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2 January 2023

## Nature Spirits Prior Life

Nothing in nature has multiple physical lives. A blade of grass, a leaf of a tree, a microbe, bacteria, mould, as well as all fish, insects, animals and bird only have one physical life. Their physical experience is added to their natural intelligence and collectively, a wide diversity of life from nature is drawn together to form what unfolds to be a Nature Spirit.

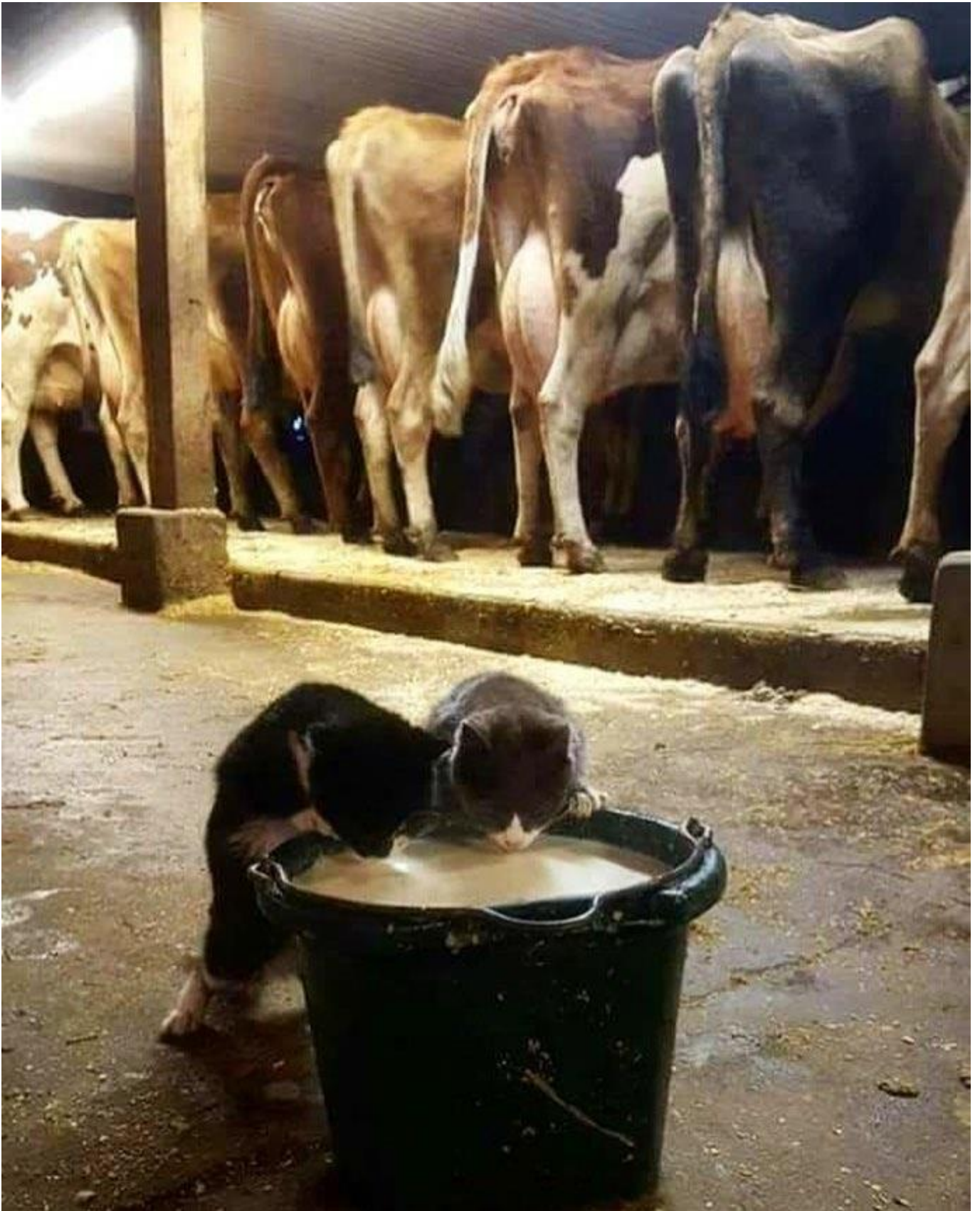
Verna, a Nature Spirit, is the drawn together of some 500 billion life forces, half having aquatic experiences and the other half having terrestrial experiences.

Thus, our pets do not have any further physical life experiences or individual spirit life experiences. When we enter our own journey in the spirit Mansion Worlds, we do not meet our cherished pets, our faithful companions be it have been a cat, dog or horse, but if we need such companionship then a class of spirit will present itself as your companion pet that you long for.

A Nature Spirit is typically the amalgamation of around 500 billion life experiences and intelligences that we of humanity observe and experience during our physical life on Earth before also becoming spirit personalities. Everything that lives in nature will go on and be reconstituted into a Nature Spirit.



These kitties know that “fresh is best!”



**A dog with his pals!**



This domesticated cat freely approached this lion in the wild and they immediately became companions to the great amazement and relief of observers who anticipated the cat's danger to be beyond its survival.



**Terror is the pinnacle of fear – breath !**



**Wonders of nature – all within nature is with natural intelligence and natural love:**

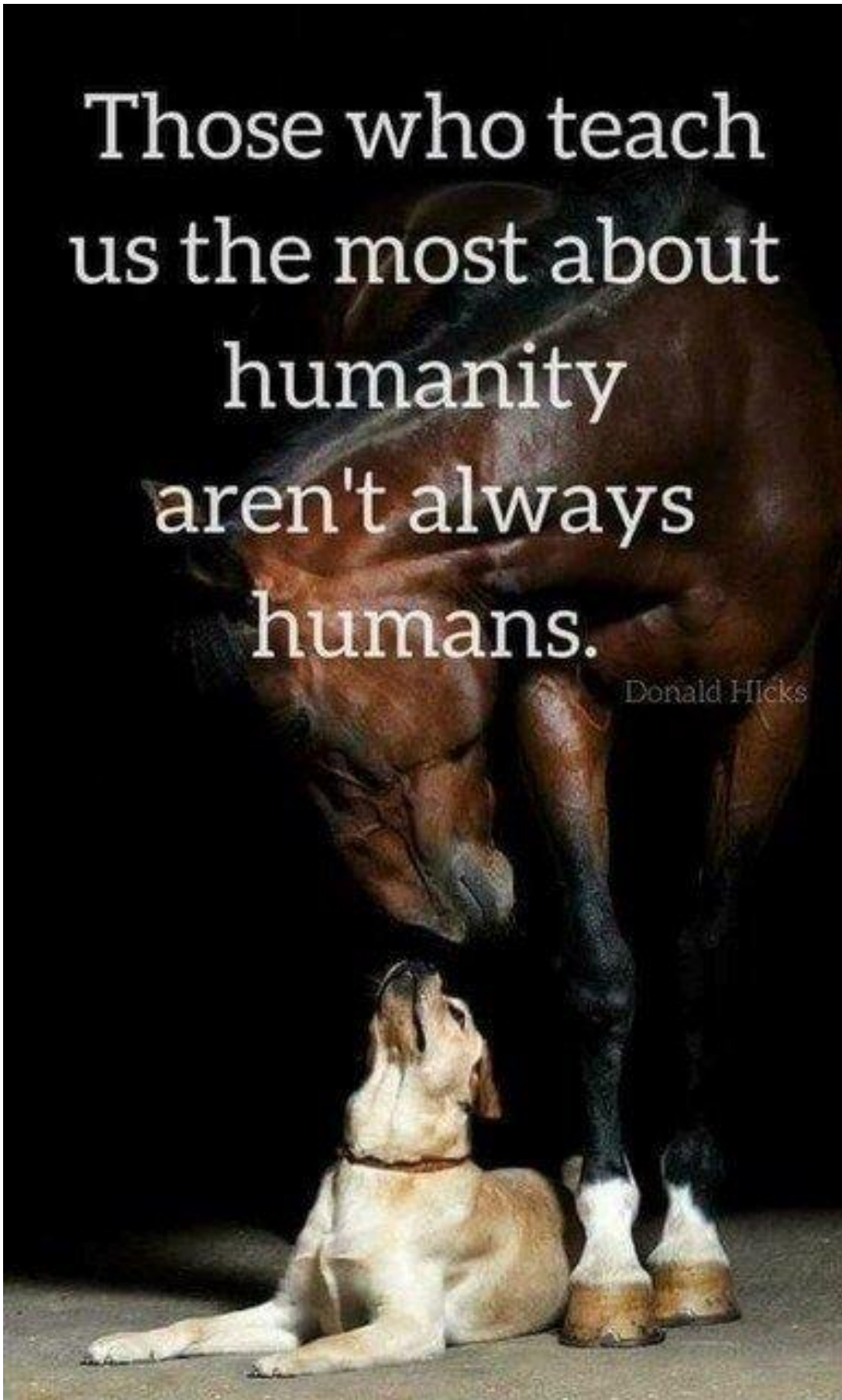




<https://thesecretgardenofpets.quora.com/>

Those who teach  
us the most about  
humanity  
aren't always  
humans.

Donald Hicks





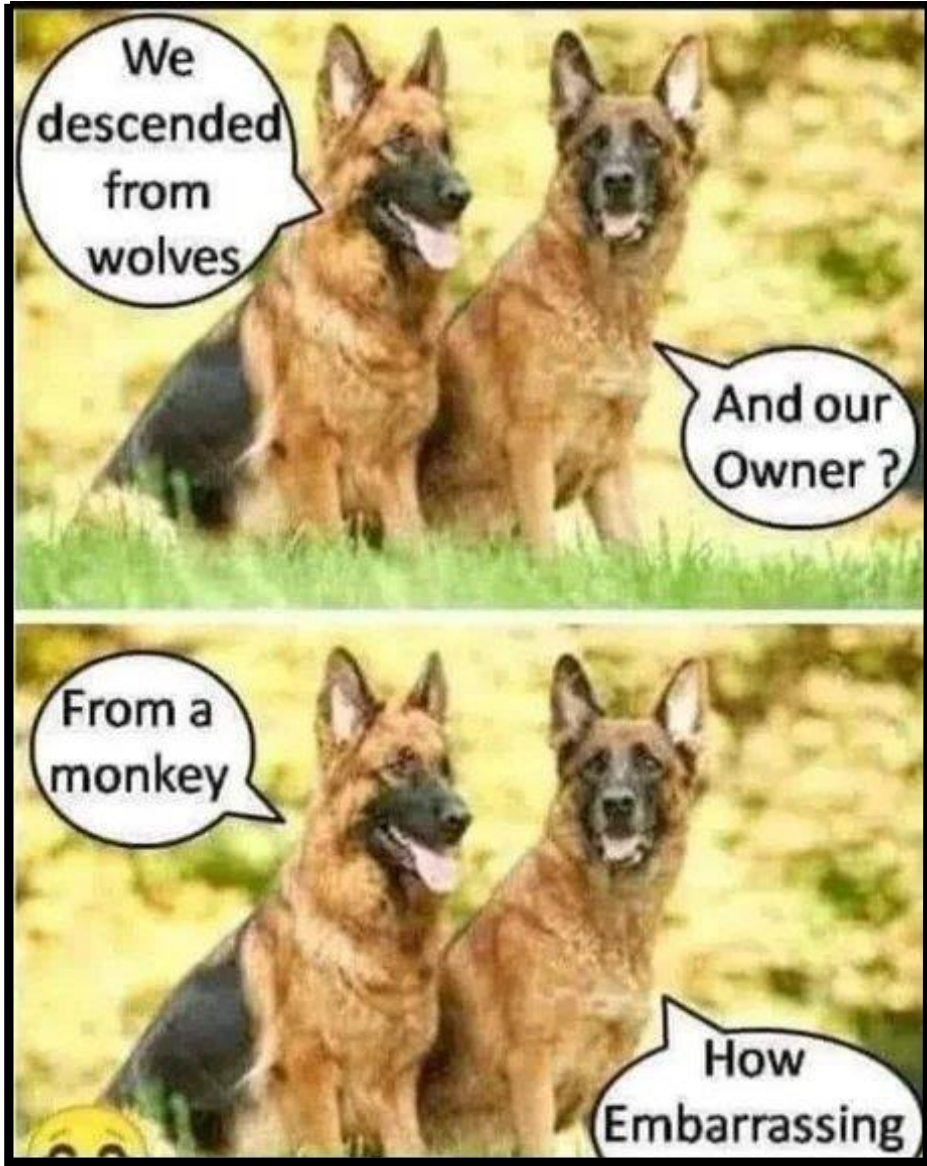






**All that lives in nature take their experiences into being Nature Spirits!**





Smart kitty:



The owner of the photo says: He knocked on the windshield of the car and he looked hungry, so I gave him an orange and he went.. I followed him a little to find him going to another monkey as if he was telling him that I was distributing oranges to find him coming towards me, but the strange thing was that he smiled that smile at me as if he was thanking me and then left ♥□ Then I realized that we are not the only ones who feel on this planet.. all creatures feel like us...♥□ The owner of the photo says: He knocked on the windshield of the car and he looked hungry, so I gave him an orange and he went.. I followed him a little to find him going to another monkey as if he was telling him that I was distributing oranges to find him coming towards me, but the strange thing was that he smiled that smile at me as if he was thanking me and then left ♥□ Then I realised that we are not the only ones who feel on this planet.. all creatures feel like us...♥□



<https://journeyintothewild.quora.com/>

Snowflake was the only known albino gorilla ever seen, and spent his time at the Barcelona Zoo in Spain. He lived a long life, eventually succumbing to an unusual form of skin cancer. Thousands flocked to the zoo to see him in his last months, where he'd become a phenomenon and obviously one of the main attractions. He fathered twenty-two offspring, seeing only six make it to adulthood—and not one of them shared his amazing skin tone.

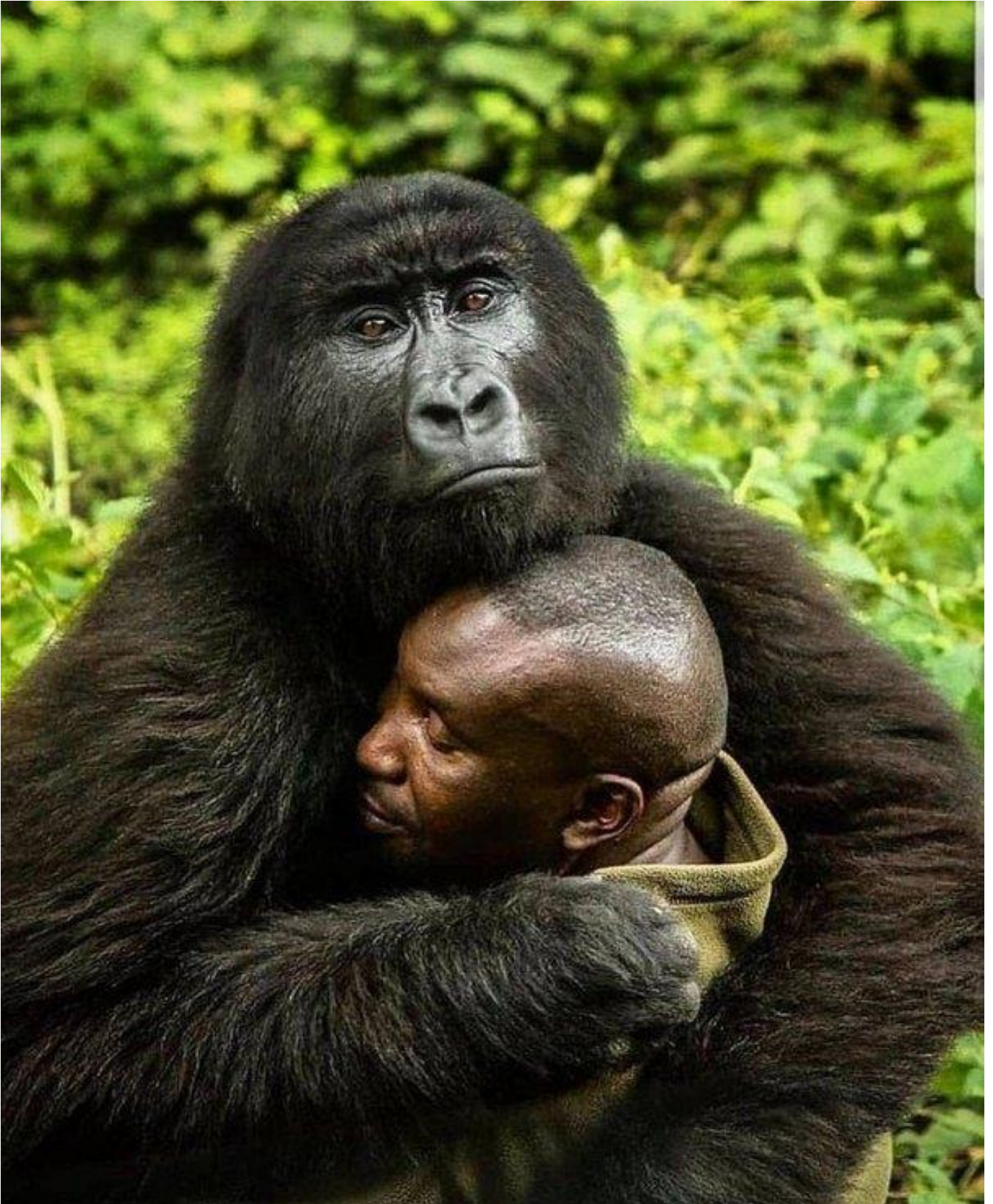


## MORAL COMPASS





**The ranger has been caring for this gorilla since a baby.**





## **And this is nature's love for us:**

### **EVERYTHING that has LIFE has a NATURAL INTELLIGENCE – EVERYTHING!**

As we heal ourselves of our personal Rebellion and Default, our childhood suppression and repression, we will become progressively more and more open and interacting with all of nature. Our nature spirits will begin to make themselves known and interactive. We will find that through them we can communicate with anything of nature.

This week CNN released a photo taken by the photographer Anil Prabhakar in the forest in Indonesia. The image showed: An orangutan, currently under threat of extinction in Indonesia, stretched out his hand to help a geologist who fell into a mud pool during his search. When the photographer uploaded the photo, he wrote this as a caption:

“In a time when the concept of humanity dies, animals lead us to the principles of humanity.”

20 September 2021



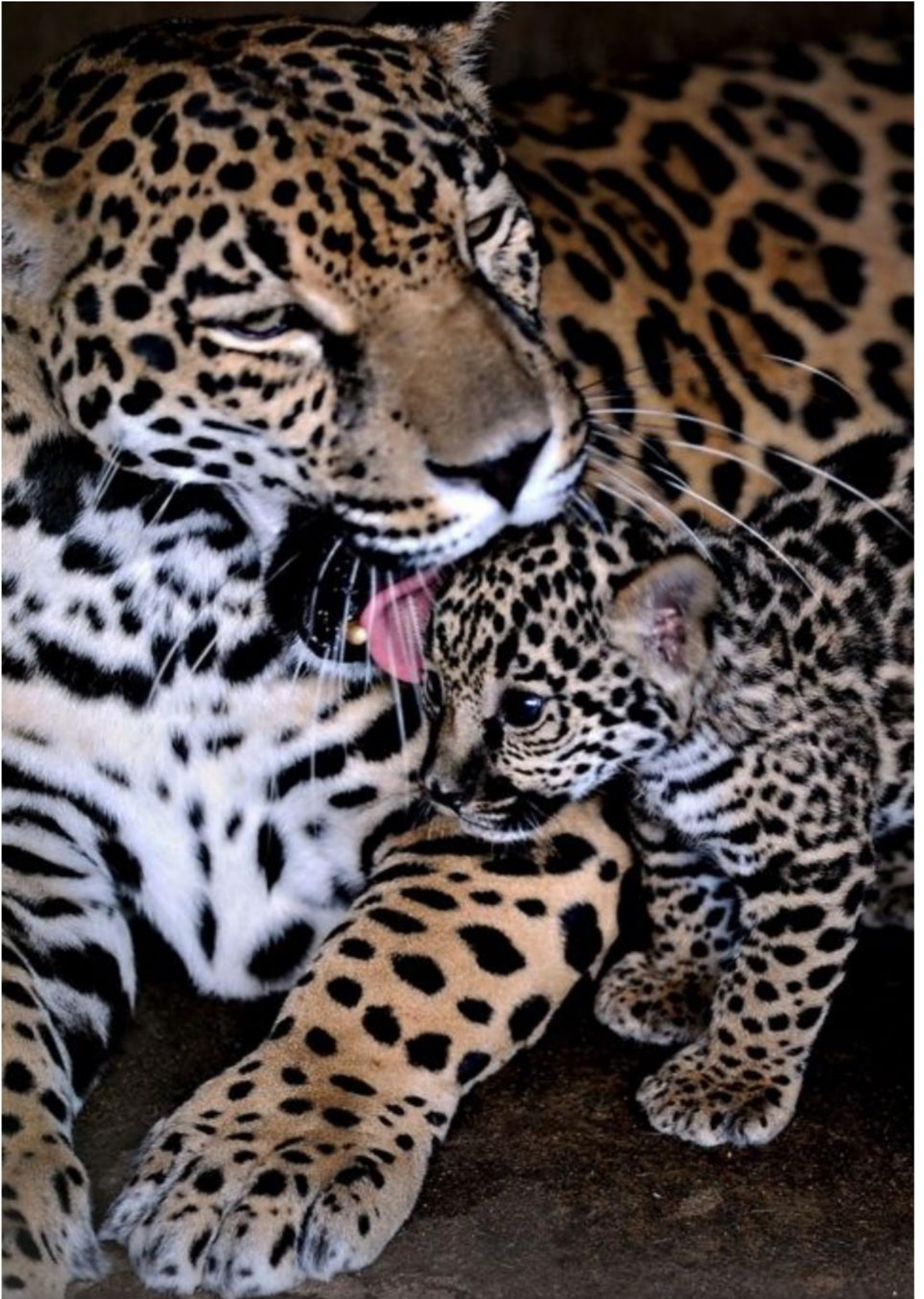
Most mammals have rather poor colour vision, so there's no point wearing display colours your prospective mate can't see. However, primates like us have good colour vision, and primates often have strikingly colourful fur and skin. This is a red-shanked douc. They are endemic to Laos, Vietnam and Cambodia. <https://www.quora.com/>



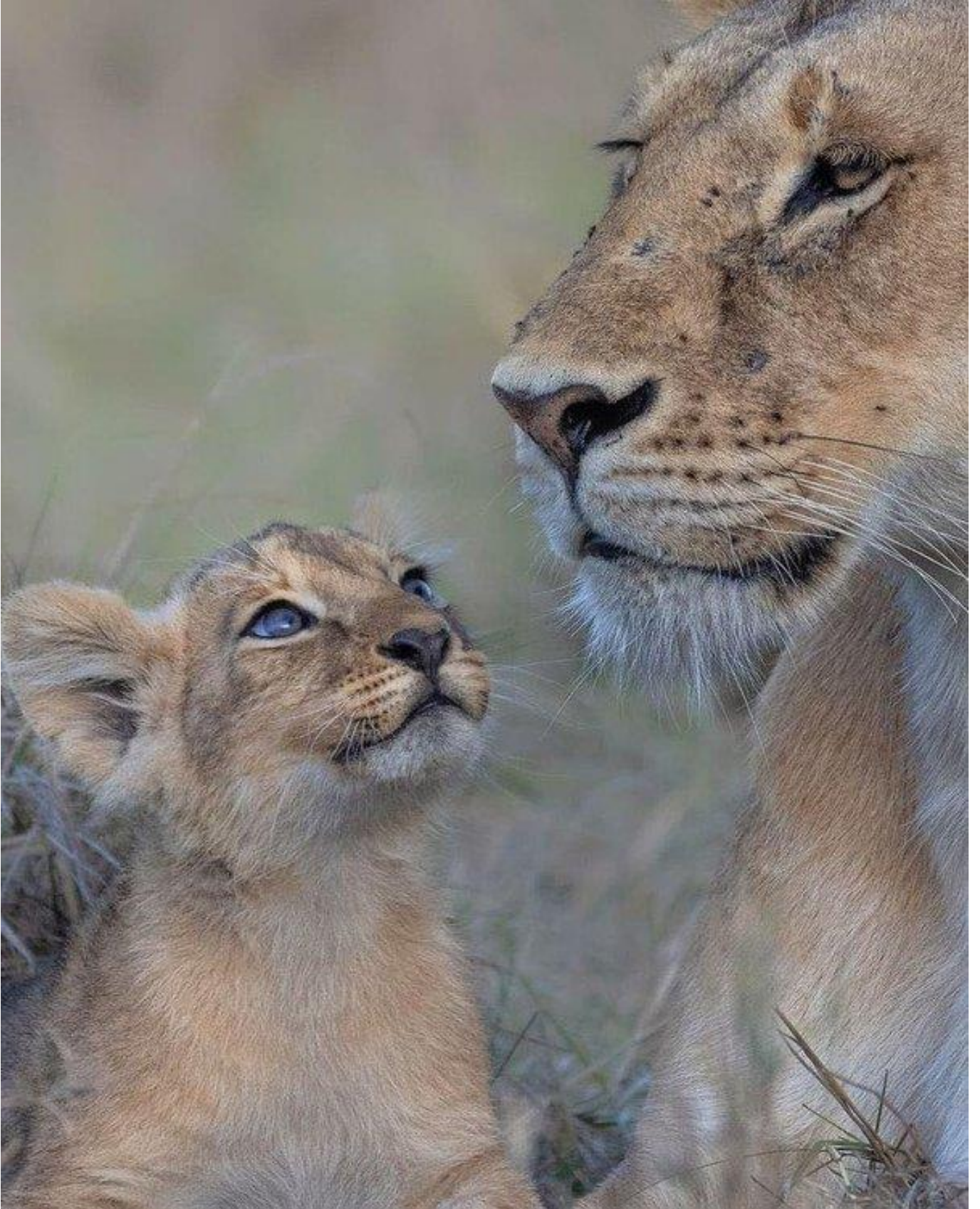
### **Like mother, like daughter – like father, like son!**

Seven-week-old leopard cub nuzzling mother at the Jao reserve in the Okavango Delta in Botswana. Young leopards learn to hunt from their mother and become ready for the independent life at the age of 2 years.





<https://journeyintothewild.quora.com>

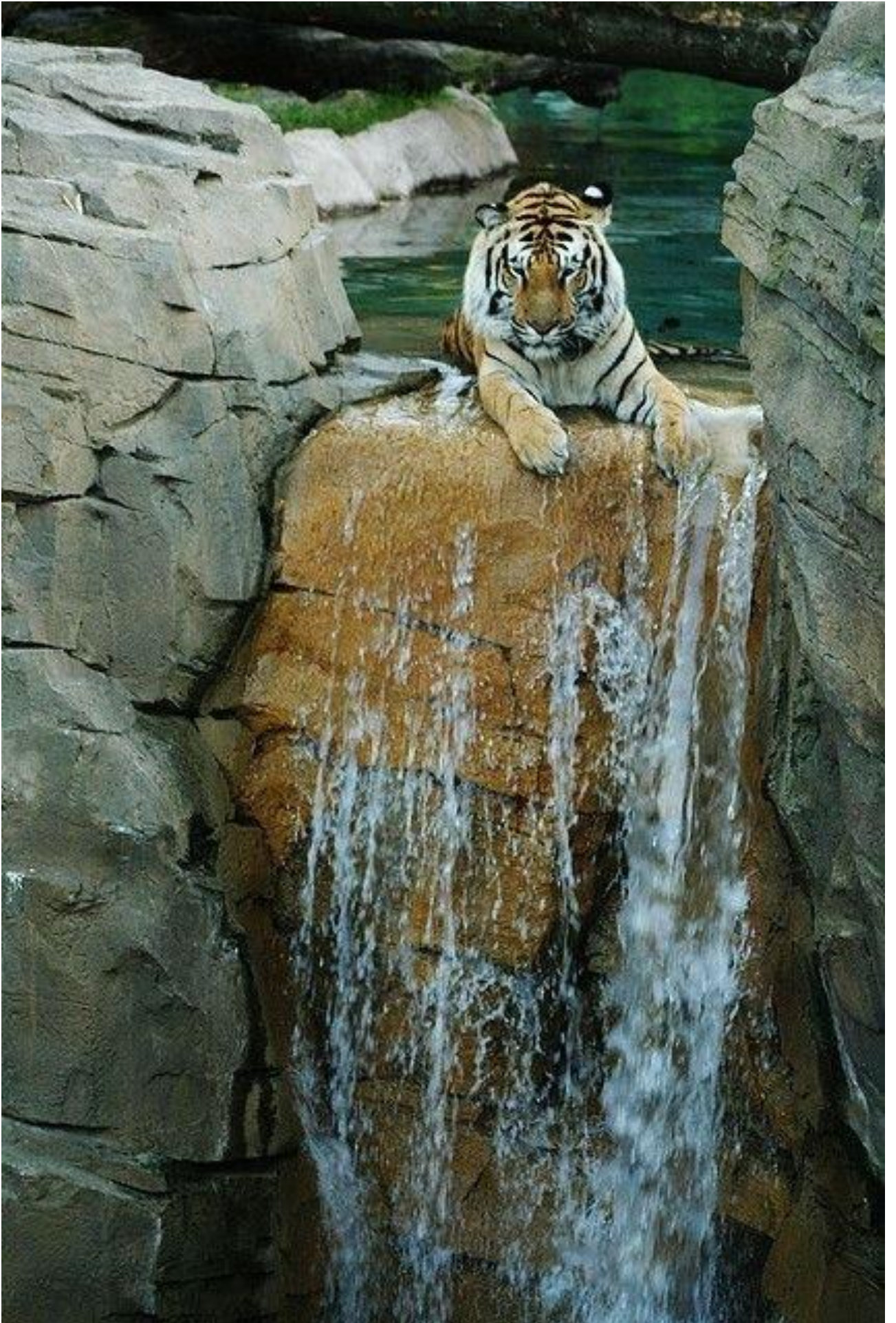


**All a child needs is to be able to freely express its true self, to be heard and loved by its carers. A child needs nothing more.**



<https://journeyintothewild.quora.com/>







**Mia and the White Lion –  
Andrew Schofield re-introduced the white lions back into the wild in South Africa.**



**Affection and love is very real and enduring between all that has life!**







**Baby snuggles into mum and they both sleep.**



<https://www.quora.com/>

<https://www.boredpanda.com/>



<https://www.quora.com/>

<https://www.boredpanda.com/>



**Snuggle Pot and Cuddle Pie with 15 month old Jack in Yea, 100 kilometres north-east of Melbourne, Australia.**

<https://journeyintothewild.quora.com/What-is-one-of-your-favorite-animals-that-live-socially>



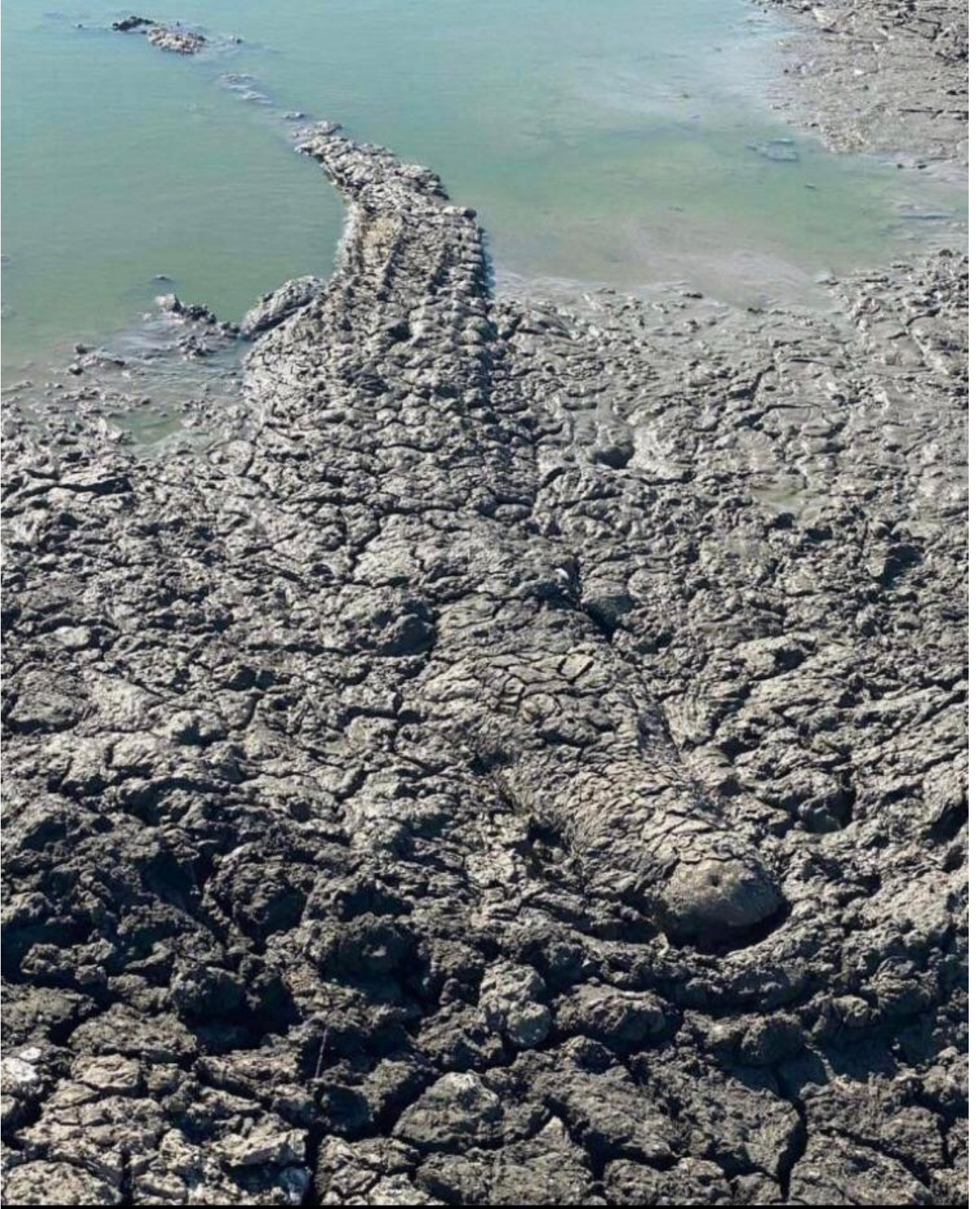
**This crocodile is a Nile juvenile, she had an itch that needed scratching!**

<https://www.quora.com/Are-there-species-of-crocodiles-that-are-more-dangerous-than-others>





**The incredible stealth of crocodiles!**



**Rabbits in the wild ...**



**We all love food!**

**Fearsome bunny!**



**Australian cuties. Quokkas are small marsupials that live in and off the coast of Western Australia, mostly on Rottnest Island.**



**Koala – also being a marsupial, they are not bears!**

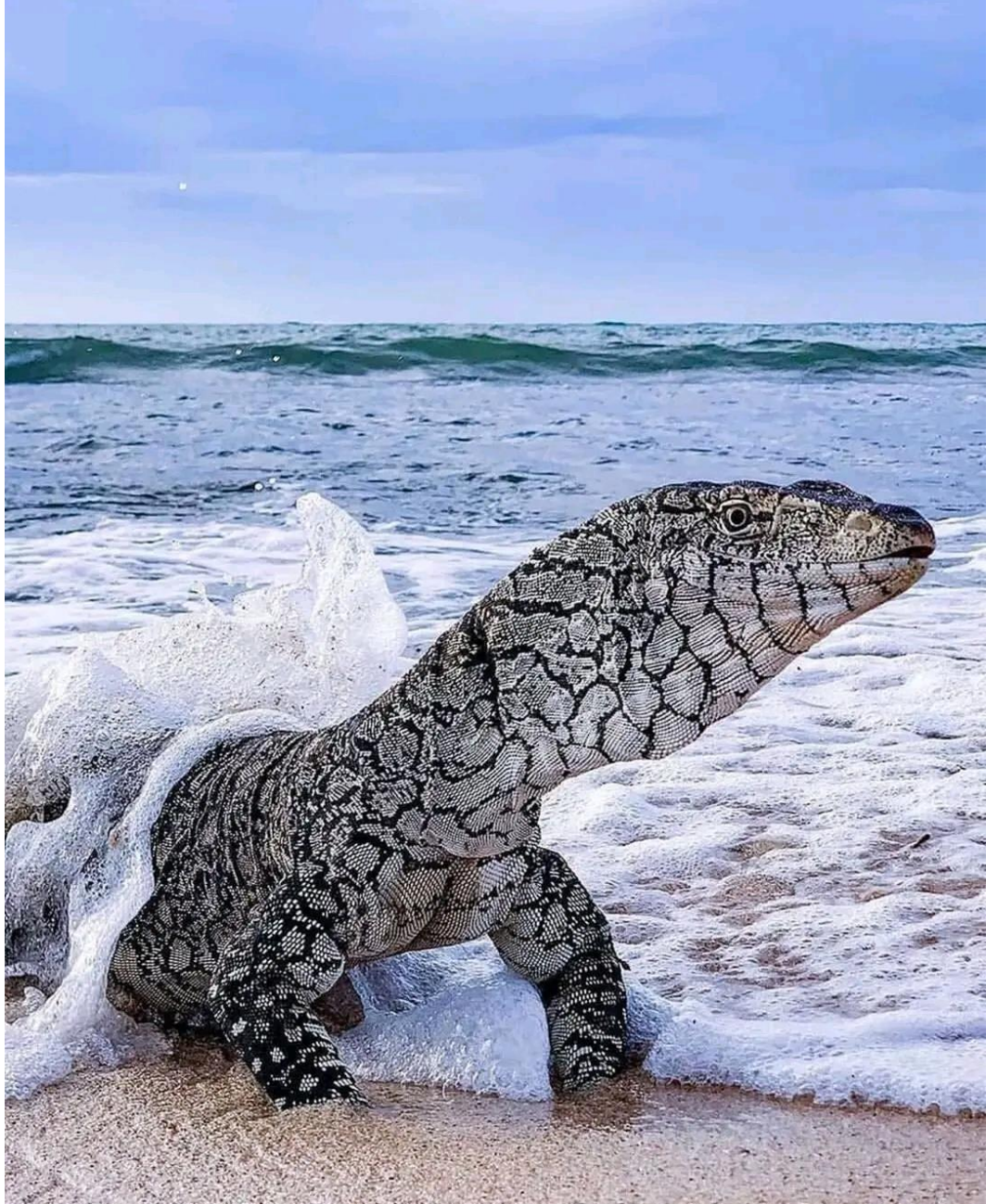
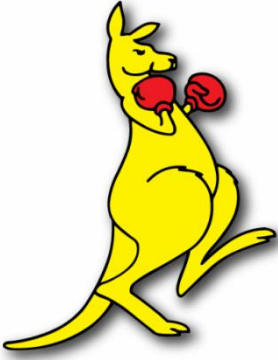


**Platypus**



**Baby short-beaked Echidna**





**The most beautiful snake in the USA.**

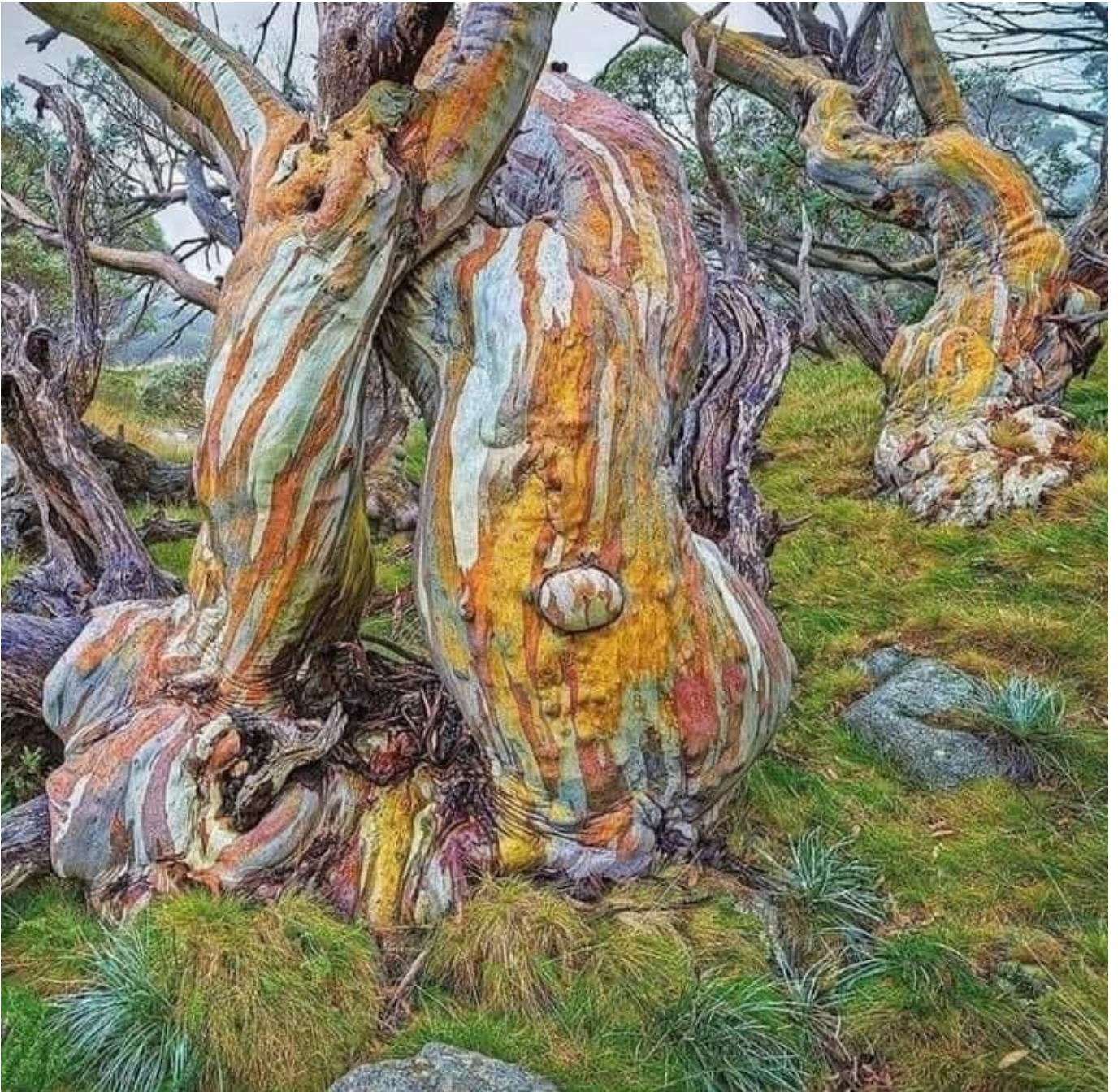
<https://www.quora.com/>



**Team work: The Colombian lesser black tarantula lets humming frogs hang around because they help deal with tiny predators that the spider has trouble tracking.**



## Australia - Kosciusko National Park

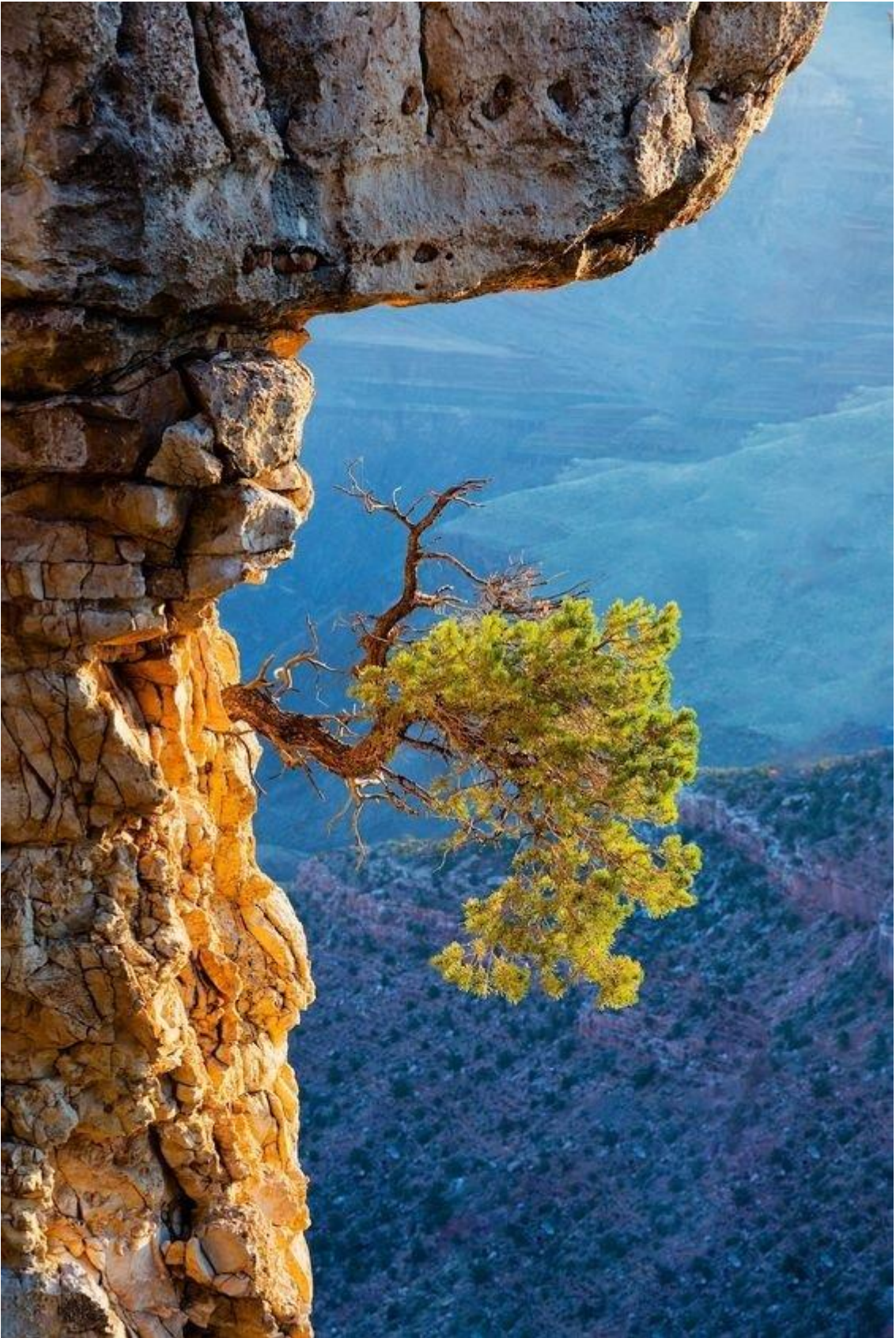


**In nature, everything that has life, its life force returns to a pool from which its physical life experiences and life energy re-emerges as Nature Spirits. A Nature Spirit may consist of around 500 billion life experiences from within the physical and be a combination of aquatic and terrestrial life forms. A Nature Spirit will then progress to become an Angel and so its journey is also onwards to Paradise, the home of our Heavenly Mother and Father.**



**When there is a will, there is a way!**

<https://www.quora.com/>



Appreciation:

<https://www.quora.com/>

**This young joey is giving a warm hug to its carer, and it really shows how deep the bond between a rescue animal and a human can go. A warm hug that melts the heart!**



**No, kangaroos do not deliver the mail around Australia.**



**But they are excellent at border security!**



**A pelican shading his mate from the heat.**

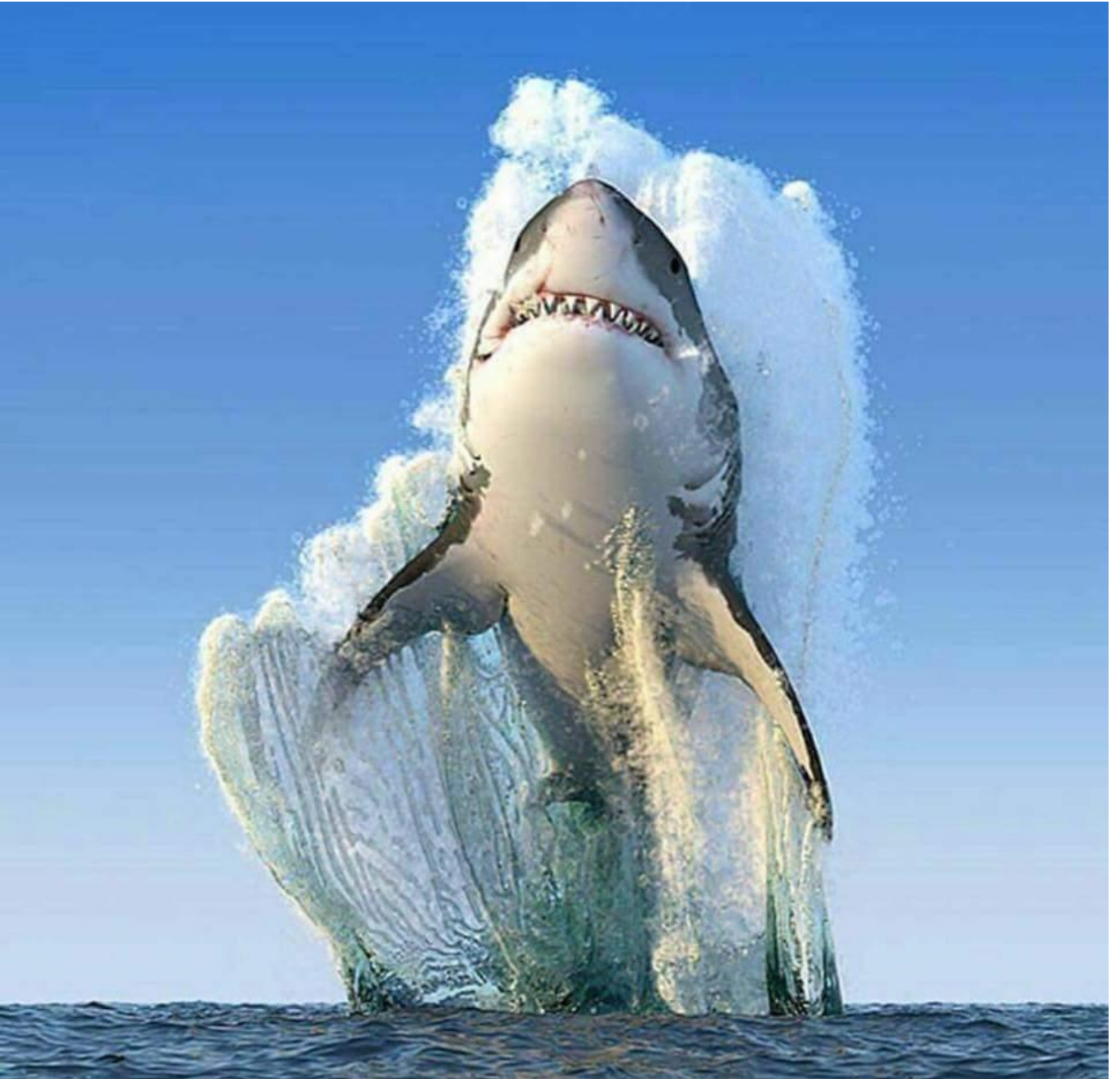
<https://thesecretgardenofpets.quora.com/>



<https://journeyintothewild.quora.com/>



**Incredible breaching display of a great white shark.**



**Mouth breeding fish!**



While this Whale Shark opens its 5 feet (1.5 metre) wide mouth to eat.  
<https://journeyintothewild.quora.com/>





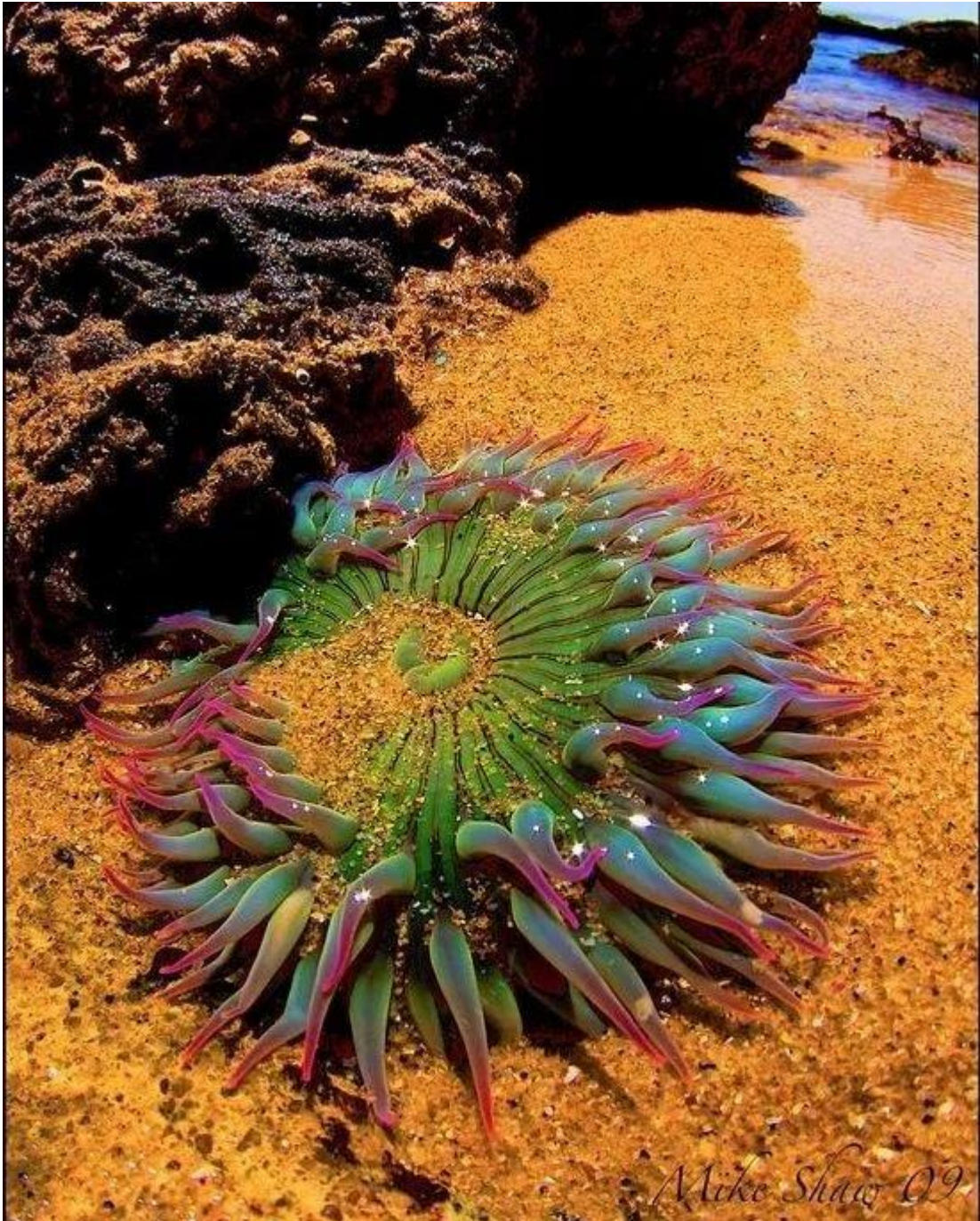
**Whale sharks are big and scary looking and their mouths open wide. They can swallow a person up as a meal, but they won't. These sharks don't eat human. Their teeth are so tiny, they are only good for eating tiny fish, plankton and shrimp. This makes it safe to swim with them.**

<https://journeyintothewild.quora.com/>



Colourful sea anemone:

<https://www.quora.com/>



**Brilliant colours on the mandarin fish make them one of the most beautiful fish out there.**



Quiet dear!



**Wolves can shape the ecosystem and physical geography of the land they live on. When wolves were reintroduced into Yellowstone National Park in '95 after a 70-year absence, trees grew faster, animal populations increased, and rivers even changed their behavior because new vegetation helped reduce erosion.**



**Natural love prevails where feelings are allowed to shine. Conflict and error prevails where the mind rules without the truth, love and guidance of our feelings, our gut feelings being our soul based feelings.**



**Insects – mantis and its incredible disguise!**

<https://journeyintothewild.quora.com/>

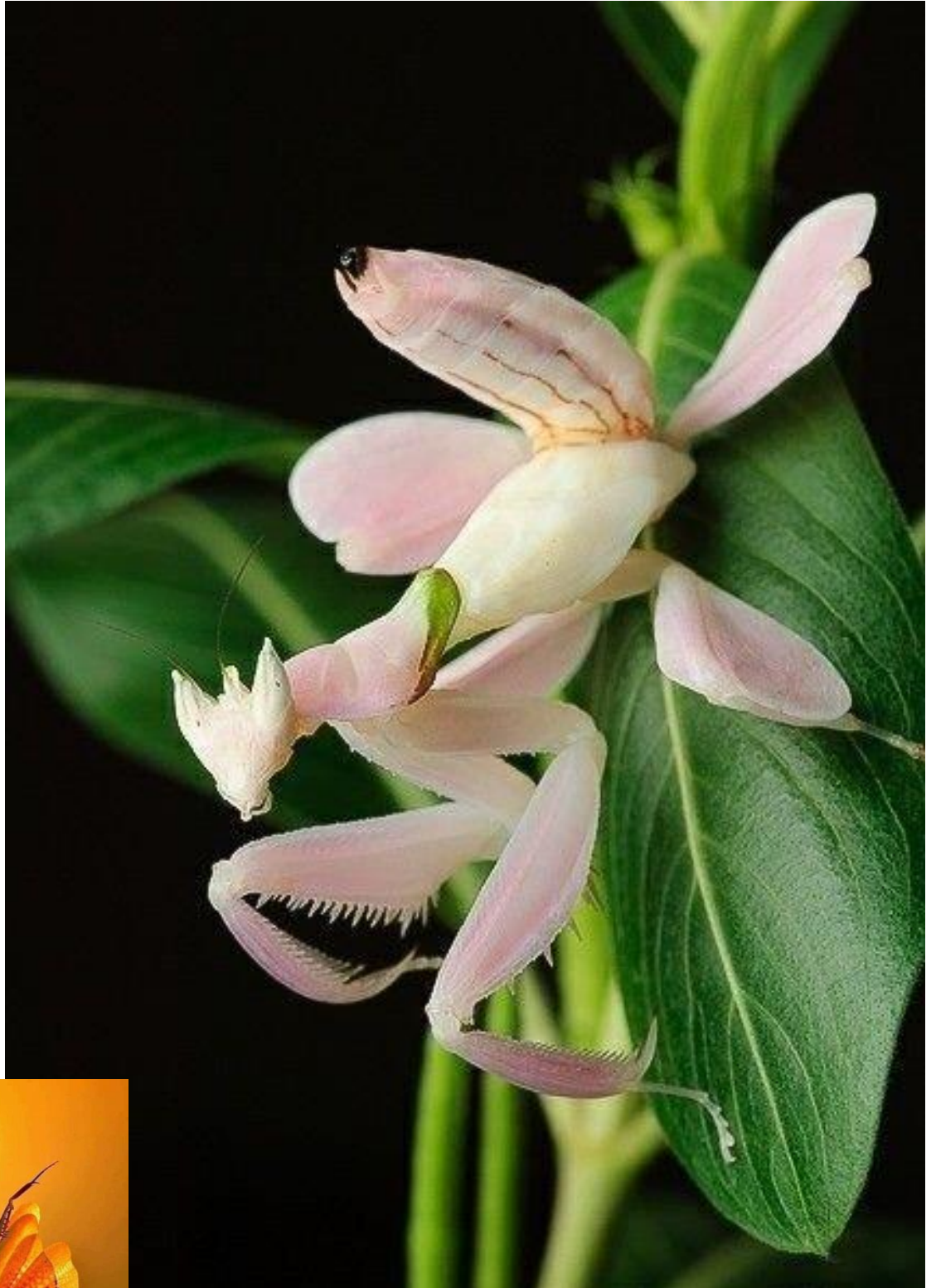


**Another amazing mantis:**



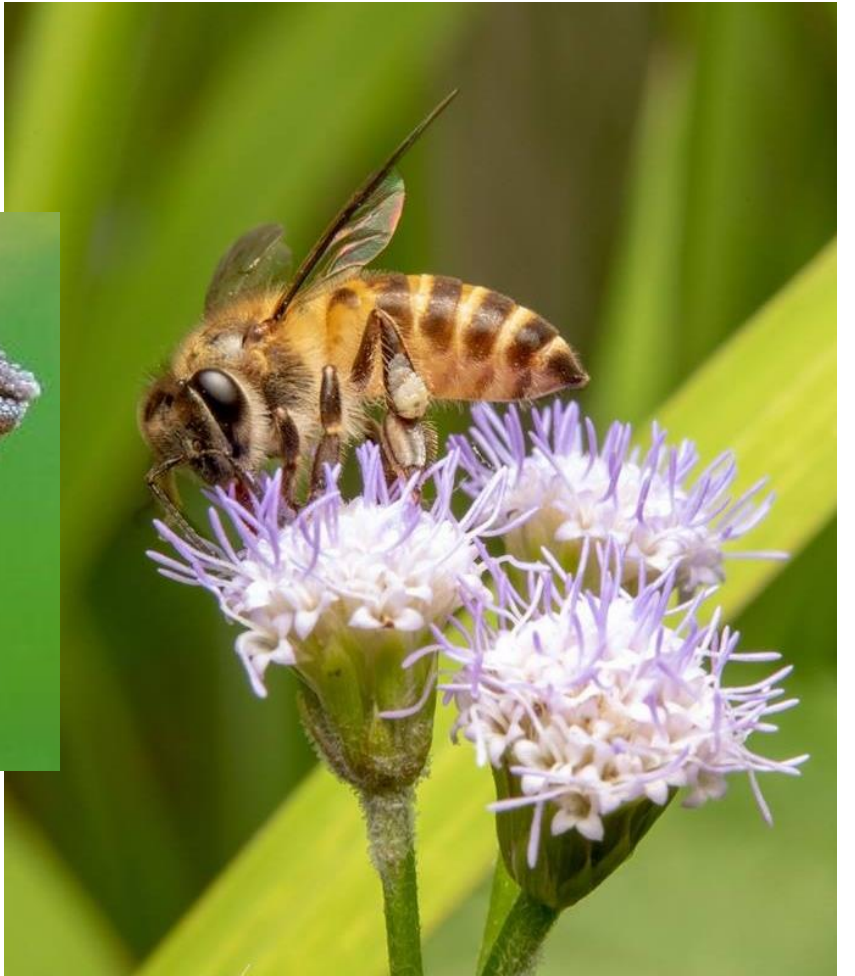
**The beauty of an orchid mantis:**

<https://journeyintothewild.quora.com/>

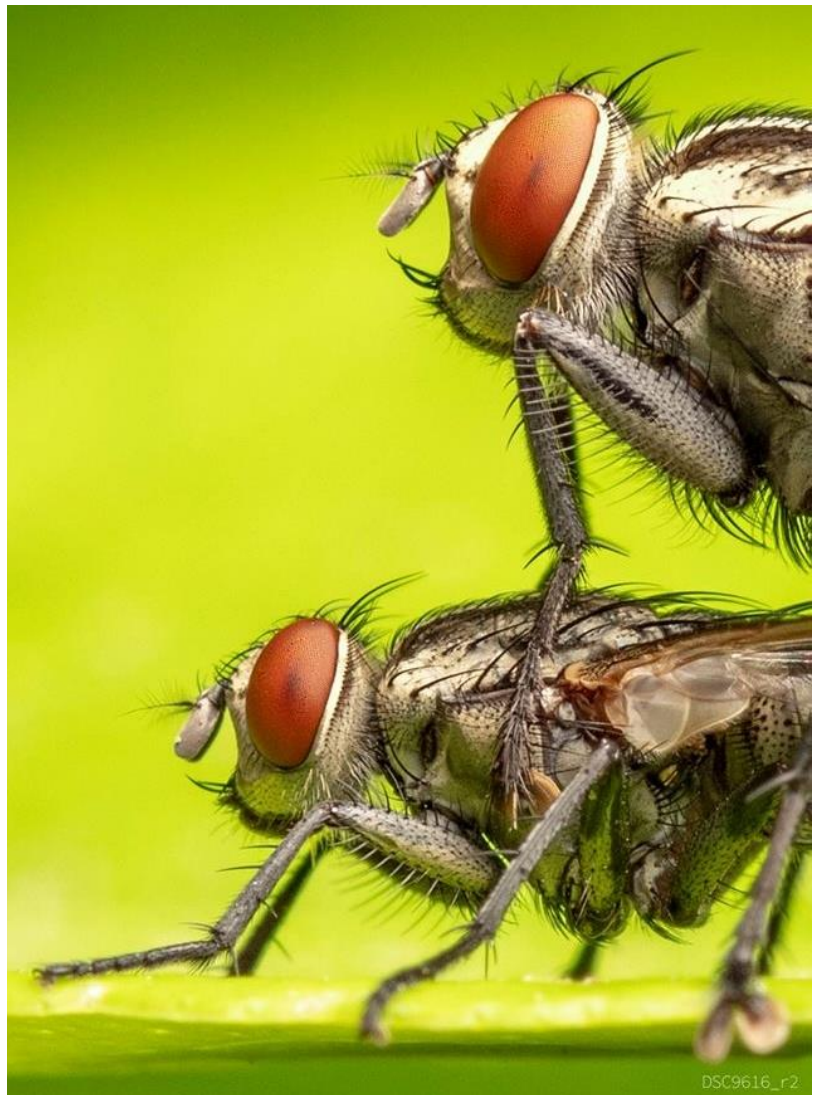


**Mantis dance:**









**‘The Architectural Army’**

<https://journeyintothewild.quora.com/>

Army ants build a nest out of their own bodies by interlocking with one another into a Cathedral shaped bivouac.



<http://www.pascashealth.com/index.php/library.html>

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**A majestic balancing act, Blue Jay.**  
<https://journeyintothewild.quora.com/>



# Beekeeping



**Nature tames technology**



**Australian Lorikeets preening each other, natural love being expressed without suppression and conditions. This is spontaneous expression of each one's feelings.**



**“Magic” the Magpie, from the wild, befriended Samantha in England. Magic sat on Sam’s head and also assisted Sam with her craftwork and then would return to the wild. The owl is also from the wild.**







**John and Cockatoos**

**Sulphur Crested Cockatoos**



One's feelings may bite and ruffle one's feathers; however, it is our feelings that are always in truth as they come from within one's soul which is always in truth and love.

The life force of all aspects and elements of living nature never reincarnate. The life force of each natural living thing returns to the pool of life energy and re-emerges as a nature spirit to continue its development of its mind. The nature spirit's development leads to subsequently becoming an angel.

We, humanity, are to develop our soul through the pathway of truth through our feelings.



The wondrous wisdom of a child is their free expression of their feelings, their soul based feelings which are always of truth and love. Once we realise that we each are fully self-contained, then the suppression and denial of our feelings as we each are taught to do so by our parents throughout our childhood forming years, from conception to age six years, will be regretted and rejected as a gross injustice upon humanity.



**Sight for all!**



**“If you are depressed you are living in the past if you are anxious you are living in the future, if you are at peace, you are living in the present.” —Lao Tzu** <https://www.quora.com/>



**Observations:**

1. Not all opportunities are to be taken. Some may be treacherous.
2. A person can become so determined that they become blind and end up harming themselves.
3. We progress best following our passions in our natural element and environment.
4. Know our limits, we all have them.
5. Sometimes the best response to provocation is not to react.
6. Sometimes to accomplish something we need team work, we may not always achieve alone.
7. Stick to what we do best and don't pursue what may be beyond reach.
8. The Golden rule is: Never interfere with another's will.
9. By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
10. The New Way: Learning how to live true to ourselves by living true to our feelings.

# Freedom Is Truth

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904

## ONE SECOND TO MIDNIGHT



## ***Violence is never Justified***

**Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915**



## **EARTH'S HUMANITY 2022**

**Our children are expressions of love ... until we suppress their true personality and with it their expression of love ... we degrade our children's level of consciousness to that of our own, they become little ME's, they absorb our emotional injuries and errors of belief and we lock them into a life that is a full reflection of our unconsciousness.**

**How could this be so?**

**Every year there are around 130 million live births. Every year there are around 45 million miscarriages, it takes two to bring about a conception and on the 16<sup>th</sup> day thereafter the heart starts pumping and we have a child that is fully incarnated. The embryo is always perfect. It is our emotional injuries flooding upon the newly forming child that overwhelms its ability to survive through to childbirth – it miscarries never to experience a physical existence.**

**Further, there are around 45 million abortions each year. As two people are involved, that represents two out of three people born that then go on to abort a child. That is a further demonstration of love – the lack of it.**

**There are 60 million girl babies missing in China. In birthing suites there have been buckets of water to address the arrival of a girl child. In India there are also 60 million girl babies missing – demonstrations of lack of love.**

**About 7,000,000 children are sexually abused every year in the Philippines (population 113 million). Frequently it is the Filipino children being raped by their fathers or uncles. These men usually are 30 to 40 year old, and do not have a stable job. The scenario in Indonesia (population 280 million) and India (population 1.4 billion) are similar – as it is in a lot of countries.**

**This is as difficult to write as it is to read – there is no need to add to this.**

**NOW, we have the way to heal ourselves of this generational malaise and begin to bring our children into a world of love, support and freedom.**

**Please join with us and let us all hold hands and begin as small communities to embrace the grace and wisdom that has now been shared with us all so that the end of the hidden control and Rebellion and Default is removed from our lives and an era of peace and joy can begin to surface for future generations that all are to benefit from our humble beginnings.**



Xiaozhai Tiankeng (China), also known as the "Heavenly Pit", is the world's deepest sink hole. At 328 ft (100 metres) wide and 656 ft (200 metres) long it would swallow the Washington Monument.





## **Biodiversity**

<https://education.nationalgeographic.org/resource/biodiversity>

Biodiversity refers to the variety of living species on Earth, including plants, animals, bacteria, and fungi. While Earth's biodiversity is so rich that many species have yet to be discovered, many species are being threatened with extinction due to human activities, putting the Earth's magnificent biodiversity at risk.

Biodiversity is a term used to describe the enormous variety of life on Earth. It can be used more specifically to refer to all of the species in one region or ecosystem. Biodiversity refers to every living thing, including plants, insects, bacteria, animals, birds, fish and humans. Scientists have estimated that there are around 8.7 million species of plants and animals in existence. However, only around 1.2 million species have been identified and described so far, most of which are insects. This means that millions of other organisms remain a complete mystery.

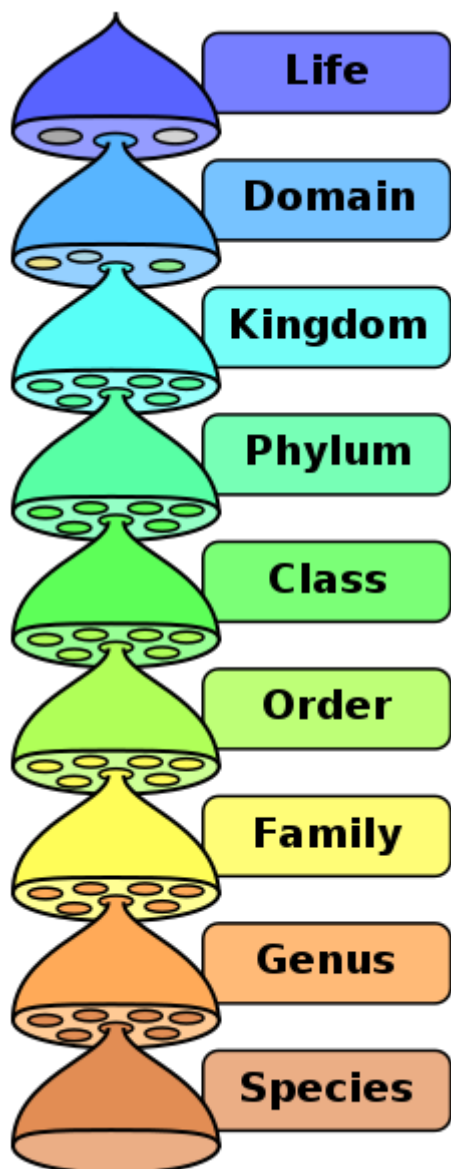
Over generations, all of the species that are currently alive today have evolved unique traits that make them distinct from other species. These differences are what scientists use to tell one species from another. Organisms that have evolved to be so different from one another that they can no longer reproduce with each other are considered different species. All organisms that can reproduce with each other fall into one species.

Scientists are interested in how much biodiversity there is on a global scale, given that there is still so much biodiversity to discover. They also study how many species exist in single ecosystems, such as a forest, grassland, tundra, or lake. A single grassland can contain a wide range of species, from beetles to snakes to antelopes. Ecosystems that host the most biodiversity tend to have ideal environmental conditions for plant growth, like the warm and wet climate of tropical regions. Ecosystems can also contain species too small to see with the naked eye. Looking at samples of soil or water through a microscope reveals a whole world of bacteria and other tiny organisms.

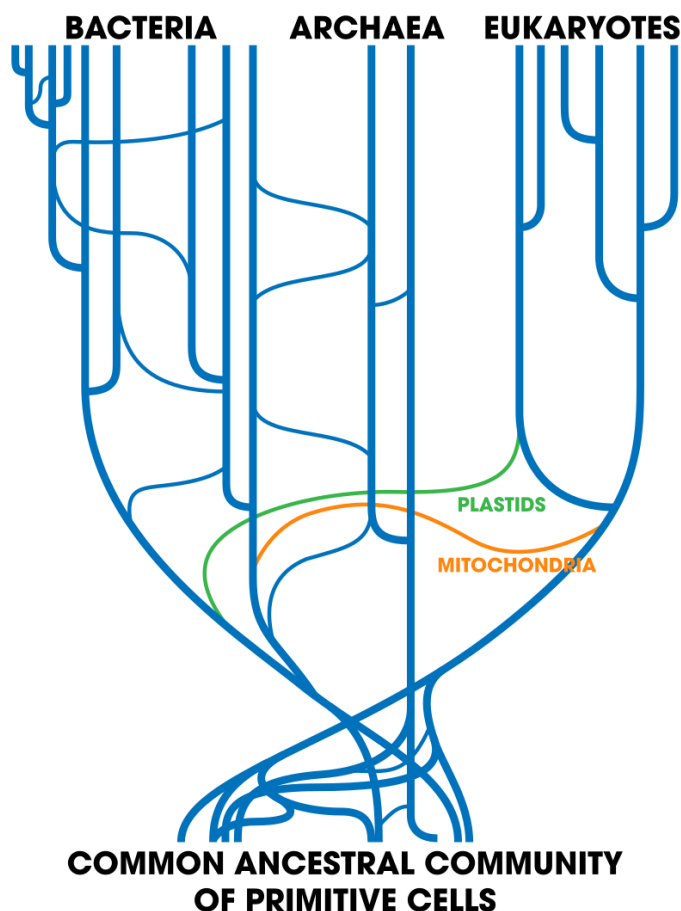
Some areas in the world, such as areas of Mexico, South Africa, Brazil, the southwestern United States, and Madagascar, have more biodiversity than others. Areas with extremely high levels of biodiversity are called hotspots. Endemic species—species that are only found in one particular location—are also found in hotspots.

All of the Earth's species work together to survive and maintain their ecosystems. For example, the grass in pastures feeds cattle. Cattle then produce manure that returns nutrients to the soil, which helps to grow more grass. This manure can also be used to fertilise cropland. Many species provide important benefits to humans, including food, clothing, and medicine.

Much of the Earth's biodiversity, however, is in jeopardy due to human consumption and other activities that disturb and even destroy ecosystems. Pollution, climate change, and population growth are all threats to biodiversity. These threats have caused an unprecedented rise in the rate of species extinction. Some scientists estimate that half of all species on Earth will be wiped out within the next century. Conservation efforts are necessary to preserve biodiversity and protect endangered species and their habitats.



The hierarchy of biological classification's eight major taxonomic ranks. A genus contains one or more species.



## The number of tree species on Earth

<https://www.pnas.org/doi/10.1073/pnas.2115329119>

One of the most fundamental questions in ecology is how many species inhabit the Earth. However, due to massive logistical and financial challenges and taxonomic difficulties connected to the species concept definition, the global numbers of species, including those of important and well-studied life forms such as trees, still remain largely unknown. Here, based on global ground-sourced data, we estimate the total tree species richness at global, continental, and biome levels. Our results indicate that there are ~73,000 tree species globally, among which ~9,000 tree species are yet to be discovered. Roughly 40% of undiscovered tree species are in South America. Moreover, almost one-third of all tree species to be discovered may be rare, with very low populations and limited spatial distribution (likely in remote tropical lowlands and mountains). These findings highlight the vulnerability of global forest biodiversity to anthropogenic changes in land use and climate, which disproportionately threaten rare species and thus, global tree richness.

## How Many Species Are There on Earth and in the Ocean?

<https://journals.plos.org/plosbiology/article?id=10.1371/journal.pbio.1001127>

This approach was validated against well-known taxa, and when applied to all domains of life, it predicts ~8.7 million ( $\pm 1.3$  million SE) eukaryotic species globally, of which ~2.2 million ( $\pm 0.18$  million SE) are marine. In spite of 250 years of taxonomic classification and over 1.2 million species already catalogued in a central database, our results suggest that some 86% of existing species on Earth and 91% of species in the ocean still await description.

## How Many Animals are in the World

<https://www.animalsaroundtheglobe.com/how-many-animals-are-in-the-world/>

**The number of species in just the animal kingdom is estimated to range from 1 to 2 million, however, some sources place the number as high as 50 million.**

The most accurate estimate of the total number of species on Earth includes 6.5 million species found on land and 2.2 million that live in the ocean's depths.

If we classify further **how many animals are in the world**, we can divide invertebrates and vertebrates into six categories; those are:

### 1. Mammals

A fun fact is that humans are included in the group of vertebrate creatures known as mammals.

Mammary glands, which in females generate milk for nourishing their young, a neocortex, fur or hair, and three middle ear bones are characteristics of the group of vertebrates known as mammals, which make up the class Mammalia.

One of the most successful groupings of vertebrate animals is the mammalian genus. They are a diversified collection of creatures with between 5,000 and 5,500 species that have evolved to survive in a wide range of settings.

Mammals differ from other vertebrate creatures in several distinctive ways. Mammals can survive in cold areas thanks to the insulating effects of their body hair.

Despite some living in freshwater and ocean settings, most mammal species are found on land. Great part of How Many Animals Are In The World.

### 2. Reptiles

Reptiles are air-breathing animals with distinctive skin comprised of scales, bony plates, or a combination of both. They all produce eggs that distinguish them from other cold-blooded species.

With snakes being the exception, they all have backbones, and most have four legs.

Reptiles frequently shed the outer layer of the skin since their skin is typically made up of scales. Unlike birds and mammals, reptiles do not maintain a steady internal body temperature.

They cannot stay warm on a chilly day without fur or feathers, and they cannot cool themselves on a hot day without sweat glands or the ability to pant.

Reptiles don't have a steady body temperature like birds and mammals do. On a chilly day, they cannot stay warm without fur or feathers, and on a hot day, they cannot cool off without sweat glands or the ability to pant.

According to conventional wisdom, the oldest reptile, which resembled modern lizards, existed about 315 million years ago.

### 3. **Amphibians**

Amphibians are cold-blooded, water-dependent animals that spend life on both land and in the water. While other animals can only exist on land or in water, amphibians have the special capacity to survive in both environments.

These creatures are born with gills; some lose them as they mature, while others keep them throughout their lives.

Most amphibians have four legs, and experts think that since they evolved from lobe-finned fish, it's probably why they still need a moist environment.

The amphibian is cold-blooded, which means it regulates its body temperature following the ambient temperature, just like reptiles. Every single amphibian has a backbone, starting as cartilage and changing as the rest of the organs do.

Most amphibians also have pedicellate (two-part) teeth, a double-channelled hearing system, and green rods in their retinas that allow them to distinguish between colours.

### 4. **Fish**

"Fish" refers to a broadly diverse group of aquatic creatures. Fish species total roughly the same as all other vertebrate species put together. It is anticipated that there are even more species of fish than there are of other vertebrates.

Fish are aquatic vertebrates lacking limbs with digits like fingers or toes but have gills. Given how many species have been classified as fish, it is possible that they may be found in various habitats and come in a wide range of sizes and shapes.

Some fish are venomous, others are parasitic, some are blind, and some even have the ability to generate electricity. It would be difficult to define a definition encompassing all fishes because of their incredible diversity.

Fish come in various sizes and shapes and can be found in various settings, depending upon how many species have been identified as fish.

### 5. **Invertebrate**

An animal with many cells and no backbone is called an invertebrate. Invertebrates make up more than 95% of all animal species worldwide. They can survive in different environments depending on how they live and reproduce.

Every environment on earth, from the oceans and rainforests to the deserts and polar regions, has invertebrates.

Not only do invertebrates inhabit practically every part of the planet, but they also come in various sizes. From microscopic organisms that can only be seen under a microscope to huge squids that are 60 feet long.

One and a half million invertebrate species have been identified so far. But scientists estimate that up to 30 million invertebrate species may still be found. A worthy contender for ‘How Many Animals Are In The World’.

## **6. Birds**

Birds are considered to be vertebrates since they have wings and feathers. The easiest way to differentiate between birds and the rest of the animals is their wings.

Penguins and other birds can survive easily on land and water like ducks. But they cannot breathe inside it. Instead, they can only swim on the surface.

All birds have wings or flippers that they can use to swim, display their threats, or perform mating dances.

The common characteristics of all birds include having feathers, toothless beaks, hard-shelled eggs, and wings that vary in degree of development according to the species.

Birds have a lighter skeletal system than most other vertebrates, packed with air sacs, hollows, and gaps to keep them light and enhance their ability to fly.

## **How Many Mammals Are In The World?**

Since new species are being discovered more quickly than you might think, keeping track of all the recognised species might be challenging.

From 4,631 species in 1993 to 5,416 in 2005, and now to 6,495 species, there are more identified mammal species than ever before. The current study records a long-term global rate of 25 species being recognized annually.

## **How Many Reptiles Are In The World?**

Reptiles are one of the most diverse vertebrate groups on the planet. There have been over 10,700 extant species in the Reptile Database. Only birds and fish have more species than reptiles.

## **How Many Amphibians Are In The World?**

The AmphibiaWeb database currently contains more than 8,000 amphibian species, with 7,495 frogs and toads, 773 salamanders and newts, and 215 caecilians.

Every year, new species are discovered, and the total number of species is increasing.

### **How Many Fish Are In The World?**

Fish are aquatic creatures that lack digitized limbs like fingers and toes but do have gills. There are approximately 34,800 species of fish worldwide, which is more than all other vertebrate species combined.



### **How Many Invertebrates Are In The World?**

According to the study, invertebrates account for 97% of all animals on the planet. That means vertebrates account for only 3% of all animals on the planet. There are over one million invertebrates living on Earth.





### **How Many Birds Are In The World?**

According to research, there are 10,824 species worldwide, and the estimated number of birds on Earth ranges between 50 billion and 430 billion.

### **Conclusion on ‘How Many Animals Are In The World’**

It is understandable that this figure cannot be 100% accurate. The most accurate estimate of the total number of species on Earth includes 6.5 million species found on land and 2.2 million in the ocean’s depths.

### **How many Bacteria species on Earth?**

There are **approximately 30,000** species of bacteria in the world. Few species of bacteria are *Escherichia coli*, *Streptococcus*, *Clostridium*, *salmonella*, and *Pseudomonas*.

Bacteria are a major component of the cellular life on Earth and are found everywhere from the top of mountains in Antarctica to the deep-sea vents. They are found in the deep subsoil, the open ocean and all over every surface of you. The refrain for undergraduates is that only about 10% of the cells moving with you are eukaryotic, the rest bacterial symbiotes. But because bacterial cells are so much smaller than eukaryotic cells, they make up only about 10% of your weight. (So, tomorrow, when you step on the scale you can subtract 10% off the scale weight because it is not really yours.)

The effects of sex in bacteria are different than in animals. In bacteria only a small fraction of the genome is transferred, unlike animals, where 50% of the offspring genome is transferred from the male during sex. Sex in bacteria can be between clones of the same species, closely related species, or distantly related species, whereas in animals sex is almost always limited to members of the same species. During sex in bacteria, pieces of genes or whole genes are transferred and replace the alleles present by homologous recombination, rather than form heterozygotes of the female and male alleles as in animals. Also, in bacteria, new genes can be added to the genome by non-homologous recombination.

The distinction between sexual and asexual as is made in plants and animals does not make sense for bacteria. The amount of sex, or lateral gene transfer between lineages, in bacteria can vary from very little to a lot. *Borrelia burgdorferi*, the causative agent of Lyme disease, is almost completely clonal, only transferring small pieces of DNA very rarely ([Dykhuisen and Baranton 2001](#)).

### ***Earth May Be Home to a Trillion Species of Microbes***

<https://www.nytimes.com/2016/05/24/science/one-trillion-microbes-on-earth.html>

According to a new estimate, there are about one trillion species of microbes on Earth, and 99.999 percent of them have yet to be discovered.

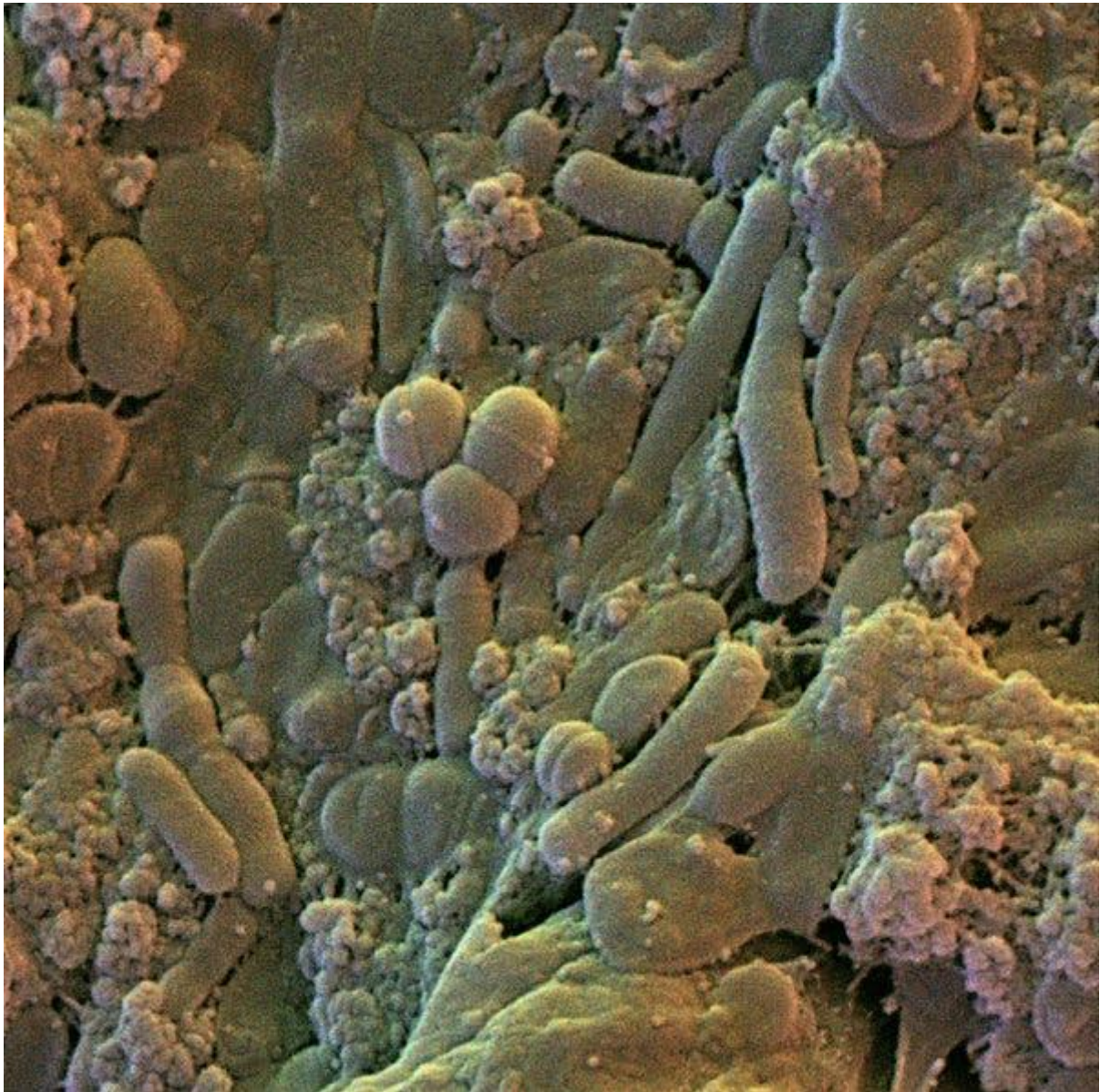
As recently as 1998, the number of microbial species was thought to be a few million at most — little more than the number of insect species. But estimates have been growing ever since. Now Kenneth J.

Locey and Jay T. Lennon, biologists at Indiana University, have used two techniques to conclude that the number of microbial species is larger than any previous researchers have imagined.

The first method extrapolates from the available data for microbes, based not on individual organisms but on samples of DNA.

“So if we say a million, we mean a million pieces of DNA that we think belong to different organisms and among them represent different species,” Dr. Locey said.

“We’re very far away from discovering what’s really out there.”



A scanning electron micrograph of faecal microbes. Estimates of the number of microbial species continue to grow. Credit...David Scharf / Science Source

**This time, in the history of humanity, is the most exciting time ever experienced.**

# What is the Difference between Microbes and Bacteria

<https://pediaa.com/what-is-the-difference-between-microbes-and-bacteria/#:~:text=The%20main%20difference%20between%20microbes,eukaryotes%20while%20bacteria%20are%20prokaryotes.>

The **main difference** between microbes and bacteria is that **microbes represent microscopic organisms whereas bacteria are a form of single-celled microbes**. Furthermore, microbes can be either prokaryotes or eukaryotes while bacteria are prokaryotes. Moreover, the seven groups of microbes are bacteria, archaea, protozoa, algae, fungi, viruses, and multicellular animal parasites.

Microbes and bacteria are two types of microscopic organisms that are not visible to the naked eye. They can be beneficial for decomposing organic materials, nitrogen fixation, etc, and they can also be harmful as some of them are pathogens or parasites.

<b>MICROBES VERSUS BACTERIA</b>	
MICROBES	BACTERIA
Very small living things, especially ones that cause disease and can only be seen with a microscope	A large group of unicellular microorganisms that have cell walls but, lack organelles and an organized nucleus, including some which can cause disease
Prokaryotes or eukaryotes	Prokaryotes
Unicellular or multicellular	Unicellular
Can be either bacteria, archaea, protozoa, algae, fungi, viruses or multicellular animal parasites	A type of microbes
	Visit <a href="http://www.PEDIAA.com">www.PEDIAA.com</a>

## Fungi

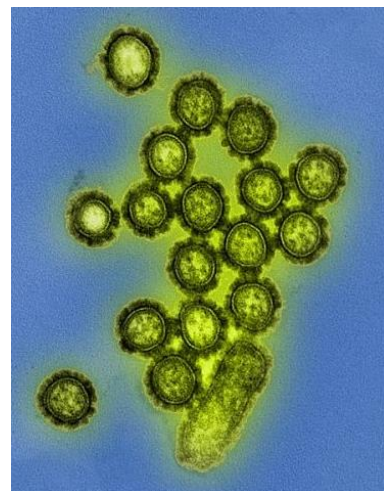
Fungi are either unicellular or multicellular eukaryotes, including mushroom, moulds, and yeast.



## Viruses

Viruses are non-living particles that essentially require a host for the replication. Generally, a viral particle consists of a core with genetic material, which can be either DNA or RNA and a protein coat. Viruses often infect both prokaryotic and eukaryotic cells and cause diseases.

### *H1N1 Influenza Virus Particles*



NOTE: Viruses **are** living sentient beings and as they are living in the way they do, they are more of the etheric spirit body and not of the physical, thus they need a host cell in the physical body. Further, as they are living they also have a voice, so may we have a chat with coronavirus (Covid-19) and have her explain her purpose?

### **SPEAKING with CORONA (Coronavirus – Covid-19)**

<https://dlsr.freeforums.net/thread/32/sharing-healing-experience-xx?page=28>

Samantha from England:

24 March 2020



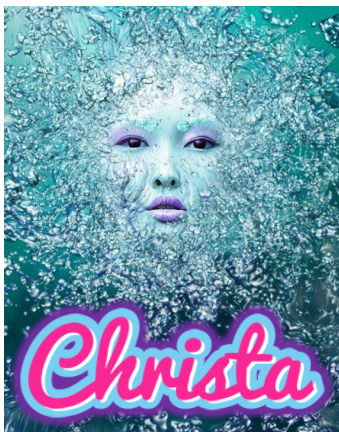
“Corona”: I am not hurting you, you are all already hurt. All I am doing is making you feel the truth of how you really feel deep down inside. I am not killing you, your parents have already done that to you, it is how you have felt throughout your life and now you are going through the physical manifestation of those awful feelings your parents made you feel.



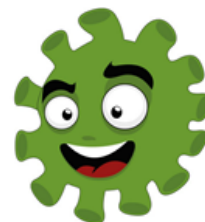
This is how they made you feel as a child and that 80 year old that you see dying on the news has always been dying. Since birth he has felt like he is dying, always being on the brink of it as it is how his parents made him feel. There is no way on Earth I can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you, I am not the bad guy in all of this, they are. I can't create more pain in you than your parents have already created, I am the manifestation of the level of pain they created in you and I want to make that clear. What I am doing is bringing the truth of that pain to the surface.

It is now time for it all to be manifest so you can know the truth of how much you were hurt, to know the truth of how unlovingly you were parented. The extent of unloving parenting that you all had to endure as children and it is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me to enter into you and find a cell for me to live off of and mutate and multiply in you. Your denied and suppressed feelings let me in.

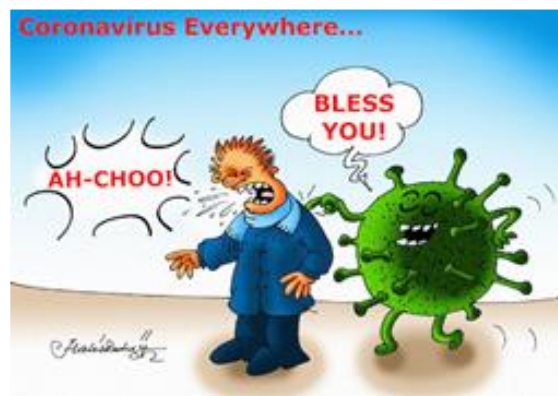
You won't give in to me and let the truth be known, you continue to resist me and push me away just as you have done all your life with your feelings. You would rather die than feel the truth I bring to you. So you decide! Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.



I am Corona, Sam speaks with me through her Nature Spirit, Christa, and I can only tell her what she is capable of understanding so it is all pretty basic but that is how I want to speak with you, as children, so you get it. I am the thing you fear the most but you all misunderstand me, you hate me, you fear me, you are so afraid of what I will do to you if I infect you. You fear me killing you, making you feel so bad but isn't this all so familiar, isn't this how you felt about your parents at times in your life, isn't this how they made you feel only allowing yourself to feel a tiny portion of the pain they inflicted on you, the rest went denied and suppressed and that is what I feed on, what you will not feel. It is them you fear and I am helping you feel that truth. I am not bad at all, I am good, working for your good, you have to turn how you feel about me around to see the truth of me. I am here to help the world heal if you would only allow me to by ending the resistance to me. Let me work on your denied and suppressed childhood feelings, connect with how I am making you feel because this is how your parents made you feel, it is the same, no different. It is those denied feelings and your resistance to feel them that is killing you.



I am not saying this will be easy, you are not even aware of any of this, you just believe you have a Virus spreading its way through the world like an evil plague and I understand how hard it will be to see me as working for your good but it just takes a shift away from your mind and into your feelings. **How am I making you FEEL!!** That is the question I want you to begin with. I am now being forced upon you all, you have no choice and that is the way I have to work with you because I can only work with you in the way that your parents worked with you and they gave you little to no choice as children. I am here mirroring the parenting you all went through; this is the way it was for you as children. Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents and that is how I have to work with you all and you will all feel me differently depending on the severity of your will denial and suppression.



Your parents are the Virus, Corona Virus is each and every one of your parents and what they did to you as children and it is still inside you, I am bringing it out. Corona virus is your parents scaring you and hurting you, making you feel like dying, even killing you and there is no one on the planet that I won't get to. Right now I am affecting you all; your lives have changed even though you may not be ill.

Accept the way I am making you feel right now, express how I am making you feel right now and let the truth come to you through your feelings, how am I making you feel, this is how your parents made you feel. It is not me killing and harming you making you feel so ill and bad, it is your parents.

Please go to your feelings as I have asked you to do and you will begin to see the truth of how bad you have always felt, I speak the truth. Let the healing I bring to you open you up to the truth of how you felt as a child. You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it so denied it.

All of humanity will be affected by me to a lesser or greater degree. I will enter every life on Earth and show you the truth of your denied and suppressed childhood pain by how I make you feel. I will make you realise the pain and fear of how you were parented and the more you keep up your resistance of me, the more painful it will be for you. So I ask you to let me in, stop the fight as you cant win and you never could as children, your parents always won over you so I have to do the same, as I have said, I can't be any worse to you than how your parents were to you, they have set the pace for how I work with you, it is them and their parenting of you that set the way I work on humanity. I am not making you feel anything that has not already been put into you by your parents, it was already inside you and I am triggering it for you to feel. I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You will know yourself like never before, your will know the truth at last about your pain and how it was for you as children. It is time to take off the rose tinted glasses and really know the truth.



I am not BAD, your parents were, I am only being them to you, this is how unloved you felt by them and it is coming up for you to know. No one will escape me, you are all hurt children, even the 80 year old is just a hurt child in an older body who has gone on longer being unaware of the truth of his pain, he has been in denial longer but you are all the same no matter how old you are. The 80 year old has had 80 years to wake up to his denied and suppressed childhood pain, he has always been a trapped and 'Locked Down' little scared child. No one will escape me, of that you can be sure, I am so tiny yet I have the power to end it all just as your parents had the same power over you all. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. Stop the resistance to me, run to me, let me in to your life, want me to show you the truth of your pain, talk to me and we can work together to heal you and turn the tide. If you decide to further resist me then it will only get worse with new viruses being created, stronger ones to make you feel even worse until you get it!!



You have the cure within you all and that cure is YOUR FEELINGS!! It is the most loving thing you can do for yourself, it is the thing your parents wouldn't let you do, FEEL and express those feelings, You are allowed to have them, I am telling you to let yourself feel all of your pain, let it out NOW and I will no longer have to make you feel scared and ill and bad, you will be doing what I came here to do with you, make you feel. Feel how I make you feel then my work is done and you would have seen the truth of why I have had to come.



You don't need any Vaccines, that is just further resistance to me and I will have to be stronger with you all by creating more powerful viruses, ones that you don't have vaccines for. Your resistance to me controls what I have to do next to get you to stop and FEEL! If you decide to vaccinate against me then you have chosen to further deny me and your bad feelings and it makes it all worse for yourself. Your feelings and expression of them are all you need to end this terrible time you are going through, you are in control of my next move, your denial of your feelings lead the way.

You look to your Governments to tell you what to do next, to create vaccines to stop you feeling bad, you depend on them to fix it all for you yet again giving your parents control over you because that is what you are used to doing, you are only doing what your parents taught you to do, let your parents control you instead of taking responsibility for this yourself by going within, going to your feelings and feeling them fully by accepting them, expressing them and letting the truth come to you through your feelings. Be responsible for how bad you feel by feeling your bad feelings and fears about this. The healing of this is in

each and every one of you but by allowing the government to parent you further is just more of your denial of how you truly feel. No one can fix this for you, it is for each and every one of you to heal this within yourself, through your feelings, you can do it, you have the tools to heal this, YOUR FEELINGS.

**I am Corona, the Virus, making you feel your fears, the truth! I will make you feel the truth of your unloving childhood that your parents made you feel. I have always been in each and every one of you lying dormant until now, you are scared of going out and catching it yet it is already in you through your parents unloving parenting of you. I am Corona, I come to light up the truth of your denied and Suppressed childhood feelings and you believe I am Bad but I am telling you, I AM GOOD! I am working for your Good, see the healing I am bringing to humanity. You all have the cure and that cure is FEELING YOUR FEELINGS.**



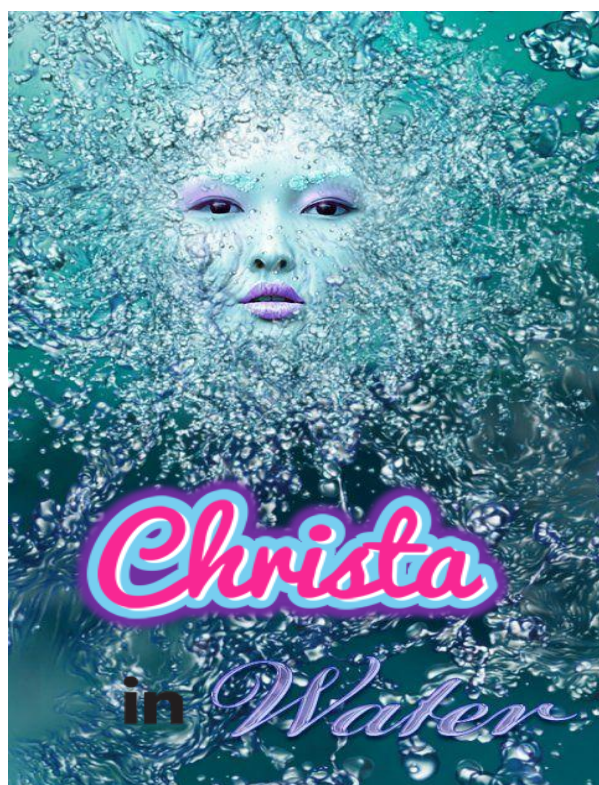
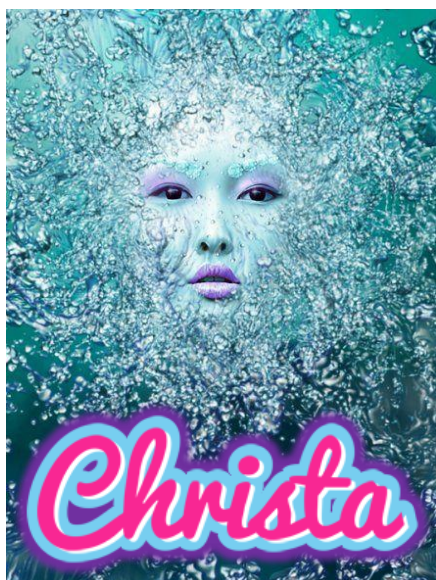
### What does Christa, the Nature Spirit look like?

Sorry for the late reply John, I love what you have written and to be included is so good, thank you. I have tried to draw Christa but failed miserably, I can capture her movement as she is constantly moving. What I see of her is a face in rippling water and she is so young and beautiful, the nearest I could get to her is in the photo included but she doesn't really look like that, she is pure white with red lips and so fluid.

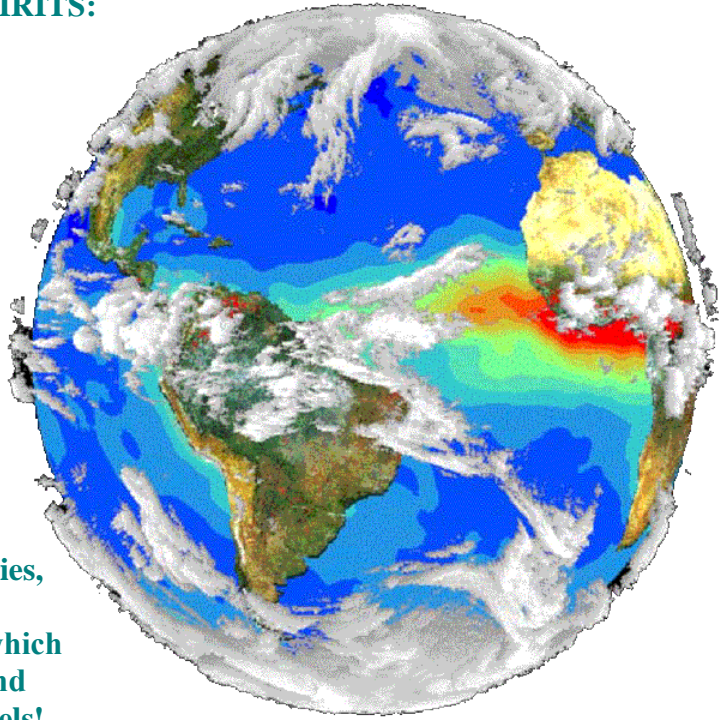
My writings with Christa about Coronavirus have been a great comfort to me as well as all Verna has had to say, she is amazing, what incredible information to have access to.

Thank you again John for all you do.

Sam.



The LABORATORY of the NATURE SPIRITS:



Humanity is in trepidation and awe of its research, chemical and medical laboratories, but they are infantile distractions when compared to Nature Spirits' laboratory which is all that is of Earth's nature managed and controlled by our Nature Spirits and Angels!

**BE FEELINGS EXPRESSIVE!**

*It's all about*  
**Experiences**  
&  
**FEELINGS**







### **FOOD SOURCES:**

Sunday, 2 April 2017

John: With endeavours to provide reliable continuous food supplies within difficult environments, the supply of fish, chicken and pigs appear to be essential. Fish farming is a way of providing protein all year round almost anywhere.

Are we meant to farm fish and eat same? The same question relates to all other domesticated animals propagated for food.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John’s grandmother: No, you are to love them, so farming them to make money, using them in anyway, is not loving. People are to live harmoniously on Earth with the creatures and plants, the plants being eaten for they give themselves to be consumed, but they are also to be grown well and treated with love and respect, and not factory farmed either. However, this is a long way off, so in the meantime, it will remain a personal choice. And the more people do their Healing the more they will naturally move away from wanting to harm the creatures and disrespect the plants – you feel sorry for them as you feel sorry for yourself. And gradually humanity will ‘increase its vibration’ – it’s truth. But as I said, it’s not something John needs to worry himself about because he’s not the one to solve all the world’s food problems. And you can only do what you can do, so if you don’t want to eat meat, don’t eat it, if you do eat it, all whilst you keep expressing your feelings and longing for their truth.

John: What happens to the spirit bodies of such animals, including fish?

Nanna Beth: They ‘dissolve’ into their ‘light’, becoming part of the ‘bulk light’ from which nature spirits are drawn or created. The essence or spirit of the creature doesn’t remain individualised, it goes into a collective spirit whole, from which nature spirits are made. And the spirits of animals within the lower Mansion Worlds and Earth planes are not the actually animals themselves, they are not your actual beloved pet living as a spirit dog or cat in the afterlife, they are creatures native to the Mansion Worlds that can easily manifest themselves as being your pet in spirit or any animal, based on your memories, all whilst you still need that animal or pet to remain as you need it.

John: Is this a case of slow transition as humanity heals itself then it will progressively step away from consuming fish and meat? What alternatives should we consider and investigate?

Nanna Beth: The alternatives to consider will naturally come up, however it will all be along the lines of being more natural, anything manmade will fail and only cause you problems in the end, until such things are made by loving people who are well advanced in their Healing or high in natural love and understanding with a deep feeling and respect for nature.

## NEW SPECIES on EARTH

### The Urantia Book (TUB) 6. The Transition Period

(669.2) 58:6.1 *450,000,000* years ago the *transition from vegetable to animal life* occurred. This metamorphosis took place in the shallow waters of the sheltered tropic bays and lagoons of the extensive shore lines of the separating continents. And this development, all of which was inherent in the original life patterns, came about gradually. There were many transitional stages between the early primitive vegetable forms of life and the later well-defined animal organisms. Even today the transition slime molds persist, and they can hardly be classified either as plants or as animals.

(669.3) 58:6.2 Although the evolution of vegetable life can be traced into animal life, and though there have been found graduated series of plants and animals which progressively lead up from the most simple to the most complex and advanced organisms, **you will not be able to find such connecting links between the great divisions of the animal kingdom nor between the highest of the prehuman animal types and the dawn men of the human races. These so-called “missing links” will forever remain missing, for the simple reason that they never existed.**

(669.4) 58:6.3 From era to era radically new species of animal life arise. **They do not evolve as the result of the gradual accumulation of small variations; they appear as full-fledged and new orders of life, and they appear suddenly.**

(669.5) 58:6.4 **The sudden appearance of new species and diversified orders of living organisms is wholly biologic, strictly natural. There is nothing supernatural connected with these genetic mutations.**

(669.6) 58:6.5 At the proper degree of saltiness in the oceans animal life evolved, and it was comparatively simple to allow the briny waters to circulate through the animal bodies of marine life. But when the oceans were contracted and the percentage of salt was greatly increased, these same animals evolved the ability to reduce the saltiness of their body fluids just as those organisms which learned to live in fresh water acquired the ability to maintain the proper degree of sodium chloride in their body fluids by ingenious techniques of salt conservation.

(669.7) 58:6.6 Study of the rock-embraced fossils of marine life reveals the early adjustment struggles of these primitive organisms. Plants and animals never cease to make these adjustment experiments. Ever the environment is changing, and always are living organisms striving to accommodate themselves to these never-ending fluctuations.

(670.1) 58:6.7 The physiologic equipment and the anatomic structure of all new orders of life are in response to the action of physical law, but the subsequent endowment of mind is a bestowal of the adjutant mind-spirits in accordance with innate brain capacity. Mind, while not a physical evolution, is wholly dependent on the brain capacity afforded by purely physical and evolutionary developments.

(670.2) 58:6.8 Through almost endless cycles of gains and losses, adjustments and readjustments, all living organisms swing back and forth from age to age. Those that attain cosmic unity persist, while those that fall short of this goal cease to exist.

### 2. The Later Reptilian Age

(687.2) 60:2.1 *120,000,000* years ago a new phase of the reptilian age began. The great event of this period was the evolution and decline of the dinosaurs. Land-animal life reached its greatest development, in

point of size, and had virtually perished from the face of the Earth by the end of this age. The dinosaurs evolved in all sizes from a species less than two feet long up to the huge noncarnivorous dinosaurs, seventy-five feet long, that have never since been equalled in bulk by any living creature.

(687.3) 60:2.2 The largest of the dinosaurs originated in western North America. These monstrous reptiles are buried throughout the Rocky Mountain regions, along the whole of the Atlantic coast of North America, over western Europe, South Africa, and India, but not in Australia.

(687.4) 60:2.3 These massive creatures became less active and strong as they grew larger and larger; but they required such an enormous amount of food and the land was so overrun by them that they literally starved to death and became extinct — they lacked the intelligence to cope with the situation.

(687.5) 60:2.4 By this time most of the eastern part of North America, which had long been elevated, had been levelled down and washed into the Atlantic Ocean so that the coast extended several hundred miles farther out than now. The western part of the continent was still up, but even these regions were later invaded by both the northern sea and the Pacific, which extended eastward to the Dakota Black Hills region.

(687.6) 60:2.5 This was a fresh-water age characterised by many inland lakes, as is shown by the abundant fresh-water fossils of the so-called Morrison beds of Colorado, Montana, and Wyoming. The thickness of these combined salt- and fresh-water deposits varies from 2,000 to 5,000 feet; but very little limestone is present in these layers.

(687.7) 60:2.6 The same polar sea that extended so far down over North America likewise covered all of South America except the soon appearing Andes Mountains. Most of China and Russia was inundated, but the water invasion was greatest in Europe. It was during this submergence that the beautiful lithographic stone of southern Germany was laid down, those strata in which fossils, such as the most delicate wings of olden insects, are preserved as of but yesterday.

(687.8) 60:2.7 The flora of this age was much like that of the preceding. Ferns persisted, while conifers and pines became more and more like the present-day varieties. Some coal was still being formed along the northern Mediterranean shores.

(687.9) 60:2.8 The return of the seas improved the weather. Corals spread to European waters, testifying that the climate was still mild and even, but they never again appeared in the slowly cooling polar seas. The marine life of these times improved and developed greatly, especially in European waters. Both corals and crinoids temporarily appeared in larger numbers than heretofore, but the ammonites dominated the invertebrate life of the oceans, their average size ranging from three to four inches, though one species attained a diameter of eight feet. Sponges were everywhere, and both cuttlefish and oysters continued to evolve.

(688.1) 60:2.9 *110,000,000* years ago the potentials of marine life were continuing to unfold. The sea urchin was one of the outstanding mutations of this epoch. Crabs, lobsters, and the modern types of crustaceans matured. Marked changes occurred in the fish family, a sturgeon type first appearing, but the ferocious sea serpents, descended from the land reptiles, still infested all the seas, and they threatened the destruction of the entire fish family.

(688.2) 60:2.10 This continued to be, pre-eminently, the age of the dinosaurs. They so overran the land that two species had taken to the water for sustenance during the preceding period of sea encroachment. These sea serpents represent a backward step in evolution. While some new species are progressing,

certain strains remain stationary and others gravitate backward, reverting to a former state. And this is what happened when these two types of reptiles forsook the land.

(688.3) 60:2.11 As time passed, the sea serpents grew to such size that they became very sluggish and eventually perished because they did not have brains large enough to afford protection for their immense bodies. Their brains weighed less than two ounces notwithstanding the fact that these huge ichthyosaurs sometimes grew to be fifty feet long, the majority being over thirty-five feet in length. The marine crocodilians were also a reversion from the land type of reptile, but unlike the sea serpents, these animals always returned to the land to lay their eggs.

(688.4) 60:2.12 Soon after two species of dinosaurs migrated to the water in a futile attempt at self-preservation, two other types were driven to the air by the bitter competition of life on land. But these flying pterosaurs were not the ancestors of the true birds of subsequent ages. They evolved from the hollow-boned leaping dinosaurs, and their wings were of batlike formation with a spread of twenty to twenty-five feet. These ancient flying reptiles grew to be ten feet long, and they had separable jaws much like those of modern snakes. For a time these flying reptiles appeared to be a success, but they failed to evolve along lines which would enable them to survive as air navigators. They represent the non-surviving strains of bird ancestry.

(688.5) 60:2.13 Turtles increased during this period, first appearing in North America. Their ancestors came over from Asia by way of the northern land bridge.

(688.6) 60:2.14 One hundred million years ago the reptilian age was drawing to a close. The dinosaurs, for all their enormous mass, were all but brainless animals, lacking the intelligence to provide sufficient food to nourish such enormous bodies. And so did these sluggish land reptiles perish in ever-increasing numbers. Henceforth, evolution will follow the growth of brains, not physical bulk, and the development of brains will characterise each succeeding epoch of animal evolution and planetary progress.

(688.7) 60:2.15 This period, embracing the height and the beginning decline of the reptiles, extended nearly twenty-five million years and is known as the *Jurassic*.

### 3. The Mid-Mammals

(704.6) 62:3.1 Early in the career of the dawn mammals, in the treetop abode of a superior pair of these agile creatures, twins were born, one male and one female. Compared with their ancestors, they were really handsome little creatures. They had little hair on their bodies, but this was no disability as they lived in a warm and equable climate.

(705.1) 62:3.2 These children grew to be a little over four feet in height. They were in every way larger than their parents, having longer legs and shorter arms. They had almost perfectly opposable thumbs, just about as well adapted for diversified work as the present human thumb. They walked upright, having feet almost as well suited for walking as those of the later human races.

(705.2) 62:3.3 Their brains were inferior to, and smaller than, those of human beings but very superior to, and comparatively much larger than, those of their ancestors. The twins early displayed superior intelligence and were soon recognised as the heads of the whole tribe of dawn mammals, really instituting a primitive form of social organisation and a crude economic division of labour. This brother and sister mated and soon enjoyed the society of twenty-one children much like themselves, all more than four feet tall and in every way superior to the ancestral species. This new group formed the nucleus of the mid-mammals.

(705.3) 62:3.4 When the numbers of this new and superior group grew great, war, relentless war, broke out; and when the terrible struggle was over, not a single individual of the pre-existent and ancestral race of dawn mammals remained alive. The less numerous but more powerful and intelligent offshoot of the species had survived at the expense of their ancestors.

(705.4) 62:3.5 And now, for almost fifteen thousand years (six hundred generations), this creature became the terror of this part of the world. All of the great and vicious animals of former times had perished. The large beasts native to these regions were not carnivorous, and the larger species of the cat family, lions and tigers, had not yet invaded this peculiarly sheltered nook of the Earth's surface. Therefore did these mid-mammals wax valiant and subdue the whole of their corner of creation.

(705.5) 62:3.6 Compared with the ancestral species, the mid-mammals were an improvement in every way. Even their potential life span was longer, being about twenty-five years. A number of rudimentary human traits appeared in this new species. In addition to the innate propensities exhibited by their ancestors, these mid-mammals were capable of showing disgust in certain repulsive situations. They further possessed a well-defined hoarding instinct; they would hide food for subsequent use and were greatly given to the collection of smooth round pebbles and certain types of round stones suitable for defensive and offensive ammunition.

(705.6) 62:3.7 These mid-mammals were the first to exhibit a definite construction propensity, as shown in their rivalry in the building of both treetop homes and their many-tunnelled subterranean retreats; they were the first species of mammals ever to provide for safety in both arboreal and underground shelters. They largely forsook the trees as places of abode, living on the ground during the day and sleeping in the treetops at night.

(705.7) 62:3.8 As time passed, the natural increase in numbers eventually resulted in serious food competition and sex rivalry, all of which culminated in a series of internecine battles that nearly destroyed the entire species. These struggles continued until only one group of less than one hundred individuals was left alive. But peace once more prevailed, and this lone surviving tribe built anew its treetop bedrooms and once again resumed a normal and semi-peaceful existence.

(705.8) 62:3.9 You can hardly realise by what narrow margins your prehuman ancestors missed extinction from time to time. Had the ancestral frog of all humanity jumped two inches less on a certain occasion, the whole course of evolution would have been markedly changed. The immediate lemur-like mother of the dawn-mammal species escaped death no less than five times by mere hairbreadth margins before she gave birth to the father of the new and higher mammalian order. But the closest call of all was when lightning struck the tree in which the prospective mother of the Primates twins was sleeping. Both of these mid-mammal parents were severely shocked and badly burned; three of their seven children were killed by this bolt from the skies. These evolving animals were almost superstitious. This couple whose treetop home had been struck were really the leaders of the more progressive group of the mid-mammal species; and following their example, more than half the tribe, embracing the more intelligent families, moved about two miles away from this locality and began the construction of new treetop abodes and new ground shelters — their transient retreats in time of sudden danger.

(706.1) 62:3.10 Soon after the completion of their home, this couple, veterans of so many struggles, found themselves the proud parents of twins, the most interesting and important animals ever to have been born into the world up to that time, for they were the first of the new species of *Primates* constituting the next vital step in prehuman evolution.

(706.2) 62:3.11 Contemporaneously with the birth of these Primates twins, another couple — a peculiarly retarded male and female of the mid-mammal tribe, a couple that were both mentally and physically

inferior — also gave birth to twins. These twins, one male and one female, were indifferent to conquest; they were concerned only with obtaining food and, since they would not eat flesh, soon lost all interest in seeking prey. These retarded twins became the founders of the modern simian tribes. Their descendants sought the warmer southern regions with their mild climates and an abundance of tropical fruits, where they have continued much as of that day except for those branches which mated with the earlier types of gibbons and apes and have greatly deteriorated in consequence.

(706.3) 62:3.12 And so it may be readily seen that man and the ape are related only in that they sprang from the mid-mammals, a tribe in which there occurred the contemporaneous birth and subsequent segregation of two pairs of twins: the inferior pair destined to produce the modern types of monkey, baboon, chimpanzee, and gorilla; the superior pair destined to continue the line of ascent which evolved into man himself.

(706.4) 62:3.13 Modern man and the simians did spring from the same tribe and species but not from the same parents. Man's ancestors are descended from the superior strains of the selected remnant of this mid-mammal tribe, whereas the modern simians (excepting certain pre-existent types of lemurs, gibbons, apes, and other monkey-like creatures) are the descendants of the most inferior couple of this mid-mammal group, a couple who only survived by hiding themselves in a subterranean food-storage retreat for more than two weeks during the last fierce battle of their tribe, emerging only after the hostilities were well over.

## 5. The First Human Beings

(707.7) 62:5.1 From the year A.D. 1934 back to the birth of the first two human beings is just 993,419 years.

(707.8) 62:5.2 These two remarkable creatures were true human beings. They possessed perfect human thumbs, as had many of their ancestors, while they had just as perfect feet as the present-day human races. They were walkers and runners, not climbers; the grasping function of the big toe was absent, completely absent. When danger drove them to the treetops, they climbed just like the humans of today would. They would climb up the trunk of a tree like a bear and not as would a chimpanzee or a gorilla, swinging up by the branches.

(708.1) 62:5.3 **These first human beings (and their descendants) reached full maturity at twelve years of age and possessed a potential life span of about seventy-five years.**

(708.2) 62:5.4 Many new emotions early appeared in these human twins. They experienced admiration for both objects and other beings and exhibited considerable vanity. But the most remarkable advance in emotional development was the sudden appearance of a new group of really human feelings, the worshipful group, embracing awe, reverence, humility, and even a primitive form of gratitude. Fear, joined with ignorance of natural phenomena, is about to give birth to primitive religion.

(708.3) 62:5.5 Not only were such human feelings manifested in these primitive humans, but many more highly evolved sentiments were also present in rudimentary form. They were mildly cognizant of pity, shame, and reproach and were acutely conscious of love, hate, and revenge, being also susceptible to marked feelings of jealousy.

(708.4) 62:5.6 These first two humans — the twins — were a great trial to their Primates parents. They were so curious and adventurous that they nearly lost their lives on numerous occasions before they were eight years old. As it was, they were rather well scarred up by the time they were twelve.

(708.5) 62:5.7 Very early they learned to engage in verbal communication; by the age of ten they had worked out an improved sign and word language of almost half a hundred ideas and had greatly improved and expanded the crude communicative technique of their ancestors. But try as hard as they might, they were able to teach only a few of their new signs and symbols to their parents.

(708.6) 62:5.8 When about nine years of age, they journeyed off down the river one bright day and held a momentous conference. Every celestial intelligence stationed on Urantia, including myself, was present as an observer of the transactions of this noontide tryst. On this eventful day they arrived at an understanding to live with and for each other, and this was the first of a series of such agreements which finally culminated in the decision to flee from their inferior animal associates and to journey northward, little knowing that they were thus to found the human race.

(708.7) 62:5.9 While we were all greatly concerned with what these two little savages were planning, we were powerless to control the working of their minds; we did not — could not — arbitrarily influence their decisions. But within the permissible limits of planetary function, we, the **Life Carriers**, together with our associates, all conspired to lead the human twins northward and far from their hairy and partially tree-dwelling people. And so, by reason of their own intelligent choice, the twins did *migrate*, and because of our supervision they migrated *northward* to a secluded region where they escaped the possibility of biologic degradation through admixture with their inferior relatives of the Primates tribes.

(708.8) 62:5.10 Shortly before their departure from the home forests they lost their mother in a gibbon raid. While she did not possess their intelligence, she did have a worthy mammalian affection of a high order for her offspring, and she fearlessly gave her life in the attempt to save the wonderful pair. Nor was her sacrifice in vain, for she held off the enemy until the father arrived with reinforcements and put the invaders to rout.

(709.1) 62:5.11 Soon after this young couple forsook their associates to found the human race, their Primates father became disconsolate — he was heartbroken. He refused to eat, even when food was brought to him by his other children. His brilliant offspring having been lost, life did not seem worth living among his ordinary fellows; so he wandered off into the forest, was set upon by hostile gibbons and beaten to death.

NOTE: The twins being the first to have a longing for human perfection lived south of the Caspian Sea and are known as Andon and Fonta, also as Aman and Amon (first man, first woman). They have written through James Padgett and those records can be found in the Padgett Messages (1914 – 1923). Their offspring reach the south eastern island state of Australia, Tasmania, more than 950,000 years ago.

**NOTE:** The Urantia Book can be downloaded for free from the internet.

# with Verna - a nature spirit

by James Moncrief

7 May 2012

James: Hi Verna, I have a couple of questions for you.

Verna, a Nature Spirit: Oh goody, I do love questions.

James: Can animals see you?

Some can. All can sense us, and can sense when we want them to do something for us. We can influence them all, they being of a mind creation as we are, it's a matter of mind to mind you see. And they love doing what we ask. It makes them feel good. And we often ask them to do things for us when they have something to do with you. You need the creatures to provide you with certain experiences, and so to get the creatures to do what is needed, sometimes we need to give them a helping hand. They don't know of course what they are doing for you, but we do, as do your guardian angels, who also play a hand in it.



Some of your pets, your cats and some dogs can see us, but they simply consider us a part of their world, and one in which they can't interact with much, so they simply accept us as part of the scenery so to speak. Sometimes the little kitten will try to catch and play with us, just as the young pup or cat might try to rub up against a spirit it can see or sense, but they soon learn that such things don't give them anything in return. An animal can't feel you patting it, if you are a spirit. It might be able to sense and even feel your energy, a light, even love, but that's about it. And those people who claim to be able to speak with the animals are not really speaking directly to the animal in question, it is the persons indwelling spirit acting as go-between, or on behalf of the animal. And that's when it's a true communication, as also often it's just the mind spirits using the animal to gain a connection with a person.

When unusual things happen between man and beast, then more than likely we're having a hand in it.

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James: What about when animals are being horrible to each other – eating each other?

Verna, Nature Spirit: That's a different sort of relationship, all-loving. That is love – prey and love – victim, even though it might not seem like that on the surface to you, so the spirit integrity always remains intact. When it's with you, it's love – the creatures, and unlove – you, and that's when they need our help so their spirit integrity – their spirit, is not compromised.

James: So in their spirit they don't ever suffer?

Verna: That's right.

James: So baby Pod (a magpie bird that James was assisting), wasn't all alone?

Verna: No, our kind were with him. He didn't feel bad, he didn't feel alone and abandoned in his spirit, that which you feel and suffer because of being treated unlovingly. He wasn't dying longing for his magpie parents, he was all-accepting of his life, he didn't know anything different, or think it should be another way. He didn't know or feel he was suffering, so didn't suffer. You, because of your soul, know and feel you are suffering, and so you do, that being what you have to come to terms with. And it's the



same that applies to all the creatures, they don't have the same relationship with life that you do. It's a far more spiritual life for them, even though they seem far more earthed and of the Earth than you. It's very wrong of mankind to consider them lower beings and so ones that don't suffer, being able to have done to them anything mankind does. For although they don't suffer as such in their spirit, still it's not right, it's not a true life for them, and so in some ways there is suffering involved, especially physical suffering and physical pain and fear. However I can assure you, it's nothing in comparison to what you are suffering by causing a creature to live a life that is not as it desires to live. To make it live an unnatural existence, to make it suffer in that, will cause you untold pain, all of which if you don't come to feel during your earth life as you start to become true, will await you in your spirit life. Many of the mind spirits wake up mentally to how badly they treated the creatures under their care, and suffer accordingly, however that pain, even though very intense for some, will still pale in comparison to the pain they will feel once the start to become true.

James: What compensation do the creatures get? They are the good ones suffering at our hands, so what happens to them? We can be the bad ones torturing and abusing them, then become all good even getting the Divine Love and becoming Celestial, but what do they get? We suffer and get rewarded for shitting all over them, so what about them, do they get anything?

Verna: They get to move onto becoming nature spirits and then in time proper angels. Their spirit lives on. It's nothing of a reward as such, the Mother and Father don't issue rewards, it's just how it is. They live what life is given to them, as we all do, and we all experience what we're to, and we all move on when it's time, we're all always moving on. So there is no compensation for them, as really nothing bad has happened to them, has happened to their spirit. And once any suffering of the physical is over, then as a spirit they go on, on into the vast spirit collective and then to at some time become part of the spirit that constitutes one of my kind.

James: And as you said, or did you say, actually I can't remember now, are you aware of the creature spirits that constitute your spirit?

Verna: No I'm not personally aware as in being able to 'remember' or sense that part of me, that part of my spirit was once, say for example, a bee... or a buffalo. However I can, should I desire, access from higher angels just what my spirit composition is.

James: And have you done so?

Verna: Yes, we all do at some point. We all want to understand our heritage.

James: And would you mind sharing it with me?

Verna: I wouldn't mind, but it's difficult. It's not so much saying I was, or rather my spirit was, once this or that creature, as so many of you mortals and mind spirits say your past lives were, for it comes to us as light, and in that light as a knowing, an awareness, just as part of us. And to further complicate things in regards to myself, I was drawn from the creature spirit from other universal worlds, not of Earth, for as I told you, I was created on Earth before life began. And so there are as you now surmise, those of us who were the original nature spirits, but were not 'of' this world so to speak, that being in a spirit sense. And then since life has been on Earth, there are those nature spirits 'drawn up out of' the indigenous creature spirit. We refer to them as the 'locals'. And as there is now so few of us original 'out of towners', the locals predominate.

So as you'd not be able to relate to the creatures my spirit comes from, all I can tell you is there's **a good mix of aquatic and terrestrial in me.** I'm a good balance.

And yes to read your mind, there are nature spirits with varying mixes of creature spirit. Some feeling more of an affinity for the plant kingdom, others for the oceans or rivers, and others for land, and of course, mixtures of all. And so yes, to read your thoughts again, as you would expect, those of more plant spirit feel drawn more to the plant side of things, and so that's how it is, those nature spirits tending to the plant kingdom.

James: So your spirit is very complex?

Verna: Yes, it's not as straightforward as is yours, yours coming solely from your soul. Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I'm about average, or 'usual' – as much as I hate to admit it, I'm composed, for want of a better word, of about **five hundred billion creature spirits**, so yes, you could say we're complex on that level. And yet on other levels, we're considered rather basic, we are after all *only* nature spirits, not great angels.

James: I suppose the spirit of a bacteria is not that big.

Verna: It's not a matter of big or small in the sense that you know it. It's all a matter of life experience, of light. All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you've been told, as it's the same for you, each experience you live is composed of many 'lights', that being that much light in the spirit of that experience. So our spirit existence is literally a sum of all the light experiences of light those creatures lived. Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live. The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can't grasp with your limited mind, you can through your soul perceptions when you're healed and of Celestial truth, but until then, you'll have no idea about it. And it's not just a thinking mind as yours currently mostly is, it's a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is - a mind of light. When an angel moves, it does so not because of it's feelings like you do, but because of it's mind, the spirit that its mind is, or, the mind of its spirit. Are you confused yet James?

Jams: No, I'm getting what you're telling me more on a feeling level. I doubt I'll remember any of it with my mind, but I understand what you're saying.

**NOTE:** Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then to Library Download page, scroll down to Medical – Spiritual References, and click on to open the PDF:

 [With Verna - a Nature Spirit via James Moncrief.pdf](#)

Important recommended reading is:

by James Moncrief

### **With VERNA – a Nature Spirit**

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## CREATION being an EXPRESSION OF MIND – Nature Spirit Verna:

I, Verna, am one of the 'Little People of Light' or commonly called a nature spirit. We go by other names: elementals, elves, fairies and the like, but really we're nature spirits. We are only concerned with nature, the nature of Earth – our world. Earth is our world more than it is yours, as you're all passing through, whereas we are permanent residents.

We, nature spirits have a hierarchy, some of us being more evolved than others – older – and we're considered to be a slightly lower creation than that of angels, as it's angels, a certain type, that create us. And when we have served you, humanity, well, we can if we want, move up to becoming an angel, we can evolve into one.

About soul-light coming from the soul interacting with Creation bringing about in Creation what needs to happen is all in accordance with the soul's pattern. As far as nature goes, it is wholly responsive to the needs of humanity, that is really all it exists for, for you.

We know why we act, we just act, we're creations of the Mind, The Third Person of Deity; the Infinite Daughter Spirit looks after us through the Local Universal Mother Spirit, the Divine Minister.

We exist to serve you, those of the truth, as nature does, it also being a creation of the Mind, so we don't have a truth-evolving soul like you do. We do however grow in mind service, we evolve so to speak, but not how you evolve. We evolve by doing actions, by acting in accordance with the instructions and mandates we are given, and when they are fulfilled, or completed, we move onto the next assignment, that is our evolution, so we're able to grow by being given increasing responsibilities, it's the same for us as it is for the angels.

So although we don't have an eternal soul like you, we do feel we have an eternal place in Creation because we are part of it; we've been created, there was and is a purpose to our existence, so there will always be something, the next thing, for us to do. And as we do each assignment we grow, which is really, advance in light. By the *light* of an angel or nature spirit you can tell where they are in Creation, on what level, on what assignment, on what circuit, where in the Universal Mind they fit and so exist.

Creation is all created by, and so is a manifestation of, the Mind of God. It consists of mind circuits from the lowest to the highest; and so because of that, everything in Creation can help everything else, it all being orchestrated by the intelligence of the Personalities it is derived from. So when your soul requires a certain experience, then all you are, all the environment is, all that leads up to that exact moment from the beginning of Creation, moves to bring about that experience for you. And all we do is go along with it, which is all you are slowly to learn to do. You are not to try and fight it, or interfere with it, you are learning to just accept nature, your own natures, your soul – or truth and mind nature.

As you learn to live as nature does, by being all-accepting, then you can allow your soul to guide you through your feelings and without trying to actively take over using your mind; to just act according to your natural impulses and feelings, all of which will bring about the desired experiences required by your soul resulting in the desired truth you are to see, know, and hence live.

YOU ARE NATURE – so as you understand about plants and animals and all nature is, really you are understanding about YOURSELF. And this is very important, to see yourself as separate from nature is not right, and is where you all go wrong – it is evil, because it's dishonouring yourself: your true nature.

What you as a person, YOU, are doing to nature is wrong. How you are negatively affecting it, and how that is all because you are doing it all to yourself. EVERYTHING YOU DO TO ANOTHER CREATURE



YOU ARE DOING TO YOURSELF – and that's why you're doing it to the other creature, because you're doing it to yourself. How you are in the outer world is exactly how you are in your inner world. Or rather, how you are in your inner world is how you are in the outer one. It's always the inner first. And the inner has been created through your early childhood.

I'm a swirl of light, recognisable by other angels and beings of mind creation, but unrecognisable to you spirits of truth (humanity) who need form other than just light. So all of my kind, and all of my angelic relations, put on forms for you to recognise us by. You don't have any choice in your form, although in spirit you can play around with your looks a little and what you wear, how you present yourself a little to the universe. But mostly you just allow your soul to manifest your spirit form as it's currently manifesting your physical form, whereas we angels being all light, have a choice – and lots of it! As I said, our true form is a creation of light, which means a collection or gathering together of many lights, beautiful and artistically designed, wonders to behold, and you will be able to get something of a glimpse and soul perception impression of our natures as you grow in truth, we being something very different from you.

And like you, as in you having a soul-mate, in some ways we nature spirits work in pairs, a positive and negative, but not negative in the bad, more like in the sense of current, in physics, a positive and negative representation of the frequencies of light that we are. But we angels – I'll call myself an angel for the time being, just for the sake of argument – don't have soul-mates like you, that's purely a spirit thing, as we don't have the same type of soul that you do. We don't ever perish, we do move on, in that we ascend the circles of light, which are the relevant circles of mind for our order; but we don't grow in truth like you do. We don't have the same mind set up as you do, we don't have a thinking and feeling mind, we are just mind, and all that is mind.



All things and creatures of Creation have a 'light' to them, which you could call something akin to a spirit. Truly speaking, only spirits of truth, such as what you are, you and humanity and those sorts of spirit beings like Mary and Jesus, the mind and Celestial spirits you speak with, all who have a soul that is truth-evolving, have a spirit; we beings and creations of Mind, have a light. I know it gets rather confusing, and it doesn't matter anyway. So you could say a tree has a light, it being a creation of Mind, that being the mind of the Divine Minister in our universe of Neadon, and so you could say that light is something akin to the tree's spirit. However were you to talk to the tree's spirit and have it talk back to you, that's then where we come in. You can't actually speak directly to and converse with lower creations like animals and plants, but we can mediate, you can through us.

Mind spirits aren't going to tell you the truth of who they are, as they will be wanting to keep you in your deluded state just to keep the channel open. They don't care how they communicate with people on Earth, that is the lower ones in particular, and the ones who are seeking some power by doing it, so they won't say, oh sorry, I'm a mind spirit, for nature spirits you'll have to change frequencies, they're that channel over there.

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Important recommended reading is:

by James Moncrief

### **With VERNA – a Nature Spirit**

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**NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:**

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, **WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES.** We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); **BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS,** by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

**Nature Spirits control every aspect of the natural world:**

28 June 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

We have a progressive consciousness, we are evolving our minds, as I've told you, but they being a creation of Mind can so be influenced by higher angelic minds. So really in the mock you had, what I meant was we nature spirits can prevent fish from being caught if that's what we're asked to do by either higher angels on behalf of the Mother and Father, the Divine Minister in Nebadon, or by Sons and Daughters of Truth, that being Mary and Jesus, the Creator Pair, or Avonal Pairs.

We'd know the Avonal pair would ask us knowing from their feelings and the truth they were living that it would be what the Eternal Son and Infinite Daughter desired.

We nature spirits can control EVERY aspect of the natural world if need be. We can make anything happen, from causing earthquakes and volcanic eruptions, down to move the smallest bacteria this way and that. We can bring about any mutations that are desirable, and we can work in the moment or over long periods of time. Nothing is too much for us when it comes to influencing the material plane, that's what we're all about as nature spirits, we do always and continually influence it. By our very nature, our very existence we're influencing it. Nature on the physical level doesn't and can't exist without our ongoing influence. And as to that influence, what it entails, that all awaits humanity, and one day we'll be able to tell various people everything we do. There will be those people destined to have very close and open relationships with our kind, and they will learn and see what we do. And then humanity will be able to move toward living more truly with us and our natural influence, all of which will make people feel so much happier about how they live and treat their natural environment. Currently you are so far away from the truth, heading fast in the opposite direction, so you are the furthest you've ever been from our kind. But once the age changes, then we'll be able to come to you as you'll be able to come to us and things will start to change for the better, that's what we're all looking forward to.

Potsy, the cat, her spirit has gone to join with the combined spirit from all Earth's creatures, to be drawn upon to create us nature spirits, and in fact the sporangia as well, having become part of the spirit collective energy from which my kind, among others, are drawn.



**We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.**

**New Cosmic Light:**

27 September 2011

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

There is new cosmic light coming to Urantia (Earth) from Paradise, being stepped down in universal harmony through Nebadon; and certainly there is new soul-light being emitted from every soul on the planet, but as to how people choose to react to all of that is a personal choice, and many will fight their natural desire to seek the truth and so heal themselves, choosing instead to keep going in their negative states. And for such people, some will be relatively successful at doing it and keeping abreast of the increasing 'lights', others won't be so successful, failing and then succumbing to their bad feelings. And many will go to their graves feeling very bad about life; other's will want to know why they feel so bad so often, and honour their bad feelings and start looking seriously for the truth. But overall, increasing inner and outer pressure will be brought to bare on humanity as it moves through the next age. A certain level of collective consciousness about it's negative state, and a certain level of desire to heal humanity's evilness needs, both personally and collectively, to be achieved by the end of the next age; and as all things are perfect, it will be.



Everyone at their conception gets their angelic pair as well, just as I did, and they will be with you right the way to Paradise and then possibly beyond too. So it's a wonderful relationship, we have our soulmate and our angel pair each, our nature spirit pair, our spirit guide pair and if we embrace Divine Love then they are Celestials, and most importantly our Indwelling Spirit all the way with us. It is all amazing.



## **With Verna, a Nature Spirit**

20 September 2011

James: Do you have a favourite place on Earth?

Verna, Nature Spirit: Yes, many, they are all deep in places in which humans mostly don't go. There aren't any totally pure places left anymore, but relatively speaking, the less interfered with by you are where we like to congregate. Antarctica being one of most favoured places. We love getting deep into the ice. Other places are deep in some of the less damaged and untouched forests, the highest mountains, the deserts and the deep oceans. Then we also frequent the more inhospitable places that you can't go to, such as the inside of volcanoes, the interior of Earth itself, deep in mountains, high in the sky. Our least favourite places are where you humans are the most, such as in your cities, we detest them, and don't go near them unless we have to. Austin and I are so thankful that you and Marion have moved out of Melbourne, the vibration is so gross and dense in a city, they are so dark to be in, there's a bit more light where you are now on the Island.

James: So what about those city pigeons and sparrows, and the few trees, do nature spirits tend to them?

Verna: Oh yes, there are those of my kind who take pity on them and so attend to their needs, but they still detest the whole city environment. It's all too much anti-nature, it goes against all we stand for. We are all for nature, pro-nature; you are all against nature, even your so-called nature lovers, because they are still living in their negative states.

James: How do you feel about all the species dying out because of us?

Verna: Sad, and yet we also understand that there's a higher reason for it. We feel sad that specie extinction is not taking place naturally, that we enjoy, because it means there's a lot of work for us to do; but when it's happening because of your unloving activities, that's not so pleasant for us.

James: Are new species going to evolve to replace the ones lost?

Verna: Yes, but it takes time, and humanity will need to be in a far better condition. So I'm afraid it's going to be a continual decline of species and specie numbers for at least the next age. After that when humanity choses to do its healing in earnest, then we can start to reintroduce species lost and new ones. But we'll be doing all of that in conjunction with humanity when that time comes, not separate from it. Humanity then will be of an entirely different mind frame.

James: It would have to be.

Verna: Yes, and to get it there, a lot of change during the next age is going to happen to both the world and all people.

James: I just had a thought that the so-called End Times are really going to last for the next one thousand years, for the duration of the next spiritual age.

Verna: Yes, that's right, only the worst of it will be up front during the beginning of the age. That which you're nearing now. The rest of the age will be trying to come to terms with what's happened at the beginning.



## New Species introduction is done by Nature Spirits

15 April 2012

Verna, a Nature Spirit: As I said in my last post, we nature spirits play two main roles, one directly as custodians of the 'spirit' of Earth, and the other helping mortals and mortal spirits to understand Earth and how to live in peace and harmony with your natural realm.

What I mean as being custodians of the spirit of Earth is that a very long time ago when the planet was ready for life, so we nature spirits were prepared to receive the 'spirit' of that life, which we did from higher spirit beings. So on the spirit side of things, the spirit that is to make all natural life on Earth was given to us, literally, put into our care, and at the same time, the Spark of Life was initiated by these higher spirits on the physical Earth, thus starting life in the primordial seas as you understand it to have occurred from the fossil records.

Then as your scientists have observed, evolution takes place on the physical level, survival of the fittest and all that, but what you still don't understand is that **for a new species to begin, we are needed to initiate that change in the overall 'spirit' of Earth.** So part of our work is to help evolution proceed along its desired course, that course outlined by God. So we see to the spirit side of physical natural life, making sure it's all as it should be for you. When you as mortals come to this physical world it's all laid on for you, however as many of you know, that doesn't mean you should just take what you want destroying nature and the environment in the process. There are ways to live in perfect harmony with nature, with all creatures, however as humanity is currently living untrue to, or, against itself, such ways will not be revealed to you for a long time to come. But one day humanity will stop wanting to live out of touch with its true feelings and so come to love itself and so love all of nature as well. You'll stop wanting to rip up the natural vegetation replacing it with concrete, but as I said, that's still a long way off. However as many of you are becoming increasingly aware, change is in the air.

What we do then as part of our service to natural life on 'our' world, that which we consider Earth to be, is add what could be called the Spark of Life in an ongoing way to all living things. Simply put, **without our constant involvement and loving relationship with all natural living things on your world, all such things, from the tiniest microbe to the mightiest beast would cease to be.** We keep the whole lot going. But as for yourselves, as you have your own soul that does that for you, so we don't do such things as keep your spirit alive. So you can see, there is always a very deep spiritual connection with the physical, and as I'm sure a lot of you know, without it, the physical world wouldn't have life on it, Earth being just another lump of rock in space.

Now you might wonder what is our part in all the genetic experiments carried out by humanity of late, all the manipulation of trying to meld one species with another? And we are always very involved in such things, in all that you do that concerns the natural world. And then you might wonder, well if that's so, why don't you stop such things as they are obviously against nature and the natural way of things. And sometimes we are called upon, or if we can't do it, we ask other angels who can, to interfere with your meddling. However, we also have to honour the Laws of Soul, and as this world only exists for you, for mortal inhabitation, so if you choose to go down the path of wrongness and do such terrible things to nature, then within the parameters of what you're allowed to do, those given to us by God, we can do things to prevent you from completely destroying yourselves. But also, as difficult as it might be to accept, and as much as it pains us to do, we will actually help you destroy all that's good, true and beautiful, but doing so within the parameters given to us. So many of the 'breakthroughs' your scientists have, actually come from us, it being very easy for us, for all of us from angelic lines, to implant thoughts and ideas in your minds, if it be the will of God. And so then you might wonder, well why would God want us to do such 'bad' things, and the answer to that is something I am not as yet allowed to tell you about, however you can through your own spiritual endeavours discover for yourself.

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21 September 2011

James: How do you do it Verna?

Verna, a Nature Spirit: We have laboratories in which we experiment with the spirit equivalent of the Earth disease. And we manipulate the genes using light. We have what we call 'light-sticks' for the purpose, angelic tools we create with our minds that enable us to do such fine work, all to create the desired result, that being, in keeping with the requirements of the age humanity is currently living in. We're given the parameters by higher angels with which we comply, we can't just make up any concoction we like, not like you can – within reason. And I say 'within reason', because we're always looking over your shoulders in such things ensuring you don't go outside the parameters set down for you for the age you live in.

James: So all those scientists experimenting with such things, only have their 'breakthroughs', if it's in keeping with the guidelines of the current spiritual age.

Verna: Yes, absolutely, you can't do anything outside the guidelines of your age, and all you do is within such guidelines. Humanity has a path it's going down in its negative state, and we're here to help see you go down it as you want, just as it will be when you choose to change paths and to go up the healing one.

So with our light-sticks we simulate the environmental conditions required to bring about the mutations needed to make the bacteria resistant to your drugs. And having achieved our purpose with our mind-created spirit bacteria, we then look for the required Earth conditions to bring about the physical changes in the specific strain. And if those Earth conditions don't come about naturally when we want them to, well then we move to stage two of the plan and make them come about. We're allowed certain leeway in our direct interference with life on Earth, not with you, but all natural life. So we might have to bring about the required conditions to cause the microbe to mutate, all of which is easy enough.

What you might be interested in James is how we know when to bring about such mutations, and that too is told to us by higher angels. As you've been told by Mary (Magdalene), new Creational light from Paradise is coming into your world, and your souls are being prepared for the next stage in humanity's evolution, that being the next spiritual age. So in keeping with this new incoming universal light, that which is affecting all Nebadon (our local universe of Nebadon has 3,840,101 inhabited worlds), but Earth in its particular way, so we are able to increase the level of such bacteria through such mutations. We do it all in step and perfect harmony with the new spiritual light, which is, of course, all perfectly in step and harmony with humanity's continual descent into darkness. It horrifies many in the medical profession to see that all those bugs they thought they'd finally conquered are beginning to come back, and so quickly, and so much so that the drug companies can't keep pace. And the quickness is only going to increase as the incoming universal light increases, as we move closer to the beginning of the new age. And then once in the new age (the Avonal Age of the next 1,000 years), it's going to keep increasing right through that age, it's going to be a very interesting time for us all. Humanity has to come to terms with a lot in a very short time. One thousand years is but a blink of the eye in universal time. So the pressure is going to be kept on humanity to face the truth: that its way of being has been all wrong, and that it can't keep going the way it has been going. And if it does, it will only cause more heartache and suffering for itself. So it will have to choose another way, that being the only other way: the true way, the way of TRUTH!

James: So, say you find a cow that is susceptible, it being a favourable environment in which to incubate the new strain, then what?

Verna: Then we make sure the new strain is passed on. We might have to bring about the same mutation

or similar ones to get it established in many different animals, but that's easy too. We then have another department that works out the influence of the new strain on humanity, such as who it will most likely affect, which souls are requiring the service of it, how it will be moved around the world if that's what is to happen to it, and how it will affect other existing life forms. It's all very complicated that part, for tinkering with the very basics of life is no small thing, however it fascinates us, keeping us all busy working and working, all of us who are involved in it. I used to be, but now I'm sort of semi-retired from such adventures, now I get to talk to you about it all.

James: So you work out projections for the new strain, say a flu virus, and how badly it will affect people: where in which countries, how it will be transmitted, and how it will interact with other bugs and creatures.

Verna: Yes, all that sort of thing, not unlike the models your scientists play around with.

The bigger picture is that all such new life forms, for that's basically what it amounts to when something activates new genes or has new ones added or subtracted, have to still fit in with the ongoing long term plans of the Life Carriers for Earth. We can't make anything that is not in keeping with their plans; and when I say 'make', I mean make the necessary adjustments to bring about changes in species or new ones altogether. As I've told you before, **we are the missing link**, or element, in evolution of the species your scientists wonder about. **Without our loving 'interference', you wouldn't have any evolution of the species, no matter what natural selection the specie and individuals in question might incur.** We are, to all intents and purposes, the selection process, the selectors, we make it all happen, we've brought it all about, all the millions of different life-forms on Earth, all the outworking of the Life Carriers Life Plasm. So without us, no dinosaurs, no elephants, no tiny little bugs.

James: So do you work out the whole, I mean, how each specie fits in with all the others?

Verna: No, we only do the hands on practical stuff of bringing about the required inner genetic alterations. The bigger picture, as to what specie is to be created, comes from 'above', higher angels, they work out all of how nature lives together, all in keeping with the plans of the Life Carriers. The Life Carrier worlds are where that all takes place, they have the whole lot under control, right down to the physical look and behaviour of the species. We just do the tinkering when required, and it's always required, there's always adjustments and fine tuning and mutations required by the plans, this occupying a lot of our time.

Each specie has a department, and then there are departments overseeing groups and families of species, and so on.

James: So say for the Australian magpie that Marion's feeds, a department of nature spirits exist for them doing what?

Verna: They'd be taking notice of all the different variations within the specie, and the varying races of that specie. Any naturally occurring mutations, if not within the required plan or pattern as it is, are eliminated, we can actually kill such damaged cells in a creature if need be, or we just let it die out naturally. If we want that certain variation, then that individual can be made to link up with another desirable individual, ensuring a continuation of the genes. Overall there's a perfection that's being worked toward by a specific time, and that's really what we do, ensure it's achieved. And along the way, we have to deal with a lot of your interference. As you're putting so many foreign substances into the air, land and water, and they are all having an adverse effect on every specie, so we have to take all of that into account as well. Some mighty strange things come up that we have to deal with all to ensure that things keep on track. And then at the same time as looking to nature's evolution, we have to do it all in

keeping with the needs of your soul, with humanity's evolution, so it keeps us busy.

James: So do you know where and what every creature, every tiny microbe is doing all the time.

Verna: No, not always, but we keep a general view on things. We have an ability to know when something is amiss. We don't have to actually keep our eye on every genetic code in every cell in every creature, nor constantly on every creature seeing how it's doing, but we know when something unusual or when something goes astray, happens. Those who are overseeing that particular specie are alerted to whatever it is, we just know, I can't tell you how we know, we just sense it, we're in tune with it, if you like; and when the vibration changes of the specie, then we know. All life emits vibrations or frequencies of light, and it's these we monitor rather than individuals. So when the light frequency of the specie alters, we're onto it, we sense it, we perceive it as something very real, and it doesn't take us long to know which individual or individuals are causing the imbalance. And if it's an imbalance that is within the accepted guidelines, then nothing might need be done about it, so we adjust our knowledge of that specie to the new light-frequency, leaving it as it is. But if the new frequency is not in keeping with the overall desire of the Life Carriers pattern for life on Earth, then we have to decide what is to be done about it. And sometimes we need to summon the overseeing Life Carriers who are stationed in the higher spirit planes of Earth for consolation with them. Sometimes we can discuss such things with our angelic supervisors and don't need to ask the Life Carriers themselves; and sometimes we can take care of things ourselves.

James: So when you said yesterday, I think it was, that you can bring back lost species, you'd do that through selective mutations.

Verna: Yes, that's how it all works. And we can do it relatively quickly or slowly. Mostly it's an age long process, each age allowing us to tinker to a certain degree, but in the case of what's to come for humanity, we'll be able to speed things up a lot. Humanity will be given a lot of nature back to it, because it will need nature's help with its healing in the ages to come. By the time all humanity is soon to go into, ends, there's going to be a lot less species than there are now.

James: You mean with all the wars and political upheaval of the so-called End Times?

Verna: Yes, as well as the Earth changes. You read how scientists who looked at the floor of the ocean following the large earthquake that messed up some of Japan's nuclear reactors, discovered that so many mudslides occurred, completely destroying all the bottom dwelling creatures; and as to what's to come, it's to be expected that such events will cause some specie extinction.

James: Verna, thank you for telling me all of that. I greatly appreciate it. I'm going to have a break.

## **SCIENCE and FEELINGS:**

Friday, 30 March 2018: Graeme: [If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?](#)

Verna, Nature Spirit: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

**The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.**

Saturday, 31 March 2018: Nanna Beth, 3<sup>rd</sup> Celestial Heaven: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it**. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind**.

**MAN is not meant to INTERFERE with the DRIVERS of PAIN:**

21 September 2011

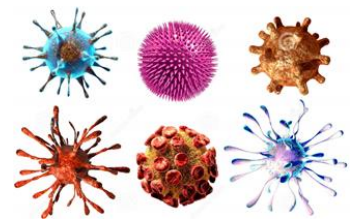
Verna, a Nature Spirit: Mary spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come.



Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self-and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.



Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit by James Moncrief

# SPIRIT AND MATTER

Each phase of our progression in our personal discovery of truth will open further avenues to truth of an ever increasing and expansive nature. This is our destiny throughout our journey to Paradise, the home of our Heavenly Mother and Father.



Few are able to see clairvoyantly the spirit bodies of spirit personalities, and even then, this capability is when higher level spirit personalities ‘turn down’ their brilliance essence so as to make themselves visible – making themselves come closer to the density essence in which the viewer is presently experiencing.

Thus, when it is understood that we have a pair of nature spirits, a pair of spirit personality guides and a pair of angels with us at all times, we cannot see any of them. Yet they all can see us. However, the nature spirits may not be able to see the spirit guides but may see some angels, and the spirit guides may not see the angels. Should the spirit guides be Celestial, then they may also see the angels.



Angels do not have wings, and there are many classes and levels of angels. If the angels are from Paradise, then they would not be typically visible to celestial spirits of the three celestial heavens aligned to Earth’s humanity. However, the angels that attended to Earth’s humanity typically become visible to the spirit personality upon that person completing their Feeling Healing with Divine Love and progresses from the 7<sup>th</sup> Mansion World into the 1<sup>st</sup> Celestial Heaven.

A spirit in a higher plane of Earth cannot be seen by a personality within any of the lower planes. This is the same for each progression to a higher Mansion World, then Celestial Heavens and all the way through to Paradise. A higher level entity needs to detune and allow him or herself to be seen in any lower world and consequently each sphere thereof.

Thus, a Bestowal Pair from Paradise would bring with them Angels to assist them and these Angels of such high elevation would go about unseen, fulfilling their tasks, without any other entity being aware of them due to their ultra fineness of energy and elevation in capabilities – unless they allow themselves to be observed!



### The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.





**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it’s more personal and private and ‘JUST FOR YOU’. So, we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



**Feelings first**





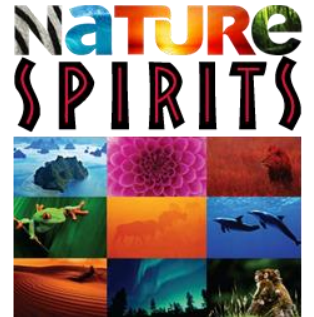
In a way, each person’s Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister’s control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this ‘outsourcing’ is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.  
 Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate / soul partner’ relationship. In addition we have our personal Indwelling Spirit.

### NATURE SPIRITS

Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

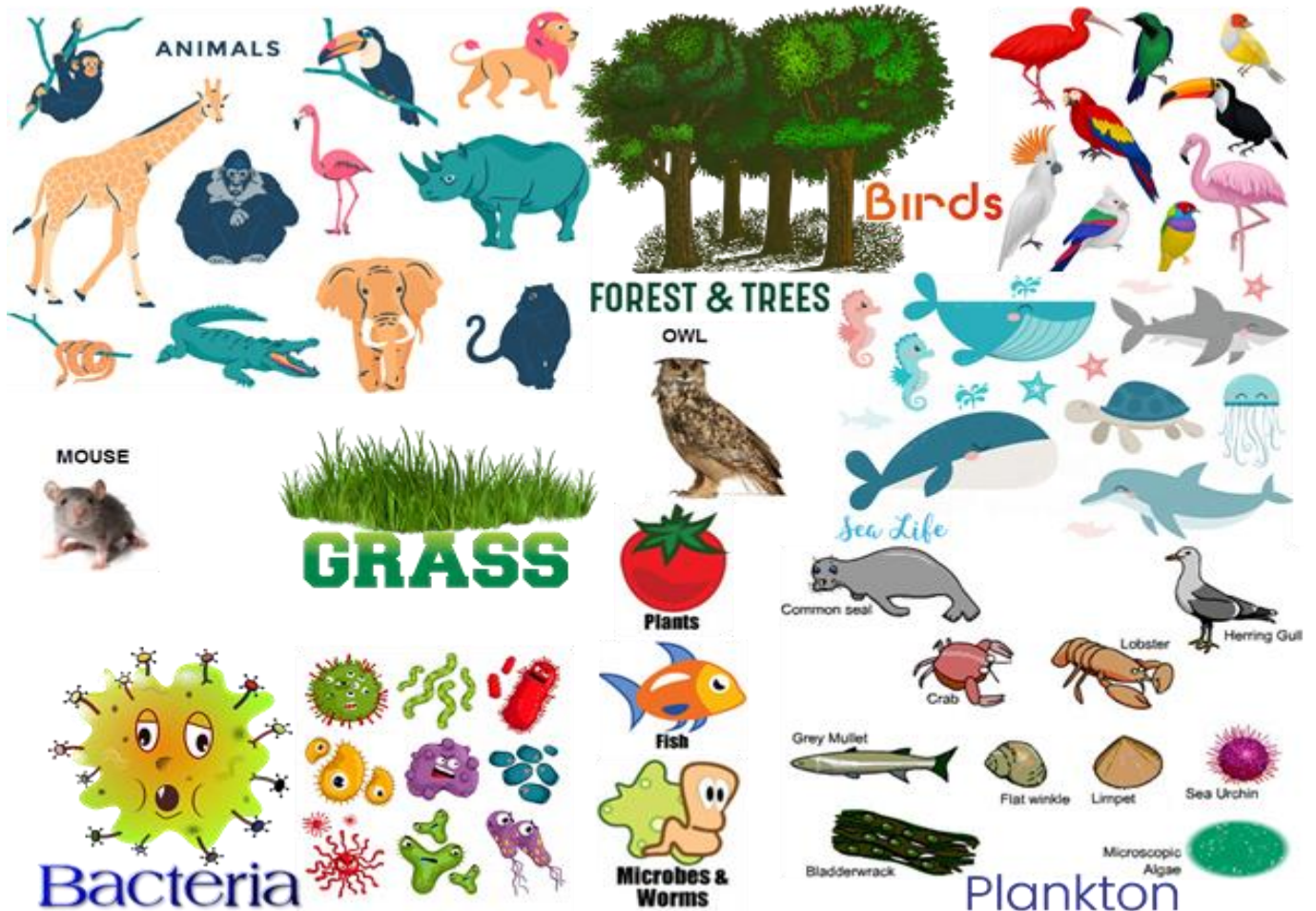


**Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’:** “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”

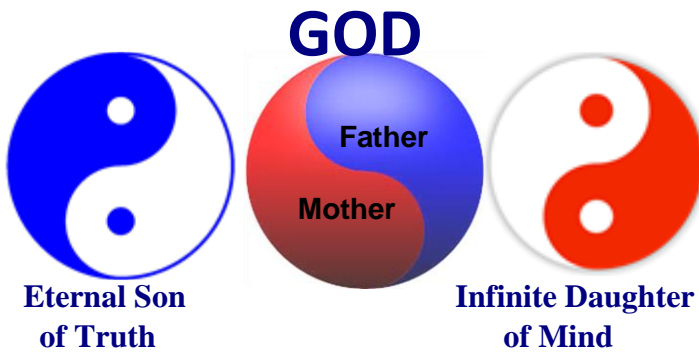


“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



**Feeling Pathway**

**Mind Pathway**



**Soul Partners**



**Angel**

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.



**Spirit Person**



**Nature Spirit**

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

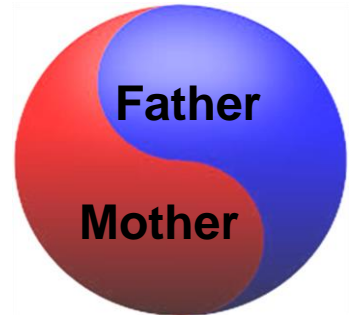


Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

# MUM & DAD THIS WAY

## GOD



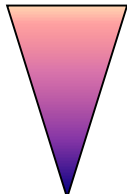
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.



Unknown number of spheres to progress through to reach Paradise.



Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.



INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.



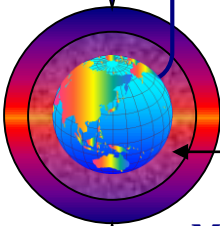
ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.



CELESTIAL HEAVENS are spheres 8, 9, 10.



Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!



We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!



AVONAL PAIR



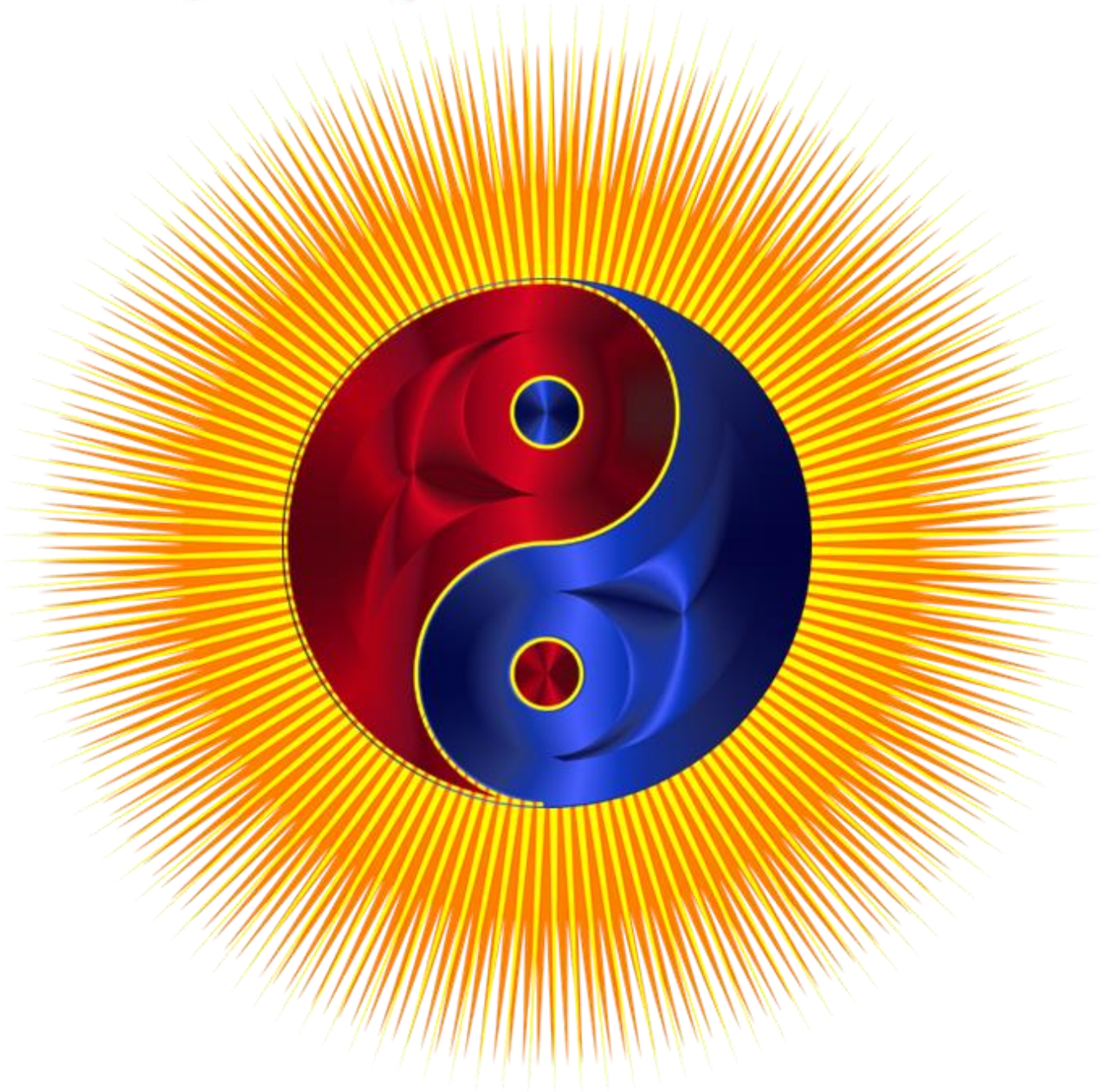
MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# Our Heavenly Mother and Father



**GREAT**  
*U*Turn

**THE**  
**CHANGE**  
&  
**Arvonal AGE**

# Purpose of Life



# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS**  
**EXPRESSIVE!**



# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Neadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Neadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

## COUNCIL of ELDERS

**Council of Elders  
now around 13  
soul-groups from  
the 3<sup>rd</sup> Celestial  
Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas WorldCare will be via those who complete their Feeling Healing on Earth, as years go by.



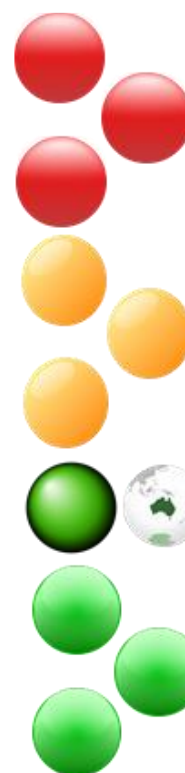
## Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5<sup>th</sup> Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.



Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.

Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.

We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at <https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

Sam’s Book – Parenting and Feeling Healing	Book I	Experience
Sam’s Book – Parenting and Feeling Healing	Book II	Conception
Sam’s Book – Parenting and Feeling Healing	Book III	Magic
Sam’s Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam’s Book – Parenting and Feeling Healing	Book V	Setting Free
Sam’s Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam’s Book – Parenting and Feeling Healing	Book VII	Vision
Sam’s Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam’s Book – Parenting and Feeling Healing	Book IX	Self-Acceptance

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guides
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light and Sage – and the Healing Angels of Light</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Soul Light from Zelmar Melchizedek</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe: The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx – Geoff Cutler</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

## [James Moncrief's books, the Padgett Messages and The Urantia Book at:](#)

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

#### **James Moncrief Books:**

MoC

The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84

**This group being pages of 2,305**

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279

#### **Communication with spirits – meet a spirit friend**

**2010**

**37**

Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

**This group being pages of 3,046**

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

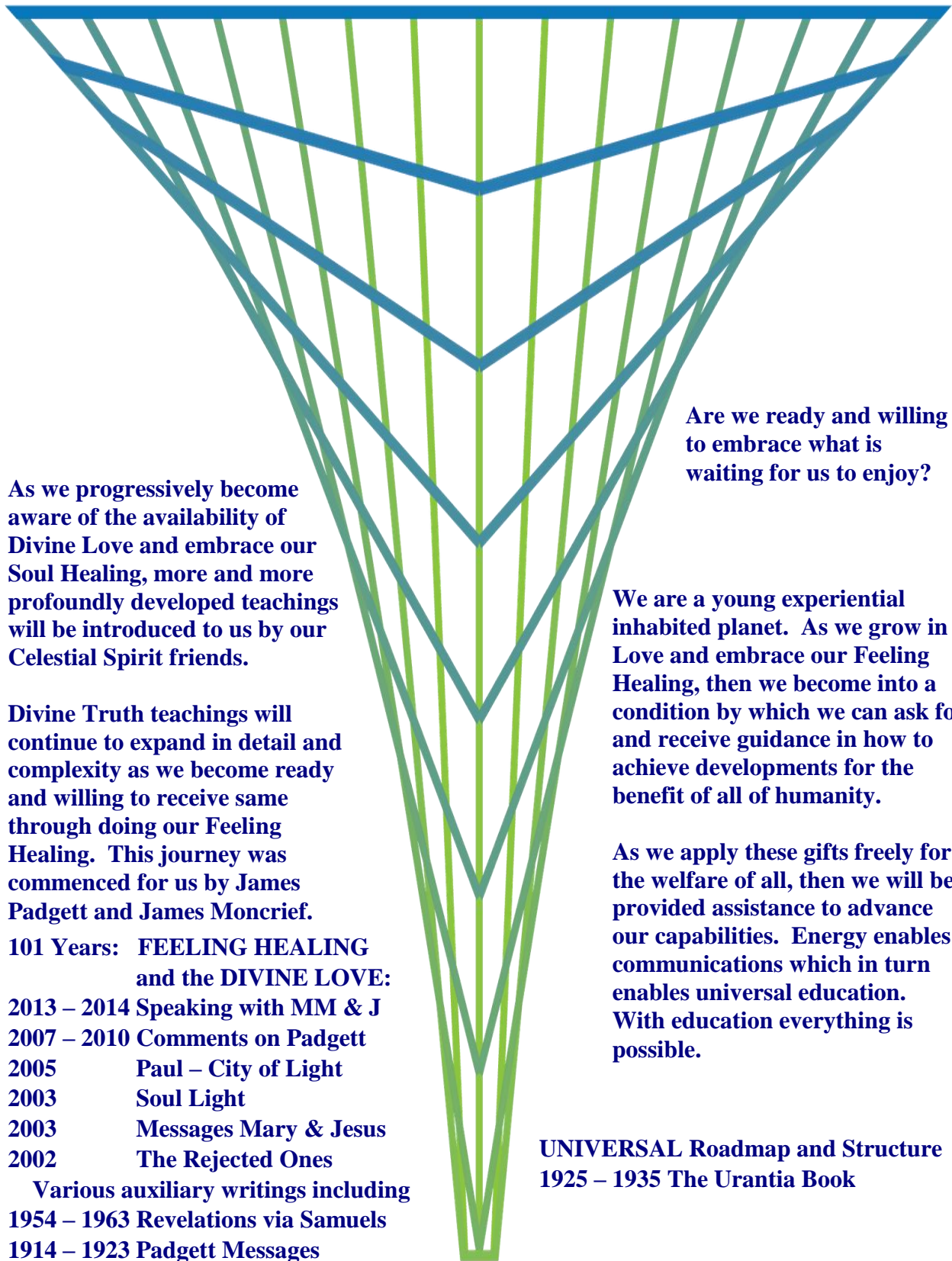
**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebellious  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**



**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



# "THE" profession is: **TEACHING**



to:

*Learn through play*  
*Independently explore subject*  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*



while you







ALL WE ARE  
SAYING IS GIVE  
PEACE A CHANCE.



# The New Way Living Feelings First



# Truth brings Love and Peace



perceived truth MoC 920 – relative truth potential MoC 1,480