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18 April 2018

**COMMONWEALTH CONFERENCE 9 – 11 April 2018**  
**“SUSTAINABLE PEACE AND DEVELOPMENT IN A POLARISING WORLD.”**  
**Griffith University Interfaith and Cultural Dialogue Centre – Brisbane, Australia**

What a wonderfully constructed conference this was. The diversities of culture, variety of faiths, range of scholastic achievements and the commonality of purpose to deliver a better world in which we can raise our children. WELL DONE.

For the PASCAS Foundation, this is exactly the environment in which we will be operating and we hope and trust we can become valuable contributors to all you have set in motion. Needless to say, we would like to be considered for invitation to all similar events.

PASCAS is to roll out 4,000 Care Centres throughout the world principally within emerging and disadvantaged communities. And we will need help. Help from the type of people who were speakers and constituents of the conference. In all instances, they will understand the local needs better, have closer relationships, and will be able to oversee our funded humanitarian projects better. So the opportunity to have met so many people in a few days is treasured.

At PASCAS we understand a different approach is required to bring sustainable peace to the Commonwealth and the World. While dialogue will be intrinsic to finding commonality upon which to bring peaceful outcomes, we contend that understanding the root cause of discomfort, dis-ease and mistrust must be addressed to deliver sustainability. And rather than directing the majority of energy at the higher levels of the world, country, faith and community governance, we feel there will be greater achievements gained working at an individual level.

This period of tumultuous change across the globe is in fact a symptom of “illness” of our political and financial systems. International terrorism, the new name for the actions of our opponents at war, plus the widening of political, religious and social viewpoints, are all further symptoms of humanity suffering pain. This pain is derived and held within the individual and fed up to the controlling organisations throughout the world. PASCAS understands the root cause that put humanity in the situation it now lives, and the pathway to resolve conflict.

The beauty of the pathway to resolution is it integrates across all faiths and cultures, allowing individuals to resolve their personal conflicts which will then roll up through community, educational, religious and governmental groups. And it is this pathway that PASCAS wishes to share and spread through its Care Centres, particularly through an aspect of each centre, namely Chaldi College.

The connections made at your conference have been invaluable. The ability to engage in dialogue, as espoused by Dr Brian Adams, has definitely delivered outcomes for us. We wish to continue the dialogue. We want to understand your community. We would like you to understand our message.

As also explained by Brian, dialogue and understanding of another's view removes fear. We are here to listen. The first lunch is on us.

**Pascas snapshot:**

Goals of Pascas WorldCare are lead by our desire to:

**Treat the cause of illness rather than the symptoms, this is the focus of Pascas Care.**

**People look for miracles to cure disease which is  
ONLY the removal of the effect of the emotion.**

Pascas Care – Kids of the World also believes:

**The greatest gift for our children that we could possibly  
provide is to enable for them to grow up without fear.**

One may look at radicalisation of an individual, but if the cause of that adopted pathway is not addressed then it is a pointless exercise. Why do we rebel to the point that we join with bikie gangs, political extremists and similar destructive elements? Why do we embrace and wear tattoos? Why do we just get so fed up and rebel against society in general? Why do we embrace alcohol to excess? Childhood abuse is pandemic throughout all communities around the world. If we do not look at how our parents and carers treated us during our forming years then all of these negative pathways will continue to have more and more radicalism and more and more people joining them.

During our forming years, from conception to around the age of six or seven, we are not allowed to express and be the personality that we truly are. Our environment, our parents in general, endeavour to turn us into their 'little me's'. We have all been subjected to this attempt of cloning to varying degrees. We are to be free to be who we truly are. We are to be free to express our feelings at all times.

When we become entombed into our mind's chaotic and controlling ways, we are moved so far away from who we truly are that all love and the appropriate way of being is so distorted that we are a danger to ourselves as well as society. All the detrimental aspects of society stem from the patterns of childhood suppression and repression. The resultant behaviour of individuals of this childhood suppression and repression is reflected when governments, communities and religions continue to suppress and repress (control) people. All illness stems from the suppression and repression of our true selves, our soul based truths.

We are now to come to understand this and begin the Great U-Turn, that of living Feelings First, living according to our feelings. The mind is to follow, not lead. Whilst society continues embracing one's mind as the way out of society's chaos, then the world will continue to plunge deeper and deeper into its self made hell.

Yes, our feelings are always in truth. Yes, society has embraced the mind as the master of all possibilities and has for 200,000 years suffered from this enormous error.

Further, women are closer to their feelings than men. Men have suppressed women in all corners of the world. Man will only recover from the chaos it has brought upon itself by allowing the woman to

embrace their feelings and lead us all out of the misery that has enveloped humanity for thousands of years.

The way to do this is now clearly understood. Pascas will enable each and every person to become aware of the truth of these revelations. How to live a life of Feelings First and to benefit there from, that is what we are about. Pascas has no other role than to enable people to consider the possibilities through embracing one's Feelings. Should we be asked to, we will support one's consideration of these possibilities.

In the first instance we have assembled the writings and observations of what has been unfolding since 31 May 1914 and these are accessible through the Library Downloads at [www.pascashealth.com](http://www.pascashealth.com) Secondly, should we be asked to assist further then Pascas will do what ever it can to assist in bringing about the Great U-Turn that is now commencing for humanity.

**This time, in the history of humanity, is  
the most exciting time ever experienced.**

Aspiring to Living Feelings First

*John Doel and Graham Golding attendees*

Pascas Foundation (Aust) Limited

## HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

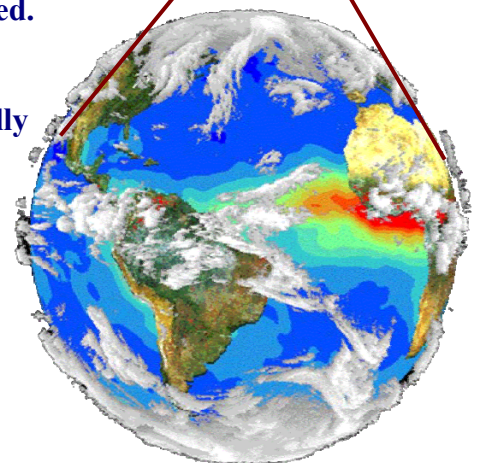
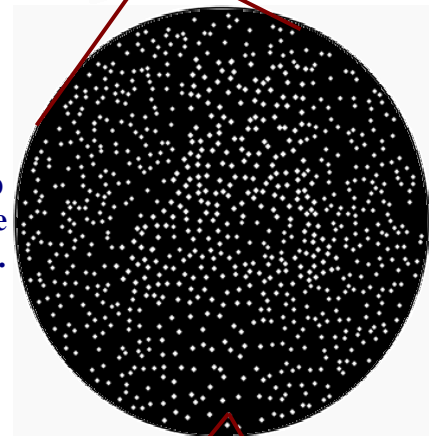
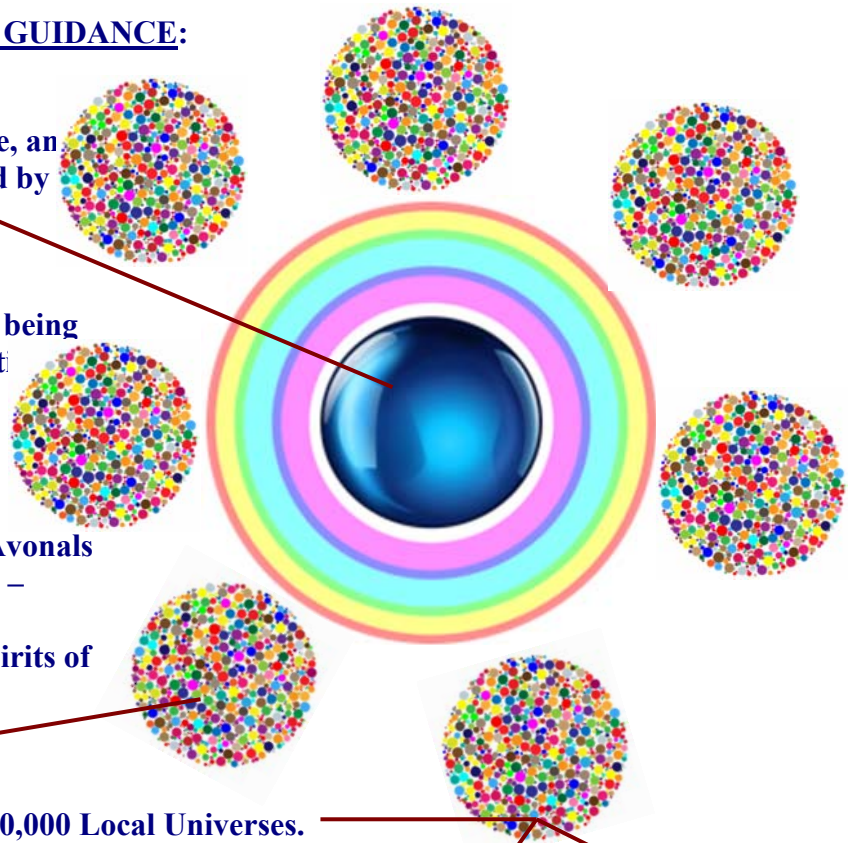
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth. Soulmates getting further apart. Rebellion then Default

Present Day

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soulmates getting closer together as people express all their feelings more truly.

The Great U-Turn will bring about the Ages of Light and Life.

First soulmate pair – Andon and Fonta

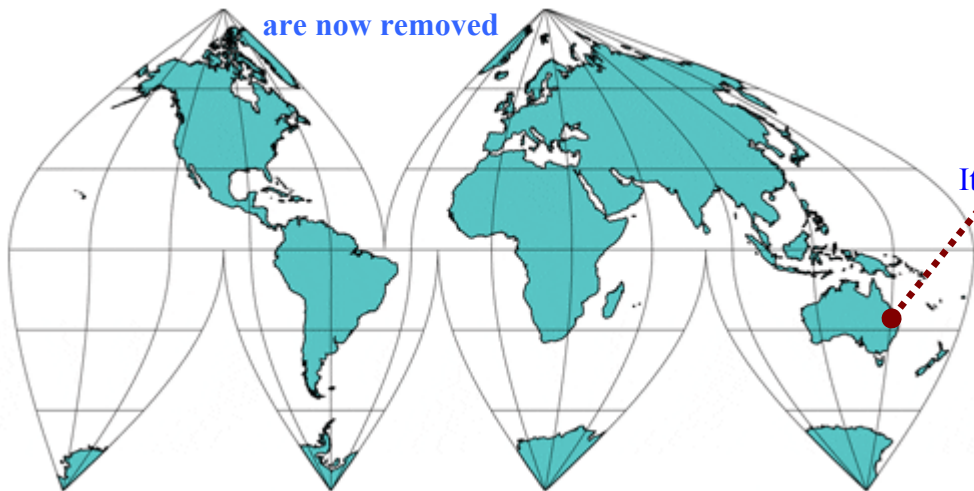
The last humans, the last soulmate pair on Earth.

Lucifer & Satan

Adam & Eve

Rebellion leaders are now removed

Jurisdiction of humanity and spirit worlds is now with Celestial Spirits.



It begins!

## British Commonwealth

The Royal Commonwealth Society is a network of individuals and organisations committed to improving the lives and prospects of Commonwealth citizens across the world.

The Commonwealth of Nations has 52 members, equal and sovereign nations, representing a third of the world's population – 2.2 billion people, 60% of which are under the age of 30.

The Commonwealth includes some of the world's largest, smallest, richest and poorest countries, spanning five regions. There are members which are small states, many of them island nations.



### FLAGS OF THE COMMONWEALTH OF NATIONS



Flag of the Commonwealth of Nations adopted 26 March 1976

## The WAY FORWARD:

A point of focus of the participants at the Commonwealth Conference was the bringing about of acknowledgement by the Mother Country of the Commonwealth of Nations of the atrocities and shame that She imposed upon Her fledgling countries that She had authority and control over. The need by many to have acknowledged the abuses of power was so strong that many seek for apologies.

The British Bulldog is in us all. We, her children, reflect the psyche of our mother, that is Mother England.

We, as a community, look continually to others to do things for us. Our first reaction is to want others to do things for us, when it is us who have to take responsibility and look within to resolve the underlying patterns within ourselves that through our collective personality has created the environment to cause misery, harm, and degradation of liberty upon others. In short, we all seek to control others. Through any nature of control of others we are bringing about harm.

The atrocious treatment of refugees who have been tagged as boat people, Australia is perpetrating one of the greatest crimes against humanity that is possibly conceivable. Australia, before it has any moral standing to seek acknowledgement from another country of their unloving treatment of peoples of other countries, is the need to acknowledge the degradation of liberties of those it has imprisoned on Manus Island and Nauru. The people of Australia not only need to acknowledge, but also to apologise and immediately bring about a rectification of the injustice. Then it needs to apologise to the Mother Country, England, for being such an impertinent child of theirs.

This underlying pattern of personality is the imposition embedded in all of humanity by its wayward mind's need to control others. This scenario is a clear example of what each and every one of us is to address. It is not a case of have to and one day we might do so. It is a case that we will all confront this pattern either here in the physical or later in spirit.

After all, all of us living in Australia are refugees! We have all come from other lands. That includes the indigenous peoples also. They came from other lands, principally Lemuria.



### **CIRCLES of DIALOGUE:**

One could consider that the appropriate way of engagement with fellow nations of the Commonwealth of Nations could be by practical geographic groupings, such as:

1. Australia with the Pacific Island nations.
2. India, Pakistan with the rest of Asia.
3. African Nations, Mediterranean, etc.
4. Canada with the Caribbean, etc.



At all times involving the Mother Country being England, Scotland, Wales and Northern Ireland.

However, there are multiple variations to consider due to aspects of influence, connectivity, trade, security and cultural platforms. For instance, Australia is heavily engaged with Asia regarding commerce. Further, Australia's security interests relate directly to China and Russia. Australia is strongly engaged in expansive, open and lengthy education facilitation. Open, voluminous, free education is the hallmark of an evolving consciousness. The growth in one's spiritual and soul development is directly related to an open education system – it is not through religious institutions.

Thus, when one focuses upon a dialogue with a specific grouping, it ultimately has ripple effects through out connecting zones of influence. Dialogue has no borders. Obviously, the greatest influence is within the centre of the zone of dialogue and the influence weakens as the rings become further and further away.

At no time is the dialogue to be a pitch for control. When we seek control then we are causing harm to others, we are impeding upon their free will. Any imposition upon another's free will is harmful; the consequences of which we will eventually have to address. We can enable people to be aware of possibilities but it is always to be their choice as to how they respond to that new found awareness.

By far the most important aspect of any Circle of Dialogue is with one's self!

We are to be true to ourselves. Not to the personality that our parents endeavoured to impose upon us, but true to the personality that is vested in our soul by our Heavenly Parents. Our feelings, that we sometimes allow to arise, are from our soul. It is our soul based feelings that are always in truth. It is our soul based feelings that we are to embrace and follow.

It is not our mind that is all powerful. Our mind has been elevated to a level that is to be revered and embraced. However, it is our wayward, chaotic, controlling mind that is the source of all our misery, discomforts, pain, illnesses and troubles. We were seduced into believing that our minds were the pinnacle of our power, the source of all possibilities. It is not. We have imprisoned ourselves within a steel wrecking ball – our mind – and we are now to put it in its place.

We are to embrace our feelings and then through our feelings, our mind will assist in implementing what our feelings are guiding us to do. When we embrace our feelings, we are being true to ourselves, and when we are true to our feelings, we are true to God. It is that simple!

Yes, we are to express our feelings, express all we feel about our emotions. As an emotion arises, good or bad, we are to express it – talk about our feelings until we have released all that we feel about such



feelings, both good and bad. We are to long for the truth of that feeling. Now that we finally understand that we are to long / pray / ask our Heavenly Parents for the truth of each and every feeling, we can finally heal that injury, that error, that antagonism, that need for our Mother Country to acknowledge its past injustices to others.

### Living true to your feelings:

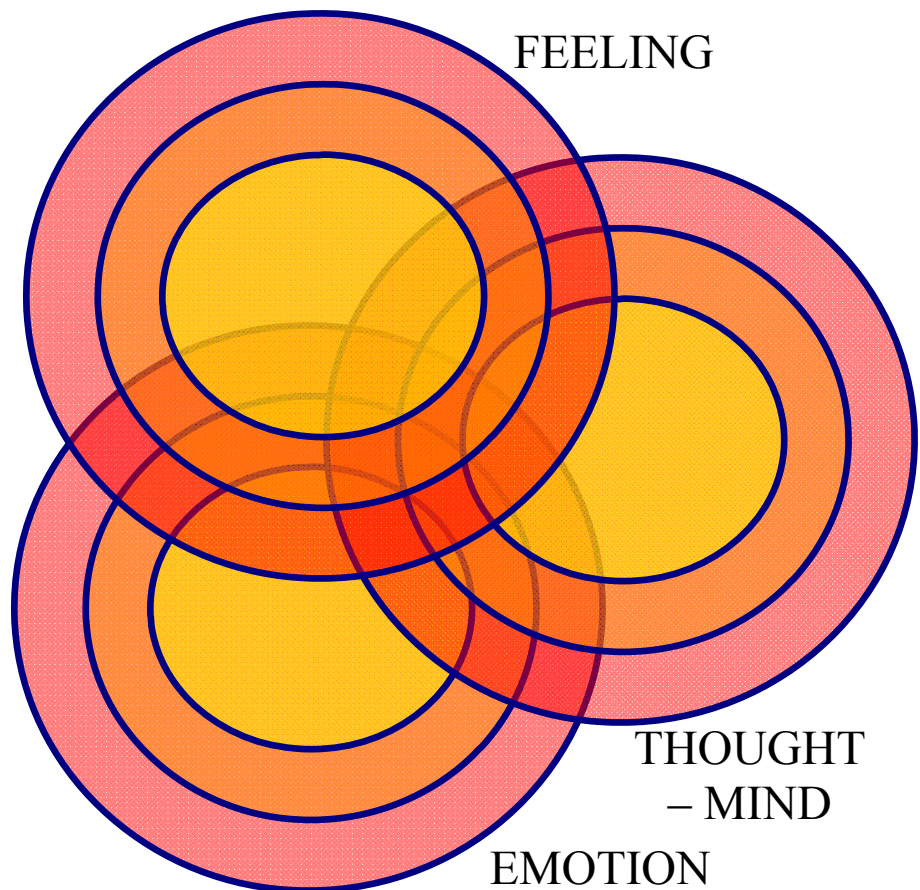
**It's to understand that what you are feeling today is a result of masses of repressed bad feelings, all of which need to be brought out one at a time, and not just exploding with that pent up rage, venting your anger all over the place, because you are to follow your feelings – allow your feelings to lead you in life. All those repressed feelings are to be brought out into words, progressively stripping away the many levels of them, all so you can see why you're feeling them. 'Going with your feelings' is not just about acting on every feeling you feel, it's about actively wanting to express and bring to light all your feelings by speaking, using words, and not just through acting. We are to express our feelings to uncover their truth. So you can do nothing, even stop acting out your feelings, whilst you spend years and years simply talking them out.**

Marion 7 Apr 2018

How did this situation come about?

Many thousands of years ago, 200,000 years ago, mankind was induced to believe that the mind was all powerful. Mankind suppressed his and her feelings and made them subordinate to one's mind.

Women are much closer to their feelings than men. The false premise that one's mind should lead and is the pathway to prosperity and growth in one's soul, can only survive when women are continually subjugated by men. Man has since that time suppressed the true essence of the woman. If men had not done so, then women would have promptly put aside the error that the mind is the lead quality of one's being.



Feeling, thought and emotion as unaligned patterns.  
In the absence of union, they may lose their focus.

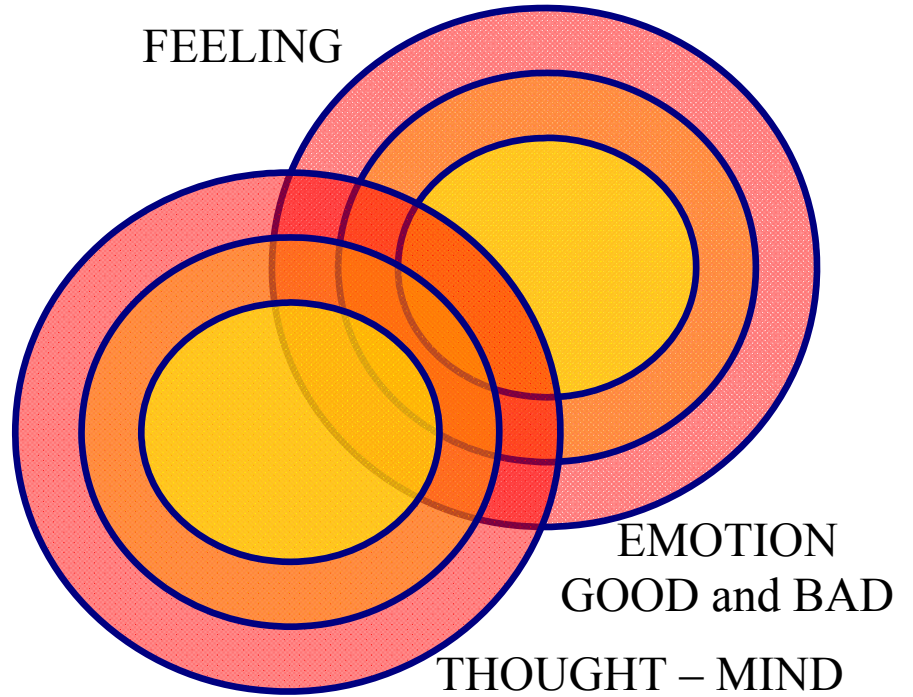
One's mind is addicted to control. Control of others is the source of great injury and injustice. Man is addicted to control of others through the error that one's mind is the source of wisdom and growth. One's mind is to be submissive to one's feelings. Not the other way around.

Longing for the truth of one’s feelings is essential.

Longing, soul-based prayer to our Heavenly Mother and Father for the truth of one’s feelings is what we are to embrace so that we can begin to comprehend how, why and what is behind the cause of our feelings, both good and bad.

Our parents brought us up in the similar manner as they were brought up by their parents, and we go on and do the same.

From the time of conception to around the age of six we are infused with the combined issues of our parents. Principal amongst these is the dominance of one’s mind in the way we are to live. This is then enforced by our educators, our religious teachers, our employers and our government.

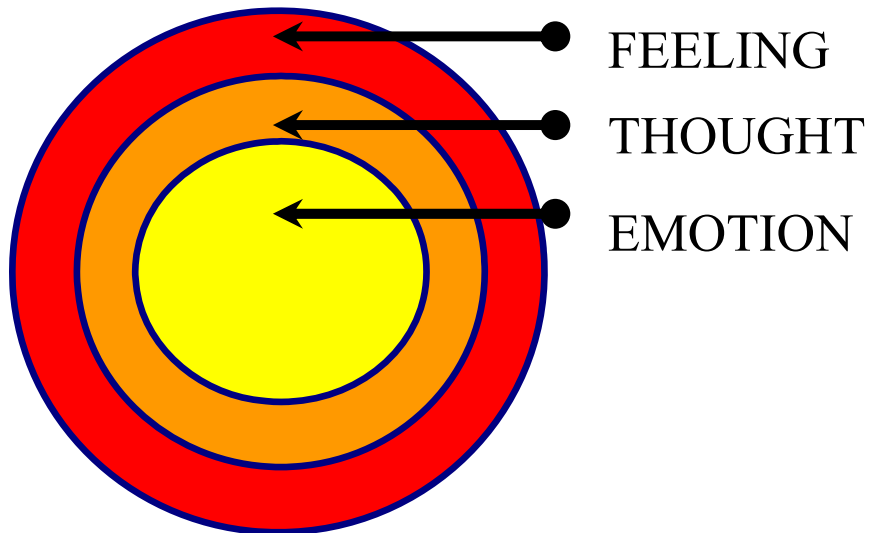


Though misaligned with feeling and emotion. This condition may render our prayer / longing scattered and ineffective.

No wonder we welcome exiting our physical bodies!

Why are religious organisations apparently becoming less relevant within society?

Any religious organisation, any religion founded under the percepts of the Rebellion and Default is taking its constituents away from their feelings, embracing the mind. Such religions are taking people further away from God as they orientate them to their mind, rather than their soul based feelings.



There is presently not one religion founded outside of the influence of the Rebellion and Default. How could there be? The Rebellion occurred 200,000 years ago and the Default more than 38,000 years ago.

The key to effective longing is the union of feeling, thought and emotion. We are to long for the truth of our emotions, both good and bad. This is the missing step in our recovery from all our injuries and errors.

## **DIALOGUE:**

What has unfolded for these major understandings to come about? What is taking place to bring about the potential of a 'Feelings First' way of living? What is the authority behind this?

Writings that commenced on 31 May 1914 through James Padgett have led to the more significant writings through James Moncrief which are presently ongoing, revealing how humanity is to undergo what is humorously called the Great U-Turn. Complementing these two great sets of writings are auxiliary writings, when all put together constitute some 40,000 pages. The events that are continuing to unfold will result in further writings.

This event, now underway, is in stark contrast to the events in the first century. What took place in the first century was for the benefit of a zone of the universe involving the inhabitants of many worlds. The first century visitation by a bestowal pair was not exclusively for the benefit of humanity on Earth but for all those who are led spiritually by the Michael soulmate pair. This is why no written records were made during the lives of Jesus and Mary. The current visitation of a bestowal pair is exclusively for the benefit of Earth's humanity and every part of this event is to be recorded and this is occurring.

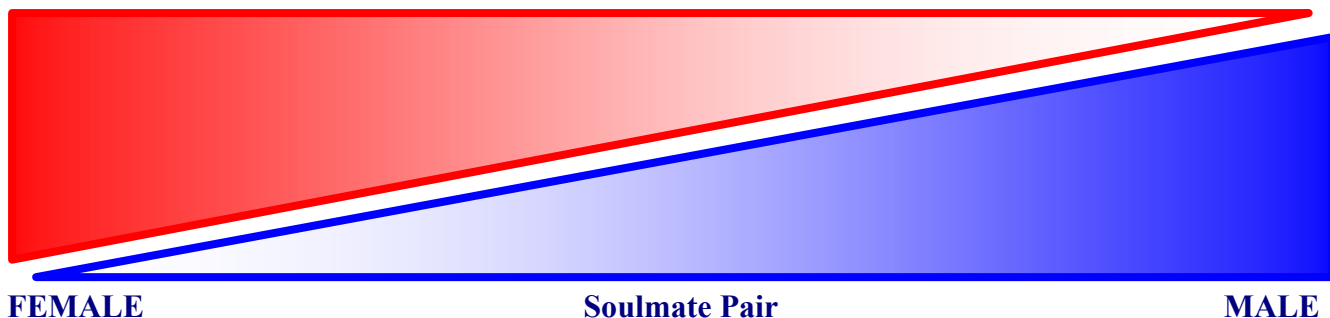
A short history of ensouled man. Andon and Fonta (also known as Aman and Amon) were the first man and woman that expressed a longing for God. They were the first ensouled man and woman and they lived nearly 1,000,000 years ago. As the population expanded, Earth was assigned a spiritual soulmate pair as Earth's spiritual teachers of truth. Such soulmate pair became disenchanted with their understandings and began to embrace that dependence upon an invisible God was false and that man was all powerful and equal to God through one's mind. They seduced the immature inhabitants of 37 worlds to follow them, Earth being one of the 37 worlds. The Rebellion was led by the soulmate pair referred to as Lucifer and aided by the soulmate pair known as Satan. The Rebellion was consummated 200,000 years ago. In an endeavour to achieve a turn around for humanity, the Adamic bestowal pair arrived some 38,000 years or more ago. The Adamic pair failed in their objectives and humanity was further subjected to what is called the Default.

The arrival of the Michael pair on Earth, in the first century, Jesus and Mary Magdalene, was due to the fact that of all the worlds within their jurisdiction, Earth was in the worst state, being subjected to not only the Rebellion but also the Default. Jesus, upon completing his atonement process with our Heavenly Parents, was then able to have the soulmate pairs known as Lucifer and Satan arrested and assigned to a prison world. However, their agents being the soulmate pairs of Caligastia and Daligastia continued with the interference commenced by Lucifer and Satan. It was not until the arrival of the Avonal bestowal pair on Earth that Caligastia and Daligastia have also now been arrested and assigned to the prison world. That event took place in the early 1990s.

Yes, the Avonal pair are here and they have the spiritual authority to lead us out of the entrapments that humanity has embraced throughout all corners of Earth. The Avonal pair have embraced the worst of elements of the Rebellion and Default and have progressively healed themselves of it. As they have experienced what it takes to complete one's Healing, it will be their Spirits of Truth that all of humanity will be able to draw upon to assist with one's personal healing.

This is to be the **Great Dialogue** that humanity will embrace throughout this coming spiritual age of 1,000 years, yet to formally commence.

**The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:**



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that will lead and assist the male in their Feeling Healing process, while progressing with her own. The male cannot do this on his own, only the female is capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

**TRUTH LOVING SOUL    V    ERROR INFLICTED MIND**



**PASCA  
PERS**

# GREAT DIALOGUE

The covenants, the universal contracts governing the Rebellion and Default, have been progressively wound back and cancelled as healing has progressed by those embracing the process now known as ‘Feeling Healing’.

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.  
 22 March 2017: Negative spirit influence was blocked.  
 31 March 2017: Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.  
 22 May 2017: Law of Compensation quickening.  
 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.  
 8 December 2017: Bring on the money to ‘**house the future of humanity**’.  
 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

Further, Friday, 13 April 2018, Nanna Beth advised: **“There has been another big spiritual shift which is indicative of what Helen is now able to do – now what you are all able to do. More of the blocks imposed on us (within the Celestial spirit worlds) all are lifting, things are finally moving in the right way, as opposed to how for so long they’ve been moving in the wrong way.”**

What does this all mean?

Since ensouled man has lived on Earth, all have progressed into the natural love spirit world spheres, commonly also called the mind Mansion Worlds. These mind Mansion Worlds are numbered 1, 2, 4 and 6. Spirit personalities that remained embracing their minds as the way to live have typically remained in mind Mansion Worlds 1 and 2, not progressing beyond. For those who embraced a life of harming others have and will find themselves in the Spheres of Disharmony being Earth planes 1 and 2, however, these personalities can no longer cause harm to any other personality.

From the mind spirit Mansion Worlds has come all the interference for those living within the physical world of Earth. All the institutions of government, finance, health, education and religion have been structured from the interference of the personalities within the mind spirit Mansion Worlds.

It was during the early part of the first century when Jesus obtained the required authority and opened the Divine Love spirit Mansion Worlds numbered 3, 5 and 7. Those who embraced Divine Love and the Healing process, now being introduced here on Earth, have been able to progress into the Celestial Heavens being three spheres numbered 8, 9 and 10.

With the coming of Jesus and Mary also came the availability of Divine Love for those who should long for It, pray for It, and ask for It. However, the knowledge of the availability of Divine Love was lost by about the year 325 CE. The availability of Divine Love and what it constitutes was conveyed through the writings of James Padgett in the years 1914 to 1923.

However, it is the revelation of how one is to undertake their Healing through the Feeling Healing process that is now being revealed through the writings of James Moncrief being the most important of the the two major Revelations.



22 March 2017: Negative spirit influence was blocked.  
 On this date, the bulk, if not most, of the negative spirit influence coming from the mind Mansion Worlds (1, 2, 4, 6) was blocked by the spirit personalities from within the Celestial Heavens (8, 9, 10). Those on Earth who employed negative or harmful activities have found their 'intuition' being dried up. They are no longer receiving the 'guidance' that they enjoyed to carry on their self-centred activities. As a consequence, the public are now observing an ever increasing and cascading of blunders with many being exposed for their corruption. This will continue for several decades as old systems established under the ethos of the Rebellion and Default collapse. They are to collapse so the new systems founded on love can then be established. The old will not morph over to the new.

22 May 2017: Law of Compensation quickening.  
 What ever discomfort, harm, misery or injustice that one inflicts upon another, such pain will be felt to an equal amount by the perpetrator. This is usually addressed when one enters into the spirit worlds. That is now no longer the case. For those who are committing the most heinous of control of others will find the Law of Compensation being exercised upon them during their physical life. For such people, they will not find that they can continue on their 'wonderful' life without pain – they will find themselves in a living hell here on Earth.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

This is not, by far, the definitive event in this most incredible time in the history of humanity. On this date, our Celestial spirit friends were granted control over the physical world of Earth. For 200,000 years humanity had been directly subjected to the control from the mind Mansion Worlds who engaged in purporting the desires of those who instigated and promoted the Rebellion. From this date, such control is now being administered by those who are totally aligned with the wishes and desires of our Heavenly Parents, our true Mother and Father. This is also true to the fact that we are now engaged directly with the wishes and desires of our true spiritual parents, Jesus and Mary. For the first time in the history of humanity we are not being lead astray by the paramenters of the Rebellion and Default, we are now being lead in the direction of our way home to Paradise.

13 April 2018: This is a further announcement of the fact that the demolition of the impositions of the Rebellion and Default is a series of steps totally aligned with the progress of two personalities living physically on Earth progressing and completing their Healing. They have completed their core Healing, they are now working through their transitional phase to become at one with our Heavenly Mother and Father. No individual in the history of humanity has completed their Feeling Healing in all of 1,000,000 years. Jesus and Mary did not have to go through this process as they did not succumb to the Rebellion and Default as they remained free from sin. However, the Avonal Pair have endured the worst of the elements of the Rebellion and Default and have experienced the Healing required. It is through their Healing experience that their Spirits of Truth will lead us all through this process.

**Note:** We of humanity do not have 'spirits of truth'. We are ascending mortals and as such, we are not endowed with a 'spirit of truth'. These spirit forces conspire to enable material man to grasp the reality of spiritual values and to comprehend the philosophy of universe meanings. The sending of the Spirit of Truth is dependent upon the return to universe headquarters of a Paradise Son who has successfully executed a mission of mortal bestowal upon an evolving world.

When the mortal incarnation is finished, the Avonal of service proceeds to Paradise, is accepted by the Universal Father, returns to the local universe of assignment, and is acknowledged by the Creator Son. Thereupon the bestowal Avonal and the Creator Son send their conjoint Spirit of Truth to function in the hearts of the mortal races dwelling on the bestowal world. (The Urantia Book)



### **The Spiritual Age of the next 1,000 years:**

For some time, it may not feel at all spiritual. As past systems fall apart, communities around the world will become very disenchanted. Everything that is founded on the errors of the Rebellion and Default will crumble.

The financial systems of the world are beyond the point of collapse. They have only held together due to the 'guidance' from those within the mind Mansion Worlds and now that guidance is closed off.

The latest update from the Institute of International Finance (IIF) shows that 2017 saw no less than \$20 trillion in global debt added in just one year taking the total to **US\$237 trillion**. In just a decade, the sheer amount of debt added is \$70 trillion. Gross world product in 2018 is projected at **US\$84.38 trillion**.

How is that such a great amount of 'money' has been accumulated in private hands and that ALL of the worlds nations are in chronic debt?

How was it possible that one man funded the European Bailout in 2012, to the tune of an amount in excess of US\$6 trillion? One man! A British Baron!.

How was it possible for **US\$20 trillion** of 'black money' to be washed through the world's banking system with International Monetary Fund, clearance commencing in 2008 and finishing in 2011, all under the oversight of a German Judge and requiring some 100,000 bank wire transfer transactions to complete this activity? This is recorded in what is referred to as the Transaction File.

And we have 2.1 billion people who live on less than US\$3.10 per day, 30% of the world's population living in dire poverty. There are over a billion people without access to electricity. Clean water supply



is in jeopardy worldwide. The health systems of the world are ineffectual, extra-ordinarily expensive and collapsing. Every single day, 1,000 children under 5 die from illnesses like diarrhoea, dysentery, and cholera caused by contaminated water and inadequate sanitation. We have all of this and yet the world is awash with 'money'.

The systems are crumbling, and how they will be revealed is through a combination of disclosures starting with:

Panama Papers  
 Paradise Papers  
 Purloined Papers  
 Pedigree Papers                      all coupled with the Transaction File

These records will bring into disgrace the vast majority of respected pillars of commerce, finance, government and religions. It will be all embracing and all encompassing.

The Deep State controllers of governments will be put aside. Of greater significance will be the revealing of the Hidden Controllers and their tentacles of power, they also will be put aside. What will be amusing to watch is the peoples of Earth become aware of who is bringing about these removals for all of them. Presently, those who are working to dislodge the Deep State and the Hidden Controllers are the most derided and vilified people propagated by the media worldwide. Who controls the media?

Global Warming: This phenomenon is to draw our attention, ultimately, to our Healing. Earth events have increased in frequency and intensity and this will continue for quite some time to come.

During the late 1980's there was a surge of energy into our local solar system. Some refer to this as the Harmonic Convergence. What transpired for Earth was a quickening of the rotation of the core of the planet. This inner rotation quickening has resulted in more volatile surface movements and adjustments. The surface of the Earth has increased in temperature by a little over 1° Celsius as a consequence. This is having profound long term affects, one being the melting of ice. Scientists have noted the increased temperatures of all of our local planets in our solar system, including increased magnetic activity emanating from the Sun, coinciding with the Harmonic Convergence.

Yes, we are to learn how to love and work with our home, Earth, and yes the harm that we have done to Earth will take all of the next 1,000 years to reverse, however, we are and will do so.

### **Focus of Dialogue:**

'By accepting all my bad feelings as they come up, I'm getting better at expressing them all, whilst longing for their truth. And the truth is coming of how badly parented I was, all my repressed childhood yuk is surfacing and I'm speaking it out of me.

'We can become free in a sense, but not free from one's parents. Deep within us, like we all are until we do our Healing and truly free ourselves from our parents, we all feel attached to and so controlled by our parents.



‘None of us can get away from our early upbringing, no matter how far removed we are from our parents; and even when they die, because we’re formed through them, they are intrinsically part of us, and so only our Healing, which brings to light all the effects, good and bad, that our parents had on us, can set us truly free.

‘When we come to do our Healing through our feelings, using our feelings to uncover the truth of our relationship with our parents, then we will understand, then we will see that our parental control is still alive and well within us, and that there is no escape from it; only to become fully aware of it, accepting it, growing with the truth of it, all until such time as God, our Heavenly Parents, says you no longer need such negative, unloving, controlling patterns dictating our life. Then our soul can affect the change in us, that means you are truly set free of your parents and early life, you are free to live the truth that you’ve acquired in your soul through your feelings, which means you will have finished your Healing.

‘Should you do your Healing, you will lessen the impact upon your children and all the negative influences, but as you may not start that until much later in your life, so your children are going to get the full negative impact of all that you and your partner are. It happens at conception, and then it outworks through the formative years and then on to puberty, and even then until your early twenties.

‘The female is closer to her feelings than the male, thus should a couple both engage in their Healing together, it is to be expected that the female will become far more loving before her male counter part may catch up, she is more in touch with her feelings than the male. It is incredible to watch this unfold. The more she’s expresses all her bad stuff out of herself, and the more she has accepted that she is unloving, the more loving she’s become, the opposite of what you might think – and she continues to be very accepting of her partner.

YUK

‘The whole point of it is to fully see and understand and accept how bad we are, to not try and change ourselves using our mind, just to keep allowing our feelings, and mostly our bad ones, to keep showing us the horrible truth of ourselves – that we’re not loving.

‘Over time all the hidden or repressed bad feelings do come out, and you do feel much better for that.

‘It is so hard to do it, it is for me anyway, to talk what’s on my chest, what I’m feeling bad about. It’s too easy to push it aside by thinking about work or something else, not confronting or dealing with it – not facing it; just hoping, I guess, that it goes away. This is because of how we have all been brought up, we’re all heavily programmed that way.

‘All we are, is denying parts of our self, parts of our true self, and that’s shown by our denying our feelings. If we’re denying one feeling, not expressing our self fully and truly, so not expressing that one feeling, then we’re being unloving to ourselves, we’re hurting ourselves, and at some point we all have to ask ourselves: do we want to keep living hurting ourselves, doing this really bad thing to ourselves in denying our feeling expression, something that’s only going to make us sick – which is why everyone is sick. We only get a cold because we’re denying so many bad feelings. For some who have been working on themselves like this, they have not had a bad cold. They get the feeling like it’s coming on, but it hasn’t because they have been able to express out of themselves all that’s causing it.

‘It’s all the repressed bad feelings from our early life that are trapped within us that are what’s really making us sick and giving us all our problems. So the more we can bring them out by allowing ourselves to feel bad when we do, our feelings now connecting us to our repressed feelings back then, when we express them; and all the while longing for and wanting to see the deeper truth and reasons

why we're feeling them – what went on between us and our parents; then when the truth comes, we're free of them, and the sickness or problem goes. And it's incredible how the problems and pains do go, it really works, there have been so many experiences of this.

'Feeling Healing is about stopping hurting ourselves?

'All we do to another, we're really doing to ourselves, this being what has come to light, and it's all that was done to us. Our parents were in a bad state when they had us, just as all parents are currently on our world. And all because of how they were treated. So their children, the very one's they want to love or believe they should love, and because their children are in a way, part of them, or like an extension of them, don't behave as they think they should. Their children are wilful and often expressing that will against or seeming to be in opposition to them. But it's all only because we as children learn the ways of our parents, we take it all on, so what they did to us, we keep doing to ourselves, which in turn we do to our children. And you get to see all this, all the patterns for how it was for you, through your Healing.

'So when we are horrible and unloving to our children, then we can see through our feelings the truth that we're also being the same way to ourselves, it being the same as what our parents did to us, which we're still doing to ourselves.'

The above comments have been adapted from the novel, "Tommy and the Healing Sanctuary of Light" by James Moncrief.

**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**  
(Passage in blue calibrates on the Map of Consciousness at 1,500)

### Summary:

To engage in one's true healing is to embrace one's Feelings First. Our feelings are the source of truth, through this truth one's mind is to enable the implementation of what is discovered through one's feelings. We are to always long for the truth of our feelings. The truth behind our feelings will be shown to us. This is in regard to all feelings, both good and bad.

As we discover the truth behind our feelings we will progressively reveal to our selves our true personality. We are to express our true personality as this is the personality we are known by with our Heavenly Parents. We are to drop the persona that our physical parents imposed upon us, such persona being further distorted by other carers during our forming years, then by our educators through the

various education platforms that we may have embraced, then our religious and spiritual institutions. This is further complicated by our employees and local, state and federal governments. We are continually being subject to the control imposed upon us by others, all taking us further away from the personality vested within us by our Heavenly Parents.

We are to return to our true personality and that is only possible through Feeling Healing. This process now has been demonstrated and shown to us by an Avonal pair. They have the spiritual authority to make this revelation and now they have. For the first time in the history of humanity we have the teachings as to how we are to live. Feeling Healing is a way of living. Feeling Healing does not entail any dogmas, creeds, rituals, unusual ways of dressing, hierarchy or any manner of control whatsoever! Feeling Healing is what we will ALL undertake, it is only a matter of when we might choose to do so, either here in the physical or within the spirit worlds.

Feeling Healing is not a religion, it is a way of living.

Should we embrace our Heavenly Parents' Love, the Divine Love, then with Feeling Healing we are then Soul Healing. It is through the combined natures of these two Revelations that we will progress through the Healing Worlds, referred to as Divine Love Mansion Worlds 3, 5 and 7. Upon completion of this process either here in the physical or within the spirit worlds, one will eventually become at one with our Heavenly Parents, that is, our Indwelling Spirit will fuse with our soul. Upon the culmination of this process one is then fitted to enter the Celestial Heavens, the first being numbered 8, and one of three spirit worlds making up the Celestial Heavens.

There is no other way to achieve this progression. This is what was introduced to us in the first century, however it is only now that it has been demonstrated and written down for all to become aware of.

This is the subject of the Great Dialogue that will unfold over the next 1,000 years, the next spiritual age.

**This time, in the history of humanity, is the most exciting time ever experienced.**



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



# Seven Spirit Earth Planes

We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then, when we die, we move into one of the seven Mansion Worlds, which can be likened to probationary worlds; worlds in spirit through which we correct all that's wrong within us. This includes if we've hurt other people or creatures very badly, we need to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, or the same as, Earth, whereas the geography of the seven Mansion Worlds is unique to each world. So on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So these seven other dimensions, all focused on your home – a lot could be going on! However more than likely the reality is, the lower two Earth plane hells have spirits congregating in the darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. Whilst the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes, although each being separate from each other and the physical Earth, and not interfering or influencing each other, still have some bleed-through of energy, thus affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities, not unless the higher angelic light was in some way, to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane, Hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which is relatively harmless other than in exceptional cases. And mostly, we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get as close to us physically as they can, is done so by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance in the various Earth planes and unbeknownst to you – dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation; you might have nature spirits there as well; you will have your attending angelic pair together with other angels; and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development; and then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the Hell planes should the spirits want to get as close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth. They are able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light in order to keep them at bay.



It should be noted that to qualify for life in the Hell planes comes about because of the state of ‘hell’ that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain and taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we’re suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to ‘balance the books’ so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, ‘paid for their spiritual crime’ against the will of another, then they are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow during the time of ‘paying the price’, they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and ‘do their time of suffering paying for their crime against another’ will be applied to and on Earth. So many bad people will suddenly be forced into the ‘hell of their own making, the hell that resides in them’. So doing some or all of their ‘Hell Time’ whilst on Earth, then completing it when they get to spirit by having to enter one of the two Hell Earth planes, or no longer needing to spend any time in them if they’ve ‘served their time for their evil crime’ when on Earth. Should the ‘earthing’ of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change here on Earth, with anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad things you have done, coupled with pain so bad and so ongoing that you enter into a state of perpetual begging for forgiveness and to be released from your suffering, that very same suffering you caused another person or creature to suffer.



# Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1<sup>st</sup> plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities, however there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7  
6  
5  
4  
3  
2  
1

7<sup>th</sup> Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6<sup>th</sup> Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5<sup>th</sup> Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4<sup>th</sup> Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3<sup>rd</sup> Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2<sup>nd</sup> Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1<sup>st</sup> spirit Mansion World.

1<sup>st</sup> Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



All levels of existence  
coexist in the same space.

You may reach out  
and shake hands with  
all levels of existence!

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



**M&F**



**J&M**



**AVO**

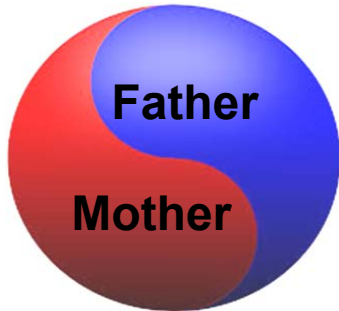


**HUM**

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

**WE ARE Children of God**

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

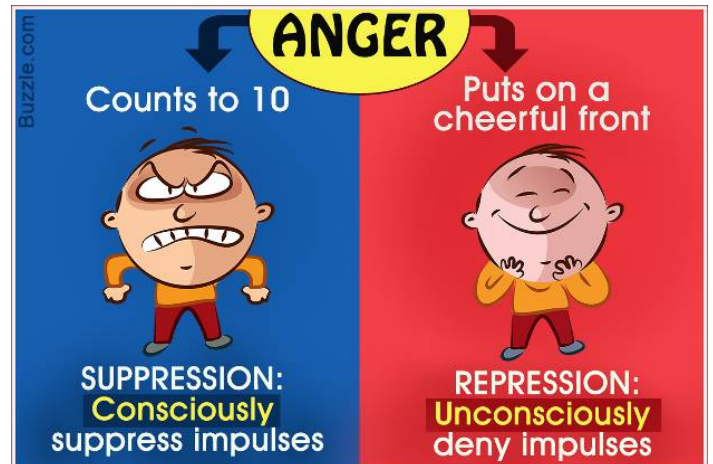
31 May 1914 and ongoing

## Suppression and Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feelings of feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

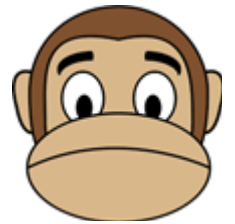
And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on Earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



**And to spiritually help us, we are to understand:**

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime to help us with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind-controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth

they are to show us, and that will break down our controlling mind, setting us free to live true to our feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

**Long for the truth of your feelings.**

**Long for the Divine Love.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## It's time for the true Woman's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you do, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of you, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

<http://www.pascashealth.com/index.php/library.html>

## Library Downloads – Pascas Papers

All 550+ papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

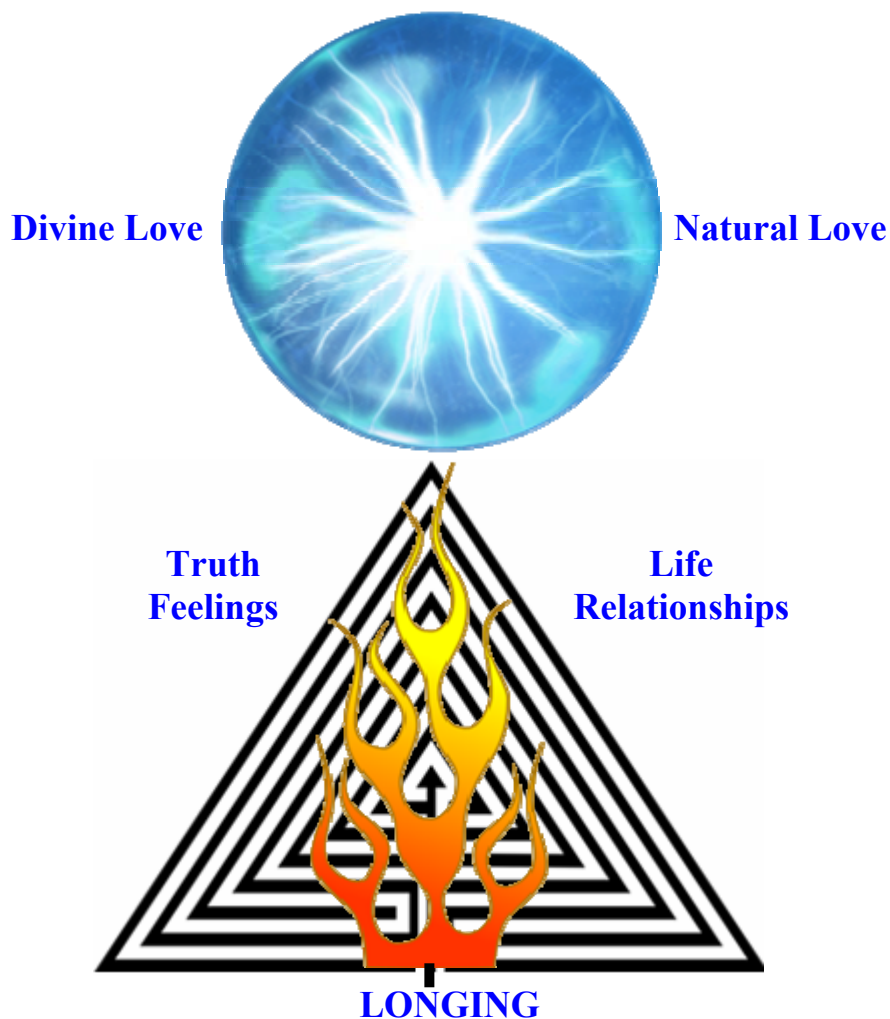
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.





**JAMES** PADGETT MONCRIEF  1 Commenced 1914  
2 Completed 2014



**1** Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.



**2** Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

# Feelings First Spirituality

Uncovering the truth of yourself through your feelings  
 Finding the truth of yourself through your feelings  
 Discovering your true-self through your feelings  
 Looking to your feelings for the truth of yourself  
 Looking to your feelings for your true self  
 Expressing yourself through your feelings  
 The New Way, Feelings First Spirituality  
 Your feelings are The Way  
 You Are Your Feelings  
 Follow your feelings  
 I am my Feelings  
 My Feelings are Me  
 Feelings before Mind  
 Don't deny one feeling!  
 I love ALL my Feelings  
 Attend to your Feelings  
 Feelings before thoughts  
 Honouring your Feelings  
 Stay true to your Feelings  
 Feelings First, not your mind  
 Live Life Through Your Feelings  
 Your destiny lies within your feelings  
 Banishing feelings is banishing yourself  
 We get ill because of unexpressed feelings  
 Ignoring your feelings is ignoring yourself  
 Self-Hatred is the rejection of your feelings  
 Kill your feelings and you're killing yourself  
 Deny your feelings and you're denying yourself  
 Your Feelings are far more important than your thoughts  
 Live True to your Feelings and Long for God's Divine Love  
 Are you in denial? You are if you're denying your feelings  
 Long and pray for God's Divine Love with feeling  
 Your Feelings are the expression of your soul  
 Want to be with God through your feelings  
 Allow yourself to feel ALL your feelings  
 God responds to Feelings, not thoughts  
 Feelings are the way to true happiness  
 Finding God through your Feelings  
 It is with feelings that you feel loved  
 Strive to Feel ALL your Feelings  
 Don't push your feelings away  
 It is with feelings that you love  
 Feelings lead you to God  
 Feelings are The Way  
 Feel!

## Concept Paper for Commonwealth Conference, April 2018

We are witnessing a period of tumultuous change across the globe. Driven by factors such as the far-reaching impacts of climate change, political and economic upheavals of Brexit, US withdrawal from international leadership coupled with the rise of Chinese transnational organizations, persistent international terrorism, and widening political and social polarisation, this wave of change is restructuring how the world works.

What is the role of the Commonwealth of Nations in these changing times? This conference will explore the normative and practical leadership roles of faith communities, universities, and the Commonwealth of Nations itself under the theme: “Sustainable Peace and Development in a Polarising World: Perspectives and Contributions from the Commonwealth of Nations.”

Based on the successful precedents of events organized in conjunction with the G20 and G8 Summits, it is clear that input from a broad range of voices strengthen international decision making. This conference will assemble experts from around the Commonwealth as part of the activities surrounding the Commonwealth Games on the Australian Gold Coast in April 2018.

### Conference Title and Subthemes

The overarching theme for the inaugural Commonwealth Conference is: “Sustainable Peace and Development in a Polarising World.” In order to draw on the diverse backgrounds and interests of our various constituencies, the conference will be over three days. Specifically, we will begin on the first day with an opening inaugural session on the evening participants arrive, followed by two days dedicated to discussions and dialogue with internationally recognised leaders from business, politics, media, education, religious communities and civil society.

Conference presentations and working group sessions will focus on the following themes:

- Role of Commonwealth of Nations Today
- Academic Freedom and Extremism: How to support free thinking while combating extremists
- Interfaith / Intercultural Dialogue and Economic Development
- Sports and Interreligious Understanding
- Conflict Resolution
- UN Sustainable Development Goals
- Religious Strategies for Countering Youth Radicalization
- Regional Working Group Sessions (emerging from the ongoing planning process)

In each of the foregoing areas, experts from a wide range of religious, national, political, commercial and academic backgrounds will be brought together to raise the level of discourse on the relevant issues and to develop practical recommendations. The aim will be to explore ways that these institutions can assume responsibility and contribute distinctive ideas and solutions that can interact with and reinforce the efforts of public and civil society institutions.

Venue location: Centre for Interfaith & Cultural Dialogue  
Griffith University, 170 Kessels Road, Nathan, Queensland 4111, Australia

**COMMONWEALTH CONFERENCE 9 – 11 APRIL 2018**

<b>DAY ONE</b>	<b>9 April 2018</b>	<b>Participants</b>
16:30 TO 18.00	Registration and reception prior to conference dinner	All delegates
18.00 TO 21.00	Conference dinner : Sustainable Peace & Development in a Polarising World Setsuko Thurlow, Cesar Jaramillo, Ray Acheson, Brian Adams Entertainment: Kinetic Collective	
<b>DAY TWO</b>	<b>10 APRIL</b>	
Day Two		
A: The Past and Future Commonwealth		
8.30 TO 10.00	Opening Plenary: The Commonwealth as a “Workable World” Model Keith Best, Florencia Gor, Derek McDougall, Pat Weller	
10.00 TO 10.30	Morning tea	
10.30 TO 11.30	Plenary Session: The Commonwealth: Governing for Sustainable Peace and Development. Keith Best, Lemu Taefu, Sherrie Steiner	
11.45 TO 13.00	First parallel session A: Contextualising Sustainable Peace and Development in the Commonwealth Carol Angir, Nur Hidayah, Munir Khasru, Caritas representative	
11.45 TO 13.00	First parallel session B: Plurality or Polarity: Diversity Across the Commonwealth Des Cahill, Paul Morris, Izichi Ituma	
13.00 TO 14.00	Lunch break	
Day Two B:	The Commonwealth and Interfaith Dialogue	
14.00 TO 15.30	Plenary: Religious Leader Engagement Steve Moore, Collin Acton, Ants Hawes, John Saunders	
15:30 TO 16:00	Afternoon tea	
16.00 TO 17.30	Second parallel session A: Sustaining Peace and Development: Role of Interfaith and Intercultural Dialogue Fabrizio Carmignani, Upolu, Vaai, Sven Schottmann	
16.00 TO 17.30	Second parallel session B: Challenges to Peace and Development in the Commonwealth Cesar Jaramillo, Gerhard Hoffstaedter	
17:30 TO 19:00	Free time	
<b>DAY THREE</b>	<b>11 APRIL</b>	
Day Three A: The Commonwealth, Peace and Security		
8.30 TO 10.00	Opening Plenary: Reconciliation Across the Commonwealth Leah Gazan, Joseph Hongoh, Muir Khasru	
10.00 TO 10.30	Morning tea	
10.30 TO 11.30	First parallel session A: Women of the Commonwealth Leading Peace and Development Jan Christie, Carol Angir, Nur Hidayah, IEP representative	
10.30 TO 11.30	First parallel session B: Youth Contributions to Religion & Sustainable Development in the Commonwealth Laiqa Kumar, Azizah Mutik, Hassan Saeed, Lina Salim, Yaqeen Sikander, Abbas Panakkal	
11.45 TO 13.00	Second parallel session A: Muslims Building Peace and Security in the Commonwealth Rabia Siddique, Munir Khasru, Adis Duderija, Ahmad Yousif, Sheikh Bukhari	
11.45 TO 13.00	Second parallel session B: Religion, Sustainable Peace and Development Swami Sadyojathah, Ezichi Ituma, Paul Morris, Mahinda Deegalle	
13.00 TO 14.00	Lunch break	

Day Three B: The Commonwealth and Sustainable Development

14.00 TO 15.30	Third parallel session A: Sustaining Peace and Development: Role of Interfaith and Intercultural Dialogue Elizabeth Krishna, Sheikh Bukhari, Ven. Shueh Shan
14:00 TO 15:30	Third parallel session B: The Commonwealth: Governing for Sustainable Peace and Development Lemu Taefu, Sherrie Steiner
15.30 TO 16.00	Afternoon tea
16.00 TO 17.30	Afternoon Plenary: Sustainable Peace and Development: Who Leads? Joseph Hongoh
17.30 TO 18.00	Plenary closing session

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light and Sage – and the Healing Angels of Light</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**



**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**[PASCAS – document schedule.pdf](#)      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women’s Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**

