

Pascas Care

Parenting

Feelings are Supreme Guides



“Peace And Spirit Creating Alternate Solutions”

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PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Health – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*



“Never can one man do more for another than by making it known of the availability of the Feeling Healing and Divine Love.”

The New Way: learning how to live true to ourselves by living true to our feelings.

The Golden rule is: Never interfere with another’s will.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

For 200,000 years Earth's humanity has progressively gone deeper and deeper into embracing one's mind as the pathway for supremacy and evolutionary development. Now, in the 2020s, humanity is to be made aware that they have all been led into an abyss of stagnation and degradation all for the benefit of depraved higher level spirits who were supposed to lead Earth's humanity in spiritual development and to higher levels of capability and vibrancy.

Not only are we all living in mediocrity, we are all living against our will, repressing our true personality, functioning without spontaneity and living in a stupor like zombies. We have had this entrenched into us by our unknowingly unloving parents, and we as parents have done the same to our own children. We have not been loved by our parents and consequently we do not know how to love our own children. We do not know what love is!

Every facet of our living, every institutionalised system, every norm, every custom, our education systems, our spiritual and religious practices and systems, governments, commerce, all that we embrace is driven from mind centricity. Our minds cannot determine truth from falsehood. Our minds are addicted to untruth. Assumptions that we dearly embrace are in error around 98% of the time as they are the product of our minds that are addicted to untruth and control of others. A conversation that commences with "I think" is the mind at it most controlling striving and in its addiction for untruth.



What does this all achieve?

Even though we consider that we have never been so well off, this is the furthest we can be from truth. Earth is a state of hell. That is it, short and simple! And it is a low state of hell. We are so deep in hell that we, Earth, is quarantined from all other humanities throughout all of the universes. We have never been visited by humanities from any other physical world for more than 200,000 years. We may never have been visited during Earth's humanity's physical existence on Earth, but certainly not for the past 200,000 years. The 37 rebellious worlds are in quarantine and Earth is one of the 37.

Using Dr David R Hawkins' Map of Consciousness (MoC) and kinesiology muscle testing, an overview and understanding of where Earth's humanity is at can be readily discerned. This technique and scale required Dr Hawkins several decades in development and it clearly has been introduced through spirits engaged with the process of opening of the veil between Celestial spirits and Earth's humanity.

Living through the mind and suppressing our soul based feelings is imprisoning humanity in mediocrity and under 499 on the MoC scale. We are imprisoned in untruth, error addicted minds which are also addicted to control over others and the environment. MoC 499 is the peak that is for those who live within the 1st spirit Mansion World. There are seven spirit Mansion Worlds and we need to evolve through all seven to escape the confines of the Hells – and we on Earth calibrate overall at around 220 MoC.

You might consider that we are mid way on the scale. The scale is based on the common log of 10. A 1 point jump is a 10 fold increase in energy (truth energy). A 10 point increase is 10,000,000,000 increase in energy. We have 280 points to go for all of humanity to even commence to be fit to move up to the next spirit Mansion World. There are seven Mansion Worlds that we are to progress through to be fit to transition to the fist of the Celestial Heaven spheres. When we enter the first Celestial Heaven THEN we are out of the Hells!

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Nanna Beth 3rd Celestial Heaven 20 March 2018

**Golden Rule: One must always honour another's will as one honours one's own.
Never interfere with another's will.**

Should or when we impose our will upon another, then we are causing that person discomfort and pain. What ever discomfort and pain we cause another person, we will, in turn surfer the equivalent discomfort and pain. That is the Law of Compensation. This we presently do so through the lower levels of the 1st spirit Mansion World. For more serious compensation we find ourselves confined within the 1st and 2nd planes of Earth. These low planes of Earth are the worst of the Hells. Such planes are worse than anything that we experience on physical Earth, though we may sometimes consider that could not be possible.

Children only need their parents' love!

Ten ducks in a row, but one has always been misleading!



Lucifer, after being System Sovereign for 500 thousand years, rebelled against the Creator daughter and son (Michaels) leadership of Nebadon, and then seduced 37 humanities to join into rebellion, Earth being 1 of 37. That was 200 thousand years ago. Earth's Planetary Prince who induced the Rebellion on Earth, Caligastia, is also referred to as the devil.

Lanonandek spirits from local universe Nebadon.



Lucifer soulmate / partner pair being System Sovereign and Satan soul

Also Lanonandek spirits:



Caligastia soul partner pair being Planetary Prince with Daligastia being their deputies. Caligastia is the 'devil' personality.



Mind Mansion World spirits influenced people on Earth by infusing Lucifer's dictates.

The Urantia Book (TUB): ^{(602.1) 53:1.4} Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, Satan, to advocate his cause on your planet (Earth). Satan was a member of the same primary group of Lanonandeks but had never functioned as a System Sovereign; he entered fully into the Lucifer insurrection. The "devil" is none other than Caligastia, the deposed Planetary Prince of Urantia (Earth) and a Son of the secondary order of Lanonandeks. At the time Michael was on Urantia in the flesh, Lucifer, Satan and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they signally failed. (Daligastia being Caligastia's first lieutenant or deputy.)

^{(602.4) 53:2.1} Lucifer and his first assistant, Satan, had reigned on Jerusem for more than five hundred thousand years when in their hearts they began to array themselves against the Universal Father and his then vicegerent Son, Michael. (Jerusem is the home city of the first three Celestial Heaven spheres.)





REBELLION and DEFAULT formally ended 31 January 2018:

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

WE'VE BEEN SCREWED BY LUCIFER REBELLION

Freedom in the World 2014 Findings

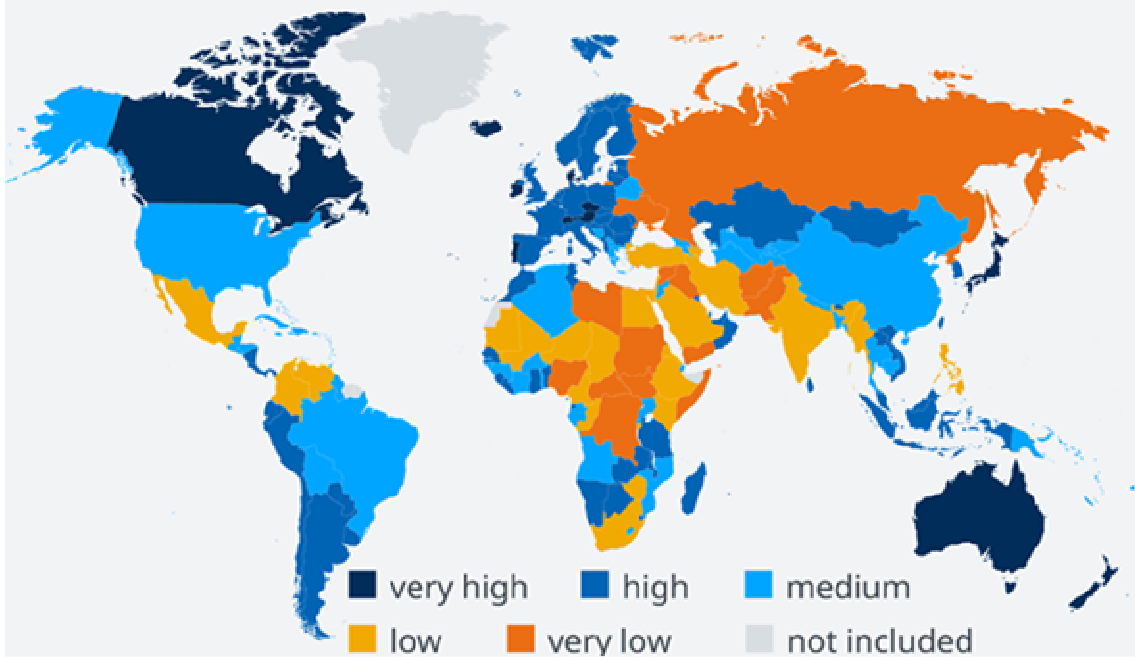
Freedom Status	Country Breakdown	Population Breakdown
FREE	88 (45%)	2,826,850,000 (40%)
PARTLY FREE	59 (30%)	1,822,000,000 (25%)
NOT FREE	48 (25%)	2,467,900,000 (35%)
TOTAL	195	7,116,750,000

The Map of Freedom reflects the findings of Freedom in the World 2014, which rates the level of political rights and civil liberties in 195 countries and 14 related and disputed territories during 2013. Based on these ratings, countries are divided into three categories: Free, Partly Free, and Not Free.

A Free country is one where there is broad scope for open political competition, a climate of respect for civil liberties, significant independent civic life, and independent media. Partly Free countries are characterised by some restrictions on political rights and civil liberties, often in a context of corruption, weak rule of law, ethnic strife, or civil war. A Not Free country is one where basic political rights are absent, and basic civil liberties are widely and systematically denied.

<http://freedomhouse.org/sites/default/files/MapofFreedom2014.pdf>

Global Peace Index 2018



The World at War in 2021

Countries with reported armed clashes between state forces and/or rebels in 2021*



Source: The Armed Conflict Location & Event Data Project

statista





"'Chosen by God,' eh?
— What's the catch?"



It is the year 2021: We have clear and growing signs of a grand credit cycle in its death throes. What a looming USA default reminds us of is that of the two traditional safe haven assets, gold and US Treasuries (and indeed government bonds globally), only gold has no counterparty risk, is no one's liability. Buying bonds is buying debt in a world saturated with the stuff and totally relying on the issuer to pay up. Interest rates are already zero or negative and hence bonds have very limited scope for higher prices regardless. Gold and silver have extremely limited supply, have no counterparty risk, no 'paper promise' whatsoever, and have proven to be the pre-eminent assets over 5,000 years of countless credit cycles going pop.

"Gold is Money – everything else is credit" "If you don't own Gold, you know neither history nor economics." History is repeating. Are you paying attention? Global hyperinflation and the collapse of economic systems worldwide are seemingly inevitable.

Due to the worldwide pandemic of coronavirus Covid-19 commencing in 2019, we have a global vaccination of all of humanity. Vaccines do not prevent the vaccinated from contracting the virus, the vaccine does not prevent the mutation of the virus in the person, and the vaccines do not prevent the person from passing on the original strain of the virus or a mutated strain. Angels directing the Nature Spirits to mutate the major strains in anticipation of newer vaccines thus negating endeavours of prevention. Health sciences have prided themselves on their progress whereas no disease is any less prevalent, though it maybe now in a more aggressive form due to scientific interference.

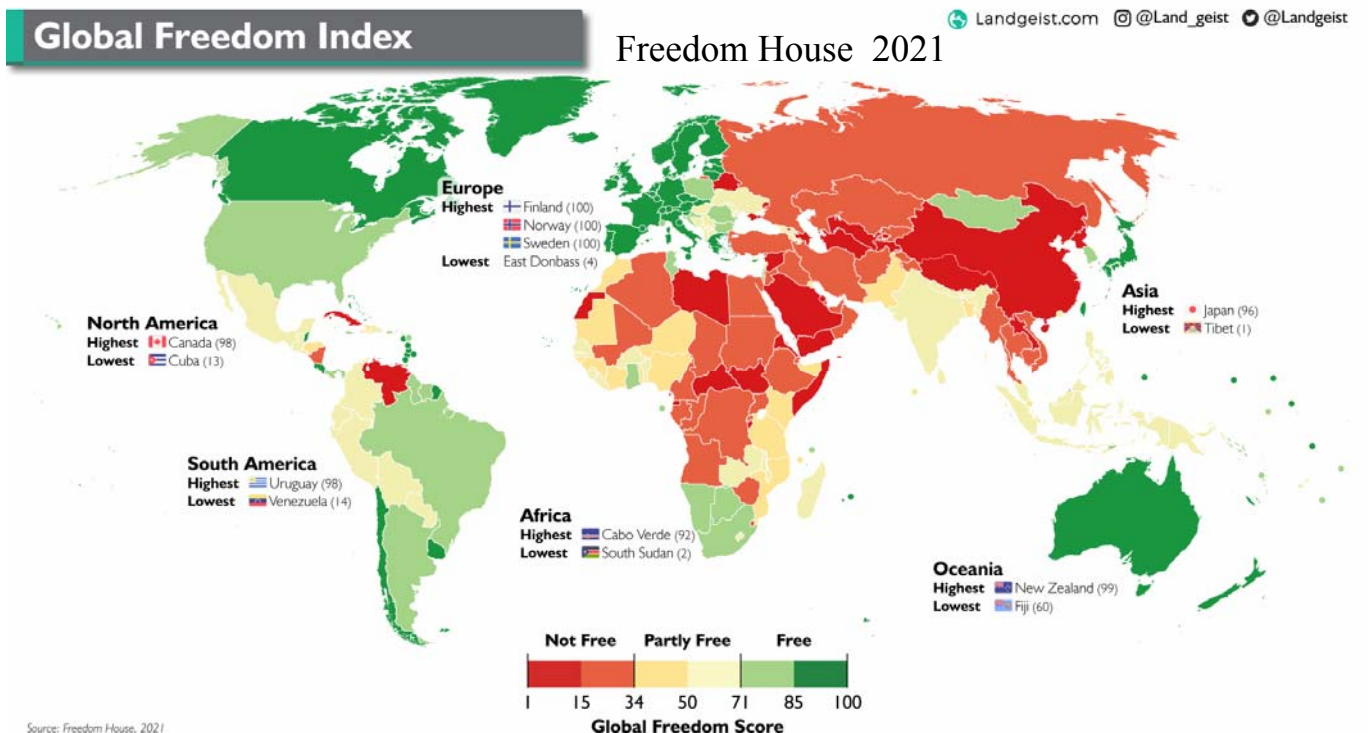




Worldwide, the general populace is observing gross incompetency and bewildering leadership throughout all sectors of society and governance. Freedoms that have been taken for granted are being taken away through draconian legislation. It is likening to the educated leaders of all factions and commerce have ‘lost their marbles’. We could all push for replacement – but would they be any better?

While we live mind centric and suppress our feelings which are always in truth, then every institution around the world and society will need to crumble. This is what we are experiencing – the old is to go!

For those, being most, who remain steadfastly holding to the ways of life that have prevailed these past few decades, then they will find their world crumbling around them. The old ways of the Rebellion and Default are not being allowed to continue. Everything that has it foundations during the Rebellion and Default is to be dismantled, torn down, and replaced with The New Way, of Living Feelings First. The Rebellion and Default was formally ended on 31 January 2018.

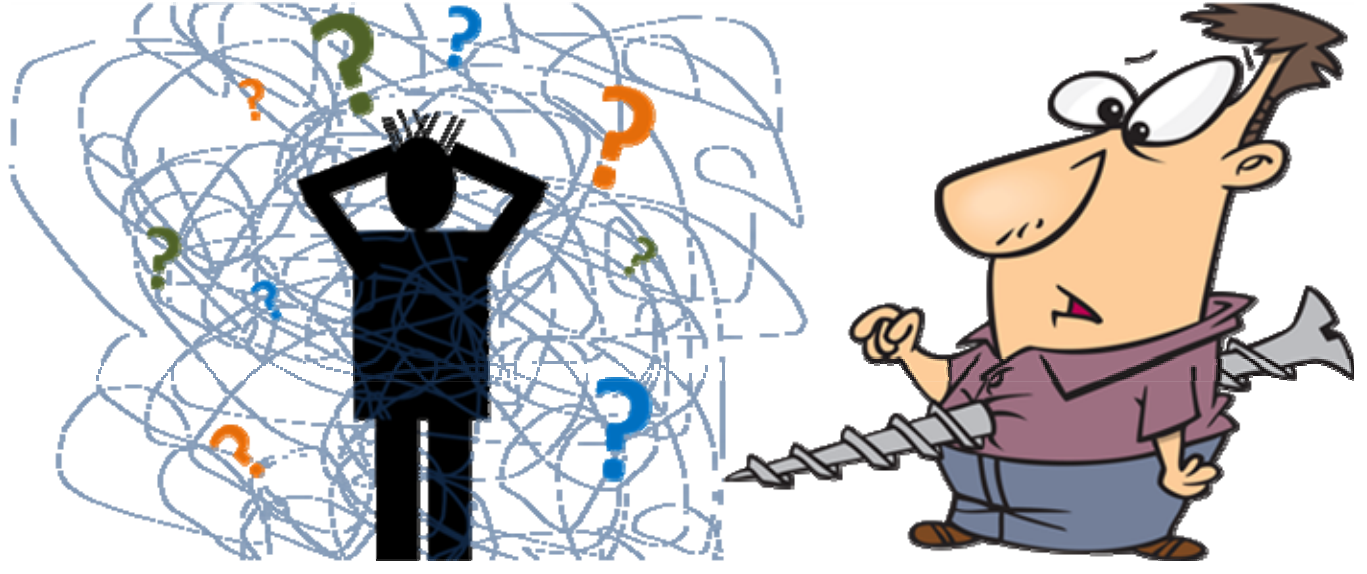


This Suppression is now to be Ended!



From **CONCEPTION** through to **GRAVE** we are **CONTROLLED**.
Our Parents and Carers suppress our true
Personality and we continue with repression
 throughout our adult life!

We are being screwed by our Minds!



EINSTEIN'S THEORY of INSANITY



It will appear incomprehensible to most that it is our minds that are retarding our evolution. It is the limitations that we impose upon ourselves through generations of 'brain washing' that we live such pathetic limited lives. A mind scentric scientist may go through a whole working life with the occasional break through whereas those in general life who live feelings first find innovation routine and free flowing. All that we need to know is already known to us through our feelings. When a feeling surfaces, long to know the truth behind what the feeling is drawing your attention to and its truth will unfold and be revealed.

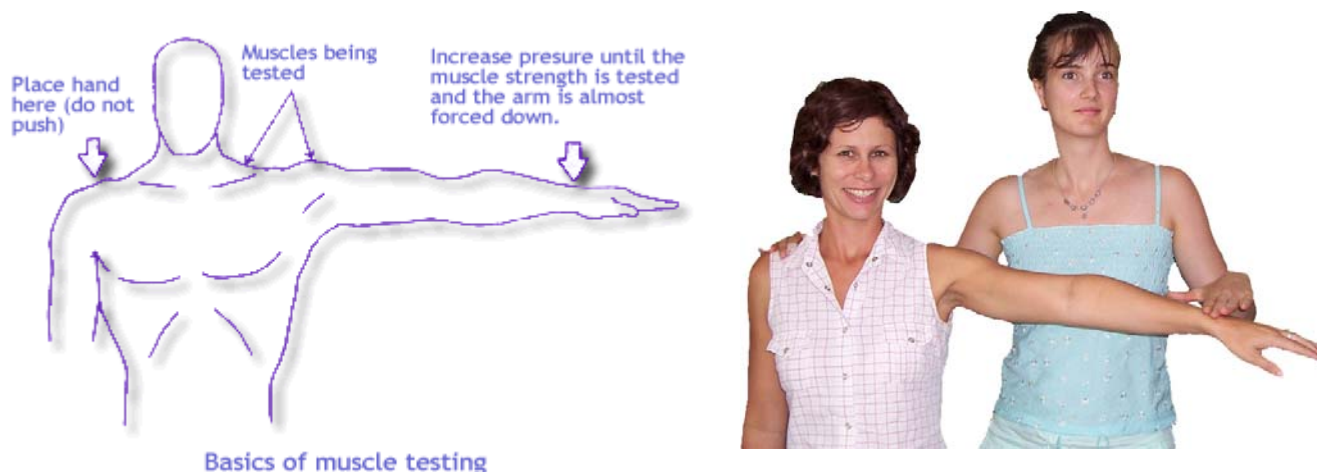
The majority of innovations are achieved by those not educated in the scientific field to which the break through is achieved. These are through people who have not been told it cannot be done. Those who are formally educated in sciences find that they are restricted by the teachings of that scientific field. 'Assumptions' are of the mind, assumptions are at best only 96% in error! Look at any scientific research paper and count the number of assumptions that the findings are based on. This practice has all evolved through the rebellious Lanonandeks to hold us subservient to them and their long term agendas.

Creation is finite to the mind's limitations. The mind can only go so far - then it plateaus!

Our hidden controllers, passively over many centuries, slowly guided us ever so gently into their web of deceit and control that it is impossible for us, without help, to get out from under their entrapment.

It is only through the intervention of personalities of a higher consciousness than the brilliant but rebellious Lanonandeks that we can be shown the way. This has now been done. It is Samantha McCabe, from amongst us ascending mortals, that has single handedly embraced the Avonal Pair's guidance and demonstrated that we can heal ourselves of the Rebellion and Default that the rebellious Lanonandek's have imposed upon us.

How can we ascertain that this is so? Kinesiology muscle testing with the Map of Consciousness (MoC) as Dr David R Hawkins has introduced to us through his book, "Power vs Force" and others. Through kinesiology muscle testing we can calibrate anything and anyone if it or they are conveying truth, being in truth, and also the level of that truth as per the MoC scale. Within the Library Download page at www.pascashealth.com scroll down to Medical, click on Pascas Care Kinesiology Testing to discover how you can do your own testing.



Living through our minds, being mind centric, with its addiction to untruth, inability to determine truth from falsehood, its addiction to control, we are locked into living within the confines of the 1st of the 7 spirit Mansion Worlds, the lowest of 7 that we have to transcend BEFORE reaching the lowest of the Celestial Heave spheres. Overall, Earth's humanity is on the brink of self-destruction and that is not to be allowed. Our free will in this regard is to be over ridden and our self-destruction is not to occur. That is how bad our state is presently in!

Yes, we can go on and perfect our minds and progress beyond 499 MoC (the peak of Reason), however we are deluding ourselves and we will eventual confront a psychotic break down and return to a much lower condition to address our Law of Compensation and THEN commence our Feeling Healing while addressing the Law of Forgiveness. With Divine Love, we then can progress up through the Mansion Worlds and enter the Celestial Heave spheres once having healed what we have taken on of the Rebellion and Default.

Until we commence to embrace our feelings, living feelings first, we remain stagnant and imprisoned in Lucifer's web of deceit and Rebellion. We remain rebelling against our true selves and consequently against our Heavenly Mother and Father. We remain in Hell!

Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



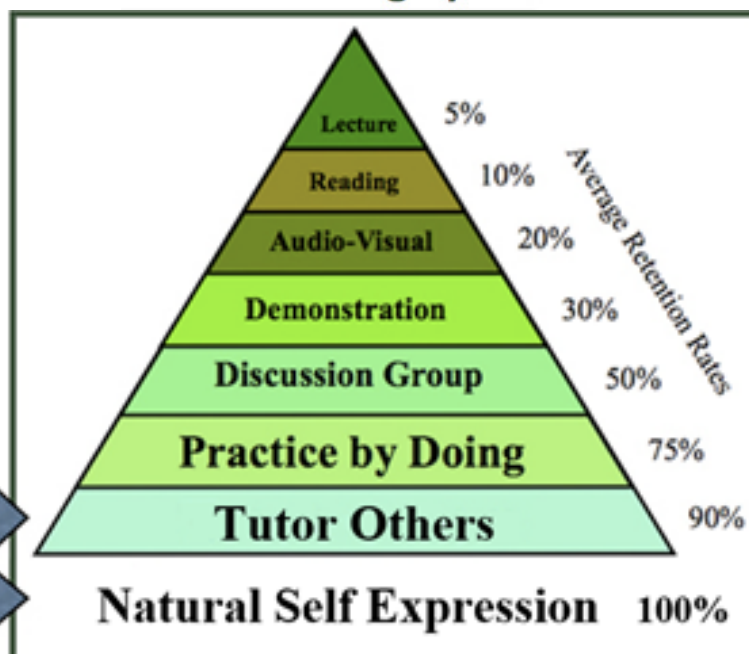
While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!



Education: We have all embraced education, however through the most difficult avenues. Retention rate from lectures is around 5%, the most prolific education ‘device’. Retention rate through tutoring others is around 90%. This is seldomly structured into education services. Again, this is how control is asserted over us!



The Learning Pyramid



**Worst thing for our children are their parents!
We are in Pain because of our Unloving Childhood!
All Lies are shown up as pain!**

We, all of us of Earth’s humanity, have been duped into embracing our minds as our pathway to excellence, whereas it has been our enslavement to Lucifer’s universal ambitions and our personal enslavement to disease and ineffective health systems, ineffectual education systems, enslavement to debt for education, housing and other financial encumbrances, inequitable government and social systems and erroneous spiritual and religious systems, all designed by these rebellious high level spirits to keep us retarded and unable to put aside their deceptions.

For 200,000 years, the male has made the female subservient whereas they are equal to each other. As the female is closer to their feelings generally than the male, then it is the female that is our spiritual leader. “The True Liberation of Women is Through the Truth of Their Feelings.”

To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

Feelings are to lead, mind is to follow.



Feelings are to lead in everything we do.

This is contrary to how our hidden controllers have manipulated us to live these past 200,000 years.

By suppressing our feelings we have each suppressed our true personality and submitted to our parents' contrived personality that they imposed upon each of us. We have been presenting a false persona to the world at great personal degradation to our soul and prosperity. We are functioning without intuitiveness and vigour, we are in zombie mode, in a stupor and that is totally closing out our true potential.



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The New Way: Learning how to live true to ourselves by living true to our feelings.

Golden Rule: One must always honour another's will as one honours one's own.

Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

BLUEPRINT

We are our Childhood



We are our childhood! We live our adult life in the same manner we lived through our childhood forming years. We emulate our own parents in all we do. We bring up our own children imitating the way we were brought up by our own parents. Thus, generation after generation is a mirroring of what has unfolded throughout numerous prior generations. This has been so distinct that humanity has been stagnating at 190 on Dr David R Hawkins' Map of Consciousness (MoC) since the time of Jesus and Mary in the first century all the way through to the mid twentieth century. We have deluded ourselves, through our control addicted minds, that we have been making great strides. All we have achieved is multiple ways to distract ourselves from our true feelings, to suppress our feelings through an ever cascading number of ways and devices, and obliterate true and meaningful interaction with others.

However, through Feeling Healing, we can each heal ourselves of our personal Rebellion and Default and evolve to live in a Celestial Soul Condition while living physically here on Earth. Three people are personally demonstrating that. Two being the Avonal Pair here now from Paradise to show us the way, and the other is Samantha who is on her own following the Avonal Pair's lead. It is through these three people that they have raised the overall MoC calibration for ALL of humanity to 220 as of the year 2021.

Meet John's brother-in-law, Kevin. Kevin lived a few hundred metres from where John lived in a small country town in central New South Wales, Australia. Kevin was a carpenter who loved his 200 or so bantam chickens, his television was always on the sporting channels and books were next to invisible in his home. He was in walking distance to the White Tank Hotel and life was routine and relaxed.

Five years after he died, he had achieved Celestial status and he conveyed the following message – and much, much more:





Our FEELINGS are our SUPREME GUIDES:

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin, 1st Celestial Heaven: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

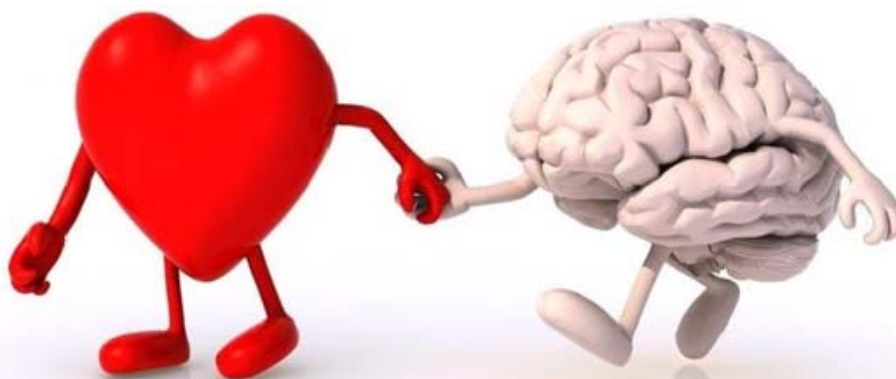
FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality



Sometimes Your Mind Needs More Time
To Accept What The Heart Already Knows

FF

Feelings
first

Heart logic and mind logic are often
two very different things.



It has to feel right and make sense to
move forward with ease.

If it doesn't feel right, but it seems to
make sense, pause, and investigate within.

If it feels right but doesn't make total sense,
ask the mind to trust the heart a little more.

The heart's usually the wiser of the two.

~Doe Zantamata

Feelings first

Feelings first

To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2018: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep suppressed. And this is what I 'feed' on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**



The coming Avonal Age will herald a 1,000 years of spiritual growth and development for those of humanity who embrace their feelings, go on to live Feelings First and engage in their Feeling Healing whilst asking for and receiving our Heavenly Mother and Father's Divine Love.

In so doing, the channels of communication for those of humanity who embrace Feeling Healing will open to Celestial Heaven spirit personalities, to Nature Spirits and to Angels. We are never alone, however active communication has been denied while the Rebellion and Default continued with unfettered restraint in favour of those who initiated the Rebellion and Default, the rebellious Lanonandek spirits.

Peace will prevail during this era through the grounding of the Law of Compensation in the same manner as it is active within the 1st spirit Mansion World. At the end of Avonal Age, the Law of Compensation and also Divine Love may be withdrawn and Earth's humanity will be given the free will to decide how they wish to continue during the following age.





our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

all we need is WITHIN.
our MIND suppresses FEELINGS.

HEALING ends
MIND-CONTROL!

We are Truth Seekers!



Heart felt
feelings are the
Truth of our Soul

SOUL

Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living through our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

CONTROL of HUMANITY CHANGEOVER

1. Mind Mansion World Spirits, of worlds 1, 2, 4 and 6, complicit to the guile of rebellious high level Lanonandeks, Calligastia and Dalligastia, being spirit world imprisoned during the early 1990s, continued to guide and support the Rebellion and Default imposed upon Earth's humanity by Lucifer and Satan commencing 200,000 years ago. **THE EVIL ONES**

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.

22 March 2017: Negative mind-spirit influence now blocked by Celestial Spirits.

22 May 2017: Law of Compensation quickening.

2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.

8 December 2017: Bring on the money to **'house the future of humanity'**.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default



Oversight and control of Earth's humanity is now within the hands of Celestials from the first three Celestial Heavens with some 30 billion Celestials engaged, assisted by 3 Melchizedeks soul-groups and countless angels. Transfer to "Council of Elders" personalities is from mind orientation to feelings first – soul based truth – with the changeover becoming openly known when the Avonal pair commence their public work.

2. Earth based hidden controllers being dominated by family groupings mainly out of Europe, with some in various parts of the world such as USA and Asia. Their "chairmen" control the world's finances and passively enslave humanity without being known. Their funds are to be removed from their control and their power collapsed.

**hidden
CONTROLLERS**

3. The "chairmen" are from the long-term families, generationally passing down power over humanity. These family groups may number less than twenty with their worldwide dominance.

4. The medium-term families numbering around thirty are generally unaware of the long-term families. These are personalities who come to fruition during their life and generally, but unknowingly, fit into the overarching evil agendas of the hidden controllers.

5. Short-term members are those who are typically invited into the Bilderberg Meetings and unknowingly are subordinate to the medium termers who are subordinate to the hidden controllers.

6. Secret societies that dominate commerce and sciences provide the feedstock of subterfuge.

7. Deep State are people that subterfuge governments and influential people who would otherwise work against the hidden controllers.

8. Regional, state and national governments are short-term well intentioned representatives of the people, whilst being unknowingly controlled.

**SUBSERVIENT
CONTROLLERS**

9. All Earth based institutionalised systems as well as religions are the product of the Rebellion and Default of 200,000 years ago that continue to do the work of the Evil Ones, the rebellious Lanonandeks, through the guile of the hidden controllers.

10. The few hidden controller families control the world's finances through financial systems that enslave all of humanity with debt systems extending to education loans, credit cards, etc.

11. Health systems do not address the cause of all illness, being childhood suppression and repression.

12. Religionists perpetrate the indoctrination of living through the mind, suppressing feelings.

13. Education is a dictatorship; chancellor, professor, doctorate lecturer, teacher, student – no latitude to allow one's soul-based feelings to be expressed – all controlled by the subservient chancellor.

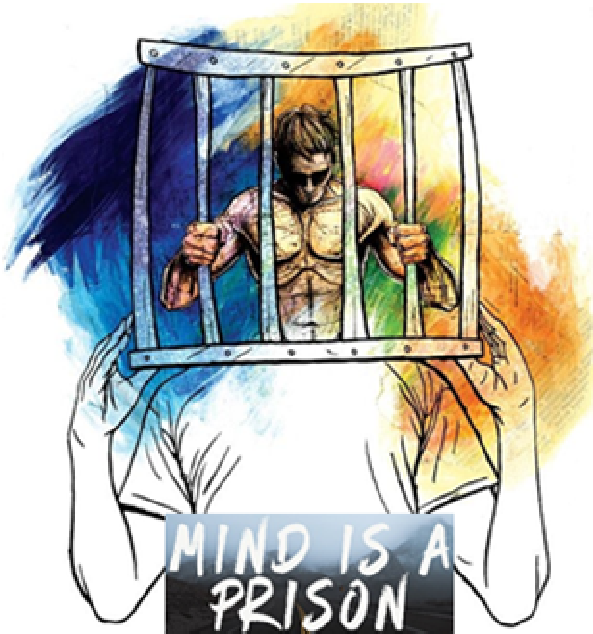
14. And the most subservient of controllers are parents who perpetrate the Rebellion and Default through suppressing the child's true personality, bestowed by our Heavenly Parents, and having the child submit to their carers impositions by the child repressing its feelings and living through the mind.

**Culture of the mind must
be subservient to the heart.**

Mahatma Gandhi

NEW FEELINGS WAY

We are enslaved in our mind.



entrapment of limitation and perpetual stagnation.

We seek, what we think, is the best education for our children. Many send their girls and boys to the so-called best and expensive schools that subsequently further enslave the child deeper into its mind.

The world's journey of growth through its education systems has peaked. The result is a global population functioning in zombie mode, in a stupor, glued to an electronic device, all trying to be the same with no individuality, originality or self-expression.

This destiny was imposed upon us by controllers who had us go in a direction of limited development and to remain their pawns forever!

Girls and women have been singled out as they, being closer to their feelings, can see the folly of this

We are to live feelings first and have our minds follow implementing what our feelings are leading us to embrace. Our feelings are our true selves, they are an expression of the personality that we are, as bestowed upon us by our Heavenly Mother and Father.

A feelings orientated education opens our potential infinitely. It is only through us living through our feelings that all the social ills that are evident throughout every community in every nation can and will be mitigated and put aside. It is only through expressing our feelings, both good and bad, and longing for the truth of them that we will heal ourselves of our childhood suppression and repression. Then we will see an evolutionary advancement of Earth's humanity that is presently incomprehensible.

The New Way: Learning how to live true to ourselves by living true to our feelings.

**FREEDOM OF
FEELINGS**

**FEELING
HEALING**

We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to rise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.





and bring about;

Unbridled *Personal*
LIBERTY = True Self-
Expression



Our Spirit Friends on duty



OUT GATEWAY ISOLATION



CONSCIOUSNESS and EMOTIONS:

Consciousness = Soul Condition. One's Soul Condition is equal to the average of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

Note:**The Map of Consciousness scale is from 1 to 1,000**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

NATURAL LOVE or HUMANITY's ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 7, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Mind-made	dis-empowering	emotions:	↓ 200	All the negative	emotions
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

MoC	No. of Countries	Average MoC	Average Life Expectancy	Per Capita Income 2013
400s	10	406	78.50	US\$46,690
300s	13	331	71.77	US\$20,508
200s	10	232	69.45	US\$14,927
High 100s	18	176	69.00	US\$12,283
Low 100s	7	129	61.88	US\$6,560
Below 100	11	66	52.73	US\$5,500
WORLD		220	70	US\$13,100

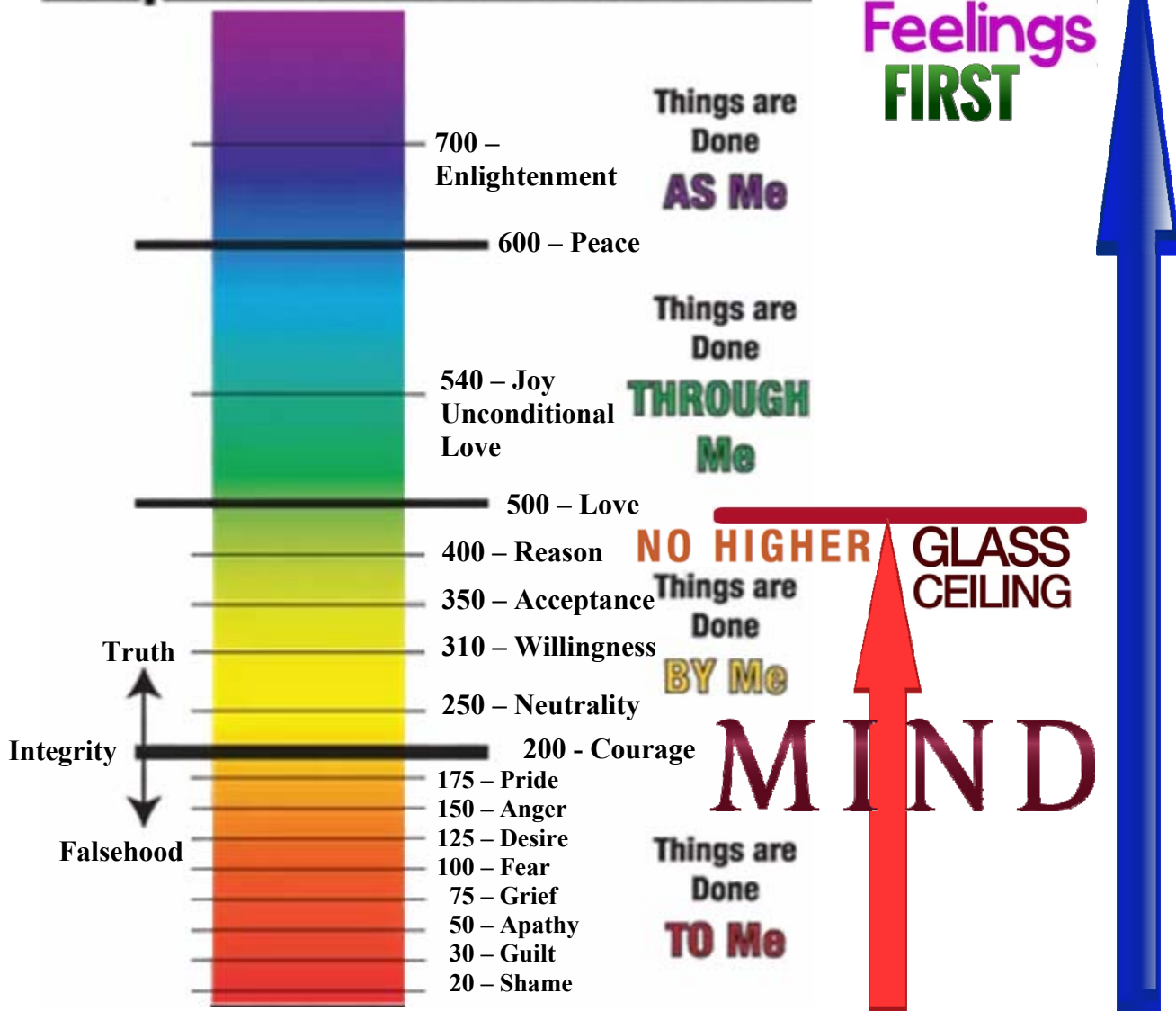
Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	220

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Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
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 Thus the energy differentials are in fact enormous!

Map of Consciousness

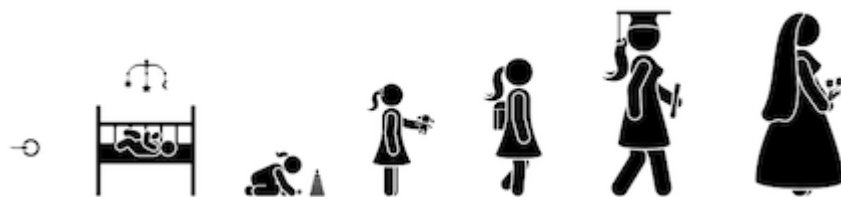


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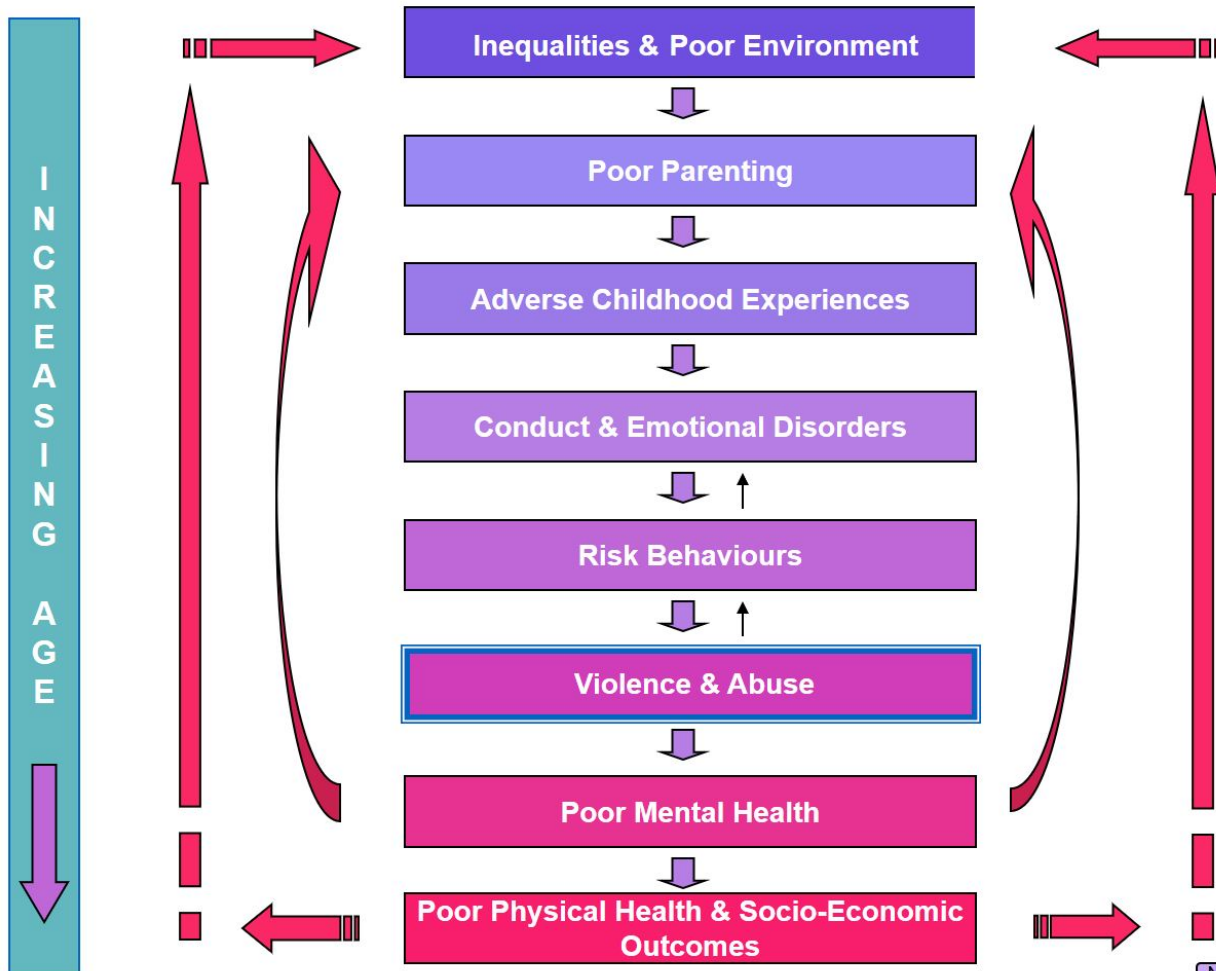
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LIFE IS FOR LEARNING



The Cycle of Violence and Abuse across the Life-course



Nurse J, 2008



Seek **truth** from the cradle to the grave.

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair

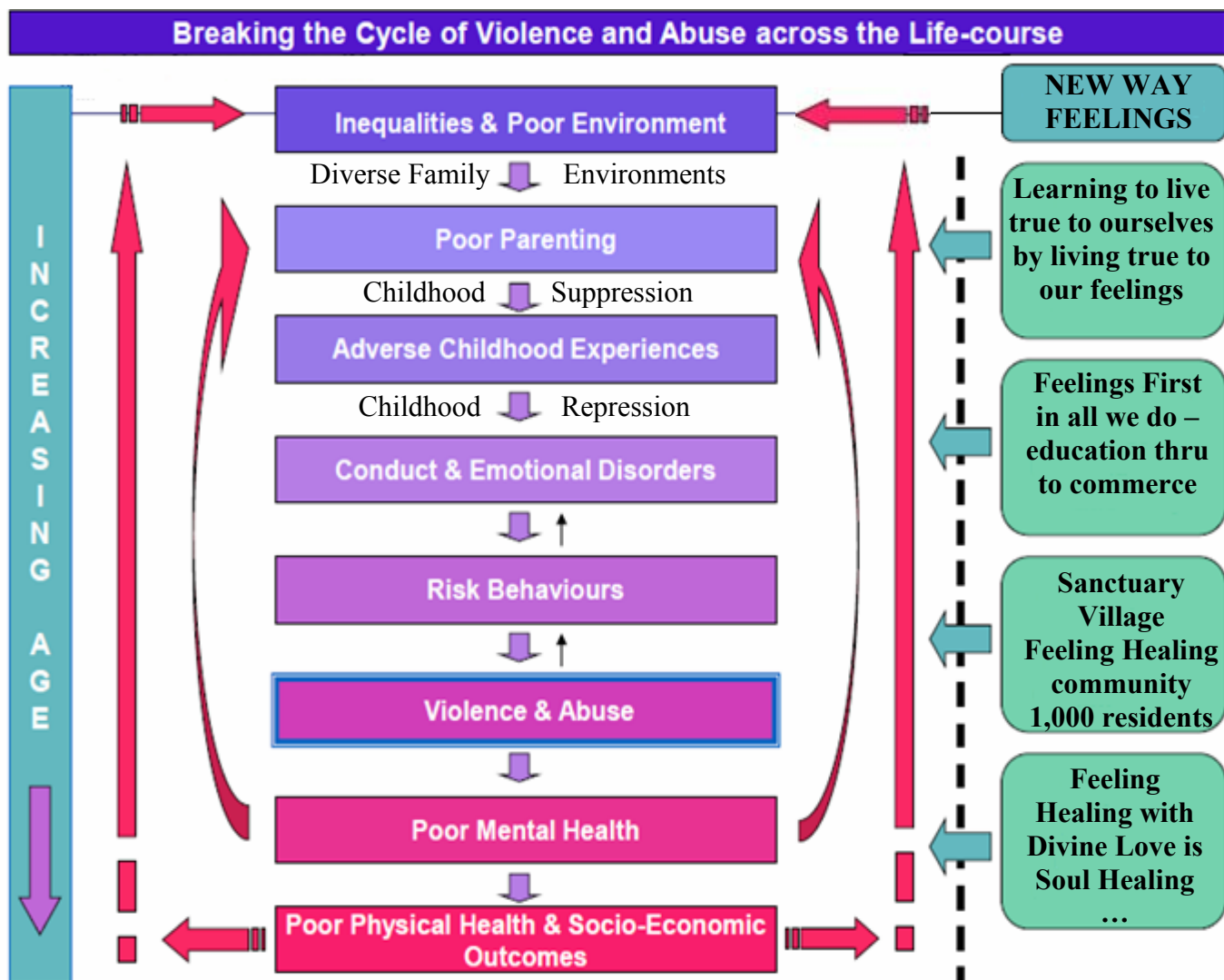


Caligastia pair

Arrested and imprisoned early 1990s CE



Daligastia pair



PEACE and HARMONY or CONFLICT and WAR:

MAP OF CONSCIOUSNESS

Level	Log
At-onement Transition	1080
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

Council of Elders
being those at-one with their Indwelling Spirits.

Feelings first



Humanity that is above 500 on the Map of Consciousness scale is Feelings First orientated.

Conflict does not occur amongst these people. They engage with their soul based truths. Below 500 one is predominantly mind orientated!


Presently, humanity calibrates overall at around 220 and is engaged with their wayward, controlling, addicted minds. Through living feelings first with one's mind subordinated thereto, humanity will universally progress beyond conflict of any kind, particularly war.



Below 500 we have: ↓



WILL or FREE WILL:

SPHERE 

MAP OF CONSCIOUSNESS

	Level	Log
10		
9	At-onement Transition &	
8		1080
7	ENLIGHTENMENT	700-1000
6		
5	PEACE	600
4		
3	JOY	540
2	LOVE	500
1	REASON	400
	ACCEPTANCE	350
	WILLINGNESS	310
	NEUTRALITY	250
	COURAGE	200
Spheres of Disharmony = Hells	PRIDE	175
	ANGER	150
	DESIRE	125
	FEAR	100
	GRIEF	75
	APATHY	50
	GUILT	30
	SHAME	20

When we have healed our unloving emotions from our way of living, we will then engage God's way to live. We embrace God's will with our soul dominating the mind. Our will is now at one with our Mother and Father. We now can enter the Celestial Heavens – being Celestial.

Soul based emotions are all love based forming our natural love soul, created by the Supreme Being. The will of the soul is always love based as desired by our Heavenly Mother and Father. We are embracing the will of our Heavenly Parents when we respond to these soul based emotions.

Our soul is subordinate to our mind. Our mind has free will and responds to all emotions, positive and negative. We allow our dominate emotions to determine our actions. This is exercising our free will. Only Feeling Healing with Divine Love removes our negative embraces.

Erroneous emotions are all about causing harm to others and/or to one's self. These lead us to a period in the hells to prevent us from harming others and experience compensation. Seek the Love and grow!

NATURAL LOVE will TAKE YOU NO HIGHER than from WHERE YOU CAME FROM?

MAP OF CONSCIOUSNESS



Natural Love is the substance that one's soul is made of. One's intellectuality, mind focus, typically enslaves us into centuries of will power aligned personal development only to find the ceiling being the 6th spirit world sphere in one's progression.
 6th SPHERE has no doors to higher realms.

Spheres of Disharmony = Hells	6	ENLIGHTENMENT	700-1000
	5	PEACE	600
	4	JOY	540
	3	LOVE	500
	1	REASON	400
		ACCEPTANCE	350
		WILLINGNESS	310
		NEUTRALITY	250
		COURAGE	200
	PRIDE	175	
	ANGER	150	
	DESIRE	125	
	FEAR	100	
	GRIEF	75	
	APATHY	50	
	GUILT	30	
	SHAME	20	

Intellectual dominance retards one's potential to peak ONLY at Sphere 6.

Natural Love can progress us from 1st, then to 2nd, 4th, and finally to 6th sphere only. Mind is the control.



If we would just ask for Divine Guidance and Divine Love to help us and let go of our minds and preconceived ideas about what the answer should be, then we would get a clear and accurate answer so that we are able to classify it and live a life without having to deal with the burden of our flaws over and over again.

Flaws / emotional errors / injuries block the flow of natural love and that is the reason so many also have a dark soul.

The 6th sphere state of the perfect natural man is our birthright; it is our normal level of being. The only thing man has to do to regain this state, is unblock the flow of natural love by letting go of the flaws it is hanging on to; not by adding something which isn't already ours.



FEELING HEALING with DIVINE LOVE is the PATHWAY for our SOUL'S PROGRESSION:

MAP OF CONSCIOUSNESS	
Level	Log
At-onement Transition & → 1080	
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

SPHERE

∞

10

9

8

7

6

5

4

3

2

1

Spheres of Disharmony = Hells

Feeling Healing with Divine Love progressively fits us to enter the Celestial Heavens, then the Eternal Spheres and then the Spheres of Paradise, way above the Spirit Worlds.



Feeling Healing with Divine Love, is the substance that dissolves our emotional errors, our damages resulting from mind errors and selfish ways. Feeling Healing with Divine Love brings about forgiveness.

Feeling Healing and with Divine Love we step away from errors that predominate in the spheres of disharmony, we then progress from the 1st sphere and then through the Divine Love spirit worlds 3rd, 5th, and 7th spheres. Once our mind is totally compliant with the Will of our Heavenly Parents, we no longer can nor consider to do anything other than adhere to the Loving Nature of the Parents' Will, this is the transition to at-onement. We then enter into a Celestial Soul Condition either whilst here in the physical on Earth or enter the Celestial Heavens as a spirit person.

With the embracement of Feeling Healing and our Parents' Love, the Divine Love, we can achieve this progression into Celestial Soul Condition within possibly a decade! When we ask for Divine Guidance and Divine Love to help us and let go of our minds and preconceived ideas, we live a life without having to deal with the burden of flaws over and over again. Go 'God Reliant'. Set your mind free, and enjoy your freedom with the Love.



PARADISE

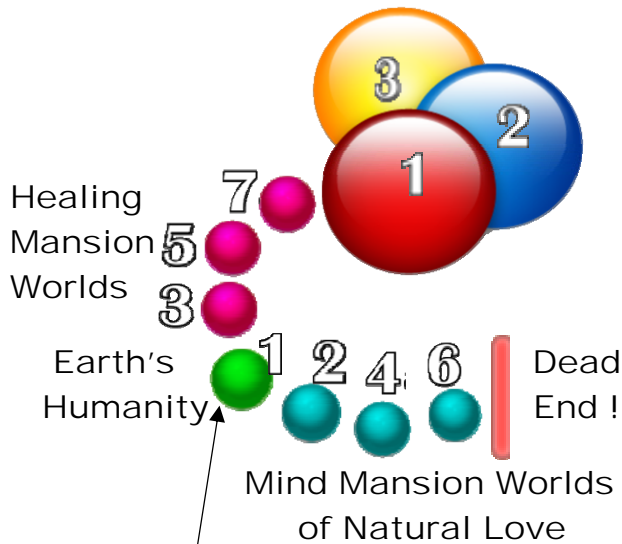
Home to our Heavenly Mother and Father



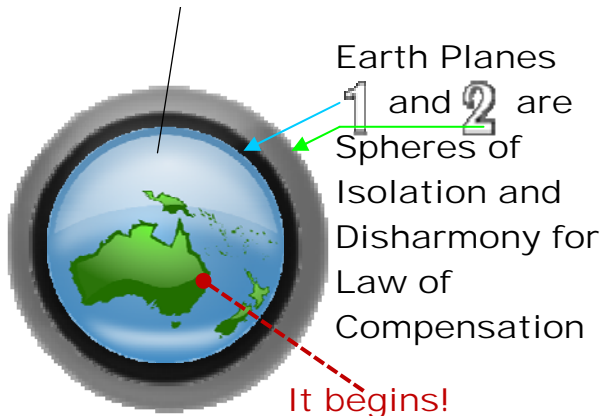
We are to progress through NEBADON,
our Local Universe, and then onwards - -



SATANIA - System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres



Upon death of our
physical body, we
all transition to the
1st Mansion World



A photograph of two young children playing in a stream. The child on the left is holding a large, green, pointed leaf over their head like an umbrella. Both children are smiling and appear to be enjoying the water. The background is a lush, green forest with sunlight filtering through the trees.

**Great Gifts through our Feelings are:
The Awareness of our Heavenly Mother
and Father**

**That our soul is a duplex – both male
and female – one soul, two personalities**

**That Feeling Healing with Divine Love
is our pathway to Paradise – our true
home**

**Freely expressing our Feelings to a
companion is expressing our true
personality – the personality bestowed
upon us by our Heavenly Mother and
Father – our true Mum and Dad!**

**These are truths of living
Feelings First Spirituality,
The New Way**

feelings

New way

The NEW WAY The NEW WAY

It's all about
Experiences
&
FEELINGS



BE FEELINGS
EXPRESSIVE!

WHOLE DIFFERENT Way of Life.



Mind

TRANSITION



feelings

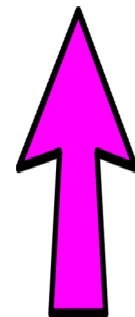


The Light coming out of the Darkness!

FREEDOM OF FEELING
FEELINGS HEALING
LIVE FEELINGS FIRST

Ascension of Truth to Paradise

ASCENSION of TRUTH to PARADISE



DIVINE LOVE – Feelings in control – FEELINGS WAY
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT

THE FEELINGS WAY ** LIVING A FEELING-LED LIFE **

Transformation of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.

Transformation of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

Transition from Mind to Feeling way of living

NATURAL LOVE – mind in control – MIND WAY
 SEVEN MANSION WORLDS

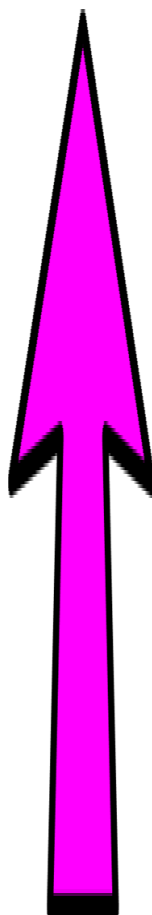
We have to do our: SPIRITUAL HEALING
 (FEELING HEALING)
 (SOUL HEALING)

Uncovering the truth of feeling Unloved

IMPERFECT NATURAL LOVE
 REBELLIOUS
 REBELLION AND DEFAULT

Against Truth and Love
 Living Untrue; against ourselves
 Denying many feelings
 Become Truth to being untrue
 Imperfect relationships
 Feelings of love within an unloving state

LIFE ON EARTH
WHAT WE ARE LIVING
AN UNLOVING LIFE



Self-Acceptance

No Healing needs to be done
 Being true and loving
 All done with Natural love
 Uncovering the truth of feeling loved

PERFECT NATURAL LOVE
 NOT REBELLIOUS
 NO REBELLION OR DEFAULT

Not Against Truth and Love
 Living Truth; not against ourselves
 Not denying any feelings
 Become truth to being true
 Perfect Relationships
 Feelings of love in loving state

LIFE ON A PERFECT WORLD
 What we wish we were living
 A Loving life

THE MIND WAY ** MIND-LED LIFE **

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

GREAT U-TURN

Living True to Ourselves

LIVING TRUE to OURSELVES

We are to live truth to ourselves through ALL our feelings. We are untrue.

We are to live truth to being untrue. We are to stop pretending we're true.

We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

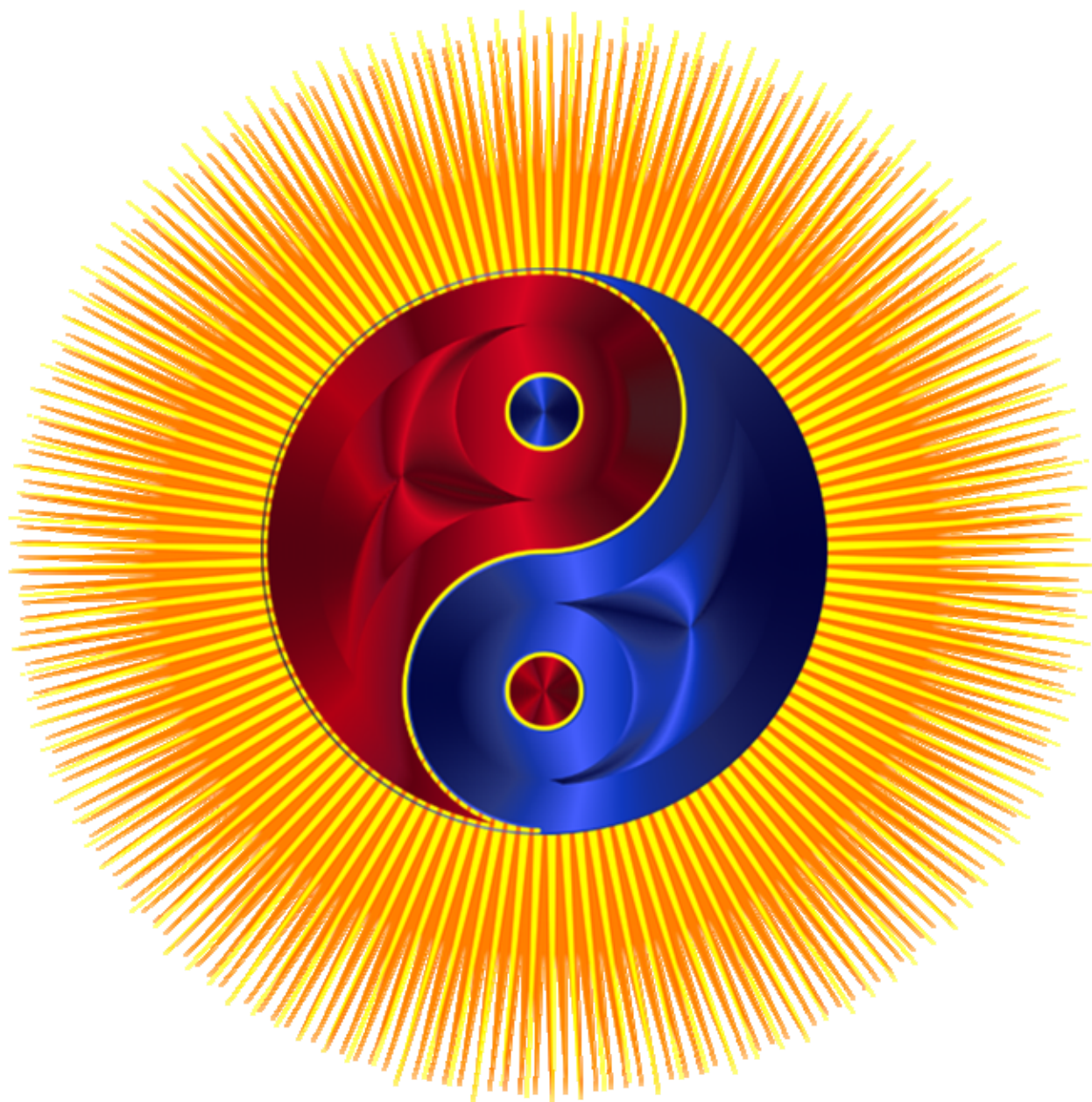
We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

We are to find the Truth of Love

Our Heavenly Mother and Father



FURTHER READING:

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance

Pascas Care – Parenting Awareness
 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
	http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

[PASCAS – document schedule.pdf](#) downloadable index to all 550+ Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

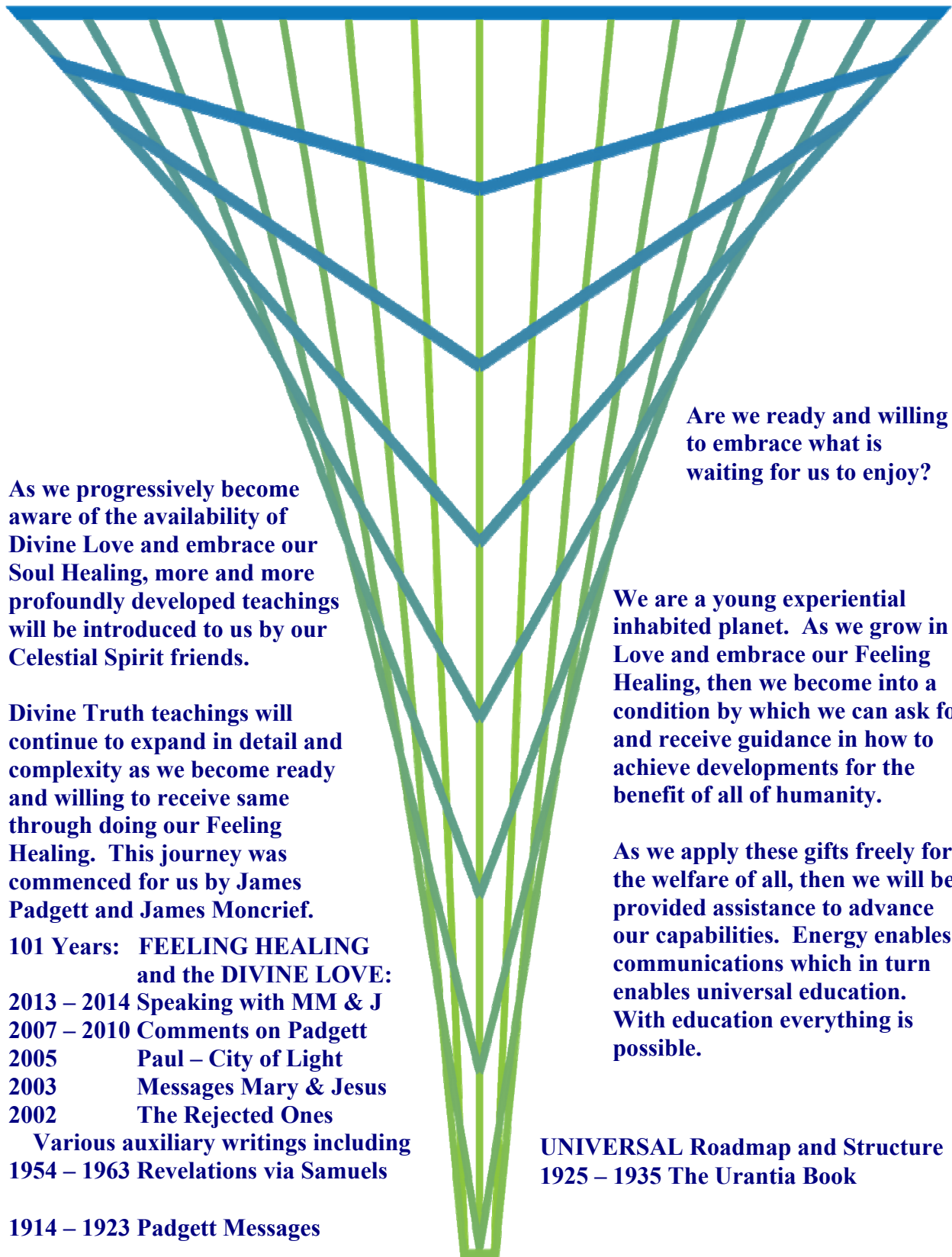
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women’s Liberation and Mother

FEELING HEALING:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





Lucifer's mind centric
controlling mandates
are over powered

by Samantha thru
"Feeling Healing"!

Feelings First

IT'S A WAY
OF LIVING.



Samantha