

# PASCAS WORLDCARE



# NATIONS of our EARTH



Good grief,  
we have been  
in a Rebellion  
and Default!

Now we can  
heal ourselves  
and become  
normal, vibrant,  
intuitive, bright  
people ...

**“Peace And Spirit Creating Alternative Solutions”**

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**Pascas Foundation is a not for profit organisation**  
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**A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:**

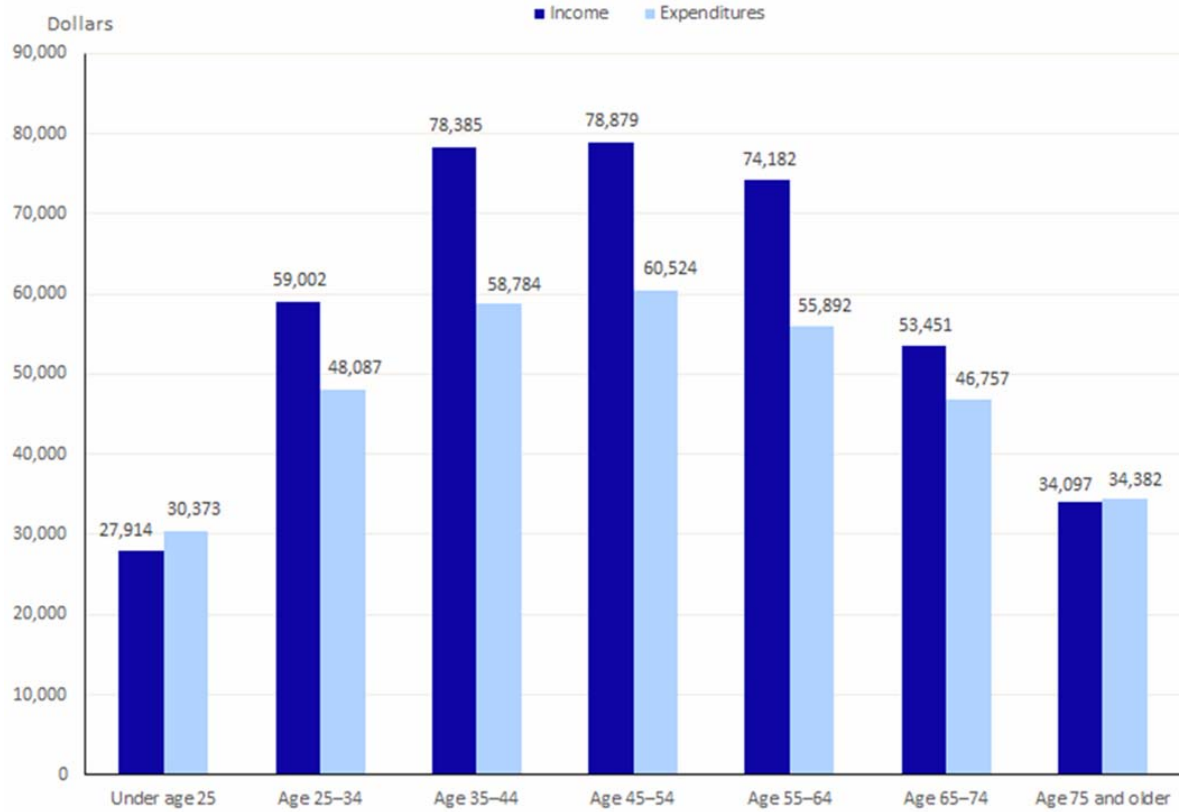
<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate “Life is OK”</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

One's soul condition has a direct relationship with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or her self as it has universal benefits that last for eternity. This is achieved by embracing Feeling Healing through which we commence to repair the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

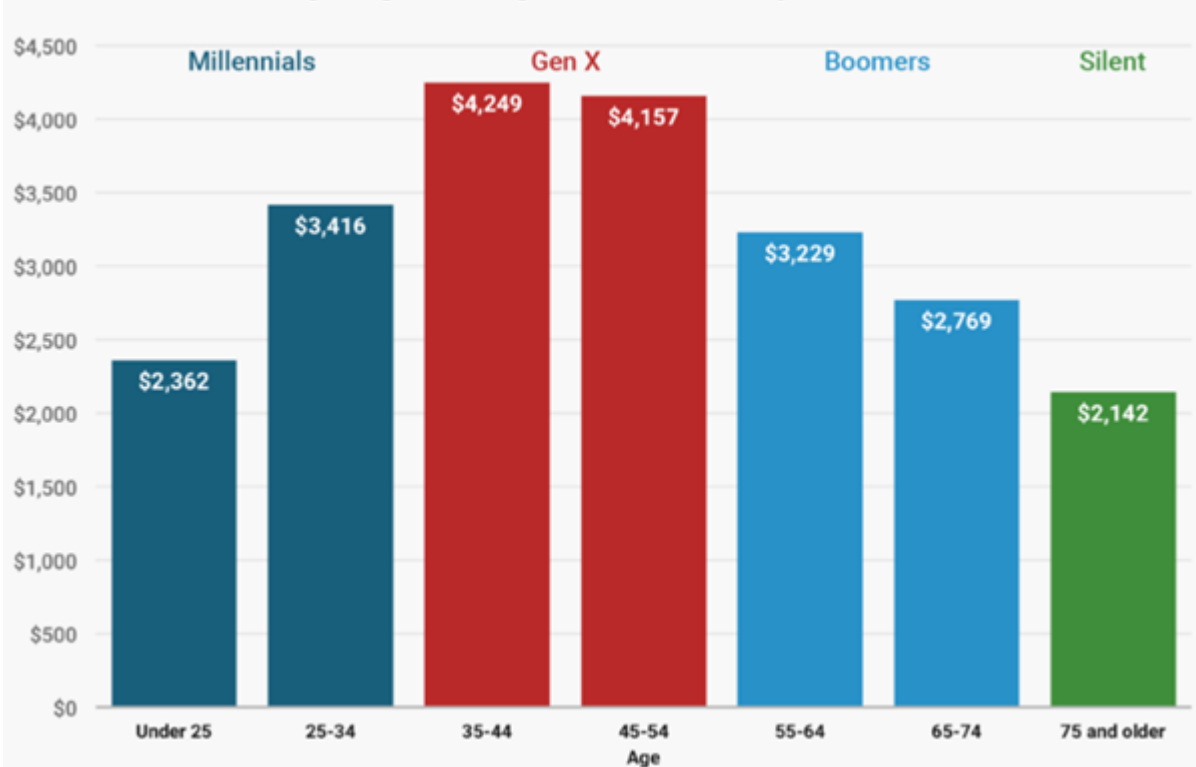
Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are most frequent amongst those within the lowest brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Consider education as the crux of progress and development. Then review the above table for the rate of unemployment, rate of poverty, happiness rate 'life is okay' and rate of criminality.

<b>MoC</b>	<b>No. of Countries</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2020</b>
<b>400s</b>	<b>10</b>	<b>406</b>	<b>78.50</b>	<b>0.939</b>	<b>6.8</b>	<b>.861</b>	<b>US\$54,010</b>
<b>300s</b>	<b>13</b>	<b>331</b>	<b>71.77</b>	<b>0.798</b>	<b>5.9</b>	<b>.684</b>	<b>US\$17,827</b>
<b>200s</b>	<b>10</b>	<b>232</b>	<b>69.45</b>	<b>0.759</b>	<b>5.8</b>	<b>.648</b>	<b>US\$16,972</b>
<b>High 100s</b>	<b>18</b>	<b>176</b>	<b>69.00</b>	<b>0.724</b>	<b>5.2</b>	<b>.639</b>	<b>US\$9,900</b>
<b>Low 100s</b>	<b>7</b>	<b>129</b>	<b>61.88</b>	<b>0.653</b>	<b>4.7</b>	<b>.567</b>	<b>US\$2,628</b>
<b>Below 100</b>	<b>11</b>	<b>66</b>	<b>52.73</b>	<b>0.564</b>	<b>4.2</b>	<b>.488</b>	<b>US\$2,658</b>
<b>WORLD</b>		<b>220</b>	<b>70</b>				<b>US\$10,900</b>

## Income and expenditures, by age of reference person



## Average spending on food away from home



**ENTER the GREAT U-TURN!**

**Charlie Brown: Good grief, we have been in a Rebellion and Default!**

**Linus: Now we can heal ourselves and become normal, vibrant, intuitive, bright people ...**

Verna, 17 April 2020: **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

*Ten ducks in a row, but one always has been misleading!*



Presently, very, very few people are even aware that Earth’s humanity has been subjected to Rebellion these past 200,000 years and Default for more than 38,000 years. High level spirit personalities induced people of Earth to believe that greatness would be theirs by living through the mind. Progressively, all of humanity has gone down deeper and deeper into the mind led way of living, suppressing their feelings and further away from truth and our Heavenly Mother and Father. We do not know any other way!

All of nature lives through the mind EXCEPT that we of humanity, being ensouled, are TRUTH SEEKERS. We are to live through our feelings and have the mind assisting with which we feel it is for us to embrace. It is our soul based feelings that are always in TRUTH. Our mind cannot discern truth from falsehood!

As all of our institutionalised systems have been founded on mind orientated principals, they ALL constrict our freedom and limit our potential to express our true personalities and evolve. Nothing that has been founded during the Rebellion and Default is to remain – it all is to be demolished and new ways of living established through the truth of our feelings.

As you will see below, Dr David R Hawkins’ Map of Consciousness (MoC) scale that goes to 1,000 actually encompasses the consciousness levels of the seven spirit Mansion Worlds that we are to progress through. By living mind centric, we cannot progress beyond the first spirit Mansion World. Mind centricity limits our development to 499 on the Map of Consciousness (MoC). The scale is based on the common log of 10. It is not a numeric progress. A 1 point growth is a 10 fold increase in energy!

Thus, when it is said that the median point of calibration of a nation’s population is 305, it is not half above and half below, the vast majority are below, maybe 80%! The few above counter-balance the many below.

Thus it will become apparent to all that institutionalised systems have been structured to retard us. Not help us evolve, but to remain subordinated to overt control.

**Politics:** Women are subjected to the subordination to men! Then the population is divided against each other with one side subjected to the other side that control the whole. As the controlling side may only be in a leadership position for a few terms, they cannot obtain the experience and then time to be



constructive for their nation's people. But the subversion to suppression of the people is even more subtle. Those who are 'selected' to represent the people are typically not even of the consciousness level of the overall consciousness of the people they represent. The politicians may typically calibrate overall at 295 MoC when the people of the nation calibrate at 305 MoC. And then the politicians select leaders from amongst themselves and the situation may degrade further.

Corporations are free to find people to lead their businesses without 'statutory' processes. Consider this:

Debate and implement resolutions without argument and delay – typically calibrate around MoC 470	
Debate and implement resolutions in due course.	MoC 440
Debate and implement resolutions with some degree of follow up generally needed.	MoC 410

Members of any leadership or management team excel amongst those who calibrate 400 or higher. Such a kinesiology muscle testing calibration may take only a few minutes and no one needs to meet up – it can be done any where in the world at any time by most people!

Executives should calibrate at least 410 MoC, and that implies that anyone who stands for politics should calibrate at least 400 on the Map of Consciousness or higher. Leadership within an executive team should be those calibrating at 440 MoC or higher. Leaders of any country should be at this level.

If we have an executive team all calibrating at 470 MoC then we have the most viable enterprise or nation in the world. There presently is no such team in any corporation or government. So, we have ineffectual, error prone, controlling, suppressive leadership everywhere. To calibrate candidates takes a few minutes and costs nothing – it takes a little practice – and the heartaches and stress imposed upon the people of the nation can be set aside and avoided through having the capable people at the helm!

This is not about measuring success in dollars, this is empowering and freeing people to become spontaneous and intuitive, leading to happiness, health and a highly vibrant way of living populace.

**Parenting:** What is institutionalised is no tutoring for parenting! We become clueless parents! We have no idea that our personal emotional injuries and errors of belief are literally 'fire hosed' into the newly arriving personality. All our personal injuries are infused into the foetus starting at the moment of its conception, continuing through childbirth, onto age of 6 years when the child's Map of Consciousness (MoC) calibration reflects the level of one or the other parent, if they are at different levels.

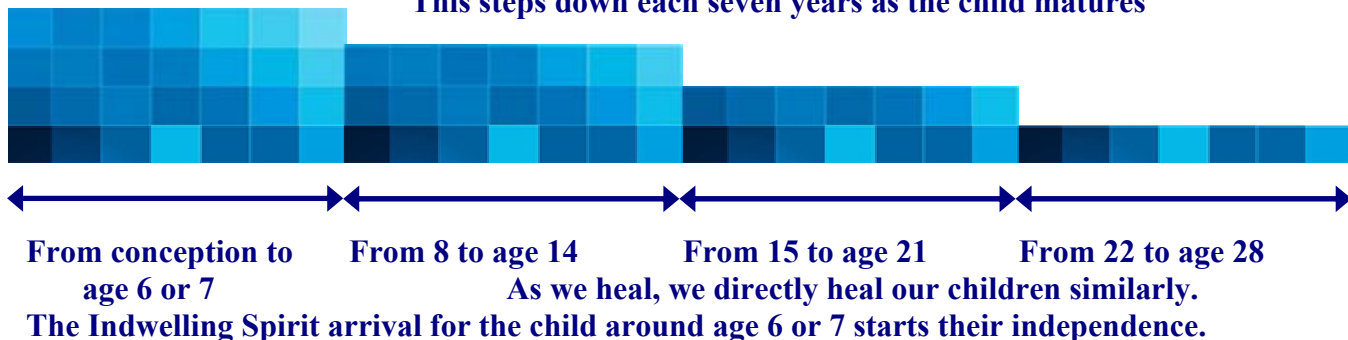
A child is born with defects and childhood illnesses! It was conceived perfectly – they always are! It is our (as parents) personal emotional injuries and errors that are the cause of all childhood deformities and illnesses. The infused emotional issues bring about energy blockages throughout the spirit body that is the template for the physical body of the child and such blockages emerge as deformities and illnesses. This is how 'inherited' illness occurs. This is how the consciousness levels of families, from one generation to next, remain constant for thousands of years. This is why humanity is not evolving. We are not expressing our feelings, both good and bad, and consequently we are stagnating. Yes, we are creating advanced technology but we are using much of it to entertain ourselves and avoid our feelings.

**Health:** No health carer, doctor or medical scientist tells you what the underlying cause of an illness issue is, or discomfort or pain. The reason is that they do not know what causes such issues. They remain blind to our childhood suppression and our ongoing repression.

Our childhood, from conception through to the age of six years, is all about our parents remodelling us into to being their clones. We, as parents, believe we know better than God, we suppress the personality bestowed upon the child by our Heavenly Parents and impose our deluded concepts. This sets the child up with all its issues, socially, financially and health wise for its entire life. It is only through Feeling Healing that we can mitigate this harm while healing ourselves at the same time.

**POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:**

**This steps down each seven years as the child matures**



**Legal System, Courts, Police, Prison, etc:** These ‘industries’ are all of the consequence of the controlling natures of the mind and the mind’s inability to discern truth from falsehood. As we are all living against our will, suppressing our true personality through our childhood suppression imposed upon us throughout our forming years from conception to age of six years, we are all suppressing our feelings and their expression in appropriate ways bringing harm and conflict upon and with others.

**Food, Commerce, and Finance sectors:** These systems are all impregnated with the errors of living mind centric. It will only be when people in sufficient numbers complete their personal Feeling Healing that these and all other sectors can be restructured in the truth which they have been denied.

**Education:** The Great U-Turn starts only with education. Bringing the awareness of what has been imposed upon humanity and the great pain and stress that we all endure as of a consequence, the way to move from living mind centric to living feelings first is the beginning of a long journey of stepping away from the Rebellion and Default. What is to unfold throughout the education systems is the awareness that there is another way and that we are all free to consider and do as we please. No one need do anything. This is not a religion. This is a way of living – THE NEW WAY.

**Economic Sustainable Development Goals (Eco SDG):** An overall plan and structure was conceived during the 1930s which was crystallised at the Bretton Woods Conference (USA) in July 1944 to create a global humanitarian fund to bring about the Great U-Turn through numerous support programs embracing every nation, society and community worldwide. These works will encompass regional groups of nations, nations as a whole, the states, provinces and prefectures of each nation, and the numerous not-for-profit projects that operate throughout. Overarching these will be education and, as of a consequence, health services. This is the greatest event in the history of Earth’s humanity!

## EDUCATION DEBT ENSLAVEMENT

Note from Pete M:

6 December 2021

Chats with the guys at Adelaide Bucks on Saturday were revealing:

Firstly the audience, generally made up of:

- Builders
- Teachers
- Draftsmen
- Engineers
- Lawyers
- Entrepreneurs
- Plumbers
- Electricians

Generally post university; 3 – 5 years out of an Australian higher education unit.

What they were concerned about and it was consistent, but of varying degrees on the following:

When you attend university or an approved higher education provider, you can get a HECS-HELP loan to pay for your studies. You can only get a HECS-HELP loan if you are enrolled in an Australian Commonwealth supported place (CSP). Since its inception in 1989, the **Higher Education Contribution Scheme** (HECS) has become an integral part of the Australian higher education system.

HECS and the cost of HECS – they felt left out, compared to earlier generations who benefited from free higher education, made it hard as HECS fee is:

- comparatively large,
- cuts in at a time when they are just getting out socially after years of study (3 – 5 years plus depending on the course),
- threshold rates for activation have been moved down so cuts in earlier than previously,
- trying to socialise, etc. at that time,
- marry, buy a house, etc.
- timing for repayment of this financial burden is bad,
- affects ability to borrow just when they need to buy a house, etc.

Teachers:

- lack of permanent placement (appointments are typically for one year only),
- for teachers it is the lack of permanent placement – the whole scheme is considered foul and disadvantages.

House affordability:

- ability to buy houses – prices have dramatically escalated 2020-2021,
- escalated prices prevent entry get into the property market,
- buyers are competing with not only local, but interstate and overseas buyers.

The above was a recurring theme, and they were all genuinely stressed like I had not seen in previous generations of my professional financial career.

Talk later, cheers

Pete M

Hi Pete M

6 December 2021

There is a little bit of good news in what Pete M has clearly identified above, and it is this:

People are finally beginning to recognise that they are being screwed over.

This is the start of people – humanity – beginning to look for a better way.

Firstly, note that all of these professions are mind centric – no feeling attributes in them at all. It is those who are feeling orientated that can see the big plan. Mind centricity closes out truth and big picture.

Guys, you think you are free to do what you want. You are – but we are enslaved! You and I are slaves.

You are enslaved to a salary. You are enslaved to a time sheet. And you are enslaved to debt.

The HECS debt was the last step in hidden controllers achieving total life time slavery of most!

The hidden controllers worked a wonderful master plan and no one even knows their names – almost no one!

Even the hidden controllers do not know that they are also controlled and they are now being right royally screwed over because even this hidden behind the scenes control has been canned! Yes, canned as put in the slammer – imprisoned. They have had their interfering guidance blocked and they are now stumbling around in the dark in their own stupidity and ineptitude.

Pete M – you have lit the fuse – pulled the pin on the hand grenade – all you need to do is announce the pathway to be implemented. (Well, now that is throughout this document!) Pete M – this is your day!

This is how it works. We get a job and we go into debt to buy a car. Expensive higher purchase finance or similar. We get credit cards. All at extortionary rates, even today with almost zero interest rates.

We try to save but the houses get bigger with more television sets and gadgets (we don't need half). With mortgage insurance and 30 year loans we get there if both partners work long hours.

Then came further education fees to nail us deeper into slavery.

But through all this free thought, spontaneity in dialogue has gone as we have been all cloned – you can travel the world and eat the same fast food all over and sleep in hotels of the one chain anywhere. We don't talk with people – let alone meet with them – we type stuff!

But several spanners have been thrown into the works of the hidden controllers. Here is one you may not be aware of.

The 'gate keeper' of the funds of a major European Banker's Empire secreted group member funds in a way to ensure some small investors get paid out. Some 35,000 accounts are owned by maybe 10,000 small investors and it all started with investments of around US\$2,000 to US\$5,000. In June 2007 that fund had amounted to US\$300 billion. In 2012 the fund had privately come under the control of the gate keeper for the European Banker's Empire. The gate keeper did not like how he was being treated by the Emperor (Jacob). In 2014 the gate keeper secreted the more than US\$20 trillion of the funds of Solid Investment (SI) fund owned by the 35,000 accounts – half of this fund is due to Pascas Foundation!

However, he locked in group members funds of the European Banker's Empire behind these Solid Investment funds. The SI funds are to be paid out to the 35,000 accounts to the minimum of 75% BEFORE the gate opens to the European Banker's Empire group members. In 2014 there was more than US\$100 trillion of European Banker's Empire group members' funds locked behind the SI funds and they are still hidden. Jacob had enough money before then to destroy anyone he wanted. Remember Lehman Brothers collapse in 2008!

The Emperor has a 'package' to delivery to 'First Payee' – a lady American farmer – and with this package she can commence the payouts to SI account holders – this will take about 5 or 6 months to do before the 75% marker is reached.

Now the administrators of the British Prince's Duchy are pressing the Emperor of the European Banker's Empire for their funds. Two thirds of the Duchy's funds are in amongst these hidden funds as group member funds.

The understanding is that Jacob sees and anticipates he will be the one that causes the collapse of the European Banker's Empire within 30 to 60 days. Maximum of 90 days is the most optimistic scenario and this European Banker's Empire will collapse – they are out of funds. They have robbed Peter to pay Paul. And all their 'friends' have abandoned them. A great deal of their funds are within China and their banks. And the only pot of gold they have is in the hands of the American lady farmer! Jacob has to deliver the package!

People's HECS debts are ultimately due to Jacob – 80% is the estimate.

You are now beginning to see the collapse and exposure of overt control that pervades everything in our life – particularly education.

You are now seeing how a virus was set up to reduce the world's population – billions of people are considered 'surplus to needs' by this hidden control.

Kindly do not look at isolated difficulties – look at everything as the one big problem and it is this – we have been screwed every bit of the way in everything. Health systems do not heal – they do not have a clue as to how to 'heal'. Education is to keep you in zombie mode. Supermarkets sell you processed food that is devoid of life – unless you cook it your self. Women are subjected to men's control IN EVERYTHING! Truth is always the same yet we have 50,000 variations presenting through 'religions' which is nothing more than men dressed in 'frocks' insisting upon submission to their control.

Look at how easy the world's population has submitted to directives regarding coronavirus Covid-19.

BUT now we can start the **Great U-Turn**. What do you reckon Pete M?

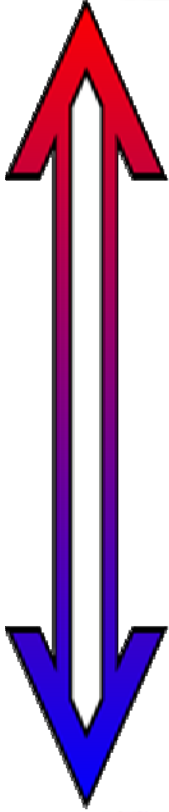
I will give you a heads up – throughout the Pascas Paper there are many copies of a world map with a little arrow to the Gold Coast and it says – “it begins!” This is what these papers are alluding to. This Great U-Turn starts here and you are now flagging it on!!!!!!!

John the Typist





# ECCO SOG



- National groups collaborating with mutual strategic and emergency infrastructure arrangements.
- Specific national infrastructure initiatives for their people.
- State and territory localised infrastructure initiatives.
- Collaborative arrangements of a national focus for the people.
- Industry developments to achieve sovereign security.
- The above involves regional governmental oversight – below people delivery.



- Regional educational infrastructure and ongoing support for all the people.
- Health infrastructure and ongoing support for all the people.
- Family shelter and support for those in crisis, water, food, etc.
- Support for local non governmental organisations and not-for-profits.
- General assistance for humanitarian programs that others are not presently assisting with – all projects being locally driven and managed.
- Introduction of awareness of living feelings first throughout all of society.

# PASCAS



## Big Picture



overveiw

## Little Picture detail



Pascas Foundation, when reviewing humanitarian programs and specific projects, is to consider:

- The overall needs of the community, region, state and nation.
- An overview of the nation and adjoining neighbours is a priority, as much as the community is.
- That the program(s) being considered are not likely to be undertaken by others.
- That collaboration with other NGOs and socially active groups are to be accommodated.
- That a whole of nation and region is considered and that an overall master-plan is established.
- That all works are to have long term durability – long life products to be employed.
- Each sub-project within the master-plan to have longevity in its application – 20 years +!
- Local involvement in the installation and ongoing maintenance and operation is a priority.
- All sub-projects within a global overview are to be considered as ongoing projects for delivery.
- Pascas is the primary party acting on behalf of benevolent donors and funders who remain private.
- Programs of national interest may require Public Private Partnerships (PPP) through Special Purpose Vehicles (SPV), whereas community programs may be delivered through a localised arm of Pascas Worldcare (PW), or such as Pascas Inter-Community WorldCare (PICC).
- Expediency is preferred; identified and defined projects are to be promptly rolled out. All projects are to assemble standard internally designed documentation incorporating curriculum vitae, executive summaries, business plan, financial feasibility and supporting material as appropriate.
- This is a global agenda – all nations already have a funding allocation waiting to be drawn upon.
- Awareness of The New Way of living Feelings First is to be provided to and for all of Earth's humanity.

**AMBASSADOR at LARGE**

**GREAT**  

**-Turn**

**EDUCATION is the making available of AWARENESS to be able to GROW SPIRITUALLY!**

Education is not about religions – there are 3,400 primary religions and with the minor denominations, we have some 50,000 options – as truth is always the same, truth is constant, then one may ask; what is the reason for 50,000 variations, is it separation and control?

Education is now to introduce THE NEW WAY, a way of living feelings first. We are to embrace our feelings and have our mind to follow assisting. Only by living this way that our consciousness can progress beyond 499 on Dr Hawkins' Map of Consciousness scale. Only by living feelings first can we resolve the social ills, conflicts and wars that plague the world.

Yes, education has made great strides in progressing sectors of society, however, it is technology coupled with the disparities between societies that has now created the potential for humanity to destroy itself.

Humanity is not being allowed to destroy itself and that is why the Eco SDG (Economic Sustainable Development Goals) global humanitarian fund has been organised, prepared, and is now to be launched for all nations and societies around the world. This is implementation of the Great U-Turn!

Leaders and executives of nations, states, provinces, prefectures, humanitarian and not-for-profit organisations are to be invited to identify and present their needs for their people and explain how these projects are to be delivered, sustained and kept ongoing, all in an integrous manner by their people. These funds are for the people and all the people. This is a non-political and non-sectarian distribution of financial resources having the overarching goal for long term stability and prosperity for the people.

Groups of leaders are to be invited to Eco SDG administration, these may be representatives from groups of nations, as few as one through to as many as seven or so, but typically averaging three.

Groups of nations with pre-existing cooperative agreements and arrangements would most likely be embraced together.

Larger nations may find the need to present overall with the states presenting their regional people's needs coordinating with the overall national goals. Then non governmental organisations (NGOs) may participate having their specialised roles coordinating into an overarching agenda of the states and the nation as a whole. Thus, many layers may be involved depending on what the people of a given nation desire – at all times the people are to identify and express what they perceive they need addressed. It is for the people to deliver their own projects that may now be funded. Ask the people is the motto!

As connectivity and awareness of these initiatives migrates around the world then invitations would follow as people pre-prepare for submitting their perceived needs. At all times, the nations and their people are to present what they consider is most appropriate and best for their people.

Where the administration of Eco SDG, from their unique position and understandings, will be able to introduce steps now available for humanity to evolve and grow in harmony in a manner that has never been available, Eco SDG will do so. The Rebellion and Default formally ended on 31 January 2018 and much, much more has unfolded to be shared with all.

And this sharing is also the function of Pascas Foundation (Aust) Limited. The Library Download page of [www.pascashealth.com](http://www.pascashealth.com) is free for all to consider – the contents outline our pathway home!

**GROUPINGS of NATIONS**

**Australia** 6 states and 2 territories (2021 population 25,500,000).

**Pacific Islands Forum** The 16 members of the Pacific Islands Forum include Australia, Cook Islands, Federated States of Micronesia, Fiji, Kiribati, Nauru, New Zealand, Niue, Palau, Papua New Guinea, Republic of the Marshall Islands, Samoa, Solomon Islands, Tonga, Tuvalu and Vanuatu.

**Indonesia** Provinces of Indonesia are 34 administrative divisions (2021 population 273,500,000).



**Philippines** There are 81 provinces (2021 population 110,000,000).





**ASEAN**  
**Association of South-**  
**East Asian Nations**

The 11 ASEAN countries are:  
Brunei, Burma (Myanmar), Cambodia, Timor-Leste, Indonesia, Laos, Malaysia, the Philippines, Singapore, Thailand and Vietnam.

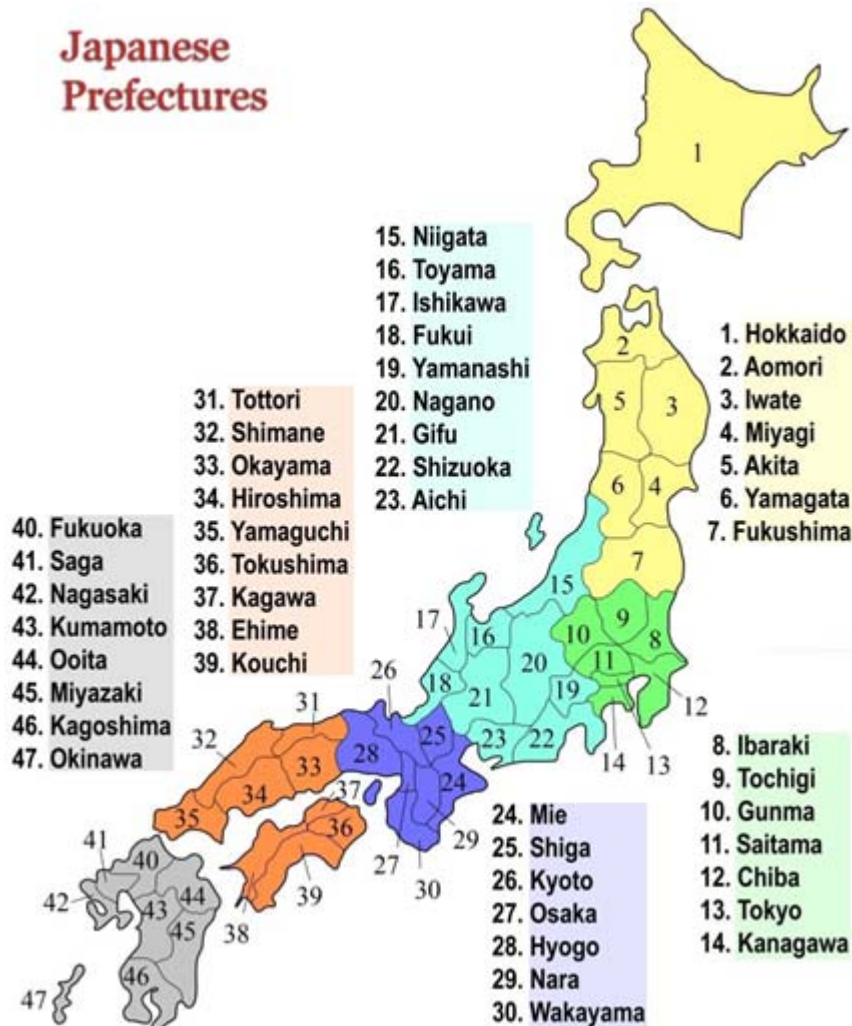
# ASEAN Member Countries



**Japan**

Japan is divided into 47 prefectures. They include 43 prefectures proper, two urban prefectures, one "circuit" or "territory" and one metropolis (2021 population 126,500,000).

## Japanese Prefectures





**India** India (2021 population 1,380,000,000) is a federal constitutional republic made up of 29 states and 7 union territories. The federal government governs the country while the democratically elected governments govern the states and the two union territories of National Capital Territory of Delhi and Puducherry.



**Uttar Pradesh**

Uttar Pradesh (The Northern Territory – Uttar means North, Pradesh means State) is the most populous state in India with a population of about 235 million (2021). It covers an area of 93,930 square miles which is about the size of the United Kingdom. The British created it in April 1937 and named it the United Provinces before it was renamed Uttar Pradesh in 1950. Because of its massive population, the state is divided into 75 districts and 18 divisions. In November 2000, the federal government carved off the Himalayan hill region from Uttar Pradesh and created the state of Uttarakhand (The Northern Part). Lucknow (population 3,800,000) is the administrative and legislative capital while Allahabad (population 1,415,000) is the judicial capital.





**China** China has 33 administrative units directly under the central government; these consist of **22 provinces**, 5 autonomous regions, 4 municipalities (Chongqing, Beijing, Shanghai, and Tianjin), and 2 special administrative regions (Hong Kong and Macau).

China, officially the People's Republic of China, is a country in East Asia. It is the world's most populous country, with a population of 1,440,000,000 (2021). China spans five geographical time zones and borders 14 different countries, the second most of any country in the world after Russia.



# Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.

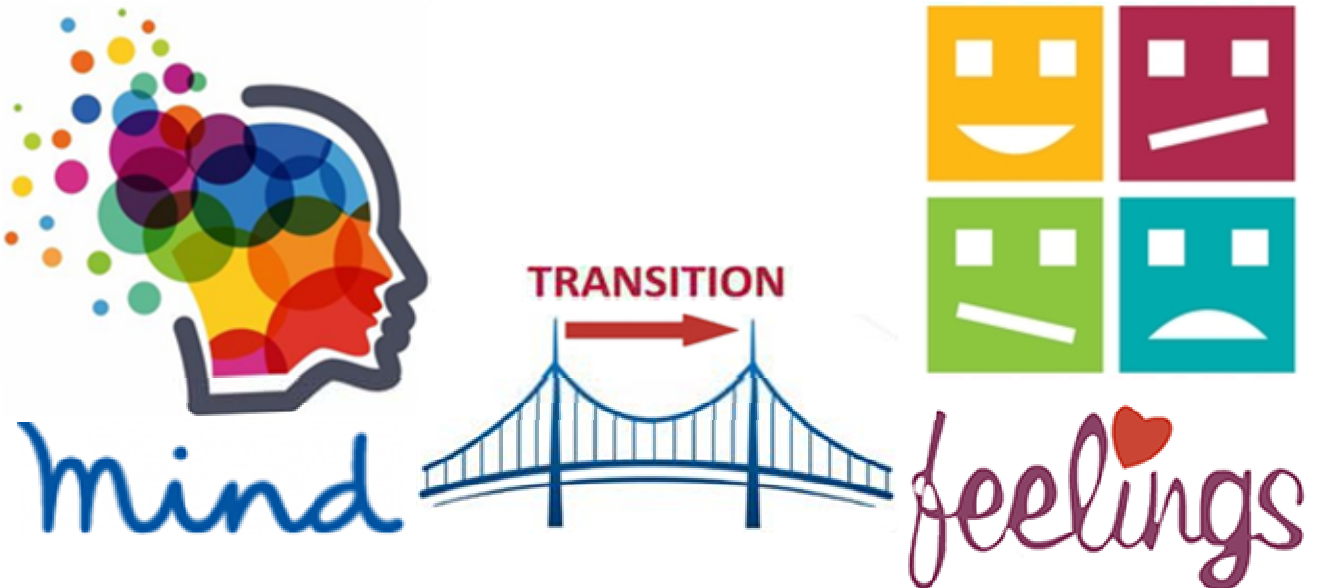


Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout our lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

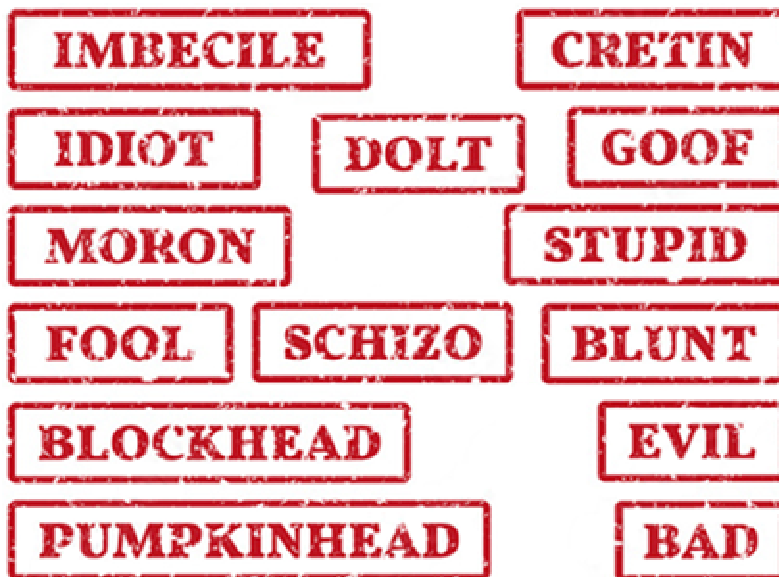
What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

## WHOLE DIFFERENT Way of Life.



# Incompetent moronic idiot zombies!



THE TERMS IDIOT, IMBECILE AND MORON ARE ALL MEDICAL DEFINITIONS FOR PEOPLE WITH CERTAIN IQ RANGES. IDIOT RANGES FROM 0-20, IMBECILE 21-50 AND MORON 51-70.

Know the outcome, you will see the journey! Look for the cause of the problem; by addressing the problem is through removing the cause.

Many give their authority to the few! Eight billion people are being controlled by a tiny number of people. The inner core is a very tiny few people. A tiny room of people impose control over eight billion people.

We are to stop acquiescing and agreeing to our enslavement! We do so out of Fear! Ignorance – lack of truth – is the foundation of the problem – and that continues to be covertly imposed upon us by the tiny few hidden controllers!



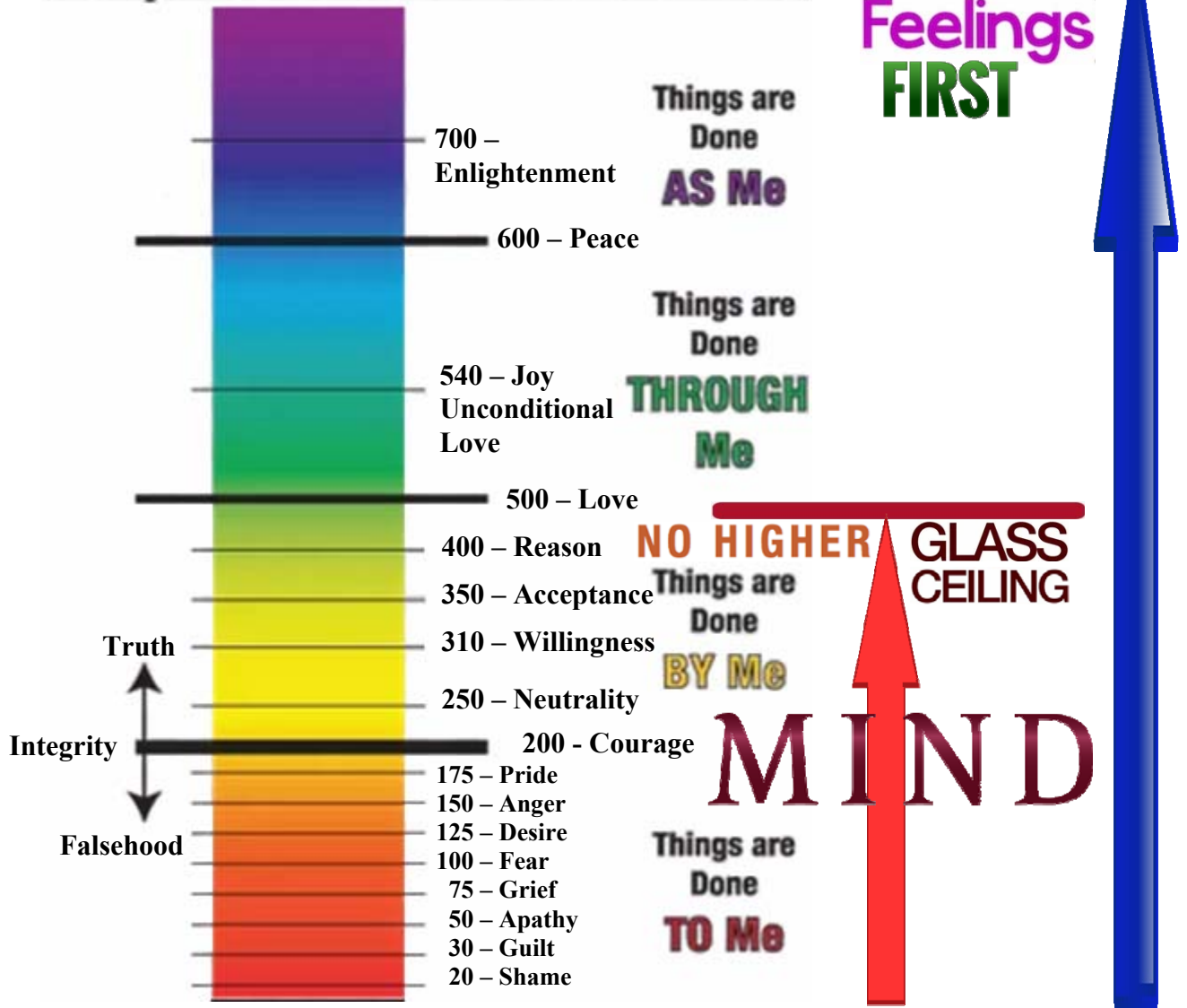
We have to take control of our perceptions. What are our feelings telling us? Truth is not what you think or have been told. What do we feel – you and I? It is our feelings that are in truth – we are fully self-contained! Bring to surface our non-cooperation to our own enslavement.

**Do you have the Nodding Dog Syndrome?**

Bloody morons, complete idiots – front people are put into positions of power by the very few. Incompetent, moronic people are put into positions of power by these very few. That is after dividing the voices of the people and limiting the avenues to truth and our freedom. This we all see unfolding around us in many ways and formats – this now is to be changed.



# Map of Consciousness



## MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

### PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

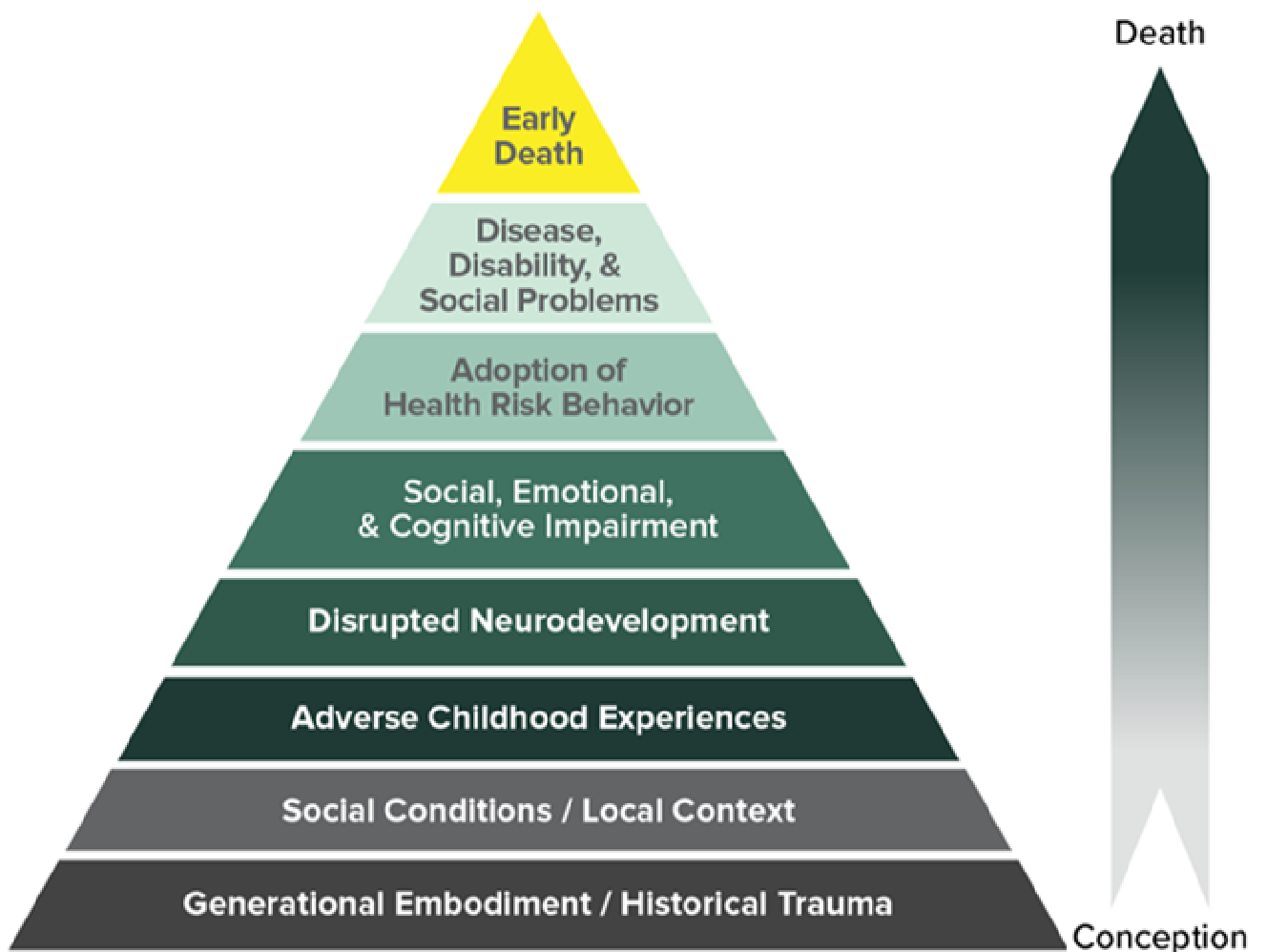
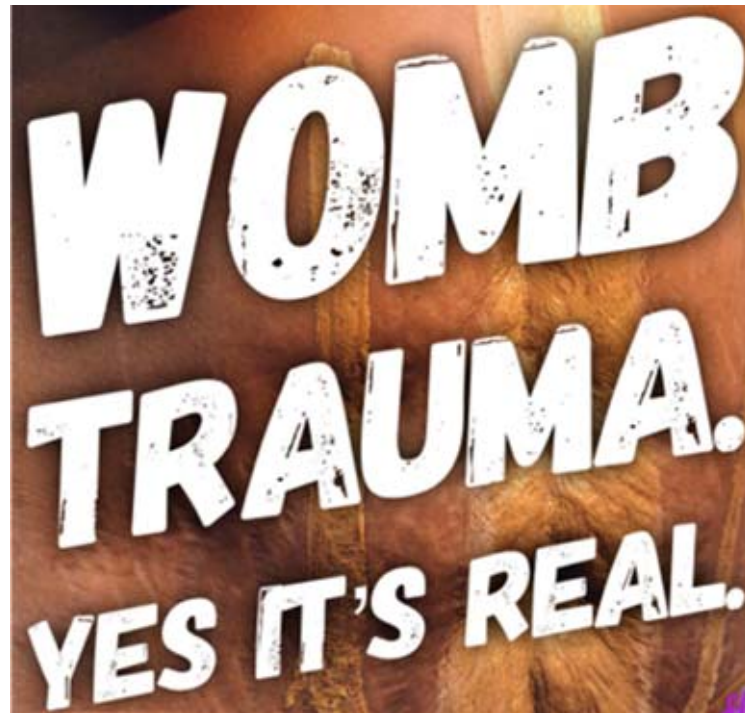
Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.



**Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan**



**OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:**

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the 'personality' that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



# The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling  
Unloved  
and  
Unwanted**



**EMOTIONAL  
ABUSE from  
PARENTS**



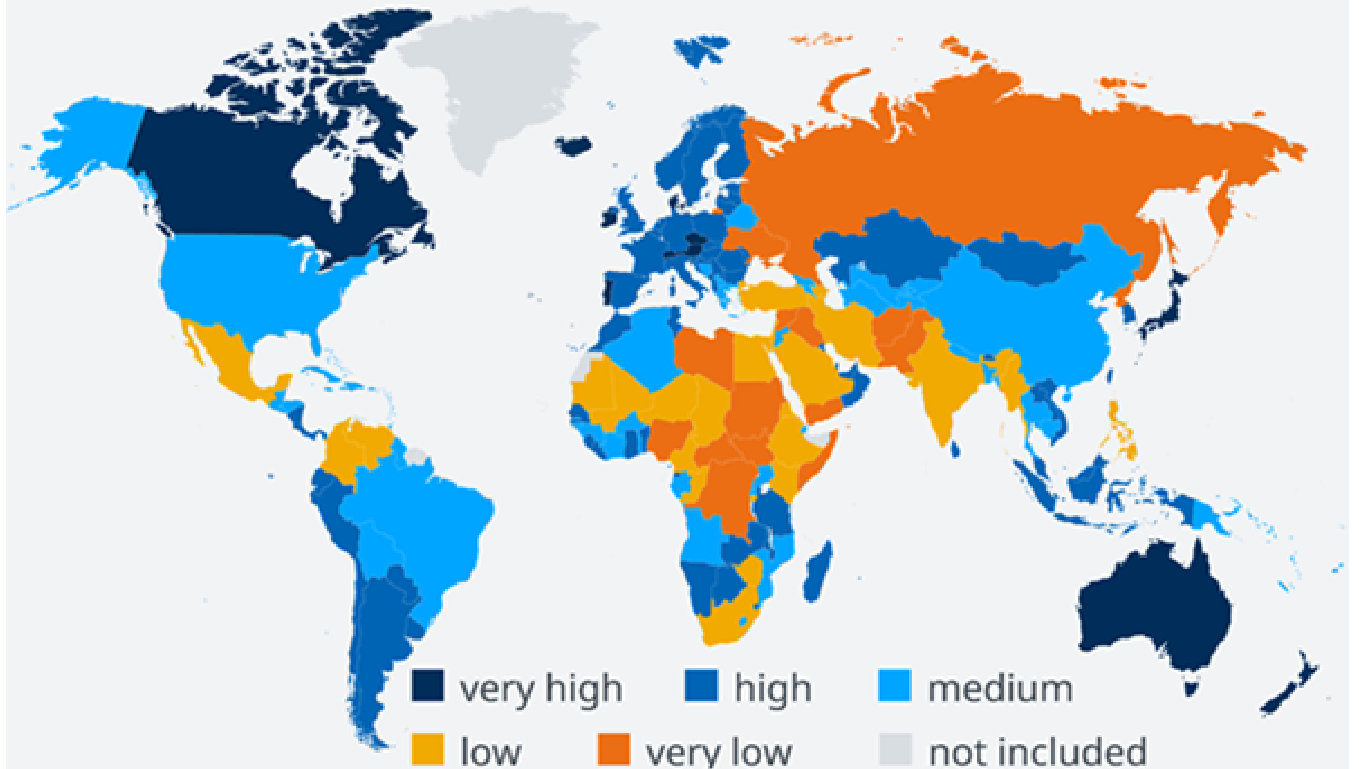
We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



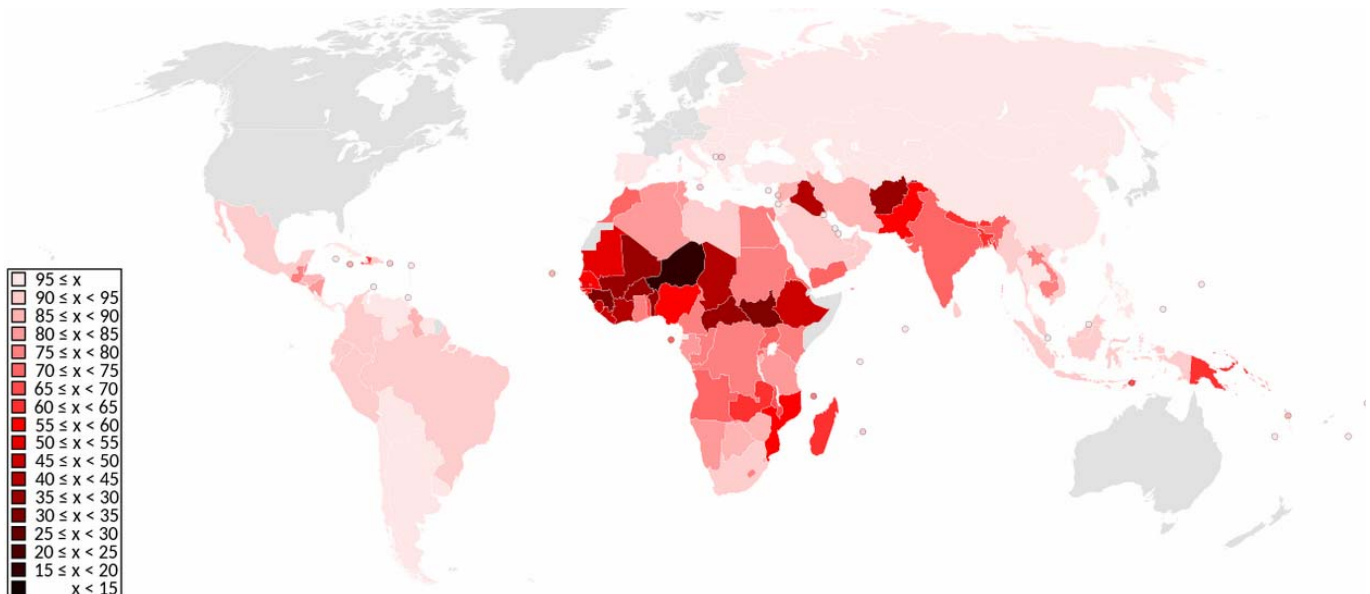
**Suppression & Repression = Universal Depression**

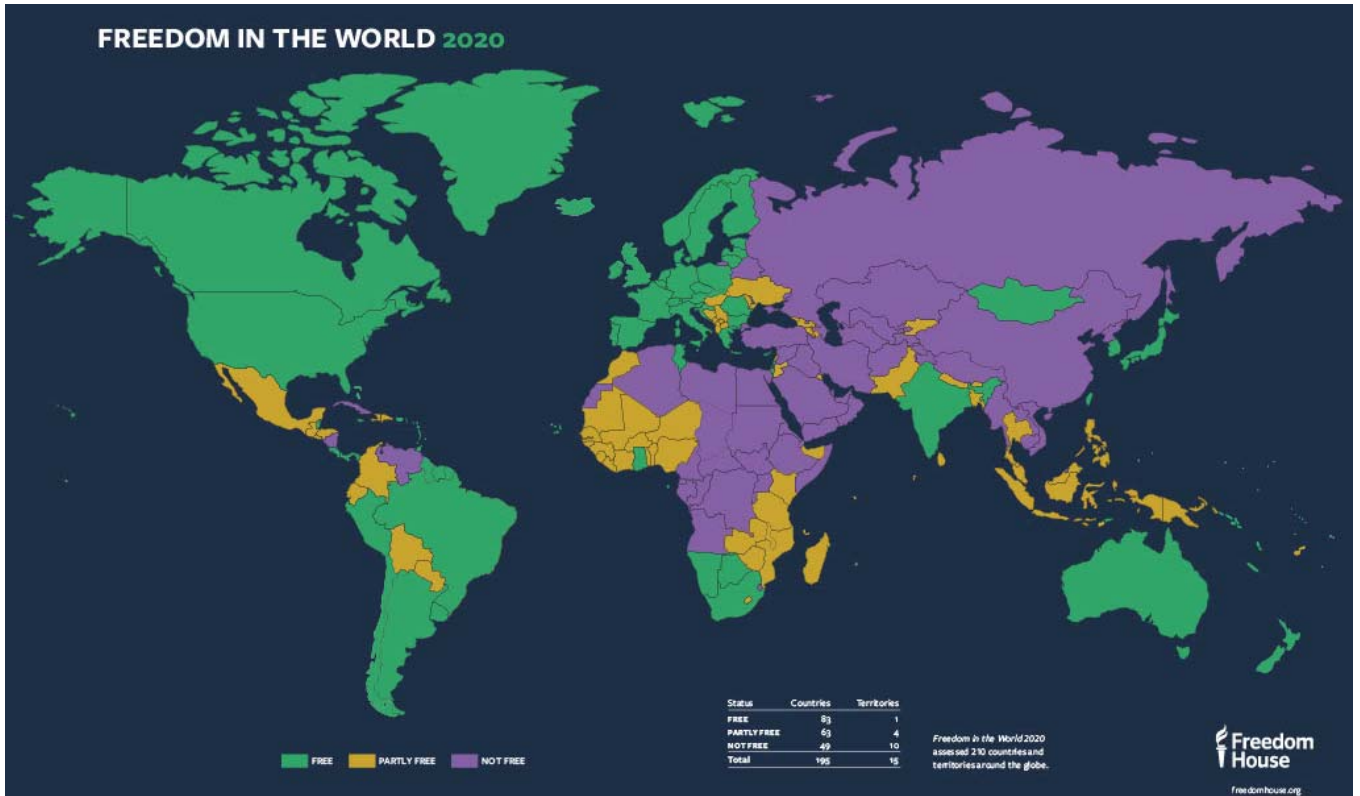


# Global Peace Index 2018



**World map of countries shaded according to the literacy rate for all people aged 15 and over:**





### Freedom in the World 2014 Findings

Freedom Status	Country Breakdown	Population Breakdown
<b>FREE</b>	<b>88 (45%)</b>	<b>2,826,850,000 (40%)</b>
<b>PARTLY FREE</b>	<b>59 (30%)</b>	<b>1,822,000,000 (25%)</b>
<b>NOT FREE</b>	<b>48 (25%)</b>	<b>2,467,900,000 (35%)</b>
<b>TOTAL</b>	<b>195</b>	<b>7,116,750,000</b>

The Map of Freedom reflects the findings of Freedom in the World 2014, which rates the level of political rights and civil liberties in 195 countries and 14 related and disputed territories during 2013. Based on these ratings, countries are divided into three categories: Free, Partly Free, and Not Free.

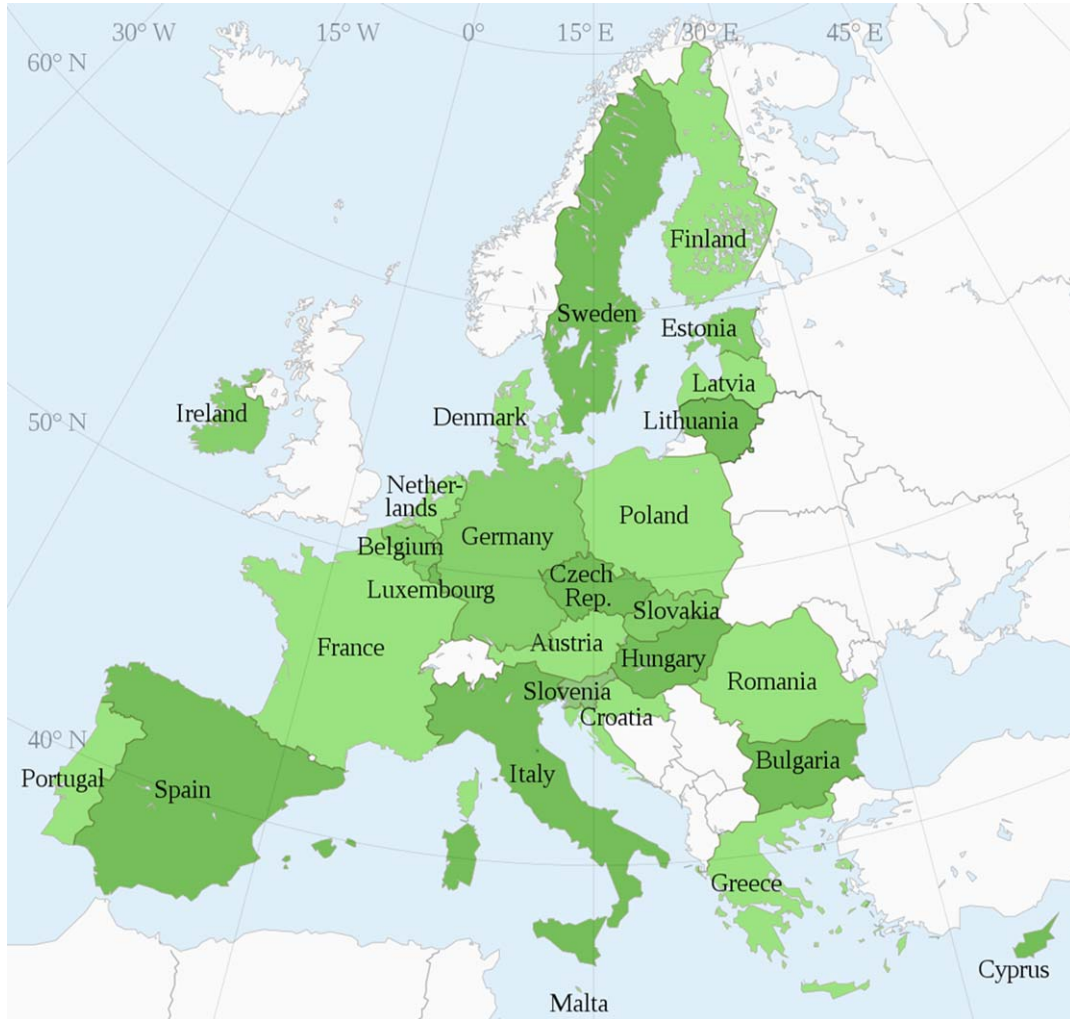
A Free country is one where there is broad scope for open political competition, a climate of respect for civil liberties, significant independent civic life, and independent media. Partly Free countries are characterised by some restrictions on political rights and civil liberties, often in a context of corruption, weak rule of law, ethnic strife, or civil war. A Not Free country is one where basic political rights are absent, and basic civil liberties are widely and systematically denied.

<http://freedomhouse.org/sites/default/files/MapofFreedom2014.pdf>  
<https://freedomhouse.org/countries/freedom-world/scores>

## NATIONS of the WORLD

NATIONS	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Human Development Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021
<b>EUROPEAN UNION</b>	27 European Union member states								
Austria	394	9,000,000	82.1	44.0	93 free	0.922	7.3	0.865	\$57,900
Belgium	410	11,600,000	82.2	41.4	96 free	0.931		0.902	54,000
Bulgaria	394	7,000,000	75.5	42.7	78 free	0.816		0.779	25,500
Croatia	390	4,100,000	79.0	43.0	85 free	0.851	5.9	0.805	30,000
Cyprus	404	1,200,000	81.5	36.8	94 free	0.887	6.2	0.827	41,600
Czech Republic	392	10,700,000	79.9	42.1	91 free		7.0	0.890	43,000
Denmark	421	5,800,000	81.4	42.2	97 free	0.940	7.6	0.920	61,500
Estonia	410	1,330,000	79.2	42.7	94 free	0.892		0.882	39,800
Finland	400	5,600,000	82.5	42.5	100 free	0.938	7.8	0.927	52,000
France	310	65,300,000	83.1	41.4	90 free	0.901	6.7	0.817	49,500
Germany	400	84,000,000	81.9	47.1	94 free	0.947	7.2	0.943	57,000
Greece	300	10,450,000	82.8	44.5	87 free	0.888	5.7	0.849	30,500
Hungary	404	9,700,000	77.3	42.3	69 partly free	0.854		0.821	35,100
Ireland	405	5,000,000	82.8	36.8	97 free	0.955	7.1	0.922	99,200
Italy	380	60,500,000	84.0	45.5	90 free	0.892	6.5	0.793	43,400
Latvia	385	1,900,000	75.7	43.6	89 free	0.866		0.883	33,400
Lithuania	390	2,750,000	76.4	43.7	90 free	0.882		0.898	40,800
Luxembourg	385	626,000	82.8	39.3	97 free	0.916		0.806	122,700
Malta	390	440,000	83.1	41.8	90 free	0.895	6.6	0.825	45,000
Netherlands	405	17,200,000	82.8	42.6	98 free	0.944	7.5	0.914	60,500
Poland	195	38,000,000	79.3	40.7	82 free	0.880	6.2	0.869	36,000
Portugal	300	10,200,000	82.7	42.2	96 free	0.864	5.9	0.768	36,100
Romania	395	19,300,000	76.5	41.1	83 free	0.828	6.1	0.765	33,000
Slovakia	380	5,460,000	78.0	40.5	90 free	0.860		0.826	34,800
Slovenia	389	2,100,000	81.9	44.5	95 free	0.917		0.910	40,800
Spain	300	46,800,000	84.0	42.7	90 free	0.904	6.5	0.831	41,550
Sweden	385	10,100,000	83.3	41.2	100 free	0.945	7.4	0.918	55,600
	380	446,156,000							\$48,157
<b>EUROPEAN UNION Parliament</b>	335	705							

### EUROPEAN UNION



### EUROPE



**NATIONS of the WORLD**

<b>NATIONS</b>	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Human Develop- ment Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021
<b>EUROPE balance of</b>									
Albania	395	2,900,000	79.0	32.9	66 partly free	0.795		0.746	15,250
Belarus	379	9,450,000	75.2	40.0	11 not free	0.823	5.5	0.838	20,600
Bosnia & Herzegovina	180	3,300,000	78.0	42.1	53 partly free	0.780		0.711	16,000
Corsica	386	340,000	86.4						34,000
Georgia	397	4,000,000	74.2	38.1	60 partly free	0.812		0.862	15,700
Holy See	380	801	77.5						21,200
Iceland	255	340,000	83.5	36.5	94 free	0.949		0.926	58,150
Liechtenstein	400	38,300	83.0	43.2	90 free	0.919		0.832	180,400
Macedonia North	384	2,100,000	76.3		66 partly free	0.774		0.704	17,700
Moldova	388	4,050,000	72.3	36.7	61 partly free	0.750		0.711	13,900
Monaco	365	39,650	86.6	53.1	83 free				185,750
Montenegro	400	630,000	77.4	40.7	63 partly free	0.829		0.803	21,400
Norway	400	5,420,000	82.9	39.2	100 free	0.957	7.4	0.930	69,200
San Marino	400	61,500	85.4	44.4	93 free				60,300
Sardinia (Italy)	385	1,640,000	82.6		free				24,000
Serbia	394	8,750,000	76.5	42.6	64 partly free	0.806		0.783	20,600
Sicily (Italy)	370	5,000,000	78.0		free				19,000
Switzerland	400	8,660,000	84.3	42.4	96 free	0.955	7.6	0.900	75,900
Ukraine	140	43,750,000	72.5	40.6	60 partly free	0.779	4.9	0.799	13,950
United Kingdom	420	68,000,000	81.8	40.5	93 free	0.932	7.1	0.928	47,100
<b>EUROPE overall</b>	<b>375</b>								<b>\$46,888</b>
<b>UNITED KINGDOM</b>									
<b>Parliament</b>	390	1,433							
<b>UK House of Lords</b>	380	783							
<b>UK House of Commons</b>	400	650							



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<b>MIDDLE EAST</b>									
Bahrain	340	1,700,000	77.7	32.3	12 not free	0.852	6.6	0.769	\$50,300
Egypt	350	102,000,000	72.5	23.9	18 not free	0.707	4.3	0.618	13,100
Iran	190	84,000,000	77.3	30.3	16 not free	0.783	4.7	0.756	13,500
Iraq	120	40,250,000	71.1	20.0	29 not free	0.674	4.9	0.557	10,050
Israel	190	8,660,000	83.5	29.9	76 free	0.919	7.2	0.883	42,600
Jordan	185	10,200,000	75.0	22.5	34 not free	0.729	4.4	0.667	10,600
Kuwait	190	4,300,000	75.9	29.3	37 partly free	0.806		0.638	41,500
Lebanon	130	6,850,000	79.3	30.5	43 partly free	0.744	4.6	0.604	11,600
Oman	90	5,100,000	78.6	25.6	23 not free	0.813		0.718	30,400
Palestine (West Bank) Gaza Strip	185	5,100,000	74.6		25 not free 11 not free	0.708	4.5	0.678	5,700
Qatar	235	3,000,000	80.7	33.2	25 not free	0.848		0.659	97,300
Saudi Arabia	175	35,000,000	75.7	27.5	7 not free	0.854	6.5	0.789	48,100
Syria	160	17,500,000	76.1	24.3	1 not free	0.567		0.416	6,400
Turkey	245	84,400,000	78.5	30.9	32 not free	0.820	4.9	0.731	32,300
United Arab Emirates	180	9,900,000	78.5	30.3	17 not free	0.890	6.6	0.802	59,800
Yemen	160	30,000,000	66.4	19.5	11 not free	0.470	3.7	0.350	1,925
MIDDLE EAST overall	210	447,960,000							

# MIDDLE EAST



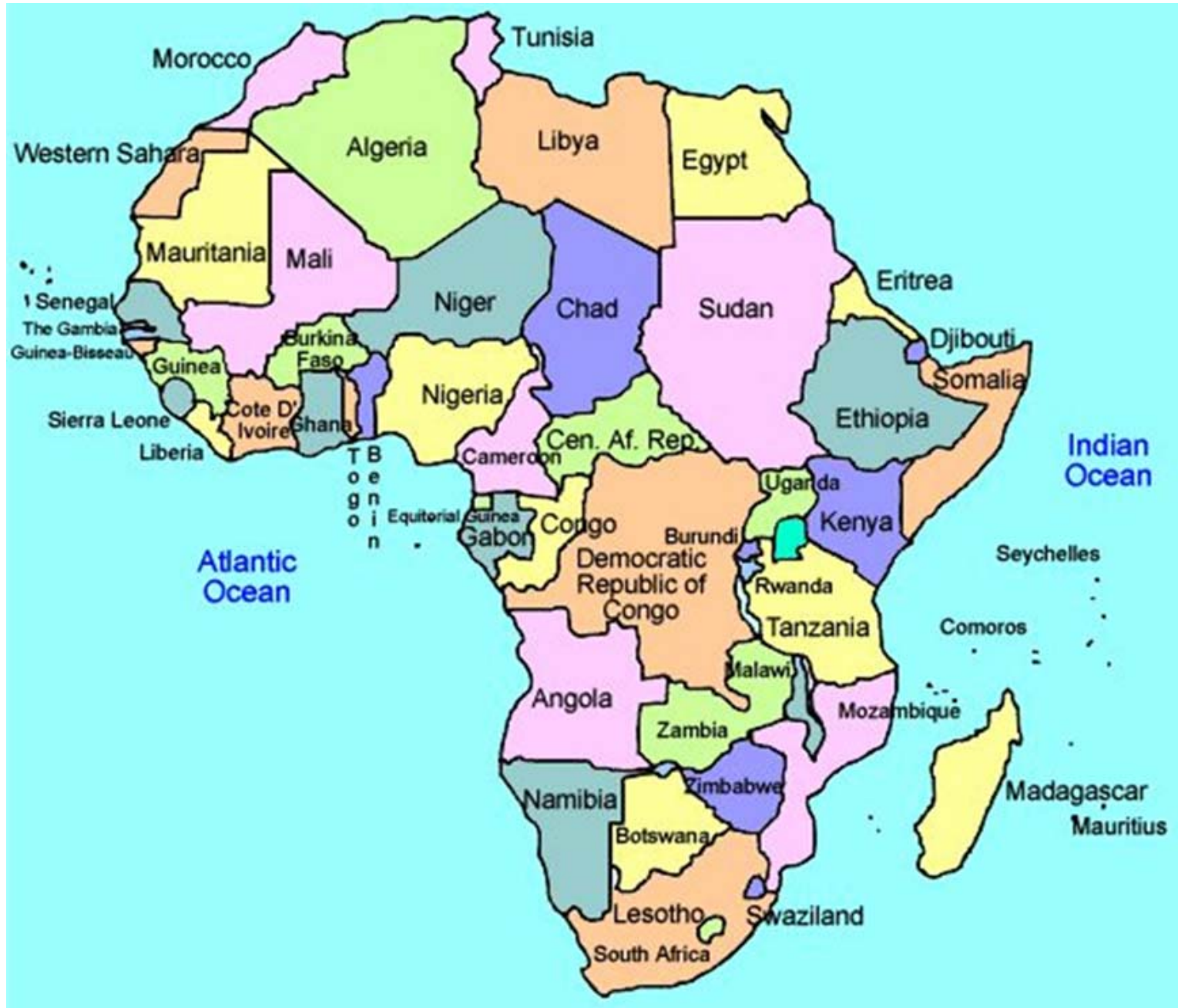
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<b>AFRICA</b>									
Algeria	90	43,850,000	77.5	28.1	32 not free	0.748	4.9	0.672	\$11,450
Angola	50	33,000,000	62.2	15.9	31 not free	0.581		0.500	6,900
Benin	90	12,150,000	62.8	18.2	65 partly free	0.545	5.0	0.478	3,575
Botswana	145	2,350,000	69.9	24.5	72 free	0.735	3.5	0.676	18,100
Burkina Faso	120	21,000,000	63.0	17.3	54 partly free	0.452	4.8	0.312	2,335
Burundi	140	12,000,000	62.7	17.0	14 not free	0.433	3.8	0.417	772
Cabo Verde	140	556,000	73.6	25.4	92 free			0.562	6,850
Cameroon	150	26,600,000	60.3	18.5	16 not free	0.563	5.1	0.547	3,750
Central African Republic	80	4,850,000	54.4	19.7	9 not free	0.397		0.353	480
Chad	90	16,500,000	55.2	17.8	17 not free	0.398	4.4	0.288	1,620
Comoros	100	870,000	65.0	19.9	42 partly free	0.554		0.482	3,020
Congo	70	5,500,000	65.2	19.7	20 not free	0.574	5.3	0.543	4,200
Cote D' Ivoire	125	26,400,000	58.8	20.9	44 partly free	0.538	5.3	0.453	5,650
Dem Republic of Congo	40	89,600,000	61.6	18.6	20 not free	0.480		0.496	1,013
Djibouti	290	990,000	67.9	23.9	24 not free	0.524		0.325	5,300
Equatorial Guinea	200	1,400,000	59.8	19.8	63 partly free	0.592		0.467	18,200
Eritrea	180	3,550,000	67.5	19.7	2 not free	0.459		0.269	1,860
Ethiopia	140	115,000,000	67.8	17.9	22 not free	0.485	4.3	0.341	2,975
Gabon	170	2,250,000	67.0	18.6	22 not free	0.706	4.9	0.650	16,200
Gambia	195	2,420,000	63.3	21.0	46 partly free	0.496	5.1	0.406	2,385
Ghana	190	31,100,000	64.9	21.1	82 free	0.611	5.1	0.563	6,000
Guinea	190	13,150,000	62.6	18.9	38 partly free	0.477	5.0	0.354	2,730
Guinea-Bisseau	175	2,000,000	59.4	20.1	44 partly free	0.480		0.414	2,410
Kenya	180	53,800,000	67.5	19.7	48 partly free	0.601	4.6	0.534	5,300
Lesotho	240	2,150,000	55.7	24.2	43 partly free	0.527		0.532	2,830
Liberia	200	5,100,000	65.0	17.8	60 partly free	0.480	4.6	0.426	1,600
Libya	95	6,880,000	73.4	28.9	9 not free	0.724	5.4	0.610	13,750
Madagascar	125	27,700,000	68.2	19.7	60 partly free	0.528	4.2	0.486	1,640
Malawi	180	19,150,000	65.6	16.5	66 partly free	0.483		0.470	1,005
Mali	105	20,250,000	60.5	15.8	33 not free	0.434	4.7	0.286	2,470

Mauritania	115	4,650,000	65.6	20.5	35 partly free	0.546	4.2	0.396	6,000
Mauritius	200	1,300,000	75.5	35.3	87 free	0.804		0.736	22,000
Morocco	245	37,000,000	77.4	29.3	37 partly free	0.686	4.9	0.569	8,050
Mozambique	180	31,250,000	62.1	17.2	43 partly free	0.456	4.8	0.395	1,300
Namibia	100	2,550,000	64.9	21.2	77 free	0.646	4.6	0.584	9,550
Niger	185	24,200,000	63.6	15.4	48 partly free	0.394	5.1	0.249	1,320
Nigeria	75	206,000,000	55.8	18.4	45 partly free	0.539	4.8	0.499	5,300
Reunion	190	900,000	81.6						23,500
Rwanda	70	13,000,000	70.0	19.0	21 not free	0.543	3.4	0.458	2,460
Senegal	200	16,750,000	68.9	18.8	71 partly free	0.512	5.1	0.345	3,625
Seychelles	340	98,500	73.7	35.4	77 free	0.796		0.726	26,100
Sierra Leone	190	8,000,000	55.9	19.0	65 partly free	0.452	3.8	0.406	1,770
Somalia	100	15,900,000	58.3	18.1	7 not free				940
South Africa	190	60,000,000	64.9	27.1	79 free	0.709	5.0	0.724	12,450
South Sudan	140	11,200,000	58.7	17.3	2 not free	0.433		0.307	825
Sudan	110	43,850,000	66.1	19.9	17 not free	0.510		0.345	4,100
Swaziland / Eswatini	280	1,160,000	61.1	21.7	19 not free	0.611	4.3	0.557	9,150
Tanzania	210	59,750,000	66.4	17.7	34 partly free	0.529	3.6	0.429	2,860
Togo	215	8,300,000	62.1	19.8	43 partly free	0.515	4.1	0.517	2,260
Tunisia	175	11,800,000	77.4	31.6	71 free	0.740	4.6	0.661	10,600
Uganda	90	45,750,000	64.4	15.8	34 not free	0.544	4.6	0.523	2,700
Western Sahara	170	600,000	71.1	21.1	4 not free				1,000
Zambia	110	18,400,000	64.7	16.8	52 partly free	0.584	4.1	0.557	3,330
Zimbabwe	150	15,000,000	62.2	20.0	28 not free	0.571	3.1	0.587	2,700
<b>AFRICA overall</b>	<b>190</b>	<b>1,239,524,500</b>							



AFRICA



## NATIONS of the WORLD

NATIONS	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Human Develop- ment Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021
<b>ASIA</b>									
Afghanistan	85	39,000,000	67.6	18.9	27 not free	0.511	2.5	0.414	\$2,475
Armenia	180	3,000,000	75.6	35.1	55 partly free	0.776		0.740	13,600
Azerbaijan	190	10,150,000	73.3	32.3	10 not free	0.756		0.711	14,900
Bangladesh	230	165,000,000	73.6	26.7	39 partly free	0.632	5.0	0.529	5,800
Bhutan	200	775,000	72.8	27.6	61 partly free	0.654		0.496	12,000
Brunei	280	440,000	76.4	30.2	28 not free			0.702	64,400
Cambodia	260	16,750,000	70.5	25.3	24 not free	0.594		0.484	4,930
China	305	1,440,000,000	77.5	37.4	9 not free	0.761	5.3		18,950
Hong Kong	400	7,500,000	85.3	44.4	52 partly free	0.949		0.880	62,800
India	370	1,380,000,000	70.4	28.1	67 partly free	0.645	3.8	0.555	7,350
India Kashmir					27 not free				
Indonesia	215	273,500,000	72.3	30.2	59 partly free	0.718	5.3	0.650	12,900
Japan	355	126,500,000	85.0	47.3	96 free	0.919	5.9	0.851	44,600
Kazakhstan	105	18,800,000	73.9	30.6	23 not free	0.825	6.2	0.830	27,600
Kyrgystan	160	6,500,000	72.0	26.5	28 not free	0.697		0.730	5,350
Laos	240	7,300,000	68.9	23.0	13 not free	0.613		0.481	8,500
Macao	300	650,000	84.7	39.3					90,600
Malaysia	290	32,400,000	76.7	28.5	51 partly free	0.810	5.4	0.726	29,300
Maldives	310	540,000	79.9	28.2	40 partly free	0.740		0.573	23,300
Manchuria (China)	200	40,000,000	71.0		not free				19,200
Mongolia	175	3,300,000	69.9	28.3	84 free	0.737	5.7	0.736	12,450
Myanmar (Burma)	155	54,400,000	67.8	28.2	28 not free	0.583	4.4	0.464	4,850
Nepal	205	29,150,000	71.7	24.1	56 partly free	0.602		0.521	4,200
North Korea	175	25,800,000	72.9	34.0	3 not free				1,700
Pakistan	140	221,000,000	67.8	23.8	37 partly free	0.557		0.402	5,250
Philippines	270	110,000,000	71.7	23.5	56 partly free	0.718	5.9	0.678	9,100
Russia	320	146,000,000	73.0	39.6	20 not free	0.824	5.5	0.823	29,500
Singapore	405	5,850,000	84.1	34.6	48 partly free	0.938	6.4	0.844	102,700
South Korea	400	51,300,000	83.5	41.8	83 free	0.916	5.8	0.865	47,000
Sri Lanka	165	21,400,000	77.6	32.8	56 partly free	0.782	4.3	0.746	13,900

Taiwan	295	23,800,000	81.0	40.7	94 free		6.6		57,900
Tajikistan	280	9,550,000	71.8	17.7	8 not free	0.668		0.682	3,860
Thailand	380	69,800,000	77.7	37.7	30 not free	0.777	6.0	0.682	19,000
Tibet	279	3,500,000	71.1		1 not free				7,800
Timor-Leste (East Timor)	310	1,320,000	70.2	18.9	72 free	0.606		0.510	3,120
Turkmenistan	150	6,000,000	68.6	27.9	2 not free	0.715	5.1	0.653	17,400
Uzbekistan	190	33,500,000	72.0	28.6	11 not free	0.720	6.2	0.729	7,850
Vietnam	140	97,400,000	75.8	30.5	19 not free	0.704	5.4	0.630	11,700

MoC excluding Russia  
**ASIA overall** 295 4,481,875,000

**CHINA GOVERNMENT**

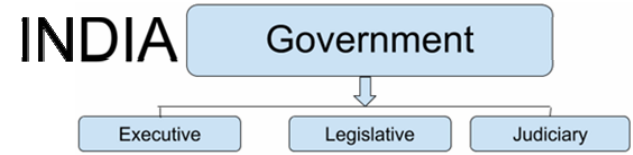
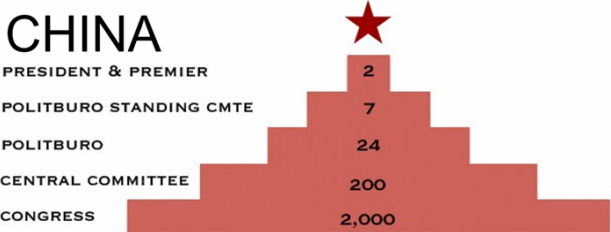
National People's Congress (NPC)

Chinese Communist Party (CCP)

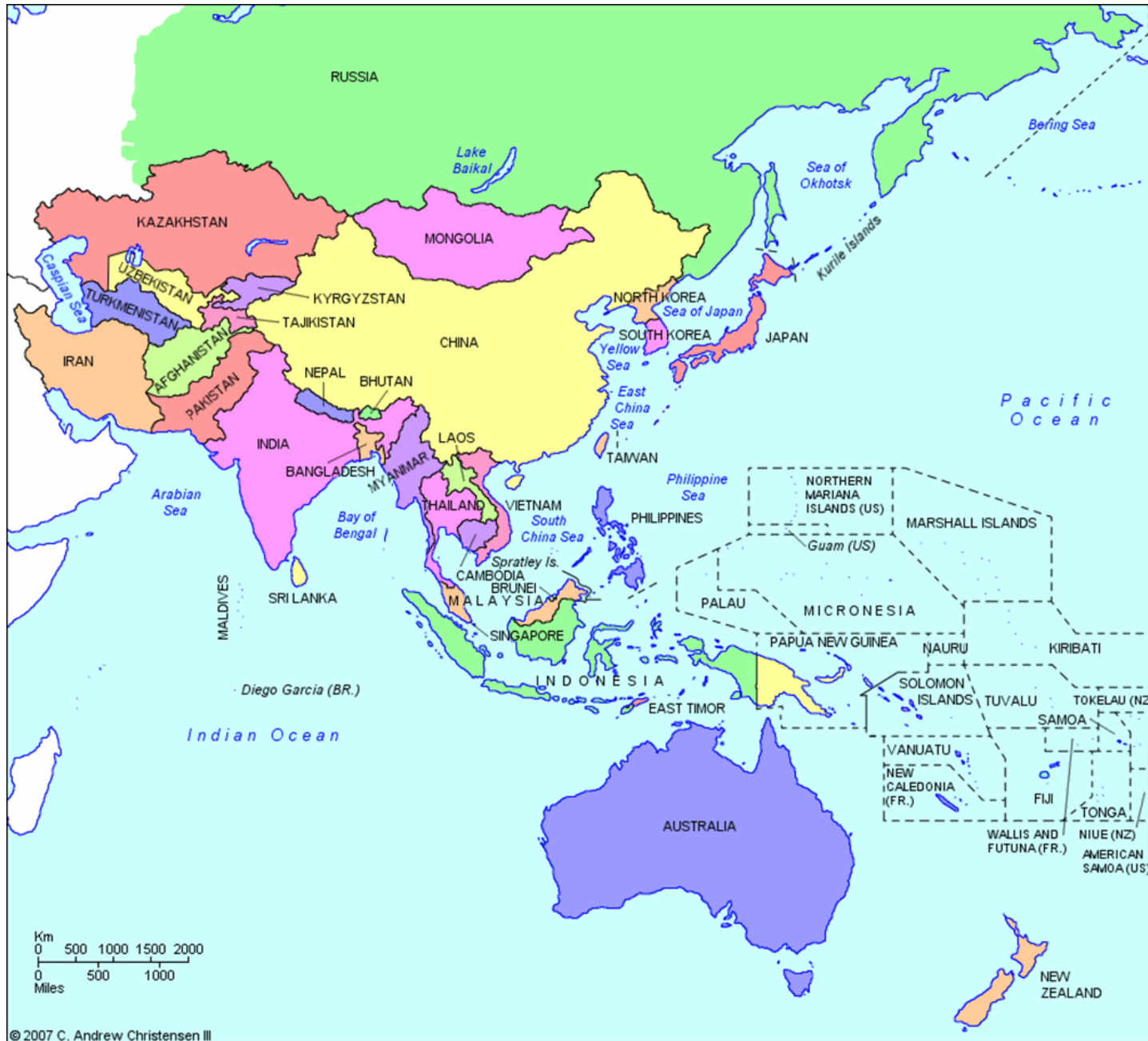
Politburo Standing Committee	280	7
Politburo	285	24
Central Committee	290	200
Congress	295	2,000

**INDIA GOVERNMENT**

Council of States Upper House	400	788
House of People (Lokh Sabha)	410	245
	390	543



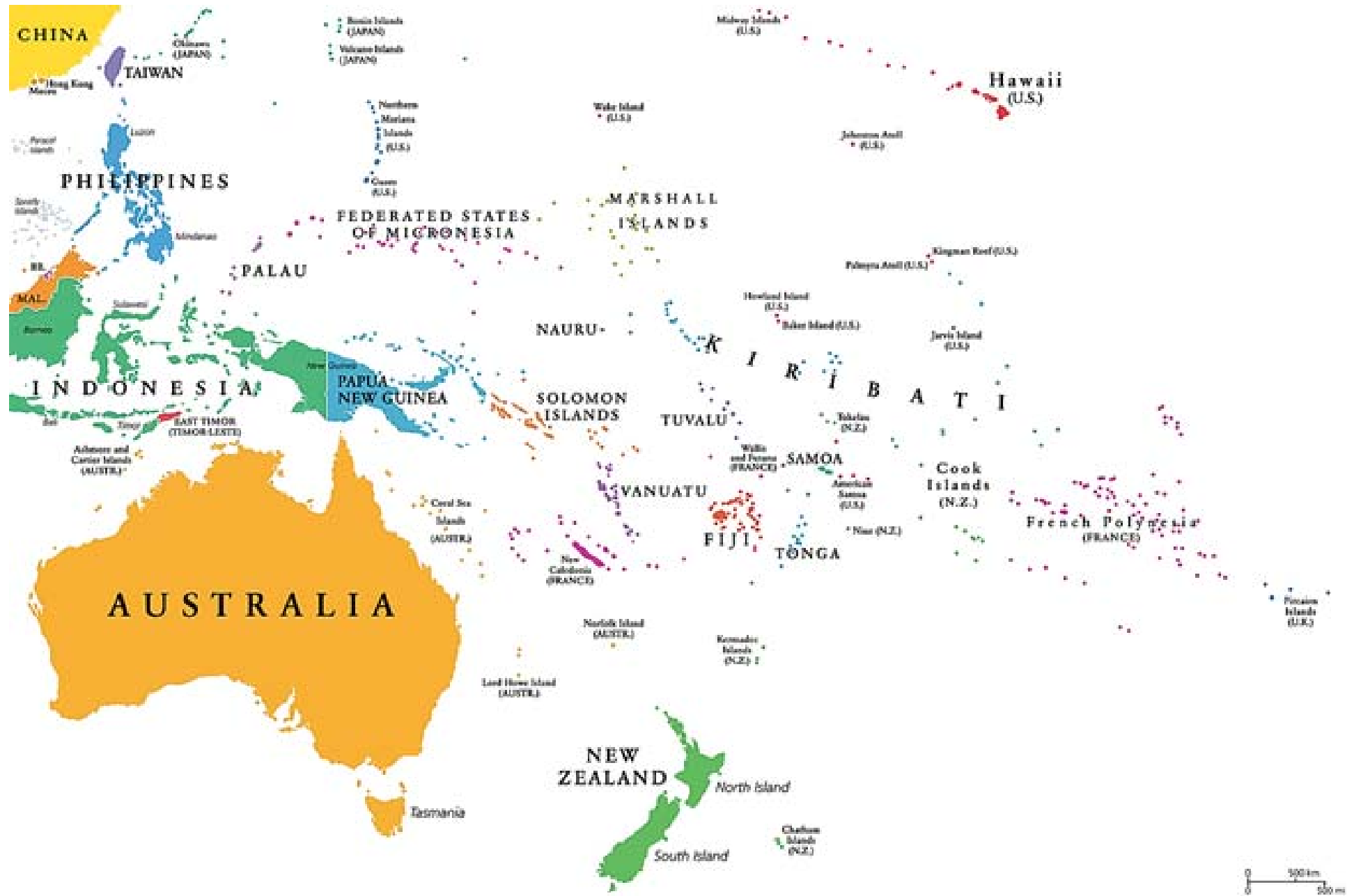
ASIA including the 7 'stans.





**NATIONS of the WORLD**

<b>NATIONS</b>	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Human Development Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021
Australia	410	25,500,000	83.9	38.7	97 free	0.944	7.2	0.924	\$55,000
Bougainville (independence)	220	250,000	59.6	19.9					1,100
Cook Islands	280	17,500	76.9	36.5					16,700
Fed States Micronesia	370	550,000	68.3	25.1	92 free	0.620		0.581	4,100
Fiji	350	990,000	67.9	28.9	60 partly free	0.743		0.764	12,300
Guam	380	169,000	80.7	29.0					37,700
Kiribati	280	120,000	69.2	24.6	93 free	0.630		0.594	2,240
Marshall Is	300	60,000	65.2	22.9	93 free	0.704		0.707	3,770
Nauru	280	10,800	68.4	26.4	77 free				10,000
New Caledonia	280	286,000	78.2	32.0					31,100
New Zealand	405	4,850,000	82.8	37.9	99 free	0.931	7.3	0.926	44,200
Norfolk Island	380	1,750	82.0	49.0					32,000
Northern Marian Is	300	57,500	76.3	33.6					20,700
Niue	300	1,600	73.7						5,800
Palau	300	18,100	69.1	33.4	92 free	0.826		0.855	13,000
Papua New Guinea	220	9,000,000	65.2	23.1	62 partly free	0.555	5.0	0.439	4,000
Samoa	240	198,000	73.8	24.4	81 free	0.715		0.713	5,300
Solomon Islands	220	690,000	73.4	22.5	79 free	0.567		0.474	2,480
Tonga	310	106,000	71.3	23.0	79 free	0.725		0.775	6,200
Tuvalu	280	11,200	70.2	25.7	93 free				4,670
Vanuatu	305	307,000	71.0	22.0	82 free	0.609		0.561	2,650
<b>AUSTRALIAN Parliament</b>	380	227							
<b>SENATE (upper house)</b>	380	76							
<b>REPRESENTATIVES</b>	380	151							



**NATIONS of the WORLD**

<b>NATIONS</b>	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Human Develop- ment Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021
<b>NORTH AMERICA</b>									
Canada	415	37,750,000	83.0	42.2	98 free	0.929	7.1	0.894	\$51,700
Greenland	380	57,000	70.6	33.9					41,800
Mexico	300	129,000,000	75.4	28.3	61 partly free	0.779	6.3	0.703	20,300
United States America	405	331,000,000	79.1	38.1	83 free	0.926	7.0	0.900	68,300
<b>USA CONGRESS</b>	380	535							
<b>SENATE</b>	365	100							
<b>HOUSE of REPRESENTATIVES</b>	390	435							
<b>CENTRAL AMERICA</b>									
Belize	335	400,000	75.1	22.7	87 free	0.716		0.695	\$6,150
Costa Rica	325	5,100,000	80.9	31.3	91 free	0.810	7.1	0.726	20,700
El Salvador	320	6,500,000	74.1	27.1	63 partly free	0.673	6.1	0.555	8,900
Guatemala	310	18,000,000	75.1	22.1	52 partly free	0.663	6.4	0.519	8,650
Honduras	280	10,000,000	75.9	23.0	44 partly free	0.634	5.9	0.499	5,700
Nicaragua	285	6,650,000	75.2	25.7	30 not free	0.660	6.0	0.573	5,650
Panama	310	4,300,000	79.1	29.2	83 free	0.815	6.3	0.700	30,400

# NORTH AMERICA MAP





## NATIONS of the WORLD

NATIONS	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Human Development Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021
<b>CARIBBEAN (consists of 13 countries and 15 dependent territories)</b>				<a href="https://en.wikipedia.org/wiki/List_of_Caribbean_countries_by_population">https://en.wikipedia.org/wiki/List_of_Caribbean_countries_by_population</a>					
Antigua and Barbuda	300	97,000	77.5	31.9				0.665	18,125
Bahamas	370	400,000	74.3	32.0	91 free	0.814		0.740	34,000
Barbados	360	290,000	79.6	38.6	95 free	0.814		0.782	14,300
Bermuda (Atlantic territory UK)	350	62,000	81.9	43.4					85,300
Cuba	280	11,350,000	79.2	41.5	13 not free	0.783		0.790	12,300
Dominica	290	72,000	77.4	33.5				0.632	11,250
Dominican Republic	290	10,850,000	74.7	28.1	67 partly free	0.756	5.5	0.666	11,250
Grenada	280	112,000	72.6	31.5				0.770	15,400
Guadeloupe (territory France)	290	400,000	82.7	43.7					25,000
Haiti	80	11,400,000	65.0	23.0	37 partly free	0.510	3.6	0.456	2,960
Jamaica	310	3,000,000	74.9	26.0	80 free	0.734	6.3	0.689	10,300
Puerto Rico (territory USA)	250	2,900,000	80.7	41.5	free				36,000
St Kitts and Nevis	270	54,000	74.5	35.0	89 free	0.779		0.673	24,200
St Lucia	280	183,000	76.7	33.5				0.672	14,000
St Vincent and the Grenadines	260	111,000	73.0	33.6				0.684	12,800
Trinidad and Tobago	300	1,400,000	73.9	36.0	82 free	0.796		0.728	25,900
<b>CARIBBEAN</b>	280	44,000,000							

# Caribbean



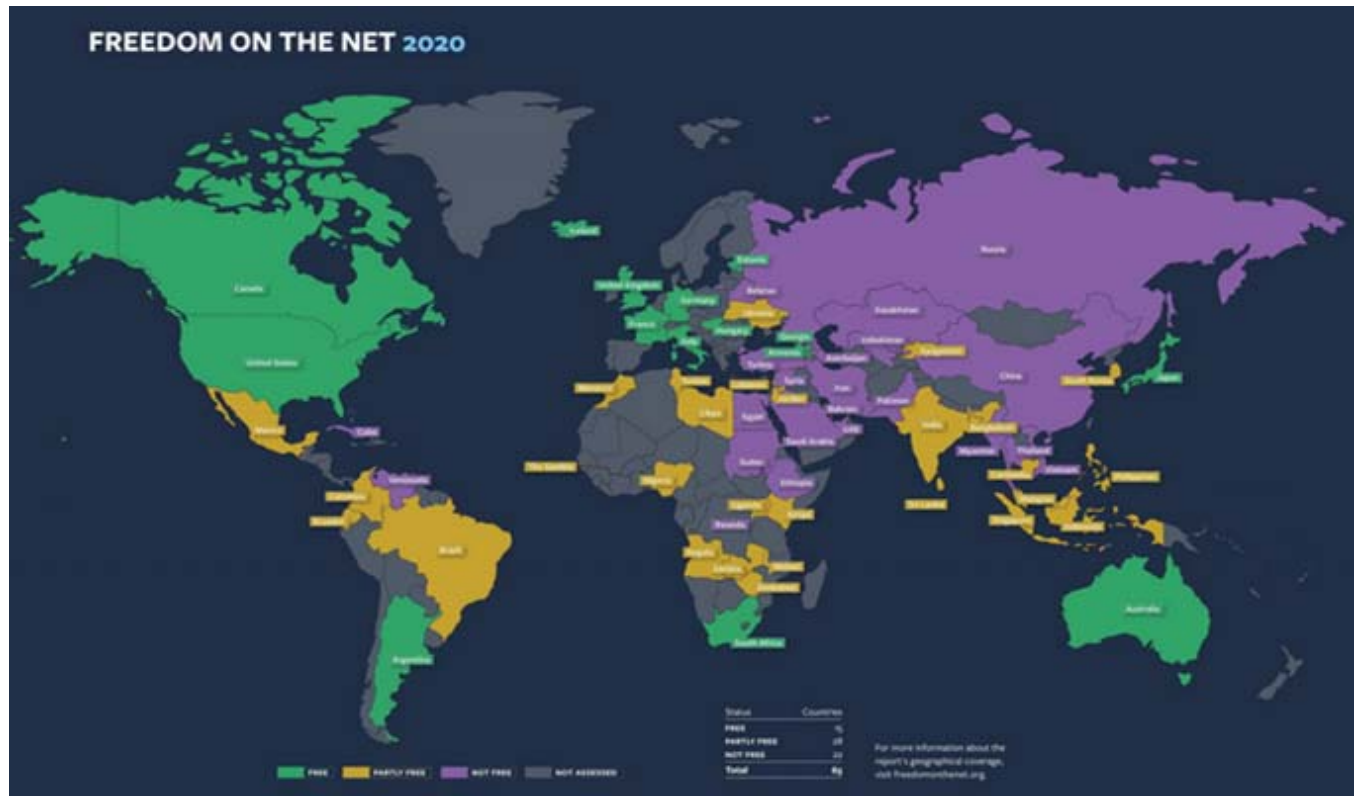
## NATIONS of the WORLD

<b>NATIONS</b>	Level on Map of Consciousness MoC 2021	Population 2021	Life Expectancy Years 2021	Median Age of Population 2021	Political Rights & Civil Liberties 2021	Human Development Index 2021	Happiness Index 2021	Education Index 2019	Per Capita Income IMF USD PPP 2021	
<b>SOUTH AMERICA</b>										
Argentina	285	45,200,000	77.2	31.7	84 free	0.845	5.9	0.855	\$22,150	
Bolivia	300	11,700,000	72.4	24.3	66 partly free	0.718	5.7	0.695	8,850	
Brazil	300	212,500,000	76.6	32.6	74 free	0.765	6.3	0.694	15,650	
Chile	360	19,100,000	80.7	34.4	93 free	0.851	6.2	0.810	25,000	
Colombia	350	50,900,000	77.9	30.0	65 partly free	0.767	6.0	0.657	15,200	
Ecuador	350	17,650,000	77.7	27.7	67 partly free	0.759	5.8	0.702	11,350	
Falkland Islands	310	3,500	77.9						70,800	
French Guiana	300	300,000	80.5	25.1					17,100	
Guyana	320	790,000	70.3	26.2	73 free	0.682		0.601	23,300	
Paraguay	300	7,150,000	74.6	28.2	65 partly free	0.728	5.7	0.638	13,500	
Peru	280	33,000,000	77.4	28.0	71 partly free	0.777	5.8	0.740	13,000	
Suriname	290	590,000	72.1	29.8	79 free	0.738		0.675	14,700	
Uruguay	280	3,500,000	78.4	35.0	98 free	0.817	6.4	0.765	23,500	
Venezuela	190	28,500,000	72.3	28.3	14 not free	0.711	4.9	0.700	5,200	
<b>SOUTH AMERICA</b>	<b>300</b>	<b>430,883,500</b>								
<b>WORLD</b>	<b>220</b>	<b>7,910,000,000</b>							<b>\$17,110</b>	
							No. Nations			
Map of Consciousness	Truth vs Falsehood by Dr David R Hawkins + additional calibrations							88		
Population 2021	<a href="https://www.worldometers.info/world-population/population-by-country/">https://www.worldometers.info/world-population/population-by-country/</a>							235		
Life Expectancy 2020	<a href="https://www.worldometers.info/demographics/life-expectancy/">https://www.worldometers.info/demographics/life-expectancy/</a>							193		
Median Age of Population	<a href="https://worldpopulationreview.com/country-rankings/median-age">https://worldpopulationreview.com/country-rankings/median-age</a>									
Political Rights & Civil Liberties	<a href="https://freedomhouse.org/countries/freedom-world/scores">https://freedomhouse.org/countries/freedom-world/scores</a>							210		
Human Development Index	<a href="https://worldpopulationreview.com/country-rankings/developed-countries">https://worldpopulationreview.com/country-rankings/developed-countries</a>									
Happiness Index	<a href="https://www.visualcapitalist.com/mapped-global-happiness-levels-in-2021/">https://www.visualcapitalist.com/mapped-global-happiness-levels-in-2021/</a>									
Education Index	<a href="http://hdr.undp.org/en/indicators/103706">http://hdr.undp.org/en/indicators/103706</a>							185		
Per Capita Income 2021	<a href="https://en.wikipedia.org/wiki/List_of_countries_by_GDP_(PPP)_per_capita">https://en.wikipedia.org/wiki/List_of_countries_by_GDP_(PPP)_per_capita</a> <a href="https://www.worldatlas.com/articles/how-many-countries-are-in-oceania.html">https://www.worldatlas.com/articles/how-many-countries-are-in-oceania.html</a>							226		



**SOUTH AMERICA**

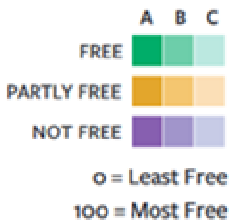
**FREEDOM on the INTERNET**



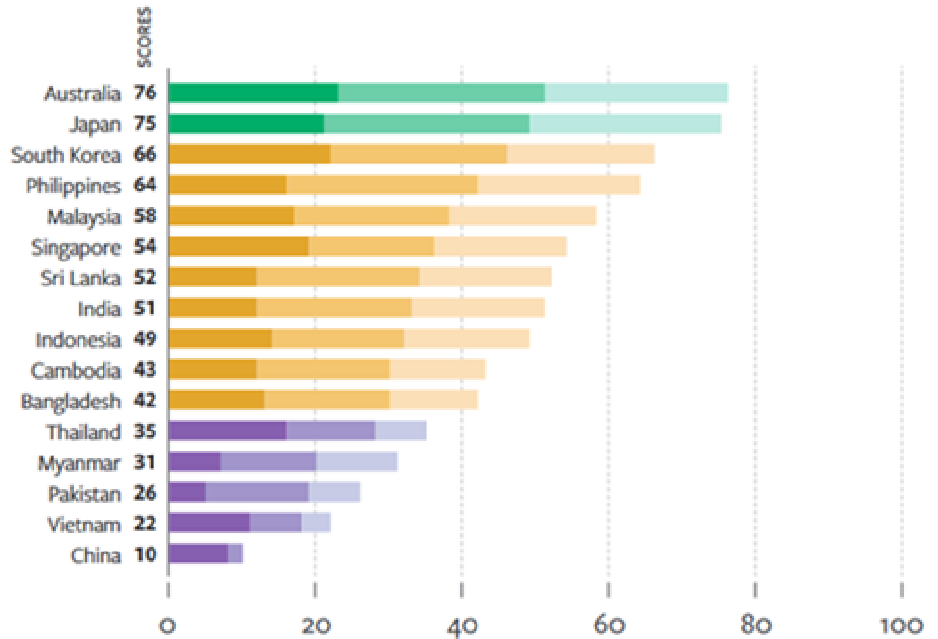
**REGIONAL RANKINGS**

*Freedom on the Net 2020* covers 65 countries in 6 regions around the world. The countries were chosen to illustrate internet freedom improvements and declines in a variety of political systems.

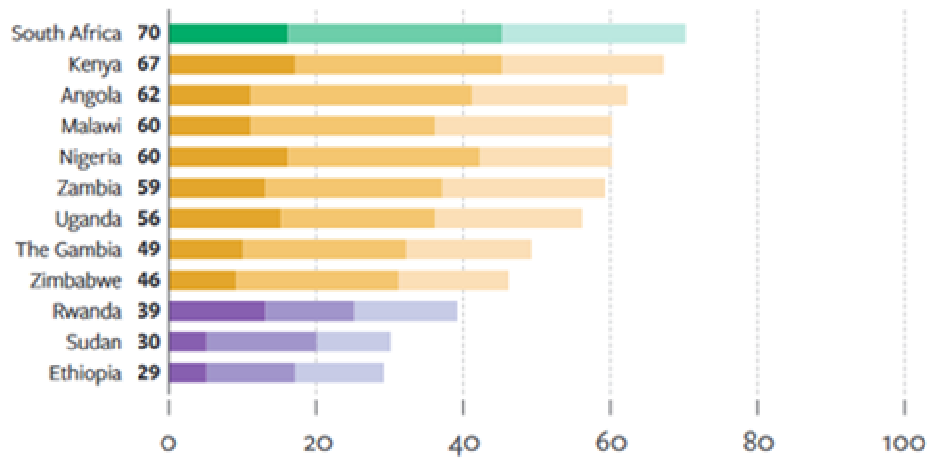
- A. Obstacles to Access
- B. Limits on Content
- C. Violations of User Rights



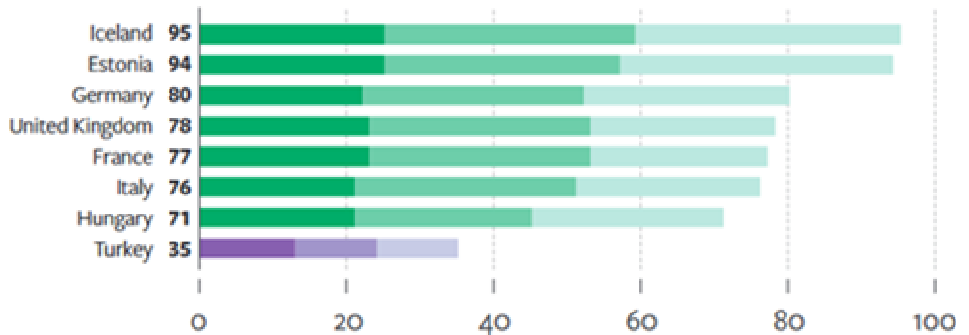
**Asia-Pacific**



**Sub-Saharan Africa**

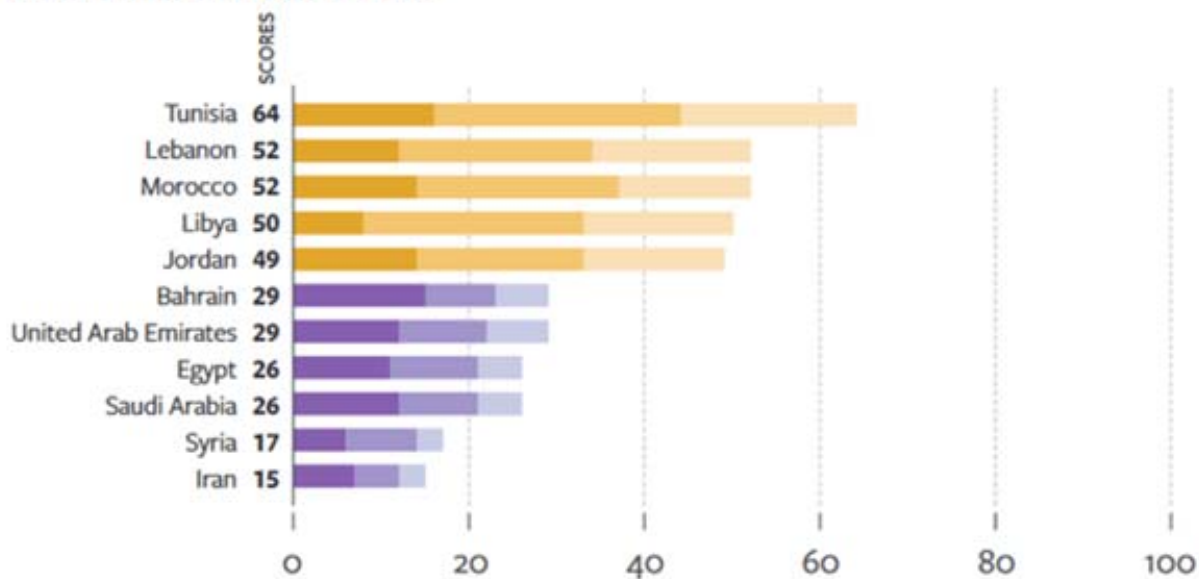


**Europe**

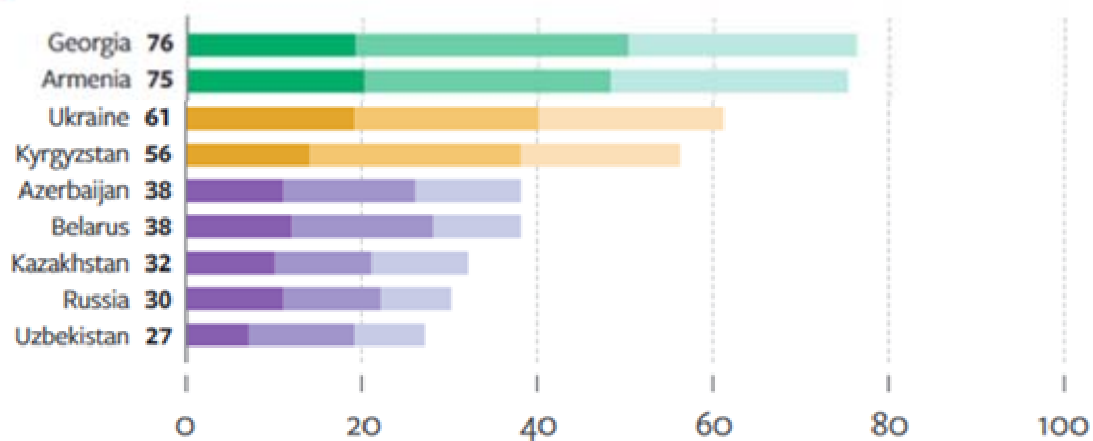




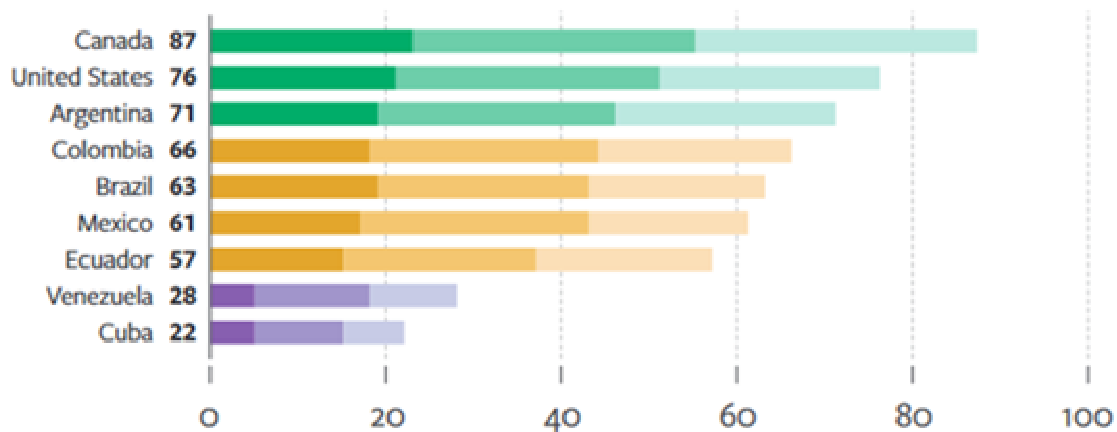
### Middle East and North Africa




### Eurasia



### Americas





### GLOBAL INTERNET USER STATS

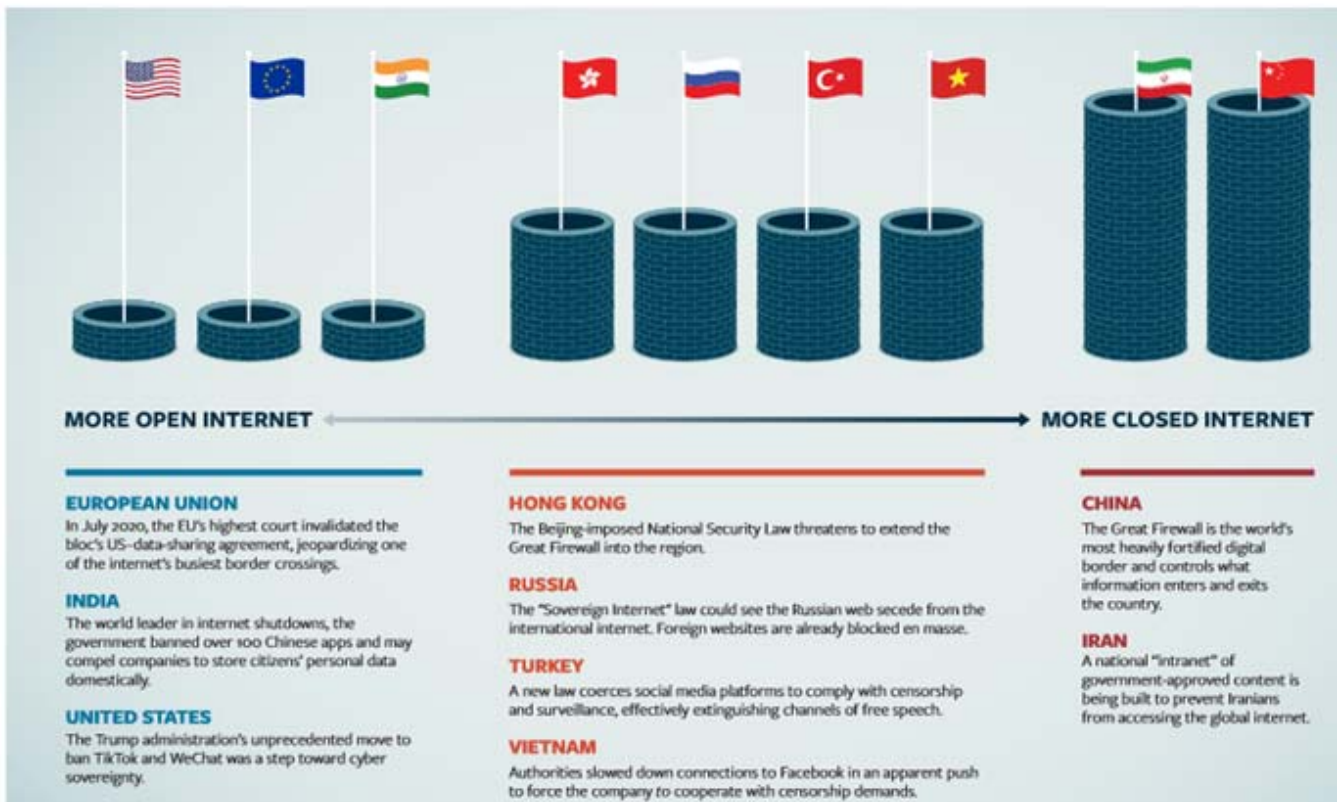
Over **3.8 billion** people have access to the internet.

According to Freedom House estimates:

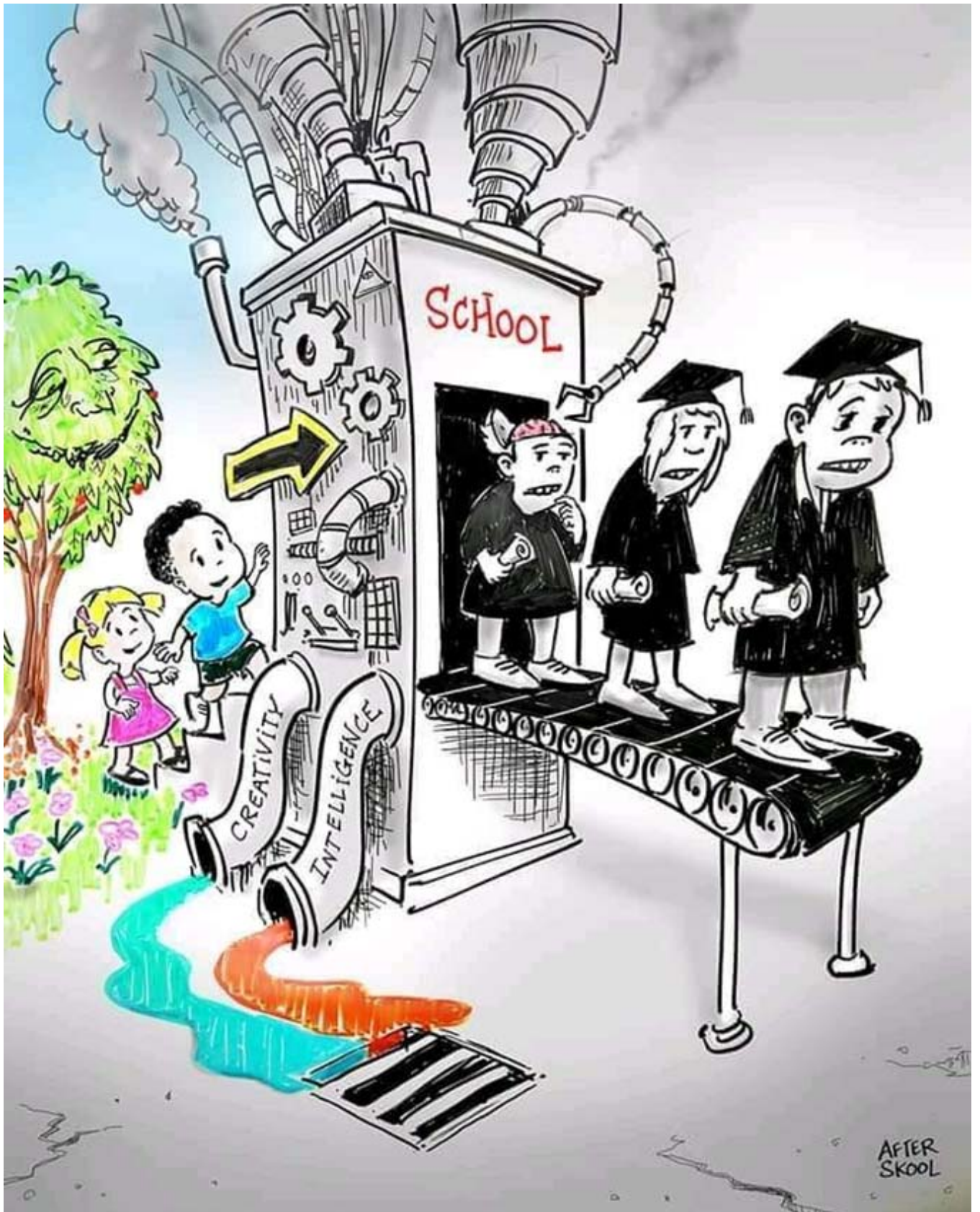
- 61%** live in countries where authorities deployed progovernment commentators to manipulate online discussions.
- 56%** live in countries where political, social, or religious content was blocked online.
- 73%** live in countries where individuals were arrested or imprisoned for posting content on political, social, or religious issues.
- 47%** live in countries where authorities disconnected internet or mobile networks, often for political reasons.
- 64%** live in countries where individuals have been attacked or killed for their online activities since June 2019.
- 34%** live in countries where access to social media platforms was temporarily or permanently restricted.

## RISING CYBER SOVEREIGNTY THREATENS TO FURTHER SPLINTER THE INTERNET

More governments are imposing restrictions on the flow of information across national borders.



EDUCATION as it appears presently:





**CONSCIOUSNESS and EMOTIONS:**

**Consciousness = Soul Condition. One’s Soul Condition is the compilation of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.**

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

**NATURAL LOVE or HUMANITY's EMOTIONS:**

Our soul, being our real self, is an emotional being. Our soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception, incarnation being 16 days later when our heart commences to pump blood. Our soul is endowed with natural love emotions, both positive and negative for us to experience through our free will.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 6, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the always pure soul.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination



**Note:**

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A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

**Blessing your food** achieves an increase of 15 points which is in fact a quadrillion ( $10^{15}$ ) jump in energy.

**Levels of consciousness** are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. When we embrace our feelings, begin living Feelings First, even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

**MoC 20 – Shame**: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

**MoC 30 – Guilt**: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident-proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

**MoC 50 – Apathy**: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

**MoC 75 – Grief**: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

**MoC 100 – Fear**: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

**MoC 125 – Desire**: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

**MoC 150 – Anger**: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

**MoC 175 – Pride**: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

**MoC 200 – Courage**: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

**MoC 250 – Neutrality:** Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

**MoC 310 – Willingness:** Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness/ do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained.

**MoC 350 – Acceptance:** Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self discipline / honouring of others rights / inclusive / tolerant.

**MoC 400 – Reason:** Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states.

**MoC 500 – Love:** Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

**MoC 540 – Joy:** Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will.

**MoC 600 – Peace:** Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness.

**MoC 700 – 1,000 – Enlightenment:** Buddha and Krishna. Mary Magdalene and Jesus progressed beyond 1,000 to achieve at-onement with God whilst living on Earth. Enlightenment is a never ending process.



**Feelings first**

<http://www.pascashealth.com/index.php/library.html>

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**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

<b>MAP of CONSCIOUSNESS</b>	<b>MoC</b>	<b>calibrations</b>
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	<b>1,500</b>	3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 <sup>rd</sup> Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 <sup>st</sup> Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 <sup>th</sup> Divine Love transitional sphere to Heavens
Natural Love peak	<b>1,000</b>	6 <sup>th</sup> spirit mansion world peak – can't go further!
Pascas WorldCare (as a platform)	880	5 <sup>th</sup> spirit Mansion World with Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 <sup>th</sup> spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	<b>500</b>	2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.
Peak of mind total orientation	499	1 <sup>st</sup> spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
<b>Humanity</b>	<b>212</b>	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.



# DEVOLUTION

**Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!**

**In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.**

**We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complimented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!**

**We bury ourselves in front of the television to further avoid contact with anyone, especially family.**

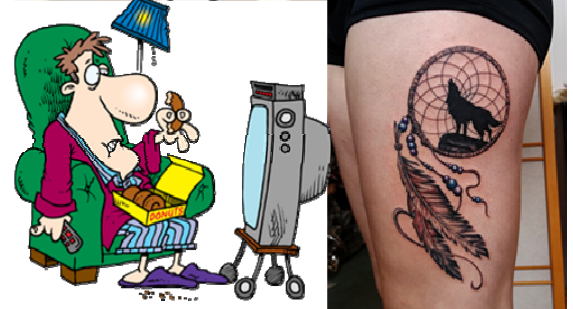
**Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.**

**We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.**

**Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!**

**No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.**

**No more of this! We can escape this man made hell!**





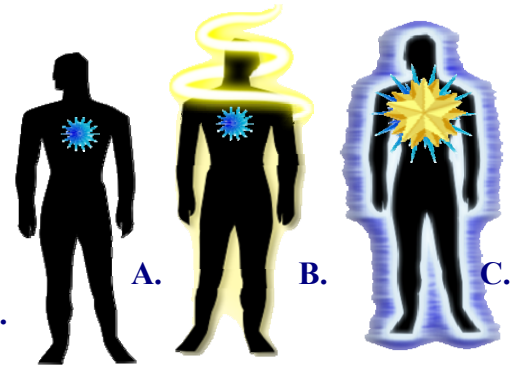
# EVOLUTION

Longing for and receiving Divine Love:

A. Soul within spirit body prior to receiving Divine Love.

B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.

C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



## FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



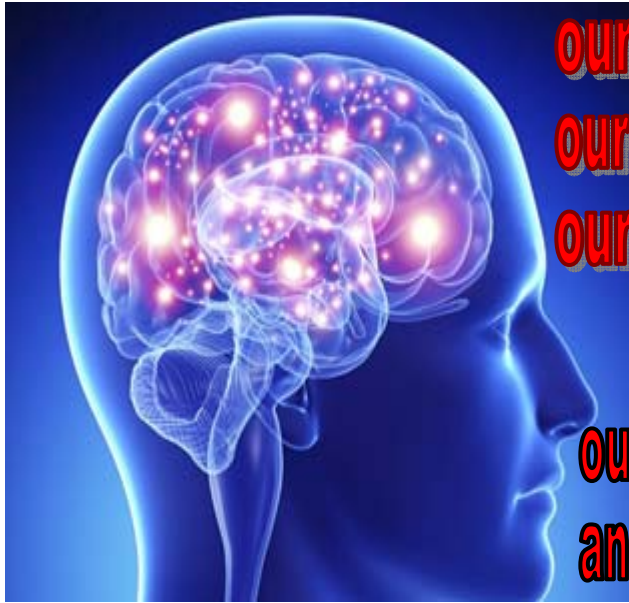


# We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to rise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.







**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



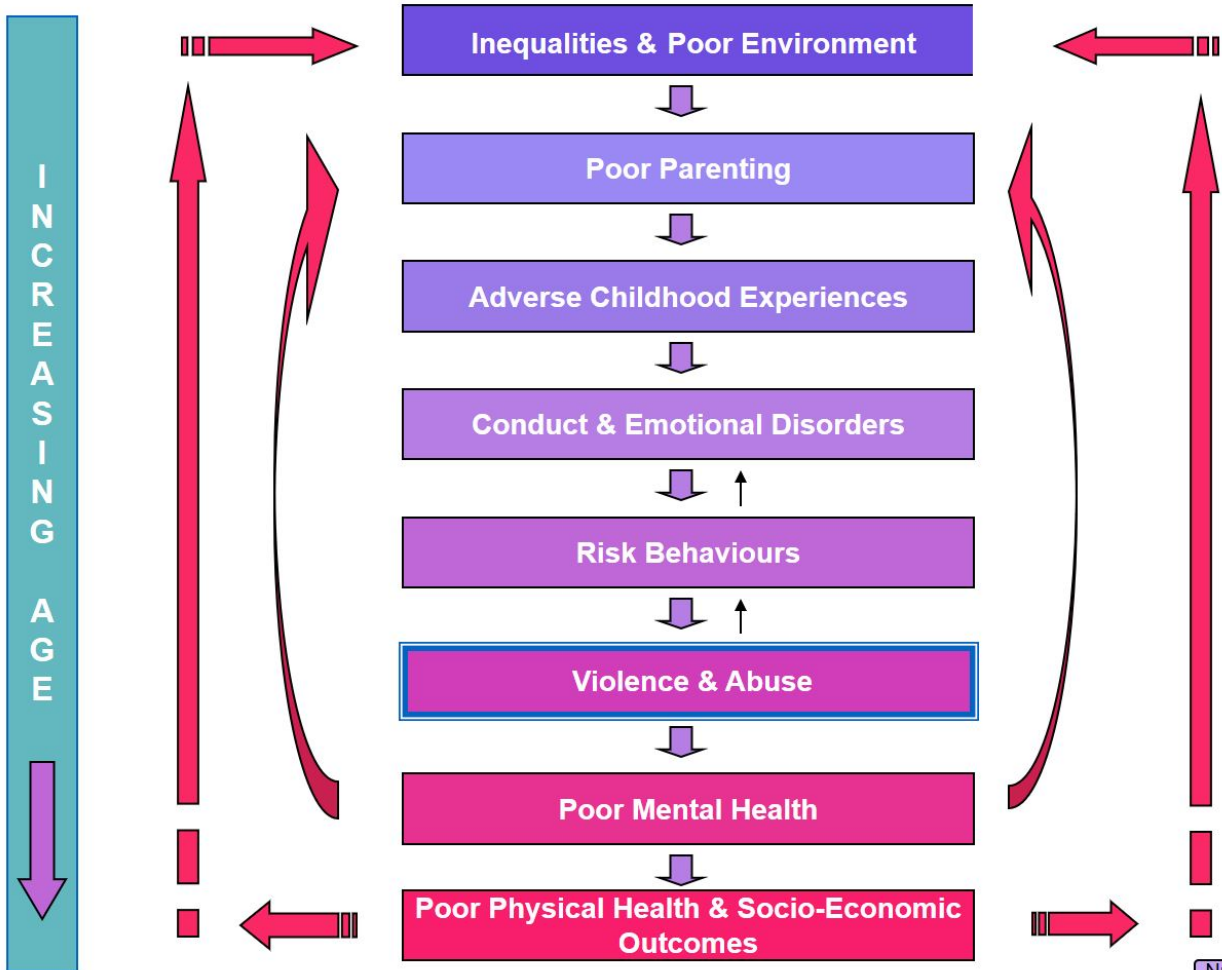
**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

# LIFE IS FOR LEARNING



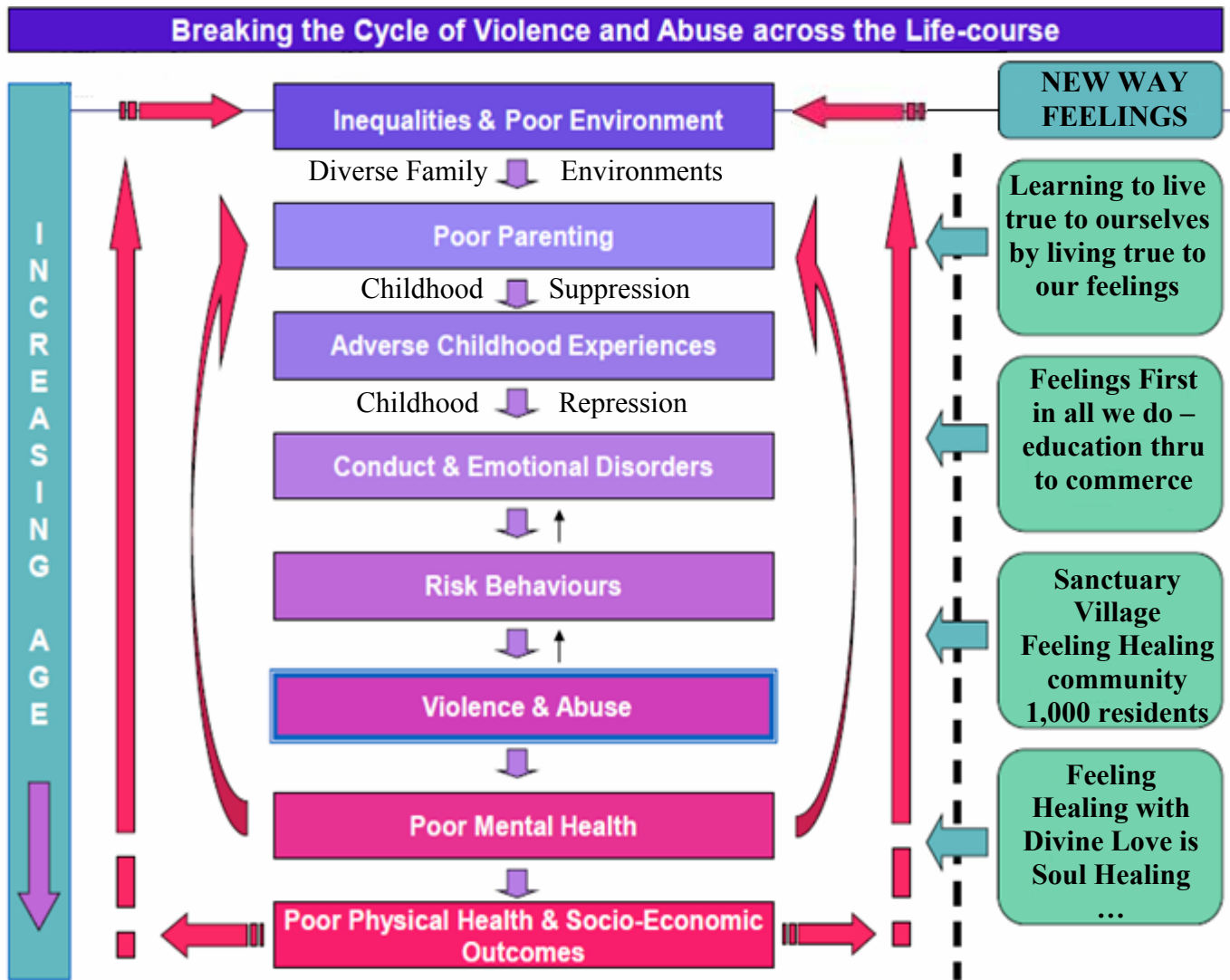
## The Cycle of Violence and Abuse across the Life-course



Nurse J, 2008



Seek **truth** from the cradle to the grave.



**All Lies are shown up as pain!**

**Worst thing for our children are their parents!  
We are in Pain because of our Unloving Childhood!**



# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing



**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**



*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Heartfelt feelings are our truth.*

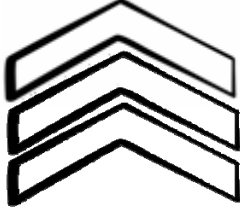
*Then we are to continue by longing for  
the truth that our feelings are to reveal to us!*



## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



# The New Way

## Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

**The New Way** is living the **True Way** of feeling expression. A loving way of being.



We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of ourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe if was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.



**Our incredible journey!**



God, our Heavenly Mother and Heavenly Father, does it ALL. They are All There Is. Creation all comes from Them. They created our soul and gave us the life we're living. They make us live all we experience, nothing is up to us, They only make it seem like it is. And currently They want us to experience being untrue and living against Them.

They bestow our personality upon our soul, and being a personality we live under the impression that we can determine how we want our life to be. We use our mind to make moment to moment decisions based on our feelings and how we believe we should be. And yet on a soul level our Mother and Father determine our so-called free will. Existentially on the soul level, there is no free will, everything is predetermined; whereas experientially on the personality level, we believe everything is up to us, that we have almost complete free will. Life shows us as we awaken to its truth, that we live a relationship between these two levels.

Many people believe God is good and loving, and the Devil or Evil is the opposite to God. As if there is the personality – God, and the personality – Devil, however the Devil has no personality, it doesn't exist. There are higher Evil Spirits, the 'Evil Ones' who rebelled against the Mother and Father and chose to take matters into their own hands in a small part of Creation in which Earth exists, thereby causing humanity to become of their Rebellion by Default; and unwittingly we carry on living untrue to ourselves and true to the evil ones. We are to understand, God wants us to be evil, God has put us in the Rebellion that is of God's making. Our loving God makes us feel bad and unloved, all because God wants us currently to experience living against the truth of love. And when we've experienced being evil all we need to experience, God will help us start our Spiritual Healing, thereby ending our evil ways.

Lucifer, Satan, and their soul partners, and other high Evil Spirits, are very real and have up until recently been able to exert a negative control over humanity. Christians believe they are on the side of good and are always having to keep vigilant about being coerced into the ways of Evil by the Devil. However all of us are evil, all religions are against the Truth, we're all of the Rebellion, no one has as yet been conceived free of it.

Really it is the battle against our 'evil' parents: They said we were wrong and bad and had to change ourselves to being as they were, which was 'right'. Yet we as young children we were not bad and they should not have forced us to change and go against ourselves.

<b>Negative Spirit Influence blocked</b>	<b>22 March 2017</b>
<b>Law of Compensation quickening</b>	<b>22 May 2017</b>
<b>Rebellion and Default officially ended</b>	<b>31 January 2018</b>

**GREAT**  

**-Turn**

**GOOD VERSES BAD**

James Moncrief

10 December 2021

We grow up in good verses bad, one or the other, which are you? We grow up in God verses Evil, whose side are you on? We look outside of ourselves into the world and make our judgements, yet really we are looking within, at ourselves, judging ourselves.

The constant internal war going in our minds is good verses bad – feeling bad and feeling good. One part of us believes and feels it is good; the other part that it is bad.

We incarnate good. God being ALL good, created us. We are intrinsically good. And if we were parented completely lovingly, then we'd grow up feeling good, always good; good being the truth of ourselves. And we'd be completely loving.

We incarnate good, however are parents are not happy with us being good, true and perfect. They say we are bad, untrue and imperfect – wrong. And they must correct us. They say God stuffed up and they have to take over and fix us up. They interfere with us being of God's perfection; they make us imperfect.

Our parents by interfering with us cause us to be untrue, bad, even evil; then they judge us and blame us for being that way – the way they have made us be. They don't like or love their creation, and keep telling us we have to change and be better, be more like them.

So we do. We apply our will to comply with and obey our parents, we change ourselves into being how they want us to be, we change ourselves from being good into being bad. But then we're not allowed to be bad, so we have to fight against ourselves being bad by trying to be good, but it's only our parents' good. We don't know what is truly good.

And so we're forever fighting against our self, criticising, chastising, ridiculing, judging, blaming, and hating our self for being bad, always so desperately trying to be good, wanted and accepted. We will do anything to feel loved, even if it means going against our self. We do anything to have our parents love, to stop them being mean and cruel to us, to stop them criticising, chastising, blaming and rejecting us, calling us stupid and dumb.

And all of this we project into the world and onto God. There is no Evil that is the equal and opposite of God. God is all loving; and then there is evil – those spirits and people like us who are going against God. We are of a Rebellion – against God and against ourselves. To uncover what is truly good, we need to do our Feeling-Healing.



**Freedom Pathway being Feeling Healing**

We are to live being completely true to ourselves in the moment.

If you feel good, you live true to feeling good; if you feel bad, you live true to feeling bad.

We are not to live, as we all do, by denying and then pretending we are something that we're not. We are not to live falsely and untrue as we do. We deny many bad feelings, doing all sorts of things to keep us feeling good, to stop us feeling bad; and this is wrong, this is denying we feel bad by pretending we feel good. This is living untrue to ourselves.

Being untrue, we have to live true to our wrong and false state. We have to want to know the truth of our untrue state of mind. We have to want to get to the point of being as we really are, as we really feel, so honouring, accepting and expressing all our bad feelings. We have to want to know the truth of why we are feeling them.

If you feel you hate yourself, are revolting, ugly, a failure, can't cope, are not caring and loving; feel scared, miserable and are full of anger, lonely, depressed, and powerless, desperately wanting some control, all the bad stuff, then this is what you have to fully accept about yourself and not try to push it away. Instead of doing positive affirmations, we should do negative ones when we feel bad, allowing ourselves to be as bad as we feel we are.

**I'm not  
faking  
being sick,  
I'm faking  
being well**

We need to know, and so be, how we really are, living feeling fully connected with our bad state we're in. We have to own it. We are in a negative and untrue state of mind, so we have to be fully aware of and connected with ourselves in that state. We are living against ourselves, so we have to understand why and what that means, what it feels like, how it all came about through our childhood, and how we express it in all our relationships.

Being spiritual is uncovering the truth of how you really are, how you really feel; it's not creating some nice acceptable mind-created picture of yourself. And being that truth, no longer trying to avoid it. By living true to all your feelings, expressing them and really wanting to see the truth they will show you about yourself, is how you do your Spiritual Feeling Healing so as to live true to your untrue state of being.

And when you are truly yourself, allowing yourself to be all the bad parts and without trying to do anything to cover them up and keep them away, then you move on out of being untrue and into living in a true state. Then once in that true state of being, you will keep living true to it, feeling very good, happy and loved, all the good feelings of no longer living against yourself.



Your feelings are the key to your spiritual growth. They are the key to your well-being.

It is through your feelings that you grow in truth; that you become more aware of yourself. This is doing your Feeling-Healing.

Your bad feelings are just as important as your good feelings.

Most people do all they can to block out and stop themselves feeling bad.

Yet to deny our bad feelings so heavily is to deny ourself the truth about ourself they will show us.

We can't properly spiritually grow if we are denying our bad feelings.

Spiritual advancement begins by accepting ourself – so accept you feel bad.

We are to embrace and acknowledge all our bad (and good) feelings as we feel them. We are to stop denying them; stop trying to block them out, dismiss them, override them by using our mind to change our feelings. We feel bad – so feel bad. We feel miserable, scared, sad, lonely, angry, unwanted, disrespected, hurt, and so on, so allow ourself to feel those feelings, and to feel them as fully as we can.

By allowing ourself to embrace fully all our feelings is the greatest act of self-love; denying any feeling is the greatest act of self-hate.

As we accept our bad (and good) feelings, we then try to 'bring them out', to express them, to say how bad we're feeling, to tell ourself, God, our partner or friend. We open our mouth and emote the feeling, going with it, saying all it makes us want to say. And ideally we keep saying all it makes us feel until we stop feeling it. However, it can be hard work and very difficult to keep expressing such deep pain, so we do as much as we can at any one time. It all has to come out of us, rather than keeping it in.

And as we're accepting and expressing our bad feelings (and good ones), we long for the truth of why we're feeling them. Really want to know why. Understanding that they will take us back into our childhood with our parents and family, all so we can understand that the bad feelings we're feeling now are the exact same bad feelings we felt back then. And now as an adult we can understand why we felt them back then as a young child, what was going on in our relationships with our parents, and were such relationships loving and good for us, or hurting us, were unloving, rejecting and denying us. And this is the truth we have to want to understand about ourself. And our feelings are the key. And this is 'being spiritual' – it's growing in the truth of ourself.

**Enters emotionally - is to leave emotionally!**

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>





**PARENTS are GOD**

James Moncrief 10 December 2021

As children, our parents are our gods. A parent can do no wrong. The parent is perfect. We are made to obey them, be grateful; we have to do as they say. Only the child is wrong. They make us be how they want us to be – for our own good. Is it cruel child abuse?

They hurt us, reject us, call us evil – the naughty little devil; humiliate us, make us feel miserable, sad, scared, alone, angry, unloved; even hate them, because that's what we need, according to them, to make us able to deal with and cope in the world – with them.

And they make us love them. We have to love our parents, because if we don't, look out! And our survival depends on it. So we tell ourselves, as we tell them, we love them. We love them as we love God. God is really just our parents. We can't do without them. Our Mother and Father God is our mum and dad. Do we hate God or love God?

The parent has all the power. The parent is powerful. The parent has a child to have power over it. The child is powerless. In our rebellious state of mind, being a parent is the ultimate controlling power trip, even if you are a more genuine caring and loving parent. The child feels powerless, even if it is given a little power by its parents.

We, as powerless children, grow up doing all we can to gain power. By becoming a parent ourselves is now our chance to have ALL POWER over our children.

The cycle repeats. The powerless becomes the powerful causing the next generation to feel powerless, who in turn have to become parents so they can feel powerful.

The grandparent gains even more power; over its own child and over its children's children. The grandparent is the God of the God's. So the child feels even more powerless; powerless with its parents, powerless with its grandparents. So as an adult it desperately seeks power. It MUST have its own children at all cost, because it can't remain feeling a loser, a failure, a powerless nothing, forever.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

What is the truth of your parent/child love, and your child/parent love? Doing your Feeling-Healing is the only way to find out. Provided you do want to know such truth.



## RELATIONSHIPS

James Moncrief

10 December 2021

It's all about relationships. The relationship with ourself, our parents and family, with our friends and partner, with nature, and with God.

It's about whether we are true in our relationships, which means, whether or not we are truly expressing all we feel, so all of ourself, in each and every interaction. And if we are not true, then wanting to find out why. Which we can do by doing our Spiritual Healing.

Our Healing will take us through our feelings into the truth of all our relationships – current and past. It will help us understand the relationship of our mind to our feelings, whether or not our mind is working against or for us, what our erroneous beliefs and bad unloving and negative behaviours are. All so we can come to see why we are the way we are, why we are loving or not loving, and how we came to be as we are because of the relationships and their influences we had as a child.

As an adult, our primary relationships, those with our parents and family, are what have determined and keep determining our relationships with ourself, nature, other people and God. And those early relationships will keep driving our adult relationships until we do our Spiritual Healing wanting to uncover the truth of them.

If anything is wrong in our life, if anything about ourself makes us feel bad and unhappy, if any part of us, or all of me / you, is unloving, that's all because it was how we were made to be through our early forming years and the rest of our childhood.

If our relationships are good and successful, our feeling fulfilled and loving in them; or if they are bad and unsuccessful, our feeling let down, disappointed, unfulfilled and wondering why we can't have good relationships, it's all because of how we were treated as a child. Any problems we have, any illness, any bad things that happen to us, all do so because of the emotional and feeling patterns established throughout our childhood. As an adult we live cycling through our childhood feeling patterns. So our relationships being emotionally good or bad, are the same as how our childhood relationships were emotionally and on a feeling level. Through our relationships as an adult, we will keep reliving all the same childhood feelings we felt with our parents and family. And if we're happy in our relationships, good; but if we're not, then only through our Healing will we be able to change such feeling-patterns once we've uncovered the truth of them.



**SCARED of FEELING GOOD**

James Moncrief

10 December 2021

We incarnated feeling good. But very soon we were made to feel bad. Our parents made us feel bad many times as we were forming and growing up through our childhood. How many times did your parents make you feel bad? And how many times did they make you feel good? And have you worked hard to block out many of the bad times?

For many people, they actually felt bad more than they felt good. And many of the so-called good feelings were only times of reprieve between the bad. They grew up on feeling bad. So bad is what they know, bad is what they are used to, bad is what they expect. And yet they also do all they can to keep feeling good, blocking out the bad.

And they might hate this, fighting it within themselves, always trying to do things to make themselves feel good, yet always ending up still feeling bad. Do you feel good, only to do something to ruin the good feeling and make yourself feel bad again?

We've been made to be scared of feeling good. We need to keep feeling bad. We feel better feeling bad, even though we hate feeling bad and only want to feel good.

We learn to 'bring it on' so we can feel bad. We say the wrong thing, act in the wrong way, resist being good and loving, all because it's how we believe we should be, how we should feel, all because that's how it was for us as a child. How you are – this is how it was for you as a child. And how it will always be, until you do your Feeling-Healing.

A great part of our Healing will be to allow ourselves to feel bad, to accept our bad feelings, to understand that is how our parents made us feel throughout our childhood.

And allowing ourselves to feel bad is very difficult, even if we already feel bad. And we might be faced with feeling bad for many years through our Healing, feeling hurt, rejected, unwanted, uncared about, miserable, sad, angry, scared – so many endless bad feelings. Yet these are all the same feelings we felt through our childhood, and they all have to come out. And once they are out of us, then we won't feel bad anymore, as we will understand the reasons why we felt them – the truth of them.

We are not to reject our bad feelings, as they were rejected by our parents. Our parents made us reject our bad feelings, so we follow their lead and also reject them. It's not being self-loving. It's self-hating. So love yourself by allowing yourself to feel as bad as you do.

**Feeling bad is good!**

The most important part of all our lives is to uncover the truth of our childhood.

And we do this by doing our Spiritual Healing.

By attending to our feelings properly: completely accepting our bad feelings, expressing the full emotion of them, whilst longing for the truth they are to show us about ourselves and our relationships with our parents and family.

We can't spiritually grow or grow as a person unless we uncover the truth of our childhood through our feelings.

We have to find out through our repressed childhood feelings if our relationship with our parents and family was loving or unloving during our childhood. During it, which parts were we treated respectfully, with care and with love; and during which parts were we made to feel uncared about, disrespected and rejected, hurt and unloved.

We have to break down the untruth of our mind and its erroneous beliefs that cause us to live in a false state: that our relationships with our parents were loving when perhaps they weren't. We all want to believe we love our parents and they love us; however, is the love you feel for and from your parents true love, or only a love fabricated by our mind? This is the truth we must want to see about ourselves and our relationship with them.

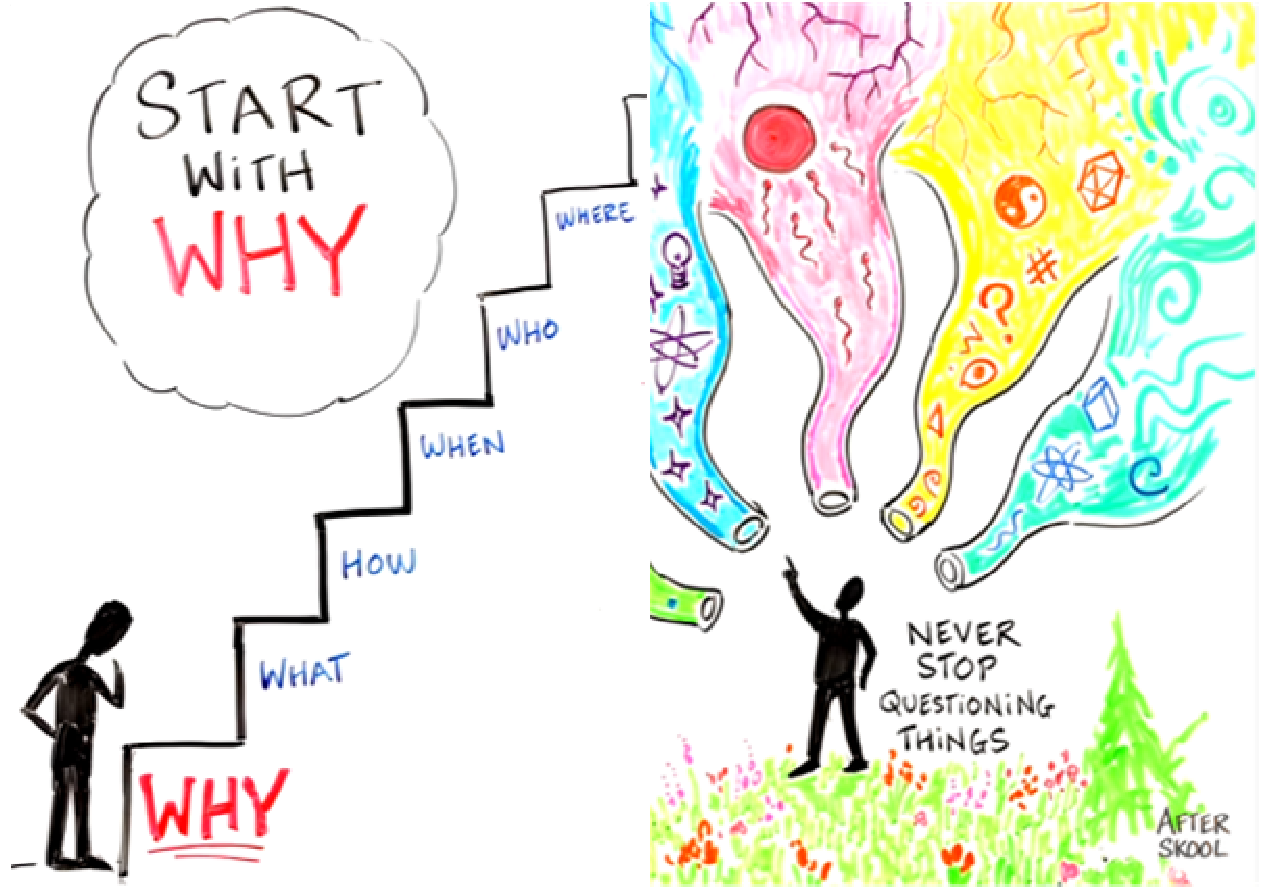
Everything bad that happens to us, any problems we have, why we get sick, any bad feelings we have, why our relationships might fail, all comes from our unloving childhood. Once our childhood finishes, we are complete, living by repeatedly cycling through our set childhood feeling patterns. The exterior of our life, what happens to us and what we create through our adult life, is nothing more than living out how it was for us as a child. The basis for being a so-called success or failure in life, was all established through our childhood. It was all determined by our parents loving or unloving relationship with us.

We can never fully heal ourselves unless we want to uncover the whole truth of our childhood. We can look into bits of it, get more in touch with some early trauma, some of which might help to explain why we are feeling bad and why we are trapped in our addictive and self-abusive behaviour. But not until we uncover the WHOLE truth of our childhood through our feelings, will we be finally be set free of it – will we be free of all our pain.

**Feeling Healing sets us FREE!**



# WE ARE TRUTH SEEKERS



# EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING  
OVER and OVER and  
EXPECTING DIFFERENT  
RESULTS.

NO PROBLEM CAN BE SOLVED  
FROM THE SAME LEVEL OF  
CONSCIOUSNESS THAT CREATED  
IT.

-ALBERT EINSTEIN

***WHAT ENTERS EMOTIONALLY  
IS TO BE EXPRESSED  
EMOTIONALLY WHILE LONGING  
FOR THE TRUTH TO BE KNOWN  
ABOUT WHAT IS BEING FELT!***

## To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



## Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2020: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny



and keep suppressed. And this is what I ‘feed’ on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.

EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**





We are being screwed by our Minds!



LET'S TALK IT OUT



We are Truth Seekers!



Heart felt feelings are the Truth of our Soul

SOUL

MIND IN CONTROL

This is how it is!



FEELINGS FRIED

## Great U-Turn

Feelings  
in Control

This is how it is to be!

Mind in Support



## OUR LIFE JOURNEY

Our life journey is not about accumulating great wealth and surrounding ourselves in luxury; it is about discovering who we truly are. Generation, after generation, have for thousands of years been led to live through our minds and to suppress our feelings. Our feelings are our true personality!

Our feelings are our truth, we are fully self-contained and capable of far greater things than the way we presently live, in a stupor with no spontaneity and intuitiveness. We all have that virus of the Rebellion and Default which our parents impose upon us – live through your minds daughter / son – and don't question us because we do not know any other way!



It matters naught if we do not 'succeed' in life, that we live as a pauper. Education is wonderful when it is TRUTH. Education can and presently imprisons us all deeper into our minds. Those who pursue an academic career and achieve accreditations such as PhDs (Doctor of Philosophy) demonstrate daily the limitations of the mind. Firstly, the mind is addicted to untruth, not being able to discern truth from falsehood. Secondly, the mind is addicted to control of others and the environment. But, most importantly, the mind cannot evolve one's consciousness past 499 on Dr David R Hawkins' Map of Consciousness scale – we can be stuck in the realms of the lowest spirit Mansion World for all eternity through this limitation!



As we commence to embrace our feelings, and then endeavour to live through our feelings and commence our Feeling Healing, we are opening ourselves up to truth, our soul based truth, that leads to living a spontaneous life and intuitively doing and expressing ourselves from and through the truth within us, our soul based truth. This has been hidden from each of us these past 200,000 years as we have all been subjected to the Rebellion and Default that has been imposed upon us – this being passed down, generation after generation by parents. Even isolated communities have not avoided this.

As we begin to express our feelings, both good and bad, while longing for the truth of what these feelings are to reveal to us, we begin to express the frozen energy that erroneous truths and injuries have been imposed upon us during our childhood forming years, thus releasing the physical discomforts, pains, illnesses and diseases that have been emerging in our body, thus we are beginning to truly heal our physical body while healing our soul!



# The Learning Pyramid

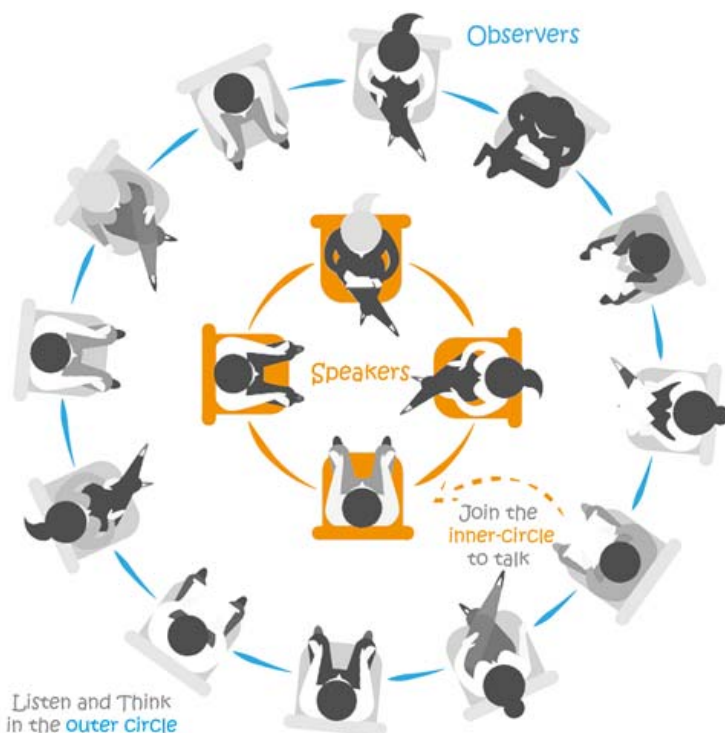
Trying to learn using this often presents many 'barriers'

Effective Learning requires a great deal of this



100% retention is **Natural Self Expression**

## CONVERSATION PIT – FISH BOWL TUTORING





# Chaldi Child Care Centre & Kindergarten

**WELCOME!**



**SAFE SANCTUARIES**

It takes a Community to Protect a Child



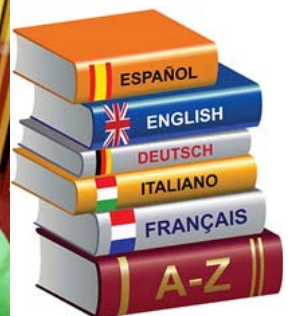
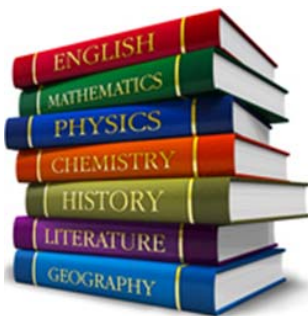
# CHALDI COLLEGE

## Primary thru to High

### "Feelings First"



Children Tutoring Each Other!





# CHALDI TAFE COLLEGE

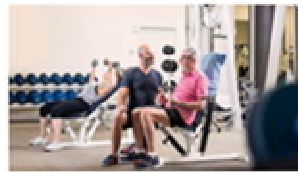
Technical and Further Education



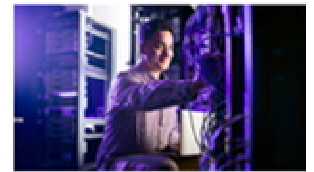
**Building and construction**



**Child care**



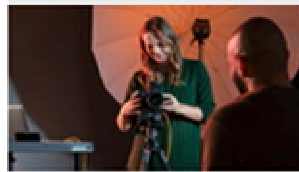
**Sports and fitness**



**Technology, information and networking**



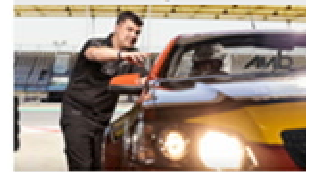
**Nursing and health**



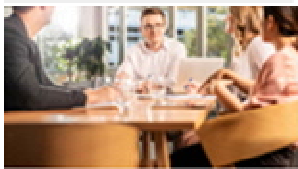
**Creative**



**Agriculture and horticulture**



**Automotive**



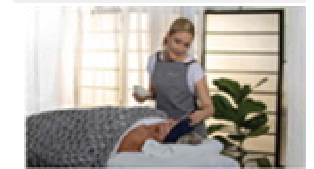
**Business, justice and management**



**Community services**



**Hospitality and cookery**



**Beauty and hairdressing**



**By location**



**Online courses**



**Apprenticeships**



**TAFE at School**

# PASCAS UNIVERSITY

## HIGHER EDUCATION SUBJECT GROUPINGS:



**ANIMALS AND  
LAND**



**ARCHITECTURE,  
BUILDING AND  
CONSTRUCTION**



**ARTS,  
HUMANITIES  
AND LANGUAGES**



**CREATIVE ARTS,  
DESIGN AND  
MEDIA**



**ECONOMICS,  
COMMERCE,  
BUSINESS AND  
MANAGEMENT**



**EDUCATION AND  
TEACHING**



**ENGINEERING**



**HEALTH  
SCIENCES  
(ACADEMIC)**



**HEALTH  
SCIENCES  
(PROFESSIONAL)**



**HOSPITALITY,  
TOURISM AND  
EVENT  
MANAGEMENT**



**INFORMATION  
TECHNOLOGY  
AND COMPUTER  
SCIENCE**



**INTERNATIONAL  
RELATIONS AND  
DEVELOPMENT  
STUDIES**



**LAW AND  
CRIMINOLOGY**



**MARINE,  
ENVIRONMENT  
AND RENEWABLE  
ENERGY**



**MEDICINE**



**MULTIMEDIA  
MOVIES AND  
MUSIC**



**NURSING,  
MIDWIFERY AND  
PARAMEDICINE**



**PSYCHOLOGY**



**SCIENCE**



**SOCIAL WORK  
AND  
COUNSELLING**



**SPORTS AND  
EXERCISE  
SCIENCE**



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>	<b>2017</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>The Urantia Book</b>	<b>1925 – 1935</b>		<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>
<b>Available generally from:</b>			
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>	
<b>For Divine Love focused websites and forums:</b>			
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>		
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>		
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>		
	<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**



**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

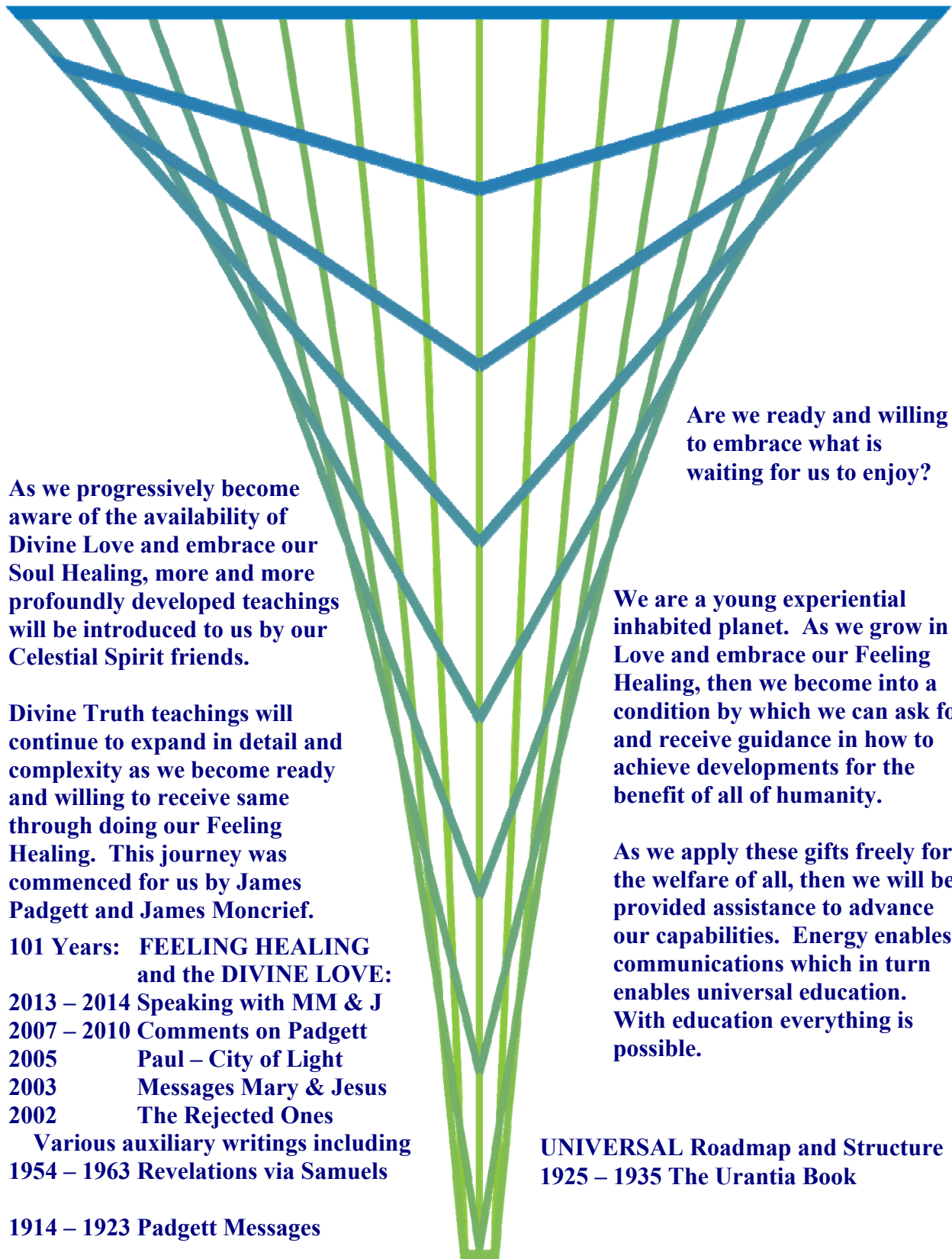
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebellious  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



# Feeling Healing is the pathway to TRUTH and HAPPINESS!



**T**alk it out with a **F**riend!



perceived truth MoC 880 – relative truth potential MoC 1,480