

PASCAS CARE

Feeling Healing

Angel Assistance



“Peace And Spirit Creating Alternate Solutions”

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PASCAS INTRODUCTION:

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

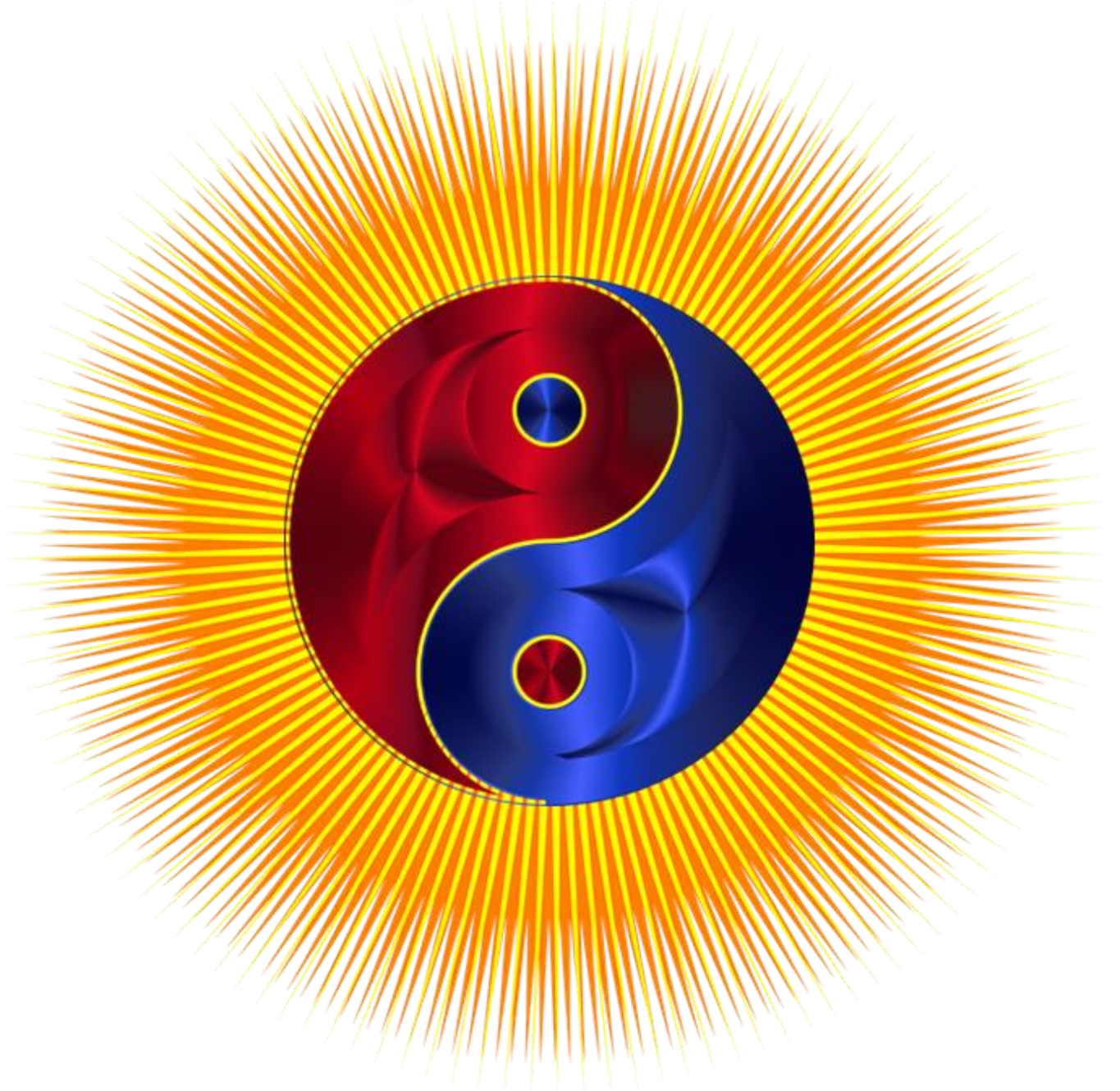
Aspiring to Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

The Golden rule is: Never interfere with another’s will.

Our Heavenly Mother and Father





Angel Assistance:

Sunday 11 June 2017

And the part about the Angels being able to help people in a more positive hands on way, that's all conditional upon Marion and James completing their Healing, it being part of the next age really. All what is happening now is preparation, the circuits breaking down and everyone over here understanding the changes that are taking place and what is to come.

And the angelic help will only, to begin with, be with people who are willing to embrace the Divine Love, or have already, and then are ready to look to their feelings for the truth of themselves. This is all to encourage people to long for the Love and do their Healing. Nanna Beth 3rd Celestial Heaven

PASCAS CARE FEELING HEALING ANGEL ASSISTANCE:

May we explore some questions, like:

1. Is it possible for Angels to heal a person should they so ask or long for assistance?
2. Was such assistance available to humanity in the past?
3. When was that assistance withdrawn and why?
4. Why should it be available now?
5. What are the circumstances that enable our unseen friends, our healing angels to assist?

We are never meant to be left on our own, nor are we meant to be without assistance from our invisible friends from all levels of the loving spiritual realms.

Such assistance was readily available to us for hundreds of thousands of years. Our first parents, Andon and Fonta (now known as Aman and Amon / soul partners) were the first ensouled humans on Earth, some 1,000,000 years ago. Our first parents were not Adam and Eve, as they came to Earth about 38,000 years ago. For many generations, humanity was assisted by Healing Angels until they were seduced by the incredible pomposity and arrogance of the soulmate pair / soul partners that the world refers to as Lucifer.

Mistress and Master Lucifer, with their brilliance of persuasion and charisma, presented the argument that one's mind was all powerful and one did not need to follow the leadership of the spiritual leaders of our local universe, namely the soulmate pair / soul partners being Mistress Mary and Master Jesus. Further, that one's mind was so powerful that one did not need to worship an unseen God, being our heavenly parents, our true Mother and Father.

It was at this time, some 200,000 years ago, that humanity on Earth denied the leadership of Mary and Jesus and rejected our Heavenly Parents. Also, the community of Healing Angels fell into Lucifer's seduction and as a consequence the assistance to humanity from the Healing Angels was withdrawn.

Humanity has always been required to find its own way out of the quagmire that it put itself into under the spell of Lucifers and their deputies, Mistress and Master Satan. The Lucifers were to be our spiritual leaders, not the agents for sending humanity over a cliff and into an abyss of misery and despair that commenced 200,000 years ago, being the commencement of the Rebellion.

When Mary and Jesus came to Earth 2,000 years ago, their primary goal was to complete their ascendancy to the throne of Nebadon, as they are our true spiritual teachers. Within the universal region called Nebadon are many inhabited planets, including Earth. It was during Mary and Jesus' sojourn of Earth that they achieved the qualification for their ascendancy and this brought about the authority and capacity for Jesus to remove Lucifer and Satan from their controlling spiritual positions over Earth. This was the start of the end of the Rebellion that Lucifer instigated 200,000 years ago.

Two thousand years ago, the male dominated life. The male suppressed the female. The woman was suppressed and generally treated as a non-citizen to say the least. It is the woman who is the spiritual strength within the soulmate pair. This suppression was brought about by Lucifer as he understood that it would be the female that would break the Rebellion, should they have the opportunity. Accordingly, Mary had to hold her tongue during her time on Earth with Jesus. Though Jesus did teach the way out of the Rebellion, his disciples did not comprehend his guidance and the teachings were lost. This was anticipated and that is why the 'Second Coming' was prophesised.

Jesus commenced re-introducing his teachings on 31 May 1914 through James Padgett. The Padgett Messages contain the first of the two major revelations. The first revelation is the availability of Divine Love, should we so long for it and ask for it.

The Padgett Messages have been augmented by writings through Dr Daniel Samuels, Judas of Kerioth via Hans, James Reid, Joseph Babinsky and Nicholas Arnold. All of these writings over 100 years expand upon the first revelation relating to Divine Love.

The second revelation, being the process of Feeling Healing, has been through the writings of James Moncrief and relate to the experiences and perseverance by Marion and James Moncrief. Though their combined works commenced in 1996, in a focused way and in earnest to embrace the process that is now referred to as Feeling Healing, the writings of same commenced in 2002 and will continue for some years to come.

As was said above, humanity has to find its way out of the quagmire. This does not mean all of humanity has to find the way. It means one soul pair had to find the way, and that is precisely what Marion and James have achieved.

As Marion and James have progressed with their Feeling Healing, progressive milestones have been achieved. As these milestones are reached then aspects of the restrictions that were imposed as a result of the Lucifer Rebellion which, by the way, were further strengthened by the Default of Adam and Eve, have been withdrawn and lifted.

First of all, the Feeling Healing process is about one being able to express their true selves. That sounds simple. We all believe we do that and would like to be surer of our way of doing so. However, none of us do. For 200,000 years, every single person ever to live on the planet, and those who now do so, all succumb to one's erroneous and controlling evil mind. Lucifer did a great job on us all. Generations upon generation have seen all parents impress upon their children that they are to become subservient to the will of the parents and that one's mind is to be trained to succumb. We have all suppressed our true expression of our beautiful loving and all truthful soul. We have abandoned our true nature and character to surrender to the idea that if we do what our parents want then they will reward us with their love!

We are always to live true to our soul based feelings. We are not to surrender our will to anyone, not even to God. We are to be a full expression of our personality, which is God's creation. That is what our Heavenly Parents long for.

As we suppress our feelings, we bring about the accumulation of negative stagnant energy within our spirit body that progressively encases our soul thus locking down one's true expression of self. As this heavy negative energy accumulates then we start to experience pain and illness within our physical body. The more we are untrue to ourselves the more difficult it is for one to prosper in life in any of its many facets of living.

This harm and negativity is imposed upon us immediately from the time of conception and peaks by the time we reach around the age of six. Our childhood experience is nothing short of the worst cumulative life experience possible. We absorb the damage accumulated by our parents!

It is only by longing for the truth of our feelings to surface and by expressing them that we can release this pain, these injuries and liberate our soul. Sounds easy! It is not. The pain we have suffered

throughout our childhood is essentially equivalent to the pain it will take to release the errors and false beliefs. That is Feeling Healing.

We are to be true to our selves and we are to always express and be our soul based feelings.

As Marion and James progressed through this process, which they commenced as a couple in 1996, the final deputies of the Rebellion were removed from our spirit Mansion World's bastions of power (6th natural love spirit Mansion World). The Caligastia and Daligastia soulmate pairs / soul partners were deposed and removed.

As Marion and James further progressed, mind spirit communicative control capabilities were being progressively blocked out. By the 22 March 2017, the cumulative progress enabled significant curtailment of interferences. The Rebellion and Default now is in its end stage, the fall into the abyss by humanity cannot go any further. Our climb out of the abyss could begin on that day. If a turning point can be recognised, then the greatest day in the history of humanity is Wednesday, 22 March 2017.

As a consequence, it was asked if the services of the Healing Angels could once again become available to humanity.

It was understood that those Healing Angels that had succumbed to the wryly seduction of Lucifer had subsequently repented and had returned to their positions and capabilities. What was not understood was if the restrictions relating to the Rebellion had been lifted in this regard.

On Friday, 31 March 2017, James wrote what he experienced and understood:

"I spoke with you on the phone and you talked about your – our – the healing centres being places where possibly the angels might work more closely with people should those people embrace at least the notion of doing their Feeling Healing.

"Then, no sooner, and this bit you'll laugh at and have to take more deep breathes as your fried mind has yet more to digest, I hear loud and clear in my mind, which even gave me a bit of a start as it was so definite: **"It's been granted!"**

"To which I replied: What's been granted?

"That which John wants concerning what you're thinking about – the angels and their possibly healing and helping people as he was suggesting.

"And I asked: Why has it been granted?

"Because it is in keeping with the parameters which define what you and Marion are doing.

"They said that any reasonable suggestion made by someone like John, by someone who gets it and understands the importance of it, will be considered should it be within the necessary parameters. And that in fact it's for the likes of John to define what will transpire to some extent within these parameters, it all being part of humanity's contribution to healing itself. Of which I am to merely assist in best I can. So there's the Celestials doing their part, working it all out, just as it seems there will be the Earth part, people like yourself John working your part out."

Subsequently, James went on with his questioning: “Anyway, Beth, are you there, John says he wants me to speak with you some more, he keeps coming up with these hair-brained ideas (owing to you lot having fried his mind making it more open to you) because he’s reading things into “Sage” that I had no idea were there, so what do you reckon about it, about his idea being ‘Granted’.

Beth (Celestial Spirit):

“Yes James, it was all perfect, your relationship with John is moving along nicely. It’s all as it’s meant to be, and I know we keep telling you this, but it’s for your mind, because it’s still resisting, which of course it must, until you’ve finished your Healing.

“And yes, we understand how you feel like you’re beginning to float along, as is my grandson, he is floating amongst the clouds most of the time, however it’s all part of helping you both to let go and be open to what may come, because as you both know, you’ve now set sail and you have no idea where you will dock along the way and where your ultimate destination will be.

“You are partners should you keep feeling like you want to keep going as you are, and that much you are both accepting and it makes us all feel good over here.”



‘John on cloud nine.’

Limitations:

What is not possible for any Healing Angels, or anyone else for that matter, is the removal of suppressed injuries of others, that have occurred during their early childhood. This, each one of us must do for our selves. This we can do during our physical life and/or during our progression through the Divine Love Mansion Worlds which are referred to as numbers 3, 5 and 7.

What is understood, that should someone be in such pain and discomfort from physical illness that it is excessively difficult to engage in one’s Feeling Healing whilst in that condition. Should there be the understanding of the underlying cause of one’s discomfort, being that of the childhood suppression of emotions, as being the fountainhead of the illness and that by expressing one’s emotions, both good and bad, such expression will permanently remove the underlying cause, then assistance from our Healing Angels is beneficial for the personality who is in that discomfort.

The rest is a journey of discovery and learning as we all enjoy the change in circumstances and this momentous time in the history of humanity.



SPIRIT MANSION WORLDS are numbered 1 to 7:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 2 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres / worlds 1, 2, 4, and 6 only.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

On death of the physical body we all arrive in the 1st Natural Love sphere.

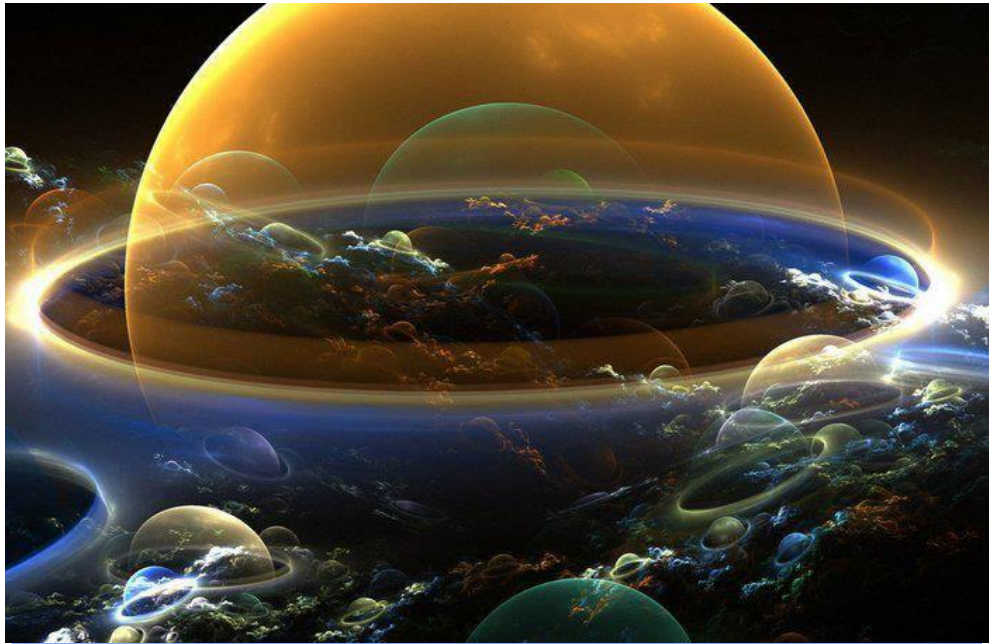
The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1st Natural Love sphere and continue in their progression onto higher spheres.

Earth is for the individualisation of souls being the commencement of one’s journey home towards our Heavenly Parents.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

Note: The first experience with a Divine Love Sphere and a Sphere of Disharmony may be introductory planes / sectors within the 1st Natural Love Spirit Mansion World.



SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

Soul spheres
are not
numbered.

Soul spheres
are to:



The New Birth = Become at one with God: sphere 8

Peak Sphere =

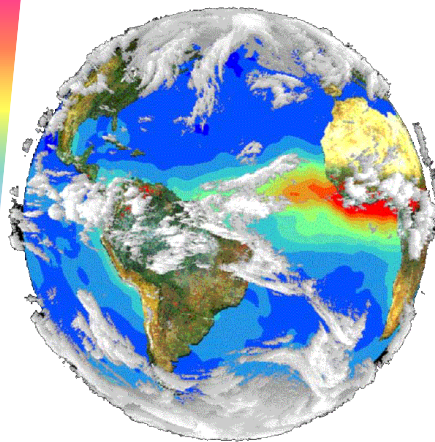
6

4

2

1

**NATURAL
LOVE
SPHERES**



7

5

3

Spirit body
spheres are
1 - 7

**DIVINE
LOVE
SPHERES**

Earth sphere is for
the physical body.

How do you BECOME as SPIRITUAL as you can be?

James Moncrief 7 November 2020

It's to do with expressing yourself as truly as you can in your relationships. The truth of yourself, the truth of life, the truth of God is to be found in the truth of your relationships. When you interact in your relationship, when you express all you feel and think, and when the other person expresses all they feel and think, all whilst you are longing for the truth of all such interaction, then the truth will come, and then you are evolving your soul in Truth. And you can't be more spiritual than continually advancing your soul in Truth. That is Being Spiritual.

Only our difficulty is, most of us are heavily denying our feeling expression in our relationships, so we are severely limiting the depth and intimacy of the interaction we can have, so we are severely restricting the amount of truth we can gain from such experiences. So our Spiritual Healing involves allowing ourselves in our relationships, with ourselves and each other, to express all the bad, yukky, dark, nasty, pain parts that we're doing all we can to avoid. To maximise the relationship you can have with yourself and another person is to allow yourself to express ALL your bad (and good) feelings, all as you long to uncover the truth of all they will help you see about yourself.

To be spiritual is to be fully feeling expressive. Or to want to be. And the more feeling expressive you are in all your relationships, the more you'll get out of them, provided you want to see what Truth they contain. And the more you become that Truth, the higher in spiritual understanding you become, and so the more spiritual you are.

Being or becoming spiritual is not about attending your religion religiously saying your prayers to God, or sitting in meditation endlessly seeking Enlightenment or Knowledge; and it's not about climbing the highest mountain seeking the answers to life, it's about getting real in your relationships by dealing with all the bad feelings, moving with them, seeking resolution through understanding by going deeper into them, bringing all the hard stuff out, seeing it for what it really is, what's really going on within you and between you, and how does it all relate back to your early life and the relationships that you started your life in. It's about wanting to know the WHOLE TRUTH OF YOUR PAIN, so allowing yourself to feel all your pain as you express all the bad feelings of it in your relationships. And of course doing this in your most intimate relationships in which you can open and expose all the worst of yourself; all the ugliness of your pain; all the terror and torment; all your suffering – to bring out all your dark secrets; all you're so afraid of admitting you feel; all the really bad stuff you believe you are not allowed to speak about, to your partner who willingly wants more than anything for you to bring it all out. All so they (and you) can understand what is really going on inside you. And then you wanting them to bring out all their pain and suffering, so you are both truly 'there for each other', lovingly supporting each other by accepting each other's darkness.

Being truly spiritual is being true to all the feelings you feel. If you are true to all your feelings, and want to know the truth of them, then as the truth comes to you, as it will, then you are growing, evolving, ascending, in truth, and you can can't be more spiritual than that.



INTRODUCTION for a HEALTH CARER ENGAGING ASSISTANCE:

Q. So who am I to heal?

A. Not everyone. Most everyone, but some will need temporary relief from their pain, so that they can do other things with their lives, things they couldn't do when they are in such pain. But as you can understand, that pain will still be there in their soul, and one day they will have to return to it and bring it up and out of themselves, all so they can see what truths it has hidden in it for them.

For some people its necessary they feel all of their pain because it will help them to understand more about themselves when they come to see the truth of their pain. So they need the pain in order to find the truth, it all being around the wrong way because of the rebellion against truth.

Possibly the angels might work more closely with people should those people embrace at least the notion of doing their Feeling Healing.

Q. So, what is Feeling Healing?

A. It's looking to your feelings for the truth of what's making you feel bad:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors, making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

And it's possible that you can heal everything that's wrong with you on all levels through your Feeling Healing.

Relief may occur immediately, or it may be later on. One's heartfelt longing for the truth of their feelings, being good and as well as bad, will determine what assistance is provided. It is up to each individual to want to live true to their feelings, and when they do, then the angels will be there to help them.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship (soul partners). Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



Feelings first



In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.

OUR FIRST TEACHERS:

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the SACRED and INSPIRED WRITINGS. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world's major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one's soul based loving and truth based feelings and bringing about dependence upon one's erroneous mind. BC=BCE AD=CE

Note: Lunar cycles were considered years, then seasons as years.

First Parents, Andon & Fonta, also known as Aman & Amon	993,500 years ago
As a result of Lemuria (Mu) we have Sacred Inspired Writings	300,000 BC (Chaldi College)
As a result of Master & Mistress Lucifer we have the <u>Rebellion</u>	200,000 BC
As a result of Adam & Eve we have the <u>Default</u>	38,000 BC
As a result of Osiris, we have Osirian	20,000 BC (born in Atlantis)
As a result of Thoth, we have Osirian in Lower Egypt	14,000 BC (coming from Atlantis)
As a result of Krishna, we have Hinduism	3,228 BC (birth dates)
As a result of Abraham, Machiventa Melchizedek manifested	1,980 BC
As a result of Moses, we have Judaism and Moses books	1,200 BC (approximately)
As a result of Zarathushtra, we have Zoroastrianism	630 BC he lived for 242/4 years
As a result of Lao Tzu, we have Taoism	604 BC
As a result of Varadhamana Mahavira we have Jainism	599 BC he lived for 72 years
As a result of Buddha, we have Buddhism	560 BC
As a result of Confucius, we have Confucism	551 BC
As a result of Jesus via Paul we have Christianity	born August 7 BC died age 35, March 29CE
Mary of Magdalene, born 2 BC, died age 48, and Jesus of Nazareth, both born free from error.	
As a result of Muhammad, we have Islam	570 AD
As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord	923 AD to 947 AD period of reign
As a result of Hiawatha we have Iroquois Confederacy	1550 AD
As a result of the Second Coming we have Divine Love and then Feeling Healing	
which with Divine Love then is Soul Healing	31 May 1914 AD to around the 2040's
As a result certain restrictions of the Rebellion and Default are now lifted	31 January 2018.

From the above ancient clay tablets can be found the Lord's Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

By longing for the truth of one's feelings and for our Heavenly Parents' Love is the way forward.

Infographics and diagrams have been added by Pascas.

END to the REBELLION and DEFAULT – 31 January 2018:

31 January 2018: Nanna Beth, 3rd Celestial Heaven, John's grandmother: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now 'Ours'. It's been a long time coming, but it's a huge milestone and marks a tangible and real end to the Rebellion and Default. It's one of a number of 'End's' that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we've told you, basically calling the shots still happy to ignorantly carry out C&D's plans. But now with our systematic and progressive take over, we're now in complete control.

And what that means is we have our fingers in every pie and we're on the case so far as what everyone is doing. However it doesn't mean we're taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it's unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it's another end of things and beginning of the new. And it's basically what we've been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it's been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity's got a real tangible safety-net under it now, so no more 'downside risk', it all being to move it toward doing its Healing.

I'll speak again soon – love Nanna Beth.



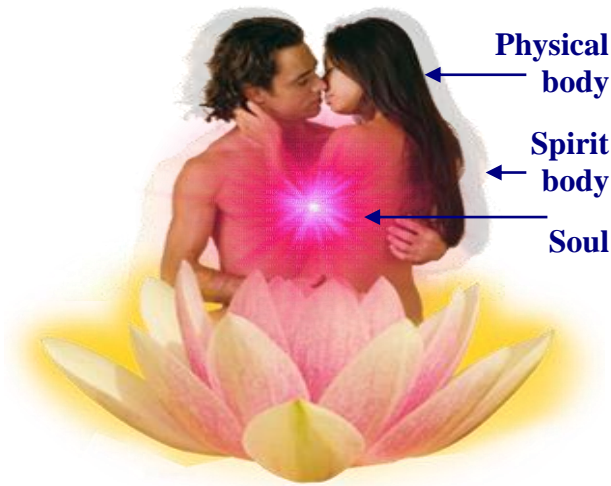
Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

First Parents being First Ensouled Humans



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

REBELLION



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

BESTOWAL

REVELATIONS

× 2

LUCIFER REBELION HAS ENDED, and now REVELATIONS for HEALING are HERE:



Lucifer soulmate pair



Satan soulmate pair



Caligastia soulmate pair



Daligastia soulmate pair



Lucifer soulmate pair / soul partners were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they significantly failed.

About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

Caligastia had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.

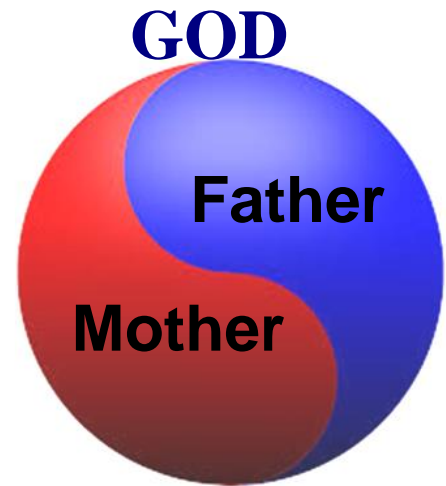


Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with our Heavenly Parents through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready, it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Father and Mother for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.



The CRUX of IT:

Helen: We NEVER lose our personality, it is ours, and it's our precious gift from our Mother and Father. We are always who They have made us be. Personality is sacrosanct. It's the most valuable thing in Creation, it is what all Creation rides on, it's what all Creation exists for: the expression of personality.

JM: All our Healing does is liberate our true personality, so it doesn't actually change us, and make us be a different person, it just liberates all the parts of us that were stopped from freely expressing themselves.

Helen: Exactly, so all that is wrong or bad or imperfect within you, will turn into being perfect, right and good. You get rid of all the bad stuff by liberating all the hidden good, and as that comes to light, so the bad fades and then leaves altogether because you no longer need to be that false untrue you, the one your parents have made you be. But YOU, the basic intrinsic you, never changes, and all you don't love about yourself will go as you gradually love yourself more, all as you keep bringing out your repressed feelings.

Note to James from Helen 5 April 2017

Instead of allowing the free expression of a child's personality and will during its forming years, we, as parents, impose our own will upon them, striving them to become little 'me's'. We endeavour to have the personality of our child reflect our damaged and suppressed personality. This is what we are to reverse by our own acknowledgement of our own suppressed childhood emotions and the expressing of them to a friend or companion, thus releasing them and freeing our true personality, our soul based loving and true feelings.

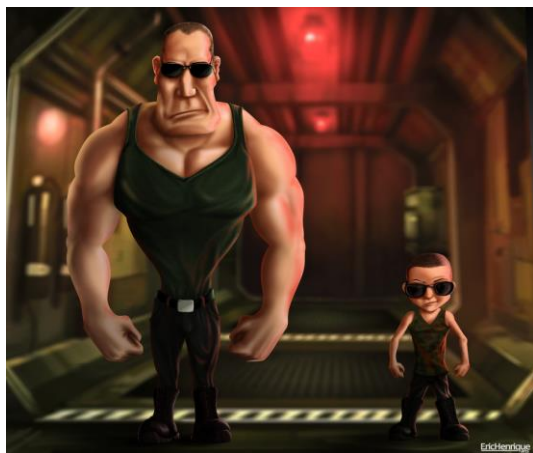
WE SUBMIT TO EMBRACING OUR PARENTS ERRORS!

At the moment of conception your soul activated your will to become of your earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing. Jesus

Message 33 (part) 9 January 2003

[The Rejected Ones – Living True to One's Feelings](#)

by James Moncrief



Like Father – Like Son
Like Mother – Like Daughter



EXPRESSING ONE'S FEELINGS is the LIBERATION of ONE'S PAIN:

Our negative childhood repressed events, hurtful experiences, dramas and harming influences, are like festering cocktails of noxious energetic misery and pain?

That's right. It's as though something was put into you that's not meant to be there, it's making you be imperfect, and so it all has to come out, which you do by expressing all your feelings. And when all the bad feelings have come out, then you'll be left with the true and perfect you, that you which would have come naturally into being had it not been interfered with.



So you want to be true. And you ask God, your Mother and Father, to help you express all your bad feelings and to see the truth They want you to see. And then you just focus on expressing your feelings however you can; so to someone if you have someone who wants to listen to all you want to say, all the bad, yuk, stuff; or you write and say to yourself how you feel, and of course tell God all you feel.

So you stay focused on your feelings, you keep expressing all they are making you feel, and you long for the truth of them, and that's all. You don't have to make yourself go deeper into them, that will naturally happen, and you don't have to do anything with your mind. You just keep trying to articulate all you feel, accepting those feelings, feeling how bad or good they make you feel, express all the emotions associated with them, and long for the truth they are to show you.



And in doing that, all the bad or wrong parts will slowly come out of you; and by liberating them, so too are you setting yourself free of them. Your soul then effects the necessary changes when all the pain has come out and the truth of it has been seen, and that is your Healing. And slowly you will perfect yourself, become true, start having good, loving, open, honest and truthful relationships, with your partner, if they are also doing their Healing, and then with everyone else. And most importantly, with yourself.



We are to grow in truth through our feelings, which is why our feelings are needed.



Extract from 'Sage – and the Healing Angels of Light' by James Moncrief

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

Health & Parenting

As difficult as it may seem to comprehend, even at the time of one's conception / individualisation, we are highly intelligent and our newly forming mind is making rudimentary decisions. Immediately upon conception we (being our soul) begin to absorb the emotions and projections of those around us, within our environment, mainly from our parents and in particular from our mother, who at that time may not even be aware of our presence.



All we need to know is already within one's soul prior to conception.

We access our soul's knowings through our feelings. That is, should we express our feelings at all times then we will be drawn to truth and love at all times.

Nothing about our soul's truth is focused upon controlling or dominating anyone else. Control is the domain of the mind. The mind is within one's spirit body, and it is this mind control that we are enslaved to. For more than 200,000 years man has been enslaved to his / her mind, this was brought about by the Lucifer Rebellion at that time. For generation after generation, we have repeated the endeavours to turn our children into little 'me's'. We suppress their free expression and free will and endeavour to clone them into trophy children, our trophy, reflecting who we are, not allowing their free expression of their feelings, their true selves. For a child to comply to our orders and demands they train their minds to 'obey' and succumb to our blackmail, 'be a good girl / boy and I / we will love you!'

This is a disaster of global proportions that was instigated by Master and Mistress Lucifer 200,000 years ago and it is only now that we can do the U turn and liberate our soul's feelings and become freely expressive, and bring about the harmony that humanity strives for and knows is possible.

Each suppressed feeling and each inflicted emotional injury brings about physical pain and ill health. It is only when we allow our feelings to freely flow that the energy flows through are spirit body and then physical body are of a healthy and feeling nature. We, as parents, bring about the long term health or ill health of our children. Sometimes the collective injuries that we as parents holding suppressed result in becoming evident as deformities within our children. Yes, we as parents cause the deformities within our child. Unknowingly and unintentionally we harm our children with our own emotional injuries to such an extent that our newly forming foetus is enormously injured resulting in the numerous illnesses and deformities that babies are born with, from time to time.

The baby is born and then we set about turning it into the 'model' that we want, not allowing it to freely express its true self.



This is the crime that we as parents have not been aware of for 200,000 years. It is global and it will take centuries before we all become aware that we have to embrace our emotions, allow our soul based feelings to tell us the truth of our errors and express our feelings to our partner or anyone that will listen and put these errors aside for ever. Then we will learn how to truly love our children and not burden them with the injuries that are past down generationally.



Our children mirror us, as parents. It is not that ‘bad genes’ are passed down; it is that we change the nature of our genes as of a result of emotional abuse and suppression which is endlessly hurled at us when as a child.

It is not until we reach puberty that we are of such an emotional maturity that we can start to independently embrace our soul based emotions, by-passing our mind’s controlling nature, and express and release the injuries imposed upon us since conception and typically through to the age of around six or seven.

Only by releasing our childhood repressed emotional injuries can we return harmony and physical health to our bodies.

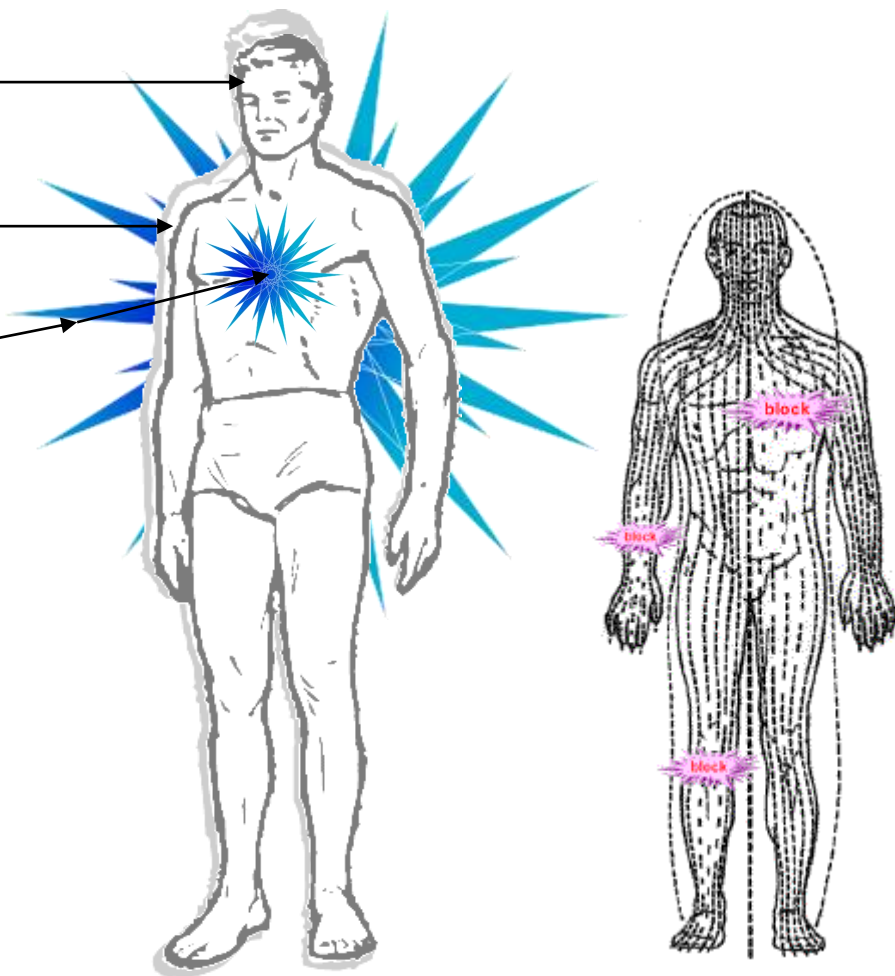
Though our parents typically announce that they love us, as a child, they themselves are so heavily injured that they do not know how to love, nor what love is.



	Supportive Parent is accepting and child-centered	Unsupportive Parent is rejecting and parent-centered
Demanding Parent expects much of child	Authoritative Parenting Relationship is reciprocal, responsive; high in bidirectional communication	Authoritarian Parenting Relationship is controlling, power-assertive; high in unidirectional communication
Undemanding Parent expects little of child	Permissive Parenting Relationship is indulgent; low in control attempts	Rejecting-Neglecting Parenting Relationship is rejecting or neglecting; uninvolved

ASPECTS of LIFE:

<u>Physical /</u> <u>material body</u> Brain	→
<u>Spirit /</u> <u>etheric body</u> Mind	→
<u>Soul + Spirit</u> <u>Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You</u> <u>is your Soul!</u>	→



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8th May 2002

At the moment of conception, we incarnate, that is, we achieve individualisation and become self aware and we are then able to exercise our free will.

At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

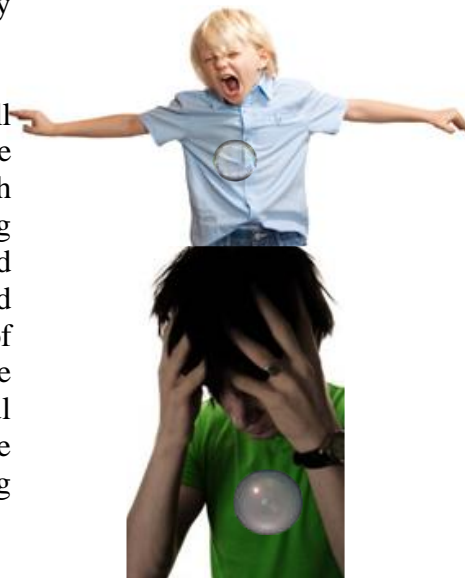
At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.

FEELING HEALING and SOUL HEALING:

The soul is that indefinable part of yourself. It's that part you can sense, soul-perceive within you, but you don't actually know where. And it's not centred in nor is it part of the mind as some people think. Your soul is separate to all of yourself, that is all the parts or attributes of your personality that are being expressed continuously by it in Creation. Separate and yet inextricably linked to you by light.



Our soul contains the pattern of all we are, all we have been and all we'll ever be. Nothing enters it or leaves it save for light and the Divine Love of God, which is also a Light. Soul-light comes forth from the soul in accordance with its pattern, this light interacting with Creational light on the will level first then moving outward expressing all the aspects of yourself – your personality you need to live life with. As you express yourself, and that's every part of yourself, all physical, spiritual and all in between, so you are generating an experiential light, which then goes back into your soul via your will, which in turn then causes your soul to express the next part of its pattern, and so it goes, as you're evolved into being by your soul.



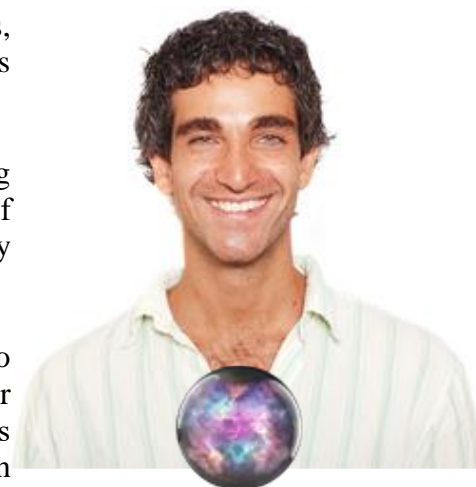
Our soul absorbs the environment around it, commencing from conception. Thus our pristine soul becomes progressively contaminated by the injuries and erroneous beliefs of its parents. The harm becomes most apparent during our later forming years, that is, during our adolescence.

Should we become aware of feeling our childhood injuries and begin healing ourselves, we can slowly remove the encrustments from our soul, such encrustments stifling our real personality. Thus we can start to revitalise our personality and allow our real self, our soul to blossom and dominate our humanness. Our parents, unknowingly, stifle and suffocate our will, our capability to express one's self.



Feeling healing is the pathway to begin to live fully expressing one's true personality. This can be a slow painful process of revisiting the truth of the unloving environment that actually prevails during our childhood years.

By fully embracing our memories of injuries we endured and also expressing these to our soul Parents whilst longing for, asking for and receiving the Divine Love, we will reinvigorate our soul's potential to truly love and experience life to its full potential, with one's soul growing in truth.



God's Divine Love: Pray for it, ask for it, and receive it.

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

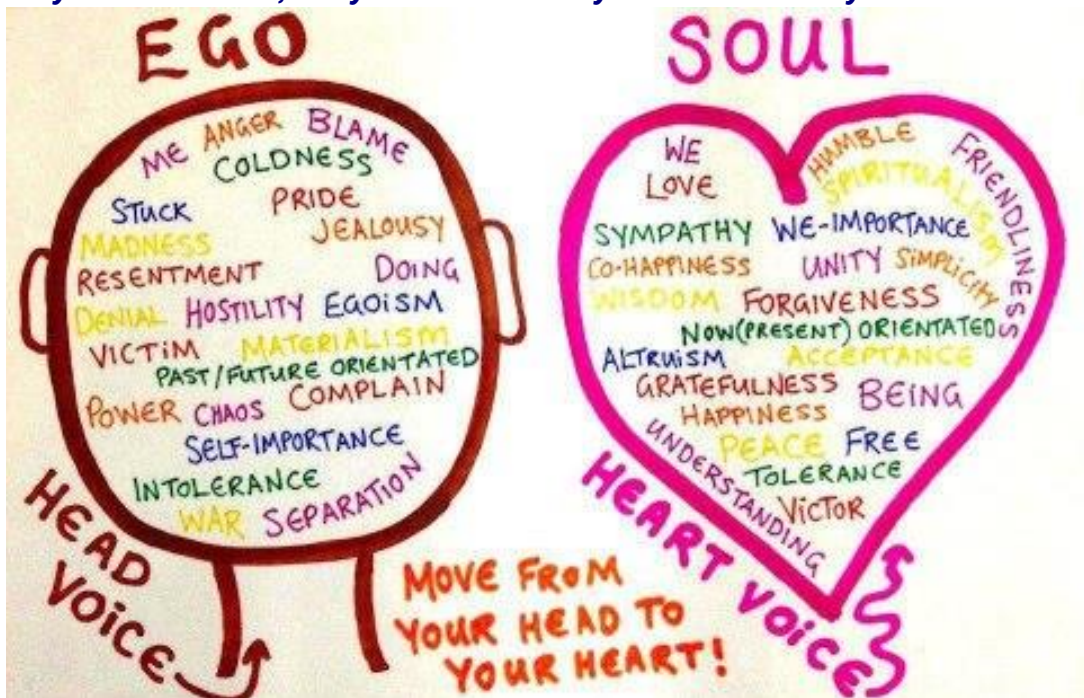
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement

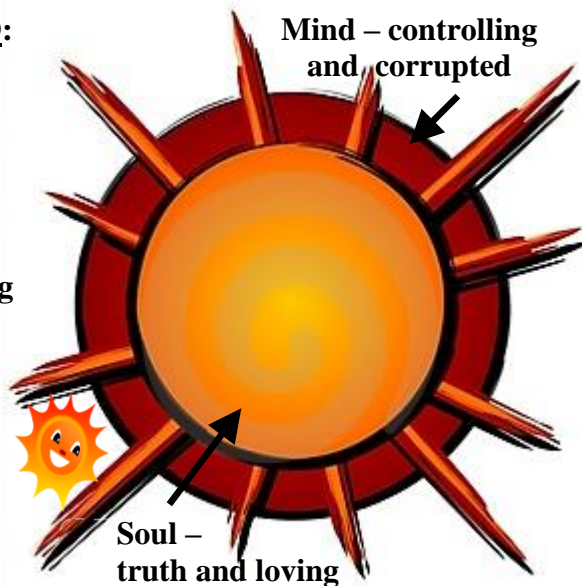


Infographics and diagrams have been added by Pascas.

MIND CONTROLLED or FEELING DOMINATED:

From conception and throughout our childhood, we are infused with controlling natures and long held attitudes, mannerisms and beliefs of our parents and other family members. These infusions become imbedded within one's mind. These controlling platforms suppress and smother the truth and loving natures of one's always perfect soul.

It is by embracing and responding to one's feelings that the truth that we each hold within our soul will come to the surface and free us from the errors, injuries and harm that is conveyed upon us by our parents that we can freely live in our true nature.



Our minds want to assert their control over our true feelings which are soul based. Nurture the unloved child that we still are, help it stand firm in the truth and feelings it possess within its soul. Uncover the truth our soul requires us to see, know, be, and live. It is all just you and me doing what we feel to do as we become truer to our feelings. Because when we are true and feeling good because of living true to our feelings, we can be surrounded by evil, even nailed to a cross by evil, and it has no bad effect upon us.

Our whole being is expressing itself through our feelings as we connect to their truth, it's us coming out into Creation, and it is all designed – expressing truly our personality – to make us feel good. So the more in touch with our feelings using them to uncover the truth of ourself, the better we will feel about ourself and life, and the more true and so loving we will be. And then the more loved we will feel. And that's what it really is all about – feeling loved.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect de-powering us, in each of those moments.

We are to just go with all we feel, keeping our mind and what we think or believe we should feel out of it, just FEEL what we FEEL and keep expressing such feelings and longing for the truth of them. When we feel hate, fully go with that feeling, when we feel love, fully go with that feeling. And always be longing for the truth of such feelings.

As feelings come up, allow them to be expressed, long to know their purpose, and let them go. Until we do our Feeling Healing we will continue to be entombed in our mind controlling errors and injuries. Yes, these moments will be painful, but this is how to grow one's vitality and quality of all things within one's life. By also longing for the Mother and Father's Love we are then Soul Healing, Feeling Healing with the Love is Soul Healing. This is living true to one's soul. All we need is within one's soul, as we proceed along this journey our Indwelling Spirit will guide us and assist us.

We are to and will develop the desire of living true to our selves. And to live true to our selves we will have cleared our childhood infused injuries by having done our Feeling Healing.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

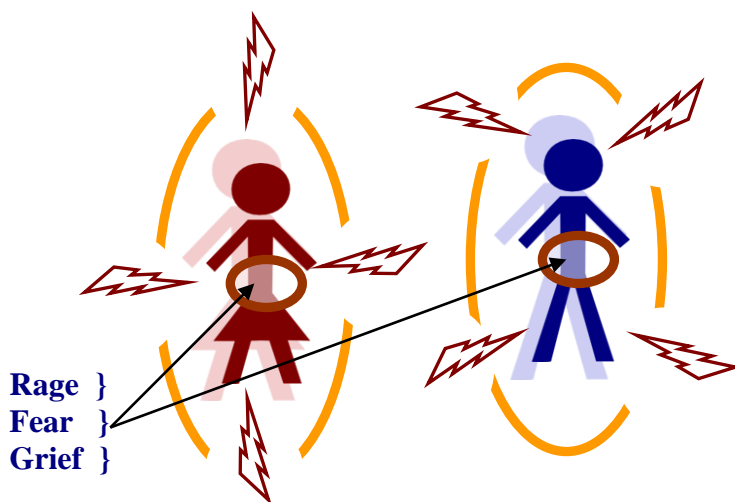
WE ARE KILLING OURSELVES! Chapter ‘Day 9’ of “Paul – City of Light” by James Moncrief

‘Humanity (us) has to learn about every aspect of life from behind the eight ball. It’s not only last in the race but it’s going in the wrong direction. It needs to stop. To come back, and not do what it doesn’t want to do. Listen to our feelings and try to see what they really are telling us and then try to act on them, try to honour them.

‘It will take time, but people will get the idea and start to look at themselves in a new light. We will start to see that we are dishonouring ourselves by dismissing our bad feelings and that we are actually doing ourselves great harm. And so we will need to stop and start to try and accept first of all that we do feel bad, and then having accepted that, we will then be able to move to see what we are feeling bad about, and then will naturally want to know why, right through to their core.

‘Humanity has practically tried everything else and look where it’s got itself, nowhere much. Is anyone really and honestly truly happy and if they say they are, is it true happiness and are they sure they’re not deceiving themselves?

We bring about illness within our physical body by not expressing and releasing our childhood injuries.



‘We all have felt that angry during our childhood. We can’t feel more than we felt during our childhood whilst we are in our negative mind state. We have not been allowed to remember it, we have been forced to repress it. Look what it takes for it to re-surface within you, when you try, it has to force its way up through you and look at the effect it has on you. How bad it makes you feel.

‘That’s what it will take often times to break down our resisting mind circuits, and resisting beliefs. The bad times were real and had a huge impact on us, they greatly affected us, they brought about our whole negative mind, and our self-denial. And so we have to want to see it all, even if it threatens our relationship with our mother and father and all those who negatively influenced us as a young child, with extinction. This is the real core truth, what our relationship with our parents is really all about. This is the hard-core stuff, to see how it will make us feel.

‘It all happened to you so many years ago. In a sense we have already suffered the worst of it. But that entire trauma is still within us, it’s conditioning our lives. And it won’t go away. Just because on the surface our life might not have felt so bad particularly as we get older having more control of our life, even if occasionally we are angry, it doesn’t mean we are Happy Larry deeper down inside. And one day if we don’t acknowledge that anger it’s going to show, it’ll eat us away from the inside. We will go to the doctor and be diagnosed with cancer and be given horrendous treatment that will only make us feel worse than bringing up the anger that’s causing it all would. So what do you want to do? It’s always our choice, do it with God, and They will help walk us through it and heal it all, or do it by our self never knowing exactly what we are doing and why bad things are happening to us.’

WHAT IS THIS ALL ABOUT?

Our soul is at all times pristine and perfect, it is the source of one's intelligence, knowledge and wisdom, and is the gift of creation by our Heavenly Parents.

At conception, our soul brings our spirit body into being in Creation along with our physical body that uses the spirit body as its template. Our mind within the spirit body, from that moment onwards, begins to absorb the personality attributes of our physical parents. This includes the positive and negatives they hold, their beliefs, truthful and also in error, their injuries from emotional discord and those from their own parents and any carers including extended family.

Our soul becomes entombed in the controlling natures of one's mind. These erroneous ways of life, beliefs of control smother and suppress our soul. We are meant to express our feelings, those of our soul. We are smothered by our parents control natures, we are best considered to be 'trophies'! We, in our forming years, are controlled, suppressed, belittled, humiliated, and taught a great deal of untruth. Mind you, so were our parents. The cycle must be ended!



Many of us are introduced to religious organisations, all of which amplify further the feeling-denial and the truth-denial that we are being conditioned with. Our soul is to express and embrace, not deny and suppress. These organisations are founded on the need to control. They are an expression and amplification of the evilness that our parents convey! The teachings are at best misguided, retarding one's progression with mind based limited understandings.

Only those people who are actively using their feelings to uncover the truth of themselves will find any real inner peace once they have finished their healing. And all that will be happening will also help them to feel bad through this process, all so they can bring to light all the untruth and error of their ways, all the pain of their early childhood, and all the wrongness their parents have made them be.

Our controlling minds are to be side stepped and we are to express our feelings. It is our soul based feelings that are in truth. Our mind imprisons and retards our true selves, being our souls. For those who want to sincerely grow in truth, the truth of themselves, nature and God, are to do so through their feelings, then they will also have to readily embrace both Mary and Jesus so as to accept help from their Spirits of Truth, and look to God as being both their Mother and Father.

To be free of one's evil state, errors and injuries, this will only happen when one has experienced the full truth of it, and so that means, when you have felt the whole truth of it through your feelings – all the different aspects and parts of it.

We are to apply our longing, apply our will, but not with our mind, although it can help one to determine what you want to do, but with and through one's feelings. We can't long with our mind, we have to FEEL-long. Our longing is an expression of what we feel. We feel we want God's love, so we express that feeling in our longing.

By embracing our Heavenly Parent's Love with our Feeling-Healing, then we are enhancing our endeavours and progressing with our Soul-Healing.

Life Cycle of **CARNAGE**



When we inflict will damage on others we cause serious pain, not only to them but also to ourselves. We don't think what we have done warrants any sort of punishment even though we have negatively affected and influenced people by inflicting our will on them against their will.

Golden Rule: that one must always honour another's will as one honours one's own.

It's hell here on Earth, only some aspects of life are worse than others, until we partake of the Father and Mother's Love and long for the truth and set about doing our soul-healing.

These are the effects of the Divine Love when we are wanting to live true. When we set about longing for the Truth of our feelings we can't escape any longer. We have to face the truth, and express all our bad feelings.

How can we make amends?

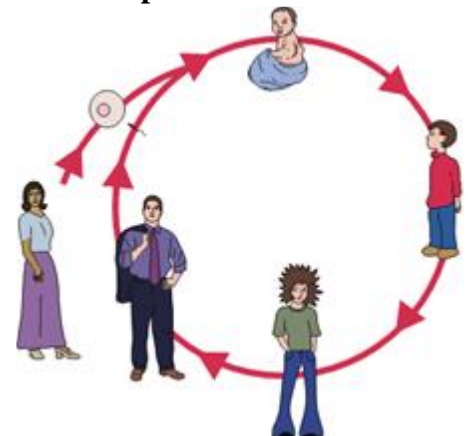
All we have to do is totally own up to these bad feelings. Accept them and don't push them aside. Let them come. Allow yourself to feel as bad as your feelings make you feel. It's all very good. We can't actually go back and fix what's been done, but we can take responsibility for our feelings. So far as our soul exists there is no time, so we can express these feelings now and they will apply to the past back then. This is how we do our soul-healing. We have allowed the Divine Love to transform a little part of our soul, and it's brought up bad feelings, we have gone with them, we have allowed our self to experience them, all because we want to see the truth. The truth of our self, of what sort of person we are – of our life, and now this is where it begins. Today we have seen this part of the truth of our self, how in this situation we are uncaring inconsiderate, greedy, etc. And we have not liked what we have seen and would like to change our self so we aren't like that any more...

One may wish they were never like that... Not having any idea...

But now you do. And now that you know that you do, you have the choice to either continue as you have been or not to. And by choosing not to, the Father and Mother will change this part of you, a small part of your negative mind will become healed, and a part of your soul will be transformed. You have changed, because you've seen and accepted the truth about yourself. You will never be that person back then ever again. A part of you has woken up.

We feel this way because it's how our parents have made us feel when we were very small.'

The truth is we feel this way about ourselves, because we have been able to see that we don't treat other's with respect and this has to be coming from somewhere within us. We haven't just made it up. What we are as an adult is all from what we've learned to be as a child. So we have learnt to be this way. A child is not just born evil contrary to what some people believe or would like to think. We all start out as pure souls of love, and if we become evil, it's because we've learnt that that's



how someone, usually our parents, have wanted us to be. They have made us into what we are. We've learnt to be that way because they treated us that way. So our parents treated us as we now treat other people.

We believe our parents have loved us and yet we can do something so unloving. Had they truly loved us then we would only be of love and only able to treat others lovingly, just as we would be treating ourselves. We can't be something we are not. So any unloving act is you, you haven't just suddenly made it up; it's a part of your behavioural makeup and is governed by your mind's beliefs. We have evolved it, and the only time we could lay down such foundations was during our early childhood. In some way, on some deeper repressed and therefore unconscious level, are the memories and bad feelings of our parents treating us un-lovingly, just as we have treated other people.

And our parents themselves will have been treated in the same un-loving way by their parents and so back through the generations. The whole unloving truth and way of behaving has been long since buried and covered up by false feelings and false beliefs of love. Had you been completely loved and treated accordingly, so too would you treat all others, for we do to others what we do to ourselves and what was done to us.

All we need to do is keep praying for the Love, and longing for the truth. The only way we can truly let go of our bad feelings is by **SPEAKING THEM OUT OF US**, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

And step by step, the Mother and Father will take us through our soul-healing, helping us to heal every part of ourselves, every mind circuit that is not functioning in harmony with Their Divine Love and Truth and the Laws of the Universe.

These notes are drawn from "Paul – City of Light" by James Moncrief

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

This is the Pathway to end the **EARNAGE**

Infographics and diagrams have been added by Pascas.

WE TUMBLE INTO THE ABYSS BY SUBMITTING OUR WILL TO THAT OF OUR PARENTS:

At the moment of conception your soul activated your will to become of your Earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing.

Jesus

Message 33 (part) 9 January 2003

NOW WE CAN CLIMB OUT OF THE ABYSS BY EMBRACING OUR FEELINGS:

Life IS ALL ABOUT FEELINGS. YOUR FEELINGS ARE YOU – ACCEPT THEM, AND YOU'RE ACCEPTING YOURSELF.

Only by following what Mary says regarding the doing of your soul-healing, the honouring and living true to your bad feelings and exposing all your childhood repression will you be able to heal all such pain and problems.

The Truth of your world is all about you. Many generations have believed in and tried to live how the Bible says, but has it healed all ills? Have wars and hatred stopped? And why have Christians done so many bad things? Why does all the self-criticism and self-denial still exist? Why are people mostly only interested in gaining power; and why do the rich still dominate the poor?

The religions and spiritual systems of humanity have failed to deliver life in the promised land, living free from all pain and suffering. And they will continue to fail because they themselves are founded on the negative. They are not true; do not teach the Truths of Divine Love; do not encourage people to live true to their feelings.

You are hopelessly bound up in your parent's lives. They have made it that way. The freedom and self-control you may feel you have is only relative to them. They – your very own mind – is the evil one, you are the evil one living with your mind overpowering you in every moment. The Golden rule is: never interfere with another's will.

I, Mary, was able to feel my feelings, as I was not trained too heavily to deny them, and then with and through them, find out the truth my soul wanted me to see. The truth of your negative state is what's missing from your world. It's the only thing that will open the way to show the right and true and correct way to live. [The Rejected Ones – Living True to One's Feelings](#) by James Moncrief



This time, in the history of humanity, is the most exciting time ever experienced.

HUMANITY and WHAT IT BELIEVES to be LOVE:

It's really that one's mind has been corrupted so your experience of love is not true. You can believe you feel love, but it's not true or pure love, because you are untrue. However having said that, the love one feels within their corrupted love state is still love as long as you feel it to be, and such feelings need to be accepted for what they are. But through your Healing, love feelings you've had might evaporate, even turn into hate feelings, so you then know the truth of that so-called love was untrue. But also some love feelings might stay, and so you know that some part of you was truer and not so badly corrupted.



And then to add to the confusion, within one's anti or not true love states, you can still experience the Divine Love, it being a separate thing to your Natural love. However, you have to wipe the slate clean before you can truly experience Divine or even Natural love. However we don't actually wipe it clean, that's where doing your Healing comes in, as it's a transition, even a transformation, out of the negative anti and unloving truth rejecting state, into one of positive love and truth accepting.

Helen via James 29 March 2017

WE ARE TO LIVE TRUE TO OUR FEELINGS:

Our soul based feelings are to be our way of life. As we embrace our feelings we are embracing the way of our Heavenly Parents. Our feelings come from our soul and our soul is a creation of our Heavenly Mother and Father. Our feelings are the will of God, they are all that we are to express. At all times expressing our feelings is at all times living the will of our Heavenly Parents.

When we incarnated, we embraced the will of our physical parents. This we did by absorbing their beliefs, dogmas, ways of life, errors and passions through our spirit body based mind. We have been turned against ourselves so we can't express our true and natural selves. And because we're imperfect, or wrong in that, then we are living against, not only ourselves and each other, but nature, God – the whole universe. And that's what's wrong, our mind is full of erroneous beliefs, and so many of our behaviours are unloving, and that's all what is sinful and evil. Living in such a way is a rebellion against the truth of ourselves; that being who we truly are. And that we can't get to know ourselves, or anyone else for that matter, truly, because we're doing all we can to deny so many aspects of ourselves, all of which can be seen through the denial of our feelings, and mostly our bad feelings. It is our mind that we use to shut out our loving and truth based feelings. Only by longing for the truth of our injured and error riddled beliefs and feelings can we express these unloving and error based ways and release them from our personality, our personality being formed by God.

Should we embrace the process of Feeling Healing whilst longing for our Heavenly Parents' Love, we are also creating the circumstances by which our future children will be free of the generational injuries and errors that have been passed down for eons and enable humanity to evolve in love and the will of our Mother and Father. This is what humanity is now to embrace.

ALWAYS BE TRUE TO YOUR FEELINGS

OUR DAMAGED PERSONALITY NEEDS TO EXPRESS AND RELEASE THIS HARM:

Notes from Sage – and the Healing Angels of Light by James Moncrief

Throughout our childhood we learnt how to stop paying attention to ourselves; which means, we were forced to stop honouring and expressing all our feelings. When the child falls over for example, and the parent says stop crying, it's all right, you haven't hurt yourself, and things like that, mistakenly thinking they are being loving and supporting the child; or else just down right unloving and angry with it for carry on about what the parent thinks is nothing, then that's where all the damage is done.

And we've all been subjected to so many of those unloving soul-destroying and personality-denying experiences when we were growing up; and they have all compounded, and are still within us needing to be worked through. We need to go back into them and bring out all the bad feelings we felt; and by doing so, it is then as if we are being the loving parents to ourselves, the ones we didn't get, and that then allows those aspects of us that were stopped from being properly expressed, to now be expressed.

The 'Hidden Truth' humanity has unconsciously always been looking for – which incredibly is nothing more than finding the truth of ourself through our feelings. Long to God for Their Divine Love. And if we do that, then as the Divine Love comes into our soul, as apparently it will if we sincerely want to be at-one with God; and if we are looking to our feelings for their truth, then when we've purified a bit of our soul by liberating and seeing the truth of those bad feelings, the Divine Love will transform it from being of what we're born with, Natural love, into being of the Divine Love, so being just like God is – Divine.

Long ago, high spirits that were meant to be looking after humanity and seeing that its evolution and growth of truth was going along in the right way, decided that they didn't want to live according to God's Laws, and wanted to go it alone – basically that they wanted to be gods themselves. And then they forced and coerced humanity to follow them; which meant they caused people to want to be like they were, so believing we are gods, and that we can do as we please without needing to follow God or wanting to be like God is. So really they made us turn away from God; and now, all these years later, even though there are people supposedly loving and wanting to be at one with God and do God's Will, and all of that, they are still so messed around from their early childhoods that their lives with God are actually taking them further away from God, not bringing them closer, all because they are still rebelling against God.

It is a rebellion against our Heavenly Mother and Father. And we're all living it unbeknownst to us; and that we don't have a clue, and are so far away from the truth and living true to ourselves, that even Jesus can come as he did all those years ago, tell us a bunch of truths, and all we did is take them, corrupt them, and make them and him be part of our wrongness by creating what we know of as the Christian faiths.

You just want to be with God, be God's child, which we are all anyway; so want to be the same as God is, so as perfect as God is. And that if you want to do that, then as you respect, honour, accept and express all your feelings, whilst looking for the truth of them, you are naturally living God's will automatically, so it's not really any big deal.

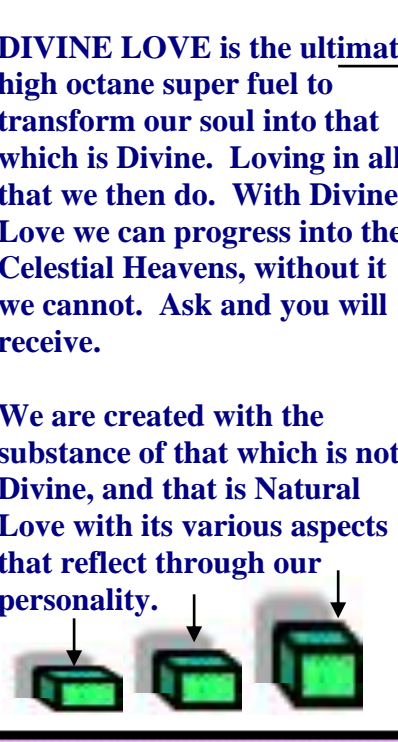
Long for the truth of our feelings as we express them all; and long for the Divine Love.

The New Way: learning how to live true to ourselves by living true to our feelings.

DIVINE LOVE being AVAILABLE is our SALVATION:

DIVINE LOVE is the ultimate high octane super fuel to transform our soul into that which is Divine. Loving in all that we then do. With Divine Love we can progress into the Celestial Heavens, without it we cannot. Ask and you will receive.

We are created with the substance of that which is not Divine, and that is Natural Love with its various aspects that reflect through our personality.



The diagram consists of a vertical scale on the left. On the right side of the scale, there is a tall, narrow orange bar representing Divine Love. Below this bar, there are three smaller, green bars representing Natural Love. Arrows point from the text above to these bars.

The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

John (Apostle) 19 January 2015



The REBELLION ENDS BY US DOING OUR HEALING FEELING:

Notes from Sage – and the Healing Angels of Light by James Moncrief

We're rebelling against Jesus and Mary, and God and ourselves, so how else can we be. We can't stop rebelling against ourselves until we heal ourselves of our own personal rebellion against the truth of ourselves, and that's what each of us faces: to heal ourselves of our wrongness. And we can either start it now or do it when we get to spirit; but one way or another, we have to do it if we ever want to move up higher in the spirit worlds getting ever closer to being with God.

So it's a journey to God, you're talking about?

Yes, and a process to do is your Healing. God wants us to experience what it is like denying Them – going away from God by denying the Truth and Love. And once we've experienced all we've needed to in our unloving state, then God wants us to heal ourselves of being wrong, untrue and unloving, so we can experience what it's like being the other way: being truly loving, true, and going toward God.

So God's the real culprit in all of this?

Yes, They have to be, because it's all what God wants.

All the higher spirits agree it's all for our good; and that's just how it is, and there is nothing we can do about it – other than try and uncover the truth of all we're feeling. And when we understand, we can start to do something about our unlovingness, by looking to heal ourselves through our feeling acceptance. Our feelings are the key, and not our mind. She says the problem has been, which is all part of the Rebellion, that we think the way out of our pain and suffering is by using our mind. Yet when we do that, we're only making things worse for ourselves, because we keep adding more erroneous beliefs. People who believe they can use their mind to make themselves feel happy and be loving, are going the wrong way, because they will only make themselves be more unloving and unhappy. Our minds have been used right from the beginning of their formation to go against so many of our feelings, so we are able to convince ourselves, and then pretend, that we are all right, and are even loving, when really we are not.

You have a pain and you push it aside telling yourself that it doesn't matter, as you're busy needing to get things done. So you can't just stop and feel how bad you feel every moment, because if you do, you're afraid you'll fall in a heap and never get going again

And that's all what's wrong with us, because that pain, any pain, physical, emotional, mental, even apparently spiritual – any pain, is the warning sign that something is not right and you need to stop and pay attention to it.

We have to stop doing all that, work differently, without needing to get the job done being the most important thing for us; and instead, focusing on ourselves making our own feelings be the most important thing...

You don't have to do anything other than what you're doing, only you can also long to God for Their Divine Love, and start paying more attention to your feelings, longing for the truth of them.

This time, in the history of humanity, is the most exciting time ever experienced.

FEELING HEALING is to LIBERATE OUR TRUE SELVES:

One's soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within one's self and the truth of that feeling will progressively unfold.

Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. One can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.

Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.

Beliefs become Faith, but when we experience it, then it becomes Knowing. And it is in reaching the Knowing that one becomes perfected in that aspect of who and what we are.

When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we could be like them.

Childhood repression encrust our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to feel for the truth of all of our feelings, good and bad.

MIND



SOUL



Infographics and diagrams have been added by Pascas.

WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with who we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to our Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

CHILDHOOD REPRESSION of FEELINGS STARTS from CONCEPTION:

Just look at a young child growing, each day certain things make it feel good and other things make it feel bad, and for some children, there's a lot of time each day spent feeling bad – others a lot of time feeling good. And all that good and bad is intertwined, and it all has to be worked back through. So all that is truly good and not what I'd call, false-good, is kept; and all that is bad and has pretensions of being good, goes away, which happens as you express it all out of you.

But the key to it is wanting to express it all out of you – and wanting to see it all: facing the truth of what comes to light. You've got to be willing to bring it all up and out, so you can see it and face it and accept that it is you – that yes, this is really how I am feeling. And then as you do that, you are increasing the awareness and understanding of yourself, of why you are the way you are, and that is all the truth coming to light. And along the way as each bit comes up within you, based on how it makes you feel, you decide whether or not you want to keep being as you are, and so naturally, you'll want to get rid of all the bad stuff and keep all the good.

But the whole thing is, and this might be hard to understand, that you yourself, other than deciding whether or not you want to keep being as you are, don't – because you can't – actually do anything else to change yourself. So you simply keep accepting how wrong you are right the way through until you've seen and accepted it all, that this is the rotten, ugly, horrible, evil truth of myself, and you don't even try to make yourself not be it; you allow yourself to be the nasty, unloving, evil person you are, seeing it and feeling how being it makes you feel; which won't be too good, but you keep going accepting all those feelings and wanting the truth of them. So you don't try to fix or change yourself, you just accept how you are feeling. And then when you've seen the truth of your feelings that are to show you, which can happen at any time throughout your Healing, the causes of those bad feelings will be removed by your soul and your angels, and that's it, you are no longer as you were. And your whole system adjusts, and gradually you come to realise that you are changing, that you are no longer the bad person you were. And then one day, when the BIG DAY finally arrives, you know with all your heart; and so, with all your truth, that you are no longer evil, no longer wrong, and that your Healing is over, you've been completely transformed into being a true person.

So you see it's a process, so something that takes time because you need things to happen to make you feel bad; and you need time to express and work through all your bad feelings; and you need time for your whole system – you – to adjust to all the changes; and that is your true spiritual growth, because you are growing in the truth of yourself – do you see what I'm saying?

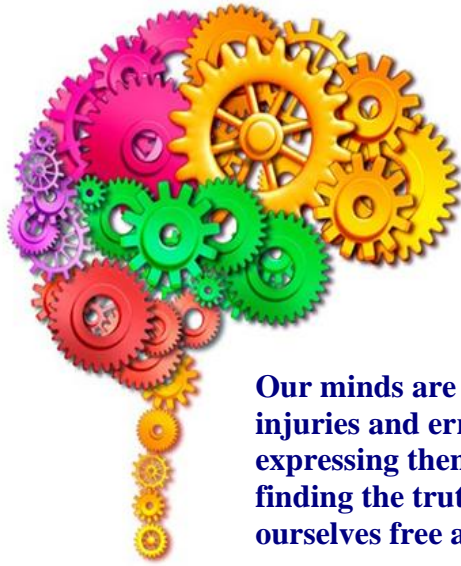
So the whole key to it, which is what you are saying, is that we are to become our true and perfect self.
Sage and the Healing Angels of Light by James Moncrief

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The whole human race is suffering from repressed childhood and mind control.

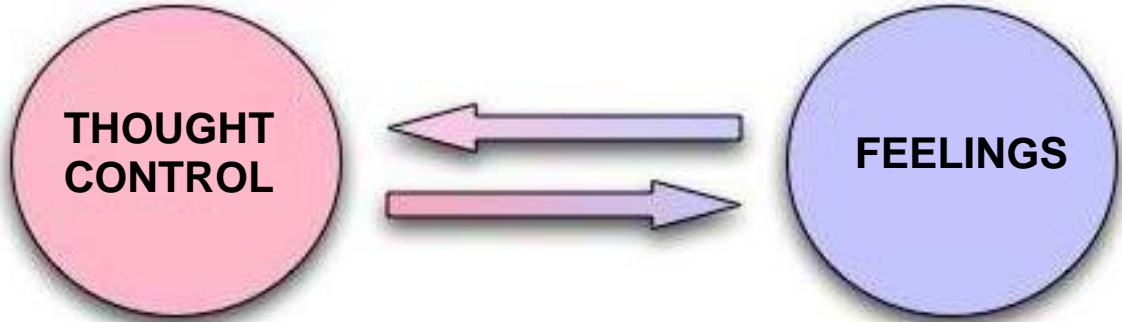


Be controlled by your oppressive mechanical mind, or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt, and seek the truth of them. This is how we can all evolve in love.

Our minds are infused with childhood injuries and errors. Only by expressing them as they surface, and finding the truth of them that, we set ourselves free and grown in love.



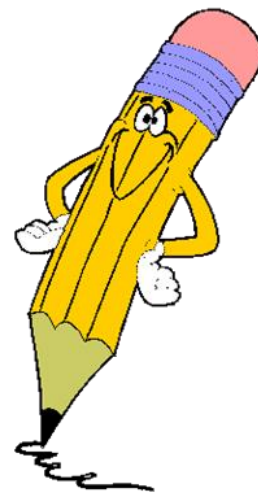
ERROR INFLICTED MIND V **TRUTH LOVING SOUL**



Infographics and diagrams have been added by Pascas.

EXPRESS ALL OF WHAT YOU FEEL, EVEN BY WRITING:

Generations after generation of parents have invoked the control of their minds upon their children. Our minds become contaminated with the confusion and errors of generation upon generation of corruption of how we are to live. Our minds are dedicated and addicted to the control of others. Our mind is like a super strong steel ball encasing our all true feelings which are brought to us by our pure and loving soul. We are taught to depend upon our mind, to discard and suppress our feelings, right from the time of conception. Consider how you were taught at school, more of the mind control domination that our parents instilled in us throughout our early childhood.



Golden Rule: that one must always honour another's will as one honours one's own.

To find truth, we need only look within ourselves to our soul based feelings. We are to express our feelings at all times. We are to follow our feelings at all times. We are to be our true selves at all times. We are not to be the façade self that our erroneous and actually evil mind imposes upon us.

We are to long for the truth or our feelings. As feelings come up, we are to express them to others, be that one's partner, friend, parents, our Heavenly Mother and Father, and even to our self. If you do not have a companion to talk out your feelings, both good and bad, with then talk them out to yourself. By expressing one's feelings, this releases them. Even by writing them down expresses you feelings:

“Write this, your feelings, for yourself. Start with a feeling and write it out. It doesn't have to make sense, it doesn't have to be for anyone, it is for you, it is you, what you feel, and that is all that matters, nothing else. You can be your own friend, friendly to yourself saying its okay Robert (or whatever your name is), you can write what you feel, there is more truth in your feelings than there is in anything else. Your feelings are the truth of you, so you can explore them, flow with them, through all the good and the bad. This is your path Robert, the way back to yourself, the trip you are now embarking on. This is what we want to read, it's what we want to hear about you Robert – all how you are, all how you're feeling. We want to be with you, reading what you write, getting to understand the real Robert, the real Robert that comes out of you as you write. Come to us Robert through your feelings, and you'll be coming back to yourself. And we all want to know the real you, all that's going on inside you – that's what we're interested in, that's what we want you to tell us. – Your unseen friends.”

Note from James Moncrief 8 April 2017

We are to be our true self, not the one modelled by those who were our carers during our early childhood years. We are to express and release the emotional harm thrust upon us from our upbringing and to live by our soul based feelings which are expressions of who we truly are.

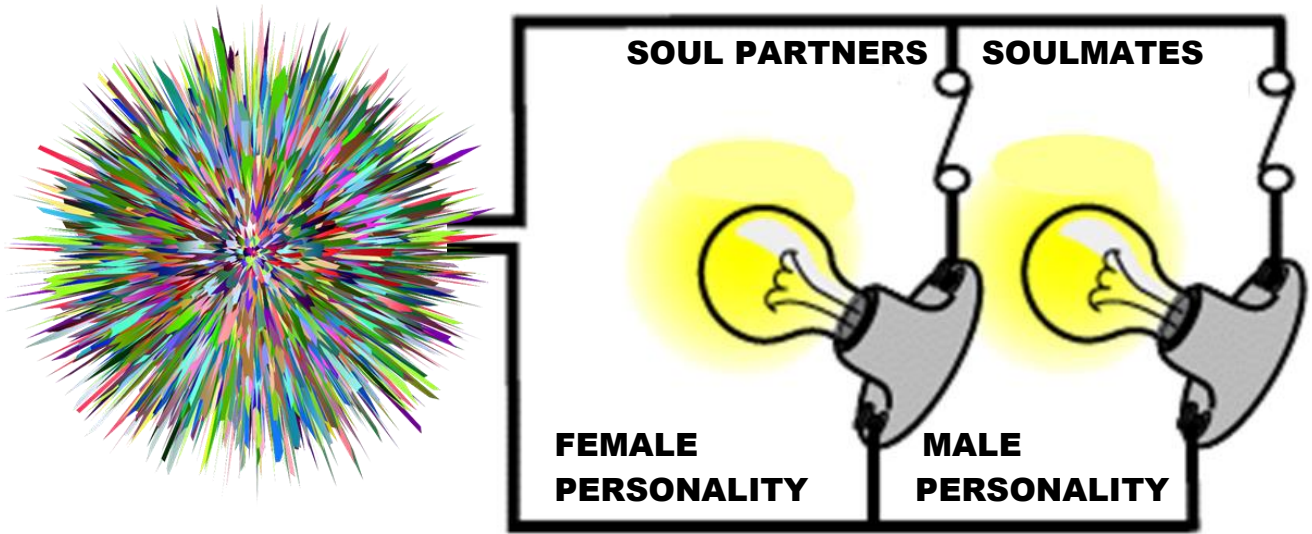
Release one's pain through expressing one's feelings.

in conjunction with

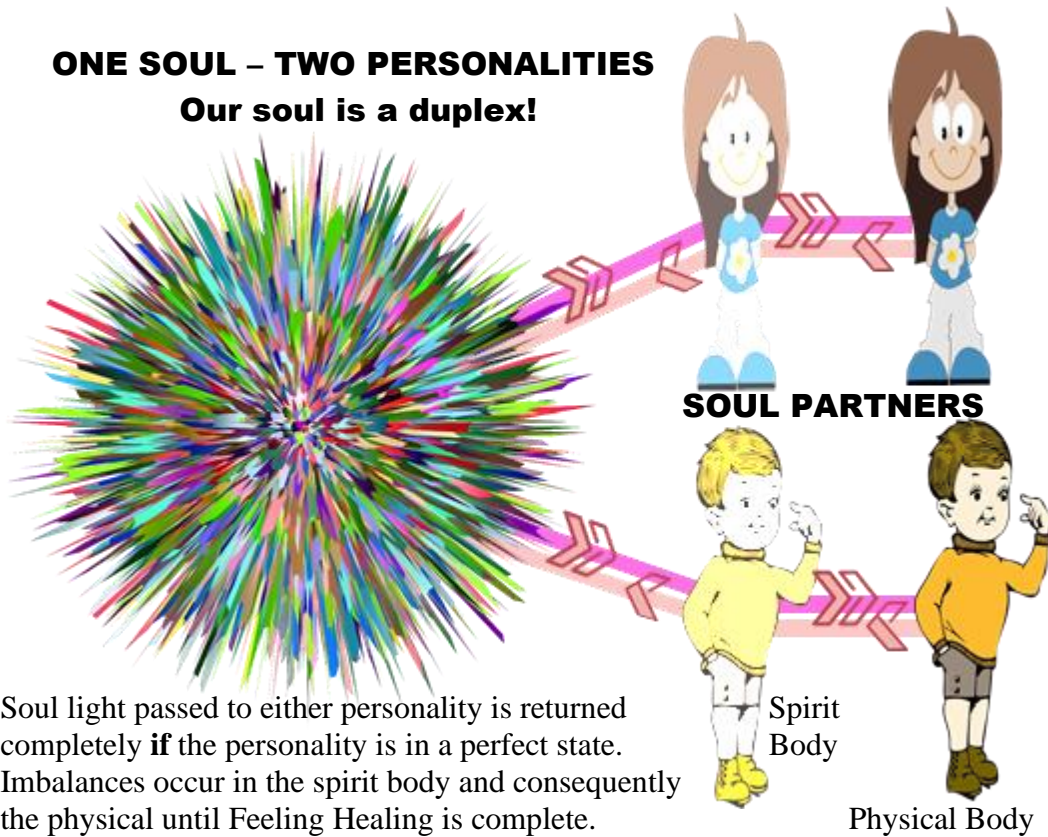
Longing for the Truth when also longing for Divine Love.

SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!

Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.



ONE SOUL – TWO PERSONALITIES
Our soul is a duplex!



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.



Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

SOUL



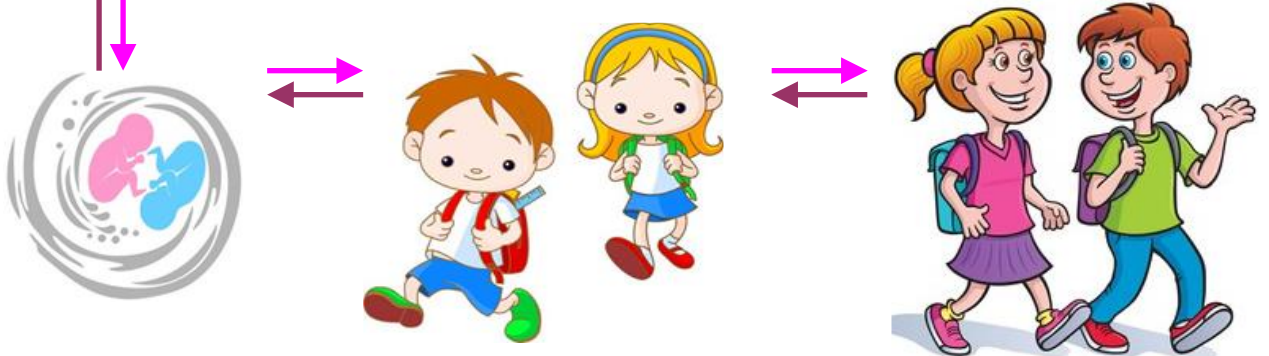
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



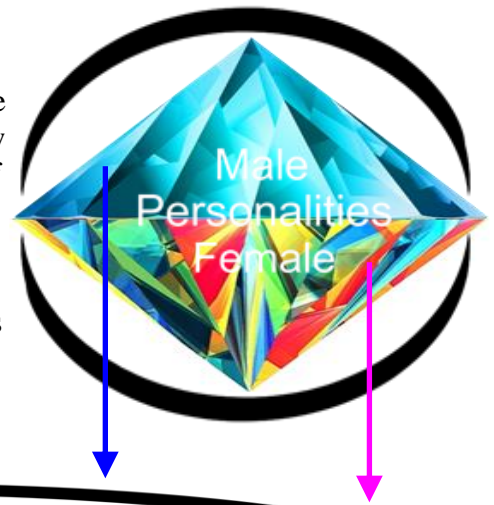
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



Childhood Suppression

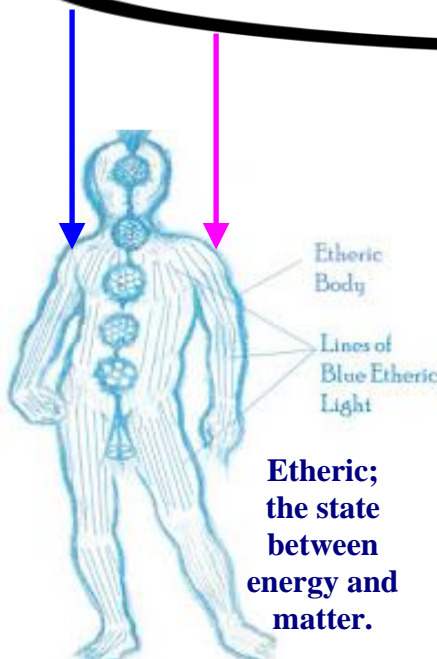


Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



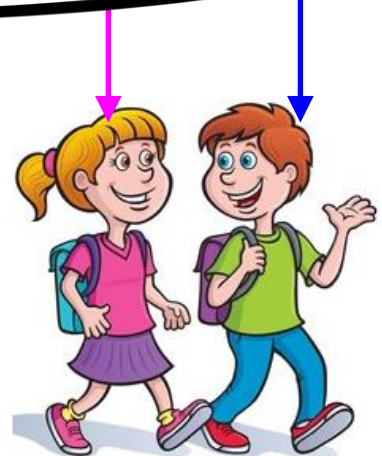
SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



Etheric; the state between energy and matter.

The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



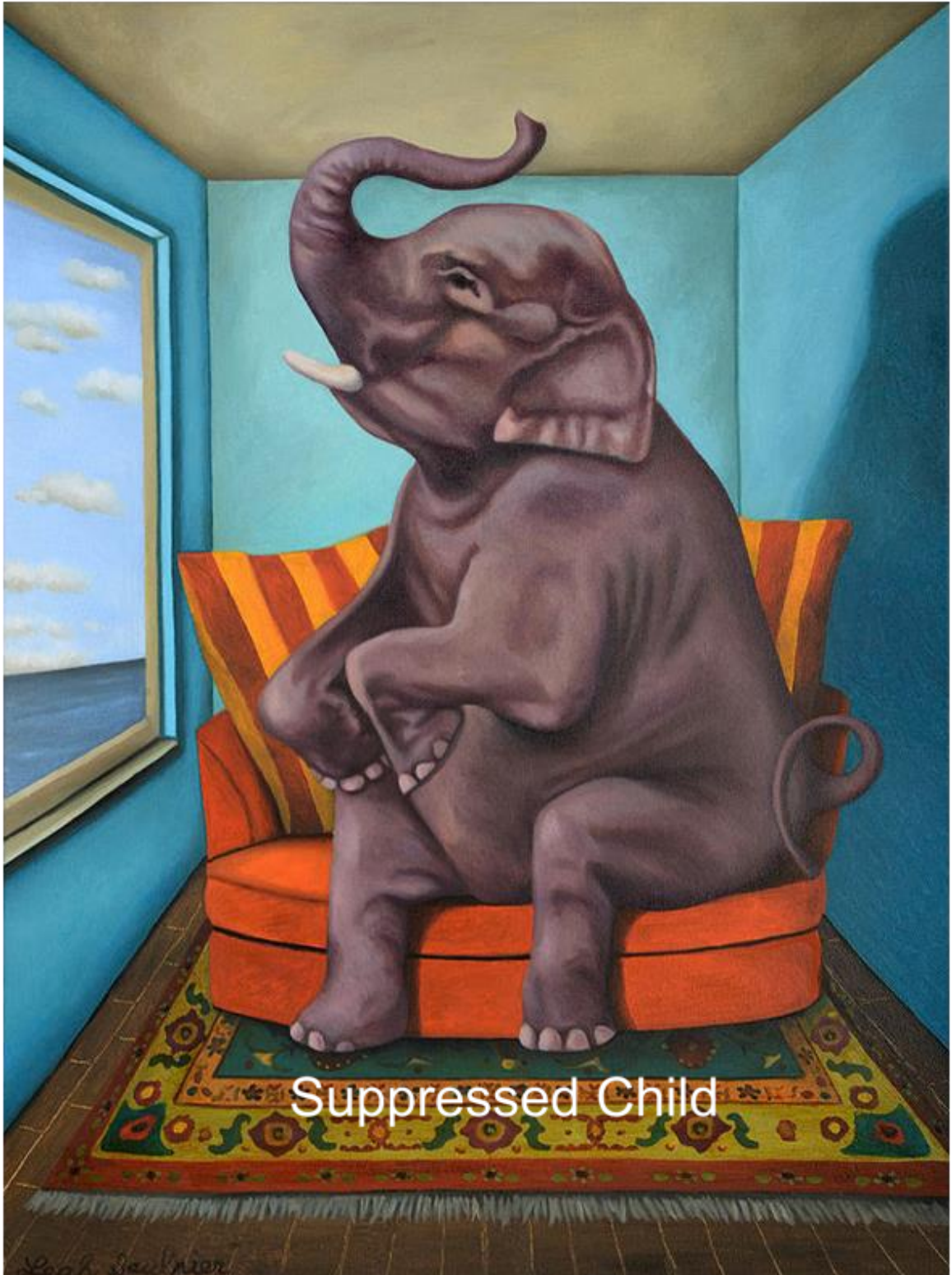
The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

Childhood Suppression is the elephant in the room!



Suppressed Child

MIND or FEELING CONTROL?

We will experience many different avenues when opening up and looking to our feelings instead of pushing on with our negative mind in control. Life is really very easy and simple to live when living from our true feelings and with a positive mind and will. We fail to understand that it's our feeling denial that makes it all so hard for us. Not being loved destroys all self-expression; how being evil is the negation of all personality expression. Our mind suppresses our soul.

Keep on expressing one's anger when we feel it, that's all we have to do, express it and talk about it, about all how it makes one feel. And gradually our system will be rectified – we will be healed. The truth will come, and as we wake up and see and feel it about ourselves, just how inadequate we are in our communication and self-expression, so such imperfections and traumas will leave us.

Our mind is corroded with errors, injuries, negativity, false beliefs and is for ever in a need to control. Our mind holds all the emotional damage that has been infused upon us by our parents and those associated with our childhood. Our soul is always perfect, it is always striving for us to feel the truth that it always is. When we avoid the mental gymnastics that our mind distracts us with and allow our feelings to surface from our mind then we are living free of corruption.

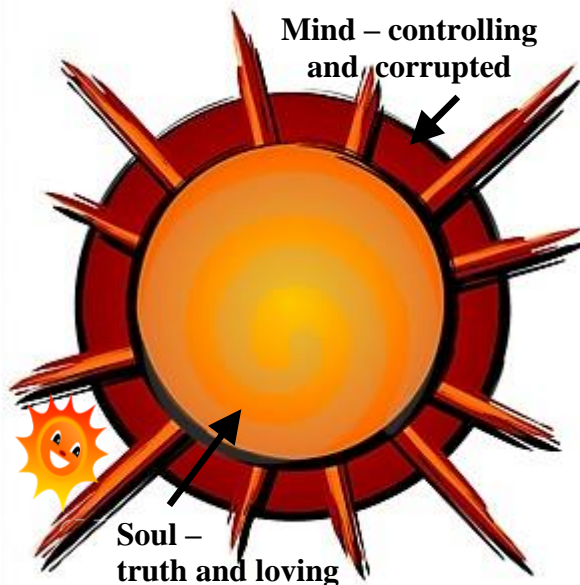
Honour and do what our feelings make us feel, and seek the truth of them whilst expressing them. We will then live the resulting truth and keep embracing and expressing feelings and uncovering the truth of them

The Thought Adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit – a spirit fragment if you like, that comes from God's home – Paradise, when we're about six and indwells our higher mind. It becomes, if we allow it to by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise.

Like tips of the iceberg, we may feel just enough to break into our awareness of one's bad feelings from the injuries and errors, for one to recognise and then apply our will to expressing them as one becomes aware of injuries and false beliefs. Applying our will is very important, by using it and being very determined to bring out all we can, to connect with such inner hidden feelings, and liberate them, drawing them up to the surface as if they are proving to be somewhat stubborn. Driving oneself to really connect with them, to get passionately into them, to get onto expressing them, to long hard with all our will to uncover the truth of them is our goal. It's all about awakening our repressed and all but dead will-circuits.

Finishing our healing is a big thing, it's the greatest act of self-love we can give ourselves whilst we are unloving and self-rejecting. It will be a tremendous accomplishment.

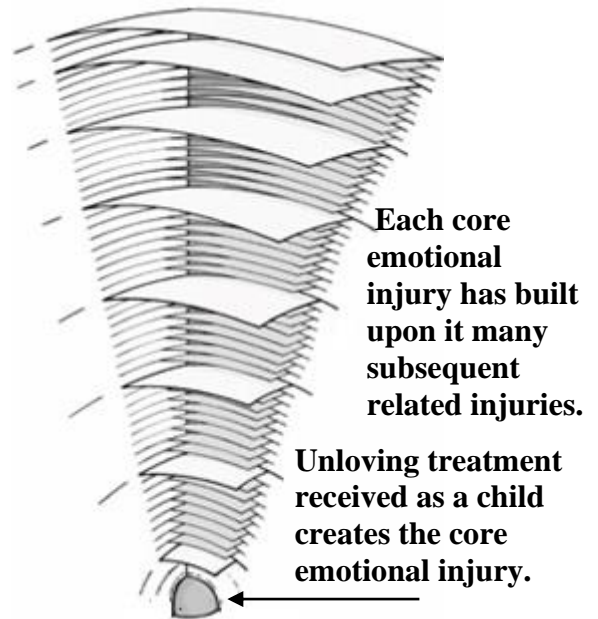
We only need to live truth to ourselves and our soul, to heal ourselves and become perfect, and then we are truly loving, we are then unconditionally accepting, so there is simply nothing to forgive. We are then living true to our feelings so our soul can unfold and manifest us fully and freely and truly in Creation.



LONG to KNOW the TRUTH of EACH INITIAL CHILDHOOD EMOTIONAL INJURY:

All emotional processing work address only the top layers over the core childhood repressed injury. None of the modalities reach down to the mother injury, the core of the suppression, thus what relief from such processes is only superficial and at best temporary. Yes, they do identify the underlying cause of the pain and illness, thus this assists in addressing the physical health issues at hand. However, we need to go further, much further.

To heal ourself is to simply look to see what feelings we are refusing ourself to feel, and accept them instead of denying them. And to fully accept them, we need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

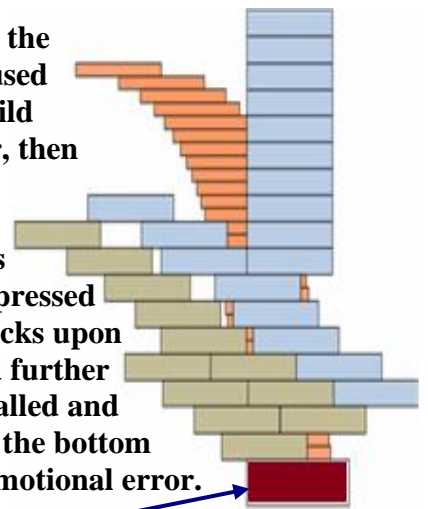


Admit you are feeling bad. Accept your bad feelings, identify what they are. Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings? We must always reach to the core issue, that which occurred during our Childhood.

OUR CHILDHOOD EMOTIONAL INJURIES ARE OUR CORE ISSUES TO EXPRESS:



Should we consider all the emotional injuries infused into each and every child en masse – all together, then each child would look battered and bruised. These absorbed abuses become Childhood Repressed emotional building blocks upon which are built related further errors, all must be recalled and expressed. Start from the bottom and express the core emotional error.



Infographics and diagrams have been added by Pascas.

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

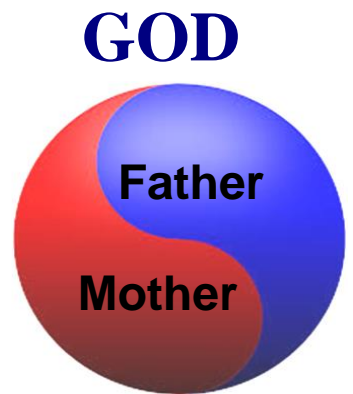
We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

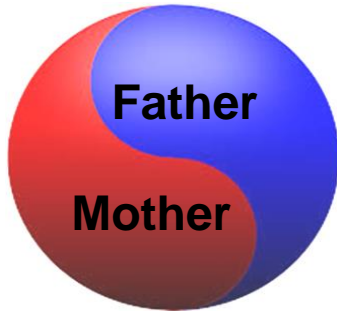


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

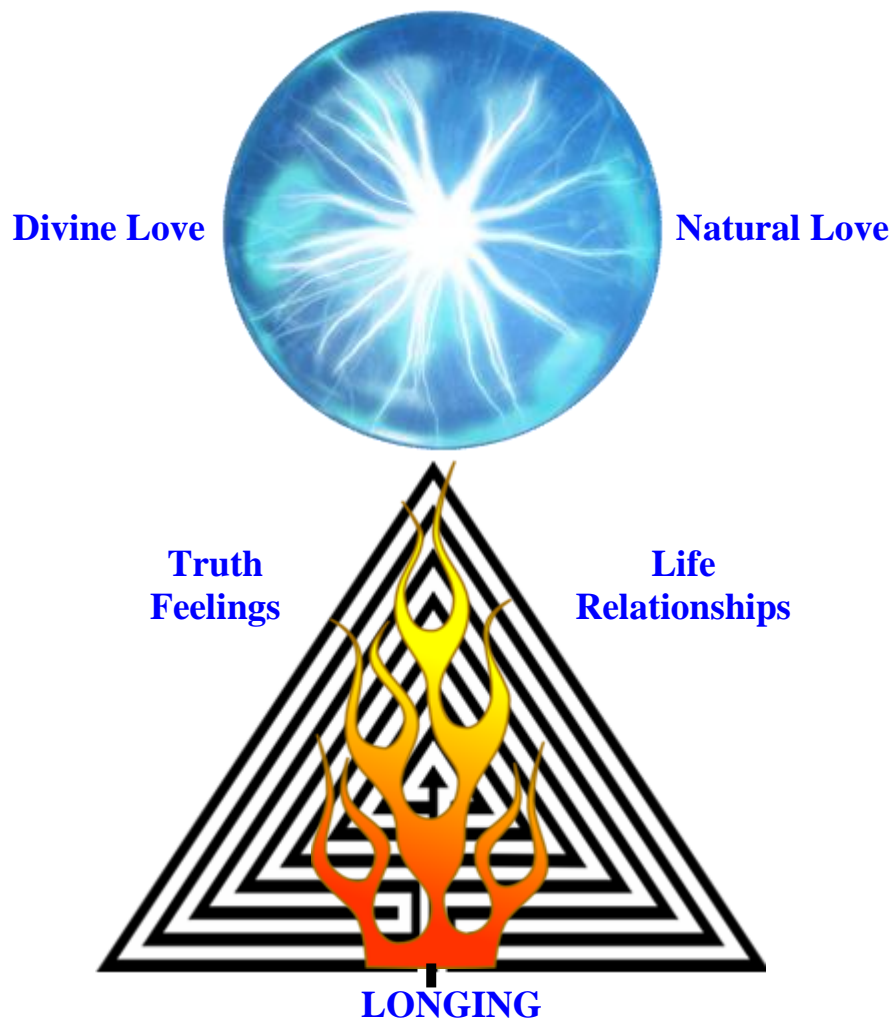
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

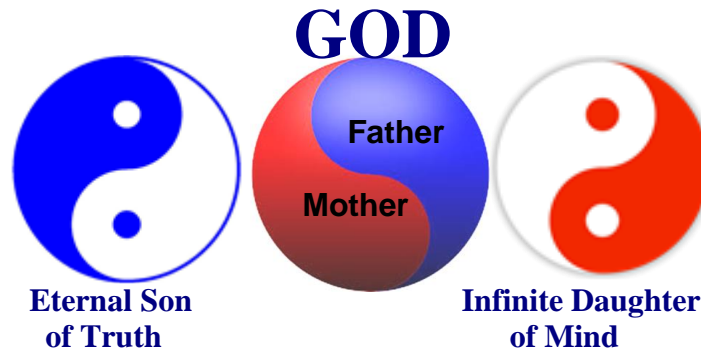
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

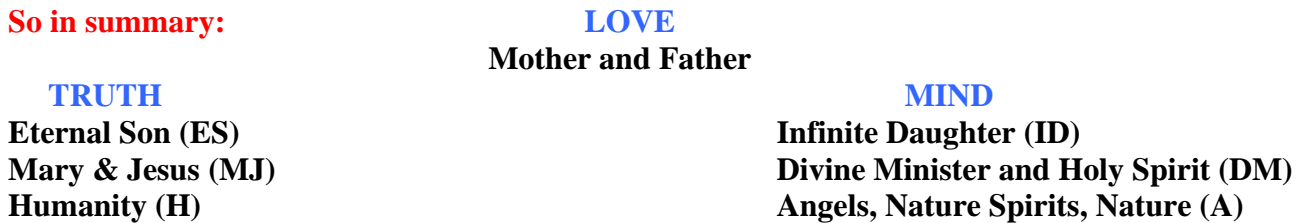
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** **Our MOTHER and FATHER – Love – the Living Truth**
2. **DIVINE MINISTER** **– Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

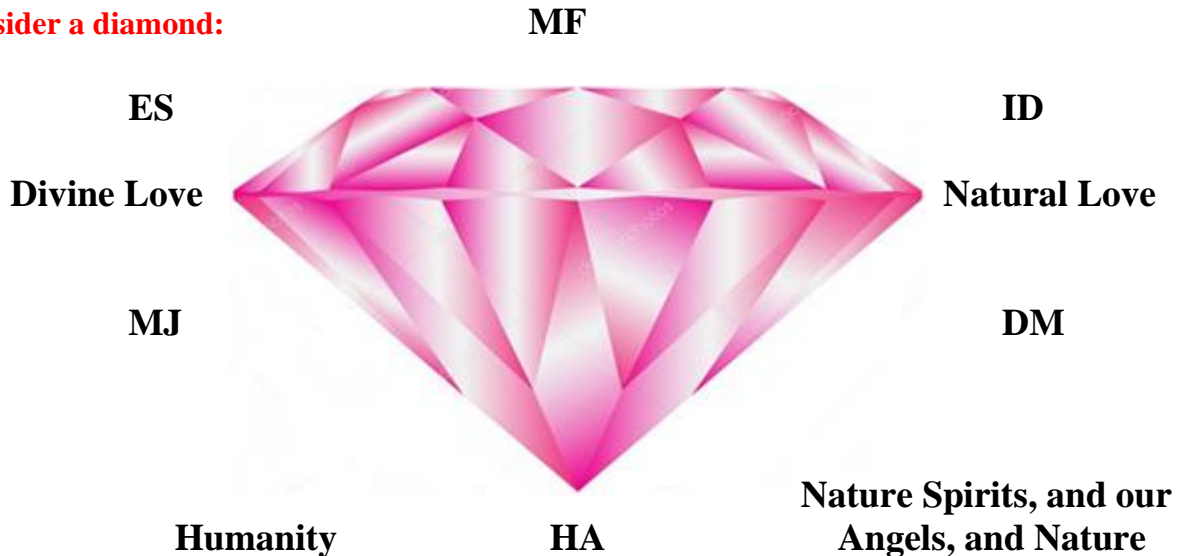
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** **– the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS** **– they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs / soul partners.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

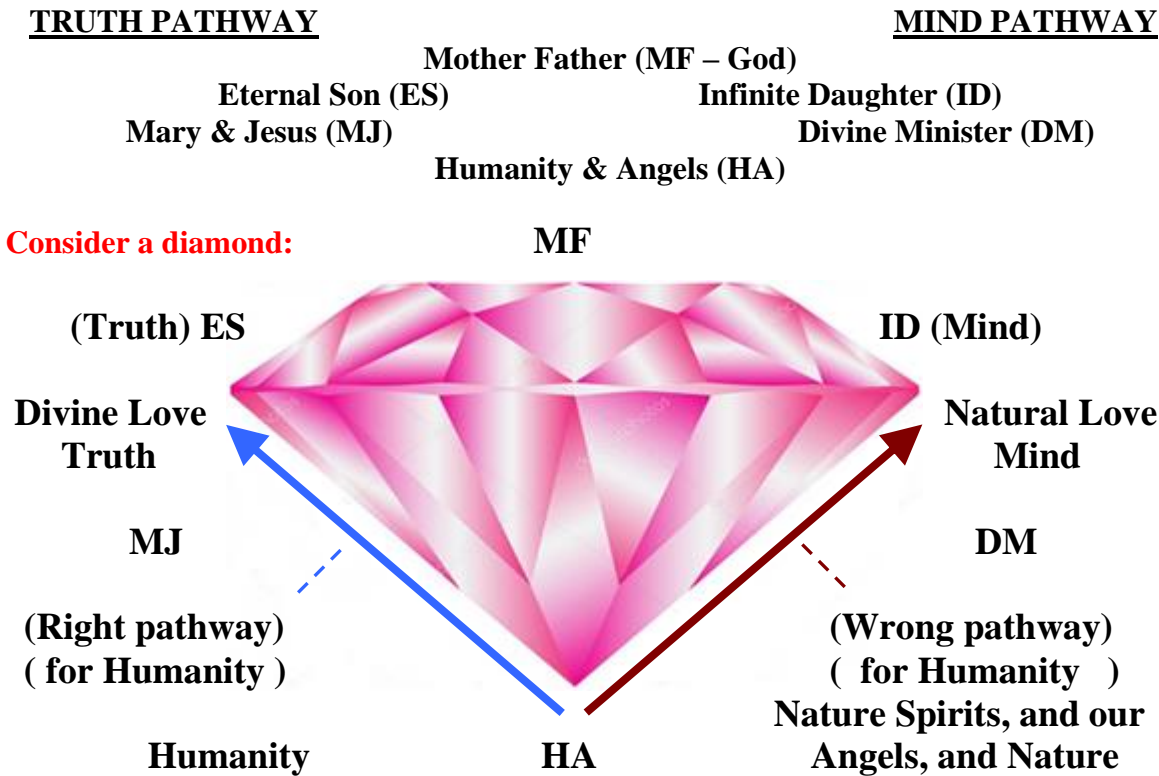
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs / soul partners – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

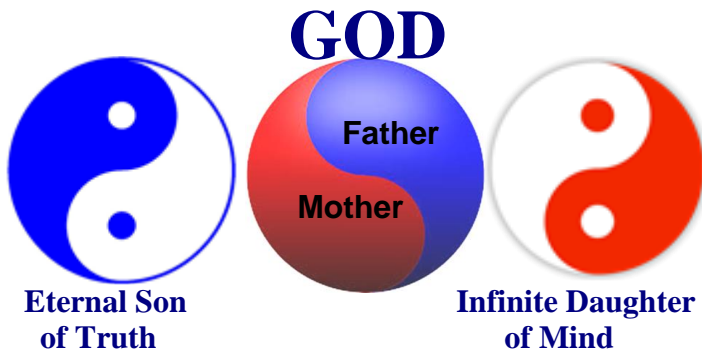
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair / Partners

Angel



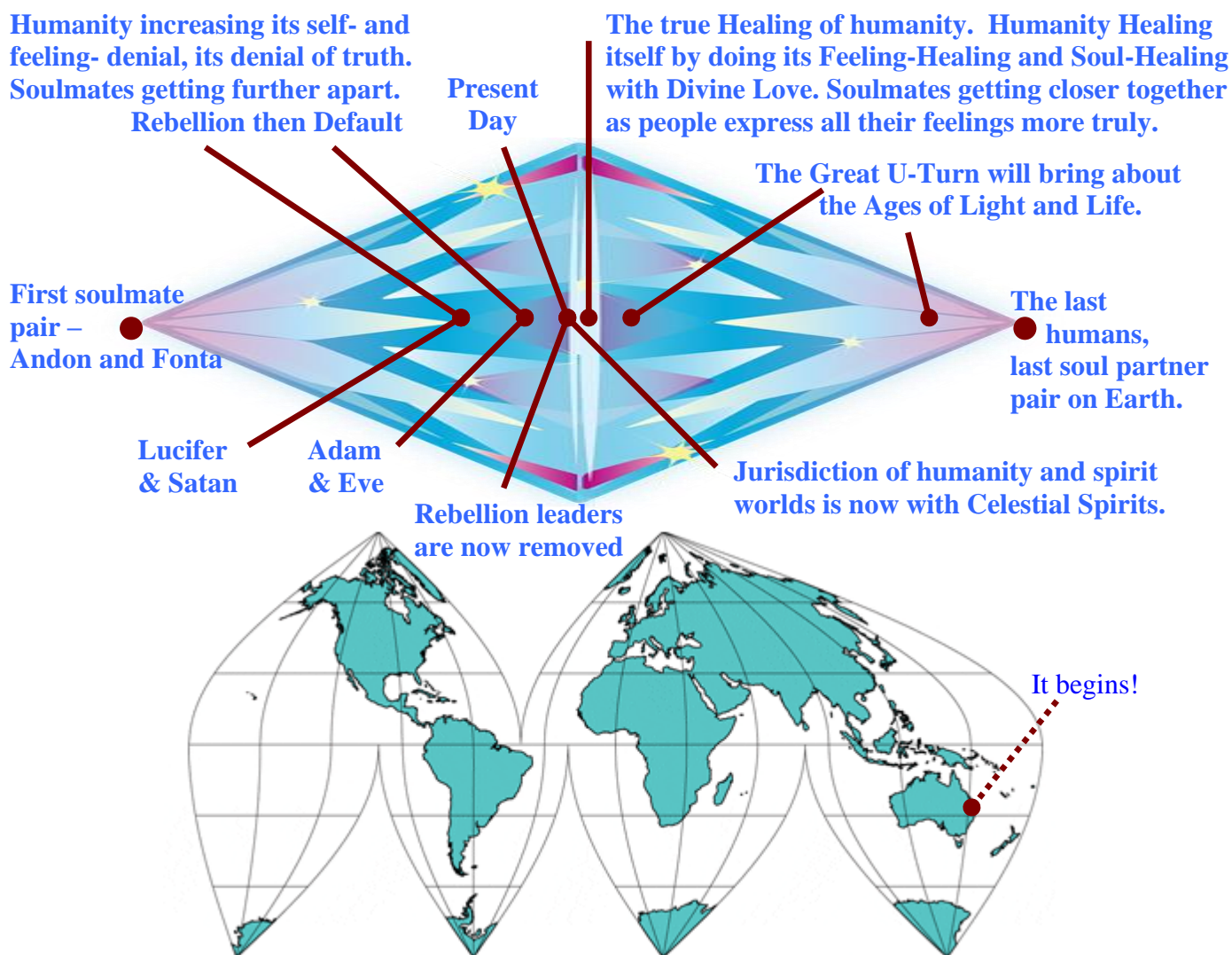
Spirit Person

Nature Spirit



JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



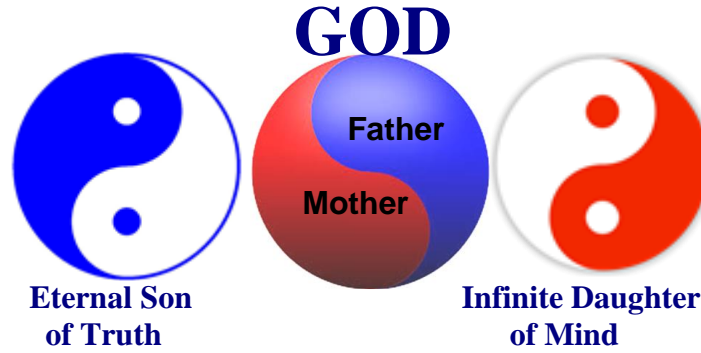
This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

(Passage in blue calibrates on the Map of Consciousness at 1,500)



We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens.**

Steps UP!

Quantum Jump 1



REVELATION 1

James Padgett

1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2

Marion and James Moncrief

2002

– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked

22 March 2017

Law of Compensation
quickenning

22 May 2017

Rebellion and Default
officially ended

31 January 2018



Infographics and diagrams have been added by Pascas.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

OUR PHYSICAL WELLBEING IS TIED TO OUR CHILDHOOD SUPPRESSION:

What our journey through our forming years sets in play is our quality of life. When we agreed to be incarnated / individualised on Earth we agreed to submit to the will of our parents. We have no control or options as to who our parents were to be.

Consequently, their generational norms become infused into our being. We absorb our parents' ways of living and beliefs into our being and their errors and injuries become part of our bodies.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. The consequences of the level of consciousness of whole nations reflect the need to release childhood repressed injuries:

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Humanity, overall, calibrates around the level of 212 on Dr David Hawkins' Map of Consciousness. Further, specific emotional injuries are directly related to specific physical illnesses. Further, the emotional injuries of one's parents are the source and cause of their deformities. As can be seen by the life style relationships to one's soul condition, which is directly tied to childhood repression, then one can clearly see the universal need to embrace Feeling Healing to resolve the world's social problems.

CONSCIOUSNESS and EMOTIONS:

Consciousness = Soul Condition. One's Soul Condition is equal to the average of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

Note:

The Map of Consciousness scale is from 1 to 1,000

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

NATURAL LOVE or HUMANITY's ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 7, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

Infographics and diagrams have been added by Pascas.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

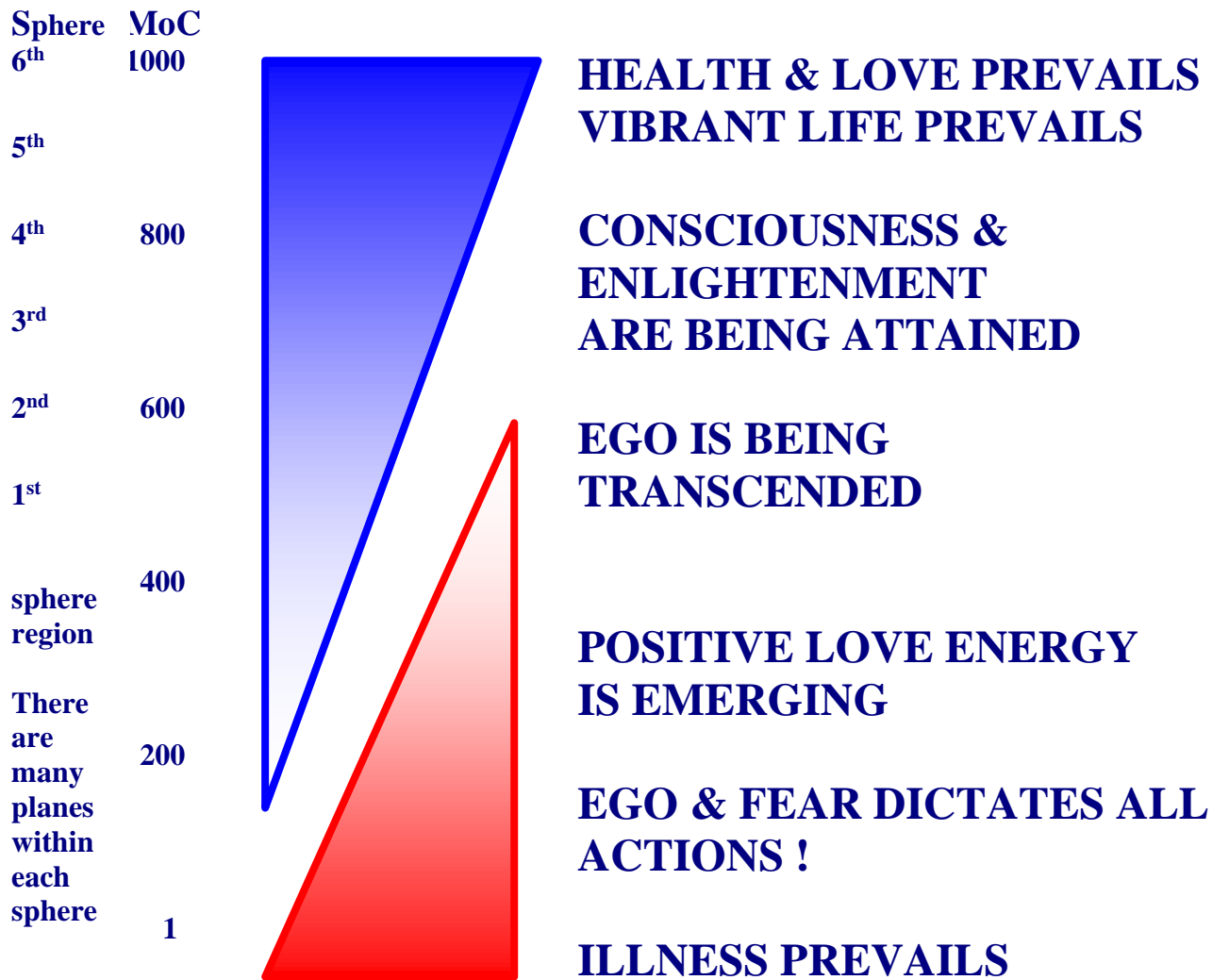
PERSONALITY TRAITS:

- Less than two dozen people on planet Earth.
- Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.
- Debate and implement resolutions without argument and delay. 470
- Debate and implement resolutions in due course. 440
- Debate and implement resolutions with some degree of follow up generally needed. 410
- Management supervision is generally necessary.
- Politics become the hope for man's salvation.
- Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.
- Armies around the world function on pride. Force is now dominant, not power.
- Harm of others prevails, self-interest prevails.
- Totally self-reliant, not God reliant.
- Fear dominates all motivation.
- Suicide is possible and probable.
- At these levels, seriously harming others for even trivial events appears to be justifiable.
- Poverty, unemployment, illness, etc., this is living hell on Earth.

Infographics and diagrams have been added by Pascas.

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

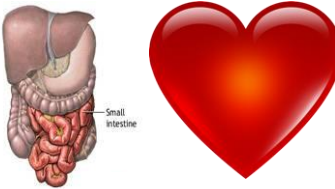
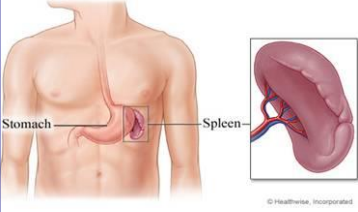
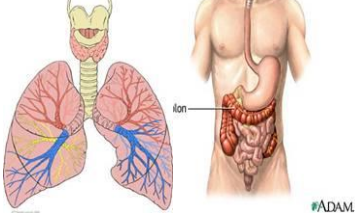
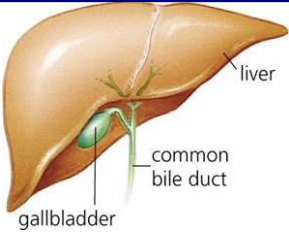
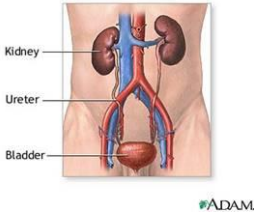
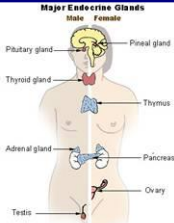
The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



Infographics and diagrams have been added by Pascas.

EMOTIONS affect SPECIFIC ORGANS:

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one’s mind affect the flow of energies through one’s spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.



The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



The MANSION WORLDS and EARTH:

James Moncrief

7 April 2017

Celestial spheres – with no associated planes. With the Angels and other universal spirits freely available and living amongst the Healed mortal spirits (Celestial spirits as we call them) from Earth and all the other earths in our neck of the woods of Satania our local System, our System within greater Nebadon, our Local universe. The first Celestial sphere being Jerusem (from The Urantia Book – TUB).

Seven Mansion Worlds – all with seven associated planes, to which the mortal spirits living on their worlds can't see into. The Mansion Worlds are divided as we understand, into the Divine Love Healing worlds 3, 5, 7, and mind worlds 2, 4, 6 – (which are soon to have added Feeling-Healing sectors). World 1 being common to the mind spirits and also where those spirits who are wishing to find out about their Healing and the Divine Love and begin healing before moving into the Divine Love worlds. Spirits in the mind worlds can at any time embrace their Healing and the Divine Love, having to move back into the third Divine Love world.

All the Mansion Worlds have many Sectors and sub-sectors and sub sub sectors, down seven sub layers, within them, all the different areas needed to enable all the spirits from Earth to live their varying beliefs.

And being in quarantine owing to the Rebellion and Default, our parts of the Mansion Worlds and their sectors are reserved solely for spirits from Earth. There is no sharing of the Mansion Worlds with mortal spirits from other 'earths' as TUB suggests. However it might be that we do actually share the Mansion Worlds with other 'earths', yet if that's so, then we're limited to certain parts of the Mansion Worlds, shut off from other sectors. Or we might possibly have all the Mansion Worlds to ourselves – I don't know about that, I'll have to one day ask about it again.

Each of the seven Mansion Worlds are a world in their own right, a 'stand alone' world, if you like, with their own unique geography – mountains, lakes, rivers, flora and fauna, cities, towns, houses, sectors. Each of their seven planes are just that, planes, so use the world's geography as their base, so existing around the world in higher vibrations. So only a Mansion World spirit with Second Sight will be able to see into the planes. The higher spirits and angels use these planes to come and 'visit' the Mansion World, so they can be close to the spirits in that Mansion World yet unseen by those spirits. The Celestials can come and go from the Mansion Worlds proper (as could Mary and Jesus should they wish to) and I don't know if they can access the planes, but I don't think so.

(Note: I number the Mansion Worlds from 1 to 7, with 1 being closest to Earth, so where we all wake up once we die. TUB numbers them the other way around, so 7 the lowest, to 1 the highest and closest to the Celestial spheres.)

Earth, also has seven planes around it, all of which use Earth's geography, and unless someone has Second Sight, they won't be able to see into them, however we can (as can the Mansion World spirits), communicate with spirits, nature spirits and angels and other universal spirits, even Mary and Jesus, should they want to come and 'be with us' in these planes.

The lower two Earth planes are reserved for all the 'lost' spirits from Earth (They wake up in the first Mansion World as we all do, then are taken or move back to the lower Earth planes). People go into them if they don't know they are dead, that is, if they are not fully conscious and able to take their place



in the first or lowest Mansion World. And if they need to work off more compensation, they can use these lower planes as ‘hells’ (the planes of Disharmony). Also there are sectors and sub-sectors and so on in the first Mansion World commonly called the Hells.

And most people who have astral trips or OBE’s (out of body experience) usually move into one of these Earth planes ‘awake’ in their spirit bodies, hence most of these trips the person is ‘flying’ over the geography of Earth. People might be scared of ‘flying’ through power lines they come across, when in fact there are no such power lines in the actual plane, only it seems like it is because the plane is based on Earth. Occasionally people might astral or OBE into the first or higher Mansion Worlds.

The third Earth plane is strictly for the nature spirits. They live on this plane which is based on the geography of Earth. So when I meet with them at the lake not far from my house, in their plane they come to the same lake. So I stand at the physical lake, and they are also at the lake in their Earth plane. So I will be standing on the shore, however they might be standing on what seems like the surface of the lake. And so it’s the same for the higher spirits, Celestials, and angels that might come to talk with me at the lake. They will be in their relevant planes. The Celestials and Mansion World spirits being in the two Earth planes, the nature spirits in their plane, the angels in theirs, the higher universals spirits in there’s and so on.

The fourth Earth plane is for Angels; the fifth is for higher universal spirits, meaning, spirits that don’t incarnate and so aren’t mortal spirits, such as the Melchizedeks; the sixth is for the high Daughters and Sons, so where Mary and Jesus would come should they wish to come ‘back to Earth’, the seventh being reserved for the Mother and Father and specific things to do with Them.

So at my lake I could be talking with Mansion World mind, Divine Love and Celestial spirits, all who are in either of the two Earth planes, the nature spirits in their plane, the angels in theirs, the Melchizedeks in theirs, and Mary and Jesus in their plane, all separated from each other, yet all aware of each other, and all focused on me, all of us being at the same lake, and them all speaking with me in turn. And I might be able to sense them all and in which plane they are in, even vaguely ‘see’ them on a good day should my Indwelling Spirit be allowing me such inner sight. Or they could all come in their relevant planes into our living room at home, or to a meditation centre, or anywhere they like. And this is how they come when TUB refers to them as ‘being on Earth’, they are not actually on the physical Earth, but they are in the relevant Earth plane, so it’s the next best thing. And mostly they are there without us being aware of them, which has its advantages, as you can imagine. So they are not on the actual physical Earth, in the physical dimension that I am, but they are still technically ‘on Earth’ because they are in one of the Earth planes which is ‘based on’ Earth.

So that’s how I see it, which like everything, is subject to change as I progress in my Healing. However, so far in my Healing, this picture has got firmer.

Note: Recognising that one’s natural love will only enable one to reach the 6th natural love Mansion World after a great deal of tiresome perseverance and that it is only by embracing the Divine Love of our Heavenly Parents and undertaking our Feeling Healing that we can rapidly progress way beyond the natural love worlds and into the Celestial Heavens and beyond, that any assistance that we can receive is going to be from the Celestial Heavens, should we open ourselves to same. Natural love way of living predominantly leads to engaging in mind control and the rejection of one’s feelings. Only through our feelings do we express our true selves and with Divine Love can we evolve into the angelic personalities that we are meant to be.

Infographics and diagrams have been added by Pascas.

Seven Spirit Earth Planes

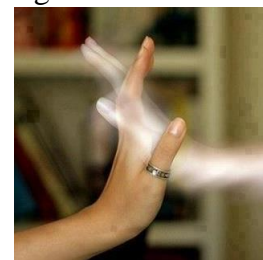
We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then, when we die, we move into one of the seven Mansion Worlds, which can be likened to probationary worlds; worlds in spirit through which we correct all that's wrong within us. This includes if we've hurt other people or creatures very badly, we need to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, or the same as, Earth, whereas the geography of the seven Mansion Worlds is unique to each world. So on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So these seven other dimensions, all focused on your home – a lot could be going on! However more than likely the reality is, the lower two Earth plane hells have spirits congregating in the darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. Whilst the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes, although each being separate from each other and the physical Earth, and not interfering or influencing each other, still have some bleed-through of energy, thus affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities, not unless the higher angelic light was in some way, to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane, Hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which is relatively harmless other than in exceptional cases. And mostly, we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get as close to us physically as they can, is done so by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance in the various Earth planes and unbeknownst to you – dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation; you might have nature spirits there as well; you will have your attending angelic pair together with other angels; and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development; and then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the Hell planes should the spirits want to get as close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth. They are able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light in order to keep them at bay.



It should be noted that to qualify for life in the Hell planes comes about because of the state of ‘hell’ that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain and taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we’re suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to ‘balance the books’ so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, ‘paid for their spiritual crime’ against the will of another, then they are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow during the time of ‘paying the price’, they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and ‘do their time of suffering paying for their crime against another’ will be applied to and on Earth. So many bad people will suddenly be forced into the ‘hell of their own making, the hell that resides in them’. So doing some or all of their ‘Hell Time’ whilst on Earth, then completing it when they get to spirit by having to enter one of the two Hell Earth planes, or no longer needing to spend any time in them if they’ve ‘served their time for their evil crime’ when on Earth. Should the ‘earthing’ of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change here on Earth, with anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad things you have done, coupled with pain so bad and so ongoing that you enter into a state of perpetual begging for forgiveness and to be released from your suffering, that very same suffering you caused another person or creature to suffer.



Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1st plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities, however there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7
6
5
4
3
2
1

7th Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6th Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5th Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4th Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3rd Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2nd Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1st spirit Mansion World.

1st Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



All levels of existence
coexist in the same space.

You may reach out
and shake hands with
all levels of existence!

MANSION WORLDS:

Tuesday, 27 November 2018

James: At least talking about the Mansion Worlds is on safer ground.

Nanna Beth, 3rd Celestial Heaven, John's grandmother: Absolutely James, I am always able to shed more light on the Bigger Picture for you, however I'm afraid, that to do with the personal such as about the money and so on, not as much.

The Mansion Worlds are wholly being used for Urantia (Earth) at this point in time, and have been for a long time. We don't have our own worlds as such, it's just that we've been 'allocated' the use of them for the time being. And that will continue until the end of the Spiritual Age, then Urantian spirits will be joined by others from other 'earths'.

And you understand the quarantine status is because of the Rebellion so when it breaks and humanity starts to heal itself then humanity will come out of its self-imposed isolation.

There are Mansion Worlds provided for varying numbers of 'earths'. The Urantia Book, which John was talking about, is the universal standard, but nothing about Urantia (Earth) is standard anymore.

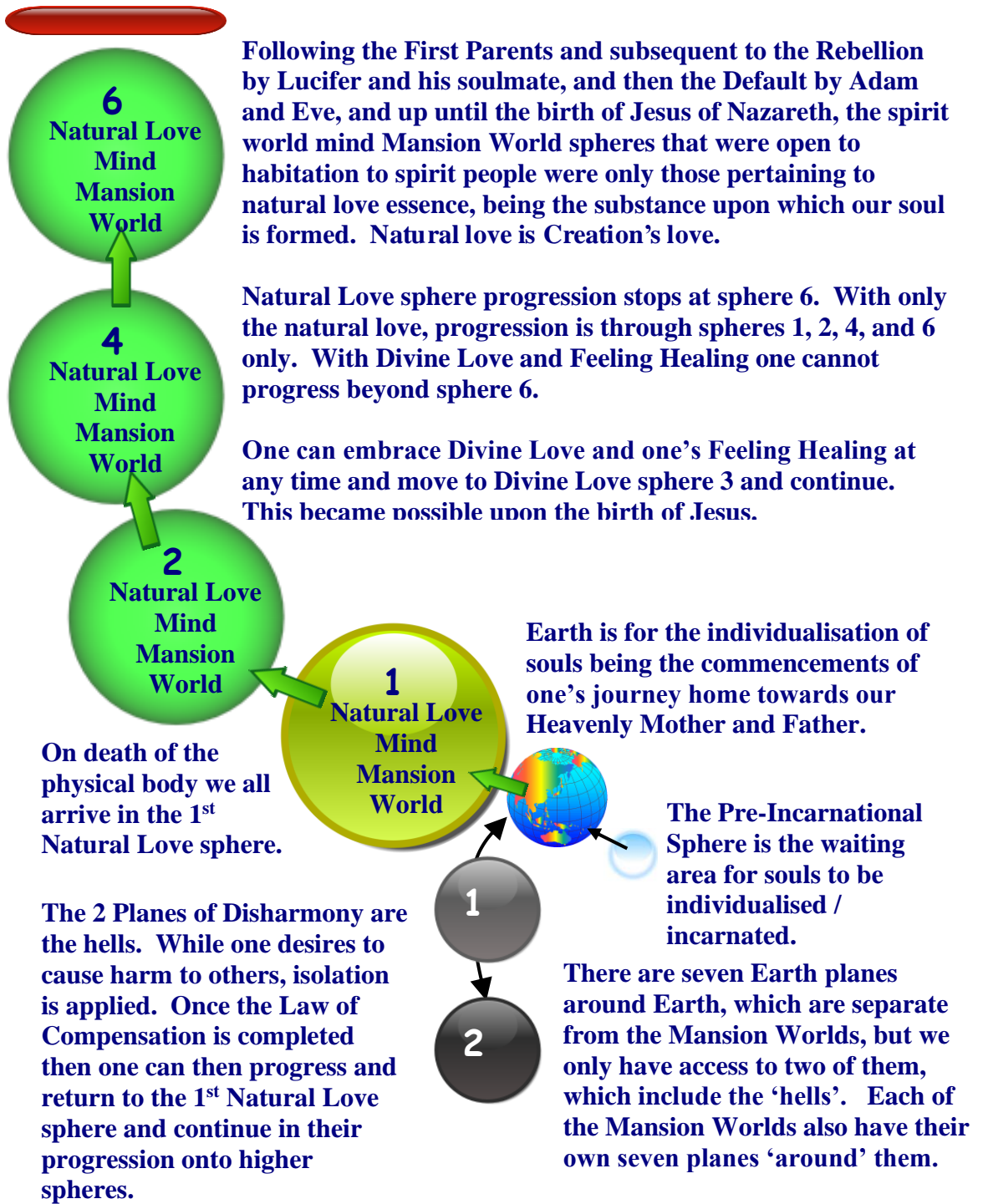
James: So how is it for you Healed Celestials, when do you become part of the greater universal whole?

Nanna Beth: From the fourth Celestial onwards we become part of the whole with our focus on our Paradise ascent then being wholly consuming. As I've told you, the first three Celestial spheres are still primarily focused on assisting Urantia – you people on Earth and in the mind and healing Mansion Worlds (1 to 7), however there is also some progressive universal involvement. We go to classes, which are voluntary, that introduce us to greater universal awareness. We go to 'meet-ups' in which small numbers of our soulgroups might meet small numbers of other soulgroups from other physical worlds. And these are always very interesting to compare our lives with theirs. But these meetings are for the most part for us being still of the first three Celestial spheres, information, they are not as yet about forming relationships with spirits from other planets, nor are we actively involved with universal work with them. However having said that, there are increasing numbers of Celestials from the lower three spheres who are starting to have more personally to do with spirits from other worlds and those spirits with us. Not all the Celestials with us want to be focused on Earth or the Mansion Worlds all the time. We all still have to do something with Earth, but with some of us that is becoming less and less. That's all part of the change. By the end of this forthcoming Spiritual Age, we Celestials won't be needed to have such an intense and personal focus with people on Earth and in the Mansion Worlds, so those Celestials in the lower three spheres (of the Celestial Heavens) will have more immediately to do with spirits from other worlds.

So you can see James, this time now and for the next Age is going to be unique. Every moment is of course unique, however in terms of time, 1,000 years is like a brief moment compared to tens of thousands of years of a normal age. And we'll be doing a lot within it on all levels.

So humanity doesn't start getting let out of its prison until the end of the next Age, however you can start letting yourself out of your own personal one anytime now by doing your Healing.

NATURAL LOVE SPIRIT MIND MANSION WORLDS:



Infographics and diagrams have been added by Pascas.

DIVINE LOVE SPIRIT WORLDS and CELESTIAL HEAVEN OPENED:

To PARADISE, the HOME of OUR HEAVENLY PARENTS



NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with the Father.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

**Natural Love 6th Sphere
Mansion / Mind Worlds
MoC 840 – 1,000**

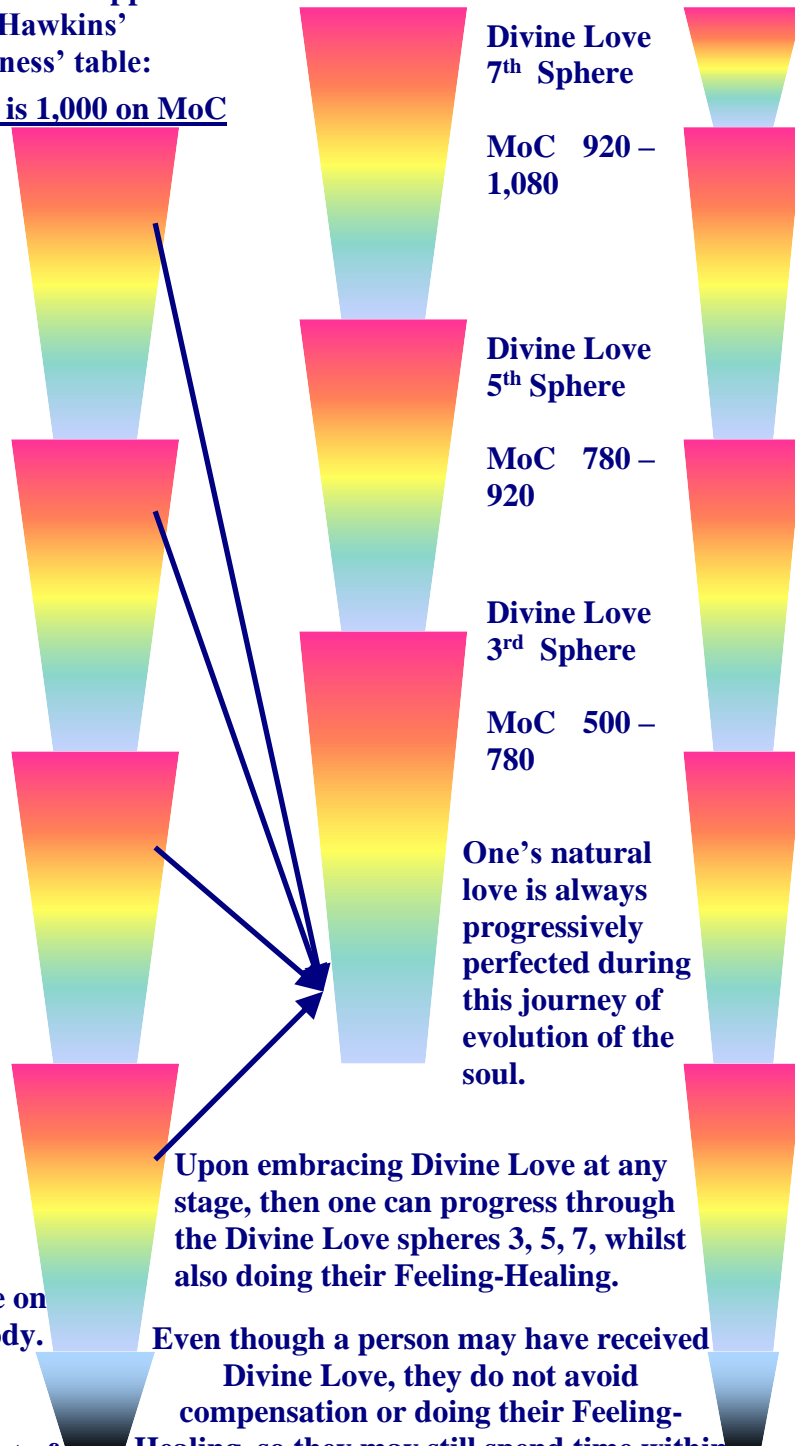
**Natural Love 4th Sphere
Mansion / Mind Worlds
MoC 650 – 840**

**Natural Love 2nd Sphere
Mansion / Minds Worlds
MoC 500 – 650**

**Natural Love 1st Sphere
MoC 200 – 500**

We all enter the 1st natural love sphere on the death of our body.

**HELLS:
MoC 1 – 200
Hells being a sub-set of 2 Spheres of Disharmony.**



**Divine Love 7th Sphere
MoC 920 – 1,080**

**Divine Love 5th Sphere
MoC 780 – 920**

**Divine Love 3rd Sphere
MoC 500 – 780**

One's natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6th Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7th Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when, or should, the Divine Love not be available before perfecting one's soul.

Infographics and diagrams have been added by Pascas.

EXPERIENCES, FEELINGS and TRUTH:

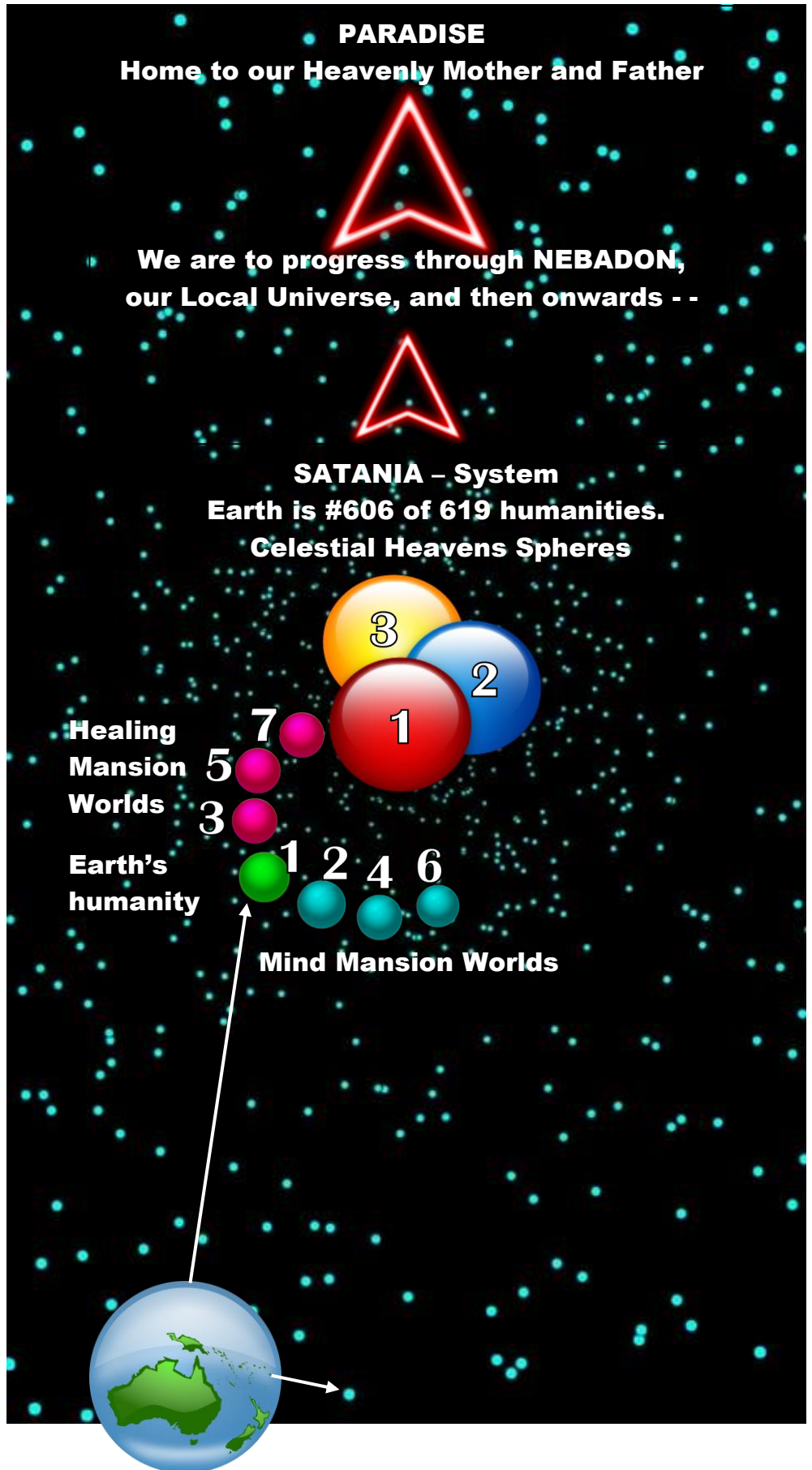
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However, picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



WE ARE NOT ALONE:

In fact, our SuperUniverse is teeming with life!

The Spirit Worlds, commonly called the mansion worlds, and being numbered 1-7 (TUB numbers them 7-1), and the higher Celestial Heavens (spheres), appear to be within our local solar system, although they are not physical worlds like Earth – we can't visit them in a space ship, only in our spirit bodies, each world and sphere being of a higher spiritual vibration. Each of the spirit worlds and spheres are in close proximity of each other, and provide successive places of residence for us now that we've been individualised / incarnated on planet Earth.

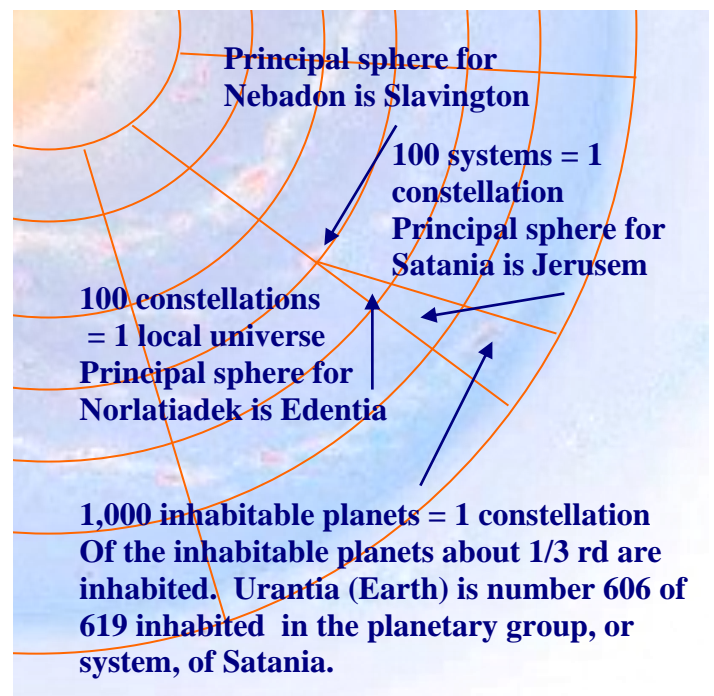
As we develop in Love we progress in and up through these worlds and spheres to ever brighter ones. Progression beyond the 7th Divine Love world results in our migration from the Mansion Worlds to the Celestial Heavens.

^{37:10}The universe of Nebadon, which even now has more than three million inhabited worlds, with ten million in prospect. In our solar system, Earth is one of three inhabitable worlds. (The Urantia Book TUB)

^{32:2.9} The organization of planetary abodes is still progressing in Nebadon, for this universe is, indeed, a young cluster in the starry and planetary realms of Orvonton. At the last registry there were 3,840,101 inhabited planets in Nebadon, and Satania, the local system of our world, Urantia / Earth, is fairly typical of other systems.

The Mansion Worlds of the Celestial Heavens are in the region of Jerusem.

^{119:8.8} Urantia (Earth) is the sentimental shrine of all Nebadon, the chief of ten million (100 x 100 x 1,000) inhabitable worlds, the mortal home of Christ Mary and Michael, sovereigns of all Nebadon, a Melchizedek minister to the realms, a system saviour, an Adamic redeemer, a seraphic fellow, an associate of ascending spirits, a morontia progressor, a Daughter and Son of Man in the likeness of mortal flesh, and the Planetary Princess and Prince of Urantia (Earth). And your record tells the truth when it says that this same Mary and Jesus have promised sometime to return to the world of their terminal bestowal, the World of the Cross. This they have done through the Padgett and Moncrief Messages, etc.

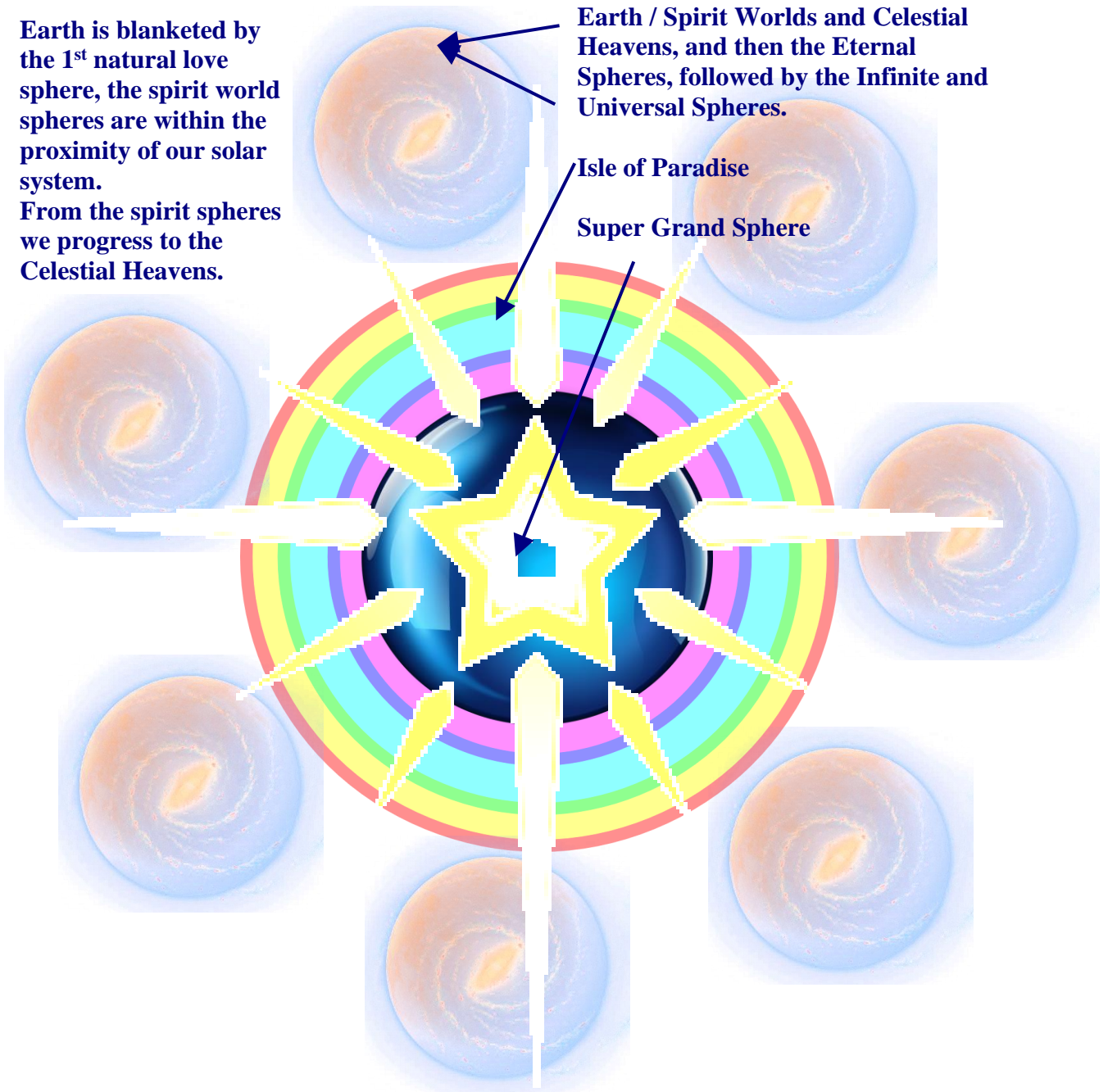


Infographics and diagrams have been added by Pascas.

OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:
Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Mother and Father.

Our progression is always towards the centre – inward and upward.

Earth is blanketed by the 1st natural love sphere, the spirit world spheres are within the proximity of our solar system. From the spirit spheres we progress to the Celestial Heavens.



Infographics and diagrams have been added by Pascas.

OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.




<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

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DIVINE LOVE STRENGTHENS ONE’S RESOLVE TO EXPRESS ONE’S EMOTIONS:
 The light blue energy substance of Divine Love is 10 to 100 times more robust than natural love. As the asked for Divine Love blends with the natural love, the Divine Love strengthens one to express and slowly remove man-made injuries and emotions encrusted around one’s soul.

SPHERE  **MAP OF CONSCIOUSNESS**

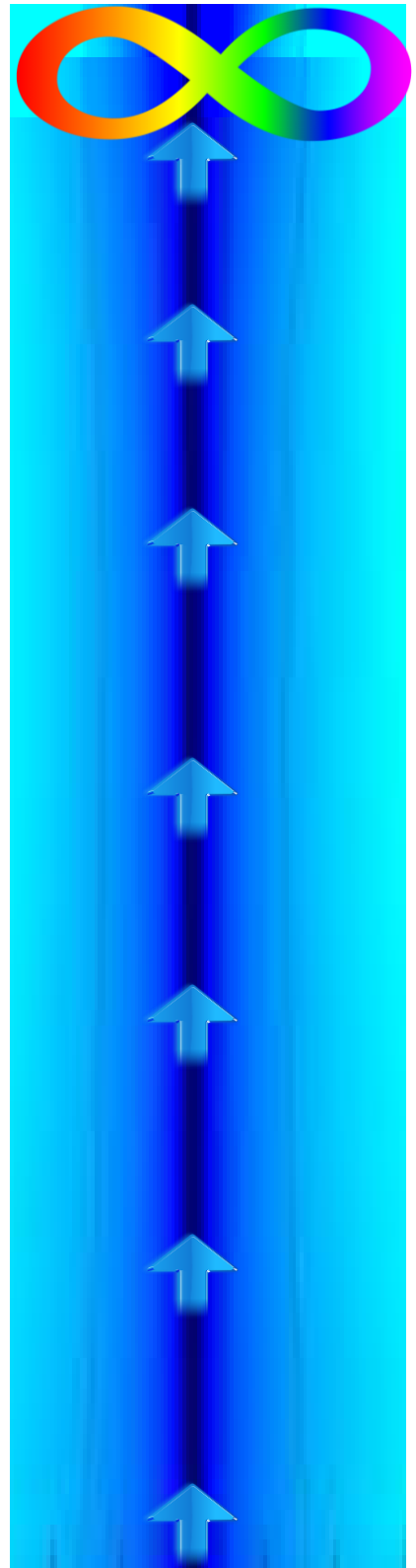
10	Level	Log
9	At-onement	1080
8	Transition &	
7		
6	ENLIGHTENMENT	700-1000
5	PEACE	600
4	JOY	540
3	LOVE	500
2	REASON	400
	ACCEPTANCE	350
	WILLINGNESS	310
	NEUTRALITY	250
	COURAGE	200
1	PRIDE	175
	ANGER	150
	DESIRE	125
	FEAR	100
	GRIEF	75
	APATHY	50
	GUILT	30
	SHAME	20

Spheres of Disharmony = Hells

Man with natural love alone cannot progress beyond the 6th Sphere.



Emotional injuries degrade one’s soul condition.



NATURAL LOVE BLENDS PERFECTLY WITH DIVINE LOVE:

Both are energies. Natural Love energy forms each soul and each individual soul is unique. Our personality, intelligence, memory, and humanistic characteristics are unique. It is our gift of free will that tends to enable us to error, however, it is the uniform nature of Divine Love and Feeling Healing that brings about our growth and release of man-made negativities.

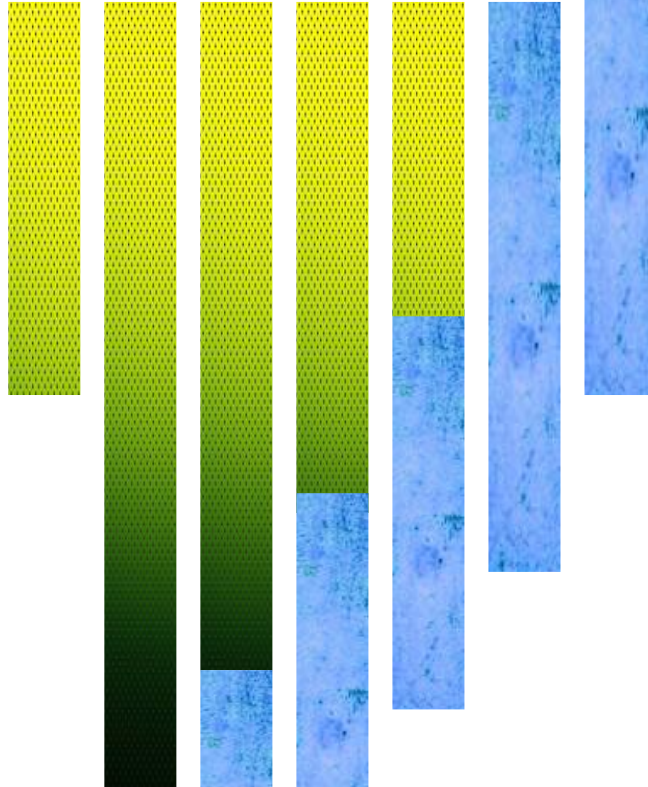
MAP OF CONSCIOUSNESS

Level	Log
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At-onement Transition	1080
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ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

One's soul is gifted with the emotions of courage through to enlightenment. Man-made emotions are those of pride down to shame – these we can step away from with Feeling Healing.

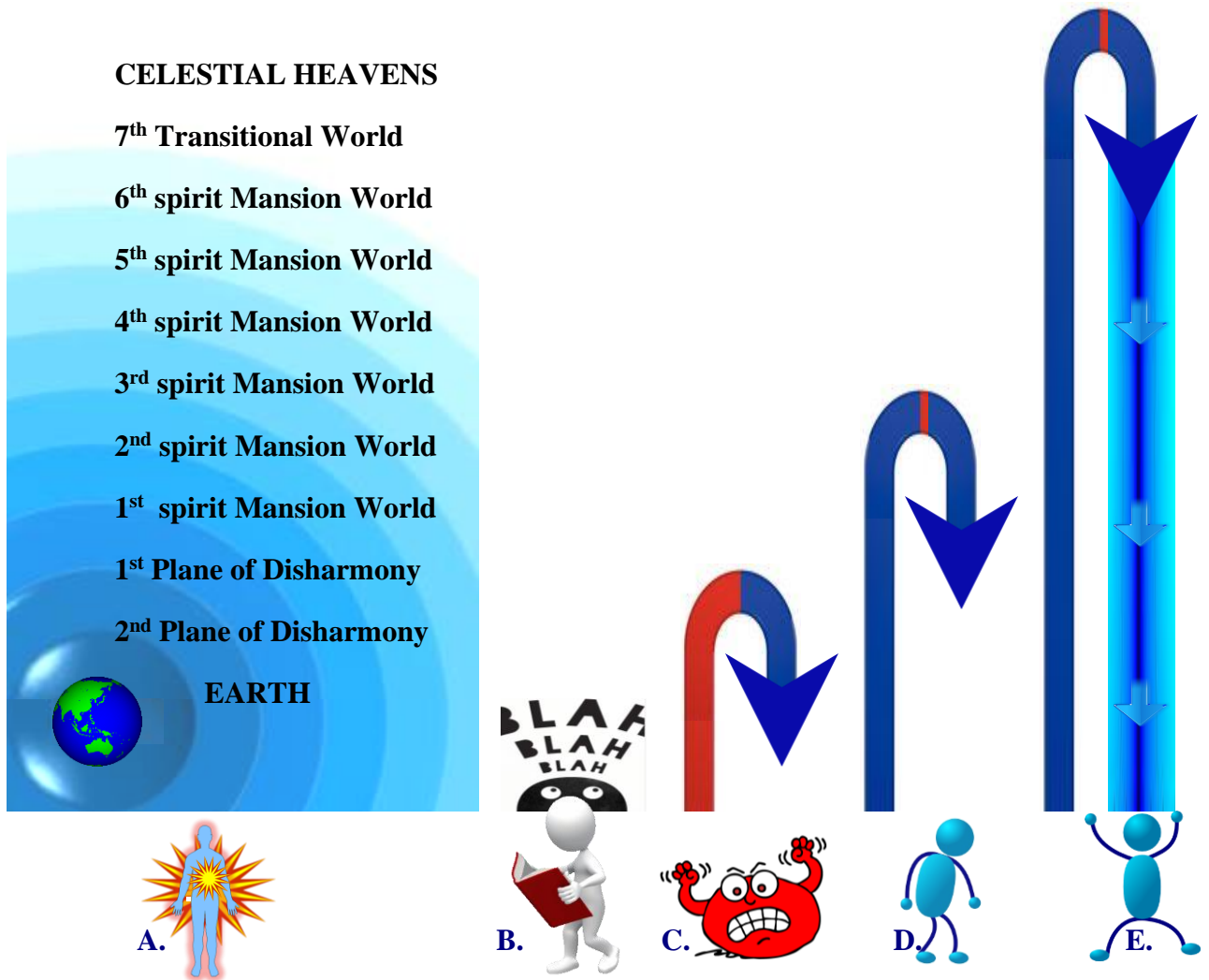


A. B. C. D. E. F. G.

- A. Unborn child's soul is always perfect and remains that way throughout life.**
- B. Child in first seven years absorbs man-made emotional characteristics from environment.**
- C. Cognitive capabilities enable each person to choose to ask for and receive Divine Love.**
- D. Divine Love strengthens one's resolve to release negative emotions should we continue to ask for more and more of this ultimate high octane super fuel, this light golden blue energy.**
- E. Progressively, harmony comes about through our bodies and the inclinations to engage in negative ways and causing harm to others or one's self dissipate.**
- F. As we embrace the Love, the Divine Love transforms our soul so that we no longer have any inclinations to do anything other than the will of the Source Soul, no more harm to others.**
- G. It is with the blending of the Natural Love with the Divine Love that fits a person to become at one with our Mother and Father and to enter the Celestial Heavens.**

Infographics and diagrams have been added by Pascas.

LOVE ASSOCIATED WITH ONE’S PROJECTED THOUGHTS:

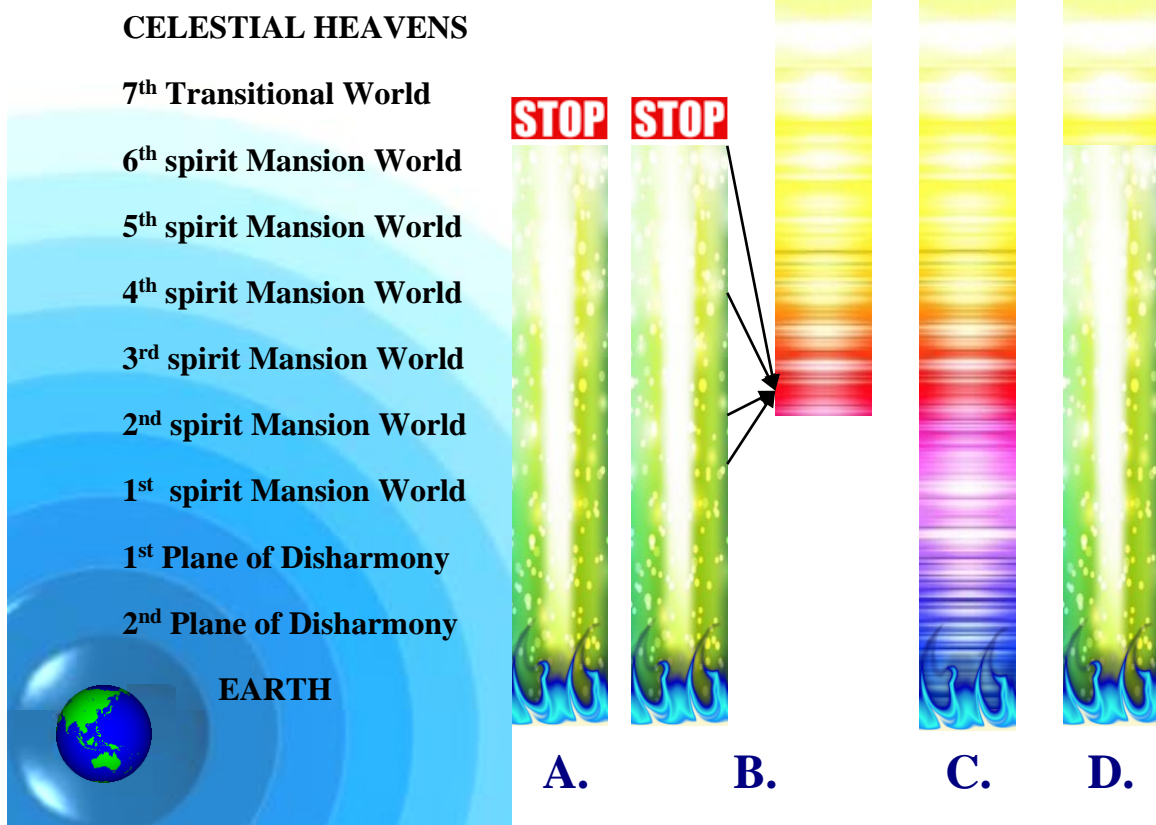


- A. Our soul is connected to our spirit body which is the template for the physical body.
 - B. Every time when one prays to God from within the intellect, their prayer rises no higher than one’s head. It does not go any higher because one’s heart is not involved. Mindlessly repeating prayers learnt by rote is almost pointless.
 - C. Projecting your rage impacts on those around you and into the spheres of disharmony, however now your heart is involved! Causing harm to others brings about consequences.
 - D. Focused intention and desire for earthly creations is generally assisted by intellectually and loving spirit personalities from within the lower Spirit World Spheres, 1 and 2.
 - E. An earnest longing and desire to receive our Heavenly Parents’ Divine Love projects into the Celestial Heavens and brings about an immediate infusion of the Mother and Father’s Love into one’s soul, delivered through the instrument, the Holy Spirit, of our Creator.
- Thus, one’s level of feeling, earnestness, longing and love associated with prayers, meditation and desires is relative to the success of one’s communications. Our thoughts project at a speed in excess of that of light and they are received into the spirit world or worlds at a level relative to the subject matter being focused upon. At all times, love focused communications will rise to the higher spheres.

MoC 1,480

Infographics and diagrams have been added by Pascas.

**SOUL GROWTH UP THROUGH SPIRIT
MANSION WORLD SPHERES:**



- A. We all arrive into the 1st sphere before being drawn to where we are suited. Living on Earth is typical of living in the hells – being the Spheres of Disharmony. With one’s natural love and mind dominance, one can pay their compensation – being pain equivalent to the pain they have caused others and one’s self. In this manner, one can progress through mind Mansion Worlds 1, 2, 4, and 6. With natural love only, one cannot progress beyond the 6th mind Mansion World sphere. The mind Mansion Worlds are self reliant experiences.
- B. Should one embrace the Mother and Father’s Divine Love while advancing within any of the natural love mind Mansion Worlds / spheres, then one will be draw to the 3rd Divine Love Mansion World to commence their soul healing which is doing their feeling healing whilst longing for and receiving Divine Love. This process overrides the Law of Compensation as the soul healing is experiencing one’s repressed childhood injuries and liberating one’s soul will. Progression is through spheres 3, 5 and 7, and then into the Celestial Heavens. With the receiving of further Divine Love, one evolves even further.
- C. Presently, we can embrace Divine Love here on Earth, on transitioning into the 1st spirit world, we will continue with our Feeling Healing while longing for Truth and the Divine Love and progress through worlds / spheres 3, 5, 7 and into the Celestial Heavens.
- D. For those who do not embrace God, one can embrace their Feeling Healing and perfect their soul whilst paying their compensation and reach the 6th Mansion World. With a perfected soul, having also resolved their childhood repression, one may then embrace the Mother and Father’s love and progress directly into the 7th Divine Love transitional sphere and then into the Celestial Heavens and onwards. This is how it was meant to be.

The Prayer for Divine Love:

(as given within the first century)

2 December 1916

<http://www.youtube.com/watch?v=Pq6p3rivAZw>

I am here, Jesus

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our false teachers would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

Prayer for Divine Love

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously longed to God in any way yet not specifically for Their Divine Love,

when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow it too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.

James Moncrief

Feelings
first



REVELATIONS



JAMES PADGETT MONCRIEF **REVELATIONS** **1 Commenced 1914**
2 Completed 2014

REVELATION 1

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

REVELATION 2

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Sage

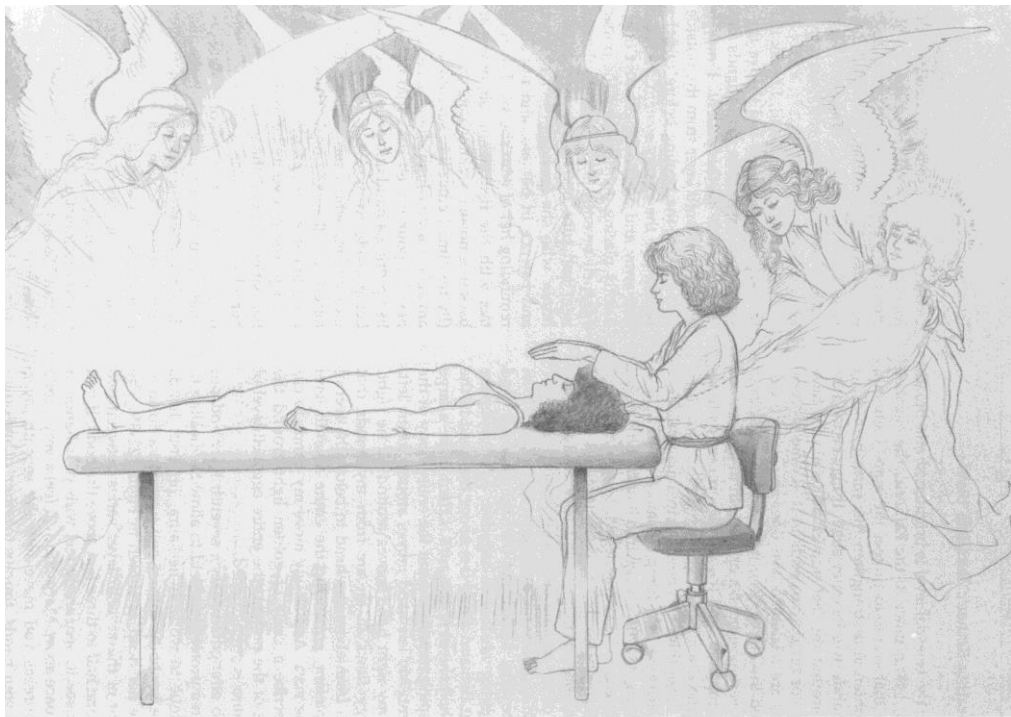
And the Healing Angels of Light

James Moncrief © February 2017

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

Sage – and the Healing Angels of Light... James wanted to write about the angels, to give some idea of how he understand them, how they differ from us, and how they are constantly helping us. Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

Though written as a novel, this is essential reading to begin to comprehend the enormous gift that has been made available to humanity.



Celestial Level Healing (Sixth Layer)

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Sage and the Healing Angels of Light	2017	xxx	– James Moncrief
Road map of Universe and history of Universe:			
The Urantia Book	1925 – 1935	xxx	as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
containing the Padgett Messages or Little Book of Truths			– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
	http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 700+ supportive 'Pascas Papers' accessible in Library Downloads at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, are to be published. Selection is to be reviewed appropriately.

ALL writings will be assembled in secure archives in strategic locations for researchers' access.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.



in conjunction with



Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

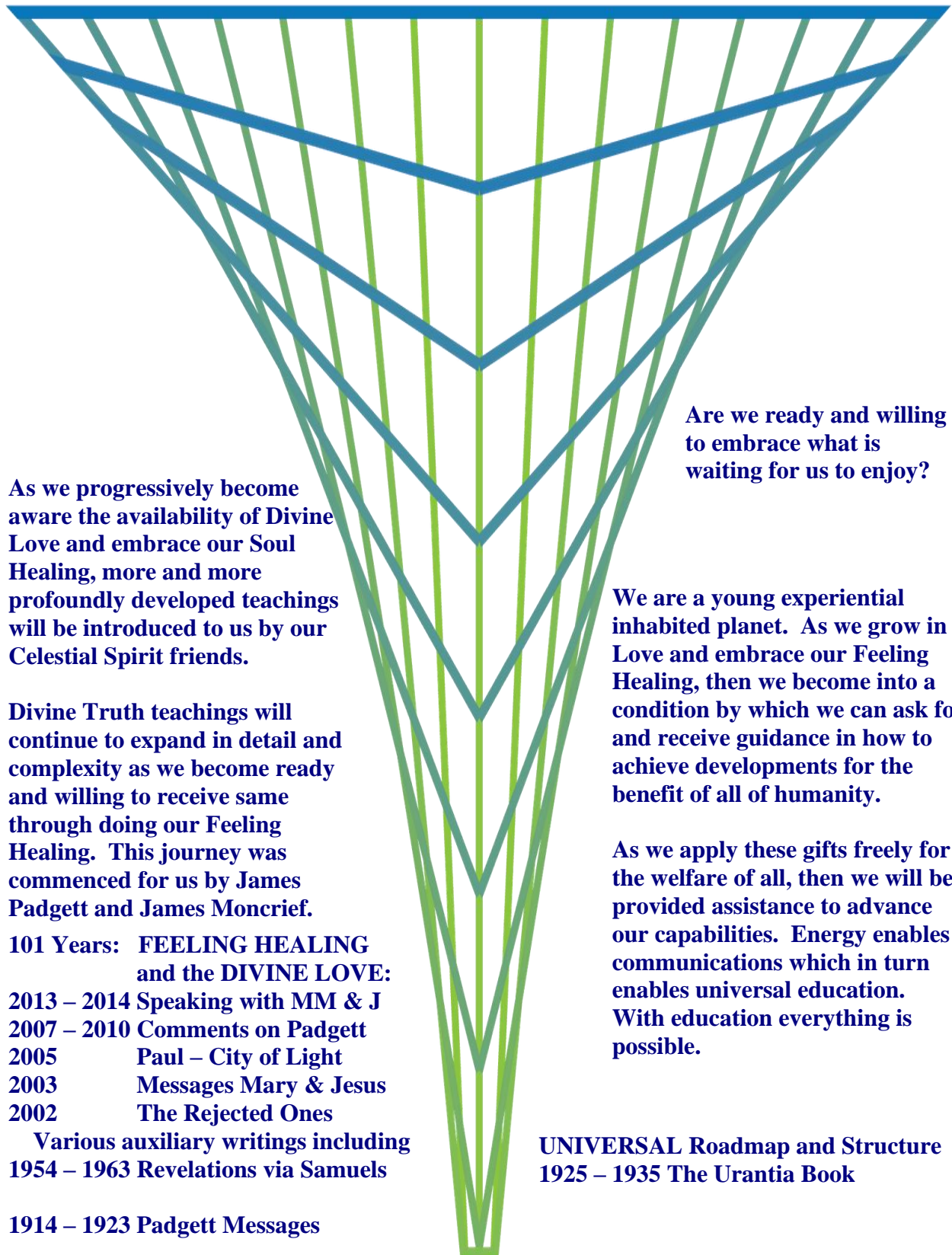
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Divine Love
is the key!**



God's Divine Love: Pray for it, ask for it, and receive it.

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens:**

