

# PASCAS CARE

## Plasma People



**“Peace And Spirit Creating Alternate Solutions”**

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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***



## **INVENTIONS and INVENTORS GENERALLY:**

An observation from interviews with more than 1,000 inventors:

Each innovator or inventor, who had developed an apparatus or device that uniquely had at least three phases of growth in design innovation, it was observable that such inventor was spiritually sensitive. That is, he / she channelled the technology, unknowingly or knowingly.

This is particularly probable when there is rapport between the physical person and the developer of the technology from within the spirit world. A developer of technology here in the physical realm must have a passion and great desire to bring about a set of new inventions and also be able to develop a rapport with the party that is within the spirit realms that had been and continues to develop similar technologies.

Common observations is that the inventor here in the physical world could 'see' the finished product, often then proceeded to build prototypes before preparing drawings of the design. The inventor was shown the end product as it exists within the spirit world.

Upon considering the Keshe Foundation technologies, this is a major step forward. It could be said that such technologies would have been withheld from humanity due to its historical over-arching tendency to apply such developments for absolute military purposes. As you may review the Keshe Foundation activities you will notice that the USofA government appears to be doing everything possible to frustrate the free distribution of the Keshe Foundation's technologies to all people around the world.

It is only with the free distribution of such major developments that such technologies will be progressively introduced to humanity. You will find within the Book of Truths several references to explanations of technologies that existed a long time ago where the scientist of times past was still being restrained from sharing how the technologies work, such as the building the Great Pyramids of Gizeh.

Should one ask one's spirit buddies, it is most likely that you will come to understand that Mehran Keshe, since the age of about 11, has been continually assisted by a small army of people from within the spirit realms to bring about the introduction of these innovations. Further, that support has always been on the understanding that Mehran Keshe would ultimately make the technologies available without restriction around the world, which is what he is now doing.

Independent power units, such as those proposed by Keshe Foundation, can enable universal education. Impoverished communities without reliable power supply or even very expensive power supply can now connect to the world wide web and participate in remote area education programs delivered from anywhere on the planet. Education is the start of everything. Without education, we are frozen in growth, growth in love.

A girl with only two years education will have more than seven children. A girl with ten years education or more will have only two children.

Enjoy the observations that follow:



**The UNIVERSAL ORDER of CREATION of MATTERS:**

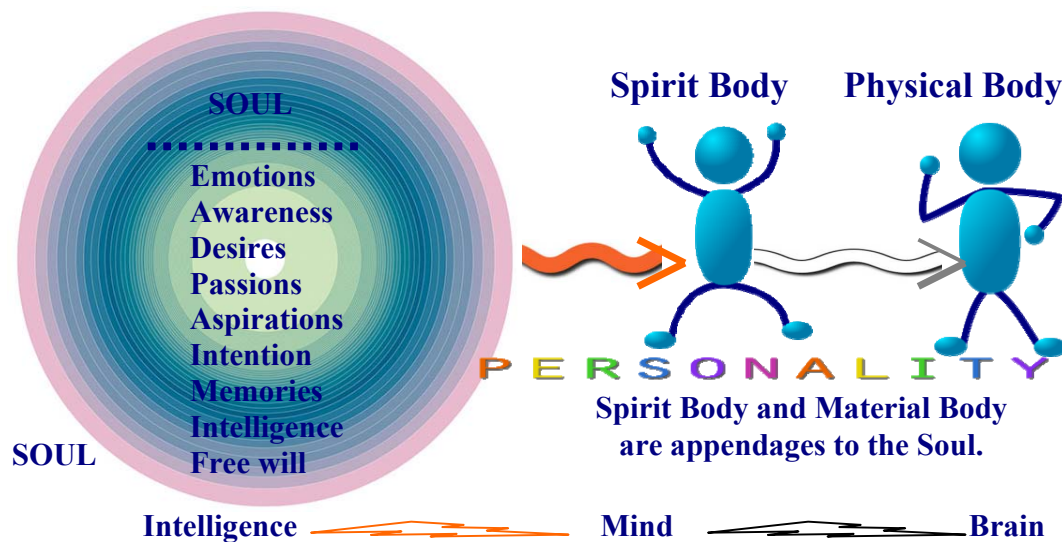
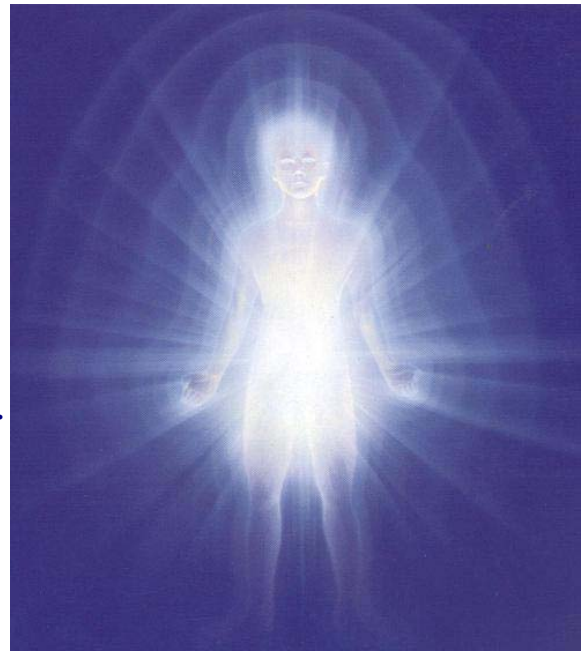
[www.keshfoundation.org](http://www.keshfoundation.org)

Published by Nuclear Engineer Mehran T Keshe from his research facilities, Keshe Foundation, in Brussels, Belgium, this book, The Universal Order of Creation of Matters, details the scientific and technical developments that he and his team have realised over more than three decades of research development pertaining to many aspects of space travel.

The core technology is the application of plasma.

The incredible irony of his technologies is the uncanny parallel of many recorded experiences of the capabilities of out-of-body travel, which is when you leave your physical body and travel with the use of your spirit body.

**Spirit body as it is frequently observed reflecting the ambience of the soul.**



**Our Personality is a feeling of God, thus creating our unaware Soul. At conception, our unaware personality (soul) forms both a spiritual body and physical body. Incarnation starts the road of self discovery, children reflect parent's emotions. Parents attract us to incarnate.**



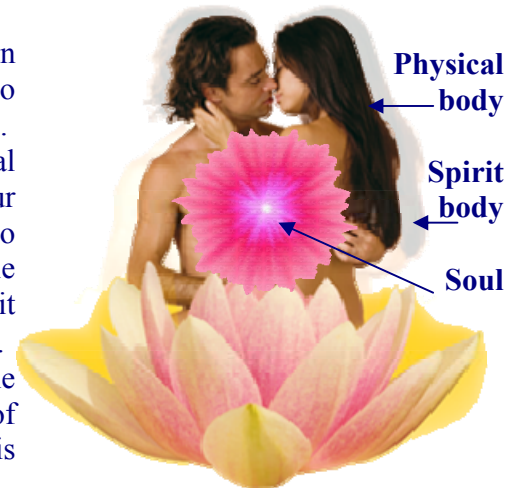


**In this physical world, many people can see the auric field around one's body, this is the reflection of the spirit body which remains attached to our soul for all time. The soul is not visible to us, nor is it visible to the spirit person with its enhanced senses. The soul, depicted below, reflects through the spirit body which continues as our vessel for future growth upon the separation from our physical body. The separation of the spirit body from the physical body results in the death of the physical body. Your personality continues with the soul and spirit body.**



### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.



**GRAPOS –**

GRAVitational POSitioning Systems – Grapos is used for lift and motion as well as guidance of a vessel or vehicle.

**MAFS –**

Matters magnetic fields or matters magnetic field and their forces.

**MAGNETOSPHERE –**

Protective field around any body, such as Earth. Interaction of magnetic and gravitation field forces in any other magnetic fields or plasma of fields leads to the creation of a magnetosphere for the entity. This coming together creates light around the vehicle.

**MAGRAVS –**

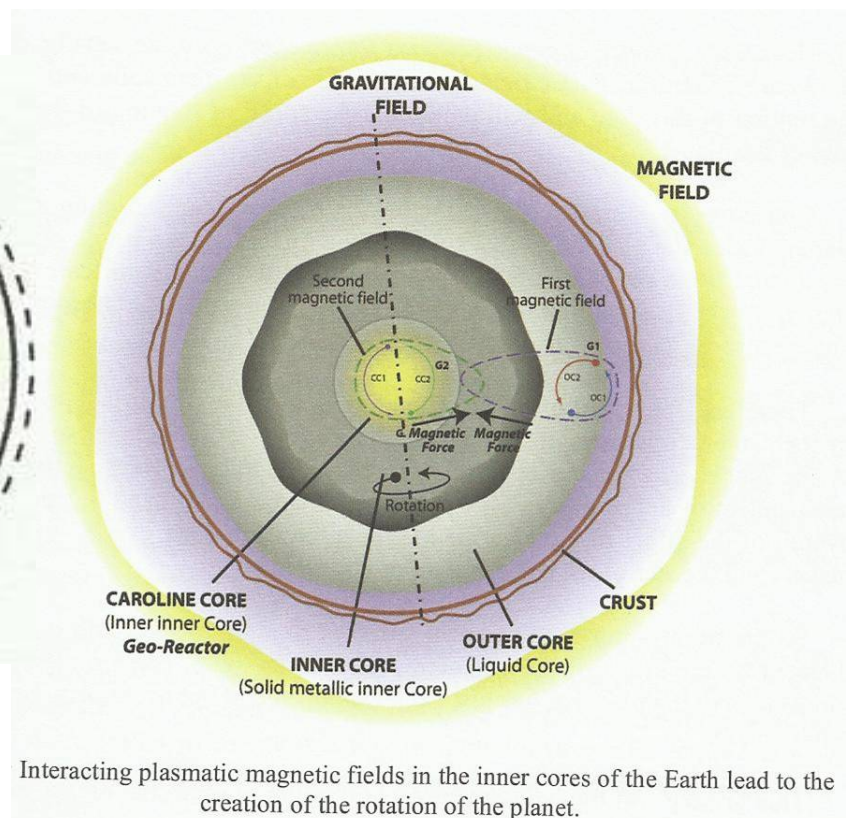
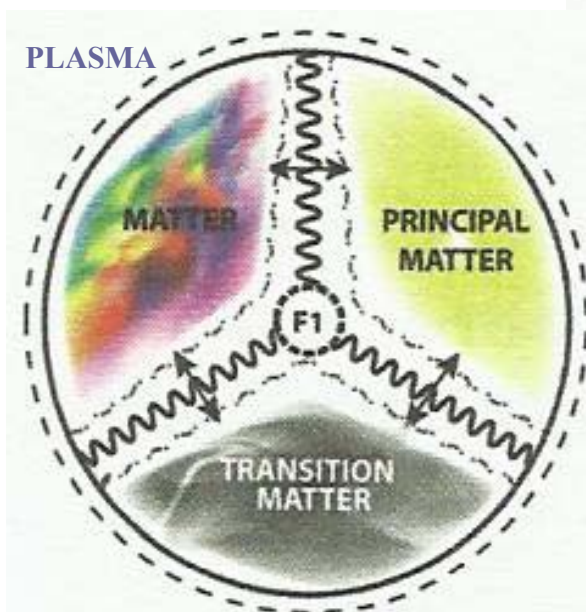
MAGnetic and GRAVitational fieldS. This is internal magnetic field, internal gravitational field of atom itself which dictates the structure of the atom.

**MATTERS MAFS –**

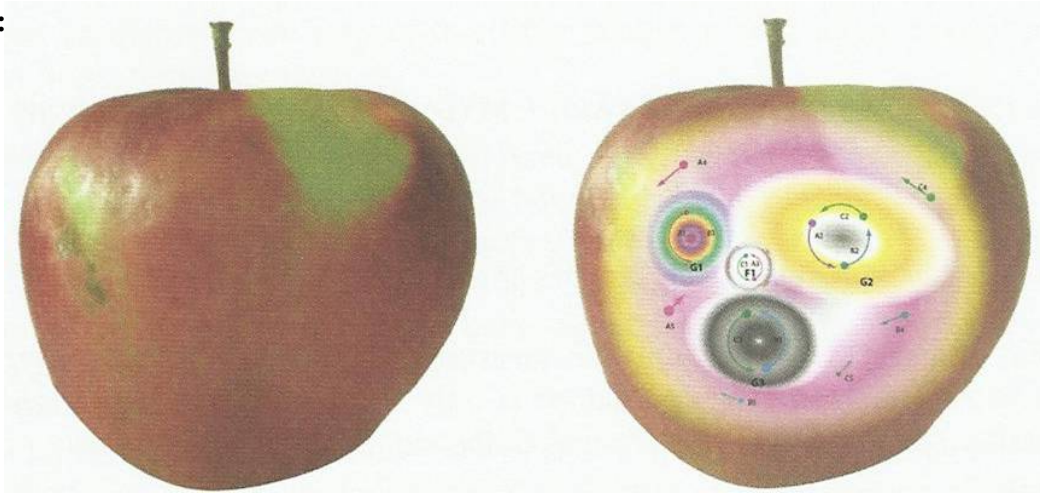
Being all three of matter mafs, antimatter mafs, and dark matter mafs which form plasma.

**PLASMA –**

**Key building block for any matter, including our body, our food, our water, our air, etc. Plasma in its collective existence is a combination of different initial fundamental matters mafs, which are created through the interaction of at least two or more of the same strength plasmatic magnetic fields of the initial fundamental particles.**



Interacting plasmatic magnetic fields in the inner cores of the Earth lead to the creation of the rotation of the planet.

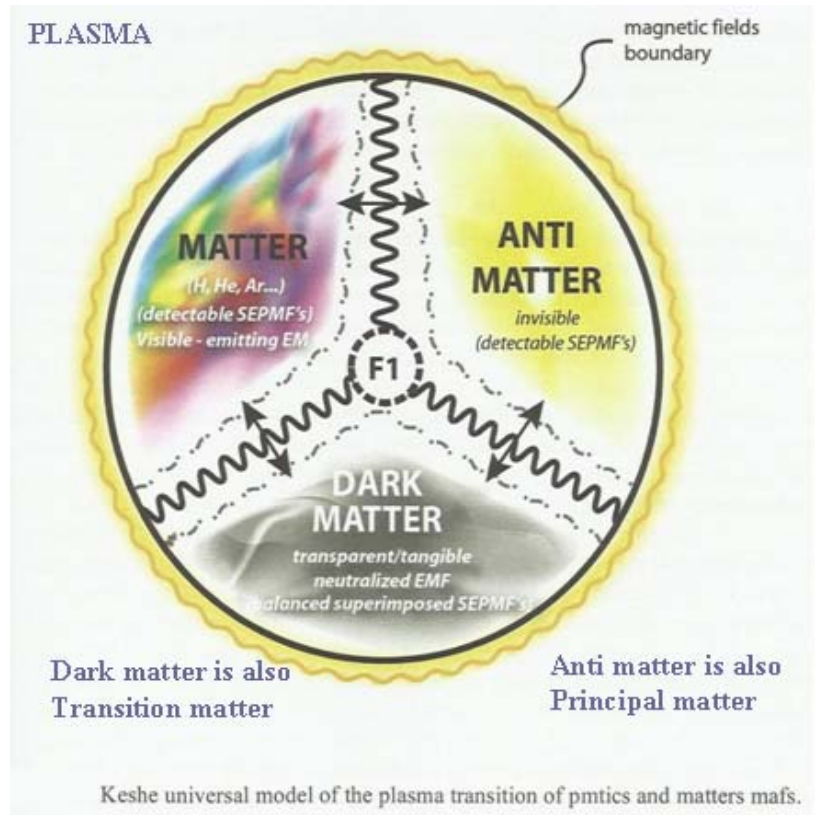
**PLASMA:**

**Newton's apple has different types of plasma of magnetic fields and plasma matter magnetic fields.**

Here the tangible apple as **matter** represents the total matter of the magnetic and gravitational fields (mafs) components of all the plasmatic magnetic fields (pmtics) of an apple. In short, the apple is a gathering of plasmas.

The **Plasma** in its collective existence is a combination of different initial fundamental matters magnetic and gravitational fields, matters mafs, which are created through the interaction of at least two or more of the same strength plasmatic magnetic fields of the initial fundamental particles.

In the universe the gravitational fields and the magnetic fields, one field cannot exist without the existence of the other and the two fields forces are produced simultaneously and through the presence and interaction of the same dynamic materials and matters mafs (matters means matter plus anti-matter and plus dark matter) in the same regions in the inner sanctum of these celestial objects.





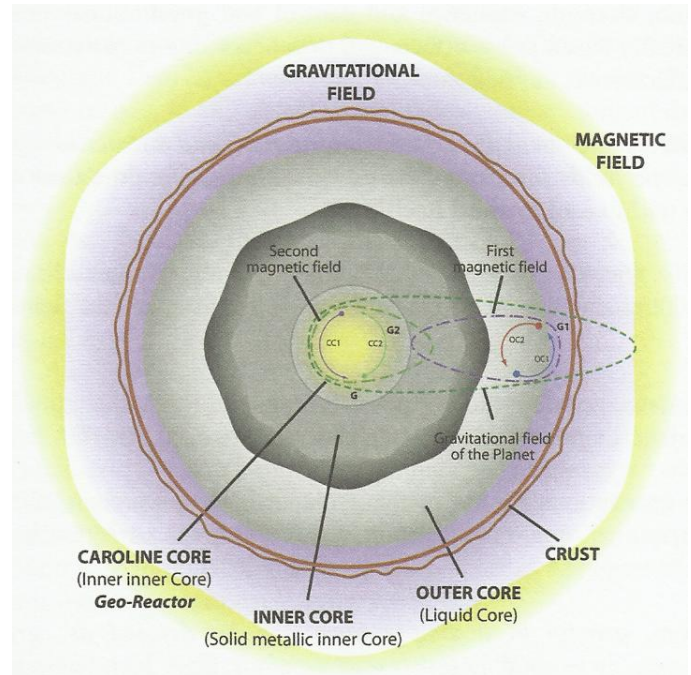
The same principles apply to a galaxy, a universe, a star, a solar system, a planet, a cell within our body, to an atom, etc.

The dynamic outward magnetic fields forces of planets and stars are created by interaction of the same materials and in the same layers as their dynamic inward gravitational field's forces.

Gravity is the measure of the interaction and attraction of two or more magnetic field forces or dynamic plasmatic strengths that a system can create within and around itself.

Plasma is in possession of all three states of matters mafs, these being matter mafs, dark matter mafs and antimatter mafs.

It is the understanding of how matters (gases, liquids, and solids) and matters mafs (matter mafs, antimatter mafs and dark matter mafs) as part of the fundamental elements of creation move in the universe that is revealed within Mehran Keshe's publications.



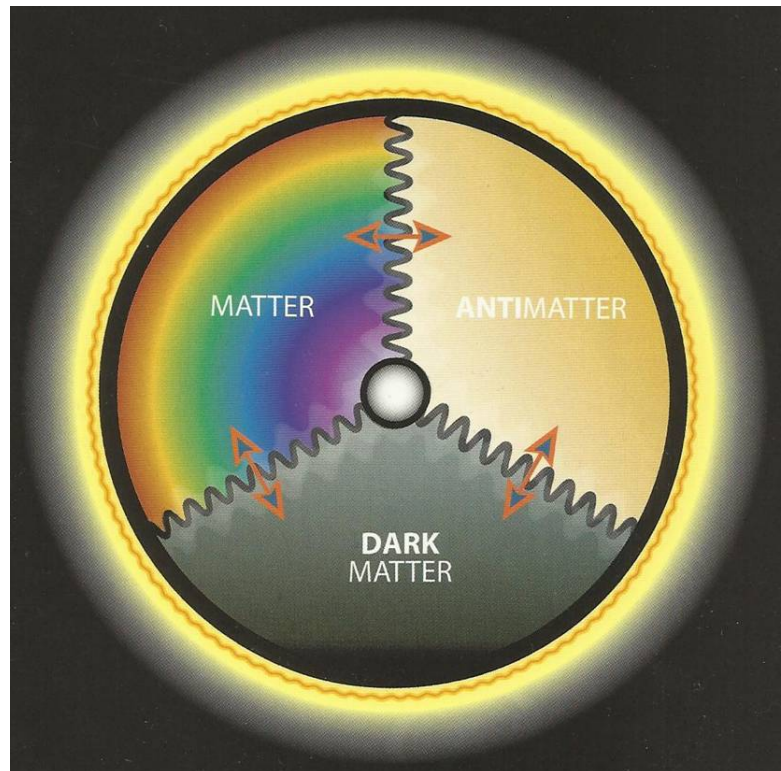
[www.keshefoundation.org](http://www.keshefoundation.org)

Plasma consist of matter, antimatter and dark matter:

Plasmatic magnetic fields are considered to be a collection of near similar dynamic rays of similar magnetic fields strength and plasmatic magnetic fields are referred to as 'pmtics'.

Plasmatic refers to a 'collection' of dynamic magnetic fields, and not to the state of plasma in its common term as used to refer to a physical structure state of dynamic protons.

Magnetic field forces are referred to as mafs. Matter mafs is one of the three parts of plasma, the three parts are matter mafs, antimatter mafs, and dark matter mafs.



This diagram clearly identifies plasma as our key building block for the human body.

And the same dynamics and structure apply for our solar systems.

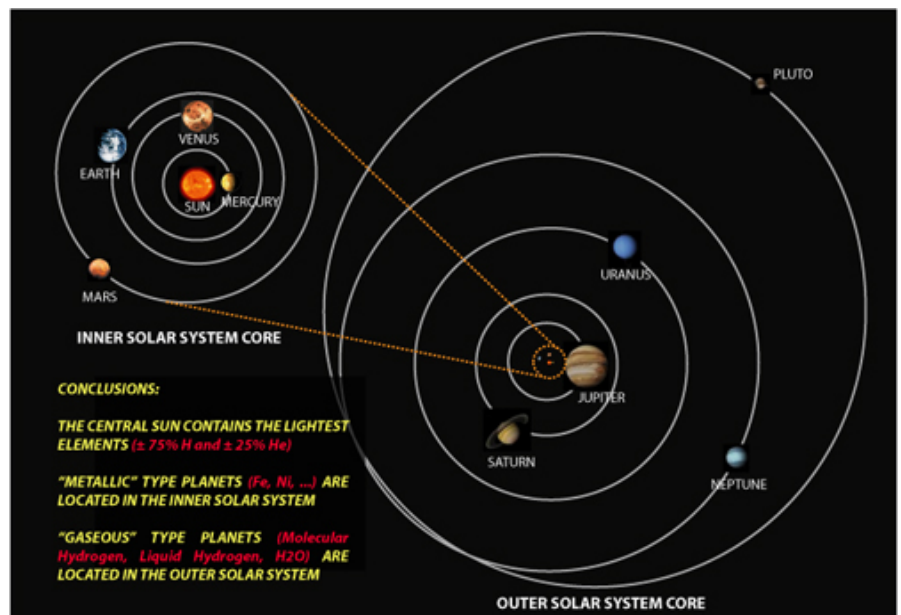
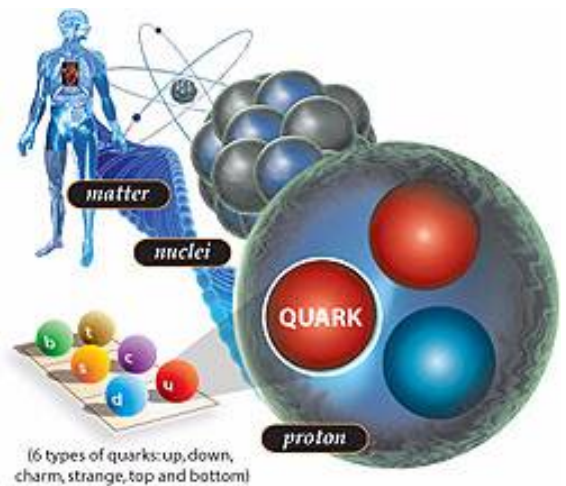
Note that quarks, namely matter, anti-matter, and dark matter, make up the proton which is plasma.

This is not alchemy. **Up to now we have three states of matter, now we can identify four states of matter. These were solid, liquid, and gas. Then it was considered that plasma was the fourth state of matter.**

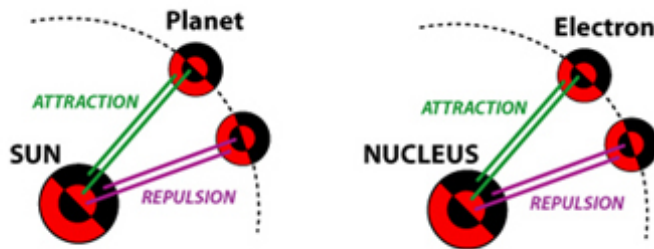
**The fourth state of matter is what Nuclear Engineer Mehran Keshe refers to as gas at nano-state.** Because the liquid, solid, and gas are environmentally dependent. Now that we understand the creation of reality, and the field of magrav (MAGnetic and GRAVitational fields). This is the internal magnetic field and the internal gravitational field of the atom itself, which dictates the structure of the atom. So you can have CO<sub>2</sub> (carbon dioxide) as a solid at minus 400°C and you can have it as a solid at 1,000°C or 10,000°C. Because we now have the understanding, you can now change the gravitational magnetic field of the atom, and the atom can be solid at any pressure and/or temperature.

The gans of matter is the state of matter where the atomic gas of matter becomes the single solid atom of itself or what we have called “the gas in nano state of matter” (in short “gans”) of the same element.

If you say this is crazy just think one second. Just pinch your own body. We are made of gases of oxygen, nitrogen, carbon, and hydrogen in gans state of matter. The four masses. We should be a balloon. But our body in Earth's gravitational system has learned to change gases into solids, which is our body. So now for the first time we learn how our body changes matter energy into gas, and gas into solid which is our body. This is a new discovery. This is what we did not know. That is why we can sit in front of a fire, very hot, but do not disappear, do not evaporate. That is because our body works on its internal gravitational magnetic field of the matter. So this is the fourth state of matter Keshe Foundation has discovered. This is important because with this technology, we can take the CO<sub>2</sub> (carbon dioxide) you breathe in space, convert it to a solid, and feed you with the energy you need. I do not need to carry storage, because your digestive system needs something to go inside it.



**DOUBLE MAGNETIC FIELDS**



*Simplified image as Double Solid Magnets  
These effects happen however on  
loosely-bounded molecular level.*

*SIMILARITY FUNDAMENTAL PARTICLES  
Fields shown as Double Solid Magnets*

Double magnetic fields rule the interaction in and between atoms, and the specific properties of molecules. The nucleus attracts and repels the electron at the same time, that's why it maintains its distance.

We have now understood that the 'old' inner core of the Earth possesses some hydrogen and other elements which act as a semi-fusion plasma reactor, thus a geo-reactor. Inside, currents create a basic magnetic field which is superimposed on the already known magnetic field of the known cores. There are a number of other aspects in the concept of our solar system that can be reproduced in the design of new plasma reactors.

These newly understood phenomena can be utilized and replicated in manmade plasma reactors. Three international patents have been filed, covering more than 300 potential methods and further aspects of this new technology. There are also working prototypes which confirm the theoretical insights given on this website.

**EARTH**



**CLOSED ECOLOGICAL SYSTEM**  
**LOCAL AREAS OF UNBALANCE**  
**GLOBAL BALANCE**  
**SELF-SUSTAINING PROCESS**  
**INSIDE SEMI-FUSION REACTOR**  
**IN THE CENTER (Caroline Core, ± 8 km)**

HEAT, EM-FIELDS, G-FIELD, CYCLIC EFFECTS  
 SLOW (INNER) & FAST (SURFACE) TURBULENCE  
 TRANSFORMATION OF ELEMENTS

**KESHE REACTOR**



**CLOSED ECOLOGICAL SYSTEM**  
**LOCAL ZONES OF UNBALANCE**  
**GLOBAL BALANCE**  
**SELF-SUSTAINING PROCESS**  
**INSIDE PLASMATIC STATES**  
**IN THE CENTER**

HEAT, EM-FIELDS, G-FIELD, CYCLIC EFFECTS  
 SLOW & FAST TURBULENCE ->  
 CURRENT, TRANSFORMATION OF ELEMENTS

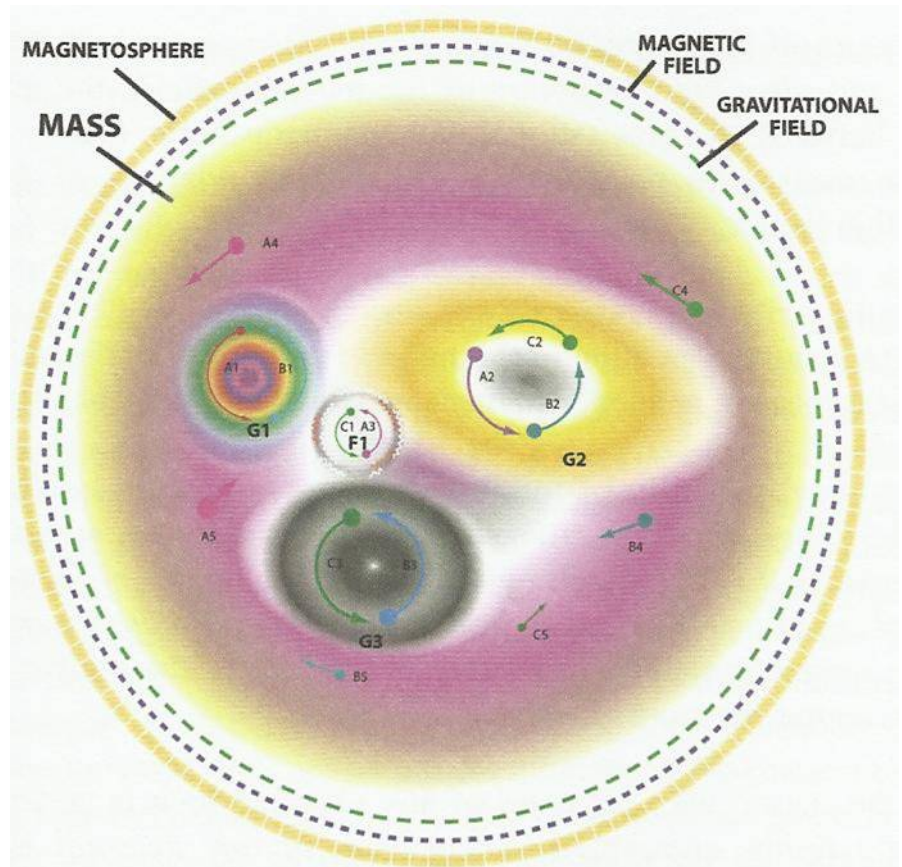
Keshe plasma reactors have also a closed system with their own ecology similar to Earth.

Keshe reactors can be used in various fields, as super-efficient energy generators, anti-gravity systems in space and aircraft, in CO2 clean-up, for the creation of graphene for nanotechnology and the powering and cooling of micro-electronics. Cars, household appliances and electronics can also make use of these independent long-lasting energy sources, using smaller scale versions of this type of plasma reactor.



Creation of light through the interaction of plasmatic magnetic fields (pmtics).

As the plasmatic magnetic fields of the magnetic gravitational forces (Magravs) produces and released by the Sun reaches the boundaries of the Earth's magnetic gravitational plasmatic magnetic fields (Magrav pmtics), these two plasmatic magnetic fields of magnetic gravitational fields collide with each other at the edges of the Earth's upper atmospheric levels, where these interactions lead to the creation of the plasmatic magnetic fields interface of the magnetosphere of the planet. This magnetosphere of the Earth is partially produced at the same time with respect of the other



surrounding plasmatic magnetic fields of matters mafs and other plasmatic magnetic fields in the solar system as well as the collision with plasmatic magnetic fields of the Sun.

The light generated in the sector of the planet facing away from the plasmatic magnetic fields of the magnetic gravitational fields of the Sun, in interacting with the weaker plasmatic magnetic fields of the dark energy of space around it, due to the weaker plasmatic magnetic field strength of these plasmatic magnetic fields of dark energies in space and the same constant plasmatic magnetic fields strength of the Earth in this sector weaker strength plasmatic magnetic fields residuals are created and released, hence the appearance of the darker sky or the night light.

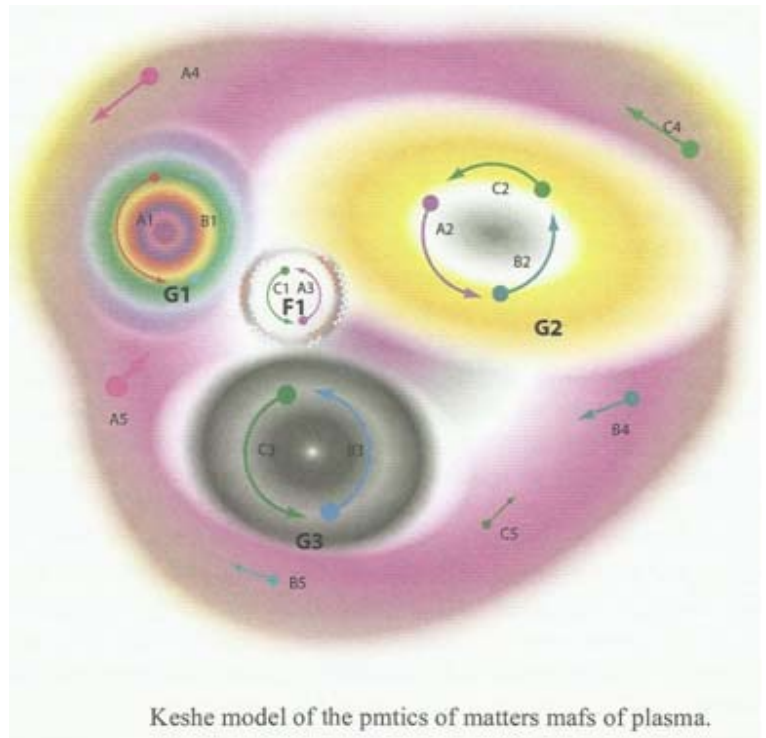
It is not correct to consider the speed of light to be the ultimate speed of motion for any plasmatic magnetic fields of matters mafs (matter, antimatter and dark matter that makes up a plasma cell) environments existing within the universe. It is conceivable that plasmatic magnetic fields can fuse and that their plasmatic magnetic fields can increase in strength and consequently they can increase their speed.

The plasmatic magnetic field strength and the speed of plasmatic magnetic fields is environment dependent and there are no limits in their lower or higher orders of magnitude. Generally as long as plasmatic magnetic fields can interact then they can add to their pmtics (plasmatic magnetic field) speed or lose their speed.

### PLASMA FEATURES:

Due to the existence of magnetic and gravitational fields (Magravs) of the plasma components, the initial fundamental plasma maintains an independent overall magnetosphere with respect to its surrounding environment. Thus the internal balanced magnetic fields of the neutron do not mean that the neutron does not possess Magravs with respect to its outside environment.

Plasma generators enable a vehicle to hover, and also travel at great speed.



<http://www.flixxy.com/volkswagen-levitating-car.htm>

## **MATTER PROPULSION TECHNOLOGY:**

Chapter 22, The UNIVERSAL ORDER of CREATION of MATTERS by Mehran Keshe

The present matter propulsion systems that burn fuels have to fight and to overcome the Magravs (magnetic gravitation fields) of the planet for lift and motion. This we see in the rocket propulsion space technology of today.

In the matter systems, like the propulsion systems, power stations and cars use the fundamental principle of burning matter to release its energy and convert this energy from one form to another to create motion and energy. This technology has always delivered limited energy, and due to the bulkiness of mass and weight of the fuel that has to be carried by systems to achieve their objectives, these systems are payload dependent.

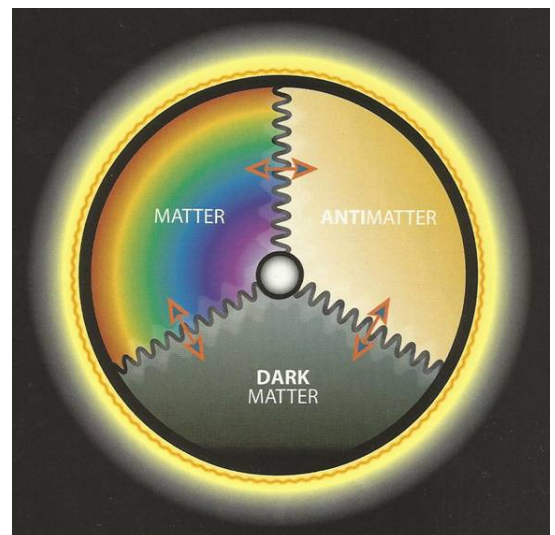
The matter system uses the matter mafs part of plasma, the weakest and least energetic part of the plasma. By their nature as has been seen in the past, matter systems create different types of waste, like CO<sub>2</sub>, nuclear waste, and so on.

### **Matter mafs Gravitational Technology**

The matters mafs Magravs system uses the properties of all the matters mafs (magnetic field forces) in plasma to create motion, lift and energy without destroying the characteristic of the matters mafs, and the system works within and through the magnetic field and gravitation field of its environment to attain position and motion. One can achieve more working within than fighting against the Magravs of the planet.

In the present state-of-the-art technologies, the matter components are always considered for their physical action and reaction, and not for their matters mafs fields' components.

The Magravs system use the properties and interaction of all the initial fundamental particle properties of all matters mafs within the components of the fundamental plasma, matter mafs, antimatter mafs and dark matter mafs. There is no need to "react" as in the matter processes; since the system works within and is part of the same magnetic fields based system and works through universal natural forces. Therefore there is never a need for reaction for motion, as the system always magnetically balances itself with respect to other magnetic fields forces.



These reactor systems are developed to function in the same way as the interaction of the initial fundamental particles leads to the creation of Magravs for the motion of matters mafs through the Magravs positioning principle in the universe.



In these systems, there is no destruction of matter mafs, since the system can use matters mafs pmtics properties for the enhancement of Magravs positioning for the creation of motion and energy and so forth.

Plasmatic magnetic fields are considered to be a collection of near similar dynamic rays of similar magnetic fields strength and plasmatic magnetic fields are referred to as 'pmtics'.

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Magnetic field forces are referred to as mafs. Matter mafs is one of the three parts of plasma, the three parts are matter mafs, antimatter mafs, and dark matter mafs.

This method of using matters mafs creates heat, if it is needed from a system.

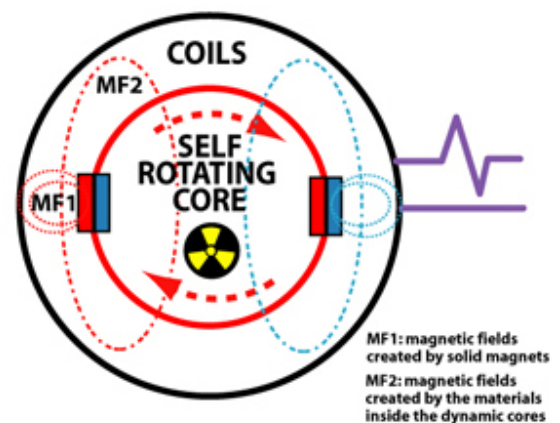
As has been observed, stars create massive heat to create a vast amount of energy and Magravs forces. Through tests it has been proved that in creating motion and energy by the use of Magravs forces, these systems create effects that are temperature independent.

When the Grapos (gravitational positioning system) is used in atmospheric conditions, through the principles of the creation of plasmatic Magravs within the cores of the reactor and their interaction with the plasmatic Magravs of the planet, the interaction of these two Magravs leads to the creation of a magnetosphere around the system. Further more the interaction of the plasmatic Magravs of the system and the planet's Magravs always leads to the creation of light around the system. This light is created through the principle of interaction of two plasmatic fields. This is exactly how the magnetosphere of the Earth is created with respect to the Magravs interaction of the Earth and the Sun, and is the same principle as for the creations of the daylight seen on Earth.

The magnetosphere created around the Magravs system can be a spherical or oval bright light in shape depending upon the speed of motion and protection chosen by the operator.

In the universal systems like stars, their Magravs forces are fixed by their initial matters' contents in their inner cores at the point of the inception of the star, and the Magnetic fields strength they generate for the production of their Magravs strength, once it is set for the star, cannot be changed arbitrarily to achieve different Magravs strengths for the stars.

However in the Grapos reactors developed for the motion of crafts, the Magravs parameters of these reactor systems can be changed and manipulated according to the position, speed, energy and so forth required of the system by their components.



## KESHE GENERATOR

In these systems the reactor-operator dictates the Magravs strength of the system, therefore he decides the speed and the position of the craft at any position in space with respect to another Magravs system, such as the Earth surface or a given distance from the Moon or galaxies.

Interestingly enough, all these effects of motion are achieved even though the system uses the same fundamental methods and matters mafs as in the cores of the planet or star that the system is operating within or aiming for.

Thus, wherever the Magravs principle reactors are used for flight in a system, as in a planet's atmospheric condition, the natural outcome of the interaction of the two pmtics Magravs of the environment and the reactor's Magravs is the appearance of and creation of natural light around these flying systems. Thus the same Magravs positioning systems can be used to produce lamps that can create light for years without needing to burn any fuel or consume electricity.

Simultaneously, in a dense plasmatic magnetic fields environment like the Earth, when the Grapos are used for motion and lift, due to the interaction of the pmtics Magravs of the Earth and the system, these systems will produce their own magnetosphere around them. This magnetosphere light intensity is dependent on the reactor Magravs strength and through the principle of interaction of two pmtics of plasmas, these magnetospheres will cause the creation of bright light around these systems in the Earth's atmospheric condition. The brightness of the magnetosphere around the system with respect to its surrounding pmtics strength will be dependent on the strength of the plasmatic magnetic fields that are created by the Magravs positioning reactors, and with respect to the systems' position, considering that the plasmatic magnetic fields of the Earth are constant.

Thus the confirmation of systems using Magravs positioning technology for motion in dense atmospheric conditions like the Earth's will be the appearance of bright moving lights in the Earth's atmosphere or any given atmosphere or medium in the universe. In dense atmospheric conditions, these Magravs systems will appear to be a shining bright light floating in air, either at high speeds or stationary.

In some literature, systems that use Grapos for motion and appear as bright lights in the skies from an unknown source have been called Unidentified Flying Objects, also called UFO's. Now that the method by which these bright lights in the sky are produced and their operation is understood and known, these craft are no longer Unidentified Flying Objects.

However, in reality it is now interesting to see who the users of these systems are. Whoever the users of these Magravs systems may be, this does not necessarily mean that they are at a more advanced scientific level than the human race in its present scientific and technological evolution. This simply means that they have managed to

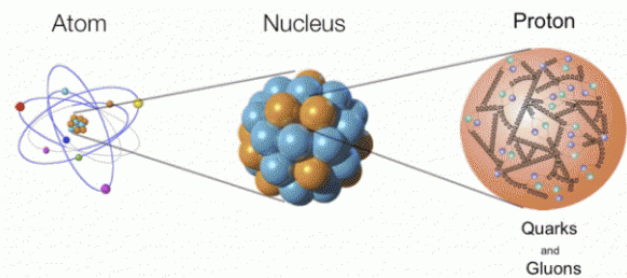


harvest the principles of plasmatic magnetic fields and constituents of matters mafs some time before the human race.

Now that the technology and the principles behind the plasmatic Magravs positioning fields are open to the human race, it is not hard to see that interaction with the users of these bright lights will be inevitable and will only be to man's advantage, to help man to reach new levels of understanding about his universe.

In tests, the effects and bright light created by the use of these reactor systems, which have been developed and tested for weight reduction and lift, has been noted. The interference with radar and radio frequencies during tests of these Magravs positioning reactors were videoed and recorded in August 2008. This confirms the origin of the motion of these systems to be on a plasmatic magnetic fields basis, as the systems Magnetic field operation interferes with radio waves, which are magnetic field based entities.

NASA has done tests on this type of magnetospheric condition and motion system, on a miniature scale, in advanced concept projects known as the MIN-magnetospheric plasma propulsion project, called M2P2. They have achieved this by using argon gas up to this stage. They hope to be able to finance the project to reach helium and then the use of hydrogen as base material in years to come. They may then use the plasma of hydrogen atoms later as they progress in gaining knowledge in 30 to 50 years and if they have the budget. However this is still one of the theoretical approaches for some space organisations.



Some institutes are looking to antimatter mafs as the “fuel” for propulsion systems of future space programs for NASA. If they redirect their attention into the properties and the effects of the antimatters mafs that they have gathered by now, they can achieve the same results as have been seen and tested in the recent Magravs systems reported on our Keshe Foundation web site, for which patents have been applied.

Through the understanding of the real forces in operation of the universe, the Magravs positioning reactors are simply years ahead of their time.

Keshe Foundation Magravs positioning reactors are not in a mini-scale dimension as NASA's project has tested and envisages at this moment in time, but these are in several sizes, which can create controllable size magnetospheric conditions, as the operator of these simple systems sees fit the purpose.

In the near future, these Magrav systems will replace the propulsion systems that have been used for space exploration and air travel (planes without the need for wings, nor will they need airports, if need be they can hover and never touch the ground).

The advantage with the matters mafs powered Grapos is that these systems create a magnetosphere around the reactor system. This is the same natural magnetic protection barrier for the future spacecraft



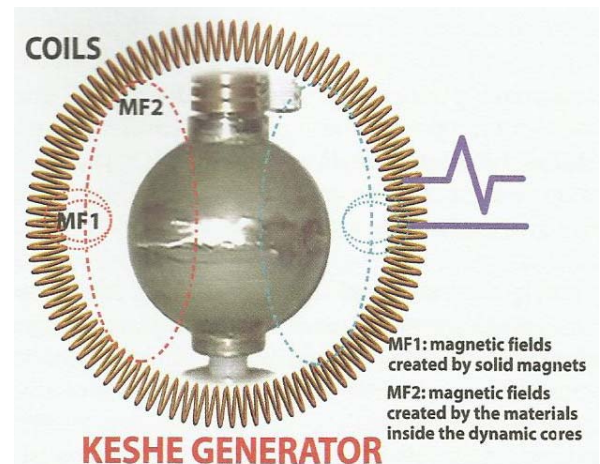
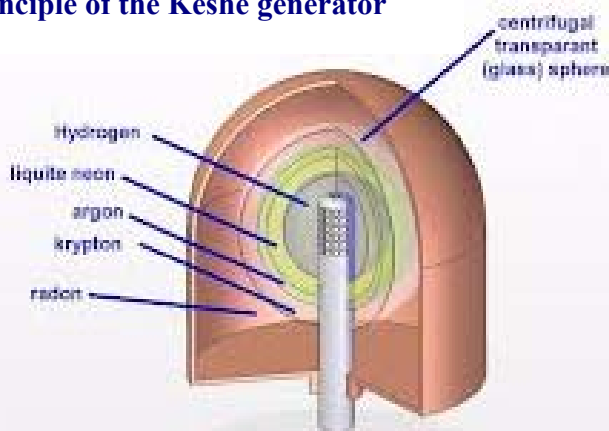
as the magnetosphere around the Earth has been, protecting man from space debris and cosmic radiation for billions of years.

These systems' magnetosphere protection capabilities can be used to protect the craft in deep oceans from water and the craft can be used like the submarines of today, with the difference that these systems' magnetosphere will allow these craft to reach the deepest parts of the ocean floor without any problem, just as they can reach any depth in the liquid planets in the universe.

The magnetosphere generated by Grapos will create magnetic shielding at matters maf's level of the plasmas that can be used to pass through materials like ice without melting their matter(s). By simply diluting the ice matter maf's(s) as plasma levels as in the plasma dilution reactors in these conditions the craft will seem to come out of nowhere and leave no holes indicating the position of the exit from the ice by the spacecraft. If observed from the distance these craft will be like bright lights shining and jumping out from the ice-covered sea surface.

These plasma dilution Magravs positioning systems, by the use of matters maf's, will be the only solution for plasmatic saturation, once these craft pass and go through cosmic dusts, as they temporarily disentangle the Magravs of atoms and plasmas of these cosmic dusts by just diluting the components of the Magravs of the matters maf's of cosmic dusts with the Magravs of the craft's protective magnetosphere, and the craft will pass through the dust matters as if they were not there.

### Principle of the Keshe generator



The Keshe generator, reactor generated plasmatic magnetic flux, which is perpetual and dynamic and can generate power for years in a coil structure system.

## 'Aliens Exist' Says Canada's Former Defense Minister

Paul Hellyer, former Canadian defense minister, went on television and declared that not only do aliens exist but that they walk amongst us and are responsible for some of our modern technology. 6 Jan 2014

[http://fusion.net/modern\\_life/story/aliens-exist-canadas-defense-minister-358002](http://fusion.net/modern_life/story/aliens-exist-canadas-defense-minister-358002)

**INSIGHT into the FUTURE:**

Chapter 28, The UNIVERSAL ORDER of CREATION of MATTERS by Mehran Keshe

Using the newly acquired knowledge, one can look into the future and say that the struggles of the past will bring beautiful fruits of creation for the future of man.

From understanding the operation and relation between magnetic fields within any structure, be it an atom, molecule, or even a star, it is evident that different types of life can exist in all forms in all corners of the universe, and through other matters than the nitrogen based protein chain of the human race, other beings with their different plasmatic magnetic fields can operate through the same principles as the human protein chain. These creatures through the balance of their plasmatic magnetic fields configurations can and do exist in the spans of universe. In fact their protein chains with different matters than nitrogen could be more efficient in the use of passive plasmatic magnetic fields (pmtics) from the soup of the universe than the humans' protein chain.

These beings might have a different colour of liquid distribution medium than man's red blood, but this does not necessarily mean that they are any different from man in essence.

For example, if the liquid of life for these creatures of God have potassium as the base element instead of nitrogen, or a mixture of potassium and nitrogen, then this liquid can function as well as or even better than the nitrogen-based protein of human blood for converting and using the matters mafs and matters in the universal soup of supplies. Even these beings' protein-based cells might be more efficient for the conversion and use of the passive pmtics of the matters mafs of the universe. This efficiency could mean more and different comprehension, intelligence and brain structure, etc. Thus the difference between these creatures and man could and will be only the colour of the liquid medium system in their bodies.

Potassium, in combination with the pmtics of matters like the hydrogen and oxygen mixture, in the vacuum condition of system in the Earth atmosphere creates a greenish pmtics magnetospheric interface colour. To man's protein-based perception, in the light absorption spectrum these creatures with potassium-base proteins can be different in colour. Thus the liquid of life of these creatures in its interaction with Earth's atmosphere pmtics will create blood of a different colour than red human blood. Even in their external appearance they might be or reflect the colour of their blood.

In reality as different planets have acquired different matters due to the matters mafs magnetic gravitation fields (Magravs) strength of their base materials at their inception in their galaxies, and may not have nitrogen or potassium as the base for what is called their protein for cell production to sustain life in their medium, in man's journeys into deep space to these planets and zones, he will come across creatures of different intelligence, colour, size, transparency and shape. Man has to understand that the level of intelligence, colour of skin or blood and shape of these beings in the universe can be and are as intriguing as he is to them in home base with his red blood of Earth.

What is important is that these creatures with their pmtics balance protein chain could have a different passive magnetic fields level of virus tolerance than man has in the Earth atmosphere pmtics condition.

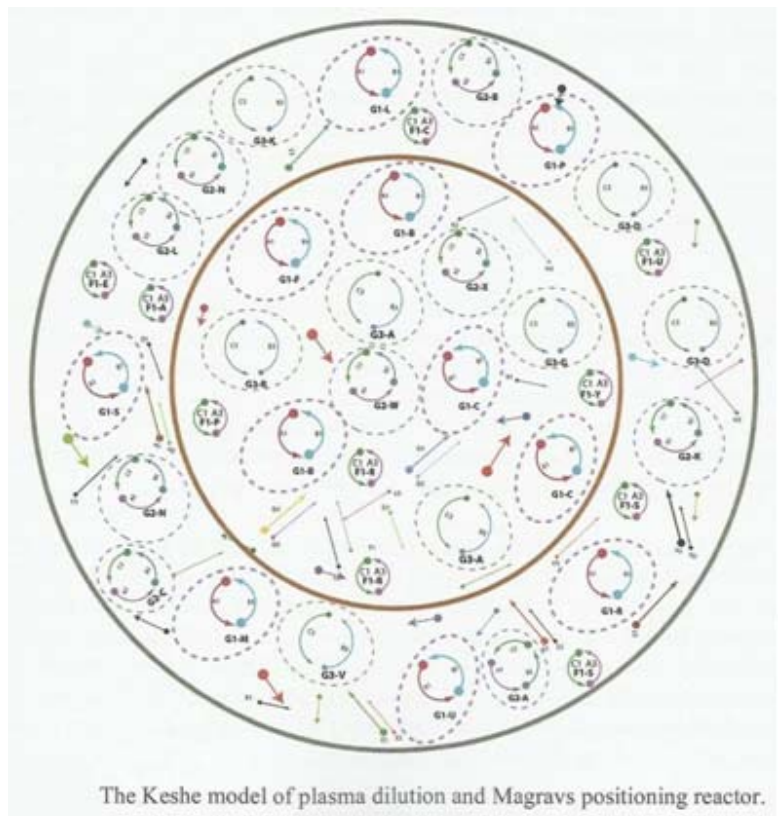
From this point on in the journey of man in the universe, the prejudices of colour of skin and nationhood will have no meaning. From this point on the colour of the blood is only the means of indication of the origin of point of life reference and nothing more and nothing less.

In the short term for the future one can envisage that the implications and applications of the transition of matters mafs will be the key to the survival of man in the hostile environments of the universe. If this technology is understood fully, man will be able to conquer the control of most of the forces within the universe and use them to his advantage. The use of the transition states of matters mafs are such powerful tools for science for the future that if their applications are harvested in full, most diseases of the present and future can be eradicated. Through the appropriate use of this knowledge, man can use the pmtics strength to free himself from most ailments, by producing the right pmtics strength equal to his protein level configuration, to reset the cells in his body to their right and original pmtics strength of operation, without swallowing a single tablet.

For example, man can produce enough food from the initial plasmas of the universe with the need for soil, simply by converting the initial plasma to the atoms and molecules of the proteins and vitamins that he requires, at the point of demand, anywhere in the universe, as food itself is made of and originates from the conversion of different dynamic pmtics strengths. Where at present the plants and animals do the conversion for man by absorbing the pmtics strength of the sun and converting these different pmtics strengths to vitamins and proteins for man's consumption for his survival, the plasma dilution reactor can do the direct conversion of what animals and plants do for production of pmtics strength in levels that can be used by humans, and can have the same effect and give the same pmtics amount and strength needed by the different cells in the human body.

At the same time by the use of plasma dilution reactors, there will be no need to carry all of man's physical requirements with him into space, like oxygen, water, food or matters for his colonisation of planets and space. Man will be able to convert matters mafs-to- matters through fusion technology using plasma dilution reactors in space as he travels, and produce what he needs at any given point in space.

Man can produce **any** material from the initial plasmas absorbed from the environment of space, he can produce any matter mafs or matters at the point of demand, be it an atom of hydrogen, oxygen, water, protein molecules, leaves of gold or sheets of steel. The craft of the future will not need to carry any raw basic materials for the production of parts into space. Man can produce materials for the





construction of permanent habitation zones at any point in space and any planetary environment, through the use of plasma dilution and gravitational positioning systems (GraPOS) reactors.

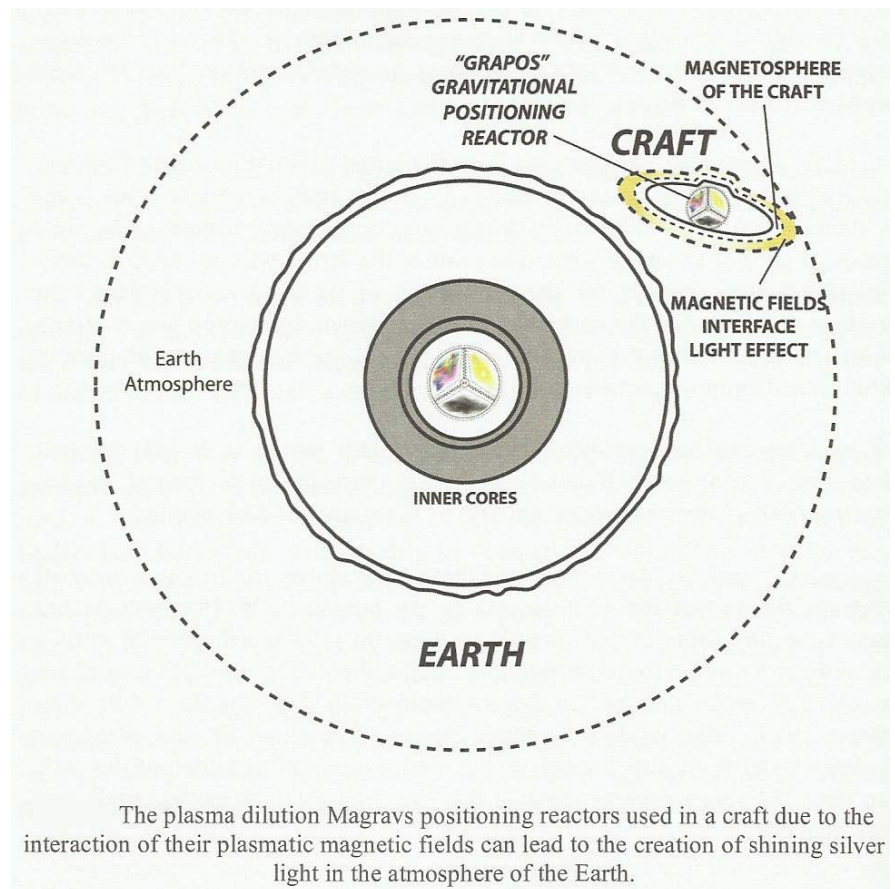
Systems can be developed that even in dark matter mafs gravitational field forces can produce balanced pmtics strength with respect to the environment, so that the system appears as the source of dark energy.

Systems can be developed that have the ability to produce internal Magravs (magnetic gravitational fields) forces that can be tolerated by the human body. However, at the same time, the same system is able to generate a balanced external pmtics strength with respect to its surrounding environment. These pmtics created by the system can be matched to the environment so that they do not have to interact with other systems' pmtics forces (like those of the planetary system's magnetic fields forces), so the pmtics around this region of the craft can have the appearance of systems that can produce dark matters mafs and dark energy.

However in one instance, by creating the balanced pmtics with respect to the environment, the systems that have been physically visible in one position in a given space, without a change of position, suddenly become dark or translucent with respect to their environment. In these systems and condition of operation the interaction between the balanced pmtics strength of the system and the fields of the planetary system can be brought to match without the system ever moving, thus giving the impression that the system has moved to another position.

New systems can be developed that can produce instantly as much energy on demand, in temperature and pressure independent conditions, anywhere in the universe. In possession of this new knowledge and technology, man can free himself from the shackles of the Earth's gravitational field forces.

Through understanding the methods of creation and control of pmtics, man can produce his own controlled protection Magravs magnetospheric conditions within and around the craft, with the use of plasma dilution Magravs position reactors. These magnetospheric field forces will be similar to the Earth's Magnetic field strength or similar to the magnetosphere of the election around its proton.



The Matmags of transport for the craft of the future can be gathered from the plasmatic magnetic environment of the universe.

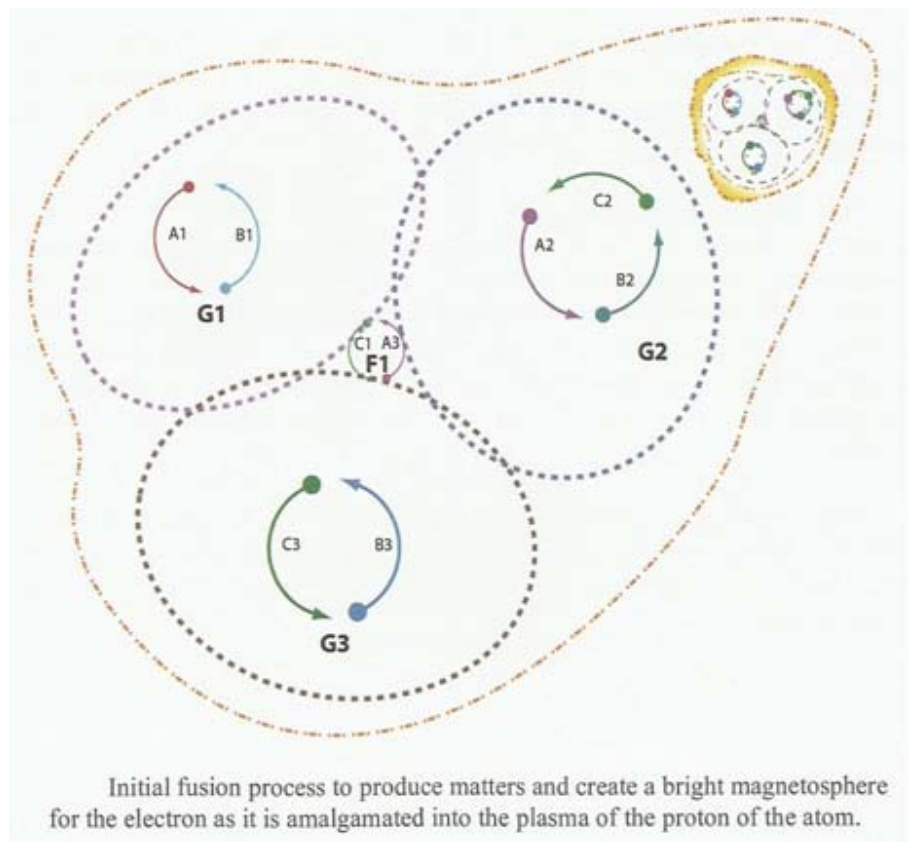
When Keshe Foundation works with matter maf(s) for space technology the term "fuel" is not applicable, therefore the use of the term "MATter MAGnetic Supply" abbreviated to "MATMAGS" is more appropriate.

The Magravs positioning systems (Grapos) can be used as much in a plasma, on Earth and in space as they can be used in deep liquid environments and galaxies, irrespective of the pressures and temperature around the craft.

Our hope is that this technology cannot and will not be allowed to be utilised for destruction, killing and damage to any environment or against any of God's created matters mafs and creatures, whether in possession of intelligence or not.

God help man with this knowledge so that man will find peace within himself and with others.

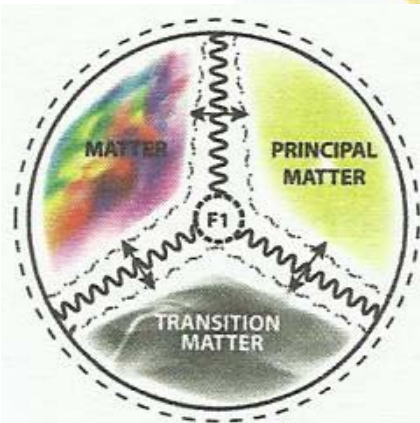
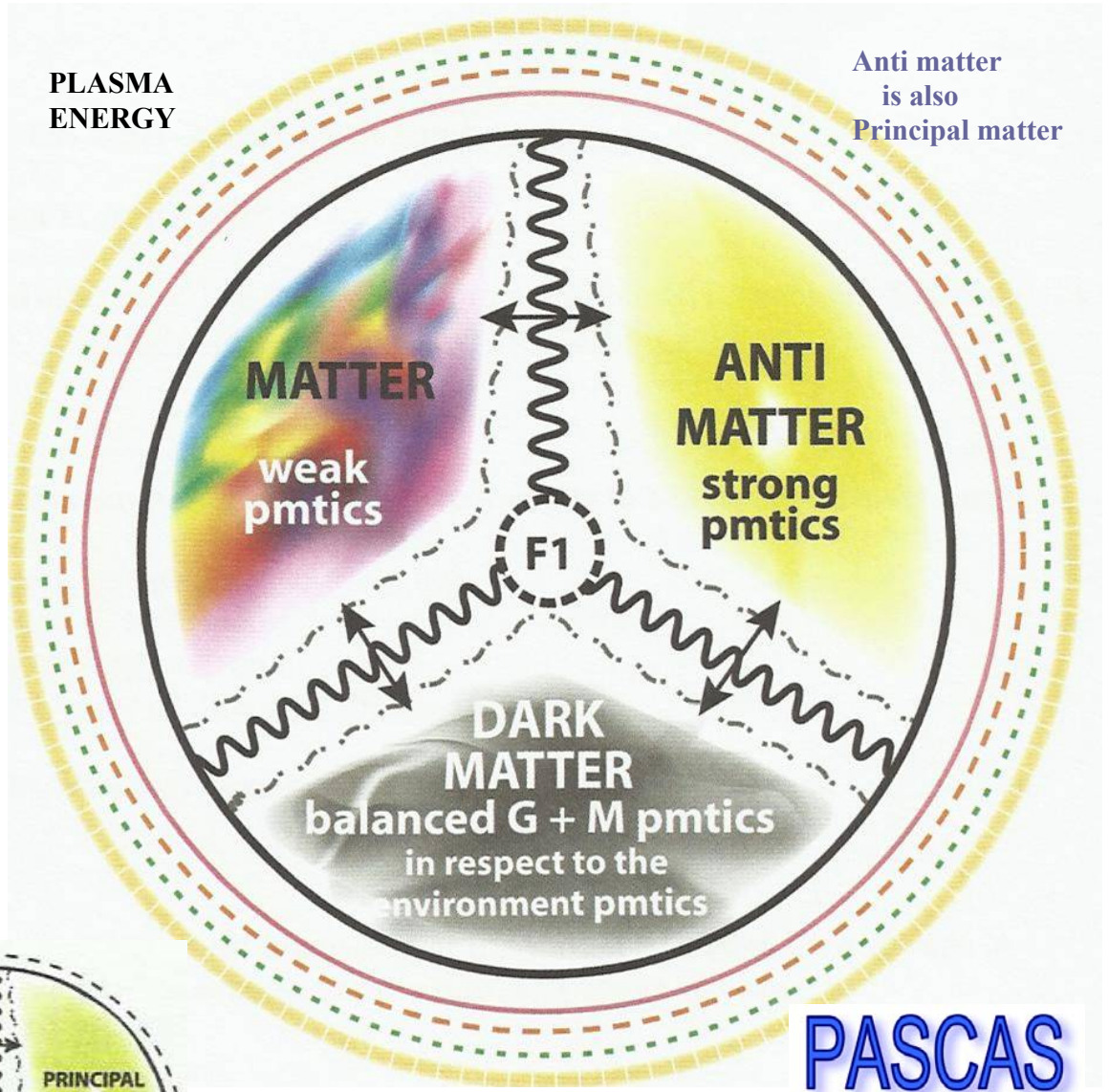
As for man's weakness, his greed and his hunger for power and control, soon he will come to be taught the lesson that there is no forgiveness for the ones who misuse this knowledge and technology for harming others.



By understanding in totality this new knowledge and what it can bring, maybe now man will understand the truth that there are balances in the overall construction of his initial fundamental materials and that his life always has to be within the limitations of these balances.

The fundamental construction of man's initial state magnetic field structure is always the same in force and energy and specific in its initial components, as the initial fundamental components of matters mafs or matters of the universe cannot take more than they need of the pmtics of the universe to exist. Balance is maintained by them sharing their inner constituent pmtics and passing on what is needed by others' configurations for them to exist, even if this giving can mean and can bring about their own demise.

Every creation, in its essence, has the attributes of its creator. Therefore with this new knowledge and the reality of its existence, maybe man can strive to understand the truth about himself and the purpose of his creations in the universe.



**PASCAS  
HEALTH**





### The SPIRIT BODY CAPABILITIES:

The spirit body does not need food or water, it intakes its sustenance by absorbing the essences of what it requires, thus it can absorb the essences of flowers, of honey, and of all of nature's wondrous foods without having to eat or drink. That is possibly achieved by absorbing the plasmatic essences of the given substances without requiring any conversion prior to consumption.

A spirit person can travel through space at great speed, far faster than the speed of light. Is that because it creates its own magnetosphere space around itself and travels within the secure environment of that space? Mention of travelling within a Merkaba has often been referred to.

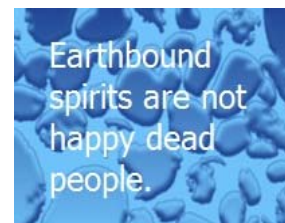
A spirit person can materialise his own clothing and his own housing by thought. As his soul condition grows in love, these items progress in splendour and magnificence.

The 'hells' of the lower regions of the 1<sup>st</sup> sphere are recognised for their progressively growing darkness as one goes lower and lower into these planes. A spirit person from within these regions can only and readily visit the physical world of Earth. Are we noting that such spirit people consist mainly of the dark matter / transitional matter that is an element of plasma?

When a spirit person progresses and grows in love and advances from one sphere to another, say 1<sup>st</sup> sphere to 2<sup>nd</sup> sphere, he becomes invisible to those remaining within the lower sphere, even though the advancing spirit person can continue to see those in the lower sphere condition. A person from a higher sphere can make him/herself visible by changing their ambience.

When a spirit person is travelling at great speed, there is no sense of friction with the environment, thus it is though one is cocooned. The speeds are well in excess of the speed of light as the end of light beams just drop away behind you. On manoeuvring at acuter angles, there is no sense of gravitational forces, the G-force remains at neutral or one, no matter how sharp and fast a turn is made.

When a spirit person holds in mind a desired destination, he arrives there. The time required for a spirit person to travel from Tokyo or Hong Kong to London or New York is less than the time needed to read this sentence. This is the same functionality of the Gravitational Positioning System (Grapos) referred to by Mehran Keshe for future travel.



The plasma fields that are contained within a spirit person's body are sufficient to create a magnetosphere. At high speed and within the sphere of the magnetosphere, a spirit person is able to safely travel through space from one planet to another planet whilst using the principles of the gravitational positioning system (Grapos) to navigate and control speeds as required upon arrival. In other words, a spirit person can travel with one's own environment and security.

A spirit person generates his own light. Depending upon his soul condition, the level of luminosity is controlled by the soul, its luminosity is reflected through the spirit body of the person. Thus a person who is in a very poor soul condition generates little or no light and lives in an environment of darkness until it grows in love and progresses to a higher sphere.



It would appear that with the growth in love that one achieves, he or she will experience the ratios of dark matter with the plasma being substituted with a growth of high energy antimatter / transitional matter within the plasma being substituted with a growth of high energy antimatter / principal matter.

A spirit person can travel at great speed, or can just hover, or simply work on the surface like any physical person. Most of the time when you consider that you are in the presence of a spirit person, they are typically standing right beside you, there is no need to look up, they are typically at ground level.

Just as a spirit person, including his clothes, can effortlessly walk through walls, so can plasma powered vehicles that create their own magnetospheric fields around them can readily move through seemingly solid objects.

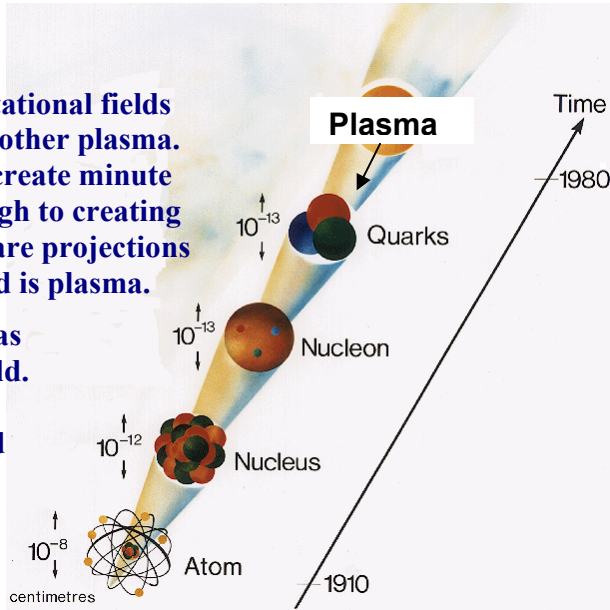
Clearly, our soul and spirit body are plasmatic in nature, the concentration of matter magnetic field forces (mafs) to the exclusion of antimatter mafs and dark matter mafs has enormously restricted the capabilities of the physical human body in what it can do and not do. The Keshe Foundation innovations and inventions are the pathway for physical humanity to start to experience the capabilities that our spirit body achieves naturally. We have no comprehension of the capabilities of our soul, the experience of the spirit body's diversity of skills is mind boggling in itself.



**PLASMA:**

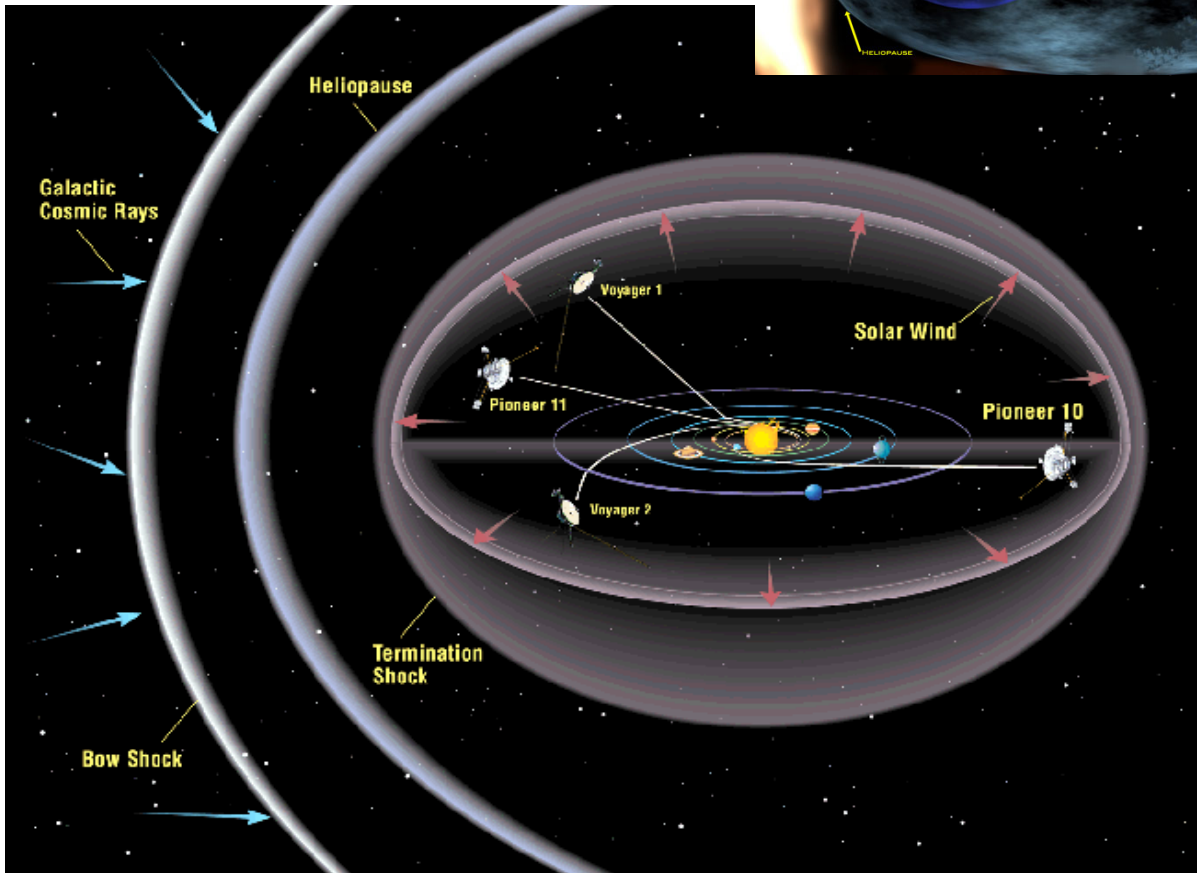
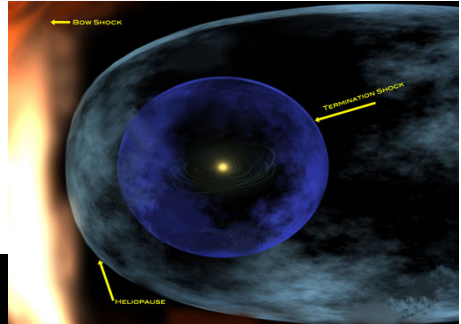
The magnetic and gravitational fields of plasma combine with other plasma. They group together to create minute things, all the way through to creating galaxies. Our thoughts are projections of plasma. Love received is plasma.

Every cell in our body has a plasmatic magnetic field. Our whole body has its own magnetic field. And so it goes on, and on....



**INTERSTELLAR BOUNDARIES:**

The boundary is the outer limit of the magnetic field that encapsulates a solar system and universes.

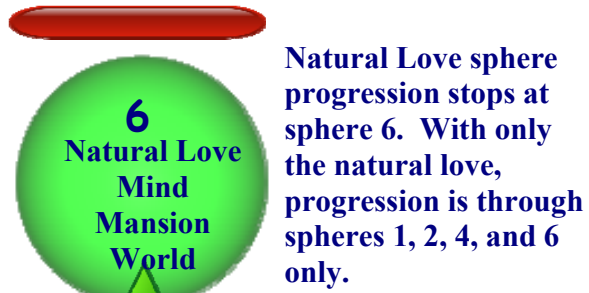
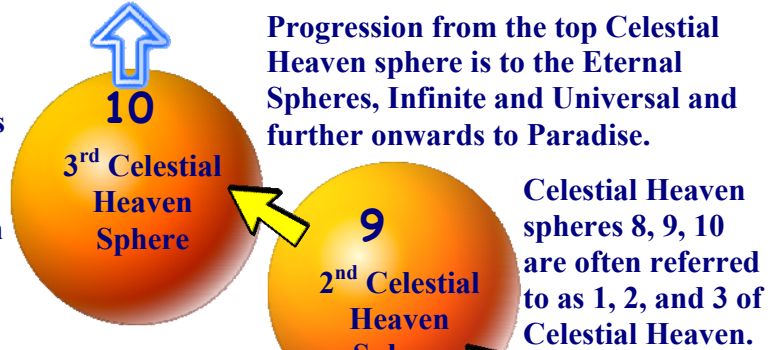




**SPIRIT MIND MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.



Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.



On death of the physical body we all arrive in the 1<sup>st</sup> Natural Love sphere.

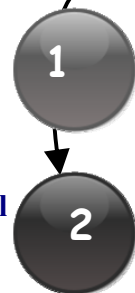
The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.



Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.



Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.

**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

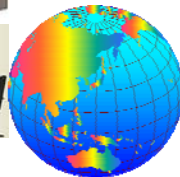


Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



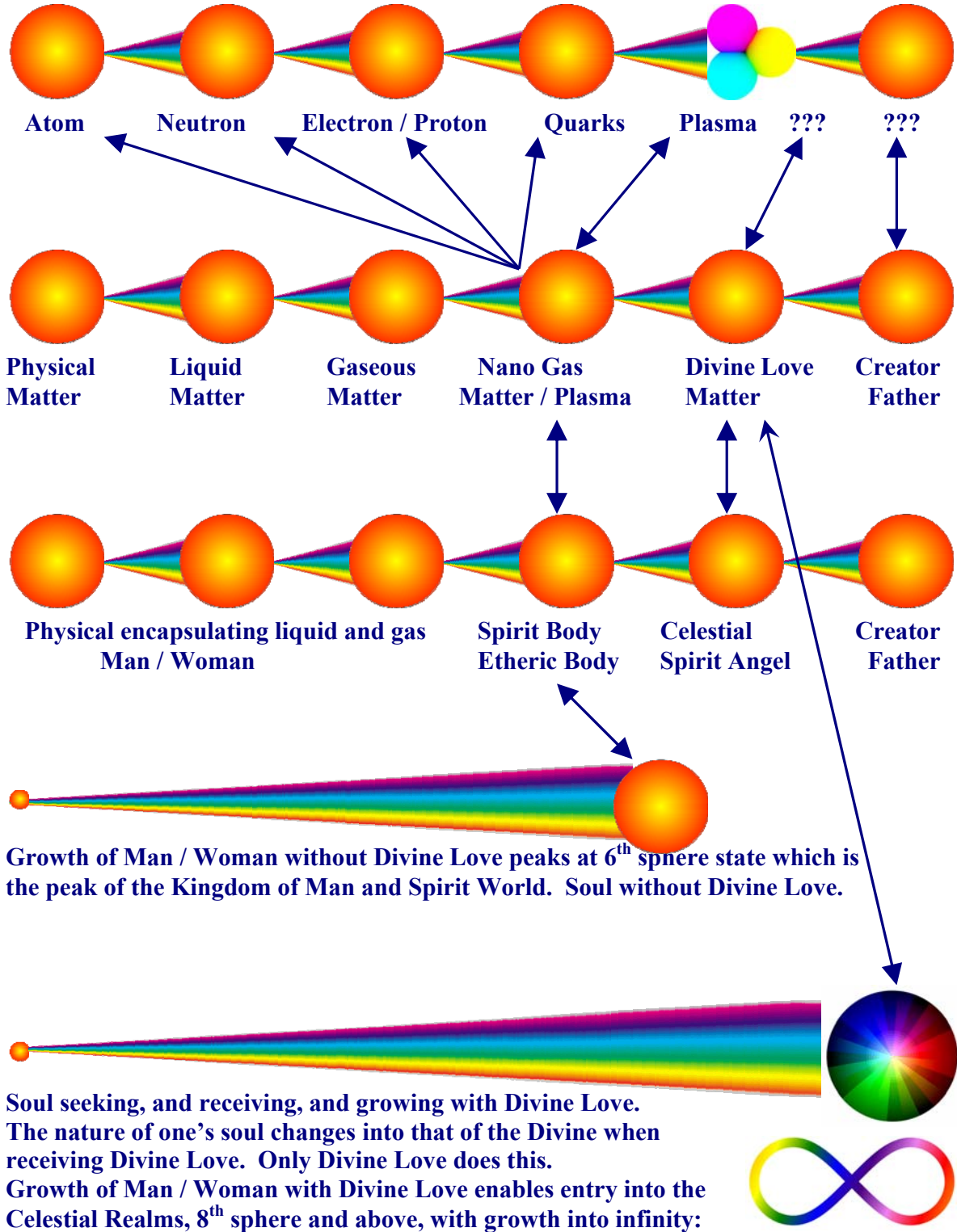
More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!



**STAGES of MATTER:**

**Matter becomes finer and finer and more incredible within each phase:**





**LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:**

**1<sup>st</sup> sphere, lower regions – Natural Love MoC 50+/-**  
**The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.**

**The typical soul condition of humanity is such that they generate the luminosity of a single candle.**

**1<sup>st</sup> sphere, mid regions – Natural Love MoC 210**

**A soul that has grown in love and soul condition equivalent to the 8<sup>th</sup> sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.**

**8<sup>th</sup> sphere – only possible with Divine Love! MoC 1,000+**



**OUT OF BODY EXPERIENCE:** (generally a visionary experience, having not left the body)

“I saw all people as “energy”, and depending where our energy level was, that was the world we created for ourselves. The understanding I gained from this was that if cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani



**“The Earth is a mere image of the realities of the spirit world, and exists only as the nursery for the individualising of the soul.”**

**A world trip in 90 seconds!**

**A Visionary experience:**

**Morning of 3<sup>rd</sup> July 2007**

At about 1.30 on Monday night I joined Perry and Graham in a healing process being provided by Perry. Perry was finishing with Graham when I joined.

Perry requested that **I release Pascas Project to God**. This I did – successfully apparently. Then I felt this incredible sensation come over me. Apparently my body started to shake and choke and splutter like a T model Ford on steroids. I could see a kind of terror on Graham's face, but the panic appearing on Perry's face was something else. The thought of heart attack was emerging on his mind. I had no physical feelings what so ever, so I 'felt' fine. For ninety seconds or so I went on an incredible journey.

The speed of this travel was at such a rate I could see light fall away from behind me. I never considered light to go so incredibly slow. When needing to change course, I did not experience any G-force. There was no feeling of gravity. There was no feeling of friction with the flight.



In this time, I visited every Pascas Care Centre, all 4,000 or so, I visited the Pascas Health Sanctuary's, I visited every proposed commercial enterprise that we have envisaged. More importantly, I visited all the Pascas Parks. These Parks are to receive nearly 500 million visitors through out every 10 years.

What is incredible was the serene, calm and joyous faces on people, that I observed, in all of these establishments. These beautiful expressions on every ones face was everywhere.



This tour covered 42 countries, if not more. These centres are predominantly in remote and emerging communities and economies.

With the Pascas Care Centres established, we have the capacity to manage 28 million life threatening episodes per annum with a focus upon HIV/AIDS, tuberculosis and malaria. We have been introduced to non-drug based treatment programs for these illnesses. The Clinics are to provide a comprehensive range of medical assistance services.

To date, we have been introduced to more than 400 unique technologies and innovations which have commercial application within remote and emerging communities. These are to be supported and introduced via the Pascas Centres to create employment and expand the economies within these communities. Many more innovations will be added to the agenda as we proceed.

The Pascas Parks are edutainment (education / entertainment) venues, a form of theme park without rides! Each regional and main Park will have the capacity to receive 5 million visitors per annum. They are spiritual centres. Research suggests that, on average, each visitors consciousness will rise by 60 points as per the MoC scale.

The incredible bliss pervaded everyone within these centres and activities. The joy expressed was incomprehensible and impossible to describe. The beauty of what we are to achieve is beyond question.

What I realised is what is proposed and planned for more than 25 years is DONE !!!

John.



### **KESHE FOUNDATION POWER GENERATORS:**

To be able to bring very low cost power to about two billion people on Earth who do not have access to electricity is the start of an enormous and rapid path to enlightenment. Without education, nothing is possible. All progress starts with education. With access to electricity, then you have communications, and with communications, education can be delivered from anywhere on the planet. With education can come food industries, housing industries, health industries, all the core needs of the community.

**Keshe Foundation patented Plasma Reactor Technology<sup>®</sup> is based on the knowledge of the basics of life and the creation of matter, antimatter and dark matter in the universe. Elementary particles are in fact collections of small magnetic fields that group together as larger dynamic plasmatic magnetic fields and interact with each other to create quarks and so forth. What is called the mass of the quark is created by the same means as the mass of any other object in the universe and is purely due to the interaction of constituent plasmatic magnetic fields within the centre of the Matter.**

This means that cells built from atoms follow exactly the same process and get their 'life information' via collections of smaller magnetic fields within their environment. When a new human being is created, the interaction of all these magnetic fields forms the blueprint of the stem cells of the newborn. It is a known fact that within every 9 year period all the cells in a human being are renewed, even the bone cells. Thus as people get older and are affected by other environmental conditions (pollution, stress, trauma, infection, spiritual darkness, etc.), the additional information from these intrusive magnetic fields interferes with the information of the original cell matrix.

Since each person receives particular and different information in their lifetime, everyone will follow a different cycle of evolution. Some patterns of evolution occur frequently and can be caused by the plasmatic magnetic fields of specific diseases.

From understanding how the stem cells of the body function, one can produce plasma reactors to assist and reprogram a patient's cells to return to their initial configuration. Withdrawing the distorted information from the cells allows them to return to their initial blueprint and as a result, the disease symptoms disappear and after a while the patient can start a normal life again.

Of course, the complexity of this process and the fact that this technology has been used for only a few years means that there is still lot of development to do. But the results obtained from the first trials with different diseases are very encouraging, as explained in a simple scientific presentation in this section.

The Keshe Foundation is proud to announce the development of "Day & Night panels" which deliver current day and night at levels considerably higher than those from present solar panel models. These D&N panels will be able to supply constant power to electrical and electronic devices. This new technology is under patent application.

At the same time these panels are able to capture CO<sub>2</sub> and CH<sub>4</sub> from the air and convert them to a liquid state. CO<sub>2</sub> and CH<sub>4</sub> are important greenhouse gases.



## POWER GENERATORS:

Keshe Foundation are initially offering **10,000 units of 3-4 KW AC/DC and 1,000 units of 10 KW AC/DC** portable domestic Keshe electric power generators (early 2013).

The concept of energy creation behind the development of this reactor is based on a new understanding of the laws of physics. Our technology results from applying this new understanding of the cooperation and interaction of the atomic structure of gases and matters upon each other.

The principles of the behavior of gases and liquids in the environment have been studied and catalogued in detail over the past decades. This is an important factor in the development of any energy system that has to be portable and light, but at the same time flexible, powerful and functional to justify its use in any system, such as production of power, gravity or anti-gravity, shielding, medical purposes and so forth.

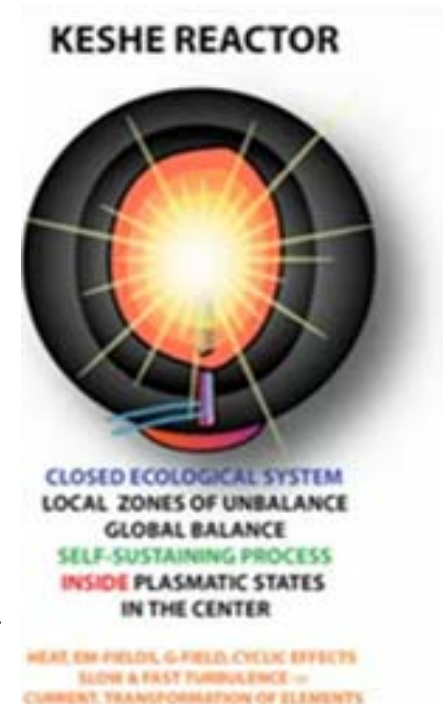
For this system to meet these criteria it is important to use hydrogen as the primary catalyst.

### **THE USE OF THE SYSTEM AS AN ENERGY SOURCE**

This system is a fully integrated electro-nuclear-magnetic power generator. The system, in its core, creates the magnetic force field that man is used to as part of the magnetic fields of the Earth. The unit generates magnetic fields that can pass through tissues and atoms without affecting their characteristics.

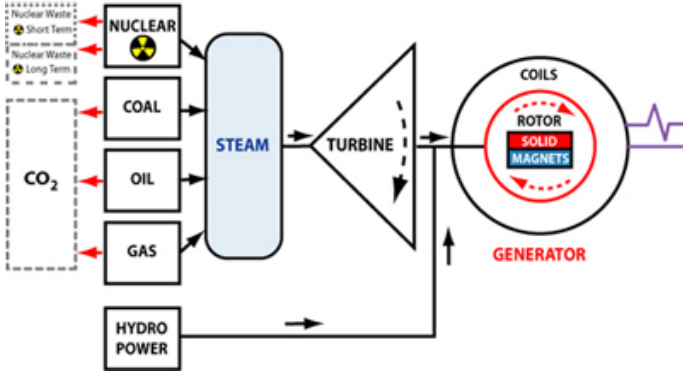
Magnetic fields created by planets are called the Passive Magnetic Field Forces (PMF). These are what the whole universe uses to move moons, planets, stars and the galaxies. In utilizing these forces and the technology available through this system, electric energy can be created using hydrogen as fuel.

The creation of electric energy in this reactor is achieved through the simple process of hydrogen ionization. Elaborate systems have been developed to tap into this process during its interactions with other matters in the core of the reactor. The hydrogen supplied for this purpose is in a natural form that can be realized from water or the atmosphere through already established technologies.



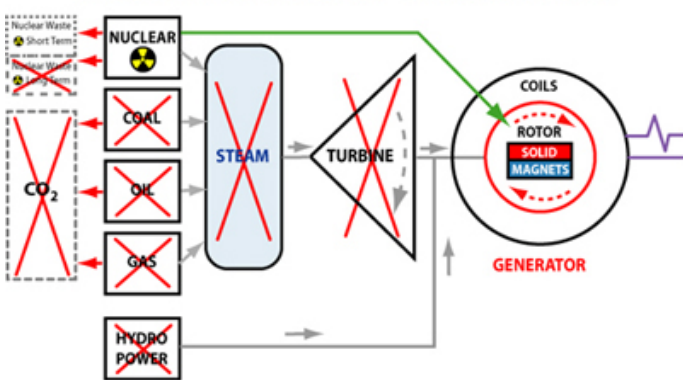
### THE KESHE ELECTRIC GENERATOR

#### ACTUAL ELECTRICITY PRODUCTION

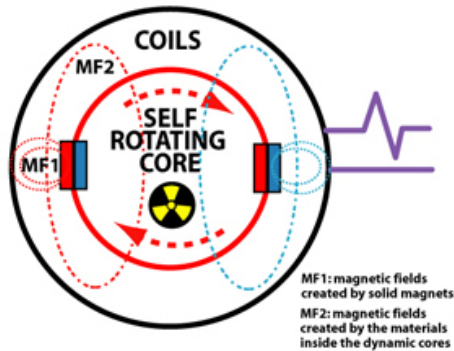


Most present day systems for the production of electricity heat up water to create steam, which then drives a turbine that is connected to a magnet. This magnet rotates within a set of coils to produce the current. These systems produce a lot of pollution of various kinds.

#### SYMPLYFY ELECTRICITY PRODUCTION

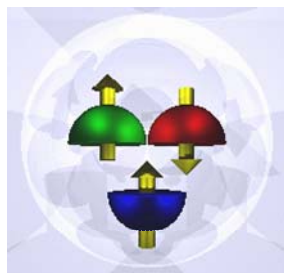


The generation of electricity can be simplified by using the new Keshe generators which will contain only low, short term, nuclear sources. These generators will produce electricity over a long time, since the basic interactions are self-sustaining.



**KESHE GENERATOR**

This is one type of Keshe generator. A spherical self-rotating reactor core spins inside a set(s) of coils. Additional magnets can be mounted on the reactor body. These generators can be installed where the electricity is needed.



**Plasma model; green for matter, red for antimatter, and dark blue for dark matter.**



## HYDROGEN

Hydrogen gas at an atomic and molecular level has some fascinating properties. If these are used for the right purpose at the right time in the right combination, this element will provide most of what the systems need to facilitate all the above applications. It does not matter what form hydrogen takes when it is used in conjunction with other elements. Primary conditions can be created in the reactor that bring about all the desired effects. Hydrogen atoms by having one proton and one electron are the lightest element in the universe; it is one of the elements most commonly used for the creation of plasma.

To create plasma the electron needs to be separated from its nucleus by injecting enough energy into the atom to free the electron from the magnetic field of the nucleus. This process is known as the ionization of hydrogen atoms. Scientists have successfully achieved this for some time. If the electron that is excited can be made to give up its energy in an appropriate way, it can return to its original state. Then the production of current and heat is made simple.

These effects are created and used to produce energy and gravity in this reactor. In this process, electrons are released from their nuclei by a method that has been known to science for some time, where the reaction is achieved by a very simple method of magnetic environment injection using natural hydrogen atoms. This is a simple but effective method we have developed especially for application in this reactor.

Then as other elements come into play, the true nature of hydrogen will reveal its potency in this system as a whole, as it has done in the universe. Where, how, how much and when these gases and matters are applied in the system, will create the effect that is required at the time.

So the system can be a power generator, then with a slight change in one of the parameters of one of the matters, it will become a gravity machine. Then by combining the two effects, one will have a system that not only generates energy, but holds gravity and creates anti-gravity too.

With this system there is no need for the conventional present day fuels and methods to create energy and magnetism. In this system energy production is achieved simply by the normal creation of heat first, then gravity in the center of the core, with the help of the generation of magnetic fields through the correct method of circulation and cooling within the reactor.

In the world of science it has always been considered that the core of a planet possesses magnetic fields that cause it to rotate. For the first time, through a new understanding of how gravitational forces are created in planets, M. T. Keshe has proven theoretically that the centre of the Earth possesses two magnetic fields rather than one. Based on understanding the “double magnetic field” operation of the Earth's core, this gravitational system of Earth is replicated in the design of this new reactor, leading to the creation and control of gravity in its centre.

In understanding the operation of this double magnetic field force, and incorporating it in the reactor that is being developed, new horizons are opened in the world of science and technology. For example, this can create enough heat to generate a super heated head of steam at the outer boundaries of the system that would be capable of running the present power station turbines if need be.

It is even possible to create electric current directly from the reactor core. Since the system is fueled by hydrogen, there is no possibility of radiation leakage or radioactive waste problems due to other effects in this system.

In present nuclear reactors, heat is collected using all sorts of moderators, cooling and blanketing in a concentrated way inside and outside the reactor's core. Then the collected heat is fed through to run a (steam) turbine creating energy.

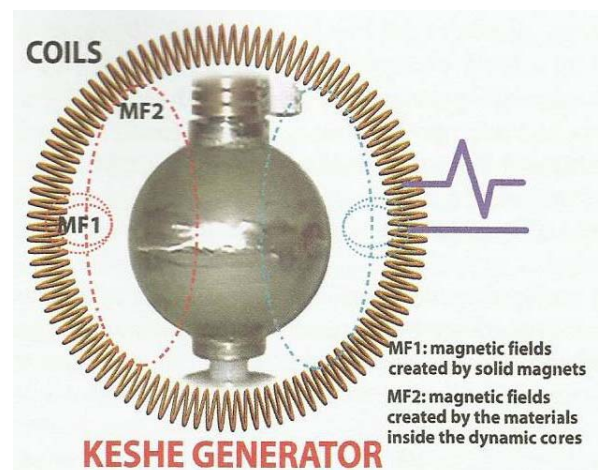
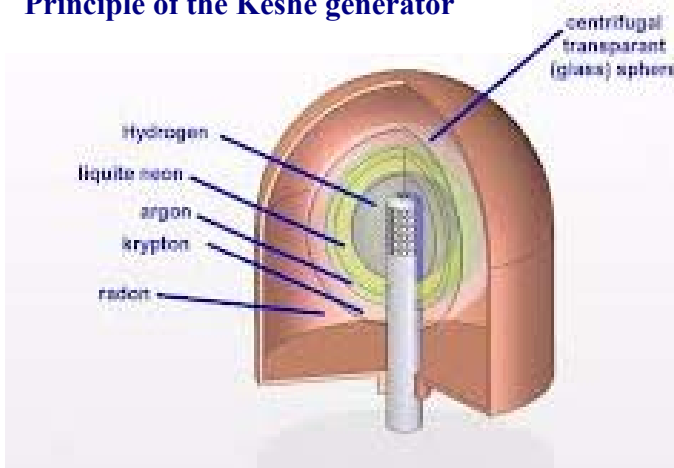
Through the specific design of our reactor all the heat distribution, transfer and circulation takes place internally, without the need to remove heat from the outside of the reactor in a concentrated way as has been done in the past. This has been achieved through understanding the natural method of heat dissipation that takes place in planets. The concept behind this technology was prompted by the simple fact that in the universe planets do not have cooling towers or exhaust pipes.

Efforts were made to look at the real method of energy creation in the planets that have internal heating systems but are cool enough for people to walk on their surface, as with Earth. In a simple but effective way, this has been achieved in the core of this reactor, where heat is dissipated so that it will never reach the outer boundary of the reactor.

The advantage with this system is that when heat is redistributed in a slightly simpler way, and not in a concentrated method as in the present thermal nuclear reactors, totally different properties can be obtained from the reactor with the same fuel.

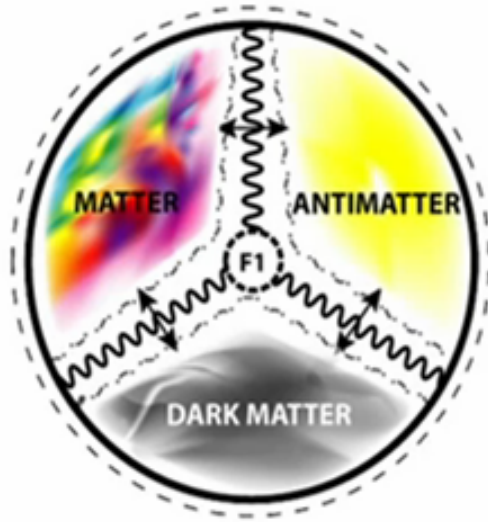
The properties created in this system are what the whole universe uses to heat and move planets, stars and galaxies. This system uses technology that can and will lead to fusion, semi-fusion and fission if required. All this is achieved by using a reactor that has in its core no valves or screws, and as in the centre of planets, requires a very small amount of hydrogen.

### Principle of the Keshe generator



The Keshe generator, reactor generated plasmatic magnetic flux, which is perpetual and dynamic and can generate power for years in a coil structure system.

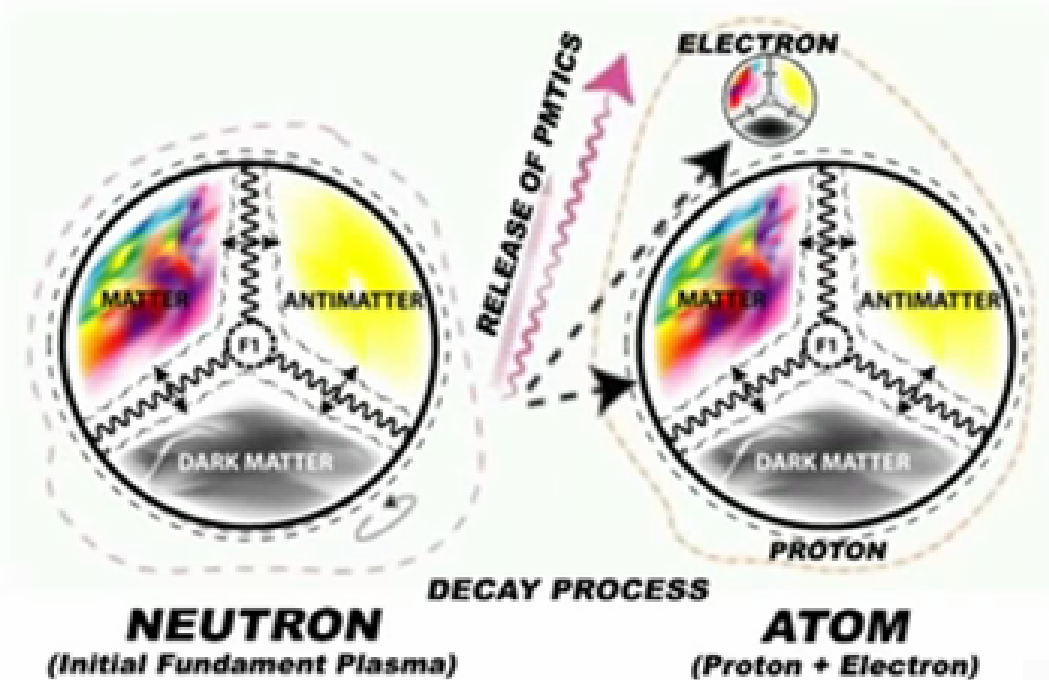
**THE KESHE MODEL OF THE NUCLEAR DECAY OF THE NEUTRON**



**MATTER**  
**ANTIMATTER**  
**DARK MATTER**

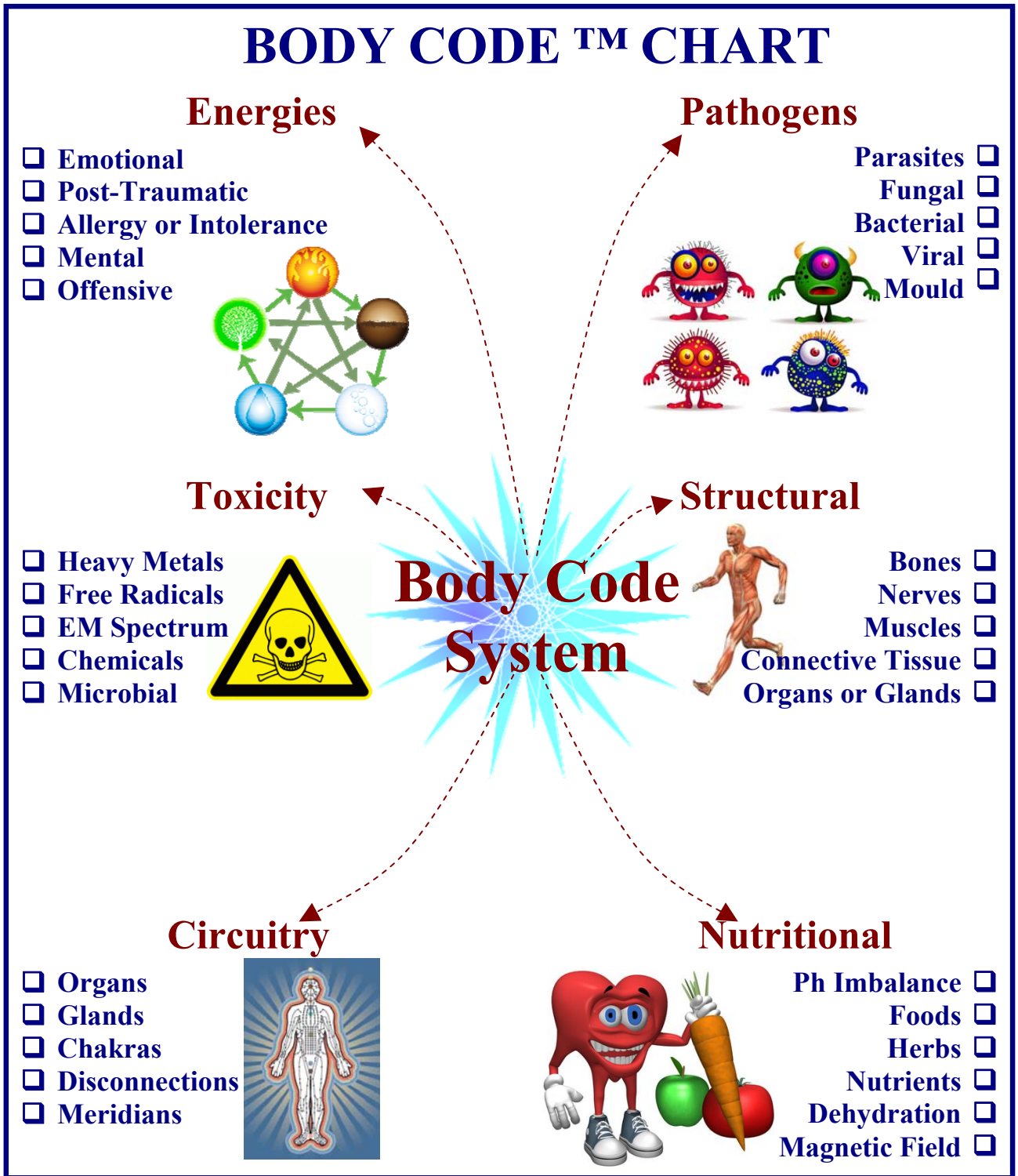
Anti matter is also Principal matter

**THE KESHE MODEL OF THE NUCLEAR DECAY OF THE NEUTRON**





OUR PLASMATIC BODY and DISCOMFORTS:



**NEGATIVE BLOCKED EMOTIONS are CLUSTERS of PLASMA:**

P.167 The Structure of the Light by Nuclear Engineer M T Keshe

Electric charges, magnetic fields and gravitational fields are all of one and the same origin – plasma. Gravity is due to the pulling effect of two dissimilar poles of the same plasmatic magnetic fields interactions and the Magnetic field is due to repulsion of two similar magnetic poles, and electric current is due to the magnitude of the flow of magnetic field from one field to another.

Thus the *grand unifying field* is the magnetic field, and the missing link has been to understand that gravity is the product of interaction of two plasmatic magnetic fields, mass is the difference between the magnetic fields strength of similar and dissimilar field strength, and the energy is the measure of the magnetic field that is transferred between magnetic fields at the speed that magnetic field can travel within a given matters' medium, for it to be able to move from one magnetic field strength to another, and the electromagnetic current is the rate of movement of the magnetic field from one field to another and where the electromagnetic field is due to magnet field strength difference and is the equal to the magnetic field strength of an electron.

Thus the unified and common field is the magnetic field, between the gravity, mass, energy, and electromagnetic field.

Thus the unifying theory for the first time is complete and it is fully understood.

Where *magnetic field interaction* makes **the gravitational fields** and the *flow magnetic field from one field to another* creates **the electromagnetic current**. Energies can be created, from any ambient, depending on what one wants to produce or obtain from those currents or fields.

**Electromagnetism** is created *as magnetic fields strength are transferred from one field strength to another* and in the process of the flow of magnetic fields this leads to creation of measurable field movement of measurable current from what is call “electromagnetic fields”.

This simple sentence brings the whole of understanding between magnetic fields and its flow from one magnetic field strength to another and is the grand link between the gravity, the mass and energy and this finalises the long lasting missing link of the unifying field.

Now that one can understand that current is the rate of flow of magnetic field from one strength to another, and “the connection between electromagnetism, gravity, mass and energy” is finally understood. Thus the origin of all things tangible (and intangible) and their effects is magnetic field based and magnetic fields are the origin of all and unifying in the world of creation.

Thus one can see that the dynamics of vibrational rotational complex negative held emotions that are of low, or very low frequency, or even ultra low frequency, being life degrading, are best removed from one's being, namely from your physical body, your spirit body which is the template of your physical body, and your soul..

### **NEGATIVE EMOTIONS are UNINVITED PLASMA FIELDS:**

Unhealthy and negative emotions enter our soul as uninvited and unwelcome plasma that then proceeds to disrupt the energy flows of the spirit body which is the template for the physical body.

This plasma fields or balls can grow in size should they be fed with more and more of the same or similar negative emotional energy. A plasma field can collect energy from released and projected emotions from time to time.

These emotional injurious plasma fields are first attracted to specific organs that reflect the energy of specific emotions, the plasma field can then proceed to lodge anywhere within the bodies of the spirit and physical. Thus, an emotion of the heart may subsequently reside within the stomach region, both inside and protruding out there from.

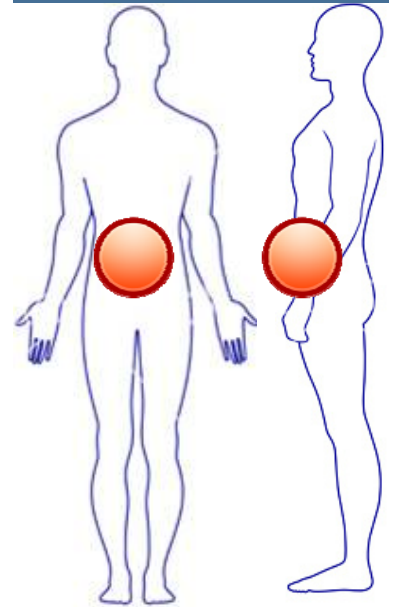
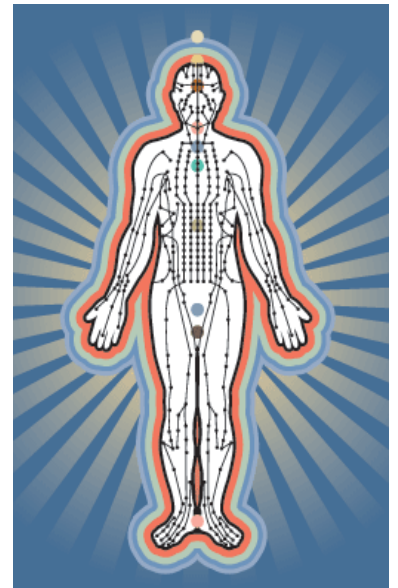
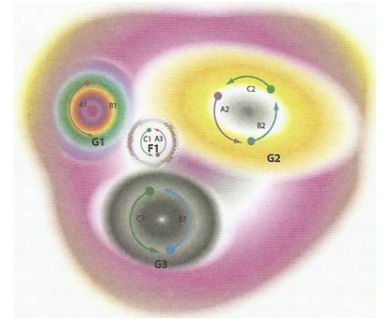
Initially, the injurious uninvited emotional field, being plasma, may be extremely small, however, if allowed to fester and grow by drawing on the negative emotions of those within your environment, the energy field may grow and grow in size from that of a mere pin head to the size of a melon. This progression could take the time from very early childhood to one's senior retiring years.

As all plasma consists of magnetic and gravitational fields, once your intent is focused upon it, firstly recognising its existence, and then focusing your intent for it to be removed, the magnetic field can act in your favour. With the introduction of even a marginal amount of additional magnetic energy, by way of Reiki or by the passing of a small magnet down your meridian, then the dislodgement of the emotional plasmatic field can be achieved.

We are all energetic magnetic beings. The interference to our physical body's template, which is within our spirit body, can readily occur. The transfer of the disruption to the physical body is generally very slow, however, it can be very painful and damaging over the long term.

The extraordinary capabilities of the spirit body are extensively dumbed down and throttled back when it comes to the functionality of the physical body. The spirit body has all of our physical five senses, however, in much greater capacity, as well; the spirit body has maybe a dozen senses in all. Our physical existence is like being on training wheels for our incredible experiences to come within the spirit worlds.

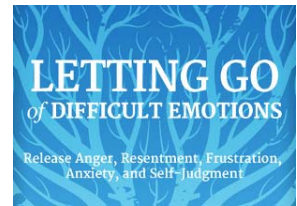
“If cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani





### **LETTING GO with The LOVE:**

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

**Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling.** Focus quietly on the feeling. Breathe into the sensations and allow them to be.

**Step 2: Ask yourself one of the following three questions:**

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

**Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?**

**Step 4: Ask yourself this simpler question: When?** This is an invitation to just let it go NOW.

**Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.**

**The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...**

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

**Feeling Healing  
with Divine Love is  
the key!**

This process is ever so freeing and uplifting, though sometimes difficult.

Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins



**FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:**

Thursday, 13 July 2017

Hi James and Nanna Beth (questions from John)

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal

your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

### Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

### Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's



about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Love from us all over here – your Nanna Beth.

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

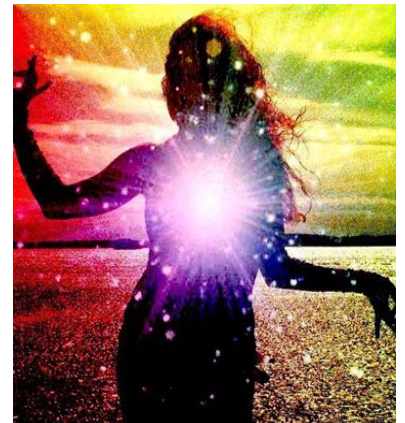
## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality



# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.





The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
 It embraces all people.

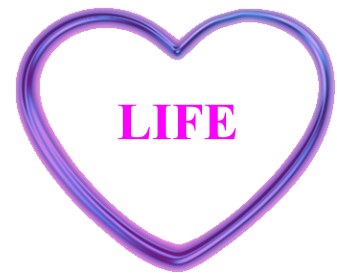
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

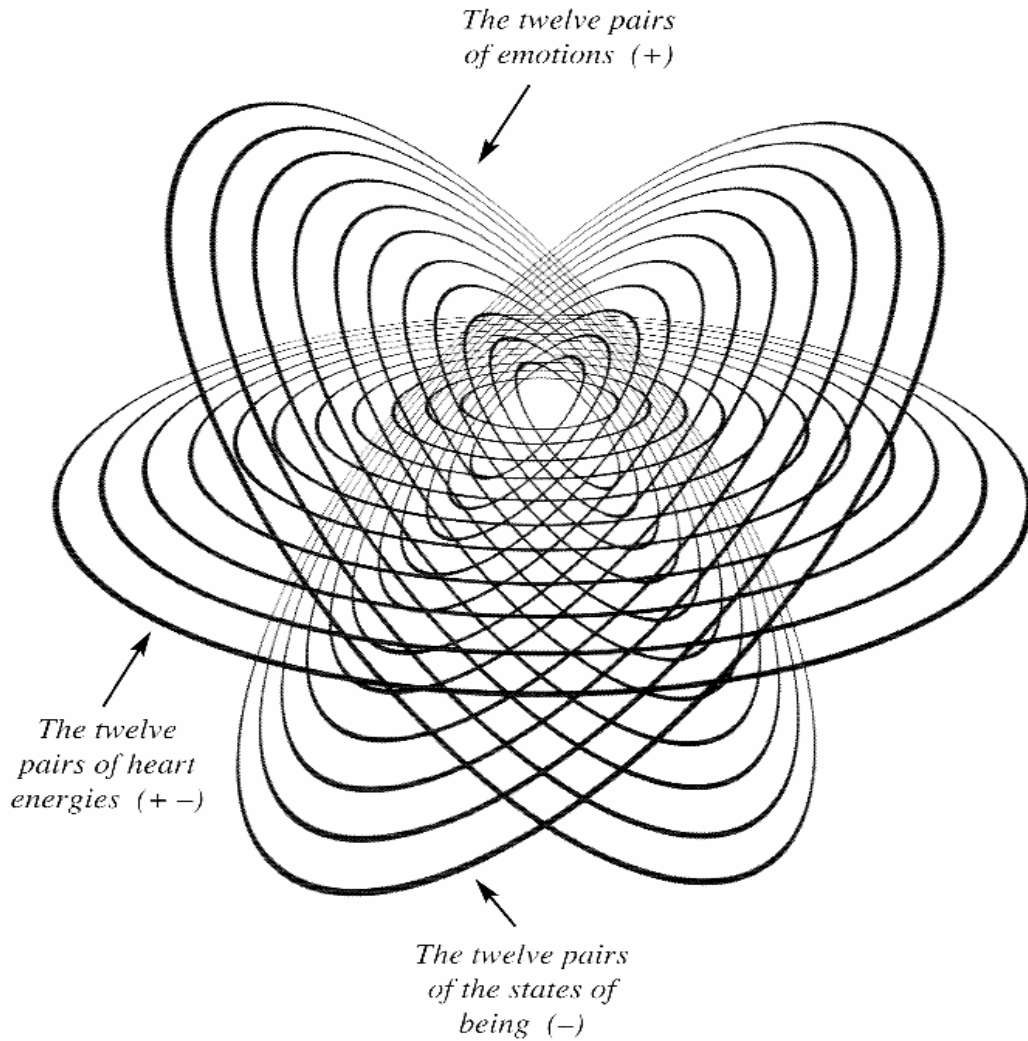
**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  

**HOME**

## How the Emotions and States of Being Intersect

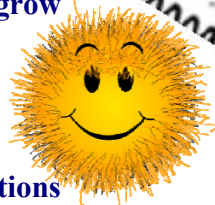


The rings each represent a pair that pulse between their positive and negative aspects. The wheels also pulse with one another. These are found not only as the grids of the cosmos, but around the body of man. [Almine](#)

**PASCAS**  
**PAPERS**

**PLASMA and YOUR WELLBEING:**

Loving emotions attract principal matter / anti-matter to your soul as you grow in love.



Loving emotions enhance your life's experiences.

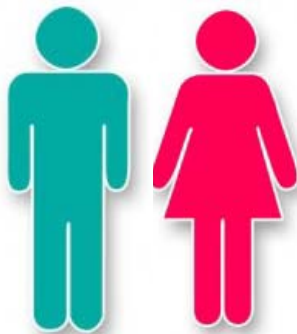


Soul

Your soul blossoms and your spirit state is one of beauty.



Spirit Body



This way or that way?



Matter aspect of plasma is the energy that you recognise as your physical body. The energy lines of your bodies are enhanced with loving emotions. Negative emotions impede the flow of energy through your bodies and this brings about difficulties and illness. Love is the greatest energy that you can bring to your soul, spirit body, and physical body.

Attracting Antimatter Plasma results in a far healthier and loving life than by from attracting Dark Matter Plasma.

Unloving, negative emotions retard the growth of your soul and your life experiences are generally difficult in all aspects of your living.

A soul's condition is never frozen. No matter what condition one's soul is in, from there it can grow in love. From the poorest state it can grown to



Encrusted Soul



Spirit Body

Unloving emotions cause the soul to loose radiance and to contract in size. Your spirit state experiences are devoid of happiness.



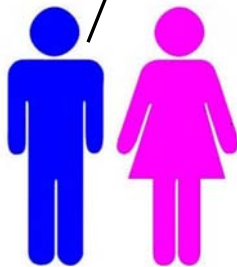


LIFE OPTIONS:

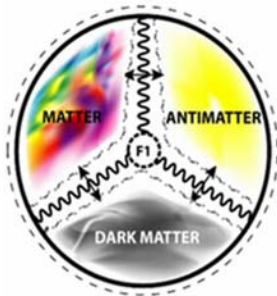


Soul

Your soul blossoms and your physical life and spirit state are ones of beauty.

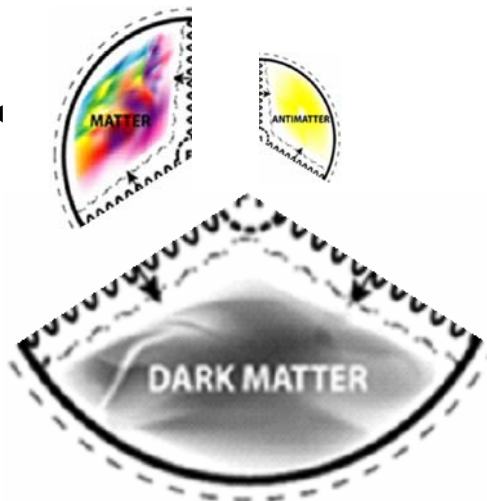


The building blocks of our physical / material body consist of plasma which is an endless array of the three fundamental aspects of plasma, called matters. Matters consist of matter, antimatter or principal matter, and dark matter or transitional matter.



As we allow negative or man made emotions dominate our soul, that is, emotions that calibration 200 or less, we are retarding our essence. The quality of our life and health is degraded. Dark matter restricts the flow of light and our ambience is suppressed.

As we grow in love and embrace emotions of love, antimatter or principal matter dominates our soul and essence. Our physical health is generally excellent and our quality of life exudes with pleasure and joy. Light floods our being and our ambience is one of brightness.



Encrusted Soul:  
Soul condition being in a very poor state.

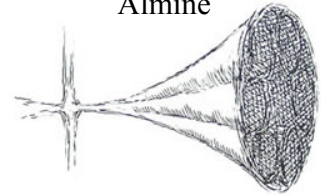


**MERIDIAN LINES are ENERGY CONDUITS for CHAKRAS.**

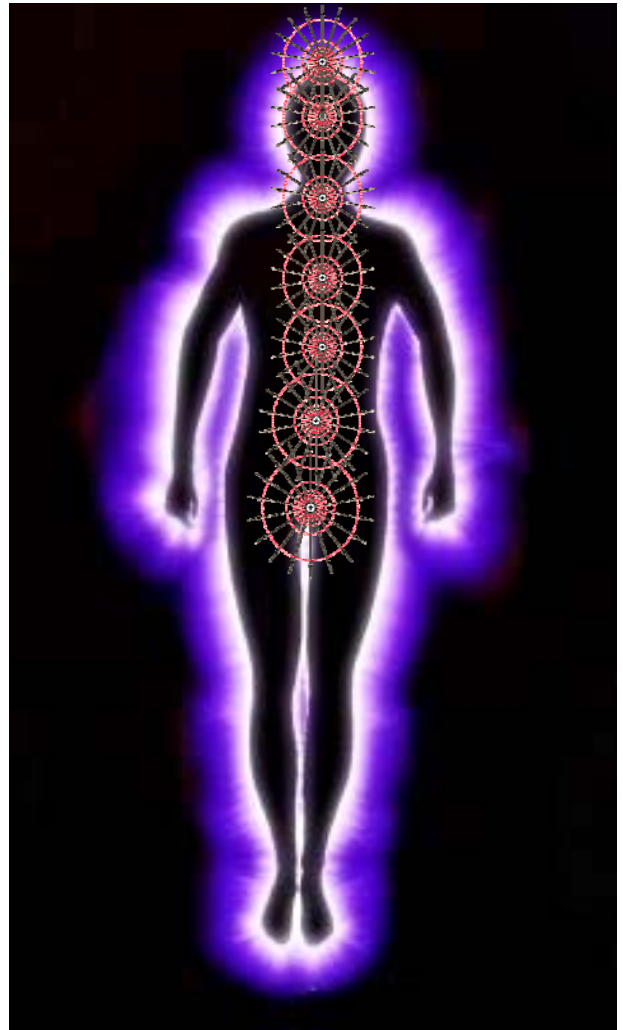
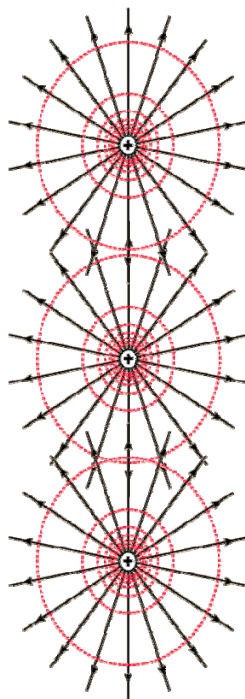
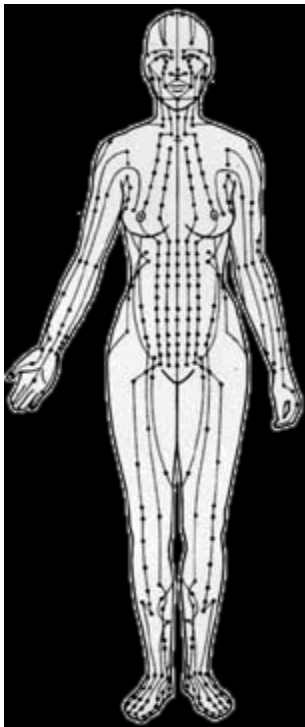
Spirit Body, incorporating the Etheric Body, is the blue print and master designer of the Physical Body. Energy flow constrictions in the many meridian lines, that form the blue print, emerge as pain, then injuries and then illnesses within the Physical Body.

Etheric or Astral Body: The majority of karma, which is a constriction in the universal flow of energy formed by incorrect perception, is held in the astral body (only a small portion is in the physical body). It consists of bluish lines of light. It produces the acupuncture points and the major and minor chakras by the energy lines crossing each other. Where they cross seven times, there is an acupuncture point. Where they cross thirteen times, there is a minor chakra point. Where they cross twenty times, there is a major chakra point. This body is linear and is located an inch (2.5 centimetres) out from the physical body.

Almine



Each chakra point, major or minor, has a swirling vortex that draws in energy to feed the spirit body and subsequently the physical body.



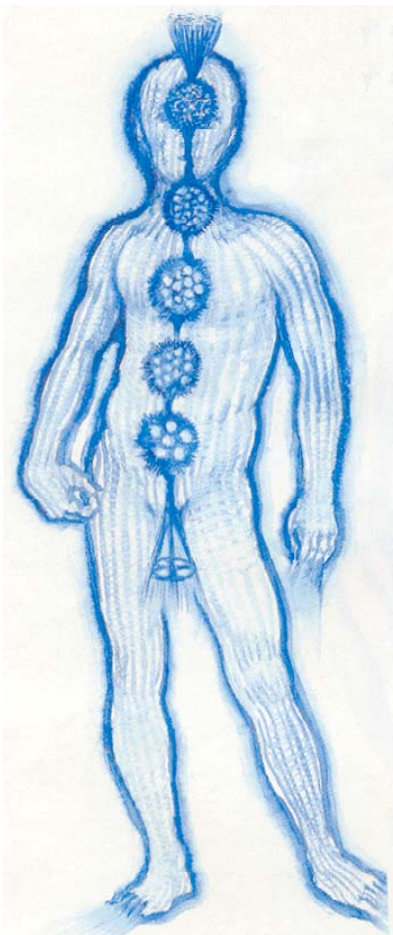
### HEALTHY MERIDIAN or OBSTRUCTED MERIDIAN:

The etheric body, being part of your spirit body, is the template for the physical body. Much of the energy you need for the physical body is supplied by way of chakras and the meridian lines throughout your etheric body. These meridian lines reach from your toes to the end of your fingers or top of your head. Each set of meridian lines is connected to a specific organ of your body. Each organ functions at a different vibrational frequency.



In like, many negative emotions, which are also of different vibrational frequencies, if not allowed to pass through your bodies, will find their lodgement within fields of related frequencies within your body and organs. Such negative emotion, being those calibrating under 200 on Dr David Hawkins' Map of Consciousness, may lodge anywhere in the bodies, typically on the meridian line of the related organ to which it relates to and was attracted to.

Such slow vibrating negative emotion is a plasmatic magnetic energy ball. It can grow and grow by being fed the same fuel coming from a continuation of the same emotional injury. This stuck ball of energy will restrict the movement of needed energy flow along the meridian. This will result in discomfort, then pain, and then may manifest in illness in the organ or in aspects or regions of the body related to that organ.

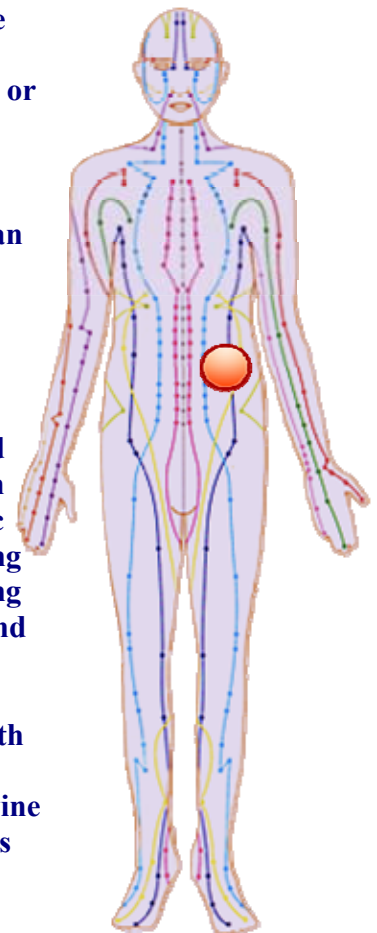


Allopathic / western medicine treats the symptoms, however the cause remains held in the bodies resulting in a further or similar health issue or a reoccurrence.

The negative emotion, possibly having been held since very early childhood, can be easily removed.

Issues within the subtle bodies are energetic magnetic fields that can be removed by your focused intent to recognise the issue, locate the issue, and enable the bodies to release the emotion with the support of additional magnetic energy being provided to your governing meridian down your spine. Such healing modalities include the Emotion Code and Body Code practices, as an example.

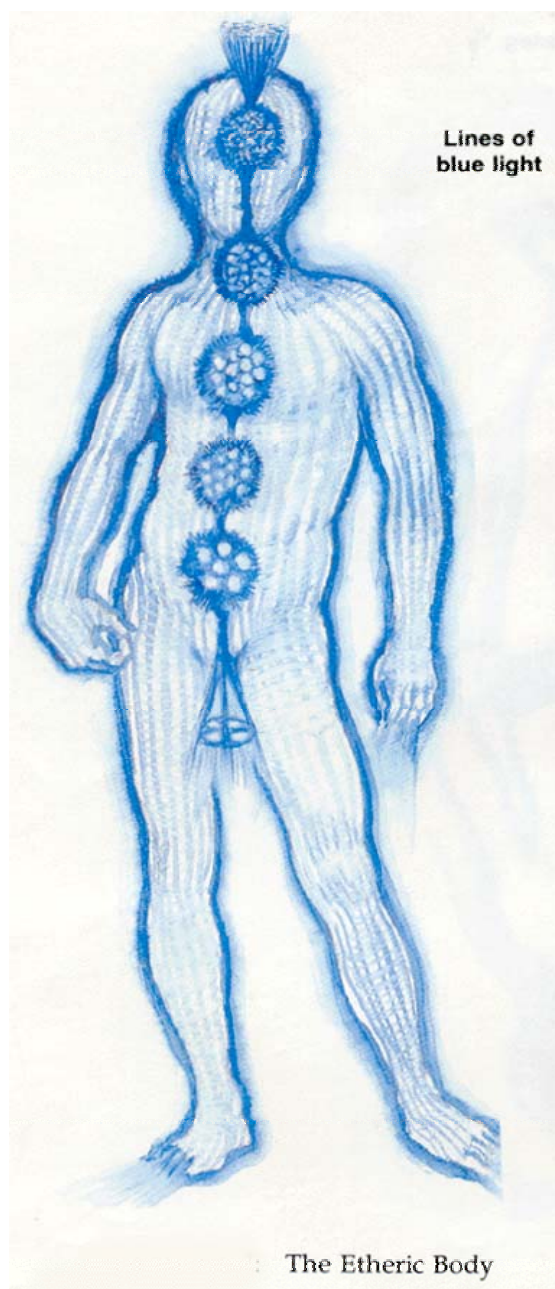
The ultimate way to improve your health condition is engage in one's Feeling Healing and to long for and receive Divine Love, this love slowly but steadily grows your soul condition and results in erroneous emotions and injuries being released from your bodies.





“The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

“But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father’s Grace.” P.6 Judas of Kerioth Judas – August 19<sup>th</sup>, 2001



All forms of energy give off colours. The spirit body gives off an aura, or a group of colours. If the spirit body is in a poor condition, it will not give off a strong aura, or its aura will be damaged in some way, there will be holes in it. A person who can see an aura will see these different shapes and colours inside the spirit form.

That is not the spirit body itself. The spirit body has organs, it is like your body, it is in a different dimensional space. Sometimes you will notice your spirit body operating. The spirit body has a heart – your spirit body’s heart beats at a high rate.

Spirit Body incorporates all the subtle bodies, including the etheric body, emotional body, mental body, astral body and the causal body, all being various layers of the Spirit Body.

Your Soul, being your real self, resides within your Spirit Body but is not of your Spirit Body.



### **EXPERIENCING RECEIVING DIVINE LOVE:**

**Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.**

**You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.**

**Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.**

**Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.**

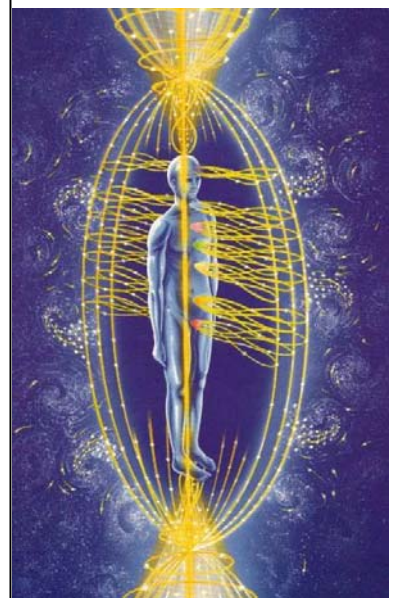
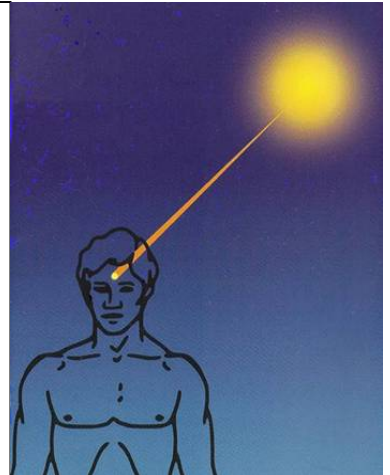
#### **The Voice of Divine Love**

~~~~~

As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Heavenly Mother and Father to us all.



**The DIVINE UNIVERSE and The PADGETT MESSAGES:**

[www.lulu.com](http://www.lulu.com)

<http://www.divine-bliss.net/>

**67. The Spark** via Zara Borthwick

Sat Jul 13, 2013

Chakras and these centres of light form part of the matrix of energy that exists when the spirit body is with the physical body. The physical body is never separate from the spirit body, the spirit body has energy that relates to all parts of the physical body and the chakra centres or primary energetic centres form part of the structures that are the systems originating and forming the spirit body. Obviously when the spirit body is functioning in the spirit world, these primary energy centres continue to function as the internal spirit systems though without the evidence of the physical body. It must be said here that the spirit body in the spirit world operates with voluntary and involuntary systems just like the physical body has systems to it that operate in this way.

The spirit body also has, and this is a new revealing about the spirit body, an energetic system that continues to form primarily when the physical body is no longer present as the central spirit nervous system of the individual. We have no need for an immune system or for a genetic system. There is a Spirit Law that acts in the spirit body that manifests this central spirit nervous system and this is paramount so that the individual can respond internally to external environments and this central system animates the personality so that feelings and experience in general, has the principle energy that is ... the spark of spirit life.

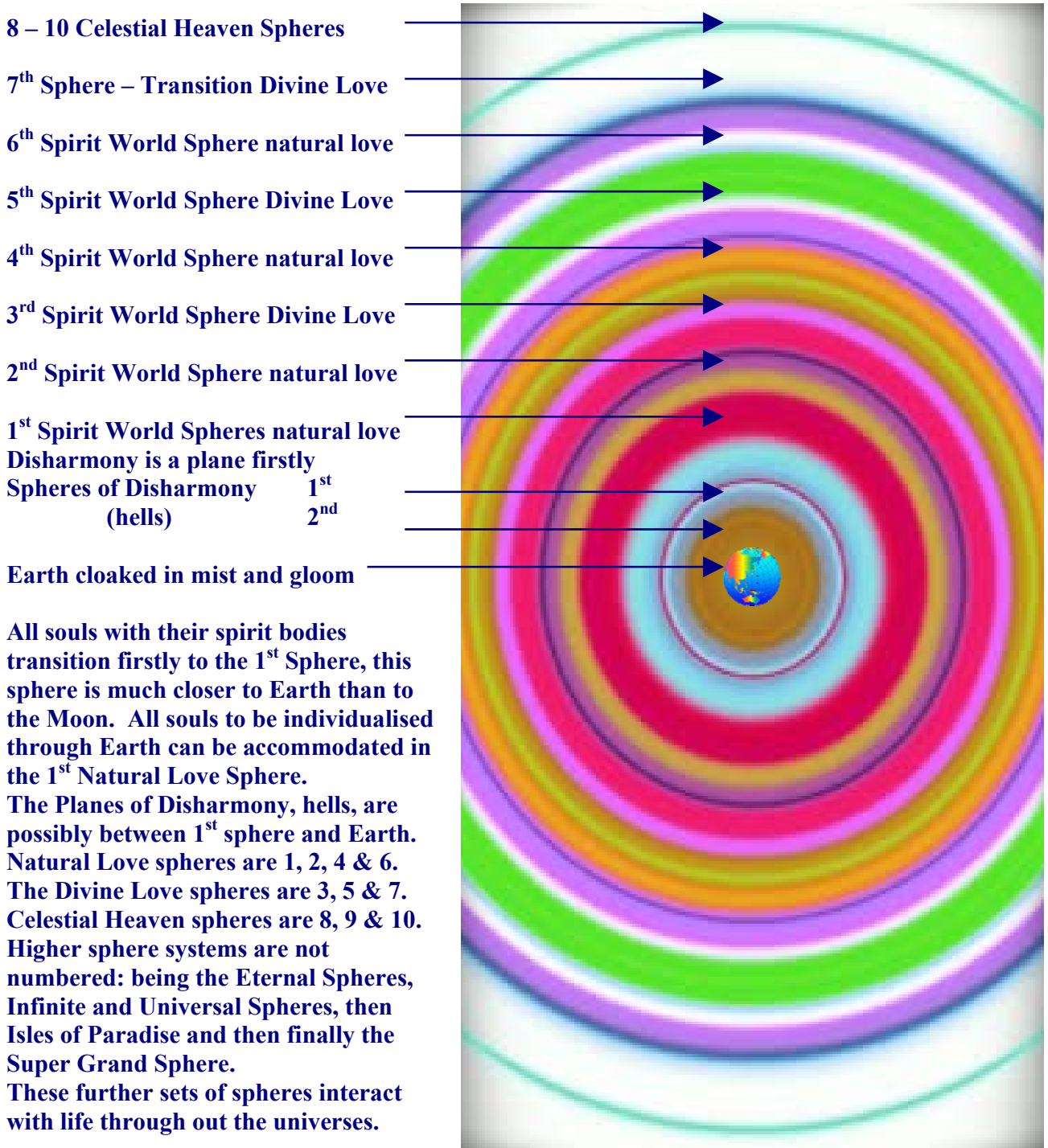
We cannot grow our own spirit bodies and this should provide you with some ideas as to how the nature of the spirit body forms as it follows the internal systems that form from this sparks' blueprint. This happens or begins to happen the moment the soul incarnates and spirit body first formed however, the full dynamic of the energetic systems of the spirit body are truly composed when it is time for the spirit body to take over housing of the personality as being now the principle body for the personality to survive in, as the physical body has served its purpose in the phase of helping make a soul incarnate to begin its individualisation of the personality.

I would like to clarify that the spark belongs to the Spirit Laws of God and that this ingenious spirit genetic coding that is of Spirit Material, is so unidentifiable that it remains one of the most invisible attributes in the experiential creation of human life. It is almost as invisible as the Divine Love is.

The spirit body from when it is first formed is indestructible. This be said the same for the attribute of soul. No mortal can de-materialise a formed soul or spirit body. This power rests solely with God. Just as there are Spirit Laws to commence the forming of such attributes, so too are there Spirit Laws that can de-materialise the attribute of soul and the material that forms the spirit body. The vision of this causes one to realise that a formed personality can exist and also can no longer exist. Only such power is with God for when one sets in place the principle Laws that govern the forming of such attributes that are finite, the same in principle can be reversed. This was demonstrated when the Divine Love and the Spirit was available and then was withdrawn.

When we study the nature of universal workings, it requires responsibility from our own discerning perceptions to understand that the First Source, God, truly loves us and is a loving God. As we explore the dynamics that form the constructs in which mutable personality forms we must always keep in perspective the fact that progression rests in our hands is our choice and that universal realities are substantial as we awaken to their existences. Luke

**SPHERES – SPIRIT WORLDS – within the Earth’s Solar System:**



All souls with their spirit bodies transition firstly to the 1<sup>st</sup> Sphere, this sphere is much closer to Earth than to the Moon. All souls to be individualised through Earth can be accommodated in the 1<sup>st</sup> Natural Love Sphere. The Planes of Disharmony, hells, are possibly between 1<sup>st</sup> sphere and Earth. Natural Love spheres are 1, 2, 4 & 6. The Divine Love spheres are 3, 5 & 7. Celestial Heaven spheres are 8, 9 & 10. Higher sphere systems are not numbered: being the Eternal Spheres, Infinite and Universal Spheres, then Isles of Paradise and then finally the Super Grand Sphere. These further sets of spheres interact with life through out the universes.

**Note: The first aspect of Divine Love Sphere and the Planes of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

**Life Beyond the Veil:**<http://new-birth.net/other-stuff/books-we-love/books-on-life-after-death/>**Vol IV: Battalions of Heavens**

published by Geoff Cutler

**Cosmic Psychometry—Ethereic Planets**

Future Growth

*Wednesday, April 2, 1919.*

THESE psychometric vibrations, therefore, are—so we have concluded after study of the matter—writ, or indented upon the ether, which suffuses matter. But not that alone. The ether acts upon the substance of matter, and according to the inherent properties which energize through this ether, so does matter become transmuted into a more sublimated substance. These properties come upon ether from the outside of it, invade it, and, using it as a medium between themselves and matter, act upon matter through the ether. For the particles material are held in solution in the ether, as your men of chemistry have told. But they have not yet ventured farther than the vestibule. There lies ahead of them the Temple, and within the Temple the Sanctuary. When they have ventured beyond the vestibule of the material into the temple: of the ethereal and not until that time, will they begin to understand that this Sanctuary is the dynamo from which the ether, and through it matter also is energized. The Sanctuary is the abode of Spirit.

And so you get the scheme of this affair in its due order, namely, Spirit impinges upon ether dynamically from the outside, that is, from that realm which is superior, both in powers as in degree of sublimity as to its basic substance. It energizes ether, which, in its turn, acts on and refines those particles which, with itself, make up the substance matter.

But this action is not automatic; it is wilful. Where will is there also is implied personality. It is individuals expressing their personality who give character to the ether, and the consequence is faithfully carried on into matter. It therefore issues in this: that according to the degree in holiness of those spiritual entities who operate on matter through ether, so is that matter the more gross or less gross in substance of its mass.

The quality of the matter of which Earth and all things thereon are made is, therefore, responsive to the character of those spiritual individuals who act upon it wilfully. These are spirits both incarnate and discarnate.

And so it came to pass that as the people of Earth progressed spiritually higher, so Earth itself gradually but faithfully answered to their influence which was registered upon the substance of which, Earth is built up. Matter became less gross and more ethereal. <sup>1</sup>That is why it became brighter with radiance from within as we saw it revolving. It was no more nor no less than cosmic psychometry in mass, but essentially identical with that you at present know manifested in detail.

As Earth and its peoples became more and more etherealized, so the hosts spiritual were able with greater ease to consort with those peoples, and their conversation was both more frequent and more free than it is today. And, to shorten my story, we came to that period when progress had been made to such a degree that the communion of spirits with people of Earth was normal and continual. Then it became possible that one great Manifestation be made of which I will tell you anon.

But this first: I leave out constellations and speak now of our own sun and his planetary system, so—



Those planets which your scientists have charted are, say they, material. They have noted further that the matter of which these planets are made is not identical in the proportions of those ingredients which go to make up their material mass. But they have not yet proceeded to register one other factor which enters into the causes of difference of density. This is the spiritual factor of which I have told you, and which has entered into the evolution of some of these planets so as to produce them forward on their evolutionary pilgrimage ahead of Earth.

There are others which are not visible to you of Earth for they are those which have progressed in their etherealization beyond the material, and have become ethereal. They may be seen by those who live on planets of like substance. They are not spiritual, but between the material and the spiritual estate. Their inhabitants are cognisant of the other planets of which Earth is one. And they act upon these planets very powerfully, being at the same time more progressed than Earth people, and yet nearer in estate than the spiritual people are.

These of which I speak are true planets of themselves. But there are other ethereal planets, so to say it. One of these encompasses Earth. For it is of the engrossened ether of which this ethereal planet is composed that Earth is suffused. This is not merely a belt of ether solely for service of Earth. It has its own continents and oceans and peoples. Most of these have lived on Earth in bygone ages, and some have never been Earth-dwellers, never having reached material manifestation in body of flesh and blood.

*Is that what some call the Astral Plane?*

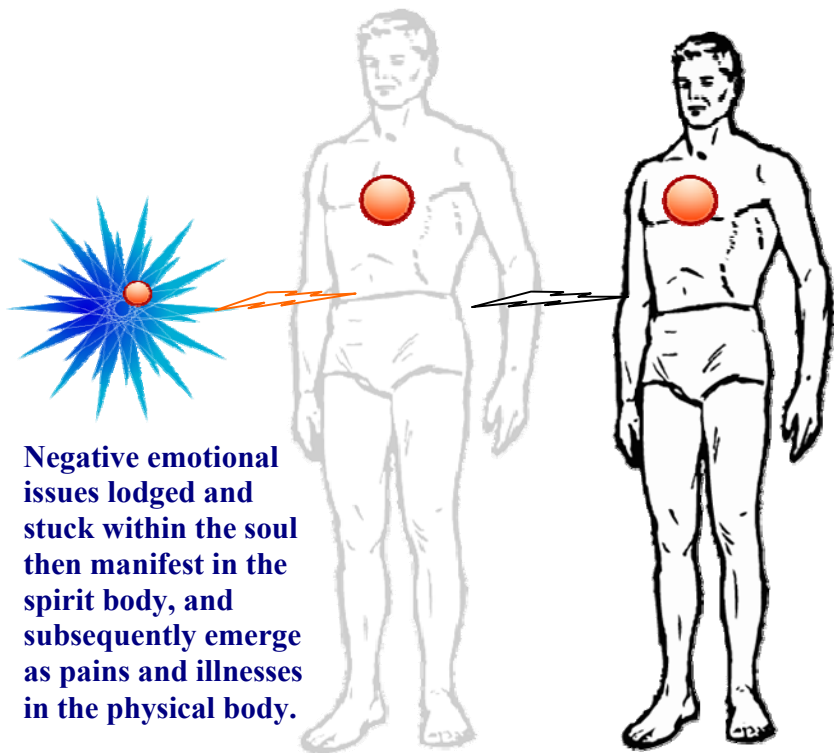
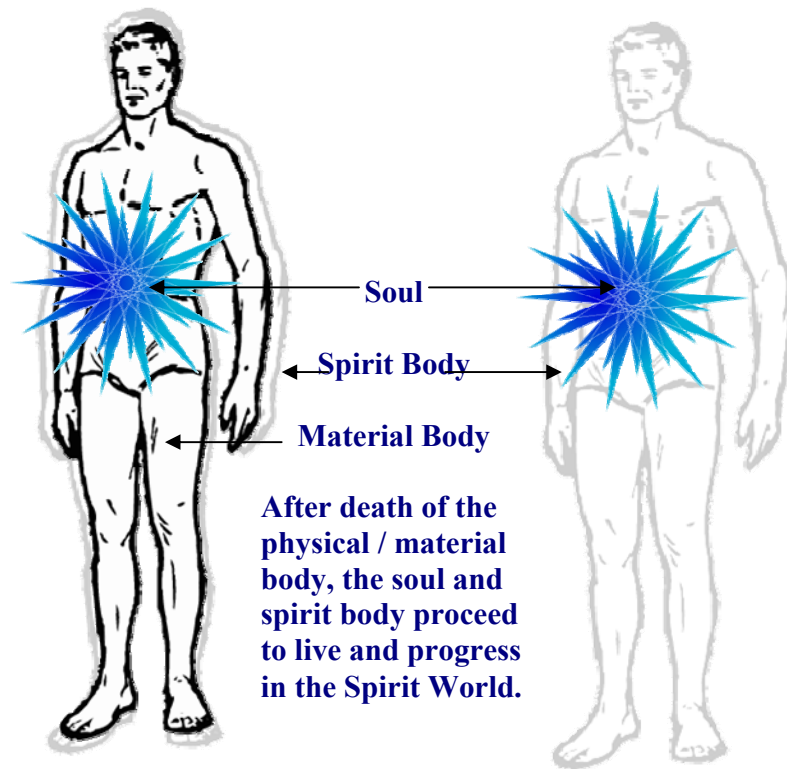
That name is not understood equally by those who use it. But, as yourself have read it and understand it, this ethereal planet of which I speak is not it. It is what I have said of it. Those of human-kind who have come to be there are old denizens as we have been told, and their residence there is uncertain as to its future duration. They are a kind of by-product of humanity of Earth in long ages past.

*Do you pass through this ethereal planet on your way to Earth from the higher spheres?*

Locally we must do so. But we are not responsive to its environment in normal as we pass through it. We are not sensibly conscious of its presence. It has not relation to the spheres one, two, three, as I have spoken of them in their degree by numbers. It is another order of creation, and a very strange one. It lies away off the highway of our goings, so that I know little of detail concerning it. What I have told you, and a little more, was explained to us in order to help us to account for some erratic events which perplexed us much until this new factor was brought to our knowledge. And then we understood.

ARNEL ‡.

*1. Interestingly the Padgett Messages indicate that after the fall of "Adam and Eve" (named differently as Aman and Amon) the opposite occurred as mankind fell into evil. Both their human bodies and the Earth became grosser as they fell into ever less spiritual ways of living. G.J.C.*

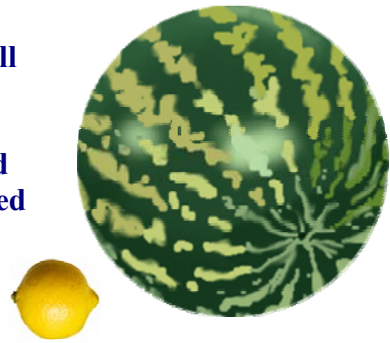


SOUL  SPIRIT BODY  MATERIAL BODY

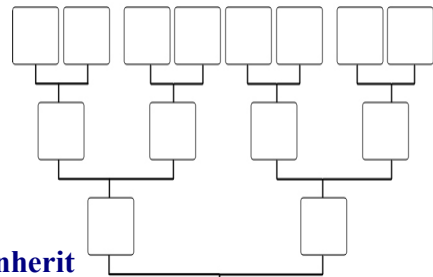
PERSONALITY

The text 'PERSONALITY' is written in large, multi-colored letters below the diagram.

Trapped, frozen core emotions vary in size from very small lemons to giant melons. They are energy balls that block the natural flow of energy through the spirit body, and consequently, through the physical body creating pain and illness. These trapped emotions are like fuzz balls that need to be released. They can be in clusters or on their own.



Emotions can cluster or nest together:



We all inherit many emotional injuries from our up line family.



Emotions are energy in motion = e-motion. Trapped or blocked emotions are in enormous variety of sizes and age depending upon the severity and frequency of the events creating them. Here is a 1 – 8 scale:



**LEMONS to MELONS**

**Scale 1 to 8:**

**Trapped emotions can be small mild blockages in energy or they can be of any size in severity and nastiness, all require to be released from within.**

**1. Lemon**

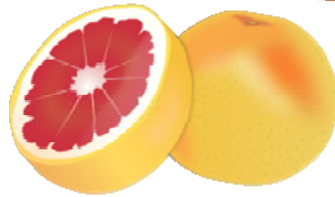


**Emotions can cluster or nest together:**

**2. Orange**



**3. Grapefruit**



**4. Prickly Pear**



**5. Rock Melon**



**6. Dragon Fruit**

**7. Durian Fruit**



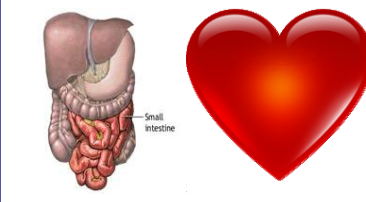
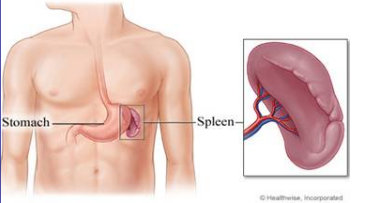
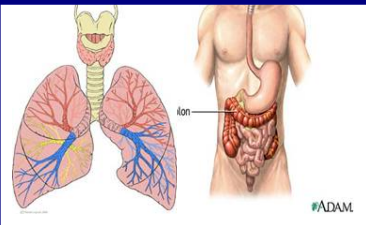
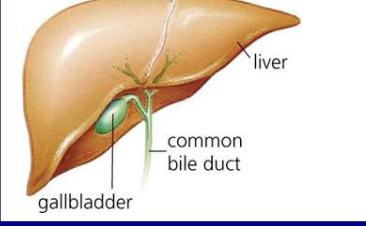
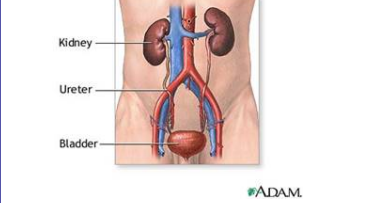
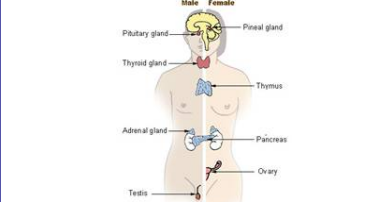
**8. Melon**



**The bigger they are, the more damage they do!**

**Oh, they can come in clusters also!**



| Organs                                                                              | EMOTION CODE™ CHART                      |                                                                |                                                                               |
|-------------------------------------------------------------------------------------|------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------------------------------|
|                                                                                     | Column A                                 | Column B                                                       |                                                                               |
|    | <b>Row 1</b><br>Heart or Small Intestine | Abandonment<br>Betrayal<br>Forlorn<br>Lost<br>Love Un-received | Effort Un-received<br>Heartache<br>Insecurity<br>Over joy<br>Vulnerability    |
|    | <b>Row 2</b><br>Spleen or Stomach        | Anxiety<br>Despair<br>Disgust<br>Nervousness<br>Worry          | Failure<br>Helplessness<br>Hopelessness<br>Lack of Control<br>Low Self-Esteem |
|   | <b>Row 3</b><br>Lung or Colon            | Crying<br>Discouragement<br>Rejection<br>Sadness<br>Sorrow     | Confusion<br>Defensiveness<br>Grief<br>Self-Abuse<br>Stubbornness             |
|  | <b>Row 4</b><br>Liver or Gall Bladder    | Anger<br>Bitterness<br>Guilt<br>Hatred<br>Resentment           | Depression<br>Frustration<br>Indecisiveness<br>Panic<br>Taken for Granted     |
|  | <b>Row 5</b><br>Kidneys or Bladder       | Blaming<br>Dread<br>Fear<br>Horror<br>Peeved                   | Conflict<br>Creative Insecurity<br>Terror<br>Unsupported<br>Wishy Washy       |
|  | <b>Row 6</b><br>Glands & Sexual Organs   | Humiliation<br>Jealousy<br>Longing<br>Lust<br>Overwhelm        | Pride<br>Shame<br>Shock<br>Unworthy<br>Worthless                              |

## **Keshe and Pascas:**

Article 9      **All people, given the necessary tools, have a responsibility to make serious efforts to overcome poverty, malnutrition, ignorance, and inequality. They should promote sustainable development all over the world in order to assure dignity, freedom, security and justice for all people.**

### **Teachings from the Keshe Foundation books:**

<http://www.keshefoundation.org/en/new-horizons/teachings>

- Book 1:      **THE UNIVERSAL ORDER OF CREATION OF MATTERS**
- Book 2:      **THE STRUCTURE OF LIGHT**
- Book 3:      **THE ORIGIN OF THE UNIVERSE**

<http://www.youtube.com/watch?v=UrN99RELqwo>

<http://www.youtube.com/watch?v=t2hekPOcuaY&feature=related>

### Documents in this series:

Pascas Care – Plasma People  
 Pascas Care – Plasma (a note on the subject)  
 Pascas Care – Man and His Soul  
 Pascas Care – Man and Light  
 Pascas Care – Towards Love and Light

### **Everything is Interconnected**

**God's Divine Love: Pray for it, ask for it, and receive it.**



**Oliver Twist asked:**

***Please, sir, I want some more!***

**Maybe we should simply ask:**

***Please, Mother and Father, I want some more!***

**The real you is your soul:**

**SOUL**

contains your:

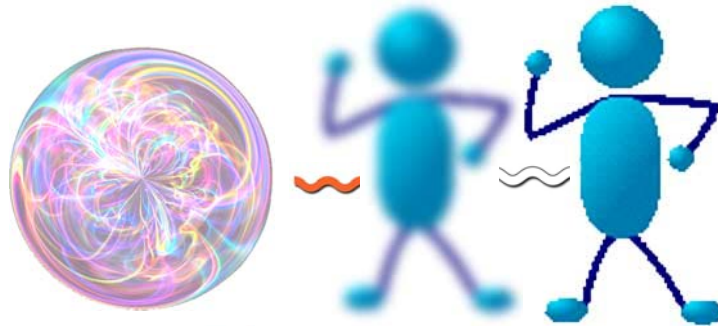
- Personality**
- Emotions**
- Awareness**
- Desires**
- Passions**
- Creativity**
- Aspirations**
- Intention**
- Memories**
- Intelligence**
- Free will**



As your soul, the ball of plasma, grows in love, so does the size and brilliance of your plasmatic soul expand and grow.

**SUPER SENSORY SENSES**

The real you is your soul.



Spirit people cannot see the soul until they progress to the 8<sup>th</sup> sphere. Spirits tend to believe that their spirit body is the soul, that is not so.

SOUL SPIRIT BODY PHYSICAL BODY  
**P E R S O N A L I T Y**

The super sensory senses are within the soul:

- Soul has many, many senses.
- Spirit body has much higher senses and capabilities than the physical body.
- Body has five sensing tools – sight, smell, touch, hearing, and taste.

When the soul receives Divine Love, even the super sensory senses continue to grow.

|               |   |                                                      |
|---------------|---|------------------------------------------------------|
| Physical Body | ↑ | we first generally develop our physical senses.      |
| Spirit Body   | ↑ | mind / brain development starts.                     |
| Soul          | ↑ | soul development is typically ignored on the planet. |

Soulmate development is soul to soul.

Once we open up our soul, we cease to depend upon our bodies, and connect soul to soul.

|                                                                                                                                                                     |                                                                                                                     |                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                 | <b>consider commencing with: Paul – City of Light</b>                                                               |                                                                    |
| <b>The Book of Truths</b>                                                                                                                                           | <b>1914 – 1923</b>                                                                                                  | <b>xxx – Joseph Babinsky</b>                                       |
| <b>containing the Padgett Messages or</b>                                                                                                                           |                                                                                                                     |                                                                    |
| <b>Little Book of Truths</b>                                                                                                                                        |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                        | <b>xxx</b>                                                                                                          | <b>– Geoff Cutler</b>                                              |
| <b>The Rejected Ones</b>                                                                                                                                            | <b>2002 – 2003</b>                                                                                                  | <b>xxx – James Moncrief</b>                                        |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                               | <b>2003</b>                                                                                                         | <b>xxx – James Moncrief</b>                                        |
| <b>Paul – City of Light</b>                                                                                                                                         | <b>2005</b>                                                                                                         | <b>xxx – James Moncrief</b>                                        |
| <b>Mary Magdalene and Jesus'</b>                                                                                                                                    |                                                                                                                     |                                                                    |
| <b>comments on the Padgett Messages</b>                                                                                                                             | <b>2007 – 2010</b>                                                                                                  | <b>xxx – James Moncrief</b>                                        |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                     | <b>2013 – 2014</b>                                                                                                  | <b>xxx – James Moncrief</b>                                        |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                         | <b>2017</b>                                                                                                         | <b>xxx – James Moncrief</b>                                        |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                |                                                                                                                     |                                                                    |
| <b>The Urantia Book</b>                                                                                                                                             | <b>1925 – 1935</b>                                                                                                  | <b>xxx as primary reading</b>                                      |
| <b>Divine Love supporting reading:</b>                                                                                                                              |                                                                                                                     |                                                                    |
| <b>Revelations</b>                                                                                                                                                  | <b>1954 – 1963</b>                                                                                                  | <b>– Dr Daniel Samuels</b>                                         |
| <b>Judas of Kerioth</b>                                                                                                                                             | <b>2001 – 2003</b>                                                                                                  | <b>– Geoff Cutler</b>                                              |
| <b>The Golden Leaf</b>                                                                                                                                              | <b>2008</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                       |
| <b>The Richard Messages</b>                                                                                                                                         | <b>2012 – 2013</b>                                                                                                  | <b>– James Reid</b>                                                |
| <b>The Divine Universe</b>                                                                                                                                          | <b>2012 – 2013</b>                                                                                                  | <b>– Zara &amp; Nicholas</b>                                       |
| <b>Family Reunion Afterlife Contact</b>                                                                                                                             | <b>2014 – 2015</b>                                                                                                  | <b>– Joseph Babinsky</b>                                           |
| <b>Traveller, An Immortal Journey</b>                                                                                                                               | <b>2014 – 2015</b>                                                                                                  | <b>– Zara &amp; Nicholas</b>                                       |
| <b>Destiny, Eternal Messages of Divine Love</b>                                                                                                                     | <b>2015 – 2016</b>                                                                                                  | <b>– Zara &amp; Nicholas</b>                                       |
| <b>Feeling Healing</b>                                                                                                                                              | <b>2017</b>                                                                                                         | <b>– James Moncrief</b>                                            |
| <b>Religion of Feelings</b>                                                                                                                                         | <b>2017</b>                                                                                                         | <b>– James Moncrief</b>                                            |
| <b>The Way of Divine Love</b>                                                                                                                                       |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |
| <b>Divine Love – The Greatest Truth in the World</b>                                                                                                                |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |
| <b>The Human Soul</b>                                                                                                                                               |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |
| <b>Divine Love Flowing</b>                                                                                                                                          |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |
| <b>The Truth</b>                                                                                                                                                    |                                                                                                                     | <b>– Werner Voets</b>                                              |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>                                                                                                      |                                                                                                                     | <b>– Robert James Lees</b>                                         |
| <b>Life in the World Unseen</b>                                                                                                                                     |                                                                                                                     | <b>– Anthony Borgia</b>                                            |
| <b>Gone West</b>                                                                                                                                                    |                                                                                                                     | <b>– J M S Ward</b>                                                |
| <b>Post Mortem Journal</b>                                                                                                                                          |                                                                                                                     | <b>– Jane Sherwood</b>                                             |
| <b>After Death / Letters from Julia</b>                                                                                                                             |                                                                                                                     | <b>– William T Stead</b>                                           |
| <b>Thirty Years Among the Dead</b>                                                                                                                                  |                                                                                                                     | <b>– Carl A Wickland</b>                                           |
| <b>A Wanderer in the Spirit Land</b>                                                                                                                                |                                                                                                                     | <b>– Franchezzo</b>                                                |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>                                                                                                  |                                                                                                                     | <b>– Geoff Cutler</b>                                              |
| <b>The Holy Bible from the Ancient Eastern Text</b>                                                                                                                 |                                                                                                                     | <b>– Dr George M Lamsa</b>                                         |
| <b>Available generally from:</b>                                                                                                                                    |                                                                                                                     |                                                                    |
| <a href="http://www.lulu.com">www.lulu.com</a>                                                                                                                      | <a href="http://www.amazon.com">www.amazon.com</a>                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a> |
| <b>For Divine Love focused websites and forums:</b>                                                                                                                 |                                                                                                                     |                                                                    |
| <b>Pascas Health:</b>                                                                                                                                               | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a> |                                                                    |
| <b>Spiritual Development:</b>                                                                                                                                       | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                     |                                                                    |
| <b>Padgett Books:</b>                                                                                                                                               | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                       |                                                                    |
| <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                                                                     |                                                                    |



**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     |       |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
|                                                                     | MoC   |                           |       |
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

**Introduction to Divine Love Spirituality**

**Main website of DLS**

**Childhood Repression website**

**DLS and CR forum**

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf          downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

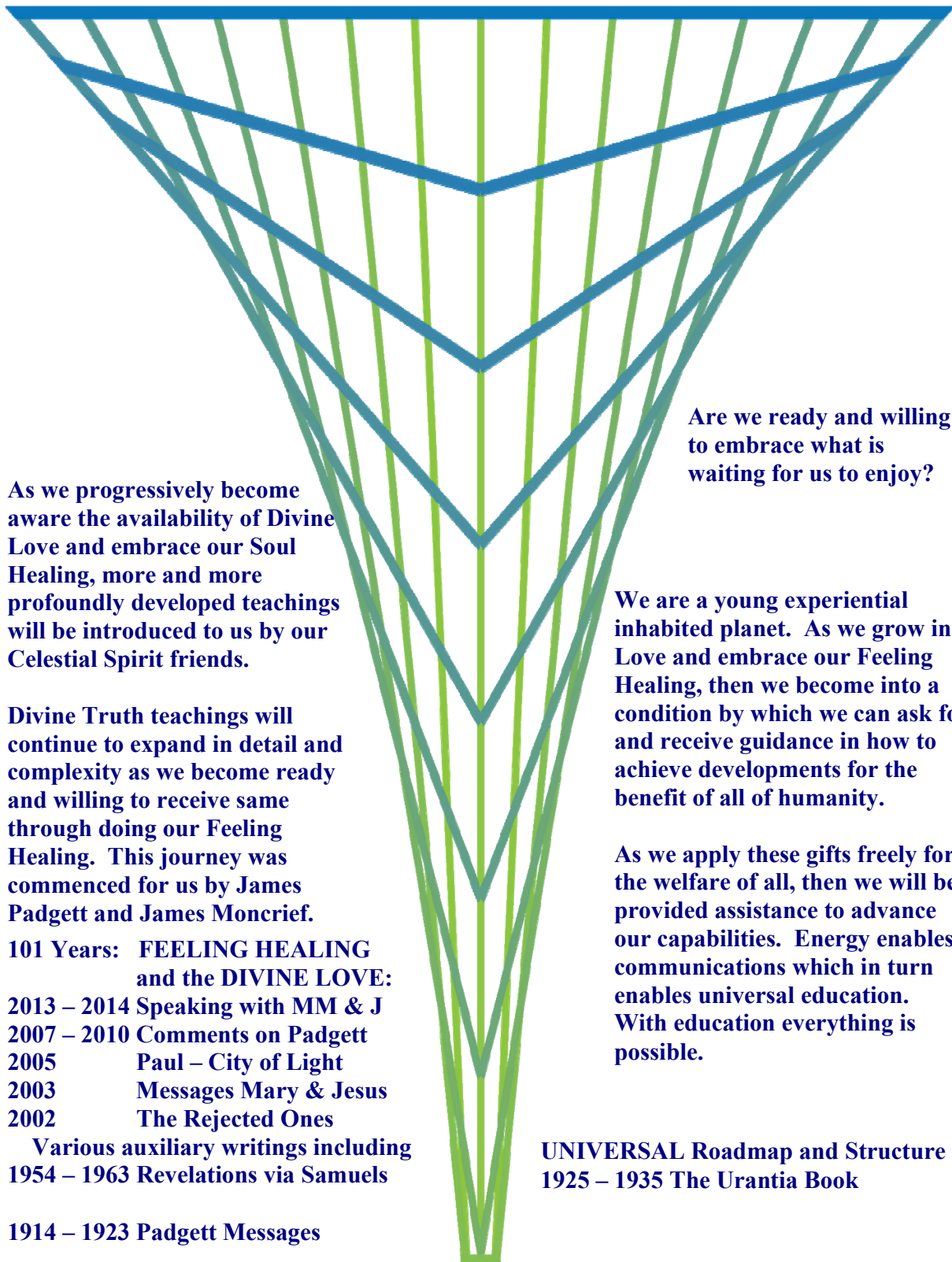
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





**Cause No Harm** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



to enter the  
Celestial Heavens:



<http://www.pascashealth.com/index.php/library.html>

## Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

The real you is your soul.



**P E R S O N A L I T Y**

SOUL  SPIRIT BODY  PHYSICAL BODY

Prayer: is emotional exchange with God.