

Soul Light

Book 2



by James Moncrief

“Soul Light” preface to book 2 of this two book series:

These are confronting times (2020s) and what is outlined, with authority, throughout these writings are also confronting.

However, the revelations throughout these writings are the keys to the pathway we each are to embrace. The whole human race is suffering from repressed childhood and mind control. Many are seeking a better way; surely there is a better way that we could be and should be living? And there is and it is outlined throughout these pages.

High level spirits influenced the humanity of Earth to live principally through the mind while suppressing our feelings. This has meant that for the past 200,000 years we have been living against our will, against our soul, against our soul partner and against our Heavenly Mother and Father. We have been in Rebellion these past 200,000 years and when Adam and Eve defaulted on their Mission some 38,000 years ago, we have been living in a Rebellion and Default with most of us not even being aware of our plight.

NOW, and we mean NOW, even higher level spirits are revealing to us how we are to make the Great U-Turn and end the Rebellion and Default within ourselves. Eventually all of humanity will do so.

All institutionalised platforms and systems that we all embrace are founded under the Rebellion. All that we are accustomed to adhere to now needs to be re-examined, discarded and replaced with the New Way. We are to bring mind and feelings into balance. Nothing of the old ways will survive – as it is of the Rebellion and Default.

What we have considered to be charitable works, humanitarian aid, education and health systems – these have all been perpetuating the Rebellion and Default. What others consider to be the normal way of things, are no longer to be supported. If others are doing it, then we are no longer going to follow along.

Unless we introduce the New Way, of bringing our feelings to the fore, and then into balance with our mind, then we continue to be agents of the Rebellion. That is not being loving to ourselves or to anyone else.

The New Way is our pathway to freedom and to our journey home.

John Doel of Pascas Foundation (Aust) Limited



The Soul Light Theory

Book 2

“Soul Light” is a two book series, this being book two.

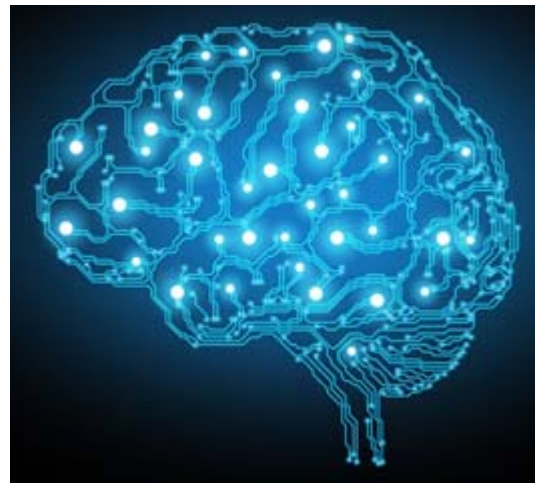
(written June – September 2003; updated January 2022)

Infographics and diagrams have been added by Pascas.

21 June 2003

I, Zelmar (a Melchizedek), want to speak now about the Indwelling Spirit of God. I will not go over what the papers in *The Urantia Book* say, but I will draw from them. And I would advise anyone who is serious about their relationship with God to read the Papers in *The Urantia Book* about the Thought Adjuster – the Indwelling Spirit of God. (And the Papers about the Lucifer Rebellion and Adam and Eve’s Default.)

The Indwelling Spirit of God is a part of God’s Spirit that comes from Paradise to you when you are fully circuited in the mental circuits, which as I have said usually occurs sometime around six years old. The age will vary with the advancement of humanity, but still it takes this number of years for you to form sufficiently enough on all levels so that you can become a fully fledged individual of will. By this time the basic structure of your personality attributes have been expressed, brought into being by your soul, and you are a true person, and creature of Creation. And it is the time in which you can start to make decisions for yourself about your life. The biggest of which is that you can start to actively and independently long to the Mother and Father for Their Divine Love, and are able to start developing your own personal relationship with Them.



It is largely because of you being unformed prior to this time, that you are treated as a lesser person by your parents, something that can easily be disrespected, controlled and have its will denied. Something more along the lines of how you treat a pet. It is also why your memories don’t really start to remain in tact until this time, for up until then your emotional and mental states are not fully functional or interlinked allowing you to relate fully consciously to your life. Life really seems to begin from this age on for many people.

The Indwelling Spirit is a part of the Spirit essence of the Mother and Father. We don't know much about what that actually is, as in how does it get 'created', however somehow and in some way a part of Their actual Spirit separates and comes to all mortals on worlds that have advanced emotionally, mentally and spiritually to the level of being able to receive such in Indwelling Spirit from God. The spirit comes pre-personal, meaning it is without or pre-personality. It doesn't have a personality in its own right like most spirits do, however should you fuse with it, should it become at-one with you, then it gains personality by gaining your personality. It is designed to help steer you in your experiences to grow in truth, all so that you and it will eventually 'fuse' and unite together. And this is a very special moment, because it means you and God, as in God's Spirit, are literally one. And it's the first main technical step after you officially start longing for the Divine Love on your way to becoming wholly at-one with your Mother and Father. And you can't achieve this union or fusion with your Indwelling Spirit until you have completed your Healing, it's part of what will gain you entry into the Celestial spheres. And it signals on a soul, will and spirit level that you really are a child of God. And it also means your survival has been assured, you will now have a divine soul because of the Divine Love and being fully united to your Divine Spirit, all of which needs to happen if you are intent on having a very deep and personal relationship with your Divine Parents.

And so one of the important reasons for you longing for the Divine Love is so you can achieve personal fusion with your Indwelling Spirit. Because without that union, you would never find your way to Paradise. Your soul creates you, however you need your Indwelling Spirit to pilot you to Them. It knows where They are, being of Their Spirit essence. So you are not allowed out into the universe proper, becoming a true spirit personality, until you are united with God's Spirit. Without it and the Divine Love you will always remain in the Natural love Mansion Worlds.

Being of the Mansion Worlds, including when on Earth and you are of the level of truth equivalent with them, you're are mostly mind-led, being looked after by the Divine Minister. Once you achieve fusion with your Indwelling Spirit and with a divine love soul, you become, as you arrive on the first Celestial sphere, a truth-led spirit. You are wholly underway under your own steam living from your own truth, and so no longer needing the guiding hand of the Divine Minister. It is really your first step in becoming a true spirit child of God, as if you are the equivalent of being six years old when your Indwelling Spirit first arrived.

And as *The Urantia Book* tells you, when you leave the Mansion Worlds becoming a universal

spirit citizen of Nebadon, you are still in some ways living through your spirit childhood, being what the book terms a morontial spirit. And when you leave Nebadon, the spirit and truth level you'll be living means you will have then completed your spiritual childhood, becoming a full adult spirit citizen of the Super Universe, a real spirit.

I tell you, you're a spirit, but really you're a spirit that is like a young child spirit that's growing into a full adult spirit. So, by the time you attain a Celestial level of truth and fuse with your Indwelling Spirit, having been incarnated into the Rebellion by Default, grown up in it and become wholly of it, then done your Healing of it, you are the equivalent of about a six year old spirit, like when you were a child and your Indwelling Spirit first arrived. Then it takes the rest of your ascent of truth through Nebadon as a morontial (or part) spirit to complete your spirit childhood, with you becoming an adult spirit by time you say goodbye to Mary and Jesus and leave Nebadon for the greater universe.

You don't have to wait until your Healing is finished before you can actively start relating to your Indwelling Spirit. You can talk with it at any time once it has come into your higher mind. Some people enjoy hearing 'the voice of God' in their mind, and you have many accounts of people when in dire circumstances calling upon God for help, hearing God responding to them. The Mother and Father do not speak to you personally Themselves, however, They can currently only speak to you via your Indwelling Spirit. Once you are a full spirit, when you leave Nebadon, you will start speaking with Them in a different way, soul to Soul and through your soul-perceptions. It will still be done with your Indwelling Spirits' help, however your relationship with it, and so with Them, will have changed into where you feel much more personally connected to Them, and so able to commune with Them. It's more than just speaking how you do with each other now, and more than talking with Them in your mind as you might currently do with your Indwelling Spirit's 'inner God Voice', it's a more subtle, yet profound, deeper and inner communication. It might not mean much for me to say it this way, but it's more like you are talking to Them through and with your Truth, as opposed to speaking with Them through your mind. So, more of literally a heart to Heart communion with Them. And I say communion rather than conversation, because you have conversations using your mind, but this being truth to Truth is a deeper more subtle way of inner communion with Them.

And when you are attain Paradise with your relationship again changing with Them, They will be able to speak personally Themselves to you and you to Them, even more conversationally yet all done through love – love to Love.

So throughout your Paradise Ascent, you can enjoy comfort, reassurance, and even a sense of universal security from your Indwelling Spirit as it guides you Godward.

Because your Indwelling Spirit is of and from God, so it can function in the realm spanning both the experiential and existential, so it helps to coordinate your personality relationship with your soul, and helps ensure your soul-light does what it is intended to do. A lot of work is done for you by it in the higher reaches of your mind. For example, it is your Indwelling Spirit that orchestrates your dreams for you, and if you look to your dreams as yet another means of making you feel feelings, you can use feelings within your dreams and feelings that result from your dreams, to express and long for more truth.

Your Indwelling Spirit can ‘communicate’ with you on a feeling level through your dreams, and if you attend to your dreams this way, working with all the feelings to uncover the truth they are to show you, then you’ll get far more out of your ‘dream analysis’ than trying to work out the hidden symbology of them. Forget about the symbology, that’s using your mind to try and work your dreams out – which you can’t do. And instead focus on all the feelings in and from your dreams.

For people who find they can easily speak in their mind with their Indwelling Spirit, and are able to identify it as truly being their Indwelling Spirit and not just a meddling mind spirit that is more than happy to play at being God’s inner voice for you, still bear in mind that because you are of the Rebellion, then your relationship with it will reflect your disconnection and rebelliousness. Your Indwelling Spirit can’t override how you are, it has to work with you, go along with you in many ways, as it subtly tries to help awaken you to your controlling mind. So you might project your mother or father onto your Indwelling Spirit, you might ask it a question, for example: who’s going to win the horse race that you want to bet on, and it may tell you the horse’s name, and you bet only to lose your money, and then you’re angry and upset with the Mother and Father for telling you the wrong horse. You might believe and assume They being your loving Parents will tell you which horse will win all so you will be able to trust Them, and so can use Them to help in life, They telling you how to be and what to do and when to do it, however it doesn’t work that way because you are to do your own life, They are with you in it, but not there to take over. So your Indwelling Spirit on Their behalf will give you a quick lesson in not ‘trusting’ God, because it’s the wrong way you are to be with Them. And so again you should honour all your bad feelings that come up because you lost, so more repressed feelings that will lead you to the truth of why you couldn’t trust your father and mother.

If you are setting out to do your Healing, everything between you and God (your Indwelling Spirit) will be to help make you feel bad so you can express those feelings to uncover more truth for yourself. And if you are not doing your Healing, God might tell you the winner of the horse race, thereby leading you deeper into your mind control. Or, you might be doing your Healing, and you get the right horses name and have a good win, and then all those good, and even if there are any bad feelings, you can work with to uncover more truth.

James, you were reading an article this morning that said the soul is divine, as is the spirit of man, and the consciousness resides in this divinity, which as you understand is not correct. However, the soul is actually divine, its paradise or heart is divine, having been created by Divine Parents, yet whilst you start your incarnation expressing Natural love only, so the rest of your soul reflects this Natural love state of being, which it expresses as a Natural love light. Everything within the soul is light, even the divine core, which is of divine light. As you partake of the Divine Love, your soul starts to reflect this increase of divinity by increasing the divine light of its paradise, and when you complete your Natural love Healing, then light from your divine heart shines into the rest of your soul bringing it into a divinity reflective of the first Celestial level of truth.

So, technically when you incarnate you are of Natural love with no part of your personality expression expressing any level of divinity. When your divine Indwelling Spirit of God arrives to indwell your higher spirit mind, still you retain your Natural love status. People have been told somewhere along the line during humanity's history about the divine spirit, the divine spark of light that is within in, your 'God Consciousness' and so assume they too are divine, and higher than animals who are of only Natural love. The creatures don't become divine, they evolve into Nature spirits and then Angels gaining divinity in a different way when they attain a certain level of mind function.

And your consciousness, also being of course of Natural love, is always centred of focused in your spirit body, you do not live a physical level of consciousness like you do a spirit level. From your spirit consciousness you relate to the physical.

So incorrectly some people and mind spirits even mistake their soul for being their Indwelling Spirit. Their mind is God, their soul is mind, because in their mind they can 'hear' God speaking to them.

If within your soul plan you are to retain the same Spirit of God and fuse with it, which you

do when your Healing is complete and as part of your moving out of the Mansion Worlds into the Celestial spheres, you and it will then be as one forevermore. It is then permanently with you for all time, so can't leave you. It 'taking on' your personality, so you personalise your Spirit of God. And having it 'personalised' by in a way becoming a permanent part of you, means you can then personally relate through your new divinity of soul and divinity of Indwelling Spirit with your Divine Mother and Father.

Fusion with your Indwelling Spirit, if achieved whilst in flesh, usually means you translate directly into the Celestial worlds, no longer being of flesh, it's a different way of dying, for you don't go unconscious and drop your physical body, your physical body is instantly consumed by light and you move courtesy of your Angelic Pair like a flash onto the Sea of Glass of first Celestial sphere instantly being fully conscious in your Celestial spirit body. But for this physical to spirit translation to occur, you need the aid of a Morontial Temple, that which is earthed during the future Ages of Light and Life, it providing the gateway to Celestial spirit. So as potentially people of the next Spiritual Age complete their Healing becoming of a Celestial truth, and as no Morontia Temple will be available in which direct translation into spirit can occur, so a mini sort of fusion experience will be felt, enough for that person to know they have completed their Healing and become divine to the first Celestial level, but full translation will not occur. It might occur when they die, or they might still have to die a usual death, and I am not at liberty to say how it will be, for that will be for such people to find out and experience.



The next Age of 1,000 years is to be a full Spiritual Age, only it too will be coming, in a sense, way ahead of time, with all of humanity not actually ready for it, but coming for those people who want to do their Healing. Such people will be able to directly benefit from all the extra light, spirit and Angel help that will be made available though the Age, with those people who persist in their negative mind rebellious ways indirectly also gaining some benefit from it.

The Morontia Temple that descends from Jerusem, the capital of the first Celestial sphere, as depicted in the Bible, will not be earthed for a long time to come. Humanity first will live through this intense Healing and Spiritual Age of 1,000 years, then the Divine Love will be withdrawn as humanity seeks to perfect it's Natural love, and so for everyone to complete their Feeling-Healing. And then when completed and the whole of humanity is of perfected

Natural love, another Avonal pair will come to re-bestow the availability of Divine Love, as well as initiate the seven Ages of Light and Life. And it will be at that time the Temple will descend to Earth.

A young child that sees, hears and talks with God before its Indwelling Spirit arrives, might be talking with spirits pretending to be God, or it might be talking with its attending Angels who've been commissioned to relate as if being God to the child. Some children are aware when their Indwelling Spirit arrives, they suddenly being interested in and possibly able to speak with God, with it on behalf of God.



You have a few questions James which I will now answer.

Angels also have souls, however they are not truth ascending souls like your's are. They have mind ascending souls, as they experience, being a creation of Mind, so their mind evolves or ascends which in turn reflects their experiential soul growth. You truth ascending souls experience so as to ascend your existential soul; whereas Angels and creations of the Mind, have experiential souls, so their souls are not fully created complete and existential as your's are; their's evolve into being through their experience.

A lot of people think they are to grow spiritually using their mind, like an Angel does, but you are not Angels, which is why I am constantly taking you back to focus on your feelings and the truth they are to reveal to you. Angels don't relate to their feelings as you do, their feelings don't lead to them growing in truth, their feelings help them grow in Mind.

And another question you have James has been about the duplex nature of your soul, and hence soul-mates.

You might remember, I said the soul was divided in half, and upper and lower half, and so this is the duplex nature of it. The upper half expresses what becomes the masculine personality in Creation, the lower half the feminine, and even though I put it like this, don't think the masculine is superior being the upper half. And in fact, to the soul there is no upper or lower, there are just two parts that are separate in a way, and with light streaming forth from each part expressing its two personalities in Creation and receiving back their experiential light. And then there is a whole extra amount of light always shining between the two halves, light going from one to the other and returning in response, always an inner communication, and inner dialogue, based around the common paradise or heart of the soul

they share.

You and your soul-mate are on deeper soul levels constantly in contact and communication with each other, although mostly on the conscious personality level you are not aware of this. But when your soul brings you together, then that inner deep dialogue will start to manifest between you on the personality level, which is why the soulmate relationship is so special. A vast amount goes on between you both that no one is ever privy to, it is all completely private between you both, all contained within and an expression of the love you have to each other. Only the Mother and Father are involved with you both in your inner involvement, They being involved in all that you always are.

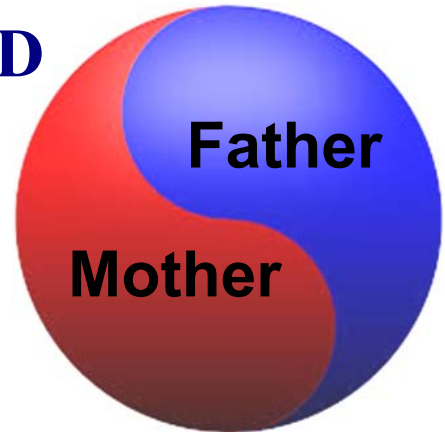
And when you both fuse with your Indwelling Spirits and finish your Healing and become wholly divine, then the real romance of your soul begins, and it will continue to grow in love and truth for the rest of eternity. We have never heard of any ascending truth son and daughter who are soul-mates, once they are fully united break that bond of love. You will certainly not be how you are now in your Natural love, being fickle in your love relationships, able to fall in and out of love with different people. That all ends when you are fully at one with your soul-mate.

I will finish here now, and speak to you tomorrow – Zelmar. (a Melchizedek from within our local universe of Nebadon)





GOD



God is God, who is our Heavenly Mother and Father, being Soulmates / soul partners. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



Jesus of Nazareth and Mary of Magdalene, being soulmates / soul partners, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception. To do this, we embrace the Avonal soul pair's guidance and teachings

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates / soul partners; The Two Who Are One who have brought us all into being.

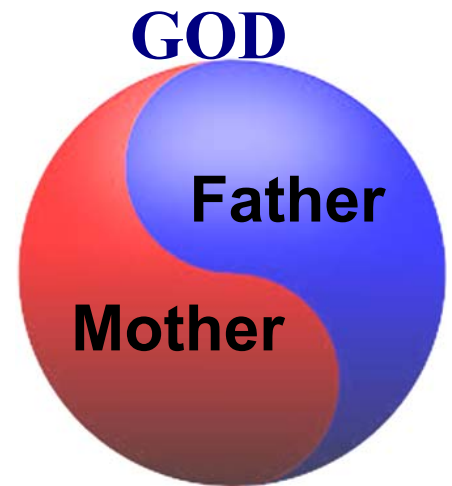
Jesus and Mary are soulmates and a son and daughter of God.

Mary of Magdalene and Jesus of Nazareth, were both free of sin. Mary and Jesus, combined in their love for us, are our spiritual teachers and guidance for us to find our way home to our Heavenly Parents. Mary and Jesus have liberated their Spirits of Truth who we can long to for assistance and guidance. They are known as Jesus and Mary of Nebadon, the universe system in which Earth is. They are the Creator Son and Daughter ruling this region.

To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since our conception.

The Avonal pair, should they be here, are to support humanity on Earth exclusively. They are to continue the work of the Creator Pair, Mary and Jesus, and will be assisted by them. The Avonal pair will, during their life on Earth, experience the full Feeling Healing process and Soul Healing process so that through their Spirits of Truth, which they are to release upon their physical death, will be able to be called upon by all those who embrace their own Healing. The Earth names of the Avonal Pair may not become known.

Humanity, all being soulmate pairs / soul partners, are ascending mortal souls who are to reach inward and progress Paradise-ward for the God experience. As part of our journey of evolving our souls we are to experience evil, that is the denial of God and the Creator Pair. We can long to the Spirits of Truth of Mary and Jesus and soon to the Spirits of Truth of the Avonal Pair. Our Indwelling Spirit is our direct connection to and with God.



Infographics and diagrams have been added by Pascas.

JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth’s humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth’s humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

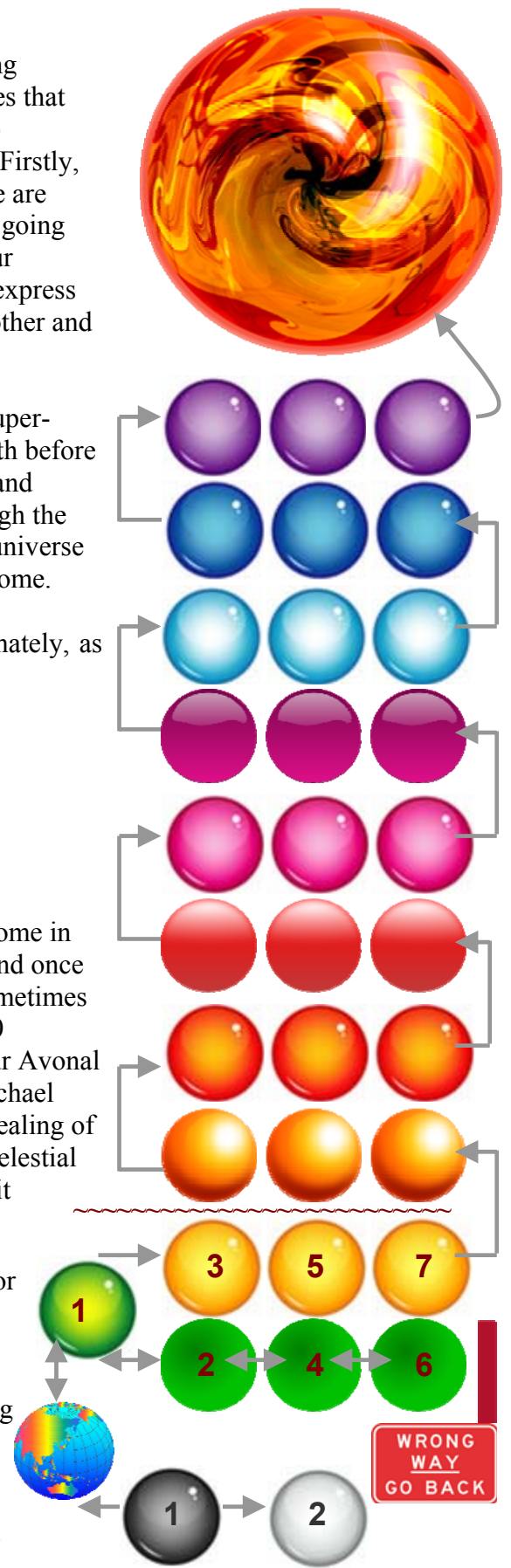
Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other ‘Earth’ worlds. So in spirit, and once we’ve finished our Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul’s healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



Infographics and diagrams have been added by Pascas.

SATANIA SYSTEM within the LOCAL UNIVERSE of NEBADON:

The number of **stars** that **you can see** on a clear (moonless) **night** in a dark area (far away from city lights) is about 2,000. Basically, the darker the sky, the more **stars you can see**. Moonlight brightens the **night** sky and reduces the number of **stars you can see**.

A full Moon brightens the sky more than a crescent Moon or half Moon. Artificial lights also reduce the number of stars you can see. In a large city, which has a lot of bright lights at night, you may only be able to see the brightest dozen stars. As the night sky gets brighter, the faintest stars disappear from view first.

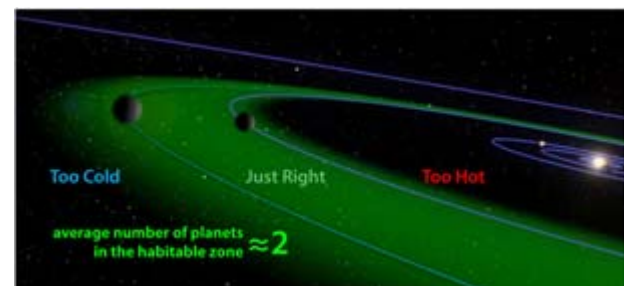
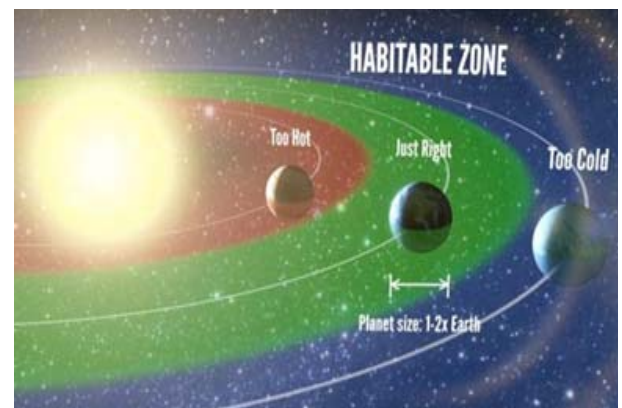
So what are you seeing when you count off 1,000 of the brightest stars in your sight?

Each star has between 0 and 3 inhabitable planets within the habitable zone – water does not boil nor does it freeze all the time. On average a star has one inhabited planet. Within our System of Satania, there are 619 inhabited planets out of 1,000 inhabitable planets and we are number 606 – a young planet on the outer edge of the System. You are looking at our System and our neighbours. Physically they are much like us but some maybe taller, shorter, skinnier or fatter.

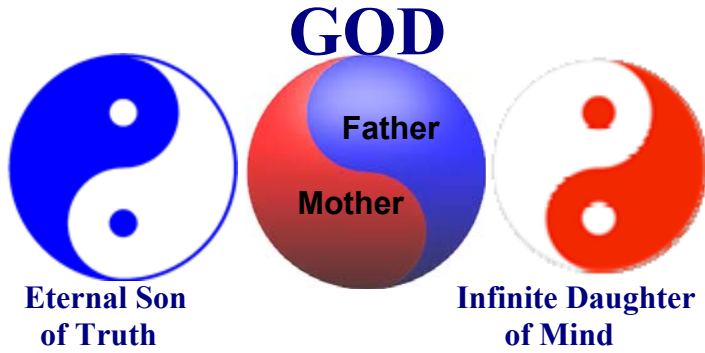
Presently, because Earth's humanity Rebelled some 200,000 years ago and then Defaulted more than 38,000 years ago, we are quarantined. We are not allowed visitors until we have healed our Rebellion. We have never had alien visitation though they have sent investigative drones.

100 Systems make up a Constellation and 100 Constellations make up our Local Universe of Nebadon of which 3,840,101 planets are inhabited out of 10,000,000 inhabitable planets. The Co-Regents are Mary Magdalene and Jesus. They came physically to Earth and subsequently introduced the availability of Divine Love throughout Nebadon and had the soulmate pairs of Lucifer and Satan imprisoned due to being the leaders of the Rebellion and bringing about the Default.

They also set about the arrival of the Avonal Pair on Earth to introduce the Healing and the new Spiritual Age – Spiritual Healing through Feeling Healing, the New Way.



CREATION of SOUL and SPIRIT:

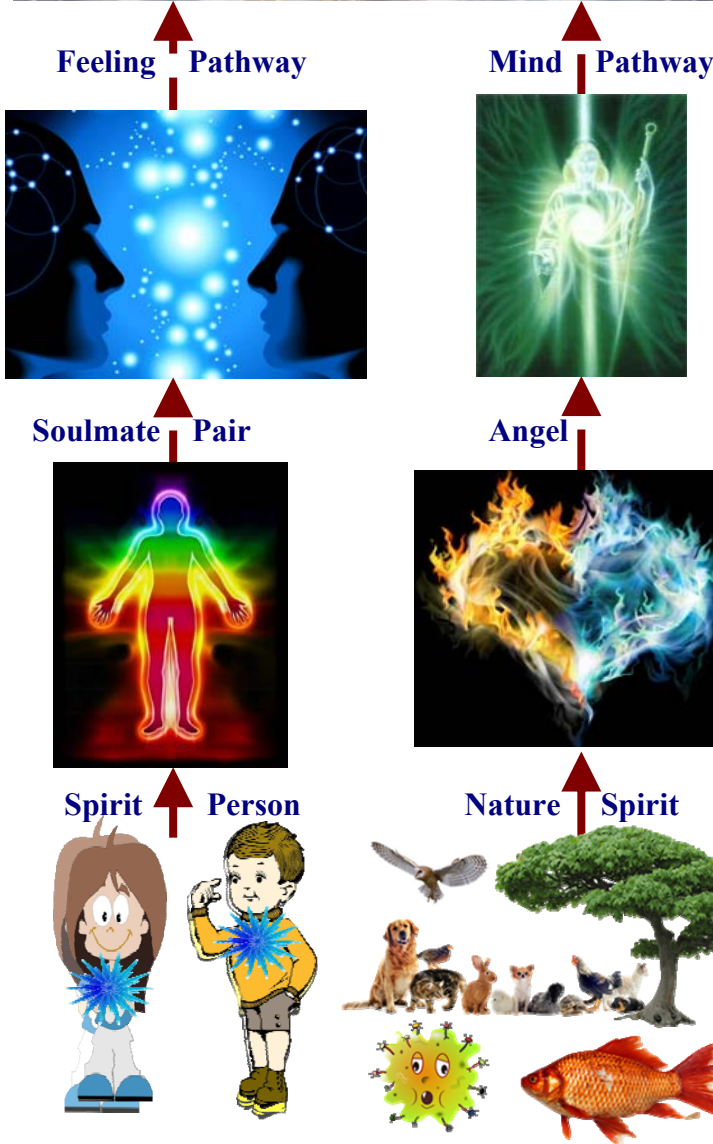


God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.

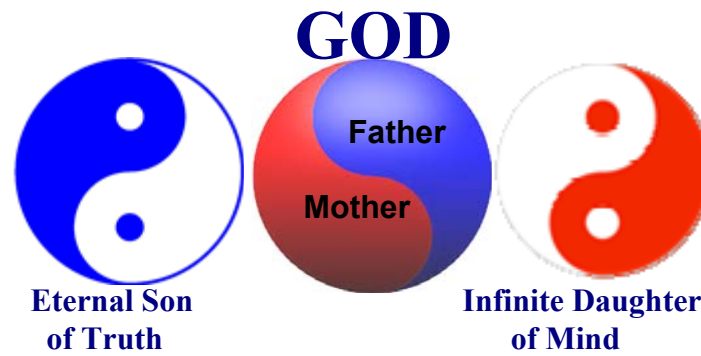


The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

Infographics and diagrams have been added by Pascas.



We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with
Divine Love is the key**

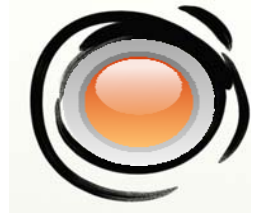


**to enter the
Celestial Heavens.**

To be FEELING RECEPTIVE rather than being MIND CONTROLLED:

People are to sincerely seek the truth of themselves through their feelings. The soul is that indefinable part of one's self. It's that part we can sense, soul-perceive within ourselves, somewhere deep within our heart. And it's not centred in nor is it part of the mind as some people think.

Our soul, blessed with natural love character traits and being the home of one's personality, becomes rapidly encrusted by the personality issues of those within one's environment, commencing from the time of conception and culminating, typically, by the time one is of the age of six or seven. We reflect the encrustments of our parents and of those within our environment. Our soul always remains perfect though it can become as dark and restricted in capability as a dried up garden pea, covered in error and negativity. We are making decisions with our mind right from our first moment of conception, even with such a rudimentary mind. Those decisions compounding as our mind develops, until around age six when our mind is fully developed and we are locked into our negative state.



The Indwelling Spirit becomes present when we reach the age of six or seven. This means that the unseen helper of the Mother and Father – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Mother and Father. The Indwelling Spirit reveals intrinsic workings of our Heavenly Parents to our soul. The Indwelling Spirit guides us to uncover the truth of our soul through our feelings, whilst the Holy Spirit delivers the Divine Love into our soul, all in response to our longings for the Truth and the Love.

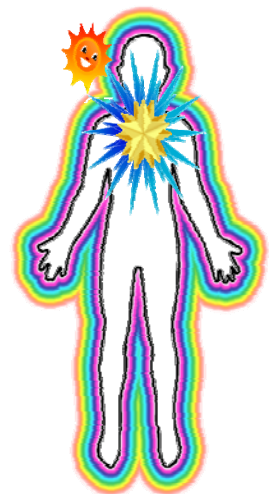
Together with the normal interaction between our soul and indwelling spirit all the truth we need to live will be given to us – all through ourself, all through our feelings. Divine Love, when asked for and received, gives one just enough strength and desire to keep pushing on, all whilst at the same time, not preventing one from feeling all the bad feelings we need to keep feeling.

It is by applying the full intention to uncover the whole truth of ourself through our ongoing feeling acceptance we are to rid ourselves of our childhood repression and all the problems it's caused.

The religion of feelings is really just living truth, the truth that comes from doing one's healing; which is really just the truth that comes from everyday expressing oneself: all one feels with the intention of knowing the truth of such feelings. True, however the further we progress and the more our soul expresses in Creation, part of what goes along with that is a sense, also from our soul-perceptions, that we are actually more our soul, so we are always becoming closer to being our true and whole soul. Only through our feelings can we come to BE our soul. We will ultimately not be reliant on anyone, only our feelings.



The thought adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit – a spirit fragment if you like, that comes from God's home – Paradise, when we're about six, and indwells our higher mind. It becomes, if we allow it to, by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise.



**INDWELLING SPIRIT, THOUGHT ADJUSTER,
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to our Heavenly Parents and receive Their Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

22 June 2003

Hello James, I will resume. (Zelmar, a Melchizedek)

The Indwelling Spirit is a different 'type' of spirit from you and I. It is something entirely unlike anything else that exists in Creation or in the existential area of soul. It does, however, have a very definite form and it does show characteristics that would equate to the effects of experience on it, so it can be identified and classified. Those of my order, as with yourself, can't see it, we can vaguely perceive it within you, and we don't receive one, whereas your Angels can easily relate to it, with the Super Angels being able to see it.

From virgin to advanced Indwelling Spirits (who've indwelt often many different minds, even on different worlds), and then including the wholly personalised ones that indwell the Paradise Sons and Daughters on their bestowal lives, these spirits do vary from one another following a very definite plan of construction. They do spend a varying amount of time associated with different personality hosts, like yourself, but when they have advanced in status through the experience their host has afforded them, then they settle with their destined ascending mortal or whichever creature they are destined to fuse with, and after fusion cannot ever leave that soul personality.

Every moment from when it arrives into your mind, your every experience is shared with God. Even if you are not aware of and dismiss your Mother and Father, dismissing Their subtle inner leadings in your mind through your Indwelling Spirit, or you don't believe in Them, still They are with you experiencing your denial of Them via your soul and your Indwelling Spirit.

As you do your Healing and ascend the levels of mind and truth, your relationship with God increases, and with each step your Indwelling Spirit moves deeper into connecting with the heart of your soul. By the time you have done your Soul-Healing and have achieved the Celestial level of truth, Their Spirit will be fully and permanently at-one with you in heart and mind. You will still be able to converse with Them through the mental circuits of your mind, and you will feel and perceive, and just seem to relate to Them more knowingly through your feelings.

Many people and mind spirits believe they are already doing this, having such a close and personal relationship with God, but they will be mistaken in this using only their mind and its beliefs to contrive their experience with God. What I am speaking about being with Them, is wholly conscious of Them as if They are right with you all the time communing

with you and you with Them. It is a very special facility given to you owing to the presence of the Indwelling Spirit, and naturally your soul longs to be with its Mother and Father in this continuous inner communion in an all-loving way. However, as I said, this will only happen as a result of your Celestial achievement, and further still once you've ascended through Nebadon.

Many people will delude themselves that they are more progressed than they are because they can speak easily and very openly with the Mother and Father via their Indwelling Spirit in their mind, but this is merely still mind function and not what I am speaking about, which is all based on the level of one's truth, and communing through that truth with your Mother and Father. No one, except Jesus and Mary, have ever experienced this personal closeness with God on Earth, but it is soon due to happen again, and then the feelings of the experience will be conveyed more personally to you.

At this time you will feel and be wholly embraced by Them, They will overwhelmingly love you. All that you have striven for will come to fruition, everything that you have longed for in regards to the relationship you have felt growing in you that you want to have with Them. This growing feeling will also come as you grow in truth, for it will help you to know how you want to relate and live with Them, and you will ask Them to help you to live this way each step of the way through your Healing. This is Their answer to your appeals to Them for Their guidance – wanting Them to show you how to relate to Them. And it will come by your hard fought inner efforts to be wholly at-one with Them, and not at-one with your parents and the world as you know currently exist. It will be all your dreams come true, and no more will you feel alone, fearful and bereft of God's Love. You will start to appreciate true love, knowing what true loving feels like, and you will feel born anew. Everything that you strived to achieve will fall into place, true purpose and all meaning will come to you, life and yourself will finally make sense. A great sense of accomplishment will fill you along with a deep feeling of knowing it is over, you are no longer rebellious, and the sense of peace will greatly comfort your soul.

And then a whole new life with Them will start to emerge for you. You, Their child, being and knowing totally what it means, will step out into Creation as that child of divinity. And you will live for the remainder of eternity in this way, steadfast in your faith, trust, spirit, and love of Them, and of yourself and your soul-mate. You will completely know then what it is to live a wholly true spiritual life, to live in the world but not be of it. You will have completely submitted your will to Theirs, and live revelling in the consequences of such action. The long awaited joy and happiness will start to come to you as if finally the fountain

of good feelings has been turned on, and it will be progressively turned up in pressure, light and volume. You will be very much a different person to your fellow humanity, for you will be a Celestial *angel* of flesh (as Jesus referred to the Celestial spirits in the *Padgett Messages*) should you achieve a Celestial level of truth before you die. And as has been said to you, not an angel as in those that are your chosen Angelic guardians, but an *angel* of perfection, of truth, of purity, of love, a full and complete ascending daughter or son of your Heavenly Mother and Father.

As a mortal you are to be a fully fledged child of your Heavenly Parents when you have stopped being a child of your Earthly parents. This happening when you complete your Healing. Being parented in the negative, you don't actually mature into a true adult being separate from your parents, because of the intrusion on your will by them and your subsequent participation in the life they dictate for you to live. Your mind being formed under their negative influences and control is not a free mind, it is not really your own, but a composite of their's. You have not come to your own conclusions about life through the truth of your own feelings, it is all things that you have been told to you that has fashioned your beliefs. And so being a composition of your parents' mind and will, how can you freely relate to your Heavenly Parents?

As I've told you, your parents have simply put themselves in your way, they have blocked your free passage and self-expression, and even though you may believe you are free, not living with them, having left home and having a family of your own, you are heavily deluded in this belief. You are so much them that it will take at least seven Worlds of Healing, seeing things daily that will show you just how much you are them. You are all living completely with the wool pulled tightly over your eyes. All that you call life, that which you live, is a mental illusion, it has all been made up by you based on what they have told you directly and indirectly. You are not your true self. Many of you know this, but in no way understand the severity of your problem. We want you to think about it over and over, hence our insistence on repeating the truth of it. We want you to see through the veils of your own self-deception. We want to help you *see*, provided you want to look at and into the truth of yourself being of the Rebellion and Default.

The Indwelling Spirit within you is subject wholly to your will. Your submission of will to live and do the Mother and Father's Will allows it to serve you wilfully and freely, liberating it somewhat from under your mind's control. Your parents made you be under their control, much of what they did to you and how they treated you as a young child, if they did

the same to an adult, would be severely penalised. If you try to control another adult like you do a child, you'd quickly find stiff opposition and laws against it, however, no one speaks up for the child. You see them as your's, a possession of your's, and free to do with as you please. You are in control, and for most people it is their one big chance to try and win back some power which they felt their parents took from them. But in doing so they will still feel just as underpowered and powerless as always because there is no escape until you do your Healing and allow yourself to feel as powerless and controlled as you really do feel.

All your religions are seeking power over God by using their mind to control their beliefs. They do not teach you to fully honour, accept and express all your feelings as you long for the truth of why you're feeling them. And that through your feelings and the truth that comes to you, part of it will be your understanding about God and how you live with Them. You ask Him to help give you more power. You mistreat Their Love and dishonour Their respect of you. You develop with your mind rituals, offerings, prayers and methods of worship, all trying to win Their favour. All this when They are favouring you so much that They have given you a part of Their very Spirit to indwell your mind (along with Their Divine Love you can long for), and yet you dishonour this by disregarding it. You don't even go to Them and ask Them to show you how you should live in true service to Them. You beg and beg, using your mind, for Them to show, guide and lead you, but you fail to honour all your feelings through which They will answer such prayers. You listen to others, your parents and their substitutes in the world who call themselves religious and spiritual leaders, you even listen to the lost and equally rebellious mind spirits, all the time denying God's Spirit in you as you refuse to listen to your feelings. As your Indwelling Spirit will guide you through your feelings and NOT through and with your thinking mind. You feel what you are to do, reacting to such feelings and using your mind to fill in the gaps and express your feelings along the way, so for your Indwelling Spirit to subtly guide and inspire you, even lead you if you want to be led by it, it is all done through your feelings. And so if you live trying to deny many of your feelings, then again you're limiting yourself in how God's Spirit can actually relate to you. When it's said the Indwelling Spirit dwells in your higher mind, that is in your higher feeling and thought mind, not just in your higher thinking mind. So it coordinates its relationship with you through all your mind, and even more than just your thinking and feeling aspects, but if you are denying any of them and wanting control over them, then you're limiting how much it can actually help you.

You live completely evil lives in rebellion against God, no matter what you believe and how close you might feel you are to God. It's all a delusion of your mind, and nothing coming

from your heart of truth. And those people and mind spirits pretending to be the most God loving by adhering to their religious beliefs, are desecrating Their name with each ritual they perform. Every prayer of your mind you call out to God with, you are actually telling Them to keep well away. By longing sincerely and earnestly for Their Divine Love from your heart, you are praying to Them the right way and for Them to come closer to you, for Their Love to come right into the heart of your soul. Say all your mind payers as you honour all your feelings, say your prayers asking Them for what you want using your mind yet with the emotion of your true feelings, and then such inner longings and yearning will be heard.

You still have no real comprehension as to what sin and evil are. It is easy to convict another, judging them as being evil, when you are all evil and you want to have power over another by believing you are not as evil as they are. Your beliefs about God are evil. How you conduct yourself in life, in all your relationships, are evil and not truly loving. All of you is of the evil Rebellion, you have formed in it and become of it, and you adhere to your religious and spiritual texts believing you are lessening your evilness or no longer of it because you have ‘found the word of God’, but by adhering to such religions of the Rebellion, you are only making yourself be more evil. You are going the wrong way. And you have no idea about Jesus, and certainly no comprehension about Mary. **The purported authors of the gospels have been in the Mansion Worlds and in the Celestial spheres for two thousand years, and yet no one has sought to ask them if what they are reading that is ascribed to them is true, especially when you all know how you are, when you all know that lies dominate proceedings if one wants power over another.** Don’t you see the power mongering and power hungry in the Church and other religious and spiritual institutions? And when you do, why do you persist in excusing them by still attending and supporting them? Why indeed?

Some people have asked themselves such questions, but why do you think it is so hard to leave, to disobey orders? Why indeed? Why is it so hard to disobey your parents? What will happen to you? You all know because you have all tried and it has happened. You hate the criticism and punishment, the unloving treatment and rejection they will give you. Your own ‘very loving parents’ give you such unloving and evil treatment. Have you ever stopped to consider this? Or do you simply blame yourself and excuse them because you deserved it; you were an unruly child and nearly drove them to destruction. But wake up, they are the parents! They should not be a parent if they are unable to love you unconditionally. It is not about them suffering, they should be driven to destruction before they infringe upon your will. They are committing the worst evil and sinful acts on YOU. And yet they tell you and make you believe it’s all your fault. The child has no voice! The child has no power.

Had you been encouraged and loved to grow up in perfection, you would be completely self-willed. Naturally very powerful in will, truth and love. And when you chose to submit to the Will of your real Parents, you would have willingly done so. Now with your damaged will you are trying to submit with what is left of your will, it having been forced into subjugation. Your Healing will bring your will back and into its natural power, and then with it you will be able to submit by longing to Them for Their Divine Love, knowing what you are letting go of and why. You need to fully experience the pleasure of your own creature existence, but with a perfect will, before you can give it up, for until then you will not want to give it up. But you were forced to give in and up before your will was fully made manifest. You are yet to know what it is like to have a full and perfect will. When through your Healing you are begging Them to help you uncover the truth of yourself through your feelings, then you'll know what actual submission is, actually wanting to give up the negative egotistical control of your mind.

Part of your creature existence you will be forfeiting, you will never know what it would have been like to be a free child and having grown up wholly content and in love with yourself delighting in your creature-hood. This is the sacrifice you are making if you feel you need to make a sacrifice. It has already been done for you by being born into the Rebellion and Default. You are now a Rebel, you are anti Jesus and Mary and their universe, you are an outcast, you exist spiritually quarantined from the rest of Nebadon, and you are anti the perfection, love and truth of the Mother and Father – anti Them. Earth and Mansion Worlds you live in are really prison worlds, worlds in which you can happily get on being as evil as you want. But being in such a negative state you will never move out of such worlds and into the greater universe until you do your Healing. You are the bad one; you are not good. You are BAD. You can send rockets into space to find other humanities, but whilst you are in your negative isolated shut off condition you will never find them. You are cut off, your ancestors did it for you by succumbing to the Rebellion, and you continue to ignorantly live it. And humanity has had to remain blind to its own sad condition because that is what the Rebellion is all about – stopping you waking up to the truth of yourself through your feelings.

You are fully of it, completely engrossed in the Wrongness. You are living and fully experiencing an anti-life and anti-soul experience. You are killing yourself. Your burst of youthful energy soon runs out to leave you old and decrepit, you are feeling-dead children of your Heavenly Parents. You are the complete opposite to how you are intended to be; and you are all the same. You may think you are not so bad because you are not openly torturing

others, not murdering or killing, and are even happy and loving, but in the core of your being you are as bad as those you condemn. If you had been born to their parents and they to your's, the roles would be reversed. They do not have an evil streak or some lesser genetic material or are generally somewhat defective, they are you and you are them. Look truthfully into yourself and you will see. You may not be able to physically do what they do to others, but in your core will essence their pain, motivation and feelings of rejection, will be just the same as yours. The Mother and Father are just; They do not favour one over another. It is the manifestation of different circumstances that separates you, the outworking or expression of your negative states. You judge each other relative to one another in the negative. You do not even know you are in the negative, let alone that the positive exists, and you certainly have no idea what being positive would be like.

You as yet have not begun to live your spiritual ascent. You are living truth equivalent to the lowest level and planes within that level. Your spiritual and religious systems have not amounted to anything more than organising your mind in its negative state to put on a 'nice', 'calm', and peaceful look. You pray to God yet your prayers are all but meaningless. You wonder why *He* doesn't answer you, and why do you think? Perhaps *He* is not hearing you, perhaps what you are saying to Him is not to His liking, and how will you ever know it if you don't ask Them yourself? And perhaps you might need to see if relating to your Father *and* Mother is something that feels better for you.

You are afraid of God. He is a parent, so you have been told. You are afraid of your parents. You say you love them but look at the truth of how they have treated you, and what is there to love. So you unconsciously project such fear onto your Heavenly Mother and Father. You shared some good times with your parents, might have even felt loved, but what are these good times; do you actually really know each other, and do you want to? Why would you want to know your torturer? You want to run away from them. Saying that you love one another is only covering up the truth. Can you honestly say you love your parents with all your heart and you know they love you with all their heart? And if you can't honestly say that – why not? 'Love will make it all good and make it all go away', but it won't. It's just fantasy pretend games. Look at your child, it doesn't know that how it is you have made it, and it is all wrong. Look at yourself as a child and see the same truth; you have been made to be all wrong. And look at your parents and see that they were made to be all wrong; and look at your grandparents and their parents and their parents and their parents... and see too that they were all made to be all wrong. You are all in it together; you're all the same.

No matter how much you may believe you love God, within you, you will be scared of Them. If you did wholly love Them you would be Celestial; and whilst you are negative, you will not truly love Them, because you can't, you're rebelling against Them, so at best you can honour your hatred and fear of Them. Look into yourself and see the hidden truth. Be prepared to give up everything! Submitting to Them through your feelings means giving up all that you are, all the wrong and false beliefs you won't even know are wrong. Giving up all your wrong feelings about things, giving up what you call love, hate, evil and sin. Giving up everything, and especially all the things the Mother and Father will present before you, things that you have not even been aware of existing within you. It is all hidden down deep, and yet it is all still in you, festering and simmering away. Can you accept that you are full of bad feelings; that they are not the real, true and loving you, and this real you is buried well beneath them. You are all good in the paradise of your soul, but you are all bad in your personality expression. You are trying so desperately not to be bad, to be thought of as being good. No one wants to be called bad, you reject them and hate them, but you only do that because it is true. If you were not bad, you wouldn't care what anyone says about you.

If you look into the world as it currently is to try and find God, you won't find Them. No one has found the truth in two thousand years. Had they, Jesus and Mary would have had no need in re-revealing it to you through Mr. James Padgett. Jesus knew what would happen to all he said when he and Mary were on the world, because as he in person was rejected by humanity, he knew you would also reject the truth he taught. He and Mary knew humanity was of the Rebellion and Default, that's why they incarnated onto your world, and as they also knew they could not reveal the truth about the Healing, they knew you would ultimately reject them and all the truth they revealed. He said that he would come again, so why was that... and what was he to come again for: to teach you the truth you rejected and still don't want and would only reject again? He said he would return when you had "ears to hear", and now is that time, and so he came and spoke to Mr. Padgett. He spoke to his ears and James heard, and so now you have the essential truths Jesus taught contained within the *Padgett Messages*. And now Mary has come too, and she has spoken her truth about the Healing which will slowly become known as well. **The Second Coming is a second coming of Truth, and it has come, it is not a second coming in the persons of Mary and Jesus.** They are not coming to your world, not incarnating again or going to come down out of the clouds, because you don't need them in person, you need their Spirits of Truth and the truth they contain, and they are already readily available to you. And to back up Jesus' Spirit of Truth with some real words on paper Jesus communicated through automatic writing with Mr. James Padgett early last century (1914 – 1923). And for Mary to support her Spirit of Truth with some real words, she has spoken at length with you James.

So, the two James' have contributed by being conduits or channels, receiving Mary's and Jesus' words and therefore fully completing the Second Coming of Truth. And that second coming of truth is for Mary and Jesus, and it is by no means all the truth you need, it is only the beginning. And so more truth, as what we're writing James, and all the rest of your inspirational writing with spirit and Angels, has been coming to you as a result of your progress through your Healing. With the majority of your work being focused on the intricacies of understanding what the Healing entails, and why it needs to be done, along with the doing of it.

By rejecting the Son of your Universe, the one and only Jesus, as you did; and by rejecting his soul-mate Mary, the Daughter of your Universe, by not even listening to her at all or giving her a chance to reveal the truth of herself, you sealed your fate for these past two thousand years. An amount of compensation has needed to be paid and suffered for such a rejection you have totally brought on yourselves. But now it has been paid, and now the tide is changing, as you are beginning to question the self-hatred you all live in. "Why do we need to hate ourselves, and one another so much? Why do we need to deny ourselves love? Why do we reject the boy-child pushing him away and thereby making him reject women? Why do we keep the girl-child with us but denying her any right to know, making her scared of herself (her feelings) and scared of him?"

By rejecting the Son and Daughter, Jesus and Mary, in no way can you not reject their truth, and so you reject their Spirits of Truth. And by rejecting them, you are rejecting your Heavenly Mother and Father. And worst of all you are rejecting yourselves by denying yourselves their love, truth and attention.

The great holy book can only be full of holes, being constructed in the negative. It cannot contain the Truth. It is an impossibility. It may contain meagre smatterings of truth, but that is all, and nothing that will help you in any substantial way concerning your spiritual ascension of truth to Paradise. It is as impossible in the same way that you cannot parent a child to maintain its perfection whilst you are impure and untrue. And because you rely so heavily on this one book, the Bible, you severely limit yourself to universal truth and understanding, and will forever remain trapped in the little isolated world you live in. *The Urantia Book* was given to you to open your minds to the boundless possibilities of Creation that await you. Its handicap is that it had to be craftily presented to conform with your negative condition, so it couldn't go too far further than what humanity collectively already knew whilst trying to show you there is more, much more. Wait until you can write spiritually inspired books on universal philosophy, cosmology and Truth when your are

Celestial and of a positive non-rebellious mind, existing in harmony and unison with all of Creation.

You all live in the superficial exterior of your mind's picture of yourself. You relate to one another only on the surface. You don't want to know each other because you don't want to know yourself, because your parents didn't want to know you. Like a dog chasing its own tail, you go around and around, you ask the questions: "why is this happening to me; what is wrong with me and my life; why am I doing this hurtful thing to myself; why am hurting that other person; what is it all really about; why, why, why?" You ask but you don't sincerely want to know, you only believe you do. You are not prepared to stop all that you are doing until you find out the truth. You say these things, not really even believing there is an answer, and move on in your busy mind life. But you can now find the answer to every question if you truly want to know it. You have a will, the most dynamic force in Creation, and you can use it to find out the truth of yourself through your feelings. You don't even have to go 'out there' as it can all be done within yourself: ask your Mother and Father to help you start honouring your feelings, wanting to uncover the truth of them. Ask Them to help you see, know and be the truth They want you to see about yourself. And if that truth involves truth about living untruly, then ask Them to help you that is so. Ask Them to show you The New Way.

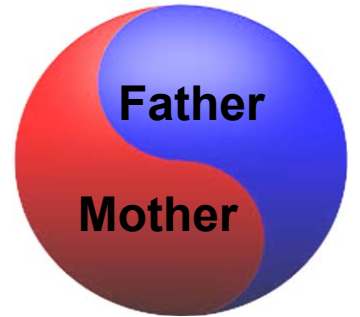
I will finish here for the day – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Note: We of humanity do not have 'spirits of truth'. We are ascending mortals and as such, we are not endowed with a 'spirit of truth'. These spirit forces conspire to enable material man to grasp the reality of spiritual values and to comprehend the philosophy of universe meanings. The sending of the Spirit of Truth is dependent upon the return to universe headquarters of a Paradise Son who has successfully executed a mission of mortal bestowal upon an evolving world.

When the mortal incarnation is finished, the Avonal of service proceeds to Paradise, is accepted by the Universal (Mother and) Father, returns to the local universe of assignment, and is acknowledged by the Creator Son. Thereupon the bestowal Avonal and the Creator (Daughter and) Son send their conjoint Spirit of Truth to function in the hearts of the mortal races dwelling on the bestowal world. (The Urantia Book)

MUM & DAD THIS WAY

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

GOD

MARY & JESUS

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

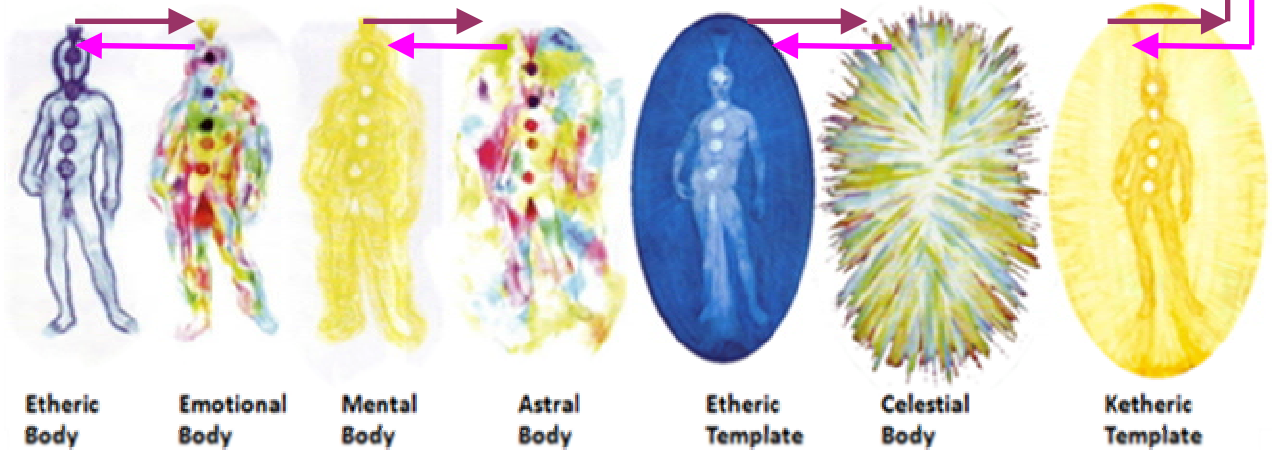
SOUL



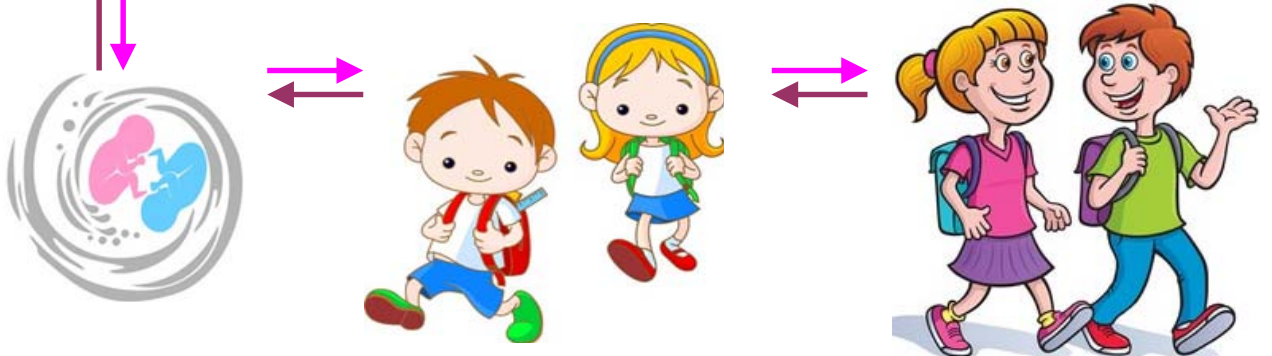
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



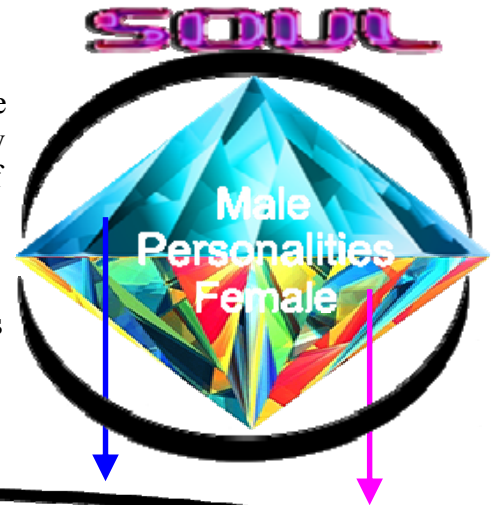
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotionally injures we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



Childhood Suppression

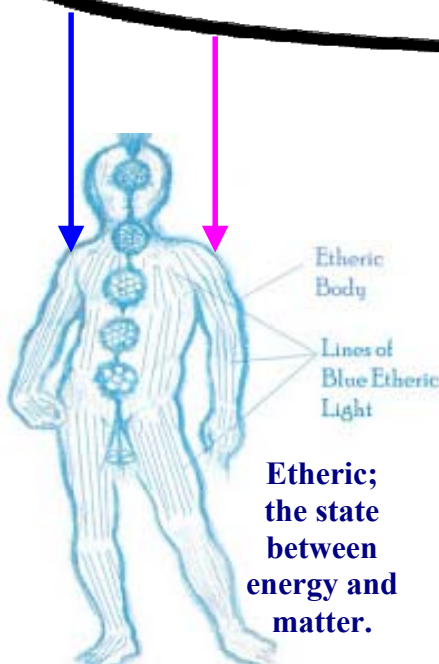


Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



SPRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



Etheric; the state between energy and matter.

The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

23 June 2003

Good morning James, let's continue. (Zelmar, a Melchizedek)

The Indwelling Spirit is wholly subservient to your will. God's own Spirit comes to you fully allowing you to be in control of it, if that is what you want. Which is very amazing, that the Mother and Father are willing so submit to your will, and especially your negative one.

The negative state is the controlling state, and so your Indwelling Spirit does not interfere with your will, it won't take you out of your rebellious condition of mind and will, and it will even help you further your negative state if that is what you want to do. So it will only be able to make suggestions to your mind through your feelings as to what you should do in life. And so if you want to be more negative, it will make suggestions along that road; and if you want to end the Rebellion, it will make suggestions along the road of your Healing. It achieves these suggestions by adjusting your thoughts and feelings so that you may see things in a different light. Suddenly you might think a thought, have a certain feeling, a significant dream, an insight, a recollection, a deeper understanding, the 'light suddenly going on', see a picture in your mind, all of which can come from it 'adjusting' your mind, which is why *The Urantia Book* often calls it your Thought Adjuster.

God, through Their Spirit that Indwells, are not an impartial bystander in your suffering, for He and She are suffering in every experience with you. As you override your own soul, so too are you overriding Their's. As you do not love yourself as They love you, They experience this deprivation of love. You don't allow Them to love you, because you're rejecting Their Love, even when you are longing for and receiving Their Divine Love, because still overall your soul is in rebellion against Them. You may receive some of Their Divine Love, yet still it is within your rejection of Them. As you do not love your neighbour as you love yourself, because you can't love yourself being not loved truly by your parents, then They experience the rejection lived by your neighbour as you reject yourself. For in rejection of anyone, you are rejecting yourself and Them.

By the time a Bestowal Daughter and Son come to their chosen humanity, ordinarily the people have reached the point of understanding that they are the superior ones in the right way, and do not want to live dominating one another and their fellow creatures. They would be living with peace on their earth, with peace in their hearts, being of perfect Natural love. How long do you think it would take you for everyone to be at peace with themselves, nature and each other? Do you think you could even evolve to that level looking back

through your history? And now you know, because of what I've been saying to you, that you would never evolve to a level of Natural love perfection owing to the control the Rebellion and Default has on you. And so you need help to start ending the negative pressures from outside of you, ending the influence of the Evil Spirits, and help to start pointing you in the right direction, and help that if you decide to go in that direction there is something very real and practical you can do to keep going that way.

These advanced Natural love worlds have come to the conclusion that more exists, and the way to be is the way of God, and they are asking God to help them find their humility and live true and right in perfect unison and harmony with the world about them. Such people don't want absolute control, they are not trying to be gods, unlike yourselves.

You are given a will and the feeling of superiority over other creatures by naturally having a soul. And you are given the choice as to how you are to be the superior creature. Are you going to rule, dominating all before you and making all bow to your greatness; or are you going to be so humble as to support all lesser than you with love, respect and truth? And so how are you going to apply those two extremes to yourself and your relationships with each other?

If you had not been interfered with by higher evil spirits who chose to dominate and rule in a superior manner, treating all under them as their slaves and making them do what they want, you would have been able to work out more naturally for yourselves how to live the right way with the power the Mother and Father have given you.

By this time, had you evolved in a positive system, the elements of love would have started to show that without love and surrender of your power, unhappiness and sickness would become prevalent, and so you would see that this falling into the negative state would not be wise, as it makes yourself and others not feel good. And in fully coming to this realisation, you would petition the Mother and Father to further help you to be as They are, Perfect, and you would be asking Them to show you how to live in humble devotion and with respect and love for all Their creatures and children. And in response to this prayer, They would bless you with the incarnation of an Avonal Bestowal Pair.

Your experience is completely abnormal. You have been given not only the presence of Jesus and Mary in person, but also the bestowal of the wonderful Indwelling Spirit from the Mother and Father and the ability to long for the Divine Love, well before the normal time. You have been given it whilst you are in the negative and living without any humility or any

desire to be truly humble. At the height of your surge for power and mind dominance over feelings you were bestowed these gifts, and during these past two thousand years you have completely rejected them by subjecting them to the most evil mind power regimes all contained within yourselves. This has been the most extraordinary move by the Mother and Father to show that They want to experience and feel all that is evil and bad, just as much as all that is good and loving. And you have been affording Them such negative and unloving experience. Just your average thoughts in your average day strikes hard at the heart of Them, and we all cringe as you blatantly disrespect the sacredness of your Indwelling Spirit, as you live on in your troubled ignorance. However, They have wanted it so, and we have all been privileged to watch just how remarkably bad you have been, and all the wrong and evil things you have done, and we have all wondered just how far you would go and how far They would allow you to go. Your lives over these past years have definitely been an eye-opener, and not only for us, but all of Nebadon. Many spirits and Angels, unbeknownst to you, have come to observe you, your little isolated world and all its darkness, sadness, misery, fear and confusion, to see just what can be achieved when the negative condition is allowed to run virtually unchecked.

All of your Indwelling Spirits have valiantly tried against all odds to guide you to see things in a more true and good light, and thus has provided them with very unique experience. And then to see how Jesus and Mary have helped those spirits in the Divine Love Healing Mansion Worlds to begin to honour their inner Spirits of God as they have sort to heal themselves, has been a perfect example of the triumph of truth and love. It is simply remarkable to witness the turning around of one who has been so grossly blind and iniquitous to see the light of their wrongness and live the truth.

When you sincerely choose to live true to the Mother and Father, your Indwelling Spirit ‘breaths such a sigh of relief’, for now with each step you take in your Soul-Healing you allow it to come up in importance and out of its subservient role, until such time as you allow, accept and want it to be as an equal in will, and then dominate in will with your subjugation to the Will of The Mother and Father. When you are Celestial, you have surrendered your mind power and placed it into the hands of the Mother and Father, and are truly then a child of God whom is Spirit-led. You no longer want to control and dominate your own life, forcing your mind over your feelings, accepting that your life has been given to you by your Heavenly Parents and you want to live lovingly with Them instead of in rejection of Them. And to achieve living this way is your great struggle, because to live any other way than this will not make you happy. You are created to live happily leaving your life up to the Mother and Father and just freely enjoying every day all that They bring and

give to you. They want to love you and only want you to delight in enjoying all the experiences They provide for you. As you are discovering, there is no joy in trying to live life all by yourself and in your own way. In the power position no one can enjoy freedom and no one can experience true love. If nothing else, one day you will learn this from your life.

As you progressively give up control of your mind, correspondingly your Indwelling Spirit starts to merge with the deeper parts of your will and soul. And steadily you begin to feel increasingly that it is right that you are not actually in control of your life. You begin to feel more at ease in the growing faith that you will be looked after and that the Mother and Father are not just fictitious persons, but are real and always with you. You let go and feel the line that you had crossed over, and as you settle into your new way of life, new awareness will come to you and a whole new way of existing will open up. And then when you finally achieve complete soul-fusion with your Indwelling Spirit, your Healing will be done and you will feel and know that you have given up all unnecessary control, and that you no longer have to worry about what is the Mother and Father's Will, and what is your's, and are you still stepping on Their toes. You will feel totally at ease within yourself, and you will be a fully functional and fully expressive personality, who will through the living and doing of Their Will, have mysteriously gained all the real power in the whole Universe: love.

Owing to the current state of Universal affairs that exists since Jesus and Mary's time, and what is now transpiring on your world, when this dawning Planetary Age has been lived and the Divine Love withdrawn, the out pouring of Indwelling Spirits will continue. People during the future ages of Natural love will still have the luxury and surety of knowing that the Mother and Father have not abandon Them, and as these people and spirits seek to perfect their Natural love and regain living as the perfect image of God, they will enjoy the advice and comfort that their Indwelling Spirits will bring. And together when Natural love perfection has been attained, they will enjoy waiting for the re-bestowal of Divine Love so that they can complete their union.

From this you can see that it is paramount for a soul to become of the essence of God through the partaking of His Divine Love for the Divine Indwelling Spirit to be able to complete its soul-fusion. Divine can only unite with Divine. And so this is why the availability of the Love occurs on completion of the Bestowal Sons and Daughters lives. Without the potential of a soul becoming divine, there is no reason or need for the Divine Love. However, once the bestowal of Love and Spirit has been made, the Love can be withdrawn, but not the Spirit. For the Spirit to be withdrawn would not be a progressive

step for the evolution of a humanity, and as you have all been through so much there would be not reason to deny you the Spirit only to see you sink back into the mud.

It is not intended that you need to take the matter of your own salvation and redemption completely into your own hands as you believe you do. It is a two-way relationship, as with all relationships. We are here to help you when you need it. You are not alone, no matter what you believe. And it is a great pity that you view us caring and true spirits with suspicion, and believe that most spirits are evil and bad and only wanting to have their power over you. It is true that those spirits in the mind Mansion worlds do like you to see things this way, as having you fear them gives them a greater sense of mind power, however there are more spirits in the Divine Love Healing Mansion Worlds that do not want you to feel so scared, and the countless numbers of spirits and Angels of all various orders who live in the greater universe and will equally help you if you allow them to.

And such a time for you to open your hearts up to us is now approaching. This arriving Planetary Age is coming with lots of unseen help. And the most help of all in terms of helping you understand about yourselves, will be from the unseen Trinity Teacher Paradise Daughters and Sons that are currently here now preparing for their one thousand years with you. They will be your highest spirit guides, and will assist all who are striving to live true and doing their Soul-Healing. They will be able to personally assist you together with their angelic assistants and the help of the Celestial spirits. This time will give these Celestials and you, yet another very unique experience as these High Sons and Daughters who have not come to humanity before, and will not come back for some time to come after this Age.



The Trinity Teacher Pairs will impart wisdom and understanding to the likes that has not been known or readily offered to you. Jesus and Mary have given you truth, whilst these Daughters and Sons will help you live it. They will help you put into perspective all truth you are endeavouring to live. They will in effect help you to make sense of it all. They will work personally with some people and more broadly with others. They are looking forward to their involvement with you, and will help to bridge the gap between you and spirit. They will present a very friendly and hospitable face of spirit, so that you will see that although spirit is unknown and unseen, it is friendly to you and on your side. They will help you to see that there is no reason to fear death and that there is a continuum between you and spirit life.

Spirit is to be illuminated, and you will see how much of an important role you have in it, even though you are currently on the bottom of the ladder. But as you come to understand, all who are higher on the ladder honour and fully respect the lesser, just as you so lovingly want to look after and help your younger brothers and sisters when you too are so young.

It will be a very exciting time for those people who want to live true. New information will be passed through to you, and your souls will reveal much truth and understanding for you to live. The Teacher Pairs are not wholly concerned with truth attainment like the Avonal pairs are, but are more concerned with all the aesthetic aspects of living such truth. They will help you understand the truth and live it in whatever walk of life your soul expresses itself in. Their input will seek to harmonise all the different areas of life, from scientific understanding through to the arts, from the home to the work place, and most importantly in the intimacies of your relationships with yourself, your partner, others, nature and God. They will help the truth disseminate to all strata of life, into the rich and poor, the privileged and underprivileged, they will help you spread knowledge of your experiences of truth throughout the world as you naturally seek to express yourself. They will help all see that all the races and cultures of humanity are of equal importance, and that you can all amicably and lovingly live together, mix together and enjoy each other with love. They are great equalisers, and will effectively seek to raise the base of humanity from being grounded in fear to feeling more free and confident about expressing itself truly and lovingly.

They will also shower you in love. They will see to it that you do not feel like you are alone, and that spirit is very much with you; and most importantly of all, they will fully encourage your own personal and creative relationship with the Mother and Father. They will wholly support the individual and dissuade the need for a collective and loss of individuality. They will show you how to live fully true to yourself as an individual in a society of others also

living the full respect of themselves. They will elevate your understanding of being a loving child of Heavenly Parents, whilst helping you deal with the problems you have with your own parents. And they will do all this personally in your life. And although for the most part remaining unseen spirits, they are very hands on, helping to inspire the individual to connect deeply on a personal level. Mostly their work will be with those people and societies concerned with doing their Healing, however at times they will connect with some people who are only of the mind.

The majority of humanity will keep going along its negative course, however, provision will be made for people doing their Healing to develop their own 'new world'.

The Teacher Pairs will honour the powers that be, they will not interfere with the state of affairs, they will not intervene with government of the group or individual, they are only concerned with helping those people and spirits who want to live the Truth and Will of the Mother and Father, helping them to feel free in their relationship with God.

They will come to you if it is within your soul's plan, and when you are ready they will make themselves known to you, and as with all things, there will be those who will 'see' and 'hear' them, and those who won't, but who will nonetheless be wholly and equally guided, supported and taught by them. They will teach you to understand yourselves, personally and impersonally. They will help you to understand the psychology that is needed to shed light on your problems and for you to see into the depths that will need uncovering. But most of all they will help you to be you, the true you that you are aspiring to be, and there is nothing better than that!

The Teachers Pairs have begun their preparation but will not begin in earnest until the official beginning of this new Planetary Age, which is still a little way off. However, currently they are laying a lot of the groundwork, and the Celestials are making their groups ready to be the instrumental 'hands' of these Pairs.

What you are calling the 'New Age' is yet another controlling mind presumption. The true and real new Planetary Age is dawning, yet most people and the mind spirit are unwise to it. It has been kept all but a secret from you for the purposes of those involved needing to fully do their Soul-Healing without any help in preparation for it. They have had to win every inch of ground within themselves so as to set the circuitry straight. If they were to know of their own bestowal, had it been prophesied, then they would not have had to rely on their own feelings to get them to where they have needed to go. But soon, all will be out in the

open, and humanity will be launched into the next major drama of its planetary course.

The Teacher Pairs are few in number, but will have a very far-reaching impact on your lives. They will not personally attend to those who persist in denying the Mother and Father and who won't want to invoke Their Love and live true. They will only concentrate on those people who are wanting to live true, for they will not give any aid or understanding to those worshipping evil. They are here for the betterment of humanity and the upliftment of your souls, not to become involved in the degradation of soul destruction through rebellion. They will be operating from Celestial headquarters and be working mostly through the Diving Love Mansion Worlds. Overall they will be leading in the push for all that exists in these worlds in a personal sense to become manifest on Earth. They will also, as they currently are, assist many spirits in these Divine Love Mansion Worlds doing their Healing to enjoy the benefits of their soul expression. As Jesus and Mary are wholly concerned with Truth, the Trinity Teacher Pairs will be helping you to bring all your personality attributes into full alignment with the truth you ascend in. They will help you to become well rounded and fully balanced, which when you apply this to your life, will show you how to express all the different aspects of your life equally. They will help you to demonstrate through your lives how to live a perfect well-rounded and fully and freely expressive feeling-led life – how to be the whole soul that you are.

The higher spirits will fully honour your lead and will only give you what you can do. They will not push or coerce you, and they most definitely will never force you to do anything you don't want to do. They will be coming to you in voluntary service to you and the Mother and Father, and will only do what is true and good for you. They are not to become between you and Them, they are only to help augment your relationship with Them. They are just helpers who help with the accent on teaching you to understand the truth of yourself and all life, all the various aspects of Creation, and the expression of your own soul. The Teacher Pairs will use the groundwork of truth, which Mary and Jesus have revealed to you, and will seek to incorporate all the relevant material and information that you will need. They will not guide you here and there, as this is the Father and Mother's realm, but they will help you integrate your natural creativity so that the truth you will be living will be expressed wholly through all that you do and all that you are. They are synthesisers and balancers, as I said, harmonisers, and great fun! They are indeed a pleasure for us to work with as they are a constant spark of creative thought, feeling and focus, they keep us on our toes. And no doubt you will love them too.

Let's have a break James; and if you want we will resume after your lunch.

I want to go back to the will and speak about it some more. As I spoke of earlier, when you are incarnating, your soul ‘draws up’ your will into Creation and this is taken largely from the influences of your parents’ wills. Your parents’ wills are in their complete negative state, dysfunctional and not perfect. So you are being willed into being by your will patterned from your soul and by the negative influences of their wills patterned by their souls. In effect your will takes its from selecting what it needs from your parents to express the pattern within your soul. So you have their wills to select from, just as your soul pattern selects from your parents’ genetic coding what attributes you will have to express your physical personality. Your will is consequently able to select all it requires from your parents, which means you can will into being all that you need from them – all that you will ever need. This selection is done right at the very beginning, so even if you never see your parent or parents, still you have taken all the will attributes from them that your soul determines it will need. You can then be raised by people other than your parents, but this will still all revolve around the fundamental will from your own parents. From conception onwards, in truth, you don’t actually need your parents as you have from them all your need. Your life with them or with whoever the Mother and Father provide for you, and the other people around you who have an influence in your forming years, merely serve to help bring all that you already are into being. They serve to provide you with experiences so that your soul can express its personality through and with all the raw material you have got from your parents.

All that you start to live from conception is the outworking to bring you into Creation, to bring you to full circuitment, and to be able to receive your Indwelling Spirit. With your parents or whoever stands in their place, you will suffer the interference that your soul-light pattern requires to bring you fully and experientially into the negative.



Many soul’s personality creations, as you know die before birth or even shortly after, and each of these ‘souls are taken’ (because you remember the soul doesn’t actually go anywhere) into receptive arms in spirit and are parented by spirits, just as would have happened had you been adopted on Earth to other parents. And the reasons for infant sudden deaths are just the same as for all deaths in the negative, you are willed not to survive. If you die before the arrival of your Indwelling Spirit, then you have been willed away by our parents’ wills, and if you live on after this age, then you will die at the hand of your own will rejection. No one on your world has as yet

died at the right or true or perfect time relative to their living perfectly true to their souls. Of course even your negative time of death is perfect in the negative, as all things are perfect, but it may stop and cause you to ponder this truth that you are neither being born or dying or being born to parents who are truly your perfect parents. If you were to be born perfect, then everything would be perfect, your parents would be right for your perfection, and would help you come into life with a positive mind, and you would be born at a different time and in a different place and under very different circumstances. Your parents are the perfect imperfect parents you were to have, they perfectly parented you into the imperfection of the rebellion. They were perfectly unloving, just as required by your soul so you could feel all the pain of being untrue, unloved and conceived into Rebellion by Default. Had they been perfect, all of your life would have been different, and your death would be your own, perfectly in unison with the rest of your perfect life. However, as you are imperfect, all the reverse applies.

You are born to imperfect parents so they are not your 'true' parents, and the life you live is untrue and not your 'true' life, and your death is not at your 'true' time or in the 'true' way. It might surprise or even shock you to consider that your parents and your siblings and relations, if you were born perfect, would be all different people, and these people who you know and relate to now as your family, you may never have known.

So, many of you feel that you actually have little in common with your parents and brothers and sisters, and this is literally true; however from your point of view this is still only because of your negative relationship with them. It is incredible to think that the Mother and Father have catered for within your soul pattern all the imperfection that you will want to live and experience. It is a whole and complete experience, all for you, from the beginning, to when you arrive as a Celestial, is imperfect, and They have lovingly provided you with the most perfect life of imperfection you could ever have. Your physical parents have been the most perfect imperfect parents, and what you call love, is loving them for this. You are actually loving your parents for parenting you imperfectly when you feel your love for them. And they are loving you are their imperfect child.

Now, those people you call imperfect, those people with obvious defects of varying natures: physically, mentally, emotionally and psychology, and combinations of these, are still souls just like you who are 'normal'. Their souls have selected for their life from their inbuilt light-print such defects and abnormalities, all brought about at the time of drawing up the will from their parents wills. And the soul will express its creation accordingly throughout its life on Earth, and then it will move into spirit. In spirit, all the defects of this extreme obvious

nature, are rectified. They may not be fixed immediately after death and upon resurrection, but they will be fixed over the duration of the soul ascent through the Mansion Worlds. Everyone, no matter how dysfunctional they may seem in flesh, will be given an equal chance to have ‘normal’ life experiences in the Mansion Worlds. And all souls from Earth are capable of one day ascending to Paradise – starting by doing their Healing.

As you are all one brother and sisterhood, there is of course more to your life than just you. You all affect each other. And so it is, just as you draw up your being based on your parents how you are to be, will equally be for them and their experiences. So, from one viewpoint it can be said that you have completely made yourself for yourself, and from another point of view, that your parents have completely made you for themselves. So, those who give rise to defective children have made them this way for themselves to experience whatever they need to experience. Whether they look after them themselves or give them away to be looked after, still the experience is what it is. And this is just the same for normal children with everything being strategically organised for the maximisation of experience for all involved, and all being orchestrated with divine perfection in the negative.

As you do your Soul-Healing, you will have to leave your family. This for most will be physically as well as on all other levels. There will be for many people a complete breakdown of family structure as those involved seek to heal themselves. This can be one of the hardest aspects of beginning your Healing, and it will delay many people as it does spirits because of their refusal to give up such family relationships. The thoughts of severing the family ties will present many feelings and issues that will have to be worked through, as so much of your false security depends on your false ‘loving’ family relationships.

And yet for others, this will not be so hard, and a few will relish the idea of having nothing further to do with their family, gaining strength in the conviction of their unloving feelings they’ve always had about their family. This threat to the family, ‘the family destruction’ will be the single most important thing for those who will contest this information I am telling you. For many people the family is heralded as the most sacrosanct institution on the planet, this belief being maintained by those wholly living and supporting the negative because the family gives them the most power. If you do not have a family, you have no power, because you do not have any children to have power over. The family is the great secret cover-up agent on your world, as so much horror happens within it that is none of anyone else’s business. All of the evil you live in is perpetuated in and by the family. If you did not have children the evil would die out. And no doubt the natural world would be relieved to see you go.

The Church, for one, holds the family dear to its heart, as it well knows that children brought up in its beliefs will be more likely to tow-the-line than trying to rely on new adult members and the conversion of outsiders. The missionaries who went to new lands knew that if they could get the families under their control, then the children who grew up belonging to their faith would no longer want anything of their old world, and would stick to their parents' faith, and so as the generations pass the old is lost and the Church takes over. It is just a long term manipulative approach for the 'winning', or more aptly, the controlling, of souls. The Church, like all families, being one big 'family' seeks power, and its power is maintained by having the generations believe in it until it becomes so ingrained that the people can't bear to face life without being part of the 'Family'.

The Church holds the family in first place and yet condones the inequality of the sexes and children within it. If the powers-that-be did not see the family as the most sacred thing on Earth, then all that happens in the family that hurts its members and defiles their soul, would not happen. The family would long ago have come under closer scrutiny, and all the evil doings that goes on within them would not have been tolerated.

The family is not crucial to your survival, only your trueness to your soul is. The family is the greatest nest of evil on the world and in your lives. I know it may sound abhorrent to many to start to look at their beloved parents and siblings and their dear grandparents in this light, but if you don't start to look, you will never go any further than where you are now.

There is no stone that will be left unturned. Nothing is untouchable. Everything needs to be expressed, to come out into the open. All within you is existing in rebellion, you are rebellious, and it doesn't matter whether you enjoy loving family relationships or unloving ones. And all that's wrong and untrue within you has to be expressed out of you, it all has to come to light for you to see the truth of. You have to know the truth of yourself and the truth of your family relationships. You have to know if they are truly loving or just a contrivance of your unloving and controlling mind. All those family secrets are no longer to remain hidden, all the dirty washing will need to be aired, nothing is be kept from you through your feelings, you have to understand why it was and why you felt left out of your parents' lives. Look at how many parents who 'love' their children so dearly can't openly discuss when the time is right their sex lives and the more intimate feelings shared between each other, even all the bad ones, telling them about the whole nature of sex and all that is involved. Your liberation hasn't begun. Wait until all the dirty laundry starts to get hung out on the line. No matter how bad it may seem to you, if you are honest with your children,

they can love you and will not care about such things, but if you hide one little secret and are not honest, if you tell them one little white lie, they will never forgive you for leaving them out and making them feel rejected. Ask yourself this: would you have rather known all the good and bad family stuff, as opposed to being dismissed and not treated as an equal, swamped with feelings of not being good enough and not fitting in, feelings of being unwanted and rejected?

The family of humanity needs to be broken open and all the horrible goings on exposed. It all needs to come out in the open, and if your family won't comply and you want to push on with your Healing, then you will have no recourse other than to leave them and set out on your own with your Mother and Father – to discover your true family.

Some people and spirits will find that members of their family are of their soul-group, but this is very few. Mostly you and the family move apart, and by the time you are Celestial you will have developed new friendships and love for your true soul and spirit family, with your Earth family being nothing more than acquaintances you once knew and with who you shared certain experiences.

It is no coincidence that the greatest harbour of evil is that which is considered the most special, private and impenetrable. The family in some circles is given more rights than the individual, and this has been so during your past history. However things are now freeing up and a lot more is being questioned and will continue to be, with ever deepening inquiry. Remember, everything that is your man made world will need to be broken down and discarded and born anew, everything!

Honour your Parents in Heaven by being true to yourself by living true to your feelings, by honouring yourself. If you cannot do these things with your own parents, then you should start seriously questioning yourself as to why. Learn to ask why, and ask it wanting to know why. Want to know the truth of why. Want to know the truth of all things that are your concern. Don't lie, come clean, admit and accept it all, even if it hurts, and even if it is very ugly. There is no other way. It is not easy, and it is easy to say you will and believe you are, but to truly do it and to commit to let go and give up that which you are so desperately clinging onto, is what you will have to do.

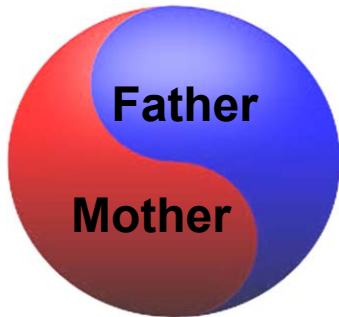
If for some reason you have not known your parents for they died when you were young or they divorced or whatever, this is not the end of the world. You have not been deprived (although you must embrace and express and long for the truth of any feelings of depravity

as you do your Healing) and you have not missed out on the great parental love that you may believe or fantasies you would have had. There is more truth in accepting the truth of your life as is, which is: why are you parentless? They left you – why; and how does being left make you feel? Until you have looked into yourself and done your Healing, you won't know the truth of how you really feel about yourself and your parents, so keep going and you will see. And you will also come to see that those who you may believe had a better childhood and life than you because they had both parents and you didn't, is not necessarily so. And in the long term no one misses out on love, true love. You may feel bereft of love because you did not have your parents to give it to you (and these seemingly endless bad feelings if they keep coming up within you are what you must accept, express and longing for the truth of), but I can assure you there are many who will testify to being just as bereft, and possibly even more so, having their parents with them all the time. It may not be all that it seems, seek the truth and find out for yourself through your feelings. The Mother and Father will not withhold Their Love; and as to why your life is as it is, try and give yourself time to find out. Remember your life in this phase is not complete until you reach the perfect Celestial state. Your flesh life is only part of this phase. So a lot may not make sense to you now, yet in time it will, the questions you have will all be answered, if not now in flesh then in spirit. You will need to live through the whole cycle, and if it is the pattern of your soul for you to achieve living as a Celestial in flesh, then you will live through the whole cycle of being with your parents and family, coming to see and know all the answers. You will not miss out on anything, just be patient and give yourself time. There is all the time of eternity, even though you may feel like you have no time. Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!

I will stop now James, as I see you are fading. Have a rest. I doubt you will want to continue today, so I may speak with you tomorrow – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Presently REJECTED!

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS

REJECTED

REJECTED



REJECTED



REJECTED

REJECTED

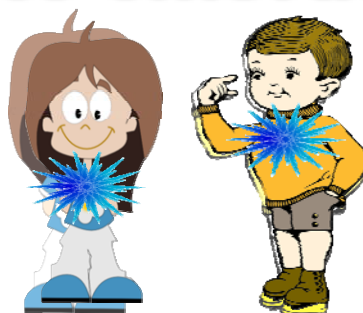


REJECTED

REJECTED

Mind, control, power dominating!

**Through our Feeling Healing,
now we are to embrace them all!**



Infographics and diagrams have been added by Pascas.



TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



27 June 2003

Hello James, I'm looking forward to continuing now you've had a few days rest.

As I have spoken about, the soul of men and women can be likened to the soul of the Mother and Father. By looking into yourself, not only will you find all the answers to the questions you have about your own soul, but also about God's Soul. It is by knowing yourself that you know God. The Mother and Father have designed it this way. You cannot look out and find Them, you can only look in, and in through your feelings and not in through your mind. **Your feelings make you look in, your mind looks out;** and there is truly looking in, and pretending you are looking in.

Many people and spirits believe they are looking in but they are only looking into their minds, and this is a fatal mistake. For **the mind is the seat of one's delusion**, and so by striving to find God through the mind, one can only fail. And this is what many people and mind spirits are so busy doing, believing that they are getting closer and closer to God when all they are doing is enslaving themselves to their mind. To look in through your feelings and truly find your own soul and the Soul of God, can only be done with love, your own and Their's. And to do it with such love, you first need Truth, that which will come to you as you honour and respect your feelings.

As you know, the Divine Love when sincerely longed for comes to you via the Holy Spirit. And now I want to try to explain how this happens. From reading *The Urantia Book*, you understand that **the Holy Spirit is the instrument of the Divine Minister**, and the **Divine Minister is the personal Local universal representative of the Infinite Daughter (Spirit) of Mind**, just as Jesus and Mary are the personal Local universal representatives of the Eternal Son of Truth, and it is the combined action of the Creator Son and Daughter's Soul (one soul with two separate personalities – Jesus and Mary being soul-mates) uniting with the soul of the Divine Minister, which has resulted in many aeons ago bringing the great hosts of Local Universe creation into being. As the Mother and Father have brought into being all souls, so in the outer reaches of Creation, the Son and Daughter (Jesus and Mary) and Local Universal Daughter Spirit (The Divine Minister) bring about favourable conditions in which to create, thereby enabling many beings and souls to begin expressing themselves in Creation. **And I (Zelmar) and my order of Melchizedeks are such souls.** Our spirit parents were Jesus and Mary and the Divine Minister, just as your parents were your human mother and father. And all our Soul Parents are the Mother and Father. The Mother and Father only create on the Existential level of Creation, creating souls; whereas all

that is in Creation is brought into being through experiential mothers and fathers. And so for us all who are local universal creations, Jesus and Mary along with the Divine Minister are our spiritual parents.

When the Creator Son and Daughter (Mary and Jesus) had completed their seven fold bestowal plan, with the last bestowal being in the likeness of mortal flesh, then as a celebration of their success they liberate their Spirits of Truth, and the Divine Minister directs the Holy spirit to accompany the Spirits of this Daughter and Son. So, wherever the Spirits of Truth function, so too does the circuit of the Holy Spirit. The Divine Minister attended Mary and Jesus from spirit throughout their lives on Earth, and continues to do so in spirit. Jesus, because he'd come into his full Sonship has 'use' of the Holy Spirit through the help of the Divine Minister. In a way he could 'direct' the Holy Spirit to people so they would feel the inflowing of Divine Love – the Divine Minister actually doing the directing on behalf of Jesus. The Divine Minister also accompanies the Avonal pairs when they come of spiritual age, also empowering them with the ability to 'direct' the Holy Spirit. Many of the miracles Jesus performed were in fact brought about by the Divine Minister commanding Her attending legions of Angels, and at the same time the Holy Spirit was directed by Her to add to the miracle, so the person healed felt they were healed by God, feeling such an inrush of God's Love into their soul.

The Holy Spirit is the conveyer of the Divine Love into the mortal soul. And when it is thus empowered and honoured with the Son and Daughters approval (blessing), it is activated by the Divine Minister, such as what happened at Pentecost, and what is still happening when people long specifically for the Divine Love. The 'Will of the Truth' precedes the 'Will of the Mind', and so whilst Jesus and Mary desire it to be so, the Holy Spirit will continue to make the Divine Love readily available to the longing soul. And when they say it is to stop, it will no longer be available. It will have been available for 3,000 years – three Paradise days.

How the Holy Spirit brings the Divine Love of the Heavenly Mother and Father to the soul of people and spirits is not known exactly, however it is done through the majesty of the Mind in service to the Truth, the with the Divine Minister of Mind in service to the truth needs of ascending daughters and sons of truth. It reflects the relationship of honour and service between the Infinite Daughter of Mind, of Divine Perfection, and her love for the Eternal Son of Truth, of Divine Perfection; and His love for Her. The Divine Love is made manifest by the Holy Spirit in response to the sincere longing of the soul. If you need the Mother and Father's Love, it shall be given so long as it is within the jurisdiction of the

attending Paradise Daughter and Son.

The Holy Spirit does not carry bags of Divine Love to give to you when your desire for it is earnest and sincere, the Love simply comes forth as required by the needs of each soul that is longing truly for it. In effect through sincere prayer, genuine heart and feeling inspired longing, the Holy Spirit will draw near to you as directed by the Divine Minister. And when your will is so positioned correctly, with humility and a deep desire to be at-one with your Mother and Father, She will activate the Holy Spirit to move the light of the Divine Love into your soul. And She, the Divine Minister, only complies with the will of your soul. As a personality you are free to long for the Divine Love whenever you like, and often your sincere longing is responded too, however also you might long, and long often, yet nothing happens, you receive no Divine Love. The Holy Ghost fails to ‘come about you’. And this is because your soul at that moment doesn’t need anymore light from the Divine Love. And at other times the Holy Spirit might come to you when you are not specifically longing for the Divine Love, yet the Divine Minister knows your mind and will are so positioned as to be in something of a state of perpetual longing, so will activate the Holy Spirit should your soul need more Love.

There is also no point in longing directly for the Holy Spirit, or to the Holy Spirit itself. The Holy Spirit is not an ordinary spirit like we are with a unique personality and soul, you can’t have a personal or spiritual relationship with it. It is simply a mind circuit or personality attribute of the Divine Minister. And the most important thing about longing for the Love, is your longing to your Heavenly Parents, you are wanting to make more of a personal connection with Them, you are asking Them for Their Love, for Them to love you, you want to have an ongoing relationship of love with Them, you are wanting to be always in Their Love – at-one with Them. The Holy Spirit should possibly be called the Holy Mind Circuit, or the Holy Divine Love Circuit, however that doesn’t give you the same feeling that calling it the Holy Spirit or even the Holy Ghost gives you.

The word ‘spirit’ is used a lot which can be confusing. *The Urantia Book* calls who I refer to as the Infinite Daughter of Mind, the Infinite Spirit, which means, She being the Mind is everywhere like a spirit, as in the ‘spirit of everything’, because everything in Creation is constructed by the Mind. Your soul contains your pattern; your will, wills it into being; yet all your experiencing bodies and systems are built up in and by the Mind. This being ordained and orchestrated by the Infinite Daughter and through Her Daughters like the Divine Minister; or simply, by the Spirit of the Mind.

The Holy Spirit is an attribute of the Divine Minister of Mind, it is not a real spirit. And it's the same with the Nature spirits, they too are not real spirits as in having an existential soul, they are like a mini Angel with an experiential mind evolving soul.

As the Holy Spirit embraces your being, you can feel its loving presence. First it embraces your mind, then your feelings, then it moves deeper to embrace your will, then the light of the Divine Love moves into your soul. The 'breathing in of the Spirit', that you may experience in acknowledgement of your longing, is this process of the Holy Spirit fully embracing the inner most parts of you. In a way, by your heartfelt longing, you are 'willing' the Love into yourself, into your soul, giving you the experience and lovely feeling of the Mother and Father loving you, and you know and feel you are living the Will of God, and They are pleased with you, and everything in that moment is just right. And this experiential light then goes into your soul carrying with it the light of the experience of the Mother and Father's Divine Love, of Them loving you. And in this light is contained a light which then has a very profound effect upon your soul by bringing about an inner transformation in the soul, transforming it from the *image* of God (being in your Natural love) into Their very *essence*, your soul gradually becoming divine.

It is more the interaction of the Holy Spirit with your will, the deepest aspect of you, that brings about the generation of the Divine Love-Light that then proceeds to and 'shines' into the paradise of your soul.

Whilst this is happening, you may feel things in your outer experiential systems, you may feel loved by the Mother and Father, you may feel loved by the Mother alone, or by the Father alone, if you have been longing to Them individually. They may commune to you through your Indwelling Spirit, you may feel peaceful, fully embraced and content, you may feel exhilarated, and you may feel nothing. All these feelings are just like any other feelings, in that you will feel what you need to experience. And if any of it makes you feel bad, such as when you feel nothing perhaps, then express these feelings longing for the truth of them. And each of the times the Holy Spirit comes to you, you may feel different things.

If you are sitting in meditation and prayer whilst longing, and you feel the Holy Spirit 'come about you' and then 'come into you' you might also feel like you are sitting within a column of light, as if a beam of light is shining down upon and around you from heaven, and you may feel like your body wants to straighten as in sitting up with a straight back in your chair or wherever you are, and with your head wanting to arch upwards, as if looking into heaven. Use your discretion as to how much you allow your head to arch up, sometimes it can get

pretty intense as if you're being stretched, arching right back, so support your head without letting it spend too much time bent back. Some people may be inclined to indulge in such body movements, but really if you sit with your head in prayer to heaven as it naturally raises up a little, and concentrate on opening yourself up and 'breathing' in the Divine Love, or just relaxing and being open to it, you will feel it moving about you and moving into you, and then deeper into you. And your mediation or prayer might last sitting in the Light and being attended to by the Holy Spirit for some time, perhaps 20 minutes, or an hour. Or you might like asking for the Love and feeling attended to by the Holy Spirit whilst you're on the go, and without formally sitting down (or standing or lying) to receive the Love. It's all up to you, what feels best, as there is no right or correct way to long for and receive the Divine Love.

And you might also find that being with other people in a group longing, prayer or mediation for the Divine Love will intensify the whole experience for all involved.

Once you have finished the meditation, you might find your mind is a little disorientated, and you're rather speechless, it taking a few minutes before you 'come back to yourself'.

If intending to sit in meditation for the Divine Love, start by longing to your Mother and Father for Their Divine Love, long with only your yearning for it, for Them to love you, to fill your heart and soul with Their Love; and then include mind prayers if you want, talk to Them asking specifically for it. Your longing is quiet and done inwardly to Them; and you say whatever you want to Them in the silence of your mind or you can speak it out loud. In a group you might enjoy someone speaking out loud giving gentle instruction and guidance for the others to follow.

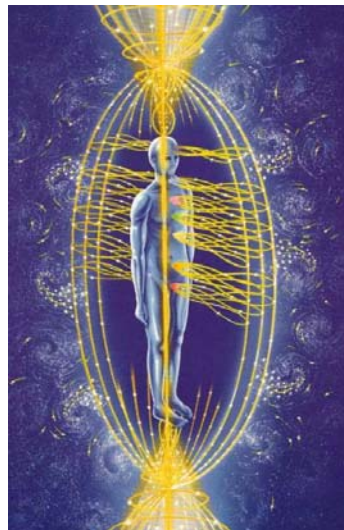
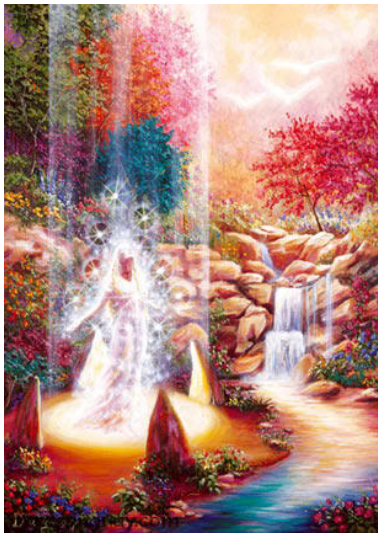
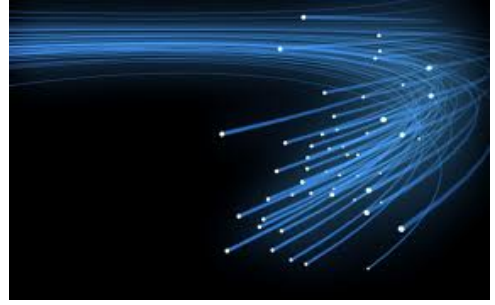
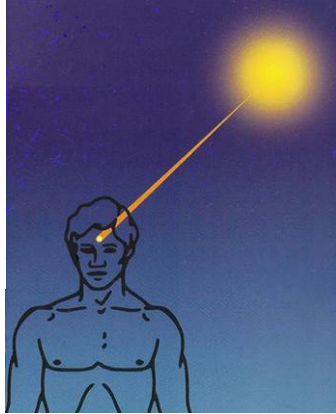
Then once longed for, you are all quite intimately involved with Them.

So, having longed, stop, you don't have to keep longing, it's only very short. And allow Them to love you. And if They are, you'll feel the Holy Spirit quickly come about you. So then you can sit in The Light and focus on the Holy Spirit and the Divine Love flowing into you; you can speak in your mind (or out loud if you are alone and prefer expressing yourself that way; or out loud in a group if that's okay with the other people) more to the Mother and Father about whatever you feel; you can speak to spirits, Angels, Nature spirits if that is what you like doing; again, doing whatever you want or whatever you are directed and moved to do by your soul and Indwelling Spirit.

CONNECTION with GOD:

**Holy Spirit / the Spirit
infusing Divine Love.**

**Progressive escalation of
Divine Love flowing.**



Infographics and diagrams have been added by Pascas.

After a while you can long again, longing for Their Love on and over the course of your meditation or prayer time. And then at the end, either when the Holy Spirit starts to recede, or when you've had enough, you can thank Them for Their Love, worshipping Them by loving Them; again, whatever you feel you want to say to Them, expressing your gratitude and love for Them if that is what you feel; or saying nothing and simply opening your eyes if they are closed (having them closed in meditation and prayer allows for less distraction, however you can still receive the Love with them open, such as driving in a car or on a walk), having a stretch to move your energy systems about, and carry on with your life.

By rights, you actually don't need to feel anything, and the effect of your will, willing the Love into your soul, will be given back to you by your soul in a knowing, a truth, that you have received some Divine Love. However, because so many of you are so extremely bereft of love and any good feelings of being truly loved, you are given such feelings of feeling loved by God so that you may know from the outside in and the inside out that the Mother and Father are real and tangible Persons who are loving and caring for you.

The whole experience of the Holy Spirit coming to you is to show you that something is coming to you from outside of you, and it is not you, and it only comes in response to your will as expressed through your inspired sincere and true longing. It is to give you the experience that God does exist out side of and separate from you. It shows you that there is more to life than just yourself in a very real, loving and tangible way. It shows you that God exists in this tangible and loving way, that God is real. And so you can only truly know God through partaking of Their Love, feeling Them loving you and so knowing you are loved by a real Heavenly Mother and Heavenly Father. And it's not a thing of the mind, it is deeper than that, more profound – more true – as you can't make the Holy Spirit attend you by using your mind. Some people, no doubt, pretend they are being attended to by the Holy Spirit or Holy Ghost when in fact it would more likely be, if anything, mind spirits shinning a bit of their spirit light on them. Such people would not be longing sincerely.

And other people might be happy to understand, having fears of the unseen spirit world and the likes of so-called evil or lost, dark or satanic spirits, that if you are sincerely longing for and receiving the Divine Love, no dark spirit can come near you, the Light of the Love will be too bright. And along with that, you'll be joined in your longing prayers and meditation by your Celestial soul-group, and possibly by other higher divine spirits, all whose light will 'protect' you from such malevolent spirits.

If you are praying for the Divine Love, alone or in a group, and you do suddenly feel like

you're being 'attacked' by a dark spirit or entity, and if you are receiving the Divine Love properly, then that entity will only be yourself, it will be whatever is within your mind that you are refusing to deal with. So again, express any bad feelings that come up through the experience or afterwards, longing hard to the Mother and Father to show you the truth of why you fear such bad things, asking Them to direct you through your feelings back to your early childhood so you can connect with those same bad feelings and who was causing you to feel them. You might find it was one of your parents or a close relative who scared and threatened you, wanted to 'possess' you, which you are now projecting onto this no-existent evil entity.

If anyone is actually threatened and 'taken over' or 'possessed' by a dark spirit, it will be people who are playing around in their minds. Many mind-led meditation groups are attended to by like-minded spirits, and they can cause such problems. If you are sincerely involved with only the Mother and Father and longing for Their Divine Love, none of those things will happen to you.

You can't actually be possessed or taken over by another spirit, they can't replace your personality for their's, thereby giving up their personality and soul for your soul and personality. However your mind circuits can be so damaged, corrupted and disturbed that spirits being close to you in the earth plane can to some degree 'take over' some part of your 'broken' mind. So, they can make it seem like you are possessed, talking through you, making you do things, making it even seem like you have become another personality. And to heal such people of such mind-related problems would involve a lot of healing therapy getting them to speak about all their bad feelings as they long for the truth of them. If the person is not wanting to do that, then it's to understand that for whatever reasons, which will be deep within them and mostly unconscious, they will be 'allowing' the bad spirit to take them over as a means of attaining power, having to use the power of the other spirit because they feel so powerless. The power being to blame it on the other spirit, the evil entity, as they refuse to take responsibility for themselves in life, which is refusing to deal with their bad feelings the right way.

Light comes from your soul and activates your will into wanting the Divine Love to come from your Heavenly Parents. So, ideally the right time to long for Their Love is when you feel it coming from a natural desire. You can of course use your mind to determine when you pray and long, but that is not then engaging your true longing, which means you are not being driven or inspired in your longing from your soul.

When you are aware of the truth of the existence of Them, and that you can long to your Mother or Father or to Them both, you are relating soul to Soul, heart to Heart, and this then helps you feel that you really do want Their Love and so will keep wanting to long for it. Some people long and yet feel nothing, wondering if they are longing correctly and wondering if there is something wrong or bad with them because they can't experience the Holy Spirit coming to them. And yet still they will be partaking of the Divine Love, only it won't be necessary for them to feel the Love, it might be more necessary for them to feel such bad feelings so they can keep working to express them. Some people might need to do more Natural love Healing before their longing for the Divine Love is responded to; and again it's all dependent on the needs of your soul, what is best for you to experience, all again to give rise to the feelings you need to give rise to the truth you need to live.

It is a longing from your soul to want to be with Them, at-one with your Soul Parents, that inspires this longing in you for Their Love, just as it is from your soul that you wanted to be with your mortal parents, asking and longing to them for their love. You have to want it, to activate your desire using your will, and so to ask. You are willing your parents to love you, so too do your will your Heavenly Parents to love you. If you did not ask, then would They just love you naturally and wait until you felt you did truly want Them in your life.

Remember you are living in Rebellion against Them, you are pushing Them away, actively rejecting them, even if in your mind you believe you love Them and want Them in your life. You have to act, use your will, to actively long, reach out, want to connect, invite Them into engaging with you, showing you do want to have a loving relationship with Them. And no doubt as you develop your longing, as it grows stronger, more determined, more truly wanting to relate to Them, to live your life at-one with Them, so too will you begin to share all you feel with Them, telling Them about your bad feelings, asking Them for help in uncovering the truth of them, help to accept and express them, all because you do want to grow in truth and make your way to Paradise to be with Them. "I want to be at-one with You; I want to be divine like You; I want to live and be as perfect as You are; I want to be like You." All of this you are saying through your will by longing, it is your will pushing up into being, pushing you into Creation wanting to have a relationship with Them. And unlike your unloving parents who might say when you are bothering them "shut up and go away", your loving Parents will keep coming closer even if you keep rejecting Them.

Loving your child is not meant to be a battle for supremacy in which there is only one outcome, the parents win and the child loses, this is evil and wrong and could not be more damaging to the newly forming will that wants to express itself. This is definitely parenting

the wrong way, and it is not loving! Fighting with your child is not the true way of love. And if you can't do it any other way, then it shows you in what a sad and bad state you are in, with no real love or consideration for your child, only to railroad it into the very negative state you are in. And the harder you force your child into rejection, what else can it do but try harder to force its emerging will into being, demanding it be accepted and loved, which mostly only meets with more rejection.

Through your Healing you are actually trying to stand up to the negative will of your parents. You are trying to say no, I don't want to be as you want me to be, I want to be my true self. You fight them within yourself by saying no, not doing all the things they made you believe you had to do. However, because they were the dominant will, you kept losing, and so also through your Healing and possibly many times, you will keep having to breakdown and give in and lose once again, having to be forced into doing whatever it is you don't want to do. So, you try and fight against the powers and pressures you feel are denying you your true self-expression, trying to assert your will, then having to be broken back again, failing, feeling how powerless you feel.

And all the time dealing with all the bad feelings you are feeling. And so once again it's only all the bad feelings, fully honouring and expressing them, fully being in the emotion of them, fully feeling bad for losing, being a failure, feeling hopeless and that you can't do it, hating having to be made to do what you don't want to do, all as you long for the truth of such feelings, that is important. It's not whether you actually win and get your way or not, it's all the feelings you feel when you might win or lose, and most importantly all the losing ones. And slowly through the experiences of trying to assert your will and having it overpowered, a picture of the truth of yourself, how your will was placed with your parents and how it makes you feel, will emerge, with this understanding of truth – the truth of yourself in your negative state, being what you must want to see and know about yourself. Then when you understand and feel fully connected with the whole truth of your unloved state, feeling how battered around your will is (how battered you are), feeling how powerless and pathetic you might feel, and then how assertive you might be at other times, all your will damage can be healed and you will become true.

Through your Healing you will keep trying to assert your will, it's what your will is, but you are trying to do it in the wrong way, in the negative; so the more you can allow yourself to feel defeated falling into the misery of feeling so powerless, then the more you're breaking down the false power of your controlling mind. You will fight, and you will be crushed into being broken, so when the crushing times come, the more you can allow yourself to feel as

devastated, traumatised, rejected and unloved as you are, all the better, being immersed fully in these horrible feelings.

You are a will-creature. And with a will you demand to be accepted into life with love. You demand to be loved, you want to be accepted, all of you into being. You ask for it, your every moment is spent longing for love, and if you do not get it then you are not a true, perfect and full creature, only a poor shadow of a perfect person. And you will never feel fully vital, fully loved and fully accepted into Creation. So, with your will compromised, you will always be scared that your rejection will one day be finalised and your existence will be terminated. And this feeling of annihilation to suddenly come upon you underlies you all. It's why you fear death so much, death you mistakenly believe being the complete end. All that is rebellious and so of the Lucifer Rebellion will be one day cease to be. So deep within you, you know the truth that you are not right, that you are rebellious, and so also the truth that one day you too will cease to be.

And so, every time your parents rejected you in the slightest way, you feared this might be it, the final ceasing to be, your annihilation. So can you see why you hate feeling rejected in even the slightest way, the slightest slight against you, the slightest criticism, it connecting into your deep unconscious fear that no one wants you, you are hated and unloved, you are bad, you are no longer going to be allowed to exist. And so, when your parents abusively show you and tell you loud and clear they don't love you, they hate you, they even wish you didn't exist, then you are in major panic mode, the worst of the worst is about to befall you and you feel utterly powerless to stop it.

And the little baby and child feeling so traumatised by such overwhelming fear when it feels its parents rejection of it is so great that they are going to crush it out of existence ends up wanting to die, to just end it all, to get it over and done with. And when you feel so powerless through your Healing, it's into this trauma you go feeling utterly at the end, you can't go on, it's all too much, there is no way out, you just want it to end, you want yourself to end. But you don't end it yourself, you don't kill yourself, because killing yourself is still an act of you trying to have power, the ultimate power of taking it out of your parents hands by removing yourself from their life altogether; and instead you just continue to allow yourself to feel as powerless and as traumatised as you feel in such a bad state, still trying to express all those awful feelings and longing for the truth of them.

It's all the trauma of not having full will power – a true will. It is devastatingly traumatic to have any of your will compromised, and yet through your forming years, time and time

again, your will was thwarted as you were forced to do their will. So the worst times through your Healing will be when you are forced deep into this will trauma, it being very hurtful and traumatic to deal with. But your soul will do it all for you, taking you down into the depths of it so you can feel all the terrible feelings it makes you feel by having your will so badly damaged and turned against yourself.

You may feel devastated that your body suddenly causes you are a problem and you have to go to the doctor to deal with the pain, and you feel you're failing because you don't want to have to put yourself in the hands of another, you want to be in control and do it all yourself, living your own life how you want to live it. So you feel broken down and like you're having to go against yourself by giving in and accepting defeat and getting the medical help. And really, it doesn't matter whether or not you go or don't go, even if you were determined enough to not go and die if that's what would happen, it's not just a battle of wills, **it's only always about becoming aware of all you feel.** So, aware of why you don't want to go to the doctor, and aware of all you feel when you realise you have to go because you can't deal with the pain, it all being too overwhelming for you.

And as it all happens, expressing all your feelings so as to keep becoming more aware of all the different aspects of yourself in each moment of the experience. And there will be a huge amount for you to go through and feel. And so you go to the doctor and possibly the hospital, you get the treatment you need, even though overall you know you don't want to have to rely on such outside help, you wanting to be able to live your life without relying on such outside interference. And if you feel powerless and a failure, those are just more feelings you have to embrace and work with. You are like a ball of string that's all knotted up, and slowly through your Healing you tease out the ball so as to become aware of every knotty part, seeing why it has come to be like that.



So, in these difficult deep will healing situations, that's when you're picking away at the ball getting into the really bad knotted parts, using your feelings to tease out all the problems of how you are. So, it's not really about winning or losing, it's only about feeling and expressing the emotion of all the feelings to do with feeling like you are winning or losing. It always only being all the feelings in each moment so they will give rise to more truth of yourself, as you are to only uncover the truth of yourself, and so the truth of all your actions. So, God and your soul might force you to have to go to the doctor, to do the very thing you

dread and fear the most, all so you are able to connect more truly with all the deeply buried feelings in you, all to give rise to yet more truth of your unloving state.

By the end of your Healing, nothing of your rebellious creation will remain; and by the end of humanity's Healing, not one sign of its rebelliousness will exist. So your world collectively, and then you personally, are going to live through dramatic and conclusive overwhelming changes.

You will all do your Healing, and between the Angels and yourselves you will one day remove all signs of the Rebellion and your unloving ways from the Earth and the mind Mansion Worlds. So innately, being of rebellion, you fear on a deep soul level that your days are numbered. And so, any time your parents reject you making you feel unloved, that buys into your deeper fear of ceasing to be because you are living against God and Creation, against all love. You desperately want love from your parents, so you feel loved and not rejected, so not like you're about to be crushed or snuffed out of existence at any moment. Only all of love remains, because being of such true love, you are true, of the Truth, and all of the Truth will always be.

As a will you stand up to be counted in Creation, which you are doing as you heal yourself of your rebelliousness, so you are standing up to the Mother and Father and saying to Them, yes, I am your child, and yes I want You to please love me with all Your Will. And saying so, you long to Them for Their Love, you long to the Mother and Father for Their Divine Love to transform your soul into becoming divine; and you long for Them to perfect your Natural love by helping you do your Healing.

We will pause here James, and continue after you've had lunch...

By longing to the Mother and Father for Their Love you are setting out to complete your individuality of soul. To remain only of perfect Natural love you are in effect remaining only of the mind, and again one day all of the mind will no longer be, so all of you being rebellious in your minds will no longer be. And if you don't do your Healing you will face annihilation. All that's naturally of the mind, like nature and the Nature spirits and Angels will remain, but you are truth daughters and sons and so only your divine soul of truth will remain. So once you've completed your Healing: perfected your Natural love mind and will, then transformed your soul with Divine Love and become of a Celestial truth, you are guaranteed soul and personality survival, nothing can ever take that away from you, you'll always be necessary part of divine Creation.

As you currently exist in the negative, your parents are making you be as they are, they are not allowing you to individualise from them. By interfering with your will and imposing their will on your's, they force you to submit and be as they want you to be. This makes a conflict in you with you fighting yourself, fighting for your own freedom whilst trying to maintain all that they have made you be. This is the source of all your inner conflict. As adults you believe that you are separate and individual personalities, but as you will see through your Healing, you are far from it.

Paradise is for us the home of Soul. It is the Paradise of the Soul, its heart and more. Paradise is also the wellspring of Personality, for all personalities call it home. Those of my order reside in all varying parts of Creation, and we have our personal homes, but still when we listen to the longings of our soul, we know and feel that our true home is Paradise, the true home of us all.

You are in a very personal relationship with your Mother and Father, only you're not aware of it. And then on top of that you've got your mind making up all sorts of things about it based on your distorted relationships with your own mother and father. So, through your Healing and by partaking of Their Love, you start to become aware of Them being with you. It's all there already within you, the truth is all that you already are, only you're not connected with it in yourself. So, as you break down and remove your minds erroneous relationship with yourself and Them, the truth will come to the fore, and gradually you'll become more aware of all that you are, and all They are.

Paradise appears to be divided into an upper and lower half. It is not really as simple as this, but for our purposes we will use this simple picture. And so simply the upper half is all to do with the Father's personality, and the lower half the Mother's. But if we now reverse this, you could just as easily say the upper is the Mother and lower the Father. We only make one aspect upper because we seem to feel that Creation seems to stem more from the upper part, the Father, with the Mother's part mysteriously being more in a way, Creation itself. We feel that as we ascend Creation to Paradise, we are in a way ascending up and in through the Mother as we are coming closer to the Father, and that He is the face and hand that is



extended to us in greeting when we arrive on it. And yet somehow equally as we ascend we feel we are also reuniting with our Mother, as if we already know Her, and She too has Her hand extended to greet us upon our arrival on Paradise. And really it's more than Their hands, it's Their whole Personality that greets us.

For us in Creation, Paradise is the focal point of Soul and Personality. And Soul and its Two Personalities as expressed by our Paradise Mother and Paradise Father is the blueprint of all souls, as it is also the blueprint for all Creation. Creation is to become the ultimate full realisation, or full expression, of Their Personalities, so in away Creation is Their Personalities.

I will stop now James and that will be enough for today, thank you – Zelmar. (a Melchizedek from within our local universe of Nabadon)



Paradise by Gary Tonge

Infographics and diagrams have been added by Pascas.

29 June 2003

Zelmar, a Melchizedek: Hello this morning, let's begin.

Ultimately the greatest experience you can have is with your soul-mate. Loving your soul-mate absolutely, and your mate absolutely loving you, means the experience between you both is perfect and the fullest you can achieve. It is the maximisation of experience, you can't experience anything more than full soul-mate union. And as you love your partner, you are loving yourself 'through' them, as they are loving themselves 'through' you. As you love your soul-mate you are in effect loving your own soul through them, so your soul is fully loved by you both fully loving each other. Your soul then receives the fullest amount of experiential light it can receive, and it means it feels complete, so you feel complete, replete in your love for each other. The soul manifests two aspects of itself in such a way that the aspects as personalities can experience loving and being loved, and thereby affording the soul the opportunity to express itself in Creation and be loved by its expression. In doing so, the soul, that which is existential, can experience the fullness of experience, and so even in a way, its own existentialism; and love is both the ultimate expression of Light, that which is both existential and experiential.



So, when you love your soul-partner, you are also loving yourself. What you give, you receive. So, when you love your partner, you feel loved, you feel good, and so you want to love them more, so you can feel more love. What you give to them you are giving to yourself. If you give conditionally to them you are giving conditionally to yourself. If you give unconditionally to them you will receive unconditionally yourself, as they unconditionally love you in return. And when you are living completely true and perfectly expressing all the light of your soul, living full and absolute experiences, you will be giving and receiving unconditionally. Whilst you are living in the negative you are not fully expressing yourself, nor living true experiences, and so are giving and receiving conditionally.

Life revolves around you because of the nature of your will. You are the centre of your universe. You are 'Paradise' as Paradise is to the Universe of Universes. What you are is then made manifest in *your* universe, and so it is what you can only experience. If you don't like what you're experiencing, then it's all what's in you that you don't like, all that's making you feel bad. So, even if it's your body, other people, or outside things in the world happening that are making you feel bad, they are only making you feel bad because you

already feel bad, so you're relating to them that way because that's how you relate to yourself, how you were made to feel during your forming years. So if you can submit to all those bad feelings, allowing yourself to fully feel, embrace and accept them, then they will help you understand the truth of why you felt them as a young child. How it was for you with your parents and family in your early life, the influences of the world about you, all how it made you feel in each moment, all of which you have felt since then and all of which you still feel, yet most of which you've covered over and forgotten you felt. So, if you want to live true to yourself, then you must want to live true to all those bad feelings, so become what you are already feeling yet refusing to allow yourself to feel.

The Mother and Father are LIGHT, The Light of all Lights, which we experience as LOVE. They only express Light – giving and receiving Love. They are TRUE and PERFECT and ABSOLUTE EXPRESSION. They are the First Cause. They are constantly relating, expressing, loving and experiencing each other. They are the ultimate Pattern of Soul, the ultimate Soul-Mates, or as some people prefer to call them: Soul-Partners.

When you give your love, your full expression of your soul's light, your soul-partner accepts this light, your love, and receives your will. As this happens you experience this acceptance, and light from this travels back to your soul, so you do feel love and light coming back from your partner. In giving there is always receiving, and in receiving there is always giving. It takes an interaction of two separate personalities to create and experience. There cannot be an experience if one is not giving and receiving. So, when you give love and light it causes a vacuum to form, which in turn is filled up by receiving the equivalent love and light. So a balance always needs to be maintained. And the result is that you feel fulfilled, full of light and love from the experience, that it was worthwhile, satisfying, and you feel happy and good. And by experiencing this, you are always considering the other, always loving them with complete acceptance and respect, you see them as an equal to you and could never consider your relationship unequal. Neither will you or your partner feel that you are better or lesser, higher or lower, than the other. And likewise in this perfect loving state, you will both look into Creation and see that everything is like you, your equal, nothing being higher or lower.

In the perfected state you feel that your will is always being expressed, you simply do what you want to do by following your feelings, and you naturally love and give to all you come across. The perfection in love you feel with your soul-partner you just naturally apply to the rest of Creation no matter who or what they are, and naturally you will receive back the same.

Your wills, however, are not perfect. You were not allowed to grow up in perfect will expression. You could not give your love or receive love as truly as you wanted to. Your parents denied you your will full expression; they denied you giving to them your love, and your receiving their love. Your parents are in a way your soul-mate and Soul-Parents substitutes. They are to parent you in perfection, and had they, your whole system using them as your model, would be ready to receive and give love from and to your soul-partner and from the Mother and Father. If you had learnt to relate to your parents lovingly, you would have learnt how to relate to yourself lovingly, and in preparation for lovingly embracing your soul-mate. Instead, your parents did not help you prepare for such crucial relationships, so you are not ready to embrace your soul-partner, and so it won't happen. And nor are you able to readily and truly embrace your Mother and Father, so you have many difficulties in your relationship with Them. So, you want to be with your soul-mate and even your Mother and Father, but because you couldn't truly and lovingly be with your parents, so the pattern of your relationships is corrupted, you being unable to have perfect loving relationships, with at best having something of the distortion your had with your parents.

So, you marry and have children with an imperfect partner, despite how much love you may feel you have for them, all because that is the pattern of your relationship you had with your parents. So, your Healing is about coming to understand this corruption and distortion all in preparation for your perfect relationships, helping you to fill in the missing gaps in your personality expression.

Your parents, because of their parents, are themselves not perfect and not fully expressing themselves. They consequently can't unconditionally accept you; they can't perfectly and truly express themselves to you, and so you are only receiving something of a 'watered down' version of them, which in turn makes you develop into a watered down version of yourself. And even if you and your soul-mate being both in your watered down states were to somehow meet and know you were soul-mates, still you'd not feel the full and perfect love for and from each other, because you're not fully loving. So, people in their negative states who feel they are living in blissful love with their chosen soul-mate, are mistaken, it all only being more of their mind delusion. And what they are living is a relatively good fit with their partner so far as their imperfect selves meshing together quite well, suiting each other how they are in their untrue states.

From conception to six years old you are being conditioned into the same state as that of

your parents and the major influences in your young life. And so, you then relate to yourself and the world in that state, and so would also relate to your soul-partner in the same way. You are giving and receiving only how you have been made to, what you have learnt and been made to believe, and your self-expression is very restricted.

So, you need to do your Healing to rectify all of this. You will bring yourself back into your perfected and true unconditional self. Being absolutely unconditional will only come as a result of doing your Healing, it only coming when you are living the truth of being true to yourself. There is no other way. Some people believe they can make themselves be more unconditional, that being whatever they think being unconditional is, all of which is subjective to their mental understanding, which can't be done, as it's all still messing around with their mind.

You read in a book or are told that you should be a way you are not, it appeals to you, and so you set about trying to apply yourself to change into becoming this new picture of yourself that you'd like to be. But it's all only mind manipulation, and actually doing nothing so far as making you a truer person. You might be able to achieve some good results, at least you believing you are a better person for it, but it's not changing how you are from your childhood on deeper levels. You may have bad hurtful abusive relationships, then you apply your mind and 'change yourself' and suddenly you are having all loving, good and happy relationships, believing you have succeeded in changing yourself for the better. When all you have done is focus on other parts of your relationships with your parents, the better parts, parts in which you felt happier, rather than dwelling on all the bad parts as you had been doing before. You can pretend to yourself as many people do, that you are unconditional, and certainly some people are more accepting of others in some areas, but they will discover in other areas they are not as accepting.

In your soul-partner you have your perfect reflection, not physically, but on a will level. You will be identical of will. They shall reflect your image of will to you. As you look to them, you will in a way, see yourself. As you treat them, they will treat you; as you treat them, you will treat yourself. As you love your soul-partner, you love yourself. Love yourself as you will love your soul-partner. And when you do, you will be able to ask "love me as I love you", and it will be so.

By loving yourself truly through your soul-partner, and then all Creation, is the correct way to love yourself. It is unconditional; you are not trying to control it. You are not saying I will do this to get the love I need. You are loving freely with no condition, and love will

freely come back to you. Currently you love by condition, you do what you do so that you can gain love. You do what you do so you will feel good and happy. You do what you do so you will feel you have some power. You currently love for power. It's all about you and for you. It's all being controlled by your mind. And all because you don't feel naturally in control and naturally powerful, because you don't feel loved. You have children so you can gain their love – you make them love you. You love yourself for being able to get love. You do this and that for your own motives of acquiring love, and this is the wrong way to self-love.

When you are living truly with your soul-mate, then all you experience between each other is the whole of Creation. You are then the 'Mother' and 'Father'. All that you experience is what you create between yourselves, all that your soul creates, is the ongoing continual soul-light expression of your joint personalities. In this relationship you can know, because in your small personal ways you experience it yourself, the truth of the Mother and Father and Their relationship with each other, and with experience, and with Creation. They have made you in Their image. As this image you can *potentially* experience all that They are. When you are divine having partaken of enough of Their Divine Love and finished your Healing, you *actualise* the experience by being of Their essence. It is certainly a wonderful blessing. Being children of Their's naturally infers that you can one day be as They are, just as when you were a child one day you could be an adult like your parents. And so to it stands to reason that potentially one day you can create all They can, live and share all the experiences of relationship They do. And as to what this truth may literally mean, we will all have to wait until closer to the *end* of eternity.

It may now be obvious to you if you have given it some thought, that in the perfect situation, if you were parented by Celestials for example, you would grow up perfectly content in your life, fully giving and receiving unconditionally, and would need only the meeting of your soul-mate to add the other dimension to your life that you felt you needed for everything to then be truly perfect. And so you would wait for the Mother and Father to bring you together. And no matter how long this took, you would trust in Them knowing that when the time was right for you both, you would meet. And then when you met your destined partner you would feel completely replete, whole, and would never need to separate, divorce or have affairs, or seek to meet another you could be intimate with. Can you imagine being eternally happy with one other person?

Life, so far as relationships would go, would be much simpler. You would not indulge in all the sexual activity that you do, desperately trying to get love, acceptance and power for

yourself. You would not become embroiled in all the excruciating relationships that you have, tearing yourselves apart when they fail, or trying so desperately to cling onto that which is not right. Marriage would take on a whole new meaning. You would 'marry' your soul-partner and have a family all destined and in love, and all chosen and meant to be, all within the perfection of the Mother and Father's Will. You would not have the mess of your lives that you are all caught up in. Life is not meant to be hard or complicated, in fact the very opposite, it is as you dream, meant to be easy.

But you are all a long way from that. Seven worlds always! Seven worlds of unresolved issues, of hatred, of erroneous belief, of distorted power-plays, of hurt and pain, of feeling rejected and unloved, and all of that is a lot to sort out. How can you realistically hope to have an all-loving fully unconditional relationship with your partner and then your children when you are so screwed up? It is impossible. And that is why most people have no idea what life is about, why it often seems too difficult and fraught with many pitfalls. Why it simply just doesn't work. The torturous amount of strain and stress you put on yourselves, just in your sexual attitudes and approaches, is crippling. To have multiple sexual relationships will only result in a very large tangle. But to try and find your true chosen partner in and amongst all the tangle, and then stick to each other, is just as hard.

Look at your intimate relationship, can you speak openly about every aspect, every little annoyance, every niggling little thing you are angry about to your partner, and particularly if they are one making you feel all those bad feelings? Can you both be totally honest in your feelings with each other, having no secrets between you, keeping no feeling unexpressed, wanting to spend every moment of every day together because you only want to get to know the truth of each other? And if you do express your bad feelings to your partner, do they willingly and openly accept all you say, wanting and even encouraging you to bring out all that's making you feel bad, and particularly if it is all to do with them? And is there is no avoidance, no telling you how to get over it, how to fix your problem, no jumping in quickly trying to take over from you, to change the subject or to shut you down, no interference from them, they being totally supportive and on your side wanting you to bring all your pain to light?

And they don't react badly, getting angry themselves as you push all their buttons, as you trigger their unresolved issues; or if they do, they try to work at expressing all their pain when it's their turn, wanting you to listen to all their hurt and bad feelings so they can bring it all out to you so you can be sympathetic to their difficulties? Can you express all your pain to them without fear of them hating you, and without fear of ruining your precious

relationship in which you can't share and communicate every good and bad feeling with each other? What sort of intimate relationship do you want to have; and if you intend to have children together: how do you want to relate to them and have them relate to you; and will that include you wanting them to express all their bad feelings to you when more than likely it will be you or your partner making them feeling bad?

If you were to do your Healing with your soul-partner, it will all come out. Both of you will be turned inside out, every aspect of your personality and its expression would be scrutinised, all how wrong and untrue you are would come to light. And you'd possibly even come to understand that you hate each other, that you share little true love because you never got it within your families, so your relationship is not about being loving soul-mates together, but instead it is only a Healing Relationship, one that pits you against each other, that fully tests and squeezes and rubs each other up the wrong way, so to you keep making each other feel bad, all so you can express all these feelings whilst you long for the truth of them.

Nothing will be left hidden so you can be totally and freely honest with each other, always. You all long for this, and now it can be attainable: the way to your Healing and to come together fully united in love is being revealed. It will take a lot of hard work but you will be able to do it. The soul and its union of two will triumph; it has to because its pattern is based on that of the Greatest Union. By being part of the Rebellion you have been made to turn away from each other, with how you are rebellious being anti your soul-mate, rejecting each other, pushing each other away, and not able to come close being in true love with each other. And so this has to change, you can turn around and come back to yourself, because the pull of Paradise Love is the greatest force of all.

Let's finish now – Zelmar. (a Melchizedek from within our local universe of Nebadon)

30 June 2003

Let's start again, good morning, are you ready to continue? Good. So we will...

As you live, in a way you are living two journeys at the same time: outwardly, in space and time, being of experience, you will one day arrive on Paradise at the Centre of all Creation; and at the same time, inwardly, an inner journey not of time or space, one that's existential, in which you will *arrive* at the paradise of your soul. Your inner journey is matched to perfection with your outer journey, and vice versa, they both need to be lived so as to come to fulfilment. **Every experience you have in life is also taking you in closer to the heart of your soul, to your own universal centre.** When you stop to ponder this it is a remarkable thing, to consider that all that you are on the outside, every thought and feeling, every movement, everything you do, is all matched on the inside, and is in fact being done and lived on the outside because of the inside. You are complete. You are fully your own eternal wonderment unfolding before your very eyes, all pre-destined and perfect. And it surely boggles the mind to ponder that all you will ever experience is already existent in existentialism, and all that you have experienced that now seems only a memory and fading into the past, is still very much happening, is very much 'alive'. That nothing is ever lost, that in a sense from your soul's perspective you are living every moment at the same moment. **The track of your life existed before you walked upon it, and it still exists having been walked,** just as if you are nothing more than a fleeting thought. And yet it is as real as you are, so **nothing that you experience is lost or ends or disappears,** it is still all within you; **you are the sum total of all your experience lived to this date in the experiential, yet on the soul level of the existential you are the sum total of all experience you'll ever live, it all being in a way, already lived.**

Your soul does change. Initially it is like a bare slate with only your life-print being encoded in its heart, but once this starts to unfold and it begins to express you in Creation, then all that you express becomes lodged or reflected back into the circles about your soul's paradise. In effect through your own experiences you are building your universe of universes in your soul, as you live your way through the Mother and Father's Universe of Universes – Creation. So too it can then be said that you are more of a creator than you realise, for not only is your soul creating you in Creation, but it is creating *creation* within itself. All that you live will be *born* into your soul, and as nothing of your experience is lost, it all being within you, within your soul, so in theory you can access it anytime. It is all you, and the more you grow in truth and expand your soul-perceptions, which are an attribute of your personality that allows you to 'look into' or perceive your soul, the more you can access all experienced lived. So, it's conceivable that at some point you'll be fully

perceptive of your soul, so have on hand every experience lived to that point, it all being a conscious part of you, you being aware fully of yourself.

Your soul-perceptions can only awaken and then evolve as you partake of the Divine Love. They will remain limited through your Healing, but once Healed they will become a major part of how you perceive yourself, your soul-mate and all life; even life you've already lived, and possibly even to some extent life to be lived.

It can be said that in some ways you are 'ingesting' Creation and making it yours, just as you ingest food and make it a part of you. So on the surface of it we are all living in a single Creation, but through our myriad of unique personal experiences, we are all, those creatures with souls, creating countless universes, countless creations, within ourselves, each experience in a way being a *creation* itself.

If we were able to live in the soul zone and journey between soul and experience, we would be able to enjoy the fun of visiting an innumerable number of creations, of universes, all being produced by ourselves from our experiences. And so from this level of reality, Creation is truly limitless – so even existential.

Imagine, and this is only a fantasy that is speculated by some, to perceive the destiny of the mortal soul, it being that when you have experienced all experience as you can, as you are, and your soul would have created all 'creation' within it, then you might become Heavenly Parents, Gods, yourselves. And with the pattern of your Creation being centred on the paradise of your soul, that which has been derived from all you've experienced. So the experiential then becomes the 'creator' and even possibly the pattern of or for the existential. And then you would have children, your own Eternal Son of Truth and Infinite Daughter of Mind perhaps, and so on bringing into existence other mortal souls who become conscious upon incarnation upon some world in your Universe of Universes. And, as I have touched on earlier in our writings, some spirits speculate that perhaps this has already happened, and our Heavenly Parents were long, long ago just as you are now, having been incarnated into a material world, and perhaps even one of rebellion. So perhaps, there are lots of other Heavenly Parents with Their Creation... and on and on one can go speculating all sorts of things with the mind. Which again is all very well when you are of a true and perfect mind, however, as you are in your imperfect and untrue minds it only serves to send you off deeper into your mind delusion. So, I won't go on with it any further.

From reading *The Urantia Book*, you can get a feeling as to the sequence of Creation being

created by the Mother and Father. And how They have personalised many specific and united attributes of Their Personality. This personalisation has then enabled Them to give of Themselves completely to Creation so that They need only love us and need do nothing in a hands on way Themselves. They leave the running and order of Creation to those of us who are these personalised aspects of Themselves. They delegate everything, nearly every aspect of Themselves, with only Their Love reserved entirely for Themselves. They support and guide us, love us, and allow us the freedom to do largely as we will within the parameters of their Soul's Creation. And so the various levels of Creation can be seen as the manifestation of Their Great Soul Circles. Starting with the Central Universe Havona, then the major and minor Superuniversal levels, followed by the upper and lower levels of the Local universe, and then finally the Mansion worlds and associated Earths.

With each level there is a stepping away from Paradise, the ideal of Perfection, as seen manifest in creature personalisation, lessening so to speak, moving down to you at the bottom rung, the mortal soul who is beginning its existence in Creation on the furthest outpost from Paradise Perfection, and is therefore the most prone to influences that can lead to imperfection.

The Seven Circles denoting the *separation* of Creation thus far are very distinct, as are the personalities that rule and oversee them. And as the Mother and Father unfold Their Soul-Light Pattern from in to out, you are laying down the foundations of your inner soul universe from out to in. In time all of your experiences will be contained in the relevant soul circles within your own soul, and presently you are building your own creation of experience in the seventh or outer most circle, all being done by the incoming creational-light from all you experience.



Also, as we look back to Paradise we can see the Third Person of Deity, the Personality of The Daughter of Mind who on a lineal perspective *surrounds* the Second Person of Deity, the Personality The Eternal Son of Truth, who in turn *surrounds* the First Person's of Deity, Personalities of the Mother and Father. So we see that Paradise itself is thus composed of Three Grand and Supreme Circles. And so if you could see into the paradise of your own soul, there would be the same three grand soul-paradise circles. And so accordingly, as you experience these Deities, so too are you forming their foundation within the paradise of your own soul. But how do you relate to these Deities, how do you have experiences with them?

As you know, to some extent this is done with the Mother and Father, through the presence of your Indwelling Spirit and through the partaking of Their Divine Love, but what may not have dawned on you yet, is how you relate to and experience the Eternal Son and Infinite Daughter is through your heart and mind – your experience of truth, being with the Son, living and being that truth; and through your mind, being with the Daughter, through your thoughts, feelings, beliefs and behaviour, all how you outwardly express your personality, yourself. So as you live and express your truth, and as you use your mind, you are relating to the Son and Daughter. And as you love and feel loved, you are relating to your Mother and Father.



The experience you have, that you live with your heart, via your feelings and emotions, and the experience you have with your thoughts and beliefs, are very important. For contained within them are your ongoing relationship with the Second and Third Persons of Deity. When you are truly expressing all your feelings and growing in truth from doing so, through that truth you are on a personality level, so personally, actually getting to know the Eternal Son of Truth. He is all Truth, so the more truth you become and live knowing what it is like being of such truth, the more you are actually getting to know Him, knowing how He is being of that same Truth. As you ascend the levels of Truth, you could say you are ascending and evolving up through the Truth levels of the Eternal Son. And He knows you are growing in Truth, He is intimately aware of you doing so, as He is getting to know you. And even though you are not currently aware of the relationship you are having with Him, as you get closer to Paradise you will, and so you will be looking forward to meeting Him in person on Paradise.

And then it's the same as your evolve your mind based on your truth, for them you are literally getting to know the Infinite Daughter of Mind, and She is getting to know you. And you will enjoy meeting Her too on Paradise. And you have to first meet Her, and then the Son, before you can meet your Mother and Father.

And so, do you see that by being of the Rebellion and denying your feelings and dishonouring your mind with erroneous beliefs and thoughts and making it behave in an evil way by dominating your feelings, you are not only doing yourself a great disservice in rejecting your true self, but you are also dishonouring your relationship with the Infinite Daughter and Eternal Son by rejecting Them. So you are rejecting the God of Mind and the God of Truth, and because of this, you are also then rejecting the God of Love, your Heavenly Mother and Heavenly Father.

So, in this state you can never be truly happy, you can only contrive a certain happiness based on the rebelliousness of your mind and by living against the truth and love of yourself. And so until you sort out and bring back into alignment your relationship with yourself and all of Paradise Trinity, you will never feel secure, content, happy and loved. So, as you are currently living, you are basically telling Them you don't need Them, even that you hate Them, and telling Them to fuck off out of your life. But turning your back on the Deities that created and govern your life is not a good thing... which is why you feel bad.

By not living true to your feelings and, therefore, by not having true and perfect thoughts, you are choosing to live against these Person's of Perfection, and so you are choosing your will over Their's. So you can see that there is more to living in a rebellious state than perhaps you are aware, not only are you living rebelliously against the Will of the Mother and Father, but also against the Will of the Son and the Will of the Daughter. **You are living in serious denial and disrespect of the Holy Trinity, the true and real Holy Paradise Trinity.** You are saying to Them that you know better how to live, better than They do, which is not really a good ego state to be in. **To snub the Gods is not going to get your soul advancement very far. Being rebellious is not good for your soul.**

As you do your Soul-Healing you will be rectifying your mind, changing your beliefs and behaviour, stripping away the wrong ones and purifying your thoughts. You will also be attending to your feelings understanding that it is paramount that you express them all so that the truth contained within all experiences can surface within you and remain in your heart. You will be learning to honour and deeply respect all of your emotions, all feelings, all thoughts, all the right beliefs, just as you will be learning to respect yourself, your soul-partner, your soul, and the Mother and Father. And as you respect your mind and heart, as they come into perfection, you will be rectifying your relationship with the Eternal Son and the Infinite Daughter, the God of Truth and the God of Mind, and also with your Mother and Father. Your will shall be Their Will, as it will also be the Will of the God of Love, the Mother and Father. And to be able to live wholly of love, you first need to perfect your

mind and then your heart. If you start to perfect your mind and heal it of all its imperfection you will begin to feel it wanting to serve truly your heart and support your feelings. You will feel it let go of the wayward control it has over you – your soul, heart and truth. It will bend and break and let go. It will relinquish its hold on and over you; and as it submits you will feel more free to seek and find the truth you will feel you want to know. And so the truth will come. With then true support from your mind, your heart will begin to open and truth will come, and life will cease to be an eternal mystery. Things will start to make sense to you, you will see things and know what they mean to you, and you will start to know what is right and what truly is wrong. And most of all, you will begin to feel as though you are moving back into perfect harmony with all – with Creation, yourself, and all of Them. So with each step of the way you relate truly to your mind and then your feelings, and then your life in general, with increasing love you will be furthering your relationship with the Paradise Trinity.

The mind needs the stability of truth around which to weave its expression, just as the artist needs his canvas on which to paint his picture. But what it does mean is that it is your mind that is most prone to imperfection. The truth will always be the truth, and the truth is always perfect, the canvas will always be the canvas, but the pictures you may want to paint on it can be endless in number. **The mind experiences a ‘different type’ of freedom to that of the heart, and in doing so it can be made to fail in its true service to the heart and truth, and be forced to dominate them. But it can only do this if at first the heart of truth is somehow depressed or denied. The mind cannot of itself just choose to go off on its own.** First of all the problem must come from the truth being dismissed and not wanted. And as you are the Living Truth, when your parents dismiss and reject you, they are not wanting you, so not wanting the truth that you are, not wanting your heart, you the true person you are. And the heart and truth cannot decide to be dismissed, it has to happen to you, a stronger outside force has to be applied to you, and to you when you are forming and coming into being. **Once you are an adult, you are fixed, and if your heart and will are denied too severely you simply die and move into spirit, but as a malleable child, that is when all the damage is done.** So if you are not loved, your heart is crushed and your mind is forced to take over, to fill in the gap, to try and compensate, so it does its best to pretend it is the truth and make beliefs so you believe you are loved.

So do you see, you need your parents to be true expressions of the Paradise Trinity. They need to be loving, true and with their mind in its rightful place. And if that happens, then through your parents, you will bring your love, truth and mind into being in perfect Natural love, thereby starting your true relationship with the Mother and Father, Eternal Son and

Infinite Daughter in yourself and through your parents. And then you would naturally relate to Them in all of Creation, through all of your experiences. However, you didn't get this, it all became corrupted, and so look at how unloving you are on your world, how much you damage Nature, how much you destroy and corrupt your own nature.

And so your parents have not loved you as you and your soul needed, consequently they rejected your feelings and your heart of truth. And then your mind, your poor innocent mind, has been cast adrift, with no home, no security, alone, afraid and desperately not knowing what to do or what to believe or what to think. And so it is forced to clutch at straws, clinging desperately onto all that your parents are, all that your family and society 'feed' it, most of which is anti it, anti yourself being the truth, and anti love. So how can you expect to have good loving and true relationships with your mind not being in its rightful place?

So do you see, this is what the Evil Ones first did to humanity, they being the *First Parents* spiritually of your world, and now you as *first parents* having taken over from them are the ignorant evil perpetrators. The first Evil Ones denied you your connection of love, truth and mind with the Paradise Trinity. In severing this they led you to dismiss your feelings and so to rebel against the Eternal Son, and then they worked on your minds which were very vulnerable and easy to coerce, turning them further against yourself and your heart and love, and so they corrupted your relationship with the Infinite Daughter. And now with every child this is the process that occurs **resulting in your complete denial of the Wills of the Trinity, complete denial of the God's, and denial of your own soul.** And all with the result that you are now evil, sinful, wretched and depraved. Your mind has taken over control of your feelings having been forced into the negative way of functioning, that being to serve your ego and not the truth in your heart. **Your mind has become self-serving, it feels no connection or love for your heart, it has been made to do what it can only to try to protect itself, all that it believes is you.** Still in this negative way it believes it is serving you well, and it is if this means keeping you well entrenched in the negative and anti your own feelings.



Your mind was made to feel desperate about survival, it needed to *go the other way* which was actually deeper into the clutches of the Evil Ones, all so it could gain a foothold on what it believed to be stability so as to keep away the darkness and fear. And yet, instead of being its true light, it is now of that very darkness and fear it believed it was avoiding. It groped

and grasped onto whatever it could, with only one aim in mind being to survive at all cost, because the threat and fear of death, of oblivion or annihilation, was too great. What would become of it if you died, if you perish, so it must strive to keep you alive at all costs. It must hold onto the reigns of control ever so tightly, it must, it must, it must, I must, I must, I must not let go... And how hard is it for you to let go, to even die, you must stay alive at all costs. Which is really saying your mind must stay alive at all costs.

If your mind could have its negative way you would live forever in flesh, it would not relinquish one belief and would seek to keep you alive just as you are forever. But things keep going wrong. Things threaten its control all the time, the fear is only just held at bay and is always there pressing to consume you, to wipe you out, to kill you. Hold on you must! Keep going as you are, don't worry about the hiccups along the way, what is a little disease, we will conquer all given the time, we with our minds must press on, relentlessly on... we cannot rest; we must always be busy, go, go and go some more. Don't stop or the fatal thing may happen, even the thing worse than death, we might have to look at ourselves and examine our evil state, and we might see the wrong, the negative, and then what would we do?

Your minds have taken you off on a very wide tangent, you are very far from the realities of living true to the Will of the Paradise Trinity. And so at some time you are to begin to heal yourself by accepting that you need love, and that it will be through love and with love you will set your heart and then mind free. And so you will **need to long to the Mother and Father for Their Love: for Natural love to come to fill your heart; and the Divine Love to come and fill your soul.** You need to ask Them for help, because no one on your world is in a state of love themselves to be able to give what you need to heal yourself. To ask each other is demanding a lot, you can of course ask and can give what little you have, but it is only the Mother and Father who can give you all that you have lost. Go to Them and ask Them for Their love, it is too late to go to your parents and ask them, and they cannot give what they do not have, for had they had it, they would have given it. Your Mother and Father have a lot to give, no amount is too great for Them, **NO AMOUNT!**

And this brings you back to doing your Healing. Your Healing being you wanting to understand and then accept the evil state you're in. Your mind is trying to push it away, to make you pretend you are not bad, wrong, evil, untrue and unloving, it tells you all the opposite. However, your mind is false, it's not true what it is telling you, its lying to you. And what is true is that you are all those negative things, and so that's the truth you have to want to accept about yourself. If you can, which you do through your ongoing bad feeling

acceptance, understand how wrong and bad you are, then at least you are being true to your evilness. You are no longer trying to hide it or run away from it, you are it, and you accept that you are. And this is truly connecting with yourself, it being more truly loving of yourself. You're coming back to yourself admitting and acknowledging that you are not right, coming out and saying that you are wrong, and admitting and accepting that you can't do anything about it.

Through your Healing you can't actually change yourself from being bad to being good. You only know trying to change yourself being something you do by using your mind, however this is just more of the wrong way of being, as again it's making your mind have more say and control. True change comes only through the truth, so as you truly accept the truth of how wrong you are, then you will change. As all the things within you come to light that are wrong: how you unlovingly express yourself in your relationships, how you don't connect properly, how you're too caught up in the controlling ways of your mind, how your behaviour is not as true and loving as it could be, you come to understand that you can't change any of these things, you can only become more aware that you are doing them and how they came about, how your parents made you do them, allowing yourself to accept yourself being these bad ways.

The change you can do through your Healing is changing from not accepting that you are wrong and untrue, to accepting that you are. Doing that in every small part of you that you come to see is not right. So you come out of your falseness of pretending you are okay, to fully accepting and understanding and being completely aware that you're not okay. And knowing all the aspects of yourself that are not right. And that's it, that's how you are, it's how you've been made to be, it's even how God wants you to be whilst you're in your negative state, and there is nothing else you can do. So you accept how wrong, bad and unloving you are, and keep expressing how being this way makes you feel. You keep longing for the truth and expressing all your feelings of self-acceptance of your untrue and negative state. And that's all you can do. And then once done, the Mother and Father through your soul will change you out of being untrue into becoming true, this being your soul transformation out of the Rebellion and Default. So all the things wrong with you will no longer be wrong.

Self-acceptance is the key, and when you feel fully accepting of yourself, that is you truly loving yourself, being loving of yourself even though you are totally wrong, untrue, evil and unloving. Accepting all the bad stuff about yourself.

However this acceptance of your self has to come naturally through the growing truth in yourself about your untrue state. You can't contrive it using your mind, as that false self-acceptance is not real, it's not the truth of how you really do feel about yourself, so it's just a waste of time. And it's going to take possibly the whole of your Healing, right the way to the end, before true self-acceptance comes to you. Because up until the end, you'll still be trying to not accept the horrible truth about yourself being rebellious. And when your true acceptance of yourself starts to come, it will make you feel good that you are no longer having to keep pretending you are something you are not.

The moral soul being created in the image of God is the closest to God that we can observe. By this I mean that within you we see the best representation of the Trinity Deity and Their Attribute Expression. Simply you have a heart with which you know the truth, and mind to understand it, and you have something else, the Indwelling Spirit of God, the personal representative of the Mother and Father's Love. So within you, you are the walking Godhead. You are the expression of the Mother and Father, Son and Daughter. You are a *family* unto yourself. You are a trinity creation, meaning you represent the Trinity in all that you experience. And in all that you experience, so to do They experience. So when you long to be at-one with Them, you are longing to be at-one with Them all.

This has over history caused you some confusion. First of all having moved to understand that you are not a God, and that the Gods are more than you know, and then to understand that you can relate to all the Three Gods, (I include the Mother and Father as one – being of One Soul), and yet you feel only One God, and Jesus came and spoke openly about only the Father. All of this has been rather confusing and continues to be, but this is just how it is, and with the correct understandings of things, and of God which will come to you through your Healing, you can willingly accept all and know Who is Who. It is just more convenient to speak of God meaning Them All, and then if specifically referring to individuals, doing so when the need arises. However speaking about Them as God does not give one the feeling of knowing Them personally. And this was what Jesus did by introducing personally his Father as his Heavenly Father, He being a personality you can get to know whom dwells not on this world but in Heaven. And with Jesus declaring he is His son; and is not God himself, not god incarnate, as some people and mind spirits want to incorrectly believe. And as you know, to fully experience, you need to do it through personality interaction, and so to fully experience the God's, you need to be introduced to Them so you begin a relationship with Them, steadily getting to know one another. And this is the most remarkable thing: that each of us gets to know Them personally. Very personally, that They are our Parents, and love us very dearly. Your conquest over your negative state is one of setting out to get

to know These Person's as intimately as you can. You and Them. Your Healing is all about yourself, uncovering the truth of your evilness, and then once that's done, the truth of you being a truly loving person. You can of course have helpers and teachers or way-showers, guides to help further your relationship with Them, but the beauty is, it's all between you and Them and no one else.

Most of all, it is how much you want to know Them and want Them to know you that matters. For anyone or anything to step in the way of your personal relationship with Them and say you can only know Them if you believe this or that, if you behave this way or live that way, is not only wrong but will cause you even greater restriction in your freedom to experience Them openly, generously and sincerely. **No one should tell another what to do, for this is exactly what the Evil Ones did, and what you all do to one another.** And with your own mind constantly telling you what to do and how you should be, having taken over from your parents, you are stopping and inhibiting your own natural, personal and intimate expression from occurring with Them. You are doing yourself a great disservice and it will only result in pain and more suffering. You have bound yourself up in relating wholly to yourself from the negative, not allowing yourself to experience love, truth or the real joys of your mind. And this will only keep you in a very bad state of self-rejection.

Evil Ones



Rebellious Lanonandeks

Infographics and diagrams have been added by Pascas.

Jesus and Mary's soul are different in design than yours. They are a Michael Son and Daughter soul, and within their soul is expressed only the two of the Primary Aspects of Deity. They are of the Mother and Father and the Eternal Son. So they are the Living Love of the Mother and Father and the Living Truth of the Son. They are love and truth. They do have minds, but their whole focus in life is increasing attainment of love and truth perfection, they are the bastions of their universe, the upholders of truth and love, in them you can see the Truth of the Son and the Love of the Mother and Father. And so it is true that they are the Son and Daughter of God, as they are the Son and Daughter of Man. They are your backbone, your strength, your truth, and they have all the love of the Mother and Father to give, and all the truth of the Eternal Son to give. They are pure truth and love, as pure and perfect as it can be in Creation.

You being Ascending sons and daughters of God. I said previously that you express the Trinity, however I was including the Indwelling spirit, when really your souls are the same in self-expression as those of the Avonal Sons and Daughters, being expressive of the Eternal Son and Infinite Daughter. **The core of you is of the Truth and Mind, and then with the addition of the Indwelling Spirit can you relate to the Love.** So you in fact relate more to the Eternal Son of Truth, and the Infinite Daughter of Mind, which you express in your relationship within yourself between your heart and mind, and then with each other. You are really all concerned about the truth and mind and their relationship together within you, which is all the difficulties you have through your Healing by sorting out this relationship that has gone awry. Mary and Jesus are only concerned with the Truth and express it Lovingly. You are concerned with the Truth and using your Mind to understand it, so you have to develop the correct relationship between the Son and Daughter within yourself, the correct relationship between the truth and mind, between your heart and mind. And because you are in rebellion, you live actually pitting the Son and Daughter against each other within yourself by making your mind take over and dominate the truth, when your mind should work in support of the truth, doing all it can to help you grow in truth, and not preventing you from uncovering truth through your feelings by standing in your way and making you believe a lot of falseness as 'truth'.

And with the Avonal pair now on your world, they too expressing the Son of Truth and Daughter of Mind, you actually are far better suited to relating to them than you are to Mary and Jesus. Mary and Jesus effectively being only the Truth (with Love) are too far removed from you, you receive a lot of truth from them which you know you are to live and want to aspire to live as they do. But it's very difficult for you because you are not of the same soul structure as they are. Whereas with the Avonal pair, they are really more like

your true older brother and sister in truth and mind, and people you'll find are much more like yourselves, so easier to relate to. And it's also because of this why they are the ones who come and help reveal the way to sort out the relationship between your truth and mind, shedding light on the Healing. And it's also because of their soul structure that they are able to bestow themselves into the Rebellion and Default, taking it on, and then working their way through the Healing of it. And as they do that, so they can then share their truth and mind understanding about it with you, so you can follow them. You really are created to follow more personally the Avonal pair, they are really the 'rulers' of your world; then with everyone in the universe, including the Avonal pair, following Mary and Jesus, as we all live in their universe.

So for you to have Mary and Jesus who are in many respects too unreachable because they are too high in truth, too far away or removed from you, has caused you even more problems than just being in the Rebellion itself. Had you not received Mary and Jesus and only an Avonal pair, then things would have been more straightforward, they would have revealed the truth that you are in a Rebellion by Default, and how you can heal yourself of it, all the while pointing you in the direction of Mary and Jesus and the Mother and Father. And you would not have built your massive Christian religions based on your misunderstanding of only Jesus, and all about Jesus who you can't possibly know or understand or even in many ways relate to, because he is of a different soul structure to you. So your Christian religions are based on a mind contrived fantasy Jesus you've made up for yourselves, whereas Jesus the actual man and Son of Truth and Son of Love is nothing like you imagine. And then you've missed out Mary Magdalene altogether, when at the very least for you to have any hope of understanding them as personalities, you need to relate to both Mary and Jesus and not just one or the other.

So really it could be said, you missed the point of Mary and Jesus, you know they are important (or at least Jesus is) for some reason, and yet some people believe he is God, when he is not the Father, he is the Son of God, because He is expressing the Eternal Son. And to confuse matters more, Mary is a Daughter of God, she being the feminine expression of the Eternal Son, and not a Daughter of the Infinite Daughter.

And because Mary and Jesus are so removed from you, both on the Truth level and personally, it is the Avonal pair that you will need to focus all your attention on if you do sincerely want to end your rebelliousness. Mary and Jesus didn't, and can't, reveal the Mind side of how you do your Healing, and all that's involved with understanding what being rebellious is. Mary and Jesus being of the Son and Mother and Father, are too perfect, they

can't bestow themselves into a Rebellion taking it on personally by personally becoming rebellious as the Avonal pair can, because if they were to engage a Rebellion that way, it would mean the whole of their universe would also have to engage and so become of the Rebellion. They are the Living Truth, so if they decided to rebel and their truth was then rebellious, then the whole of their universe would also have to rebel because we're all following the truth that they are. And it's not in anyone's best interests to have the whole of Nebadon suddenly becoming rebellious, for Mary and Jesus to rebel against the Mother and Father within themselves, and against the Mother and Father Themselves.

But the Avonal pair can do that, and it's what the Avonals are created to do, they can go to all the rebellious worlds, incarnate and grow up like everyone else does, by being parented into and so becoming of the Rebellion, and then living rebelliously coming to the point within themselves whereby they feel something is very wrong, and then setting about finding out the truth of what that is. And that longing for the truth of themselves, the truth of the Truth that is already within their Paradise soul, will lead them out of the Rebellion and back into their perfect true state, bringing the relationship between their rebellious mind against the truth back into alignment, with their mind wholly supporting their feelings and truth. And thereby being able to present to the world the truth and understanding about the Spiritual Healing. And because on Earth due to Mary's and Jesus' coming and their making the Divine Love available, the Avonal pair also have to include all Mary and Jesus said, all who they are, and so sorting out all the added problems humanity has inflicted itself with and added to its rebelliousness by looking to Mary and Jesus the wrong way.

And so James, my writing with you about all of this is another part of your 'mission', because unlike Mary and Jesus who needed no help from anyone else in Nebadon to complete their bestowal lives on Earth, the Avonal pair need help from everyone. The Avonal pair are like the common man's Son and Daughter, whereas Mary and Jesus are the 'Queen and King', and so we Melchizedeks are to be an active part in your life, as are the Angels and Nature spirits, many other mortal spirits, including many of the Celestials, and even Mary and Jesus themselves. The Avonal pair are really the bridge for all of us to get to Mary and Jesus. We all have to 'go through' the Avonal pair so as to get to Mary and Jesus. And by embracing the Avonal pair we are embracing the Eternal Son and Infinite Daughter, and then having 'found' the Son and Daughter, we look to Mary and Jesus so they can then point us in the direction of love, of our loving Heavenly Mother and Father.

So Mary and Jesus didn't reveal the truth about the Rebellion in its entirety, nor did they reveal the truth about how to heal yourselves of it. It wasn't their place to. And so

humanity has had to wait until now, having to rely on the Avonal pair to come and sort out all the spiritual confusion, to show up and shine light on all the untruth, to show how the mind is used to deny feelings that has the effect of denying natural truth revelation in the individual, all of which then keeps you bound up in the Rebellion. And when the Avonal pair has fully healed themselves of being rebellious, then with their Spirits of Truth thus empowered, those Spirits of Truth will be poured out over the whole of humanity so everyone can 'tap into them' using them to help them follow in the footsteps of the pair by doing their Healing as the pair did their Healing. So, through your Healing, the same truths will come to light within you through the assisting Avonal Spirits of Truth, as came to the Avonal pair whilst they did their Healing. And you need to live these same truths as the Avonal pair if you ever want to ascend the Mansion Worlds and attain Natural love perfection. Then once your Healing is finished, you can enlist the Spirits of Truth of Mary and Jesus, those which include the truth about longing for the Divine Love, and you can long for and receive the Love and so transform your Natural love soul into becoming divine, which then grants you entry into the divine Celestial levels of truth.

So being on Earth, you need the Avonal pair to finish their Healing. Only a very small handful of people actually know and accept the truth that the pair is currently on Earth and doing their Healing, and in their small way are helping the pair with their Healing. Most of the world remains totally ignorant of the pair, and yet the salvation of everyone's soul on Earth depends on the Avonal pair completing their Healing. Erroneously you look to Jesus as your saviour, when really you should be looking to the Avonal pair. And those people who will continue to insist that only Jesus holds the key to their salvation will remain bound up in their delusion about Jesus, caught up in their mind love of their fantasy Jesus, still moving along in their mind's rebellious ways, and missing the truth from the Avonal pair that will be all about how to actually save yourself by doing your Healing by bringing to light the truth of your rebelliousness. The pair will tell you that you have to become true to yourself in your negative state, to stop using your mind to pretend you are not rebellious, when you are. And so to look to all your feelings, and in particular your bad ones, to accept and express them all as you want to uncover the truth of why you're feeling bad. And the truth of why you are, is the truth of your rebelliousness. So, you have to wake up and fully connect with yourself in your evilness, owning it fully, being wholly responsible in it, and understanding how it came about and how you took it all on, which takes you into the truth of your unloving relationship with your parents. This truth I can now write for you on behalf of the Avonal pair as I have been doing through these writings, for this is what they will tell you. Whereas this truth and understanding was not what Mary and Jesus could reveal to you.

Heavenly Mother & Father LOVE



TRUTH MIND
Eternal Son Infinite Daughter

Creator Daughter & Son are of Love and Truth .

Avonal Daughter & Son are of Truth and Mind .

Nature is of the Mind .

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love .

Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son .

Indwelling Spirit  LOVE

The Christians believe Jesus will come down out of the clouds and save them, however that's only their fantasy Jesus, for the real Jesus, the spirit, will not be coming back to Earth in this capacity. Mary and Jesus have told you James they will come back to Earth one day way in the future through the Morontial Temple after it has come to Earth 'out of the clouds', when they come to visit Earth as they routinely visit all the material worlds of Nebadon. And Jesus has told humanity through Mr. James Padgett that his coming and speaking to Mr. Padgett was in fact his Second Coming of Truth. He revealed the truth about the availability of the Divine Love and how it's with a sincere longing to your Father that you can partake of it. And Mary and Jesus will speak at length with you James, it being an extension of their Second Coming of Truth, and through you as you progress in your Healing, so they will be able to use all you come to understand to further their revelation to humanity.

So there is a lot riding on the soul of the Avonal pair. If they were to fail in their mission of doing their Healing, then humanity would have to await another such pair before anyone on Earth had any chance of doing their Healing and ending their rebelliousness. However, it is very unlikely the Avonal pair will fail, and so the doorway is progressively opening allowing the light of truth about the Healing to start shining on your world.

Speak to you soon James. Zelmar. (a Melchizedek from within our local universe of Nebadon)

By suppressing and rejecting our feelings, consequently, our mind based assumptions are 98% in error, as is our 'thinking'!

Paradise Trinity

Heavenly Mother
and Father
'Love'



Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only the two of the Primary Aspects of Deity. They are of the Mother and Father and the Eternal Son.

Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.

LUCIFER REBELLION HAS ENDED, and now REVELATIONS for HEALING are HERE:



Lucifer soulmate / partner pair



Satan soulmate pair



Caligastia soulmate pair



Daligastia soulmate pair

Lucifer soulmate (Lanonandeks) pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair of Lanonandeks), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they spectacularly failed.

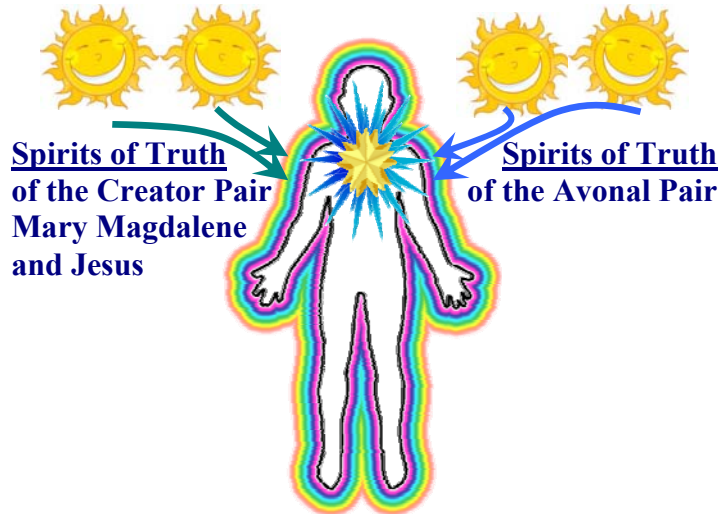
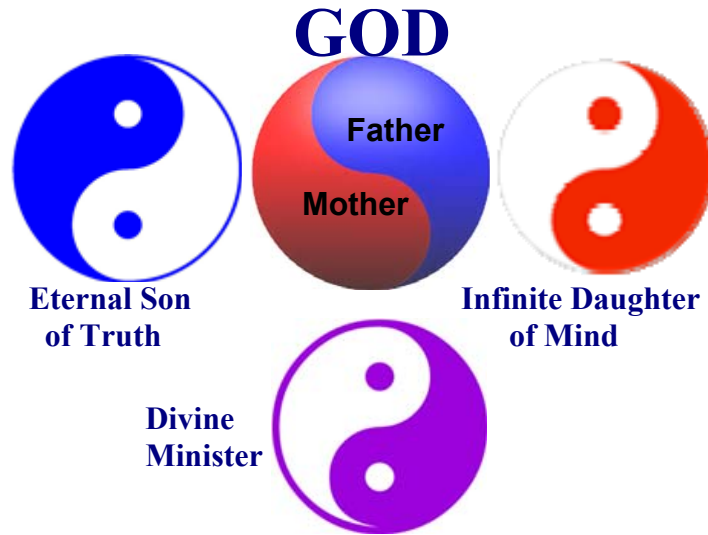
About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on Earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

Caligastia had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, a Lanonandek, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!





Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This comes through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

Infographics and diagrams have been added by Pascas.

1 July 2003

The whole of the Local universal structure is for the ascending mortal. It is all for you. In fact the whole of Creation as it currently exists is all to help ascending mortal souls from the many material worlds ascend in truth to Paradise. Creation, as *The Urantia Book* tells you, is one gigantic Ascending Mortal Scheme.

We are all here for you. Everyone and everything is at your service, although that doesn't mean we simply give over to you, we are always doing what the Paradise Trinity want, and so for now They want you to experience being part of the Rebellion in this localised part of Nebadon, and so that's what we're doing for you. For the past two hundred thousand years we have consistently worked to help you evolve your rebelliousness, and now we Melchizedeks are able to help you begin your Healing. Hence my writing with you James. We work in conjunction with the available Spirits of Truth. So we work with Mary's and Jesus' Spirits of Truth, and now we're helping to 'bring online' the Spirits of Truth of the Avonal pair. These Spirits are the pattern of truth for the individual worlds (Avonals Spirits of Truth) and then for the whole of Nebadon (Mary and Jesus' Spirits of Truth). We all look to them to see the way to go, we all look to follow them. They are fundamental in the well being of us all. Without them there would not be a Local universe such as this one. The Paradise Sons and Daughters love us all as if we are their own children, on loan as it were from the Mother and Father. And so they like to see us, and do respect us, as their brothers and sisters of truth, acknowledging us all as children of the Gods.

Along with the coming Avonal pair, the other most needed thing to help humanity is for people to willingly accept and embrace Mary Magdalene as Jesus' equal in truth and soul-mate. You reject the Feminine Aspect of Truth as seen in and expressed by Mary. This being yet another great limiting factor of the Rebellion. You don't include any understanding of the feminine spirit partners of the Evil Ones, nor do you include Mary. You understand about Lucifer and Satan, but what about their soul-mates, their other halves, and how instrumental have these hidden feminine evil spirits been in shaping the course of the Rebellion.



Who do you think it was that coerced Eve into defaulting, do you think it was Satan or Lucifer, would Eve listen to such male spirits as much as she might listen to their female partners? It's been, in fact, the unseen evil women spirits who've had far more of a hands-on negative influence on humanity than the men spirits. The four evil women spirits (the partners of Caligastia and Daligastia were involved too) have worked to turn women against

the truth of their feelings, so mothers then turn their children against themselves. And as the boys grow up, so they too have taken on their evil role of dominating women, and now even supporting those women who want to dominate and be their equal, as you are seeing through the feminist movement. **True liberation of the woman (and man) will only come when women start to fully honour all their feelings** as I have been talking about, then women being mothers will be the greater influence on their children in helping them to not be so rebellious. And as women (and men) one day become fully Healed, then in such perfect and true relationships will women and men parent children no longer inducting them into their rebelliousness.

The evil women spirits drove the personal and more intimate level of the Rebellion, whereas the evil men spirits drove the impersonal and bigger picture side of it.

Jesus says in the *Padgett Messages* in the Prayer for Divine Love that you are the most wonderful of the Father's creations, and this is because ascending mortals are the only creation thus far in Creation able to experience the depth and breath of all Creation has to offer. You are easily able to experience the imperfection of any rebellion, just as you are able to heal yourselves of it, just as you are able to experience all levels of perfection; and from that of the lowest earth level right the way through the whole of Creation to Paradise. No other creation can experience so much varied experience. I look at you on Earth and I see the fear you all have to deal with all the time in your lives. How some people can keep it at bay by pretending they are alright and secure in their lives, whereas other people are constantly terrorised by it.

You can experience a whole life of fear, this being from my experiential perspective and amazing experience. I don't know such fear, and never will. It's not part of my order's makeup. We are created perfect and to date no Melchizedek has rebelled, so we will not know all the bad feelings you have to deal with daily. So, in those negative feelings you are living life experience that is actually very unique in Creation at the moment. You could even consider yourselves special in your rebelliousness. Being evil affords you such a depth of experience you'd not have had, had you been incarnated perfect. And so far there have been only a few Rebellions in Creation, and with the ones like yours that have occurred being very minor, only affecting a small number of material worlds in the Systems they exist in, so every bad feeling you have is for me looking at you suffering with it, an incredible experience to have.

I am not, however, saying I envy you having them, in no way would I ever want to

experience living rejecting the truth of myself, I couldn't think of a more unbearable experience to have, however, to objectively observe you, seeing how much suffering and pain you are in, and how you manage to keep going, how you use your mind to twist yourself into knots of false control and massive delusion, and how you persist in living untrue and with so much fantasy in your mind about how you are and how you want and think things should be, is amazing to say to the least. We marvel at how you do it, how your soul-pain doesn't simply destroy you, how it doesn't completely wreck your personality structure and expression. And then we marvel even more as we are now starting to witness people on your world begin and do their Healing, and how difficult it is, how much more pain you suffer breaking down the control of your mind, and yet how resilient the mortal soul is, and the fact that you can actually rectify all the damage done to you from being evil. Your souls truly are the greatest wonder of Creation!

And you were once in a womb, a baby, and toddler, a young child, then an adult, we Melchizedeks are not born of a material mother and grow up through childhood. We are brought into being as full adults.

So, to see your soul start expressing your personality into Creation, seeing your personality grow and evolve, and then to see you grow in truth, that we can relate to as that too is what we do, but you grow in truth differently to how we do, and all with so much of your mind involved in the process, whereas our mind is more of the truth and nowhere near as 'free' as yours is. We are basically pure truth, as you will see from our light when you meet us in spirit. You are still being of truth, but are in a way far more flexible than us. You will always have a strong mind element that will enable you to gain far more understanding and appreciation of your own truth as you grow in it than those of my order of creation do.

You are in a way, between us Melchizedeks and the Angels. The Angels have a far different mind to us both, they being all Mind. But still you are able to more easily relate personally to them through your minds, indeed enjoying your ascension to Paradise with them, whereas we have a more business arrangement with them. There are of course things we experience which you will never be able to experience yourself, however you'll still be able to relate to what we tell you of our experiences. And even in some ways, you will experience a greater range of experience, and especially because of your rebellious experiences, than Mary and Jesus. They too will experience a lot of what you never will, but again you'll always be able to relate to all they might share with you about themselves. You ascending mortals can relate to everyone in Creation, and you will have a lot to do with all the different orders of creation.

So, in that light, I might even suggest you enjoy and make the most of your rebelliousness, enjoy your bad feelings, feeling them to the full, even dare I say to you when you're feeling so bad, relish them, for they are rather unique in the current universe. And by wanting to embrace them fully will help you with your expression of them, which will help you with your Healing.

So, everything is for you, to help you experience and grow in truth. Nature will willingly submit to your will, it will willingly die for you, be abused by you, be loved by you. It is there, as is your whole natural world for you to basically do with as you please. There are certain limitations imposed on you, for if there weren't, being in your unloving rebellious states you'd quickly destroy the whole world and so stop future people from living on it, but within such guidelines you have the luxury of a large amount of freedom.

Even Jesus showed you how important you are, he died on Earth as the living example to all whom dwell in his universe, showing us by leading us as to how we should be of service to the freedom of your wills. And this was an incredible insight for us all. Jesus allowed you to take his life, he wholly gave himself in service to you. People needed the experience of killing him and of having him killed in such a cruel and unloving way. And really, the whole of Nebadon needed to witness the harshness of the Rebellion first hand in seeing our beloved Master Son being put on a cross. Jesus didn't die for your sins, he died to show you how sinful, how evil, you are.

However, you refuse to accept the truth he demonstrated with his life. And so just because you 'believe in Jesus' is not going to absolve you of all sin. You are evil sinners, and those who severely cross the line by forcing their will over others and nature, causing pain, will have to at some point spend time in the hell of their own making, time in which they will feel all the pain they've caused in the other, all so they can know through the truth of that pain, that what they did to the other person or creature was wrong and unloving. Daily, many people think nothing of hurting other people, talking advantage of them; at the time of you re-reading our earlier work together James, your world has been seized by the controllers of it forcing many people against their will to get vaccinated against Covid 19, and those controllers don't understand that by doing such a thing they are violating one of the great laws of respecting the individual, and so by forcing people to be vaccinated against their will, causing such people to feel a lot of pain and bad feelings, at some point those controllers are themselves going to have to suffer all that pain they've forced other people to feel, all so they will know through such pain that their actions of using their will to control and override

another's will, was wrong, it was evil, the worst thing you can do. They will suffer accordingly until they understand the full truth of having crossed the Golden Line of Will. And more than likely it won't be until such controllers die and come into the first Mansion World that they will then have to suffer the 'call of Hell'. And they will be moved to live in one of the hell planes, there to do their Hell Time.

And those controlling Covid 19 vaccinations is only one example of the control being exerted over many on your world, all of which will have to one day be compensated for. Should such controllers choose to do their Healing, then as part of it they would do their Hell Time, which means they would feel all the extra bad feelings associated with realising what an unloving person they have been, which in turn they would work back to uncovering the truth of how unloving their parents were that caused them to be such unloving adults.

The Book of Will has to be balanced. The Will is a very strict accountant, there are no loopholes to be exploited, you can't get away with any will infringement. So, there is a great incentive to even if you have to do it in a false way using your corrupt false mind, be nice and respect other people and creatures, because if you don't, and instead abuse their will, then you're going to pay dearly for it. You might be incarcerated in prison most of your life for overstepping the will boundary of another person, and yet if you do not suffer the torments of hell during your imprisonment, then that hell-time still awaits you. You have to feel genuine guilt and remorse, you have to feel very sorry for what you've done, you don't necessarily have to directly apologise to the person or creature you've wronged, but within yourself you'll make endless apologies. So, if you are going to coerce, manipulate, lie, cheat, steal, kill and so on, all the bad things, you might like to pause for a moment to consider that even if you get away with it in your mind, in your soul you will one day be made answerable for your more extreme unloving actions.

Then the other great evilness you as humanity did was deny Mary Magdalene the full expression of her Daughtership. The fact that she being a woman has to remain subservient to the control of men, meant she honoured the way of things and didn't rise up into the full light of her truth. And by her doing that, was her equivalent of dying on the cross. Jesus being the man, it was expected that he would become the fullness of his truth, but not so for Mary. So she gave herself to you, as Jesus gave himself, and she remained 'only a woman' her whole life, and so hardly gets a mention in the Bible you revere so much.

And then as most women were second rate citizens she was denigrated even lower to that of being a whore, a woman of ill-repute, and then just to add insult to injury, to be accused of

being possessed by demons. In no way would the prevailing Jewish spiritual controllers of the day would have permitted a woman to stand side by side with Jesus, to be considered an equal threat as he was, to be strung up on her own cross alongside him. She lived out the remainder of her Earth life without a peep, with hardly anyone knowing anything about her. She suffering in her way far more than Jesus suffered. We all get tears in our eyes when we relive Mary's life in our memories, and then added to how badly you treated Jesus, to completely reject the Daughter and Son of Truth of the whole of Nebadon, and then to write a pathetic book so many people worship that says it contains the truths of Jesus (let alone Mary) when it mostly contains untruth, it being the perfect expression of the very evil that rejected Mary and Jesus.

The whole of humanity rejected and still rejects Mary and Jesus, as you continue to reject the truth in yourselves, and so just on that level alone you have all crossed over a line, which you will have to compensate for, which you will do by feeling bad when you come to the point in your Healing that you realise the full extent of what you are doing by living against them – by living against the truth; by living untrue. And it will be even worse for those mind controlled dogmatic Christians when they start to wake up to the truth of how wrong and misguided they were, and by 'marrying themselves' to Jesus is one of the greatest evil things of disrespect they could do to Jesus.

Jesus and Mary want you to follow them, which means to look to your own feelings to give rise to the truths that they are living. To follow them by living the same truths they live. To follow them by revealing to yourself the truths they revealed to themselves. It's all ONLY about the TRUTH, and not actually following them in person or following them using your mind in any weird way, such as 'believing' in them. They want you to look to them as a living example of truth, but to be yourself, even to leave them alone and not try and possess them like so many do in their minds, just to acknowledge they are the Creator Pair of Nebadon, and that you will end up living the way they live when you are living true to yourself.

The greatest difficulty facing the Avonal pair is to willingly submit to the evil, to become wholly of it, fully circuted in it, to surrender their Paradise Perfection of Soul to become just as you are, fully moral and trapped in the ignorance of evil and all that it entails. They have to wake up at some point in their lives out of their unconsciousness of being evil, to realise that they are not living as true as their hearts want, and to start to want to know what is wrong and what they can do about it. They have to do this alone and separate from each other, longing to know the truth and longing to re-establish their relationship with the

Mother and Father. They have to realise that they want to live lives of only truth and love, and see that the lives they are living and were born into were not of love and truth, and were unloving and untrue. And so as they wake up they are to find the truth that Jesus and Mary have provided for them to start them off, and to bring them up to speed in understanding that which Jesus and Mary revealed during their Earth lives. They are to find the *Padgett Messages*, and then further investigate *The Urantia Book* papers and see what they contain for them. They are to find each other. Through their longing to the Father for His Divine Love, following what Jesus revealed to Mr. Padgett, their souls will start to awaken in them the further need and longing to know the truth of all they are, and so they will start their Soul-Healing. And once they have done this they will have rectified the negative mental circuits that have isolated your world from most of Nebadon, and they will have prepared the way for you to follow through the choosing to do your own Healing. And then upon their choosing, as guided by the Eternal Son together with the Infinite Daughter, and within the blessing of their Heavenly Parents, they will make themselves readily available to you, to be of service to help you with the needs of your soul. And when they are dead and gone from flesh, still they will be available for the duration of this next one thousand years being of service to you personally from the Celestial spheres, along with impersonally through their Spirits of Truth.

And yes, it is a lot to take on, but they wanted to do it, to fully submit to the love of their Heavenly Parents in who they have put all their trust and faith. They have come to your world knowing that all they achieve can only be done so because their Heavenly Mother and Heavenly Father, your Heavenly Mother and Father, want them to. Nothing they can do is of their own volition, all they can do is only because They want them to do it. Your world is ready for them and soon they will be ready for you, all according to the what the Mother and Father want, all for the good of all.

One of the conditions imposed on the Avonal pair by the tenets of the Rebellion has determined that for them to fully do their Healing so as to be able to fully help humanity do its Healing, they have had to largely remain unknown. There was no prophecy speaking of their coming, the prophets of the Bible being consumed by Jesus, when in fact it's to be the Avonal pair they should have been looking toward. And the truth of themselves being the Avonal pair has been severely kept from them. A little has been allowed to come to them, enough to put even more pressure and confusion on them as they've had to struggle with the truth: are they an Avonal pair or aren't they; are They only making it up as part of their rebellious fantasy mind, desperately wanting the power being an Avonal might give them. And they won't know the truth of their soul until they have fully Healed themselves. And

currently as of this update in our writing together James, you, having been long ago told you were an Avonal, still struggle with the am I or aren't I, whereas Marion doesn't entertain the notion, she even thinking you're deluded in your partial acceptance of it. And so you struggle with it, as you struggle with everything else, struggling to do your Healing, to keep allowing yourself to feel as bad as you do, all so you can keep bringing to light the whole truth of your relationship with your parents and family and the society you grew up in.

And James, your writing with us spirits like this, and we talking about all you are coming to understand for yourself through your Healing and spiritual growth of truth, is all apart of keeping the pressure on you concerning you at times doubting the truth of you being an Avonal. You wonder if we simply humour you, string you along by telling you that you are an Avonal, all because we are to help further your fantasy untrue mind. And you might be right in that, or we might actually be telling you the truth, however you won't know for sure until you've completed your Healing, which you understand yourself through your Healing, and which we've all repeatedly told you.

I will finish now James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

I, Zelma, will continue.

As you understand, the coming and going of Sons and Daughters in their varying capacities as revealed in *The Urantia Book* is needed to help humanities stay in contact with their higher purpose. A part of the deprivation you on Earth have suffered is a lack of information concerning such higher Sons and Daughters, let alone their personal visitations to you. This deficit has largely been fill in through *The Urantia Book*, yet still it will remain for the Avonal pair to tell you about themselves and what they are to do for you, before you gain any real appreciation of them.

Jesus is till regarded as fiction by many people, many other people never give him a thought, let alone Mary, and other still believe he is some extraordinary person who is somehow likened to or united with God. But for most part you fail to even separate the Father and His Son as being two distinct personalities and souls. So poor is your understanding about the spiritual cosmos and your part in it, that it was asked if such a stopgap piece of information as contained within The Urantia Papers be forwarded to you.

With each successive ministry to you by the higher Daughters and Sons, as you can read in

The Urantia Book, the differing ways these might have occurred under normal circumstances, so without the deprivation caused you by the Rebellion, you would still have amongst your midsts Daligastia and his soul-mate, together with Adam and Eve, ‘superhuman super beings’ who would be the ongoing living proof to you that there was more to life than your mere mortal existences. They would have been with you for thousands of years, and would have been able to help you to see that Paradise was your destiny and not that of egotistical self-aggrandisement believing you are god. Your normal spiritual evolutionary way of things has been so badly interrupted that you are still helplessly marred in your attempts to know what anything is about, let alone the relationship you have with your own soul and that with the Mother and Father.

The Adam and Eve would have been the living example of the perfect relationship and family for you to follow and aspire to have, then living in perfect natural harmony would only have been a matter of choice. You would not be only looking at life and your part of the world as to what it holds for you and what you can get out of it for yourself. You would have long since been able to see the ultimate service to fellow man and creature would be the highest ideal to strive for, yet service by living true to your own feelings and not in your contrived and distorted idea of mind service you try to live. You would be taking the truth that the Son and Daughters gave to you and making the most out of it, instead of changing it around to suit your own selfish cause and power needs.

Of course, had your world been perfect, there may have been no need for Jesus and Mary to come in person and to live amongst you, they possibly going to another rebellious world should there have been one, or to another perfected world. And so as within the balance of all things, you have been afforded a remarkable opportunity of love and truth perfection in the persons of Mary and Jesus, in and amongst such iniquity.

If you could only step aside for a moment and accept that really you don’t have a clue about anything at all so far as life is concerned, give up all you think you know and be prepared to start over, you will find yourself more closer to the truth than most. But as we know you will discover, this is easier said than done. The generations have passed all founded on the evil ways, so those negative unloving ways are ingrained within you. It will take some unravelling to sort yourselves out. And the Daughters and Sons will come and go, and they will do their parts and help you the best they can, they will continue to shed light on the mess you are in, and if you listen to them they will certainly help you to make some sense of your entanglement.

'Feelings' prayer, or prayer with feeling, is spontaneous and is neither repetitious nor said with any other intention than because you truly want to say it. If you say learnt prayers because you have been taught to, and so feel guilt if you don't; or if you say them for any other reason than because you just feel you want to, they will not be answered. And a truly heart-felt prayer is said without words. You long for the Divine Love without the need of prayers, as in saying words, it's a longing you are longing to your Mother and Father for Their Divine Love with. And if you long to Them for anything, then it's what you feel you truly want and so are longing for. Mental prayers said inside your mind or out loud can be added to your prayers of deep longing from the heart, all so you can better express yourself, however, don't get caught up in just saying endless mind prayers without engaging a true longing. Mind prayers are not heard or responded to, only prayers of true longing; however, even though your longing will be responded to by your Mother and Father, that response might be not as you are thinking it should be or wanting it to be, with your mind. You long knowing you are heard, leaving it then up to Them to respond as They know is best for you. So, you might not feel like your longing prayer is answered or even heard because nothing seems to happen, however it will be heard and something will be happening.

All the religious rote prayers people are taught to do, saying them repeatedly over and over, are a waste of breath if you seriously want your prayer to be heard. They are a good way to give your mind something to do, to believe that you are being religious and making headway in your faith, but it's all just for your mind and its beliefs and nothing that will actually further your relationship with God. By longing and saying, using your mind, what you are feeling, which you do in any normal relationship, is how to relate with your Mother and Father, just as you should have related to your own mother and father. Prayer is asking for something, so say what you want with your mind whilst you're longing for what you want with your true feelings of wanting it.

Many people attend the same church listening to the same priest speak year in and year out, with most of their religious vigilance being a waste of time so far as their true soul advancement is concerned. They never question anything, being the good child doing what they are told by the mother Church and father priest, and end up arriving in the mind Mansion Worlds there to carry on as before. Other people of the church might add sincere longing to their mind prayers, and even though they remain faithful to the Church wanting to adhere to the mind beliefs their whole lives, when they die and arrive in the Mansion Worlds, are more open to being approached by the higher Celestial spirits and offered the true way of spiritually growing and advancing their soul in truth by doing their Healing.

Many people in the Churches, and indeed in all walks of life, who have prayed with their hearts because they truly want to live and be at-one with the Father, may have received enough Divine Love, mostly unbeknownst to them, to fit them ready to live in the third Mansion World should they want to do their Healing when they find out about it in spirit. And ironically many people of the religions who do partake of the Divine Love, because the Love in their soul then makes them feel closer to God, they believe they are doing the right thing by adhering to the rituals of their religion, therefore keeping their mind tied up and denying any real positive Healing affect the Love might offer them.

So, it really has nothing to do with the religion itself, it's only between the person themselves and their Mother and Father, for they could just as easily long for and receive the Divine Love outside of the Church, which in fact would be better for them because then they'd have less of their mind bound up and bogged down by all the ritual and dogmatic beliefs they have to adhere to. And consequently, many other people long inadvertently to God for Their Divine Love, without consciously being aware that is what they are actually doing, but just feeling a deep need and desire to be with God, and do receive some of the Love, which again when they arrive in spirits allows them to be approached by higher Celestial spirits concerning getting on living a higher spiritual life, which some spirits eagerly embrace, whereas others don't feel the need, happy to simply carry on with their relationship with God as it is.

I will finish for today, James. I am thoroughly pleased you are enjoying all of this; and like you are, I look forward to speaking more with you tomorrow – Zelmar. (a Melchizedek from within our local universe of Neadon)

2 July 2003

I want to speak to you today about the Planetary Default. It has been spoken about in previous messages to you James and I want to go over some of the information as it is now relevant to our work, and also give you some new insights.

Firstly for the reader who may not read the relevant parts in *The Urantia Book* I will very briefly say what the Default was all about, however I encourage everyone to read more about it in *The Urantia Book* because it has many relevant details that will help you with your own Healing and further your understanding about your current relationship problems.

When a primitive humanity evolves to a certain level in its spiritual evolution, it means a higher Son and Daughter are materialised on the world with the intent of having children between them that are of a higher genetic and spiritual level, who then mix with the local races of the world adding to their basic genes the higher superior ones, all preparing that humanity to become far more spiritually receptive and willing to advance their soul in truth. So with an Adam and Eve's superior physical and spiritual genes, the real beginning of that humanity's quest for truth begins. And it is important to note that it's not for the Adam and Eve to mix with the local races themselves, as you can read in *The Urantia Book*, they are solely to bring into being between themselves their own race, and it is their children and grandchildren and so on who are to disperse the superior genetic material. And to also understand these two are superhuman who come from the Celestial spheres and are materialised as complete adults on the world, they just appear, something which understandably would greatly impress the primitive people of the world, who'd naturally revere them as gods in flesh.

So the Adam and Eve become in a way the material parents of the new humanity, and had your world not rebelled, they'd still be alive on Earth. However you did rebel, that led to the Default of Adam and Eve, the truer story you can read in *The Urantia Book* than what's said in the Bible.

The important part of their Default, their Fall, is to understand that it was BOTH Eve and Adam who equally defaulted. They didn't willingly join the Rebellion, they were coerced into it by default, hence they Defaulted. And so with them being the 'parents' of humanity, so it is that all parents by Default induct their children into the Rebellion, following the pattern of Eve and Adam.

Eve was the first of the Pair to technically Default by going with one of the local people and

giving rise to a child that was of the Default, she technically breaking the covenant between herself and her soul-mate Adam. And then Adam chose to follow her into Default going with one of the locals and giving rise to a child of the Default. But what I want you to understand was, long before Eve technically defaulted, her and Adam's relationship was breaking down. They were under extraordinary pressure having been materialised onto a world that was in Rebellion, and even though they knew something of what they were in for, they couldn't stand up against the Evil Spirits, and particularly the evil women spirits so far as Eve was concerned, who were always talking to them and trying to coerce them into joining them in the Rebellion.

Adam was continually called away from Eve, having to defend the Garden of Eden, and so more and more time they spent apart, which showed the breakdown in their relationship. Ideally, the Adamic Pair would never be separated, always being wholly together united on all levels including the physical, and together with their children and growing family, however, that was not how it was for Eve and Adam, and so through their separation their minds started to take over from their feelings as they fell unconsciously into the ways of the Rebellion, all of which culminated with their technical Default.

Through your Healing you will mainly heal the Default within you, healing your Natural love expression, which will largely be concerned with breaking down your mind's control of your relationships, helping you see how your relationships with yourself, other people, nature and God are untrue, just as untrue as Eve and Adam's relationship became. So much time through your feelings will be spent looking into your unloving relationship with your parents and family, sorting out the Default part in them. And then on bigger levels you will deal with the Rebellion, that involving your relationship with the truth and how you're denying it by using your mind, and your denial of Mary and Jesus, and your Heavenly Mother and Father. So in a way your healing of being in Default, will be more personal, all to do with the intricacies of you not being fully connected with yourself, so not being fully and truly self-expressive, dealing with all your relationship difficulties. And your Rebellion healing being more of the impersonal and higher spiritual consequences.

Humanity is not outrightly rebellious, your Eve and Adam didn't willingly join with the Evil Ones and take you all into outright rebellion. You are rebellious by default, which really means, you have no idea that you are rebellious, you are very confused about it all, which has caused humanity all of its problems since Eve and Adam and most of their children were removed from the world.

So with the Avonal pairs help, you will be able to heal both the Default and Rebellion through your Healing.

I see you need to do other things now James, so we will finish and I will continue tomorrow – Zelmar. (a Melchizedek from within our local universe of Nebadon)

3 July 2003

The Fall of humanity was brought about through the mind. It was the gradual, almost imperceptible coercion of Eve and Adams minds by the Evil Spirits (and there were good spirits trying to help them not fail) that slowly led them both equally to change their beliefs, to focus them against themselves, Mary and Jesus and the Mother and Father. When one is in a fearful state and feeling very much alone, it is far easier to be coerced in one's mind so that one begins to believe that one is taking control over the bad feelings of feeling total powerlessness. Had Eve and Adam gone with and accepted their powerlessness, staying with their bad feelings and longing for the truth of them, they might have withstood the insidious mind pressures coming from the constant Evil Spirits with them. But instead, they tried to be strong, tried to stand up to the Evil Ones, increasingly calling upon their mind's for help in overcoming and dealing with their bad feelings. This of course being what parents do to their children, parents being effectively the evil spirit constantly with their children making them feel bad, and forcing their children to increasingly use their mind to overcome feeling so bad, thereby inducting their children into the Rebellion by Default. Your fearful child has nowhere to go, it doesn't understand not being loved, it's so scared it fears annihilation, and so desperately calls upon its mind to deal with such relentless fear, pain and trauma. Even the best of your childhoods are traumatic, something you are to wake up to as you understand the severity of the damage done to you by forcing you to default and rebel against your true soul.



Eve and Adam effectively fell the seven Mansion Worlds from their Celestial level, thereby taking all of humanity with them. The Adams become the pattern for the humanity under their care, and so you have to ascend the seven Mansion Worlds of rebellious default through your Healing so as to attain a true Celestial level.

In the *Padgett Messages* Jesus refers to the 'Evil Ones who so constantly surround you', however as he and Mary retained their perfection and didn't fall or rebel, he wasn't able to come right out and say that the evil ones are your parents who constantly surrounded you

through your forming years and childhood. You start literally in a womb of Rebellion by Default. Imagine if your 'beloved Jesus' came out and said it was all parents who are evil and corrupting, damaging, traumatising and making evil, their children, how do you think that might go down? So it's easy to let slip some of Jesus' recorded references about parents being not as good as you want to believe they are, and turning Jesus into a beloved fantasy who is only about love; and so would, so you believe, naturally support all parents because you continue to wrongly believe parents can do no wrong, and that of course they all love their children. Which couldn't be further from the truth, this being the truth the Avonal pair have had to wake up to within themselves, and so can declare to the world. And the world might not like to hear it, however that's for the world to deal with because the truth will be supported by their Spirits of Truth, and so their Spirits will keep the pressure up on people to look more truly at their relationships with their parents and family.

**Parental
Contagion**

Adam and Eve's egos believed, up until Eve technically defaulted, that they could win, they could remain resolute against the Evil Spirits, even though the Evil Spirits were of a higher order of truth than the Adamic Pair. Had Adam and Eve approached their lives on Earth as doomed to fail because the pressures of the Evil Ones would have been too great, so their material lives were to be lived with forlorn hope, then they would have maintained the necessary humility to keep honouring all their bad feelings, which might have meant they wouldn't default. However, it wasn't to be, just as many well meaning parents try their best to love their children without inflicting too much controlling damage on them, yet such hopes are also forlorn and dashed against the rocks of ingrained Default and Rebellion. You can't resist becoming of the Rebellion by Default, it's a done deal, so all you can do is your Healing. And so if you still want to have children, which the Mother and Father might want you to have, at least you can have them knowing you're going to fuck them up, and so not trying to use your mind to control yourself in the belief you might lessen the damage, but to keep staying true to your feelings, accepting and expressing all your bad ones as you long for the truth of them. And then parent as you will, but maintaining some semblance of humility by trying to stay true to your feelings as best you can. And this will have a more positive effect on your children.

**evil
ONES**

Despite the Default, enough of the Adamic genetic material was seeded into humanity, so you can all spiritually ascend to Paradise.

The soul-mate partnership is the most sacred of all unions, because it is the relationship of

the Mother and Father. If They rebelled against each other and separated, Creation would cease to exist. You can't have Creation consisting of a divorced Mother and Father. And so it's the same for you, that even though you are of the Rebellion by Default, divorce or separation of the parents only causes more problems for the growing child. So the separation, the 'divorce' of Eve and Adam, even though they remained together for the duration of their lives on Earth, brought about the Default. Their minds, through their feelings, had effectively been removed from connecting truly with one another, they started to live rebelliously, just as you all do. Their relationship failed, hence the Fall. They started to increasingly dishonour their feelings, calling upon their minds to take over by using them to increasingly solve problems, and so they started to dishonour or go against the truth of themselves. They spent increasing amounts of time apart, so they couldn't express all their feelings to each other, they couldn't love and support each other in all their bad feelings, they couldn't long for the truth of all they felt together; and they started to jeopardise their relationship with their children and their children. All their relationships started to breakdown, all of which has become the pattern for your negative relationships, disconnection and rejection of the truth of yourselves through the rejection of many of your feelings.

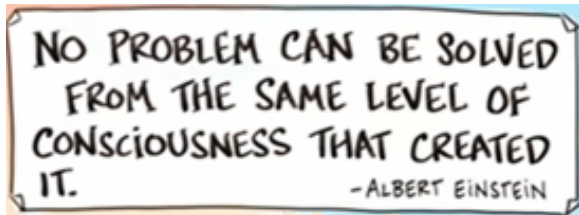
Eve and Adam turned their mind's negative, and as they are the 'sex parents' of all humanity, so all people who were born from sexual union from that time on were to be born in the same mental and untrue condition as they were having defaulted.

Because they defaulted and did not fully embrace the evil, this too is how you are, you are born into the same state following the lead of Eve and Adam. You are born unconscious of the Rebellion and Default, and are parented as such. Your parents are none the wiser, as were their parents. You bring your children into an evil and sinful state in ignorance of what you are doing. You give your children the negative mind that you have, and they grow up in a rebellious condition just like you and your parents did, and their and their parents did, all the way back to the Adams. And this is what we are stressing so much in these writings with you James, because it's vital that humanity now comes to understand and then accept such truth about itself. And if it doesn't, then nothing will ever change.

So, this is why you are in such a confused state. Had Adam and Eve wilfully joined the Rebellion, then you would grow up being more aware of its existence and that's what you were doing, and the unloving Evil Ones would make you worship them as the loving Gods, and you'd want to worship them as such, and they'd tell you that the truly loving Mary and Jesus and Mother and Father were really unloving and the Devil and Bad Ones. So the

people who worship Satan and Lucifer, are in their deluded way trying to live truer to the Rebellion by agreeing with and worshipping the Evil Spirits, however they don't really understand what they are doing.

Jesus and Mary came to terminate the Universal Rebellion, but not being able to be born into imperfection because their soul is too perfect, could not deal with the Default, so this is the domain of the Avonals.



So you need a Son and Daughter of Truth higher than the Adams and higher than the Evil Spirits, the Lanonandek Pairs.

So again, Mary and Jesus ended the System Rebellion in their universe of the four Lanonandek Pairs, which is why spirits can do their Healing. And it's for the Avonal pair to completely end the Rebellion, and more importantly, the Default, on Earth itself, so people on Earth can start doing their Healing.

The continual subjugation of women by themselves and men is a legacy of Eve's technical default. Women (and men) have been turned against themselves, against their true feelings, so as to keep them adhering to Eve's rebellious negative state. Because Adam didn't actually technically initiate the Default, and because he chose to follow Eve, so he and all men have believed they are superior to women, helping and even forcing to keep women in their submissive state. And then more recently feminism has fought for women's equality, but that is being equal or even better than men in their rebellious state. So women are trying to empower their minds to further override their deeper true feelings, further keeping their bad feelings at bay, all so they can rise up in their mind control being equal with men in their mind control. So you can see how such feminist women, then as mothers, are going to further cause problems for their children, for their boys and girls in different ways.

And then you have women married to women and men with men, and children involved, and it all becomes even more corrupt and distorted so far as what children have to deal with. And then you have more children being confused about their sexuality, and women wanting to be men and men wanting to be women, and so many psychological behavioural problems to do with children, let alone with adults, it all being the outworking of the Default. And it's not that I want to say people shouldn't do what they feel in their rebellious state, you can't help being as you are, you were made to be that way through your childhood, it being what the Mother and Father want you to experience, but it's to understand that it's all wrong, all

unloving and untrue, because it's all of the Rebellion by Default. And the only way of sorting it out and rectifying all the problems will be personal as people do their Healing.

So do you see, you've been in the Rebellion for about two hundred thousand (200,000) years, in the Default for about forty thousand (40,000) years, so you are all well entrenched in it. So, all you do is wrong, and it can't be any other way. People and societies have gone this way and that, believed all sorts of mind-contrived spiritual and religious beliefs hoping they are getting closer to God and that God will take their pain away, yet all such things have done is further their mind's control over them. And only now, which is a momentous time in humanity's history, are you being given the true way out of your pain. Which ironically is by going into it, so you can uncover the truth of your early relationships as to why you're suffering it – how it all came about.

Let's have a rest James, and after your lunch we will continue if you want – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Mostly you have vague ideas that something is not right, that you are caught in some kind of wrong state, but you have looked within the wrong to judge right from wrong, when **there is no right, as it's all wrong**. As you get to know more about the Rebellion and associated Default, you will begin to see these elements are contained within you.

Essentially they are aimed at depersonalising the personal, of trying to take away the personal in everything, making everything more of the impersonal mind. Look at where your so-called advanced technology is taking you – deeper into the impersonal, further and further away from the truth of your deeper and more personal feelings. It's becoming more of the mind, and you need more mind to understand it, more time spent on your machines, less personal and intimate time with each other. Compare how impersonally in your advanced societies you relate to each other in your families than to how personal a tribe of natives relate to each other.

If you are able to personally experience for yourself freely and without being told what to do or how you should be or behave, then you might start to honour your own feelings and discover truth for yourself. But whilst you remain under the beliefs of another, this is certainly very difficult to do. Look at how you use your mind to make everything impersonal, trying to control your feelings and overlook your bad ones. Get rid of your bad feelings at all cost, and yet it's your feelings, including all your bad ones, that keep you focused and connected in the personal. You can't have a true personal relationship with

your parents, because they are already impersonal. Some families are more personal than others, yet still it's all within the impersonal Rebellion and Default. To cut yourselves off from true love, and the truth that underpins that love, means you can't be as personal as your soul needs you to be so as to maximise your experience.

The evil forces strive to destroy the personal relationship, in the modern world you are steadily becoming less personal and more dependant on the mind controlled whole. As I said, look at how much more personal primitive people are in their tribes and families, in their relationships together, than you are in your modern Western World. And yet you believe living in your impersonal three room house, two parents with their children, all alone from their extended family and tribe, is a better more advanced way to live. You hardly spend any time together having to go to work to survive, you even have to say you want 'personal time' with your children and spouse, a few hours here and there when you are actually together in the same room, and yet during that time do you actually share all your feelings with each other as you long for the truth of them?

You just go through the motions of your mind controlled lives, which might even involve lots of arguments and bad feelings being expressed, yet still it all being very impersonal, even if you feel hurt or sad, scared or angry. Look at how much time a primitive tribe spends together, they all know each other intimately, they only have each other all day long, and yet still such primitive people are of the Rebellion and Default and, so, impersonal to some degree. And they are not living true to their feelings, expressing them whilst longing for the truth they would see from them. So, when people are Healed and living full personal lives together, then humanity will start to gain some idea of how you really are meant to be in life together with each other.

You have given over to the corporation and the institution in favour of smaller family groups. You cling desperately to family but this is only because you fear other families and the outside world. **Humanity is best suited to living in small family groups, which encompass enough variation in them between old and young and all in between and a cross section of differing personality types.** When you arrive on Paradise and become a Finaliter, one who has finalised his or her Ascension of Truth, and knows beyond all shadow of doubt that God is real, you will **gravitate towards soul-groupings of one thousand soul-pairs, a small 'family' unit** that will have in it the variation I am speaking of. **And then you will live in larger families comprised of such smaller family groups, bringing together a lot of soul-mate pairs and their soul-groups all so you can maximise your experiences together.**

To live clumped together by the thousands and millions in small isolated apartments and houses, stuffed into crowded cities separated from nature, is the recipe for spiritual disaster and allows evil to thrive unabated. And yet you can't live any other way because this is how it was for you during your forming years. In this form of living and with all your depersonalising material toys, you are slipping further away into the impersonal and away from all true feelings. Of course you still feel, and many people are inundated with feelings all day long, yet it's how these feelings are conditioned by the beliefs of your mind, how you try to control them, how you relate to them, and whether or not you are deriving any truth from them, is where the problems lie. And then you have the other extreme of people so closed off to their feelings, so shut down that they can act almost in a feelingless way, functioning more as a mind, and yet it's a rebellious and impersonal mind, which is why so many people can do such bad things to themselves, other people and nature, because they are not living any truth from their feelings, so they don't even know their experiences of hurting another is unloving and not right, that it is infringing upon the will of the other.

Only the mind can instigate, sustain, and tolerate being so impersonal, as it does not need feelings, it only needing to function responding to the pattern it has been given. All of the social and demographic problems you have stem from the impersonal, as do all your ills, discomfort and disease, all symptoms of you becoming more impersonal and out of touch and not connected with your deeper true feelings. You feel feelings, yet these are mostly the superficial mind patterns you've grown up in, no feelings that lead you to any real depth of knowing or understanding about yourself.

Which is why I keep stressing how important it is to use the feelings you do feel, as you can't use any others, and whilst you fully accept and then express them, to long for the truth they are to show you; which will in time take you deeper into knowing yourself, and knowing all how wrong and rebellious by default you are. You have to know yourself, so being of the Rebellion and Default, you have to know how you are in and of them. So you have to wake up to seeing how impersonal you are, how controlled by your mind and all the beliefs and behaviour that maintains such control. Imagine being with your partner twenty-four hours a day, every day, and all you do is express all your feelings together, longing for truth of them, and discussing all that comes as a result. Could you even stand being so close to your partner like that, the very partner you say you love and is your dearly beloved soul-mate?

Adam and Eve upon their death, as told to you in *The Urantia Book*, joined the ranks of ascending mortal souls, and have since the coming of Jesus and Mary embraced the Divine

Love, done their Healing by ascending the Mansion Worlds, and are now as true Celestial spirits.

The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the ‘hell of their own making’ until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain on all the rebellious worlds, so that’s a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can image, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all rebellious worlds and in their associated mind Mansion Worlds have completed their Healing.

I will stop now James, speak to you tomorrow – Zelmar. (a Melchizedek from within our local universe of Nebadon)

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Daligastia pair

Arrested and imprisoned early 1990s CE

Infographics and diagrams have been added by Pascas.



Are we communicating?



Or deeper into the impersonal?

Infographics and diagrams have been added by Pascas.

MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders has established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot-wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 13 Soulgroups



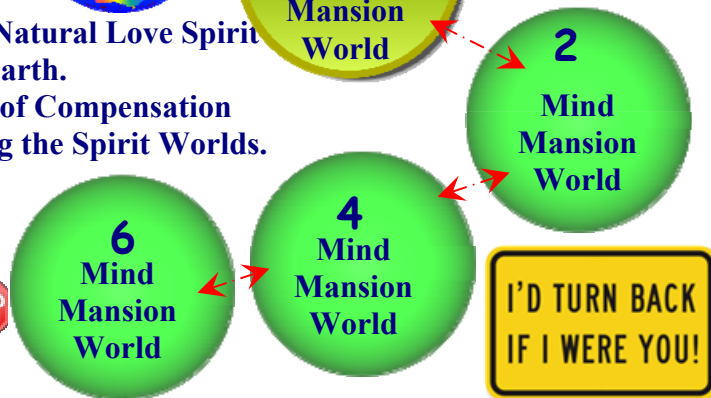
Rebellion and Default officially ended 31 January 2018

Camera Crew



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.



CRYING WORLDS HEAL, the LOVE SPHERES LIBERATE PERSONALITY:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3rd Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

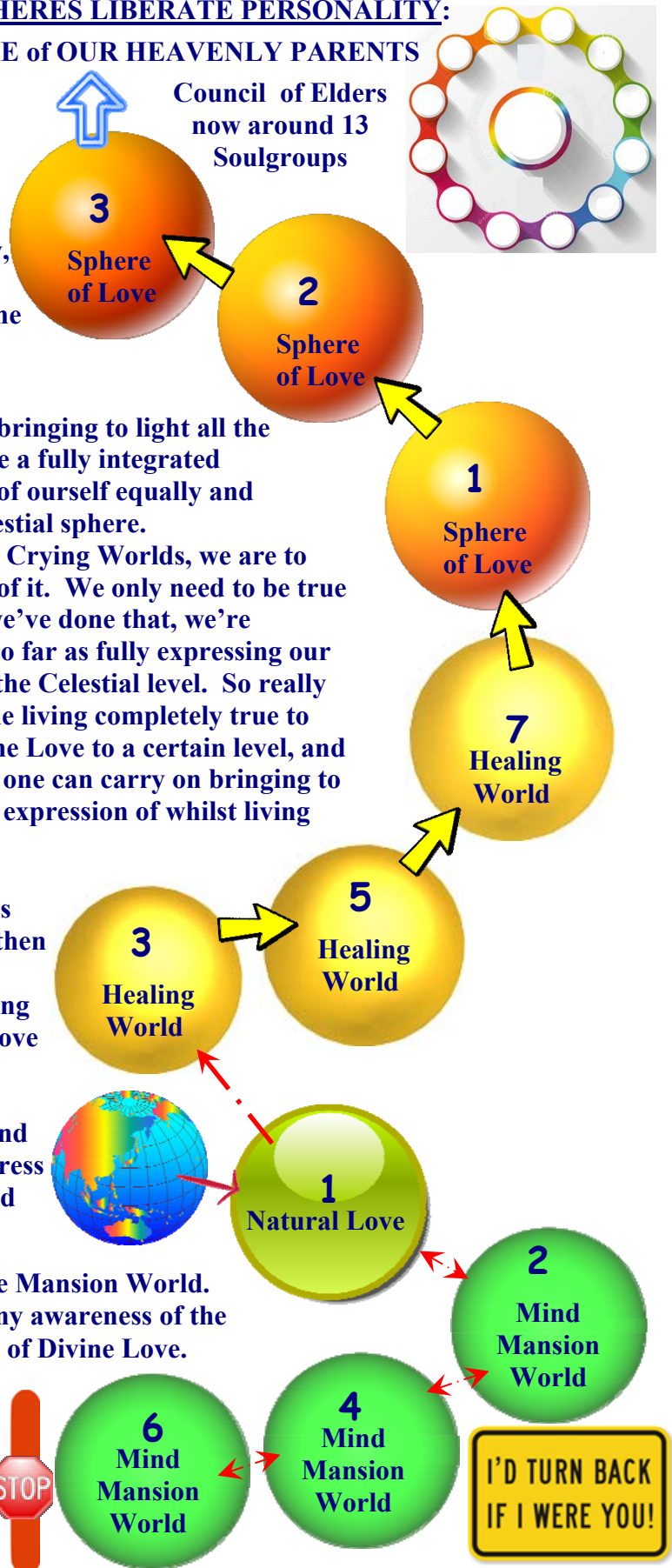
While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.

We all arrive into the 1st Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1st and 2nd Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4th and 6th Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Maybe something like 30 billion people have recognised that our Mother and Father’s Divine Love, together with embracing one’s Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don’t connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you’re not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of ‘New Age’ styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Infographics and diagrams have been added by Pascas.

4 July 2003

Good morning James, I, Zelmar, want to say something about your unloving relationship with Nature.

Contained within Nature, are many experiences you all need. You are not designed to live separately from the natural world. It holds the key to much of your physical and even emotional survival needs. It being of the Mind in all its primary glory, is provided for you in service of your Truth. Which means, you are meant to interact with it, have an ongoing relationship with all elements of it, so as to feel feelings. Nature will make you feel many feelings, good and bad, all of which you are to embrace, express and long for the truth of – just as with all your feelings. And as you grow in truth, you will change in your relationship with Nature; just as you will change your relationship with the nature of your own mind. Being in an untrue and denial state of mind, you can only relate to nature accordingly, so you continue to deny it, even if you love it and do all you can to work with it in a positive and loving way.

Nature is the forerunner to your relationship you will have with other creatures and creations of the Mind all the way to Paradise, most importantly being the Angels.

The Angels are truly startling creations. Their sheer beauty and magnificence from the smallest to the largest will leave you in awe. And they are to serve you. They exist for you. To be able to fully understand that a most wonderful creature exists mostly to help you should make you feel humble and so grateful for their service, and all you would want to do is exist for them in return. And the animals are their forerunners.

Some people have embraced the true magnificence of animals and have glimpsed their unfailing service that they so willingly offer you. But on the whole you all have a long way to go.



And as you start to fully appreciate yourselves, then the mysteries of Nature and her seemingly harshness of extremes will be seen as her management of service to you. ‘She’, Nature (really it’s the Divine Minister), needs to always be advancing in step with the needs of your souls, she needs to express the life plasma brought to your world many years ago by

the Life Carriers. She needs the good times and the hard times to fashion her creatures into how best they can serve you, and when you understand this you will be able to support her in her endeavours and not fight against her or try to resist her. She is, no matter what you believe, on your side, and if you fail to see this in any of her more destructive actions, then it only reflects how limited in truth and understanding you are.

When you are true and set about giving Nature a free hand, then you will see just how much she loves you and has all of your interests at heart. She exists to help you look into each and every experience you have, so that you can see more of the truth about yourself. And as you start to do your Healing, you will see how everything to do with her will help you, each day: the sun, clouds and rain, the whole environment, each little bird you see, each little bug that comes your way, and then the bigger animals, the trees and all other plants, the microbes, and of course your pets and those animals you grow for food.

Nature's ways are all good ways, there is nothing bad about her whatsoever. She is perfect and true in her state, and all she does she will do with perfection. If a cyclone demolishes a city and kills thousands of people, this is a perfect act required by those people's souls that died. If the snake bites you and you die or become sick, this is a perfect act. If your crops get eaten by insects and wipe you out, this too is a perfect act, and so on; a perfect act for you the person who is personally involved, because it will be exactly what your soul needs at that time. Death will come when its time is due, and no matter how it comes, the experience will be exactly what you need – it is ALL for you, because it is what your soul needs to help you experience the things you need to bring up the feelings in you need so that you can see more truth about yourself.

Ultimately nature is overseen by the Divine Minister because She is the Mother of Mind in Neadon. She is doing the things on the outside to help you experience your inside. She wants you to experience as She wants to experience, and She gains all Her experiences through the workings of your mind, and through the Mind as expressed by all Mind creatures. In the interactions between men and women She gains experiences of mind that come from your truth; in the interactions between you and her 'daughters', the animals and the angels, She gains experience between the truth and the mind; and in the experience between animals and angels themselves, and with other creations of the Mind, She gains experiences of the Mind.

Your mind is to your heart, like nature is to you. Or, you can even look at nature as something of an extension of your mind. Your mind will always serve you in furthering your

understanding of the truth of yourself. To have your mind turned away from you and focused on the outside, as in such thoughts like 'how can I make more money', you are suffering because it is then unable to service the needs of your heart and soul as best it can. All of your minds have been turned away from your hearts, and this is why it is so hard for you to focus on yourselves and so easy to think about the next outside thing you can do to amuse yourself. Your minds are turned against yourself leading you away from yourselves into the pleasures and allurements of your world. When they are focused on the outside things more than on your inner feeling world, they are rebelling against you and negatively serving you. They will always serve you, it being what the mind does for the truth, however, in the negative they will willingly help you to lose yourself more and to help you to stay lost. And every wrong belief you have will be doing just that. And because your mind is so lost, untrue and uncaring, so you treat other creatures of the mind that way, such as the creatures of Nature.

And I am not saying that to treat Nature properly means you have to stop eating and using animals as you do, but I do mean you are to grow and evolve your relationship with them as you grow and evolve your own mind's relationship with the truth of your soul. So, as you do your Healing and start growing in truth, so you will start to relate more truly to Nature, and so if you were to still need to eat plants and animals, which you will be of a material existence, then your relationship will change into being one of love based on truth, rather than how it currently is, being not of love based on untruth, or no truth. In a more truly loving experience with Nature, you'd not be growing animals or plants for profit, that is too impersonal, too much of an untrue way of relating to creatures of the mind. So you'd be interacting more with them how many of the native people's treated Nature, in a more reverent way, understanding their service to you by giving their lives to you so you may live. You being more of an effective part of the food-chain, growing and killing plants and animals solely for your own survival.

As to whether or not is right that you keep plants and animals as pets, is again not for me to say, it is again for all the experiences you have with your pets. And if you are dealing with your feelings properly, expressing them to uncover the truth you are to see about yourself, and indeed your relationship with your pets, then that is the highest way of relating to them.

I want to change subjects now back to your auric system. As I said earlier, generally you understand that the aura is comprised of your spirit (truth or heart) body, and your lower and upper mental and emotional or feeling bodies, together the two etheric blueprint or

template or pattern bodies that unite the lower mind and feelings with the physical body, and the upper mind and feelings with the spiritual body, with all of this being underpinned by the will ‘body’ or will line.

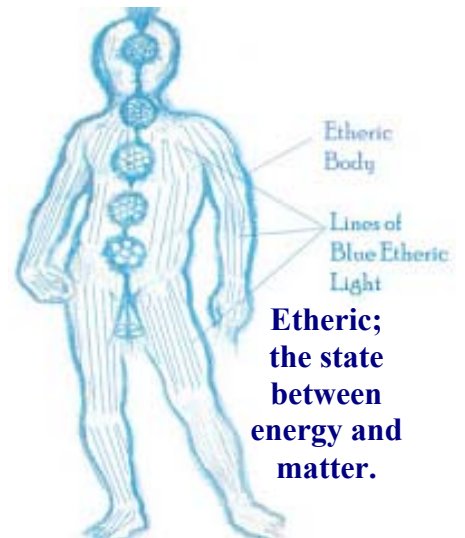
SPIRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



Your whole aura is structured on the seven level system equating to the seven Mansion Worlds and the Seven Levels of the Paradise Trinity – the Seven manifestations of the Three Personalities of Deity.

Your aura is the unseen part of yourself, as you can only see the physical, so you have the equivalent of seven worlds (including the physical) of yourself that are continually functioning with you in flesh and of which you know very little about. However they are what sustain our physical life, and are your mind, feelings, truth and will centres, and you need all of that, all of your personality and all its attributes that are expressed in Creation to experience expressing yourself so you can grow in truth. So the whole of your aura including your physical body we refer to as your personality, it being more than how you usually refer to personality. If you were to take a photograph of your aura right now, all that you would see in it would be what your soul needs now, that is, what experiences you are needing now. If you then took a photograph of it some time later, your aura may appear different, reflecting your new state and the experiences you are now having. And if you then compared the two photographs you would see certain things within your aura the same and other things

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.



different. Certain structural things would be the same, and other momentary thoughts or feelings different. Then if you did some of your Healing and compared this new picture with the old ones, you would see that some of the structural aspects would be different, along with many more differences in the functional aspects. The greater part of your Healing will be dealing directly with the structure of your aura. As you may have read or heard, some of the Chakras or 'Light Centres' big and small, and there are seven main levels of them, can be disfigured and damaged resulting in dysfunction which is inhibiting the systematic inflow and outflow of universal energy and light to your system. Mostly you see pictures of someone with seven primary chakras from the top of their head down the front of their body to their base chakra between their legs. However as Barbara Ann Brennan more truly points out from her second sight observation detailed in her book the *Hands of Light* you have them down your back as well. They go right through you meeting in the centre of you, centred in your will body, or along your will line, the Hara Line as Barbara calls it. Some of the actual mental circuits or 'light lines' in the mental subtle bodies may be broken or disturbed, and therefore dysfunctional, and in your emotional system no true form may exist showing you the dysfunction of your feeling systems. As you do your Healing, gradually all of this will be repaired, often by your Angels in conjunction with your Indwelling Spirit and your soul. Mostly it will happen naturally, mostly when you are asleep, and some times with a little help from spirits or a lot of help from your Angels.



Your soul will be 'willing' your Healing to take place, and as you want to heal by doing your part and attending to your feelings properly and longing the truth, so will it be. The Mother

and Father, through the auspices of your Indwelling Spirit, will guide you to see what you need to see and feel, following the light from your soul. You will follow a sequential healing order, which you could follow if you were able to observe the inner workings of your aura like the Angels can do. Your ascent of truth will be reflected in your aura, literally in all aspects of it and in the increase in its spiritual light. As you progress in your Healing, your soul will cause your will to initiate the required changes in all levels of your aura so as to keep liberating more of your repressed childhood bad feelings for you to express and seek the truth of.

Many psychic healers, including many spirits assisting such people, including Barbara herself and her spirit guides, mistakenly believe they can act like inner aura doctors, using the light from their system to affect positive changes in someone else's system. And light can affect such changes, and the recipient might feel better for it, however you are to understand that just like any doctoring on the physical body level, it is all still only being done within an overall negative rebellious system. So, ultimately, such inner and outer physical healing work is about further denying feelings, and will serve to only advance one's negative state.

If you are doing your Healing, you may need the experience of going to a physical doctor or even an aura doctor like Barbara, and you might heal your problem, yet still you can receive such help wanting to express all bad feelings you might feel along the way, so before you go to the doctor, whilst you are there and afterwards, all so the doctoring experience will help you grow in truth. So do you see, it's not that it's wrong to go to the doctor or not, it's your approach: you can go to deny more bad feelings to further your rebelliousness; or you can go wanting to honour, accept and express all your bad feelings as you long for truth of them. Sometimes through your Healing your pain might be too great and you need help to ease or remove it, and you keep doing your best expressing such pain whilst you have it, as you express all the bad feelings and want to uncover the truth of them.

Every part of your dysfunction is manifest on all levels of your aura, including in your physical body, even if you are of perfect fitness and health. It's on the cellular level, the finest level of your mental circuits, your belief and behavioural system, your emotions and feelings, your spirit body and in the two templates that connect everything to your spiritual and physical bodies. And it all can be seen on the will body. All of you is rebellious, you can't have one part being rebellious and yet not the other, so when you do your Healing, every level within you is constantly changing so as to help you uncover the truth of your rebelliousness through your feelings. So, there is always a lot of energy and consequently stress being experienced, and you will feel very tired at times, tired right the way through you

to the core of your soul, all of which is understandable.

Your whole childhood was needed to interfere with every part and every level of you as you formed into your unloving and untrue state, and all of that has to be unwound and redone. It is a massive undertaking, the Healing of yourself, the Healing of your soul. And it all needs to be done as an adult so you can be fully involved consciously in it, unlike how so much of it was for you as a young child with you largely being unconscious and unaware of all that was happening to you.

So, if you can see auras, you're going to see it in a constant state of flux through your Healing. One moment you might feel 'brighter', then next down your hole feeling very dark, miserable and depressed, with it all being expressed in all parts of your aura. If you want to 'work within someone's aura' in some sort of 'spiritual healing' capacity, as some people will feel they want to do, then understand that an approach of being of assistance to the soul of the person you are attending to is best, rather than you thinking you know what's wrong and what's best and you taking over using your mind. So, simply follow and act on your feelings, like living all of your life, as you keep wanting to express all your feelings and long for the truth of them so you too can keep growing in truth. A lot of assistance can be given, the Angels working with you in it, however it needs to be done with the controlling mind out of it, which for some people will be hard to do. For the mind orientated and controlling person, it might be very tempting to get stuck into working on obvious trauma within the patients aura, however that trauma more than likely will be necessary to remain as it is for the purposes of the patient themselves to work through it by expressing all the pain and repressed energy to do with it over the years. The healer might be useful in stimulating the traumatised area so as to help move repressed feelings through the patient, bringing them up within them, but I would advise it's best left for the Angels to guide and instruct you, the healer, on what you can do. A lot of people wanting to do spiritual hands on healing ask God or their Angels or spirit guides to guide them, which is wanting to keep their controlling mind out of it, however it will still be there. So better still, keep honouring all the feelings involved whilst wanting to know the truth of them, and you will be guided.

Another thing for the aspiring spiritual healer to understand, is a traumatised area within an aura might lessen and then disappear altogether as the person works on expressing all their pain and bad feelings giving rise to the truth they need to see from their trauma, and then it might for a time, and it could even be years, seem like that trauma is over – healed – however suddenly, it's all back again, the person feeling all the same bad feelings they thought they'd expressed out of themselves. And this is because the person's soul has

simply liberated more of the trauma to be worked through.

So, if it's not obvious from what I've said so far, if you do your Healing, expect to keep feeling very bad for years because you have years of childhood repressed feelings within your soul needing to be expressed. So as the years pass and you keep feeling the same bad feelings and so wonder if indeed you are doing any Healing, understand that you are doing soul healing and not mind healing like all other so-called healing systems offer. And the goal is to grow in the truth of your unloving state, to bring to light through all those bad feelings the truth of why you are feeling them, the truth of how unlovingly you were treated when you were young. And the truth of how you are expressing your rebelliousness.

Your bad feeling expression is to help you see how wrong, bad, evil, sinful, unloving, uncaring you are, all the bad stuff. And seeing those bad things about yourself will make you feel yet more bad feelings, more bad feelings to express and long for the truth of. So year after year of feeling bad, yet steadily you will be awakening to all that is wrong in you and why it is. You will be growing in more truth and self-awareness daily, and these are the signs that you *are* getting somewhere, that you are progressing in your Healing. You will feel truly good and happy when your Healing is finished, however until it is, be prepared to keep feeling bad, even wanting to feel bad as hard as it is to feel bad.

No one wants to feel bad, you all do all you can to keep feeling as good as you can, so to be constantly broken down, to have your will depressed, feeling like you are being crushed and crunched, to be made to feel powerless so much of the time, is harrowing of itself, however you can take consolation in knowing that no matter how bad and difficult your Healing gets, **you can never feel worse than what you've already felt during your childhood.**

Let's leave it now James, and we will resume later – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Let's continue...

The Truth cannot be forced into rebellion or coerced into default. The Truth being the truth just is the truth and cannot be anything else. It is as existential an attribute of personality as can be. However, the mind can be made to rebel against the truth, which is really rebelling against itself. The mind is not the evil thing, the mind cannot be evil, all of you is created in love from your soul, however it is the force applied to the mind that makes it act in the wrong way. The mind is merely an attribute that can be expressed numerous

ways, and unlike the truth it is malleable, as it is composed, among other things, of feelings, emotions, beliefs, thoughts and behaviour. The truth is not composed of anything other than truth. The mind is made up of light circuits which all come together to express what you call your mind. The truth is something that is contained within your heart, and it just is. It is true that **your heart (soul) knows all truth**, however it takes experiences expressed as feelings and emotions for that truth to gradually be known and lived.

It takes the action of your feelings generated through experience to raise your consciousness to the perception of truth involved, and the action of your mind to determine what you do with that truth, how you live: do you live true or untrue.

If you were perfect this would be the constant point of your self-determination, where you would be choosing how you lived the truth that came to you, either for the Mother and Father, or for yourself. And if you follow the path of yourself only, and so without actively including God, you would run the risk of falling into the misguided belief that you knew how things were to be, and slowly you may be seduced into believing that you are the all-powerful one and master of your own destiny. Now, you are already conceived and so born into this way of living, and have to choose to continue it or not.

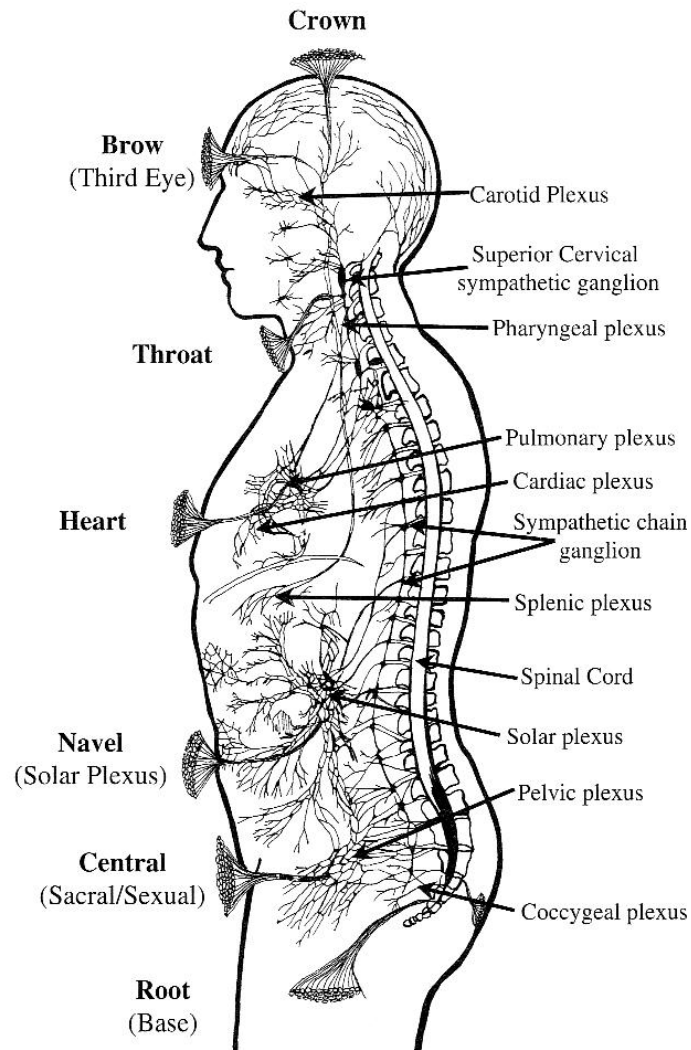
And if you choose to live true and to acknowledge that you are not the all-powerful one, then you would acknowledge the truth given to you by Those Who Made You. You would declare that you did not know everything, and can only know what They want you to do know. You would reason that if you did not know everything, then your way must be Their way, as They know everything, and that in choosing to live Their way you would allow yourself to remain humble without forethought, and without trying to determine or direct or control your own destiny, you would leave that entirely in Their hands. And so you could declare 'I don't know, but They do, They know All, and so it is not my way but Their's I choose to live, so please help me Mother and Father to live true to Your Will, and may I not do my will according to my mind's misguided beliefs'.

In this regard you need to come to terms with the truth that you do not know everything, and that contrary to what you have been told and taught and how you have been made to act, declare to yourself that you will stop trying to work it all out with your mind, that you will give up and give in and try to allow Them to guide you and show you They know what is best for you through your feelings.

Let's pause here for a time James, I will digress, as I have finished what I wanted to say for

now. I want to take a moment to give you a personal message, and by all means include it here if you want.

I want to thank you for all that you have given me. By allowing me to write 'through' you I have been able to have a very remarkable experience. I know you cannot appreciate it, however, this is what you might call a once-in-a-life-time experience. I can't say exactly why here, but I am sure you can pick up my undercurrent of thought to you. So I wanted to thank you. Thank you for allowing me to communicate to you as we have been doing. And I will be more than willing to continue our task. We still have some more information to cover, and then you will have other work to do. From our side, things are going along very well, wonderfully well in fact. We all admire your's and Marion's determination to do your Soul-Healing. I won't say any more now but will let you rest and allow all that we have been speaking about to settle in your heart and mind. Until next time... Zelmar.



Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.

Infographics and diagrams have been added by Pascas.

5 July 2003

The temptation you all face is to forget the truth of what happens to you, to selectively blank out the bad things and keep the good, and then elevate the good higher than it was so as to make up for the deficit of bad. You are forced to do this as a child, with some people being able to succeed more easily than others, but all in all you end up forgetting much of the bad that you felt, even if you can remember that it happened to you. You disconnect from your feelings and so lose any way of knowing the truth as you grow older, however you can't dismiss your feelings, so they have to be buried and contained within your soul, underpinning you as an adult, yet waiting until you seek their truth before they can resurface.

One moment your parents are dismissing and rejecting you, then in the next it seems like they are wanting you and you're having fun with them, so you cling onto the good experience and blank out the bad. How much of your childhood do you remember? Why can't you remember the whole sequence of one day, and how many days did you live up until six years old? And what about the rest of your childhood? Where has it all gone, all of you that was experiencing life? And why have you forgotten it? Admittedly, even as an adult you can't consciously recall all your days, but still compared to you as a child, even taking into account your mind is still forming, how little most of you remember. And where it has gone is into your soul. **Contained within your soul is every moment of every day since conception, all your experiences good and bad.** And so it can all come back to you if you need it to, it is not lost, yet how many people do want it to come back? The blanking out of the bad things and elevating the good, even to the level of creating fantasies to further block out the bad, causes you all to be blind to the truth of the relationship you actually do have with your parents.

I want to go over two conflicting truths that exist side by side. From your soul's encoded light plan, all that happened to you as a child, all that your parents and other carers did that brought you into the negative state, has been done because you are to experience the evil and heal your way out of it. So your parents being bad to you was because they were made to be, and mostly totally unaware of their state, are doing to you exactly what your soul is wanting them to do, so from this point of view they are not to blame because they are giving you what you want, and if anything should be loved and thanked for their unloving service of inducting you into the Rebellion by Default and turning your mind against the truth of yourself. And this asserts that you are responsible for everything from the soul level, and you take it all on and live 'merrily' along in the negative condition suffering exactly as your soul wants you to suffer.

And this may be all very well, however the fact remains that you feel bad, and all that you are suffering has come from your parents, and so they are completely to blame, even if they did not know themselves what they were doing to you; and they themselves are suffering at the hands of their parents. And in your Healing you will blame them for not loving you, and hurting you. Then as you heal you will find that compassion, sympathy and understanding will come forward gradually for them as you divest yourself of your hurt and anger, and then finally as you start to love yourself realising that you don't actually need their love, the love you never got, as you can now give it to yourself and get it from other sources, you will feel more considerate of their misery and ignorance and see them as only the poor helpless pathetic child, the same as they made you be. And you come to understand you are all the same, that you are all in it together, all equally to blame if anyone is to be blamed.

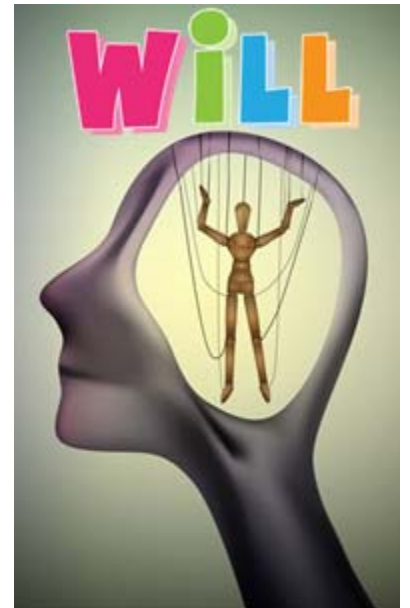
Many people try to apply self-help mind strategies to themselves believing they should be all-forgiving, and that somehow they can use their mind to cease all blame and anger at their parents and everyone else who treated them unlovingly. But this false mind-forgiveness is not true forgiveness, which will only come once you have liberated all the hatred, blame and every other bad feeling you feel. You can't keep denying and dismissing your bad feelings forever. At some point the ability to do so using your mind will reach its peak, and the effort to keep your mind so heavily in place will start to fail. And then all those buried bad feelings will start surfacing.

From the souls side of things, all deficiencies that you may experience, all the bad, you have needed and wanted to experience; and from your experiential side, all has been caused by your parents. So all the bad you experience can be attributed to your parents: all suffering, all deformities, all illness, all bad relationships, bad experiences, bad feelings, all that is wrong in you; and yet it has also been exactly what your soul wanted you to experience, so are your parents really to blame? At the end of the day you are all still just children, and as children, how can you be expected to be parents? So to be a parent, to be a child trying to parent another child, you need to accept this truth and step aside honouring your child-ness and allowing your true Parents to parent you. Which you will do through your Healing.

9 July 2003

Good afternoon James.

The will is just a will. Will describes it better than anything. It is neither subjective nor objective, it is for all intents and purposes just a piece of machinery to be used by the soul to bring you into Creation and to move you about so you can have the desired relationships to bring about the desired experiences your soul wants you to live. And as I have been telling you, the desire of the soul is for experience, so that you, its creation, can grow up and become an individual fully cognisant of this truth, and willingly express your personality. Your soul brings you into a conscious reality giving you a feeling and knowing that you are you, and that you are unique and purposeful in Creation. And so the more you experience the truth about yourself, the more you will gain from your experiences; and the more you experience loving relationships, the more your soul will be able to lovingly express itself through you (and your soul-mate) in Creation.



The Will to exist must honour natural or creational laws. It must always find balance, equilibrium; if it wills against itself, then it must in some way come back by willing itself the other way to regain its natural state. So if your parents force their will on yours, your will must in some way come back to its state of equilibrium, and how it does this will be largely the investigation we will take over these next messages. Your will has been forced against you, but you have made it come back to its operative state, and in doing so you have had to do many things within yourself to counterbalance the negative pressure that has been applied to you.

The greatest thing you have done is submit to their control by giving up yourself, you have literally given yourself away. You have stepped back, out of the picture so to speak, disconnected from yourself, and have constructed a false you mostly composed of beliefs to fill in for you. Your parents have told you in all sorts of ways, that you, the real you, is not to their liking, and they want you to be different, they want you to be how they want you to be. And so during your forming years you have selectively subtracted some of your true self and replaced the missing you with an untrue or unreal you, one which you have been forced to create with your mind. Your mind has been made to take on the challenge, and has done a remarkable job of it. You are full of erroneous beliefs and unloving behaviours, all of

which add up to making you a fantasy you, and by doing so, allows your will falsely to maintain its equilibrium, giving you a belief that you are in control, that being, with your mind and not your heart.

How you parent on Earth is simply your child brings a part of itself forward, and as the parent you say we want that bit but not that bit, so you set to work eradicating the part you don't want and telling the child how it needs to be: "don't do that, do this." "Stop that, I don't like you like that; do this and I will like you." And your true feelings, the true you, your heart, is slowly rejected and your mind has to contrive the beliefs that you are okay, so that you can do and be how they want you be. They do not honour their relationship with you lovingly, and instead make it into a false relationship, of false love and feelings. And more and more the mind is made to completely give over; and the world supports your parents, and is of your parents, and so it too applies pressure to you, and so you give over to it and make yourself fit in. Your mind then becomes rebellious, it acts against your feelings, heart and truth; and your will, wills it all to happen.

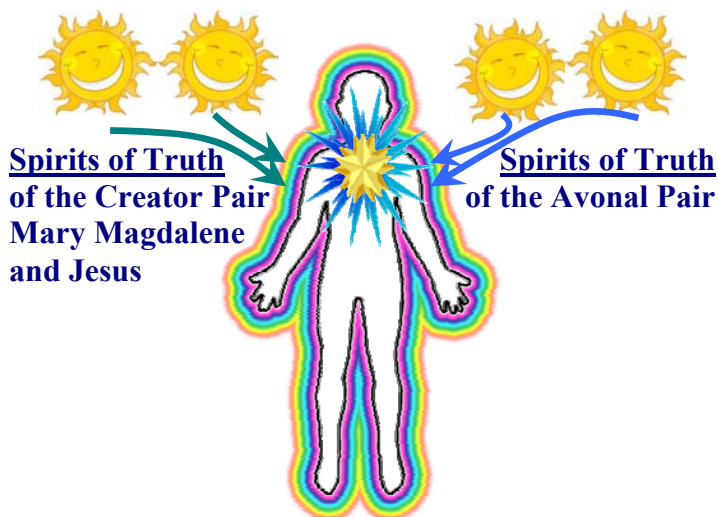
Will is a loving act; it can only be done with love. If you like, it is your will's lovingness of your other attributes and your soul loving you, that keeps your negative mind functioning in control. Your will is loving you along in no love, and no matter what you do with your will, it is done perfectly and lovingly. And this brings us to see that your acts of unlovingness you do to each other, are, on the will level, being done actually lovingly to one another. You are terrorising each other, assaulting each other, killing each other, being mean and nasty to each other, rejecting each other, all unlovingly, yet still lovingly on a will and soul level. The victim wants the bad thing to happen to them by the aggressor because of the experience and feelings involved, so both on the soul and will level are interacting lovingly. But on the outer feeling and personality level, you don't feel it's loving, and so these are the feelings you are to deal with. As adults, these acts you can see are not right, they are not actually loving, but how you are as parents you do not see, as you believe you are being loving to your children. A very large discrepancy exists, the loving parent can torture its child and make it suffer all sorts of terrible things, but you cannot do such things to each other as adults. However in past times, and before Jesus and Mary's time, your ancestors did do all sorts of terrible things to each other believing that they were loving acts. It is only your perspective that has changed.



Why it has changed has been due to Jesus' Spirit of Truth functioning on you as adults in your adult to adult relationships, but as no Avonal Sons or Daughters have as yet liberated their Spirits of Truth embracing the child aspect, you still fail to see that what you call loving acts with your children are actually unloving and hurting them. That 'what is good for them', is not at all, and is actually far worse than anything you would do to another adult. You are slowly torturing your children from conception to six, and then through to adulthood as they take over the torture from their parents, and that is a lot of torture, and it results in making the child be someone that it is not – you are turning a child into virtually a different person. And so you are completely failing to see the error of your beliefs, let alone your unloving behaviour, that you are not loving to your children at all.

When people start to see this truth, as they will by embracing the help of the Spirits of Truth from the Avonals, it will be backed by Jesus and Mary's Spirits of Truth, and slowly your eyes as a whole will open, and your focus over this next Planetary Age will be inward and personal and all looking back at the child – to your own childhood, and how you parent your own children. Your current psychology is arriving you at this doorstep of discovery in readiness for you to embrace such truth, and the Avonal's Spirits of Truth will be made available accordingly; and you will see, you will see it all for yourself.

Zelmar. (a Melchizedek from within our local universe of Nebadon)



Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This comes through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

10 July 2003

Now, getting back to the soul.

As I have said, it has Sectors (often called Circles) within its makeup. These are sections of the soul that have defined purpose, that begin to imbue the emitting light with further light from the circle as it travels out through it. The sectors are like layers of the soul, so out-coming light travels through all of them, all of the layers, but as the sectors are themselves divided into segments, the out-coming light can be defined by the route it takes coming out of the soul by seeing which segments it passes through in each Circle. So light that is coming forth from your soul that is bringing your hand into being will pass through different segments than those which are associated with bringing your mind into being. Soul-light comes out of all segments through all Circles or Sectors to sustain you, but as you grow in truth and the pattern of your soul unfolds, so your segments alter enabling the light passing through them to imbue your soul-light differently.

The original source and cause of your soul-light is to be found in the heart or paradise or nucleus of your soul. Within its depths is something that can generate and then emit light. It is not something like a chemical reaction as seen in your material sun, although this is reflective of the processes involved, but it is *a something* and it is capable of generating the light and sending it forth as determined by the light-print of your soul. It is quite hard for me to describe it, but there is an initiating spark, something that happens in your soul's very core on the moment of incarnation that begins the whole incarnation procedure and then continues your existence in Creation. Up until that moment your soul exists but does not shine forth its soul-light. Your soul does have a light of its own in this pre-creation state, but it is not one that is seen by or 'shone-into' Creation. It is not a creative light, but a light that just says: *I am, I exist, I am soul, and I have two personalities given to me by my creator Mother and Father; and I am of Them, I am Theirs, and I am 'waiting' to begin my 'life' to express myself in Their Creation.* It is in something of a dormant state, a pre-creation, or pre-creative state. And it requires *a something* that sparks it into expressing its personalities in Creation. And as we look into Creation we can see a similar manifestation of this with the life plasma carried by the Life Carrier Sons and Daughter to all physical worlds, which when deposited in the primordial seas as it was on Earth, is given by them the vital 'spark' of life that begins its unfolding (expression) of all life on the world. **Life came to your world from higher local universal Daughters and Sons**, and not as a quirk of the cosmos or from the impact of a meteor, or from aliens. And contained within the life plasma, as you can read in *The Urantia Book*, is the blueprint for the outworking of all natural life on the world. Species come and go in accordance with the ongoing expression of this Life Plasma, all being overseen from

spirit by the Nature spirits in their earth plane. And with the Nature spirits adding their 'light sparks' from spirit that keeps 'sparkling life along' in the direction it is required to go. The Life Plasma is a Living Truth, more than just physical and spiritual genes, with the Nature spirits and Angels overseeing its outworking or expression, as they continue to provide the 'sparks of life', the spiritual light, to maintain species and 'spark' new ones into being, all in accordance with the plans for life on Earth as conceived and instructed by the Life Carriers.

The Primary Spark of Light, or Spark of Life, that comes from the Life Carriers that activates all life on a newly evolved material world, by activating the Life Plasma, comes from their souls, from within their heart, and comes as a united action of will, they literally will the life plasma into action, and then something unique to their creation enables the necessary life spark to be given to the plasma to 'awaken' or 'activate' it.

And so it is we conceive that the Mother and Father having initially created our souls (possibly using their Soul Spark?), then awaken them to start creating, to start expressing their personalities in Creation, by giving something of Themselves that 'sparks' them into action, into shining their soul light pattern forth into Creation. This *something* They give is unknown to us, but we can feel, as you will be able to 'remember' or become aware of at some stage in your soul development, Their Loving Spark Of Light that 'sent you on your way into Creation'. We surmise that it is something of the combination of all our Mother and Father's personality attributes, Their Mind, Heart and Spirit – Their Light, which unite to give to our souls the initial Blessing Of Light we need, something like a helping hand from Them, to begin. So without this first moment from or with Them, we cannot be in Creation, as our souls wouldn't exist. We need Them to begin us in Creation; we need Their Love, Their Will to 'spark' our soul-light into action. So it is Their Will that begins us, that makes us, and gives us our action of will, it is not something that we conjure up ourselves and make happen for ourselves. We cannot will our own soul into action so as to start expressing us its personality in Creation. Our existence, either existentially or experientially, is not something of our doing. We are completely Their's.



Once this initial soul-spark has been given, our soul bursts into light. We can perceive this, as you also will one day be able to. It is incredible, and you know that incarnation has begun. Light bursts forth beaming out of the soul in all directions of its entirety, making the soul appear as a star of light, with the actual inner fabric and form of the soul being lost to 'sight', but still it is nonetheless there.

With this spark having been given, immediately as light bursts forth, you are experiencing Creation and are an experience of Creation, and so light starts to feed back into the soul from your experiences; and as the soul receives this light, with it also being imbued with the corresponding segments as it moves in through the circles into the core of the soul, it is then received at the heart or paradise of the soul, and this returning light then acts as the spark to initiate the next out pouring of light as determined by the pattern of our soul. So from now on as you experience in Creation, this returning experiential light performs the function of keeping the soul's light pattern unfolding into Creation. Your soul is in effect self-sustaining, sustaining its own creation through experience. And so you can see the importance of experience. Without experiences, nothing would come back to the soul and so nothing further would come forth. And so as you deny your full expression, and therefore deny your experiences in their fullness, you are denying your soul its much needed light, so your life will reflect this degradation and denial, and that is what you are living. You may believe you are fully experiencing, but you are not, in no way are you, in your negative state. You are denying your soul experiential light, and so it cannot fully spark you into full expression. You are denying yourself life, you are darkened, you are not as 'alive' as you feel you would like to be. So if you feel dull, all but dead, underpowered, these are truer feelings as to the nature of your soul.

As you do your Healing, you will feel how 'dead' and how much in denial of life and light you are living, these will be very real feelings for they will be the truth of the state of your soul. When you feel that you don't seem to have any spark to really want to get into life and be a part of that which the Mother and Father have created for you; when you feel down and depressed, it is this state of light-denial that you are feeling, experiencing it as the true state of your soul. You are becoming more your true soul, feeling of how impoverished in light you are, feeling the truth of your untrue state, the true state of your unloved soul.

Experience when fully experienced, gives rise to the expression of all your personalities attributes being fully and harmoniously expressed. This equates to you feeling fully alive, vibrant, fully present, good and happy, connected, fully present, trusting and secure, accepting and fulfilled – loving. You feel love when you're living truly expressing yourself perfectly in each experience. You feel loved and loving, and mostly to the point of overflowing with it. And it is the light of love, being the net light of all that you are, that is the most instrumental part in going back to the soul and providing the spark for your next experience. And if you lived in the right way, each experience would result in drawing more of your personality into being expressed in Creation, and so more love you would feel and

more loving you would become. Love is therefore what you all crave, for it will help you to feel good and as though you have meaning and purpose to your life. You crave it from the moment of your conception, for innately you know that it is with love that you will be able to fully express yourself. You need to feel loved, wanted and accepted so that you can experience truly and express all of your personality.

Light from your experiences moves back through your soul, with each segment having a point of specific entry, and being further sub-divided right down the 'diameter' of a 'ray of light', registering its experience within the segment and is then altered or imbed with the 'stamp' of that segment to carry on into the heart. And so by the time it arrives at the core pattern, it can illuminate the next part of the pattern to shine forth.

Now, the whole pattern of the soul is represented also in the surrounding circles and their segments. So each part of the pattern in the heart has a corresponding expression in the outer soul. So literally speaking, things may happen like this: your soul sends out a light to be expressed as an action in Creation, and it might move you, for example James, to suddenly jump up and pat Zui, your little grey cat. The intent of the light is to further your relationship with your cat, for you to express your personality and experience many things with her, most of all feelings of love. So, as this primary light passes out through your circles it will shine out through the segments of these circles that are of the pattern that is wanting you to experience and do this act with your cat. So, this out-coming light will move through all the specific segments becoming imbue or 'charged' with the instructions as to what effect this light is going to have in Creation.

It first hits your will and is then willed through the respective areas in your aura that are receptive to receiving such soul-light, with the result being that you suddenly, for seemingly no apparent reason, feel like jumping up and patting Zui, and so you do, and she responds lovingly by purring and rolls over allowing you to rub and caress her stomach, and you feel loved by her as she happily accepts you showing how much she loves your attention, and you feel more of your own love and good feelings for having done it. Then just as suddenly you feel like stopping, your soul having received the needed returning experiential or creational-light and making you feel you want to stop, and you feel good, happy and satisfied having thoroughly enjoyed the experience with her, this adding more depth to your relationship with her, and has helped you to express more of yourself in Creation.

If the experience is not fulfilled from the heart, with your truth, and so not as loving as it could or should have been, or was just a contrivance of your mind, something that you

believed you should do, then this light will not carry with it all the light needed to fulfil the segmental requirements, and this denial of experience message will get transferred to the light to carry on to the heart of your soul. The heart of your soul will then instruct further light as needed to generate your next experience, and this light will be inclusive of the truth that you are still living in denial of the truth and of your heart, and so will be dealt with accordingly by the segments on its outgoing, and will shine forth into you in Creation making you carry out your mind's next contrivance. And if you were aware of feelings, you'd be able to feel something wasn't right, and so not as loving as it should have been in that relationship interaction, thereby making you feel bad. And if you then acted on those bad feelings, again being directed by your soul, and all because you now want to do your Healing, by expressing your bad feelings you will bring to light the truth of why you felt unfulfilled and not loved enough or at all, which might be enough added creational-light to fill in the denial from that experience. And included in and as part of the filling in experience, you will be taken back to your early relationship with your parents when you felt those exact same feelings, and with your now more aware adult understanding, will fully be able to accept that in that moment as a child, and in all those feeling moments since, your parents didn't love you, your soul, as you needed to be loved.



And of course within all of this are countless amounts of light coming from and going into your soul, layers of experience on layers, all being driven by the light pattern of your soul's paradise.

We believe there is far more to the soul, it is far more 'alive' than just being a thing of arbitrary substance and dimension containing a soul-pattern for life. We believe the Mother and Father are constantly relating to you on a soul level. That They haven't just created you and then left your soul to carry out its soul light plan, that in some way They are intimately involved in that plan as it unfolds, as you come into being, being one of the personality expression of your soul. That They are always communicating with and relating to you on the soul level, and then also on the personality level through Their Indwelling Spirit. So you enjoy Them on both levels, the existential and experiential, simultaneously, that the two diverse realities



of being are actually not as separate as they may appear.

However, our beliefs are merely conjecture with nothing substantial on which to base our reasoning, we don't know it for sure as part of our truth, it is just feelings, and may be pure fantasy on our part, but at least positive fancy not like your negative ones. We like the more personal approach, believing that perhaps existentialism is not all so mechanical as it sounds, that somewhere in it is some 'soul'.

It's all about
Experiences
 &
FEELINGS

FEELINGS
 must be
 FELT

BE FEELINGS
EXPRESSIVE!

12 July 2003

Hello James, I, Zelmar, a Melchizedek, will try, as I said to you the other night, describe what happens to the light of the soul as it leaves the paradise of the soul or its core, and moves out through the greater soul.

Imagine you are looking down a long tube and all about you it is dark, but at the far off end of the tube there is light. You can see that the source of the light is some way away from you. Now suddenly you see a greater pulse, or flare up of light much brighter, and this pulse of brilliance comes up towards you and then shines on your face and now the whole tube is filled with light and you can perceive it is coming up from the far end of the tube and shining out of it. Then the pulse ends and you see the end of the light beam come up the tube and out of it. Now when you look back in the tube you see the same ambient light and source as before, and with the expectation of another ignition and pulse to soon follow.

Now, imagine that the tube is see-through and you can watch the pulses of light coming up through it. Imagine that the pulses are slowed in frequency so that you can see them in very slow motion, with no sooner one finishing and another following. In normal motion you cannot discern the individual pulses, and the tube looks like it is just constantly filled with light.



Now imagine that the pulse comes out very slowly so you can see a very definite beginning, longer middle and end to each pulse. Now imagine that the tube itself is something like an assembly line in that as the light passes through it all the way along the inside of the tube, flickers of light can be seen sparking off into the beam. So that by the time the beam exits the tube it has become imbued with extra light that has been 'added' to it along its journey through the tube. It has gained in a 'light personality', which then gives it instruction in Creation.

Now imagine that the light beam has within it from its original ignition, a certain code, made of even smaller light particles, which when passing out through the tube were the cause of triggering the light flashes along the inside of the tube to spark adding their light to the 'outside' of the beam. And with these sparks they affect the surface of the beam bringing the particles into a form reflecting the inner from that initiates their spark. So that what is on the inner gets manifest on the outer. And if you could decipher the sparks, you would see that each contained a signal or instruction that will have the desired effect on the receiving point in Creation, itself then causing a spark in Creation, in the will to then will all the rest of the light into doing what it is meant to do. With part of that instruction actually

causing sparks at the desired points in Creating, within you, that are meant to be affected by your soul-light, so thereby bringing about what it is that is to be created. So the inner coding of the beam coming from the core or nucleus of the soul's paradise, is then brought up onto the surface through its journey out of the soul, and enables the beam to be effective in Creation. **Having passed through the will, and willed onto its specific receptive point in Creation, it is received, for example, in the soul-light receiving area of the nucleus of a cell in your body, affecting that part of the cell by literally sparking the specific part of the gene it is destined to spark 'life' into. So. as far as each cell in your body is concerned, it is continually receiving sparks of light from the soul to maintain its creative powers, keeping itself in Creation as determined by the light pattern of soul.**

And remembering that this soul-light, this single beam for this one cell has previously already 'shone' on the will and the subtle bodies and spirit body relevant to your current state in Creation, sparking into 'life' all the relevant levels according to its encoded instructions on these levels, with the last level being the flesh one in the cell of your physical body. **So every cell in your physical and every corresponding 'cell' in your spirit body, and every 'cell' in your will, are all being constantly maintained, kept 'alive' in Creation, by your soul.** Remember, I told you that your soul sustains you in Creation, it keeps you being the creation, the person that expresses your personality. And then remember **this all happens so fast that your scientists will never be able to measure it, only one day speculate about it.**

And the light beam or ray, having passed through the will, has actually changed in its whole appearance, being received by and further activated by the will, with the resultant light that then moves through all the relevant parts of your aura and into your physical, no longer being the original soul-light, but now being original-creational light. The actual soul-light only really going as far as your will. And this resulting creational-light is then what goes back into your soul, it being what your will is causing you to experience.

So, each singly ray of light emitted from the soul has a very specific purpose and destiny. Its destination being that which it was sparked forth to go to. And now add to this one ray we are talking about for a single cell, seven to the power three numbers of rays (7 to the power of 3 can be expressed as $7^3 = 7 \times 7 \times 7 = 343$), all being what each cell needs as instructions to maintain it. And now see that in a cells experience of 'living' it generates an equal number of creational-light rays which all come about as it carries out its instructions from the soul. Then all these 'lights' shine back to the soul retracing the journey of outgoing light through an attraction property exerted on it from the soul. This attraction acts

something like a vacuum being created or generated by the soul-light. The presence of the soul-lights as it effects time and space causes a vacuum or an attracting force that 'gathers' up all the exact light that has resulted from its action and presence, all that life of the experience. This gathered creational-light or experiential light, the light from each separate tiny experience of being in Creation, comes together to form an incoming ray of light of exact size and proportion to the original outgoing soul-light. This incoming or ingoing ray, going in from Creation to the soul, then 'shines' back through the will into the soul retracing the same route through the segments, the tube, and it in turn triggers receiving areas in the segment which in turn spark onto its surface imbuing it with further instructions destined for the heart of the soul. In the souls paradise, this ray is received and it affects the coding of the soul, igniting the next burst of light, or ray.

Now looking back at our tube you will be able to see inbetween outgoing pulses, incoming ones, out then in, out then in, in a sequential order. And the incoming one will be coming back to the soul in direct response to the last outgoing. No new outgoing light into Creation can occur until the incoming pulse is received. So in fast or normal motion the tube is just a light, yet composed of oscillating light, with each oscillation being very different in nature to all others. When you cause light to oscillate in Creation, its composition once established is constant, yet not so with the soul. No complete oscillation is ever the same.

What I am intending to do with you James is give you a picture for your mind to embrace these concepts. However, you must understand that all I am saying about the soul is really still just speculation, trying to work out the soul from observing its effects in Creation. So much of it really is possibly arbitrary, and if one could actually study the soul might be subject to change. And as you are not interested in the physics of it, it is more the concept of the soul and its relationship to us being soul-personalities that I am trying to forward to you. There are other students of the soul who would frown upon what I am saying to you as being too simplistic, however what I say is more than enough for you at this point in your evolution of truth.

Now there are other soul-lights that come from the soul into the varying parts of your aura. These lights do not carry instruction for the physical. There are some that go to each specific section of your aura, each body, real as in your spirit body or subtle bodies, your mind, emotional and template systems. And other light that goes specifically to your will. And then there are lights that go to combinations of these areas.

Each separate ray of light passes through its own unique segment. So, as your can imagine

there are a countless number of segments in your soul. And as I said, these segments can be divided or grouped into identifiable sections in the soul called circles, with each circle of segments pertaining to very specific things of which I will now speak of.

As I said in earlier messages, there are seven primary Circles (Sectors), and as with all things the more closely you look at them the pattern is repeated, there are circles within circles.

Each soul-circle is like a layer of the soul. And there are a lot of them. Starting with the souls paradise, its heart, I will try to give you some idea of the anatomy of the soul.

The soul is shaped like Paradise, ellipsoidal, with a very long extension in the horizontal direction compared to its vertical axis. Something like a 'flying saucer' shape.



Its paradise is in its core, and I will speak about this part later. Around this is found a 'space' to be filled by your Indwelling Spirit upon soul-fusion. It will dwell within you embracing the heart of your soul, making you literally feel you have been embraced wholly by the presence of the Mother and Father.

Then the Circles proper start to encircle the soul-residence of the Spirit of God, which encircles your true residence of personality, the Spirit or Heart of You, the Paradise of Your Soul.

Now let's imagine that the paradise of a soul is like a black circle, a sphere in three dimensions. If you could look at it say from outside the soul, looking down the tube of segments, you would not see any light at the end of the tunnel. The ambient light I said you would see is light that is reflected back from the surrounding circles. In fact the paradise light is 'black light' or 'no-light' being so bright and so brilliant that you would not see it. And yet some of this brilliance is discernible as seen by what is reflected back from the outer soul. The soul circles if you could see them are ablaze with light in comparison to the heart, but really this blaze is very inferior to the unseen brilliance of the core of paradise light.

The whole of this paradise circle (or elliptical sphere, for ease I will pretend the soul is spherical) is called the 'Paradise of the Soul: a Soul's Love' it is the Primary love circle. And then surrounding this and encompassing the Circle of the Spirit Indwelling is the second

Primary soul circle and so on incorporating seven circles. And these circles constitute the 'Heart of the soul; Inner circles of Light'. They are as follows:

The Heart of the Soul; The Inner Heart Soul Circles;

Circle of Love.
 Circle of Truth.
 Circle of Light.
 Circle of Season.
 Circle of Creation.
 Circle of Activation.
 Circle of Life.



These circles of the Inner circle then become the first circle of the Outer Heart Soul Circles;

The Inner soul circles.
 Circle of Light – primary.
 Circle of Truth – primary.
 Circle of Love.
 Circle of Light – secondary.
 Circle of Truth – secondary.
 Circle of Life.



All of the above, the inner and outer Heart soul circles, then constitute the first circle of The Greater Soul which itself is composed of;

The Inner and Outer Soul Heart Circles.
 Circle of Truth – tertiary.
 Circle of Light – tertiary.
 Circle of Love.
 Circle of life.
 Circle defined.
 Circle undefined.



Then all of these circles are themselves further subdivided into seven circles and then these subdivisions further subdivided into another seven circles.

So far as the meaning of all of these circles you would need explanation as to how they in turn manifest in your life, and how they relate to the segments that are contained within each circle. I will give some further examples to give you an idea of the complexities involved. And bear in mind as your mind wrestles with such numbers and things that each of these circles are manifest and to be made manifest in creation over the duration of eternity.

I will also add that there is no real need for you needing to know this information so far as doing your Soul-Healing is concerned. It is all for your mind and to give you a demonstration as to the sort of things that are involved in making you, you. That being depths of yourself way beyond your comprehension currently available to you in the material. And we want you to see, that you, **everything that you are in life, and your whole life, is coming from these mysterious depths of you**, and NOT, which your parents have made you believe, from the outside, or the world that is only an extension of them.

Most of you live without seeing the truth and purpose of that which happens to you, and as it just seems to come out of the blue, it is hard to make a connection with the truth that it is all being generated for you by your soul. Even the chance meeting of a stranger, or a chance happening that changes your life forever, or the everyday mundane moment to moment experiences, all happen with ordained perfection from your soul, and nothing happens by pure random chance, they are all destined and perfectly created, brought into your life as an experience all because of your soul. Everything that you are and do, and everything that you will ever experience, happens because it is coded in your soul to happen, EVERYTHING. Nothing is randomly done, and everything is done with and for absolute purpose of which will take eternity for you to see the truth of. And all though this all may sound too big for you to grasp, bear in mind, the NOW is eternal. So just as all of this may seem to be for a far off future, it is all equally for now. You have no future, only NOWS. So in theory, that is if you were sufficiently advanced enough in truth, you would know all that is happening to you and feel all coming to you in life as a direct result of your soul. You would feel as though you are being carried along by your soul, with you and it being as one. You would sense and perceive the existentiality of your soul, and be very happy living contentedly in the thrill of each new experience not knowing what each new one holds for you but knowing that they must be good for you because you and your soul are one, and your soul is love.

Do not worry if you cannot grasp the whole concept of what I am trying to portray, for this is only as I have said, the tip of the iceberg so far as the intricacies of the soul are concerned. More importantly for you will be whatever feelings and thoughts might be stimulated in you.

It is, as is everything, more important how you feel about things than whether you retain information in your mind. Information only clogs your mind and cancels feelings. Let it come and go, for information can always be found again if it is required, but your feelings are unique in every experience and cannot be recaptured. If anything is for you, it will stimulate you, impress you, and generate a feeling experience; if not, it will not inspire feelings, and it will not be for you. You don't have to know or understand everything, or anything for that matter. You only have to be You, and that is what you will find out during your Healing. You are the important one, not information or concepts or understanding anything other than yourself. Stay true to and honour yourself, not the information or idea; what you feel is what is vital and very important. Those people who want to delight in information can do as they please, just as you can do and should so as you feel to do. And if you take to this information and feel it is to your liking, and not just for the gratification of your ego, and you seek more of it, then it will be given to you as you grow in truth, just as what is needed for everyone will be given to them as they advance.

The more you do your Healing, the more open and receptive you will be to receiving information and help from spirits. And you may be aware of the help or may not. But one way or another it will come to match and elaborate upon the truth that is growing in your heart and coming to you from your own experiences, all of which are being generated by your own soul.

13 July 2003

Everything that you do in your life comes from your soul, and everything that happens to you from outside of you comes to you through the Mother and Father's Soul. And all in accordance with what your soul wants you to experience. All experiences you have with other people and spirits come from the souls involved. All your 'successes' and 'failures' in life are all soul-governed. **Your business and its advancement or contraction, is all from your soul and for all souls concerned. All the ideas and thoughts you have about anything, all come from your soul.** And the Mother and Father's Soul supports all that you want to do. They support the religious, the criminal and the ordinary, in the same way, by allowing their souls to have the experiences they need. No one is ever denied experience, even in the rebellious state, although your experience in this state will not be as perfect. Still you are completely governed by your soul; and as you will come to see through your Healing, even those experiences that happen to you that seem very bad and hurt you a lot are exactly what you need and are very good and still supportive of you. You may not agree with this initially, but as you grow in truth you will see it for yourself. Nothing that

happens to you is actually bad for you, it only appears that way because of your beliefs, and they being negative make things appear very bad. The soul can only do good, for it is love. And your Healing is to show you this. As you work through your erroneous beliefs and accept the bad, you will start to see that the bad is contained only within them because they are wrong and not harmonious to your soul and love. As they go you will live only with love and only good things will happen.

I will leave it here for now James and we will continue tomorrow. Zelmar. (a Melchizedek from within our local universe of Nebadon)

14 July 2003

To give you an idea about how these circles affect you I will have to speak for a moment about truth. First of all, what is Truth? Like so many words, truth can be defined in many ways depending on how it is needed. In this context to help define soul circles I will describe truth as being that which your soul wants you to see, know and live as being true. For example; you as a person, a thing separate from an animal or a plant, all that is you, could be said to be a truth, for it is true that you are a person. And all you then define as a person are truth, for as a person you have two arms and two legs, a mind, feelings, conscious knowing of things, etc. These things are real and exist, so you know they are true, and can be further embellished in understanding by your mind. So what is real is true, what is unreal is untrue. If you steal and treat someone badly, you can, if you don't already know, awaken to the truth that it is bad and wrong to treat another person so disrespectfully. So stealing being bad becomes a truth that you know and live. You hate having something stolen from you, you know how bad it feels to be so disregarded, so as part of living your truth that stealing is bad, you don't steal from another person, you treat them as you want to be treated, you respect them as you want to be respected. And this is an obvious truth and life experience. And then in your relationship with yourself, your partner, other people, nature, and even with God, so in all relationships, there are millions of levels of different truths for you to come to understand, know are true, and then decide you want to live. All so you end up knowing what is loving and what is unloving, all based on the experiences you're having.

The circles of your soul bring what is true into being for you. Your soul is the greatest TRUTH and it wants to manifest itself in Creation, and the truth of you then becomes the framework from which your personality is expressed, and this framework is itself a part of your personality. With love being the word used to denote the truth of your personality. So the circles are what brings your soul-light pattern into being, they manifest the building

blocks which enable you to experience, and therefore to express and feel love based on the level of truth you are on. And so the more or higher you are in truth, the more loving you are and the more love you can receive. No truth – no love.

If you pinch the skin on your hand you can feel you are there, real, existing in Creation, and that your hand is apart of your physical body, and your body is that which your spirit is currently 'living' in. Your body is the most gross real thing of you, it is hard and material and will not move through a wall made of bricks. In comparison, many people feel that their mind and feelings are not so real or hard, for they seem able to come and go and are not so material, they seem to be in another world or space or dimension within you, or somewhere. And yet so far as truth is concerned, these things are as real as your physical body. Your spirit body which for the most part you are unconscious about, is as real and solid as your physical, and even more true in the sense that it is with you now and always, whereas soon you will not have your physical body.

Your soul is truth, although you may not be aware of it, but still it is true. And these are all things of definition you can grasp with your mind, or just feel and know to be true. But now what about the statements 'I am a son or daughter of my Heavenly Mother and Father', and 'I am love', and the 'the Father and Mother are All Loving'. These are truths, and so are true, real and solid, and you believe them to be true with your mind, but it will not be until you know within your heart of hearts, within the depths of your soul, know because you have experienced these things for yourself to be true, that they will become a part of your being and as solid and real and true as your body. And these statements once lived, when they become real and living to you, when you are living them, are actually far more real and true than your body. Your whole being of personality will become founded on and expressing them. They will be your common bond and reality with all others who know them to be real and the foundation of their heart. And these are only three such statements out of an infinite number, all of which will build up the framework of your personality founded on truth, all being derived through the relationship of your soul, the existential, with experience, the experiential.

These truths that will constitute you then become you, the real core of you, about which your mind can embellish all it wants to express. And all these truths are derived from the circles of your soul. The 'raw' pattern is emitted as light from the paradise of your soul, and as it is imbued with instructions from the circles it passes through as it shines on your will, and is then willed into being in Creation giving rise not only the experiences you require, but also the truth of them, all along building you into being your true self. The Truth of you is

simply what you KNOW to be true. It is what's inside you, a deep knowing that's come about from your experience. It is not a 'knowing' because you understand a concept with your mind. Many people make the mistake of believing something they read or hear or work out for themselves to be truth, but it is only a construct of the mind. True Truth is in your heart, it is you, it is a part of you, it's what you are made of, and once gained, it can't be removed. Information of your mind and beliefs that result, can come and go, you can believe something one day and not believe it the next, but the truth is constant. And as you grow in experience, so you are ascending in the truth of such experience, the truth is growing, evolving within you, and your soul is becoming brighter in light expressing such truth.

A high spirit of Truth has a very bright soul, and when you are in their presence you know they are true in all they might say because you can feel the light of such truth. And it will be the same in the physical reality, a person of advanced truth one will be able to feel and know is so advanced if one is not living shut off to such feelings and truth within themselves. Only a few people could feel the light of Jesus' truth when he was on the world, because so few people were actively growing in truth themselves through their feelings. Those people who rejected him, rejected the light of his truth, because they didn't want to know such truth, they were rejecting it, wanting to believe they knew better with their minds, clinging onto their beliefs and trying to live them as truth.

And when Jesus shone the light of his truth upon such erroneous beliefs, those people entertaining such beliefs felt very threatened, their whole mind structure built on false belief started to feel very unsteady, so they had to rid themselves of such a threat. The false ways of the mind are always trying to 'close down' the light of truth, because the mind feels threatened of losing the false power and control it has. A person of truth doesn't need to use his or her mind to gain false power and control, the truth is just what it is, it having a natural power of light contained within itself, and everything that is also true will resonate in perfect harmony with it, from the lowest to the highest truth. Truth always builds on itself, so the lowest truth becomes part of higher truth and so on as you continue to grow or evolve in truth. You don't attain a higher truth and then discard the lower truth.

So, a person with their low level of truth and still sense or feel that a higher truth is something they want to aspire to have within themselves. So, as the light of truth starts to build within yourself, all that is untrue will start to shake and fall apart, which is why during your Healing as you start growing in truth your mind starts to react by trying to resist you and assert itself, it makes you feel bad, scared, because its false power is starting to come

under attack. Christian's pray for their beloved Master to come and be amongst them, only they fail to understand that they live mostly through beliefs of their mind, and if Jesus did actually descend from out of the heavens to be with them, the light of his truth would threaten their false beliefs to such a degree that they would have to reject and deny him. Jesus would stand with every Christian around him, and yet very few of them might actually be able to tolerate his truth-light, being able to look him in the eye and speak with him about matters of truth. If Jesus came, Christians would have to reject him just as the Jews did, because his truth would be completely against that of the mind-contrived rebellious Christian beliefs.

Jesus himself is not a Christian. He is a Christ, but that is a Christ of Truth, and not a false christ of mind beliefs. People say they believe in the Bible, all you have to do is *believe* in Jesus Christ and you are saved, but these are just beliefs, they are not knowings of truth. If a person who is doing their Healing and longing for the truth that is to be revealed to them through their feelings were to find themselves standing with Jesus or Mary, Mary and Jesus would be able to help them look deeper into the truth of themselves, and the person would not fear them, would love them for the help and love they were giving them.

Truth knows Truth, those of Truth will come together united in such truth, it being different from those people who come together united in beliefs. You have to believe a set of beliefs to become a Christian, **you only have to live the truth of yourself to be a universally recognised citizen of Truth.** Being of the Rebellion your whole existence, your survival and security is based on beliefs, a 'house of cards', which is why so many people feel so insecure and need to belong to a mind organisation like the Church in which safety in numbers prevails, with everyone having to agree to abide by the same beliefs. If every person of the Church and all the other of humanity's mind-made religions were to do their Healing, that would be the end of such mind creations, as everyone would start to live true to themselves based on the truths that come up within them from their own soul.

Great Transformation of Humanity!

They would be quickly forced to shed all such erroneous beliefs of their religion because of

the light of their own newly emerging truth shining the truth on them and showing them up to be false. And this is to be the Great Transformation of Humanity, for it to come out of the Rebellion and Default by growing in the truth of them. And as the individual and all of humanity collectively brings to light the truth of the Rebellion and Default they are living, then the light of such truth will be the end of living against the Truth. So as you bring to light the truth of your rebelliousness, so the light of that truth will eventually mean you are no longer of the Rebellion and Default, because you will see how untrue living them is, how much it hurts and goes against you, how unloving it is for you and how bad it makes you feel by being so untrue. You will have literally outgrown the beliefs of them by rising above such beliefs in truth, which you achieve by attaining the Celestial level of truth and completing your Healing. So, you have to first be the whole truth of your rebelliousness, and not keep living as you do by pretending to yourself that you are good and not bad, they you are right in all that you believe and are not wrong and evil, all the false lies and untruth of your mind that it has been forced to keep making you believe about yourself.

The circles also do other things, however for the sake of confusion I will restrict my examples of what they do to looking at it from the point of view of specific and generalised truth. As an overview of how they function, I will ask you to imagine that you are in a room unknown to you, and it is completely dark. You have a torch and you turn it on, and as its beam of light falls on things in front of you, you can see what they are and you then know that they are real and true and exist. If you now turn the torch off you can walk forward with expectation, reaching out and touching and feeling the things you just saw that are still there and real even though you cannot now see them. Now you turn around and know you are standing in a different direction, and you don't know what is there, you shine the torch and you see, and so on.

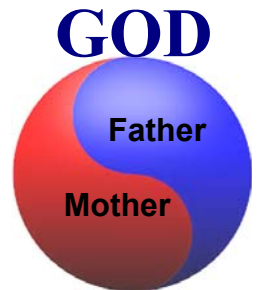
Slowly you can grasp all of what is contained within the room, which is confirmed when you switch the light on. Your soul circles work in a similar way. Light is shone out into your life like a beam in the darkness, and as you experience life you see what is real and true and there, within and without yourself. Then as more and more beams come forth, an ever increasing picture of what it real and true builds on itself until in some far off day we imagine you will see all that is to experience! And you know ALL to be TRUE. You will be existential, you will have gained from experience the truth of existentiality, you will have lived from being a creature of faith to one of knowing that which created you, and from knowing yourself to knowing God, from the Mother and Father of All Experience, to the Mother and Father of All Knowing.

Now I will go through each of these circles outlined above, and give a brief description as to how they relate to you.

The Inner Heart Soul Circles:

Circle of Love.

This circle of light, as they are all collectively referred to, is concerned with making manifest in your life all the truth that pertains to Paradise, your soul, and the Mother and Father's Soul. When you embrace such truth, it will manifest love within you, love pertaining to this level of being, the highest. As you live true to your soul, so too will you live true to Them, and you will feel it by experiencing great self-love and great love for Them. It is into this circle that the Divine Love moves and has its being, and sets out to transform you from the image into the very essence of God, it is the heart of your soul, the heart of you; and it is literally true that when you live the truth of your own heart, you will know that you exist, and you will also know, having embraced the Divine Love, They too exist. And as you love yourself, so too will you love Them, and you will know that as perfect as you are, They too are Perfect; and you will be able to say: 'Yes, I Know They are my Perfect Parents who I dearly love; and yes, I know too that that They love me, Their dear child'. All of this knowing and much, much more, will manifest in your heart as you invite the Mother and Father's Love into your soul and seek to purify your mind of its imperfections and live the truth of your heart.



Circle of Truth.

This circle will make manifest the truth of the Eternal Son of Truth. It will enable you to know Him, to know He is real and true, and what He is all about; as you know yourself as a son or daughter of truth, and who you are and what you are all about. It will make you declare at some point: 'I know who I am; and I am a son, or daughter, of truth'. It will awaken you to your son or daughtership as an ascending mortal soul, and help you to feel this, being distinct from other orders of Sons and Daughters. It will also help you feel the importance of truth eternal, the existentialism of truth, and see that truth is the first major attribute of personality, and is the first most essential ingredient of love, and all that love is. It will awaken your heart to be able to live and know all truth to be true and liveable, and it will inspire deep longing in you for truth. It will make



manifest in you the Eternal Son, so in time you will be able to declare: 'I Know the Eternal Son of Truth, for I am that Truth'.

Circle of Light.

This circle will make manifest the truth of the Mind within your heart. It will lead you to know your mind and The Mind of All, the Infinite Daughter of Mind (The Infinite Spirit or Infinite Light). It will help you to recognise Her in your mind, and will inspire you to want to model your mind on Her's, and to have your mind serve your heart. This circle will help you to see and feel Her appeal to you, to see the wonder and beauty of Mind, and She will help you see the splendour of Truth in all things through your mind. And in time you will be able to declare: 'I see the truth, the beauty and the goodness in all things. I know the truth of Mind, and my mind serves this Truth'.



**Infinite Daughter
of Mind**

Circle of Season.

The Circle of Season will manifest all the above and all the below circles, and in the perfect time and space as required. It will bring into being all the motion of experience, with all the circles of the soul combining to manifest the experience itself. This circle will orchestrate the beginning, middle and end of the experience. It will orchestrate the sequential ongoing coming into being of you in Creation, and it will ensure all happens perfectly on time, when it is required, and as it is required. It the 'Havona' of your soul.

Circle of Creation.

This circle will make manifest the truth of all of you, of all that you are in Creation, for all of eternity. This circle is the equivalent of all in the Universe of Universes Creation, as it is now and will forever stand.

Circle of Activation.

This circle activates all circles into being, it makes it, you, happen. On the greater universal level, this circle equals the 'Life Force' or Spirit of Creation.

Circle of Life.

This circle makes life, your life, what it is. It is the Life Giver and the Life Carer.

The Outer Soul Heart Circles:

Circle of the Inner Soul Heart.

All that is above is contained within this circle.

Circle of Light – primary.

This circle enables you to know the truth of the mind as expressed in the greater universe, all the personalities that express it, for example the Angels of light and the Divine Minister and its Holy Spirit. It enables you to see the truth of all the personalities derived from the Infinite Daughter of Mind, the Infinite Spirit.



**Divine
Minister**

Circle of Truth – primary.

This circle enables you to know the truth of all the personalities in the greater universe who are derived from the Eternal Son of Truth. For example Jesus and Mary, and their Spirits of Truth, Adam and Eve, the Lucifer's and other Evil Ones, the Avonals and Trinity Teacher Pairs.

Circle of Love.

This circle enables you to love them all, to experience the truth of love, your love of them and their love of you.

Circle of Light – secondary.

This circle enables you to know the truth of the love you have and they have for you, of the Daughters, and daughters, of Mind.

Circle of Truth – secondary.

This circle will enable you to know the truth of the love you have and they have for you, of the Sons, and sons, of Truth.

Circle of Life.

This circle will make manifest all the life of the above, and in life you will love and be loved by all above.

The Greater Soul:



Circle of the Inner and Outer Soul Heart.

This circle contains all of the above harmonising it in preparation for this the last of the three overall, or Supreme Soul Circles, the 'Three Concentric Circles'.

Circle of Truth – Tertiary.

This circle will enable you to know the truth of yourself. The truth of you as a son or daughter – the truth of your heart.

Circle of Light – tertiary.

This soul circle will enable you to know the truth of your mind. As to what is real and not real in your mind.

Circle of Love.

This circle will enable you to know the truth of your love. Who you love and why, and why they love you.

Circle of Life.

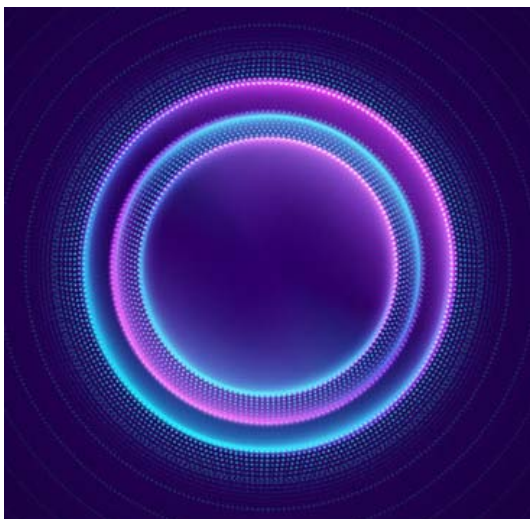
This circle will enable you to know the truth of your life. What is true and not true in your life.

Circle Defined.

This soul circle will enable you to define all the truth that you are, the whole you, in context to everything else in Creation.

Circle Undefined.

And finally, this circle will enable you to know the truth of all that is undefined within yourself and that is in Creation. It is for example this circle that allows you to know the truth that your soul exists, as it is undefined or unknown in Creation itself, but defined by Creation.



As you can see, these three Supreme soul circles are divided up into three levels of truth, all of which you can see in the universe as;

Soul Truth: all truth pertaining to Paradise and the

Deities therein; and your relationship with them. The truth of Their Souls and the truth of your soul.

Spirit Truth: all truth pertaining to the Greater Universe of Universes, of Creation; the truth of all that exists in heaven and on earth, and your relationship with it.

Life Truth: all truth pertaining to your life in Creation, and your relationship with yourself and all life.

So you can see that all truth can be classified as such, and on a personal basis. And as *The Urantia Book* says, the flag of Nebadon is composed of three concentric blue circles on a white background, you now being able to relate these concentric circles with those I have been speaking about. The flag, the three concentric circles, also represents other things, but it is not for me to reveal such things. They will be revealed to you as you progress in truth through Nebadon.



As you have pointed it out James, I will comment on it here in case there is any confusion. All circles are called collectively and singularly ‘circles of light’. Light is used in this regard to describe the soul, as essentially it is light and only light, soul-light, and not light that you are familiar with in Creation. It comes together to form what is called ‘Light Plasma’ – the *substance* or essence of soul. However what exactly Light Plasma is, we don’t have any conclusive idea about. It cannot be defined by anything in Creation, by anything that is a creation of it. It remains undefined, speculated conjectured about – a great mystery. So you understand, soul-light and creational-light are very different lights.

Now the circles of light that I have described as being circles of the mind, you asked as to why they are not called circles of mind, to correspond with the circles of truth. The reason for this being, because mind is not like truth in substance. Truth is truth but mind is more aptly described as spirit. But without sounding confusing, truth also has innately within it an empowering essence, not a force but something more like a spirit that makes it real, makes it permanent and manifest, it gives truth the feeling that it is solid, immovable and unwavering, absolutely steadfast, something you can always and forever count on. **Truth is not flexible; it is immutable, real and true. Mind however is the opposite of truth, it is flexible and can be moulded and shaped, however it too is very real and true, and so also displays attributes of truth.** The mind is not wishy washy, it is absolute in mind, and as

true as truth, but it is also creative and a doer of things. It is motion, and ‘on the go’, taking truth and animating it into life. So mind is seen more like spirit, what you might perceive spirit to be, or just light, the active ingredient that gives you your truth ‘life’, that which sparks you into life. And hence the name given to the Infinite Daughter of Mind by *The Urantia Book*: the Infinite Spirit. And equally She could be called the Infinite Light. And as there are so many things that the mind can do, in the context of the soul circles, it is called light, as what these circles do is more than just mind, they are mind and encompass mind’s truth. And also by calling it light, it gives one more of creative feel to it.

Compare: an angel of mind, to an angel of light. Which gives you more of an expansive feeling? And when you meet with the Angels in person, you will see that they are more than just mind, and light is a better more comprehensive description. Light, so far as Angels being described as light, is also used more as a term of endearment. As sons and daughters, you will, as you can currently do with animals, feel very fond and ‘fatherly and motherly’ to Angels. Not in a condescending or patronising way, but in your heart of truth expressing your feelings of fondness and love for them. And Light being a word used in spirit to express the highest manifestation of love: i.e. the Mother and Father are the Light of All Light, the Mother and Father of all Love, it is used here to reflect the love the truth has for that of the mind. With the light of your truth, in your heart, you love your pet, a creature of mind. And with the light or spirit of your mind, you demonstrably express that love, you kiss and cuddle, pat, and perhaps rough play with your dog, or take it for a walk.

So it’s the light or spirit of your mind that acts upon and makes manifest, makes happen, the light of your truth you live and so feel in your heart. You love your dog and want to give your love to it, you want to express the truth of your love, so you act using the spirit or light of your mind by hugging it and lovingly patting it. And you express your truth of love for it by doing other things with your mind, such as making sure it is fed and has water, is sheltered, is generally looked after, and is emotionally and spiritually satisfied by continuing to make it feel it is part of the family, a necessary part of your tribe, of its ‘dog pack’. And everything else to do for it. And that you are continually grateful, and showing such gratitude, for its service to you, its service being a creature of mind to you a being of truth. You love it for its service to you, for the fact that it loves you and continues to show you that love. It doesn’t have to love you; it does so because it wants to.

And then you can apply the same expression of the light of your truth, your love, for each other, for another being of truth; by expressing the light of your truth, your love, through the actions of your mind, by loving being with the other person, talking, touching, doing

things for them and so on, they all being done with the spirit or light of your mind.

Let's now come back to look at the paradise of your soul more closely.

As I said, paradise of your soul contains your soul-light-print, the pattern for and of your existence, and it lies in the true centre of your soul, in the heart of all the circles I have outlined above. And of course, as one may well imagine, it is modelled on Paradise, the Heart and abode of the Mother and Father, the home of Their Personality. And so it is the home of your personality. And the home of your soul-mate's personality.

The paradise of your soul maintains the rest of your soul, as the actual circles, inner, outer and greater, and all the subdivisions of each, are all dependant on, and 'brought into being' by it.

If we were to take a cross section of your soul paradise it would be composed of four levels: the top, the true heart, or true paradise source and centre of you, and that which contains all of your destiny, your complete light-pattern of existence; and about this the Inner Soul Heart Circles. This being the map or pattern for them being expressed in the 'outside' soul of which I have described above.

The next level is that which contains the complete light-pattern for the Outer Soul Heart Circles, and then the third level the light-pattern for the Greater Soul Circles, and the fourth or bottom, the 'nether' region, or unknown level, as in we don't know what it is the light-pattern for. And for that matter, we don't even know if it contains a light-pattern.

This nether soul region is of the same proportion of the true heart, and it is speculated by some as being the area of soul that is in constant communion with the Mother and Father, that it is 'Their' part of our soul. And from reading of *The Urantia Book*, Paradise has a nether region, and it is speculated by some that it is within this region of the Mother and Father's Soul Heart that all of our souls come into being, and are sustained as souls. And so like-wise, it is then thought that the nether region of our soul is actually actualising our soul-light-pattern as seen in the paradise or true heart. That it is somehow some type of template or negative for it; but so far as I am concerned, this is speculation. Until you can know what secrets the nether region of Paradise contain, we will not know what the nether region of our soul contains, and so far the Mother and Father have said we will never know.

And I will add here another mind speculation. Some spirits go on to further speculate that we are actually not separate souls from the Mother and Father's Soul, and that we all, our souls, are of the nether region of Paradise, reasoning that existentialism does not have separations in it, for if it did and all souls were separate, then time and space would exist in the existential, and so it would cease to be true. I have given some thought to this, and I like the feeling it gives me that we are all of ONE SOUL, or possibly subsets of One Soul, but still there are a lot of unanswered questions. Anyway James, I pass it on to you for something to think about.

We have covered a lot of ground, so let's rest now, I will resume later – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Let's continue.

Paradise of your soul is the blueprint or pattern for all of your greater soul, and all that you are. When light comes forth from it, it comes with the pattern as to how the outer circles will imbue it as it passes through them, and then for that which it will create in Creation. Paradise is the pattern of Creation. And so the paradise of your soul is the pattern of your creation. And so as we look to our own soul paradise we can also look to Paradise of the Mother and Father. And as you can now begin to see, all that we have ascertained regarding our souls has come from the observation of Paradise and its relationship to Creation.

We are all so much like our Mother and Father, in all of our diversity, than any of us really know, understand or appreciate. What is on the inside, is made manifest on the outside, and this relates to all aspects of your life. If you look deeper into your etheric body, the first subtle body, you will see the pattern for your physical. If you look higher, you can see the templates for the lower bodies and so on. If you look into your will you can see the pattern for it willing you on all levels into being. And if you look into the heart of your soul, there is the pattern you will always be. Whenever you move higher or deeper into yourself, there will always be higher or deeper still acting as the pattern for your current position, and it in turn will always have a higher pattern, and you can trace this all the way back to your soul, and then your soul's pattern is that of the Mother and Father. And They are the highest or absolute pattern of all... or are They?

From Paradise, and the paradise of your own soul, comes all light. All soul-light originates in paradise, and all incoming light into the soul, or outgoing from Creation, creational-light, ends in paradise. Paradise is Light. All light in the Universe of Universes, originates from

Paradise. Even the light of your sun has its pattern in Paradise. Even the light you create with electricity, has its pattern in Paradise. The pattern of all your cell light, comes from Paradise. Paradise is one massive LIGHT. And just as light from your experiences moves into your soul heart, so too does your light of experience also in some way move into Paradise. Literally speaking, you are the sum of all your experiences, the light of their truth, and as you ascend to Paradise you will be taking all the light of your experiences to the Mother and Father, right into the depths of Their Soul-Heart. You will be traversing the circles of light, gaining experience and growing in truth, as you live toward Paradise. Your path will be the course through the circles you will take, through the specific segments that will help define you and provide you with the experiences you need. We are all lights of the Mother and Father's Creation, like stars in the night sky, little soul-lights lighting up the universes. All a part of the magnificent majesty of the Personalities of the God, of All Light, an extraordinary truth to behold.

James, you are asking me if light moves between souls – and is there light connecting our souls and the Mother and Father's Soul? Are our souls, through and with light, in communication with each other; and how frequent is that communication... and is it constant? And this we don't know. It is reasonable to assume that perhaps in some way there is a light connection between souls and between our soul and Their Soul, but we don't know. All I am relating to you is as if the soul stands alone; meaning, it is of itself and its two personality expressions, and has nothing to do with any other soul; and yet, it is reasonable to ask: how do all our souls link up so we can have all our experiences together? Is my soul linking or connecting or in some way relating to your soul James, as we live our writing together experience? And I don't know.

As you know, on the personality level, when we as personalities interact with and experience each other, a great amount of light is passed between us, through 'cords of light' as Barbara Brennan talks about in her books; we are always giving and receiving light to each other, which is mostly between our spirit bodies. And this light is interpreted, depending on the experience, as a level of love or a level of no love. You love the person to some degree you're interacting with, or you hate them to some degree, and it's for us to feel that with each other, through the light that is transferred between us. And then our experience of each other causes light to go back into each of our souls. But on a soul level, is there also some level of interaction and light transference – and as I said, I don't know.

It is speculated by some that there is; and then others say there doesn't need to be because we all being separate souls have our complete light-pattern for our whole life within us, so if

we interact with another person, then in each of our souls is our own separate light pattern that coordinates such interaction, there not needing to be any other level of soul to soul light transference or communication. And then other spirits speculate that there is always a vast amount of soul to soul communication, that all taking place between the nether regions of soul that I spoke about; and then with all created souls being in constant light communication with the Mother and Father's Soul. So I'm sorry, but I can't tell you anymore than this. What do you feel or perceive about it?

As to how the pattern is laid down or constructed inside the paradise of your soul, we do not know. There are various theories, but I don't feel we need to go into them. As for the substance of the soul, I have said we simply refer to it as 'Light Plasma' the result of bringing together so much soul-light all unified together with personality. Without personality we doubt it would remain cohesive, and a soul without personality is non-existent. So personality is very important. And some say that the nether region of our soul and Theirs, is all concerned with personality, and I believe this too. Personality is really the greatest mystery in Creation, with the least known or understood about it. Personality to you now in the material is only a small part of the whole, and your understanding of it is rudimentary, but on higher universal levels it is all important, and for many all they are interested in and concerned about. To them, personality is everything, even in some ways more than the soul, and this feeling will grow more in you as you grow in truth. Personality is the great experience in life. **Life is personality experience.**

For now most of your experiences are subjective and you do not respect or honour personality in them. You are trying to control your various attributes of personality, with the greatest controlling one your mind, at the suppression of your feelings and truth. In limiting your experience of truth, you severely lack in appreciating personality in all its fascinating dimensions; but over here in spirit when you become more soul expressive, you will begin to delight in and relish, not only your own personality, but also the personality of all others. If you like or love someone, it is their personality that captivates you. And it's more than just some attributes of theirs, their pretty face for example, it's that unexplainable essence of them that is being expressed in Creation which you love having the experience of interacting with.

Some of you have a glimpse of such deeper realities, but still you are plagued by your need to survive in a fear-ridden anti your negative state of mind and will, so when you don't have to worry about such things, and time and space becomes temporally irrelevant, personality will

come into its own as your first great pleasure. If all your survival needs were taken care of, it would be personality interaction that would be what your life was about. Only from personality interaction, your personality interacting with another personality, even it is a very rudimentary or crude expression, like a rock, comes feelings, and so truth. Truth would be irrelevant to life if personalities were not involved. Truth helps to define your personality, as your mind expresses the light of your truth.

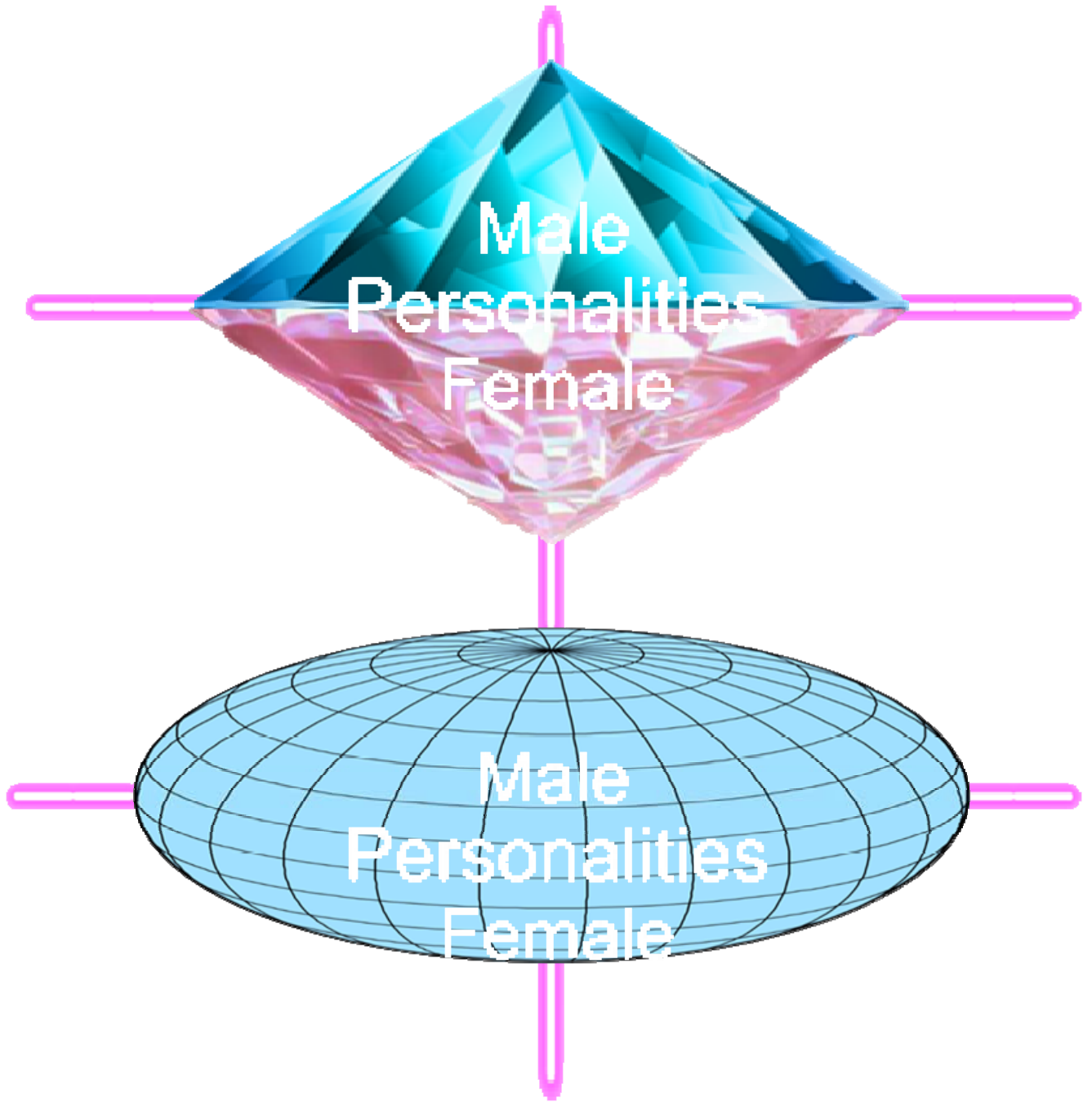
God is Personality. You can get to know the most incredible and amazing Personalities of All, your Mother and Father of Paradise. As you get to know the personality of yourself, so too will you be getting to know Their Personalities.

All that your soul is, is your personality... and more. If you could express the totality of your personality, you would be expressing the totality of your soul. You are currently expressing only a minute amount of your personality, so only a minute amount of the light of your soul. **Your existence in Creation is one long personality expression.** And one long personality interaction – with yourself, and then with everyone else. And as you grow in truth, more of your personality you will be able to lovingly express. By living in rebellion you are living against your own truth, and so too against your own personality expression.

Your soul, as I've said, contains a light-pattern or light-print for your life. However, your soul is more than this, it is not only a map of and for your personality to express itself in Creation, but it *is* your personality. Your soul's uniqueness compared to all other souls, comes from its personality, the two of them, more than just your unique and individual life. Your unique and individual life comes as a result of your unique and individual personality. Your personality is you, as is your soul – it is your unique self in Creation. There is not another personality the same as you, and never will be. You are always the unique expression of your unique soul; well actually one unique expression of your soul, your soul-mate the other unique expression of your soul. **So each soul is duplex in character, meaning, it is of two personalities.**

I will finish now James as your mind is tiring, and I will not push it along more than you need. Speak to you tomorrow – Zelmar. (a Melchizedek from within our local universe of Nebadon)

SOUL is a DUPLEX



Infographics and diagrams have been added by Pascas.

15 July 2003

As you feel like continuing with the soul circles, I will now endeavour to give you an example of some of the sub-soul circles. I do not intend to cover them all, but only to give you an insight into the further divisions of the circles. However, before we move on with that, as you have just remembered the question you wanted to ask me, I will first answer this for you.

As for your observation that within the Outer Soul Heart circles, the light circles precede the truth, being the reverse of the other two Supreme circles where the truth precedes the light. This is correct and reflects the greater universal support of truth, allowing the light or mind to go first. It reflects leading into Creation with the mind being the active component, with the truth in support. The truth does not need to lead, as the pattern from Paradise and paradise is still strong; but once out in the greater universal reaches, as it is for you, the truth needs to once again precede the light so as to provide the pattern of security for the light (or mind).

Now I will continue with giving you further examples of the sub-soul circles. To do this I will concentrate on the circles of love, and they are once again very briefly as follows:

The Inner Soul Heart, the first circle, the Circle of Love.

The Inner Soul Heart, Circle of Love: Primary sub-circles.



Circle of;
 The love of the Mother and Father.
 The love of the Eternal Son.
 The love of the Infinite Daughter.

The love of the Eternal Son and Infinite Daughter.

The love of the Mother and Father and Son.

The love of the Mother and Father and Daughter.

The love of the Mother and Father, Eternal Son and Infinite Daughter.



And each of these sub-circles are then further subdivided for example the first primary soul sub-circle:

The love of the Father and Mother: Secondary sub-circles.



Circle of;
 The Father's absolute Love.
 The Mother's absolute Love.
 Their United Love.

Their Ultimate Love.
 Their Supreme Love.
 Their Eternal Love.
 Their Infinite Love.



And their corresponding brief explanations: Primary sub-circles.

The love of the Mother and Father. This circle makes manifest within you Their love of you and your love of Them. It enables you to live this truth with full faith, feeling and knowing that this is so.

The love of the Eternal Son. This circle makes manifest within you the Eternal Son's love for you and your love for Him. It enables you to live this truth with full faith, feeling and knowing that this is so.

And so on through the remaining circles.

Secondary sub-circles:

The Father's absolute Love. This circle makes manifest within you the Father's absolute love of you. And it enables you to know it, fully with every fibre of your being.

The Mother's absolute Love. This circle makes manifest within you the Mother's absolute love of you. It enables you to know it, fully with every fibre of your being.

And so on...

The Outer Soul Heart Circle of Love: Primary sub-circles.



Circle of;
 The love of Divine Love.
 The love of Spirit. (The love of Natural love)

The love of Personalities.
 The love of all humanity. (Spirit and mortal)
 The love of all creatures.
 The love of all things and life.
 The love of all one's environment.



The Circle of the love of Divine Love: Secondary sub-circles.



Circle of;
 The love of God the Absolute.
 The love of God the Ultimate.
 The love of God the Supreme.

The love of God the Eternal Son.
 The love of God the Infinite Daughter.
 The love of God's Spirit Indwelling.
 The love of God the Mother and Father of Light.



And their corresponding brief explanations: Primary sub-circles.

The circle of the love of Divine Love. This circle will make manifest within you the love of the Divine Love. It will enable you to feel it and know that it is real and true, that it exists outside of you but that you have received it and now it dwells within you and you are becoming of it.

The circle of the love of Spirit. This circle will manifest in you the love of the Spirit, of all things that are loveable, all things of Natural love. And it will enable you to know that this love is real and true. You will feel and express your love of all that is Spirit.

And so for the remaining circles...

Secondary sub-circles.



The circle of the love of God the Absolute. This circle will make manifest in you the love of the experiential Deity God the Absolute. And the truth that She/He loves you.

The circle of the love of God the Ultimate. This circle will make manifest within you the

love of this experiential Deity, and that She/He loves you.

The circle of the love of God the Supreme. This circle will make manifest within you the love of this experiential Deity, and that She/He loves you.

The circle of the love of the Eternal Son. This circle will make manifest within you the love of this existential Deity, and the knowing that He loves you.



The circle of the love of the Infinite Daughter. This circle will make manifest within you the love of this existential Deity, and the knowing that She loves you.

The circle of the love of the Indwelling Spirit. This circle will make manifest within you the love of this pre-personal Spirit of the Mother and Father, and the knowing that it/They, love you.

This circle of the Mother and Father of Light. This circle will make manifest within you Their love of you, and your knowing of it.

The Greater Soul Circle of Love: Primary sub-circles.



Circle of;
The love of Divine Love.
The love of Spirit.
The love of all Personalities.

- The love of all humanity.
- The love of all creatures.
- The love of all things and life.
- The love of all one's environment.



Circle of the love of Divine Love: Secondary sub-circles.



Circle of;
I am the Absolute of Divine Love.



I am the Ultimate of Divine Love.
 I am the Supreme of Divine Love.
 I am the Eternal Son of Divine Love.
 I am the Infinite Daughter of Divine Love.
 I am the Indwelling Spirit of Divine Love.
 I am the Mother and Father of Light.

And their corresponding brief explanations: Primary sub-circles.

The circle of the love of Divine Love. This circle will make manifest within you your love of the Divine Love. You will love the Mother and Father loving you, as you feel Their Divine Love entering your heart and soul; and it will help you know the truth that it is real, that They are real and that They are answering your prayer, that They are responding directly to you, that They love you and you love Them for being so loving.

The circle of the love of the Spirit. This circle will make manifest within you your love of Natural love of all things of spirit that are of Natural love. It will make you feel your love of the Mother and Father through your Natural love, as you feel loved by Them through all things of Natural love. It will make you feel also natural loving feelings toward both the Mother and Father, you being Their child.

And so on through the remaining circles...

Secondary sub-circles.

The circle I am the Absolute of Divine Love. This circle will make manifest your personal feeling of and declaration of the truth of such love: I am the Absolute of Divine Love. You will feel literally absolutely at-one with the Divine Love and love this feeling, loving your self feeling this way. And you will feel absolutely close to and at-one with the Divine Love, so with the Mother and Father. You will feel you are absolute love, as you have the absolute love of the Absolute Mother/Father. You will have moments of this in the beginning, but as you ascend and live through eternity, you will feel it more and more. Always can and do the circles manifest more truth, light and love within you. Your soul is limitless in its capabilities.

And so on, with these circles manifesting the feeling that you have so much love from these Personalities, that you are all but Them. That you are so close and so loving of Them, and

so loved by Them, that nothing else exists. And as you move down the list you will feel at-one in love with all of life and all things in Creation. **When all these levels first manifest in you, you will have achieved the Celestial truth level of light and life, you will have finished the first phase of your life, having lived in rebellion and default and then done your Soul-Healing with the Divine Love. And then your next phase of life, to manifest all these circles all over again but in this higher truth, will begin. And on and on this will go throughout the rest of eternity...**

Let's finish now James, as I can sense your brain feels like it is somewhat twisted up in knots of circles; speak to you tomorrow – Zelmar. (a Melchizedek from within our local universe of Neadon)

16 July 2003

I feel you have had enough strain on your mind with these circles James, I will leave them for now, and move onto another topic. But just before we go, I will add that even though I have said that each of the Supreme or Major Soul circles have two lots of subdivisions, of which I have given you a small insight to, in fact they have seven sub-divisions. But I will not be going into these further. However, why I have not told you this and other things up front, is to give you the feeling of evolving into understanding such things. There is no point from me to just lecture to you as your school and university teachers did, there is no experience for you in such things. This way, by me giving you a bit at a time, you have been able to digest it and see how you have felt about such things. You have worked through a lot of personal and conceptual issues with your mind, and brought your mind into a more balanced position.

All of this we have not recorded here, but I want to say it to the reader, that your receiving of these messages James, is not just a mechanical affair. It has helped you to grow in your truth awareness, and as you would tell someone if they inquired, this type of learning which involves all of your soul growth compared to only the mind learning you did at school and university, is very different. This way of learning involves the complete you, and it would not happen if you were not longing for the truth of your negative state and striving to live true. I/we would not be able to give it to you if you sought it only for your mind, for this you did at school and university and with your parents, it being seeking things with your mind for your own self-gratification and to help you further your position in the Rebellion and Default, and this we cannot be party to. **We spirits and Angels helping you won't do anything to further your rebelliousness.** We might say things that are not true and are in

keeping with what your mind believes, going along with you for a time, however, we know that because of the Healing work you are doing on yourself, in time you will be able realise for yourself that such things are untrue. And then rightly you question us as to why we encouraged you in them, even though they turned out to be wrong, which then allows us to further enlighten you as to how our involvement in your Healing works.

Many people would like information from spirits. However that which they will receive will be in accordance with the state of their soul and their relationship with it. If you are striving to live true and with the Mother and Father, and are progressively doing your Soul-Healing, then it will come to you from us if it is within the needs of your soul, and it will come so that it will further promote your soul-life experience and not just your delusional mind. This information will come to you from those who are also living the will of the Mother and Father and living divinely perfected in love and true to their soul. It will not come from those mind spirits who are choosing to live in the mind focused rebellious Mansion Worlds.

Most information mortals receive comes from mind spirits. Very little truth and information have been made available to humanity, as very few have embraced the Divine Love and started their Soul-Healing. So all that has been received has been used by those on Earth for their own rebellious intentions, to further their negative state, and in doing so has not been true and has only helped lead you further astray. There is a vast difference between choosing to live a true soul reality, compared to the false mind one.

And more recently because the *Padgett Messages* have become more readily available through the Internet, many people having embraced them and longing to be at-one with the Father by longing for the Divine Love, because they remain ignorant of or chose to deny the truth about doing their Soul-Healing, take the truths from Jesus and the Celestial spirits incorporating it into their negative mind. They believe by adhering to and believing in and trying to live the truths as revealed in the *Padgett Messages*, they are moving closer to become healed and Celestial, but are mistaken because they are not doing so by doing their Healing. **You have to do your Healing to perfect your Natural love so the Divine Love can then transform it. The Divine Love can't transform imperfect Natural love, because that would be overriding and denying such imperfection, that would be dismissing it, just as you are dismissing your Natural love by being rebellious. You have to do the hard work of perfecting your Natural love through your Healing; and once perfected, then the Divine Love can advance you to the Celestial level of truth and love.**

Now we will move on.

As I was telling you last night James, more about the paradise of your soul whilst you were going to sleep, I will continue here with that.

As I have said, for the ascending mortal soul, there is a circle around paradise and before the Supreme soul circles begin that is to be the home of your Indwelling Spirit of God when it fuses with your soul. What I want to add to this, is that there is also a place for it to dwell in the actual very centre of your soul's paradise. We know little about this dwelling place, but only that when soul-fusion takes place the Indwelling Spirit somehow occupies both these areas. It is as if a part of your Indwelling Spirit occupies these places, and at the same time part of it remains where it currently is before fusion, in the 'paradise' or heart of your higher mind. So, **the Indwelling Spirit, once fused, is then the only thing we know of that exists spanning both the existential and the experiential.** So, God's Spirit is then of the soul and of the personality in Creation. It gains, or adopts, your personality. And **there are two lodgement places in these circles, one for it fusing with you and the other for your soul-mates Indwelling Spirit.** And when that happens, somehow, which again we have no idea about as we've not as yet been told by an Indwelling Spirit, **the two Spirits sort of become one. With their role united as one to keep bringing the two personality soul-mates ever closer together as one.**

With the Spirit of God surrounding your soul-heart, you feel loved by the presence of the 'Spirit' of the Mother and Father, and also all light being emitted from and received into your soul's paradise, moves at first through this Spirit. So in this manner, the Mother and Father are acutely aware of all that is going on with you, within your personality and within your soul, as we believe They are acutely aware of all Indwelling Spirits all the time, even always being in communion with them on some level and to some degree. And because your Indwelling Spirit is all-knowing of you, it can then tell your Angels or other universal personalities that can relate to it, anything about you that they might need to know at any time. Your Angels, James, tell you that they are almost in constant communication with your Indwelling Spirit, and this is what needs to happen, and particularly after soul-fusion, because you become more of a real spirit and universal personality in Creation, and so need the constant input/relationship from and with your Angels to help you keep growing in truth.



As you know from your Urantia Book reading, the Indwelling Spirit when it first indwells your mind is pre-personal, in that it does not have a personality unique to itself, and is destined to gain your personality after it fuses permanently with your soul. And we surmise that this takes place in the core of your soul-heart, in this other place of dwelling for this Spirit of God. Somehow, when fusion literally occurs, there is no further trace of the Spirit as a separate entity, and neither are you as you were, your soul too is forever changed, it is now forever divine and fully of the spirit-essence of the Mother and Father. No longer are you living in Their Natural love image. And this union has far reaching consequences of which are too numerous to go into here, but suffice it to say, you are in effect a completely different being. For always you will carry within your heart and within the light of your being, that you and God are at one in heart, spirit and soul. And never again can you go back to being just a Natural love creature of the Mother and Father, for now you truly are Their true child.

And this fusion with your Indwelling Spirit is facilitated by Their Divine Love. You need your soul to be of a level of divinity for the fusion with your divine Spirit to take place. Hence the importance of longing for and receiving the Divine Love into your heart and soul.

Once this union has been completed (again we don't know how it actually happens, however much light is involved as you become a 'Flash of Brilliance'), through your soul you enjoy a deeper and even more personal relationship with the Mother and Father than you have done. This being the real beginning of your very intimate relationship with Them. And this relationship grows forever, and is not so much expressed as words or even feelings, but it just occurs and builds in you as if somehow you are always with Them, and always in deep communion with Them. In taking time away from your daily activities, you will be able to *be* with Them like no other being can. It is very true, that ascending sons and daughters enjoy a sublime fraternity with the Gods that is not experienced by other beings who do not actively join with such a Spirit fragment. This Indwelling Spirit of God goes by another name being called a Mystery Monitor, and the mystery part of that name is definitely suitable to describe your deeper relationship with the Mother and Father that it affords you. And I will say again, that this soul-fusion cannot and will not happen in its entirety until you have completed your Soul-Healing.

Progressive preliminary steps of this union you may experience, and even though *The Urantia Book* says that your fusion will mostly take place in the Mansion Worlds, whilst this is so for most normal and non rebellious worlds, this is not so in your case. Fusion with your

Indwelling Spirit will not and cannot occur until all the imperfection has been removed by you, until you have completed your Soul-Healing. It is a perfect union, and that is what it signifies, that you are no longer in an imperfect negative condition of mind and will, that you are perfectly at-one with the Spirit of the Mother and Father. And as I said earlier, if you manage to complete your Soul-Healing whilst of flesh (so we currently understand, and such things can be subject to change), you will not fuse with your Indwelling Spirit and spontaneously ascend into heaven, for such translations can and will only occur when this world is settled in Light and Life, they being done through special translation platforms as the ones contained in the Morontial Temple.

Part fusion with your Indwelling Spirit you will profoundly experience, and it will tell you that you are fully committed to living and doing the Mother and Father's Will. And that your Soul-Healing has finished and you are now of a Celestial level of Truth... and everything will change for you.

I appreciate that this might sound confusing, but I am saying these things to outline again that *The Urantia Book* is only a reference book of information, and it has been written having to comply with certain limitations imposed on it due to the Rebellion and Default. In no way can it be seen as a perfect piece of work; and like all things, there is always more. And the same goes for the reader to understand about our writing together James. Writing this you are not perfect, and so there are discrepancies because of the remaining problems to do with your imperfect mind. I know James, that as much as you love *The Urantia Book* you get frustrated trying to relate your personal experiences and all that we are telling you to it. The book is only meant to serve as a brief introduction to greater understanding about yourself and the cosmos. It is a pool of information and understanding, and even some truth revelation, that people throughout the Rebellion have had revealed to them from Angels and spirits, or have come to understand through their own experience, yet have mixed up and confused it all with their rebellious minds. So, it takes such information, putting it into a better and more relevant context for you to relate to. Yes, still you have to rely on your own truth, and what comes to your mind as a function and expression of that truth, and some of that information and understanding may contradict the book, and even what I am saying to you James. We spirits, and it's the same for the Angels and other universal personalities that authored *The Urantia Book* papers, can't reveal and deliver to you the straight truth, because we're not allowed to override the Rebellion and Default. So at best we can only work with your mind. So, as you bring your mind into perfection through your Healing, so too can we relate more truly to you. As you grow in truth James, so too can we present more direct truth and associated information to you, which is why you've needed to occasionally go back

over your earlier writing bringing it up to date. In the end, it will be for those people of a true Celestial level of truth to scrutinise all you write and all that has come before to humanity from spirits, including *The Urantia Book*, and even including all Jesus and the Celestial spirits wrote to Mr. Padgett. See how the truth and information holds up in a 1,000 years time.

The relationship of the Mother and Father to our souls is the greatest of all mysteries, for as much as we grasp, there is always more to be known. This reflecting love and being an expression of love, because it shows us all that nothing will ever become stagnant, **life will be forevermore an amazingly, mysterious experience!**

As to how much Love we receive from our Mother and Father, we can measure it in terms of light, and the standard unit of Their Divine Love to us is called one Paradise Love Unit. This is equivalent to one Paradise day of love, for it is reckoned that one day's loving by Them easily meets the needs of our souls. Of course, you living in the extremities of Creation as it currently stands, cannot partake of such an amount of love in one go, and so this Paradise Love unit is broken down into lesser units as one moves away from Paradise. By the time you arrive on Paradise, your soul will be able to be loved by Them all day, and so be able to receive one whole Paradise Love unit at one time. Currently, with **one thousand years of your time equal to one Paradise day**, you can see relatively how little of Their love you actually can receive in one day, but as you ascend in truth this will steadily increase; and if you were living true, what you could receive from Them would be all your soul could deal with each day. Their Love is very powerful, it contains a lot of Light. Being as you currently are in your rebellious anti love states, you can only receive the smallest drop of Love at any given time. You may feel the Holy Spirit come about you and flood your heart and soul with Divine Love, yet still the actual amount received will be comparatively small compared to how much you'll be able to deal with once you are Healed. And you don't need to receive a small drop every day, a very small portion of Divine Love can affect your soul for days, months, years, it all depending on the needs of your soul. So when you pray for it, you won't necessarily always receive it.

Correspondingly, your soul emits light, which can be lived as love, and can also be graduated into paradise love units, and one such unit amounts to the amount of light emitted from your soul in one day, this being a 24-hour day. It is therefore the amount of love that you love Them with when you are living true having completed your Healing, your whole day is lived for Them, is loving Them, it is your expression of light and love. And also by the time you reach Paradise, your love for Them will equal Their love for you, as both your's and

Their Soul will be loving each other equally with light unit for unit.

Using this scale, relatively you can see how far you have to ascend in truth, and just how loving you will be, and of how much love you will be able to give and receive when you attain Paradise. Something to look forward to! And currently being of your negative state, even though you might feel loved and be loving, this will be far outweighed by all the denial and rejection within you, so you are existing in a net negative love state, you are loving in deficit, and will need to make this up as you do your Healing. And this can be seen as **‘balancing your books’, settling the Law of Compensation.** The notion and understanding of Karma is based loosely and incorrectly on the Law of Compensation; and as we’ve talked about, there is no reincarnation of a soul-personality. The Law of Compensation equates to what I was saying some days ago pertaining to doing ‘Hell Time’, **having to account for, by feeling, all pain caused in another, compensating for it, because of infringing upon the other’s will.**

The light from your soul can be graduated and categorised according to its love-units or love-light-units. And some spirits specialise in this way of seeing the soul and all life as measures of light and love. So for example, an experience if lived to perfection is assigned that status of 100% love-light, and if not, then designated the relative percentage. This is quite and interesting way to look at your lives in terms of a relativity scale, and generally you are all living your experiences at about 20-30% love-light. So in every experience you are having, you are failing to express yourself by about 70-80% of what you would if you were Celestial. So you are in a sad state. It has been worse in your history, and we hope to see this average improve as more souls embrace the Divine Love and start to do their Soul-Healing.

Jesus by comparison when he started his public ministry was 100% experiencing his life, and consequently emitting his full soul-light, which increased in intensity as he evolved in truth and grew in love. And it was through this differential between his love-light and the people he was with, being brought about by the Mother and Father, that he simply loved people into wellbeing within their physical and spiritual bodies. He loved them for being who they were, and the Mother and Father decreed what effects his loving of them and their love of him would have on them. And you have stories of miracles that resulted. And what actually happens is that the Angels would be called upon to bring a person who is love-light deficient into a higher love-light, and so because of the higher love-light, the person’s illness, disabilities in the physical, spiritual, mental and emotional levels, would be instantly healed and made right.

Jesus' healing was loosely called soul healing in some instances by some people, but by those who were ignorant of the soul. He did 'creational healings', healing within the personality, he did not do soul-healings. **No one but yourself can affect your soul, and only you can heal it through the process we have outlined for you by living true to your feelings.** Within your creational personality system, all of your bodies, subtle and real, together with your will, can be affected and healed by the influences of others, mostly Angels, but this still is only superficial healing, as miraculous as it might be, and in no way deals with the direct causes of why you are not perfect in the first place. Such healing within your mind and will systems can be granted you as a gift of mercy so as to help you carry on in your **quest for truth, that being the truth of the original causes that you buried deep in yourself,** in your soul, and which will come to light naturally through your Healing. All that you submitted your will to, that being all you submitted to your parents' will, denying your own self-expression by changing how you were, that being taking matters into your own hands and not leaving them in Gods, will be buried away in your soul. The superficial results or effects of these unloving will choices, will remain in your aura, showing up in your spirit and physical bodies, and can be altered by outside agencies if desired by your soul as being part of your life plan. However, as I said, this is only temporary, for in time the pain of your self-rejection will resurface, desiring you to look deeper into yourself and not into only that which you can more obviously see.

Jesus (with the help of attending Angels) healed people of their personality afflictions, working to correct certain problems within their mind and will depending on the needs of their soul. And some of those needs included allowing the heavily dysfunctional person to resume a level of function that enabled them to carry on with their lives still being of the Rebellion and Default, so to be able to keep furthering the advancement of their mind over themselves. And at the same time, because most of the people he healed were so grateful to him for all he did for them, it made them feel like they wanted to be with Jesus all the time, and even be like him. And so that started their quest for truth. And many of those people when they became spirits wanted to still be with and follow Jesus, and so by also embracing Mary, became interested in doing, and then started doing, their Soul-Healing, their True Healing. So receiving such a wondrous and amazing miracle did start their focus on wanting to become true, wanting to grow in truth, which they did by wanting to be like the Son of Truth. And when they met and understood about Mary, wanting to follow both her and Jesus, both the Daughter and Son of Truth.

All sorts of healing and other miracles can be effected on the outside: by yourself, through

the manipulation of your own mind and will; through the help of others; by unseen spirits and Angels, and through the care and grace of the Mother and Father. Jesus healed people of their personality problems that had resulted from their harsh experience of being loved through their childhood, he made them right, yet still that deeper soul-pain remained within them for them to one day embrace when they did their Healing. So outer personality healings can occur, however, you will still have to do the inner healing of your soul.

The light of your soul is also graduated using numerous other scales of measurement, but I am not going into these, only to say that they exist. And as you can imagine, other levels of relativity are used to describe the light of your soul and its relative effects in Creation.

The light of your soul is you. You are a being of light, a soul light, and a creational light. And all things are of light, all things, even the most inanimate of things. We are all creations of light, as is the whole universe of Nebadon we live in, and all the other Universes, and Paradise. We are all Beings of Light, first and foremost, and love is but one relative measure of this light. Our Mother and Father are all Light, and They are the Light of All Lights, they are Gods of Light, and all that we study is a study of Light. And we can measure and experience that Light as love. It began with Light, and will be Light that lights the Way, and possibly it will end with Light.

I will stop now James, and continue later – Zelmar. (a Melchizedek from within our local universe of Nebadon)

**Life will be forevermore
an amazingly,
mysterious experience!**

17 July 2003

Today James, I would like to begin with expanding that which I have said to you about seasons. As I previously said, soul-seasons are light coming forth from your soul that effects Creation in a sequential process bringing about an experience. And all of Creation can be divided up into seasons. They are more than just a season of time, because it infers that something has happened more than just the passing of time, a whole lot of things have happened, you have experience something, so more of your soul has expressed itself in Creation.

The seasons are divided into four parts: the Action, the Reaction, the Processing and the Integration, then Rest – Peace. And these four quarters are themselves further divided into four segments each or sub-seasons. And so all seasons of experience, no matter what they are, can be analysed this way. Which is how you live an experience – how you experience it.

I want to briefly run through these segments of the four quarters of season, and so they are as follows:

A soul season.

First Quarter: The Act of experience; The Action, The Cause.

1st. segment or sub-season. This is the initiation of a sequence of events to bring action into being.

2nd. segment. Activation of experiential act.

3rd. segment. Height of act.

4th. segment. Completion of act.

Second Quarter: The Reaction to the Cause. The Reaction to the Action.

5th. segment. The initial reaction or primary reaction.

6th. segment. The secondary reaction.

7th. segment. The blending of primary and secondary reaction, third or tertiary reaction.

8th. Segment. The end of reaction.

Third Quarter: Processing and Integration. Understanding. Truth revelation.

9th. segment. Primary processing.

10th. segment. Secondary processing.

11th. segment. Tertiary processing.

12th. segment. Final processing.

Fourth Quarter: Rest. Peace and Relaxation; completed experience.

13th. segment. Pondering time. Quietening down.

14th. segment. Primary relaxation.

15th. segment. Secondary relaxation. Deeper relaxation.

16th. segment. Peace. End of experience.

End of Season.

Then follows a Cross Over Time. A moments pause between in breath and out breath. A pause in expectation, a standing still, like in the eye of the hurricane.

Beginning of next season, a new experience...

Seasons are occurring, smaller within larger, all the time, as you can never stop experiencing. However you will not always be aware of all seasons you are currently in. You are in the season or experience of your mortal life; as you are in the season, James, of sitting writing what I ask you to. Each of your heartbeats is a season, each thought and feeling, each action within your cells, each ray of soul-light shining forth governing your whole existence in Creation, is a season of experience.

As a very general example, I will give you James an imaginary picture of these segments being lived in your daily life so as to give you more of feeling for them. It is an interaction you had James, with Marion.

Suddenly a thought comes to your mind and with a feeling that you want to express it to her. This is the action. It begins in you as a thought. It then grows in intensity with the feeling that you want to speak it out (express it) to her. The will to do it reaches its peak and you say what you want to say, you speak your thought. You say it with the invitation of her to reply. Now, even this process is a whole season in itself, and can be further broken down into all the segments, but I want to make it a bigger season that includes her reply and reaction to you. So she responds giving you feedback on what you have just said providing a reaction for you. This stirs you to thoughts and feelings on one level, and then on a deeper level, and even deeper, generating other thoughts, feelings and emotions. In this case you feel good about what she has said, and you don't feel the need to say anything further, so you process and integrate your and her involvement together. Her reaction has inspired you

to see more truth about what you have said, and you further integrate that together with other feelings and emotions of ‘that was a pleasurable experience, I like telling her what I think, she listens and always says good truth stimulating things in reply, I look forward to telling her more’. Then you start to settle down as the experience ends; you feel good and happy, and you don’t feel the need to say any more. You settle even more, and soon you forget, and you are waiting for the next experience.

This is a very simple simulation, and as you can see at any point you can see the overlapping of one season of the experience into another season of the experience. Your life is truly multidimensional, with seasons within seasons of experience always occurring. And this can give you more insight into the dynamics of your soul, just how incredible it is in all that it is doing all the time.

Now, I will give you some other facts about seasons.

The segments of a season can be lived sequentially over time, or can all happen simultaneously. As can a number of segments be ‘stretched over time’ or occur simultaneously. It all depends on the needs of your soul. And as you ponder these seasons, just open your heart to see that all you do, think, feel, say, and all that is going on within you all the time that you are not aware of, is all being governed by your soul and these seasons of light. There are Angels of a much higher order who are able to hold each of these seasons of experience in their mind and analysis them for you. At any given time they would be able to define all of your soul seasons, that is, all the light your soul is emitting, and divide it up into its relevant sub-segments. Not only is every hair on your head counted, but every segment of your soul’s seasons is known! All that you are and will ever be, every experience you will ever have and are having in Creation, within you, comprises your personality, and you are the living expression of it. And none of it is ever lost, for as it all comes from your soul, which is existential, it is forever NOW. It is always on hand; and so far as your soul is concerned, it is emitting ALL your soul seasons of light NOW. It is only through the interaction with the creational realm that seasons become sequential in time and space. And this relationship between your soul that is always in the now, and your experiential being which is always in the beginning, middle or end, is something of eternal fascination, because how can it be? How can the existential and experiential coexist? And how do they affect one another? And the answers to these questions we can only live to find out, they cannot be reconciled with our minds. Our minds are too structurally limited, it is more something that you can perceive through your feelings.

I will finish now James for the time being – Zelmar. (a Melchizedek from within our local universe of Nebadon)

19 July 2003

Good morning James.

Today, as you know, I want to speak some more about the will, and in particular your wills, that being, how they express the negative state.

As I have spoken about, the **will is your most vital force, and without it none of your soul personality would actually be brought into being in Creation.** It is one thing for your soul to shine its light into Creation, but entirely another as to how this light then manifests because of will. As I said, the soul initiates the will, and right from the first soul-light moment, will is brought into being, and from then on you are literally willed (self-willed) into Creation. Your will then drives the manifestation of other soul-light into being. Your will being the active ingredient in you, you that is within Creation representing the active ingredient in your soul that emits the light that manifests its personality. **Personality therefore has within it these attributes, and will is the single most magnificent attribute, by making all happen as so required by the soul.** Love, truth and mind are separate unto themselves so far as attributes go, and all though common to all, are also unique in their manifestation, but will is common to all and common in its manifestation. When will is spoken of, all know exactly what is meant.

You mostly take your will for granted. But if you pause for a moment and consider that if you did not have it you would not be able to function, or even be in Creation, then it takes on great importance. Look at your mobility, how you can move so easily, and how much of you can move separately, and then all whilst you are moving you can speak and think, and your cells in your body just carry on performing their function. And then when your will to be in the physical, ceases, you are powerless to stay alive, and must submit to death and move into spirit. This command or instruction, as with all your movements, thoughts, feelings, all you say, all cell metabolism and everything else, all comes from your soul, and without soul your will would be powerless and not exist. So all you do, all you will, all comes from instructions from your soul and not the other way round. Even though you might feel that you are in control of yourself, that you have the inspiration of wanting to move, to think and to express your feelings, and you do it by mobilising your will, you are not in control, it is all still coming from your soul.

WILL! The Soul does everything!

We are all living effects or results, with our souls being the cause, however the Mother and Father have designed our creational part of self as feeling and believing that it is free and in absolute control. This is so that we can experience freely all that we need to experience, it with the full feeling that we are in control and ourselves are a unique individual. And as we relate to one another, this way we can maximise our experience; however the reality is, the deeper underlying soul-reality, that it is our soul that is the original one, and not our will, mind or feelings.

Our soul, being us, and even more us than you as yet have any idea about, when we are attuned to it, does not make us feel that we are not in control of ourselves and that a greater authority is bearing down on us. And when you come around and start to enjoy the wonderment of your soul, you will delight in knowing that all is not actually the responsibility of your mind or feelings or your creational self, it is your soul, and that is perfect and has been created for you by the Mother and Father of Perfection, and so will only will you to want to do things that are of the greatest enjoyment for you to experience the most love, more love than you will ever be able to imagine.

As you submit to your soul's control by living true to your feelings and no longer with your mind in control, you will see that it is you, and if anything, a greater part of you that loves you and only wants the best for you, just as do the Mother and Father. You come to see that you do not have to fight yourself, and that you are actually on the same side, but you have been turned against yourself by your parents. You have been made to take false control over yourself, over your soul, by your mind, and your will has been forced into doing this. And as I have said, only by doing your Healing will you come back into will harmony and respect for your soul, and for your true self, and your true reality.

The will as I have said, is a separate 'body' unto itself. It is wholly light responsive, soul and creational light. It only functions according to the light that affects it. It is not self-functioning, it is always dependant. If left to itself, it would do nothing. However, as soon as light is applied to it, it wills all of the instructions that the light carries into action. It is able to take soul encoded light and turn it into function, or take the experiential light and will it back to the soul.

When you are coming into being, your soul causes your will to bring you forth into Creation, that is to organise all the primitive creational forces and materials available to act on, and make you. It first makes your higher systems, which in turn are then used to make your lower systems, all being perfectly willed into existence. And finally it makes your physical body, which is virtually able, under direction of your soul and will, to take care of itself. You feel inspired to eat and drink what your body needs, such inspiration coming from your soul, with your body using what materials you give it; and all is sustained in perfect order by your will and the action of soul-light upon it. But what happens when your will is interfered with? What happens when you are conceived into this negative mind and will state?

You are willed into being in seasons – seasons within seasons. To the casual observer you grow and develop in stages, and your parents try to deal with these stages as they themselves were treated, or as they believe they should. As no one is truly parenting, because you are not living with any substantial level of truth, you simply react to your children without much thought and mostly on impulse being governed by inner things that you are not even aware of, mostly beliefs and behaviour that are buried deep inside you. As parents, these things are what you have learnt mostly in response to how you were parented and the influences that surrounded and affected you as a child, none of which has any truth to it. You parent whimsically, irrationally and irresponsibly. You have within you as a parent, a set of standards as to what you believe are true and how YOU want things to be, and mostly this does not include how your child might want to be.

It is *your* child, and it will do what *you* say, you are the dominant ruler, and so you need to enforce your will and right. And so you set out to ‘love’ it, which means to control its will to varying degrees. And by controlling its will, you are NOT loving it. You cannot love another by imposing your will over theirs! By making another do what you want them to do, and especially forcing them and giving them no say, you are certainly not loving. And it is no use in trying to defend yourself by saying you are loving most of the time and only force a little when things seem to be getting out of hand, because even if you force once in your child’s life from conception to adulthood, you are still interfering with its will and causing damage to it. It needs ALL of your love ALL of the time, so it too can grow up becoming a truly loving person. If you cannot guarantee this, then out of respect for another soul, you should not consider yourself worthy of being a parent, and should continue with your Soul-Healing until you are of perfect love and Celestial truth so as to guarantee this prerequisite for your child, so that you can give it all of your love, all the love it needs to come into being and not be born into a negative state.

And there is nothing wrong by refusing to be a mortal parent because you do not feel adequate enough to cope with giving such love to your child. In fact, all honour will go to you by refusing to honour the Rebellion and Default. Still, many parents will feel the need to parent in their rebellious state, and so as that is what the Mother and Father want, so everyone will have to deal with the consequences of such actions.

And there will be plenty of time and opportunity for you to have children in spirit, and you will not be losing out on anything by parenting spirit children, even though they are not of your true physical conception. It is not about having a thing, a child that is yours; it is about the desired relationship of soul to soul, your soul and this other individual whom the Mother and Father are asking you to be the custodians of. As to how you come about this relationship, will not make your love for it and it for you be any less or more strong depending on whether or not it comes from your conception or adoption of it. A relationship of love is as strong as it is, no matter at what age and stage of life you are, or whom you are choosing to relate to. And your greatest relationship will be with your soul-mate who will not be one of your children. Your relationship with your children, although very important, will only be of lesser importance to that of your soul-mate, and even to other relationships you will have as an adult. However, it will be in the few short years with your children that you will be able to experience what it is like being the ‘Mother’ and ‘Father’, experience from which you will draw for the rest of eternity.

The difficulty you face is with your will being made to will a false you into being; and then with your will keeping you being rebellious and untrue, it becomes very difficult to go against your rebellious will. Will is very strong, it has to be strong to keep you existing in Creation, so to suddenly want to end your unloving ways, to want your will to be refocused into the opposite direction, means you’re going against all that wilful force from your parents that made your will turn against expressing you truly in life; and as you are no longer a child, you can’t summons that amount of extra will to override such trauma and will damage. So, all you can do is submit to such wilful control you have over yourself – your mind has over your feelings; and working to bring to light the truth of how your will is placed so as to maintain you in rebellion. And when the whole truth has come to light, then it will be up to the Mother and Father alone, to affect such changes in your soul that will change your will, and indeed change the whole of your personality that’s being expressed rebelliously.

We ourselves can’t change our will; we can change beliefs and affected behaviour, yet still the underlying will patterns will remain in place, you simply adding more beliefs over the top of what you already have. And as your will then maintains these new beliefs, with your mind

mistakenly believing is a good thing and making you feel much better, still the deeper truth and reality is that your will has not changed.

And it's a good thing God doesn't allow you to change your will, because you'd be changing it all the time trying to better suit yourself in your rebelliousness. You'd be trying to change yourself into perfecting being evil. You are already evil to the degree your Mother and Father want you to be, however imagine if you could change your will and make yourself even more evil than you are; and all more than likely with you misconstruing your own actions by believing incorrectly that you are helping and bettering yourself.

You can't actually make yourself be more evil, wrong, untrue, rebellious, than you already are. You can't get worse. You can't become more rebellious. When I say people and mind spirits are advancing their rebelliousness, I don't mean they are getting progressively more rebellious, more evil, it's that they are outworking their existing amount or level of being wrong. They are further exploring all the parameters of it. So it may seem like you or someone else is becoming more evil, untrue and rebellious, but you are only outworking more of what you already are, it has already being determined for you through your childhood.

Through your Healing you are to become true to how unloving you've been made through your childhood, you are to become fully aware of, and so fully connected to, yourself as the child you were, and still are, as an adult. Being an adult, you are to also be the truth of the child you are, to feel as the adult exactly how you felt during all the different seasons of your childhood. And so if you felt bad, to feel as bad as you felt as a child, being the adult you are. You are the adult child, the child you were, still feeling how unloved and badly treated it feels. And so instead of using your mind to block out such pain and the truth of how unlovingly you were treated and so how unloving you've become, by becoming true to such feelings, you are to be true to that poor sad unwanted and uncared about child. You are to live as an adult: the Truth Of Your Childhood.

And it's a long process of progressively becoming true to how it was for you as a child, that which your Healing will help you do. You are to live being true to it, Being it, as you were it as a child, so as you still are by still being that child, all so you know exactly all you went through as a child on the feelings level, all so you can be true to those good and bad feelings. And most importantly, true to all your bad feelings you have repressed and not wanted to remember you felt. So your Healing takes you down to your deep will levels allowing you to know how badly your will was interfered with; and consequently, damaged – all by you

feeling how bad you feel in your will-less state. And how you've then had to use your damaged will to empower falsely your mind to take over making you believe, and so pretend, that you are feeling good, happy and loved.

As your parents change your will, coming from your parents, unconsciously you believe such changes are right, and so you join them against yourself, you come down hard on yourself forcing yourself to give yourself away, to reject yourself, all so you can please them and be as they are. And your will having been altered, then grows to its full strength and keeps your negative achievements in place. So, effectively you take over from your parents, being unloving to yourself by being as they want you to be, even if you hate your parents and believe you are the very opposite of them. And yet again, believing you are the opposite of them, are only 'nice' beliefs in your mind you've made up for yourself. And even making them up with your parents' help.

Imagine a tree growing to maturity with a strong wind forcing it to grow at an angle and not as the true tree would be growing straight upwards. You see such stunted trees at the foreshore where a persistent strong onshore wind might blow throughout the trees growth. The tree still lives a life, but not a true life the tree has encoded in the genetic pattern of its seeds, the environment has interfered with that pattern. The wind has applied a negative or interfering 'will' to the growing tree.

Now imagine the wind stops blowing and the tree wants to grow back into being a full and normal looking tree, yet it can't, it's childhood growth is over and now it can only keep growing as the wind made it grow.

If you were to apply a force in the opposite direction to where the wind was coming from, the tree no longer being supple and young, would break, it wouldn't be able to bend, it is now mature and so fixed in place as to how it has been made to grow.

And so if you are this tree, you too would break if such a strong force was applied to right you.

So you can only submit to how you are, to stop fighting against yourself and to work to admit and accept how damaged you are. You are a bent tree, so you can only work to become wholly aware of the truth of that damage, coming to fully accept and realise you are not a true tree, that you are living something of a dysfunctional life, that your will is keeping you in your rebellious state. You can through your feelings only come to realise the truth of

how you've formed incorrectly, with a part of that truth being how it all came to be, how the wind (your parents) negatively influenced you making you into the distorted person that you are.

So, your Healing is the waking up to and accepting the whole truth about how untrue and distorted you are, how unloving, rebellious, and not able to have true relationships of love, you've been made to be. And that is all you have to do, because it's all you can do. You have to stop pretending that you are a normal and perfect tree, when you are not. You have to end your mind telling you all sorts of things that are not true about yourself, coming to see and accept the full truth, even if it makes you feel like you're the worst person in the world. Which is still only how your parents made you feel. You can't be anything other than what your parents made you be, so you have to uncover the whole truth of that from your feelings.

And as you bring to light that truth, you live it, you are it, it is you, and so gradually it's as if you become connected to yourself as the young child coming into being, feeling all the terrible feelings of how having your will turned against yourself made you feel. So you get to the point where you're fully conscious of two realities: you the adult, now feeling you the child. You are one and same, the child adult, the adult child, and your consciousness through your feelings ensures you're fully connected to each other. So, you walk about being the adult conducting your adult relationships yet at the same time being wholly aware that you are the damaged child, suffering all you went through at the hands and mouth, at the actions, of your parents.

And through your Healing, being the bent tree you might believe you can somehow cause yourself to straighten, but again that's all only wishful thinking with your mind, because the truth is you're not a normal tree. And you might feel very good and happy being an abnormal tree, full of love and getting all you want from life, yet you are still a bent tree, and some day you are going to have to wake up to the truth that you are not a normal tree.

You were forced to submit to a more powerful will, that of your parents, so you again have to submit to the power of your will, allowing yourself to feel how it felt being made to submit. So, having to deal with such terrible feelings as feeling powerless, will-less, of no account, not important, no one caring about you, no one loving you and making you feel they want you, feeling rejected and unable to do anything, other than accepting how bad you feel and expressing such feelings whilst longing for the truth of them. You might be able to change little parts of yourself, but overall you can't change your negative state, you can only

own up to it fully, being it fully, accepting and acknowledging it fully. To admit defeat, that you can't change yourself, that you feel utterly powerless to change, that you are stuck well and truly in our untrue powerless state, is starting to honour and accept the truth of how you really are, how your parents treated you and made you feel. And that humility is what circumvents your mind's control, so you move below it and then out of it, looking increasingly to your feelings for the way you are to be.

If your will is compromised, you make the necessary adjustments to 'move around' the obstacle, and do what your parents want or what you believe they want, all of which is traumatising yourself. No matter how slight a will interference that is forced on you, if you can't remove it and have to submit and fully accept it, it is a trauma. If you can cry or be angry or do something to force the will obstacle away, and right your own will, then you will not suffer the trauma – however, as a very young child you are very easily overpowered. And just being left to 'cry yourself out' is not how you can rectify the problem, it has to be made up to you with love. The child may stop crying when given attention, but this too is not to say that the trauma has been averted. There is a lot to it, and even though it is a moment by moment thing, it is also a seasonal thing, and many moments may join together to make a season of abuse, and if this whole season becomes a trauma, then you will have suffered a lot of bad traumatic moments, all of which will one day need to be rectified with love. Not one little bad moment will be forgotten, for all is recorded in your soul, and it will all have to be healed with love. Every little protest you had with your parents through your childhood will need to be healed one day with love. In your cases, being born into a Rebellion and Default, already from the sheer act of you being conceived, you have suffered a major trauma. No matter how loving your parents may be to you from then on, still you will have this primary major trauma to heal. Everyone will need to do their Healing, and one day the first child will be conceived and then born of soul-healed parents!

The act of loving yourself through your Healing, making up your will and love deficit, is done through your submission to your bad feelings wanting to fully be and connect with them so you can know the truth of why you are feeling bad; the truth of what happened to your will to cause you to feel bad – unloved. By stopping being as you are, which is unloving, and going the other way by attending to your feelings properly, you are loving yourself – so are lovingly attending to your bad feelings. You are lovingly accepting them, wanting them to have their say, accepting how emotionally bad you feel, expressing all that pain and anguish, it all being the ongoing acceptance of yourself. And this self-acceptance is being self-loving.

As you work your way through your Healing, feeling worse and worse as you allow your repressed bad feelings to surface, and as you fully be them, you won't feel loved or very loving of yourself, you might even feel a lot of increasing self-hate, all of which you are to accept and express and long for the truth of, and yet this is still loving yourself. By being as fully self-hating as you might be, and hating of everyone else, including your parents and God, you *are* loving yourself. Such terrible feelings are within you, you are them, so to fully acknowledge and be them, instead of continuing to reject them, is being loving of yourself. **Your whole Healing is one long act of self-love.** And it is the only true way of loving yourself whilst you're untrue. So you are to literally love yourself out of the Rebellion and Default, all by attending lovingly to your feelings.

Our HEALING is one long act of Self-Love!

And the result of being loving to yourself in this way, is that truth comes to you. The truth of how unloved you feel and how unlovingly you were parented. And with this truth, gradually you start to feel better, more loved, even as you keep bringing to light all how evil and rebellious you are.

If your will has been forced to submit to your parents' will, and then the route they give you to express your denied will is itself then stopped by them, and you are forced to further submit, this equates to secondary trauma, and if this continues, tertiary trauma, and so on, and can happen to a maximum of seven levels feeling increasingly powerless. If you are forced to change your will, and then by living that change you are given some acceptance and power in your relationship with your parents, then the trauma is limited compared to how bad it might have become, however, the fact that you feel good in your mind by having some power, means you can be lost to the control of your mind for a much longer time than someone who is heavily crushed almost out of existence by the seven levels of trauma. "The meek will inherit the Earth" which means that those of crushed will who are not feeling positively wilful in their rebellious states, will end up living on the Earth, because all those controllers of the mind will never reach a level of humility and feeling that something is very wrong with them, so will not be rushing to do their Healing. The Healed will be the true inheritors of the Earth one day.

The mind Mansion Worlds are full of spirits who still feel they have power, it being 'given to them' by their controlling minds, it being only a belief. The spirits who want to give up such false mind power, start submitting to their bad feelings and move into the Healing Mansion Worlds.

The more spiritually and emotionally crushed, crippled and dysfunctional you are, the more traumatised, the better off you are in fact, for less will you be able to contribute to the perpetuation of the evil and sinful ways of life, as you will not have the will to do so. Being a ‘success’ in the Rebellion and Default is not something to be proud of. Being a failure, and you’re closer to having to start to come to terms with the truth that you are powerless and can’t do it, because you are too will damaged.

You are to find out the truth of love, and so to begin with, as you are unloving, the truth of your unloving and untrue state of mind and will. Do you really feel truly loved, because your parents were truly loving – that is the truth you have to uncover within yourself.

Will trauma can be seen, uncovered and classified, yet from the inside out, and not with the mind or looking superficially at someone’s life and what they may or may not experienced. If you remember that all the trauma is virtually done to you and set wilfully in place before your seventh birthday, and then all that happens is merely the outworking of this, it may help you to not fall into the trap of misjudging yourself or others. You can’t look at another person, even if you know them very well, and know all the will damage they have suffered and are living in. The will damage is too deep to be seen, symptoms and signs of it will more than likely be evident superficially, however, as to how all the will damage adds up, can only be discovered through one’s Healing.

Soul-Healing is your true will-healing. All other types of healing, no matter how seemingly miraculous and incredible they may be, will not effect your deeper will levels. These other healings will only rearrange your aura, your subtle and real bodies, as required. They may as a result make you more able to function in your life, however this is all superficial and creational healing. Your will-trauma will still apply, and will still one day need to be healed.

You are fully willing your trauma into being, keeping it ‘alive’ within you. Your will is fully engaging your life that way, and you will live accordingly. Your will is your’s, and once fully formed, it is always full, but as to how it either supports or denies you, is what you will have to see the truth of when you do your **Will Healing**. You are holding onto all of your negativity with the full force of your will. You are being as evil, untrue and rebellious as you can be with the full strength of your will. And it is a lot of hard work to give it all up.

When you choose to do your Healing, then you will be setting out to end your life as it now is, and to eventually start anew, hence Jesus telling you that you will be “born anew”, as this

is how you will feel when you finish it. You have been living one way, against yourself, and then you will slowly stop this and start to live a new way, for yourself, lovingly.

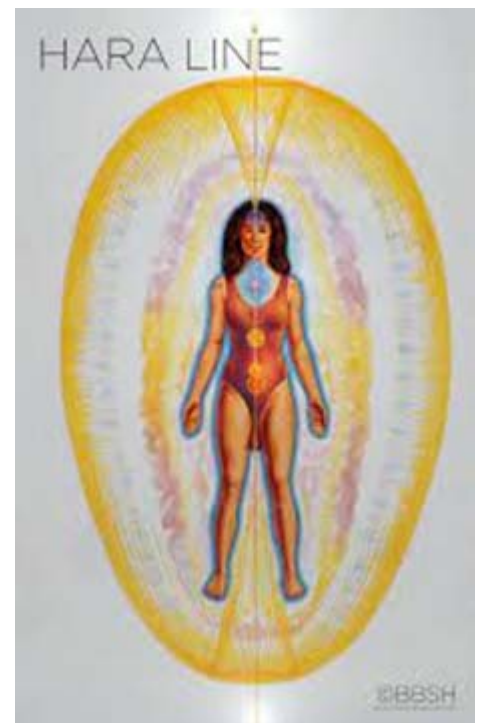
That is all I have to say this morning James, speak to you soon – Zelmar. (a Melchizedek from within our local universe of Nebadon)

WILL Healing

20 July 2003

Let's speak some more about the will today James – Zelmar.

From the book you have been reading (Barbara Ann Brennan's *Light Emerging*) the author 'sees' (using her second sight) the multidimensionality of one's aura including the rudimentary focus on the will. This she calls the 'Hara line' and has correctly identified the three major points on it that would stand out to one looking at it in such a way. I will however rename what she sees, to bring it more into keeping with the understanding of things I am saying to you.



WILL

If you condensed the will into making it appear as though it is a single line of light, then its beginning, as in highest point,

is as she has said 'The Individuation Point' or the Self-Identification Point, that being the point in which you identify yourself with the Mother and Father and know that you are Their child, and that you are a unique separate personality in your own right, identifying yourself. This point literally caps all that you are so far as all that your will is willing you to be. It embraces the highest ideal to the lowest, and signifies that you are who you are in Creation and will always be so. This point is also be called **The God-Spirit Point**.

The next point she identifies lower down on the will is what she calls the 'Soul Seat' or simply, the Heart of your Will; and then the lower point she calls the 'Tan Tien', which I will call the **Life Point**. From this point the will moves deeper into what she says is the Earth but really it is into depths of Creation into which we are all centred. If you were to follow

this point it would lead back to Paradise and the Home Of All Wills (or the **Home Of All Will**), and we are all linked to each other through this connection. However for all intents and purposes, it is as she rightly says, from this lower section of will centred around this Life Point, is from where we are all drawn up into being on all our varying levels.

Between these levels, one can denote the purpose of will as such:

Between:



The Self-Identification Point (or God-Spirit Point) and the Heart of the Will, is concerned with doing the Will of God.

The Heart of the Will and the Life Point is concerned with doing the Will of self.

Between Life Point and Paradise Will is concerned with the Will of Life.

Each of these three main areas of the Will are themselves divided into segments, Major to minor segments, with once again comprising seven divisions.

The Self-Identification Point is, as I said, also called the God-Spirit Point. The reason for this is that when your Indwelling Spirit comes, it finds partial lodgement here as well as lodgement in your higher mind. When it comes, a part of your self-identification is then the truth that you can also identify God. By knowing God, you know yourself. If you were to grow into an adult without the arrival of your Indwelling Spirit of God, then you would know yourself only partly, your self-identification would be enough for you to know that you are separate from another, and in particular your parents, but it would not allow you to completely individualise, because to do so you also need to know that you are a child of Heavenly Parents and that there is more to you than just what you see – your own flesh and blood. You need higher spiritual aspects because you are a spirit in flesh, not just a physical body.



In this regard without your Indwelling Spirit, you are more like a creature that exists with a very small amount of knowing awareness that it is a separate being from its fellows, as many creatures of lower evolution on your world 'feel' and even 'believe' that they are not

separate, and that they are one and the same as the one who stands in front of them. They have no self-identification or self-recognition, little self-awareness. Your ancestry allows you to feel at home in a group whilst being a complete individual, and as your soul becomes healed, a natural longing will awaken in you to be a part of a group, united under the same will, all existing for the same cause and with the same focus, your soul-group.

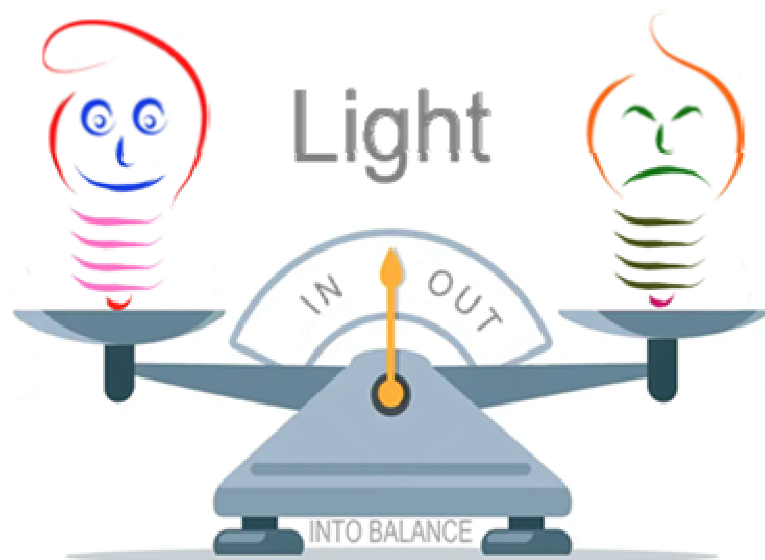
The emotions and beliefs Barbara attributes to each of these sites on the will line are correct, and I will not go over them. I am more interested in giving you, James, the concepts rather than the actual 'real-life' realities of all we have been speaking about. I only want to paint certain pictures, with the rest for others to do.

The part of the will that exists between the Self-Identification Point and the Heart of the Will is focused on you doing the Will of the Mother and Father. All the soul-light messages that are concerned with this aspect of your being come through this section of your will and its segments, and consequently all the light from your experiences of these will 'instructions' or 'commands' goes back through this area to the soul. It is within this area that you will into being yourself doing and living the Mother and Father's Will.

As light comes from your soul, and is for example being instructed to help you live the Will of the Mother and Father, having passed through this area, it is then 'willed' onto the appropriate light receivers in your aura and physical body, which will result in you having an experience, that when complete, will help you to have experienced the Mother and Father more; it will have made you express yourself to Them and enabled Them to express Themselves to you, and so your relationship together will have advanced, and you will be left with various feelings and truth concerning the experience; and this in turn will help fashion and compliment your corresponding beliefs.

Now within each segment of your will there exists a 'light meter' of sorts. It is hard to describe or explain how it works, but basically it determines the 'amount' of light coming from your soul and then the 'amount' of light coming back from your experience. And if the amount returning from your experience does not equal that of the original light from your soul, then this deficit is registered within the segment. This all happens with light, as the will is also composed of light. These more higher types of light creations I will not discuss, suffice it to say again that all of you is light, all that is physical/material, morontial, spiritual and will, is of light. So within your will is recorded the deficit of creational-light if there is any, and what this means is that if you do not express yourself wilfully complete, that is fully express your will in an experience, fully express yourself, then your will shall

reflect this and literally be affected in its perfection. When you say that your will is being denied its full or true expression, this is literally what is meant. Overall this deficit has a direct effect on the relative position of your will 'body' (I will call it a body of sorts, however it is not a subtle or true body, it is a different and unique organisation of light altogether, and it is more than just a line of will. It has dimension to it, however it also has more as well.), and an observer can see that it is not balanced, not functioning in harmony with its surrounds, the rest of your aura, and then you will also be able to see this disharmony reflected in various ways in your subtle and real or true bodies.



When your will has been subjected to such interference, as that which we were speaking about in our previous message, and you are being forced to give in and change yourself, it is exactly this which is recorded in your will and reflected in the relevant segments. And so you adjust yourself to honour the superior dominant will, effectively trying to compensate or rebalance for the denied experience by becoming of the dominant will (mostly your parents). So in a way you are trying to 'take on their will' to make your will be as it should be, but in doing so you are then willing your damaged will into place, where it will stay until you do your Healing.

And you can do this 'adoption' of another's will, when your will is forming, so through various phases of your childhood development. When you bring about this change, being reflected by you changing your behaviour and beliefs, then the more dominant will becomes in a way artificially your will. However in truth, your will still displays the deficit, but also shows other areas in which you have tried to make up this deficient. And how this is done is by your own willing, willing your will to change and function as you (and your parents, as you are forced to comply and even agree with them) want it to, and not as your soul wants it to be. You will yourself to be how you now believe you want to be, and should be, that which your parents are making and forcing you be. So your parents are forcing you to change the focus or orientation and make up of your will; only, because it's your will, and by the very nature of will, effectively you are willing yourself to change as if you have willingly agreed to do it. So you are forced to become rebellious, against your will, yet also in a way believing it is how you want to be, it being your choice, as it will be good and right and the

best thing for you. And the more you comply with your parents will, the more they accept and approve of you, thereby reinforcing your misguided belief that how you are now living with your will against yourself, is the right way for you to be. So, technically you wilfully chose to change the configuration of your will to become 'false willed', the false you, and so one day you have to take full responsibility for this, which you'll do through your Healing.

Through your own efforts of will, you 'add' light to this deficient segment bringing it back into a 'balanced' function. So literally you are forcing this part of your will to will against itself, against the real and true you and your soul, and making it artificially be something that is unnatural. And you have the freedom of will to do this. You have the freedom to interfere with the direct will function of your own will as your will is forming. You can't do it once you're an adult will, it's all fixed in place. As an adult you can have your 'will broken' by a superior force or will, however all this really means is you'll be forced back, broken back, into yourself at some stage or stages of you being a child.

And this making yourself be an artificial will is what you have all done in numerous ways to your will segments. So you are falsely self-willed. You are no longer naturally or truly self-willed, having taken over the will of your will in these areas, which is why we say you are living against or untrue to yourself. And you have to keep applying will-light to this segment to keep the will imbalance in place. So, you have to keep having experiences that support this deficit and your new control over it, so you bring about bad feeling life experiences, doing all sorts of things to deny yourself and seek power and keep the control over you by wilfully applying your mind. At times it takes all of your strength of will to keep the wrong will in place, and many of you complain as to how hard life is, and this is exactly because it is very hard to maintain this pressure against yourself on the will level. When you 'break' and give up the struggle and let yourself collapse, often you find you are relieved to feel that the battle is over, and then later wonder why you were ever fighting so hard in the first place. But to feel this relief you will also have had to give up beliefs and certain unloving or negative behaviour, all of which later you will see the truth as to why they were not necessary at all, and often with the exclamation as to: "why didn't I give it all up sooner!"

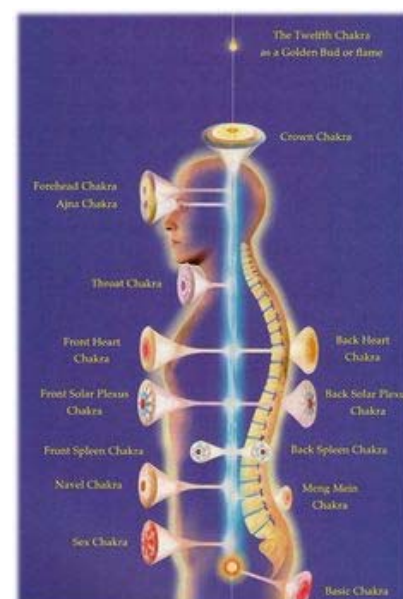
The will to maintain your negative will, your whole negative and rebellious state, is very great, and so it is very taxing on your subtle and real systems, and so in time the imperfection will show up and you may become physically ill or mentally and emotionally unable to cope with life, your own inner pressure and burdens which you feel you are carrying. But before that, you may blame life, other people and God, and ask why is it so hard, and why do all these trying and testing things befall you; but they do all because it is exactly what you want

– you are willing them to happen, because you keep needing them to happen to satisfy the condition of your will. And because that condition is negative, bad, so you have to keep doing things to yourself and having life comply with your deep will intentions, by making you feel bad, the bad feelings being there to show you something is very wrong. It is bad living with your will compromised in such a false way, and so because of that you feel bad. And so you should always feel bad about yourself and your life whilst you're willing your will against yourself.

The Mother and Father can only give you what you want through your soul at all times. As you are jeopardising the pure light from your soul by controlling your will in a rebellious way, then this is what you want and this is what you will get, and so your soul concurs with your wishes, as does the Mother and Father on the will level, even through it is They who want you to experience living with a dysfunctional and rebellious will. They make you rebellious, so you can experience being rebellious as if it is exactly your choice; and so as you have 'chosen' to live against yourself, so They support you in it.

All of this gives you a false feeling that you are in control of your own destiny and master of your will, but it is not true. It is not right, and as you do your Healing it will all unravel; and as your will is fixed, corrected, adjusted into true balance and function, then you will naturally feel yourself giving up all the false will you are holding onto, all that you are controlling yourself with, feeling relieved to allow your soul and the Mother and Father to resume Their control of you in a positive way. And then life will cease to be a struggle, for as They have created you with love, love is not a struggle, and your life and all in it and all that happens to you will occur with love – lovingly.

You are artificially keeping your will in denial of your soul, and so will suffer the penalties. Those people who can see into your aura can see the damage this is causing you, your chakras or 'wheels of light' and all other parts of your light systems, will show this discord in specific places, and this will then, in turn, affect your spiritual and physical bodies. And remember, all of this starts right from conception. For the majority of people it is not until older age that these internal pressures are brought to bear on you, the result of your unbalanced wills; for as you get older, naturally your will lessens as it starts to surrender to the passing of this life into the next. As a newly



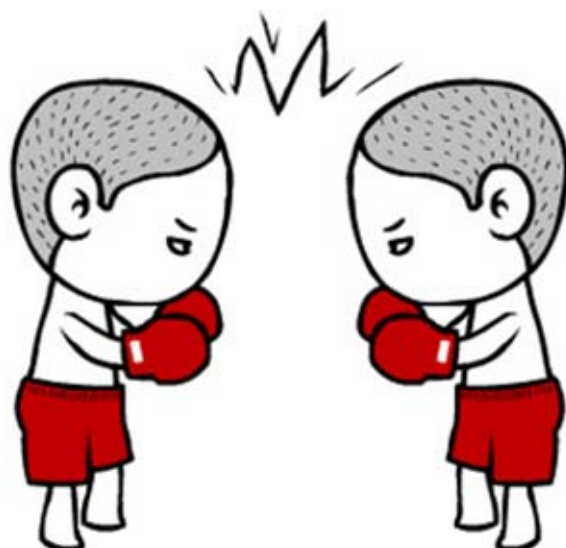
conceived person in your mother's womb, and through to your adulthood, your will is at its maximum coming into being. And so all during this time when it is interfered with, and you step in and take over with this same strength of will bringing about your corrective will measures, so they will cling to you and you to them with the same intensity of will. And this is why so many people find it so hard to heal the deep issues, trauma patterns and negative addictive cycles within themselves. Your will, as I have said, is a formidable force, and once set in place it takes a lot to change it. You go out into your adult life already with your will fixed rigidly in place against yourself, and so it will remain rigid throughout your flesh existence and into your spirit one until you decide to do something about it.

This going against yourself on the will level sets up a tension between that of your false self and that of what your soul's true state is to express you perfectly and truly wilfully in Creation. This inner tension you can feel as just something doesn't seem quite right in you, and often with a strong desire to find out why you don't seem happy and right. What you call your spiritual search is just this. If you were perfect and not negative, you wouldn't have a spiritual searching feeling as a separate thing within you, because you would not be in such a bad and untrue state, it would just naturally evolve as apart of all you do, as would everything else in your life evolve in perfect balance. However, the drive that some of you have to find the truth and to live true and to live the Will of the Mother and Father, comes from all the added tension within you; especially as you have started to acknowledge to yourself that how you feel and how you are living is not right, and you want to do something to start to change it. Many people have equally a driving force, yet it is about fully asserting themselves in their rebellious life, believing the power they get makes them feel happy and successful, and don't feel the need to change because they feel all they are is right, they not as yet having awakened to the truth that how they are living is wrong.

This inner will pressure can be added to in various ways, all brought about by your soul when your light-pattern decrees that it is time for you to start to do something about this enforced untrue state you are living in. And so out of the blue things can start to affect you mostly in a negative or a bad way, all adding more pressure to you, all with the desire for you to stop being how you are and doing what you are doing, and to start to listen to and take notice of your inner signals of discontent – your bad feelings. When your life starts to crumble, and no matter what you do doesn't seem to give you any peace or give you back your control, then the pressure is on from your soul, and you have two ways to go: fight all you like, which is fighting against yourself, trying to resist as best you can by keeping on asserting your mind control; or start to go with yourself breaking down by giving in and giving up the fight and starting to properly acknowledge your bad feelings. And then to

really embrace this new direction your soul is wanting you to go, by looking to accept, express and long for the truth of your feelings – doing your Healing. However it may take many times for you to cycle through the same childhood will denying patterns before you can't do it anymore and are forced or willing to start to give up. How many times do you have to get involved in yet another abusive relationship before you want to know why you keep choosing the wrong person for you?

It is very important for you to acknowledge that you have taken, erroneously, over the control of your will. You are making your life exactly how you want it to be, you are willing yourself to be exactly how you want yourself to be. Even when all the bad things happen to you, it is YOU and no one else that is doing these things to you, even if it is another person who might be hurting you and seeming to cause you all your problems. It is still you who wants this other person in your life (even if you don't want them), it is you deep on your will level, and you are in effect making them do to you what YOU want. Your will is willing all you need to happen, with other people and situations only complying with the needs of your will. If you and another person have a bad relationship and blame each for being the bad one, then you can pause for a moment to understand that you are giving each other exactly what each of you wants, you are making each other feel bad just as your parents made you feel bad, and those negative childhood patterns on a feelings level are still in play and what your will is willing to happen. You felt a range of feelings when you were growing up, and that range of feelings, including a lot of bad feelings, has become part of your pattern, so as an adult, your will, will keep bringing about situations so you can keep feeling those same bad feeling patterns. Over and over you will move through the same feeling patterns that are ingrained in you, all in accordance with your will and the needs of your soul experiencing your rebellious state. So, no matter how much you beg and pray to God to take them away, They will not interfere with your will, They will only comply with your wishes if this somehow complies with what you want on a deeper soul and will level. To truly make them go away can only be done by addressing the root causes, and that involves, as I have told you now so many times, by wanting to see and know the truth of these original causes by doing your Healing.



**Fighting our self leads to healing our self.
Surrendering to our Feeling Healing is destiny.**

Really there is not point blaming anyone else for your misfortunes and bad life experiences, for they are all happening to you because you want them to. Your will has to be honoured, even though it is artificially being kept in place, and it will be honoured according to your erroneous beliefs and unloving or negative behaviour patterns. You are wholly responsible for your life once you are an adult. Up until you are six to seven you are not wholly responsible, and bad things that happen to you are of the negative influences from outside of you. No young child is bad, only adults are bad. The 'evil child' is only 'bad' because of all the negative influences that have already gone into it forcing it against itself from conception. And a 'bad' wilful child should not be punished and forced to take responsibility for its forming will, it's too young to know what is being asked of it. It's forming will comes under the will responsibility of the parent, with the problem being, that such adults are inflicting their rebellious will on their child. So the child has no hope, it is at the mercy of such dysfunctional wills; and really is to wait until it starts its adult life to start to see just how dysfunctional it has been made to become.

Between six (when your Indwelling Spirit of God arrives) to sexual maturity, you are still taking it all on from your parents and other major influences in your life, and beginning to live as they have shown you. You are accepting that all the patterns you have adopted since conception are your's, and you are setting out to make the most of them, to function with your dysfunctional will in the bigger world. You are growing up starting to take responsibility (or should be) for your own wilful actions. It is becoming all you, and no longer your parents, you are moving away from them by taking over your will how they made it be, effectively taking over from them. And once you are an adult, you are completely will self-efficient, and have taken over complete control from your parents; you are no longer 'using' your parents will as your guide, as you are wholly self-willed – wholly wilful and so wholly responsible for your actions. And whether you will be considered a 'good' or 'bad' person in life, and whether you consider it about yourself, will be the result of their will upon your's, which you have now fully and wilfully taken into your own hands.

Let's finish here James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

21 July 2003

Let's continue...

So far as you becoming part of the Rebellion by Default, on a deep will level, as orchestrated by your soul, you can say that you have wilfully agreed to take part in them, to become of the Rebellion by Default as defined by the parameters of the Age you are conceived and born into. Each Planetary Age expressing different aspects or attributes of them. You have willingly accepted all the Rebellion and Default will be at your time of incarnation, and henceforth are therefore willing yourself along in the Rebellion. All until you choose to end your rebelliousness.

And although you can't actually remember making a decision to become rebellious, it not being a decision of your mind, it was done for you on a soul and will level... or rather, you made the decision through the formation of your will. So through your Healing you will take full responsibility for being of the Rebellion and Default. Your soul guides you but you as a personality have to understand and so be responsible for all your actions as a soul-personality.

And one day the truth will come to you as to why your Mother and Father wanted you to experience being evil, unloving and untrue, to become wholly of the Rebellion and Default. But in the meantime, when you feel so very angry with Them for subjecting you to such unlovingness and so many very bad feelings, then with all the emotion of this anger you must express your pain, telling Them all you feel and all you think of Them – how much you hate Them for being so mean and treating you so unlovingly. You are to go with your feelings, to be true to them all the time, and not try and jump over all the bad stuff by rationalising using your mind saying such things to yourself as 'They wanted me to be this bad way, so I am' as if that excuses all your bad behaviour. You are to take full responsibility for all your unloving actions, and if they are actively or wilfully against another person, then you will have to make amends through some level of feeling compensation; and if they are just to do with yourself and your own self-hate, then waking up to why you are so down on yourself. And if they are with your Mother and Father, then having to express all you feel to Them.

You will have spiritual or soul trauma to heal associated with: the will of God, the will of yourself, and the will of life; you will have issues, negative beliefs and behaviour, with living God's Will, living your own will, and living life.

All of your will deficient configurations are known by us and those higher, in fact this is how we relate to you more than by your name and number (parents given names; your soul-name and soul-number given to you by God to denote your personality). We first, when having anything directly or indirectly to do with you, look to see your negative will configuration, and if you are doing your Healing, where you are in rectifying these segments. And if we are to provide you with any experience that will help you to achieve your Healing goals, we will work according to the specific focus of will that you are currently needing help with. This explains, James, why in particular when Jesus has spoken to you, often you feel decidedly 'worked on' by him, and after the message you receive from him a lot of new issues and bad feelings surface, and as you express them you start to see more truth. Jesus has been 'working your will' to help affect changes in you so as more repressed feelings will surface for you to express and uncover the truth of. We higher spirits can easily 'apply our will' to you, which means we direct our truth-light or soul-light to you, that in turn 'stirs up' your will. Our higher light vibration causes your will to vibrate higher than it is, which then causes disturbance and disruption to your normal way of being. And with skill we learn how to directly influence your will so as to get a desired result, that which we want you to experience knowing it's what your soul wants. We do it through our feelings, becoming more skilful at it as we master our light expression in this way. So we can 'affect healing' in your will by altering the light of your will. Your Angels and Indwelling Spirit can also do the same things and more to your will.

Each of us has been assigned to help you personally in this way, and from time to time one of our messages will make you feel quite strange, as you have experienced, and this is why. It is also why you can have a very nice experience and feel love, happy, excited or just good, being stimulated by our spirit light, but then soon after you are plunged into the depths of misery or confusion or whatever bad feelings need to come up, with the input of the good experience affecting a healing of one will segment or part there of, with the result of you quickly moving to work on the next part that needs attention. In these instances we are loving you with our higher light, which has a 'bad' effect on you by stirring up more of your unloving bad feelings. So initially you feel good by receiving our increased light into your auric system, but then as it causes your whole system (or part of), including your will, to vibrate higher, so it starts to 'dislodge' more of your repressed pain and bad feelings, this happening because you are receiving an increase of love-light from us, the same as if you'd given it to yourself and moved naturally higher in your truth and understanding. And as your bad feelings come up and you lovingly pay the right attention to them, as I have been saying, you are then literally loving yourself into will perfection. Love heals all, with this being seen mostly in your Will Healing.

The need to constantly express all you are, all you think and feel, all you want to do, all how you behave, whilst you are doing your Healing, is so that all that is locked up in your aura and soul, and particularly your repressed feelings, can be ‘moved’ or ‘dislodged, stirring up your traumas helping to liberate your pain. The hardest most constant parts of your Healing, when you feel so powerless and forced into your bad feelings and nothing you do alleviates the pain, pressure and intensity, and all you can do is accepting feeling so bad and trying your best to express all your feelings, is when you are directly dealing with your damaged will.

Most of that which you express during your waking time, is what you will need to shift in your aura and that which will need direct experiences so as to alert you to the bad feelings that you will need to express. And all of this can happen naturally within you, you not always needing outside help from bad experiences with other people or things happening. And then a lot of your deeper will adjusting, together with adjustments on all other levels of your personality system, in your aura, and even in your physical body, happens at night in your deep states of sleep.

You cannot know what experiences you need to help you to do your Healing, so all you can do is follow your inner inspiration doing what you want to do, honouring and be true to all that you feel along the way. Your soul will guide you; the Mother and Father will see to it that you get what you need – good and bad experiences.

TRUTH

Now I want to move on to how truth comes to you.

Truth comes to you when you are perfectly experiencing experiences and not denying yourself in them. If you do not live an experience fully, then you cannot know what truth it is to show you, for it is incomplete. As so few people experience truth coming to them constantly from their experiences, it shows how much you are denying yourself experience.

Truth comes up in you as a *knowing*, it just magically wells up in you, and as the ‘light goes on’ inside you, you just *know*. You might know something specific, as if in answer to a question you have asked, or you will just know what it is that the Mother and Father want you to know through your soul. You cannot contrive truth, as you can belief. And you can only know it for yourself. You can honour another’s knowing of it, and know that what you know is the same truth, but how it will come to each of you is very specific and entirely individualised. As you advance in your life of good, true and perfect experiences, your truth

will grow, that is you will know more and more things. You read about someone knowing of something or being told about it and you can understand it, but until you have experienced it for yourself, so experienced the experiences that has inspired it within you, you cannot know it.

Most people and mind spirits contrive beliefs, and believe that they are true, and that this is themselves truly knowing, however they are misleading themselves and are not truly growing or ascending in truth. And just because everyone may believe the same thing, does not make it be true, as you will find out through your Healing. In fact, because you lack personal truth experience and so are not familiar with it and what it feels like coming to up in you, you cling to beliefs and information and rely on your mind instead of your heart. You may not do something because you believe it will hurt another person or yourself, and so instead you will dishonour your feelings and comply with the mass belief and behave accordingly, however, every time you do this you are reasserting your negative condition and denying yourself any further knowing of truth.

Most of you live completely untrue lives, lives which are founded on and function according to belief. And with the beliefs being so deep and from childhood, you mistakenly believe they are truth, however they are what you have learnt with your mind and not come up naturally within you as truth from your experiences. And if you are questioned, you cannot answer why you know these things are true, when they aren't true, and then you are beginning to see that they are false and only belief. And your beliefs are a very mixed bunch, not being founded on or resulting from truth, thereby making you very confused about life, and especially about your feelings.

As you progress in your Healing, truth will become less of a stranger, and soon you will stop thinking about all the rest that is going on in your mind, and look to, and gain security from, comfort from, that which comes to you as a knowing truth. The Great Comforters are the Spirits of Truth. Truth gives you a feeling that you are spiritually comfortable in life, that everything is as it should be, that you are not at odds with it, yourself, or anyone else.

How truth materialises in you, is as follows:

Your soul sends a light out into Creation and it generates through the help of your will, an experience. You will the experience into being. As you experience, light then travels back to your soul via your will. Then your soul sends a new light in response to the experience, and if fully experienced, then this new light will bring truth to your consciousness. The process

of this taking place in the heart of your spirit body. Your will, willing truth to come to your spirit heart, the heart of you, which you can feel as, even perceive as, also the heart of your soul. And as this happens, you will feel it suddenly come up within you drawing you up higher in consciousness, becoming suddenly more aware of something that is usually to do with yourself, enabling you to express all that you know, all that you *see*, think and feel about it. This *seeing of the truth* is of course itself an experience, and when it has been fully experienced, another light travels back to your soul telling it so, and then it will send forth another to generate the next experience of truth for you.

Mostly through the day during your Healing, as you are still in a truth denying rebellious state, you will not be fully aware of all the truth coming to you. You might suddenly have a big insight and know something, it all becoming instantly clear to you as the awareness about it dawns on you giving you a feeling of ‘I see it!, I get it!, I understand, yes it all makes sense now..., and on a heart level, you just know it to be true, and more than just cognising it with understanding in your mind. And then you might gradually become aware that you are different, overall, or in some specific thing about yourself, feeling perhaps that you are no longer doing that self-deprecating thing you have always done, it gradually lessening, or that it’s suddenly gone altogether, or you are becoming gradually stronger in yourself in some way, incremental changes that all slowly build up. But really all the time, with every experience you are having through your Healing, you are growing in truth so as to understand the truth of your rebellious state.

The main focus on your truth growth through your Healing will be to awaken you to the truth of how bad, wrong, evil, rebellious, untrue and unloving you are, all the bad stuff about yourself you more than likely won’t want to see. And so it’s not about you feeling better about yourself, it’s about you feeling worse and worse about how you are, and how bad you feel about yourself being so bad.

Things will change in you, but again you might not feel them changing for the better, but in fact changing to help you feel even worse about yourself, changing to help you liberate yet more repressed feelings so you can feel even worse and see more truth about how really bad you are. Your Healing is not a ‘feel-good’ healing experience. It’s a feeling bad experience, because your bad feelings hold the key to all the truth about why you do feel bad, all the bad stuff that happened to corrupt your will. So when you start your Healing, don’t expect to feel better and better about yourself as you let go trauma or express some bad feelings out of yourself. The more you express, the more room you’ll be making inside yourself for more repressed bad feelings to come out, so expect to feel bad and very bad for a very long time –

years – before you might start to feel better and even good. You may have moments of feeling good along the way, and times when you can sense and see the truth of all the progress you are making, but with such good times lasting only a short while before you're plunged back down into more bad feelings.

Through your Healing you are taking yourself into your early childhood, and particularly all the bad feelings, because you need to uncover the truth of any parts in your early relationships with your parents and family that were not loving. Remember, the Rebellion is not loving, being of it makes you feel bad, so doing your Healing to uncover the truth of yourself being rebellious, is going to involve a lot of feeling bad.

A lot of people are generally aware that they have a lot of bad feelings inside them, yet are too scared to address them, wanting to keep the lid on their Pandora's Box for fear of opening it and being swamped with such pain, it all being too much. However, all these hidden feelings will need to be addressed one day, and your Healing allows you to do it in a systematic way, all under the guidance of your soul. So yes, you will feel intense pressure and even be overwhelmed by them at times, however it will only be as bad as it was during your childhood. And as you survived your childhood to get you this far, so you'll be able to survive going back into it through your feelings.

The whole truth revealing process is a seven stage process:

Light being emitted from your soul to your will.

Light continuing on from your will to your outer creational bodies, subtle and real.

Light coming back to your will having experienced.

Light then moving back to your soul.

Light coming back out from your soul to your will to generate the truth you are to see, know and live from the experience.

Light coming back from seeing and living the truth to your will.

Light from your will being willed back to the soul completing the whole process.

How the truth actualises in the relevant circles and segments of your soul, then manifesting through your will and into your spirit body, I will not go into. It's a very complex process, and too technical for our purposes James.

And this is how you live being perfectly true. Life being an ongoing constant revelation of Truth. **You are sons and daughters of truth, truth is your heritage. You are to forever**

grow in knowing what it true, knowing all there is to know about all the Mother and Father want you to know about. To know all you can know about: yourself, your own soul, including your soul-partner; and to know about the Mother and Father, and Their relationship with you, and your's with Them, and all you can know about life and the rest of Creation.

Strange as it may sound, but **when you experience anything, you are actually experiencing it with your spirit body.** You feel your material physical body touching things triggering your physical senses, however the real truth experience of it, the feeling experience, the most important part of the experience, is actually felt with your spirit body. The actual physical experience of it is minor compared to the spiritual, emotional and feeling, and mental level, and the relationship between the mental and feeling – the psychic level, and then of course how your will is configured in it all. Remember, you are a spirit in flesh, and all the truth that comes to you comes up in your spirit body, not in your physical body. And the more true you become and the more aware of the truth you are, so the more a spirit you will feel you are, and the physical will have less and less appeal.

All that constitutes you that is not gross material is more closely associated with your spiritual body, the spiritual you. This will become more apparent when you come to live over here in spirit and you go to touch something and feel just how sensory your spirit body is, and how in fact the grossness of your material body deadened most of your senses and feelings. Your feelings in spirit will feel much more 'alive' and vital, lasting longer and with you feeling more connected with them – with yourself.

22 July 2003

Your conscious is an attribute of your functional personality, it is the meeting point of your mind and feelings, and can exist independent of truth, however if truth is present, then it will include it. Your consciousness is that part of your personality that gives you an awareness of reality, a beginning, middle and end, and along with an associated awareness of self, it enables you to identify yourself in time and space saying that I am aware of this experience now, I am conscious, I am awake and know of my surrounding inner and outer reality.

The actual home of your consciousness is within your spirit body, as likened to your physical brain and its relationship with your physical body. It is not your spirit body's brain as such, for it does not have one like your physical, but it is the place in which your

experience is synthesised into all that you need to be able to know you are having that experience. It is the receiving place for all input from feelings and mind, as well as all other senses of your physical and spirit body.

Your soul perceptions that Jesus speaks of in the *Padgett Messages* are situated in your spirit body, and it is with and from your spirit form that you can perceive your soul, so perceive more of you than just being a spirit, that being a soul. And they allow you to be, as it were, your soul, and perceive life as if directly from your soul's reality.

Your spirit body is the most complex of all your aura bodies, real and subtle. It is even more complex than your will. And far more complex than your physical body. It is the true focus of you (your personality) in Creation. It is through and with this body, its reality, that you live all your experiences. It is the truest expression of your soul, it is your soul in Creation so to speak, and so when you feel true and perfectly at-one with yourself as a spirit, then you are feeling as much of yourself as soul as you possibly can. The will, mind and feeling subtle bodies, all feed into and stem from and focus around the spirit or heart body. **And it is within your spirit body your truth is located. Your spirit body is built on truth.** Your true form is Truth. As a spirit, you are a daughter or son of Truth. If you were to dissect your spirit body you would in effect be dissecting Truth. Literally your spirit body's arms, legs, eyes and mouth, etc., and all its inner parts, are made of truth. And as your physical body clothes your spirit form, your physical arms, legs, nose and eyes are also in a deeper reality made of such truth. And so if you live untrue, then you may as well be cutting off your arm or nose or poking out your eye or removing your organs or nerves, muscles or hormonal systems, and even individual cells. **All of you if you were to deny yourself complete truth, would then be false and hanging together by your mind, by beliefs, and not your heart, not by your truth, and so prone to one day collapse; and this is what happens to you, this is why you get sick and suffer all your illness and diseases, then effectively occurring in your truth-less parts.**

You are in a way replacing the truth of your physical and spiritual body with beliefs, denying them truth. So these bodies become more of your mind, so more responsive to your mind instead of to your truth. Many people believe they can affect and change their physical body by using the 'power of the mind', and so there is some reality to this. And yet doing such a thing is only further empowering your mind over your feelings, so adding to your self-denial. **To live with what amounts to your spirit and physical body being 'built' on beliefs founded on untruth, is a recipe for disaster.** However, as you understand, and as many people and mind spirits experience, you can live a long time denying yourself truth, taking

your rebelliousness ever deeper into the control of your mind. Most mind spirits believe that in many ways they are infinitely happier living in spirit than they were on Earth, and on the surface of it this is true because the difficulties of having to look after the physical body are no longer present. And these happy mind spirits don't feel they need to change, only to become happier still if they can use their mind to do that. And so, unless their soul says otherwise, it will continue making them outwork their rebelliousness. But as I've said, one day everyone's soul will say enough of the mind way, it's time you come back to your feelings, you need to start growing in the truth of why you are rebellious so you can one day leave being part of the Rebellion and Default.

In your negative state you try to replace all of your being of truth with beliefs of your mind, so your body is trying to function sustained by and founded on beliefs, and the behaviour resulting from them and not from your truth. You behave according to beliefs you took on during your childhood, and not based on the truth in your heart you've 'won' through experience. To behave and express the truth of yourself, is a very different way than just relying on your wayward mind. So you are not as you should be. This is sickness, this is illness, and this can only result in dis-ease. Everything is literal for you because you are children of truth. So, when a pain develops in your arm, it is because you are lacking the truth in your spirit form, which should constitute this part of your arm. When you come to do your Healing, your physical body will become wracked with aches and pains, if it is not already, as these will surface to show you the truth that you are living denying yourself truth, trying to live falsely with beliefs. **Beliefs are not truth, and so to try and build yourself up out of beliefs is courting sure disaster, and this is why you readily suffer so much agony and pain with your physical, mental, emotional and spiritual systems.**

If you look at all your organs, for example, as being composed of beliefs and not truth, and you need the force of will to maintain those beliefs as such organs, then you can understand the huge amount of stress your whole body is under. In a way your mind has to prop your physical and spiritual bodies up, and that takes a lot of light; whereas the light of your truth naturally buoys both bodies, it buoying up your whole auric or personality system. So, when you can't take that stress anymore, things don't work so well, your organs might fail, you might start to feel pain in your body, and that is the pain of your untruth being expressed. And so with such pain, most people go to the doctor to get help in taking it away, which is only using your mind to add yet more beliefs, or to strengthen the ones already in place. **If you do your Healing you will acknowledge that pain, accept that you're feeling it and try not to do anything to take it away by any mind ways, and try to express the pain with the emotion of it, and express how having the pain makes you feel, and then**

how having these feelings makes you feel, all whilst you long hard for the truth of all your pain and all your feelings. You still might have to go to the doctor, but at least you are trying to embrace and fully acknowledge and then work with all the bad feelings involved. So you work with your pain trying to bring it out, and as you submit to it, giving in and letting go the control of your mind to stop you feeling the pain, your beliefs will falter and change and give way to the truth that comes to you in answer to your longing.

Saying, as some people do, that you've got an 'angry liver' or the pain in your heart means you're not feeling loved, is the same as trying to work out what your dreams are saying by using symbology, it all still being more of your mind trying to assert control. So you let all that go and just concentrate on expressing the truth of your feelings. And when you start or the other person starts to express their feelings, you pay particular attention to any ways you or they might be trying to use your mind to limit or stop your feeling expression. You will want to know the truth of why you are feeling that pain in your arm; and your mind or the other person might jump in saying "that's because you strained too much lifting that heavy box". And this might be true, but you don't try and come up with an answer trying cancel out by rationalising the pain away with your mind, or you try to ignore it knowing it should go away in a few days time. You embrace the pain, you stay with it, you fully acknowledge it and express all it is making you feel, as you really want to know the deeper truth it will show you about yourself. And you will see that that pain in your arm might for example make you feel powerless, hopeless, useless, pathetic, stupid, and how angry you feel feeling powerless, because you can't use your arm as well as you normally do; and then feeling so angry makes you feel even more powerless because you realise you can't do anything with it, you can't hit something or someone because that would hurt your arm even more. And so you fall into your powerlessness, expressing all the horrible feelings feeling powerless makes you feel, and eventually the truth will naturally come up in you – how feeling those powerless feelings relates back to your early childhood and relationship with your parents. The truth of your arm pain helps you connect back with the same feelings through your childhood.

True medicine and doctoring can only be done with truth. Everything else is just trying to add or subtract beliefs and has nothing to do with truth. Trying to heal your cancer with technology and medical science is trying to heal yourself with beliefs, man-made, man contrived beliefs, and is trying to replace one lot of beliefs with another. The fact that you would want to keep living with someone else's organs or blood within you, show you just how much you are prepared to dishonour your truth. Rightly, if you cannot live truly and healthily and without such interference, you should die. You don't have to live on in the mortal coil at all costs. If you fall and break your arm, then you can seek help to put it right,

all whilst you keep paying attention to all the feelings the right way. You can even go to the doctor as long as you keep taking care of all your feelings. It doesn't really matter what you do, you are going to advance or keep your negative state going until you have finished your Healing, and so to get to the finish of it, you have to do what you must, but all whilst you keep attending to your feelings the right way.

True medicine and doctoring can only be done with truth.

Being bound up in your negative truth-denying state means all you do is trying to fix things with your mind and its beliefs. Effectively you are trying to make your mental subtle body, or your mind body, take over and replace your heart or spirit body. And it cannot be done. This is the ridiculous state that you are all trying to exist in. Trying to live your beliefs as though they were your truth.

Beliefs of the mind should be of service to the truth, and need to exist within you in support of your truth, not denying it. As I said, you are sitting in your paper planes trying to fly and wondering why you get sick, why you get a fatal disease or why you don't feel so good, why you feel afraid that you are going to come crashing down, because intuitively you all know that you will, and that it is only a matter of time.

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. **“Mother and Father, please help me see, know and BE the truth You want me to live.”**

Your spirit body is your body of truth, the real you in Creation, the experiencing you; respect and honour it as such, seek to love yourself through truth, for as you are true, so too will you love. **You cannot love without truth, without being true.** If you try to love with only

your mind, you're contriving love or pretending you are loving. To see the Heart of all Hearts, the Mother and Father, you have to first ascend back from the mind to the heart, and then to love. You have to embrace the Infinite Daughter of Mind as represented by your mind, and honour Her by wanting to serve your heart of truth, to be positive and supportive of truth as represented by the Eternal Son of Truth, and by living with your mind following and supporting your heart, and not denying it and being the boss, you can love the Mother and Father of All Love, and They can fully love you.

"Mother and Father, please help me see, know and BE the truth You want me to live."

Only when your heart is singing with truth will you feel loved and be able to truly love. Only when you are true and right will love naturally come to you and out of you. Only when you are truth will you be love. Your parents have denied you true expression, so you have not formed in your own truth. They did not love you truly, for they too were parented untruly. So you will not be able to feel loved and truly happy until you reverse this, until you do your Healing... and I am afraid there is not other way.

Life is always trying to help you live true to yourself. So, when you are doing your Healing, as I've been helping you to see, your car breaking down and causing you so many bad feelings, is the experience you need that's being orchestrated by your soul to show you something is wrong. And as you deal with your car, so you express all the bad feelings (and any good ones) involved, as you want them to help you uncover the truth of why you are feeling as you are. And on one level of reality, your car breaking down was always going to happen, whether you were doing your Healing or not, it being the manifestation of yourself, your life; and it would have been whether you chose to deal with the experience by using your mind to control all the bad feelings, or work with them by submitting to them and allowing them to guide you through it. So it's to understand that it's not just bad luck that your car broke down when it did, it is all you; all an expression of you, all what's inside you manifesting in the car breaking down, because of the feelings involved that are all part of cycling through your feeling patterns that were developed and then set in place as a child.

One final thing I want to say about trying to express your feelings, is that some people will naturally understand all I have said about it and will easily be able to work with their feelings wanting to bring them all out and reveal to themselves the truth they need. Other people however, will relate to what I am saying with their mind and finding it difficult to actually relate to and then express their feelings; and for such people it's important that they keep on

acknowledging that they can't express themselves very well, saying how confused they feel, angry they can't do it, and whatever else is going on within them as they struggle to accept themselves in a more emotional and feeling way. I, nor can any spirit, or really anyone else for that matter, tell you what doing your Healing will be like or really how to do it, because we all relate differently to our feelings. I can only share with you generalised concepts, and it is for each person to work out for themselves how to submit to and emote all their feelings. And the more feeling, the more emotion you can put into expressing and talking about your feelings; the more you can say with all you feel emotionally how you're feeling, the better it will be as you connect more truly with yourself. And because you all have your minds so heavily in control of yourselves, you will have to deal with your mind as part of understanding its relationship with your feelings and whether or not it is helping you feel all your feeling or hindering you.

This whole **'Healing yourself through your feelings' to uncover the truth of yourself**, is a new way of approaching life that's being given to you. And so it's going to take people doing it and finding out for themselves all that's involved, and then sharing their experiences for people and then humanity to understand it is the right way to live, and that how you have been led to believe you should live, is not good for you.

So to finish, try to put yourself fully in every feeling and then feel how that feeling wants you to act, does it want you to express it, and to whom and with what emotion; and then do you want to know the deeper truth of that feeling, and really want to know; then you just carry on living. Really it's not hard, you all have lots of feelings through the day. So the more aware you become that certain ones you are trying to avoid, will help you lessen or stop those avoidance measures, simply allowing yourself to be in your feeling for its whole duration; and then naturally wanting to tell whomever is close to you in your life what's going inside you, just basic human communication relating to the feelings of each other; and then wanting to go further with them by wanting to know what truth they are to show you about yourself and your relationships in the present and back through your life and during your childhood, all so you can get to know who you are, the truth of yourself. It is simply wanting to know yourself, and finding out all about yourself through your feelings. You have an experience, you are in a situation that makes you feel feelings; so why, why are you feeling those feelings... and then taking it further: and how do these feelings relate back to my early childhood... and did I feel these same feelings back then... and if so, why, what was really going on between myself and my mother or father, grandmother, grandfather, brother, sister, uncle, nanny, teacher, friends and so on.

And if none of this appeals and yet for some reason you have read this far, then you are under no obligation to do your Healing and to try and relate to your feelings in a better light. You can keep going being as you are and using your mind to control as much of yourself as you can, because, that's how you'll feel you want to be. Which is again honouring your feelings, even if it is keeping you in your rebellious state.

And then again, as always, it all comes back to the Truth: do you want to know the truth of yourself, and live it? Many people are very emotional and feeling expressive, however they are not looking to their feelings for greater or deeper truth of themselves. They are just kettles letting off their feeling-steam. Some people are all feelings, feeling rushing up in them and their whole body is expressing all the emotion of them all the time; and other people are also full of feelings and yet never show any sign of what's going on within them, keeping their emotions well in check. And then it's only a matter of whether or not you want to grow in Truth, to embrace your spiritual ascension of truth to Paradise.

This James completes all that I want to say about the soul and personality. I am finished. However, as you have some questions, I would be delighted to help shine some light on them for you. So far as our work on the soul goes, let us consider it finished for now. I have given you a broad introduction to the soul and its relationship with Creation. I feel very pleased with what we have done. I look forward to you re-reading it and fixing up the parts that need some correcting. As you continue to grow you will see all that we have covered with greater ease and more truth, and so we will be able to refine that which we have done this far. Like everything, our work together is to evolve, it is not meant to be definitive, it is ongoing.

Let's have a break now James; and if you want to continue later, I will start answering your questions – Zelmar, your true friend in spirit. (a Melchizedek from within our local universe of Nebadon)

Hello James, which question would you like to ask? Yes, I would be delighted to expand upon what you woke up with this morning. There is no need for you to type out a specific question in this case, as I know what you are asking and I will elaborate on that which you understood.

As you awoke with the words in your mind from a dream saying “I am here”, you correctly deduced that this is what Jesus says being the local universal ‘Father’ to you all. In his messages to James Padgett, and in some to you, he starts the message with: “I am here, Jesus”, and what this makes you feel is warm and loved; and that he, the all-knowing, all-caring, all-wise and all-loving Master Son of Nebadon, is with you.

“I am here” is an existential greeting of truth, for it states that I AM HERE, I WILL ALWAYS BE HERE and I HAVE ALWAYS BEEN HERE; I AM HERE, AND I AM HERE FOR YOU! It is a Living Truth. The Heavenly Father is the Universal I AM, and Jesus is that I AM in person in Nebadon, and so he can be with you in person, hence I AM HERE. And it would be the same with Mary saying I AM HERE, she representing in person in Nebadon, the Heavenly Mother who is also always here with you, and is also the Universal I AM. The Mother and Father I AM being of the One Same Soul. The Soul of God is with you, always being expressed as I AM... I AM YOUR MOTHER AND I AM YOUR FATHER, and together as One, and so in the most personal sense: I AM HERE FOR YOU MY CHILD. Or, We are here for you our child.

Both Mary and Jesus are here all the time, they are always here with you, right with you in spirit, as represented by their Spirits of Truth.

Jesus and Mary will make you feel as loved as the Father and Mother do, but in a more personal way, being souls as spirits you can see and touch. They are the forerunners for the presences of the Mother and Father’s Love, whose love you will identify with more in person the closer you get to Paradise.

And the Avonals are even closer to you than Jesus and Mary, being even more like you and becoming an intermediate stepping stone before you meet Mary and Jesus; they are the true harbingers of truth and love, bringing you the good news of the existence of Mary and Jesus, and **the Mother and Father**, preparing you to accept that you are children of the Gods; and brothers and sisters of **Their first children of Nebadon, the Creator Son and Daughter – Jesus and Mary.**

In humanity’s case, you have had the good fortune to meet Mary and Jesus in person before the arrival of the Avonals, and under normal circumstances because of this you would then have no need to meet the Avonals, however as I have explained in previous messages, this is not a usual world owing to things getting messed up by the Rebellion, and so with such extenuating circumstances, humanity will find itself in the very privileged position of being

able to know personally Mary and Jesus and the Avonal pair.

Even if you never meet Jesus and Mary or the Avonals in person, through their Spirits of Truth you will feel that you have known them by the time you are ready to leave Nebadon. Just as you feel you somewhat know the Mother and Father, even though you have not yet met Them in person.

Now James, your next question, that being concerning spirit children: where do they dwell and what happens to them?

The Urantia Book tells you that children who die and move into spirit are looked after on a separate nursery world, one the Finaliters use, and this is true for ordinary worlds that are not in rebellion. So it doesn't apply to Earth – Urantia. The book also says that many humanities from physical worlds jointly share the Mansion Worlds, and this too ordinarily happens with non rebellious worlds. So with you, everything is different because of the unloving affects of the Rebellion.

One of the difficulties you've faced with *The Urantia Book* James is first realising that often the book talks about perfect non-rebellious worlds, then at other times it refers more directly to you in your rebellious state, but it doesn't always point out which it is talking about. So with our help you've had to sort through it yourself, working out which parts it talks about applies to normal worlds and which part is different because of your isolated situation; and then how does it apply to your rebellious state.

So, concerning children, once the first spiritual and physical heartbeat happens, personality incarnation has been established and the person starts to come into the physical reality. However, from that first technical moment of life, should life be terminated, then the foetus, baby, child or adult is taken by their attending Angels into one of the receiving stations in the First Mansion World. (We number the Mansion Worlds in our writings with you James from the first world, the lowest, to the seventh, the highest and closest to the Celestial spheres. You work your way up through them; whereas *The Urantia Book* numbers them in reverse). These being the Arrival Halls in which every adult and young child wakes up after they have died on Earth, then to resume their new spirit life.

Foetuses that die, naturally or are aborted by you, move into special 'raising' rooms in which spirits who want to be mothers simulate pregnancy and birth, the whole process being sped

up compared to the usual nine months it takes on Earth. And once 'born' the spirit baby is taken by its adoptive spirit parents into their family to grow up as a spirit child in the First Mansion World. Should a child die, it wakes up in an Arrival Room and resumes its child life in the First Mansion World, either being adopted by spirit parents or more often being taken into the family of its relatives that are already in spirit.

There is no separation of babies and children from the general Mansion World spirit population. All babies and children from Urantia are of the Rebellion, and so it wouldn't be right to mix them in with babies and children from non-rebellious worlds, not right for the normal children having to deal with ones who are so dysfunctional; nor for the rebellious children having to be subjected to perfect and true children all the time. So rebellious children move into regular rebellious life in the mind Mansion Worlds, there to grow up developing their rebellious ways, just as they would have done on Earth. And once reaching adulthood, they are free to carry on in their mind denial, or should they be introduced to the notion of doing their Healing, free to choose to live that way of life.

So, each of the thirty seven (37) rebellious worlds have their own Mansion Worlds (or sectors within Worlds), with no mixing of spirits from other worlds (rebellious or non-rebellious) occurring. Each rebellious world is heavily quarantined so as not to affect people and spirits from other rebellious or non-rebellious worlds; or themselves be affected by other people or spirits from imperfect or perfect worlds.

Each of the physical worlds of the Rebellion are very different, and were you all to suddenly find yourselves together in the Mansion Worlds upon death, the differences would cause too many extra problems, it all being too difficult for all involved. So you are all quarantined into your own separate Mansion World sectors so as to be able to carry on with your rebellious ways, or heal them. And because of the separation, You haven't heard, James, any accounts from the mind or Healing spirits concerning 'aliens' – people who are now spirits coming from other earths. So 'your' Mansion Worlds are only for children and adults from Earth.

And by the way, there are only human truth-loving spirits on other physical worlds like yourselves, although as *The Urantia Book* points out, the human form can vary considerably between worlds. People who say they are speaking with beings from other worlds in space are only speaking with mind spirits who are pretending to be other beings and other races of being or aliens. The classic friendly or unfriendly 'alien' of your science fiction movies doesn't exist in Creation. However, you might ignorantly consider some other humans from

other worlds to be aliens if you were to encounter them because of the different environmental forces of those worlds affecting the form (physical body) of human evolution.

The so-called alien beings that some people believe visit and have even crashed their spaceships on your world are merely figments of fertile imaginations. There are such things as spaceships, interstellar vehicles, and they do visit Urantia, only they would never allow themselves to be seen or known by you, because you are technically 'off-limits' and such quarantine is always respected. They come to 'observe' you, just as you have many spirit beings and Angels and other beings of Creation continually visiting all the rebellious worlds from spirit. And again, such visiting spirits and Angels are forbidden to make themselves known to you.

It is very easy for the Indwelling Spirit of a person or Indwelling Spirits of a group of people, or mind spirits under certain circumstances, to impress images of spaceships and anything else on your mind, and even on your receptive technology, making you believe you are seeing them and they are real, when they are not real. And those very small spherical 'craft' your armed services observe that seem to fly very fast defying the natural laws as you understand them, are still only a natural phenomena that is as yet unrevealed to you. It is not some drone sent to Earth to 'spy' on you or whatever else you might want to think such things are doing. All the weird and wacky stuff you've read about concerning unexplained extraterrestrial phenomena, is either the handy work of the mind spirits, or home grown. People well before your time had access to other energy and light systems and did have flying machines and even travelled within the solar system to some degree, yet never beyond it because your whole solar system is part of your quarantine; so humanity, whilst rebellious, will never be allowed to have technology that would take you beyond the solar system. And there is no other human life or advanced natural life in your solar system.

And most advanced non-rebellious physical worlds don't feel the need to explore the greater physical universe, being content to do that when they become spirits. Because as non-rebellious spirits, so when you are fully Healed, you are able to visit countless numbers of physical worlds as unseen spirit observers. And even occasionally with the intent to actually make contact with some of, or one inhabitant, from that world.

Children die on your world before the arrival of their Indwelling Spirit because they are not wanted. No matter how they die, they die because of rejection, whether it is a pregnancy termination brought about by yourselves or by natural causes, and the

same if a baby or young child dies. Being in a negative condition it might be harsh hearing that, however **all such infant and young child deaths occur because of personality rejection.** On other worlds that are not rebellious, natural death can also occur before the arrival of the Indwelling Spirit, however it will not be because of rejection of the personality, soul-rejection. They die on these worlds because of personal or self-rejection, that being the soul itself causes the death of its mortal expression upon its own choosing, that being in harmony with its light-print. On your world it is caused by another's soul rejecting you, your parents, and with the rejection being too great the soul responds by terminating its mortal creation. You are willing your child away, it is not willing itself. As I said, this truth might be very difficult to accept, however as you do your Healing, you will see the truth of it for yourself. It is a hard and sad fact of the Rebellion, and is an expression of its uncaring and brutal attitude towards the rights of life.

When you die after the arrival of your Indwelling Spirit, be that a child or adult, you are dying because of your own self-rejection on a deep soul and hence will and spirit level, and that is irrespective of whether you take your own life or it is taken from you. Once your Indwelling Spirit has 'joined' you, you are wholly responsible for your own life. So when you die, even from natural old age, you are dying as an expression, and so experience, of your rebelliousness. If you are perfect and you die post Indwelling Spirit arrival, it's the same thing, you are dying because it's what you want to do on a deeper soul, will and spirit level, however it will be a loving expression of the truth of your soul; and not an unloving one as you of the rebellion all live.

I will also add that this does not mean it is wrong to terminate life. If you have to for example have an abortion because of your circumstances, or euthanize, then that is what you need to do; and if you want to deal with it the right way, then you look to express all your pain and bad feelings leading up to it, during it and after it, as you long for the truth of such feelings. It is technically a sin, as is your whole life and *everything* you do in it, however, you will not go to hell for killing your own child before the arrival of its Indwelling Spirit, it is simply another sad and unloving experience in your rebellious life that you will have to deal with, just the same as with all your experiences in your rebellious life. The pain involved for the sin, as the pain for all your rebelliousness, you will express and embrace through



your Healing so you can uncover the truth of it; and if you don't do your Healing, you will carry on keeping (or trying to keep) such buried feelings under control during your rebellious mind life, and later in the mind spirit Worlds. If you kill your's or another child after its Indwelling Spirit has arrived, then you may do hell-time depending on the circumstances involved. If you've done it willingly infringing upon the other's will, child or adult, then yes you will have to compensate for the pain caused in the other; and if not, such as accidentally or in self-defence, then it will be simply another experience of your rebelliousness you will one day deal with through your Healing. Everything you do in your rebellious life is wrong, and so it's only how you feel about such things that matters. Technically, a foetus, baby or young child before its Indwelling Spirit arrives is for its parents to decide what to do with. It is its parents' responsibility, as much as it is also a child of God. Once the Indwelling Spirit has arrived, technically it's no longer its parents', it is of itself. God's Spirit has 'taken over' control, and its parents can 'let it go'. It is its own person, its personality system fully expressed, needing only to continue to mature through the rest of its childhood.

If you have not had children when on Earth, you will have lots of opportunities to have them in spirit should you want to be involved with them. There are many spirit parents more than willing to adopt spirit babies and children, some spirits having huge families, they loving being involved with children. And with it being much easier to parent in spirit from the practical side of things, not having to work to earn money and with survival being taken care of for you, so being surrounded by a large family brings much joy to such spirits.

One other thing which I can now add as we reread what we originally wrote together James, because of certain technical reasons due to the Avonal pair doing their Healing, children can now live in the Healing Mansion Worlds, whereas up until only recently, such worlds were devoid of children, with everyone in them being adults who were focused on doing their Healing. But that has changed, as are many other things changing because of the end of the Rebellion. So beginning and then doing your Healing with your own spirit children or one's you've adopted, as you can imagine, brings other dimensions to the Healing. And this has come about in the Healing Mansion Worlds because it is to be reflected on Earth – so as people on Earth can now do their Healing, it is conceivable many of them will do it involving their children.

And of course, should a child have died, you will see it again in spirit, with many people once they settle into their new spirit lives being introduced to their now adult spirit children, the child having died long ago. And some people when they come to spirit are suddenly confronted with being the parents of a child or many children they never knew about when

on Earth. And as you might imagine, some spirit children want to have a relationship with their parents when they arrive in spirit, other's don't; and some parents don't want to have anything to do with their spirit children, whilst others do. In your new spirit life everything becomes known regarding such things as whose one's parents or children might be. Lots of people do bad things which they'd rather forget about, keeping secrets themselves or in the family, but when you get to spirit it all comes out, because it's all known over there. There are always spirits 'looking in' on what you are doing, so there are no such secrets in the spirit worlds.

23 July 2003

Your next question concerns the whereabouts of Caligastia and his partner. Caligastia for the readers who may not know was your planetary Prince, the Lanonandek Son who was the spirit governor of your world and who embraced Lucifer and Satan, helping them to bring the System Rebellion to your Earth. Caligastia and his partner had another Lanonandek Pair who helped them, the Daligastias. And together the four of them coerced Adam and Eve away from being true to themselves, bringing about the Planetary Default.

And as *The Urantia Book* states, with Jesus' (and Mary's) coming, the powers of these four Evil Ones were severely lessened. Jesus and Mary ended the reign of the Lucifers and Satans thereby technically ending the Rebellion in their universe of Nebadon. However, it was left to the arrival of Avonal pairs to fully end the Rebellion on the individual rebellious worlds. So the Caligastias and Daligastias power was substantially lessened to the point of during the past two thousand years they have only been able to subtly impress upon certain mind spirits and people on Earth who might have been open to them to help further the Rebellion. But that has ended now because of the Avonal pair, with only the mind spirits being able to coerce you on Earth.



The Caligastias really had all the power over humanity, they did the greatest amount of damage to you. They did far more hands on damage to you than the Lucifers or Satans, and yet you didn't even know of their existence until *The Urantia Book*. So the ones you fear as being the Evil Spirits, Lucifer and Satan, didn't actually have that much personally to do with Earth. They orchestrated the Rebellion on the higher spirit levels, with the Caligastias being helped by the Daligastias, carrying out their nefarious plans on Earth and in the mind Mansion Worlds.

All eight of the Evil Spirits are now interned on a detention world (actually it is the highest earth plane associated with Earth and not on another rebellious world's earth plane, because of Mary and Jesus' relationship with the Earth) awaiting judgement of their crimes. So they can no longer negatively affect or hurt you, they are no longer guiding the Rebellion along its nefarious course, they no longer have a say in it on any level. And nor can they, should they have a 'turn of heart', directly participate in eradicating the negative effects of their dirty work. It has all been taken out of their hands. So it's now all up to yourselves, the main controllers on your world and the controlling mind spirits who are guiding them, they are now your 'evil ones'. And soon these more controlling people and mind spirits will be dealt with by the Avonal pair, once they have finished their Healing. Then all such control will cease and people will be entirely free to get on being a controller in their own little personal world as they continue to live their negative mind patterns, and without being able to control others; or end such control by doing their Healing. The prophesied 1,000 years of peace will then come to humanity as it lives through the forthcoming Spiritual Age.

So far living in their detention plane, Caligastia and his partner have not wanted to relinquish their false power one bit, even though all about them it is obvious to us that they have no real power anymore. The Daligastias, perhaps because they had more personally to do with people having been materialised on Earth and living with people so many years ago, have started to show levels of guilt and remorse with a growing conscience as to the damage they wrought.

We fail to understand the Evil Ones, and have been so grateful to Jesus and Mary and the Mother and Father for affording us the privilege of seeing this, being involved with such wayward spirits, and of observing the nature of their personalities. They still believe that they have done no wrong and that how they see the way of things will one day come to be, and they will be given the full and true respect that they believe they deserve, that being the most supreme rulers of all.

And yes James, Caligastia was brought to you that evening ten years ago (now as of this rereading 'update', nearly thirty years ago – so, approximately 1993, early 1990s) during your meditation, and what you said to him was true and right.

This time I will ask you a question James: What do you think of the results of last weeks football match? I bet that stumped you? I know you haven't followed the football for years and you don't get the papers or watch TV or even have a radio, and you hardly speak to or see anyone, so it is a pointless question to ask you, is it not? And so why did I ask it? And

that is exactly the quandary you are all in: Why are you as you are? This sort of ridiculous question and the nonsense of it that you felt when I asked you, even to question my sanity, is exactly how you are parented, and it is exactly how we feel when we try to fathom the likes of Caligastia and his partner. Such madness we do not comprehend, it being the same as you trying to fathom the meaning behind how your mother and father parented you. We can mind read to a certain extent, but still such a personality as that of the Evil Ones defies our rational mind, as to how anyone could believe they are greater than our universal 'mother' and 'father', Mary and Jesus, I do not know; let alone how they could so openly choose to deny the Mother and Father of All Creation, thereby depriving themselves of so much love.

However, as we understand, the Mother and Father have created their soul with such rebellious potential, of which these eight spirits chose to act upon and express, all with the Mother and Father's blessing and soul direction, because ultimately it was the Mother and Father who wanted them to rebel. So, we understand the Mother and Father wanted all of us who have become involved in the Rebellion in one way or another to have such unusual experiences, all of which we are very grateful for, having learnt so much more about ourselves and about the ways of no-love. So should we even be grateful to the Evil Ones for affording us such unique experiences? More of the conundrum we all face as a consequence of the negative affects of being rebellious. All of which stirs up yet more feelings and truth.

From my personal involvement with the Rebellious Ones and the negative effects caused by them, I have experienced so much more than I otherwise would have; being exposed to sides and ways of life that we had only speculated about before becoming personally involved in all the untruth. I can't begin to tell you how grateful I and all of my order who are personally involved in the Rebellion, for all we've been exposed to and gone through ourselves. And it's still happening James, like this writing with you, having this sort of experience with you in this way, that would never have needed to happen where there no Rebellion. And for myself to be the one chosen to write and relate to you in this way; and for myself, Zelmarnia (Zelmar's soul partner), and others of our soul-group to be so heavily involved in your life in which you are having to do your Healing, it is certainly extraordinary. It's like we've all been moved into another dimension of being, and certainly seeing another whole dimension to our Heavenly Parents, and all which They might have in store for us all.

The Rebellion has been a huge deviation from the normal, it causes so many abnormal things to happen, and yet as we work through them all, coming to understand what truth and insights they are providing for us, so one even starts to question what is normal; and perhaps

the so-called abnormal is to be a part of the normal, the two seeming extremes becoming more as one, again not unlike how the two extremes of the Existential and Experiential actually need each other, and although very different in certain ways, are also very alike in others.

So will Creation experience more Rebellions, and we don't see any reason why this shouldn't happen, particularly as more Creation comes into being further from Paradise. So is all we're going through with 'our' Rebellion and Default even something of a forerunner or a slight taste of future things to come. When the whole of Creation as it now stands, Havona and the Seven Superuniverses, all become fully settled in Light and Life, and so being True and expressing perfect Love, will such love then become the fulcrum or nucleus around which more Creation will start to experience No Love? And is our small part of Orvonton, our little nook within this Grand Perfection that is currently experiencing a taste of rebellion, happening so as to give us all a hint of what is to come? So are all of us who are directly involved in having to deal with the negative, and even with also positive, effects of the Rebellion, being given vital experience, exposure and so new understanding, acceptance and awareness, for us to help others of future rebellions? We speculate as such.

24 July 2003

You are wondering, James, how the Spirit of Truth actually works within the receiving mortals soul bringing about the truth required by the person or spirit.

The Spirit of Truth comes into your spirit body, into your true heart, joining with your natural innate spirit, and helps you to see, and more importantly, feel and know, what is true. It unites with light from your soul that is destined to bring truth to light in you, in all you see, feel and know what is true, to be true.

The text 'Spirit of Truth' is written in a stylized, purple, serif font. The word 'Spirit' is on the top line, 'of' is a small word in the middle, and 'Truth' is on the bottom line. The letters are bold and have a slight shadow effect.

The Spirit of Truth does not itself go into the soul, however light from its experiential presence within our spirit body does, telling the soul that your desire for truth is there, and that the Spirit of Truth is willing to serve you.

You need the help of the Spirits of Truth from the Daughters and Sons to ascend in truth through Nebadon. Then once you leave your local universe moving out into the greater universe, you'll call more upon the Eternal Son directly for help in your continued ascent of Truth. The Sons and Daughters are like 'mini' Eternal Sons of Truth, they are the Living

Truth in your local universe, spirits of truth you can personally see and get to know, they are your leading examples of Living Truth, who you can aspire to be as in truth. And then when you no longer need their presence and help, you move onto relating to the Paradise Deities more personally. So Mary and Jesus together with the Avonal pair and Trinity Teacher Pairs, are your bridge to the Paradise Trinity (each having Spirits of Truth).

The Spirits of Truth contain within them a ‘drawing power’, which means when you embrace them, so when you embrace the truth of Mary and Jesus and the truth of the Avonal pair, and you start looking to them for guidance and inspiration and wanting to be like them in truth, then their Spirits of Truth will



The text 'Spirits of Truth' is written in a stylized, gothic-style font. 'Spirits' is in a dark purple color, 'of' is in a smaller, lighter purple font, and 'Truth' is in a dark red color. The letters are bold and have a slightly shadowed effect.

exert a slight inner spiritual power on you that has the effect of drawing you towards them, which is towards the truth they are living. And it's not that suddenly you might want to meet them and so set about doing all you can to get to them, but you feel and so acknowledge a resonance of light within you, a nice feeling when you think of them and the truth they are, and you feel good wanting to strive to be like them in truth. You may never meet them, however, you will feel in some way comforted by them, which is by their Spirit of Truth, and even at times as if you're being 'mothered' or 'fathered' by them. You will feel close to them and enjoy knowing they are doing all they can for you, helping you come to the truth within yourself and for yourself, all through your own endeavours. They are not there to hold your hand and to help you through all the difficulties or over all the pitfalls, however, it is reassuring to know they are with you through their Spirits of Truth. And to know that all the difficulties you face, they have faced, and as they have triumphed, so too will you.

The Spirit of Truth and your innate spirit interact with your mind and the seven adjutant mind spirits (circuits) from the Divine Minister that you are enveloped in through your mind, and including your feelings; and then combined with your current experience and your soul needs, conspire to produce a conscious awareness of the truth you are, and a knowing you are living it.

The truth is already in existence in something like circuits, but unlike the mind circuits that you apply as required, as your soul grows in experiential light, you move up or ascend the truth circuits. So, you literally ascend the levels of truth. You become at one with them as it were, as you BE that truth. And you live a certain number of these truth levels or circuits in the current world or sphere you're living in, and then when you are ready to advance higher, so you actually move, when you are living in spirit, into a higher world or sphere. You don't

move higher because of your mind, but only because of Truth. The mind spirits advance higher in the mind worlds as they expand the control of their mind, yet still it is the level of truth they are denying by apply such mind control that moves them to a higher world. They move to the higher world of truth because they need to deny that higher level of truth. And when you do your Healing, you have to relive and heal such mind worlds in the Healing Worlds, by ending your truth denial of those levels and actually truly growing in truth up through them. So, you end up rectifying all the mind Worlds denial of truth within yourself as you advance up the true Worlds, ending up growing in truth up through all the seven Mansion Worlds by doing your Healing of Truth.

And then whilst you're in a physical body and can't literally move to live on a higher physical world, so your body actually changes reflecting the higher vibration of truth-light as your spirit body grows in the light of your truth advancement. So, you can in the physical live any of the truth or untruth equivalent of the seven Mansion Worlds, and once Healed, even live being of the equivalent truth of the first three Celestial spheres. You can't live in the physical higher than the third Celestial level of truth, to do so, you will have to wait until you die.

And as to the time it takes to move through each world of truth, varies, sometimes it can be relatively quickly, a few years for example, then other times it might take many years, the time being needed to live all the experiences you need to bring up within you the truth you need to gain from each world or sphere. Some of the Celestial spirits spent the last two thousand years in the third sphere before moving on; and many spirits now finishing their Healing and coming into the lower Celestial spheres will remain within them for the next one thousand years helping people and spirits do their Healing.

As to the actual mechanics of how the Spirits of Truth work within you, that is for others to discover James. I will speak to you privately if you still have further questions; but as you can feel, this brief understanding is satisfactory for your current need.

Your aim with my help is to draw out the overall concepts using what information comes to you, and to understand it yourself and then present it to another. As for the depths of all the subjects we have covered, this is for others to investigate, and I know you are looking forward to see what other people come up with.

I have finished for this morning, so let's stop here – Zelmar. (a Melchizedek from within our local universe of Nebadon)

200,000 Years Rebellion

200,000 years of UNFETTERED DOMINATION!

by wayward High Level Spirits

Universal Rebellion & Planetary Default

GEOPHYSICAL EARTH CHANGES appears to take place every 12,000 to 13,000 years!



CIVILIZATION TIME LINE

50,000 years ago and earlier at regular intervals!	37,500 Laschamp reversal	25,000 Lemuria submergence	12,500 Atlantis frozen over	12,500 New Atlantis submerged	NOW! Unfolding
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EARTH CHANGES

Larger civilisations have previously existed on Earth, with elements more advanced in some ways than Earth’s civilisation of today – in the year 2021!

Populations have been routinely reduced by earth changes to smaller numbers. Post earth change events typically require surviving populations having to restart from ground zero.

SACRED and INSPIRED WRITINGS sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made. The foundations of Buddhism are remnants of the mind controlling practices of the Atlanteans! The books accredited to Moses are his translations of writings on clay tablets brought from Lemuria to Egypt. Thus it can be seen that the immigration from Lemuria going west cross over with the Atlanteans going east. Remnants of prior civilisations spiritual systems have been the foundations of new ways and beliefs – all taking humanity deeper into the mind, away from feelings and away from our Heavenly Mother and Father.

Following each earth change, humanity has gone deeper into the Rebellion and Default. Spiritual platforms have been passed down through many civilisations. Clay tablets have survived cataclysmic earth changes with researchers re-introducing remnants in later times with further imposts infused by mind Mansion World spirits all in keeping with Lucifer’s rebellious dictates. As from 31 January 2018 we can now go upon the pathway of healing the Rebellion and Default within each of us through Living Feelings First and with Divine Love, embrace our Soul Healing.

Infographics and diagrams have been added by Pascas.

200,000 Year Rebellion Ending

Humanity progressively moving deeper into living through the mind, away from feelings and away from our Heavenly Mother and Father.

Aeons gone by:

1980 BCE

1900s BCE

1500s BCE

1200s BCE



MOSES

600s BCE

Siddhartha Gautama ZARATHUSTRA
Founder of Buddhism

Lao Tzu & Taoism

Vardhamana Mahavira - Jainism

CONFUCIUS

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Paulism Christianity

600s CE

Muhammad - Islam

2018 Jan 31

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

Avonals - Magisterial Daughter and Son

A Universal Contract enabled high level rebellious spirits, through mind Mansion World subordinate spirits, influenced spiritual writings and practices throughout Earth's humanity in a manner that took people deeper into living through their minds and away from God. Christianity was founded by a high Jewish Rabbi, Paul, not by Jesus. Then Paul's platforms were further contaminated. Until now, we were not even aware we have been subjected to a Rebellion these past 200,000 years, and Default of 38,000 years! Now we are to heal ourselves of them.

Ten ducks in a row, but one always misleading!



4,000 Years Unfolding

1980 BCE

Machiventa Melchizedek

1900s BCE

ABRAHAM



1500s BCE

1200s BCE

MOSES

600s BCE

Siddhartha Gautama ZARATHUSTRA

Founder of Buddhism

Lao Tzu & Taoism

Vardhamana Mahavira - Jainism

CONFUCIUS

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Creator Daughter and Son
Mary Magdalene and Jesus

600s CE

Muhammad - Islam

2018 Jan 31

REBELLION & DEFAULT
FORMALLY ended 31 JANUARY 2018

2020s+ CE

Avonals - Magisterial Daughter and Son

The first physical step to bring about the end of the Rebellion and Default for Earth's humanity was the materialisation of Machiventa Melchizedek 1,973 years prior to Jesus' conception. The plan could be said to have been meticulously mapped out and each step has unfolded with Machiventa Melchizedek, together with Jesus and Mary, orchestrating our Heavenly Mother and Father's intentions to this day. The plan culminates with the appearance of the Avonal bestowal pair from Paradise, being a Magisterial Daughter and Son, who will guide Earth's humanity, both in the physical and spirit, through their individual Feeling Healing, and with Divine Love their Soul Healing, during the next spiritual age of 1,000 years now to commence, being the Avonal Age. Machiventa Melchizedek has been administering this 4,000 year unfoldment and will continue with his role throughout the Avonal Age. Now we are engaging in the biggest event in history for Earth's humanity, the healing of the imposts of the Rebellion and Default. All of the Avonal Age is now required to establish the universality of the healing Earth's humanity.

4,000 Years Unfolding

1980 BCE

Machiventa Melchizedek

1900s BCE

ABRAHAM

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Bestowals from Paradise:

Creator Daughter and Son
Mary Magdalene and Jesus

1914-1923
1925-1935

PADGETT MESSAGES
THE URANTIA BOOK
Incararnation of the Avonal Pair

1950 & 1960

2018 Jan 31

REBELLION & DEFAULT
FORMALLY ended 31 JANUARY 2018

2020s+ CE

Bestowals from Paradise:
Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in the early 1990s. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

200,000 years ago

Jesus & Mary

NOW!



TOTAL DOMINATION Universal Contract

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair

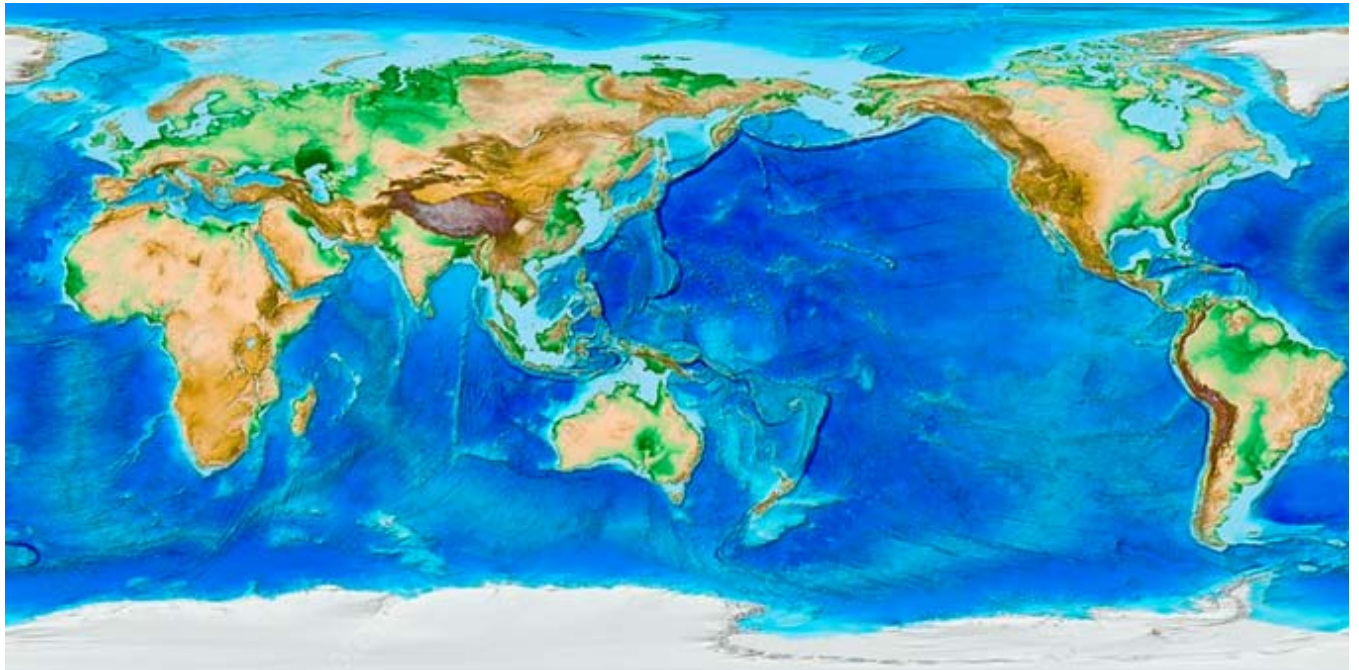


Caligastia pair

Arrested and imprisoned early 1990s CE



Daligastia pair



Now Ended!

Infographics and diagrams have been added by Pascas.

The HELLS are to EMPTY!

Through the intervention of a Magisterial Daughter and Son, an Avonal soul partner pair, from Paradise, we of Earth's humanity are now being shown how to heal ourselves of what we have each taken on of the Rebellion and Default. We are being shown and made aware of how to live true to our feelings and to long for the truth of what our feelings are to show us. We are to live feelings first and have our minds follow to implement what our feelings are guiding us to embrace.



Earth Planes
1 and 2 are
Spheres of
Isolation and
Disharmony for
the Law of
Compensation
- 'Hells'

**WE ARE
THE TRUTH
SEEKERS**

We are the Truth seekers. Our minds cannot discern truth from falsehood. Our soul-based feelings are always in truth. As we embrace and live through our feelings we will step away from error. As we learn and express our feelings, both good and bad, we will release the errors that we have absorbed during our childhood suppression and ongoing repression, thus healing ourselves of our personal Rebellion and Default.

As we progress with our healing, then we will transgress the ceiling of the mind's limitation (499 on Dr Hawkins' Map of Consciousness) and embrace our potential which is to infinity through our soul-based feelings of Truth.

The quickening of the Law of Compensation, as a consequence of the emerging 1,000 year Avonal Age now commencing, for those who set their 'minds' to cause harm to another may progressively find themselves being debilitated with the equivalent of the pain they intend to inflict, thus preventing the error being executed. Within the spirit mind Mansion Worlds, this is instantaneous. How this is to unfold on Earth is yet to be understood. However, injuries to others will be compensated for while one lives within the physical on Earth, thus the progressive emptying of the Hells will unfold. This will bring about an era of peace on Earth as conflict and war will be impossible.

LAW OF COMPENSATION

Quickening

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair
Arrested and imprisoned 26 CE



Caligastia pair
Arrested and imprisoned early 1990s CE

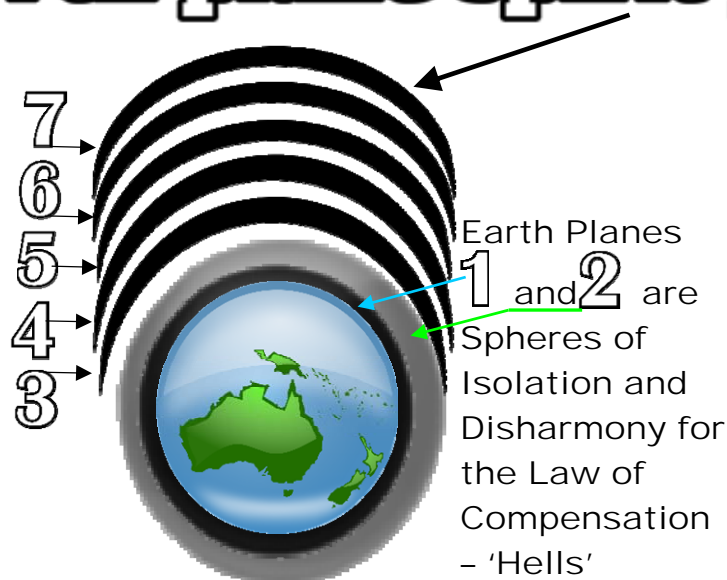


Daligastia pair
Arrested and imprisoned early 1990s CE



Zelmar, a Melchizedek, 1 July 2003: The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes – 7th Earth plane. And they will remain in the ‘hell of their own making’ until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain on all the rebellious worlds (37), so that’s a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can image, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all rebellious worlds (37) and in their associated mind Mansion Worlds have completed their Healing.

NUMBNUTS of EXTREME EVIL are in 7th plane spirit prison!



Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1st plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities. However, there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7
6
5
4
3
2
1

7th Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6th Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5th Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4th Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3rd Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2nd Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1st spirit Mansion World.

1st Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.



Infographics and diagrams have been added by Pascas.

25 July 2003

Good afternoon James, I, Zelmar, a Melchizedek, would like to expand on the discussion you had with Marion this morning, as I feel it would fit in well here.

As you could feel James, your 'duty' as a son or daughter to the Father and Mother, is to honour the Truth. To strive to live true, to be true, and to live with a mind that is in its right place and serving the truth. It is dishonourable to live untrue, to live wholly subject to the whim and fancy of your mind without any regard for the truth. In doing this you are living untrue to your own heart, and untrue to the Mother and Father. Your struggle is to reconcile the heart and mind. If you can do this, then you are free to love the Mother and Father, and be loved by Them, as your mind and heart will be honouring Them.



16 September 2003

Hello James, Zelmar.

As I've said throughout these *messages*: All your experience feeds into your soul. And I mean everything. All that you experience on all levels in each and every moment, goes into your soul. Your soul is at any time the sum total of all your experiences, and has been ever since it illuminated your first 'light of will' in Creation. So, ALL the childhood abuse you have suffered at the hands of a negative system, is still within you until you do your Healing and express it out of you. If you imagine that you are like a live video camera and all you see, hear, feel, think, smell, do, the truth you are living, the thoughts you are thinking, the behaviour you are expressing, etc., is feeding continuously back into your soul, then you might get somewhere near a mere glimpse of what actually comprises an experience, and so what is actually going into your soul. There is no separation between you and your soul, you and it are one, even though I talk about it as something that is separate to your personality expression. And the more spiritualised you become, the more of truth, the more apparent this will become. It is very true when you say 'you are your soul', however you have no real idea of how true it is.

Now for my next comment.

You don't have a collective free will that in theory can change the future as some people and mind spirits might suggest and hope. As you were reading in the book of prophesy, it appears that some people have been able to predict the future very accurately, whilst others not as well. This difference is due to many factors, but to simply put it, it is because some future insights and predictions come from spirits, and others from one's Indwelling Spirit.

The predictions from one's Indwelling Spirit (or Angels speaking with and on behalf of the Indwelling Spirit) will come true, if they are meant to; meaning, if that person for the needs of their soul growth of truth or untruth needs them to come true, they will, and if they are not meant to come true, they won't, as obvious as that sounds. The person themselves has nothing to do with it. Every humanity is meant to live with a certain amount of prophecy that will come true, it depending on the level of truth (or untruth in your case) required by the people. And this can be on the individual personal and collective impersonal level. There will always be people with some clairvoyant powers, it's a natural attribute of personality, however like everything, some will be better or truer than others; and then there are those people more attuned to or connected with their Angels and Indwelling Spirit from where they receive what they see or hear in their clairvoyance, but the majority 'receive messages' from mind spirits. Like attracts Like in truth and untruth, so if you are not doing your Healing, more than likely you'll be receiving information from meddling mind spirits who want to be important by conveying such things to people on Earth. And some mind spirits are themselves clairvoyant and very intuitive and so can seem to know a lot about someone's future.

And then there are other people 'selected' to 'earth' important information to further humanity's untruth or truth; with such information being given by higher Angels who know the future or the person's Indwelling Spirit, who often presents such prophecy as God speaking to the receiver or God showing pictures in the mind or in dreams, mostly because such people believe in God and believe God knows all and wouldn't accept anything unless it was from God. And then because of this, you have lots of mind spirits projecting their light and so-called 'wisdom' and prophecy at an ignorant believer, so the receiver believes God spoke to him or he saw Jesus or God as a bright white light, when the receiver is in their spirit body having an out of body astral trip into the first Mansion World, or lower into one of the two Earth planes open to such people to have astral trips in.

I would suggest like all experiences, you express all feelings you have before, during and after, the experience should you have such things, speaking about all you saw and heard, whilst longing for the truth of those feelings. A lot of people want 'special spiritual powers' and many people believe having such powers makes them superior, more advanced, more important, but it's not so. No one is more important than anyone else, and you can all do things that another person can't do. If you are clairvoyant, then it's more about what you are going to use it for, if indeed that is an intention you have: to either help people further their mind's control over themselves; or help people with their Healing. Or even both.

Many people with such abilities also believe there is something sacred about having such 'powers' and so have to use them to help other people, for the good (some also for their own power gain and for bad), even as a part of 'doing God's Work'. However there is no added responsibility or burden or call-to-be-of-service because you are clairvoyant or are a 'healer', it is always only what you want to do, and is for you to uncover the truth through your feelings why you do or don't want to do anything.

And mostly it's to understand that most people only want to know the future believing it will make them have more control in their lives. It 'empowers' their mind helping it be more dominant over their feelings. If you know the future then perhaps you can avert bad things happening, or if not stop them, then at least be prepared for them so they don't catch you by surprise, and so prevent yourself from feeling bad or as bad as you might have felt. So knowing the future becomes just another way of denying your feelings.

Certain prophecy was given to some of the authors of the Bible, however a lot of it has become distorted, changed, even 'updated' by other people who 'saw things'. And so, some of the bible prophecy comes true, some won't, and some needs to be interpreted the correct way. Jesus, for example, is not going to return, he has re-presented the essential truths humanity needs through Mr James Padgett. However, the Truth is to come again through the likes of another Daughter and Son, and truth that will have far reaching and more profound effects in the immediate term.

Some of what I have told you James concerns the future, and as to whether or not it happens as I have said it will, is immaterial, because I have said such things to give you a picture for your mind at this time. A picture that includes something of the future as well as understanding more about the past, and indeed your present moment doing your Healing and working on the feelings you are feeling right now. So, all I have said is for you James, and really it's not for others in the future. And if it turns out that what I have told you

happens, then it doesn't mean you had great clairvoyant ability, it just means you could speak with spirits and a spirit called Zelmar told you certain things.

Your 'ability' James is in being able to relatively easily communicate with spirits and Angels, however, as you have come to understand through your Healing, it might be easy in some respects, however it is still very limited in all the truth, insight and information you can receive, or would like to receive, from us. And then having it as part of your denial life brings with it yet more difficulties you've had to discern and then work through to uncover the truth of. And what we tell you still has to abide by your negative mind, so some of what we've told you has not been as true as it could be, which you've realised as you've grown in truth yourself and then had to amend in your writings with us.

And the other part for you personally James, is that having this 'ability' of being able to speak with us spirits, and then having us telling you all this information, has put even more pressure on you, and in many ways making your Healing even more difficult because it has included such levels of mind control and disturbance. You have used your mind to try and gain power from speaking with us, which you've had to become aware of doing and then bring to light why you've done that, which as you've seen through your feelings has come about because you want the power over your mother. She was clairvoyant to some small degree, and so if you can speak with the spirits receiving so much more important and better information than she, then you are better than her, and so not as powerless with her as you always felt through your childhood. So, you've had to let go using us for power, so writing with us but at the same time not stopping yourself from feeling as bad as you do – feeling as powerless as you feel, as you've always felt, as it was right from the beginning for you.

It was very easy for the Caligastias and Daligastias to impress upon receptive ego orientated rebellious minds in the mind Mansion Worlds and on Earth what they wanted done. They contrived the religions to be formed to carry out their evil agenda. They told the Jews they were special and gave them prophecies, wanting the controllers of the world to carry out their plans. It's easy for such high spirits who are always there in spirit and not hampered in their control by living only a short life on Earth, to work their nefarious plans through the bloodlines of humanity over the two hundred thousand years of the Rebellion. Basically, how rebellious humanity is at this time is all a result of how the Evil Spirits wanted you to become. However, as they are now no longer controlling you from spirit, so people are taking such control more into their own hands, or having, and often unbeknownst to them, rely on input from mind spirits who are in no way as far reaching and devious as the Evil Ones. Your controllers on Earth and in the mind Mansion Worlds will try to reach for too

much without the **farsighted over control** of the Evil Ones, and so at this time to do with the ending of the Rebellion, much of the corruption will become more apparent as they overdo it with their control. All of which needs to happen so the controlling systems will become too bloated and start imploding, all of which will add even greater confusion to what you are being subjected to, which will make more people feel insecure and uncertain of their lives, which will give rise to more bad feelings which can either be rejected and fought harder against, or worked with so as to bring to light the truth of why you feel bad being so heavily controlled. All of which of course will take you back to feeling bad being so controlled by your parents.

Look at the experience Jesus has generated for so many people over so many years by saying he will come again. And look at how so many people have looked for him contriving all sorts of times and occasions for his return. And how many people cling to a better future when the Master comes to save them, all of which takes such people further away from their true feelings. By hoping Jesus will save you and putting great effort into waiting and expecting his imminent arrival, is yet more mind control, trying to make yourself feel better and not dealing with all the overwhelming bad feelings you really do feel, feeling so insecure and that no one came and saved you, that you were just left in your pain or given false hope to get you out of it when you were a child.

The Aeons are fixed, and only those privy to such information know as to the future way of things. We, the Melchizedeks, have access to such information from a personal, individual level, to the whole collective level of humanity, however, unless we feel the need, we see no need in revealing such information to you. It is neither in our or your best interests to have such information made available to you, because it would lessen the impact of every experience. You would condition your future experiences but knowing about your future, and this is not what your soul desires. So, we don't interfere with you, unless we are specifically directed to, such as what I have said to you James through our writings together.

I know James, you would love me to tell you of such future things, either to support or deny that which you read about in the prophecy book, however my lips will remain sealed. You can feel for yourself through your own soul perceptions as to what you feel may or may not happen, and this is sufficient. You know you have tried to live in the future as an escape from your current reality because you feel so bad about yourself, but as you have been letting such thoughts and desires go through your Healing, you are becoming more accepting, resigned, even occasionally happy simply being in the present and without needing to know the future to feel secure.

I will say however, in time James, as it will also be for people of a Celestial truth, your soul development will embrace the power of foresight to some degree, and when you attain this level of perception, you will be seeing all things in a more illuminated way, and this will also apply to the future. However, that will only come about once you've finished your Healing. All of your personality attributes will start to evolve and expand and come to the fore illuminated by your true feelings and the light of your truth once your Healing has finished. Your current negative state is all about denying yourself all such qualities and attributes, together with denying yourself the clarity of your feelings, so you try to perceive your future only to get caught up in all the possible tangents your mind presents to you, none of which makes you feel good. But such is the corruption and dysfunction of your mind, and that which you have to come to understand being part of your unloving pattern developed through your unloving childhood.

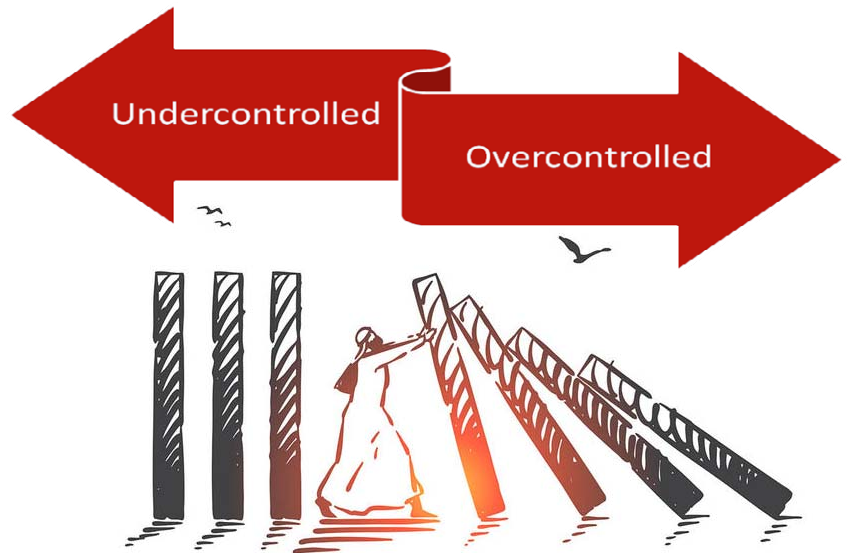
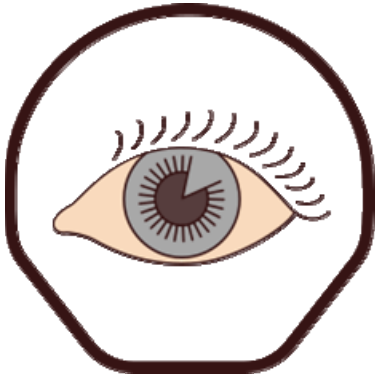
Your next question is whether there are spirits intent on corrupting Earth, that for whatever their reasons is a good thing to do with their time, mind spirits who want to take over from the Evil Spirits. And yes, there are.

xxxx

Most of the mind spirits who have anything to do with people on Earth believe how they see things is right, and will help people on Earth if those people see things the same way as they do. These mind spirits are no more wrong or evil than they were when on Earth, just being caught up in their rebelliousness like you all are. And then there are other higher mind spirits who are intent on controlling humanity and trying to direct it according to their whims. The higher religious mind spirits want to keep influencing many people on Earth in the religions, and for others to join them, so when those people die they will remain in their religions in the mind Worlds, which will then mean those controlling religious mind spirits will have lots of followers looking up to them, worshipping them, and making them feel so important and with such power.

And then there are other more malicious mind spirits trying to make people do their dirty work on Earth, either personally, in business, politics, even trying to economically control the whole world, or collectively, wanting to influence and direct the whole world. The New World Order constantly being talked about and which some people fear and which will be brought into being in various capacities, that which involves greater levels of control by the system taking the individuals freedom away, is all coming from the influences of higher controlling mind spirits who are able to impress their thoughts, ideas and influence upon receptive people in controlling positions on Earth who also desire such power and control.

Over Control



Oppression

23 January 2022: “Never before in the history of the German Federal Republic have there been demonstrations that are more widespread than in the last few weeks,” states the report, with the government counting 1,046 separate protests involving around 188,000 participants. Instead of describing such developments as “depressing,” you’d think authorities in Germany would maybe considering listening to the will of their people.”

Worldwide, should people be given the choice to eat genetically modified organisms as food, they would only choose natural produce. The world population of 7.9 billion people now has 4.1 billion fully vaccinated against Covid-19 with experimental genetically modifying drugs and now the adult population is submitting their children to these experimental gene modifying vaccines – as young as 5 years old.

The year is 2022 and every social group within every community, in every country, can be said to be subjected to oppression and overt control by various levels of authority that is clearly detrimental to all within. Self-expression and truth are inhibited, controlled and monitored in various ways.

Globally, humanity is now being pushed to look for a better way of living. They are being confronted with oppressive control that is not to be tolerated. Authority is blind to their obsession and are deluded by their self-importance. The push-back will be difficult and devastating in many communities.

Great change is to unfold throughout all societies and institutionalised systems.



Infographics and diagrams have been added by Pascas.

Up until more recent times, with the over, over-control of the Caligastias and Daligastias, the unseen control exerted on humanity was quite united and with certain specific goals in mind. Now without the higher over-control, the controlling factions are not so united, with fracturing taking place and other power-plays starting to develop. Certain of your main hidden controllers, the top controlling people on Earth are trying to keep things 'on track', however, as to how long they will be able to maintain such control waits to be seen; especially as I said, because they are starting to overreach in their control, which is starting to wake up the complacent masses to the subtle abuse and more obvious and even overt manipulative control they've been subjecting people to without their knowledge. And then with the Avonal pair coming; well things are going to quite drastically change... and that's all I can tell you James.

Let's stop now James, as I can see you are tired. I will continue when you want to speak next – Zelmar. (a Melchizedek from within our local universe of Nebadon)

17 September 2003

Hello James, I would like to follow on from Jesus' comments about the 'chosen ones'.

Many people believe that to be 'chosen' by God to do His specific work is the highest thing they could do, the most noblest, and will make them be the happiest. And then many people believe this work has to be in some way religious, for example, teaching people about the Bible or other religious texts. However, this is all what they have devised for themselves and not necessarily what God might want them to do.

It is true that God does want specific people to teach others about Truth, however this does not mean that He wants them to do it all in a certain way or that they are more superior than other people. God also wants people to build houses and grow food and do all sorts of other things – everything that people do. Not everyone can do the same thing, and we are not all created to do the same things. And if a soul is completely serving God having done his or her Soul-Healing and partaken of Their Divine Love, and is then content to grow food or teach truths (or do both), then he or she will be very happy, and both will be equal in their service and feeling equally special and fulfilled.

And both individuals will learn and grow in truth as they carry out God's Plan – live true to their soul by living true to themselves, by honouring all their feelings. They can both enjoy food together and discuss truth. Neither is higher or more holy or noble than the other.

Both will be doing what they want to do and love to do, and will derive great pleasure and satisfaction, and both can share and learn from and help each other in their personal endeavours.

It is true that just as certain souls have been created to grow food and to live true to the Mother and Father this way, other souls will want to actively teach the truths as they come to know them. These people are not more devout, spiritual or religious or 'chosen' than the grower of food, as both can be equal in their love for the Mother and Father and can feel equally loved by Them. And both are growing in truth through their experiences. There is only one way to 'classify' someone, and that is the level of Truth they are living. And some people are currently more advanced in truth than others, and that's just how it is; however, everyone is destined to arrive on Paradise being of a Paradise level of Truth, and that's all that matters. As you grow in truth, less do such things matter anyway, you feeling more concerned with your own soul development and personality expression, rather than worrying about where you might be placed on the Ascension of Truth ladder.

Unfortunately, you have glorified such 'religious' or devout 'teachers of truth', who for the most part only impart information to further mind control, far above their true station in life. These people being thought of, and thinking it of themselves, as being 'closer' to God, when in a lot of cases the reverse is true. The humble grower of food who loves God and only desires to live true, and who may not know much truth or be able to articulate its understanding in your negative state, is much closer in heart and truth to God than the pious leader of men.

There will be people, both men *and* women, who will only want to teach the Truths, just as other's will only want to grow food. These teachers or sharers of truth, and by truth I mean that which is true, not just things that are written in the bible or other religious texts, but that which they know from their own life experience generated from within their souls as a consequence of receiving the Divine Love and of having done or doing their Healing, are unknown as yet on your world. They are to come. And some people will entertain the notion that perhaps they are the specific 'chosen' ones to teach the truth, but in time there will be lots of them, just as there will be lots of food growers. It is only that in the beginning such people interested in such things as only teaching the truths to others are something most people are not familiar with, but as more people want to do this and are supported by the general community, then they will naturally find their right place within society.

The Mother and Father's Soul is PLAN. It is one gigantic Plan. Creation is unfolding to a

well organised, well thought out, and well conceived, plan. We are the Plan being made real. We are all living plans, and every experience we have in our lives has been specifically chosen for us. And in this light, we are all the chosen ones, because our Heavenly Parents have chosen us to be Their children in Their Creation. And in this truth we are all special and lucky.

Your world exists on hierarchies of power. Your families are all full of such hierarchies, and your immediate existence is all concerned with finding your position within the power structure – the family, and then in the world, which is nothing more than an extension of your family hierarchies. You battle your parents for sanity, and you compete not only with them, your siblings, and all others, but worst of all, with yourself. You are fighting continually against yourself. Your inner mental structure is composed of beliefs all competing for power. Your mind is a hierarchical structure based on the power you were subjected to growing up. In no way can you live as Jesus has instructed you to, as brothers and sisters, equal, until you have sorted out and given up your competitive power minds. And whilst you struggle away, you are all secretly wanting to be the special one, the chosen one, the favoured one (with your parents), and some will do anything they can to reach what they call the ‘top spot’ – and then giving up this power is very difficult.

Many people are seeking God and truth with their minds. They are seeking to know truth of the Greatest Power of All, of the Creator or of Source, but with a mind steeped in wanting more power. They consciously or unconsciously believe that if they find God, they will get some of this (His) power. However this immediately means they actually want God for their own selfish and self-gratifying reasons – for more power. Which again is really just power over their parents, who were the gods to them with all power, and all power over them. They don’t actually want to love God and be loved by Him. They want His power; and ultimately to have all His power, and then to take over from Him and be as powerful or if not more powerful than Him. Which is exactly what the Evil Spirits wanted by rebelling against God. They came to believe they knew better than God, they could do a better job, and told humanity, so can you, you too can have all power... provided of course, you praise and worship us as God. So your controllers say worship me and I will confer all power on you, but it’s conditional, just as your parents say, do as we say and you can have all the power you want, provided of course you keep doing what we want. The power seekers are competing with God, and through these actions are showing they hate Him, and don’t care about Him, or love and respect Him. They want to destroy Him, just as they want to destroy their own parents and be more powerful than them. They hate feeling so powerless and subservient to their own parents, and then transfer and project these feelings onto God.

True souls, seek no power, for he or she knows that that is not the way of true love. The one who wants no such power from his or her mind control, is the one whom can feel what is good and true and where the *real* power is. The real power is in Truth, and truth does not wield or seek or try to accumulate evermore power like the wayward mind does. Such souls reach out to the Father (and Mother) with all their meagre love and long to be loved by Him. They do not want to overpower Him, only be loved by Him. And such souls, as Jesus showed in himself, do actually have all the power, and more than they would ever want or dream of, it being power founded in love and based on truth, and given with love. It is the true power of love.

To give up your competitive power struggle is to admit defeat and to accept you are powerless in your family and in the world, and accept failure. The way of the world is not for you. It's 'winning ways of success' are for the power competitor, not for those who want to relinquish all power. By submitting to your bad feelings, all those feelings that make you want to cry and collapse into misery, sadness, depression and despair, you will be able to let go of (gradually) all those power beliefs you are desperately clinging onto that are preventing you from falling into your feelings and giving up. To let yourself collapse, to fall into the arms of the Mother and Father, to give up and ask Them to help you uncover the truth of your feelings, is the only way. To try and struggle on, and strive for what the world and your family says is right, is not the right way.

The world doesn't want the Mother and Father to be in control. It wants Them to give it all Their power, and to then stand aside and keep out of its business. It is the young child wanting its parents to give it all their power, and then to leave it alone, to stop interfering so it can get on and do whatever it likes without them. But this is not a loving way or the way of love. This is the way of no love, and the child only goes this way because it is following its parents' example. So many parents wonder what has gotten into their child because it mercilessly fights them seeming to never what to give in. But what has gotten into them, is them. It is fighting not wanting to give in because that is how they are. They do not give in to their child, they instead marshal their reserve forces and crush the will of child even more than they have already done, until it does give in, until its will is 'broken' – well behaved. The child is only reflecting its parents. A child can only do what its environment has done to it and taught it to do. Its environment mostly being its parents. It can't behave differently to its parents making up its own rules for life and how to behave. It is the child coming into being, forming due to the influences of its parents, so the child can't be blamed, only the parents. It is following its parents' examples, and if the parents don't see this and

wonder what has got into their child, it only shows how blind to themselves the parents are. They cannot even see themselves in their own child, who is after all, of their flesh and blood.

The family (or two parents), as much as they believe they want children, they don't want another competitor. They don't want to give away any of their power. They feel powerless from their parenting and want their child to give them power, to fill in the power deficit. They want the child to come in and somehow just fit in and want no power for itself. It's not allowed to say no, to be angry, to say "I don't like this, I feel bad, you are making me feel bad and rejected, I hate you, you don't love me". It has to squeeze itself into their power regime, grow up and take nothing from the powers that be; and if anything, willingly submit to having any power taken from it.

So many parents compete immediately with their children trying to take their child's power, seeing their child as helpless and unable to fight back and stop them. They leech the power from their very own child, saying they love it, and tell the child they are the great ones by doing so many wonderful things for it. You have to praise and worship your parents being ever thankful to them, for screwing up your will and relationship with yourself, them, and everyone else. And unless they eventually allow their child to have some power, it grows up wondering why it feels so weak and powerless. Many parents have children unconsciously seeking to gain power from them, that which their parents took from them. The child becomes the one they can overpower, just how they were overpowered, and in doing so they will retrieve some of their lost power. They force their child unwittingly into battles so they can conquer it by forcing their will over it, crushing it, making it feel they are the superior one. They reduce the child to a traumatised wreck, totally feeling shattered, rejected, unwanted, unloved, and then once they are triumphant they say they are sorry, or we won't have any more of that now will we, we are friends, I love you, and all the rest of the meaningless untruth to appease their guilt. All of which hurts their child even more. Do your Healing and uncover all the twisted unloving power plays you were subjected to by your parents. They are the great master, mistress, lady and lord, and god. They are the one who knows, and the one who controls, and the child is nothing. The child is the slave, the weak one, and repeatedly they manipulate the child into battles against them so they can gain the upper hand and be the winner. Each time a child is crying out in protest against its parents, its parents are working such a power play on it. They are coercing it into the fight so they can terrorise it, abuse it, hurt it and punish it. They want to squash it out of existence, annihilate it, and make it feel exactly how their parents made them feel. And this is the 'loving' way of the negative mind state.

And if the child within that dreadful powerless situation can in some way retain or even gain some power for itself by applying its mind, then it, feeling possibly all-powerful, goes out into the world feeling equal to and if not better than its parents, then to have children itself because it is now its turn to show its child how great and loving a parent it is.

The ‘chosen ones’ are really all parents. They have chosen themselves to be the master and mistress of their universe. They have children to subject them to their control. They are the great deceivers on your world as it exists in Rebellion by Default. They are the evil ones that constantly surround you. They are the self-important glorified ones. They are carrying out the will of Evil Spirits, not the true Will of God.

And this is the sad truth humanity is to wake up to. The sad truth of yourselves.



Your lives are torturous. You don't feel truly loved, and your whole soul yearns to be loved. You long for a loving relationship, ideally with your soul-mate, to feel wholly loved, wanted, that you belong, secure, good and happy – all-loving. And love is all that matters, without love you feel how you all feel, and that is torture.

And this truth of yourself and the truth of all how you are, is what you are to get to through your Healing. To arrive within yourself where you are fully aware of how unloved you feel, and fully aware of how you express your unlovingness, how you are being of the Rebellion and Default. And then to know that how you are in your unloving state does not make you feel good in all the ways it makes you feel bad, and why it doesn't make you feel good; and to know the opposite, what you do want to make yourself feel good, happy and fully enjoying life – to feel loved.

You are to bring to light within yourself the truth of feeling unloved, that is what your Mother and Father are asking of you. To live feeling unloved and then to know the whole truth of what it feels like being that way. And by being true to how unloved you feel, you will sense and so want the opposite, and this too is what you are to know you need – to feel completely loved and true in that love.

And when the whole truth of your unlovingness has come to light so you know that is all how you are, They will change you, adjust and transform you into being only of love and

true, which will be you leaving your rebellious state, finally changing on all levels of your personality to reflect being perfect, true and loving. And you will feel free. The Truth Will Set You Free; so first the truth of how unloving and untrue you are.

Zelmar. (a Melchizedek from within our local universe of Nebadon)

THE
GREATEST
SHOW
is ON EARTH

WILL! The Soul does everything!



Our HEALING is one long act of Self-Love!