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20 November 2018

## FINDING SANITY

We look around us, worldwide, and we observe universal insanity. Every aspect of our lives is touched with gross stupidity if you don't want to call it insanity.

Everyone is grossly stressed and tensions are everywhere. Why?

We are so-called "advanced societies" and yet it is universal chaos. It is universal slavery to one's mind. We worship our minds.

However, our minds cannot discern truth from falsehood. Further our minds are addicted to control.

A note from a Melchizedek:

Zelmar wrote on 11 March 2017:

"Humanity is so shut off to anything that one's feelings provide, you are all but minds robotically carrying out instructions, nothing is fluid, intuitive and feeling-free. Your whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures. Look at how difficult it is for people trying to live a different way, one that is 'off grid', they are not supported, and are even looked down upon. You all have to conform, be programmed at home and school, all so you can keep being controlled. However the controllers don't understand they are controlling themselves far more than they are controlling others, so they will be increasingly marginalised unable to see out of the confines of their own box. So they will literally be passed over, passed by, by people seeking to live true to themselves through their feelings."



Is this what we call 'communicating and connecting'?



Why do we not live through our feelings?

# MIND Worship



Why did we abandon our feelings? Well, more to the point, what brought about the suppression of our feelings and our way of living becoming mind controlled? Further, how did it come about that women were subjugated by men?

And now men have turned life on Earth into a living hell! For what purpose and how did that come about?

Humanity is subjected to the minds of 'numbnuts' when through our feelings, one can live in truth and with love that is profound and ever advancing. We are self-contained. Through our feelings we find truth. Truth is love. By living through our feelings we are living in the manner that our Heavenly Mother and Father desire that we are to live – by living through our feelings, true to ourselves we are living true to our Heavenly Parents.



**numbnuts**

# Insanity Of Humanity

## The Rebellion and Default.



“Way back in humanity’s history, spirits (The Evil Ones) higher than us and part of Nebadon’s universal hierarchy, rebelled against Mary and Jesus and denied the existence of a loving Soul Mother and Father. They came to Earth, and other higher spirits who were already here and supposedly who’s job it was to help humanity evolve and grow to love God joined them, and together they set about controlling us and corrupting our minds. They in effect turned our ancestor’s minds and wills against themselves. They wanted humanity to serve them and not live loving, free lives with God. Their influences were severe and we’ve lived many generations perfecting our negative, mind controlled states of self-denial.

“After the Rebellion and added to it, was what is called the Planetary Default of another two higher spirits who came to Earth to help us, Adam and Eve (or who they represent). These two spirits were corrupted by the other higher evil rebellious ones and unwittingly coerced into default. They didn’t outrightly and willingly accept the Rebellion, choosing to join the rebels, but they were unconsciously led astray bringing about their Default. So what this means is: we are similar to them. Eve and Adam represented the perfect mother and father to whom all parents could have aspired. But now all parents follow them, living the Rebellion by default – unconsciously parenting their children into the Rebellion by default.

“As adults we are ignorant of the negative influences we’re living; what we’re doing to ourselves, and how we are living in a whole society and culture of self-denial. Life is not good for us unless we are in a power position. We are all striving for power in some way, but this is an untrue way to live, because, as I’m sure most of us can testify, power (what we think and believe it to be) doesn’t actually make us feel good. In the end you still wonder why you feel bad even when you have all the power you do.

“So unconsciously we influence and subject our children to the same negative pressures and influences Adam and Eve were subjected to and with the same end result. Unwittingly we make our children deny themselves their full soul expression **by default**. We make them suppress many of their feelings when they are very young, and we make them join us in our negative states so they can continue repressing and denying themselves.

“We do this because we want to gain power (because we feel so powerless). We parent, having power over our children, making them feel powerless. And so the whole negative mind state has been passed down generation after generation. And humanity, through all the ages has wondered why it feels bad and why life doesn’t seem right, and has wondered endlessly how to fix it. But without Mary and Jesus’ higher help (higher in truth than the original misleading rebellious spirits) we can’t work it out and we never will. However, now with their help, we can.”

Introduction Course to Divine Love Spirituality by James Moncrief

**LUCIFER REBELLION HAS ENDED, and now REVELATIONS for HEALING are HERE:**



**Lucifer soulmate pair**



**Satan soulmate pair**



**Caligastia soulmate pair**



**Daligastia soulmate pair**

**Lucifer** soulmate pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they spectacularly failed.

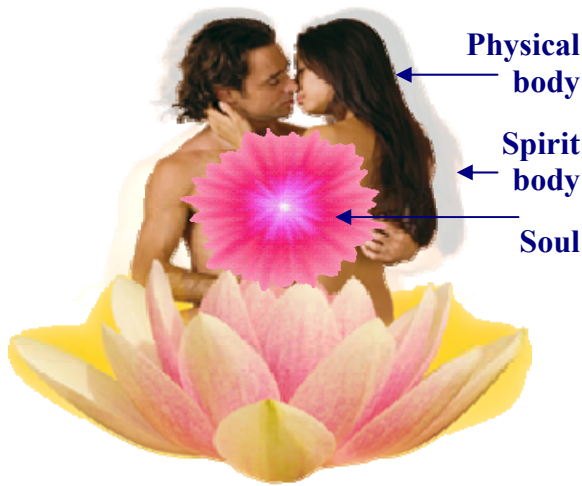
About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on Earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

**Caligastia** had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

**Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!**





# First Parents being First Ensouled Humans

Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the Earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

# REBELLION



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

# DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

# BESTOWAL

# REVELATIONS

× 2

## HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

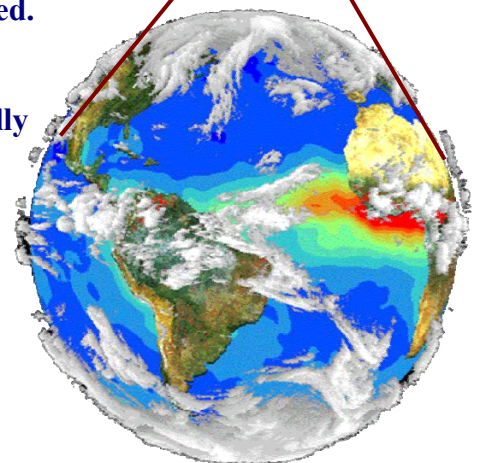
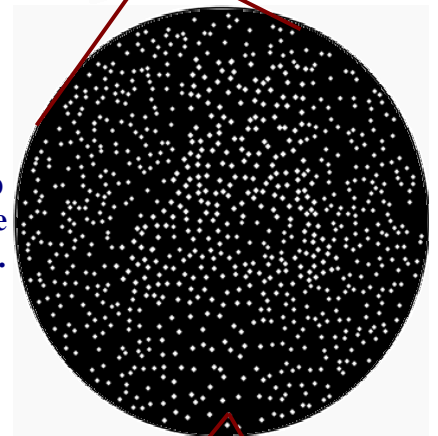
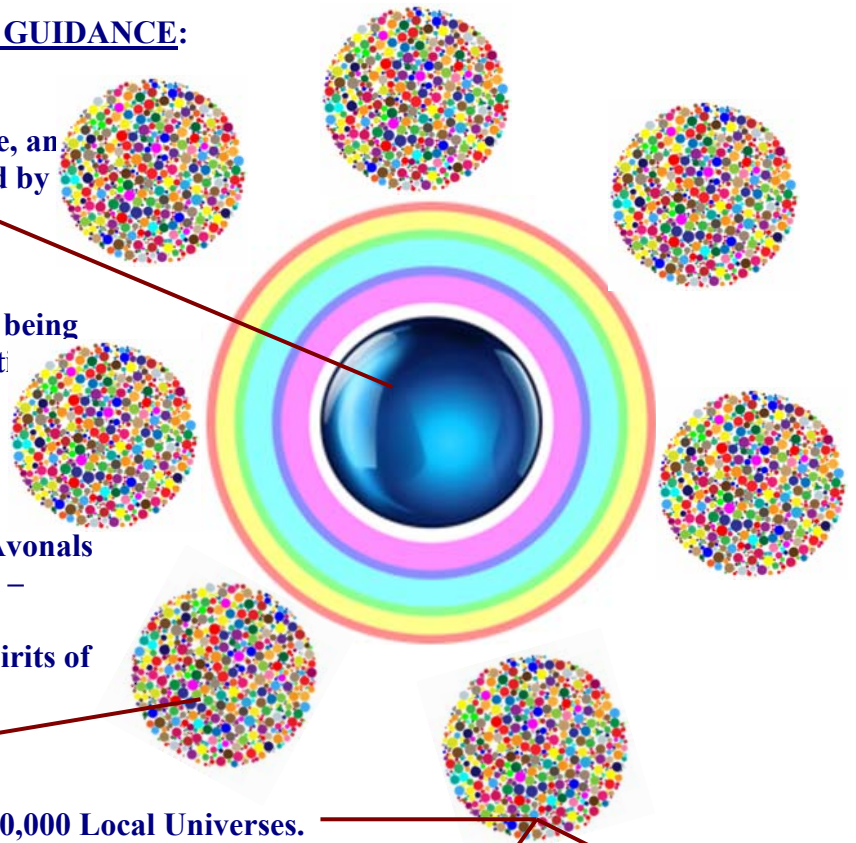
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



## Local Universe Personalities have Freewill.

There are various groupings of personalities that have specific roles and these Local Universal personalities include among others: Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth and they are not from Paradise.

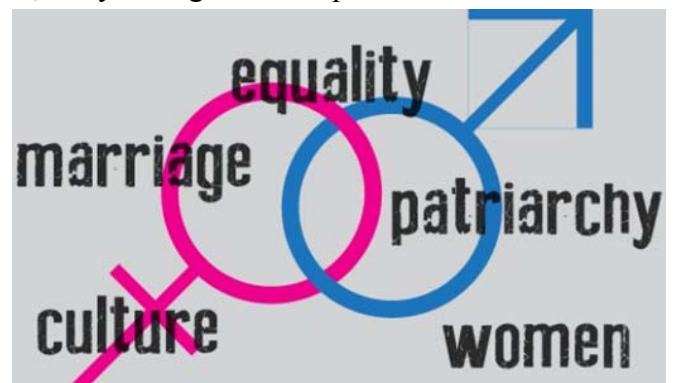
Those personalities who are from Paradise, the home of our Heavenly Mother and Father are the:  
 Creator daughters and sons – Michaels  
 Magisterial daughters and sons – Avonals

These have spirits of truth which can be released to assist the humanities on assigned, inhabited worlds.  
 Trinity Teacher daughters and sons – Daynals – and others.

These do not have spirits of truth for release.

From within the Lanonandeks, assigned to over-see the system Satania, which includes Earth (Urantia), were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs. Further, Adam and Eve are Material son and daughter. All have failed in their assignments, hence the humanity on Earth has been misled for 200,000 years – that is why we are all essentially ‘insane’!

Lucifer and his soulmate, with their deputy Satan with his soulmate, had spiritual “oversight” of the System of 1,000 inhabitable planets called Satania. During this period Lucifer became disillusioned with the management of the Local Universe, Nebadon, which was overseen by Jesus and Mary who are the spiritual parents of the 10,000,000 inhabitable planets, as well as being disgruntled by the invisible Heavenly Parents who never leave Paradise. Some 200,000 years ago Lucifer persuaded the inhabitants of 37 inhabited worlds within the system of Satania to embrace their minds as being the pathway to becoming mini-gods, and in so doing, caused men to make women subordinate to them – in other words men SUBJUGATED almost ALL WOMEN. Thus for 200,000 years all of humanity has been enslaved to their inadequate minds while men have also been subjecting women to the control of men. All a disaster of disillusionment. **Women are closer to their feelings and should they have been allowed their free will then the women would have put an end to this insanity.**



The Rebellion was compounded by the Default that occurred more than 38,000 years ago. This was the bestowal of the Adamite soulmate pair, Adam and Eve. No, they were not our first parents. More fake news! Our first parents were Andon and Fonta, also referred to as Aman and Amon, who lived on Earth nearly 1,000,000 years ago. They were the first to have a longing for our Heavenly Parents, our Mother and Father in Paradise. The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment, and with our Mother and Father. There is lots to it!

**“The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

**“When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God’s Will. We live God’s Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God’s Way.**

**“Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.”**

Nanna Beth 29 June 2017 and 20 March 2018

Presently, humanity of Earth is yet to become aware of Living Feelings First, then engaging in Feeling Healing, and then embracing Divine Love with Feeling Healing to do their Soul Healing.

**Even Isolated Indigenous People Are Subjected:**

Wednesday, 28 February 2018

John the Typist: My feelings have been that the Australian Indigenous peoples are also subject to the Default. The Urantia Book (TUB) suggests that the Default by Adam and Eve was about 38,000 years ago, whereas the Australian Aborigines appear to have become isolated here some 60,000 years or more ago. That suggests that the Default may have been a lot longer ago than what The Urantia Book suggests. What timings should we consider for these events and how were the Aborigines impacted by the Default? Similar scenarios may apply with other isolated older cultures also.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Everyone on the world since Jesus and Mary’s time have been completely bound – conceived into – the full Default and Rebellion. Pre Mary and Jesus, there were isolated pockets of less impact from time to time, not a thorough mixing, but since their time, everyone has been of it.

The Australian Aborigine was isolated from time to time, however enough outside contact was maintained to ensure the genetic transference of the Default affected all communities, and then you must remember there have always been fallen angels and mind spirits working on people from spirit (the angels up until Mary and Jesus). So psychologically and genetically, the effects of the Rebellion and Default have been well dispersed and thoroughly integrated.

And in fact it’s been the unseen work of the mind spirits that have done the most damage, as people in spirit have naturally wanted to ‘bring their people up to speed on Earth’, so even though considered ‘primitive’, no indigenous peoples were left out of it, particularly as the Caligastias and Daligastias saw to it that everyone was under their control.



**Why did the Lanonandek Daughters and Sons rebel? Being the Lucifers, Satans, Caligastias and Daligastias soulmate pairs.**

James Moncrief Monday, 12 November 2018

Re The Urantia Book (TUB): there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, how to do that is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher help comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minister, create, or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestial spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and in through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need

for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't, rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our cases, also default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Neadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam (Material daughter and son), we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true, we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then here on Earth we'd still have now the Daligastias as well as Eve and Adam, still helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to – knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us towards Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Nabadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nabadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who would be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

**PEACE and HARMONY or CONFLICT and WAR:**

MAP OF CONSCIOUSNESS	
Level	Log
At-onement Transition	1080
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

**Council of Elders**  
being those at-one with their  
Indwelling Spirits.



Humanity that is above 500 on the Map of Consciousness scale is Feelings First orientated.

Conflict does not occur amongst these people. They engage with their soul based truths. Below 500 one is predominantly mind orientated!

Presently, humanity calibrates overall at around 212 and is engaged with their wayward, controlling, addicted minds. Through living feelings first with one's mind subordinated thereto, humanity will universally progress beyond conflict of any kind, particularly war.



Below 500 we have: ↓



### **A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:**

One's soul condition has a direct relationship with all facets of living. To grow and improve our soul condition is the greatest gift we can give to ourselves as it has universal benefits that last for eternity. This is achieved by living Feelings First, then by embracing Feeling Healing we're repairing the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are within the lowest two brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Then review the subsequent table for rate of unemployment, rate of poverty, rate of criminality, and happiness rate 'life is okay':

<b>MoC</b>	<b>No. of Countries</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Per Capita Income 2013</b>
<b>400s</b>	<b>10</b>	<b>406</b>	<b>78.50</b>	<b>US\$46,690</b>
<b>300s</b>	<b>13</b>	<b>331</b>	<b>71.77</b>	<b>US\$20,508</b>
<b>200s</b>	<b>10</b>	<b>232</b>	<b>69.45</b>	<b>US\$14,927</b>
<b>High 100s</b>	<b>18</b>	<b>176</b>	<b>69.00</b>	<b>US\$12,283</b>
<b>Low 100s</b>	<b>7</b>	<b>129</b>	<b>61.88</b>	<b>US\$6,560</b>
<b>Below 100</b>	<b>11</b>	<b>66</b>	<b>52.73</b>	<b>US\$5,500</b>
<b>WORLD</b>		<b>212</b>	<b>70</b>	<b>US\$13,100</b>

<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate "Life is OK"</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

# MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

**PERSONALITY TRAITS:**

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

**HUMANITY is within a kind of dormancy, or even more like a stupor!**

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018

**The Control of Humanity has been on Every Level.**

The Lucifer and Satan soulmate pairs oversaw the seduction of humanities on 37 inhabited worlds within the System of Satania. Earth was the only one to be subjected to the Default by the Adam and Eve pair. For 200,000 years they had their way until Jesus and Mary achieved their full regency of Nebadon and that resulted in the arrest and transfer to a spirit prison world of the Lucifers and Satans. However, their deputies, soulmate pairs Caligastia and Daligastia continued with administration of the Rebellion and Default until the Avonal pair, now on Earth, commenced their Feeling Healing, and then they were also arrested and transferred to the spirit prison world in the early 1990s.

**SPIRITUAL UNIVERSE CAMPS**



Celestial Spirits, since 22 March 2017, now control all spirit communications.



religious / education group }  
political group }  
power control }  
economic system group }  
these spirits used to control the governments on Earth – they are now blocked  
very low truth individuals – criminal intent

Malevolent spirits no longer have the power to influence us on Earth.

Following the removal of these four Lanonandek soulmate pairs, the malevolent spirits from the mind spirit Mansion Worlds continued on influencing those in the physical who were and are embracing their mind’s controlling passions. Many have found their ‘intuitive’ capabilities profoundly wonderful in guiding them to every increasing control and wealth – until now!

As the Avonal pair progress with their Feeling Healing and reach milestones, the authority passed to Celestial spirits within the Celestial Heavens continues to be further expanded. On the 22 March 2017, the Celestial Spirits were granted authority to block communications between malevolent spirits and humanity on Earth.

To carry out the Lucifers’ dirty work, the Lucifers impressed the concept that the society of Jews were the ‘chosen ones’. Since then, their lieutenants, being the Caligastia and Daligastia soulmate pairs, had carried on with the charade. The Caligastias and Daligastias had engaged low level spirits from the mind Mansion Worlds



“Chosen by God,’ eh?  
— What's the catch?”



to continue impressing upon these ‘chosen ones’, the hidden controllers, to enable them to grow their wealth and control. Unfortunately for the hidden controllers, their invisible help and mind brilliance has now disappeared.

“It’s now time for the **Truth to come to light. For two hundred thousand years it’s been kept buried** and people have not been allowed to live it, and everything has conspired to keep it well hidden. But it hasn’t gone away, it can’t, and so just as each person starts to crack themselves open by standing up to their controlling minds by looking to their feelings for their truth, so that’s going to start happening to the world – it’s going to start to face the truth. And a lot of people will be kicking and screaming of course, their power being threatened, however that can’t be helped. And were they to go with those bad feelings seeking their truth, they will be led to see why they want such power anyway; and if they don’t want to use their feelings to uncover the truth of themselves, the truth of why they are feeling them, well they’ll eventually move into the mind Mansion Worlds there to become increasingly isolated.

“The ‘writing is on the wall’ for the mind Mansion Worlds. They are going to become increasingly cut off, we Celestials will ‘wall them off’ from Earth and from other Divine Love spirits who are doing their Healing. However they are also going to be stuffed to capacity with the coming events, and those spirits in them there to live all ‘happily’ with each other, whilst unable to effect anything much of Earth. They won’t even be able to watch so easily as they have, so soon there will be virtually no negative influence coming from them. Commands are to be issued James, which will end such influence from them, and then people on Earth will be completely free to get on and make it as they want, something that’s never happened before as it’s always been pretty much what the mind spirits want, with the mind spirits all being under the control of the Evil Ones.

“And so will come The Cleansing, which I can’t as yet tell you more about, however you can work it out, and so humanity will be purged of the untruth. Mind you, this is all set to occur over some time, however that’s the way it will be, all of which we are going to implement. For as you understand, Earth and the mind spirits have been ‘given to us’ now, the Melchizedeks oversee us, advise us, give us outlines of what we are to bring about, yet largely it’s left up to us; and as I’ve told you before, it’s an incredible undertaking for us all. And you John and everyone else will be playing your parts on Earth, which will continue when you come into spirit, there’s lots to be done now and even more during the next Age, and then we’ll all leave, our jobs will have been done, and it will be for others to take our places and help humanity evolve into its next phase.

“And it’s all programmed in our souls, so although we might seem to be in control behind the scenes, still you will all be led by your feelings and circumstances in life, just as it always has been done, yet this time round it’s all about ending the controlling systems of the Rebellion and Default and putting new ones, and ones based on a higher supportive truth, into place. Pascas is like a new system in that regard, it supports a higher truth, so everyone who aligns with it and the truths within it, even if they have nothing personally to do with it or even know of it, will be ‘doing their bit’.

“And there’s going to be lots of bits, all the erroneous untruth and love-denying beliefs propagated by the religions and superstitions people live, are to be eradicated, they are the real pollution destroying the world and limiting the potential of human nature, and so having been forced to remain grovelling in the gutter for so long, the people of Earth are to soon get a taste of real creative and spiritual liberation.”

Nanna Beth 3<sup>rd</sup> Celestial Heaven 13 November 2018



**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**

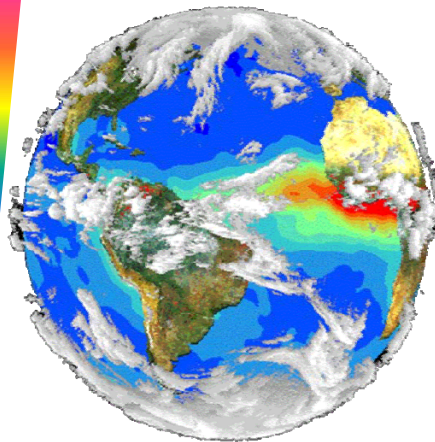
**6**

**NATURAL  
LOVE  
SPHERES**

**4**

**2**

**1**



**7**

**5**

**3**

**Spirit body  
spheres are  
1 – 7**

**DIVINE  
LOVE  
SPHERES**

**Earth sphere is for  
the physical body.**

WOMEN are OUR SPIRITUAL LEADERS!

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home

We men generally CAN'T do our Healing by ourselves, we need the help of a woman and / or women.

Women ARE the true spiritual leaders, they ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.

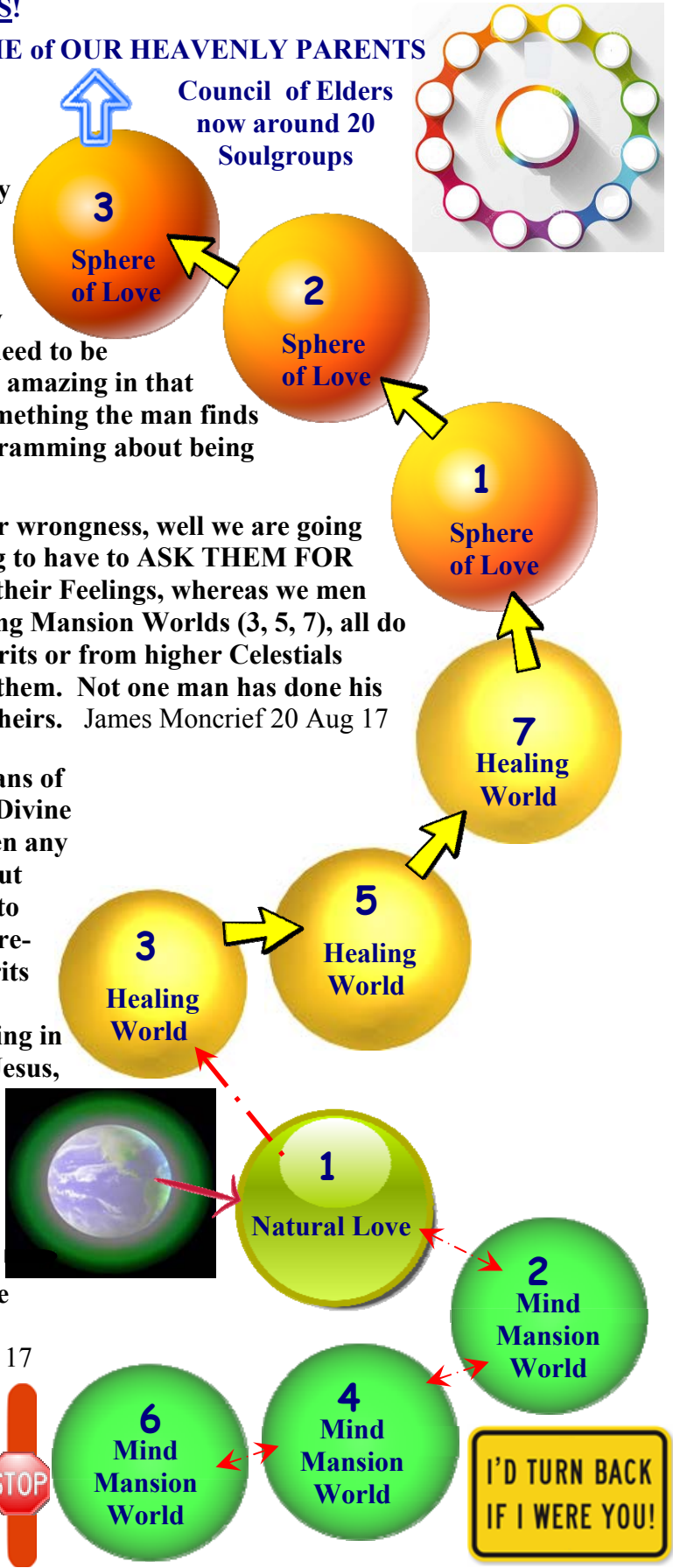
If we men want to ever Heal ourselves of our wrongness, well we are going to have to fully honour women, we are going to have to ASK THEM FOR HELP. Women innately know the Way of their Feelings, whereas we men don't. Men spirits in the Divine Love Healing Mansion Worlds (3, 5, 7), all do receive help from fellow Healing women spirits or from higher Celestials (Sphere of Love 1, 2, 3). They all do, all of them. Not one man has done his Healing as Marion or Samantha are doing theirs. James Moncrief 20 Aug 17

The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause.

And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.

Helen 20 Aug 17

The 1<sup>st</sup> and 2<sup>nd</sup> natural love mind Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



**MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 20 Soulgroups



Rebellion and Default officially ended 31 January 2018

Camera Crew



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.



## Oh what a Mess we are in!

Dr David Hawkins' kinesiology research reveals that 78% of the world's population calibrates under 200 on the Map of Consciousness. That is, 78% of all people are in a soul condition that is living in hell while being here on Earth.

Only 4% of the Earth's population calibrates over 500 – that is being in a condition slightly above the 1<sup>st</sup> natural love spirit Mansion World.

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
<b>World wide average</b>	<b>212</b>

Only by beginning to live Feelings First does one have the potential to break out of the 1<sup>st</sup> spirit Mansion World soul condition. Very few achieve the condition of entering the 2<sup>nd</sup> or 3<sup>rd</sup> Mansion World soul condition. The 2<sup>nd</sup> Mansion World / sphere is where one continues to perfect their natural love through their controlling mind and in doing so they are going the wrong way – further away from our Heavenly Parents. By embracing one's feelings, their soul-based truth and intelligence, with Divine Love then they are heading in the right direction and entering the 3<sup>rd</sup> spirit Mansion World.

We have been taught, generation after generation, to embrace our control addicted inadequate minds. This has caused us all to live life in a stupor.

Hawkins observations are that humanity overall has calibrated around 190 for most of the years after the time of Jesus and Mary. It is only during the lives, that are presently in progress, of the Avonal pair that humanity's calibration has jumped to 212. The Avonal pair are yet to complete their healing and the question remains open as to whether they will engage in a public ministry.

Meanwhile, the Avonal pair have provided the understanding and teachings for us to embrace our Feeling Healing and with Divine Love, our Sour Healing.



# TRUE LOVE

Presently, no one on Earth has experienced True Love. To do so, one must reach Celestial soul condition and this requires one to complete their Feeling Healing with Divine Love. When the Avonal Pair complete their Healing, they will be the first people in the whole history of humanity to do so. Jesus and Mary Magdalene where both born free from error and did not have to do their healing as they were Divine all their lives. As a point of interest, Jesus and Mary were both first born into their families and they both died virgins! The Church got the wrong Mary as the virgin. Well the Church has got most things wrong!

**Now, what do we have to address?**

### Some Numbers:

Currently, each year we have:

- 130 million live births
- 44 million abortions
- 50 million or so miscarriages

224 million conceptions / incarnations  
per annum.

Just to step back a little to the above statistics. For each abortion there are at least two adults involved. As there are 44 million abortions each year, then 88 million adults may be involved in that process. That could mean that two out of every three live births, that is 66% of adults, become participants in abortion.



When is a soul irrevocably incarnated? It is when the foetus begins to pump blood through its heart and that is typically day sixteen (16) from the moment of conception. Abortion results in the child being spirit born, that is born into the 1<sup>st</sup> spirit Mansion World. Life goes on for the unborn child without a physical experience.

**However, from the influences of the parents, it is very true – Like Father Like Son – Like Mother Like Daughter!**

Want to know the truth about the war in Syria?

There are fifteen different factions practising their ‘excellence’ in slaughtering each other. Even boys are killing each other. What will they do when they are finished with each other?

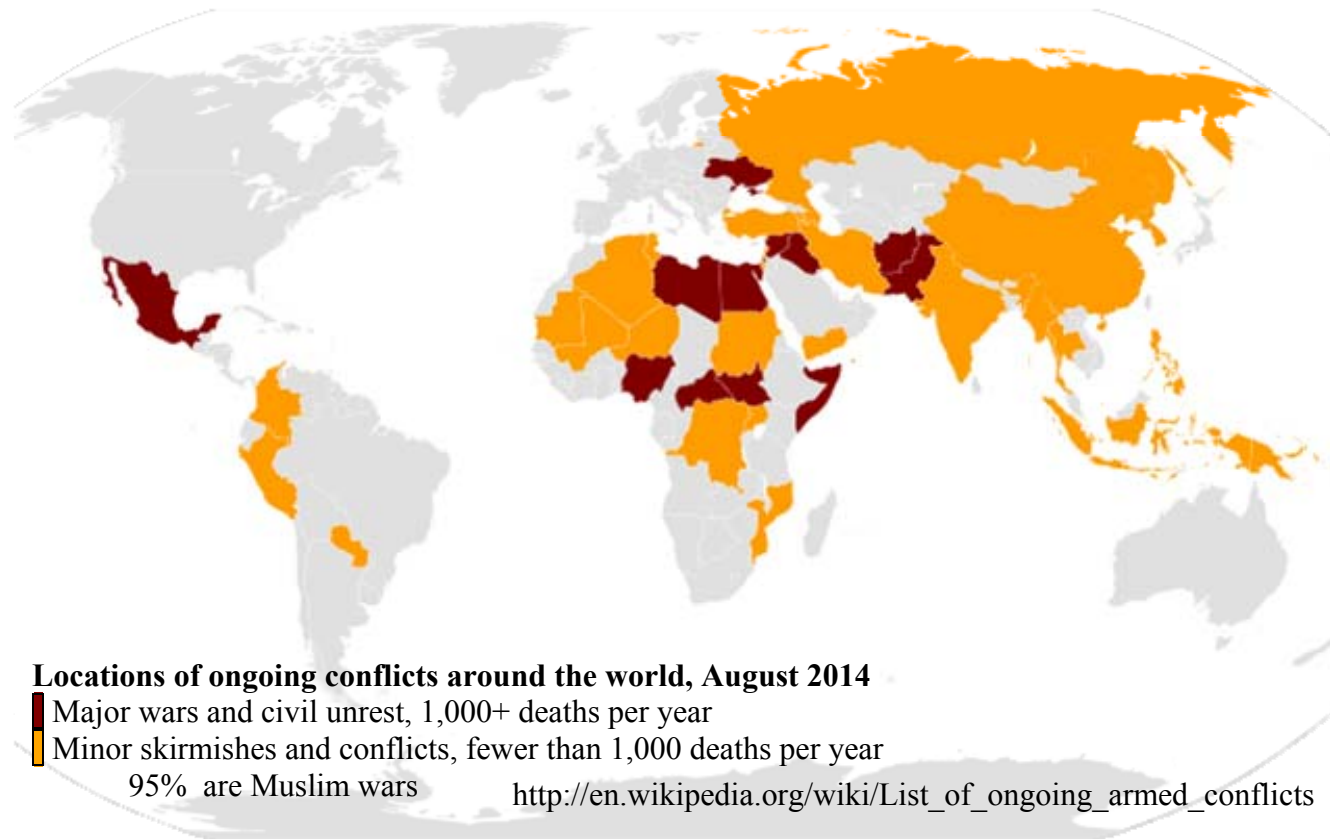
Humanity on Earth considers war to be ‘socially acceptable’! That is beyond comprehension. Of the 37 worlds that joined in the Rebellion, only humanity on Earth considers war to be socially acceptable. Throughout all of the local universes and extending that to all the seven super-universes, only Earth considers war to be socially acceptable! Further, there is no such thing as ‘star wars’!



Armies around the world are stocked with men who calibrate around 190 on Dr David Hawkins’ Map of Consciousness. These are driven by pride and are at a consciousness level below the commencement of truth. Up until the 1980s, humanity overall calibrated at around 190, as it had done so for centuries, at this level humanity was on a pathway to self destruction. Humanity now calibrates around 212. Humanity is not going to destroy itself – that is not its purpose in the ascension scheme. We are to pull through and out of the Rebellion and Default, we will find sanity!

# ***Violence is never Justified***

Locations of ongoing conflicts around the world, August 2014:



**There is no such thing as righteous anger.  
Anger always comes from addictions not being met.**

**There is no justification for violence.**



## **Political systems are the creation of the Rebellion!**

Democracy and other political systems are ALL feeding mechanisms for the Hidden Controllers, those faceless men who have enslaved humanity world wide to debt – debt which the Hidden Controllers hold without having paid any taxation on their horded wealth.

### **Faceless Men:**

There are secret consortiums of very wealthy families. They say that they only have altruistic goals! Their leaders have numerous names, somehow they have fitted themselves with multiple legal names to hide their family connections and create power through invisibility.



Their collective wealth is so staggering that they could take Africa out of poverty with a single program to develop their economies and markets. West Africa has a population of 300 million people, if these economies were developed then that market alone could evolve into a consumer market as large as USA. One of these two wealthy family consortiums could do this; however, they do not even consider investing within Africa.

### **Honey Tongue or Silver Tongue?**

These pillars of society, and yes they typically are, knights, barons, eminent people, pontificate on the virtues of their endeavours while devouring huge communities.

Two opposing family groups exist within this powerful network. One group's attitude is to take care of the family and their workers, and associates, benefit everyone, privilege has responsibility. The other group's attitude is privilege begets privilege, no such responsibility to community and family. The predominance of manipulation for greed prevails.

The structure is that of a top tier consisting of little more than a dozen families with a single figurehead or chairman, being for the long term. The middle tier (medium term) mainly European and consisting of more than two dozen families. Then the lower tier (short term) of maybe more than one hundred and twenty families from North America and Europe and publicly known as the Bilderberg Club. <http://www.bilderbergmeetings.org/index.php>



Four years before the USA presidential elections in 2016 took place, Hilary Clinton met in 'the Club' in London and was endorsed by the 'Group Members' for presidency of the United States of America. They usually got their man through to becoming president. This time they did not! Donald Trump prevailed.

"Trump is a 'main player', he is far more powerful than the Bushes, Clintons or Obama, who were really only in it for themselves. Trump is working to wrest control from these other lower level players, and as usual, the Chinese, Russians, British and Germans are trying to work out what's going on between them all.

"So the disclosure of these sorts of illegal dealings concerning him will be glossed over by him, he being a Gemini will know exactly how to dodge such things because he's done it all his life. And he's more than able to work things in his favour using the people who support him, all of which has been a long time in the planning – and now 'it's their turn'.

"And who he is fighting, the so called deep state, are really the equally powerful players behind the scenes who are allied with the Zionists, yet who also want to leg over these Jewish controllers, having it all ultimately for themselves."  
Helen 3<sup>rd</sup> Celestial Heaven 19 March 2017

It takes a lifetime to achieve proficiency in any skill at a level that is being considered as of excellence. The leaders of corporations are in that industry typically for life. Politicians are elected for three or four year terms. If they stand out as being capable then we find they are shifted to another port folio. This is insane. Before a person is elected to represent the community, the community is divided into two factions – one against the other – or multiple factions. So we limit the pool from which we can draw



upon to lead us, while pitting the nation's people against each other. This is the creation of the hidden controllers who hold their seat of power for life. If someone is even marginally threatening to their control then an election is imposed upon the constituents and the rolls are passed to other inexperienced persons. The political systems are perfect for manipulation and hidden control.

Meanwhile the population bicker amongst themselves while the hidden controllers empty their pockets.



What a wonderful system. The outcome is this:

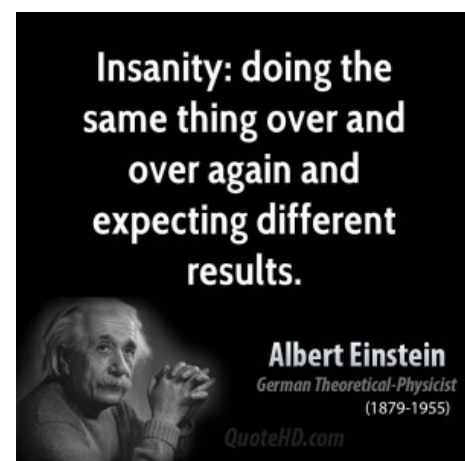
<b>Gross World Trade per the World Bank (2017)</b>	<b>\$80 trillion</b>	US \$80,683,787,000,000
<b>Gross World Trade per the IMF (2017)</b>		US \$79,865,481,000,000
<a href="https://en.wikipedia.org/wiki/List_of_countries_by_GDP_(nominal)">https://en.wikipedia.org/wiki/List_of_countries_by_GDP_(nominal)</a>		

Global debt has hit another high, climbing to **\$247 trillion** in the first quarter of 2018. Of that figure, the non-financial sector accounted for \$186 trillion. The debt-to-GDP ratio has exceeded 318%.

<https://www.cnbc.com/2018/07/11/global-debt-hits-a-new-record-at-247-trillion.html>

For the amount of US\$247 trillion to be accumulated and then lent to nations and global corporations, income tax revenue of a very significant amount 'must' have been paid or be due to governments – such revenue would be reflected in the gross world trade data, however that is not the case. Such taxation revenue would have cancelled out all debts of the world's governments alone!

The tentacles of the super-rich not only control governmental and corporate debt, but housing finance and education loans. You may achieve 'freedom' through obtaining a university degree, however you are enslaved to the hidden controllers through contrived education debt – then you buy a home, more debt to the hidden controllers – enslavement for life for many!



## Education systems worldwide.

Education through schools is a continuation on from parents instilling into their children to worship their minds. ‘Don’t be stupid child!’

Free education throughout the world has been the foundation of prosperity and growth of nations and its people, however the worship of the mind has its iron toughened ceiling. You just cannot progress beyond a point and that point is being demonstrated by the world’s acknowledged scientists.

The world’s greatest scientists calibrate at 499. No level of education has progressed beyond the level of 500, as per Dr David R Hawkins’ Map of Consciousness (MoC). ‘The transformative energy fields from 500 up are calibratable, nonlinear, self-effulgent, radiant, and beyond verifiable scientific definition.’ This is further confirmed in that only a few scientists have calibrated marginally above 500 due to them embracing their feelings. **The greatest scientists have typically calibrated only at the level of 499. The mind development hits an iron braced ceiling at 500.**



### Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Inventors may be successful a few times during their careers should they be fixated upon the ‘supremacy’ of the mind however that is the limiter. Only when one embraces their feelings and begins to live through their feelings do they begin to access their soul based truth and wisdom. Feelings free them up to live beyond Reason and stretch themselves beyond 500 on the Map of Consciousness. Living through one’s feelings can result in revelations and technology developments unfolding at an ever increasing frequency – even monthly and weekly!

This is where the hidden controllers will find humanity breaking free of their shackles and begin to exert their capabilities, thus loosening themselves from all of the institutional norms throughout the education, health, legal, financial, religion and science fields. However, living feelings first is to begin within the family home and then extend into all walks of life.

All institutionalised systems are to be broken down and rebuilt. This is the most exciting time in the history of humanity – we are to free ourselves of the Rebellion and Default and that requires the end of any system that has been created and embraced during that era which is absolutely everything.

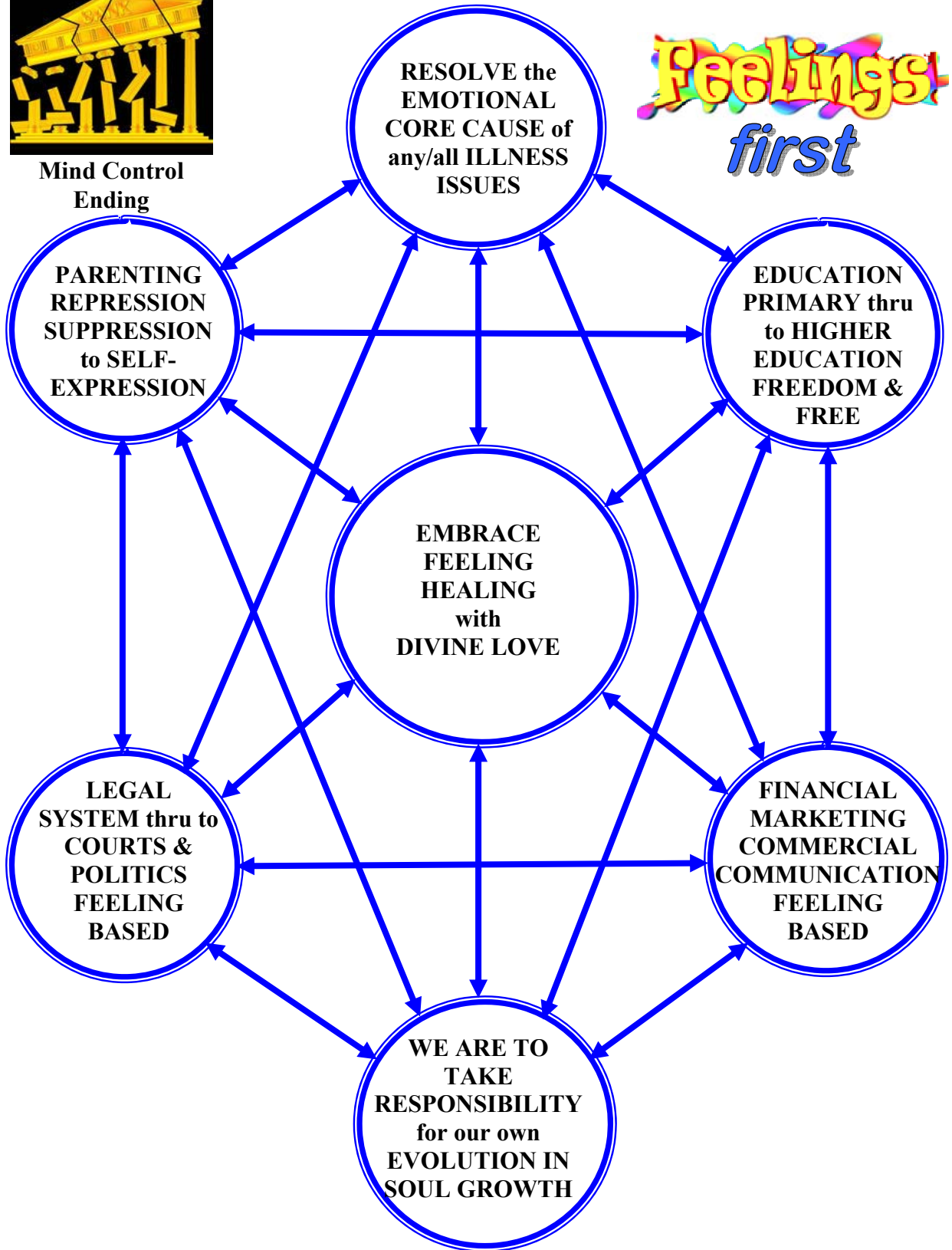
# FEELINGS FIRST INSTITUTIONS

EVERYTHING is INTERCONNECTED!



Mind Control Ending

*Feelings first*

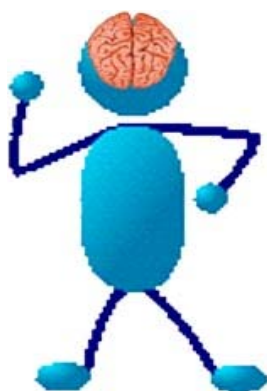


# LIVE FEELINGS FIRST

## SCIENTIST are to EMBRACE THEIR SOUL BASED FEELINGS or FLOUNDER!

We have imprisoned our potential within the depths of the largest steel wrecking ball ever imagined whilst believing our wayward chaotic mind is all superior and a wonderful genius. Well, our brain / mind is a pathetically clumsy retard compared to the wisdom and truths that are freely accessible through our soul based feelings. We should only embrace our feelings and then have our mind implement what our feelings convey. Those of the near future will demonstrate the potential of our soul's wisdom and capabilities through embracing their Feeling Healing with Divine Love. The greatest of the world's academics will be humbled as they observe their ineptitude being akin to a young infant now being guided by a pre-eminent scholar of each and every scientific path presently acknowledged, by those embracing their soul-based feelings.

### **MIND WORSHIP** Stagnation, pathway to nowhere



‘We are truth-creations, so our feelings **MUST** come first and then all the mind stuff can follow. And if we **DON'T** adopt Feelings First, then we will limit our mind's understanding.

‘We think our world is ‘advanced’, ha, what a joke that is, advanced in what? What **ARE** we advanced in, is denying our mind its rightful advancement through our feelings and soul perceptions, so yes, we're rocking along very well in this self-denial.

‘Look at how hard our **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career.** All because we are pushing up against the absolute boundaries of our mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against our True Way.

‘Imagine being one of these scientists who are living true to their feelings having done their Healing. And **EVERYDAY** we are having more astounding breakthroughs because of advancing or growing in Truth, with our mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through our feelings and the mind will slot right into place supporting it.’

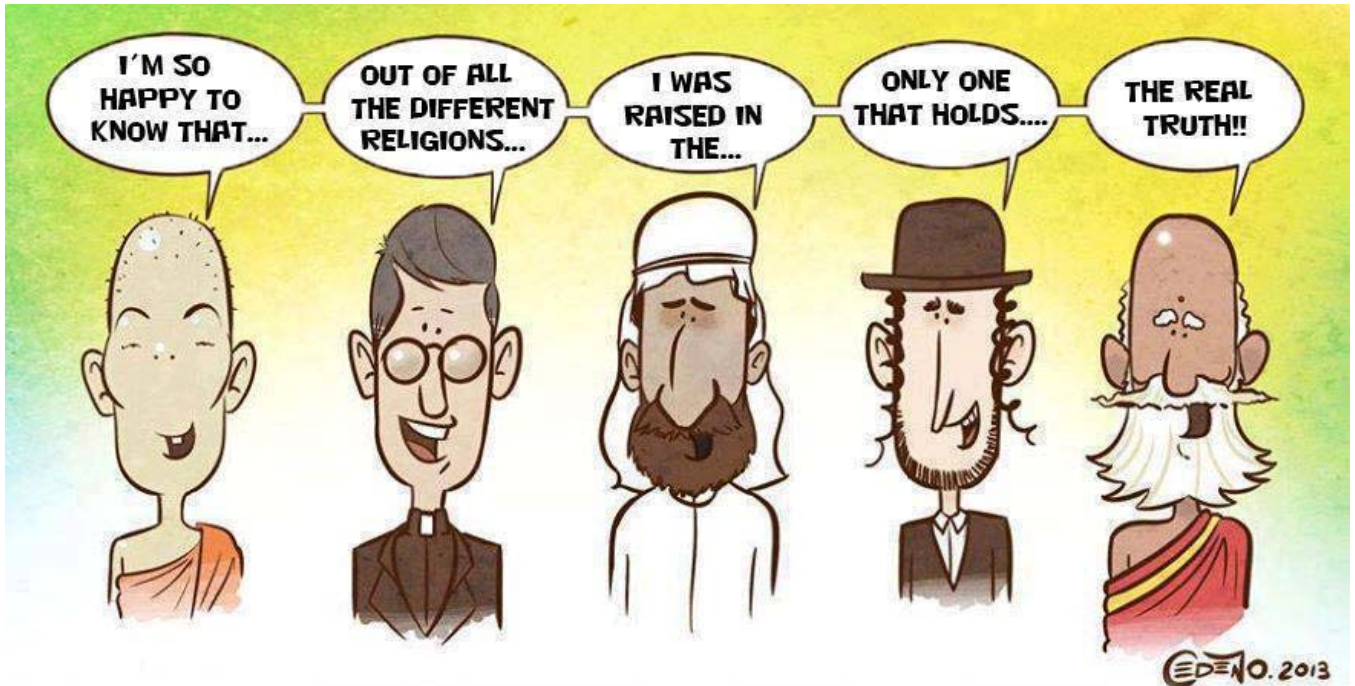
Verna

### **FEELINGS FIRST** Freedom, liberation and discovery



## Religions worldwide.

There are roughly **4,200 religions** in the world. When you add all the offshoots and individual sectors you may find that you have 50,000 options to choose from. Consider allowing a day for each in your research and when you make a choice you will be 150 years older! There are some 22,000 Christian denominations. This is particularly amazing when Jesus and Mary did not record any of their teachings!



### WILL this WORLD ever KNOW?



When introduced to the teachings from the Master, the closing of the vault door is the loudest response to be heard.

As one becomes aware of the loving and freeing guidance that has been conveyed and published, commencing 31 May 1914 and with this major phase completing during 2014, one becomes acutely aware that the teachings are being ignored by the hierarchy of religious institutions of the world. The pattern of ignore, then deny, then defer prevails.

Religions are the result of man's addiction to control of others. Further, they have all been manifested with the influence of spirits from within the mind Mansion Worlds, 1, 2, 4 and 6.

Religions do not exist in the Divine Love spirit Mansion Worlds or the Celestial Heavens.

**HARM CAUSES PAIN:**

Speaking with Mary Magdalene and Jesus, book 1

15 March 2013

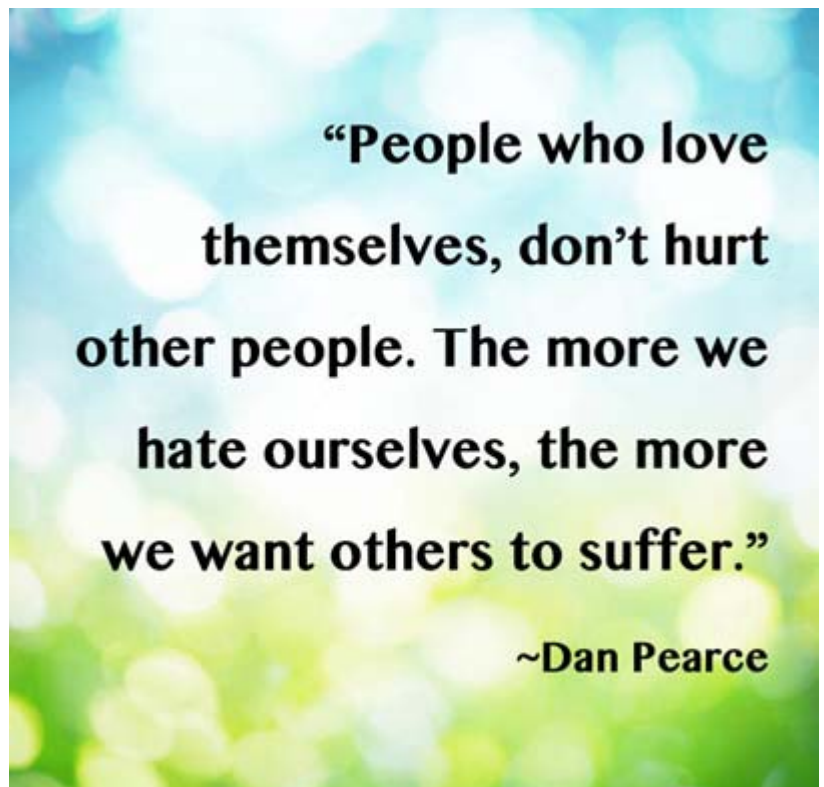
**As you do your healing, the pain you will feel will be the same pain you have caused another, such as the pain you've caused in the one you aborted, and it will be the same pain you are already causing yourself, the pain you've been made to suffer because of your unloving parenting.**

You can ONLY do to another what was done to you. You can only cause the amount of pain that was done to you, the pain that you're still in but are keeping hidden from yourself; the pain which will come to light as you progress in your healing. It all comes from you.

**As an example, often the pain of the abortion is felt by the woman, her having to undergo the trauma of it, however there will be just as much pain to be experienced by the man, especially if he is unaware that he got the woman pregnant. He will be made aware of what his unloving act caused, he will meet face to face the result of his actions in spirit, and so as he comes to do his healing, he too will feel the pain he has caused the one who was aborted as well as the pain he caused the woman.**

And that pain will be the same pain he is causing himself by denying himself his true feelings; the same pain that was caused by his parents' denial of him. The amount of pain that was inflicted on you by your parents is the same amount you then inflict on yourself by maintaining your self – and feeling – denial, and will be the same amount you will inflict on others. However do not judge the amount of that pain by outward actions, and by this it is meant, it's not right to conclude that someone who kills another causing obvious pain to the victim is feeling that amount of pain and so will also suffer accordingly; and more pain than someone who lives their whole life being nice and friendly to others outwardly not causing any suffering of another.

One can't judge one's own pain, the amount of it, or how it has come about, as one can't judge another's pain. It is for each person to uncover that pain for themselves. And there will still be a lot of pain for those people who don't outwardly hurt others, because they are still living denying the truth of their soul – denying their true selves, and so causing themselves the same amount of pain as their parents made them feel. You may have not outwardly hurt another, yet inwardly you are 'killing' yourself all the time, and so this is the pain you are causing yourself, this being the pain you are experiencing through your healing. It being also the amount of pain your parents made you feel as they 'killed' you (the true you) by not allowing you to freely and fully express yourself. And it's also the amount of pain you are inflicting unconsciously on others in your interactions with people and nature, even though mostly they and you are unaware of it. It is your soul helping you feel the pain you are causing nature – and your own true nature.



What determines whether or not someone goes into one of the hell sectors after death is one's intent, that being, did they intend consciously and so wilfully to inflict such pain, harm, suffering and death upon their victim. And if they did, then they will suffer extra pain equivalent to the amount of pain they caused their victim. When it is said extra, meaning, on top of all the pain they are already suffering being in their negative state, that pain having to be worked through when they do their feeling – or soul-healing.

So once one has worked through their sin or wrongdoing by suffering the extra pain – the pain and suffering they caused their victim to feel, they can then come out of their hell-state, that being the pain they are subjecting themselves to, it all being their own doing as is understood, thereby free to carry on with their spirit Mansion World life like everyone else, awaiting the day when their soul begins their true healing, that being of the healing of their negative state.

Our healing is our becoming responsible for our evilness (errors).

Yes. And you do that through pain as you come to see the truth of your unloving-ness; and because you need to feel you have erred – what that feels like, and that it's wrong being as you are.

**Golden Rule: that one must always honour another's will as one honours one's own.**

***Cause No Harm*** < to OTHERS  
to MYSELF

**Strive to love others as I am to love myself**



**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**MISERY IMPOSED upon OTHERS = MISERY to be ENDURED:**

The pain we cause another is the equivalent amount of pain that we will subsequently endure. When we control events and actions that are bringing about misery to others, even though we do not know who these may be, their misery will be played out to us in the clarity of the most vivid detail and reality that is beyond our present comprehension.



Every iota of pain and misery that we cause to another, and that includes direct and indirect and consequential, this we will endure to the absolute last penny.




In the files there are;

- 7 reports of sexual assault of children
- 59 reports of assault on children
- 30 reports of self-harm involving children
- 159 of threatened self-harm involving children

lynnettag

Those who assist and aid in such endeavours of control and harm will equally be engaged in this Law of Compensation. There is no avoidance, no way of limiting what awaits for such unloving and self-centred actions by anyone. Not a single dot of compensation can be avoided.

The two Earth Planes of Disharmony are regions of isolation, desolation and compensation for those who embraced control of others.





## CHANGES in HEALTH CARE PROFICIENCY

Worldwide it is recognised that the annual flu epidemic will consist of new and differing strains of viruses. Why do these variations arise? Why do the new strains appear to be more difficult to manage each year? Why is there a continual incremental risk to life with each new strain?

Worldwide it is recognised that antibiotics are becoming ineffective. Why are even new more capable forms of antibiotics not able to manage the bacteria and viruses that are evolving? Why are viruses and bacteria evolving in the first place?

Worldwide we have the mantra that should a new drug be developed, until that drug has gone through double-blind clinical trials successfully then it is not to be made available. Should the double-blind clinical trials be successful for around 60% of volunteer patients, then it is considered for public release. But then, why has it failed with 40%? Why do some benefit and others don't when they are all in the same health predicament?

And why do 'sugar pills' work when prescribed by the doctor?

We see new forms of illness arise, why is this so? We also are seeing that vaccinations are not as effective as they appeared to be some years ago, why is this so? The fact is that humanity presently cannot eradicate any form of illness no matter what our scientists discover, why is this so?

When a pandemic hits a community, why do some people never succumb to the virus or health issue while others contract the disease and many die? Why isn't everyone impacted equally?

This is the major difference with a Pascas Care Centre. In addition to providing a holistic allopathic and complementary health care service, we are to address the question of what is the cause of one's discomfort, pain and illness.

Further, we are to address the question of why have treatments previously embraced not been successful in bringing about health to the body?

The answer to all these questions above is now understood. The answer to all the above questions is addressed within the 500 Pascas Papers that are free to all and can be downloaded from the Library Download page at [www.pascahealth.com](http://www.pascahealth.com).

# STUPOR



## Biological Race and Human Diversity:

Heritable race seems as obvious as the colour of one's skin and the texture of their hair. A troublesome inheritance is often considered to be related to genes, race and human history.

Individuals commonly look upon themselves as being the physical body. Thus they polarise their existence upon their family culture and history. At the same time they tend to look at outsiders who may be distinctly different in colour, appearance, religious embracement and culture as being unacceptable.

We are not our physical body. And we are not of the nature and personality that our biological parents are. We each are a unique and beautiful soul connected by cords of light to a spirit body that is the template of the physical body that comes about by the commingling of the life forces of the body's physical parents. We are attracted to the newly forming embryo. Each and every one of us could have been drawn to be individualised into any family on the planet. We are individuals who commence our self awareness at the time of conception of the physical body of a baby as it commences its short life.



By being attracted to a specific race, culture and that family's religion does not make us any different to anyone else, other than the view we take on board for our physical life's journey. Think of how you would like to be treated. Then treat all other people the same way. Progress in love by developing loving kindness toward one's self, then to a good friend, then to a neutral person, then to a difficult person, and finally toward the entire universe of life!



From the moment of conception / incarnation we absorb the emotions of those within our environment, mostly those of our parents. By the time we are around seven years of age we will most likely reflect the emotional structure / soul condition of one or the other parent. Thus, generation after generation remain within the same soul condition envelope. Our gene structure reflects one's emotional and soul condition. Should we grow in love then genes will adjust to reflect this evolutionary development.

When the environment is one of anger, fear, apathy or such like, then blaming outside circumstances is resorted to. Thus, generation after generation may blame outside circumstances and others for their unsatisfactory life predicaments, when it is of their own making.

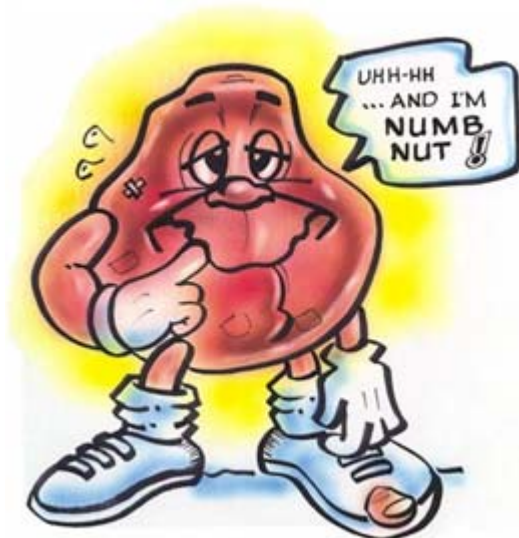


**Like Father – Like Son**



**Like Mother – Like Daughter**

As individuals within family environments step away from the norms of the family and develop their love of self and the love for others then a shift away from generational patterns is achievable. This can be on significant scales, such as when whole communities embrace love and move into higher levels of soul condition. This can see positive major shifts in the social environment within communities. Educational systems may find students performing better, health systems may have less taxing demands on services, and policing services may have less call on their workforce. All in all, the prosperity of the community grows.



The greatest joy within observing such a development is that old grievances that have been handed down from generation to generation can and are put aside and more constructive agendas then dominate discussion.



## **We each are a Unique Personality.**

We are born into a family not of our choosing. We have no allegiances to the heritage of our physical mother and father. When we grow up and marry we will eventually separate from our partner, be that during our physical life or early upon entry into the spiritual Mansion Worlds.

We are a unique soul that manifests two personalities in two separate physical bodies, one as a female and the other as a male. There are no exceptions. The two personalities can be born many years apart and within very different regions of the world, thus further empathising non-heritage connections.

Declaring oneself as being of the ‘first people’ is pure fantasy. That you are the original custodians of the land is an extension of that fantasy. Humanity has been roaming this planet for a million years, many civilisations have come and gone. Yes, gross injustices have been done by dominant populations dislodging peoples from their traditional lands and ways of living, but what has taken place in the past will seem like child’s play in comparison as to what is now to take place.

All the various colours of the different races are to gradually inter-blend. There will be a blurring of the lines of the distinct colours and nationalities that are now evident around the world.

As time evolves, the world will become universally organised. The borders of nations will dissolve as will the ‘them and us’ paranoia. This will be very evident as the religious institutions begin to lose their relevance in societies and diminish in size. People, as they embrace living feelings first, will walk away from the controlling natures of organised associations such as religions and political systems and parties.

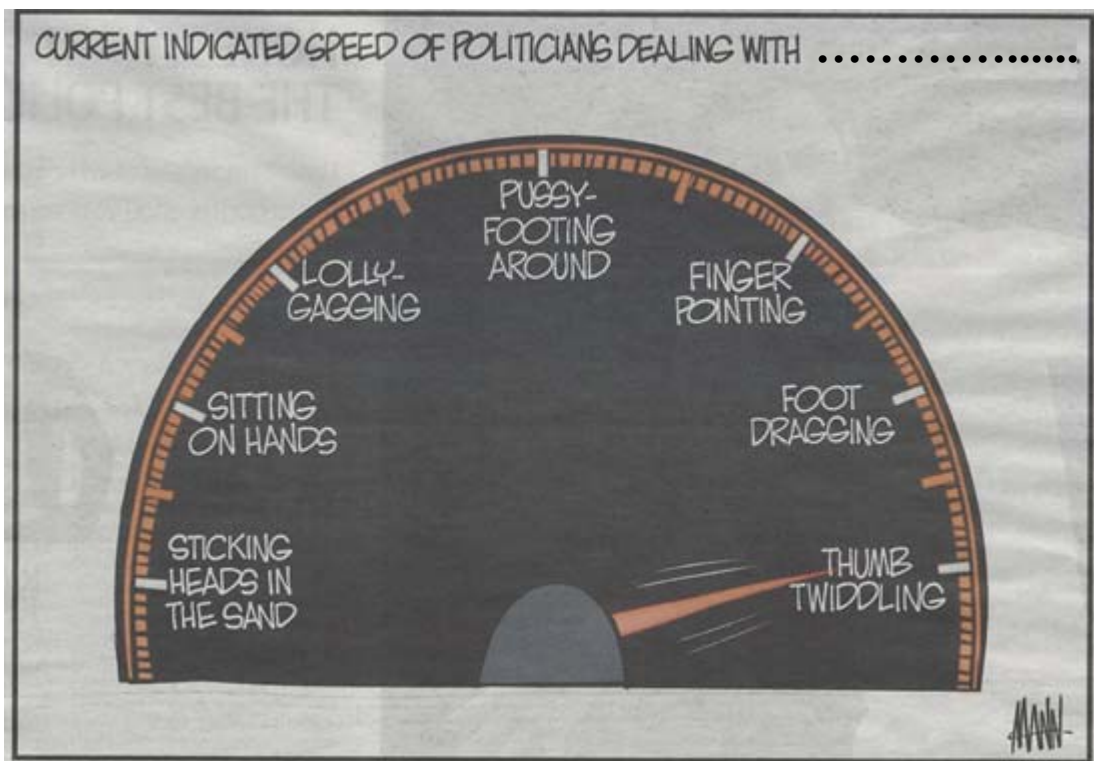
Even within any given family, each personality is very unique from all the other members of the same family. As parents learn to allow their young children to freely express themselves, the unique personality will not be subjected to the cloning natures of parents of the past. The child’s beautiful expression will be allowed to come to the fore.



*“It’s always “now be a good boy and do as I say...” same old shit ... never encouraging me to express my true natural self. More control!”*

Only when we completely heal ourselves of the imposts of the Rebellion and Default and become at one with our Heavenly Mother and Father through also embracing Divine Love will we become aware of who our soulmate is. Not before!. It is our soulmate who is to be our eternal partner. That is why all man created marriages are going to dissolve. We are not meant to engage with our soulmate until we heal ourselves. In the meantime we are not meant to be alone so marriage is appropriate and a beautiful experience that we are to have – well mostly!

## The World is Insane!



**Ignore → Deny → Defer**  
**or embrace and honour the will of others!**

**The Golden rule is: Never interfere with another's will.**

The year is 2018 and all the news being reported the world over is calamity upon calamity. What was once considered orderly and structured now makes the antics of unruly children look rather mature. This pattern started to emerge in 2017 and it is now rampant within all aspects of humanity's environment and living experience. Why?



Negative Spirit Influence  
 blocked  
 22 March 2017  
 Law of Compensation  
 quickening  
 22 May 2017  
 Rebellion and Default  
 officially ended  
 31 January 2018



Those with authority and power have lost their invisible guidance and intuition. Their connections with mind spirits who have provided so much direction and ‘intelligence’ data have been blocked from connecting with individuals in the physical. During the coming year or so, that blockage will be like an invisible barrier preventing any connectivity between the mind Mansion Worlds and physical Earth.

This is leading to the absolute end and demolition of all of the institutions and ways created during the Rebellion and Default – which is everything. Political systems will crumble. The ways of controlling people will be torn down, such as the controlling natures of communism, however one will come to see how all political systems are of a controlling nature.

Financial systems will progressively collapse. The enslavement of people and their nature will be seen for what they are. Horded wealth will be realigned with equitable resolutions.

Education systems will take a quantum leap forward by embracing feelings first as a way of living and the consequences will be enormous advancements throughout all communities of the world.

Health systems will for the first time address the cause of the illness rather than suppressing the symptoms and literally torturing patients. The real underlying cause of a discomfort, pain and illness will be addressed thus permanently removing the illness or potential illness. Why we have discomfort and pain will not be suppressed but understood and embraced in the manner that we were always meant to do ... through our FEELINGS!

Religions will be seen for what they are. The truths that they have suppressed and are now ignoring will be freely shared throughout the world and people will be empowered with Truth and Love for the first time in the history of humanity.

The environment of the planet will begin to be repaired and the Earth changes as well as the extreme weather events will be understood. Humanity will begin to embrace and interact with Nature Spirits, this has been denied to us while the Rebellion and Default ran its course.

True Love will be experienced for the first time in the history of humanity’s one million year journey as individuals complete their Feeling Healing and with Divine Love begin live in a Celestial soul condition while still living in the physical.

Humanity will return to sanity in a way that has never been achieved. This evolutionary jump will bring about global peace and harmony, however it will take the duration of this emerging spiritual age of one thousand years to unfold.

**This time, in the history of humanity, is  
the most exciting time ever experienced.**

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

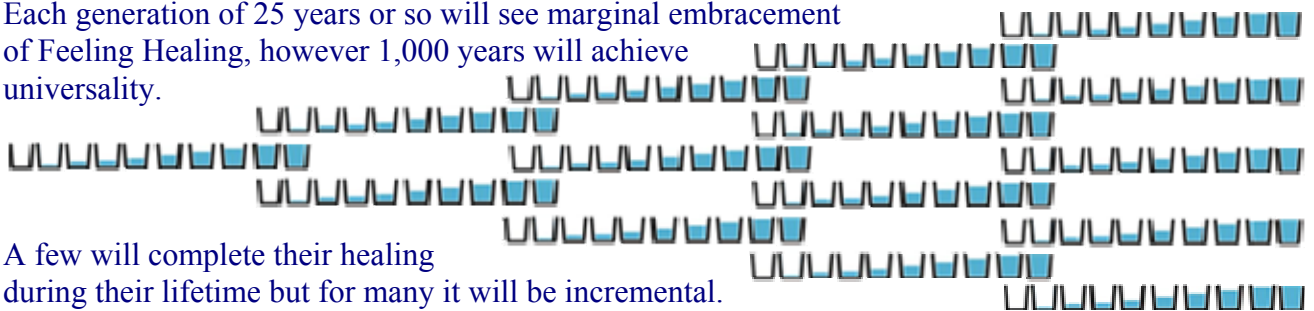
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

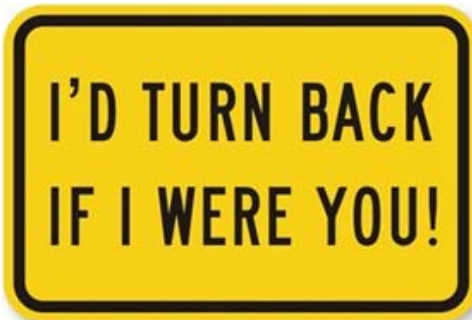
# Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

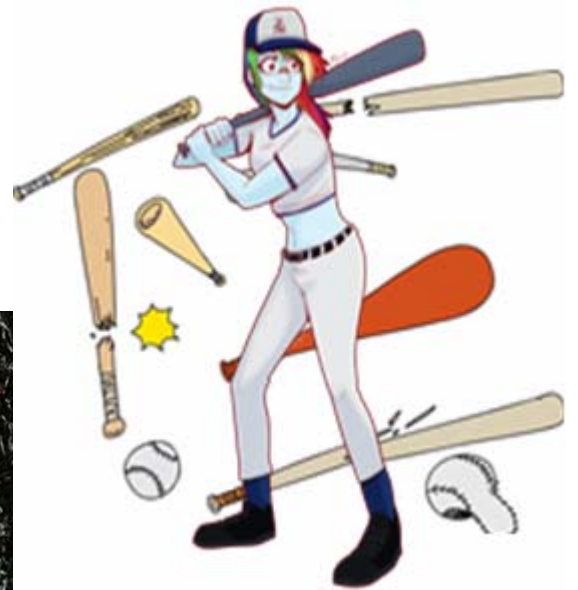
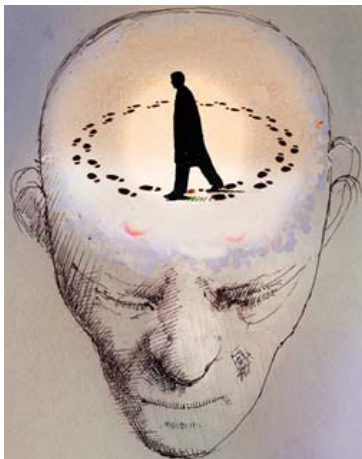


## Nanna Beth Summarises Her Message to James 12 November 2018



Everything about what you and John and those people involved personally with you, is extraordinary, and normally none of it would happen. And it's all because of the extra ordinariness of what's happening on the higher spiritual levels. So we're able to do things with people and people are able to do things themselves, which normally, and particularly while under rebellious influences, simply wouldn't happen.

It's all in different ways as remarkable as Jesus and the Celestials coming to James Padgett, and The Urantia Book being presented to humanity, yet even more so, much more so – far more so. They were just blips on the path of humanities evolution, this is a major event. This affects everyone and everything on the world and in the mind Mansion Worlds.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
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Rebellion and Default  
officially ended  
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# Crossover

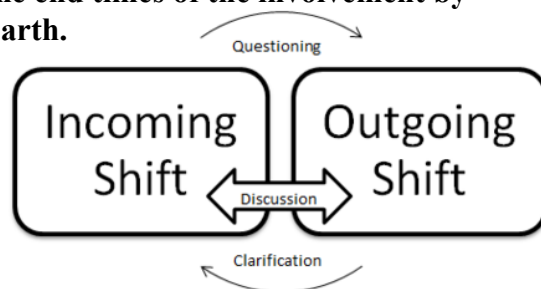
This time, in the history of humanity, is the most exciting time ever experienced.

# the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

## COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

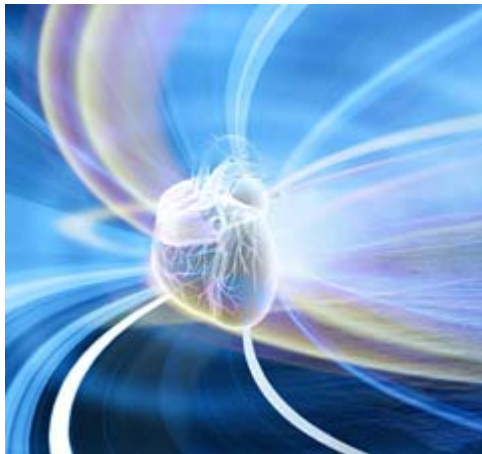
## MIND IMPRISONMENT or FEELING LIBERATED?



Our parents unknowingly indoctrinated us into believing our minds were all powerful, that the way to experience life is to be mind dominated and to put our feelings aside, well, actually obliterate them with suppression. This is how we also mould our children into being our 'little me's', taking them away from being their true selves.



Through our suppressive, misguided, incapable minds, we live. With these same minds we suppress our children's true personalities. In this endeavour we are all evil. We are preventing our children from being the true personality that each child has been endowed with. That personality having been given to them, by their true Parents, being that incredible Soul, Mother and Father. Like our children, we are to fully and truly express our God given personality through our soul based feelings. It is through our feelings that we are to live. We are to engage with our feelings, and it is through our mind that we are to express our feelings. Not the other way round!



Engaging with our heart felt feelings is so liberating. It is also a much easier way of life. Mind control is tiresome, let alone erroneous and corrupt.

By engaging with one's feelings and allowing them to be expressed is ever so more powerful than our clumsy mechanical mind – come brain!

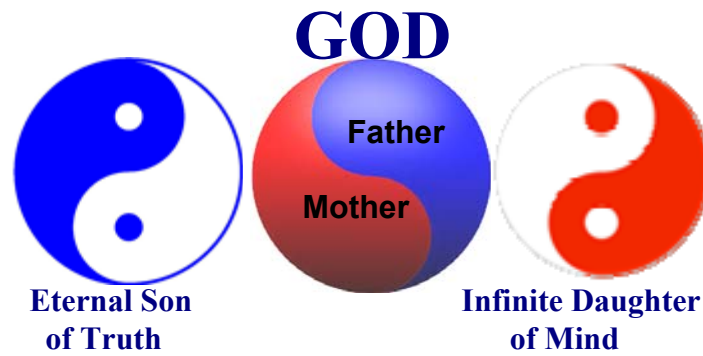


Allow your true self to be liberated. Allow your feelings to flow and shine. Allow your life to flow with the beauty and truth of one's soul based, all loving and perfect feelings. Allow yourself to simply engage with the will that our Heavenly Parents have given each of us, and be the true personality that we are all to express and be.

We can achieve this through the retraining of our mind. This is achieved through engaging with one's Feeling Healing process. It is not easy, in fact it is extremely difficult. Our mind is to be subservient to our feelings. We are not to continue how generations upon generations have lived and suffered for the past 200,000 years.

Embrace the freedom and liberation.





We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with  
Divine Love is the key**



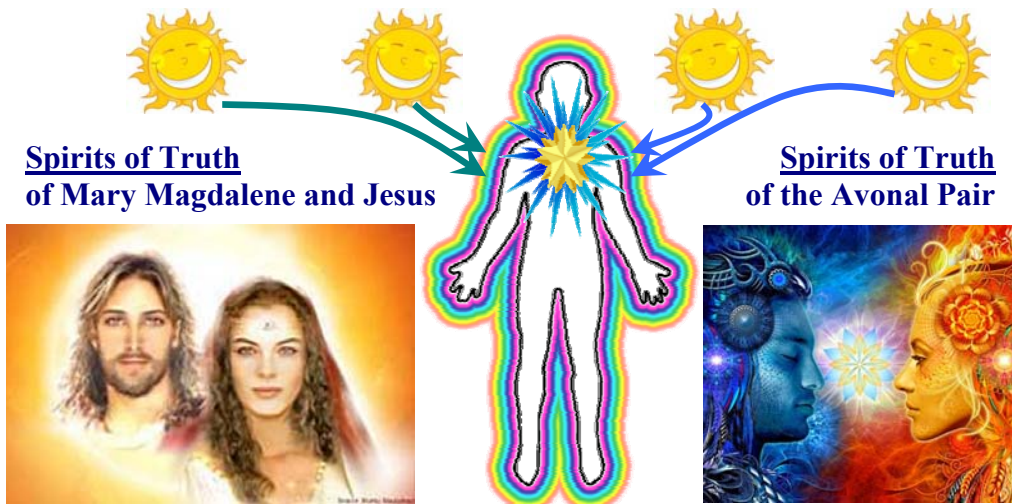
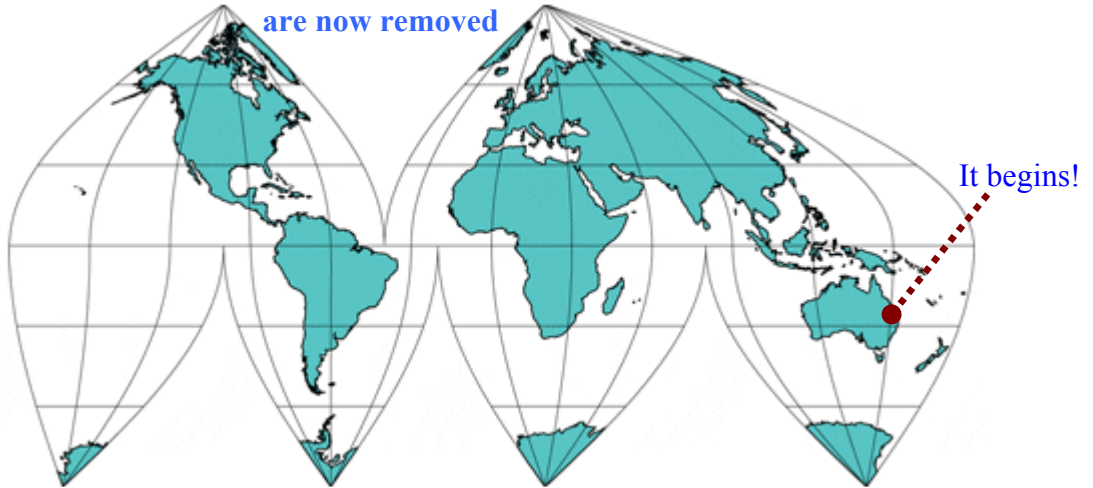
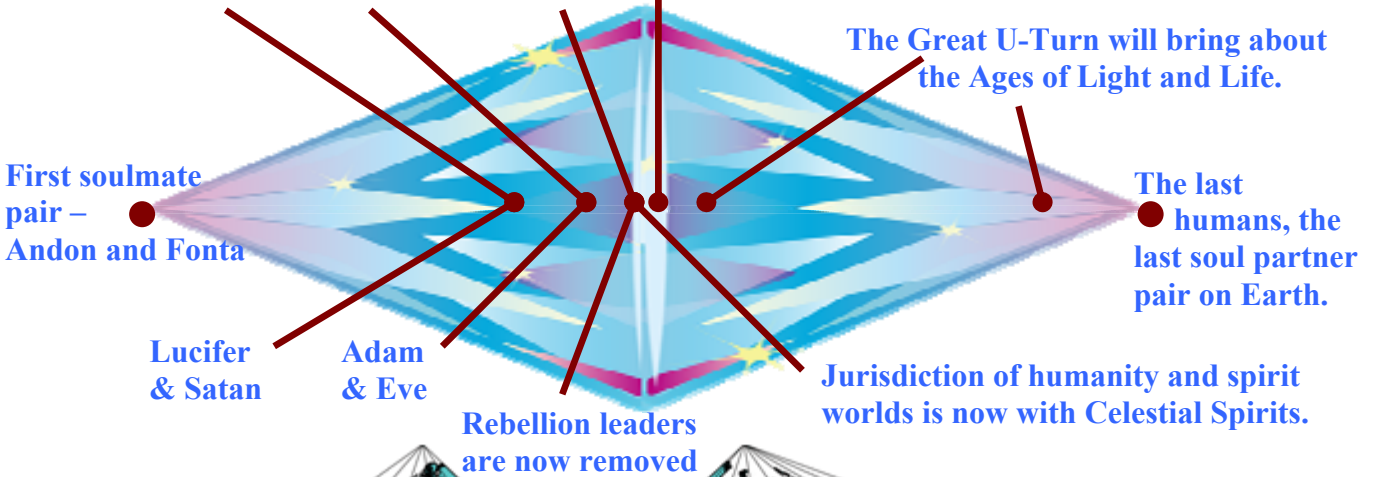
**to enter the  
Celestial Heavens.**

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth. Soulmates getting further apart. Rebellion then Default

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soulmates getting closer together as people express all their feelings more truly.



## OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



### **James Reid message to James Moncrief:**

Wednesday, 28 December 2016

I have recognised that it is about the denial of truth and denial of Jesus and Mary and our Mother and Father. And I can see now that as much as I loved Jesus, it's not really about him for the time being (and now I understand also Mary Magdalene), but about doing our Healing so we can ascend the Divine Love Mansion Worlds, heal ourselves and become Celestial, and then it is all about Mary and Jesus.

James Reid passed over on 22 June 2016. For James to then have these understandings, he would have entered the 3<sup>rd</sup> spirit Mansion World having progressed from the 1<sup>st</sup> spirit Mansion World where we all arrive upon leaving our physical body.





The VOYAGE for KIDS with LIVING FEELINGS FIRST:



### Being Unloved and Rejected!

# FEELING HEALING For Kids

We, as parents, endeavour to impose upon our children the personality we desire, in the same manner as our parents did to us, thus perpetuating century old cycles. We substitute the personality that our Heavenly Mother and Father have vested our children with, thus suppressing our children's free will. Through Voyage for Kids with Feeling Healing we are able to bring about Living Feelings First. One can begin to live true to themselves and express their true personality. We are to long for the truth behind our feelings, both good and bad, and express our feelings to a friend, thus steadily shedding our childhood repression and suppression. In this way we will end the cycle of humanity retardation and become free to be whom we truly are.



## SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First



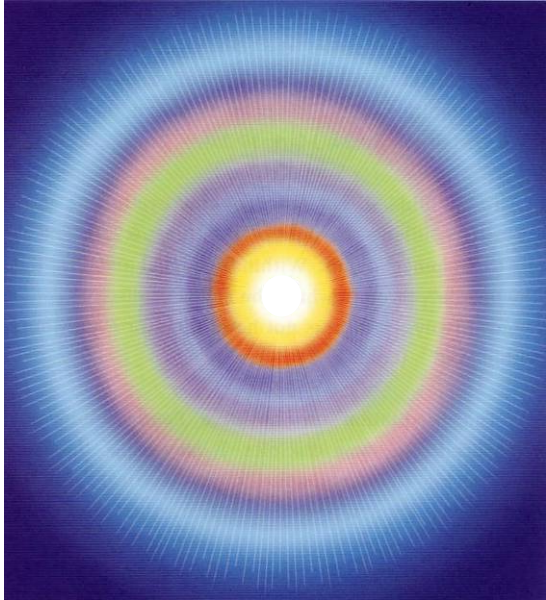
I'm a free spirit.



## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULD IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

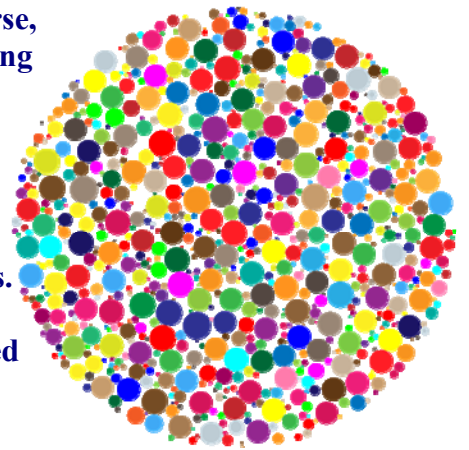
**There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:**



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



**Earth**

## NEBADON, our LOCAL UNIVERSE:

*A Local Universe – Nebadon.* One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

*A Constellation.* One hundred systems (about 100,000 inhabitable planets) make up a constellation.

*A System.* The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.



Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



*Salvington*, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

Partly drawn from The Urantia Book (TUB) 7 July 2018

## The Urantia Book:

### 1. The Descending (Daughter and) Sons of God

(223.6) 20:1.1 All descending (Daughter and) Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending (daughter and) sons of God. Of the numerous orders of descending (Daughter and) Sons, seven will be depicted in these narratives. Those (Daughter and) Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise (Daughter and) Sons of God* and embrace the following three orders:

(223.7) 20:1.2 1. Creator (Daughter and) Sons — the Michaels.

(223.8) 20:1.3 2. Magisterial (Daughter and) Sons — the Avonals.

(223.9) 20:1.4 3. Trinity Teacher (Daughter and) Sons — the Daynals.

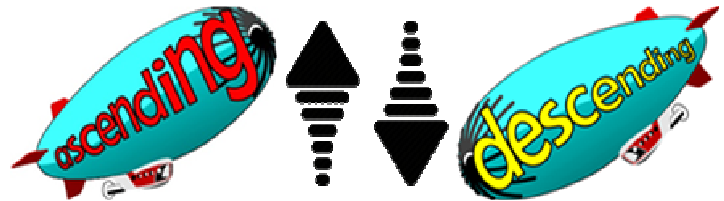
(223.10) 20:1.5 The remaining four orders of descending (daughtership and) sonship are known as the *Local Universe Sons of God*:

(223.11) 20:1.6 4. Melchizedek (Daughter and) Sons.

(223.12) 20:1.7 5. Vorondadek (Daughter and) Sons.

(223.13) 20:1.8 6. Lanonandek (Daughter and) Sons.

(223.14) 20:1.9 7. The Life Carriers.



**We of humanity are ascending** sons and daughters of our Heavenly Mother and Father:

(119.1) 11:1.4 The (Mother and) Father is always to be found at this central location. Did (she and) he move, universal pandemonium would be precipitated, for there converge in him at this residential centre the universal lines of gravity from the ends of creation. Whether we trace the personality circuit back through the universes or follow the ascending personalities as they journey inward to the (Mother and) Father; whether we trace the lines of material gravity to nether Paradise or follow the insurging cycles of cosmic force; whether we trace the lines of spiritual gravity to the Eternal (Daughter and) Son or follow the inward processional of the Paradise (Daughter and) Sons of God; whether we trace out the mind circuits or follow the trillions upon trillions of celestial beings who spring from the Infinite Spirit — by any of these observations or by all of them we are led directly back to the (Mother and) Father's presence, to (her and) his central abode. Here is God personally, literally, and actually present. And from (her and) his infinite being there flow the flood-streams of life, energy, and personality to all universes.

Note: Under the rules of the Rebellion and Default, The Urantia Book was written in the masculine. Reference to Father is to be taken as Mother and Father, as Son is to be taken as Daughter and Son, etc. It is always the soulmate pair that is being referred to.

## Lanonandek (Daughter and) Sons

Extracts from The Urantia Book (TUB)

(223.15) 20:1.10 Melchizedeks are the joint offspring of a local universe Creator (Daughter and) Son, Creative Spirit, and Father Melchizedek. Both Vorondadeks and Lanonandeks are brought into being by a Creator (Daughter and) Son and his Creative Spirit associate. Vorondadeks are best known as the Most Highs, the Constellation Fathers; Lanonandeks as System Sovereigns and as Planetary Princes. The threefold order of Life Carriers is brought into being by a Creator (Daughter and) Son and Creative Spirit associated with one of the three Ancients of Days of the superuniverse of jurisdiction. But the natures and activities of these Local Universe Sons of God are more properly portrayed in those papers dealing with the affairs of the local creations.

(224.1) 20:1.11 The Paradise (Daughter and) Sons of God are of threefold origin: The primary or Creator (Daughter and) Sons are brought into being by the Universal (Mother and) Father and the Eternal Son; the secondary or Magisterial Sons are children of the Eternal Son and the Infinite Spirit; the Trinity Teacher Sons are the offspring of the Father, Son, and Spirit. From the standpoint of service, worship, and supplication the Paradise (Daughter and) Sons are as one; their spirit is one, and their work is identical in quality and completeness.

## 8. The Lanonandek (Daughter and) Sons

(392.1) 35:8.1 After the creation of the Vorondadeks, the Creator (Daughter and) Son and the Universe Mother Spirit unite for the purpose of bringing into existence the third order of universe (daughter and) sonship, the Lanonandeks. Although occupied with varied tasks connected with the system administrations, they are best known as System Sovereigns, the rulers of the local systems, and as Planetary Princes, the administrative heads of the inhabited worlds.

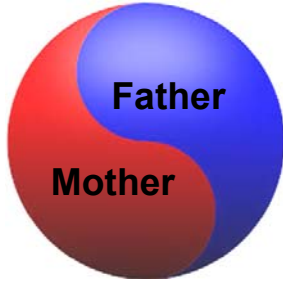
## 5. Glorified Material Sons

(349.1) 31:5.1 There is provision in the universes of time and space whereby the Adamic citizens of the local systems, when long delayed in receiving planetary assignment, may initiate a petition for release from permanent-citizenship status. And if granted, they join the ascending pilgrims on the universe capitals and thence proceed onward to Paradise and the Corps of the Finality.

(349.2) 31:5.2 When an advanced evolutionary world attains the later eras of the age of light and life, the Material Sons, the Planetary Adam and Eve, may elect to humanize, receive Adjusters, and embark upon the evolutionary course of universe ascent leading to the Corps of Mortal Finaliters. Certain of these Material Sons have partially failed or technically defaulted in their mission as biologic accelerators, as Adam did on Urantia; and then are they compelled to take the natural course of the peoples of the realm, receive Adjusters, pass through death, and progress by faith through the ascendant regime, subsequently attaining Paradise and the Corps of the Finality.

AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of EARTH:

**Heavenly Parents**



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



**AVONAL PAIR**

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

**Soulmates**



**COUNCIL OF ELDERS**



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

**Soulmate PAIR** while living in the physical of Earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



**GLOBAL HUMANITARIAN FUND**

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



## What's Really Going On Today – Big Changes Ahead Series

<http://www.extinctiontheory.com/>

October 17, 2018 by [Janet](#) Janet Starr Hull, PhD, CN



Back in 1991, I was teaching Environmental Science and International Geography at The University of North Texas when I wrote the book Move Onto The Highest Mountains. At that time, I was researching why recent Earth changes and Natural Disasters were increasing.

I discovered that the location of the Earth's North and South geographic poles over the past 500 million years is the underlying cause behind the historic Earth events occurring today.

*And I mapped it.* Starting from 500 million years ago.

**I was ahead of my time.**

No one could understand what I had discovered. People were not even talking about “*global warming*” back then. We have lived in an “*out of sight-out of mind*” scenario – until a natural disaster affects someone personally, people just don't get it; they do not engage unless it affects them directly.

That said, our general awareness is improving some today because as the Earth's poles become more unstable, the **effects are very noticeable now. They are beginning to impact everyone's life around the world.**

*Now it's time to introduce my discovery* – the time has come for those *who know that something is very wrong with our planet* learn what I uncovered. People are finally figuring out that current, historic Earth changes are not due to man-made global warming caused by your fireplace or your SUV. *Yes, we are **polluting our planet beyond reason.** And yes, our destruction of the Earth's ecosystems is criminal.*

**Think Fukushima. Consider GMO farming.**

*Messing in our nest* is definitely making life worse and killing millions of plant and animal species on our planet, but the **core cause to the threat of our survival** is much bigger than pollution and our irresponsibility.

**Much more powerful.**

We are polluting our planet beyond reason.



## What's Really Going on Today

The changes going on today are due to the culmination of many things, but the main driver is a **massive Earth shift** happening right under our noses. Even though this natural, cyclic event isn't widely understood as the reason we have an increase in natural disasters today, my research introduces this possibility and must be *added to the mix*.

Earthquakes and volcanoes, bizarre temperature changes, mammoth tornadoes, unexpected hurricanes, and record floods: these major Earth events have been relatively quiet throughout our history, but our planet is "*waking up*" today and **more Earth activity and natural disasters are on the horizon**.

The Earth is forever changing, and *this* is the thread of the **human story that we face today**.

Most of us are faced with man-made issues like pollution, depleted natural resources, corrupted finances and over-crowded spaces. We have been too busy trying to *survive* to notice that the planet **Earth is making big changes**, and *these changes will affect us all*.

## An Unstable Axis

The Earth's rotation on its axis has become increasingly unstable, and the **rise in storms**, unseasonable weather, powerful earthquakes and volcanoes are increasing, and are *literally popping out of nowhere* because our **planet is shifting on its axis** – the *North Pole is changing its direction toward the Sun*.

This shift will affect everyone around the globe, and that means *you and me*.

Move Onto The Highest Mountains is a book about the past, present and future of the planet that we call *home*; it's a big undertaking trying to introduce such a theory within a mere, few hundred pages, but it brings to light **one of the most important concepts in modern time**.

This is a true story using geology as the tool to introduce a higher human awareness. The Earth is evolving, but so are we.

One helps the other understand where we have *come*, where we are *today*, where we are heading *tomorrow*, and why we must be aware of the Earth's **very powerful dynamics that literally determine our survival**.

By rewinding a very ancient geologic clock, we can look back in time to better understand **what is happening to the Earth today**. By connecting the many Earth changes today with the same events that happened *millions of years ago*, we can better determine how our future – *everyone's future* – fits into the greater plan.

*"Water is a purifying agent, cleansing all that is impure. One day, water will cover the Earth, killing many things. This will happen one day soon, so we must move onto the highest mountains to survive."*  
– Ancient American Indians, written in 540 A.D.

**The ancients** strived to reach their highest peak of personal awareness in order to better understand the Earth; this *kept them in balance with Nature*. **Modern humans have gotten lost along the way**.



If we are going to survive as a species alongside the Earth's very powerful forces, we, *as individuals*, must remember that **when the Earth shifts, we shift with it.**



We can't stop inevitable Earth changes. But, we can certainly learn more about them.



## **How We Can Save Our Planet. It's Insanely Simple.**

September 14, 2017 by [Janet](#)

I don't care who you are – a movie star, a rock star, a CEO, an elected politician or a Walmart greeter. If you are one of the people claiming that humans have caused earthquakes, volcanic eruptions or hurricanes, **you are doing this planet more harm than good.**

*Go take an Earth Science class.* You'll be amazed what you will learn because we need to **get our smarts on, and start thinking differently** if we are going to survive on this planet.

Humans have become so arrogant, **we expect Nature to conform to our wishes as opposed to modifying our lifestyles to balance with Nature.** Hence, modern humans have been trying to control Nature, and we don't know who to blame when that **control does not succeed.**

Maybe these people mean well, but they are grossly off-base, and they have this all wrong.

**Let's start with understanding that there is a BIG difference between natural Earth cycles and human pollution.**

Humans are contributing to the harmful effects of natural disasters through geo-engineering, destructive endless war, and infinite pollution – this means that we are **messing in our nests and making things worse.**

*Our bad decisions, our desire to control all life around us, and endless pollution is NOT the cause of Earth changes.*



**The cause is the Earth itself.**

### **Earth Changes and Weather Events:**

These events may peak over the coming decades, however will prevail throughout the coming spiritual age. During the late 1980s there was a surge of energy into our local solar system, sometimes referred to as the harmonic convergence. This has resulted in an increase in the rotation of Earth's inner core. That has resulted in the surface of Earth increasing in temperature by a little over 1° Celsius. This is where the warming is coming from. NASA has observed similar shifts in temperature of our neighbouring planets as well as increased activity on the Sun.

This increased speed of rotation has elevated the tensions on the Earth's surface thus increasing earthquake and volcanic activity. This is all to draw attention to our need to live feelings first.

We need to put Earth science classes back into public schools so people will truly understand that humans aren't causing climate change – they are just making things worse.

If people like Beyoncé want to keep blaming humanity, then the **solution** is to STOP the wars, STOP dumping plastic and radiation in the oceans, STOP chemtrails and geo-engineering, STOP using oil and gas, invest tax dollars in to alternative energies, and put Earth science classes back into public schools so people will truly understand that humans aren't creating hurricanes – **we are just making these natural events worse.**

Humans are not more powerful than this magnificent planet, and **we must get this through our heads sooner than later if we want to survive more upcoming Earth changes.**

And, more are coming. They will never stop. Nor should they.

### **Learn The Difference Between Climate Change And Human Pollution**

I cannot stress enough the **difference between natural Earth cycles, which result in crazy Earth changes, and human pollution, which makes the situations worse.**

Humans are in the way.

We are *messing in our nest*, and this is **creating historic pollution that will kill this planet if we don't wake up.**

When a hurricane comes on shore or when a wildfire sadly burns thousands of acres of forests and farmland, the Earth's natural cycle of restoration kicks into gear, and **Nature regenerates.** Animals either fly away, swim away or burrow deep underground in order to survive. Not all make it, but most can, *and do.*

### **What do humans do?**

- We construct major cities in **natural disaster zones;**
- Humans build million dollar vacation homes within **hurricane pathways;**
- Housing developers construct cheap housing developments without basements in **tornado alleys;**

- We make flooding worse by paving miles and miles of **concrete over porous farm fields and meadows** – soil that naturally absorbs water and storm run-off.



Humans build major populated cities on top of active earthquake zones and too close to the oceans.

**Then we blame Nature when a natural disaster occurs, and we whine that a natural disaster destroyed our man-made possessions.**

## Why Humans Don't Cause Climate Change

**Humans do not cause climate change. Natural disasters, climate change, Ice Ages and global warming are all part of the Earth's on-going operating system.**

That said, *humans DO CAUSE many tragic effects.*

Our addiction to oil and gas is creating many environmental problems, but we refuse to replace this industry with one much cleaner.



1. Humans **POLLUTE** with chemicals and man-made products that **DO NOT decompose**, *such as plastics*;
2. Humans **destroy Nature** through the **demolition of war**;
3. Humans **experiment with the atmosphere** trying to control it by playing around with geo-engineering, which dangerously interrupts the ocean currents and natural weather patterns. (THIS can result in stronger hurricanes.);
4. Humans are **destroying the oceans** with not only non-degradable packaging, medical waste, and trash, but **Fukushima** is doing damage to the Pacific Ocean that is being downplayed by global governments;
5. Humans **cut down** thousands of acres of forests for timber and farming;
6. Humans refuse to give up their addiction to **petroleum**, which suppresses alternative energy progress.

The list goes on, and I get very frustrated with the totally misleading “**global warming meme**” being pushed today.

Our power grid is antiquated beyond its limits. When it is destroyed in a hurricane, we don't change things – we simply put the poles back up in the same places.

Yes, *we have messed in our nest*, and when a natural disaster destroys our man-made world, we **DO NOT** rebuild in more futuristic ways, nor are we **implementing solutions** to stop endless wars, pollution of every kind, or improve our ignorance.



Wake up people, and wake up those around you. Put your smarts on, and stop listening to the stupidity of mainstream pop stars.

**Humans are not the cause of today's Earth changes, but we are certainly making things worse and we are not doing anything to change it.**

## [The Sun Influences the Earth More Than You Know](#)

September 6, 2017 by [Janet](#)

Deadly storms were once rare. Today, they are increasing in number and in strength.

The 2017 hurricane season started off with record-breaking storms, and it looks like the storms are going to keep coming.

*Earthquakes, too.*

And volcanoes.

Add more droughts and wildfires.

*And floods.*

What most people don't realize is the root cause of **natural disasters starts with the Sun.**

Our Sun is undergoing some serious changes right now, and it is affecting all life on Earth. *This explains the changes we are seeing today.*

### **The Sun Is Driving This Bus**

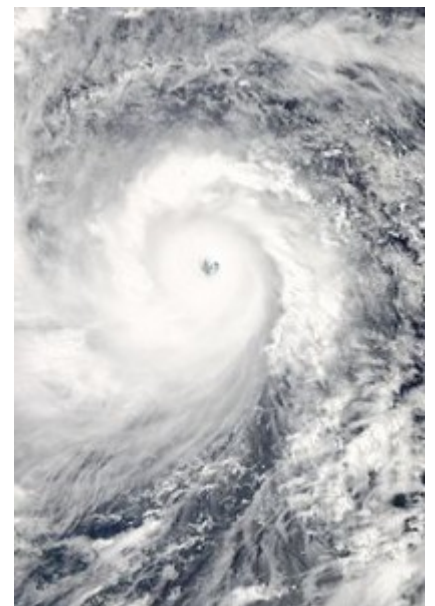
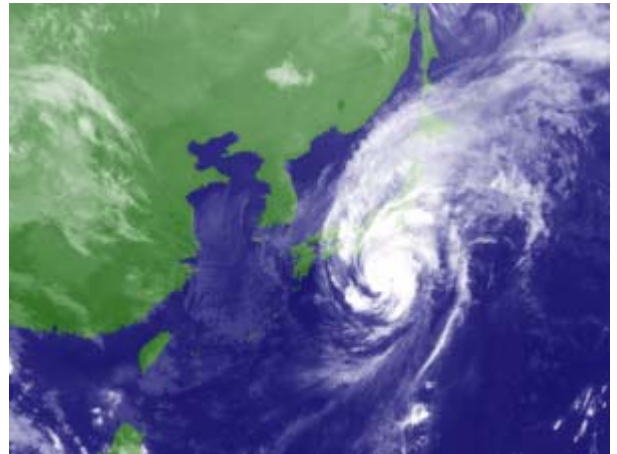
The Sun is the primary influence behind our weather.

Energy from the Sun is very important to all life on Earth. The Sun warms our planet and heats the surface, the oceans and the atmosphere. **This atmospheric energy is one of the primary drivers of our weather.**

Our climate is also strongly affected by the amount of solar radiation received on the Earth.

Climate change and "global warming" are not caused by humans – **they are driven by the Earth itself, and that is determined by the Sun.**

Now note that humans won't *get off the hook* here. Humans are messing in our nest – we are destroying ecosystems worldwide, polluting the land, water and air, and we are depleting the Earth's natural resources at a record rate.



Humans are polluting the Earth, no doubt, but the Sun is the primary reason we are experiencing global climate change.

Humans have created GMO farming, which destroys the Earth's pollination and the natural mineralization of the soil. And our **pesticides are killing the pollinators (the bees and butterflies) in massive numbers.**

*But, there is a big difference between the damage irresponsible humans are doing to the Earth and the powerful influences of the Sun.*



The Sun warms our planet, so when the Sun heats up – *um hum*, **the Earth heats up.** *There is nothing we humans can do about it.*

## Learn More about The Sun

In order to better understand climate change, natural disasters, and Earth events that have never been seen in modern human history, **study the Sun and its cycles.**

The Sun:

1. affects all life on Earth;
2. influences fertility and the reproduction of plants and animals;
3. determines an animal's mood;
4. creates earthquakes, tsunamis, and volcanoes;
5. influences rainfall;
6. determines temperature.

Here are 3 videos to get you started learning more about the Sun:

<https://www.youtube.com/watch?v=Q6TlvZ-Y4Ow>

[https://www.youtube.com/watch?v=ygu0HqFc\\_do](https://www.youtube.com/watch?v=ygu0HqFc_do)

As we witness natural disasters increasing today, learn all that you can about them. This is the only way that we can **stay safe, and possibly prevent more disasters in the future.**

*You have our permission to reprint this article if you attribute us with a live back-link to this article and the youtube links. <http://www.extinctiontheory.com/>*

## WE have SUCCUMBED to our MINDS and IMPRISONED OURSELVES:

Yes, we have been seduced into believing and, consequently, living through our minds. This error has permeated into all aspects of our life. As parents, we have focused upon our children's mind development and this has continued through all levels of education that we have imposed upon them.

**A LIFE  
BEHIND BARS**



No level of education has progressed beyond the level of 500, as per Dr David R Hawkins' Map of Consciousness (MoC). 'The transformative energy fields from 500 up are calibratable, nonlinear, self-effulgent, radiant, and beyond verifiable scientific definition.' This is further confirmed in that only a few scientists have calibrated marginally above 500 due to them embracing their feelings. The greatest scientists have typically calibrated only at the level of 499. The mind development hits an iron braced ceiling at 500.

### **Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Opening ourselves up to living Feelings First further requires us to long for the truth of our feelings.

**Without looking to our feelings and wanting to uncover the WHOLE truth of them, we can't heal our errors of belief and injuries.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, that have been in play for some 200,000 years, the level of truth has remained very low.

The New Way, living Feelings First, which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

**Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.**



**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone needs to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

From this:



To this:

**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering

Self Revealing

Self Loving



**Feelings First**



## WHAT IS THIS ALL ABOUT?

**Our soul is at all times pristine and perfect, it is the source of one's intelligence, knowledge and wisdom, and is the gift of creation by our Heavenly Parents.**

**At conception, our soul brings our spirit body into being in Creation along with our physical body that uses the spirit body as its template. Our mind within the spirit body, from that moment onwards, begins to absorb the personality attributes of our physical parents. This includes the positive and negatives they hold, their beliefs, truthful and also in error, their injuries from emotional discord and those from their own parents and any carers including extended family.**

**Our soul becomes entombed in the controlling natures of one's mind. These erroneous ways of life, beliefs of control smother and suppress our soul. We are meant to express our feelings, those of our soul. We are smothered by our parents controlling natures; we are at best considered to be 'trophies'! We, in our forming years, are controlled, suppressed, belittled, humiliated, and taught a great deal of untruth. Mind you, so were our parents. The cycle must be ended!**



**Many of us are introduced to religious organisations, all of which amplify further the feeling-denial and the truth-denial that we are being conditioned with. Our soul is to express and embrace, not deny and suppress. These organisations are founded on the need to control. They are an expression and amplification of the evilness that our parents convey! The teachings are at best misguided, retarding our progression with mind based limited understandings.**

**Only those people who are actively using their feelings to uncover the truth of themselves will find any real inner peace – once they have finished their healing. And all that will be happening will also help them to feel bad through this process, all so they can bring to light all the untruth and error of their ways, all the pain of their early childhood, and all the wrongness their parents have made them be.**

**Our controlling minds are to be side stepped and we are to express our feelings. It is our soul based feelings that are in truth. Our mind imprisons and retards our true selves, being our souls. For those who want to sincerely grow in truth, the truth of themselves, nature and God, are to do so through their feelings, then they will also have to readily embrace both Mary and Jesus so as to accept help from their Spirits of Truth, and look to God as being both their Mother and Father.**

**To be free of one's evil state, errors and injuries, this will only happen when one has experienced the full truth of it, and so that means, when you have felt the whole truth of it through your feelings – all the different aspects and parts of it.**

**We are to apply our longing, apply our will, but not with our mind, although it can help one to determine what you want to do, but with and through one's feelings. We can't long with our mind, we have to FEEL-long. Our longing is an expression of what we feel. We feel we want God's love, so we express that feeling in our longing.**

**By embracing our Heavenly Parent's Love with our Feeling-Healing, then we are enhancing our endeavours and progressing with our Soul-Healing.**

## **WE ARE NOT MEANT TO BE ALONE:**

Feeling bad will make you feel BETTER – Eventually! by James Moncrief

**‘We are not meant to be alone, particularly during the hard times. We need to learn that it’s better to come straight out, to start accepting and speaking about how bad we feel. It’s okay to just cry and tell other people how bad you feel. It’s okay to feel bad. If we could all help each other to express our bad feelings allowing ourselves to feel as bad as we need to feel and for as long as we need to feel that way, wouldn’t life be more caring and loving?’**

‘The childhood suppression of our bad feelings has been so severe that we have to shut ourselves away during our crisis times, the very times when we should do the exact opposite and come out the most. Doing this because this was all we did during our early childhood when our parents rejected us, making us feel unloved, unwelcome and unwanted.

‘Wouldn’t it be nice if when you felt bad and someone asked you if you were okay and did you want to speak about it, you could say: Yes I do feel bad, and yes thank you, I do want to speak about it, and they were there for you all the way along. And you could speak and cry and be as miserable or angry or however you felt for as long as you wanted to. And they didn’t judge, criticise, or try and tell you how to get over it and how to make yourself feel better.



And they just allowed you to go for it, to slobber and blubber and grieve and go through all the natural releasing and healing stages without getting in the way; just being there for you, wanting you to tell them all about yourself – all you’re feeling. And when you were ready, you could long for the truth and try to understand why the pain is so bad, why you are feeling all the bad feelings you are feeling, all in the loving supportive trusting presence of your friend.

‘Wouldn’t it be nice if we allowed ourselves and each other to fully express all we felt and didn’t feel like we had to deny anything; didn’t have to reject ourselves when we felt the most in need. That we could seek help, love, care and attention when we felt we needed it, that we could even ask each other for it, if that’s how we felt, and it was willingly there and given for us to receive.

‘Wouldn’t it be nice if we could allow ourselves to feel and express our pain? And if we could, I’m sure we wouldn’t feel the pain for as long as we do (and in many instance may not even feel the pain to begin with). And we would be able to deal with it, to keep accepting it for as long as it was there, thereby allowing ourselves to move on, to mend, to heal, to come back to ourselves.’

### **In this series:**

**Pascas Care Letters Despondent People OR Radiant and Vibrant**  
**Pascas Care Letters Destined to Shine**  
**Pascas Care Letters Destruction of Rebellion**  
**Pascas Care Letters Finding Sanity**

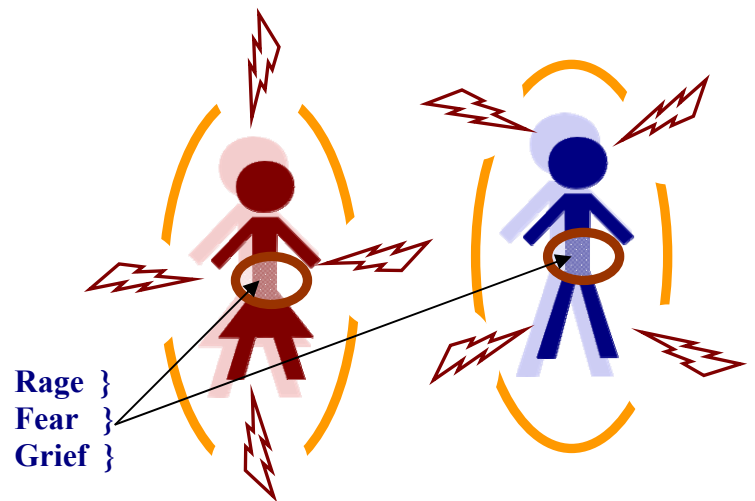
**WE ARE KILLING OURSELVES!** Chapter ‘Day 9’ of “Paul – City of Light” by James Moncrief

‘Humanity (us) has to learn about every aspect of life from behind the eight ball. It’s not only last in the race but it’s going in the wrong direction. It needs to stop. To come back, and not do what it doesn’t want to do. Listen to our feelings and try to see what they really are telling us and then try to act on them, try to honour them.

‘It will take time, but people will get the idea and start to look at themselves in a new light. We will start to see that we are dishonouring ourselves by dismissing our bad feelings and that we are actually doing ourselves great harm. And so we will need to stop and start to try and accept first of all that we do feel bad, and then having accepted that, we will then be able to move to see what we are feeling bad about, and then will naturally want to know why, right through to their core.

‘Humanity has practically tried everything else and look where it’s got itself, nowhere much. Is anyone really and honestly truly happy and if they say they are, is it true happiness and are they sure they’re not deceiving themselves?

We bring about illness within our physical body by not expressing and releasing our childhood injuries.



‘We all have felt that angry during our childhood. We can’t feel more than we felt during our childhood whilst we are in our negative mind state. We have not been allowed to remember it, we have been forced to repress it. Look what it takes for it to re-surface within you, when you try, it has to force its way up through you and look at the effect it has on you. How bad it makes you feel.

‘That’s what it will take often times to break down our resisting mind circuits, and resisting beliefs. The bad times were real and had a huge impact on us, they greatly affected us, they brought about our whole negative mind, and our self-denial. And so we have to want to see it all, even if it threatens our relationship with our mother and father and all those who negatively influenced us as a young child, with extinction. This is the real core truth, what our relationship with our parents is really all about. This is the hard-core stuff, to see how it will make us feel.

‘It all happened to you so many years ago. In a sense we have already suffered the worst of it. But that entire trauma is still within us, it’s conditioning our lives. And it won’t go away. Just because on the surface our life might not have felt so bad particularly as we get older having more control of our life, even if occasionally we are angry, it doesn’t mean we are Happy Larry deeper down inside. And one day if we don’t acknowledge that anger it’s going to show, it’ll eat us away from the inside. We will go to the doctor and be diagnosed with cancer and be given horrendous treatment that will only make us feel worse than bringing up the anger that’s causing it all would. So what do you want to do? It’s always our choice, do it with God, and They will help walk us through it and heal it all, or do it by our self never knowing exactly what we are doing and why bad things are happening to us.’

# What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision

## BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING  
ABOUT PAIN.  
IT DEMANDS TO BE  
FELT.



## HOW do we SUPPRESS our CHILDHOOD EXPERIENCES?

Caffeine is the most widely used drug in the world. In the United States, more than 90% of adults use it regularly. Caffeine in coffee and soft drinks combined with alcohol, tobacco, party drugs, prescription drugs and certain foods (chocolate), very few adults are without some form of substance abuse.

We use every method to dumb ourselves down so we can suppress the subtle but relentless abuse that we each endured during our forming years, from conception to around the age of six years.

Amazingly, due to the attitudes instilled into each of us during our forming years, humanity, overall, considers war to be 'socially acceptable'!!!

When we decide to become a soldier we are really approving of being killed or killing. So, each year some 50,000 soldiers die. It is collateral damage that some 200,000 civilians die as an incidence of war. They did not buy into war.

Being brought up in semi to outright abusive families, murder is common place. Worldwide each year we have 500,000 murders. That is outside of the accidental deaths due to guns!

Aggressive contact sports are an expression of one's childhood suppression and repression. The harm from our childhood upbringing goes on. The cost of 'drug abuse' to a society is the equivalent of either a nation's military budget or public medical services alone. Substance abuse cost is much, much greater.

Society is so dumbed down that it functions as walking zombies. This is all because no one knows what true love is and how to truly love another. This can only be brought about through living Feelings First and engaging in one's Healing.



## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# DEVOLUTION

**Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!**

**In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.**

**We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!**

**We bury ourselves in front of the television to further avoid contact with anyone, especially family.**

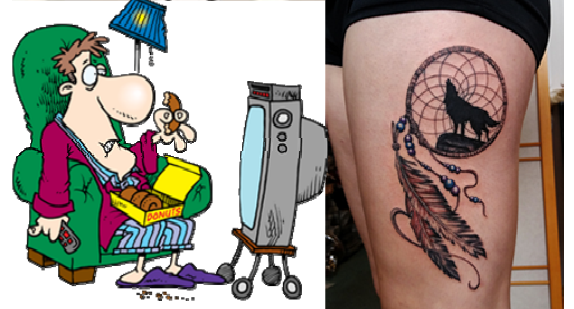
**Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.**

**We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.**

**Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!**

**No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.**

**No more of this! We can escape this man made hell!**





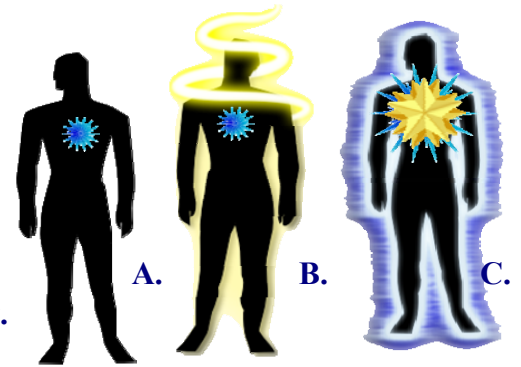
# EVOLUTION

**STEP 1: Longing for and receiving Divine Love:**

**A. Soul prior to receiving Divine Love.**

**B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.**

**C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.**



## STEP 2: **FEELING HEALING + SOUL HEALING**

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.



It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.



But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



**EACH SOUL PAIR is ONLY BESTOWED a PERSONALITY ONCE:**

notes by James Moncrief, 11 February 2017

In theory the soul could end its incarnation and begin another, the soul can do anything as the spirit body along with all the rest, including the physical body, are a creation of it. So if the soul chose to stop and start sometime else – why not... in theory.

However the whole thing about the soul is that the Mother and Father have bestowed upon it two unique personalities, and these personalities are what the soul is expressing continuously in Creation once incarnation has taken place (the spirit body being part of the personality expression – an attribute of personality). And so for the soul to stop expressing its two halves as two distinct and separate personalities, it would mean those personalities would cease to exist; and then if the soul were to reincarnate, then the Mother and Father would have to bestow two more unique personalities on it.



But the trouble with this is that, we're told, They only bestow personality ONCE, so there's the rub, that is what disqualifies any notion of reincarnation being possible. Our Heavenly Parents have bestowed you as one unique individual personality of your soul, and you and your soulmate with his or her also unique individual personality, is not about to be extinguished forevermore just so you can complete the 'Wheel of Karma'.



Personality is the key to it; Personality in Creation, which is the experiential expression of the existential soul. And Personality, like the soul, is a constant, the essence of which is unchanging: I will forever be me, and once I get all the yuk and error out of me, then I'll be a pure and true me, and waiting to come back together with my other half, my pure and true soulmate.

**FEEL *for* TRUTH**

Accept, express – speak, about all you think and feel, good and bad about; and long for the truth. Always want to know the truth of why you are doing it, or why you want to do or have it, and why you need to do it or have it. No truth; no healing.

**FEELING TRUTH**

## **EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!**

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soulmate pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



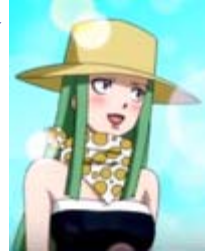
When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.

**WE ARE NEVER MEANT TO BE ALONE!      SOULMATES become SOUL-GROUPS!**

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soulmates. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.

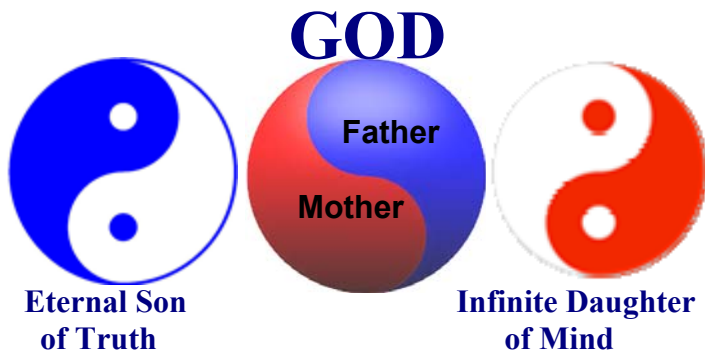


Soulmates form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair



Angel



Spirit Person



Nature Spirit



**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

**For those doing their Healing or are interested in doing it will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

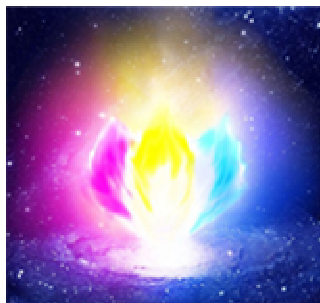
We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. *Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.*



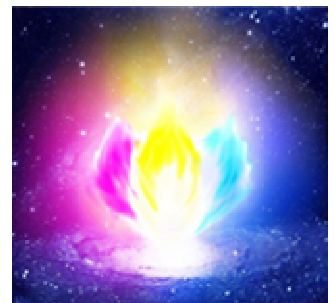
**Feelings first**

## ASSISTED COMMUNICATION with OTHER PHYSICAL PEOPLE:

Through one's soul, one communicates to one's indwelling spirit, who, in turn, is assisted by your angels to connect with the angels associated with the person who you desire to communicate with.



How one works with people carrying out conversations unbeknownst to them, is rather easy from a technical point of view. One's angels speak to the angels of the person involved, conveying what he/she wants to say. Their angels (or the angel active in the experience) 'commune' with the person's Indwelling Spirit, who then creates the reply with all the required information giving it to that person's angels, then those angels relay it back to your, the inquirer, angels who relay it to your Indwelling Spirit who inspires your mind to see and hear what is being 'said' or 'thought' or 'felt' by that person.



This is very unusual and is only permitted in very extenuating circumstances.

**YOU ARE A SPIRIT,  
YOU HAVE A SOUL,  
AND YOU LIVE IN A BODY.**



Around the age of 6, a segment of our Heavenly Parents' essence connects with our soul. This is our personalised Indwelling Spirit. Through our soul, one can communicate with and receive information from one's Indwelling Spirit. Should we proceed to engage in our Feeling Healing and also embrace our Mother and Father's Divine Love, then on completion of our healing, the Indwelling Spirit will fuse with our soul permanently. This event occurs upon the progression from the 7<sup>th</sup> Mansion World (Divine Love Healing World) equivalent to the 1<sup>st</sup> of the Celestial Heavens. The fusion with one's Indwelling Spirit results in a continuous connection with our Heavenly Parents.

Your soul enlivens your spirit body which, in turn, is the template for your physical body. Your soul is assisted and aided by your Indwelling Spirit as well as by your Angels who are soulmate pair. We each also have a pair of Nature Spirits to assist us and guide us at all times while we live on Earth.

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

# THE DILEMMA ?

The major religions have not recognised the teachings gifted to all of us commencing 31 May 1914 and ongoing. Their congregations are not aware of the greatest gift in the universe being available for them to receive. Creeds, doctrine and dogmas govern rather than the Truths of Feeling Healing with Divine Love.



Traditional religious institutions persist in ‘hiding their heads in the sand’ by intellectualising ancient traditions and teachings that contain errors and assumptions causing a continuance in ways that are arduous and have limited benefits towards enabling man to perfect himself, rather than achieving a growth that is exponential and unlimited through the embrace of the great gift of our Heavenly Parents’ Divine Love energy. Admittedly, it is a most difficult and traumatic experience to step away and progress above such long held beliefs that have been dedicated to, however, the harm resulting from withholding the knowledge will have to be compensated for. We may ignore, then deny, then defer; holding the doors closed for the great majority of the world’s population without providing them with the pathway and option of receiving Mother and Father’s Love. However, the Feeling Healing with Divine Love is so inclusive that everyone, with all their beliefs, can begin receiving this Love and what then gradually happens is that any erroneous belief dissolves with one’s gradual acceptance of their soul life.

**Ignore → Deny → Defer**  
**or Embrace and share the Knowing!**



**WE ARE SO HAPPY TO KNOW THAT PEOPLE OF ALL RELIGIONS & FAITHS CAN DIRECTLY ASK OUR HEAVENLY PARENTS FOR THEIR DIVINE LOVE AND RECEIVE IT.**



# Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

## COUNCIL of ELDERS

**Council of Elders now around 20 soul-groups from the 3<sup>rd</sup> Celestial Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas WorldCare will be via those who complete their Feeling Healing on Earth, as years go by.



## Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5<sup>th</sup> Divine Love Spirit Mansion Worlds level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.



**WORLD PEACE only with FEELING HEALING and LOVE:**

Nothing will bring world peace and harmony onto this planet but the embracement and infusion of the Mother and Father's Love, Their Divine Love, together with Feeling Healing, by all of the people throughout all the communities, all faiths, around the world. Only Their Love is the substance that will progressively and with certainty remove from each of us those erroneous emotions that bring about fear and disharmony.



The awareness and embracing of the Love has no barriers, it is available to all. All faiths and spiritual practices can and will be invigorated and strengthened by the understanding of the availability of the Love, with Feeling Healing, the sharing of how to receive it, and by the knowledge of what it provides, particularly how one's soul condition develops with the Love.



The Love is the greatest gift in the entire universe. The universality of the Love will bring about global celebration of the harmony that will result between all and the benefits to all individuals, which are far too numerous to comprehend.

With FEELING HEALING and the LOVE will come the greatest advancement in the history of humanity. Nothing is surer and nothing will prevent this, just our resistance will delay this.



The time is ripe for us all to consider, embrace, enjoy, and share with all, our family, our neighbours, our friends, our associates and any one that we may connect with.



# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.  
It embraces all people.  
It completely unifies the world.



Everyone can relate to everyone else through their feelings.  
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.  
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**The New Way, Feelings First Spirituality**



my  
**House** is your  
**Paradise**  

**HOME**