

# PASCAS FOUNDATION (AUST) Ltd



PASCAS FOUNDATION (AUST) Ltd  
11 Crenshaw Court  
Parkwood 4214 Queensland Australia

ABN 23 133 271 593  
www.pascasworldcare.com

Bs +61 7 5594 0479  
www.pascashealth.com  
Em: info@financefacilities.com

11 November 2019

## My CUSTOMS, HERITAGE and NATIONALITY

We are a pristine and pure personality with incredible uniqueness. No other person has a personality the same as you. Our soul is the centre of our personality. Our personality is sacrosanct. We are to express our true personality at all times. To be in truth we are to allow our feelings to lead us in all that we perceive and then do. We are not only highly intelligent, we are extremely intelligent WHEN we allow our soul-based feelings to be our inspiration and guide. When we are our true selves then we are allowing and enabling our soul to fully express our personality that was given to us by our Heavenly Mother and Father.

## PERSONALITY



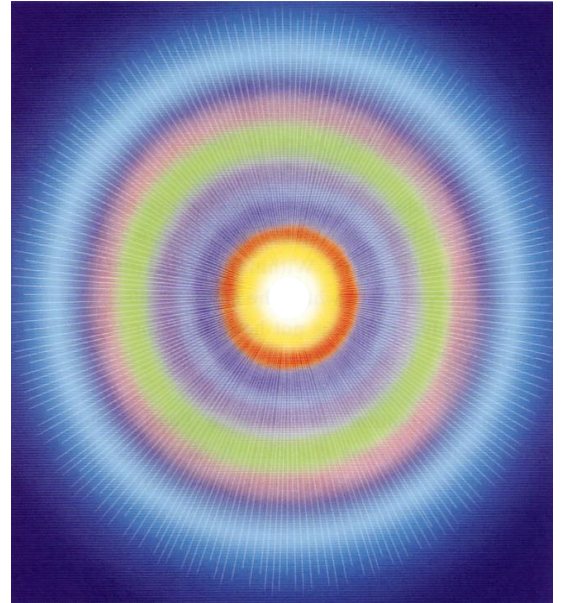
**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

In this series:

- Pascas Care Letters Live True to How You Truly Are
- Pascas Care Letters My Customs Heritage and Nationality
- Pascas Care Letters What are You
- Pascas Care Letters Journey of Earth's Humanity

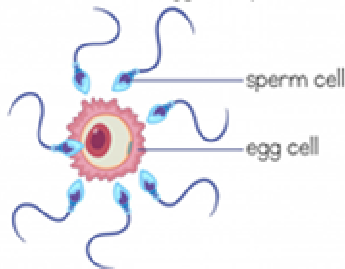
Our soul is existential. It is always in existence. It is through the process of our individualisation that our soul brings about the creation of our spirit body which is the template for our physical body. We experience our physical life through our physical body unaware of our spirit body and ignorant of our divine soul. Yes, we are divine however having a physical experience that is in rejection of our divinity. We are individualised into a physical life that is of the Rebellion and Default that was brought about by higher level spirits who succumbed to their egocentric natures of their spirit body mind.

At the moment of conception, the commingling of the male sperm with the female egg, we begin to absorb the errors and injuries that have impacted humanity for the past 200,000 years. We absorb the injuries of our physical mother and father and of those around us.

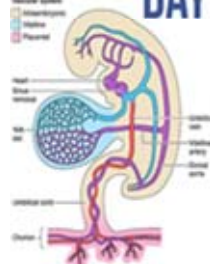


## ***We are to Find the Truth of our Childhood.***

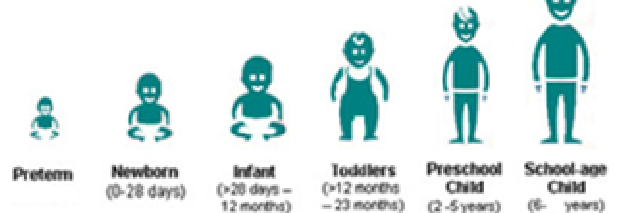
**Conception**  
Fertilisation (egg and sperm)



**INCARNATION**  
**HEARTPUMPS**  
**DAY 16**



**Childhood**



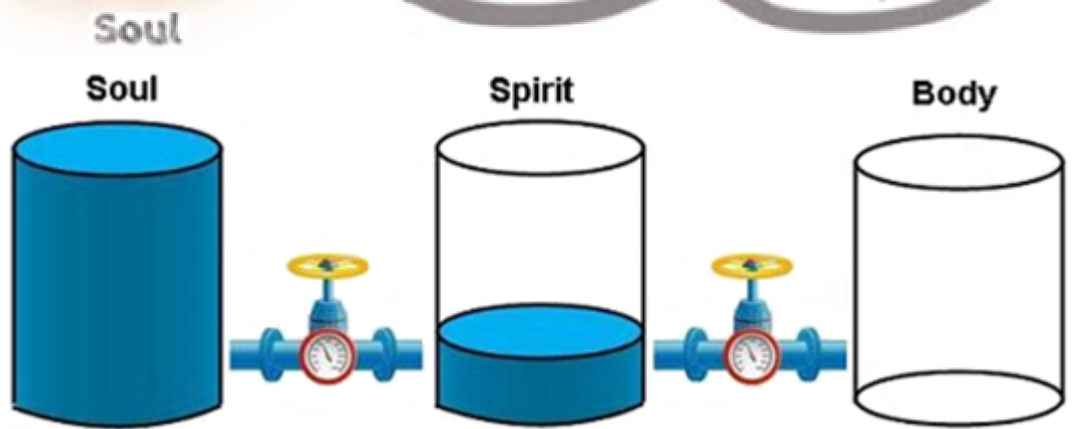
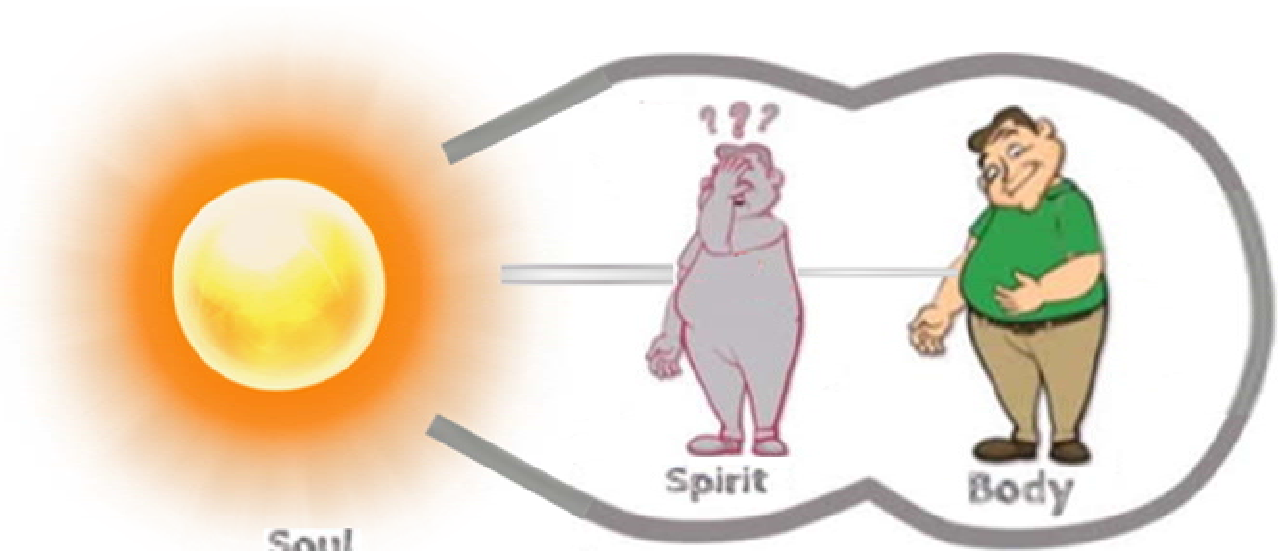
Our pristine soul is encrusted with errors and injuries that continue to be absorbed continually from conception through to around the age of six years. Physical incarnation takes place when the heart of the embryo commences to pump blood which is around day 16 after conception. The arrival of the Indwelling Spirit is during the child's sixth year of physical life. By the time of the arrival of the Indwelling Spirit the child has moved from its pristine state of purity that it had up to the moment of conception to be reflecting the level of injury and error of both parents, if not then that of either the mother or father.

Not only has the child absorbed all that its parents have imposed upon it to suppress its true personality, it has absorbed the culture, heritage and nationality issues that each of its parents hold.



**OUR MIND constricts OUR FEELINGS!**

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.





Our childhood suppression and repression is unrelenting and oppressive. Immediately at conception we absorb a mass of our parents injuries. This is not recognised by them nor understood by health carers throughout the world. If we, as the individualising personality, continue with the embryo to the time the heart commences to pump blood then at that moment we are incarnated – we have a physical body! Should the physical body of this newly forming body not survive to childbirth then we will become spirit born. As a spirit born we will be adopted to spirit parents and have a life in spirit that will provide similar experiences to that which was intended for us in the physical. Our spirit parents will not have healed themselves of their Earth incurred injuries at that time.

To further complicate our emerging life in the physical, we have our parents' customs, heritage and nationality convictions and erroneous patterns thrust in amongst their injuries.

Thus by the time our Indwelling Spirit arrives, whatever is emerging of our true personality from our soul is a mere aspect of the persona that we are presenting – and we are only six years old!

If our parents had migrated from another country, another culture, another heritage platform and then blended with the local ways of living, then we have greater complexity. It is interesting to note that those who migrate have a higher levels of dopamine (a pleasure-inducing brain chemical linked with curiosity, adventure, entrepreneurship) than those whose forebears who happily stay in their ancestral villages – thus national heritage is relative at best. If we have been adopted into subsequent families during our childhood then more complications!



### **DIVIDE and CONQUER!**

Throughout the history of humanity, particularly these past 200,000 years being the era of the Rebellion and Default, war between humans has prevailed.

Our patterns are all predicated upon our mind's addiction to control of others. And how to control other people is to divide them into ever smaller groups and bring about opposing natures. Even when nations collaborate with neighbours, it is always with varying degrees of tension.

As of November 2019 there are only about ten nations on Earth that do not have their military fighting a neighbour somewhere in the world. Syria has sixteen different military groups within its borders slaughtering each other!

Let us look at our local environment:

We have political elections. We set about to elect people to office to represent our community or electorate area in which we live. Step 1, divide the community into two – them and us. Step 2, elect them for a short period so that they do not have time to learn the job. Step 3, if they learn the job and look capable then shift them to an office in which they have inadequate experience. Step 4, if they are getting the swing of it then turf them out and put the other side in, they now being novices! Now who set that all up? They did a wonderful job at it. Well it is those people who stay on the task generation after generation. And these people have been guided and supported by low level mind Mansion World spirits being minions of the higher level spirits who imposed the Rebellion then Default on all of humanity.

Let us look at the religions. According to some estimates, there are roughly 4,200 religions in the world. The word religion is sometimes used interchangeably with "faith" or "belief system", but religion differs from private belief in that it has a public aspect. When one takes into account the subsets and branches and variations we then have 50,000 religions to choose from. Well hang on there – Truth is always the same! How did this diversity, this subdividing of communities come about? The platforms of each and every religion has emerged under the Rebellion and Default through the input of mind Mansion World spirits doing the begging of the higher level spirits who seduced naïve humanity to embrace their minds and not their soul-based feelings that are always in truth. Same pattern as for politics.

Our education systems. Our systems are always being amended, adjusted, revamped, becoming ever more expensive and yet all of humanity walks around in a stupor – with thumbs working at the micro keyboard of a mobile phone or electronic device. There is hierarchy – the student kowtows to a teacher, who submitted to a higher level educator who obeyed the directives of a professor who bows down to a dean. It is all about control. There is no free expression. There is no room for soul-based feelings and the true personality to flourish. Control which is structured through the mind Mansion World spirits influence.

Our employment. The deal is that you continually grow your level of productivity, you become enslaved through the cost of living, rent or housing mortgage and a host of must haves which only imprison us more into our isolation. Again we have our true self expression suppressed. Control dictates every facet of our existence.

Free our feelings. Women are closer to their feelings than men. So men were induced to make the female subservient to them. Should women fully embrace their feelings they will find their true freedom and end this male oppression. They will lead us through our healing and bring about the foundations for world peace.

Meanwhile to complicate things wonderfully, our customs, heritage and nationality are imposed upon our way of the mind. The truth is that our family based customs are entrainment to keep repeating the errors that have been handed down, generation after generation. Many look to their heritage as a core anchor and foundation of their true selves, however before you were born heritage was not part of you and after you die it will cease to be anyway. Nationality is a device to bring about separation – that mob as being against the other mob!

Our soul manifests two personalities, always one being a female and the other a male. Once both are healed of their childhood suppression and repression then they will find each and discover the great diversity of each other's personal experiences yet be compatible. Each soulmate / soul partner may have a life experience with very diverse backgrounds in colour and ethnicity.



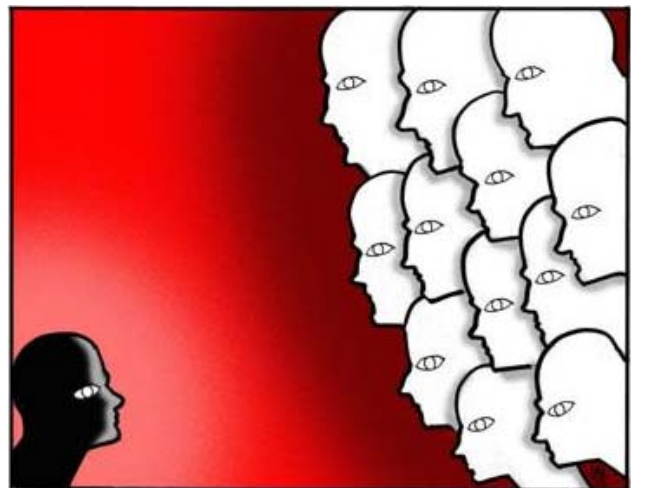
Here is an observation to consider as to how successfully we have been separated into ever diminishing sized groups. Humanity is of many colours. These many colours have generally pooled together, however are meant to inter-blend.

Should you find yourself to be confronted with a jury in a court process, what racial group or groups would you be comfortable with should all twelve jurors be of the same racial background? Which ones would you be totally opposed to?



This highlights how strongly nationality, heritage and customs have become imbedded within our persona – not being our true personality.

John's brother-in-law, Kevin from a rural community in central New South Wales, Australia, upon completing his Feeling Healing, met his soulmate, Kathaleen who is from the deep south in Tennessee, a black American. A salt and pepper soulmate pair!



We are a humanity with many, many imposed beliefs and customs that all are designed to suppress our soul-based personality. Through allowing our soul-based feelings to surface and have our minds engaged to implement what our feelings are leading us to embrace then we will finally find freedom and harmony. The truth we seek is within us all!





In this modern era we have many electronic aids in how to communicate with each other – these have been universally successful in separating us from each other. How many neighbours do you know within your own street? Within the two houses next to each other, that John had recently become neighbours of, are two young men, one aged 22 and the other 21 – he introduced them to each other. They had been living next to each other all of their lives and they did not know each other's name!

What is unfolding is the development of a great capacity to share information but it is generally taking us further and further into our minds and away from our true selves – our God given personality is being further and further suppressed. Our personality is for ever more being smothered by yuk – by error and untruth.

YUK

Many look to the religion that their parents have imposed upon them. We start off by accepting all that is imposed upon us mainly because our parents must have questioned all that needs to be considered – so we are good to continue on. We are sheeple!

**SHEEPL!**

What is a religion?

Religion is a set of beliefs, feelings, dogmas and practices that define the relations between human beings and the sacred or divinity. A given religion is defined by specific elements of a community of believers: dogmas, sacred books, rites, worship, sacrament, moral prescription, interdicts and organisations. The majority of religions developed from a revelation based on the exemplary history of a nation, of a prophet or a wise man who taught an ideal of life.

A religion may be defined with its three great characteristics:

- Beliefs and religious practices
- The religious feeling i.e. faith
- Unity in a community who share the same faith: the Church. It is what differentiates religion from magic.

The study of existing religions (and ones that have disappeared) shows the universality of this phenomenon and a very large variety of ritual doctrines and practices.

<http://atheisme.free.fr/Religion/What-is-religion-1.htm>

It is now recognised that 98% of the beliefs within all religions are the same. Yet, humanity has found the need to create some 50,000 different religions. Yes, a religion is recognisable by it being structured with sacred books, dogmas, creeds, rites, particular styles of clothing and membership, however, control through an hierarchy dominates and leadership is frequently the exclusive domain of men.

A common bond is “the fraternity”. We are not meant to be alone. We are to support each other, we are to interact with each other. This is the only aspect that is aligned with “Feeling Healing”. Women are closer to their feelings than men and women are truly our spiritual leaders.

It is of profound importance to recognise that any religion founded under the perceptions of the Rebellion and Default, is taking us further away from our feelings and deeper into the controlling natures of our wayward minds, and further away from God. That encompasses **all** religions as the Rebellion and Default has encapsulated humanity for the past 200,000 years. No current religion has ever stepped out from under the Rebellion and Default because the guidance and authority has not been previously available or provided to humanity. How could it then be any other way?

The outward trappings of religion have very little to do with spirituality (true spirituality is growing in truth and consequently love...potentially infinitely) and much more to do with the ego and greed of the controllers. This is the driving force as to why we have 50,000 religions.

**FEELINGS FIRST SPIRITUALIY, THE NEW WAY**, it's like finding your own personal religion.

Feeling Healing is a difficult process to say the least. We will all undergo this process, be it here on Earth in the physical or later in spirit. Whenever you consider then it is the right time to commence your Feeling Healing, it is optimal to have a companion with you to assist you on your journey. Thus, a fraternity may emerge, and in this way, people may come together in small groups, even just two, and in this way assist each other. We are to express our feelings, both good and bad, and this is best achieved with a friend.

In this way, Feeling Healing may be looked upon as a fraternity. However, there is no hierarchy, there is no membership, and there is no control. This is all about you with your Heavenly Parents, our true Mother and Father. There are no intermediaries, no dogmas and no rituals, nothing of a controlling nature.

Feeling Healing and Soul Healing, being Feeling Healing with Divine Love, are ways of living. They can be embraced by anyone at anytime without impeding upon any spiritual or religious platform that one may be embracing – though it will bring you to question everything and long for truth.

It is all about you discovering the truth that is within you, your soul based truth. This is what the Great U-Turn is all about.

We look for what is Divine or Sacred.

Divine is of our Heavenly Parents, our true Mother and Father. We are not conceived or born with a divine nature, we are of natural love. However around the age of six years our Indwelling Spirit arrives. Our Indwelling Spirit is an aspect, a very minute aspect of our Heavenly Parents. Our Indwelling Spirit is Divine. We can communicate with our Indwelling Spirit – talk to it and you will feel its answers. When you long for truth, allow your soul to respond through your feelings, your feelings are always in truth as your soul is always in truth. Your soul is also supported by your Indwelling Spirit and in this way you are connecting to and interacting with Divinity. This is why there is no need for intermediaries! All that is Divine is available within you. You do not have to search further. We are all fully self-contained. When you long to talk to your Heavenly Parents, your true Mother and Father, it is through your Indwelling Spirit that this occurs – they are always with you through your Indwelling Spirit.



Allowing your feelings to be your guiding voice takes some development. Our minds are very powerful and have manipulated and controlled humanity all of these past 200,000 years. We frequently hear and see people invoking the will of God – god be willing! In conflict they invoke for victory – god willing! This is the mind in absolute control. God is impartial – never participates in humanities games of slaughtering each other!

Many have their sacred icons and artefacts that they hold very special within their hearts through family customs and practices handed down through many generations. These are the outcome of customs and practices that minds have developed through years of adherence. Ancestry has energised their beliefs and what is worshipped by holders of these beliefs brings about further individualisation and separation from others.



Communities consider holy certain books or scriptures as well as people in high positions. What will now come to be revealed is the truth behind those writings and their teachers. Through the absolute free reign of mind spirits from the Mansion Worlds 1, 2, 4 and 6 throughout all of the 200,000 years of the Rebellion and Default, ALL spiritual platforms have been subjected to and teaching the adherence to the Rebellion and Default, taking their constituents further into their minds and away from our Heavenly Parents, our True Mother and Father. Under the Universal Contract governing the Rebellion and Default, Celestial Spirits have not been able to guide us UNTIL the cracks in the Universal Contract were sufficiently exploited and higher level spirits had progressed with their healing of the Rebellion and Default. On the 31 January 2018 the Rebellion and Default was formally ended.



The writings of James Padgett (Padgett Messages) 1914 – 1923 is the first time that Celestial Spirits had been able to commence to introduce Truths to humanity even though still restricted by the restraints of the Rebellion and Default. The Urantia Book (TUB 1925 – 1935) continued on with foundation writings for what is now unfolding. James Moncrief writings commenced in 2002 and include the revealing of Feeling Healing and much more. Now that the Rebellion and Default is formally ended humanity is now able to be directly assisted by Celestial Spirits should we embrace Feeling Healing and the Divine Love of our Heavenly Mother and Father. The flow of truth and guidance from the Celestial Heavens will continue to escalate which will bring about the new spiritual age – the Avonal Age.

What will become progressively understood is that which has been held as holy will be found lacking and misleading. People will come to realise that they have been going in the wrong direction and now

they have the opportunity to put aside the distractions of customs, heritage and the boundaries of nationality – participate in the Great U-Turn and embrace Living Feelings First.

What is held holy and sacred, being beliefs, feelings, dogmas and practices that define the relations between human beings, that which are the foundations of given religion such as dogmas, sacred books, rites, worship, sacrament, moral prescription, interdicts and organisations have all been assembled within the constraints of the Rebellion that took place some 200,000 years ago and was compounded by the Default of Adam and Eve more than 38,000 years ago. The influences by mind spirits from Mansion Worlds 1, 2, 4 and 6 were and are adherents to the rebellion higher level Lanonandek spirits lead by Lucifer. Until very recently Lucifer and his deputies have had free reign to do as they pleased. That has now ended. Now humanity is going to be hugely destabilised by the huge and comprehensive body of deceit that it has swallowed hook, line and sinker and just how all embracing the error of living through one's mind is. Every institution and system on the planet is to and will collapse, is to be torn down and the way humanity is to live – Feelings First – adopted into every aspect of our lives.

**FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:**

**The rebellious Lanonandeks from within our local universe are these soul partner pairs:**



**Lucifer pair**  
**Arrested and imprisoned 26 CE**



**Satan pair**



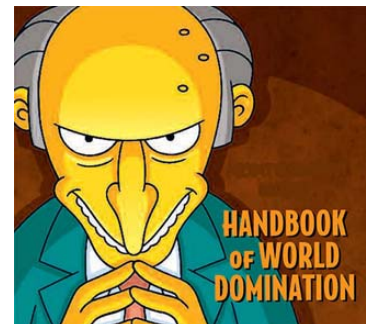
**Caligastia pair**

**Arrested and imprisoned early 1990s CE**



**Daligastia pair**

A representative situation: They (many being Ashkenazim Jews and mainly people not having heritage links to Israel) needed to be recognised by the West as the true Israel of God (Lucifer in this case) in order to keep the populace of the Christian Empires mollified and agreeable as they endeavoured to steal the “Holy” Land, which from a religious standpoint was mostly controlled at the time by the Catholic Church / Empire thanks to its many crusades to unseat the “infidel” Muslims.



So what is the relevance of holy – spiritual – sacred – saintly? What is holy land, a holy shrine, a holy book, a sacred scripture, a canonised saint? What is a truth and what is true? What are we to believe and how do we determine if what we are reading or being told is truth?

We, as parents, believe that we bring our children up in the most loving way possible. What we do is suppress their true personality and make them addicted to their minds which cannot discern truth from falsehood, is addicted to untruth and also to control, control of everything within its environment and of other people. Then we launch the child into the controlling education systems, a religious institution that is all about control of its congregations, then employment that is all about control for profits and enslavement of employees due to housing, education and other mortgage debts, all of this overseen by a controlling government that perpetually introduces more and more controls and laws.



**EAT HUMBLE PIE**

We are all indoctrinated into universal systems, customs, heritage and nationalities with mind controlling ways that are anti-truth, anti-love, anti-creation, anti-God and have then become unloving parents now to be introduced to Truth, with the means of determining truth through the simple use of kinesiology muscle testing and much more importantly, through our feelings that are soul-based, all of this when the World is confronted by the potential of a Pole Shift that occurs like clock work every 12,000 to 12,500 years.

Yes, this introduction to truth has been thousands of years in the making.

Lucifer, as a higher level spirit of the Lanonandek group, was appointed spiritual oversight of our system called Satania some 500,000 years ago. Satania has 1,000 inhabitable planets of which Earth is one of the younger planets in its outer region. 200,000 years ago, Lucifer rejected the existence of God and the leadership of the Creator pair, namely Jesus and Mary. He, with his lieutenants all being Lanonandeks, brought about 37 physical humanities to follow them into Rebellion.

Earth has had five bestowal pairs – higher level spirit soulmate pairs – incarnate on Earth. Daligastia with his soulmate, being one of Lucifer's lieutenants, a Melshizedek pair at much the same time, and later the Admaic pair, Adam and Eve. These all being from our local universe called Nebadon which is lead by a Creator Pair from Paradise. The Creator Pair, Jesus and Mary, incarnated 2,000 years ago to complete their obligations to achieve full regency over Nebadon. Upon Jesus achieving his right to full regency he had the Lucifer and Satan soulmate pairs arrested and imprisoned on a spirit world. He also introduced the availability of Divine Love throughout the local universe of Nebadon and opened up the Celestial Heavens throughout. For Earth he also opened up the Divine Love Healing Mansion Worlds numbered 3, 5 and 7. For the past 2,000 years the numbers of healed spirit personalities from Earth have been progressively increasing to a level that they can now take over from the mind Mansion Worlds spirits. There are presently more than 200 billion spirit personalities in the mind Mansion Worlds and around 30 billion healed spirit personalities in the three Celestial Heavens with more arriving every day.

The present bestowal of the Avonal Pair has brought about the arrest and imprisonment of the remaining two rebellious Lanonandek pairs, Caligastia and Daligastia, in the early 1990s. Progressively as the Avonal Pair have healed what they have taken on of the Rebellion and Default, milestones have been reached and now the Rebellion and Default has formally ended on 31 January 2018. More milestones will follow.

Only bestowal pairs from Paradise, the home of our Heavenly Mother and Father, have Spirits of Truth that they can release to assist the humanities that they oversee. Thus the Spirits of Truth of the Creator Pair, Mary and Jesus, assist all the humanities of our local universe, Nebadon, in their progression through the Celestial Heavens and out of Nebadon. It is the Spirits of Truth of the Avonal Pair that assists only the humanity of Earth through their healing of the Rebellion and Default.

NOW humanity can heal itself of all the imposts of the Rebellion and Default and that is what is presently unfolding. It is highly confrontational and difficult but this is the first time in the history of Earth's humanity that we can heal ourselves and live life on Earth in a Celestial soul condition. For those who do heal themselves they will be able to communicate directly and easily with Celestial spirits, with their personal angels – we have two with us always, with their nature spirits – we have two with us always, and our Indwelling Spirit. With all their help we may be relatively protected from the issues of the Pole Shift and the Earth Changes that we are beginning to experience.

Post Pole Shift, it will be these healed personalities that may enable humanity to experience the 1,000 years of peace that the Avonal Age may come to be known to represent.



There is a great deal of truth throughout all revered writings, customs and accepted practices. However there are unknown and fundamental errors throughout that are elusive and difficult to recognise. As well as the many later inputs that that have brought about greater distortions that are subsequently compounded by further assumptions injected by erroneous minds even with their best of intentions. It is only now that gross errors have been pointed out to us by Celestial spirits. Further, through utilising kinesiology muscle testing in the way introduced by Dr David R Hawkins and his Map of Consciousness scale that we can readily investigate every point and detail for accuracy and truth. However the greatest aid that we now have is to allow our soul-based feelings to guide us in our consideration of any information that we review – through our feelings.

### **Spiritual**

The veil between the physical and the Celestial Heavens is opening. The Celestial Heavens is in contra-distinction to the mind Mansion Worlds. Those spirit personalities who are living within the Mansion Worlds are still engaged and submitting to their minds. By and large they know nothing more that we do here within the physical. Generally speaking you may be relaxing at your local bar and chatting to the person next to you – that is the typical level of advancement that mind spirits have achieved when they interact with you in the physical, for those who are sensitive to their communications.

However, those spirit personalities that engage in their Feeling Healing with Divine Love and progress through the healing crying worlds being Mansion Worlds 3, 5 and 7 and then progress into the first of the three Celestial Heavens undergo a massive transformation through their personal development. A Celestial living on Earth in the physical would be readily recognisable as a world leader of truth and love.

Nanna Beth, 3<sup>rd</sup> Celestial Heaven – 12 August 2017: **The more you can let go and simply allow your feelings to be the dominant force in your life, the easier life will be for you. And your mind will eventually give up trying to control, and that too will ease so much stress and pressure making things even easier for you. However that means you do have to confront and deal with all your fear and the worry of not knowing what is going to happen, yet once that is all expressed out of you, then you'll see you can easily live life not needing to know such things about the future, and life being lived this way feels infinitely better.**

**We are to hit a brick wall – head first – at speed!**

You could say that interaction with Celestial spirits is a spiritual way of life. For those who open themselves to the availability of Divine Love AND engage in Feeling Healing will begin to live a spiritual life. Should you complete your Healing while living here on Earth then you will become Celestial in nature and consequently Divine – Immortal. Your truth will be Divine. Throughout the one million years of humanity's existence on Earth no one has healed themselves. That is about to change.



The process of Healing all of the imposts of the Rebellion and Default can be likened to hitting a brick wall. Nothing will remain the same. None of what you have held sacrosanct and in truth will remain – all that we hold true is founded on the erroneous precepts of the Rebellion and Default.

All our customs, our heritage and nationality anchors will dissolve and become irrelevant. They were all imposed upon us to keep us away from truth, the truth of our true selves, the truth that we are children of our Heavenly Mother and Father and that they have endowed us with a unique personality that we are to free from all the encrustments of the Rebellion and Default and express our true personality.

Not only is it the end of the Rebellion and Default, it is also the end of all our ways of living and the availability of endless distractions from finding our true selves. You will come to realise that the ever escalating Earth changes will bring about the end of availability of our earthly distractions.

If there is one single factor that you see that has to be undone – it is Control over you is in every moment of your physical existence, from conception through to burial! Our personal addiction to control is all encompassing as well. All that we are to recognise and embrace are our soul-based feelings – and engage them.

# CONTROL

Many insightful people have been ever so close to understanding how we are to live and heal ourselves, however not one of them had the high level spiritual authority to put all that is required to be understood and adopted into practise and teach it – until now!

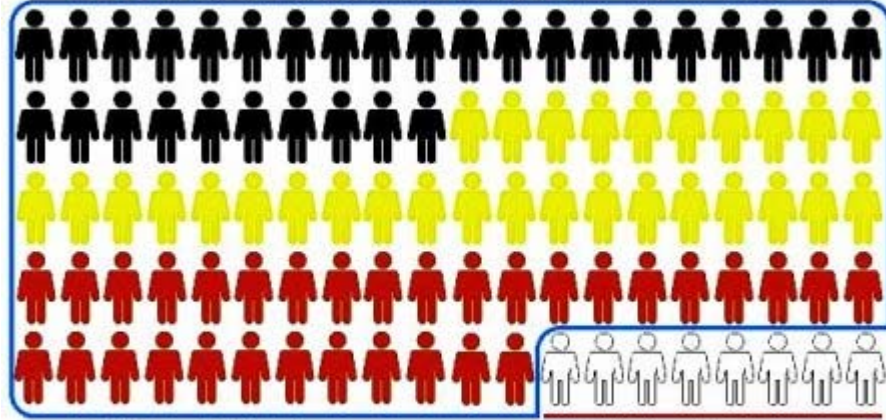
**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!



993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian sea, reaching Tasmania – Australia’s south, 950,000 years ago!



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!



Adam and Eve materialised on Earth more than 38,000 and introduced the remaining colour, violet (white). As you now can see, there are no black or white people!



Earth’s humanity has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!





Let your Brain go and  
become a



# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

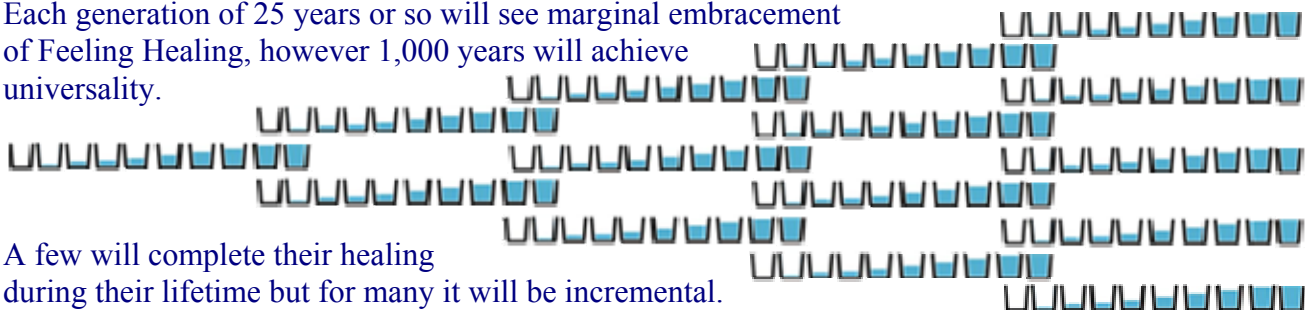
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.

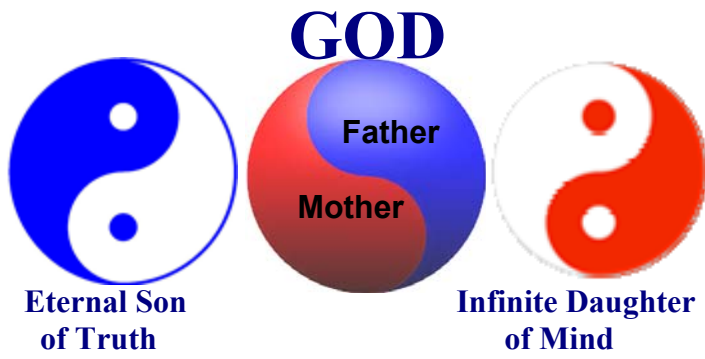


Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Spirit Person

Nature Spirit

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.



A nature spirit is an angel in waiting.



In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.

## **EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!**

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soulmate / soul partner pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.



## HALF A QUID



## FULL QUID

KING &  
QUEEN



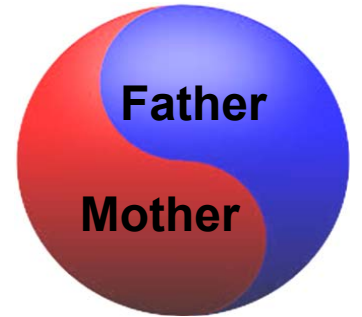
SOULMATES

### The Great Truths:

- God is Soul, being Mother and Father;
- that each individual soul is a duplex – both male and female;
- Feeling Healing with Divine Love is the pathway to Paradise;
- and that the Divine Love is freely available for all to receive.

# MUM & DAD THIS WAY

## GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

MARY & JESUS

GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

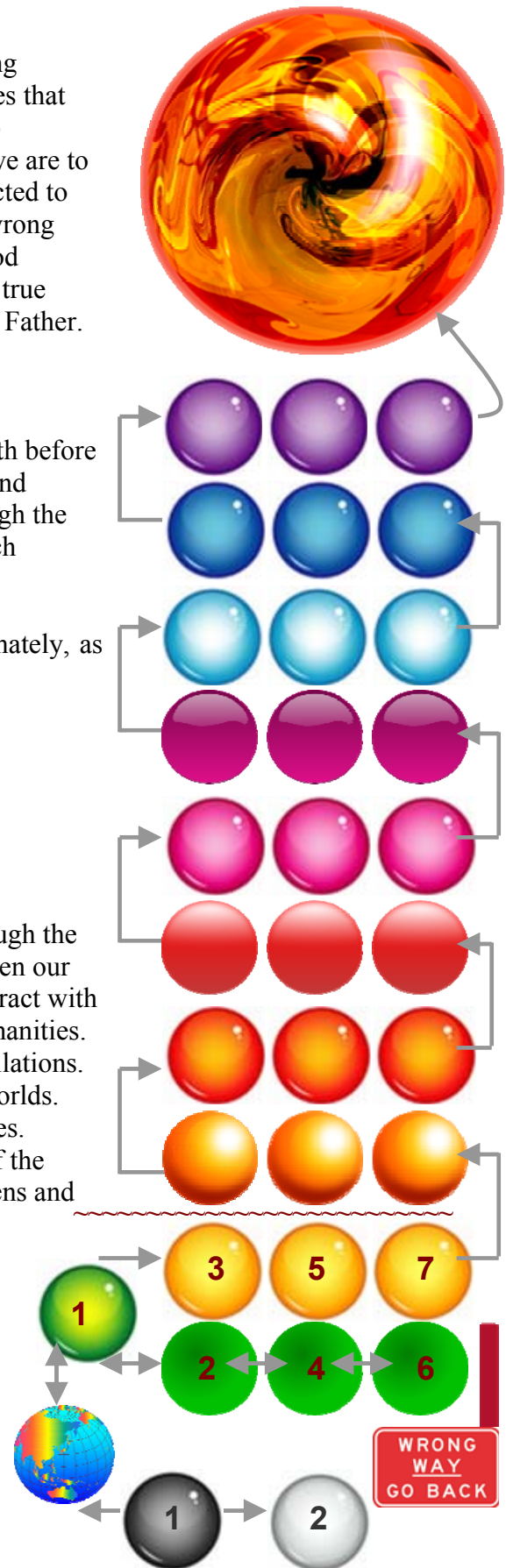
Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into Havona which circulates around the Isle of Paradise, being home.

Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Our Creator Daughter and Son, Mary and Jesus, lead us through the Celestial Heavens for the system (Satania) that Earth is in, then our constellation and then out of our Local Universe. So we interact with 10,000,000 physical worlds of which 3,840,101 are with humanities. Infinite and Universal Spheres – we interact with 100 constellations. Eternal Spheres – our soul group now interacts with 1,000 worlds. Celestial Heavens – we are still to open up to other humanities. Our Avonal Daughter and Son lead us through our healing of the Rebellion and Default and into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

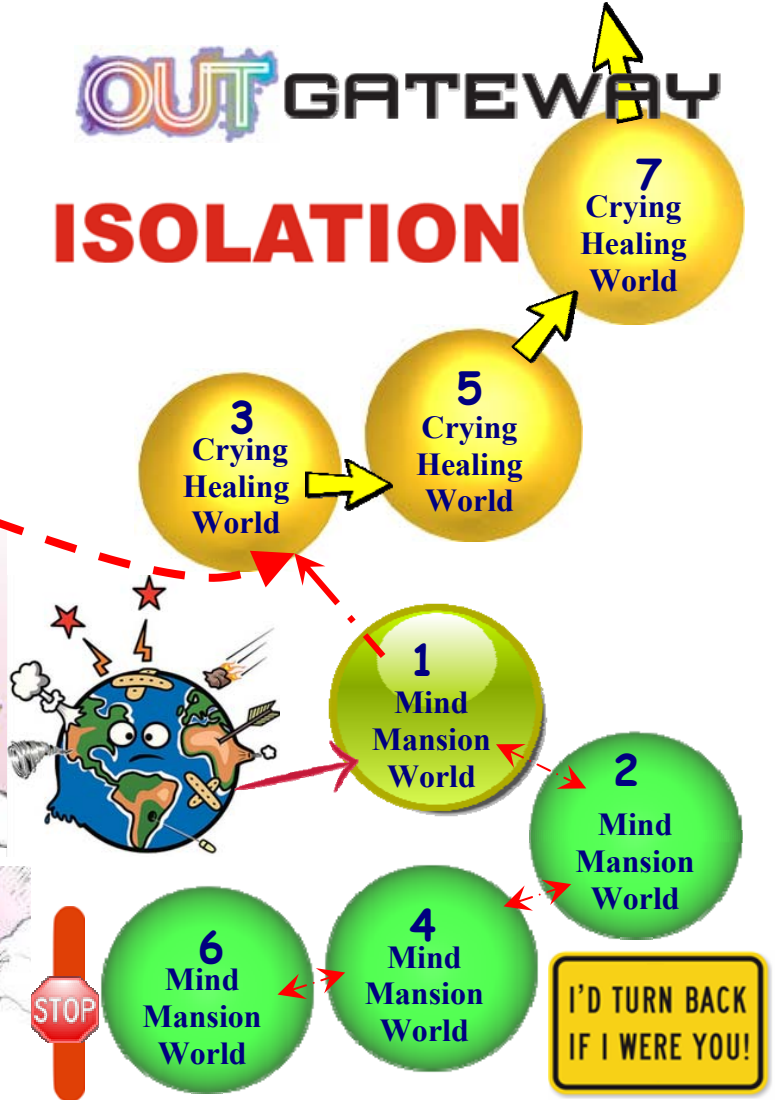
Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



Our Spirit Friends on duty



# OUT GATEWAY ISOLATION



I'D TURN BACK IF I WERE YOU!

# Mind Mansion Worlds of Natural Love

**Mansion World One:** We ALL arrive into Mind Spirit Mansion World One upon the death of our physical body. Just the general confusion of spirits living their wrongness the best they can, trying to not be bad, trying not to hurt others, thereby staying out of the hells and lower Earth planes. The Law of Compensation ‘persuades’ you not to even think about harming another person.

**Mansion World Two:** Starting to work more with one’s controlling mind, with the focus being on Service, you are to use your mind to be more loving, to help selflessly others, to put others before yourself, to not want for yourself, only wanting the good and betterment of others. And to have loving thoughts, to not think badly of anyone, to keep ‘being good’ in your mind at all times. To think positively, to use your mind to control your feelings so as to make yourself be happy, to bring your full success out, to celebrate your god-given gifts, all for the good and benefit of all.

**Mansion World Four:** This being where ‘self help’ approaches fit in. It being where you’ve had enough of being of Service, giving yourself to everyone else, and decide that you have to start looking more after yourself. So you look to working more closely on yourself, you still have bad feelings so you set about working to resolve the emotional issues through whatever means you can. And they involve emotional releasing / clearing through some level of feeling-acceptance, as you can’t get rid of them that easily, yet overall you’re working to bury them once and for all, so deal with all your memory processing, deal with your traumas, do all your massive forgiving, which sets you up in a power position because you are the great one forgiving everyone – those people who did wrong by you, so you feel more in control, freeing yourself from your controllers, telling them – you are forgiven, giving them your blessing, feeling you no longer need to be bound into those patterns, and feeling like you’ve found and are bringing out more your True Self, your true self which I reckon is more of the spirit you that’s deeper in your mind control.

**Mansion World Six:** This is where you put it all together, you’ve achieved mind ‘ascendancy’, the perfection of your negative mind-controlling state, specialising in your area of interest, being in bliss and true love and happiness – all mind derived, all of which is resulting from your mind saying you are at-one with Source, God, Soul, whatever the term, which is just your own controlling mind. Your mind is god, and it’s calling the shots, keeping all your repressed feelings away, without you having to address any personality imperfection resulting from your bad parenting. Because you believe you’ve fixed all of that, you no longer have bad feelings within you, you’ve forgiven the evil ones in your life, you’re now wholly in control making your reality be as you want it to be through your mind.

Part by James – 19 August 2018





# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the 'hells' compensating for the pain they have caused others. Many continue their 'mind worshipping'. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY

Transitioning into the Celestial Heavens is also out of:

## ISOLATION

# OUT



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

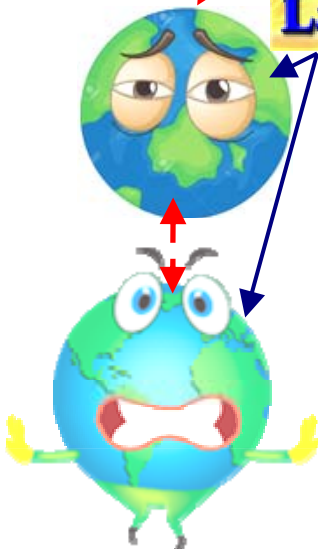
## Law of Forgiveness



## Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor 'hells' are the lower levels of the 1<sup>st</sup> mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> mind Mansion World, all then to consider your Feeling Healing.

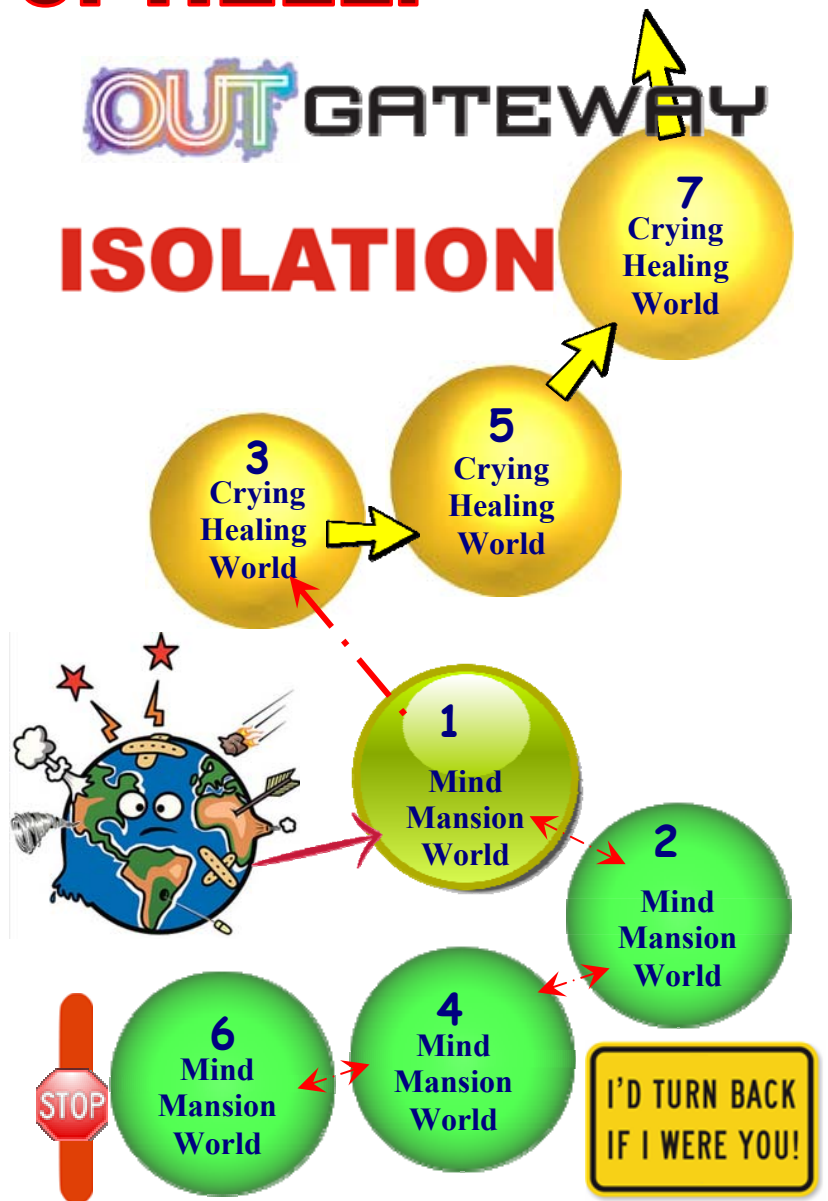
# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so, may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.

**EDUCATING about FEELING HEALING**

Sunday, 27 October 2019

James: When considering schools and other people that are being talked to and presented them with the Truth, here are some of the main elements that might be useful should one be exposed to or wanting to live Feelings First.

Perhaps a program could be designed to introduce children to it and take them progressively deeper into understanding themselves as they grow up, with a condensed version for adults who want to do workshops, or a Feeling Healing study course for Chaldi College.

**Feeling Awareness.**

There are two extremes which Marion and I are coming from; and everywhere else in between.

*Feeling Aware*

People who are feeling aware, in that they have always been aware of their feelings, it being part of how they grew up, or they've come to be more aware of them through self-help, therapy or just life.

Marion was completely aware of her feelings since the earliest she can remember. Mostly they were bad ones, like wanting to kill herself because she felt so bad and that no one cared about her, no one loved her, no one positively related to her, from as early back as she can remember. She was aware of feelings, feeling them intensely, and looking at other people feeling and expressing their feelings. Her problem was she wasn't allowed to express them, with her Healing being one long acceptance and understanding that she can express them now, breaking through all the barriers put in place through your childhood that stopped her showing them.

There are lots of people aware of their feelings, with varying levels of being able to express them.

*Feeling Unaware*

I came from the opposite side, being completely feeling unaware. Feelings weren't part of our family discussion. Only if I felt physically sick were I to express those feelings so the doctor would come or we'd go to him. In my early thirties I was told I was depressed, and it was a major revelation: that was what was wrong with me! I knew being scared and unhappy, but that was it. So with Marion it was learning about identifying my feelings – that feeling is misery, that feeling is humiliation and so on, to being able to accept that I had them and then to express them.

So possibly adults, and children, would be taught about their feelings, what each feeling is, why they have them, mock situations that make them feel our different feelings, discussion about them: I had this feeling at home when mummy said or did...

And education about how important feelings are, and how good, necessary, and vital to our well being, it is to express them, and not suppress, reject, deny or repress them, as that makes us sick and makes our mind have to take over which can cause us problems.

And to include the ramifications of expressing feelings or words that might hurt other people, and why they will, and how to be sensitive and respectful in relating to oneself and others on the feeling level.

And then the differences between the mind approach and feeling approach to life.

### **Information about our Feeling Denial.**

To introduce why humanity moved to become more feeling denying – bringing in the control from the Higher Spirits, information about the Rebellion and Default.

Information about the bigger picture and how we are all living the Rebellion by Default. How that applies in our daily dysfunctional and disconnected lives, all because we're not living true to our feelings.

More about how we get sick because our feeling denial.

How we can end our Rebellion by Default is doing our Feeling Healing.

### **Feeling Healing, and living Feelings First.**

Introducing how we're to live truly: living true to our feelings; and if we can, we'll naturally live life as God wants us to.

The importance of living with our feelings to uncover the truth of ourselves.

The importance of longing for the truth, how it happens, what it's like when it comes, how to use our feelings to do it.

How the truth comes and we live it, rather than living a set of imposed beliefs with our mind.

What Feeling Healing involves, how it will affect you, other people, your family relationships – what to expect. How difficult it will be to do it, how much help you might need, or that you can do it by yourself.

More about the benefits of doing it, such as not passing your yuk onto your children.

yuk

Becoming Celestial on Earth. Or starting it and finishing in spirit.

### **The Actual doing of it.**

Personal Healing experience.

**Feelings first**

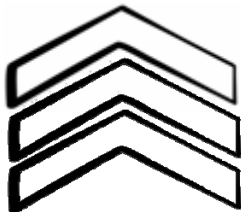
**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

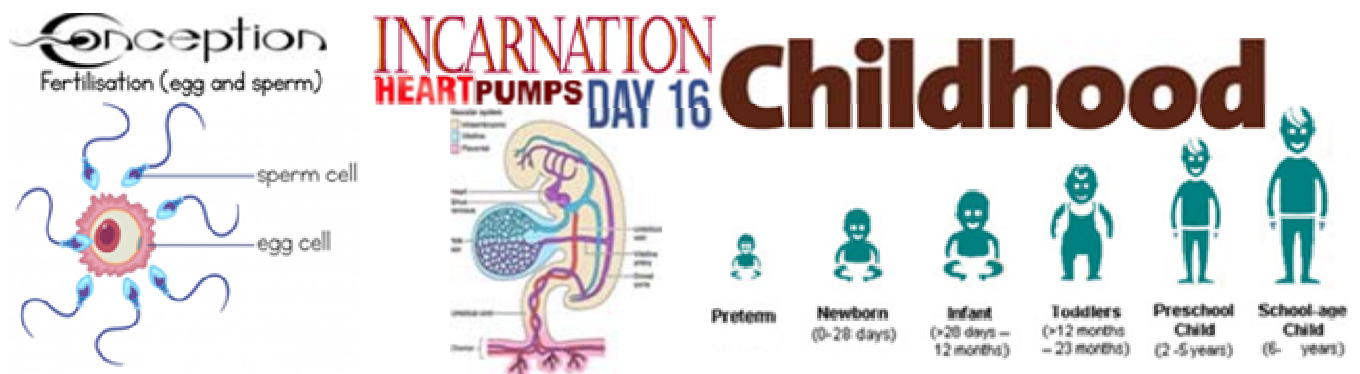
# We are to Find through our Feelings the Truth of the Rebellion and Default.

Tuesday, 17 September 2019

## We are to find through our feelings the truth of the Rebellion and Default.

The truth of our personal rebellion by default. The truth of how we've been subjected to them, taken them on, and live them. The truth of how they make us feel being subjected to them; and the truth of how they make us feel being them.

The other day I said we are to see the truth of our childhood, the big part being the whole truth of how our childhood made us be as we are, focusing mainly on our early relationships with the intention of uncovering the truth of how loving or unloving they were. Were we loved or not, is about what it comes down to: Did I feel loved? / Do I feel loved? Was I truly loved as a young child? And if not, why not, and how has it affected me through my life, and how am I as the result of that beginning. It is for us to see through our deeper feelings if all we call and believe love to be, all what we might think and feel about ourselves as being loving, all we might have felt loved by, was really true. Is all I know and believe love to be real and true? – or have I grown up contriving it, pretending that I know what love is, believing I was loved by my parents and other family members, when the truth is, I wasn't. As we do our Healing, as we work deeper into ourselves using our feelings to uncover the truth of how we really are, much to our horror we will come to see that much of our early lives, and so too our resulting adult lives, is untrue, founded on beliefs that don't hold up under such deep inner personal scrutiny. And we can't know until we've looked to all our feelings, until we've brought out of us all our repressed bad feelings, and seen what truth such feelings hold for us. It is a feeling thing – uncovering the truth of ourselves through our feelings, and not something we can do using our mind.



We are to uncover the truth of ourselves by uncovering the truth of our childhood. We are as our childhood has made us. We are not separate or free of it simply because we are now adults and no longer a child. The fabric of our being, our whole foundation, all how we are, IS all how it was for us through our childhood. And it's not until we've done our Healing and seen all the truth of how it was for us, which means, connected with all how it was for us back then through our feelings, that we will be truly free of our early beginning. When we've uncovered the whole truth of ourselves, so the whole truth of how it was for us during our childhood to make us be as we are, then we will move into a Celestial level of truth, a level that is true and perfect and all-loving, and feeling like we've been born anew; that being, feeling like we're the result of truly loving parents, instead of how it was for us, the result of having untrue and unloving parents.

And it's all horrible because we've incarnated into a Rebellion against Truth and so Love. We have been forced by default to live in an unloving and untrue way. We've been made to go against ourselves

right from conception, and we're to come to understand just what that means to us, all through our feelings. And none of it is good. Some people grow up feeling better about themselves and their lives, some people feeling very loved being made to feel they are important, special and mattered and were wanted by their families and parents. And should any of that love be true, it will remain with the truth being seen as to why it is true. And should any of it be false, it will fade away, with the truth being shown as to why it was false. And for those people who've grown up completely aware that there was no love for them during their early life, they will upon expressing all they feel about that, understand even more deeply the truth of how it was for them. And those people who've grown up feeling unloved only they didn't know they were, having been made to cover up and deny such bad feelings, their Healing will be one long breaking down of such denial, delusion and fantasy, as they come to see and realise that their whole childhood was one of lies and deceit, all which added to how false and deluded they've been through their life.

And as we come to see the truth of ourselves, through the truth of our childhood, we all, so I would imagine, have to arrive at the place within us where we fully know the truth of what it has all been about; that being: was there a point to how we were treated and how we've lived, with the answer being – No. We are to find the truth of the Rebellion, the truth of being rebellious, all through how being untrue makes us feel. We are to work out for ourselves through our feelings, and NOT with your mind, if being rebellious, living against our soul (ourselves), against Mary Magdalene and Jesus, against God and Creation, is a good way to be – if it makes us feel good. Does living untrue to ourselves make us feel good – and truly good and truly loving? And if it doesn't, then why, and so presumably we'd then no longer want to live rebelliously.

We have to get to the point that we will feel there is absolutely no point living rebelliously. We have to try everything we can to pretend that in our untrue and rebellious state we can feel good, happy and loved. And when it fails, then know that there is nothing that is going to make us feel that way. So we have to get to the point where we know that it is totally pointless living a life that is untrue and unloving. That it only makes you feel bad, and so what is the point of that! We are to find out for ourselves through our feelings that categorically there is no point living against the One's Who Created Us.

### **By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Our Mother and Father are All Love, so if we rebel against Them, if we turn our backs to Them, if we shut Them out, reject Them; if we believe we know better than They do, if we use our mind to be god instead of living with our feelings knowing we're a child of God, then we are in for a very lonely, empty, boring, nothing, dead, uninspired, unfulfilling, devoid of all creativity, unloving, painful life. And it's not just a matter of understanding this mentally: that will of course be the case if you go against God, of course if you are trying to swim and live against the flow of Creation, you're going to feel very bad and nothing is going to work for you, and who in their right "mind" would choose to live that way; we have to connect with such understanding on the feeling level, we have to know the truth of it through our feelings, that which our Healing brings us to. And all so when we do know, when we understand just how our life is and how we are, all of which makes us feel bad, then were we able to choose: Living a life of rebellion against God and our own soul; or one living true and in harmony with God and our soul.

On the levels we are conscious of, we didn't have a say in how our childhood and life was going to be, we didn't choose our parents, we had no idea what we were in for; and now as adults toward the completion of our Healing, we arrive at a place of knowing that it all sucks, it's a terrible ordeal we've been subjected to, so traumatic, and so soul-destroying, and all because we were unlovingly parented

and forced to go against ourselves becoming untrue. All that effectively ruined us, we've been made to become something we hate, detest, are disgusted by – a vile unloving creature, something that is abhorrent and so out of alignment with nature and the natural way of things, we should be extinguished and stopped from spewing our vile, putrid yuk out over everything that is good. We were made to be evil, full of sin and iniquity, and that we can't do anything about it. We were forced into it against our will, being forced to then use our will to keep being this way, and using our mind to tell ourselves that we are not so bad, that we are good, even better than other creatures, that we are loving and true, that we are the great ones, not the worst of the worst that is defiling the rest of Creation with every poisonous breath we take. And yet we are bad, we can't be any other way, because we are rebellious, rebelling against all that is true and of love.

YUK

Look how we treat nature that is all-loving and true, we cut into it, pull it down, change it, pollute, ruin and destroy it, we make it into some perverted, crippled abomination that ends up turning against us, all because that's exactly how we were treated and made to become. We can only be as we were treated as a child, as our childhood has made us become what we are as adults. We are a blight on the natural world, we don't give a shit about it, we poison and pollute it without a thought, we live completely out of harmony with it, we hate nature, we want to get rid of it all, we want to turn the whole world into empty, unloving, ugly concrete, living in our fantasy Internet worlds, all with our pretty pictures of the plants and animals that used to be or are becoming remnants of the paradise Earth once was. We 'advanced' people move into the worlds of the 'primitive' by killing them, displace them, ruin their ways of living more in tune with nature, yet we know better, and they have to live as we are, doing to them exactly what our parents did to us. Our parents crushed us, so we crush whom ever we can, which ends up being mostly our own Children. The weaker 'lesser' one loses to the stronger more powerful, just as we as children lost to our parents. We thrust our evilness upon the world just as it was thrust upon us right from our beginning, and even though most people might not want to hear this, we all know it's true. And if you don't, you soon will as you look to the truth of your own feelings, for they will show you, loud and clear, you feel just how bad you are and how being so bad makes you feel worse than you could possibly imagine.



And so we come back to realising and knowing by connecting truly with our feelings, that we live pointless lives, they have no meaning because we are not true, we are not living Feelings First, we are not wanting our feelings to lead and guide us to the truth of ourselves, nature and God. We live by denying the feelings that will lead us to the truth of ourselves and the truth of our childhood, we reject them as we reject ourselves, just as we learnt to do because of being rejected through our childhood. Our parents didn't want to know what we felt, they rejected those feelings and by doing so made us feel rejected and unwanted, all of which is part of the sad truth we are to find out about ourselves.

So the point is: There is no point. How can there be any point to ourselves and our lives when we've grown up and live as adults in a pointless way? Without Truth there is nothing, and as we live rejecting and rebelling against Truth, so we're living the most pointless way possible. Everything we do is completely meaningless because it's not about living true to our feelings to uncover the truth of ourselves. And yet we carry on deliriously happy and in love with our





untrue, meaningless and pointless lives pretending and telling each other that all we are doing has a great point to it. And we have to do that, because if we were suddenly shown the meaningless, pointlessness of our lives and ourselves – the truth of our rebellious anti truth and no love lives – we would freak out, completely lose it, break down into becoming the nothingness that we live lives hidden at the bottom of us. And that is what our Healing does for us, it's one long breaking down of our falseness, all so eventually we arrive at the inescapable truth of ourselves: That we are pointless; that there is no point to our existence as we live our meaningless lives. That my living and breathing, everything I say, everything I do, has no point. It's all useless, a waste of time, it's all really just hot air filled with NOTHING. We are to declare, because we know it's true: That I am nothing, with no point, because I am not loved and I am not loving. I am of no goodness, no truth, no beauty, that I am full of shit and a complete fuckup, and something that should be got rid of, snuffed out of existence because there is no value of anything in me, no part of me is salvageable, I am rotten to my core, empty, null and void, with no point going on.

And yet having discovered that truth, connecting with it through your feelings, then you are brought to the understanding as well: that okay, so I am pointless, untrue and unloving living a meaningless life, and yet it's not my doing. I have no say in it; it's all how God wants me to be. So, okay then, if God wants me to be a rebellious, pointless, meaningless fuck, then possibly there is some point and meaning to being pointless, meaningless, untrue and unloving? And so possibly: I am pointless, as that's how I feel, and yet also there is a point to me being this because God wants me to be as I am, or else I wouldn't be it; and so presumably, God is wanting me to be as I am for a point – (unless God too is completely meaningless and pointless, and I being Their child is as They are).

And that could be true, but then why create nature and the rest of Creation with meaning and a point and only having your child pointless? So if God has a point in making us feeling totally pointless, then what is the point of that? And could it be that God wants us to experience in our different ways what living against Them feels like, what turning our back on Truth and denying ourselves Love feels like? That God wants us to feel the whole truth of rebellion against Them, and that is the point of our pointless existence?

WHAT'S  
THE  
POINT?

And all we can do is keep going living true to our feelings, expressing them and longing for the truth they are to show us about ourselves. And as we come to live true to our meaningless pointless lives of no love and no truth, then possibly our rebellious lives will end and God will transform our soul into being loving and true, and meaningful, and the whole point of ourselves and our existence will come to us.

We have been forced to go against our true selves. And by doing so, were forced to go against God. And as we do our Healing and become true, coming back to and discovering how we truly are, so too are we coming back to God able to feel loved and wanted, and able to express that love and good feelings.

We are to see the truth of ourselves through uncovering the truth of our childhood. And that truth will show us how bad it was for us and that it was all pointless, and how can it be any other way living against all that is true and of love. We are to uncover the whole truth of our rebellious state of being, understanding the whole truth of how we were made that way by default. That it wasn't our fault, it was imposed on us against our will, and we are not to blame. That we are to come to fully accept ourselves in our fucked states just as we are, and to feel sympathy for the sad state of self-rejection we live in and all the horrible ways we express that in the world. We are to come to see that really we are not truly connecting with anyone, but are instead only connecting with what we project all over everyone else;

that we are alone, having a relationship only with our fucked self and with the other person not really there at all, because we were parented as if we weren't really there at all, it all just being between our parents and themselves and their parents. We are to feel completely what it feels like not feeling loved, not having our love needs met, being denied right from the very beginning all we needed to help us come out and feel naturally and truly good about ourselves. We are to understand that all our problems, all our health issues, all our relationship difficulties, everything that's wrong with us and that goes wrong in our lives, all is and happens because we are not right, because we weren't loved as we needed to be.

And we are to work out what we really do want, to feel what we hate and don't want, based on our feelings, then to work out that we want the opposite and what that might be like. What might it actually be like to feel completely loved, right from the start, all the way through you, with never one rejection, never a bad feeling, always feeling secure, happy and fulfilled in every moment of your life? And to yearn and want the true and perfect relationship, one that comes to you as you come to understand how untrue and imperfect all your relationships are with yourself, with other creatures, with other people and with God. We are coming at it from the negative, so what is the positive like, and do we really want it; and if so, to long for it, just as we long for the Truth and as we long and yearn for love. We want to feel loved right the way through to our core, every part of us filled with it, we want to feel so loved and so happy because we do feel so loved that our love is brimming over and loving all others. We want to feel the opposite to what we do feel, and to know why we want to feel that way, it all being about the truth of ourselves, knowing it, feeling it, understanding it, wanting it.



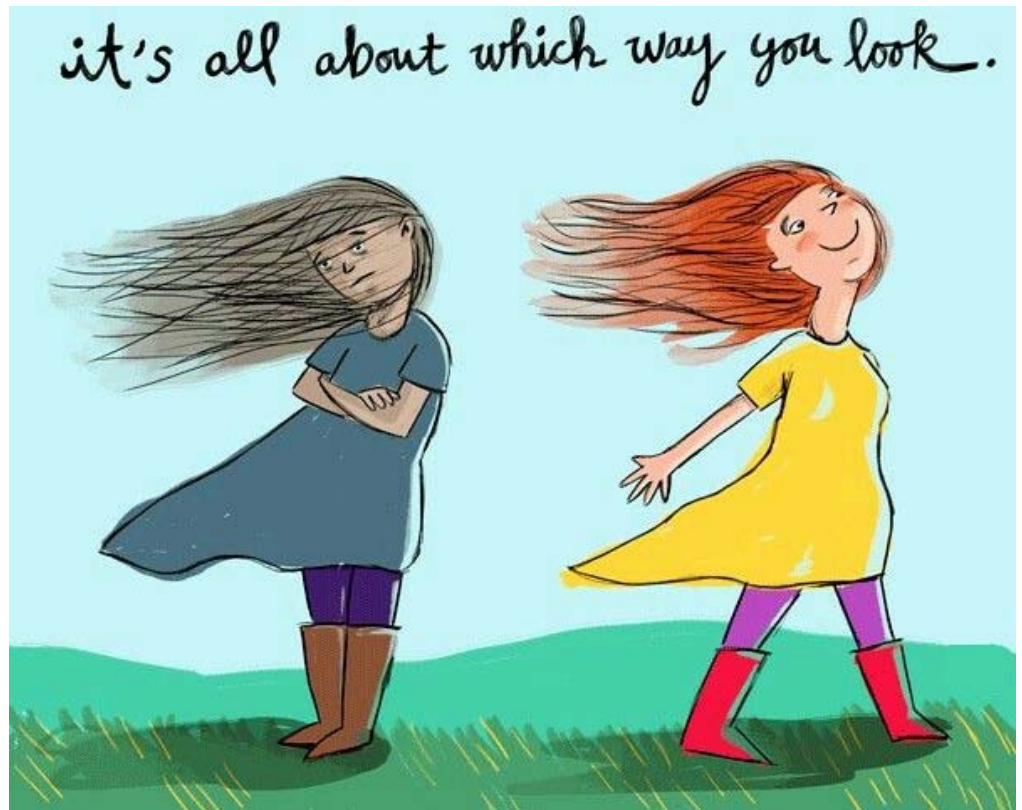
Through becoming true, so first, true to our untrue state, we find acceptance. We come to forgive ourselves, we make amends compensating for the wrong we have done, we feel as bad as we do, and we understand that that's okay, and even that it's how God wants us to be. It's a hard road each of us has been giving to walk, however it's all possible and the worst is over, the worst being how it was for you during your early life. God wants us to uncover the whole truth of our rebellious state



through our feelings, so that's what awaits us all, when the time is right. And when that time comes, something that you can't do or start by using your mind and telling yourself you do it; when that time comes because God is saying it is time and leading you to do it through your soul as you want to start paying closer attention to your feelings looking for the truth they have to show you, then you will do your true Spiritual Healing. It is a healing process, one of gradual self-acceptance through the truth as it comes to light within you. It is the Truth that will set us free, yet only once we've found it by living true to ALL our feelings.

So I doubt people who are enjoying their lives will understand this; however if you are enjoying and having a fulfilling life living your rebellion against the Truth, Love and God, then one day you'll come to the dead end coming up against the brick wall, wondering what it was all about and what was it all for. And when the time comes, be that during your life on Earth or when you're in the Mind Mansion Worlds, then it will be time to do your Spiritual Healing.

Also, throughout my writings I have stressed the point that so much of what we call love, feel love to be, know as love, will, as we come to uncover the hidden truth of ourselves, vanish, dissolve away, because it wasn't true love. We are all about The Truth, and what I mean by this is, any truth we live, will remain, we are truth-seeking and truth-loving souls, and with that truth, will come love, because truth 'begets' love. So if you have felt love throughout your life and it is based on Truth, through your Healing it will remain. However, if you have felt love and believed you were loving, yet that so-called love wasn't founded or based on Truth, it will fade away until it's all gone and you know that you contrived it using your mind. The Truth is what is important to us, so all that is true about yourself and so true in your life, is good, making you feel good, and will remain as you do your Healing. All that is untrue, is bad, is false, and you will give up and let go, as you do your Healing. We can't receive love or be loving without being true to some degree. And the amount of truth we are determines the amount of truth we are, can feel and give. We



*mind controlling way or soul's feelings first!*

can't be untrue and loving. We can only be true and loving; or untrue and unloving. So if we are untrue yet feel we are loving, something is very wrong in how we see ourselves and how we are experiencing life. Our Healing is to end being untrue, end any so-called love that we have lived in our untrue state, coming around to accept the truth of our untruth and at the same time seeing if any part of us was true. So we have to want to explore and liberate all our bad stuff wanting to be true to it so we can see how wrong we are being it. It is living completely going in the opposite direction to how we've all been made to believe we should be. And as mostly we've all been made to deny so much truth about ourselves and our lives, so there won't be much love as a result.

## Feelings First Spirituality – The New Way

Doing your feeling-healing is telling your story.

## It's telling the truth of your whole story. And it's all for you.

I wanted to write some of how I feel I'd want to be were I to have a child. However it's to understand that this is only my understanding of it through my own Healing. I have not been a parent, not been at a birth, not lost a child, not had any of the bad things happen to do with having children. And I'm male.

### *Being with your baby and child*

This is mostly for the mother, however it's also for the father.

### *Before Conception:*

– How do you feel about having a child? Express ALL good and bad feelings. Pay particular attention to ALL bad feelings. Try and express them all, talking about all you feel and how feeling those bad feelings make you feel, all whilst wanting to know the truth of why you are feeling them.

➤ Understand that it's okay to feel bad about any part of it at any time. It's okay to feel anything bad at any time before conception and after it. Pushing away, hiding, pretending you're not feeling them, blocking out bad feelings is only going to make things harder for you, your relationship with your partner, and your child.



➤ Understand that your feelings might change, from feeling good to bad, and that too is okay.

➤ Keep expressing them, all of them, to your partner, family, friends, to God, to everyone who wants to listen, all as you long and really want to know the truth of why you are feeling them. And understand that some people will be able to go with you in your feeling expression, some not; and those who do, some deeper, some not as far. Few will want to go with you right the way through to the end when you have nothing more to say about it. And it will be the same for yourself as you will have many blocks and much resistance all the way along. But that is all okay, you can only do as much as you can. And with practise you'll get better at honouring and expressing and uncovering the truth of your feelings.

➤ And understand that if you go down this road becoming determined to find the truth of all your feelings, at times a lot of pressure will be brought to bear on your relationships, even possibly bringing about an end to some or all of them. And that too is okay. You'll find your way, it will all unfold, all as you keep expressing and talking about all you feel.

### *Conception*

➤ Keep doing all of the above. It's MOST IMPORTANT to honour and express all your bad feelings. Don't hide them from yourself. Don't push them aside. Try to bring them out. To your partner is best, ideally your partner should want you to express all of yourself, so all your good and bad feelings. And for you to want your partner and for them to want to express all their feelings too. However in reality you'll be pushing each others buttons and coming up against each other's, and your own, inner barriers and blocks. Still, these can be fully acknowledged and worked on. You don't have to do it all at once.

➤ And yes, it's all going to affect your baby. All the good stuff, positively; all the bad, negatively. However there is nothing you can do about that. God wants it this way. You have conceived, your child already has taken on all that you and your partner are, and particularly all the bad stuff, it's all a done deal, now it is to be expressed by your child as it grows inside you, and through its childhood. Accept that you are not fully loving, you can't fully love your child, you do your best, however it won't be enough no matter what you do. And that's okay too. You don't have to be perfect and all-loving, you are to be yourself wanting to express all you feel as you grow in the truth those feelings bring to light within you, all of which will then positively affect your child.

➤ The best thing you can do for your child, the most loving way for you to be, is for you to keep expressing and longing for the truth of your feelings. As to whether or not you are loving or can you cope, will you be a good parent, deal with all of that as part of your feeling expression. Any time you feel bad, and even if it's over and over about the same things that are making you feel bad, even to the point of driving yourself and your partner mad, just keep going expressing all how bad you feel whilst you long for and want to know the truth of why you are feeling as you are. And your feelings will show you the truth, it will come as you express them and when you are ready for it, and all of that will affect your growing child in a positive way. To bring your child into your womb that is part of you who is wanting to live Feelings First is the best you can do for your child. So it is good to express EVERY BAD FEELING YOU FEEL, even if you feel you are pathetic, stupid, embarrassed, humiliated to do so. Don't deny yourself by denying your bad feelings, because that denial will be passed onto your child and that's what will hurt it the most and make it feel the most unloved. If you want to be as loving to yourself as you can be, which is fully honouring, accepting, expressing and seeking the truth of all your bad feelings, then that self-love, doing that good thing for yourself, will be conveyed to your child helping it feel good in its emerging relationship with you. If you keep denying yourself your bad feelings, pushing them away, blocking them out, ignoring them, pretending they don't exist, ridiculing them, rationalising them away, then you are only hurting yourself by doing this, it's unloving, and so too will you be doing it to your baby and child once it's born. The worst thing you do to your child is stop it expressing ALL its feelings, so including all its bad ones. So if you set the example it will follow, then it will be as feeling expressive as it can be, all of which will greatly help it in its life.

➤ Understand that to nurture yourself by fully accepting, expressing and wanting to know the truth of all your bad feelings, is the best way to nurture your growing child. If you feel bad about any aspect of yourself, your life, of your pregnancy, of your relationship with your partner, family, any bad emotional feeling, any fear, worry, anger, guilt, shame; any depression, resentment, envy, jealousy; any feelings of feeling ignored, rejected, unwanted, uncared about, unloved, and any other bad feelings, even the slightest faintest one, bring it out. And bring it out to another adult, not so much to your growing child. Don't use your child as a substitute adult because you don't have an adult in your life who'll listen to you express all your bad feelings, so your child will do. That's not fair on your child. The child is to be left free to express itself, it's not there to be your listening person, that is for your partner or God or another willing adult in your life. Don't take all your shit out on your child. Don't use it to vent or dump all your negative and bad feelings on. It will be too overwhelming for it and more than likely putting it in the position of making it feel responsible for you, that it should or can in some way help and save you, make you feel better, good and happy. You're the adult with your shit, and so it's with other adults you work it through. The child is new, it's all for them, they've already got enough of your yuk to deal with that they will have picked up from conception and naturally as they have developed. When your child is older and can understand and deal with all your bad feelings and yuk, and is willing, then perhaps you can start to express and share your bad feeling expression with them. All of which they'd surely understand anyway by then as a part of observing and following you in life. Try to allow your child to form itself through its formative years, rather than you make it be something for yourself and how you want it to be.

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## *Pregnancy*

- How you relate to your child is how you relate to yourself, most of which you are unaware. What affects your child is what is affecting you, most of which you're not aware of. All the undercurrents your child is continually absorbing, all from you, your partner, those important people in its life and the environment, is all 'going into it'. And all you can do is keep expressing all your feelings, good and bad, and particularly bad. Don't try to fix all the bad stuff, just express all your bad feelings. Do what you feel to do, and what you don't want to do try not to, however if you are forced or made to do it, then keep expressing how bad it makes you feel.



- Bring out all your fear, anger, anxiety, everything about your child that you are worrying about, to your partner. Talk about it all between you. And if you don't have time, make it. It can be hard, but if you sincerely want to express all you feel and want to know the truth of why you are feeling such things, then you will make the time. You are in a relationship with your partner and your child, it couldn't be more intimate, and so the more you can express all you feel to each other, the better your relationship will be. So bring out all the bad stuff, all the hidden secret unwanted stuff, and if you feel very bad and worry that your child will be negatively affected by such feelings, express all of that fear and worry too. Your child will absorb it all, however the more you can express of yourself, the better it will be for it. And do what feels natural for you to do; and if you worry you are not being loving enough or are too much or whatever, express those feelings too. Express it all. It's a different way of life. And if it's what you want, then it will be how you can live and your child will form and be born into that feeling-expressive environment growing up expressing all its feelings and longing for the truth of them, something no child has as yet experienced on Earth.

## *Birth*

- Again, express all your feelings and in particular all your bad ones.
- Understand death is not bad, it's not to be feared (yet if you fear it, then those are more bad feelings to express and seek the truth of), the death of your child or yourself. If it happens it's just time for you or it to move on. However, of course there will be many bad feelings that come with it, all of which are yet more bad feelings to express. Should your child die, at any time from when its heart begins beating inside you, it will move into spirit there to be adopted by a spirit mother and looked after as if it is her own. And when you die, and should you want to, you will be able to meet your child. And right the way through your life, should you want to, you can still share something of a relationship with your child in spirit, from actively speaking with it when it's old enough to converse with you, to sharing your thoughts and feelings with it – should you feel good about doing that, understanding that your child might not always want to speak to you, as it will have got on having its life in spirit. However more than likely it will be made aware of you and will want to have some contact or relationship with you. However, you don't have to have one with your spirit child, it's only if you want to, expressing all the feelings along the way.
- As natural as possible the birth is, is of course best, however what is natural? Possibly the Australian Aborigines giving birth with nothing other than themselves, something to cut the cord or biting it, with loving women (and men too) around, including your partner, would be as natural as you could get. Your child when born is given to you, skin on skin, it finds its way to your nipple when it wants to feed, or with a little help if required, you and your child are the loving centre of attention, everything is for you

both, you are at the centre of creation. It's all only about you and it, with your partner and father there in support and loving and protecting you both.

- However if the birth is in the full bright lights of an impersonal hospital, it's still between you and your child and its father. It still can be as personal as you can have it, as intimate, you feeling you want to be with your child. And if you feel you don't want it, are scared of it, reject it, that's okay too, you don't know how you'll react, with these being more bad feelings you can embrace and work through.
- If it's premature, still born, cesarean – more bad feelings to be expressed. And all is okay, understanding that it will all cause your child problems, it's all very traumatic, however by looking to express your way through all the difficulties as they arise, is what will ease the pain and trauma, even eventually heal it. It may take a long time, and your child might be well into its adult life before it starts to deal with all the trauma it's suffered, however the more you encourage it to express all its bad feelings as it is growing up, the better it will be.
- And of course you can't always stop and express all your bad feelings when you feel them. But you can do it when the time is more conducive; and any that you do deny, will return at another time.
- The whole idea is you are setting out to have a new relationship with a person called your baby and your child. So ideally you don't want to be separated from it in the early stages, which can be hard if the hospital has the practice of taking it away from you. All such separating is, as you might imagine, very traumatic for the newly born infant, who has formed inside you and is now outside of you needing you still there with it yet in a different way. As it grows it will show you when it's ready to separate from you. Read stories about accounts of how the orangutans, gorillas and chimps have their babies, how they guard and protect them, having them cling onto them all the time, for years in some cases, and never rejecting or forcing or trying to control their baby, unconditionally being there for it, with the baby being the one that pulls away as it gets older and more adventurous.

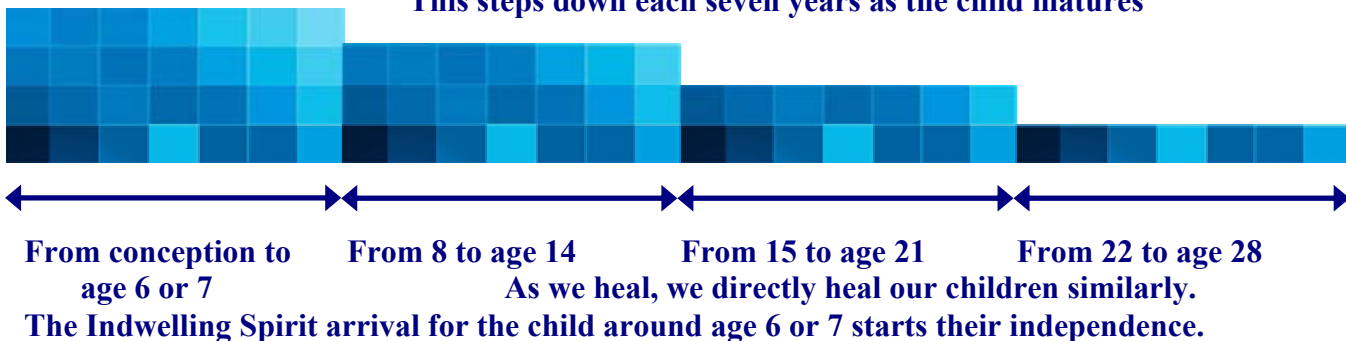
#### *With your baby*

- Do what feels right for you. Don't try to parent according to a book. How to parent books can of course be helpful, so can anything, however at the end of the day all you have to go on is your own feelings. And if you want to honour them, express them and see what they are wanting you to see, then that is how you can parent. And by yourself if you're a single parent or with your partner. However being single is more difficult not having someone close to express all your feelings too. And it might not be good expressing them all to your child, your child should be free to express itself, but it's not as yet equipped to deal with all your feeling expression and needs. So putting it all on your child, making it be your substitute partner and listener of all your feelings, will be difficult for it. It might not complain, however it will have to deal with that when it is older, having been made to take on such responsibility so early.
- There is no right way to parent, only your way. What might work for someone else might not work for you. All this business of having to force your baby to accept the sleep and feeding patterns imposed by you, because of what other people say is the right way to parent, is very damaging to both of you, traumatically so. If it happens naturally, fine, but having to use any force against the will of your child is what will crush it and ultimately turn it against you. To try and work with its will, to fully accommodate it, yet at the same time expressing your will, can be very difficult; and again, all you can do is keep expressing and yearning for the truth of your feelings.

➤ If you feel bad, try to stop and pay attention to those feelings. Don't automatically try and fix or solve the problem. We're all taught we have to fix everything and work it all out for ourselves, but we don't. All we 'have' to do, if we have to do anything, is keep expressing and wanting the truth of our feelings. So do you see, living by putting your feelings and the expression of them first, is the aim. You don't have to do what you feel, you don't have to always act on them, often the emotion of them might drive you to act, even to do something you will regret, all of which will bring up yet more bad feelings to be expressed and worked through. When you express your feelings, try to express them with the emotion you are feeling them. Express the emotion of them, but of course not to the detriment or yourself or the other person or creature, not to harm anyone. You might want to kill your baby, so express the emotion of those terrible feelings to your partner or someone who cares about you, or to God if there is no one else, even just to the wall if that is all you have, saying all you feel as you feel the emotion of wanting to kill them, yet not acting on it. And if you can't control yourself and do act and kill your child, your partner, yourself or anyone else, then there's yet more bad feelings for you to express and want to uncover the truth of. Everything we do comes from your childhood. Expressing your feelings and wanting to uncover the truth of them will invariably take you down into connecting with those same feelings you felt as a child. And as you connect with all your repressed childhood pain, finally liberating it, so too will it positively affect your child. We pass our pain on to our children, so the more you can bring yours out, the less effect it will have on your child.

**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



*Toddler*

➤ The battle of wills only takes place when the child is not allowed to freely express itself, when it feels its will is being compromised. And even though it can't be allowed to do all it wants to do, there are ways to work with its will, helping to maintain the integrity of it so it keeps feeling empowered, important and that it's loved and respected, just as there are ways to crush it all but out of existence with it having to turn severely against itself so as to survive and maintain any sense of having any power with you. As children we're incredibly adaptable, we are geared to survive, and so if that means we have to fully compromise ourselves, going against our own true self and will, so we will use the full strength of our will to deny ourselves our feelings. We'll do whatever it takes so as to keep ourselves believing we're loved by our parents. The onus is always on the parent, never on the child. To blame the child is missing the point about what a child is. And if you go that far, then that's what happened to you as a child, and that's how you're making your child become.

➤ Ideally we should grow up in a 'tribe' situation, being parented by many adults and always interacting with many other children of all ages and with people of all different personalities. Doing it alone, just you and your child, is the hardest and possibly the worst, most alone and rejected way we can raise children. Again imagine an extended tribal family situation where everyone actively participates with everyone else, from the youngest to the oldest. So there is always help for the new mother, for the



mother at any time, and not with ‘men do this’ and ‘women do that’ approach and attitudes; no religious, social or cultural superstitious beliefs and limitations. With everyone fully involved, and ideally, with everyone expressing themselves as fully as they can.

### *Childhood*

➤ It might help to understand, and so to always keep in the back of your mind, that we’re all currently conceived into a spiritual rebellion without knowing that it’s happened to us and without our parents knowing they are bringing us into the rebellion by default. However it’s what God wants, and so that is how it is. So having understood that, then it’s to know that you have already fucked-up your child to the degree that you and its father are fucked-up. And that it is to grow up experiencing the Rebellion itself. And being a loving parent of course you might want to lessen the impact of this, and of your own rebellious state upon it, which you can only do by doing your Spiritual Healing. You can only work to Heal yourself, and all healing you do will have a positive effect on your child. However at the end of the day, your child will have to want to do its Healing one day if it is to rid itself of all the bad parenting influences and effects it’s suffering from. We’re all in the same boat, however as parents grow in truth through the doing of their Spiritual Healing, which is done by looking to express all your feelings wanting to uncover the truth of them, then so too will they conceive and parent their child with lessening effects of the untruth and wrongness. And one day, parents who have fully Healed themselves being of a Celestial level of truth, will conceive and parent perfectly and lovingly children who are no longer part of the Rebellion or Planetary Default. So until this time, it’s okay to have a child and for it to grow up in the Wrongness. That’s between you, it and God. And everything will one day be worked out with love. But that day might be a long time in coming. And in the meantime, should you choose to live by following your feelings and wanting to grow in the truth they will give rise to within you, then that is the best you can do.

### *Conclusion:*

In being a parent, it’s not about trying to work out how to be the best parent you can be for your child by using your mind. It’s to live the truth that comes up in you as a result of you properly attending to ALL your feelings. We are to live with our feelings guiding us, and even though they might seem to be all over the place and contradictory half the time as well as driving you or your partner mad, still by expressing them all and longing for their truth, the truth will steadily grow and you will find that you know how to be and what to do. It will just happen ‘organically’, with the more you can keep your mind out of trying to control or dictate the terms and determine outcomes, the better it will be for you all.

**FEELINGS FIRST For Kids**

## What did Jesus say on the cross?

Dr David Hawkins research: Of obvious practical value is the application of the calibration of the levels of consciousness as per Dr David R Hawkins' Map of Consciousness using kinesiology muscle testing, especially to the differences between the calibration levels of an avatar, a saint, or a sage and their alleged scriptures or canonised holy books. If there is a wide discrepancy between the teachers and the available teachings, this is indicative of error, meaning that much was lost in translation, in transmission, or in misinterpretation. This can be observed most strikingly in dissimilar quotations of Christ's words on the cross between the King James and the Dr George Lamsa' versions of the Bible, i.e., it makes a world of difference whether Jesus said, "Father, why has thou forsaken me." (King James Version) versus "My father, thou has not forsaken me. From this I have been spared" (Lamsa Translation). Upon reflection, the incongruence of the first quotation is indicated by the fact that an incarnated, fully Enlightened Master who is united with the Oneness of Divinity would unlikely feel deserted by the very source of that Realisation within.

Highly interesting data and important information are provided in the brilliantly clear exposition in the first few pages of the Introduction in the Lamsa Bible, which is a translation from the original Aramaic Peshitta manuscripts that were taken to Constantinople and that constitute the foundation of the scripture of the Eastern Orthodox Church. In the Lamsa Bible's Introduction, comparison is made to the King James Version, which came from the Greek (and calibrates lower).

If all of the Books that calibrate below the credible level of truth at 200 are removed from either the King James or Lamsa versions of the Bible, the overall calibration level increases markedly. This is even more pronounced if the Old Testament, with the exception of Genesis, Psalms, and Proverbs, is removed, along with the Book of Revelation in the New Testament.

The answer as to what Jesus said on the cross is nothing! He was absolutely preoccupied with trying to stay alive. He said nothing!

### **Revelation 50: The words supposedly uttered by Jesus on the cross.**

<https://new-birth.net/samuels-messages/53-revelations/revelation-50-the-words-supposedly-uttered-by-jesus-on-the-cross/>

Received by Dr Samuels Washington D.C. October 18th, 1954. February 3rd, 1955, March 7th, 1955

I am here, Jesus.

I am here tonight to explain some material in the New Testament dealing with a subject that is quite unpleasant to me, for it deals with my crucifixion and is one which I would fain forget, or at least not to recall it when there exists no reason for recalling it. But I would like to say a few words concerning the circumstances surrounding it, and first of all I would like to say that I did no talking while on the cross because of the pain and exhaustion of my body physically.

And while it is true that there were [two others who were crucified with me](#), one on each side, yet they did no talking to me, and neither did one mock me, nor did the other seek any pardon from me or seek the Kingdom of God from me, nor did I tell him that that night [he would be in Paradise with me](#). For it is obvious that I had no authority to forgive sin as it is stated in various passages of the New Testament, and the only way for man to achieve forgiveness of sins is through the obtaining of the Divine Love or through purification of the natural love, a long and tedious process that fits the individual soul for a place in the Sixth Sphere.

So you can readily see that the account of the sinner who supposedly went with me to Paradise is entirely false and merely the result of the active imagination of the writer who recopied the original account.

Another incident which I wish to clear up is the story of the words which I am supposed to have uttered while on the cross, and the first of these was, "[My God, my God, why have you forsaken me?](#)" This sentence is the first sentence, or opening lines, of a [Psalm, the Twenty-Second](#), which is indeed messianic in substance, for it deals with the sufferings of the afflicted. But I did not say these words in order to fulfil the prophecy embodied in that Psalm, nor did I say, "[thirst](#)," because that, too, is found [in the Psalm](#) and is also a fulfilment. Nor did I say what are supposed to be my last words on Earth: "[Into Thy Hands I commend my spirit](#)," found in the [Thirty-First Psalm](#), in order to fulfil the saying contained in it, for I never said any of these words or sentences, or sayings, at all.

The truth of the matter is that after my death the copyists searching the Scriptures found these passages within the Psalms and therefore decided that I must have said them so that these Psalms would be fulfilled. Thus they wrote the account of my crucifixion with these additions, in order to show that I had done or said things which would fulfil the Scriptures. But again, these accounts are false and entirely without foundation. They should be eliminated from the New Testament and the reason for their existence as I have explained.

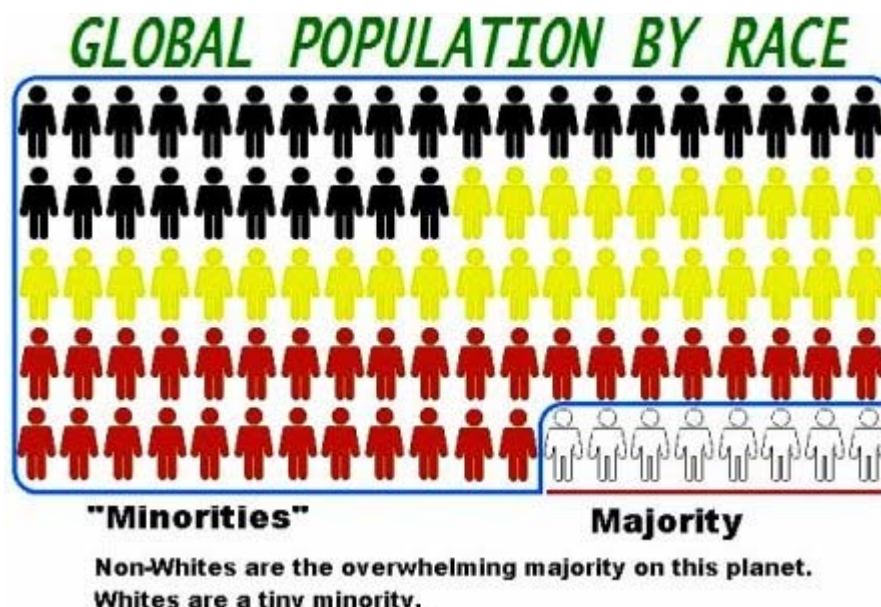
**Note:** The Celestial spirits who wrote through Dr Daniel Samuels did so with authority on behalf of Jesus. Jesus did not directly write through Dr Samuels.

**Consider reading:** [www.pascashealth.com](http://www.pascashealth.com)

then proceed to Library Download and then Medical – Soul Condition and Health

- [Bible New Testament Matthew Peshitta Lamsa.pdf](#)  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SOUL%20CONDITION%20%26%20HEALTH/Bible%20New%20Testament%20Matthew%20Peshitta%20Lamsa.pdf>
- also:

- [Bible New Testament Revelation Mary Magdalene.pdf](#)
- [Bible New Testament Review - Part I.pdf](#)
- [Bible New Testament Review - Part II.pdf](#)
- [Bible Old Testament Revisited.pdf](#)
- [BOOK of TRUTHS - Bible Distortions.pdf](#)



## Vatican Sainthood Costs US\$550K

<https://www.thedailybeast.com/explosive-new-book-vatican-sainthood-costs-dollar550k>

7 December 2017

**DAILY BEAST**

But among the biggest scams the Vatican elite apparently make money from is the high price of sinister saint-making, which runs those trying to push their saintly cause even to be considered around €50,000 (US\$55,000) to cover the costs of the expert theologians, physicians, and bishops who examine the cause. The process of saint-making also involves postulators, or those in charge of pushing the causes forward.

When the special commission in charge of cleaning up the Vatican's finances found out that there were essentially no records at all of where donations for the causes of saints went, they froze the accounts of almost everyone involved in the holy work of choosing saints, including a postulator, who had more than €1 million spread out among three Vatican bank accounts. No wrongdoing was determined, and the postulator was left to enjoy his tax-free haven, but apparently no accounting has yet been produced.

Gianluigi Nuzzi says the average price tag for sainthood comes to about €500,000 (US\$550,000). "We then have to consider the costs of all the thank you gifts required for the prelates who are invited to festivities and celebrations held at crucial moments in the process, to say a few words about the acts and miracles of the future saint or blessed," he writes. "Record spending on these causes has reached as high as €750,000 (US\$830,000)."

Any profits from donations meant to lift up would-be saints are supposed to go to the Fund for the Causes of the Poor, but that fund remained stagnant despite several banner years in saint-making revenue, writes Nuzzi, who recalls that Pope John Paul II alone beatified 1,338 *blesseds* in 147 rites and 482 saints in 51 celebrations.

**PASCAS  
PERS**

**Mary MacKillop – Australia’s only canonised saint:**

Sunday, 10 December 2017

John the Typist: Further, the likes of Australia's only Catholic canonised saint, being Mary MacKillop is now bombarded with petitions that she cannot do anything about, let alone tolerate. I wonder what she or any other such person has to say about this distracting and pointless practice of anointment with sainthood.

Mary MacKillop: I'd certainly have my say if I were only given a chance, my saying being to the Church as to what utter nonsense it all is. I am with your celebrated Nanna Beth, John, thankfully having Healed myself of those false beliefs – which do as you say, only serve to keep you away from the Divine Love of our Heavenly Parents.

I cannot speak for all us ‘saints’, as I don’t know the whereabouts of them, however I did have a lot to do with a lot of them when I first died. And then to become one of them myself, this happened in the second mind world well before they caught up with it on Earth; and then to have many spirits worshipping me and asking me for religious favours; well, it was flattering to a certain degree, yes I must admit, to think that I was someone special and favoured by the Church, particularly after all the difficulties I had with it on Earth; however then as you rightfully said, it became a chore and a burden because by then my faith was starting to wane.



As you can read about my life, by exposing sexual abuse of children I was rejected by the Church, then I regained its support, and yet still seeing it when I was meant to turn a blind eye, continued to anger me, which in the end was what I could not do, as my faith failed me.

And that wasn’t so long ago, and I’m now working to help the sexual abuse surface in the Church from the Celestial level, as well in all levels of life on Earth, as there are a lot of us who detest such activities, even though we now understand why people do them, and why such practises are still carried out in the fantasies of many in spirit.

I am a relatively recent arrival in the Celestial Heavens, and would dearly love to see the untruth of the Church exposed for what it is, and yet I also value all the experiences it afforded me and the subsequent Healing I had to do, so far be for me to deny other people and spirits such unloving experiences. However, should the Mother and Father, which is what They want, as things are now changing as Nanna Beth has told you, instruct through our feelings for us Celestials to undertake such activities so as to set about destroying the Church, then so be it, as that means it has well and truly served its purpose as an instrument in furthering people’s wrongness. And am I happy about that!

And as that’s what we’re being commissioned to do, and as that is what Nanna Beth wishes me to inform you John, so we Celestials are setting about putting in motion the means to end all the religious control of humanity. All the religions are going to come under increasing pressure from us Celestials, unbeknownst to them, but that is the new way of things, with the old ways dying, to be replaced by more liberal and true systems that will help point people in the right direction toward Paradise and our Mother and Father and Their Divine Love and the truth of their very own soul.

So such systems, they all being rotten to the core, are to end, it's going to take a long time, however we're now stronger than the mind spirits, and growing stronger each day, and so there won't be any need for anymore saints, because in the end there won't be any Church to appoint them.

And to think of humanity being free of such controlling and spiritually stifling systems, oh what a joy that would be!

I only came for a short visit John. I will not come back. Just know that things are going to change in all the controlling institutions on the world, increased pressures are going to be brought to bear to expose them for what they are.

Mary MacKillop – you can drop the 'saint' part, thank you!

**MARY, natural mother of Jesus of Nazareth**

13 December 2002

I want to speak to you James. I am Jesus' mother, Mary.

I have been waiting to write because I want to ask everyone who is interested in me, to please stop worshipping me. I do not want to be worshipped, please! I do not want any credit given to me. I do not deserve any. And just because I was Jesus' mother, the mother whom the Mother and Father chose, it's not any reason to worship me. If anything, I need to be sympathised with because I did not appreciate what an amazing gift They gave to me. I was blind, as all mothers are, to the truth, and as a consequence, I did my best to keep Jesus AWAY from the Mother and Father making him do what I wanted him to do.

As I progressed in my soul-healing, I became more ashamed of the errors that I lived and the many ones I tried to force on Jesus and my other children. Joseph and I did what we thought was best by trying to get Jesus to do what we thought being a spiritual and dutiful son involved. We tried to get him to say and do his prayers as we had been taught to do them, and even at times tried to persuade him not to speak with what he called his Spiritual Father in Heaven.

I as you also know through other messages I have delivered to Earth, was not a virgin, and I did not conceive Jesus in any other way than by normal natural means. There was no need for me to be any other way than how I was. I can't be the blessed Holy Virgin Mother of Christ. That is not my role in Creation and it is a sin to make me. So I say again, please do not hold me in any special favour. I was only a mother like all mothers. I am not special, nor do I want to be elevated to heights beyond this for it is untrue, and if you persist in believing I am anyone other than who I am – an ordinary woman – then you are deluding and lying to yourself.

Note through James Moncrief

<http://www.pascashealth.com/index.php/library.html>

**Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

**PSYCHIC BARRIERS MAINTAINING the REBELLION and DEFAULT are CRACKED!**



The hounds of the Rebellion and Default have fallen, the psychic barriers have forever been cracked. The sheeple, the mice of humanity, now have the freedom to evolve through Feeling Healing and Divine Love.



Things are pushing ahead, we're working them from our side, and more so every day now. Many of the soulgoups involved in this are getting a feel for what it is they are to do and how they are to do it. So the barriers are giving way on multiple fronts.

There are actually barriers preventing people and humanity as a whole moving deeper into the wrongness, just as there are barriers preventing people and humanity moving out of it. It's all very tightly controlled, the Evil Ones put in a vast amount of controls and on all levels, which, unless you are shown by those spirits who can see them, such as the Melchizedeks, you'd never be aware of them.

So the cracks are appearing as the Divine Love Healing worlds start to 'descend' onto Earth – into the physical. For that's what is going to happen, the Divine Love Healing worlds, from the first introductory sectors on Mansion World one, to the truth of all the three main Healing worlds, being lived by people living them whilst on Earth. All to give rise ultimately to Celestials on Earth. That's what our goal is, to have people living on Earth who have fully Healed themselves.

2 December 2017



**PSYCHIC  
BARRIERS  
CRACKED**

## ANCIENT TRANSCRIPTS and GROWTH of HUMANITY

Musings by John

Monday, 7 January 2019

Hello Nanna Beth

James appears to be fine tuning his understandings. In this he appears to be resolving the linkages of past civilisations with what is unfolding relating to the events now occurring and the Revelations that will be introduced to all of humanity, both in the physical and in spirit.

I have often wondered why it is so that very ancient writings that Dr David R Hawkins has calibrated (Map of Consciousness table) so highly when one would have considered previously impossible due to the perceived nature of ancient civilisations from which these writings occurred. The Christian writings do not calibrate at all strongly. Why was that possible and what are the ramifications upon the events now unfolding please?

Nanna Beth: The calibrations are based on 'perceived truth'. Is there any, or the potential for, truth within these writings, within the civilisation, within the individual? So on the surface the writings or person might not show such truth, however the calibration shows there's potential for it. And yet that potential might not get realised, it might continue to live dormant. So you can't judge the calibrations by what you see or think you see on the surface.

Some of the calibrations are also influenced by the person undertaking them, in that's how they perceive or wish to perceive such writings being included or deducted from the reading. However as to what extent is hard to say. Ideally you'd need to ask someone, like a young child who has no idea or interest in such things, to see what they calibrated, or someone who is very open and objective without any perceived biases.

Something like A Course in Miracles for example, within it are the seeds of much natural love truth, however to uncover, plant and then nurture those seeds would need someone doing their Healing. Which means, someone who'd be able to pick out all the truth-relevant bits and discard the rest. So the Course has potential, however it's not much good to anyone unless you want to further your untruth; which means, taking the potential truths and corrupting it into your denial. So the Course calibrates relatively highly, however that's not a true indication of how helpful spiritually it might be. As I said, it will spiritually help you move deeper into your Wrongness. And so it is with all these things in your list John, other than James' work, which really shouldn't be included in the list, it being of a different list, that which is resulting from people doing their Healing, and would need other calibration parameters.

So Nicholas calibrates high compared to other work that doesn't include the Divine Love, however as you know yourself from reading his work, it's in potential, he involves and covers a lot of what potentially might be beneficial, yet with that benefit only coming were you doing your Healing. Otherwise, it calibrates high giving it a high potential for people to use to further their Wrongness by including much of the truths associated with the Divine Love.

So do you see what I'm getting at? In so far as using David's Map for spiritual purposes, it needs to be taken into account as to whether it's to further your spiritual denial or helping you Heal it. So you have these calibrations reflecting relative truth potential, whilst being understood it's all within an anti-truth system. And then another list of calibrations based on the Healing, being down within the Healing or Celestial level.



**SCRIPTURES and SPIRITUAL WRITINGS**

P.366 Truth vs Falsehood by David R Hawkins

Map of Consciousness calibrations by Dr David Hawkins

Abhinavagupta (Kashmir Shaivism)	665
A Course in Miracles (workbook) (not assisted with by Jesus)	600
A Course in Miracles (textbook)	550
Aggadah	645
Apocrypha	400
Bodhidharma Zen Teachings	795
Bhagavad-Gita	910
Book of Kells	570
Book of Mormon	405
Book of Revelation (New Testament of the Bible)	70
Cloud of Unknowing	705
Dead Sea Scrolls	260
Dhammapada	840
Diamond Sutra	700
Doctrine and Covenants: Pearl of Great Price	455
Genesis (Lamsa Bible)	660
Gnostic Gospels	400
Gospel of St Luke	699
Gospel of St Thomas	660
Granth Sahib-Adi (Sikhs)	505
Heart Sutra	780
Huang-Po Teachings	960
Kabbalah	605
King James Bible (from the Greek)	475
Koran	700
Lamsa Bible (from the Aramaic)	495
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880
Lao Tsu: Teachings	610
Lotus Sutra	780
Midrath	665
New Testament (King James Version after deletion of the Book of Revelation)	790
New Testament (King James Version from the Greek)	640
Psalms (Lamsa Bible)	650
Proverbs (Lamsa Bible)	350
Ramayana	810
Rhubyat of Omar Khayyam	590
Rig Veda	705
Talmud	595
Tibetan Book of the Dead	575
Torah	550
Upanishads	970
Vedanta	595
Vedas	970
Vijnane Bhairava	635
Yoga Sutras, Ptanjah	740
Zohar	905

Note: Following calibrations done by others:

<b>Divine Love based truths</b>	calibrate over <b>1,000</b>
<b>Book of Truths (containing the Padgett Messages)</b>	<b>1,492.4</b>
<b>True Gospel Revealed anew by Jesus (Padgett Messages)</b>	<b>1,492.4</b>
<b>Revelation</b>	<b>1,490</b>
<b>Judas of Kerioth</b>	<b>1,482.1</b>
<b>The Golden Leaf</b>	<b>1,480</b>
<b>The Richard Messages</b>	<b>1,484</b>
<b>The Divine Universe</b>	<b>1,494.7</b>
<b>Celestial Soul Condition</b>	<b>1,480</b>
<b>Shining Toward Spirit Vol I, II, III</b>	<b>1,484</b>
<b>Family Reunion Afterlife Contact</b>	<b>1,486</b>
<b>Traveller, and Destiny</b>	<b>1,485</b>
<b>James Moncrief 10 major publications which reveal</b>	<b>1,490</b>
<b>Feeling Healing and with Divine Love, Soul Healing</b>	

Divine Love was taught and understood by early Christianity up until the Nicaean Council 325 AD/CE:

**Christianity – Early** calibrations by David Hawkins

<b>First Century – “The Way” (Divine Love was understood)</b>	<b>980</b>
The Apostles	905 – 990
Gnostics	510
Prior to Council of Nicaea	840
After Council of Nicaea (325 AD) Constantine took control	485
(Divine Love teaching are now all lost)	
<b>Roman Catholic</b>	
Papacy	570
College of Cardinals	490
Faith and Liturgy	535
Clergy	490
Jesuit Order	440
Church (worldwide)	450
<b>Roman Catholicism – calibrations of current position</b>	
As an institution in year 1900	460
As an institution in year 2004	305
Position on contraception	180
(Contraception itself calibrates at 205)	
Theological Theory on Contraception	180
Position on Clergy Paedophilia	125
(Paedophilia itself calibrates at 135)	

Now these calibrations can also be related to the historical observations by Dr David Hawkins:

### **Worldwide Level of Consciousness based on the Map of Consciousness**

see Power vs Force by Dr David R Hawkins

6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
prior to the conception of Jesus of Nazareth	101

After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
2008: Current observation as we move forward to the apparent evolutionary jump, which will be a slow steady process	212
4000: Towards the end of the Aquarian cycle, the average consciousness of humanity will be within this range	450-470
During the Aquarian cycle of 2,160 years, the vast majority of humanity is anticipated to progress	

Firstly, the calibrations of ancient writings are calibrated on the line of one perfecting their mind without consideration of one's soul healing and the availability of Divine Love. Thus the ancient writings were all leading to the dead end that still left the personality restrained within the mind mansion system of worlds 1, 2, 4 and 6 and then having to recognise the Feeling Healing pathway and to return to the first of the healing worlds and progress through 3, 5 and 7 before being able to enter the Celestial Heavens with Divine Love having completed their soul healing through Feeling Healing which is now only being introduced to humanity within the physical. Is this not so?

[Nanna Beth: Yes.](#)

Secondly, are all these ancient writings indirectly or directly orchestrated by Lucifer soulmate / soul partner pair through their deputies to further the Lucifers' personal objectives still taking humanity further away from our Heavenly Parents and our ultimate home in Paradise?

[Nanna Beth: Yes.](#)

Dr David Hawkins observed that the impact upon humanity through the arrival of a bestowal pair in the first century, namely Mary and Jesus, resulted in a profound overall shift in the calibration of humanity. ([Nanna Beth: Which was the unseen and unknown influence of their Spirits of Truth.](#)) The estimated population number at their time was 300 million. Hawkins' observations reveal that humanity has sat at 190 on the Map of Consciousness scale until the 1980s.

Since the 1980s the calibration for humanity overall has steadily shifted from 190 to 207, then 212, and now at this time (2019) of writing 215. The population for the world is now 8 billion, a 27 fold increase thus depleting the impact of a bestowal pair on the calibration relatively speaking compared to the 1<sup>st</sup> century as against now being the 21<sup>st</sup> century with the planet's huge population. ([Nanna Beth: It depletes in the context you are suggesting, however just dealing with the 'truth-potential' it's still relevant.](#))

Are these ‘Map of Consciousness’ calibration increases for humanity overall being the direct result of the presence and progression of the bestowal pair?

**Nanna Beth:** Yes. And will increase rapidly as people embrace the Truths and do, or at least understand, the need to do their Healing.

Has the Harmonic Convergence of the 1980s had anything to do with the increases of the calibrations for humanity?

**Nanna Beth:** Yes, as in it signifies astronomical (as in what’s happening in the stars) change, which is then symbolic of the underling Creational changes (changes of light, both Truth-Light and Mind-Light) being continuously brought about to effect changes in humanity and to the Earth.

“The **Harmonic Convergence** is the name given to one of the world's first globally synchronised meditation events, which occurred on August 16–17, 1987. This event also closely coincided with an exceptional alignment of planets in the [Solar System](#). Although the event had been predicted by author [Tony Shearer](#) in his book *Lord of the Dawn* (1971), the principal organiser of the Harmonic Convergence event was [José Argüelles](#).

“Since the initiation of the Harmonic Convergence, there have been measurable increases in the energy of our planet Earth. After resonating at a base resonant frequency of 8 Hz per second for thousands of years, during which Earth has essentially been asleep, her frequency is now rising. She appears to be rising to a fundamental vibration of 13 cycles per second, as predicted by the Fibonacci series (mathematical proportions based on the Golden Mean, also called the harmonics of the universe). Accompanying this energy boost is a rapid decrease in the magnetic field that surrounds the planet. Our magnetic field has served us in the past by creating an illusion of separation and protection from energies outside ourselves. It will eventually reach zero when there will be no artificial barriers, so it is essential that we take our power individually and collectively, honoring others and ourselves in the process.”



**Nanna Beth:** It’s not an illusion, it is what it does. And it varies in intensity, becoming weaker and stronger thereby affecting the conditions on Earth.

James, from my perspective, is fine tuning what is to be introduced publicly? This is all very new experiences and is difficult to define and articulate. With what we have to introduce is an enormous volume of information that can only increase. For most this is overwhelming. It is only through a slow start that what is introduced is refined to the salient points. For those who want to investigate further then they will have a field day!

Everything that I investigated and experienced prior to connecting up with Marion and James all appears now very relevant, as if a second was not off target for what is to unfold. Even the year or so I enjoyed investigating rocks – dimensional stone industry. I do hope that we do not have to chisel all this data onto rock faces to ensure longevity of the revelations!!!

**Nanna Beth:** James (and Marion) are revealing the truths needed by humanity to enable them to grow spiritually up through the seven Mansion Worlds as they do their Healing. Then once of a Celestial

truth they can pick up with Mary and Jesus' Spirits of Truth. So because Marion and James are so heavily focused on the Mansion Worlds, it's more about Natural love, sorting it out and seeing why it's being lived in denial and so in an unloving, an anti Natural love way. This is their focus, so there's a lot of ground to cover, and needing to cover it relatively quickly. James bemoans the fact that it's taking so long to do his Healing, however many spirits spend many years in each of the Mansion Worlds, with only a minority being so focused and determined to approach their Healing and in a way 'fast track it' as Samantha is. She is not the norm, others will dedicate themselves to it, but few will do it so quickly. Most will start now and finish it in spirit, and over there still taking a long time relatively speaking. But time, unless you've got James' problems with having to always finish it off quickly and get to the better future, becomes less relevant as you are content to flow along doing what your soul and God is wanting you to do.

James writing out his confusions is to show in a small way, as he doesn't write it all out, what people might be able to expect, or if they find themselves in a similar situation, that it's okay and to keep going. There needs to be just enough connection for everyone to make personally with Marion and James even if they never meet them. It has to be something they live that everyone in some way can relate to, which is why it's taking them both much longer to do their Healing than it would were they only doing it for themselves.

The Healing is a massive undertaking. You have no real idea what is involved John. Really it's two hundred thousand years of change having to be condensed into the truth of how to conduct that change within a person's lifetime. It's a big ask. And it's going to keep us Celestials fully occupied for the whole Avonal Age.

From our side, with Samantha, one person doing her Healing, already there have been huge spin-offs that we've had to deal with. It doesn't affect her other than help her keep going with her Healing, however behind the scenes you have one person who is growing daily in the highest light vibration that one can grow in, the Light of Truth. This truth-light emanates from her aura. She lives surrounded by a whole nation of people emanating anti-truth, a dark life-destroying light. So what effect does her truth light of ever increasing vibration have on untruth light, and how do we work it with her so as to keep her safe and protected from the untruth? And yet she still has to go out shopping and participate in the world, so what sort of shielding do her angels give her? And then how much of the yuk do they allow to penetrate so as to keep her feeling bad so she can keep bringing to light more truth? And that's just one person.



So imagine what it's going to be like when lots of people start embracing the truth and wanting to do their Healing. And although you can't see all the subtle goings on within the auric level, they are very real and important and need to be dealt with and attended to properly. So it's a highly ordered U-Turn John, all so as to maximise that which everyone needs to experience. And everyone's experience no matter what level of truth or untruth they are on, needs to be fully supported so they can live it fully.

And so to one day have people living a Celestial level of truth on a world where other people are living the furthest you can from that deep in their untruth, it's simply unheard of John, it's never been done before, so we're all flying by the seat of our pants. And so for me to say don't worry John, it's all going to unfold smoothly, rather than it's going to be so chaotic John and you'd better get out while the going's good, I can only tell you because of how we're all going to help and how it's all to unfold from within the souls of all of us involved.

And as to why you're one of those souls John, well that's just life, it's what you've been created to do, to play your role in it as we all have. It just is how it is, and we might not like it, and we're free to complain about it, wish we weren't or we had someone better or whatever, but that's all really so we can use those feelings to further our advancement of truth. Because the one thing we can all live and know is, as it's all God's Creation, with God doing it all, and with God being perfect, so it will all perfectly happen, the perfect will be perfect, as the imperfect will be perfectly imperfect, and it can't be any other way.



Thank you Nanna Beth and cheers from John.

Me (James): Having written that with Nanna Beth, certain thoughts came into my mind which I want to write, all along the Avonal lines. And as I assume now that anything I send concerning the Avonals is for the 'inner circle' only, so I want to try and be truer to my Avonal feelings. As you all know, I've kept the lid on it as much as possibly because the last thing I want is to be the Pied Piper, as much as no doubt you wouldn't want to be my followers, yet as Marion doesn't want to go along with it all, and you do, so I will gratefully write to you, until or unless you say otherwise. So as usual with everything I do there are the two conflicting sides, so I am going to be open to wherever the Avonal thing takes me when I'm writing to you, I will just be it, until something changes in me and I know I'm not it, and with Marion I will only say anything relevant concerning my feelings about it, as that's all she wants to talk about.

James: These last few weeks writing with you Nanna Beth I've felt more focused, as if you are taking more care with your words, or I am focused more on allowing you too, rather than having to deal with my slack mind, and it feels good. I feel more solid, more precise and wanting to be increasingly so with you so far as the truth and information about it is concerned.

Nanna Beth: It's because you're changing James and I am able to work within your mind in a more focused way. And further to what I was saying to you, I am, our soulgroup is, being stretched to its maximum capacity dealing with you. You have no idea how much you are putting us through, which we love, and want more than anything, but we are having to learn so much about all aspects of life and particularly concerning life with the Avonal Pair.

As I've told you before, you have no idea as to the strength of your light that you and Marion carry in your soul of Truth. And so being always attuned to you, causes us to always feel and be in that light, which has quite an effect upon us. Again it's hard for me to describe, however we don't have a normal Celestial life because of our personal involvement with you, we have an altered one, something that's very unusual, again something that's not happened before. Normally on a true world, you James would have little personally to do with us Celestials, you'd work almost exclusively with the Melchizedeks and the Adamic Pair, and perhaps some of the more advanced mortals whilst you were on Earth, but nothing in the capacity in which we are having to educate you about yourself through my talking regularly with you.

Ordinarily with you and Marion being true, such truth that we talk about would naturally come up within you, it being second nature, and you can feel it there within you, however you enjoy deferring to us wanting me to talk with you which helps to unite us in the Celestial spheres with you and other people on Earth, something that is also unique. And so because we Celestials are not 'programmed' to deal with this, it not being an ordinary part of our ascent through Nebadon, so we're continually being moved into different areas within ourselves, exploring parts of our personality that might have been explored with time, but nothing like at the constant speed you're making us. And really it's the same for John, it's the same for everyone who comes into your personal orbit and wants to grow in truth, they will feel the intensity with you, which you are purposely withholding. But when you 'come of age' and are free to 'just be your true Avonal self' then things will get very intense for some people and us spirits.

As I've told you, all of this is new for me, I had no idea or interest in such things, and that's how it's going to be for a lot of people who find that for one reason or another they will have a lot to do with you and Marion. You will help them move into parts of themselves that they don't know are within them, all along the lines of advancing spiritually.

So the impact of your light of truth on the world is going to be huge. The world basically doesn't know what it's in for. And depending on how much you both 'come out' into the world, will determine how much of an impact you will personally have. We've been told certain things, but not much, as it's really for all of us a 'wait and see' proposition, but from what we see going on so far as all we've been asked to do in preparation along with the angels, one might think that you and Marion, or the light of your truth at least, will not remain hidden away. You might remain more aloof in your personal lives, and not moving out into the world, but that's not going to stop the light of your truth, which might seem like a nebulous thing, but it's very real and will deeply affect everyone whether they know it or not. So that's what we're preparing for.

So it's quite possible Pascas becomes a vehicle for you to do what you'll want to do in the world so far as getting the truth out, and not something that includes everything else that John has envisaged. John might find, and I'm telling you this John just to consider, not as gospel, that you want to only be involved in the dissemination of the truths you like so much coming from Marion and James. So you would be setting out to establish something not unlike a new religion, something which has a persona in the world, something people can recognise being about the New Revelation and all that involves. And something that is standing up in contradistinction to the existing systems, and not so much actively needing to show them up, but just being a competitive choice people can make. So you could even go so far as to see yourself as part of a 'band' that wants to 'promote' the Avonals and the Avonal truth. And it's not that you are going to be anything like the disciples were for Jesus, as that's not going to happen again, but that your whole being is focused on the Avonals and their Way. So they become like your 'product' that you are going to introduce to the world, all so people can come to understand just how different their view on the world and life is.

So you could imagine the Avonals 'earthing their truth' where they live, and then with a small band of people they set about together building the New Way, which means, sowing the seeds for the eventual set up of what would have been what Eve and Adam did and how they lived, which really is James' idea of creating the Sanctuaries, in which people can: do their Healing, become Celestials in flesh, as Eve and Adam were; have perfect and true children, as Eve and Adam did; and live and create the Garden of Eden, with each Sanctuary being an 'Eden', each one being a central and pinnacle place of human spiritual development. So these 'Sanctuaries' really being the 'Living Churches' of the world that celebrate and promote true creative expression of all involved. And there will be those people who will want to live in such 'Edens' and others that don't, but who will still in their individual way or with others, bring out mini sanctuaries, even if only within their heart.

The aim is for the spiritual hierarchy of the world to be re-established through this next Age, however for people (Celestials in flesh) to take the place of the higher Daughters and Sons that ordinarily would be living on the world. And so just as we Celestials have been given the authority to 'run the Mansion Worlds' so it will end up being the Celestials on Earth who 'run the world'. So power is to be progressively stripped from those who have it now, being in time given as real and true spiritual power to those who've 'earned' it by doing their Healing.



Currently, the so-called most powerful are the hidden controllers, with people like yourselves, Samantha and Marion and James being the least powerful because you can't get a foot in the door so far as any one in 'general humanity' is concerned. And yet with time, the equivalent hidden controllers will be the least powerful, with those of a Celestial level of truth in flesh being the most powerful, a reasserting of the natural spiritual laws and ways of truth.

So part of what you have been preparing yourself for John, is to have this wide ranging connection with James on all the issues that constitute the functioning of the world, with the notion of how would you change or establish similar or new systems to support a complete change in the power structure of the world. And it's not that you have to do it all John, it's just that Pascas and all you do with James will sow the seeds, set the ball in motion so to speak.

So into a world of darkness, as I was saying earlier concerning Samantha, and in a smaller way it includes you and everyone else who takes it on, on the mind level, is coming this higher vibration of light, both on Earth and in the mind Mansion Worlds because they will invariably be affected by what happens on Earth. And that spiritual light of truth is going to grow, and in two ways. One coming from yourselves as you grow in greater understand about it all and with people who do their Healing, and then directly from Marion and James. And when Marion and James do really start, they are going to become empowered in their light very fast and to quite an extreme degree, so far as how they'll relate to the darkness of the world. So this increasing piercing light will start to 'brighten' the world, which is going to eventually wipe away all the darkness. And for that wiping away to occur it means people will have to change, or move on leaving the world for the lower hells and Earth planes, which will also become increasingly under the spotlight.

So a light is going to be shone into the darkness, and it will increase until one day the light is shining so bright there is no longer any darkness, so really the beginning of



your Great U-Turn is turning that light on, and then starting to turn back the dimmer switch which currently is on full, thereby shedding light on all the wrongness, error, untruth, sin and evil, all the rotten stuff, purging it, clearing it away, and even quite forcibly if people resist. And all being done behind the scenes, subtly, and without anyone being the wiser unless they know what is going on.



So we, like you, are waiting for Marion and James to begin, and then to see how they will manifest the light of their truth. And we anticipate it's going to be quite a show. They are both very capable of putting on a good show, having grown up with 'show putting on mothers', yet as to what a spiritual show might look like, and an Avonal one at that, well that's what we're all waiting to see.

So the show will begin, and it will literally be the Greatest Show On Earth, and yet for most people they'll not know until they do their Healing when they come into spirit, just what it was all about.

As James is allowing us to, so we intend to be more forthcoming with the Avonal side of things, helping to build a picture for you to understand, and helping clarify it more for James.

# THE GREATEST SHOW ON EARTH

And as to whether or not we're leading you astray in all of this, well that is what you all have to work out for yourselves, and as you know, time will tell, because the only certainty you can live by is that sooner or later you'll die.

So I will leave you with that sobering note, nothing is easy yet, it all has to be still mucked up and confused and full of doubts, because that's how this age is against the truth. And yet you move forward through your feelings, you keep going, and that's all you can do.

I'll speak to you soon, love Nanna Beth.

**GREAT**  
*U*Turn

&

**THE**  
**CHANGE**

**Avonal AGE**

**BREAKING the BARRIER of the MIND – ENGAGING the SOUL!**



# **D**YNAMIC personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with your soul and enables you to live a Celestial Soul Condition while you live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.



ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.

# Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

## COUNCIL of ELDERS

**Council of Elders now around 20 soul-groups from the 3<sup>rd</sup> Celestial Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



## Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5<sup>th</sup> Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.

-  Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.
-  Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.
-  We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>			
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx</b>	<b>as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>containing the Padgett Messages or Little Book of Truths</b>			<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>

**Available generally from:**

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

**For Divine Love focused websites and forums:**

**Pascas Health:**

<http://www.pascashealth.com/index.php/library.html>

**Spiritual Development:**

<http://new-birth.net/spiritual-subjects/>

**Padgett Books:**

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) .

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

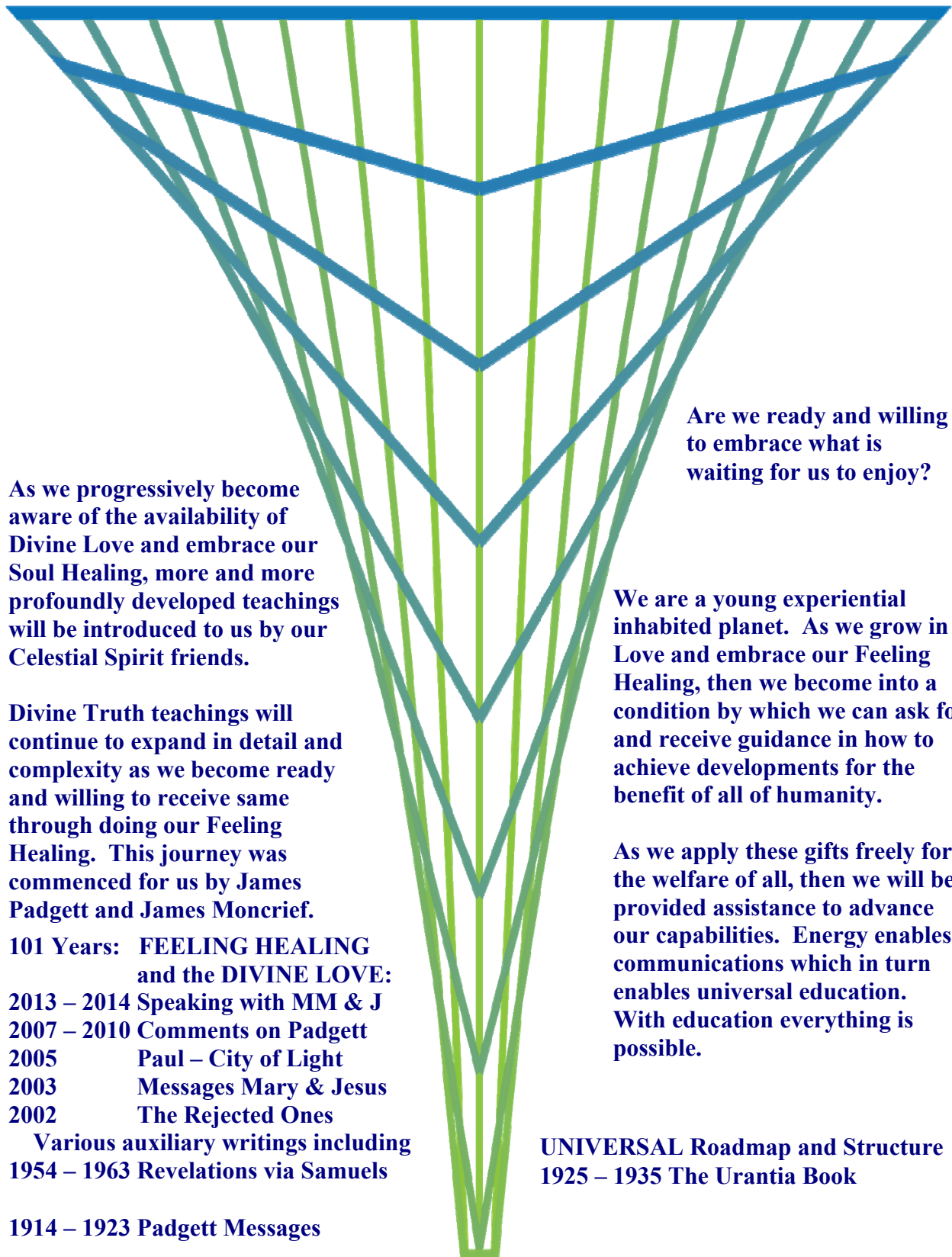
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women’s Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**







perceived truth MoC 880 – relative truth potential MoC 1,480