

# PASCAS CARE

## Hierarchy of Health Care



SOUL  SPIRIT BODY  PHYSICAL BODY  
**PERSONALITY**

“Peace And Spirit Creating Alternate Solutions”

PASCAS FOUNDATION (Aust) Ltd  
ABN 23 133 271 593

Em: [info@pascasworldcare.com](mailto:info@pascasworldcare.com)  
Em: [info@pascashealth.com](mailto:info@pascashealth.com)

Pascas Foundation is a not for profit organisation  
Queensland, Australia

[www.pascasworldcare.com](http://www.pascasworldcare.com) [www.pascashealth.com](http://www.pascashealth.com)

## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

When Pascas was first conceived it was envisioned that we could create an organization that would be able to effect significant change. Our aim was and is to work at the grass roots level in countries where we would be able to have considerable input. We would only enter countries and communities after being invited. We would never force our concepts and ideas onto any community but rather would willingly assist these communities to become self sufficient and prosperous by sharing our knowledge, expertise, revelations, gifts and technologies with them, through local supporters, according to their desires.

A large part of the Pascas program and perhaps the cornerstone of the organization is Pascas Care (or Pascas Health as originally conceived). We had always known that Pascas Care clinics / centres would aim to operate on the cause of illness and disease in a bid to effect permanent healings and longevity. Initially we had no concept of how this was to be achieved, but it remained a driving force in our desires to effect positive change.

Humbly, endeavours to express Divine Truth and Divine Love have become our way forward and a way to ensure the effectiveness of all of our operations and in particular that of the Pascas Care Centres.

As we now begin to follow this path, new insights and truths become available to us. We have not yet reached that point in our progression where we can offer concrete proof that this process works unconditionally, but we have faith that with much guidance and grace we will be able to demonstrate the effectiveness of this work in time. Connecting deeply to all the emotions of error within us, owning them, feeling them and releasing them to Creator / Source Soul is already beginning to pay dividends in the lives of those who choose to walk this path. It is not easy. It is at times daunting, but never overwhelming, however often couched in doubt, but it is always rewarding and freeing if we allow ourselves to let go.

Many of you may have already felt confronted by what you have read so far and that is okay. Our desire is to live in truth and we can only achieve this if we begin from a point of truth. We only ask that you read the Pascas documents with an open mind and heart and allow your own desire for truth to guide you. Some of this document and others may resonate with you, some of it may not. We simply ask that you allow it to sit with you for a bit before you discard any of its contents. Allow your own inner compass of truth to guide you and feel your emotions that arise as a result of any conflict of beliefs. Allow your own truth to surface.

This document is created with love and it is hoped that it will be received in a spirit of love and openness.

**Our Heavenly Mother and Father simply desire for us to ask for Their Love.**

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process and Divine Love.**

***Faith, Knowledge, Understanding and Trust***

<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2002/faith-knowledge-understanding-and-trust-hr-30-jan-2002/>

Received by H.R. Cuenca, Ecuador.

January 30th, 2002

Faith means knowledge, inner knowledge. It is our share of God's holistic vision. It is a quick, partial glance, that is true, but it is a glance at what really is.

My dear brother, we have already explained that previously. We have also pointed out that faith does not mean understanding. Knowledge and understanding are two different things, although knowledge certainly is the basis for later understanding. If you have faith in God and in His Love, it does not mean that you understand God or His Love.

You also know that you need faith to obtain the Love of God, and the attainment of this Love, in turn, increases your faith. And the starting point for this circular or reciprocal movement, for this spiral where our soul soars always higher to the summit where He lives, is this primitive faith, innate in the soul, that God exists, that He is Love, and that He wants us to turn to Him.

There is another factor to this process: the soul longings. They are necessary to obtain our Heavenly Father's Love, and they are born of faith. We can say that a primitive form of these longings is also implanted in the soul, together with the primitive faith. Initially, the soul is aware of itself, and it is aware of the existence of the Great Soul of God, and it longs to communicate with this Soul, and even more, to become at-one with It.

In moments of despair, the soul longings break through and soar high to God. And God sends His answer, He sends His Love. Unfortunately, this flash of the soul often fades away and falls back into oblivion, when the situation changes.

Faith is knowledge, but not only knowledge of God and the universe, but also of ourselves, about our condition. When faith awakes, it usually manifests itself through a general uneasiness, dissatisfaction, through longings for something that we cannot identify with our mind. We feel the void in ourselves. It is then when our quest starts, but not in Nepal or in Goa, but in ourselves, and it is there where we find peace, a peace which we sought in vain in the different parts of the Earth.

Faith teaches us our current condition, and it teaches us how we could or should be. Faith creates humility.

However, in order to receive God's Love, our soul needs some preparation. It needs to open up. But how does it open up?

It is hope, which achieves the opening up. And that is exactly where we can help a little through our small contribution. We cannot give you faith, we cannot give you the Love of God, but we can give you hope, or strengthen it in case it already exists.

Hope is a human attribute, and like all human things, it constantly changes. It grows as faith becomes stronger, until it finally acquires the character of certainty. Then we call it trust. True faith and trust walk hand in hand.



The hope can also be born of belief, but then it will never become trust. True faith and true trust do not belong to the imaginary world, where men live their supposed reality.

Always trust in God, and so your souls will always be open for the inflowing of His Love.

We have written a little about faith, but faith and love have something in common: If you do not experience them, you will never know them.

Now, my dear H\_\_\_, in the morning you wrote a letter to M\_\_\_, and you mentioned a work of Khalil Gibran. I want you to write it down here.

*[HR: I quoted the following: You ask me how I became a madman. It happened thus: One day, long before many gods were born, I woke from a deep sleep and found all my masks were stolen — the seven masks I have fashioned and worn in seven lives — I ran maskless through the crowded streets shouting, "Thieves, thieves, the cursed thieves."*

*Men and women laughed at me and some ran to their houses in fear of me.*

*And when I reached the market place, a youth standing on a house-top cried, "He is a madman." I looked up to behold him; the sun kissed my own naked face for the first time. For the first time the sun kissed my own naked face and my soul was inflamed with love for the sun, and I wanted my masks no more. And as if in a trance I cried, "Blessed, blessed are the thieves who stole my masks."*

*Thus I became a madman.*

*And I have found both freedom and safety in my madness; the freedom of loneliness and the safety from being understood, for those who understand us enslave something in us.*

*But let me not be too proud of my safety. Even a Thief in a jail is safe from another thief.]*

On the occasion of this wonderful description, my dear M\_\_\_ and H\_\_\_, I would like to suggest that perhaps it may be worthwhile highlighting at the very beginning of the planned book that you do not expect the reader to say, "I believe what I have just read" or "I don't believe what I have just read", but rather that he may say, "now for me it is no longer a question of believing or not believing, now I simply know. I have felt the sunbeams of God's Love on the naked skin of my soul."

With all my love, you can always count on my support.

**PASCAS  
HEALTH**



Judas

**Feeling  
Healing with  
Divine Love is  
the key!**



Ladies and gentlemen, Faith, Knowledge, Understanding and Trust needs to be embraced yet again.

We have a world wide health industry that is floundering. Highly skilled and blessed practitioners of health care are in a quandary, unable to comprehend why such enormous resources are generally of little benefit whilst being at enormous cost to the community.

Yes, these skills and resources are enormously effective in determining what the symptoms are and what the prevailing illnesses may be. The modern day sciences treat the symptoms BUT not the cause.

The cost of modern day health sciences is beyond the reach of all but a small percentage of humanity.

We have been given a clear understanding and demonstration of the way to achieving and maintaining a healthy body. It is by achieving a healthy soul. Yes, a healthy soul. All illness emanates from damage to our soul. Not our spirit body or physical body, but our soul, which is beyond the reach of the physician, unless he has an understanding of emotional clearing.

The damage to our soul commences at the time of conception. Immediately prior to conception our soul is in a pristine state. The emotions of our parents come flooding into our soul at the time of conception and this process continues until we reach the age of seven or thereabouts. Not only does the damaged emotions of our parents come flooding into our soul from the moment of conception, but also the damaged emotions of our parent’s parents and further up the lineal ancestry chain. This cumulative damage sometimes manifests into diseases that are said to be ‘genetic’. It is the soul damage within parents and our environment which manifests within the new born at sometime throughout the child’s lifetime, even well into mature adulthood.

Accessing and processing these damaged emotions within our soul not only alleviates and removes the issues permanently for ourselves, but it also achieves the same outcome for our children no matter what age they are.

It is your soul condition that governs your body’s health.

“The way God created the universe is that he created us as emotional beings” Mary, 27 Sep 2009.

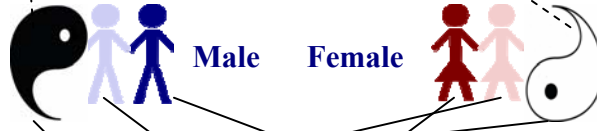
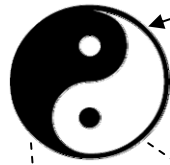


**LIVE FEELINGS FIRST**

**BEFORE INCARNATION**

**The complete soul has:**

- No awareness of God, but a connection.
- Is completely free of injury.
- No self awareness.
- No free will (does not know how to express it).
- No memory.
- But has a personality for the entire soul.
- Incarnation begins the process of knowing yourself, namely, the start of individuation.
- You complete the process of individuation when you enter the 22<sup>nd</sup> sphere.



Soul – spirit body – material body.  
**PERSONALITY**

23 Jan 10

**Intelligence is vastly controlled by emotional injuries.**

23 Jan 10

**It is always emotional injuries that shut down the intelligence.**

**Incarnation is a beautiful way to learn about ourselves.**



23 Jan 10

**Feelings first**



### **An UNBORN BABY'S 1<sup>st</sup> HEARTBEAT OCCURS 16 DAYS after CONCEPTION:**

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. [Dr. Susan Berry](#) 12 Oct 2016

Further research confirms that the heart first starts to beat between days 16 through to 19.

What happens when a child dies. 15 March 2013  
**Speaking with Mary Magdalene and Jesus, book 1**

**From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality.** And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.



As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself as you might well imagine greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.

An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

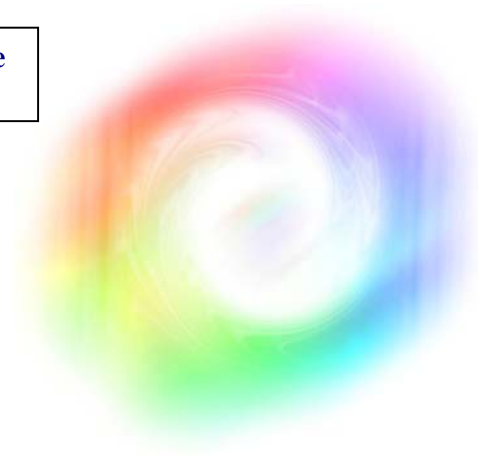
### **The Heart commences to Beat as early as Day 16 after Conception:**

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception**.

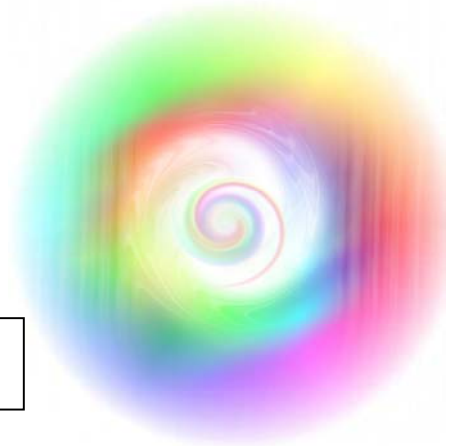
<https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcbac072c1>

Here is a graphic artists comprehension of channelled images:

**The Soul in pristine condition**



**The Soul at conception**



**The Soul changes**



**The Soul encrusted**



**EMOTIONAL ERRORS are all of the MIND**

**It is the errors that cloak and starve the soul of love that then bring about health issues to the physical body through the spirit body.**



## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin 26 Sep 2017

## **Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. **Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

We are our soul, our real self is our soul, and our soul is our collection of emotions, passions and desires.

We are emotional beings, emotions generally pass through us, however, when they become stuck within our soul, they then appear as fissures within our spiritual body. These stuck emotions, unless accessed and cleared, then eventually manifest as illnesses and diseases within our physical body.

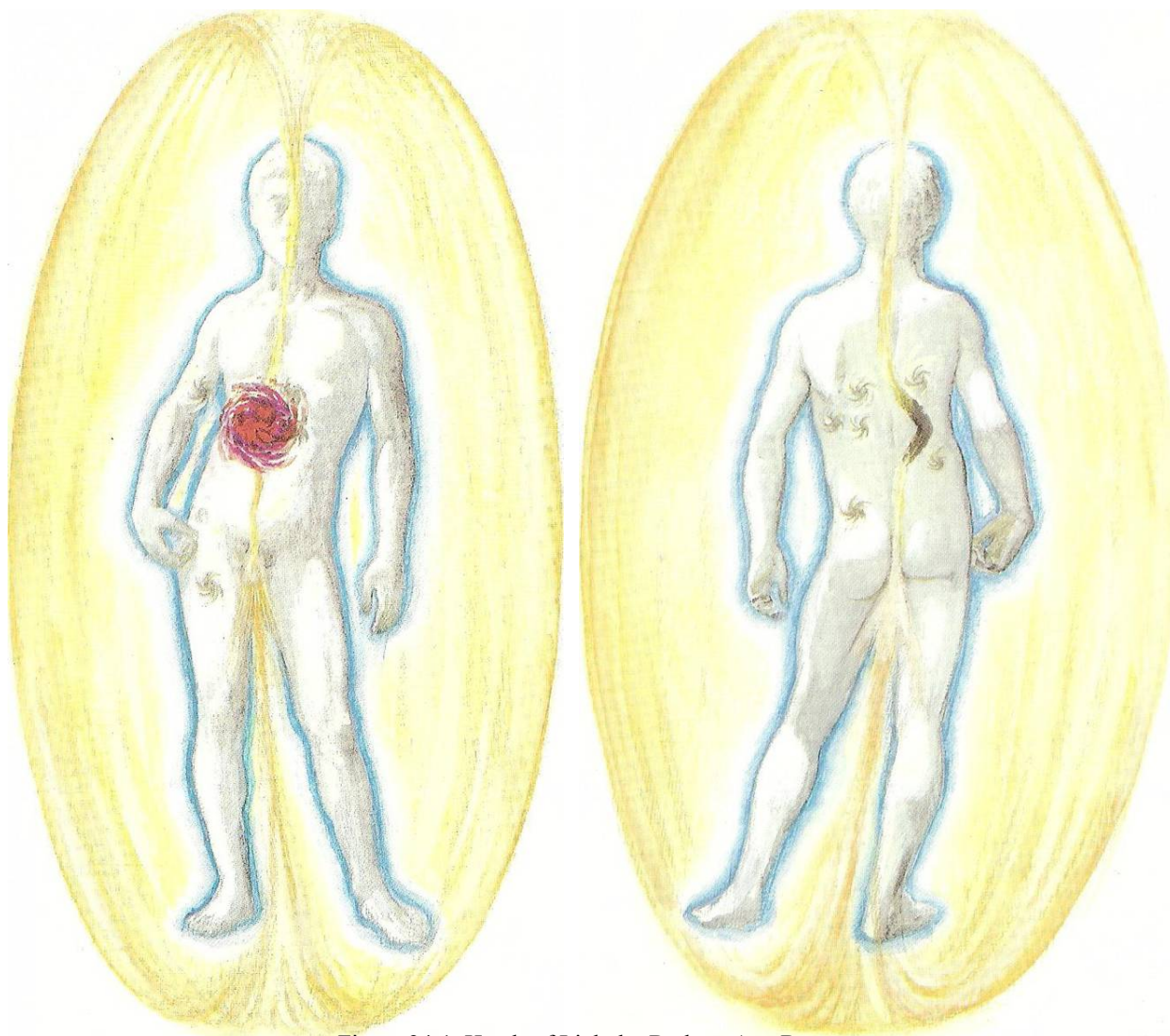


Figure 24-1, Hands of Light by Barbara Ann Brennan

**Every emotional blockage, diminishes our relationship with God.**

**DEVICES**   Physical Body   Spiritual Body   Soul

such as:  
Omega /  
Amega  
Wand:

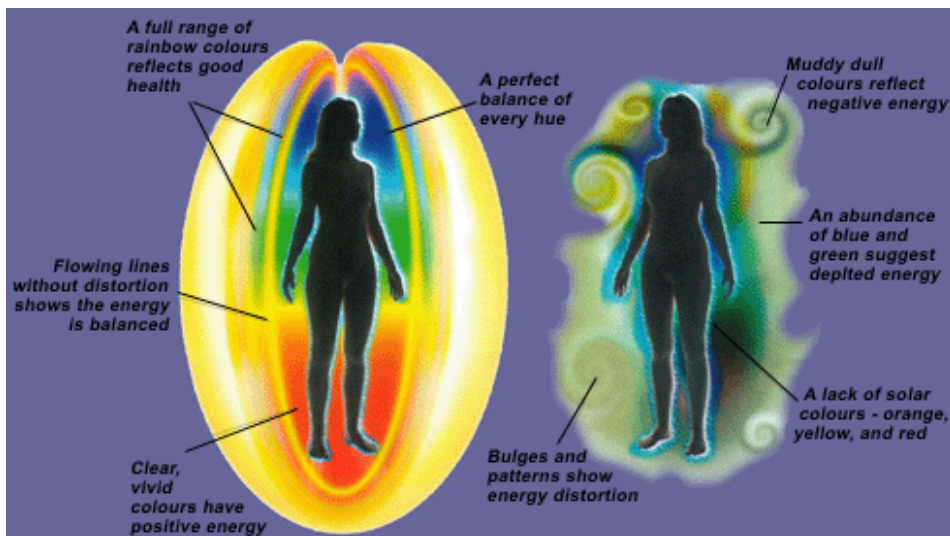


Such devices affect one of these two bodies – temporarily.  
All the device does is it helps you circumvent the truth.

There is only one way to become at one with God and that is to process your causal emotions.



Your soul errors create the fissures and damages within your spirit body, these emerge as illnesses within your physical / material body. Accessing and processing your childhood causal / core emotions remedies all of your three bodies. We need to address the underlying emotions at a childhood causal level.



Mary:

27 Sep 2009

The way God created the universe is that He created us as emotional beings. That is, every thing is responding to this all powerful soul that we have which is actually the emotional part of us – it's got lots of other things about it, but it's emotional, and all of our intellect just is an extension of this emotional state that we are in. And so God also created a lot of laws in our universe so that we could come to understand this truth about ourselves. One of those laws is the Law of Attraction. Now a lot of people think that the Law of Attraction acts around the way we think about things. But it's actually based on our emotions and God created the Law of Attraction and Law of Desire so that when we are in a pure loving state where we don't have any emotional injuries, we attract everything that we desire – everything that we want and need in our lives.

The problem happens that when we are children, we are not allowed to be this emotional being that we are, because everyone around us isn't in that state either, and so it's very confronting for us when we are emotional. So, the way that God designed our soul was that all emotion would just flow through us naturally. There'd be things happening in our lives, and even now in the world that we live in, where things are not very inharmonious with love.

If a child is raised in the way that they could just feel all of their emotions passing through them even if they were painful and sad, they would actually grow into an adult with very few emotional injuries. But what happens is they get shut down. The way emotions are designed to be is like just a general flow that happens all the time, but when we are children and we are smacked or told 'don't cry' or, 'when you cry I feel upset so don't do that', or even worse – some abuse occurs or something happens to us that we are not able to express to others or to deal with – the emotions come into us and they get stuck. We are not allowed to cry or scream or feel what we feel. Usually we don't have this with happy emotions because everyone's okay with us laughing.

So we end up with this soul that has lots of stuff stored up in it and it can be sadness and grief and feeling unloved by people around us. So that's an issue for us. And then, because we are not allowed to feel our sadness, we start to have other emotions on top of it, like anger, and as we grow into adults, some of the anger is childhood anger that we have there on top of our sadness because we weren't allowed to feel sad, and then we felt angry about it and then we weren't even allowed to feel our anger. So that's stored within us. Then as we grow into adults other things happen in our lives and we begin to get triggered or we begin to have emotions stirred within us, but because that's a really scary place for us we have never experienced that before in our lives, we start to have other emotions on top that are going to help us avoid those really deep blocked emotions and some of those are also angry emotions and sometimes they can be murderous or torturous.

But God designed this beautiful law called the Law of Attraction which is actually a law to help us to return to this very emotional state – this very free state where we can just live in our emotions and express who we truly are. So what happens is, while we have these blocked emotions within us, the Law of Attraction acts not on our thoughts but on these emotions. Well it acts on all of our emotions but we notice that because what happens is... I am just trying to think of an example. Can you think of any example?



AJ:

Let's say I want to have a relationship but I don't seem to be attracting any woman into my life but I want to have a relationship. The truth is that here I am thinking that I want to have a relationship but there is an emotion in me that I feel that I am unworthy of a relationship. So the emotion is creating my Law of Attraction. In my mind I often think I'd love to have a relationship – sometimes I even cry. So I am crying and thinking I want to have a relationship but in reality there is this feeling inside of me that might be a fear or vulnerability in a relationship that I am not releasing, and it's that fear through the Law of Attraction that creates my reality. This is what we often hear – it's called sub-conscious emotions. The truth is that all emotions can be conscious and all thoughts can be conscious too. The truth is that this suppressed emotion that I don't release creates my Law of Attraction and therefore creates my reality.

Mary:

And everyone then thinks, 'my Law of Attraction is pretty bad'. If I feel like I am never going to be loved by a man I am not going to be loved by a man. But the truth is that it's actually a beautiful law, because if I am aware of my Law of Attraction and I want to be in a relationship and I am looking for a man and I am going out on a date and nothing ever happens, if I am willing to feel the emotion that is being triggered within me, and if I feel it to its core (probably to a feeling about my dad – my dad was never around and I never felt loved by him), if I release that, it will actually leave me. So I'll feel it at a very childlike level and it might take me a couple of hours of crying about it. And when I do that my soul is then in a clearer condition in that one area, and then I will actually start to attract a man who really loves me.

So that's how the Law of Attraction works. Now when it comes to feeling my emotion, if I involve God in that process, if I am longing to God, asking for God's assistance to help me feel this emotion and help me feel some of Her love, if I long for God in that process it will speed up the process. So that emotion will leave me a lot quicker and my Law of Attraction will change for the better.

**Feelings first**

**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
**Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.**  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>



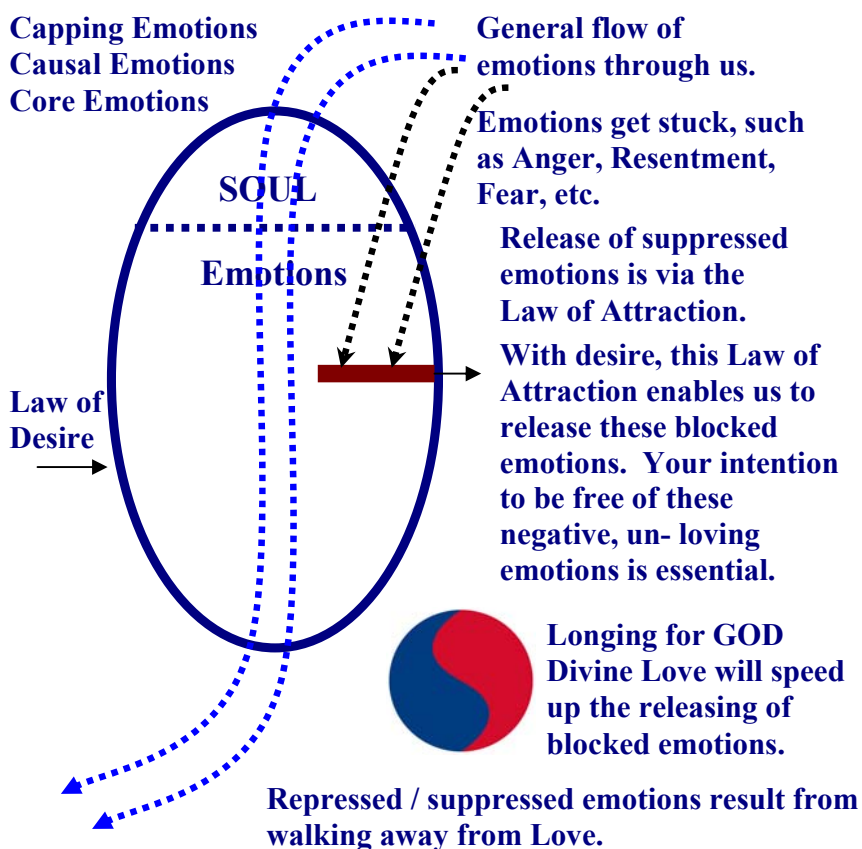
The problem for healers is that the patients own physical soul is generating the problem.

When the person who we are trying to heal, does not want to deal with the cause, the healer's power is severely diminished to assist them because their own soul is generating the problem.

All illness is of a result of the soul having these blocked emotions, which then create the illness in the physical form and the spirit body. If the person's soul condition is not addressed then the person is going to recreate the same type of problem and issues.

It is very important that we start to see things at the causal / core level, particularly in the medical and healing profession. 16 May 09

### WE are CREATED as EMOTIONAL BEINGS:



**Golden Rule: that one must always honour another's will as one honours one's own.**

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

Every illness that manifests itself in the physical body can be related back to blocked and suppressed emotions. This is not an exact science, nor need it be. All blocked and suppressed emotions need to be accessed and released.

**Every physical ailment that you have is a total reflection of soul condition emotion that you are holding onto, and each soul condition emotion affects a certain part of the body.**

**Those who concentrate on the emotion rather than the mind / intellect are more accurate.**

**A pain in the lower back reflects unworthiness issues with self love.**

**A bit of chest pain, asthma type issues – grief – you need to cry.**

**Stomach, spleen, liver – all to do with fear.**

**Eyes – short sighted – not willing to see the big picture.**

**A lot of anger based emotions come out in your skin.**

30 Aug 08

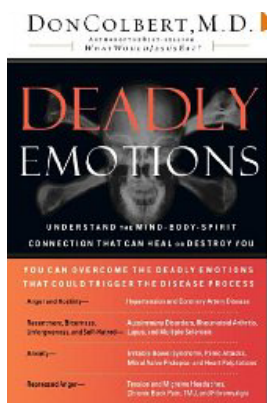
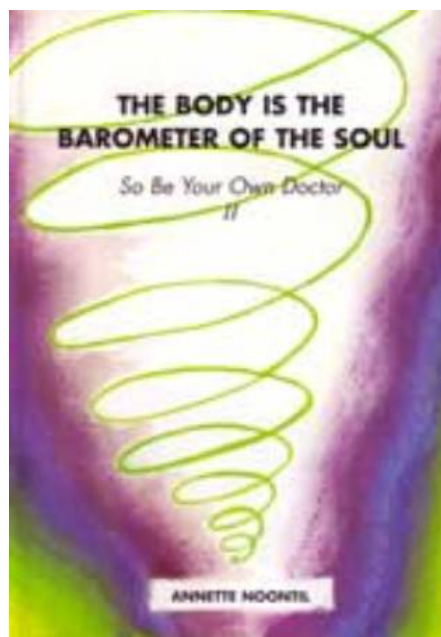
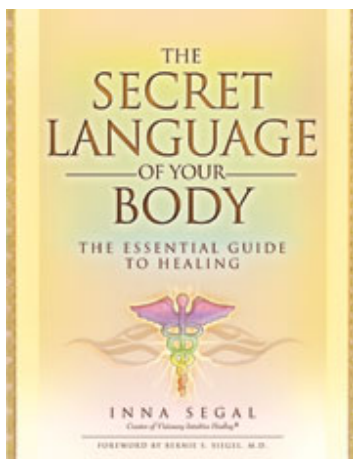
**“The Body is the Barometer of the Soul” by Annette Noontil**

[http://www.holisticpage.com.au/ Annette Noontil.php](http://www.holisticpage.com.au/Annette_Noontil.php)

Also consider:

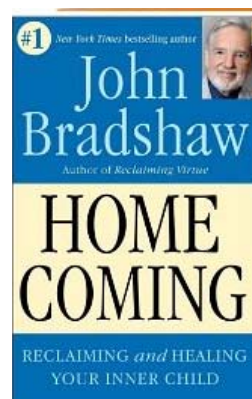
*"The Secret Language of your Body, the essential guide to healing"* by Inna Segal.

[www.innasegal.com/](http://www.innasegal.com/)

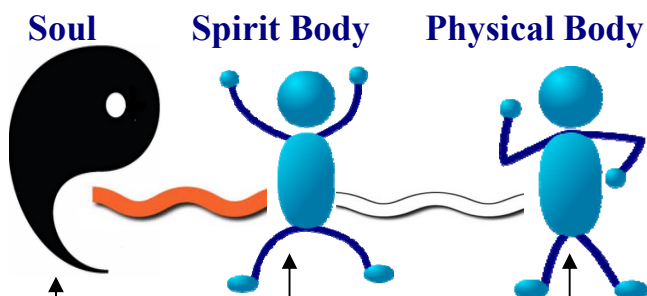


Deadly Emotions by Don Colbert.

Homecoming: Reclaiming & Championing Your Inner Child by John Bradshaw



## HIERARCHY of HEALING SYSTEMS



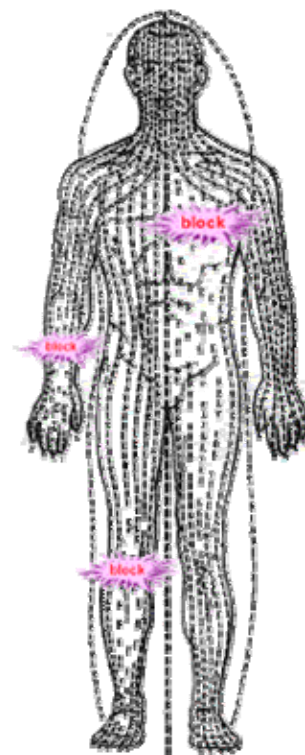
**ALLOPATHIC** – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven.

**ENERGY HEALING** – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6<sup>th</sup> sphere.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes.

**EMOTIONAL PROCESSING and CLEARING** deals with the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If you focus on the soul, that is the most powerful tool to improve yourself. Improving your soul condition is the ultimate goal.



### MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

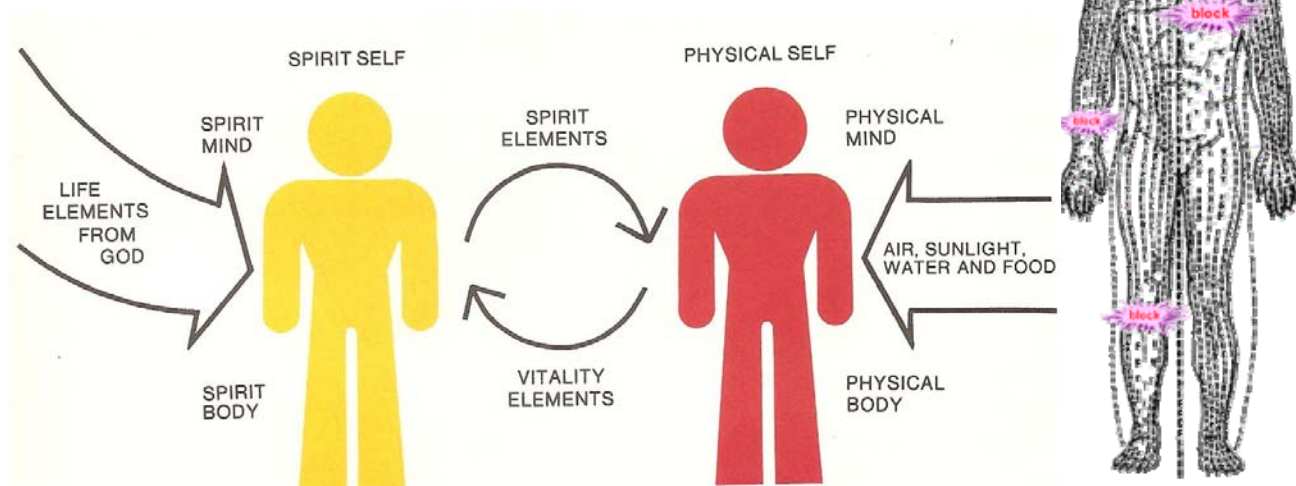
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

## MEDICAL PROCEDURES and RESEARCH



### Sometimes You Can Find a Needle in a Hay Stack!

While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.

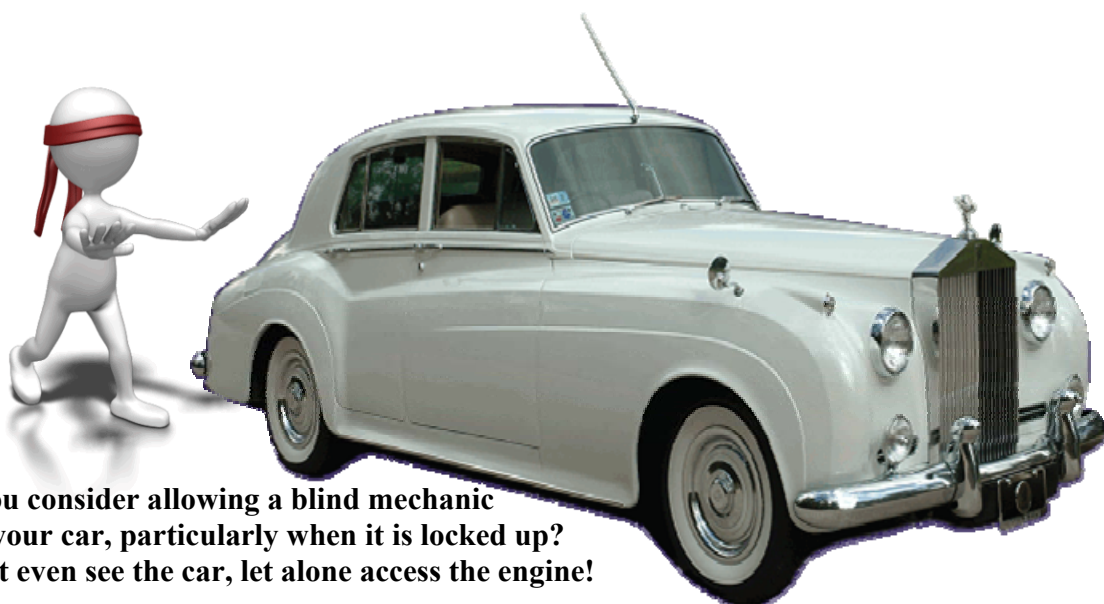


The physical body is animated by the spirit body, and in turn the spirit body is animated by your soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Your soul and spirit body is the home of your emotional injuries and errors. These emotional issues create fissures and damage within your spirit body. Subsequently the injuries within your spirit body generate illness within your physical body, at the corresponding location as in the spirit body.

Illness is generated by your soul, however, healing is also generated by your soul. Releasing the emotional injury in your soul heals the physical.





**Would you consider allowing a blind mechanic work on your car, particularly when it is locked up? He cannot even see the car, let alone access the engine!**

**The health industry stubbornly resists recognising the subtle bodies that we all have.**

**The foundation of our illnesses originates from within our subtle bodies, that is, from within our mind which is spirit body based, and subsequently then via our spirit body.**

**It is only when we understand the cause of an illness is when we can deal with it, effectively, and permanently.**

Questions & Answers with AJ – Part2

2010.05.18

<http://www.youtube.com/watch?v=SAXCs7M0UBg&NR=1>

**Homeopathy and other complementary therapies, their relationship with Divine Love path:**

**This all gets down to intention. If the intention of the person coming to you is to avoid the thing that created their pain. A Divine Love path therapist would focus upon and ask; do you want to sought out the cause of the pain, or do you want me to cure the result of the pain?**

**God never cures the results of pain without addressing the cause. That is why the majority of the human race when they ask for a miracle from God, they never get one because the majority of the human race do not want to deal with the cause of why they are sick. They want to deal with only the feeling of being sick.**

**Avoidance of the actual cause, which is always going to be based around a belief, or an emotion, or a moral, that is dis-harmonious with love inside of themselves. If they are unwilling to address that, then is it wise to cure them of the effect? From God's perspective, God never does that. If I am at one with God, I would never do that either.**

**But in amongst that, there is a huge variety of things you can do to help any single person physically. Firstly, ask the person, do they want to avoid the creation of the cause, or do they want to look at the cause. If they want to look at the cause, then you would love to help them, and help them with any method to help them get at the cause.**

**Sometimes homeopathy is going to help (flower essences are a string within homeopathy). Sometimes kinesiology is going to help. Sometimes Reiki is going to help, sometimes other forms of spiritual healing are going to help.**

**Once you become at one with God, you most probably won't use any of those modalities, because you will be able to cure the person instantly if they want to deal with the cause. You won't need to use something to cure them. But for the moment we are not in that state.**

**If the person wishes to avoid the cause then the pain is a reminder that we are out of harmony with love. That is the purpose of pain, to remind us.**

**So if I take away a person's pain without focusing on the reason why they are in pain, then can you see that I am taking away God's creative feedback mechanism to demonstrate the problem. If I am at one with God then I would never choose to do that.**

**Allow yourself to feel the pain. The pain is always the emotional suppression of the underlying cause. If you allow yourself to feel the pain, then generally you will always get the cause.**

**Everything that you TRULY want, you will get an answer from God. Often immediately.**

**If you have long term illnesses that cause you pain, it is because you don't want to know the cause – emotionally. You don't want to feel the cause emotionally. Pray to God about why you do not want**

to know the cause, what am I afraid of. Often, a lot of fear has to be dealt with before understanding the cause. When not getting an instant relief when processing an emotion, it is because you don't want to emotionally, not because intellectually.

When avoiding pain, I am in the state of avoiding cause, I am in the effect. I am saying to myself, I want to get away from this pain. The problem is, do I want to deal with the emotional reason why I have the pain. In most cases we don't. That is why the pain goes on and on, and it becomes chronic as a result of my desire to get away from the emotional cause. Look really seriously at what you are avoiding and go back to the time it began.

18 May 2010

Every single person who comes to a health carer / therapist for any kind of therapy what so ever is your law of attraction. If you have a group of people coming to you who are blocked emotionally and want to remain blocked emotionally, that is a reflection of something inside of yourself that is attracting.

The first thing to focus on is your own emotion about their blockage emotion to feeling their emotions.

Everything single thing in my life, as an adult, is my creation based upon my soul condition.

The Divine Love Path incorporates the Natural Love Path. There is no problem in displaying natural love. In fact God designed you to display natural love in order to be happy, if you wanted to be happy without God in your life. If you wanted to be happy without choosing God reliance in your life, instead just be completely self reliant. Or you wanted to make up your own rules about God, your own rules about life, if you want to be completely happy, you will have to at some point follow one of the natural love paths. There are literally millions of them, because mankind has set up millions of ideas and paths as a result.

The choice in the end, are we going to remain self reliant or become God reliant. Being self reliant we cannot progress past the 6<sup>th</sup> sphere. The natural love path is about self reliance and there are beautiful lessons to be learnt about self reliance.

However, the Divine Love path incorporates all of those lessons, and in addition to that, teaches you complete God reliance.

18 May 2010

God says; 'You are allowed to make mistakes.'

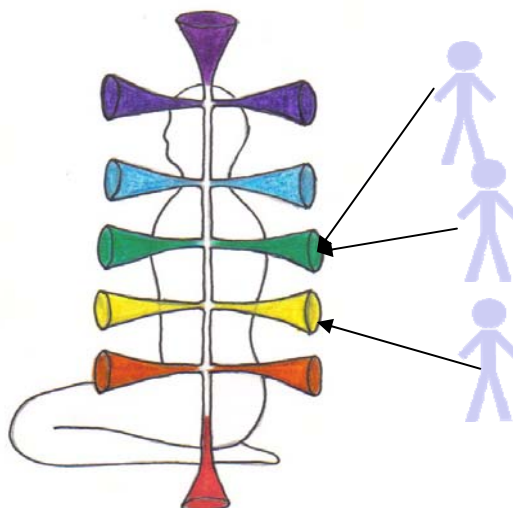
God gave you free will.

You are not responsible for other people's judgement.

We often get tied up emotionally, so much so that we do not act.



**The Soul encrusted. Heal the soul and you heal the spirit body and physical body at the same time.**



**Spirits can connect to energy points, but they can never cause you harm.**

**Should one have a huge amount of grief suppressed in them, that they have stayed away from all of their life. What happens is the heart chakra (4<sup>th</sup> chakra) gets heavily suppressed, it won't be working very well. In some cases it will cease to operate leading to a heart attack, you have completely blocked up your sadness driving the heart attack.**

**The soul is affecting the spirit body's chakra point, so it stops it from having the energy flowing in the correct direction, then that affects the physical body's organs. When you heal the soul, then everything will be healed without you having to do any work on the bodies, the spirit and material bodies.**

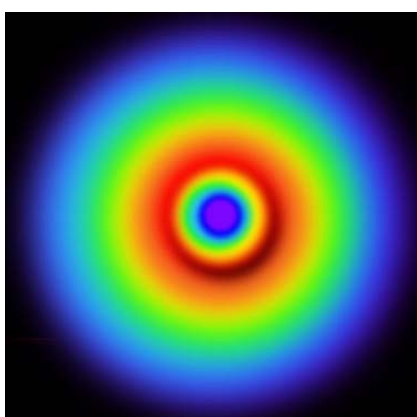
**Your soul has total control over everything else. The soul emotion drives the spirit body, which drives the physical body. The only way to heal the soul is for the soul to experience the emotions that it denies.**

18 May 2011

**Feelings first**

**FEELINGS FIRST For Kids**

One's mind is the real cause of all issues in the spirit and physical bodies. Most healers are conscious of working mostly on the spirit body. If I am a healer focusing on the spirit body and if I think I am focusing on the cause of the ailment, I am not. It is only when I am focusing on the soul and the soul's condition which is made up of a number of things. It is firstly made up of its emotional condition. In other words, there are emotions that it has suppressed within it that cause physical ailments within the bodies. There are also beliefs in our emotions, but they are specific emotions about love in particular. Anything that I believe about love that is out of error with the way that God has created us to be will also cause physical problems in both bodies. There are also things called morals, which are really, again, emotions, but they are issues about morality within myself. For example; if I am a male, it is okay to have sex with any woman I see that is pretty, then I have a moral issue, because I am already out of the concept of soulmate which is something that God created, there is only one soulmate. So, therefore my morality needs to have some work. So morals have an effect on both bodies and their physical condition, disease in both bodies. We can list further things from the soul that affect these bodies. Now, I am there trying to heal the body, to heal the spirit body or to heal the physical body. I am a doctor and I am doing naturopathy and I am trying to heal the physical body, or a Pranic healer or Reiki expert and I am trying to heal the spirit body and I am not conscious that these things are all in the soul driving the injuries and disease in both bodies, then can you see that I am trying to cure the effect, rather than cure the real cause. So, whenever we engage any healing modality, whether it be of the physical body or the spirit body, as long as we are aware that there is a real cause in the soul, which are all really issues of love, belief systems about love that are in the soul, and unless the soul can be healed, these bodies will never be healed permanently.



**REAL CAUSE  
is in the SOUL**

- Emotions
- Beliefs
- Morals
- Love

- 18 May 2011



**When someone is open to Divine Love, their soul is opened to Love. Divine Love does not flow into the spirit body and it does not flow into the physical body. It actually flows into the soul, and it then has a subsequent effect on the bodies. So, if the soul is open to love, and in particular to God's Love flowing into it, that is the time that you, as a healer, has to heal the person. If the soul is open to Love, it does not matter what condition that the soul could be in, it could be in a real bad condition with all these different emotions, and all these different beliefs and morals that are out of harmony, but as long it is open to receiving the love and has a desire or longing to receive Divine Love, then the soul is open, just having the desire opens the soul, has an open soul, then God's Love can flow. So, if I am a healer helping him or her, I am praying for Love to flow into the person to heal them. If their soul is open, now they have the capacity to be permanently healed, and ironically, they will have some emotions come out of them that will change, they will have some belief systems that will change, and so forth, in that process.**

18 May 2011

**God is the most powerful being in the universe. Why ask for a spirits help when you can ask for God's help?**

**What is the definition of being open?**

**The definition of being open is that we have to have this open heart towards God's Love flowing into us. But the problem for many of us is that we are not that open to God's Love flowing into us because we have issues of worth, we feel unworthy of it, we feel ashamed of ourselves a lot, and all of these feelings block us from actually being open. So once we fully open, everything we ask of God will be given.**

18 May 2011



**Kundalini:** All of these energies, there are energies coming from the universe, and also from God, that are not Divine Love but are other forms of energy. God has energies that She uses to feed the universe, in terms of keeping the universe operational. God has an energy that He uses to heal the universe and put all the timing and precision to actually have the universe operate smoothly. God also has an energy that keeps all the laws in place that God has made. There is all these different energies.

The Kundalini energy is one of those energies, but it is not Divine Love.

Divine Love is a specific energy that is about your personal relationship with God. It is not an energy that is about anything other than your emotional feelings about God, and Her emotional feelings for you, which are very separate from all the other forms of energy.

Now these other forms of energy are all very helpful in the healing of a person, but at the end of the day, they don't establish the growth of the soul. They only establish the healing and the maintenance of the soul, which are very different roles.

So, for example, the Kundalini energy and the other energies of God allow for the maintenance and the feeding of the soul, and therefore of the bodies, but they do not allow for this personal relationship between you and God, like God being Mum or Dad type of relationship. The only thing that enhances that relationship, and therefore the only thing that is going to allow for your soul to grow infinitely is the reception of that Love from God, the Love that transforms the soul into a new being.

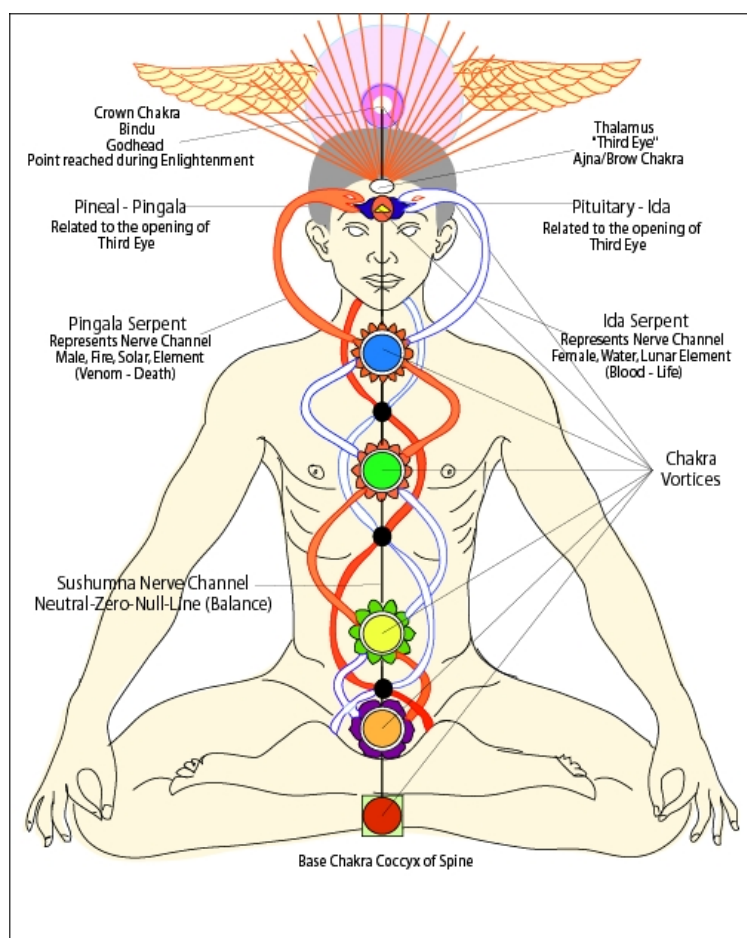
This is where a lot of the spirits on the natural love path who do all of these healing forms and all of these healing modalities, they all think that they are talking about the love of God, but in reality the love of God is an emotion based on a relationship between my feelings for God, and God's feeling for me. And that is for every individual.

It is important, if you want to progress infinitely, to get away from the physicality, or the metaphysicality of healing and all of these other things, and start seeing love as, and love being an emotion, not just an idea or a concept, rather an emotion that flows between two people. And once you can understand that love is like that, an emotion that flows between two people that could enhance their experience of each other, and then you start feeling that for God. Then you really start to understand what it is to start feeling to receive Divine Love and have that transform your life.

This is very different to having the Kundalini energy enter you. And very, very different from having the energy being fed to you by God. You can live off God's energy, in terms of physically, you don't even need to eat. But that is not the same as God's Love either.

God's Love is this unique personal love based emotional relationship between yourself and God, which is very different to these other energy forms.

18 May 2011



**Enlightenment.** All the spirits, who are on the natural love path, believe they have reached enlightenment by the time they have entered the 6<sup>th</sup> dimension or the 6<sup>th</sup> sphere. All of the theories of enlightenment that have been given to the world have all come from spirits in that location. They are the same spirits who call themselves gods – ‘we are all god’, they say that. They are the same spirits who believe they are all powerful. They are the same spirits who believe that they have progressed to the pinnacle of man’s progression. And they are the same spirits who have almost created every single religion or religious path on the earth. And the same spirits who have created the new age movement.

Now, all of those spirits all believe that they have become enlightened, but they are still in the 6<sup>th</sup> dimension of the spirit world and the primary reason why they are is because they believe things about God that are not true. And they believe things about their own soul that are not true, also. And they are yet to enter into a personal relationship with God that is emotional, that has these huge feelings involved in them.

**Experiment with that.** Experiment with the energy forms that you use in healing practices because God does not mind an experiment. Then experiment, on the other hand, with this feeling coming from your soul from God, and attempting to feel God’s emotion entering you. And when you start experimenting between the two different things, you will find, after awhile, you will get to the point where you will give up all these energy forms and everything else because you will realise the power of this love of God is much greater than all these other things.

‘When you seek first God’s Love, all these other things will be added to you.’

In other words, if you seek this personal emotional relationship with God, then all these other things, Pranic healing, these other things to understand my body, my spirit body, to heal my body, all those other things will come afterwards. All of those things will happen automatically.

The problem with us as humans is that we want all of these things and we forget about love.

God’s Love is the greatest power in all of the universe.

But we forget about that for what we consider that we can tangibly see or feel, or see happening.

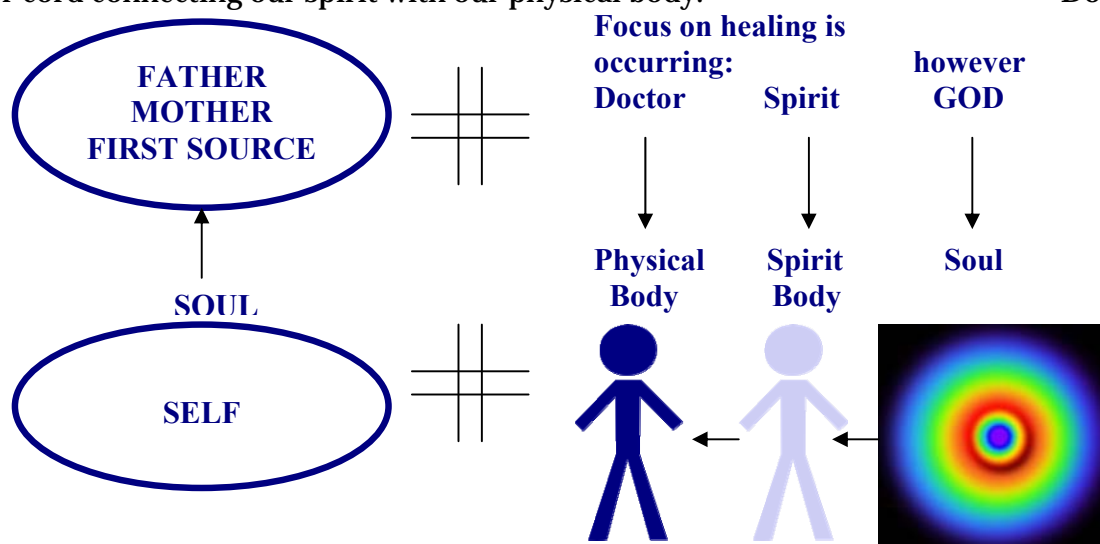
My suggestion for anyone who wants to progress infinitely is to focus your whole intention on love, and forget about all the other things for a while. Just focus your whole intention on love, humility and truth.

Just those three things, and you will find, that after a while these other things that you felt were really important, you will get to the point that Love is the most important that you will ever feel and think about.

18 May 2011

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

More incredibly unique is that there is a direct link between our soul and God, similar to the silver cord connecting our spirit with our physical body. Do 23 Jun 11



**When you heal the soul, everything is automatically healed.** 18 May 2011  
**Love and Truth have an automatic affect of healing on the soul.**

There are cords of connection, physical body to the spirit body, spirit body to your soul, AND your soul to God.

**FEELINGS FIRST For Kids**





**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



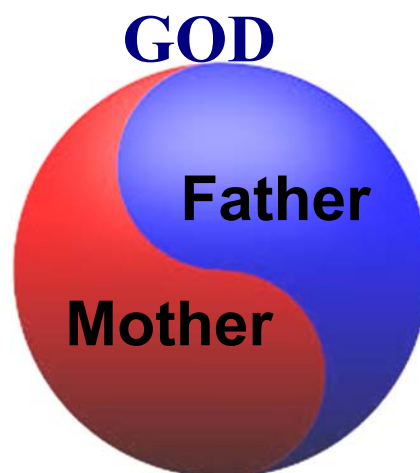
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**



**The BEAUTIFUL MIRACLE:**

5 Oct 2012

**The DIVINE UNIVERSE**

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of OUR Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



**SHINING TOWARD SPIRIT:**  
**665. The Shining toward Truth**

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas  
[www.lulu.com](http://www.lulu.com)

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**ENERGY HEALING – SPIRITUAL HEALING:**

Spirit Communication – Spiritual Healing

P.95 Celestial Messages via James Padgett 1914-1920  
compiled and edited by Gregory Boster<https://new-birth.net/other-stuff/books-we-love/books-on-the-messages-received-by-james-padgett/#celmessg>*I am here, Jesus.*

Healing can be effected as a result of rapport between the ailing person and the spirit healer; for when rapport has thus been established, the spirit can work directly upon the sick person without an intervening healer being required to accomplish the healing.

The sick person, however, through faith and prayer, must lift himself above the Earth plane and attain a spiritual condition on a level which is free of Earth bound spirits, and make possible the contact between the spirit healer and the patient. In spiritual healing of this nature, the patient actually raises himself to a spiritual plane higher than the one in which he lives, and comes into rapport with spirit healers. The Divine Love is not necessary for this healing, for many of these spiritual healers on Earth are devoid of it. Although they are on a high moral and spiritual plane, it is difficult for them to contact mortals who have not been able through lack of faith and prayers to arise out of their Earth plane condition to establish the rapport with these spirit healers. This is accomplished through a soul operation and is not a mere mental operation that does not come from the heart. That is why the usual genuine mediums of the Earth plane, who have no faith or understanding of this law, can do no more than to attract undeveloped Earth plane spirits who have no healing powers.

Again, the patient may be healed through a doctor or a healer whose state of soul is such that he can attract spirit healers, yet the mortal healer can do little or nothing unless the positive faith of the sick man has raised him above the Earth condition I have mentioned, so that the spirit healer can make rapport with him.

When the rapport is made, the therapeutic forces and energies from the spirit world can operate through the mortal doctor or healer. By their transmitting these forces and energies through him into the ailing person, can become the means by which the spirit healing is brought about. The spirit healing is actually a therapy or therapeutic treatment which is transmitted from the spirit healers to the patient and acts upon the diseased organs to restore them. But the transmittal is made possible only through faith, which acts as a conductor of these healing forces and energies.

Thus you see, that faith that God will help and heal, will not only set in motion these healing forces and energies of the spirit world, if God so wills it, but puts the patient into condition which will allow these healers to do their work, either directly or through the intermediary of a mortal who by his own spiritual condition may attract them. Faith is the reality which permits the healer and the sick person to make contact with the spiritual forces. That is why I was able to heal many sinners because of their faith in my healing powers, and not heal righteous persons who had no faith. He who has faith creates a condition whereby evil spirits – who intensify or cause the distress to persist – are separated from their control and contact with the patient, so that the spirit healers can make the rapport and operate.

Those who have no faith, and who therefore die as a result of the delay, have died not because of any injustice of lack of mercy or loving kindness on the part of the Father, but because their own lack of faith in His ability to help and heal prevented Him from accomplishing the ministry which He so lovingly

entrusted to His ministering angels. The prayers and faith of a loved one for the sick person is very often of great benefit to the sick. The sincere love on the part of a mortal not only attracts the spirit healers, but enables the healing force to reach the sick person through the love which is communicated to the ailing person. It may sound strange to you, yet it is so, that often the best physician is he who in earnestness of love and sympathy and sorrow sends his prayers to the Father in all faith that He will accomplish what man and medicine cannot do.

Such rapport between spirits obedient to God's word and the prayerful soul is brought about that the healing forces are transmitted through him to the sick person he loves. Here is a case of the development of the natural human love operating on a high plane to make spirit contact for healing purposes without the Divine Love. With His Love operating through man, as in my own case in Palestine when I healed, the healing is far more efficacious and rapid and I was able to perform instantaneous healing.

In a word, I wish to show that love and faith and prayer in earnestness of soul are realities which perform feats of healing that are impossible under conditions wherein cold intellect and Earth plane conditions prevail.

The question arising when death occurs to a loved one, in spite of prayers to the Father for His Love, is one which is important for greater understanding of the Father's wonderful Love and Mercy. The healing process depends, aside from spiritual forces which are engaged in the work, upon the condition of the organ or part of the mortal body to be restored. An organ which when not under pathological attack is in good functioning order, can be restored to its pristine health regardless of the pathological disturbance from which it may suffer. That is to say, a healthy organ when attacked by disease or by some condition causing a malfunction of the organ may be restored to normal use through the method of spiritual healing. But where an organ through normal use has reached a condition of weakness or malfunctioning because of that use, it simply means that the organ in question has reached a point in mortal living where it can no longer be restored to a condition of health it no longer enjoys, and any effort on the part of spirit healers to restore that organ would be fruitless and without purpose.

To be sure, spiritual healing can delay death and restore organs to a state of previous health, but spiritual healing is powerless to provide the body with new organs in place of those which have through normal functioning ceased to function in a way to maintain bodily health. This is what one may describe as old age in the mortal world, which is a normal process for all, except that it may occur at different times with various individuals, depending upon many factors, which need not be discussed here. When this condition is reached, it simply means that the person's time has come to relinquish his tired and worn out body and enter upon his new life in the spirit world. Again, I repeat that the spirits cannot rejuvenate an organ and restore that organ to a condition of health which it did not originally possess prior to the fatal onset of the disease due to degeneration and decay through normal use in mortal living.

I urge you, as well as all interested sincerely and wholeheartedly in helping to save and cure a loved one or one's self, to obey the spiritual laws of soul reality and seek the Father, His Mercy, His Loving Kindness, and greater than these, His very Essence and Nature in His Divine Love which He seeks to pour out on whomsoever craves it in earnest longing of soul. This power was mine and that of my disciples when I was on Earth, may be yours for the sincere asking. Pray again and again for the Father's Love and At-onement with Him.

*Jesus of the Bible and Master of the Celestial Heavens*



## SPIRITUAL HEALING

There are two types of healing. One is through a spirit, a spirit healing the person and usually a 6<sup>th</sup> sphere spirit will do that or a spirit on the natural love path under the 6<sup>th</sup> sphere who might be connected to the person healing them. That is why most healing is happening that way, like John of God who is healing is through this method.

There is no spiritual healing occurring via the method that Jesus used in the first century at this point (2010). That spiritual healing is when you become at-one with God. Basically because of that connection with God, God can direct Her energy or love through you to heal anyone you choose as long as that person is open to dealing with their emotion that created that injury. The willingness to experience the emotion has to come first. If you are connecting with God whilst on the divine love pathway, God does not expect you to go through the Law of Compensation anymore. God's grace is now passing through you.

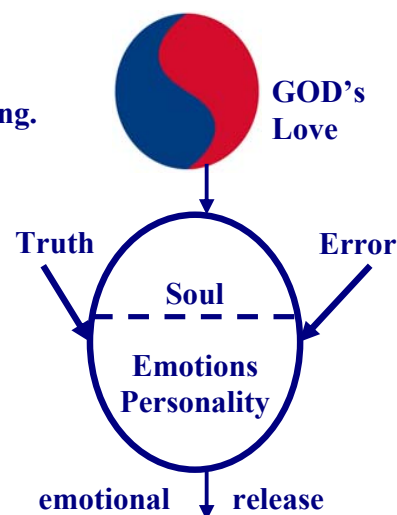
You need to be open to experience the emotion of it.

It is the faith connection that matters in healing more than anything.

The emotional release occurs during the process.

As the soul grows, it can experience more and more emotions.

11 Oct 08



John of God (real name is Joao Teixeira De Faria), though he has received some Divine Love, does not understand the principals of Divine Love, and many times he is healing with the help of natural love spirits. But he also has a Divine Love spirit helping him heal, and the Divine Love spirit, which is one of the softest and gentlest spirits around him, will only heal when the person being healed wants to deal with the causal emotions. John of God does not understand why this most sensitive spirit around him actually comes to him under certain circumstances. The circumstances are that that spirit can connect through John of God to heal that person who is wanting to deal with their causes.

16 May 09





+++

10

9 MOC Peak

8 1250

7 1080

6 1000

5 920

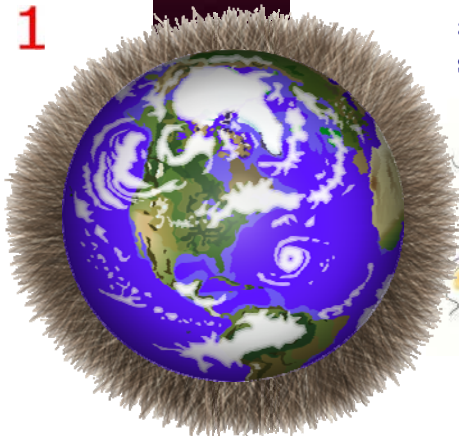
4 840

3 780

2 650

500

1



**SPIRITUAL HEALING CONDITIONS:**

Only when the healer is at one with God (8<sup>th</sup> sphere soul condition) can he, directly with God, heal a person, who has faith.

Practical ultimate conditions for healing: Healer on earth is engaged in Feeling Healing and seeking and receiving Divine Love and is in a 2<sup>nd</sup> sphere soul condition.

Person seeking healing is also seeking and receiving Divine Love, if only to a limited degree.

Healer will be sent Divine Love angels from the Celestial Realms (8<sup>th</sup> sphere and higher) and they will act as conduit for our Mother and Father. All parties involved have faith and desire to connect with our Heavenly Parents. Healing will be rapid and permanent.

Healer who is above 1<sup>st</sup> sphere soul condition can and does attract natural love spirits from 4<sup>th</sup> and 6<sup>th</sup> sphere to assist with relieving illness.

If healer is asking for and receiving Divine Love then he will attract assistance from 5<sup>th</sup> and 7<sup>th</sup> sphere spirits to assist with healing, bringing relief for the patient.

Should the patient have faith in the process and is endeavouring to grow in love then healings are possible.

Healer, in this condition, is able to break through the cloud of negative emotion enveloping earth.

Healer in 1<sup>st</sup> sphere soul condition cannot develop rapport and assistance from spirits who are above 1<sup>st</sup> sphere. He attracts 1<sup>st</sup> sphere spirits who masquerade as healing spirits. No healing.



**For many of us,  
our soul is so  
depleted of love  
that our soul is  
encased within  
our spirit and  
physical bodies.**

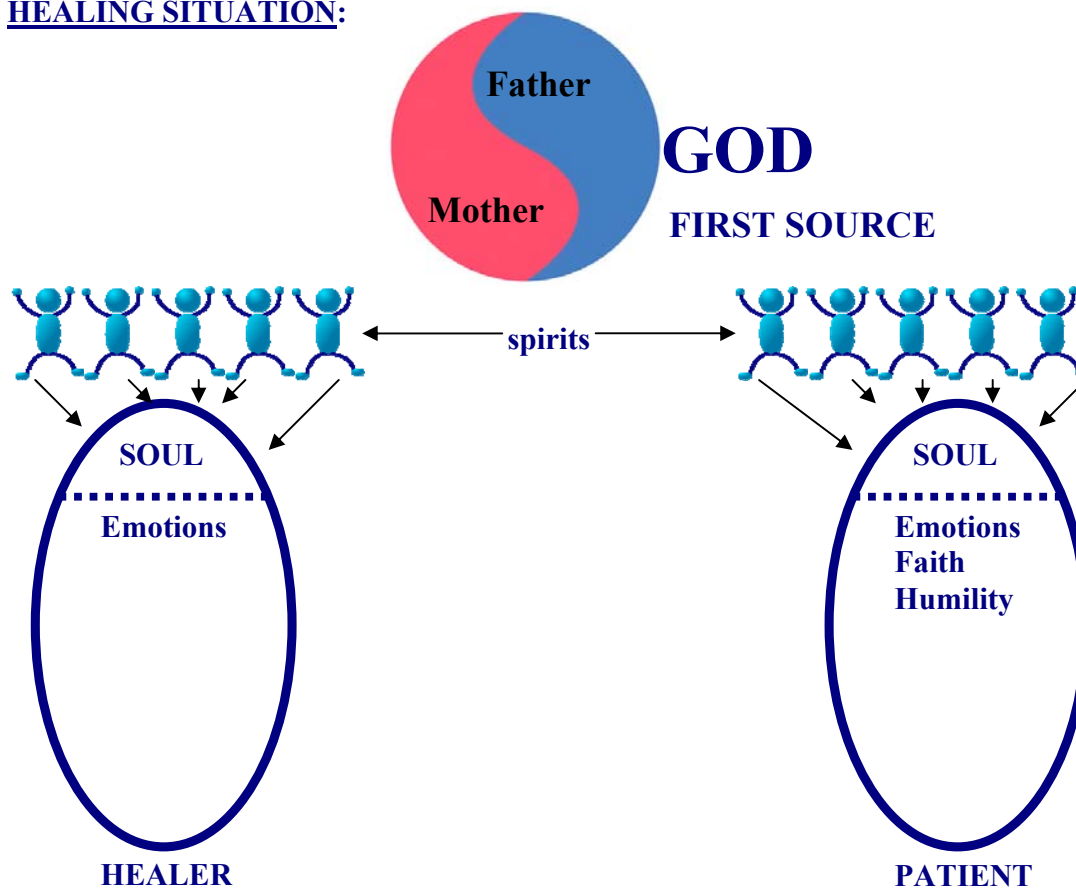
**SOUL**  **SPIRIT BODY**  **PHYSICAL BODY**  
**PERSONALITY**

**Feeling  
Healing with  
Divine Love is  
the key!**

**PASCAS  
PAPERS**





**ENERGY HEALING:****HEALING SITUATION:**

**EMOTION NOT PROCESSED – patient will continue to attract spirits with similar emotional injuries.**

**Channel healing to the body of patient is temporary, until the patient is willing to deal with the emotion.**

**Natural love spirit can partially and temporarily heal the patient.**

**All that happens is that a slow down in the condition occurs until the emotion is processed.**

**Patient achieves a causal emotional release and Divine Love enters patient, healing is achieved – longing for truth, love and being humble.**

**God only deals with causes, not effects.**

27 Sep 09

AJ:

27 Sep 2009

Here's the soul of the healer and here's the soul of the person you are trying to assist. Here's God and surrounding you there are lots of spirits particularly if you are doing healing, there are lots of spirits surrounding your healing process. By the way, around this person, the patient, are probably some spirits as well. Some of them who want to help the person, other ones who want to harm the person.

In each healing situation lots of different things are going on. There might be spirits connected to the person who are actually causing the person's ailment. So if you ask them to leave or you ask God's love to enter them, that is, you actually ask them to leave, in most cases they will. And so what will happen is, God's love, if this person / patient is open, can enter the person and actually help disconnect them from the spirit. Now that would look like an instantaneous healing for that person – a very successful day, that day – you know.

And so their stuff goes away quite rapidly under those circumstances. Next week they might come along with a different problem because they haven't yet healed the emotions that caused the attraction to the spirit that was harming them, so that's a different story all together.

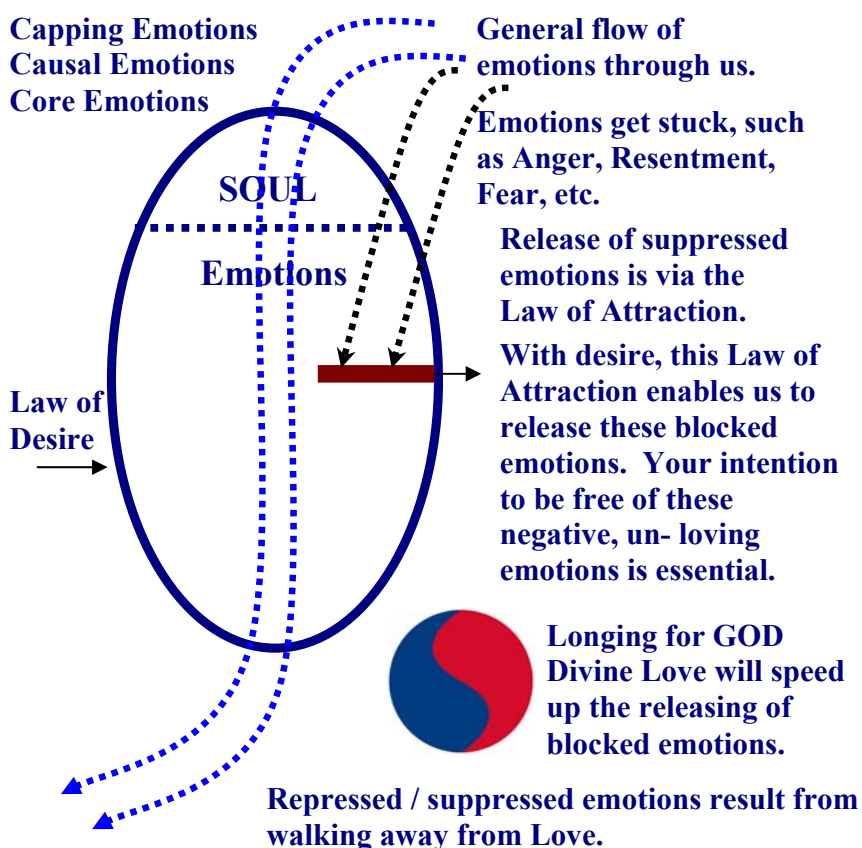
**The problem for healers is that the patients own physical soul is generating the problem.**

**When the person who we are trying to heal, does not want to deal with the cause, the healer's power is severely diminished to assist them because their own soul is generating the problem.**

**All illness is of a result of the soul having these blocked emotions, which then create the illness in the physical form and the spirit body. If the person's soul condition is not addressed then the person is going to recreate the same type of problem and issues.**

**It is very important that we start to see things at the causal / core level, particularly in the medical and healing profession. 16 May 09**

### **WE are CREATED as EMOTIONAL BEINGS:**



The other thing that's happening is when you do some healing work with a person, the spirits that are with you or with them that are in a good condition, they might not be on the Divine Love path but they might be in a good condition, like one of their guides, would actually do whatever they can to help the person heal.

Now if those spirits are on the Divine Love path, they won't do that until this person is willing to deal with the emotion. But if the spirits are on the natural love path, they will use as much of your energy as possible, to do as much healing on this person. The ectoplasm of your body is used to actually work through it because you are the one with the connection that they work through. They can't often connect to this person because this person is like – quite often in a sad state or whatever and so they are not



connecting to that person. So usually the person who is the healer is quite a good medium basically channelling energy, healing energy, from spirits via themselves to that person.

But they are not doing it to their soul – that's the problem. They are usually doing it to their spirit body and their physical body.

Now remember I had said that every single problem we have is caused by the soul, not the bodies.

So we can channel a lot of healing to a body, help them for a week or two weeks or a few months, but then they say 'look, I am not coming back', and a few months later they have got the same problem like, 'I was really good for a couple of months'. You hear that a lot when you are doing healing.

The reason why is because they are still not identifying the causal emotion.

Now, a spirit on the Divine Love path would actually still do that, but only if they saw a willingness in the person to deal with the emotions.

So in other words, when you are in a love state, you know when a person's got that eggshell across the top of their soul, if you like, and you can feel it from them like I can feel it from many of you when you come up to ask me a question. I can feel that you don't want to deal with that and you say, 'yes I do, yes I do' – 'how dare you say to me that I don't', and I say, 'I am sorry, but I feel you don't', I can feel that eggshell on the top there – whatever that eggshell is. I would try and encourage you to get into that one. A lot of times we don't want to know what that is because we are afraid or whatever so we don't deal with that.

But when you are a spirit, you can see it – you can see it affecting the spirit body of this person so you know there is resistance. Now when there is resistance like that, a natural love spirit can heal through the healer. The natural love spirit can heal through you, as the healer, but you are not going to heal the entire thing – you can't, because the emotions continue creating the illness while you are trying to undo it. And this is why a lot of people who have cancers, for example, go along to a healer, they get lots of healing every week, they feel better for a day or so and then eventually the cancer kills them.

And the reason why is because they are not dealing with the underlying emotional reasons why. And the emotional reasons are more powerful than the healing, and because the emotional reasons are more powerful than the healing, the condition degrades.

So all you do is slow down the condition if you don't deal with the emotions, but you never actually heal the condition in the person. Except of course in the original thing that I said – if there was a spirit causing the condition you can heal that really rapidly and that's why you have these effects some times that are really rapid.

Now on the Divine Love path, if this person has the faith to connect to God, and also has the desire to experience all of their emotions which is called humility, so they have the humility to connect to their emotions and *now* God can connect to them directly, and that's going to be a pretty powerful experience.

So you get them on the table and willing to open up to God, or opening up to this space that God will actually connect with them and help them here, and they are humble to experience all the emotions, you

can spend two minutes with them and say one word, or two words, or a sentence, and all of a sudden they are balling their eyes out on the table having a major causal emotional release. And that's a very powerful experience because that's really good for them.

Eventually what would happen though, if we wanted to teach them how to do it for themselves of course (as a healer this is one of the roles you can have) teaching people how to heal themselves.

So in that situation, God is actually giving them Divine Love during that process directly. You have helped them by telling them the truth. Remember I said, there are three things we need to connect to God – what were they?

A longing for Divine Love, a longing for Divine Truth, and Humility.

So we have helped them come to a state of humility by talking to them about their emotions – ‘you are allowed to have your emotions, you are allowed to experience your emotions’, and so forth. We talk to them about the truth. The truth that we know our spirit friends might be telling us – ‘in your life, you were abused by your father and this is how you felt at the time. Do you remember that?’ That’s the truth entering them. They are longing for God’s love and they have faith that it's going to help heal them, they will definitely get healed from whatever that is, if they do those three things.

Then it's a very, very powerful experience for the person and also for the healer – that’s a joyful experience because you can feel lots of things changing.

So if we are a healer, the key is to change our focus a little from just trying to fix the problem externally into fixing the cause of the problem so the problem can be fixed internally, and that's a powerful thing we can do as a healer.

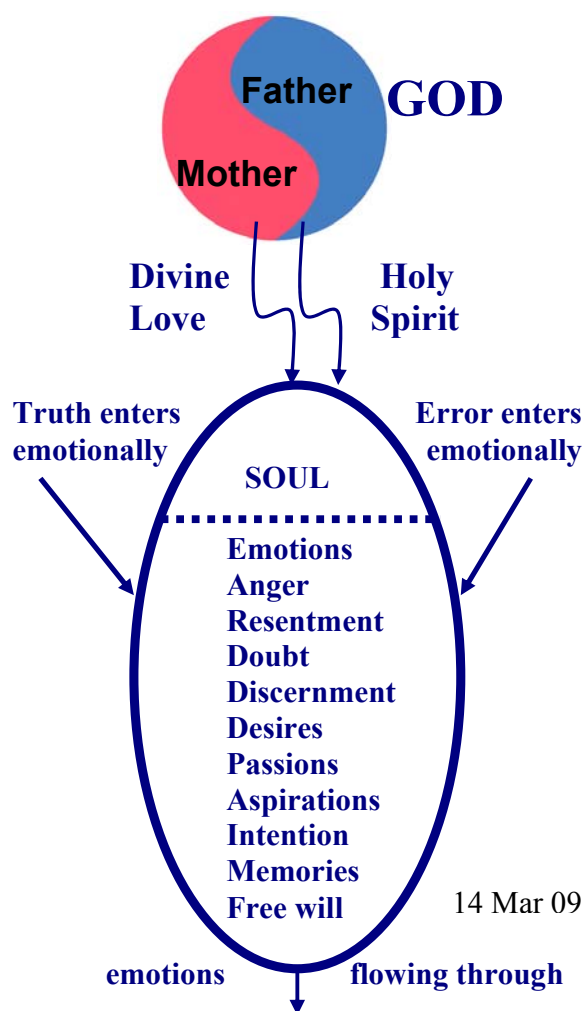
Remember that God only deals with causes. There’s a Law of Cause and Effect which I haven’t discussed yet with people – God will only address causes in your soul. He doesn’t address effects. So if you say to God, ‘Please take away this malignant cancer from me’, God will not do that. You try that – God won’t do that for you. Many people have tried that and they have died with their cancer. Many religious people have tried that and died with their cancer by the way. You know that, don’t you, through your own experience and things you have heard.

Why hasn’t it worked? They have had faith in God, they have had the humility maybe to experience their emotions, but what’s going on? They are not addressing the cause. So you see, we’ve got to address the cause; we’ve got to be willing to address the cause, whatever that cause is. Sometimes those causes aren’t too pretty;- . Sometimes the causes are actually ‘Wow, I have got this terrible emotion where I’d like to harm other people’ in me, and that might be the cause. And you’ve got to come to deal with that cause. Often that's the case with cancers. That’s one of the causes, like a big desire to impact our life on other people. You will see this happening a lot surrounding those kind of diseases.

And so often, unless we are willing to address the causes, God can’t be involved in the process. Also, because we are unwilling to address the causes, any celestial spirits or spirits on the Divine Love path can’t be involved in the process because they keep their connection with God by being in harmony with all of God’s laws. Does that make sense?

So the only spirits that can help in that situation are natural love spirits. And the natural love spirits don't understand the soul. Most of them haven't even learnt about the soul yet. They think the soul is the spirit body. When you talk to many people on Earth and spirits in the natural love community, I suppose if we can call them that, you will find that many of them have this viewpoint that, 'My spirit body is my soul', and that's why they call it the *spirit*. But it's not the soul. It's a completely different thing, but they believe it's the same thing, so they don't even know what the soul is, so they don't even know what the cause is. All they do is see it in the spirit body but they don't identify with the causal emotions in the soul.

There are spirits too on the natural love path who are starting to do that now. And that's why we are getting a lot of emotional work coming into a lot of the healing now, whereas right back in the beginning it was all sort of metaphysical work – you know, work with the spirit form, but now it's a lot more emotional. But even so, there's a lot of laws involved in terms of how powerful we can be as the healer and if we understand them it can work really well every time.



**All of your emotions create your physical condition.**

**Once all the emotions are released, then your physical condition will represent that of a 25 year old.** 21 Feb 09

#### **SOUL CONDITION**

14 Mar 09

**Soul condition is a reflection of all your emotions and how harmonious they are with natural love and Divine Love.**

**Appearance in the Spirit world:**

##### **Spirit body appearance**

<b>6<sup>th</sup> sphere</b>	<b>age 25 equivalent</b>
<b>5<sup>th</sup> sphere</b>	<b>age 25 equivalent</b>
<b>4<sup>th</sup> sphere</b>	<b>age late 20's equivalent</b>
<b>3<sup>rd</sup> sphere</b>	<b>age 30's equivalent</b>
<b>2<sup>nd</sup> sphere</b>	<b>age 40 – 50 equivalent</b>
<b>1<sup>st</sup> sphere</b>	<b>fissures and blemishes.</b>

14 Mar 09

**Truths continue to grow after the 8<sup>th</sup> sphere, whilst being at one with God enables you to also grow closer to your soulmate, the other half of your soul.**

**Your soul is totally incapable of harming your body with emotion.**

**You cannot die from experiencing an emotion. You can only die from the denial of the experience of an emotion.**

**What is a heart attack? A heart attack is the denial of a heap of sadness which causes the suppression of all this area here across the heart chakra which eventually causes the clogging up of all the arteries in that area and eventually you have a heart attack.**

**That is the result of denial of an emotion. But the person who has heart problems, if they start crying, they are not going to harm themselves if they are crying about causal emotion. In fact, what they are going to do is free up the chest area, which actually gets everything operating properly, and all of a sudden, within a day or two, you can find things a lot better.**

14 Mar 09

## CONTRACTION OF SEXUAL DISEASES

Sexually transmitted diseases are the result of this huge shame in the human race about sex. And so all the sexually transmitted diseases that are around today all have a relationship to sexuality and how we view ourselves emotionally. So, if you have attracted a sexually transmitted disease, let yourself feel emotionally what the shame is all about inside of you. And you will find, that when you do that, that you will actually be able to heal the disease without any form of medication. Now, I am not saying to you to not take medication if that is what you want. I am saying, don't ignore the underlying emotion that causes the attraction.

14 Mar 09

## HEADACHES

The headache is the result of the suppression of an emotion, and usually a grief based emotion, that we really need to allow ourselves to feel. When you feel it, the headache will instantly disappear anyway. Do what is most comfortable for you but make sure that it is harmonious with love.

18 Apr 09

## BIRTH CONTROL

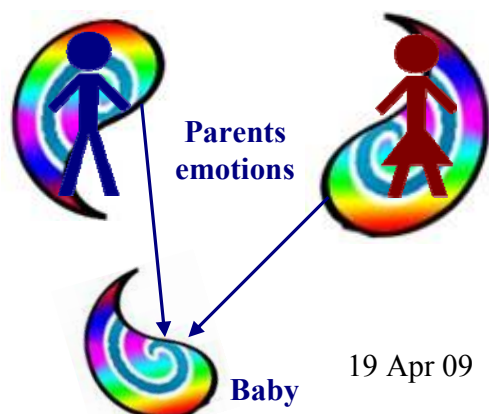
Be weary of any birth control that terminates the pregnancy. Because terminating a pregnancy is terminating an already incarnated soul. The morning after pill is one of those things.

Don't do anything that breaks the Law of Love, so if I am terminating a pregnancy then I am breaking the Law of Love.

Investigate those forms of birth control that have the least impact on you at the emotional level, and I say the emotional level, because you don't want to take something that shuts you down emotionally with regards to sexuality, or in regards to your own internal organs, and a lot of those things shutting down are due to emotions within yourself. Allow yourself to investigate and choose what is comfortable within yourself.

18 Apr 09





When you release a causal emotion, your spirit body brightens in its condition. More light comes from your spirit body. There is a linkage between the brightness of the body and the emotion existing within the soul. When you become brighter, you have just become a better person in a higher condition of love. 19 Apr 09

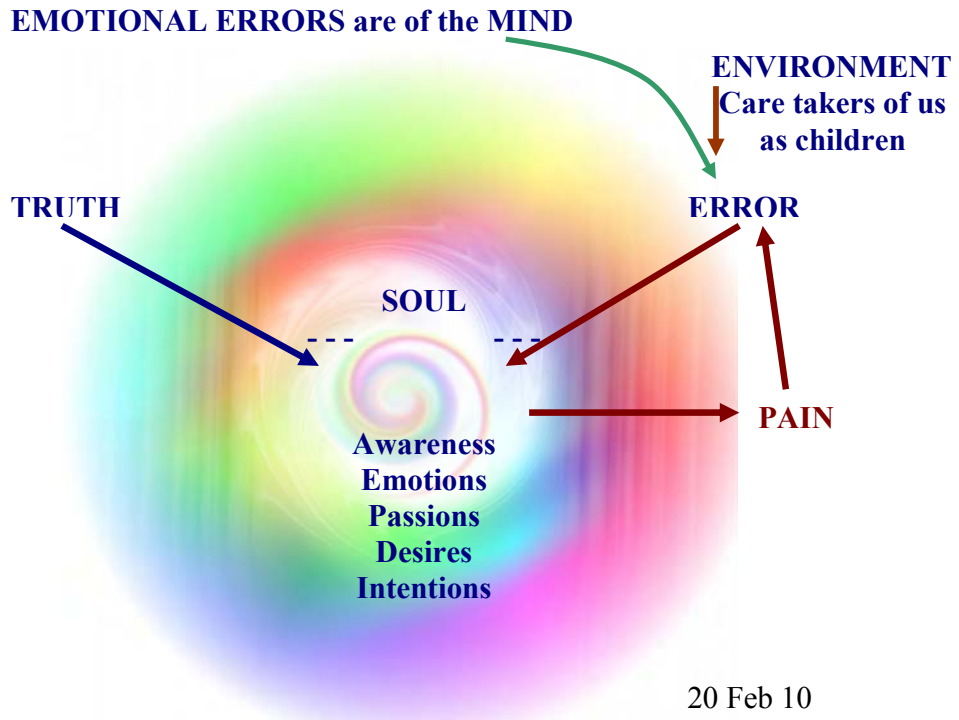
The damage that occurs to the person on Earth from incest. The only way to prevent these practices from continuing is by dealing with the emotions that created them. As you grow in Divine Love and as you receive Divine Love into your soul, your soul may transform your genetic structure within your body. And so any genetic impurities that are caused through so-called inter-breeding are automatically gotten rid of. All genetic impurities in your body are actually emotionally caused anyway. They are all reflections of emotions that are unhealed. 19 Apr 09



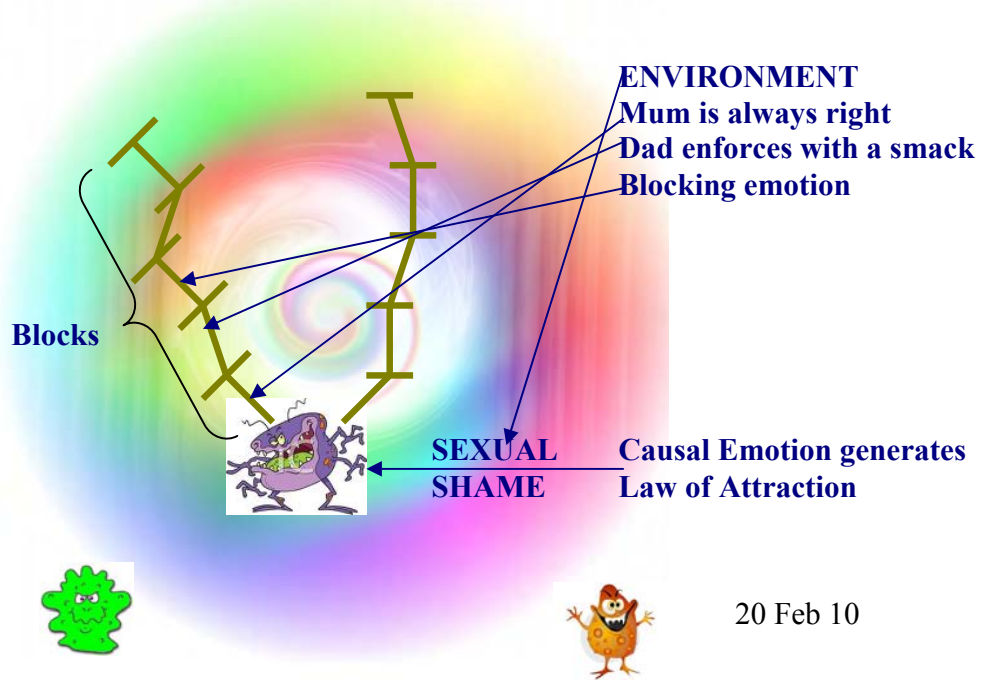
When you are at one with God, you can heal any genetic damage instantly.

A Down's syndrome child is the result of the multi-generational law of attraction of parents, grand parents, and so forth. So again, it is due to unhealed emotions in the parents, grand parents, and so forth, that are passed down to the child. It is passed in a way that has affected the amalgamation of the structure of the union of the sperm and the egg cell, so it has created a genetic problem which the child is then incarnated into. That problem can be repaired and the child can then have a normal soul response to everything, rather than through an impaired response. The impaired response saves these children from the normal stress that a normal child would normally receive. 19 Apr 09

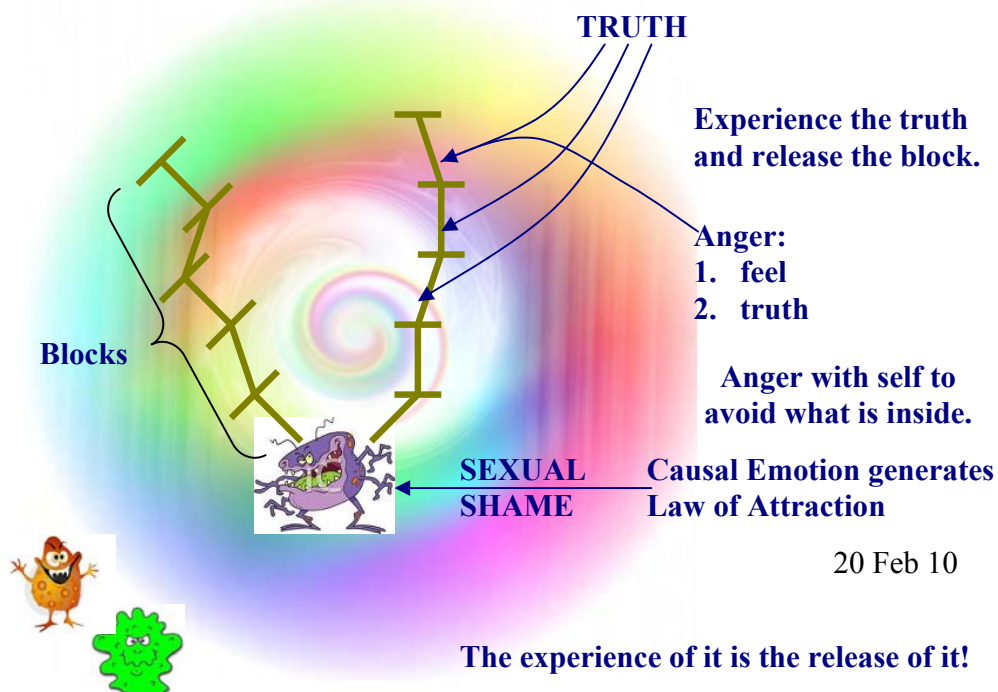
*The soul is the container of all sorts of emotions.*



**EMOTIONAL ERRORS are of the MIND**



## EMOTIONAL ERRORS are of the MIND



**'I had a pretty good upbringing' in comparison to other people.**

**Parents have NO understanding of blocking emotions.**

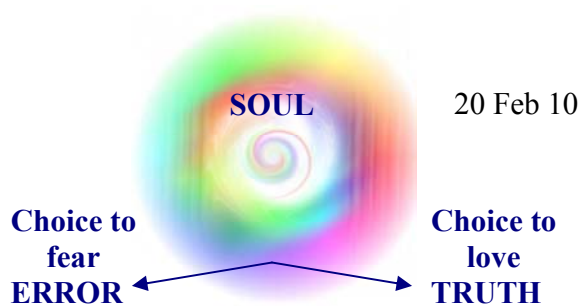
**Parents have NO understanding of causal emotions.**

**Parents have NO understanding of Law of Free Will.**

**Parents have NO understanding of Love.**

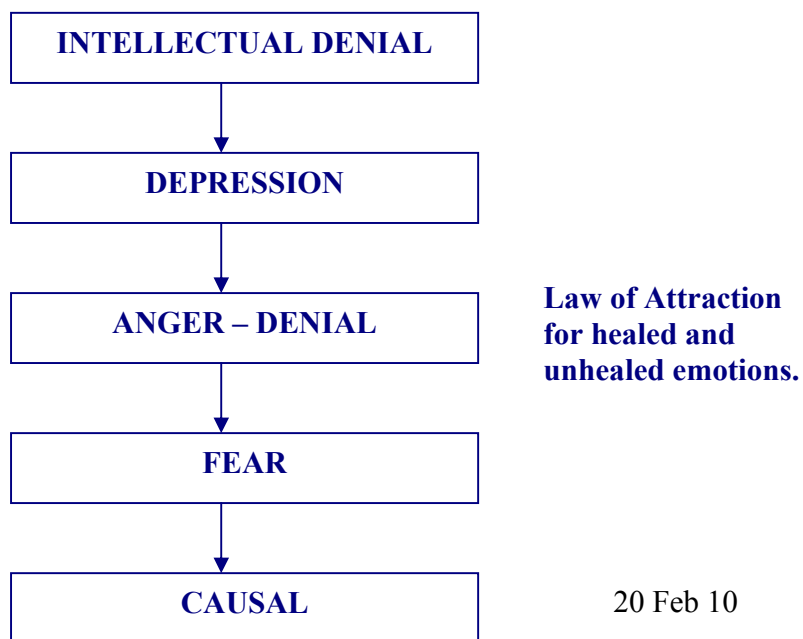
20 Feb 10

# FEELINGS FIRST For Kids



**Smoking is an unloving act to yourself.** 20 Feb 10

**Eating meat is an unloving act to animals.** 20 Feb 10  
**You cannot become at one with God and continue to eat meat.**



**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**Divine Love spirits are more concerned about helping you receive Divine Love from the Spirit, as well as feel and express your emotions whereas a natural love spirit will assist you more with metaphysical matters.**

**Divine Love spirits are more concerned about you exercising your free will rather than be assisted. They are always going to focus upon your emotions.**

**Most people on Earth want assistance, they don't want to have to do it themselves.** 10 Aug 08

**When a person who has had the emotional experience of being at-one with God, they are very different to a person who intellectually believes that he/she has had the experience of being at-one with God.**

10 Aug 08

**You will feel their desire more than their intellect. They are very different.**

**If you deal with the causal emotion that created the illness or disease or discomfort, that discomfort will never appear in you again.** 10 Aug 08

**Typically, when we pass over, we discover that we are still alive. We arrive within the mid regions of the 1<sup>st</sup> sphere, should we be a reasonable style of person. Our spirit has a major difficulty with mistrust, further we cannot see a celestial spirit (8<sup>th</sup> + sphere). You can see spirit bodies, particularly of those living on Earth, but the physical body is blurry grey. So we return to Earth to search for answers.**

**The majority of spirits connecting to mediums are 1<sup>st</sup> sphere spirits, most mediums are also 1<sup>st</sup> sphere. Imagine, mediums seeking answers from spirits who are seeking answers from mediums!**

**Truth is dependent upon our desire, seek God's truth.**

10 Aug 08

<b>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</b>
--

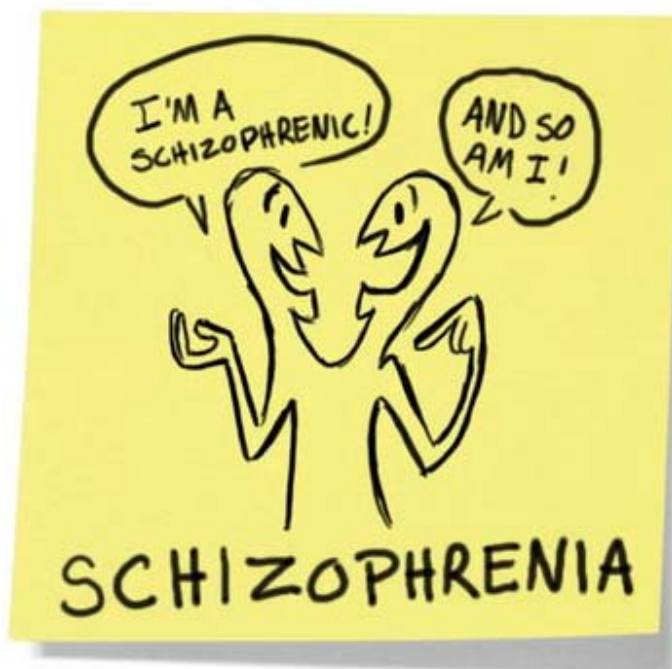


Schizophrenia is an emotional state. When a person has a degree of mediumistic ability within themselves, there are often quiet a number of spirits surrounding them at any one time. When those spirits surround the person, the person can actually connect to any of those spirits at any point of time. And they may hear those spirits as a voice in their head, or an amplication of imagination. So the voice in their head tells them something. Different medical professions will say that that voice in their head has been created by something going on within themselves. But the reality is that these people are quite mediumistic and a spirit is connecting with them, telling them things. Now, quite often the spirit connecting with them may be dark, however, the Law of Non-interference prevents any harm occurring. You need to understand why spirits connect to us at any one time, and it is all to do with our soul condition. What is our collective emotion causes an attraction to our friends, but also causes an attraction to our spirit friends. Now some of our spirit friends, you could say, are not that friendly in the sense they have lots of unhealed emotions in them too. And they want to act out those emotions through a person, here on Earth, who is mediumistic.

Schizophrenia could actually be spirits talking to a person. The reason why most of the medical profession feel that that is a delusional state is because they don't recognise the spirit world.

Speak to the spirit and find out the path of events. Talk to the person in that state, like they are a spirit and find out details from the spirit, when they passed, what they passed from, what kind of passing they had, and so forth, and you may actually find a lot of the underlying attractions that cause the connection between the spirit and the person who is undergoing the problem of schizophrenia.

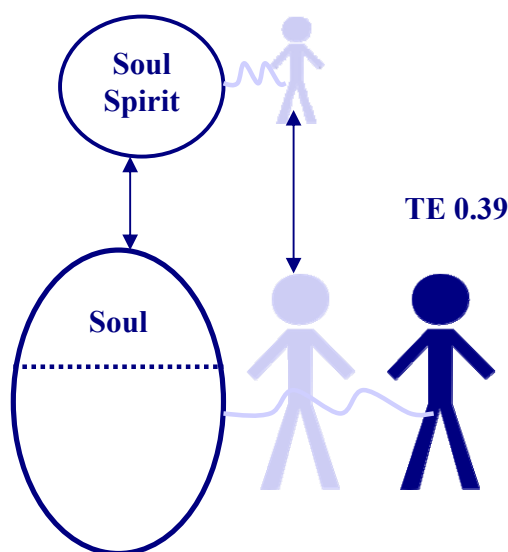
29 Jul 09



Schizophrenia is the so-called mental illness where the person hears voices and often the voices are very negative in their connotation and interaction with the person causing them disturbances. The way the medical profession deals with it today, generally is to medicate them, and that generally controls the 'illness'.

What may be happening is that a schizophrenic person may be a highly mediumistic person. The second thing that is happening is that this schizophrenic person is connecting to these spirits on a very regular basis, and because the medical profession does not recognise that voices in your head have nothing to do with you and, are in fact many times, are spirits.

13 Dec 08



Manic depression is a very similar condition. Manic depression is where the person, themselves, are also in a state where they are feeling powerless and they want power so badly that they will almost do anything for it. There are these spirits that are feeling powerless who are looking for power. What they do is they may connect to a consenting person and give the person all of their energy that they can possibly give them. What that does is it sets up the manic phase of the manic depression state, and the manic phase is when the person does not sleep or sleeps very little and they have got so much energy and they will go around month on end having sex with who ever they want, drinking whatever they want, doing those things that these spirits, in particular, want to do. We are always responsible for our own actions, it is our free will.

What happens then, the body then, this physical body gets into such a depleted state that the spirits can no longer maintain the connection. When that happens the connection between the spirits and the people on Earth may break and that is when they may have their big crash. And they may stay in that state for as long as the body takes to recover itself from totally being connected to spirits for such a long time. Once the body recovers, they may go back into the high again.

13 Dec 08

All medication does is just detunes the connection, but it does not stop the spirits from hanging around. Possibly it is 6 to 10 spirits hanging around the person, doing this as a group.

**Dark spirits, being those with poor soul conditions, are shrivelled up and with little energy to express their bad attitudes. The Law of Non-Interference prevents them from causing harm to other spirit people or to people in physical bodies. They are isolated within the dark Spheres of Disharmony.**



#### **UNLOVING PERSONALITY**

**Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is choked of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.**

#### **LOVING PERSONALITY**

**Spirit body mind is clear of man-made negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.**



**LACK of SELF- LOVE:**

- A composite of:
- lack of self-worth
  - lack of self-acceptance
  - arrogance and pride
  - self-loath and hatred
  - lack of self-awareness.

Why one has imperfection in their natural love is due to an extension of one of these traits, and all these traits relate back to one single finite Truth, which in its cause is a lack of self-love. The lack of self-love to one's self is the cause, the root cause, on why there is so much fear within individuals, the human world and the lowest spheres in the spirit world. The individual will have a memory that describes how this lack of self-love appears and many people deny this existence of the lack of self-love within themselves because it hurts too much to see it.



***Cause No Harm*** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

***Feelings first***

Our perfect soul is founded on natural love. Our soul may become encased / encrusted in error bringing about lack of self love. To dissolve the errors encrusting our perfect soul is by growing in truth through the ongoing healing of one's negative state, by doing our Feeling-Healing of our toxic emotions. By ending our feeling denial and healing any personality expression denial we have.

The Mother and Father's Divine Love will slowly strengthen our resolve to perfect one's own natural love, should we address such errors. Slowly but surely, with the Divine Love, our soul's condition will grow and grow. With the Love this will fit one to enter the Celestial Heavens, and beyond, being in the love of all that surpasses man's imagination. Try the experiment.

I ♥  
ME



Emotions that are denied manifest serious illnesses.

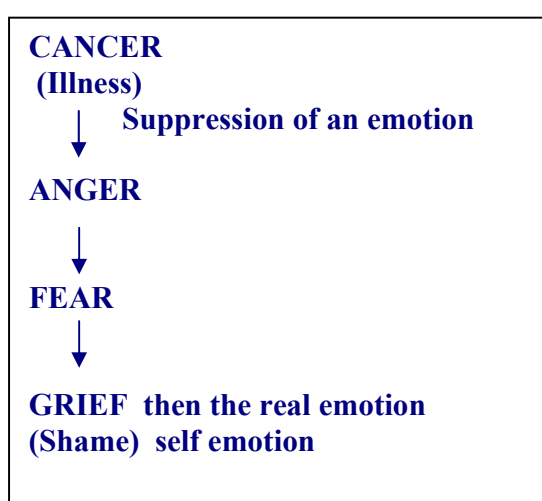
26 Apr 09

It is possible to cure your cancer by you dealing with your emotions.

The big issue with cancer is that there is already a lot of emotional suppressions that creates the cancer.

Cervix cancer.

The issue that you are facing with is that you have some very, very deep anger and grief with sexuality and with sex, itself, and that is what is affecting cancer in that region for you.



Where you get the cancer usually depends upon the emotion being suppressed.

For example, if I have cancer of the breast, then if it started in the right breast or the left breast, it will depend upon the emotion that I am suppressing. It will be an over nurturing thing that I am trying to do wanting to get love. If it is the left side it will have something to do with a female, right side it will be for a male.

If I have cancer in the lungs, it will be about deep sadness that has occurred, that I have suppressed, and this is why many smokers get lung cancer because they smoke to suppress deep sadness but they don't want to feel, and they cover that with a lot of deep anger with what they are sad about, and that creates the cancer of the lungs.

With many men it will be prostate cancer. It is about the opposite gender. Prostate cancer is very similar to cervic (cervico) cancer in a woman. It is to do with the opposite gender. It is to do with some deep grief, grieving that is covered by some fear, which is in turn covered by some anger about the opposite gender, about sex with the opposite gender.

In each case, each of these things are based around the underlying grief related to, usually, childhood events. So there will be things that have happened in your childhood related to sexuality that you have yet to grieve, that you need to allow yourself to grieve, but because they are powerful events, you have got some fear about grieving them, you are worried about that, and that has created the anger, and because you don't allow the anger to be there, you suppress the anger, and that creates the body pain.

The way to work through it, is to firstly step into the anger you feel about sex and sexuality and the opposite sex. Then ask yourself questions about what you are afraid of. And then, eventually but quiet rapidly, get down into the grief you feel of some events. You might be aware of some of the events that happened in your childhood, that they have caused you to have this feeling about sexuality that you have.

26 Apr 09

TE 1.30



**The problem with cancer illnesses is that we don't like looking at ourselves very much. Most people don't want to get into the emotions of how dominating and domineering they can be. If you can allow yourself to feel that controlling part of you. It is that controlling part of you that is driven by some of these emotions (anger, fear, grief) that core emotion towards men (or opposite sex), that controlling part that is actually generating your cancer as well. And it is about releasing that, and that will assist you in releasing the issue. 26 Apr 09 TE 1.38**

**Why is the disease showing up in the daughter and not the mother when the emotions are coming from the mother?**

**Usually it is because the child is more sensitive emotionally than the parent. There are also things to do with the child's personality that is involved with it as well. And then there is also the combination of emotions coming from both lineages being impressed. The truth is probably that the grandmother was more attached to the grand daughter more so than to the daughter's mother. That is one issue. 26 Apr 09**

**The reason why I am saying that it may happen in one generation rather than another is that there are so many variations of factors that make it different for the child than the parent. TE 1.39**

**Tourette's Syndrome** – a condition of severe and multiple \*tics, including vocal tics, grunts and involuntary obscene speech.

**A Tourette's syndrome is an anger in the person, themselves, a very mediumistic person, and there are a heap of spirits in that angry state as well, and then they just go into that tuned out state themselves, and the spirit may endeavour to express their anger through the person. The person detunes from that and they are back into normal life, which is the suppression of their own anger, so that if they allowed themselves to connect to their own anger they would actually find that the spirits would have no influence in terms of their own syndrome.**

**If the person digs into their grief or whatever the causal emotion is, they may be highly mediumistic as a subsequent result. 25 April 09**

**Insulin dependent diabetic since the age of 20 and it is now unmanageable.**

**There is probably two primary things to look at with your diabetes. The first one is that you have an emotion within you that began when you were around 20 years of age. It is a fear based emotion that caused the shutting down of the pancreas in terms of what is happening inside of your body. If you look at some of the events surrounding you around the time you were 20 it may help you to identify the emotion of that you are afraid of. Unfortunately what happened at that time, because of that fear, a spirit who was also in a similar state to you became attracted to you. My suggestion is to go to a person who can do spirit removal or even pray to God for the removal of this spirit. It is going to have to be a longing in your soul to remove it and to deal with the underlying emotion inside of you which created the attachment. Allow yourself to feel what that is about and talk to this spirit which is actually attached to you and who is using your body in the same way that you're using it, in order to pump you full of adrenalin in order to stay away from the emotion of fear and terror that you have. So let yourself connect to that emotion and also talk to the spirit who is with you, and hopefully he will disconnect from you. It is easy enough to remove that spirit. They can cause you no harm.**

26 Apr 09

TE 3.34

**Child is highly allergic and he was born allergic. Our son is seriously allergic to the point of animal access, food, nuts, and substances.**

28 Jun 09

**Let me clarify how you, as the mother, created that. It is not so much that you created because there is a long list of things that actually occurred in order for this to be created in your son. A long list of things have occurred and it is a multi-generational thing that has occurred. So there is a combination of generational emotions from both your lineage, if you like, and your partner's lineage that has led to the creation of this particular group of emotions that affect Zen (son). Zen is quiet sensitive emotionally in lots of different areas as you already know.**

**So, obviously, the more sensitive emotionally, the more of these emotions being suppressed, what happens is that they come out as allergic reactions.**

**The key is to look at your own emotions in terms of what is going on inside of yourself. In the past, what you have done a lot, is that you have tried to maintain a really good positive viewpoint about life and about things in general around you. And I feel that your partner does much the same thing. You both maintain a positive viewpoint about life generally.**

**The problem with that is that there is usually a heavy suppression of your own childhood emotions involved in that process. While you stay in this state of joy that you stay in most of the time, in reality it is not a real state. There is this intellectually created state in order to avoid those lists of emotions we talked about yesterday, namely those three sets of causal emotions.**

The main thing that needs to happen in the adults at this point, just is to start to allow the emotions to flow. Now, a lot of the emotions that need to flow are surrounding what your son does and are surrounding what you have created in your son. When you worked out that he was allergic within a few days of him being born, what are the emotions that started to flow through both of you (parents) at that point. You will find that there is quiet some suppressed emotions at that point that you felt. And it is those emotions that are creating the allergic reactions in your son.

Now, those emotions were not just created by you. In other words, you are not completely directly responsible for those emotions because many of those emotions were created in you by your own parents.

The beauty of knowing this truth is that you now have total control over its recovery, so that gives you a lot of power. So, the key thing to start doing for both of you is to start actually recognising when you are covering one of your own emotions up.

Now, that initially is going to start to take a lot of practice, because you have spent a lot of time practicing, like keeping them down and having a nice happy state, and what you will need to do is to start allowing yourself to bringing those emotions up and feel them, rather than suppressing them.

In the process of suppression, he (son) receives a lot of denied emotion from you. Emotions that you are actually quiet unaware of. And it is those emotions, due to a combination of different problems in those emotions in terms of what they create, causing what is termed an illness. It is not really an illness at all. It is just a response of his soul to your soul's denial of suppressed emotions within yourselves.

So the way to fix it is, when you feel the feelings associated with his allergic reactions, allow yourself to go into your childlike feelings that you are denying at the time. Initially there is this capping feeling of frustration and annoyance and then there is 'oh, we have to change our life to suit', and fear as to what else he allergic to, and what might kill him, and of these kind of things are all there inside of yourself. You need to start allowing yourself to connect to those emotions.

You will find that as you connect to different ones of these emotions that you are suppressing, his allergic reactions will release. So you will find in a week or two's time you will connect with one emotion, and you will notice that he may no longer to nuts, for example. Then a month or two later, you will connect to another emotion and all of a sudden he is not allergic to another thing.

Now, if you allow that process to occur, you will find that he will be naturally attracted to the foods he will be able to eat during this process as well. So he will be able to, at some point, show you that you have dealt with some of your own emotional suppression.

Anything with any childhood illness or childhood reactions is to remember that it is all to do with the adult suppression of emotion, and in this case, there is a lot of linkages that you will find yourself feeling that you are feeling controlled by the situation.

28 Jun 09

So there is a lot of emotions in both of you (parents) about feeling controlled by his allergies, and if you allowed yourself to go into those emotionally you will find the source of them.

TE 0.13

Don't beat yourself up of your child's condition. You tend to say to yourself it is all my fault.

A lot of children that are very young, now a days, are very, very sensitive to emotional suppression. You have heard of these indigo children, and so forth. What is happening more and more since the last 45 or 50 years (1960 onwards), as more and more of the general population deals with emotion, the more sensitive new children become when they incarnate. So, we can a series of children in one family were they don't have these severe reactions, and all of a sudden the last child in our family has the severe reactions. And it is an indication that these children are now coming into the environment in a far more sensitive state, and because of that, they become far more sensitive to emotions.

You will find later, that it is quiet a blessing because you will actually be able to deal with a lot of your own emotions by actually noticing his allergic reactions. Now some of the other children like this are children with Aspergers syndrome or Autism. They have more sensitivity to emotional suppression but they emotionally suppress within themselves, whereas other children come out with different allergic reactions.

So sometimes there is heavy spiritual influence in the past in these generations. You could have things like where parents or grand parents who have passed and great grand parents who have passed who have taken excessive interest in your son, Zen, but unfortunately their own emotions have been pushed upon him as well because of his emotional sensitivity.

The only way to protect him from those kinds of influences are prayer and then you also allowing yourself to work through the emotion of why such attraction is occurring. Because that is also a Law of Attraction for the parents.

So there are a lot of combination of events that could actually create a child having problems right from the time of birth. Most of those problems result, not just from the parents emotions but from generations of one's family.

Once you see a relationship, instead of just saying we have that problem in the family, talk to the spirits who have passed who have that problem, and tell them that you just need to back off from my child and see whether the child actually recovers. You will find in a lot of the cases the child will actually recover.

28 Jun 09

TE 0.18

As you ask for and receive Divine Love, one's physical health improves, due to the passing through from the soul, via the spirit body, a better condition of one's own soul.

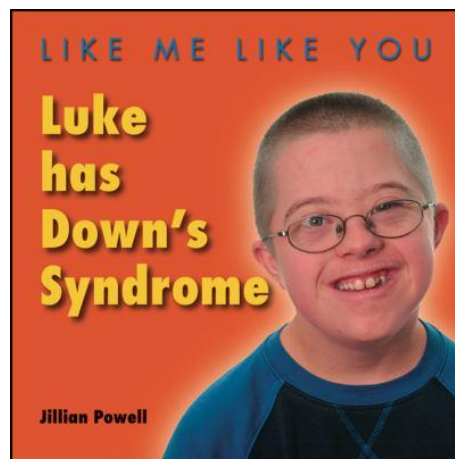
**PASCAS  
PAPERS**

Down's Syndrome may be created by emotions of guilt inside of one or both parents. If the child is a boy, then this would be emotions of shame or guilt associated with a male. There are combined emotions of both parents or shame and guilt, and guilt is the primary modification of the genetic code at conception that results in a Down's Syndrome child. We have to have the emotion of guilt to a certain intensity before it modifies the genetic code.

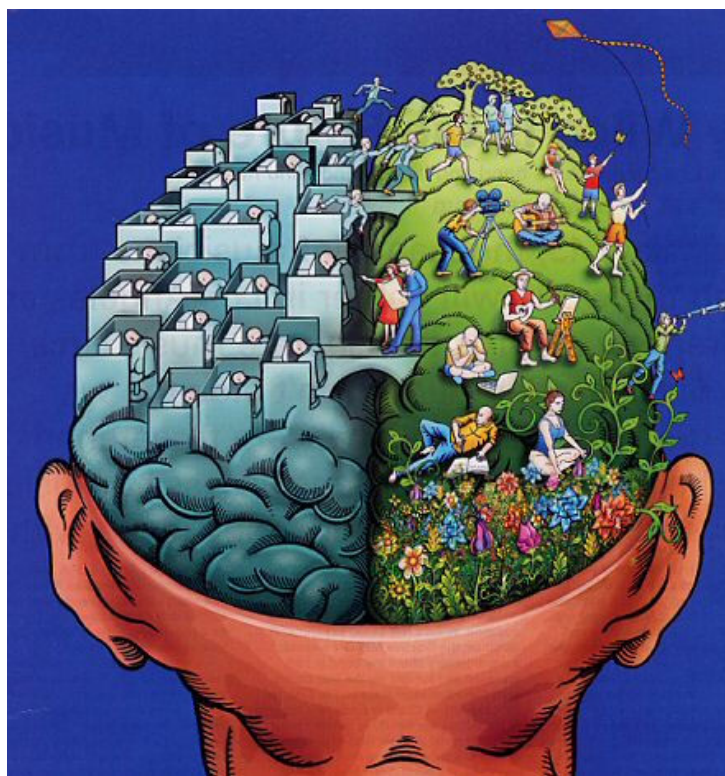
The key is not to blame yourself, because your guilt came from your own childhood and your own experience, and the key is to work your way through it.

The truth is that all genetic problems can be cured, but to do so we need to get into a state of being at one with God to cure a genetic problem. Just work to improve one's own soul condition.

This all can be reversed by addressing our own emotions of guilt and shame, by releasing that, that actually releases the spirit influence on the child, because what ever the parent does has an influence on the spirit attached to the child. Once we have done that, should we continue our progress and become at one with God then we can cure our child completely, or is someone becomes at one with God before you, they can do that. Part 2 TE 1.55 21 Jan 12



## Soul Personality





**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

**Cerebral Palsy, Down Syndrome, and those kind of things that result from genetic imperfections, generally are caused by genetic imperfections in the lineage that need to be released. These are incidents when it is genetic caused by emotional damage, so the key is to release the emotional damage and then the rest of the genealogy will not have that problem.**

TE 3.14 24 Jan 09

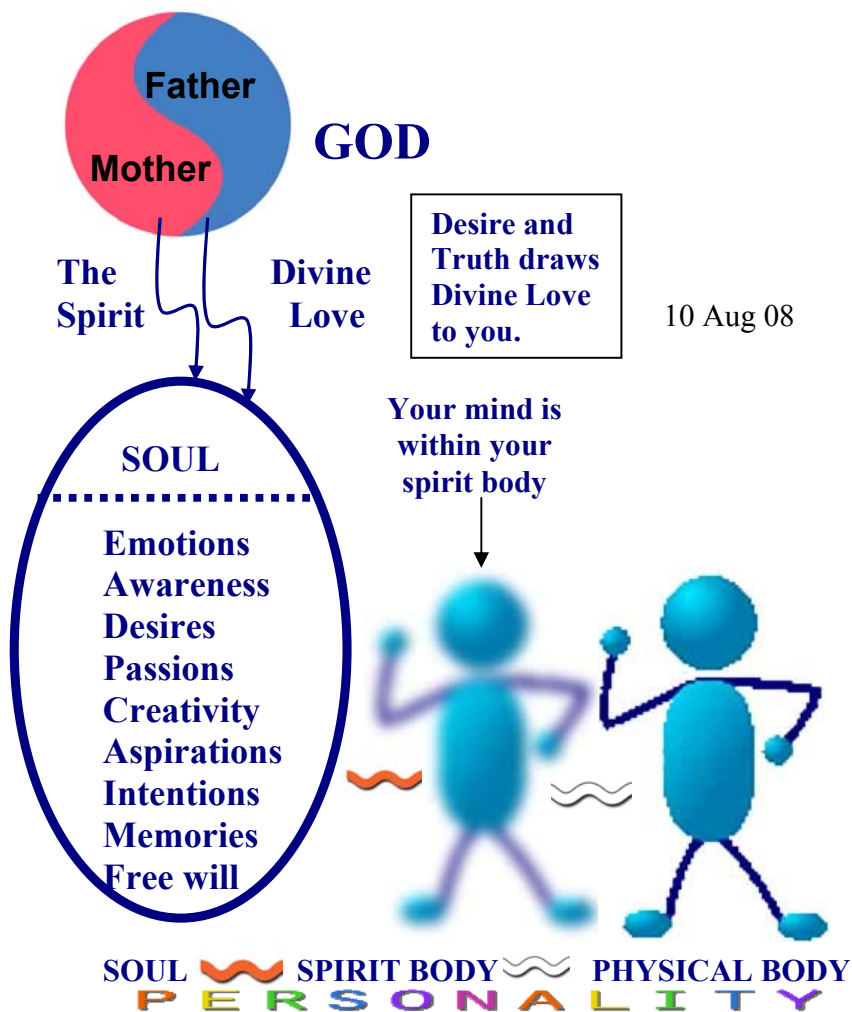
- If I am not receiving truth, I don't want it.**
- If I am not receiving love, I don't want it.**
- If I am not feeling my emotions, then I don't want to.**
- Ask yourself, why? Why don't I want to feel?**
- Write down a FEAR list – false expectations appearing real.**
- To be open, is the desiring to feel our emotions.**



10 Aug 08

The Holy Spirit, also known as The Spirit, is not an entity, it is one of God's energies, in fact, it is God's energy that is the conduit for His love. The Holy Spirit is an energy that comes from God that is like the plug that connects between you and God. The Holy Spirit will stay connected with you, through your crown chakra, as long as you are in a state of truth and a state of pure longing, a soul based emotional longing. The love will flow as long as you are in a state of truth. The moment it stops flowing, you now know that you are not asking for the Love.

10 Aug 08



God's love is a unique gift ready for you, Divine Love is a personal love, a personal relationship with God.

10 Aug 08

**Every emotion within you that creates a worry is not love.**

**You will get to a stage in your progression that you will not worry about your children, you will just love them.**

**If you feel love hurts, it was not love.**

**We hold onto things that we believe to be true, but they are in disharmony with God's love, and they need to be released.**

**If you are releasing an emotional error, it is painful. If it is joyous, you are receiving truth.** 30 Aug 08

**God only addresses causes. God's Divine Love will not enter a person to address the affect of something in side of them that has a cause if they are unwilling to deal with the emotion.**

**What is the point of solving the physical problem within a person when the emotion that created the physical problem still exists. All you are going to be doing is making them reliant on you. Now, God does not do that, but there are lots and lots of spirits in the 6<sup>th</sup> sphere state and spirits on the natural love path who will do that constantly.** 30 Aug 08

**There is no Divine Love in you when you incarnate. You have natural love, but no Divine Love. You do not have a Divine Spark within you when you are incarnated. If you want Divine Love you have to ask God for Divine Love. Only God can give His love.** 30 Aug 08

**Our parents attract us to them to be born. We do not choose our parents.** 30 Aug 08

**There is no justice in love. Most earthly concepts of justice are only a desire to punish.**

**If I expect the other person to do anything that mirrors my own treatment of them, I am not loving them. If I am expecting anything from another person I am disharmonious with Divine Love. I am in harmony with natural love, because that is what natural love would do, but I am not in harmony with Divine Love, because that is not what God does.** 30 Aug 08

**Your child is a complete reflection of your own soul injury.  
They are actually reflecting something back at you.**

30 Aug 08

**Memory based stuff where we think we have had a past life is all spirit connection related. It is the spirit personality endeavouring to let you know who they are.**

**There are spirits around you just as much as there are people around you.**

30 Aug 08

**Autism is very much the result of the suppression of the emotion within the parent and the child being so sensitive to the suppression of the emotion in the parent and the child is already quiet sensitive to the suppression of emotion. So the child suppresses its own emotion as of a result. TE 4.10 13 Dec 08**

**If parents clear, does child become no longer autistic?**

**Secrets of the Universe**

**Question from Audience: AJ, I am curious about autism. If parents have emotional damage and there's an autistic child, if they clear that damage, does that child have a choice to be un-autistic?**

**AJ: Yes, You can experiment with that if you want. I am sure you will want to if you have an autistic child. What happens for an autistic child is that there are so many emotions coming to the child that it can't determine the difference between the emotions coming to it and its own emotions. What it starts doing is expressing moment by moment the emotions coming to it, rather than its own emotions. In other words, because of its sensitivity, it has great difficulty in determining its own self awareness.**

**You will notice actually over the last 20, 30 years – children are much more sensitive. This is a growing fact because as mankind's condition expands in love generally, then the children coming have less damage in love so therefore they are less suppressed. Now when the parents release different emotions that cause this barrage of emotions coming to the very sensitive child, the child will no longer be autistic.**

**There are some couples who have already started doing this and they have people ask, 'What are you doing now, what's going on?' and they say, 'Ah we're dealing with our emotions' and they say 'I can't believe you'. The children are changing rapidly as a result of their parents' dealing with their own emotions.**

26 Sep 09

If we clear our emotions, do we clear for our relatives, for ongoing generations?

Secrets of the Universe

**Participant:** Can I ask if we clear our own emotions and then we go into Divine Love, does that clear our DNA for our relatives.

**AJ:** Yes. It clears everything because the beauty of your soul development is your soul drives everything that's happening to your spirit body and everything that's happening to your physical body. So there are spirits here in this room at the moment that have huge crosses and fissures all over their bodies. They look a mess, they look in the mirror and they can't stand the sight of themselves. I am saying to those spirits, just like I am saying to you, that you can progress from that state without coming back to earth, by just dealing with your emotions and connecting with God and receiving Divine Love. If you continue to do that and release your emotions, your bodies, (whether it's a spirit body or material body) will automatically repair and it will repair so much that you will grow young again.

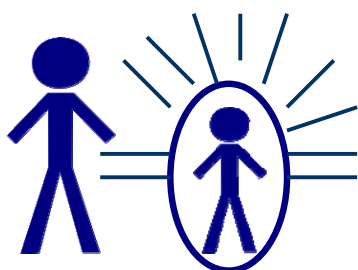
**Participant:** But I am talking about other people who given us these problems, parents, grand parents.

**AJ:** It doesn't matter, whatever is in my soul unexperienced, as soon as I allow the experience of it, and I will release it. It doesn't matter where it came from.

**Participant:** Will it help to release for them as well?

**AJ:** Not necessarily. They have got their free will so they are allowed to decide to hold on to it if they want to. It can help them a lot, but it may not. If it's our children, yes, it will help them immensely, because most of their injuries were created by our own denial of our own injuries, so of course with our children it will help them work through everything very rapidly. But it may not either, it's their free will, they have free will. They are allowed to make the choices that they make. They are allowed to not deal with their emotions.

26 Sep 09



12 Apr 10

## AUTISM

Child is absorbing a barrage of emotions from the environment – when the barrage lifts, they begin to feel their own emotions. The child reflects every unhealed emotion of those around him / her.

Autistic children are born lighter than most children and absorb aggressively, the emotions of others.



**As soon as the Law of Attraction brings back into your life something that triggers a similar emotion, you know you have not dealt with the emotion. Every time you deal with a cause right to the end you will no longer attract the same thing.**

**How do I go in and treat causes, rather than having to get triggered all the time? Well, you are going to have to be very honest with yourself. That is why we need the Law of Attraction to pull these things into line with ourselves. Truth is your pathway into your emotion. 30 Aug 08**

**Desire for Truth –passionate desire for truth.  
Prayer for Love – longing desire for God. 30 Aug 08  
Gift of Humility – desire to experience every emotion  
within you whether it be painful or pleasurable.**

**And yes, there is sex in the spirit world!**

**Sexual expression is an expression of the soul.**

**The soulmate union is a sexual union. 30 Aug 08**



**Immortality with the Love.**

**Feeling  
Healing with  
Divine Love is  
the key!**





**Soul      Spirit Body      Physical Body**  
**The etheric body is the spirit body.**  
**The soul is the real you!      30 Aug 08**  
**Now your soul, is half of your real soul.**

**There is a soul longing to connect to your other half.**



**Soulmates**

**Every physical pain in our body, every illness you ever have is the result of emotional denial.**

**There is a lot of things at work with sickness. With the majority of sickness, there is an emotion within our soul, the emotion in our soul blocks the energy flow in our spirit body, the energy flow in our spirit body is what keeps our physical body well.**

**So when the energy stops flowing in a certain part of our spirit body, our physical body becomes affected by the slowing energy or by the energy that has stopped flowing. And that then exposes that part of the body to outside risks or internal risks like cancer.**

**All sickness is an emotion, every one.**

12 Jul 08



**Everything is emotionally caused.**

**Every illness inside of yourself is emotionally caused.**

**Often times, it is emotionally based through spirit attraction as well.**

**From parents, obviously a child cannot have a spirit attached to it if the parent does not have that emotion. Childhood cancers and childhood leukaemia are generally caused by spirit attachment, but that is caused by the emotions of the parents that they have not yet dealt with.**

12 Jul 08



What happens to the spirit and material bodies is that the emotions cause lots of damage to both of your bodies. All the held emotions, held for 50 or 60 years or so, you have quiet a lot of held emotions, held in there from childhood for a long time, that does a lot of damage to the body.

It is bit like when you try to hold a muscle in a contracted state. You can do it for a few seconds, but if you try and hold your fist in a contracted state for a minute and you start to feel the pain well up. You try doing it for ten minutes, you get to the point where you can't feel your arm any more. And if you think about that, that is what is happening to your body as well.

Both bodies, spirit and physical, have genetic structure. Both your spirit body and your material body are just in different dimensional spaces, and they both have genetic structures, and those genetic structures are very much influenced by the emotions within the soul.

This is why when you read the Padgett Messages / Book of Truth, they talk about someone in a good soul condition, they see a very bright body. The body is a reflection of the soul's condition, particularly the spirit body.

So what happens when you release an emotion, all of these emotions have held in all of these toxins and all these physical problems in both bodies. And then you will go through a process when all of these toxins will start releasing, will start releasing over a period of time.

Now the physical body is the slowest body to respond to the soul's change. The spirit body responds quiet quickly to the soul's change. So a lot of times what happens to the spirit body within a few hours or a day or two, new energy pathways are now open, so the spirit body repairs itself quiet rapidly from the damage that had been done to it by holding in the emotion.

The material body is a little slower. Many of its cell replication processes can take any where up to seven years to occur. So what happens with the cell replication process in the material body is that now that the emotion has been released, all of these emotions that affected this replication process in the body, including what happens in the brain in terms of its wiring structure, everything in terms of its physiologically, how the body actually repairs itself, and all of those different things are all controlled by the emotion. So when the emotion is released and now the body is free to make these adjustments, but because of that, the initial influx is usually toxins and everything starting to come out of your body. And obviously, your physical body needs to rest during process. So you will often go after releasing a causal emotion of any type, you will often feel like resting and sleeping. Just let your body do its thing. TE 0.56

It is the emotion that caused the problem, so as soon as the emotion is gone the body will recover.

The emotion from the soul dominates both bodies and determines the condition of both bodies, so when you release an emotion from the soul your bodies will recover. 28 Jun 09      TE 0.58

**Daughter, 15, is threatening SUICIDE.**

**The emotions in her, the suppressed emotions that she has not released, are certainly the creation of her parents. It is the amalgamation and it does not matter if she lives with her father or not. There is the amalgamation of those two sets of emotions that have entered her.**

**A person desires suicide for a number of reasons. The first reason is that they do not believe that they will continue to experience the same emotion when they pass. In other words, they have this belief that if they die what ever they are experiencing right now will disappear automatically. So they will be able to escape the emotion that they are currently in.**

**Now, that is not the truth. A person who commits suicide actually does not escape any emotions at all, and, in fact, they have one additional emotion added to their list of emotions that they have to process. That is, the avenue of taking their own life has its own Law of Compensation emotion attached to it.**

**The first thing that we need to do with any person contemplating suicide is to let them know that they are not going to escape their current emotional condition by suicide. Now, that in itself is a powerful thing to tell a person who is suiciding.**

**Even if they do commit suicide, after being told, they will remember those words.**

**The next thing that the suicide person is trying to do, if they are sincere about their desire to suicide, is that they are trying to avoid emotion. The whole reason why we choose to take the ultimate step of removing ourselves from this world is because we are trying to avoid the emotions we are experiencing in this world.**

**We need to start encouraging a person who is contemplating suicide to look at why they want to avoid their emotions so much. If we can help them to come to see that it is actually a desire to avoid certain emotions and that they can actually get help to deal with those emotions, they wont actually feel like that they need to die to get rid of the emotions. And of course we can continue to remind them that if they do die they still won't get rid of the emotions anyway.**

**The third thing that a person contemplating suicide is doing, if they tell us that they are contemplating suicide is that they are actually trying to get an emotion satisfied inside of themselves of being recognised, and wanting attention. And this is a possibility. Usually a person contemplating suicide, who is really sincere about their contemplation of it, it is rare for them to talk to somebody about it. The usually just go ahead and do it.**

**The persons who talk about it first, generally want either the commiseration or your agreement that it is the best way out, which, offcourse, I could not give. Look at if this is one of the emotions the person is looking for or if it is that they just want to be noticed. They may just feel totally unnoticed and totally unrecognised or the like. If that is the case, then that is the set of emotions that they need to allow themselves to experience rather than contemplating suicide.**



**Sometimes, contemplating suicide can be an excuse rather than an actual event or it can be a deep desire, driven by the desire to get away from my emotional experience. Either case, the underlying causal emotion needs to be addressed.**

**So, the person would best be talking to some kind of psychiatrist, psychologist to start the process of if they feel challenged about doing it themselves or talking to the people they are upset about. In some cases the person contemplating suicide is doing it to contemplate punishing the people around them. So it would be lovely for them to be talking to the people around them as to why he/she wants to punish them and so forth. And then they start connecting to their emotions, and that is always going to be the way out for them.**

**Any person around you who is contemplating suicide, always tell them if they do it, this will be the situation. But also, if they do it and they pass, there will be spirits there wanting to assist them just like you want to assist them here on Earth but they will still not be able to avoid the emotion of it in the end.**

28 Jun 09

TE 2.44

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

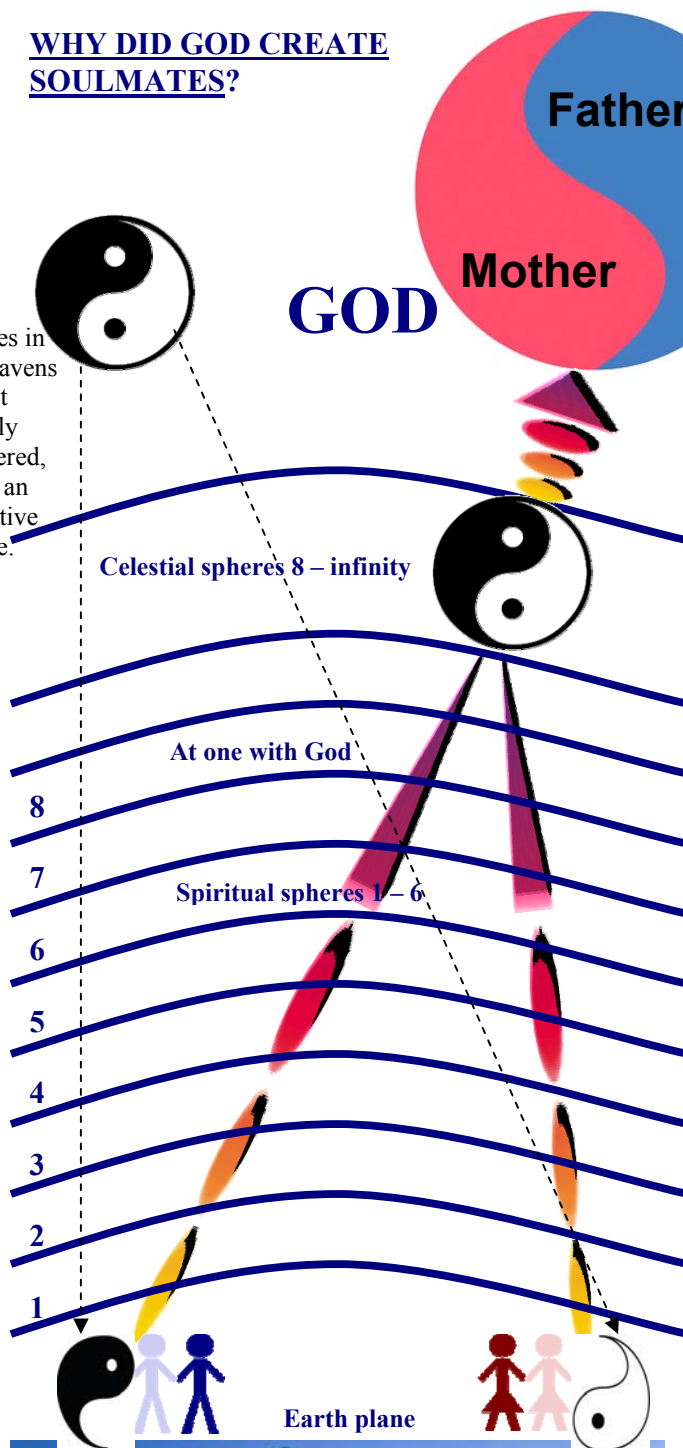
**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**WHY DID GOD CREATE SOULMATES?**

**God is in Their heavens, God has Their habitation. And God – the substance, the self-existing soul form – has Their locality.  
Jesus 25 May 1917  
P. 520 Book of Truths**

24 Jan 10

Spheres in the heavens are not actually numbered, this is an indicative outline.



**As we follow our passions and desires in harmony with God, we grow closer to our soulmate.**

**When you follow your desires and passions your soulmate is drawn to you in your growth towards God.**

**Your desire for God is No. 1. Your desire for soulmate is No. 2. Then your soulmate will grow with you.**

**If your preference is reversed, then upon connecting up with your soulmate will cause you to become stuck as your primary desire is fulfilled.**

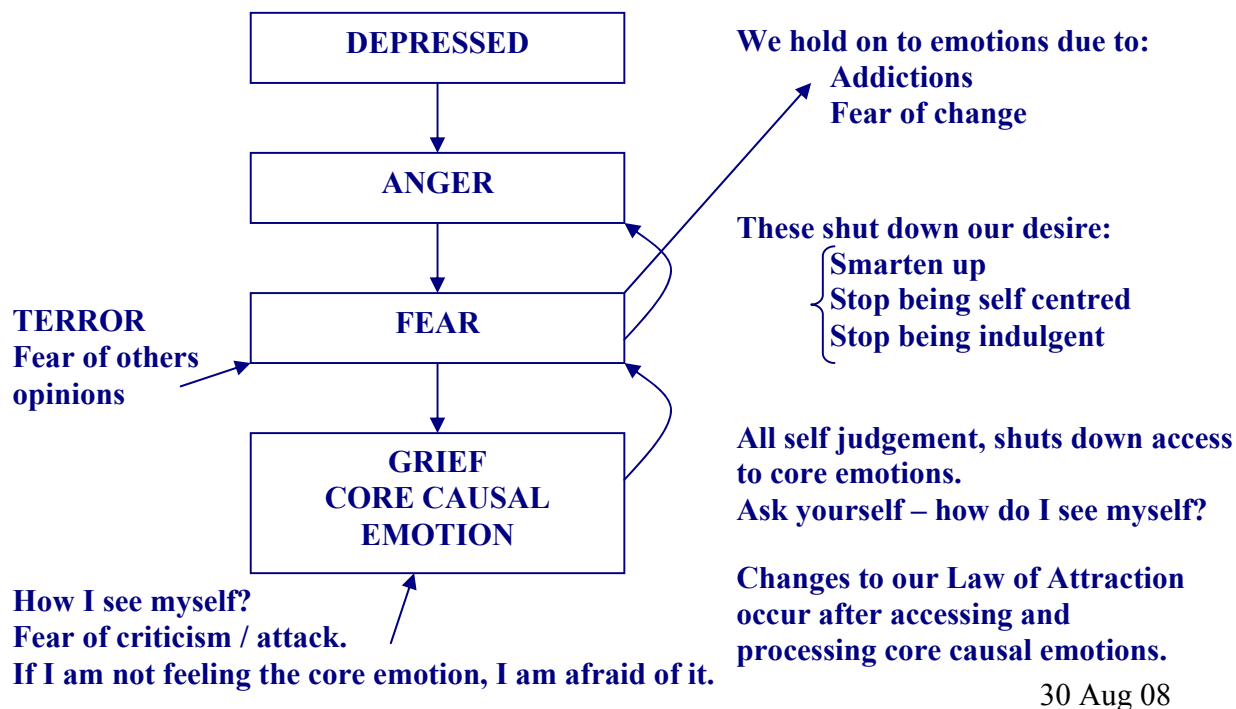
**Always place your desire for God first.**

**As you progress up through the spheres, the number of emotions to be experienced grows a thousand fold over and above the prior sphere.**

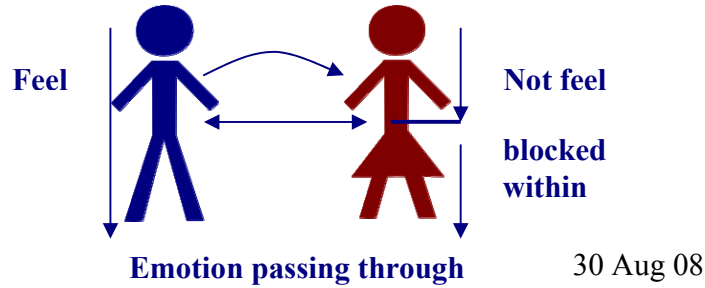
**We are social beings, we prefer to have a companion with us, it is not always our soulmate.**

**We were created with a soulmate, the other half of our soul, as a companion in our journey towards and ultimately arriving in the Isle of Paradise, being the home of the Source Soul, our Mother and Father.**



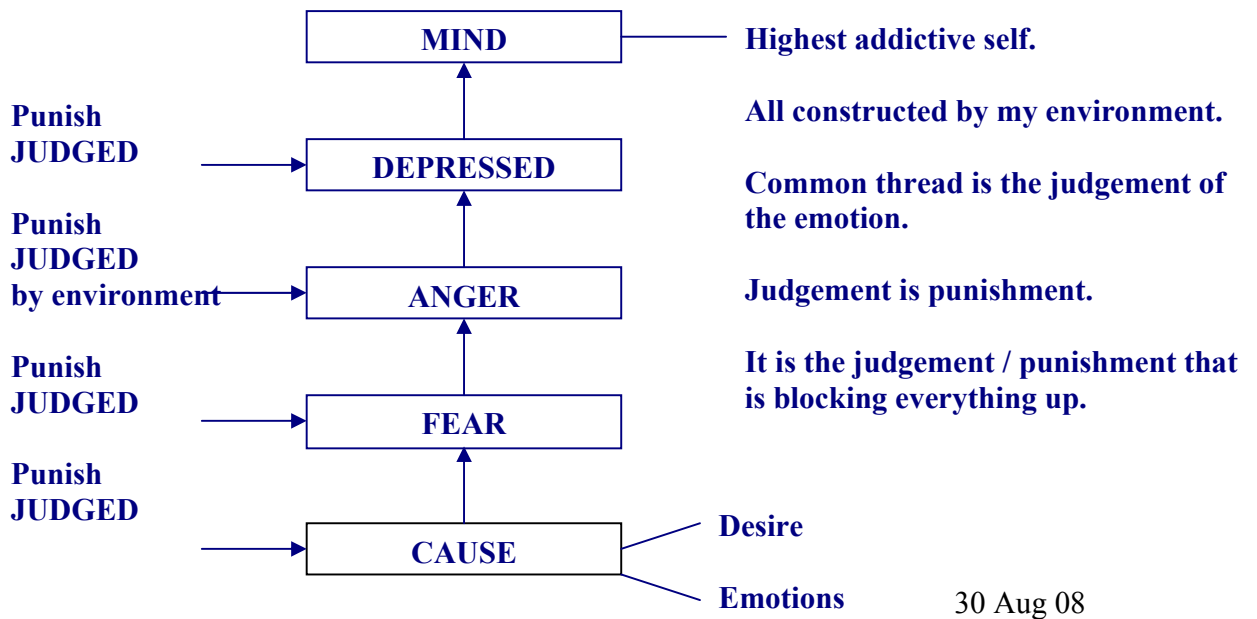


- 1. Keep it inside. = Worst option
- 2. Talk about. = Moderately
- 3. Feel it. = Best option  
key is the motive



**Every emotional blockage, blocks your relationship with God.**

30 Aug 08



**Punishment / judgement is based on rewards.**

**The punishment / judgement comes from your parents and environment.**



You can not deal with your awake state emotions whilst asleep.

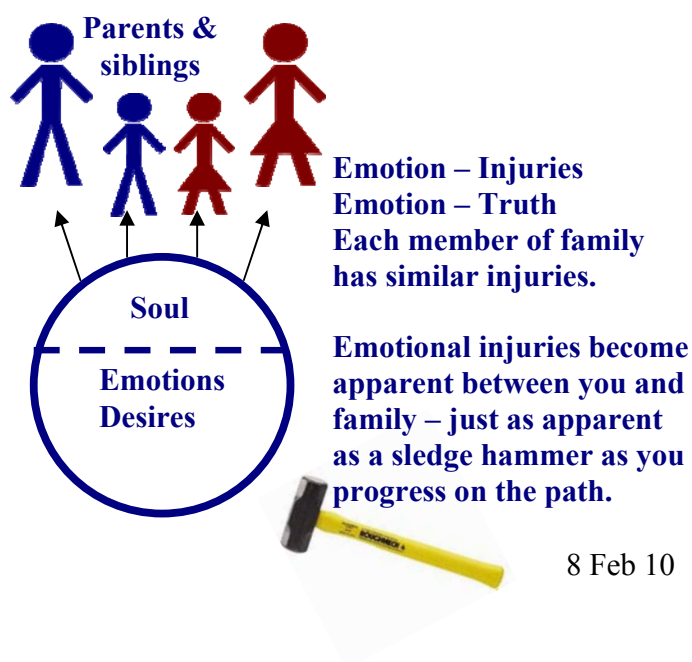
You can deal with sleep state emotion while asleep.

In your sleep state you know there is a spirit world. 30 Aug 08

The child is always reflecting the emotions that the parents deny. 30 Aug 08

A boil is deep suppressed rage. 30 Aug 08

Birth marks are all healable, come from generations of suppression, mainly from the parents.





**Causal emotional injury = blockage**

**Emotions should just flow through.**

**Most parents / environment shut down the experiences within the baby child.**

**When you release the emotion completely, your Law of Attraction changes.**

**If I don't release the emotion, I continue to attract like events.**

8 Feb 10

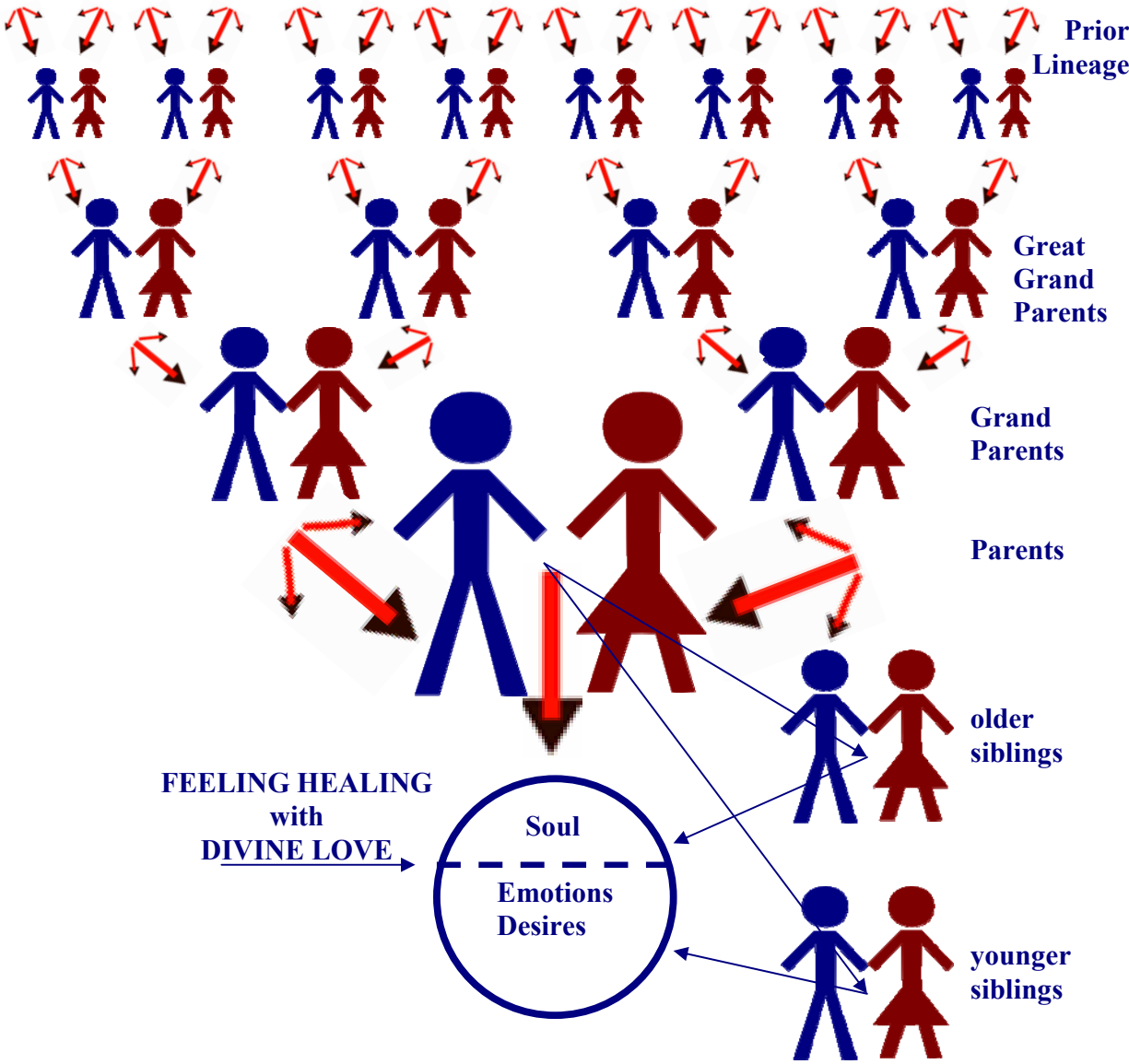
**Every single person who applies the processing of emotions finds that experience proves that emotional release works beneficially.**

**Stay in tune with yourself and experiment for yourself – feel your own passions and longings. Stay in harmony with truth and love within yourself.** 8 Feb 10

**Stay in your personal truth with everyone around you. When you act in truth is when you have the best interaction with everyone.**

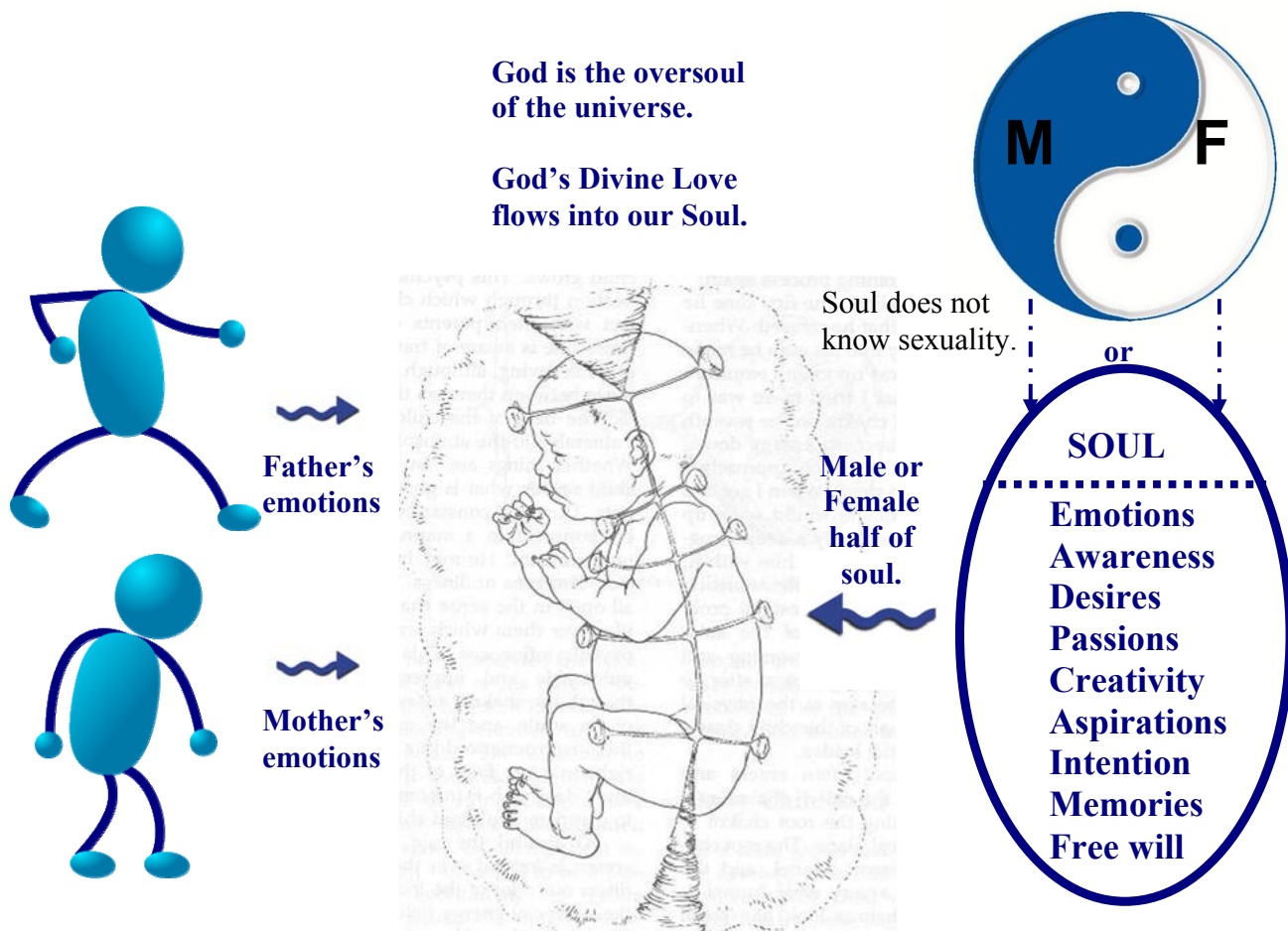
**It is the person's emotions that cause interactions of conflict within the person being in truth.** 8 Feb 10

Our environment, namely those who are closest around us, introduce many of the errors we carry with us within our soul body, our real self. Our parents, grand parents and siblings are those who greatly influence and mould our emotions. Prior to birth and during our first years, we absorb the emotions of those within our environment.



# LIVE FEELINGS FIRST

**OUR EMOTIONS REFLECT THOSE of OUR PARENTS and OUR ENVIRONMENT:**



Emotions flowing to unborn baby, then born baby, from those around the baby.

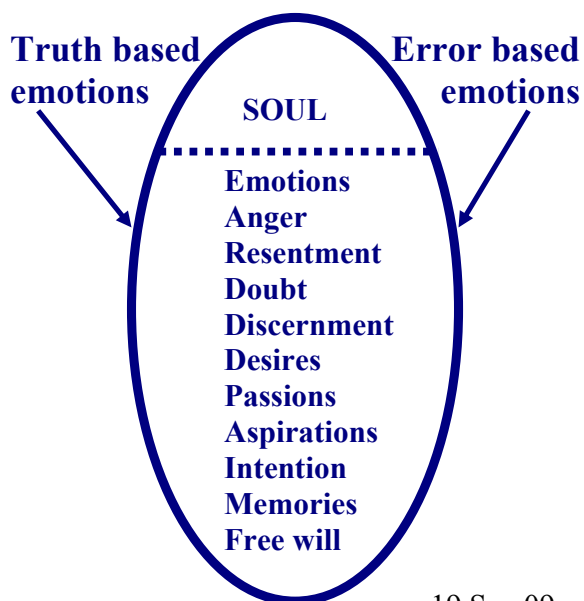


Our Personality is a feeling of God, thus creating our unaware Soul.

At conception, our unaware personality (soul) forms both a spiritual body and physical body. Incarnation / conception starts the road of self discovery, children reflect parent's emotions, which includes their ancestors, and also, of those around them. Parents attract us to incarnate.

**EMOTIONAL PROCESSING:**

Your soul is a great big attractor.



19 Sep 09

If you want to connect to your soul, you must connect to these emotions. To do so, consider:

1. Changing your environment so you can process your emotions – make available facilities to express your anger, e.g., baseball bat, and towels to manage crying, this sets your intention.
2. Change your diet. To hydrate and allow your body to release the emotions and toxins with them, you need to consume five (5) litres (1.3 gallons) of water daily – use mineral salts. (Body smells better.) Water is processed completely differently to any other fluid – it can be absorbed directly without any further filtration.
3. Eat vegan (raw).

Love of self / love of others / love of environment.  
Love of self is hydrating the body with water.

**EMOTIONAL PROCESSING:****DAILY:**

1. Pray a passionate longing / feeling your emotions / towards God.
2. Drink water – 5 litres.
3. Eat Vegan.
4. Examine Feelings List.
5. Wake up naturally out of the alpha state without an alarm clock and feel your emotions.

**WEEKLY (Journal):**

1. Anger List – anger is the choice which is to avoid making a fear list – avoid fear.
2. Fear List – based on anger list.
3. Desire List
4. Truth v Error List.

**TRUTH**

vs

**ERROR**

God made me able to experience everything  
God is the most trustworthy being in the universe.  
You can experience the causal / core emotion behind the pain because God made you able to.

I cannot cope with this emotion.  
I cannot trust God.

I cannot cope with pain.

**MONTHLY:**

Plan something once a month that you really love and make sure you do it.

19 Sep 09

**CORE EMOTION – CAUSAL EMOTION:**

**Core emotion is your soul's condition. Core emotions create your Law of Attraction.**

**As you deal with and process core emotions, you will change your Law of Attraction.**

**Your Law of Attraction is your measuring stick.**

**Your Law of Attraction will bring up your fears.**

**Your Law of Attraction will cause events to occur.**

**Your Law of Attraction is to show you what you are avoiding.**

**Your Law of Attraction is God's messenger of truth to you.**

**Accessing your core emotions is the only way to get closer and closer to God.**

**Fear – 'I will go crazy if I feel my emotions – False!**

**God created us to be able to experience our emotions.**

**We are not alone when experiencing our emotions.**

19 Sep 09

**WE NEED to FEEL CAPPING and CORE EMOTIONS:**

**EMOTIONS of SELF DECEPTION**

**The more we are away from core emotions, the further we are away from our true selves.**

**TOOLS of DENIAL**

**DENIAL of EXPERIENCE**

**We are made to feel emotions.**

**CAPPING / BLOCKING EMOTION**

**We shut down our emotions instead of nurturing and processing our emotions. We blame ourselves or blame others.**

**CORE EMOTION – Childhood Enacted**

**Underlying causal emotion.**

**Every child is reflecting its parents suppressed emotions, denial reflected in suppressed anger – emotion reflects the causal event / emotion / grief. Get through the anger then into grief.**

**We need to feel our capping and core emotions.**

19 Sep 09



**The Three Selves**

Addiction > Fear > Grief

Every loving thing that comes to me is a gift.

**I created**

**Parent creation**

**God created**

**Facade Self**  
  
**Addiction**  
  
**rejected**

**Shame**  
  
**Fear**

**Injured Self**  
  
**Causal emotions**

**Real Self**  
  
**No injury**

Fear excuses  
Nobody loves me  
They all reject me

7 May 11

- Less pain
- Victim
- Gets more love

- Demand
- Murderous      To be crying about an emotion
- Vengeance      it needs to be about a parent
- Shame              based emotion / causal.

The proof of one's processing, ask; Am I changing? Do I feel more loving to other people? Do I feel more connected to God?  
If the answers to those questions are not yes, then I need to look at my issues, am I really emotionally processing?  
Parent created causal emotions is the area that we need to process.  
Our Façade self issues are pointless in processing. Shame and fear create the façade self.

**Divine Love Flow:**

Pray to God with a feeling and longing for  
God's Divine Love to enter you.  
Have a longing for truth from God.  
Be open to experience your emotions.

**NATURAL LOVE FLOW****Internal to Self***You can move back and forwards between ways of life:***Subjective Environment****Without a Focus****Release of Thoughts****Stimuli Fades Away****Blank out to Nothing****Consciousness Expands****The Mind Flows****You Know More – self centred****Connect with a Source of Wisdom Greater****than Self however limited to natural love****Gain Information****Unify in Consciousness – Earth plane****A State of Mind****The Development of Love from Within****Yourself****Belief: I am God****Intellectual Development, Growth of a Super****Mind – Mind Dominance****Self Reliant (Trust of Self) Making it Happen****Self-determination way of life****Adult Like – Control over Everything****Control****Millions of Paths (man created)****Kingdom of Man – Limited Progression****Peak possibility is 6th sphere – Moral****Development****Time to complete path:****100 years to over 1,000 years****DIVINE LOVE FLOW****External to Self****External to Self****More in Focus****Release of Goals or Vested Interests****Stimuli Increases in Clarity****Perk up to New Possibilities****Experiences Expands****The Life Flows****You Do More – for others****Connect with as Source of Guidance Beyond****self and embracing Divine Love****Gain Harmony and an Orderly Rhythm to Life****Experiences****Unify with the World at Large – Universal****A State of Being****Love comes from God – Longing for God's****Love to Enter Me****Belief: I am God's son / daughter / child****Emotional Intelligence, Growth emotional in****Love – Soul Dominance****God Reliance (Relationship with God) Powerful****Creation from Desires****Soul-Spirit living harmony****Child Like – Freedom & Spontaneity –****Authentic Emotional Expression****Feeling****Defined Path (God Created)****Kingdom of God – Infinite Progression****Peak possibility is infinite – atonement 8<sup>th</sup>****sphere****Upon entering Celestial spheres and much****higher!****Time to enter Celestial Realms & atonement:****in as little as 5 years!**

**‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’**

Quote from Celestial Spirit Richard 22 Dec 2012

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

rational

analysis

reductionist

linear

Values = Mechanistic

expansion

competition

quantity

domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

intuitive

synthesis

integrative

non-linear

Values = Holistic

conservation

co-operation

quality

partnership

Child like

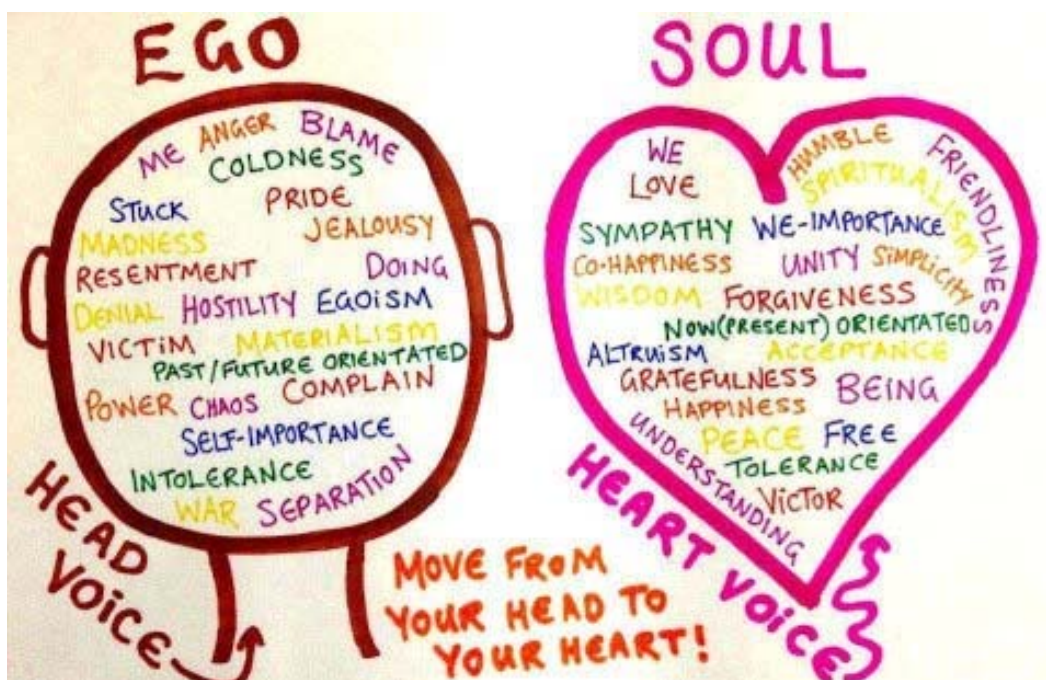
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



Every disease that you have, or anybody has, any illness you have, is all of a result of this suppression of some emotion that you could choose to feel, but you are actually keeping away from. That applies to every disease, including old age. 27 Sep 08 TE 2.50

Cancers are related to different places in the body, are all related to different emotional suppression of different issues.

All disease is all created by an emotion within you.

Breast cancer is generally the result of over nurturing the male, when the cancer is on the right side. When it is on the left side, it is to do with over nurturing of the female. All they need do is to begin to work through that emotion and the cancer will begin to heal. It is a giving because I need something in return. 27 Sep 08

Every disease, even things like Alzheimer's and dementia, and all those kind of things that happen to the body, are all to do with different emotions within the soul being suppressed. TE 3.13

Our soul is an energetic system, emotions are running constantly. Our soul's emotions cause energy meridians in our body. The 7 chakras are where 192 energy meridians intersect. These are energy meridians in our body that our soul has control of. Our soul's emotions control them. What is happening is that, lets say I have an emotion of unworthiness, and I have this unworthiness emotion that causes damage to these two energy meridians, 1 and 2. If my unworthy emotion is related to myself and I am a male, then I will have a certain response in those two meridians. Now that causes energies in my physical and spirit body to not flow properly in that region, which causes my body to not be able to completely replenish that area, which causes disease in that area of some kind, depending on what type of emotion that is and depending on how that energy affects that area of my body. But it is this, the soul is swirling mass of energy. This soul is your real self, swirling with energy all the time.



Energy in motion – E-motion, this is your soul, the real you.

It is where the energy is stopped, blocked, due to certain emotions, your soul not wanting to experience the emotion.

At that location, there will be an injury appear in your spirit form, and correspondingly, the injury will appear in your material form.

That is the creation of all disease.

28 Sep 08

The crown area is about spirit connection.

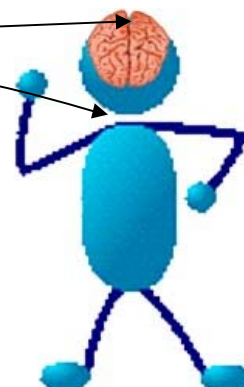
The throat area is about truth.

The mixture of those two things going on can create the problem of the tumour. If she has it at the base of the brain, it is probably affecting the central nervous system as well.

Look at what it is affecting and you will start to connect to the emotions of it. Also it about her connecting with what she is feeling, why she has this disease as well.

27 Sep 08

Every disease creates a feeling of its own within you, and if you can connect with that feeling, you will often find the source (the cause). TE 3.21



Every one of us is capable of feeling the problems of another person.

If you place yourself in a meditative state or an alpha based state, sit down and place yourself in a meditative state and then think about somebody who you are worried about, with your eyes closed, scan over their form, imagine that you are scanning over their body, then whatever comes to your mind, just say where their problems are. You will find that in many cases you will be quiet accurate. Scan over their form and stop where you feel there is a problem. Now, ask yourself what emotion there might be.

Then ask yourself what emotion that you feel. It helps to be in a calm state when doing this.

27 Sep 08

TE 3.23

Suicide is usually made because we want to avoid our own emotions. We get to a point where our emotions are so powerfully negative, like grieving style of emotions, that we feel that we are not allowed to feel, and that is due to projections from our family or friends or both or our environment. That we feel that we are not allowed to feel those emotions, so we then make a choice to decide to die because we believe that we will not feel our emotions when we die. The truth is that, actually, we will feel our emotions when die and they will be exactly the same emotions that we felt when you are alive, because there is no such thing as death actually. There are a lot of concepts on Earth, like, if I die, all of a sudden I become this enlightened being – that is not true. You become the person the moment before you died, but in a spirit body. That is what you become. You have the exactly the same feelings, exactly same thoughts, exactly the same beliefs, with a few modifications because now you know that there is no death. But you have exactly the same emotional condition. 28 Sep 08 TE 0.45



When a person suicides they still have all their existing emotions, plus one more, the emotion of the guilt of their own death. TE 0.46

There usually is a huge terror about feeling any of one's own emotions, causing one to consider suicide.

Upon suiciding, not only do you feel as bad as you are currently feeling, but you will not have anyone around you that could probably help you, or you won't recognise that you have people to help you, on top of that you are going to guilt about suicide.

28 Sep 08



Drugs, alcohol, abuse, sex, are forms of denial.

The key is to see them all of them the same, as forms of denial.

Even taking marihuana there is a modification of the flow of energy even in your spirit body. The energy form of the spirit body cloaks you.

Avoid and look at the underlying reason why you are reaching for that particular substance.

Alzheimer's is because they don't want to remember because it is too painful. We could prevent Alzheimer's by just choosing to feel all of our emotions. The only reason why memory disappears in our life is that we don't want to remember emotionally the events. 28 Sep 08

**Manic depression. What needs to be addressed is the emotional influence.**

**He has schizophrenia, he needed to address the issue of probable spirit attraction. If he had been given help, he may have never have gotten to the condition where he may have tried to commit suicide or self harm. All we need do is talk to the person, and talk to the spirit as well, there is an attraction between the two.**

**The same with manic depression, which is a similar state. The manic highs bring about spirit connectivity. The manic lows are due to the body being so depleted, so the body just goes bang into a big black out. And so the cycle continues because the person attracts, they feel powerless but they want to feel powerful. Anti-depressive people are addicted to the high, they are addicted the power-fullness, and they don't want to feel their power-lessness, and that encourages spirits who want to feel the same thing through them, on the Earth, we can help the physical person and the spirit people at the same time.**

**All schizophrenia attracts spirit connectivity. Almost all mental illnesses attract spirit connectivity.**

28 Sep 08

**Problems with eyesight – say short sight – is about not wanting to see something in the distance.**

**Problems with hearing is all about not wanting to hear truth due to having self shame or self judgement about when truth hits us.**

**Problems with the throat is about not wanting to speak truth, feeling ashamed to speak the truth, or feeling fear of getting punished if your speak truth, feeling like you are going to loose something if you speak truth. When you cough, can't seem to clear everything, a lot of it is about what is happening with truth.**

**Problems with the chest area, most of it is about grief, heart attacks are about grief.**

**Problems with the mind are about, generally, about what you don't want to remember.**

**Trying to force yourself out of remembering things.**

**Problems with the upper are of your stomach, gall bladder area, sickness that you may feel in that area, are all about your fears generally.**

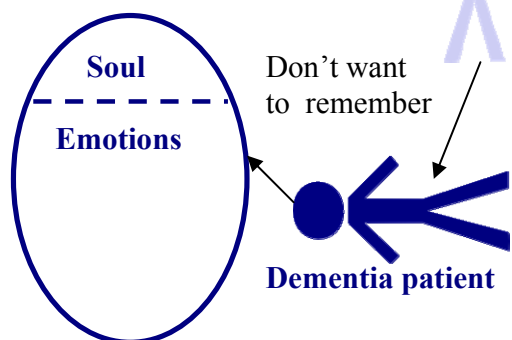
**Problems in the next chakra area down, in the area of your stomach digestion, food processing, all those kind of things in that region are often about sexual identity, and often to do with a lot of shame and unworthy feelings.**

**Problems lower down to do with the sex organs themselves and all that related to the first and second chakra areas are often to do with sexual identity.**

**Problems about cancers are often about giving or not wanting to give. Giving to much or not wanting to give at all.**

**There are lots and lots of diseases all related to different things, and the key is for us is to just feel the emotion. Feel the emotion and it will just go away. 28 Sep 08**

There is a lot of spirit issues with regard to medicine. A spirit cannot cause you harm.



Many dementia patients become very unwieldy and hard to manage. One of the fairly big reason why they may become unwieldy and hard to manage is due to aggressive repressed emotions. What may happen is that the dementia patient has an emotion that they don't want to remember some things, because remembering makes them feel about it and they don't want to feel.

Now, there was a certain part of their life, they were the most happiest, now that is the part they want to remember. Or you might find there was a certain time of their life that they were the most unhappiest and that is a time of life that they just cannot forget.

You can deal with the emotion of any memory, you will still have the memory, but never the emotion associated with the memory.

Spirits who feel very similarly to what the unresolved emotions in this person are, they may be able to connect to the person. Often times an unresolved emotion in a person is anger. We are taught in society never to express anger, anger is bad, there is a lot of religious problems of expressing anger, from a spiritualist point of view, or from a new age spiritualism point of view, anger suggests you are in terrible condition. So there are lot of reasons why they shut down their anger. So the patient may have a lot of shut down anger in him.

The spirit person also has a heap of anger in him. Then this patient person starts acting out that anger. Again, this is not spirit influence but our personal use of our free will.

The process is to firstly talk to the spirit about their anger. But the second process is that the patient / person still has this problem of not wanting to remember. While the dementia person still has this problem, they are going to keep on attracting more and more of these spirits connecting with them.

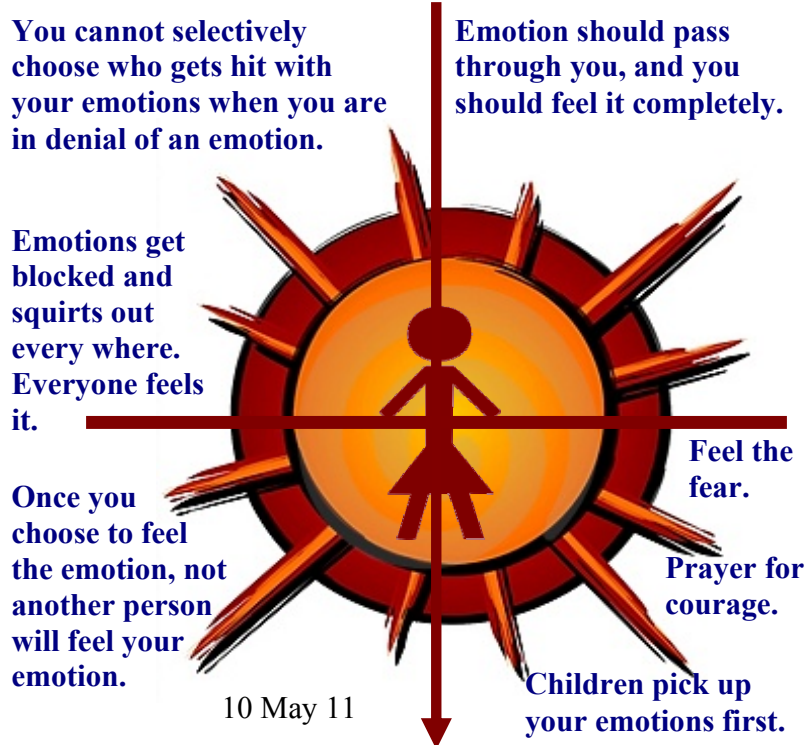
So we want to help the dementia patient to feel the emotional memory of what they are doing. Often what happens with the medical profession, we drug or suppress the patient, which causes them to not feel the emotions of what they are trying not to remember, which actually creates more of the problem. So, they are nice and calm now but they are under heavy sedation and not being able to deal with any of their emotions.

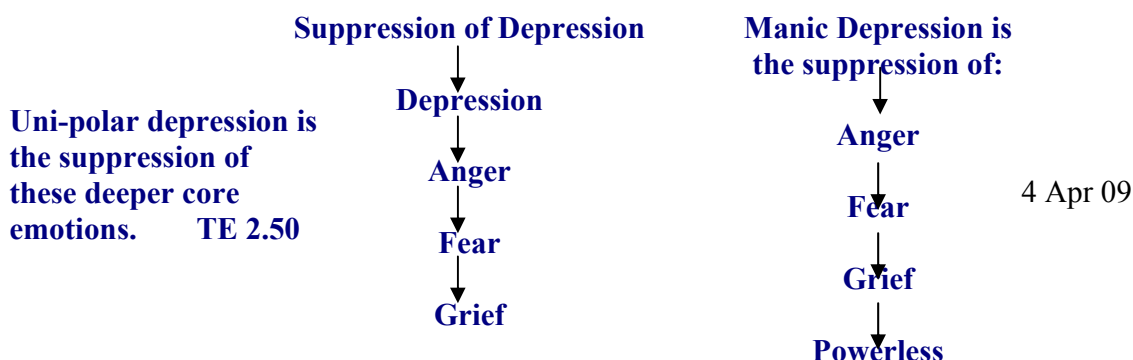
4 Apr 09

If you are a drunkard here on Earth, you pass. Why were you drinking? Due to an emotional pain of some kind that you were trying to mask with alcohol. Your drinking was for that purpose. You pass and there is no alcohol. What would you do? You still want to mask the emotional pain. So you attach to somebody who drinks. So many of these people / spirits surround pubs and all these places waiting for a person (in the physical) to take their first drink, and when they do, they can connect to them, and the spirits try to encourage them to continue drinking. You have people who keep on drinking and they are totally unconscious of what they are saying anymore. You can talk to them and they can speak to you. You ask them what happened the next day and they have no recollection whatsoever. It was the spirit endeavouring to get this feeling of drink. This may be a spirit connection. However, we get drunk because we want to, not due to any outside influence.



By releasing your emotions, this may generally help the spirits surrounding you, as well as mitigate your drinking desire. 4 Apr 09





**Multi-personality disorder may be multiple spirit connections with a person. What happens with a person with emotional issues within themselves of not wanting to stay present with themselves, often they attract a group of spirits, particularly if they are in a dark condition. They attract a group of spirits who may want to work through their emotional issues through the person.**

**The way to work through these issues is to stop wanting to get out of his/her body and actually feel the emotions that the Law of Attraction has brought to them to deal with the emotion brought to him/her during childhood.**

**The key is to help them get to the stage where they want to take responsibility for all of their own emotions rather than stepping away from these situations and then having someone else take responsibility.**

5 Apr 09

**Every time that you are in pain, you are not in love. So, every time there is pain, there is not love. This is a basic principal to understand about what God is creating. Every time that we are in pain, we are not on the side of love, we are on the side of fear. So notice the painful events that happen in your life, emotional and physical because they will tell you a lot about where you are in disharmony with God, and talk to God about them. Just start talking to God. Stop thinking that God is not listening because God is always listening. If it is coming from your heart, not your intellect, God is always listening. As long as your words are coming from your heart, God is always listening. 5 Apr 09 TE 3.06**

## **Chronic Fatigue.**

**You have spent most of your life being yourself for others. In other words, never being yourself, but actually doing everything you possibly can to be something for the other person. That is how you have spent the majority of your life. You have avoided trying to do that by going and doing some reckless things. But you have spent the majority of your life doing that.**

**That takes a lot of emotional energy out of you. So that almost every single person you meet, and in particularly, parents, all this emotional energy is going towards being exactly what they want you to be, and that is what has created your chronic fatigue. It is the consistent giving out of emotional energy that has happened all through your life. The emotion that you have to deal with is the emotion of why you want to do that.**

**It comes from this deep belief inside of you created by primarily your father which is that you are nothing unless you are like what he says what you are. That is the underlying emotion that you will have to feel, that will actually cure your chronic fatigue. When you allow yourself to feel that emotion, your chronic fatigue will be cured.**

**The issue is that there is a lot of anger suppressing a lot of deep grief about the fact that you have now become a person who you don't even recognise for yourself. You don't even see yourself anymore, you see yourself as what the other person sees. This is a deep issue.**

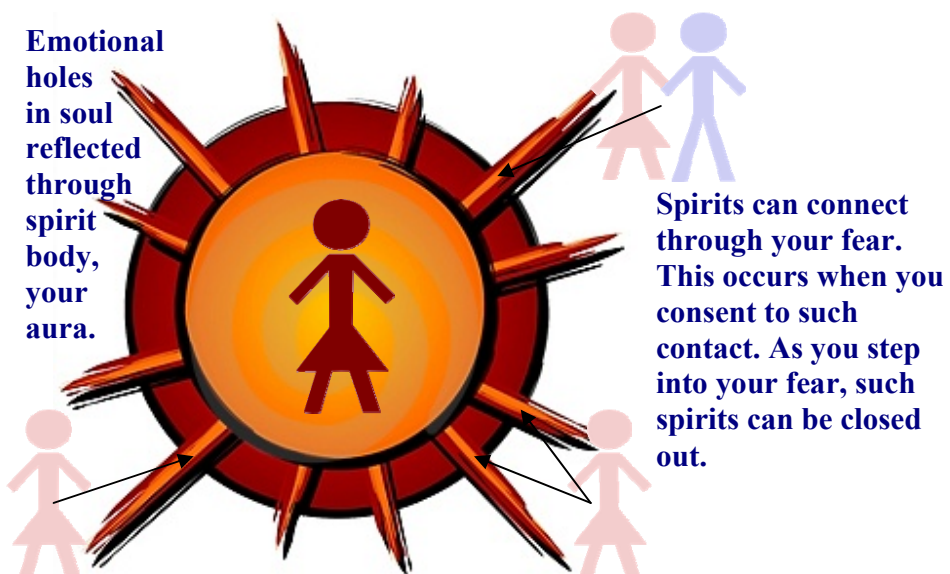
**By the way, anyone with chronic fatigue has a very similar issue. This is why chronic fatigue is becoming such a prevalent problem because it is driven by these emotions that are based around being constantly having to be something else that someone wants them to be.**

**You need to stop that, but to stop that means dealing with the emotion underneath that which is that I am nothing unless I am what they want me to be. That is the emotion that you will need to feel but you have been trying to avoid through your life. Naturally we can understand why. I am nothing unless I am what they want me to be.**

5 Apr 09







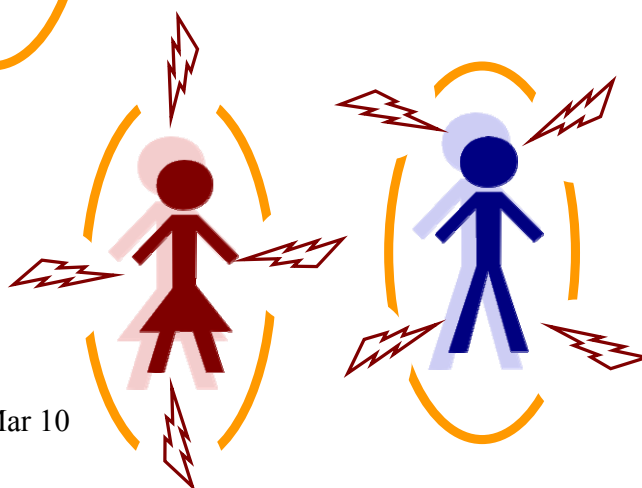
**Chronic fatigue is the desire to give of more and more in an endeavour to placate the fear that you cannot feel within yourself. 7 May 11**



**No holes in our ball of protection.**

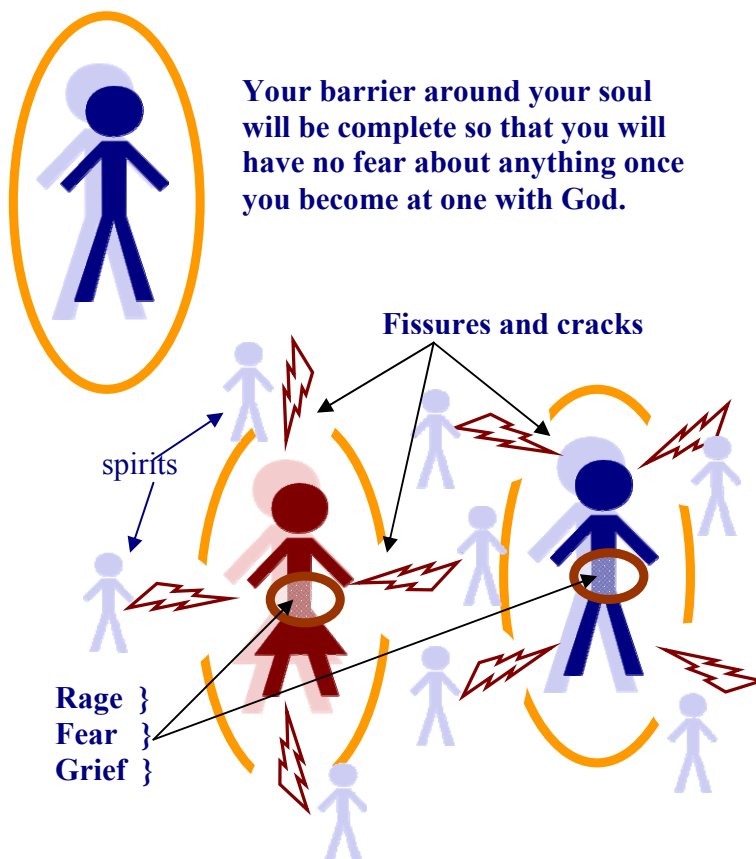
or

**Gaping holes allows emotional harm to enter via the fissures and cracks in our body.**



27 Mar 10

**Spirit influence, spirits hook into you through your unhealed emotions – errors in your soul. You can plug up these holes in your barrier around your soul by processing and clearing your emotions.**



**The spirit that makes contact with you is attaching to the emotion that you need to heal.**

**The thoughts the spirit puts into your mind relate to the errors of the spirit that is attracted to you, their colour matches the colours you have.**

**You are always personally responsible for your actions. No spirit can cause you to do what you don't already intend to do.**

27 Mar 10

Every single health condition results from an emotion, the suppression of an emotion. Every single accident may be the result from the suppression of an emotion. Every single thing that happens to your physical body and your spirit body, all results from the suppression of an emotion. In the end, every single thing that is happening to you in a negative and painful way is the result of the suppression of an emotion at some point.

The truth is that every single thing that happens to you physically, every single sickness that you get, every flue you get, every little runny nose you get, is the result of the suppression of a negative emotion.

5 Apr 09

Heart disease is the suppression of sadness. Sadness is always usually affecting the heart chakra, and it has a terrible effect on your body. Anyone with heart disease, if they release their sadness, they will unlock all of their energy in their heart chakra and they wont have any longer heart disease either.

Cancer results from various different emotions being suppressed. But usually the capping emotion on top of every one of those emotions is anger. So for a person with cancer, there is usually suppressed anger on top of another emotion in the particular location where they have got their original cancer.

So for an example, the woman who has got breast cancer would have to go for which breast, left or right, if it is the left breast then it is related to the female side. There is anger related to the female side which is usually covering over the sadness and grief relating to the female side, and usually relating to their mother or other women in their life. If they have cancer of the breast, it is usually about nurturing, they feel anger about over nurturing people. If it is about the left side, it is about the female, if it is the right side, then it is about the male.

But every single illness has a relationship to an emotion, and a gender, generally, as well. It has a gender specific relationship as well.

Things like colon cancer have a relationship to a different emotion. Lung cancer has a relationship to a different emotion. They all have relationship to an emotion, all of them are about a suppression of an emotion, and usually the suppression of anger on top of those emotions.

A lot of people who have cancers, particularly breast cancers, have been very nurturing people in their life, but that creates its own anger. You end up giving out more than you are getting in, and there is a lot of anger involved which most people do not even want to acknowledge that.

There is a doctor in Germany who is having a success rate of around 95% with curing cancer because all he uses is emotional therapy.

All of these diseases are curable emotionally.

5 Apr 09

Smoking is used to suppress grief.

**Asperger's syndrome** – a form of abnormal personality characterised by social aloofness, lack of interest in other people, stilted and pedantic styles of speech. Often considered to be a mild form of autism.

**Aspergers is a toned down version of autism. Autism is where the child is so sensitive emotionally that all it is doing is experiencing the emotion of its environment and not experiencing any of its own emotions. Aspergers is a toned down version of that, where it is experiencing some of its own emotions, but experiencing, to a large degree the emotions of its environment, largely its parents.**

**The parents need to look at how much they are holding on to emotionally that is getting projected to the child. These are very sensitive children and they are very sensitive to the reflected emotions that the parents are denying within themselves.**

**It does not mean that the parents have any more emotions than that you are denying in yourself. What it means is that this newly born child has an extra degree of sensitivity to the suppression of those emotions.**

5 Apr 09

**Menopause** – the time in a woman's life when the ovaries cease to produce an egg cell every four weeks: menstruation ceases and the woman is no longer able to bear children.

**Menopause is caused, obviously, by hormonal things. Hormonal things are caused by the suppression of emotions. And in particular the suppression of sexuality either towards the male or towards the female. So, if we take that to its full extent, we will see that menopause is created by depression of emotions regarding being a female.**

**How many of you like being a female? How many of you have emotions about men, like, damn men they get away with everything? Many of you will have these different emotions.**

**Now, menopause is not necessary for you to go through at all. The truth is, that in the future, many women will never experience a period pain either. Because period pain is also the suppression of an emotion, multiple emotions.**

**'Period pain is a lot of about emotions that I (Mary) had about myself being a female and emotions that I had about men and anger of men, shame about my own body, lots of different things. So, once a month, now, I don't take pain killers any more, I just try to experience the emotions that are being triggered, and I have found a marked difference in the pain that I now experience, the intensity and the length, and that kind of thing. It is definitely related to multi-generational things as well, that as women that we have taken on emotionally.'**

**Mary has had times when the realisation of what the pain is about, the pain has instantly disappeared, and it is gone for that particular period.**

**It is about accepting yourself in the role as a female, and straight away, once you start accepting those particular things, all your emotions that created the pain disappear. For a lot of women, they have certain times in their life when they accept themselves being a woman, in the process of accepting that, a lot of the pains they had about being a women will disappear at the same time.**

5 Apr 09

**Attention deficit disorder – ADHD** – hyperkinetic syndrome, considered a mental disorder, usually of children, characterised by a grossly excessive level of activity and a marked impairment of the ability to attend, learning is impaired as a result.

Usually it is a very mediumistic child who may connect to a very angry spirit. The reason why drugs suppress it is because the drugs disconnect the spirit from the child.

In the majority of cases, the better way to handle it would be to help the child get through its rage which is actually not the child's rage but the parents suppressed rage. So both parents would have to deal with their own suppressed rage. If both parents deal with their own suppressed rage, the child will no longer reflect those emotions, and therefore, no longer attract such angry spirit.

5 Apr 09

**High blood pressure – hyper tension**, it is to do with stress and anxiety, accumulated stress over a life time. **Low blood pressure – hypo tension**.

High blood pressure is caused by anxiety and stress, and that then causes you to eat certain things as well, which actually adds to your anxiety and stress of some kind. This brings about higher blood pressure. We also get this thinning of the arteries, narrowing of the arteries through deposits in your body. And that is always caused through your body system not working properly energetically. So it just depends on where it is narrowing as to what that would be.

Low blood pressure, your heart beat lowers, and the blood does not flow strongly. It is to do with emotions generally not flowing, and a feeling of stagnation that you have in your life, physically, emotionally, allow yourself to feel through that.

It is sort of similar response to the body when the body has depression. Often times we don't allow ourselves to think that I am depressed because that sounds very bad if I am depressed, so what I would do instead is I would get low blood pressure that would stop me from getting things done and doing things. When I stand up, the feeling of falling / keeling over come from a low blood pressure, those kind of feelings come from a low blood pressure. So, allow yourself just to feel about it every time you have it. That is the idea, and you will feel what it is about it.

For each person, it is often it is different. So, two people can get cancer in the same area and it can be about two separate, two different emotions.

5 Apr 09

A daughter got her lung cancer when twelve to eighteen months old via a spirit connection who is an ancestor. It has been considered that this spirit may now be influencing one of her children.

Invite the person, the spirit to speak with you and explain to the spirit that it is actually harming these children. Because a lot of times, they don't know. Sometimes they actually have no idea that they are harming the child. You say to them something like; do you realise that your cancer is being imposed upon the child when you connect with them in the way that you are doing it. You will help to jog them intellectually at least. Helping them to realise that there is a relationship with their own emotions and what is happening to that child. That is the best way to talk to that spirit.

If you can't talk to them yourself, or you feel they are not responding, maybe go to a psychic and ask him/her to talk to that spirit specifically. Talk to the spirit through the psychic in the same way as you would talk to them normally. And hopefully the spirit will say what they feel.

You can prayer to God about helping, particularly with children, because children, obviously, are very much under the control of their environment of which you are a part. You can pray for assistance in that regard. But understand that it is to do with the Law of Attraction of the mother and father and how that is being experienced. Ask the parents to look at their emotions, because it is the emotions that caused the lack of protection for the child.

5 Apr 09

**Our Law of Attraction gradually ramps up over our life.**

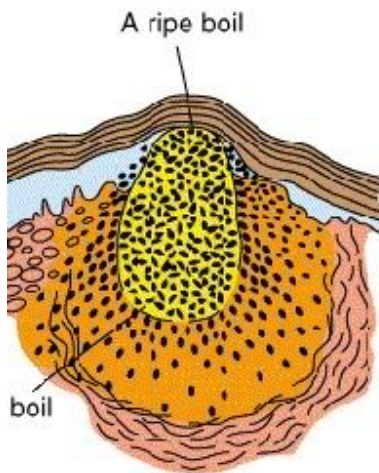


Usually at our death is the time that the Law of Attraction is at its greatest point. A lot of people die from a heart attack. That slow build up of all of that sadness in side of them that they don't want to face. The heart attack is proof of the sadness.

30 May 10

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**





**Boils are like emotions  
that we plaster over.**

**A lot of our emotions are  
like festering wounds  
that we plaster over.**

30 May 10



**Processing emotions, eventually you get to no more painful emotion, yehaa! And only pleasurable emotion after that. That is the point, also if you are longing for God's love, that you will actually be at one with God as well. But we can only do that if we start experiencing fully our emotions.**

30 May 10

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

**PASCAS CARE:**

Notes: AJ 6 Sep 09

So, in the end there may be lots and lots of people wanting to be involved in setting up whole medical structures to actually facilitate the dealing with emotions. People will come along with many, many illnesses, such as cancer. Pascas Care would then be refocusing them upon the cause of cancer rather than just dealing with the effect of it. And when they want to deal with the effects of it, because of the feelings of Divine Truth within yourself, rather than in the patient, you may be suggesting that if they want to deal only with the effect of it, you may be suggesting to them that the public hospital nearby is where they go to deal with the effects of the illness. The public hospital or other medical clinics deal with the effects of the illness or disease, what we, Pascas Care, assist in how to deal with the cause of the illness. You have a choice, you can come to us to deal with the cause or go to the public health facility to deal with the effects.

What you will find is, there will be times when you will not be able to compromise on those issues.

Initially, it was understood that Pascas would deal with the cause if the patient wanted to be treated that way or deal with the effect if that was what the patient wanted. What may happen is that you will get closer and closer to what celestial spirits do. What celestial spirits (those in spheres 8 and above) do is that they never help somebody with an effect. They always help somebody with a cause.

**There is only one circumstance where a celestial spirit will help somebody with an effect – it is if you have a pure desire and you are dealing with the cause. It is preferred to help people with the effects when they are dealing with the cause. Also that you are always asking for God’s Love – Divine Love.**

While you are helping people with the effect, they are typically not connecting with the cause. They are focused on the effects that are going to cure their cancer or illness, not the cause. They will focus on that until their death. (Whilst they do not deal with the cause, they continue to create the disease while dealing with the effects – the underlying cause remains within the emotions within the spirit body mind.)

**It is very important that you wait until the person wants to deal with cause before you start to deal with the effect.**

Due to the Law of Cause and Effect, when you deal with the effects for a person, it does a number of things to them. Firstly, it makes them get away or run away from the cause. That is very dangerous. Secondly, it causes them to not take responsibility for the cause, and that is a very dangerous condition for them too, in their future development. It also lulls them into a sense that they can get away with cause. You are removing the pain, so there is no need to go there (to face the emotional cause). What you are trying to do is to circumvent God’s own creation of the Law. You are actually setting yourself up above God in a way. God has created this law, the Law of Cause and Effect. I do something, emotionally, and it is going to have this effect, this is what God created. God created these effects as a part of this law in order for us to focus upon the cause. Now, if I am taking away the effect, what I am trying to do is usurp God in a way. What you are trying to say is ‘no God, you should not have created this Law of Cause and Effect at all, you should have made it differently so that we could do anything we want and get away with it’. That is what we are saying to God by doing it.

This is where a lot of things on the Earth, and in particularly in the medical profession, need to be revisited and changed, because they mainly look at the effect base.

If you bring people in to work with the effect with the idea of leading them to the cause, you are doing it for your benefit, not for theirs. You are starting with an untruth, you are expecting the untruth to lead you to the truth.

Let us look at the cause of these third world issues. Firstly, many of the causes are deep soul conditions with the first world, if you can call it that – the western world. We are not into addressing problems in the western world, in terms of looking at why the third world is in such terrible condition. And there are some major reasons why. For instance, almost all major famine and disease in Africa, for example, is of a result of the western world's choices. If we enter a third world country, the first thing we would want to do is educate them that it is all to do with soul condition. And it is all to do with dealing with emotions. Now, if the person does not have enough to eat, whose soul condition is the problem? Food supply needs are a priority and progressively creating the opportunity to consider the Source Soul's great gift of Love.

The first thing is to work with the conditions of the person who has not got enough to eat. Because their Law of Attraction will still change, God does not make an inconsistent Universe. Nothing is inconsistent in the third world when considered with the western world if I am living in the third world and I am dealing with my soul condition as part of the process. If I was a medical professional in the third world, one of the first things I would be doing is focusing upon allowing the person to cry. There are a lot of cultural issues in these countries about crying which is one of the reasons for their soul condition.

This is where this education process is very essential. If we are going to help with the third world, one of the first things we would say is that emotions are allowed here. It is very, very important, because if they don't release an emotion, even though we give them medical assistance, and even give them some famine assistance, which is still essential because it is a basic need, but in doing so, we need to encourage them to deal with their emotions, because in the end, if we don't, we will keep giving them medical assistance and keep giving them famine assistance.

If you were on the Divine Love Path and the people were unwilling to deal with their emotions, what would you do?

A lot of these people, even in third world countries, are screaming out for soul truth. They are far more open to soul truth than most people in the western countries. That is because they are not closed to barriers, such as intellectual stuff – I have got this degree and I should know, etc. At the soul level, they are more open to Divine Truth. When they hear it, they will feel it. Particularly if we can integrate it with the spirit assistance with the spirits who are with them. We will have some major changes with them in a very short period of time. And, of course, this will mean that there will be some major changes in a short time in the western world because the western world basically steals all of these resources and actually creates these problems in many of these countries, e.g. give them arms, etc.

One of the main things that needs to be changed in the western world is to stop producing bullets, for an example. Any company that produces bullets is unloving. Bullets kill a person, and we know that is an unloving thing. Whether the bullet is used to kill a person or kill an animal, it is an unloving thing. There is no justification for the production of the bullet. So we need to deal with that at a soul level.

The role of people on the Divine Love Path in developing countries is to provide for free; housing, food, clothing, primary medical health care, primary education. Those things should be provided to anyone. It does not matter how dark (soul wise) they may be. They could be your enemy, someone who wants to kill you, you would still provide it to them. We provide these basic needs on the proviso that they deal with their emotions. If they do not deal with the emotions of it, we are just fixing the effects, we are just throwing resources away on something that is not going to be cured.

The education program is soul education with the basics of primary education such as reading and writing. With reading and writing there are soul development elements within that. If someone or a child does not want to read, that is fine. So when they come to selecting a meal, then no assistance is provided with the menu, they do not have a choice. The choice comes with being able to read. And you don't read them a story. You don't let them watch a movie because it helps them avoid the process of reading. You don't assist them to break God's law of looking after yourself. You only assist them when they want to do things harmoniously with God's laws.

In the spirit world, how it works, everything around the child is developed to pique their curiosity. And then, when they ask the question, responses are given. The way that the entire education system is created in the spirit world is – ask, ask, ask, otherwise you are never told. What they do in the spirit world is they construct, not schools, but grounds, and everything in the ground that is planted there, the structures there, everything is all made to cause the child to want to ask questions. And what happens is that there is always a person available to answer their question. The person answers the question not in an intellectual way, the person answers always looking firstly at the soul like feelings, then at the bigger things like the laws of the Father and different things. And, at the last level, they answer in an intellectual way. The primary importance in answering them is always focusing on the emotional condition of why I could do this because of this emotional condition.

For example, in the spirit world, there are teachers that grow the plant in their hands. The children just watch, mesmerized, like there is this plant growing in a person's hands. The teacher shows them all the different things he/she had to feel to grow that plant. Then the teacher gives the children the chance to try that. Some of them grow the plant and make a mess of the plant, some of them grow the plant, sort of looking like it, and others can't grow the plant at all. Instead of punishing, the teacher focuses on what is the emotion inside of you that is causing you not to be able to grow the plant. And this is how it will happen on the Earth within its education system.

The Shchetinin education system in Russia is very similar to that. The children build their own school, they created their own curriculum, they all had a desire to follow that curriculum because they created it. It is an extension of the above principals, if you like.

<http://loveforlife.com.au/content/08/12/31/mikhail-petrovich-shchetinin-kins-school-lycee-school-tekos-mikhail-petrovich-shche#>

[http://www.soustvarjanje.si/e107\\_plugins/content/content.php?content.23](http://www.soustvarjanje.si/e107_plugins/content/content.php?content.23)

[http://www.ringingcedarsofrussia.org/newsletter/16\\_12\\_06.htm](http://www.ringingcedarsofrussia.org/newsletter/16_12_06.htm)

Prof Mikhail Petrovich Shchetinin established the schooling system.

If you take this system into the third world, you can see that we have some basic things that every human should have. What ever we can do to provide these things should be provided, water, food, shelter, clothing. These are the four main things, then there is safety, however, you may not be able to control that, because they might be living within a family with an abusive father. We can certainly deal with the first four needs.

However, these things could be given, and then we have a whole series of talks on how we can create these for ourselves. Most people do not want to keep getting handouts. People generally have a sense of personal pride, they don't want to keep getting handouts. Unfortunately, some long term refugees have gotten into the practice of expecting that, but that is all due to conditioning, and they are not given the resources to create at all. Like, in Palestine, for fifty years, no one has had the right to have a passport, a job, or a house.

When you look at what can be done, like in Pascas medical centres for example, if we were putting a medical centre (Pascas Care unit) together in a third world, within a refugee camp for example, one would obviously want to provide a mechanism to provide water, food, clothing and shelter and all of those kind of things. As well as basic medical care, we would want to provide some education as to what created this actual predicament, what created this broken leg, etc. By providing this education, we are enabling them to grow their own soul condition. They are typically able to progress their own soul condition faster than those within the western world. There is a lot of emotional blockage regarding the harm they have received. Many of them are very connected to that harm emotionally. Particularly within Africa, more so than the Middle East. Within Africa there is a lot of emotional connection to the harm they have received within a lot of the refugee camps. As well as anger, there are a lot of blocks these people will have to work through. Dealing with blockages where other people have harmed you is a lot easier to deal with than dealing with blockages where you have harmed another person and people in the western world have a lot of blockages to work through where they have harmed other people, knowingly or unknowingly.

Like, within a refugee camp where there have been five hundred women who have been raped, out of the thousands there, can you imagine what two or three or five of those women dealing with that rape and releasing it all can have its effect on all the other five hundred women. For those first few women, that will be incredibly hard due to the emotional pressure not to deal with those emotions.

The Journey Process by Brandon Bays, and many other similar paths that are similarly successful, all have been spirit driven. There are a lot of people in Africa who do know about emotional processing. The key is that they will be drawn to you about the time that they are humble. That is the time when we use it. At the moment, for example, Brandon Bays may not be drawn to you because of her condition, (the scenario appears to have changed to the positive since these notes) but in time she will hear about all of the Divine Truth and she will go through some personal changes of her own and before you know it, she will probably be drawn. The techniques that she presents, certainly can be used because they are very, very good techniques. They are about drilling down into one's emotions. She went through a lot more emotional processing to heal herself than what she presents within her book, she has endeavoured to streamline it and make it easier for everyone which is not necessarily the preferred approach.

You will find that the leaders of these different processes will be drawn to Pascas as time goes on. Until that time, there is no harm in using any of these techniques in any possible way. The question is, is there a need to license any of these techniques? The reason why I ask that question is that there would be disharmony of Divine Love principals if you have to license a technique.

Pascas has automatically attracted many people who are practitioners in these processes. What is important for us is to trust our Law of Attraction rather than making things happen. You won't have to make things happen when it is at the right moment, you will find that you already know this person, etc.

Within the third world there are a lot of emotions around doctors. When one refers to a health centre, health clinic, we bring up the old model and emotions.

Consider the scenario when a smoker has emphysema, the doctor comes along and says, lets try and cure your emphysema and they keep smoking. That is very out of harmony with self-love to do that.

**WE NEED to FEEL CAPPING and CORE EMOTIONS:**

**EMOTIONS of SELF DECEPTION**

**TOOLS of DENIAL**

**DENIAL of EXPERIENCE**

**CAPPING / BLOCKING EMOTION**

**CORE EMOTION – Childhood Enacted**

**Underlying causal emotion.**

**Every child is reflecting its parents suppressed emotions, denial reflected in suppressed anger – emotion reflects the causal event / emotion / grief. Get through the anger then into grief.**

**The more we are away from core emotions, the further we are away from our true selves.**

**We are made to feel emotions.**

**We shut down our emotions instead of nurturing and processing our emotions. We blame ourselves or blame others.**

**We need to feel our capping and core emotions.**

19 Sep 09

When someone comes in for a treatment, you do not compromise the principals of love whenever you do it. You don't compromise ever. If you know, when a person is coming in, that they have chosen through their actions to actually have this particular harm to occur to them, and they have made a conscious choice, and that is a different degree to when they have made an unconscious choice, and that is a different degree to when somebody else did it to them, that is their Law of Attraction. So it is a case of education, of getting them from that top level which is total denial. A patient coming in about his emphysema is in total denial, and the doctor who has any level of Divine Love in his own soul, may have to say to him, look, I can't help you until you are willing to deal with your smoking issues, what I will say to you is that you are smoking because of some emotions, I am perfectly happy to help you emotionally deal with your



smoking. And if you are willing to do that, I am perfectly happy to actually help you with your emphysema.

Implementation of medical practices within the third world is rather different to that of the western world, however, in terms of the principals emotionally, it is no different. The key is always to focus firstly at the services to be provided, and then secondly, look at the differences of implementation. Obviously, a person in the western world who comes to you, has enough food to eat, has enough clothes to wear, they have all the basic core things that everyone gets because they can get government support, such as the dole, and get those things. Whereas in the third world that is not possible, so, there is automatically the onus to provide some of those things in the third world, which would not be needed to be provided to a person coming through your door in the western world. Because of the basic principals of love involved, they are already having them, so they don't need them.

Let us look at the emotions specifically. In the third world you would have to provide the basic needs as part of the services to be provided. You have to understand that in so doing, you are not fixing the cause, because of the political and war based environments from which these people come, being the cause. Because I mentioned these big picture areas, our focus is to deal with the causes in all of those areas, which sounds like a big job, but that is what we will be focusing on. When we focus on those big picture areas, things can change really, really rapidly.

**Treat the cause of illness rather than the symptoms, this is the focus of Pascas Care.**

P.7 Pascas WorldCare – and 500 + Years!

Further stated policy, Pascas Care – Kids of the World:

**The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.**

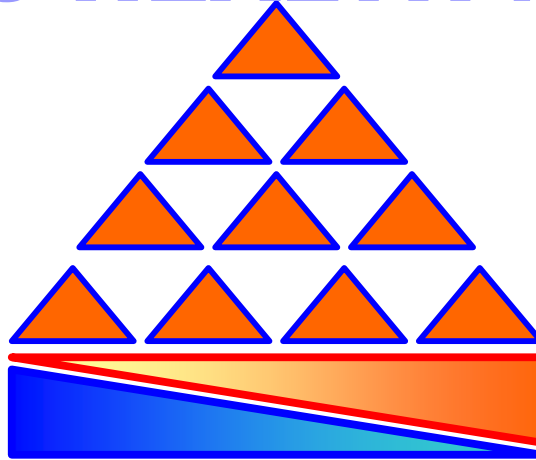
# LIVE FEELINGS FIRST

<http://www.pascashealth.com/index.php/library.html>

**Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

# PASCAS HEALTH MATRIX



**ALLOPATHY  
MEDICINE**

**COMPLEMENTARY  
THERAPY**

**FRIEND / PATIENT / CLIENT in conjunction with FEELING HEALING  
MEDICAL HOLISTIC DIAGNOSTIC TECHNICIAN**

**PROFESSIONAL MEDICAL TEAMS**

- Neurosurgery
- Ears, Nose & Throat – ENT
- Urology
- Orthopaedic
- Trauma Surgery
- Gynaecology
- In-Vitro Fertilisation – IVF
- General Surgery
- Ophthalmic Surgery
- Dental & Faciomaxillary Surgeons
- Cardio Thoracic
- Oncology – Cancer
- Cardiology
- Radiotherapy
- Medical Services

**COMPLEMENTARY THERAPY FIELDS**

- Complete Therapeutic Systems
- Oriental Diagnosis
- Western Diagnosis
- Iridology
- Naturopathy
- Breathing
- Hydrotherapy
- Food & Diet
- Oriental Systems
- Chinese Herbalism
- Japanese Medicine
- Ayurveda
- Tibetan Medicine
- Traditional Arabic Medicine
- Shamanism

**Imaging – X-ray – Ultrasound – CAT scan – MRI  
Pathology  
Streamer – Case Manager**

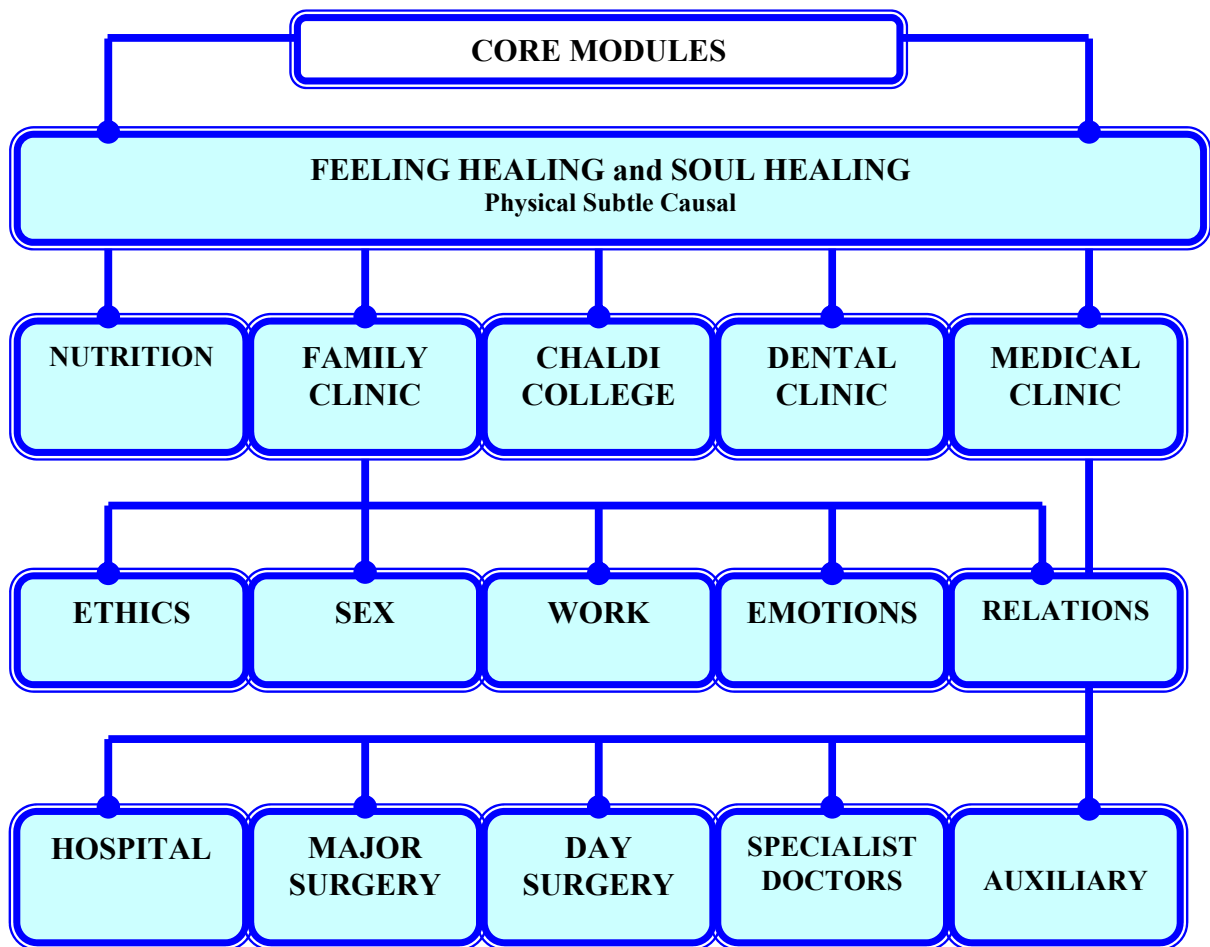


**Streamer's Meeting**



# PASCAS CARE

## Life Practice Matrix - Feelings First



*Feelings first*

**EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:**

A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.

The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.

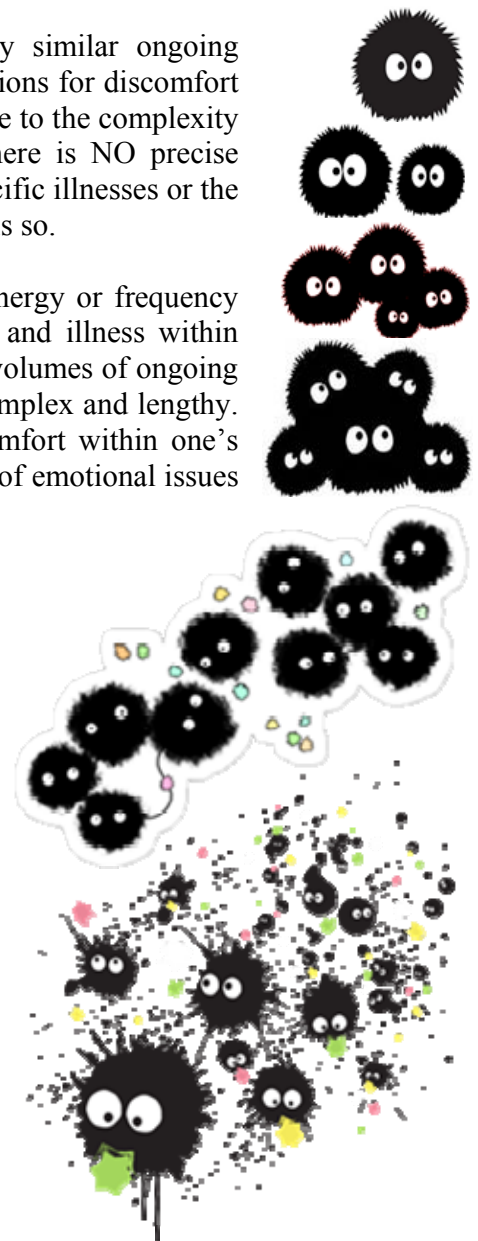
The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.

The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you – release the injury.



## OUR BODY NUDGES US TO LONG FOR TRUTH!

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018



Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

**PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:**

We are to uncover the truth of our untruth through the Healing crying Mansion World levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).



**Spirit Mansion World 3 equivalent on Earth:** is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

**Spirit Mansion World 5 equivalent on Earth:** is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

**Spirit Mansion World 7 equivalent on Earth:** is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

One's acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all one's repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these feelings and emotions are also painful, but are a different pain to when you feel like your mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, you then move into deeper emotions and feelings to be expressed, feeling like you are progressing in letting go of your untrue self, giving up more of your falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall one's Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



**Accept, express and long for the truth of your feelings.**

**Live true to your feelings; your feelings are your true self. Be free in your feelings. Free your feelings from your mind's control. Live true to yourself through your feelings.**



### BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING  
ABOUT PAIN.  
IT DEMANDS TO BE  
FELT.



# What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

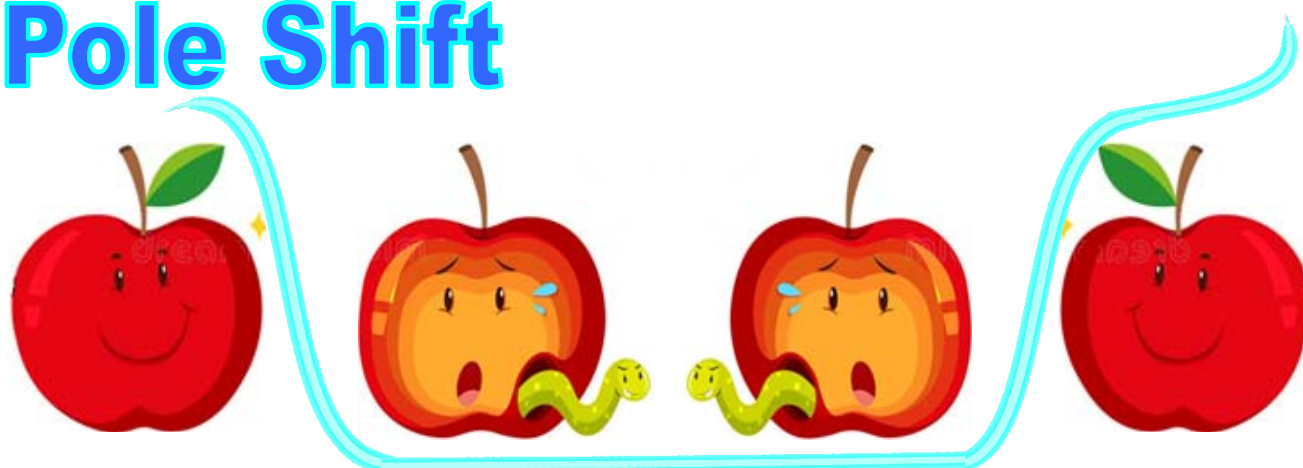
**CHILDHOOD  
TRAUMA**







# Pole Shift



**Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.**

**At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into 'bad apples'. We proceed through our life experience, after our parents' well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.**

**Now, for the first time in history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.**

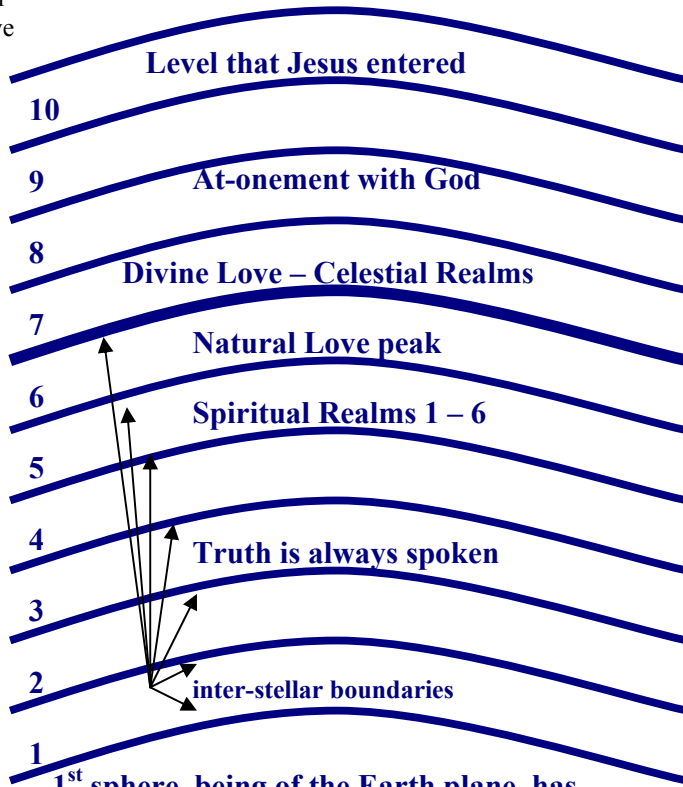
**We can through our Feeling Healing embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.**

**This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.**

# SPHERES: 1-6 Kingdom of Man Domain of Natural Love, 8-infinity Kingdom of God, Domain of Celestial Sprits

Spheres in the heavens are not actually numbered, this is an indicative outline.

Celestial Realm is to infinity.



1<sup>st</sup> sphere, being of the Earth plane, has Summerland as it highest plane. The mid range planes, where most of us arrive, is similar in nature as Coober Pedy, Andamooka, and Marble Bar (inland Australia). The lowest planes in the 1<sup>st</sup> sphere are the dark hells. Some of us will arrive in the 2<sup>nd</sup> sphere condition. Very few have ever arrived in the 3<sup>rd</sup> sphere condition.

The top of 1<sup>st</sup> sphere is a very pleasant Earth environment in the spirit realms.



Summerland is more beautiful than anywhere on Earth.



The hells, 2 Planes of Disharmony, are unimaginable places of darkness.

27 Sep 09

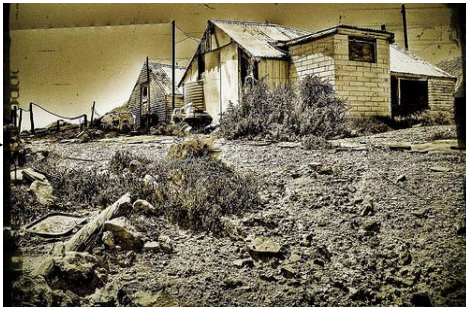


**1<sup>st</sup> SPHERE ASPECTS:**  
**Summerland, etc, nurseries**



**Summerland, etc., are beautiful regions of 1<sup>st</sup> sphere.**

**Summerland, etc, are within the highest planes of the 1<sup>st</sup> Mansion World / sphere.**  
**There are 1,000s of plains in the 1<sup>st</sup> sphere.**



**Ambience of mid range plains of the 1<sup>st</sup> sphere is where the majority of humanity pass into.**



**2 Planes of Disharmony / Earth:**  
**The hells are unimaginable places of darkness.**  
**Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!**





**SPHERES: KINGDOM of MAN – SPIRIT WORLD**

The first 7 spheres have logical and clearly defined end points both at the 6<sup>th</sup> and 7<sup>th</sup> spheres. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or sub-spheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6<sup>th</sup> sphere is the ending point for those who are following what has been referred to as the Natural Love Path.

There exists a barrier between the earthly levels and the spirit levels and this is largely man-made. This barrier has been built on fear and is made of belief.

**Spheres:**

**7** The 7<sup>th</sup> sphere is the transitional stage between the lower spheres and up into the Celestial Realms.

**6**

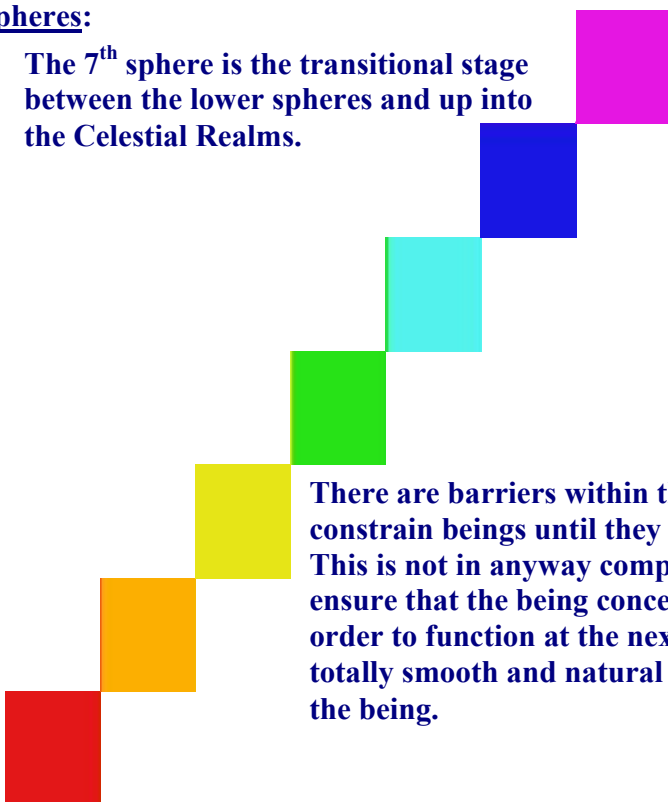
**5**

**4**

**3**

**2**

**1**



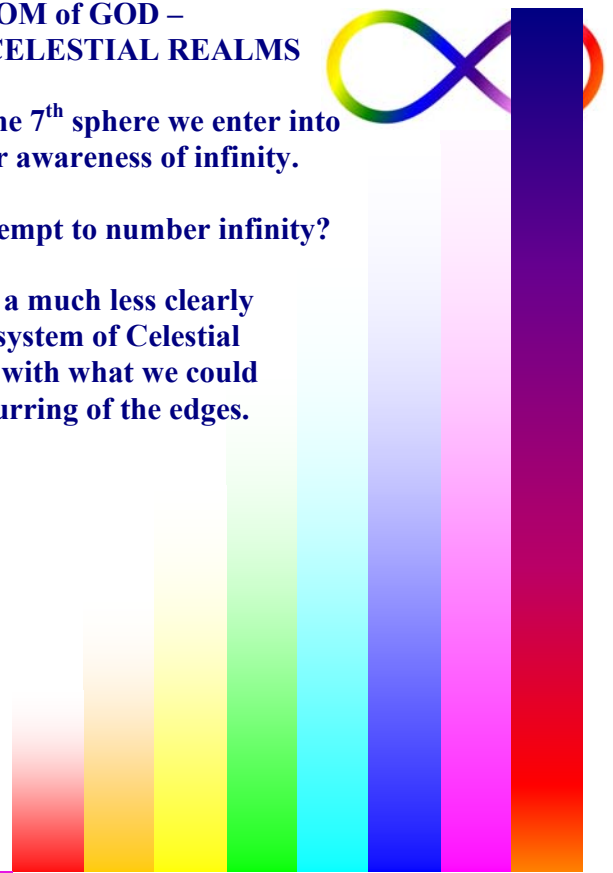
There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in anyway competitive or subject to examination but is to ensure that the being concerned does know what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

**KINGDOM of GOD – CELESTIAL REALMS**

Above the 7<sup>th</sup> sphere we enter into a greater awareness of infinity.

Why attempt to number infinity?

There is a much less clearly defined system of Celestial Spheres with what we could call a blurring of the edges.



Each of us who are within the Celestial Spheres knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long ago.





**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

Soul spheres  
are not  
numbered.

Soul spheres  
are to:



The New Birth = **Become at one with God: sphere 8**

Spirit body  
spheres are  
1 – 7

Peak Sphere =

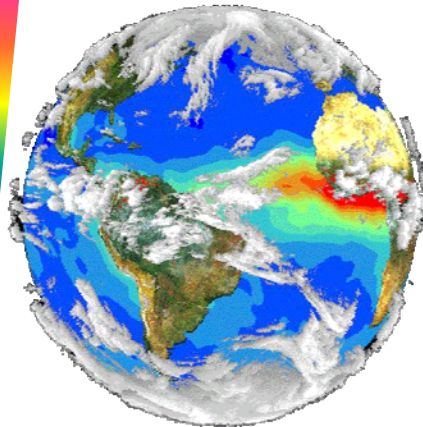
6

4

2

1

**NATURAL  
LOVE  
SPHERES**



7

5

3

**DIVINE  
LOVE  
SPHERES**

Earth sphere is for  
the physical body.

### **The Greatest Creation of God, and the Most Fallen**

When the first parents (Aman and Amon) fell, they lost that which destroyed the harmony of their existence with the laws of God, and also were deprived of the great potentiality of becoming divine in their natures of love and immortality, like unto the Father – but as mere created men they fell from perfection and not from divinity.

**The physical body was never created to live forever, and men were never created to live on Earth forever, for a greater and larger world was provided for their eternal habitation, where things are real and only the spiritual exist. The Earth is a mere image of the realities of the spirit world, and exists only as the nursery for the individualising of the soul.**

Man has never ceased to be the man of God's creation, although he has become degenerate and defiled, and at one time in the history of his existence devolved to that degree, where, save for the essential qualities of his creation, he appeared to be lower than the brutes; but he was always the man of God's creation, and never an animal of the lower order.

The history and experience of man is this: he was created perfect ... he sinned ... he fell from the condition of his created state ... his condition at the bottom of his fall was inferior in some phases to the brute animal ... after long centuries he commenced to rise from his base condition ... had made progress when the scientists by their discoveries found evidence of his then condition ... and since then he has been the subject of their "evolution."

All mankind must know that all during these centuries of descent and ascent, man was always man, the greatest creation of God, and the most fallen.

P.73 Light from Heaven by Joseph Babinsky – Luke 22 July 1917

P.541 Book of Truths by Joseph Babinsky – Luke 22 July 1917

**"The Earth is a mere image of the realities of the spirit world, and exists only as the nursery for the individualising of the soul."**

**The Hells, 2 PLANES of DISHARMONY, are UNIMAGINABLE PLACES of DARKNESS:**

Consider this; you awaken during the very early hours of the morning. There is no moon out, the sky is clouded, no light from stars, there is no light coming from anywhere outside of your home or from inside your home. You cannot even see your own hand when you put it in front of your eyes. There is no one else in your home. You add a blind fold that cannot be removed.

This darkness has no relief. It is twenty four hours a day, it continues week after week after week, month after month, year on end for decades, then centuries.

You are on your own, all you have is the repeating thoughts, memories and visions of your worst events. This is continuous. It just goes on and on.

Occasionally you are not on your own. However this other spirit or spirits have exactly the same soul injuries as you do. The like are put together with the like in the same plane. You all have exactly the same issues to resolve and in this darkness you have no outside help. This continues year after year.

This is hell. This continues while you have to satisfy the Law of Compensation.

The darkness is so complete that you can only consider it being like in a dungeon which is a very long way underground, and there is no way out. 'Further, the spiritual vision is not dependent on sunlight, but it is rather another form of "light," which determines the brightness of our environment or of our spirit bodies.' (HR 5 Sept 2001)

**The magic key to growth:**

**Always look up and look for the brighter spirits, then always ask them to tell you about the Feeling Healing process as well as God's Divine Love and Divine Truth. A brighter spirit will always know more than you and anyone else around you.**



Angels actually do not have wings.

When you progress into the Celestial Heavens you are referred to as an angel.

27 March 2018:

## HEALING PROPERTIES of SUBSTANCES

John: Hello Nanna Beth,

Thank you for introducing the foundations of comprehending the contribution that Flower Essences may provide on one's journey through physical life.

May we expand this topic to consider the various roles and similarities that the following may have with one's physical well being and journey of discovery through life:

Flower Essences	
Crystals and other rare and precious stones	
Homeopathy	(minute vibrational traces as recognised by Samuel Hahemann 1700s)
Nutraceuticals	(being low concentrations of properties found in food)
Pharmaceuticals	(being high concentrations of properties found in food – to the level of toxicity)
and Food	all natural without being processed within factories.

Considering your comments relating to Flower Essences, one may need to consider just how much effect do we have in our own physical healing by engaging with any of these modalities?

Is it that what has been outlined relating to the contribution that Flower Essences have in assisting with one's physical wellbeing, are the various other modalities suggested above just variations of the same process that applies to Flower Essences, with higher levels of error within their prominence, pharmaceuticals being the most problematic generally speaking?

Would you kindly comment on each of the platforms please?

Nanna Beth: Yes. The same applies, as you said to James, it's all what your angels have to take into consideration in accordance with the needs of your soul. If you are to die from or within your negative state, then it doesn't matter what you do along the way to try and heal yourself, your angels will be working with any alternative or regular medicine or healing modalities. And as you know from people's lives, some things work for them, others not, some even miraculously, others having no effect. It's what the individual needs, it's all too personal, and needs to be dealt with and looked at personally. You've all had such diverse childhoods, you're extremely complex in your unloving complexities, and trying to heal yourself from the outside in is not going to do anything for you so far as healing yourself from the inside out which you do through your Healing. It's all the minds way verses the feelings way. Any therapy or medicine or other remedies are all approaching it from the mind, let our feelings work, and use these other things as required, all so long as you keep focused on your feelings for their truth.





Assuming we are wanting to Heal ourselves using our feelings – for we are to bring up our repressed anger and emotional issues, both good and bad, that is contained within our soul, mainly from our early childhood.

As an overview, nature spirits are all attuned to the soul of a personality, and what is wanted to be done in the aura of such soul, which includes one's physical. And mostly so far as our physical is concerned, nature spirits alter under one's soul instructions, things within the aura and the subtle system, which then affects the physical – short or long term. Understand that in certain circumstances, nature spirits and angels can directly affect our physical, but mostly it's all done from the deepest will level out through all our subtle systems and spirit body.

Nanna Beth: It's mostly your angels that affect your system. The nature spirits can help them at times, but it will be all through the guidance of your angels.

Notes from Verna, a nature spirit: 25 March 2018

“Your soul wants this anger out of you, it's the next phase of anger expression you are to experience, it helping to relieve you of more repressed anger and at the same time helping you see more truth about why you are feeling so angry. And so your soul has initiated light into your aura on all levels making this experience happen. And you being mostly oblivious to this, just carry on doing what you do, and then your angels take their instructions and ‘energise’ the levels of your aura to make the anger ‘physically’ work its way up through your system. The angels make ‘light adjustments’ – adjustments using spirit light – in your system to allow this anger to make it's way out of you by you feeling it coming up through your leg. The repressed anger, as light contained in your soul, moves through your will levels, then your will activates it to move up your leg with your angels helping to adjust your system where needed. And your system needs continual adjustments, your soul does it all with light, but your angels do all the hands on stuff as determined by your soul. So your angels are always tinkering within your aura.

“Sometimes they can do one adjustment with a lot of light and that will set you up for a day, week, month or even years of what you will need, this happening when you're more settled into your wrongness and it's all pretty obvious where your life is going on the subtle levels, so your angels don't have that much to do other than just keep monitoring your soul in case other instructions are forthcoming. But if you're actively doing your Healing, well your angels don't get a moments peace – which they love, by the way, angels want to always be active, the more active the better, they find it very trying when you are stable and going against yourself, but when you are wanting to work with your feelings and grow in the truth they'll help you reveal to yourself, well they are in heaven, it's what they've been made to do so far as helping you goes and they can't get enough of it.

“So your angels are adding and subtracting light from your auric systems as fast as your soul is shining more light into it. And along the way, all you are doing is, used, it's all part of it, so if you use a flower essence, it will be used, it will stimulate a certain vibratory reaction on varying levels within your unseen system, with your angels incorporating it, using it, adjusting it – modifying it, possibly toning it down or amplifying it, and so it goes with all your food, all you do, see, sense, all you are, all the time being a symphony of light, constantly in change, even though you might feel at peace resting on the couch



one moment, then suddenly, seeming out of nowhere and for no reason, anger is coming up your leg and you're feeling so fucking pissed off that you can't believe how angry you do feel.

“So as you can see, it's all very complex, you don't have, and can't have, any idea just how much is going on within you all the time, all so you will feel what you need to feel, so those feelings will lead you to the truth you are to see and then live. And with your mind playing along doing its bit, to help stimulate, change or deny feelings in keeping with the beliefs and behaviours you established through your forming years.

“In time there will be people who are doing their Healing and who'll be more in tune with us nature spirits, working directly with the essences of nature, understanding that it's all a vibrational thing and something that can be used as an adjunct to your Healing or just as part of your Healing life. The essences are not meant to be medicines as such, however they can work powerfully in conjunction with what your angels are doing within you. And to always bear in mind, that it's your angels that will be working the wonders within you, not anything else, with the other things like flower essences being something the angels work with, because it's all part of your current life experience as determined by your soul.

“And in time, people will just intuitively feel, or even by speaking directly with us nature spirits, how to grow plants lovingly and truly based on the truth they are revealing through their Healing, all so as to maximise the benefits the plants offer you, either through direct ingestion, or like using the flower essences or other ways still to be discovered. Your relationship with nature is about five percent of what it could be.

“And like as with everything, some people will be more drawn to one specific area or another, some generally taking bits of it all, others not interested much in nature preferring to get on with being fully interested in themselves – their own feelings. But overall, everyone contributes to society by expressing their truth, and as the truth increases within people, so does the overall level of society, so society grows in truth reflective of all who comprise it.

“So to summarise, such things need to be looked at in a truly wholistic level (or you could say, a 'soulistic level') so that they can be used in conjunction with your Healing. You can in theory, look ONLY to your feelings for the truth they are to show you, not needing any other healing help. And there will be people more wanting to live this way, however because you need life to stimulate your feelings, so you will be drawn to certain things, some to do with nature, others to do with people and others with everything else, all to help stimulate that which you'll need to give rise to the feelings your soul wants you to express.

Notes from Nanna Beth, 3rd Celestial Sphere: 25 March 2018:

“Too many people approach everything through the mind, wanting to dissect it in the misguided belief that it will help them. When what helps you is trying to stay true to your feelings, expressing them whilst longing for their truth. And we keep stressing this to keep bringing you back to the simplicity of it, and it's something the mind can't really deal with, it having been programmed to be the controller and master of understanding. But to keep looking only to your feelings is all that's needed without needing to go into the mind side of things unless it's where your feelings lead you to.

“James uses his mind for this work, but that’s about it, the rest he’s trying to look more to his feelings, easing the control of his mind. And feelings, once you start allowing them to have their say, are far more interesting than anything the mind might be. You can use your imagination to fantasise about all sorts of things, and some people consume their whole life with such indulgence, however when you start living more closely to your feelings, your feelings might not be so varied, however when and how you feel them, and what they lead you into seeing about yourself and life, will be far more fascinating than anything your mind could conjure up.

“There is never going to be a remedy that people can take that will heal themselves on any level. The remedy is the truth we’re revealing to you about your feelings. All the rest is simply an add-on.”

Just how much effect do we have in our own healing of our physical discomforts, pains and illnesses?

Nanna Beth: It depends on what level you’re looking at it from. On the highest or inner most level, you have no effect, it’s all between your soul, Indwelling Spirit and angels, that any actual healing occurs. On a feelings level, you can attend to your feelings causing these agencies to react accordingly, so you have some effect, albeit indirect. On a mind level you can believe you have an effect, yet these agencies are ‘allowing’ you to believe what you will. And you can take a pill and your headache goes away, so believe you are fully in control of yourself – however, are you really?

Just how does our man-made conjured up systems of flower essences, crystals, homeopathy, nutraceuticals and pharmaceuticals actually contribute to the healing of one’s physical body of its discomforts, pains and illnesses?

Nanna Beth: Look at it this way John, whilst you’re living against your feelings, so untrue and evilly, any of these things will be used to help you go that way. So you might use them and your pain goes, but that only sucks you more into believing you are doing the right thing by helping yourself. So you might be ‘healing’ yourself by taking the pain away, yet you’re not truly Healing yourself by allowing your repressed feelings to surface so you can uncover the truth of them. And so the angels will manipulate your system accordingly. So being wrong you might even be miraculously healed, but it’s the same thing as Sage pointed out. It’s how you want to live your life. It’s all been one way up until now, and now an alternative and opposite way is being ‘earthed’. All the parts humanity has worked out for itself, it just hasn’t been able to be put all together. As Verna said, you don’t need any of these ‘healing’ things to help you look to your feelings, you only need yourself looking to your feelings. If you are shut off to your feelings, you might need help to open up to your feelings, and anything can help you with that.

If we are looking to physical means to heal our body, then to what extent is the quality of food important to the process of physical healing?

Nanna Beth: It’s the same as I said above, the quality of food is irrelevant. If you are wanting to continue living untrue to yourself, then it doesn’t matter what you eat as the food itself is not going to stop you, it will only help you keep living untrue. If you are Healing yourself, then you’ll move with what foods you need as you need them. You can try and control such things using your mind, this all being part of the control you’ll need to deal with, but in the end you’ll see that the food is irrelevant, the body will look after itself as you keep attending to your feelings. However naturally the higher truth you live, so the higher vibration of food you’ll be drawn to, yet you can’t say that means everyone will eat organics and be

vegetarian because until everyone is, everyone will be as their feelings dictate. It's a matter of shedding preconceived mind concepts. You are not doing your Healing to fit into your mind. You are breaking your minds control down to fit in with your feelings.

Fresh is best when it comes to food and the ultimate vegetables and fruits that we can imbibe is that which is grown within our home gardens, is this an appropriate observation?

Nanna Beth: Yes it is, however that too is relative on polluted Earth. Still it's what humanity will one day get back to.

The long journey that we are to embrace is feelings first, stay true to one's feelings, expressing them whilst longing for their truth. Our feelings are to lead the way, with our mind in support to follow and to assist in implementing one's feelings.

Nanna Beth: Man can't heal himself using his mind, God can only heal you. And to allow God to heal you requires submission to your feelings. You need to allow your feelings to take you back to your early life, so you can feel yourself back there now as an adult. So you can express now all you felt back then, and see how and why you became as you are, and how stuck and imprisoned you are in your mind's control. And all you can do is keep accepting it as the truth comes to light, expressing all it makes you feel. And when you no longer need to be the way you are as you've seen all the truth of it through your feelings, then God through your soul will change you. And your inner transformation will occur, taking you out of your wrongness into your rightness. And your angels will do most of the actual hands on healing that you require. You – we – only need to keep attending to our feelings, that's the key to it John, but attending to them the right way, wanting to uncover the truth of ourselves our soul and God want us to see. Anyone can express their feelings even looking to them wanting their truth, but it's wanting to understand and live the whole truth of yourself, which currently is the whole truth of your negative state, that's what needs to be addressed first. Then you set about understanding as you reveal to yourself the whole truth of your positive loving state – once you become of a Celestial level of Truth and are fully Healed.

I'll speak to you soon John – love Nanna Beth. Keep being willing to express any negative feelings you have about SI and Pascas, it's okay, you can go as far as you want with them, as none of it is going to change the outcome, that side of it, as to whether it happens or not, is not up to us but what our Mother and Father want. But what we feel along the way is up to us, and what They want us to focus on.

Thank you for this incredible opening to the reality of man's futile belief in its capacity to be able to 'heal' one's self.

Love John

**We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.**

**WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:**

**For those doing their Healing or are interested in doing it will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.



**Feelings first**



**MAN is not meant to INTERFERE with the DRIVERS of PAIN:**

21 September 2011

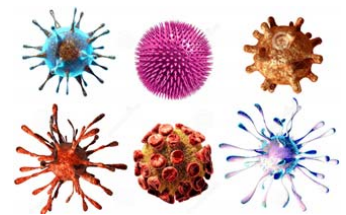
Verna, a Nature Spirit: Mary spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come.



Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self- and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.



Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit by James Moncrief



Saturday, 31 March 2018:

## COMPLEMENTARY THERAPIES

John: Hi Nanna Beth and company

Mind control in its extreme is demonstrated through various complementary therapy platforms. Examples being: Emotion Code as introduced by Dr Bradley Nelson.

Dr Nelson has gathered a wonderful data base that researchers will clearly be able to demonstrate the relationship of suppressed and repressed emotions when relating to physical discomforts, pains and illness. In fact, the emotion code chart that Dr Bradley Nelson has published is the result of many thousands of observations that he and his practitioners have observed over many years, and the results are simple and precise for anyone to understand. Generally, specific styles of emotional injury are directly impacting upon specific organs and parts of the physical body. It is as though the energy frequency of a given emotion is matching to the energy frequency of a given organ or part of one's body.

However, Dr Nelson's methodology of 'releasing' such unexpressed emotions is the direct result of one's mind being employed to further repress given specific emotion or emotions that are causing physical discomfort. Dr Nelson is taking people further away from their true selves – their feelings and the truth that one's feelings are to show them.

Healing Code as introduced by Dr Alex Loyd. Dr Loyd is also focused upon the understanding that emotional issues are the drivers of discomfort, pain and illness. However, he also takes people further away from themselves by empowering people to use their minds to further suppress the underlying emotions through a process of tapping. The mind convinces the person that the issue has been addressed whereas it is still there continuing to fester further thus bringing about greater issues at a later time. Again, the truth that our feelings, both good and bad, are shunned, the truth is avoided.

Meditation is often used to take a person further away from themselves.

The art of 'stilling the mind' through meditation can only be considered as of the greatest negative residues of the Rebellion and Default possible. Taking a person further and further away from their feelings and not allowing any form of truth to be sought from one's feelings. Though some forms of meditation do explore one's feelings, these processes never delve deep enough to be shown the truth of their feelings.

Would you kindly expand on these comments as I feel they will complement the writings of the last few days relating to substances and their in-effectualness in healing please?

Nanna Beth: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.

Not until someone comes along and does really heal themselves of it, and someone who has the spiritual authority to allow others to do the same. So that's where we are. The authority is making the revelation to you.

People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the



wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low. Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

And in the end there will be far more books written about people's Healing and all they come to understand about every facet of themselves and of it, than there have been about people documenting their wrongness. It will prove far more fascinating to those people who get right into it. And all of that creativity is waiting as a whole new aspect of Creation to be expressed – how humanity Heals itself of its rebellion and default.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**This time, in the history of humanity, is the most exciting time ever experienced.**

<http://www.pascashealth.com/index.php/library.html>

**Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

6 April 2018: **HEALING PROPERTIES of SUBSTANCES – Questions Answered:**

Verna, a nature spirit, offers her thoughts:

Worldwide it is recognised that the annual flu epidemic will consist of new and differing strains of viruses. Why do these variations arise? Why do the new strains appear to be more difficult to manage each year? Why is there a continual incremental risk to life with each new strain?

Verna: The new strains exist because we – the nature spirits – make them exist. We're the instigators of such 'diseases' on the world, we in league with our fellow conspirators – the angels; the truth of which your scientists refuse to acknowledge when there is ample evidence to them, which they persist in brushing aside, that something else or someone else is tampering with such 'bugs' and 'nasties'. And who has the real brains: we nature spirits who control the natural world on Earth, or your great scientists? We'd like to see a little more humility please – that would definitely be a step in the right direction. You don't have to bow down to us, we don't need that level of servility from you – just kissing our feet would be enough!

And hey, guess what? YOU'RE NEVER GOING TO BE ABLE TO BEAT NATURE – WE'RE NEVER GOING TO ALLOW YOU TO. HA! YOU HAVE TO LEARN TO FULLY HONOUR AND RESPECT NATURE – AND YOUR OWN NATURES, LEARNING TO WORK IN PERFECT HARMONY WITH IT AND WITH YOURSELVES BEFORE YOU CAN GAIN ANY RELIEF FROM SUCH 'BEASTIES'.

We have virus making 'factories', we'll always be one step ahead of humanity. So until you understand, you have to WAKE UP, not that I want to sound patronising or tell you what to do, BUT YOU'RE PUSHING SHITE UPHILL.

And you might like to know, we're not going to let you off the hook. You have to learn that all illness results from your inner levels of discontentment – BECAUSE YOU DON'T FEEL LOVED. And work to get to the truth of your bad feelings. And when you do, then as you grow and evolve spiritually in truth, so you'll literally 'rise above' – ascend – the need for help from such illnesses because you'll no longer NEED THEM TO MAKE YOU FEEL BAD. Accept they make you feel bad, you are meant to feel bad with them, and not then try to eradicate them, that's only eradicating yourself, which you're already doing; but instead to work with those bad feelings, this being how you start to love yourself back into true health. Go with your bad feelings, not fight against them. Go with them instead of trying to eradicate them, and the same with your diseases and illnesses.

Worldwide it is recognised that antibiotics are becoming ineffective. Why are even new more capable forms of antibiotics not being able to manage the bacteria and viruses that are evolving? Why are viruses and bacteria evolving in the first place?

Verna: It's the same deal: Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show you that you are wrong. You wouldn't get sick if you were right. So what would be the point if you eradicated all illness and you never had a bad feeling from being sick – you'd never know you had all your childhood repression locked away inside you that you were to deal with. ILLNESS IS YOUR FRIEND, because it's the warning lights that says: I AM NOT RIGHT. I NEED

HELP. I can help myself by attending properly to my feelings. So do so by wanting to uncover the truth of them!

Worldwide we have the mantra that should a new drug be developed, until that drug has gone through double-blind clinical trials successfully then it is not to be made available. Should the double-blind clinical trials be successful for around 60% of volunteer patients, then it is considered for public release. But then, why has it failed with 40%? Why do some benefit and others don't when they are all in the same health predicament?

Verna: Because you are all different, you've all been subjected to different childhoods, even within the same family. So nothing will affect the whole, short of you all 'nucking' yourselves into oblivion. (nucking – slang, humorous, mildly offensive, euphemistic) Yet even then, do you really think the angels are going to stand aside whilst you annihilate yourselves? There's too much goodness in your suffering since conception for you to simply obliterate yourselves, too much truth to be discovered – the whole truth of why you feel so bad, the truth of feeling unloved. And it's an enormous truth and enormous amount of truth. And it's all there inside you. Waiting for you to bring it out.

And why do 'sugar pills' work when prescribed by the doctor?

Verna: It shows you the power of your mind and its controlling beliefs. People believe all sorts of things resulting from their wonky childhood. (Note the use of that word dear John, I'm adding it to my repertoire – James.)

We see new forms of illness arise, why is this so? We also are seeing that vaccinations are not as effective as they appeared to be some years ago, why is this so? The fact is that humanity presently cannot eradicate any form of illness no matter what our scientists discovery, why is this so?

Verna: God has allowed you to experiment with all the ways within your unloving states, this being one of them. However humanity is now moving on, times are a changing, the old ways are to end, humanity is to heal itself of its rebellion and default. So what has worked will fail, and more so, and new things won't work for as long, failing quicker, fear and pressure will mount as the old fails, all to give rise to GUESS WHAT? – MORE BAD FEELINGS. And why more bad feelings? – so you can express them and bring to light the truth they are to help you see – THAT'S WHAT!

When a pandemic hits a community, why do some people never succumb to the virus or health issue while others contract the disease and many die? Why isn't everyone impacted equally?

Verna: Different childhoods, different beliefs, different self-denial parameters, all of which affect you in different ways bringing about such differences. You are living in denial of TRUTH. Your childhoods are truth-less. So your adult lives express or reflect this. Life as you know it is all wrong, negative, unloving, even all the good loving parts within it. So it's all got to change, BIG CHANGES, but you can do it, you'll see, humanity will have to do it.

This is the major difference with a Pascas Care Centre. In addition to providing a holistic allopathic and complementary health care service, we are to address the question of what is the cause of one's discomfort, pain and illness.

Further, we are to address the questions of why is it that treatments previously embraced have not continued to been successful in bringing about health to the body?

Verna: Same deal. It's all what went into you through your forming and early childhood. Nothing more. All the secrets are contained back there within yourselves. When you 'go in' you're to go into your early life through your adult 'now' feelings. That's how you do it, how you can really Heal yourself, nothing else will do. It might extend your life a bit, cure you of some illness, make you feel better, but all your childhood wrongness is still within your soul remaining there until the day you want to deal with it.

Do your Feeling-Healing; or better still, your Soul-Healing with the Divine Love. It won't be an easy ride, however your relationship with your aches, pains and illnesses will certainly change and evolve, and you might even find that you don't need as many of them if you look to your Feelings First, expressing them and seeing the truth they are to show you. And eventually you might not need any bad things happening to you as you no longer have any repressed bad feelings that you need to bring out. It's a different way to view life – but hey, what have you got to lose – only your old ways of suffering.

Love Verna – who by the way, is not just a pretty face! Chow for Now – over and out!



**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## Feelings First Spirituality The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings  
Be free in your feelings  
Free your feelings from your mind's control  
Live true to your feelings; your feelings are your true self  
Live true to yourself through your feelings

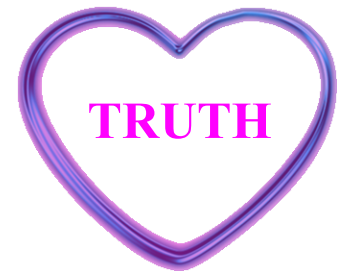


Live true to yourself by living true to your feelings.  
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
BAD feelings.  
Want to understand why you're feeling them.  
Use your surface feelings to take you deeper into your repressed and  
hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.

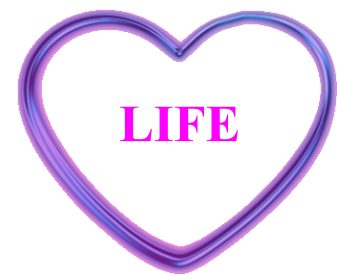


Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
It embraces all people.  
It completely unifies the world.  
Everyone can relate to everyone else through their feelings.  
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.  
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.  
So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.



The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  

**HOME**

Spheres in the heavens are not actually numbered, this is an indicative outline.



**Kingdom of God – Celestial Spheres**  
Spheres 8 to infinity.

Celestial Kingdom / Heavens and where you become an angel, all one with God. Immortality is achieved upon receiving Divine Love which enables entry to the Celestial Heavens, then follows the Eternal Spheres and then the Spheres of Paradise.

**Sphere of Transition:**

Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8<sup>th</sup> Sphere, and then on upwards on the Divine Love path.

**Kingdom of Man – Spirit World**  
Spheres 1 – 6

Sphere 6 is the highest progression that can be achieved on the natural love path.

This is not the domain of angels. Sphere 1 is the Earth plane where all souls arrive upon shedding the material body.

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

[info@pascashealth.com](mailto:info@pascashealth.com)

**SPHERES**

**Spheres – infinity, beyond the Celestial Heavens, then there are the Eternal Spheres and then the Isle of Paradise – you are home!**

**Spheres Celestial – is considered where the two soul halves typically may bond back together.**

**Sphere 8 – At one with God.**

**Sphere 7 – transitional sphere from natural love path to celestial levels of Divine Love path.**

**Sphere 6 – highest level for those on the natural love path. In the 6<sup>th</sup> sphere state, we do not have damaging emotions.**

**Sphere 5**

**Sphere 4**

**Sphere 3 – truth is told at all times within the 3<sup>rd</sup> sphere.**

**Sphere 2 – to progress to the 3<sup>rd</sup>, truth is told at all times.**

**Sphere 1 – Earth plane – each sphere has many plains within it.**

Spheres in the heavens are not actually numbered, this is an indicative outline.

**Your love grows exponentially each time you progress to a higher sphere. Consider a ten fold increase upon each progression through the spheres (10, 100, 1000, 10000, etc).**

**The barriers between spheres are referred to as inter stellar boundaries, being dimensions of love.**

14 Mar 09

**Prayer for Divine Love: (extract)**

**“We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.”**



*"Please, sir, I want some more."*

or consider asking:

*"Please, Mother and Father, I want some more."*

**God's Divine Love: Pray for it, ask for it, and receive it.**



**To find our way home, we must remember who and what we are!  
The real you is your soul.**



**SOUL**  **SPIRIT BODY**  **PHYSICAL BODY**  
**PERSONALITY**

Prayer: is emotional exchange with God.

The human soul can and usually does obtain emotional soul based injuries through the process of accepting and absorbing desires and passions that are disharmonious with love, and these injuries when ignored, not only determine the thoughts, desires, passions, longings and actions of the individual to a great extent, but also determine, through the operations of God's Universal Laws, what events, people and life situations are attracted to the person's individual life, and therefore are the causal reasons for an individuals personal pain and suffering, whether that person be living on Earth or in other dimensions, and whether that person is conscious of the Truth of this fact.



People look for miracles to cure disease which is ONLY the removal of the effect of the emotion.



### **How the Divine Love Enters the Soul:**

The only way in which the soul may become an inhabitant of the Celestial spheres is by its obtaining of the Divine Love and thereby become a partaker of the divine nature of the Father; and this can be accomplished only by the inflowing of the Divine Love, by means of the operation of the holy spirit, which is the instrumentality used by God to carry this love to the souls of men.

This love never forces itself into the souls of men, and comes only when men seek for it in sincerity and with effort. It is waiting for all men to receive it, but never comes into the soul of its own initiative and without invitation.

So the important question is ... how does it come into the soul, and what must men do to induce its inflowing?

There is only one way, and that is by the opening up of the soul in such a manner that this love, when it comes in response to sincere seeking, may find a condition of openness that will allow it to find lodgement and an abiding place harmonious with and satisfactory to the qualities of its own existence.

The only means by which this can be accomplished are prayer and faith.

When a human in true earnestness and sincere aspirations prays to the Father for this Divine Love, such prayer not only brings love, but causes those portions of the soul which are capable of receiving this love to open up to its coming, and to work in such a way as to attract the love.

In answer to prayer, there are other instrumentalities of the Father working to prepare the soul condition that is required, and these instrumentalities are the bright spirits of the Celestial heavens, whose duties, among others, are to answer the prayers of the penitent in the way of influencing the soul that turn the thoughts and aspirations to this Divine Love and its operations.

The Divine Love is a thing entirely apart from the nature of man, even in its purest state, and was never conferred on man at his creation, as was the natural love; and consequently, when man obtains this Divine Love, and it becomes a part of his soul qualities, his nature changes, and he becomes a "new creature." An additional something has been conferred upon him, and it becomes impossible for him to remain the mere man that he was (and always would be, except for this change in his nature).

I know that men do not understand the distinction between a man with only the natural love and one with the Divine Love, but the distinction is so great that the one, when possessed to a sufficient degree, makes man a part of divinity, while the other, no matter how fully possessed and how pure it may become, makes man merely man (though a perfect one).

Whosoever will pray in sincerity for the inflowing of this Divine Love will receive it.

It is not a respecter of persons, and the sincere aspirations of the soul of any human, be he prince or peasant, rich or poor, will invariably cause this love to come into his soul and change his nature so that he will become a new creature, and one not subject to death forever more.



**The BEAUTIFUL MIRACLE:**

5 Oct 2012

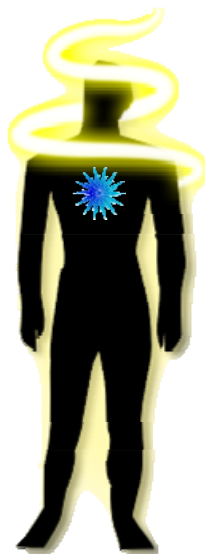
**The DIVINE UNIVERSE**

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



**SHINING TOWARD SPIRIT:**  
**665. The Shining toward Truth**

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas  
[www.lulu.com](http://www.lulu.com)

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

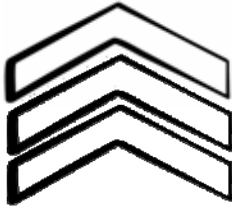
**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;

Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.



# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth does not want to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



## **The Only Prayer That Man Need Offer to the Father:**

(as given within the first century)

**The Prayer for Divine Love**

2 Dec 1916

I am here, Jesus

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

**P.438 Book of Truths through James Padgett / Jesus**

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

**MoC**



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.**

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAYER for DIVINE LOVE: library download pages at**

**[www.pascashealth.com](http://www.pascashealth.com)**

**Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.**

**Should you click on the audio files, you will also be able to download the audio file onto your computer.**

**Prayer for Divine Love – from the Padgett Messages (Medical – Spiritual References)**

**<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>**

**The Voice of Divine Love (Medical – Spiritual References)**

**<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>**



<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light</b>	
<b>The Book of Truths</b>	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
<b>Little Book of Truths</b>		– Joseph Babinsky
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	xxx	– Geoff Cutler
<b>The Rejected Ones</b>	2002 – 2003	xxx – James Moncrief
<b>Messages from Mary &amp; Jesus</b>	2003	xxx – James Moncrief
<b>Paul – City of Light</b>	2005	xxx – James Moncrief
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	2007 – 2010	xxx – James Moncrief
<b>Speaking with Mary Magdalene &amp; Jesus</b>	2013 – 2014	xxx – James Moncrief
<b>Sage and the Healing Angels of Light</b>	2017	xxx – James Moncrief
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	1925 – 1935	xxx as primary reading
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	1954 – 1963	– Dr Daniel Samuels
<b>Judas of Kerioth</b>	2001 – 2003	– Geoff Cutler
<b>The Golden Leaf</b>	2008	– Zara & Nicholas
<b>The Richard Messages</b>	2012 – 2013	– James Reid
<b>The Divine Universe</b>	2012 – 2013	– Zara & Nicholas
<b>Family Reunion Afterlife Contact</b>	2014 – 2015	– Joseph Babinsky
<b>Traveller, An Immortal Journey</b>	2014 – 2015	– Zara & Nicholas
<b>Destiny, Eternal Messages of Divine Love</b>	2015 – 2016	– Zara & Nicholas
<b>Feeling Healing</b>	2017	– James Moncrief
<b>Religion of Feelings</b>	2017	– James Moncrief
<b>The Way of Divine Love</b>		– Joseph Babinsky
<b>Divine Love – The Greatest Truth in the World</b>		– Joseph Babinsky
<b>The Human Soul</b>		– Joseph Babinsky
<b>Divine Love Flowing</b>		– Joseph Babinsky
<b>The Truth</b>		– Werner Voets
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		– Robert James Lees
<b>Life in the World Unseen</b>		– Anthony Borgia
<b>Gone West</b>		– J M S Ward
<b>Post Mortem Journal</b>		– Jane Sherwood
<b>After Death / Letters from Julia</b>		– William T Stead
<b>Thirty Years Among the Dead</b>		– Carl A Wickland
<b>A Wanderer in the Spirit Land</b>		– Franchezzo
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		– Geoff Cutler
<b>The Holy Bible from the Ancient Eastern Text</b>		– Dr George M Lamsa
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages	(for condensed versions – see below)	1914 – 1923	Pages	945
The Urantia Book	(see suggested papers to read below)			
<b>James Moncrief Books:</b>				
		MoC		
The Rejected Ones – the Feminine Aspect of God		1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1		1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2		1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1			Aug 2007	164
Messages from 31 May 1914 – 12 January 1915		1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2			Sep 2010	177
Messages from 13 January 1915 – 29 August 1915		1,494		
Speaking with Mary Magdalene and Jesus blog – book 1		1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2		1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3		1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4		1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV		1,485	Dec 2013 – Jan 2014	84
			This group being pages of	1,825
Paul – City of Light		1,488.5	2005	149
Ann and Terry			2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1		2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2		2006	159
Breaking the Golden Rule.	feeling-healing book 3		2006	168
Feeling-Healing exercises, and other healing points to consider.			2009	175
Cathy and Mark – a novel introducing Feeling-Healing.			2010	151
Introduction course to Divine Love Spirituality			2006	139
Speaking with the Dead, Death and Dying			2009	173
Spirits and their Childhood Repression Healing			2010	179
With Verna – a nature spirit			2008	279
Communication with spirits – meet a spirit friend			2010	37
Introduction to Divine Love Spirituality website				362
Sage – and the Healing Angels of Light			2017	260
Divine Love Spirituality	1,500		2017	201
Feeling Healing – you can heal yourself through your feelings			2017	153
Religion of Feelings	1,500		2017	47
			This group being pages of	3,046
<b>Religion of Feelings</b>			<a href="http://religionoffeelings.weebly.com/">http://religionoffeelings.weebly.com/</a>	
<b>Introduction to Divine Love Spirituality</b>			<a href="http://dls spirituality.weebly.com/">http://dls spirituality.weebly.com/</a>	
<b>Main website of DLS</b>			<a href="http://divinelovesp.weebly.com/">http://divinelovesp.weebly.com/</a>	
<b>Childhood Repression website</b>			<a href="http://childhoodrepression.weebly.com/">http://childhoodrepression.weebly.com/</a>	
<b>DLS and CR forum</b>			<a href="http://dls cr.freeforums.net/">http://dls cr.freeforums.net/</a>	
<a href="http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus">http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus</a>				

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on them selves and doing their Healing.

**Feeling Bad? Bad feeling are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

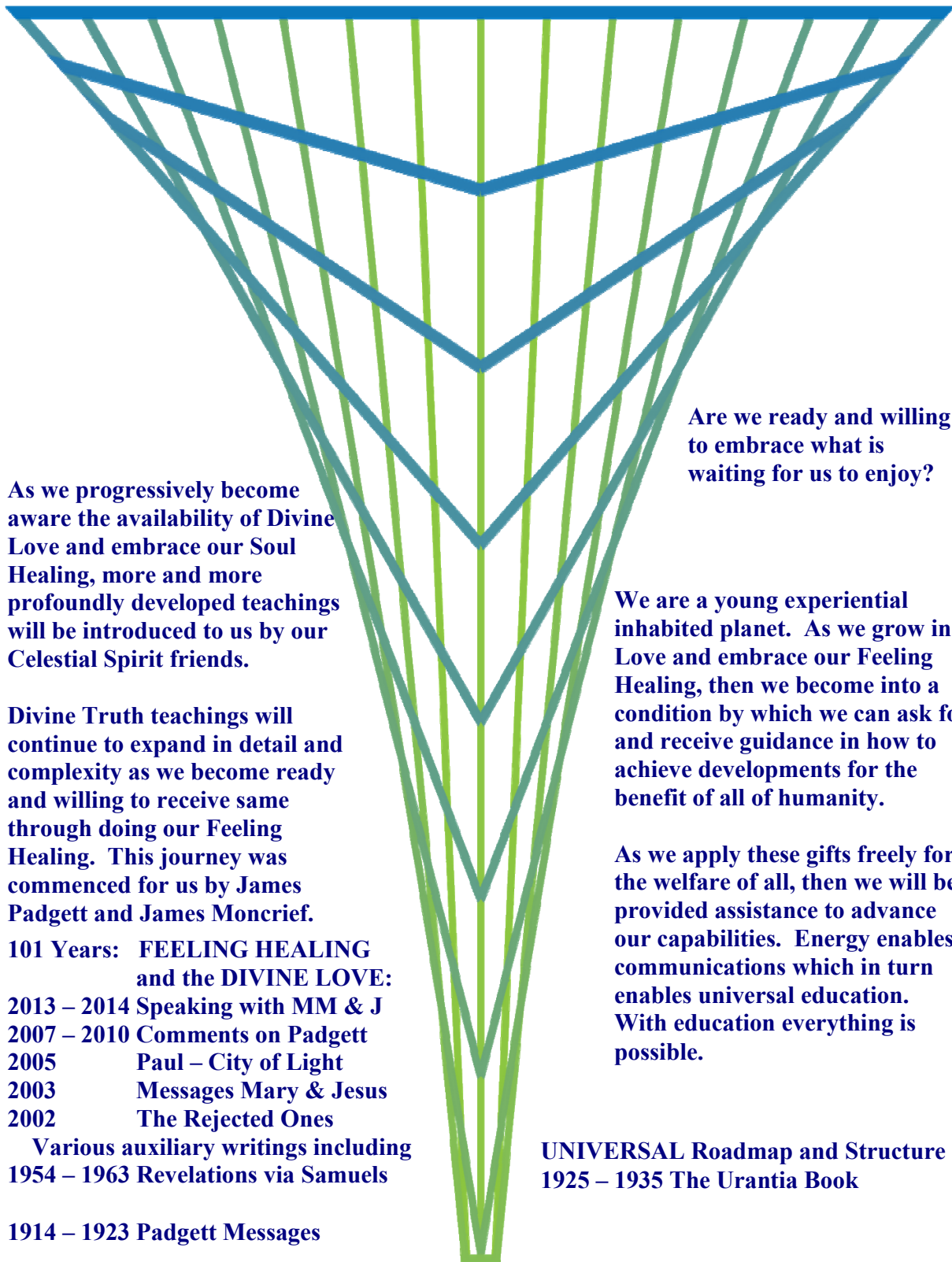
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





**Cause No Harm** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



to enter the  
Celestial Heavens:





# PASCAS CARE

## "Beacons of Light"

### around the globe

