

# PASCAS CARE

## *Death & Dying*

## *Proof of Heaven*



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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person's perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***



**PROOF of HEAVEN:**

[www.eternea.org](http://www.eternea.org)  
[www.lifebeyonddeath.net](http://www.lifebeyonddeath.net)

Dr Eben Alexander, M.D. an academic neurosurgeon with 25 years experience, from Lynchburg, Virginia, USA, shares with us his incredible journey whilst his body was in a coma for seven days.

On Monday morning, November 10, 2008, Dr Eben Alexander slipped into unconsciousness and did not regain consciousness at Lynchburg General Hospital until the following Sunday.

After coming out of his coma, it took about two months for his full battery of neurosurgical knowledge to come back to him. Leaving aside for the moment the essentially miraculous fact that it *did* come back. There continues to be no medical precedent for his case, in which a brain under long-term attack of such a severe degree by gram-negative bacteria like *E. coli* recovers anything like its full abilities. Once his knowledge had come back, he continued to wrestle with the fact that everything he had learned in four decades of study and work about the human brain, about the universe, and about what constitutes reality conflicted with what he'd experienced during those seven days in coma.

Bacterial meningitis is unique among diseases in the manner in which it attacks the outer surface of the brain while leaving its deeper structures intact. The bacteria efficiently wreck the human part of our brain first, and finally prove fatal by attacking the deeper “housekeeping” structures common to other animals, deep beneath the human part. The other conditions that can damage the neocortex and cause unconsciousness – head trauma, stroke, brain haemorrhages or brain tumours – are not nearly as efficient at completely damaging the entire surface of the neocortex. These tend to involve only part of the neocortex, leaving other parts unscathed and able to function. Not only that, but instead of taking the neocortex alone out, they tend to also damage the deeper and more primitive parts of the brain as well. Given all of this, bacterial meningitis is arguably the best disease one could find if one were seeking to mimic human death without actually bringing it about. (Though of course, it usually does. The sad truth is that virtually everyone as sick as Dr Alexander was from bacterial meningitis never return to tell the tale.)

Medically speaking, that he had recovered completely was a flat-out impossibility, a medical miracle.

Here is his account of his out of body experience during his near death experience that lasted seven days.

The full account will be found in the book, ‘Proof of Heaven’ by Dr Eben Alexander, M.D.

[Diagrams have been added from other sources – they are not from the book.]



**Feeling  
Healing with  
Divine Love is  
the key!**



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



**M&F**



**J&M**



**AVO**

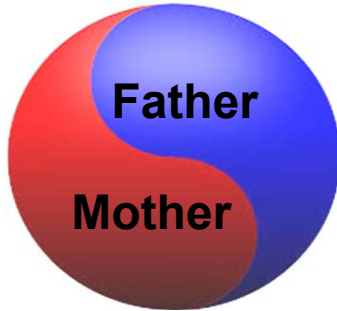


**HUM**

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

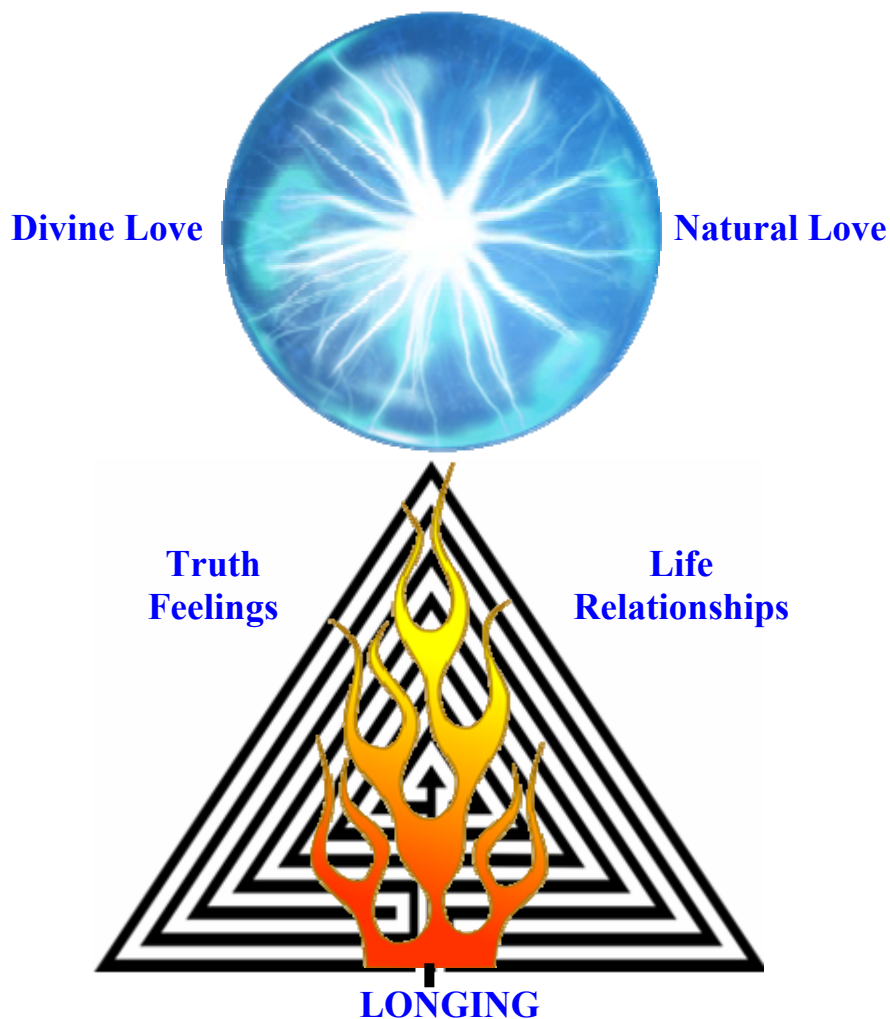
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

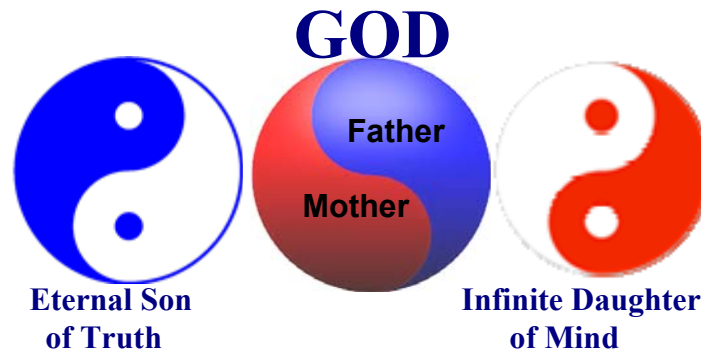
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
  2. **ETERNAL SON (ES) – Divine Truth**
  3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

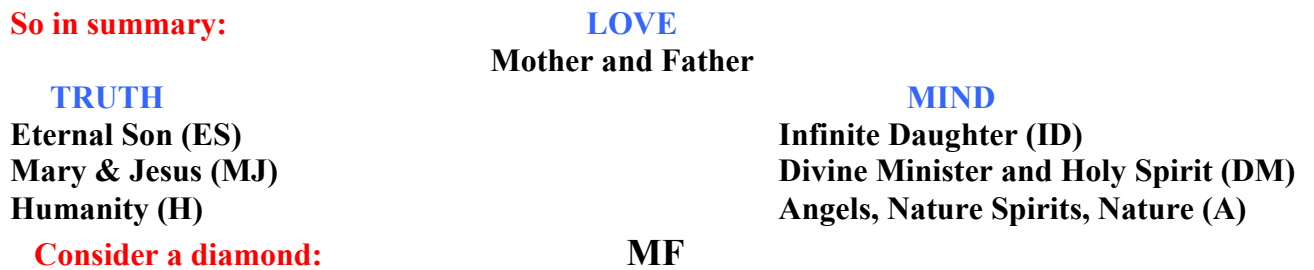
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

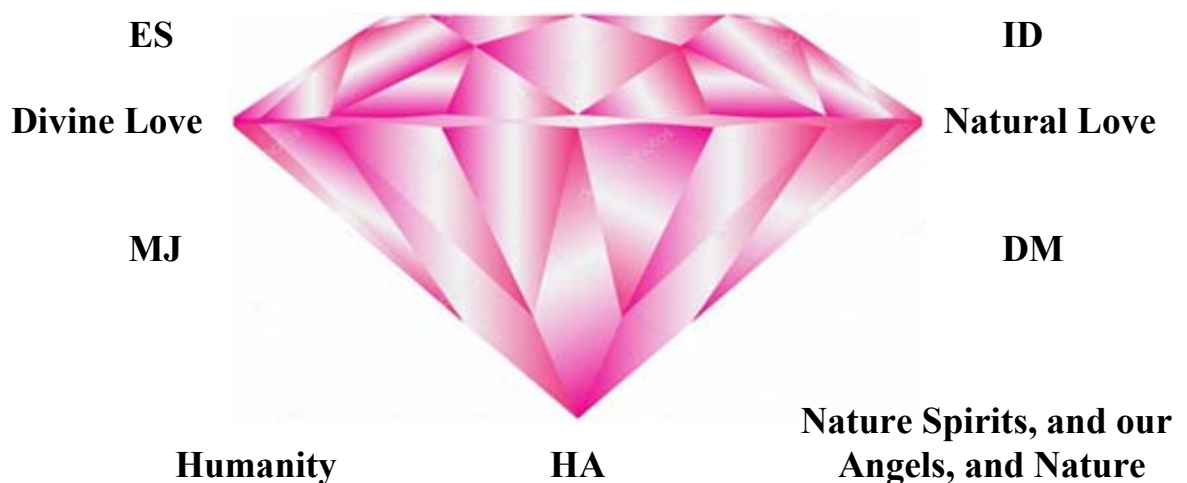
**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Spirit Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

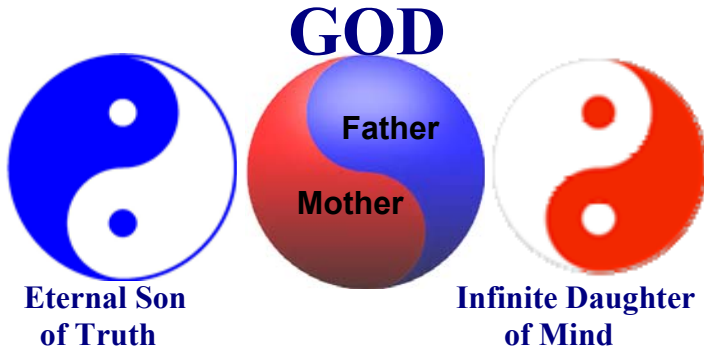
So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.





**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

Spirit Person

Nature Spirit



A nature spirit is an angel in waiting.

## **UNDERWORLD:**

Darkness, but a visible darkness – like being submerged in mud yet also being able to see through it. Or maybe dirty Jell-O describes it better. Transparent, but in a bleary, blurry, claustrophobic, suffocating kind of way.

Consciousness, but consciousness without memory or identity – like a dream where you know what’s going on around you, but have no real idea of who, or what, *you* are.

Sound, too: a deep, rhythmic pounding, distant yet strong, so that each pulse of it goes right through you. Like a heartbeat? A little, but darker, more mechanical – like the sound of metal against metal, as if a giant, subterranean blacksmith is pounding an anvil somewhere off in the distance: pounding it so hard that the sound vibrates through the earth, or the mud, or wherever it is that you are.

I didn’t have a body – not one that I was aware of anyway. I was simply ... there, in this place of pulsing, pounding darkness. At the time, I might have called it “primordial”. But at the time it was going on, I didn’t know this word. In fact, I didn’t know any words at all. The words used here registered much later, when, back in the world, I was writing down my recollections. Language, emotion, logic: these were all gone, as if I had regressed back to some state of being from the very beginnings of life, as far back, perhaps, as the primitive bacteria that, unbeknownst to me, had taken over my brain and shut it down.

How long did I reside in this world? I have no idea. When you go to a place where there’s no sense of time as we experience it in the ordinary world, accurately describing the way it feels is next to impossible. When it was happening, when I was there, I felt like I (whatever “I” was) had always been there and would always continue to be.

I experienced the nonlinear nature of time in the spiritual world so intensely; I can now understand why so much writing on the spiritual dimension can seem distorted or simply nonsensical from our earthly perspective. In the world above this one, time simply doesn’t behave as it does here. It’s not necessarily one-thing-after-another in those worlds. A moment can seem like a lifetime, and one or several lifetimes can seem like a moment. But though time doesn’t behave ordinarily (in our terms) in the worlds beyond, that doesn’t mean it’s jumbled.

Everything – the uncanny clarity of my vision, the clearness of my thoughts as pure conceptual flow – suggested higher, not lower, brain functioning. But my higher brain had not been around to do that work.

The sense of being able to see in all directions simultaneously; the sensation of being above linear time – of being above *everything*, essentially, that I had previously thought of as defining the landscape of human life; the hearing of anthem-like music, which entered through one’s whole being rather than simply one’s ears; the direct and instantaneous reception of concepts that normally would have taken a very long time and a great deal of study to comprehend, without any struggle whatsoever ... feeling the intensity of unconditional love.

Nor, initially at least, did I mind this. Why would I, after all, since this state of being was the only one I’d known? Having no memory of anything better, I was not particularly bothered by where I was. I do recall conceptualizing that I might or might not survive, but my indifference as to whether I did or not only gave me a greater feeling of invulnerability. I was clueless as to the rules that governed this world I was in, but I was in no hurry to learn them. After all, why bother?

I can't say exactly when it happened, but at a certain point I became aware of some objects around me. They were a little like roots, and a little like blood vessels in a vast, muddy womb. Glowing a dark, dirty red, they reached down from some place far above to some other place equally far below. In retrospect, looking at them was like being a mole or earthworm, buried deep in the ground yet somehow able to see the tangled matrixes of roots and trees surrounding it.

That's why, thinking back to this place later, I came to call it the Realm of the Earthworm's-Eye View. For a long time, I suspected it might have been some kind of memory of what my brain felt like during the period when the bacteria were originally overrunning it.

But the more I thought about this explanation (and again, this was all much, much later), the less sense it made. Because – hard as this is to picture if you haven't been to this place yourself – my consciousness wasn't foggy or distorted when I was there. It was just ... *limited*. I wasn't human while I was in this place. I wasn't even animal. I was something before, and below, all that. I was simply a lone point of awareness in a time-less red-brown sea.

The longer I stayed in this place, the less comfortable I became. At first I was so deeply immersed in it that there was no difference between "me" and the half-creepy, half-familiar element that surrounded me. But gradually this sense of deep, timeless, and boundary less immersion gave way to something else: a feeling like I wasn't really part of this subterranean world at all, but trapped in it.

Grotesque animal faces bubbled out of the muck, groaned or screeched, and then were gone again. I heard an occasional dull roar. Sometimes these roars changed to dim, rhythmic chants, chants that were both terrifying and weirdly familiar – as if at some point I'd known and uttered them all myself.

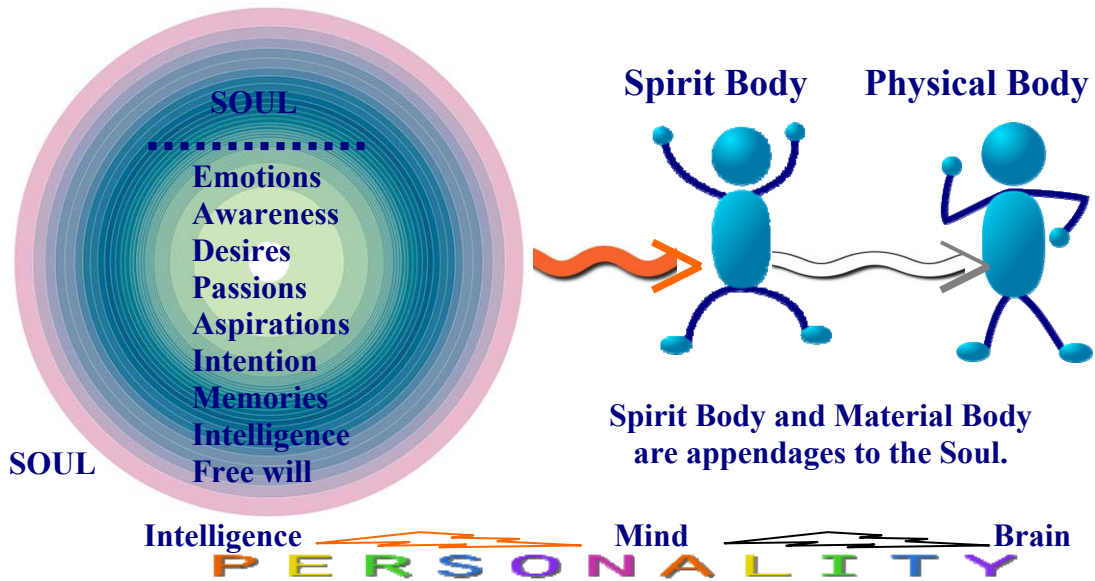
As I had no memory of prior existence, my time in this realm stretched way, way out. Months? Years? Eternity? Regardless of the answer, I eventually got to a point where the creepy-crawly feeling totally outweighed the homey, familiar feeling. The more I began to feel like a *me* – like something separate from the cold and wet and dark around me – the more the faces that bubbled up out of that darkness became ugly and threatening. The rhythmic pounding off in the distance sharpened and intensified as well – became the work-beat for some army of troll-like underground labourers, performing some endless, brutally monotonous task. The movement around me became less visual and more tactile, as if reptilian, wormlike creatures were crowding past, occasionally rubbing up against me with their smooth or spiky skins.

Then I became aware of a smell: a little like faeces, a little like blood, and little like vomit. A *biological* smell, in other words, but of biological death, not of biological life. As my awareness sharpened more and more, I edged ever closer to panic. Whoever or whatever I was, I did not belong here. I needed to get out.

But where would I go?

Even as I asked that question, something new emerged from the darkness above: something that wasn't cold, or dead, or dark, but the exact opposite of all those things. If I tried for the rest of my life, I would never be able to do justice to this entity that now approached me ... to come anywhere close to describing how beautiful it was.

But I'm going to try.

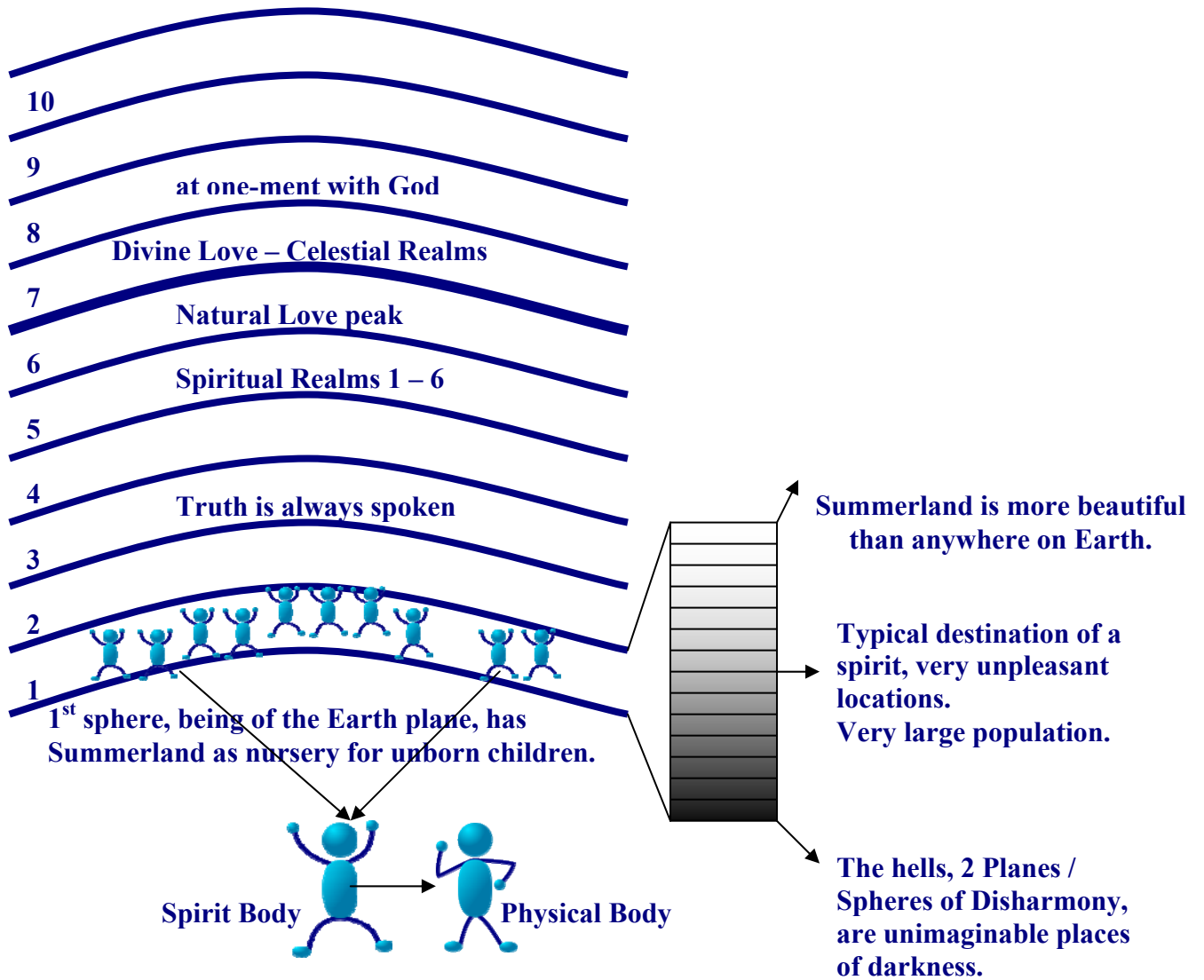


**Our Personality is a feeling of God, thus creating our unaware Soul.  
At conception, our unaware personality (soul) connects with both a spiritual  
body and physical body. Incarnation starts the road of self discovery,  
children reflect parent’s emotions. Parents attract us to incarnate.**



**THE SPHERES**

Celestial Realm reaches to infinity.



<u>Characteristics of first Spheres:</u>		MoC
Truth is always told:	Sphere 3	651 – 780
Desires are followed:	Sphere 2	500 – 650
Actions are fear based:	Sphere 1	1 – 499

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

### **The SPINNING MELODY and the GATEWAY:**

Something had appeared in the darkness.

Turning slowly, it radiated fine filaments of white-gold light, and as it did so the darkness around me began to splinter and break apart.

Then I heard a new sound: a *living* sound, like the richest, most complex, most beautiful piece of music you've ever heard. Growing in volume as a pure white light descended, it obliterated the monotonous mechanical pounding that, seemingly for eons, had been my only company up until then.

The light got closer and closer, spinning around and around and generating those filaments of pure white light that I now saw were tinged, here and there, with hints of gold.

Then, at the very centre of the light, something else appeared. I focused my awareness, hard, trying to figure out what it was.

An opening. I was no longer looking *at* the slowly spinning light at all, but *through* it.

The moment I understood this, I began to move up. Fast. There was a whooshing sound, and in a flash I went through the opening and found myself in a completely new world. The strangest, most beautiful world I'd ever seen.

Brilliant, vibrant, ecstatic, stunning ... I could heap on one adjective after another to describe what this world looked and felt like, but they'd all fall short. I felt like I was being born. Not reborn, or born again. Just ... born.

Below me there was countryside. It was green, lush, and earth like. It *was* Earth ... but at the same time it wasn't. It was like when your parents take you back to a place where you spent some years as a very young child. You don't know the place. Or at least you think you don't. But as you look around, something pulls at you, and you realise that a part of yourself – a part way, deep down – does remember the place after all, and is rejoicing as being back there again.

I was flying, passing over trees and fields, streams and waterfalls, and here and there, people. There were children, too, laughing and playing. The people sang and danced around in circles, and sometimes, I'd see a dog, running and jumping among them, as full of joy as the people were. They wore simple yet beautiful clothes, and it seemed to me that the colours of these clothes had the same kind of living warmth as the trees and the flowers that bloomed and blossomed in the countryside around them.

A beautiful, incredible dream world ... (Summerland!)

Except it wasn't a dream. Though I didn't know where I was or even *what* I was, I was absolutely sure of one thing: this place I'd suddenly found myself in was completely real.

The word *real* expresses something abstract, and it's frustratingly ineffective at conveying what I'm trying to describe. Imagine being a kid and going to a movie on a summer day. Maybe the movie was good, and you were entertained as you sat through it. But then the show ended, and you filed out of the theatre and back into the deep, vibrant, welcoming warmth of the summer afternoon. And as the air and sunlight hit you, you wondered why on Earth you'd wasted this gorgeous day sitting in a dark theatre.

Multiply that feeling a thousand times, and you still won't be anywhere close to what it felt like where I was.

I don't know how long, exactly, I flew along. (Time in this place was different from the simple linear time we experience on Earth and is as hopelessly difficult to describe as every other aspect of it.) But at some point, I realised that I wasn't alone up there.

Someone was next to me: a beautiful girl with high cheek-bones and deep blue eyes. She was wearing the same kind of peasant-like clothes that the people in the village down below wore. Golden-brown tresses framed her lovely face. We were riding along together on an intricately patterned surface, alive with indescribable and vivid colours – the wing a butterfly. In fact, millions of butterflies were all around us – vast fluttering waves of them, dipping down into the greenery and coming back up around us again. It wasn't any single, discrete butterfly that appeared, but all of them together, as if they were a river of life and colour, moving through the air. We flew in lazy looped formations past blossoming flowers and buds on trees that opened as we flew near.

The girl's outfit was simple, but its colours – powder blue, indigo, and pastel orange-peach – had the same overwhelming, super-vivid aliveness that everything else in the surroundings had. She looked at me with a look that, if you saw it for a few moments, would make your whole life up to that point worth living, no matter what had happened in it so far. It was not a romantic look. It was not a look of friendship. It was a look that was somehow beyond all these ... beyond all the different types of love we have down here on Earth. It was something higher, holding all those other kinds of love within itself while at the same time being more genuine and pure than all of them.



Without using any words, she spoke to me. The message went through me like a wind, and I instantly understood that it was true. I knew so in the same way that I knew that the world around us was real – was not some fantasy, passing and insubstantial.

The message had three parts, and if I had to translate them into earthly language, I'd say they ran something like this:

“You are loved and cherished, dearly, forever.”

“You have nothing to fear.”

“There is nothing you can do wrong.”

The message flooded me with a vast and crazy sensation of relief. It was like being handed the rules to a game I'd been playing all my life without ever fully understanding it.

“We will show you many things here,” the girl said – again, without actually using these words but by driving their conceptual essence directly into me. “But eventually, you will go back.”

To this, I had only one question. Back where?

Remember who's talking to you right now. I'm not a soft-headed sentimentalist. I know what death looks like. I know what it feels like to have a living person, whom you spoke to and joked with in better days, become a lifeless object on an operating table after you've struggled for hours to keep the machine



of their body working. I know what suffering looks like, and the answerless grief on the faces of loved ones who have lost someone they never dreamed they could lose. I know my biology, and while I'm not a physicist, I'm no slouch at that, either. I know the difference between fantasy and reality, and I know that the experience I'm struggling to give you the vaguest, most completely unsatisfactory picture of, was the single most real experience of my life.

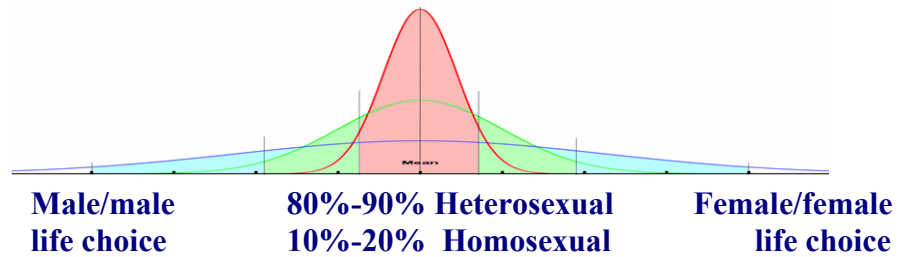
In fact, the only competition for it in the reality department was what came next.



**The life force for the spirit body and the physical body is via the soul. The soul is connected to the spirit body via cords, and in turn, the spirit body is connected to the physical body by cords of light. Should the cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is like our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.**

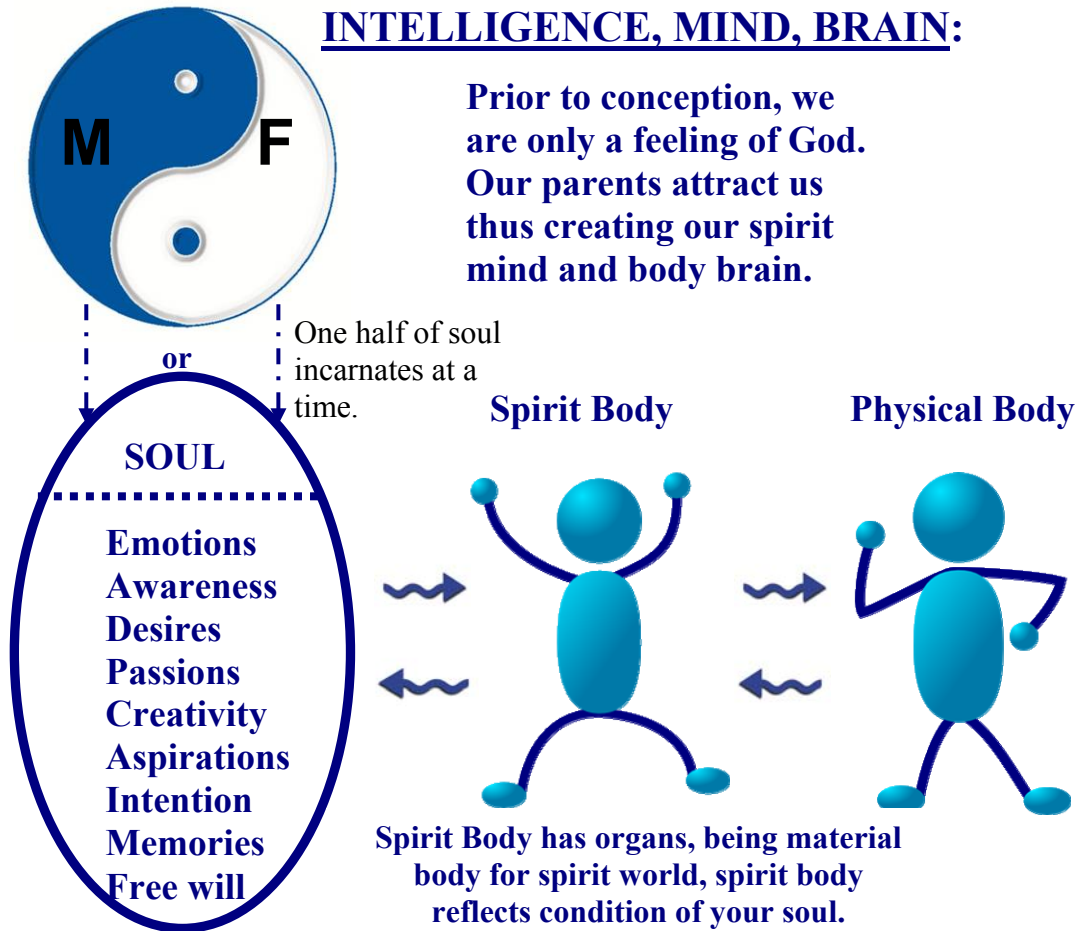
**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**SOUL of HUMANITY**, only man has a soul and a spirit body; and of the animals and vegetables, only those with a central nervous system have spirits.



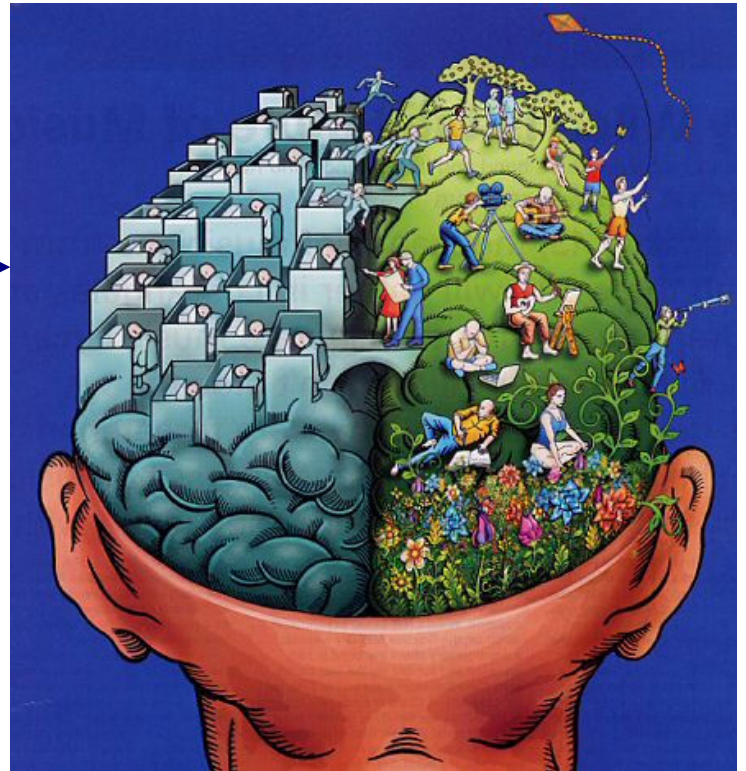
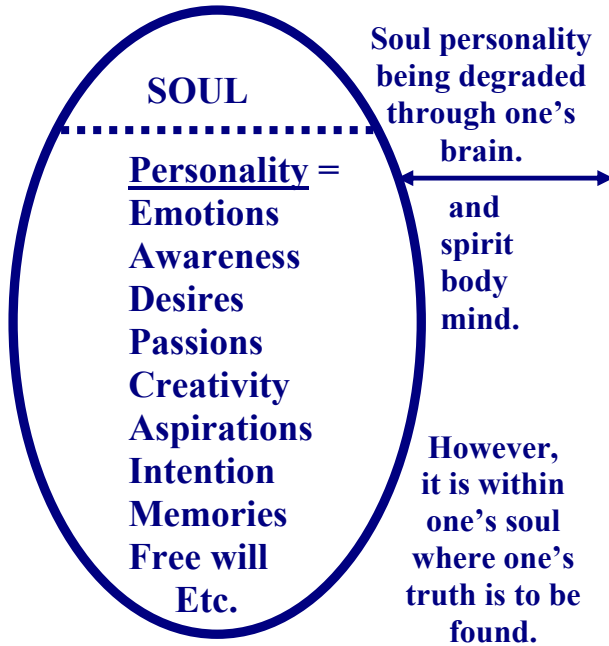
Our soul splits into bodies of the opposite sex, thus creating the soulmate pair. In the spirit world we bond closely together again as we progress up through the spheres.

**INTELLIGENCE, MIND, BRAIN:**



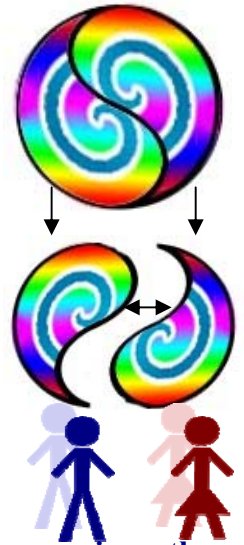
Our Intelligence is Soul based. The capabilities of discernment, e.g., by kinesiology muscle testing, expands only with the growth of our Soul's intelligence. Upon conception, the creation of both our Spirit Body and Physical Body occurs, bringing forward our unaware Soul to start our journey. Upon death of the Body, the brain dissolves. The mind continues to grow in the Spirit Body until we progress through the 7<sup>th</sup> sphere into the 8<sup>th</sup> sphere at which point we are 'born again', one with God, entering the Celestial Realms, and the mind is no longer. Our soul intelligence grows as does our soul expand with the ever increasing infusion of Love from God.

# Personality



## SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



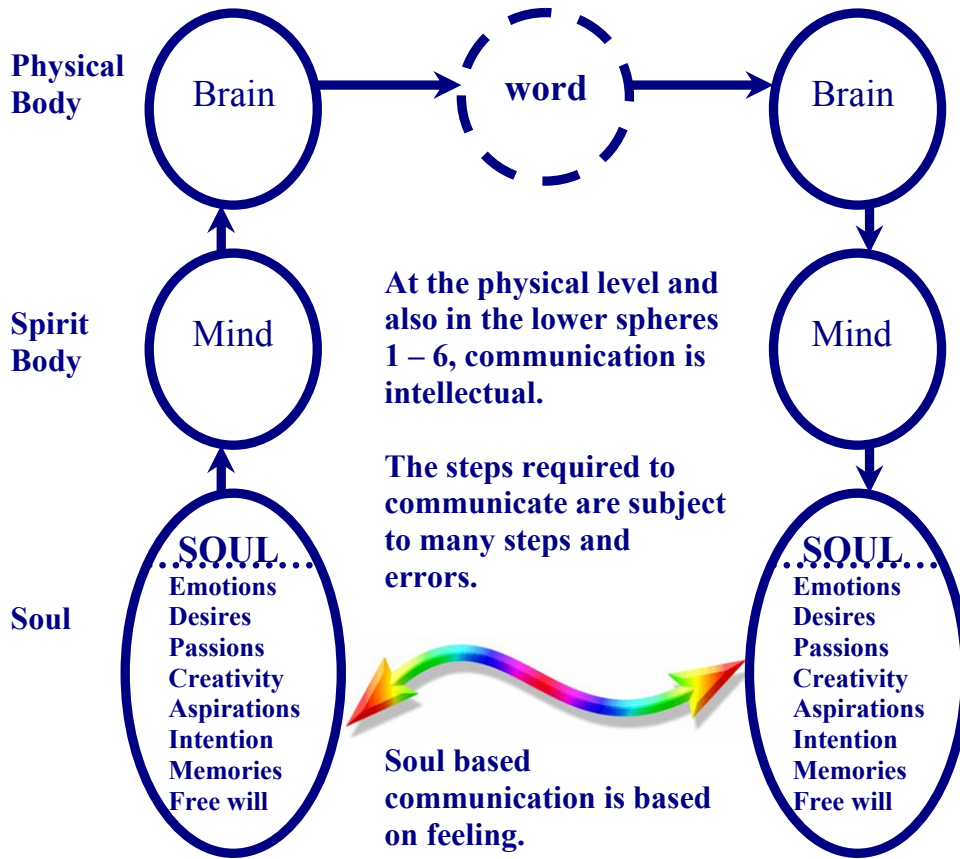
No matter where our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.

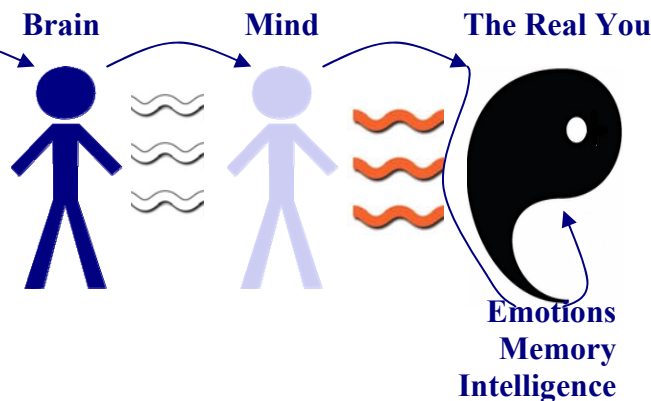
**COMMUNICATION at the PHYSICAL LEVEL**



**COMMUNICATION at the CELESTIAL LEVEL**



You hear words and they transfer along this path:

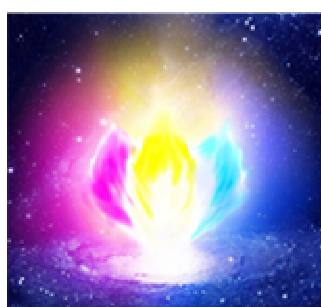


Spirits that are on the Divine Love path will communicate with you directly soul to soul, with your feelings.

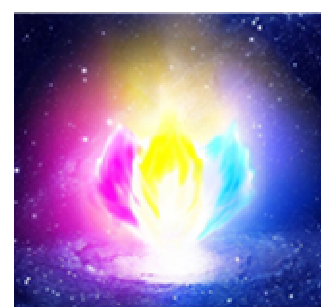
God communicates with you directly with your feelings, not with thought. Those feelings will generate thoughts within you.

### ASSISTED COMMUNICATION with OTHER PHYSICAL PEOPLE:

Through one's soul, one communicates to one's indwelling spirit, who, in turn, is assisted by your angels to connect with the angels associated with the person who you desire to communicate with.



How one works with people carrying out conversations unbeknownst to them, is rather easy from a technical point of view. One's angels speak to the angels of the person involved, conveying what he/she wants to say. Their angels (or the angel active in the experience) 'commune' with the person's Indwelling Spirit, who then creates the reply with all the required information giving it to that person's angels, then those angels relay it back to your, the inquirer, angels who relay it to your Indwelling Spirit who inspires your mind to see and hear what is being 'said' or 'thought' or 'felt' by that person.



This is very unusual and is only permitted in very extenuating circumstances.

**YOU ARE A SPIRIT,  
YOU HAVE A SOUL,  
AND YOU LIVE IN A BODY.**



Around the age of 6, a segment of our Heavenly Parents' essence connects with our soul. This is our personalised Indwelling Spirit. Through our soul, one can communicate with and receive information from one's Indwelling Spirit. Should we proceed to engage in our Feeling Healing and also embrace our Mother and Father's Divine Love, then on completion of our healing, the Indwelling Spirit will fuse with our soul permanently. This event occurs upon the progression from the 7<sup>th</sup> Mansion World (Divine Love Healing World) equivalent to the 1<sup>st</sup> of the Celestial Heavens. The fusion with one's Indwelling Spirit results in a continuous connection with our Heavenly Parents.

Your soul enlivens your spirit body which, in turn, is the template for your physical body. Your soul is assisted and aided by your Indwelling Spirit as well as by your Angels who are soulmate pair.

**SUPER SENSORY SENSES**



The super sensory senses are within the soul:

- Soul has many, many senses.
- Spirit body has much higher senses and capabilities than the physical body.
- Body has five sensing tools – sight, smell, touch, hearing, and taste.

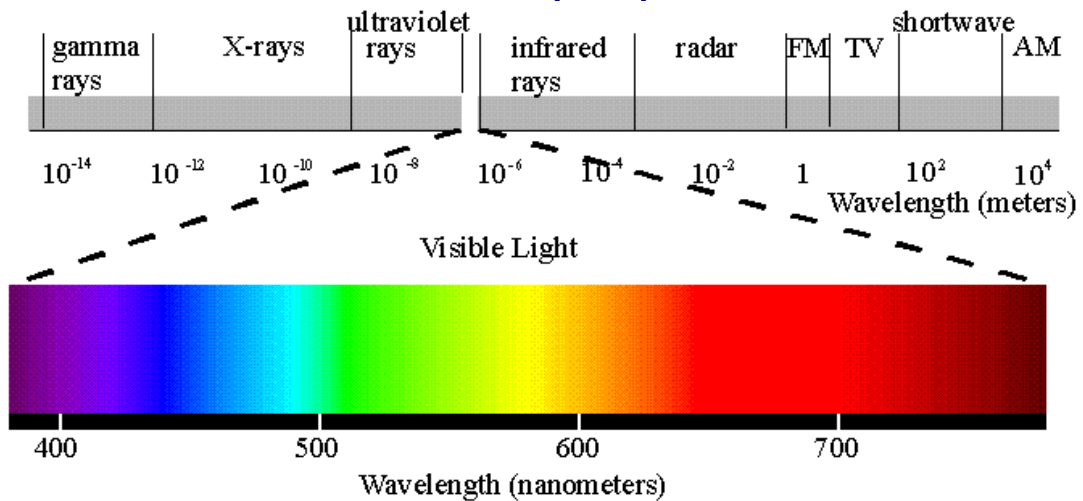
When the soul receives Divine Love, even the super sensory senses continue to grow.

Physical Body	↑	Generally we develop our physical senses first.
Spirit Body	↑	Mind / brain development starts.
Soul	↑	Soul development is typically ignored on the planet.

Soulmate development is soul to soul.

Once we open up our soul, we cease to depend upon our bodies, and connect soul to soul.

**Visibility:**    **Body -**    limited sight of colour.  
                          **Spirit -**    expanded visibility.  
                          **Soul -**    complete spectrum of colour.



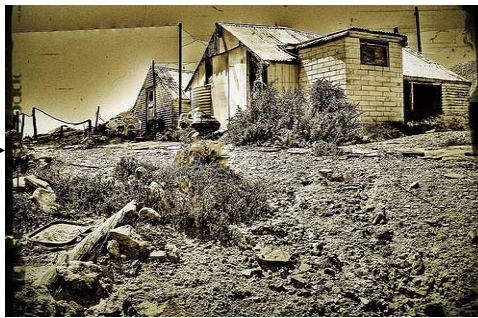
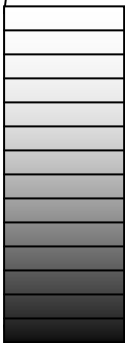
**1<sup>st</sup> SPHERE ASPECTS:**  
**Summerland, etc, nurseries**



**Summerland, etc., are beautiful regions of 1<sup>st</sup> sphere.**

**Summerland, etc, are within the highest planes of the 1<sup>st</sup> Mansion World / sphere.**

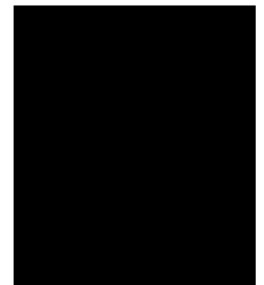
**There are 1,000s of plains in the 1<sup>st</sup> sphere.**



**Ambience of mid range plains of the 1<sup>st</sup> sphere is where the majority of humanity pass into.**



**2 Planes of Disharmony / Earth:**  
**The hells are unimaginable places of darkness.**  
**Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!**



## The CORE:

Meanwhile, I was in a place of clouds.

Big, puffy, pink-white ones that showed up sharply against the deep blue-black sky.

Higher than the clouds – immeasurably higher – flocks of transparent orbs, shimmering beings arced across the sky, leaving long, streamer-like lines behind them.

Birds? Angels? These words registered when I was writing down my recollections. But neither of these words do justice to the beings themselves, which were quite simply different from anything I have known on this planet. They were more advanced. *Higher.*

A sound, huge and booming like a glorious chant, came down from above, and I wondered if the winged beings were producing it. Again thinking about it later, it occurred to me that the joy of these creatures, as they soared along, was such that they *had* to make this noise – that if the joy didn't come out of them this way then they would simply not otherwise be able to contain it. The sound was palpable and almost material, like a rain that you can feel on your skin but that doesn't get you wet.

Seeing and hearing were not separate in this place where I now was. I could *hear* the visual beauty of the silvery bodies of those scintillating beings above, and I could see the surging, joyful perfection of what they sang. It seemed that you could not look at or listen to anything in this world without becoming a part of it – without joining with it in some mysterious way.

Again, from my present perspective, I would suggest that you couldn't look *at* anything in that world at all, for the word *at* itself implies a separation that did not exist there. Everything was distinct, yet everything was also a part of everything else, like the rich and intermingled designs on a Persian carpet ... or a butterfly's wing.

A warm wind blew through, like the kind that spring up on the most perfect summer days (Summerland), tossing the leaves of the trees and flowing past like heavenly water. A divine breeze. It changed everything, shifting the world around me into an even higher octave, a higher vibration.

Although I still had little language function, at least as we think of it on Earth, I began wordlessly putting questions to this wind – and to the divine being that I sensed at work behind or within it.

*Where is this place?*

*Who am I?*

*Why am I here?*

Each time I silently passed one of these questions, the answer came instantly in an explosion of light, colour, love, and beauty that blew through me like a crashing wave. What was important about these bursts was that they didn't simply silence my questions by overwhelming them. They *answered* them, but in a way that bypassed language. Thoughts entered me directly. But it wasn't thought like we experience on Earth. It wasn't vague, immaterial, or abstract. These thoughts were solid and immediate – hotter than fire and wetter than water – and as I received them I was able to instantly and effortlessly understand concepts that would have taken me years to fully grasp in my earthly life.

I continued moving forward and found myself entering an immense void, completely dark, infinite in size, yet also infinitely comforting. Pitch black as it was, it was also brimming over with light: a light



that seemed to come from a brilliant orb that I now sensed near me. An orb that was living and almost solid, as the songs of the angel beings had been.



My situation was, strangely enough, something akin to that of a foetus in a womb. The foetus floats in the womb with the silent partner of the placenta, which nourishes it and mediates its relationship to the everywhere present yet at the same time invisible mother. In this case, the “mother” was God, the Creator, the Source who is responsible for making the universe and all in it. This Being was so close that there seemed to be no distance at all between God and myself. Yet at the same time, I could sense the infinite vastness of the Creator, could see how completely minuscule I was by comparison. I will occasionally use

*Om* as the pronoun for God because I originally used that name in my writings after my coma. “Om” was the sound I remembered hearing associated with that omniscient, omnipotent, and unconditionally loving God, but any descriptive word falls short.

The pure vastness separating Om and me was, I realised, why I had the Orb as my companion. In some manner I couldn’t completely comprehend but was sure of nonetheless, the Orb was a kind of “interpreter” between me and this extraordinary presence surrounding me.

It was as if I were being born into a larger world, and the universe itself was like a giant cosmic womb, and the Orb (who remained in some way connected to the Girl on the Butterfly Wing, who in fact *was* she) was guiding me through this process.

Later, when I was back here in the world, I found a quotation by the seventeenth-century Christian poet Henry Vaughan that came close to describing this place – this vast, inky-black core that was the home of the Divine itself.

*“There is, some say, in God a deep but dazzling darkness ...”*

That was it, exactly: an inky darkness that was also full to brimming with light.

The questions, and the answers, continued. Though they still didn't come in the form of language as we know it, the "voice" of this Being was warm and – odd as I know this may sound – personal. It understood humans, and it possessed the qualities we possess, only in infinitely greater measure. It knew me deeply and overflowed with qualities that all my life I've always associated with human beings, and human beings alone: warmth, compassion, pathos ... even irony and humour.

Through the Orb, **Om told me that there is not one universe but many** – in fact, more than I could conceive – but that **love lay at the centre of them all**. Evil was present in all the other universes as well, but only in the tiniest trace amounts. Evil was necessary because without it free will was impossible, and **without free will there could be no growth** – no forward movement, no chance for us to become what God longs for us to be. Horrible and all-powerful as evil sometimes seemed to be in a world like ours, **in the larger picture love was overwhelmingly dominant, and it would ultimately be triumphant**.

I saw the abundance of life throughout the countless universes, including some whose intelligence was advanced far beyond that of humanity. I saw that there are countless higher dimensions, but that the only way to know these dimensions is to enter and experience them directly. They cannot be known or understood, from lower dimensional space. Cause and effect exist in these higher realms, but outside of our earthly conception of them. The world of time and space in which we move in this terrestrial realm is tightly and intricately meshed within these higher worlds. In other words, these worlds aren't totally apart from us, **because all worlds are part of the same overarching divine Reality. From those higher worlds one could access any time or place in our world**.

It will take me the rest of my life, and then some, to unpack what I learned up there. The knowledge given me was not "taught" in the way that a history lesson or math theorem would be. Insights happened directly, rather than needing to be coaxed and absorbed. Knowledge was stored without memorisation, instantly and for good. It didn't fade, like ordinarily information does, and to this day I still possess all of it, much more clearly than I possess the information that I gained over all of my years in school.

That's not to say that I can get to this knowledge just like that. Because now that I'm back here in the earthly realm, I have to process it through my limited physical body and brain. But it's there. I feel it, laid into my very being. For a person like me who had spent his whole life working hard to accumulate knowledge and understanding the old-fashioned way, the discovery of this more advanced level of learning was, alone, enough to give me food for thought for ages to come ...

Unfortunately, for my family and my doctors back on Earth, the situation was very different.

PASCAS  
HEALTH



PASCAS  
PERS

Feeling  
Healing with  
Divine Love is  
the key!



**LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:**

**1<sup>st</sup> sphere, lower regions – Natural Love MoC 50+/-**  
**The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.**

**The typical soul condition of humanity is such that they generate the luminosity of a single candle.**

**1<sup>st</sup> sphere, mid regions – Natural Love MoC 210**

**A soul that has grown in love and soul condition equivalent to the 8<sup>th</sup> sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.**

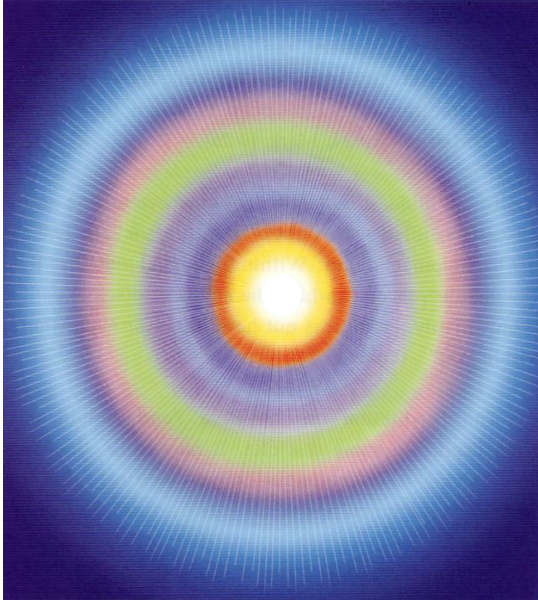
**8<sup>th</sup> sphere – only possible with Divine Love while doing one’s Feelin Healing! MoC 1,000+**



## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY

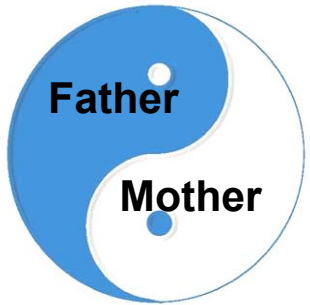


**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

**SPHERES in the SPIRITUAL REALMS.**

**Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:**  
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.

**Spheres to infinity:** Soulmate bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.).



**Eighth Sphere:** All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8 to infinity true immortality.

**Seventh Sphere:** The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind have been achieved. Divine

**Six Sphere:** Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living life in absolute harmony with God's laws of spirituality. Natural path peak.

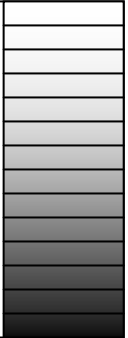
**Fifth Sphere:** Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God.

**Fourth Sphere:** Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization.

**Third Sphere:** Truth always told. An area where spirits progress in their awareness. In each sphere, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

**Second Sphere:** The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

**First Sphere:** Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2<sup>nd</sup> sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for most. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are fear based.



**The 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup> spirit spheres provide principally for mental and moral advancement, whereas, the 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup> soul spheres provide for progress via Feeling Healing and obtaining Divine Love.**

**SPHERES: KINGDOM of MAN – SPIRIT WORLD**

The first 7 spheres have logical and clearly defined end points both at the 6<sup>th</sup> and 7<sup>th</sup> spheres. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or sub-spheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6<sup>th</sup> sphere is the ending point for those who are following what has been referred to as the Natural Love Path.

There exists a barrier between the earthly levels and the spirit levels and this is largely man-made. This barrier has been built on fear and is made of belief.

**Spheres:**

7 The 7<sup>th</sup> sphere is the transitional stage between the lower spheres and up into the Celestial Realms.

6

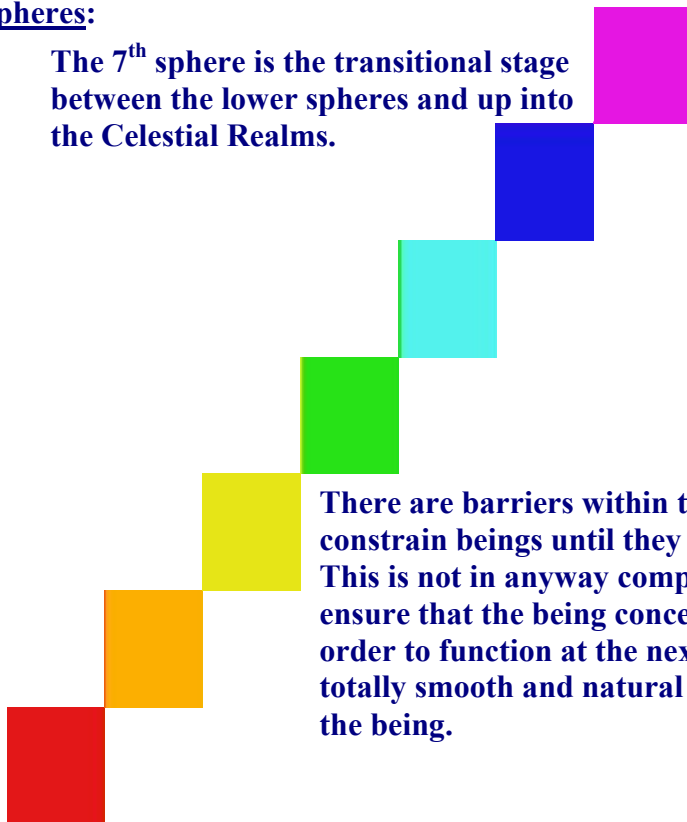
5

4

3

2

1



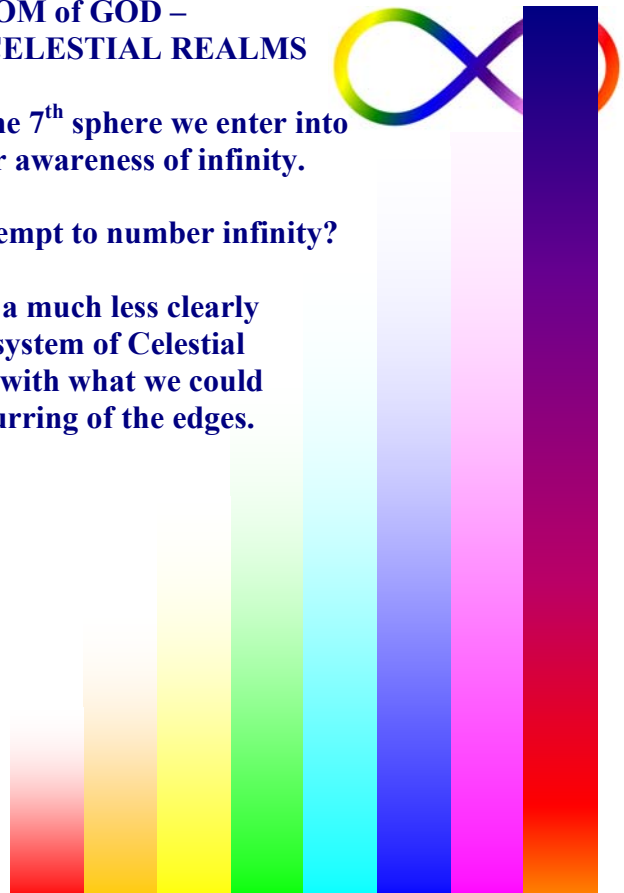
There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in anyway competitive or subject to examination but is to ensure that the being concerned does know what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

**KINGDOM of GOD – CELESTIAL REALMS**

Above the 7<sup>th</sup> sphere we enter into a greater awareness of infinity.

Why attempt to number infinity?

There is a much less clearly defined system of Celestial Spheres with what we could call a blurring of the edges.

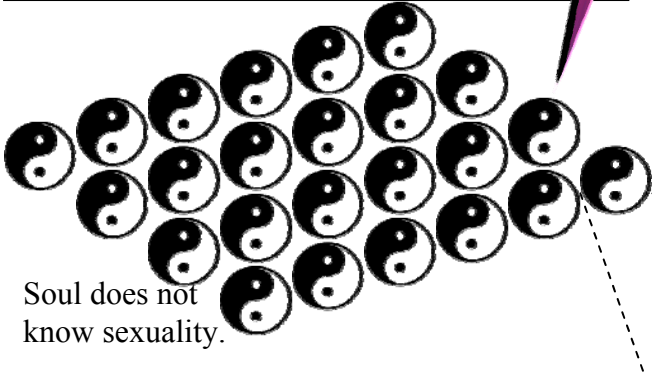


Each of us who are within the Celestial Spheres knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long ago.

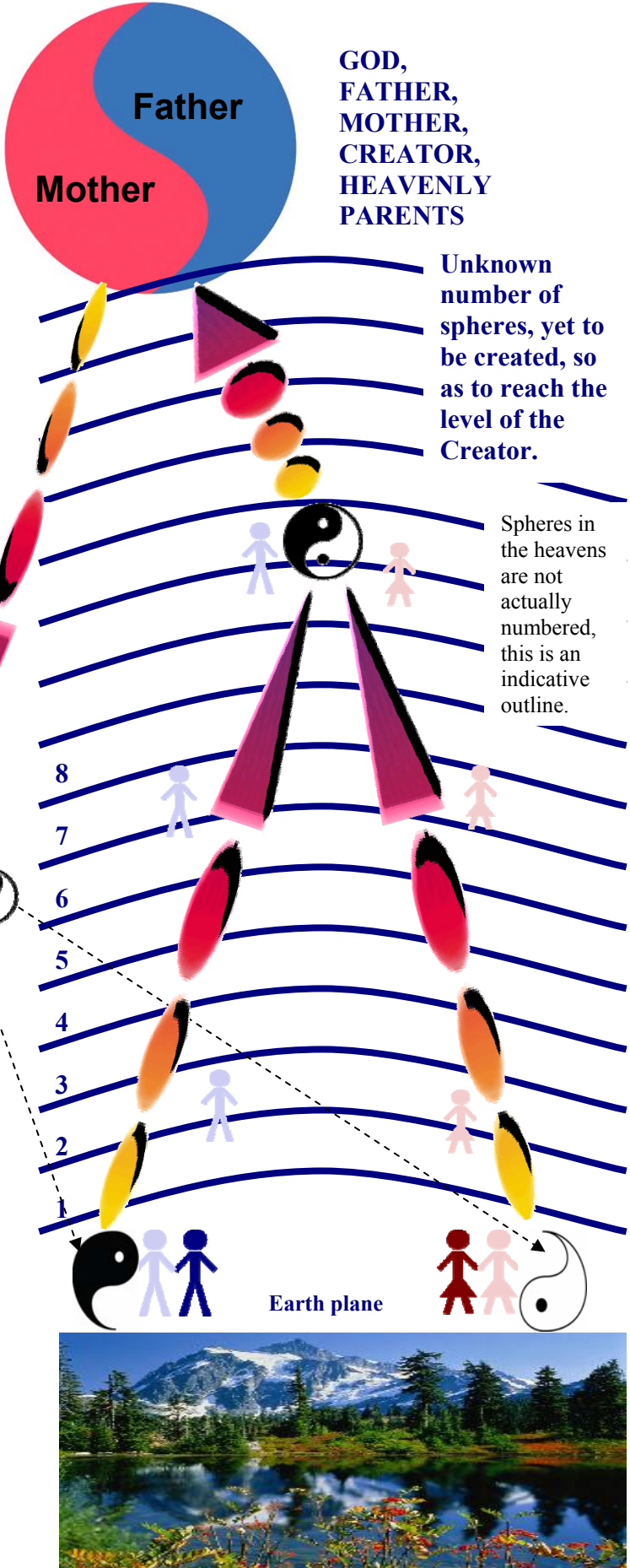


**OUR JOURNEY of GROWTH in LOVE**  
 All we need do is to ask for God's Divine Love – it is that simple.  
 Ask directly, no intermediaries needed.

Souls, being thoughts of God, are ready for incarnation in their billions. These souls are at the level of the 6<sup>th</sup> sphere in a natural love state, however, they are not within the 6<sup>th</sup> sphere perse. These souls are not self aware. Prior to incarnation, they do not express free will. There is nothing of the Divine within the soul. They have an instinct to incarnate. Incarnation of the two soul halves, male and female aspects, typically occurs within a 5 or 6 year time frame, however the timing may be 20 to 60 years apart. To become conscious of self, you must incarnate. This is the individualisation process.



The soul half that incarnates is the one most suitable for the characteristics and character of the attracting parents. Upon incarnation, one's soul condition adjusts to reflect the soul conditions of those around it, typically reflecting closely the soul conditions of one's parents. Upon completion of individualisation process, that is incarnation which may be only a short experience in the mother's womb, we never need return to the physical state. To be able to return to our Heavenly Parents, we need to use our free will and ask for Their Divine Love.





**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**

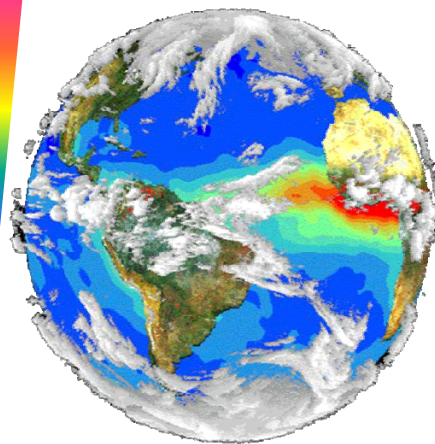


**NATURAL  
LOVE  
SPHERES**



**Spirit body  
spheres are  
1 – 7**

**DIVINE  
LOVE  
SPHERES**



**Earth sphere is for  
the physical body.**



**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**After the HAND OVER!**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation

utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 840 – 1,000

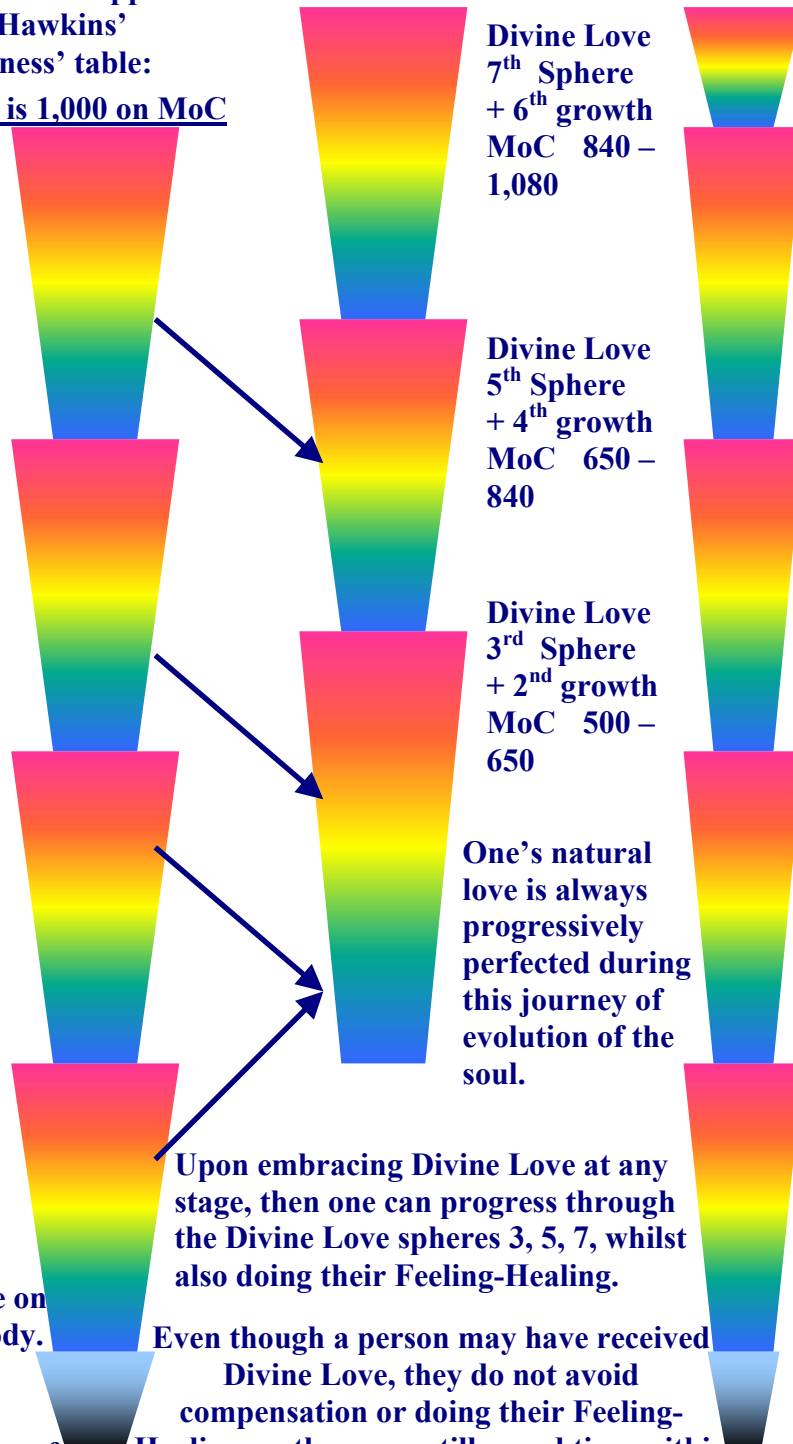
Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 650 – 840

Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds with  
Feeling Healing  
MoC 500 – 650

Natural Love  
1<sup>st</sup> Sphere  
MoC 200 – 500

We all enter the 1<sup>st</sup>  
natural love sphere on  
the death of our body.

HELL planes:  
MoC 1 – 200  
Hells being a sub-set of  
2 Spheres of Disharmony.



Divine Love  
7<sup>th</sup> Sphere  
+ 6<sup>th</sup> growth  
MoC 840 –  
1,080

Divine Love  
5<sup>th</sup> Sphere  
+ 4<sup>th</sup> growth  
MoC 650 –  
840

Divine Love  
3<sup>rd</sup> Sphere  
+ 2<sup>nd</sup> growth  
MoC 500 –  
650

One's natural  
love is always  
progressively  
perfected during  
this journey of  
evolution of the  
soul.

Upon embracing Divine Love at any  
stage, then one can progress through  
the Divine Love spheres 3, 5, 7, whilst  
also doing their Feeling-Healing.

Even though a person may have received  
Divine Love, they do not avoid  
compensation or doing their Feeling-  
Healing, so they may still spend time within  
the spheres of disharmony.

Natural Love  
sectors for those  
doing their  
Feeling-Healing,  
without the Love,  
are within the  
Natural Love  
Mansion Worlds:

Progressing  
through the  
natural love  
worlds, within  
Feeling-Healing  
sectors, while  
doing one's  
feeling healing,  
upon reaching the  
6<sup>th</sup> Sphere having  
completed  
Feeling-Healing,  
one can then  
embrace the  
Divine Love and  
proceed directly  
to the 7<sup>th</sup> Divine  
Love Sphere.

Then they may  
prepare to enter  
the Celestial  
Heaven Spheres  
from there.

This pathway is  
when the Divine  
Love is  
unavailable  
before perfecting  
one's soul.

**SPIRIT MIND MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres 1, 2, 4, and 6 only.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

On death of the physical body we all arrive in the 1<sup>st</sup> Natural Love sphere.

Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

**Note:** The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.

**The CORE: (considered to be the 2<sup>nd</sup> Sphere within the Spirit World)**

Something pulled at me. Not like someone grabbing my arm, but something subtler, less physical. It was a little like when the sun dips behind a cloud and you feel your mood change instantly in response.

I was going back, away from the Core. Its inky-bright darkness faded into the green landscape of the Gateway, with all of its dazzling landscape. Looking down, I saw the villagers again, the trees and sparkling streams and the waterfalls, as well as the arcing angel-beings above.

My companion was there, too. She had been there the whole time, of course, all through my journey into the Core, in the form of that orb-like ball of light. But now she was, once again, in human form. She wore the same beautiful dress, and seeing her again made me feel like a child lost in a huge and alien city that suddenly comes upon a familiar face. What a gift she was! “We will show you many things, but you will be going back.” That message, delivered wordlessly to me at the entrance to the trackless darkness of the Core, came back to me now. I also now understood where “back” was.

The Realm of the Earthworm’s-Eye View where I had started this odyssey.

But it was different this time. Moving down into the darkness with the full knowledge of what lay above it, I no longer experienced the trepidation that I had when I was originally there. As the glorious music of the Gateway faded out and the pulse-like pounding of the lower realm returned, I heard and saw these things as an adult sees a place where he or she had once been frightened but is no longer afraid. The murk and darkness, the faces that bubbled up and faded away, the artery-like roots that came down from above, held no terror for me now, because I understood – in the wordless way I understood everything then – that I was no longer *of* this place, but only visiting it.

But *why* was I visiting it again?

The answer came to me in the same instantaneous, nonverbal way that the answers in the brilliant world above had been delivered. This whole adventure, it began to occur to me, was some kind of tour – some kind of grand overview of the invisible, spiritual side of existence. And like all good tours, it included all floors and all levels.

Once I was back in the lower realm, the vagaries of time in these worlds beyond what I knew on this Earth continued to hold. To get a little – if only a very little – idea of what this feels like, ponder how time lays itself out in dreams. In a dream, “before” and “after” become tricky designations. You can be in one part of the dream and know what’s coming, even if you haven’t experienced it yet. My “time” out beyond was something like that – though I should also underline that what happened to me had none of the murky confusion of our earthbound dreams, except at the very earliest stages, when I was still in the underworld.

How long was I there this time? Again I have no real idea – no way to gauge it. But I do know that after returning to the lower realm, it took a long time to discover I actually had some control over my course – that I was no longer trapped in this lower world. With concerted effort, I could move back up to the higher planes. At a certain point in the murky depths, I found myself wishing for the Spinning Melody to return. After an initial struggle to recall the notes, the gorgeous music, and the spinning ball of light emitting it blossomed into my awareness. They cut, once again, through the jellied muck, and I began to rise.

In the worlds above, I slowly discovered, to know and be able to think of something is all one needs in order to move toward it. To think of the Spinning Melody was to make it appear, and to long for the higher worlds was to bring myself there. The more familiar I became with the world above, the easier it was to return to it. During my time out of my body, I accomplished this back-and-forth movement from the muddy darkness of the Realm of the Earthworm's-Eye View to the green brilliance of the Gateway and into the black but holy darkness of the Core any number of times. How many I can't say exactly – again because time as it was there just doesn't translate to our conception of time here on Earth. But each time I reached the Core, I went deeper than before, and was taught more, in the wordless, more-than-verbal way that all things are communicated in the worlds above this one.

That doesn't mean that I saw anything like the whole universe, either in my original journey from the Earthworm's-Ey View up to the Core, or in the ones that came afterward. In fact, one of the truths driven home to me in the Core each time I returned to it was how impossible it would be to understand all that exists – either its physical / visible side or its (much, much larger) spiritual / invisible side, not to mention the countless other universes that exist or have ever existed.

But none of that mattered, because I had already been taught the one thing – the only thing – that, in the last analysis, truly matters. I had initially received this piece of knowledge from my lovely companion on the butterfly wing upon my first entrance into the Gateway. It came in three parts, and to take one more shot at putting it into words (because of course it was initially delivered wordlessly), it would run something like this:

*You are loved and cherished.  
You have nothing to fear.  
There is nothing you can do wrong.*

If I had to boil this entire message down to one sentence, it would run this way:

*You are loved.*

And if I had to boil it down further, to just one word, it would (of course) be, simply:

*Love.*

**Love is, without a doubt, the basis of everything.** Not some abstract, hard-to-fathom kind of love but the day-to-day kind that everyone knows – the kind of love we feel when we look at our spouse and our children, or even our animals. In its purest and most powerful form, this love is not jealous or selfish, but *unconditional*. This is the reality of realities, the incomprehensibly glorious truth of truths that lives and breathes at the core of everything that exists or that ever will exist, and no remotely accurate understanding of whom and what we are can be achieved by anyone who does not know it, and embody it in all of their actions.

Not much of a scientific insight? Well, I beg to differ. I'm back from that place, and nothing could convince me that this is not only the single most important emotional truth in the universe, but also the single most important *scientific* truth as well.

I've been talking about my experience, as well as meeting other people who study or have undergone near-death experiences, for several years now. I know that the term *unconditional love* gets bandied around a lot in those circles. How many of us can grasp what that truly means?

I know, of course, why the term comes up as much as it does. It's because many, many other people have seen and experienced what I did. But like me, when these people come back to the earthly level, they're stuck with words, and words alone, to convey experiences and insights that lie completely beyond the power of words. It's like trying to write a novel with only half the alphabet.

The primary hurdle that most NDE (near death experience) subjects must jump is not how to re-acclimate to the limitations of the earthly world – though this can certainly be a challenge – but how to convey what the love they experienced out there *actually feels like*.

Deep down, we already know. Just as Dorothy in *The Wizard of Oz* always had the capability to return home, we have the ability to recover our connection with that idyllic realm. We just forget that we do, because during the brain-based, physical portion of our existence, our brain blocks out, or veils, that larger cosmic background, just as the sun's light blocks the stars from view each morning. Imagine how limited our view of the universe would be if we never saw the star-spangled night time sky.

We can only see what our brain's filter allows through. The brain – in particular its left-side linguistic / logical part, that which generates our sense of rationality and the feeling of being a sharply defined ego or self – is a barrier to our higher knowledge and experience.

It is my belief that we are now facing a crucial time in our existence. We need to recover more of that larger knowledge *while living here on Earth*, while our brains (including its left-side analytical parts) are fully functioning. Science – the science to which I've devoted so much of my life – doesn't contradict what I learned up there. But far, far too many people believe it does, because certain members of the scientific community, who are pledged to the materialist worldview, have insisted again and again that science and spirituality cannot coexist.

They are mistaken. Making this ancient but ultimately basic fact more widely known is why I have written this book, and it renders all the other aspects of my story – the mystery of how I contracted my illness, of how I managed to be conscious in another dimension (spheres) for the week of my coma, and how I somehow recovered so completely – entirely secondary.

The **unconditional love** and acceptance that I experienced on my journey is the single most important discovery I have ever made, or will ever make, and as hard as I know it's going to be to unpack the other lessons I learned while there, I also know in my heart that sharing this very basic message – one so simple that most children readily accept it – is the most important task I have.

**“The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.**

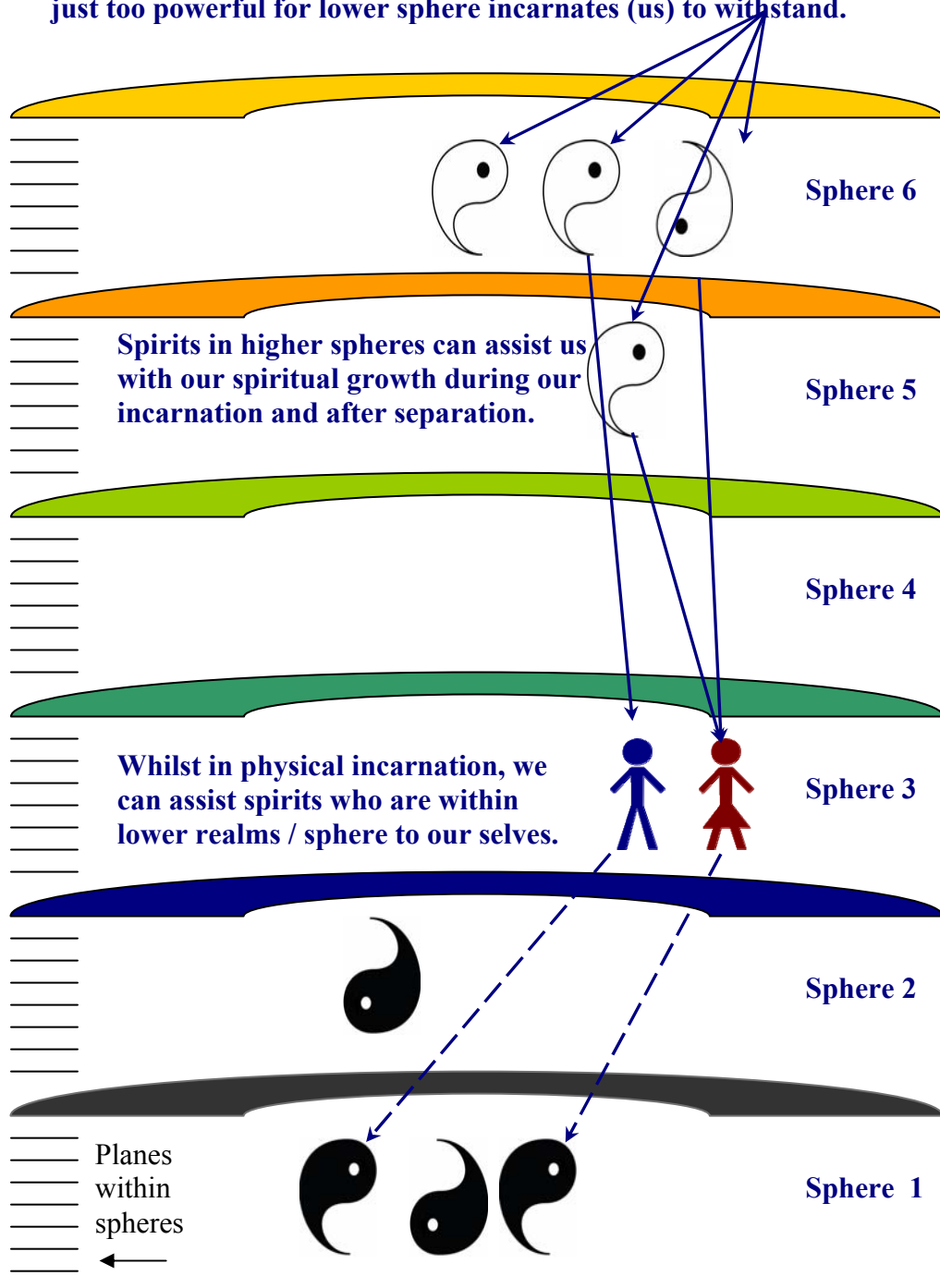
**“But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.”**

**P.6 Judas of Kerioth**

**Judas – August 19<sup>th</sup>, 2001**

**SPIRITUAL SUPPORT and DELIVERY PROCESS**

Divine Love spirits from the Celestial spheres 8 – infinity need an inter-mediatory who is a Divine Love spirit from the lower spheres to assist with our growth. Such higher sphere spirit’s direct energy is just too powerful for lower sphere incarnates (us) to withstand.



The second, fourth, six spirit spheres provide principally for mental and moral advancement, whereas, the third, fifth, seventh soul spheres provide predominantly for progress in obtaining Divine Love.

**MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 20 Soulgroups

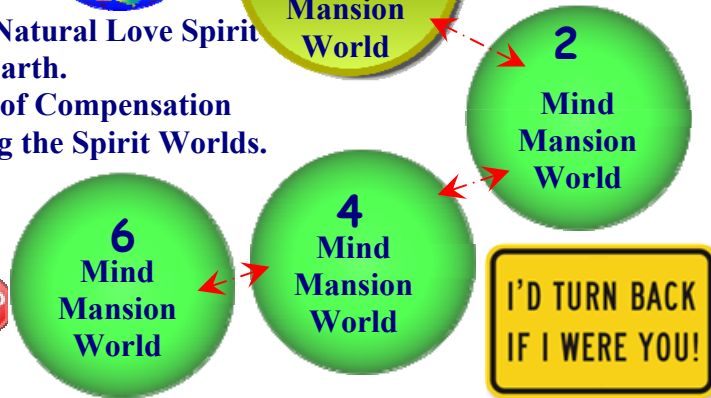


Rebellion and Default officially ended 31 January 2018



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.



Spheres in the heavens are not actually numbered, this is an indicative outline.



**Kingdom of God – Celestial Spheres**  
Spheres 8 to infinity.

**Celestial Kingdom / Heavens and where you become an angel, all one with God. Immortality is achieved with the receipt of Divine Love and subsequently access to the Celestial Heavens, then the Eternal Spheres and then the Spheres of Paradise.**

**Sphere of Transition:**

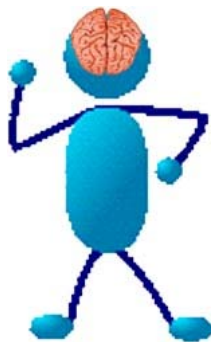
**Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8<sup>th</sup> Sphere, and then on upwards on the Divine Love path.**

**Kingdom of Man – Spirit World**

**Spheres 1 – 6**

**Sphere 6 is the highest progression that can be achieved on the natural love path.**

**This is not the domain of angels. Sphere 1 is the earth plane where all souls arrive upon shedding the material body.**



**The kingdom of God is in his heart, God’s divine truth reaching his soul transforming him**



**The kingdom of man is in his head, what he believes, is his own truth.**



### **The GIFT of FORGETTING:**

The view of human consciousness held by most scientists today is that it is composed of digital information – data, that is, of essentially the same kind used by computers. Though some bits of this data – seeing a spectacular sunset, hearing a beautiful symphony for the first time, even falling in love – may feel more profound or special to us than the countless other bits of information created and stored in our brains, this is really just an illusion. All bits are, in fact, qualitatively the same. Our brains model outside reality by taking the information that comes in through our senses and transforming it into a rich digital tapestry. But our perceptions are just a model – not reality itself. An *illusion*.

This was, of course, the view I held as well. I can remember being in medical school and occasionally hearing arguments that consciousness is nothing more than a very complex computer program. These arguments suggested that the ten billion or so neurons firing constantly within our brains are capable of producing a lifetime of consciousness and memory.

To understand how the brain might actually block our access to knowledge of the higher worlds, we need to accept – at least hypothetically and for the moment – that the brain itself doesn't produce consciousness. That it is, instead, a kind of reducing valve or filter, shifting the larger, non-physical consciousness that we possess in the non-physical worlds down into a more limited capacity for the duration of our mortal lives. There is, from the earthly perspective, a very definite advantage to this. Just as our brains work hard every moment of our working lives to filter out the barrage of sensory information coming at us from our physical surroundings, selecting the material we actually need in order to survive, so it is that forgetting our trans-earthly identities also allows us to be “here and now” far more effectively. Just as most of ordinary life holds too much information for us to take in at once and still get anything done, being excessively conscious of the worlds beyond the here and now would slow down our progress even more. If we knew too much of the spiritual realm now, then navigating our lives on Earth would be an even greater challenge that it already is. (That's not to say we shouldn't be conscious of the worlds beyond now – only that if we are extra-conscious of their grandeur and immensity, they can prevent action while still here on Earth.) From a more purpose-focused perspective (and I now believe the universe is nothing if not purposeful), making the right decisions through our free will in the face of the evil and injustice on Earth would mean far less if we remembered, while here, the full beauty and brilliance of what awaits us.

Why am I so sure of all this? For two reasons. The first is that I was shown it (by the beings who taught me when I was in the Gateway and the Core), and the second is because I actually experienced it. While beyond my body, I received knowledge about the nature and structure of the universe that was vastly beyond my comprehension. But I received it anyhow, in large part because, with my worldly preoccupations out of the way, I had room to do so. Now that I'm back on Earth and remember my bodily identity, the seed of that trans-earthly knowledge has once again been covered over. And yet it's still there. I can feel it, at every moment. It will take years, in this earthly environment, to come to fruition. That is, it will take me years to understand, using my mortal, material brain, what I understood so instantly and easily in the brain-free realms of the world beyond. Yet I'm confident that with hard work on my part, much of that knowledge will continue to unfold.

To say that there is still a chasm between our current scientific understanding of the universe and the truth as I saw it is a considerable understatement. I still love physics and cosmology, still love studying our vast and wonderful universe. Only I now have a greatly enlarged conception of what “vast” and “wonderful” really mean. The physical side of the universe is as a speck of dust compared to the invisible and spiritual part. In my past view, *spiritual* wasn't a word that I would have employed during a scientific conversation. Now I believe it is a word that we cannot afford to leave out.

From the Core, my understanding of what we call “dark energy” and “dark matter” seemed to have clear explanations, as did far more advanced components of the makeup of our universe that humans won’t address for ages.

This doesn’t mean, however, that I can explain them to you. That’s because – paradoxically – I am still in the process of understanding them myself. Perhaps the best way of conveying that part of the experience is to say that I had a foretaste of another, larger kind of knowledge: one I believe human beings will be able to access in ever larger numbers in the future. But conveying that knowledge now is rather like being a chimpanzee, becoming a human for a single day to experience all of the wonders of human knowledge, and then returning to one’s chimp friends and trying to tell them what it was like knowing several different Romance languages, the calculus, and the immense scale of the universe.

Up there, a question would arise in my mind, and the answer would arise at the same time, like a flower coming up right next to it. It was almost as if, just as no physical particle in the universe is really separate from another, so in the same way there was no such thing as a question without an accompanying answer. These answers were not simple “yes” or “no” fare, either. They were vast conceptual edifices, staggering structures of living thought, as intricate as cities. Ideas so vast they would have taken me lifetimes to find my way around if I had been confined to earthly thought. But I wasn’t. I had sloughed off that earthly style of thought like a butterfly breaking from a chrysalis.

I saw the Earth as a pale blue dot in the immense blackness of physical space. I could see that Earth was a place where good and evil mixed, and that this constituted one of its unique features. Even on Earth there is much more good than evil, but Earth is a place where evil is allowed to gain influence in a way that would be entirely impossible at higher levels of existence. That evil could occasionally have the upper hand was known and allowed by the Creator as a necessary consequence of giving the gift of free will to beings like us.

Small particles of evil were scattered throughout the universe, but the sum total of all that evil was as a grain of sand on a vast beach compared to the goodness, abundance, hope, and unconditional love in which the universe was literally awash. The very fabric of the alternate dimension is love and acceptance, and anything that does not have these qualities appears immediately and obviously out of place there.

But **free will** comes at the cost of a loss or falling-away from this love and acceptance. We are free; but we are free beings hemmed all around by an environment conspiring to make us feel that we are not free. **Free will** is of central importance for our function in the earthly realm: a function that, we will all one day discover, serves the much higher role of allowing our ascendance in the timeless alternate dimension. Our life down here may seem insignificant, for it is minute in relation to the other lives and other worlds that also crowd the invisible and visible universes. But it is also hugely important, for our role here is to **grow toward the Divine**, and that growth is closely watched by the beings in the worlds above – the souls and lucent orbs (those beings I saw originally far above me in the Gateway, and which I believe are the origin of our culture’s concept of angels).

We – the spiritual beings currently inhabiting our evolutionarily developed mortal brains and bodies, the product of the Earth and the exigencies of the Earth – make the real choices. True thought is not the brain’s affair. But we have – in part by the brain itself – been so trained to associate our brains with what we think and who we are that we have lost the ability to realise that we are at all times much more than the physical brains and bodies that do – or should do – our bidding.

True thought is pre-physical. This is the thinking-behind-the-thinking responsible for all the genuinely consequential choices we make in the world. A thinking that is not dependent on linear deduction, but that moves fast as lightning, making connections on different levels, bringing them together. In the face of this free, inner intelligence, our ordinary thought is hopelessly slow and fumbling. It's this thinking that catches the football in the end zone, which comes up with the inspired scientific insight or writes the inspired song. The subliminal thinking that is always there, when we really need it, but that we have all too often lost the ability but to access and to believe in. Needless to say, it's the thinking that sprang into action the evening of the skydive when Chuck's parachute opened up suddenly beneath me.

To experience thinking outside the brain is to enter a world of instantaneous connections that make ordinary thinking (i.e., those aspects limited by the physical brain and the speed of light) seem like some hopelessly sleepy and plodding event. Our truest, deepest self is completely free. It is not crippled or compromised by past actions or concerned with identity or status. It comprehends that it has no need to fear the earthly world, and therefore, it has no need to build itself up through fame or wealth or conquest.

**This is the true spiritual self that all of us are destined someday to recover. But until that day comes, I feel, we should do everything in our power to get in touch with this miraculous aspect of ourselves – to cultivate it and bring it to light. This is the being living within all of us right now and that is, in fact, the being that God truly intends us to be.**

How do we get closer to this genuine spiritual self? By manifesting love and compassion. Why? Because love and compassion are far more than the abstractions many of us believe them to be. They are real. They are concrete. And they make up the very fabric of the spiritual realm.

In order to return to that realm, we must once again become *like* that realm, even while we are stuck in, and plodding through, this one.

One of the biggest mistakes people make when they think about God is to imagine God as impersonal. Yes, God is behind the numbers, the perfection of the universe that science measures and struggles to understand. But – again, paradoxically – Om (God) is “human” as well – even *more* human than you and I are. Om understands and sympathizes with our human situation more profoundly and personally than we can even imagine because Om knows what we have forgotten, and understands the terrible burden it is to live with amnesia of the Divine for even a moment.

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

**“The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.**

**“But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father’s Grace.”**

**P.6 Judas of Kerioth**

**Judas – August 19<sup>th</sup>, 2001**

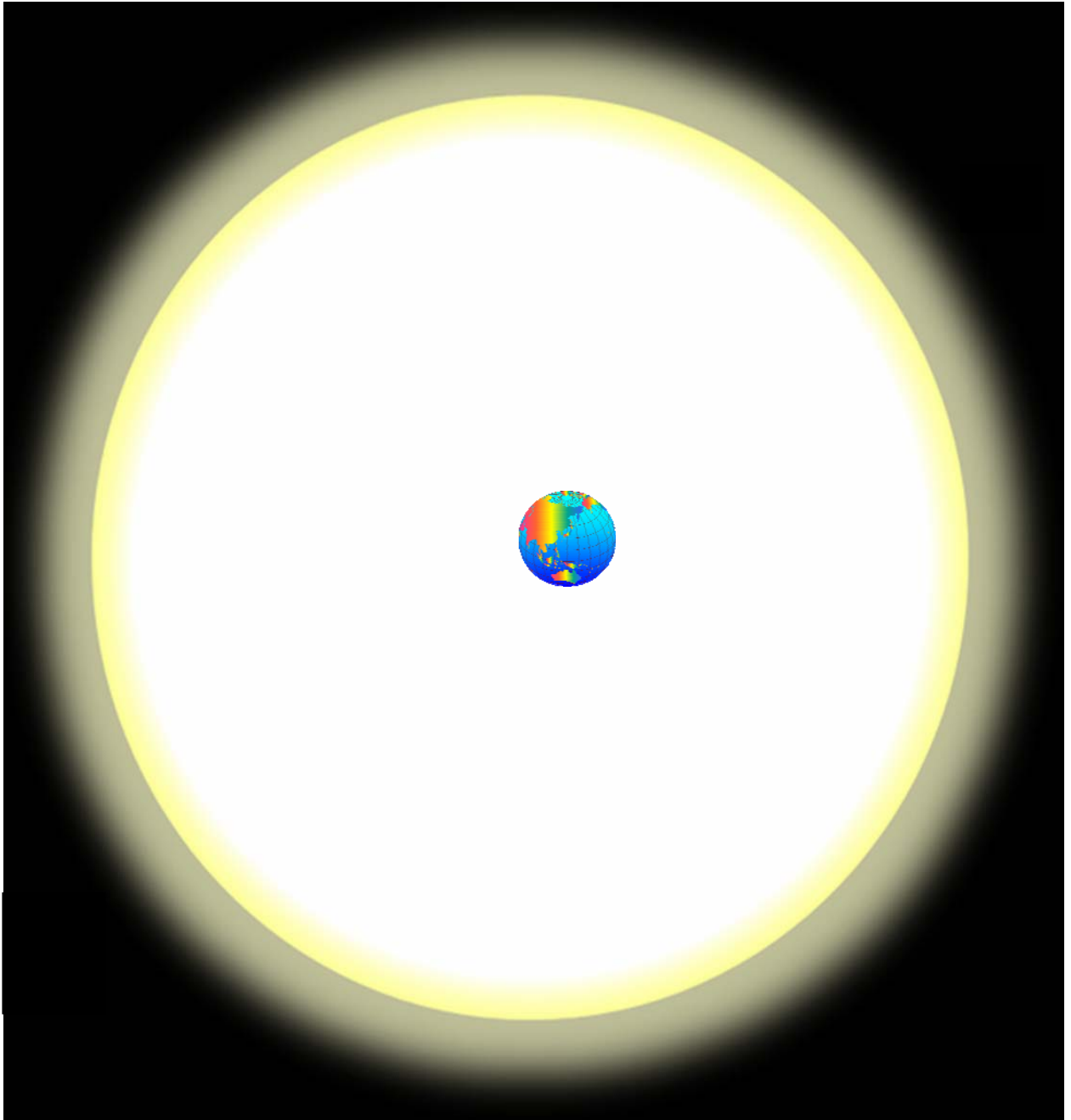
	<b>NATURAL LOVE Path</b>	<b>DIVINE LOVE Path</b>	
	the development of		
	<b>LOVE</b> from within <b>YOURSELF</b>	<b>LOVE</b> comes from <b>GOD</b> longing for Gods love to enter me	
	<b>BELIEF: I am God</b>	<b>BELIEF: I am a Child of God</b>	
	Intellectual <b>D</b> evelopment Growth of a Super <b>MIND</b> <b>MIND DOMINANCE</b>	<b>E</b> motional Intelligence Growth emotionally in <b>LOVE</b> <b>SOUL DOMINANCE</b>	
	<b>S</b> elf <b>R</b> eliance (Trust of Self) Making it happen	<b>G</b> od <b>R</b> eliance (Relationship with God) Powerful creation from Desire	
	<b>ADULT-LIKE</b> CONTROL OVER EVERYTHING	<b>CHILD-LIKE</b> <b>FREEDOM &amp; SPONTANEITY</b> Authentic emotional expression	
	<b>KINGDOM OF MAN</b> <b>LIMITED PROGRESSION</b> Peak possibility 6th sphere <b>MORAL DEVELOPMENT</b>	<b>KINGDOM OF GOD</b> <b>INFINITE PROGRESSION</b> Transformation from Human to the Divine <b>The Experience of New Birth</b> <b>LESSONS IN LOVE AT ONE MENT</b> emotionally real Connectedness through Truth	
	Lateral experience of the Universe <b>MILLIONS OF PATHS of</b> <b>PERSONAL TRUTH</b>	<b>ONE PATH TO GOD</b> <b>THE WAY OF THE HEART</b> <b>CHRIST CONSCIOUSNESS</b>	
	<b>REMAIN IN FALSE BELIEFS</b> <b>MAKING DETAILED PLANS</b> <b>JUSTIFICATION</b>	<b>GIVE UP ALL MY ERRORS</b> <b>LONGING FOR GODS TRUTH TO ENTER</b> <b>HUMILITY</b>	
	no soulmate union	soulmate union	

**‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’**

Quote from Celestial Spirit Richard 22 Dec 2012

**The FIRST NATURAL LOVE SPHERE:**

- a. Blankets Earth.
- b. The first Sphere is like this surrounding the orbit of Earth around the Sun.
- c. The first natural love sphere is massive. Should all the souls that have been individualised and are yet to be individualised (incarnated) remain within the 1<sup>st</sup> natural love sphere, then there is more than sufficient capabilities for them to be accommodated.



**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

WOMEN are OUR SPIRITUAL LEADERS!

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home

We men generally CAN'T do our Healing by ourselves, we need the help of a woman and / or women.

Women ARE the true spiritual leaders, they ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.

If we men want to ever Heal ourselves of our wrongness, well we are going to have to fully honour women, we are going to have to ASK THEM FOR HELP. Women innately know the Way of their Feelings, whereas we men don't. Men spirits in the Divine Love Healing mansion worlds (3, 5, 7), all do receive help from fellow Healing women spirits or from higher Celestials (Sphere of Love 1, 2, 3). They all do, all of them. Not one man has done his Healing as Marion or Samantha are doing theirs. James Moncrief 20 Aug 17

The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause.

And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.

Helen 20 Aug 17

The 1<sup>st</sup> and 2<sup>nd</sup> Mind Mansion natural love Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



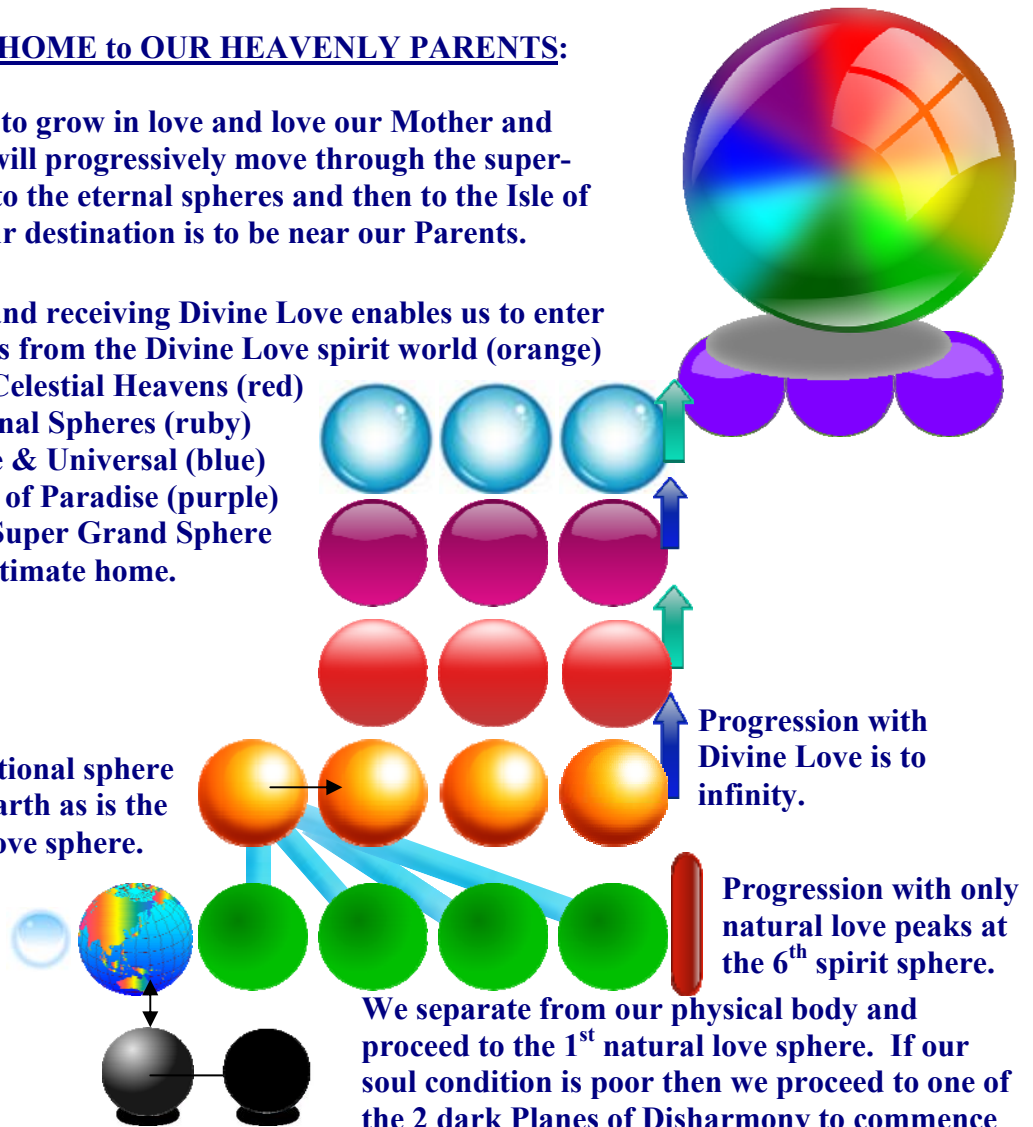


**JOURNEY HOME to OUR HEAVENLY PARENTS:**

As we learn to grow in love and love our Mother and Father, we will progressively move through the super-universe, into the eternal spheres and then to the Isle of Paradise, our destination is to be near our Parents.

Asking for and receiving Divine Love enables us to enter and progress from the Divine Love spirit world (orange) then to the Celestial Heavens (red) then to Eternal Spheres (ruby) then Infinite & Universal (blue) then to Isles of Paradise (purple) then to the Super Grand Sphere being our ultimate home.

Pre-incarnational sphere is close to Earth as is the 1<sup>st</sup> natural love sphere.



Progression with Divine Love is to infinity.

Progression with only natural love peaks at the 6<sup>th</sup> spirit sphere.

We separate from our physical body and proceed to the 1<sup>st</sup> natural love sphere. If our soul condition is poor then we proceed to one of the 2 dark Planes of Disharmony to commence our development of love.

**Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

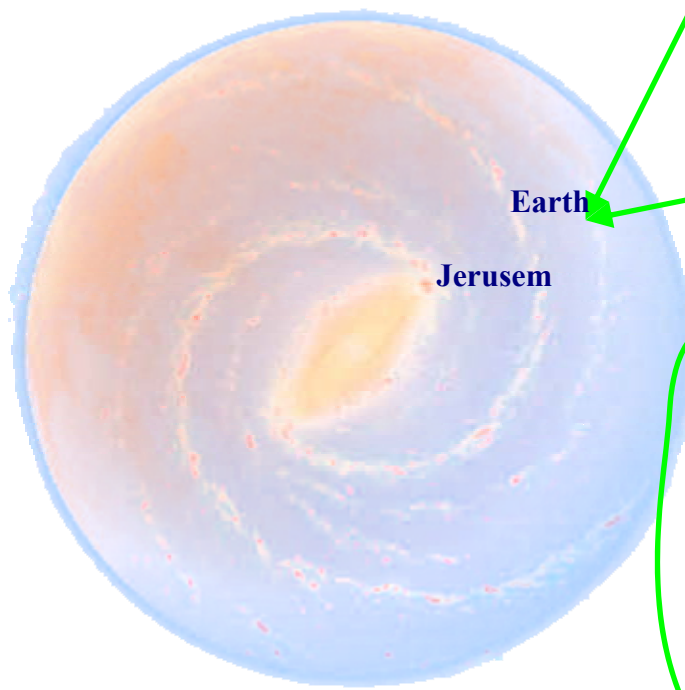
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**OUR JOURNEY:** From Earth's spirit spheres, to the Celestial Heavens, then to the Eternal Spheres, and then home to the Isle of Paradise.

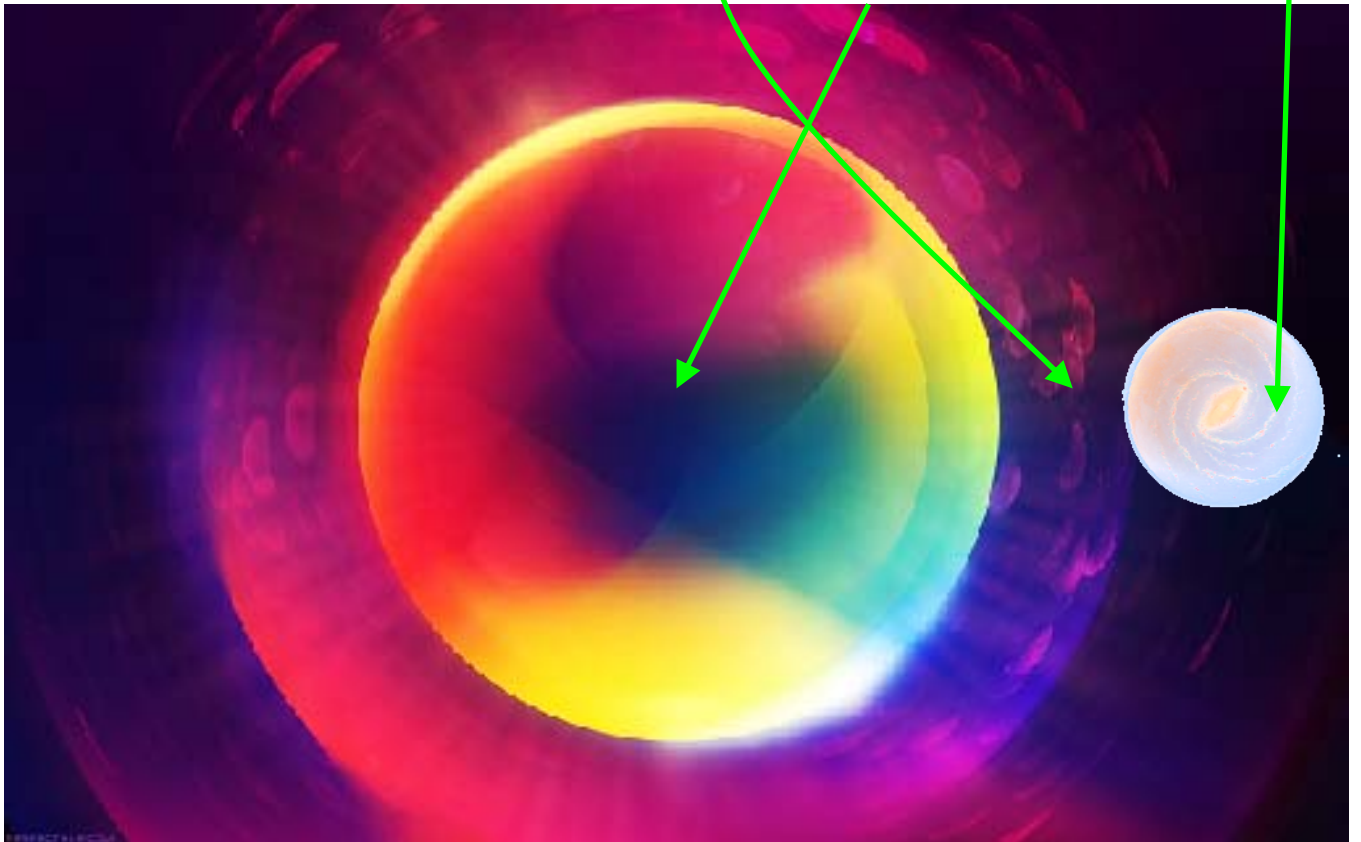


Spirit spheres 1 – 7 (Mansion Worlds) may be within Earth's solar system, each sphere connecting to the next, including the 2 dark spheres being planes of Earth. The 3 Celestial Heaven spheres maybe close to Jerusalem and isolated for us humans.

Eternal Spheres, 3 progressive spheres, and the Infinite and Universal Spheres interact through out the super universe.

Spheres of Paradise also contain 3 major progression spheres and these are located within the region that circulates around the Super Grand Sphere.

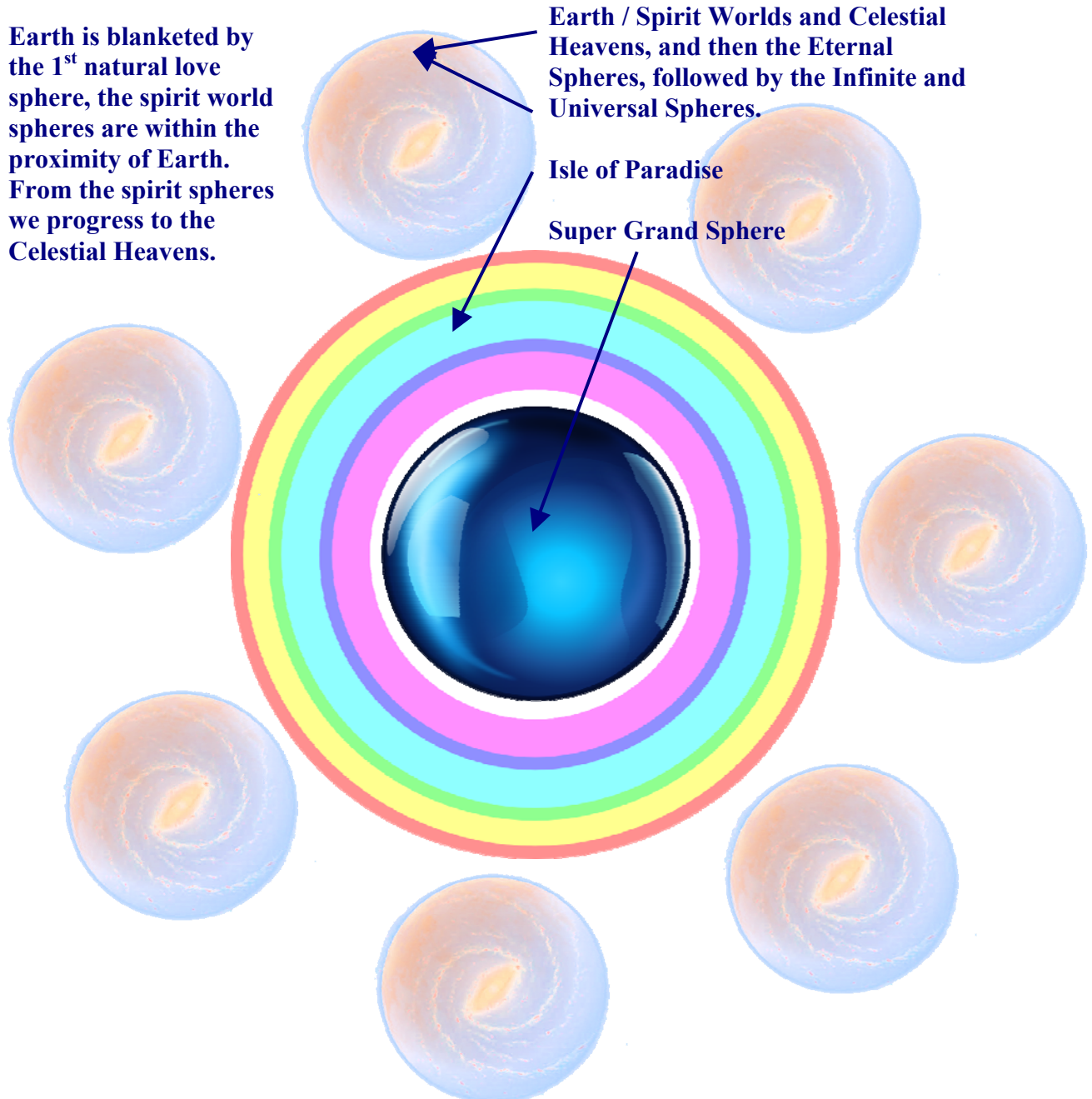
From the 3 progression spheres within the Isle of Paradise, then to the Super Grand Sphere that surrounds the Mother and Father's Sphere and Soul of our Parents. At this point we have arrived Home!



**OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:**

Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens. From there we progress to the Eternal Spheres, then to the Infinite and Universal Spheres and then towards the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Heavenly Parents, Mother and Father.

Our progression is always towards the centre, nearer to the centre of our super-universe.



**A SPECIAL KIND of NDE:****(Near Death Experience)**

Now, however, I knew. I understood that I was part of the Divine and that nothing – absolutely nothing – could ever take that away. The (false) suspicion that we can somehow be separated from God is the root of every form of anxiety in the universe, and the cure for it – which I received partially within the Gateway and completely within the Care – was the knowledge that nothing can tear us from God, ever. This knowledge – and it remains the single most important thing I've ever learned – robbed the Realm of the Earthworm's-Eye View of its terror and allowed me to see it for what it really was: a not entirely pleasant, but no doubt necessary, part of the cosmos.

(We have nothing of the Divine within us until we pray for, ask for, and receive Divine Love into our souls. It is our soul that is our 'real you', our personality, our memory, our intelligence, etc.)

From reading other NDE (near death experience) literature, that the penetration of the higher worlds (spheres) tends to be a gradual process and requires that the individual release his or her attachments to whatever level he or she is on before going higher or deeper.

That was not a problem for me, because throughout my experience I had no earthly memories whatsoever, and the only pain and heartache I felt was when I had to return to Earth, where I'd begun.

For those still stuck in the trap of scientific scepticism, I recommend the book *Irreducible Mind: Toward a Psychology for the 21<sup>st</sup> Century*, published in 2007.

Our focus on exponential progress in science and technology has left many of us relatively bereft in the realm of meaning and joy, and of knowing how our lives fit into the grand scheme of existence for all eternity.

[Diagrams have been added from other sources]



**Your spirit body looks very much like your physical body.**

## MAP OF CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

**Fields above 500** - Love based  
 Awareness  
 Beingness  
 More feeling based activity, rather than intellectual – in the mind based activity.  
 Energy field of Love is the one that heals.

**Fields 200 – 500** - Doingness  
 Intellectual  
 Life is seen as an opportunity.  
 We are getting closer and closer to truth.

**Fields below 200** - Wanting & Craving  
 Desiringness  
 Fear Driven  
 Self hatred  
 Grudges  
 Values are based on what one has.  
 The energy fields below 200 are opposed to life, do not support life.

	The Final Doorway to Enlightenment / Nonduality	
	The beginning of the Nonlinear Realm	500
	The beginning of Integrity	200

**Characteristics of first Spheres: MoC**

Truth is always told: Sphere 3 651 – 780

Desires are followed: Sphere 2 500 – 650

Actions are fear based: Sphere 1 1 – 499  
 1<sup>st</sup> is the Earth Plane

Transcending 499 and progressing to 500 is the point of progressing through the Gateway to enter the Core in the Spirit World.

## **ENERGY HEALING – SPIRITUAL HEALING:**

Spirit Communication – Spiritual Healing

P.95 ‘Celestial Messages’ via James Padgett 1914-1920  
compiled and edited by Gregory Boster  
<http://new-birth.net/padgetts-messages/>

*I am here, Jesus.*

Healing can be effected as a result of rapport between the ailing person and the spirit healer; for when rapport has thus been established, the spirit can work directly upon the sick person without an intervening healer being required to accomplish the healing.

The sick person, however, through faith and prayer, must lift himself above the Earth plane (1<sup>st</sup> sphere) and attain a spiritual condition on a level which is free of Earth bound spirits, and make possible the contact between the spirit healer and the patient. In spiritual healing of this nature, the patient actually raises himself to a spiritual plane higher than the one in which he lives, and comes into rapport with spirit healers. The Divine Love is not necessary for this healing, for many of these spiritual healers on Earth are devoid of it. Although they are on a high moral and spiritual plane, it is difficult for them to contact mortals who have not been able through lack of faith and prayers to arise out of their Earth plane condition to establish the rapport with these spirit healers. This is accomplished through a soul operation and is not a mere mental operation that does not come from the heart. That is why the usual genuine mediums of the Earth plane, which have no faith or understanding of this law, can do no more than to attract undeveloped Earth plane spirits who have no healing powers.

Again, the patient may be healed through a doctor or a healer whose state of soul is such that he can attract spirit healers, yet the mortal healer can do little or nothing unless the positive faith of the sick man has raised him above the Earth condition I have mentioned, so that the spirit healer can make rapport with him.

When the rapport is made, the therapeutic forces and energies from the spirit world can operate through the mortal doctor or healer. By their transmitting these forces and energies through him into the ailing person, can become the means by which the spirit healing is brought about. The spirit healing is actually a therapy or therapeutic treatment which is transmitted from the spirit healers to the patient and acts upon the diseased organs to restore them. But the transmittal is made possible only through faith, which acts as a conductor of these healing forces and energies.

Thus you see, that faith that God will help and heal, will not only set in motion these healing forces and energies of the spirit world, if God so wills it, but puts the patient into condition which will allow these healers to do their work, either directly or through the intermediary of a mortal who by his own spiritual condition may attract them. Faith is the reality which permits the healer and the sick person to make contact with the spiritual forces. That is why I was able to heal many sinners because of their faith in my healing powers, and not heal righteous persons who had no faith. He who has faith creates a condition whereby evil spirits – who intensify or cause the distress to persist – are separated from their control and contact with the patient, so that the spirit healers can make the rapport and operate.

Those who have no faith, and who therefore die as a result of the delay, have died not because of any injustice or lack of mercy or loving kindness on the part of the Father, but because their own lack of faith in His ability to help and heal prevented Him from accomplishing the ministry which He so lovingly entrusted to His ministering angels. The prayers and faith of a loved one for the sick person is very often of great benefit to the sick. The sincere love on the part of a mortal not only attracts the spirit healers, but enables the healing force to reach the sick person through the love which is communicated to the ailing person. It may sound strange to you, yet it is so, that often the best physician is he who in

earnestness of love and sympathy and sorrow sends his prayers to the Father in all faith that He will accomplish what man and medicine cannot do.

Such rapport between spirits obedient to God's word and the prayerful soul is brought about that the healing forces are transmitted through him to the sick person he loves. Here is a case of the development of the natural human love operating on a high plane to make spirit contact for healing purposes without the Divine Love. With His Love operating through man, as in my own case in Palestine when I healed, the healing is far more efficacious and rapid and I was able to perform instantaneous healing.

In a word, I wish to show that love and faith and prayer in earnestness of soul are realities which perform feats of healing that are impossible under conditions wherein cold intellect and Earth plane conditions prevail.

The question arising when death occurs to a loved one, in spite of prayers to the Father for His Love, is one which is important for greater understanding of the Father's wonderful Love and Mercy. The healing process depends, aside from spiritual forces which are engaged in the work, upon the condition of the organ or part of the mortal body to be restored. An organ which when not under pathological attack is in good functioning order, can be restored to its pristine health regardless of the pathological disturbance from which it may suffer. That is to say, a healthy organ when attacked by disease or by some condition causing a malfunction of the organ may be restored to normal use through the method of spiritual healing. But where an organ through normal use has reached a condition of weakness or malfunctioning because of that use, it simply means that the organ in question has reached a point in mortal living where it can no longer be restored to a condition of health it no longer enjoys, and any effort on the part of spirit healers to restore that organ would be fruitless and without purpose.

To be sure, spiritual healing can delay death and restore organs to a state of previous health, but spiritual healing is powerless to provide the body with new organs in place of those which have through normal functioning ceased to function in a way to maintain bodily health. This is what one may describe as old age in the mortal world, which is a normal process for all, except that it may occur at different times with various individuals, depending upon many factors, which need not be discussed here. When this condition is reached, it simply means that the person's time has come to relinquish his tired and worn out body and enter upon his new life in the spirit world. Again, I repeat that the spirits cannot rejuvenate an organ and restore that organ to a condition of health which it did not originally possess prior to the fatal onset of the disease due to degeneration and decay through normal use in mortal living.

I urge you, as well as all interested sincerely and wholeheartedly in helping to save and cure a loved one or one's self, to obey the spiritual laws of soul reality and seek the Father, His Mercy, His Loving Kindness, and greater than these, His very Essence and Nature in His Divine Love which He seeks to pour out on whomsoever craves it in earnest longing of soul. This power was mine and that of my disciples when I was on Earth, may be yours for the sincere asking. Pray again and again for the Father's Love and At-onement with Him.

*Jesus of the Bible and Master of the Celestial Heavens*

## SPIRITUAL HEALING

There are two types of healing. One is through a spirit, a spirit healing the person and usually a 6<sup>th</sup> sphere spirit will do that or a spirit on the natural love path under the 6<sup>th</sup> sphere who might be connected to the person healing them. That is why most healing is happening that way, like John of God who is healing, is through this method.

There is no spiritual healing occurring via the method that Jesus used in the first century at this point (2010). That spiritual healing is when you become at-one with God. Basically because of that connection with God, God can direct Her energy or love through you to heal anyone you choose as long as that person is open to dealing with their emotion that created that injury. The willingness to experience the emotion has to come first. If you are connecting with God whilst on the divine love pathway, God does not expect you to go through the Law of Compensation anymore. God's grace is now passing through you.

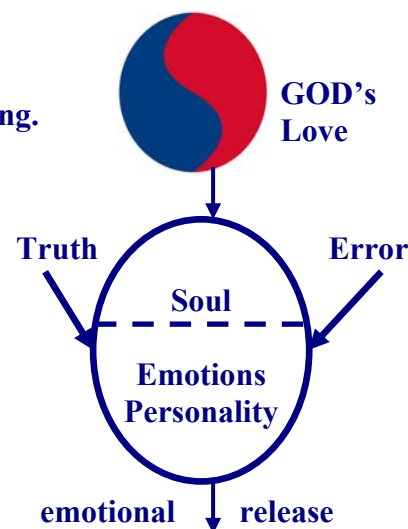
You need to be open to experience the emotion of it.

It is the faith connection that matters in healing more than anything.

The emotional release occurs during the process.

As the soul grows, it can experience more and more emotions.

11 Oct 08



John of God (real name is Joao Teixeira De Faria), though he has received some Divine Love, does not understand the principals of Divine Love, and many times he is healing with the help of natural love spirits. But he also has a Divine Love spirits helping him heal, and the Divine Love spirit, which is one of the softest and gentlest spirits around him, will only heal when the person being healed wants to deal with the causal emotions. John of God does not understand why this most sensitive spirit around him actually comes to him under certain circumstances. The circumstances are that that spirit can connect through John of God to heal that person who wants to deal with their causes.

16 May 09



A sixth sphere spirit can return the physical body of a human back to the health condition that prevailed for that person prior to the onset of a current illness.

## **INTRODUCTION for a HEALTH CARER ENGAGING ASSISTANCE:**

**Q. So who am I to heal?**

**A. Not everyone. Most everyone, but some will need temporary relief from their pain, so that they can do other things with their lives, things they couldn't do when they are in such pain. But as you can understand, that pain will still be there in their soul, and one day they will have to return to it and bring it up and out of themselves, all so they can see what truths it has hidden in it for them.**

For some people its necessary they feel all of their pain because it will help them to understand more about themselves when they come to see the truth of their pain. So they need the pain in order to find the truth, it all being around the wrong way because of the rebellion against truth.

Possibly the angels might work more closely with people should those people embrace at least the notion of doing their Feeling Healing.

**Q. So, what is Feeling Healing?**

**A. It's looking to your feelings for the truth of what's making you feel bad:**

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors, making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

And it's possible that you can heal everything that's wrong with you on all levels through your Feeling Healing.

Relief may occur immediately, or it may be later on. One's heartfelt longing for the truth of their feelings, being good and as well as bad, will determine what assistance is provided. It is up to each individual to want to live true to their feelings, and when they do, then the angels will be there to help them.

**Release one's pain through expressing one's feelings.**



**in conjunction with**

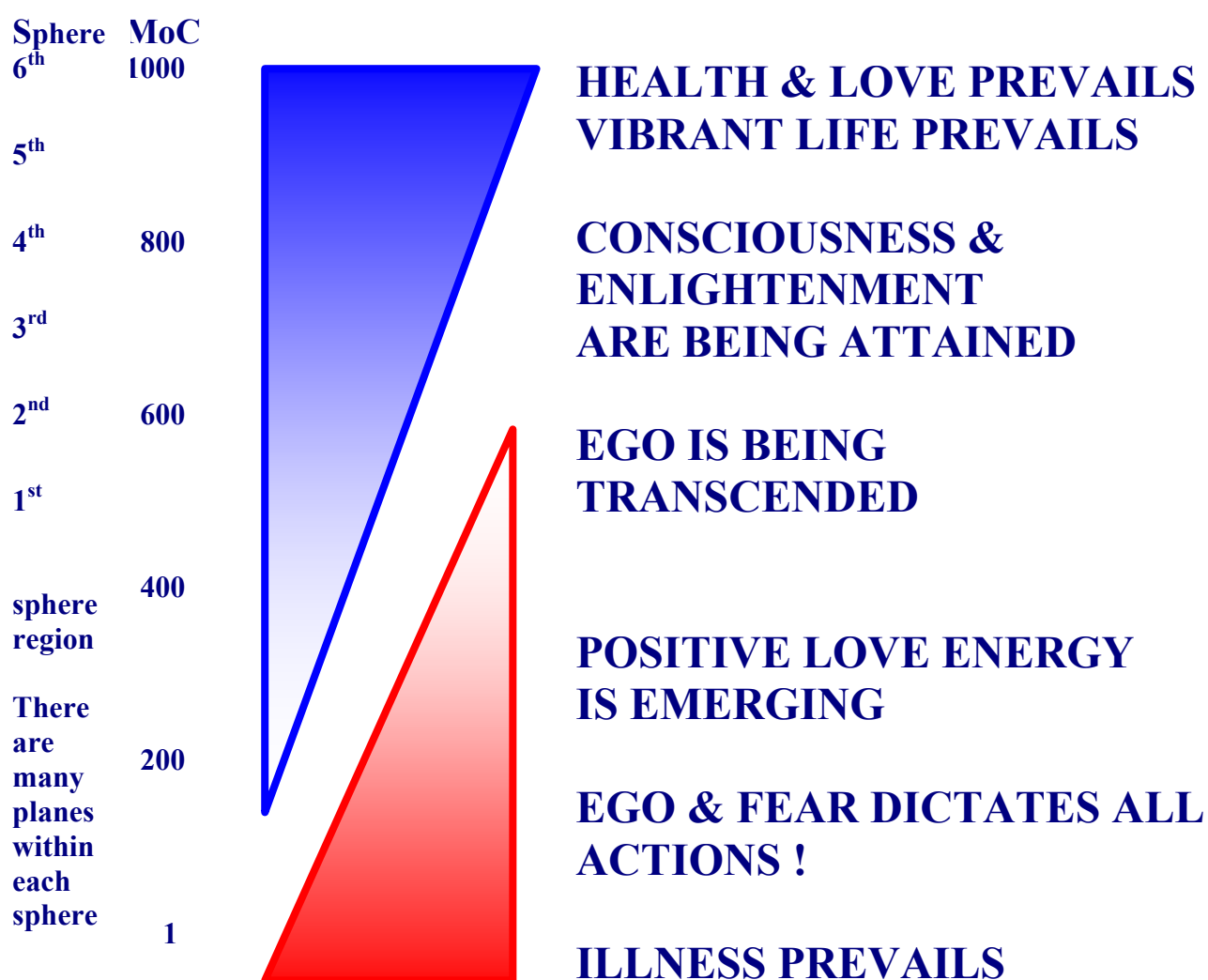
**Longing for the Truth when also longing for Divine Love.**

MoC 1,500



## **“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



An earnest longing for God’s Divine Love is the only way to transform one’s soul. This longing is severely retarded and the reception of God’s love impaired whilst one’s soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential to progress from the lowest levels of the 1<sup>st</sup> sphere and also to progress through the 2<sup>nd</sup> sphere. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

**Jesus** ~ *Your praying must be more frequent*

October 25, 1918

P.99 Little Book of Truths by Joseph Babinsky

P.592 Book of Truths for full context

Pray often to the Father so that the love may become more abundant and your soul becomes permeated with it.

Think thoughts of spiritual things, until by such thinking your brain may become, as it were, infused with these thoughts and thereby receive those qualities that will make its conditions similar to the conditions of the minds of the spirits who may wish to form a union with your brain and convey through it the truths that are waiting to be delivered.

Your praying must be more frequent so that the soul may be freed from the condition that the existence in it, of thoughts not spiritual, be established.

You need not wait for occasions or opportunities to formally pray, but all during the day and evening let your longings for the love ascend to our Mother and Father.

A long prayer, or even one formulated into words, is not necessary, as in order to have the longing it is not necessary that words should be used to give it form.

The longing may be rapid as unformed thought, and as effective for our Parents to catch, as I may say.

The longing is quicker than the thought, and the answer to the same will come with as much certainty and love as if you were to put the longing into the most exact form.

Prayers of this kind ascend to our Mother and Father and are heard and answered, and, by a law of your relationship to our Heavenly Parents, affect the qualities of the brain in the way of preparing it for the union with the spiritual thoughts of the spirits who desire to write, as I have stated.

Your thoughts of spiritual things or of the truths of the spirit world, as they have already been revealed to you, and especially those which pertain to the love and mercy of our Mother and Father, and to Their will, in their passing and operating, also affect the qualities of the brain so as to produce the condition which is so necessary for our rapport.



**Oliver Twist asked:**

**Please sir, I want some more!**

**Maybe we should simply ask:**

**Please Mother and Father, I want some more!**

**Long and pray for Divine Love and it will loosen the errors / injuries / unhealed / denied trapped and/or inherited emotions, resulting in a flowing out of these negative embellishments within one's soul as Divine Love flows in – Divine Love being the greatest gift in all the universe.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Cause No Harm** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



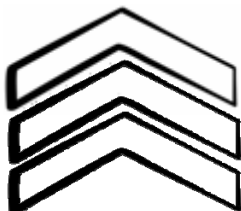
to enter the  
Celestial Heavens:



## The CHOICE is OURS to MAKE:

### Celestial Truth:

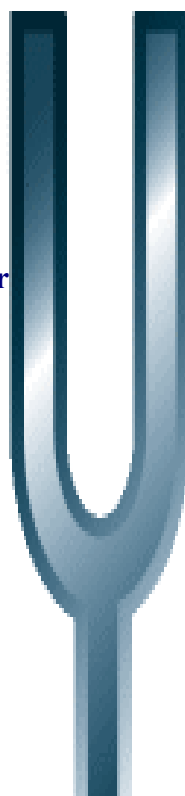
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complimented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

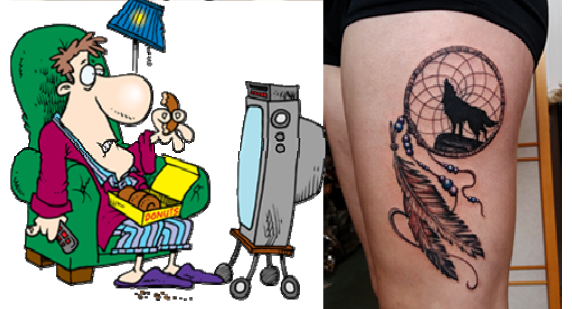
Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

No more of this! We can escape this man made hell!



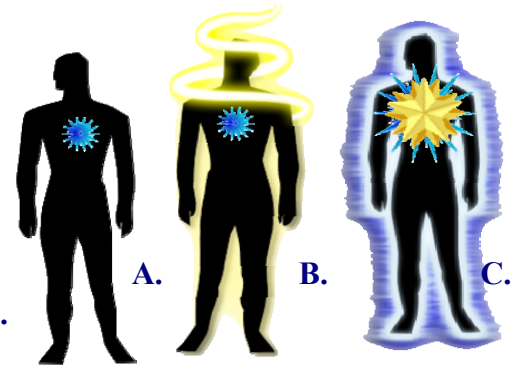
# EVOLUTION

**STEP 1: Longing for and receiving Divine Love:**

**A. Soul within spirit body prior to receiving Divine Love.**

**B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.**

**C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.**



## STEP 2: FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002 – ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked  
22 March 2017  
Law of Compensation quickening  
22 May 2017  
Rebellion and Default officially ended  
31 January 2018





# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

## FEELING TRUTH

It's the Truth that we are seeking. It's the End Point.

The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

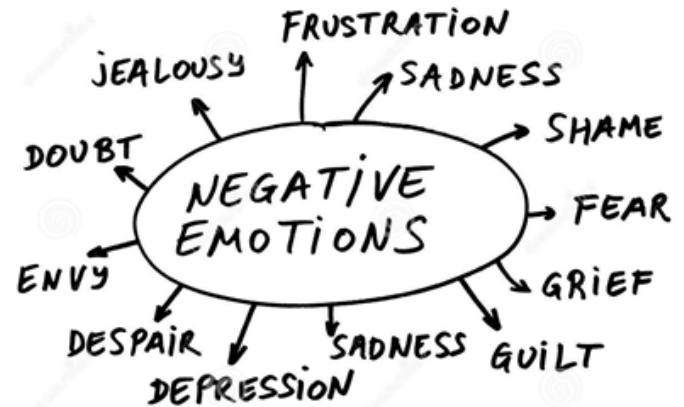
Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**



**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



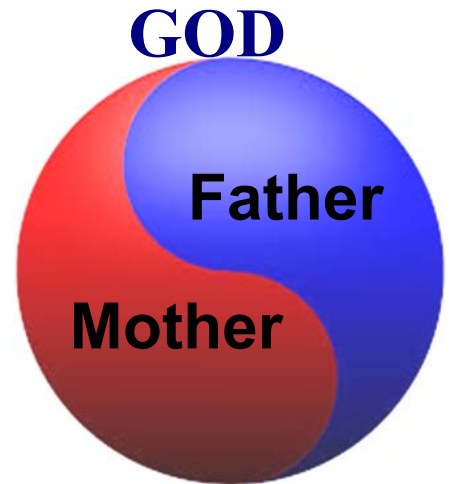
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**





To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

#### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

**Death & Dying series:**[www.pascashealth.com](http://www.pascashealth.com)

Pascas Care Death & Dying – Getting the Hell out of Here  
 Pascas Care Healing & Recovery – Death & Dying  
 Pascas Care Death & Dying – Always Karen  
 Pascas Care Death & Dying – Post-Mortem Journal  
 Pascas Care Death & Dying – Proof of Heaven  
 Pascas Care – Life in the World Unseen  
 Pascas Care – Spheres 1 – 7  
 Pascas Care – Spheres 1 – Infinity  
 Gift from God – Wisdom Teachings III – Prof. Joseph H. Salyards  
 Gift from God – series regarding asking for and receiving Divine Love  
 Gift from God – Greatest Thing in All the Universe  
 Pure Spirit – More Alive than Ever

**Other recommended reading:**

**The Book of Truths** – Joseph Babinsky  
**containing the Padgett Messages**  
**Little Book of Truths** – Joseph Babinsky  
**The Human Soul** – Joseph Babinsky  
**The Truth** – Werner Voets  
**Through the Mists** – Robert James Lees  
**The Life Elysian** – Robert James Lees  
**The Gate of Heaven** – Robert James Lees  
**Life in the World Unseen** – Anthony Borgia  
**Gone West** – J M S Ward  
**Post Mortem Journal** – Jane Sherwood  
**Proof of Heaven** – Eben Alexander  
**After Death / Letters from Julia** – William T Stead  
**Thirty Years Among the Dead** – Carl A Wickland  
**A Wanderer in the Spirit Land** – Franchezzo  
**Judas Messages** – <http://new-birth.net/dlindex.htm>  
**Judas of Kerioth** – Geoff Cutler  
**The Richard Messages** – James Reid  
**The Divine Universe** – Zara Borthwick & Nicholas Arnold  
**Shining toward Spirit vol I, II, III** – Zara & Nicholas

Major references:

[www.lulu.com](http://www.lulu.com)[www.amazon.com](http://www.amazon.com)

Book of Truths edited by Joseph Babinsky

Revelations via Dr Daniel Samuels

Judas of Kerioth via Geoff Cutler

The Richard Messages via James Reid

The Divine Universe via Zara Borthwick &amp; Nicholas Arnold

Shining toward Spirit vol I, II, III via Zara &amp; Nicholas

**“The Earth is a mere image of the realities of the spirit world, and exists only as the nursery for the individualising of the soul.”**

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health: <http://www.pascashealth.com/index.php/library.html>

Spiritual Development: <http://new-birth.net/spiritual-subjects/>

Padgett Books: <http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

## James Moncrief's books, the Padgett Messages and The Urantia Book at:

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

#### **James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,043

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

### **PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

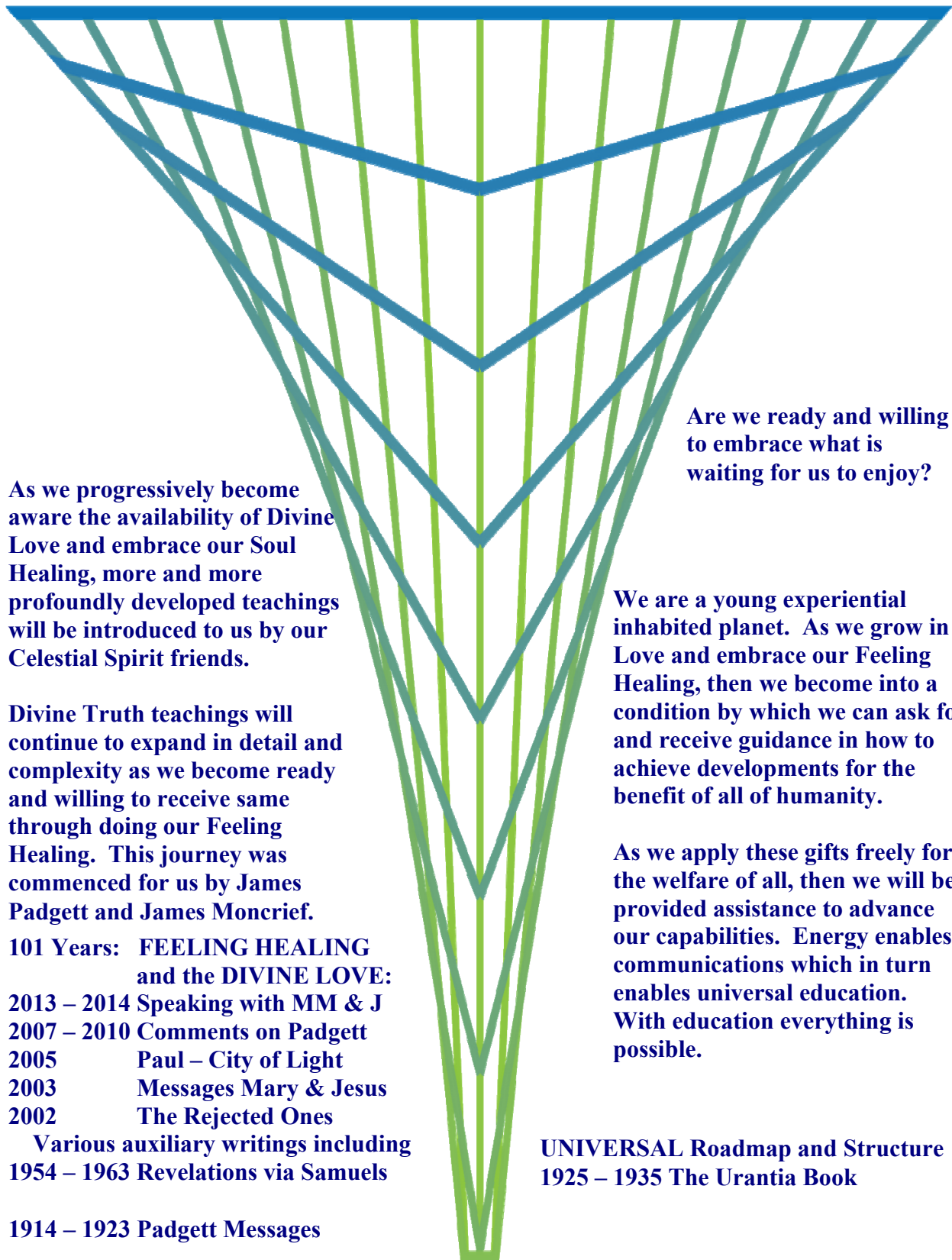
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

### **MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



*People look for miracles to cure disease which is ONLY the removal of the effect of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.