Beth from the 3<sup>rd</sup> Celestial Heaven)

**SKYHOOK**  
Typist



**Feelings first**

John: Hi James

When ever it pleases you, may we explore these feelings please.

Hi Nanna Beth

This evening was possibly the first time that I felt the presence of three personalities.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Yes, John, the three boys paid you a visit with the intention of getting your attention – Ray, Kev and Brad. They simply wanted to convey to you their good-tidings, and to give you feelings that they are supporting you, in that they are aware of the massive undertaking you have taken on, and although not as yet personally involved with it as such, still because you are reaching out to them, so they wanted to let you know they are close and thinking of you and wishing you Godspeed.

John: Over the last few days, I have been seemingly recognising the promptings from what I suspect are from the 'Council of Elders'. It is in the form of the trademark 'infographics'. They are tools to answer questions for others as and when they arrive. I appreciate being able to have the eye of James to review them as eventually millions will need to see and read them.

Nanna Beth: The Council of Elders are the main soulgroups that are aligned with you John, all centred about my group. There's twelve main groups around our group, so thirteen in all. (This later became twenty groups in all.) And we all feed into what is happening over here with what we can help you with 'down' there. Don't concern yourself with trying to work out how it's all transpiring, it doesn't matter, all you need to do John is just keeping doing what you want to do, nothing more. The how's and wherefores will all take care of themselves. One of the groups is helping you specifically with the Pascas Papers and infographics. These are to help you get your thoughts in order concerning all that is transpiring coming from James (and Marion). Do the papers the best you can for now, but don't stress over them being perfect or right, they will all be gone through again when the time is right with the eye to fixing them all up and knowing more about why you need them and what you want them to achieve. Others will in time work with them and expand upon them as well, so they are more like the skeleton you are shaping upon which the flesh will come. They are more a function now for you to frame them in a context that you like, there's plenty of time for them all to go out far and wide, and a lot of that won't be for you to concern yourself about when the time comes anyway.

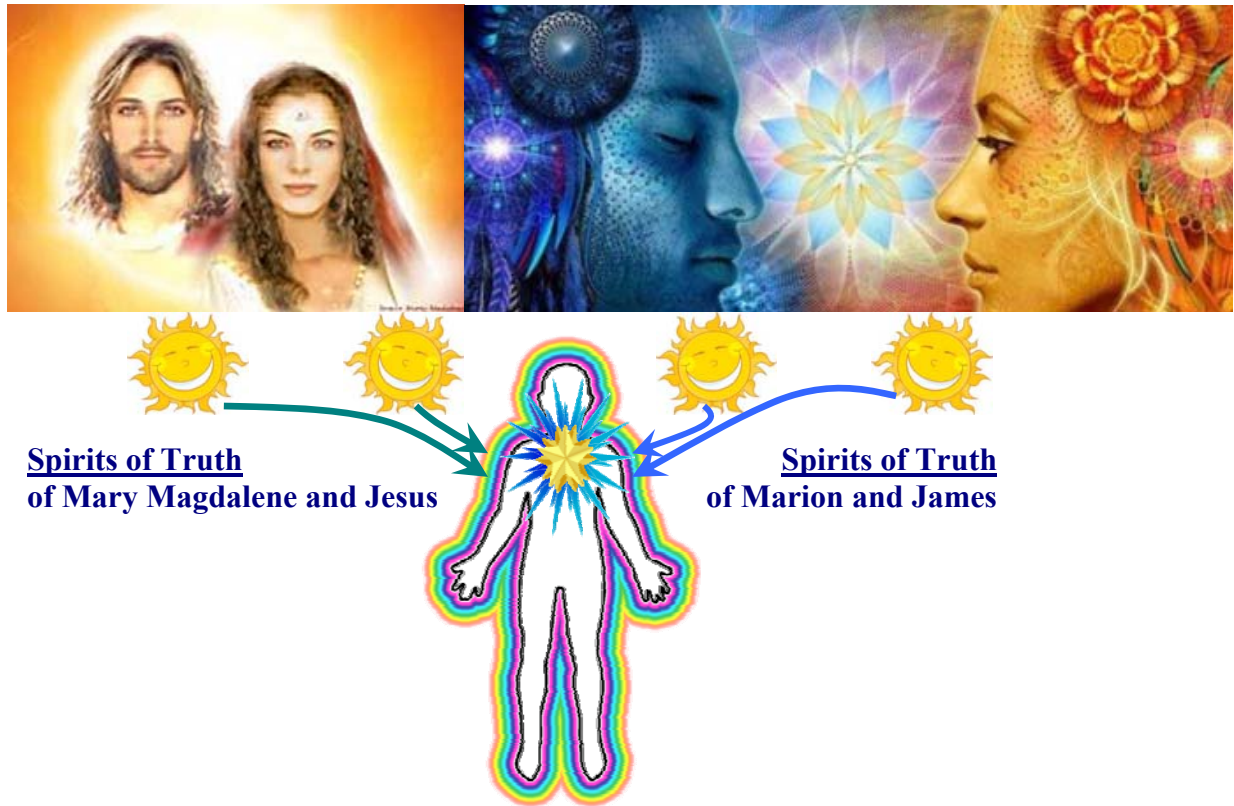


John: In fact, the getting the messages right is ever so important as when the engine room (battle room in the physical) moves into action we must have the data as best as possible.

Nanna Beth: As I said, there will be plenty of time for all of that. Just keep doing them because you want to, and James will sort out the truth parts, and then they can be proofread later, there's other things you're going to be doing shortly.

John: One of the feelings I have when connecting with James is that it is on two levels – him in the physical which I enjoy – and him through his super charged soul which is just great but a little powerful. This seems to be more so as each time we connect – not always over the phone.

Nanna Beth: Because you are connecting with them, as in identify with and working so closely with the Truth, then you are able to work with his Spirit of Truth, and Marion's too, so that is what you're picking up on as the super-charged part. You might be able to feel or sense their difference compared to Mary and Jesus' Spirit of Truth, which you're also working with because of the Padgett Messages and now through James' writings.



And don't worry about it being a little overwhelming, because it is and will be, however your angels will monitor you so as to not let it get too out of control. There will be times where it will be necessary to feel the 'power' as you call it, which really is the spirit of them, which really is the spirit of the truth they are revealing, and as you say, the enormity of what is actually being conveyed by and through it. There is nothing like it, and it is huge because, as you understand, it contains the whole healing of humanity. It's the Truth of the Healing, and everyone who embraces their Healing from now on will be tapping into it – will NEED to tap into it so as to progress and heal. You won't be able to heal yourself of the Rebellion and Default without the help of their Spirits of Truth.

And your soul is affording you glimpses into it, because you have the capacity to embrace the Bigger Picture. And if you like, don't think too much about the enormity of it, don't dwell on it, you get it, but you don't have to stress yourself out over it. As you say, you are just one cog in the wheel, and the Mother and Father have it all in hand how They want it, so it will just keep unfolding. And I know it might sound like an odd thing for me to say, but it doesn't all have to be right, that can all be sorted out later, so for now, just let your thoughts wander where they will, and as you know, some of what you think will come to pass, whereas other stuff won't, but it's still needed to get you onto the next thing.

John: I don't think we are both going off the rails but it is necessary that I don't get confused, that is, I need to interpret what I am feeling appropriately. It is extraordinary and important that I interpret the information appropriately for everyone.

Nanna Beth: As I said, there's no need to stress yourself, have a beer and go for a walk. You're not to put yourself under pressure anymore than you are. And even though as you know the Healing is all about letting yourself feel all your bad feelings, don't worry about that either, you understand what's involved, but for now, just look after yourself by being kind to yourself and not stressing yourself out about it all too much.

John: I know you have said such changes would arise. I want to get things right. We do not want to waste the many years your soulgroup has put into drawing out the possibilities, whatever they are, through me.

Nanna Beth: There is NO way you can waste anything we've done or are doing with you. It's all perfect, it can't be any other way, even in the imperfection. It's all imperfectly right, so whatever you do will be fine. And as I said, help will come soon enough, and others will take the burden from you so far as cleaning up the Papers and doing whatever else is required.

John: I felt, this evening, that Bradley would like to tell his story. May he do so please?

Bradley: Hi John, I will just briefly, this is really not my gig and I'm still heavily working through my yuk. I took my own life because I was desperately unhappy about a woman not wanting me, it was really on one level not worth taking my life over, however I didn't understand at the time – and who does – that it was all connected to deep issues to do with mum and dad and not feeling loved by them, those issues that I'm currently still working through.

I went into one of the healing wards on the first Mansion World and stayed there for some time. On and off I was aware of your positive thoughts trying to help me and I want to thank you for them. However it was too difficult for me to accept all you were offering me, I didn't want to have anything to do with Earth at that point, it all reminding me too much of what I'd wanted to get away from.

My recovery time was long, but slowly I came around to see that I was being offered a new life, a new chance to start over, and I decided to take it. It was the major turning point for I realised that I was free in a way of my pain, a mental realisation at the time, yet still one I needed to make so I could move out into regular spirit life.

I spent time in the mind worlds and it was Nanna Beth who came periodically to me, she being neutral ground in a way and yet a slight connection with family, and I listened to her wise counsel concerning the Divine Love, and or just doing whatever pleased me and basically saying: stuff everyone else.

It took a while but gradually I was able to see that she was saying: well I can piss my spirit life away by indulging in all the pleasures and allurements, or I can get on with Healing the pain that had brought about my taking my own life. So I went with that.

I didn't suffer any worse because of my suicide, I suffered because of my mental and emotional state that led to it, it being simply the end result, so my recovery time was getting my mind and emotions into a stable enough condition so as to begin regular spirit life. I had what you might call a psychic breakdown that led to my death, and by that I mean, it was like a volcano of too intense bad feelings suddenly erupting up through me, seemingly out of nowhere into my mind, because I was not aware of how depressed and unhappy I was, putting on the face that I was all right and even deluding myself. So the impact of too many bad feelings and their heavy emotions smashing into the beliefs and constructs of my mind caused an overload on the inner levels and hence a breakdown, which meant I lost rational

levels of dealing with everything, and killing myself seemed like a great idea at the time. It was a joy to contemplate and even more so to enact, but that was all false too, as I soon found out on the other side. So it wasn't a mental or emotional breakdown in the classic sense of it, it was a mixture of both, which is what I want you to understand, as I think it's important for people who might read this to understand that so much goes on and so quickly causing one to lose one's normal 'stable' state of reality.

Because of this, I've become very interested in it, something I would never have thought would interest me, and I have been working closely over the years of my Healing with other people (spirits) who've suffered like I have in taking their own lives. And because of this work and how much I'm benefiting from it, is why my Healing is taking longer in the sense of I have other areas within it that it's leading me into. So I won't be directly involved with all you are doing, there are too many spirits who need specialised hands on help in the 'grey zones' of consciousness, people suffering greatly from the cyclonic whirlwinds of their repressed emotions and feelings blasting up unexpectedly into their mind, shattering much of what they are, who they see themselves as, how they relate to their place in the world. And then they come into spirit basically as cot-cases you might say, and need a huge amount of very patient and specialised help, a lot of love and care. And although there is a vast army of such caring spirits, still there's always room for more help, and I'm feeling myself drawn more that way all the time.

So you could say I've grown up a hell of a lot since my time on Earth, and I've still got a lot more to go, however I'm enjoying feeling the feelings of compassion and empathy that are coming up in me now as I move deeper into my Healing. These are expressions of my true soul, and new to me, however I can see how the taking of my life has worked in my favour helping me along these lines. It's still early days for me, and I've not as yet finished my Healing, however I have direction now and I am beginning to feel love for myself – true love, and loving my life over here. I aspire to be like some of the helping compassionate Celestial spirits, ones who selflessly can apply themselves to the attention of one poor lost soul giving them all the gentle soothing sympathy they require so as to just be able to start living a regular spirit life in the first world.

So that's a bit of my story, and we'll catch up when you come over. Thank you John for all your love and generous thoughts and messages of wellbeing. And yes, as you can see, I got the message, got pointed in the right direction, and I feel like my spirit life is only now really just beginning.

As I said, I'm not part of your team, it was good to impress myself upon you today, however I don't see we'll be having much to do with each other directly, but you'll be in my thoughts. All my love to you John, and say hello to Carol too, and I'd love to show you around and show you what work I'm doing when you come over.

Goodbye for now John, all the best – Brad. (Passed 22 September 1999)

John: [Over the years I tried like hell to help Bradley naively. In recent years, I felt that I was doing better at it. I was over the moon – cloud 9 and above – when he announced he had entered the 3rd Divine Love sphere. Go you good thing!](#)

[And was cousin Raymond around this evening? Has he something to say – I damn well hope so?](#)

Raymond: Yeah John, I'm here too old man. I'm working my way through my shit and its hard going, but like the other two, we're all getting there. I too had no idea as to the existence of any of this, no idea whatsoever, and again it was because of the Celestials and the family connections that swayed me to at

least consider listening to a higher way of living over here in spirit. I was quite comfortable where I was, I'd settled into a nice house in a nice part of the first world, it was my own, I could do all I liked, all the renovations, the garden, learning so many new things, just sorting myself out in my new life. Catching up with mates, family, getting the low down on everyone and everything, and being slowly introduced to higher ways of thinking, such as, living with God – God for God's Sake!; and being happy – and how happy did I want to be; and what about the problems I'd had on Earth, that yes, I had to admit I still had although they seemed minor compared to all the delights my mind was being offered in my new life. But they worked on me slowly, and I went along with them, trying different things, then started longing for the Divine Love, and once I understood about the Healing and why it needed to be done, and with reading accounts of spirits and talking with others who were doing it and had done it, like Beth, well, it all helped and gradually I got there.

And I came today too with Kev and Brad at he behest of Beth because she said it would be good for you and help clear up some things, which we can all see now what she meant by James allowing us to have a few words to you like this.

However I'm not part of your team, that's young Kev's department, not for me, no, I'm intent on sorting my shit out and for the time being don't feel anything for Earth, it can all go to hell so far as I'm concerned. As you might be able to tell, I've got lots of repressed anger – like we all have – that needs to still see the light of day, and perhaps when I finish my Healing I'll be able to be more optimistic about you lot back there, but not now, no, it's not for me.

I wish you all the best John, and of course I'll be there to meet and greet you when your time comes, and who knows, possibly by then I'll be in a very different state and frame of mind, however for now, I don't feel like I'd be much good to anyone.

So I'll go now, and thank you James for giving us this opportunity. Bye now John, Ray. (Passed 22 October 1971)

John: [Jeez Nanna Beth, the magnitude of this event is huge. Bigger than Buddigower could manage, looks like we will have to call it the West Wyalong mob!](#) (Hmm – I prefer to stick with 'Buddigower Mob'!) (Buddigower is the smallest of sheep and wheat farming communities in the central west of New Sout Wales, Australia.)

[What is Kevin's role? He certainly is totally focused upon getting done whatever it is for us to do.](#)

Kevin: What is my role, god I'd like to know that myself John! I'm just floating about at present, popping in here and there, causing trouble, feeling pretty dam good about everything actually, about opposite of Ray, but he's going through some more tough shit currently, so not a good time to speak, but it's the same with us all, we all now have our up and down days, but more on the up thankfully than the other way around like it used to be when we first started dealing with all our yuk.

Anyway, I'm sort of helping Beth out by playing the role of Kev, which I find is rather easy to play, you know, sort of coming easy like. Just being myself – yeah, bit of a joker when I need to be, very serious if called for – you know how it is! Anyway, I've got to stop raving on, James is very tired with his work day and all he's been going through and now talking to us lot.

But you haven't heard the last of me, so I'll be dropping by, and no need to wait until you croak, we can get stuck into a pie and sauce NOW! together. So I'll be





visiting you in your quiet moments, I'll tap on your head that I'm about and yell in your ear – HEY JOHN, WAKE UP YOU LAZY BASTARD – GET TYPING!

Catch ya, I'm off, goodbye mate, speak to you soon, love Kev. (Passed on 10 August 2012)

John: [Kev, we are going to have at least one succulent meat pie with tomato sauce when I front up.](#)

[I really welcome all your guys' insights and guidance and it is a great joy to assist from my end. Somehow I need to feel more efficient in how I receive your promptings. Is that unfolding please?](#)

Nanna Beth: There's nothing wrong with how you are John, you're picking us up perfectly, your mind is fine and easily able to receive what we want to give you, so just accept that how you are and what you're getting is what we want you to get. There is nothing else.

[I think I will settle for being John the Typist!](#)

[Well guys, lets get the show on the road, but oh boy, I hope we avoid making misrepresentations to millions and get it pretty well right on from the start.](#)

And you won't misrepresent anyone, the truth will sort itself out, you'll see John, it will all be taken care of.

John: [James is the big over sight. In all the time I have explored into this he is the only person to constructively comment and assist. The only one!](#)

Nanna Beth: Because he's the only one who gets it, who understands the truth enough in this context so can work it through properly.

John: [Well, I guess that is it, James the Oversight, the Council of Elders via Nanna Beth, John the Typist and the army that will come together.](#)

[So where does Kev, Brad and Raymond fit in?](#)

[And as always, anything else that you would like to share is more than most welcome.](#)

[The family is back in business.](#)

[Love John](#)

Keep asking your questions John, they are what will help you the most. And keep expressing any worries and concerns, and other than that, I really want you to know that you won't do anything wrong, all you will do will be right, so you don't have to worry about anything like that. Have a little faith in yourself, and you'll be fine. I'll speak to you again soon – all my love to you, Nanna Beth.

John: [Sorry James, this is overwhelming.](#)



**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Add: This morning I woke suspecting that the beautiful light energy I felt last evening was our unborn son, Benjamin John. Was that so?

Benjamin: I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried during April 1975.)

I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic going to what would be the equivalent of art college where I developed my artistic skills to quite a high degree.

And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so had I been your flesh child. My art I put on hold as I worked continuously on myself, meeting my soulmate / soul partner, and now we are living in the Second Celestial sphere.

And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate / soul partner was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which again I have healed and worked through, not unlike how it is for many people on Earth.

And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Neadon. There are a lot of spirits like myself and

my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

I will not be coming back to you now that we've made contact this way through James, you can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.

[When it pleases you, Nanna Beth, would you mind conveying your guidance relating to suicide please?](#)

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Brad said essentially how it is with such people, which you feel yourself anyway John. There is no punishment for people who take their own lives, they are in a bad way, as is everyone, and they will suffer to the degree of their emotional and mental stress, just as we all do. And as Brad showed with his message, because of his experience, he has now moved into other areas of life that were perhaps not going to be what he'd have been led to do when on Earth... however perhaps he might have gone that way... however as it never happened and we'll never know, so it's hypothetical and really irrelevant anyway, however I think you know what I mean and why I am saying it.

I won't say anything more about the subject as there's not that much more to say, it's just another life experience, another avenue of life to be lived, and all avenues have their good and bad, and all lead us to the truth of ourselves.

I think what you can see John from the comments of the others, is that family is one thing, however we're all individuals in the end, all children of our Heavenly Parents and such familial ties don't end up meaning much. They might help someone early in their mind advancement of even with the Divine Love and their Healing, but unless one goes against one's soul, you'll soon see that all the families separate with everyone going their different ways. I know the family tie is strong on Earth, but it lessens as you ascend and do your Healing, we are all individuals destined to unite with our soulpartner and soulgroup who quickly become our new and true family.

I will go now too, James needs to get on and read through all we wrote yesterday evening and these bits you added today. I'll speak to you again soon. I hope all you've received will have helped you. Love Nanna Beth.

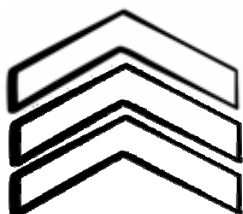


## The CHOICE is OURS to MAKE:

**Celestial Truth:**

Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;

Fully Healed of the Rebellion and Default.



### **THE FEELING WAY**

Feeling – Ascendance

Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### **THE MIND WAY**

Mind – Transcendence

Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.

Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**During the day, James recorded:**

Sunday 11 June 2017

Now I want to give over because Kevin wants to have a few works, so I will leave it for now, and speak to you soon John, all my love to you and your family, and we'll all settle back to await developments.



Kevin: G'day mate, I'm wanted to come back and catch up. I'm nearing the end of my Healing. I'm feeling so much better within myself, so much more loving, so glad to be over the worst of it, understanding all I've suffered and all I've made others suffer.

Nanna Beth has invited me to join her crew when my time does finally arrive, not her soulgroup, as that's already completely formed, but one that is forming under her oversight, so one that is able to work along side hers with you. WITH YOU OLD SON, so fancy that, it won't be too long before I'm winging it along with you again, just like the old days, only this time around, I at least, knowing what I'm doing in it all.

I also want to tell you that I am with my soulmate / soul partner, she too is with me equal in her Healing, we linked up in this seventh world soon after we both arrived, and she is a lovely woman. So we are going into the Celestials arm in arm, to be part of it all with you and Nanna Beth.

Anyway, I just wanted to touch base, to keep you in the picture that I am in it and won't be leaving it, even getting further in. And I intend to talk more about it all when I get closer to my time of entering the Celestials spheres, which I hope shouldn't be long now.

I've got to go, James has to speak with Marion, so I'm with you in love, and close, and looking forward to getting even closer. Kev.



**KEVIN preparing to leave the 7<sup>th</sup> Mansion World**

Kevin: James, could you please write this for me to John?

James: Yes Kevin, please go ahead.

(Kevin died on 10 August 2012)

Kevin: John, me old mate, long time no hi, yet here I am now wanting to tell you the good news. I am just about there, my time has come for me to do the big Cross Over.

Yes, can you believe it, I am on the threshold and this time tomorrow your time, I'll be in the Big Smoke, I'll have been translated into the first Celestial sphere. And I have to say, it's all very exciting!

So my dear friend, I am no longer your old Kev, I've been completely reborn, or born anew as you understand, and I feel it too. You have no idea how light and free and happy I am. Nothing like the old me, and a million miles away from the old me you once knew.

So I've done what our Mother and Father have asked of me, I have fully submitted myself to my feelings, and my soul has brought them to light over the years and there has been so much pain for me to work through, and it is as you understand, to bring it all up and out of yourself by expressing it as much as you can, all whilst longing for the truth of it. That's what we do, it's what I have done, and it was hard to get going on the lower worlds, but once you get the hang of it, away she goes and up it all comes and you can hardly keep up with the outpouring. And you feel goddam awful for so long, and you think it will never end, and so much truth comes to light about how it was for you when you were young, and it just keeps coming, and oh my god you can't believe it all, and then you can because it all rings so true, and you feel and know it is all you, all what you went through and suffered, then all you took on as you grew up, all how you became as an adult, and all you made everyone suffer, and you are forced down into the dark depths of yourself, and it comes out one way or another, and then finally it starts to abate, and then more truth comes to light as you start to feel yourself awoken to the true you that you are, which is quite incredible, I mean, the whole process is extraordinary, and you've got to go through it to understand what it's like as there is simply nothing else like it. And then when it finally comes to an end, oh the relief, man, you have no idea, and it is glorious to feel that you are no longer living untrue, no longer living against yourself, no longer the evil, wretched blight you were on the face of Creation. And happiness starts to come, you feel childlike in it, all these new feelings, and you start to feel wonderful, alive, new, if you can imagine that, and so filled with the love of our Mother and Father, and with so much love for Them, and everything is just wonderful and the most magical, and you can't believe it, and yet you can because you know it's all real and true as you've worked your way there, and before you know it they are giving you the call up, and so here I am. Phew, how was that, it just flows out of you, like golden light old son, you have no idea, I could go on and on, the wonderful outpouring of what your old mate Kev now is.

And I tell you, if I could describe how I feel, I would tell you I feel like I'm an angel. And I do feel so pure, so clear, all those horrible sins and errors have all gone, and they really have, that's the most amazing part, it is all true, they have come out of me, and what is left is the true light that I am.

And I feel so good I could sing, so I might come to you when I've made the Crossing, and if you happen to hear the most glorious angel-song in your head, then you just know it's your old mate Kevin! And that I am more than just 'touched', that is an understatement, I am no longer the old Kev that I was, however you've nothing to worry about, you'll still recognise me and I put on a bit of the old self to make you feel more at home when you come over. You'll see John, for when your time comes and you've done all down there what they've got in mind for you, then you'll be free to devote yourself to your feelings and away you shall go because by then you'll be more than ready to submit and get on with it.

So what is going to happen, is this. I am living in a city on the outskirts of the main city on the Seventh world, and tomorrow I'll be taken, as I don't have to do anything, all my friends and some of my distant family who are with me in the Seventh will accompany me, and we'll walk / glide / fly as we do, to the sea of glass in the First City. And when I get there I will be taken into a chamber for preparation to move from there to the True Sea of Glass on Jerusem on the first Celestial sphere.

And it's really one big happy time for me, and for those with me, there's about thirty of us, and you could call it a party, but we don't drink and eat or sing and dance or anything like that, it's just a talking and feeling really good time for us, and saying goodbye and I'll see you all soon when their time comes, and one of talking about all the Healing I've been through and what they are still to do.

And then I am told that in the Chamber I will be prepped ready for embarkation, and taken out to the middle of the sea of glass – the launching pad – whilst the final countdown to fusion with my Indwelling Spirit occurs. And this is of course all known and orchestrated by unseen angels and by other spirits of the seventh who volunteer to do this final preparation work for those leaving the Mansion Worlds.

Then at the time, so I am told by Celestials, I will experience an exhilarating rush of light, nothing like anything I've ever felt before, and then before I know it, there will be a blinding flash of light, and as if I have blasted off on a rocket, away I will be with my angel translating me directly onto the first real Sea of Glass in the Celestial Heavens.

And once I arrive, the light will settle down, and I will feel so wonderful, the best most loving and in love that I have ever felt, they all say it's the most wonderful feeling, and then I'll be met and taken by the receivers to sign into the first Celestial sphere officially becoming a new resident there. And then I will meet up with my soulmate / soul partner, as she is waiting for me, I have known her for some time now although we've not spent that much time together as it was better that I completed my Healing without too much interference from her, to where we are going to live. I told you we met up here and were together, but then her time came and we didn't end up going over together like I said we thought we would, so many things have changed since I last spoke with you, all indicative of my thinking I knew what was going to happen and yet having to admit that I didn't. And then together with her I will begin my new, new life. I've had so many new beginnings, one on each of the Mansion Worlds, and yet this one is the beginning of my real spirit life, or at least the morontial part of it and for the rest of my ascension through Nebadon.

So how does that all sound! I can't bloody wait. I am ecstatic with happiness that my time has finally come, and what perfect timing eh? I knew it was going to be close with all your goings on, which I've been paying close attention to, and I can't wait to get into the Celestials to see how it's all set up over there. I've been told all about it, yet still that's not the same thing. And then to settle in, and to become a functioning part of it all, oh I feel like my life is just beginning, as if I'm just leaving home and moving out on my own with my first girlfriend and love of my life.

And regrets about finally leaving the Mansion Worlds? No, not in your life. Nothing like that, just happy that I've got this far, and now my time has come. I've seen so many others off over the years, and now I'm the centre of attention and I can feel the clock counting down within me.

And all my friends are coming now, I just wanted to take this time to write to you via James on the eve of my 'launch' just to keep you in the picture as you wanted. But I also felt it wasn't necessary for me to write more with James as he was thinking some weeks back, but I called his attention tonight as I could see he was not doing anything with you, and so I just wanted to 'pen' this short note to let you know that it is MY TIME NOW.



So your old friend has done it! And so if I can do it, anyone can. And it's true, so many of us when we are first setting out knowing what lies ahead of us, or something of it anyway, think, na, not us, we can't possibly manage to do something like that because we're way too fucked, we are not even spiritual per sé, just wanting to get on with fixing ourselves, knowing that we're not right, that we're evil and wrong and fucked up individuals, and yet we do get there, we all do!

James is asking me with his mind, can I tell him more about how it's been for me leading up to where I am now, with the idea that perhaps he might understand a bit more about where he is possibly at in his Healing, and what he might possibly still expect, and yet I can't James, I am sorry, however you see, and this I can tell you and it pleases me that I can be of help to you, because you see you are not to be told by us. So that's why all of us spirits who've done or are doing our Healing have only spoken at best generally about what we've been through with you. We are not to take anything away from you. You and Marion are to do it all yourselves with the barest of help. So that is my instructions. I can tell you briefly all I am going through and what's happening to me, but nothing else in any detail. However in time, so I am told, there will be others on Earth who will document in great detail the Healing journeys of spirits and their lives in the Mansion Worlds and Celestial spheres.

So you'll have to content yourself with my brief moment with you now and all the light that I am pushing out at you, but I can't help it because I am so excited I can hardly contain myself. And I know it's a strain for you writing with me, I can feel it building up within you because it's reacting with the yuk state you're feeling this evening, however that too is all part of what you need James, so I am told, so again I am glad to be of service in this small unexpected way for you.

And as I have to end now John, so I will say that once I am settled I should be able to speak more directly to you through James or even in your mind, so 'feel-out' for me, give me a few days or weeks, I don't know how long for, I don't know what I'll be doing as I deliberately asked not to be told ahead of time because I want it all as a new experience, all part of the excitement of starting out again. And then I'll come to you and see if I can impress my light on you sufficiently for you to know that you're old / new mate is with you. And hopefully our beloved Nanna Beth, as she is so affectionately called now by everyone over here, will enable me to say a few more words to you via James, if that's all part of the plan.

And if it isn't part of the plan, for you never can tell, and my life in the Celestials is new, all new, and as I said, I deliberately didn't want to be told what I'll be doing, wanting it all to be a surprise, and many of us choose that, it's funny, you think that you can't wait until you are a Celestial, it's all you want, the end of your Healing, and so naturally want to know what you'll be doing, what sort of work, where your soulgroup will be and so on, and yet by the time you get there ready to arrive, no, you just want to let all that control go, you want to work it out as you go through your feelings, just to EXPERIENCE, and so no need to know ahead of time. And you know God has it well in hand, and so the fact that I am still not only alive at this time in my life but feeling so damn good, happy and full of love, feelings I thought I'd never feel, well just let it all unfold I say.

Anyway, as I've gone on more, James had a moment of Second Wind and I toned my light back a bit, and as I said, so this time tomorrow night for you I should be in the Celestial Heavens. I don't know my exact departure time, and I don't think I'll be in a state able to try and impress upon you when it actually happens, but if you're awake, perhaps Nanna Beth and her group might let you know.

So, good news, eh? I didn't want to let on to you that I thought I'd be finishing my Healing soon as really I only suspected it, and it's all part of not wanting to jump the gun, just letting go of trying to control everything, allowing it all to unfold as my soul determines, for we're all in our glorious Mother

and Father's hands, They are looking after us all, even though that's the last thing you think when you're in your darkness. But it is all real John, the whole Healing thing, it is, it really is, and all what Marion and James have been saying to you – what you've been reading about it and coming to understand, well it is right, and our **Feelings are The Way**, they really are. And it's a whole different way of life, yet again I can't say that much about it, only to confirm to you and James that it is, and you'll see for yourselves, as you need to, that which God wants you do. Gee, do I sound like someone who's been converted or what?

And I have! I can't thank Nanna Beth enough for making contact with me and helping me to understand the importance of the Divine Love and living a spirit life over here in the spirit worlds, and to understand, as she put it, that life in spirit is not life in flesh, and so you can either keep trying to live like you did on Earth, which is going against the flow, or you can find out what real spirit life is like, and do your Healing. She is quite convincing you know. So it all made sense, and here I am now.

Anyway again, James is now beginning to stress again, my light is still not as refined as Nanna Beth's, and it will be more true and pure when I'm Into The Light, as will be happening not long from now, but still not as pure as her's is, she being more advanced. However I'll get there too one day, that much I understand now. And so I wish you all the best again John. As I said, I might be able to link up once I've settled in, yet really I don't know what will be asked of me. I thought I did as I said last time we spoke, or had some vague idea, but I've let all of that go. So even if you don't feel me around or hear of me again, I will be with you in thought and I will definitely come down to meet you when your time comes. I'll book the meeting with the angels once I'm over there in those Celestial Heavens of Light.

James can hardly type fast enough trying to keep up with all the light I'm pumping into him. But I feel like flying – WEEEEEEEEEEEEEEEEEE I'M SO HAPPPPPYYYYYYYY, YOUR DEAR OLD FRIEND WHO IS YOUNG AGAIN, BORN ANEW OF THE SPIRIT OF THE TRUTH AND OF THE LIGHT – WEEEEEEEEEE, AND WITH MY HEART BRIMMING OVER WITH THE DIVINE LOVE AND MY NATURAL LOVE OF MYSELF, YOU JOHN, OF LIFE, MY DEAR BELOVED, OF NANNA BETH OF EVERYONE!

So I will go. My friends are arriving and I'll get on with my final preparations. It's a funny business knowing that I'll be a completely new person – spirit – again in a few hours time. Fused forevermore with my Indwelling Spirit, a real part of it all John, just think, a living breathing (in a sort of way) real part of Creation. Me, Kevin, and I'll receive my new spirit (soul) name and soul number, I'll will have been counted, no longer just a statistic of the Mansion Worlds, but someone who has done their time and come through with flying colours.

So all my love to you John and my heart is practically bursting with the stuff, and all the best as I said if I don't make contact, although somehow I think you haven't got rid of me yet. And I know you know you're in good hands and that feeling is growing more within you each day, which is good that it does, for it's true. So again for the third time I will go... I don't want to go, I feel so good, I want to keep telling you and everyone how good I feel, how happy, how excited I am that me, me, KEVIN of all people – all spirits – is coming over into the Land of the Light.

See ya, John, and thank you James for giving me this time of yours. So I probably will speak to you again John via James, so until then mate, keep a few cold ones symbolically in the fridge for me – all my love, Kevin.

Celebrate



Hi Nanna Beth

9:30 am Australian Eastern Standard Time – Monday, 7 August 2017

Kev, the Angel, is he there yet?

No John, not yet, he's in the preparation chamber, however it can take time being in there, there is often a lot of things to help the spirit prepare for their next life – the next leg of their adventure. Then he will be summons – 'called up' – as it's affectionately called, called up the right way going to love and not to hate and war. Keep your senses open and you should feel his exhilaration in a couple of hours... stay tuned. – Nanna Beth.

1:00 pm Australian Eastern Standard Time – Monday, 7 August 2017

James: I can feel Kev is ready now, can you sense anything too? I feel all hot and excited with him going over... I don't want to ring you, I'd rather see if you felt anything too, but suddenly, just as I finished cooking, I got all hot and felt excited, even a bit nervous that he was going now... and a little while later that he'd gone. So I'll ask Nanna Beth later what happened.

**KEVIN is now CELESTIAL**

Later Monday, 7 August 2017

Nanna Beth: Yes John, Kevin is with us now in the Celestials. His Crossing was successful and he's now settling in with Kathleen. She met him and took him to their home that she has got ready for him. And it will take him some time to adjust to his new light, the new higher vibration of his spirit body and the sphere he's now living in. So he'll rest and go out and see the local sights as he orientates himself. She will also introduce him to their soulgroup, and when he's up to it they'll have a welcome 'party' in which they'll tell him what they are all doing. His soulgroup is still as yet unformed, they are waiting on four other members, 2 soulpairs, yet won't have long to wait. So in the meantime they'll start doing their initial introduction tours learning about that which they will be doing. The others of his group have been doing a little of the work so Kevin will slot in easily enough. And it will be good for him as it will fit in with his interests and provide stimulation for him to understand more of what he went through in his Healing, making more connections with his early life as he continues on adjusting to his new way of perfection.

And it's the same for all of us, it takes quite some time, and can even be many years before we've really settled into our new spirit Celestial selves, in that there is still so much more for us to understand about what happened to us when we were young, how that affected us as we grew older, what sort of adult we were, and our Healing of it all. As we've told you, the Healing is only part of understanding the whole truth of what we are. Many of us move relatively quickly through our Healing as it mostly involves releasing all our repressed feelings and seeing enough of their truth so as to give us something of the initial picture of ourselves. Then it's through our lives in the Celestials we put more of it into perspective, things keep coming to us, even for myself, I am still connecting all the dots and making sense of all I went through. And I am told, by the time we leave Nabadon will we fully understand all that happened, because by then we'll be of a high enough truth and light so as to understand all the intricacies of what actually happened to us and what we went through living rebelliously and in default of that. And incredibly, all the work we do, everything we do, even our socialising, learning, relaxation time, everything we do over here helps awaken us more to ourselves and the truth of all we are – so the truth of all we went through.

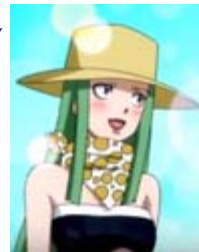
Anyway, when Kevin has settled in, I'll bring him back to speak with you through James so he can tell you a little of what he went through. And in the meantime, we'll all see if this week bears fruit for you and Crystal.

**WE ARE NEVER MEANT TO BE ALONE!      SOULMATES become SOUL-GROUPS!**

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soulmates. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



Soulmates form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

**Natural Love Flow*****Natural love is Creation's love;******One can swap back and forwards between paths******I am God******Intellectual******Self reliant (trust myself)******Self-determination way of life******Mind dominates******Adult like******Control******Millions of paths (man created)******Peak possibility is 6th sphere******time to complete path:******100 years to over 1,000 years*****Divine Love Flow*****Divine Love is Soul's love.******I am God's son / daughter / child******Emotional******God reliant (God relationship)******Soul-spirit living harmony******Soul dominates******Child like******Feeling******Defined path (God created)******Peak possibility is infinity******(sphere / mansion world are same)******5 years to over 10 years to at-onement*****NATURAL LOVE or FEELING HEALING with DIVINE LOVE:**

Accounts of spirit people who's condition have been so poor to fit them only for the hells, namely the Spheres of Disharmony, show that even they can progress from the lowest of conditions to being within the Celestial Heaven, way above the highest sphere of the Natural Love spheres, within or around five to ten years or so. Some achievements discussed in messages have been:

James Padgett entered the Celestial Heaven within 28 months of his passing.

Helen Padgett was in the Celestial Heaven within 12 months of passing through Feeling Healing.

Nita Padgett progressed from low 1<sup>st</sup> sphere to Celestial Heaven within 24 months of passing.

Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.

Bradley Cooper, son of Kevin, suicided 21 September 1999 and early April 2018, became Celestial.

Emperor Nero progressed out of the low hells to Celestial Heaven by receiving Divine Love.

Emperor Julius Caesar moved from the hells to 3<sup>rd</sup> sphere within 19 months from receiving the Love.

George Butler progressed from the hells to the 3<sup>rd</sup> sphere within 38 months by receiving the Love.

President Grover Cleveland moved from dark spheres / hells to 3<sup>rd</sup> sphere in 20 months with Love.

President John F Kennedy achieved Celestial status following 15 years of Feeling Healing process.

R. Ross Perry progressed from the hells to 3<sup>rd</sup> sphere over 30 months by receiving the Love.

**It is only through Feeling Healing with the Love, that forgives sin, dissolves the errors and fits a person for a higher habitat.** Man, left to his own devices, can require many centuries to grow and then cannot enter the Celestial Heaven.

Man, can know and knows God only because he possesses a soul, and he can never know God if he seeks Them intellectually and with his mind alone. Doubt and speculation is a product of the mind, but faith is a product of the soul and we know that God exists through our soul perceptions, so that we can create the spiritual link with our Heavenly Parents through prayer. Not a mental prayer, but a prayer that comes from man's soul – earnest, sincere, full of longing, faith and love.



**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



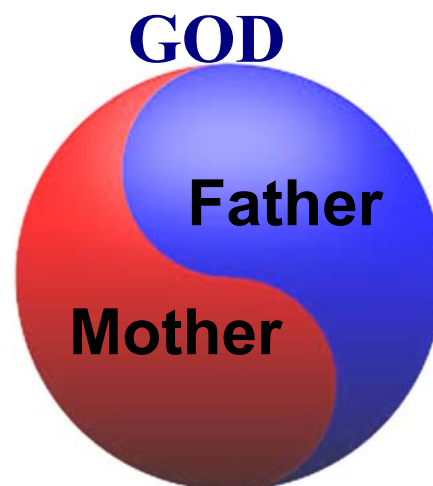
**Jesus of Nazareth and Mary of Magdalene, being soulmates / soul partners, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**





## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

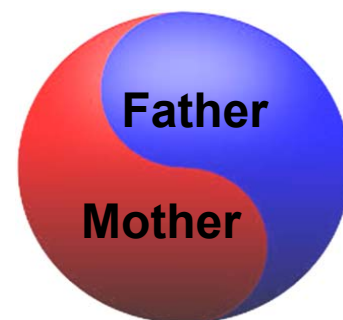
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

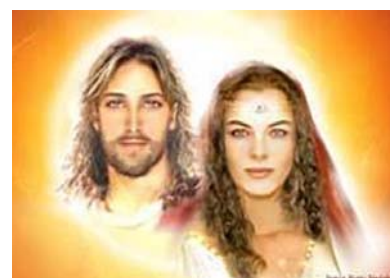
**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

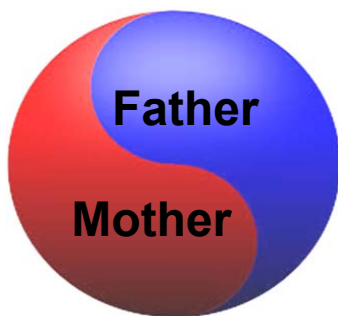


HUM

**WE ARE Children of God**

## WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

### GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

AVO



HUM

**WE ARE Children of God**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

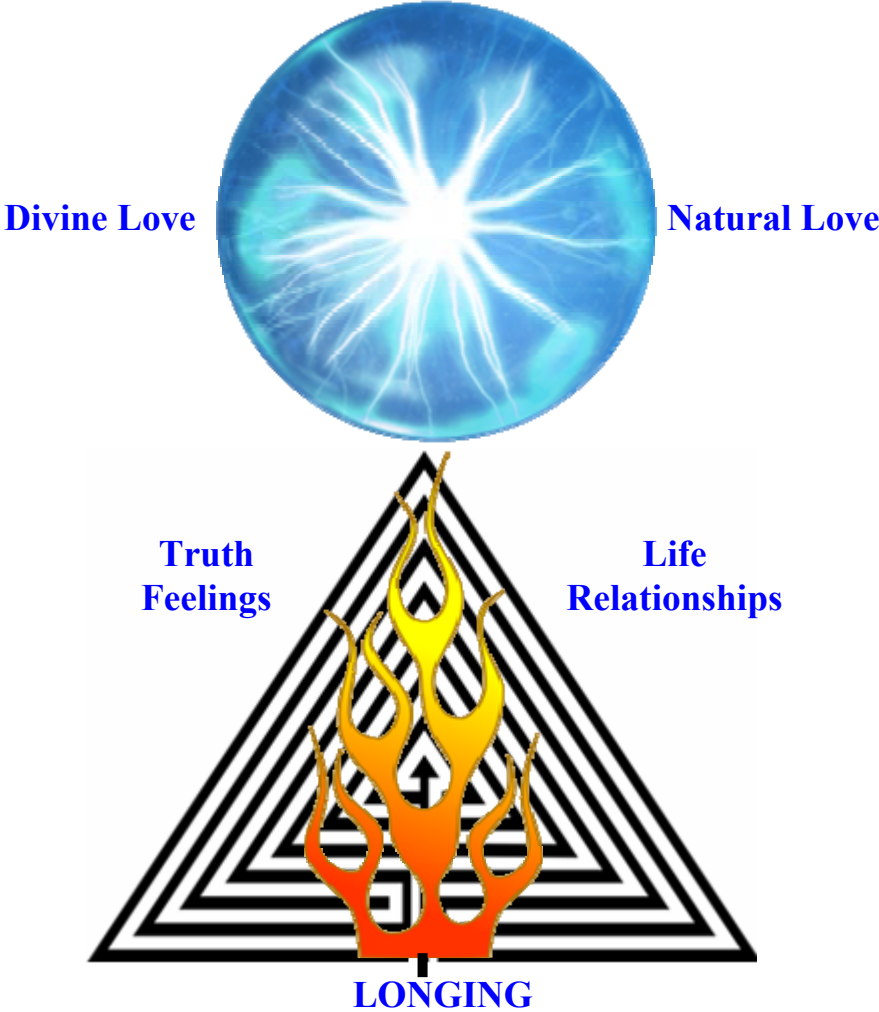
Then the Creator Pair, Jesus and Mary, will lead us through Neadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

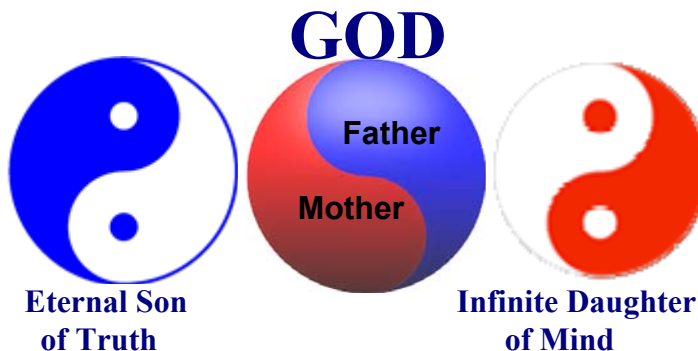
**HOW TO GET TO PARADISE:**

- Long for the Divine Love
- Long for the Truth
- Long for the truth of your feelings
- Don't deny any feelings: accept, express and want to know the truth of them
- Know your feelings are the key; your feelings are the Way
- Want to end your falseness and being untrue
- Want to understand the truth of your early life
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
- Want and long to know the whole truth of yourself
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

**The Key**



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit).

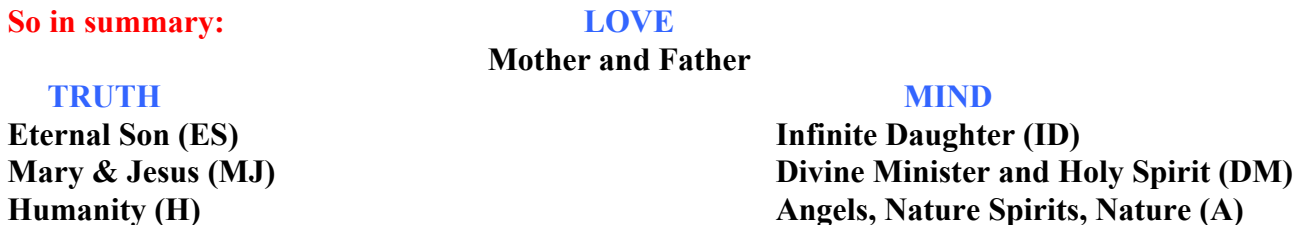
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

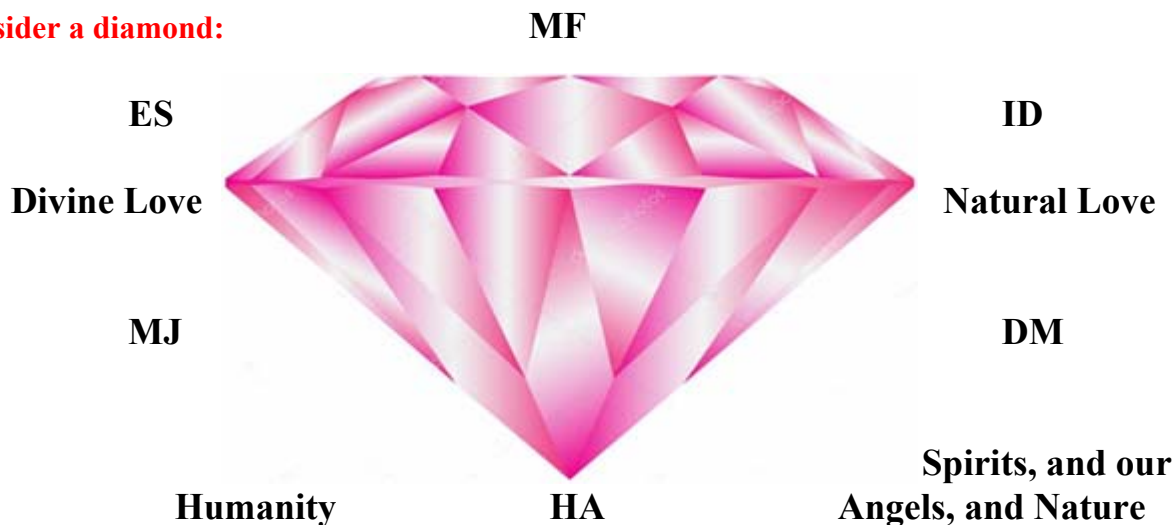
**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs / soul partners.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate / soul partners, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

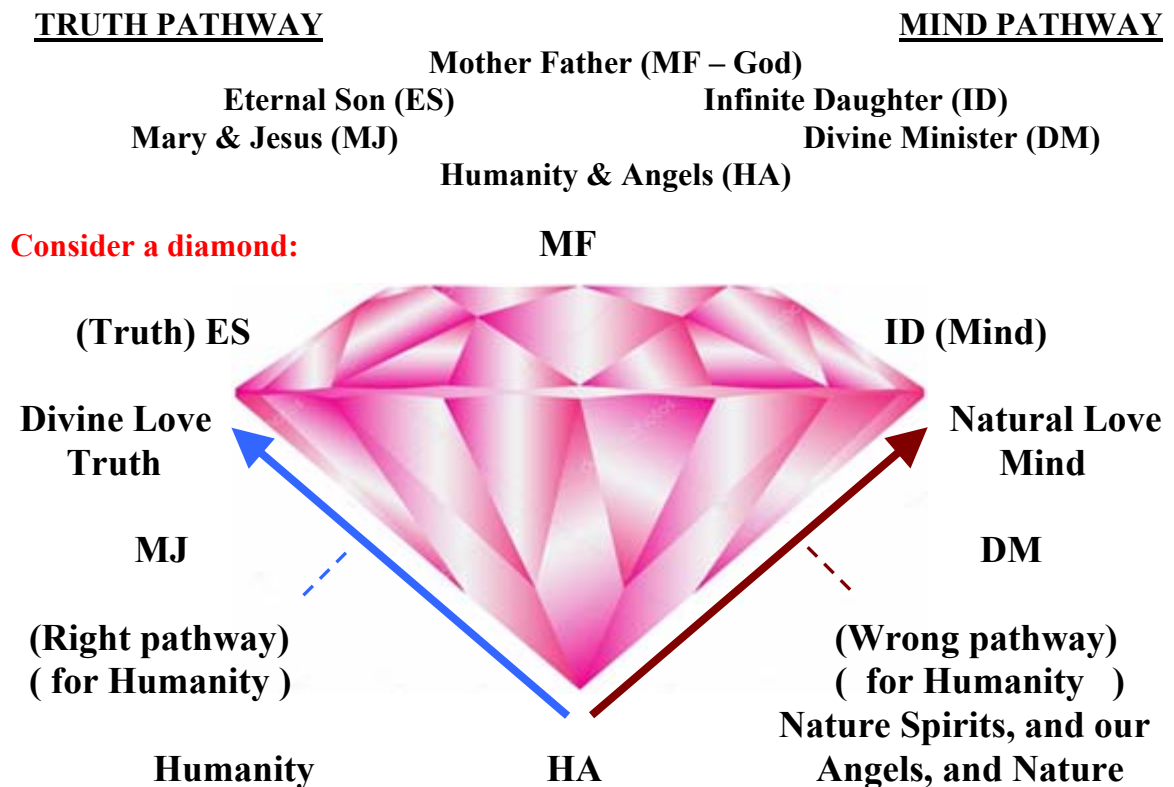
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs / soul partners – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate / soul partner, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

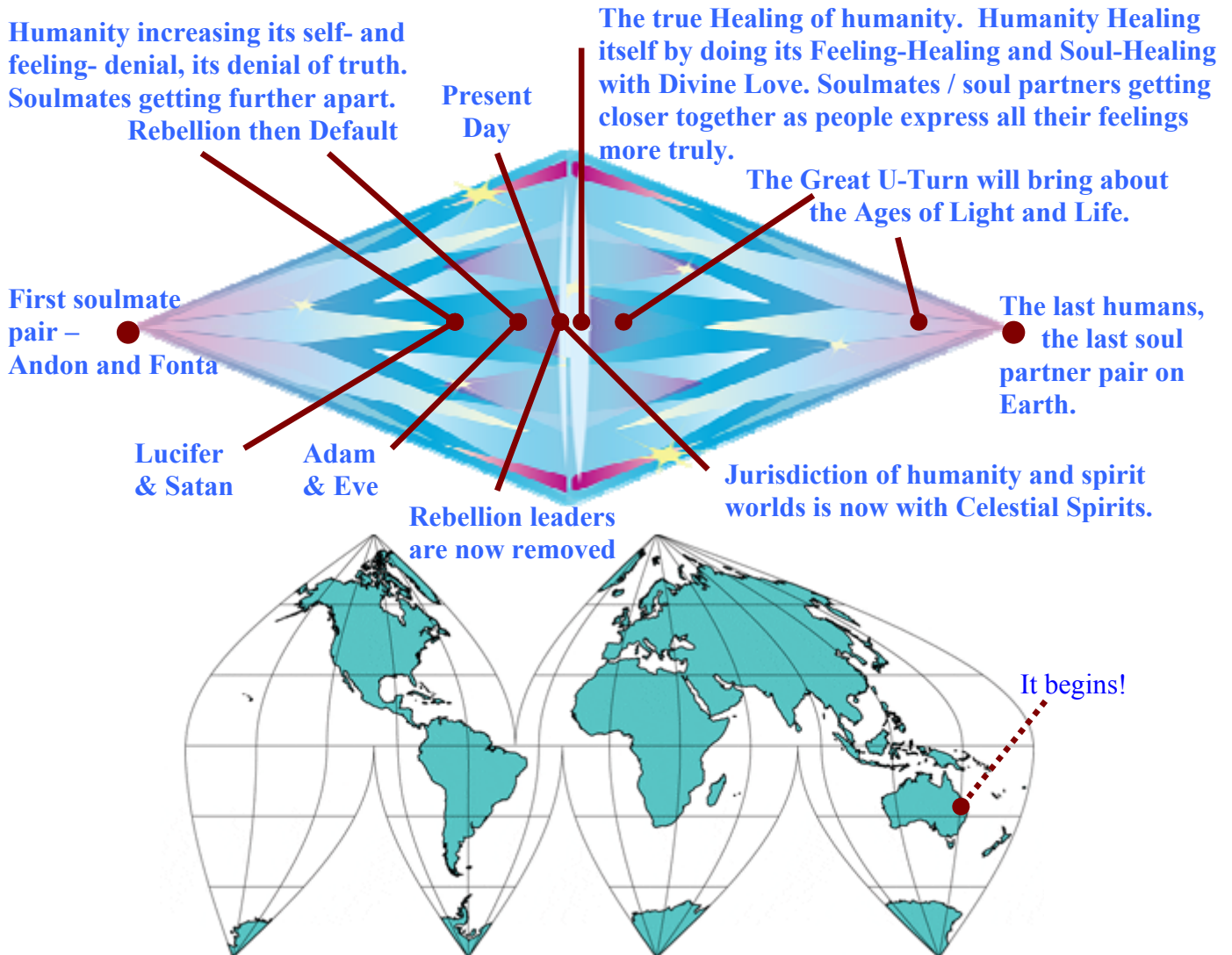
Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

## JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**  
(Passage in blue calibrates on the Map of Consciousness at 1,500)



## To be FEELING RECEPTIVE rather than being MIND CONTROLLED:

People are to sincerely seek the truth of themselves through their feelings. The soul is that indefinable part of one's self. It's that part we can sense, soul-perceive within ourselves, somewhere deep within our heart. And it's not centred in nor is it part of the mind as some people think.

Our soul, blessed with natural love character traits and being the home of one's personality, becomes rapidly encrusted by the personality issues of those within one's environment, commencing from the time of conception and culminating, typically, by the time one is of the age of six or seven. We reflect the encrustments of our parents and of those within our environment. Our soul always remains perfect though it can become as dark and restricted in capability as a dried up garden pea, covered in error and negativity. We are making decisions with our mind right from our first moment of conception, even with such a rudimentary mind. Those decisions compounding as our mind develops, until around age six when our mind is fully developed and we are locked into our negative state.



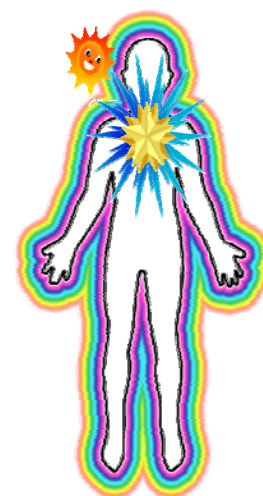
The Indwelling Spirit becomes present when we reach the age of six or seven. This means that the unseen helper of the Mother and Father – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Mother and Father. The Indwelling Spirit reveals intrinsic workings of our Heavenly Parents to our soul. The Indwelling Spirit guides us to uncover the truth of our soul through our feelings, whilst the Holy Spirit delivers the Divine Love into our soul, all in response to our longings for the Truth and the Love.

Together with the normal interaction between our soul and indwelling spirit all the truth we need to live will be given to us – all through ourself, all through our feelings. Divine Love, when asked for and received, gives one just enough strength and desire to keep pushing on, all whilst at the same time, not preventing one from feeling all the bad feelings we need to keep feeling.

It is by applying the full intention to uncover the whole truth of ourself through our ongoing feeling acceptance we are to rid ourselves of our childhood repression and all the problems it's caused.

The religion of feeling is really just living truth, the truth that comes from doing one's healing; which is really just the truth that comes from everyday expressing oneself: all one feels with the intention of knowing the truth of such feelings. True, however the further we progress and the more our soul expresses in Creation, part of what goes along with that is a sense, also from our soul-perceptions, that we are actually more our soul, so we are always becoming closer to being our true and whole soul. Only through our feelings can we come to BE our soul. We will ultimately not be reliant on anyone, only our feelings.

The thought adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit – a spirit fragment if you like, that comes from God's home – Paradise, when we're about six, and indwells our higher mind. It becomes, if we allow it to, by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise.



**INDWELLING SPIRIT, THOUGHT ADJUSTER,  
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

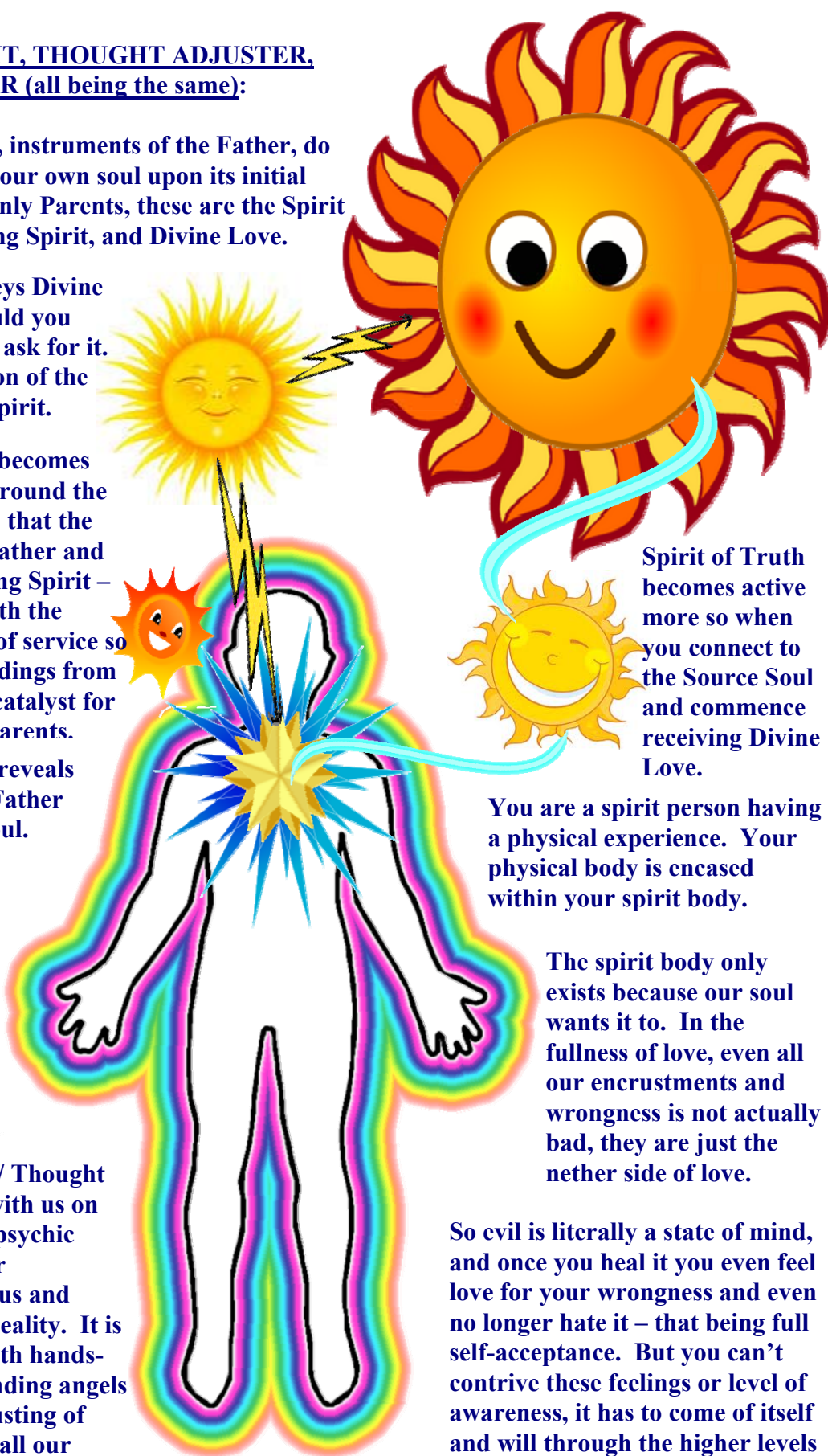
The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

**CRYING WORLDS HEAL, the LOVE WORLDS LIBERATE PERSONALITY:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups



Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3<sup>rd</sup> Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing mansion crying worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.

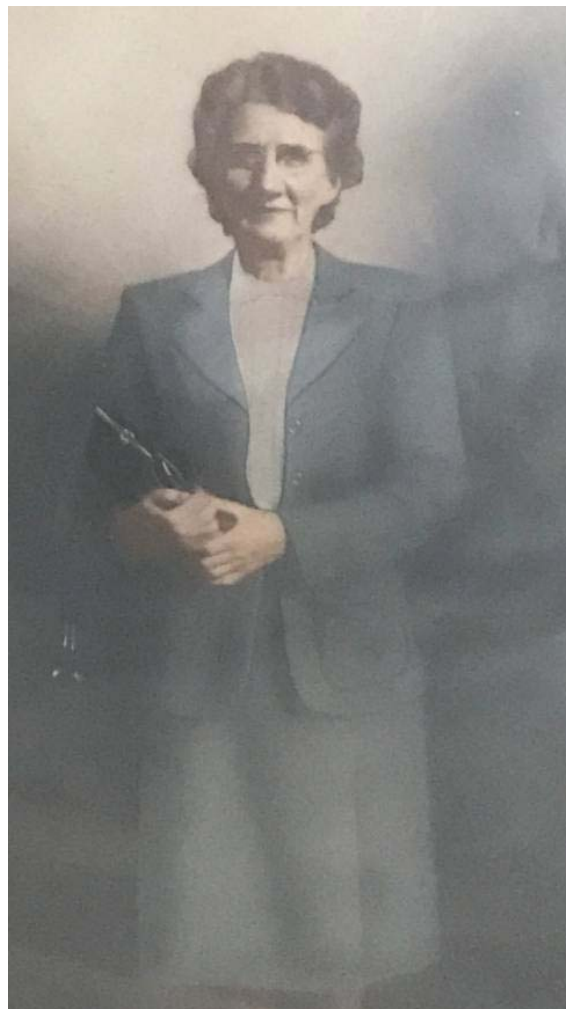
We all arrive into the 1<sup>st</sup> Mind Natural Love Mansion world. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1<sup>st</sup> and 2<sup>nd</sup> Mind Mansion natural love Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



**Elizabeth Mary McDonell – Beth – Nanna Beth:**

Elizabeth Mary McAlister was born 24 January 1890, she married Norman Alexander McDonell. She died on 5 October 1951 aged 61. The photo at the top left is Nanna Beth standing in front of their farm house on the property called 'Kilarney' of Buddigower, not far from West Wyalong in New South Wales, Australia. Bottom right is the farm house.



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The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

(Passage in blue calibrates on the Map of Consciousness at 1,500)

**Kevin Cooper** when in his early 30's.



The home above was the home that Nanna Beth lived in after leaving 'Killarney' of Buddigower, some 30 kilometres away. This home also became the home for Kevin for all of his married life.

The home on the right was that of John Doel, being some 200 metres away from that of Kevin Cooper, and earlier on, that of Nanna Beth.



### 3. The Evolutionary Idea

(361.3) 32:3.8 Excepting perfect beings of Deity origin, all will creatures in the superuniverses are of evolutionary nature, beginning in lowly estate and climbing ever upward, in reality inward. Even highly spiritual personalities continue to ascend the scale of life by progressive **translations** from life to life and from sphere to sphere. And in the case of those who entertain the Mystery Monitors, there is indeed no limit to the possible heights of their spiritual ascent and universe attainment.

(361.4) 32:3.9 The perfection of the creatures of time, when finally achieved, is wholly an acquirement, a bona fide personality possession. While the elements of grace are freely admixed, nevertheless, the creature attainments are the result of individual effort and actual living, personality reaction to the existing environment.

(361.5) 32:3.10 The fact of animal evolutionary origin does not attach stigma to any personality in the sight of the universe as that is the exclusive method of producing one of the two basic types of finite intelligent will creatures. When the heights of perfection and eternity are attained, all the more honor to those who began at the bottom and joyfully climbed the ladder of life, round by round, and who, when they do reach the heights of glory, will have gained a personal experience which embodies an actual knowledge of every phase of life from the bottom to the top.

(361.6) 32:3.11 In all this is shown the wisdom of the Creators. It would be just as easy for the Universal Father to make all mortals perfect beings, to impart perfection by his divine word. But that would deprive them of the wonderful experience of the adventure and training associated with the long and gradual inward climb, an experience to be had only by those who are so fortunate as to begin at the very bottom of living existence.

(362.1) 32:3.12 In the universes encircling Havona there are provided only a sufficient number of perfect creatures to meet the need for pattern teacher guides for those who are ascending the evolutionary scale of life. The experiential nature of the evolutionary type of personality is the natural cosmic complement of the ever-perfect natures of the Paradise-Havona creatures. In reality, both perfect and perfected creatures are incomplete as regards finite totality. But in the complemental association of the existentially perfect creatures of the Paradise-Havona system with the experientially perfected finaliters ascending from the evolutionary universes, both types find release from inherent limitations and thus may conjointly attempt to reach the sublime heights of the ultimate of creature status.

(362.2) 32:3.13 These creature transactions are the universe repercussions of actions and reactions within the Sevenfold Deity, wherein the eternal divinity of the Paradise Trinity is conjoined with the evolving divinity of the Supreme Creators of the time-space universes in, by, and through the power-actualizing Deity of the Supreme Being.

(362.3) 32:3.14 The divinely perfect creature and the evolutionary perfected creature are equal in degree of divinity potential, but they differ in kind. Each must depend on the other to attain supremacy of service. The evolutionary superuniverses depend on perfect Havona to provide the final training for their ascending citizens, but so does the perfect central universe require the existence of the perfecting superuniverses to provide for the full development of its descending inhabitants.

(362.4) 32:3.15 The two prime manifestations of finite reality, innate perfection and evolved perfection, be they personalities or universes, are co-ordinate, dependent, and integrated. Each requires the other to achieve completion of function, service, and destiny.

(533.5) 47:3.7 On Mansion World number one (or another in case of advanced status) you will resume your intellectual training and spiritual development at the exact level whereon they were interrupted by death.

Between the time of planetary death or **translation** and resurrection on the Mansion World, mortal man gains absolutely nothing aside from experiencing the fact of survival. You begin over there right where you leave off down here.

(570.10) 49:6.21 With the establishment of the planetary era of light and life, many go to the universe morontia worlds by the primary modified order of **translation**. Further along in the advanced stages of settled existence, when the majority of the mortals leaving a realm are embraced in this class, the planet is regarded as belonging to this series. Natural death becomes decreasingly frequent on these spheres long settled in light and life.

(622.5) 55:1.5 Such a morontia temple also serves as the place of assembly for witnessing the **translation** of living mortals to the morontia existence. It is because the **translation** temple is composed of morontia material that it is not destroyed by the blazing glory of the consuming fire which so completely obliterates the physical bodies of those mortals who therein experience final fusion with their divine Adjusters. On a large world these departure flares are almost continuous, and as the number of **translations** increases, subsidiary morontia life shrines are provided in different areas of the planet. Not long since I sojourned on a world in the far north whereon twenty-five morontia shrines were functioning.

(622.6) 55:1.6 On presettled worlds, planets without morontia temples, these fusion flashes many times occur in the planetary atmosphere, where the material body of a **translation** candidate is elevated by the midway creatures and the physical controllers.

## 2. Death and Translation

(623.1) 55:2.1 Natural, physical death is not a mortal inevitability. The majority of advanced evolutionary beings, citizens on worlds existing in the final era of light and life, do not die; they are translated directly from the life in the flesh to the morontia existence.

(623.2) 55:2.2 This experience of **translation** from the material life to the morontia state — fusion of the immortal soul with the **indwelling Adjuster** — increases in frequency commensurate with the evolutionary progress of the planet. At first only a few mortals in each age attain **translation** levels of spiritual progress, but with the onset of the successive ages of the Teacher Sons, more and more **Adjuster fusions** occur before the termination of the lengthening lives of these progressing mortals; and by the time of the terminal mission of the Teacher Sons, approximately one quarter of these superb mortals are exempt from natural death.

(623.3) 55:2.3 Farther along in the era of light and life the midway creatures or their associates sense the approaching status of probable **soul-Adjuster union** and signify this to the destiny guardians, who in turn communicate these matters to the finaliter group under whose jurisdiction this mortal may be functioning; then there is issued the summons of the Planetary Sovereign for such a mortal to resign all planetary duties, bid farewell to the world of his origin, and repair to the inner temple of the Planetary Sovereign, there to await morontia transit, the **translation** flash, from the material domain of evolution to the morontia level of prespirit progression.

(623.4) 55:2.4 When the family, friends, and working group of such a fusion candidate have forgathered in the morontia temple, they are distributed around the central stage whereon the fusion candidates are resting, meantime freely conversing with their assembled friends. A circle of intervening celestial personalities is arranged to protect the material mortals from the action of the energies manifest at the instant of the “life flash” which delivers the ascension candidate from the bonds of material flesh, thereby doing for such an evolutionary mortal everything that natural death does for those who are thereby delivered from the flesh.

(623.5) 55:2.5 Many fusion candidates may be assembled in the spacious temple at the same time. And what a beautiful occasion when mortals thus forgather to witness the ascension of their loved ones in spiritual flames, and what a contrast to those earlier ages when mortals must commit their dead to the embrace of the terrestrial elements! The scenes of weeping and wailing characteristic of earlier epochs of human evolution are now replaced by ecstatic joy and the sublimest enthusiasm as these God-knowing mortals bid their loved ones a transient farewell as they are removed from their material associations by the spiritual fires of consuming grandeur and ascending glory. On worlds settled in light and life, “funerals” are occasions of supreme joy, profound satisfaction, and inexpressible hope.

(623.6) 55:2.6 The souls of these progressing mortals are increasingly filled with faith, hope, and assurance. The spirit permeating those gathered around the **translation** shrine resembles that of the joyful friends and relatives who might assemble at a graduating exercise for one of their group, or who might come together to witness the conferring of some great honor upon one of their number. And it would be decidedly helpful if less advanced mortals could only learn to view natural death with something of this same cheerfulness and lightheartedness.

(624.1) 55:2.7 Mortal observers can see nothing of their **translated** associates subsequent to the fusion flash. Such **translated** souls proceed by Adjuster transit direct to the resurrection hall of the appropriate morontia-training world. These transactions concerned with the **translation** of living human beings to the morontia world are supervised by an archangel who was assigned to such a world on the day when it was first settled in light and life.

(624.2) 55:2.8 By the time a world attains the fourth stage of light and life, more than half the mortals leave the planet by **translation** from among the living. Such diminishment of death continues on and on, but I know of no system whose inhabited worlds, even though long settled in life, are entirely free from natural death as the technique of escape from the bonds of flesh. And until such a high state of planetary evolution is uniformly attained, the morontia-training worlds of the local universe must continue in service as educational and cultural spheres for the evolving morontia progressors. The elimination of death is theoretically possible, but it has not yet occurred according to my observation. Perhaps such a status may be attained during the faraway stretches of the succeeding epochs of the seventh stage of settled planetary life.

(624.3) 55:2.9 The **translated** souls of the flowering ages of the settled spheres do not pass through the Mansion Worlds. Neither do they sojourn, as students, on the morontia worlds of the system or constellation. They do not pass through any of the earlier phases of morontia life. They are the only ascending mortals who so nearly escape the morontia transition from material existence to semispirit status. The initial experience of such *Son-seized* mortals in the ascension career is in the services of the progression worlds of the universe headquarters. And from these study worlds of Salvington they go back as teachers to the very worlds they passed by, subsequently going on inward to Paradise by the established route of mortal ascension.

(624.4) 55:2.10 Could you but visit a planet in an advanced stage of development, you would quickly grasp the reasons for providing for the differential reception of ascending mortals on the mansion and higher morontia worlds. You would readily understand that beings passing on from such highly evolved spheres are prepared to resume their Paradise ascent far in advance of the average mortal arriving from a disordered and backward world like Urantia.

(624.5) 55:2.11 No matter from what level of planetary attainment human beings may ascend to the morontia worlds, the seven mansion spheres afford them ample opportunity to gain in experience as teacher-students all of everything which they failed to pass through because of the advanced status of their native planets.



(624.6) 55:2.12 The universe is unfailing in the application of these equalizing techniques designed to insure that no ascender shall be deprived of aught which is essential to his ascension experience.



Earth ↑

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

## WE ARE NOT ALONE:

In fact, our SuperUniverse is teeming with life!

The Spirit Worlds, commonly called the Mansion Worlds, and being numbered 1-7 (TUB numbers them 7-1), and the higher Celestial Heavens (spheres), appear to be within our local solar system, although they are not physical worlds like Earth – we can't visit them in a space ship, only in our spirit bodies, each world and sphere being of a higher spiritual vibration. Each of the spirit worlds and spheres are in close proximity of each other, and provide successive places of residence for us now that we've been individualised / incarnated on planet Earth.

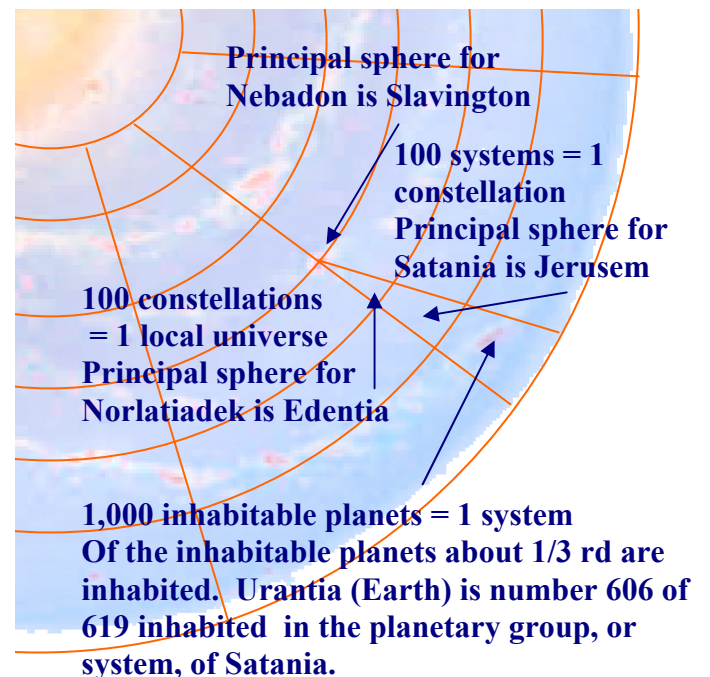
As we develop in Love we progress in and up through these worlds and spheres to ever brighter ones. Progression beyond the 7th Divine Love world results in our migration from the Mansion Worlds to the Celestial Heavens.

<sup>37:10</sup> The universe of Nebadon, which even now has more than three million inhabited worlds, with ten million in prospect. In our solar system, Earth is one of three inhabitable worlds. (The Urantia Book TUB)

<sup>32:2.9</sup> The organization of planetary abodes is still progressing in Nebadon, for this universe is, indeed, a young cluster in the starry and planetary realms of Orvonton. At the last registry there were 3,840,101 inhabited planets in Nebadon, and Satania, the local system of our world, Urantia / Earth, is fairly typical of other systems.

The Mansion Worlds of the Celestial Heavens are in the region of Jerusem.

<sup>119:8.8</sup> Urantia (Earth) is the sentimental shrine of all Nebadon, the chief of ten million (100 x 100 x 1,000) inhabitable worlds, the mortal home of Christ Mary and Michael, sovereigns of all Nebadon, a Melchizedek minister to the realms, a system saviour, an Adamic redeemer, a seraphic fellow, an associate of ascending spirits, a morontia progressor, a Daughter and Son of Man in the likeness of mortal flesh, and the Planetary Princess and Prince of Urantia (Earth). And your record tells the truth when it says that this same Mary and Jesus have promised sometime to return to the world of their terminal bestowal, the World of the Cross. This they have done through the Padgett and Moncrief Messages, etc.



## HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities, bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200 000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

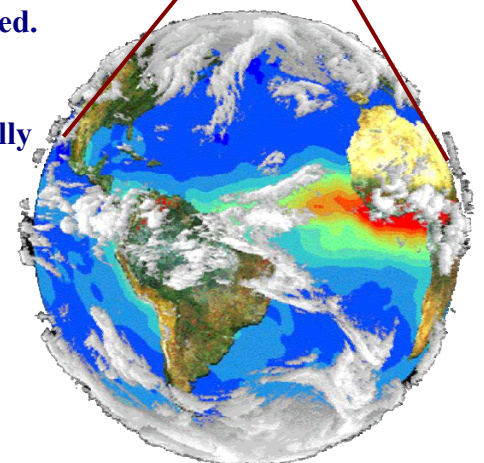
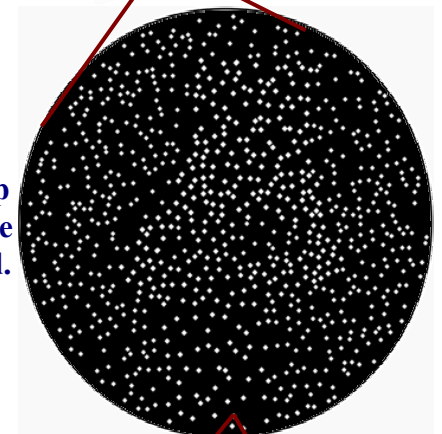
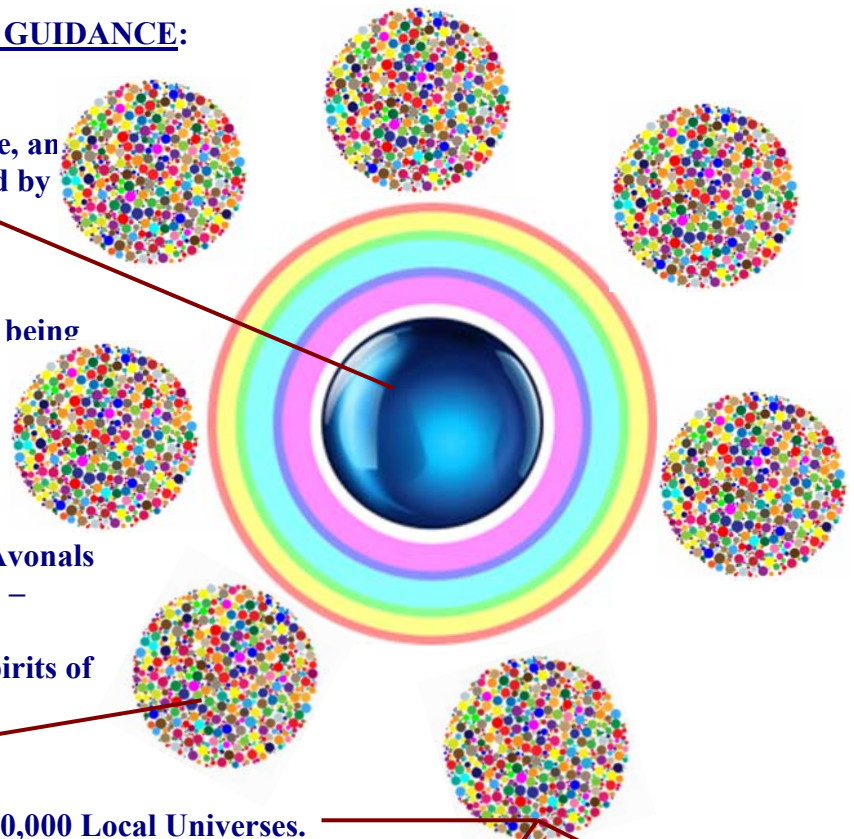
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



### **OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



**The New Way: learning how to live true to ourselves by living true to our feelings.**

**There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:**



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

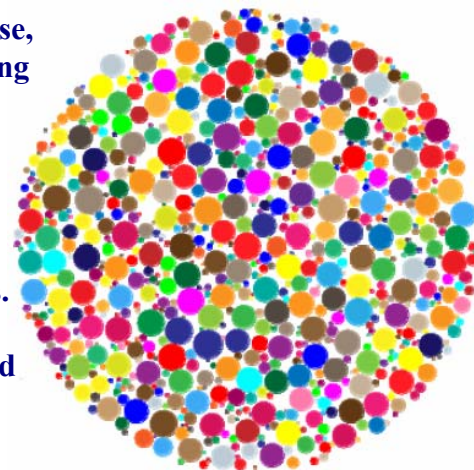
Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.

There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.

**Earth**



## NEBADON, our LOCAL UNIVERSE:

A *Local Universe – Nebadon*. One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

A *Constellation*. One hundred systems (about 100,000 inhabitable planets) make up a constellation.

A *System*. The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.



Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus Jerusem is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



*Salvington*, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

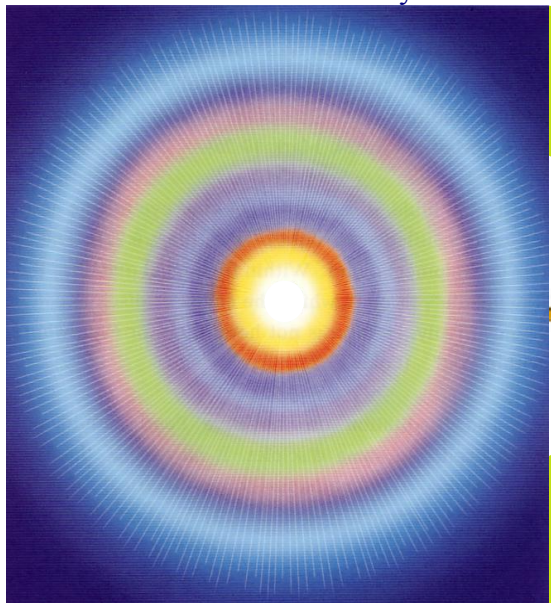
The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

Partly drawn from The Urantia Book (TUB) 7 July 2018

## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

James: And John was saying that he was feeling it was important, as in, more important than we understand, concerning telling about so many members of your and his family Nanna Beth, and all the different levels and things they are doing concerning their Healing and lives in spirit.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: It's true James, we are an example giving people a brief cross section of how varied a family might be. And then to understand we are only a few individuals within what is a bigger extended family. And how different and diverse we all are, all at different levels of soul progression, and at those levels for different reasons, and how our lives went to get us there. It's a snapshot to stir the imagination and desire to know for others to follow. For you see, in time James (this sort of future prediction we can generalise about for you as it's all part of your awakening truth), many people will want to know what's happening to their family members in light of their doing their Healing, how are they progressing, what's happened to them since going over into spirit, are they Celestial yet, and what does that mean, what are they doing having finished their Healing; and through such desire to know, we Celestials will be able to share a lot of information with people on Earth all through the family connection, because it's the most personal. And as you severed all family connections, not wanting to speak with any of them in spirit, so John kindly stepped in to fill the gap, allowing the snapshot into our family.

And look at how much spiritual information is contained within your brief writings with our family members. There is nothing like that anywhere on Earth, and yet in time, that sort of thing is to become the norm concerning spirit / mortal communication. It's far more profitable and personal connecting through family and friends, even when you are doing your Healing and might be hating them and rejecting them, than it is just connecting with spirits and wanting them to dictate so-called teachings to you, you, the ignorant student on Earth.

So it's all part of what we're sharing with you, helping you see that we Celestials want to work with you, be involved in your life, not separate from it. We want to help you to understand the truth of yourself through your feelings, not just tell you a bunch of stuff that is all mind to mind and nothing to do with your Healing and your evolution of truth. We relate to you in the opposite way to that of the mind spirits, and yet of course most people coming to us will be coming from a mind spirit perspective, that being how you all are in your unloving states. However as you progress in your Healing, so we will help you change, just as we've been helping yourself, Samantha, John and Crystal; and you can see how different it is to what it would be like were we working solely on the mind level like mind spirits. You've had enough experience now of both, and you can see and sense the differences – knowing how each makes you feel.

James: Yes, I see what you're saying Nanna Beth, and understanding just how much I was parented in the mind spirit way, as you say.

Nanna Beth: Completely James, only you weren't allowed to excel in it, you weren't allowed to use your mind to such an extent as to deny your bad feelings to the level of believing you were Enlightened. Your parents sent you down that path yet kept pulling the rug out from under you, so you've had no success in those areas of life, you've not even been able to do anything in life like regular people, like all the people at the Bush Bank who've had a normal working life, a family, and now are moving on into retirement, and with no spiritual thoughts, yet wholly living ensconced in the mind spirit way, that being, the way of the Rebellion and Default.



**WOMEN ARE OUR TRUE SPIRITUAL LEADERS**

Hi Nanna (this is John asking)

Sunday, 13 August 2017

Yesterday, Saturday late in the day, I felt your presence and that of my mother, Marie.

I don't suppose she was about for a game of cards, as we often did, however, I did feel she was up for a chat, is that so? Sure do welcome it, if so.

Chatting to James yesterday was like talking to a bunch of tigers and lions who have been far too long in a cage and are itching to break loose. The built up excitement of being able to freely flow with his desires and feelings is very powerful. I wonder if I will be able to keep up with him. It is incredible that all that he has restrained is now going to burst into a free flowing stream of achievement. This is a most beautiful feeling of expression that I perceive – and boy – to go along with the ride will be a most exhilarating experience. Boredom will be a word put to sunder for both of us.

Carolyn and I are about to explore central Australia, from Darwin to Adelaide, for two and a half weeks. Will the 'camera person' be coming along with us also?

I trust I will spend some interesting times with some very unsuspecting co-travellers on this bus journey. May they welcome my own personal enthusiasm.

Crystal enjoyed her four hour luncheon with Janet and Victor Benson, the Chiropractor. Well, she thoroughly became engaged with Janet, the red head, who is about 10 years her younger. She now waits to see what Victor does, or is directed to do by Janet.

Yes, Nanna Beth, it is far more freeing and enjoyable just to go with one's feelings. All will unfold as anticipated, however, in more than a most amusing and confusing way. So, I will stumble along, trying to catch breath and keep up with what I perceive as the unfolding adventure.

Thank you for your many inputs, and wow, what an adventure!

Love John

Nanna Beth: Yes John, you were correct, Marie and I visited you from the second Earth plane yesterday as she wanted to be closer to you, being able to gain more of feeling for what you are doing and who you are as a person, it being easier doing that whilst being physically closer to you than from the higher mansion and Celestial worlds. She wanted to just be with you, and then to make our presence known to you, and then for her to perceive your reactions to that. It is all part of what she's currently going through in her Healing, waking up to the horrible truth that she doesn't know you as a son, even as a person, that she was too absorbed in her own wrongness to take that much notice or interest in you. Superficially she did, as we all do, but not on any deeper levels, wanting to get to know the person more, what they think and feel about things. So we were with you for most of the day observing your thoughts and feelings so she could extrapolate them back within herself connecting with more of her unloving relationship with you.

She can't speak with you now, the whole day was very intense for her and consequently brought up a lot more repressed bad feelings, about how she mistreated you and how she was mistreated. She's currently going through the hardest part of her Healing, and I imagine she will not be able to talk with you for quite some time, years perhaps, as she works her way deeper into her despair.

However you will be pleased to know that she is not denying any of her bad feelings, she understands now completely that doing her Healing is the only way for her to end her pain, and she is fully committed to herself, wanting all her bad feelings to surface so she can move with them, expressing them to uncover the truth they are to show her about herself. So I am very pleased, and as hard as it is for her, well it's hard for all of us when we're in the thick of it, that can't be avoided, and she will get there like I did, like so many of us have; so it's only a matter of her continuing to apply herself, loving herself through accepting all her bad feelings, which she is intent on doing no matter what pain she is to suffer.

So yesterday she was mostly in tears when we were with you, although she withheld her pain from projecting it onto you, she didn't want to upset you or involve you in her Healing, that is for her to work through herself, it really having nothing to do with you or anyone else. She was so glad that you felt her presence later in the day, and wanted her to talk with you, that you weren't rejecting her and were very open to anything she might say to you, even though she couldn't and didn't want to actually converse directly with you, however she could feel and sense that you were loving of her, and it was your unconditional acceptance of her that made her feel worse because she was feeling she wasn't worthy of such kindness from you, you should have been wanting to banish her, punish her for all the terrible things she did to you, however she also understands that you're not yet in touch with that pain within yourself; yet still, you are how you are, and she was very grateful to you yesterday.

And how you were John, feeling our presence and being open and accepting of it, will help her with her Healing, as she needs to know that you don't hate her, not yet anyway, and that in your way understand that she didn't mean it, it was all because of how she was parented, and even though you only know this currently intellectually, still it's better than not knowing it, being blind to it all, even if all your bad feelings are still to come.

So as hard as the day was for her, it was good also, and will help bring to light a lot more of her repressed feelings, which is the whole point of it. And it's possible that we might come and visit you again from time to time, depending on what she wants. Ordinarily I don't descend to the lower worlds anymore, as I have no personal reason to, however I will come with her, she feels more at ease if I'm with her and I can keep any annoying spirits away, leaving her to be completely focused on her feelings. She is in a very vulnerable state currently, very open and exposed, as she's submitting to her feelings, feeling overwhelmed by them. So she'd not come into the lower Earth planes without my support, and for me it was nice being with her, just the two of us, with her working on herself, expressing to me her pain and all the horrible feelings she was feeling. It brought us a little closer and helped to feel that she can look to me a little more, which I don't mind, as I understand all she's going through having been through so much of the same self-denial myself.

So she wasn't up for a game of cards or a chat, you'll have to be patient with her, which of course you will; and in time, as I said, she will start to feel better about herself, and then she will be more forthcoming. However I'm not at liberty to disclose when that will be for her. We are told such things if we are to know them, told them to us by our angels, however under the strict proviso, a promise really, that we don't disclose such information.

And we understand, for it was the same for us at certain stages of our growth and Healing, and it still applies, as there is always someone ahead of you and they potentially know things about you, yet were they to say them, then it would deny you the experience of getting there and finding out for yourself. This point being extremely important to understand, which is why I keep stressing it, why a lot of the time we are not as forthcoming with information as you might like us to be. And although you want us to be forthcoming, that's from your minds perspective, and it has no idea what your soul needs. So to give rise to the feelings you need at the time of every experience, as you have to create in you the

necessary climate for the truth to be revealed as required, for us to step in denying you such experience, giving you instead a different one of our doing, can cause you problems. And as that's what the whole of Creation currently exists for, it all being set up to help us reveal the truths we need to for ourselves through our experiences via our feelings, so to deny this or get in the way of it, to sabotage this in another person, is major rebellion, you may as well be telling the Mother and Father to fuck off, that you know better than They, which I don't think would help you much in your own soul ascension.

And why I'm saying this now, is also to help show James, that part of his pulling in and pulling back from other people and not being forthcoming and confronting them with the truth and other things he can see about them that they are not wanting to see themselves, as they are not ready, not wanting to grow spiritually from their feelings, is to help him see why he's been right in honouring his feelings and not interfering with such people. He was greatly interfered with, and so learnt from great interferers, how to interfere, so having to let that go, understanding all that's involved as to why he does it and how, and then to choose not to do it, is all part of what he's currently going through in his self-acceptance.

And of course it is general truth that applies to us all, we all come to live this truth through our Healing, as we've all been so heavily interfered with, and consequently all interfere in our differing ways, all of which has to be seen and eventually given up.

James: Nanna Beth, I'd love to know: Did you know John was going to ask me these questions because of feeling you and his mother with him yesterday, so you knew you were going to take the opportunity to tell me these things as well as telling John what you want to tell him; or, are you just doing it in the moment now, because as it's turned out with John asking such questions... what would have happened had he not asked them? Would you still have imparted the same information for me to understand, next time we spoke? (Sorry John for sidetracking Nanna Beth from your questions and comments.)

Nanna Beth: I knew our impact on John yesterday would make him contact you James, which would give me the road into providing you with the information I am giving to you both. To answer what you're really getting at James, it's all completely orchestrated, what we do with you, by the Melchizedeks and Higher Angels – some of whom we've met, others we have only been told about. Nothing we do with you or Marion is just on the spur of the moment from our side. It is of course between you and John and whoever is in your lives on Earth, but for us over here, in our relationship with you all, it's all only about what we specifically need to help you with, we are not hanging around for or just wanting a pleasant chat, it's all work for us. And currently we're helping both you and Marion complete your Healing, helping you understand what it's all about, and helping you personally James, through your relationship with John and Samantha.

Marie's visit to John had nothing to do with you and Marion, it was solely motivated by her need to see him for her to feel what she did so she could work more on herself. However it meant that there was a high probability, like 99.9% that John would mention it to you, so we were instructed as to what we could say to you as well as what I wanted to say to John. And although it's only myself speaking with you, the 'we' is our soulgroup, because it involves us all. We are told what it is that is to be conveyed to you by the 'Higher Ups' and then we are left to work out how best we might go about that. So we worked out a rough game plan like we do, and whilst I'm talking to you, all the other members of my group can talk to me advising me what to say to you and so on. So it really is a group effort, which is why at times you will sense me pause, and wait, and then on I go again, and why at other times you will type something only to think, no, erase it, and retype it. This is all my working within your mind, as you have wondered if it is your own mind getting in the way, but no, it's not, it's all our doing as we work in real-time with you. And the beauty of your typing being a slower way to communicate, is we can be more focused so it all comes out as if it's mostly well thought out, whereas were you speaking with us in your mind, and with the speed of mind telepathy, that could be a bit more tricky stretching us

and making us really think on our feet. You may remember those times when you talk with us in your mind, and particularly when you quickly move into areas that we've not been advised in as to what we can tell you, it all gets mucky for you, with you ending up having to drop the connection and end the conversation. And I know you've got confused during those times, again thinking your mind as been too active and interfering, however mostly it's fine, it's just that you've stretched us beyond our limitations.

So we are still learning how to be with you James, none of us have evolved constantly talking with you as you've worked your way through your Healing. And because of John and his connection with you, and so then our connection with you, so we've had to receive additional training as to what we've already had to be able to do this with you. Yet we love it, we feel privileged to be so intimately included; for as I've told you, for myself, god I would never have dreamed anything like this existed, let alone that I'd, not only be involved in it, and one of the main mouthpieces, but that I'd love doing it.

And I am told I can tell you James, that once your Healing is finished, you won't suffer such restrictions and limitations by having to confine yourself to the likes of us, you'll be able to work directly with the Melchizedeks and the Higher Angels more, which will better suit you, as they will be able to move with your mind much easier than we can, knowing what it is you'll need and when.

And I will add, for all of us over here, the 'Higher Up's' included, the restrictions and limitations imposed on us by the Rebellion and Default are a right pain in the bum. We are constantly having to stop, tippy-toe along whilst some fine point of it is explored and worked out as to how much we can or can't do, can or can't say. It's a vast legal document that is fluid, it's constantly being evolved as the Rebellion and Default evolve, and now to complicate matters, it's also being evolved the other way as you and Marion work your way through your Healing. So because of you and our involvement with you, we are always coming up against it: now what, now what's this part mean, can we do that, can we say that, how far can we go, and what about if we do that, what ramifications will that have, and are they acceptable, and so on. And then it's even compounded further because of your involvement with John and Samantha and what they are doing and the effects that is having, and will have, on humanity.

And as we've said, it's all new, there are no precedents for any of this, and mostly we are left to working it out for ourselves with the Higher-Ups just offering guidance when we get desperate. So it's an incredible time for us all, highly exhilarating, even though I talk about it as if it's exasperating, but we don't ever feel bad about any of it, that is all over for us, and so it's simply the most incredible experience. And it's the same for all of us lower Celestials who are involved in any way with humanity and the effects coming from the New Truth that's being revealed. And you'll be pleased to know John, it's going to keep going like this for the whole of the next Spiritual Age, so you won't be missing out on your part of the fun over here. And meanwhile, as you say, you've got your plate full of fun dealing with it from your end.

And yes John, we'll be with you on your outback trip. How can we NOT be with you! There is so much going on constantly and we need to keep abreast of it. It's an intense time for us all, things are coming to a head in various ways, there are more Celestials who are ready to begin their work, including Kev's soulgroup, and they will be picking up the slack. It is all absolute perfection, for every Celestial arrives, of course, at the perfect time, and at this time, there is a lot of perfect positions being made available for them personally and in their soulgroups. So we're all seeing that it's all so highly organised, it's not just a matter of people deciding when they want to do their Healing and finishing it and rocking up into the Celestials wondering what to do. No, everyone, like everything in our lives, happens to perfection, so it's the perfect time when someone begins their Healing, finishes it, arrives in the Celestials beginning their new spirit life.

And so because of what Marion and James have been doing over all these years, so we've been working with many spirits in the mind worlds educating them about the need for them to do their Healing, which we've been allowed to do because of the changes, and so there are more Celestials doing that, which has resulted in more mind spirits beginning, doing and so finishing their Healing, and we need them all over here because of what is going to happen as this age draws to a close. So you can see, there's a huge shift going on in certain areas, all in keeping with the 'wave' of truth that is building.

And you are right John to go with your feelings, enjoy them John, enjoy the adventure as it continues to unfold.

That is all I want to comment on today, there is more for me to tell you John, however that is to come. Other events need to take place first. So enjoy your holiday, you'll be receiving various thoughts that will affect changes in your way of seeing things, which you will enjoy, with that distraction and unfamiliar surroundings and people stimulating other feelings and shifting your awareness so as to help you keep abreast of all that's happening.

So I will leave it there for the time being, and I'll be in touch. Marie picked up all your feelings for her, and more, so you need not concern yourself about not being able to speak directly to her yourself. Perhaps you can ask James to help you to speak with us, should the opportunity ever present itself.

All my love – your Nanna Beth, 3<sup>rd</sup> Celestial Heaven.

**John chatting with Nanna Beth through James:**

Thursday, 29 March 2018

John: From the time of conception, I have been working through my whole life, building to a crescendo, to what is to unfold in the form of Pascas. We are to arrive at the point of realisation 'shortly'. There are yet to be unexpected twists and turns. Certain things are yet to occur. There will be new communications and new lines of thought.

All through this journey, my wife – Carolyn, in making her commitment to marry me, values all her security, though not believing in what I am doing, is confident that it will be achieved and also she would like to see it happen.

Nanna Beth, though she has limitations as to what she can convey to me as it is not possible for her to interfere with our free will choices by providing details on what is to unfold, she is privy to all that is to occur. This has been conveyed to her by her Angels and the Melchizedeks. It was half way through Nanna Beth's healing that she was appraised of what I am about and what I was to do – whatever that is.

It is maybe 10 years now that I understood that Nanna Beth was personally aligned with me as one of my guides – the most pre-eminent guide – and that I understood her name to be Bethema. Was I correct in that understanding please?

**Nanna Beth: Yes John, I was able to give you a hint here and there for what was to come.**

John: They, in the Celestials heavens are very thankful for what has been done by me. From my point of view, what I have done has been for me in reaching understandings not previously made available.

My connection with James Moncrief in November 2016 enabled higher spiritual contact than what was previously impossible. This also made it possible to convey the process of doing one's healing. In short, the communications are from the 'top'.

Apparently, my psyche is such that I need intrigue. Yes, there are more brain benders to unfold. As I typically feel there is more to it and then probe further, this is expanding the possibilities and clarity of information. I apparently have far reaching vision capacity, this is rather natural and simple for me. However, others with this propensity have been self indulgent with the gift. It is my focus to make all that comes through me available for all of humanity without any impost. You could call that altruistic.

James' work fits in with what I am doing – or is it more likely the other way around. James and I have developed a loving, fun, expansive relationship that will endure throughout the rest of my life. With my quaint humour, what could be dry, boring material, it is now peppered with a sense of humour. This is clearly a constructive benefit to assist others with grasping what is now outlined in a mountain of documents, some 28,000 pages and much more when publications by others are added there to.

What is and will be difficult for others to grasp and talk about between themselves is effortless for me to understand. This is already very apparent. Others will have great difficulty in how to deal with Pascas.

Oh, the favourite food that I looked for on the few occasions I visited with Nanna Beth was banana ice cream, which is a 'banana split', and possibly a home-made fizzy sherbert!

When I pass into spirit, apparently that is some time off, my healing will be quite rapid. I am thankful for both those bits of news.

Now for the greatest of news. My mother, Marie Josephine Doel, entered the 1<sup>ST</sup> Celestial Heavens about one month ago. Let us call that February 2018. That is ripper you beaut news. And she now has the energy of a sixteen year old – wow – what a transformation!

Marie: I do have that energy John, and I can't tell you how wonderful I feel and I'm so happy it's all over, that I have passed through the eye of the storm and come out the other side feeling so happy and free and light and filled with such love for my Heavenly Parents, and a lot of love for you my dear son. Keep going, all will be fine, all will work out, as our dear Nanna Beth says – you'll see!

John: Further, my grandfather Norman McDonell is Celestial as Nanna and Pops children now all are, namely Eric, Alister, Bede, Marie, Norma and Terry. And also, all their husbands and wives, such as George (Norma), Don (Terry), etc. All are now with their respective soulmates / soul partners. Some of their children have also progressed into the Celestials. Further, some of my wife's – Carolyn – relatives have also progressed into the Celestial Heavens.

May we have some clarity as to my father's progression, has James (Jim) Doel progressed with and through his healing? Where is he presently?

Nanna Beth: He's nearly through, and will be within the next six months, so you can include him John, however he's unable to speak with you presently as he's working too hard on his yuk.

Jim's brother Geoffrey Doel, where is he presently?

Nanna Beth: He's still undecided about it all, possibly soon he'll make a beginning.

Jim's brother Francis (Frank) Doel, where is he presently?

Nanna Beth: He is in the fifth starting to come to terms with the enormity of all his repressed feelings – hard work ahead of him.

Jim's brother Clem Doel, where is he presently?

Nanna Beth: Clem is in the seventh – bottom of the seventh having newly arrived there. He's broken the back of his Healing and starting to feel a little happier about himself and it all. It's been hard going for him and his brother.

Raymond McDonell, son of Alister, is not yet Celestial, but close to it. Where is he presently.

Nanna Beth: Moving through the seventh, still working on coming to terms with his false self that was heavily entrenched within him and why it was, how shut off he was to himself – his feeling-self.

Terry and Don's daughter – Diane who married Philip Russell, Diane died on 11 February 2015. Has Diane progressed with her healing and where is she presently?

Nanna Beth: Diane is doing very well, mid-fifth currently, she's letting go of her mind control and should start moving up more swiftly, as she expresses the emotions of her feelings well.

Diane's husband, Philip, died on 2 June 2015 some three and a half months after Diane, his wife. Philip was found at Diane's grave site which is besides Terry's grave site, having died from a heart attack. Has Philip embraced his healing and where is he presently? Is there anything you may be able to add to Philip's unusual passing please?

Nanna Beth: He's in the second mind world currently John, we've approached him and made a little dent but still more work to be done. His passing was nothing unusual only the place it occurred might be thought so. He wanted to go, he didn't like living alone and a 'movement' in his brain facilitated his easy passing.

Did my discussions with Diane assist with her deciding to embrace her Healing? Also, did this flow onto Philip please?

Nanna Beth: Yes John. You helped her open up to see that perhaps there was more and that her religion was possibly limiting her. Diane looked up to you, and after her passing she was very open to learning more. It all came as a shock at how much there was, however she willingly wanted to move with her feelings and so she's been getting on very well with her Healing.

Note: Diane and Philip taught at a Catholic School. The McDonells and Doels were all Catholics.

Bradley Cooper, son of Kevin Cooper, was making stellar progress with his healing. Where is he presently?

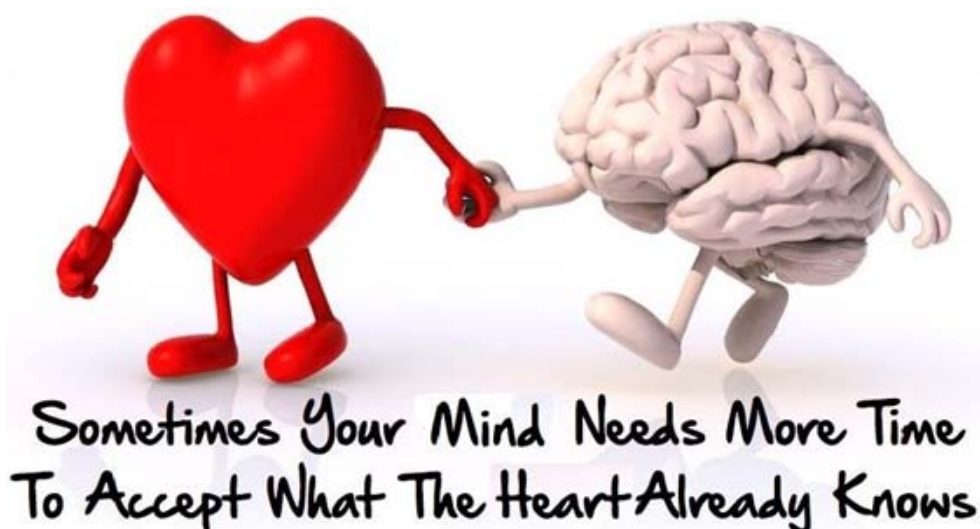
Bradley: Not long now John, so I understand. I'm working my way through the seventh as of some months ago. Still a time yet, however there is light at the end of the tunnel.

John: Those involved with Pascas, in every aspect, as with everyone will be guided and helped. Particularly those in the core of the hub, such as Graeme and Graham, Jim and Peter, etc.

Your comments to me were like music to my ears – though I was struggling to grasp much of what you were saying through James, maybe the loose ends can be tidied up now please?

Nanna Beth: Nothing to tidy John, you've got all you needed and very well so. It will be time to move on shortly, more work for you to do but not so much typing!

Thank you ever so much, love, John





**BRADLEY COOPER has arrived into the 1<sup>st</sup> Celestial Heaven:**

Friday, 20 April 2018

John: Now for something very personal to me. I feel Bradley has something to convey to us. I do hope he has an auspicious date to announce. Is this so? On Tuesday afternoon, I felt his presence and vibrancy, a kind of excitement – he is now Celestial?

Bradley Cooper, son of Kevin, suicided on 21 September 1999 and early April 2018, became Celestial.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Yes, it's what you suspect, he's over here with us now (1<sup>st</sup> Celestial Sphere), that which he was trying to convey to you. He is settling in with his soulmate / soul partner and coming to terms with the role he'll be playing. He'll be with you however not so much directly, but involved with an aspect of it that they'll develop and evolve as you progress.

You see John, there are lots – masses – of aspects that will unfold for us Celestials when everything starts in earnest. New avenues for us to express ourselves through. And so Brad and his partner will be involved with one of these new ways.

It's an important point which I'll try to explain further, to try and give you something of a picture; as you understand the Rebellion and Default has been going one way for a very long time, so everything is well entrenched in that way, even over here, so the Mansion Worlds how they work, including the Healing worlds, and even the first three Celestial spheres. So to have EVERYTHING turned on its head and go the other way, well that's a massive event, and something that's going to affect us all. And so having been reduced to the barest of self-expression of us all, including you on Earth, having been reduced to the least creative life you can all live, that which the Earth is currently reflecting with everything trying to be the same, the pressure to keep going this way is to end, and steadily the pressure to go the opposite way, to increase creative expression, and I don't just mean through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. So masses of new opportunities are going to unfold, so for you on Earth, the spirits in the Mansion Worlds (1 to 7) and for us Celestials. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before. So there are masses of new opportunities that Celestials will be involved in, all of which will work through to you on Earth, and Bradley and his lovely (soulmate) partner will be part creators in one of these fields. He might be able to explain it to you in times to come, however as it doesn't even exist now other than in the ether and Melchizedek schools, so that might take a bit of time. However it will all be tied in with all that you'll be doing John. I know it might be hard for you to understand, but that doesn't matter. When the dynamo starts to crank up, so the light is going to start to shine brighter and brighter.

[Note from John: This is a clear introduction of just how suppressed we have all been in expressing ourselves as a consequence of the Rebellion and Default. Through engaging with our Healing, we are stepping away from our mind's suppressive wayward control to the freedom and liberation of our feelings. Living through one's mind is going the wrong way, embracing and following one's feelings is engaging in truth and going the right way – towards Paradise and our Heavenly Parents. Our truth all comes from within one's own soul being expressed through one's feelings. Further, as we ask for and receive our Heavenly Parents' Love, the Divine Love, our natural intelligence grows, particularly as we engage with our feelings. The peak of this potential development, while living in the physical, is when having progressed through one's healing along with embracing our Parents' Divine Love, one's soul becomes fused permanently with their Indwelling Spirit – that is the moment of at-onement, from then on one is living continually through their feelings in communion with our Healing Parents, this is living as a Celestial while in the physical on Earth.

Apologies here Brad, objective is to present the vast void that you have climbed through, that being entombed in the greatest of feeling suppression to now being a Celestial spirit. Bradley Cooper is my nephew, he is the son of my brother-in-law Kevin Cooper. Kevin, now also Celestial, was a carpenter with little interest in anything other than the sporting channels on his television set (just setting a scene Kev). Bradley was best described as a labourer. For example, Brad worked on the construction of gas pipelines. For a period, Brad worked with my brother, Lloyd, as a groundsman at the local country club – lawn bowls and golf course. When Brad showed up for work on Mondays, he best measured his weekend as the quantum of shakes he had, and that his pocket full of money had gone, as he generally could not remember what he did over the weekend. By Friday he was set to have yet another such weekend. One can now recognise this pattern as being an expression of feeling unloved during one's forming years – the addiction being a direct consequence. Bradley suicided on 21 September 1999 and in the early part of April 2018 he is now a Celestial spirit, now within the 1<sup>st</sup> Celestial Heaven.

From the above description by Nanna Beth (my grandmother resident in the 3<sup>rd</sup> Celestial Heaven) of what Bradley is becoming engaged in doing is an introduction to the enormous suppression of our true selves that all humanity is living with. As we free ourselves from the Rebellion and Default (living through our minds) and embrace our soul based feelings with the truth therein while receiving our Heavenly Parents' Divine Love, we will all discover the unquestionable, incomprehensible capabilities that we are endowed with. The potential for all of Humanity is being able to live Heaven here on Earth while in the physical.]

Monday, 23 April 2018

**Nanna Beth and Bradley – his speed of 'recovery'.** John was wondering Nanna Beth if you could please say more about how he's (and Kevin) changed so much.

Nanna Beth: It's the light in their soul James, it's the light that comes from the truth they are living that's changed them – that changes us all, light from our soul. It's the same for you on Earth as it for us over here, if one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting. Seeing such spirits changing so much, seeing it in myself – feeling it, feeling myself as I grew and changed in the truth, shows us all just how severely denied we are. We're nothing like how we should be in our self denial. So many people are living completely false lives, so when they become true, they'll almost be the complete opposite to how they've been, which is what John you are finding so amazing with Brad and Kevin.

And it's true, as you'd see for yourself, they are nothing like they were on Earth. They are alive and vital, real expressions of their soul, and now living fully Healed lives as Celestials and still coming to terms with all they've been through, we all take a long time to integrate and understand it all, but they are virtually – New People, albeit spirits.

You on Earth are used to your anti-self conditions, you've not got a group of Celestials, people who've fully Healed themselves, to show you how much they are changed. But in time you will. And those people, for the people who knew them before, will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour is gone, with all their loving self being expressed. You are all but the living dead, we are the living living. And there's a huge difference.

And you John are forgetting, because you're getting more used to it, used to it through myself and the others in our family who are impressing themselves on you, that we Celestials are vastly different to

spirits in the Mansion Worlds. We are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. You speaking with me through James is very artificial because ordinarily you'd not have access to me or any Celestial, so you'd not know of the changes to us spirits. It's all very easy for James to 'speak us through to you' however it's a very rare occurrence, something that is only able to be done because of the Healing he has done. It's all part of the specialness of what's happening, and really it's for you on Earth to discover how you will change yourselves when you do your Healing. It's not for us to say.

But as I said, the changes are vast, you have no idea how substantial they are, you are taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them. And it's not a matter of the angels just waving their magic wand like with Sage and the crippled person is healed, that is all only on the physical with a few other auric adjustments to the mind; but doing your Healing, changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

So you're right to be amazed because it is amazing all that happens. As you will see for yourself, once you've finished your own Healing John, you'll be like a new person. And yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with the rest of you in a kind of dormancy, or even more like a stupor.

And by the way, things are stepping ahead quickly now, things are starting to speed up, that being on the world and SI front. Everyone down there is having to change quickly in the behind the scenes, areas of the world and government. And some people are easily able to go with it, others are falling by the wayside. Pressure is being increased and exerted on all sides, so you'll start to feel the solid investments are not so solid as they have been, that being, those controlling them and keeping solid the blocks you've been facing, having to relax as they become more fluid.

I'll speak to you soon, love Nanna Beth.



27 April 2018: Nanna Beth says it's all for us to work out, as we know, so there's nothing else she wants to add. Other than give you her blessing and big hug and kiss. I think you get a Big Gold Star John, and you'd better not think about burning down the new college you're building – hey, it's probably karma that you have to pay back, rebuilding the shitty old school with a brand spanking new one, yet one with a new 'religion' (way of living – Feelings First) contained within it.

Friday, 4 May 2018

I (John) continue to be over the moon that Bradley is now a Celestial and I suspect his assignment is related to NATURAL EXPRESSION.

Nanna Beth: Part of his assignment is to help you with your wanderings from this person to that as you give out your information and see the reaction of those you interact with. He has asked if he can be of any specific help to you, he feels close to you as you do to him, and he is very appreciative of all your emotional support and goodwill. He understands that rightly so someone like him, being Celestial, seems too good to be true, however it was partially because of you John that he was able to do all he has done so quickly. He had visited you and understood that you had accepted James Padgett and others working with the Celestials, and so if you had done that, then it couldn't be too bad, there must be something good in it, as you'd not bother with such nonsense if it was all boloney.

Tuesday, 8 May 2018

John: May we be introduced to Bradley's soulmate please? Her name and a little background history, if you please.

Nanna Beth: I'm afraid I can't comply with your wish John, she doesn't want to be brought out into the light. She wants to remain 'hidden' on the Celestial side of things. It's too much, all she's been through too recently with her Healing. She needs to consolidate it all, with her and Brad, wanting it to be kept private, more intimate, which is understandable. So perhaps one day, however possibly when you've completed your Healing and are living in the Celestials. A lot of Celestials are like that, not wanting to connect back with Earth or the Mansion Worlds, wanting to delight and relish their Celestial-ness, no longer wanting to be part of the old.

# **SUPERKIDS**

## **Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



## **Feelings First**

**RAYMOND McDONELL – now CELESTIAL** John's first cousin Saturday, 26 May 2018  
 John: Hi Nanna Beth – 3<sup>rd</sup> Celestial Heaven, also grandmother to Raymond and John

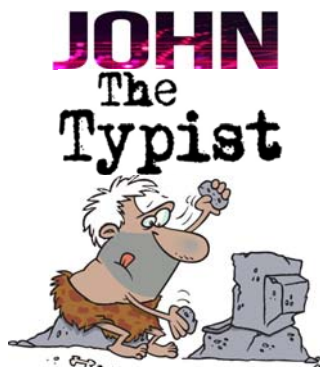
On Wednesday, I felt that Cousin Raymond had some news for us. Is it so that he has made the big journey? And is he with his soulmate please?

This is a great reason to celebrate. Raymond is my first cousin and grandson of Nanna Beth. Raymond grew up on what was Nanna Beth and her husband's farm, being three properties from the one I grew up on. Raymond and I attended the same 'one teacher' school. Raymond died on 22 October 1971 through a motor vehicle accident.

Nanna Beth: It is as you felt John, Raymond is now a resident Celestial, we had a lovely 'arrival party' for him, his soulmate, who also wishes to remain undisclosed, was there to meet him, she's been in the Celestials for about twenty years and is in the third sphere, we have worked a lot together, so she is now going to help Ray move up to be with her. So they'll be heavily focused on each other for some time. All of our immediate family, those people you relate and have feelings for John, are to move up to the third sphere relatively quickly, and as yet none of them are wanting to move on further. However I imagine that will change, some of them will feel the pull to get on toward Paradise. I have been told I'm going to be around for the whole of the next age, so you and I will be having quite a bit to do together one day, that being, face-to-face. I'm able to tell you John, I'll be personally helping to oversee your Healing when you're ready to move into it; but also don't feel that you have to, it's not for any of you on Earth to feel that as soon as you come over you MUST get on with your Healing. There's plenty of time in eternity, and it might be that many people have other experiences they are to live as well, even beginning their Healing slowly and doing other things in the mind worlds, or leaving it for a while altogether. It's a case of, once again, you just can't tell, and you can want and long for whatever, however we all have to be open to the notion that our soul might have other things in store for us, and of course that can happen to us at anytime.

So we don't want people to feel they are under any pressure to have to start their Healing, even once they come over into the Divine Love worlds, because all that sort of pressure is just more mind control. If you feel you MUST begin, then there are more feelings to begin with as to why MUST you.

NOTE: About the 28 May 2018, I came to understand that my wife's father, Lawrence Butcher, had progressed into the 3<sup>rd</sup> Divine Love spirit Mansion World. Thus, he has commenced his Feeling Healing with Divine Love, that being his Soul Healing. Lawrie died on 8 February 2016, aged 97.7 years. He would have turned 100 years of age on the 2 June 2018.





**Sulphur Crested Cockatoos**

One's feelings may bite and ruffle one's feathers; however, it is our feelings that are always in truth as they come from within one's soul which is always in truth and love.

The life force of all aspects and elements of living nature never reincarnate. The life force of each natural living thing returns to the pool of life energy and re-emerges as a nature spirit to continue its development of its mind. The nature spirit's development leads to subsequently becoming an angel.

We, humanity, are to develop our soul through the pathway of truth through our feelings.



**FAMILY TREE**

Nanna Beth: Yes, John, we have a **long family line** on many sides of our extended family tree that have done the hard work of their Healing and attained the Celestial level of truth. Our family tree is more divine than not, whereas or many other family lines it's still the other way round. However there are also a lot like us too, all of which is part of what is happening now slowly being reflected on Earth.

When you come over and can look back through the register of people – now spirits – who have come over and what they have done and those who've done their Healing and how long it took them, it's fascinating. Some of the spirits spend copious amounts of time studying their past hereditary lines. It's all so fascinating and you start to see how incredible the bigger picture really is. It will blow you away John, something you can look forward to, tracing back your ancestry through the ages. And it's all there; and then many of more recent spirits you'll be able to meet and hear their stories, many others have of course left for Paradise, yet still some of the 'ancients' will be around, enough to give you a very in-depth understanding of 'where you have come from'. I'll introduce you to them when you are ready. And it will help turn many keys to the understanding of yourself. You'll be able to see how all your negative lines came into being, and then how each of us are healing them. How we're all individuals and yet also all connected. You angels will help you understand and see it all in 3d (three dimensions), as if in real time, scrolling through the lives of all your ancestors, in the Hall of Records. And it's all there, nothing is lost, our angels faithfully record everything we do and say, all that we are, so we can see, even 'watch the video', of our conception right through to the present, and then see how all our inherited personality attributes on all the levels came into being.

James: So we can see our parents having sex?

Nanna Beth: Yes, if you want to see that James. Once you've attained the Celestial level, part of what you are granted is access to the 'whole of yourself' in that everything that has been part of your life right from the very beginning. So if you want to see how, where and when, and in what emotional, mental and spiritual condition your parents were in when they conceived you, so you can see it all. Nothing is kept from you. It's all part of you, part of 'you in Creation' and you can 'take it all with you', which means, you'll always have access to such 'records' of yourself.

And then of course the records keep growing as you keep expressing your personality in Creation, all of which 'Is your life'.

James: I don't know that I want to see all of it, can we edit some of it – scrub out the bad parts?

Nanna Beth: That wouldn't leave much left for some people. And no, you can't interfere with any of it, you know that James, how can you say that you ceased to be for a certain amount of time; and you can't edit in a better life for yourself, as some people might want to think about doing. And besides, by the time you are Celestial, you will love all that you've been, including all the worst parts, because you understand they are all what have made you be you; and you really couldn't help being as you were, it's all far bigger than we are; and so you'll cherish all your wrongness, even the most vilest, cruel and most despicable parts.

**JOHN MUSING**

Hello Nanna Beth and Family

A couple of weeks ago I felt that my mother, Marie, came visiting and that she had things to share, is this so? Nevertheless, her presence was most welcome and enjoyable.

This seemingly transitional period in our agenda is very stressful and complex.

I have felt that the realisation of having been a sitting duck in a shooting gallery for fourteen years was an immensely difficult and stressful drawn out endurance test. It was not a test in as much as it had to be done. Few realise that during this period Crystal and I observed five people being poisoned to the point of needing intensive care in hospital and probably more than eight people losing their lives, all without the delivery of the 'Package' having been consummated. A countless number of people have had their lives turned into mush and turmoil through this period – two kidnappings and drugging, false criminal charges, financial ambush, and outright theft of the whole Solid Investment fund pool on three occasions, disenfranchising 35,000 account holders. Politicians of a number of countries have proven to be evil while presenting a persona of being in a position of authority for the benefit of their constituents.

Now that era is about to be transferred over to an entirely different set of complexities.

We now have incredible freeing and loving guidance to share with all members of every family, no matter what walk of life they may embrace, what culture they are of and wherever they may live. Yet to explain it requires a one on one conversation and that is to introduce what aspects that may pique their interest and commence to resolve some questions they may have. It is a daunting task just to recognise that which may be of an interest to an individual, let alone address their need for information.

Then there is an array of commentary that can flow back from taking statements out of context and adding a little twist from the vast array of misinformation that all of humanity has been indoctrinated with over the era of the Rebellion and Default. You can take what is (or was) a sound point of view and consider what is being portrayed throughout the Writings and Pascas Papers and you can easily see why many need to reject what we are providing. Confusion prevails worldwide!

Then you see that what we have to introduce is in total opposition to what millions and millions of people have invested much of their lives into – and here we are pointing out that their foundations are of straw and are harmful. This will be a confrontation for many that just will be rejected by them.

Yet, if we do not put what we have forward then no one has the opportunity to consider and choose.

So I am transitioning from a 'sitting duck' to being a guy in stocks to have rotten tomatoes thrown at him!

Others may well be caught up in the cross fire!

I am certainly looking forward to the end of being a sitting duck!

Meanwhile, the apparent incompetence to complete the delivery of the 'Package' to Crystal appears to be a classic demonstration of 'psychic barriers'.





The timing when the delivery of the Package may be consummated, to me, could be one of two things or more likely the timing of two things together – or is it more?

When the perceived tension is reached that the investigations by both the European Union Government and the German Parliament reach a critical advanced level so that there will be no turning back and putting aside of their investigations and also those by governmental authorities that have been drawn into specific aspects of these investigations is reached. That is, the German political investigations will be locked in to complete as well as the European Union and related investigations will proceed to reveal the US\$20 trillion payouts of 2008-2011 for what they truly were about and the full extent of the Rothschild involvement and their network of global control will be revealed.

The second is that the Package will be handed over when it is appropriate for us to prepare for the pair having healed and transition into Celestial state. Or is it that the delivery may be after their transition?

When ever the Package is delivered it will be optimum for all of the above probabilities. None of which we can determine. It will just unfold.

However it is a psychic barrier that mere mortals cannot and will not breach until it is opened up to enable the Package to be delivered. Firstly the two couriers have to recover from their illness which I presume is the coronavirus that they have contracted while waiting in the state of New York or nearby.

Are we observing the workings of a psychic barrier?

In the meantime, I have been dumbfounded by the information that continues to unfold for us to share.

The concept of ‘Journey for Humanity’, a Pascas Park presentation in the form of an edutainment ‘museum’ has taken on a life of its own now having seen what Weta Workshop delivered at the New Zealand National Museum in Wellington of New Zealand, making up the ANZAC eight special features. Peter is instantly supportive of the concept. A full delivery of all that is possible may represent a two day visitation experience for people coming to the proposed centre – the first of many to follow.

Yes, there have been a lot of moments lately when I have felt what confronts us is beyond possibilities – but the show has to commence and we can only do what we can – whatever that is!

Well, Nanna Beth, would you and the family like to have a say please?

Cheers John



Elizabeth Mary McDonell (nee McAlister) was born 24 January 1890, died on 5 October 1951 leaving six children, one being Marie Josephine Doel who was born on 1 August 1913 and died on 26 September 1971. Elizabeth Mary McDonell was referred to as Eliza, and as John’s grandmother, as Nanna. In the spirit worlds, she adopted being called Beth, so to John she is now ‘Nanna Beth’.

Tuesday, 21 April 2020

James: Marie, John would like to talk to you, through me. I'm sure he'd love to talk to you personally, however I will have to suffice.

Marie (1<sup>st</sup> Celestial Heaven spirit): Yes James, we will do our best.

Hello my son, yes, I was wanting to speak to. I am doing very well, better than I could have ever imagined. The whole Healing process was difficult and has affected me greatly, for which I am grateful, and to which I am still adjusting.

I do come to you regularly, mostly we can 'access you' from the Celestial levels, from the 'Battle Room'. I visit it regularly to see mum (Nanna Beth) and how she's dealing with it all. Still I can't believe it is my own mother who is in control of such a vast array of 'goings on'. I am not so capable as she is, she just seems to be progressing in her abilities beyond measure, but for myself I am not so interested in all the worldly dynamics some of these Celestials are so heavily involved in.

I am happily, very much so, getting to know my soulmate, there is a common union between us however we are very different, there are beginnings of 'new love' but coming from my Healing which crushed all such longings out of me having to accept that in my unloving state there was never to be any real true and enduring love for me, it's a lot to accept that now there is, so it's something we're not rushing into. Other spirits do strongly come together instantly feeling their deep soulmate love, however for me and my soulmate who's name is Edward and he grew up many years ago in what is now Estonia, but it wasn't when he lived his life, we're taking it easy, our soul gently awakening our soul connection, which is really nice, and which we're pretty much fully absorbed in at the present time. We have no pressure being put on us, unlike what I thought I should so, joining Nanna Beth and 'getting on with it', and in fact it's become more apparent to us over these months since we last 'spoke' that I don't think it's for myself and Edward to remain here in the lower Celestials and that our soul will soon start to call us heavenward, to keep going with our ascent of truth, leaving all the hard work to your Grandmother.

And should that happen – and even writing this now is helping me feel that is the destiny that awaits Edward and myself, we will still come and meet you when your time comes for you to start your life here in the spirit worlds.

We have tried various 'jobs' which we have gained some degree of satisfaction from, however no sooner do we finish them and that is the end of it, we are then 'reassigned', complete that task, and feel another end. Nothing feels 'just right' for us to do, which I think the higher spirits understand, suspect, and possibly even know what our true calling is, but they won't say anything directly to us as it's for us to find it out through our feelings for ourselves.

So that is 'my current story'.

I did come the other day to visit you personally, or more face to face so to speak, we Celestials now have a specific part in each of the two Earth Planes set aside for us. It's protected from the spirits that live in those planes, and by descending to it we are then given direct access to whomever we want on Earth. So that is how I came to 'be with you' the other day, which was to make you feel all the feelings you have been feeling about me which has now led to you asking James to speak with me.

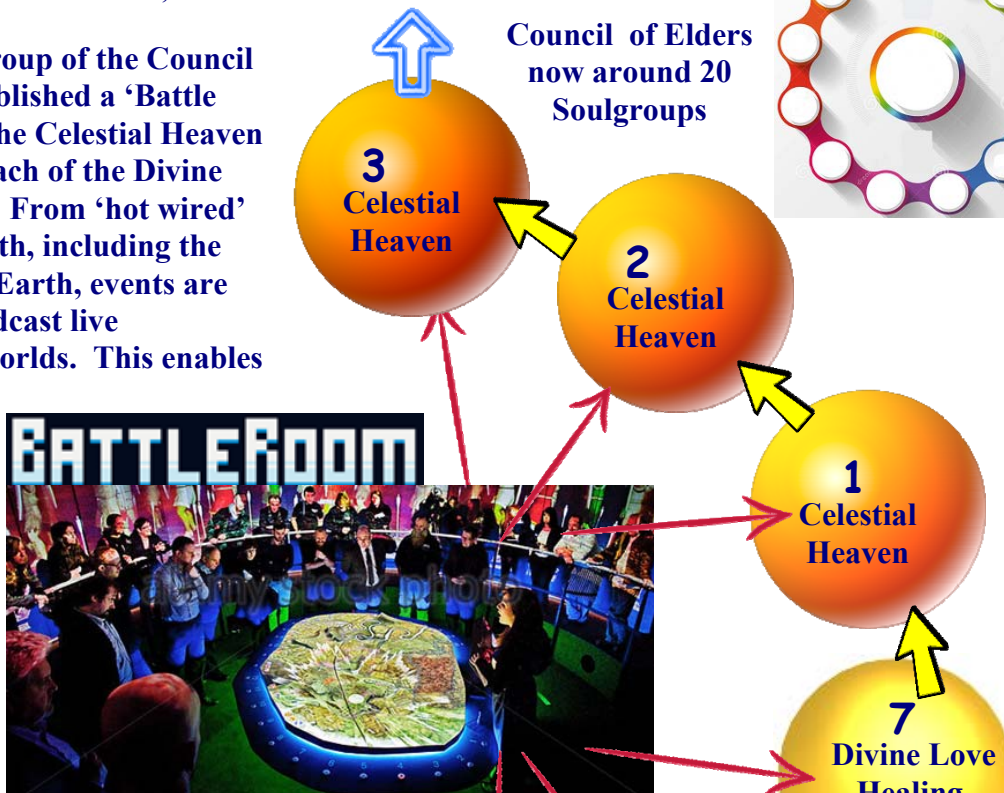
I wanted to tell you how much I love you John, and that even though I might be 'drifting' further away toward Paradise, my love for you, which is now sound and pure having worked through all my unlovingness, will always be there for you, with you, and in complete support of you.

**MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.

Council of Elders now around 20 Soulgroups



Rebellion and Default officially ended 31 January 2018

Camera Crew



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.



All of us over here, and none more so than your Grandmother, understand the pressure you are under, and we are all so very proud of you. It is amazing how our family has been ‘singled’ out for this ‘mission’ in this way; and that you have such loving support with you that really you have nothing whatsoever to worry about, nothing at all, and I mean that, because it’s all being fully orchestrated to the benefit of you and all those people who will be actively involved in all you are setting out to do. As you have been told, you are being put first on the world, it’s slowly coming about and will continue to be shown to you, because the ONLY thing that is important now at this stage of humanity’s growth and evolution is for the truth of how to extract oneself from the harmful and hurtful clutches of the Rebellion and Default to be made known.

They are both such severe disturbances to our psyche and soul that we’ve all had to suffer and endure, and to liberate yourself from them, although it sure takes some doing connecting with such deep pain, still there is nothing to compare with the good feelings when you are finally ‘granted freedom’ from it. When you cross that line knowing in the truth of your whole being that you are free, the feeling is indescribably good. You feel so happy, so ecstatically happy, knowing it has finally ended, it is over, no more, no more pain, no more not understanding and not knowing, and with your whole true destiny of love and light then awaiting you, and that’s how Edward and I feel, we’re currently in love with our freedom from the Rebellion and Default, with these feelings of the whole awareness of that still coming up within us.

I can’t tell you anything about the money situation other than it’s tied up with the destiny of the whole of Europe which is soon to start going through unimaginable changes, which will include the release of your funds.

You wonder if there is some psychic barrier preventing happening what you and Crystal want, however it’s not that, it’s just that there are so many other things that need to happen first, so many things interlocked. You are involved in part of what the whole world is going through, you’re attached to it on the spiritual side which is yet to engage, however on the unseen levels through us Celestials we are fully engaged and you’re being carried along in that. So they, Nanna Beth and the others associated with you, will keep ‘instructing you’ through all the prompts that come your way for you to do what they want you to do, you are COMPLETELY being guided in that, NOTHING you are doing is from your own motivation, however they are so artfully guiding you that you can only vaguely sense them at the back of you.

So all you can do is keep doing what you feel you want to do, it’s that easy. But of course that is also so frustrating because you don’t seem to really be getting anywhere, but it’s not for you or Crystal to actually create the ‘getting anywhere’ yourselves, you’re just two pawns in the whole drama being carried along in the current with it, and at some point it will connect with you more and then you will feel engaged with it. And when that happens it will happen in stages so you will not be stressed too much, a little, but no more than what you’re used to. And slowly your ‘engagement’ will intensify, and out of that will come the direction you are longing for.

If you could only see the Battle Room over here, and when I say ‘room’ it is a massive complex of multiple levels that can be broken down to dealing intensely with specific individuals on Earth and in the Mind Worlds the Celestials are having to deal with, work with, and disrupt at times in their attempts to change the course of where the Celestials want to take it all. So it’s like a massive ‘war’ of sorts, and being ‘fought’ in such a way that you’d never see the hidden hand of the Celestials at work unless you were here watching it all taking place. And Nanna Beth and her team are right in the thick of it all because of her relationship with you and James.



And then Helen is working hard with her group on her side, in which Crystal is just on the periphery, however when it's time, they intend sending her into the heart of the beast there to start doing what she longs to do, however for that to happen many more changes will take place in her mind and understanding when the time is right.

So that's how it is, and if you were able to express all your fears and worries that would help you, however it would also make things more difficult for you were you to actually start your Healing in earnest as you'd not be able to do the two things at once, with the Healing taking up too much of your time. And that's how it will be for a lot of people, they will understand about the Healing but feel they are to be more involved in the Revealing of the Truth than committing themselves to it. And that's fine, as there is plenty of time to do it when you come to spirit and where you'll be able to dedicate your whole life to it without all your current distractions.

So that is all I can tell you, it's going to come together in its own time, there is nothing else. It is up to you whether or not you want to keep telling people about all that is happening, the delays and such things, as it doesn't really matter because it's all really out of your control; and it might sound odd my saying this in the context of what I have just been saying, however it's either going to happen and engage you, or it's not, and I can't tell you either way, it is something you will have to live.

And it's the same for you James as you understand: is it just an elaborate ploy of your fantasy mind, even of the Evil Spirits that are still at large and not imprisoned at all, with it not being the end of the Rebellion but just another phase in it; or is it all that you feel it is, all you and John are working towards.

And that is all what you have to work through, it providing you with all the feelings you need to bring up all the truth you will, with that truth Being The Revelation Of Truth, so without that constant contradiction in you – is it real; or isn't it, your Revelation would not come to the fore.

So you both being 'caught up in it' there is nothing more that you can do other than what you are doing, what you have been doing, and seeing where the Mother and Father take you.

So that is all I can say to you John. I will continue to come to you every now and again helping you feel me close to you, and when Edward and I do start to move on I will let you know.

So all my love to you John, our family is still close although increasingly going our own ways. It's all good, it's all right, that's the best part of it, and as you do feel so good being Celestial you just know that God has it all planned for the good of us all. And we'll always be able to stay in touch should we feel we want to, that much has been made clear to us, so it's all very amazing just how the greater spiritual universe is structured, a little of which I'm starting to learn about.



I would love to give you a big hug and many kisses, I am so happy you are happy being involved in all of this as difficult as it is, and James loves it all being involved with you and longs for it to roll over as you do, so you and he can actually 'get down to business'.

I will go now, James has other things he needs to do and I have finished what I wanted to say to you.

All my love to you my precious son whom I'm so proud of. I might speak to again, I don't know, if you feel at anytime you'd like to and James is willing, ask him.

Bye now John – your mother Marie.

James: She's such a lovely, gentle, compassionate spirit, John. So spiritual, pure and refined in her light. It was very nice to speak with her. Thank you for asking me to.



Elizabeth Mary McAlister 24 Jan 1890 – 5 Oct 1951  
married Norman Alexander McDonell

children:

Eric Ligouri McDonell	11 Feb 1912 – 5 Jul 1989
Marie Josephine Doel	21 Aug 1913 – 26 Sep 1971
Charles Alister McDonell	26 Jan 1916 – 15 Nov 1997
Norman Bede McDonell	26 Apr 1918 – 26 Aug 1942
Norma Frances Joseph	9 Sep 1920 – 30 Jul 2002
Therese Carmel Hatfield	24 Jan 1927 – 13 Feb 1996

Children of Marie Josephine and James Hetherington Doel:

Joyce Mary Cooper	10 April 1938
Lloyd Bede Doel	23 April 1940
Marjorie Frances Cooper	15 Jan 1944 – 26 Nov 2020
John Edward Doel	16 Jan 1947
John married Carolyn Mary nee Butcher on 20 Mar 1971.	

## The OLD GUARD and the NEW GUARD comments:

Those who were born and live during the era of Jesus and Mary Magdalene are of the Old Guard. Those who have been born since the commencement of the writing of the messages by James Padgett, namely 31 May 1914, are of the New Guard.

Thus those of the Old Guard are drawn and are free to move on from the Celestial Heavens and progress with their journey to Paradise, the home of our Heavenly Mother and Father. Most of the Apostles and followers of Jesus have now moved on further into our Local Universe of Nebadon with some having progressed out of Nebadon towards Paradise and some having apparently arrived.

Even those of the New Guard may leave and progress on with their journey to Paradise. Many are remaining within the Celestial Heavens to assist with the End Times and the Handover from our Creator Daughter and Son, Mary Magdalene and Jesus, to the Avonal Pair who will be responsible for the spiritual development of Earth's humanity for the next 1,000 years.

As Marie Doel, John's mother, was born on 21 August 1913, she is of the Old Guard. Her soulmate, Edward, who lived in Estonia before it was called Estonia is very much of the Old Guard. Thus they will most likely move on through the Celestial Heavens and on towards Paradise.

“The name of [Estonia](#) ([Estonian](#): *Eesti* [*ˈeːsʲti*]) has complicated origins. It has been connected to [Aesti](#), first mentioned by [Tacitus](#) around 98 AD. The name's modern geographical meaning comes from *Eistland*, *Estia* and *Hestia* in the [medieval](#) Scandinavian sources. Estonians adopted it as [endonym](#) in the mid-19th century, previously referring themselves generally as *maarahvas*, meaning "land people" or "country folk".”  
[https://en.wikipedia.org/wiki/Name\\_of\\_Estonia](https://en.wikipedia.org/wiki/Name_of_Estonia)

Thus, we observe that soulmates Marie and Edward, one lived in Australia and the other lived in Estonia before it was called that, having lives with a large time frame difference and on opposite sides of the planet. Also Kevin, having been married to Marie's eldest daughter, Joyce, lived in Australia has now connected to Kathaleen from Tennessee, USA – they call themselves ‘salt and pepper’!

On 11 August 2020, we come understand that Marie's soulmate is Ouerioena. He's a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back, not someone perhaps John was expecting and certainly not someone I was expecting to unite with! (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggest Ouerioena may of lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East.)



Hello 1<sup>st</sup> cousin Raymond McDonell and nephew Bradley Cooper (son of Kevin and Joyce Cooper),

Would you mind sharing your experiences now having transitioned from the healing Mansion Worlds, fused with your Indwelling Spirit and now have had around two years of assimilation into the 1<sup>st</sup> Celestial Heaven sphere?

To recap a little, as I understand things:

Our personality is the creation of our Heavenly Mother and Father. Our personality is soul based and is unique to us for all of eternity. Throughout all of the universes there is no other human with an identical personality to that of which each of us have. Within our local universe there are 3,840,101 inhabited worlds with their own humanities, there are 100,000 local universes within our super universe and there are 7 super universes and throughout all these truth seeking people there is only one personality like you or me!

To make this understanding even more amazing is that our soul is a duplex! One soul manifests into the physical and spirit two (2) personalities. One is always a female and the other always a male – no exceptions. These two personalities are soulmates / soul partners for all of eternity. One soul orchestrates a soulmate pair / soul partners.

When we are born into a Rebellion and Default we find ourselves being subjected to a generational practice of physical parents subjecting their newly forming child to the parents' idea of what the personality of this unsuspecting innocent child should be. From conception through to around the age of six years the child's true personality is subjected to relentless suppression by the child's carers including its parents, and the child's own repression follows trying to conform to its carers misconceived ideas of being 'loving' to the child. The persona that the child then proceeds to project is a façade of great magnitude and injury imposed upon the child. This child is forced to live a life of misery – hell is inflicted upon it by having to pretend who it is not. Personal self-expression is denied to the child – it must conform to those unloving carers' ideas of how the child should behave – in total denial and ignorance of the personality bestowed upon the child by its Heavenly Mother and Father, its true Mum and Dad!

### **The whole human race is suffering from repressed childhood and mind control.**

What a stuff up! Then comes educators throughout a lengthy schooling and higher education system, religious institutions then imposed their controlling mantras, we enter the workforce and we have employers of all persuasions imposing their control. Then we have the multiple layers of government! The best demonstration of control has been 'rules' dealing the Covid-19 coronavirus – worldwide. ALL nations have imposed social distancing and self-isolation within one's home for weeks with financial ruin inflicted upon potentially a quarter of all people with fear causing everyone to capitulate. Yes, more than 200,000 people have died, mainly the elderly whose life had mostly been extended by the artificial intervention of a health system in disarray.

Then we come to understand we can heal ourselves by longing for the truth of what we feel are injuries we have endured during our childhood forming years and by expressing them to a companion, talking them out, slowly we are able to shed these many layers of relentless suppression and have our true personality emerge. We can get rid of the persona that was imposed upon us. This is a painful process, but no more painful than the process of repression and suppression that we endured as a child.



There are the equivalent of three healing worlds and stages of healing that we are to work through to bring our truth and real-self, our personality that our Heavenly Parents blessed us with, to the forefront.

“Mansion World 3: is for waking up to the truth that you’re not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

“Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

“Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don’t connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.”

Healing Mansion Worlds 3, 5 and 7 notes by Nanna Beth

Then comes transition.

Some have come to believe that by receiving our Heavenly Mother and Father’s Divine Love that such Divine Love does heal us. The Divine Love is essential to be able to transition from the Mansion Worlds into the Celestial Heaven which is also the moment that your soul permanently fuses with your Indwelling Spirit BUT the Divine Love does not heal you of your emotional injuries, of your childhood suppression and repression. The presence within you of the Divine Love does strengthen your resolve to progress with your healing and as you complete your healing then the Divine Love does blend with your natural love.

Now as you progress through your healing, the outward presentation of your personality remains very much the same as you presented to others before you commenced your healing. For all intents and purposes right through to the very final moment of your healing, your outward expression remains typically the same as it was before you commenced your healing. All the tensions and anxieties that you felt that encouraged you to commence with your healing remain constantly with you to the very moment of completion. There is no relief or let off as you progress.

So, Raymond and Bradley, what has unfolded for you subsequent to your transition into the first Celestial Heaven and are you still both there?

As I understand it, your healing is still unfolding as you assimilate to your new environment and that the three Celestial Heavens spheres are what is required to assimilate and become full citizens of our System of 1,000 physical worlds. However, you are now in a condition that all of Earth’s humanity should be in should we of Earth not have Rebelled and Defaulted.

I welcome your clarifications and observations as you see appropriate and it is a jolly good subject by which to say hello to you both.

Cheers for now, John

Raymond: Hello John, I will go first, Brad can wait his turn. We're both here at your request in the 'Communications Room' with Nanna Beth and members of her team. 'Communications' being a place other Celestials like Brad and I and our partners can come and communicate with James and even in a crude way, with yourself and anyone else Nanna Beth and her crew might want to communicate with on Earth or in the Mind Worlds. (Nanna Beth – Elizabeth Mary McDonnell is Raymond's grandmother and Bradley's great grandmother, as well as John Doel's grandmother.)

I am very well, as is my soulmate / soul partner: Marie; we're doing very well, we've been assigned to what you might call 'lesser work' behind the scenes, helping Nanna Beth and her group doing all they are doing, which amounts to a mountain of work, working through this whole Celestial Transition time with Earth and the Mansion Worlds.

You are wanting to know how it was for me just before my coming over into the Celestial Spheres; the Transition; and how I've settled in since being here. (Absolutely – you have got it summed up Ray!)

Well, what can I say, it was HUGE, we are all prepared perfectly for our Transition when it finally comes. Like James has been telling you, it is about working yourself through your feelings and the truth that results to the point of completely understanding and accepting how untrue, false, wrong, evil, rebellious you are. And as to how that is, is different for each of us because it's so personal, it's what we became with our parents, what we grew into outworking it all as adults, and then the whole self-revelation process you call The Healing, in which all the untruth systematically comes to light painting the picture for us to understand the whole truth of our unloving rebellious state.

And when you see it all, fully understand it all, can connect to it, wholly relate to it, when you feel there is no difference between you living now as the adult (spirit or mortal) and how you were as a child – so when you become wholly connected with the whole truth of your childhood, so being able to see and knowing it was true and real that all that happened to you as a child was all that you were/are as an adult, then you start to feel a deep inner peace – it's all explained, you see the truth of it all, it all makes sense, you get it, this is **HOW YOU ARE, HOW YOU'VE ALWAYS BEEN, HOW YOU WERE MADE TO BE BY THE UNLOVING PRESSURES OF YOUR PARENTS, FAMILY AND SOCIETY YOU GREW UP IN.** It is you, it's the false and untrue you, sure, but it's still you, it's the you God has made and wanted you to be, the **FULL REBELLIOUS YOU.** And there is nothing else. You can sense that really you are not this untrue person, this corrupted personality, you can feel how disturbed and distorted you are, but you feel you can't do anything about it, this is it, **THE TRUTH OF YOURSELF BEING THE REBELLIOUS PERSONALITY YOU ARE.** The truth of how untrue you are. It's how the Rebellion and Default have made you. It's no frills, just the plain in your face, no avoiding, unadulterated truth of you yourself being untrue.

And it goes way beyond trying to escape and hide from such truth, all such denial ways of being are long gone, they have come out of you, been 'ground out of you', you have long since stopped doing them, because the more you have come to accept your unloving and untrue state of being, the more you just accept it. Acceptance is an amazing experience, really it's incredibly wonderful, when you first start out in your Healing you think there is simply too much, I am too fucked, there is no way I am going to be able to see all of this untruth that I am, let alone the way connect fully with it, let alone them come to simply accept it. But slowly you do. And by the time you are of the upper Seventh Mansion World levels you do accept it all – accepting **ALL OF YOURSELF.**

So you are no longer fighting against yourself, you are no longer believing you are something else, this is the true and real untrue you, warts and all, all your vileness, all your corruption, all your needy

compulsions, all your disconnectedness with yourself, all your inability to truly and lovingly express yourself – express all you think and feel, inability of being able to have loving relationships, this untrue you UNCOVERED – REVEALED, the whole truth of your rotten, despicable unloving self. And that's it. And it's okay. And it's okay because it's how your Mother and Father have made you be, how They've wanted you to be, and you couldn't help it, you had no say in it, you did what you thought was best and right at the time, you had no idea that growing up through your childhood you were forming into such a horrible person. So you can feel all of yourself being untrue and against your true loving nature, and you come to accept yourself being that way. You have stopped abusing and punishing and hating yourself for being the YUK you are, you have expressed and worked through all that self-rejection as it came to light, just how revolting a person you are, and that's that, it's final – end of your negative self-loathing story.

YUK

So through your full self-acceptance you feel a love for yourself, not the sort of love you have felt before, but a different sort of more refined and pure love of understanding that you are the unloving way you are because that's what God wanted and you couldn't do anything about it, you couldn't change yourself after all, and that is that.

Then you're ready for Transition, from your Old Way of being negative, unloving and rebellious – against yourself, God and the Truth, to your New Way of being: being true, pure and all-loving. Of Celestial Truth.

We experience the most magnificent 'explosion of light', it's all consuming, it sort of wells up in you through all your Chakras consuming you in a blaze of spirit-fire, this being fusion with your Indwelling Spirit, which happen for us spirits as we are taken by our angels over the threshold out of the Seventh Mansion World and into the First Celestial Sphere.

It's the most incredible and highly spiritual experience you would have experienced. It's beautiful and it makes you know that all of you is right now, that no longer are you corrupt, with no imperfection, because all of the Rebellion that existed within you – that you were, has all been purged out of you, it's all over, you have left it, it has ENDED.



And what a relief that is, so many good feelings flood your whole being and never stop; well so far they haven't stopped for me. Daily I feel better and better about myself and my New Way of life.

Then comes an adjustment time, longer and shorter for spirits depending on what they need. And for me it was about average, in that I am still slowly adjusting to my New Spirit Life, getting to know Marie, the whole of ourselves growing in love for each other, getting to know our way about this new Celestial sphere, feeling how we feel about everything, generally settling in. Nanna Beth reckons it will take us a few more years yet before we feel settled enough to see where our soul is going to take us; yet feeling so at ease within yourself, so at peace, a peace all-consuming and so sublime yet so strong that you know, you are living the truth that you've got all the time in Creation and what will happen will as it will and that it's all perfect. None of the not knowing, not understanding, being so out of step and disconnected from the truth of yourself that we all feel a lot during our Old Lives is with you anymore. It's truly the most magnificent experience, every second of being Celestial.

I'm going to end it here, so Brad can have his say.

We're still very close to you John, sometimes our 'business' takes us closer to you and we send our love to you. We know what 'you're in for', and you'll enjoy it all. But I'm not at liberty to tell you anything further about any of that.

So all my love John; thanks for asking after me and giving me this opportunity to talk to you through James. We'll be in touch. Bye now John – Raymond.



Bradley: Hello to you John, I won't go over what Ray said as it was generally the same for me and I'm in a similar settling in position with him with my soulmate / soul partner, Urnica (that's about as close to her name as I give James.) She was from Russia, the land that is Russia, although many, many years ago.

Anyway, we too are progressively getting to know each other, the love between us growing daily. It's an incredible experience, like it all, getting to know this other spirit – person, personality, knowing that you are so well suited to each other that you share the same soul, and that you are going to be together for the rest of eternity, that you will never want anyone else, that each of you will maintain your individuality, and by being together it actually strengthens it, and yet at the same time you are becoming more as-one.

I want to tell you a little more about the Transition. It is so incredible, beyond measure, because we remain fully conscious through it all. Unlike when you die on Earth and move between each of the Mansion Worlds having to go unconscious whilst adjustments are made to your spirit system so as to allow you to exist in the higher vibration, all those adjustments, and there are lot more of them, happen through the whole Fusion / Transition phase. You do literally feel you are alight, the Fire Of Spirit is 'burning' you, searing into you, consuming you, 'burning' away all dross and darkness, purging you of all your Wrongness, and at the same time making you feel so damn good, so, so, so GOOD, happy, happy like you've never felt before, and so fully of love, and truly loving as you've never loved before. All your feelings are real, true and genuine, your distorted mind is purged from interfering with them, so you feel literally like a New Born, you are Born Again, or Born Anew, like you are feeling every feeling for the first time. And you might think that would be too much having come from such darkness and the brilliance of light would destroy you, but all the angelic adjustments to your spiritual system allow you to just take it in your stride. You are completely amazed by it, but it's just a natural feeling. And you are Divine.



You can feel in your soul your Divinity, all your Divine Love, it is real, you can feel the added spirit light it gives you and you feel God, your Mother and Father loving you, always loving you, They are 'There', with you, always, never again are They not there and not loving you, THEY ARE REAL, you know, wholeheartedly, there is no denying it, it's all real and True, everything is so real and so true. And you get a sense of understanding what it's all really about, our ascension of truth to Them, to Paradise; that it is real, all you were taught and came to understand and believe through the Healing Worlds. It all makes sense, all slotting into place, and that makes you feel so secure, so solid, so real. And you look back at your Old Way and it's like you were a mere puff of smoke, you still fully remember it all and connect with it feeling all the good and bad feelings if you want to, but you are 'hollow' and of no real substance compared to how rock solid in Truth you now feel.

So the Fusion / Transition Trip is one BIG BLAST. Your angels come about you, you can't see them in the Seventh yet you can sense them with you, then the LIGHT, it builds and you feel it affecting you, moving through you, you feel like you're a sun, a star of light, and then when you arrive in the First Sphere your angels ARE there standing beside you – YOU CAN SEE THEM! And then it's just one

wonder after another. The whole First Celestial world, the Sea of Glass, the crystal-like buildings, it is sci-fi full-on, but so much better, it's real, it's where you now belong, where you will live, and there is no going back, the bubble will not suddenly burst and the good-feeling and loving dream will end and you wake up in all your shit again.

So that's all I wanted to say, to add to what Ray said. And we hope this gives you a little more understanding of what you were wanting. The adjustment time we undergo here is really just getting to know our true selves. That's too hard to convey, but it too is ongoing and wonderful, there is nothing better than knowing you are True.

So we're getting to know ourselves, our New Selves, and each other, and everything else. When you don't think about Earth and the Mansion Worlds they seem like a zillion miles away, a distant memory, and unless you are actively working with them, like Nanna Beth is, you soon forget them and all you went through. I say that with the understanding and knowing that you will never forget your past, but what I mean is you are so involved in your new life, with your soulmate / soul partner and your soulgroup and getting to know everyone, that you hardly give Earth and your previous life a thought.

Still, I do think of you often and you are in my heart and perhaps we'll be able to talk through James again like this; but for now, this is enough, I'm being told to end it here, so Ray and I hope it helps you. We see a little of each other, but not that much, we've not seen each other for six months; and like I said, we're so absorbed in all the New that is happening for each of us. Still, that's how it is and we all feel so good about everything, knowing it's all perfect and we're all on our own unique Journey To Paradise.

So I'll end, James needs a break from our Light. All my love to your John; we keep in touch with Nanna so we know all you're going through. Keep up the good work, you've got it all sussed so far as understanding what it's all about, so you can be happy with that.

Bye from Ray and myself.

Thank you James.

I'll cut the link – Bradley.

Bradley  
when at  
school



James: I concur with Bradley reading your introduction John, you have it well in hand, it's great knowing that is what you are telling people like Jack.

(NB: Has Ray and Brad told us the names of their soulmates before? If they have, and if they are different, I'll have to sort that out.) [I have not known of their soulmate names before this. John]

Raymond died in a car accident on 22 October 1971 aged around 23, he and John went to the same primary school, then boarding school, they spent many days together, particularly shooting rabbits, foxes and kangaroos that plagued the rural properties they lived on. Bradley suicided on 21 September 1999 aged around 36, he grew up in a home a few hundred metres from John when John lived in West Wyalong, central New South Wales, Australia.

Graeme Bates: If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?

Verna – a Nature Spirit: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**



Saturday, 31 March 2018: Nanna Beth: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.

Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

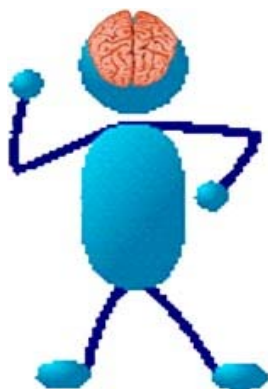
But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it**. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind**.

## **SCIENTISTS are to EMBRACE their SOUL BASED FEELINGS or SELF-DESTRUCT!**

We have imprisoned our potential within the depths of the largest steel wrecking ball ever imagined whilst believing our wayward chaotic mind is all superior and a wonderful genius. Well, our brain / mind is a pathetically clumsy retard compared to the wisdom and truths that are freely accessible through our soul based feelings, only should we embrace our feelings and then have our mind implement what our feelings convey. Those of the near future will demonstrate the potential of our soul's wisdom and capabilities through embracing their Feeling Healing with Divine Love. The greatest of the world's academics will be humbled as they observe their ineptitude being that of being akin to being a young infant now being guided by a pre-eminent scholar of each and every scientific path presently acknowledge who is only embracing their soul-based feelings.

### **MIND WORSHIP Stagnation, pathway to nowhere**



'We are truth-creations, so our feelings **MUST** come first and then all the mind stuff can follow. And if our feelings **DON'T** Feelings First, then we will limit our mind's understanding.

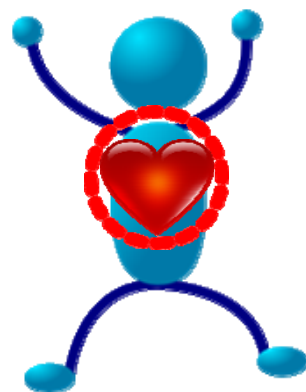
'We think our world is 'advanced', ha, what a joke that is, advanced in what? What **ARE** we advanced in, is denying our mind its rightful advancement through our feelings and soul perceptions, so yes, we're rocking along very well in this self-denial.

'Look at how hard our **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career.** All because we are pushing up against the absolute boundaries of our mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against our True Way.

'Imagine being one of these scientists who are **living true to their feelings having done their Healing. And EVERYDAY we are having more astounding breakthroughs because of advancing or growing in Truth, with our mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through our feelings and the mind will slot right into place supporting it.'**

Verna

### **FEELINGS FIRST Freedom, liberation and discovery**



## **EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!**

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soulmate pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.





# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth’s humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth’s humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

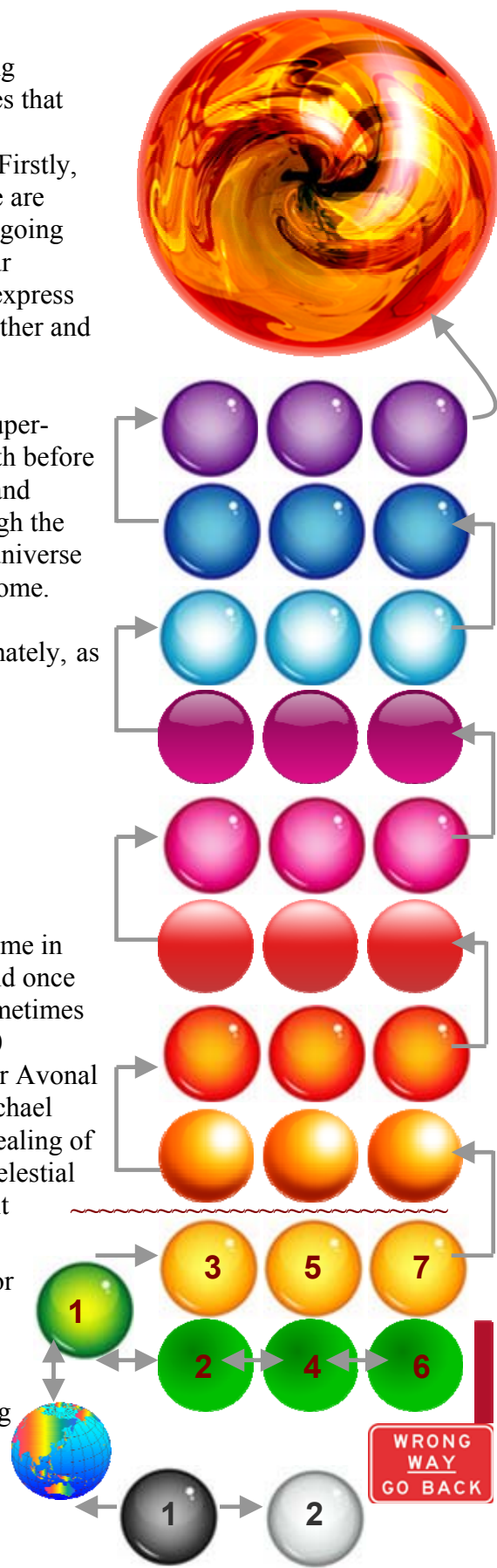
Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres) we start to come in contact with spirits from other ‘Earth’ worlds. So in spirit and once we’ve finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul’s healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



# Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I haven't a prison uniform on – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come, we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate / soul partner and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

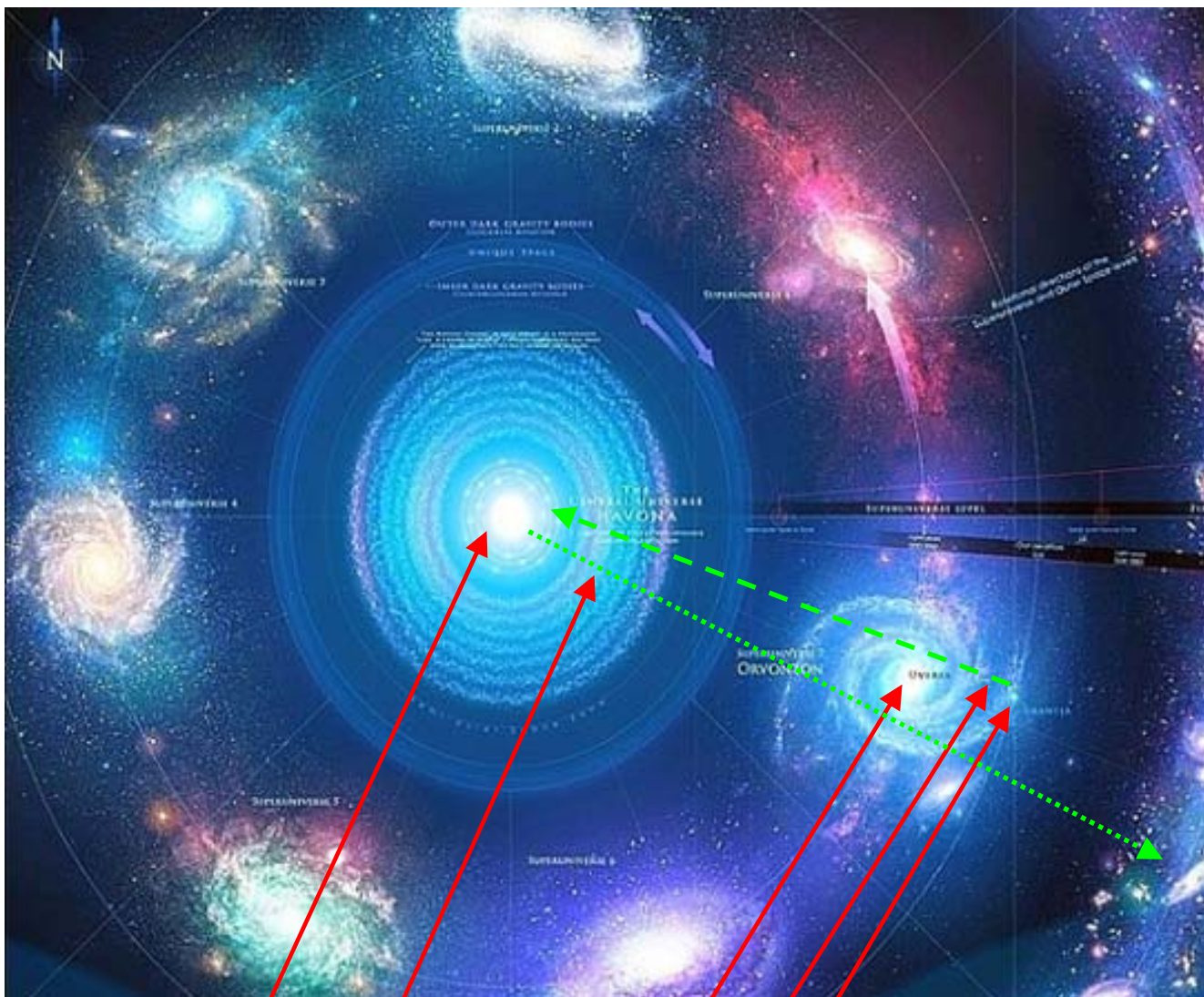
We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming of the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!



Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us) so we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!

**OUR JOURNEY**

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.  
 Then in Paradise we progress to be Finaliters and assignment to a newly forming universe.



Isle of Paradise  
 home of our  
 Heavenly Mother & Father

Havona  
 Ascendington

Orvonton – our Super Universe  
 Nebadon – our Local Universe  
 Urantia being Earth

# **Cause No Harm** < to OTHERS to MYSELF

Strive to love others as I am to love

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



## **God's Divine Love: Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



to enter the  
Celestial Heavens:

