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## HUMANITY'S WRONGNESS and HELL

Humanity strives for perfection. This is what separates us from all of the rest of nature. All of nature is with natural love. This natural love is the foundation of our intelligence, this is why we can interact with nature and nature spirits. Through our strivings for perfection we will make our way to Paradise, the home of our Heavenly Mother and Father. On this climb for perfection we will supplement our natural love with our Heavenly Parents' Divine Love.

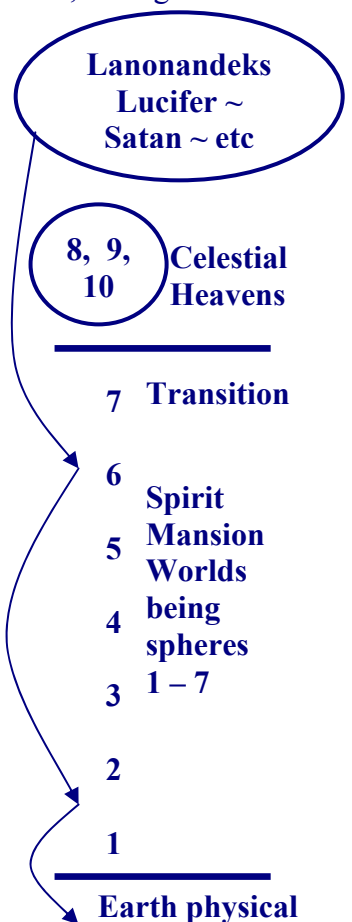
But why are we all functioning like zombies creating chaos for ourselves and all around us?

Some five hundred thousand years ago, Earth came under the spiritual guidance of a couple of high level spirits who slowly but progressively became disgruntled with the leadership of our Local Universe. As these spiritual guides had not engaged with our Heavenly Mother and Father directly, they took the stance that They did not exist. Further, the leadership of our Local Universe had not achieved their full regency over their jurisdiction and lacked the authority to decisively deal with the situation at that time.

So, this spiritual guidance with their incredible persuasive powers and charisma seduced some naïve humanities to embrace their ways and fall into line with them. Earth humanity being young in its development embraced their errors. For the last two hundred thousand years, humanity on Earth has had no other spiritual guidance other than from these Lanonandek spirits.

Naïve humanity of Earth has universally been seduced to embrace their minds as the source of all potential and truth. Humanity has been taught to reject their soul based feelings and to 'worship' their minds. The male is further away from their feelings than the female, so in the process the male has made the female to be subordinate to the 'numbnut' male. If the female had been allowed to have her say, she through her feelings would have put this whole stupidity aside.

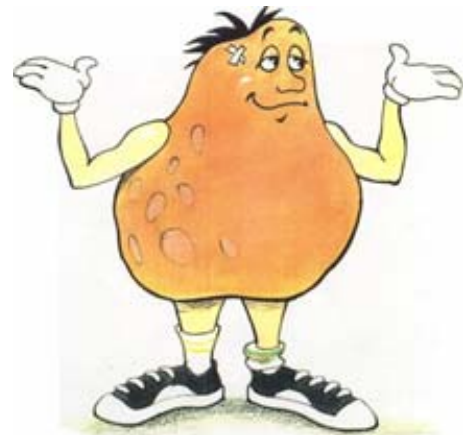
**Lanonandeks:** Lucifer, Satan, Caligastia, Daligastia and their partners, high spirits that oversee humanity, rebelled against the Truth, Mary Magdalene and Jesus, and against God.



# MIND Worship



SMART  
GUY



**numbnut**

A Universal Contract was created that has prohibited any outside interference with humanity while this absurd leadership has worked its way through to its completion. Not even our Spiritual Mother and Father, being the regents of Nebadon, our Local Universe, could interfere with the workings of this Universal Contract UNTIL NOW!!!!!!!!!!

In the meantime, every spiritual writing, every system, every institutional structure, every custom, every norm on planet Earth that has evolved is in compliance with spiritual guidance of the Rebellion of 200,000 years ago; up until now and now is 31 January 2018.

Those spiritual guides have had unfettered influence and control over humanity for 200,000 years with absolutely no restrictions to their agenda and actions in all of that time. Zippo!

## TOTAL DOMINATION

They even convinced a tribe that they were god's chosen one's and declared promised land for them so that they would then proceed to do their dirty work. This tribe is the foundation stone and strength of the small group who are the hidden controllers of humanity, enslaving them to debt at all levels and subjecting all of humanity to their imposed retardation.

The first thing to grasp is that for 200,000 years all influence coming from spirit has been from the Evil Ones, being the anointed spiritual guides for humanity, both in the physical and those in the spirit worlds annexed to Earth. No higher level of pure truth guidance was and has been coming to Earth for the past 200,000 – not until the last few decades. As the shackles of the Rebellion and Default have been slowly unravelling and removed then humanity has been progressively provided with ever increasing Revelations of Truth and that has been more so since the early 1990's when the remaining Lanonandeks were arrested and assigned to a spirit prison world.



"Chosen by God,' eh?  
— What's the catch?"

Helen – 3<sup>rd</sup> Celestial Heaven, 19 August 2017: “The crafty women spirits used the power of the Jewish women to forge the Rebellion. The Jewish women are the most powerful on the Earth in terms of heritage and their light. And they have empowered and supported and kept their men up there controlling most things that they see as important and need controlling. All with a very heavy material focus, with no real spirituality at all.”

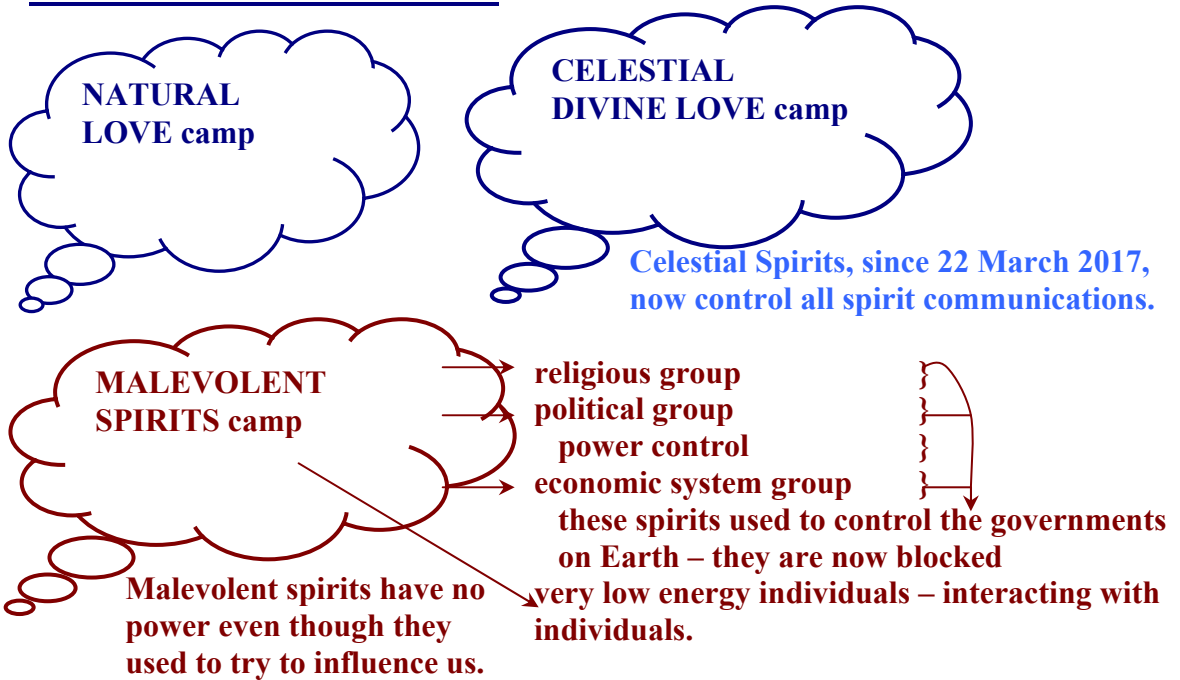
“And then from these women came the hidden controlling women on Earth and in spirit, who helped keep their men going in the right direction and true to their greater goals, with the result of where the world is at the moment. And it's into this hidden power structure that we are all going, and all of us over here who are backing you. And there are millions of us, a whole army of light that is going to come through the unseen door behind you, so you'll be in good company, we have some of the most powerful women to ever have walked the Earth in recent times, with us. And all our men are wholly in support, they know they had their go when on Earth, and so are more than happy to allow us to have our turn now.”



“So the New Spiritual Age, will be an Age of Women, with the domination of men subsiding, and with women empowering themselves naturally through and with their feelings, so no longer wanting to put up with all the mind shit and the goings on by such power-men. And as one of the first examples of this

shifting of power, we are helping you (and others) work toward such ends. You are going to be one step in the true, or real, progress of women’s liberation, because you will help free up the funds that will be used to **help women embrace the truly spiritual way of life on Earth, helping them understand the importance of their very own feelings, helping them understand that to deny them is hurting them, is going against themselves, is being very unloving and disrespectful to themselves, so if they truly want to be loving of themselves, and so loving of their children and do the right thing, then they’d better start living true to their feelings and stop denying them.**”

**SPIRITUAL UNIVERSE CAMPS**



Celestial Spirits, since 22 March 2017, now control all spirit communications.

**FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:**

The rebellious Lanonandeks from within our local universe are these soul partner pairs:



The Evil Ones (Lanonandeks – Lucifer, Satan, Caligastia and Daligastia) have controlled humanity behind the scenes from 200,000 years ago and up until the early 1990s CE.

What has now started to unfold is that every system, traditional way of things, religious, financial and judicial institution that has been instigated within the ethos of the reign of the Rebellion and Default is beginning to collapse. Everything that we have taken as the way to live and conduct our affairs, such platforms being founded on principles that we adhered to during the Rebellion and Default, is going to unravel – that is absolutely everything. The Evil Ones’ have reigned for the past 200,000 years, and no

one has been left out from being ensnared into the guile of Lucifer and Satan. NO ONE is free from their errors and dictates! We are all of the Rebellion and Default.



We have all been imprisoned within the control of the Rebellion and Default and to free ourselves from this control we will purge ourselves of all systems that continue to enforce the ways of the Rebellion and Default. Nothing will be left standing. Not even the insidious internet social media platforms! Spend some time watching computer games and cartoons produced to entrain (entertain!) children – you will be seriously disgusted as to how thorough the Rebellion has been imposed through the influencing malevolent spirits of the mind Mansion Worlds with their impositions on producers of such hideous products here in the physical. Then continue to look at everything that affects your life!

The Law of Compensation will be fully activated at the bottom line, the quickening of the Law is to stop humanity going further into their wrongness, all putting the brakes on humanity's disregard for truth and its unlovingness imposed on us all through the Rebellion and Default (which is now ending).

We all wanted to be part of the 'loving' mind system, unbeknownst to us, and that's how the Evil Ones guided and influenced us, and it wasn't that hard for them to do, because no one wants to feel bad. We are made to feel bad right from the beginning, and yet made to cover up those bad feelings believing that we feel good. We aren't loved, yet are made to believe we are loved.



So it will be all about helping the mind people and spirits becoming more true to their false love states, so open unlovingness is rejected, everyone has to be nice and loving to each other, friendly and caring, understanding and sympathetic, even though it's all contrived – all put-on and learnt. And only when you want to do your Healing, can you shed all that contrivance and ditch your falseness allowing yourself to feel just how unloved you are, and allowing yourself to express your unlovingness, your hate and all your very bad feelings as they come up within you.

The crux of the Rebellion is that humanity was made to stop expressing what it felt. The central core issue is how unloved you feel because you weren't allowed to speak what you felt.

Helen – 3<sup>rd</sup> Celestial Heaven, 20 August 2017: **“The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added**

**SPIRITUAL**  
**Mother & Father**  
**Nebadon**  
 3,840,101 Planets

**emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman..”** (Mary of Magdalene and Jesus are the sovereign regents of our local universe, Nebadon, having 3,840,101 inhabited planets, they are our spiritual mother and father, being Creator Daughter and Son from Paradise which is the home of our Heavenly Mother and Father.)

Helen – 3<sup>rd</sup> Celestial Heaven, 20 August 2017: “Men will find that they actually enjoy being in the supportive role with women, because their women will help them live true to their feelings, which will make them feel better – James will tell you how much better he feels because of Marion’s input. Imagine a world in which there is no power motive, no money required to gain wealth or power because wealth and power mean nothing, everyone enjoying feeling-expression equality, everyone being free to readily express all they feel, and the truth that comes to everyone through their feelings being the determining law of the land. Men will adjust, as will women. Many women enjoy feeling they have power in the man’s world, and they will resist more tenaciously than many of the men, having to give up their positions of power and control.”

“However humanity is not destined to remain trapped within its rebellious state forever, it can’t stay that way continuously evolving it, because evil is self-destructive, so eventually humanity would destroy itself. And as that defeats the whole purpose of our evil experience, so we’re on the threshold of something having to give.”

Zelmar – Melchizedek of the Local Universe, 12 March 2017: “It’s all mucked up. First of all the Bible as you understand is not as the papers within it were originally written, they have been altered, added to and subtracted from over time, so one can’t go solely by what’s written in it.”

“You see James, all that you’ve been reading is about the ending of the gentile age, and so it’s the end of the Bible, it’s the end of the Jews being the Promised Ones, the end of the Promised Land, the end of it all. After The Changes, it’s all new, a new one thousand years with massive spiritual input from us over here in the Celestials’ spheres, including the Trinity Teacher pairs, with increasingly more people wanting to do their Healing, and so live a higher truth. It’s the end of the Rebellion and Default – The End, and so ending all that is part of it, just as is the Bible, so no more Bible, no more prophecy everyone is trying to fulfil. And the Jews themselves believing they are superior and the Chosen Ones, the Christians believing they are the ones Jesus favours, will all gradually fade away. These man-contrived religions are doomed, they will end, they have to end, for if they don’t humanity will never free themselves of their control. And humanity’s spiritual evolution is soon to take a huge leap forward, look at how advanced your writing is, how advanced spiritually you and Marion are, and you’ve not even finished your Healing. And yet you are setting the pace, you are what people will aspire to be as, you being Celestials on Earth when you’re Healing finishes. And that is the future of mankind, not still bound up in the current religions giving their power to the institution; it will be complete empowerment of the individual. And all to be done whilst the Divine Love remains available through the coming one thousand years.”

**THE CHANGE**

“The so-called Age of the Gentiles is coming to an end, it being the end of the Rebellion and Default, and the Jews believing they are going to end up being the chosen rulers of the world are going to be sadly disappointed.”

“And the enclaves of religious believers will shrink away into oblivion, however within their little mind worlds they will still believe their day will come and a new prophecy will be added and they will wait, whilst the rest of the world moves on, slowly bringing them closer to their final extinction. And oh what

a glorious day it will be for humanity when the last person gives up his adherence to these truth-denying religions. Then it will be a time of planetary celebration. The old relics are finally dead and buried, and humanity is completely free to perfect its Natural love and then ascend to Paradise.”

Zelmar – Melchizedek: 13 March 2017: “Up until now, until relatively recently, we Celestials have **ONLY been allowed to help further the Rebellion and Default with individuals on Earth, we’ve not been allowed to go against it, we being somewhat as the angels have been.** However now we’ve been freed up to move directly in opposition to it, something that’s new to us, but something we’ve wanted and long planned for. And although this might be hard for you to understand, still it’s what it is.”



“Jesus came to James Padgett laying the groundwork, but still we could only participate in helping people further their self-denial, as is seen by people receiving messages from the Celestials in the Divine Love movement. But now with James and Marion, so we are to help directly in other ways, and that not just being only with people who are doing their Healing, but with the whole of humanity.”

**Everything that you live is really about: becoming evil, then healing yourself of it; becoming unloving, and healing yourself of being this way, so becoming loving, and all that you do in life is simply the means to help you do these two things.**

Zelmar – Melchizedek: 14 March 2017: “Up until now we’ve basically had our hands tied in what we can do with people on Earth and in the mind Mansion Worlds, however all that is currently changing, and part of that change is now going to be lived out.”

“Those behind the scenes want it all for themselves, they want full control of humanity, this all coming from various semi-united groups in the mind Mansion Worlds. The controlling people on Earth have unbeknownst to them, very little say in their own affairs, for they are all very heavily controlled subtly and in some cases not so, by these overriding spirits. And there are vast numbers of these mind spirits exerting their negative influence over various sectors and segments of humanity from the lowest to the highest levels. And as you might imagine, a lot of these mind spirit controlling groups are in conflict with each other, partly by design from yet higher spirits, and partly because they can’t organise themselves well enough to be united, with there being too many conflicting thoughts, beliefs and desires as to how humanity should be. And now, **without the highest overriding and most powerful influence of the Caligastias and Daligastias,** their control having being removed so they are even in more disarray and yet also beginning to lash out, realising there is a power vacuum that needs to be filled, and if they can be in there first, then they will get the control they seek.”

“And as to why these spirits want such control over Earth is simply because having control is all they’ve known, they had it when on Earth and still want it, with them seeing in their spirit lives that they are in a far better position to have such control now they are dead, than when they were alive.”



“Anyway, as you know most of this, so what I’m leading to is that we, via the Celestial mortal spirits, are slowly taking back the rightful control that is ours, and that is putting even more pressure on these mind spirits, which is going to cause all the weird goings-on on Earth, leading to war and other problems.”

### **REBELLION and DEFAULT formally ended 31 January 2018:**



All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures. Zelmar – Melchizedek 11 March 2017

## **WE'VE BEEN SCREWED BY LUCIFER REBELLION**

James – 24 August 2017: A Quick overview of Divine Love Spirituality:

- There is only one Soul that is God. With that Soul expressing both its soulmate Personalities – our Heavenly Mother and Heavenly Father.
- God sent Mary Magdalene and Jesus – forget the rest.
- People should look to the truth of their feelings as how to live. No commandments, no prophets, no rules, only the truth based on and from your feelings.
- Mary, the mother of Jesus, was a normal mother, she was not a virgin. Jesus was not born miraculously, however he was born of perfect Natural love so free of sin and evil (which is a miracle compared to all of us), free of the Rebellion and Default. We should be worshipping Mary Magdalene, not mother Mary – they've got the wrong Mary. And so there is no mother Mary interceding with God.
- Jesus and Mary Magdalene are the Creator Pair of Nebadon. And he did perform miracles.
- The Old testament and the New testament should be thrown in the bin... however if you must, sure, you can pick a few truths out of them, but it's hard work being able to see through all the corruption and untruth. They are not needed in any way to help your true spiritual growth, and will more than likely delay that growth if anything.
- Lucifer and Satan are evil, but it's a bit late now not to follow them, as we're all conceived into the Rebellion and Default. Doing your Feeling-Healing or Soul-Healing with the Divine Love, is the only way to 'un-follow' them, to extract yourself out of the Wrongness.
- The anti-christ might appear on Earth, but there is no such thing as Judgement. However there will be the end of the current age. And the anti-christ, I think, will be man-made. We're all anti-christ.
- Jesus will not return. He's already told us his Second Coming is the Padgett Messages. And to think that Jesus, the messiah, the most true and perfect respecter of all life, the one who wouldn't kill anyone, would come and kill the anti-christ, is missing the point about Jesus.



- The day of Judgement will occur and people will be Judged, however not in the Christian sense. It's just a technical role-call carried out at the end of each age and before the next one begins. It doesn't mean you'll be damned to hell forevermore or free to live in paradise.
- Sure, there is hell and paradise, however I don't think the Christians or Muslims have any real idea about what either really is like.
- Divine Love Spirituality (DLS) embraces a Trinity, more along the lines of The Urantia Book, however with the Feminine added. There is God, our Mother and Father. The Eternal Son of Truth; and The Infinite Daughter of Mind. They are a Paradise Trinity, as opposed to the local universal trinity. And Jesus is not God, but a Creator Son of God, so first Paradise Son of God in the sense we are to relate to him. And he was a human as was his soul also divine. He partook of the Divine Love from God, as can we all. And why would you worship Jesus or an angel or anyone else more than you worship God? If you do, then you've not yet fully felt the truth of God in your heart. And all men and women are sons and daughters of god and of Natural love, and we can become divine by longing for and receiving God's Divine Love. Mary M (Magdalene) and Jesus are also a Daughter and Son of God. Jesus died on the cross and woke up in spirit, and then after the usual three Earth days appeared to people on Earth in his spirit form to show us that there is life after death. We are all conceived into rebellion against the truth, by default. We're all sinners, evil, wrong, whatever you want to call it. And we all have to do our Healing to get out of our unloving state. It's a technical thing, it's not about bearing the burden of someone else's sins. And if you feel it's unfair, then those are more bad feelings for you to accept, express and seek the truth of.

In conclusion: You have free will if you want to remain wrapped up in your Wrongness, remain within your religion. But you can also set yourself free – heal yourself: do your Feeling Healing or Soul Healing with the Divine Love. THIS IS THE GREAT TRUTH NOW REVEALED TO HUMANITY.

James – 25 August 2017: When you do your Healing, you are striving to bring out all the no-love that you are. So trying to be loving will interfere with this. So put your love on hold, just express all you feel, all the good and bad feelings, making sure you do express all the yuk ones as fully as you can, and they will be very bad and very unloving, yet spew it all out, it's all within you and it all has to come out of you, and until it does, you'll never be free of it.

yuk

And the idea of the Healing is to become fully true to your Wrongness. So be it, feel it, be and feel as unloving as you are, all so you can see and understand the whole truth of it. Of why you were made to be as you are, how it all came about with your parents and family through your childhood, how you took it all on, how you expressed it unlovingly as an adult to yourself, nature, other people, your own children and to God. We've got to see the whole rotten truth of ourselves, and then once seen, we are free to move on, then we can move into the Celestial Kingdoms, then we will be born anew and ready to live a life of only love. And this can be achieved whilst on Earth or in spirit.

And as we do our Healing, so too can we long for and receive the Divine Love, and as Jesus says, would be a very good thing for us to do. For only with it can we move into the Celestials upon completion of our Healing.

Nanna Beth – 7 September 2017: “To live in the most evil period of Earth's history as it is now, and then to do your Healing through it, well, you can't get a higher, more exciting and enlivening spiritual

experience, and very few will have it, because it will soon pass as the Rebellion and Default start to loose their grip and so intensity on Earth. However for those people who even start or touch on it, it will be an incredible part of their experience, something for them to hold very dear once they've worked it all though and finished their Healing."

"And then the next best thing is what you are doing John, to at least take it all on with your mind and to be able to ponder the extraordinary ramifications of what's actually taking place, for that too is so rare, happening once for each of the rebellious planets (there are 37 including Earth) and no more, and not on any of the true planets."

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

### 37 REBELLIOUS WORLDS within NEBADON

Saturday, 9 September 2017

Of all the humanities of the 3,840,101 inhabited worlds throughout our Local Universe of Nebadon, Earth stands out as the pinnacle of wrongness. Earth's humanity has not only Rebelled against our Sovereigns, Mary and Jesus, our spiritual parents, but also rejected our Heavenly Mother and Father by embracing our minds as our way to human perfection. Then we Defaulted through Adam and Eve bringing about the conflicting way in which we interact with each other. No other humanity has Rebelled and also Defaulted. Now to cap things off properly, when Mary and Jesus lived physically on Earth in the early 1<sup>st</sup> century we ignored Mary and assassinated Jesus!



Throughout our Super Universe there are 100,000 local universes, within all other local universes no other humanity has rebelled. There are seven Super Universes, there are no other rebellions!

For the Rebellion and Default on Earth to be managed, Earth has been assigned seven spirit Mansion Worlds for us to work through to progress out of the 'hell' that we have engaged in for ourselves. **Until we complete our healing we remain isolated from all other humanities.**

**ISOLATION**

James: John was wondering about the status of the other rebellious worlds, the other thirty-six, what happened to them and how are they coping and dealing with healing it – just a little question! Oh, and do you have anything to do with them – have you visited them? (Thirty seven (37) populated physical worlds rebelled, including Earth.)

Helen – 3<sup>rd</sup> Celestial Heaven: I can give you a simple appraisal. Earth was the worst affected world, it being of a different 'series' of world than the others affected by the Rebellion. And because of that, it was the Evil One's stronghold and from where they mostly based their centre of operations.

The other worlds technically rebelled, and are in a retarded state, however they didn't suffer it to the extent of also Defaulting or their Adamic Pair outright rebelling. So they don't have the double difficulty to Heal.

So far, only three of the other rebellious worlds have received an Avonal Pair, with two of them in the next spiritual age induced by the pair as they have died and left their world; and with the other one with their Pair just coming into their fullness, ending their Healing.

All of these other worlds are all technical worlds, so they are not experimental like Earth, so far more orderly in their nature, and also in their rebellion, so far more predicable and without all the continual dramas we're constantly having to deal with.

So all eyes are focused on Earth, because, so far, in the whole of Creation, all Earth has been through is by far the worst. And still continues to be, and will continue to be right the way through until the last trace of the Rebellion and Default has been removed from everyone.

Is that enough for you James?

James: Yes, thank you Helen, I understand what you're saying. I'll pass it onto John.

# Environmental Collaboration

VS

## ENVIRONMENTAL CONFRONTATION

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3<sup>rd</sup> Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary M might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit Mind Mansion World where we typically suppress our poor state and remain in the Mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**

# OUT



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

## Law of Forgiveness

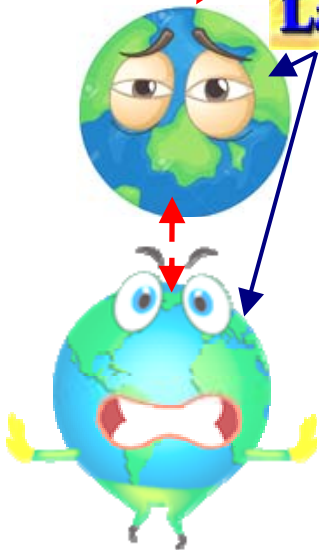


I'D TURN BACK IF I WERE YOU!

## Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor ‘hells’ are the lower levels of the 1<sup>st</sup> Mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> Mind Mansion World and then to consider your Feeling Healing.

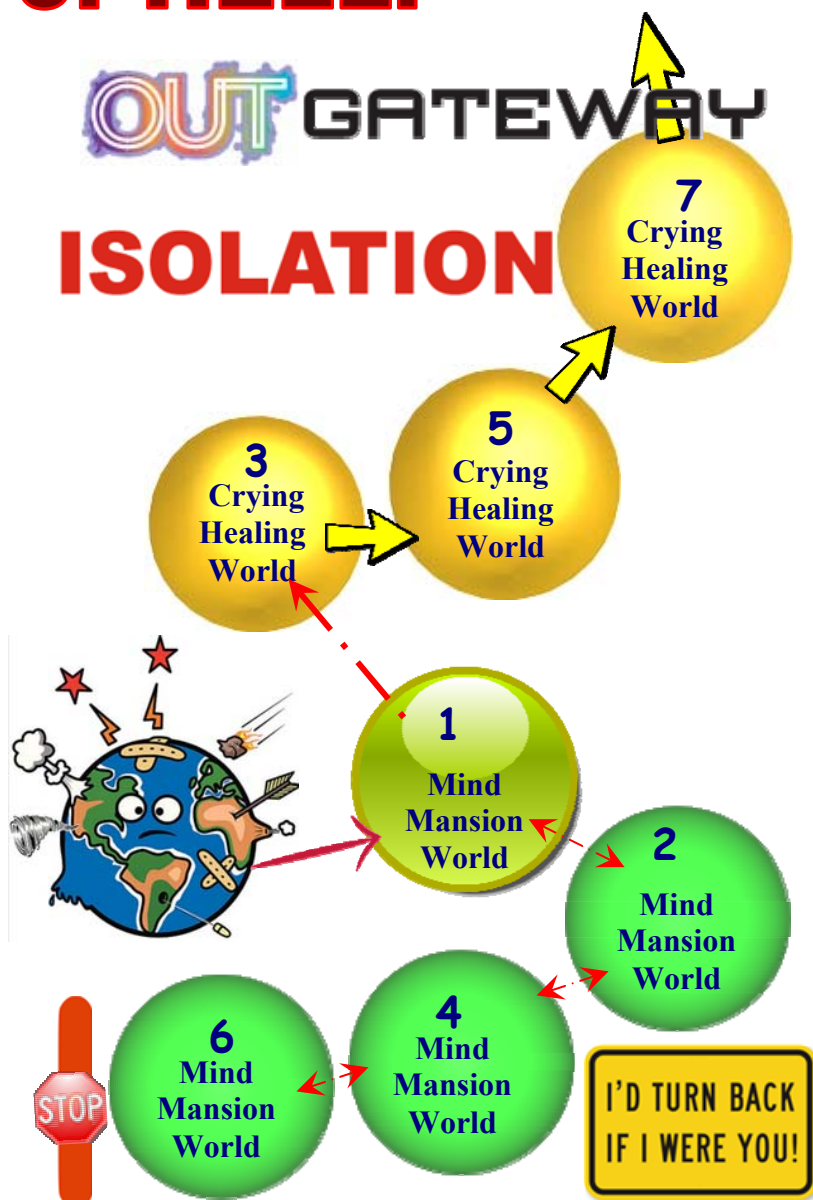
# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> Mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> Mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so, may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> Mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> Mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> Mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system.

## HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

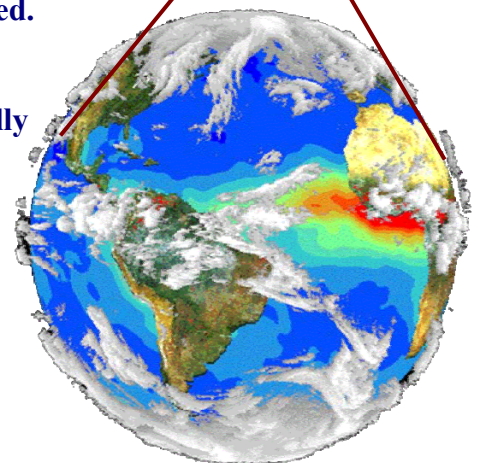
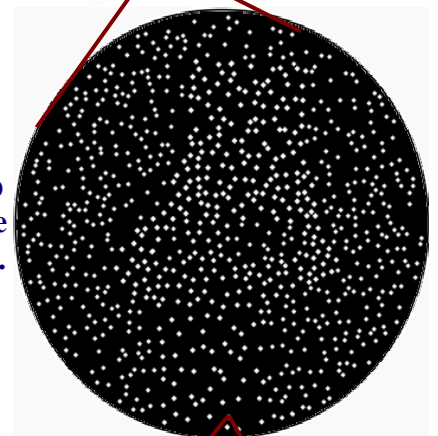
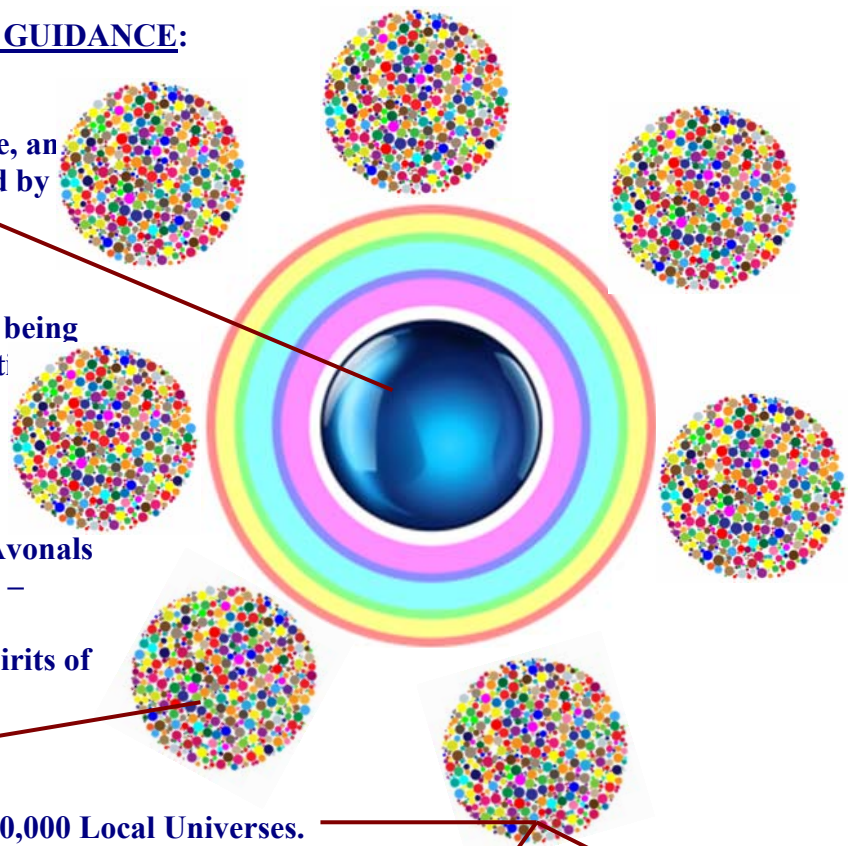
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



## MIND MANSION WORLDS are all PART of the HELLS

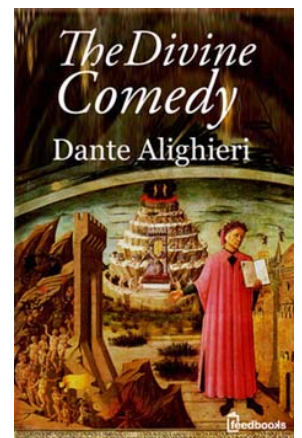
Monday, 14 August 2017

The first two Earth planes are reserved for planes of disharmony, the hells being regions of isolation. Not all sectors of these planes are reserved for isolation as some sectors are for other uses, such as meeting zones between spirits of physical humans and spirits from higher worlds. Earth plane 1 is the deepest of the hells, whereas Earth plane 2 is of the condition between Earth plane 1 and the lower levels of Mansion World 1.



Helen – 3<sup>rd</sup> Celestial Heaven: So that was all perfect Crystal, how you've handled yourself these past days, perfect my dear, we're all so proud of you, so happy you are acknowledging your feelings and taking our advice seriously; and then following your feelings, acting on them, all very good my dear. And for us to give old Milverton a working over, the silly old fool, all these men who believe they have such power, *Masters of the Universe*, which turns out to be only their silly little universe, look where all that power has got him now! (Milverton was money manager on an enormous scale for 'hidden controllers' – and now he is isolated in a little cage in the worst of the Hells – in the 1<sup>st</sup> Earth plane.) Talk to him in another six months and then in a year, and then in two years, and see if he wants to play all his silly little mind-power games. If only such people understood, but such is the ignorance of truth, they having no idea that they are spending their whole lives in their pursuit of wealth and power on Earth only to build themselves a prison of pain in which they will live feeling all the pain and suffering they have inflicted on others.

You were looking through Dante's *Divine Comedy* James, and it's nothing, nothing compared to when you yourself are in your little pain-cell feeling so bad, so so so bad, bad beyond description with all the memories flooding back to you of all the bad things you've done, of how you've hurt other people, and feeling how much pain and suffering you caused them, and then feeling it all yourself. Nothing on Earth has ever been written or painted that can capture the true pain, the full force of agony that such tormented souls will feel. And yet that is their path, they've created it for themselves, and this is a very necessary stage for them to understand first hand that they weren't as smart as they thought they were, they thought they'd pulled it off, got away with the greatest crime, with their death releasing them from all responsibility, they being free to start over.



Which couldn't be further from the truth, which is right, because they are so heavily denying truth. So once they've settled into their new spirit lives, on comes the pain, and it's relentless, it bears down on you, you were feeling your misery bearing down on you today James, well imagine those bad feelings a hundred fold, then a thousand, to where you are so wracked with pain you are begging and begging every second for forgiveness and mercy. It is unimaginable pain, and it's so real, all controlled by your angels according to the needs of your soul; and all you feel is the pain, your whole mind is crushed by the pain, your mind is pain, as it's all done on the mental level. And wave after wave of it occurs, with you wishing sleep would come, unconsciousness, but no, nothing, you can't escape, and you fight it, they all fight it, until one day it dawns on them that having suffered so much pain they are still alive, they are still a spirit, and so what does that actually mean, why haven't they ceased to be, why haven't they been annihilated, why, why, why, what's going on, what's it all really about?



And then they start to go with it, working with the pain, understanding that it's right that they feel it because they are arseholes, that they deserved it, as they see why, they can see how they hurt people, and what those people suffered. And so they start to accept that it's right that they suffer, it's the correct punishment, it's not bad luck or something strange happening to them, some evil spirit trying to have its way with them, it's not even God taking His revenge, it's just the Law: you hurt someone, you hurt yourself. Because as they – we – all come to understand through our real Healing, the Healing of our soul, the Healing of our wrongness and evilness in the true Healing worlds, we only seek to hurt another because we're doing to them what we're already doing to ourselves, and that is what was done to us. However first things first for Lord Milverton, he has to pay for his crimes as an adult, he has to settle the Law of Compensation so as to gain entry into regular mind spirit life in the first Mansion World. So he's in the hell planes of the first Earth plane, the lowest, least spiritual plane you can be in, and in his own self-created little cell of it. And there he will be left, undisturbed whilst he suffers, attended to as required by higher spirits who look after such hell-interned spirits, there to go through what he needs to until he finally comes to realise what a controlling, unfeeling shit he was, and that he deserves what's happening to him; which will in the end make him feel good because he will feel he has paid his dues, he has been punished, and that God is happy with him – which means he can get on and start living his spirit life.

And when that happens, I have a feeling he won't be wanting to rush into trying to restart his controlling ways, I think he'll be a bit more circumspect and cautious as to what effect he's having on others. And he might even be open to understanding that his real Healing still awaits him, and what that will involve. And you might find it surprising, yet a lot of spirits who've suffered greatly in the hell-planes, do want to get on with their Healing. You might have thought they'd had enough pain for the time being, and perhaps would enjoy a few years recovering in Sex World, just having fun and with no responsibilities, might be the way to go; but no, they understand that there is more to them than something as superficial as indulging in nothing but mental sexual thrills and fantasy, that they have touched on deeper parts of themselves, and feel good about that, even wanting to know more; such as, well, all right, I have seen I was bad and have suffered for it, the books have been balanced, however, why was I bad to begin with, what was wrong with me making me enjoy it all, why did I go that way in life...? All the bigger, deeper questions that will be answered by the truth coming to light for them through their Healing with their feelings.

James: Oh wow Helen, I see it, all you've said about Milverton being in his dark hole of self-inflicted pain, that's what we're all in, in our different ways. He specifically has to settle the Law of Compensation to resume normal life in the mind worlds in spirit, but he's still got his Soul-Healing with the Divine Love, to do before he is free of his wrongness and is like you and Nanna Beth.

And all I've been working on with Marion, we're both coming to see and accept, that being in our wrongness, being in our unloving states, until we're fully Healed, we can't be loved, so no one is going to come and love us, we can't love each other fully how we want and need to be loved, we feel alone, and even though Milverton is alone down in his hole, we're still alone too in our holes. And although we live together as a married couple, we're still desperately alone, because we can't be anything else other than feeling alone in our unloved negative evil states, because that's how we felt as young children. And we're all of it, in it, we can all relate to Milverton when we're doing our Healing, seeing that he is in the lowest of the hells having to deal with all that pain, but being in the high seventh Healing Mansion World, just before your Healing ends, is being in the highest hell, because it's still hell not feeling loved, feeling so alone, feeling all the shit feelings you feel, seeing how bad you are, not being able to change yourself into being good and loving, just having to fully accept your whole negative, rebellious state.

So I see it, which I've written before, but now I've got the picture, **the seven Mansion Worlds including the two Earth planes and the physical itself on Earth, we're all in hell, we're all evil, anti truth, anti love, feeling unloved and in the pain of feeling-denial.** We're all living untrue, and even though we might love each other and enjoy being together and not feel lonely for a moment, even our whole lives if we're lucky enough to have got that parenting and start in life, still because we're incarnated into a rebellious world, at some point in our Healing we all have to arrive at the same point of fully accepting that we don't feel loved, and we feel unloved, uncared about, unwanted – all our bad feelings. And we've got you lot in the Celestials to compare ourselves against. Nowhere have I read that you move into this or that Mansion World then you meet your soulmate and link up with your soulgroup, twenty-four people who you get on so well with that you don't want to ever leave them, and you just feel better and better with yourself, your soulmate and soulgroup, all the way to Paradise. That, from all my writings with spirits, **ONLY** happens in the Celestial spheres; and that is, **ONLY AFTER** you've completed your Healing. So we go from feeling totally, despairingly, unloved, into the full-on feeling loved situation once we cross over into the Celestials spheres out of the penitentiary Mansion Worlds.

And the Mansion Worlds currently are prison worlds, we're on a gigantic prison isolated from one another even though some people feel love for one another, for their pets, their children and spouse, and yet that love is all of the mind, all false, all based around our beliefs for each other built up from our early lives and then how they manifest for us in our adult lives, and I can go to the Bush Bank (native plant nursery) and enjoy being with the people I like there, and I can live with Marion and enjoy and even love her to some degree, and we can have our little pet cat that we had, and love her too when she wasn't annoying the shit out of me, and so on, and yet still I FEEL ALONE, SCARED, UNWANTED AND DREADFULLY UNLOVED. And that is the truth of myself: unloving evilness, my wrongness, my rebellion. I don't know how to love, I'm not loving, I can enjoy mucking around with John on the phone and doing all this with you spirits, yet still it doesn't change the truth I feel that originates from how I felt when I was young.

And my Healing is currently moving me to understand this, to accept it, to no longer think that once I've seen my problems I can stop them, because I now know, I can't. I don't have that power over myself. I used to think that I did, but I was full of shit because my mind thought it could do anything. And now I see, all I can do is understand through my feelings and so accept the truth that I am unloved and unloving – end of story. And I can't even say I am truth-less anymore because I'm growing in truth everyday, like seeing this all now, putting it together even more, feeling it more, understanding it more, and yet it doesn't make me feel loved. **So here's another truth: Truth does not beget love. You need truth as the platform from which love comes, but of itself it is not love. Love is Love, something separate; and feeling devoid of it, feeling that it is something I want, is all new for me, and I'm having to accept that right through to the core of myself.**

And it's taken a long time to get to this place of self-acceptance within myself. And lately thanks to John, Nanna Beth and yourself, Helen, I feel I'm accepting it even more, even as I am typing. And this is huge for me. The little dog, a new dog up the road, cries every morning and on and off through the day, because he's left alone. And Marion and I feel so sorry for him. And everywhere we live, sure enough at some point, for shorter or longer times, there are crying dogs, crying because they feel so alone, and when you feel how bad that feels, your people, the ones you love and which your whole survival depends on, your pack, abandons you, leaves you, and you don't know that they will ever come back, your heart feels broken that they could be so unloving, so unkind, smashing you to pieces, and you wish you could die, you don't want to keep feeling so unwanted, unloved, you want the pain to go away, and you cry and cry but that doesn't do anything.

And that's how we felt as young children, and its how we still feel, it's what our Healing is helping us understand – the truth of ourselves, the truth of our unloving state. And that like that little unloved, left alone little dog, we can't do anything about it. And it's not enough that his owner does love him, because that's all bullshit, because if his owner really loved him, then he'd never leave him alone feeling unloved and crying. So all that false love or so-called love doesn't rub any longer, when you feel so unloved and alone you sure don't feel all right about it, because you know your parent does actually love you, even though they don't want you with them, even though they have left you alone, even though, they are the ones making you feel so unloved.

So I get it now, the whole picture and understanding about the Mansion Worlds. About the hells, and all poor Milverton will have to go through; then to come out and be told he still has to go through his real Healing. Fuck me, what a horror show we all live, so much suffering, so much pain, so much denial of feelings we all go on with, so as to not accept it.

So Helen, I am right, aren't I, right how I'm seeing it, that is how it is for us all, and for you Celestials. No Celestial changes soulgroup once their established in their group do they? No one wakes up one morning, looks at their soulmate and suddenly feels, I don't love you anymore, and then wants to end the relationship and go meet someone else?

Helen: It is as you say James. You are spot on, that's the truth. And it is as you say for us Celestials, the thought doesn't even come into our minds that we're unhappy, because all our unhappiness we Healed out of ourselves doing our Healing. We couldn't be more happy with ourselves, our soulmate, and soulgroup. And so much so, that we can't even keep up with the ever-growing happy feelings, feeling so much love, feeling loved and feeling so much love for everyone. And all our experiences make us feel more love and more loving, it is the complete opposite to how it is for you and how it was for us when we too were of the Rebellion.

And as you say, the most difficult part of the Healing is breaking down and coming to understand that what you thought was love, even those very strong feelings of love, were not true love; and they aren't, nothing like what we feel here in the Celestials, because you are still full of untruth, whereas we aren't, we're true. So being untrue, you can't feel truly what love feels like because you're in an anti-love state, your state of untruth is love-denying, so it is as you say, the love you feel in your wrongness is love in your wrongness, and when you end your wrongness, when you Heal your wrongness, so that love will go as part of the Healing. And then you are left with the truth of your unloving state, and you don't feel loving, don't feel loved, feel alone and all the terrible feelings that you and Marion are feeling.

James: I have that wonderful feeling of getting it, and of finishing it off. For me I've had to uncover the picture of it for myself all the way along and for each part of it all. And once I've seen the picture, then I know it's real and true, and then I feel happy with it, and another part of me finds a little peace, even in my yuk.

So as there's a lot of light flying around in my chest, it's hurting again, I will ease off, have a rest and read through what I've written tonight.

So thank you again Helen, thank you and Nanna Beth and everyone else up there who are helping us all, thank you on behalf of us all down here. It sure is all amazing.

I'll speak to you soon.

Helen: Bye James.



### 1<sup>st</sup> SPIRIT MANSION WORLD CONDITIONS:

The first sphere spirit mansion world is the destination for all who shed their physical body, be it moments after incarnation / conception, or any time during gestation, or later on through one's life in the physical realm of earth.

After a period of 'acclimatisation' of around three months in one of the many receiving station within the 1<sup>st</sup> sphere, one's soul condition will then determine the plane and location of one's living within the spirit worlds will begin.

The conditions within the 1<sup>st</sup> natural love spirit world range from the dull and dreary condition of a remote wild west township or an outback community in a semi arid environment all the way through to the most wonderful environment and conditions to be found on earth.

Thus, we are drawn by our soul condition to habitat in an environment that we have brought our own condition to be, and to live with spirit people of very similar soul condition.

Even though our arrival into a receiving station within the 1<sup>st</sup> spirit world sphere will be a delightful condition, as our memory starts to become active then we will find ourselves being drawn by the gravity that matches our soul condition.

If we are inclined to cause harm to others we will be drawn into the darker Planes of Disharmony. If we are developed in the embracement and acceptance of our Mother and Father's Love we will most likely progress to the 3<sup>rd</sup> Sphere, being the first of the Divine Love Spheres to commence our Feeling Healing.



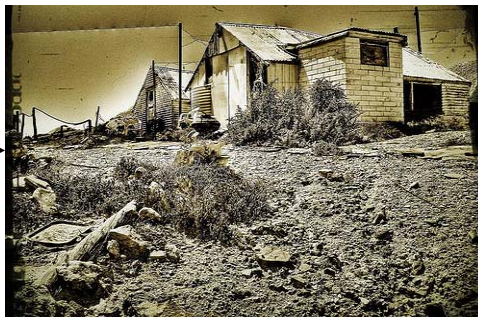
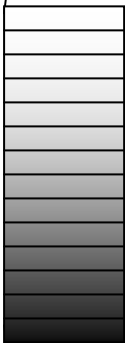
**1<sup>st</sup> SPHERE ASPECTS:**  
**Summerland, etc, nurseries**



**Summerland, etc., are beautiful regions of 1<sup>st</sup> sphere.**

**Summerland, etc, are within the highest planes of the 1<sup>st</sup> Mansion World / sphere.**

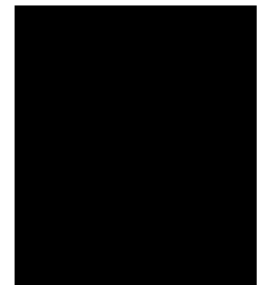
**There are 1,000s of plains in the 1<sup>st</sup> sphere.**



**Ambience of mid range plains of the 1<sup>st</sup> sphere is where the majority of humanity pass into.**



**2 Planes of Disharmony / Earth:**  
**The hells are unimaginable places of darkness.**  
**Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!**



## 2 PLANES of DISHARMONY:

God is a God of love to even the vilest sinner, and when such a sinner turns to Them and prays for forgiveness and love he gets them both. Let me tell you further that the love of God and embraces Feeling Healing, when it enters into the soul of a man is sufficient to wash away all sins, and make that soul happy and joyful. Not even the most evil man who is guilty of the greatest sin need think that he cannot be pardoned, and made happy and brought into harmony with God.

God, being Mother and Father, loves all Their children too much to have them pass through such experiences as are in part of the teachings of many spiritual leaders and books. Evil spirits have to suffer for their sins and atone for every evil thought, but not by any such suffering as some books depict. Neither the hells of the churches nor the hells of such books exist.

The two Planes of Disharmony are places of isolation to prevent those who wish to pursue harm to others from doing so.

As such spirits are embroiled in harmful negative emotions, there is a progressive and gross lack of love and light in these spheres. The hovels that are physically assembled by these dark spirits progressively become lacking in substance reflecting the soul condition of these spirit personalities.

The two Planes of Disharmony are planes of earth. There is virtual darkness prevailing on the 2<sup>nd</sup> Plane of Disharmony and the environment is one of gross desolation.

No matter what one's soul condition may be in, one can recover and progress to higher spheres of love and harmony. Many have progressed from the deepest of these 'hells' to the Celestial Heavens through engaging in doing their Feeling Healing and embracing Divine Love.



## **PERFECT in our SELF-EXPRESSION UPON ENTERING the CELESTIAL SPHERES**

Tuesday, 15 August 2017

This is me (James) working more stuff out with Nanna Beth, and I think I get it fully now. I feel really good about understanding it, and just hope it happens this way. And, do you mind, John, if I send stuff I write with Nanna Beth and Helen about SI to Samantha? She expressed interest in keeping up to date with it all, wanting to understand it more. So far I've only sent her bits like this below that involve the truth, herself, or a little about SI (Solid Investment). I missed the phone not ringing today!

James: Nanna Beth, Marion and I were talking about the male / female approach, with my needing the picture with my mind upon which to base my feeling expression, truth and understanding, whereas Marion only needs her feelings, she herself is, if anything, the picture just by being herself – all she feels, and her being is the base from which she expresses all her feelings. She doesn't need the mental pictures as much as I do.

So an example of our difference is, I ask you about life in the Celestial spheres wanting to know what it's like over there, what it looks like, where you live, the set up with your soulgroups, and so on; whereas Marion would want to know, how you communicate with each other, what you feel with each other, how your relationships are different to how they were in the Healing worlds. Marion is intently focused on the people together, the interaction, all the feelings involved, not where they are and what they are doing, those things being only the props for people to express themselves to each other.

So I want to ask you, how it is between you and your soulmate on the relating and connecting to each side of things, compared to how it was in your relationships in your wrongness?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: It is as Marion was saying. **We are true and perfect in our self-expression upon entering the Celestial spheres, we are granted that, we have to be in that condition to live here, and it will be the same for you on Earth when your Healing ends.** So our whole focus is on expressing ourselves, and it's easy to do, we are like how a young child is, you constantly want to express your feelings, you can't not do it. You can't help yourself. It just happens naturally because that is the light in your soul, it's all that you are, it's how you live, and with everyone around you in the same state, so you express all you feel all the time to each other.

And you do it without thought, just like a child does. You have to make a great effort, because to express yourself, you James are still living against yourself, against expressing all you feel, you are no longer a true child, you're a rebellious adult, living against the natural flow of your soul, against your own true love. So your relationships are built around the limitations of your self-expression.

We feel a feeling and want to convey it to the other person (spirit), our heart opens to them, we feel our will activated at wanting to connect with them, and when we see they are ready, willing and open to receive us, we speak, we will our feelings and thoughts to them, and they readily receive them; and if they feel to, will respond in kind, that being what they think and feel.

Just look at little children how effortlessly they communicate with each other if they are free to do so. And we are just as free only we are adults too, so we're fully aware of what we are feeling and mostly why we are, and what we are doing in wanting to be with and fully connect with the other person – or spirit, in our case; and knowing, because we feel it, how the other person should respond to us. And if they don't, then why, what is wrong, we feel bad, they feel bad, and we work to immediately sort it out; and we do, the truth coming to light very quickly. But such miscommunications are rare, and rarer still the higher you go. In the early times of our life here in the Celestial spheres we are still bringing into being a lot of what was denied us, so all our retarded and repressed attributes and self-expression.

**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



Council of Elders  
now around 20  
Soulgroups



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!





So we have a few rough patches we need to bring up to scratch, and that happens all very quickly because everything, our whole way of life and how we express ourselves, the light of the sphere we live in, is supportive of that. **Everything naturally resonates to perfection over here in the Celestial Heavens, unlike in the Mansion Worlds and on Earth where everything is resonating to imperfection because of the Rebellion and Default.** So all you are finding very hard in your own self-expression James, and all those parts of yourself you are coming to accept are wrong and you can't do anything about them other than keep expressing what you feel, are sorted out and healed and your whole being works for you instead of with your mind against you as you currently are.

And our whole interaction, as I said the other day, is loving. We feel such love. You don't feel any love, so you can't begin to understand what feeling so much love would feel like. And you're not to know until you are fully Healed, that too you are coming to understand and accept currently. You can't feel loved in your unloving, love-rejecting states, it's impossible, other than the **corrupted mind-influenced love you all know.** But true pure unadulterated love, the real true love from your very own soul, you, the love that you are, that your Heavenly Parents made you of, that is what we express all the time; and so being so loving, you are always lovingly reaching out to your soulmate, to the others in your soulgroup, to everyone you have anything to do with. And naturally they respond to you with their love, and so love compounds, and at the end of the day we have to rest simply to integrate all the love and good feelings we're feeling, unlike you and Marion having to crash at the end of the day feeling so bad as a result of how unloved and alone you've felt all day.

James: The main point for me at the moment is what you said in not thinking I should be any other way than what I am. I am unloving, so I am, and it's for me to be it. I did think my Healing, as I progressed, should make me come out of myself, make me loving, more expressive, more feeling, more wanting to reach out and connect with Marion and everyone else, and it has to a little degree, yet I can see, that is only to help me see more truly how I'm not all those things, and how I'm closed off, hateful, unloving and rejecting of myself, Marion and everyone else – completely negative. And so instead of fighting that, accepting it, yet only accepting it as I naturally feel to, I can't make myself accept how I am when I hate being as I am, I can only express my bad feelings and grow in truth of how fucked I am to the point of feeling naturally self-accepting of my unlovingness, and that is what I feel is happening to me now.

Nanna Beth: It is James, that is what happens as you move toward the end of your Healing, for your bad feelings have given rise to the truth of your unloving self-denying state and now you are accepting that truth. And as you say, it's not about you trying to change yourself, that is all lower stuff, what you were wanting your mind to do because that was how it was trained to be. You believed – wrongly – that you could **change yourself using your mind**, however as you now understand, **you can't**, and no one actually can. **You can delude yourself that you can, yet once your childhood is finished, you can't work your mind like that. And all you are doing is only outworking your childhood.**

So all you can do as an adult is work to accept all that is the truth of your childhood. And when that's seen, so then you will end your rebellious ways, your soul unites with your Indwelling Spirit, and becomes divine from all the Divine Love you have longed for and received, and you become a different being, (morontial, as The Urantia Book says) you are immortal, you will always exist, your survival has been assured, and as a consequence you do change into the first level or stage of perfection, which is that of the first Celestial sphere.

And then you can express yourself free of the Rebellion and Default, and that is all-loving, and so that's what happens. And it takes a little while getting used to it, it's a huge change in us, which is why Kevin is not wanting to come rushing to make contact with John, because having just come over here into the first Celestial sphere, he is still getting used to the new light within himself.

And in a way it feels as if you've been ill for a very long time, which in fact you have, the whole of your rebellious anti-love life, and suddenly you are fully healed – a miracle of sorts, and you are a bit wobbly on your new spirit feet as you get used to all the good feelings, all the love you feel from everyone, and even the love you feel for them! When you've never really felt true love, and suddenly you start to, it takes you by surprise at first, and you think, wow, this is love, this is really what it feels like, oh my God, it feels so nice, what lovely feelings, I love these feelings, I want more of them, they make me feel good and I don't even have to do anything to make myself feel them, I am just feeling them. Which is again the very opposite of how it's been for you James, and really for everyone if they were able to be true to their unloving states.

I know it's very difficult, but the big mistake people make in their Healing is thinking they should be loving, and the more they progress, believing love should come, they should feel it because isn't that what Healing yourself of being unloving is all about?

However, although that is true, it doesn't work like that. So you'd be much better not expecting yourself to feel love, express all your bad feelings about not feeling it, of course, and everything else you feel: wanting it, how much you want it, being angry that you can't have it, demanding to have it, and so on; whatever you feel, yet knowing that you are working to fully embrace and accept your state of no-love, the state of the Rebellion against love, and so in that state, there IS NO LOVE.

So by the end of your Healing, you should be actually feeling fully unloving, the whole truth of your unlovingness, and not fully of love. You should be true to how it was for you through your early life, and the real truth, on a feelings and soul level, and not that of your mind which might have believed it felt love from and for your parents and siblings. And to further understand that real true love won't actually come until your Healing has finished, then when you are of a Celestial truth, then you'll feel love and be all-loving.

And I know it's been a long time in coming for us to reveal such truth to you, but you've had to get there yourself James, you've had to work your way into this state or level of truth before we've been able to discuss it with you.

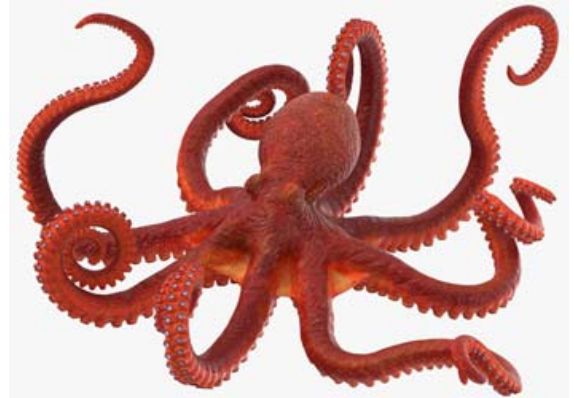
James: Yes Nanna Beth, I understand that, I can see how you've matched me each step of the way. And now I get it, for here I am feeling it, so I'm glad you can tell me about it.

Nanna Beth: As are we James. However that is all we can do, as we can't help you become loving, no one can, not even the angels will cross that line, because that's all between you and your Mother and Father.

James: I understand that Nanna Beth. And I am feeling closer to Them, not more loving as I can't feel love, and rarely does any Divine Love come into my soul these days, however that too I am not fussed about, feeling I probably have all I need from the days when it did freely flow into me, so I am just focusing on being true to what I feel and nothing else. For I do understand They will change me when the time is right, and I'm even feeling good, I even got a bit teary eyed about it earlier today, about all I've been through and how fucked I am. I'm glad I'm so fucked, because I do feel I am getting to know quite thoroughly my version of feeling unloved. So I see this as all part of my self-acceptance, no longer rejecting my yuk bad parts as they come to light, even just going along with biting my nails, overeating, just doing what I feel, and if I feel bad, expressing those feelings. And I'm longing for the truth all the time in one way or another; meaning, when I feel bad, or just any time when I feel stable or even good, but again not forcing it with my mind making myself remember to long, just doing it all

when I feel I want to do it. And if I don't want to do, hey, that's fine, I don't feel bad not longing more than I am. And it feels good finally giving up so much of my controlling mind.

Nanna Beth: And it feels absolutely wonderful giving it all up, you have no idea James, to actually feel free of the controlling tentacles of your mind. And to be able to reflect back and understand just how much mind you were, how little (few) feelings you lived and expressed in life, even though you felt all the way through it. But feelings without truth are meaningless, letting off steam as you have written, and all just mind generated. So **to feel completely your feelings, you are feelings, and then your mind is there to totally support them and not get in the way, no longer stepping in and taking over, and you are no longer living unconsciously expressing your beliefs without any understanding or feeling that you are, oh it's just so, so good James, and so worth it all, so worth going through such hardship when finally you do feel so, so, good.**



James: I just realised as you were saying that Nanna Beth, **our fusion with our Indwelling Spirit that takes us into the Celestial level, the fusion really signifies making right all that's wrong within us. Our Indwelling Spirit is perfect, and so to fuse with it in our soul, means all that we are has to be of that perfection too.** So that is why it's so significant, it being a state in our growth for people and spirits subjected to rebellion, like we all are, with fusion meaning it's the end of it, we can be purified once and for all of it, left untainted by it, FREE! Almost like a spiritual fire that purges us of all impurity, all rebellion, that being, once we've seen the truth of how rebellious we are. Yes, so that makes even more sense, we are to uncover the whole truth of our wrongness, feeling it, knowing it inside and out, and then when we have attained that level, then fusion takes place, a real full-on super-spiritual experience that shifts us from the imperfect to the perfect. And then we can have perfect and true relationships with everyone, with ourselves, nature, each other, and with our Mother and Father, which we can't have before because we're unloving and imperfect. And I'm sorry to keep going over and over these points, but I'm working it into all the different ways I see it, it all coming together, slowly painting the picture I need.

And I guess at lot of people understanding the theory of this will try and jump the gun by using their mind and believing they are true and perfect and all-loving and are fused with their Indwelling Spirit?

Nanna Beth: Which is what the high mind spirits are trying to fabricate for themselves using their mind claiming to be Enlightened. And yet they have no idea what they are talking about.

And yes, it is possible James, as you know you did it yourself early on in your Healing, you have a big spiritual experience as part of your awakening in your Healing, and you quickly bring in your mind making yourself believe your Healing is finished, you've done it, you've even fused with your Indwelling Spirit, you've made it, you are true and pure and all-loving and at-one with God. But if you are still longing sincerely for the truth, then you'll soon move past that mental aberration, feeling yet more bad feelings coming up swamping your vainglorious mind, and you'll have to admit that you're not as progressed as you believed you were, that you jumped the gun, got a bit ahead of yourself, made it all up, are not yet Healed, and seek the truth of why you did that, through your feelings.

James: Yes, I can laugh now Nanna Beth at myself, for I think I finished my Healing about three times, with Marion saying I was full of shit, that I hadn't even started it properly, she being proved right of course.

Nanna Beth: I think we all do it James. We all want it to end quickly, and no one really appreciates just how much truth is involved, and so how long it's going to take to work yourself steadily along releasing your repressed feelings into uncovering the whole extent of your unlovingness. It's not something you can apply a few simple steps to, say a few mantras, have a few meditations about, pray and long a bit, it's a long drawn out process of coming to terms with yourself, or coming to understand in just how bad a state you are in. **It's seven Mansion Worlds worth of untruth that you have to**



**ascend and bring to light within yourself, and that involves an enormous amount of bad feelings.** And then to realise that all that enormous amount of bad feelings were what you felt through your early life – well, it's amazing you didn't just perish with the pain of it all.

James: Yes, it is. I'm going to leave it there Nanna Beth. Thank you again for talking with me, that's helped me understand myself and our Healing even more. I think I might have got it, I think it might have sunk in now... however I know the danger in making such a claim, so I'll probably want to talk more about it with you sometime soon.

Nanna Beth: It's my pleasure James, speak to again soon – good bye now, love Nanna Beth.



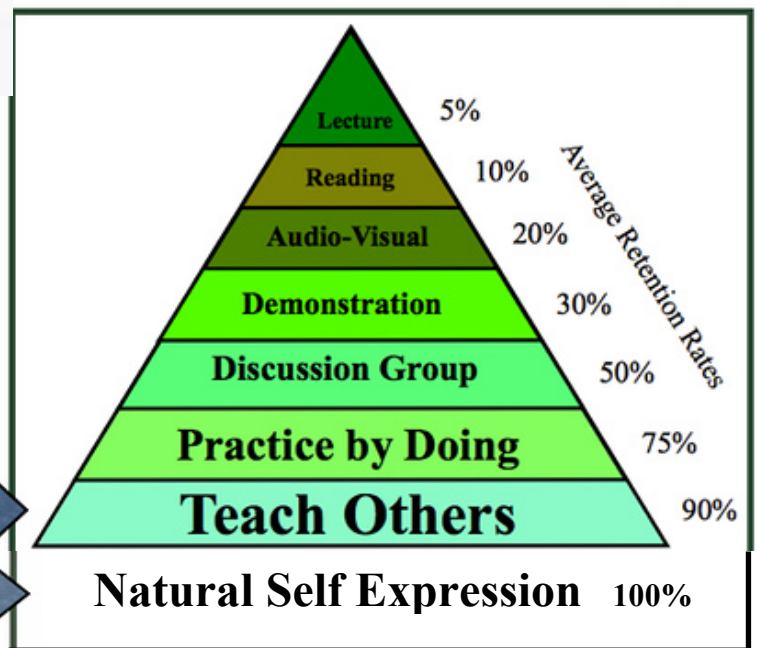
# Our Feelings are our Truth



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## The Rejected Ones – the Feminine Aspect of God

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**HUMANITY'S WRONGNESS and HELLS**

Wednesday, 16 August 2017

James: Hi Nanna Beth, as I touched on speaking about the Hells with Helen the other day concerning Lord Milverton's stay in them, I thought she might be able to tell me more about them. (Milverton was a money manager on an enormous scale for the 'hidden controllers'.) I've written over the years about them, mostly in my unpublished books, and in lately understanding more about the end of our Healing and moving into the Celestials, and having browsed Dante's Divine Comedy some more, I was wondering if Helen could please outline for me how they are set up and the sorts of things spirits do, or go through, in them.

Nanna Beth: It's easier if I talk with you about such things James; easier on you, as my light matches yours so well; and easier on John, as he will work a lot of the material we write together into his Pascas Papers; and Helen is busy with other things to do with Crystal and the Germans, and all else that entails, which is basically what's going on with the whole world. Helen and her soulgroup are overseeing the workings of the world, whereas my soulgroup and I are working specifically with you and John and all he wants to do – together with helping coordinate the emerging Celestials at the demise of the mind spirits. So of the spiritual nature, that which you are mostly about James, I will speak with you, and if need be we can enlist Helen's help, should she need to convey something directly to Crystal. Is that all right with you?

**PASCAS  
PAPERS**

James: Yes, I understand, it makes sense and I am more than happy to stick with you Nanna Beth.

Nanna Beth: Good, so I will tell you what you want to know about the Hells.

As you understand, there are two main areas of what are collectively and loosely called: The Hells. There are the lower planes and sectors therein of the first Mansion World (1<sup>st</sup> natural love mind sphere); and there are lower planes and sectors therein of the two Earth planes, these two areas usually being grouped together and referred to as one of two main hell areas. The Mansion World hells are not as bad as the Earth-plane hells. The Mansion World hells are for spirits that basically have within their heart the desire to be good and loving, yet just can't help themselves doing bad things to other people, spirits, creatures – including all nature, and themselves. And when I say spirits, they can't actually hurt or kill them like they did people and creatures on Earth, yet still they can't help themselves being unloving with the intention of hurting them. With such unconscious compulsions of course coming from early childhood.

So someone who simply lashes out uncontrollably killing someone else, and does that more than just by accidental rage, so they obviously have a very deep-seated problem they can't control; someone who might under the influence of alcohol or drugs do bad things, such as rape or hit, harm, kill another in some way, yet when they are sober are full of remorse, hating themselves for being as they are and wishing they weren't, yet with no way of being able to control or stop themselves. So they are not maliciously inclined, they have not stepped over the line wanting to hurt, and enjoying hurting and causing misery and suffering in another. They don't gain pleasure from their abusive behaviour, so they are basically fit for Mansion World life, yet can't help themselves when their buttons are pushed, feeling very regretful and full of guilt about what they've done, and desperately wanting help to heal themselves, to get rid of the 'devil' or 'evil spirit' or 'bad steak', whatever they see it is within them, being unable to do anything to help themselves. So, the man who comes home and beats his wife under the influence of alcohol and then when sober wants to kill and beat himself with shame, begging her for forgiveness, swearing he will never do it again, only for his pattern to keep repeating right the way through his life. Someone you'd probably hate, and yet at the same time feel deeply sorry for, because

they know they are bad, they are doing bad and wrong things hurting someone else, yet are powerless to stop themselves.

So these people, and you'd be surprised just how many of them there are, come into the first Mansion World like all do upon death, and then are taken to the lower recovery planes – the 'little hells', where they have to settle the Law of Compensation for all the pain they have caused.

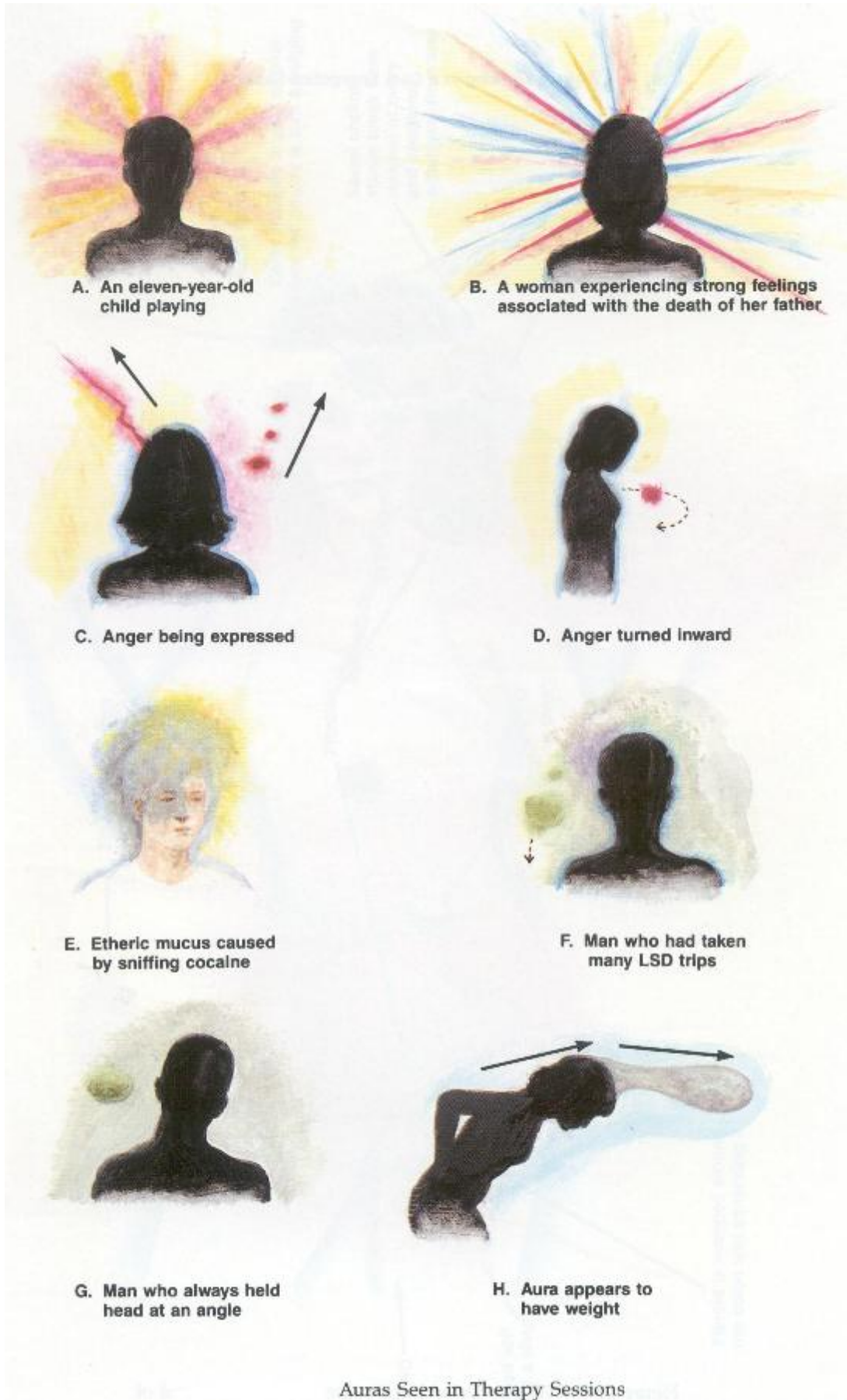
Mostly how their 'payback' time goes, is they begin with a period of isolation which can vary in length, from months to years, in which they live in a part of the plane that's congenial to their state of mind, and like a low security gaol. They can set up their surroundings to suit their requirements, in contrast with the likes of Milverton in the 'Big Hells', who doesn't get a say in anything, is put in his 'cell' of which he's not really even aware, because very soon his pain will intensify to such a degree that he'll all but be consumed by it, so his solitary confinement is all within himself; whereas in the little hells you are freer to be alone in more liveable surroundings, and can even interact with other spirits on similar levels or with higher ones who will come giving counsel and support.

So these little hell spirits go through waves of pain, just how it was for them during their lives, they'll feel relatively normal, and then when they were hurting the other person or creature, in their hell when the cycle comes around, that pain is inflicted on them by their own soul, with their unseen angels organising it for them by adjusting their aura so as to make the level of pain required to settle each of their transgressions. So they have to work back through each wrong they did.



And over time many small changes happen to them in their psyche and psychologically, and they slowly come to understand that they can't escape from the wrong they have done, and they begin to want to suffer the pain they have caused; it's penance, they are paying for their crime, they come to agree it's a fair punishment, and they start to willingly accept and embrace and even want it. And it gets to the point by the end of it all where they are so accepting of it, having changed themselves psychologically and on all levels, which we call psychically, that they no longer feel the pain because there is no longer any pain to feel. The end of their pain coincides with their complete self-acceptance as to what an evil, sinful, unloving person they've been, seeing through their feelings all the hurt they caused.

Often such people, even though they are regretful of the pain they inflict whilst doing it or afterwards, don't really understand the full extent of pain and suffering they are causing. They might see the results of their anger, a broken arm, black eyes and bruises on their children and spouse, and feel very bad for what they have uncontrollably done, saying they are sorry and trying to make amends, yet remain completely ignorant of the broader pain and suffering they are causing. Such as, how their partner changes over time because of being unable to leave them, trapped within their madness, what psychological effects they undergo and endure; and then the children, the pets, the neighbours, anyone and everyone who is negatively affected. And all of that, all the ramifications of their wrongness, all the levels of pain and suffering, they have to see and feel for themselves. And you have to feel it fully because that is the only way you can really see the truth of it, as you know James now from your own Healing.





The average ‘good’ person, which are the majority of spirits arriving in spirit, someone who doesn’t do anything really bad, doesn’t harm others intentionally or even in such an unwitting unconscious state when they are not of their right mind being under the influence of some mind-altering substance, or even if because of psychosis of their mind, don’t have to undergo anything more than what is commonly called a Life Review, in which they endure a time of seeing their misdemeanours, how they were a shit in that situation, how they inadvertently hurt that person or creature, feeling bad for a relatively short time, but nothing like being in what could be termed a state of hell. And then once they’ve seen these bad parts of their lives and themselves, move on into the general Mansion World population moving to whatever level they achieved whilst on Earth.

But if you’re worse than just being in a general or normal sort of loving / unloving state, of wanting to be good and do good, not wanting to hurt another person or creature, even though you kick the dog and squash the spider, farm your livestock, yell occasionally at your neighbour, wife and kids, punch the other guy in the pub fight, ripped that person off because why not – the opportunity presented itself and you took it, yet generally you don’t set out to rip everyone off; if you are worse than this general run of the mill level, then you move into the little or Big Hells.

So we all have to settle the Law of Compensation on some level when we first arrive in the Mansion Worlds. With some people having very little to nothing to settle because they’ve not hurt anyone or any creature, nor themselves, they have done good and tried their best and been what is generally called loving – with a loving heart and honourable intentions. And over the years the parameters as to what qualifies for how much payback one has to do, has changed as humanity has evolved, it all in keeping with the tenets of the Rebellion. So all the stuff Dante imagined he saw constituting the Hells in his day, was more along those lines of vast numbers of spirits in places of hardship in the underworld having to pay for their various sins. But all that old fire and brimstone stuff, the extremes of heat and cold, suffering the ravages of starvation, obesity, eternal disease, having to deal with wild animals and half-man half-animal creatures, having to pay for your crimes of sin to be allowed into Paradise, the higher levels of the Church where they believe God is located, doesn’t exist anymore. And even when it did, it was all just the imaginings of those who believed they should live in such places being subjected to such unspeakable depravations and horrors; and it’s still the same today, it’s your beliefs that determine your state and so affect your surroundings, but people’s beliefs and expectations have changed, the world is more civilised today, and so too are how you undergo your time in the Hells and live in the Mansion Worlds.

For the people, now spirits, who have enjoyed inflicting pain, have maliciously wanted to hurt others, who calculate how to go about it deriving great pleasure from the power they gain; and from personally physically hurting by torturing another person or creature, to doing it impersonally, as Milverton did by wielding great monetary power, torturing people he never saw through economic deprivation, including the whole world being subjected to debt-slavery controlled by the hidden power people, and the politicians who are in it all for their own gain without any feeling of care about the actual people they are supposed to serve; all that sort of attitude, because you hate everyone with a passion, and you want revenge, you feel hard done by and you are going to get what you can from whomever and you don’t care how much pain and suffering you inflict, all the worst of the worst, go into living in the Big Hells.

And the Big Hells are in both the Earth planes; so with people – now spirits – who have no spiritual inclination whatsoever, who are completely materially and physically based, live in the lowest Earth-plane hells; whilst those with a tiny bit of a spiritual inkling, like a belief in God, a religious zeal and underpinning driving motivation, live in the slightly higher Earth-plane hells.

And within both Earth planes, the hell-planes are graded into seven sub-planes, each of which contain numerous sectors providing for the needs of what these spirits are to be subjected to settling the Law of Compensation as it works upon them. And the worst of the worst, most heinous, depraved and despicable of humanity on these debauched levels, are contained within the lowest sub-planes of these two Earth-plane hell zones.

I will add, the hells in the Earth planes and first Mansion World are completely separated from the rest of the Earth plane and first Mansion World. Only with special permission can you gain entry into them. They are treated by the Higher Ups with upmost respect. These are the most depraved, defiled and the most twisted of rebellious humanity; they are the most fucked who live in the hells, and they are completely rejected. However, they are not treated at all as if they are garbage to be used and abused as part of their punishment, to be thrown to the wolves, now they have been de-powered. No, not at all, they are loved because we all understand they didn't choose to be as they were, it was forced upon them, as it is for all of us. They just got the very rotten end of the stick in the way of hurting others. So they are respected for being the horrors they are, and yet they too are not the worst of us being evil, for they are just one extreme of our wrongness.



And when you compare them to the evil inflicted by the well-meaning Enlightened Ones, spirits who know the rules and play by them, so are 'all-loving', using their minds to avoid the Law of Compensation, whilst being anti-truth and anti-true love, are more evil in a way than those in the hell planes. So you can see, it's not just a matter of: those hell spirits are evil and the rest of us are not; they are the baddies and we're the goodies, like so many people on Earth see it; no, for whilst anyone is in and of the Rebellion and Default, they are bad, there are different faces of bad, different levels of the Rebellion, all being reflected in the differing levels of the seven Mansion Worlds and two Earth planes.

And really, the worst of the worst, are not the debauched or depraved, but those poor people and spirits who feel completely de-powered, have no self-love, self-respect or self-esteem, feel completely beaten and downtrodden, having hardly any will to survive, and yet are forced to keep going by their physical body not dying or the society of spirits they live in, these are the real poor 'devils' of humanity, the poor ones who don't hurt anyone else or any other creature because they can't hurt anyone other themselves. And they can't even do that very well, they are too miserable, too depressed, too fucked, these people show the real face of the worst of **humanity's wrongness**; the worst of feeling unloved, being the most expressively true to it by not trying to avoid it using their mind to empower themselves. People and spirits who live in the hells had some say in their lives, they mostly thought very well of themselves, had inflated egos and had a lot of power during their Earth lives; they could hit, hurt, maim and kill, they could self-mutilate with relish, which is not the same as feeling so miserable and beaten down that you can hardly get out of bed or the institution you've been consigned to because of feeling so depressed about yourself and your rotten life.

And when these 'very poor ones' come to spirit, they often need a lot of nurturing, time alone, gentle bringing back to life, and nothing like the full-on intense wilful pain those in the hells suffer.

So life in hell is not a dead time by any means. As I said, it's screaming and writhing with agony, it is full-on, very intense, and has to be so as to effect the desired changes in the deepest parts of the psyche of these spirits. For they have to be brought to account, and to see that how they relished hurting others, dishing out their savage torture, making others suffer, was wrong, and they have to feel and know the

truth that it was wrong to the very core of their being, so they know they never want to be that way again; and so like a child, are forced to change the deepest aspects of their being, which is still really those deepest beliefs within their mind, with their feeling systems also changing accordingly. They are not fully Healing these terrible aspects of themselves, the very bad beliefs and behaviours, the patterns of mind and will that drive them, are only adjusting and changing so as to enable them to live like more normal spirits, more or less in harmony with the Law of Compensation, so able to one day resume regular rebellious life in the first Mansion World.

You know how intense it was for you as a child being forced to go against yourself and to become the fucked-up distorted person you turned out to be James, well it is the same for these Hell people and spirits, only their parenting allowed them to take out their pain and powerlessness on others, so they grew up believing that it was the right way to be, it was good, it was fun, it was what you had to do, so they did it, it becoming their unloving pattern. So those extreme patterns have to be changed, and there's only one way to change yourself to that degree, and that is through extensive pain. So the angels work the desired pain following the commands of the spirit's soul. And in the end it all works back to them becoming someone who is then a normal functional member of the first Mansion World rebellious society. As I said, they are not completely Healed, for they don't work on healing their childhood patterns as you do through your Healing, yet these patterns are modified allowing them to no longer be the monsters they are, and being able to live a reasonable 'loving' life like the rest of the Mansion World spirits.



So all the pain from the Life Review through the various Hell levels, is all concerning what you've done as an adult in your negative unloving pattern to yourself, others, adults and children, and creatures. However it doesn't include parenting. Parenting is kept separate and is solely dealt with through your Healing. Sexual abuse, for example, of your own child, is also kept for your Healing, however if you sexually abused someone else's child, then time will be spent in compensation for that pain inflicted, in the Hells.

All the pain inflicted in parenting is reserved for your Healing. You might touch on parts of it as you do some lower level healing of yourself, which really amounts to adjustments to your unloving, negative pattern, but nothing like what you'll undergo through your Healing when you have to see and feel the damage you inflicted on your children from conception right the way through their childhood. However because this is so intense and so much of it, and because it's intimately tied up with how you were parented, so it's reserved, as I said, as being part of your Healing. And then also through your Healing so too will you revisit all the pain you might have inflicted on other people, spirits, creatures, that which you experienced in the Hells, yet only enough for you to work consciously with those bad feelings, bringing them up again so you can now finally uncover the whole truth of them, so understand how it came about, how it all fits into all you are, all you went through, all you did and why you did it, all from the causes formed during your early life. So our Healing involves ONLY the necessary pain for us to uncover the truth of our unlovingness, the truth of our rebelliousness state, and how it has been for us as

part of the Default. We don't have to suffer every ounce of pain endlessly paying for our sins and errors, we only need that amount of pain to make us see the necessary truths, and once the truths are seen, and you feel them and know they are real and true, so that pain is no longer required, so goes, and this is where it's said the Law of Forgiveness comes in over the top of the Law of Compensation. So **true forgiveness can only be sought through your feelings looking for the truth of them.** And this can happen at any time, yet mostly for us spirits, and it will be the same for people on Earth, it's only if you want to do your Feeling Healing or Soul Healing with the Divine Love, that you'll completely be able to free yourself – be forgiven for being rebellious.

And even though the Rebellion and Default were forced on us, so you might ask: why do we have to be forgiven for something we had no say in; the fact is, once we were conceived into it, we took it on, we became it, we willed ourselves into being it, even if we didn't know we were and it was against our will; still, our will engaged, and so because of that is why we then have to ask for forgiveness, choosing to no longer be how we are, wanting to be loving and good and right and with God, not living bad, wrong and against God. So if you do sincerely want to live God's Will, which means, be true and perfect, then the only way to achieve that is by doing your Healing. And that is your whole Soul Healing, so including the Divine Love. You can do your Feeling Healing, perfecting your Natural love, and that is still much better than living in rebellion against it, yet still it won't allow you entry into the higher Celestial spheres and to continue your ascent of truth to Paradise.

And as Helen touched on the other day James, and to conclude this about the Hells, for those spirits subjected to the Big Hells, they usually are more open to moving on into doing their Healing once their time in the Hell finishes, because of being stripped back to feeling they are nothing and no one, and so seeing the absurdity of the mind Mansion World life when they are reintroduced to it. Then those in the little hells are a little less inclined to move on into their Healing, as their hellish time wasn't as bad or intense. And then people in regular Mansion World life with their Life Reviews, once they've had their hand smacked for being a bit naughty, are usually more than happy to get on crafting their new mind-controlled Mansion World existence. So on a percentage level, they are the least inclined to move on into their Healing and the most abundant of mind spirits, and mostly will need to live a long time, and sometimes, even a very long time, thoroughly exploring their new mind life, loving all the pleasures of their spirit mind, with many moving eventually to the upper sixth world indulging in their mind-created nirvana and blissed out state of mind-contrived love, believing they are Enlightened and at-one with the Mind of God.

James: Marion was saying that when we are in spirit, it is the state we are that we live, in that, we can't disguise it with the physical. So we are to be true to it, so Lord Milverton is really in that state warranted by his now being in the Hells, because he's in hell within himself, it being closer to his true state, that which he'll uncover through his Healing.

Nanna Beth: Exactly James. It's the first step in taking you closer to the truth of yourself, however it's still within or under the control of the Rebellion and Default, so you can still use your mind to outwardly change yourself, that being how the mind spirits live. But for the spirits in the various hells, they are for that time at least, closer to the truth of their true state, which is as you say, what they come to understand through their Healing.

James: So the mind spirits are really working to avoid the Law of Compensation, doing all they can to avoid it by using their mind to ensure they are 'loving' and not hurting other spirits, even though they are still actually hurting themselves because of their unloving states. And so really I guess it's the Law of Compensation acting on them by default that is making them, and so controlling, the mind worlds.

Nanna Beth: Yes, they are still hurting themselves, and even others by default, but not enough as adults to warrant activation of the Law of Compensation, even though the Law is actually working all the time. So yes, the Law determines how we are, only in the mind state you have to use your mind to keep it from inflicting pain on you, by not inflicting pain on others, thereby inadvertently advancing your wrongness; whereas in the Healing worlds, it works for you helping you bring up your repressed feelings, and all the hidden pain within you.

James: And what about Dante's Capital sins: Pride, Envy, Wrath, Sloth, Covetousness, Gluttony and Lust – and all the Catholic levels of having to compensate for each of them?

Nanna Beth: It's just imaginary James, their fantasy in keeping with the beliefs they've constructed over the years. For as you know, your Healing takes care of all those things. Certainly they are all part of our wrongness, and need to be brought to light if they are part of your pattern, and they will come out with all the feelings involved; however, like all you go through, if through them you've hurt others inflicting your will over them – against their will, then you'll have to compensate for that by feeling that amount of pain you've caused the other. But it's all pain, it doesn't so matter where your pain is centred in the end, although of course you have to see all the parts of yourself; however, you can live in your home in your appropriate Healing Mansion World, doing your Soul-Healing and growing in truth, without the need to go anywhere else. You don't have to spend long times in the abyss and eternal darkness of hell, traversing the Inferno and Purgatory on your way to Paradise.



James: I read a channelled message from a spirit years ago which talked about how at the entry stage into their new life in spirit, many of the Catholic spirits have to climb this huge stairway, I guess like in Dante's Purgatory, so as to repent and pay penance for their sins. With the length, duration and arduousness of the climb being reflective of the amount of their sin. Does that sort of thing still exist?

Nanna Beth: No, not any longer, things have moved on. Spirits from the various religions come over into their arrival wards in the sectors of their religion, where they wake up and are attended to by those of their kind – of like belief. Then if they are to endure the Pains of Hell, they will be taken to the lower worlds to do their time; and if not, they mostly carry on fitting into the society of their religious sector. However very quickly, a lot of those spirits of the various religions that are not real adherents, only partial or part time participants, yet still over-all believers, drift or move away from the cloyingness of the intense religious sectors and all their piousness, into a more secular life. And then there are all the usual struggles of trying to bring back into the fold those who drift away, which is now where all the mind spirits are more focused as they have such time to spare to devote to such purposes owing to our thwarting their control over their adherents on Earth.

James: Are you seeing any real change on Earth because of you Celestials stopping the heavy mind spirit control?

Nanna Beth: We are, certain cracks are beginning to show. Certain main controlling figures are beginning to wonder why they are not feeling as inspired as they used to feel. Some are thinking they

are getting too old for it and are retiring, others are making up more stuff using their own mind to fill the gaps, so overall there is a slow decay, which will steadily gather pace.

In a few years from now, a lot of people will be brought to question their faith, and because they won't receive the unseen support of the mind spirits, will be disappointed and find it wanting, and will be open to new things. Their religion will no longer 'do it for them' and so their 'faith' will wane.

And that is to continue, for there is as I've told you, not going to be resumed input from the mind spirits anytime soon, not at least for a 1,000 years. So within ten years there will come serious change, a real shifting within humanity of religious loyalties. Much more questioning, much more madness and nonsense as people make up stuff trying to make themselves feel more secure, yet also more real truth seekers, people who do generally want answers, and ones that resonate with their feelings and not their mind.

James: With these people being the one's John will want to reach out to?

Nanna Beth: Yes; to alert people to other possibilities, to show there is another way, and one that would be better for you, one that is much more about doing your own spiritual thing with God and so without the need for a mainstream religion. People feel secure in their religion when it's all they've known, but what do they do when their beloved religion no longer makes them feel secure, and even goes the other way making them feel scared? And the pressure to change will build, it will be relentless and coming from all sides, including from the unseen and mostly unknown Celestial spheres.

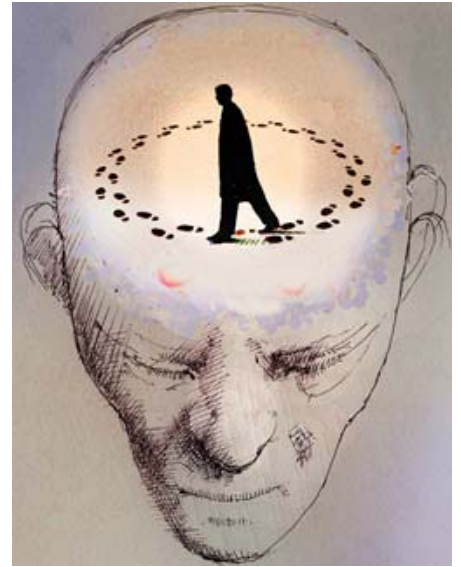
James: Thank you again Nanna Beth, that was great all you said about the Hells, that puts them more into context, understanding what it does, as we know, all exist for us to see the truth, and the pain we're all suffering is only because we're stopping ourselves going with our feelings to reveal it.

Nanna Beth: I'll leave you to rest and read through what you wrote. I'll be here if you need me at any time. I'll also be here helping you edit and proof read.

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

A collage of book covers from the "All About Feelings" series. The covers show children with various emotions: sad, frustrated, and angry. Text on the covers includes "When I feel sad", "When I feel Frustrated", and "When I feel angry". A central book cover is titled "All About Feelings K-3" and "Foundation story for the Dealing-with-Feelings Series!". At the bottom left is a logo for "The Fun Reading Teacher".

# Dealing with Feelings



**BREAKING POINT**

Thursday, 17 August 2017

Crystal to: Helen;

As you know I hit a breaking point today. I know if you had not wanted this email sent to Poseck and Kohler it would have been intercepted.

Dr. Poseck; (Email sent to Dr Poseck by Crystal)

Please inform your government that they can call their princely Ambassador at Large w/o Portfolio, who has been 100 feet away and pretending to make contact with Mr. Ramler, home.

If the Chancellory thinks sending him here to pretend they have made an attempt at contact with me, while ensuring its impossibility, will gain any leverage they are quite mistaken. No one can be in this small town for three weeks and not make contact if that is what is truly intended.

I hope he had a nice honeymoon, though the Marquette Hotel would have been the better choice.

Respectfully

Anyway, I just couldn't take the deception anymore. I don't know who is conning who but clearly someone is playing games. The Prince tried to justify non contact with cultural differences, technical problems and distractions. I don't care!!! My hit list is getting bigger by the minute.

I know you will help me make sure everyone gets paid, but there have to be consequences to their actions. No wonder Trump, Putin, Rothschild, etc., thinks they have a free pass to destroy everyone and anyone!! The 'little people' sure get held accountable for all actions!!!

By the way, Ellie starts classes on Monday. I am very proud of her!!!

Now that I have blown a gasket, now what? Without the Milverton Papers I have little real leverage.

Thanks for allowing the vent.

Crystal

Helen: It wasn't a problem Crystal. It was good that you followed through on your feelings. Vent all you can to James or anyone else who will listen to you, including to me in your private time, understanding that you are venting your bad feelings so as to allow them (your feelings) to keep having their say. You don't need to project and take your anger out on the Germans or anyone else, however a little as you have done is not going to do any harm.

The Prince was on a fact-finding mission to determine if you had deeper contacts with any hidden agency, as we've talked about, and finding that you don't, completed his mission.

And as we told Joe, the contact you are waiting for will come in due course through Barbara Mueller, it is to be a woman-to-woman thing. And it will be women who'll help you all the way along. The men, (there will be some good one's too) mostly will only stand in your way and delay things, usually because of being inept rather than deceitful, whereas the women will want to get things done.



And I know it's agonising for you Crystal, but there are reasons for the delay which are going to help you in the long run. Each delay is having an effect upon you which is as it's meant to be, only you can't see or know what that is, as you're not meant to. However in future you'll be able to look back with hindsight and understand, such is the way of experiential life. But for now, just keep honouring your feelings as you are doing, and understand that you can't do anything wrong so far as thwarting the process. And even if something you did caused further delays, then that too will work eventually in your favour as it means life was not meant to go along that path.

Your messages have been received by the Germans and they will consider them over the weekend understanding that they can't delay any longer. And they feel happier now that they've looked into your background and found that it is only you, even though they fail to understand how you do what you do; yet still, that will ease their worry making them be more forthcoming.

So things are going well, although you don't think so and feel bitterly frustrated. And we are constantly with you, so we're more than happy with all you are doing.

The Germans, Horst (Kohler – past president of Germany) and Angela (Chancellor Merkel) and others on their side, are very worried that there will no longer be a Germany in twenty to forty years, with its independence and individuality eroded to the level of being something that 'used to be called the real Germany' and with what is Germany being just a blend called the EU (European Union).

The hidden controllers, who are the ones involved with the SI (Solid Investment) money, are looking to destroy the sovereignty of all the European nations in favour of this super-conglomerate that becomes all but stagnant and just another mega-company of theirs. And with what Lord Milverton will provide you with, will arm Angela and friends with the way to destroy this over-control, setting the EU countries free, giving them back their statehood and national identity, allowing them to be self-determining and choosing for themselves if they want to keep any of the parts of the EU, rather than having it thrust upon them, as it was.

And we, through you my dear, are going to work into the position of undoing such hidden control, thereby liberating the world from such tyranny.

It's our Grand Plan, and no one other than you knows about it, and you do now because I am telling you. However it is necessary as part of liberating humanity from the controlling spell of the Rebellion and Default, so it's a higher spiritual move, which will be played out on the material level. And we are working to empower you for the role you'll be playing. So all these setbacks are part of that, they are empowering you, giving you an inner strength which will be what you use to 'get the job done'. And it's not that it will be such a struggle for you, with endless setbacks like now, but it is a light that is developing within your spirit, unseen by mortal eyes, yet unconsciously recognisable on more subtle levels by everyone who will come your way. And with this inner light, you will draw to you those people who are to be with you, work for you, be on your side, whilst at the same time, repelling those people who will be against you and only get in the way.

As you can see, there is far more to this than what I am telling you today, and I am only opening the door a crack so as to help you understand why it's been so important for you to feel so frustrated with all these checks and setbacks.

And the other thing about this inner light that I can tell you, is it will be your protection going forward. It will act like a force-field warding off the unwanted. Certain inner 'adjustments' were carried out

within your spirit body when you were recovering from your accident, your angels took the liberty of your ‘down time’ to work a few inner changes, all of which will help you in future. These inner adjustments could be likened to when John underwent his version of them, his ‘burning hat band experience’ (in 2007 over 3 or 4 months!), which has allowed him to be able to effortlessly embrace the new spiritual truths being revealed by Marion and James. However your inner adjustments are to allow you to achieve that which you will, using your unseen inner spiritual light, and it’s a light not so much because you are so spiritual, but because you are to be empowered to carry this light so as to shine it upon the darkness, which will wrest control away from the hidden controllers putting it back in the hands of people like Horst and Angela. They do want the best for Germany, yet can’t do anything other than just say yes to what they are told to do, putting on a brave face, yet feeling completely powerless to effect any real change. And the fact that they can’t say no to allowing all the refugees and so terrorists and Muslims into their country is really hurting them seeing what damage is being done.

So as you can see, there is a little more to all of this. And I know it’s annoying that we can’t be more forth coming with you, however we too have restrictions still imposed on us concerning the amount of information we can reveal to you. Still, time is moving on and things are changing in your favour even though you can’t outwardly see them.

So part of this delay time is allowing Horst, Angela and their supporters time to prepare for the difficult times ahead for them, which they don’t as yet understand, yet intuitively feel are coming. For in their minds, something has to happen, or else they will just go to their graves knowing they were pathetic, complicit, puppets and nothing else. And they have far more integrity than that, yet don’t have the bigger picture as to see what needs to be done, how to work to set Germany free. And that is all part of where you come in Crystal, and why the SI funds are so important. **And what does a crystal do – it’s a conduit of light, of light that can shine bright if used in the right hands.**

I’ll speak to you soon – love Helen.

James: And Helen, you want me to send this to Crystal? What if I’m just winding her up with all this extra stuff, putting more pressure on her, when nothing is going to happen, the controllers are too well entrenched, they’ve had it all their way for so long, they know what they are doing, and if anything, will surely just keep all the money and stuff everyone else. They are about to bring about their End Times spectacular, trash the system and make off with all the loot to bring about their Paradise on Earth, and how is one woman going to change all that?

Helen: Yes James, please send it to her. She will understand. It will make sense to her, part of what she has been refusing to acknowledge, yet it’s time that she takes it seriously. She understands there is even more to all of this than just the payouts, because why would she go through it all, why has it all happened, all the millions of incredible link-ups to keep her in the picture and with a fighting chance. She intuitively knows something more went on inside her after the accident, and so now I’m telling her a little of that. What I have told her will help answer some questions yet also add more, however that’s just how it is.

The world is coming to an end, yes James, however not in the way the hidden controllers have planned. Certain events have happened that have taken, although they don’t understand it yet, power out of their hands, and they will become incompetent and fearful for their lives. The tables are about to be turned on them, and Crystal will be instrumental in this with the Germans and their friends. There is to be a complete power shift in the world, it is the END of the Rebellion and Default. And so all the power structures used to keep it going on Earth are to end, along with those who have been in control, losing that control.

And as we've told you, **the first most significant and major move, which had to be done before anything else could happen, was the shutting down of these hidden players power source, which was their guiding, overseeing and controlling mind spirits.** They had very tight knit groups in seclusion in certain walled-off (by using their minds), sectors of the mind Mansion Worlds in which they plotted their way through the centuries carrying out their Grand Plan. And most of the mind spirits who were onboard were people who themselves were instrumental elements in this plan when they were alive on Earth, so upon death, moving to carry on the 'good work'.

Yet we have closed down these spirit to mortal networks and direct communication links; although I should say, some of these communication lines we've stopped altogether, whereas others we are keeping open, yet we are the spirits now feeding the hidden earthly receivers the information we want them to have, so setting them up for their demise, unbeknownst to them.

And we have full rights to do such a thing because the Document, that is the Law of the Rebellion and Default, is being currently rewritten quite quickly, with the end result being that the Rebellion and Default are written completely out of it. However that is to come, and in the meantime so we can set about altering the very structure of life on Earth, which all hinges around de-powering those who are in control behind the scenes.

And it doesn't matter James whether you believe it or not, you can feel it yourself, and I know you're only playing Devil's Advocate to see what else I will say, and also to work your own mind into accepting that which we have been telling you. And that is what you need to do James because you are changing just as fast as the Document of the Rebellion and Default, and so there's a lot for you to get your mind around as well. And as you know, we're using Crystal and John's involvement to tell you what we want you to understand too, because we are to work with you and Marion, which all of this is a part of.

So to conclude, it IS the **END OF THE REBELLION and DEFAULT**, and that is HUGE James, as you well know. Yet bigger than you still understand. And I know you can't fathom it just yet, or fully accept it because you are still of it and not as yet free of it, you still have more personal Healing to do, however it's all part of you ending the Rebellion and Default in yourself – you and Marion, which is also the ending of it in real life for the whole of Humanity. So humanity is to be unshackled from its hidden controllers who were in the spirit worlds, the instigators of it and the mind spirits who took over from them, all so each person can then independently think and so choose for themselves if they want to end it within themselves by doing their Healing, or keep it going. But either way, they are to be free to make their own choice and live it, without the ever-present insidious over-control from the hidden controllers. So we are working toward giving people that choice.

James: Thank you Helen, and I'll send it and see what Crystal says about it all.

The thing is, having just spoken with John on the phone, I don't want to lead everyone astray on this magical mystery tour with Helen and Nanna Beth talking all this stuff and nothing ever happens, showing me up as just full of shit and it being nothing more than my own delusional fantasy.

John says, from what I understand, that he's more than happy to be part of the fantasy and he'll take it all and decide what he wants to do with it; and so please Crystal, will you tell me too if you think I'm overstepping and you don't want it anymore. Because if you are happy to have whatever Helen and Nanna Beth come up with, I will keep going. I feel I'm crossing over the threshold within myself, it's all building up for me in the spiritual areas, taking me into new areas within myself; yet still, because

I've got so much shit left in me from my fucked parenting, I doubt it all, thinking I'm blowing the biggest fantasy bubble ever in the history of humanity.

So if you both want to go for a ride with all my stuff, I'll keep answering your questions and writing what Helen and Nanna Beth say, and we'll all see what happens. The difficulty being for me, is that there is no material substance to it, there's just me, even Marion says I'm on my own in it, she only attending to her own Healing and not wanting any part of all this other stuff. So nothing is directly saying, yes, you are going the right way, which is all part of my Healing, because how do any of us know we're going the right way when we're all about being wrong and going the wrong way? So I will keep building the picture with the spirit's help, until there is some material connection, and should that ever come, then I will be completely amazed. And if it doesn't come, then surely at some point you will tell me you've had enough and to go away, or I will just blow up.

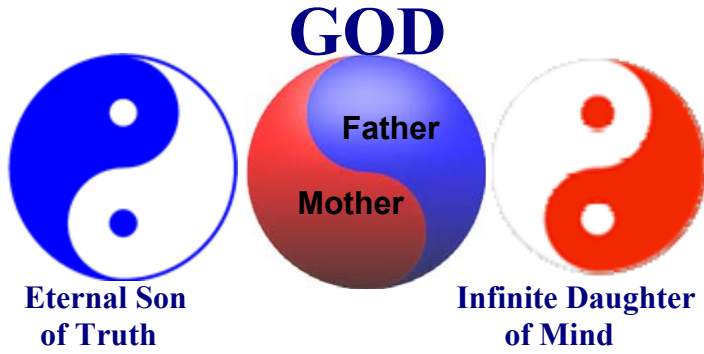
Later – James: Having just talked all my worries over with Marion, I suddenly saw the truth of a huge part of myself, why my life has been so fucked and nothing, how mum controlled me to the nth degree; there it was, fuck, I've been trying to understand this part for years now, so much I've worked through to do with it, working back into it, and tonight, finally, BINGO, there it is, I see it! I REALLY DO!!!

I still feel semi-demented about all the stuff to do with what's said above, but I feel elated and ecstatic about seeing this part of myself – finally! Fuck yeah, I see it, I can't believe it! And it all makes perfect sense, how she bound me so completely to herself, and the fact that she DID DO IT, I've not been making it up, it explaining so much of how I am in my yuk.

I had to add this bit, I couldn't help myself.

***"The True Liberation of Women is Through the Truth of Their Feelings."***

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

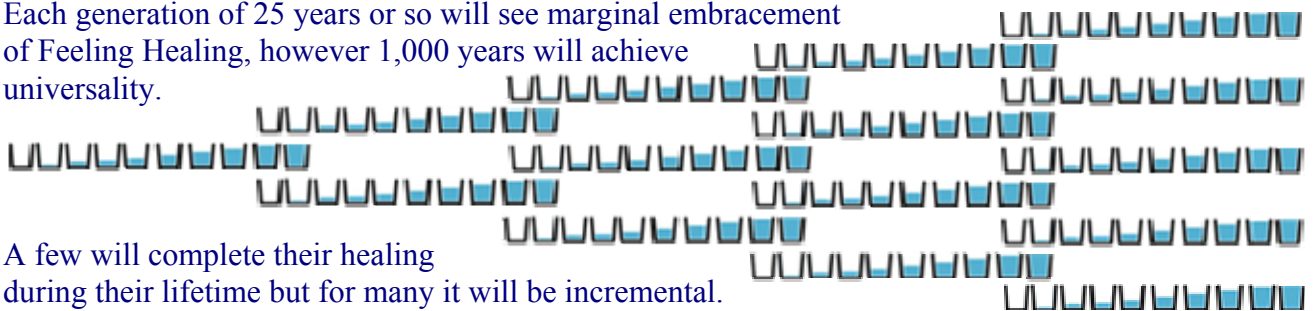
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.

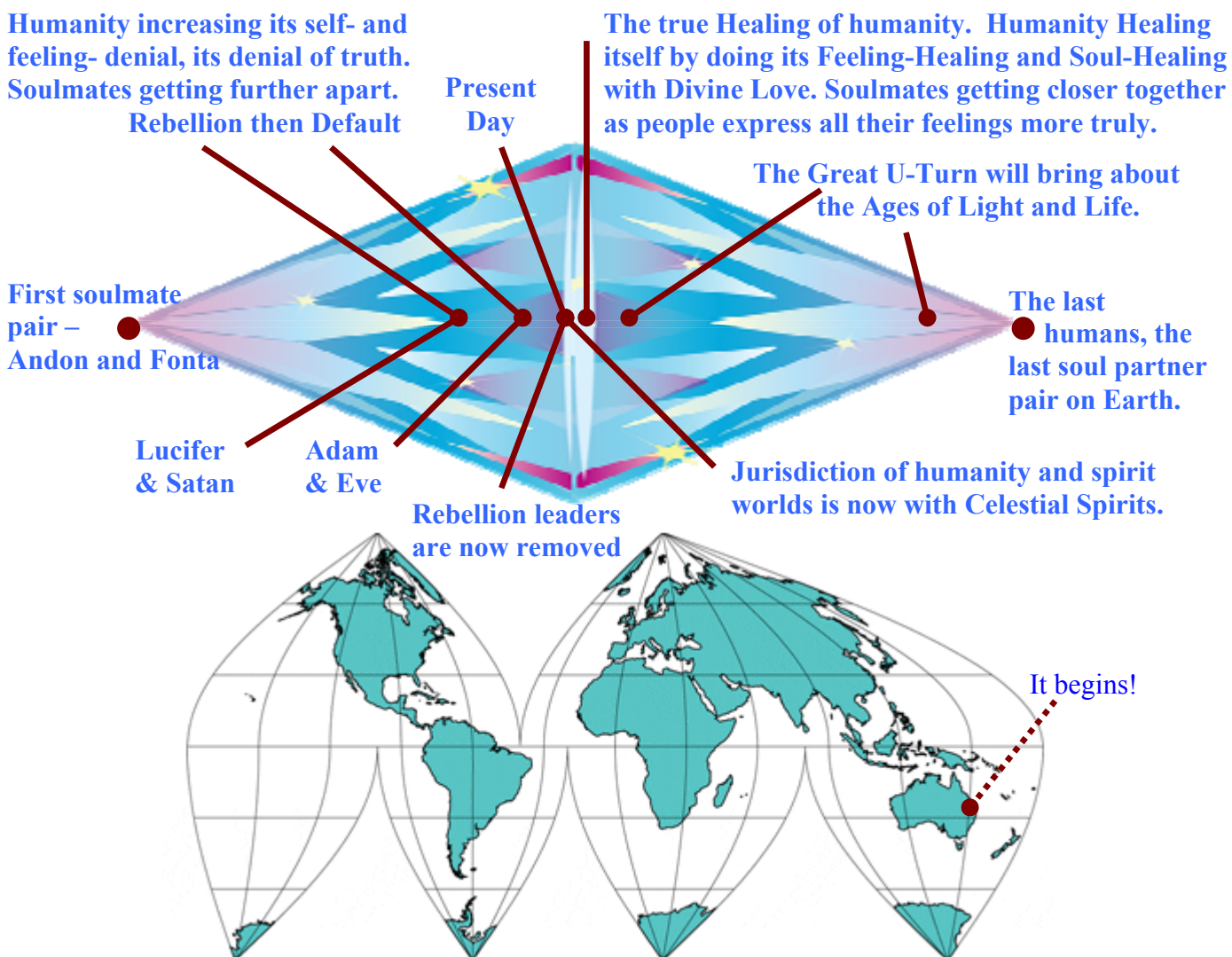


A few will complete their healing during their lifetime but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

## JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

(Passage in blue calibrates on the Map of Consciousness at 1,500)

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing



**FEELING versus EMOTION**  
**and emoting such emotions through your feelings:**

It is important to **emote** your feelings to a partner or to your Heavenly Parents.

Just be the feeling. When you feel the feeling, try to stay with that feeling.

The other person you are engaging with can assist you to experience and express the emotional event that you are feeling coming to the surface. They'll assist you to stay with that feeling. The other person is to encourage you, to prompt you in describing, expressing, talking about – **emoting** – that feeling leading you back to discover the truth of an experience that was an emotional event in your life, most likely an event in your early childhood, and even more likely to be a childhood suppression of your expression of your true personality by one of your parents.

What ever you are feeling, describe it. Once in the feeling stay with the feeling – become the feeling – become the emotional event. Express, talk about it, that being the experience of how it really unfolded.

Feeling is what you feel now. Emotion is the result of an event that happened in the past (even the recent past). The emotion is the pain within you. Once you begin to become that painful emotional event then the feelings thereof can be expressed, talked out of you – for ever!

The more often you drop into these past emotional events, you'll find the resistance to do so will subside. Your childhood events will become more readily alive in the present.

You will begin to long for the truth of these childhood repressions and these suppressions will become memories, but no longer painful memories as you talk out each such suppression of your true personality that being what was imposed upon you since your conception. You will be aided by the Spirits of Truth of the Avonal Pair as you begin to know and embrace them.

# SPIRITS OF TRUTH

# Avonal PAIR



**OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.



Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

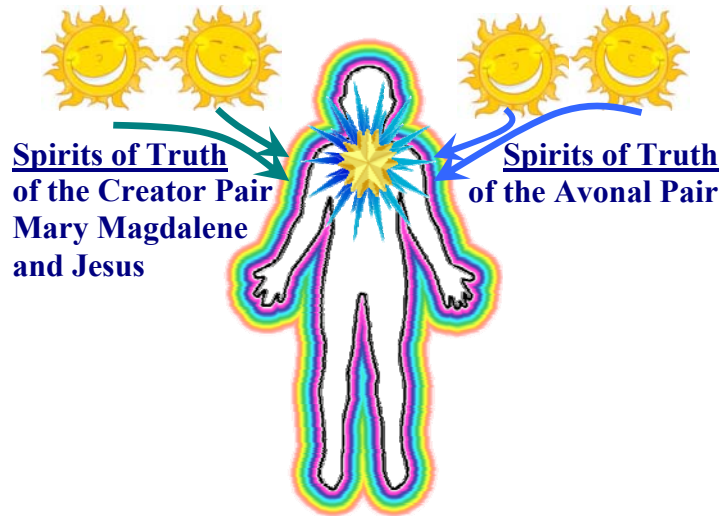


However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



**SPIRITUAL  
Mother & Father**

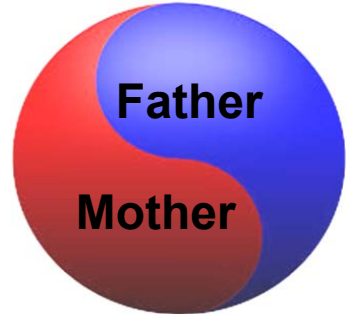




Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

# MUM & DAD THIS WAY

# GOD



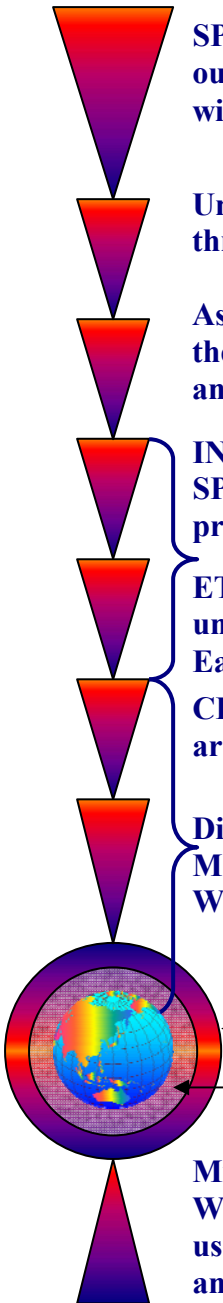
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

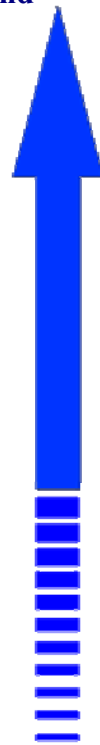
Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

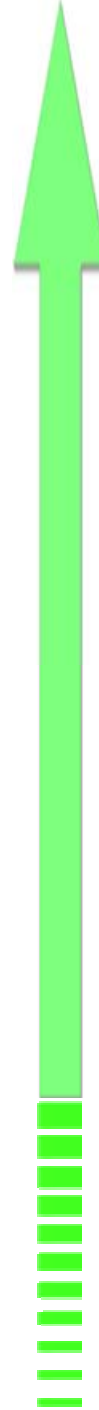
I'D TURN BACK IF I WERE YOU!



AVONAL PAIR



MARY & JESUS



GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

CHANGE

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

GREAT U Turn & THE CHANGE

Avonal AGE

THE GREATEST SHOW is ON EARTH

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health: <http://www.pascashealth.com/index.php/library.html>

Spiritual Development: <http://new-birth.net/spiritual-subjects/>

Padgett Books: <http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**



**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

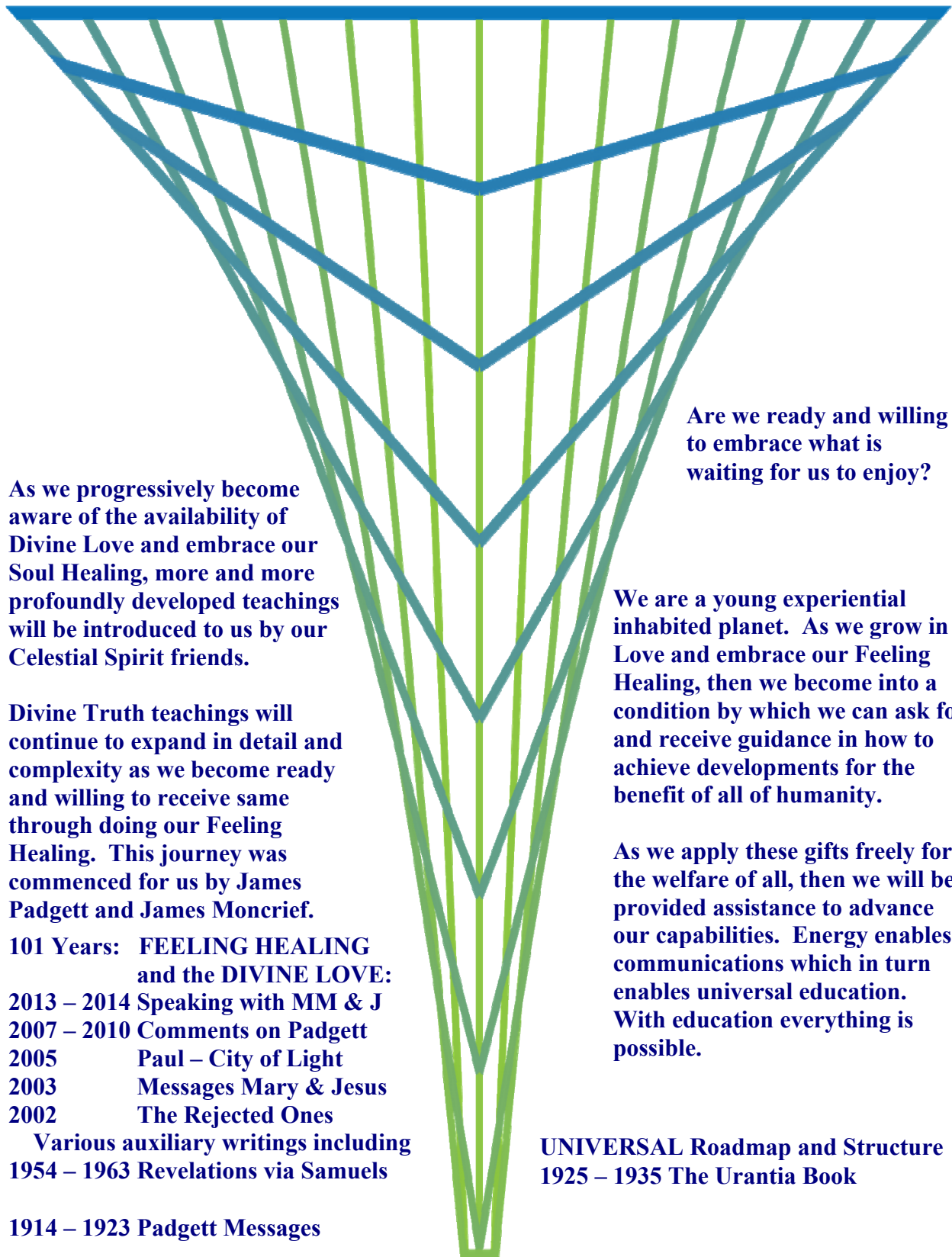
Pascas Care Letters A Huge Upturn  
 Pascas Care Letters Big Revelation  
 Pascas Care Letters Feeling Healing Benefits Children  
 Pascas Care Letters Feeling Healing Way  
 Pascas Care Letters Little Children  
 Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
 Pascas Care – Feeling Healing All is Within  
 Pascas Care – Feeling Healing and Health  
 Pascas Care – Feeling Healing and History  
 Pascas Care – Feeling Healing and Parenting  
 Pascas Care – Feeling Healing and Rebellion  
 Pascas Care – Feeling Healing and Starting  
 Pascas Care – Feeling Healing and Will  
 Pascas Care – Feeling Healing Angel Assistance  
 Pascas Care – Feeling Healing Being Unloved  
 Pascas Care – Feeling Healing Child Control  
 Pascas Care – Feeling Healing Childhood Repression  
 Pascas Care – Feeling Healing End Times  
 Pascas Care – Feeling Healing is Rebellious  
 Pascas Care – Feeling Healing Live True  
 Pascas Care – Feeling Healing Mary Speaks  
 Pascas Care – Feeling Healing My Soul  
 Pascas Care – Feeling Healing Perfect State  
 Pascas Care – Feeling Healing Revelations X 2  
 Pascas Care – Feeling Healing the Future  
 Pascas Care – Feeling Healing Trust Yourself  
 Pascas Care – Feeling Healing Versus Cult

**PASCAS  
 PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



From this:



To this:

**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering

Self Revealing

Self Loving



**Feelings First**