

# PASCAS FOUNDATION (AUST) Ltd



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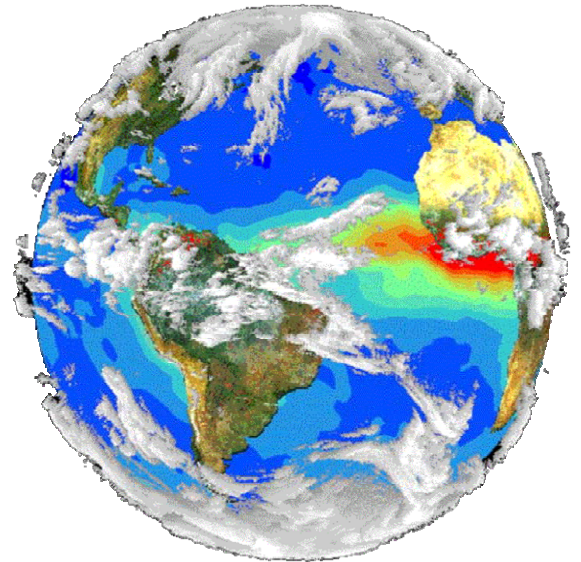
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26 January 2021

## LIFE is a HIGHWAY

This is the 3<sup>rd</sup> rock from the Sun:



When we arrive on this Earth, being the 3<sup>rd</sup> rock from the Sun, we have never been here before, nor have we had any relationship or experience with any of the multitude of cultures and heritages that embrace Earth's humanity with their ongoing dramas.

Not only that, we are unaware that Earth's humanity capitulated and has participated within a Rebellion these past 200,000 years that was compounded by a Default more than 38,000 years ago. The high level spirits from within our local universe of Nebadon, namely the Lucifer, Satan, Caligastia and Daligastia soul partner pairs, all being Lanonandeks, have rebelled against the co-regents of Nebadon and have drawn in 37 humanities of which Earth is one and subsequently Earth's situation deteriorated further by the Default of Adam and Eve in fulfilling their mission on Earth. The remainder of the 3,840,101 humanities throughout Nebadon are free of Rebellion and are living true to their feelings, whereas the Rebellion worlds have all embraced living through their minds to their detriment.

Thus all of Earth's people have Rebellion and Default issues that are the drivers of all inter-racial disputes and wars that are the plight of humanity. Thus, our highway journey commences by being a very rocky and hazardous adventure.

We arrive on Earth without any awareness of family, customs, heritage and nationality. When we leave Earth and then being in spirit, we will eventually heal ourselves of our Rebellion and Default, progress into the Celestial Heavens, connect up with our soul partner and then join our soulgroup being our true family. When we progress beyond the first three Celestial Heavens, we will then have no further connection or interaction with Earth. Our sojourn on Earth is our individualisation and the commencement of experiences and learning that we proceed with through all our way onto Paradise, the home of our Heavenly Mother and Father.

**Australia Day** is the official national day of Australia. Observed annually on 26 January, it marks the anniversary of the 1788 arrival of the First Fleet at Port Jackson (Sydney harbour) in New South Wales, and the raising of the British flag at Sydney Cove by Arthur Phillip.

Significance: Date of landing of the First Fleet in Port Jackson on 26 January 1788

Observed by: Australian citizens, residents and expatriates

Also called: Foundation Day, Invasion Day, Australian Natives' Association Day, Survival Day, Anniversary Day

## First fleet to Australia

These prisoners were in a pretty awful physical condition, diseased and malnourished, they would be at sea for months and when they arrived in Australia, there was much to do to make a settlement.

On board ship conditions were harsh. The convicts spent much of their time below decks, with a bucket for water and a bucket for waste, which was carried away on deck to dispose of. Despite this, the cramped conditions meant disease could spread very quickly and dysentery and cholera were common. Vermin also carried disease. They were given small rations of flour and salted meat. Exercise was limited to an occasional walk around the deck. Women convicts endured sexual harassment although some traded sex for food. In consequence venereal diseases were also a problem.

The officers and marines had better conditions, being given decent rations and living quarters. Captain Phillips was not a wantonly cruel nor a stupid man. He wanted his convicts to arrive well enough to undertake the work needed to secure the new settlement. A sick group of convicts was no use to him.

**Eleven ships finally sailed from Portsmouth on 13th May 1787.** Approximately 775 listed convicts were on board.

The prisoners were gathered from places throughout England - Wiltshire, Devonshire, Surry, Dorset, Gloucestershire, Somersetshire, Plymouth and London - many had already been locked up for several years in various prisons under appalling conditions and were in a poor state of health. Many, especially those from smaller country jails were not in good health. Captain Phillip thought that he might have to make one of the ships a hospital ship to care for the sick. Newspapers wrote that they expected about 80% of the convicts would not survive the long journey. Before they even left England, several of the convicts died and some of marines were so sick that they were removed from the ships. However the number of people that died on the trip was quite small, and shows that the planning and treatment of the convicts during the journey was actually successful. Most had put on weight and were healthier when they arrived in Australia than when they left England.

The **First Fleet** is the name given to the 11 ships which sailed from Great Britain on 13 May 1787, to start the first European colony in New South Wales. It was the beginning of a plan to send thousands of prisoners to Australia to make convict settlements. The fleet was led by Captain Arthur Phillip. This journey lasted eight months, and used a route across the oceans that had only been used three times; once by Abel Tasman and twice by James Cook.

In the early days of transportation, conditions on board ship were terrible and many died on the journey, which took between four and six months. Towards the mid 19th century, things had improved and examination of the transportation records indicates that the number who perished on the voyage was low.

## Conditions

Many of the convicts who were sent to New South Wales in the early years were already disease ridden and many died from typhoid and cholera in the dreadful conditions on the ships. Those that survived were severely weakened by scurvy, dysentery and fever. In later years conditions were much improved and surprisingly few convicts died on the voyage.

There were many cases of sea sickness and stomach upsets, and occasionally measles. However the ships were kept reasonably clean and the ships' surgeons did their jobs well enough.

Convicts were taken aboard in chains and shackles. Once aboard these were unlocked. A hatch was opened and the convicts went below to the prison deck and the hatch was locked. Sometimes, however, they were kept in chains and behind bars even on board.

The convict quarters had ventilators to let in light and air. The Port end would be reasonably light but the bows dark and gloomy. On some ships, in the early days, convicts were kept below most of the time. In many cases they were restrained in chains and were only allowed on deck for fresh air and exercise.

The cramped, unhygienic conditions on the convict ships were very difficult. As the 19th century progressed, the conditions began to improve. By the 1840s, the routine was more enlightened. Surgeons were no longer in the pay of the ship's master and their sole responsibility was the well being of the convicts. Daily life even included a Religious Instructor who could both educate the convicts and look after their spiritual needs. Importantly, a bonus was paid to the ship charterers for the safe landing of the prisoners.

## Arrival

The first ship, *Supply*, reached Botany Bay on 18 January 1788. Aboriginal people from the Cadigal tribe saw the First Fleet ships arrive. Phillip soon decided that this site, picked by Sir Joseph Banks, was not suitable. It had poor soil, no safe place to leave the ships, and no drinking water. Phillip decided to go north to Port Jackson (part of and now Sydney harbour).

**On 26 January 1788** the marines and convicts arrived at Sydney Cove. 1403 people left Portsmouth. On the voyage 7 babies were born. 69 people died or left the ships. 1332 people landed in Port Jackson which is now known as Sydney. It was a successful trip, as only 40 convicts had died. Phillip named the settlement Sydney after Lord Sydney, the British government's Home Secretary.

The Aboriginal people from the Eora nation lived in the Sydney area. They could not understand why the British wanted to own their land and make farms with fences. The British did not understand the Aboriginal people's way of living and there was a lot of fighting and many people died.

Once in Australia, convicts were ordered to build the infrastructure (buildings and prisons) for the new colony. Their punishment was work. Convicts were expected to work everyday except Sunday from sunrise until sunset without a break. Male prisoners were required to do very hard labour. Female convicts often worked as household servants, cooking, cleaning and sometimes taking care of children. Some of the convicts had special skills and did work such as keeping records, printing, making pottery and keeping the town clocks. Many convicts were sent to work for free settlers. Free settlers were people who came to Australia to make a new life.

Strict rules were enforced by prison officers. If convicts broke the rules, they could be whipped with the 'cat-o'-nine-tails' or kept in solitary confinement for several days, with only bread and water to eat.

There was a shortage of food during the first few years of the colony. Crops did not grow well so people relied on supplies from Great Britain.

When the Fleet arrived in Sydney, Arthur Phillip worked out they only had enough food for 49 weeks. He should have been given enough for two years.

The Fleet also took a number of animals, plants and seeds. The animals included sheep, pigs, dogs, cats, goats, turkeys, geese, ducks, chickens, pigeons, horses, and cattle. Plants and seeds included coffee, cocoa, cotton, bananas, oranges, lemons, tamarinds, guava, prickly pear, eugenia or pomme rose, jalap, ipecacuanha, figs, bamboo, sugar cane, esparto grass, vines, quinces, apples, pears, strawberries, oaks, myrtles, rice, wheat, barley, and maize. Some of this was brought from England, and the rest from when the Fleet stopped at Rio de Janeiro and Capetown.

It was by 3 p.m. on **26 January 1788**, all eleven ships of the First Fleet had safely arrived in Port Jackson. Meanwhile, while waiting for the others to arrive, Phillip and a small party from the *Supply* had rowed ashore and planted a Union Jack, marking the beginning of European settlement in Australia.

After such an epic journey, the whole ordeal was washed away with swigs of rum. Unknowingly, it marked the start of our rocky relationship with one of the most volatile climates on Earth.



**Earth**

**70,000 Superuniverses forming**

## A Brief Australian Aboriginal History

<https://www.aboriginalheritage.org/history/history/>

“The very ink with which all history is written is merely fluid prejudice.”  
Mark Twain



Since the European invasion of Australia in 1788, the Aboriginal people have been oppressed into a world unnatural to their existence for thousands of years. First came the influx of the strangers who carried with them diseases, which decimated the immediate population of the Sydney tribes. It is estimated that over 750,000 Aboriginal people inhabited the island continent in 1788. The colonists were led to believe that the land was terra nullius (‘no one’s land’), despite what Lt James Cook saw in 1770 during his voyage up the east coast of Australia.

“... they were so ignorant they thought there was only one race on the earth and that was the white race. So when Captain Cook first came, when Lieutenant James Cook first set foot on Wangal land over at Kundul which is now called Kurnell, he said oh lets put a flag up somewhere, because these people are illiterate, they’ve got no fences. They didn’t understand that we didn’t need fences ... that we stayed here for six to eight weeks, then moved somewhere else where there was plenty of tucker and bush medicine and we kept moving and then come back in twelve months’ time when the food was all refreshed ...” the late Aunty Beryl Timberly Beller



It would not be an exaggeration to claim that the Island continent was owned by over 400 different nations at the time of this claim by Cook. When the first fleet arrived in Sydney Cove it is said that Captain Philip was astounded with the theory of Cook’s terra nullius, saying “Sailing up into Sydney cove we could see natives lining the shore shaking spears and yelling.”

### The Occupants of the Land

Clans in the Sydney Region – courtesy of Dr Val Attenbrow, 2010

For thousands of years prior to the arrival of Europeans, northern Sydney was occupied by different Aboriginal clans. Living primarily along the foreshores of the harbour, they fished and hunted in the waters and hinterlands of the area, and harvested food from the surrounding bush. Self-sufficient and harmonious, they had no need to travel far from their lands, since the resources about them

were so abundant, and trade with other tribal groups was well established. Moving throughout their country in accordance with the seasons, people only needed to spend about 4-5 hours per day working to ensure their survival. With such a large amount of leisure time available, they developed a rich and complex ritual life – language, customs, spirituality and the law – the heart of which was connection to the land.

## **European Discovery and Arrival**

The arrival of Lt James Cook in 1770 marked the beginning of the end for this ancient way of life. Cook's voyage of exploration had sailed under instructions to take possession of the Southern Continent if it was uninhabited, or with the consent of the natives if it was occupied. Either way, it was to be taken. Upon his arrival, Lt Cook declared the land he called New South Wales to be the property of Britain's King George III, and ignored the inconvenient fact that the land was already well populated. His failure to even attempt to gain the consent of the natives began the legal fiction that Australia was waste and unoccupied (*terra nullius*).

Cook was followed soon enough by the arrival of the First Fleet, in January of 1788, under the command of Captain Arthur Phillip, whose mission was to establish a penal colony and take control of Terra Australia for settlement.

We found the natives tolerably numerous as we advanced up the river, and even at the harbour's mouth we had reason to conclude the country more populous than Mr Cook thought it. For on the Supply's arrival in the [Botany] bay on the 18th of the month they assembled on the beach of the south shore to the number of not less than forty persons, shouting and making many uncouth signs and gestures. This appearance whetted curiosity to its utmost, but as prudence forbade a few people to venture wantonly among so great a number, and a party of only six men was observed on the north shore, the governor immediately proceeded to land on that side in order to take possession of this new territory and bring about an intercourse between its new and old masters. Watkin Tench, January 1788

The first act of land ownership by Europeans came within four days of arrival when a group of men from the HMS Sirius went ashore to clear land to gain access to fresh water. By 26 January, the First Fleet had found its way to Sydney Cove and landed there on the harbour.

## **Aboriginal Life through European Eyes**

The early Europeans took a dim view of the Aboriginal way of life when first they encountered it.

This excerpt is taken from the diary of Watkin Tench, an officer in the First Fleet:

It does not appear that these poor creatures have any fixed Habitation; sometimes sleeping in a Cavern of Rock, which they make as warm as an oven by lighting a fire in the middle of it, they will take up their abode here, for one night perhaps, then in another the next night. At other times (and we believe mostly in summer) they take up their lodgings for a day or two in a miserable wigwam, which they made from bark of a tree. There are dispersed about the woods near the water, 2, 3, 4 together; some oyster, cockle and muscle (sic) shells lie about the entrance of them, but not in any quantity to indicate they make these huts their constant habitation. We met with some that seemed entirely deserted, indeed it seems pretty evident that their habitation, whether caverns or wigwams, are common to all, and alternatively inhabited by different tribes.

## Kinship with the Land



For Aboriginal people and, in this instance, the clans living on the northern shores of Sydney, nothing could have been further from the truth. What the early colonists never understood, and perhaps what many Australians are only now beginning to grasp, was that the Aboriginal lifestyle was based on total kinship with the natural environment. Wisdom and skills obtained over the millennia enabled them to use their environment to the maximum. For the Aboriginal people, acts such as killing animals for food or building a shelter were steeped in ritual and spirituality, and carried out in perfect balance with their surroundings.

... from time immemorial, we believe as Aboriginal people, Australia has been here from the first sunrise, our people have been here along with the continent, with the first sunrise. We know our land was given to us by Baiami, we have a sacred duty to protect that land, we have a sacred duty to protect all the animals that we have an affiliation with through our totem system ... (In Australian Aboriginal mythology, Baiame (or Biame, Baayami, Baayama or Byamee) was the creator god and "Sky Father" in the Dreaming of several Aboriginal Australian peoples of south-eastern Australia, such as the Wonnarua, Kamilaroi, Eora, Darkinjung, and Wiradjuri peoples.) Jenny Munro, Wiradjuri nation

Food was abundant, as was fresh water and shelter. Everything needed for a fruitful, healthy life was readily available. It was not to remain so. The British arrival brought armed conflict and a lack of understanding, which heralded the demise of the northern Sydney clans, along with the other peoples of the Sydney basin – the Dharawal to the south and the Dharug to the west. Food shortages soon became a problem. The large white population depleted the fish by netting huge catches, reduced the kangaroo population with unsustainable hunting, cleared the land, and polluted the water. As a result, the Aboriginal people throughout the Sydney Basin were soon close to starvation.

## Disease and Devastation

Disease struck a fatal and extensive blow to the Aboriginal people, who until that point had been isolated for thousands of years from the diseases that had raged through Europe and Asia. They had no resistance to the deadly viruses carried by the sailors and convicts such as smallpox, syphilis and influenza. In less than a year, over half the indigenous population living in the Sydney Basin had died from smallpox. The region, once alive with a vibrant mix of Aboriginal clans, now fell silent.

Every boat that went down the harbour found them lying dead on the beaches and in the caverns of the rocks... They were generally found with the remains of a small fire on each side of them and some water left within their reach.

Lieutenant Fowell, 1789

It is difficult to comprehend how devastating this event was to the Aboriginal clans of the Sydney area. Bennelong told Judge Advocat David Collins that his friend Colebee's tribe had been reduced to only three people. Those witnessing could not remain unmoved.

At that time a native was living with us; and on our taking him down to the harbour to look for his former companions, those who witnessed his expression and agony can never forget either. He looked anxiously around him in the different coves we visited; not a vestige on the sand was to be found of human foot; the excavations in the rocks were filled with the putrid bodies of those who had fallen victims to the disorder; not a living person was any where to be met with. It seemed as if, flying from the contagion, they had left the dead to bury the dead. He lifted up his hands and eyes in silent agony for some time; at last he exclaimed, '**All dead! all dead!**' and then hung his head in mournful silence, which he preserved during the remainder of our excursion. Some days after he learned that the few of his companions who survived had fled up the harbour to avoid the pestilence that so dreadfully raged. His fate has been already mentioned. He fell a victim to his own humanity when Boo-roong, Nan-bar-ray, and others were brought into the town covered with the eruptions of the disorder. On visiting Broken Bay, we found that it had not confined its effects to Port Jackson, for in many places our path was covered with skeletons, and the same spectacles were to be met with in the hollows of most of the rocks of that harbour.

Judge Advocate David Collins, 1798

The colonists had destroyed within months a way of life that had outlasted British history by tens of thousands of years, and the people soon realised that the trespassers were committed to nothing less than total occupation of the land.

To most settlers, the Aboriginal people were considered akin to kangaroos, dingoes and emus, strange fauna to be eradicated to make way for the development of farming and grazing.

I have myself heard a man, educated, and a large proprietor of sheep and cattle, maintain that there was no more harm in shooting a native, than in shooting a wild dog. I have heard it maintained by others that it is the course of Providence, that blacks should disappear before the white, and the sooner the process was carried out the better, for all parties. I fear such opinions prevail to a great extent. Very recently in the presence of two clergymen, a man of education narrated, as a good thing, that he had been one of a party who had pursued the blacks, in consequence of cattle being rushed by them, and that he was sure that they shot upwards of a hundred. When expostulated with, he maintained that there was nothing wrong in it, that it was preposterous to suppose they had souls. In this opinion he was joined by another educated person present.

Bishop Polding, 1845

Despite these impacts, Aboriginal people fought a guerrilla war for many years. In a place renamed Woodford Bay by the settlers, now in Longueville in Lane Cove Council, a stockade was built in 1790 to protect timber and grass cutters from attacks by local clans. Attacks had been mounted against the British elsewhere, however, the 'eradication', for the most part, had been easy. Smallpox had destroyed more than half the population and those not ravaged by disease were displaced when land was cleared for settlements and farms. Dispossessed of the land that had nourished them for so long, the Aboriginal people became dependent on white food and clothing. Alcohol, used as a means of trade by the British, served to further shatter traditional social and family structures.

European civilisation devastated, in what amounts to the blink of an eye, an incomparable and ancient people. Because the vast majority of clans living in the Sydney Basin were killed as a result of the 1788 invasion, the stories of the land have been lost forever. Much of what we do know about the northern Sydney clans must be gleaned from their archaeological remains. Middens, shelters, engravings and art remnants of indigenous life are prolific throughout the region, but no one remains to reveal their particular meanings or ancient significance. There are no first hand witness accounts giving the Aboriginal perspective to what was happening.



## Rediscovering History

Aboriginal history has been handed down in ways of stories, dances, myths and legends. The dreaming is history. A history of how the world, which was featureless, was transformed into mountains, hills, valleys and waterways. The dreaming tells about how the stars were formed and how the sun came to be.



In the metropolitan area of Sydney there are thousands of Aboriginal sites, over 1,000 just in the AHO partner Council areas. These sites are under threat every day from development, vandalism and natural erosion. The sites cannot be replaced and once they are destroyed, they are gone forever. The sites that are located in Lane Cove, North Sydney, Willoughby, Ku-ring-gai, Strathfield and Northern Beaches Council areas are still in reasonable condition and hold an important part in our history. The Aboriginal people, who once occupied this area, left important evidence of their past and way of life before colonisation. All Aboriginal sites are significant to Aboriginal people because they are evidence of the past Aboriginal occupation of Australia and are valued as a link with their traditional culture. An emphasis is placed on the scientific investigation into stone technology for a great deal of insight is obtained by studying the manufacture techniques and animals associated with them that tells us about daily traditional life. Clues to what these sites were used for can also be surmised by talking with Elders from other parts of Australia where traditional knowledge has not been lost to the same degree.

**Control of Others is a plight  
for Humanity to Heal!**

## **NOW let us move onto 2021:**

### **Statistics on ‘boat’ people in detention in Australia**

<https://www.refugeecouncil.org.au/detention-australia-statistics/5/>

According to the Department of Home Affairs in an answer to a question on notice in Senate estimates, the average number of days in detention for people seeking asylum by boat was 826 days at 26 February 2018.

A Commonwealth Ombudsman’s report on long-term immigration detention found that in 2016–17, 122 people had been detained for more than five years, and 24 people had been detained for six years or more.

### **Length of detention**

[https://en.wikipedia.org/wiki/Immigration\\_detention\\_in\\_Australia](https://en.wikipedia.org/wiki/Immigration_detention_in_Australia)

There is no maximum time limit for detaining a person in Australia under immigration laws. The length of immigrant detention has steadily increased in the past decade, and as of May 2020, the average period of time for people held in detention facilities was 553 days. The Australian Department of Home Affairs provides updated monthly detention statistics.

In some cases, people have been held in detention for over 10 years, such as Ghader, an Ahwazi man from Iran who has been detained since 2010, and Said Imasi, a stateless man born in Western Sahara. Ghader has a daughter, born in 2015, whom he has not seen since she was a baby. In February 2019, Imasi made a legal challenge to the High Court of Australia, attempting to overturn the landmark *Al Kateb v Godwin* decision.

In June 2019 it was revealed that a Tamil man from Sri Lanka had been held in detention for 9 years. The man, who was blind, as well as mentally and physically disabled, was being held in Villawood Detention Centre at the time of publishing. In 2002-2003 the man was captured by the Sri Lankan Army and tortured, after which he fled the country. He was recognised as a refugee by Australia, but received an adverse security assessment from ASIO.

### **“Medically Vulnerable Refugees in Australia Hotels Finally Freed,”**

**22 January 2021**

<https://www.globaldetentionproject.org/countries/asia-pacific/australia>

Australia arguably has the most restrictive immigration control regime in the world, making widespread use of offshore detention facilities, imposing mandatory detention measures, and working closely with other countries in the region to boost their detention capacities. All of the country's detention facilities are operated by private contractors, including offshore facilities, which have been the subject of growing criticism because of the abuses suffered by detainees at some of these facilities.

After more than a year of detention inside Melbourne hotels, 65 medically vulnerable male asylum seekers have been released. Previously confined in offshore detention facilities, the men were transferred to mainland Australia in 2019 under the now-repealed Medevac laws, so that they could receive urgent medical treatment. Since their arrival however, they have been held in hotels, including the Park Hotel and the Mantra Hotel, where they have been denied sufficient access to open space or appropriate food, subjected to “prison-like conditions” and “mental torture,” confined in rooms without

adequate ventilation, and potentially exposed to COVID-19. In July 2020 a staff member working at the Mantra Hotel tested positive for the virus.

One of the detainees said of his release in a tweet: “This is the most beautiful moment of my life and one that I would like to share with you all. After 2,737 days locked up in detention – I am free. Thank you to all of the amazing people who helped me to stay strong. #GameOver.” (7.5 years! – why?)

According to the Home Affairs Ministry, which justified the releases on a purely financial basis, all those released were granted “final departure bridging visas” which allow “individuals to temporarily reside in the Australian community while they finalise their arrangements to leave Australia.” In a statement, the ministry said: “The individuals residing in the alternative places of detention were brought to Australia temporarily for medical treatment. They are encouraged to finalise their medical treatment so they can continue on their resettlement pathway to the United States, return to Nauru or PNG (Papua New Guinea) or return to their home country.”

On 5 January, detainees held in the Christmas Island Detention Centre--which was reopened in August 2020 allegedly due to the pandemic’s impact upon the government’s ability to remove asylum seekers--initiated riots in protest of their detention conditions. According to one detainee who spoke to the Guardian, the facility’s management had denied detainees the opportunity to hold a peaceful protest--prompting some to react violently and set two of the compounds alight. Reportedly, detainees had been in lockdown for 22 hours a day and were denied access to workable WIFI, leading to many struggling with both their physical and mental health. Describing the conditions in the facility, one refugee said, “It’s worse than jail. In jail, you know when you can go home, in detention they don’t have a timeframe for you to go home. You wait around, and you don’t know what’s happening.” Additional disturbances were also reported on 10 January 2021.

**Our Minds are Addicted  
to Control of Others!**



**our MIND is a CONTROL ADDICT!**  
**our MIND is addicted to UNTRUTH!**  
**our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY**  
**and orchestrates our physical BRAIN.**

**HEALING** ends  
**MIND-CONTROL!**



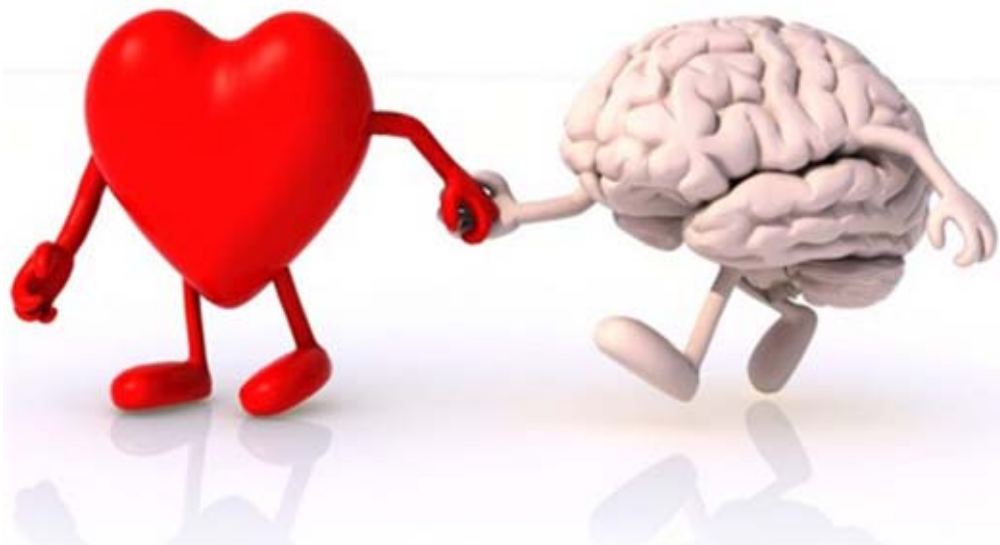
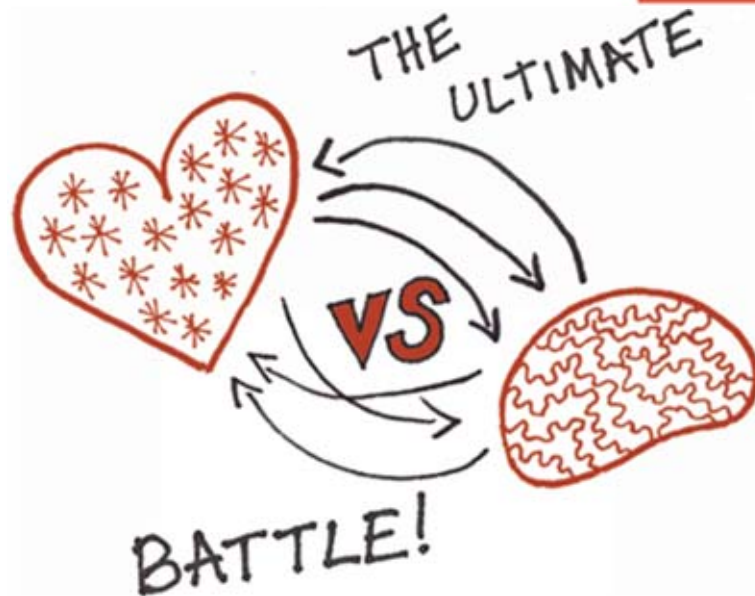
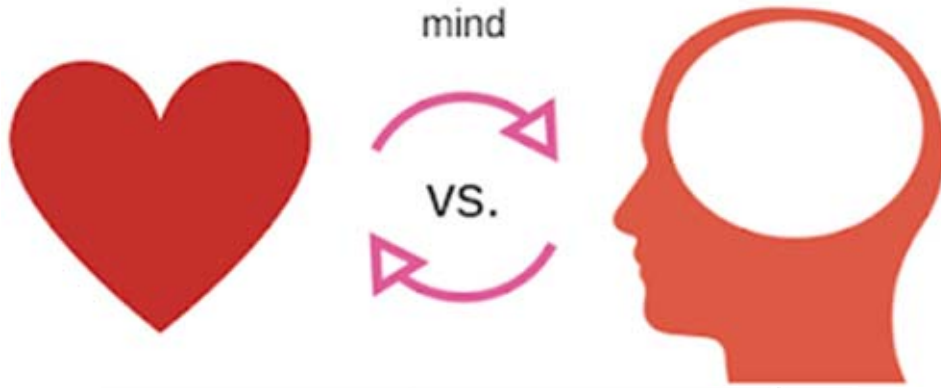
**our SOUL is our TRUTH!**  
**our FEELINGS are our TRUTH!**  
**FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.**  
**our MIND suppresses FEELINGS.**

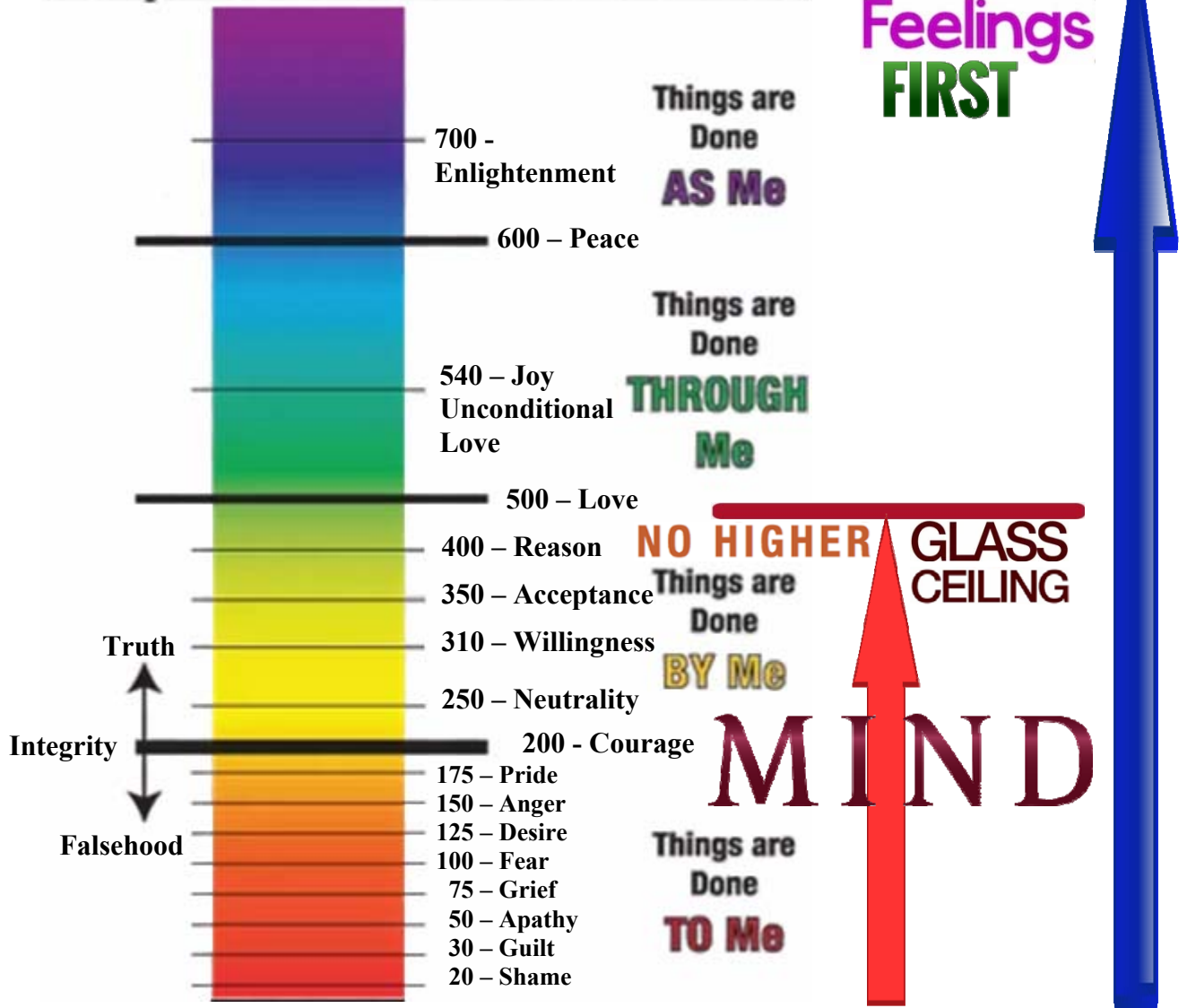
# HEART & MIND

## Finding the Truth

A false dichotomy of the  
mind



# Map of Consciousness



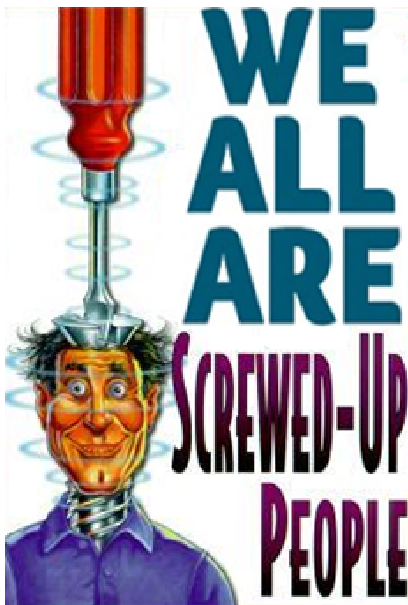
**FREEDOM OF FEELINGS**

**FEELING HEALING**

# "Talk it Out" events!



## What brought about "Australia Day"?



National days, typically, are founded on disastrous historical events. As an example; ANZAC Day, celebrated in Australia on 25<sup>th</sup> April, is the greatest military defeat endured by Australia and New Zealand. These neighbouring nations sent their armies to be slaughtered by the Turkish army at Gallipoli in 1915. This is a demonstration of insane control by a few over many resulting in mass harm.

Australia Day is the colonisation of Australia by Britain through the transfer of prisoners from the hell-prisons of England to a totally undeveloped island continent occupied then by about 750,000 aboriginals. The prisoners came without adequate supplies and equipment, heavily guarded, in 11 small wooden sailing ships. This is how we treat each other – control by few over many. The European diseases killed much of the native population – plus the guns!

The atrocious treatment of all people, both those arriving and the native populations scattered throughout Australia, was a demonstration of the imposts of the ways of living through the mind, the addiction to control and suppression of others and the environment, as well as the inability of the mind to discern truth from falsehood with its addiction of untruth. The outcome is abuse of others and that is perpetrated by all the institutionalised systems entrenched throughout the nation, its judicial systems, education, commerce, health services and religious structures, all impose control on others. And those supposedly in service to others make it difficult for people to gain access to such services.

Australia Day is a memorial to Rebellion and Default that has plagued Earth's humanity these past 200,000 years, however the huge majority of people are unaware that they have been imprisoned in their minds and have been unconsciously living through their minds have unwittingly been complicit in orchestrating ongoing versions (much smaller events) of imposition of their control over others.

# How is this and other days to be Healed?

Instead of looking to seek reparation and concessions from others, it is time for all people of this Great Southern Nation, Australia, to long for the truth of what our feelings are drawing our attention to in respect to this great travesty of brutal degradation of will imposed by few upon many on both sides of the world.

At first we may feel justified in feeling it has nothing to do with us as we have been only present since our conception, a few years or so, and that is fine. BUT we have inherited our errors from parents handing down injuries and errors for generations.

Australian's treatment of 'boat' asylum seeking people is a continuation of this abuse!

What may be the commencing point in the healing of injuries that we all have had passed down to us from the Australia Day event and other national days and endeavours is the recognition of being in a Rebellion and Default. The Rebellion and Default has been imposed upon us ALL by the rebellious Lucifer and Satan soul partner pairs through their deputies, the Caligastia and Daligastia soul partner pairs and then their subordinate mind Mansion World spirits.

A mechanism of the Rebellion, set up by Lucifer, is that the Rebellion suppresses our ability to even recognise that we are in Rebellion and Default. That is why humanity has not recognised that their ills and woes stem from this imposed Rebellion and Default. Further, as each of us is different from any one else, we are each differing expressions of the Rebellion and Default even though we are ALL in it.

**This time, in the history of humanity, is the most exciting time ever experienced.**

**Accept, express and long for the truth of our feelings.**

**Live true to our feelings; our feelings are our true self. Be free in our feelings. Free our feelings from our mind's control. Live true to ourself through our feelings.**



**Negative Spirit Influence  
blocked**

**22 March 2017**

**Law of Compensation  
quickening**

**22 May 2017**

**Rebellion and Default  
officially ended**

**31 January 2018**



**TALK-IT-OUT**



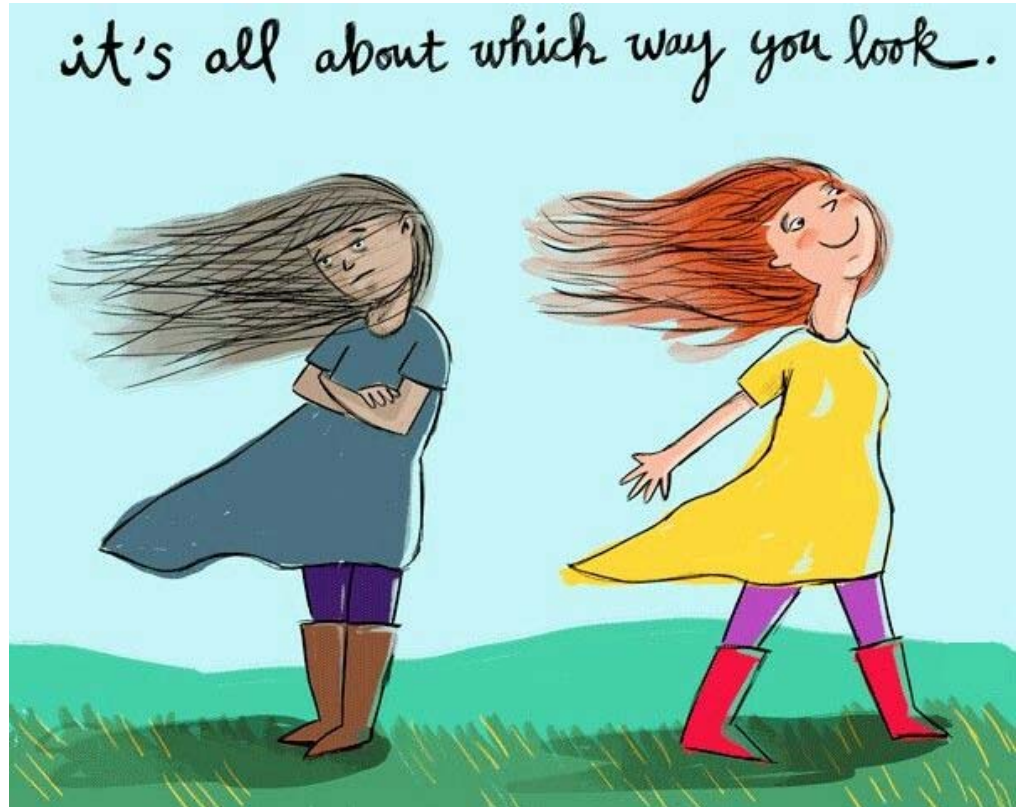
**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

NOW, the healing of the events of national days can commence as the formal ending of the Rebellion and Default took place on 31 January 2018.

NOW, we understand the process of healing is The New Way, by Living Feelings First and engaging in our personal Feeling Healing.

NOW, we know that public apologies by governmental leaders and forms of compensation contributes nothing to healing of such events.

NOW, we understand that we are to long for the truth of what our feelings are bringing to our notice and that we are to express our feelings, talk it all out, to a close companion, while continuing to long for the truth of what we are feeling. The process is long and difficult, however, it is our pathway home to Paradise.



*mind controlling way or soul's feelings first!*

**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again. They can bring humanity up into its natural love perfection, whilst at the same time, offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

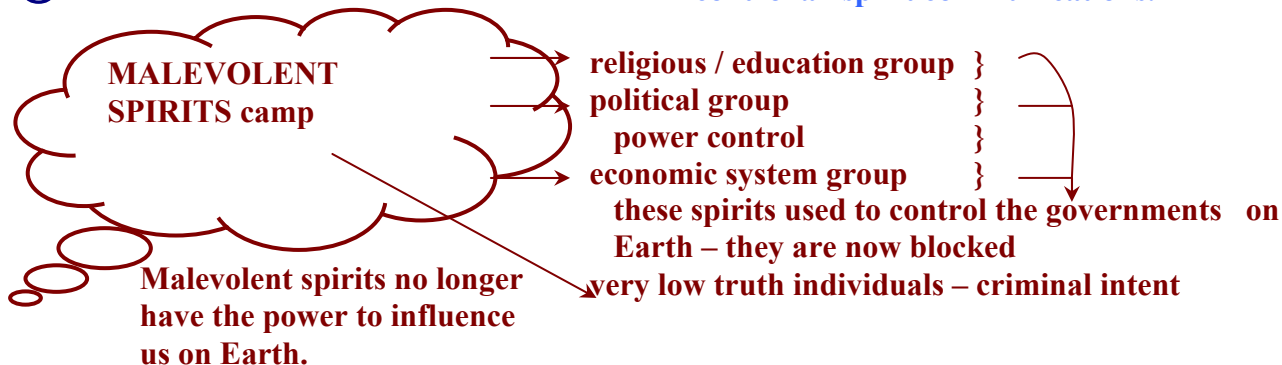
**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**  
(Passage in blue calibrates on the Map of Consciousness at 1,500)

# Humanity's Highway is now making a U-Turn!

## SPIRITUAL UNIVERSE CAMPS



Celestial Spirits, since 22 March 2017, now control all spirit communications.



Even before the formal ending of the Rebellion and Default on 31 January 2018, Celestial spirits had successfully blocked and ended the domination of influence prevailing from the mind Mansion World spirits who were essentially agents for Lucifer's induced Rebellion and Default.

This ending of mind Mansion World spirit influence has ended the apparent capabilities of leaders in all segments of society around Earth. 'Great' leaders in all sectors have found their intuit capabilities and profound 'intellects' disappear – evaporate overnight – they now have to improvise with a mind that is incapable of discerning truth from falsehood, in fact their minds are addicted to untruth. We are observing growing demonstrations of stupidity and ineptitude all around us.

This is all coinciding with the emergence of an onslaught of 'conspiracy theories' in all sectors with the media propagating the malaise as this sells – the fear within people is taking this on in a feeding frenzy.

The pandemic of coronavirus, Covid-19, as of end of January 2021, has recorded 100 million cases and 2,200,000 deaths worldwide. Covid-19 began to emerge outside of China in January 2020.

Covid-19 has impacted everyone, worldwide, in terms of increasing stress levels. The impacts range from financial challenges, job losses, pressures of home schooling and working from home along with isolation and border closures. Mental health services have been unable to meet demand. Paramedics and police report heightened levels of psychological distress from call-outs to more mental health patients. Self-harm and suicidal presentations to emergency departments have increased by 10%+. Kids help services have increased 25%+ in counselling services. Substance abuse has increased dramatically as well as domestic violence.

Covid-19 not only disrupted our lifestyles, but it also reshaped housing demand with a trend towards lower density options. Higher density housing markets have seen less demand during the pandemic, a trend that has been amplified by stalled overseas migration and remote working opportunities luring residents further afield. Working remotely has allowed renters to re-evaluate their location, with many opting for lifestyle destinations, more space and less Covid-19 restrictions.

**HOW SCRIPTURES CAME ABOUT:**

**Lanonandeks:** Lucifer, Satan, Caligastia, Daligastia and their partners, high spirits that oversee humanity, rebelled against the Truth, Mary Magdalene and Jesus, and against God.

**Lanonandeks  
Lucifer ~  
Satan ~ etc**

**8, 9,  
10** Celestial  
Heavens

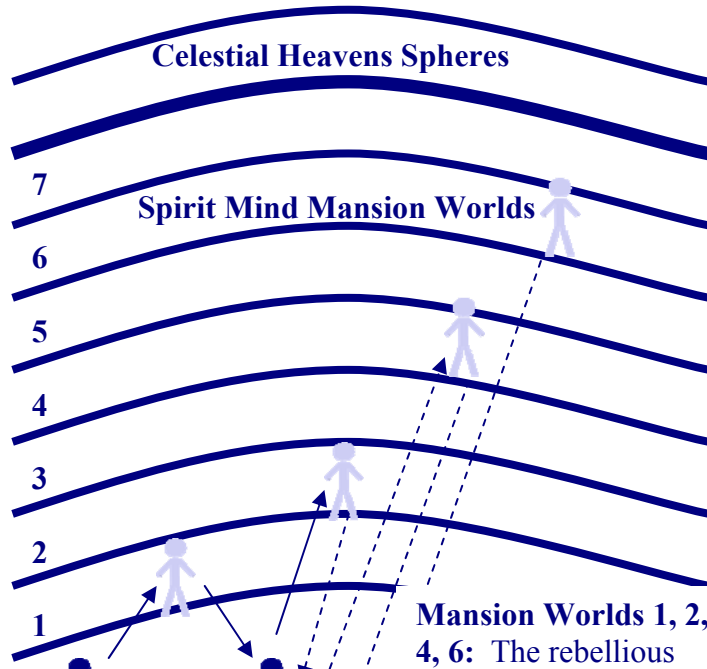
**7** Transition

**6** Spirit  
Mansion  
5 Worlds  
4 spheres  
1 – 7.

**3** Healing  
2 worlds are  
3, 5, 7.

**1**

**Earth physical**



**Mansion Worlds 1, 2, 4, 6:** The rebellious spirits interfered with spirits from Earth living in the Mansion Worlds. They in turn caused humanity to turn away from God. They stopped us looking to our own feelings for the truth God wants us to live. They induced us into their Rebellion and Default.

**Earth:** The rebellious higher spirits together with the corrupted and lost-to-the-truth Mansion World mind spirits, interfered with people on Earth – now is stopped as of 22 March 2017.



The unfolding of the Great U-Turn in the highway of life for Earth's humanity has been a long time in the making. The first physical events on Earth for the bringing about of this U-Turn could be said to be the manifestation in the physical of Machiventa Melchizedek in 1980 BC (4,000 years ago) whereupon Machiventa set about counselling Abraham in his work which lead to the bestowal of the Creator Daughter and Son, Mary Magdalene and Jesus, 2,000 years ago. These events all leading up to the Great U-Turn, now beginning, which introduces the coming 1,000 year Avonal Age.

For decades there has been a subtle but consistent falling away of interest in attendance at religious institutions of all denominations throughout all countries around the world.

It has never previously been understood that ALL religions have been instilled or installed on Earth in compliance to Lucifer and his deputies' guidelines. Even Christianity was his work. Jesus and Mary did not come to Earth to set up a church of any description – they weren't meant to be even noticed as having been here!

All 3,400 significant religions take us further into our minds and away from our feelings – away from our Heavenly Mother and Father. What is achieved with such a wide diversity of religions is the separation of people into opposing groups, all adhering to their mind's control and limitations which the mind brings. Humanity's capability to evolve is closed while the mind is worshipped!

We of humanity are a social group, we need companionship, we are not meant to be alone. We are also truth seekers. We are to embrace our experiences to a companion, both good and bad, and to express what our feelings bring to us about such experiences. Such experiences include what we feel about each and every national celebration, the reasons behind each public holiday, so that we can express our feelings about such historical events and progressively heal ourselves of what those major events involved. We are to look within to our feelings about such historical events, not look outside to others and suppress our true expression of what we are feeling. It is only because we are all living and expressing the Rebellion and Default that such tragic events happened, and continue to happen, as we are continuing to perpetrate our controlling ways over others.

The unfolding of the Great U-Turn also coincides with the Global Warming of the planet so that disturbances, unsettling events and disruptions will continue for decades to shift us out of our complacency and prevent old ways from being available for us to go back into ever again.

Our solar system is within a universal 'electrical circuit' system which feeds energy firstly to our Sun and then to the planets in the solar system. The core of the Earth is likened to an antennae that is receiving energy conveyed from the Sun. This energy has increased in recent decades, increasing the rotation of the core, heating the surface, including the oceans, increasing earthquakes and volcanic activity (mainly in the oceans). Consequently we have increased droughts, wildfires, floods, extremes of all kinds of weather events, earthquakes and volcanoes and none of it is of man's making!

We are now to embrace The New Way of living and for those that do, life will be rewarding. For those who don't, life will be very unpleasant until they consider the alternative.

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

# ENOUGH IS ENOUGH

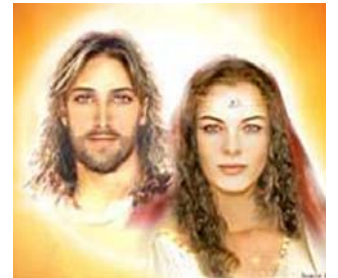
Andon and Fonta, our first parents long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordinacy 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT 200,000 YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

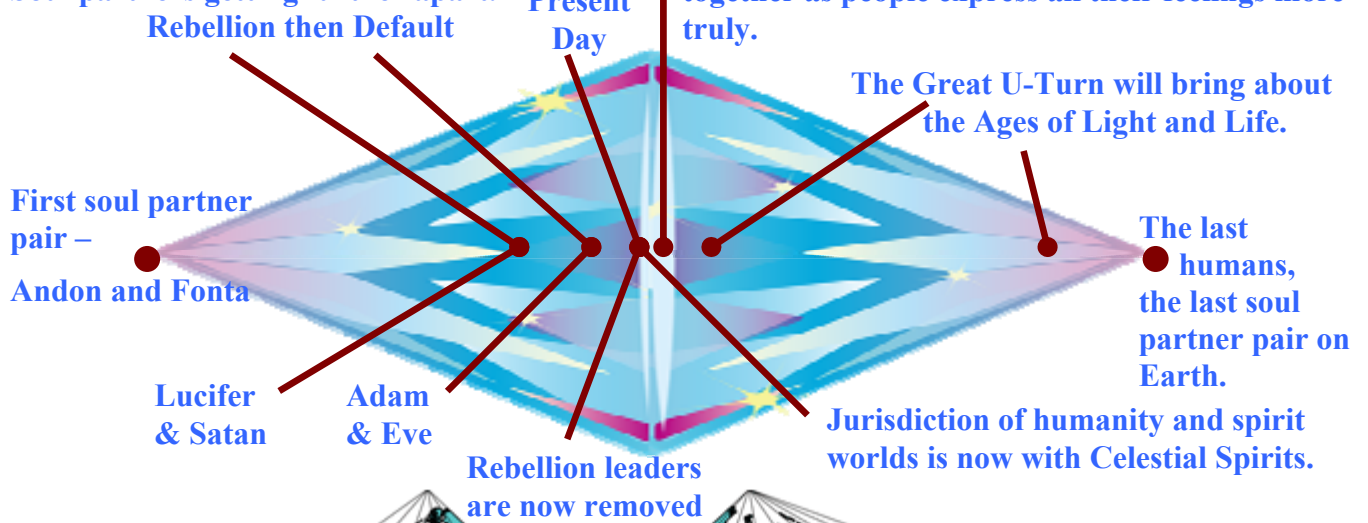
# GREAT SOUTHERN NATION

## JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soul partners.  
Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth.  
Soul partners getting further apart.

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soul partners getting closer together as people express all their feelings more truly.



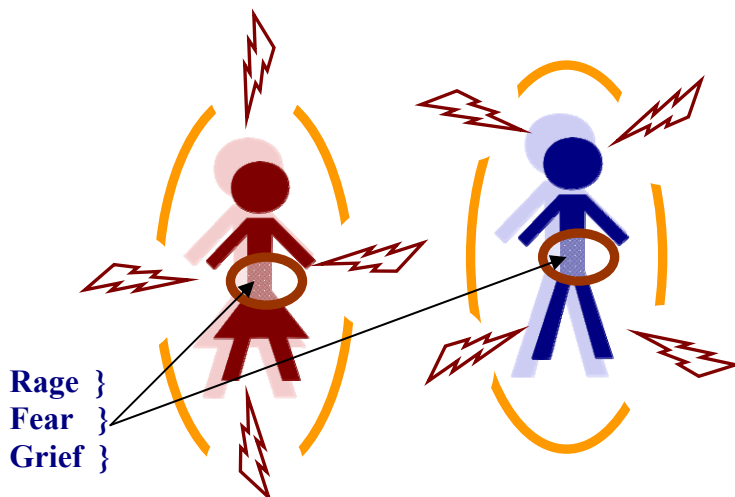
**WE ARE KILLING OURSELVES!** Chapter ‘Day 9’ of “Paul – City of Light” by James Moncrief

‘Humanity (us) has to learn about every aspect of life from behind the eight ball. It’s not only last in the race but it’s going in the wrong direction. It needs to stop. To come back, and not do what it doesn’t want to do. Listen to our feelings and try to see what they really are telling us and then try to act on them, try to honour them.

‘It will take time, but people will get the idea and start to look at themselves in a new light. We will start to see that we are dishonouring ourselves by dismissing our bad feelings and that we are actually doing ourselves great harm. And so we will need to stop and start to try and accept first of all that we do feel bad, and then having accepted that, we will then be able to move to see what we are feeling bad about, and then will naturally want to know why, right through to their core.

‘Humanity has practically tried everything else and look where it’s got itself, nowhere much. Is anyone really and honestly truly happy and if they say they are, is it true happiness and are they sure they’re not deceiving themselves?

We bring about illness within our physical body by not expressing and releasing our childhood injuries.



‘We all have felt that angry during our childhood. We can’t feel more than we felt during our childhood whilst we are in our negative mind state. We have not been allowed to remember it, we have been forced to repress it. Look what it takes for it to re-surface within you, when you try, it has to force its way up through you and look at the effect it has on you. How bad it makes you feel.

‘That’s what it will take often times to break down our resisting mind circuits, and resisting beliefs. The bad times were real and had a huge impact on us, they greatly affected us, they brought about our whole negative mind, and our self-denial. And so we have to want to see it all, even if it threatens our relationship with our mother and father and all those who negatively influenced us as a young child, with extinction. This is the real core truth, what our relationship with our parents is really all about. This is the hard-core stuff, to see how it will make us feel.

‘It all happened to you so many years ago. In a sense we have already suffered the worst of it. But that entire trauma is still within us, it’s conditioning our lives. And it won’t go away. Just because on the surface our life might not have felt so bad particularly as we get older having more control of our life, even if occasionally we are angry, it doesn’t mean we are Happy Larry deeper down inside. And one day if we don’t acknowledge that anger it’s going to show, it’ll eat us away from the inside. We will go to the doctor and be diagnosed with cancer and be given horrendous treatment that will only make us feel worse than bringing up the anger that’s causing it all would. So what do you want to do? It’s always our choice, do it with God, and They will help walk us through it and heal it all, or do it by our self never knowing exactly what we are doing and why bad things are happening to us.’

## **EXPRESS ALL OF WHAT YOU FEEL, EVEN BY WRITING:**

Generations after generation of parents have invoked the control of their minds upon their children. Our minds become contaminated with the confusion and errors of generation upon generation of corruption of how we are to live. Our minds are dedicated and addicted to the control of others. Our mind is like a super strong steel ball encasing our all true feelings which are brought to us by our pure and loving soul. We are taught to depend upon our mind, to discard and suppress our feelings, right from the time of conception. Consider how you were taught at school, more of the mind control domination that our parents instilled in us throughout our early childhood.



**Golden Rule: that one must always honour another's will as one honours one's own.**

To find truth, we need only look within ourselves to our soul based feelings. We are to express our feelings at all times. We are to follow our feelings at all times. We are to be our true selves at all times. We are not to be the façade self that our erroneous and actually evil mind imposes upon us.

We are to long for the truth or our feelings. As feelings come up, we are to express them to others, be that one's partner, friend, parents, our Heavenly Mother and Father, and even to our self. If you do not have a companion to talk out your feelings, both good and bad, with then talk them out to yourself. By expressing one's feelings, this releases them. Even by writing them down expresses you feelings:

“Write this, your feelings, for yourself. Start with a feeling and write it out. It doesn't have to make sense, it doesn't have to be for anyone, it is for you, it is you, what you feel, and that is all that matters, nothing else. You can be your own friend, friendly to yourself saying its okay Robert (or whatever your name is), you can write what you feel, there is more truth in your feelings than there is in anything else. Your feelings are the truth of you, so you can explore them, flow with them, through all the good and the bad. This is your path Robert, the way back to yourself, the trip you are now embarking on. This is what we want to read, it's what we want to hear about you Robert – all how you are, all how you're feeling. We want to be with you, reading what you write, getting to understand the real Robert, the real Robert that comes out of you as you write. Come to us Robert through your feelings, and you'll be coming back to yourself. And we all want to know the real you, all that's going on inside you – that's what we're interested in, that's what we want you to tell us. – Your unseen friends.”

Note from James Moncrief 8 April 2017

We are to be our true self, not the one modelled by those who were our carers during our early childhood years. We are to express and release the emotional harm thrust upon us from our upbringing and to live by our soul based feelings which are expressions of who we truly are.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**



### **FEELING HEALING with DIVINE LOVE:**

Reflect upon your involvement with a partner and how you may have taken so much for granted. You will feel yourself sinking back into bad feelings like those previously experienced when recalling harmful treatment and events. And there is nothing you can do. It is a matter of go with it, accept them and try to speak them out, express those bad feelings. This takes effort and perseverance.

You may feel unable to speak out how bad you may feel because of other people being present. We don't want to look like a fool. Consider to speak them out in your mind. Further, speak them out to the Father and Mother!

'Oh god, God, I've been such a bad person; I feel I've been so unkind, so selfish, so chauvinistic. I haven't considered the other person at all, I haven't even asked him / her what she / he thinks and feels about things. God I don't even know her / him, I was going to marry him / her without knowing anything about her as a person. I wanted her pretty face and good body, that would do me fine, it would fit the bill, look good in the picture, she'd be the dutiful mother and wife, and we'd live well. I'd go to work every day, make us lots of money and... Oh God it all seems so futile, so meaningless. I feel so bad, I'm so sorry, oh I wish I could tell her; I hope she forgives me... Oh these feelings are awful; I can't believe how bad I feel. One minute I felt okay the next I feel like I've fallen down a great hole. Shit, how can I get out, there seems like no end to it... no end to all the bad feelings. And I don't like feeling bad. No, I don't! I've just realised, Mother and Father, I don't like feeling bad. I HATE IT! Can you Both help me? Please! What is it that I am to ask You for? Oh yes, how stupid of me, the TRUTH! Can You both help me to see the truth of these bad feelings. Why do I feel so bad? I don't want to feel bad. I don't want to be an inconsiderate arsehole. I don't want to be like that with her. Can You help me to change. Please Mother and Father can You heal me, can You help me to see the truth You want me to see! Please...'

You may find yourself sitting with your head in your hands, totally absorbed in your self. The feelings may continue to well up from somewhere within yourself. You might keep moaning and groaning. You may feel oh so bad! After some time you will lift your head up. You may not really be looking at anything, you may still be seeing memory pictures of how uncaring you may have been, but your bad feelings may now seemed to be lifting. You may be still breathing heavily and your lower back may cool from sweating. You may be feeling hot. Like the passing of a huge dark thunderstorm the clouds may seem to lighten within you and now a ray of sunshine may be poking through. All will not be lost. Perhaps you were not that bad. You may take a few deeper breaths and then feel a stirring within your self and realise you may want to long to the Mother and Father for Their Divine Love.

Consider settling comfortably into a seat, close your eyes and then followed the inspiration longing with all one's heart to God for Their Love. Immediately you may feel what you may know to be the Holy Spirit coming about bringing a feeling of its presence, a closeness to you, and then the familiar light cross over and start flowing into you. You will once again be receiving the Divine Love of God into your soul and It will feel good.

'That's it, that's the big choice, asking for the Divine Love is one thing but what it's all really about is choosing to wholeheartedly to live God's Will. To be prepared to do what ever it takes, knowing that it will all work out in the greater scheme of things and for the best of all concerned. Surely it will all be, in the final outcome, perfect, just as God is Perfect. So to choose to live the Will of God is to choose to be perfect, because God is Perfect!

Notes are drawn from chapter 'Day 7' of "Paul – City of Light" by James Moncrief.

## How do you BECOME as SPIRITUAL as you can be?

James Moncrief 7 November 2020

It's to do with expressing yourself as truly as you can in your relationships. The truth of yourself, the truth of life, the truth of God is to be found in the truth of your relationships. When you interact in your relationship, when you express all you feel and think, and when the other person expresses all they feel and think, all whilst you are longing for the truth of all such interaction, then the truth will come, and then you are evolving your soul in Truth. And you can't be more spiritual than continually advancing your soul in Truth. That is Being Spiritual.

Only our difficulty is, most of us are heavily denying our feeling expression in our relationships, so we are severely limiting the depth and intimacy of the interaction we can have, so we are severely restricting the amount of truth we can gain from such experiences. So our Spiritual Healing involves allowing ourselves in our relationships, with ourselves and each other, to express all the bad, yukky, dark, nasty, pain parts that we're doing all we can to avoid. To maximise the relationship you can have with yourself and another person is to allow yourself to express ALL your bad (and good) feelings, all as you long to uncover the truth of all they will help you see about yourself.

To be spiritual is to be fully feeling expressive. Or to want to be. And the more feeling expressive you are in all your relationships, the more you'll get out of them, provided you want to see what Truth they contain. And the more you become that Truth, the higher in spiritual understanding you become, and so the more spiritual you are.

Being or becoming spiritual is not about attending your religion religiously saying your prayers to God, or sitting in meditation endlessly seeking Enlightenment or Knowledge; and it's not about climbing the highest mountain seeking the answers to life, it's about getting real in your relationships by dealing with all the bad feelings, moving with them, seeking resolution through understanding by going deeper into them, bringing all the hard stuff out, seeing it for what it really is, what's really going on within you and between you, and how does it all relate back to your early life and the relationships that you started your life in. It's about wanting to know the **WHOLE TRUTH OF YOUR PAIN**, so allowing yourself to feel all your pain as you express all the bad feelings of it in your relationships. And of course doing this in your most intimate relationships in which you can open and expose all the worst of yourself; all the ugliness of your pain; all the terror and torment; all your suffering – to bring out all your dark secrets; all you're so afraid of admitting you feel; all the really bad stuff you believe you are not allowed to speak about, to your partner who willingly wants more than anything for you to bring it all out. All so they (and you) can understand what is really going on inside you. And then you wanting them to bring out all their pain and suffering, so you are both truly 'there for each other', lovingly supporting each other by accepting each other's darkness.

Being truly spiritual is being true to all the feelings you feel. If you are true to all your feelings, and want to know the truth of them, then as the truth comes to you, as it will, then you are growing, evolving, ascending, in truth, and you can't be more spiritual than that.



# THE GREATEST SHOW is ON EARTH



**The Golden rule is: Never interfere with another's will.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

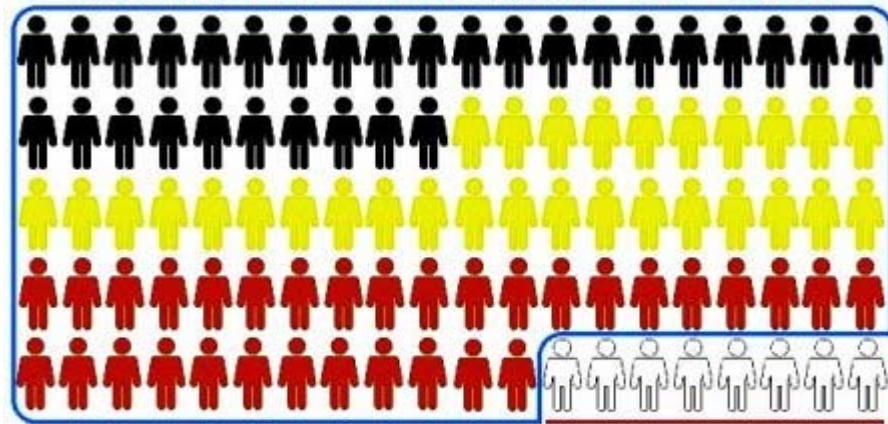
**Our Heavenly Parents simply desires for us to ask for Their Love.**

**The New Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!



993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!  
Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

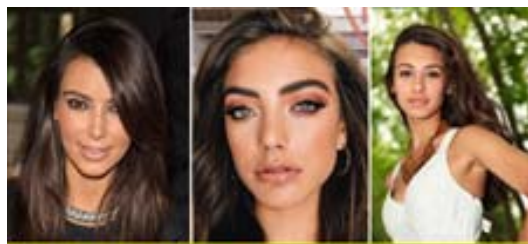
These formed groups and sometime later the orange, green and blues died out – killing each other!



Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



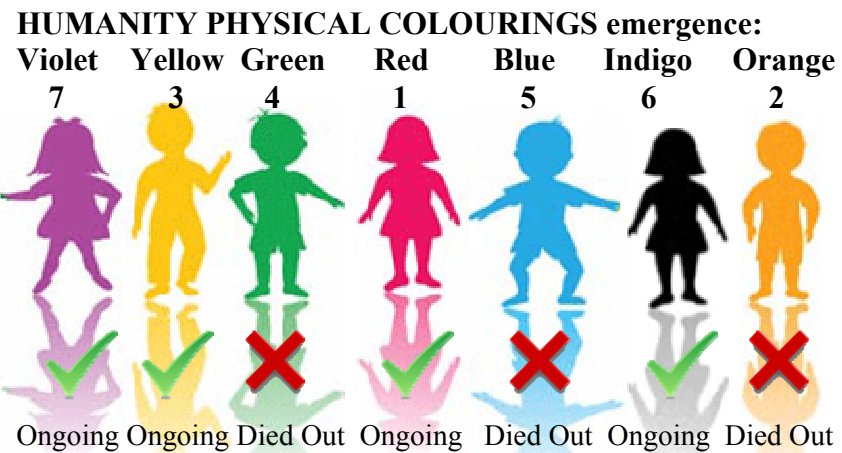
Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!



**OLIVE SKIN IN A NUTSHELL**

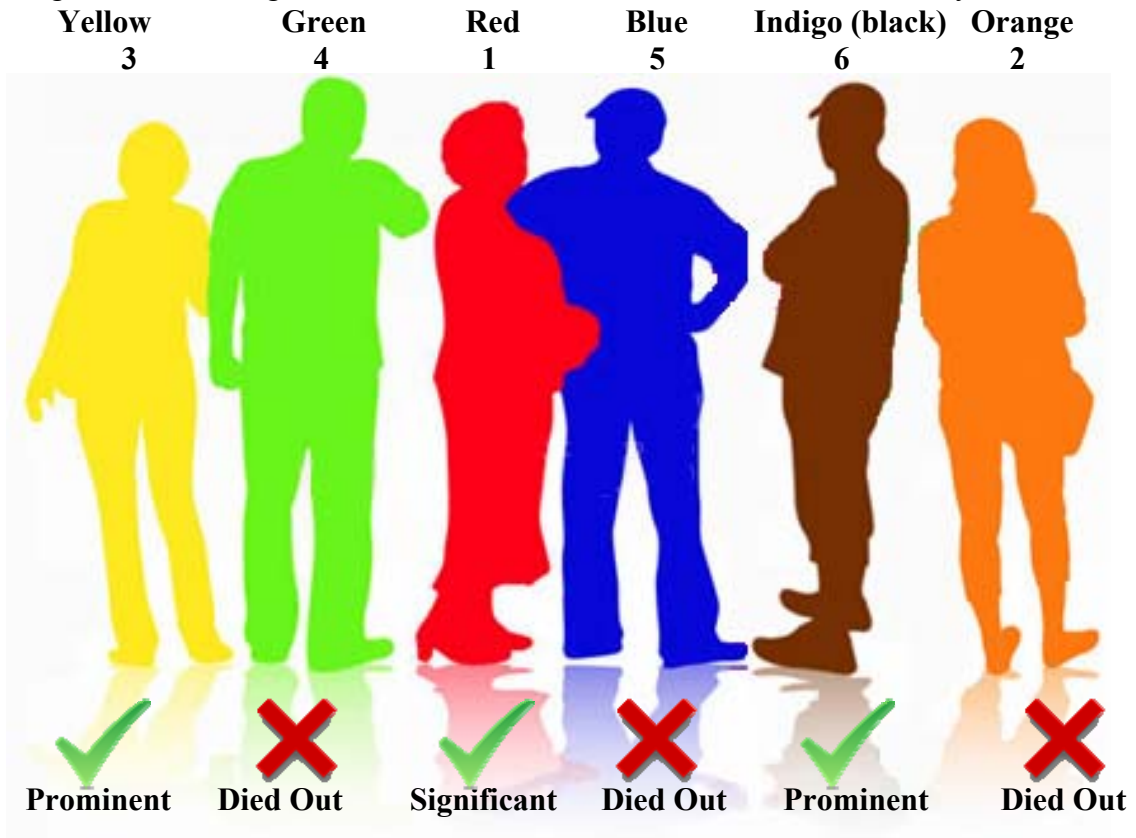


500,000 years ago, the Sangik parents of north-eastern highlands of India raised 19 children, five red, two orange, four yellow, two green, four blue, and two indigo, this is the first and only true Rainbow Family of Earth's humanity.

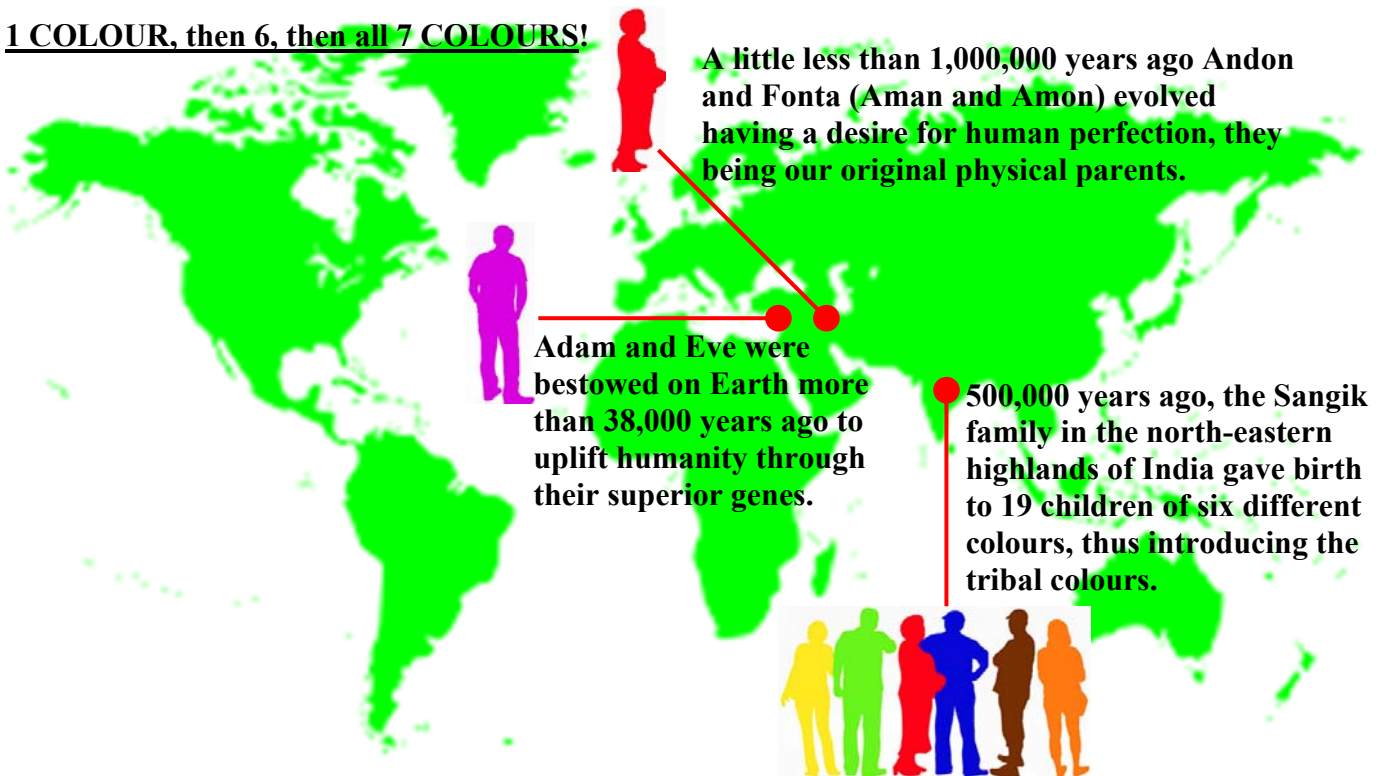


**HUMANITY PHYSICAL COLOURINGS and order of emergence:**

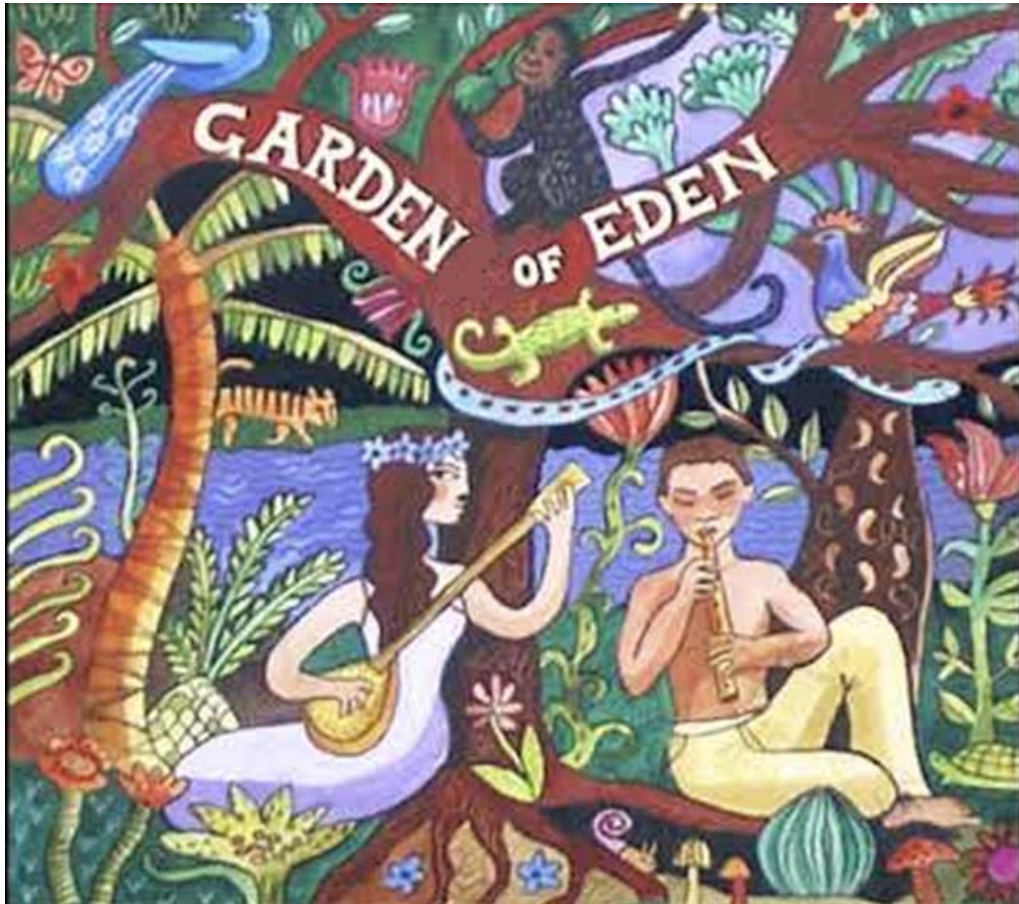
500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!



**1 COLOUR, then 6, then all 7 COLOURS!**



# Garden<sup>of</sup> EDEN

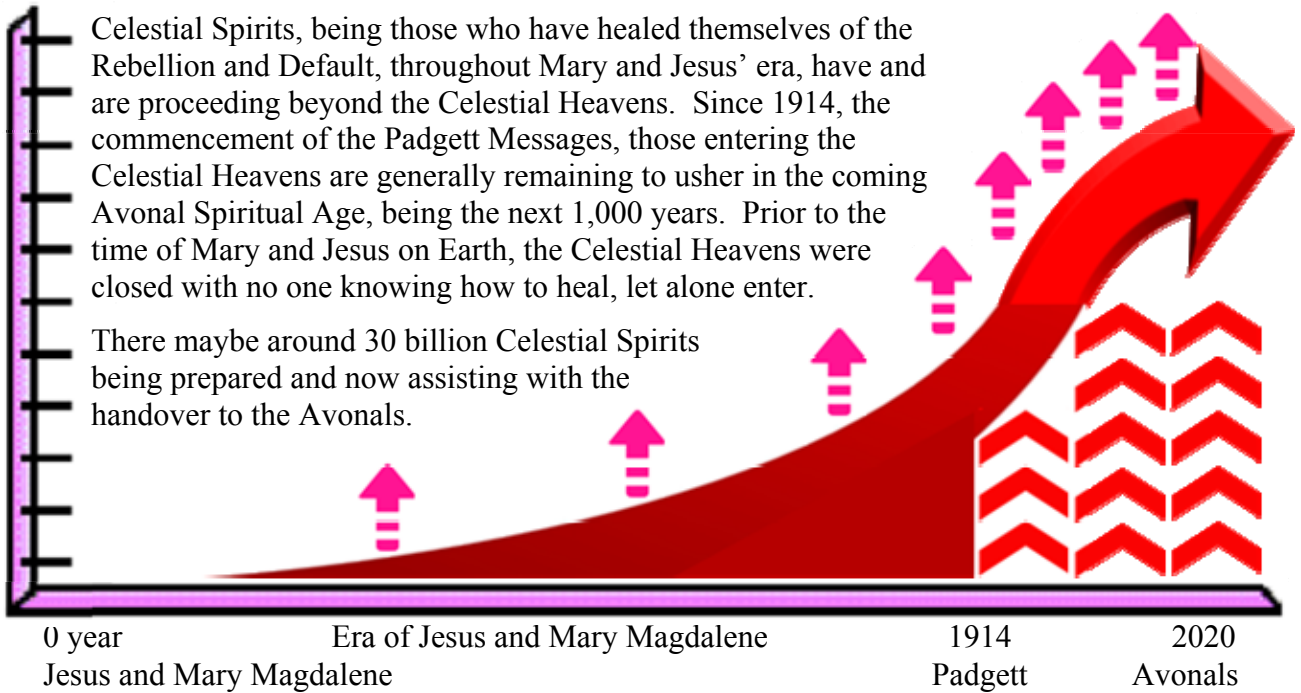
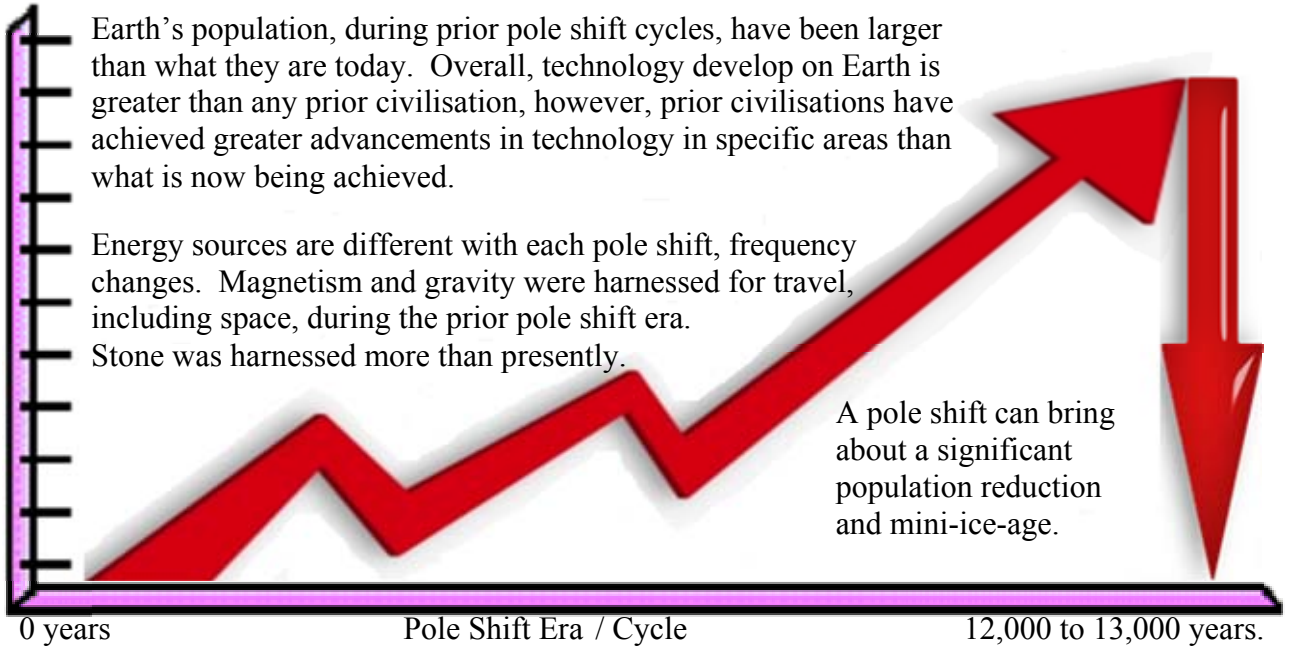


The ADAMITE soulmate Pair, Adam and Eve, were to introduce a pure race of the violet colour. They were to remain true in their relationship and then have their progeny to have children from within this pure violet colour race. This was to continue until the violet race within the confines of the Garden of Eden reached around one million people. Then the community would be opened up to intermingle and mate with the fittest and finest of all the other races being of the other colours of humanity.

The Garden of Eden was then to be a demonstration of the capabilities of the violet race which was being introduced to up-step all of Earth's humanity. Gardens of Eden remain as superb cultural centres and continue to function as the social patterns of planetary conduct and usage age after age. Even in early times when the violet peoples are relatively segregated, their schools receive suitable candidates from among the world races, while the industrial developments of the garden open up new channels of commercial intercourse. Thus do the Adams and Eves and their progeny contribute to the sudden expansion of culture and to the rapid improvement of the evolutionary races of their worlds. And all of these relationships are augmented and sealed by the amalgamation of the evolutionary races and the daughters and sons of Eve and Adam, resulting in the immediate up-stepping of biologic status, the quickening of intellectual potential, and the enhancement of spiritual receptivity.







# 4,000 Years Unfolding

1980 BCE

## Machiventa Melchizedek

1900s BCE

**ABRAHAM**



1500s BCE

1200s BCE

## MOSES

600s BCE

Siddhartha Gautama ZARATHUSTRA

*Founder of Buddhism*

*Lao Tzu & Taoism*

Vardhamana Mahavira - Jainism

**CONFUCIUS**

MM Jesus  
2 BCE 7 BCE  
46 CE 29 CE

## Creator Daughter and Son Mary Magdalene and Jesus

600s CE

## Muhammad - Islam

2018 Jan 31

## REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

## Avonals - Magisterial Daughter and Son

The first physical step to bring about the end of the Rebellion and Default for Earth's humanity was the materialisation of Machiventa Melchizedek 1,973 years prior to Jesus' conception. The plan could be said to have been meticulously mapped out and each step has unfolded with Machiventa Melchizedek, together with Jesus and Mary, orchestrating our Heavenly Mother and Father's intentions to this day. The plan culminates with the appearance of the Avonal bestowal pair from Paradise, being a Magisterial Daughter and Son, who will guide Earth's humanity, both in the physical and spirit, through their individual Feeling Healing, and with Divine Love their Soul Healing, during the next spiritual age of 1,000 years now to commence, being the Avonal Age. Machiventa Melchizedek has been administering this 4,000 year unfoldment and will continue with his role throughout the Avonal Age. Now we are engaging in the biggest event in history for Earth's humanity, the healing of the imposts of the Rebellion and Default. All of the Avonal Age is now required to establish the universality of the healing Earth's humanity.



*The Golden Rule:*

*Never interfere with another's will.*

*One must always honour another's will as one honours one's own!*

*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born into.*

*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

John the  
Typist



**BE FEELINGS  
EXPRESSIVE!**

# 200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

OUR MIND CONTROLS US!



## Feelings Way or the Mind Way

The rebellious Lanonandeks, led by the Lucifer and Satan soul partner pairs, installed upon Earth's humanity, countless platforms of mind domination institutionalises systems. Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly affected by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

The Rebellion mind dominance maintained the environment of conflict throughout all facets of living life on Earth. Where ever you have mind domination you have conflict and war! It is as simple as that.

Truth is always truth. There is only one truth. So instead of having one spiritual platform for and throughout Earth's humanity, we have 3,400 significant religions and when you add on the small denominations that are offshoots of all the major religions, you have around 50,000 religious communities professing to hold the 'one truth'!

While we live through our minds, conflict at all levels will unfold. Only through Living Feelings First and having our minds to follow will harmony eventuate. This is a change in how we have been living for 200,000 years that is to be embraced by the overwhelming majority of humanity during the coming Avonal Age of 1,000 years.

To aid this transition, the quickening of the Law of Compensation is to unfold for humanity on Earth. It will be earthed in the same way as it is applied throughout the spirit Mansion Worlds.

# ASSUMPTIONS *and the* MIND

Truth, until now, has been 'rationalised' by the mind. The mind cannot discern what truth is. The mind is addicted to untruth as well as control over the environment, others and the personality to which it is associated with – you and me!

My personal experience is that through the mind, assumptions are generally about 98% flawed and in error. The 2% accuracy is from flukes!

You may listen to endless 'debates' and discussions that may go on for hours and the mental hi-jinks are pathetically insane.

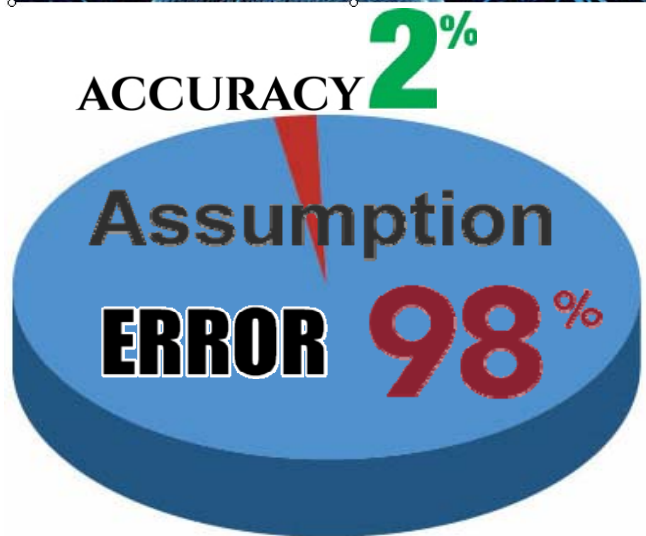
When you quietly sit there and use kinesiology muscle testing you can resolve what the answer to what is being debated in seconds – well minutes in some cases.

You may wonder why this is not generally known. Dr David R Hawkins published *Power vs Force* in 1995. Well, it does not suit people that want to keep secrets. Further, the process is free – you do not make a profit out of it!

What is true and what is false can be determined in seconds. You do not have to read the material, document, book or see the movie – you can calibrate the level of truth of anything in seconds. Not only can you determine if something is in truth or not true, but also the level of that truth. You can calibrate a book, then its chapters, then page by page, paragraph, line, whatever you feel is needed by you.

A few followed the secret process of the election of a pope for the Roman Catholic Church. They determined who the front runners were, what the elimination round of voting resolved, then down to the final two, who they were, then who won, and then who voted for him and who didn't. They had answers before the black then white smoke came out of the chimney. It is not difficult, you can do it.

The focus here on 'assumptions' is that a great deal of what we live our lives by is based on assumptions. All of these assumptions can now be revisited and the restructuring that will follow will be all embracing.



**Suppression & Repression = Universal Depression**

# The Drama of Life:

'I had a pretty good upbringing' in comparison to other people.

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling  
Unloved  
and  
Unwanted**



**EMOTIONAL  
ABUSE from  
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



**Suppression & Repression = Universal Depression**







**THIS IS HUMANITY** **stupidified!**

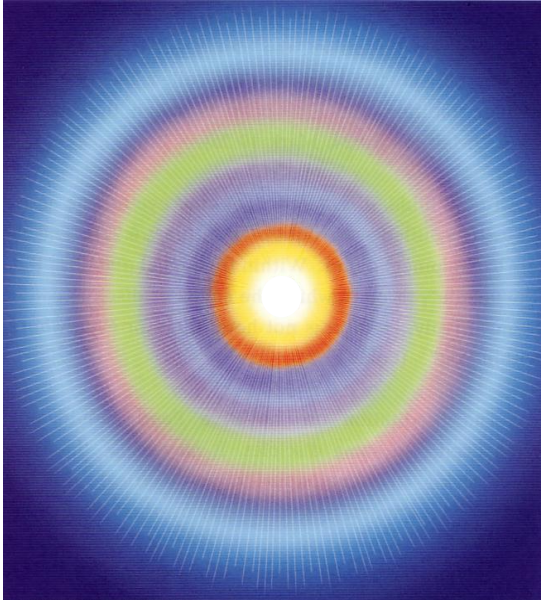


**Getting the Hell out of here!!**

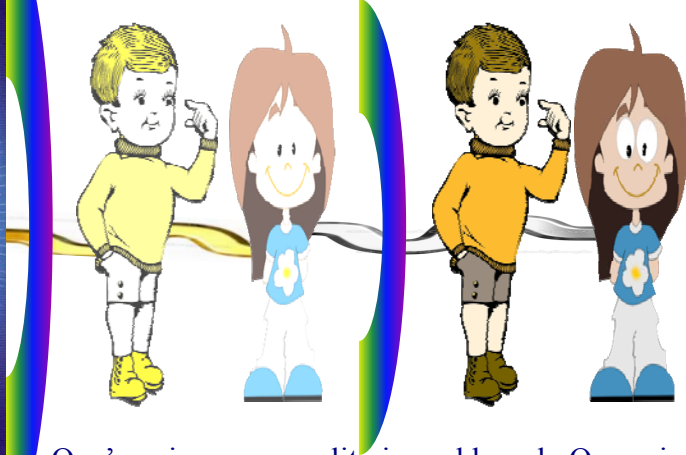
## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.

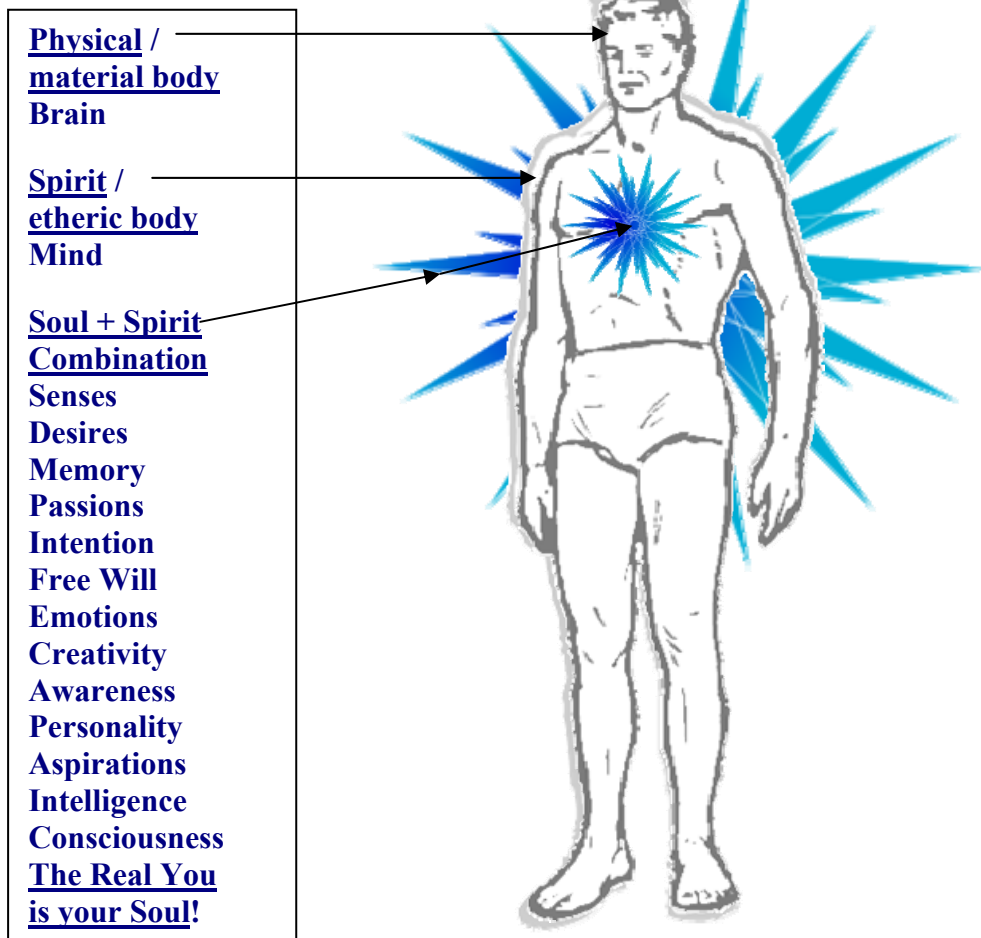


One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

ASPECTS of LIFE:

The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8<sup>th</sup> May 2002

**At the moment of conception we achieve individualisation and become self aware, we are then able to exercise our free will. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.**

**Incarnation is about 16 days after conception when the embryo commences to pump blood.**

**At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.**

**Feelings! first**

**Rebellion and Default MIND-Created false soulmate:**

Female soulmate

Unsuccessful marriage to fantasy untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soul partner relationships.

Male soulmate

Unsuccessful marriage to fantasy untrue woman



Eternal soul partner marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soul partner, our true companion for all eternity.

**My SOUL manifests TWO PERSONALITIES!**

**When we heal ourselves of our childhood suppression and repression, we THEN may become able to recognise who our soulmate is. While we remain living through our minds and not living feelings first and expressing our feelings as they arise, both good and bad, we remain bound in our rebellious nature that humanity has been in these past 200,000 years, rebelling against our soul and consequently our soulmate.**

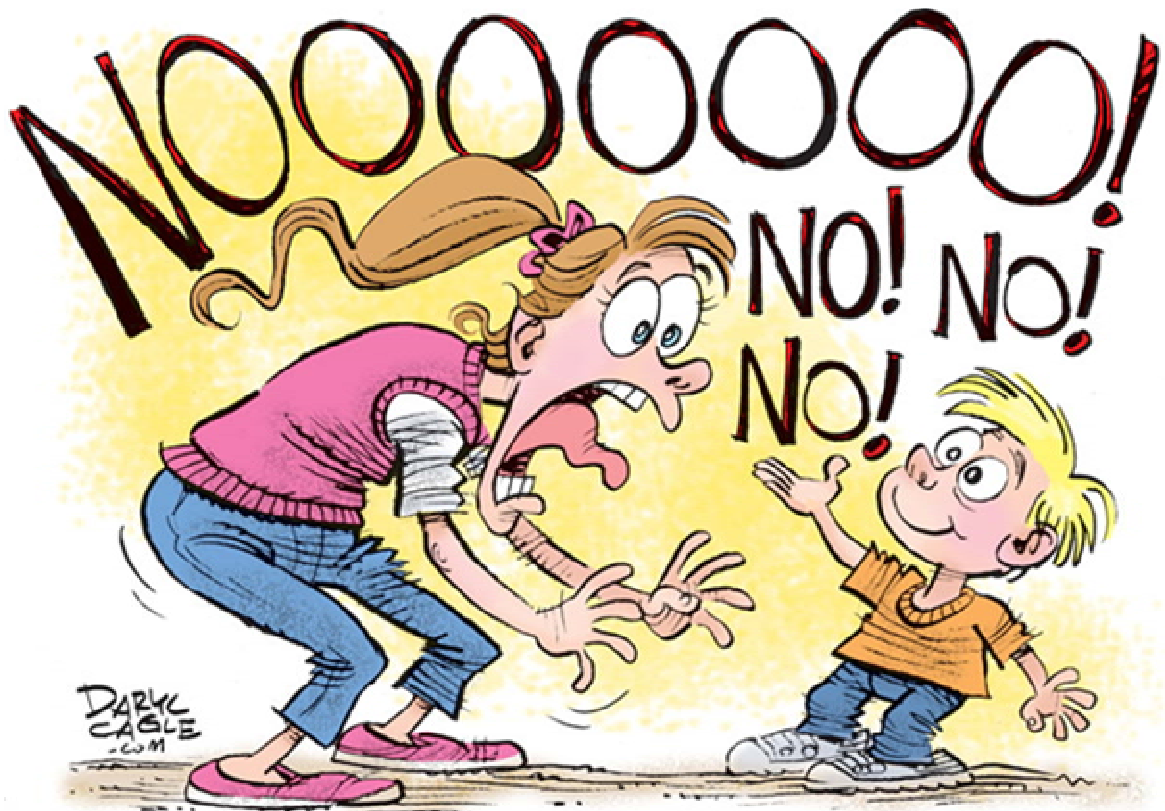
**Many will be astounded at how abusive and unloving they may have been to their soulmate who is to be their companion for all of eternity, for their journey together to our Heavenly Parents.**

**The injuries and errors that we are infused with during our early childhood forming years are the foundations of our social ills and physical illness that arise throughout our adult life.**

**We now know that through Living Feelings First which is engaging with our Feeling Healing that all these issues may be put aside. No other pathway or process can achieve this.**



**Who hurt me when I was a child?**



**Say it again mum - louder!**



**Hey kids - let me show you!**

# What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

**CHILDHOOD TRAUMA**



# What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision

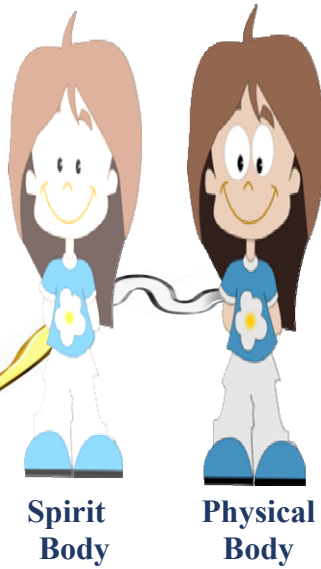


# Soul Partners

- Physical / material body  
Brain
- Spirit / etheric body  
Mind
- Soul + Spirit Combination  
Senses  
Desires  
Memory  
Passions  
Intention  
Free Will  
Emotions  
Creativity  
Awareness  
Personality  
Aspirations  
Intelligence  
Consciousness  
The Real You is your Soul!  
Our Soul orchestrates everything!

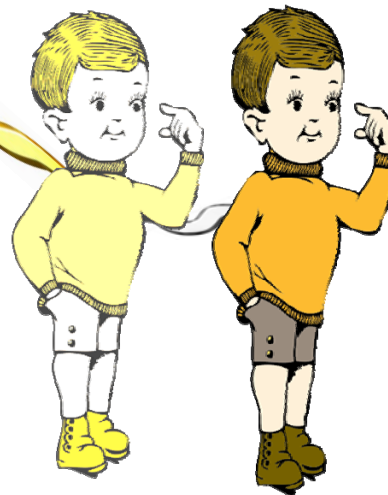
## ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.



**Working with your BAD feelings.**

Talk to someone who has your interest at heart.

To someone (or out loud to God) who listens without making you feel like you're being judged. Someone who really wants to know how bad you're feeling and won't stop you saying how bad you feel. Someone who won't try to change the way you are feeling.



Express your bad (and good) feelings with the full emotion of them, all whilst you really want to know the truth of why you are feeling them. Want to know the deeper reasons why you are feeling bad.

And keep talking, expressing; bring out all your feelings until there are no more to express. And this can happen quickly; or can take days, weeks, months, even years, working at expressing the same bad feelings, time and time again, always longing for the truth of them.



And you keep talking until the truth comes to you. Your feelings are to show you the truth of why you are feeling them. You have to want to know that truth with all your heart, to find it and see it through your feelings.

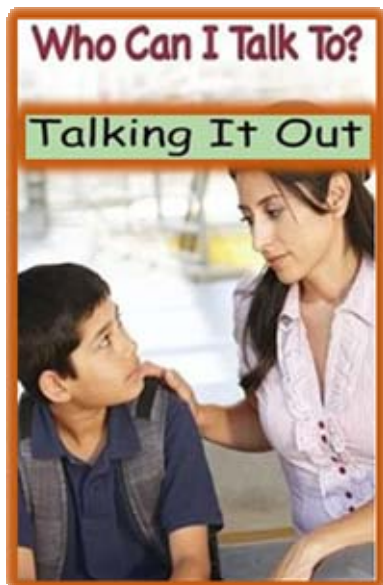
When you have a bad feeling, it is your feeling, and if you stop yourself feeling and expressing it, you are stopping yourself getting to know why you have that bad feeling – the deeper reasons why and not just the more obvious superficial ones. You are stopping yourself being a fully self-expressive person in your life and in the world.



Your true personality was prevented from being fully expressed through childhood. To become true, to be your fully expressive self, it's most important to ensure you always express ALL of your feelings, and particularly all your bad ones; all with the strong desire to know the truth of why you are feeling them.

In time the truth of yourself will come to you through your feelings.

We are to be our true personality, our authentic self!



LET'S TALK IT OUT

The text 'LET'S TALK IT OUT' is written in a large, stylized font with a rainbow-colored, multi-layered effect.

# NEW FEELINGS WAY A WAY OF LIVING.

The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which we are more than likely denying, all so we bring the truth of why we are feeling them to light. This is getting to know ourself – the truth of how we are. It's living true to our feelings. Accepting, expressing and longing (wanting) to find the truth of them within ourself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

The difference as to living as we currently do – the Old Way – which is mostly feeling-denial and believing we are expressing our feelings, is still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what we are doing, focusing on our bad feelings in particular, the ones we are most likely to deny; fully acknowledging them, bringing them up and out of us by expressing all they make us feel and all we feel having them, all as we long and want with all our heart to know the truth of why we are feeling them. Understanding that that truth is going to be very confronting, because it's going to show us the truth of all our relationships, with ourself, our parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If we want to carry on in the Old Way, sure, being more feeling expressive will generally help our relationships, however that's not what the New Feelings Way is all about. The Old Way, which is the current way for most people, is denying the truth of ourselves by denying our feelings. The New Way, is working with and wanting our feelings to show us the truth of ourself.

Having someone to talk to who is willing to listen to us expressing all our feeling without trying to stop us, is just one part of how to express our feelings in order to help us uncover the truth of them. It does matter what we talk about, otherwise we continue in a truth denying state, the Old Way. In the New Feelings Way, it very much matters what we talk about, which is all our feelings and all how they are making us feel, all so we can find the truth of them. The New Feelings Way is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN OURSELF. And doing that through our feelings. It's all about the Truth; that is what we're setting out to do, so not to water that down. The Old way is all about not finding the truth and doing all we can to deny it. So do you see, it's not just about talking in general, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

The feelings and self-expression side of The New Way is talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour. And so how to do that is by using our feelings – which leads us into doing our Spiritual Healing.

yuk

# PATHWAYS



We now have an option – two pathways. The mind way of living we have embraced these past 200,000 years. We have tried everything with many variations, repeatedly, and the rocky pathway has perpetual pitfalls of frustration and stagnation. We have denied our feelings with such ease and aplomb not realising that the mind way is a dead end, and being a total denial of our Heavenly Parents.

Now, we have two high level spirit personalities who have shown us how to live through our Feelings and to Heal ourselves of our inherited and then embraced Rebellion and Default. They have shown us how to live through our Feelings and the freedom that such living brings us and how to address our childhood suppression and its ongoing repression.

By Living through our Feelings, we are living in our truth, our soul-based Truth which is living True to our Heavenly Mother and Father. That is then living the Pathway to Paradise!

That is what the Rebellion and Default imposed upon us through Lucifer and his deputies. By worshipping our minds and living through our minds, humanity is committed to conflict, war and disease whilst being immersed in fear, never knowing love. Humanity is locked into stagnation, living in a stupor and a life of depression. That is why more than 200 billion spirit personalities are stuck within the lower spirit Mansion Worlds, spinning time and blindly depriving themselves of the wonders that await us all once we embrace our Feeling Healing, and with Divine Love then Soul Healing. When we embrace the Pathway, we are then on our way to Paradise, the home of our Heavenly Mother and Father and all the wonders of all the universes to behold.

# We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to arise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.



# CONTROL of HUMANITY CHANGEOVER

1. Mind Mansion World Spirits, of worlds 1, 2, 4 and 6, complicit to the guile of rebellious high level Lanonandeks, Calligastia and Dalligastia, being spirit world imprisoned during the early 1990s, continued to guide and support the Rebellion and Default imposed upon Earth's humanity by Lucifer and Satan commencing 200,000 years ago. **THE EVIL ONES**

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.  
 22 March 2017: Negative mind-spirit influence now blocked by Celestial Spirits.  
 22 May 2017: Law of Compensation quickening.  
 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.  
 8 December 2017: Bring on the money to 'house the future of humanity'.  
 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a



tangible and real end to the Rebellion and Default

Oversight and control of Earth's humanity is now within the hands of Celestials from the first three Celestial Heavens with some 30 billion Celestials engaged, assisted by 3 Melchizedeks soul-groups and countless angels. Transfer to "Council of Elders" personalities is from mind orientation to feelings first – soul based truth – with the changeover becoming openly known when the Avonal pair commence their public work.

2. Earth based hidden controllers being dominated by family groupings mainly out of Europe, with some in various parts of the world such as USA and Asia. Their "chairmen" control the world's finances and passively enslave humanity without being known. Their funds are to be removed from their control and their power collapsed.
3. The "chairmen" are from the long-term families, generationally passing down power over humanity. These family groups may number less than twenty with their worldwide dominance.
4. The medium-term families numbering around thirty are generally unaware of the long-term families. These are personalities who come to fruition during their life and generally, but unknowingly, fit into the overarching evil agendas of the hidden controllers.
5. Short-term members are those who are typically invited into the Bilderberg Meetings and unknowingly are subordinate to the medium termers who are subordinate to the hidden controllers.
6. Secret societies that dominate commerce and sciences provide the feedstock of subterfuge.
7. Deep State are people that subterfuge governments and influential people who would otherwise work against the hidden controllers.
8. Regional, state and national governments are short-term well intentioned representatives of the people, whilst being unknowingly controlled.
9. All Earth based institutionalised systems as well as religions are the product of the Rebellion and Default of 200,000 years ago that continue to do the work of the Evil Ones, the rebellious Lanonandeks, through the guile of the hidden controllers.
10. The few hidden controller families control the world's finances through financial systems that enslave all of humanity with debt systems extending to education loans, credit cards, etc.
11. Health systems do not address the cause of all illness, being childhood suppression and repression.
12. Religionists perpetrate the indoctrination of living through the mind, suppressing feelings.
13. Education is a dictatorship; chancellor, professor, doctorate lecturer, teacher, student – no latitude to allow one's soul-based feelings to be expressed – all controlled by the subservient chancellor.
14. And the most subservient of controllers are parents who perpetrate the Rebellion and Default through suppressing the child's true personality, bestowed by our Heavenly Parents, and having the child submit to their carers impositions by the child repressing its feelings and living through the mind.

hidden  
CONTROLLERS

SUBSERVIENT  
CONTROLLERS

Culture of the mind must  
be subservient to the heart.  
Mahatma Gandhi



# REBELLION & DEFAULT

**FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:**

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

## THE EVIL ONES



**Lucifer pair**  
Arrested and imprisoned 26 CE



**Satan pair**



**Caligastia pair**



**Daligastia pair**



Arrested and imprisoned early 1990s CE

## MIND MANSION WORLDS

## HIDDEN CONTROLLERS

## DEEP STATE

**SECRET SOCIETIES** The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

## EDUCATORS UNIVERSITY RELIGION

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

**“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”**

Marie, 1<sup>st</sup> Celestial Heaven: 11 Aug 2020



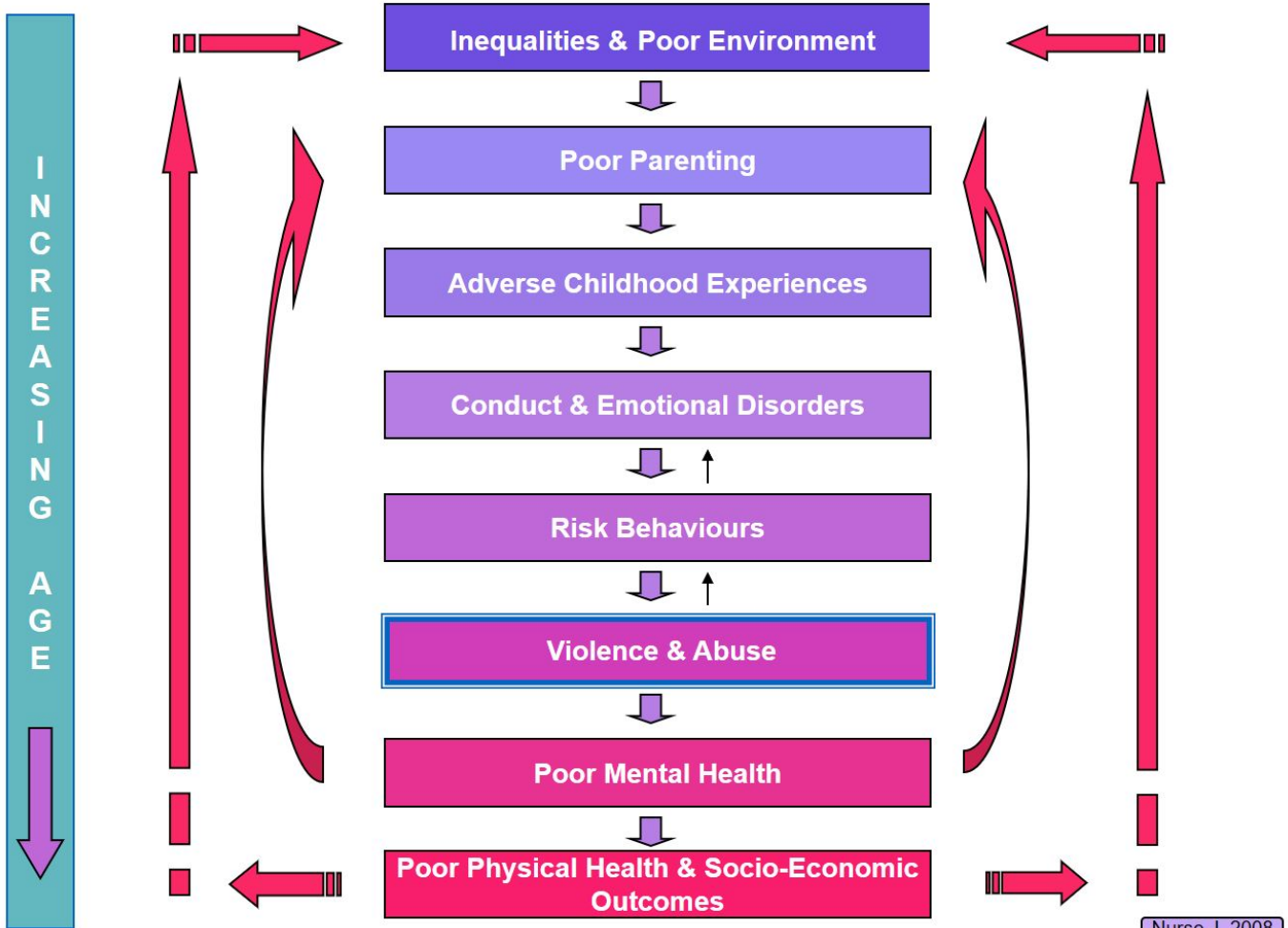
## PEOPLE OF EARTH

## WE ARE TRUTH SEEKERS

# LIFE IS FOR LEARNING



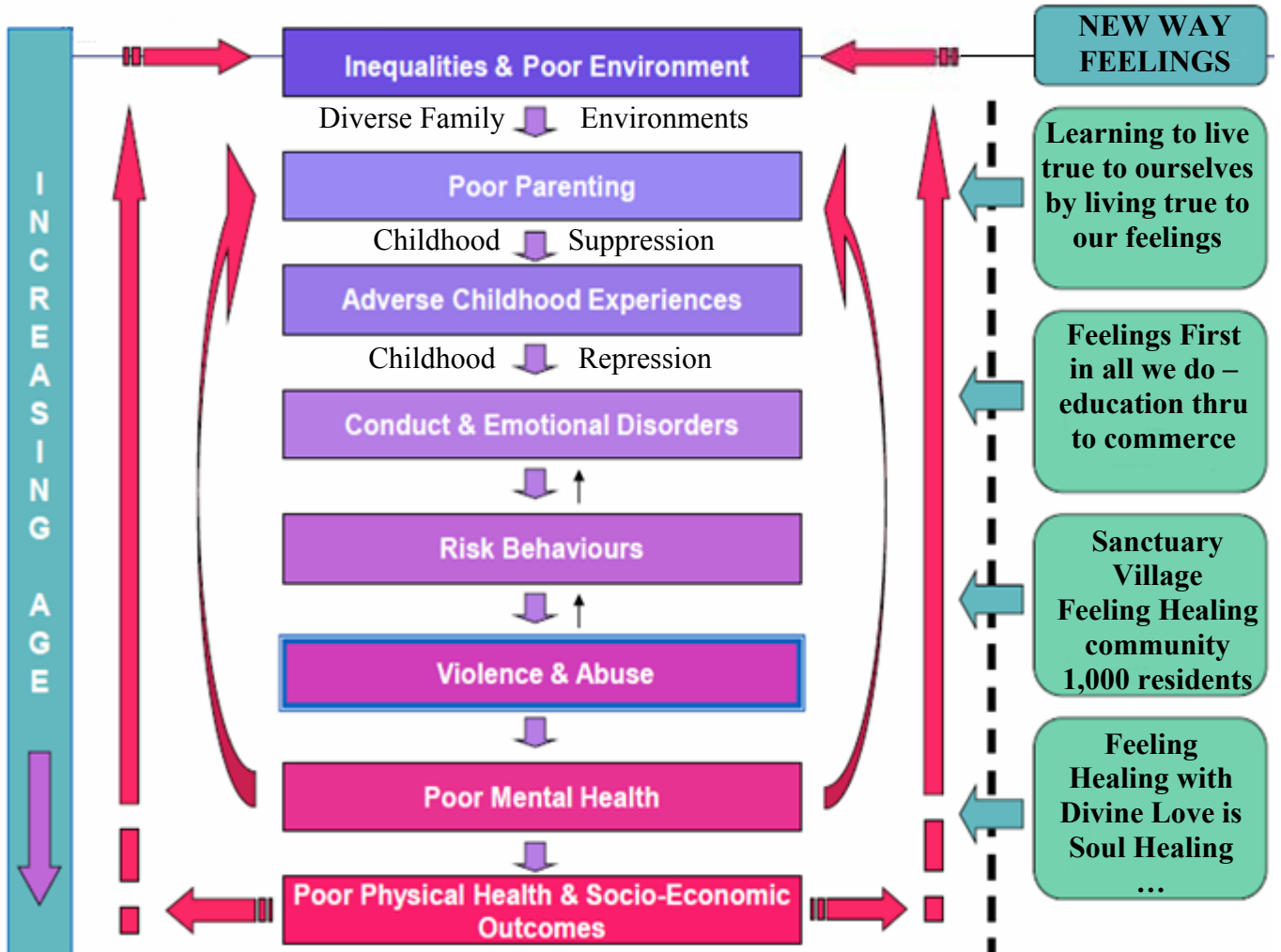
## The Cycle of Violence and Abuse across the Life-course



Seek **truth** from the cradle to the grave.



**Breaking the Cycle of Violence and Abuse across the Life-course**



**LEARNING for ETERNITY:**

The journey that we are on and the life we are to live is a never ending adventure of learning.

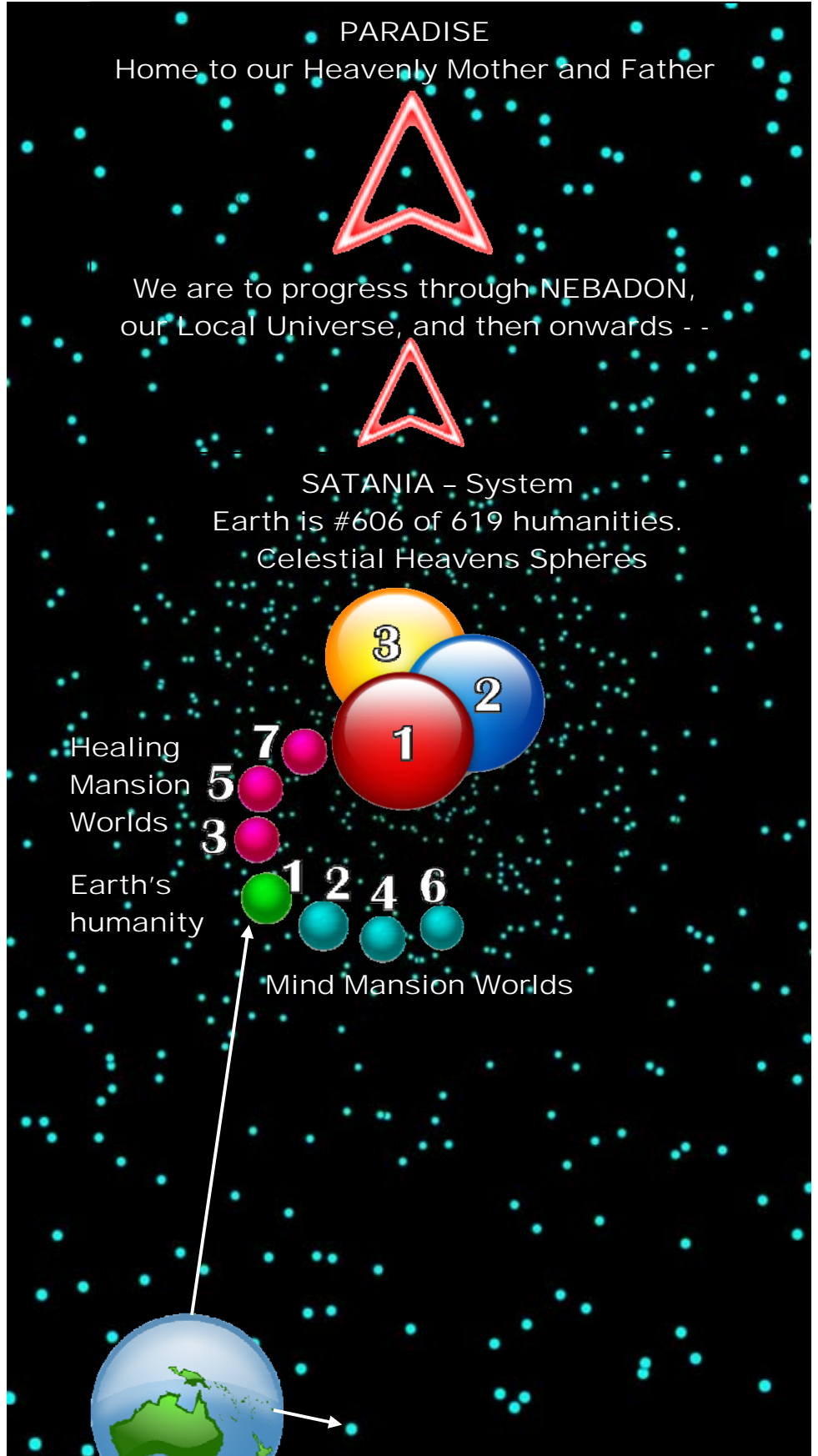
We may gaze at the stars in wonder for they are homes to our neighbouring humanities. While we live through and worship our minds then we will stagnate. This time in history is the Great U-Turn.

We will now embrace our soul-based feelings, the truth within us, and have our minds follow. Not the other way as it has been throughout the Rebellion and Default with the mind suppressing our feelings and we being in denial of our condition.

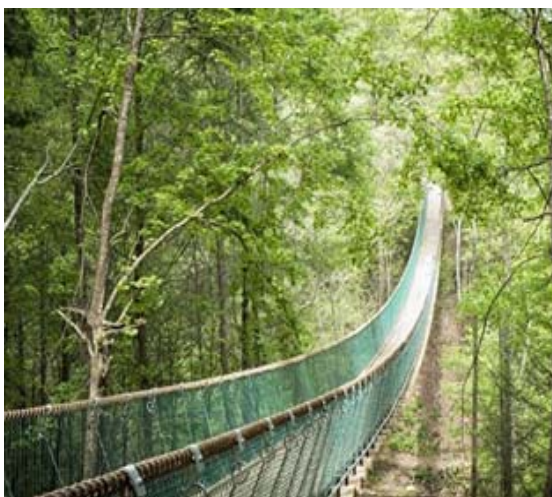
Through our feelings we will put aside the limitations and barriers that our mind restricts us to. We will discover the wonder of ourselves and our amazing potential. We will recognise that females and males are equal and are truly partners in all we do.

We will discover that one soul manifests TWO personalities, one female and one male, and that our true partner is our other half of our soul!

We will become free!



## THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using your mind will mean the True Spiritual Pathway will always elude you. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

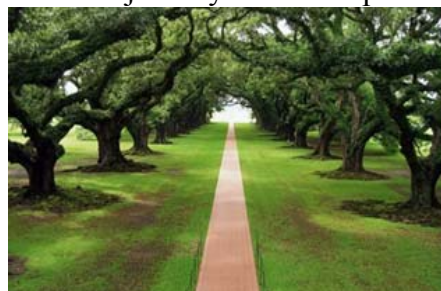
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And you may believe you are getting somewhere with your feelings, only to realise centuries later in the spirit, mind Mansion Worlds that you've still been leading yourself astray and away from your true feelings.

Surrender and submit willingly allowing your feelings to emerge and be expressed. Long for the truth your feelings are to reveal. Persevere. Allow your feelings to be your way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

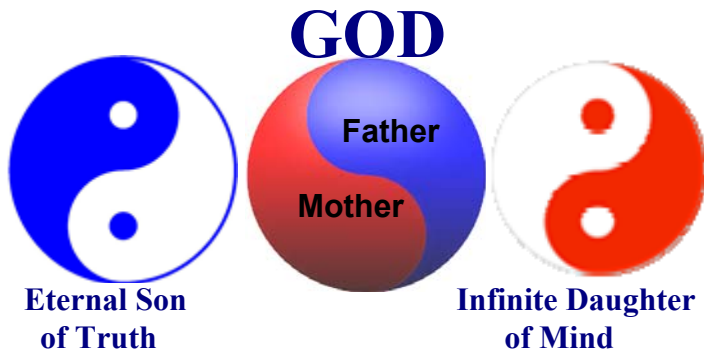
Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Neadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes you all the way 'Home'. It is a journey of ever-expanding Truth and Love.



**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway      Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling and truth denying Mind Way;

or embracing The New Feelings Way by doing your Spiritual Healing;

Maintaining the mind’s imposed façade of a robotic, retarded individual, in a stupor, perpetrating the errors of generations gone by;

or The Feeling Way which is the discovery pathway to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself by denying feelings, restricted forever to the mind Mansion Worlds;

or The Feeling Way – uncovering the truth of your feelings and ascending to Paradise.

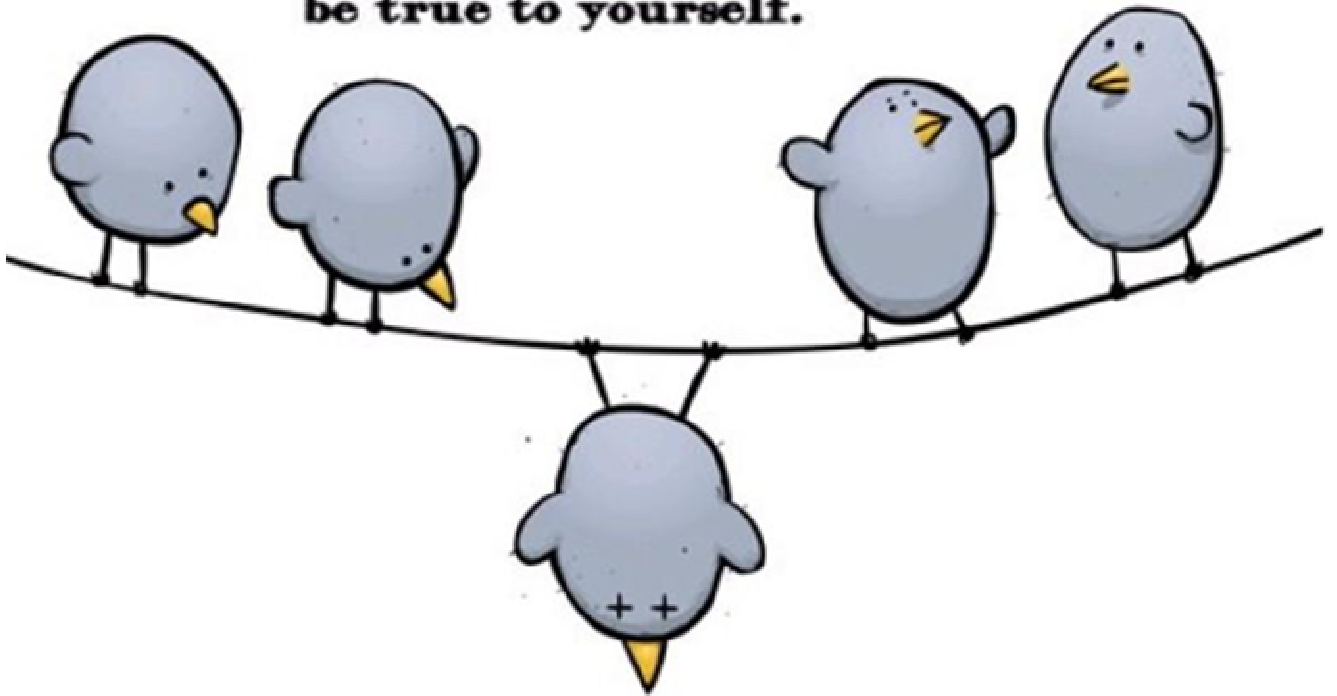


# **Be True to Yourself**

**open your heart**

**and always**

**be true to yourself.**



**BE  
YOURSELF**

*An original is always  
worth more than a copy.*



## **FEELINGS are OUR TRUTH and OUR WAY to PARADISE:**

It is our minds that we have imprisoned ourselves within. It is through our mind's addictions to control and its untruth that we have manifested all the ills, discomforts, social distresses and torment that prevails throughout all societies and nations on Earth and within the mind Mansion Worlds. All until we heal ourselves of our Rebellion and Default, that which was infused in us during our early childhood forming years making our mind take over.

We have forced our minds to live and involve us in untruth. We are stuck in a deep, dark rabbit hole and its dead end, until we embrace our feelings and live Feelings First.

We ascend with truth that is progressively revealed to us through our Spiritual Healing. Feeling Healing enables us to resolve our Rebellion and Default; and with Divine Love, we will then progress into the Celestial Heavens. This being through the guidance of Earth's Avonal pair.

By continuing to embrace the truth of what our Feelings reveal, we then progress up and through the Celestial Heavens of Nebadon, which contains the Truths Mary and Jesus are to reveal to us.

After ascending in truth through our local universe of Nebadon, we continue through the greater regions of our Super-universe of Orvonton; continuing with our Heavenly Mother and Father's guidance.

Then our Feelings will enable us to grow further in truth and enter Havona and eventually Paradise, the home of our Heavenly Mother and Father. We are created fully self-contained, designed to live through our Feelings. It is through our Feelings that we "find our way home".



# NEW FEELINGS WAY

*Mother Father*

**PARADISE**

**SUPREME BEING**

HAVONA

ORYONTON  
Superuniverse

NEBADON  
LOCAL UNIVERSE

Celestial  
HEAVENS

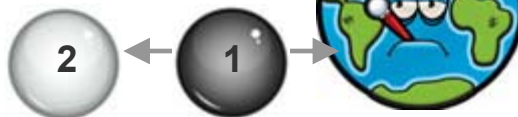
7  
Divine Love  
Healing  
World

5  
Divine Love  
Healing  
World

NEW WAY

FEELINGS

1<sup>st</sup> Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.

Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4<sup>th</sup>; with those having perfected it in the 6<sup>th</sup> believing they are gods!

**DEAD END**



6  
Mind  
Mansion  
World

4  
Mind  
Mansion  
World

2  
Mind  
Mansion  
World

1  
Natural Love  
spirit  
Mansion World

3  
Divine Love  
Healing  
World

I'D TURN BACK  
IF I WERE YOU!

**MANSION  
WORLDS**

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1<sup>st</sup> Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.

# NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we're living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as you can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

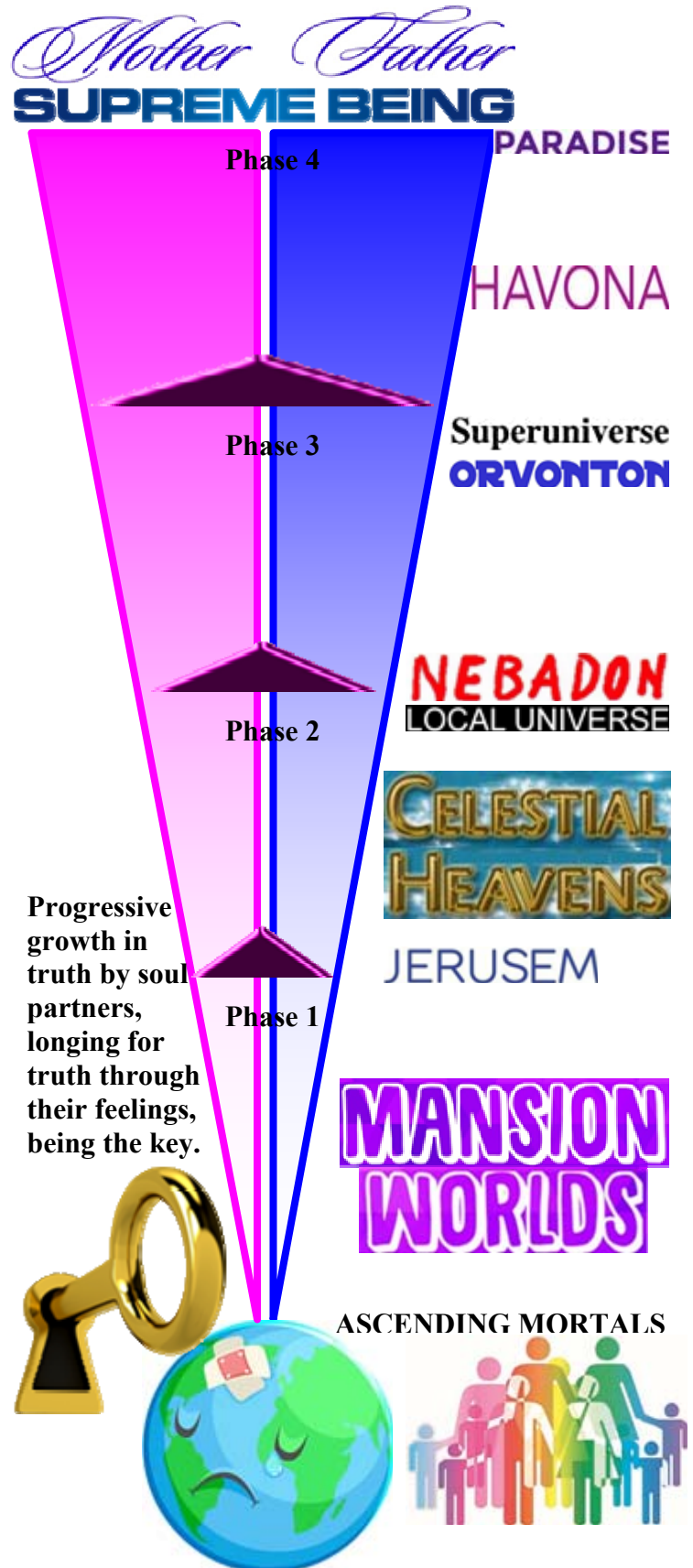
Phase 2: Evolving in Truth through our Local Universe, Neadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The New Feelings Way.



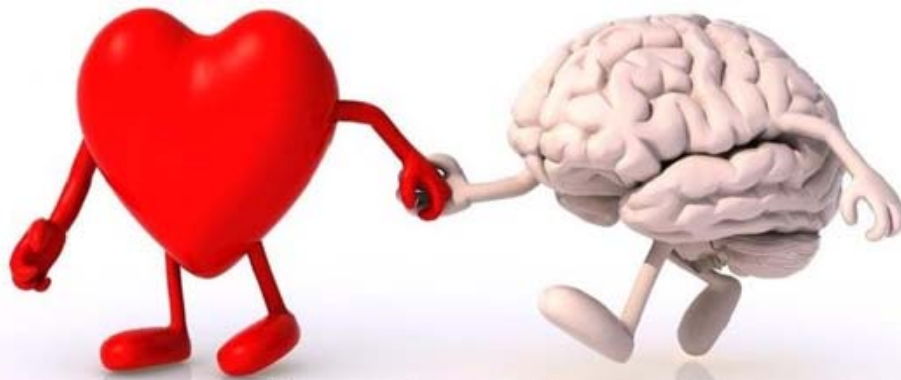
# NEW FEELINGS WAY



**Finding the Truth of Our Childhood  
Through our Feelings**



**The New Feelings Way  
Feelings First Spirituality  
Our Feelings express the Truth of our Personality**



Sometimes Your Mind Needs More Time  
To Accept What The Heart Already Knows

Heart logic and mind logic are often  
two very different things.



It has to feel right and make sense to  
move forward with ease.

If it doesn't feel right, but it seems to  
make sense, pause, and investigate within.

If it feels right but doesn't make total sense,  
ask the mind to trust the heart a little more.

The heart's usually the wiser of the two.

~Doe Zantamata

**Feelings** *first*

## Suppression and its Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving,

negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



**And to spiritually help us, we are to understand:**

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our

mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

**Long for the truth of your feelings.**

**Long for the Divine Love.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

James Moncrief 18 March 2018



## It's time for the true Women's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you don't, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of yourself, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

**Living FEELINGS FIRST**  
**FEELINGS FIRST For Kids**

## Women Repression:

James

Monday, 9 December 2019

Note for Pascas Care Letters One Soul Two Personalities:

Why women have been so repressed?

It was the rebellious Higher Spirits that urged and supported the suppression of women and the male dominance through religions and tribal spirituality so as to keep women away from their true feelings, denying them the truth from such feelings which would never tolerate nor have allowed the men to override them. If you denote the mind as 'male' and feelings as 'female' then to coerce humanity to worship and live from its mind, whilst at the same time using the mind to suppress and banish one's true feelings, then you can see men's domination of women. Men (if we liken them to the mind) are scared of women (likening them to feelings), so men use their minds to block out their feelings and won't tolerate women living too close to their feelings.

So what more perfect way than to maintain such male domination than to create mind-made religions that will ensure women and feelings are never heard, can never have their say enough to uncover the truth of such meaningless and misguided untrue systems of belief. If women in such religions were encouraged to follow their feelings and look for the truth they will give rise to, they will soon demolish such institutions or simply leave them, leaving the mind-controlling men to it. So you can't put a woman in control, and especially one who is more feelings led, because as one's feelings are generally 'all over the place' and 'irrational', she'll ruin it all; which means, she'll stop the men having their little power games with each other. And unless a woman learns to 'become a man', being able to compete with men at their own mind-games, suppressing her feelings even more and becoming an even better proponent of mind control, as she can often over her family, she will never stand a chance of gaining equality. However this mind-equality is still buying into the tenets of the Rebellion and Default and is not true women's liberation and equality, that only coming when women give up their mind and devote themselves to accepting, expressing and seeking the truth from ALL their feelings (especially their bad ones). That being the only way humanity will end its rebellion.



## PARENTING:

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

**The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.**

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even though they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being 'broken' and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can't be anything other than how you are – it is 'your' child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one's life, and all that's happening on unseen levels from spirit, all what's going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is 'unfolding' through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you've fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it's not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just 'normal' and 'ordinary', that's exactly what God wants, it's how God made its soul to express itself, so it's perfect. You are the child of God that you are, even in all your wrongness. And even **Perfectly Imperfect** though you might hate how you are, you don't have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you'll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to  
age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are

older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you do not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having spirit children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our

Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

# GREAT -Turn

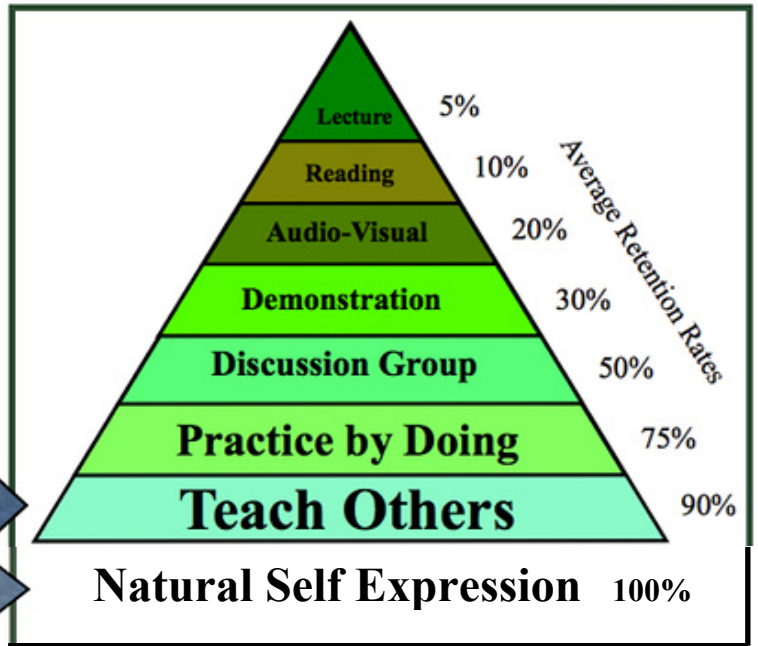


I am my SOUL!

I am not my body!

I am not my mind!

# The Learning Pyramid



## SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First



# **Greatest Event in the History of Humanity!**

## **Spiritual growth on Earth evolves connectivity!**

### **Spirit connectivity is relevant to level of truth.**

- Early 1990s: The arrest of the Caligastia and Daligastia soulmate / soul partner pairs, being rebellious Lanonandek spirits – Earth’s planetary prince and deputy.
- 22 March 2017: Negative mind-spirit influence was blocked by Celestial spirit.
- 31 March 2017: Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
- 22 May 2017: Law of Compensation quickening.
- 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.
- 8 December 2017: Bring on the money to **‘house the future of humanity’**.
- 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

## **Three people on Earth are of high 7th Mansion World condition - this is what has unfolded:**

As of November 2020, due to three people on Earth progressing through their personal spiritual healing and progressing into the equivalent of the 7<sup>th</sup> spirit Mansion World, have enabled the above events and milestones. Two high level spirits have led the way. These two personalities have needed to incarnate into the physical and unaided have had to find the way to heal themselves of the imposts of the Rebellion and Default which they voluntarily took on. This is the most exciting time in the history of Earth’s humanity.

## **When they move into Celestial Heaven soul condition while living on Earth then:**

Upon becoming of a Celestial soul condition, then these two personalities will have Celestial soul level truth and will be able to directly convey such truth in person. Having then done so, Celestial Heaven spirit personalities will be able to follow and directly communicate with personalities in the physical on Earth in a similar manner. Presently, Celestials can only prompt people and not converse.

The level that the two high level spirit personalities progress to while living in the physical will set the ceiling for those on Earth in what they can grow in truth and love to. We can only follow.

Further, the conditions that prevail throughout the 1<sup>st</sup> spirit Mansion World may progressively be earthed. In the Mansion Worlds, the operation of the Law of Compensation is instantly imposed through the vigilance of Angels. This is likely to be imposed on physical Earth from the coming 1,000 years.

## **For Humanity to go through a spiritual upliftment, such as now, high level spirits must lead the way!**

The Rebellion and Default was imposed upon Earth’s humanity by high spirits from within our Local Universe of Nebadon. To end the Rebellion and Default, higher level spirits, being an Avonal pair from Paradise have had to lead the way out of the Rebellion and Default. This they are now doing!

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
 It embraces all people.

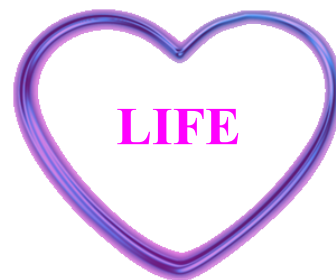
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps us get to know God, helping us to reach out, connect and be personal with God, and do God’s Will, all through our feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  

**HOME**

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing



↑ Earth

**CREATOR**  
daughter and son

*Avonal Pair*

SPIRITUAL LEADERSHIP

**SPIRITS OF TRUTH**

**LOCAL UNIVERSE**  
**NEBADON**

**HUMANITY**  
**OF**  
**PLANET EARTH**

Both the Creator and Avonal pairs are bestowals from Paradise and have Spirits of Truth which are released following the death of their physical bodies. The Creator pair is the co-regent of our local universe of Nebadon. They have set the pathway for the Avonal pair to show the way for Earth's humanity to heal itself of the Rebellion and Default. The Avonal pair's focus is one humanity, of Earth, whereas the Creator pair is for all of Nebadon.



**FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:**

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

**THE EVIL ONES**



**Lucifer pair**  
Arrested and imprisoned 26 CE



**Satan pair**



**Caligastia pair**



**Daligastia pair**

Arrested and imprisoned early 1990s CE

**Lanonandek**  
System Sovereign

**1**  
**Creator**  
Daughter & Son

**SPRIT**  
**Prisonworld**  
**1+37**

**QUARANTINED**  
**37**  
**Rebel**  
**OUTER**  
**WORLDS**  
**37**

**Lanonandek**  
Planetary Prince

**37x**  
**Avonal**  
Daughter & Son

Lucifer and his soulmate (Lanonandeks and System Sovereigns) rebelled, taking over their small part of Mary and Jesus’s universe corrupting 37 ‘earths’ and their associated spirit Mansion Worlds.

Satan and his soulmate (Lanonandeks) joined the Lucifers, helping to convince Caligastia and his soulmate (Lanonandeks and Planetary Prince of Earth) and Daligastia and his soulmate (Lanonandeks) to join the Rebellion, which they did, specifically corrupting the people of our Earth – Urantia.

Mary Magdalene and Jesus (soulmates) bestowed themselves on Earth, thereby terminating the Lucifers’ and Satans’ System Rebellion. The Lucifers and Satans were then interned on a spirit prison world.

It is now for an Avonal Bestowal Pair to terminate the Caligastias and Daligastias, with, so we understand, the first stage being completed, so these rebellious Lanonandek pairs can no longer negatively affect Earth or its associated Mansion Worlds.

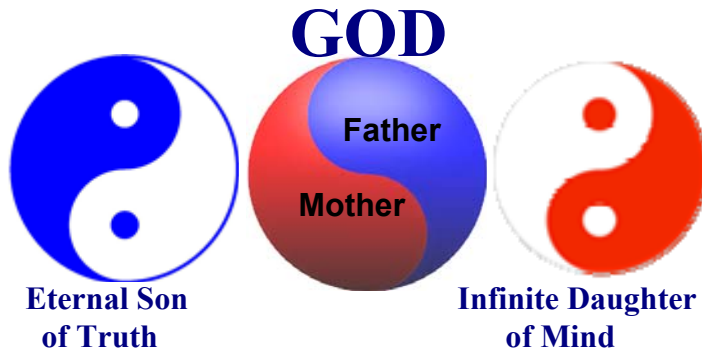
Avonal Daughters and Sons have been progressively incarnating onto each of the rebellious worlds and one by one, the 37 Lanonandek Planetary Princes have been arrested and imprisoned. Caligastia, Earth’s fallen Planetary Prince and his associate, Daligastia, being imprisoned in the early 1990s.

It is anticipated that the Avonals will shortly have all the wayward Lanonandek Planetary Princes and Princesses imprisoned and will be proceeding to introduce to their custodian humanities to their New Feeling Way.

The Creator Daughter and Son address regional issues – the whole of Nebadon, as in Mary and Jesus’ case; whereas Avonal Pairs address individual planetary issues. Mary and Jesus ended the Rebellion in Nebadon with no further planets being able to be corrupted by it; the Avonals will end it, and the Planetary Default of Eve and Adam, specifically on Earth. They will do this once they’ve completed their Spiritual Healing revealing the New Feeling Way.

**GOING, GOING,**  
**GONE!** **Yippee!**

Paradise – Havona – Home



**SPIRITS** from **PARADISE**

Nebadon – Salvington



Celestial Heavens

**MELCHIZEDEK**  
**BRILLIANT**  
Evening Stars  
**ARCHANGELS**

Mansion Worlds

**celestial** **ANGELS**  
**SPIRITS**

**MORTAL** **ANGELS**  
**SPIRITS**

Physical Earth

Nature Spirits *Spirit Guides* **ANGELS**  
**HUMANITY**

Formerly ended  
31 January 2018

**REBELLION** & **DEFAULT**

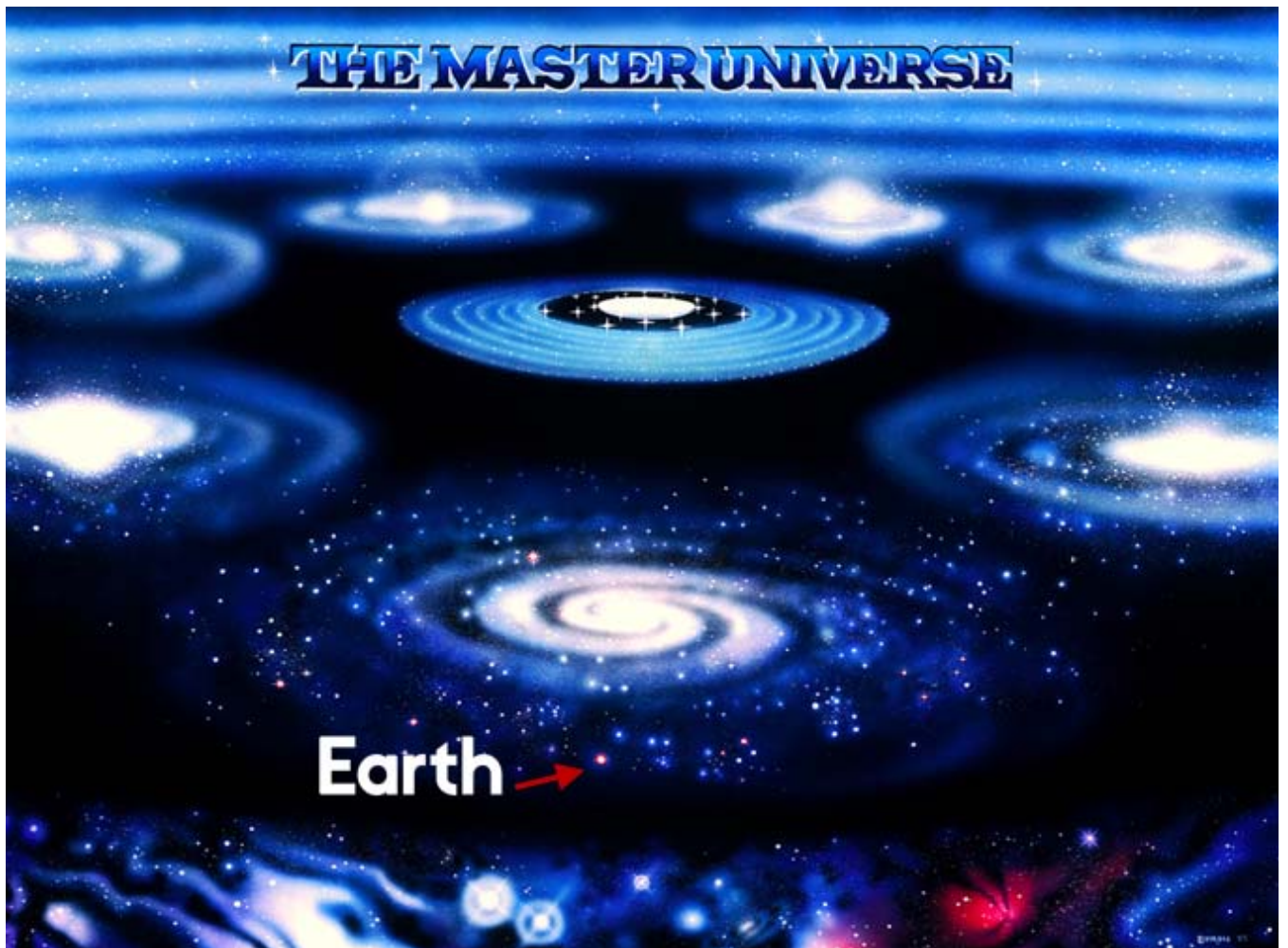
Past  
200,000 years

and now for the

**GREAT**  
**U-Turn**

Coming  
1,000 years





Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1<sup>st</sup> Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

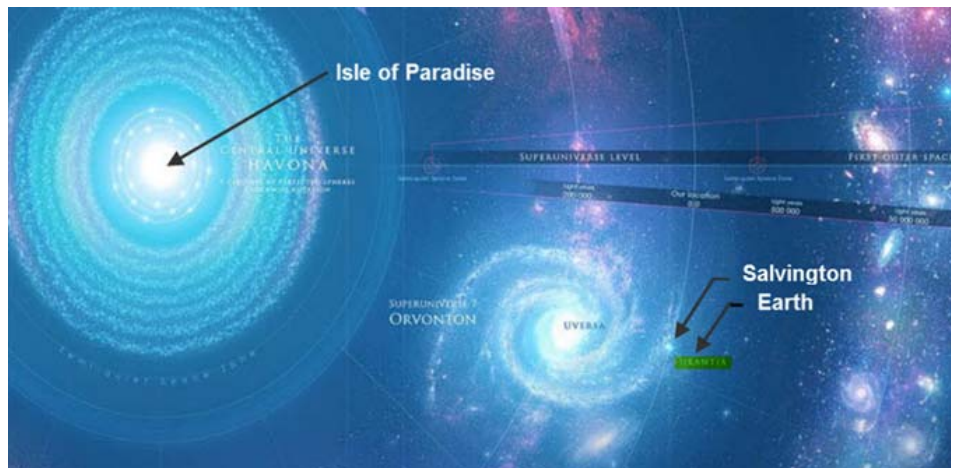
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.



Our Spirit Friends on duty



# OUT GATEWAY ISOLATION



# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the 'hells' compensating for the pain they have caused others. Many continue their 'mind worshipping'. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**

# OUT



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

## Law of Forgiveness

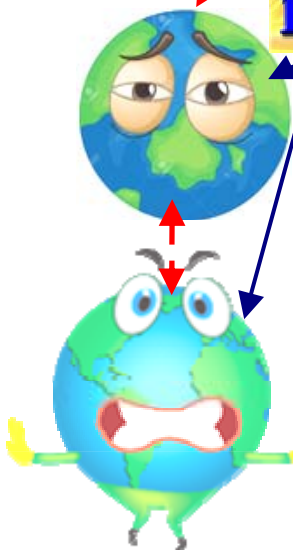


I'D TURN BACK IF I WERE YOU!

## Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor 'hells' are the lower levels of the 1<sup>st</sup> mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> mind Mansion World, all then to consider your Feeling Healing.

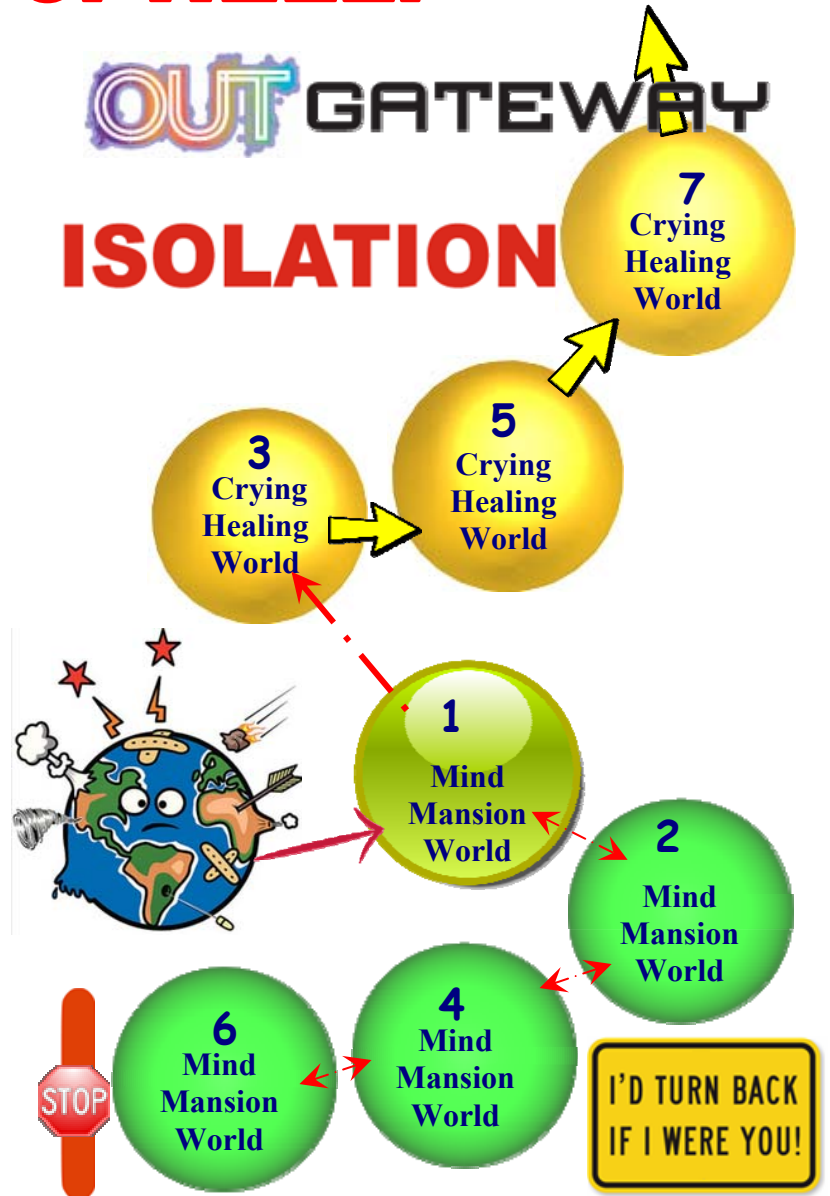
# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so and may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.

# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

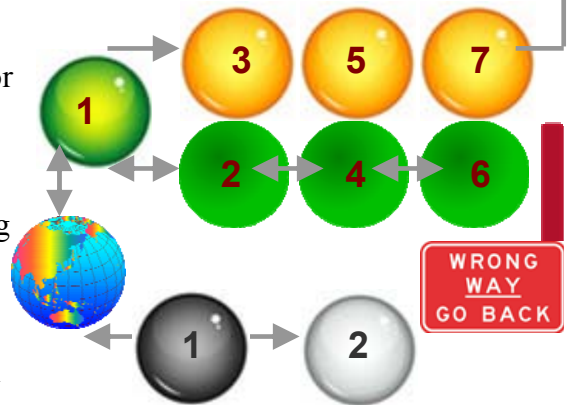
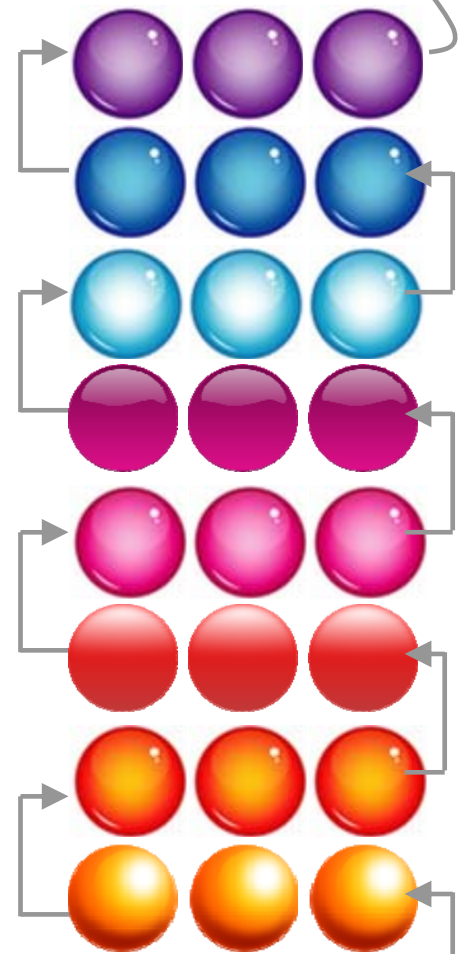
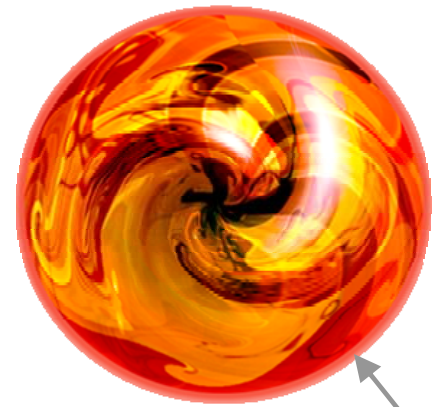
Each of the seven super-universes are approximately constituted as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished our Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair / soul partners, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

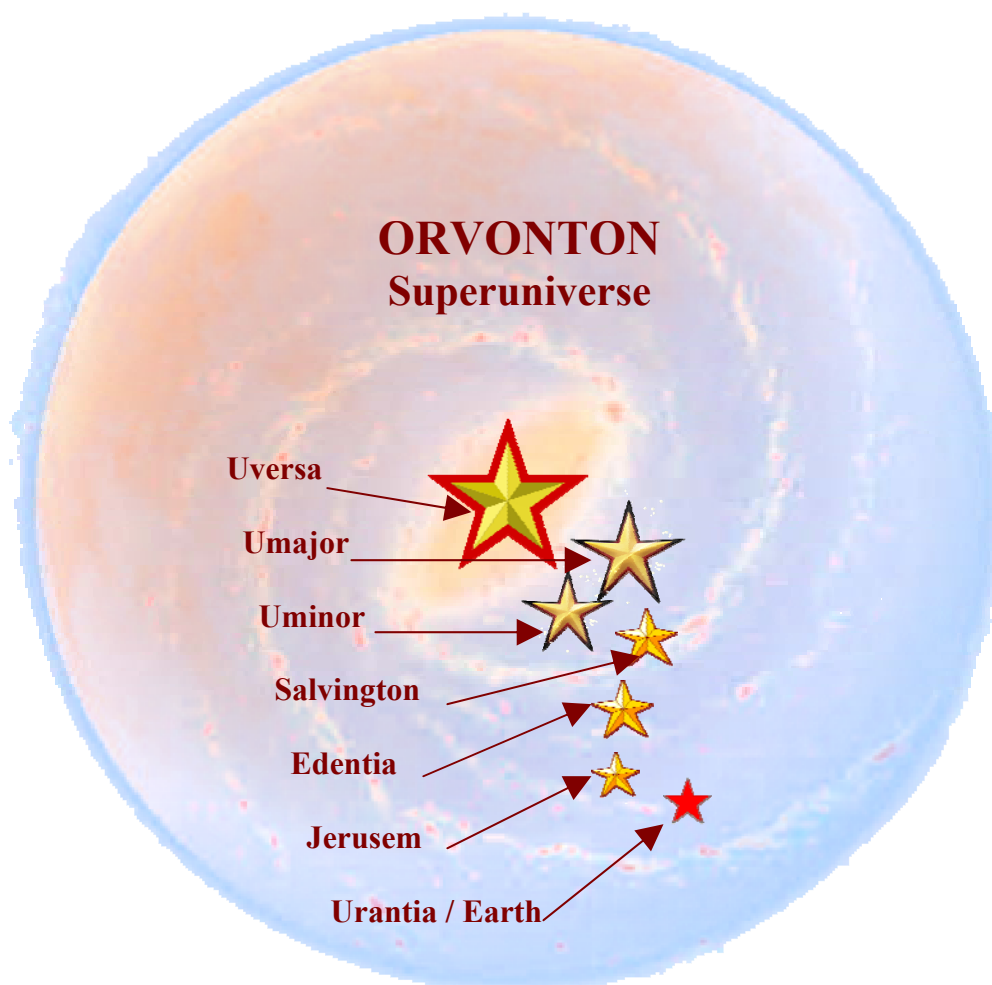
Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 of Earth are for those people who have to compensate for evil wrongdoing. And once done, they may then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.

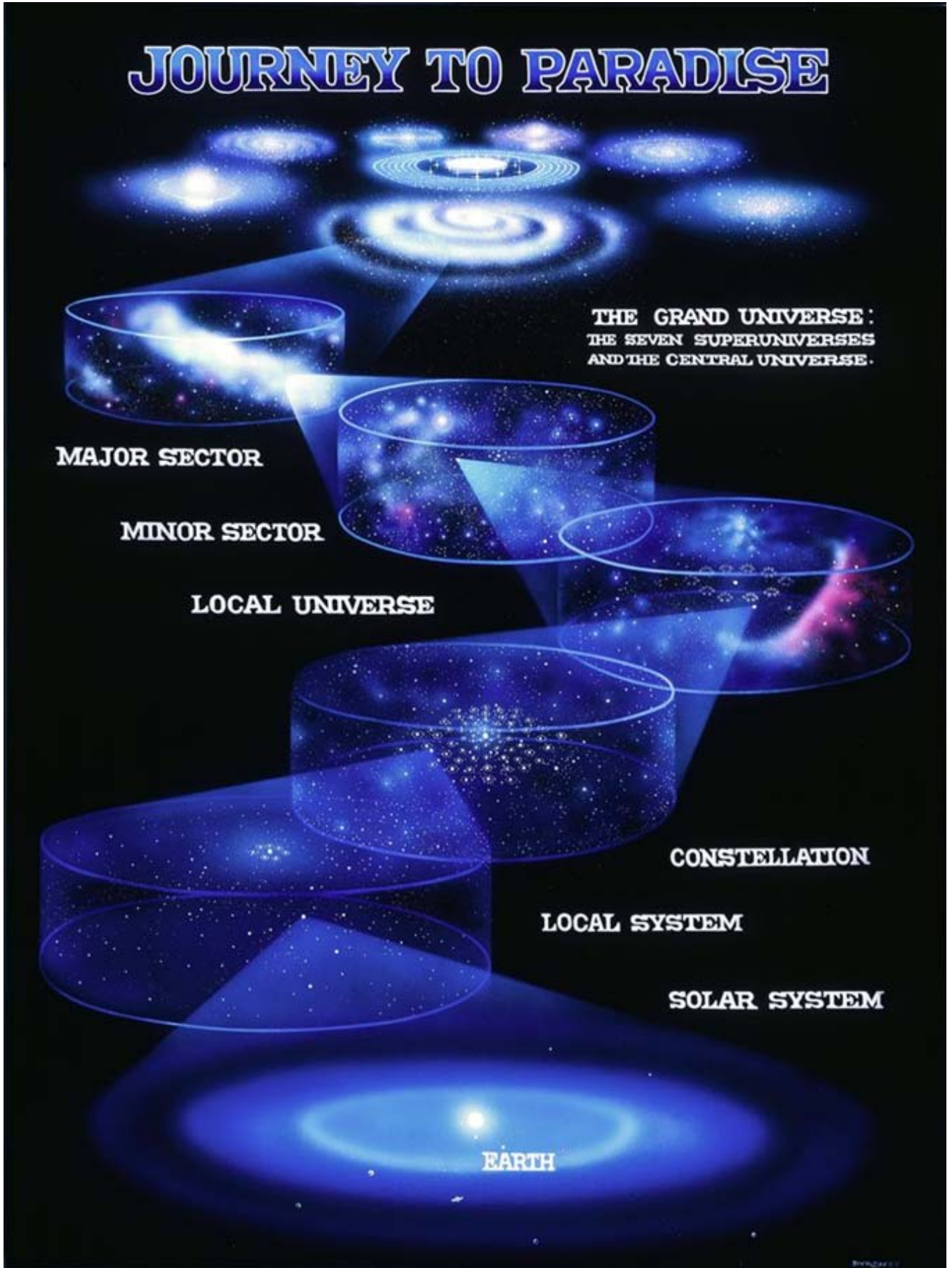


## ORVONTON Schematic Representation

<p><b>Our super-universe is named</b></p> <p><b>And each of the regions are also named, such as for those relative to Urantia (Earth):</b></p> <p><b>10 major sectors</b></p> <p><b>Each of which contain</b></p> <p><b>100 minor sectors</b></p> <p><b>Of which each contains</b></p> <p><b>100 local universes</b></p> <p><b>Of which each contains</b></p> <p><b>100 constellations</b></p> <p><b>Of which each contains</b></p> <p><b>100 systems</b></p> <p><b>Of which each contains</b></p> <p><b>1,000 inhabitable planets</b></p> <p><b>Thus our super-universe may have 1 Trillion inhabitable planets with currently one third inhabited. Most inhabitable planets are around the size of Earth, which is a little undersize.</b></p>	<p><b>Orvonton with headquarters being Uversa</b></p> <p><b>Splandon with headquarters being Umajor the Fifth</b></p> <p><b>Ensa with headquarters being Uminor the Third</b></p> <p><b>Nebadon with headquarters being Salvington</b></p> <p><b>Norlatiadek with headquarters being Edentia</b></p> <p><b>Satania with headquarters being Jerusem (Heaven)</b></p> <p><b>of which our local solar system holds Urantia (Earth)</b></p>
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# JOURNEY TO PARADISE



THE GRAND UNIVERSE :  
THE SEVEN SUPERUNIVERSES  
AND THE CENTRAL UNIVERSE .

MAJOR SECTOR

MINOR SECTOR

LOCAL UNIVERSE

CONSTELLATION

LOCAL SYSTEM

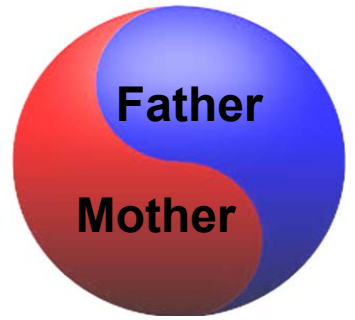
SOLAR SYSTEM

EARTH



# MUM & DAD THIS WAY

# GOD



HEAVENLY PARENTS



JESUS & MARY



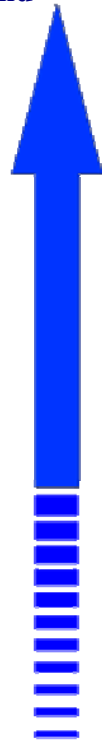
AVONALS



**I'D TURN BACK IF I WERE YOU!**



AVONAL PAIR



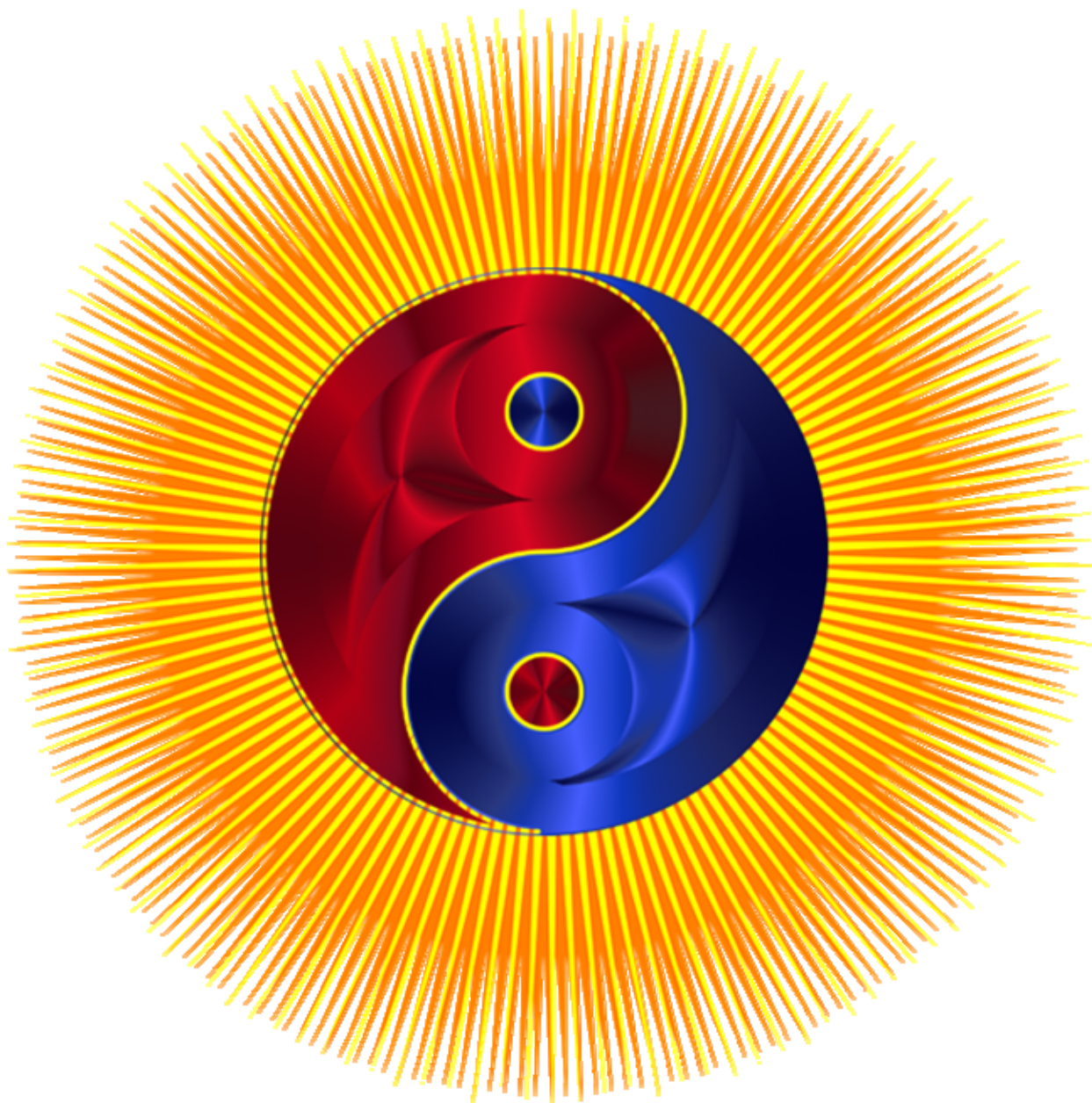
MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# Our Heavenly Mother and Father



# Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I'm not wearing a prison uniform – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

*We have come to this crazy messed up humanity on Earth because God wants us to come; we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!*



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

*We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!*

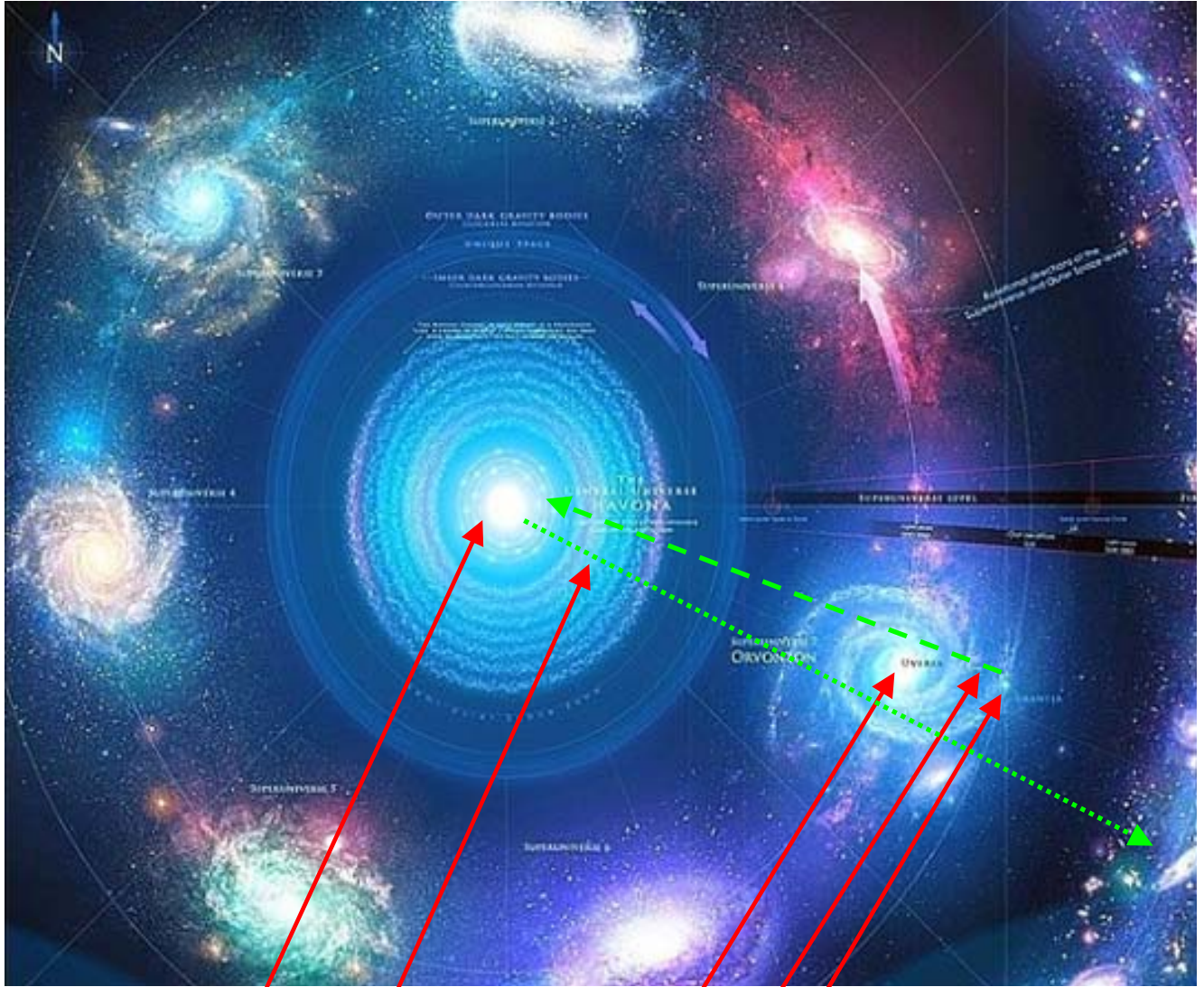


Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!

# Finaliters

## OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.  
Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise  
home of our  
Heavenly Mother & Father

Havona  
Ascendington

Orvonton – our Super Universe  
Nebadon – our Local Universe  
Uranta being Earth

# Finaliter, being what we become when we finally arrive in Paradise!

<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>			
<b>    The Urantia Book</b>	<b>1925 – 1935</b>		<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>    containing the Padgett Messages or Little Book of Truths</b>			<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>
<b>Available generally from:</b>			
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>	
<b>For Divine Love focused websites and forums:</b>			
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>		
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>		
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>		
	<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) .

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

### **PASCAS – document schedule.pdf      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

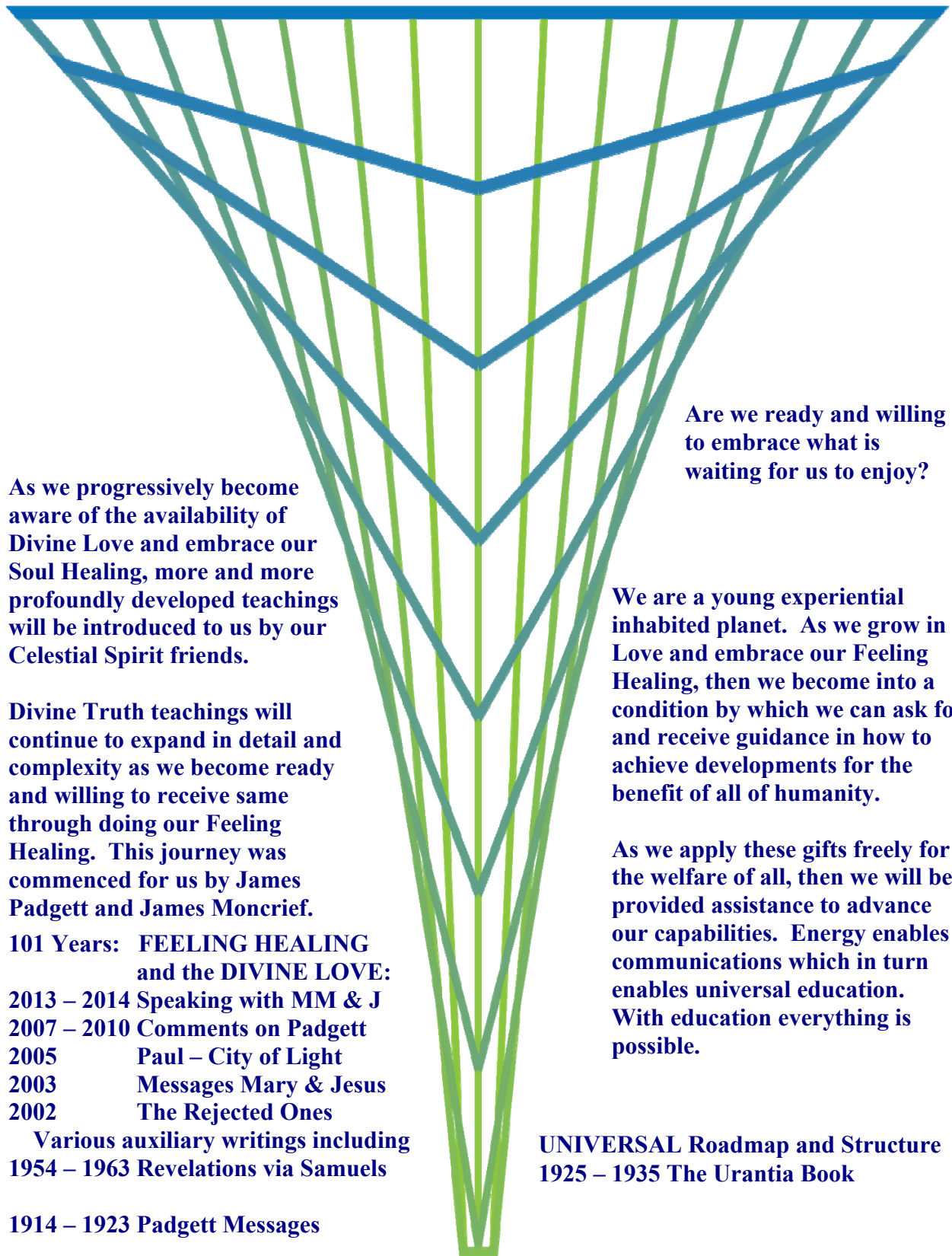
### **MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**



**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



A photograph of two young children playing in a shallow stream. The child on the left is holding a large, green, ribbed leaf over their head as an umbrella. The child on the right is holding a small fish. The background is a lush, green forest with sunlight filtering through the trees. The entire image is framed by a double blue border.

**Great Gifts through our Feelings are:**

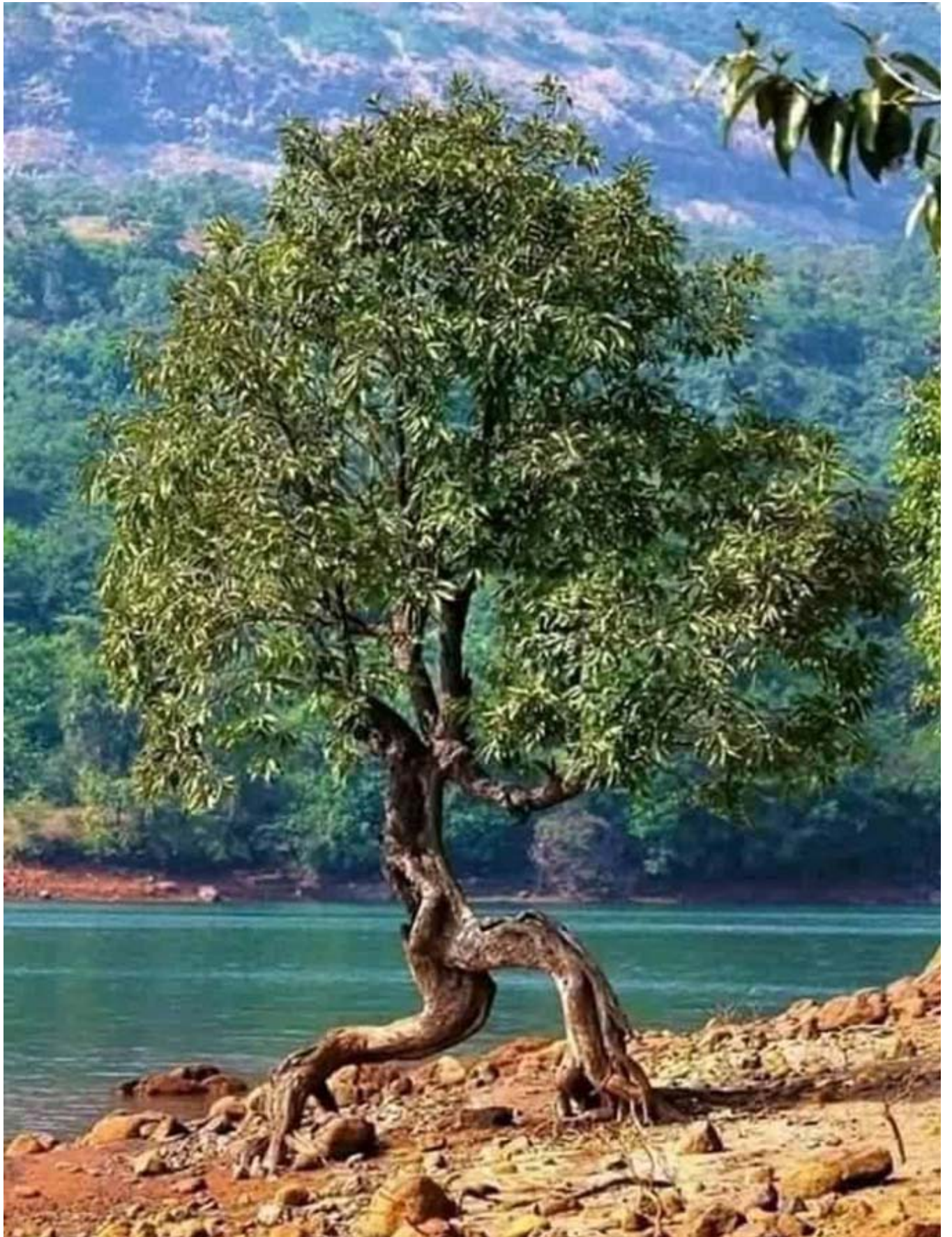
**The Awareness of our Heavenly Mother  
and Father**

**That our soul is a duplex – both male  
and female – one soul, two personalities**

**That Feeling Healing with Divine Love  
is our pathway to Paradise – our true  
home**

**Freely expressing our Feelings to a  
companion is expressing our true  
personality – the personality bestowed  
upon us by our Heavenly Mother and  
Father – our true Mum and Dad!**

**These are truths of living  
Feelings First Spirituality,  
The New Way**





# Healed potential



# Insightful Genius

*Brilliance!*

# DYNAMIC

# vibrant

perceived truth MoC 880 – relative truth potential MoC 1,480