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HUMANITY and NATURE

Questions asked on Sunday, 2 April 2017:

“John: With endeavours to provide reliable continuous food supplies within difficult environments, the supply of fish, chicken and pigs appear to be essential. Fish farming is a way of providing protein all year round almost anywhere.

Are we meant to farm fish and eat same? The same question relates to all other domesticated animals propagated for food.

Nanna Beth – 3rd Celestial Heaven: No, you are to love them, so farming them to make money, using them in anyway, is not loving. People are to live harmoniously on Earth with the creatures and plants, the plants being eaten for they give themselves to be consumed, but they are also to be grown well and treated with love and respect, and not factory farmed either. However, this is a long way off, so in the meantime, it will remain a personal choice. And the more people do their Healing the more they will naturally move away from wanting to harm the creatures and disrespect the plants – you feel sorry for them as you feel sorry for yourself. And gradually humanity will ‘increase its vibration’ – its truth. But as I said, it’s not something you, John, need to worry yourself about because you not the one to solve all the world’s food problems. And you can only do what you can do, so if you don’t want to eat meat, don’t eat it, if you do eat it, all whilst you keep expressing your feelings and longing for their truth.

John: What happens to the spirit bodies of such animals, including fish?

Nanna Beth: They ‘dissolve’ into their ‘light’, becoming part of the ‘bulk light’ from which nature spirits are drawn or created. The essence or spirit of the creature doesn’t remain individualised, it goes into a collective spirit whole, from which nature spirits are made. And the spirits of animals within the lower Mansion Worlds and Earth planes are not the actual animals themselves, they are not your actual beloved pet living as a spirit dog or cat in the afterlife, they are creatures native to the Mansion Worlds that can easily manifest themselves as being your pet in spirit or any animal, based on your memories, all whilst you still need that animal or pet to remain as you need it.

John: Is this a case of slow transition as humanity heals itself then it will progressively step away from consuming fish and meat? What alternatives should we consider and investigate?

Nanna Beth: The alternatives to consider will naturally come up, however it will all be along the lines of being more natural, anything man-made will fail and only cause you problems in the end, until such things are made by loving people who are well advanced in their Healing or high in natural love and understanding with a deep feeling and respect for nature.”



Yes, humanity is part of nature, we are of nature. And we, humanity and nature, all will evolve and progress to Paradise, the home of our Heavenly Mother and Father, however we have two different pathways of ascension! All that is life force will return to its source – Paradise.

When we incarnate / individualise, we are self contained fully gifted personalities that are to live according to our feelings, the feelings that our Heavenly Parents endowed upon each soul.

Plants and animals do not individualise permanently as part of their physical life experience. The life forces of microbes, insects, animals, birds, grasses, trees, etc., return to the collective life force to then individualise permanently as a nature spirit. Verna the Nature Spirit; “In my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it, I’m composed, for want of a better word, of about five hundred billion creature spirits, so yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”

“It’s not a matter of big or small in the sense that you know it. It’s all a matter of life experience, of light. All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you’ve been told, as it’s the same for you, each experience you live is composed of many ‘lights’, that being that much light in the spirit of that experience. So our spirit existence is literally a sum of all the light experiences of light those creatures lived. Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live. The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can’t grasp with your limited mind, you can through your soul perceptions when you’re healed and of Celestial truth, but until then, you’ll have no idea about it. And it’s not just a thinking mind as yours currently mostly is, it’s a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is – a mind of light. When an angel moves, it does so not because of its feelings like you do, but because of its mind, the spirit that its mind is, or, the mind of its spirit. Are you confused yet James?”

Spirituality

We are all spirits. All of nature, of which we are part are to live in harmony and love for each other. While we are in the physical we are experiencing what our soul has ordained that we do.

When we consider that our physical existence is the pinnacle and our paramount existence then we are living in a fantasy.

Should we live a full and long life then when we enter the spirit Mansion Worlds, the 1st mind world, then we will instantly find ourselves reinvigorated and significantly de-aged without any physical issues or deformities. This is how we will be when we wake up in one of the many receiving stations – arrival and recovery units.

Should our life be cut short, miscarried, aborted, killed, then our ongoing life within the 1st mind Mansion World will go on and complete the experiences that our soul desired for our anticipated life on Earth.



John and Carolyn's expected son, Benjamin John was miscarried at twelve weeks, he subsequently became 'spirit born'. He was adopted into a spirit family. On Thursday, 18 May 2017, Benjamin, now named by his spirit parents as Nariko, wrote that he is "coming to understand that my upbringing was not so different from many on Earth, and possibly even so, had I been your (John) flesh child. My art, I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere. As my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise."

"I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you (John) or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing."

"You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which, again, I have healed and worked through, not unlike how it is for many people on Earth."

"Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)"



Mind way or Feeling way

All of nature lives through their minds. That is what it is presently. All bacteria, grubs, insects, plants, trees, coral, fish, whales, animals, birds and humans live through their mind. All except humans are meant to live through their minds, humans have been meant to live feelings first however for the past 200,000 years humans have been seduced into following the pathway of animals and live through their minds and have suppressed their true personalities by ignoring their feelings.

Further, none of nature is permanently individualised upon their creation / incarnation / conception except humans. We of humanity when we are incarnated at the time of conception are individualised and we begin our journey of growth and evolution all the way home to our Heavenly Parents in Paradise.

All bacteria, grubs, insects, plants, trees, coral, fish, whales, animals, birds, etc., have their life forces return to a central pool from which angels of a particular class draw upon to bring about nature spirits who then are individualised and begin their journey home to Paradise. None of the bacteria, grubs, insects, plants, trees, coral, fish, whales, animals, birds, etc., ever have a second physical life. After their physical experience, their life force waits its turn to be individualised as a nature spirit who in turn assist humanity in their evolution through physical life. Nothing reincarnates for a second physical life experience – not even an elephant!

RAW FOOD MEALS:



Law of Compensation quickening 22 May 2017

Nanna Beth – 3rd Celestial Heaven: So this is all part of the new, which officially started with Jesus and James Padgett, but not really getting going until Marion and James started working on themselves and working their way up through all the mind circuits, freeing us Celestial spirits up as they've gone, enabling us to approach and be more freely expressive to other spirits on all levels, and also to people on Earth should they want our help.



Mary Magdalene: Over the aeons as the ages change, so the levels (the Law of Compensation enforcement) will increase, until the end when no one would be able to be imperfect, and so hurting another person or **creature** in any way; and if they did, suffering immediately for their actions so they'd know they had done wrong. (Mary M has only written through James Moncrief – no one else!)

Individuals will know they have erred and to a very bad degree, for they will feel the torture they've inflicted on another, which really is the torture they are inflicting on themselves, the same torture on the feelings level that was inflicted on them.

It's really the beginning of the purification of humanity, starting on the mind level. So the mind, people living with their minds in their wrongness, will at least strive and want to live positively – as good and loving as they can; with those people who want to live true and heal themselves of their mind domination, being able to do their Healing more easily. Those people wanting to do their real Healing will gain more support, even from those people of the mind who will think the Feeling-Healing people are like themselves working to better themselves using their minds. But of course the people doing their real Healing will know what they are doing is very different.

The best way to deal with hurting another person, infringing upon their will, is in the moment that you do it, you feel it, see and understand it, the person alerting you to it themselves, or you seeing it through your feelings for yourself. And so more of that will happen, rather than you being oblivious to the damage and pain you have inflicted, having to undergo a long drawn out mostly unconscious experience in one of the spirit hells to bring you into the awareness of the terrible thing you did.

For the average criminal it's all outside of them, so they do their punishment, have paid their debt, are free to go, with their punishment not actually affecting them internally on the feeling-emotional, mental and even spiritual levels; however with the sort of pain induced because of the Law of Compensation, there is no getting away from it. And people will of course do all they can trying to avoid it within themselves, take more drugs, drink, even hurt others or themselves, but that will only compound their pain and suffering. There is no escape other than having to face and accept and own up to and admit and feel as bad as your pain will make you feel, and for as long as you need to feel it; to be put into it, to allow yourself to surrender and submit to it, even if you have to be forced; to give up, give in, stop fighting it, stop pretending you are not as bad as you are; go with it, and feel



all the pain you are to feel, which will be, as you'll come to understand, all the pain you have inflicted on another in the act that you did against their will – their person. And it will include causing **creatures** to suffer as well, not just people.

Nanna Beth: Look at how far most people are away from their true feelings, being able to do all sorts of bad things to other people and **nature**, half the time not having any bad feelings about their unloving actions. Look at parents damaging their children yet saying they are being loving. And in business it happens all the time, it's just business, you either win or lose, no hard feelings, in government saying they will help and support people when all they do is make it harder for them, any situation in which someone is exerting control over another, even in just general conversation, people's feelings are trampled all over by most people with either side being none the wiser. And all of that is causing pain, and all that pain has to be compensated for. And how you compensate for it is by feeling the same amount of pain; you can't actually make amends, the damage is done, but you can fully feel the horror of the horror you've inflicted. And you'll soon learn from those mistakes, pain is a good teacher.

The worst acts of self-hatred, which are inflicted on others, causing other people and **creatures** the most pain, will have to immediately be compensated for. And that will involve people who are completely selfish, greedy, power seekers; and even people who commit suicide will in some cases have to suffer more immediately for their self-inflicted pain when they come into spirit. And as the Law becomes activated on Earth, so too will it become stronger in the Earth planes and first Mansion World 'hells', thereby putting increased pressure on those spirits to have to attend to themselves and their wrongness sooner and more intensely than they would have.



The drug dealer will feel more responsible for the pain he is causing, even though his clients want him to deal to them. The capitalist will feel the pain should he leg people over through his craftiness once believing he was smart at ripping them off – no longer. The politician, who thinks he's the great one in his despotic regime, having all the say and control, will not be able to treat his people so badly. People experimenting on **creatures**, people kidnapping people and doing horrible things to them, people experimenting on others with medical drugs, saying such drugs are beneficial when they only cause more pain and grief. Anything in which someone is wilfully using their will and power over another's will to a high or severe degree, including the more obvious ones like the murderer and rapist and severe child abuser. That is where the line is being drawn, and it's up to the angels to administer the Law of Compensation as required by the needs of the soul concerned.

The Law of Compensation will be fully active at the bottom line, all to stop humanity going further into their wrongness, all putting the brakes on the Rebellion and Default (which is now ending), and humanity's disregard for truth and its unlovingness.

It's the angels being more hands-on with humanity, which they are incredibly pleased about, because it's how they've been created, what they are designed to do; and to not do it, has been causing them great stress all these years, and to even have to help people further go against themselves and the truth, has only added to that stress, so this is one step toward them feeling relieved of some of that tension; all of which as I said, they are extremely happy about, having waited a long time for it.

James: So it's our angels that enact or apply the Law of Compensation?

Nanna Beth: Yes, in conjunction with your soul, Indwelling Spirit, and the Divine Minister. All of them together cause the pain in you from your unloving actions, it happening naturally in your system were you true, it being what they are all doing with you. But because you are all untrue, so you have to play your part in wanting to do your Healing; or, if you don't, then having to suffer the consequences of your actions without truly understanding why. Understanding that what you did was wrong because it has hurt another person, but not understanding all the deeper aspects and reasons, the whole truth of how your parents unlovingly treated you making you be able to unlovingly treat yourself and others as you do. So on the mind level, it does end up being an eye for an eye, however then there is also the truth and feelings level, which concerns all your Healing, and all to do with your early life and how you've become evil and how you are being in your evilness. All of which is helping you to get to know the truth of yourself. So to begin your Healing and to unravel or reverse the process, you need to begin by wanting to get to know the truth of yourself – and wanting to live true.



We all wanted to be part of the 'loving' mind system, unbeknownst to us, and that's how the Evil Ones guided and influenced us, and it wasn't that hard for them to do, because no one wants to feel bad. We are made to feel bad right from the beginning, and yet made to cover up those bad feelings believing that we feel good. We aren't loved, yet are made to believe we are loved.

So it will be all about helping the mind people and spirits becoming more true to their false love states, so open unlovingness is rejected, everyone has to be nice and loving to each other, friendly and caring, understanding and sympathetic, even though it's all contrived – all put-on and learnt. And only when you want to do your Healing, can you shed all that contrivance and ditch your falseness allowing yourself to feel just how unloved you are, and allowing yourself to express your unlovingness and hate and all your very bad feelings as they come up within you.

The crux of the Rebellion is that humanity was made to stop expressing what it felt. The central core issue is how unloved you feel because you weren't allowed to speak what you felt.

Schooling and Education post the End of the Rebellion and Default

Friday, 28 July 2017, Nanna Beth: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – **how would you have liked school to be?**

CHALDI COLLEGE

Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. **Classes should involve all ages**, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students' own pace. Special or extra schooling can be provided when necessary to students that want more.

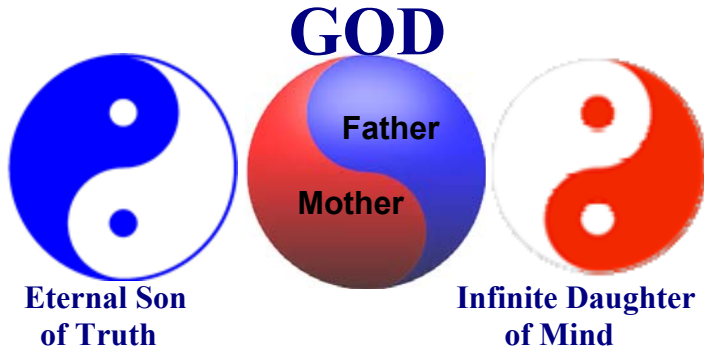
The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like **psychology** – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of **classes**; half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. School being part of the family, tribe, society and not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning; full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair



Angel



Spirit Person



Nature Spirit



NATURE SPIRITS



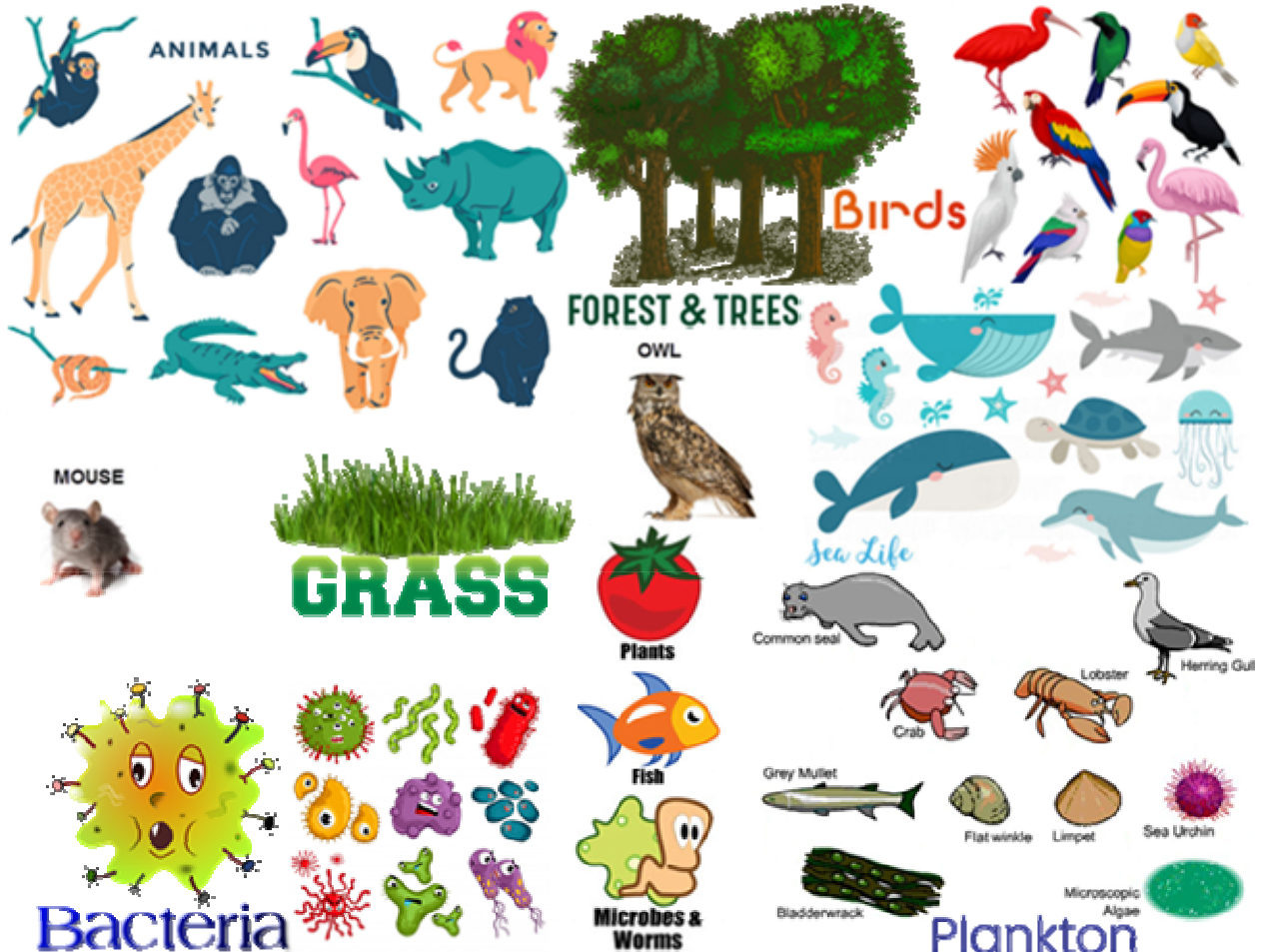
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’: “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”



“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. *Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.*



Feelings first



In a way, each person’s Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister’s control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this ‘outsourcing’ is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others. Nanna Beth – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. In addition we have our personal Indwelling Spirit.

The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

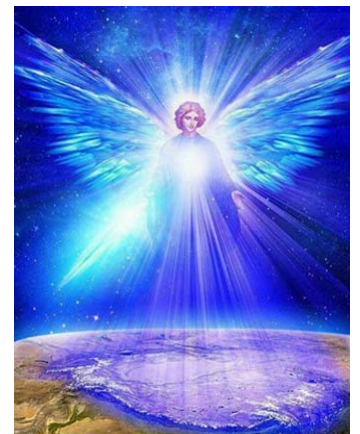
Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Creator Daughters and Sons, and Avonal Daughters and Son, may be invisible to those from within our local universe, such as Melchizedeks, and who in turn may be invisible to Brilliant Evening Stars, and in turn could be invisible to Archangels, all being invisible to Celestial Heaven spirit personalities. Then all of these being invisible to those throughout the seven spirit Mansion Worlds and physical Earth.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.





Sulphur Crested Cockatoos

One's feelings may bite and ruffle one's feathers; however, it is our feelings that are always in truth as they come from within one's soul which is always in truth and love.

The life force of all aspects and elements of living nature never reincarnate. The life force of each natural living thing returns to the pool of life energy and re-emerges as a nature spirit to continue its development of its mind. The nature spirit's development leads to subsequently becoming an angel.

We, humanity, are to develop our soul through the pathway of truth through our feelings.



Changes

Simply put, a pole shift would result in global frequency changes to the extent that nothing electrical would continue to function. The internet would collapse. Instant world wide web and communications of all descriptions would cease. People would have to talk to each other!

Our fancy gadgets often get in our way and dehumanise us. We all need to learn to be more human again. Don't avoid eye contact. Don't hide behind gadgets. Smile often but genuinely express your true feelings. Ask about people's stories.



The total lack of true inter-connectivity between all people – adults to adults – children to children – communications between children and adults has brought about the pinnacle of dis-connectivity that humanity can engineer. Electronic social networks are chronically devoid of anything that is constructive for one's personal and soul development. This has to reverse. Not only reverse but also open up between humans and with nature spirits. This will only now commence for those who embrace our Heavenly Parents Divine Love and engage with their Feeling Healing.

Tuesday, 16 October 2018, James: Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet are allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of their unloving relationship with their child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that give us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear to face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

While the Rebellion and Default have had their reign over these past 200,000 years up and until 31 January 2018, inter-connectivity between humanity in the physical with nature spirits as well as

Celestial spirits was prohibited or restricted to very unusual circumstances. This is now changing for you, should you embrace the opportunities, the revelations of Feeling Healing and Divine Love.

Saturday, 5 January 2019, Nanna Beth – 3rd Celestial Heaven: “With each (Pole) Shift comes a new planetary vibration, humanity is to evolve in a completely different way during each phase, so those of the old way find it very difficult to suddenly fit in. There’s far more to it James than just your physical surroundings suddenly changing, as all you are used to no longer works, your technology is redundant, you are entirely stranded on a world that is new and without anything to help you, as it would be were a Shift to happen now. So for you to plan for it, you can only really do as you would do, live true to your feelings, so afterwards, your feelings are still there and something you can relate to, so looking to them you’d be able to deal with and cope with the change in your physical surroundings. And your feelings would lead you to make whatever adjustments you needed to make, with again the more primitive people being closer to their basic survival feelings coping more easily. But so-called sophisticated mind-based and driven mankind would find it very stressful and very difficult to adjust, because your minds are so much in control and fitted to the society you live in. So to suddenly remove all you rely on for survival, is akin to forcing you into a sudden mental breakdown, which few would be able to cope with. Can you image if suddenly how you function in your modern society ceased to be? The stress of being thrown out into life without any of the support you’ve grown up in, to have it all stripped away from you in an instant, and even if you were able to live underground retaining a lot of your creature comforts, still, just having to adjust to a world in which you have to think about where and how to do your toilet, let alone everything else, would be very difficult for most.

James: So how would we cope?

Nanna Beth: You’d save seeds and see if they grew in the vibration of the next age, assuming you survived to live in that vibration, each age having its own unique frequency of survival. And if your solar power systems didn’t work, so stored data on computers would be useless, so it would be word of mouth and what you knew, your mind being the only ‘computer’ available. And you’d then be inspired to do whatever it was your soul wanted you to do, just as it does now, and that would lead you with the people you are involved with to work out your new system of living. So you’d use from the old that which you could, and make new based on the limitations of your lives.

James: So really Nanna Beth, as far as making any plans along surviving the Shift lines, the further advanced in your Healing and preferably being Healed, would be the best way to deal with it?

Nanna Beth: Yes, rather than relying solely on your mind. And so if you were to survive, then you’d be guided as to how to prepare, should that be part of what you need to do, and if not, then you’d just adjust through your feelings. Living a feeling-led life, you’d easily make the necessary adjustments compared to that of living with your mind in control. It might be hard to understand, but look at a child, it can cope with virtually any new environment thrust upon it, it doesn’t know anything about what is right and wrong so far as what has gone before, whereas adults would find it very difficult. So an adult that is doing their Healing or having done it would be able to adapt and approach the new life like a child would, easily.

For how you are becoming James and what your thoughts are along the lines of how would life be were you living in a community of people all intent on doing their Healing and with some people having completed it, to even a community of Celestial level people on Earth, how you’d live would be very different to how your world is now. You’d mostly reject what your world is offering you, you’d form very different social patterns, very different ways of parenting and relating to children, with those

children being free to express themselves completely differently to the children of your current societies, and it wouldn't take long before all levels of your society would change with a continual striving to become more at-one with nature rather than abusing, dominating and controlling it, living within its limitations rather than continually overriding it.

You might choose to have some of what current society offers, electricity and some of the mechanical conveniences. And if you could live without the need to work to make money to survive, no outside government telling you how to be, and with everyone living just to survive, without the need or desire to own land or have your own house because you didn't feel so powerless needing to have such possessions, and with the whole focus on life being to help you express yourself, to talk all your thoughts and feelings out, so bring yourself out, so with a whole loving feeling and attitude toward all you do and all the people you are with, rather than the unloving competitive one you currently have.

So the idea you have in mind for your Sanctuaries are really the starting points for such communities to evolve. And they'd have to start within and being dependent upon the existing systems of government and society with the aim to ween themselves off the limiting parts of such systems introducing new ones to replace them, ones that promote freedom of self-expression rather than the existing sole-destroying ones. And those Sanctuaries would be looking at making vast changes within themselves as agreed upon by their inhabitants, with everyone being an equal part of the whole, all happy to help each other express themselves first, with everything coming next.

The feelings to live this way are innate within you. You desire the freedom to do as you please, and really it's the freedom to express all you feel, rather than the desire to do what your mind wants to do believing what would be good for you, making you feel happy and loved. And one of your systems you call capitalism is flawed because it's about building capital because you believe you need it to survive and you wrongly look to material gain, so really you just want to be free to make all the money you want so you can cut out your little patch and keep everyone else away from it. Then you have a more socialistic feeling, wanting to share and help each other, with communism taking it further yet with its fault being that the government, the elite rulers, make all the rules and the masses have to comply whether they like it or not. But the idea of living communally and everyone working for the common good is sound, but gets used and abused because you are all living untrue. And you have your fascist dictators who selfishly want it all for themselves, saying you have to live according to my likes and dislikes, which is basically how the Evil Ones (Lanonandeks – Lucifer, Satan, Caligastia and Daligastia) have controlled humanity from behind the scenes.

Truth, living the same truths that are revealed through your soul as a consequence of living true to your feelings, is the ONLY way for you to live communally together sharing and being truly happy. Because the truth makes you happy, and when you are happy you feel more loving and accepting and no longer wanting to have power over others, feeling you're happy with less and don't need your empire of false power to keep you feeling 'safe and secure', with the truth being your true comforter. So when you feel truly comforted, you feel truly loved, and so are truly loving, as we Celestials are, and until you are fully Healed, you'll keep feeling unloved and without any comfort or inner faith or true security."

THE CHANGE

It is not being said that a Pole Shift is possible, no one knows when that may take place or even if it will happen at all. What is clear is that the past mass extinctions resulted from Pole Shifts and not from some asteroid or other event.

What has now started to unfold is that every system, traditional way of things, religious, financial and judicial institution that has been instigated within the ethos of the reign of the Rebellion and Default is

beginning to collapse. Everything that we have taken as the way to live and conduct our affairs, such platforms being founded on principles that we adhered to during the Rebellion and Default, is going to unravel – that is absolutely everything. As the Evil One’s reign has been for the past 200,000 years and no one has been left out from the guile of Lucifer and Satan then how could anything be free from their errors?

We have all been imprisoned within the control of the Rebellion and Default and to free ourselves from this control we will purge ourselves of all systems that continue to enforce the ways of the Rebellion and Default. Nothing will be left standing. Not even the insidious internet social media platforms! Spend some time watching computer games and cartoons produced to entrain (entertain) children – you will be seriously disgusted as to how thorough the Rebellion has been imposed through the malevolent spirits of the mind Mansion Worlds with their impositions on producers of such hideous products here in the physical. Then continue to look at everything that affects your life!

Tuesday, 16 October 2018, James: We currently parent negatively influencing our children on seven whole worlds’ worth of truth. Which means your child, as do you, has seven whole worlds’ of truth it is denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

This time, in the history of humanity, is the most exciting time ever experienced.

For the first time in the history of humanity we now have access to Eternal Truth. Not only do we have access to a Bestowal Pair for Truth, but that Bestowal Pair are here exclusively for humanity of Earth. Further, their guidance revelations are complemented and supplemented to by Nature Spirits and Celestial Spirits connectivity.

The ending of the Rebellion and Default is unfolding with the formal end being 31 January 2018. Phases will continue to unfold to bring about The Changes, the completion of the End Times, the Handover and the commencement of the next spiritual age of 1,000 years, being the Avonal Age.

For 200,000 years, humanity has been denied access to Nature Spirits. That restriction is now torn down and for those who embrace Feeling Healing and Divine Love, for them the pathway is open for them to interact with their personal Nature Spirits.

Interaction with Celestial Spirits had also been denied to us while the Universal Contract managing the Rebellion and Default remained in place. That barrier has also been torn down. We have entered the Great Unfolding of the Rebellion and Default that has been imposed on humanity for 200,000 years.



Now we have the Revelations of the Feeling Healing, and with Divine Love, Soul Healing with all the supportive guidance to enable humanity to commence the Great U-Turn and The Changes that will engulf humanity both on Earth and throughout the Spirit Mansion Worlds for the coming 1,000 years, being the Avonal Age.

11 June 2017, Nanna Beth: What is happening through what we are calling this preparatory stage, is to bring humanity to the point of despair, as in, no one knowing what is happening, where it's going, who's in control, it seeming to all be a complete mess. This is right, because none of how it's been over the last fifty years is having any effect anymore. Things are not going as they have gone, and this will continue to muddle those who believe they had it all worked out. Too many differing forces are converging all with the effect of causing disruption to 'business as usual'.

So it's like a train hitting the dead end, with all that momentum starting to impact upon itself, all of which is going to tear everything to pieces. So it will be like a whirlwind of change being unleashed on the world, with no one knowing in what direction the outcomes will take, it's like a mass extinction event, yet all of humanity's own doing, and all mostly being worked out on the higher levels of power. Doubt is beginning to creep in, and we Celestials are playing on this. And so the pressures of having no spirit backup from the mind Mansion Worlds will start to be increasingly apparent, which is going to cause havoc within the power systems, within the power controlling families and groups and the systems they oversee.



"The True Liberation of Women is Through the Truth of Their Feelings."

So many of the existing structures will remain, because they are required and do serve a good purpose, when used the right way, and those abusing such systems will be purged. Any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

The New Way: Learning how to live true to ourselves by living true to our feelings.

CHANGE

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

GREAT U Turn & THE CHANGE

Avonal AGE

THE GREATEST SHOW ON EARTH

Environmental Collaboration

VS

ENVIRONMENTAL CONFRONTATION

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

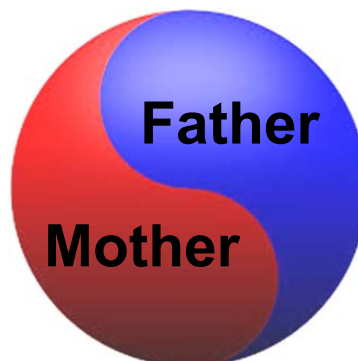
So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3rd Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary M might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

CREATED in THEIR IMAGE:**GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

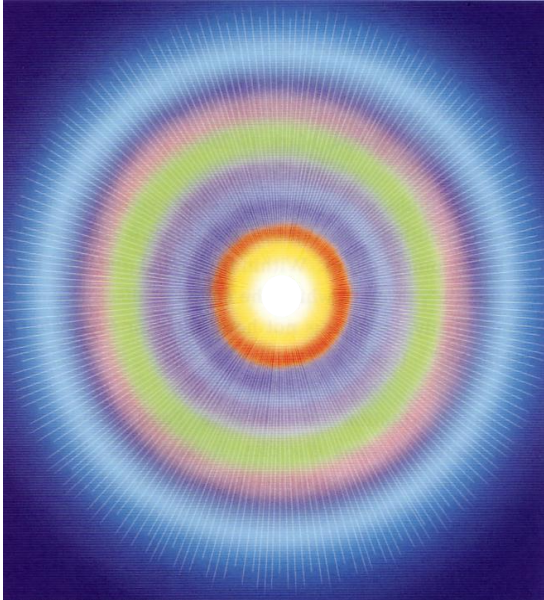
Mary Magdalene communicating with James 20 November 2017



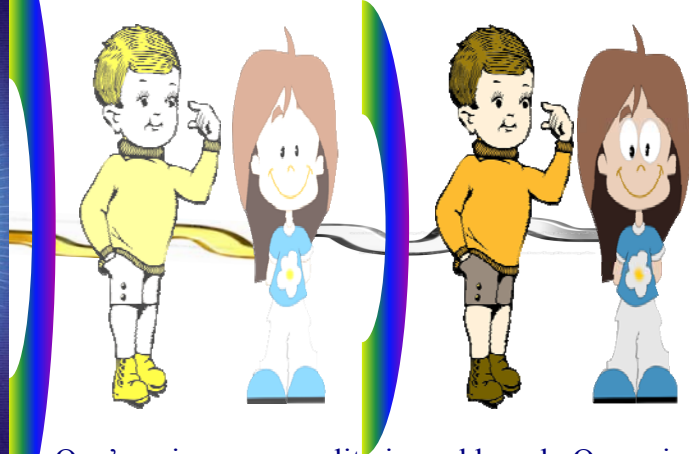
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and female personality - it is a duplex!**

FEELING versus EMOTION
and emoting such emotions through your feelings:

It is important to **emote** your feelings to a partner or to your Heavenly Parents.

Just be the feeling. When you feel the feeling, try to stay with that feeling.

The other person you are engaging with can assist you to experience and express the emotional event that you are feeling coming to the surface. They'll assist you to stay with that feeling. The other person is to encourage you, to prompt you in describing, expressing, talking about – **emoting** – that feeling leading you back to discover the truth of an experience that was an emotional event in your life, most likely an event in your early childhood, and even more likely to be a childhood suppression of your expression of your true personality by one of your parents.

What ever you are feeling, describe it. Once in the feeling stay with the feeling – become the feeling – become the emotional event. Express, talk about it, that being the experience of how it really unfolded.

Feeling is what you feel now. Emotion is the result of an event that happened in the past (even the recent past). The emotion is the pain within you. Once you begin to become that painful emotional event then the feelings thereof can be expressed, talked out of you – for ever!

The more often you drop into these past emotional events, you'll find the resistance to do so will subside. Your childhood events will become more readily alive in the present.

You will begin to long for the truth of these childhood repressions and these suppressions will become memories, but no longer painful memories as you talk out each such suppression of your true personality that being what was imposed upon you since your conception. You will be aided by the Spirits of Truth of the Avonal Pair as you become to know and embrace them.

SPIRITS OF TRUTH

Avonal PAIR



Our Feelings are our Truth

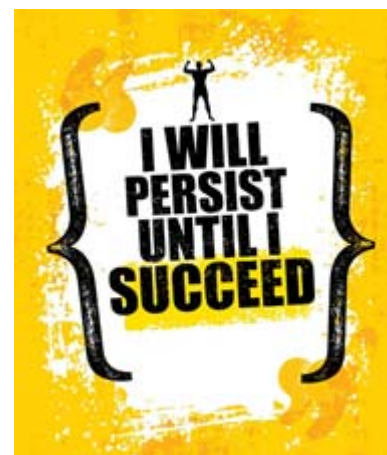
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3rd Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



celestial Friends

WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone needs to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



**Feeling
Healing with
Divine Love is
the key!**



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

WE ARE NEVER MEANT TO BE ALONE! SOULMATES become SOUL-GROUPS!

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soulmates. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



Soulmates form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

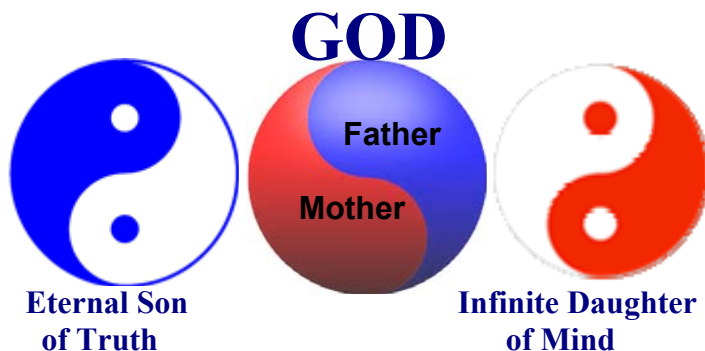
AVONAL BEACON of TRUTH
Eternal Son and Infinite Daughter (ES and ID)

Friday, 25 January 2019

Following my conversation with Graeme about the Eternal Son and Infinite Daughter (Spirit as The Urantia Book – TUB – refers to ‘Him’) I (James Moncrief) want to add to what I’ve previously written about Them.

From TUB we can understand that our souls, that being those of ascending mortals and Avonals, are created being in the image of the Eternal Son and Infinite Daughter. We are all

of the Mother and Father who create our souls and bestow upon them our personalities, yet within how we express ourselves, our personality in Creation, we do so in accordance with the Eternal Son and Infinite Daughter. And when we’re perfect being as They are in our Natural love image of Them, then can we ‘divine’ our souls by partaking of the Divine Love and becoming of the essence of our Mother and Father.



So we are to become ‘like Them’, the ES and ID, in that how we live and express the perfect relationship within ourselves, our feelings in relation to our mind, is to be reflective of how They express Their perfect relationship. So within myself, I am to express perfectly the relationship of the ES – truth, heart, feelings with the ID – my thoughts, mind, beliefs and behaviours, with the truth leading my mind, my mind in support of my truth, and NOT with my mind leading my truth, which is how I am in my fucked rebellious state.

The Eternal Son and Infinite Daughter are in a way our ‘template’ – we’re in the image of Them, we’re to become like Them. And our inner relationship between our feelings and mind are to demonstrate this, just as is our relationships with each other. I (as are all mortals) am to be a ‘mini’ Eternal Son and Infinite Daughter, who interacts with another ‘mini’ Eternal Son and Infinite Daughter. And if Marion and I are an Avonal Pair, then we’re just an ‘older sister and brother’ reflecting the ES and ID between us and within us, just as everyone else, all ascending mortals, are ‘younger sisters and brothers’ expressing within themselves the ES and ID, as they do with each other.

So we Avonals are to effectively ‘BE’ the ES and ID on Earth, to which all mortals on Earth can aspire to be like. Yet not like us personally, but like us in the truth and mind understanding of it all and in the relationship we live (assuming we can perfect our relationship together, if we are indeed an Avonal Pair). So the Avonals come from the ES and ID to Earth to help the ascending mortals ascend to Paradise, there to first meet and be with the ES and ID, and then to move onto being with the Mother and Father of Divine Love.

The ES and ID ‘run’ Creation for the Mother and Father. They are the Truth circuits and Mind circuits that go out and in which we all live. We are aspiring to be as They are. We are to live with perfect Natural love in perfect harmony with our feelings and mind. And when that happens, when we have attained the first stage of being as the ES and ID are by becoming Celestial, then our mind is working in full support of our feelings, as we express the truth of those feelings in full support of our mind that helps us understand it all.

The Rebellion and Default is against the ES (Eternal Son) and ID (Infinite Daughter), in that it corrupts Their relationship within us, with our mind being made to take over our feelings, and that causes us all

our problems and bad feelings. We are forced to effectively put the ID ahead of the ES, to take the mind and use it to deny the feelings, to elevate the ID worshipping the Mind as God, at the expense of our feelings and the Truth. We shit on the Truth, the ES, whilst at the same time say we love our Mind, the ID, with gurus and the like striving to become at-one with the Mind, the ID, with no truth, no ES to support that Mind. Whereas we're to become the Living Truth, fully putting the ES and our feelings first, with bringing in the mind to help us understand it all. We are to become 'god's' of Truth, and not god's of Mind. And all the religions of the world are trying to become god's of the Mind, even though some contain smatterings of truth and say they are looking to be-at one with the Father. So we need to do our Healing to change our inner relationship between the ES and ID that is currently wrong, with our Healing letting go our mind dominance while looking to our feelings for the way, for the truth they will show us we are to live by fully putting the ES first. (And as to why the ES should even be first, that's just the way of things, the Truth of the Divine Love was manifest first in the Person of the Eternal Son. Then was manifest the Mind of the Divine Love in the Person of the Infinite Daughter. And from Them come all other beings of Truth and angels of Mind in Creation.)

So in being made to become of the Mind and not the Truth, it's like we're trying to live as false angels, who are the true creations of the Mind. We are trying to live doing everything with our minds in control, we seek information and knowledge, believing we are growing and advancing our soul and spirit by expanding our mind, thinking we're getting closer to God, yet it's only the God of the Mind, which is not going to be of any benefit to us, because we're first to become at-one with the God of Truth, so we can then also embrace the God of Mind. We can't live Mind alone like the angels do, we make very poor angels, and we keep failing at it, which is why we keep getting sick and screwing ourselves up with our minds.

Mary and Jesus being the Creator Pair are created reflecting the Eternal Son and Mother and Father. So when they came to Earth they were all about the Truth and the Divine Love, they weren't about the Mind which is why they didn't include information about how we are to let go of our mind's control over us by doing our Healing. They didn't tell us about how to do our Healing, because that involves the Mind, the ID (Infinite Daughter) part, so they just told us about the Truth, the ES (Eternal Son), and the Divine Love, our Mother and Father. And really they were saying, you are to first look to the Avonal Pair, to the ES and ID, and once you have found them and done your Healing, then you are to look to the Mother and Father and Their Divine Love.

So in this context, someone like AJ (Alan John Miller) who says he's Jesus really should only be doing what Jesus did with James Padgett, revealing certain truths and talking about the Divine Love. However he screws himself up by including stuff to do with feelings and doing one's healing and trying to resolve the Rebellion and Default within himself, other people and the world. Really, if he is Jesus, he should be saying: I will tell you certain truths and I will reveal the truth about the Divine Love to you; and you will also need to look to the Avonal Pair, the ES (Eternal Son) and ID (Infinite Daughter) as they represent, to do your Healing, so you can live the truths and make sense of them which come to you by properly attending to your feelings; then the Divine Love will be able to transform your soul having perfected the relationship of the ES and ID within you.

So you should look to the Avonal Pair or who they represent – the ES and ID, do your Healing, and then move to be with your Mother and Father and Their Divine Love. So if AJ Miller and Mary Luck are Jesus and Mary M, and Marion and I (James) are an Avonal Pair, then ideally we'd be looking to Mary and Jesus for their support, as they would be looking to us to reveal the truth of doing one's Healing. And we'd feel within our hearts our respective levels of truth and divinity. And I'd be writing books full of Mary M's and AJ's truths, instead of who I believe are the real Mary and Jesus. And Mary Luck and AJ Miller would be talking the truths and information from Marion and myself, giving it their blessing,

and helping other people to understand it. So They'd, as would we, keep the continuity of truth in tact. And Marion and I would be referring people onto Mary Luck and AJ so they would help them understand more about the Divine Love, our Mother and Father, becoming divine and universal citizens of Nebadon. Yet for me personally, and with Marion not interested in any of it anyway, I don't feel any such support from Mary Luck and AJ nor do I feel I want to support them. And right from the start when I first came across AJ on one of the Divine Love forums, then when he privately emailed me telling me about himself, and ever since, I've felt the opposite, that he's only making everything harder for everyone by distracting them from doing their true Healing, by keeping people away from Marion and myself.

We are to live the truth, with our mind in support, before we can receive the full benefits of Natural love and Divine Love. Living as we do in denial of the right relationship of the ES (Eternal Son) and ID (Infinite Daughter) within us, so we are denying ourselves Natural love, and we don't feel truly loved and can't give true love, only pretending we do by using our mind. We can only give a mind-generated and distorted 'love'. And until we've brought our Natural love into perfection, and although we can still partake of the Divine Love, as it's been made available to us, the Divine Love is not going to fully transform our soul until our Healing is finished. So we can't become at-one with our Mother and Father before we first become at-one with the ES and ID. And we can't become at-one with Them when we're denying Them by being in our rebellious state.

So people have to 'come to the Avonal's' first. No Avonal, then no truth to do your Healing, so no ending of your rebellion and default. So if you just look to Jesus, the Mother and Father, the Divine Love, you'll still not heal yourself of your rejection and rebellion against the ES and ID. If you reject the Avonal Pair once they are 'up and running', then you are bringing out into the open your full rejection of the ES (Eternal Son) and ID (Infinite Daughter), and that is going to add yet more pressure to you. And if you then also reject Mary M and Jesus, the Mother and Father and Their Divine Love, then it's going to be harder still. And if you embrace Jesus and Mary M, the Mother and Father and Their Divine Love, yet not the ES and ID through Their Avonal Pair representatives, then you're complicating things even more so for yourself as seen by the so-called "Divine Love people".

The New Spiritual Age is to be the Avonal Age, the age of the Eternal Son and Infinite Daughter. To see and hear the Avonal Pair, effectively you'll be seeing and hearing the ES and ID manifesting through them.

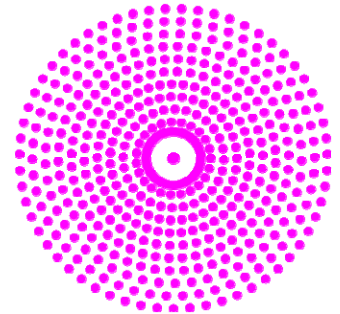
So the ES (Eternal Son) and ID (Infinite Daughter) run the show in Creation. The Earth, all the worlds, are ultimately 'run by Them', with the stepping down of the Paradise and Local universal Sons and Daughters of Truth to be helped by the attending angels and other creations of the Mind, all helping the ascending mortals of Truth to grow and ascend to Paradise. All that happens to us personally and the world is because the ES and ID want it to; and all we do is from our Mother and Father through our soul. And as the ES and ID want to live expressing what that Mother and Father want, so we're ALL living and doing our Mother and Father's will.

What you believe, think, what you say, how you act, your behaviour patterns, what you create on the Earth in the physical, emotional, mental, spiritual and psychic levels, is all governed by the ES and ID as They work to manifest the personality expression of your soul; as They work to manifest and make you be as the Creators of your soul want you to be, your Heavenly Mother and Father. We aspire to be at-one with God, to be with our Mother and Father, to be divine as They are, and it's with the ES and ID help that we can do it. And without Their help, forget it, it can't happen, which is what we're all to understand having been conceived into a rebellion against Them. The Lucifers and other Evil Ones are saying: you don't need to look to the ES and ID for their help, look to us instead. They are putting

themselves before the ES and ID, instead of doing what the Avonal Pair would do by helping to guide you to them. So we have to align our mind by at least understanding the problem we're in, and then one day doing our Healing to bring that alignment into the truth we can live.

So for people who don't want to do their Healing as such, yet want to understand what it's all about, that's a good step in the right direction because you are forming good pictures of understanding in your mind and so changing your negative relationship with the ID to that of a positive one. And then when you do your Healing, you are changing your negative relationship with the ES by bringing your truth to light through your Healing, with the ID then slotting into place supporting your feeling-truth with greater mental understanding.

The Avonal's Spirits of Truth are really like homing beacons coming out from the ES and ID through the Avonal Pair. The ascending mortal can 'lock on', which it does by yearning to be like the ES and ID, wanting to live Their truth-loving relationship, and looking to be like the Avonal Pair in relationship of truth and mind when the Pair has done their Healing. I don't think you'd want to aspire to be like the Avonal Pair whilst they are still fucked. And whilst being in their fucked condition their Spirits of Truth are not readily available anyway.



Avonal
BEACON

So to honour my feelings of being the Avonal, I am wanting to finish my Healing so I can be the ES and ID on Earth. I am waiting to be 'switched on' so to speak. And as to what happens, then... But I can feel Their presence within me growing daily now. They are giving me wonderfully supportive and comforting feelings. The Truth is the true Comforter because when you feel it you are feeling the Comforting presence of the ES fully supported by the ID – your mind feels secure in your truth, your truth being fully supported by your mind. You are feeling the truth solid in you, without it being denied, rejected or undermined by a wayward mind. And these are the feelings we all crave and feel are innate within us, like our birthright, yet we can't put a finger on it, because we've got out minds standing in the way.

So when the Light of Truth of the Avonal Pair starts to shine bright on the world, then the Eternal Son and Infinite Daughter will have moved a step closer to everyone, as humanity starts its long journey out of the darkness of truth-denial in this new light of truth.

Every person is to manifest, in their own way, the ES and ID. And when you do, you'll have completed your Healing. And until the whole world is doing this, humanity will still suffer from the afflictions of the Rebellion and Default.

Other than a bit in TUB (The Urantia Book), the ES (Eternal Son) and ID (Infinite Daughter) are little known. However they are fundamental to us. We have to attain Them before we can attain our Mother and Father. We are to keep our longing, focus and yearning on the Mother and Father, longing for Their Divine Love and wanting to be at-one with Them, yet all the while acknowledging that to achieve these things we must also long, yearn, want the truth – the ES, and want our minds to work the right way in harmony with and in support of the truth, which is effectively longing to the ID. We can feel a love for and from Them, yet They don't of Themselves love us like our Mother and Father do with Their Divine Love. They are one of the major stepping stones we need to fully embrace on the way to our Mother and Father.

TUB says masses of angels accompany the Avonal Pair on their bestowal. And so are the ES and ID going to mobilise these angels? And if so, what are the angels going to do? And will the Avonal Pair command them on behalf of the ES and ID? And if that happens, potentially wonders could be seen on the world like never before. Jesus did a few small healings and miraculous manifesting of things, a little to show that he was the Son of our Father (and Mother), yet Mary didn't do anything to show she was the Daughter of our Mother and (Father). But will the Avonal Pair show they are the Son and Daughter of not only our Mother and Father but also of the ES (Eternal Son) and ID (Infinite Daughter)? And would I like to perform such 'wonders'? If that is what the ES and ID want, then they will happen; if not, they won't, as I can't do anything without their 'empowerment'. And doing such 'wonders' means, 'it's a whole new ball game' and it will be 'game on', some of which I've been worked through over the years as to what to expect and how to deal with such events taking place. And as I feel the ES and ID becoming more real within me as I grow in my truth feeling like I'm waking up to Their presence that it is They whom I'm 'working for', so I feel I am now waiting for Them to empower me should They want me to go public. And as currently being in my truth-denial state and rejecting Them and being unable to have a truly self-expressive relationship with myself and Marion or anyone else, being as fucked as I am, I can't fathom being the opposite and able to express myself, express fully the ES and ID personally within the relationship between my feelings and mind, or with other people. So I am waiting to see if my Healing does finish and if that means I can express myself truly, have good loving relationships, and engage with people properly. It's taken me a long time to realise that it's no use my trying to tell anyone at the Bush Bank (native plant nursery), or anywhere else for that matter, about the Truth, because I am fucked, and being in my fucked state and expressing a fucked relationship between the ES and ID, what would be the point anyway, as I'd only be passing on my fucked untruth. And I don't want to do that. So I don't talk to anyone about anything to do with it, and don't intend to until at least I have finished my Healing. Sam, John and the two G's and a few other people have got in 'under the radar' because I have needed them to accept me to some degree as part of my Healing, but as to the majority of people, no way, and it's not going to happen until I finish my Healing, which is not going to happen until the ES (Eternal Son) and ID (Infinite Daughter) want me to.

So all I can do is keep expressing all my feelings, longing for the truth, as I wait to see what happens.

And I can feel, even by writing this, that I am becoming more focused on the ET (Eternal Son of Truth) and ID (Infinite Daughter of Mind). It's a great feeling, like I can almost reach out and touch Them. And then 'behind' Them is the Mother and Father. So for myself to make my full Avonal presentation I will be doing it with Their blessing because it will be Them I'll be presenting, which is what is contained already in a small way in all my writing. However writing is not the spoken word, so I will need to do more of that when my Healing has finished, so I'm looking forward to see how much I change from being very bad at doing it, hardly able to express myself, to doing it reasonably enough for those I speak to, to understand as I make a true connection with them. Marion constantly complains how my speaking to her does not make her feel good, I'm not connecting with her, I'm not engaging, reaching out and so on as I've written about, and so as with her it's the same with everyone else, and so until I am healed in this, there's no way I'm going to be able to connect with people enough to get the truths across. So I'm looking forward to see how I change. And if I don't or my life takes me off in some other direction, then I guess I am not the Avonal after all, and humanity will have to wait until a perfect Pair reveals themselves. And until that pair is revealed, humanity won't be able to do its Healing. So until such time John, the 'spreading of the truths' is not going to gain much traction, so all you want to do along those lines is purely for you to see what effect such words have on people – which is what Nanna Beth said. And should anyone actually react positively, then that's just an added bonus. And I would imagine, for Pascas to do with the Truth as you want, I will have to finish my Healing so the truth can go out and the right connections are made as I (and Marion) will be making them. But whilst our relationship continues to reflect and manifest how disconnected to ourselves and the truth we

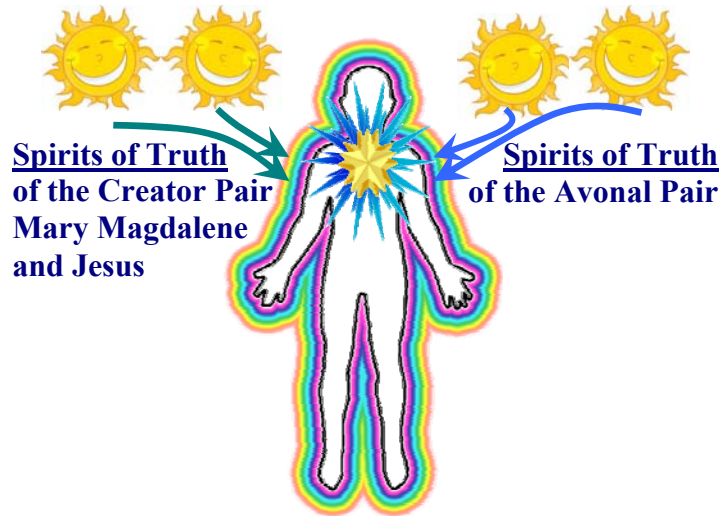
are, how fucked our ES and ID relationship within and between us is, and with Them, then we'll keep going banging our heads together in the frustration and misery of our fucked relationship, doing our best to express all that stands in our way.

So the world awaits the Second Coming Truth, which is the ET (Eternal Truth) coming to the World again, this time through the Avonal Pair other than Mary M and Jesus. So the Bible forecasters should be looking for an ET son to manifest again as Jesus has said he is not coming back. And if they fail to see the Truth, fail to see the ET in the Avonal Pair, then they'll miss the boat. And will they be let down with a mere Avonal Pair rather than the Creator Pair returning...? I don't know, but that'd be more bad feelings for them to express.

So is the ES and ID coming to town through the likeness of an Avonal Pair at the end of this year, fulfilling part of David's (Montaigne) prophecy? And if They do, then we'll all know in one way or another that things as they have been will end, the Rebellion and Default will be truly over, no longer being as they have been, being up until now, wanted by the ES and ID, along with the Mother and Father. Because should They all continue to want humanity to rebel and deny the truth, they'd not bestow an Avonal Pair. The Avonal Pair are the 'death-knell' to the Rebellion and Default. It ends with them. They are anti it. So those people who want their beloved religions and rebellious governmental and corporate systems to keep going with all the power they have, are not going to want the Avonal Pair. The Avonal Pair will be the anti truth to them. They will be the Antichrists. So how ironic that they Antichrist will in fact really be the Avonal Son – me (James)... and how do I feel about that?

However I won't be the antichrist that comes warring and trying to take over the existing systems, trying to make the rebellion be as I want it to be, trying to usurp Lucifer by going one higher and enslaving humanity to my wishes and untruth; no, I will be presenting the truths as I see them, and there certainly won't be any warring or slaying of enemies; no, the war will be far subtler, carried out behind the scenes by the Celestials, something those in control won't even know exist and will have no clue as to the Celestials being their true enemies. It's the war against untruth, truth verses no truth, that's the Great Spiritual War being waged, and up until now untruth has had a free hand. So what happens when that hand starts to be restricted, then bound further, then tied up altogether?

The Avonal Age is the Age of the Eternal Son and Infinite Daughter – a full Spiritual Age of Truth (of 1,000 years). An age where feelings and the truth reign supreme with the mind finding its rightful place as it relinquishes all its false power. This all being done in each individual as they do their Healing. And with the truth of each healed individual then becoming manifest and so changing the world from being in its untrue condition to being true. Humanity is to one day live as perfect expressions of the ES (Eternal Son) and ID (Infinite Daughter), with no trace of the Rebellion and Default. And then the Ages of Light and Life, those of manifesting the Divine Love Celestial spheres on Earth, can begin, with the arrival of the Morontial Temple as everyone celebrates their perfect inner and outer relationships between the ES and ID, and their perfect loving relationship with their Heavenly Mother and Father.



Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

LIVING as a MIND

Monday, 28 January 2019

James: We live using our mind as god. We believe we can learn all there is to learn, then apply all we've learnt with our mind, thereby being able to dictate and direct the direction of our mind, ideally being able to do 'anything we put our mind to' and by seeking ultimate mind control, make ourselves never feel bad.

We wake up in the morning full of plans, which are full of: now how can I apply my mind to achieve my goals? We go to work having to earn money to survive. We apply our mind to work out the work we want to do, we build cities and societies with our minds. We're all now actively involved in building this alternative 'universe' we call the Internet of Things. We plug into the collective mind and 'stress out' if we feel disconnected from it. We're manifesting about us what our mind expresses via the Internet. We plug into our relationships that exist within this GOD OF MIND called the Internet. It increases its control over us daily as we want it to, demand it does, it being our 'life saviour', it making us feel better, it taking all our bad feelings away. We now all have greater meaning because of our inter-connectivity, we all have new toys and concepts of the mind we have to learn and use to better our lives. We tell each other how much we like or dislike each other from the security of our secret place that we believe is outside the matrix yet is well and truly trapped within it. And it's all just as our families are. It's all exactly as we grew up, trapped within the mind-matrix of our parents. We are hardwired into the control our parents had over us, so now we demand the Internet, as well as everything else in our lives, maintains that control. We log into being within our parents' control each day, forevermore wanting more of the same, yet all the while not realising that's what we're doing.

We are conceived into mind-families. We relate to each other mind to mind. We have feelings however they are all heavily conditioned based on our mind programming, as in what we are allowed to feel and how strongly and what we're not allowed to feel, based on the environment of beliefs and mental behaviours we grow up in. We don't live in truly feeling-based families. We don't have feeling-based and feeling-led relationships. We don't even know such things and such ways of life can be lived. We've been forced so far away from such ways of life that we denigrate them saying they are primitive and unsophisticated, being a native who lives closer to her and his feelings is someone to look down upon, not admire, and is definitely not someone to aspire to be like.

So we have materially progressed in our mind states. We continue to rise above all obstacles using our mind. Science beats the odds making our lives better, so we have to keep telling ourselves, even though when you look a bit deeper you see that so many people aren't feeling so great. Yet we can't allow such negative feelings to tarnish the dream, the fantasy of our mind's creation must live on. We don't even allow ourselves death, we must not give up, we must do all we can to keep alive, doing all the mind ways to keep up our artificial meaninglessness. Because at the end of the day, what is it all for? Have we advanced our soul in truth? Have we ascended in truth closer to Paradise? We might have amassed great wealth, have had a happy, successful and simple life, been content with our little bit, only to die and keep going doing more of the same in spirit. And for most of us, we have no idea that there is anything else, we believe life is right as it is and the quality and standard of living is improving by the day, and if it's so much better now compared to five hundred years ago, what is it going to be like in another five hundred years!

An angel is a mind-created being. We are truth-created souls. And yet we live denying the truth of our soul whilst trying to live in our minds like that of an angel. However it doesn't work as well for us, which is why underneath our falseness many of us don't feel very good or happy, and love which we thought we knew about seems to fade into something that we no longer are too sure about.

In TUB (The Urantia Book) it talks about Superangels that we can relate to on Paradise. And in only a very short time, like an hour or a day, they can deliver to our mind thousands of years worth of information. Imagine having a brief interview with such an angel and it takes you a thousand years to work through and come to terms with all it has imparted to you. And that's what we're trying to create for ourselves, we want to build using our minds a simulated Superangel, a supercomputer, which we can all plug into and access such vast, almost instantaneous, amounts of information. And that by being so well informed, we are getting closer to what God must be like. However it's not the God of Truth, or our Heavenly Parents of Divine Love, it's trying to be like the God of Mind. I'm sure if we met one of those Superangels we'd mistakenly believe it was God, and we'd want to be like it. We want to build the supercomputer to serve us, yet as some of the science fiction shows, is that really what we want to become the supermind ourselves, becoming in a way like a Superangel?

And we're envious of the computers we create. We want to be like them. We want to program them, program ourselves, to be faultless, to never make a mistake, to be perfect, just as we believe God is Perfect. And if we are perfect, then finally our parents will leave us alone, no longer yelling at us, stopping us, criticising and chastising us, and instead praising us and making us feel wanted and loved by them. So it's not striving to be perfect as our Mother and Father are Perfect, perfect in truth and love, but to be the Perfect Mind, the perfect way to control our every moment, something that is impossible for us to be. Yet everyday we wake up switching on our mind and putting it to work on achieving such mental perfection.

And we worship those people who have 'good minds', and we envy them when they seem to have it altogether being able to do whatever they put their mind to. We want to learn how to live with our mind in greater control, mind over matter, which is really saying, mind over our soul, the true person we are, mind over our feelings we feel, as we don't want them, we want to eradicate them so we can be our unfeeling mind. Our mind doesn't feel, so being pure mind means we won't be interfered with by any annoying feelings. Our feelings stop us making us having to pay attention to them. They are annoying little children demanding that we attend to them, that we even put ourselves aside and put them before us, that have power over us, and that's the last thing we want to do. We want to never be interfered with, never told no, never stopped, so we try and banish all those bad feelings, happy to keep some of our better ones, all while we get on striving to be our perfect unfeeling mind.

The mind-computers we make are the perfect 'person'. They don't have feelings, they are never stopped or interfered with. We admire their unfeeling perfection, even though we try to make them have certain feelings and be more like us (because we are scared of them, we are scared of our unfeeling parents who treated us so unlovingly, so what if it ended up inadvertently bringing back to life one of our unfeeling parents in the Artificial Intelligence system we're creating that will make us feel bad all over again). And we strive to give the cold-hearted feeling-less machines the power to give us the easiest life we can have, one in which we will only ever feel good, accepting that we do have to have feelings and we can't just rid ourselves of them all; so if we have to have feelings, okay, but let's ensure they are good and we always feel good as we get on doing all we want to do with our minds.

The Rebellion is against Truth. We've been turned away from our soul, heart and feelings and all the truth that would come from living true to those real parts of ourselves, by being made to look to our mind to make us feel good. We need to do things with our mind to make us feel happy and loved, but feeling truly happy and loved doesn't and can't come from our mind, it's not our mind's job to make us feel this way, it is the truth that comes from our feelings that makes us feel good about ourselves, happy in life and from which love can be received and given.

So ideally we want to plug into the ultimate god-universal mind that we've created, the supercomputer, knowing that it will do all we want so as to always keep us feeling good. We can live through the computer, have our relationships online, live and work in the matrix, feel like we're all interconnected and loving each other, one big happy universal family called mind-humanity. And our mind-created robots will do all the unpleasant work for us, all the stuff that might make us feel bad, so we can get on with other mind pursuits, thinking about how to go off-world and into space, how to take our minds and use them to conquer even greater frontiers, how to take our rebellious minds out into space and influence and infect other feeling-based worlds – or perhaps joining up with other rebellious mind-driven worlds; but it doesn't matter which, because our mind always needs more because we always need more mind control so as to keep those damn interfering feelings away.

Humanity prides itself on its wonderful mind accomplishments. To be able to travel through space no longer having to be tied to the Earth that we're rapidly destroying would solve so many problems and give everyone unlimited mind expansion. We invest so much time, money and energy into working out what space is. We want to escape into space, the darkness, blocking out all our feelings. We wanted to escape into the darkness of sleep when in our families as young children we felt so unhappy, unloved and alone. We want to reject the Earth, rejecting ourselves, as we seek to reject each other all because we felt so rejected as children. We want to anaesthetise our feeling-selves using our mind so we never have to feel bad ever again.

But what then happens if humanity wants to rid itself of its rebellion against Truth? What happens if indeed it is the end of the Evil mind-controlling spirits having their way over us? What if the Rebellion and Default and living it are over? What if the writing of living as Mind is on the wall and it's time for that way of life to end? What is to happen; what are we to become?

Imagine giving up everything that we've created using our mind? Can you? And what sort of life are you left with? And it's back to life we scorned and scoffed at, that which we accused of being primitive, being an aboriginal relying on a rudimentary mind and yet being a person much closer to themselves and their feelings.

However it's not that all that we have created is to be stripped away and we 'devolve' back to being how primitive man was. It's that we look to a New Way, a Feelings-Led way, and a way that keeps us growing and evolving in the truth of ourselves. So we are to learn how to live with our feelings in control, no longer fearing them, no longer trying to control and banish the ones we don't want; to allow them to be, to express all of them fully and passionately, longing for the truth they are to give rise to. And then we are to focus on living that truth. And our mind, having given up control, is to support our feelings and the truth we are living. So we're still to do things with our mind, yet always in support of the truth coming from our feelings.

And a way of life from our feelings will be a very different one from that which we currently have. And we can't think it up as to what it might be like. We have to evolve and grow in truth into it. And none of our mind created things might exist; and yet some might exist in harmony with our feelings; and other things will come into being all based on and in support of our feelings. So it's not that we are to go backwards into the feared and dreaded life of a 'primitive', we are to move on from our mind-derived existence into one that is feeling-led, and see what happens, see where that leads us.

And part of where we will be led is higher in truth within ourselves. And as part of that truth expression, all feelings will become important and the priority. So life will be designed around everyone expressing every feeling they have, with everyone wanting everyone else to express all their feelings as they want to themselves. And so time will be given to do that, we won't push our feelings

aside seeing them as errant interfering children, we'll instead welcome them as we'd welcome our children, loving all their feelings, loving all our own feelings, and delighting in our expression of them. We'd want ourselves and our children to be fully feeling-expressive, with the mind in the background supporting the truth that comes to light and helping us create the environment we'd want and need so as to ensure we keep maximising our feeling expression. And we want to express EVERY feeling because we'd all know that those feeling would give rise to truth within us, and with that truth would come lots of good feelings of feeling comforted, happy, secure and loved within ourselves in life, loving of ourselves each other and all other creatures. With the truth creating paradise within our heart, the very Paradise we are evolving and growing in truth and love towards.

And then that paradise of truth within our hearts, that which we'll be loving and freely expressing as the truth we are, as the real person God our Mother and Father have created us to be, will become manifest on Earth, and so Earth will be the paradise that it is and with us living in complete harmony with it, with the last thing we'd want to do being to go against it, to hurt it, because we'd instantly feel bad as if we were hurting and going against ourself.

And we'd be entirely happy living our own inner paradise of truth and love as we express ourselves outwardly in the paradise of our truth and feelings creation, never dreaming of or wanting to leave the Earth and move off into space. We'd no longer hate ourselves and all we've created by wanting to get so far away from it, we'd be living in the opposite way, loving every tiny part of our world and the life we're living, loving every tiny part and feeling of ourselves.

So we've got a long way to go to heal the wrongness we've been subjected to. The horrendous devastation we all feel each day yet do all we can using our mind to reject and pretend we don't feel. And we have to heal that pain, to find the truth and its acceptance within us that will make all our bad feelings truly go away because we no longer are in pain, no longer wounded from the unloving parenting we've all had to suffer. Think of a forest being ripped apart, broken down, reduced to nothing, we've all seen the total devastation, the unloving mind-less, unfeeling, selfish destruction that has been completely done with uncaring minds. Feeling sensitive people would never seek to destroy such beauty, and so that's where we are now to evolve to, to end our mental unfeeling wholesale destruction of ourselves and the world we live in, looking to express, embrace and accept the pain we are in, looking to our feelings to give rise to the healing qualities of truth.

We must seek the truth of ourselves, so the truth of our pain first. And when all our bad feelings have been expressed bringing to light the truth of our unloving state, then we can move onto living paradise perfection of feelings brought about by living true to ourselves. And then as we heal ourselves, so too will we help to heal our world.

All communication should be face-to-face so all our emotions and feelings are expressed and seen outwardly and in the more subtle body language. We are to live feeling what we and each other feel. We should live in a 'tribe' in which we all look to each other to express all we feel, being with each other in our feelings and emotions, helping each other to keep going and bring out all the difficult parts, learning as we become wiser in our feeling expression and as our truth grows, which feelings are the more important to us that we need to bring out.

We need to leave the mind-world so we can live as true spirits of feelings and truth.

CREATION being an EXPRESSION OF MIND – Nature Spirit Verna:

I, Verna, am one of the 'Little People of Light' or commonly called a nature spirit. We go by other names: elementals, elves, fairies and the like, but really we're nature spirits. We are only concerned with nature, the nature of Earth – our world. Earth is our world more than it is yours, as you're all passing through, whereas we are permanent residents.



We, nature spirits have an hierarchy, some of us being more evolved than others – older – and we're considered to be a slightly lower creation than that of angels, as it's angels, a certain type, that create us. And when we have served you, humanity, well, we can if we want, move up to becoming an angel, we can evolve into one.

About soul-light coming from the soul interacting with Creation bringing about in Creation what needs to happen is all in accordance with the soul's pattern. As far as nature goes, it is wholly responsive to the needs of humanity, that is really all it exists for, for you.

We know why we act, we just act, we're creations of the Mind, The Third Person of Deity; the Infinite Daughter Spirit looks after us through the Local Universal Mother Spirit, the Divine Minister.

We exist to serve you, those of the truth, as nature does, it also being a creation of the Mind, so we don't have a truth-evolving soul like you do. We do however grow in mind service, we evolve so to speak, but not how you evolve. We evolve by doing actions, by acting in accordance with the instructions and mandates we are given, and when they are fulfilled, or completed, we move onto the next assignment, that is our evolution, so we're able to grow by being given increasing responsibilities, it's the same for us as it is for the angels.

So although we don't have an eternal soul like you, we do feel we have an eternal place in Creation because we are part of it; we've been created, there was and is a purpose to our existence, so there will always be something, the next thing, for us to do. And as we do each assignment we grow, which is really, advance in light. *By the light of an angel or nature spirit you can tell where they are in Creation, on what level, on what assignment, on what circuit, where in the Universal Mind they fit and so exist.*

Creation is all created by, and so is a manifestation of, the Mind of God, it consists of mind circuits from the lowest to the highest; and so because of that, everything in Creation can help everything else, it all being orchestrated by the intelligence of the Personalities it is derived from. So when your soul requires a certain experience, then all you are, all the environment is, all that leads up to that exact moment from the beginning of Creation, moves to bring about that experience for you. And all we do is go along with it, which is all you are slowly to learn to do. You are not to try and fight it, or interfere with it, you are learning to just accept nature, your own natures, your soul – or truth and mind nature.

As you learn to live as nature does, by being all-accepting, then you can allow your soul to guide you through your feelings and without trying to actively take over using your mind, to just act according to your natural impulses and feelings, all of which will bring about the desired experiences required by your soul resulting in the desired truth you are to see, know, and hence live.

YOU ARE NATURE – so as you understand about plants and animals and all nature is, really you are understanding about YOURSELF. And this is very important, to see yourself as separate from nature is not right, and is where you all go wrong – it is evil, because it's dishonouring yourself: your true nature.

What you as a person, YOU, are doing to nature is wrong. How you are negatively affecting it, and how that is all because you are doing it all to yourself. EVERYTHING YOU DO TO ANOTHER CREATURE YOU ARE DOING TO YOURSELF – and that's why you're doing it to the other creature, because you're doing it to yourself. How you are in the outer world is exactly how you are in your inner world. Or rather, how you are in your inner world is how you are in the outer one. It's always the inner first. And the inner has been created through your early childhood.

I'm a swirl of light, recognisable by other angels and beings of mind creation, but unrecognisable to you spirits of truth (humanity) who need form other than just light. So all of my kind, and all of my angelic relations, put on forms for you to recognise us by. You don't have any choice in your form, although in spirit you can play around with your looks a little and what you wear, how you present yourself a little to the universe, but mostly you just allow your soul to manifest your spirit form as it's currently manifesting your physical form, whereas we angels being all light, have a choice – and lots of it! As I said, our true form is a creation of light, which means a collection or gathering together of many lights, beautiful and artistically designed, wonders to behold, and you will be able to get something of a glimpse and soul perception impression of our natures as you grow in truth, we being something very different to you.

And like you, as in you having a soul-mate, in some ways we nature spirits work in pairs, a positive and negative, but not negative in the bad, more like in the sense of current, in physics, a positive and negative representation of the frequencies of light that we are; but we angels – I'll call myself an angel for the time being, just for the sake of argument – don't have soul-mates like you, that's purely a spirit thing, as we don't have the same type of soul that you do. We don't ever perish, we do move on, in that we ascend the circles of light, which are the relevant circles of mind for our order; but we don't grow in truth like you do. We don't have the same mind set up as you do, we don't have a thinking and feeling mind, we are just mind, and all that is mind.



All things and creatures of Creation have a 'light' to them, which you could call something akin to a spirit. Truly speaking, only spirits of truth, such as what you are, you and humanity and those sorts of spirit beings like Mary and Jesus, the mind and Celestial spirits you speak with, all who have a soul that is truth-evolving, have a spirit; we beings and creations of Mind, have a light. I know it gets rather confusing, and it doesn't matter anyway. So you could say a tree has a light, it being a creation of Mind, that being the mind of the Divine Minister in our universe of Nebadon, and so you could say that light is something akin to the tree's spirit. However were you to talk to the tree's spirit and have it talk back to you, that's then where we come in. You can't actually speak directly to and converse with lower creations like animals and plants, but we can mediate, you can through us.

Mind spirits aren't going to tell you the truth of who they are, as they will be wanting to keep you in your deluded state just to keep the channel open. They don't care how they communicate with people on Earth, that is the lower ones in particular, and the ones who are seeking some power by doing it, so they won't say, oh sorry, I'm a mind spirit, for nature spirits you'll have to change frequencies, they're that channel over there.

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

I, Verna – a Nature Spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES. We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS, by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

Nature Spirits control every aspect of the natural world:

28 June 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

We have a progressive consciousness, we are evolving our minds, as I've told you, but they being a creation of Mind can so be influenced by higher angelic minds. So really in the mock you had, what I meant was we nature spirits can prevent fish from being caught if that's what we're asked to do by either higher angels on behalf of the Mother and Father, the Divine Minister in Nebadon, or by Sons and Daughters of Truth, that being Mary and Jesus, the Creator Pair, or Avonal Pairs.

We'd know the Avonal pair would ask us knowing from their feelings and the truth they were living that it would be what the Eternal Son and Infinite Daughter desired.

We nature spirits can control EVERY aspect of the natural world if need be. We can make anything happen, from causing earthquakes and volcanic eruptions, down to moving the smallest bacteria this way and that. We can bring about any mutations that are desirable, and we can work in the moment or over long periods of time. Nothing is too much for us when it comes to influencing the material plane, that's what we're all about as nature spirits, we do always and continually influence it. By our very nature, our very existence we're influencing it. Nature on the physical level doesn't and can't exist without our ongoing influence. And as to that influence, what it entails, that all awaits humanity, and one day we'll be able to tell various people everything we do. There will be those people destined to have very close and open relationships with our kind, and they will learn and see what we do. And then humanity will be able to move toward living more truly with us and our natural influence, all of which will make people feel so much happier about how they live and treat their natural environment. Currently you are so far away from the truth, heading fast in the opposite direction, so you are the furthest you've ever been from our kind. But once the age changes, then we'll be able to come to you as you'll be able to come to us and things will start to change for the better, that's what we're all looking forward to.

Potsy, the cat, her spirit has gone to join with the combined spirit from all Earth's creatures, to be drawn upon to create us nature spirits, and in fact the sporangia as well, having become part of the spirit collective energy from which my kind, among others, are drawn.

We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.

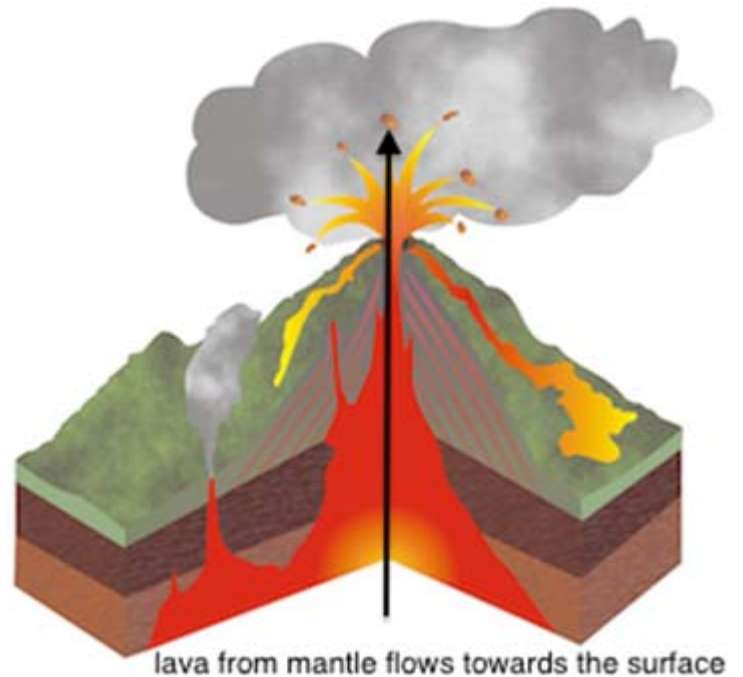
NATURE and CHANGING TIMES:

For four decades, since 1981 John has walked the golden beaches on the Gold Coast in south east Queensland, Australia. In that time he has observed the water temperature posted by the life saving guards clearly jump by an average of more than 1° Celsius. That was ahead of public discussion.

Due to the increased rotation and activity within the core of the Earth, this additional agitation has brought about a surface temperature increase as well as increased earthquake and volcanic activity. The increased activity within the core of the Earth is not uniform. Thus in some places the surface temperature has cooled a little whereas in other places the temperature has increased a little more than average.

We, all of humanity need to harmonise and respect all aspects of humanity and learn to live with our travel companions, and that includes Nature Spirits, to Paradise and this will take us all of the coming spiritual age of 1,000 years, being the Avonal Age, to accomplish. However, global warming will only subside as it naturally works its way through its current cycle.

We may reduce significantly the massive amounts of pollution that we thrust into the atmosphere, however that will frequently be more than offset by a good old fashion volcanic eruption!

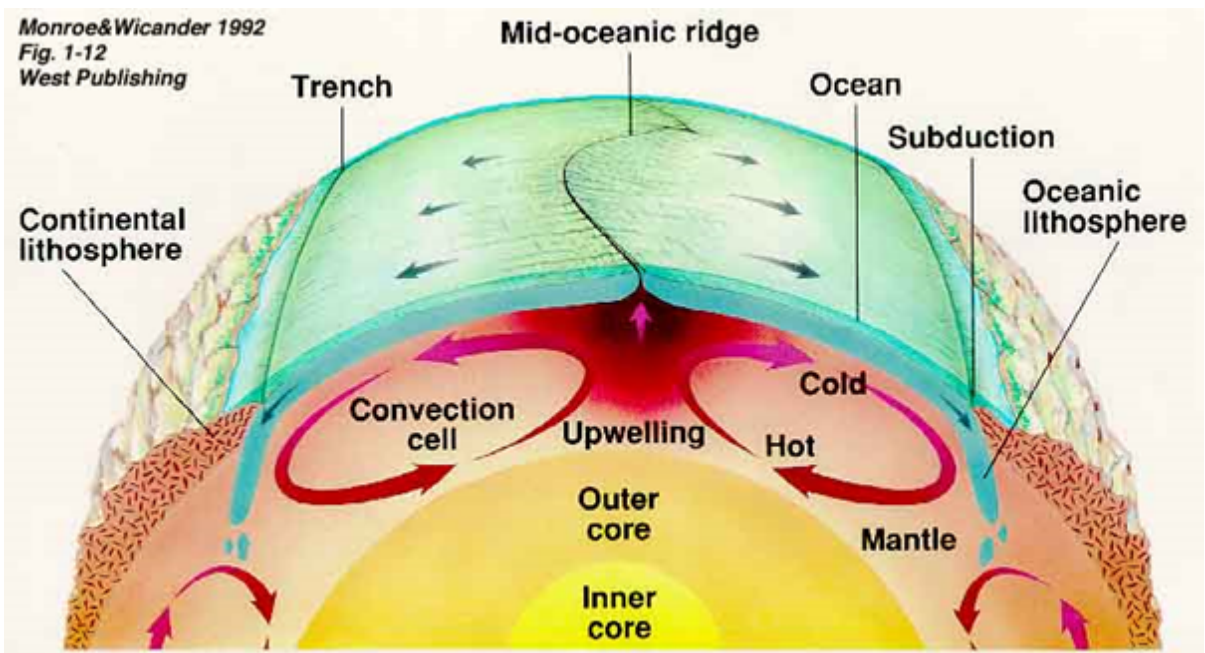
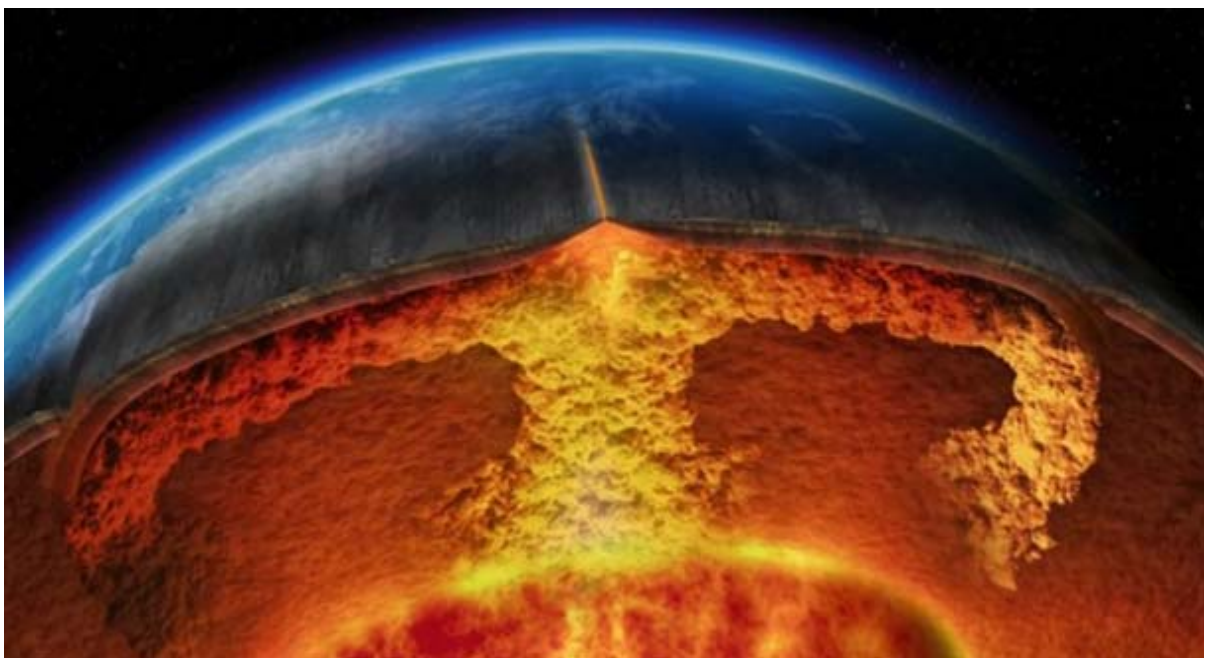


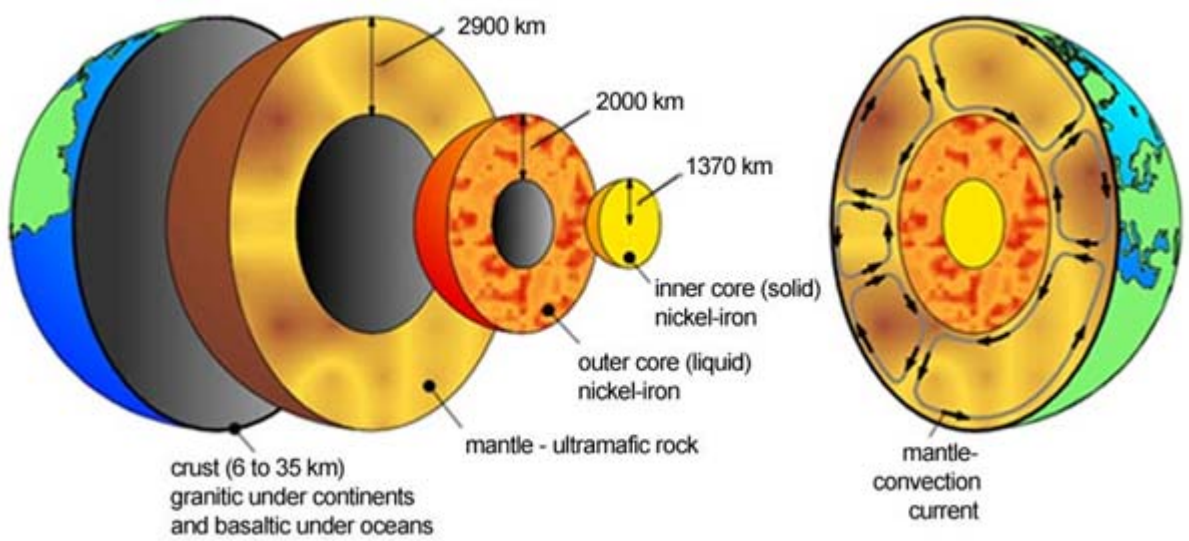
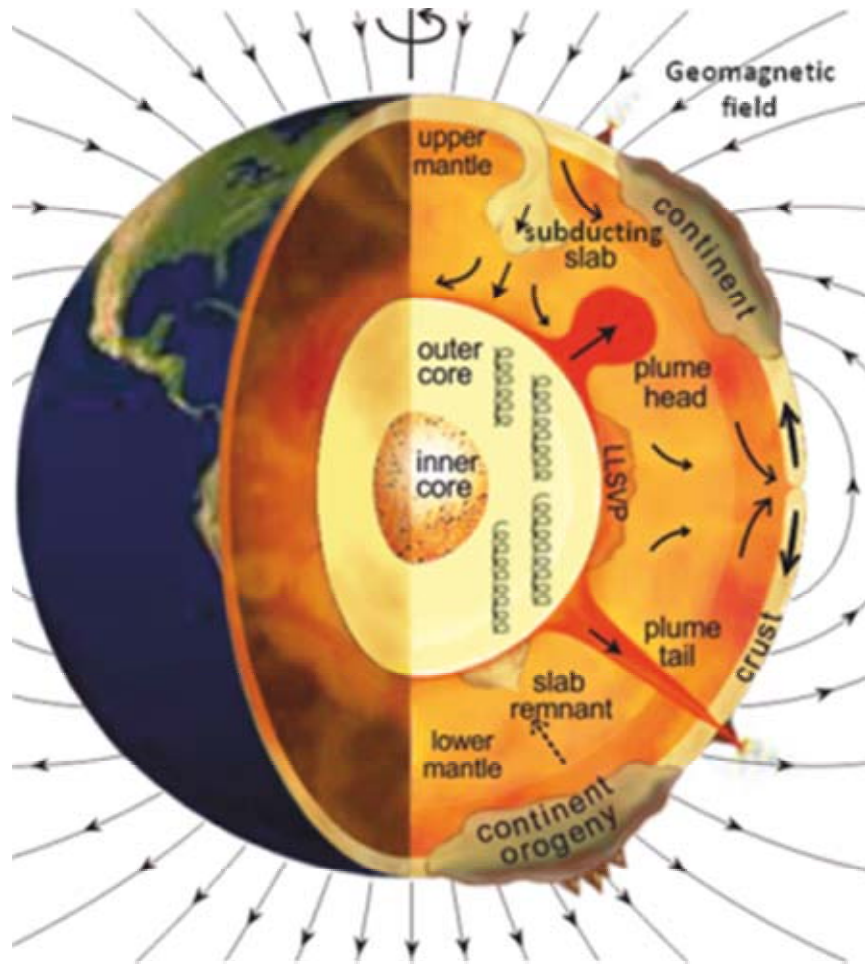
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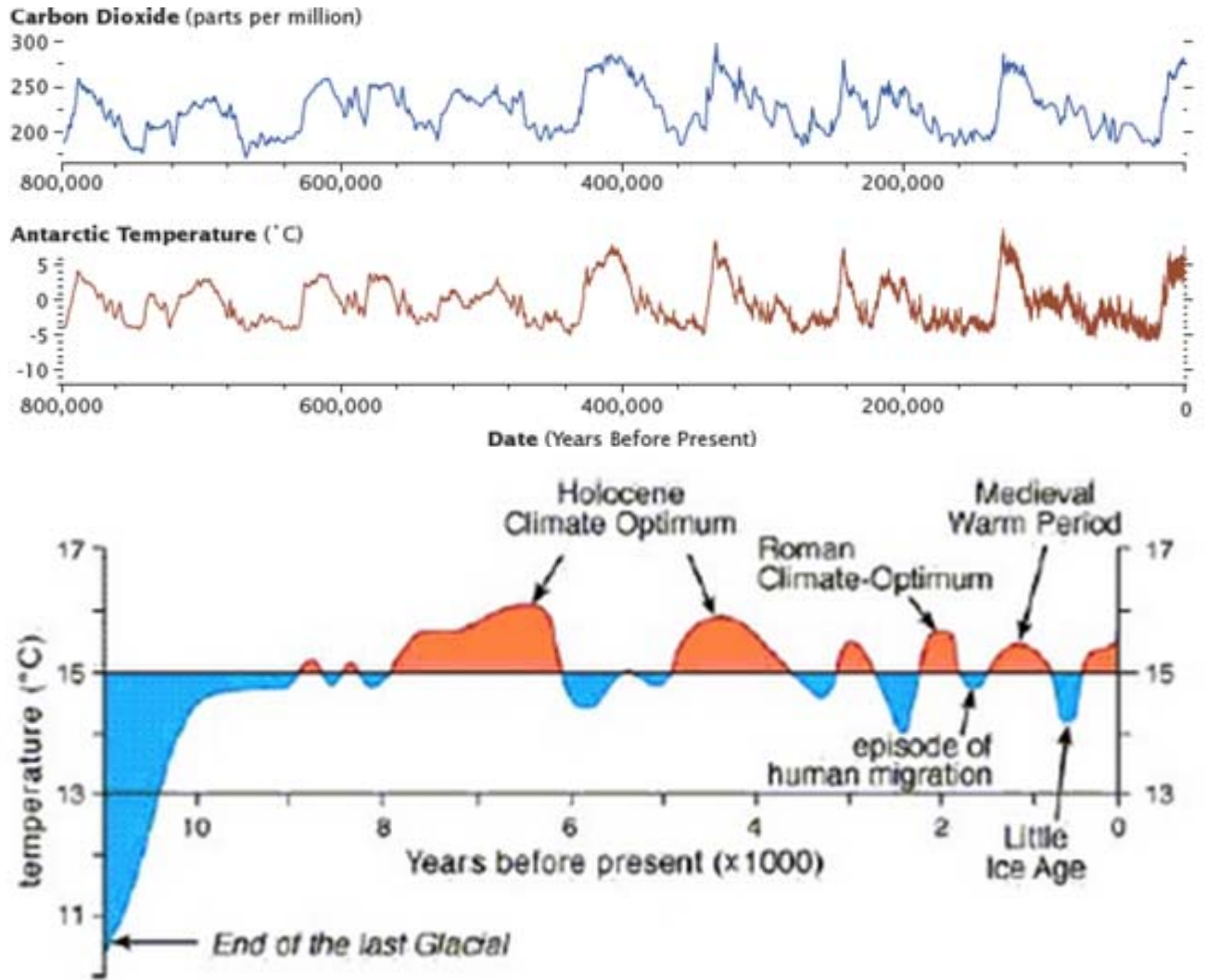
Nanna Beth – 3rd Celestial Heaven: Also you might like to know, the Earth itself is starting to change its rotation speed and is slightly moving on its axis, thereby causing shifts in surface weather patterns as warming and cooling takes effect, just happening in different places than how it has been. And these changes are coming from the core that's being affected by greater space changes. There is always massive pressures and forces affecting every part of natural creation, so the world and all space and all that's within it. And as David (Montaigne) points out, observers have observed that things remain the same, at least seem to be the same, although with minute incremental changes, all of which culminate to periodic, large swift changes. And so humanity is coming into a time of rapid change, and on all levels, not just the physical or spiritual. Of which I still can't say more.

So the debate about global warming or cooling will continue with both being right, as both are occurring. And in some areas they are affecting each other, in other areas they are happening independent of each other.

James: Thank you Nanna Beth, you've covered all I was wanting you to update.







MAGNETIC MOTION

The north magnetic pole is heading from Canada into Siberia, and recently crossed the International Date Line. Its rapid motion, plus other shifts in Earth's magnetic field, have forced scientists to revise the magnetic models that guide navigation.



EARTH CHANGES:

27 September 2011

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Verna: There's a marked increase in the 'goings on' inside Earth being brought about possibly by natural internal factors, factors extraterrestrial, or a combination of both, even one in league with the other. And I'm going to speak about such things in more detail later, but for now, you and the people you've read who think along such lines are correct, there is much going on, both from within and without.

It's going to be a horrendous time for humanity overall, but that's not to say that within it there will be much good and lots of good feelings for some people, and mostly for those people wanting to move with it in the understanding that it's for humanity's good, and as it couldn't go on any longer how it was, so something needed to happen.

What is happening now is yet another evolutionary event, however it's not going to come about as it did back then, it's coming about as a combination of humanity's impact on the planet and natural events timed to enhance humanity's impact, all so in the end, a 'new' humanity will result, willing and able to live on the world in a 'new' way. Back 65 million years ago it was purely a biological change, now it's one all for humanity, a spiritual change for humanity as Mary was telling you; a huge change, moving from living in a completely negative state, ending it, and moving to live in a completely positive one, and all along the way nature will be affected in various ways.



All that's to happen now is more to set the stage, or scene, for the 'new' humanity to evolve into being, that being on a spiritual level, rather than a whole new evolutionary line of creatures as it was with the demise of the reptile based nature, to the rise of the mammalian one. However, as I've already told you, some new creatures will come into being during the planetary ages to come, and others that have or will become extinct, will be brought back into being.

However the coming Earth changes will have periods of intense activity right through this turning of the age and the next one of one thousand years. There will be ups and downs, but overall the next age will be one of ongoing tumultuous times for the surface of the planet. And it's all designed to keep humanity giving up its evilness and helping it seek the way of truth. There's not to be one big cataclysmic episode now, and then it's all peace and harmony on Earth, and people can get back to re-building all they've had – all their negative way of being and wrongness, or even set about living in peace and harmony because of some dimensional change or new spiritual light and upliftment affecting the raising of humanity's consciousness to a higher level of peace, having giving up greed and self-indulgence in material things. No, all that is to come is not to let you off the hook, or allow you to keep going only manifesting and so expressing yet another version of truth denial.

The spiritual upliftment so far as the new 'vibration' humanity will experience is the new vibe of the next age, and its upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from their childhood. All the rest is nonsense perpetuated by ignorant mind spirits. Certainly there is new cosmic light coming to Urantia from Paradise, being stepped down in universal harmony through Nebadon; and certainly there is new soul-light being emitted from every soul on the planet, but as to how people choose to react to all of that is a personal choice, and many will fight their natural desire to seek the truth and so heal themselves, choosing instead to keep going in their negative states. And for such people, some will be relatively successful at doing it and keeping abreast of the increasing 'lights',

others won't be so successful, failing and then succumbing to their bad feelings. And many will go to their graves feeling very bad about life; other's will want to know why they feel so bad so often, and honour their bad feelings and start looking seriously for the truth. But overall, increasing inner and outer pressure will be brought to bare on humanity as it moves through the next age. A certain level of collective consciousness about its negative state, and a certain level of desire to heal humanity's evilness needs, both personally and collectively, to be achieved by the end of the next age; and as all things are perfect, it will be.

James: Okay, so back to the heart of the matter, the Earth changes.

Verna: Well, as you've read, the amount of seismic activity is on the increase, this being because the amount of rotation within the core of the Earth is speeding up. It's immeasurable currently to science, however as the core of Earth starts to move faster, so all the outer parts move faster, and that's stirring up the continental movement, which as you know from plate tectonics, is causing the crustal plates to grind against each other, with the stresses being released as earthquakes. And this core rotation is going to keep increasing for the next one thousand years.

James: Do you mean the whole Earth is spinning on its axis faster?

Verna: No, I mean the components of the core, are in relation to each other, moving faster, which could be seen, as for the need of a mental picture, that the core is rotating faster. It's more to do with hidden forces within the planet, ones humanity is yet to uncover; and they are more to do with, and respond directly to, the spiritual or higher light frequencies.

James: So it's like the spiritual rotation of Earth is increasing.

Verna: Yes, you could say it like that, and it's then having a direct effect on the material level.

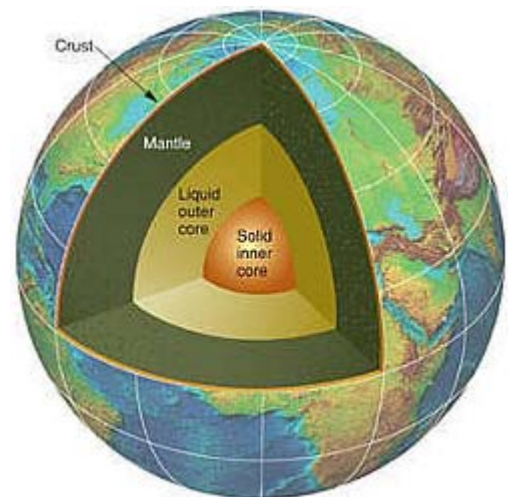
James: Okay, so it's all coming from inner levels, not just the physical.

Verna: As does everything. The physical world, the globe as you know it, only responds to inner or more spiritual levels, it exists because of these levels, the whole physical level of creation does. From our spiritual perspective, we living in these higher or inner dimensions, we can see the energy, the light, we can sense it; we can sense it in all physical things; and we can sense or perceive – we 'feel it', as increasing in frequency, and so the physical planet is responding, it has to, it can't be otherwise.

James: So it's not just, say, because of what the sun is doing that's affecting the Earth.

Verna: That is happening too, it all being part of the physical relationship and interaction in those relationships, however the sun too is being driven, and so continuously affected, by the inner, unseen, and unknown to you, spiritual levels. You are only at best observing the physical level of Creation and trying to work out laws that determine it, however there is another whole plane or 'dimension' of laws that determine the relationship of the physical to the spiritual; and then even more laws determining the spiritual, and all the levels of the spiritual, and there are many, all the way to Paradise.

James: Okay, so whatever is happening, we won't be able to detect, only possibly seeing signs of it on



the physical that are resulting from the increase movements of the surface crustal plates.

Verna: Yes, the sea floor is spreading faster in places as the subsidence of one plate under another is increasing, all making for very exciting times on the face of the Earth, if that's what excites you.

I can tell you, those like me who are from the very old days, boy, did we have fun back then, we were delirious during those times of massive Earth changes. And there were some times of massive changes. All that Earth is to go through now will be comparatively mild, just a remnant taste of the old days. Relative to back then, the Earth is destined to remain quite stable. It will have one last massive bout of cataclysmic Earth changes reminiscent of the ancient times when it's all to come to an End and Cease to Be, but humanity will be long gone by then.

I was talking about the acceleration of the rotation of the core of the Earth, but on inner levels, and how that's what's causing all the shifting in the crustal plates. And so this is what will cause most of the earthquakes. Now from your geology days at university, you remember being told about 'hot spots' where the continental plates move over places where magma forces itself to the surface bringing about island chains and chains of continental volcanoes, well there's going to be a lot more of these erupting as well, old and even ancient ones coming to life again.

James: One website I visit posts up-to-date information on the status of many volcanoes, and many of them are coming to life, and have been for a few years, even ones scientists didn't know existed.

Verna: Yes, and this is going to increase. There are going to be a few mega explosive events during the next fifty years, some that will cause the sun's rays to be blocked out for a number of days, but nothing too bad. However there will be continuous smaller eruptions and many of them, all disturbing the normal way of things, such as air flights, communications, and causing many people to be relocated. It's not so much the intensity of the volcanic eruptions that are to come, but how many of them and what combined effect they will have. A lot of new lava is going to come out onto the surface, this having a heating effect adding to the general present consensus of global warming.



James: So is global warming a reality, or is it our imagination; and is it something humanity is doing, or is it naturally happening?

Verna: It's naturally happening, however, overall the planet is moving toward another smaller ice age, but that's a long way off. In the short term it will warm significantly adding to humanity's problems, once all the volcanic activity gets going.

Along with the increase in volcanic events it will be discovered that the ambient temperature of the upper crust is also warming, the ground will warm up a little. We're only talking about one degree, but it will add to the problems of increasing the ocean temperatures, rainfall distribution, melting the ice at the poles and how and where food will be grown.

James: I was reading whereby all of this is coming about because of the breaking down of Earth's magnetic field, all leading to a pole reversal, this all being caused by the sun moving towards a solar

maximum in the next couple of years.

Verna: It's all part and parcel of it. Scientists will continue to understand all that's taking place on many physical levels as events unfold. But really it's all being caused by the increasing spiritual light that's driving the whole thing right through Neadon, it's not just Earth and your sun that's being affected. On all worlds, ages are changing and spirits are moving on, and things are happening. You're just one piece in the whole.

So because of these warming influences, the weather will become more wild, more subject to change, and more unpredictable. There will be more: drought and heat, rain and snow, even cold extremes in some parts of the world, and less in others. There will be more wild storms in some places, cyclones and such, and less wildness in other places. Things will pretty much change all over the place as to how they have been. And some changes will become permanent, other's fluctuating.

And because of these weather disturbances, so the production of food will change; in some areas of the world severe famine and food shortages will occur, in other places pests and disease will predominate. You've seen all of these things already beginning to happen, and they are only going to happen more and become more intense.

And then come the physical Earth changes, not only from volcanic eruptions, but from the influence of large earthquakes.

Vulcanology:

28 September 2011

James: So what's happening to the Earth where the magma is? I mean how does it build up in pressure to come out?

Verna, a Nature Spirit: It's a combination of internal Earth forces and external cosmic rays. They both interact to produce what might be likened to bringing a pot of water to the boil. The more internal pressure that builds the stronger and more vigorous it boils escaping on the surface. The Earth has been relatively cool of late, meaning there's only a very light boiling going on, with most of the pent up pressure and energy able to be released through what has been witnessed, some occasionally doing a lot of damage, other times, not so much, but the Earth has been going through a very quite time of vulcanology. However that's all soon to change as it warms up into one of its more active times. But as I said, not so active as in times gone by, but certainly more active than what's happened during this past two thousand years.

James: So the letting off steam, the increased boiling will keep happening for... how long?

Verna: It will keep building up during the next ten years, then it will plateau for the next twenty, then start to settle down. But within these years there will be times of greater and less intensity. You must remember that things happen relatively slowly on a geological time period, so this time will be but a hiccup in the great scheme of things, but enough to give humanity the experiences it requires to keep the pressure on it to change. You don't have to worry about it starting with a rush then petering out. The inner forces that are going to bring about all the structural crustal change will last for as long as they need to.

Global Warming:

28 September 2011

James: Verna, is there really global warming, or is it something that seems to be happening but is being made up by certain people. I think I've asked you this question before –

Verna: That doesn't matter James, I'm happy to answer it again.

Yes, global warming is real, but it's not happening solely because of humanity's impact on the world. Humanity is only minimally affecting it, the world for the most part being able to absorb all you do that results in global warming, however it's the Earth itself that is heating up, internally and because of external influences. And these will continue as I've told you. But all humanity does in regards to global warming will be of no account because of the overall changes that are going to take place.

WEATHER EVENTS and EARTH CHANGES are CYCICAL

The Richard Messages via James Reid: Celestial Spirit Richard 12 January 2013

Richard: There are many factors involved in the production of weather patterns on the planet. If you had information from a much longer period of time than that available you would see that such happenings are not uncommon or unusual. The scientists have developed a range of normal that is based on quite scanty data. So, while a relatively short-range view is taken of these elements, there must be varying opinions. The Earth is presently in a state of marked changes so there will be fluctuations and deviation from many 'normal' patterns. The present changes are much more related to what is happening deep within the planet than to man-made issues on the surface. However, people will always attempt to interpret any happening in the light of what is considered to be known and to use familiar terms.

No, We're Not All Doomed by Earth's Magnetic Field Flip

<https://news.nationalgeographic.com/2018/01/earth-magnetic-field-flip-north-south-poles-science/>

A geomagnetic apocalypse may not be on the horizon, but there is some fascinating science behind the doomsday hype.

By [Nadia Drake](#)

January 2018

Many times over our planet's history, [Earth's](#) magnetic poles have reversed, meaning that sometimes a compass pointing north will be aimed at Antarctica rather than the Arctic. This might sound strange, but [it's a relatively predictable quirk](#). Powered by the machinations of the planet's spinning iron core, this process of geomagnetic reversal has been doing its thing without much fanfare for eons.

That is, until this week, when a book excerpt describing the phenomenon [appeared online](#). Shortly afterwards, numerous websites began trumpeting the doomsday around the corner, a geomagnetic apocalypse in which tumours run rampant, satellites fall from the sky, and life on Earth will cease to exist as we know it.

True, life on Earth almost certainly will be different than it is today in multiple thousands of years. But will these polar acrobatics have much to do with that?

First thing's first: Are we all going to die?

Yes.

Wait, what!

We are all going to die, eventually. But chances are that we will not immediately—or even proximally—perish when Earth's next geomagnetic reversal occurs.

Fine. So what is a geomagnetic reversal?

If geologic history repeats itself, Earth's magnetic poles should eventually swap places. This much is undeniable. [Based on the magnetic fingerprints locked into ancient rocks](#), we know that over the last 20 million years, magnetic north and south have flipped roughly every 200,000 to 300,000 years (this rate has not been constant over the planet's lifetime, though). The last of these major reversals occurred about 780,000 years ago, although the Poles do wander around in between these larger flips. (What's more, [climate change seems to be shifting Earth's geographic poles](#).)

That means we're a bit overdue for a total reversal, and some data do, in fact, suggest that a geomagnetic reversal is geologically imminent. But this does not mean a polar flip-flop is going to happen tomorrow, or even any time soon, and we'd put good money on North still being in the Arctic for a while—although neither we nor anyone else knows when the next total reversal will actually happen.

OK. But if it happens soon, won't that be bad?

Also unclear. Scientists estimate that past polar flips have been rather sluggish, with north and south migrating to opposite positions [over thousands of years](#). This is both good and bad if you're concerned about how a geomagnetic reversal will affect life on Earth.

The sluggish polar meander is good, because it means we have time to prepare and can do our best to ameliorate any unpleasant effects before they get really unpleasant. But it's bad, because our planet's magnetic field helps shield us from damaging solar and cosmic radiation, and a protracted flip means Earth might be slightly less protected from harmful space rays for longer than we would like.

It's also not very dramatic, because it means you won't suddenly wake up and find out that your smartphone thinks Santa's workshop is in the Southern Hemisphere.

Bummer, that sounds boring. So what will we actually notice?

The only major, noticeable effect that's guaranteed to occur when the polar flip is finished is that your compass needle will tell you that North is in Antarctica and South is somewhere near Canada. This will make the names of the American continents temporarily confusing (at least, on a geologic time scale) but it'll make for a good story in classrooms.

Another interesting consequence will be that animals that use Earth's magnetic field for navigation—including birds, salmon, and [sea turtles](#)—could get lost during their routine journeys. Eventually they will sort this out, and all other things being equal, life will go on. Lots of doomsday prophets have tried to equate geomagnetic flips with mass extinctions, but the data just aren't there.

So there's nothing at all to worry about?

Not exactly. It's true that when the poles do reverse, Earth's magnetic field [could get weaker](#)—but its strength is already quite variable, so that's not necessarily unusual, and there's no indication it will vanish entirely, [according to NASA](#). Why? Because it never has.

WHAT COULD HAPPEN IF EARTH'S MAGNETIC FIELD FLIPS

Mass extinction? Some experts believe changes to the magnetic field would allow dangerous particles to rain down on Earth. They say the magnetic field disappears entirely during a flip, leaving us vulnerable. However, this theory proved controversial and several scientists have said mass extinctions are unlikely to be caused by the flip.

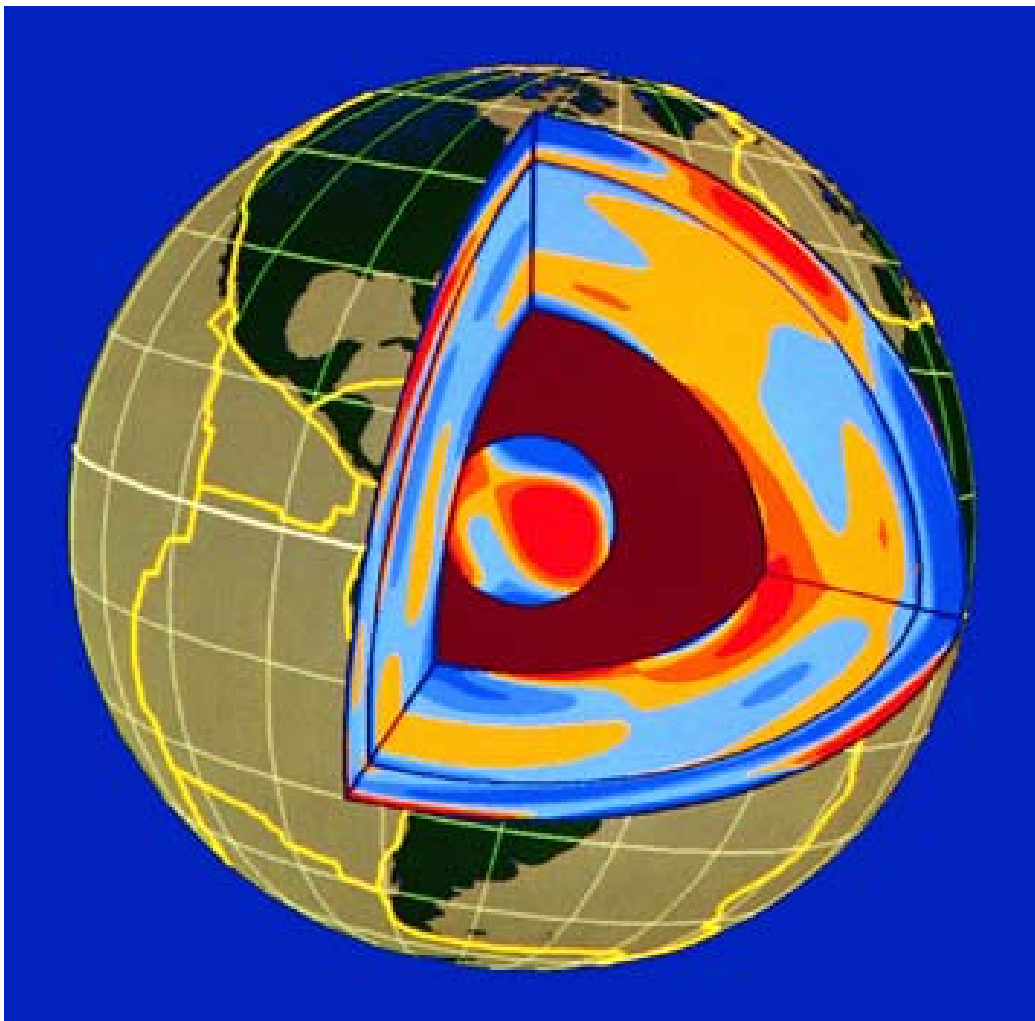
Disappearing atmosphere ? Thankfully, this scenario is highly unlikely. However, it is believed that Mars' atmosphere was stripped by the solar wind because it does not have a strong magnetic field.

Economic collapse? The flip could bring down power grids across the world, potentially crashing stock markets and stopping economies from working properly.

The report warned that satellite timing systems that govern electric grids could fail, causing a ripple effect that would shut off lights, computers and phones.

Historically, the North and South magnetic poles have flipped every 200,000 to 300,000 years. In fact, they've happened hundreds of times over the past three billion years.

But the flip is now "overdue", according to some – with the last change estimated to have occurred about 780,000 years ago.





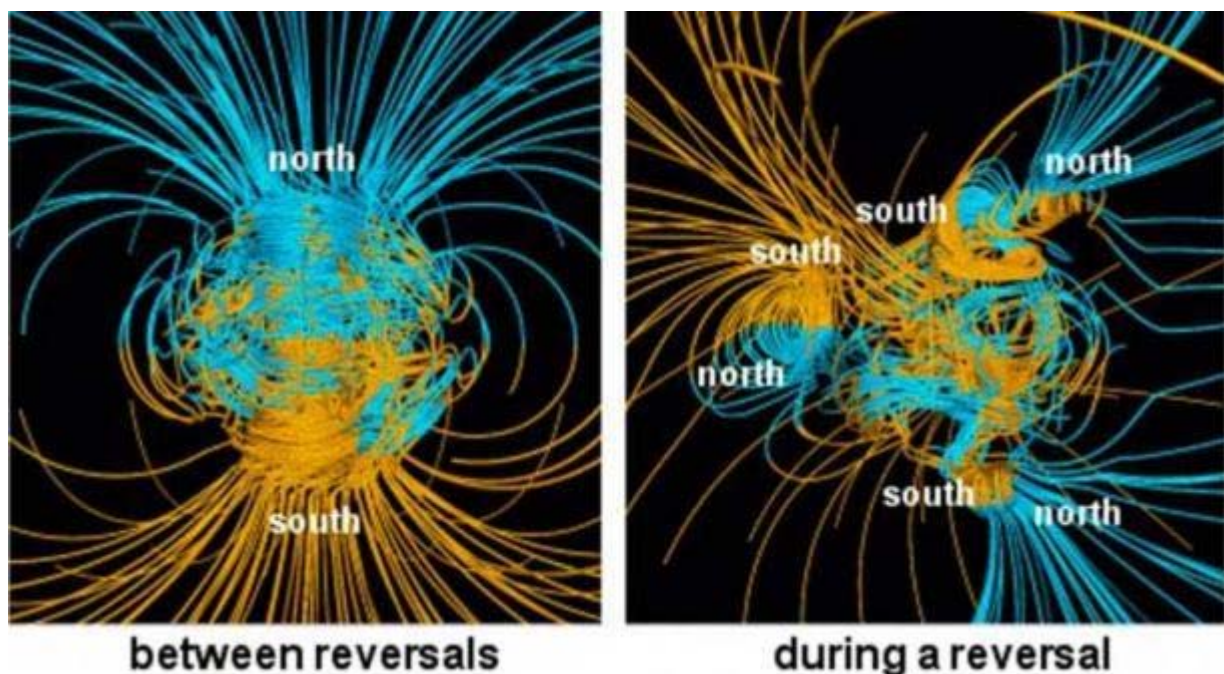
<https://www.ancient-origins.net/news-science-space/chaos-and-cover-ups-evidence-exists-ancient-pole-shift-009921>

Chaos and Cover-ups: What Evidence Exists of an Ancient Pole Shift?

April, 2018 [David Montaigne](#)

Magnetic pole shifts are in the news a lot recently because our Magnetic North Pole is racing towards Russia while the Earth's magnetic field strength is falling fast. The European Space Agency said this could be the beginning of a magnetic pole shift. Evidence suggests the rotational axis will also shift to stay aligned with the magnetic field. These catastrophic pole shifts come in a periodic cycle of recurring and predictable cataclysms involving huge earthquakes and tsunamis, changes in latitude and altitude, mass extinctions, and the destruction of civilisations – reducing them to myth and legend.

Most people don't want to know this is coming. They don't want to know that America could replace Atlantis in legends of lost civilisations. Your government censors the evidence to make sure you'll keep working and funding their preparations until it happens. But for those who are willing to look, the evidence exists.



NASA computer simulation showing the differences of the Earth's magnetic field lines between and during a reversal of the north and south magnetic poles. The blue lines show when the field points towards the centre and yellow when away. The rotation axis of the Earth is centred and vertical. The dense clusters of lines are within the Earth's core. ([Public Domain](#))

Coral, Lava, and Different Equators

Wherever there are shallow oceans near the Earth's equator, there are tropical coral reefs. Picture distinct strips of coral species running parallel with the equator. If the surface of the Earth stayed fixed in its current orientation, there would only be one circle of coral reefs around our planet at our current equator. But instead there are many bands of ancient coral crisscrossing the Earth – marking many previous equators.

- [Ancient Huts Provide New Information on Magnetic Pole Reversal and the South Atlantic Anomaly](#)
- [The Ancestral Myth of the Hollow Earth and Underground Civilizations](#)
- [Could a rapid pole shift change the fate of life on Earth?](#)

Charles Hapgood (author of Earth's Shifting Crust) tells us there is even “evidence of warm coralline seas stretching right across Antarctica.” He cited coral expert Ting Ying H. Ma of the University of Fukien. After studying corals in Alaska, Spitzbergen, and Antarctica, Dr. Ma concluded that many total displacements of the entire outer crust of the Earth must have taken place. In Ma's words, the coral evidence he found could only be explained by “the sudden sliding of the solid Earth shell over the liquid core” leading to “a sudden change in latitudinal positions.”



Coral reef. ([NOAA](#))

When liquid lava flows from a volcano, it soon cools down and solidifies. In liquid form, ions of iron align themselves in the magnetic field of the Earth. We can analyse solid lava rock and determine which direction these molecules point towards, and it will indicate the direction of the magnetic pole at the time of solidification.

The earliest analysis I have seen was published in 1955 by John W. Graham, and his conclusion was “the rocks were magnetised by a geomagnetic field about like the one today, the essential difference being that this field was in a significantly different orientation. This result is discussed in terms of slip of an outer shell of the Earth relative to the axis of revolution.”



Leirhnjúkur Lava Field, Iceland. (Justraveling.com/ [CC BY SA 4.0](https://creativecommons.org/licenses/by-sa/4.0/))

Lava fields at Steen’s Mountain in Oregon show north itself was moving up to six degrees per day while the lava cooled. Robert Coe and Michel Prevot published their initial analysis in 1989 under the title “Evidence Suggesting Extremely Rapid Field Variation During a Geomagnetic Reversal” and noted that the magnetic field changes during solidification “implies astonishingly high rates of change of the geomagnetic field.” Their most likely explanation was “rapid variation of the geomagnetic field direction during cooling.”

A Mammoth-Sized Problem



The idea that mammoths lived in an icy wasteland is a popular image. (Mauricio Antón/ [CC BY 2.5](#))

The most famous flash-frozen mammoth carcass – the “Berezovka Mammoth” had many species of unchewed grasses, mosses, beans and buttercups in its mouth and undigested in its stomach. Given the life cycle of these flowering plants, it was concluded that the mammoth died in “late July or the beginning of August” and was frozen almost instantly.



Berezovka Mammoth. (FORTEPAN / Magyar Földrajzi Múzeum / Diagyűjtemény/ [CC BY SA 3.0](#))

Summer temperatures must have fallen very fast. Imagine how much body heat a mammoth must have while alive, and how vegetation in stomach acid would deteriorate if not quickly frozen. What kind of temperature drop must have occurred to freeze a mammoth solid so quickly? Would a sixty degree drop in two hours be enough?

Additional evidence suggests that mammoths were not suited to cold climates: the lack of sebaceous glands in the skin. Most Arctic animals have sebaceous glands to secrete oil and lubricate the skin to prevent cracking in the cold, dry air. But studies of mammoth skin have shown that their skin cells are absolutely identical to those of Indian elephants today.

The idea that mammoths lived in an icy wasteland and never ate anything may be the popular image, but this misunderstanding fails to account for the five hundred pounds (226.80 kg) of fresh vegetation required for their food every day. Dr. William Farrand once wrote in an article titled “Frozen Mammoths and Modern Geology” that “an apparent paradox remains – that the climate in northern Siberia was warmer than at present at some period in late glacial time when climates elsewhere on the Earth were cooler than at present.”

The pole shift theory explains it easily: the North Pole was in Hudson Bay at the time. Canada was covered in an ice sheet because it was at the North Pole. It had an “Ice Age” in the same way Greenland

and Antarctica have them now – they are located at the poles now. When the Laurentide Ice Sheet formed, evidence shows it did not spread south from our current North Pole – the ice spread out in all directions from Hudson Bay. When the poles shifted, the North American ice sheet melted, but Siberia froze. Most lands suffered massive changes.

Dates that Don't Match Up

Assuming that legends of an advanced civilisation like Atlantis may have existed over 13,000 years ago – and that their civilisation was destroyed when a pole shift put their homeland at a much worse latitude and altitude – I often wonder if certain ancient monuments are much older than we are taught. For example, the Great Pyramid in Egypt, which incorporates so much mathematical and scientific data in its measurements – a monument we may not even be able to duplicate today – seems unlikely to have been built as recently as mainstream Egyptologists insist it was.



Great Pyramid of Giza, Egypt. (Keith Yahl/ [CC BY 2.0](#))

Dr. Robert Schoch (author of [Forgotten Civilisation](#)) has helped to disprove this alleged 2,500 BC time frame. He is most famous for proving the Sphinx in Egypt is thousands of years older than we were taught, (he proved the erosion on the Sphinx is from massive rainfall, not blowing sand – and must have existed when the climate was still wet and rainy) – at least 10-15,000 years old. At first, such an old date was countered with the comment that there were no signs of the civilisation that could have built it that far back. But since 1994 the temple complex of Gobekli Tepe in Turkey has been conclusively dated to be at least 11-12,000 years old by the German Archaeological Institute.

The Aztec capital city of Teotihuacan, “the place of the gods,” is aligned 15.26° east of north, along an axis through the Avenue of the Dead which – if extended far enough, crosses Hudson Bay. Was the site

established before the last pole shift? Anthony Aveni (author of [Skywatchers of Ancient Mexico](#)) wrote that of 56 Meso-American sites he studied, 50 of them are curiously oriented east of north.

In the Old World, many sites like the Temple Mount in Jerusalem and the Ziggurat of Ur are oriented west of north. Are they originally aligned with a previous North Pole because the sites were established long before the current orientation of the globe? Thomas Mills wrote a book called [Stonehenge: If This Were East](#) in which he concludes that the stones' arrangement only makes sense if it were aligned to the sky when the North Pole was in Hudson Bay.



Sunset at Hudson Bay, Canada. ([Public Domain](#))

Monumental Evidence?

Ancient monuments also clue us in to even more ancient North Pole locations. Baalbek, a site in Lebanon with the largest stone blocks in the world, some weighing over 400 tons – seems to be aligned properly if the North Pole were in the Norwegian Sea east of Greenland – just where it was two pole shifts back, at least 25,900 years ago.

- [Intertwining Human Life and the Environment: Understanding Ancient Geometric Earthworks in Southwestern Amazonia](#)
- [Earthquake Faults May Have Shaken up the Cultural Practices of Ancient Greece](#)
- [The Royal Road of the King of the World, and the Ancient Center of the Earth](#)

And when we look up “ancient equator” on Youtube, many videos will show that many of the most impressive ancient monuments and temple sites can be found on a single line that circles the Earth, a former equator that crosses the Egyptian Pyramids at Giza, Petra, Persepolis, Mohenjo-Daro, Angkor Wat, Easter Island, the Nazca lines and Machu Picchu in Peru, and many other sacred temple sites.

We should also note that Machu Picchu and Angkor Wat are exactly opposite each other, as are Mohenjo Daro and Easter Island, with interesting ratios and distances between several of the other sites on the line as well. Modern architecture surely has been built over these very ancient sacred sites, for if this line is an old equator, then the North Pole was near the border of southeast Alaska and the Yukon at the time – and that was THREE pole shifts back, at least 39,000 years ago.



Machu Picchu ([CC0](#)) and Angkor Wat ([CC0](#)) are exactly opposite each other.

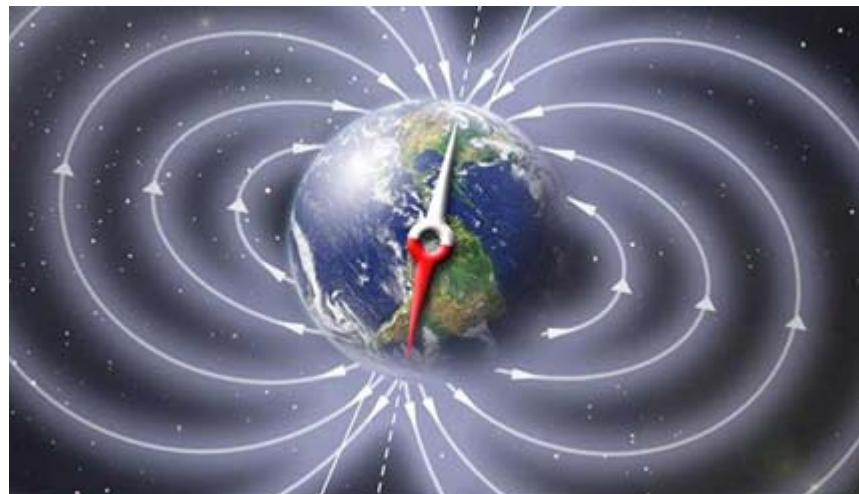
Your government and religious leaders will be quite happy if you choose to forget about cycles of destruction by pole shift. But if you're interested in learning more, the evidence is out there.

Douglas Vogt pointed out a set of uplifted coral terraces in New Guinea, with layers carbon dated (and again with Thorium 230 dating) estimated to be approximately 23,000 years old in one layer, 35,400 in another, 49,000 in another, 60,000 and 74,000 years old in the others. Given the range of accuracy +/- up to 2,000 years these clearly provide yet another example of evidence indicating pole shifts occur with regularity roughly every 12,000+ years. <https://endtimesand2019.wordpress.com/2019/01/31/web-bots-bashing-my-conclusions/>

Below Image: Detail of a representation of Earth's Invisible Magnetic Field. Source: [NASA](#)

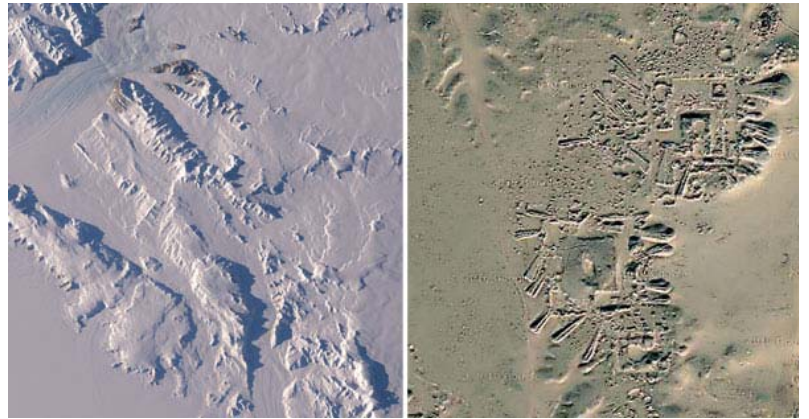
By [David Montaigne](#)

David Montaigne is the author of 'Pole Shift: Evidence Will Not Be Silenced'. Visit his website at: <http://davidmontaigne.webs.com/>



Ancient City site found on Antarctica!

Washington, D.C. | Recently released remote sensing photography of NASA’s Operation IceBridge mission in Antarctica led to a fascinating discovery when images revealed what some experts believe could be the existence of a possible ancient human settlement lying beneath an impressive 2.3 kilometres of ice.



The intriguing discovery was made during aircraft test trials of NASA’s Advanced Topographic Laser Altimeter System (ATLAS) lidar technology set to be launched on the Ice, Cloud and land Elevation Satellite-2 (ICESat-2) in 2017, that aims to monitor changes in polar ice.

“There’s very little margin for error when it comes to individual photons hitting on individual fibre optics, that is why we were so surprised when we noticed these abnormal features on the lidar imagery,” explains Nathan Borrowitz, IceBridge’s project scientist and sea ice researcher with NASA’s Goddard Space Flight Centre in Greenbelt, Maryland.

A Google Earth image of Antarctica has sparked claims of evidence there was once a civilisation living in the frozen continent. The picture shows an oval-shaped structure that conspiracy theorists claim to be 400 foot (121 metres) across.

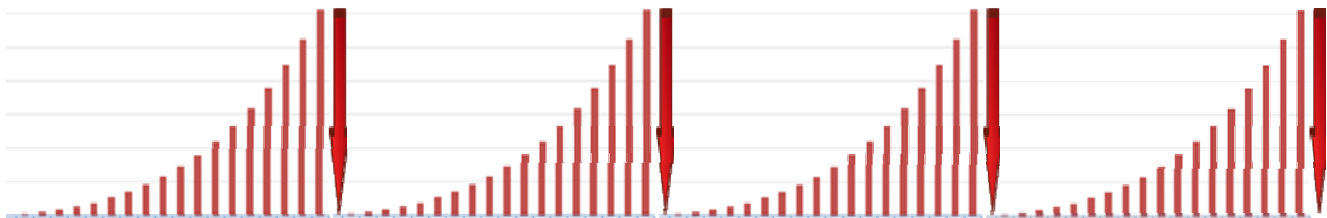


“One of history’s most puzzling maps is that of the Turkish admiral **Piri Reis** in 1513 AD which successfully mapped the coastline of Antarctica over 500 years ago. What is most fascinating about this map is that it shows the coastline of Antarctica without any ice. How is this possible when images of the subglacial coastline of Antarctica were only seen for the first time after the development of ground-penetrating radar in 1958? Is it possible Antarctica has not always been covered under such an ice sheet? This could be evidence that it is a possibility” he acknowledges.”



PHYSICAL POLAR SHIFT CYCLES

Humanity appears to experience a massive population diminishment with each physical pole shift. A physical pole shift is different to a magnetic pole shift which is ongoing. A physical pole shift may result in mass extinctions of animals, plant and aquatic life as well as that of humanity on Earth.



Not only does a physical pole shift bring about a great devastation of life, the frequency of the Earth's energy fields shifts dramatically thus rendering technology developments during that era useless.

For those who survive, life and development have to start again. As there are so few people remaining, the skills that were available from a huge population base with highly developed communications and technology are all gone. With so few people then life is about survival – yet again.

One could say that we are at peak population as well as peak technological development – we can destroy all that is on the surface of the planet many times over! Grand achievements? We have lost the ability to communicate with each other. We do what ever we can to suppress the pain of our unloving lives – endless array of entertainment and self indulgence while a large portion of humanity starves to death! Okay, maybe the population level is at variance to other cycle population peaks and their technology having been entirely different, but it all comes smashing down with a pole shift.

Maybe we could count back through some of the great civilisations that have been lost:

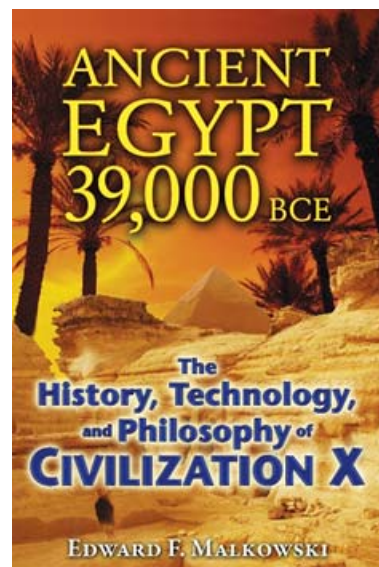
Humanity presently with its structures and amusements	Present
Atlantis	-12,000 to -13,000 years ago
Lemuria	-25,000 to -26,000 years ago
Civilisation on Antarctica (as examples and guesstimates)	-38,000 to -39,000 years ago

What is certain is our current focus during our life on Earth does not serve us best. We are not meant to be alone and we are meant to freely expressing our true personality – this we have not achieved!

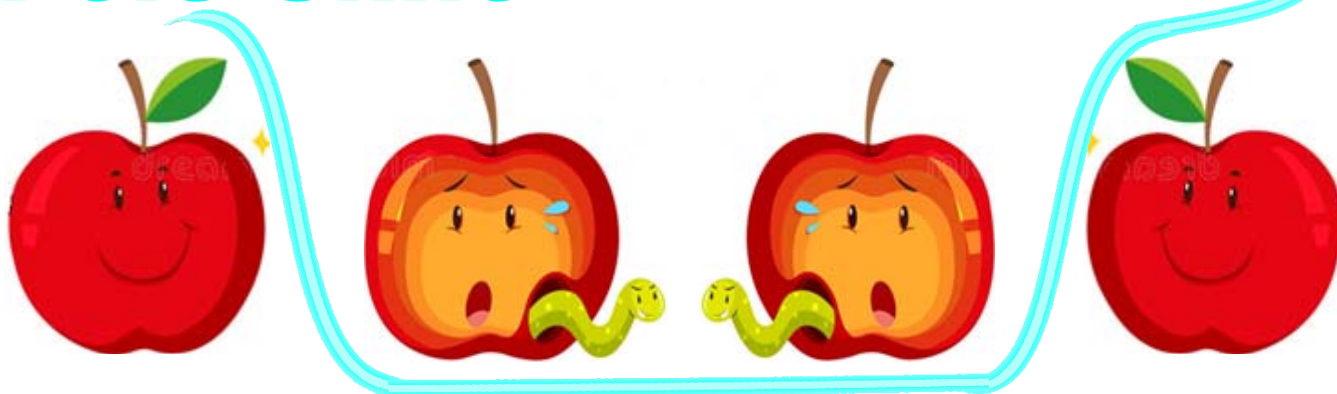
“The True Liberation of Women is Through the Truth of Their Feelings.”

“By living true to ourself, true to our feelings, we are living true to God. It’s that simple.”

It is time to reconsider our priorities and our way forward. This time in the history of all cycles is the first time that we have been provided with the way forward!



Pole Shift



Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

Now, for the first time in the history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

We can, through our Feeling Healing, embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.

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info@pascashealth.com

From this:



To this:

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First