

U-Turn for Humanity

Pascas reveals New Feelings Way

Pascas Reveals



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**U-TURN for HUMANITY Pascas reveals NEW FEELINGS WAY
FEELING HEALING with DIVINE LOVE
IMMORTALITY with the LOVE**

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These works stem from the writings of James Moncrief that he commenced in 2002, however the Revelations now outlined began with the Padgett Messages that were received 1914 through to 1923 and have been augmented with auxiliary writings through the past 100 years, all such materials being of a loving teaching and guidance nature and are a gift to all of humanity.

This publication is an endeavour to draw upon aspects of all these works so that you can consider for yourself the nature of what is shared now for consideration and discernment. It is your choice to consider, put aside or investigate further.

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“Peace And Spirit Creating Alternative Solutions”

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U-Turn for Humanity through the New Feelings Way
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Feeling Healing and Divine Love Discussion Prompts

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Introduction:**U-Turn for Humanity**

The nature of the mind is change. It is influenced by external circumstances and experiences and therefore not capable of being authentic. The mind re-acts from what it knows, continually making painful choices, living in regret, leaving individuals in emotional distress and physical dis-ease.

Our birthright is pure freedom, the external influences from the day of conception by family, friends, educators, life itself gradually puts a veil or a lid over that freedom, leaving one living a shutdown muted life of freedom.

Humanity will slowly move away from mind control known as our IQ to our EQ, i.e. from Intelligence Quotient to one's Emotional Quotient, becoming comfortable with what we feel to the extent of recognising where in the body we hold emotions, for example, having a gut feeling about something ... This is the body signalling to you, making you aware of something that needs attention and action to take.

By embracing all that you feel, that which is good, healthy and that which is unhealthy and painful you will find resting in the very core an experience of true freedom; your authentic self.

When we trust the depth of our feelings and releasing them healthily there is a physical healing and freedom that comes naturally by simply being true to those feelings.

Living life and responding from what you truly feel brings wholeness and peace combined with the fiery passion to share with others the joy of living.

Making this choice, to live and express healthily from one's own feelings is a U-Turn for humanity.

Faizel Hassan

Preface:**John Doel, typist – spiritual biography**

I, John Doel, was born on 16 January 1947. I recall my mother, Marie, struggling with the issue that I would be separated from her for six months within a week of my birth. I was born in Katoomba where my mother was being treated for tuberculosis and so I was sent home to our sheep and wheat farm at Buddigower, some 30 kilometres south west of West Wyalong in central New South Wales, Australia.

Two adjoining farms were owned by brothers of my father James, who apparently was starting his disappearing acts, leaving home for ever increasing lengths of time and not having anything to do with the family of four children, me being the youngest, or the operation of the farm. Also adjoining the third of the brothers' farms was that of Elizabeth McDonell, my mother's mother, and who I now call Nanna Beth.

By the time mum recovered and returned home, I was spoilt rotten. At the end of six months I had four or five 'mothers' and, apparently, it was a gigantium task of reforming me from my spoilthood.

Both sides of the family were Catholics. The priest would arrive at the community hall once a month travelling the dirt roads from town, or occasionally service was in the home of Uncle Geoff's farm, one of the three east of our farm. The Buddigower village community appeared to be Church of England or Roman Catholic.

The eleven years I lived on the farm, the school teacher for the village lived in our home. Well, he slept in a bed on the veranda in the heat of summer and the cold of winter next to my bed. You could say it was a privilege to have a school teacher at home. I always came in the top three in my class! There were only three in my class, the whole school had on average thirteen students. If I was not chastised enough for my mischief at home then at little lunch I would be told by Bert (teacher) to fetch the feather duster and he would give me a 'top-up' using the duster as a cane.

The farm was sold and we moved into West Wyalong minus father. For four years I attended St Mary's Catholic School which was run by the Sisters of Mercy. Then two years of boarding at the St Patrick's College (boys only) in Goulburn. I got a good final score but did not matriculate, however I did accidentally burn down the school rooms two weeks before the final exams – that got rid of those undesired school books. School was done with for me in 1963.

First full time employment was as a short-hand typist, now I am just a typist. Did spend some time being a Chartered Accountant, had a stunning public practice in Burwood in Sydney which expanded to the Gold Coast, in south-east Queensland, Australia. How that started is that I took correspondence, then just bought the text books, laid on my back on my bed and read and underlined like mad and then sat for external exams – no university for me! The firms I worked for in Sydney were leaders in initiatives within the industry – particularly the health industry.

My Catholicism waned, though I did marry Carolyn in a Catholic Church very much against the wishes of her family who were of the Church of England.

What had dawned on me was that we cannot change our ingrained tendencies to be wayward. Confession was always a repeat of the last one. Forgiveness does not eradicate. It appeared pointless. Then the endless repetition of everything was akin to being at boarding school. The routines were circular returns to the same point without any window for progression. What the hell is this all about?

Then my accounting career raised an important issue that all of society appears to be blind to. More than half of my clients, no matter where I worked, were from within the many aspects and arms of the medical industry. They all appeared to be overwhelmed with no solutions for their patients. They were and still are just suppressing the symptoms. There is no cure! What is worse is that NO medical professional will tell you the answer to the most enlightening question ever:

WHAT IS THE CAUSE BEHIND YOUR DISCOMFORT, PAIN OR ILLNESS?

I have longed to understand the answer to that question and define that question for maybe forty years.

Nanna Beth had died before I turned five. Now she is fully in my face again – and that is wonderful. In 2017 she commented that by the time the 1990s rolled around you could say I was verging on being an atheist, or was that agnostic! Good one Nanna!

Then an episode with inventors began to unfold. 1999 was the start of five years of one by one meeting with around 1,000 inventors and rationalising potentiality. My accountant hat was working well. You try talking to guys about a subject that they only know about – one thousand times – well they are inventors! More than half had no technical training in the industry they had developed something that educators would say is impossible. Further, more than half were clearly (to me) mediumistic! So, what the hell is going on here. Further, ALL of the innovative break throughs had benefits for impoverished or emerging communities – not for advance city economies. What is the game going on here?

The formation of the intended structure and scope of Pascas WorldCare and Pascas Foundation unfolded during the era of the inventors, by 2005. Pascas Foundation (Aust) Limited was incorporated on 16 September 2008.

So I started to ask guys and gals what are the two most profound books that I should consider? The first two were; Power vs Force by Dr David R Hawkins and The Messengers by Julia Ingram which outlined the life of Nick Bunick. The bookshelf swelled with maybe 400 books of which I have given 300 away, now redundant.

Dr David R Hawkins has published more than 10 books and several videos. The three and half hour video on kinesiology muscle testing is incredible. If you hold ANY statement in mind then you can determine if it is true or not true. Further, by holding in mind the Map of Consciousness scale that Dr Hawkins developed then you can determine the level of truth. The scale is based on the logarithm of 10 and goes to 1,000. Few books calibrate over 600, then fewer over 800, and then even fewer over 900. 1,000 is the peak potential of natural love. The scale goes onto infinity reflecting Divine Love. Using this process you can calibrate the level of these writings overall, by parts, by pages, by paragraphs and topics one by one. This process has enabled me to put aside and not bother with what is a distraction or not enlightening. Dr Hawkins provided me with a wide and sound foundation in all things spiritual.

I contacted Nick Bunick and later accepted his invitation to participate in the Founding Mystics conference in Las Vegas at the end of June 2007. Man, was that a blast! This group believe they are the reincarnation of specific people of historical relevance – generally. Reincarnation does not take place and, further, it is impossible. Graham Golding and I had four or more days with nearly 100 people who basically made up the spiritual movement worldwide.

Tuesday, 2 July 2007 in the main corridor of the Las Vegas hotel while chatting to Perry Kimelman and Graham Golding, I had the most extraordinary vision of the future and what is possibly going to unfold for PASCAS. The experience was like a world trip in 90 seconds where I met something like 800

people and I saw many of the PASCAS Care Centres! Apparently I had just handed the program over to God – it was a stunning display – movement was faster than light, I could see the end of light beams falling behind me.

Then on that same day, sitting in front of Grace Sears, before she could start her session, I could feel myself lighting up like a Christmas tree; it felt like I was exploding. No worries mate, these guys are the most highly experienced spiritualists to be found! This ‘frying of my mind’ ebbed and flowed, on and off, for about three and a half months. It was like a burning hat band that would start at the front of my forehead and progress around my head where a hat band would sit. It was not until 2017 when Nanna Beth explained that this process was the opening of my mind to other possibilities, removing erroneous beliefs in the process. Then Kevin, who had died in 2012, also explained that he had the same experience after he died.



It is a turning point from which you cannot turn back. Your openness and longing to find and know truth is permanent. What you held dear to yourself, as it being your own truth, is now permanently put to the side. You still remember your erroneous beliefs and ways of living, however when you are presented with Truth there is no ‘push back’. You welcome Truth and embrace another step forward to the certainty and freedom that comes with it. We all will have this ‘fried mind’ or ‘burning hat band’ experience to a lesser or greater extent.



What is unfolding for Pascas Worldcare is this:

perceived truth MoC 880 – relative truth potential MoC 1,480

Utilising Dr Hawkins’ Map of Consciousness and kinesiology muscle testing, the Pascas Papers and the environment is persistently revealing this calibration – which is two observations on the one topic. Just taking a casual involvement in the topic or environment then the perceived level of truth of MoC 880 is reflecting the equivalent of the 5th Divine Love healing Mansion World. Should the reader or observer then take a full engagement with what is presented, then there is the potential for the truth to have the full benefit of its potentiality of MoC 1,480 which is akin to the 3rd Celestial Heaven. This is extraordinary.

Only the writings of James Moncrief and James Padgett, together with some supporting writings, have generated calibrations over 1,000. Celestial spirits were restrained from writing until cracks in the Universal Law governing the Rebellion and Default were opened. No other spiritual writings previous to 31 May 1914 could and did have potential calibrations above MoC 1,000 and most of the world’s treasured books calibrate far lower. This heralds the beginning of the Great U-Turn.

Now with an open mind and a more focused search for Truth, in June 2009 I, John, met up with AJ Miller and consequently attended his discussions through to November 2011. I accredit AJ Miller for providing me with intensive exposure to the Padgett Messages and associated observations that, at best, I may not have achieved in 20 years. I felt there was nothing or little further to be gained and I broke off contact.

The works of Dr Daniel Samuels, Hans Radax, Joseph Babinsky, Dr James Reid and Nicholas Arnold expanded upon Divine Love and spiritual matters in general. However nothing expanded and addressed

the gaps in the healing process that AJ Miller noted as essential. No one could complete what he introduced – not even AJ.

Then in November 2016, I was introduced to the writings of James Moncrief and then his phone number. I phoned and he answered!

By February 2017, I was sitting dumbfounded that no one recognised who James and Marion truly are. If you have ever driven into the Kings Cross area in Sydney and not recognised the great big blazing red billboard or been in Times Square in New York and not recognised the signage and what it was saying – then I remained stunned! It is clear as Coca-Cola as to who they are!



Throughout all of history, Mary Magdalene has only written through one person and that is James Moncrief.

Throughout all of history, Jesus has only written through James Padgett and James Moncrief.

One person only has written and fully explained how to engage in and subsequently complete the healing of their engagement in the Rebellion and Default. And now Marion and James are completing their healing and moving out of the healing process. Samantha from England is following in close succession, and so will others. We can only follow Marion and James.

Yes, others believe they have transcribed messages from Jesus, but that is not so, that is not Jesus from Nazareth of the Bible, but typically a Jesus from the Celestial Heavens who is fully versed through researching and engaging in the very amazing museum at Jerusalem on the 1st Celestial Heaven. Other Celestials with names akin to the Apostles of Jesus have from time to time done the same thing.

Dr Daniel Samuels transcribed for a Celestial spirit being Jesus from the Celestial Heaven. Hans Radax did transcribe for Judas of Kerioth, the Apostle known as Judas the Iscariot. Some of the Apostles who lived and walked with Jesus did provide messages for James Padgett. This group of writings have all unfolded to bring about the Great U-Turn, the End Times, the Change Over, the New Spirit Age of 1,000 years which is the Avonal Age. This is one hell of an incredible interesting time and, yes, the Avonal Pair are here and they are not a Coca-Cola sign but to me they are that obvious.

And for me it is even more incredibly amazing and wonderful. My close members of my family have ALL progressed into the Celestial Heavens and they are contributing to this unfolding of change for all of Earth's humanity. Nanna Beth, 3rd Celestial Heaven, with her soulgroup of 24 personalities, 12 soul partner pairs, is leading the Great U-Turn. That is my grandmother, the mother of my mum! Kevin moved into the 1st Celestial Heaven in 2017. Marie (mum), Raymond (1st cousin) and Bradley (my nephew and son of Kevin) arrived a little over a year ago in 2019 or so. My brother Lloyd (living) and I have absolutely no doubt as to who they are. This makes this all so very personal and dear to me.

All I can say, someone has to be in a front seat and the best I can do is convey what has come to me.

Aspiring to Living Feelings First, John Doel

Pascas Reveals



<https://www.carloscardosoaveline.com>
<https://medicalxpress.com/news/2017-07>

PASCAS REVEALS:

We have been treated like a mushroom farm for 200,000 years. On 31 January 2018 that was ended. Now we have to sift through the darkness and shine the light. To put it more bluntly, what in the hell was done to us?

Feelings are our truth

Our soul based feelings are always in truth!

Our mind is to follow our feelings from our soul!

Always trust your feelings as they never lie!

Truth is within - we are fully self contained!

Those few lines seem so simple, so what is the problem?

Two hundred thousand years ago, high level spirits from within our local universe seduced Earth's naïve humanity to live through the mind – and ever since we have!

Talk about an utter stuff up for us all. We worship our minds! We are told by our parents to be smart little brainy people (kids). Then our schooling is all about brain work. Then the religious teachers take us further into the mind / brain by us having to 'obey' their doctrines. It goes on and on through higher education, employment and governments all imposing their mind evolved doctrines and rules.

Even the isolated and remote communities that have been cut off from all of humanity have been indoctrinated into this erroneous way of living through the mind – by the billions of spirit personalities from the mind Mansion Worlds under the direction of the wayward high level spirits that started this Rebellion 200,000 years ago. These wayward high level spirits even brought about the Default of Adam and Eve's mission on Earth some 38,000 years ago.

- **God designed us to feel our emotions. We are to live through our feelings and have our mind follow. We have been brought up to live through our minds – this is the wrong way!**
- **God is trustworthy through this process, we can trust that what God designed is always going to work.**
- **We are not going to go crazy if we deal with our emotions. In fact we are going to go crazy if you don't deal with our emotions. All the people who fill asylums are people who want to get away from themselves, not connect to themselves.**
- **Our soul may induce a crisis to cause us to turn around should we resist beyond the experiences of negativeness that we are to have.**
- **The time that you are most powerful, is the time when you no longer need to control.**
- **Pray / long to our Heavenly Mother and Father about why you maybe so frighten and ask Them to help you through your pain and into your emotion, to see the truth behind what you are feeling.**

Humanity is restrained, impeded, tethered, suppressed, controlled, and consequently retarded!

The orgy of political hysteria, insane thinking and violence is a psychotic reaction to a collapsing techno-industrial economy – a feature of it – and this is peaking in pockets around the world.

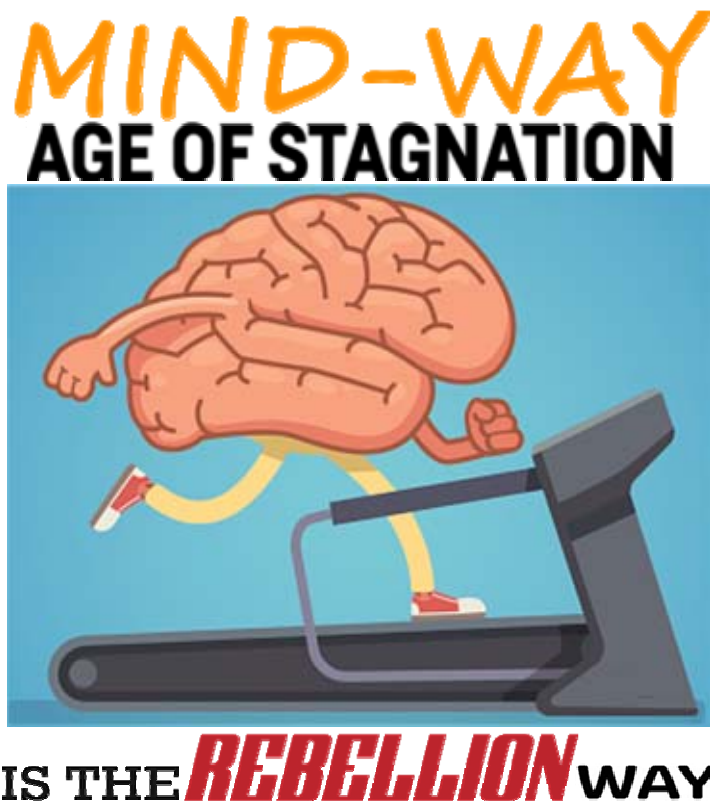
When all familiar social and economic arrangements are threatened, people go nuts. Interestingly, the craziness actually started in colleges and universities where ideas (the products of thinking) are supposed to be the stock-in-trade.

The more pressing the practical matters of daily life have become, the less intellectuals have wanted to face them, or have been able to face them. So, they desperately generate a force-field of crazy counter-ideas to repel the threat, a curriculum of wishful thinking, childish utopian nostrums and exercises in boundary-smashing and misinformation brain washing.

As all this moved out of the campuses (the graduation function), it has infected every corner of endeavor, institutions, business, news media, sports, film making, etc.

Some sectors of humanity are now out of its mind... echoes of France, 1793... a rhyme, not a reprise.

So, what the hell is going on?



Humanity is being guided to embrace and live through their feelings, their soul-based feelings that are always in truth. It is these feelings and truth that humanity has suppressed for the past 200,000 years. We have, and continue to do so, lived through our minds and this has been impressed upon us generation after generation. High level spirits from within our local universe imposed their rebellious ways upon Earth's humanity by seducing humanity to believe that through our minds we could become all powerful and mini-gods!

Now we are to be disturbed and that will continue for some time until sufficient people recognise and embrace there is another way and that is by living feelings first and subsequently begin healing their personal Rebellion and Default.

Everything about our living environment will be continually disrupted until we are sufficiently disturbed and moved to living feelings first and commencing our Feeling Healing. Complacency will not be allowed. The way of living that we have grown up with will continue to allude us. The change is underway.

Societies around the world are demonstrating a self loathing. There is evidence that we, as society, have lost our virtues and that civic glue has dissolved. There are cultural wars tearing societies apart with uncivil quality of discourse expressed endlessly. The written or spoken communication or debate is in the manner of a cultural attack, even war, upon the other person at the table. People's characters are being torn apart relentlessly. Irrationalisations trump facts. There is social polarisation, tribalism and division, all creating alienation.

Empathy is being stamped out – this is a sustained campaign. Trust is being replaced by rule books. Trust is being annihilated and consequently freedom is being suppressed. The decline in trust is widespread. Institutions that were held in esteem are deplored – banks, judiciary, journalism, academics, health sciences, etc. – all are being confronted with inquiry and ever increasing restrictive controls. Each judicial inquiry generates many recommendations which leads to copious volumes of regulations that result in stultification of activities. In the ten years following the 2007-8 Global Financial Crisis, not one new bank was established throughout USofA due to new regulations generated from the inquiry that followed the financial collapse.

So, what is so restrictive of living through our mind?

Dr David R Hawkins expanded the understanding of Kinesiology muscle testing and also introduced the Map of Consciousness in 1995. A great deal has been added to these understandings since then.

The simple application of a kinesiology muscle test, which takes only moments, can determine if a statement held in mind is true or not true. We can test this whole publication for truth and the level of it. We can test by chapters, pages, paragraphs, sentences, etc. Not only that, we can test for the level of truth of each of those items as per the Map of Consciousness (MoC). When a person is talking to you, as you listen, you can calibrate if what you are hearing is in truth or not, then its level of truth on the MoC.

From a scientific research perspective, you can work your way through a host of options and then physically conduct testing when you have determined an optimal approach. The filament of the first light bulb was the result of a year's research, whereas kinesiology muscle testing resolved the solution within twenty minutes. Kinesiology muscle testing has no brain / mind interaction, it is soul / feeling connectivity!

to being ‘finally’ born, or ‘finally’ becoming of the equivalent of age 6 when our Indwelling Spirit arrives, or ‘finally’ becoming an adult. And possibly we won’t know if we can liken it to any of these stages we go through during our physical life on Earth, until we’re ‘finally’ on Paradise, and ‘finally’ get it!

Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (possibly no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!



Golden Rule: One must always honour another’s will as one honours one’s own.

The New Way: Learning how to live true to ourselves by living true to our feelings.

THE GREATEST SHOW is ON EARTH

This time, in the history of humanity, is the most exciting time ever experienced.

REBELLION & DEFAULT

FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair
Arrested and imprisoned 26 CE



Caligastia pair
Arrested and imprisoned early 1990s CE



MIND MANSION WORLDS

HIDDEN CONTROLLERS

DEEP STATE

SECRET SOCIETIES The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

EDUCATORS UNIVERSITY RELIGION

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1st Celestial Heaven: 11 Aug 2020



PEOPLE OF EARTH

WE ARE TRUTH SEEKERS

DEAD END

Helen, 3rd Celestial Sphere 3 Mar 2017



"The releasing of this money (for global humanitarian funds in 2020) you could in a way liken to something crudely as having an orgasm. It will be a flood of positive energy, or light, as expressed by money, and all it represents, washing out over humanity; and although most people won't hear about it, if it is all kept quiet, still that's what's going to happen. Because it will be, in a sense, the forerunner or even wellspring of the new, of what's to come, it however being more symbolic than anything, because it all ends with The Change, but still, until that time, it being what it is showing – there is new energy, new light shining on humanity, and along with that, new hope and so on. It all being a 'sign of the times'."

Humanity is like in a full body cast from all the false and erroneous beliefs and systems that it has immersed itself within that are ALL now going to be ripped off and replaced with The New Way of Living – the Great U-Turn – this is the time of tossing out all of the old for the New!

Humanity is about to slam into the brick wall being the dead end of 200,000 years of Rebellion and Default. The Great U-Turn and the introduction of The New Way will disrupt every aspect of life that humanity has embraced throughout the era now ending!



THE CHANGE

GREAT U-Turn

AFTERTIMES

The New Way Aronal AGE

MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

NATURAL LOVE or HUMANITY’S ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity’s erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child’s soul. When the child reaches about the age of 7, the child’s soul condition will reflect the parent’s condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

MAP of CONSCIOUSNESS	MoC	calibrations
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	1,500	3 rd Celestial Heaven (10 th spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 rd Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 st Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 th Divine Love transitional sphere to Heavens
Natural Love peak	1,000	6 th spirit Mansion World peak– can't go further!
Pascas WorldCare (as a platform)	880	5 th spirit Mansion World healing + Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 th spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 th spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	500	2 nd natural love OR 3 rd Divine Love spirit world.
Peak of mind total orientation	499	1 st spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
Humanity	212	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

Correlation of Levels of Consciousness – Soul Condition – and Society Problems

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	212

Chronic illness indicates a huge denial of the soul.

Illness = out of harmony with truth and love.

It is the release of emotions that are out of harmony with Truth and Love, the longing for truth and expressing our feelings, talking them out, both good and bad, that brings about health and harmony to our bodies.

Fields above 500 - Love based Awareness Beingness
More feeling based activity, rather than intellectual – in the mind based activity.
Energy field of Love is the one that heals through Feeling Healing with Divine Love.

Fields 200 – 500 - Doingness Intellectual
Life is seen by mind as an opportunity.
We are getting closer and closer to truth.

Fields below 200 - Wanting & Craving Desiringness Fear Driven Self hatred Grudges
Values are based on what one has.
The energy fields below 200 are opposed to life, do not support life.

Possible relationship of Map of Consciousness (MoC) with spirit Mansion World Spheres:

8 th Sphere	1,081 – 1,251+	Achievement of at-onement on reaching 1,081
7 th Sphere	921 – 1,080	Divine Love only, transmission to at-onement and Celestial spheres
6 th Sphere	841 – 1,000	Natural love mind world – perfect Natural love
5 th Sphere	781 – 920	Divine Love Mansion World
4 th Sphere	651 – 840	Natural love mind Mansion World
3 rd Sphere	500 – 780	Divine Love Mansion World
2 nd Sphere	500 – 650	Natural love mind Mansion World
1 st Sphere	1 – 499	Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awoken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

We all aspire for human perfection!

That strivingness is what made our first parents, Andon and Fonta, stand out some 993,500 years ago. And now, nearly one million years later, we of humanity are living through our minds and limiting our abilities to 500 on Dr David Hawkins' Map of Consciousness. 500 is the peak that can be achieved in the field of Reason. 500 is also the peak of Consciousness in the 1st spirit Mansion World. 500 is the peak that the world's most renowned scientists have achieved on the Map of Consciousness.

Kindly go to www.pascashealth.com then Library Download then Medical and download:

 [Pascas Care Kinesiology Testing.pdf](#)

While we live through our minds and worship our minds as the way to evolve ourselves and develop in humanity, we are trapped in the mire of insanity and stagnation we see around the world. All the tensions and conflicts that confront us are the direct result of mind made systems and prejudices. We have been trapped in the Rebellion and Default for 200,000 years and tried everything, time and time again, to escape and because we have used our minds to escape we have only gone deeper.

Our truth is within us – all of us! Our way home is known to each of us – within us! We are all endowed with all that is required to evolve and achieve all that is to be known and experienced. So we can remain frozen in zombiism and eventually destroy ourselves or we can embrace our feelings and follow them.

When we stand back a little and look at each institutionalised system that impedes upon our daily life we can see how each one is taking away our freedoms, controlling us and suppressing us. When it all becomes simple then we have truth and freedom – and here it is:

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Golden Rule: One must always honour another's will as one honours one's own.

The New Way: Learning how to live true to ourselves by living true to our feelings.

Love is not a mental / mind attribute. Truth is love. With truth comes love. A few embrace their feelings and find life to be invigorating. Living constantly through the mind is fatiguing – each day ends with exhaustion. Living by our feelings is a continual flow of discovery. Academics and scientists may go a whole lifetime realising one or a few discoveries – feelings way of living brings about a constant flow of discoveries. This book will probably take two weeks to draw together – how come?

Living feelings first and have the mind follow!

It is that simple!

HISTORY UNFOLDING:

Man was ‘seeded’ on Earth maybe some one million years ago in its primitive nature form. They were named Andon and Fonta (also known as Aman and Amon). It was the arrival of Adam and Eve some thirty eight thousand years ago that there was to be an endeavour to significantly evolve the human race on Earth, both spiritually and genetically. In this endeavour, Adam and Eve defaulted, both succumbing to the ways of the rebellion that had been embraced by humanity in its naïve nature some two hundred thousand years ago.

The Rebellion was instigated 200 thousand years ago. The Rebellion is that of one succumbing to one’s mind and being self reliant, rather than embracing our Heavenly Parent’s Will, being bestowed and to be found within our soul based truth and will, being our personality. From the outbreak of the rebellion to the day of enthronement of Jesus and Mary as sovereign rulers of Nebadon, Jesus and Mary never interfered with the rebel forces of Lucifer and his soul partner, or their deputies, Satan and his soul partner.

It was the bestowal of Mary and Jesus, their coming to Earth, two thousand years ago, that brought about the authority and power for the removal of Lucifer. It was their coming into physical life and living on Earth, and remaining in a perfect state, that brought about the escalation of their authority and the termination of the Rebellion at that time. During the two thousand years leading to this current time, the remnants of the Rebellion and Default have been progressively removed. The Caligastias and Daligastias, being soul pairs who remained embellishing the role of ‘gods’ in the natural love Mansion Worlds. Caligastia soul partners had continued with the appointment as Planetary Prince of Earth, have recently been disposed from their ‘thrones’ (possibly around the early 1990’s).

Only now can humanity be guided to the pathway of stepping away from the pain and misery of being self reliant – mind dominated, and begin embracing the will of our Heavenly Parents, Mother and Father, God – strive to be soul feeling orientated. Only now can the feminine aspect come to full bloom and be revealed. Only now can the process of removing of the erroneous teachings that generation after generation hand down to their children be explained and be rebuffed. All of which could not be revealed under the Universal Contract governing the Rebellion and Default.

As Mary and Jesus, the Creator Daughter and Son of Nebadon, were perfect throughout their physical lives, they do not have the personal experiences to adequately share with us how to heal ourselves of our evilness / errors, that of denying Mother and Father – God and themselves, Mary and Jesus. And now there is possibly another bestowal pair on Earth. This pair being of the Avonal group. If they are here, then they will have embraced all the errors and evilness that humanity is in, and then work through the Feeling Healing process and also embrace Soul Healing. Upon their physical deaths, they then release their Spirits of Truth so that all of humanity who wish to undertake their Feeling Healing and Soul Healing, should they long for their support, will be able to access these Spirits of Truth for assistance.

Paradise Magisterial Sons and Daughters constitute the order of Avonals in contradistinction to the order of Michael, the Creator Sons and Daughters. Though not creators in the personal sense, they are closely associated with the Michaels in all their work. The Avonals are planetary ministers and judges, the magistrates of the time-space realms — of all races, to all worlds, and in all universes.

Humanity will continue to connect with the Spirits of Truth of Mary and Jesus, even though Mary and Jesus will now step back from assisting humanity and enable the Avonal pair to assist and guide humanity in this coming age. This change over is the end time of Mary and Jesus’ era.

AWAKENING OF Humanity

LUCIFER REBELLION REIGN

200,000 years ago

Jesus & Mary

NOW!



TOTAL DOMINATION Universal Contract

FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair
Arrested and imprisoned early 1990s CE



The awakening of humanity means we are now free to step away from enslavement and extreme suppression. We have a choice to stop living in the hell that has been imposed upon us. We are now free of the restraints of the Rebellion and Default which has enslaved us for the past 200,000 years. We are so used to it that we consider that we are having a wonderful life – whereas it is the hell of living against our true selves that we are experiencing.

We have never known any other way of living. The adjustments to what we call normal will be all embracing, rapid and without any compass as to what to expect. No other humanity has gone through such a massive spiritual and physical upheaval. We just do not know what to expect. Can you avoid this? You may be able to ignore it somewhat but that is only going to put off the inevitable. This Change Over is underway and we are all to experience it. It is a massive event for all of humanity.

What has triggered this event is that several people have been working their way through healing all that they have taken on of the wrongness of the Rebellion and Default. These people have moved through milestones



which have resulted in the imprisonment of those who brought about the Rebellion. As they progressed with the Healing of their childhood repression and suppression they have enabled the closing down of interference by malevolent spirits as from 22 March 2017 and then the commencement of quickening of the Law of Compensation to start to unfold as from 22 May 2017.

Law of Compensation

Of greatest significance was that on 31 January 2018 officially marked the end of the Rebellion. Now it is game on for the Great U-Turn for humanity.

Feelings First Spirituality The New Way

For 200,000 years we have been guided to live through our minds. Our minds cannot discern truth from falsehood and further, our minds are addicted to control. Some people, as well as groups of people, call them tribes, are obsessed beyond recovery with the need to control. One family group has recognisable control of US\$500 Trillion!!! They have a figure head and this man is literally the ruler of humanity and no one knows him. That is ‘hidden control’.

We talk about control in the form of slavery. Modern day slavery numbers exceed anything that has been recorded throughout all of history.

However we are all slaves. All funds that have been borrowed by governments, financial institutions, corporations of all ilk, housing loans and household debt, and the new phenomenon of student loans, all lead back to one family – with a British baron as the ‘lender’.



We are all born into hell on Earth. No matter how ‘wonderful’ we may think our childhood is, we have been screwed over by our parents. They did not know – they have just done what their own parents did to them and what was done to them by their grandparents and so on up through the generations.

We are meant to fully and freely express our personality bestowed upon us by our Heavenly Mother and Father. Our parents impose upon us their dictates necessary to



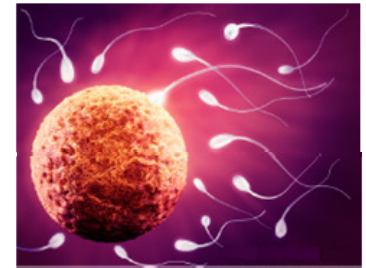
form us into the personality that they believe is best for us. Our true personality is suppressed and remodelled commencing from the moment of conception. The great moment of conception should be a moment of wonder and joy – and that will start to occur in future generations now that we know how to live through our feelings and not our minds.

Until we heal ourselves of the imposts of the Rebellion and Default we will not be able to bring our children up free from error. We will continue to subject our children to our inherited errors and they will continue to be stifled and part of the Rebellion.

Until we heal ourselves through longing for the truth of our feelings, both good and bad, and expressing what we come to understand to someone that we have a personal relationship then we will remain living like a zombie – continuing to be in a stupor and screwing our life and everyone and everything around us. We will not be able to recognise who our true partner in life is and we will continue to have mismatched marriages that will ultimately fail – no exceptions – until we heal ourselves!



ALL MARRIAGES ARE
Mismatched



REBELLION



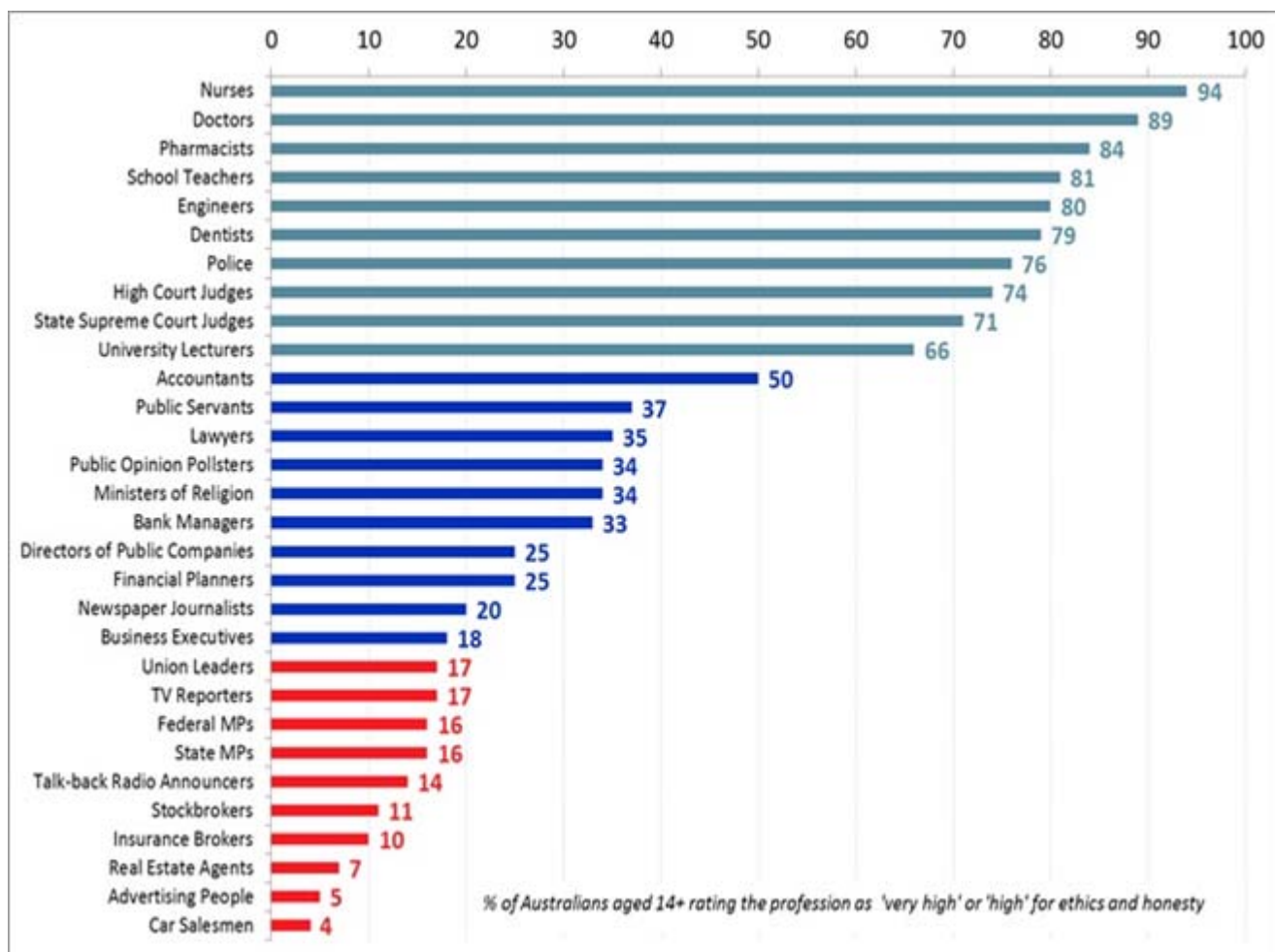
Due to our addiction to control, all sectors of industry, commerce, institutions and governments are corrupted. That is demonstrated by the varying percentages of trust or lack of trust recorded through surveys. Yes, there are aspects of truth and honesty within all of these endeavours. However, this is where the Law of Compensation will start to be apparent. In short, previously the Law of Compensation came to be imposed upon us when we passed into the spirit worlds, the first Mansion World. With introduction of Feeling Healing and some progressing through their personal healing, this has brought about the

Earthing of the Law of Compensation. Those who are involved in imposing their controlling ways and manipulating people for their personal gains beyond appropriate and acceptable levels will find that the Law of Compensation will be imposed upon them the instant they contemplate such error or errors. Such people will be instantly debilitated so that they cannot carry on with their 'trade'.

There will be no exceptions. We may consider some avenues to be free of such gross activity, however we are of the Rebellion, we cannot ascertain what is in Truth and what is not. We just have the condition to contemplate and comprehend what is unloving control – this will come to us as we heal.

We may consider the education system is fine. The education system is an extension of the parents' control of the child. The education system is the puppet of the Evil Controllers who have manipulated humanity for 200,000 years. You can proceed to look at the legal systems designed to protect people,

governments to serve the people, health industry to save the people, food industry to feed the people, the defence forces to protect the people, and at the bottom of the list are the religious institutions who have all been founded on the dictates of the Evil Ones through the manipulations of malevolent spirits. All will collapse progressively and will be rebuilt. You can see it unfolding around you now.



As people heal themselves through the process of Feeling Healing, their dynamism will unfold, their true potential will be self evident. They will emerge to become the leaders for all aspects of society. We have never seen such people on Earth except for the Paradise Daughter and Son in the first century.

Feelings First Spirituality, New Feelings Way Uncover the Truth of yourself through your Feelings

And when the first pair have healed themselves, then their children will be free of the Rebellion and Default and will become the first to be born into a Celestial Soul Condition physically here on Earth through these parents. As each generation progresses with healing then their children benefit accordingly. Healed soulmate parents in true harmony with each other will have children fully reflecting their Heavenly bestowed personalities



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

GREAT
-Turn



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

The whole human race is suffering from repressed childhood and mind control.

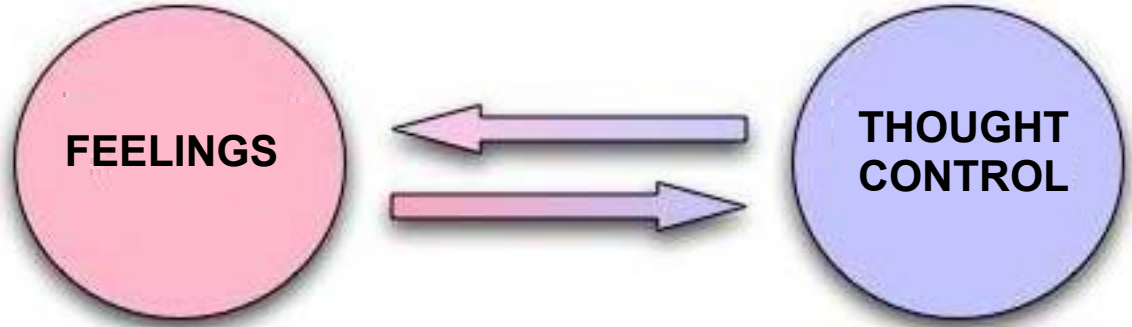


Be controlled by your oppressive mechanical mind, or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt, and seek the truth of them. This is how we can all evolve in love.

Our minds are infused with childhood injuries and errors. Only by expressing them as they surface, and finding the truth of them can we set ourselves free and grow in love.



TRUTH LOVING SOUL V ERROR INFLICTED MIND



BREAKING the BARRIER of the MIND – ENGAGING the SOUL!



DYNAMIC personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with your soul and enables you to live a Celestial Soul Condition while you live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.

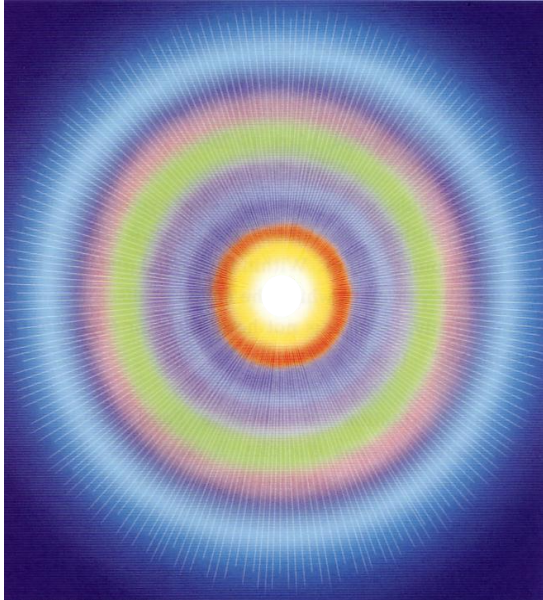


ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.

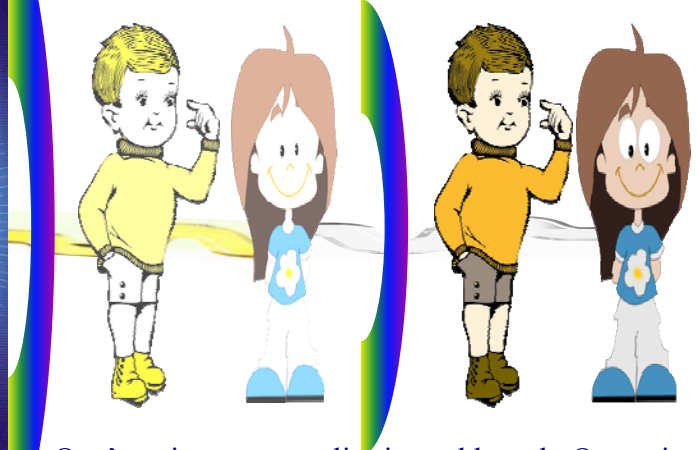
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.

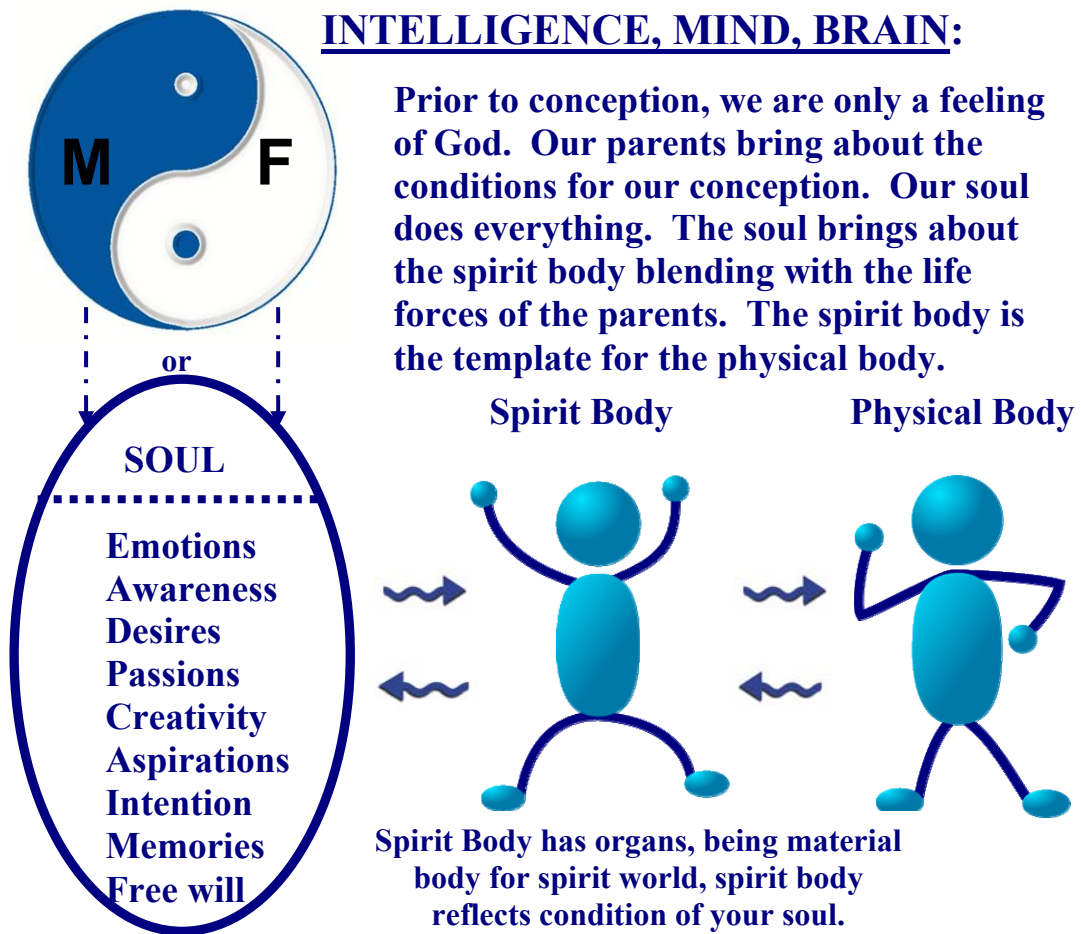


One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



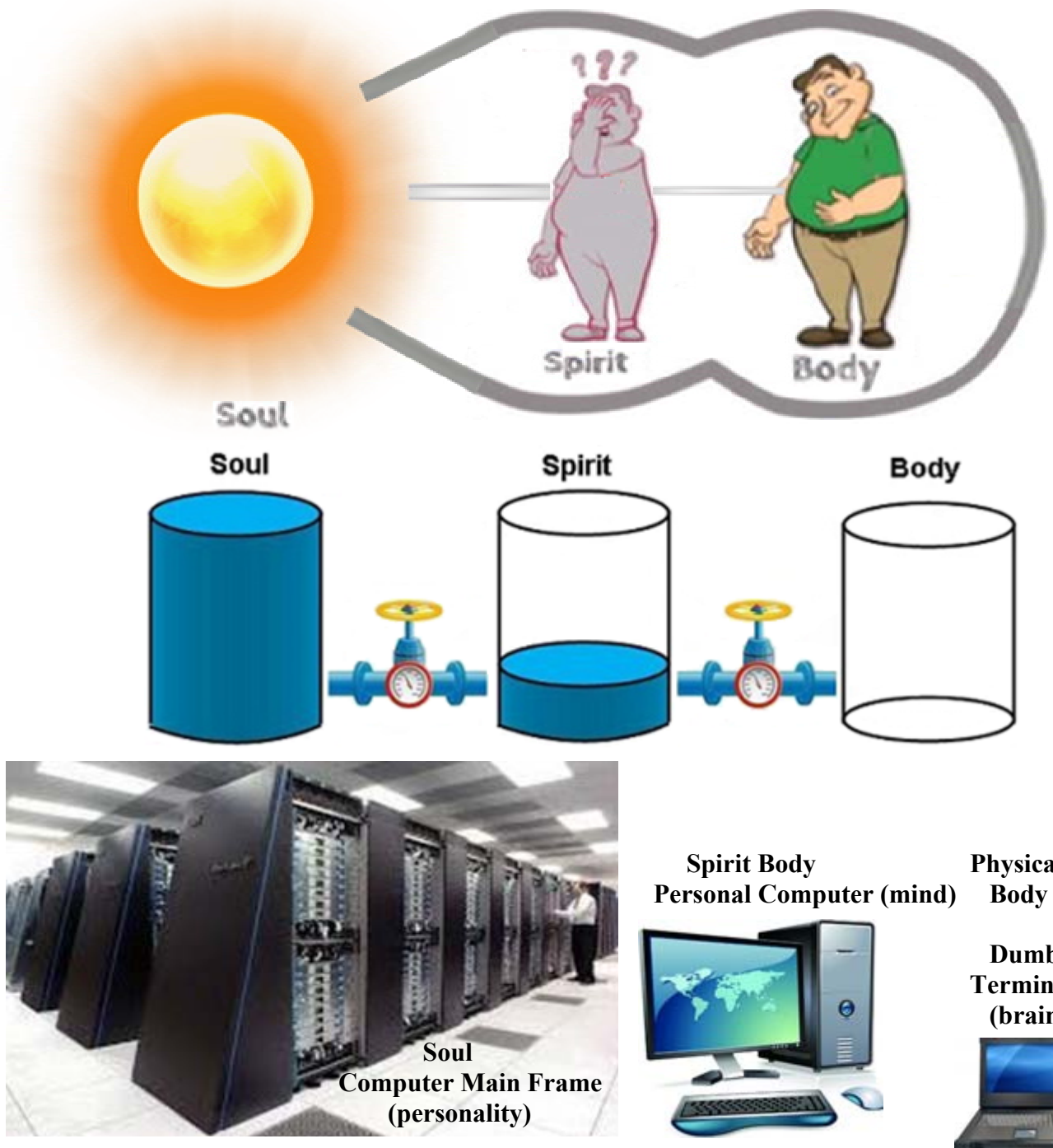
**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**



Our Intelligence is Soul based. The capabilities of discernment, e.g., by kinesiology muscle testing, expands only with the growth of our Soul's condition. Upon conception, the creation of both our Spirit Body and Physical Body occurs, enabling individualisation of our personality and to start our journey. Upon death of the Body, the brain dissolves. The mind continues to grow in the Spirit Body. Through Feeling Healing with Divine Love we progress through the Mansion Worlds into the Celestial Heavens at which point we are 'born again', one with God, entering the 1st Celestial Heaven. Our soul intelligence grows as does our soul expand with the ever increasing infusion of Love from our Heavenly Mother and Father.

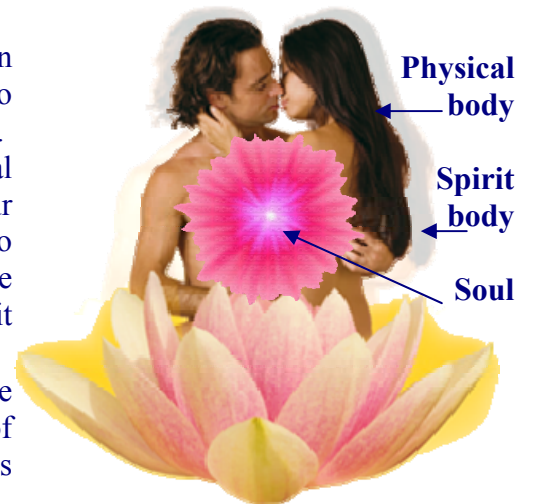
OUR MIND constricts OUR FEELINGS!

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.



The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

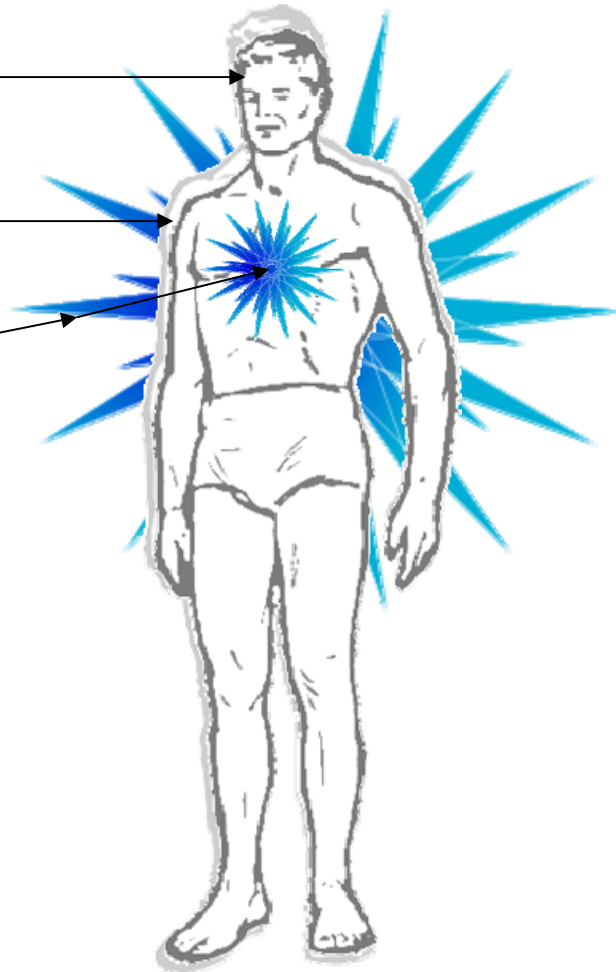
Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

ASPECTS of LIFE:

<u>Physical / material body</u> Brain	→
<u>Spirit / etheric body</u> Mind	→
<u>Soul + Spirit Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You is your Soul!</u>	→



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

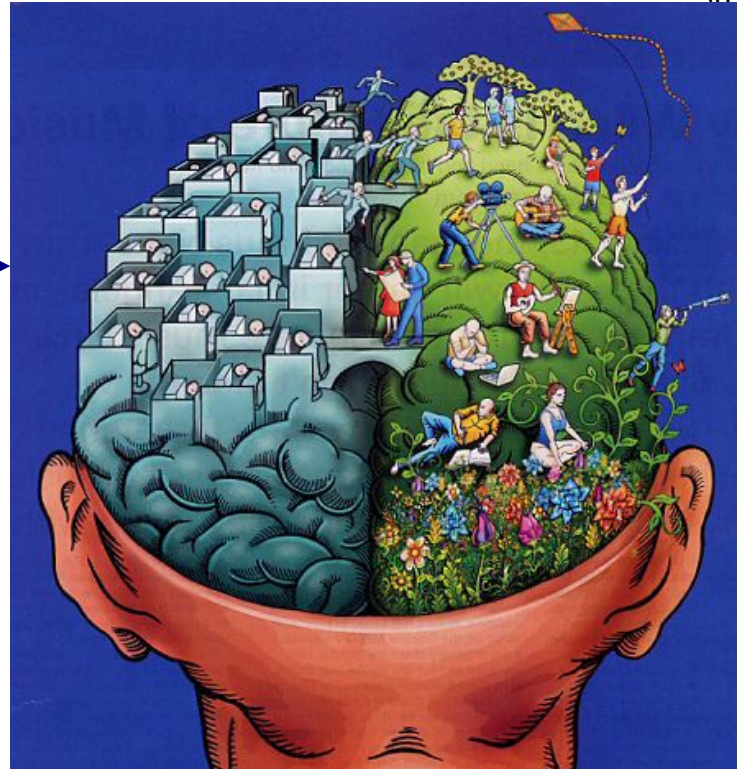
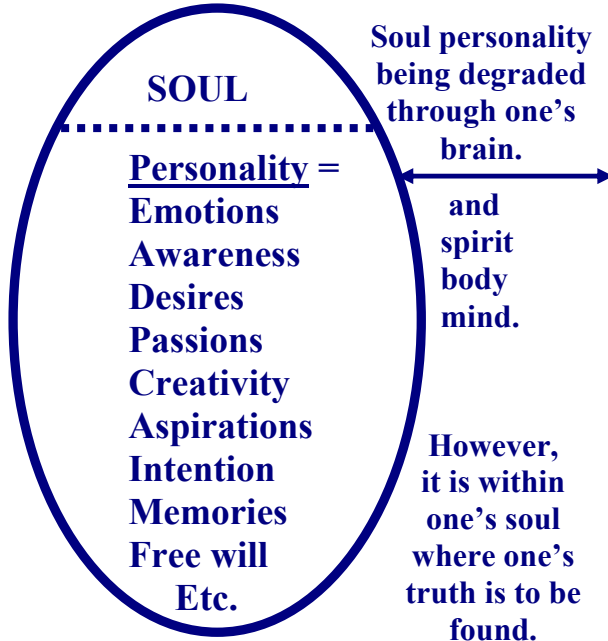
P529 Judas of Kerioth 8th May 2002

At the moment of conception, we achieve individualisation and become self aware and we are then able to exercise our free will. Incarnation is when the embryo first pumps blood.

At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

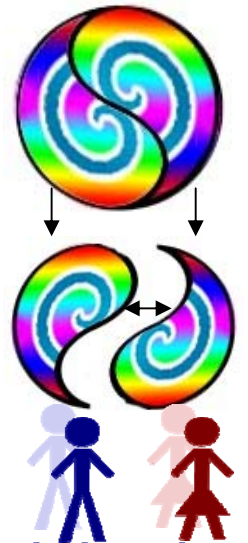
At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul embraces Feeling Healing, and receives Divine Love, it will grow, and grow, and grow in brilliance and into that which is Divine.

Personality



SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then individualises / incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



No matter where and when our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.

Soul Partners

Physical / material body
Brain

Spirit / etheric body
Mind

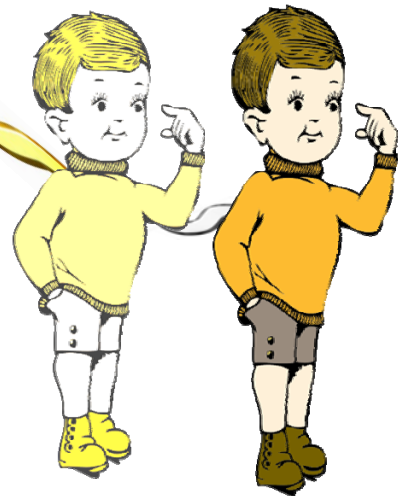
Soul + Spirit Combination
Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You is your Soul!
Our Soul orchestrates everything!

ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



Brennan Model of the 7 Levels of the Human Energy Field



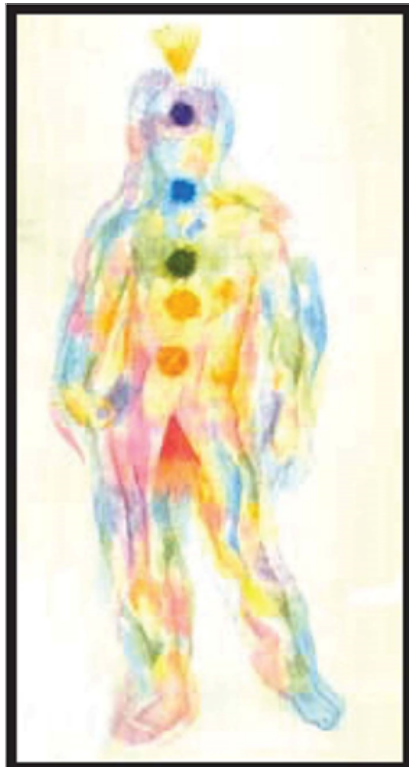
The spirit body is the template for the formation of the physical body.

Of the seven levels of the spirit body, the etheric body is the blue print and bridge from energy to the physical.

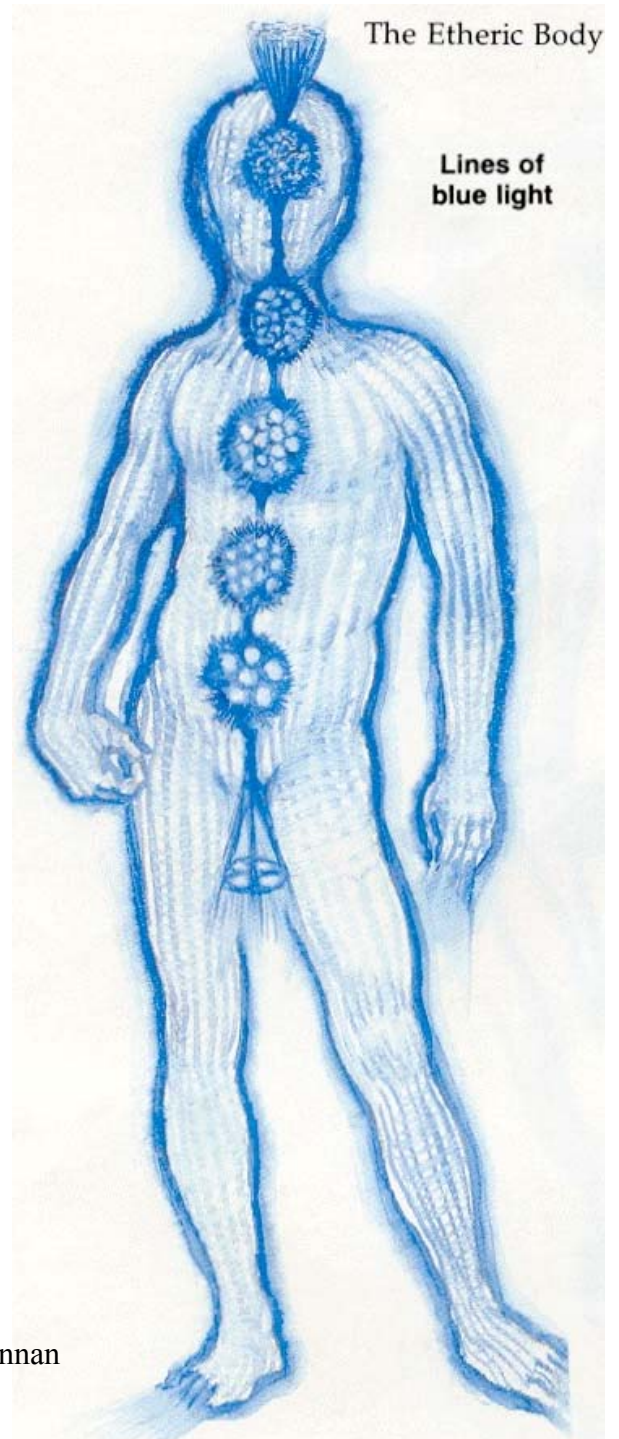
Next is the emotional body. The generational injuries and errors passing down through our physical parents are absorbed, bringing about distortions in energy flows throughout the etheric body and the forming foetus at conception and ongoing through the gestation period and then physical life.

Herein lays the mysteries of illness that medical sciences are to embrace. Reoccurring illness is due to the energy flow distortions throughout the spirit body.

Emotional Body



Barbara Brennan images



The Etheric Body (First Layer of the Human Energy Field)

"The etheric body (from "ether" the state between energy and matter) is composed of tiny energy lines "like a sparkling web of light beams" similar to the lines on a television screen. It has the same structure as the physical body including all the anatomical parts and all the organs.

The etheric body consists of a definite structure of lines of force, or energy matrix, upon which the physical matter of the body tissues is shaped and anchored. The physical tissues exist as such only because of the vital field behind them; that is, the field is prior to, not a result of, the physical body. This relationship has been supported in the observations of plant growth by Dr. John Pierrakos and Barbara Ann Brennan. Through the use of High Sense Perception, we observed that an energy field matrix in the shape of a leaf is projected by the plant prior to the growth of a leaf, and then the leaf grows into that already existing form.

The web-like structure of the etheric body is in constant motion. To clairvoyant vision, sparks of bluish-white light move along its energy lines throughout the entire dense physical body. The etheric body extends from one quarter to two inches beyond the physical body and pulsates about 15-20 cycles per minute.

The colour of the etheric body varies from light blue to grey. The light blue colour has been connected to a finer form than the grey. That is, a more sensitive person with a sensitive body will tend to have a bluish first layer whereas a more athletic, robust type of person will tend to have a more greyish etheric body. All the chakras of this layer are the same colour as the body. That is, they will also range between blue to grey in colour. The chakras look like vortices made of a net of light, just like the rest of the etheric body. One can perceive all the organs of the physical body, but they are formed of this scintillating bluish light. As in the leaf's energy system, this etheric structure sets up the matrix for the cells to grow; i.e., the cells of the body grow along the lines of energy of the etheric matrix, and that matrix is there before the cells grow. If one were to isolate the etheric body and look only at it, it would look like a man or woman made of bluish lines of light in constant scintillation, rather like Spiderman.

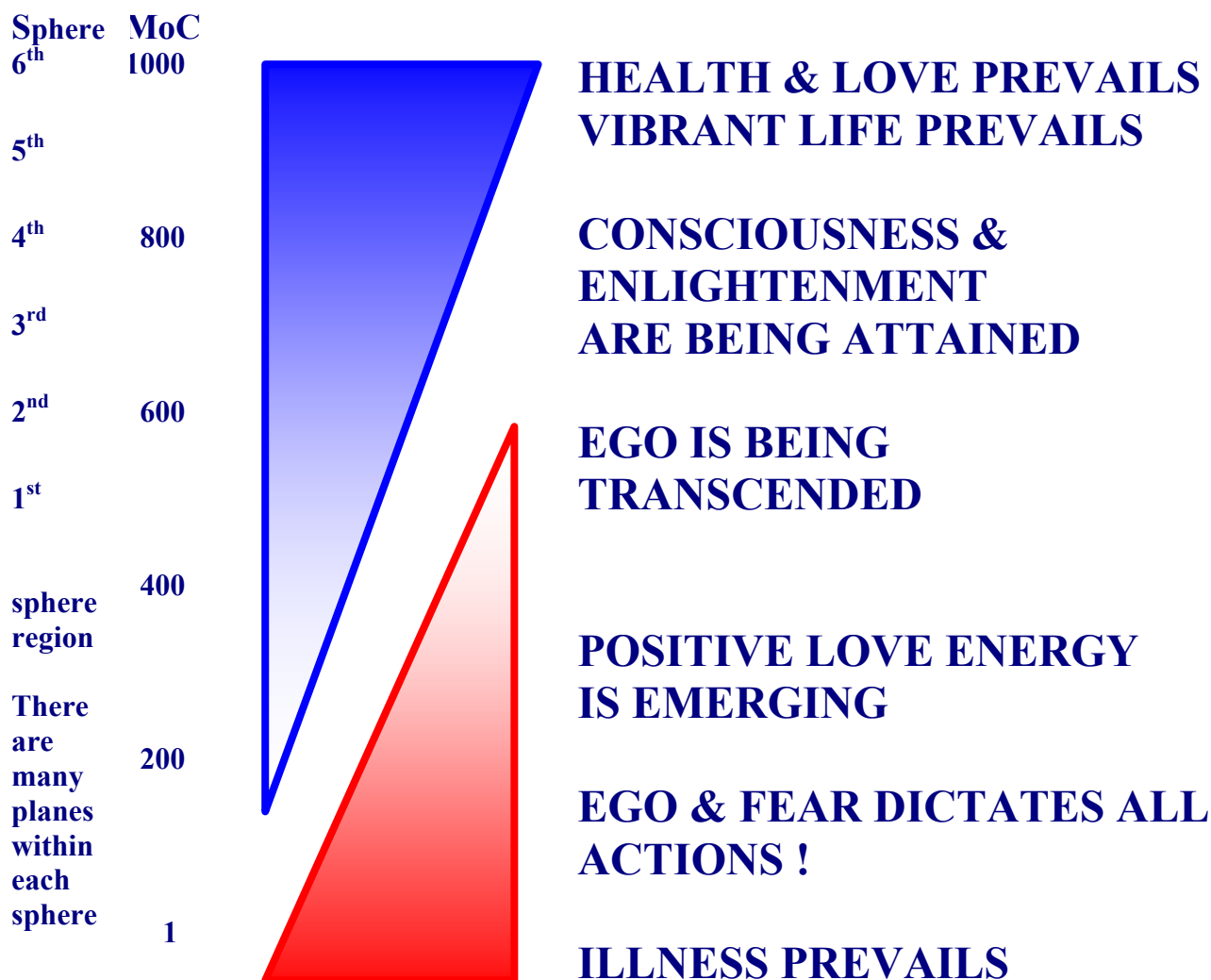
By observing the shoulder of someone in dim light against a plain white or plain black or dark blue background, you may be able to see the pulsations of this etheric body. The pulsation rises, say at the shoulder, and then makes its way down the arm, like a wave. If you look more closely, there appears to be a blank space between the shoulder and the blue hazy light; then there is a layer of brighter blue haze that slowly fades as it extends from the body. But be aware that as soon as you see it, it will be gone, because it moves so fast. It will have pulsated down the arm by the time you take a second look to check yourself out. Try again. You will catch the next pulsation."

~Barbara Brennan,

Image and quote from Hands of Light

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow with Feelings First

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

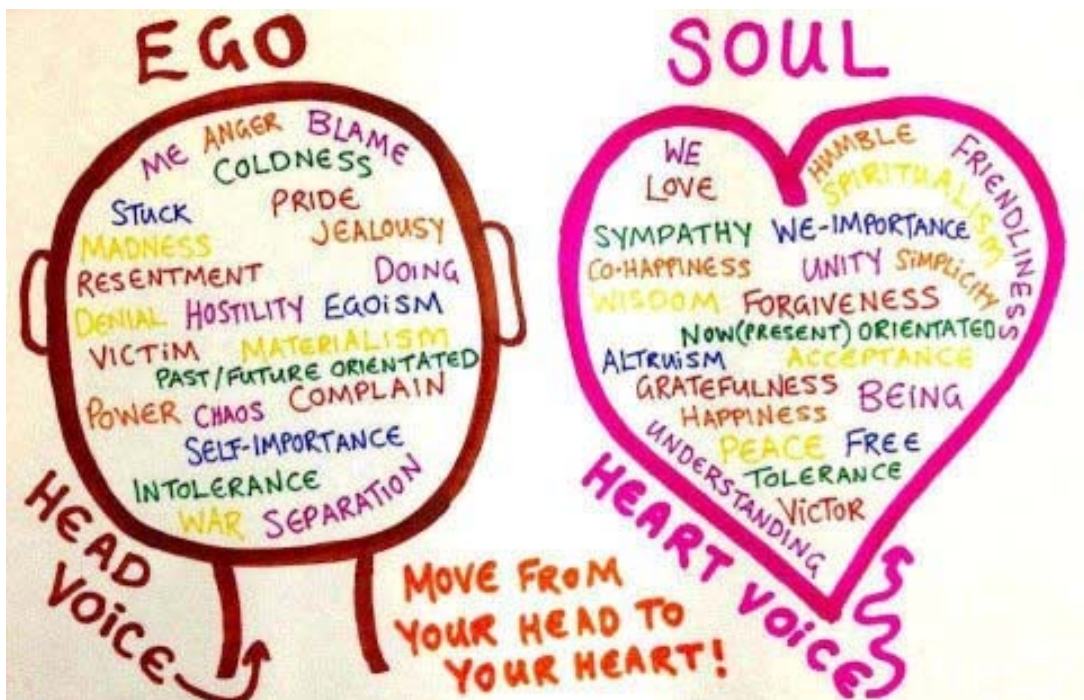
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

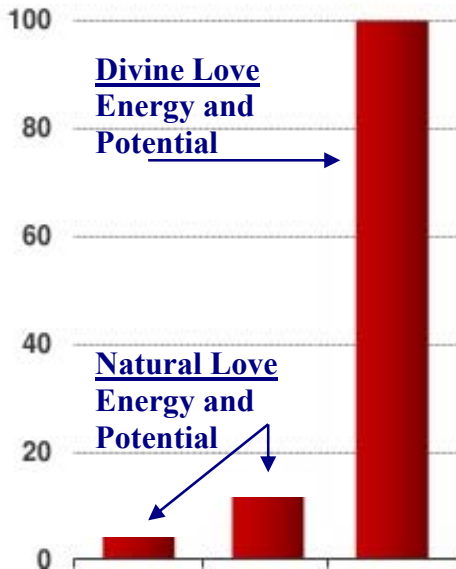
5 years to over 10 years to at-onement



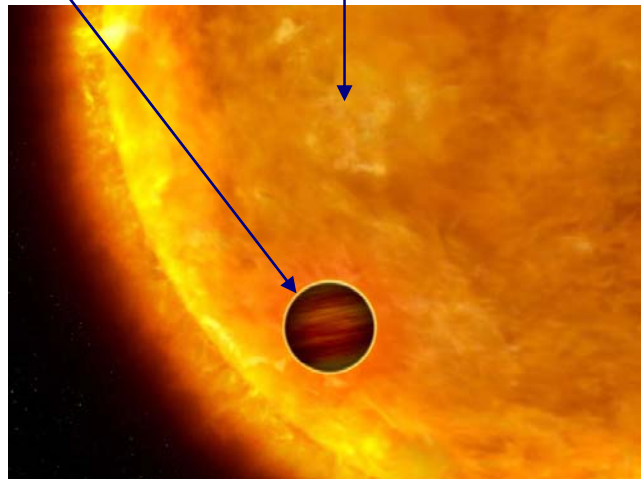
DIVINE LOVE = Light Golden Blue Energy Substance versus Natural Love:

The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.
John (Apostle) 19 January 2015

With DIVINE LOVE one's potential in growth is to infinity. Progression is typically many multiple times faster than for those who remain NATURAL LOVE dominant and restricted in their growth potential to that of only becoming the perfect man. Whereas Divine Love enables at-onement with our Parents and entrance to the Celestial Heavens and beyond.



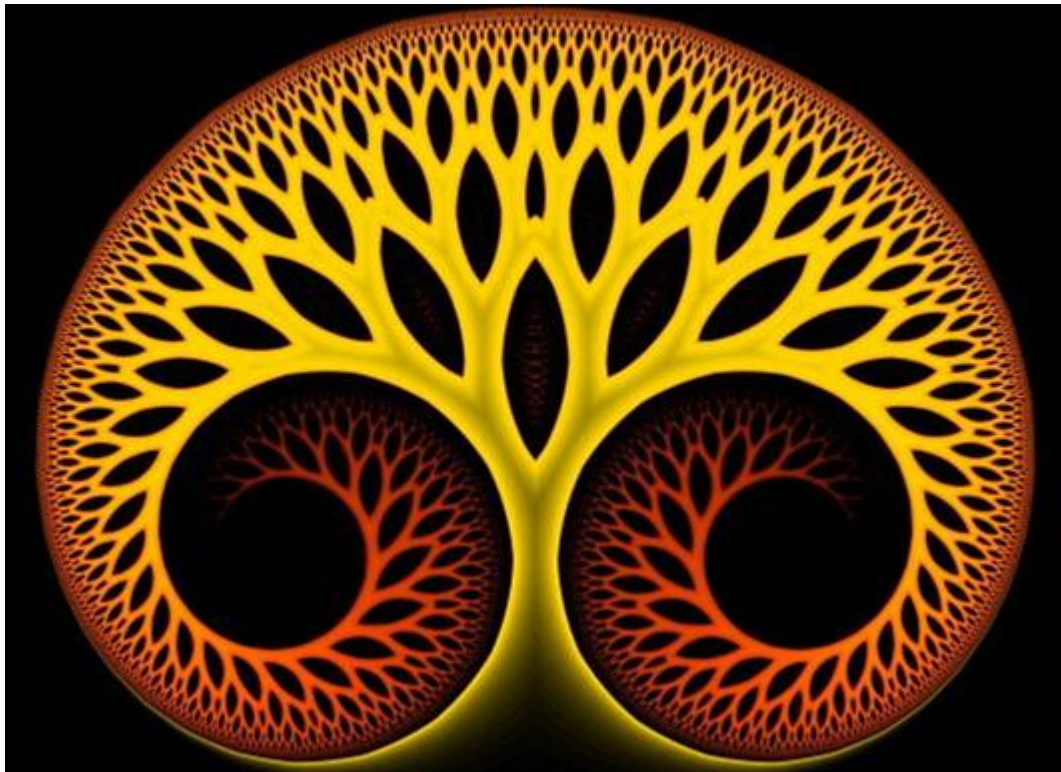
The luminosity of DIVINE LOVE compared to that of NATURAL LOVE personality.



Embrace the availability of the Feeling Healing process and Divine Love, all one need do is to earnestly long for and ask for our Parents' Love. It is an energy that surpasses all that is.

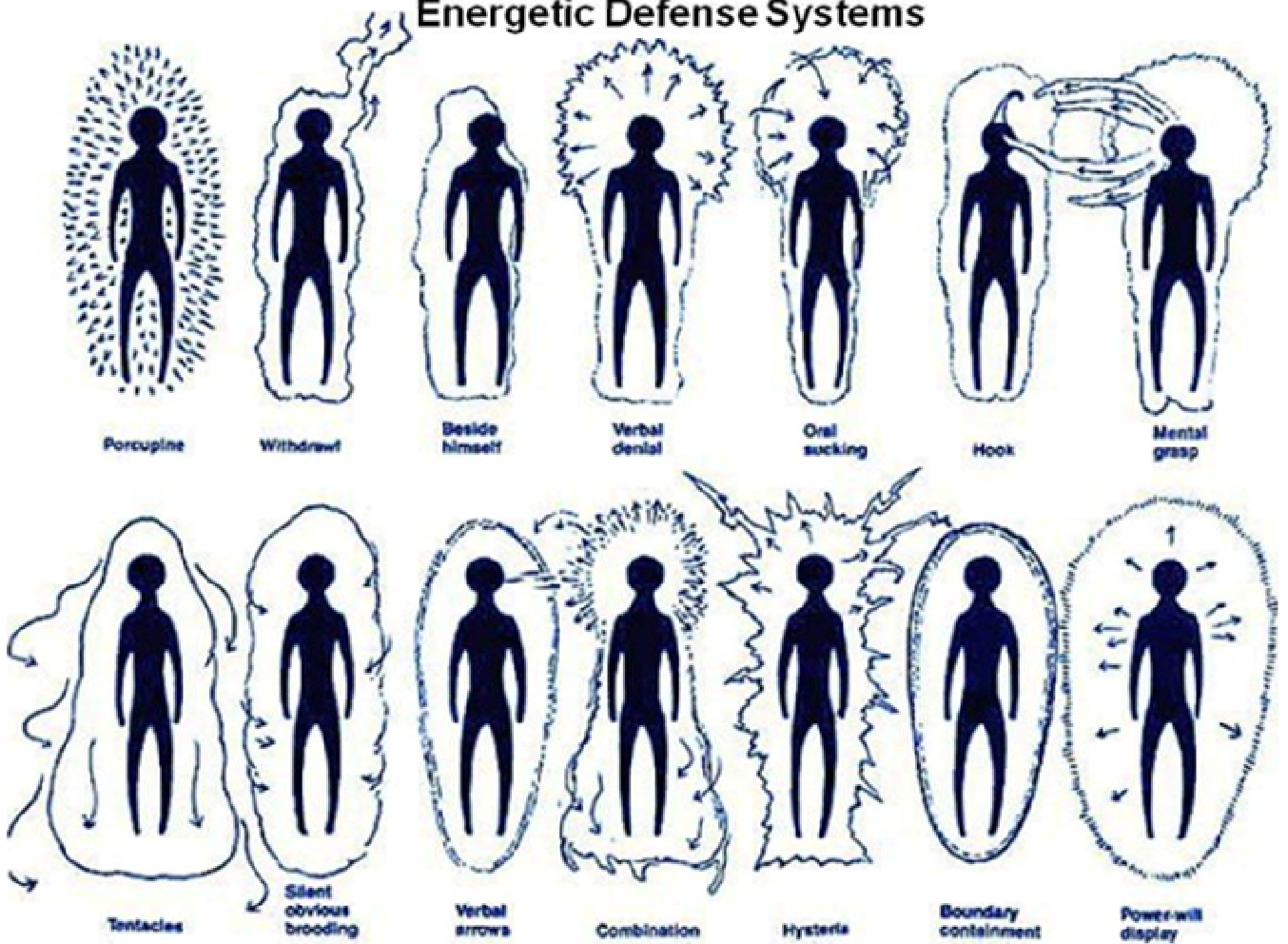
It is with this energy melding within one's soul that heaven on Earth is achieved.

Nothing else can bring about the joy and love we strive for.



Your soul's intelligence is the guidance for your spirit body's mind which subsequently influences one's brain.

Energetic Defense Systems



ASSUMPTIONS *and the* **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error will become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

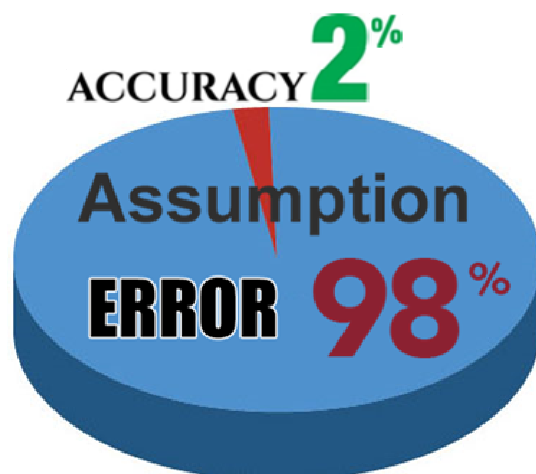
Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

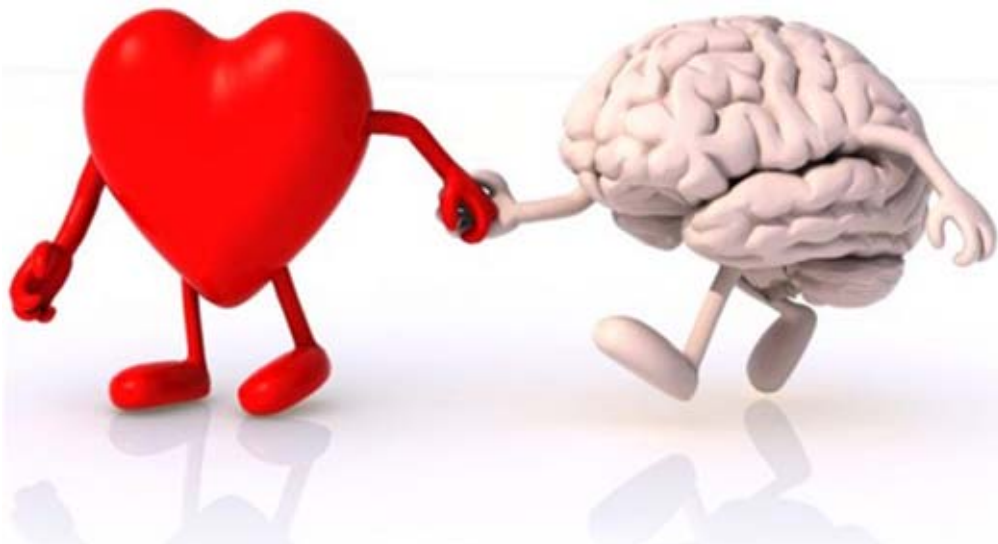
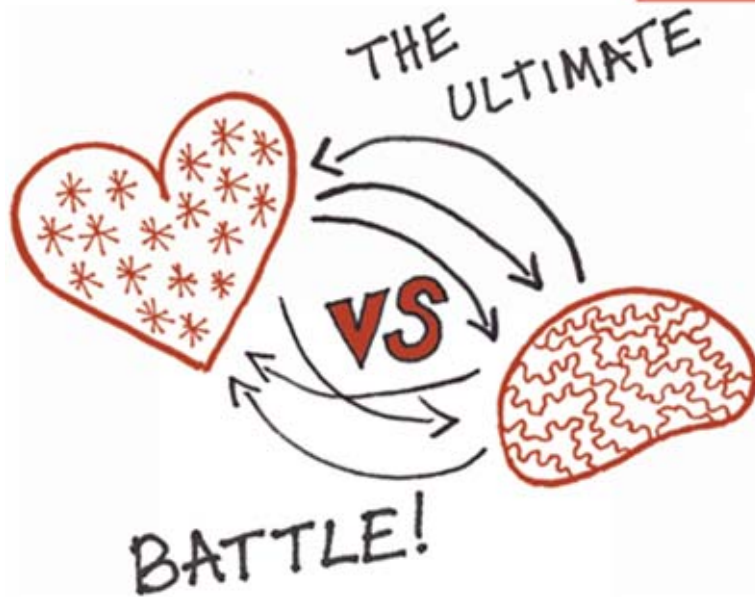
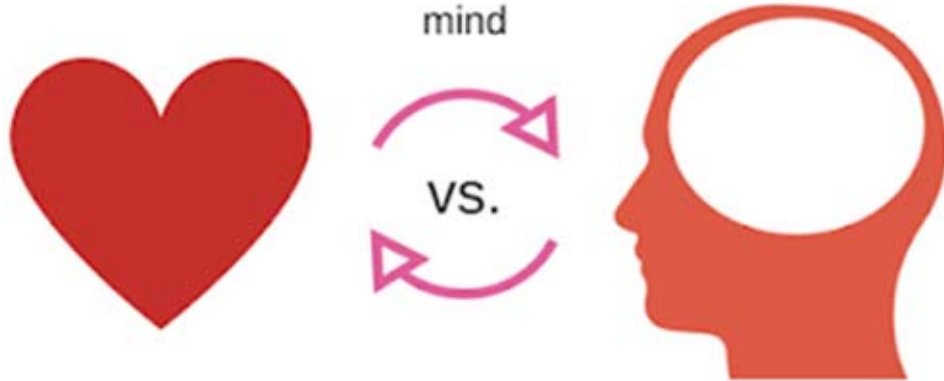
The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.



HEART & MIND

Finding the Truth

A false dichotomy of the
mind



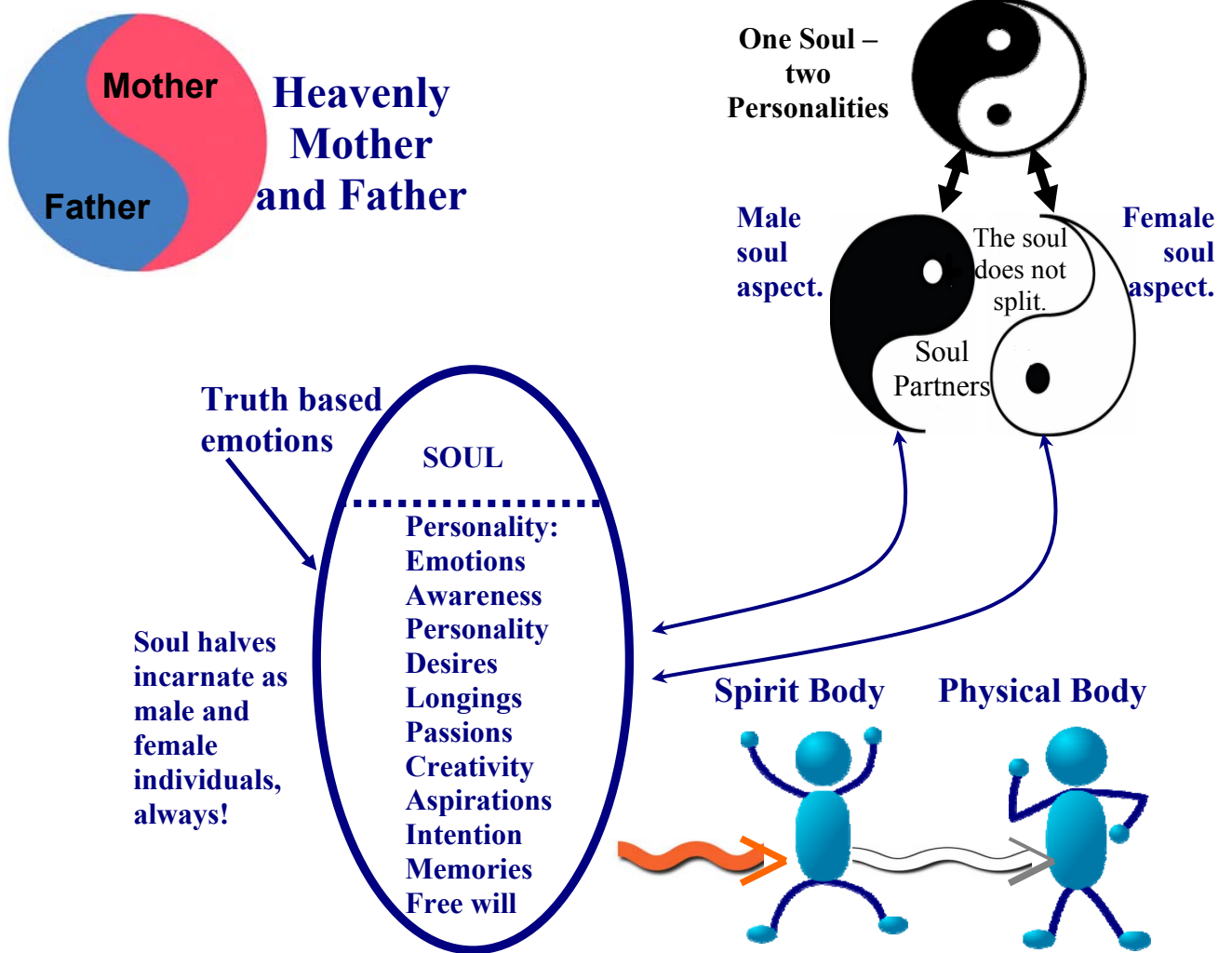
CONCEPTION and BIRTH:

So, what are we? We are a soul personality having a spirit experience in a physical body. We are not our physical body. When our physical body dies, we lose a lot of weight but nothing else, well we have no further need for reproductive organs!

Our soul manifests two personalities, one female and one male, and they are always of the opposite sex. Their individualisation and physical life experience can be at the same time or many thousands of years apart, they can be each on any corner of Earth, they can be of very different skin colour and cultural heritage. Even if we are able to meet up with our soul partner before we personally heal of the Rebellion and Default, we will not recognise each other. While we are each in an unhealed state then we are rebelling against our soul and consequently would most likely repulse each other.

Our personality and attributes are soul-based. That is how our Heavenly Mother and Father created us and that is the personality we are to express and be.

The most complex creation that God has ever created is your soul!



In your sleep state you express your soul through your spirit body.

**WE ARE ALL SOULS of our HEAVENLY PARENTS, our MOTHER and FATHER:
We are mortal souls who have the potential to experience the Divine Love.**

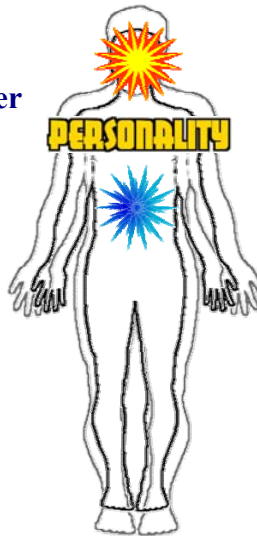
If a person or spirit experiences a drop of Divine Love, then the soul is deemed Immortal, which the spirit body and personality must follow to this perfected truth. The Divine Love is in its own nature, the highest, or if you like, the most perfected form of energy and Law that a mortal soul can receive and experience.



The radiance of the spirit body that is seen by other spirit people, is distinguishable as to the presence of natural love and the amount and also Divine Love and the amount. The energy of both loves is processed in the region of the heart region within the spirit body. One's soul is lodged in close proximity to the spirit mind.

Divine Love – if sincerely asked for – will not be withheld by the Eternal Love of our Heavenly Parents, no matter what condition one's soul may be in. Divine Love is experienced at any stage in a natural love condition of soul whether error exists or not. What is required is that the cognitive capabilities of the maturing personality must knowingly be asking for this love to be added to its being.

Conception / incarnation brings together the soul, which lodges within close proximity to the spirit mind, which is located in the same region as the physical brain. The personality is created at the same time as the spirit body. Nothing that is Divine is within the forming entity.



The spirit body's energy is managed in the region of the heart and solar plexus, we are endowed with natural love, being an energy, at conception. It is this energy that is visible to other spirits, not the soul that we all have.

A newly individualising soul is just a tiny invisible spark.

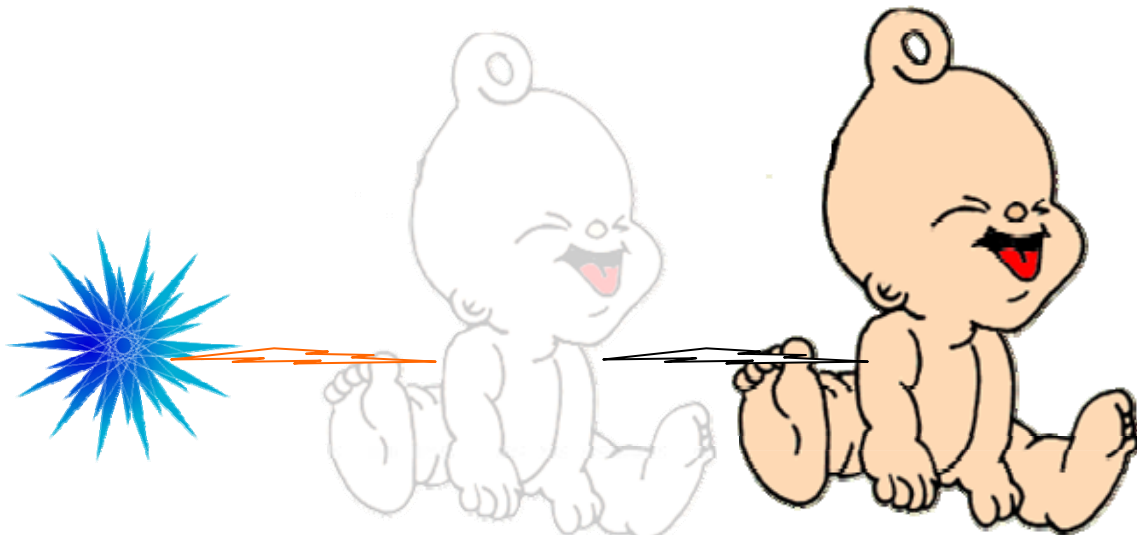
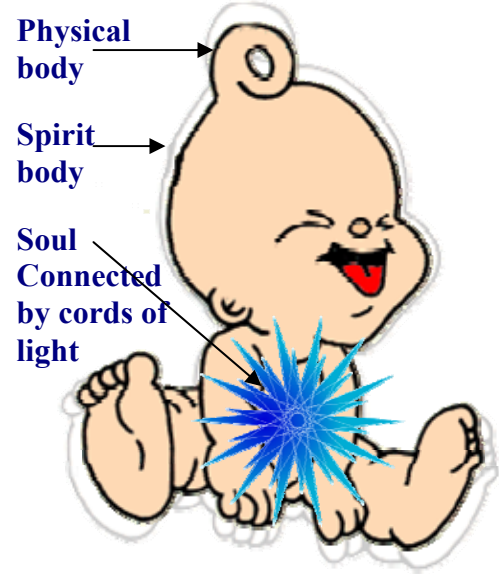


Viabile embryo forming.



A newly individualising soul is just a tiny invisible spark.

The soul connects through cords of light with the spirit body, never to be separated.

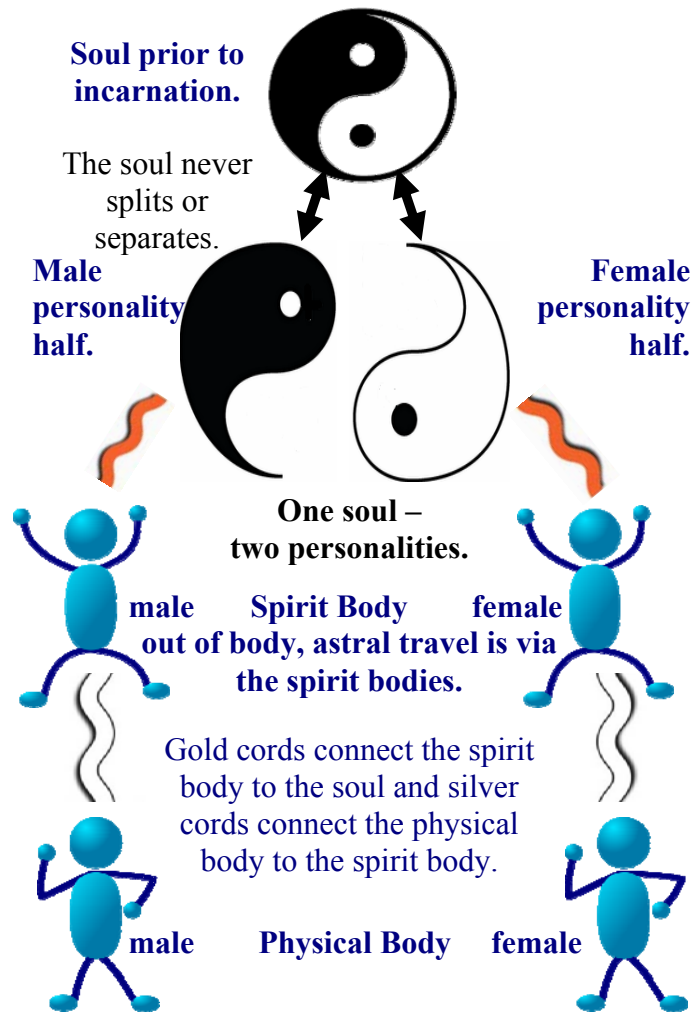


PERSONALITY

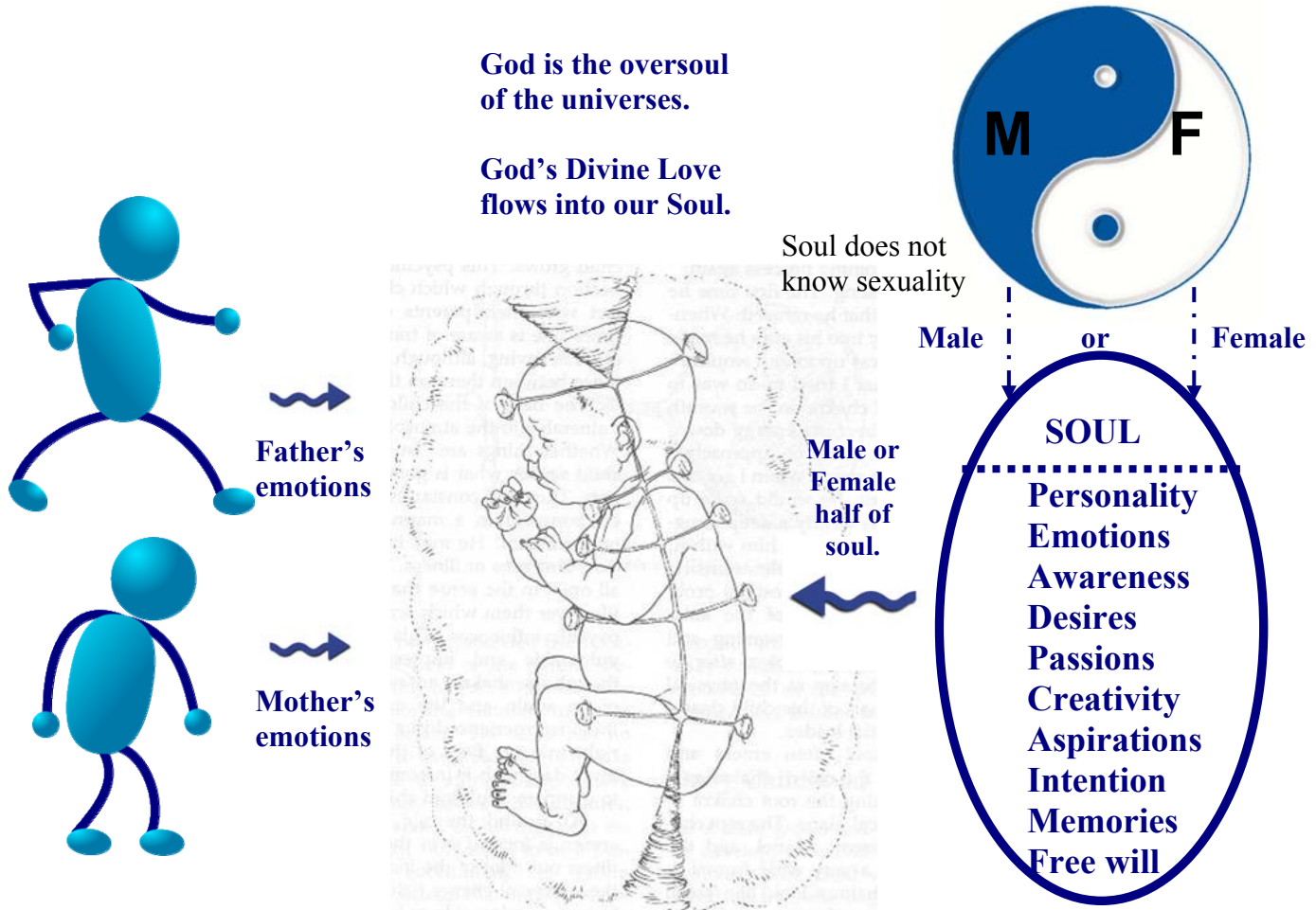
Soul ——— Spirit Body ——— Physical Body

The life force for the spirit body and the physical body is via the soul. The spirit body is connected to the soul via cords of light, and in turn, the physical body is connected to the spirit body via cords of light. Should the light cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

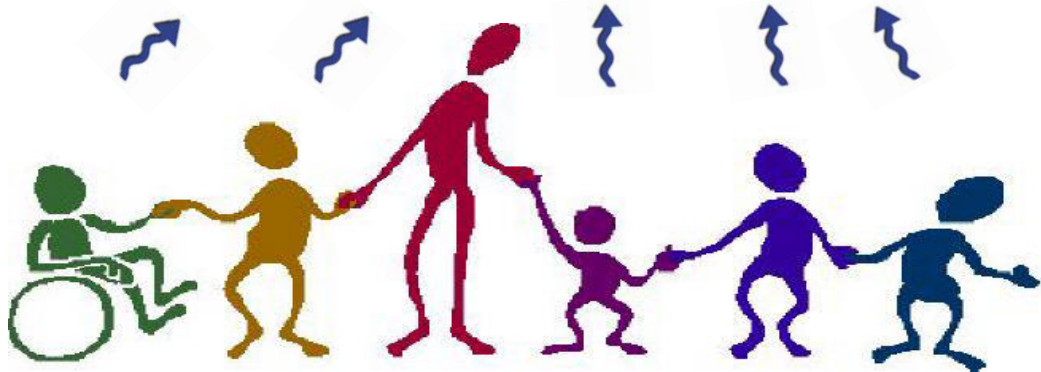
**YOU are ALWAYS JOINED to
Your SOUL PARTNER:**



OUR EMOTIONS REFLECT THOSE of OUR PARENTS and OUR ENVIRONMENT:



Emotions flowing to unborn baby, then born baby, from those around the baby.



Our Personality is a feeling of God, thus creating our unaware Soul.

At conception, our unaware personality (soul) forms both a spiritual body and physical body. Incarnation / conception starts the road of self discovery, children reflect parent's emotions, which includes their ancestors, and also, of those around them. Parents bring about the environment for us to incarnate.

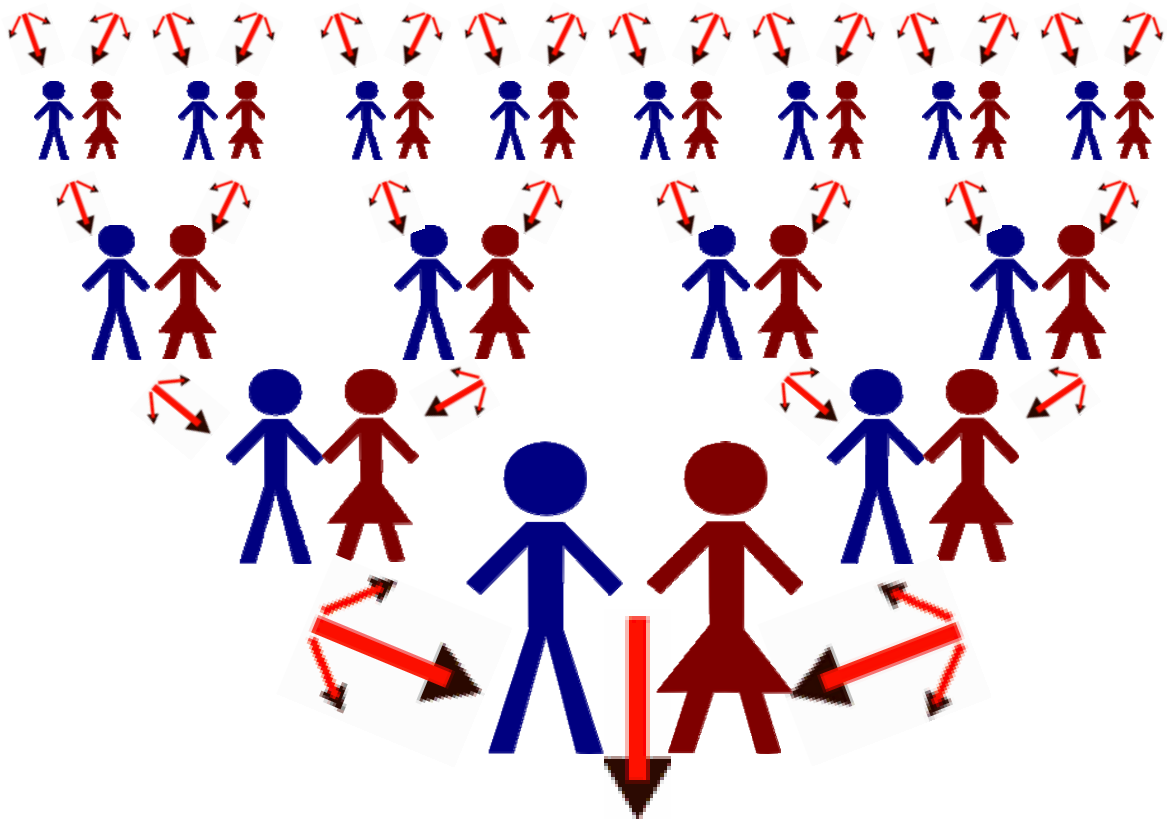
GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

Our children are conceived within the 6th sphere state, by the time they are born, or shortly thereafter, they have absorbed their parent's emotional injuries and their soul condition typically reflects that of one or the other parents. Our children continue to mirror our soul condition, or that of one of the parents, up and until they leave home and start to establish their own home with a partner.

Thus, to assist our children, we must firstly resolve emotional issues within ourselves.

In turn, we are a reflection of our parent's soul condition, and their parent's soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and processing our fears and blockages.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents clearing their emotions can lift illness such as autism from their children! Specific emotional injuries or blockages manifest as specific health issues. Thus, an illness episode or pain can be readily related to specific emotional issues.



The EXPERIENCE of LIFE by the BABY in the WOMB:

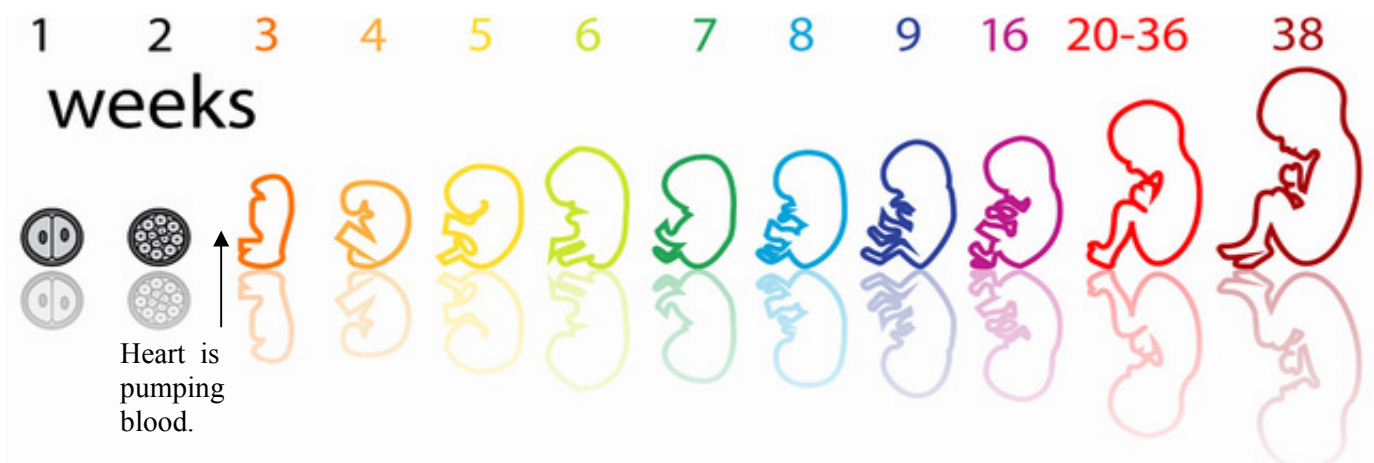
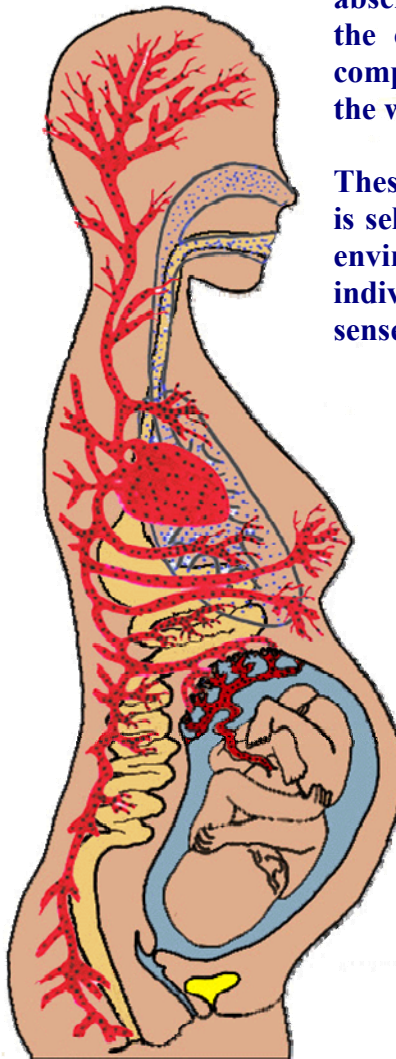
From the time of conception an infant is sensitive to the presence or absence of love as feelings of comfort or discomfort. One feels good and the other doesn't. This child has no idea how to seek love as it is completely subject to its environment and knows only how to respond to the way that it feels.

These early experiences of love have a great impact on a child as the child is self-focussed and has no concept of others outside itself. Its immediate environment is its world in which it has begun its process of individualisation and development of its personality qualities. The prime sense to which it responds is its sense of the presence or otherwise of love.

This is very basic but remains the most important sense for a human throughout its life. This may seem strange until you really think about it.

All of the most important responses a human makes are based on feelings and the most important feelings are those related to love because these are totally basic. Whatever supposedly sophisticated devices of discernment are overlaid on this, the basis remains the sensitivity to love.

You begin your life with natural love and it is in the context of this love that you live most of your life. In effect it is the main environment in which you live and function and your awareness of it depends on the love that you feel within you and which you express rather than the love expressed by others. You appreciate the love of others to the degree that you allow yourself to receive it. If you are closed to the love of others you will not attract it. Giving and receiving are inextricably entwined and can never be separated.



EMOTIONS

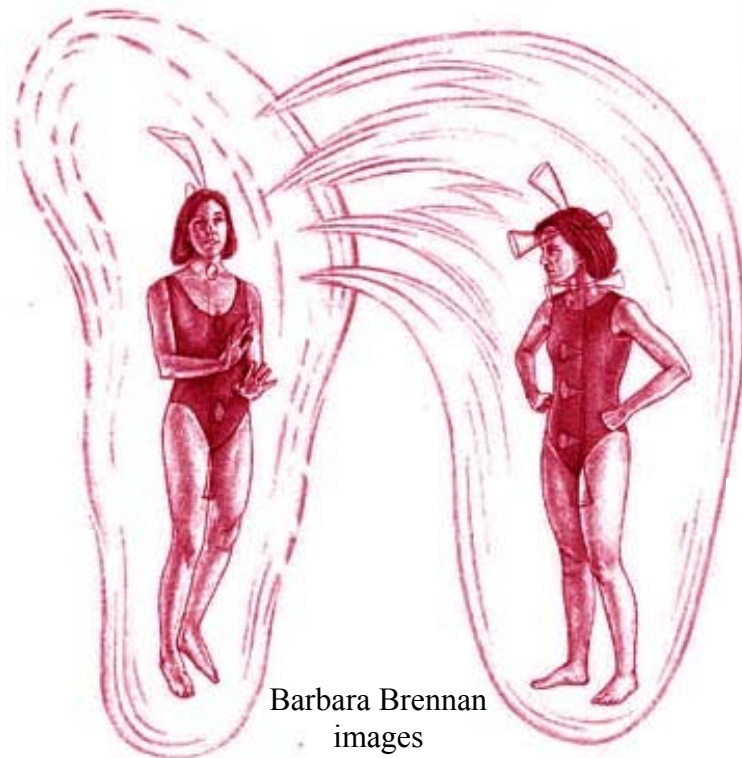
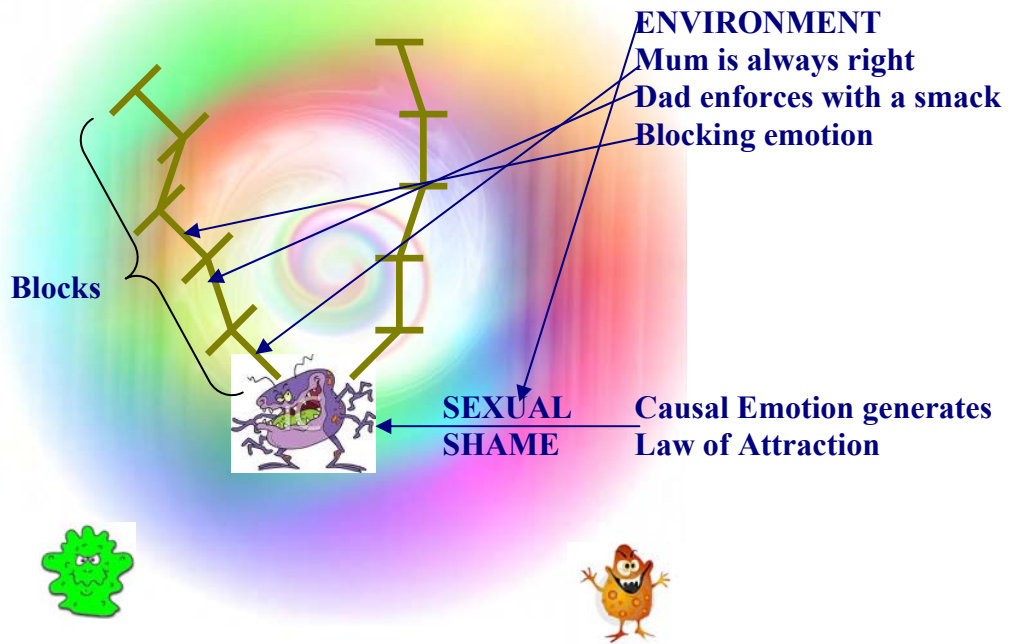
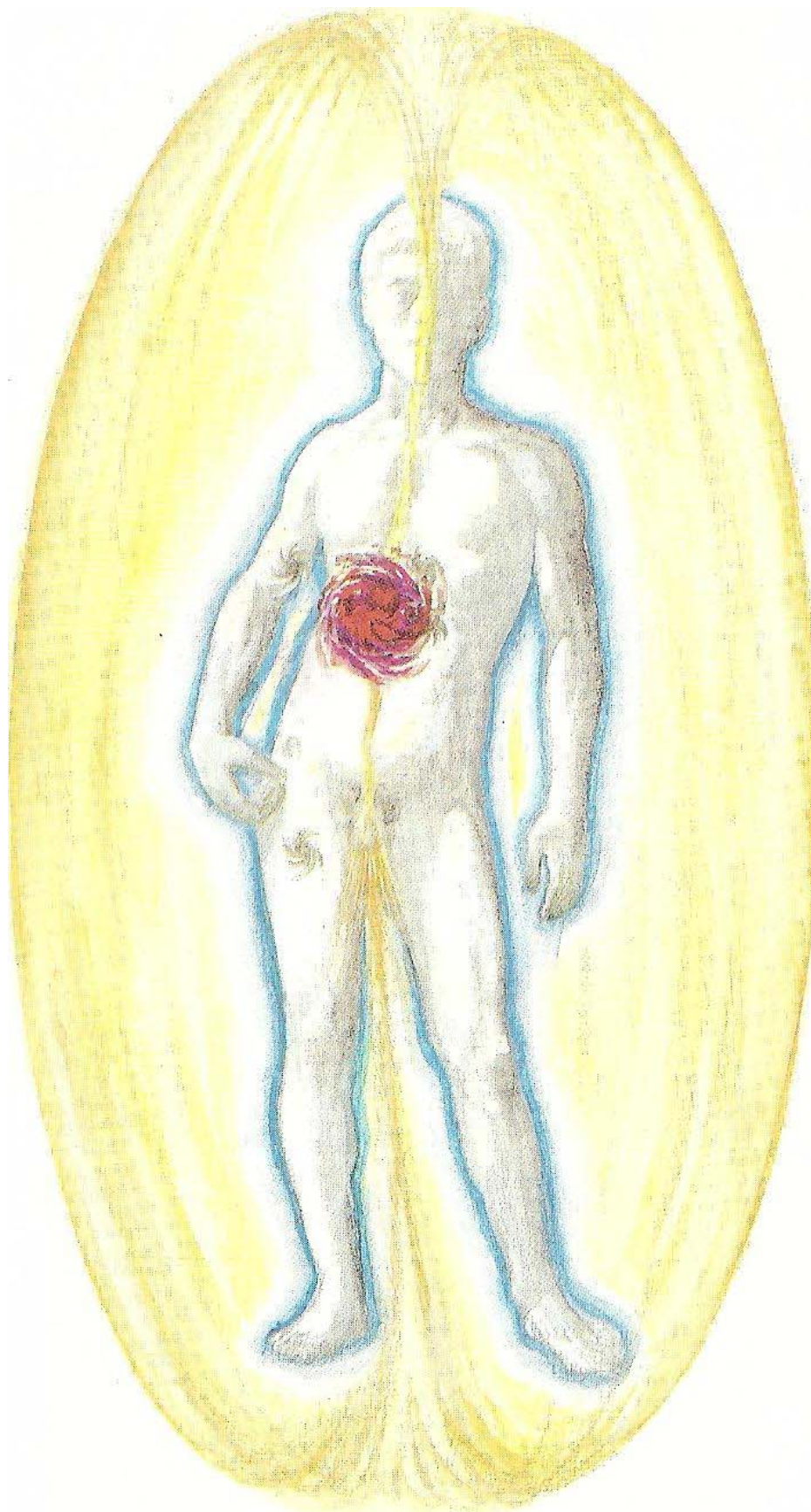


Figure 15-3 The Schisoid Defense and a Push Reaction



Note the torus energy field being observed around the spirit body.

Fissures appearing in the spiritual body (etheric body) being clearly visible to a clairvoyant.

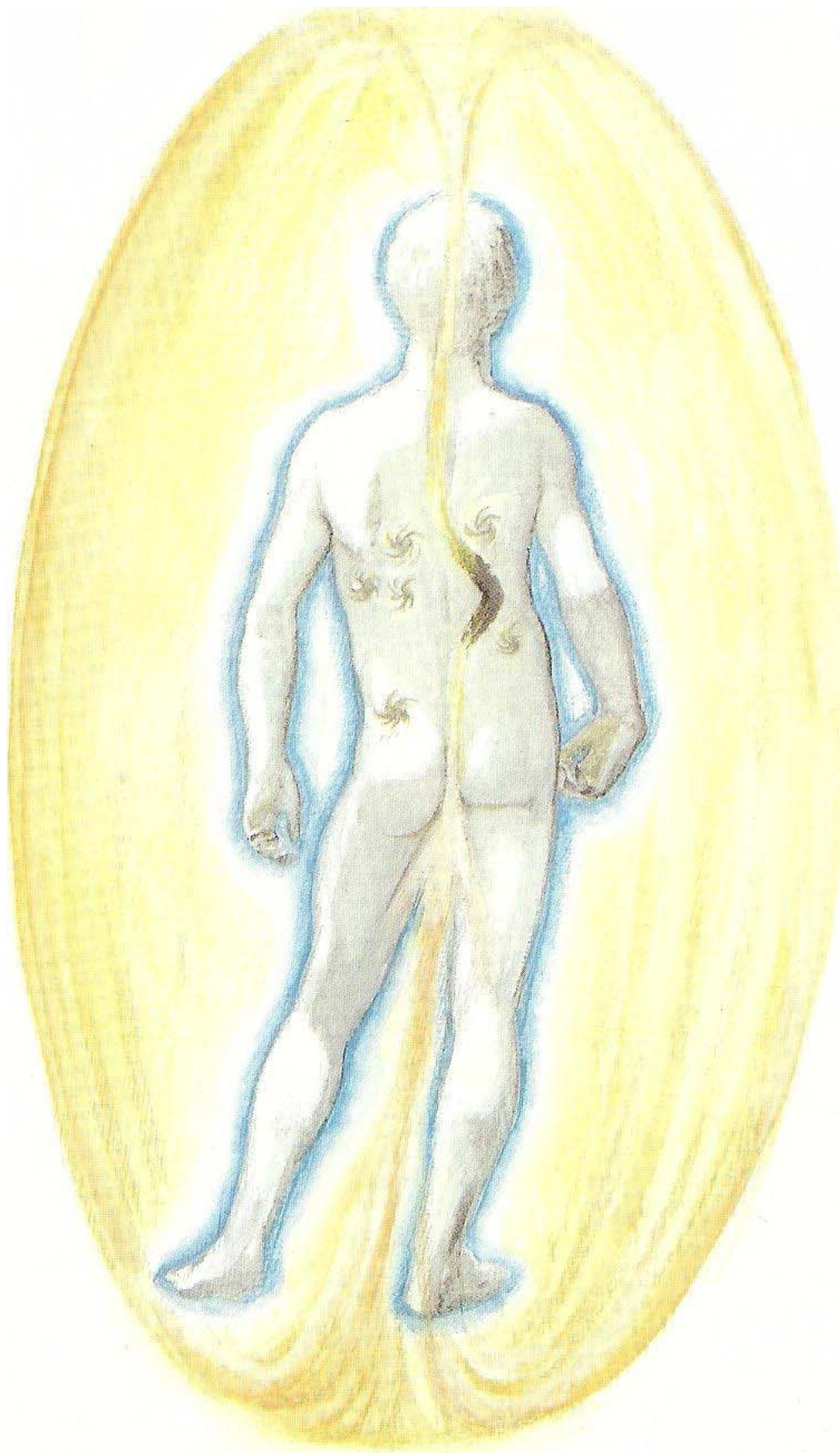
Such fissures being generated by negative emotional errors and injuries held within the spirit body field.

These fissures are a precursor to a physical illness emerging in the material body within a similar location as that seen in the spirit body.

**Diagrams from
Barbara A
Brennan
Hands of Light and
Light Emerging.**

Figure 24-1

We are emotional beings, emotions generally pass through us, however, when they become stuck within our spirit body, they then appear as fissures within our spiritual body. These stuck emotions, unless accessed and cleared, then eventually manifest as illnesses and diseases within our physical body.



Fissures appearing in the spiritual body (etheric body) being clearly visible to a clairvoyant.

Such fissures being a precursor to physical illness emerging in the material body.

**Diagrams from Barbara A Brennan
Hands of Light and Light Emerging.**

Figure 24-1

GENERATIONAL DISHARMONIES:

9 April 1916

As the physical body is affected by the results of these sins being carried into operation, so much more so is the spiritual part of man affected by the fact that these sins had their creation in that spiritual part of man.

It may be asked: In what way can the effect of sin upon a man, which is upon his soul and spirit, have any injurious effect upon the spirit and soul of his child, so that the child may suffer from the sin of the parent? Well, when a child is conceived and gestates and is born, he not only partakes of the physical nature of his parents, but also of the qualities and condition of the spirit and soul of the parents.

This may seem improbable, but it is a fact that the spirit and soul that enters into the child when it is conceived comes from the great universe of soul and spirit, wholly independent of the parents and is not in its nature or qualities a part of the parents as is the flesh and blood which build up and produce the physical body of the child. But while this is true, it is also true that this spirit and soul of the child is susceptible to and in a way absorbs the influence of the spirit and soul of the parents, not only at the time of conception but also during the period of gestation, and even for years afterwards, and to such an extent that this influence continues beyond the mere earthly existence of the parents and into the life of the progeny to the third and fourth generation, as the text says.

The spirit part of the child is more susceptible to the influence and evil effects of these sins than is really its physical body, for as I have said, the spirit part is the originator and breeder of the sins, if I may so express it, while the body is merely the recipient of the exercise of the sins and the objects of their manifestation.

The influence of spirit upon spirit is more extensive and certain than mortals can possibly conceive of. And the results of that influence are not so apparent or known to the consciousness of the succeeding children, or to the respective parents, as men suppose, and as a fact they do not understand or become conscious of the fact that such influence is operating upon the spiritual parts of their children. They see and realise that the effects of such sins become manifested in the physical body, and as their ordinary natural senses cannot perceive the condition of the spirit, they conclude that the text can only mean, that these sins are visited upon the material bodies of their children.

But I must tell them that, while great and deplorable injury is inflicted on these material bodies, yet greater and more lasting and more grievous injury is inflicted upon the spiritual nature of the children – not only because this nature continues to live, but because men, not realising that this nature has been injured, make no attempt to find and apply a remedy as they so often do in the case where these sins manifest themselves in the physical body. And besides, there are many sins that do not affect the mere material body, but which do great injury to the spiritual nature, and which, to the senses of men, are never perceptible.

A man is not only the parent of a child's material body but in a secondary way is also the parent of its spiritual nature. The condition of the parent's spiritual nature influences and determines to a large extent the qualities and tendencies of the child's nature, for good or evil, not only while it is a mortal, but frequently after it has ceased to inhabit the veil of flesh.

So let parents know that they do not live to themselves alone, as mortals, but that their evil thoughts and deeds have a greater or lesser influence upon the spiritual natures of their children, especially at the time of conception and during gestation. Then how important that parents during these times particularly, and at all times, should have their spiritual natures in that condition of purity and freedom from sin that

their children may be conceived and born in a condition of soul purity, which will not reflect any evil that they can charge their parents with being the creators of.

If men would only realise these facts and live their lives in accordance with the truths which I here declare, how much sooner would the human race be brought into harmony with God's laws, and the souls of men be freed from sin and evil.

I know it is often said that it is unjust, and not in accordance with the justice of an impartial God that the sins and penalties arising from the disobedience of our first parents should be visited upon mankind who were and are their progeny, as such mankind had no part in that disobedience. But when it is remembered, and it is a fact, that God did not create sin or evil, or impose such upon the first parents for their disobedience, but that they themselves created sin and evil, and men have been creating these inharmonies ever since, it will be seen that an impartial God (who is our only God) is not responsible for either sin or evil, or for the consequent penalties which they impose. And as has been written you before, the abolishing of sin and evil and their penalties is within the power of man and his will.

As these first parents created these evils, as I have explained and in the manner that I have pointed out to you, their sins, by the influence which they had upon the spiritual nature at the time of conception and gestation, became, as it were, a visitation (and that is the spiritual desires and tendencies and inclinations toward that which is evil); and this influence continued with the child for years after its birth, according as the child and parents are closely associated together in their earth lives. And as each succeeding generation caused the visitation of its sinful influence and tendencies upon the succeeding generation, you can readily see how all mankind became subject to the sins and evils and penalties which were brought into the world by the first parents.

Instead of God being the creator of these things, or visiting them upon the children of man, He declares that their existence is contrary to the harmony of His creation, and must be eradicated before man can come into that harmony, and into an at-onement with Him. And as He gave to man the great power of free will, without any restriction upon its exercise, except as a man's understanding of the harmony of the operations of God's laws might influence him to exercise this great power; and as man, in the wrong exercise of that power, brought into existence these things of evil and sin, so man, as he perceives this plan of God's harmony, must exercise that will in such a way as to free himself from these things which are not part of God's creation, and which are out of harmony with His plans for the creation and preservation of a perfect universe, of which man is its highest creation.

God never changes. His laws never change. Only man has changed from the perfection of His creation; and man must change again before that perfection will again be his.

Now from all this it must not be inferred that man is left to his own efforts to bring about this great restoration, for that is not true. God's instrumentalities are continuously at work, influencing man to turn again to his first estate and become the perfect man, as he ultimately will become. (I am not here referring to the workings of the great Divine Love, which, when a man possesses in a sufficient degree, makes him more than the perfect man.)

So, "the sins of the parents are visited upon the children to the third and fourth generation" means the tendencies and inclinations toward that which is evil – and created, not by God, but by man himself, solely and exclusively.

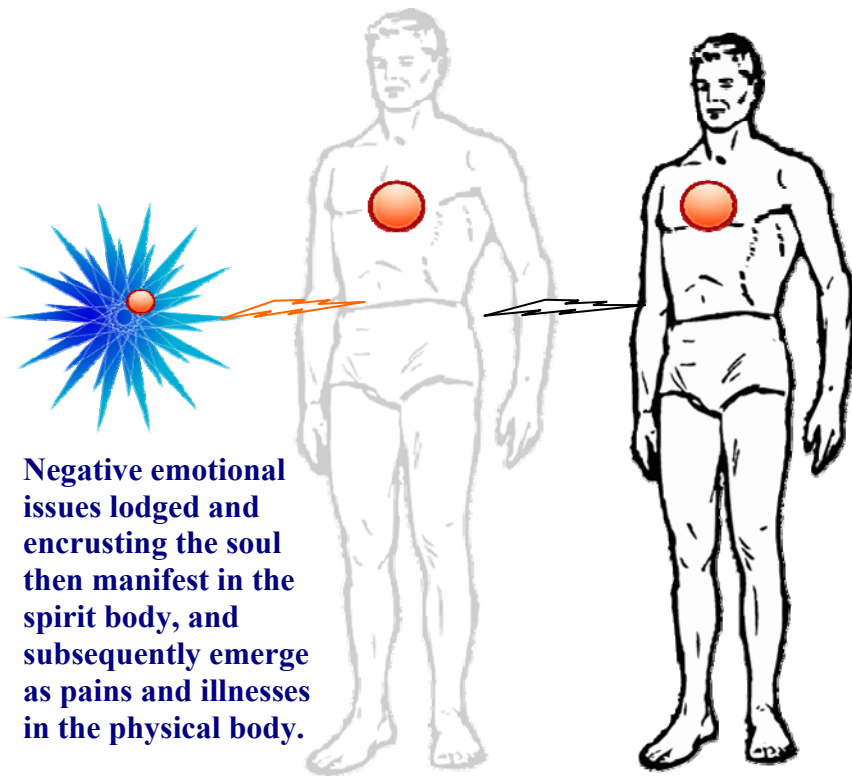
And oh man, could you see the results of these sins upon the spiritual natures of your children, as you often see them upon their material bodies, you would hesitate in your sinning and think, and thinking,

would see the way by which the great blot upon the happiness and salvation of humanity could be removed, and its progress to the "perfect man" be hastened and assured.

I desire to say that when I spoke of the sins of the parents being visited upon the children at the time of conception and birth, I meant that these sins, by the influence which they have upon the spiritual nature of the child, became, as it were, a visitation. I did not mean that any part of the real sin of the parents became a part of the spiritual nature of the child, but only that the influence of the parent's sins upon the child is sufficient to give the spiritual desires and tendencies of the child an inclination towards that which is evil; and this influence is continuous with the child for years after its birth, according as the child and parents are closely associated together in their earth lives.

P.348 Book of Truths through James Padgett / Luke

THE TRUTH WILL SET YOU FREE
BUT 1ST - IT WILL MAKE YOU
MISERABLE



Negative emotional issues lodged and encrusting the soul then manifest in the spirit body, and subsequently emerge as pains and illnesses in the physical body.

The energy, plasma, being attracted to the stuck emotion can cause the injury to grow and grow and grow.

SOUL SPIRIT BODY MATERIAL BODY
PERSONALITY

CHILDHOOD FORMING YEARS:

Health & Parenting

As difficult as it may seem to comprehend, even at the time of one's conception / individualisation, we are highly intelligent and our newly forming mind is making rudimentary decisions. Immediately upon conception we (being our soul) begin to absorb the emotions and projections of those around us, within our environment, mainly from our parents and in particular from our mother, who at that time may not even be aware of our presence.



All we need to know is already within one's soul prior to conception.

We access our soul's knowings through our feelings. That is, should we express our feelings at all times then we will be drawn to truth and love at all times.

Nothing about our soul's truth is focused upon controlling or dominating anyone else. Control is the domain of the mind. The mind is within one's spirit body, and it is this mind control that we are enslaved to. For more than 200,000 years man has been enslaved to his / her mind, this was brought about by the Lucifer Rebellion at that time. For generation after generation, we have repeated the endeavours to turn our children into little 'me's'. We suppress their free expression and free will and endeavour to clone them into trophy children, our trophy, reflecting who we are, not allowing their free expression of their feelings, their true selves. For a child to comply with our orders and demands they train their minds to 'obey' and succumb to our blackmail, 'be a good girl / boy and I / we will love you!'

This is a disaster of global proportions that was instigated by Master and Mistress Lucifer 200,000 years ago and it is only now that we can do the Great U-Turn and liberate our soul's feelings and become freely expressive, and bring about the harmony that humanity strives for and knows is possible.

Each suppressed feeling and each inflicted emotional injury brings about physical pain and ill health. It is only when we allow our feelings to freely flow that the energy flows through our spirit body and then physical body are we of a healthy and feeling nature. We, as parents, bring about the long term health or ill health of our children. Sometimes the collective injuries that we as parents are holding suppressed result in becoming evident as deformities within our children. Yes, we as parents cause the deformities within our child. Unknowingly and unintentionally we harm our children with our own emotional injuries to such an extent that our newly forming foetus is enormously injured resulting in the numerous illnesses and deformities that babies are born with, from time to time.

The baby is born and then we set about turning it into the 'model' that we want, not allowing it to freely express its true self.



This is the crime that we as parents have not been aware of for 200,000 years. It is global and it will take centuries before we all become aware that we have to feel into our emotions, allow our soul based feelings to tell us the truth of our errors and express our feelings to our partner or anyone that will listen and put these errors aside for ever. Then we will learn how to truly love our children and not burden them with the injuries that are passed down generationally.



Our children mirror us, as parents. It is not that ‘bad genes’ are passed down; it is that we change the nature of our genes as of a result of emotional abuse and suppression which is endlessly hurled at us as a child.

It is not until we reach puberty that we are of such an emotional maturity that we can start to independently feel into our soul based emotions, by-passing our mind’s controlling nature, and express and release the injuries imposed upon us since conception and typically through to the age of around six or seven.

Only by releasing our childhood repressed emotional injuries can we return harmony and physical health to our bodies.

Though our parents typically announce that they love us, as a child, they themselves are so heavily injured that they do not know how to truly love, or what true love is.



	Supportive Parent is accepting and child-centered	Unsupportive Parent is rejecting and parent-centered
Demanding Parent expects much of child	Authoritative Parenting Relationship is reciprocal, responsive; high in bidirectional communication	Authoritarian Parenting Relationship is controlling, power-assertive; high in unidirectional communication
Undemanding Parent expects little of child	Permissive Parenting Relationship is indulgent; low in control attempts	Rejecting-Neglecting Parenting Relationship is rejecting or neglecting; uninvolved

LUCIFER REBELLION HAS ENDED, and now REVELATIONS for HEALING are HERE:



Lucifer soulmate / partner pair



Satan soulmate pair



Caligastia soulmate pair



Daligastia soulmate pair

Lucifer soulmate pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they spectacularly failed.

About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on Earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

Caligastia had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!



WE TUMBLE INTO THE ABYSS BY SUBMITTING OUR WILL TO THAT OF OUR PARENTS:

At the moment of conception your soul activated your will to become of your Earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing.

Jesus
Message 33 (part) 9 January 2003

NOW WE CAN CLIMB OUT OF THE ABYSS BY EMBRACING OUR FEELINGS:

Life IS ALL ABOUT FEELINGS. YOUR FEELINGS ARE YOU – ACCEPT THEM, AND YOU'RE ACCEPTING YOURSELF.

Only by following what Mary says regarding the doing of your soul-healing, the honouring and living true to your bad feelings and exposing all your childhood repression will you be able to heal all such pain and problems.

The Truth of your world is all about you. Many generations have believed in and tried to live how the Bible says, but has it healed all ills? Have wars and hatred stopped? And why have Christians done so many bad things? Why does all the self-criticism and self-denial still exist? Why are people mostly only interested in gaining power; and why do the rich still dominate the poor?

The religions and spiritual systems of humanity have failed to deliver life in the promised land, living free from all pain and suffering. And they will continue to fail because they themselves are founded on the negative. They are not true; do not teach the Truths of Divine Love; do not encourage people to live true to their feelings.

You are hopelessly bound up in your parent's lives. They have made it that way. The freedom and self-control you may feel you have is only relative to them. They – your very own mind – is the evil one, you are the evil one living with your mind overpowering you in every moment. The Golden rule is: never interfere with another's will.

I, Mary, was able to feel my feelings, as I was not trained too heavily to deny them, and then with and through them, find out the truth my soul wanted me to see. The truth of your negative state is what's missing from your world. It's the only thing that will open the way to show the right and true and correct way to live. [The Rejected Ones – Living True to One's Feelings](#) by James Moncrief



HOW do we SUPPRESS our CHILDHOOD EXPERIENCES?

Caffeine is the most widely used drug in the world. In the United States, more than 90% of adults use it regularly. Caffeine in coffee and soft drinks combined with alcohol, tobacco, party drugs, prescription drugs and certain foods (chocolate), very few adults are without some form of substance abuse.

We use every method to dumb ourselves down so we can suppress the subtle but relentless abuse that we each endured during our forming years, from conception to around the age of six years.

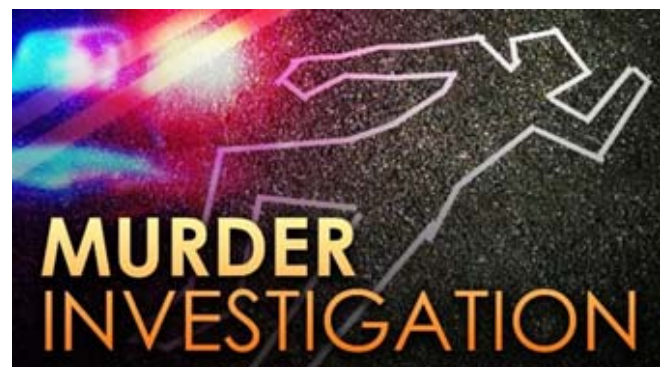
Amazingly, due to the attitudes instilled into each of us during our forming years, humanity, overall, considers war to be 'socially acceptable'!!!

When we decide to become a soldier we are really approving of being killed or killing. So, each year some 50,000 soldiers die. It is collateral damage that some 200,000 civilians die as an incidence of war. They did not buy into war.

Being brought up in semi to outright abusive families, murder is common place. Worldwide each year we have 500,000 murders. That is outside of the accidental deaths due to guns!

Aggressive contact sports are an expression of one's childhood suppression and repression. The harm from our childhood upbringing goes on. The cost of 'drug abuse' to a society is the equivalent of either a nation's military budget or public medical services alone. Substance abuse cost is much, much greater than acknowledged.

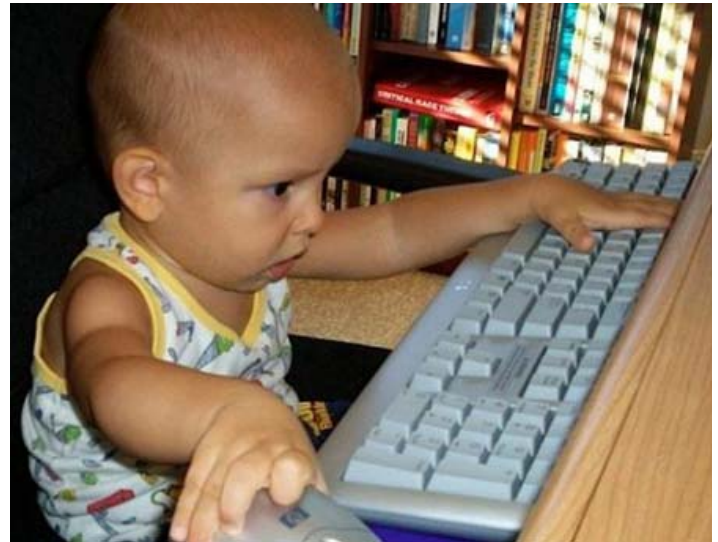
Society is so dumbed down that it functions as walking zombies. This is all because no one knows what true love is and how to truly love another. This can only be brought about through living Feelings First and engaging in one's Healing.



TELEVISION and COMPUTER GAMES:

P.230 Power vs Force by David R Hawkins

While the young are being programmed by specialised TV and computer games that glorify violence, their parents are being brainwashed by adult media. Kinesiological testing showed a fairly typical TV serial caused test subjects to go weak 113 times during a single episode. Each of these weakening events suppressed the observer's immune system; each weakening reflected an insult to the viewer's central as well as autonomic nervous system. Invariably accompanying each of these 113 disruptions of the acupuncture system were suppressions of the thymus gland; each insult also resulted in damage to the brain's delicate neurohormonal and neurotransmitter systems. Each negative input brought the watcher close to eventual sickness and to imminent depression – now the world's most prevalent illness.



Subtle grades of depression kill more people than all other diseases of mankind combined. There is no antidepressant that will cure a depression which is spiritually based, because the malaise does not originate from brain dysfunction but from an accurate response to the desecration of life. The body is the reflection of the spirit in its physical expression, and its problems are the dramatisation of the struggles of the spirit which gives it life. A belief that we ascribe to “out there” has its effect “in here”. Everyone dies by his own hand. That is a hard clinical fact, not a moral view.

What makes the endless television programs, which are concerned with mayhem and its various forms, so attractive? It is because what is being acted out on the screen, where it is safe, are all the forbidden unconscious fantasies in our own psyche. Once we are willing to look at the same movies on the TV screen of our own minds and see whence they really originate, the attraction of such “entertainment” disappears. People who have acknowledged the content of their own shadow have no interest in crime, violence, and fearful disasters. Negative forms of entertainment typically shut down one's immune system for around 24 hours – or longer! TV is a serious health hazard!

Sustained and chronic fear gradually suppresses the body's immune system. Fear is what blinds us to the real dangers of life. In fact, fear itself is the greatest danger that the human body faces. It is fear and guilt that bring about disease and failure in every area of our lives.

We could take the same protective actions out of love rather than out of fear. It is Love that protects us. It is natural love that we are endowed with, being the energy substance that is our soul. It is love energy of the soul that heals our physical body. Should we long for, ask for, and receive Divine Love, then the imperfections enveloping our soul are progressively dissolved and our capacity to heal ourselves is greatly enhanced. It is when we are within a loving environment that one's immune system is activated and strengthened.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

HOW EMOTIONS EMERGE AS AN ILLNESS: Healing and Recovery P53 by Dr David R Hawkins

Every time someone goes below level 200 (Courage) as per the Map of Consciousness (MoC) scale, we find upon testing that their energy system is imbalanced. Characteristically, most people will ‘blow out’ one particular acupuncture meridian rather than another.

For example, every time they have negative thoughts or feelings consequent to a negative belief system, they may impair the heart meridian. As the years go by, every time they have a resentment, go into self pity, or criticise someone else, it disrupts the energy and flows down the heart meridian. This depletes the life energy of the heart, and the continual repetition begins to alter its physiology in very delicate ways. It begins to express itself through irregularities in the autonomic nervous system, which operates in the functioning of the body organs.

As a result, there begins an impairment of the physiology of the heart itself, including the lining of the arteries. As the years go by, the habitual disruption of the heart meridian brings impairment on the physical level, which is an expression of what has been held in mind. That is the basic premise – the body expresses what is held in mind, not vice versa. The body expresses a person’s habitual way of thinking.

The mechanics of negativity short-circuit the acupuncture system and the autonomic nervous system. This in turn alters and impairs the sensitive electrical and chemical processes that are going on in the cells, resulting in pathological changes within the anatomy and dysfunction that results in a coronary attack, heart disease or heart failure. The heart failure comes about partly as a result of years of negative mental attitudes. The mind would like to blame it on cholesterol, stress, one’s lifestyle, genetics, what goes on in the family and so on. These are all merely explanations, excuses, and rationalisation to try to make intelligible that which is not clearly defined.

When looking at the exact mechanics, we see that what we hold in mind begins to manifest on the physical plane because it is the mind that has the power. The mind is within one’s spirit body.

One of the difficulties to overcome in self-healing is the willingness to accept the great power of the mind. We cannot let a negative thought go unchallenged. Disease is an expression of one’s attitude and habitual way of looking at things.

The specifics of healing a particular illness consist of (1) letting go of resisting the sensory experience of it, (2) no longer putting names or labels on it, and (3) using no words at all. Welcome experiencing what you are experiencing in a very radical way at the same time (4) cancel the thought form and belief system, and (5) choose the energy field of Love, which heals.

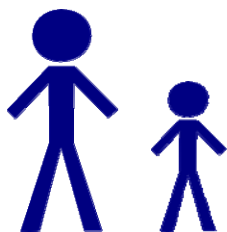
To put oneself in an energy field of 540 is to automatically heal oneself. A loving thought then heals and a negative thought creates illness.

How do we pick up the negative belief systems? We pick them up through television and well intentioned people. Their intention is to prevent these illnesses in us by educating us about them. Instead, we find that the mind is now programmed to accept a specific belief system. Unconscious guilt then comes up and utilises that belief system, which causes an impairment of energy flowing through the energy fields that run down through the twelve meridians of the acupuncture energy system.

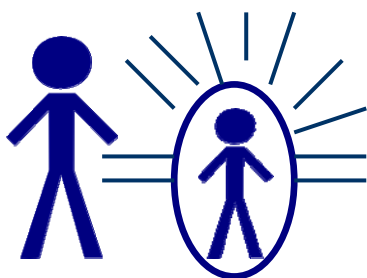
That being said, there is no need to analyse one’s condition, just receive healing by embracing, longing for and asking for the light golden blue energy substance being the Divine Love.

The healing of the body alone should never be forced. Complete healing takes place only through the Soul, via the spirit body, via the nervous system and the spirit consciousness of each cell.

TOTS DEALING WITH BIG FEELINGS



Child reflects back to parents the parents emotions, parents are to take personal responsibility for their emotions.



CHILD MIRRORS ITS PARENTS

Child is absorbing a barrage of emotions from the environment – when the barrage lifts, they begin to feel their own emotions. The child reflects every unhealed emotion of those around him / her.

HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body impairing the flow of loving energies of one's soul.

Such man made errors degrade the pristine soul and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Love energy from our Mother and Father is the only substance that alleviates and progressively removes errors and injuries, and this Love energy is the only substance that permanently brings about harmony and health for our soul which subsequently brings about health to our spirit body and physical body.

Earnestly pray for, ask for, and receive the Love from our Mother and Father, such Love will always be provided to those who ask for same – always!

EDUCATION:

CHALDI COLLEGE – EDUCATION: Nanna Beth – 3rd Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

CHALDI COLLEGE

Nanna Beth, 3rd Celestial Heaven: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it.

Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Feelings First Spirituality, New Feelings Way

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't

need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.



It takes a village to raise a child

Paradise Village - New Feelings Way



my
House is your
Paradise
HOME

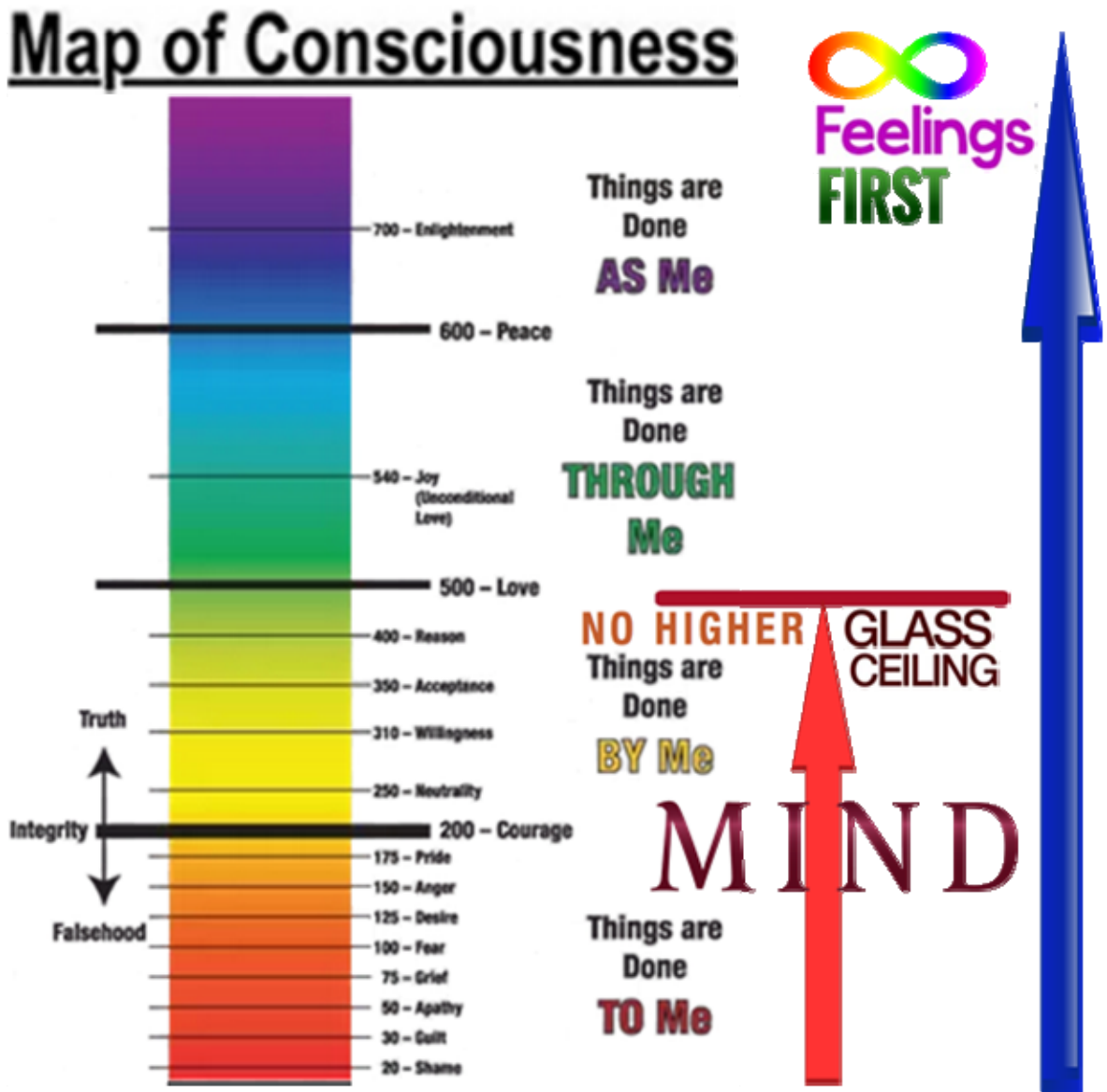


Mind dominated education’s potential peaks at 500 on Dr David Hawkins’ Map of Consciousness.

While education curriculum remains mind centric and feelings void, education systems have peaked in their potentials to advance and evolve humanity. Scientists and academia, being mind centric, are hitting a ceiling in ‘reason’ which peaks at 499 MoC. This peak is why none of the issues confronting humanity worldwide are insurmountable and remain unresolvable.

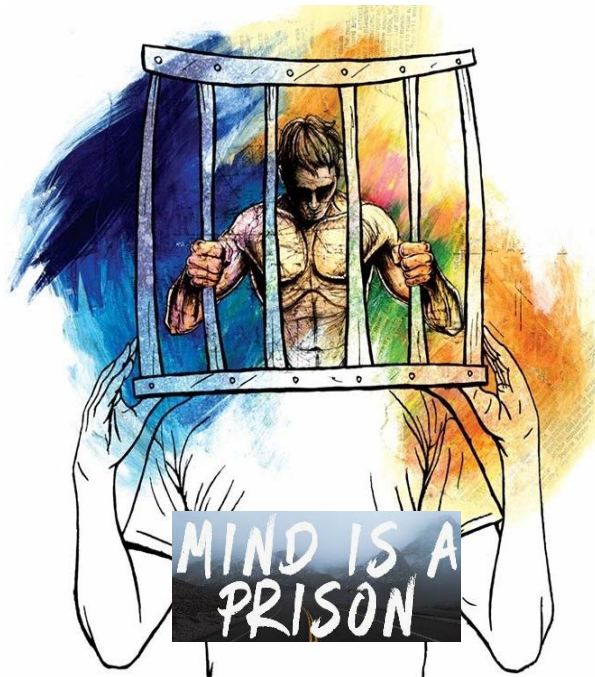
Further, until we embrace our feelings and then have our minds follow to engage with what our feelings are guiding us to do, we are limited to this very low level in potentiality. Our feelings, being soul based, are always in truth, whereas our minds cannot discern truth from falsehood – our minds are addicted to untruth!

Aspiring to live feelings first brings our potential to living in a Celestial soul condition in the physical here on Earth, free of illness and crime! Such potential calibrates well over 1,000 on the Map of Consciousness. This is the future of education systems during the coming spiritual age now unfolding.



NEW FEELINGS WAY

We are enslaved in our mind.



We seek, what we think, is the best education for our children. Many send their girls and boys to the so-called best and expensive schools that subsequently further enslave the child deeper into its mind.

The world's journey of growth through its education systems has peaked. The result is a global population functioning in zombie mode, in a stupor, glued to an electronic device, all trying to be the same with no individuality, originality or self-expression.

This destiny was imposed upon us by controllers who had us go in a direction of limited development and to remain their pawns forever!

Girls and women have been singled out as they, being closer to their feelings, can see the folly of this entrapment of limitation and perpetual stagnation.

We are to live feelings first and have our minds follow implementing what our feelings are leading us to embrace. Our feelings are our true selves, they are an expression of the personality that we are, as bestowed upon us by our Heavenly Mother and Father.

A feelings orientated education opens our potential infinitely. It is only through us living through our feelings that all the social ills that are evident throughout every community in every nation can and will be mitigated and put aside. It is only through expressing our feelings, both good and bad, and longing for the truth of them that we will heal ourselves of our childhood suppression and repression. Then we will see an evolutionary advancement of Earth's humanity that is presently incomprehensible.

The New Way: Learning how to live true to ourselves by living true to our feelings.

**FREEDOM OF
FEELINGS**

**FEELING
HEALING**

SOCIAL NORMS:






Humanity, through its wayward mind, has evolved a vast array of imposed controlling platforms founded on assumptions. Mind based assumptions have an error rate of around 98%. It is an amazing display of confusion with no community of society in any nation worldwide exempt from this global catastrophe.

Before automated printing presses, profound writings were hand copied with scribes imposing their own interpretations and assumptions. Then self interested groups imposed their dictates, including political leaders. When these base writings are founded on hearsay, the quality of the records are already suspect. Then add in steps such as translation from one language to another and then another.

What emerges is the mind's addiction to control. The mind cannot discern truth from falsehood and from all of this we have the foundations of social norms throughout every society worldwide.

The New Testament of the Bible was written decades after the life of Jesus of Nazareth. Matthew did have notes from which he assembled his writings.

The start to recover the truth and then expand upon it has begun with the Padgett Messages (1914-1923), then Dr Daniel Samuels' "Revelations" (1954-1963), and then Hans Radax' "Judas of Kerioth" messages (2001-2003). Jesus of Nazareth directly wrote through James Padgett together with about 250 Celestial spirits. Celestials with authority wrote through Dr Daniel Samuels. Judas wrote through Hans Radax. The major errors and omissions are now addressed and can be reviewed by going to www.pascashealth.com and then to Library Download and then Medical – Soul Condition & Health, click on the following to download:

-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)
-  [Bible Old Testament Revisited.pdf](#)

What is most incredible about what is unfolding for humanity today is the progressive opening of the Celestial Heavens through communications by Celestial spirits with physical humanity in a progressive and organised revealing of what we are to heal and how to go about our healing through Feeling Healing, and with Divine Love, our Soul Healing.

Through these publications, all will clearly recognise that the controlling nature of all institutions is taking us away from our Heavenly Parents and that can now all be turned around, we call it the Great U-Turn.

Jesus of Nazareth has only written through James Padgett and James Moncrief. Mary Magdalene, Jesus' soul partner and equal, both being the co-regents of our local universe of Neadon, has only written through James Moncrief. No one else has directly written for them.



Mary MacKillop – Australia’s only canonised saint:

Sunday, 10 December 2017

John the Typist: Further, the likes of Australia's only Catholic canonised saint, being Mary MacKillop is now bombarded with petitions that she cannot do anything about, let alone tolerate. I wonder what she or any other such person has to say about this distracting and pointless practice of anointment with sainthood.

Mary MacKillop: I'd certainly have my say if I were only given a chance, my saying being to the Church as to what utter nonsense it all is. I am with your celebrated Nanna Beth, John, thankfully having Healed myself of those false beliefs – which do as you say, only serve to keep you away from the Divine Love of our Heavenly Parents.

I cannot speak for all us ‘saints’, as I don’t know the whereabouts of them, however I did have a lot to do with a lot of them when I first died. And then to become one of them myself, this happened in the second mind world well before they caught up with it on Earth; and then to have many spirits worshiping me and asking me for religious favours; well, it was flattering to a certain degree, yes I must admit, to think that I was someone special and favoured by the Church, particularly after all the difficulties I had with it on Earth; however then as you rightfully said, it became a chore and a burden because by then my faith was starting to wane.



As you can read about my life, by exposing sexual abuse of children I was rejected by the Church, then I regained its support, and yet still seeing it when I was meant to turn a blind eye, continued to anger me, which in the end was what I could not do, as my faith failed me.

And that wasn’t so long ago, and I’m now working to help the sexual abuse surface in the Church from the Celestial level, as well in all levels of life on Earth, as there are a lot of us who detest such activities, even though we now understand why people do them, and why such practises are still carried out in the fantasies of many in spirit.

I am a relatively recent arrival in the Celestial Heavens, and would dearly love to see the untruth of the Church exposed for what it is, and yet I also value all the experiences it afforded me and the subsequent Healing I had to do, so far be for me to deny other people and spirits such unloving experiences. However, should the Mother and Father, which is what They want, as things are now changing as Nanna Beth has told you, instruct through our feelings for us Celestials to undertake such activities so as to set about destroying the Church, then so be it, as that means it has well and truly served its purpose as an instrument in furthering people’s wrongness. And am I happy about that!

And as that’s what we’re being commissioned to do, and as that is what Nanna Beth wishes me to inform you John, so we Celestials are setting about putting in motion the means to end all the religious control of humanity. All the religions are going to come under increasing pressure from us Celestials, unbeknownst to them, but that is the new way of things, with the old ways dying, to be replaced by more liberal and true systems that will help point people in the right direction toward Paradise and our Mother and Father and Their Divine Love and the truth of their very own soul.

So such systems, they all being rotten to the core, are to end, it's going to take a long time, however we're now stronger than the mind spirits, and growing stronger each day, and so there won't be any need for anymore saints, because in the end there won't be any Church to appoint them.

And to think of humanity being free of such controlling and spiritually stifling systems, oh what a joy that would be!

I only came for a short visit John. I will not come back. Just know that things are going to change in all the controlling institutions on the world, increased pressures are going to be brought to bear to expose them for what they are.

Mary MacKillop – you can drop the 'saint' part, thank you!

MARY, natural mother of Jesus of Nazareth

13 December 2002

I want to speak to you James. I am Jesus' mother, Mary.

I have been waiting to write because I want to ask everyone who is interested in me, to please stop worshipping me. I do not want to be worshipped, please! I do not want any credit given to me. I do not deserve any. And just because I was Jesus' mother, the mother whom the Mother and Father chose, it's not any reason to worship me. If anything, I need to be sympathised with because I did not appreciate what an amazing gift They gave to me. I was blind, as all mothers are, to the truth, and as a consequence, I did my best to keep Jesus AWAY from the Mother and Father making him do what I wanted him to do.

As I progressed in my soul-healing, I became more ashamed of the errors that I lived and the many ones I tried to force on Jesus and my other children. Joseph and I did what we thought was best by trying to get Jesus to do what we thought being a spiritual and dutiful son involved. We tried to get him to say and do his prayers as we had been taught to do them, and even at times tried to persuade him not to speak with what he called his Spiritual Father in Heaven.

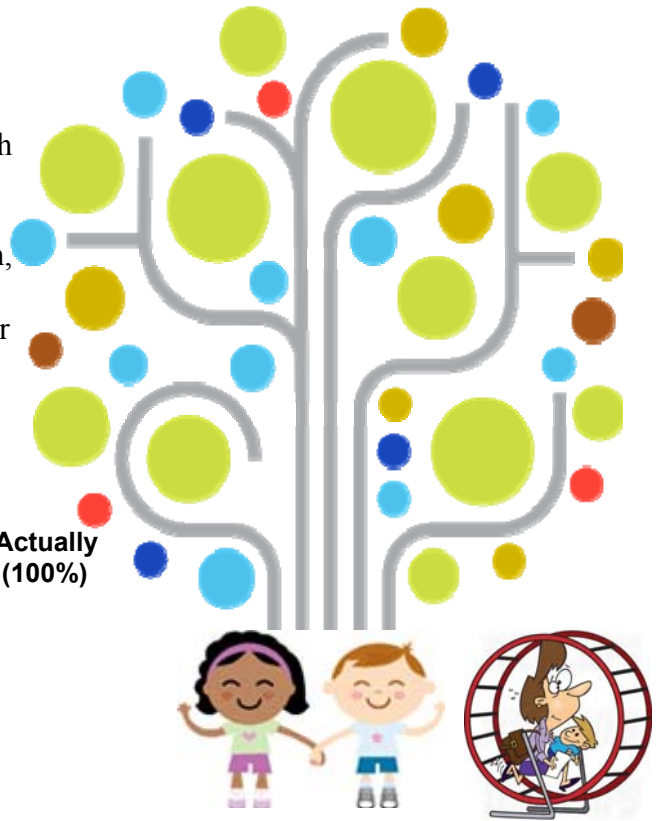
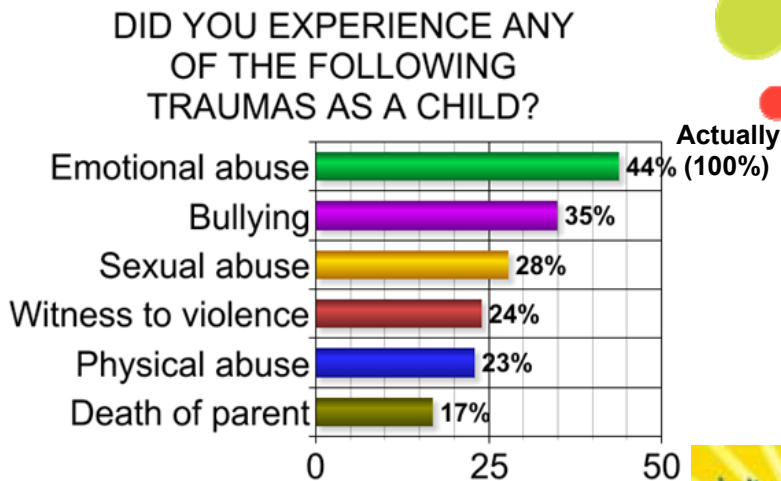
I as you also know through other messages I have delivered to Earth, was not a virgin, and I did not conceive Jesus in any other way than by normal natural means. There was no need for me to be any other way than how I was. I can't be the blessed Holy Virgin Mother of Christ. That is not my role in Creation and it is a sin to make me. So I say again, please do not hold me in any special favour. I was only a mother like all mothers. I am not special, nor do I want to be elevated to heights beyond this for it is untrue, and if you persist in believing I am anyone other than who I am – an ordinary woman – then you are deluding and lying to yourself.

Note through James Moncrief

Uncover the Truth of Yourself

BEGINNING the JOURNEY of GROWTH:

Generation after generation, follow the nurturing programming of their parents, errors of belief and truth are handed down as well as the ways of controlling cherished children. These unloving and untrue practices are why humanity is stagnant in its evolution, now for some 2,000 years. Our parents are false and misguided teachers. We now all can work through our erroneous and unloving ways and evolve.



Should we reflect upon our childhood, after first saying it was wonderful, when looking at it in detail we realise it was a nightmare of control and many other restrictions that compromised our free will.



Feeling Healing of childhood repression is the only way to break away from the treadmill and evolve:

- i. Feeling Healing is outlined in *Speaking with Mary Magdalene and Jesus* by James Moncrief.
- ii. The books and writings by James Moncrief outline in various ways, the process of Feeling Healing, and with Divine Love, Soul Healing.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**



TODAY'S TECHNOLOGY POSSES MAJOR HURDLES TO MEANINGFUL COMMUNICATIONS and SOCIETY HEALING:

**'It makes you want to throw your phone in the bin':
The film turning teens off social media**

<https://www.theage.com.au/national/victoria/it-makes-you-want-to-throw-your-phone-in-the-bin-the-film-turning-teens-off-social-media-20200926-p55zhi.html>

Wendy Tuohy 27 September 2020

Watching the founders of the world's biggest social media platforms describe how bad they are for young people's mental health, 15-year-old Neisha Biviano had to pause to give herself time to take it all in.

The Social Dilemma 1h 34m early 2020

<https://www.netflix.com/au/title/81254224>

The Social Dilemma (commentary) 28 Sep 2020

<https://www.youtube.com/watch?v=XG7IXfp5D2k>

Almost instantaneously, the bombshell Netflix documentary, *The Social*



**SOCIAL
MEDIA
DILEMMA**



Dilemma, changed her relationship with the platforms upon which her generation grew up.

Neisha Biviano and Mia Quinn, 15, changed their attitudes to social media after viewing the documentary *The Social Dilemma*, which Mia also had her family watch.
Credit: Paul Jeffers

"I had to pause it a couple of times to really just take in the information I had never heard before, especially from these CEOs and corporations who run all these apps.

"It was just scary to think everything they're telling me right now – these apps are on my phone and I use them daily," said the year 10 student.

"It just makes you want to stop and throw your phone in the bin it's so eye-opening."

The documentary premiered at Sundance Film Festival early this year but hit Netflix this month and is trending online and among parents who have long worried about the impact social media has on kids' self-esteem.

In it, many of the co-creators of global platforms including Facebook, Instagram, YouTube, Pinterest and others reveal they are so concerned about the harms of social media that they ban or severely restrict their kids' use.

Social psychologist and New York University professor Jonathan Haidt notes a “gigantic increase” in depression, anxiety, self-harm and suicide among pre-teen and teenage children, Gen Z, who have been on social media since mid-primary school. (Gen **Z** is the newest **generation** to be named and were born between 1996 and 2015.)

He says numbers of teenage girls admitted to hospital for self-harm including cutting were stable until around 2011-13, but in the US these have risen 62% for 15-19-year-olds and 189% for pre-teen girls; "that is horrifying".

"We've seen the same pattern with suicide," he said. In older teen girls it's up 70% compared with the first decade of this century and "in pre-teen girls, who had very low rates [previously] it's up 151% and that pattern points to social media."

Watching the documentary, Catherine Manning, who runs self-esteem workshops for young people, said the revelations about the methods used by social media platforms to get into people's minds and the statistics around the resulting self-harm left her "in tears".



Catherine Manning, a self-esteem educator, was "in tears" watching the Netflix documentary in which social media's creators outline its harms to young people. Her daughter, Lucinda, has changed her ideas about the platforms after watching it. *Credit: Jason South*

"I was just thinking about how abducted our kids have been and how much it [social media] is already causing them so much pain and anxiety. But at the same time, it is such a great tool for our socialisation," said Ms Manning, CEO of SEED workshops.

"The statistics presented about the rise in self-harming behaviours and suicide among young people certainly correlate with those around the increase in things like body dysmorphia [a mental health condition in which physical defects are imagined] across the board," she said.

"The powerful thing for kids to identify is that something they care about so much has no care for them other than as revenue ... there is nothing new in this, but it makes it a whole lot more personal."

Teens including Neisha Biviano, her friend Mia Quinn, also 15, and Ms Manning's daughter Lucinda, 18, are saying the documentary's revelations have been so affecting it will influence their real-world relationships with social media.

I was just thinking about how abducted our kids have been and how much it [social media] is already causing them so much pain and anxiety.

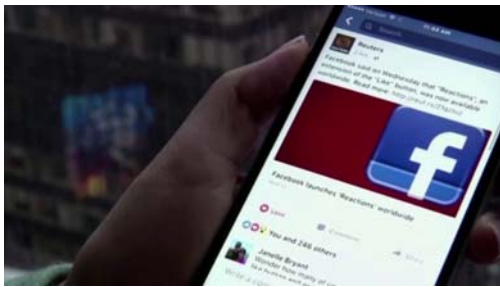
Catherine Manning, CEO SEED workshops

Mia Quinn, an aspiring visual artist and photographer, said despite the value platforms such as Instagram offer, especially showing her other young people's art, after watching *The Social Dilemma* she immediately told her friendship circle she wanted to delete the app.

"I had just watched *The Social Dilemma* and said [to my friends] guys let's all delete Insta and Snapchat, I said 'Insta isn't working for me I don't want to be here anymore, this isn't right'.

"Then again, I don't want to leave it and move to a different platform without my friends [who did not want to abandon it entirely]."

She un-followed large numbers of people, including all "influencers", and stuck only with those offering creativity.



[Facebook Oversight Board to launch in October 2020](#)

Facebook's long-delayed independent Oversight Board plans to launch in mid-late October, just before the November US presidential election, although a board member said he did not know whether it would hear cases related to the contest.

She said this "confused the algorithm" on Instagram – which guesses what individual users might like and curates personalised streams and targeted ads – and "it now only shows me new people to follow that are mainly art students, and that's really good".

"I think the best thing you can do is buy books, unfollow influencers who make their money from social media – they bring more harm than good to everyone – turn your notifications off ... and follow more of your hobbies and interests rather than people."

Ms Biviano says despite the instinct to disconnect, the fact many positive things come into her world via social media means it is worth continuing with. "It has two possibilities: there is a really amazing virtual place that's filled with acceptance and it can be a lovely creative outlet and inspiring.

"But the other is this breeding zone full of self-destructive energy and hate and this increasing amount of political, polarising views getting thrown up, and also an increasing amount of negative and really toxic, unreachable standards that have been created."



Julie Inman Gant, eSafety Commissioner, has "lived" *The Social Dilemma* and believes the will by giant platforms to lead the creation of a safe social media culture is not there. *Credit: Janie Barrett*

The national eSafety Commissioner, Julie Inman Grant, has insider experience of tech corporation culture and says the will to create a safe environment is not there.

"I worked in the tech industry for more than 20 years and actually lived the Social Dilemma," she said, "I tried to serve as a 'constructive safety antagonist' from within the industry, but it only got me so far because the corporate will and leadership was not there."

The film particularly illustrates the influence of social media on children who may not yet have developed sufficient critical reasoning skills to stay safe online and combat fake news, she said.

"If the tech giants are building the digital roads they must also be installing the virtual seatbelts and stop signs and policing these roads to keep users safe."

Given Facebook has 2.5 billion users and YouTube has 1.5 billion, and algorithms create and recommend content, "the frightening reality is that they [users] could spend this critical early part of their lives only hearing one viewpoint".

Related Article

[The rise of the real ... in a virtual world](#)

Melbourne University senior social sciences lecturer Dr Lauren Rosewarne has written two books on social media and says revelations about activities of big tech companies shock users but they generally do not cause widespread user-behaviour change.

The impression given in *The Social Dilemma* that developers were "babes in the woods" who had no idea features they built could become harmful or addictive were "laughable", but members of the generation that has known no life before social media are equipped with more media literacy than older peers.

"What we need to do culturally is think about how do we become more savvy users and how do we control the tech we use rather than letting it control us," she said.

Lucinda Manning, 18, said though parents may believe kids did not question the dark arts of social media platforms competing in what the film dubs the "attention extraction" industry, they do and will be even more selective now.

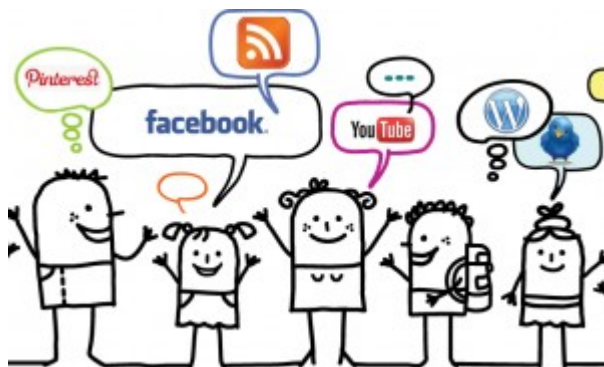
Friends have deleted apps like Facebook and Instagram as they're very aware of the negative impacts it has on their mental health.

Lucinda Manning, 18

"I do believe my generation is becoming very aware of the impacts social media has on them. I think many parents think young people don't care and aren't paying attention but the reality is we are, and we really do care.

"Many people my age are changing the ways they use their devices, including friends of mine who have deleted apps like Facebook and Instagram as they're very aware of the negative impacts it has on their mental health.

"The documentary definitely encouraged me to think more about the amount of time and effort I put into social media and I believe just watching the documentary is a step towards change."



**NEW
WAY**

Social networking websites





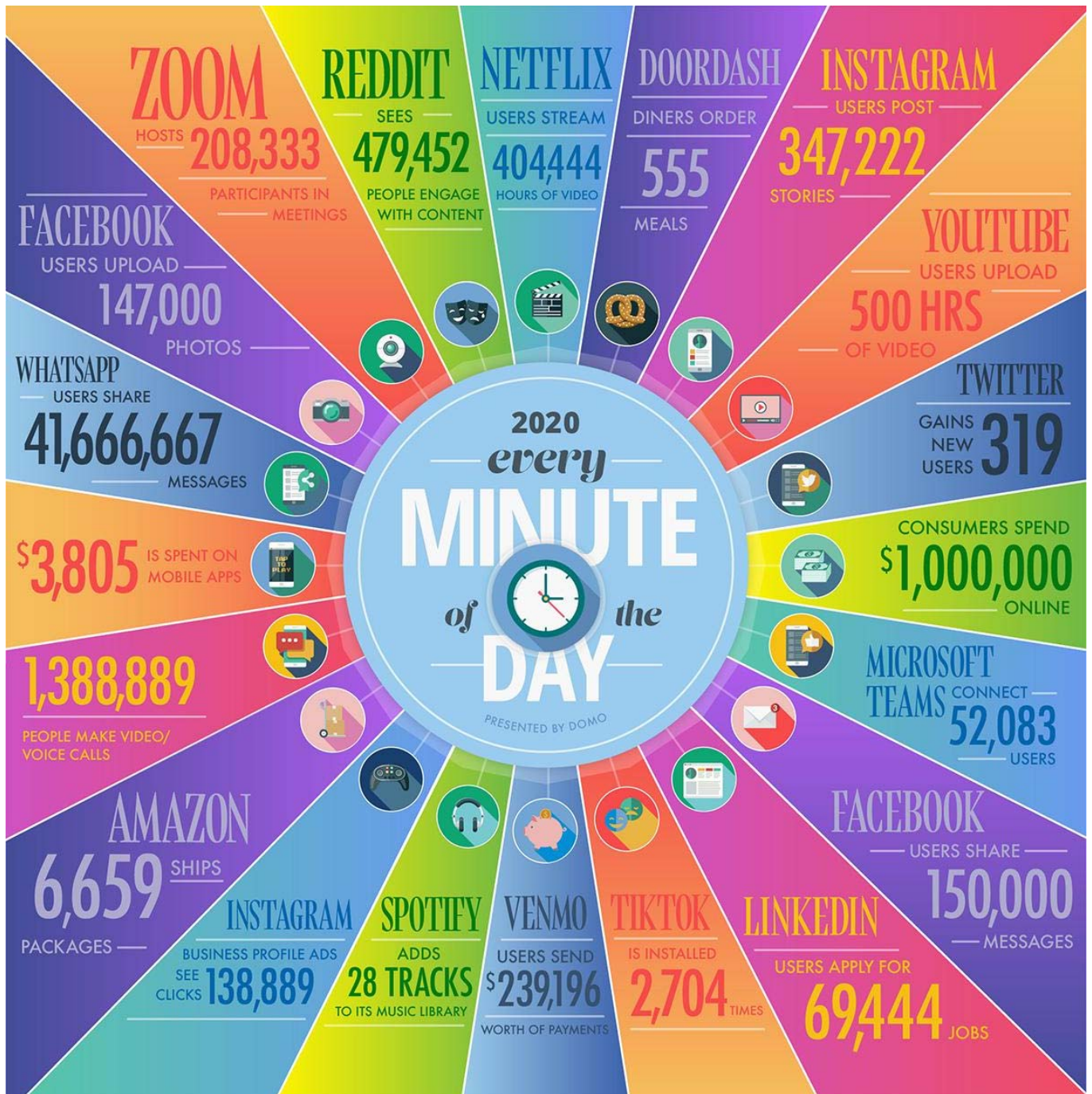
THIS IS HUMANITY **stupidified!**



Here's What Happens Every Minute on the Internet in 2020

DATA NEVER SLEEPS

Each minute in today's hyper-connected internet era, **this ongoing explosion in activity is the aggregate output of 4.5 billion internet users today, a number that's projected to increase even further in coming years.**



Now to embrace social media to interact and bring about awareness to society reinvigorating meaningful communications and alternative ways of living through feelings.



POLITICS:

Democracy suffers from at least five significant design flaws:

- *Short-termism*: Due to their electoral cycles, democracies struggle to focus on long-term problems and usually remain mired in short-term policy approaches.
- *Pain aversion*: To the limited extent they do manage to look to the long term, democratic politicians are averse to imposing near-term pain for long-term gain because of their need to keep voters happy for the next election.
- *Elite capture*: By opening up decision-making power to competition among politicians who are constantly in need of money for elections, democratic systems are prone to becoming captured by the wealthy.
- *Division and conflict*: Competitive elections foment or exacerbate destructive societal divisions, generating conflict and undercutting a strong sense of national unity and purpose.
- *Voter ignorance*: Relying on ordinary citizens to choose leaders and make judgments among them based on policy performance condemns democracies to leadership and policy choices that reflect chronic voter ignorance and irrationality.

The British statesman Sir Winston Churchill (1874–1965) once wrote: “No one pretends that democracy is perfect or all-wise. Indeed, it has been said that democracy is the worst form of government except for all of the other forms which have been tried from time to time.”

Two Crucial Things Emerged From the First Presidential Debate in USA

https://www.zerohedge.com/political/two-crucial-things-emerged-first-presidential-debate?utm_campaign=&utm_content=Zerohedge%3A+The+Durdin+Dispatch&utm_medium=email&utm_source=zh_newsletter

Tyler Durden,

Tuesday, 29 September 2020

“Packing the court ends the American experiment as we know it. It means that the Supreme Court will be a political body that will exist solely to put its imprimatur on Democrat policies. And for those who say, “Well, if they pack the Court, then Republicans will pack it more when they’re in power,” that’s sadly foolish.

If Democrats pack the Court, there are no more Republicans. The whole democratic republic will be over. Once Democrats pack the Court, they never again need to persuade American voters to support their policies. One of their first policies in that new era will be to add hard-left Washington D.C. and Puerto Rico as the 51st and 52nd American states. That means four more Democrat Senate votes and a permanent Democrat party majority.

You see, the hard-left Democrat party views the American political system the same way Turkey president Recep Tayyip Erdoğan viewed democracy before becoming a dictator for life: “Democracy is like a train. We shall get out when we arrive at the station we want.” This time around, once the Democrats win (the 3 November 2020 USA presidential election), they will change the rules so they can never lose again.

Heed this warning: If Joe Biden wins against Donald Trump, the constitutional America is gone. USA will be a socialist country. If you don’t believe me, just [read the Democrat platform](#). They’re not hiding their goals.”

The Real Problems of Democracy

<https://www.theatlantic.com/magazine/archive/1896/07/the-real-problems-of-democracy/570247/>

“The history of nations is the history of incessant attempts, fortunate or unfortunate, to better themselves.”

E. L. Godkin

July 1896 Issue

We find the fundamental mistake consists in the absence of provision for the selection of candidates by the multitude, or, in other words, in the absence of a nominating system. None of the democratic system contain direction for the performance of this work of nominating by a large democracy.

Typically, a few leading men and women meet and chose one of their own number as a good person to fill, say, a legislative or other important place; or a prominent man or woman proposes him or herself to his fellow citizens to fill it. The work of nominating has added to the boss's, or manager's, power by adding to his duties. He has to see not only that people vote for the various candidates, but that they vote for those who have to choose them. More complication, more patience, more watchfulness, more dexterity.

Under this regime, the nominating system, has grown into a piece of machinery more complicated than the government itself. The man who manages it, who says who must compose the body which selects the candidates, — that is, who designates the delegates to the nominating convention, — is really the most powerful man in the community. Everyone who wishes to enter public life bows before him. No one who, being in public life, wishes to rise higher, no Representative who wishes to be Senator, no Governor who wishes to be President, will gainsay him or quarrel with him. Everybody but the President in a second term is at his beck. For similar reasons, he holds the legislators in his power. If they do not legislate as he pleases, he will not allow them to come back to the legislature. He has to be consulted, in fact, about every office. He may be boss of a district, a city, or a State. The larger his dominion and the denser its population, the more powerful he is.

The people, being busy, are not willing to go to the trouble of voting at two elections. As a rule they do not vote at all for the nominating convention. This is therefore almost completely in the boss's hands. As he decides who shall compose it, he also decides what it shall do. In fact, in ordinary times and in the absence of great public excitement, he is the great man of a democratic community; and yet neither he nor the nominating system which has made him what he is was foreseen by any early political thinker. There was no foreshadowing of the difficulty that democracy would experience in filling offices, and no one has as yet devised any good plan for the purpose.

Another new phenomenon which has greatly affected the developments of democratic government, and has received no attention, is the growth of corporations. These aggregations of capital in a few hands have created a new power in the State, whose influence on government has been very grave. They employ a vast number of voters, over whom their influence is paramount. They own immense sums of money, which they think it but right to use freely for their own protection.

There has been a decline in the quality of the members in general respect, in education, in social position, in morality, in public spirit, in care and deliberation, and in integrity also. Legislation is more hasty and more voluminous, is drafted with less care, and enacted with less deliberation and with much greater indifference to public opinion, particularly to instructed and thoughtful public opinion. Both the Senate and the House contain fewer men of prominence and ability. The members are more slenderly instructed, but much more eagerly interested, in questions of political economy, finance, and taxation than they used to be, and more disposed to turn to account what they conceive to be their knowledge. They are more difficult to lead, and yet are more under the domination of their own cliques or sets. In

the state legislatures, the boss is far more powerful than he was. But little legislation originates with the members themselves. It is generally concocted outside and passed under orders. Few of the members are really chosen and elected by the people. They are suggested and returned by the boss of the State or district. They feel accountable to him, and not to the public. The old machinery of agitation, the public meeting and the press, produces little effect on them. Their motives are rarely made known. Many of their acts, if not corrupt, are open to the suspicion of corruption; some of them are bold attempts to extort money. These bodies have not answered the earlier expectations of democratic philosophers. The men who were expected to go to them do not go to them. The men who have served the public well in them do not return to the service. The influence on them of the intellectual, cultivated, or instructed world is small.

As to the transfer of the government to the poor, it should be remembered that, except during very short periods in ancient democracies, the world has been governed by rich men; that is, by the great landholders or the great merchants. This is true of all the ancient republics and of all the modern monarchies. The unfitness of poor men for the important offices of legislation and administration has been generally acted on in the modern world as a state doctrine. Every government has been a rich man's government.

No society in our time is willing to deteriorate openly, or ever does so long, without struggling for salvation.

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE

Satan pair

Caligastia pair
Arrested and imprisoned early 1990s CE

Daligastia pair

Herein lays the problem behind every institutionalised system on Earth! Due to the fact that all of Earth's humanity has embraced, unknowingly, the Rebellion and Default, our systems are developed through influence from mind Mansion Worlds' spirits doing the rebellious higher level Lanonandek's begging. Mind devised systems are flawed, they take us deeper into our minds, away from our feelings and truth, and consequently further away from harmony and our Heavenly Mother and Father.

We will only begin to implement systems in harmony with truth and love upon the completion by a significant number of their personal Feeling Healing while they live on Earth.

In the meantime all systems established during the 200,000 year Rebellion and Default, which technically ended on 31 January 2018, will crumble. New systems will be improvements, however there will be incremental improvements throughout the coming spiritual Avonal Age of 1,000 years.

PEACE and HARMONY or CONFLICT and WAR:

MAP OF CONSCIOUSNESS	
Level	Log
At-onement Transition	1080
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

Council of Elders
being those at-one with their
Indwelling Spirits.



Humanity that is above 500 on the Map of Consciousness scale is Feelings First orientated.

Conflict does not occur amongst these people. They engage with their soul based truths. Below 500 one is predominantly mind orientated!

Presently, humanity calibrates overall at around 212 and is engaged with their wayward, controlling, addicted minds. Through living feelings first with one's mind subordinated thereto, humanity will universally progress beyond conflict of any kind, particularly war.

Below 500 we have: ↓



TEAMS and BOTTUM UP DEMOCRACY:

Autonomy is to be vested within the individual business elements of all aspects of the Pascas agenda.

Pascas WorldCare central administration is to be viewed as a ‘help centre’. Yes, it will set central guidelines and the overarching objectives, however, it is to be seen as the go to hub for support.

At all times the objective is to enable all who come into contact with Pascas to become aware of the Feeling Healing process and that the process essentially slowly but progressively, releases emotional trauma, which is the underlying cause of all of one’s pains, discomforts, emotional and mental disconfigurations. In other words, we are meant to freely express our personality, our inherent feelings, and not to be restrained in the manner that we were during our child forming years.



In continuance of the objectives of self empowerment and self expression through the implementation of teams throughout every aspect of every Pascas activity, this foundation of teams is also to be the basis of the political structure for Pascas WorldCare. Essentially it is reasonable to consider (and will come to pass), that the size of the operation and the magnitude of the number of people involved within Pascas WorldCare, will be a state within many states around the globe. Accordingly, it is a community with personal and global issues, and these will need to be expressed, discussed, debated and resolved with policy decisions akin to any national political system.

We are to liberate our personality. All structures and modes of living need to progressively evolve to enable each and everyone of us to be our true self, to express our unique personality, and that is through fully embracing our feelings and at all times living true to our self – our soul based uniqueness.

‘We NEVER lose our personality, it is ours, and it’s our precious gift from our Mother and Father. We are always who They have made us be. Personality is sacrosanct. It’s the most valuable thing in Creation, it is what all Creation rides on, it’s what all Creation exists for: the expression of personality.

‘All our Healing (through Feeling Healing) does is liberate our true personality, so it doesn’t actually change us, and make us be a different person, it just liberates all the parts of us that were stopped from freely expressing themselves.

‘All that is wrong or bad or imperfect within you, will turn into being perfect, right and good. You get rid of all the bad stuff by liberating all the hidden good, and as that comes to light, so the bad fades and then leaves altogether because you no longer need to be that false untrue you, the one your parents have made you be. But YOU, the basic intrinsic you, never changes, and all you don’t love about yourself will go as you gradually love yourself more, all as you keep bringing out your repressed feelings.’

Notes from James and Helen 5 April 2017

‘People in power, governments and corporations, don’t understand the responsibility they have to those who they govern and should only have a positive (relative to the negative state you’re in) effect on. They believe because they are only a cog in the machine that they are immune, but they are not. They will suffer greatly, the hells are full of such powerful corporate men and women and high government officials, more so than your run-of-the-mill criminal. To be born in the upper privileged elite strata of society carries with it unknown perils, and so if you use your breeding, wealth and power to have power over those lesser than you, then you will have to endure all the pain and hurt you’ve inflicted on them. It’s a huge lesson to some, a massive humbling experience, and it can take a very long time to work through. So if you do find yourself in such a position of power, then it would be wise to work for the good of others, trying to do your best to ensure that you are not hurting or negatively affecting anyone, which can be very difficult. You at least need to have your heart in the right place, and even if it’s not, to at least want it to be.’
Nanna Beth 15 May 2017

‘Look at how far most people are away from their true feelings, being able to do all sorts of bad things to other people and nature, half the time not having any bad feelings about their unloving actions. Look at parents damaging their children yet saying they are being loving. And in business it happens all the time, it’s just business, you either win or lose, no hard feelings, in government saying they will help and support people when all they do is make it harder for them, any situation in which someone is exerting control over another, even in just general conversation, people’s feelings are trampled all over by most people with either side being none the wiser. And all of that is causing pain, and all that pain has to be compensated for. And how you compensate for it is by feeling the same amount of pain; you can’t actually make amends, the damage is done, but you can fully feel the horror of the horror you’ve inflicted. And you’ll soon learn from those mistakes, pain is a good teacher.’
Nanna Beth 25 May 2017

Bottom Up Approach



Golden Rule: that one must always honour another’s will as one honours one’s own.

Those governments and agencies that suppress the population and restrict their freedom of expression will progressively be replaced with systems of governance that bring about autonomy and self expression on an ever increasing more localised and personal manner. This is a time of great change and this evolution in humanity will be traumatic in the disruption and disturbances that will precede these recognitions of necessity and then implementation.



‘Many are being played at their own game you might say, and this strategy is all soon to come to a head, which will result in a lot of very nasty things coming to light as to who and what really are in control of the world, what their motivation is, and at the same time throwing light on all their corrupt controlling systems. Some of which will come as no surprise to the more well informed Conspiracy theorists, but other stuff will completely shock humanity to its core. And once such exposure is revealed, then a lot of people will see what’s really been going on and how they’ve been taken in by it – and this is very high people – and they will not want to have anything to do with such control. So the dominoes will start to fall.’
Helen – 3rd Celestial Heaven spirit 6 July 2017

TEAMS and DEMOCRACY:

An organisational team structure is a culture within its self. The team is a de-facto social group. It is the bonding of a small number of people to achieve common interests. At all times it is to stimulate and enhance the personal development of each participant within a group. The numbers of personalities within a team may range from 2 to 24 with 12 being a probable optimum number for a well functioning team.

The control of the team is from within its own people. Yes, the team is to be supported by mentors.

The team is to appoint its own Leader from within its own people. Annually, the team members will assess each other in a constructive way. Annually, the Leader may be elected, thus, the Leadership role is one for annual reconsideration.

Thus, it can be considered that a team may consider assigning all of their 'political' votes to their Team Leader. In turn, all the Team Leaders of a particular unit, such as a single Pascas Care Centre, may together, collectively, assign the grouped up votes to one to represent all of the Leaders, being one of the Leaders within that particular centre.

This may further be extended. All the Pascas Care Centres within a zone, region, or country may in turn assign all their collective votes to representative.

Now, as a Pascas Care Centre may have significant elements that have very different focuses, then, with relationship to specific issues, then the vote representation can be realigned to address specialised matters to be discussed, debated and resolved. Thus the Pascas Café nutritional issues are very different to the Chaldi College needs, and both are very different to the Pascas Centre health services. All of these elements making up a standard Pascas Care Centre complete unit.

In this way, liquid democracy is facilitated from the bottom up. It is people at the 'coal face' who have the expertise to recognise and develop solutions that are unseen by a central help centre / administration.

It is this need of self empowerment and self expression by all, which needs to be accommodated.

This is possible through the foundation of the Team Management structure.

When matters extend outside of the operations of a Pascas Care Centre, then the adult members of the family of those who are within the Team may be franchised to express their views and vote. Thus, Bottom Up Democracy can be embraced throughout the Pascas WorldCare family community.

This is only possible by and through the technology of the internet and computerised systems.

In return, issues that are of need of discussion and debate can be disseminated throughout the community from the Pascas Help Centre (to use a term for central administration) and enable the input from all people who desire to participate within the development of a resolution to a given issue.

Voting would not be compulsory, except for major designated issues and five yearly appointment of senior delegates. It is preferred that in within all aspects of the structures that the male to female ratios be as close to even in number as possible. Further, as time goes on, appointments will continue from outside of the organisation, however, people from within will be preferred where possible.

WHAT AN INCREDIBLE OPPORTUNITY!

This is truly an opportunity to demonstrate a way of living with commerce that is supportive of the development and evolution of one's individuality, soul, and for all those within the environment of the enterprise.

Pascas WorldCare is to have many enterprises embracing many commercial activities, however, these are to introduce to humanity that a U-turn is in play in how humanity is to function, all of these events are to be a practical demonstration of how we are to enable our children to grow up without fear and pain, that is, to mitigate and eliminated childhood suppression.

Instead of the 'corporate headquarters' of the organization laying down the law as one's parents typically may do with their children, the central administration facility is to function as a help centre to enable the aspirations and feelings of those at the coal face to fully express their potentials and then be supported in realizing their true potential.

You could say that mum and dad are to let go and enable the chickens to fly. Well, that is what is to be.

As we embrace this U-turn we are being blessed by what is a first in humanity. Yes, Pascas WorldCare has the guidance of a Council of Elders beyond all expectations (understatement). For the first time in humanities history, our Celestial Friends are fully supporting the objectives in the delivery of what can only be said to be a mutually aligned agenda. The Council of Elders will not tell us what to do. Like each of us within the organization, we are to feel our way and discover the truth of what we bring about, as we progress, and then the Council of Elders can further support our evolution.

Thus, by bringing the organization to be driven from the bottom up, then we will further evolve the potentials for us all. The alternative, being the traditional way of commerce, is more of the same stagnation, frustration and harm to all, including the environment.

At first, this may seem fanciful. However, the events that have already unfolded and have been recorded are available to you all, and will clearly demonstrate that this is truly unfolding and it is just wonderful. So, strap yourself in and enjoy the ride.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Feelings first

LIVE FEELINGS FIRST

LIQUID DEMOCRACY being DELEGATIVE DEMOCRACY:

The democratic systems presently alienate half of a population while appointing mediocrity to be their representatives. This needs to change before society can evolve.

Delegative democracy, also known as **liquid democracy**, is a form of democratic control whereby an electorate vests voting power in delegates rather than in representatives. The term is a generic description of either already-existing or proposed popular-control systems.

The delegative form

The prototypical delegative democracy has been summarised by Bryan Ford in his paper, *Delegative Democracy*, as containing the following principles:

1. **Choice of Role:** Each member can choose to take either a passive role as an individual or an active role as a delegate, differentiating this from representative forms in which only specified representatives are allowed. Delegates have further choices as to how active they are and in what areas.
2. **Low Barrier to Participation:** The difficulty and cost of becoming a delegate is small, and in particular does not require political campaigning or winning a competitive election.
3. **Delegated Authority:** Delegates exercise power in organizational processes on behalf of themselves and those individuals who select them as their delegate. Different delegates, therefore, can exercise varying levels of decision power.
4. **Privacy of the Individual:** To avoid social pressures or coercion, all votes made by individuals are private, both from other individuals and from delegates.
5. **Accountability of the delegates:** To ensure the accountability of delegates to their voters and to the community at large, all formal deliberative decisions made by delegates are completely public (or in some forms viewable only to their constituents).
6. **Specialization by Re-Delegation:** Delegates can not only act directly on behalf of individuals as generalists, but through re-delegation they can also act on behalf of each other as specialists.

Variations on this general model also exist, and this outline is only mentioned here for orientation within a general model. For example, in the "Joy of Revolution" delegates are left open to being specialized *at the time of each individual's delegation of authority*. Additionally, general principles of fluidity can often be applied to the concept such that individuals can revise their "vote" at any time by modifying their registered delegation (sometimes called "proxy") with the governing organization. (see also Single Transferable Vote.)

Contrasted with representative democracy

Crucial to the understanding of delegate democracy is the theory's view of the meaning of "representative democracy." Representative democracy is seen as a form of governance whereby a single winner is determined for a predefined jurisdiction, with a change of delegation only occurring after the preset term length (or in some instances by a forced recall election if popular support warrants it). The possibility usually exists within representation that the "recalled" candidate can win the subsequent electoral challenge.

This is contrasted with most forms of governance referred to as "delegative." Delegates may not, but usually do, have specific limits on their "term" as delegates, nor do they represent specific jurisdictions. Some key differences include:

1. Optionality of term lengths.
2. Possibility for direct participation.
3. The delegate's power is decided in some measure by the voluntary association of members rather than an electoral victory in a predefined jurisdiction. (See also: Single Transferable Vote.)
4. Delegates remain re-callable at any time and in any proportion.
5. Often, the voters have the authority to refuse observance of a policy by way of popular referendum overriding delegate decisions or through non-observance from the concerned members. This is not usually the case in representative democracy.
6. Possibility exists for differentiation between delegates in terms of what form of voting the member has delegated to them. For example: "you are my delegate on matters of national security and farm subsidies".

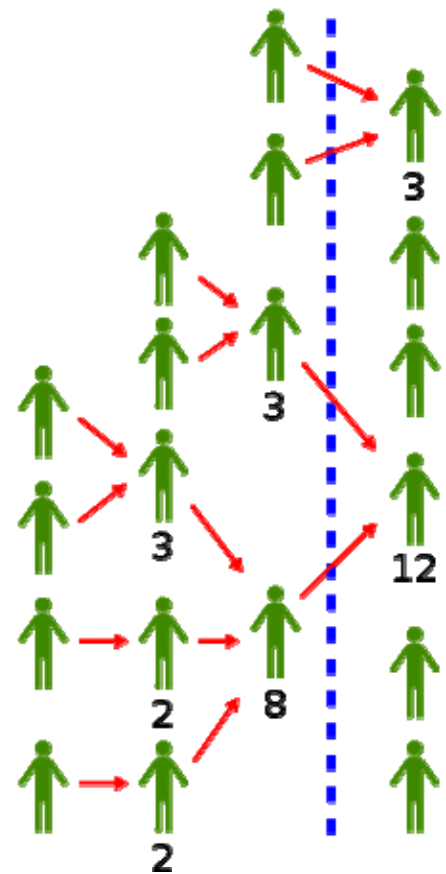
Contrasted with direct democracy

Direct democracy is a form of popular control where *all* collective decisions are made by way of the direct votes of constituents. Two key differences include:

1. Optionality of direct involvement. Delegative democracy can be called a "voluntary direct democracy" in that you can be included in decisions (and are usually expected to be, by default) however you can "opt out" by way of abstaining or delegating your voting to someone else if you lack the time and/or interest to vote on the delegated matter.
2. Reviewable decisions. Though not a perceived *advantage*, decisions are capable of (in a number of ways, dependent on the exact policies of the organization) being reviewed by the constituents. This is contrasted with direct democracy where decisions can only be changed (since the constituents will already have decided one way on matters.) This difference, though, is mostly overhead on the delegative model.

Outside of these two main differences, delegative models are seen as essentially a form of direct democracy. So much so that some have taken to calling the system a "direct democracy with delegable proxies" (though that name is less common.)

Illustration of delegated voting. Voters to the left of the blue line voted by delegation. Voters to the right voted directly. Numbers are the quantity of voters represented by each delegate, with the delegate included in the count.



TEAMS and their LEADERS:

Teams, for example, do demand a merging of individual accountability with mutual accountability. Teams also do require lots of time together, indeed, it is folly to assume that teams can perform without investing time to shape and agree upon a common purpose, set of goals and working approach. Moreover, few groups become real teams without taking risks to overcome constraints imposed by individual, functional and hierarchical boundaries. Team members do depend on one another in pursuit of common performance.

The good news is that there is a discipline to teams that, if rigorously followed, can transform reluctance into team performance. Most of it builds on common sense ideas like the importance of goal setting and mutual accountability. This discipline applies equally well to teams that run things, teams that recommend things and teams that make or process things. What works at the front lines also works in the executive suite.



The bad news is that, like all disciplines, the price of success is strict adherence and practice. It requires constant practice and discipline. The fact remains that potential teams throughout most organisations usually can perform much better than they do. The key to such performance is in recognising the wisdom of teams, having the courage to try and then applying the discipline to learn from the experience.

Small Number:

Size differs from meaningful purpose, specific performance goals, common approach, complementary skills and mutual accountability. These five aspects of teams are absolute necessities. From two to fifteen is the workable size of real high performance teams.



**Top down
Support**

Some Team Perspectives:

The six basic elements of teams for review are:



**Autonomy
Bottom up**

1. Small enough in number:
 - a. Can you convene easily and frequently?
 - b. Can you communicate with all members easily and frequently?
 - c. Are your discussions open and interactive for all members?
 - d. Does each member understand the others' roles and skills?
 - e. Are sub-teams possible or necessary?

2. Adequate levels of complementary skills:
 - a. Are all three categories of skills either actually or potentially represented across the membership (functional / technical, problem-solving / decision-making and interpersonal)?
 - b. Does each member have the potential in all three categories to advance his or her skills to the level required by the team's purpose and goals?
 - c. Are any skill areas that are critical to team performance missing or under represented?
 - d. Are the members, individually and collectively, willing to spend the time to help themselves and others learn and develop skills?
 - e. Can you introduce new or supplemental skills as needed?
3. Truly meaningful purpose:
 - a. Is it a *team* purpose as opposed to a broader organisational purpose or just one individual's purpose (e.g. the leader's)?
 - b. Do all members understand and articulate it the same way?
 - c. Do members define it vigorously in discussions with outsiders?
 - d. Do members frequently refer to it and explore its implications?
 - e. Does it contain themes that are particularly meaningful and memorable?
 - f. Do members feel it is important, if not exciting?
4. Specific goal or goals?
 - a. Are they *team* goals versus broader organisational goals or just one individual's goals (e.g. the leader's)?
 - b. Are they clear, simple and measurable? If not measurable, can their achievement be determined?
 - c. Are they realistic as well as ambitious? Do they allow small wins along the way?
 - d. Do they call for a concrete set of team work-products?
 - e. Is their relative importance and priority clear to all members?
 - f. Do all members agree with the goals, their relative importance and the way in which their achievement will be measured?
 - g. Do all members articulate the goals in the same way?
5. Clear working approach:
 - a. Is the approach concrete, clear and really understood and agreed to by everybody?
 - b. Will it result in achievement of the objectives?
 - c. Will it capitalise on and enhance the skills of all members? Is it consistent with other demands on the members?
 - d. Does it require all members to contribute equivalent amounts of real work?
 - e. Does it provide for open interaction, fact-based problem solving and results-based evaluation?
 - f. Do all members articulate the approach in the same way?
 - g. Does it provide for modification and improvement over time?
 - h. Are fresh input and perspectives systematically sought and added, for example, through



information and analysis, new members and senior sponsors?

6. Sense of mutual accountability:
 - a. Are you individually and jointly accountable for the team's purpose, goals, approach and work-products?
 - b. Can you and do you measure progress against specific goals?
 - c. Do all members feel responsible for all measures?
 - d. Are the members clear on what they are individually responsible for and what they are jointly responsible for?
 - e. Is there a sense that "only the team can fail"?

Teams differ from working groups. They require both individual *and* mutual accountability. Teams rely on more than group discussion, debate and decision; on more than sharing information and best practice perspectives; on more than a mutual reinforcing of performance standards. Without discrete team work-products produced through the joint, real contributions of team members, the promise of incremental or magnified performance impact goes untapped.

The team options promises greater performance than the working group, but, it also brings more risk. Because of deep-seated values of individualism and a natural reluctance to trust one's fate to the performance of others, the team choice demands a leap of faith. Rugged individualists – and there are many, especially at the top – cannot contribute to real team performance without taking responsibility for their peers and letting their peers assume responsibility for them. Yet they instinctively believe that "if you want a job done right, do it yourself". It is against their nature to rely on others for the really important tasks in life.

Aspects:

Most potential teams can become real teams, but not without taking risks involving conflict, trust, truthfulness, respect, interdependence and hard work. For example, a common team purpose, set of performance goals and approach rarely arise without conflict. Indeed, quite the contrary – the most successful teams recognise their members, conflicting views and experiences as a source of strength. Similarly, mutual accountability requires trust and interdependence, which usually do not grow without risk taking. Finally, most potential teams include members who must develop the skills needed by the team after they have joined the team itself. This, too, implies risks and hard work for everyone on the team.



The eight "best practices" summarised here can facilitate the risks teams need to take. But each of the eight – like any team-building approach you or others might try – will only add value if it is employed in pursuit of performance.

Each team must find its own path to its own unique performance challenge. This is why the team basics of numbers, skills, common purpose, performance goals, common approach and mutual accountability are more of a discipline than a definition. Joining a team is a career risk, giving up individual control is a performance risk, acknowledging personal responsibility for needed change is a self-esteem risk, allowing others to lead is an institutional risk and abandoning hierarchical command and control is a

stability risk. Taking such risks makes sense only if it unleashes a team's capabilities in pursuit of performance. Only then can people avail themselves of the wisdom of teams.

TEAM LEADERS:

By an outstanding leader making it clear to his people that he wants and needs their help, he instinctively reveals an attitude critical to team leadership: putting team performance first and recognising that he needs help.

Successful team leaders instinctively know that the goal is team performance results instead of individual achievement, including their own. Unlike working groups, whose performance depends solely on optimising individual contributions, real team performance requires impact beyond the sum of the individual parts.

The belief that "only the team can fail" begins with the leaders. Team leaders act to clarify purpose and goals, build commitment and self-confidence, strengthen the team's collective skills and approach, remove externally imposed obstacles and create opportunities for others. *Team leaders do real work themselves.* Yet, in each of these aspects, team leaders know or discover when their own action can hinder the team and how their patience can energise it. Put differently, team performance almost always depends on how well team leaders strike a critical balance between doing things themselves and letting other people do them.

Attitude is the key. Team leaders genuinely believe that they do *not* have all the answers – so they do not insist on providing them. They believe they do *not* need to make all key decisions – so they do not do so. They believe they *cannot* succeed without the combined contributions of all the other members of the team to a common end – and so they avoid any action that might constrain inputs or intimidate anyone on the team. Ego is *not* their predominant concern.

Simply abandoning all decision making to a potential team, however, rarely works either; the team leader's challenge is more difficult than that. He or she must give up decision space only when and as much as the group is ready to accept and use. This is the essence of the team leader's job – striking the right balance between providing guidance and giving up control, between making tough decisions and letting others make them and between doing difficult things alone and letting others learn how to do them. Just as too much command will stifle the capability, initiative and creativity of the team, so will too little guidance, direction and discipline.

There are no standard approaches or recipes that guarantee how to lead a team. Also corporate leadership, business unit leadership and team leadership differ.



Accordingly managers and others ought to worry much less about picking the ideal team leaders than about helping them to succeed afterwards – which means paying lots of attention to whether *specific* team leaders are in fact doing and not doing whatever *their* teams need in order to perform.

What team leaders do and do not do:

Those who lead small groups must look to the specific of the performance challenge to help them choose how best to lead. If the group can deliver performance as an effective working group through maximising each individual's contribution, then the leader can rely on the normal decision-making and delegation approaches often associated with good management. If, on the other hand, performance requires a team approach, then the leader cannot assume that good management will be enough. Neither the leader nor those he or she leads should expect the leader to make all the decisions about directions taken, how resources get deployed and how individuals are performing. Instead, the leader must show a belief in the team's purpose and in the people who, individually and together, make up the team.

Moreover, the strength of the leader's belief in what the team is all about can be incredibly powerful.

1. **Keep the purpose, goals and approach relevant and meaningful.** All teams must shape their own common purpose, performance goals and approach. While a leader must be a full working member of the team who can and should contribute to these, he or she also stands apart from the team by virtue of his or her selection as leader. Teams expect their leaders to use that perspective and distance to help the teams clarify and commit to their mission, goals and approach.

2. **Build commitment and confidence.** Team leaders should work to build the commitment, respect and confidence of each individual as well as the team as a whole. There is an important difference between individual commitment and accountability versus mutual accountability. The leader must keep both the individual and the team in mind as he or she tries to provide positive, constructive reinforcement while avoiding intimidation.

3. **Strengthen the mix and level of skills.** Effective team leaders are vigilant about skills. Their goal is clear: ultimately, the most flexible and top-performing teams consist of people with all the technical, functional, problem-solving, decision-making, interpersonal and teamwork skills the team needs to perform. To get there, team leaders encourage people to take the risks needed for growth and development. They also continually challenge team members by shifting assignment and role patterns.



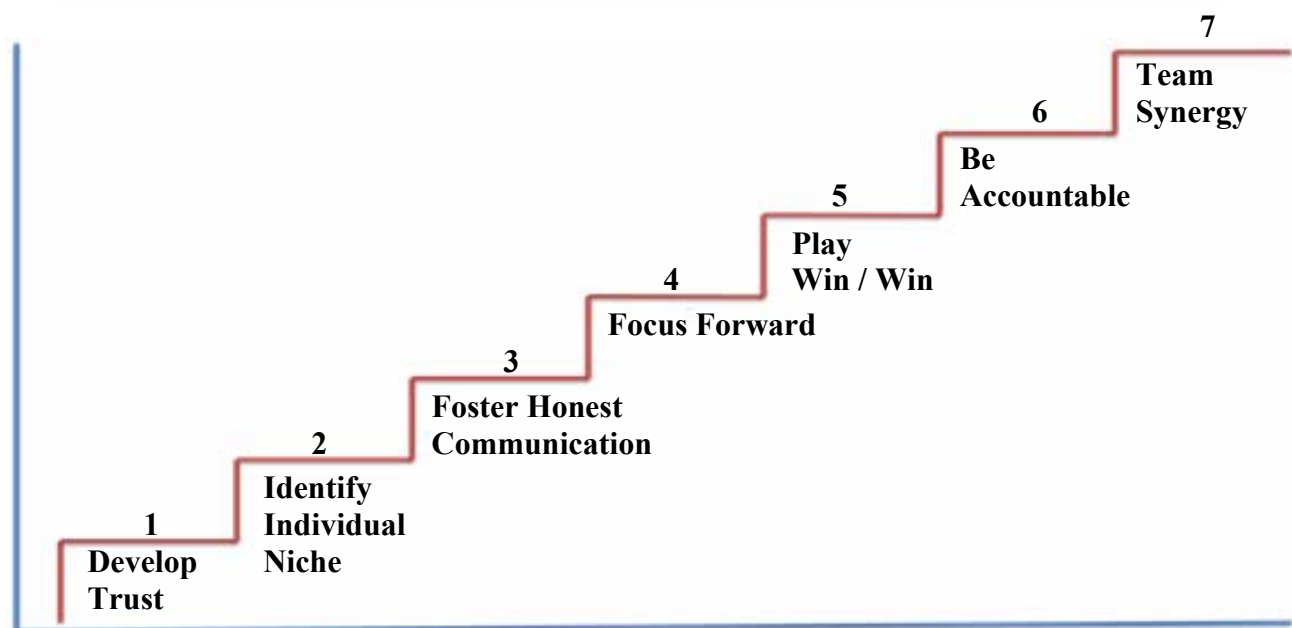
4. **Manage relationships with outsiders, including removing obstacles.** Team leaders are expected, by people outside as well as inside the team, to manage much of the team's contacts and relationships with the rest of the organisation. This calls on team leaders to communicate effectively the team's purpose, goals and approach to anyone who might help or hinder it. They also must have the courage to intercede on the team's behalf when obstacles that might cripple or demoralise the team get placed in their way.

5. **Create opportunities for others.** Team performance is not possible if the leader grabs all the best opportunities, assignments and credit for himself or herself. Indeed, the crux of the leader's challenge is to provide performance opportunities to the team and the people on it.

6. **Do real work.** Everyone on a real team, including the leader, does real work in roughly equivalent amounts. Team leaders do have a certain distance from the team virtue of their position, but they do not use that distance "just to sit back and make decisions". Where a person's risks are high or "dirty work" is required, the team leader should step forward.

There are two critical things real team leaders *never* do: *they do not blame or allow specific individuals to fail and they never excuse away shortfalls in team performance.* Real team leaders honestly believe that success or failure is a team event.

The Seven Steps to a Winning Team



Conclusion:

The increased emphasis on teams that we observe and advocate enhances rather than replaces the value of other more familiar aspects of organisation direction and design. Top management will continue paying attention to where and how to compete (formulating strategy), changing individual roles and assignments (new job descriptions), realigning reporting relationships (reorganising the boxes), modifying management policies and processes (reworking the systems). Yet, top management is turning increasingly to teams for three compelling reasons.

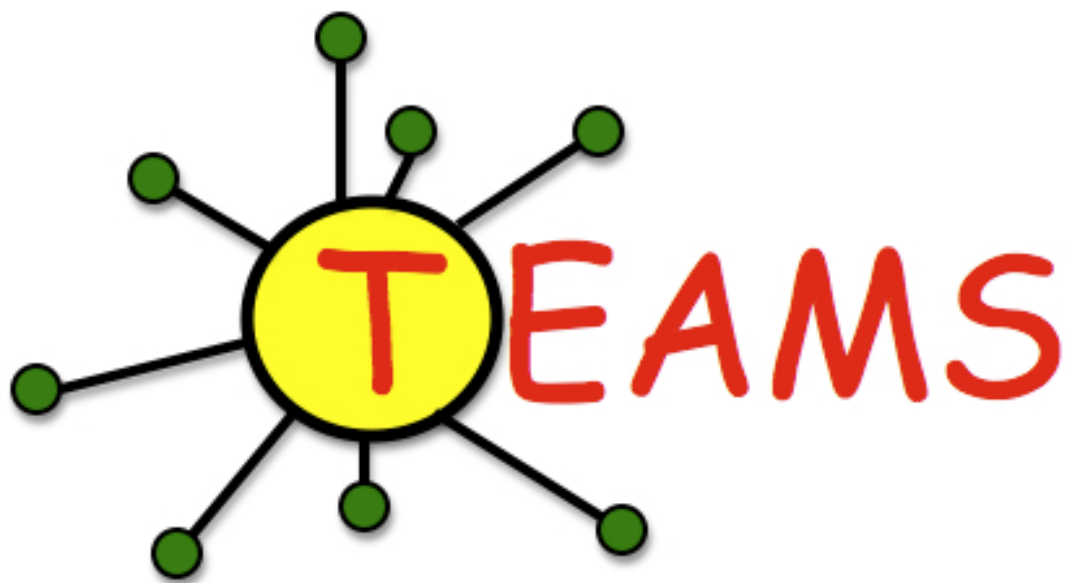
First, teams strengthen the performance capability of individuals, hierarchies and management processes. Team performance require high-level contributions from every member of the team. Each must bring commitment, skill and real work to bear on the team's purpose. Moreover, they must do so by working together as well as working as individuals. Teams do not succeed without both mutual accountability *and* individual accountability. Accordingly, collective and individual achievement go hand in hand, making teams a primary vehicle for both extra performance and personal growth. Somewhat unexpectedly, the people on the teams do not run into any career obstacles because of their team roles or participation.

Teams also improve the performance impact of basic management processes such as planning, budgeting and evaluating.

Teams and hierarchy make each other perform better because structure and hierarchy generate performance within well-defined boundaries that teams, in turn productively bridge in order to deliver yet more and higher performance.

Second, teams are practical. By that we mean most people can make teams work. Teams thrive on performance challenges and set objectives. Teams have leaders. Teams have discipline.

Thirdly, teams get results. Real teams almost always perform better than any similarly situated set of individuals acting either separately or in a working group.



BOTTOMUP
Democracy

NUTRITION:

As you review the following energy calibrations, as per Dr David Hawkins’ Map of Consciousness using kinesiology muscle testing, you will note that the more numerous the processing steps in bringing your food to your table, the further the energy and nutritional value is depleted.

It goes something like this:

		MOC calibration
Obtained absolutely fresh	energy level could be, say:	500
Cutting it up or grinding it	process lowers energy level by 100 therefore now	400
Cooking process	lightly stirred fried is best – baking is too long	300
So let’s put it in a container and freeze it	drop another 100 points	200

Note: The Map of Consciousness (MOC) scale is based on the common log of 10. A 1 point variance is a 10 fold variance. 10 points is 10,000,000,000 times increase or decrease in energy. The above reductions are mind boggling drops in energy at each step in the processing chain.

At 200, this food is now so extensively diminished in nutrition and value it is no longer life enhancing!

Any food that is not life enhancing (under 200) is stored within the body and the body has to work to eliminate it, thus overworking the body and loading the storage system up within the body.

Machine processed food is devoid of love and is so thoroughly processed that it is seldom life enhancing.

No food is more vibrant and beneficial than home grown fruits and vegetables!

Consider the kinesiology muscle testing process, and you can test your favourite restaurant meals and anything else that is to your interest and add it to the chart that now follows.

FRESH is BEST !!!

Kindly go to www.pascashealth.com then Library Download then Nutrition and click on:

 [Pascas Care Energy Level of Food.pdf](#)



Energy Level of Food as calibrated based on the Map of Consciousness scale 1 – 1,000:

The scale is based on the common log of 10, a 1 point jump is a 10 fold increase in energy.

Cookies made for Family	520	Blessing food adds 15 points to calibration.
Green Juice = Raw Power	510	Nutrient Rich
Home cooked sea fish + organic salad	410	Nutrient Rich
Home roasted free range chicken + salad	410	Calibrations above 350 involve organics.
Raw Food = Raw Power food blessed	365	(overall menu)
Roadside Farm Stands	355	A 1 point jump is a 10 fold increase in energy.
Raw Food = Raw Power – Byron Bay	350	(overall menu)
Vick's (product)	345	
Wine or Beer	330	Single serve per day.
Campbell's Soup (product)	325	
Uncle Ben's Rice (product)	315	
Quaker Oats	305	
Pepsi (beverage)	305	Single serve per day.
Coca-Cola (beverage)	305	Single serve per day.
Tea, Green	300	
Food, Blessed Homemade	215 +	Organically grown foods have approximately
Food, Homemade	209 +	75% to 350% more nutritional and mineral
Food, Blessed Machine-made	207	value than that of commercially grown foods.
Food, Commercial	207	Organic home grown foods is even higher.
Vegetarianism	205	
Grilled / BBQ steak	205	
Muesli	205	
Donald Duck (cartoon)	205	Above 200 is pro-life – positive.
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Body Piercing	180	
Milk – Pasteurised	180	
Coffee	175	
McDonalds, KFC, Hungry Jacks	175	All food below 200 is detrimental to health!
Microwaved Store Meals	170	
Taco Bell Fast Food	165	Energy laden food requires massive amounts of
Pizza Fast Food	165	nutrients to remove them from storage – result is
Public Hospital Meals	165	excessive fat built up, etc.
Alcohol Addiction	90	6 or more drinks a day.
Corn Flakes	85	
Cigarettes	85	
Marijuana	80	
Cocaine	7	
Heroin, Methamphetamines	6	Every and any substance can be calibrated!

Most calibrations are sourced from David Hawkins' book 'Truth vs Falsehood'.

HEALING PROPERTIES of SUBSTANCES

Sunday, 25 March 2018:

Verna and Nanna Beth talk to Graeme

Graeme: Good morning James

I've been a huge lover of nature, from a very young age, and about ten years ago my former partner, Christiana, invited me to join her in making a range of 88 Flower Essences under the name: One Garden Divine Flower and Nature Essences. She led the venture as she was able to intuit the "healing" properties of the various flowers and under her guidance (and perhaps her Guides) we made the range of One Garden Essences.

Initially we thought they had "physical" healing properties (like the Dr Bach flower essences) but subsequently we were told that they were vibrational healing tools and assisted in "opening" our emotions so we could more easily process the suppressed childhood feelings locked in our soul.

I still do not fully understand how they work and was wondering if this is a topic that you could ask Nanna Beth.

Till next time we chat, sending my love, Graeme

Verna (a Nature Spirit): Good day to you Graeme, my friend. It's about time I was 'allowed' to speak again, so if you don't mind, I am going to make the most of it. Now first of all, your love of nature – anyone's true love of nature, and not saying they love nature whilst still doing bad things to it – will assist you in embracing your feelings with the intention of looking to them for the truth they contain, just as will working with the 'essences of nature', that which you captured in the flower essences. Do you know, any part of nature, from a bland old mineral or rock to a newly emerging flower can have its essence 'captured', there are ways, many already known, as to how to go about that, and others as yet, unknown.

When you eat food, drink water, smell nature's fragrances, you're doing the same thing – imbibing the essence of that specific part of nature. And if you could only see the true vibration, the spirit component to these physical parts of nature (including yourself), then you'd be able to see how indeed they do subtly affect you, and on all levels, from the deepest will to the gross physical and all in between. So if one's approach is to use one's feelings to further deny oneself, to move deeper into one's rebellion and default, then flower essences and essences of anything else, all of nature, can be used to help you do that, that which humanity has been doing for these past 200,000 years (era of Rebellion and Default).

And consequently, should one wish to go the other way, looking to their feelings to heal themselves of their wrongness, then all such things can be used to help you with your Healing. And so how do they help – how do the flower essences specially help you? And the answer to that is a little more complicated, however I will try and apply my mind to reveal to you a little more about our hidden world.

So, let us begin at the true source: your soul. As you understand, your soul drives everything that you are – you being the personality focus of your soul currently in the physical. However you are also your soul as much as you are your personality, the two can't and aren't separate. Right, so you get that part, so your soul is bringing – expressing you in Creation; okay, so whatever your soul wants your soul creates. So let's say your soul requires the help of a flower essence to subtly affect some part of your unseen auric system, by adding its vibration to your existing vibration, all of which will bring about an effect desired by the soul. That being, one that will help you become more evil or less, as I said above.

Okay, that's simple enough. So, let's say it's important, so far as your soul is concerned, it being the next part in your life – soul growth, and assuming you are wanting to Heal yourself using your feelings – for you to bring up some more repressed anger that is contained within it from your early childhood – let's say; just a really pissed off feeling you felt at your father when he was treating you badly, in this case, nothing specific, just all the indignation and fucked off feelings and being really angry with him feeling, which you felt yet weren't allowed to express at the time.

And because you are 'into' flower essences, your soul leading you that way, so your soul will use all that's in your life currently, it having made it that way, to help you liberate this anger.

Now you take the drops of a certain flower essence you are 'drawn to', and when taking them it's far better to take them using your feelings, so you take that one because you feel drawn to it and you take that many drops because you feel like taking that many drops, trying to avoid all this take ten drops at three hourly interval stuff, that's all too mind controlling. So like everything ideally in your life, you allow your feelings to guide you when you can, so you take only one drop and your feelings say that's enough. You put the dropper back in screwing the lid on and then suddenly you feel like another drop, and when you're dropping that drop on your tongue, you feel like another drop... then another... then you wait, no more, that's enough. And then a half hour later, I think I'll take another drop, no five drops, and so go.

And if the flower essence is made the right way, you can't damage yourself with them, so you use a base that is neutral for your body and one which itself won't affect you – natural pure spring or rain water being the best.

And as to how long does an essence such as this remain 'potent', well that too is a feeling thing, it remains potent for as long as you feel it is. So you see, you can't be too finicky with your feelings, because for some people it might be a very complex operation, something they are refining to perfection through their feelings, for other people, slap dash, don't really care, take a few squirts, she'll be right, all of which is right for them. However both ways might change as one works deeper into the truth of one's feelings.

Now, the soul sort of issues instructions all the time via light coming out from it into life – Creation. And we and your angels, along with your Indwelling Spirit, can see this light. The angels are far more advanced in this than we mere nature spirits are, however what we're limited to is compensated for by your angels being able to tell us what we need to do, and they tell us in a flash of light, you'd not be able to see it, none of this laborious having to speak words. And it's even faster than your mind circuits work, your telepathy is as laborious as your word-speaking so far as we're concerned, for our 'mind-talk' is so fast you'd not even perceive it happening, and yet it's still laborious compared to how fast your soul is at expressing all the light within your aura that it needs to express.

So we are all attuned to your soul, what it wants done in your aura, which includes your physical. And mostly so far as your physical is concerned, we alter under your soul's instructions, things in your aura, your subtle system, which then affects your physical – short or long term. Understand that in certain circumstances, we – being your angels – can directly affect your physical, but mostly it's all done from the deepest will level out through all your subtle systems and spirit body.

So, back to your leg and the anger that's going to come up through it. You're sitting on the couch having a moment of reflection, things are going through your mind that you're half aware of, you suddenly feel like having a swig of a certain flower essences, perhaps one drop or many. And you don't feel anything further. Then you talk on the phone about something, you get up and have a drink of something from

the fridge as you feel a bit thirsty, and then you sit back down and start feeling edgy, uncomfortable and out of sorts enough to draw your attention to the bad feeling. And then by focusing on it you realise you feel irritable, and then angry, and the pressure within you builds to the point where you want to speak out the anger you feel. So let's say you're by yourself, so you open your mouth and start to growl angrily, and submit to the feelings trying to just let yourself feel as angry as you feel, growling and feeling angrier and angrier, and you long for the truth of your anger, and then pictures come into your mind about how fucked off you feel with your father, and then you realise your left leg is full of anger that seems to be coming up from the sole of your foot, up the leg, right up and out of your head as you growl it out. So what's been going on?

Your soul wants this anger out of you, it's the next phase of anger expression you are to experience, it helping to relieve you of more repressed anger and at the same time helping you see more truth about why you are feeling so angry. And so your soul has initiated light into your aura on all levels making this experience happen. And you being mostly oblivious to this, just carry on doing what you do, and then your angels take their instructions and 'energise' the levels of your aura to make the anger 'physically' work its way up through your system. The angels make 'light adjustments' – adjustments using spirit light – in your system to allow this anger to make its way out of you by you feeling it coming up through your leg. The repressed anger, as light contained in your soul, moves through your will levels, then your will activates it to move up your leg with your angels helping to adjust your system where needed. And your system needs continual adjustments, your soul does it all with light, but your angels do all the hands on stuff as determined by your soul. So your angels are always tinkering within your aura.



Sometimes they can do one adjustment with a lot of light and that will set you up for a day, week, month or even years of what you will need, this happening when you're more settled into your wrongness and it's all pretty obvious where your life is going on the subtle levels, so your angels don't have that much to do other than just keep monitoring your soul in case other instructions are forthcoming. But if you're actively doing your Healing, well your angels don't get a moments peace – which they love, by the way, angels want to be always active, the more active the better, they find it very trying when you are stable and going against yourself, but when your are wanting to work with your feelings and grow in the truth they'll help you reveal to yourself, well they are in heaven, it's what they've been made to do so far as helping you goes and they can't get enough of it.

**WE ARE
TRUTH
SEEKERS**

So your angels are adding and subtracting light from your auric systems as fast as your soul is shinning more light into it. And along the way, all you are doing is, used, it's all part of it, so if you use a flower essence, it will be used, it will stimulate a certain vibratory reaction on varying levels within your unseen system, with your angels incorporating it, using it, adjusting it – modifying it, possibly toning it down or amplifying it, and so it goes with all your food, all you do, see, sense, all you are, all the time being a symphony of light, constantly in change, even though you might feel at peace resting on the couch one moment, then suddenly, seeming out of nowhere and for no reason, anger is coming up your leg and you're feeling so fucking pissed off that you can't believe how angry you do feel.

So as you can see, it's all very complex, you don't have, and can't have, any idea just how much is going on within you all the time, all so you will feel what you need to feel, so those feelings will lead you to the truth you are to see and then live. And with your mind playing along doing its bit, to help stimulate, change or deny feelings in keeping with the beliefs and behaviours you established through your forming years (from conception to six years of age).

So you might ask: well are things like flower essences actually necessary? And simply, they are if you want them to be part of your life, they aren't if you don't. Which is how all your life is. With some people being drawn to such things, and possibly only for a season, others with no feeling of interest and a few wanting to dedicate their life's work to it. And as you understand, whatever your involvement with anything in life, it's going to be vastly different should you want to live true to your feelings, than living by being untrue to them. And by living true, as you are going to be changing a lot, so you will change a lot in your relationship with all that you do in your life. And so it will be the same should you want to work specifically with the flower essences.

Live True to our Feelings

In time there will be people who are doing their Healing and who'll be more in tune with us nature spirits, working directly with the essences of nature, understanding that it's all a vibrational thing and something that can be used as an adjunct to your Healing or just as part of your Healing life. The essences are not meant to be medicines as such, however they can work powerfully in conjunction with what your angels are doing within you. And to always bear in mind, that it's your angels that will be working the wonders within you, not anything else, with the other things like flower essences being something the angels work with, because it's all part of your current life experience as determined by your soul.

And in time, people will just intuitively feel, or even by speaking directly with us nature spirits, how to grow plants lovingly and truly based on the truth they are revealing through their Healing, all so as to maximise the benefits the plants offer you, either through direct ingestion, or like using the flower essences or other ways still to be discovered. Your relationship with nature is about five percent of what it could be. Even those people working with spirits and nature spirits are doing so on the mind levels or the lower Mansion World and Earth plane levels, so you've got a long way to go, all the Mansion World levels then into the Celestial levels to increase your relationship with nature. And like as with everything, some people will be more drawn to one specific area or another, some generally taking bits of it all, others not interested much in nature preferring to get on with being fully interested in themselves – their own feelings. But overall, everyone contributes to society by expressing their truth, and as the truth increases within people, so does the overall level of society, so society grows in truth reflective of all who comprise it.

So to summarise, such things need to be looked at in a truly holistic level (or you could say, a 'soulistic level') so that they can be used in conjunction with your Healing. You can in theory, look ONLY to your feelings for the truth they are to show you, not needing any other healing help. And there will be people more wanting to live this way, however because you need life to stimulate your feelings, so you will be drawn to certain things, some to do with nature, others to do with people and others with everything else, all to help stimulate that which you'll need to give rise to the feelings your soul wants you to express.

Graeme, you might find the flower essences are helping you enjoy and love and expand your

relationship with nature more, which gives rise to feelings that help you expand your relationship with yourself. You might use the essences to help stimulate your emotions and feelings as you want to live that way, and so they will be used to help you in that capacity. And you can express your feelings, longing for the truth of them, telling your Mother and Father what you want – whatever you feel, with the flower essences helping you on the subtle levels.

I hope I've not confused you too much. Please ask me about anything if you don't understand. I have wanted to try and give you a bigger picture so you can draw from it the essence of what you need from it. It's all there, contained in each feeling, because each feeling expresses more truth – the truth of why you're feeling it, that which is what you are to find and then live.

Love Verna.

Nanna Beth, 3rd Celestial Heaven: What Verna is wanting to help you understand is that there's so much going on within you on all levels, that trying to use your mind to work it all out in the hope that it will help you, is all but futile, as you never will, not until you at least attain Paradise, and even then that's only one phase.

Too many people, Graeme, approach everything through the mind, wanting to dissect it in the misguided belief that it will help them. When what helps you is trying to **stay true to your feelings, expressing them whilst longing for their truth**. And we keep stressing this to keep bringing you back to the simplicity of it, and it's something the mind can't really deal with, it having been programmed to be the controller and master of understanding. But to keep looking only to your feelings is all that's needed without needing to go into the mind side of things unless it's where your feelings lead you to.

James uses his mind for this work, but that's about it, the rest he's trying to look more to his feelings, easing the control of his mind. And **feelings, once you start allowing them to have their say, are far more interesting than anything the mind might be**. You can use your imagination to fantasise about all sorts of things, and some people consume their whole life with such indulgence, however **when you start living more closely to your feelings, your feelings might not be so varied, however when and how you feel them, and what they lead you into seeing about yourself and life, will be far more fascinating than anything your mind could conjure up**.

There is never going to be a remedy that people can take that will heal themselves on any level. **The remedy is the truth we're revealing to you about your feelings. All the rest is simply an add-on**, something as Verna said to help stimulate experiences in life, all so you can feel more feelings. So it's not to say no to doing or being interested in certain things with the mind, but rather to keep wanting to feel and become aware of the feelings that are happening along the way. You can use your mind to block out your feelings, however your feelings are still always there, so it's to try and keep them up within you and not blocked out whilst you apply your mind, is one way of trying to stay more attuned to them.

Love Nanna Beth.

**Stay True to Our Feelings
expressing them whilst longing for their Truth.**

27 March 2018:

HEALING PROPERTIES of SUBSTANCES continued:

John: Hello Nanna Beth,

Thank you for introducing the foundations of comprehending the contribution that Flower Essences may provide on one's journey through physical life.

May we expand this topic to consider the various roles and similarities that the following may have with one's physical well being and journey of discovery through life:

Flower Essences	
Crystals and other rare and precious stones	
Homeopathy	(minute vibrational traces as recognised by Samuel Hahemann 1700s)
Nutraceuticals	(being low concentrations of properties found in food)
Pharmaceuticals	(being high concentrations of properties found in food – to the level of toxicity)
and Food	all natural without being processed within factories.

Considering your comments relating to Flower Essences, one may need to consider just how much effect do we have in our own physical healing by engaging with any of these modalities?

Is it that what has been outlined relating to the contribution that Flower Essences have in assisting with one's physical wellbeing, are the various other modalities suggested above just variations of the same process that applies to Flower Essences, with higher levels of error within their prominence, pharmaceuticals being the most problematic generally speaking?

Would you kindly comment on each of the platforms please?

Nanna Beth, 3rd Celestial Heaven: Yes. The same applies, as you said to James, it's all what your angels have to take into consideration in accordance with the needs of your soul. If you are to die from or within your negative state, then it doesn't matter what you do along the way to try and heal yourself, your angels will be working with any alternative or regular medicine or healing modalities. And as you know from people's lives, some things work for them, others not, some even miraculously, others having no effect. It's what the individual needs, it's all too personal, and needs to be dealt with and looked at personally. You've all had such diverse childhoods, you're extremely complex in your unloving complexities, and trying to heal yourself from the outside in is not going to do anything for you so far as healing yourself from the inside out which you do through your Healing. **It's all the minds way verses the feelings way.** Any therapy or medicine or other remedies are all approaching it from the mind, let our feelings work, and use these other things as required, all so long as you keep focused on your feelings for their truth.



Assuming we are wanting to Heal ourselves using our feelings – for we are to bring up our repressed anger and emotional issues, both good and bad, that is contained within our soul, mainly from our early childhood.

As an overview, nature spirits are all attuned to the soul of a personality, and what is wanted to be done in the aura of such soul, which includes one's physical. And mostly so far as our physical is concerned,

nature spirits alter under one's soul instructions, things within the aura and the subtle system, which then affects the physical – short or long term. Understand that in certain circumstances, nature spirits and angels can directly affect our physical, but mostly it's all done from the deepest will level out through all our subtle systems and spirit body.

Nanna Beth: It's mostly your angels that affect your system. The nature spirits can help them at times, but it will be all through the guidance of your angels.

Just how much effect do we have in our own healing of our physical discomforts, pains and illnesses?

Nanna Beth: It depends on what level you're looking at it from. On the highest or inner most level, you have no effect, it's all between your soul, Indwelling Spirit and angels, that any actual healing occurs. On a feelings level, you can attend to your feelings causing these agencies to react accordingly, so you have some effect, albeit indirect. On a mind level you can believe you have an effect, yet these agencies are 'allowing' you to believe what you will. And you can take a pill and your headache goes away, so believe you are fully in control of yourself – however, are you really?

Just how does our man-made conjured up systems of flower essences, crystals, homeopathy, nutraceuticals and pharmaceuticals actually contribute to the healing of one's physical body of its discomforts, pains and illnesses?

Nanna Beth: Look at it this way John, whilst you're living against your feelings, so untrue and evilly, any of these things will be used to help you go that way. So you might use them and your pain goes, but that only sucks you more into believing you are doing the right thing by helping yourself. So you might be 'healing' yourself by taking the pain away, yet you're not truly Healing yourself by allowing your repressed feelings to surface so you can uncover the truth of them. And so the angels will manipulate your system accordingly. So being wrong you might even be miraculously healed, but it's the same thing as Sage pointed out. It's how you want to live your life. It's all been one way up until now, and now an alternative and opposite way is being 'earthed'. All the parts humanity has worked out for itself, it just hasn't been able to be put all together. As Verna said, you don't need any of these 'healing' things to help you look to your feelings, you only need yourself looking to your feelings. If you are shut off to your feelings, you might need help to open up to your feelings, and anything can help you with that.

If we are looking to physical means to heal our body, then to what extent is the quality of food important to the process of physical healing?

Nanna Beth: It's the same as I said above, the quality of food is irrelevant. If you are wanting to continue living untrue to yourself, then it doesn't matter what you eat as the food itself is not going to stop you, it will only help you keep living untrue. If you are Healing yourself, then you'll move with what foods you need as you need them. You can try and control such things using your mind, this all being part of the control you'll need to deal with, but in the end you'll see that the food is irrelevant, the body will look after itself as you keep attending to your feelings. However naturally the higher truth you live, so the higher vibration of food you'll be drawn to, yet you can't say that means everyone will eat organics and be vegetarian because until everyone is, everyone will be as their feelings dictate. It's a matter of shedding preconceived mind concepts. You are not doing your Healing to fit into your mind. You are breaking your minds control down to fit in with your feelings.

Fresh is best when it comes to food and the ultimate vegetables and fruits that we can imbibe is that which is grown within our home gardens, is this an appropriate observation?

Nanna Beth: Yes it is, however that too is relative on polluted Earth. Still it's what humanity will one day get back to.

The long journey that we are to embrace is feelings first, stay true to one's feelings, expressing them whilst longing for their truth. Our feelings are to lead the way, with our mind in support to follow and to assist in implementing one's feelings.

Nanna Beth: Man can't heal himself using his mind, God can only heal you. And to allow God to heal you requires submission to your feelings. You need to allow your feelings to take you back to your early life, so you can feel yourself back there now as an adult. So you can express now all you felt back then, and see how and why you became as you are, and how stuck and imprisoned you are in your mind's control. And all you can do is keep accepting it as the truth comes to light, expressing all it makes you feel. And when you no longer need to be the way you are as you've seen all the truth of it through your feelings, then God through your soul will change you. And your inner transformation will occur, taking you out of your wrongness into your rightness. And your angels will do most of the actual hands on healing that you require. You – we – only need to keep attending to our feelings, that's the key to it John, but attending to them the right way, wanting to uncover the truth of ourselves, our soul and God wants us to see. Anyone can express their feelings even looking to them wanting their truth, but it's wanting to understand and live the whole truth of yourself, which currently is the whole truth of your negative state, that's what needs to be addressed first. Then you set about understanding as you reveal to yourself the whole truth of your positive loving state – once you become of a Celestial level of Truth and are fully Healed.

I'll speak to you soon John – love Nanna Beth. Keep being willing to express any negative feelings you have about SI and Pascas, it's okay, you can go as far as you want with them, as none of it is going to change the outcome, that side of it, as to whether it happens or not, is not up to us but what our Mother and Father want. But what we feel along the way is up to us, and what They want us to focus on.

Thank you for this incredible opening to the reality of man's futile belief in its capacity to be able to 'heal' one's self.

Love John

We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.

Everyone at their conception gets their angelic pair as well, and they will be with you right the way to Paradise and then possibly beyond too. So it's a wonderful relationship, we have our soulmate / partner and our angel pair each, all the way with us. It is all amazing.

Feelings first



HEALTH:

The question is: Are we treating the cause or suppressing the symptoms?

Treating the cause permanently heals that which brings about illness:

What has never been understood before is that we are to ask for, long for and understand the truth behind our feelings, both good and bad. We are to understand what is behind our feelings as they come into our awareness. When we long to understand why we feel good or bad then we will be told – we will come to understand how they came about – eventually! Not even Alice Miller or anyone else has recognised this need to understand and know the cause or causes of why we feel so bad and that we are then to express such feelings to someone who does want to know us, someone who is really interested in the truth of who we are, which in the end is ourselves, as we should be the most interested in ourselves. It is the expressing, talking them out to someone who is interested in you, is wanting to know how you are feeling and why, that we heal ourselves of such emotional injuries.

Our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.

That's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.

You are your feelings, which is the truth that you are. We are all the Living Truth, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.

The truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood. We are all revealers, revealing the truth of ourselves through our feelings.

It's really the expressing of our feelings (and particularly our repressed ones that we're denying) to someone who is willing to listen to us, even if that someone is God, whilst we long with all our heart and will to know the truth of them – the truth of why we're feeling them. It's the wanting to know the truth more than anything else that is vitally important, and that means the whole truth, the truth of your unloving relationship with your parents and family because if it wasn't unloving you'd not be or have been made to feel bad. And the way to that truth of yourself is by expressing every feeling you have, and in particular, focusing on all the bad ones, the endless bad ones you've got buried away inside you that you're refusing to feel. If you don't want the whole truth of yourself and are not prepared to look for it in and through all your feelings, then you'll never truly heal the deepest underlying causes of your pain, illness, addictions, compulsive behaviour, erroneous beliefs and understandings, unloving self-denying behaviour and all your suffering.

We are to find the whole truth of ourselves through our feelings. And that means to begin with we're to see the whole truth of our pain and suffering, the truth from conception right the way through the womb, at our birth, through our forming years, the rest of our childhood – all that's made us feel bad in any way. And such truth can be found through our feelings. As a child we

can't know the truth of all the feelings we are feeling, however as an adult we can. And it's by doing our Feeling-Healing that we can uncover the whole truth of ourself through our feelings.

To suppress the symptom is to put the problem aside for later on:

All medical and complementary healing modalities, including emotional processing, as much as they might help bring some relief to pain and reveal some truth and understanding as to why one is suffering it, they are not focused on the deeper underlying hidden causes of that pain and illness. NONE address the true cause, with that cause ultimately being found in our childhood suppression and repression.



All modalities are mind based, we continue to be led to expect our mind to resolve our pain – the mind can mask and hide our pain – however we have to eventually feel such pain and discover what brought it about. Then we are to express what that pain is all about. In this way we begin to heal.

Feelings First for children is similar for adults, the Feeling Healing process that we all will eventually engage in is a way of living. It is how we will grow in truth and that is through our feelings, we are self-contained. This is the first step in going beyond just suppressing symptoms through our spirit body mind which cannot discern truth from falsehood and embracing our soul based feelings which are always in truth.

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



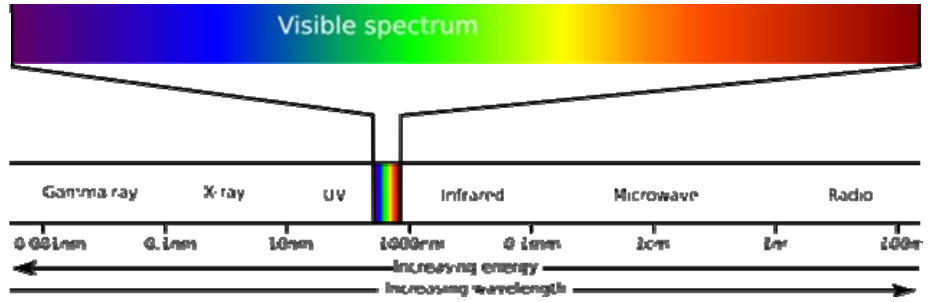
Feelings First

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

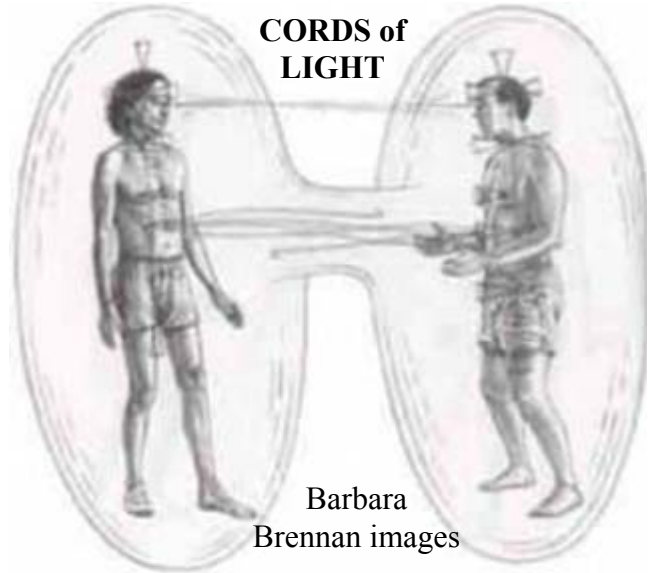
VIRUS MESSENGER:

Viruses don't exist by themselves in the environment, they need to be in the host cell. Presence of a virus all depends on the need for a body to have the virus 'active' and to what degree.



If we all Heal ourselves being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we'd not need them to show us our disharmony with nature.

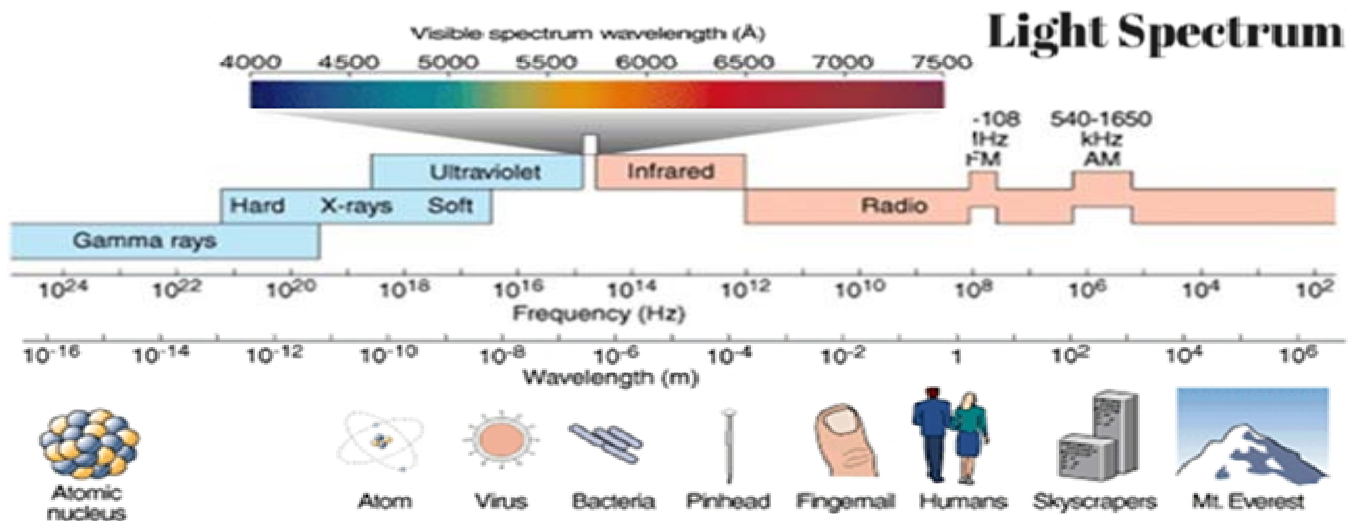
If your soul needs the experiences of the virus you will 'catch' it. Nature Spirits and Angels can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell them replicating it and so spreading it throughout your body to the degree you need it.



A virus, or any other 'bug' will invade us naturally or with Nature Spirits and Angels help, should we need it to give us the experiences we need. **You can catch**

a virus but it's not in the same way that you catch bacteria, mould or parasitic infections. It is actually caught, through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. Then having received the light of that virus on the etheric level, so your body can 'activate it' or your nature spirits or angels can. **Viruses are more of the spirit really, which is why they are so elusive.**

So certain people can be 'carriers' for a virus, other people can be 'incubators' for it (you can be both) whereby they receive the virus, and even though it doesn't make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with.



LUKE on DISEASE and HEALTH:

27 April 1916

<http://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-2/luke-what-is-necessary-for-a-man-to-do-to-recover-purity-of-soul-vol-2-pg266/>

Man should realise that he is a perfect creature of God, and that his errors and diseases are merely the results of his own thoughts, and of qualities that have come to him down the long ages of his ancestors living on Earth.

He need not suppose that these sins (errors) and desires are inherent in or a part of his creation, for they are not, but merely accretions that fastened themselves upon him by reason of the thoughts he has had, and the resultant course of life he has led, and when he changes these thoughts, which will necessarily bring about a change in his manner of living, he will find that he can progress toward the condition of the perfect man.

The doctrine of original sin is a mocking, damnable lie, and the sooner man realises the fact that it is a fraud and deceit, the sooner he will be able to get rid of those things which have placed him in his present condition and held him there bound, as it were, hand and foot. This supine (lethargic, inert) submission to this old and ever recurring belief is the great thing that prevents man from starting to progress towards the attainment of that condition, which is purity and health and the perfect man.

Man created sin and disease.

Man, although covered with sin and disease and false beliefs, to recover this lost estate or, better, condition, he will find that by searching for and learning and acting upon many of the moral precepts of the Bible and of other so called sacred writings, he will be greatly helped and strengthened in his efforts.

God does help man in his recovery from the state of false beliefs and degradation. His love overshadows men, and His instrumentalities are always ready and waiting to answer the call upon Him for His help in assisting them out of their condition of sin, disease and false beliefs.

It is His gift of Love that progressively restores man back to the pristine condition in which he was created. Further, only will this Love enable man to become a Divine angel with immortality.

GREAT
-Turn



FEELING HEALING with DIVINE LOVE progressively brings about HEALTH of the PHYSICAL BODY:

The way the Divine Love works in a mortal soul is so practical that it takes us some time to see this truth. Following one's Feeling Healing, one's natural love is slowly perfected by the presence of the Divine Love in one's soul. As more and more of the Divine Love is asked for and received, progressively, more and more of one's man erroneous beliefs and emotional errors are permanently dissolved by the light golden blue energy substance. As these injuries progressively leave the spirit body, then health of the physical body steadily returns. As these injuries are permanently removed then a re-occurrence of the illness is impossible. A permanent recovery is then achievable.

MAN is not meant to INTERFERE with the DRIVERS of PAIN:

21 September 2011

Verna, a Nature Spirit: Mary spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come.



Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self- and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.



Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit by James Moncrief

BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING
ABOUT PAIN.
IT DEMANDS TO BE
FELT.



MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

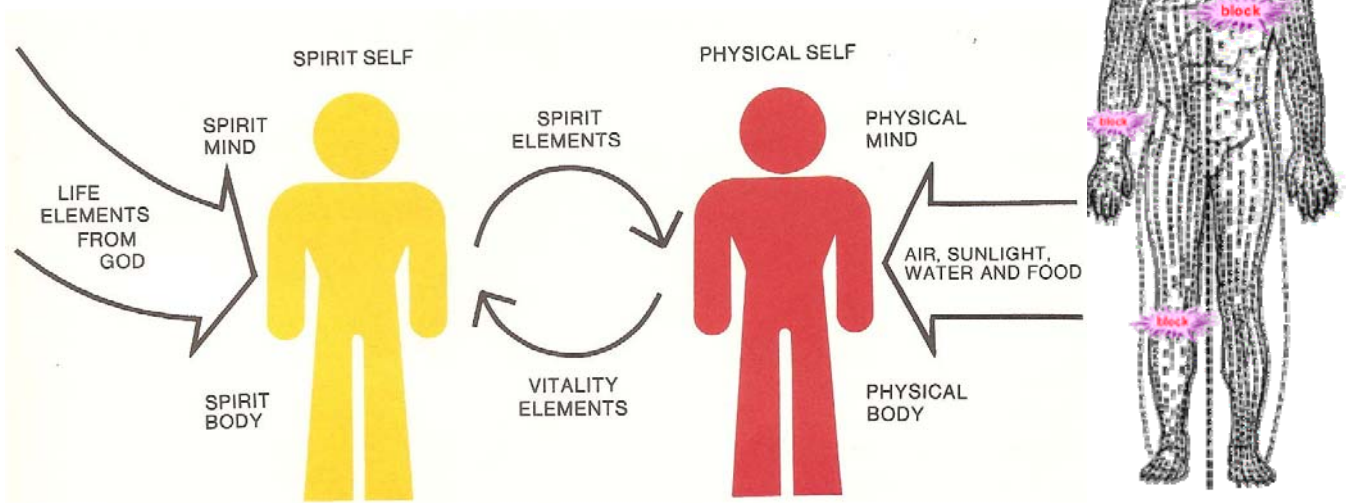
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



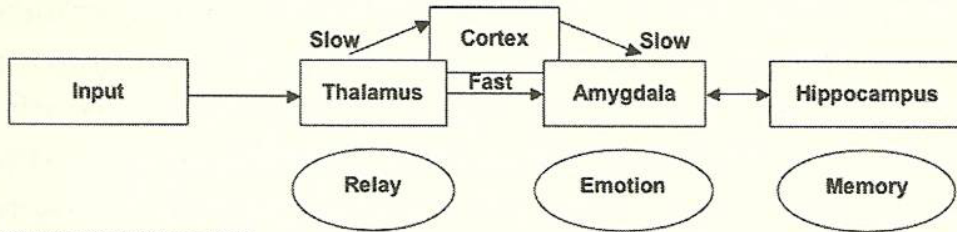
In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

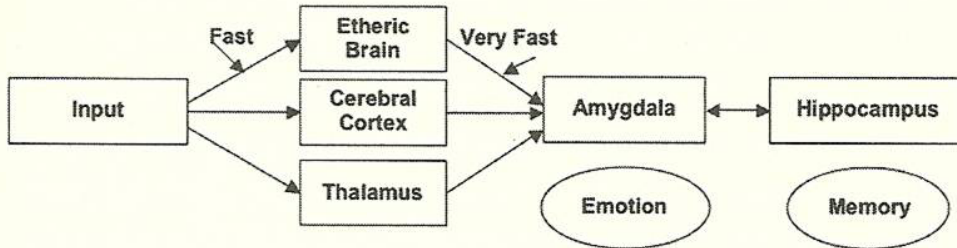
Brain Function and Physiology – Dr David R Hawkins:

BRAIN FUNCTION AND PHYSIOLOGY

Lower Mind (Below 200)



Higher Mind (Above 200)



Below 200

- Left-brain dominance
- Linear
- Stress—Adrenaline
- Fight or flight
- Alarm—Resistance—Exhaustion
(Selye—Cannon: Fight/Flight)
- ▼ Killer cells and immunity
- Thymus stress
- Disrupt acupuncture meridian
- Disease
- Negative muscle response
- ▼ Neurotransmitters—Serotonin

Track to emotions twice as fast as through prefrontal cortex to emotions
Pupil dilates

Above 200

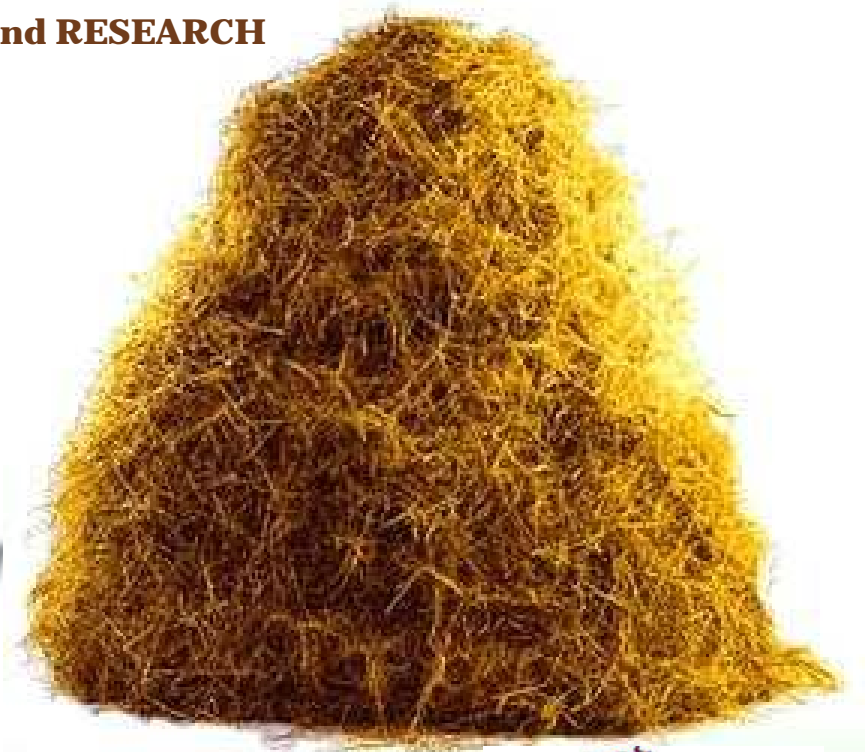
- Right-brain dominance
- Non-linear
- Peace—Endorphins
- Positive emotion
- Support thymus
- ▲ Killer cells
- ▲ Immunity
- Healing
- Balanced acupuncture system
- Positive muscle response

Track to emotions slower than from prefrontal and etheric cortexes
Pupil constricts

Importance:

Spiritual endeavor and intention change the brain function and the body's physiology and establish a specific area for spiritual information in the right-brain prefrontal cortex and its concordant etheric (energy) brain.

MEDICAL PROCEDURES and RESEARCH



Sometimes You Can Find a Needle in a Hay Stack!

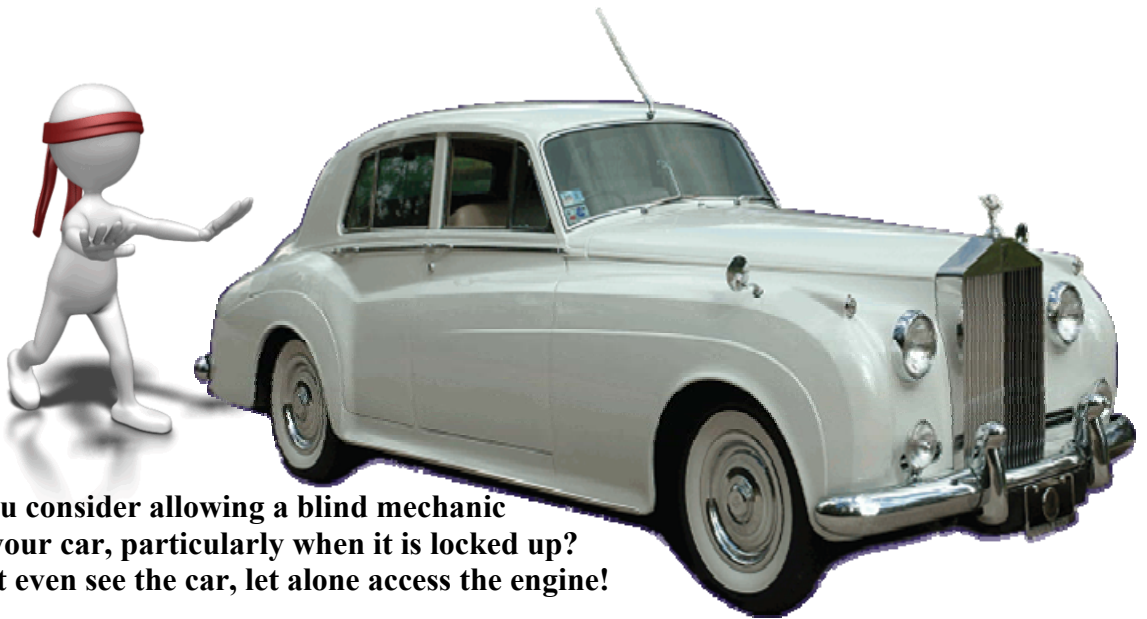
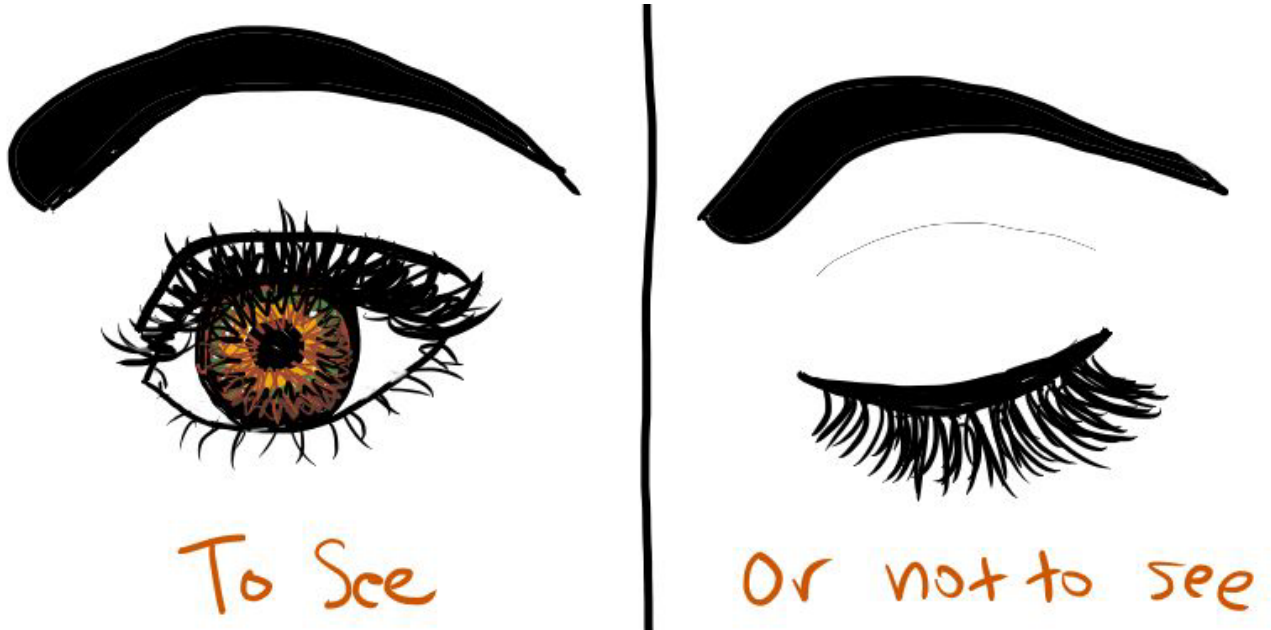
While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.



The physical body is animated by the spirit body, and in turn the spirit body is animated by your soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Your soul and spirit body is the home of your emotional injuries and errors. These emotional issues create fissures and damage within your spirit body. Subsequently the injuries within your spirit body generate illness within your physical body, at the corresponding location as in the spirit body.

Illness is generated by your soul, however, healing is also generated by your soul. Releasing the emotional injury in your soul heals the physical.



Would you consider allowing a blind mechanic work on your car, particularly when it is locked up? He cannot even see the car, let alone access the engine!

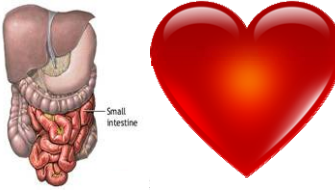
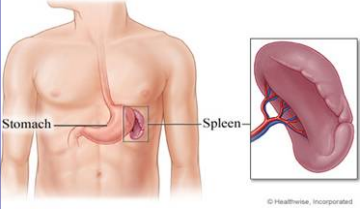
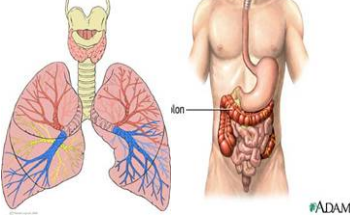
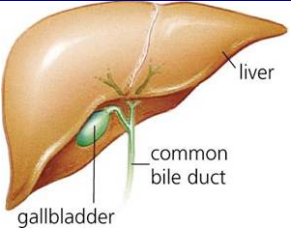
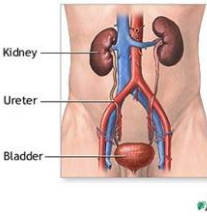
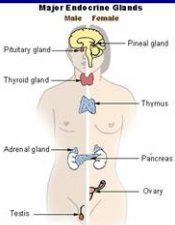
The health industry stubbornly resists recognising the subtle bodies that we all have.

The foundation of our illnesses originates from within our subtle bodies, that is, from within our mind which is spirit body based, and subsequently then via our spirit body.

It is only when we understand the cause of an illness is when we can deal with it, effectively, and permanently.

EMOTIONS affect SPECIFIC ORGANS:

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one’s mind affect the flow of energies through one’s spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

DIVINE LOVE ENERGY BRINGS ABOUT HARMONY and PEACE:

Feeling Healing with Divine Love progressively assists the removal of injurious emotional energies that accompany errors in belief, injurious emotions and harm from past errors.

The Love of our Heavenly Parents is never withheld from us, should we so ask for it. Expressing anger feelings enables energies to leave leaving the spirit body.

When one begins to ask for and receive the Divine Love energy substance, the inflowing of the light golden blue energy helps address emotional injuries. Feeling Healing leads to forgiveness for past mistakes. It is in this way that we progressively peel away harmful natures of our personality.

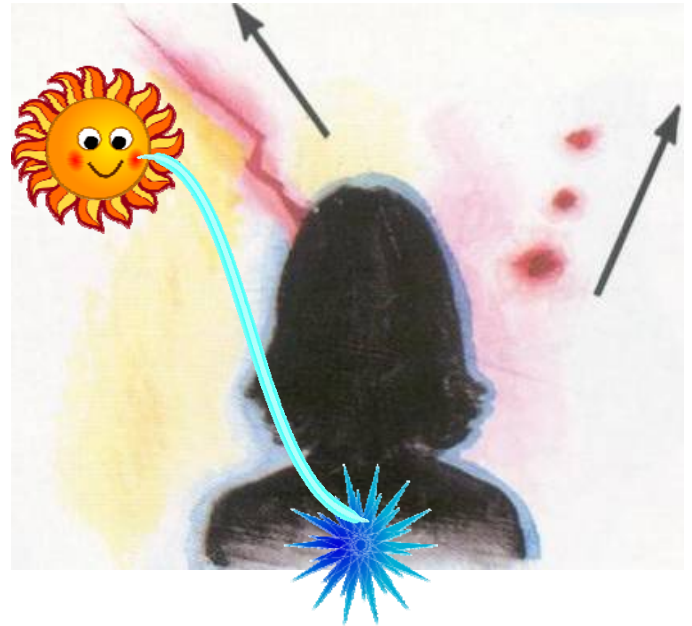
We can struggle for decades with self discipline to step away from harmful attitudes that we generally accumulate during our early childhood, or we can embrace the great gift from our Heavenly Parents, namely the energy substance of Their Love and achieve same within months.

As we progressively receive more and more of the Mother and Father’s Love, which never leaves us throughout all of eternity, we find that we reduce emotional errors for ever, never to revisit them again.

It is by the progressive receipt of the ultimate high octane energy substance, the Divine Love, with Feeling Healing, that we evolve.

As we evolve, we bring about harmony within our soul, this is reflected through our spirit body through connecting cords of light. As the energy flows rejuvenate with the removal of the energy blockages resulting from the injuries of error, we bring about health to our physical body and a vibrancy to life akin to living in heaven whilst on earth. We live in an ocean of Divine Love.

The real you is your soul.



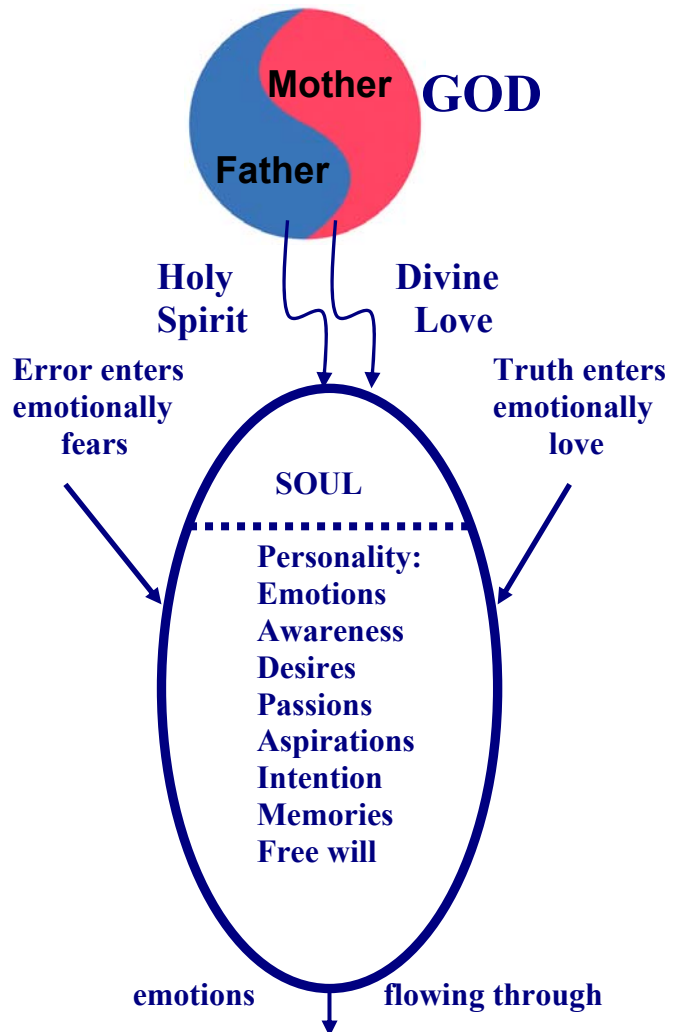
What Is Soul Condition?

Soul condition is the sum total of:

- Your passions, desires, longings, moral beliefs, moral condition, aspirations, pursuits, emotions, feelings, intentions, loves, dislikes and hates, fears, religious beliefs, scientific beliefs, love beliefs, mental aspirations and beliefs (which come from soul beliefs, but are often in disharmony with soul beliefs).

Soul condition can be changed by experiencing the following emotionally:

- Longing for, with Feeling Healing, receiving and acting in harmony with Divine Love, together – Transforms the soul into a new being.
- Longing for, receiving and acting upon Divine Truth – Allows Divine Love to flow into the soul.
- Learning repentance through Feeling Healing and receiving Divine Forgiveness and Mercy – Removes Karmic soul damage.
- Having Faith – Raises the soul’s awareness of new conditions and state.
- Growing Desires and Passions harmonious with Love – These desires and passions can be nurtured.
- Learning and applying lessons in Natural Love – How we treat others and ourselves.
- Releasing passions, desires, emotions, feelings and beliefs disharmonious with love through Feeling Healing.
- Releasing painful emotions that are the result of the Law of Compensation (Karma).
- Bringing actions in harmony with love through Feeling Healing (either Natural or Divine).
- Changing intellectual beliefs, thoughts, words, actions, since these feed new desires, and emotions through Feeling Healing.



**INDWELLING SPIRIT, THOUGHT ADJUSTER,
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

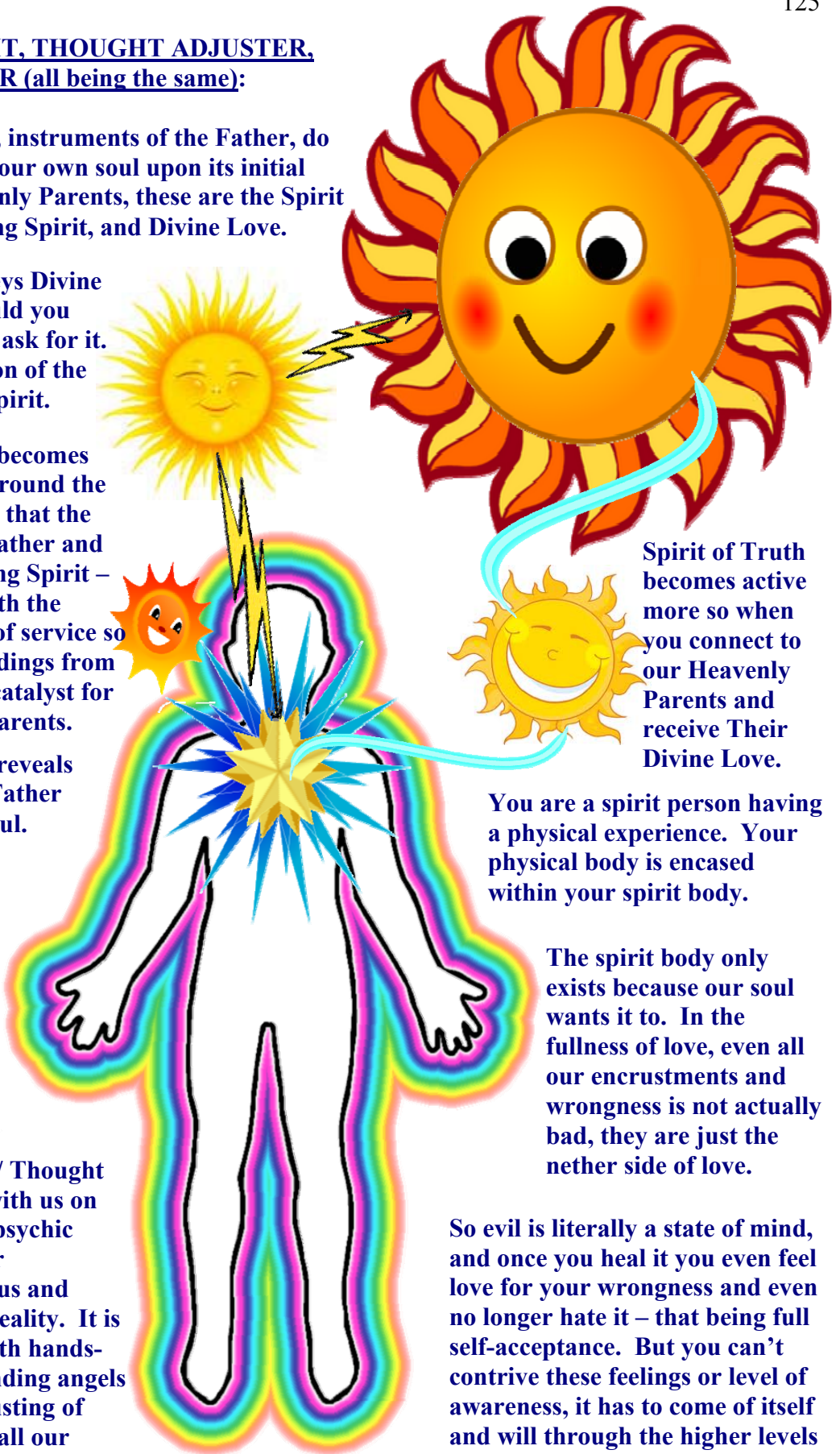
The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to our Heavenly Parents and receive Their Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

SPIRITS of TRUTH and HOLY SPIRIT:

More from James regarding Spirits:

The Holy Spirit provides differing support and guidance to that of the Indwelling Spirit. The Indwelling Spirits guides one to God, our Heavenly Mother and Father; the Holy Spirit brings Their Divine Love into our heart.

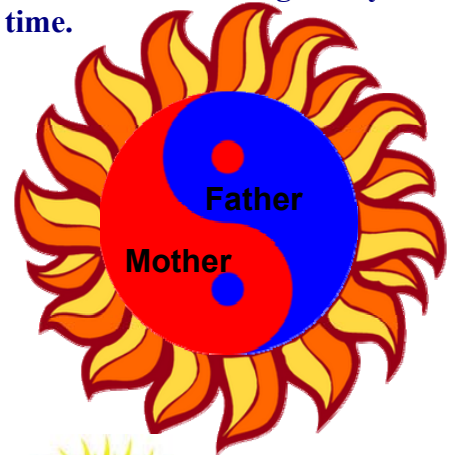
The Spirit of Truth becomes active ONLY when we choose to follow the ‘owner’ of that Spirit of Truth. So in our cases, Jesus and Mary Magdalene. We have to want to live the same truth as they are living, so ‘be like them’ and in doing so this activates their Spirit of Truth. And so if we choose to be as they are in truth, to live how they live the truth, to be of truth and the same truths they are, then with their Spirits of Truth assisting us we will come to relate to our Mother and Father just as they do.

We are growing spiritually in Mary and Jesus’ universe. We have to want to be as they are in truth, if we don’t want to do that then we’re rebelling against them. And if we don’t embrace them, then we’ll never leave Nebadon, the region of the universe that encapsulates Earth.

The whole idea about having Spirits of Truth coming from Paradise Pairs is so the ascending mortals (us) of that universe (from the Creator Pair) and specific worlds (from the Avonal Pairs), all end up living the same truths. And if we didn’t live the same truths, we’d all still remain all over the place and have nothing we can all connect with and relate to in each other.

So we can come from all over the planet, from very diverse races and cultures, yet because we all end up embracing the Spirits of Truth that are to help reveal the truths we are to know, so we’ll all be able to connect and relate to each other through the truth we’re living, all being able to live happily together as Celestials, and eventually as Celestials on Earth. It’s the Spirits of Truth that bring us all together, homogenises us if you like. And if we all lived true to them, we would not need any rules or laws because we would all be living and knowing the same truths – so all living the same way only expressing those truths individually.

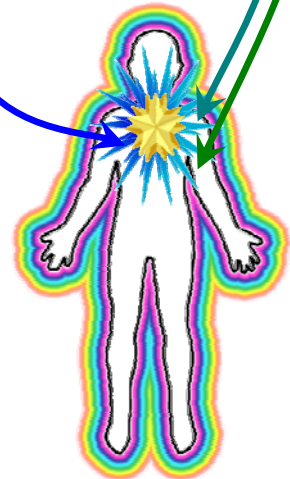
Our HEAVENLY PARENTS have any number of spirit instruments assisting at any time.



Holy Spirit conveys Divine Love from our Heavenly Parents



Spirits of Truth of Mary Magdalene and Jesus



RELIGION:

At first, those embracing the Revelations of Feeling Healing and Divine Love, every singly person may have a vendetta with them:

27% - 51% of the world's population believe in reincarnation.

31% of the world's population are of some form of Christian faith.

50% are parents who inflict / impose emotions on children.

100% most of the time, within some way, we impose upon ourselves our own death by not healing our emotions.

At some time, these teachings are at odds with religions as they have only some of the truths, and at odds with political parties and national pride.

How Many People In The World Believe In Reincarnation?

<https://reincarnate.life/how-many-people-in-the-world-believe-in-reincarnation/>

A new survey reveals that 51% of the people in the world believe in God. Only 18% say they do not believe, and 17% are undecided.

More than 18,000 people in 23 countries participated in the survey conducted by the Global Research Society and the Institute for Social Research (Ipsos). The survey also found that 51% of the people believe in reincarnation, while 23% believe that we will “cease to exist”. About a quarter (26%) said they do not know what will happen after death.

Bobby Duffy, managing director of Ipsos, told Reuters that “it may seem to many that we live in a secular world (not connected with religious or spiritual matters), but this study shows that spiritual life is important to the citizens of the world, since half of them said they believed in a supreme being”.

“Also a large proportion of the remaining population is sure that there is a spiritual explanation to either how we got here or what happens after death.” According to the survey, “definitive belief in a God or a Supreme Being” is highest in Indonesia (93%) and Turkey (91%), followed by Brazil (84%), South Africa (83%) and Mexico (78%).

Those most likely to believe in “many Gods or Supreme Beings” are in India (24%), China (14%) and Russia (10%). People who do not believe in God or a Supreme Being are most likely to live in France (39%), Sweden (37%), Belgium (36%), Britain (34%), Japan (33%) and Germany (31%).

How Many People Believe In Reincarnation?

So, according to this worldwide survey, how many people believe in reincarnation? The study found that half of the world's population believes there is a form of afterlife. More than half of the people in Indonesia, South Africa and Turkey believe in heaven or hell, while in the United States and Brazil less than 40% have the same beliefs.

Forty percent of respondents in Mexico, believe in heaven, but not in the afterlife or hell. Overall, nearly a quarter do not believe in heaven or hell.

The belief in reincarnation is highest in Hungary, where 13% say “we are ultimately reincarnated”. The belief is also popular in Brazil, Mexico, Japan, Argentina and Australia.

People who claim to “not know what happens” after death are mostly located in Europe and Asia. Meanwhile, the countries where people are more likely to believe that they will cease to exist after death are South Korea with 40%, Spain with 40%, France with 39%, Japan with 37% and Belgium with 35%.

In other findings, the survey revealed that 41% of the world’s population believe in human evolution, 28% believe in creationism and 31% are not sure what to believe. Creationism, or the belief that human beings are created by a spiritual force like God, is the strongest in Saudi Arabia (75%), Turkey (60%), Indonesia (57%) and South Africa (56%).

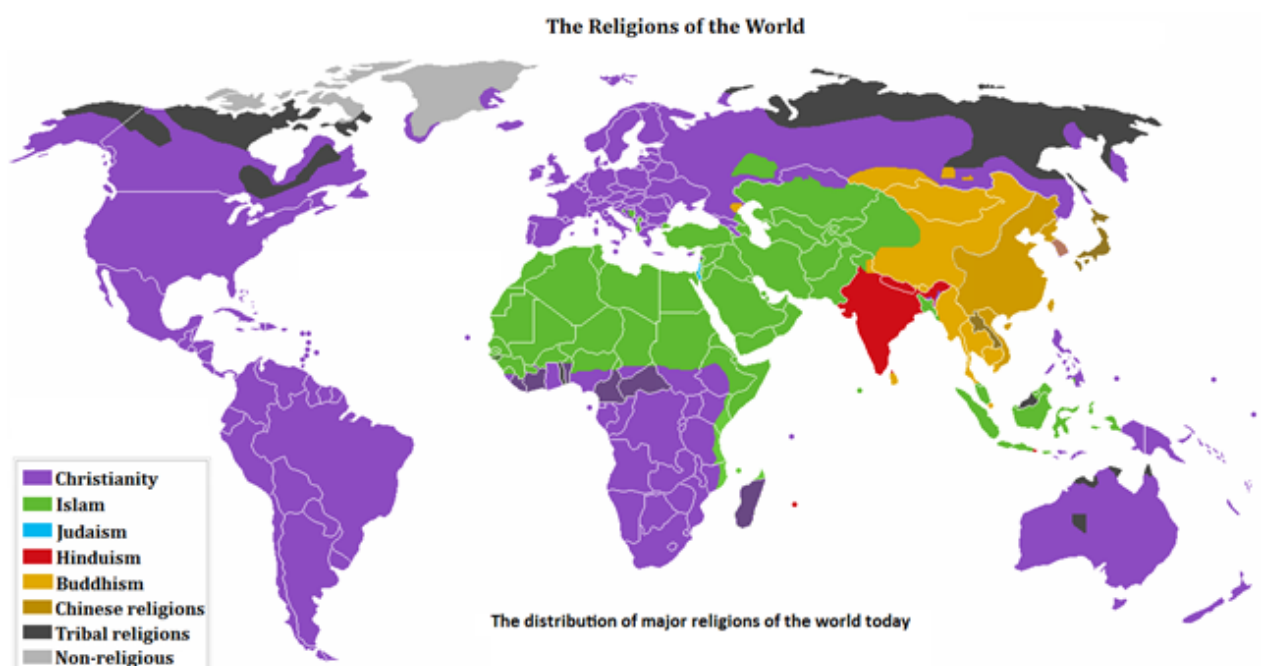
The belief in evolution, or that the origin of man came from the evolution of other species such as primates, is very popular in Sweden, Germany, China, Belgium and Japan, with more than 60%.

The countries participating in the online survey were Argentina, Australia, Belgium, Brazil, Canada, China, France, Germany, Great Britain, Hungary, India, Indonesia, Italy, Japan, Mexico, Poland, Russia, Saudi Arabia, South Africa, South Korea, Spain, Sweden, Turkey and the United States of America.

Among the youth, a study held in Spain showed that 27.1% of young people believe in reincarnation, but that percentage soars to 40% among practicing Catholics; to 33.8% among not so practicing Catholics and to 28.2% in non-practicing Catholics. On the other side of the scale, only a 11.5% of young atheists and 18% of young agnostics believe in reincarnation.

According to data released by the Pew Forum on Religion and Public Life (2009 survey), not only do a quarter of Americans believe in reincarnation, but 24% of American Christians expressed a belief in reincarnation. This represents a significant deviation from the traditional Judaeo-Christian narrative with which most Americans in the baby-boomer generation grew up. “You were born. You lived. You died. And after a judgment you went to heaven or hell forever”.

From a different perspective, we could answer the question “*how many people believe in reincarnation?*” by looking at specific religions which include the concept of reincarnation as a fundamental belief. Among these, we would find followers of Hinduism (950 million), Buddhism (500 million), Sikhism (23.8 million), Jainism (4.2 million), Shinto (4 million), and Taoism (2.7 million). Which means a total number of 1.4 billion people, or an approximate 19% of the world’s population believe in reincarnation.



Religion adherents 2020	Adherents	Percentage
Christianity	2.4 billion	29%
Islam	1.9 billion	24%
Hinduism	1.2 billion	15.4%
Secular ^[a] /Nonreligious ^[b] /Agnostic/Atheist	1.1 billion	14.1%
Buddhism	506 million	6%
Chinese traditional religion ^[c]	394 million	5%
Ethnic religions excluding some in separate categories	300 million	3%
African traditional religions	100 million	1.2%
Sikhism	26 million	0.30%
Spiritism	15 million	0.19%
Judaism	14.7 million	0.18%
Bahá'í	7.0 million	0.09%
Jainism	4.2 million	0.05%
Shinto	4.0 million	0.05%
Cao Dai	4.0 million	0.05%
Zoroastrianism	2.6 million	0.03%
Tenrikyo	2.0 million	0.02%
Animism	1.9 million	0.02%
Neo-Paganism	1.0 million	0.01%
Unitarian Universalism	0.8 million	0.01%
Rastafari	0.6 million	0.007%
total	7.79 billion	100%

https://www.theregister.com/2006/10/06/the_odd_body_religion/

There are some 4,300 religions of the world. This is according to Adherents, an independent, non-religiously affiliated organisation that monitors the number and size of the world's religions.

Side-stepping the issue of what constitutes a religion, Adherents divides religions into churches, denominations, congregations, religious bodies, faith groups, tribes, cultures, and movements. All are of varying size and influence.

Nearly 75% of the world's population practices one of the five most influential religions of the world: Buddhism, Christianity, Hinduism, Islam, and Judaism.

When you take in all the offshoots, then there are some 50,000 denominations of religions collectively with 20,000 being of Christian background.

To comprehend global communication difficulties, add the complexity of languages. There are some 4,300 religions of the world compared with 6,800 living languages spoken somewhere in the world.

Stephen Juan, Ph.D. is an anthropologist at the University of Sydney.

IT IS ALL ABOUT EXPERIENCES and FEELINGS!

THE TRUTH SEEKERS



The Urantia Book reveals that Andon and Fonta were the first Earth humanity to have a longing for human perfection. We are truth seekers. Andon and Fonta, also known as Aman and Amon, lived around 993,500 years ago, a little south of the Caspian Sea. The twins were superior anatomically to their parents, but what distinguished them—*what made them human*—was their potential for being self-conscious will creatures who could recognise the Creator and choose to do his will. Andon and Fonta were vaguely aware that they were more than mere animals due to their possession of personality and the presence of a fragment of God within their minds.



Andon and Fonta were of a red skin complexion and similar to our modern day Eskimos. Their offspring travelled far and wide, even reaching Tasmania, now an island state off the south east of Australia, around 950,000 years ago.

It was around 500,000 years ago that the Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family! 5 red, then 2 orange, 4 yellow, 2 blue, 4 green and finally 2 indigo. From that time on, humanity had six of the seven colours.

It was Adam and Eve, more than 38,000 years ago, who introduced the violet colour. They manifested themselves and lived on a peninsula jutting into the Mediterranean Sea before abandoning the Garden of Eden and moving to Mesopotamia.

Of the seven colours, the blue, green and orange have died out, mainly due to warfare between them. The remaining colours will eventually intermingle so that the red, yellow, indigo and violet will result in an olive colour skin toning. Humanity has been slow to intermingle – as we can see!

HUMANITY PHYSICAL COLOURINGS and order of emergence:

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

Yellow	Green	Red	Blue	Indigo (black)	Orange
3	4	1	5	6	2

Prominent **Died Out** **Significant** **Died Out** **Prominent** **Died Out**

1 COLOUR, then 6, then all 7 COLOURS!

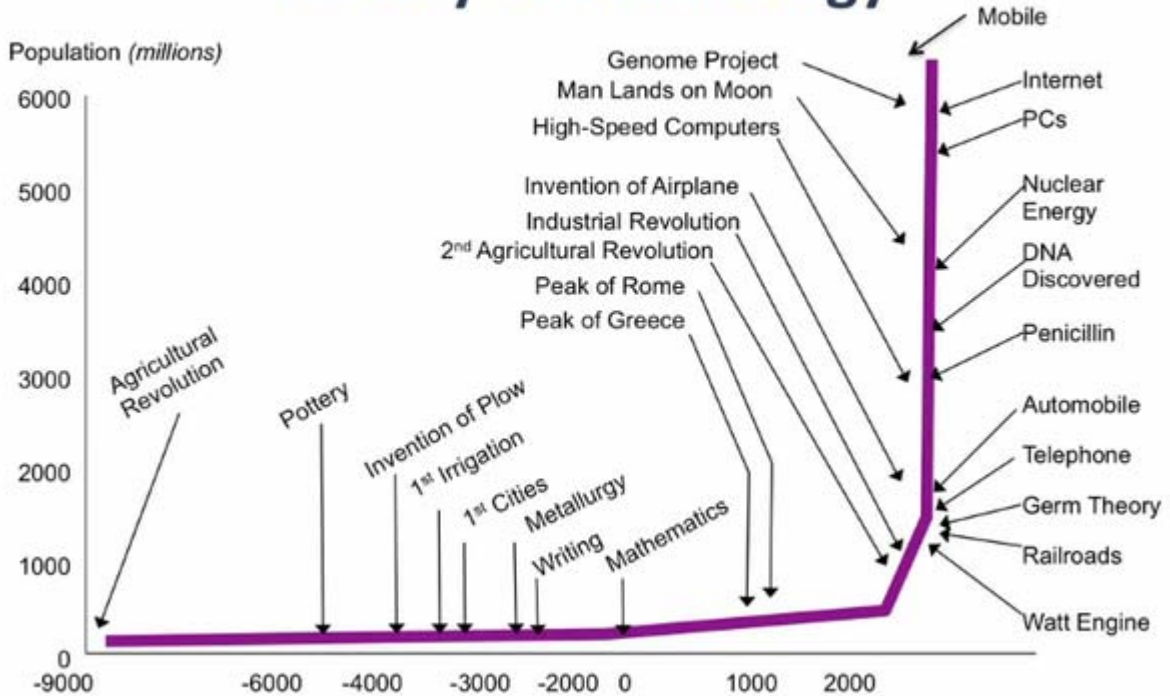
A little less than 1,000,000 years ago Andon and Fonta (Aman and Amon) evolved having a desire for human perfection, they being our original physical parents.

Adam and Eve were bestowed on Earth more than 38,000 years ago to uplift humanity through their superior genes.

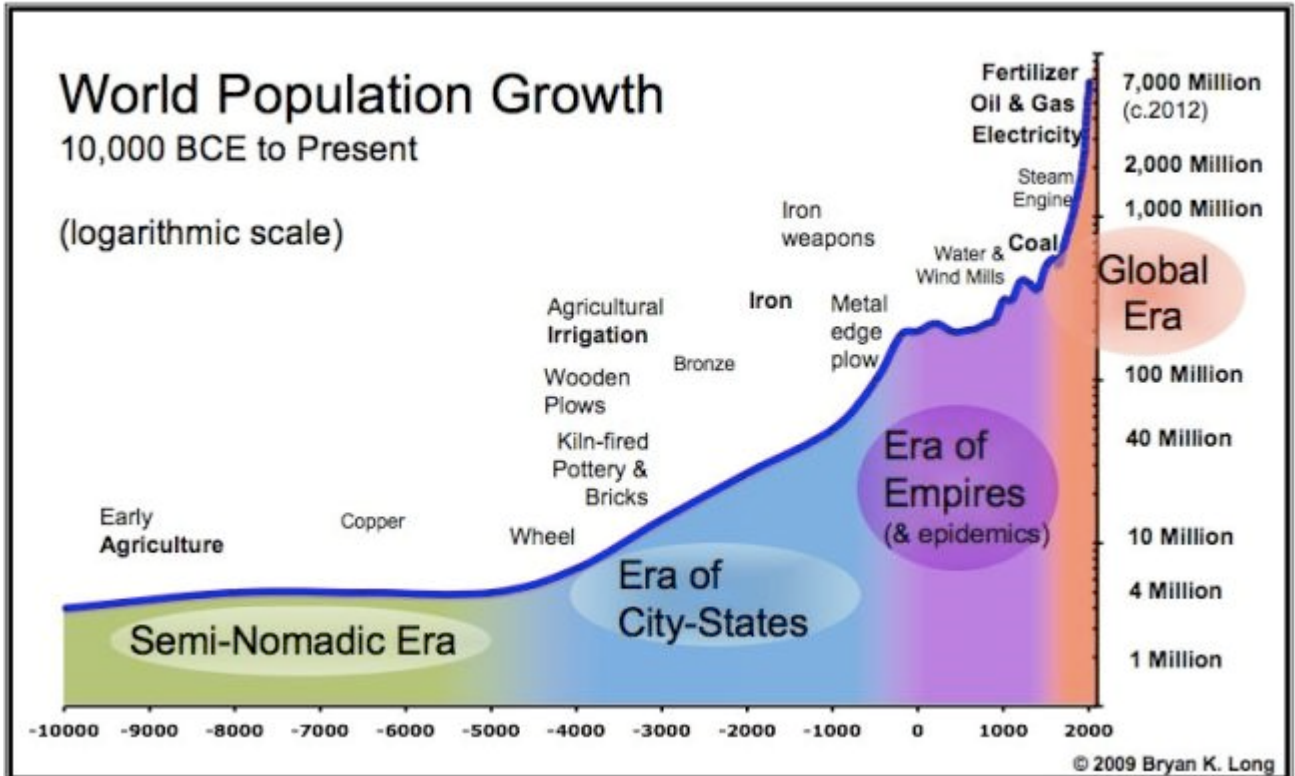
500,000 years ago, the Sangik family in the north-eastern highlands of India gave birth to 19 children of six different colours, thus introducing the tribal colours.

When we consider that the world's population has grown from 300 million from the time of Jesus of Nazareth, 2,000 years ago, to 8 billion in the year 2020, then what have the other population cycles been these past 993,500 years?

Growth of World Population and the History of Technology



Source: Milken Institute, Robert Fogel/University of Chicago



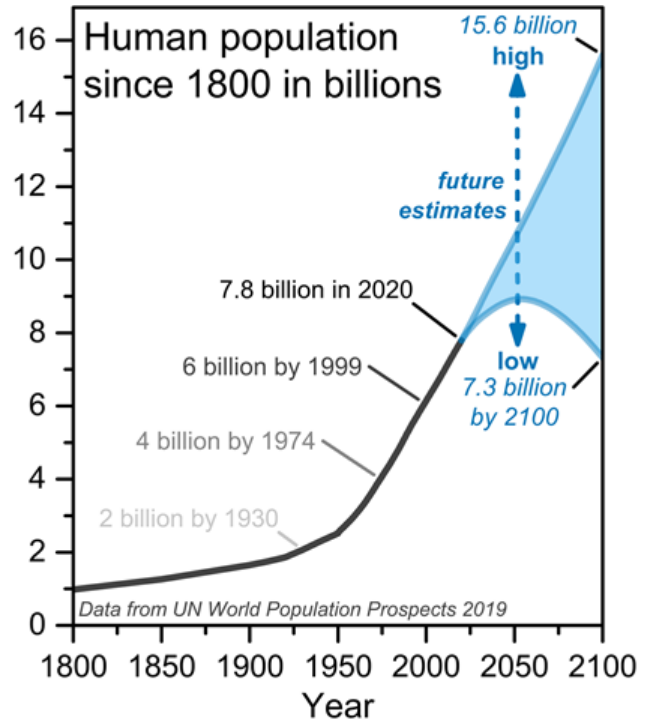
© 2009 Bryan K. Long

The above chart suggests that world population was a few million at around 12,000 years ago.

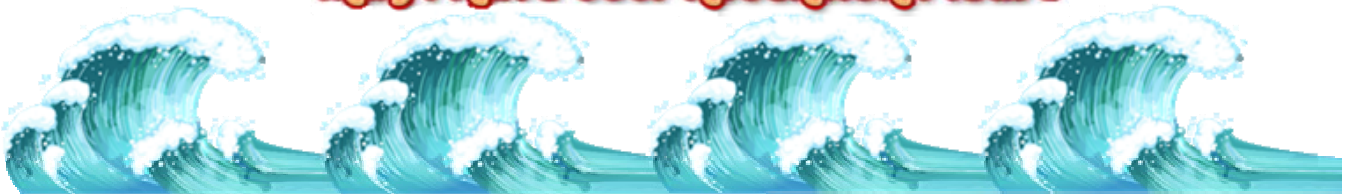
The chart on human population since 1800 shows a 1 billion population expanding to 8 billion in 220 years.

Humanity has been walking on Earth for 993,500 years, so what has taken place over this time?

The whole of our solar system is subjected to a periodic pole shift. It is a time that either our solar system cycles through an extreme of zone of intense energy or a pulse of energy emerges from the centre of our universe. This event appears to be progressive in its process. Energy penetrates the planets and the cores increase their rotation bringing about a passive increase in surface temperatures and more volcanic and earthquake activity. At its peak, the position of the poles may shift and land masses move, submerge or rise. Then a micro-nova blast from the sun occurs to cleanse itself of dust. This results in the side of the planet facing the sun experiencing extreme heat, while the far side loses temperature, water is vaporised and a small ice age follows. This occurs every 12,000 to 13,000 years!



May I Have Your Attention Please



Around 12,500 years between Pole Shifts **TIME FOR CHANGE** **With each Pole Shift humanity had gone deeper into its evilness.**

Past civilisations have been in greater numbers than today’s world population. Past civilisations have achieved higher levels of technology development in specific areas of science than we have today, however, overall, today’s humanity is more advanced.

Adolf Hitler was expecting to win World War II (1939-1945) through reverse engineering artefacts that he had control of, such artefacts being from before the last pole shift. The six Apollo moon landings by USA (1969-1972) also involved investigation of pre-pole shift artefacts.

Each pole-shift brings about a variation of the available energy that humanity can harness. Gravity and magnetism could be harnessed enabling flight involving heavy objects. Flight to the moon was possible. However, they did not have developed the means to recycle air and the duration of travel was limited.

The last pole shift was a very severe event. The submersion of Atlantis occurred and the energy source being gravity and magnetism was withdrawn. The world’s population was heavily diminished. With each pole shift, Earth’s humanity has sunken deeper into its Rebellion and Default. This cycle of devolution is now ended. Humanity is now to evolve and put the Rebellion and Default aside. This will be achieved through the coming Avonal Spiritual Age of 1,000 years.

Unidentified flying objects (UFOs) and unidentified submersible objects (USOs) are all home grown. They are remnants of automated craft developed by past civilisations on Earth. Earth has not been visited by any other civilisation from another world – certainly not throughout the Rebellion which commenced 200,000 years ago. Further, there has been no visitation between any of the 37 rebellion worlds. And further again, Earth's humanity will not be able to develop technology to travel beyond its own solar system until it has completely healed itself of the Rebellion and Default. Earth's humanity is quarantined from any other humanity during its Rebellion and Default.

The Rebellion and Default is governed by a Universal Contract and it is through small cracks in this contract that the Rebellion and Default is now being ended and that is why we now have this information to share with you!

Reincarnation

What a most unloving concept. To think we come back time and time again to go through the same crud and pain that we previously experienced and not remembering or knowing what it is that we are to supposedly learn from this life experience. We could be degenerating every time. Well, for 200,000 years Earth's humanity has gone deeper and deeper into its rebellion and presently we are now capable of destroying all of Earth's humanity by pressing a few buttons!

There are now 8 billion people on planet Earth. The population charts above give you a guide of population numbers going back to the last pole shift of about 12,000 years ago. If we took our turn to reincarnate, which we cannot do anyway, then work out when your turn would have last come up, and then your turn before! Yes, you are now off those population charts.

It gets better. We have seven spirit Mansion Worlds to progress through before we are healed of our Rebellion and Default. Presently there are possibly more than 200 billion spirit personalities throughout those Mansion Worlds, most are within Mansion Worlds 1 and 2. Also, there are possibly around 30 billion within the three Celestial Heavens who have completed their healing of what they personally took on of the Rebellion and Default.

Now we are considering all who have incarnated on Earth over these past 993,500 years. There is no reincarnation. There is no need for reincarnation. It is not in the plan.

Our physical life experience is a once only. Even if it is only minutes then we do not revisit for a physical life. Once blood commences pumping in the foetus then we are incarnated and that is approximately day 16 after conception. We have completed our individualisation upon incarnation and that is all that is required.

Should the foetus then miscarry or be aborted then we are spirit born within the 1st spirit Mansion World. The environment and conditions are very Earth like. Being spirit born provides that personality the experiences that would be similar to how it would have been on physical Earth.

Not only do we not reincarnate, neither does anything else of nature. Humanity is part of nature. A blade of grass has life force and does not reincarnate. A leaf on a tree has life force and does not reincarnate. Bacteria has life force and does not reincarnate. A giant whale or elephant does not reincarnate. The life force of all of nature, excluding humanity, after its physical life goes back into a pool from which is drawn the life force that is then to be a nature spirit. The nature spirit will eventually become a low level angel and progress along a different pathway of evolution than humanity. Nature evolves through experience and their mind. Humanity evolves through feelings and is truth loving.

THERE is **NO REINCARNATION**

- We do NOT reincarnate. Nor can we come back as an ant, a possum, a whale, a bird, any animal or plant or rock.
- We die and move into the spirit Mansion Worlds, and there we stay in the Mind Worlds until we decide to do our Spiritual Healing living the Feelings Way and embracing our ascent of Truth to Paradise. WE DO NOT COME BACK TO EARTH IN PHYSICAL FORM – EVER! We can as spirits visit Earth, but we can't ever have a physical body again.
- God bestows upon us our unique personality – you are who you are, and always will be YOU. You may currently be imperfect and untrue because of living in the Rebellion and Default, and through your Spiritual Healing you can become true and perfect. But you will always still be you, the same personality essence. You cannot reincarnate and become a new personality; God only bestows personality on us ONCE. You can't be John or Jill now and have been reincarnated with a different personality in the past, or reincarnate in the future with a new and different personality. For example, by becoming Fred or Mary or Janice or Li or anyone else, because if you were, or do become, Fred or Mary, you are no longer you. You will Always be You! And even if you did reincarnate, named John or Jill again, you'd be a different John and Jill with a different personality. So that can't be THE SAME YOU because the very act of incarnation means you are incarnating the one unique personality you are.
- There is no 'OverSoul' that incarnates multiple personalities during multiple time frames on Earth.
- People (and often children) who feel so strongly they can remember in great detail their past life (or lives) are not remembering their actual past life, they are being 'fed' such information from other spirits or from their own Indwelling Spirit. Our Indwelling Spirits of God might have indwelled other people's minds before (or even after) your mind, and can make you believe it was you living those lives, when it wasn't.
- There is no living multiple lives to 'burn off' or 'work through' Karma. All the 'karma' you acquire is done through this one Earth life, to be worked through when you settle the Law of Compensation and do your Spiritual Healing. Both of which can be done on Earth or in the spirit worlds.
- Reincarnation is part of the belief-denial of the Rebellion we live under. It is FALSE, UNTRUE and INCORRECT. It was made up by someone who didn't understand that there was ongoing life in spirit once we died, someone who assumed we all came back repeatedly to Earth until we were fully Enlightened. However part of our 'enlightenment' is to understand there is no such thing as reincarnation for us. And by holding onto such an erroneous belief will only delay your awaking of Truth by doing your Spiritual Healing.
- When you start living The Feelings Way, part of the truth that will come to you through your feelings will show you, as you will know it to be truth, that you have never lived on Earth before and reincarnation is not possible.

**REINCARNATION
IMPOSSIBLE**

EACH SOUL PAIR is ONLY BESTOWED a PERSONALITY ONCE:

notes by James Moncrief, 11 February 2017

In theory the soul could end its incarnation and begin another, the soul can do anything as the spirit body along with all the rest, including the physical body, are a creation of it. So if the soul chose to stop and start sometime else – why not... in theory.

However the whole thing about the soul is that the Mother and Father have bestowed upon it two unique personalities, and these personalities are what the soul is expressing continuously in Creation once incarnation has taken place (the spirit body being part of the personality expression – an attribute of personality). And so for the soul to stop expressing its two halves as two distinct and separate personalities, it would mean those personalities would cease to exist; and then if the soul were to reincarnate, then the Mother and Father would have to bestow two more unique personalities on it.



But the trouble with this is that, we're told, They only bestow personality ONCE, so there's the rub, that is what disqualifies any notion of reincarnation being possible. Our Heavenly Parents have bestowed you as one unique individual personality of your soul, and you and your soulmate / soulpartner with his or her also unique individual personality, is not about to be extinguished forevermore just so you can complete the 'Wheel of Karma'.



Personality is the key to it; Personality in Creation, which is the experiential expression of the existential soul. And Personality, like the soul, is a constant, the essence of which is unchanging: I will forever be me, and once I get all the yuk and error out of me, then I'll be a pure and true me, and waiting to be with my other half, my pure and true soulmate / soulpartner.

FEEL *for* TRUTH

Accept, express – speak, about all you think and feel, good and bad about; and long for the truth. Always want to know the truth of why you are doing it, or why you want to do or have it, and why you need to do it or have it. No truth; no healing.

FEELING TRUTH

NATURE SPIRITS:

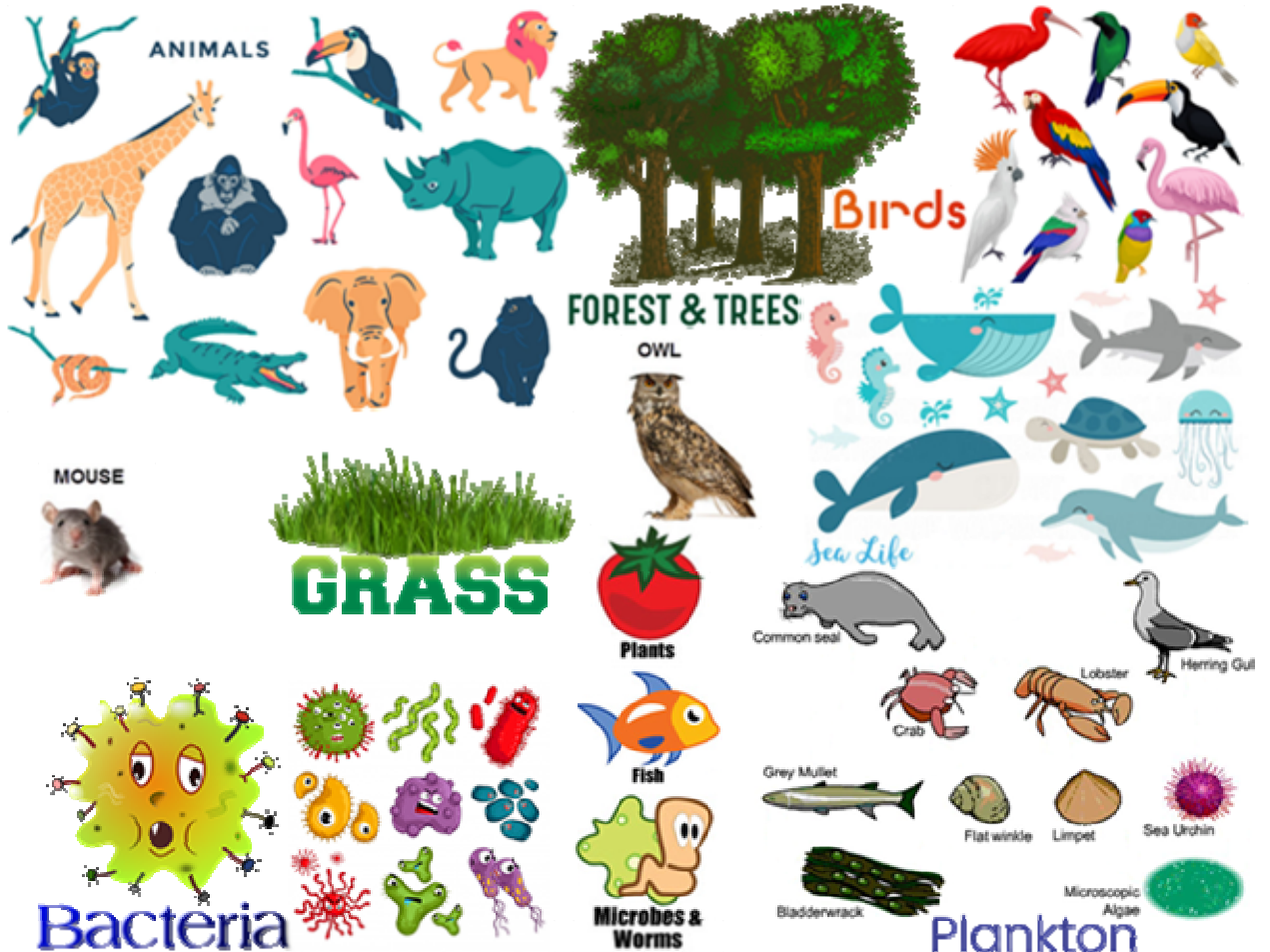
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.



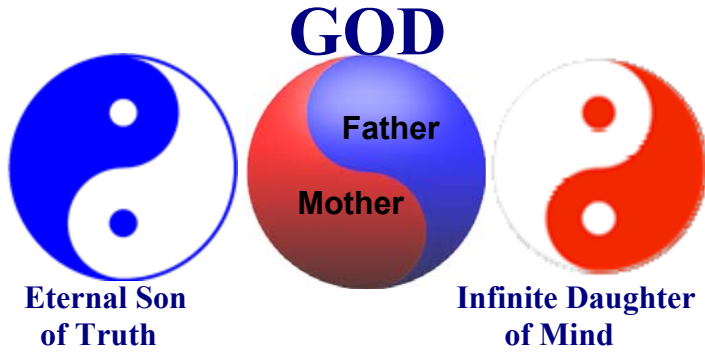
Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’: “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”

“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.



Soulmate Pair

Angel

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.



Spirit Person

Nature Spirit

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.



A nature spirit is an angel in waiting.

We are More Alive than Ever – when we are dead!

Does death of our physical body mean we are extinguished? No. We do lose a lot of weight and our reproductive organs. We have no need for reproductive organs as a spirit personality. We can experience sexual relationships as a spirit personality, however there is no pregnancy event.

While we live in the physical, it is hard to comprehend that we are spirits having a physical experience and that our journey is all about experience and feelings.

While the Rebellion and Default was in full flight, under the Universal Contract governing the Rebellion, Celestial spirits from the Celestial Heavens were prevented from communicating with physical people on Earth. As the Avonal bestowal pair progressed through their healing of what they have taken on of the Rebellion and Default, progressively thresholds were achieved opening the doors for Celestial spirits to interact and communicate with physical people on Earth. Prior to 22 March 2017, spirits from the mind Mansion Worlds continued on interacting with people on Earth perpetrating the dictates of the high level local universe spirits rebellious ways. On 22 March 2017, the Celestial spirits were enabled and did then shut down communications between the mind Mansion Worlds and Earth.

Prior to that shut down, many mind Mansion World spirits did ‘write’ books through mediums. So much so that Geoff Cutler of Sydney Australia (<https://new-birth.net/>) had accumulated a library of more than 500 such books. These books outline life in the spirit Mansion Worlds in great detail. Most are from within the 1st and 2nd spirit Mansion Worlds.

Your appearance is much the same as you would be when alive on Earth. You will most likely resemble your present age or if you are in your senior years, you will progressively de-age to you thirties. If you use your spirit fingers to pinch yourself, you will feel as tactile to the touch as you do one Earth.

For those who are beer and wine connoisseur, you will not want to return to Earth. Humans have five basic senses: touch, sight, hearing, smell and taste. The sensing organs associated with each sense send information to the brain to help us understand and perceive the world around us. When in spirit, these and more senses become enhanced.

The majority of people, upon arriving into the 1st spirit Mansion World, do not realise that they have died. We do not experience death of the physical body. We arrive into an environment similar to what we are used to living in. The event is meant to be a time of celebration.

I, John Doel, have copious writings from my grandmother, mother, brother-in-law, nephew, 1st cousin and unborn son, all written since their deaths. They are now all Celestial spirits. My nephew suicided in 1999 and through his personal healing became Celestial in April 2018.

Here are the writings from our unborn son:

Pascas Care – Journey of a Family:

Thursday, 18 May 2017

John: This morning I woke suspecting that the beautiful light energy I felt last evening was our unborn son, Benjamin John. Was that so?

Benjamin: I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and

I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried during April 1975.)

I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic going to what would be the equivalent of art college where I developed my artistic skills to quite a high degree.

And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so had I been your flesh child. My art I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which again I have healed and worked through, not unlike how it is for many people on Earth.

And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon. There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

I will not be coming back to you now that we've made contact this way through James, you can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.

Diversity of Religious Books and Platforms

FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Arrested and imprisoned early 1990s CE



Daligastia pair



Ironically, for the past 200,000 years, the foundation guidance and writings that have unfolded as religious institution have come through mediums who were inspired by mind Mansion World spirit personalities functioning in accordance within the Universal Contract governing the Rebellion and Default. There are no exceptions. Yes, they all have great contributions for society and the congregations that gathered to them. However, in compliance with the Rebellion and Default, you will observe that they all take the adherent deeper into their minds and away from their feelings, away from our Heavenly Mother and Father.

Further, women are persistently subordinated to the men. It is women who are closer to their feelings and should women have been allowed to have their say, they would have put an end to this misguidance and control of populations exerted by priests and clergy of all denominations.

Buddhism is remnants of the spiritual system of the Atlanteans. Thus, many of the major systems can be traced back into pole-shift eras of the past. Similarities prevail. Scribes in their endeavours of copying manuscripts have imposed their thoughts and assumptions thus bringing about a great diversity of opinion and consequently, confusion. Then political leaders have imposed their agendas. All in all there is great confusion, most claiming to have the only truth with none having it.

The Rebellion and Default have been allowed to run their course. As humanity is on the cusp of being able to destroy itself through the pressing of buttons, this is not being allowed. The ending of the

Rebellion and Default has been brought about through thousands of years of planning and progressive steps. We are now to live through our feelings, our soul-based feelings and have our minds follow by implementing what our feelings are guiding us to do. This is in total contra-distinction to how the rebellious Lanonandek spirits induced Earth's humanity to live. The mind will only get us a little way and that is in the direction away from our Heavenly Mother and Father.

Around the 1800s BC, Machiventa Melchizedek materialised in the physical and for some 80 years instructed Abraham so as to set the way for the arrival of the Creator Daughter and Son, namely Mary Magdalene and Jesus of Nazareth. Machiventa Melchizedek, being a high level spirit of the Melchizedek group from within our Local Universe of Nebadon is still prominent in what is unfolding today.

Through Jesus and Mary's incarnation on Earth in the 1st century, they completed their requirements to be elevated to full regency over the local universe of Nebadon. Nebadon has 3,840,101 inhabited worlds. Jesus and Mary's bestowal on Earth brought about the availability of our Heavenly Parents' Divine Love for all of the humanities throughout Nebadon. Further, upon their deaths, Jesus and Mary released their Spirits of Truth which are available for all of the humanities and it is through these Spirits of Truth that personalities can find their way up through Nebadon and out of Nebadon on their way to Paradise, the home of God, our True Parents.

Jesus opened the spirit healing Mansion Worlds 3, 5 and 7. Mary tutored while she lived in Egypt after Jesus' assassination. Five ladies from her tutoring were the first to enter the healing Mansion Worlds. There maybe now some 30 billion personalities within the Celestial Heavens who have healed themselves of what they personally took on from the Rebellion and Default. Until Jesus having opened the healing Mansion Worlds and the three Celestial Heavens, no spirit personality could progress out of the mind Mansion Worlds 1, 2, 4 and 6 – there are still some 200 billion personalities there. Humanity has been walking on Earth some 993,500 years.

Now we are being shown how to personally heal ourselves of what we each have taken on of the Rebellion and Default. Jesus and Mary were a bestowal pair from Paradise who did not take on the imposts of the Rebellion and Default, however they put in place the circumstances for a subsequent bestowal pair to do just that and through their personally healing they are able to show us the straight and narrow pathway and that is Feeling Healing, the New Feelings Way.

Should you read Matthew 7:14 of the New Testament of the Bible, you will now understand what was conveyed and just how much more has always been required to be said to be able to embrace our healing.

Matthew 7:14

George Lamsa Translation of the Peshitta

<http://www.studylight.org/bible/glt/matthew/7.html>

O how narrow is the door, and how difficult is the road which carries to life, and few are those who are found on it.

The Bible – Bible in Basic English

<http://www.o-bible.com/bbe.html>

The New Testament:

Matthew 7:14 The Good News According to Matthew

For narrow is the door and hard the road to life, and only a small number make discovery of it.



Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using your mind will mean the True Spiritual Pathway will always elude you. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

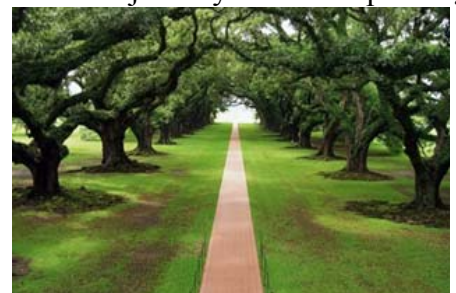
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And you may believe you are getting somewhere with your feelings, only to realise centuries later in the spirit, mind Mansion Worlds that you've still been leading yourself astray and away from your true feelings.

Surrender and submit willingly allowing your feelings to emerge and be expressed. Long for the truth your feelings are to reveal. Persevere. Allow your feelings to be your way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Neadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes you all the way 'Home'. It is a journey of ever-expanding Truth and Love.



NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we're living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as you can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

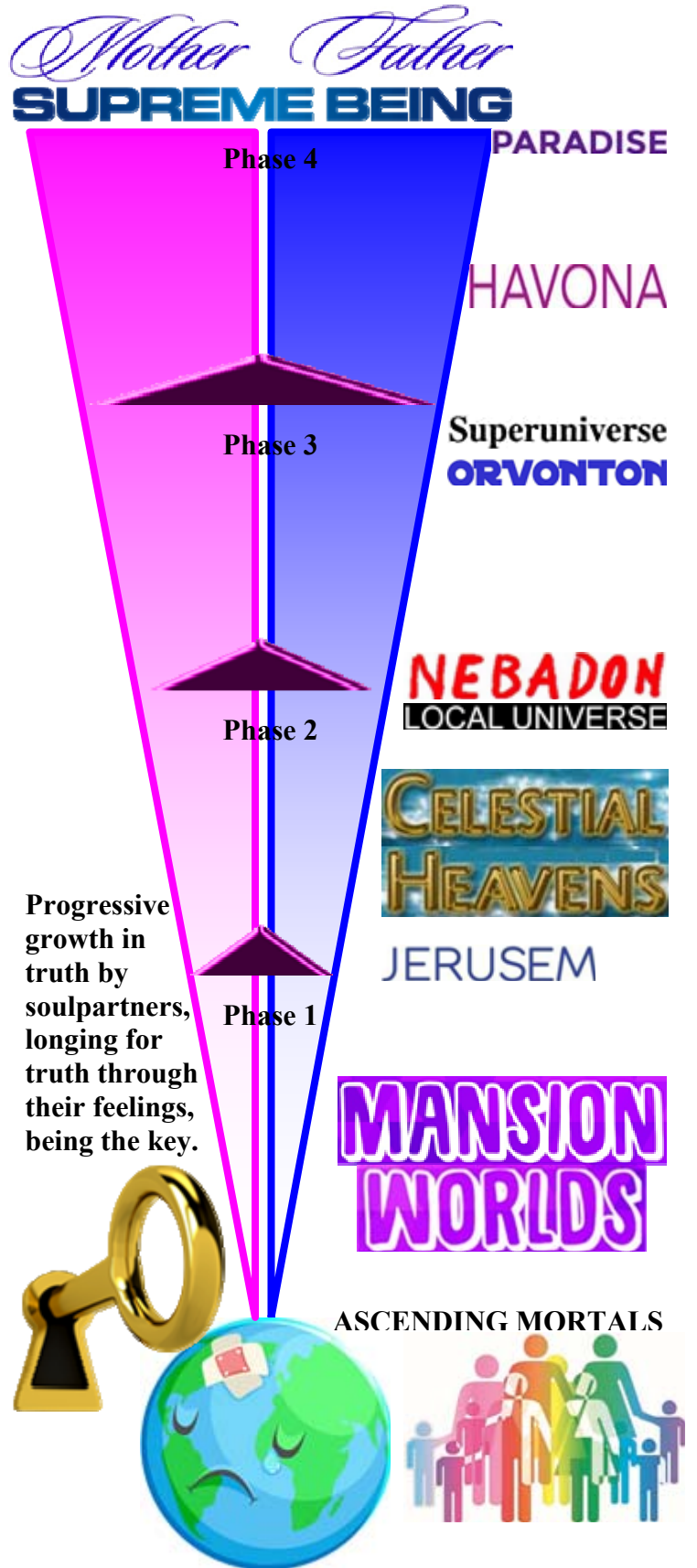
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The **New Feelings Way**.



FEELINGS are OUR TRUTH and OUR WAY to PARADISE:

It is our minds that we have imprisoned ourselves within. It is through our mind's addictions to control and its untruth that we have manifested all the ills, discomforts, social distresses and torment that prevails throughout all societies and nations on Earth and within the mind Mansion Worlds. All until we heal ourselves of our Rebellion and Default, that which was infused in us during our early childhood forming years making our mind take over.

We have forced our minds to live and involve us in untruth. We are stuck in a deep, dark rabbit hole and its dead end, until we embrace our feelings and live feelings first.

We ascend with truth that is progressively revealed to us through our Spiritual Healing. Feeling Healing enables us to resolve our Rebellion and Default; and with Divine Love, we will then progress into the Celestial Heavens. This being through the guidance of Earth's Avonal pair.

By continuing to embrace the truth of what our feelings reveal, we then progress up and through the Celestial Heavens of Nebadon, which contains the Truths Mary and Jesus are to reveal to us.

After ascending in truth through our local universe of Nebadon, we continue through the greater regions of our Super-universe of Orvonton; continuing with our Heavenly Mother and Father's guidance.

Then our Feelings will enable us to grow further in truth and enter Havona and eventually Paradise, the home of our Heavenly Mother and Father. We are created fully self-contained, designed to live through our Feelings. It is through our feelings that we "find our way home".



SPIRITUALITY was and will return to be the WORLD’S LEADING WAY OF LIFE:

The ancient Sacred Inspired Books were written for the purpose of teaching early man religion; therefore, man's first religion was the teachings of the Sacred Books.

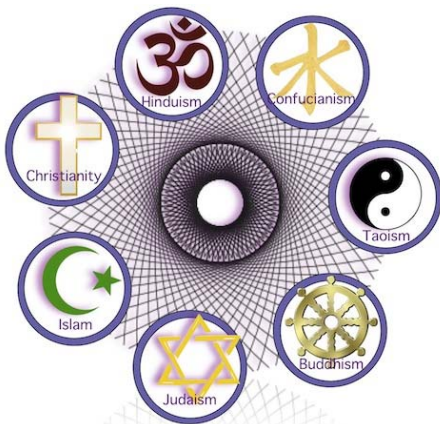
The basis of the first religion taught to man was – Love. The Love of Man for his Heavenly Parents, the Love of the Heavenly Mother and Father for his son, man, and the love of man for all of God's creations.

Man was taught to approach the Creator in reverence but without fear or trepidation, just as a child would approach his earthly mother and father knowing that open loving arms were extended to receive him.

Early man knew no fear of God, the Mother and Father, because he loved the Mother and Father and he knew They loved him in return.

All of the ancient teachings were the same all over the world, it was a universal church without sect, creed, theology or dogma.

Every teaching was plain and simple without a particle of theology. The most ignorant could understand every phrase in it. There was nothing of any kind indefinite. It was impossible not to understand it thoroughly. Man was taught to approach the Heavenly Parents, not with fear or dread, but with confidence, and above all, Love: as a child would run to its earthly father who is standing with outstretched arms to receive it. Love stood at the head of the 12 great virtues, because Love governs the Universe and the Heavenly Parents is The Great Love.



Now all peoples of all faiths and way of life can embrace the universal gift of our Heavenly Parents. This gift was available to the first family and again known in the 1st and 2nd century. Living with the Love is universally being taught through the teachings from 31 May 1914 and ongoing, by our Celestial Friends, and that gift is the light golden blue energy substance being the Divine Love of our Heavenly Parents that is shared with all who so ask to receive it. It is that simple, ask and you will receive the Love substance of God instantly. And now, from 2002, we are being introduced to Feeling Healing, the New Feeling Way.

**God's Divine Love: Pray for it, ask for it, and receive it.
Our Heavenly Parents simply desires for us to ask for Their Love.**

FEELING HEALING becoming a Way of Living :

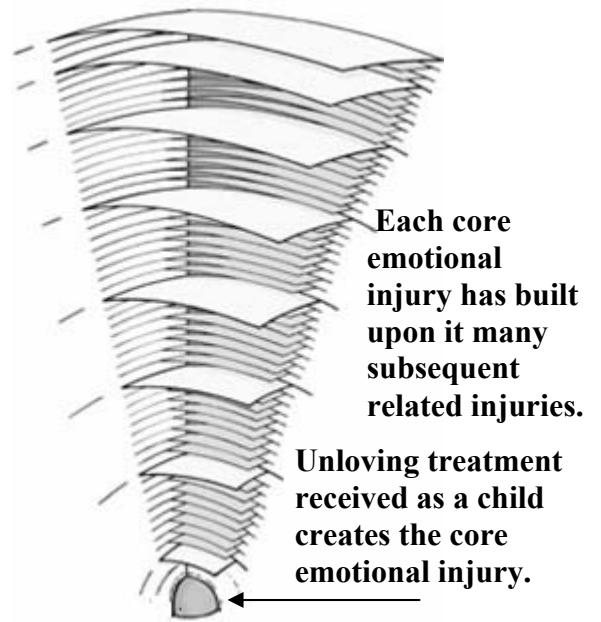
SOUL CONDITION luminosity is reflected through one's spirit body, thus all spirit people can see the relative condition of another. In this same way, a spirit person can see the soul condition of those living within a physical body.



LONG to KNOW the TRUTH of EACH INITIAL CHILDHOOD EMOTIONAL INJURY:

All emotional processing work addresses only the top layers over the core childhood repressed injuries. None of the modalities reach down to the mother injury, the core of the suppression, thus the relief from such processes is only superficial and at best temporary. Yes, they do identify the underlying cause of the pain and illness, and this assists in addressing the physical health issues at hand. However, we need to go further, much further.

To heal ourselves is to simply ‘look’ at the feelings we are refusing to feel, and accept them instead of denying them. And to fully accept them, we need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make us feel bad.



Admit you are feeling bad. Accept your bad feelings, identify what they are. Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings? You must always reach to the core issue, and that occurred during your Childhood.



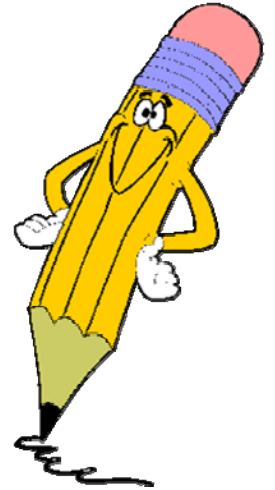
Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017



Rebellion and Default
officially ended
31 January 2018

EXPRESS ALL OF WHAT YOU FEEL, EVEN BY WRITING:

Generations after generation of parents have invoked the control of their minds upon their children. Our minds become contaminated with the confusion and errors of generation upon generation of corruption of how we are to live. Our minds are dedicated and addicted to the control of others. Our mind is like a super strong steel ball encasing our all true feelings which are brought to us by our pure and loving soul. We are taught to depend upon our mind, to discard and suppress our feelings, right from the time of conception. Consider how you were taught at school, more of the mind control domination that our parents instilled in us throughout our early childhood.



Golden Rule: that one must always honour another's will as one honours one's own.

To find truth, we need only look within ourselves to our soul based feelings. We are to express our feelings at all times. We are to follow our feelings at all times. We are to be our true selves at all times. We are not to be the façade self that our erroneous and actually evil mind imposes upon us.

We are to long for the truth or our feelings. As feelings come up, we are to express them to others, be that one's partner, friend, parents, our Heavenly Mother and Father, and even to our self. If you do not have a companion to talk out your feelings, both good and bad, with then talk them out to yourself. By expressing one's feelings, this releases them. Even by writing them down expresses you feelings:

“Write this, your feelings, for yourself. Start with a feeling and write it out. It doesn't have to make sense, it doesn't have to be for anyone, it is for you, it is you, what you feel, and that is all that matters, nothing else. You can be your own friend, friendly to yourself saying its okay Robert (or whatever your name is), you can write what you feel, there is more truth in your feelings than there is in anything else. Your feelings are the truth of you, so you can explore them, flow with them, through all the good and the bad. This is your path Robert, the way back to yourself, the trip you are now embarking on. This is what we want to read, it's what we want to hear about you Robert – all how you are, all how you're feeling. We want to be with you, reading what you write, getting to understand the real Robert, the real Robert that comes out of you as you write. Come to us Robert through your feelings, and you'll be coming back to yourself. And we all want to know the real you, all that's going on inside you – that's what we're interested in, that's what we want you to tell us. – Your unseen friends.”

Note from James Moncrief 8 April 2017

We are to be our true self, not the one modelled by those who were our carers during our early childhood years. We are to express and release the emotional harm thrust upon us from our upbringing and to live by our soul based feelings which are expressions of who we truly are.

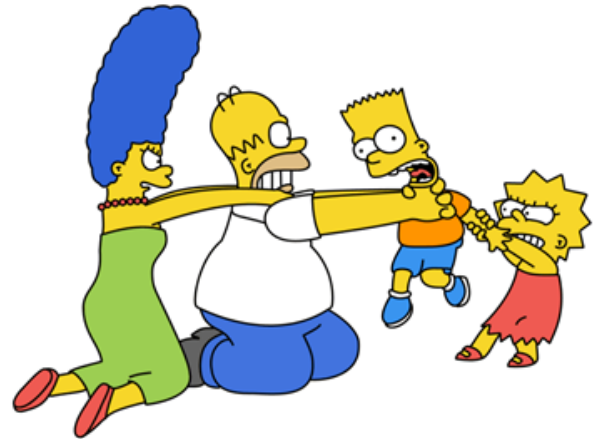
Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

A RANT WE all MAY NEED to EXPRESS!

Yes, so much anger is repressed in me, I was so angry at mum and dad for not fixing everything, for not making everything all right. I was raging at them and God because they are the boss, mum and dad, even making out to my little mind that they were god. And as they made me be how they wanted and demanded I be, so the same should apply to them, and I was demanding they make everything be good. And that includes being nice and loving to me, and to stop making me feel bad, and to take all my pain away. And the anger kept coming, but it's so difficult for me because it's down deep in me, like in the pit of my stomach, and I'm not just up there and out there raging with it, I feel it simmering away and I can't bring it up. I try and talk about all I'm feeling hoping to connect with it, but as usual I don't even really know why I'm feeling so angry – just angry with them, with everything, with myself for being so screwed up and full of this repressed anger I can't express.



And later it moved to just feeling how much I come from people who were all heavily repressed in their anger. Mum and dad, my four grandparents, two of the men dying of bone cancer (the other of lung cancer), all so deeply repressed. And mum and dad having sex in their 'love' for each other, which is only their vying for power over each other, and so I come into life a product of their repressed anger, of probably generations of it, long family lines of the bloody stuff, all of which has just got pushed down deeper and deeper.



Then I started to long to the Mother and Father to help me see the truth of my anger, and I starting feeling like I was a baby and so angry, screaming and crying, and yet with no one caring, and for so many hours, days, all those early months and first couple of years; and even feeling I was angry in the womb, coming into life with a stomach ulcer as I was already full of unexpressed and repressed rage. But I can still feel it there, like a smouldering cauldron deep down inside me. I just wish it would all erupt out of me, I'm so tired of feeling it and not being able to really get into it.

Mum and dad said they were perfect, even more perfect than God, saying it in sublime ways, not just openly, but giving me that impression. And so they are beyond reproach, I can't blame them, I can't be angry with them, they are the Good Ones, the Never Do Wrong ones. And all that shit about we're the Great Ones and you're not, always so competitive, all a power play, when all along they are the most imperfect ones in my life, stuffing me up so much, damaging me, making me into the nightmare of an evil person that I am. So they are the Bad Ones, Always Do Wrong, and NOT the Good Ones.



So once again I'm focused on the wrong perfect ones, not on the Mother and Father, but on mum and dad; and shit, what a laugh, it's enough to make you sick, or to cry for the rest of eternity – the sheer balls, the audacity of them to make such a claim, and yet they are the parents, the parents know all, the parents can never be wrong, the parents are always right and perfect. The parents are to be loved, honoured and obeyed. That is what it's all about isn't it? Looking to their evilness as being perfect, so looking to evil as being perfect, when it's not; and not looking to where the real perfection is, denying that, denying the truth, denying my true perfect feelings and living a lie, making up all this shit for myself about how I am, how I'm in control, how mum and dad are so good, and how much I love them and they love me, when it's all shit; and they don't love me and I don't love them, and there can't be any love because we're all imperfect. So if anything: we're all Perfectly Evil in our evilnesses. So we've got it all around the wrong way – again!



And to think I took it all on from mum, dad and the grandparents, all the shit about being perfect and superior and not needing anything or anyone, being able to do it all myself and know it all myself – yeah right – who in the hell was I kidding.

(These notes are drawn from a forum post by James Moncrief)

I hate how you act like I am so much to deal with when all I've done was sit here and let you repeatedly hurt me.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

WE ARE Children of God

Life Cycle of **CARNAGE**



When we inflict will damage on others we cause serious pain, not only to them but also to ourselves. We don't think what we have done warrants any sort of punishment even though we have negatively affected and influenced people by inflicting our will on them against their will.

Golden Rule: that one must always honour another's will as one honours one's own.

It's hell here on Earth, only some aspects of life are worse than others, until we partake of the Father and Mother's Love and long for the truth and set about doing our soul-healing.

These are the effects of the Divine Love when we are wanting to live true. When we set about longing for the Truth of our feelings we can't escape any longer. We have to face the truth, and express all our bad feelings.

How can we make amends?

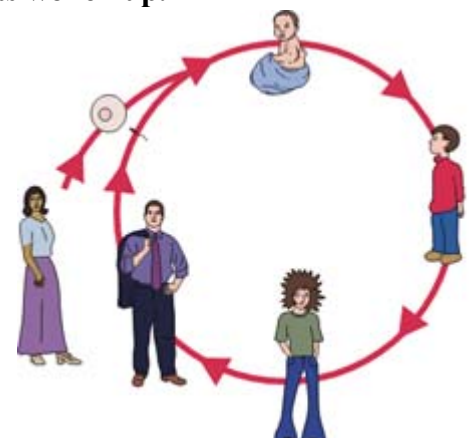
All we have to do is totally own up to these bad feelings. Accept them and don't push them aside. Let them come. Allow yourself to feel as bad as your feelings make you feel. It's all very good. We can't actually go back and fix what's been done, but we can take responsibility for our feelings. So far as our soul exists there is no time, so we can express these feelings now and they will apply to the past back then. This is how we do our soul-healing. We have allowed the Divine Love to transform a little part of our soul, and it's brought up bad feelings, we have gone with them, we have allowed our self to experience them, all because we want to see the truth. The truth of our self, of what sort of person we are – of our life, and now this is where it begins. Today we have seen this part of the truth of our self, how in this situation we are uncaring inconsiderate, greedy, etc. And we have not liked what we have seen and would like to change our self so we aren't like that any more...

One may wish they were never like that... Not having any idea...

But now you do. And now that you know that you do, you have the choice to either continue as you have been or not to. And by choosing not to, the Father and Mother will change this part of you, a small part of your negative mind will become healed, and a part of your soul will be transformed. You have changed, because you've seen and accepted the truth about yourself. You will never be that person back then ever again. A part of you has woken up.

We feel this way because it's how our parents have made us feel when we were very small.'

The truth is we feel this way about ourselves, because we have been able to see that we don't treat other's with respect and this has to be coming from somewhere within us. We haven't just made it up. What we are as an adult is all from what we've learned to be as a child. So we have learnt to be this way. A child is not just born evil contrary to what some people believe or would like to think. We all start out as pure souls of love, and if we become evil, it's because we've learnt that that's



how someone, usually our parents, have wanted us to be. They have made us into what we are. We've learnt to be that way because they treated us that way. So our parents treated us as we now treat other people.

We believe our parents have loved us and yet we can do something so unloving. Had they truly loved us then we would only be of love and only able to treat others lovingly, just as we would be treating ourselves. We can't be something we are not. So any unloving act is you, you haven't just suddenly made it up; it's a part of your behavioural makeup and is governed by your mind's beliefs. We have evolved it, and the only time we could lay down such foundations was during our early childhood. In some way, on some deeper repressed and therefore unconscious level, are the memories and bad feelings of our parents treating us un-lovingly, just as we have treated other people.

And our parents themselves will have been treated in the same un-loving way by their parents and so back through the generations. The whole unloving truth and way of behaving has been long since buried and covered up by false feelings and false beliefs of love. Had you been completely loved and treated accordingly, so too would you treat all others, for we do to others what we do to ourselves and what was done to us.

All we need to do is keep praying for the Love, and longing for the truth. The only way we can truly let go of our bad feelings is by **SPEAKING THEM OUT OF US**, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

To liberate one's real self, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

And step by step, the Mother and Father will take us through our soul-healing, helping us to heal every part of ourselves, every mind circuit that is not functioning in harmony with Their Divine Love and Truth and the Laws of the Universe.

These notes are drawn from "Paul – City of Light" by James Moncrief

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

This is the Pathway to end the

EARNAGE

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

FEELING HEALING with DIVINE LOVE:

Reflect upon your involvement with a partner and how you may have taken so much for granted. You will feel yourself sinking back into bad feelings like those previously experienced when recalling harmful treatment and events. And there is nothing you can do. It is a matter of go with it, accept them and try to speak them out, express those bad feelings. This takes effort and perseverance.

You may feel unable to speak out how bad you may feel because of other people being present. We don't want to look like a fool. Consider to speak them out in your mind. Further, speak them out to the Father and Mother!

'Oh god, God, I've been such a bad person; I feel I've been so unkind, so selfish, so chauvinistic. I haven't considered the other person at all, I haven't even asked him / her what she / he thinks and feels about things. God I don't even know her / him, I was going to marry him / her without knowing anything about her as a person. I wanted her pretty face and good body, that would do me fine, it would fit the bill, look good in the picture, she'd be the dutiful mother and wife, and we'd live well. I'd go to work every day, make us lots of money and... Oh God it all seems so futile, so meaningless. I feel so bad, I'm so sorry, oh I wish I could tell her; I hope she forgives me... Oh these feelings are awful; I can't believe how bad I feel. One minute I felt okay the next I feel like I've fallen down a great hole. Shit, how can I get out, there seems like no end to it... no end to all the bad feelings. And I don't like feeling bad. No, I don't! I've just realised, Mother and Father, I don't like feeling bad. I HATE IT! Can you Both help me? Please! What is it that I am to ask You for? Oh yes, how stupid of me, the TRUTH! Can You both help me to see the truth of these bad feelings. Why do I feel so bad? I don't want to feel bad. I don't want to be an inconsiderate arsehole. I don't want to be like that with her. Can You help me to change. Please Mother and Father can You heal me, can You help me to see the truth You want me to see! Please...'

You may find yourself sitting with your head in your hands, totally absorbed in your self. The feelings may continue to well up from somewhere within yourself. You might keep moaning and groaning. You may feel oh so bad! After some time you will lift your head up. You may not really be looking at anything, you may still be seeing memory pictures of how uncaring you may have been, but your bad feelings may now seemed to be lifting. You may be still breathing heavily and your lower back may cool from sweating. You may be feeling hot. Like the passing of a huge dark thunderstorm the clouds may seem to lighten within you and now a ray of sunshine may be poking through. All will not be lost. Perhaps you were not that bad. You may take a few deeper breaths and then feel a stirring within your self and realise you may want to long to the Mother and Father for Their Divine Love.

Consider settling comfortably into a seat, close your eyes and then followed the inspiration longing with all one's heart to God for Their Love. Immediately you may feel what you may know to be the Holy Spirit coming about bringing a feeling of its presence, a closeness to you, and then the familiar light cross over and start flowing into you. You will once again be receiving the Divine Love of God into your soul and It will feel good.

'That's it, that's the big choice, asking for the Divine Love is one thing but what it's all really about is choosing to wholeheartedly to live God's Will. To be prepared to do what ever it takes, knowing that it will all work out in the greater scheme of things and for the best of all concerned. Surely it will all be, in the final outcome, perfect, just as God is Perfect. So to choose to live the Will of God is to choose to be perfect, because God is Perfect!

Notes are drawn from chapter 'Day 7' of "Paul – City of Light" by James Moncrief.

DIVINE LOVE without embracing FEELING HEALING:

Once you receive the Divine Love throughout any stage in your healing, it's as if you can't go back on yourself, even should you want to stop doing your healing and return to your former life. Your progress, is, if you like, 'locked in'.

And what about for those people longing for the Love and not doing their healing?

They are merely receiving and so accumulating the Love for when they do start their healing and start to grow consciously in truth. When one consciously embraces using one's feelings to uncover the truth of oneself, and so begins one's healing process, then one is fully consciously growing in truth, which is a vastly different way of being than just doing a bit of healing and uncovering a bit of truth by default, without really knowing what you're doing, so without your will fully engaged and focused in the healing truth-seeking process. And such people can have experiences and a small awareness that they are growing in truth, but nothing compared to what they will experience when they are doing their healing through their ongoing feeling acceptance. That is a whole different level of life. And that is 'real' or true soul growth of truth. That is fully embracing your ascension of truth to Paradise, whereas doing a little bit of healing through self-examination or some form of therapy or spiritual work, which may even come about as a result of consciously longing for the Divine Love, is not anything like embracing 'Feeling Healing'.

Feeling Healing is living allowing your feelings to lead and guide you in your growth of truth, it being how one is meant to live. And it's evolving yourself out of the evilness and anti-truth that you're in. It's a completely different way of life, and one that as yet hasn't been embraced on Earth. The Feeling Healing brings about inner changes in your personality structure of mind, will and feelings that come from your soul, so you as a whole person do change as you progress in your healing. Changing to reflect the growing truth that you are. And so when you partake of the Divine Love, inner changes do occur, more in keeping with what Jesus told James Padgett, but only and all because you are doing your healing, which means, you are striving to live true to yourself.

All those people who are still receiving the Divine Love or believing they are growing in truth, and are not doing their healing, are not having the same relationship with the Mother and Father as those people doing their Feeling Healing are, as they are still only wanting to further their rebellious mind and will, which of course they can do. So such people can currently receive the Divine Love, but it won't affect their soul until they do their Soul-Healing. So the Divine Love lies sort of dormant within their soul, waiting for that time. So one's relationship with the Divine Love and givers of such Love, is different to those people. And it's vastly different for those people doing their Feeling Healing, because they are wanting to end their evilness by becoming true to it, whereas for those people not embracing Feeling Healing, they are still wanting to further it by living increasingly untrue to themselves. And so you can't compare the two ways of being.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6th Sphere. We do not have immortality without having received Divine Love.

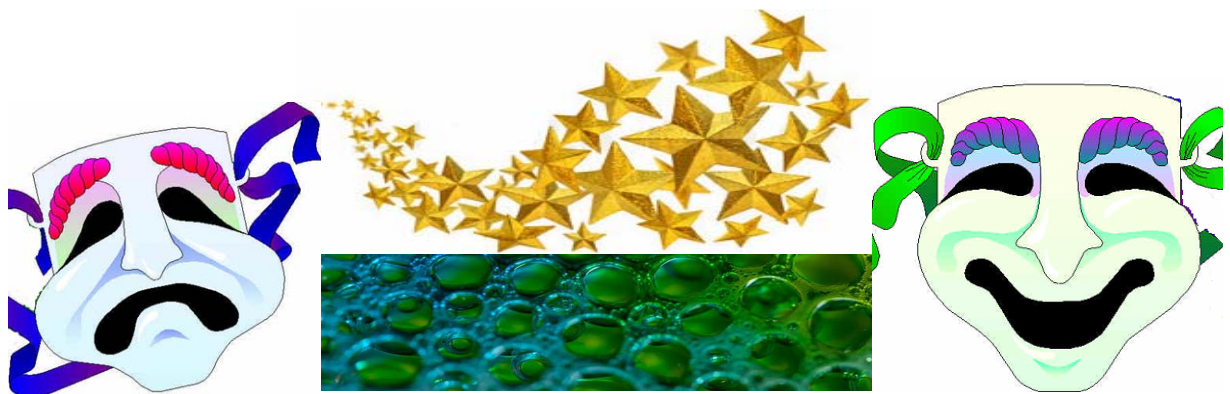


Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8th sphere, should we have engaged in the process of Feeling Healing, and above, then progress further to enter the Eternal Spheres, then the Infinite and Universal Spheres, and then further on towards the Spheres of Paradise.



We are endowed by our Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.

SELF CENTRED ACTIONS and AGGRESSION HAS CONSEQUENCES:

Any action that causes harm to one's self, or to another, degrades your soul condition. Your soul being your real self.



We may have a big powerful physical body, but our real strength is the condition of our soul. Should we assert our unloving nature and desires, then our soul's radiance and energy is progressively degraded. This can extend to the point where our soul's radiance is nothing more than that of a dried up darkened garden pea.



Our soul condition is reflected through our spirit body for all to see. Upon entering the spirit world, into the 1st sphere, a healthy loving soul will be reflecting out through a spirit body the same size as that of the physical body whose personality has now separated from that body.



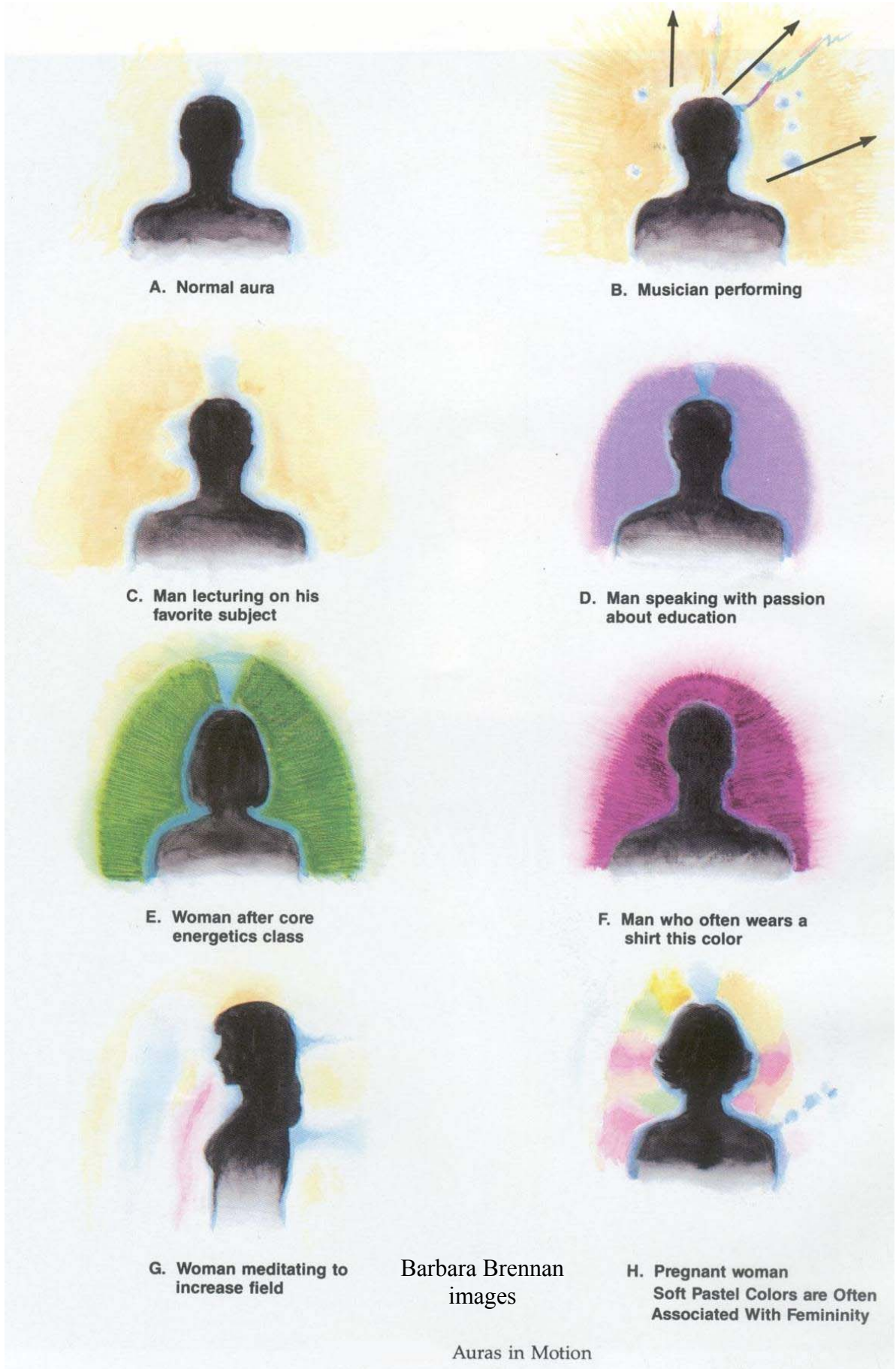
A degraded soul results in a significant diminishment of the size of the spirit body. The poorer the condition the smaller the spirit body – significantly smaller. Further, there is little to no radiance, therefore, little to no light. There is greatly diminished capability in all aspects of spirit life and a great loss of the capability to move about.

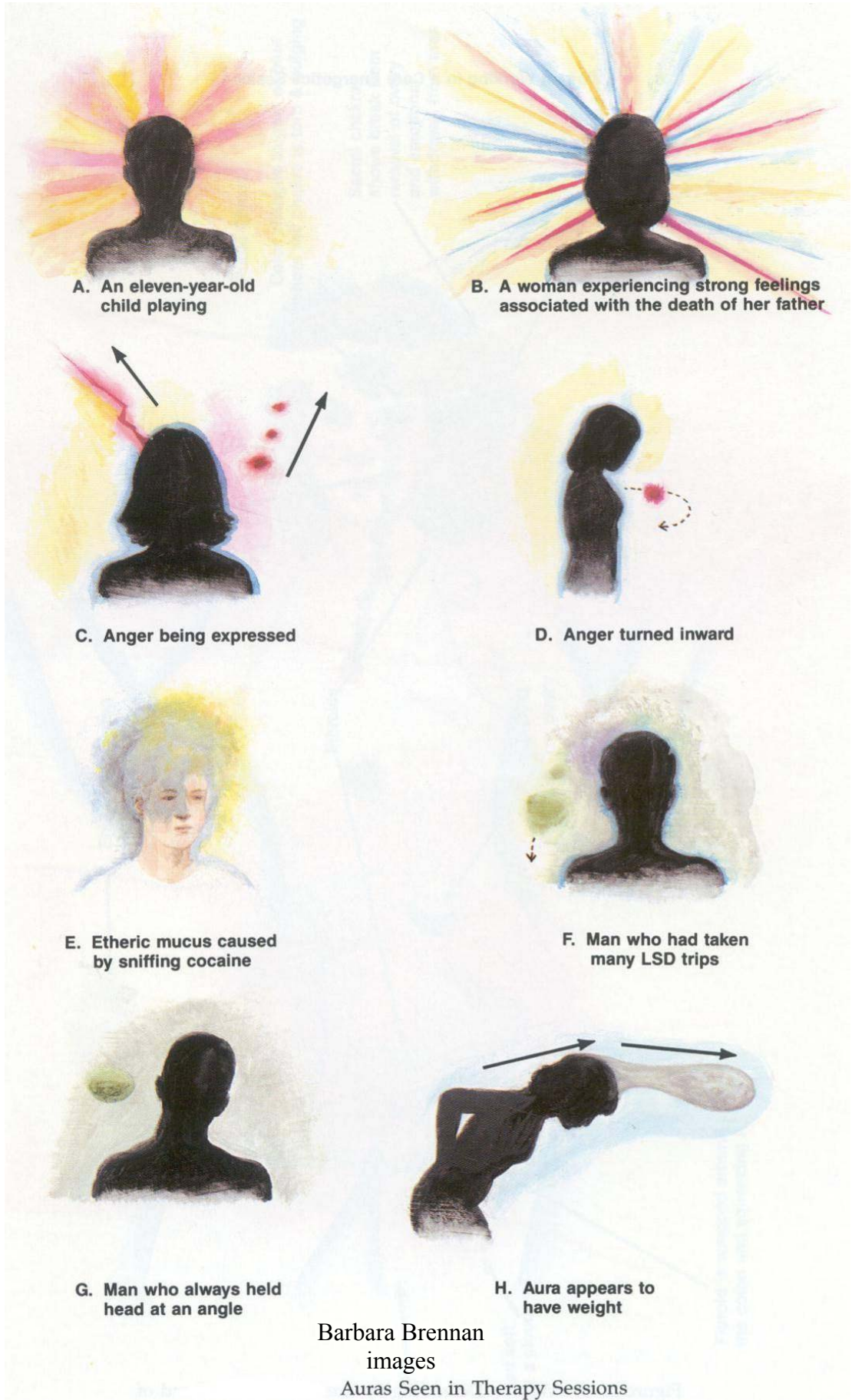
In this condition, one is isolated into a very lonely dark environment to begin the long process of recovery and development of love for one's self and for all those around them.

One is always being loved, and help is always available, one just has to learn to accept this offer of love.

One can always recover and grow in love from what ever condition they may find themselves in.









THE EMOTIONAL GUIDANCE SCALE

UPWARD SPIRAL HPF

1. Joy / Knowledge
Empowerment
Freedom / Love
Appreciation

2. Passion

3. Enthusiasm

4. Positive Expectation
Belief

5. Optimism

6. Hopefulness

7. Contentment

Feeling loved, wanted and accepted.



DOWNWARD SPIRAL LNF

8. Boredom

9. Pessimism

10. Frustration /
Irritation / Impatience

11. "Overwhelm"

12. Disappointment

13. Doubt

14. Worry

15. Blame

16. Discouragement

17. Anger

18. Revenge

19. Hatred / Rage

20. Jealousy

21. Insecurity / Guilt
Unworthiness

22. Fear / Grief / Depression
Powerlessness/
Victim

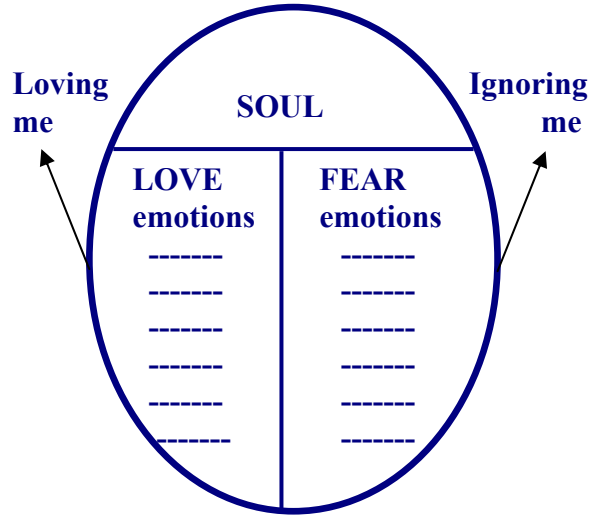
Feeling unloved, unwanted and rejected.



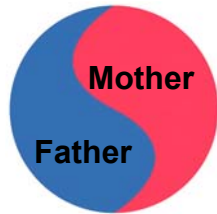
It is only the Love that forgives sin, dissolves the errors and fits a person for a higher habitat. Man, left to his own devices, can require many centuries to grow and then cannot enter the Celestial Heavens. Embrace the Feeling Healing process with the Mother and Father's Love to complement one's personal willpower and grow in soul condition exponentially throughout all of eternal journey. This you can commence to do so now!

TAKING PERSONAL RESPONSIBILITY:

Long for truth for the truth of my feelings, both good and bad, 24 x 7, and express what is being felt. When we take personal responsibility, we desire for truth all the time.



My direct connection to God is dependent upon me longing for God’s love from my heart.

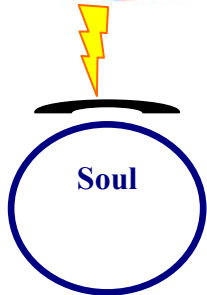


GOD

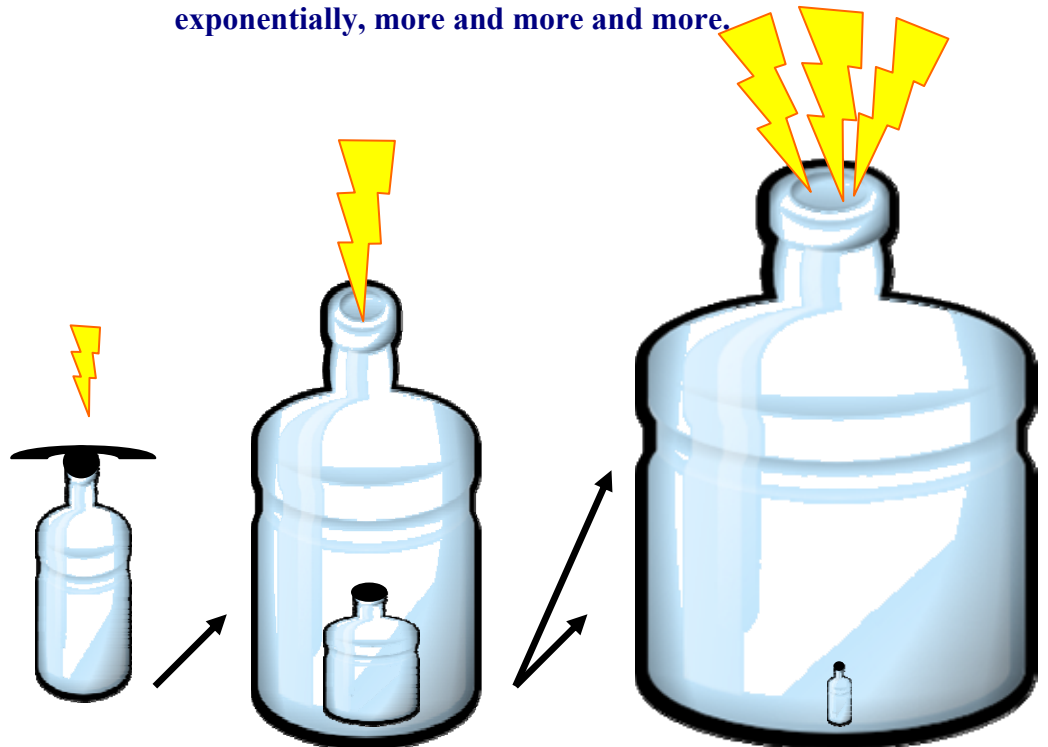
Our Mother and Father’s love is waiting to enter you at every moment.

What opens the barrier is a pure desire (longing) for God’s love.

With this barrier / lid off, God’s love flows in, growing the soul exponentially, more and more and more.



The soul can be likened to an ever expanding bottle, with the lid on and blocked, it does not grow, when lid is off, it expands.....



CLEANSING the SOUL:

Years and years of personal endeavours to step away or above harmful habits and personality traits that are harmful to others and one's self have been mainly futile. We all want to grow in our love for ourself and of others.

Our beautiful loving personality that we are blessed with at conception / incarnation becomes encrusted with errors and personality issues of those around us, particularly during our early childhood. The personality of those living around us, during our early years, becomes encrusted over our pristine soul thus clouding our radiance into dullness. We become mind controlled!

Our Heavenly Parents want what is actually best for each of us and there is a source of light that's willing to give it to each of us, but only at our soul and spirit's quest for union with the divine. Not our ego's need for things.

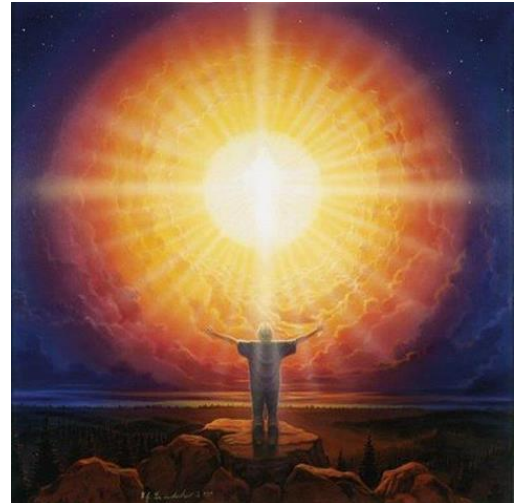
It is only with our Feeling Healing and the infusion of the Love, that the Mother and Father conveys via the Holy Spirit, do we start to dissolve negative issues, habits and personality errors from our soul and personality. Our personality is part of our soul structure.

All we need do is ASK for this Love. An earnest longing and desire for the Mother and Father's love will never be withheld, it will shower over our spirit body, the template of our physical body, and be absorbed into our soul. As the Love permeates through our soul, errors of personality will slowly but surely dissolve.

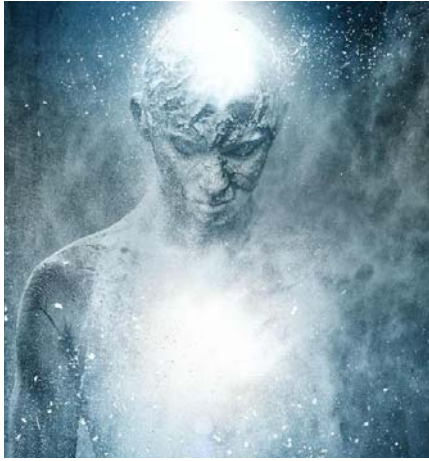
Over time, as we progress along our path of asking for and receiving this love, the natural love which we were blessed with prior to conception will be progressively transformed into Love that is Divine. This Divine Love will slowly emerge as radiance through our being.

With Feeling Healing and this Love we find harmful habits and personality traits become a distant memory. With this Love, we find ourselves unable to harm others or ourselves. With this Love we find our quality of life blossom and joy starts to emerge in all aspects of our living.

With this Love we become immortal. With this Love we become fitted for the Heavens that the Mother and Father have prepared for us all. Just ask and faith, love, and happiness will follow. Yes, just ask!



SOUL CONDITION / EMOTIONAL HEALTH ENLIVENS with DIVINE LOVE:



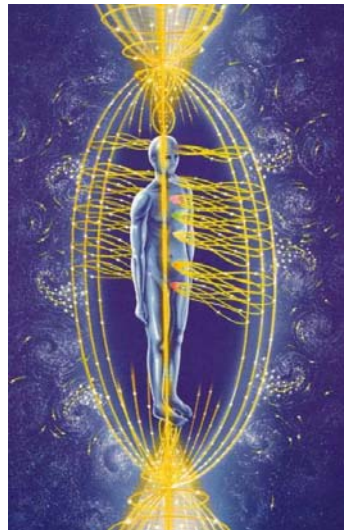
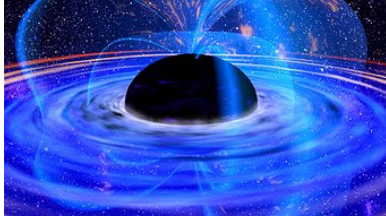
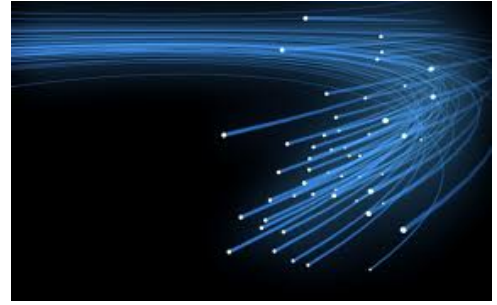
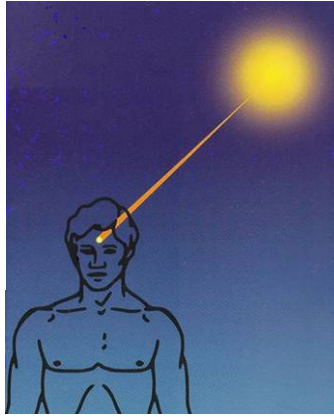
Asking for and receiving our Heavenly Parents' energy of Divine Love slowly assists in dissolving and removing man's negative emotions and subsequently brings about a vibrant, radiant soul that emerges as an outgoing happy and loving living personality. With the God's Love, which is a substance, and embracing one's Feeling Healing one can progress from any dark and depressing situation to that with resilient faith bringing about a quality of life that is Heaven on Earth.



CONNECTION with GOD:

**Holy Spirit / the Spirit
infusing Divine Love.**

**Progressive escalation of
Divine Love flowing.**



EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

The Voice of Divine Love

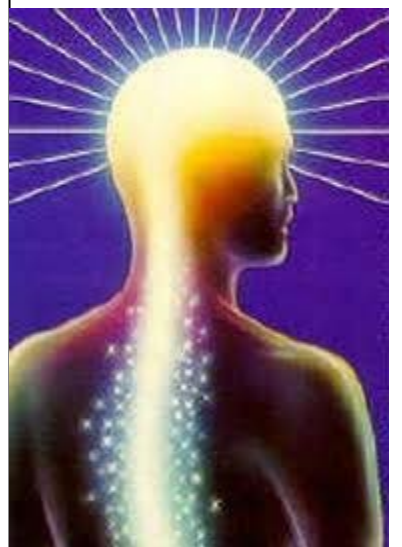
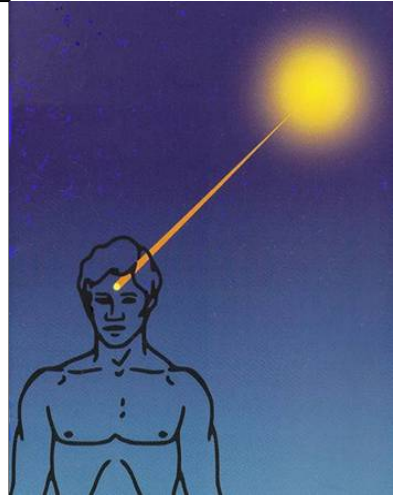
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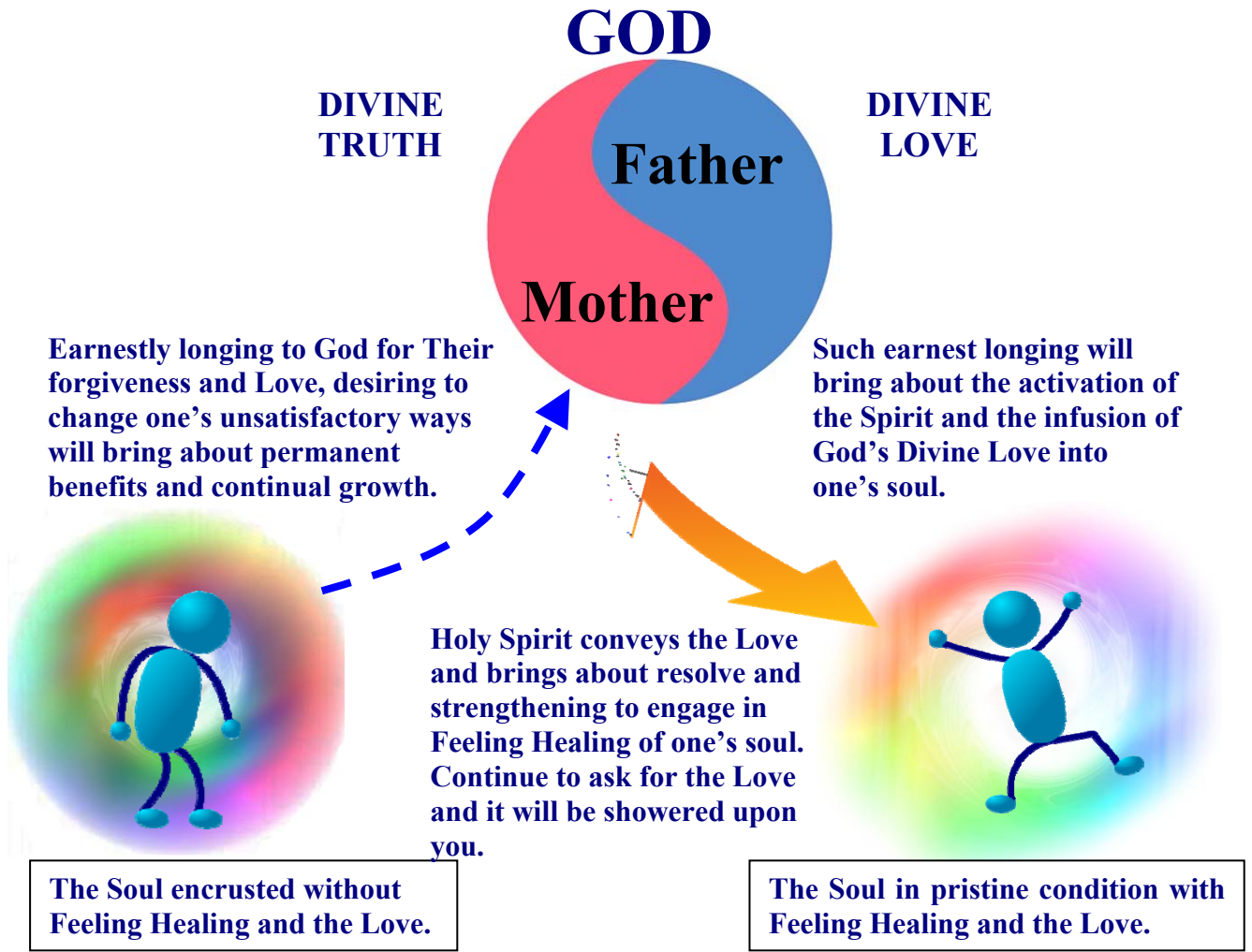
As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Heavenly Parents to us all.

MoC 1,500





**LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:**

**1<sup>st</sup> sphere, lower regions – Natural Love MoC 50+/-  
The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.**



**The typical soul condition of humanity is such that they generate the luminosity of a single candle.**

**1<sup>st</sup> sphere, mid regions – Natural Love MoC 210**



**A soul that has grown in love and soul condition equivalent to the 8<sup>th</sup> sphere – the point of becoming at one with God. The luminosity of such a soul is equivalent to the midday sun.  
8<sup>th</sup> sphere – only possible with Divine Love while doing one’s Feeling Healing! MoC 1,000+**





## **FREEDOM through TRUTH:**

# Who hurt me when I was a child?



**It Shouldn't Hurt  
to be a Child**

Who hurt you when you were a child? Ask yourself this question. Allow yourself to surrender to what you feel. Long to know why you are now feeling absolutely pissed off. Why in the hell do I feel so absolutely abandoned, unwanted, unaided and worst of all unloved? Why am I now feeling this way when that happened to me years and years ago?

**'I had a pretty good upbringing' in comparison to other people.**

**Parents have NO understanding of Love.**

**Parents have NO understanding of Law of Free Will.**

**Parents have NO understanding of blocking emotions.**

**Parents have NO understanding of causal / core emotions.**

# The Rejected Ones

## “Live True to your Feelings”

### Message 1

19 November 2002

Hello James. I am so pleased to be the first spirit to write to you. My name is Zelga and I'm a spirit from the 'seventh heaven'. I want to speak with you, as there is something special I want to tell you. It is not generally known on Earth, but it is of great importance to us over here.

I, and other women spirits, want to write about truth: that which we know, but has been hidden from your world and is crucial to all mankind. We also want to write about the subject of women, as we are so maligned on Earth, and we want to do something about that. Compared to men, we women have suffered a great deal and only rarely have we had a public voice in which to speak our truth. And, as you have gratefully given yourself over to our cause, I am very excited and eager to begin.

### Message 2

20 November 2002

Hello again James, it's me – Zelga. I want to continue with my introduction. I want to speak more about the plight of women on Earth.

Women, as yet, have no one spiritual in whom they can look towards as a role model. And Jesus, as perfect as he is, is still not a woman. Women (and men) need a female spiritual role model. We need a balance, and until women get it, they will still believe they are secondary to men. Even the 'modern' women of today still have unconsciously buried within them such beliefs. The modern woman might believe she has more freedom being able to live more like a man, but all she is doing is covering up her feelings of unimportance deluding herself that she is gaining men's respect. The modern day working-woman is leaving the family and her children increasingly in the hands of other people. She is being less responsible for herself as a woman. By increasing the rejection of her child, by trying to be more equal to the man, is I'm afraid, wrong. Anything that inflicts hurt, pain and suffering wilfully on another, is wrong. And she is wilfully doing it. The fact that she refuses to see the effects of her actions on her children does in no way excuse her from her wrong-doing.

Modern woman is desperately trying to escape the shackles of drudgery many of us had no choice but to accept, however that doesn't mean that she is doing right by her children. I'm not saying the answer is for women to just give up wanting to go to work and be independent; all I am saying is that the rejection of one's child is what needs to be seriously considered. There is no way out of the problem as things stand, either way will penalise the child, for a child suffers just as much from being with parents who don't want to stay at home all day with it, as it does from neglect and absence from working parents, both situations being a product of the negative and wrong state everyone is living. The only way to deal with the problem is to look to Mary and Jesus and the Mother and Father for help, and what I want to convey to you is a part of this help.

In truth, many of the old ways of doing things have in fact been more real and true, however, such things will only come back anew to those who choose to live the truth of our Heavenly Mother and Father's Divine Love.

**Within each woman is her soul of truth, and if she chooses to live true, then innately she will know how to be a woman and how to be a mother and how to be a grandmother – how to be her true**

**self. And she will be able to know how to be these things as well as still being the free child of her Heavenly Parents.** This should be, and one day will be, the aspiration of women. (And yes, the same is for men of course on the other side, but for now our intention with this book is for women. If men wish to read it they can draw for themselves the parallels they need, just as we women have had to do this for ourselves for such a long time with only the man's point of view being acceptable).

Women are needed and are as vital in the Mother and Father's creation as men. It is such a relief to finally to be able to speak of the Mother in such a way. For so long we Divine Love spirits have only been allowed to refer to the Father when making reference to God with mortals or those in the lesser natural love spirit Mansion Worlds. Previously, for planetary and universal reasons, such things have been necessary so that the Mother and Father's Plan can be fulfilled. However, now for other such reasons, we can begin to balance the scales. We can now begin to openly speak to you on Earth about Mary and most importantly – our Heavenly Mother.

Humanity is so one sided. Can you imagine the full incorporation of the feminine aspect of truth? For so long only the male side of things has been available to souls seeking the truth, and with the other half missing, causing such confusion. Imagine the Church if it were to fully accept the feminine side as a real and wonderful addition of truth. It would of course no longer be the Church, and wouldn't that be a blessing!

Women for the most part are not seen as being interested in, or being able to be interested in, the truth and spiritual matters. It has been men's business while the woman gets on with her area of life – raising the children. However, as I might inform you, the raising of children is not and should not be devoid of truth and spiritual understanding – nor should it be devoid of men! It should in actuality be the focal point and wellspring of all truth, for it is within the womb of women that the new seed of truth is begun, nurtured, and brought into the world. It is sad to see that the truth of women is far more of a secret than that of men's, and unfortunately, a secret to women themselves.

Women are a storehouse of truth. Men have long been freer to reveal their truth, although have failed to do so. Men by their nature can be more impersonal and this is proving to be their stumbling block. Men are living too far away from themselves and need to come back. But their trouble is that the truth they need to do this with lies within women. **And so it is that the salvation of humanity and the healing of all souls will be brought about by women: women striving to live the truth and then helping men to see it from their perspective. This will bring about the balance for both to live equally together and to live finally, lives of love.**

As you have discovered for yourself during your healing James, it has been your mother whom has denied you her truth, as in her deluded condition she is not aware of such truth, and as a consequence she rejected you and pushed you away from her. You have been forced away from your true self, out further into the impersonal (as had your father by his mother), and too far for the good of your soul, so with Marion's help you have been coming back. And Marion is the living example! She is for you 'the way', and your great struggle is to accept the truth and love from a woman when all you unconsciously believe, thanks to the negative and unloving influence of your mother and grandmother, is that all women hate you and will reject you. To accept your wife, while looking at her through the same eyes that only saw rejection from the first woman in your life, is your great struggle. And your life is thus far a testament to that struggle.

You felt powerless with your mother and grandmother and hence powerless with all women. You have sought women who you believe will only be nice to you as you so longed for your mother and grandmother to be. And when they are nice you have wrongly believed that you have gained power.

So now to see you allowing yourself to truly be powerless with Marion; willingly allowing yourself to be powerless and not fighting to overcome it, all so she can help you to see the errors of your ways, has truly been an inspiration to us. Your struggle is representative of the struggle for all men. It will take a longing to be humble and a want to live with humility, that will enable men to help women come out of their prison, so women can help men to feel less scared of them.

The self-righteous modern woman of today is nothing more than a woman who believes that she has some support from her father, and that if she speaks up will not be humiliated by him. The world of men is currently tolerating such women, but as to how far they can push men, we wait to see.

Women have tried valiantly to live what they believe to be the truth. In the Christian families they have supported the Church and adhered to their understanding of the Bible with all their hearts; and in other religious families they have and are doing the same. However to them, and I am speaking generally, their heart's desire; their deepest longings for fulfilment, have been left wanting, their purpose of higher than being a mother, still yearning to be fulfilled. But now women will be able to go the whole way if they choose. With this new revelation and understanding women will be able to look towards themselves for such answers, no longer needing the approval of men to know that what they feel is right. They will be able to 'seek within' and they will find that they will be able to do it much easier than men.

**Women simply lack the confidence to know that they can know, and know it all, for themselves. They can live perfectly with God without the Church and Bible (they both being men's creation). They can live perfectly well with their Holy and Divine Mother and Father, and just as easily as any man can do.** And they will also come to know that they have all the right and blessing from the Mother and Father to live as true to their soul as they want to. They can go into the realms of the personal with increasing confidence, and then demand that their man and men take real notice of them. In time we spirits can see that women will gain their independence through knowing their truth, and it will be women who will help men heal themselves of their problems, and in particular their sexual ones.

Women have been unjustly accused of a lot of wrong-doing. The Bible's condemnation of Eve is bias and does not allow any room for the thought that the man – Adam – may have in fact been responsible for the default and not the woman. It will be brave men who are willing to re-look at all such beliefs objectively supporting the women's view at the detriment of his own. The men's club is very secluded, and many such men will think that all this is a lot of baloney, however long after such men come into the spirit worlds they will wish and long for the help of the very women they do despise.

**Our Mother and Father are a soul-couple. Two who are of One Soul. And we are of Their image: woman and man. We are created to be together, as They are together. To be together forever, so the truth of soul mates is real – very real. And so it is: that for every woman there is a man and for every man a woman. For men and women to believe that this is not so, and try to love only each other of the same sex, is sadly only a reflection of the inner torment they are suffering.**

**Men and women are destined to live, not only harmoniously together, but also completely and perfectly in love. And as women begin to liberate their truth, and it comes into the world bringing the balance so desperately needed, then men and women will both see that living with such love of and for each other is a possible reality; and something to live for, and to hold as the highest aspiration of life. Women and men as soul-mates (soul partners) are to become as our Mother and Father are: completely in love and at-one with each other. However, as we live now: completely unloving of each other, we have as a whole, a long way to go. And if you think this is untrue, wait until you start doing your soul-healing, revealing such truth to yourself.**

**We are meant to be as children, together with our Heavenly Parents. We are meant to serve each other and not to try to have power over one another. Most of this is known and many people long to live this way, and some even believe that they are, but until the focus is brought right back to the relationship, and the relationship only, it will not be achieved.**

**God, now consisting of our Mother and Father, is a relationship. They are Relationship. They are Soul with two distinct Personalities continually expressing love for one another. I know this concept may sound difficult to understand, however that is only the mind with its usual difficulty. For such truth is not to be understood with the mind. It is to be soul-perceived – felt – and just known. The mind need only then accept it, understanding the reality as required.**

Men and women are in a very bad way James, far worse than anyone has been led to believe. The Mother and Father are allowing you – humanity – great freedom to express your disbelief in, and denial of, Them. And you will be allowed to go even a lot further living lives devoid of truth and love. The Earth is an incredible world. It is very unique in many ways, most of which are still unrevealed to you and will remain so for quite some time to come. It has a very large capacity to accommodate men and women who choose to live such irresponsible, self-denying lives. It has the capacity, so I am told, to enable the outworking of the Rebellion and Default to a very high degree. And this of course was the reason why Mary and Jesus chose to have their Earthly or mortal incarnations on it.

However even amongst all this doom and gloom, the sun will keep shining, and the Sons and Daughters of God will keep coming. And so it is now that this new truth, being personal and solely concerning the individual person, is at hand.

Jesus came to re-reveal some of the truth of His Father as is written in the Padgett Messages (1914-1923), so as to further underpin and stop humanity's descent into impersonal darkness. And with the mercy and goodness of his soul, he is reaching out to you offering some relief and hope to those who do long to live true. This glimmer of light is now available, and as it has helped you, James and Marion, so much, so too is it helping other people to begin to feel the Love of their true Heavenly Father. And now I am going to add Mary's revelations.

James, I want to have a break now, so let us resume in a little while. Please rest for a time and continue when you feel you would like to.

Yes James, let's continue. As I was saying, it warms our hearts to see that humanity is soon to take another step of truth, and all with the Mother and Father's blessing.

With the revelation. As contained in The Urantia Book (TUB) papers, concerning Creation and the universe of universes, the impersonal truth has now been extended quite considerably. And so now all that is needed is for a personal revelation to bring all men and women back to themselves.

**Women by their nature are naturally 'going in'. They receive the man from outside of them into themselves. They want to stay 'home', inside themselves and not leave, staying close to their feelings. And as they will find, that by staying true to their feelings, just as Marion is showing you, they will not leave themselves to become caught in the deluded world of male based falseness. They will lose the need for impressing the man and instead will be loved by men for being themselves. However, unless the man is equally willing to come back to himself and stay close to**

**his feelings supporting the woman in hers, it will still be very hard for her to stay true. Although we spirits are presenting a heavily feminine atmosphere through these messages, it will still take a woman and man to help each other achieve all we will be telling you. Men and women do need each other and that applies to one's soul and spiritual growth. There is only so much you can do by yourself, it can be relatively quite a lot, but at some point a relationship is required as the soul re-unites its two halves.**

If you could see, James, how many women are ahead of their soul-partners in the Divine Love spirit worlds you would see the ease with which women can, with some help, set themselves free from their sinful and evil ways, and at the same time just how hard it is for so many men to merely begin to want to. And it all stems from the belief of men that they are basically superior and right, that their way is the right and only way; and the belief of women that their way is the wrong way, and they will try to do better: try to do as the man says. So when the woman discovers over here in spirit that she is no longer answerable to men, Jesus or God, in the way she fears and has been made to believe, suddenly she feels a great surge of liberation and immediately begins to see the light. But it is not so for so many poor and deluded men. It will and does take a very long time for them to begin to accept the truth that perhaps they might not be right after all. And even, with other higher male spirits help, including Jesus himself, it is still very hard for them to begin to break down all the erroneous beliefs and ways of behaving that constitute the power and dominant role.

For men to see and accept that they are not the all powerful ones is very difficult. Even the most powerless of men, still believes deep within him, even if he doesn't feel so, that at least he is more powerful than a woman. And then, even deeper within himself, which makes his problem even more extreme and very confusing, he believes that even with all this so called power, he is subservient to women, for he had to be with his mother who dominated him. So within him, his mother is the real power and controller, and he feels completely powerless with her. Then as he has grown up, his father (and very often also his mother) together with his society and culture tell him he is the all-powerful dominant one, this belief coming over the top of his all-powerless belief and feelings. And so feeling so powerless with his mother through her actions when he is very young, it is now her words that are telling him that, none the less, he has to go out there and make her proud of him. So he lives in a very disjointed state, and the world you live in reflects this. Men are controlling the world, but are afraid of their mothers. Men are the all-powerful ones, but rule scared of women. So who really has the power? You only have to look at the Church to see what I mean. Why are men of the Church so afraid of women? And the answer is because if they allow women to have equal rights then they will have their power threatened, and if they were truly seeking a spiritual path to the Mother and Father they would have to yield to women, acknowledging and accepting that women are the true spiritual leaders – because we are.

Often the man is said to be the boss and leader within the family, the one with the power, however it's usually the mother that is left to get all the practical 'looking after the children' done, and so in the eyes of the growing child, who really has the power? This separation of power between the parents, with the emphasis on the man being the boss but with the woman controlling all that is really important, causes lots of confusion within the child, the child growing up with role models that don't add up to what it sees and feels. And this all leads to the child feeling one thing but being told another, and so it has to believe what it is told at the expense and denial of what it feels. Such conflicting messages for a child have, as you are uncovering within yourself James, a detrimental effect on it.

We want to help you James in your endeavours to write about the truth as you have experienced it. We want to work along side your own writing, in the hope of forwarding more information and understanding to you and Marion. And now that you have firmly established for yourself the fact that

life is about, and only about, relationships, we can come and be involved in your life. As I said, we are very grateful for you to give us this opportunity to share something of our lives and how we see the truth, with you.

James, simply call on us when you feel you would like us to speak to you some more. And until such time I want to thank you again, I'm enjoying our experience together even in this small way. Zelga



**Immortality with the Love.**

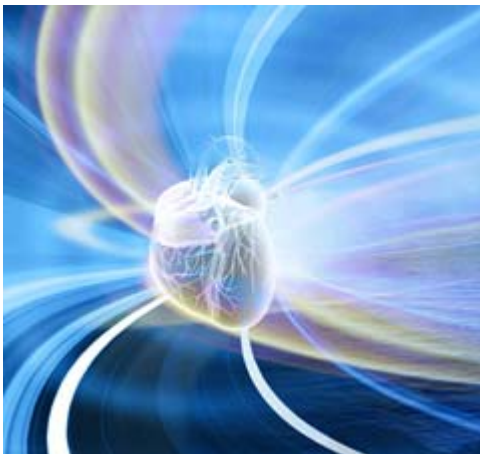
## MIND IMPRISONMENT or FEELING LIBERATED?



Our parents unknowingly indoctrinated us into believing our minds were all powerful, that the way to experience life is to be mind dominated and to put our feelings aside, well, actually obliterate them with suppression. This is how we also mould our children into being our 'little me's', taking them away from being their true selves.



Through our suppressive, misguided, incapable minds, we live. With these same minds we suppress our children's true personalities. In this endeavour we are all evil. We are preventing our children from being the true personality that each child has been endowed with. That personality having been given to them, by their true Parents, being that incredible Soul, Mother and Father. Like our children, we are to fully and truly express our God given personality through our soul based feelings. It is through our feelings that we are to live. We are to engage with our feelings, and it is through our mind that we are to express our feelings. Not the other way round!



Engaging with our heart felt feelings is so liberating. It is also a much easier way of life. Mind control is tiresome, let alone erroneous and corrupt.

By engaging with one's feelings and allowing them to be expressed is ever so more powerful than our clumsy mechanical mind – come brain!



Allow your true self to be liberated. Allow your feelings to flow and shine. Allow your life to flow with the beauty and truth of one's soul based, all loving and perfect feelings. Allow yourself to simply engage with the will that our Heavenly Parents have given each of us, and be the true personality that we are all to express and be.

We can achieve this through the retraining of our mind. This is achieved through engaging with one's Feeling Healing process. It is not easy, in fact it is extremely difficult. Our mind is to be subservient to our feelings. We are not to continue how generations upon generations have lived and suffered for the past 200,000 years.

Embrace the freedom and liberation.

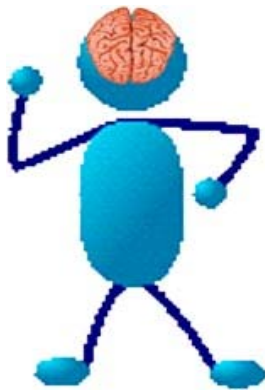




**SCIENTIST are to EMBRACE THEIR SOUL BASED FEELINGS or FLOUNDER!**

We have imprisoned our potential within the depths of the largest steel wrecking ball ever imagined whilst believing our wayward chaotic mind is all superior and a wonderful genius. Well, our brain / mind is a pathetically clumsy retard compared to the wisdom and truths that are freely accessible through our soul based feelings. We should only embrace our feelings and then have our mind implement what our feelings convey. Those of the near future will demonstrate the potential of our soul’s wisdom and capabilities through embracing their Feeling Healing with Divine Love. The greatest of the world’s academics will be humbled as they observe their ineptitude being akin to a young infant now being guided by a preeminent scholar of each and every scientific path presently acknowledged, by those embracing their soul-based feelings.

**MIND WORSHIP**  
**Stagnation,**  
**pathway to nowhere**



‘We are truth-creations, so our feelings **MUST** come first and then all the mind stuff can follow. And if we **DON’T** adopt Feelings First, then we will limit our mind’s understanding.

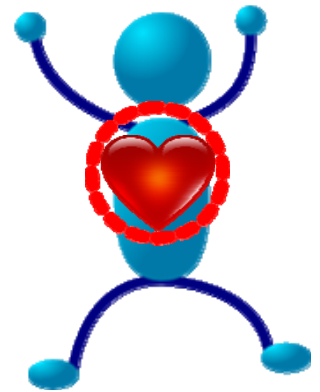
‘We think our world is ‘advanced’, ha, what a joke that is, advanced in what? What **ARE** we advanced in, is denying our mind its rightful advancement through our feelings and soul perceptions, so yes, we’re rocking along very well in this self-denial.

‘Look at how hard our **top scientists** have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career. All because we are pushing up against the absolute boundaries of our mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against our True Way.

‘Imagine being one of these scientists who are living true to their feelings having done their Healing. And **EVERYDAY** we are having more astounding breakthroughs because of advancing or growing in Truth, with our mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through our feelings and the mind will slot right into place supporting it.’

Verna

**FEELINGS FIRST**  
**Freedom, liberation**  
**and discovery**



## **SCIENCE and FEELINGS:**

Friday, 30 March 2018: Graeme: [If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?](#)

Verna, Nature Spirit: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career.** All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

**The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.**

Saturday, 31 March 2018: Nanna Beth, 3<sup>rd</sup> Celestial Heaven: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

**But without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

## **EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!**

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soulmate pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.

**Investment in the façade.**

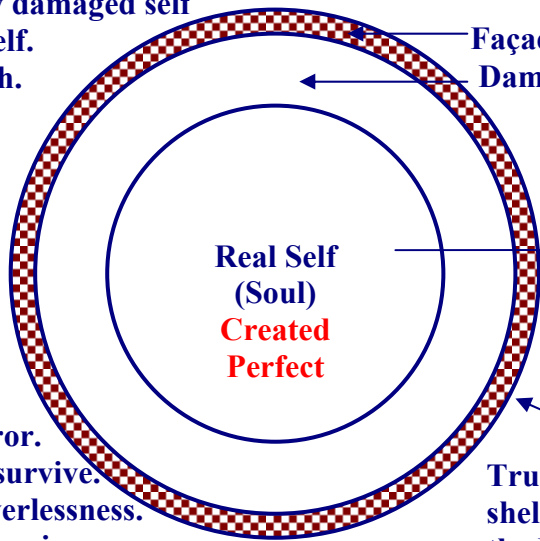
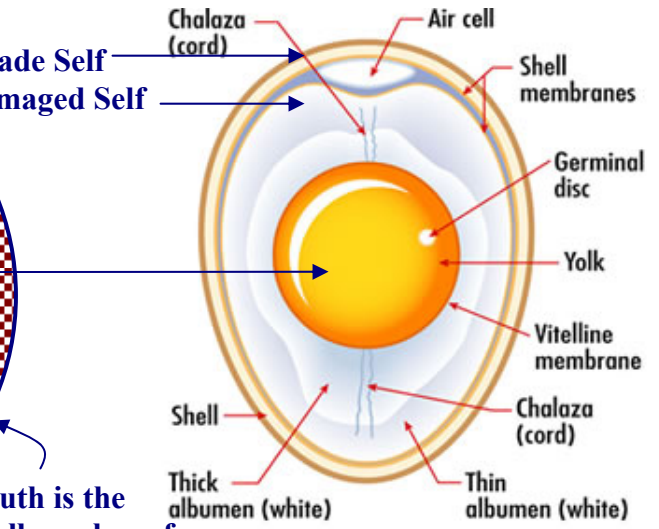
**I believe my damaged self is the real self.  
Lack of faith.  
Will I be loved.**

**Façade is a mask.**

**FEAR:  
Scope of error.  
We cannot survive.  
Fear of powerlessness.  
Being hurt again.  
Afraid of the hurt.  
Fear of judgment and pain.  
Anger rises covering fear.**

**We want to manage and control pain from feeling pain.**

**Fear of am I going crazy? – judgment of self.**



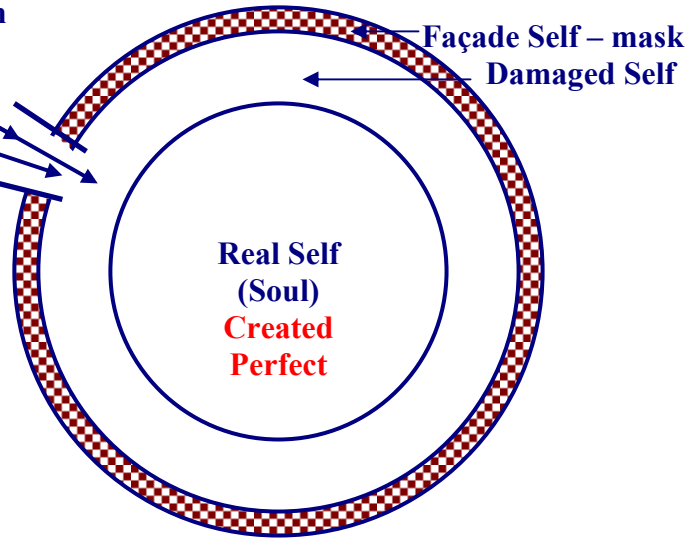
**Truth is the shell cracker of the Façade self.**

**We are not being very logical by how much façade we are carrying around. We want this hard part, the shell, to remain intact, so we don't have to access the rest, the damaged self.**

**Anger is about maintaining the façade.**

**The role of God's truth on the soul is to actually physically create the opening.**

**What truth does, it creates an opening for a vortex into the egg shell, the hard veneer around one's soul. It allows a way that other external information can infiltrate the soul. Truth breaks down the hard shell of lies, untruths and resistance. It creates a permeable layer within our soul that allows things to go through into it. Without truth, our soul is frozen into stagnation.**



**This is why many make no progress for decades and the passing down the generations of held beliefs and errors sees generation after generation also being frozen into a form of personal stagnation.**

# REVELATIONS



**JAMES PADGETT MONCRIEF** **REVELATIONS** 1 Commenced 1914  
2 Completed 2014

## REVELATION

**1** Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.

## REVELATION

**2** Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

# MARRIAGE:

**Messages from Mary and Jesus      Book 1**

22 February 2003 – 19 April 2003

14 March 2003

I will continue, Jesus.

The problem you all live in and will one day need to face is relinquishing control of your mind over your soul. And James, yours and Marion's lives are all concerned with helping to rectify this problem, firstly in yourselves, then in humanity.

**Since the *Fall* (Rebellion and Default) humanity has been living without all the love it should have. No one has been able to keep their mind pure and true to their soul, which would have enabled them to see the proper way to live. You have all been living with closed hearts, and so the truth of your souls has not come to the fore, so you are living life in a confused and lost state.**

I came to show you that The One True Way is a Way of Love. The truth of the Father (and Mother's) Divine Love, which I revealed, did not go forward, as those I spoke to about it did not understand its full significance; and as a result it was largely lost altogether with the little remaining being mixed up in an assortment of erroneous half-truths and belief. Since then no one has wanted to live true. As hard as it might be to accept, it is true. No one has come forward worthy enough of receiving the Truths of Divine Love. That is, not until relatively recently.

I began my re-revealing of truth by communicating with Mr James Padgett early last century (1914-1923). He was a willing recipient of the Truths I wanted to re-impart to humanity. He did what I and some of the Celestial spirits asked of him, and now humanity has available once again, the truth of longing to the Father directly for His Love (re: The Padgett's Messages). However, this was only a partial revelation, just the beginning, with the same limitations and restrictions from the Rebellion imposed on Mr. Padgett and us, as was imposed on Mary and I during our lives on Earth. And, as you will notice, Mary didn't write any messages to James Padgett.

Since then humanity has been armed with the first stage of truth it needs to begin to free its soul from the control of its mind. And over the years a few souls have sought to long to the Father for His Love. However, as some have also discovered for themselves, just longing to the Father for His Love does not seem to have the immediate effect of helping one become a divine angel of my Celestial kingdom; and why this is not so, is what I want to reveal through these messages.

People have now prayed to the Father for His Divine Love, but still feel that within them they are not feeling as happy and pure and loving as they want, or think, they should be. No miracle has taken place; they have not been magically healed. Others believe their soul is being transformed and it only takes time, and so long as they try to be nice, and have nice loving thoughts, and do good unto others, they are making headway to becoming Celestial. And others have even given up praying because their expectations as to what the Love might do to and for them have not been fulfilled. However, I want to show in these messages that there is more to it than just relating solely to the Father in every experience. And one such thing is there is also a Heavenly Mother.

In my messages I have spoken about the Father's plan, and so now I want to shed some more light on this plan. Up until now, since the Padgett messages, I have been laying down the groundwork for what is soon to happen, and these messages with you James, are another step in this work. Like a big jigsaw puzzle coming together, with a piece here and a piece there, occurring over this time, slowly the truths

the Father and Mother want us to reveal are being done so. Mary and I are here so that once again you can see that They have not forsaken you, but have actually been quietly working away helping to bring the truth of Their Divine Love to you.

Not everything can happen all at once. Time needs to move on, and many souls need to experience that which the Mother and Father have planned each step of the way. And now the vine is ripening and the fruit is nearly ready for picking. The harvest is soon to begin; the harvest of souls embracing directly the Mother and Father's Love, and with it seeking to heal their rebellious minds. Up until now this has happened in the Divine Love spirit worlds (Mansion Worlds 3, 5, 7), but not enough truth has been revealed on Earth for humanity to ascend all the way to become a Celestial *angel* of love, light and truth while still in the mortal body. But as the revelation progresses, steadily the whole picture will come together for those who are sincerely wanting to live it.

**To heal your soul and become a *divine angel* requires the help and Love of the Mother and Father. It also requires the truth of that Love to be found within and lived. There is no other way. It is what you need to do to progress as a soul in love and truth higher than the equivalent sixth Mansion World of natural love.** But the how to heal your soul, and how to let go of the controlling beliefs and behavioural mechanisms of your negative mind is what needs to be revealed next. It is the practical hands-on day-to-day approach of actually choosing in each and every experience to do the Mother and Father's Will. And how to do this in all its facets is not for me to reveal, hence I have not spoken openly about it. I have alluded to it, but still it remains very elusive for those who look to me to show them the way to my kingdom. I apologise if I have caused anyone grief regarding this, however the reasons for my not revealing such things are complex and far reaching, and are all a part of what the Father has asked of me.

So now it is time to introduce through Mary the truth of the Feminine Aspect of God. To introduce her, so you can partake of the ministration of her Spirit of Truth and introduce yourself to your Mother of Heaven. It occurs at the turning of the Planetary age and is required for the next age along with the truths of your soul-healing as revealed by Mary. This is what my initial messages to Mr. Padgett and The Urantia Book (1925-1935) have been given to you for, to introduce you to new and higher truths and understanding, to prepare you for the introduction of the feminine.

Up until now humanity has been living seeking the ministry and comfort of my Spirit of Truth bereft of the balancing feminine aspect of truth. Many people have speculated that I have a partner and we have made no secret of it in the Mansion Worlds. Occasionally a snippet of truth or information has come to Earth about it from spirit but as yet nothing defining and conclusive. So it is James with your writings that Mary and I want to make it the official announcement and confirmation that Mary Magdalene is my soul-mate (soul partner), by beloved, and she is and will reveal to you the truth of God your Heavenly Mother. Your work we want as the official definitive and conclusive affirmation that she exists, is who she says she is, and is the spiritual mother of humanity. It is her *light* that people sense as the uplifting light of the feminine that is increasingly shining forth to all souls. It is her coming, the light of her truth, that is most needed by humanity and which will open up people's minds to understanding the subjugation of women, their spirit, and their truth. It is the feminine side of truth that is now needed to balance my masculine side, and you can welcome both of us equally into your hearts so you will be able to grow balanced in truth and understanding of that truth.

Owing to the complications of the Fall of Man (and I will clarify what I do mean by 'fall' later), the feminine side of truth has been very heavily discounted. It has all but been restricted to the point of not existing at all, and yet women are brimming over with the want and need to express themselves. **Women will need the help and support of sympathetic men, so they can grow in the confidence**

**required to express their feelings, to live true to them, and to speak openly about what they feel. Women are the natural spiritual leaders of humanity. With women's natural life-truth suppressed, humanity has been lost. Men have believed they have known the way but have only applied their negative minds to develop negative and self-denial spiritual and religious systems.**

Women as they honour their feelings and learn that they can trust them and that they will prove true, will not tolerate the male injustices and conceitedness of believing they know what is best for women. They will be able to throw off such bonds and step out into life living it as they feel it, wanting to see where and how their feelings take them. They won't want to live answerable to the mind, and particularly the mind of men, any longer. The true women's liberation is at hand, and not a false liberation sanctioned by men which only allows women to be competitively equal with men all still in a man's world. Truly liberated women will see through the lies and deceit of a man's control; they will allow themselves to feel the impact of evil no longer tolerating it. And if they can be supported by sympathetic men they will lead and guide these men to uncovering their true feelings, enabling them to see the deceit of men, helping them give it up. Many people wonder how humanity will heal itself and wonder if it will ever find its true path, and I want to tell you that **until women liberate all their feelings, and feel good about feeling however they want to feel, and are supported by men for doing so, humanity will continue to blunder on blindly unsure of where it's going.**

Women have felt unable to live what they feel because of not being supported by men remaining confined and suppressed by men's dominance. Within this powerless situation they have looked to try and find power in their inferior position, which has led mainly to their focus on having dominance over their children and in the matters of the home, leaving men to do what they like out in the world. The imbalance between the sexes reflects the rift and separation that exist in most relationships between men and women. It is unavoidable as both try to live together 'in love' when both are denying their own feelings and are unable to freely express to each other all they feel. The liberation of one's feelings through the acceptance of them is the great change that awaits humanity. Once people understand that they are denying many of their feelings, and particularly their bad feelings, and start to change this behaviour, accepting their feelings instead, then the long awaited great changes will take place. Humanity's future lies in finding the truth of the individual, of the person, of you – you finding the hidden truth of yourself. And with Mary's forthcoming liberation of truth and insightful information, this can begin to come about. The truth of the Feminine states that humanity will find its true way by changing its inner world, there is no future carrying on changing its outer world, as this will only lead to greater loss, pain, suffering and heartache.

The mind in its fallen state has been placed in control of the heart, so what men and women call love between each other is not true love, and nothing like what the Father and Mother want you to live. How can you expect to have a satisfying relationship of true love when you are both living with your minds in control? At best all you can have is something like love between minds, and between negative minds at that, however if you intend to, and do your soul-healing, then new understanding will come to you – new experiences and awareness of what real and true love is.

True soul-mate *marriage* is virtually unknown on Earth and yet it is a priority in the Celestial Heavens. To live a perfect and true love between you and your soul-mate (soul partner) you will first need to complete your soul-healing. Up until its completion you will not be able to experience perfect love because you are both still imperfect. Many people on Earth who believe they have found their chosen soul-partner are mistaken, mistakenly believing a good match of minds is the great love one will experience with one's true soul-mate.



You cannot live and be perfectly happy in love if you are living at odds with your partner. The rift between the sexes is far greater than anyone knows with virtually most relationships existing on a pretence of love with very little to no real love between each other. And then to bring children into this condition causes all sorts of problems as the child longs to be loved by both parents equally, by both parents that don't even love each other because of their self-denial. What Mary and I want you to understand and develop an appreciation of, is all you do in life is done with your negative minds in control. All the reasons why you aren't happy and feel unfulfilled are because of this.

You have been parented by negative minded parents, who might have said or even displayed love and affection for and toward each other, but still this love and affection is a product of such minds, and not a natural expression of freely expressed feelings. As you suppress and stop yourself from feeling so many feelings, controlling them with your minds, then you can't expect to experience life with any real joy, love and happiness. At best you will experience what your mind allows, however **you will always have your soul wanting you to take notice that you are not honouring and living true to yourself, to your feelings, so bad things will have to happen – trying to wake you up.** If your relationships don't work it's because you are trying to live them with and through your negative minds – no wonder they don't work, they can't work! And the only reason some people superficially do appear to work is because it suits each other's negative patterns to live together for that time. But come a time when the soul wants you to start healing such patterns and finding the truth of them, stormy seas will suddenly come to the once quite sea of tranquillity.

If you experience unrest within yourself, if you feel you are looking for something, if you are not happy and satisfied with your lot, it's because your soul is wanting you to feel bad, in the hope that you will attempt to take your bad feelings more seriously. And if you do, you can use them to find the truth your soul wants you to see; the truth of your negative self-deluding mind controlled life. And the truth of why you are feeling bad.

Your mind being such powerful force has been made to believe that it can love itself and others, with many people existing all their married life, raising their children, becoming grandparents, believing they love each other; even believing they are soul-mates and wonderfully in love with each other. However time and time again as such couples come into spirit, and especially if separated by time, they see quite clearly that they don't have much in common after all now that the pressures and demands of the material existence have been shed. Many others on entering spirit life desperately cling to each other, onto what they have known, but time and time again the laws of spirit break them apart; they change too much unable to live together as they did once 'happily in love' as they believed they were on Earth. So I ask you, if this great love on Earth were true, why wouldn't it still continue to be the great love in spirit? Love is not what you believe or even feel it to be, and as hard as this might be to accept, it's the greatest stumbling block for humanity. So many people declare their undying love for their partners, and their parents and families, and yet as soon as they start to do their soul-healing, and the truth of their feeling and self-denial surfaces, such relationships swiftly end, being seen for what they truly are.

I understand what I am saying will confront you, and it's perhaps not what you're used to hearing from Jesus, however, at last thanks to you James and Marion, Mary and I can speak the whole truth: we don't have to continue couching things in platitudes and speaking about love and always saying nice words. At last we too can speak freely. We too can express all we feel. Telling you the truth which might be hard to accept, and might have severe ramifications in your life. However we want to speak to those who want to know the truth, and that begins by gaining an appreciation of the things we are speaking about.

When you look closely at the lack of the feminine presence of truth in all spiritual and religious organisations, in their beliefs and traditions, it becomes quite evident that the one-sidedness is very

dominant and it doesn't take much reasoning from there to ask why? And surely it is obvious to ask: Well if we are man and woman and we are created in the image of God, then what really is God, what image are we using? Why is there only the Father when we have both a father and mother, and if there is the Mother, where is She? It will take time to adjust to accepting and including the Mother in your prayers and life with the Father, but once you do you'll find it will give you a good feeling creating a balance within yourself and in your relationship with Them.

As I grew up in Nazareth the Father and Mother educated me as to Their plan for the redemption of mankind. I asked Them logical questions, but where I differed from the common man's ability to reason was that I was conceived and born perfect. I was not brought under the control of the Rebellion, and I was not therefore a part of the Fall of Man. I was free in my feelings, my mind felt positive, it was never negative as is yours, and so I did not have to do any soul-healing. As I matured I felt the longings for companionship and personal love from a partner. I saw from my own parents and from others, even though such love was not true and perfect, and even perceived it between the Mother and Father, the potential of love two could share with each other, and I questioned my Heavenly Parents many times on this. I became aware of how much They loved each other and naturally concluded that I too must surely have a soul-partner. Someone with whom I – we – could be two – two separate personalities, who are one – one soul and equal. When I first met Mary I felt such an up surge of spirit within me that I knew my questions had been answered; and indeed all that I had longed for came true. However, it wasn't as easy as all that. I was well aware of many of the problems that confronted me concerning my revealing of truth, and what my life was all about. And even though I had been prophesied of coming, Mary was not mentioned and I wondered: How was she going to fit into the people's expectations of the messiah? It took many years with my gradual coming to understand all the things my Heavenly Parents told me before I met Mary.

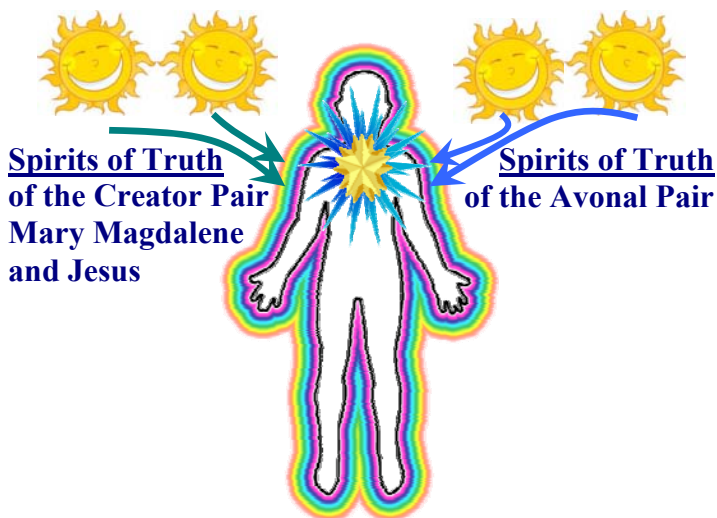
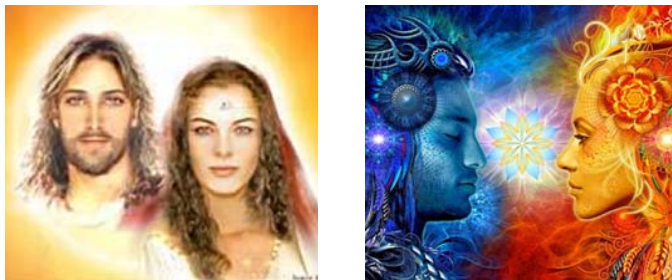
Before my public ministry and consequent meeting with Mary, I had worked out largely with the Father what line of approach I should take. With advice and guidance from Them I agreed to largely refrain from openly including the Mother in my revelations. It would not have done my cause any good to introduce Her at that time, as the people weren't ready for Her.

I knew about the prophecies of my death and by the time I met Mary I knew that her role would be somewhat like that of the Mothers, to stay quietly in the background. It wasn't time to confront the female spirit controllers of the Rebellion. And these evil women spirits in seeing that Mary was going to remain subservient and no threat, didn't try to make things too difficult for me as they could see that with only my partial revelation of truth, humanity would quickly muddy it taking it for their own use and loosing its purity and potency. When Mary died and liberated her Spirit of Truth upon awaking in spirit, these women rebellious spirits joined their men being mostly stripped of any further powers of influence over humanity. And with Mary and my Spirits of Truth fully at large spreading their protective influence over our universe there could be no further Rebellions or Defaults in Neadon.

Mary and I did not descend into the loving arms of humanity as would have happened had humanity not been tainted and negatively influenced by rebellion and default – had The Fall not taken place. We often wonder what it might have been like had we been openly accepted for who we truly are, however we are not ungrateful for this somewhat negative experience because it has allowed us to experience a whole range of valuable experiences we would not have otherwise had.

Under the Mother and Father's guidance we chose to come to Earth for such experiences. We knew it would be difficult and unorthodox, however we felt there was a lot to be gained; a lot that would help everyone in our universe, and this has already proved to be true.

Mary and I lived our Earth lives mostly separated, reflective of how you too live your lives separated by your negative minds. Our suffering has been nothing like yours however, but it has been enough to enable us to be somewhat sympathetic and defiantly empathetic to your pain.



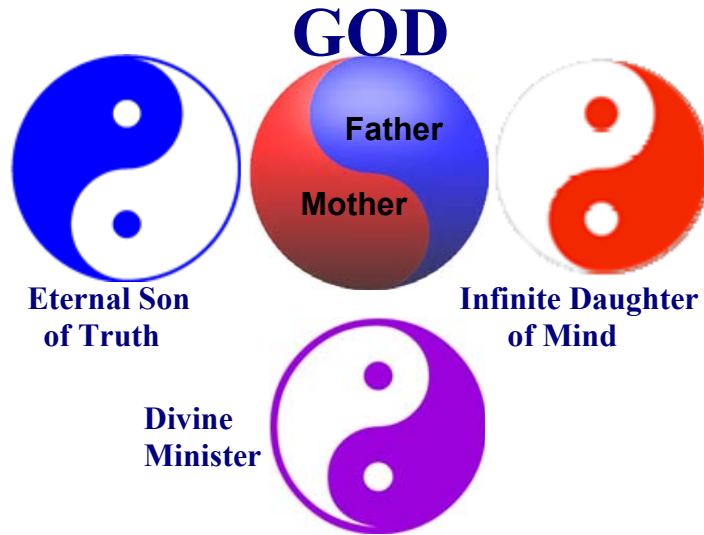
**Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This comes through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.**

for you; and even though right now in your terrible pain you might not think that this is the case, it is true. They are helping your soul to have this negative experience. They ensure that it continues as required. And if you so choose to end it, to do your soul-healing, They will also help you to do that. They want only what you want. And as to why you are in it in the first place, and I'll talk about at another time.

Yes certainly James, let's leave it here. I can see you are feeling tired. We will continue tomorrow, your loving brother in spirit, Jesus.

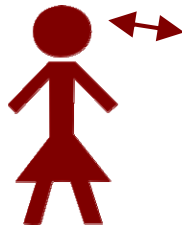
When Mary arrived in spirit it was a wonderful relief to slowly reunite as one, and as she rose up in her power she terminated the female rebellious forces in spirit just as I had done to the masculine ones whilst on Earth. However, we were unable to do anything further for the Earth as our lives had finished with it. We therefore concentrated all our efforts to healing the damage that the Fall and Rebellion had done in the Mansion Worlds. We did this with the help of those who chose to accept our truth and sincerely wanted to follow us, moving into the Divine Love Mansion Worlds that the Father and Mother provided so they could begin their soul-healing. With our guidance and support many spirits achieved Celestial status, completing their healing. And have since further ascended up through the Celestial spheres leaving the shores of our universe – Nabadon – to continue their ascent up through the greater Superuniverse toward Paradise the home of the Mother and Father.

Whilst on Earth the Father told me about the future for humanity in the short and longer term – what He and the Mother wanted humanity to experience. I know it might sound contradictory to your bad feeling experiences within the negative, however, They being only of love, do want only the best



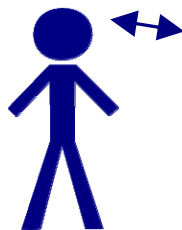
**Rebellion and Default MIND-Created false soulmate / soul partners:**

Female soulmate / soul partner  
Unsuccessful marriage to fantasy untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soul partner relationships.

Male soulmate / soul partner  
Unsuccessful marriage to fantasy untrue woman



Eternal soul partner marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soul partner, our true companion for all eternity.

**Women Repression**

James

Monday, 9 December 2019

Note for Pascas Care Letters One Soul Two Personalities:

Why women have been so repressed?

It was the rebellious Higher Spirits that urged and supported the suppression of women and the male dominance through religions and tribal spirituality so as to keep women away from their true feelings, denying them the truth from such feelings which would never tolerate nor have allowed the men to override them. If you denote the mind as 'male' and feelings as 'female' then to coerce humanity to worship and live from its mind, whilst at the same time using the mind to suppress and banish one's true feelings, then you can see men's domination of women. Men (if we liken them to the mind) are scared of women (likening them to feelings), so men use their minds to block out their feelings and won't tolerate women living too close to their feelings.

So what more perfect way than to maintain such male domination than to create mind-made religions that will ensure women and feelings are never heard, can never have their say enough to uncover the truth of such meaningless and misguided untrue systems of belief. If women in such religions were encouraged to follow their feelings and look for the truth they will give rise to, they will soon demolish such institutions or simply leave them, leaving the mind-controlling men to it. So you can't put a woman in control, and especially one who is more feelings led, because as one's feelings are generally 'all over the place' and 'irrational', she'll ruin it all; which means, she'll stop the men having their little power games with each other. And unless a women learns to 'become a man', being able to compete with men at their own mind-games, suppressing her feelings even more and becoming an even better proponent of mind control, as she can often over her family, she will never stand a chance of gaining equality. However this mind-equality is still buying into the tenets of the Rebellion and Default and is not true women's liberation and equality, that only coming when women give up their mind and devote themselves to accepting, expressing and seeking the truth from ALL their feelings (especially their bad ones). That being the only way humanity will end its rebellion.



**Relationships formed through the minds of couples who are unhealed are temporary!**

We should incarnate as One soul – expressing Two personalities – soul partners, a woman and man – the perfect union for all eternity.

We incarnate into Rebellion by Default against this.

We live in denial of the truth of ourselves – the truth of our soul.

We look for our soulmate / soul partner, however it's the 'other half' of our fantasy mind. It's all an illusion, false – the imperfect union. It can't possibly ever be perfect, it's doomed for destruction. No false and untrue union is eternal.

We project this mind-fantasy soulmate onto our partner. We mistakenly believe they are our soul partner, our true other half, yet they are at best only the other half of our mind-contrived soul partner belief. These relationships never last. They are a moment, a glance of hope, a one night stand, a relationship short or long term, marriage with children, lasting until we die and possibly carrying on in the mind worlds in spirit, but doomed to extinction. If your marriage is 'successful', it's just that you manage to fit your false mind fantasy that you are soul partners, well enough to last a little while longer than most who are 'unsuccessful'.

We are to heal our untruth, fantasy, mind-generated false soul partner. By bringing it out so we can understand how and why we've created it and what we expect, long for, hope, it will give us – all the love our parents didn't give us. We want our fantasy mind-created false soul partner to fill all the holes in us, to unconditionally love us, to never reprimand, criticise, judge, curse, hate, disrespect and make us feel bad – only to love us and make us always feel good – to take all our pain away.

The ultimate mind panacea.

We are to heal the need for creating such a wrong thing.

We are to live true to all our pain and feelings of powerlessness and utter devastation of not having anyone who loves us and we can love, because we weren't loved and aren't loving. And once we understand it all, we are then to come to terms with the fact that all our relationships are false and will end.



And that one day, when we are ready to let go of our falseness, we will change into becoming the opposite – truly loving and truly loved, with no more holes that need to be filled in. So our mind can stop being our chosen soulmate / soul partner and saviour, it can stop being our substitute Mother and Father, and we can live true to our feelings, enjoying our true soulmate, the one God has provided for us.

As we give it up becoming of a Celestial truth, we meet our true soulmate, she/he having healed her/his untrue mind-fantasy soul partner, thereby becoming true soul partners, free to live happily and lovingly forevermore – a truly successful relationship and eternal union.



# **SUPERKIDS**

**Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



**Feelings First**

# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if the were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages occur annually. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.



**CHILD REARING:****The Rejected Ones**  
**“Live True to your Feelings”**

Message 3

2 December 2002

Hello James, I would like to speak to you today, Mary.

I am Mary of the Bible, as you know, and as I have not spoken to you for quite some time, and for the purposes of this work, I will begin with a formal introduction.

I am Mary Magdalene of the Bible, the one who was on Earth at the same time as Jesus of Nazareth. And, yes, we were on Earth; we are real; we did exist back then, and we do exist now living as spirits in the Celestial Heavens. This might not be startling news, but what maybe of news is that I am the soul-mate (soul partner) of Jesus. It is I whom is responsible for the feminine aspect of our universal Son and Daughter-ship. I am the living feminine truth. You are familiar with Jesus and his Spirit as expressed in the Truth he has revealed to humanity, but unfamiliar with my Spirit and the Truth therein.

And so it is that I want you to continue writing this work for me, James. Just as Mr. James Padgett wrote for Jesus, I would like you to write for me. And in doing so, it will greatly benefit you. I, together with other spirits I have chosen, will tell you the truth I want to reveal, and it will, as you will find out, make you feel a lot better about yourself and your life. I am the missing part of The Truth to make the whole. And as you are appreciating, it's a much broader picture than what humanity currently understands. It is what humanity needs, the woman's perspective, so to speak.

It will be hard for many people to understand that having devoted so much of their time, love and prayers to Jesus, in the hope they will be saved and thought well of, that they have been only dealing with half the picture causing their prayers to be ineffectual. As to why this has been allowed to be for all these years is a matter of concern only for the Mother and Father. It was They who asked us, Jesus and I, to live as we did and be as we were whilst on Earth, just as They ask us to be as we are now in the Spirit Heavens. On Earth, Jesus and I became aware of our true identities, however I was forbidden to reveal and be my true self. I played my role of self-denial as I steadily awakened to what the Mother and Father were asking of me, just as Jesus played his.

My focus with you will be to help show you how to uncover truth for yourself; how to look into your feelings and see what that they want to show you. How to concentrate on yourself – mind your own business – and become self-revealing. I want to guide you back to yourself so you will be able to see just how far away from yourself your parents took you. Your parents didn't mind their own business and allow you to get on with your own life, they continually interfered with you, controlled, dominated, told you how to be, what to believe, how to think; they didn't allow you to stay true to yourself. Your parents, James, caused you to loose yourself, to step away from yourself, to push yourself aside and be how they wanted you to be, and it wasn't right. Consequently you have suffered, and it's this suffering and what they did to you: how they caused it, that I want to help you see.

Jesus spoke of living the Will of his Heavenly Father, but to do this you must first live true to your will. Your own will must be in one piece; it must be able to function perfectly well. You must be able to do

what you want to do when you want to do it. If you are doing so, then you can choose with your will, for you do literally will yourself to, live another's will, such as the Mother and Father's.

As a child you were not allowed to live true. You were not allowed to express your will, to live and therefore be true, to your own wants. You were stopped, inhibited and interfered with in many ways all of which had the same result on you. You lost your power and gave it all to your parents. Your parents made you live their will. So what you now believe, but is unconscious within you, is your power, your ability to do the things you want to do, is all still only what your parents are allowing you to do. Unbeknown to you, you are still only living their wills, with yourself struggling for something to do for yourself in it. You weren't conscious of this, so by the time you reached adulthood you believed you were now the full master of your own destiny, but the wind doesn't always seem to blow when you want it to or blow and in the direction you want it go. And why? Because there is no real YOU in the picture. Your life is merely a 'sub-life' of theirs, and will be forever until you choose to – will yourself – to do something about it. And this is extremely difficult to do for how can YOU will yourself to heal your dysfunctional will when your will is only a poor composite of your parents? You're pathetically trying to use your will in your life to get what you want, and yet all you are doing is living the will of two interfering people. And not only that, but they themselves are a mixed up composite of their parents wills. So in effect you are being parented by many wills: your parents and their parents effects on them, and then, if you go back even further, you're being affected by even more wills, and when does it all end? There are generations of people, none of whom have not minded their own business, all coming together through your parents to interfere in your life thereby inhibiting the true functioning of your will.

So you can see you will need to heal and be healed of all of this, to somehow remove all these interfering negative influences. All their wrongness, which defines you now, is reflected in how you function in life, all having been sculptured around your will-controlling parents, and it needs to go. And where is all this wrongness; all this will dysfunction; all the negative effects of not living as a true, whole, wilfully-free person? Contained within your soul. And what needs to happen is for you to rid your soul of such negative influences. You need to somehow divest yourself of all negativity and then you will be free. And true FREEDOM is just this: YOU ARE FREE TO LIVE YOUR OWN WILL. You are YOU, right through you into the depths of your soul, and so all that you want to do, and how and when you do it, you will know is, YOU. No one else will be consciously or unconsciously influencing you, and if they tried to do it, they would find it very difficult for the integrity of your soul, your own feelings, would first alert you to their evil intention and you would want to make them stop. There is no other true freedom. A free soul, that being one living in a state of pure love, is free, being completely empowered by its own will!

Your soul, James, (as are all souls) is existential. It is in a state of 'Being', in a reality that is devoid of anything else except personality potential. This 'place' or 'state' or 'reality' is not in Creation, however Creation is of it, is an expression of it – an expression of Soul. Soul creates Creation. If a soul needs or wants to express itself – its personality in Creation – it needs to do something. And the first thing it does for itself is create or manifest its own will in Creation. At a moment prior to your physical conception your soul has already started to manifest will, your will, that part of it – **your personality – that's called will**. And with this will it is then ready to literally 'will' the rest of its – your – personality, into life. You and your soul are one and the same. You are currently consciously focused on living and perceiving and experiencing life through Creation as you – your soul – express your personality. Once your soul – you – has begun its incarnation, it forevermore continues to will you into Creation. You are always an ongoing expression of your soul's personality. Without a will, an active part able to manifest in Creation, none of you would exist, not your spiritual or physical or thinking and feeling parts, nothing. So your will is very important and should anything interfere with it then that interference is going to have a negative affect on your soul's ability to will you into life. When your parents imposed their wills

on you, that imposition affected your will. It affected how you will yourself about in life: how you do things, how you express yourself, how to get what you want; how to live true to your feelings so you can use them to find or uncover the truth of your soul – the truth of you.

The Mother and Father are a Soul-Personality, and we have been created in Their image. They have created our soul and bestowed personality upon it. And being our Parents They want to get to know Their children, and so we need to have our wills functioning perfectly so we can relate to Them and They can relate to us. If however, your parents have interfered with your will, then you can't relate to God as They want you to and as your soul longs to.

If you want to be as perfect as God is, then you will have to heal your will imperfection. If you want to live the Will of God, then you will have to heal your will dysfunction. If you want to live at-one with your Heavenly Mother and Father, then you will have to first become at-one with yourself, healing all that is wrong in your relationship with your own parents. So long as you're living in a negative will state you will NEVER be able to ascend in truth and arrive on Paradise and be with The Two, who are One, who created you.

As Jesus has revealed in the Padgett Messages (1914-1923), he and I were born on Earth in a perfect state of being. Unlike you, our wills remained perfect, our parents couldn't negatively interfere with them. We could not be influenced by any evil, and even though we still had to maintain a purity of mind, this was not hard to do as we felt the truth with all the feeling of a complete uninterfered with will. However, the problem Jesus and I faced was we weren't, owing to certain incarnation restrictions placed on us because of the Rebellion and Default, allowed to express our full wills, our full selves. Jesus could express himself more than I, as the male was more dominant, the woman more suppressed; and my life was reflective of that, being able to mostly only tend to the sick and poor. I couldn't teach and reveal truths alongside Jesus as his equal. I could only help people in my humanness and not as a full Daughter of my Heavenly Mother and Father. My 'time', as I understood it when on Earth, was to be after I died and entered the lower Mansion Worlds. Then I was able to fully reunite with Jesus and reveal the truth that I had within me: that God is my Heavenly Mother. Had I been able to reveal my truth to humanity when I was on Earth, then you would know from Jesus and I that God is both your Heavenly Mother and Father – the feminine and masculine aspects being fully expressed through Jesus and myself.

Strange as it may seem, but the truth of who I really am is not hard to keep from Earth or the natural love spirit worlds: Mansion Worlds 2, 4 and 6 as Jesus spoke of them to Mr. Padgett. Those in spirit who wanted to know, lived in the Divine Love Mansion Worlds 3, 5, 7 and above in the Celestial spheres (mansion world 1 being a mixture of both and the introductory world for Divine Love). The separation between Divine Love and only natural love maintaining something of a natural barrier preventing the spread of truth. So humanity on Earth has had to wait until now for a new and full presentation of the truth of myself. Of course many have suspected and speculated about me, but until I reveal my own personal soul nature, no one can know for sure. But now you can. Mr. Padgett was unable to accept and embrace me, as Jesus began his re-revealing of the Truths of Divine Love through him, and I am beginning my revealing through Marion and you, James.

It might be difficult to believe that no one wanted to know the Truths of Divine Love, but it is so. For two thousand years nothing changed. People might have been disgruntled with what the Church called truth, and many searched for meaning, but it was all from and with their minds and not their souls. James Padgett had a sincere soul longing to which Jesus was able to respond. And you have had a deep soul longing for the feminine aspect of truth to which I am able to respond.

Jesus revealed through Mr. Padgett the truth that the Father is offering His Divine Love to you. I am revealing through you that both the Mother and Father are offering Their Divine Love to you. Jesus also revealed that upon partaking of this Love one can undergo a soul transformation into the New Birth; and I am revealing through you, that this inner transformation is called your Soul- Healing. And it is something that you have to consciously make an effort to do. You have to willingly choose to do it; and in doing so will eventually heal all your will of imperfection – all of the negative you were forced to accept from your parents. And together Jesus and I will tell you that it is by longing for and wanting to live true to yourself: true to your feelings, that you will uncover the truth of your negative will state and heal it. And when you are healed, you will be free to live as Jesus and I do: perfect in our Divine Love souls – as Celestial spirits living in the Celestial spheres.

Humanity has fallen from Grace. It hasn't consciously or willingly rebelled against the Mother and Father but has rejected Them by default. This has led to the negative will state being passed on by default from one generation to another. The result is you are very confused and lost, living with little truth or real understanding about the spiritual nature of things. You have fallen the equivalent of the seven Mansion Worlds, so to heal yourself back to perfection, you have a long road ahead as you ascend your way in truth back up them. Your soul-healing will be very testing as you uncover the truth of all your negative will. However, humanity is now longing for such truth, and so the way is being presented for those who want to take up the challenge. Now is the time, Jesus and I are revealing to you that which you need to understand to help you; that which will answer and appeal to a sincere heart and soul longing for love and truth.

I feel that is probably enough for the time being James. I will now leave you. Mary Magdalene, 'Sister to all sisters, and soul-mate (soul partner) of Jesus'.

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| Important recommended reading is:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | by James Moncrief |
| <b>The Rejected Ones – the Feminine Aspect of God</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                   |
| <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html</a> ALSO at<br><a href="https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf">https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf</a> |                   |





# PARENTS

0 to 6<sup>+</sup> year old

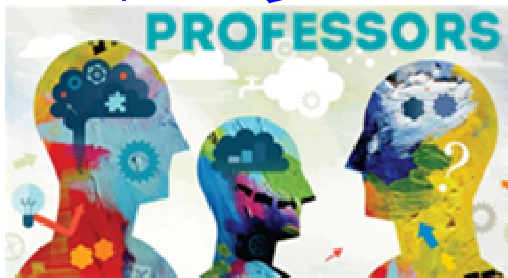


then



PSYCHOLOGISTS

Early Childhood Educators



PROFESSORS

Religious Education



POLITICIANS

JUDGES



**WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!**



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents’ attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don’t know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one’s soul based attributes and gifts is sealed throughout all of one’s working life.

A new way of living is to enable the liberation of one’s true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complemented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

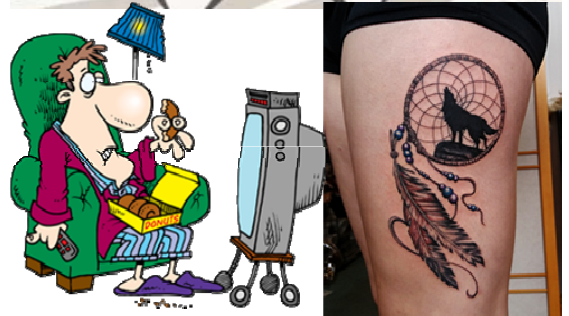
Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

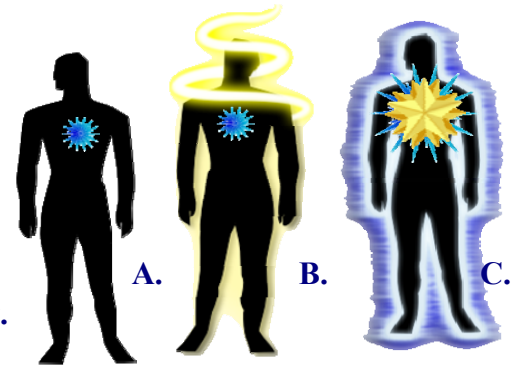
No more of this! We can escape this man made hell!



# EVOLUTION

Consider longing for and receiving Divine Love:

- A. Soul prior to receiving Divine Love.
- B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.
- C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



## FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.



It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.



But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.





**WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:**



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



**PARENTING:**

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even through they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them,

even if that was only for a moment. With those patterns all being ‘broken’ and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can’t be anything other than how you are – it is ‘your’ child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one’s life, and all that’s happening on unseen levels from spirit, all what’s going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is ‘unfolding’ through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you’ve fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it’s not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just ‘normal’ and ‘ordinary’, that’s exactly what God wants, it’s how God made its soul to express itself, so it’s perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don’t have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you’ll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

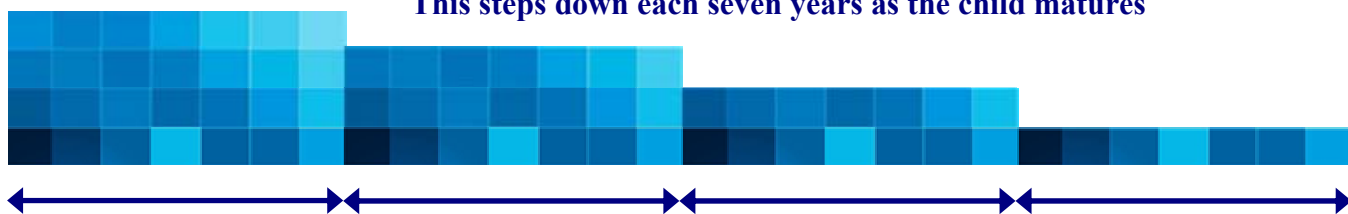
If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you’ll no longer be passing onto your child, with your child potentially adjusting to the ‘new you’ which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it’s the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won’t be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can’t force any positive changes on the child once the child is sexually mature, whereas before sexual

maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

### **POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to  
age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

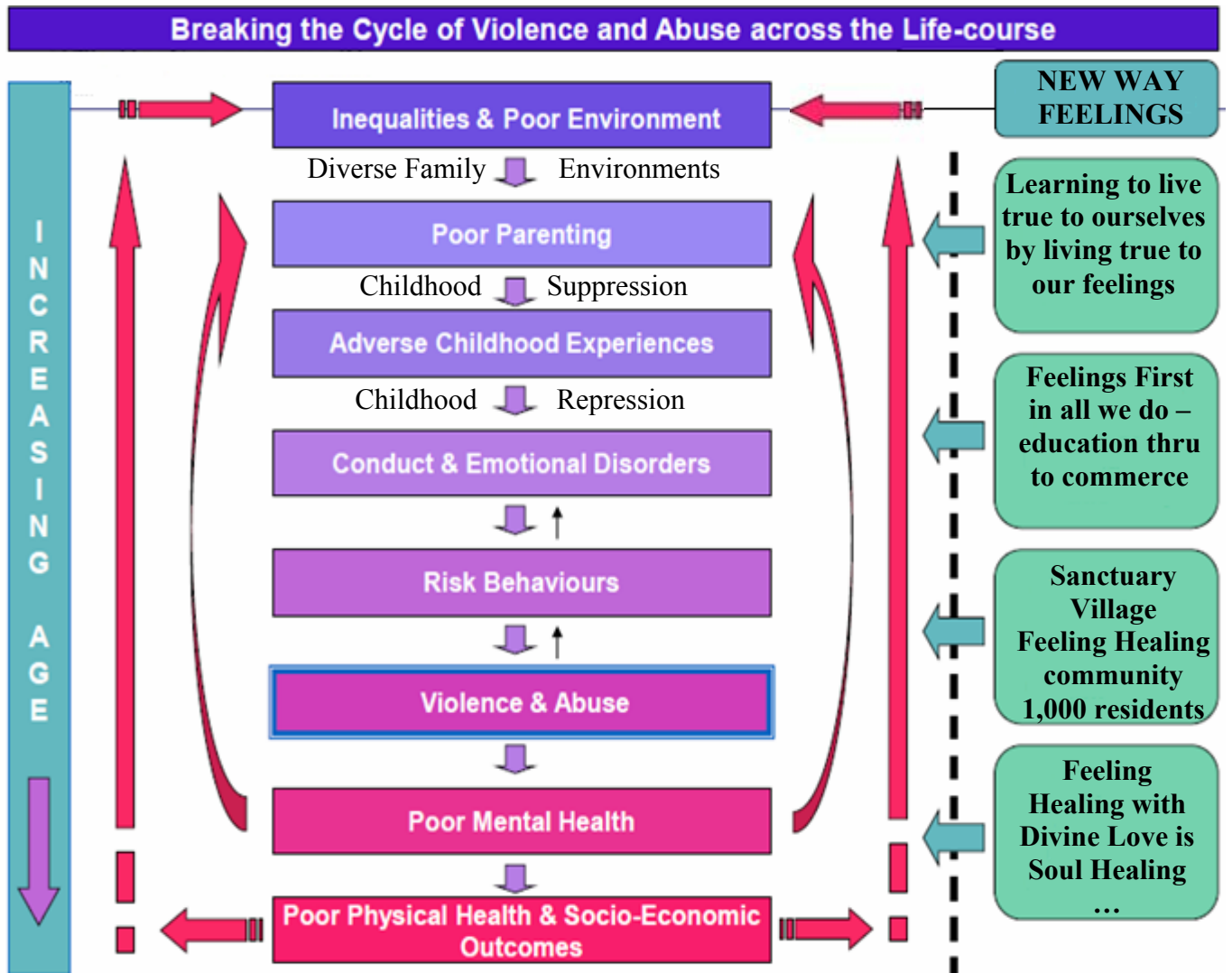
It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you do not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having spirit children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

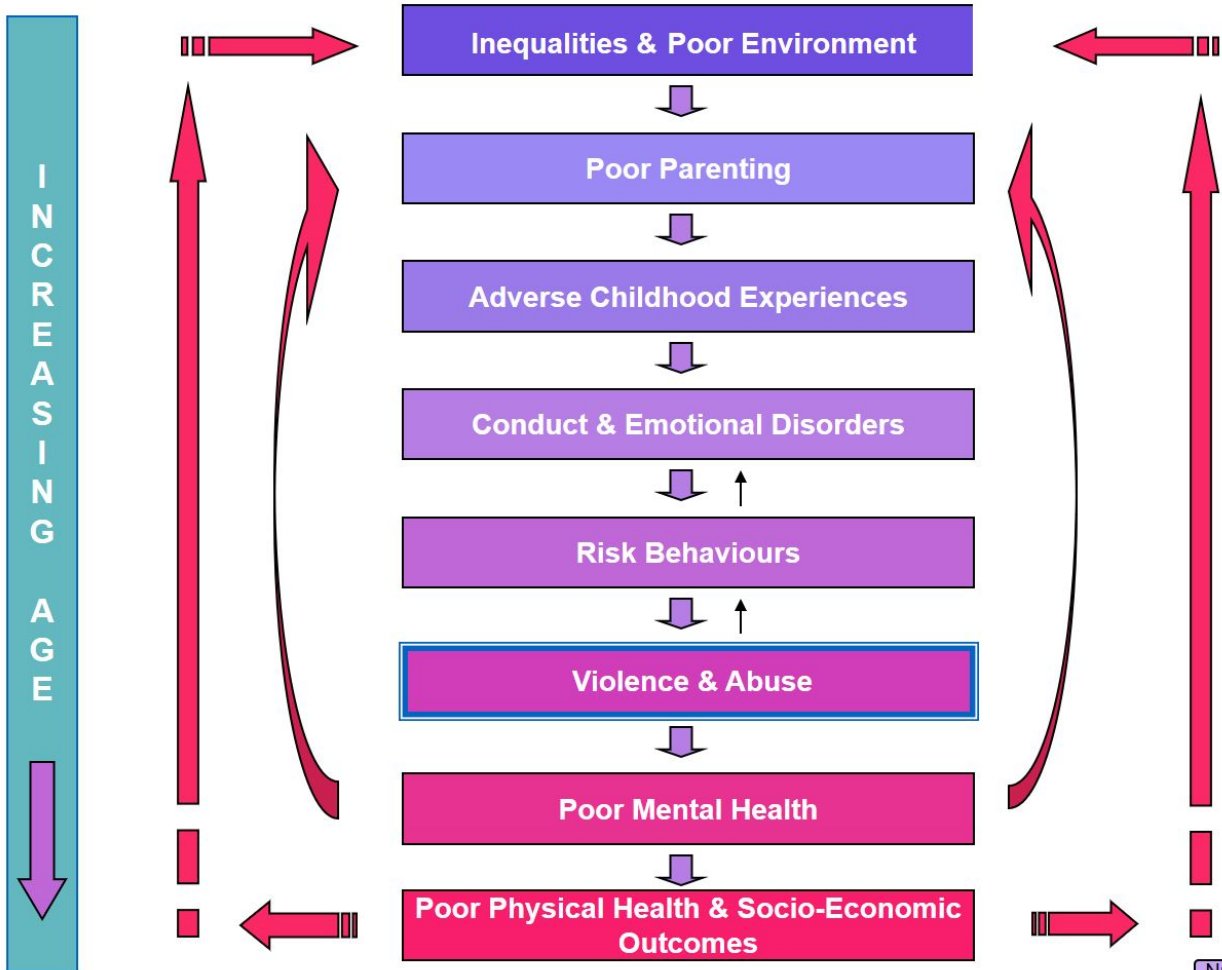
We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.



# LIFE IS FOR LEARNING



## The Cycle of Violence and Abuse across the Life-course



Nurse J, 2008



Seek **truth** from the cradle to the grave.

## **DEATH and DYING:**

Death will progressively become recognised as a time for celebration. It is the time of the birthing of our spiritual life. Upon death, we become more alive than ever! All we loose is a lot of weight and our reproductive organs. The senses of the body, that we are used to, become more enhanced and other senses are added.

We do not experience the death of our physical body. We leave the physical body before its death. If you fall off the edge of a cliff, should the event be impossible to survive then you will disconnect from your physical body and most likely observe its landing at the bottom of the cliff. This was the case for Judas Iscariot.

We do not experience our transition from physical Earth into a 'receiving hall' in the 1<sup>st</sup> spirit Mansion World. We wake up on a soft bed within an environment not dissimilar to a hospital or infirmary. The majority of people, upon arriving in the 1<sup>st</sup> spirit Mansion World do not realise that they are 'dead'!

If you are in your senior years of life, you will find that your appearance will progressively de-age. We may eventually look to be within our 30s! Our spirit body looks much like our physical body. It cannot be any other way, the etheric body of our spirit body is the template for our physical body.

With our spirit body fingers, when we pinch ourselves we will find that the tactile nature of our spirit body will be the same as our physical body to our senses. Within the 1<sup>st</sup> spirit Mansion World, the environment is very similar to that of Earth.

The coffee shops will supply us with the best coffees that we experienced on Earth. The bars will provide the best lager beers we delighted ourselves with. Such delights are mind generated. Upon consumption, the beverages dissolve within our mouth – we do not over indulge – no drunkenness, etc.

As we have left our physical body on Earth, we do not have any aches or pains – no more physical illness. However, our mental condition and emotional issues remain with us until we address these through our Feeling Healing.

We will be with people of like mind, culture, practices and passions. We will not find ourself in unfamiliar lifestyles. Thus, the issues of personality and treatment will be similar to that we experience on Earth.

If one has a propensity to cause harm to others, then that person has issues to address with the Law of Compensation and may find themselves being isolated. However, most integrate with others of a similar soul condition.

Meanwhile, it is easy for those in the spirit worlds to 'hear' you, while only those of us who have mediumship gifts can hear them. Of those left behind, grief is readily observed and felt by those in the spirit Mansion Worlds.



## **John: What does the spirit of man do when it leaves the physical body for eternity?**

### **The Transition called Death**

“Padgett Messages” 1914 – 1923

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-1/what-does-the-spirit-do-when-it-leaves-the-physical-body-vol-1-pg293/>

Received by James Padgett Washington D.C.

29 May 1916

I am here, St. John, Apostle of Jesus.

I come tonight to tell you a vital truth, which I know you will be interested in.

The question has often been asked: “What does the spirit of man do when it leaves the physical body for eternity?”

Many spirits, I know, have written you about this matter and some of them have described their personal experiences, yet in all the information that you have received there are some facts that have not been referred to, and I will in a brief way describe them.

When the spirit leaves the body, there is a breaking of the silver cord, as it is called, and thereby all connection between the spirit and the body is severed for all eternity – never again can that spirit enter that body, and neither can any other spirit, although, I know, it is claimed by some spiritualists that another spirit may inhabit the cast-off body. But this is all wrong, for no spirit ever enters the body which has once been the home of another spirit, and, hence, claims made by some of the wise men of the East that such a thing can be, have no foundation in fact.

When the silver cord is once severed, no power that is known to the spirit world, or among spirits of the highest sphere, can again resuscitate that body and cause the manifestation of life, and, hence, in the miracles mentioned in the Bible, where it is said that the dead were brought to life, it must be understood that this tie between the spirit and the body was never broken.

In those ancient days, as now, there were persons who had the appearance of being dead, and so far as human knowledge was concerned were dead, but who were really in a state of what may be called suspended animation. With no signs of life appearing, to the consciousness of men, death was thought to have taken place. Yet in no case where the supposed dead were raised to life, had the mortal really died.

As [Lazarus has already told you](#), when Jesus commanded him to come forth, he had not died, and so of all the other supposed dead who were called to life. When this tie has been once severed, there are certain chemical laws affecting the physical body, and certain spiritual laws affecting the spirit, which absolutely render it impossible for the spirit to again enter the body; and as you have been informed, we all, mortals and spirits and angels as well, are governed by laws which have no exceptions, and never vary in their workings. So I say, when once the spirit and body separate, it is for all eternity, and the spirit then becomes of itself, a thing apart, controlled entirely and exclusively by laws governing the spirit body.

With the spirit’s entry into the spirit world, comes the soul, still enclosed in that spirit body, and to an extent controlled by that body, which latter is also, in certain particulars controlled by the soul. The spirit body has not, of itself, the power to determine its own location or destiny, as regards place, for the law of attraction which operates in this particular, operates upon the soul, and the condition of the soul

determines the location of itself, and as the spirit body is the covering of the soul, it must go where this law of attraction decrees the soul shall abide.

While the mind and the mental faculties and the senses have their seat in the spirit body, yet the law that I speak of does not operate upon these faculties, as is apparent to every spirit which he knows from observation, as well as from experience, that the combined power of all these faculties cannot move a spirit body one step in the way of progress, unless such faculties have, in their influence upon the soul, caused its condition to change; and in the matter of mere mental or moral advancement this can be done.

So, I repeat, the condition of the soul determines the locality as well as the appearance of the spirit body, and this law of attraction is so exact, that in its operations, there is no opportunity for chance to interpose, and place the spirit body in a location which is not its, by reason of the operation of this law. So that when the spirit body enters the spirit world it must go to and occupy the place which its enclosed soul determines that it shall occupy. No interposition of spirit friends or love of parent or husband or child can prevent this destiny, although for a time, until the soul has really has an awakening as to its condition of severance from the mortal life, these relations or friends may retain the spirit body near the place of its entrance into the spirit life, even though that place be one of more beautiful surroundings and happiness than the one to which it is destined. But this situation does not last long, for the law works, and as the soul comes into full consciousness, it hears the call and must obey.

And thus you see, friends and loved ones in spirit life meet with love and kindness and consolation, the newly arrived spirit, but the parting must come, and every soul must find its home according as its own qualities have determined. And yet the consolation mentioned is a real one, for in many instances, if it were not so, the lonely spirit would experience fear and bewilderment and all the unspeakable sensations of being deserted.

Then there comes a time, when every soul must stand alone, and in its weakness or strength realise that no other soul can bear its sorrow or take from its burdens or enter into its sufferings, And thus is realized the saying that each soul is its own keeper and alone responsible for its own condition.

Of course in many cases the loving friends may visit that soul in its place of existence and offer consolation and help and encouragement and instruction, but in some cases this cannot be, for as this soul is then laid bare to itself, all its deformities, and sins and evil qualities come before it, and thus throws around it a wall, as it were, that prevents the good friends and loving ones from appearing to it.

And thus again comes into operation the great Law of Attraction for while these more elevated friends, cannot come to that soul, yet other spirits of like souls and qualities may become its associates, and render such assistance as the blind can lead the blind in their moving about. And I wish here to say, notwithstanding what some of your spiritualistic teachers have said, that the soul has its location as well as its condition.

The above condition that I have described is the destiny of some souls shortly after becoming spirits, and it is a deplorable one, and you may think that such souls are deserted by the loving influences of God's ministering spirits, and left all alone in the dreary places of their habitations. But such is not the case, for while they are deprived of the presence, to them, of the higher spirits, yet the influences of love and compassion are flowing from these spirits, and at sometime will be felt by the lonely ones, and as these influences are felt the poor souls commence to have an awakening which gradually causes the wall of their seclusion to disappear until at some time, the higher spirits find that they can manifest their presence to these unfortunate ones.

And, besides, this, every spirit, no matter how fallen, has a work to do, even though it may appear insignificant, and among these spirits of similar conditions some are a little more progressed than others, and by reason of a law which causes the more progressed to help the lesser, the latter are frequently helped from their low estate.

Now what I have last written applies of course to the spirits who are wicked and vile and without any soul development in the way of goodness, but a similar principle enters into the conditions of all the spirits in the Earth plane, although the higher they are in that plane the greater opportunities they have for receiving help and progressing. Of these latter, and the operation of the mental thoughts and moral qualities upon the condition and progress of the soul, I will write you later.

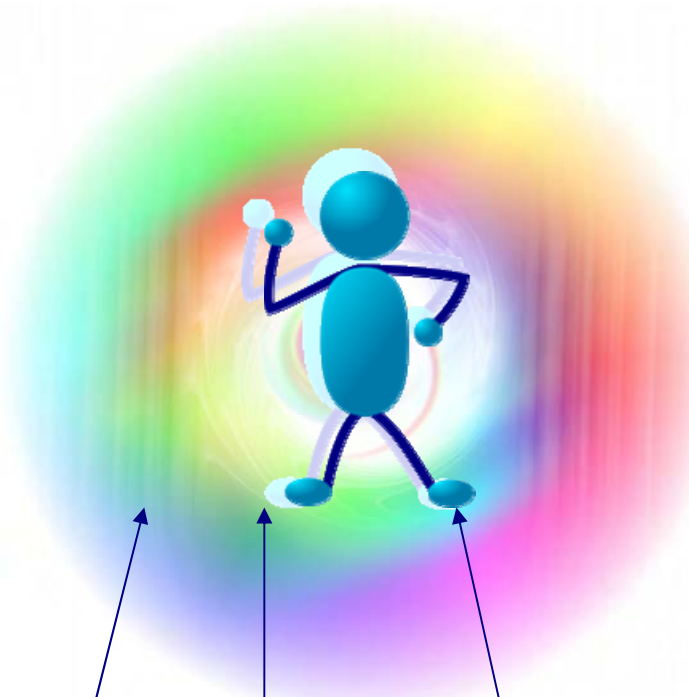
I have written enough for tonight, and leaving you my love and blessings, I will say good night.

Your brother in Christ,

John.



**Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.**



**The etheric body is the spirit body.  
The soul is the real you!**

### **SPIRIT BODY leaving the PHYSICAL BODY:**

One winter evening, four teenagers went for a car ride through the Minnesota woods, USA. At one point, a boy in the back of the car moved to the front passenger seat and the boy who was in the front repositioned himself in a back seat. Before the boy who moved to the front could buckle his seatbelt, the vehicle veered off the road and struck a tree.

The boy in the passenger seat was killed, while the other three teenagers were unharmed. A Minnesota State Trooper came upon the scene, examined the boy in the passenger seat and realised that he was dead. The trooper radioed headquarters and requested assistance. As he was waiting for backup to arrive, the trooper started taking photographs to document the accident. He turned in the camera to the police lab. These are the four photos.



## DOES GOD EXISTS?

### **How do I know there is a God?**

A drop of Divine Love is an ocean of Truth for the soul. We will grow to feel it enter us through a longing for the Love of our Heavenly Mother and Father, being Their Divine Love.

Faith is that which when possessed in its real and true meaning makes the aspirations and longings of the soul a real living existence and one so certain and palpable that no doubt will arise as to its reality.

God is Soul, and Soul is God. And the Soul of God is expressed in two personalities, Mother and Father.

And in this Soul is God's personality and life, without form but real and existing, and from which flow all attributes of Life and Love.

God is Spirit but Spirit is not God.

Spirit is only one of the Source Soul's, God's, attributes.



Our Heavenly Parents do not by reason have qualities as such, but these qualities exist because they are attributes of Their Soul, God. God never loses these qualities nor do they become hidden or cease to do their functioning; they are always existing and working subject to Their being.

A truth, though not conceived or perceived by men and women, spirits or angels, is still a truth; its existence does not depend upon it being known. And even though all mortals of Earth and spirits of the spirit world, save one, could not perceive the existence of that Truth, the Divine Love, yet its existence perceived by that one irrefutably proves its existence and reality.

God, our Mother and Father, then, is Soul. And that Soul has its form, perceptible only to itself or that of a man or woman or mortal spirit in the spirit world, by reason of the sufficient possession of the very substance of the great Soul, has become like unto God, our Mother and Father, not in image only but in the very essence, a progressive experience in God's Divine Love, through Feeling Healing, progressively transforming and perfecting the natural love in the mortal soul following embracement of Feeling Healing.

The child has asked, 'Who made God?' And because the wise men cannot answer this question, in their wisdom they conclude and assert that there can be no real God in personality or soul form. Hence, only force principle or evolved laws and causality can be God. But the child may not be satisfied with the answer and may ask again, 'Who made principle and force and laws that must be accepted as the only God?' And then when the wise man cannot answer unless they answer God, which they do not believe, the child may then say having become aware that God's Divine Love exists for the human soul and this Divine Love when in faith and experience confirms the answer to all mortal questions ultimately, 'God is the force and principle and law which are all only expressions of Their being which could not exist without God's Soul.'

If men and women would only realise the fact that God is able to see and know what their lives are on Earth, they would think many times before they do some of the things which they do, supposing that no-

one but themselves know of them. We are each blessed with an Indwelling Spirit which is an aspect of God!

Only spirits, which have experienced Feeling Healing with the Divine Love and have become filled with this Divine Love in great abundance, will ever be able to perceive the reality and truth of the personality of God. No other spirit will ever receive that development and condition of soul which is absolutely necessary for that soul to perceive the universal nature of God's personality as defined by attributes and qualities of Love and Spirit that function harmoniously for one and all living mortal souls.

In the presence of Divine Love, there is a peacefulness known that brings comfort and understanding:

Faith and Divine Love go hand-in-hand  
 Divine Love is present day-by-day  
 A little bit of love goes a long way  
 Divine Love is like touching the rainbow in one's soul.

Belief and faith are not the same; one is of the mind the other of the soul. One can and does change as phenomena, experiences and apparent facts change; the other, when truly possessed, never changes. For faith possessed by a soul causes all the longings and aspirations of that soul to become steadfast in real existence, which, like the house that is built upon the solid rock can never be shaken or destroyed.



Have belief and faith that when one's soul aspires to the Soul of God for an inflowing of the Divine Love, this Love will flow into one's soul. And once having enveloped one's soul, this Love will never leave you, for once the Divine Love becomes part of the soul such a Love is never extracted or withdrawn from the soul.

Divine Love is the essence of our Heavenly Parents, God, which when possessed by men and women in greater and greater abundance, slowly and progressively through Feeling Healing makes the individual soul in harmony with our Mother and Father. Of all the things present and available in attribute of our Mother and Father's Divine Love, it is the only substance that can make a man or woman part of divinity itself, should they have embraced Feeling Healing. Feeling Healing first then Divine Love blends with your natural love.

What an important thing, to both mortal and spirit, is the soul! It can be starved on Earth and also in the mortal spirit world; on the other hand, the soul can be developed on Earth as well as in the spirit world through Feeling Healing and the receipt of the Divine Love. If mortals and mortal spirits would only understand this; with regards to eternity, the soul is the greatest thing which they possess, and that it should be given more care and development than any and all other parts of man's being.

Let not our desires for the Divine Love originate from only the intellect, but try to bring the longings of the soul into being. Gently feel the whisper and murmurings of the soul and do not rest satisfied until a response comes, as it will certainly come! We will know that the Divine Love is present and the ever-present transforming power upon our soul will cause our hearts and souls to know that we have experienced this Love.

There never was a time or period when there was a void in the universe or when there was chaos. God never created anything out of nothing. (There was no 'Big Bang'!) God's creations, perceived by and

known by men and women, were merely the change in form or composition of what had already existed. God was always existent, a being without beginning, which idea the finite mind finds difficult to grasp. It is true, everything which is in the universe today has also existed, though not in form and composition as they now are. And they will not continue to be as they are, for change eternal is the law of God's universe.

As has been said, a thousand years are as a year to God. And while it may appear to many for many long years that there are retrogressions and delays in bringing to perfection a human and mortal spirit world of harmony, apparent retrogression is not such a fact but only a course adopted for bringing forth a greater or more harmonious perfection.



Divine Love is the way the attribute of soul can find harmony and progression, following Feeling Healing, whilst being aware that such Spirit Laws caused into existence by our Heavenly Parents, God, assist the individual in their progression of such love, faith and harmony.

Man cannot create anything higher than himself. So man cannot rise to the nature of the divine unless the Divine Love first comes into the soul of that man or woman causing the individual soul to become part of its own divinity, the true divinity of God's Divine Love.

The insight and awareness of soul and its existence calls us to recognise that the Divine Love is external to a soul's existence prior to receiving the first drop and then the Divine Love forms part of the internal workings of the individual. A soul is formed without the condition of the Divine Love being part of it and this allows for the independent personality of the individual to be as it were, free to be so that the Divine Love does not cause a determination prior to a soul's life, but rather the individual can selectively determine for themselves if a relationship with our Parents in Divine Love is one they choose.

Many understand faith to be an extension of belief and system of belief, however, faith is greater than belief. Faith in its true sense exists only in the soul. Belief may arise from a conviction of the mind, but faith, a true living faith is a soulful faith-filled experience and is never solely of the mind. A universal faith is a faith of the soul, awakened in the individual by the inflowing of Divine Love, God's universal Love for the souls of men and women and for all mortal souls in the spirit world.



The Divine Love is the true immortality. When a soul experiences the Divine Love, that soul partakes of the immutable nature of the Divine Love, is that which provides the immortality that an individual can recognise as having its origin in our Parents, God. Let us have such faith as will cause us to know that God, the Soul, is the bestower of every good and perfect gift including the Divine Love, and that only we ourselves can prevent ourselves from accepting into our souls this Love, and changes us in soul condition from the mortal into the immortal personality.

If one prays to our Mother and Father, with a sincere heart for the Divine Love, then one will soon realise the inflowing of this Love.

Breathing in Divine Love:

Awareness, a true divine awareness, is knowing that once the knowledge of the existence of the Divine Love was unknown, and now known, causes a beautiful awareness that extends with love as we now know that the Divine Love is present, known, and a continuous presence for us to adore and to receive.

The Golden Rule is one. This great teaching if observed in the conduct of men and women towards one another will tend to bring about harmony: for, to man, the most important thing is his or her own happiness! And when a man shall do unto others, as we would have others do unto us, one will be proceeding toward that condition of conduct and the correct relationship of man-to-man, which will bring harmony and an observance of those requirements of God's Spirit Laws controlling such relationship.

**Golden Rule: that one must always honour another's will as one honours one's own.**

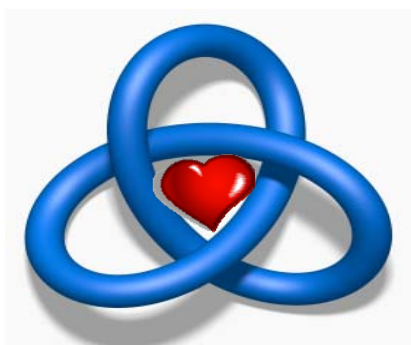
This is the Golden Rule that applies to every mortal soul in its living. As soon as the rule is transgressed, error and conflict arise causing unhappiness and disharmony.

The Golden Rule works in the natural condition of man and also inclusive when a soul is living with the Divine Love. The ultimate teaching of the Golden Rule is by example, God. When one learns about the way the Spirit Laws of God act in harmony, one then sees how God, by the mere fact of his/her own being, never transgresses this rule to create fear or disharmony or error in the mortal soul of a man or woman. The Golden Rule also acts throughout the mortal soul of a man or woman. The Golden Rule also acts throughout the mortal spirit world and this establishes a continuity that many of God's Spirit Laws in their function with the mortal experience, exist in both the human experience and the mortal spirit experience in both places at all times and never in separation.

Partly from P. 156 Serenity and all kinds of Wonderful by Zara Borthwick and Nicholas Arnold

**The Golden Rule:**

*Do unto others as you would  
have them do unto you.*



**Immortality with the Love.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

And of course, there are many other ways to realise that our Heavenly Parents exist. Take a beautiful flower and study its intricacies and we soon realise that God exists.



## Who and what is God.

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-2/who-and-what-is-god-vol-2-pg179/>

Received by James Padgett, Washington D.C.

22 November 1915

### Padgett Messages

I am here, St. Luke.

I want to add my testimony to that of Professor Salyards as to "Who and what is God." Of course, since the Master has substantiated what the Professor wrote and enlarged on it, my testimony is not necessary, yet, I desire to say a few words which are expressive of my knowledge arising from my own experience.

I have a soul development which is greater than that of the Professor, and a perception which is clearer and more convincing than his, and yet, what he has said is all that I can say as to the truth of the personality of God, except that to me it is undoubtedly much clearer and of longer acquaintance.

I know that God is a being that has personality, though not a form like unto man, but has all the attributes that have been mentioned. These attributes are not God, but merely qualities which he possesses, and which in their workings upon the hearts and souls of men emanate and flow from Him. You may better understand this if I call your attention to the fact that while you can see and feel and hear and love and dislike, yet these attributes or qualities are not you, but only those things that belong to your personality. You may be deprived of any or all of them, and yet you may not cease to exist as a personality. And so with God; while these things of Love and wisdom, and loving and hearing do not constitute God, yet they are a part of Him and are exercised by Him, just as the qualities I have mentioned are exercised by you.

I know it is difficult for the mere mind to comprehend this great truth of God having a personality, yet it is a truth, and just as real to the perceptions of the developed soul as is the existence of yours or any man's personality to the finite mind. And here is another fact in connection with this great truth, and that is that only the spirits who have experienced the New Birth and become filled with the Divine Love of the Father, and hence a partaker of His Divinity, will ever be able to perceive this great truth of the personality of God.

No other spirit will ever receive that soul development which is absolutely necessary for it to possess in order to perceive the great truth under discussion. Yet the mere fact that these other spirits do not comprehend or understand this truth does not make it any the less a truth, and all men and spirits are subject to its operations, and must come under the benefits that they may receive by reason of the workings of this truth upon their lives and thoughts.

Just because men cannot see God it does not follow that He does not see them, for He does; and their every thought is known to Him and taken account of. And strange as it may seem to you, or as I should more appropriately say, surprising as it may seem to you, that account is kept in the memories and consciences of men themselves, and when the time comes for them to render an account of their acts and thoughts, no other place or receptacle is sought for or examined to find this account than these very memories and consciences; and nothing can be hidden or lost, until it has fulfilled the purpose of its existence.

Men may create, but they cannot destroy – I refer now to their actions and their thoughts. While on Earth they may forget and ease their consciences by forgetting, yet, when they come to the spirit world, and are called to render an account, the inexorable laws that are really their judges and executioners show them that there is no such thing as forgetting – and has been said, they have forgotten to forget.

God is being, self-existing, unchangeable, but full of Love and mercy, and these He does not exercise in any individual case, but has made certain that His laws of mercy will so operate that all the spirits of men and mortals also, may by their own acts and desires place themselves in such condition of soul, that these spirits will receive the benefit of this mercy. Yes, His mercy is from the beginning waiting for all men to ask for it and want it, just as is His Love.

I could write on this subject for a longer time, but I must not write more to night as you are tired, so I will close.

With all my love and blessings, I am your brother in Christ,

St. Luke (an apostle at the time of Jesus living on Earth)

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process and Divine Love.**

**Our Heavenly Parents simply desire for us to ask for Their Love.**

**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
**Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.**  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

## Who and what is God.

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-1/who-and-what-is-god-vol-1-pg59/>

Received by James Padgett, Washington D.C.

**Padgett Messages**

25 May 1917

Page 57 of Vol I of True Gospel Revealed Anew by Jesus

I am here, Jesus.

I have been with you as you prayed, and joined in your prayer to the Father for the inflowing of His Great Love into your soul in great abundance; and I know that His Holy Spirit is present and that His love is flowing into your soul, and that you are becoming in at-onement with the Father. His love will always come to you when you pray as you have tonight, and His listening ear is always open to the earnest aspirations of His children who come to him with the true longings of the soul. You have the secret of reaching the Father's love, and on all occasions, when you feel that you need that Love or desire a nearness to the Father, use the secret and you will not be disappointed.

You are in better condition tonight in your soul development and perceptions and can receive my message which I have desired for some time to communicate, and to do which I was waiting only for you to be in a complete rapport with me.

Well, you will remember, that in the early stages of our writings, I communicated to you my knowledge and conception of "[who and what God is](#)," and that I have recently told you that I desired to rewrite the message, as your condition is now so much better to receive these truths than it was when the message was written; and so, tonight, I will deliver the message, and will take a more complete possession of your brain and control of your hand than I was able to do at the time mentioned.

Then the question is: *Who and What is God?*

In dealing with this question, you must realise that it is not so easy to describe in language that mortals can comprehend the Essence and Attributes of God, and I feel the limitations that I am under in endeavouring to give you a satisfactory description of the only and true God; not because of the paucity of knowledge and conception on my part, but because of the fact that you have not the required soul development to enable me to form the necessary rapport with you, in order that through your brain, may be expressed the exact truth as to who the Father is.

Well, to begin, God is Soul, and Soul is God. Not the soul that is in the created man, but the Soul that is Deity and self-existent, without beginning or ending, and whose entity is the one great fact in the universe of being.

God is without form, such as has been conceived of by man in nearly all ages, and especially by those who believe in the Bible of the Hebrews as well as in that of the Christians. But nevertheless, He is of form, which only the soul perceptions of the soul of a man which has arrived at a certain degree of development, that is taken on the Divine nature of the Father and thus become a part of the Soul of God, can discern and realise as an entity. There is nothing in all nature with which men are acquainted or have knowledge of, that can be used to make a comparison, even in the spirit perceptions, with this Great Soul; and hence, for men to conceive of God as having a form in any manner resembling that of man, is all erroneous; and those who, in their beliefs and teachings, deny the anthropomorphic<sup>1</sup> God, are correct.

But, nevertheless, God is of form such as to give him an entity and Substance and seat of habitation, in contradistinction to that God which, in the teachings of some men, is said to be everywhere in this

Substance and entity – in the trees and rocks, and thunder and lightning, and in men and beasts, and in all created things, and in whom men are said to live and move and have their being. No, this concept of God is not in accord with the truth, and it is vital to the knowledge and salvation of men that such conception of God be not entertained or believed in.

To believe that God is without form is to believe that he is a mere force or principle or nebulous power, and, as some say, the resultant of laws; which laws, as a fact, He has established for the controlling of His universe of creation, and which are expressed to men by these very powers and principles, that to some extent, they can comprehend.

The child has asked: "Who made God?" And because the wise men cannot answer that question, in their wisdom, they conclude and assert that there can be no real God of personality or soul form, and, hence, only force, principle or evolved laws can be God; and in their own conceit think that they have solved the question. But the child may not be satisfied with the answer, and may ask the wise men: "Who made principle and force and laws that must be accepted as the only God?" And then, the wise men cannot answer, unless they answer: "God," which they do not believe, but which let me say, is the true and only answer.

God is back of force and principle and law, which are only expressions of His being, and which without Him could not exist; and they are only existences, changeable, dependent and subject to the will of God, who only, is Being.

God then, is Soul, and that Soul has its form, perceptible only to Itself, or that of man, which, by reason of the sufficient possession of the very Substance of the Great Soul has become like unto God, not in image only, but in very Essence. We spirits of the highest soul progression are enabled by our soul perceptions to see God and His form. But here, I use the words "see" and "form," as being the only words that I can use to give mortals a comparative conception of what I am endeavouring to describe.

When it is remembered that mortals can scarcely conceive of the form of the spirit body of a man, which is composed or formed of the material of the universe, though not usually accepted to be of the material, it will be readily seen that it is hardly possible for me to convey to them a faint idea even of the Soul form of God, which is composed of that which is purely spiritual – that is, not of the material, even though to the highest degree sublimated.

And although I am not able because of the limitations mentioned, to describe to men that form which they may glean a conception of the Soul's form – as such form can be seen only with the soul's eye, which eyes men do not possess – it must not be believed that because men cannot understand or perceive the truth of the Soul's form, therefore, it is not a truth. A truth, though not conceived or perceived by men, spirits or angels, is still a truth, and its existence does not depend upon its being known; and even though all the mortals of Earth, and the spirits and angels of Heaven, save one, could not perceive the existence of that truth, yet its existence perceived by that one irrefutably proves its reality.

But, as I have said, the truth of God's form – the Soul's form can be testified to by more than one of the celestial spirits of men passed from Earth; and the possibility is before mortals of the present life, in the great future, if their souls have become possessed of the Divine Substance of God's Love in sufficient abundance to perceive God as I have attempted to explain.

The created soul of man has its form, it being made in the image of God, yet man cannot see that form, although it is a fact and can be testified to by many in the spirit realms. And here it needs to be said, that when in our message we speak of God as being without form, we mean any such form as men have or

think they have conceived of, and our expressions must not be considered as contradictory to what I have tried to explain as the form of God.

Well, in addition to the form, God has a personality, and this is expressed and made known to man by certain attributes, which to the consciousness of man is existent in the universe; and to some philosophers and scientists and wise men these attributes are their impersonal God himself, and to them the only God. They make the created, the Creator, not realising that behind the expression must be the Cause; and that greater than the attribute must be That from which the expression of the attribute is projected, or, as they better like to say, evolved.

And here, I, who know, desire to say that these manifested attributes or forces and powers and principles and laws and expressions do not, all together, constitute or be that from which they flow or in which they have their source. God is Himself, alone. His Attributes or expressions manifested to mortals or spirits, are only the results or effects of the workings of His Spirit, which Spirit is only the active energy of His Soul – Himself. And hence, the form of God is not distributed over the whole universe of creation where His attributes may be, or because they are everywhere manifested.

No, as was said by Moses of old, and as was said by me when on Earth: God is in His Heavens. And although it may be surprising and startling to mortals to hear, God has His habitation, and God the Substance, the Self-existing and Soul form, has His locality, and men do not live and move and have their existence in God; but in His emanations and expressions and spirit they do.

As you are somewhat exhausted, I think this a good place to stop. I am pleased that you are in such good condition. So be prepared for an early resumption of the message.

With my love and blessings, I will say, good night.

Your brother and friend,  
Jesus

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<sup>1</sup> Attribution of human motivation, characteristics, or behaviour to inanimate objects, animals, or natural phenomena.

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

## Christ may be in you – what it means.

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-1/christ-may-be-in-you-what-it-means-vol-1-pg70/>

Received by James Padgett, Washington D.C.

3 March 1918

Page 66 of Vol I of True Gospel Revealed Anew by Jesus

I am here, Jesus.

I desire tonight to write you in reference to the way in which, as the preacher advises, "*Christ may be in you.*"

I know that it is almost universal among preachers of the orthodox church to teach their hearers that the way to salvation is to get Christ in them and thereby they will be enabled to come into unity with the Father, and cease to remain subject to the effects of sin and evil. Well this teaching is the true foundation of salvation for the Celestial Heavens, provided it be understood by the preachers and the people what the true meaning of "Christ in you" is, and unless this meaning be comprehended the fact that preacher or people may believe that they have Christ in them will not work the results that they may suppose or desire.

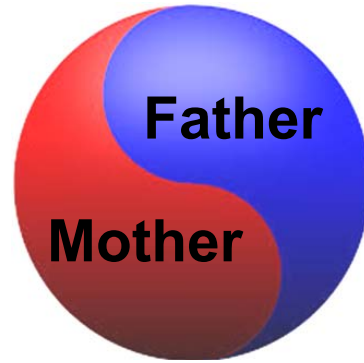
Many, and I may say the most, of these professing Christians, have ideas of what this expression means in order to become effective, that are not in accord with the true meaning of this condition of the soul. They believe that all that is necessary is to believe on Jesus as their saviour by his sacrifice and death and that in so believing they have Christ in them, and that nothing else is required. They have no conception of the distinction between Jesus, the man, and Christ, the spirit of truth, or more correctly, **the spirit that manifests the existence of the Divine Love in the soul.** Christ is not a man in the sense that he is Jesus the son of the Father, but Christ is that part of Jesus, or rather quality that came to him after he fully received into his soul the Divine Love, and was transformed into the very Essence of the Father in His Love. Christ is thus, not a man but is the manifestation of this Love as bestowed upon Jesus, and made part of his very existence. And when men use the expression, having Christ in you, if they could correctly understand the true purport of the same, they would know that it, the expression, **means only that the Divine Love of the Father is in their souls.**

The indiscriminate use of the words, "Jesus and Christ," is the cause of much misunderstanding among these Christians as to a number of the sayings of the Bible. Jesus became the Christ only because he was the first to receive into his soul this Divine Love and to manifest its existence, and this Christ principle is one that all men may possess, with the result that they will become at one with the Father in His substance of Love and Immortality.

It would be impossible for Jesus, the man, to get into or become a part of any mortal, and it would be equally as impossible for Christ, as the man Jesus, even though perfect and free from sin, to become a part of anyone. No, the meaning of having Christ in you is to have this Love of the Father in your soul, which can only be obtained through the working of the Holy Spirit as the instrument of the Father in bringing this Love into the soul.

To many who hear the preachers' exhortations in this particular, the expression is only a mystery, which they accept merely intellectually, and feel that by such acceptance they have the possession of this Christ, which is the only evidence of the truth of the Father's love. Good night.

Your friend and brother,  
Jesus

**CREATED in THEIR IMAGE:****GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary Magdalene: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



## Divine Love Spirituality

by James Moncrief January 2017

Feeling Spirituality – looking to your feelings for your Truth

The only way to the Truth is through your own feelings

This is my first writing with the Father on the beach up North at the whale and dolphin conference. (I thought it was much longer, but I must have inadvertently sent the rest back to God. I vaguely remember years ago I had a big clean out trashing most of my hand written stuff along with my earlier computer attempts. My writing was woeful back then (I hope it's improved through my Healing years), and there wasn't anything in the work that I've not brought up to date and expanded on during later years.)

### November? 1990 – With My Heavenly Father

James my child, I ask of you to do only one thing for Me, and that is to ask Me for My Divine Love. I want you, if you are willing, to long to Me for My Divine Love always, to keep your heart focused on Mine so that one day we will be able to achieve the union of love that I have destined your soul to make with Mine.

Pray to Me with all your hearts longing for My Love. And remember that it is My Love alone that can ascend you through the Heavens to finally be with Me on Paradise. It is through the partaking of My Love that you will come to know Me as you come to know yourself. There is only one objective, there is only one Great Love, to be Divine as is My Love.

As My Son, Jesus, has informed you through His messages and those of the Celestials contained within The Angelic Revelations of Divine Truth, ask Me with all the sincerity of your heart for the inflowing of My Divine Love. Ask Me to direct My Holy Spirit, the carrier of My Love, to come to you – your soul, so that it may be filled to overflowing. I want you to have as much of My Love as you can in any one moment. I want you to have it always, and as much as your soul can manage at any one time. I want you to become of my Divine Essence, for I want you to become just like I am, Divine. I want you, and when I refer to you, I always mean you – your soul, to become as I am in My Divinity, Perfect. I am perfect, and I want you to be just as perfect as I am. I want you to live in and with My perfection of soul. I want your soul to be perfect, even as I am perfect, that being, perfect in Love.

James, as I have told you many times before, I want you to love Me as I love you. I want you to be of My Love and nothing more. I want you to long to Me to saturate your soul with My Divine Love. Long, long, long and then long some more.

I know in your state it is very difficult to maintain a steady and constant focus on Me, and to keep your will adhering to its longing for My Love, but just try as much and as often as you can. The more of My Love you receive into your soul the easier to stay with Me it will become. I am with you always, I have never been anywhere else, but you have not always been with me, and yet it is for us to be together forevermore that I seek and long for from you. For you to be with Me, your Father in Heaven, the Father of your soul. I want you to get to know Me, as you get to know yourself. I already know you, yet desire that you become fully yourself, so that we can once again relate personally and intimately together as if we are one.

Your Loving Father of Heaven, and Father of your soul.

**Feelings first**



## Prayer for Divine Love

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously longed to God in any way yet not specifically for Their Divine Love,

when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow it too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.

**Feelings!**  
*first*



## **DIVINE LOVE – what does it do?**

The divine gift from asking for and receiving Divine Love will steadily, but with certainty, raise one's quality of life and also of all those around such a person who is seeking and receiving this Love.

The receiving of Divine Love, which is a substance, with certainty, progressively:

- Raises one's love for those around them, whilst embracing one's Feeling Healing.
- Raises one's perception of all things – naturally grows one's intelligence – soul intelligence.
- Enables one to feel and resolve negative emotional issues more readily during Feeling Healing.
- Humility becomes self evident. Humility enables one to feel their errors and emotions.
- Divine Love strengthens one's resolve to express errors, emotional injuries and untruths.
- Divine Love with Feeling Healing to remove emotional errors, enhances one's health.
- Divine Love enables one to become more childlike – not adult serious at all times.
- Divine Love raises one's capability of feeling – no longer needing to be mind controlling.
- By becoming feeling orientated, one no longer is mind / intellectually dominated.
- The strength to fight and overcome sin and error is strengthened through the Divine Love.
- The Law of Compensation process is more resolved by Feeling Healing with Divine Love.
- Receipt of Divine Love grows one's faith, beliefs become faith and then knowing.
- As our faith grows our intensity to ask and then receive Divine Love grows.
- We begin to follow our passions and desires, no longer fear and mind driven.
- Truth being told at all times then progressively becomes a way of life.
- Our quality of life blossoms, and relationships prosper.
- Man creates his own environment, seeking Divine Love can vastly improve one's environment.
- Health carers receiving Divine Love enhance healing outcomes beyond comprehension.
- Receiving Divine Love may assist in bringing a struggling marriage back into harmony.
- You progressively become dependent upon our Heavenly Parents, not self dependent.
- Personal growth in love directly assists the soul condition growth of one's children.
- Divine Love assists one's rate of soul condition to progress whilst embracing Feeling Healing.
- Divine Love is a substance that changes the human soul to that of the Divine.
- Without Divine Love, one cannot progress into the Celestial Spheres (8<sup>th</sup> sphere and higher).
- Divine Love, with Feeling Healing, enables everlasting Love and Life in the Celestial Heavens.
- Guarantees Immortality of the soul – Soul and Personality Survival.
- Transforms our natural love soul into becoming divine.
- Is the Way to become at-one with God. And Live God's Will.

## **JESUS' GOSPEL in FEW WORDS:**

**It is easy to summarise Jesus' gospel in few words: "God is Love. They offer Their Love to all Their children, that is to say, to all humanity. Moreover, They are always a personal God who invites us to enter into contact with Them, should we wish to do so. They will listen to us and They will answer."**

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God is the Source of Truth. And if you want to discover Truth, go to the Source, and do not be satisfied with second or third hand information.

The only way to find Truth is to experience it for yourself and in yourself. What you may experience, and thus verify, in your heart — is a great truth. Judas 6 May 2002

Man is composed of three essentially different parts: the physical body, the spirit body, and the soul. Of these three components, the physical body is characterised by its fleeting nature, for the numbered days of its existence. In fact, it only fulfils the purpose of integrating the soul into a material world, facilitating the interaction of man's spiritual part with the coarse matter environment that surrounds him.

The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high possibility that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.



The soul, lastly, is man's only part that resembles its Creator. This is why we also refer to God as the Great Soul, Source Soul or the Oversoul.

When the human soul receives the Love of God – His Essence – it becomes a divine soul. This is called soul transformation, culminating exactly at the moment when this process consumes the last vestiges of the natural soul, in the New Birth. Judas 8 May 2002

Our message is simple: God is Love, and He shares it with all who so desire. Judas 13 May 2002

God is Love and is willing to share this Love with all His children, that is to say, with all humanity.

Our Heavenly Father's Love is not a simple feeling, but rather it is His Substance, or the Essence of Divinity, that distinguishes itself by attributes, as any substance does, and what we call "unconditional love" is but one of these attributes. Judas 16 May 2002

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Our wondrous soul is an incredible ball of plasmatic intelligent energy. With Feeling Healing and the infusion of Divine Love, our soul will progressively change from that which is not Divine to that which is Divine. All we need to do is ask!

We are created in the image of our Heavenly Parents, but not of the substance of our Mother and Father. There is nothing of the Divine within our soul at the time of our individualisation, that is, upon our of conception.

We have free will. Only should we ask for God's Divine Love, do we receive it. As we ask for and receive Divine Love the nature of our soul steadily changes to that which is Divine. Only with Divine Love can we grow and become at one with our Father. Becoming at one with our Heavenly Parents occurs upon our progression into the 8th Sphere, which is upon entering the Celestial Realms and leaving the Spirit World, having completed our Feeling Healing.

We can become at one with our Mother and Father whilst here in the physical world.

God's Divine Love: Pray for it, ask for it, and receive it.



Oliver Twist asked:

Please, sir, I want some more!

Maybe we should simply ask:

Please, Mother and Father, I want some more!

Long and pray for Divine Love and it, with Feeling Healing, will loosen the errors / injuries / unhealed / denied trapped and/or inherited emotions, resulting in a flowing out of these negative embellishments within one's soul as Divine Love flows in – Divine Love being the greatest gift in all the universe.

BOOK of TRUTHS – PADGETT MESSAGES 1914 – 1923

Padgett Messages Book of Truth by Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV by Geoff Cutler

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FIRST PARENTS COMMENCED LIFE FREE FROM SIN, as did JESUS WHO WAS BORN FREE FROM SIN:

When man was created, he was given the highest qualities that could be bestowed upon a mortal. Yet, he was mere man, but the perfect one. And with these qualities was given him the possibility of becoming divine like the Father in His Nature. But this Gift was never possessed by him in Its enjoyment of full fruition until after my coming to Earth and making known to man that such a possibility existed.

The first created man never possessed this Gift in Its fulfilment, but merely had the possibility of receiving It on condition that he continued in his obedience, and made the effort to receive It in the Way that the Father declared was the only Way.

When the first parents, Aman and Amon, (Andon and Fonta) or whom they represent, possessed their God-given souls, these souls were in the image of God, but they had nothing of the Essence of God in them. They were given the opportunity, however, to obtain the Nature of God through prayer for His Love, which, on entering the human soul through the agency of the Holy Spirit, transforms that soul from the image of God into the Essence of God. But the first parents, instead of turning to God and His Love, sought mastery of their material surroundings alone, and, instead of developing their souls so that they would partake of the Nature of God through Divine Love, they chose the development of their intellectual faculties.

I was not different from other men except that I possessed this Love of God to a degree which made me free from sin, and prevented the evils that formed a part of the natures of other men from becoming a part of my nature.

I am only a son of my Father, as you are. And while I was always free from sin and error, yet, as regards the true conception of my Father's true relationship to mankind, you are also His son. And if you will seek earnestly and pray to the Father with faith, you may become as free from sin and error as I was then and am now. The Father is Himself, Alone. There is no other God besides Him, and no other God to be worshiped.

I am the first son on Earth who had become vested with the Divine Love of God to the extent of being wholly free from sin and error when I lived in the flesh. My life was not a life of earthly pleasure or sin, but was given wholly to my Father's work. I was his "only" son in that light. And he was my Father as I knew him to be. He is not a spirit of form like myself or yourself.

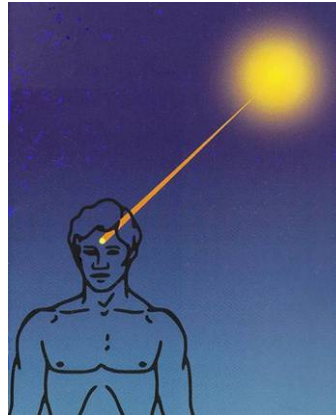
Jesus

VISUALISATION with LONGING:

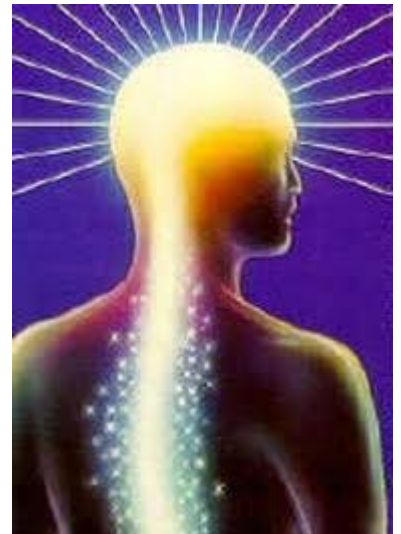
Holy Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.

Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:



"Please, Mother and Father, I want some more."



FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:



Lucifer pair

Satan pair

Caligastia pair

Daligastia pair

Arrested and imprisoned 26 CE

Arrested and imprisoned early 1990s CE

Lanonandek
System Sovereign
1
Creator
Daughter & Son

SPRIT
Prisonworld
1+37
QUARANTINED
OUTER
WORLDS
37

Lanonandek
Planetary Prince
37x
Avonal
Daughter & Son

Lucifer and his soulmate (Lanonandeks and System Sovereigns) rebelled, taking over their small part of Mary and Jesus’s universe corrupting 37 ‘earths’ and their associated spirit Mansion Worlds.

Satan and his soulmate (Lanonadeks) joined the Lucifers, helping to convince Caligastia and his soulmate (Lanonadeks and Planetary Prince of Earth) and Daligastia and his soulmate (Lanonadeks) to join the Rebellion, which they did, specifically corrupting the people of our Earth – Urantia.

Mary Magdalene and Jesus (soulmates) bestowed themselves on Earth, thereby terminating the Lucifers’ and Satans’ System Rebellion. The Lucifers and Satans were then interned on a spirit prison world.

It is now for an Avonal Bestowal Pair to terminate the Caligastias and Daligastias, with, so we understand, the first stage being completed, so these rebellious Lanonandek pairs can no longer negatively affect Earth or its associated Mansion Worlds.

Avonal Daughters and Sons have been progressively incarnating onto each of the rebellious worlds and one by one, the 37 Lanonandek Planetary Princes have been arrested and imprisoned. Caligastia, Earth’s fallen Planetary Prince and his associate, Daligastia, being imprisoned in the early 1990s.

It is anticipated that the Avonals will shortly have all the wayward Lanonandek Planetary Princes and Princesses imprisoned and will be proceeding to introduce to their custodian humanities to their New Feeling Way.

The Creator Daughter and Son address regional issues – the whole of Nebadon, as in Mary and Jesus’ case; whereas Avonal Pairs address individual planetary issues. Mary and Jesus ended the Rebellion in Nebadon with no further planets being able to be corrupted by it; the Avonals will end it, and the Planetary Default of Eve and Adam, specifically on Earth. They will do this once they’ve completed their Spiritual Healing revealing the New Feeling Way.

GOING, GOING,
GONE! **Yippee!**

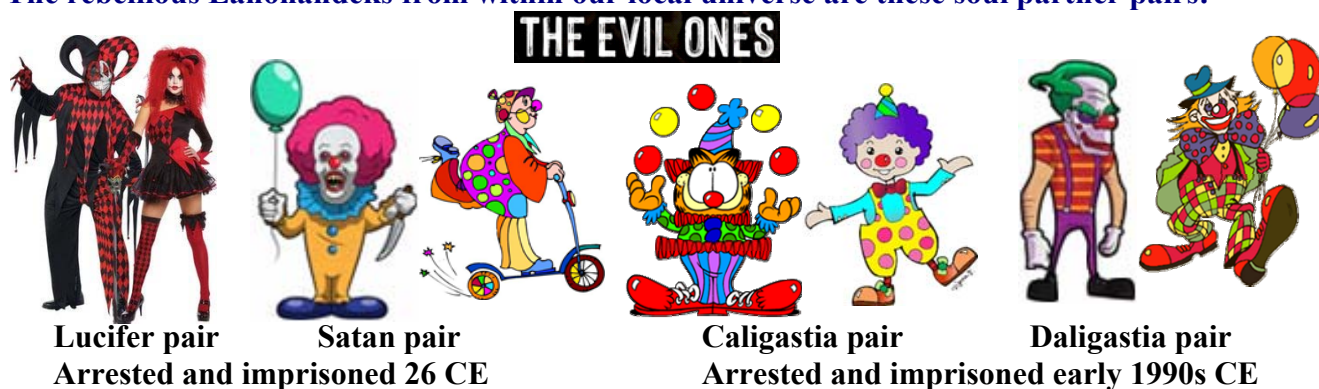
WHY did the LANONANDEK DAUGHTERS and SONS REBEL?

The Lucifer, Satan, Caligastia and Daligastia soul partner pairs are all Lanonandeks:

According to The Urantia Book (TUB) there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates / soul partners) cannot by themselves ascend to Paradise, because it is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher helpers comes to rescue them.

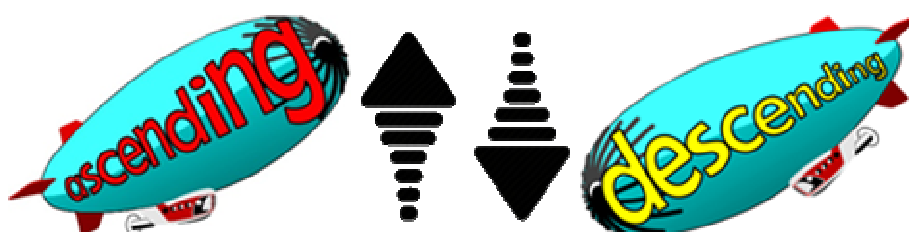
FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:



One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minister, create or 'bring into being' a Local Universe – Nebadon.

Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.



Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as

they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek daughter and son soul partner pairs.

THE EVIL ONES

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical, physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our (Earth) case, also the default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-



THE EVIL ONES

created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true – we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

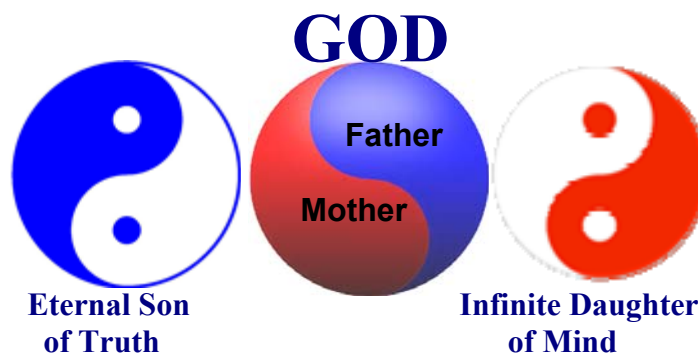
And the Melchizedeks have enlisted the Celestial spirits' help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth – both 3rd Celestial Heaven spirits. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree;

however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have the Daligastias and Eve and Adam helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

OUR JOURNEY home to PARADISE to MUM and DAD:



We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.



We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.

It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone needs to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



**Feeling
Healing with
Divine Love is
the key!**



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

Feeling bad is Good! It's okay to feel bad.

Feeling bad is good.
 Feeling bad is GOOD!
 It's not bad to feel bad – it's good.

FEELING BAD IS GOOD!
 Very good!!!

And feeling really bad is also good.
 And feeling worse is even better.
 It's all very good!

It's okay to feel bad.
 Bad feelings are okay.
 It's good to feel bad.
 Bad feelings are GOOD!

It's good to feel bad about feeling bad.
 Your bad feelings are YOUR feelings.
 YOUR bad feelings have a right.
 A right to exist.
 A right for you to feel them.

Your bad feelings are a part of you.
 Bad feelings are good and they are your feelings!
 ACCEPT THEM!

It's okay to feel bad, there is nothing wrong with feeling bad.
 You might not like feeling bad, but it's okay to feel bad.
 You are allowed to feel bad. Give yourself permission to feel bad.
 Bad feelings shouldn't be dismissed.
 Bad feelings already feel unwanted, why make them feel more rejected?
 You are your bad feelings – if you reject them, you are rejecting yourself.
 Why are you rejecting yourself? Why are you rejecting your bad feelings?
 Is this how you want to live – rejecting a natural part of yourself?
 Is this how you want to live, rejecting your bad feelings?

Feeling bad is normal. We all feel bad. We all feel bad a lot of the time, even if we won't admit it, or even if we're not aware of it.
 There are many bad feelings, all sorts of different bad feelings, and they are a normal part of you – of everyday life.

Bad feelings – your bad feelings – are to be welcomed. Bad feelings are to be wanted. Bad feelings are to be accepted.
Bad feelings are to be loved.

If you ignore or deny or dismiss or reject your bad feelings, what are you really doing? Denying, dismissing, rejecting yourself. Is this what you want to do? Because if you do, you'll only make yourself feel even worse.

You are your bad feelings – Your bad feelings are you.
Bad feelings have just as much right to life as good feelings.

Be true to your bad feelings – acknowledge, honour and accept them!
Accept your feelings.
Accept yourself.

So Remember:

Feeling bad is Good!
Accept your bad feelings.

The full acceptance of your bad feelings – and seeing the truth they are trying to show you – comes from having expressed or spoken about them. And speaking about them to someone who cares about you: a friend.

As you vent your feelings, the pent up ‘bad’ energy goes, often leaving you with the understanding of what they are all about: why you are feeling them. And once you understand and know this truth, then you are healed and free of them.

As young children we were all stopped from freely and fully expressing all our bad feelings. Things were done to us, we were forced to behave in ways we didn't want to, all of which made us feel bad. But we couldn't complain about how unjustly we were being treated. We tried, but often only to be met with harsher rejection treatment.

As adults we still have all this bad treatment going on within us. We formed patterns when we were young based around all the negative unloving parenting we had. And now being unconscious of these patterns we still (also unconsciously) expect bad things to happen to us to make us feel bad – and to feel just as bad as we did back then. And so bad things do happen. And we do feel bad.

So as an adult, we are experiencing life in the moment now as the adult, together with all we felt back when we were young, only we are unaware of it. Something will make us feel bad, and on the surface of it we might know why we are feeling bad, yet underneath, deeper within us, it will key into and trigger repressed bad feelings making us feel even worse in the situation than we might have otherwise felt.

So in doing our Feeling-Healing: healing our repressed childhood bad feelings through the feeling experiences of our current adult life, we need to use every bad feeling to help take us back 'down' inside ourselves, to connect with what made us feel the same bad feeling when we were young.

We are our bad feelings, and like them, WE ARE STILL WAITING TO BE HEARD.

The honouring, accepting and expressing of our bad feelings is our attempt to speak up and finally be listened to: to be accepted and loved – not rejected. And as an adult we can now do this, whereas, a child we could not.

And so if you no longer want to feel bad then through complete self-acceptance is the ONLY way to heal yourself – allowing yourself to feel as bad as you do feel. If you don't feel good about anything in your life or about anything to do with yourself – if you have one bad feeling at all, that feeling or bad thing will somehow be connected all the way through you to your early childhood. And so simply, if you feel bad about anything, if you are sick or don't like any aspect of yourself or your life, it's all because of how you were treated during your early childhood, and it's still going on deep within you. Your childhood has ended but the resulting mental and will patterns that dictate to a high degree your emotional and feeling state are all still in existence, still unconsciously controlling you. And because you are denying yourself the knowledge of these patterns, so too are you denying yourself the resulting feelings from them – all your bad feelings.

When you see the truth, the whole truth of your negative self-denial state, then with your will you can stop living in rebellion against yourself and choose to live positively. And in that choice you are healed.

The aim of Feeling-Healing

The real aim of doing your feeling-healing is to perfect your relationship with yourself, with others, with nature, and in the end, with God.

Until we are living true to all our feelings and living wanting to grow in truth from our feeling experiences, we can't live a perfect relationship. If we live denying any part of our self we can't have true relationships.

Until we accept all of those parts of us we're denying, and understand why and how our denial came about, we can't live as our soul desires us to, as we have been created to live.

And when we do honour all our feelings and live the truth revealed by them, then naturally without any effort or mind control we'll just be perfect.

Many people try to seek God, try to understand the Greatest of all Mysteries before they try to understand themselves. We will never be able to understand or relate properly to God until we can understand and relate properly to ourselves. We come first. We have to learn how to fully honour and totally accept ourselves and then we can move out into the world and greater universe.

We are to be true to our soul by living true to our feelings.

To want to live true; true to how you feel, is to want to be perfect.
And your feelings are the way.

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens.**

SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



Then transition into Celestial Heaven state



IT IS NOT THIS WAY



IT IS THIS WAY

Our Spirit Friends on duty



OUT GATEWAY ISOLATION



SPIRITS of TRUTH:

Note to Nanna Beth from John:

Sunday, 10 December 2017

There is only our Heavenly Mother and Father that one should long to for assistance with our growth.

Further, to long for the truth of feelings is assisted by embracing our spiritual parents, Mary Magdalene and Jesus, and that is facilitated through their spirits of truth. We now understand that the spirits of truth of the Avonal pair on Earth will also become available to us in due course. These two being able to support our Feeling Healing endeavours.

What other spirits of truth are we able to embrace and what aspects of our life do they assists us with please?

Nanna Beth, 3rd Celestial Heaven: There are no other **Spirits of Truth** John. **Those of the Avonal are in fact far more important to everyone than Mary and Jesus' to begin with, because without embracing them people won't be able to align themselves as truly with their soul so as to do their Healing as easily and effectively. It's why no one has been able to do their Healing themselves through all the years of the Rebellion and Default, because the co-ordinated action, support and guidance – direction, of the Avonal's Spirits of Truth have not been available to help. So no one has been able to systematically work their way from the beginning to the end of Healing their wrongness. And so without those Avonal Spirits of Truth, no one on Earth would ever be able to do their Healing. It's as simply as that. So you need their Spirits of Truth to Heal yourselves; then once Healed, (and for support (overshadowing) as well through your Healing), you need Mary M and Jesus' Spirits of Truth to see you through the Celestial spheres.**

James: And later, I was thinking about the Spirits of Truth with Nanna Beth... could you please Nanna Beth talk more about the Spirits of Truth, as it might help John understand their purpose a little more – thank you.

Nanna Beth: **As you can read in TUB (The Urantia Book) John, the Spirits of Truth are liberated upon the deaths of the Avonal pairs or Creator pair following their full physical bestowal on a physical Earth world. So Mary and Jesus' Spirits of Truth have been liberated, and the Avonal pair's will be so upon their death.**

The Spirits of Truth basically represent all the truth the pair has lived through their life since their bestowal. So the Mother and Father sees to it that the pair live all they need to, so as to liberate within themselves all the truth their liberated Spirits of Truth will liberate, providing help for everyone who might need their help throughout their Age. So they have to go through a lot so as to accommodate the needs of everyone who'll be living through their age. The Avonals having to account for all anyone will Heal throughout their Spiritual Age. Meaning, their Healing will touch on all the depths everyone else will go through so as to provide assistance for everyone. So the long drawn out and extended Healing they are required to do, thereby covering every denial aspect of the Rebellion and Default on a feeling level, so relating to all those levels themselves uncovering the truth of them.

The Spirits of Truth have a drawing power, which means, when you look to the Pair for help, which means, you long for the truth or way such a pair lives, that you want to be as they are, you want to live and reveal the same truths to yourself that they have revealed to themselves, then their Spirits of Truth will help you. They will literally draw you up to be like themselves in truth. And as they are a Paradise Origin Soul, so they are literally drawing us up to the divine heart of

their own truth, the paradise of their own soul, which in turn leads us onto the Heart of Paradise itself – our Heavenly Mother and Father.

And we are all to look to them (Mary and Jesus) for the way through Nebadon; and for you now doing your Healing, to look to the newly revealed truths of the Avonal pair. And by wanting to embrace, acknowledge and live such truth, you'll allow their Spirits of Truth to guide you, which means, guide you through your Healing, and guide you through Nebadon. And (this is the most important part) without them, you'd never be able to complete your Healing or find your way out of Nebadon. Or you might, however it would take you so long that the rest of the universe would pass you by. And so until such Spirits of Truth are made available, then everyone has to wait until they are, until they show the way for us to go.

So until Mary and Jesus died liberating their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. So there were an awful lot of spirits waiting for their bestowal so they could move on in their ascent to Paradise, with a general clearing out of Nebadon taking place this past two thousand years. This including many Celestials from Earth, who were free to leave once they'd completed their Healing and attained the Celestial level, and then evolved up through Nebadon.

Anyway, special dispensation is made available for people who want to currently do their Healing before the full liberation of the Avonal's Spirits of Truth. Should people look to them for Healing help and the truth, then such help will not be withheld. So people can start their Healing without having to wait for them to die and liberate their Spirits of Truth.

So the Spirits of Truth streamline everything, and basically we'd all be stuffed if we didn't have access to them. So they, and whom they come from, are rather important and an integral part of our growth of truth.

And really it's one Spirit of Truth from the Avonal or Creator soul, however it's 'split' in two as reflected by the two soul 'halves' or soulmates / soul partners – by each personality. And we need to embrace both the pair equally, not just one. So if you look to only Mary or only Jesus, you'll not allow both parts, both Spirits of Truth, to work within you. So you won't be able to keep the feminine and masculine aspects of truth harmonised, causing imbalances, which you can see in distortions as reflected by those people only adhering to Jesus via the Padgett Messages or in the Christian religions.

In all the other religions that don't even look to either Mary or Jesus, you've got the wayward mind with no hope of ever finding the truth and moving out of the mind Mansion Worlds. And that would be the same with the Avonal pair, if you look to only one of them you'll be doing yourself a severe disservice, with no hope of ever completing your Healing (as reflected by people trying to heal themselves using alternative self-help methods or their therapists or spiritual leaders, yet not really getting to bottom of the real problems at hand), so people will need to long for help from them both. And we don't need to specifically ask them personally for help (although of course we can should our life move us to be with them), we only need to long for the Truth. They can't help everyone personally because there are too many of us, so that's why they provide us with help from their Spirits of Truth.

And we need that united help to sort out our disharmony concerning the feminine and masculine within ourselves, just as they have sorted it out within themselves. And because you are taking your lead now from the Avonal pair, so you can't go ahead of them, as they need to sort out all the distortions within themselves and their own relationship, so as to offer such help through the light of their spirits, so you can sort yourself out. So they have effectively needed to do most of their Healing before other people

can look to them. And it won't be until they've fully completed their Healing that people will be assured that they can fully Heal themselves. So a lot hinges on them completing their Healing, because they then provide the way for everyone else to do their Healing.

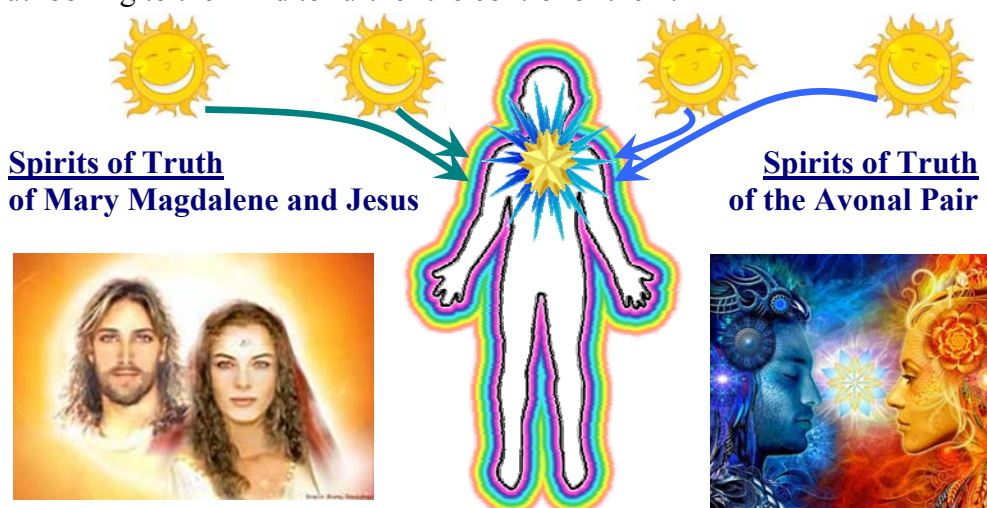
And it's not that everyone else will do their Healing the same as the Pair have done it, but that everyone will do their Healing in their own way, yet will uncover the same truths the Pair uncovered for themselves. Which is why Jesus said: follow me, because we are to literally follow him and Mary up through Nebadon once we've finished our Healing, by revealing to ourselves through our feelings the same truths they revealed to themselves through their feelings. So by the time we complete our Nebadon stage of existence, we'll have lived all the same truths Mary and Jesus lived through their ascent of Nebadon following their bestowal into flesh.

And so it will be the same for people looking to do their Healing by looking to the Avonals. So in no way will the Avonals or Mary and Jesus ever stand in the way of people and spirits getting to the Mother and Father; on the contrary, they will only assist people to look to God and NOT to themselves. Which is what the Avonals can only do and claim, once they've finished their Healing. Which is why they will be reticent to stand up and declare themselves before they've completed their Healing, preferring people don't really know about them, because they don't know about what it all involves themselves until they are fully Healed. Because they know that until they are fully Healed, they'll still inadvertently be leading people astray, or standing in the way of God. However knowing that, they will at least also be able to angle and present their preliminary truths taking that problem into account, so people can avoid such pitfalls with their help.

And once they have completed their Healing, then they can honestly announce to the world, should they feel they want to, that the way is now clear, people can follow them and do their Healing and they won't be standing in their – the New Age has officially begun. That they will then be doing all they can to help people complete their Healing, link up with Mary and Jesus so they can keep ascending through the Celestial levels, all to one day move beyond and out into the greater Superuniverse on the way to Paradise.

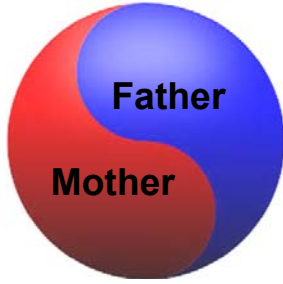
James: Thank you Nanna Beth, and just as an aside, the real New Age is yet to begin, it being when the Avonal pair declare it's begun, with the so-called New Age of some years ago being a false mind fantasy new age.

Nanna Beth: Yes, nothing whatsoever to do with the real New Spiritual Age that's soon to begin, however something of a vague forerunner that was something more to do with feelings, even though it was still about looking to the mind to further the control of them.



AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of HUMANITY:

Heavenly Parents



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



AVONAL PAIR

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

Soulmates



COUNCIL OF ELDERS



The Council of Elders, 12 Celestial soul partner pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

Soulmate PAIR while living in the physical of Earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



GLOBAL HUMANITARIAN FUND

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



TRUTH is the FOUNDATION:

We're told that love cures all, and it does, but only if truth is present. If there's no truth then there is nowhere for the love to register or act upon. So it's all but useless. Even if you had a huge hit of love it would possibly make you feel good for a while, just like your drugs, but then it would fade and you'd want another hit.



But with the truth, it's not like that. The truth stays, it's real, concrete, it's: THE TRUTH. It never goes, so once it's within you, that's it, it stays for ever-more. And so you live it, you become the living-truth that you are. So as we grow in truth we move up higher in the spirit worlds ever closer to Paradise the well-spring of all truth – the Eternal Son. But without the truth we have no depth, no solidity, we've still got that hopeless feeling of floating around adrift at sea, that feeling of feeling lost and without direction, and all the rest of it, that which we've felt most of our lives.

And gradually as the love has come based on our truth, so we've felt better and better about ourselves – better about ourselves from the inside, and not needing anything like we did from the outside. We've felt more independent and not needing to be loved by anyone other than by ourselves and each other. We've stopped needing our parents to give us that big hit, or any hit; we've stopped needing them, because we've been able to express our feelings for ourselves uncovering the truth of ourselves through them. And that's what it's about I say, we're not meant to be dependant forever on our parents, and had they loved us truly then we would have grown naturally in truth through our life experiences, weaning ourselves from them, and not needing them in the negative dependent ways they made us need them.

So it's the truth, always coming back to the truth, all because we are truth-loving souls, that's what we as ascending mortal souls are, the truth and the mind and love, but we need the truth to make the mind have something to base itself on, and we need the truth so we can feel loved and so we too can love. No truth, and whole thing – us – doesn't work, and that's what we've been coming to terms with through our negative truth-less life: that it doesn't work. And we know it doesn't work because it didn't make us feel good. We felt shit, and that's all because we weren't allowed to be our true selves, and because of that we weren't allowed to be true and so grow in truth. And had we, everything would have been right and felt good, and we'd be overflowing with love and the happiness and joy of life that truth brings. That being what we will be when we've finally healed it all.

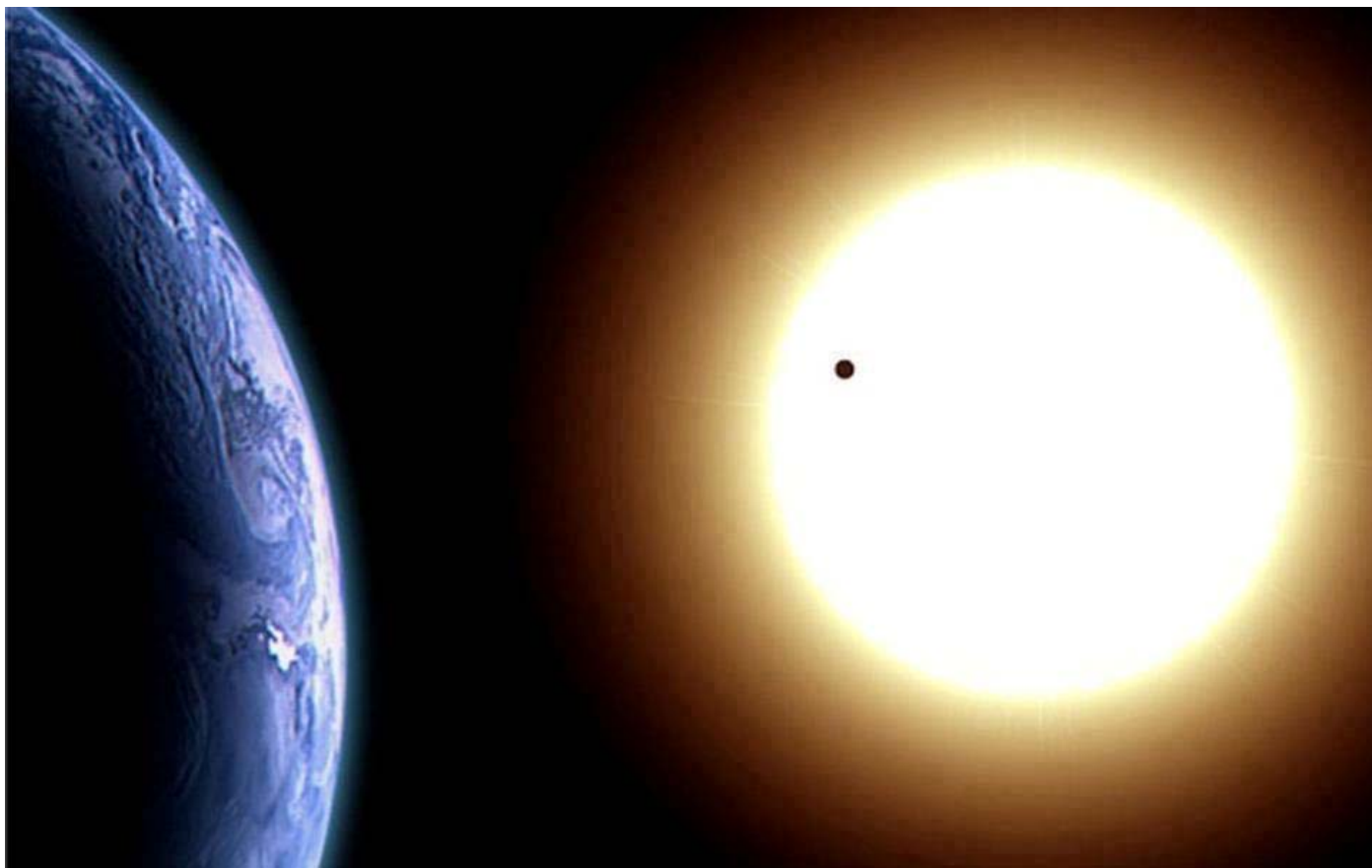
Spirits and their Childhood Repression Healing by James Moncrief 10 August 2010

It doesn't matter how many times I read this message I still need to keep reading it in order to finally "get it!".

The way Mary M expresses it to James back in 2002 as part of the Book, "*The Rejected Ones*" is I think the clearest and most succinct description of the "Healing Feeling". That's why I'm sending it on:

Speaking your feelings is for you to see clearly for yourself – to feel clearly for yourself – why you want to do and feel what you do. The want to kill yourself, your mother, or anyone else is wrong. It's only something you want to do based on your pent up and unexpressed hatred, anger and rage. These feelings having come up in you when you were little and you're not being allowed to freely express them. And over the years they have built up in intensity, every year your repression of them adding fuel to the fire, so when you do reawaken them and reconnect, they are very intense, but as I said, you don't have to literally act on them. You do not go to your mother and plunge a knife in her heart, but you do allow yourself to speak about what you want to do – how you want to and wish you could kill her, and why. And if you feel you want to chop her up into millions of little pieces, and then this too is what you have to accept about yourself, that you do feel this way, and you have to speak about it all, bringing out all the horror and yuk, even if it repulses you about yourself. It is within you, you want to do it, your feelings are full of anger and rage, so these feelings are real, they are you and they need to be accepted by you. And you accept them by admitting you have them, and you admit by speaking up about them. Nothing bad will happen to you if you do. God won't punish you. But if you feel afraid of speaking about them, then this fear needs to be expressed as well. All the negative related bad feelings need to come up and out. And all the while you LONG TO KNOW THE TRUTH of why you are feeling them, why they are in you.

I'll finish now, please give my love and support to Marion with all my blessings. Mary.



Consider this: the small black dot is a typical soul, the incredibly bright sphere is the soul of a celestial spirit, that is, a spirit who is now residing within the Celestial Heavens at the 8th level or higher.

Crossover

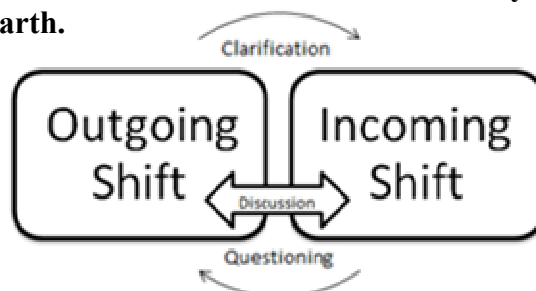
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that mankind is now able to evolve in its spiritual development. Humanity has endured 200,000 years of Rebellion compounded by the Default of some 38,000 years, now we have been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), again mankind can become aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 1914 (Padgett Messages). The older soul groups have mostly moved further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate / soul partner bestowal pair, being the first to complete their Soul Healing, and upon their deaths, will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to this knowledge and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth's humanity and handing over the responsibilities to an Avonal bestowal pair, who take individual responsibility for the spiritual wellbeing and upliftment of individual planet humanities and their associated Mansion Worlds, in this case, Earth exclusively.

For the next 1,000 years, via the Avonal Pair and the newly formed **COUNCIL of ELDERS**, able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth and Mansion Worlds to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in Love and Truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3rd Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, and to be truth-accepting. All of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really. However technically, The Change begins with the dawning of the new Spiritual Age – the Avonal Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

THE CHANGE

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.



Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people increasingly living in the wrong direction and going further against themselves, once The Change fully

starts, won't be able to evolve further into a deeper or greater rebellious state. However stagnation within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default. And when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

REBELLION & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that. However they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

GREAT U Turn & THE CHANGE

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

celestial Friends

Avonal AGE

ENOUGH IS ENOUGH

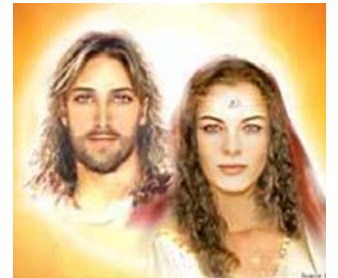
Andon and Fonta, our first parents long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordinacy 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

Avonal AGE

Law of Compensation QUICKENING



World Controllers

are known as the hidden controllers on the world platform, whereas the Deep State instigate their control over individual governments. The hidden controllers are families addicted to controlling others. And for generations have evolved their evil genius by inflicting world-wide suffering, while accumulating impenetrable control over most of humanity, enslaving them to debt and deprivation with impunity – until the commencement of the Avonal Age. These evil ones may be the first to feel the Law of Compensation come upon them which will debilitate and incapacitate them so they will no longer be able to continue with their evil ways. Through the instant application of the equivalent pain that would be associated with imposing their will upon another, they will find themselves in such a state that they cannot execute harmful intent and will therefore desist.

This earthing of the Law of Compensation may first apply to the Evil Ones, whose evil genius dominates their obsessive lifestyle and is their total focus. These corrupted personalities who undertake heinous crimes without any remorse, believing it is their heritage and right, will find themselves suffering instantaneously and being crippled by pain causing them to abandon their controlling ways.

As the Law of Compensation is progressively expanded to embrace those with lesser controlling addictions, then humanity will find that the circumstance for conflict and war will abate, thus slowly bringing about peace on Earth – the end of war.

Eventually, the full ambit of what the Law of Compensation is within the 1st spirit Mansion World may function on Earth, which may see the closing of the spirit world ‘hells’ being the 1st and 2nd Earth planes.

The Law of Compensation applies to the harm we cause through our desire to control others. Once that is resolved, then we proceed with the Law of Forgiveness which is our Feeling Healing resolving our childhood suppression and repression, as well as how we treated our own children.

Law of Compensation

Law of Forgiveness

QUICKENING

CONTROL of HUMANITY CHANGEOVER

1. Mind Mansion World Spirits, of worlds 1, 2, 4 and 6, complicit to the guile of rebellious high level Lanonandeks, Calligastia and Dalligastia, being spirit world imprisoned during the early 1990s, continued to guide and support the Rebellion and Default imposed upon Earth's humanity by Lucifer and Satan commencing 200,000 years ago. **THE EVIL ONES**

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.

22 March 2017: Negative mind-spirit influence now blocked by Celestial Spirits.

22 May 2017: Law of Compensation quickening.

2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.

8 December 2017: Bring on the money to 'house the future of humanity'.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default



Oversight and control of Earth's humanity is now within the hands of Celestials from the first three Celestial Heavens with some 30 billion Celestials engaged, assisted by 3 Melchizedeks soul-groups and countless angels. Transfer to "Council of Elders" personalities is from mind orientation to feelings first – soul based truth – with the changeover becoming openly known when the Avonal pair commence their public work.

2. Earth based hidden controllers being dominated by family groupings mainly out of Europe, with some in various parts of the world such as USA and Asia. Their "chairmen" control the world's finances and passively enslave humanity without being known. Their funds are to be removed from their control and their power collapsed.

hidden
CONTROLLERS

3. The "chairmen" are from the long-term families, generationally passing down power over humanity. These family groups may number less than twenty with their worldwide dominance.

4. The medium-term families numbering around thirty are generally unaware of the long-term families. These are personalities who come to fruition during their life and generally, but unknowingly, fit into the overarching evil agendas of the hidden controllers.

5. Short-term members are those who are typically invited into the Bilderberg Meetings and unknowingly are subordinate to the medium termers who are subordinate to the hidden controllers.

6. Secret societies that dominate commerce and sciences provide the feedstock of subterfuge.

7. Deep State are people that subterfuge governments and influential people who would otherwise work against the hidden controllers.

8. Regional, state and national governments are short-term well intentioned representatives of the people, whilst being unknowingly controlled.

SUBSERVIENT
CONTROLLERS

9. All Earth based institutionalised systems as well as religions are the product of the Rebellion and Default of 200,000 years ago that continue to do the work of the Evil Ones, the rebellious Lanonandeks, through the guile of the hidden controllers.

10. The few hidden controller families control the world's finances through financial systems that enslave all of humanity with debt systems extending to education loans, credit cards, etc.

11. Health systems do not address the cause of all illness, being childhood suppression and repression.

12. Religionists perpetrate the indoctrination of living through the mind, suppressing feelings.

13. Education is a dictatorship; chancellor, professor, doctorate lecturer, teacher, student – no latitude to allow one's soul-based feelings to be expressed – all controlled by the subservient chancellor.

14. And the most subservient of controllers are parents who perpetrate the Rebellion and Default through suppressing the child's true personality, bestowed by our Heavenly Parents, and having the child submit to their carers impositions by the child repressing its feelings and living through the mind.

Culture of the mind must
be subservient to the heart.

Mahatma Gandhi

BLOCKING the MIND SPIRITS:

Friday, 24 March 2017

James: Helen, Samantha (of England) said she was interested in how you Celestials are working to block the mind spirits, and will she be able to see anything resulting from what you are doing? Is there, please, anything else you can add that I can send to her?

Helen, 3rd Celestial Heaven: Yes James, I will add more as it's very relevant to all you are going through and what will concern you for the remainder of your life.

The Rebellion and Default have been evolving as you understand through Jesus and Mary's age, with as you would imagine, it having to get, at some time, to a point of final evolution. And that point is when the negative or destructive influences driving it, stop influencing it. And all the way along, the Rebellion and Default has been driven by spirits, the Evil Ones down to mortal mind spirits, with everyone wanting to have their way and say instead of **looking to their feelings so as to live true to their soul and so God's way and say**. So all these spirit influences have been taking matters into their hands and then affecting humanity on Earth in one way or another.



And what we've been able to do, and are still 'rolling out', as I said yesterday, is ending that spirit influence, which means, **it's the END of the Rebellion and Default, meaning, it can't evolve any further because there won't be the driving spirit influences**. So all it can do is 'spin its wheels', and effectively go nowhere other than implode under its own lack of love and truth. That which is now able to happen, has officially started to happen, will accelerate, until it being like humanity hitting the dead end and coming to an abrupt stop.

So the effect of what we've done and are continuing to do – as it will be done in a methodical procedure, done in stages of limiting, then fully stopping, the mind spirits input altogether, and all of that which is helping to drive the Rebellion and Default (as we won't be interfering with that which is trying to heal the effects of it, so we won't stop anything positive coming from the mind spirits, and in particular ones who might want to do their Feeling Healing without the Divine Love), will be seen as increased strain on all negative systems of belief, on all anti-love systems on Earth, both collectively and individually. So people will find it increasingly harder to deal with the everyday difficulties of life, with more pressure being put on them so as they can't avoid their bad feelings as much as they used to. And all businesses, governments, corporations, national structures, anything that is controlling, also feeling it more difficult to deal with all the everyday problems, they seeming to mount and increase in intensity, causing the people controlling them ever more difficulties.

And so many of the highest controllers will start losing their way, their direction will become unfocused, they will feel like other forces are interfering yet they can't put their finger on what it is. Inspiration, that which would have come from the meddling mind spirits, won't be there for them to access and enjoy, so they will have to rely on themselves more, which will give a lot of people a bit of a shock when they realise it's just not happening or working for them as it used to do. Whereas on the other side, other people wanting to do good will feel more inspired and able to do things which they've always felt difficult, because unbeknownst to them, the mind spirits were working against them. The playing field is becoming more balanced so to speak, and gradually tipping, and then moving substantially in favour of the good side of the Rebellion and Default. All so the people who want to seek the truth of themselves through their feelings will be able to so more easily, and without any unseen spirit negative influence.

You see James, this you've not been told yet, but the controlling spirits worked particularly on people throughout history who naturally wanted to look to their feelings for the truth, or on people who came to the conclusion that their feelings were the way and key to the truth, even the way to heal themselves. So that such people found it simply too overwhelming to push on up against the mountain of negativity that would rise up within them, some of it often being added to or increased by these controlling mind spirits who didn't want such truth to come to light through people's feelings. And from our vantage point in spirit, as we can see the aura and so truth of everyone, anyone who starts to make any progress in the way of truth discovery through feelings, stands out like a beacon and can easily be focused on by those controlling higher mind spirit who knew what they were looking for. But none of that can happen anymore, all because of the healing work of yourself and Marion along with Samantha.



Samantha being the first person to take on what you and Marion have revealed and commit herself to her healing, is leading the way out of the darkness, and so we are to come up behind her in a way, and with each level she reaches, that then becomes a certain benchmark with which we can work. So we can limit all the mind spirits who'd be working to thwart people below her, because she has now healed those levels within herself. And so it will continue as she progresses. And should she stop, then that's the level we can work up to, until someone else takes it further. And then it's the same with you and Marion, only you are working at the 'head of the coal face' so to speak, breaking through the controlling beliefs and mind circuits set in place by the Evil Ones (the rebellious high level spirits – Lanonandeks being Lucifer, Satan, Caligastia and Daligastia soulmate / soul partner pairs), all so people like Samantha can then set to work on Healing themselves and contribute their part.

THE EVIL ONES

So Sam, you are doing a huge amount to help everyone by doing nothing more than working steadily on yourself. And it's the angels that tell us what levels you've worked through and where you're at, which we can then relate to by what we went through as we ascended the Divine Love Mansion or, healing Mansion Worlds, as we affectionately call them.

So back to the question, will you see anything resulting directly from our actions? Probably not. However, as the whole world seems to start to implode, then you'll know it's because the controlling ways and influences of the unseen mind spirits has ended, and people on Earth have been left up to their own initiative, which will be shown to be very little. You have no idea how much direct and indirect influence has come from the mind spirits (mind Mansion Worlds 1, 2, 4 and 6), and some of the Divine Love Healing spirits. There has been MASSES of influence, nothing has happened on Earth without their influence, they've been in the thick of it all.

Countless people die all the time, come into spirit, wake up realising their new life begins and then wonder what they want to do. And as they are still basically the same as they were on Earth, yet now with renewed vigour and vitality – they are 'young again', so they set out trying to do more of what they did on Earth – control. However they quickly see that there are masses of controlling spirits already ahead of them, and so many of them have to start out all over again, at the bottom of the controlling pile, working their way up, having to understand just how one does work one's control on people back on Earth, if that's what they want to do.

So there are vast networks, many competing, many are family driven, all like what you have on Earth, but a million-fold increased in the mind Mansion Worlds. And mostly these sorts of spirits keep themselves secret from the other block of mostly do-good spirits and the ones who want to 'better' themselves, all those you read about in the spirit / mortal accounts of people talking with spirits, because the spirits involved in what they believe to be the 'spiritual upliftment' of humanity connect with those

on Earth wanting the same thing. And so what you don't get is any real idea or insight into is the top controlling mind spirit organisations, cults, groups, families and so on, and the like-minded people on Earth they connect with and exert control over.

And even you James have only very briefly touched on these controlling spirits and what they get up to. However, now I can tell you more about them. They control humanity, it's as simple as that, and have done for aeons; they, with help from the Evil Ones, the rebellious higher spirits, 'earthed' all the controlling world religions, they developed business to where it is now, government, all areas of power, and they instigated all the wars and so on, all trying to gain the power they are after.

So the Jews through the Zionists and others in league with them, being the 'Chosen One's' were given the most power and control, the smallest group controlling the masses. However we've just blocked all their influencing mind spirits, so they are really going to be spinning their wheels in thin air wondering why they can't get the traction they once had. So they will weaken, and that will cause their power to waver and others will step in and so with the whole smashing into the brick wall at the end of the Rebellion and Default which is now set and ready to happen. **This being the real End Times.** So officially, from a technical point of view, along the lines of what we can do, the end times have begun – we started them, however it's all really coming from you doing your Healing on Earth. And anyone else who does their Healing, fully committing to it, will be empowering us even more, and gradually humanity will be made to face its bad feelings, to no longer do all it can to run away from them and hide them – reject them, all so the truth can come to light from such feelings, and it's that truth that will Heal the whole of humanity.



So the tide, having been going out for all these aeons, is now ebbing and just starting to come back in. So it's got more aeons of coming back in, and you people are right on the changeover, doing your parts in the whole.

Should things start to happen that are a direct result of our positive interference, that come to James' attention, I will point them out. However, I'm not going to say, what happened to Trump today was because of what we did, and all that sort of stuff, because it's all interconnected. However with time, and overall, you'll be able to see things aren't travelling as smoothly as they have been. And although, from your limited view, the world seems like it's in its usual mess, from the mind spirits side of things, and even though they don't all agree on everything, still they understand it and they are working (were working) it along the lines that's suited them.

James: So Helen, all the New World Order and One World Religion and all that, were the aims of these mind spirit?

Helen: Yes, and they still are.

James: So what are these mind spirits going to do about what's happening, surely they are not going to take it lying down –

Helen: No, however they are powerless to do anything on Earth anymore. So they are busy trying to work out what's changed, which they'll never know because they don't even know the likes of us Celestials even exist, let alone why we've done such a thing to them. And in time they will readjust to their new, new lives, having to work out other things to do with themselves, which will basically from what we can see, mean, set about planning for the day when they will get their power and controlling

ability back. So they are busy looking to their prophetic writings, trying to work out what's going to happen, and eventually many of them will tire of it and move on; that being, work to move up the mind worlds advancing their mind, as in trying to perfect their negative rebellious state; or start their Feeling-Healing; or even move outside their box and embrace the Divine Love, moving into the Divine Love Healing worlds as they start their Soul-Healing.

And they will also try and corrupt those mind spirits still able to communicate with Earth. However, we'll also be monitoring all of that and stepping in should they start to interfere there too.

So you see James and Samantha, it's all about what's going on over here in spirit, we are where the real action is. However, by severing such controlling input from these mind spirits, humanity is now free to Heal itself. So at least to decide if that is what it does want to do, and to make that decision based squarely on people's own feelings, and not feelings being negatively influenced or interfered with from the hidden spirits. Humanity needs to be given a chance from the ground up to decide what it wants to do – either continue on its rebellious ways by default, or heal itself of such unloving ways. And it now needs to be able to take responsibility for itself, and all without any such interference.

So the mind spirits have basically been just an extension of parental control and interference, the mind spirits being the parents to all you children – the people – on Earth. But now it's time for the 'children of Earth' to step out into life themselves without such heavy parental influence, and do whatever they want. Which, in most cases, is to make a complete hash of things, because you don't know how to exist without such heavy unseen 'guidance'. So the rug has been pulled out from underneath you, and humanity is going to fall in a heap of its own doing. So this breakdown, Samantha, you might be able to see for yourself, even in your personal relationship with people. So things will get harder for them, whereas for you, you'll see how obvious it all is, the mess they are making and why they are doing it to themselves, yet whilst all being completely unaware.

And so the scene is set for the likes of what John and Crystal want to do, that being to provide a way for people to feel better about themselves and their lives, on all levels, from the basic nutritional level right up to the top spiritual level, including how to truly Heal themselves by looking to their feelings.

So the pressure that's to be exerted by these systems coming under pressure because of the sheer weight of their own greed and ineptitude, now without the unseen guiding direction and control from the mind spirits, will be what opens the way for the money to come. For that money is to be used for the good (within the bad, within the remaining rebellion and default) all with the aim of helping those people who want to help themselves in some way, truly better themselves, and even, Heal themselves.

So Sam, I hope I have painted something of a picture that will help you understand what's going on. And every day you keep submitting to, expressing, and seeking the truth of your feelings, so every day we too can work with you, up-stepping the vibration of light that we can work with.

If you want to know anything more, have other specific questions, please ask James and he can ask me.

We love you all, we are very close to you all, for you are making your way out of the darkness and into the light.

With love and blessings – Helen, a Celestial spirit. And no, I am not Helen Padgett, we just share a common Christian name.

EXPERIENCES, FEELINGS and TRUTH:

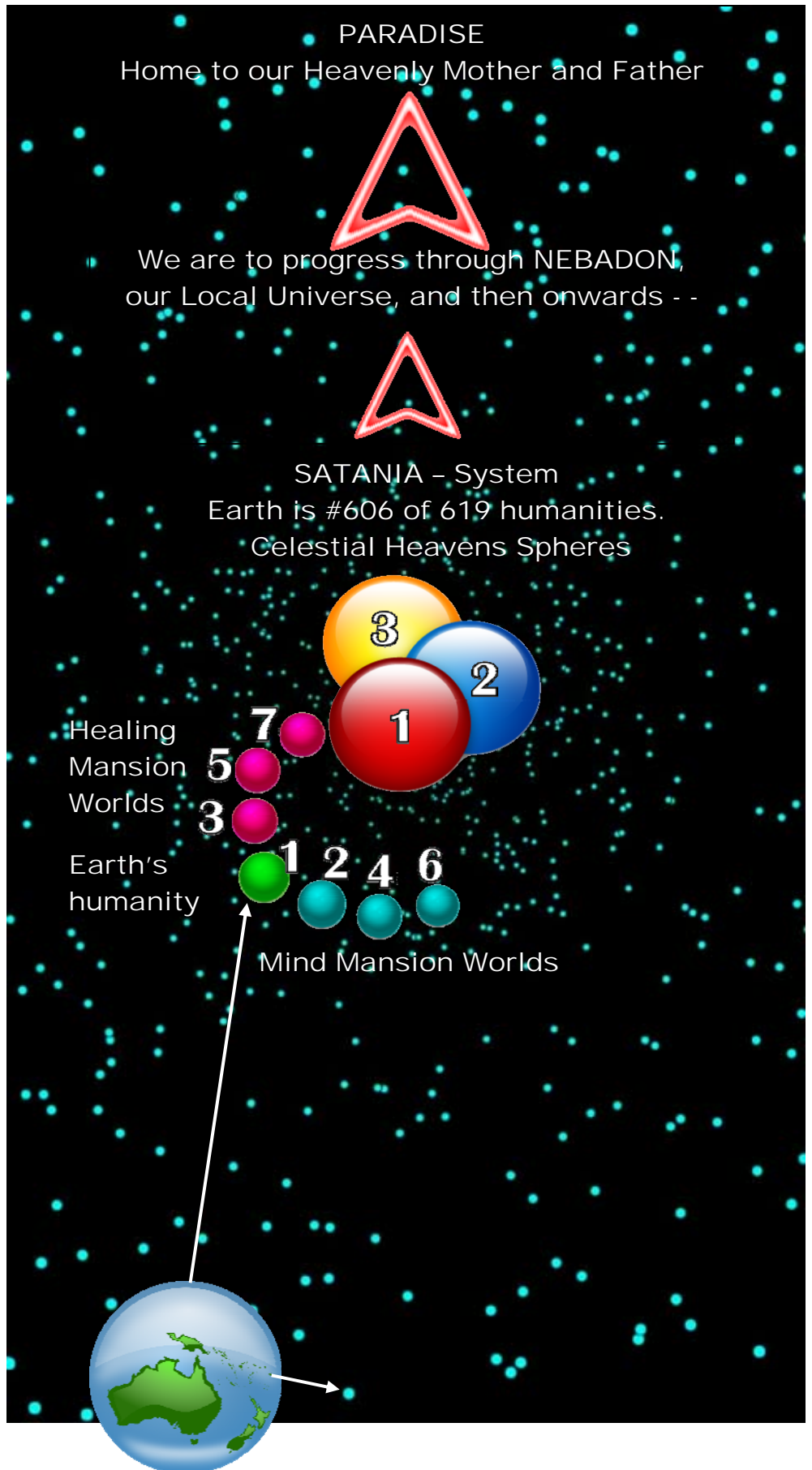
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.

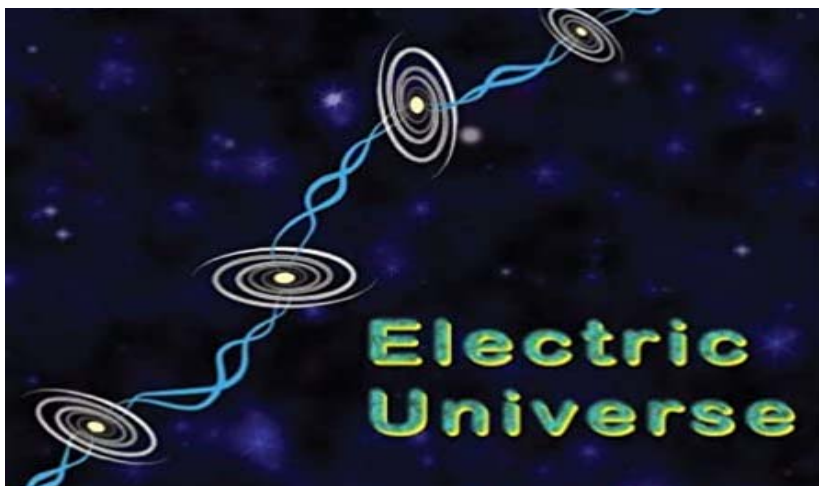
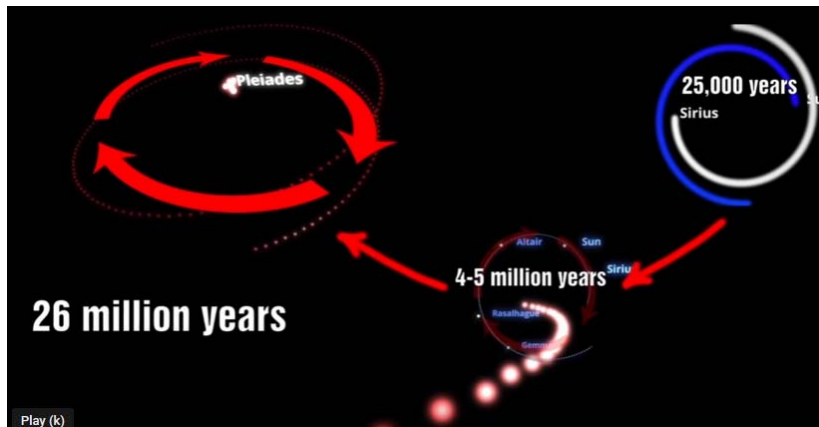


COSMOS – plasma, electric universe

Gareth Samuel: Seeing Precession Differently | Space News

<https://www.youtube.com/watch?v=mdLxP-w1LGg>

Star takes 550,000 years to complete one orbit around Arcturus, every 25,000 years we complete one rotation around Sirius filament Star being Earth's Sun.

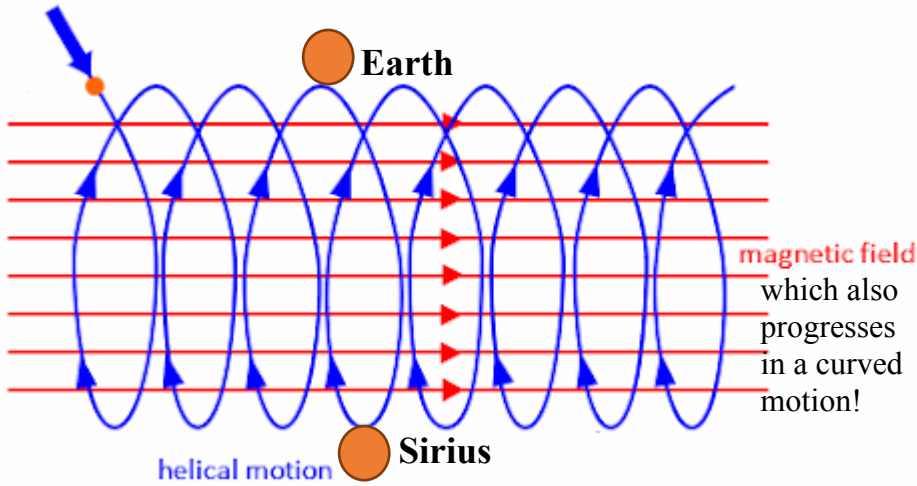


Galaxies are linked by cosmic filaments. These filaments connect galaxies across unfathomable distances which have been found both magnetised and to emit electromagnetic radiation.

Vast networks of filaments that connect electrical objects across all scales of the cosmos. It is from these filamentary networks that stars are formed eventually making up the Catherine wheel galaxies. Giant plasma filaments connect super clusters across vast distances.

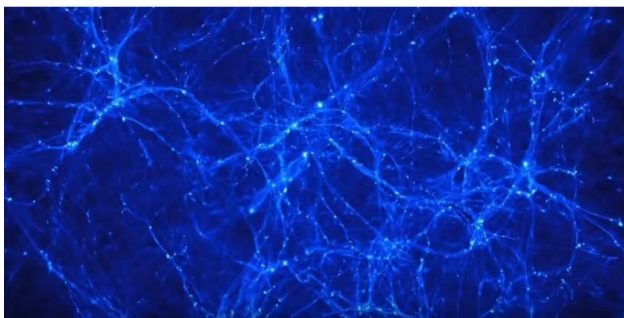
It is these twisted filaments that form like DNA helical strands that celestial bodies are connected and their pathways defined.

Twisted filament pairs have their equivalent celestial bodies. Earth's Sun has Sirius. They rotate around each other requiring a 25,000 year cycle. During such cycles there are two disruptive events that bring about very significant disturbances to the Sun and its planets. The last 'pole-shift' event was extreme, the interim and next event is anticipated to be milder – whatever that is!



The Earth / Sirius rotation around Acturus takes 550,000 years. A further, larger cyclical event requires 4.5 million years. The rotation around Pleiades requires 26 million years to complete.

Thus, nothing is moving in a straight line, the precession is in balance with each element rotating around a larger element, all following huge plasma, electric filaments.



Spirits and Angels

The Urantia Book (TUB): (159.4) 14:5.8

Monotony is indicative of immaturity of the creative imagination and inactivity of intellectual coordination with the spiritual endowment. By the time an ascendant mortal begins the exploration of these heavenly worlds, he (and she) has already attained emotional, intellectual, and social, if not spiritual,

maturity.

(159.5) 14:5.9 Not only will you find undreamed-of changes confronting you as you advance from circuit to circuit in Havona, but your astonishment will be inexpressible as you progress from planet to planet within each circuit. Each of these billion study worlds is a veritable university of surprises. Continuing astonishment, unending wonder, is the experience of those who traverse these circuits and tour these gigantic spheres. Monotony is not a part of the Havona career.

(159.6) 14:5.10 Love of adventure, curiosity, and dread of monotony — these traits inherent in evolving human nature — were not put there just to aggravate and annoy you during your short sojourn on Earth, but rather to suggest to you that death is only the beginning of an endless career of adventure, an everlasting life of anticipation, an eternal voyage of discovery.

Transporter Seraphim – angels and spirits move great distances by utilising energy lines. What is now being discerned in the physical also may be representative of what prevails within the spirit realms.



The Urantia Book (TUB) ^(429.6) 39:2.2 The superior seraphim function in the following seven groups:

(430.4) 39:2.8 *5. The Transporters.* All groups of ministering spirits have their transport corps, angelic orders dedicated to the ministry of transporting those personalities who are unable, of themselves, to journey from one sphere to another. The fifth group of the superior seraphim are headquartered on Salvington and serve as space traversers to and from the headquarters of the local universe. Like other subdivisions of the superior seraphim, some were created as such while others have risen from the lower or less endowed groups.

(430.5) 39:2.9 The “energy range” of seraphim is wholly adequate for local universe and even for superuniverse requirements, but they could never withstand the energy demands entailed by such a long journey as that from Uversa to Havona. Such an exhaustive journey requires the special powers of a primary seconaphim of transport endowments. Transporters take on energy for flight while in transit and recuperate personal power at the end of the journey.

(430.6) 39:2.10 Even on Salvington ascending mortals do not possess personal transit forms. Ascenders must depend upon seraphic transport in advancing from world to world until after the last rest of sleep on the inner circle of Havona and the eternal awakening on Paradise. Subsequently you will not be dependent on angels for transport from universe to universe.

(430.7) 39:2.11 The process of being enseraphimed is not unlike the experience of death or sleep except that there is an automatic time element in the transit slumber. You are consciously unconscious during seraphic rest. But the Thought Adjuster (Indwelling Spirit) is wholly and fully conscious, in fact, exceptionally efficient since you are unable to oppose, resist, or otherwise hinder creative and transforming work.

(431.1) 39:2.12 When enseraphimed, you go to sleep for a specified time, and you will awake at the designated moment. The length of a journey when in transit sleep is immaterial. You are not directly aware of the passing of time. It is as if you went to sleep on a transport vehicle in one city and, after resting in peaceful slumber all night, awakened in another and distant metropolis. You journeyed while you slumbered. And so you take flight through space, enseraphimed, while you rest — sleep. The transit sleep is induced by the liaison between the Adjusters and the seraphic transporters.

(431.2) 39:2.13 The angels cannot transport combustion bodies — flesh and blood — such as you now have, but they can transport all others, from the lowest morontia to the higher spirit forms. They do not function in the event of natural death. When you finish your earthly career, your body remains on this planet. Your Thought Adjuster proceeds to the bosom of the Father (and Mother), and these angels (seraphims) are not directly concerned in your subsequent personality reassembly on the identification Mansion World. There your new body is a morontia form, one that can enseraphim. You “sow a mortal body” in the grave; you “reap a morontia form” on the Mansion Worlds.

(431.3) 39:2.14 *6. The Recorders.* These personalities are especially concerned with the reception, filing, and re-dispatch of the records of Salvington and its associated worlds. They also serve as special recorders for resident groups of superuniverse and higher personalities and as clerks of the courts of Salvington and secretaries to the rulers thereof.

(431.4) 39:2.15 *Broadcasters* — receivers and dispatchers — are a specialized subdivision of the seraphic recorders, being concerned with the dispatch of records and with the dissemination of essential information. Their work is of a high order, being so multi-circuited that 144,000 messages can simultaneously traverse the same lines of energy. They adapt the higher ideographic techniques of the

superaphic chief recorders and with these common symbols maintain reciprocal contact with both the intelligence co-ordinators of the tertiary supernaphim and the glorified intelligence co-ordinators of the Seraphic Corps of Completion. (Seraphim are a higher class of angel.)

(431.5) 39:2.16 Seraphic recorders of the superior order thus effect a close liaison with the intelligence corps of their own order and with all subordinate recorders, while the broadcasts enable them to maintain constant communication with the higher recorders of the superuniverse and, through this channel, with the recorders of Havona and the custodians of knowledge on Paradise. Many of the superior order of recorders are seraphim ascended from similar duties in lower sections of the universe.

(431.6) 39:2.17 7. *The Reserves.* Large reserves of all types of the superior seraphim are held on Salvington, instantly available for dispatch to the farthest worlds of Nebadon as they are requisitioned by the directors of assignment or upon the request of the universe administrators. The reserves of superior seraphim also furnish messenger aids upon requisition by the chief of the Brilliant Evening Stars, who is entrusted with the custody and dispatch of all personal communications. A local universe is fully provided with adequate means of intercommunication, but there is always a residue of messages which requires dispatch by personal messengers.

(432.1) 39:2.18 The basic reserves for the entire local universe are held on the seraphic worlds of Salvington. This corps includes all types of all groups of angels.

(433.3) 39:3.9 These transit personalities are so organised that they can simultaneously utilize all three of the universally distributed lines of energy, each having a clear space velocity of 186,280 miles (299,780 kilometres) per second. These transporters are thus able to superimpose velocity of energy upon velocity of power until they attain an average speed on their long journeys varying anywhere from 555,000 to almost 559,000 of your miles (960,000 kilometres) per second of your time. The velocity is affected by the mass and proximity of neighbouring matter and by the strength and direction of the nearby main circuits of universe power. There are numerous types of beings, similar to the seraphim, who are able to traverse space, and who also are able to transport other beings who have been properly prepared. (Speed of light is 299,780 kilometres per second.)

(457.7) 41:2.8 The power-energy supervision of the evolutionary inhabited worlds is the responsibility of the Master Physical Controllers, but these beings are not responsible for all energy misbehaviour on Urantia (Earth). There are a number of reasons for such disturbances, some of which are beyond the domain and control of the physical custodians. Urantia (Earth) is in the lines of tremendous energies, a small planet in the circuit of enormous masses, and the local controllers sometimes employ enormous numbers of their order in an effort to equalize these lines of energy. They do fairly well with regard to the physical circuits of Satania but have trouble insulating against the powerful Norlatiadek currents.

(323.3) 29:3.5 Having no ascendant past to revert to in memory, power centres and physical controllers never play; they are thoroughly businesslike in all their actions. They are always on duty; there is no provision in the universal scheme for the interruption of the physical lines of energy; never for a fraction of a second can these beings relinquish their direct supervision of the energy circuits of time and space.

(323.5) 29:3.7 The power centres utilise vast mechanisms and co-ordinations of a material order in liaison with the living mechanisms of the various segregated energy concentrations. Each individual power centre is constituted in exactly one million units of functional control, and these energy-modifying units are not stationary as are the vital organs of man's physical body; these "vital organs" of power regulation are mobile and truly kaleidoscopic in associative possibilities.

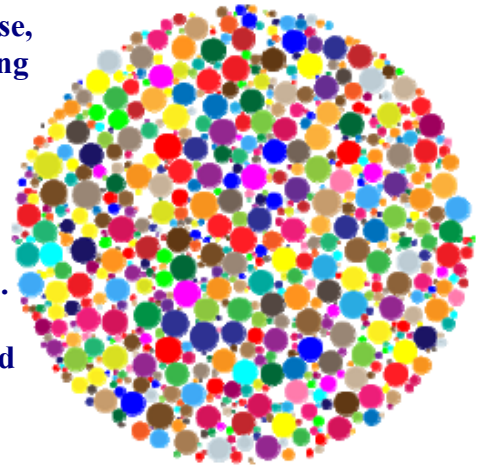
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit mansion worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth →

JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

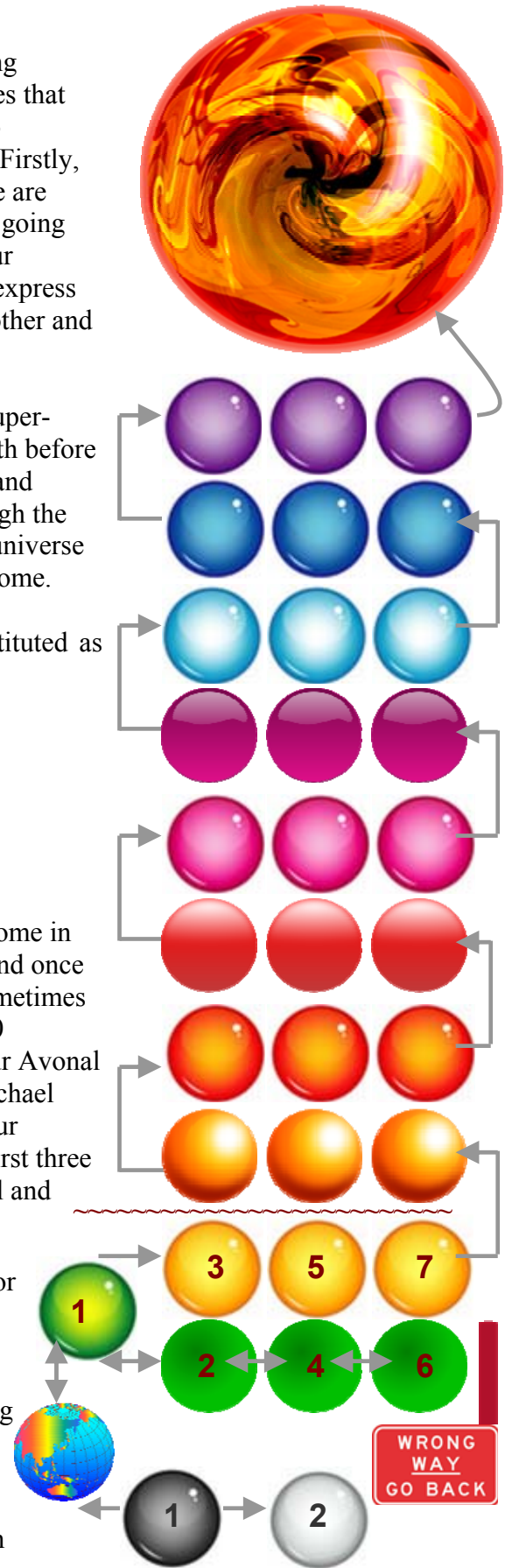
Each of the seven super-universes are approximately constituted as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

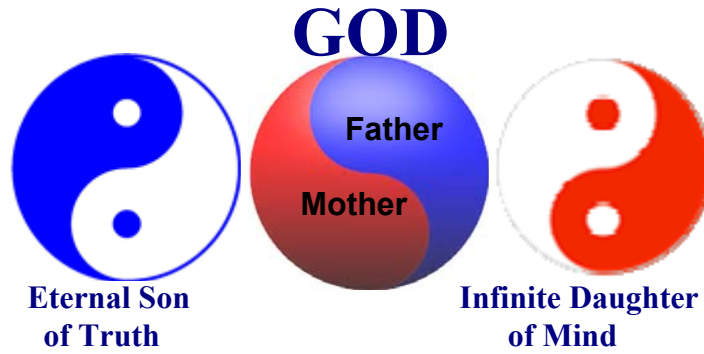
Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soul partner pairs, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 of Earth are for those people who have to compensate for evil wrongdoing. And once done, they may then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



Paradise – Havona – Home



SPIRITS from PARADISE

Nebadon – Salvington



MELCHIZEDEK
 BRILLIANT
 Evening Stars
 ARCHANGELS

Celestial Heavens

celestial ANGELS
 SPIRITS

Mansion Worlds

MORTAL ANGELS
 SPIRITS

Physical Earth

Nature Spirits Spirit Guides ANGELS
 HUMANITY

Formerly ended
31 January 2018

REBELLION & **DEFAULT**

Past
200,000 years

and now for the

GREAT
✓-Turn

Coming
1,000 years

PARADISE
Home to our Heavenly Mother and Father



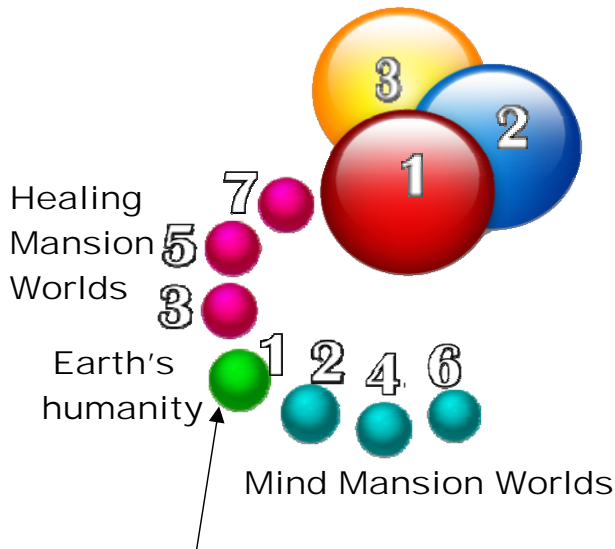
We are to progress through NEBADON,
our Local Universe, and then onwards - -



SATANIA - System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres

Avonal AGE
GREAT
V-Turn
End Times

the
Handover
THE CHANGE
AFTERTIMES
NEW FEELINGS WAY

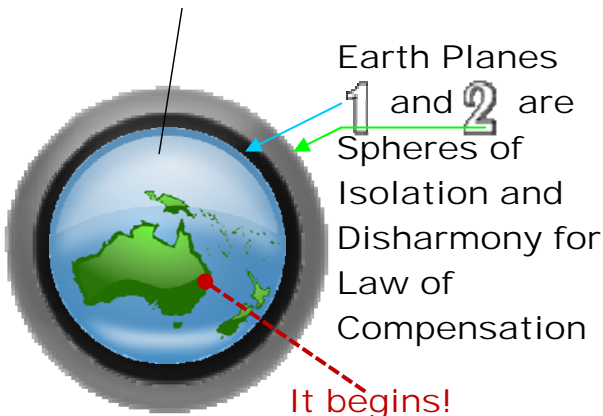


This is the time in the history of Earth's humanity when the greatest event ever experienced throughout its almost one-million-year history is taking place.

At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years or more.

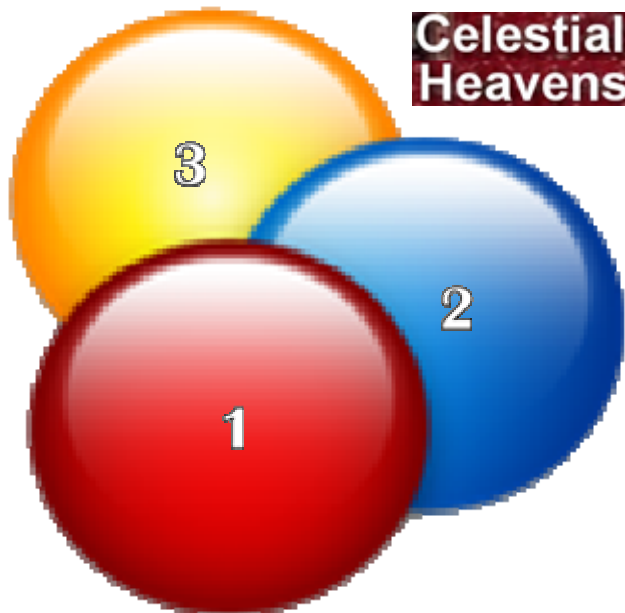
What is unfolding for humanity now is a factor 100 times more significant, and then some. Not only is Earth becoming fully engaged, so too are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Upon death of our physical body, we all transition to the 1st Mansion World



Earth's population in 2020 is approaching 8 billion; spirit Mansion Worlds 1 and 2 have approximately 200 billion; the numbers for the 2 Earth planes are unknown, however they are near capacity; the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. All worlds combined having in excess of 250 billion personalities – more than 100-fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II – well, 40 generations of 25 years each.



The “Battle Room” is one third of the sectors provided for Earth’s humanity within the three Celestial Heavens being Earth’s humanity who have obtained Celestial soul condition, having completed their Feeling Healing. Some 30 billion personalities are coordinated throughout these massive “Battle Rooms” supporting the unfolding of the coming Avonal Age.

Humanities from the balance of our local system of Satania are provided for throughout the many other sectors on each of the three Celestial Heaven spheres.

AVONAL AGE transitional Celestial administration:

	Soulgroups No:	No. of Personalities:
Council of Elders – Pascas central soulgroup	1	24
Council of Elders – Pascas primary support group varies	20	480
Soulgroups helping Pascas and Solid Investment	124,000	2,976,000
Soulgroups expanded Pascas and SI Celestial support	12,400,000	297,600,000
Soulgroups involved with the ‘Change Over’	1,240,000.000	29,760,000,000
Angels involved – they have been arriving in endless squadrons and legions		countless billions

NEW FEELINGS WAY

Mother *Father*
PARADISE **SUPREME BEING**

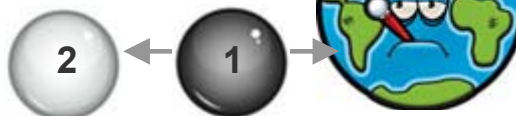
HAVONA
 ORYONTON
 Superuniverse
 NEBADON
 LOCAL UNIVERSE
 Celestial HEAVENS

Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.



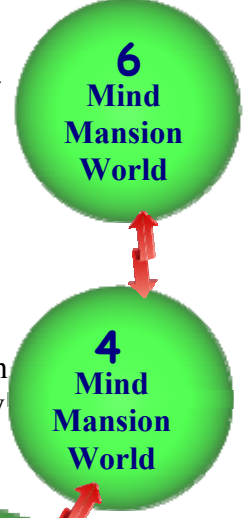
1st Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



DEAD END



Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4th; with those having perfected it in the 6th believing they are gods!



I'D TURN BACK IF I WERE YOU!

MANSION WORLDS

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1st Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.

MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

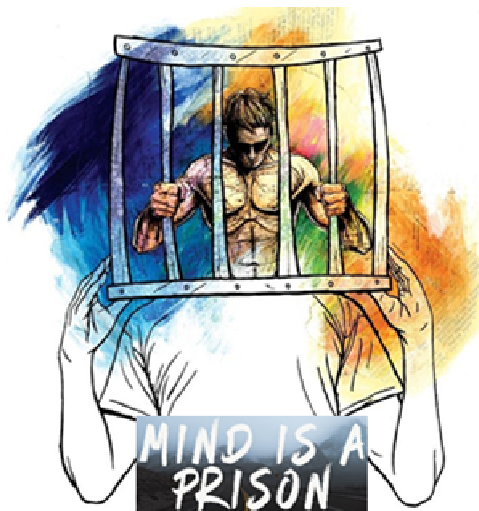
or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.



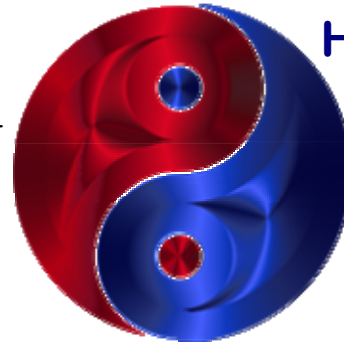
OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



**Heavenly
Mother
and
Father**



 
Nebadon
SOVEREIGNS
SPIRITUAL
Mother & Father
Nebadon
3,840,101 Planets



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we start freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

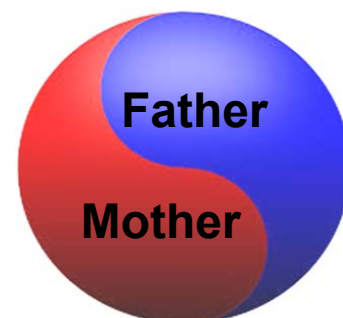
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

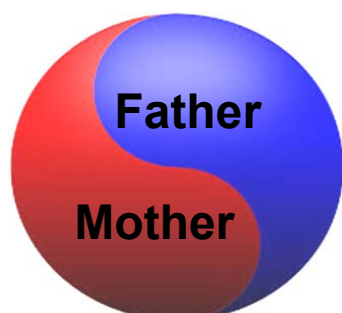


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

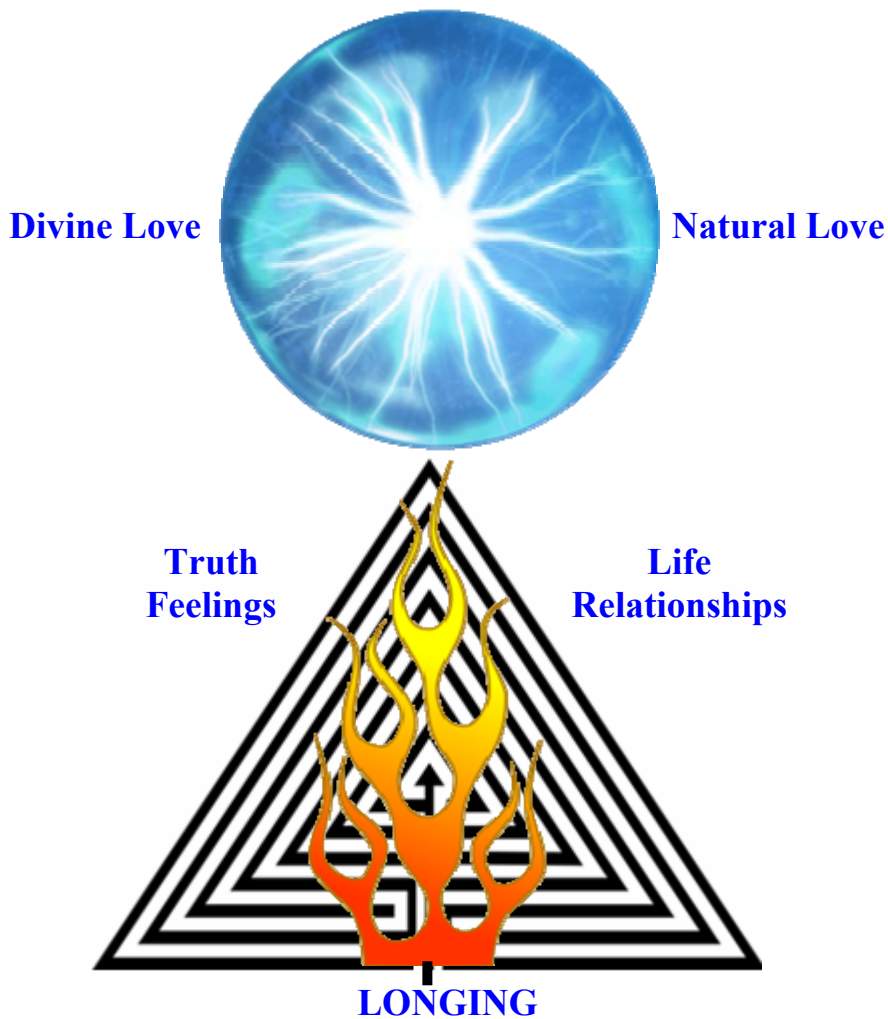
WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

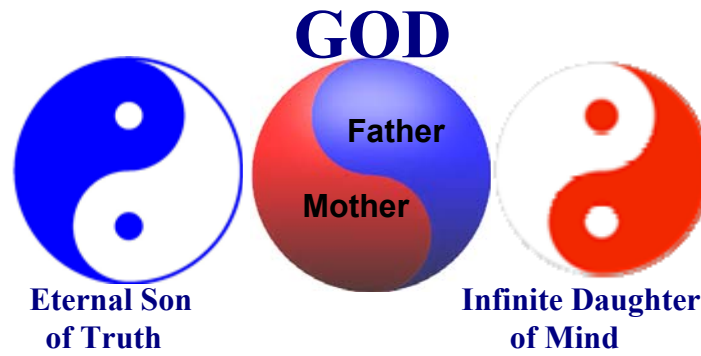
HOW TO GET TO PARADISE:

The Key

- Long for the Divine Love
- Long for the Truth
- Long for the truth of your feelings
- Don't deny any feelings: accept, express and want to know the truth of them
- Know your feelings are the key; your feelings are the Way
- Want to end your falseness and being untrue
- Want to understand the truth of your early life
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
- Want and long to know the whole truth of yourself
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soul Partners)
 2. **ETERNAL SON (ES) – Divine Truth**
 3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

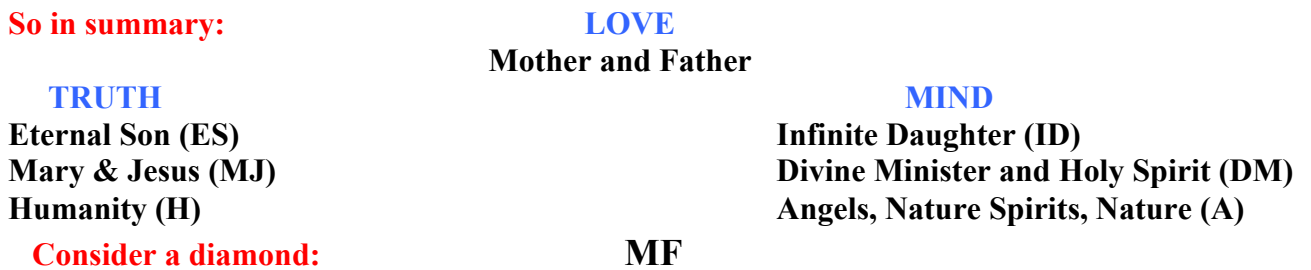
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

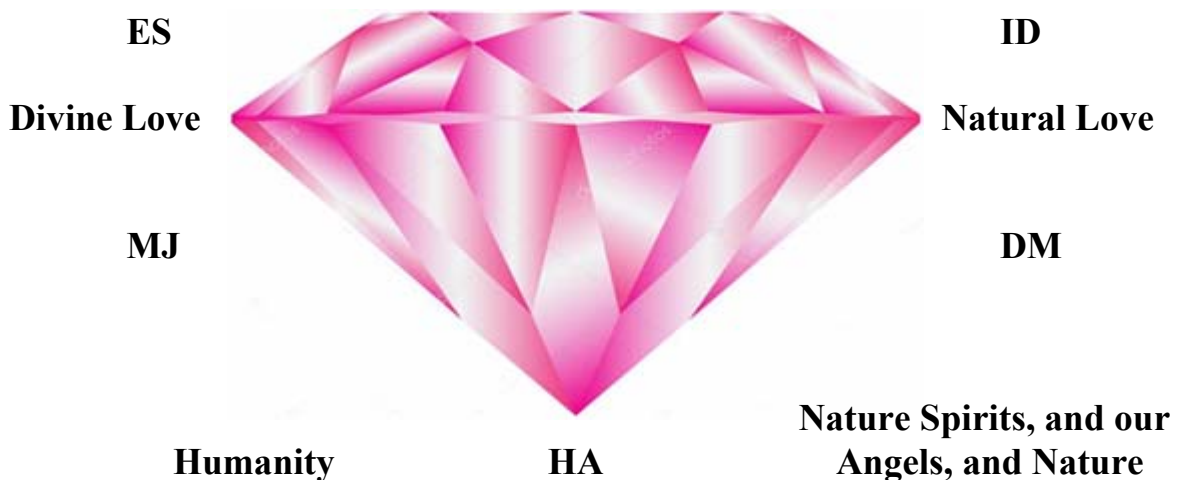
PLANETS that engage in REBELLION:

1. **AVONAL SOUL PARTNER PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soul partner pairs

Trinity Teachers
as soul partner pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soul partner, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

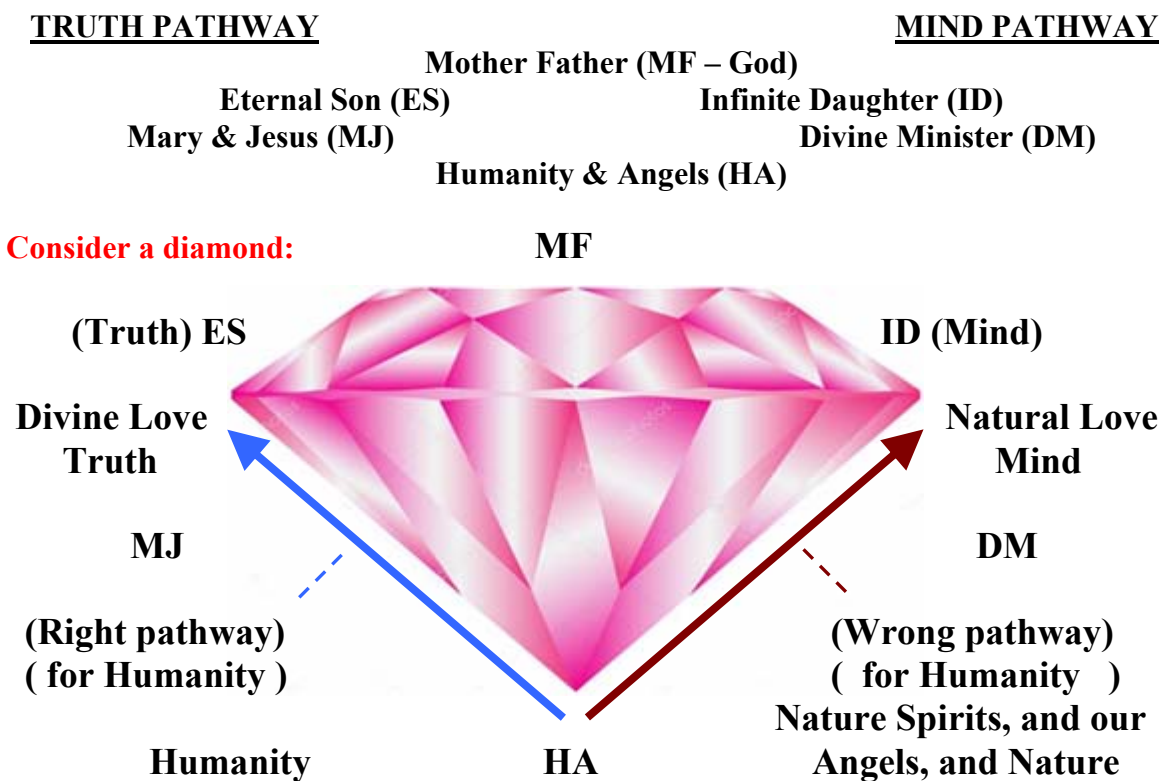
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifer, Satan, Caligastia and Daligastia soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soul partners when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: an Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soul partners.

Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth. Soul partners getting further apart.

Rebellion then Default

Present Day

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soul partners getting closer together as people express all their feelings more truly.

The Great U-Turn will bring about the Ages of Light and Life.

First soul partner pair –
Andon and Fonta

The last humans,
the last soul partner pair on Earth.

Lucifer & Satan

Adam & Eve

Jurisdiction of humanity and spirit worlds is now with Celestial Spirits.

Rebellion leaders are now removed



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

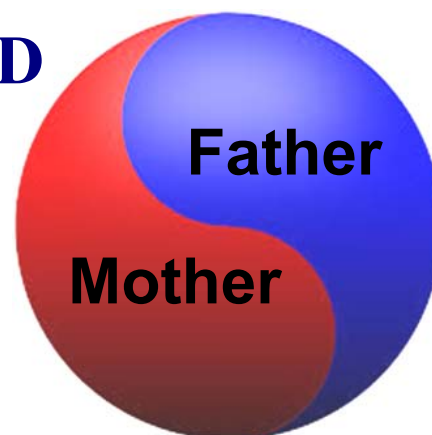
Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again. They can bring humanity up into its natural love perfection whilst at the same time, offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
(Passage in blue calibrates on the Map of Consciousness at 1,500)



GOD



God is God, who is our Heavenly Mother and Father, being Soulmates / soul partners. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



Jesus of Nazareth and Mary of Magdalene, being soulmates / soul partners, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception. To do this, we embrace the Avonal soul pair's guidance and teachings

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

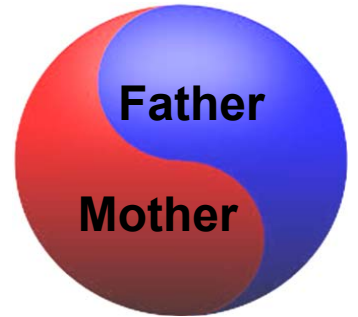
It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



MUM & DAD THIS WAY

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

GOD

MARY & JESUS

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

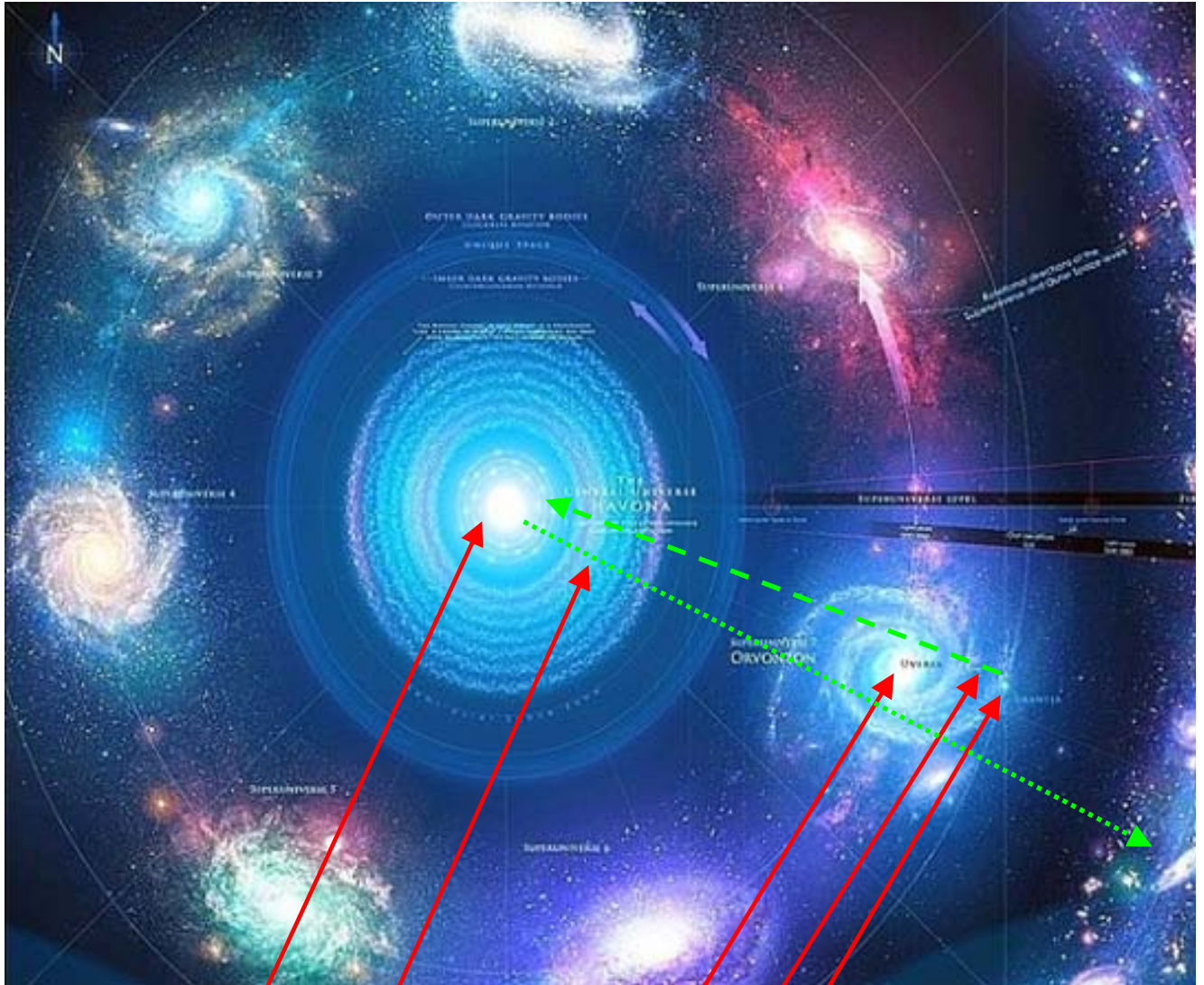
Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
Then in Paradise we progress to be Finaliters and assigned to a newly forming universe.



Isle of Paradise
home of our
Heavenly Mother & Father

Havona
Ascendington

Orvonton – our Super Universe
Nebadon – our Local Universe
Urantia being Earth

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid, Babinsky and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured. Thus James Moncrief is able to clarify writings of the past 100 years, resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation, would have continued on into its negative pathway of living. However, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Sage and the Healing Angels of Light	2017	xxx	– James Moncrief
Road map of Universe and history of Universe:			
The Urantia Book	1925 – 1935	xxx	as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
containing the Padgett Messages or Little Book of Truths			– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at www.pascashealth.com

Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way

U-Turn for Humanity pathway being New Feelings Way

U-Turn for Humanity shutting hells through New Feelings Way

U-Turn for Humanity through the New Feelings Way

U-Turn for Humanity unfolding the New Feelings Way

Universal Gift – Feeling Healing with Divine Love

Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, are to be published. Selection is to be reviewed appropriately.

ALL writings will be assembled in secure archives in strategic locations for researchers' access.

James Moncrief's books, the Padgett Messages and The Urantia Book at:**DIVINE LOVE SPIRITUALITY – DLS:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
 The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Introduction to Divine Love Spirituality<http://dlspirituality.weebly.com/>**Main website of DLS**<http://divinelovesp.weebly.com/>**Childhood Repression website**<http://childhoodrepression.weebly.com/>**DLS and CR forum**<http://dlsr.freeforums.net/><http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

Feeling Healing**you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link.*

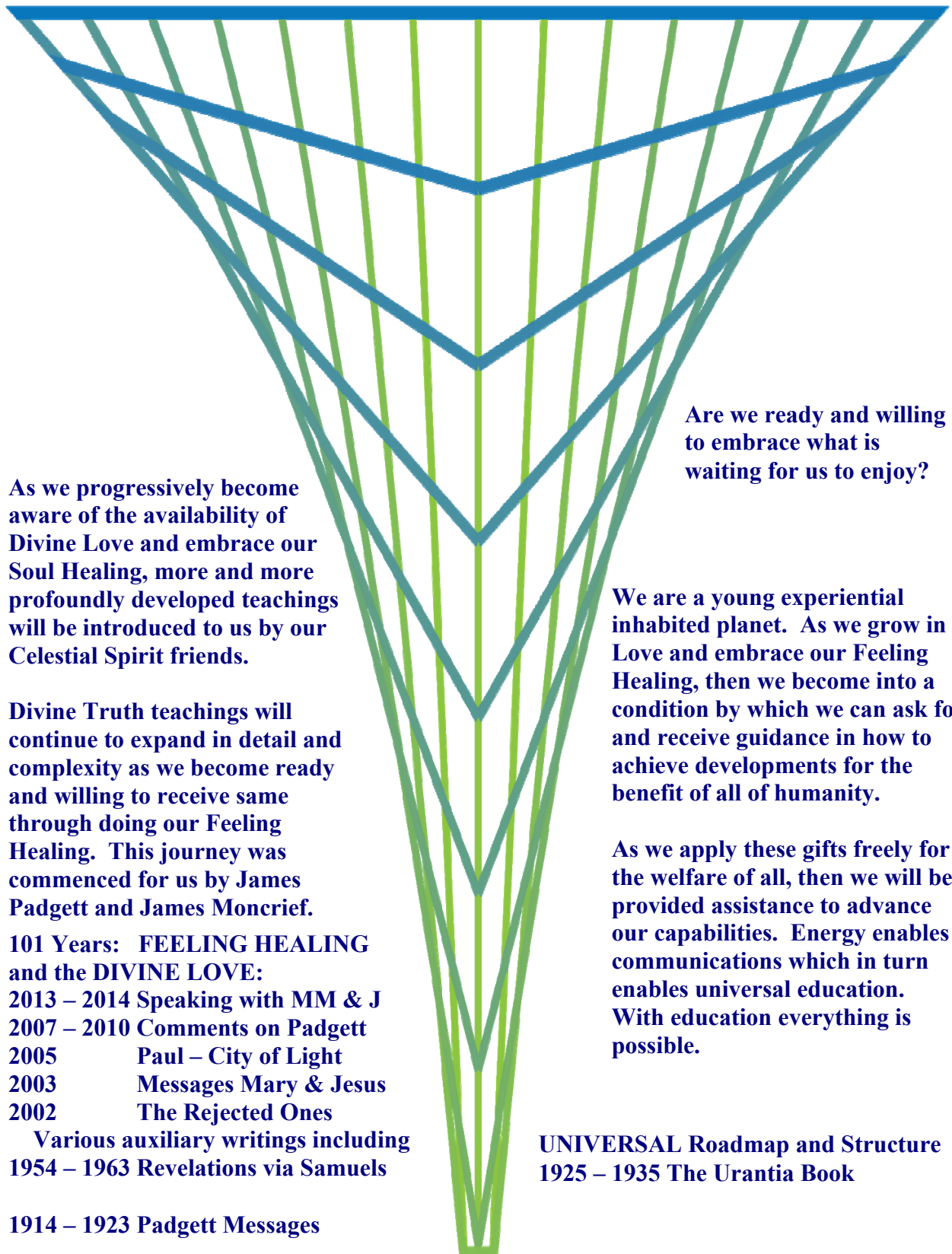
Pascas Care Letters A Huge Upturn
 Pascas Care Letters Big Revelation
 Pascas Care Letters Feeling Healing Benefits Children
 Pascas Care Letters Feeling Healing Way
 Pascas Care Letters Little Children
 Pascas Care Letters Women’s Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
 Pascas Care – Feeling Healing All is Within
 Pascas Care – Feeling Healing and Health
 Pascas Care – Feeling Healing and History
 Pascas Care – Feeling Healing and Parenting
 Pascas Care – Feeling Healing and Rebellion
 Pascas Care – Feeling Healing and Starting
 Pascas Care – Feeling Healing and Will
 Pascas Care – Feeling Healing Angel Assistance
 Pascas Care – Feeling Healing Being Unloved
 Pascas Care – Feeling Healing Child Control
 Pascas Care – Feeling Healing Childhood Repression
 Pascas Care – Feeling Healing End Times
 Pascas Care – Feeling Healing is Rebelling
 Pascas Care – Feeling Healing Live True
 Pascas Care – Feeling Healing Mary Speaks
 Pascas Care – Feeling Healing My Soul
 Pascas Care – Feeling Healing Perfect State
 Pascas Care – Feeling Healing Revelations X 2
 Pascas Care – Feeling Healing the Future
 Pascas Care – Feeling Healing Trust Yourself
 Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



NEW FEELINGS WAY



**Finding the Truth through our Feelings Way
and of Our Childhood**



**New Feelings Way
Feelings are our own Truth and Personality**



perceived truth MoC 890 – relative truth potential MoC 1,485