

PASCAS CARE

Subtle Energy



“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Queensland, Australia

Em: info@pascasworldcare.com
Em: info@pascashealth.com

Pascas Foundation is a not for profit organisation

www.pascasworldcare.com www.pascashealth.com

PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about “looking within oneself”. Much of what we are observing is new to most readers and thus you will take on board that which resonates with you. Further, you may investigate those items of interest and discard those which do not feel appropriate to you.

Kinesiology muscle testing, was developed by Dr. David R. Hawkins and quantified by his Map of Consciousness (MoC) table. MoC has been used to ascertain the possible level of the truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and another tool to assist in considering the possibilities. In contrast, consider using the MoC technique to test the level of truth in your local daily newspaper.

The contents herein are not to be interpreted as an independent guide to self-healing. The information researched here and any information provided in this document should not be considered in lieu of consultation with your own physician, doctor, or other health care professionals. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

Sources for these contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further acknowledgement of these sources as necessary. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we sincerely apologize. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

Note: A careful reading of the transcribed messages from Richard is best followed by a subsequent re-reading as the material is profound and a greater understanding and absorption of the wisdom is enhanced via a second reading.



OUR PATHWAY to the HIGHEST CELESTIAL REALMS:

Celestial Spirit Richard 10 January 2013

The discomforts and illnesses or diseases arise from short or long term periods of disharmony.

You may invest time and effort in deep pondering and search looking for the long-term sources of your dis-ease and you may find apparent causes and you may not. You may embark on courses of treatment of one of the plethora available or you may choose to ignore the issues and embark on course of avoidance of the plethora available there. These are the usual types of actions taken.

I (Richard) do suggest something much simpler and much more immediate. I suggest that you immediately look about you and wonder what very simple thing you could do so that could enhance your harmony with you immediate surroundings. There is no need to seek remotely for happiness or to seek the specially endowed other person who will solve all your problems. Whatever course you take, your change will come about as a result of what you do in the immediate moment in which you are. There will **always** be something, however tiny and apparently insignificant, that you can do that may have effects that are much greater than you ever imagined. Every tiny thing in life is important and nothing goes ignored in the experience of life. In the accounts you have read of the experiences of many of those who visited us here (in the spirit world), many are very surprised at the significance of small actions of theirs which they had forgotten or attached no significance to.

We are speaking of the connected nature of all life which effectively functions without any separation at all of one from another. Trying to seek far a field from what you sense as yourself ignores that all that is occurring for this self that is yours is happening in your immediate surroundings. Of course there are influences further a field that may be in play but attempting to consider these when you are almost certainly completely unaware of them is futile. If you deal with your immediate surroundings your awareness of that will increase and your awareness will then be able to extend outward to other levels if that is appropriate for you.

You will find God and harmony right under your noses. This is where your life is happening all the time. Don't try to step further than you may but do dance where you are if that seems the best thing to do and it often is. There are the greatest pleasures to be found in the simplest of things that you do because you can. These don't have to be done with great skill or attempting perfection but simply



done. You are not judged for what you do. The simple pleasures that are taken without expense to anyone else have the potential to give pleasure to all. Do these simple things without concern who might see you or who might hear your singing. Do them for yourself without fear of judgment. Feel free to love another, feel free to love all others.

These words are simple and direct and bear repeating time and again for the Truth within them is undeniable. Truth is not hidden. It is right in front of everyone. It is elusive because it really is so obvious. It is so apparent that it is overlooked in the search for it. Truth has been made into a complex mystery. I will go so far as to say that there is not one of us who has not been amazed to discover this.

In writing about the processes we have begun to deal with we will return again and again to the underlying simplicity of all the apparent complexity. There is of course much to learn but the essence of the simplicity of this is that the knowledge needed already exists and will not be obtained by long, hard and painful study but by learning how to simply be and to allow all that you need to come to you. As you do this you will move in all that exists with the smooth simplicity of natural process which is effortless. It is effortless because you will move in harmony with the God given laws which are infallible and will always carry to your desires. As you move in harmony you will always be in harmony with everything else.

This is your inheritance and you don't have to earn it or justify the assumption of it. You will assume it in the simplest of ways and the most pleasurable of ways. Our guidance will assist you to keep to the path that you choose. There is nothing to fear and no pain to battle. Once more I say, begin to move towards acceptance of this future which is not a possibility or a probability but a certainty.

Those who are moving in similar directions will be drawn to each other as they will be using their will in similar ways to further their desires. As more and more join in the compatibility of their desires and the truly loving ways of furthering those desires great and growing changes will occur seemingly without effort. The great beauty of this is that it happens from the sum of the apparently insignificant actions of individuals who are motivated by love. The metaphor that is used that claims that the flutter of a butterfly's wings can result in a storm somewhere else relates precisely to this phenomenon. So my little butterflies, I enjoin you to start fluttering your wings. We will flutter with you.

The Richard Messages – Celestial Spirit Richard
10 January 2013



Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



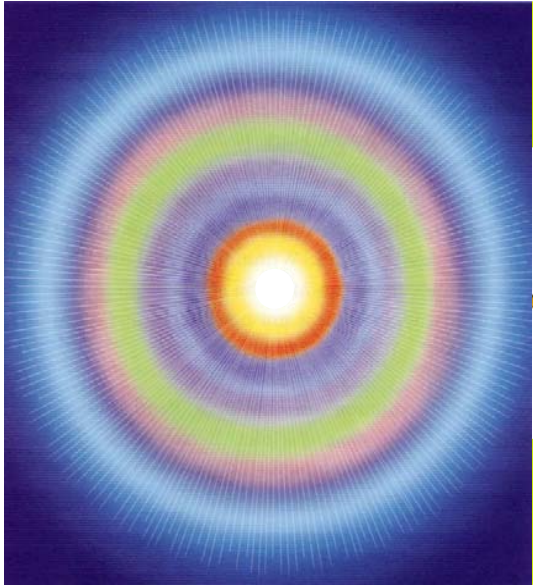
Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018



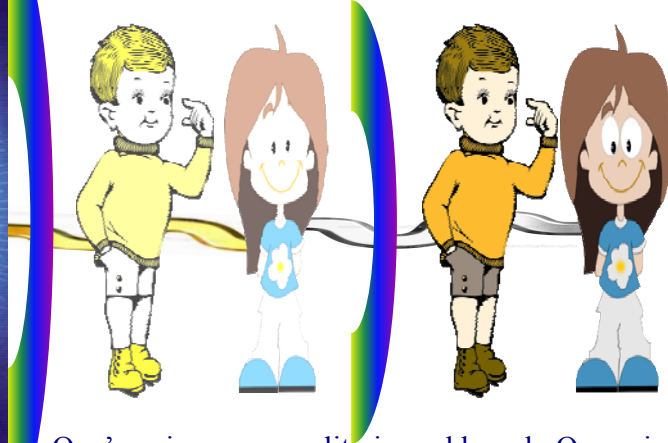
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY

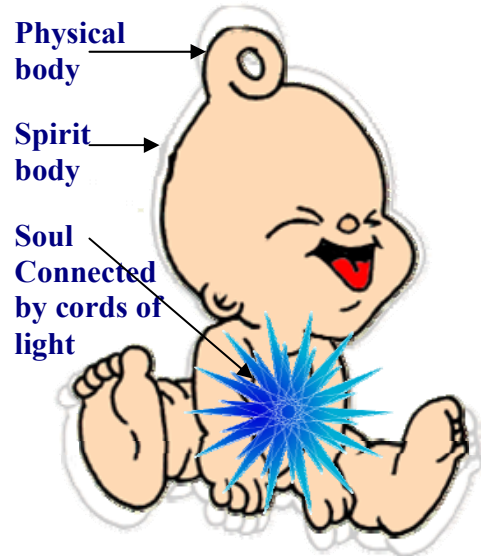


**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

The PHYSICAL WORLD is the only REALM where PROCREATION OCCURS:

A newly individualising soul is just a tiny invisible spark.

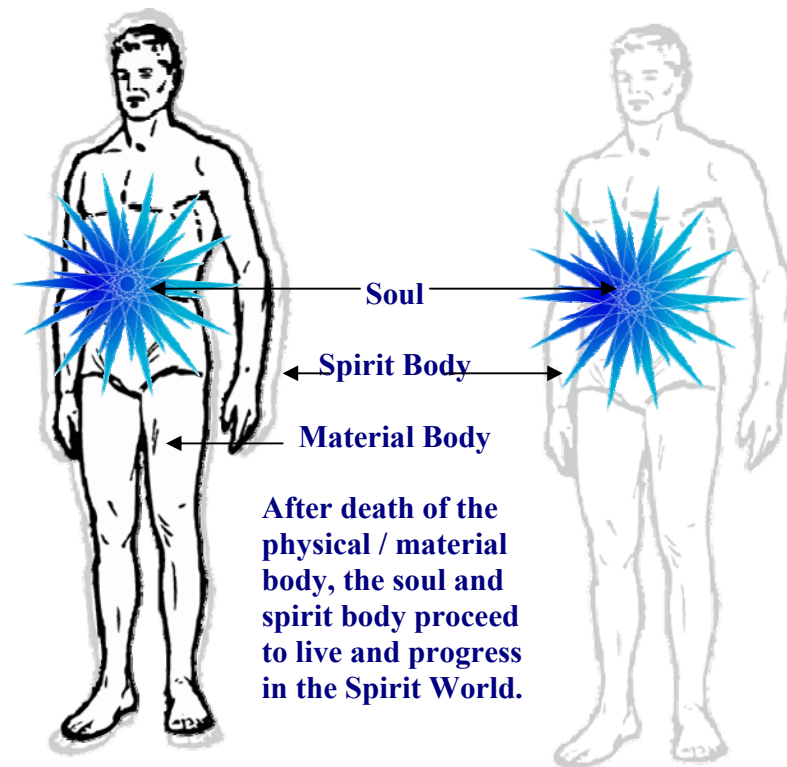
The soul nests inside of the spirit body, never to be separated.



The life force for the spirit body and the physical body is via the soul. The spirit body is connected to the soul via cords of light, and in turn, the physical body is connected to the spirit body via cords of light. Should the light cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

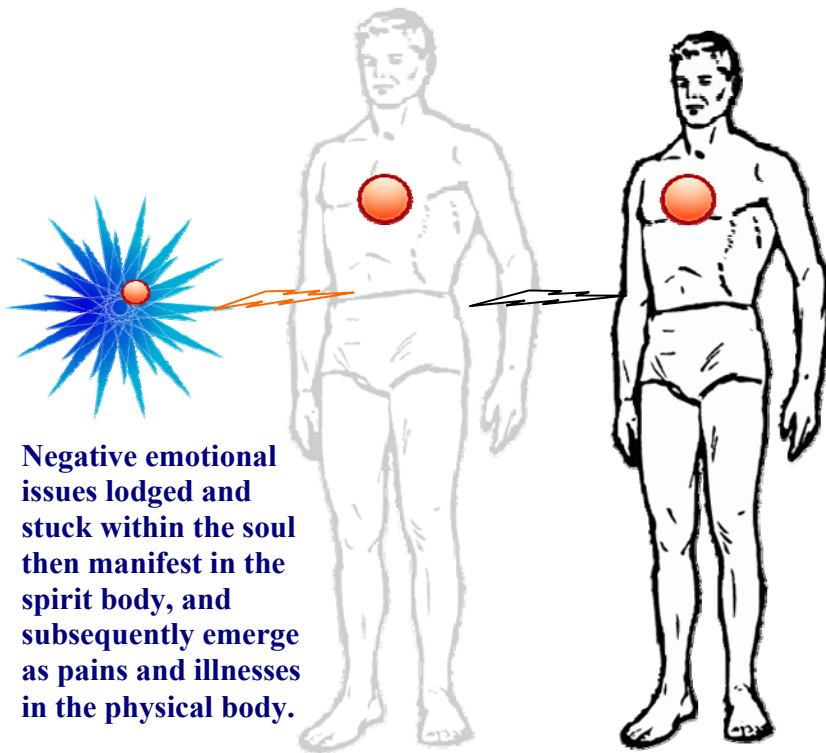
“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



“The spirit, that is to say, the soul and its spirit body, may live for all Eternity, if God so requires it, even if it does not possess the consciousness of immortality through possession of Divine Love, and it will certainly continue to live throughout all Eternity – the soul and its indissoluble spirit body – if it does possess the Divine Love, Immortality and At-onement with our Mother and Father.

“As soul cannot be taken from, or torn from – or in any other way deprived of – its spirit body, once it has come to the spirit world, it would be equally impossible for the spirit body to enter the human body of another human being, for only a soul without a spirit body can enter a human body, and on the death of this body, the soul manifests its spirit body (the spirit body having being formed at conception of the child – conception attracts the soul, the soul with the forces of the parents creates the spirit body).

When a human being dies in the flesh, his soul has already achieved under ordinary circumstances the purpose of his creation, that is, individualization and the creation of receptacles for soul's, and in his spirit body, in size, shape, appearance and nature, is the complete creation without the envelope of flesh.” Jesus via Dr Daniel Samuels 10 March 1955 <https://new-birth.net/samuels-messages/53-revelations/revelation-20-reincarnation-is-an-oriental-doctrine-ntr75/>



Negative emotional issues lodged and stuck within the soul then manifest in the spirit body, and subsequently emerge as pains and illnesses in the physical body.

The energy, plasma, being attracted to the stuck emotion can cause the injury to grow and grow and grow.

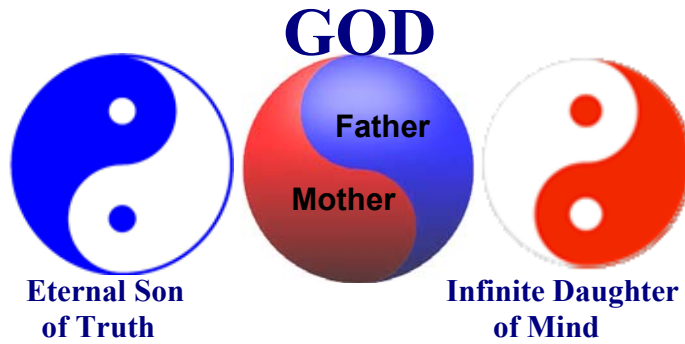
SOUL SPIRIT BODY MATERIAL BODY
 P E R S O N A L I T Y

Soul does not know sexuality



SOUL SPIRIT BODY PHYSICAL BODY
 P E R S O N A L I T Y

Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

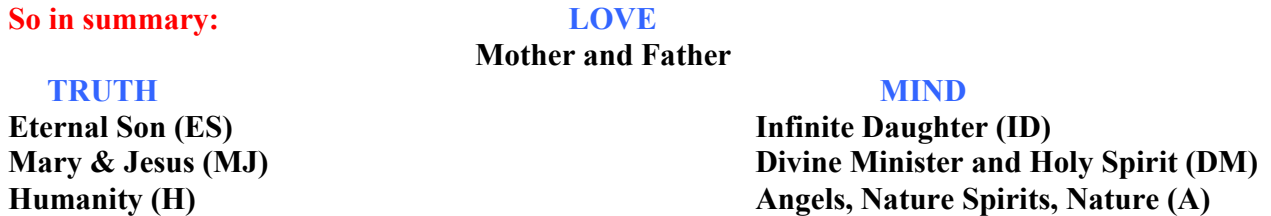
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

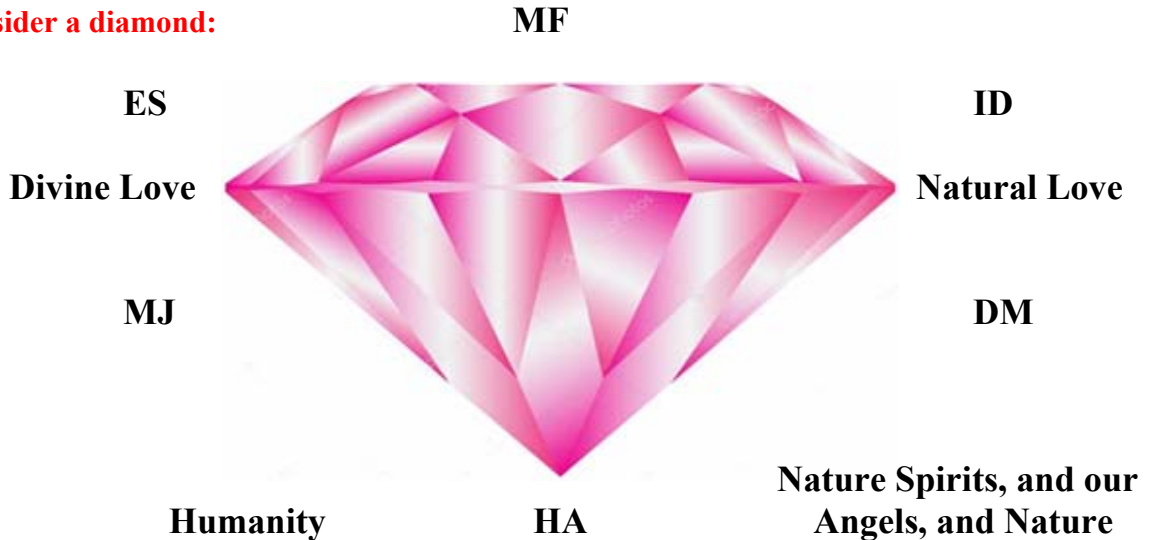
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

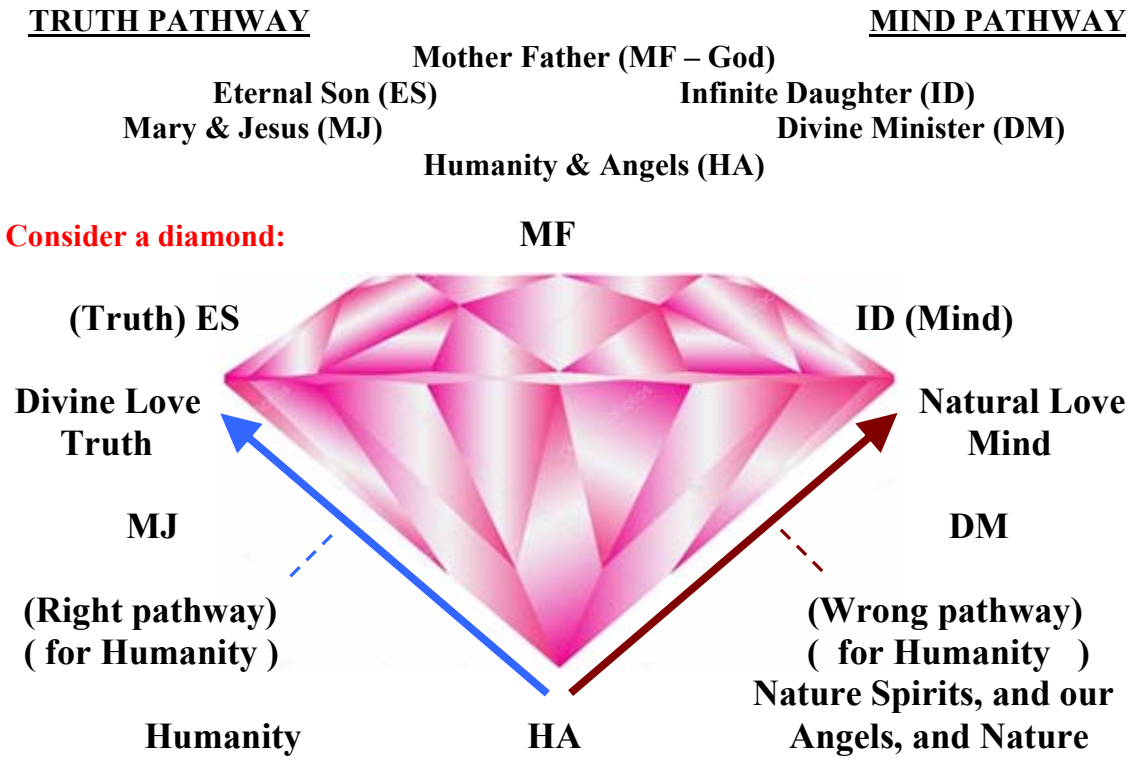
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

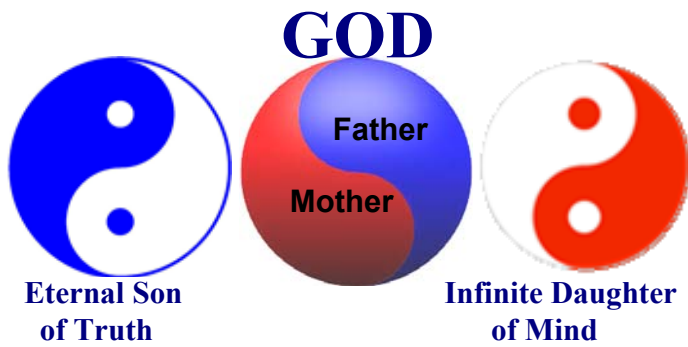
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

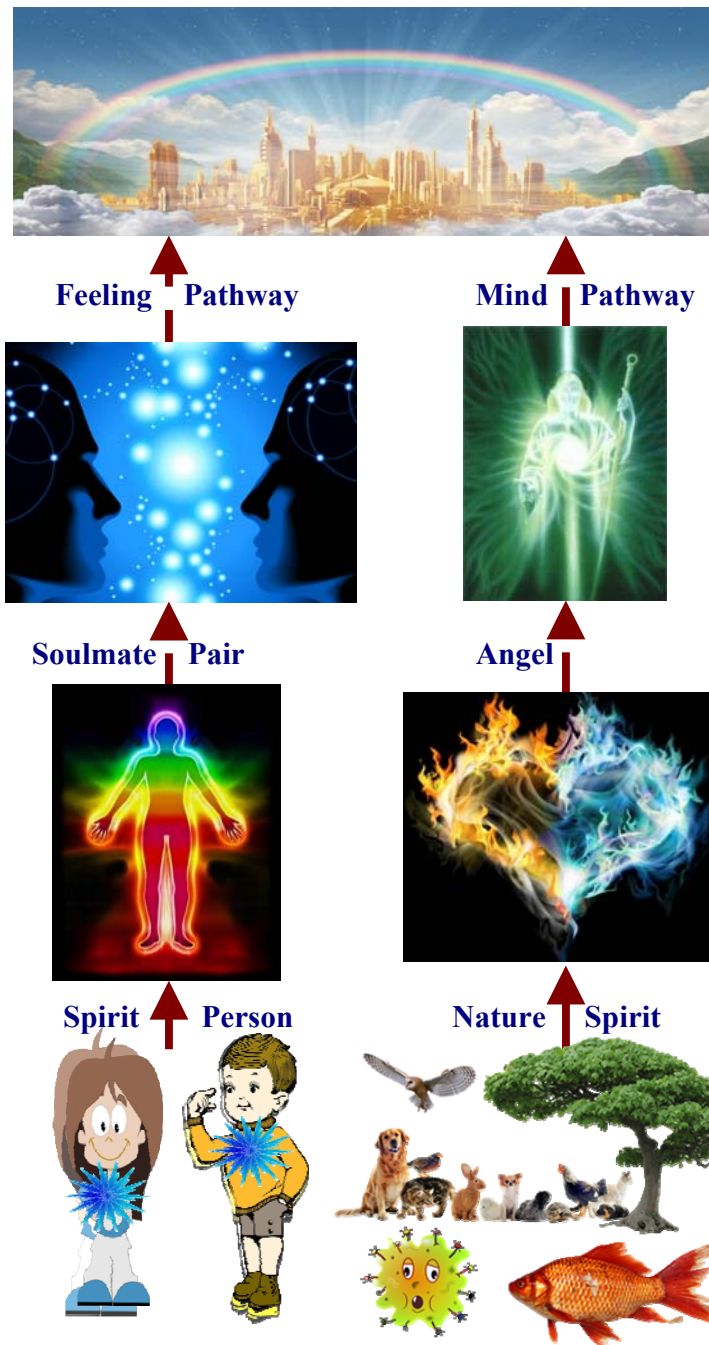
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

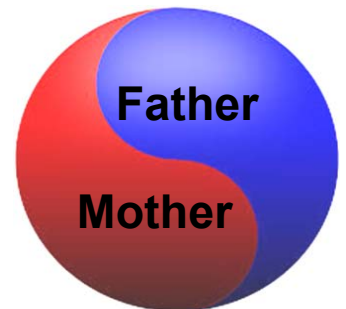
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

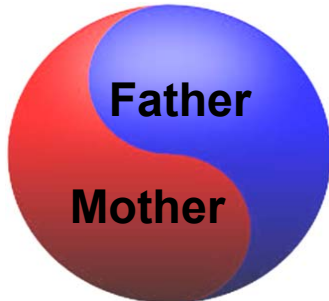


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



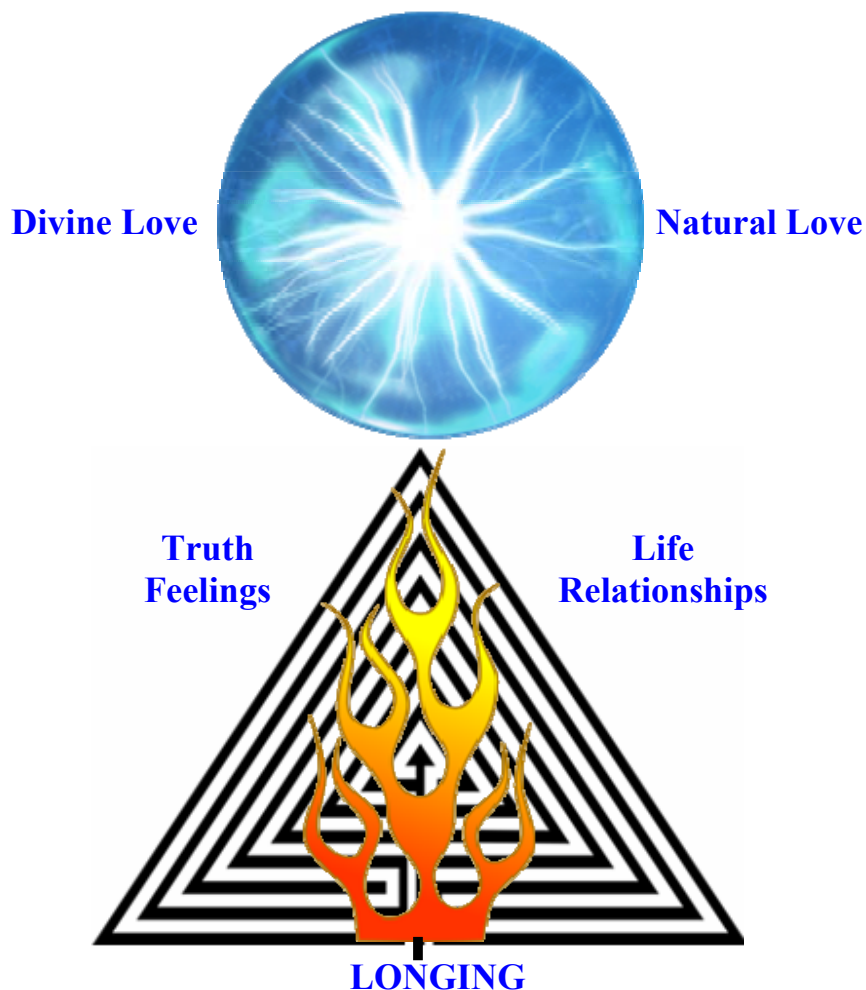
HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

HOW TO GET TO PARADISE:**Long for the Divine Love****Long for the Truth****Long for the truth of your feelings****Don't deny any feelings: accept, express and want to know the truth of them****Know your feelings are the key; your feelings are the Way****Want to end your falseness and being untrue****Want to understand the truth of your early life****Use your surface feelings to move deeper into yourself, bringing up your repressed feelings****Want and long to know the whole truth of yourself****Want to do it all with God, your Heavenly Mother and Father – long to Them for help.****The Key**

Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



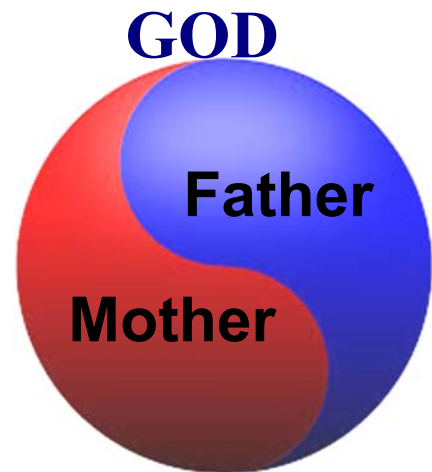
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

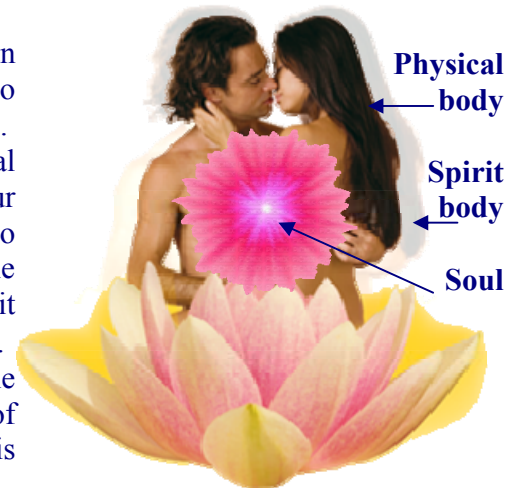
It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

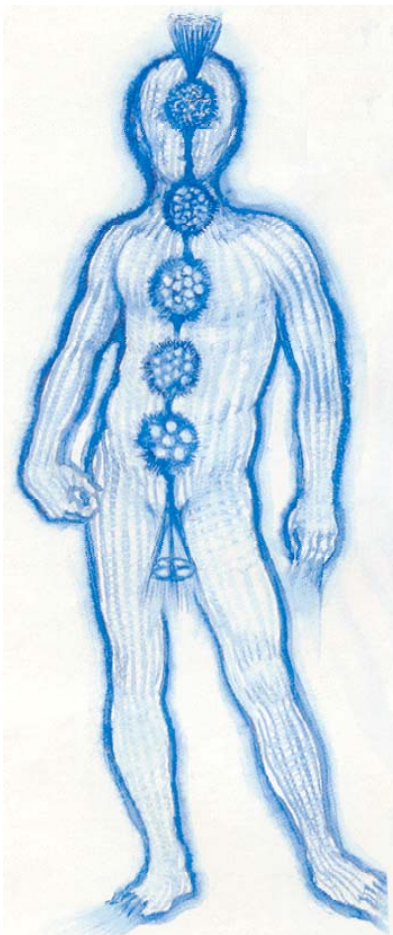
HEALTHY MERIDIAN or OBSTRUCTED MERIDIAN:

The etheric body, being part of your spirit body, is the template for the physical body. Much of the energy you need for the physical body is supplied by way of chakras and the meridian lines throughout your etheric body. These meridian lines reach from your toes to the end of your fingers or top of your head. Each set of meridian lines is connected to a specific organ of your body. Each organ functions at a different vibrational frequency.



In like, many negative emotions, which are also of different vibrational frequencies, if not allowed to pass through your bodies, will find their lodgement within fields of related frequencies within your body and organs. Such negative emotion, being those calibrating under 200 on Dr David Hawkins' Map of Consciousness, may lodge anywhere in the bodies, typically on the meridian line of the related organ to which it relates to and was attracted to.

Such slow vibrating negative emotion is a plasmatic magnetic energy ball. It can grow and grow by being fed the same fuel coming from a continuation of the same emotional injury. This stuck ball of energy will restrict the movement of needed energy flow along the meridian. This will result in discomfort, then pain, and then may manifest in illness in the organ or in aspects or regions of the body related to that organ.

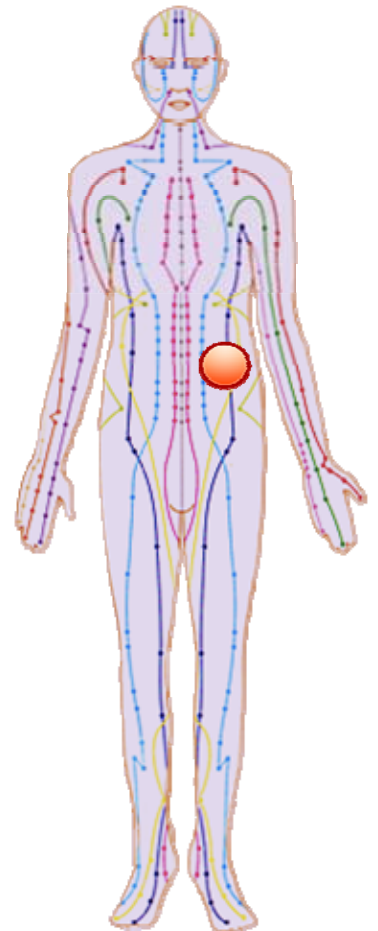


Allopathic / western medicine treats the symptoms, however the cause remains held in the bodies resulting in a further or similar health issue or a reoccurrence.

The negative emotion, possibly having been held since very early childhood, can be easily removed.

Issues within the subtle bodies are energetic magnetic fields that can be removed by your focused intent to recognise the issue, locate the issue, and enable the bodies to release the emotion with the support of additional magnetic energy being provided to your governing meridian down your spine. Such healing modalities include the Emotion Code and Body Code practices, as an example.

The ultimate way to improve your health condition is to long for and receive Divine Love, this love slowly but steadily grows your soul condition and results in erroneous emotions and injuries being released from your bodies.

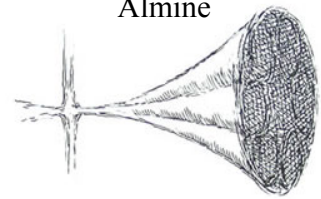


MERIDIAN LINES are ENERGY CONDUITS for CHAKRAS.

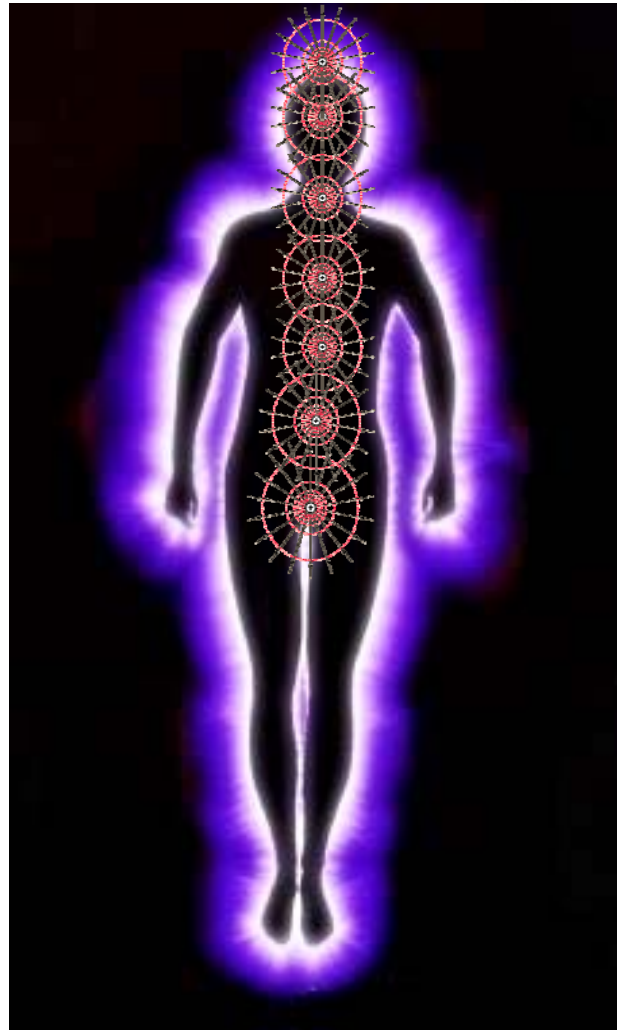
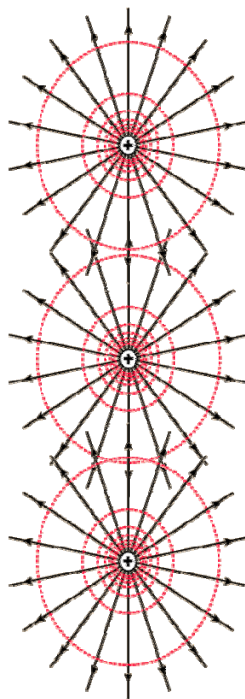
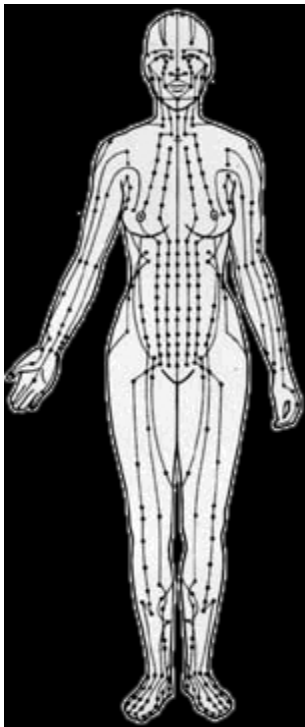
Spirit Body, incorporating the Etheric Body, is the blue print and master designer of the Physical Body. Energy flow constrictions in the many meridian lines, that form the blue print, emerge as pain, then injuries and then illnesses within the Physical Body.

Etheric or Astral Body: The majority of karma, which is a constriction in the universal flow of energy formed by incorrect perception, is held in the astral body (only a small portion is in the physical body). It consists of bluish lines of light. It produces the acupuncture points and the major and minor chakras by the energy lines crossing each other. Where they cross seven times, there is an acupuncture point. Where they cross thirteen times, there is a minor chakra point. Where they cross twenty times, there is a major chakra point. This body is linear and is located an inch (2.5 centimetres) out from the physical body.

Almine



Each chakra point, major or minor, has a swirling vortex that draws in energy to feed the spirit body and subsequently the physical body.



ENERGY DETERMINANTS – Relationship between Body, Mind and Soul:

The physical body calibrates at 200 on Dr David Hawkins’ Map of Consciousness. Many people feel and believe that their body is their real self, this is not so.

Further, the brain is not the origin of the mind, as science and medicine had believed, but the other way around. The mind controls the brain. The brain is activated by the mind’s intention and not vice versa. Reason, which emanates from the mind, calibrates at 400 to 499, thus controlling the brain.

What is held in mind has the power to alter brain activity and neuroanatomy. Thought is powerful because it has a high rate of vibration. We are subject to what we hold in mind. Errors in belief bring about energy flow blockages.

Superimposed around the physical body is an energy body whose form is very much like that of the physical body and whose patterns actually control the physical body. This control as at the level of thought or intention. This superimposed energy body is one’s etheric / spirit body, the template of one’s physical body and home of one’s mind.

The basic dictum to comprehend is that the body obeys the mind; therefore, the body tends to manifest what the mind believes. Illness is generated in the physical body by erroneous held beliefs within one’s mind.

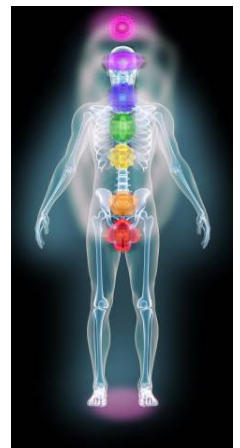
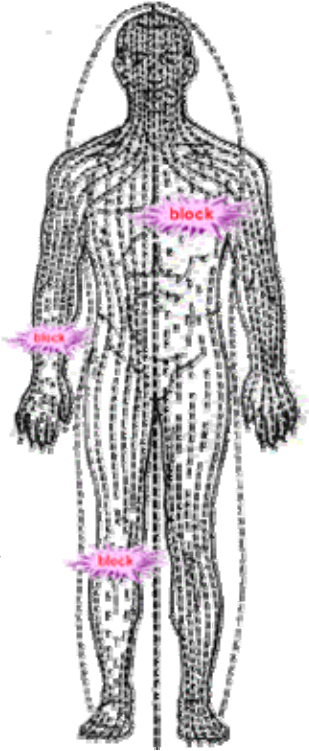
It is the energy level of love that steadily brings about a release from erroneous and harmful man-made emotions and beliefs. The energy level of love calibrates at 500 and higher. One’s soul is connected via cords of light with one’s spirit body. One’s soul is the home of one’s personality, natural intelligence and memory, it is our real self.

One’s soul is always perfect and is made of the energy substance called natural love. It is by growing one’s level of love does one enable sufficient energy to flow through one’s chakras of the spirit body and subsequently into one’s physical body that erroneous and injurious beliefs are dissolved and the potentiality for health of the physical body to become permanently repaired a possibility.

On the Map of Consciousness (MoC), the **charkas** calibrate as follows:

Crown	600	7 th chakra
Third Eye	525	6 th chakra
Throat	350	5 th chakra
Heart	505	4 th chakra
Solar Plexus	275	3 rd chakra
Sacral or Spleen	275	2 nd chakra
Base or Root Chakra	200	1 st chakra

The greatest infusion of Love, and the easiest way for one to transcend levels of emotions, that is, to evolve, is to long for, pray for, and ask for the Father’s Love, Divine Love, being a light golden blue energy substance. Try the experiment.



NEGATIVE EMOTIONS are UNINVITED PLASMA FIELDS:

Unhealthy and negative emotions enter our soul as uninvited and unwelcome plasma that then proceeds to disrupt the energy flows of the spirit body which is the template for the physical body.

This plasma fields or balls can grow in size should they be fed with more and more of the same or similar negative emotional energy. A plasma field can collect energy from released and projected emotions from time to time.

These emotional injurious plasma fields are first attracted to specific organs that reflect the energy of specific emotions, the plasma field can then proceed to lodge anywhere within the bodies of the spirit and physical. Thus, an emotion of the heart may subsequently reside within the stomach region, both inside and protruding out there from.

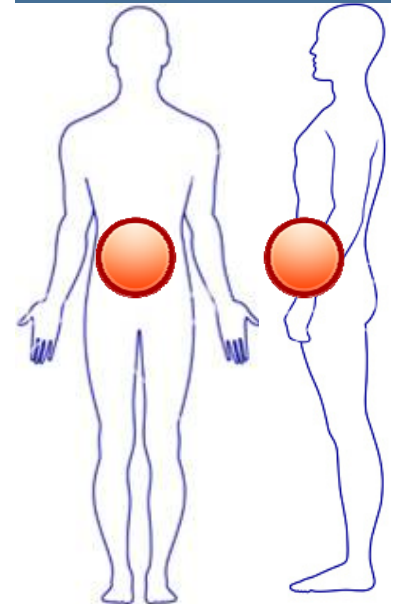
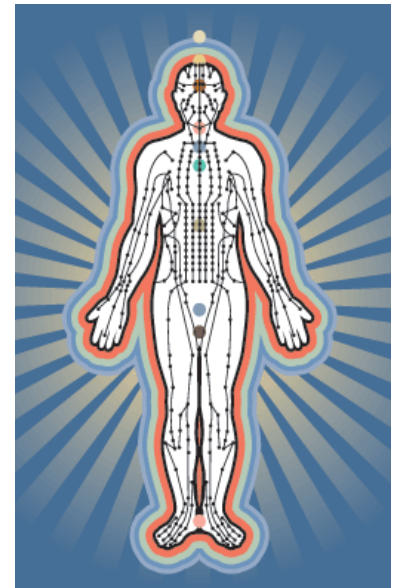
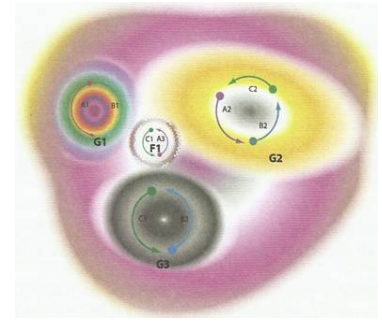
Initially, the injurious uninvited emotional field, being plasma, may be extremely small, however, if allowed to fester and grow by drawing on the negative emotions of those within your environment, the energy field may grow and grow in size from that of a mere pin head to the size of a melon. This progression could take the time from very early childhood to one's senior retiring years.

As all plasma consists of magnetic and gravitational fields, once your intent is focused upon it, firstly recognising its existence, and then focusing your intent for it to be removed, the magnetic field can act in your favour. With the introduction of even a marginal amount of additional magnetic energy, by way of Reiki or by the passing of a small magnet down your meridian, then the dislodgement of the emotional plasmatic field can be achieved. Intent in the form of prayer.

We are all energetic magnetic beings. The interference to our physical body's template, which is within our spirit body, can readily occur. The transfer of the disruption to the physical body is generally very slow, however, it can be very painful and damaging over the long term.

The extraordinary capabilities of the spirit body are extensively dumbed down and throttled back when it comes to the functionality of the physical body. The spirit body has all of our physical five senses, however, in much greater capacity, as well; the spirit body has maybe a dozen senses in all. Our physical existence is like being on training wheels for our incredible experiences to come within the spirit worlds.

“If cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani





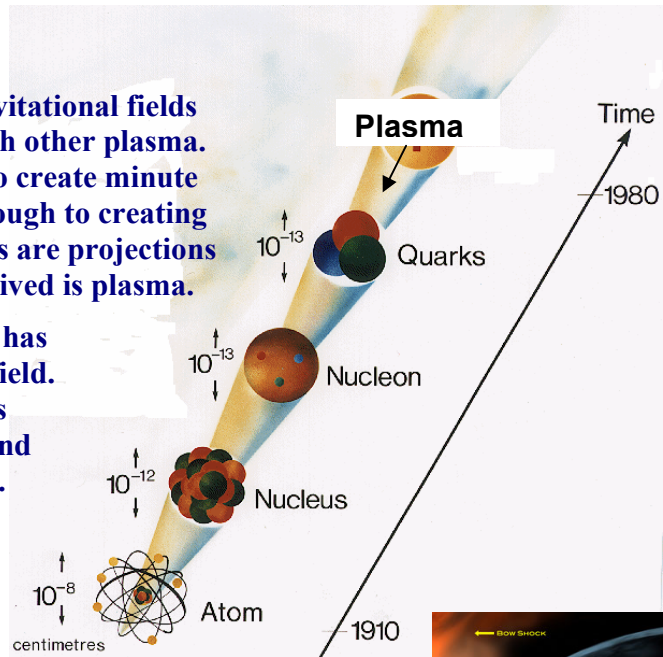
In this physical world, many people can see the auric field around one's body, this is the reflection of the spirit body which remains attached to our soul for all time. The soul is not visible to us, nor is it visible to the spirit person with its enhanced senses. The soul, depicted below, reflects through the spirit body which continues as our vessel for future growth upon the separation from our physical body. The separation of the spirit body from the physical body results in the death of the physical body.



PLASMA:

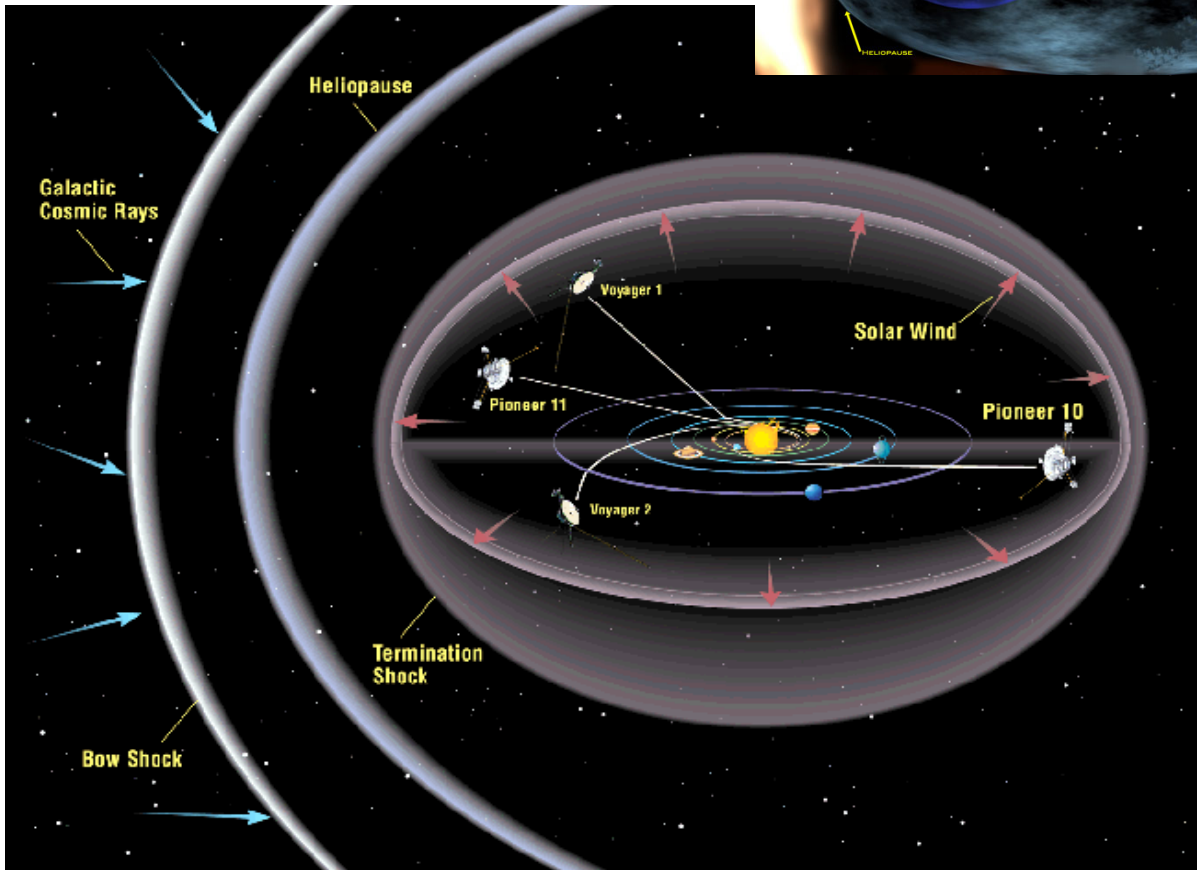
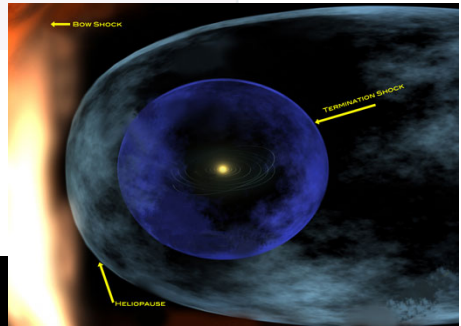
The magnetic and gravitational fields of plasma combine with other plasma. They group together to create minute things, all the way through to creating galaxies. Our thoughts are projections of plasma. Loved received is plasma.

Every cell in our body has a plasmatic magnetic field. Our whole body has its own magnetic field. And so it goes on, and on....



INTERSTELLAR BOUNDARIES:

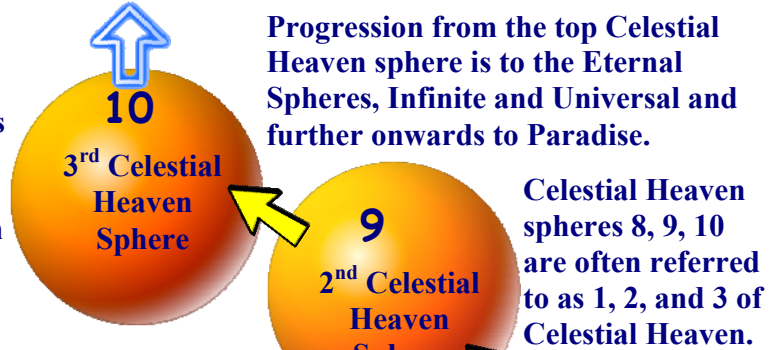
The boundary is the outer limit of the magnetic field that encapsulates a solar system and universes.



SPIRIT MIND MANSION WORLDS are numbered 1 to 7:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

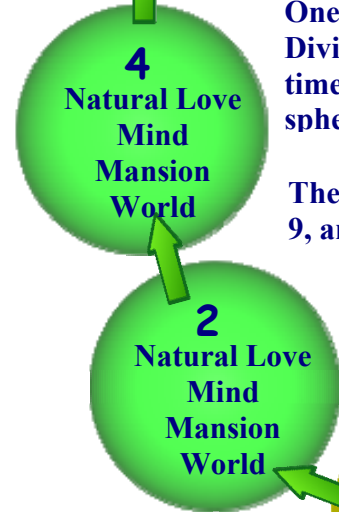
Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.



Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

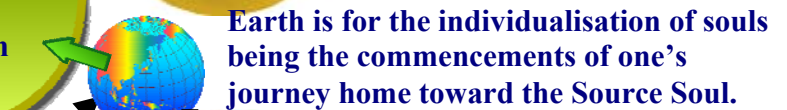
One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.



On death of the physical body we all arrive in the 1st Natural Love sphere.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1st Natural Love sphere and continue in their progression onto higher spheres.



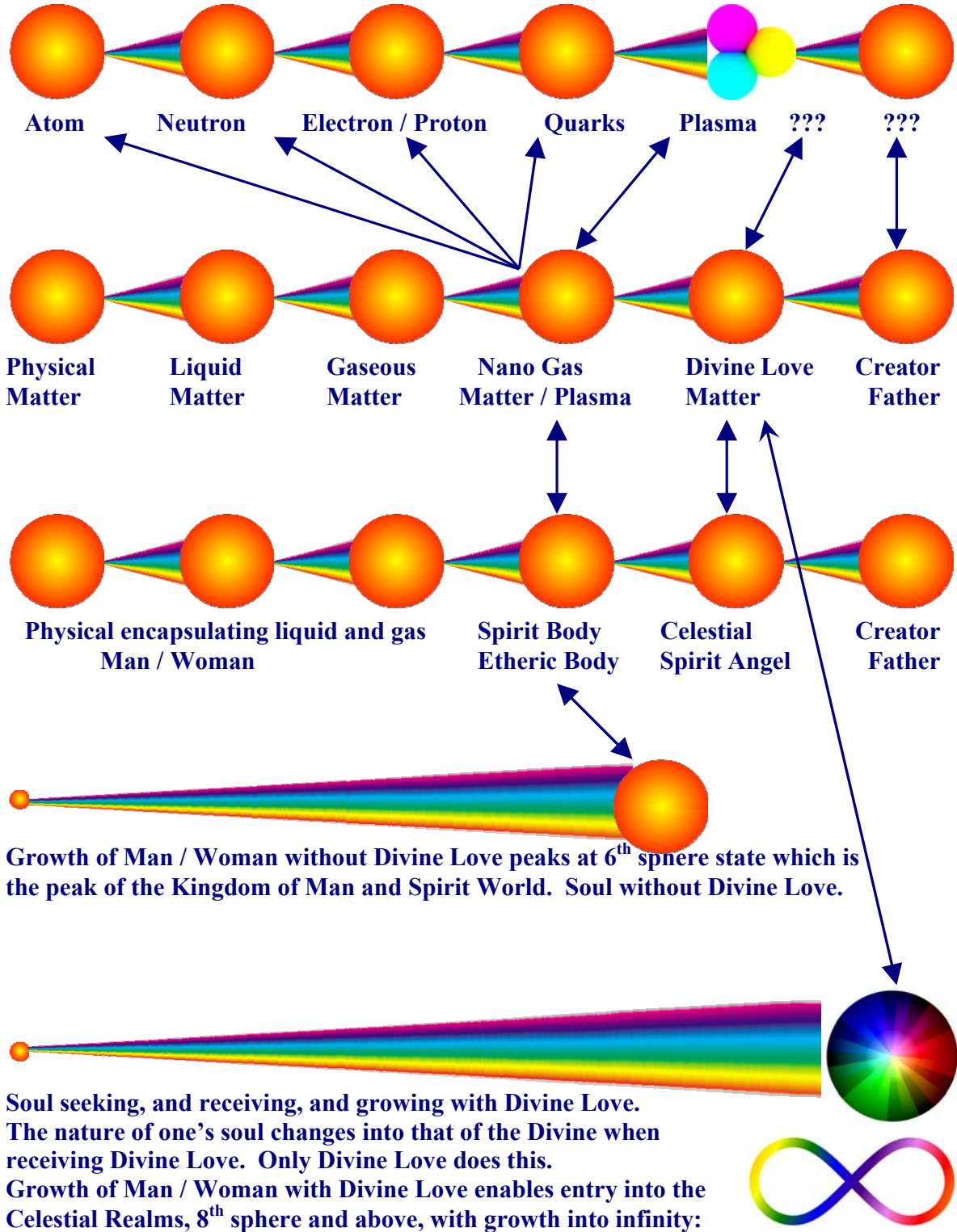
The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

STAGES of MATTER:

Matter becomes finer and finer and more incredible within each phase:





Kingdom of God – Celestial Spheres
Spheres 8 to infinity.

Celestial Kingdom / Heavens and where you become an angel, all one with God. Immortality is achieved upon receiving Divine Love subsequently enabling entry to the Celestial Heavens, then Eternal Spheres and then Spheres of Paradise.

Sphere of Transition:

Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8th Sphere, and then on upwards on the Divine Love path.

Kingdom of Man – Spirit World
Spheres 1 – 6

Sphere 6 is the highest progression that can be achieved on the natural love path.

This is not the domain of angels. Sphere 1 is the Earth plane where all souls arrive upon shedding the material body.



The kingdom of God is in his heart, God’s divine truth reaching his soul transforming him

The kingdom of man is in his head, what he believes, is his own truth.





SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

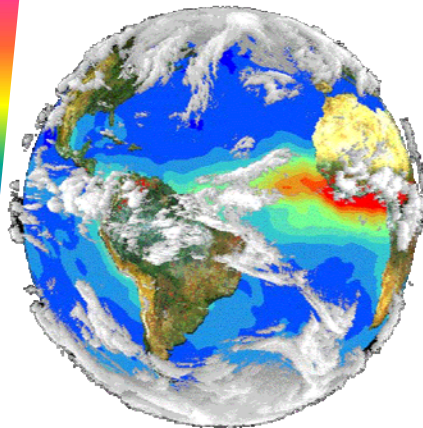
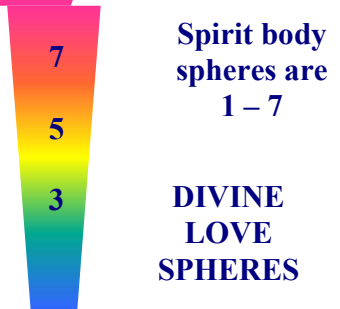
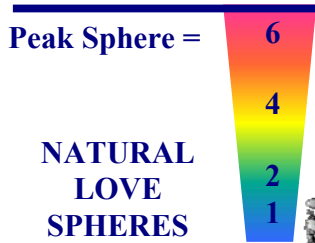
CELESTIAL HEAVENS

**Soul spheres
are not
numbered.**

**Soul spheres
are to:**



The New Birth = Become at one with God: sphere 8



**Earth sphere is for
the physical body.**

RICHARD's MESSAGES:**Extracts:**

The Richard Messages: Celestial Spirit Richard 30 July 2012
Thoughts of healing of your body occupy at present. More correctly, your thoughts are of the damage in your body rather than the healing of it.

AJ teaches about the importance of the effects of repressed emotions and in this he is quite correct. Humans are created as expressers of emotion and repressing this expression damages the physical structure and impacts upon the soul. Knowing this greatly increases your own capacity to deal with the so-called negative issues in your lives.

The method he teaches is the one he is following and which he believes to be the most effective. He proves in himself that benefits do follow. The method is not easy and has the possible effect of focussing the individual on these negative effects.

In many ways, his teaching is a denial of the **subtle nature of spirit and energy**. The physical effects of emotional suppression are recognisable and are often quite gross. Nonetheless, they are the result of subtle energies applied often and for long periods. As such they can also be reversed by subtle energies. **The processes of healing by using subtle energy and by emotional release work are, as yet, quite poorly understood.** The repression of emotion is deeply entrenched in most cultures on Earth and the attendant problems are therefore widespread.

The prime issue as you progress, whatever your chosen pathway, is Faith. This is the essential factor. I say 'factor' but Faith is not a factor, it is the essence. As your level of faith increases so too does your capacity to accept and follow your ever-present guidance.

Increasing faith also leads to increasing sensitivity to your own inner processes so that you will be more aware of your own contribution to any situation in which you find yourself. This enables you to focus on your personal connection with God which places you in the best possible position to deal with whatever you face. Every person carries varying degrees of repression which is producing automatic and unreasoning responses to life situations. Recognising such situations leads you to awareness of underlying emotions. These are not dealt with intellectually but need to be accepted as facts of your own life. These are not issues from which to hide for this is impossible anyway however much you might desire this.

In all of your life wherever you might be incarnate or spirit existence you will always deal with what exists at any moment. There is no evasion and no possibility of denial as you progress. Denial is an ineffective process that prevents progress.

Prayer is an essential part of living. Prayer is a very powerful way of involving yourself with whatever it is that concerns you in your life. Many attempt to see prayer as a way of handing responsibility over to our Father. Prayer gives you the strength to deal with the issues that truly exist. That is, it enables

Celestial Spirit Richard 31 July 2012



you to move within yourself with Faith to accept and deal with what exists. You can always have faith that there is a resolution to whatever problem exists. More often than not, people are attempting to deal with what appears to be or is judged to be a more 'desirable' problem. Your own judgment of the 'evilness' of a problem you might have or think you have will often powerfully prevent you from dealing with the problem that exists. What exists, exists. So be it. One can only deal with what exists and never with some more palatable alternative. Self-judgment is rarely accurate.

Loving and caring acceptance of yourself, and all that you do, without negative judgment is a most powerful quality to develop. As you do this you will begin to see yourself as we do. It is our capacity to do this that allows us to guide you truly and your present lack of this capacity that leads you astray.

With all limiting personal issues, create a desire to accept that these exist and pray for assistance to heal them. It is your sincere desire to progress beyond limitation that will lead to the resolution of these problems. This is more certain than processes which may serve to focus you on your pain and limitation to the detriment of your growth and progress. The approach of acceptance and prayer will save you from much pain. The demand to know the origin of the limitation can be very restrictive.

Celestial Spirit Richard 14 August 2012

We (spirits from with Celestial Realms) are working constantly to reveal methods of healing to mankind and will seize opportunities when they present.

Many people today have a degree of acceptance of the fact that all material forms are actually energy structures and that the energetic base of the apparently solid forms is fully mutable. Having this acceptance is a beginning but you are deeply steeped in the beliefs of solidity that have become knowledge. This is not surprising as you have all lived with this for a long time. Dramatic changes in apparently fixed structures or systems are perceived as miracles. Learning to live comfortably with the reality of the invisible takes time and adjusting. More than anything it takes faith and desire to do so.

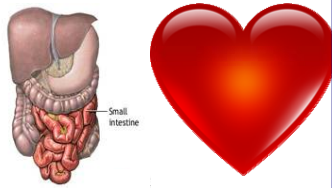
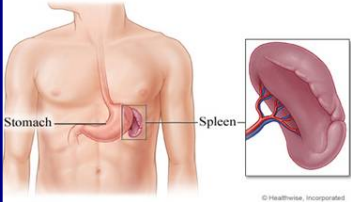
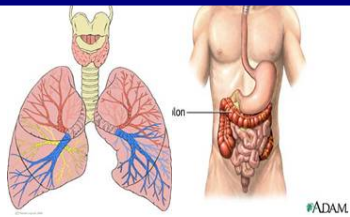
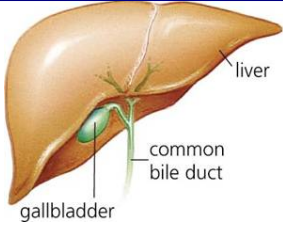
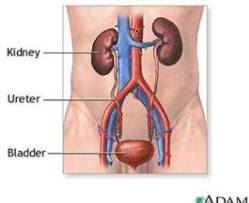
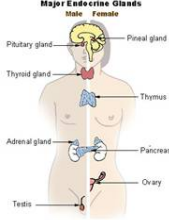
You have lived your life so far feeling the need to use effort to achieve all that you desire. This has caused you to create much strain and stress in your body with the consequences that you now feel. Your physical structure in common with all physical structures is formed on a basis of **subtle energy** and has a capacity to change that is not limited by age. The irreversibility so called degenerative and aging changes is a belief and not a fact. You can always be your own experimental laboratory.

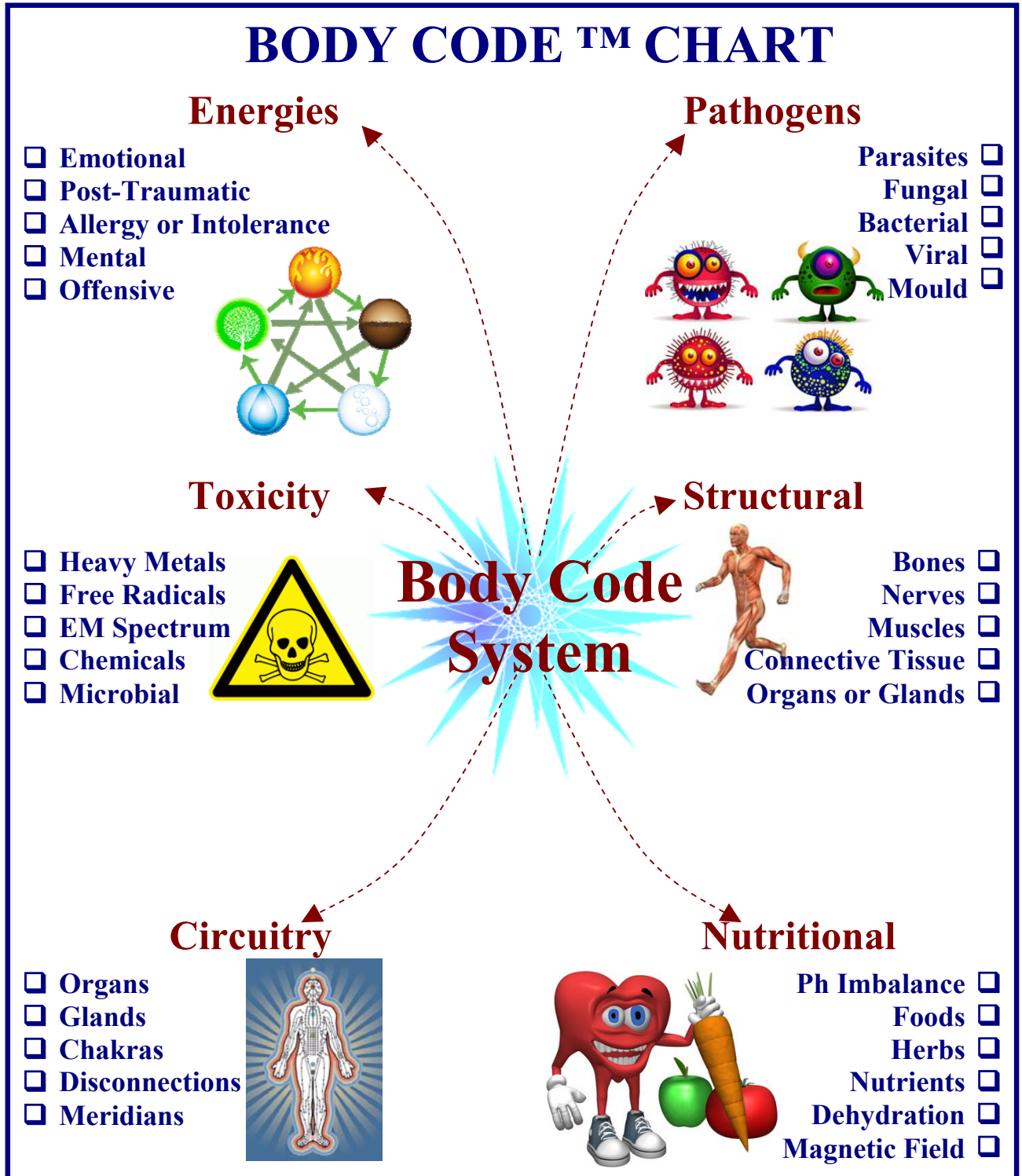
Look at the methods developed by others and learn from them without being limited by them. Information from us is flowing to many channels and is available to all. That many are commercialising this information is probably inevitable given the very commercial climate of humanity but we don't encourage this. The only advantage of this that we see is when it leads to the dissemination of the information.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**






EMOTIONS affect SPECIFIC ORGANS:

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one's mind affect the flow of energies through one's spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless



5 Ways You'll Benefit When You Use The Healing Codes

	<p>You'll take charge of your health—and feel younger and healthier than ever before. If you have nagging health problems that have been bothering you for years... or if you just simply feel sluggish or "out of whack," I'll show you how to treat yourself safely and effectively. I'll show you how to go beyond the symptoms your doctor wants to treat to discover the root cause of whatever's ailing you.</p>
	<p>You'll go beyond the same old tired health advice. Because a large percentage of those who use The Healing Codes are "hopeless causes" who have tried everything under the sun, you'll find The Healing Codes refreshingly different.</p>
	<p>Targeted Solutions – The specific targeting The Healing Codes provide are the destructive, unhealed memories. These are the source of stress... when you remove the destructive memory pictures in the heart and subsequently remove the stress from the body, the neuro-immune system can then heal just about anything on its own.</p>
	<p>Lower Health Care Costs – A recent study published in the <i>Wall Street Journal</i> stated that the money spent on health care in the United States has exceeded 15% of our Gross National Product. The Centers for Disease Control and Prevention in Atlanta estimate that 80% of all health care dollars are spent on illnesses related to stress. When you are able to reduce the stress and heal the origin of the health problem, you reduce and in some cases eliminate, all related health care costs.</p>
	<p>No False Findings, Risky Drugs and Needless Surgery – In many cases your doctor is just "flying by the seat of his pants" when it comes to diagnosis and treatment. Why subject yourself to those when a better option is available through The Healing Codes.</p>

The Richard Messages: Celestial Spirit Richard 15 August 2012

The energy fields in which your material body and other worldly structures form is ever present and ever changing. It is totally natural and fluid in nature in that it flows and moves reflecting all that occurs within it. When you think of that is it not remarkable that the forms with which you are so familiar are able to retain such constant appearance? In truth, their appearance is constantly changing, sometimes quite markedly, yet you see them as being constant. We are encouraging you to use methods that will enable you to abandon this desire to maintain apparent fixedness. Your need to do this arises from your fears and the desire to maintain predictability and constancy of your surroundings.

This constant movement of which we are all part is what enables our rapid or instant movement that you may think is only because we have no lumbering physical structure to move. In part this is so but you may well discover that even with a body to carry around you will find an ease of movement and change that is unimaginable to you as yet.

Most of the present healing approaches focus on material and physical methods which are effective to varying degrees. There is general blindness to other more subtle methods which lack scientific proof or evidence. Most people are reluctant to accept the possibility of rapid or instantaneous change as this seems too much like black magic or must be called miraculous. Miraculous has long been used to describe a desired change that is totally misunderstood but usually ascribed to some external agency such as a saint. Even though spirit influence is often a factor in such so-called miracles, humans are very reluctant to acknowledge their own involvement and influence. This will change.



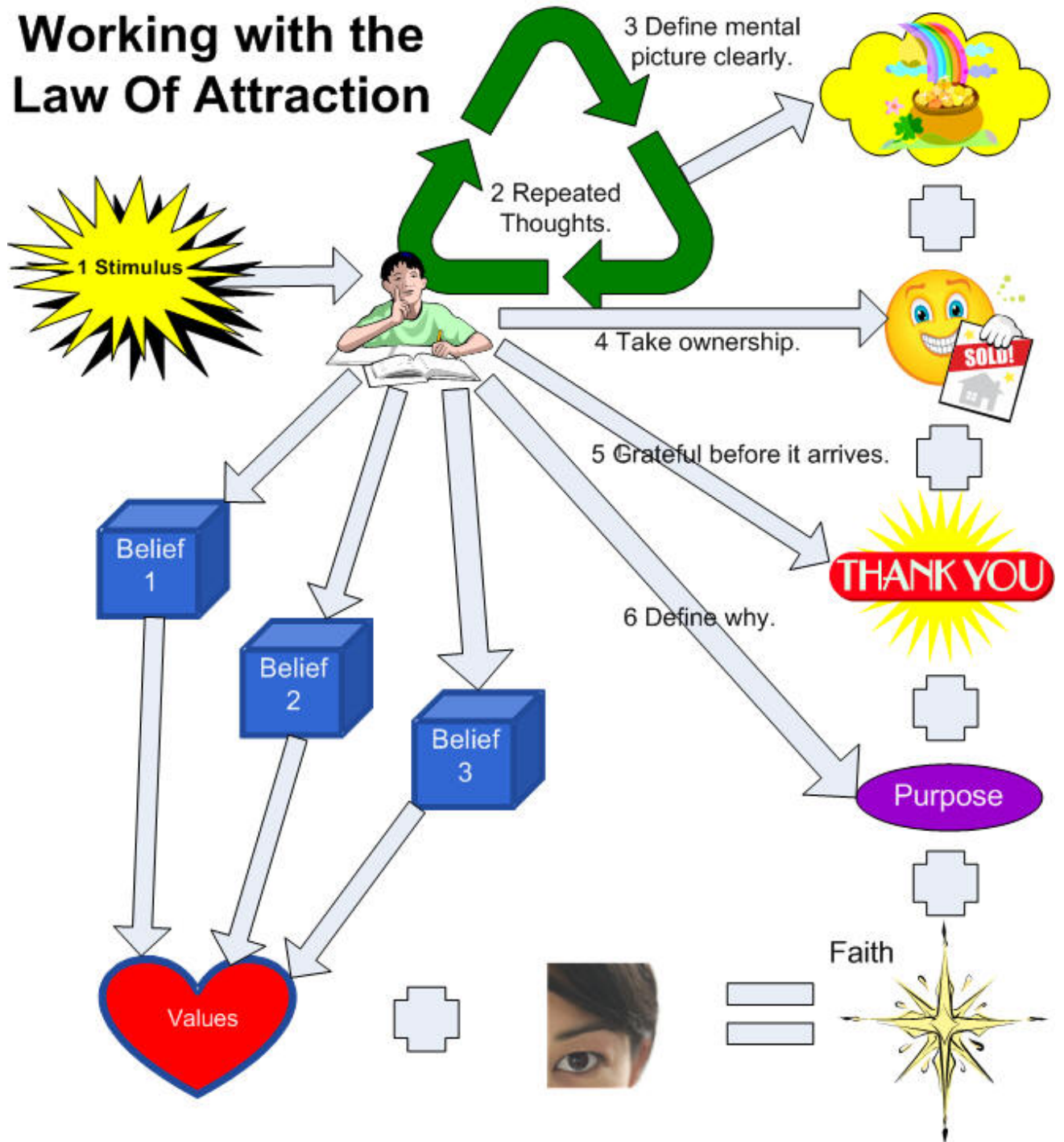
As we progress through the spheres in which we live we become more and more familiar with this wonderful dance of life and the possibilities that exist. As far as we know the possibilities are infinite and we are happy to accept that and happy to be at the stage we find ourselves.

Celestial Spirit Richard 19 August 2012

Pray for assistance to do this rather than pray for the change itself.

This falls within the ambit of the **Law of Attraction** which is wonderfully reliable and complex. This Law operates at all times and, as you know, it always allows you to draw experience to yourself. You already know how to create desires in ways that lead to manifestation as you have done this all your life. Mostly you do this, as do most others, will little awareness often being surprised at the consequences. However there have been many times in your life when you have consciously created what you desire. I desire to assist you to increase your facility with this. This is not too difficult and will require practice.

Working with the Law Of Attraction



EVERYTHING is INTERCONNECTED

The Golden rule is: Never interfere with another's will.

To begin, take one aspect of your living and focus on changing this in a way that you desire. Spend time becoming familiar with what exists now. Go deeply into this to avoid superficiality. Take some process in your body and explore all aspects of this. Go into the advantages and disadvantages that the problem brings you. Be aware of as much as you can about the effect of problem on all aspects of your daily living. Don't assume anything lightly. What may seem to be a minor problem may cloak something much more important than you think and feel. Go into the emotional and physical aspects and approach the problem from a spiritual aspect. How might the problem appear to me?

Approach the situation while frequently reminding yourself that this is not fixed but is a process with constant motion and change. Nothing is fixed. There may well be stagnation but this is a limitation of flow and not a permanent restriction. Remind yourself of this often. **NOTHING IS FIXED OR IMMOBILE.** Even the apparently rigid has motion. That you cannot sense the motion doesn't mean that it isn't there.

A desirable aim is to be able to go with the motion and to direct it rather than attempting to resist it and force it to change. The motion that exists is following the natural laws in ways that you do almost certainly not comprehend. You will always be more easily overwhelmed by what you resist than that with which you move. When I speak of these processes, your mind often conjures images of yourself being taken over and directed by the processes that you don't comprehend. Indeed this is precisely what is happening in the lives of most humans most of the time! This is something to accept in order to develop your own desire. This is an aspect of the problems in your life that you must consider.

We will not control your life nor will we give you what you want as 'rewards for good behaviour'. In your relationship with God you will control these things as do we in our relationship with God. At time you may think that we have done something for you when you will have done it for yourself and not yet be able to recognise this. We will love you and you will feel our love to the extent that you allow yourself to do so. This form of control is subtle and powerful and its essence is acceptance.

Celestial Spirit Richard 20 August 2012

There are no wonderful secrets that cannot be revealed. Unknown knowledge is not secret but simply undiscovered. This applies to all the possible knowledge of the universe. Our Father has created everything so that it can be discovered as one is able to comprehend it. All is available to be learned all the time but to present too much is pointless. Allow yourself to be as that proverbial little child with an open mind and an enthusiasm to learn. Be curious and attentive and patient at the same time. Do not try to step further than you may. Great matters are communicated in simple concepts and suitable steps. Allow information to come to you. You have been told that your central nervous system is like an antenna with the capacity to draw information from the limitless stores of the universe and this is so. If you think about it, this is exactly what you are doing right now. You are functioning as an antenna and allowing our communication to flow through you. Our mutual desire, yours and ours, is to develop this capacity in you primarily for your benefit and secondarily so that you can communicate the information you receive to others.

You are free to draw information from anywhere and you will continue to do this. You will synthesise this to your own satisfaction. We will guide you in this.



That you hear about new and interesting systems of healing of belief means that you have attracted this information but doesn't oblige you to follow that system. Many such experiences serve their purpose when you are able to discriminate between what fits with your desires and what does not. The more clear your desire is the more specific will be the experiences you draw. When you are less focussed then you will draw what may appear to be random experiences loosely related to your desire. There will be gold amongst this dross. However as you refine your desire you will have less dross to refine.

As we have said often to you over the past few years, **desire is the important factor associated with faith.** As you refine your desire your faith will strengthen and then you will also be more able to refine your desire. You have often said that knowing just what you desire is quite difficult for you and this has been so. You have had fear that if you were too focussed on one thing that you may miss out on another. You will not miss out by having refined and clear desire as this will open many doors to you. The unimaginable lies beyond these doors. As always, you must begin from exactly where you are. There is no other possibility. All is possible from this point which is now. You may step clear of the disappointments and regrets of the past into the limitless future.

Celestial Spirit Richard 21 August 2012

Much of what AJ (www.divinetruth.com) teaches has truth within it. He is not Jesus but has immersed himself deeply into his study to the extent where he firmly believes this. To be an effective teacher he does not need this claim. He is not the only Jesus on the planet at present. He is leading people in a desirable direction. However many who follow are setting their own powers of discernment and this is unfortunate.

His teaching regarding the expression of emotion and the development of disease is largely correct but there are other ways of resolving these issues. There is always an element of martyrdom in any teaching of the value of pain in progress. Does the intensifying of pain lead to its release and healing? Perhaps at times this is so. However there is no necessity in God's laws for the experiencing of pain as a means of redemption. This would reek of punishment and Our Father does not punish. He does always allow the experiencing of the consequences of choices as a process of discovering other choices. This is the process of discernment.

The way you choose to live today can lead you through and past the consequences of yesterday's choices. There is no need to actively seek the pain of those choices. Your memories of the past are inaccurate and distorted at the best of times and even more so if you have judgments about them. When you are seeing your past experiences and the people of your past as the generators of today's pain you will always make judgments about them and about yourself. It is true that you have been treated in unloving ways by many whom you have trusted and have made many painful choices yourself. So be it. The results of these experiences don't have to be burdens carried for the rest of your life on Earth and into the continuation of your life in spirit. The process of your living now and in the future is one of stepping clear of these burdens in order to embrace the beauty and wonder of God's creation.

When you demand of yourself something that is beyond your present capacity you create much pain and an increased sense of failure. This sense of failure is due to feeling that you are not living to the expectations of others and ultimately of God. God does not have expectations of you. Other people do and have done for all of your life and this has created an unfortunate situation where it is rare for a person to feel confident and happy to be simply themselves without judgment or comparison with

others. As you become more discerning you will be able to learn from the behaviour of other without judgment of them or yourself. You will learn to be what should never need to be taught. You will learn to be yourself as you were created to be. Is not that a wonderful prospect? Is it not a great sadness that this is not so now?

Continue taking a step at a time. Yes you will feel change some of which you will regard as disturbance and some as pleasure. The difference will become less certain as you welcome change and know the pleasure of releasing many old burdens and their consequences. You may know what caused the burdens and you may not and this is not important as your judgment as to the causative nature of some experiences may be very faulty.

Celestial Spirit Richard 22 August 2012

Learning becomes knowledge when it is lived fully and the effects felt and embodied. It is easy to speak of life processes and still feel that living them is too hard. The truth is that as you live them you will feel the benefits and come to know without question that this is the way you desire to live. This is the essence of developing and living in Faith.

Much of your living process is guided and limited by your expectations. You have all been influenced heavily by the expectations of others and have learned to apply them to yourselves. Expectations are always restrictive as they lead to denial of what is happening right now. The present is frequently assessed as not good enough or only the prelude to something worse or better but not enough in itself.

Part of the process we are encouraging you to follow now is to have no expectations of the outcome of what you are doing. When you look at what surrounds, you to see the integral motion in everything, do this without expectation that you will see anything different. When you imagine desired changes within you do this without expectation of what should happen. Simply do it without expectation.

Meditate and do this without expectation. This is a learning process so do it as you do all learning processes – with as much openness as possible. Your sensitivity will increase and this will allow you to experience the changes that you don't expect. Change is inevitable. Change will occur but don't get lost in expectation of what form the change will or should take. Let the change come to you in all of its beauty. Let your desires guide you. Let your desire represent the ultimate outcome rather focus on the tiny stages that you think should happen.

The essence of what you are doing is to carry you past old beliefs that lead to expect processes to follow certain patterns. What you are to find is beyond your present experience. Yes you will feel confused and possibly lost. Let this be as we are with you and you will not be lost because you are in unfamiliar territory. You will not be lost because you cannot see clearly where this path is leading. You need to accept from the beginning that you are presently incapable of seeing where you are heading until you arrive there. Indeed this may be so for a long time yet. In fact it is true of all of life. Even if you have a clear vision of where you are going the experience of being there when you arrive will be new and maybe unexpected.

This all sounds so basic to you but when you live it you find the profundity. The real secrets of living are not esoteric or occult. They are present for all to see. Life is there for all to live. God is not hiding anything!!! The obvious is truly elusive because of the way most people approach it. Effect is seen as

separate from cause. Each person sees himself separate from each other and from what is called nature. Each person sees himself as separate from God.

As you live every day, in that day, life will reveal itself to you in all its magnificence. I know that this sounds too simple but why complicate what needs no complication. As you progress through the world and the spheres the magnificence becomes more obvious and profound and all in its own time. Why yearn for what you imagine awaits you when all that you can comprehend is with you at this moment and is wonderful. An unappreciated wonder is the ordinariness that surrounds you. The secret of the transformation lies within you. Each and everyone is an alchemist so to speak. There is no wonderful scientific secret. The secret lies within your senses. The secret lies in practising using your own senses and not relying on others to tell you what lies around you and how you should see it.

Celestial Spirit Richard 28 August 2012

The possession of wealth is not necessarily an enemy of spiritual development. Once again the solution lies within the individual and the answer lies always in the way one is living life at the moment whether one is wealthy or grindingly poor. Many religious paths specify poverty as a path to God or enlightenment but this is not demanded by God. The leaders of many paths set out to repress the human desires that they saw as obstacles in the path of ascendancy. This is a fearful reaction. Very often the restrictions imposed become much more of obstacles in the path of the acolyte (novice). They promote the view of a demanding and judgmental God and this is a great obstacle to finding the loving God that is.

What I suggest to you is that you continue to take what may seem like baby steps. It doesn't matter where you are along whatever you may perceive a path to God there is much to learn. Much of the new learning will change concepts previously held. Remember always that you live in a world of perception rather one of reality and the path to God is one of discovering reality. You have already experienced many perceptual changes in your life and felt the changes that these made in your way of living. Your senses don't lie to you but the meaning you have been taught to ascribe to them is often very faulty and misleading. You have learned many of the flaws in this whereby obvious errors – that is obvious to some – are perpetuated as truth. This way of achieving conformity applies very widely in human life. One example is the difference that exists between cultures and peoples. These differences are learned during growth by observation and absorption of the surrounding behaviours. You can learn to respect these different views while stepping to the beat of your own drum.

Celestial Spirit Richard 15 September 2012

Much of what you have been taught to believe is not true but more myth made to appear real in order to achieve certain measures of control. The original intent of such teaching is often lost in the past but has been so well administered that the myth is now the 'truth'. This is true of much of the foundation of all religions that are presently practised. All religions function with the necessity of a set of fixed beliefs which require strict adherence in order to be a true believer. Little or no deviation or questioning of belief is tolerated within the system. The consequences of such teaching is painfully obvious here where the victims of the teachings that were so slavishly followed and practised have enormous difficulty in progressing as they want the World of Spirit to conform to their beliefs and cannot accept the reality of what is presented to their senses. Their minds and souls have been closed behind a wall of false belief.

There are other ways of progressing along what you choose to call the Divine Love Path. It is too narrow to describe two pathways the Natural Love Path and Divine Love Path as there is no clear distinction for the most part certainly in the early stages of your progress. There is more differentiation as one progresses further. (To progress with Divine Love one is to embrace Feeling Healing process.)

In what we teach we encourage the awareness of deeper and deeper levels of existence that are always present so that you become more aware of so much more that is in your immediate environment at all times now. Most people are barely skimming the surface of what is offered to them at any moment. This shallowness is apparent everywhere and you can see this already as you do have an increased awareness. There is so much more for you to feel, see and hear.

You are loved by all of us at all times and we are always concerned with your protection. Whenever we communicate protective measures are created to restrict the possibility of unwanted interference occurring. Even when you communicate with some of the needy spirits and some of the Earth bound ones many of us are in attendance to care for the safety of all involved in the interaction in both worlds.

Your faith is perhaps your greatest asset at any time. This is true of all people.

Celestial Spirit Richard 18 September 2012

It is easy in human life to miss the fact that there is purpose in everything that you do even when you have no thought of this. Learning this is a major step in life. This doesn't mean that you must always stop and consider before every move. That would be ponderous. However it does mean that as you accept this fact more and take responsibility more and more fully, your actions will be more considered and more inclined to growth and assistance of others. You will be guided by your own knowingness and desire to be of true service to all mankind. Your spiritual progress can be said to be one of progressive opening of your senses and total awareness. This is guided by your own desire for this to occur. You can see that many if not most others have no desire for this and remain unaware which, though it may be called blissful, is anything but that. As I have said before, this unawareness is the source of immeasurable pain following entry into the spiritual realms. Most who are unaware wish to blame someone or something for not having taught them while they were carnate. This only exacerbates their pain for it is an avoidance of responsibility. There are many stimuli in the world encouraging people to look further and seek what is to be found. This is witnessed by the great numbers who are doing so.

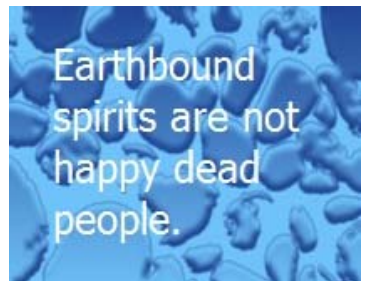
There are many who are ready to move but are as yet unaware of this and need the stimulus of something that resonates with their unfelt desires. Many people are dissatisfied with the teaching and demands of organised religions. So much of the discord between religions arises from this situation. It is a very common human trait to project inner discord onto others who are defined as different. Once again this is an avoidance of looking within and taking personal responsibility to review one's own situation. There is much moaning and gnashing of teeth on this side amongst disaffected followers of all religions who wonder why the world of spirit dares to differ from the way they have been taught it should be. However, they often take a very long time to deal with what is instead of demanding that it change to suit them.

Communication of knowledge to others while they are carnate can save them from much difficulty on this side. Again it is an issue of awareness and desire to learn. It is often much easier for spirits to hear truth from those of you on Earth who are able to communicate with them. Many spirits fear those who

are further along the paths as there is a difference in appearance which they perceive as threatening despite our efforts. Sometimes it seems to wide a bridge for them to cross to allow us to communicate with them even if it requires the slightest of changes on their part. All it requires is the smallest evidence of willingness and they can begin to accept what is offered to them. The level of fear in most of humanity is so vast that anything that acts to decrease this is of great value.

You will be most surprised when you do join us here of the spread of effect from your actions in life on Earth. Not all of your surprise will be pleasant but that is to be expected. Again I say not to agonise over the past but live the present as fully as possible and deal with whatever arises. This includes dealing with any memory from your past that requires some attention from you. There is much to be achieved by accepting responsibility and moving into forgiveness and repentance. These are actions which have very widespread effects.

You have been wondering about the extent of spirit influence on the actions of people particularly with respect to what can be called evil actions or unlawful acts with damage to self or others. Not all such actions can be blamed on spirit influence but the degree of such influence is enormous. There is a vast number of spirits who may be called Earth bound and in the hells who chose to act through people whom they can influence. The lack of unawareness of the majority of people makes it easy for them.



Spirits can see portals of entry so to speak by which they can influence or take over the actions of an often-unsuspecting person. There are many people who are genuinely surprised at what they have done while influenced or controlled. There are others who find great pleasure in this influence as they get satisfaction and encourage the influence without realising what they are doing.

Many suicides, particularly of young people, are spirit directed and orchestrated.

The prevalence of drug use causes a lot of damage to the intact structure of the individual and opens portals for the entry of spirits with malevolent intent.

Not all of the spirits causing such influences are doing so knowingly to damage the person they influence. Many are acting out what they feel they need to do as they don't acknowledge that they have passed into spirit and are frustrated by their inability to act in the world without the aid of a carnate individual.

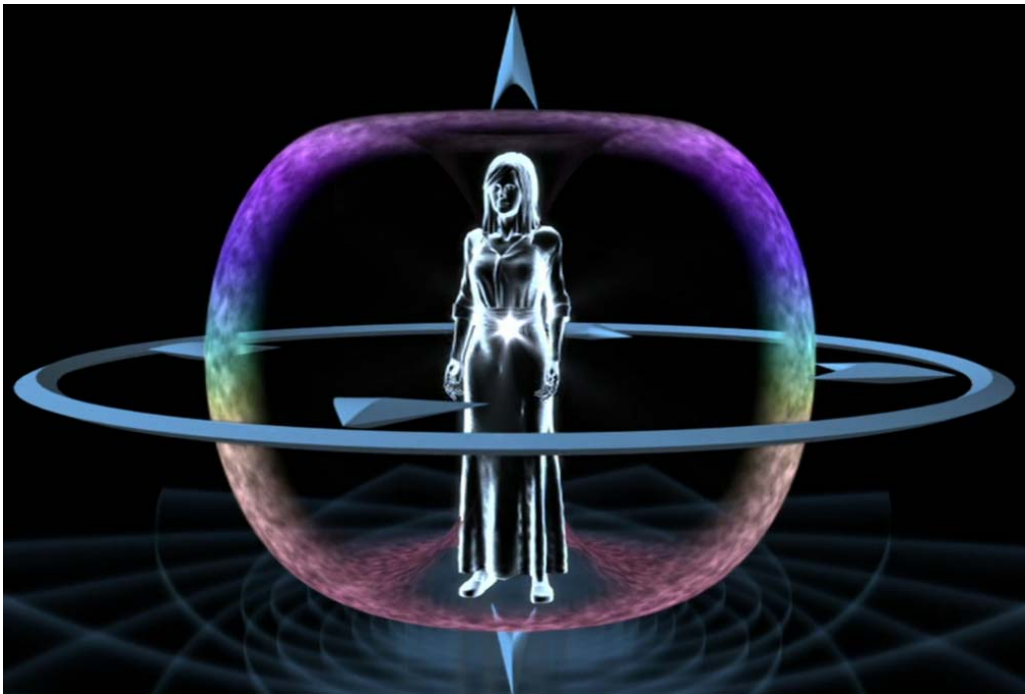
Much of the religious discord is heavily influenced and orchestrated by groups of spirits who are well able to use the mob mentality to stir trouble on a large scale. This is often in the nature of what may be



called 'sport' with a total sense of irresponsibility and lack of concern for the damage caused. These actions are devoid of love.

On the other side of the coin there is much spirit influence that is very loving and concerned with leading individuals and groups in directions that are of great benefit for them. Every spirit guide is endeavouring to have such influence and they never give up even with the most recalcitrant individual.

It is unfortunately true that many find it easier to accept the stirring of the unloving rather than the loving. Many people have never felt true love and are frightened by the unfamiliarity of it when they do feel it. They have more trust in the painful feelings which are so much more familiar. In time this will be reversed in the world and it is towards this that we are all working and working with total confidence.



**Feeling
Healing with
Divine Love is
the key!**



REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality **The New Way**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
 Your feelings are your spiritual guide.
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.
 It embraces all people.

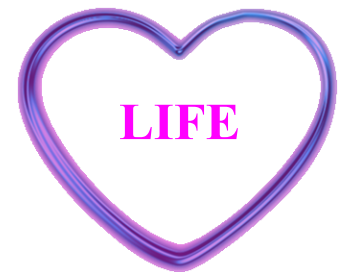
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

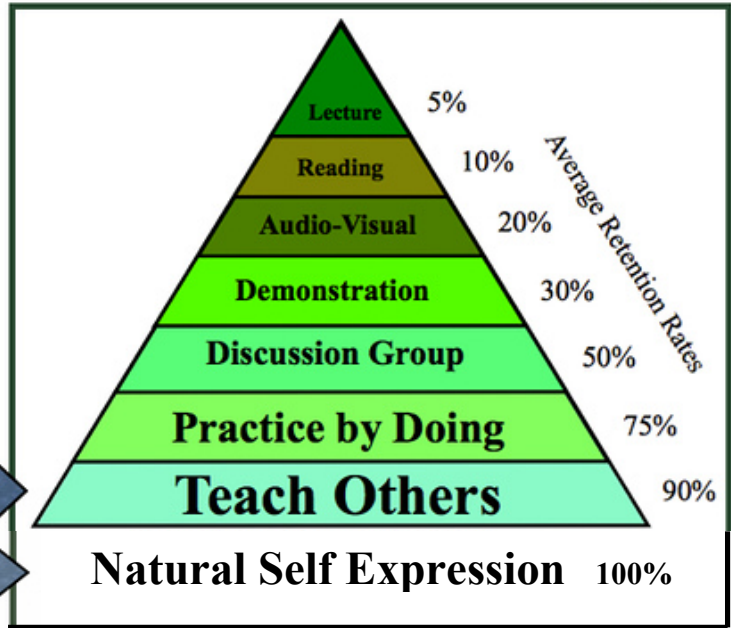
Feelings First Spirituality, The New Way



my
House is your
Paradise

HOME

The Learning Pyramid



Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

REVELATIONS



JAMES PADGETT MONCRIEF **REVELATIONS** 1 Commenced 1914
2 Completed 2014

REVELATION 1 Divine Love addresses the issues of the Rebellion.

REVELATION 2 Feeling Healing addresses the issues of the Default.

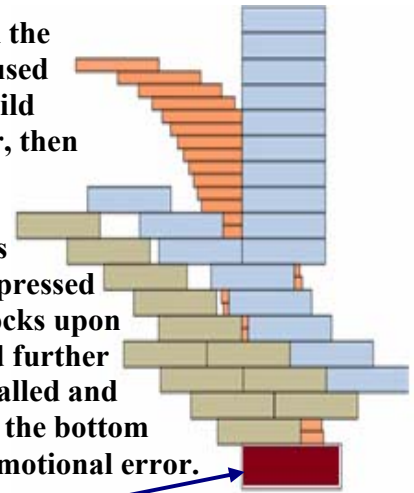
The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

The Rebellion was brought about by Lucifer and his soulmate 200,000 years ago. The Default was brought about by Adam and Eve, soulmates, 38,000 years ago.

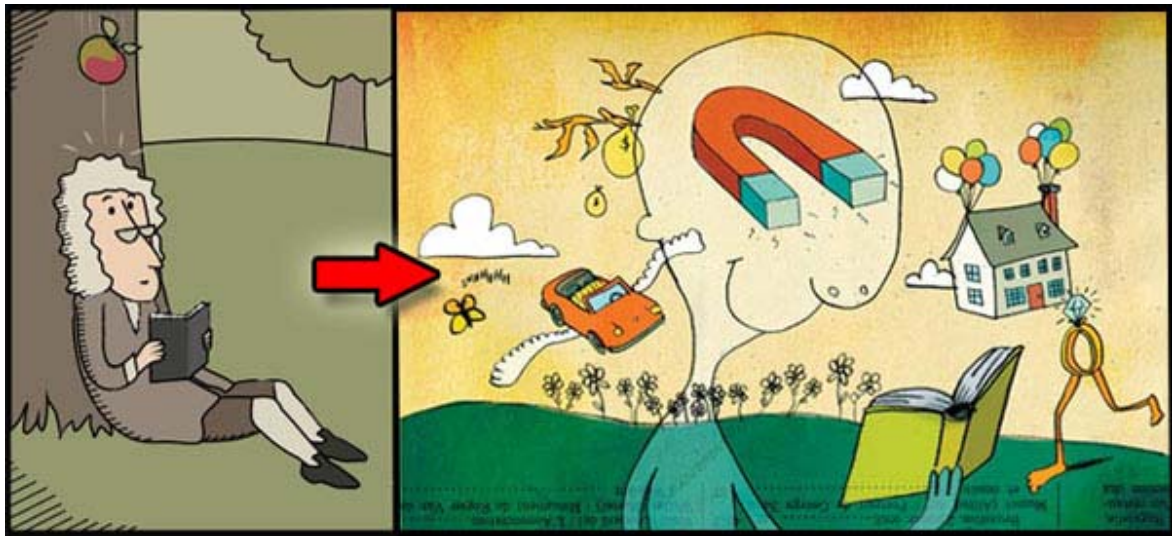
OUR CHILDHOOD EMOTIONAL INJURIES ARE OUR CORE ISSUES TO EXPRESS:



Should we consider all the emotional injuries infused into each and every child en masse – all together, then each child would look battered and bruised. These absorbed abuses become Childhood Repressed emotional building blocks upon which are built related further errors, all must be recalled and expressed. Start from the bottom and express the core emotional error.



The Richard Messages: Celestial Spirit Richard 19 September 2012



Questioner: *I am aware that the **Law of Attraction** is working as usual and I am hearing about more processes (health related) that others have developed. There seems to be a ground swell of change or energy for change with many people exploring spiritually more than ever before. I find this exciting and can feel the input from spirit. Is this mainly input from the Celestial Realms?*

Richard: You are quite correct about the ground swell of energy for change. Change has always been fostered from all levels of the spiritual world as spirits attempt to influence carnate individuals. Much of this is benevolent (loving) and much is malevolent (unloving). There is a great co-ordinated movement at present that has been in action for many years and is more apparent now as its effects are becoming more obvious. This is directed from the Celestial Realms as you correctly surmise. Countless numbers of us are involved in this. You may say that this is our major project. Very good progress has been made and this continues so that we are very confident of the outcome for humanity which of course will affect all levels of existence.

Once a person becomes interested and expresses a desire to learn more we provide further stimuli and assistance. This is leading to many lines of experimentation determined largely by the interests and inclinations of the individual whose Free Will is allowed to move as always. Once movement is occurring we are able to assist further within the limits of the individual's Free Will. This is why you see so many related but disparate processes developing. As you seek along your own path with interest in these other processes you may well find more similarities. After all they are all heading in the same direction.

These changes are occurring simultaneously in spiritual spheres where similar searching is occurring with similar stimuli being supplied. Changes that are discovered on Earth will be communicated profitably to many in the lower spheres who are seeking. It is important that you know that this is a universal action and not limited to the Earth and its current inhabitants.

If you meditate on this, you will realise that what you do need is what is not be hard work or very demanding. You are being allowed for this process to flow through you in harmony with your desires

and your Free Will. You are not being asked to invent something totally new from within yourself with the limitations of your current resources and restrictions of belief. What you produce will be new and the main challenge for you is to become increasingly in harmony with God and with us. We are all one and we are assisting you and others to manifest elements that will benefit all of mankind. What others develop may assist you and may not be dependent on the degree of harmony you have with the other person and their desires and beliefs. Remain open and remember to ask us for assistance in any form that you desire. We are still reminding you to ASK. You will never offend us by asking. You may not get what you directly ask for as this may not be in your best interests.

There is much truth in what you say about histories as recorded in the religions and used as doctrine or the basis for doctrine. Your present purposes are best focussed in the present without too much concern for the truth or otherwise of the histories that seriously concern and limit so many people. Any recorded history is prone to distortion and abuse as a widely accepted belief system can be a tool for much power for the main administrators. Increasing numbers of people are questioning the so-called absolutes of the belief system that has been drummed into them for most of their lives. Knowledge about God will replace belief and that will be the major unifying factor in this whole process. There is no place for factions in the knowledge of God. We are all one and this we will know.

Celestial Spirit Richard 17 October 2012

If you are to consider what you call luck, you must pay great heed to the **Law of Attraction**. This law is profound and is little understood on Earth. As you know it is ever active and influences all events. When you apply it to issues such as luck you will mostly find it hard to understand just why a certain event happens as you may well judge the recipient of the good or bad event as undeserving. Of course the first aspect of this judgment is your lack of true knowledge of the circumstances of the person you are considering. The next aspect is the assessment as to whether the event is either 'good' or 'bad'.

From your own experience, you have met many people for whom an apparently 'bad' event had results that were perceived to be very beneficial and the reverse is often true. If you were to win a large sum of money it is a moot point whether many of your anticipated actions would be in the best interests of the recipients. There is a vast amount of spiritual influence on incarnate individuals much of which is intended to be beneficial and much of which has other than the intended result because the influence is often attempting to circumvent the individual's Free Will.

Nothing that you or anyone else does is done in isolation. We are all one and all are influenced and affected by the actions of others. What you are doing in your living processes influences the degree and the direction of the effect on you. You are able to influence the effects greatly dependent on your level of sensitivity and awareness.

Law of Attraction: a positive example:

'Progaganda Gardening' at Incredible Edible Todmorden

<http://www.permaculture.co.uk/videos/progaganda-gardening-incredible-edible-todmorden>

NEAR DEATH EXPERIENCE (NDE):



The Richard Messages: Celestial Spirit Richard 27 November 2012

For many who have had NDEs, it has been their first experience of actually feeling something that can be called spiritual. Therefore many discount their experience and others are profoundly affected and there are all varieties of experience in between. For most it is not an experience which they have actively consciously sought.

Why do these experiences happen? The trite answer is ‘because they can’. The depth of spiritual experience is actually not unusual or confined to what are called NDEs. This so-called death experience is one in which there is a profound alteration of consciousness and therefore of conscious control. The control each person applies arises from their belief systems and therefore tends to preclude experiences which lie outside their concept of normality. Then, when they enter the state of early dying they are often capable of simply experiencing what is happening without judgment and this allows a vastly wider experience than is normally ‘allowed’ by belief systems. Most people have absolutely no concept of the way in which their momentary experiences are determined by their programmed beliefs. These beliefs persist beyond the process of death in many people to the degree that they are unable to perceive the reality in which they find themselves and seek only to find something familiar.

Every one of us has felt deep sadness when we have discovered the way in which we have been tethered in life. Of course the great benefit of this is that we take steps to lead any of you who are open into wider concepts of living. Every one of you who takes a step to the wise benefits all of humanity.

Every spiritual experience of your life is one in which you have stepped out of the bounds of time with all of its limitations. You have then been in a position to receive enormous amounts of information in

no time at all. When you take this back into a time influenced environment you must then deal with this information in ways compatible with your surroundings and your now restricted capacity.

You do store much information in your CNS (central nervous system) and all of what you store there and infinitely more is also stored in a spiritual ‘cloud’ which is non-physical and independent of the life of your body or brain – much more reliable than the physical devices you must use now.

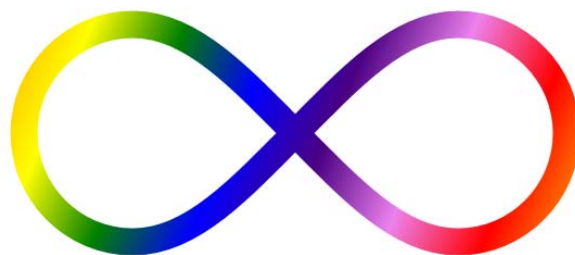
Many of you are now getting glimpses of this truth and longing to use this more. You are in a state of learning and the early steps are as frustrating as most states of learning. You are beginning to envisage the future of humanity. As you all progress as you inevitably are and will continue to do, you will have less and less need of your mechanical devices as you will have more and more access to the spiritual realities that exist now as they have always. Humanity will become less dependent on and less controlled by time. The process doesn’t only involve humanity but involves all life on Earth. There is no separation of the diverse elements of all life on Earth. The truth and enormity of this will become obvious in due course.

Every apparently tiny aspect of your living on Earth links to much more that you will know until you pass into this realm.

Have you ever considered that acceptance is actually the most intense process of searching? That you ever search means that you believe that there is something to find. Begin from an accepting place and your searching will proceed more quickly and with wider results. Accept that there is no limit to what you can and will find. Accept that your capacity to understand what you find will expand to encompass what you find. The present limits you experience are not real. They are only beliefs and, as such, are evanescent. You remember the saying that you will see something when you believe it and I say that you will find something when you accept it. Beliefs are not the issue in true discovery.

As you accept the presence of our Father you will learn more and more of His Truth which is truly infinite. You do not need to seek the Truth. It will come to you as you allow it by your own process of accepting that there is such a thing as Absolute Truth. Truth is not hidden nor is it secret. It is open and freely available to all. Finding it is not dependent on holding any belief system but entirely the reverse. Acceptance is not a belief system or any other sort of system but a way of living in every moment. Acceptance and Faith are the inseparable and indispensable companions of all who would know our Father.

The essence of every spiritually transforming experience is that it takes you out of what you believe yourself to be. It broadens and deepens your concept of yourself and of all of life.



The RICHARD's MESSAGES:**Further extracts:**

Celestial Spirit Richard 28 November 2012

You are used to others who see themselves as teachers or more knowledgeable talking down to those they are 'helping'. They dumb down their communication to use the vernacular. We never dumb down. You always get the whole story and make of it what you will. If you think for a moment about the **Law of Free Will** you will realise that our communication must always be so. Under this law, you are **always** making fully informed choices. This is rarely if ever realised so that people are always blaming God or feeling like victims when they are only limited by themselves. Those of us in spirit who are helping you never assume what you will make of our communication and never talk to you in ways to direct you as we wish. We do all we can to encourage your increasing understanding and feel great joy as we perceive this occurring.

Remember what we were saying yesterday and the 'cloud concept' of information storage. The implication of this as it applies to the relationship between the carnate and the discarnate is that the vast majority of all the information available to you is not stored in your central nervous system. The further implication is that this information is not actually processed in your CNS. Your CNS functions in time and the actual information and its processing is not in time. Your CNS is a good and sophisticated control system which runs temporal systems to the best of its ability. It is however subject to all of the limitations of your beliefs about everything. Most of these beliefs actually throttle back the CNS. Whereas certain geniuses are greatly admired in your societies there is a widespread fear of any evidence of fully functioning central nervous systems. The fear of freedom is deeply entrenched and has led to the development of strong control systems in all societies and at all levels of societies.

You can begin to see that our process of education is truly applied in the original and derivative meaning of the work. That means it is to lead you out of the beliefs and restrictions to which you are subject. We don't aim to lead you in any specific direction but to help you to develop the tools in yourself which will enable you to take what you desire from the infinite well of Truth to which you have always had access to the degree possible for you.

All of your present processing takes time and takes place in time. In no time all processing is instantaneous and it is this concept that frightens you as well as exciting you. I should say that most of your processing takes place in time. There are instants in most people's lives when they have experienced a happening which was incomprehensible. These are events when one did something without knowing how or why or when a thought or concept rose unbidden to mind. These are moments of wonder and rightly so for they are moments when you functioned in no time. Imagine this being your norm every day. Now I hasten to say that this is some time off for most people. However it is already becoming more common.

Knowledge which is part of Truth is totally multidimensional and contains feeling more than thought. It is truly physical, mental, emotional and spiritual. However, when you consider that it is part of infinite Truth you will realise that it is in essence emotional and spiritual which is applicable to mental and physical elements. I hope that what I say deepens your concepts and lessens confusion.

The gap between exposure to information and assimilation as knowledge may be non-existent. The total process may be instantaneous. Accept that this is possible.

Celestial Spirit Richard 4 December 2012

Anything communicated verbally or visually is information until it is realised within an individual. By saying this I don't for a moment decry the value of education but I do seriously question the way in which most **education** is attempted. Think for a moment of what we are doing here as **education** and compare this with most other approaches.

The only true change is the one that occurs within each individual. Being able to influence millions is valueless unless at least one person changes by acceptance of knowledge within. Every change that has ever occurred in humanity or indeed in life has occurred in one individual at a time. Every true change has influenced everyone else and facilitated more widespread change. Education achieves its true purpose when the focus is on the fostering of the individual's ability to recognise their desire and the capacity for the quiet inner searching that arises from the acceptance that everything needed to satisfy that desire exists now.

There is a vast difference between the processes of education here and on Earth. This difference need not be so vast. It will lessen as people come to know who they are and what they can do.

Most of you really have no concept of the density of your socialised belief systems intensified by emotion to the degree of becoming virtually solidified. Despite this density, the only thing preventing or slowing change is the belief systems themselves and these, being truly evanescent, are subject to change. Remind yourselves often where your reality truly lies and furthermore, that **this is truly your reality now not in the future**. The carnate existence has the potential to be freeing and not the prison it is for most. Do not, however, yearn for this as yearning is mostly an expression of the sense of lack and unattainability. Rather, gently and frequently remind yourselves of an attainable reality that can be felt in the carnate state.

You are not the victims or prisoners of your emotions for they are the essence of life in all the forms in which you will experience it. They are the colours of the living artist and may be carelessly or deftly applied. They may be applied with gay abandon or with desire to obscure and obfuscate. They may be used to control and abuse. Within the laws of Free Will they may be used in any way possible. They will always be experienced personally and the benefits and difficulties of the ways in which they are used will always be so experienced. Out of all of this arises learning which in turn leads to knowledge in its turn. Knowledge is a product of a totality of experience with all aspects essential. This doesn't mean that every person must experience the total possibility of emotion. It means that, **in order to know, one must experience physically, emotionally, mental and spiritually**.

The amount or depth of knowledge arising from any set of life experiences is not dependent on the apparent depth or intensity of the experiences. The depth of the knowledge depends on the capacity of the individual to accept the facts of their life and to allow growth to proceed from that. It is true that many individuals have been spurred and apparently vastly and radically changed by a particular dramatic experience. However, all change occurs with the total tapestry of any one life. Most of the tapestry of any life is not visible to the person whose life it is or, indeed, to most observers. (From our position much more is visible.) This is perhaps the greatest reason to forebear from judgment of yourselves or of others. You simply do not **know** enough to judge and if you did know enough you would not judge anyway.

Every person has the capacity to learn all they need from the experiences of their own lives. This is aided by the non-judgmental observation of others when these observations are applied non-judgmentally to oneself. There is no wonderful or magical value in intense pain or suffering. Pain and suffering are more often barriers to growth than facilitators. Remember that elevating another above oneself for whatever reason is also judgment and probably a devaluation of yourselves.

Do you need to seek into your past to find the traumas and pains that still trouble you today? Do so if it helps you. Experiencing the daily barriers that you face will lead you to the necessary discoveries. Practise feeling the limitations and irritation that fill your everyday life and accept that they arise from your past and that they have no true solidity. They are mutable. Re-experiencing the past agony or, more truly, the memory of it, may free you from nothing or it may be of great value. Addiction to such processes leads you to moving backwards through your life negating much of the experience that fills your present day with all of its limitations. Your present days, with all of their pains and apparent limitations do offer you all that you need in order to grow and acquire knowledge. Once more, I urge your acceptance of this.

Celestial Spirit Richard 13 December 2012

All healing occurs at the level of the perpetual motion of everything however it is facilitated and however it manifests. This must be so because perpetual motion is the reality of all life in all its forms however solid they may be. The majority of what is regarded as illness in humanity is due to the slowing and retardation of this movement. Because your bodies are wonderfully integrated structures changes in any area affect all other to varying degrees. Because all of life is unified the changes in any one structure affects all other to varying degrees. No person or thing exists in isolation from any other. Your searching will benefit yourself and everyone else. The perpetuation of rigid beliefs harms the individual and the whole.

We will always move towards the true seeker because this person is expressing desire which will allow them to accept guidance and assistance. This allows us to facilitate benefits for all of humanity. This in no way means that others are ignored as all are assisted according to their ability to accept such assistance and guidance.

The converse of this is that others who are expressing what may be called darker desires or actions are opening themselves to other spirit influence which may tend to be rather harmful. We do not ignore this and do everything in our power to remedy such situations. We are subject to the law of Free Will and respect the right of any individual to live in this way. We are always looking for any glimmer of opportunity to move closer. Those of you who are more aware are very helpful in this in encouraging others to be more open to other aspects of living.

In seeking healing your openness is your greatest asset. You are truly attempting to re-establish the integrity of your physical, mental, emotional and spiritual structure. You are seeking to bring into being in yourself knowledge that exists that allows the healthy functioning that is possible. You are approaching the timeless or out of time processes that allow this knowledge to be available to you and to others. Whereas you may profitably seek from the aspect of a certain illness or problem, you may also seek simply for Truth.

Celestial Spirit Richard 22 December 2012

The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire. Acquire is not the best word but will do for the time being. The 7th sphere is then the transitional stage between the lower spheres and the Celestial Realms. Once more there is a clear transition point from the lower to the higher. You have been told that the system of numbering continues. This gives a misguided and distorted view of these realms. The lower spheres, as with the earthly sphere, as it now exists, are more defined and exist within infinity but are not party to its fullness. Once more, I will not attempt at this time to expand on this and will leave an acknowledged 'elephant in the room'.

Celestial Spirit Richard 27 December 2012

Every stage of our communication is part of a process of training or apprenticeship as you have been told. As with any effective training, your capacity increases constantly and is obvious to us. Your capacity determines what we communicate and the way in which we do this. Your responsibility is always to do what you are able to in the best way that you can without self-judgment and criticism. We make no judgments. You will, however, feel the benefits of your progress.

The level of unawareness in humanity is very apparent wherever you look. The Christmas period is nominally focussed on spiritual awareness but this is far from the truth except for very few. Most people are much more conscious of material matters and the presence of lack of this. This is very apparent in those who function as the leaders of societies who largely set the tone for their followers. Sadly it is also true that much of what is taught and believed about spirituality is taught in the context of religions and this ensures that great inaccuracies are perpetuated. This leads, of course, to a lot of conflict as groups fight for the 'truth' of their beliefs. This is simply what exists and the process of change is not one of attacking or attempting to change faulty belief by main force as this is totally contrary to any loving process.

Beliefs will be supplanted by knowledge of Truth. Knowledge and love have inherent properties which allow them to spread with a natural ease and without conflict. In the presence of Truth there is no need of religion as what purpose is served by attempting to vaunt differing perspectives of Truth? The level of knowledge has been increasing in humanity for a very long time and there is much knowledge of Truth already present. As the evolutionary process continues these existing elements are being drawn forth and into connection with each other. Again this is a wonderfully natural process with overwhelming potential. The great desire is not to overwhelm but to foster the natural individual growth that leads to the awareness of the oneness of the whole of life. In the midst of all the apparent conflict in the world this process continues in all nations and in all people.

Spiritual transformation always has the potential to lead to changes of perception and awareness that lead one to pay more heed to what may be called the invisible aspects of life. Most people are focussed on the glamour or attractiveness of the material aspects of life which seem to provide the most immediate satisfaction and, conversely, the most immediate pain. This is not new and has been known on Earth for a very long time. The level of glamour may seem greater now than ever before but this is quite relative. There have always been the attractive factors which draw attention. Transformative experiences mostly always open one to the attractiveness of what is less apparent but much more real.

In all of this process, the function of any individual is to manifest the awareness in life to the best of their ability without judgment of others or of themselves.

Celestial Spirit Richard 30 December 2012

There are indeed many levels of the lower spheres in which spirits spend time making atonement for earthly transgressions. Teaching about this will be carefully handled to avoid fostering current beliefs in punishment for 'crimes'. Any such attitude immediately denies the truth of the ever-present love which pervades every level of life. The level of ignorance of this side of life and the truth of God's love is the main factor that leads to so many spirits needing to spend so long in these spheres. We will deal appropriately with these issues as they arise. I will say here that the truth of the ever-present love is such that they are not stressed during what you call NDEs (near death experiences). This is not a denial of what exists it is simply stressing the most important aspect of what exists. The belief in the need for and the inevitability of punishment is so strong in humanity that it almost completely submerges and represses the truth about love. You are aware that many people who had a NDE went on to survive many difficulties in their lives sustained by their **knowledge** of Love. They truly experienced Love and not punishment and discovered that they had not, in the eyes of God, done any wrong. Many had a very clear sense that they will make atonement for transgression and will do this in the presence of total Love and are totally undaunted by this prospect. Everyone needs to meditate on this truth frequently and deeply as it is almost universally very poorly understood and **known** by relatively few. It seems so radical a concept as to be very difficult to **accept**.

Beliefs have become normalised in human existence and it is considered (believed) that many beliefs must be taught in order to enable anyone to survive. Other forms of life require no such beliefs and function very well without them. But of course, they have inborn instincts and programmes. Do you think that what may be considered to be higher forms of life will lack instincts and programmes? Humankind does have very elegant programmes and instincts that provide for access to everything that lower forms have and to very much more. These inbuilt processes are subsumed to a large degree by the massive volume of learned material that teaches 'right and wrong', 'good and bad' and so on and so forth. Socialisation then apparently triumphs over Truth. However nothing triumphs over Truth. Beliefs are very self-serving and demand the propagation of their dictums and lead to blind acceptance that denies reasoned questioning that would erode the sense of control that they give to the believers.

Groups espousing a particular set of beliefs gather and develop a sense of 'belonging' which they feel they need because they have never had such a comforting feeling elsewhere or have lost this. The evolutionary process is leading to a universal belonging which will transcend such beliefs because belonging will be the very fabric of being. Many of those who experienced NDE developed a strong sense of a need in them to love and help others – not just the right others – but all others. This evidences feelings of belonging to something that transcends all of the petty thoughts and beliefs of separateness. One doesn't have to die to learn this.

Many beliefs persist because they seem to have usefulness. The greatest use of most beliefs is to produce and maintain a sense of control of some sort over self and others. The practice of many beliefs becomes an art form with those who perfect it becoming lauded for their efforts. This type of honouring of a person is quite different from the honouring of others who perfect some skill of movement of or knowledge. The honoured one may not be who he seems to be and the honour not deserved as it may be increasing a sense of separation.

Beliefs are tools of entrapment to produce an understandable conformity. Different societies, organisations, religions, etc., have vastly differing beliefs that produce conformity within limited groupings and invariably foster separation of one group from another and one person from another. They mostly lead to the breakdown of the universal human family.

I say these things only to highlight the power of beliefs in human life and the difficulty that arises in attempting to change them to allow truly intuitive and guided functioning which fosters access to universal knowledge.

Our work with you has a focus on assisting you to step past your own particular set of beliefs. You will often feel the fear that will usually accompany the confronting of a belief. You will often feel the fear when you believe that the step that you are asked to take is one you think is beyond you. You will often feel the fear that arises when you feel that you are moving from the known to the unknown. Your beliefs give you the illusion of comfort in 'knowing' what to do in a particular situation. We will constantly invite you to step into some less known place. Remember that there is little certainty in Faith. Faith and Acceptance go hand in hand. Beyond Faith is Knowledge and the way there is paved with Acceptance and Faith. We will not ask you to undertake what is beyond you. I will say definitely that your capacity vastly exceeds your beliefs. Begin to move towards the acceptance of this. Meditate on your trust of us and meditate on your trust of Our Father. The steps you will take are quite tiny but will cover vast distances. A step in time may well be a step to no time. Let that resonate with you.

Celestial Spirit Richard 7 January 2013

Make no comparisons of yourself with another as this is fruitless. You will never have enough information of yourself or the other to make a valid comparison. When you do have enough information the comparison will be of no interest to you at all. If there is a gift you can bring to our Father it is simply to be yourself as fully as you can. The importance of simply living your own life fully is impossible to exaggerate. What you do to yourself you do to others and what you do to others you do to yourself. Treat yourself kindly and you will treat all kindly. Take the challenge to learn to love yourself. There is no time too soon to do this as you will inevitably do so eventually.

Take your time. Loving yourself involves trusting your own processes and accepting yourself exactly as you are at any moment.

Celestial Spirit Richard 8 January 2013

While on Earth it is often easy to slip into old patterns while learning new. At this time this is easier as the changes that are proceeding are much greater than perhaps at any previous time in human history. I am speaking of the changes in humans and in all life as all is interconnected. Many will fear the changes and it is the education that you and the many others like you that will ease the pain and suffering of these. Progress and change will seem like conflict to many and they will respond as they feel and think they must. So be it. Always allow what you know to dominate your feelings and thoughts in any situation where conflict exists. Allow this to lead you to Peace for that is the reality despite any illusory situation that many believe to exist. In such situations the peaceful presence of one or a few or many will produce more change than you may presently recognise as possible.

This is a time for the recognition of the presence and the power of what is considered to be invisible. The existence of the true forces of nature and of all life is recognised by some and accepted by some also. As these forces are used in positive ways they will become more widely accepted even though they will initially be thought of miraculous. Events that are considered to be miraculous have been recognised – often erroneously – for a long time and revered but rarely if ever attributed to the natural forces which have acted to produce the change. Religions have served to provide names to the perpetrators of miracles and this has further distanced people from the recognition of the truth. There have been times in human history when the nature of these forces has been known and used positively and negatively. These civilisations have then waned and others have arisen which have, once more, embraced varying degrees of ignorance only to claw the way up the path again. Every such change has left legacies upon which future changes were based. The knowledge which existed was contained in systems of belief and philosophy and they were understood in terms of these systems. The collapse of the civilisation lead to the collapse and loss of the means to communicate, interpret and use the knowledge. In addition there were few survivors of the civilisation so that even a verbal history was insufficient to perpetuate what was known. At the present time on Earth, if there were massive enough changes and great enough loss of life and loss of the capacity to read and communicate most of your technology, which is electronically based, such a situation could be created.

Believe me when I say that technology and information as it is recorded and used on Earth is fragile and quite impermanent. Truth is held in perpetuity and is indestructible and fully accessible without sophisticated instruments. All may access this Truth with the wonderfully sophisticated living instrument of yourself. The development of this capacity in humanity so as to be generally known and use will ensure that there is progress to a new civilisation that can sustain any calamity or disaster that could occur. All of the information and knowledge is recorded and maintained in complete safety. It is uncontaminated and will remain so. Perhaps you can begin to imagine the possibilities of this. However great you imagine the future to be it is even greater because you will naturally imagine it in terms of what you already know. This is too limiting a view. In your imagining, step way past fancied technological marvels although such may exist. The changes that will be most astounding will be the most natural in human beings and the way in which humanity will interact with all that exists, carnate and incarnate. You can begin to see that the possibilities are spectacularly vast. You don't need to spend time in imagining this but allow the glow of this to be a beacon for you in our work and play. All life will proceed as it has done for a very long time and yet all will be subtly different so that a few and then more will become aware until many become caught up in the process in an apparent groundswell of change.

Let each of you be like a ship on a vast ocean with nothing to see but water and stars but with a desire to arrive and a course to steer and a beacon in the far distance. Live each day in ways that allow you to follow your course even if you feel quite alone on this ocean. As you are coming to know with certainty, you are not alone, ever! You may feel alone and unloved but these feelings are based on faulty beliefs and not to be trusted.

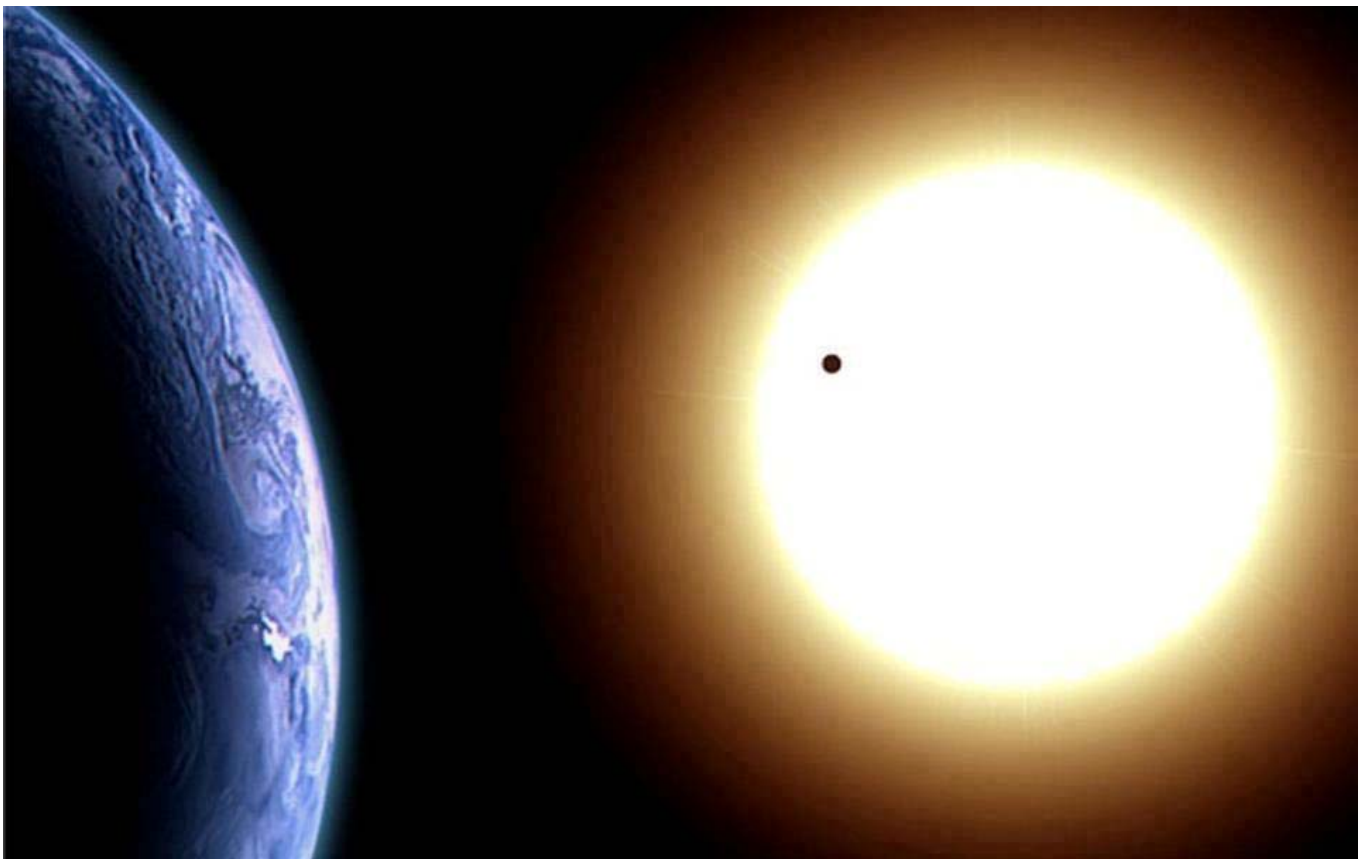
You also confront the feelings you have when you anticipate the receipt of 'new' material that you don't know as yet. Let these feelings be there. Use your healing processes on these as they are transmutable being falsely based on old ideas of who and what you are and of what you are capable. These attitudes have had their day and, indeed, served a purpose surprising as that may seem. Remember that every stitch in the tapestry of life is necessary for the fullness of the picture eventually rendered. Do not judge

and do not compare and allow yourself to be confused and non-understanding. These feelings are simply emotions of transit. They are to be embraced and not feared. Fear prolongs them, acceptance abbreviates them.

The healing and changing of an old belief does not change the earlier aspects of what I call the tapestry of life. They exist as they did but the new stitches are no longer dependent on their influence and so may be made quite differently and so the tapestry develops. The old stitches are not undone as this is unnecessary. Remember that all contributes to the whole.

Return always to our promise that we are always with you and supporting you because it is based upon the certainty of our Father and made from our position of being At One with Our Father. It is far beyond a promise but a statement of absolute Truth. As your faith extends and deepens you will move beyond faith into the total acceptance of the meaning of what we say.

The Richard Messages via James Reid www.lulu.com



Consider this: the small black dot is a typical soul, the incredibly bright sphere is the soul of a celestial spirit, that is, a spirit who is now residing within the celestial spheres at the 8th level or higher.

The RICHARD's MESSAGES:**continuation of extracts:**

Celestial Spirit Richard 27 February 2013

Accepting the truth that we are all one is quite difficult as what you see in the world and what you have been taught seems to contradict this. I spoke before about the dichotomy in current thought and attitudes on Earth which considers that everything has an opposite when in truth all that exists is complementary and united at deep levels. As your level of knowledge of love increases this will become more obvious until it is self-evident and obvious to all. Each of you contributes to this change with every change you make in your own attitudes and acceptance of Truth. All is united so every small change affects the whole. Never underestimate the power of small changes. With all the rain you have had recently, each small drop can do little but all together they are having profound effects. Not everyone in your area considers that these changes are all good. So it will be as humanity changes now and in the future as many will resist changes away from what they consider normal and desirable. Many will feel like those whose property has been flooded and they will have great difficulty in moving their attitudes and will require assistance. You were about to use the word 'support' but you must consider this carefully as in attempting to help, many do indeed support the areas that most need to change. Supporting change is very different to supporting the status quo. Those who feel that they need the approval of others will often opt for supporting the status quo. This is common with governments and accounts for a lot of the resistance to deep change on the planet. This serves though to put the responsibility for change right where it belongs which is on each individual. As anyone changes him/herself the whole of humanity is changed. Remember this, as no one exists in isolation not even the hermit who lives alone away from all others.

We began some time ago speaking about the subtle energies of life and we have come back to this once more in our present talk. When I speak of the personal changes and the effects these have on the state of humanity I am speaking of the changes as being wrought by subtle and invisible processes. This is why I speak of the absence of isolation because the oneness to which we all belong is obvious to us who are able to perceive this whereas to most of you on Earth it is an abstract concept we present and which you conceive to the best of your ability. The power and meaning that has been given to physicality is such that it obscures the truth. Were you to be challenged to prove that our communication was other than your imagination or at most your 'subconscious mind' (whatever that may be) you would have great difficulty convincing a sceptic. In time to come, communications such as ours will be more visible or more easily established as actually existing. I will not attempt to explain this further. What we are doing now is working well. What we are doing is actually contributing to the processes which are to come. All things have their time and their season in such a wonderful evolutionary process such as ours.

Your desires are the creators of change and can be considered to be the architects that set the changes in motion. Your thoughts have power as well but suffer from a lack of direction much of the time. Well directed and managed thought acts similarly to desire. Emotion is a vital part of the process of desire. Your feelings are the measure of the direction and development of your desire. You may have what you consider is a powerful desire but be disregarding the unexpressed feelings that you have that are indicating to you that you actually fear this desire and have strong doubts that the achievement of this is possible. The desire may be quite fine for you but while you have push and pull feelings simultaneously the direction of movement will be controlled by the stronger feeling. In such a case, don't abandon the desire but do pay heed to the feelings that you have. The deep resistance will not be overcome by might and main force. These usually increase resistance. Once more the process to use is Acceptance.

Without criticising yourself, identify the feelings and allow them to come forward to be known. They are not bad or wrong but simply there to tell you about yourself. They must be owned and accepted and expressed in some way for any change to occur. Everything that you do or feel is an integral part of your living and a part of the perceivable pattern that you create and present.

All of this is perfectly obvious to Our Father and to any of us who have the capacity to perceive it. Indeed it is also perceivable by anyone at all in spirit or flesh if they are capable of this perception. There is nothing about any of you that is secret – nothing at all. When you accept that, your life will become simpler by many degrees of magnitude. The truth that there is nowhere to hide is one of the hardest for many to discover and accept on entry to the Spirit World. When you read this remember that I was one such spirit who had great difficulty learning that I had no secrets and nowhere to hide. This is frightening until one learns that there is nothing to fear in this as everyone is in the same position. I was helped so much by loving brothers and sisters who are always there to come to the aid of the desperate spirit. I would love to be able to allow you to feel the freedom of this right now but I am content that I am helping to offer Truth to you to help you along the way. The acceptance of this is possibly the most freeing thing you will ever do.

At the same time that I learned of this truth and was able to make it mine I was also introduced to **Divine Love**. As you have been told **there is no greater gift than this in the world**. I learned of **Divine Love in the Spirit World and there is no greater gift here as well**. **Divine Love is totally transformative**. It is this that takes us from the mundane in to the truly spiritual. This may seem to be too sweeping a statement for it implies that I include the lower 6 spheres in the mundane. In fact I do just this. Whereas these spheres are clearly separated from Earth in most aspects except for the lowest, the inhabitants tend to maintain many of the attitudes and beliefs that they held while incarnate. The gift of Divine Love allows movement beyond this point. One cannot become At One with God while holding these beliefs and attitudes for they are divisive. Our Mother and Father are never divisive.

I tell you of this because it not easy while on Earth to realise just what a gift Divine Love is. It is truly the only thing that will lift you clear of the Earth and its pulls and limits. I hasten to say that these lower spheres of the Spirit World are truly beautiful and full of wonder so that the inhabitants are very happy and content as they progress up the paths they follow. They learn much and we who are in the Celestial Realms have needed to learn all that they have as well. However these spheres which many of you have been taught to consider as being on the Natural Love Path lead to a peak or plateau. This is a point where no further progress into the Celestial Realms can occur. Spirits in the 6th sphere can continue to learn and increase their knowledge. However there are limits. They are beautiful souls to see. Have no doubt of that. Most believe that this is it, so to speak, and that they have reached the peak of human endeavour in their system of beliefs. Many are quite arrogant about this. They tend to suffer from the strength of their beliefs and find great difficulty in allowing us to share with them and to accept what we offer. Here then is another situation where the changes will come from below rather than from above. Is this not so much like the world today? As above so below seems to hold true. Strange as it may seem, they need only make the slightest changes and could be here in a very short space indeed. However, fixed personal certainty is a great enemy of progress and growth.

However, this no longer holds true when one knows how to move past this peak. This is the gift of Divine Love which Our Father gives us in order to allow us to join with him in the unity of all that exists. I will tell you of this often as it bears repeating time and again. My desire is that this becomes

knowledge for you and not just a wonderful belief. Belief will never set you free. Beliefs will always enslave you and limit you. I want you to know this Truth with your whole being. I want you to live this every day and to carry it with you always and to allow this truth in you to foster the changes in humanity.

Don't imagine for a moment that we are at all disappointed or frustrated by the attitude of so many of these spirits because this is never the case. They have Free Will and have every right to hold their attitudes and beliefs as do you. You must also respect those of your brothers and sisters who have similar attitudes. Do not allow their attitude to cow you or to discourage you from your movement. Do share with them and accept their rejection or acceptance with equal equanimity. You can offer your beliefs to anyone but you cannot force them into accepting and believing. Throughout history tyrants have attempted this and missionaries have been no less forceful in their efforts to save the lost.

Our Father never pushes or demands but constantly offers and loves every one of us.

**PASCAS
PAPERS**

**PASCAS
HEALTH**



The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace.

Judas – August 19th, 2001

Our Heavenly Parents simply desire for us to ask for Their Love.

“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracement of the Feeling Healing process with Divine Love.

EARTH CHANGES:

27 September 2011

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Verna: There's a marked increase in the 'goings on' inside Earth being brought about possibly by natural internal factors, factors extraterrestrial, or a combination of both, even one in league with the other. And I'm going to speak about such things in more detail later, but for now, you and the people you've read who think along such lines are correct, there is much going on, both from within and without.

It's going to be a horrendous time for humanity overall, but that's not to say that within it there will be much good and lots of good feelings for some people, and mostly for those people wanting to move with it in the understanding that it's for humanity's good, and as it couldn't go on any longer how it was, so something needed to happen.

What is happening now is yet another evolutionary event, however it's not going to come about as it did back then, it's coming about as a combination of humanity's impact on the planet and natural events timed to enhance humanity's impact, all so in the end, a 'new' humanity will result, willing and able to live on the world in a 'new' way. Back 65 million years ago it was purely a biological change, now it's one all for humanity, a spiritual change for humanity as Mary was telling you; a huge change, moving from living in a completely negative state, ending it, and moving to live in a completely positive one, and all along the way nature will be affected in various ways.



All that's to happen now is more to set the stage, or scene, for the 'new' humanity to evolve into being, that being on a spiritual level, rather than a whole new evolutionary line of creatures as it was with the demise of the reptile based nature, to the rise of the mammalian one. However, as I've already told you, some new creatures will come into being during the planetary ages to come, and others that have or will become extinct, will be brought back into being.

However the coming Earth changes will have periods of intense activity right through this turning of the age and the next one of one thousand years. There will be ups and downs, but overall the next age will be one of ongoing tumultuous times for the surface of the planet. And it's all designed to keep humanity giving up its evilness and helping it seek the way of truth. There's not to be one big cataclysmic episode now, and then it's all peace and harmony on Earth, and people can get back to re-building all they've had – all their negative way of being and wrongness, or even set about living in peace and harmony because of some dimensional change or new spiritual light and upliftment affecting the raising of humanity's consciousness to a higher level of peace, having giving up greed and self-indulgence in material things. No, all that is to come is not to let you off the hook, or allow you to keep going only manifesting and so expressing yet another version of truth denial.

The spiritual upliftment so far as the new 'vibration' humanity will experience is the new vibe of the next age, and it's upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from their childhood. All the rest is nonsense perpetuated by ignorant mind spirits. Certainly there is new cosmic light coming to Urantia from Paradise, being stepped down in universal harmony through

Nebadon; and certainly there is new soul-light being emitted from every soul on the planet, but as to how people choose to react to all of that is a personal choice, and many will fight their natural desire to seek the truth and so heal themselves, choosing instead to keep going in their negative states. And for such people, some will be relatively successful at doing it and keeping abreast of the increasing 'lights', others won't be so successful, failing and then succumbing to their bad feelings. And many will go to their graves feeling very bad about life; other's will want to know why they feel so bad so often, and honour their bad feelings and start looking seriously for the truth. But overall, increasing inner and outer pressure will be brought to bare on humanity as it moves through the next age. A certain level of collective consciousness about it's negative state, and a certain level of desire to heal humanity's evilness needs, both personally and collectively, to be achieved by the end of the next age; and as all things are perfect, it will be.

James: Okay, so back to the heart of the matter, the Earth changes.

Verna: Well, as you've read, the amount of seismic activity is on the increase, this being because the amount of rotation within the core of the Earth is speeding up. It's immeasurable currently to science, however as the core of Earth starts to move faster, so all the outer parts move faster, and that's stirring up the continental movement, which as you know from plate tectonics, is causing the crustal plates to grind against each other, with the stresses being released as earthquakes. And this core rotation is going to keep increasing for the next one thousand years.

James: Do you mean the whole Earth is spinning on its axis faster?

Verna: No, I mean the components of the core, are in relation to each other, moving faster, which could be seen, as for the need of a mental picture, that the core is rotating faster. It's more to do with hidden forces within the planet, ones humanity is yet to uncover; and they are more to do with, and respond directly to, the spiritual or higher light frequencies.

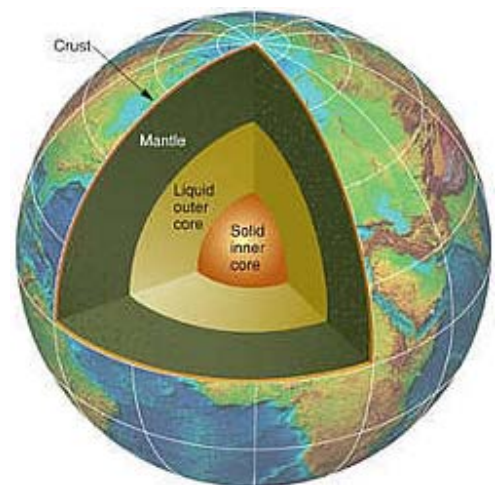
James: So it's like the spiritual rotation of Earth is increasing.

Verna: Yes, you could say it like that, and it's then having a direct affect on the material level.

James: Okay, so it's all coming from inner levels, not just the physical.

Verna: As does everything. The physical world, the globe as you know it, only responds to inner or more spiritual levels, it exists because of these levels, the whole physical level of creation does. From our spiritual perspective, we living in these higher or inner dimensions, we can see the energy, the light, we can sense it; we can sense it in all physical things; and we can sense or perceive – we 'feel it', as increasing in frequency, and so the physical planet is responding, it has to, it can't be otherwise.

James: So it's not just, say, because of what the sun is doing that's affecting the Earth.



Verna: That is happening too, it all being part of the physical relationship and interaction in those relationships, however the sun too is being driven, and so continuously affected, by the inner, unseen, and unknown to you, spiritual levels. You are only at best observing the physical level of Creation and trying to work out laws that determine it, however there is another whole plane or 'dimension' of laws that determine the relationship of the physical to the spiritual; and then even more laws determining the spiritual, and all the levels of the spiritual, and there are many, all the way to Paradise.

James: Okay, so whatever is happening, we won't be able to detect, only possibly seeing signs of it on the physical that are resulting from the increase movements of the surface crustal plates.

Verna: Yes, the sea floor is spreading faster in places as the subsidence of one plate under another is increasing, all making for very exciting times on the face of the Earth, if that's what excites you.

I can tell you, those like me who are from the very old days, boy, did we have fun back then, we were delirious during those times of massive Earth changes. And there were some times of massive changes. All that Earth is to go through now will be comparatively mild, just a remnant taste of the old days. Relative to back then, the Earth is destined to remain quite stable. It will have one last massive bout of cataclysmic Earth changes reminiscent of the ancient times when it's all to come to an End and Cease to Be, but humanity will be long gone by then.

I was talking about the acceleration of the rotation of the core of the Earth, but on inner levels, and how that's what's causing all the shifting in the crustal plates. And so this is what will cause most of the earthquakes. Now from your geology days at university, you remember being told about 'hot spots' where the continental plates mover over places where magma forces itself to the surface bringing about island chains and chains of continental volcanoes, well there's going to be a lot more of these erupting as well, old and even ancient ones coming to life again.

James: One website I visit posts up-to-date information on the status of many volcanos, and many of them are coming to life, and have been for a few years, even ones scientists didn't know existed.

Verna: Yes, and this is going to increase. There are going to be a few mega explosive events during the next fifty years, some that will cause the sun's rays to be blocked out for a number of days, but nothing too bad. However there will be continuous smaller eruptions and many of them, all disturbing the normal way of things, such as air flights, communications, and causing many people to be relocated. It's not so much the intensity of the volcanic eruptions that are to come, but how many of them and what combined effect they will have. A lot of new lava is going to come out onto the surface, this having a heating effect adding to the general present consensus of global warming.



James: So is global warming a reality, or is it our imagination; and is it something humanity is doing, or is it naturally happening?

Verna: It's naturally happening, however, overall the planet is moving toward another smaller iceage, but that's a long way off. In the short term it will warm significantly adding to humanities problems, once all the volcanic activity gets going.

Along with the increase in volcanic events it will be discovered that the ambient temperature of the upper crust is also warming, the ground will warm up a little. We're only talking about one degree, but it will add to the problems of increasing the ocean temperatures, rainfall distribution, melting the ice at the poles and how and where food will be grown.

James: I was reading whereby all of this is coming about because of the breaking down of Earth's magnetic field, all leading to a pole reversal, this all being caused by the sun moving towards a solar maximum in the next couple of years.

Verna: It's all part and parcel of it. Scientists will continue to understand all that's taking place on many physical levels as events unfold. But really it's all being caused by the increasing spiritual light that's driving the whole thing right through Nebadon, it's not just Earth and your sun that's being affected. On all worlds, ages are changing and spirits are moving on, and things are happening. You're just one piece in the whole.

So because of these warming influences, the weather will become more wild, more subject to change, and more unpredictable. There will be more: drought and heat, rain and snow, even cold extremes in some parts of the world, and less in others. There will be more wild storms in some places, cyclones and such, and less wildness in other places. Things will pretty much change all over the place as to how they have been. And some changes will become permanent, other's fluctuating.

And because of these weather disturbances, so the production of food will change; in some areas of the world severe famine and food shortages will occur, in other places pests and disease will predominate. You've seen all of these things already beginning to happen, and they are only going to happen more and become more intense.

And then come the physical Earth changes, not only from volcanic eruptions, but from the influence of large earthquakes.

Vulcanology:

28 September 2011

James: So what's happening to the Earth where the magma is? I mean how does it build up in pressure to come out?

Verna: It's a combination of internal Earth forces and external cosmic rays. They both interact to produce what might be likened to bringing a pot of water to the boil. The more internal pressure that builds the stronger and more vigorous it boils escaping on the surface. The Earth has been relatively cool of late, meaning there's only a very light boiling going on, with most of the pent up pressure and energy able to be released through what has been witnessed, some occasionally doing a lot of damage, other times, not so much, but the Earth has been going through a very quite time of vulcanology. However that's all soon to change as it warms up into one of its more active times. But as I said, not so

active as in times gone by, but certainly more active than what's happened during this past two thousand years.

James: So the letting off steam, the increased boiling will keep happening for... how long?

Verna: It will keep building up during the next ten years, then it will plateau for the next twenty, then start to settle down. But within these years there will be times of greater and less intensity. You must remember that things happen relatively slowly on a geological time period, so this time will be but a hiccup in the great scheme of things, but enough to give humanity the experiences it requires to keep the pressure on it to change. You don't have to worry about it starting with a rush then petering out. The inner forces that are going to bring about all the structural crustal change will last for as long as they need to.

Global Warming:

28 September 2011

Verna, is there really global warming, or is it something that seems to be happening but is being made up by certain people. I think I've asked you this question before –

That doesn't matter James, I'm happy to answer it again.

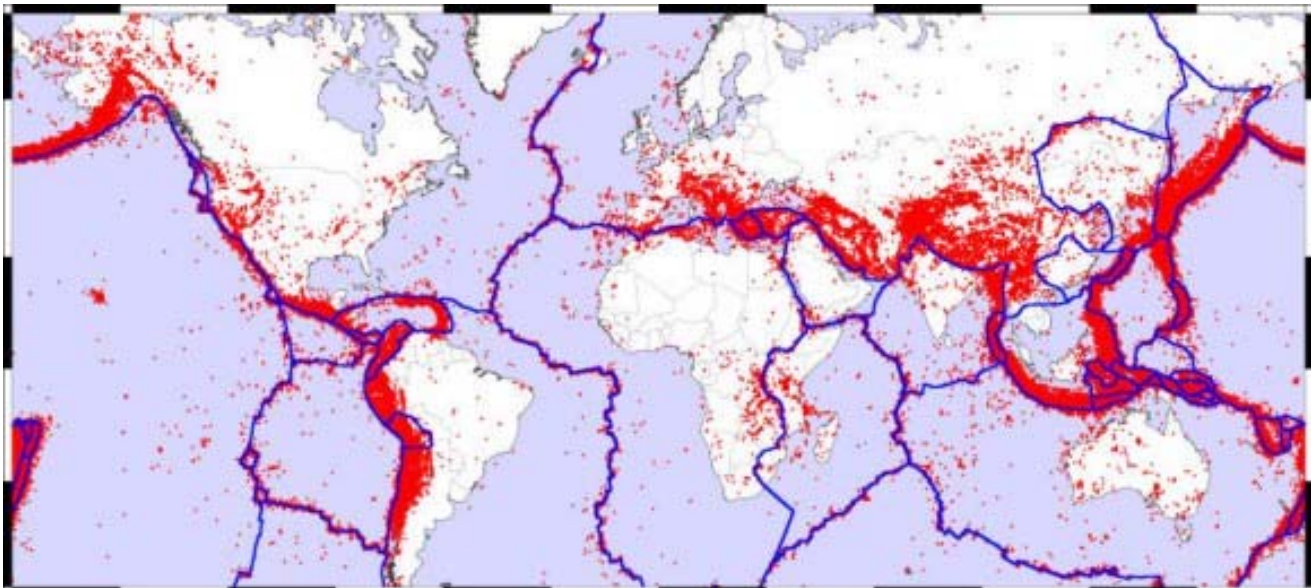
Yes, global warming is real, but it's not happening solely because of humanity's impact on the world. Humanity is only minimally affecting it, the world for the most part being able to absorb all you do that results in global warming, however it's the Earth itself that is heating up, internally and because of external influences. And these will continue as I've told you. But all humanity does in regards to global warming will be of no account because of the overall changes that are going to take place.

Entire solar system is heating up! Scientists blame solar warming

<http://www.space.news/2015-10-06-entire-solar-system-is-heating-up-scientists-blame-solar-warming.html>

Tuesday, October 06, 2015 by [Chris Draper](#)

Many scientists suspect that the solar system has migrated to a region of the galaxy with high energy. We have the illusion that the sun is a nebulous ball of gas fixated in the sky that the rest of the solar system dances around. In reality, the sun is one star among many sitting on the outskirts of the Milky Way, hurtling through space at 72,000 kilometres per hour. Although the total amount of energy within the universe is conserved, pockets of energy in the Milky Way vary in intensity. The solar system may have rolled into one of these highly active regions.



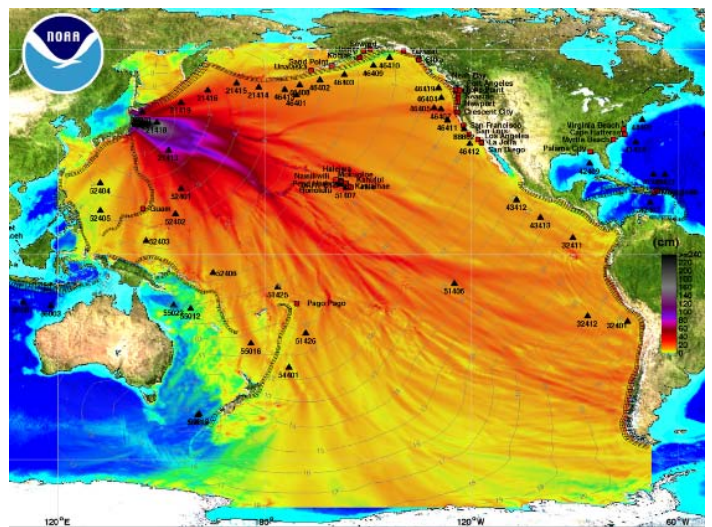
*Map of the Earth showing the relation between fault lines (blue) and zones of volcanic activity (red).
Credit: zmescience.com*

WEATHER EVENTS and EARTH CHANGES are CYCICAL:

The Richard Messages via James Reid: Celestial Spirit Richard 12 January 2013

There are many factors involved in the production of weather patterns on the planet. If you had information from a much longer period time than that available you would see that such happenings are not uncommon or unusual. The scientists have developed a range of normal that is based on quite scanty data. So, while a relatively short-range view is taken of these elements, there must be varying opinions. The Earth is presently in a state of marked changes so there will be fluctuations and deviation from many 'normal' patterns. The present changes are much more related to what is happening deep within the planet than to manmade issues on the surface. However, people will always attempt to interpret any happening in the light of what is considered to be known and to use familiar terms.

The emotional state of humans and the amount of repressed emotion is a factor but not necessarily as significant as many would like to claim it to be. Earth is a living being with its own energies and movement. Its energies combine with the energies of all that exists on the planet. Earth may be regarded as having its own emotions which are expressed in so many ways. Humans must always be aware of their emotions and the possible effects of the repressed emotion of groups of people and of humanity as a whole and need to deal with these in the most appropriate ways. Rather than consider the possible reaction of groups, I suggest that individuals look to their own personal situation and be very honest about their own true feelings. Discussing a group situation may simply serve to dissociate oneself from one's own situation. The actions that lead to change always begin with and proceed from individuals. There is no other way. Begin with yourselves and allow attractive forces to draw together those who are acting in harmony. Such a group need not necessarily be located in one physical location but may be a grouping at a more energetic or spiritual level. Keep reminding yourselves that all are linked and that this link is real and the true connection between living beings and is independent of bodies.



Prayer is a way of expressing to God one's true desires and feelings. Praying also serves to project these desires so that others may be drawn to you. Those drawn to you may not have the same desire but may have a related one which can be manifested in combination with yours. The association that may arise may seem to be related in a most unlikely or oblique way. Be prepared to entertain what may initially seem to be quite unconnected with your particular interests. Within communities there are many obvious groupings and many more much less obvious ones. The less obvious ones may span the globe and may extend way beyond what are regarded as the limits of physicality.

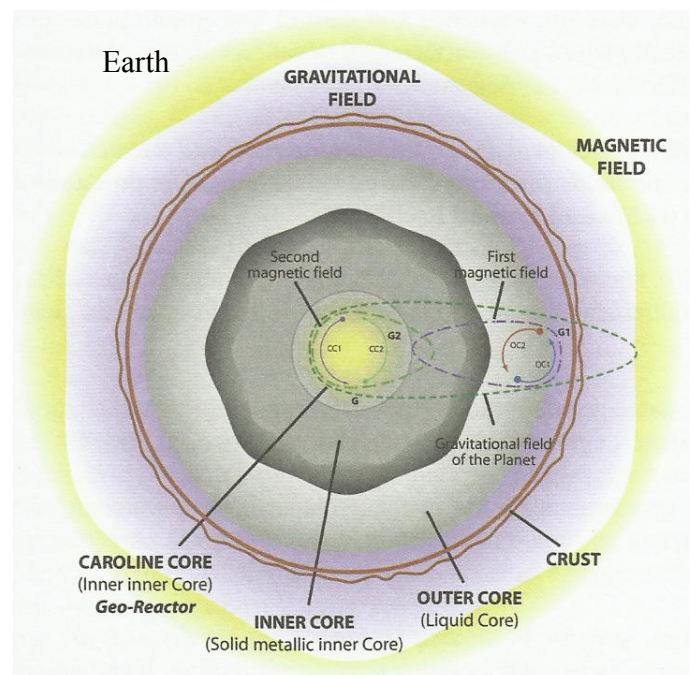
I have mentioned the attraction of spirits to physical groups and such attraction does of course extend to the less obvious groups. The less obvious groups are much more likely to be coherent in their intent and their action as they are essentially created by the Law of Attraction. Now the other forms of attraction to groups also are an effect of the Law of Attraction. What I am saying here is that the physical groups are

much more likely to be of people with disparate interests and will more commonly draw a mixed group or crowd of carnate and discarnate individuals. The spiritual groupings are much more of beings with truly matching desires and spiritual leanings. Many members of such groups may be quite unaware of belonging to the group and this does not matter at all. Many are very surprised on passing over to discover the associations that they have had for long periods of time. Life is full of surprises and many of them are very pleasant indeed. The spiritual groups may be of higher or lower intent. I don't wish to imply that because a group is spiritual that it is necessarily of higher intent. The grouping is of beings with common features and not 'good or bad' as such terms imply judgment. All serve a purpose.

Whatever happens on Earth is the result of a natural process. Does that sound contentious? Is war a natural process? Well, the answer is yes. It is the natural outcome of growing discord and thwarted desires mixed in with manipulation from physical and non-physical entities and groups. War is considered manmade but is that not natural? Natural events are manmade, Earth made with many factors. Man tends to consider himself as rather more powerful than he actually is and is, at the same time, much less powerful than he Truly is. By that I mean that man's ability to change the planet is really quite small while he focuses on his physical abilities augmented with invented devices. Man's abilities are actually unlimited if he recognises himself as he Truly is as a being of spirit which is capable of being allied and aligned with God. Mankind has been exploring physicality for a long time since the decision to do so was made eons ago. Humanity has developed a great arrogance which produces much conflict. Now is the time for the next phase of the exploratory development of the spiritual reality of all life. What has gone before has all been very exciting but pales in comparison with what comes next.

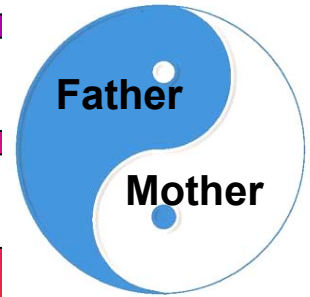
Every major social change in human history has been created by individuals or small groups. Every one of you already belongs to a group or groups whether you know it or not. You may clarify for yourself the groups to which you belong by refining your desires and increasing your love of self and of others. It is what you **truly** hold within you rather than what you profess that determines the groups to which you belong. Where do you want to be? With whom do you wish to associate? What do you want to create in the world? How honest are you with yourself?

Each one of us approaches God as an individual and it has ever been so. In our process we may recognise our aspiration to be One with God. In our process we will be very well served by those we help and who help us.



SPHERES in the SPIRITUAL REALMS.

Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.



Spheres to infinity: Soulmate bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.).



Eighth Sphere: All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8 to infinity true immortality.

Seventh Sphere: The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind has been achieved. Divine path.

Six Sphere: Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living life in absolute harmony with God's laws of spirituality. Natural path peak.

Fifth Sphere: Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God.

Fourth Sphere: Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization.

Third Sphere: Truth always told. An area where spirits progress in their awareness. In each sphere, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

Second Sphere: The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

First Sphere: Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2nd sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for most. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are fear based.



The 2nd, 4th, 6th spirit spheres provide principally for mental and moral advancement, whereas, the 3rd, 5th, 7th soul spheres provide for the Feeling Healing process with Divine Love.

SPHERES: KINGDOM of MAN – SPIRIT WORLD

The first 7 spheres have logical and clearly defined end points both at the 6th and 7th spheres. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or sub-spheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6th sphere is the ending point for those who are following what has been referred to as the Natural Love Path.

There exists a barrier between the earthly levels and the spirit levels and this is largely man-made. This barrier has been built on fear and is made of belief.

Spheres:

7 The 7th sphere is the transitional stage between the lower spheres and up into the Celestial Realms.

6

5

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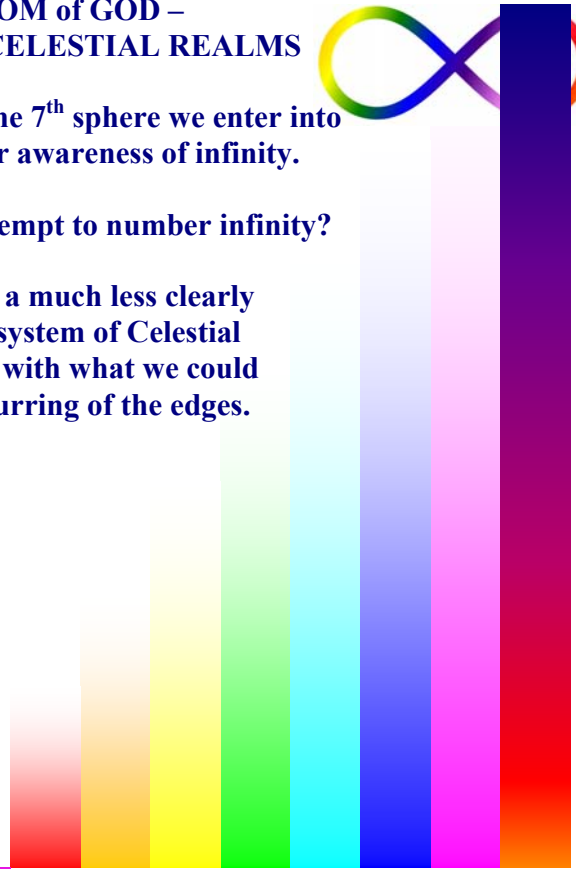
There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in anyway competitive or subject to examination but is to ensure that the being concerned does know what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

KINGDOM of GOD – CELESTIAL REALMS

Above the 7th sphere we enter into a greater awareness of infinity.

Why attempt to number infinity?

There is a much less clearly defined system of Celestial Spheres with what we could call a blurring of the edges.



Each of us who are within the Celestial Spheres knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long ago.



Spheres



WE ARE NEVER ALONE!

Yes, we are never alone, we have spirit friends with us at ALL times. We can all learn to communicate with them.



Celestial Heavens

Everything is interconnected.

Divine Love 8



We have guardian angels with us all of the time, typically more than one. They usually are from the spheres 2, 3, and 4, so they are spirits progressing along the natural love path or divine love path.

7

6 peak Natural Love 5

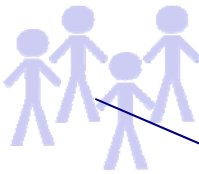


Our spirit guide, should we have a spiritual aspiration, will be from a background and level that is most appropriate for our growth. Should you have an aspiration to pursue the divine love path then your spirit guide may well be a celestial angel, that is, above the 8th sphere.

4

We are also hounded by mischievous / malevolent spirits from the lower Earth planes of the 1st sphere, referred to as the hells. It is these spirits that distract us with symptoms including those diagnosed as mental illnesses. It is our soul condition that attracts these malevolent spirits.

3

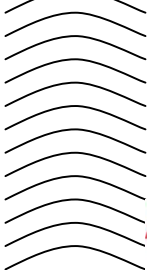


2



Spirit Guide (typically an angel)

1 sphere plains



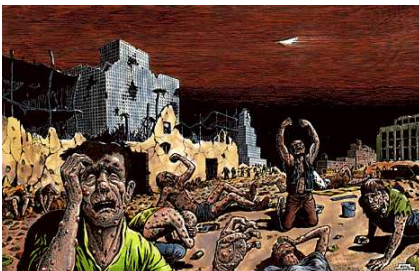
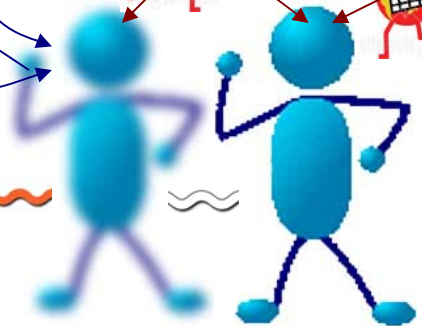
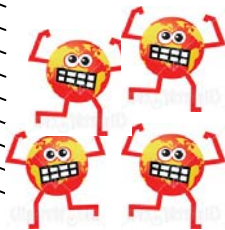
Guardian Angels (typically spirits)



Malevolent spirits from the hells cannot harm you.



Hells



SOUL SPIRIT BODY PHYSICAL BODY

Your soul animates your spirit body and physical body through connecting cords. Spirits in the spirit world can connect up to you through these cords also.

SPHERES within the CELESTIAL REALMS MELD INTO EACH OTHER:

The Richard Messages: Celestial Spirit Richard 22 December 2012

As we progress through the spheres in which we live we become more and more familiar with this wonderful dance of life and the possibilities that exist. As far as we know the possibilities are infinite and we are happy to accept that and happy to be at the stage we find ourselves.

Celestial spheres are not marked by numbers.

The first 7 spheres have logical and clearly defined end points both at the 6th and 7th spheres. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or sub-spheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6th sphere is the ending point for those who are following what has been referred to as the Natural Love Path.

The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.

Acquire is not the best word but will do for the time being. The 7th sphere is then the transitional stage between the lower spheres and the Celestial Realms. Once more there is a clear transition point from the lower to the higher. You may have been told that the system of numbering continues. This gives a misguided and distorted view of these realms. The lower spheres, as with the earthly sphere, as it now exists, are more defined and exist within infinity but are not party to its fullness. Once more, I will not attempt at this time to expand on this and will leave an acknowledged 'elephant in the room'.

Above the 7th sphere we enter into a greater awareness of infinity. As I said to you earlier in one of our chats, why attempt to number infinity? In addition, there is a much less clearly defined system of spheres with what we could call a blurring of the edges. We will talk more of this as we proceed as you are interested even though you really have no idea of what I present to you. Once more, listen but don't assume that you know. The purpose in telling you is to open you a little more. Your listening is rather like hearing a traveller's tale of foreign and strange shores. The difference is in your capacity to make a reasonable picture of what you hear from us.

Each of us who is here (within the Celestial Realms) knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long ago.

There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in any competitive or subject to examination but is to ensure that the being concerned does **know** what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

There exists a barrier between the earthly levels (physical domain) and the spirit levels and this is largely man-made. This barrier has been built on fear and is made of belief. This is essentially the barrier that persons breach in the transition to spirit life. That is, when they die (death of the physical body only). This is the barrier that many people who enter the dying process are aware of having breached. There are many who do enter the process of dying without completing the process who are not aware of this for many reasons. This is also the barrier that many breach without needing to enter a dying process. Many mediums are able to bridge this barrier to access what lies beyond and to communicate with those in spirit. Others have a sense of breaching or bridging this in meditative practice. Yet others have flashes of vision, hearing, feeling or other awareness. There are all levels of such experiences and many are transformative for the individual and many others are discounted as they are seen to fall outside the accepted societal norms.

The importance of what I am saying is that this ‘barrier’ does not really exist but is believed to do so. The potential exists now for free and easy communication between our levels of living (physical and spiritual). The time is now ripe for the ‘opening’ of this non-existent barrier.

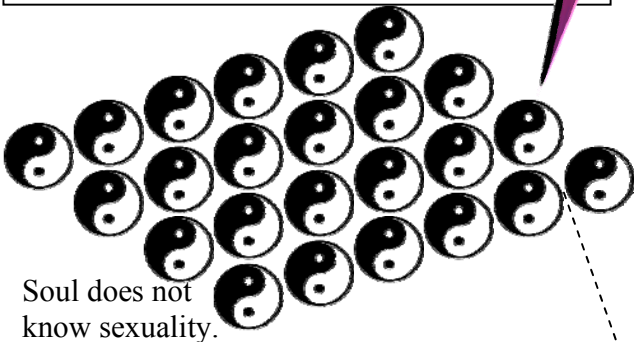
In the past and even at present there are societies who acknowledge and respect communication which bridges the earthly or carnate levels and the discarnate. We are now moving to broaden this to a great degree. There is indeed the coming great change of the level of spiritual awareness of humanity. Many people imagine this happening as the mystical conferring of a new level of awareness upon all those who are attuned to receiving it so that it will happen in some almost magical manner. As happens within the spheres of spirit, the change will happen naturally and easily when the individual **knows** what he/she needs to know. The change will come from knowledge and not from belief but will be catalysed by desire.

Remember that you are attempting to make sense of all of this from a temporal (earthly) position with a temporally attuned mind. Accept the limitations of this process even as you accept the boundless future that awaits. When I say that it is desirable to accept certain limitations I don’t imply that one should be resigned to these but that one should accept that one is developing other and far superior processes. Acceptance properly understood and applied is always a freeing process that opens the way for the new. **You are totally loved as you are now and will be totally loved when you are as you become.**

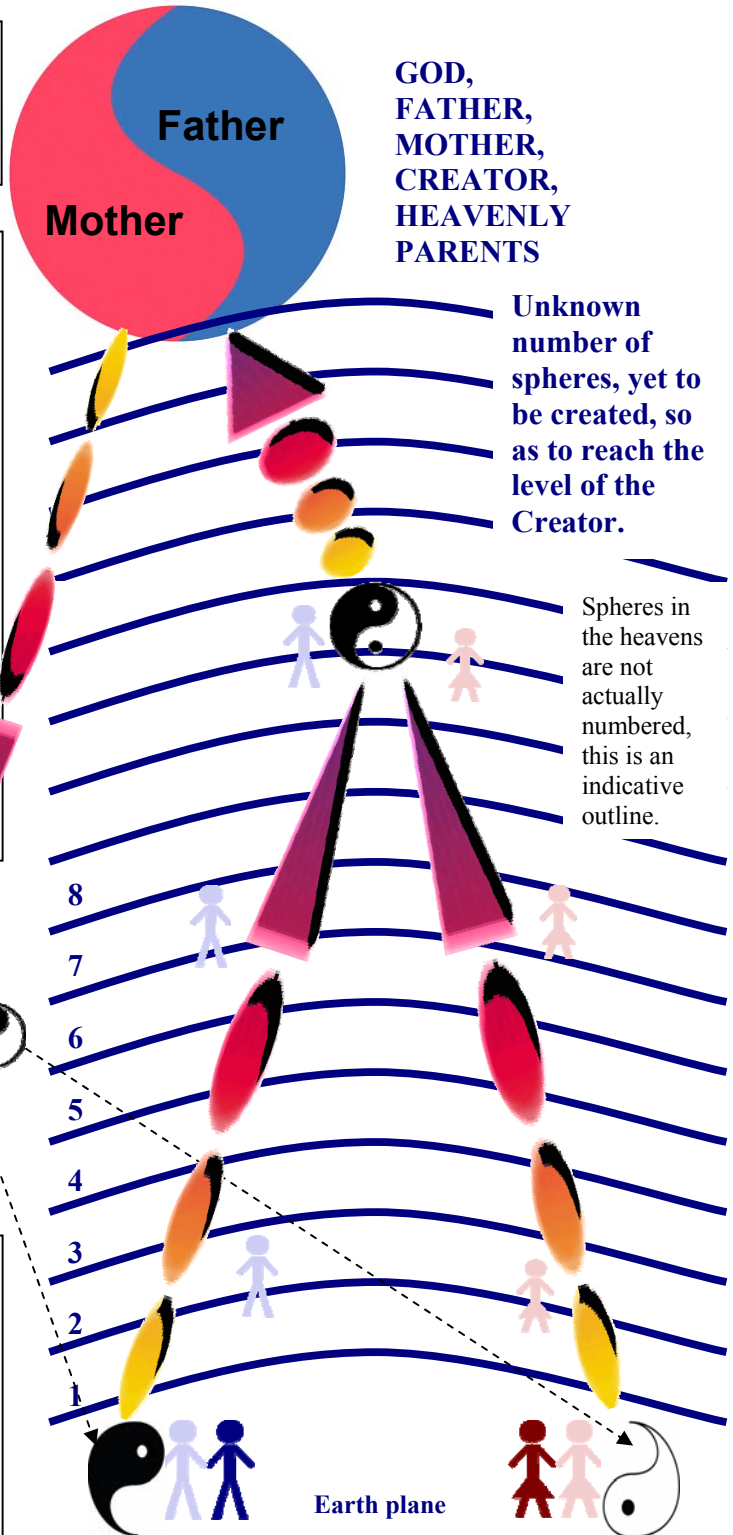


OUR JOURNEY of GROWTH in LOVE
 All we need do is to ask for God's Divine Love – it is that simple.
 Ask directly, no intermediaries needed.

Souls, being thoughts of God, are ready for incarnation in their billions. These souls are at the level of the 6th sphere in a natural love state, however, they are not within the 6th sphere perse. These souls are not self aware. Prior to incarnation, they do not express free will. There is nothing of the Divine within the soul. They have an instinct to incarnate. Incarnation of the two soul halves, male and female aspects, typically occurs within a 5 or 6 year time frame, however the timing may be 20 to 60 years apart. To become conscious of self, you must incarnate. This is the individualisation process.



The soul half that incarnates is the one most suitable for the characteristics and character of the attracting parents. Upon incarnation, one's soul condition adjusts to reflect the soul conditions of those around it, typically reflecting closely the soul conditions of one's parents. Upon completion of individualisation process, that is incarnation which may be only a short experience in the mother's womb, we never need return to the physical state. To be able to return to our Heavenly Parents, we need to use our free will and ask for Their Divine Love.



RICHARD:

The Richard Messages via James Reid Celestial Spirit Richard 22 January 2013

I lived in what is now referred to as Eastern Europe in the late 13th century and worked as a scholar and librarian in Christian surroundings. I did not know of Divine Love prior to my passing and, as is so often the case, was mightily surprised when I made the transition as all was far different from my expectations. I passed into the 1st sphere in what could be regarded as the mid to upper regions. This was not unpleasant but I always felt that there was much more. I was always blessed with great curiosity and this is an advantage. I embarked on searches for what I knew or at least felt must exist. When one searches in such a way help always comes whether on Earth or here. I was approached by brighter spirits who told me of this wonderful Divine Love and encouraged my adoption of the processes involved. I needed little persuasion.

Finding this led to rapid progress along the way. Without such knowledge and assistance progress can be mightily slow as so many discover to their chagrin. As I progressed and was bathed in more and more of the Divine Love I met our mutual friend Francis and he has been a wonderful and most loving friend to me as to many others. He had known of the Divine Love prior to his transition so had progressed faster and farther. I have paid little heed to how long it took me to reach the Celestial Realms as interest in the time taken is subsumed by the wonder and glory of these realms. I would say that I took about 75 years if we were to look at time and most of that was spent in early searching. Please do attempt to disregard time when you think of these realms as it is of no significance at all.

The essence of progress is progress itself and the gain in knowledge of Our Father rather than the time taken. Much as I would like to convey to you the feelings of family that exists among us it is impossible to do. I will not try as I know that you too will experience this wonder and revel in it as we all do. I will say that you will begin to experience such feelings long before you make the transition as you embrace us and allow the reciprocal embrace.

Although I speak of short times I will also speak of long times and urge that you don't use time intervals as criteria for progress as much may be happening simultaneously and in a connected manner that is imperceptible to you and to others. In fact it is often the case that such activity precedes the occurrence of an apparently sudden change.

One thing that I will repeat and repeat whether you ask or not is that the motivation behind these forces I speak of is your own desire. It is your creative desire that harnesses and directs the action of your Free Will and of the laws of God. These laws are not the laws of restriction but of freedom. Restriction comes from resistance to the acceptance of them and freedom from the acceptance of and harmonising with them. Refine and focus your desire constantly until you feel that you are 'hitting the spot'. You will feel this as increasing ease and increasing energy. You will feel more of the flow of Divine Love which is always available to you in unlimited quantities. Quantity is not an appropriate word for what is not quantifiable but it will serve.

At times you have visions of possible future happenings where success attends your efforts and sometimes wonder if you indulging in self-aggrandisement and then feel guilty and doubt that you are being truly humble. You really do know that true humility involves being yourself as truly as possible to the way you were created by Our Father. This means the full expression of your being and reflection

of the glory of God. Will this not occasion what you could regard as wonderful moments of life? Might this not attract the interest and attention and the acclamation of your brothers and sisters? Acceptance of such occurrences as evidence of success and not of superiority is also evidence of humility. Humility has nothing to do with self-deprecation as one cannot be true to your God-given heritage while failing to accept and acknowledge the attributes of this condition. This is much misunderstood on the Earth which has developed societies based on superiority and inferiority and the unreal valuation of material wealth. Most of the population looks up to others of extremely doubtful superiority and uses their perceived inferiority to avoid being themselves. Most often those admired are individuals who, while apparently manifesting great abilities in some specific area, do not deserve such admiration. You can never do better than to be yourself fully with love of yourself and of God.



The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace.

Judas – August 19th, 2001

The DIVINE UNIVERSE: via Zara Borthwick and Nicholas Arnold

261. *Jude on Life*

17 – 18 January 2013

Hello and good morning. I am one who studies the mind and how it works. It has been my observation that as the Divine Love transforms the spirit body, the mind adjunct of the personality is also transformed. As an attribute the mind is concluded in its definition, form, and image like any other spirit body sense and attribute. Each aspect of the spirit body senses and attributes are organised in their proper place according to the forming of the principle-mind attribute that acts as the premier consciousness in the individual. There are detailed workings as to how the total consciousness of the life that is human and mortal is organised in the spirit body, and like the human brain, the spirit organ that acts as the spirit-brain is located in the head of the form of the spirit body.

This organ in the spirit body is *spirit energy* that has solid form and acts just like the human brain only this attribute can vary as the conditions of the soul and the spirit body change. Our environments are spirit-energy-material sensitive and so the forming of the spirit-brain, as I call it, forms so that one can immediately begin to identify with the new spirit surroundings when one enters the spirit world as a newly arrived spirit. In most circumstances the personality has already had time to develop and so the spirit body and its systems have developed accordingly during a person's human life.

When a person commences a spirit life, human experience is already a known thing to the individual. Obviously some individuals enter the spirit world in their infancy or have such involuntary disabilities that may impede cognitive experience and human awareness so that experience has condition to it. In all variations of human diversity, the adjustment phase upon one's entrance into the spirit world is the critical period of transition. The senses and attributes in the spirit body become active when the personality moves from their physical life and the conditions of the human body no longer dominate the personality, or the personality no longer dominates the human body.

An example that I choose to give is a common one: the person has memories along with active physical senses in the physical body. Suddenly as if no time has passed at all, and a human death has occurred and transition happens, the individual in their spirit life still has their memories and the experience of their physical senses and attributes except now the location of their life has changed and these attributes have changed location now functioning in a spirit body and not solely in a physical body. The personality with all its attribute has changed environments. The human body and the organic environment of Earth have been exchanged for the spirit body and the spirit environments of the Sphere. The spirit body takes over the personality, for it is in control now. This needs to be, for the personality and attributes of soul that forms part of the personality in order to survive physical death.

The spirit body commences its forming as soon as the soul incarnates at the time of a human conception. The spirit body and its systems have already been part of the personality during a person's physical life and so, when one is living in the spirit world these systems need not be created for the systems of the spirit body have already been originated in their potential and form for spirit living, when the soul incarnated and began life in the physical body. Even when the human is without any awareness of the spirit body, these systems are primed and ready and functioning so that the personality and its attributes of experience relate with the spirit body and are fit for survival after physical death.

Once one adjusts through these early stages of spirit living, the personality is integrated into the spirit body and these new spirit senses come to life, seamless in forming and acting in the personality. This be said the same for the mind attribute and its function in the spirit body personality. So perfectly modelled are the Spirit Laws formed by God to ensure that this phase of an individual's transition into the spirit world happens without disturbance, interference or disharmony in the reconstitution of the personality from the physical body, to the individual spirits life now living in their spirit body. This is what the identity of death actually is, why it happens and why death is a required part of living. Humans do not live on the face of the Earth forever. Our experience has a finite conclusion with a continuance of life in the spirit world. Death provides the time that God's Spirit Laws safely integrate the shifting of each personality from their human living to their now spirit living.

From God's perspective, these workings were set in place before or prior to the first attribute of soul incarnating and the first mortal personality formed in soulful physical nature. And so, whilst what I am explaining sounds new the truth of the fact to these workings have been a reality for thousands of human years. Although human culture and social beliefs, experience and awareness has changed with the years, these Spirit workings and their act at ensuring the correct passage and survival of the individual personality from the human experience into the spirit experience have never changed or been altered to work or function in any other way.

The whole human body doesn't need to be reconstituted upon the completion of its life and immediate living in the spirit world, only that part of the individual that can function in this spirit environment needs to survive and this part of the human is the collective attribute of the personality which includes the attribute of soul. Most of the physical body remains to the Earth and its decomposition according to the social culture of its day. I say most because, aspects of the personality are influenced by the physical body and one has memory, and memory of their physical personality and so, whilst there is no physical evidence of the physical body present, most can remember and have memory of their physical body now they are in their spirit body. A human life is soul first, then spirit body, then human body. Of course all three attributes compose one individual finite personality. From my perspective living with the Immortal Love, I have learnt that everything human is soul and this is demonstrated in the condition of each soul reflected in the spirit body and the personality of the individual upon the commencement of their living in the spirit world.

God is Soul and Spirit. This is a brief description of the most complex individual universal creation ever formed. For the purposes of this work, this description is more than adequate otherwise we can become lost in the detail. Truth of it is that one could write on a page that lasts forever about the nature of God and still there would not be enough ink in the world to fill it. God has other mortal universes going on in other places and the same Immortal Divine Love that is present for us is present to those mortal personalities. There is only one Immortal Love that serves every single finite mortal personality, and for good reason! The economy of God reveals perfect nature and because there are many formations of mortal personality in their own universe, this doesn't require unique Immortal Loves to exist to fulfil the potential of us all.

The attributes of the human personality are spirit body fit. The attributes of the spirit body are soul perfect. And, the attributes of each finite mortal soul encompass the spirit body with its attribute and the physical body with its attribute. The determining principle in the way the Spirit Laws work at the time of transition of the personality from the human world into the spirit world act in accord with the soul and

not with various other intrinsic aspects of information and experience. In a snapshot of vision, God works from Soul in accord with soul and from this fundamental position, which includes the most telling of Spirit Laws, all other Spirit Laws that act with the spirit body and the physical body must follow in accord with these greater soul Laws. Quite literally, God the Soul takes or brings each human soul across The Great Divide of human death and birth into spirit life whilst perfectly integrating, maintaining and sustaining the attributes of personality in the spirit body and establishing the spirit body fit for spirit living so that when the individual awakens in their awareness that one is alive it is complete and yet each person is unaware that such a soulful journey has happened.

A human death marks the end of a soul's capacity to survive in that environment and so, a transition must take place or something must happen, or else the attribute of soul that is incarnated would be compromised in its continuance of life. Fortunately this doesn't happen. God has ordained it to be that each soul continues to live and for this to happen, a transition of environments takes place.

If there has been a disturbance in the mind when one was human, and if this disturbance was involuntary then the mind is reconstituted between the spirit body and the personality to a normal function in the spirit world. If the mind attribute has a disturbance due to an affliction placed upon it that deformed its form by the voluntary nature of doing something to one's self or having one thing done to one's self by another, then, this cause of disharmony can create compensation which one will need to make amends for. And so, in the transition of a personality from the human world into the spirit world, the Spirit Laws in their workings will not co-mingle to negate the Law of Compensation, which after the reconstitution of a life into the spirit world, the personality may be subject to this Law of Compensation. There is no confusion to this although the Law of Compensation does not come into effect until the greater Laws have acted upon the soul in the time of personality transition from the human world into the spirit world.

And so, it is with these Spirit functions that allow for the personality to continue its existence in the spirit living in the spirit world, by no other means does this happen. I along with all of us here can see how, what I am explaining works because we have survived our physical human lives. Obviously, when we were living as people in our human experience on Earth, I along with most here had little or no idea about this experience of such intrinsic functions and their workings that ensure individual survival in a life after death. Now, we do know in our living proof of this survival, and we can look back on our human lives as spirits from our position of knowing our once unknowing of such things. I have learnt and can see how death is vastly important to the survival of the personality.

Are people meant to know about such realities? This is an individual concern, for such reality to become commonplace in the human world would mark a significant shift and change in the collective human world of experience and awareness. For those who do explore the afterlife and are seeking genuine answers in their experience, these works will certainly help adding a clearer picture so that one might have clearer vision on the nature of such spirit workings and how the soul, the spirit body and the personality form the image by which one can then move forward in their quest to identify the simultaneousness of these two existing environments – the physical human world and the spirit mortal world – and how they interrelate with one another.

There is no doubt that from my observations observing people who are aware of the Divine Love, that one relates this Love as being other than human-made, though made for the human soul. As far as I

have seen, we who know and live with this Divine Love in our lives take a keen interest in how the experience of Divine Love transpires in a human experience. It gives me good delight that most who enjoy and participate with this Love recognise its true Spirit value and potential. The Divine Love comes from the Soul origin, God and I see, most agree on this and this be the Truth as to the origin of the Immortal Love. Also, most experience or see the Divine Love as a truth of spirit and soul and so by being aware of this Love one feels that they are in touch with a Truth that becomes part of one's soul nature therefore this experience places one in touch with their spirit-nature which in turn causes one to recognise that there is a life living after human life and that a spirit world and spirits exist. It is important to recognise that spirits were once human ourselves! And that even though we selectively choose – as you do – to participate with God and involve our selves in the experience of the Immortal Love, that we here in spirit visibly see that the Divine Love still has Its origin in God the Soul and that a Divine Love experience doesn't end by one being simply a spirit in the spirit world.

I like to observe with discretion how the experience of Divine Love in a human life and so, I am fascinated at how people experience this Love and learn about Its nature when clothed and immersed in their physical body. I have learnt, as many of us have, about this aspect of living with the Father from people's human experience. I never judge another's experience for I have seen how individuals judge their own experience as they hew out their destiny with God. Most people in their Divine Love experience have very little contact with Celestial spirits or can perceive the reality of how the spirit world works. I have the advantage of seeing what people cannot see and I know what most deem as unknowable on how the intrinsic workings of the Spirit Laws function with the soul, spirit body and personality. In no way does one's inability to see and converse with Celestial spirits belittles the experience of one who is endeavouring to embrace the Immortal Love in the trials and tribulations of their human life. To me and to all of us here, there is no separation of experience, for we know that the Divine Love present and available here and wherever mortal souls experience life and so, each unique environment perceived by us as being an equality and part of the great forming of environments in which God has enabled mortal nature and Immortal nature to live and experience Love and Spirit in.

If a person struggles in their experience of integrating, identifying and accepting the Divine Love and Its origin, Celestial spirits understand this and I admire one's persistence of faith as one may continue to doubt the actual validity of what they are doing by trying to accept an invisible Immortal Love into a soul that one hardly knows to be the true individual nature of ones' self. I like how the nature of God is explored, by those who recognise God's universality and how a personalised experience in the Love, the Divine Love of God inspires or settles one's heart and mind.

The only thing I don't like to see in a Divine Love experience is when one who has experienced the Love and found the Truth of It then by reason of their own desire for self-importance in the deceit of power, manipulates other people to suit one's self so that the individual error is then confirmed as a truth and deceives people who are honestly and sincerely trying to find the Immortal Gift, the Divine Love and to learn of Its' related truths. Anyone who does this, and there are those who have, there are those doing this and there will be those who will, will pay a heavy price in their compensation that will be collected by that kind of individual when they commence their living here in the spirit world. Even when living with the Divine Love no human escapes the Spirit Law of Compensation. It is an error for one to think that simply because one is with the Divine Love and one has this awareness as one is living among people who have yet this awareness of the Love, that the one with the Love has more authority and power over another by imposing themselves simply because one knows a Divine Truth when the

other lives solely in their natural truth. The Celestial teachers go to great lengths when teaching us about the correct way of introducing the Origins' Love and how this Love might be obtained. We learn so that in our help to create this awareness of the potential for this Immortal Love, we do not commit an error when teaching or introducing the Love.

It must be said there is a responsibility living with the Divine Love. And, living with the Love ultimately teaches one self-respect and universal responsibility. This is visible here in the Celestial Heaven and from this universal responsibility comes great vision and freedom. If you look at life on Earth everyone is on the way in their learning of how to take responsibility for one's self or another and, for the environment they live in even though this experience is often immersed in complete irresponsibility. The choice for Immortality can never be taken for granted, treated lightly or highly underestimated. Where would the world of man and spirit be if it were not for God?

This has been a well-received message, thank you
Your Celestial friend, Jude

WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6th Sphere. We do not have immortality without having received Divine Love.



Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8th sphere and above, then progress further to enter the Eternal Spheres and then the Spheres of Paradise.

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

info@pascashealth.com

The BEAUTIFUL MIRACLE:

5 Oct 2012

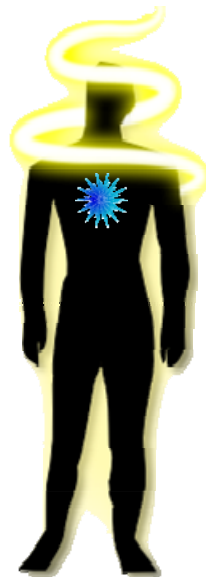
The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of the Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

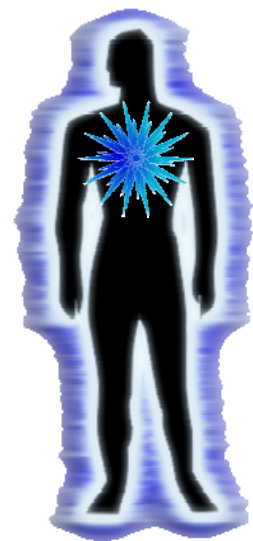
**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

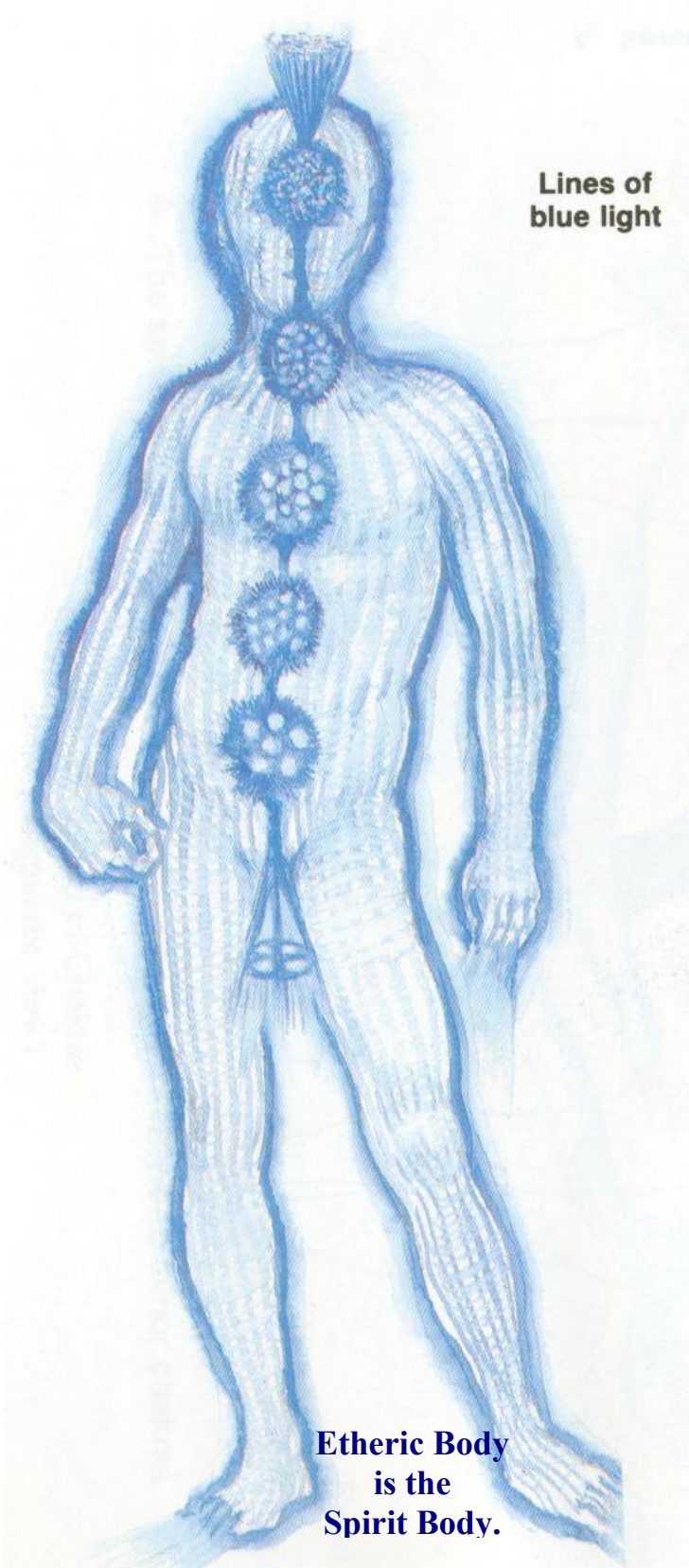
The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

“Every day is a day of devotion.”

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother – Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



PRAYER for DIVINE LOVE: library download pages at www.pascashealth.com
 Kindly visit the library download pages at www.pascashealth.com as further recordings are added.
 Should you click on the audio files, you will also be able to download the audio file onto your computer.
Prayer for Divine Love – from the Padgett Messages (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>
The Voice of Divine Love (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>



Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncreif's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncreif Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality		2017	250
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,092

Religion of Feelings

Introduction to Divine Love Spirituality

Main website of DLS

Childhood Repression website

DLS and CR forum

<http://religionoffeelings.weebly.com/>

<http://dlspirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on them selves and doing their Healing.

Feeling Bad? Bad feeling are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

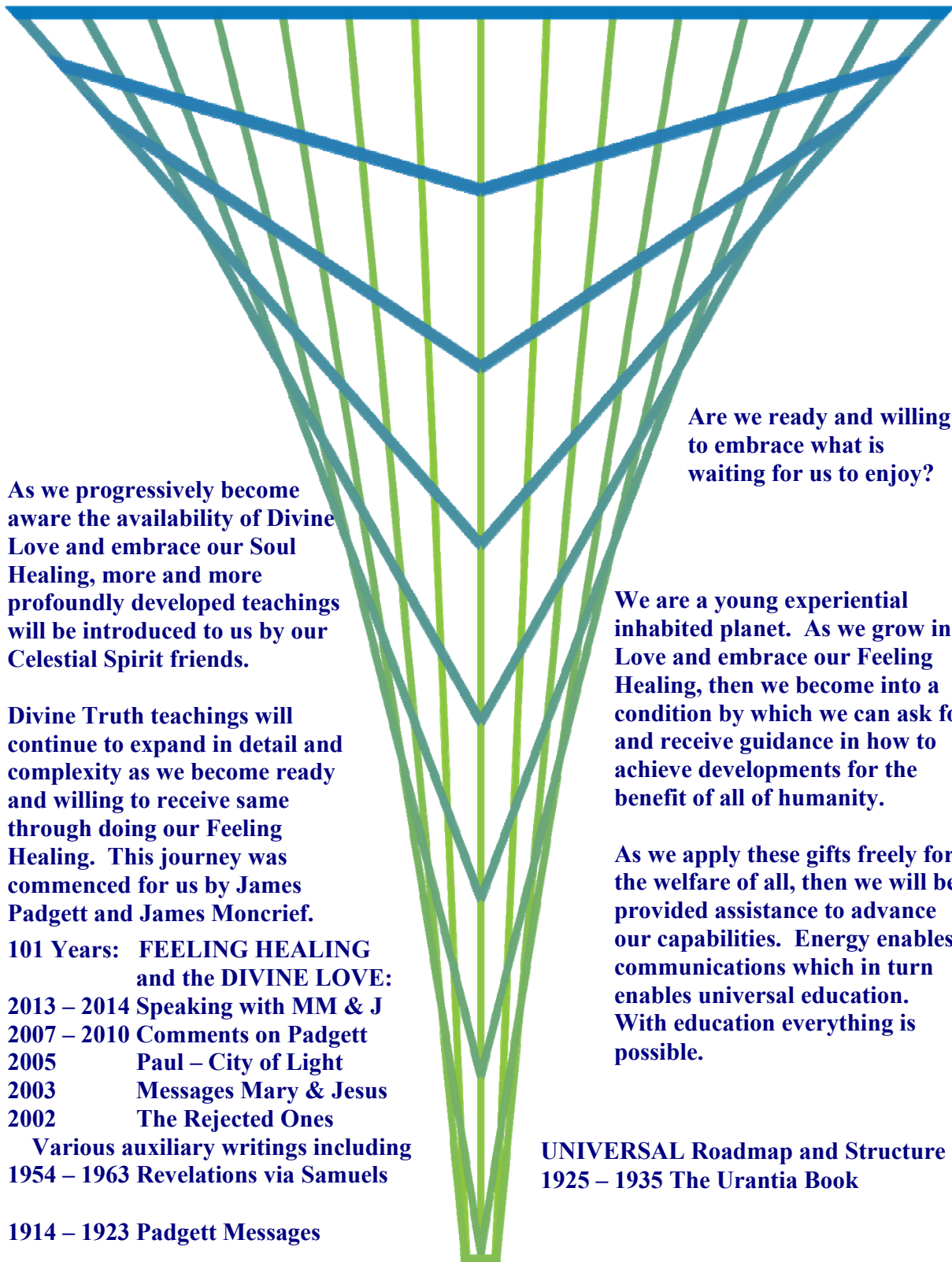
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
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- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



PASCAS CARE

"Beacons of Light"

around the globe

