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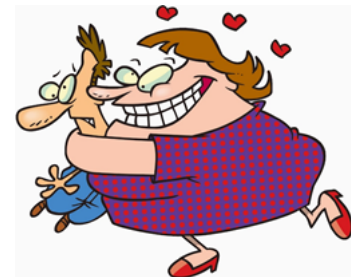
10 May 2018

RELATIONSHIP ISSUES

Childhood Emotional Suppression causes all our current Problems

Friday, 4 May 2018: John: Hi Nanna Beth

The phenomenon of the overweight pandemic, if you could call it that, is intriguing. It is difficult to understand that within some families, some of the members have excess weight and great difficulty in managing their individual weight – whereas in some families all members reflect a similar weight pattern. One can frequently observe married couples with mirroring weight patterns, whereas other couples are individual in their weight.



Society is pointing the finger at processed foods and their high sugar content. Also, society is blaming fast food outlets – particularly those with high sugar content. None of this makes for a solution – if it was then management of one's weight would be obvious.

Would you mind explaining why individuals are displaying obesity and what may be the real underlying foundations for such developments please?

Nanna Beth: All such problems John are to do with your Childhood Repression – nothing more. EVERYTHING wrong in the world and in people's personal lives is to do with their Childhood Repression – how they were unlovingly parented. So how unloved you feel.



The fact that people want to eat such rubbishy food means they are in need, and in that desperate search for comfort, something to numb the pain of feeling unloved, so they look to such foods, along with everything else one might look to for some sort of good feeling. Were you parented truly lovingly, so you'd reject such food – why would you need it, and it would make you feel bad as it was not true, and therefore there'd be no market or need for it, so it wouldn't exist.

All these sorts of things, which amounts to your whole society, is self-abusive, truth-denying, all taking you further into the control and trappings of your mind. It's been the minds of people trying to capitalise on people's deep need to erase and nullify their pain from feeling so unwanted, that have come up with such craving based things. So in the case of obesity, it's not just diet, it's all those unwanted feelings that are not being attended to.



And for people who's negative patterns lead them toward fatness, the truth of which they'd find should they do their Healing, so they can't help themselves,

trying to turn their obesity into an acceptable thing, or trying to rid themselves of it, just as people do who are not excessively fat doing their comforting things in their ways that is just as needy.

If you feel loved, relative to love within an unloving environment, then on the surface it might appear that you don't have such compulsions and the effects of your neediness might not be so obvious, however that doesn't mean you're in a better state than someone who's obviously showing how unloved they feel. It's just expressions of the same thing.

Marriage or partner break-ups are also another phenomenon that is seemingly more the norm than the exception. These are traumatic events that have years in their making and then years in recovery. Why do they occur?

Nanna Beth: People being more relaxed these days than they were in my day (first half of the 1900's), believing they are freer to do as they please – to have what they want, get in to relationships for all the usual feelings, but once things start going wrong don't feel they have to stay, so get out. In our day the rules were a lot tougher, the beliefs more heavily controlling, so you stayed in the relationship putting yourself aside, doing it 'for the good of the children' or whatever, but now it's acceptable to divorce and support is there for single parent families, and with children growing up freer in such situations, so the expectations of a relationship commitment are far less than it was for us. Still nothing has changed, whether people get married or not, stay together their whole life or only for a moment, no one is truly happy, it's all fantasy love, and so there is no truth foundations to any of the relationships. Relationships built on truth can withstand far more difficulty and hardship, even being not entirely loving, but one's built on mental beliefs and so of the mind – fantasy, can easily fail.



The impact upon children is enormous. Why are children subjected to these events?

Nanna Beth: Why are any of us subjected to anything, negative or positive – because it's what God wants us to experience. Children are no exception. They need to be exposed to all that will cause them all their problems, just like it's been for us once we're adults, all so we can experience feeling unloved and then one day do our Healing to find the truth of such unlovingness, and then once found, live exploring love.



The public is only now becoming aware of domestic violence and the extent that it impacts on so many families. They are yet to become aware of 'mental abuse' which is very subtle but equally terrifying in how it is all related to one partner exerting control over the other. Both parties need support, should they be open to it. What are the generators to the creation of these events? Why do some people find themselves in these situations while others remain clear of such harsh living environments?

Nanna Beth: It's all the patterns of your childhood outworking in your adult lives. With each of us to uncover the truth of such patterns through our Healing. Whether you have a stable life and relationships or unstable ones, they are just the two different ends of the same line. And both have pros and cons, so one is not better off than the other, all of which will come out through one's Healing.

What I am trying to comprehend is how best to deal with these extreme situations. Domestic Violence and Kids on the Street are very much related, in my view. Though each individual situation is totally unique, yet there will be commonality in all such events. Should we be able to drill right down to the core of the creation of these events, then we may enable those involved to recognise why they are

having these experiences and then open a pathway to recover for them and also to progress onto a more vibrant way of life through NATURAL self EXPRESSION.

Nanna Beth: All you can do is offer people the Truth, and then it's up to them to want to find out more – to apply it to their lives. Some will, many – most – won't. And in the meantime you can, should you want to, make life as comfortable for those suffering as you can.

However John, do you want, and is it necessary, to take on all the woes of the world, trying to mitigate them in one way or another? How far do you want to go? **Offer the truth, then deal with those people who accept and embrace it.** That should be your core area of involvement, then as side issues, should you still feel the need, you can think about the rest.

Humanity is to be offered the truth of how it can help itself. However it's still up to each individual to decide to do that for themselves, and how much they want to do it. You are introducing the Divine Love Healing Mansion Worlds to the physical plane, and then once people are Healed, they will, as they express their Celestial truth, bring the Celestial spheres to Earth. You are going to create a Divine Love 'world' within the existing rebellious Natural love world. The Divine Love world even consisting of people who don't want to embrace the Divine Love as such, yet are still wanting to do their Feeling-Healing. Then you can leave the mind worlds alone, they are to work through to their natural conclusion.

So in theory John, you could set up Divine Love structures that mirror every facet of the world, and by Divine Love structures I mean, systems and businesses and ways of living that are driven by or underpinned by, supported by, people living with the Divine Love and who are 'Healing aware'. They don't have to be doing it, but are aware of it.

The task being is to make available the opportunity for awareness of what is possible, however, to do so in the most simple and loving way. Firstly, I am looking to understand the issues and the core of what confronts these people and children, and this I sure welcome any and all guidance please.

Nanna Beth: You can't work such things out John, people have been trying to do that for aeons, you can't do it with and through your mind.

And now that the truth is available how to do it with and through your feelings, you can only understand what is really needed and what it's all about personally through your own Healing. You can't take the problem of abused children and work to put systems in place to lessen it. I mean you can, however it's all been done – everything has been done, and done over and over and still humanity is in an increasingly bad state.



The only new approaches are going to come from people who are doing or have done their Healing, because they will be looking at the problems from the inside out, not the outside in. And of course help can be given and problems eased using existing systems, which like all things work seemingly well for some people and yet not so well for others, but that's still all band aid stuff, still all within the existing mind systems.

Humanity lacks the truth to deal with its problems, that being what it should have worked out for itself by now, but of course can't because of the very nature of the truth-denial it's in.

But now, the Truth has been plonked down amongst you, and it's real and can be lived. So there is nothing more that you can do but wait for people to live it.

FEELING HEALING

To help those people find it who might be looking for it, and then to wait and see what they want to do with it. And you won't have to wait long. You can keep going making your plans forever John, but I assure you, if people take on the truths you'll be presenting to them, then all those plans you may as well throw in the bin, as it will all be different.

Feelings!

What you are going through currently is like how it was with James, you saw the house and was thinking of it for him, it wasn't, so onto plan B, which leads you to meet other people, and so on it will go. But it's all helping you become more familiar with things to do with it all, like asking these questions, but it's not to say that any of what you plan will actually eventuate. It's all happening on other levels using the physical reality, but that's very difficult to see, so all you can do is keep going as you feel to.

[What questions should I be asking please?](#)

Nanna Beth: Whatever comes to mind. You can't work it out with your mind, it's going to be a Feelings Thing. Feeling-led people will drive it, you with your mind can help facilitate that. You're trying to drive it with your mind before anything has actually happened. And you have to do some of this, but still it's to understand that once it actually begins, it's 'game on' and that it's going to be a vastly different one to any you're used to playing.

SUPERKID POWER
NATURAL self EXPRESSION



Aspiring to Living Feelings First

Brian Iverach, Graham Golding

Jim Baker and John Doel

Pascas Foundation (Aust) Limited



Let's Talk Parenting

The reality is that we do not know how to parent our children. Firstly, neither did our own parents know how to parent us, or their parents before them. Secondly, humanity has been led up the garden path for 200,000 years in the belief that our mind is all wonderful and that we can work these matters out ourselves.

The elephant in the room is that our minds cannot discern truth from falsehood. While we remain enslaved to our minds, being the way we have been taught to live by our carers and educators on all levels, we are incapable of even comprehending how we should bring up our children.



Only when we start to embrace our feelings, our soul based feelings, will we begin to glean what is required in how to bring up our children so that they are at all times engaged with their natural self expression, their true selves.

In the meantime, we will continue to demonstrate to our children a way of living that is grossly unloving, though we may believe that we are loving our children, we are not.



None us know what love is, because we have never experienced true love from our parents or any of our carers. Consequently, our children lack love and they reflect this through their lives in their own physical fitness and relationships that come and go for them.

However, the way to live is through our feelings, our soul-based feelings that are always in truth. We can heal ourselves through our feelings, by longing for the truth of our feelings, both good and bad, as they arise, we can heal our injuries and errors of belief that have been handed down to us through the many generations gone by. Thus, as we progressively heal ourselves through our Feeling Healing process we will then come to know how to raise children.



This time, in the history of humanity, is the most exciting time ever experienced.

What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision

What is Child Abuse?

The above set of diagrams are unnerving as we may find that we have unknowingly experienced most of these treatments and also unknowingly inflicted such treatments upon others with little understanding of the consequences. He or she will get over it! Well, no we don't. The experiences become frozen within us and continues to cause harm to us, both emotionally and physically – UNTIL we talk them out of us!

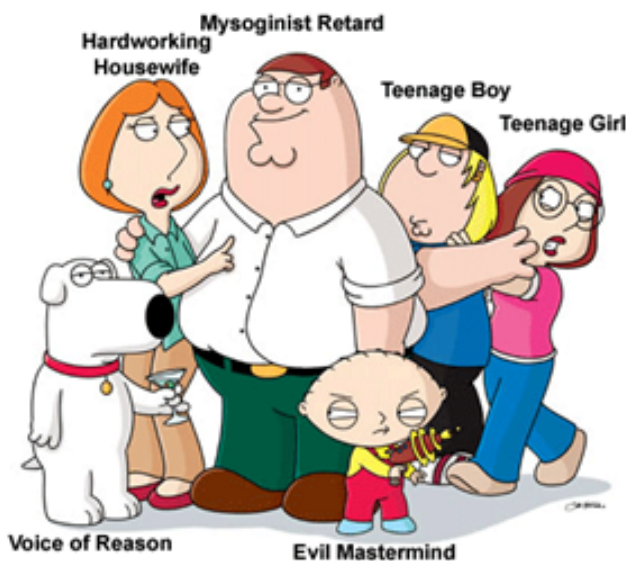
As we feel an issue, an uncomfortable recollection of a time when something disturbing, tiny, little, or huge, comes into our life then we are to long for an understanding as to why this reflection is coming to us. We will find that we will come to understand more about that long 'forgotten' event and it is now necessary for us to then talk it out of us – this is 'Feeling Healing'. We are to express and talk to someone, anyone, what it is that we are experiencing – we are to naturally express our selves.

Well eventually. We have been so retarded and suppressed by the norms imposed upon us by those who have been our teachers that we function like retarded zombies. We just do not know how to freely express our true feelings because we have been taught to imprison them inside a steel wrecking ball – called our 'mind'!

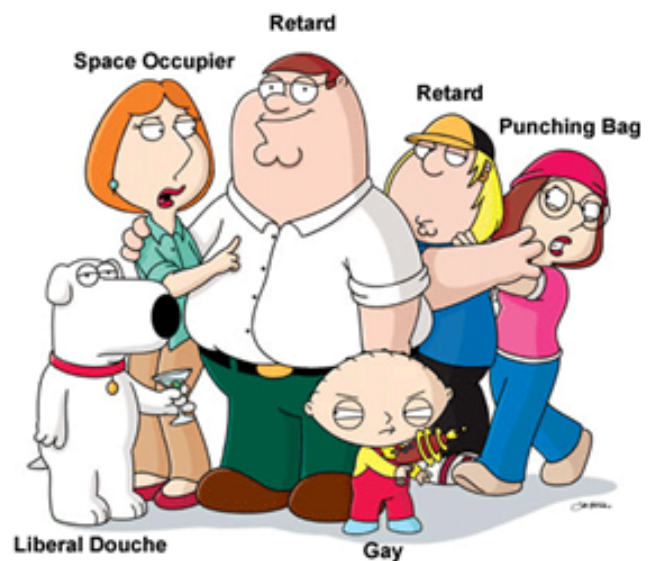


Man, have we been sold up the creek and we have all bought it, hook line and sinker. Now we are going to begin a Great U-Turn and live through our feelings and have our minds follow, not the other way round as we presently live.

Appearance



Reality!



What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

Very enlightening reading is:

'The Rejected Ones' by James Moncrief

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http://divinelovesp.weebly.com/uploads/1/1/2/2/1122832/rejected_ones_1.pdf

also available at the Medical – Spiritual References of the Library Downloads at www.pascashealth.com

We do not know how to bring up a child!

And we will not know until those who complete their healing through embracing Feeling Healing, or should they long for our Heavenly Mother and Father's Divine Love, then their Soul Healing. It is only by Naturally Expressing ourselves through our soul based feelings that will become freely open to us, upon completing our Healing, is the understanding of how to bring up a child.



What is understood is that the task is of such a size that a community is best to be engaged with the bringing up of a child who is then to be free to express all that he or she may feel from their soul based feelings and source of one's intelligence.

Presently, we impose all of our personality upon our children with dire consequences. They may reflect a lot of our own personality; however that is at the expense of their own unique individuality. They will eventually be required to confront all that we impose upon them and slowly shed the armour of our errors. We are all to express our true God-given personality – the one that our Heavenly Mother and Father know us to be! This is what Feeling Healing achieves and to do so requires all of humanity to engage in this Great U-Turn.



No one is teaching these revelations because it is only just become understood. Imagine a child trying to explain to its parent that they have been screwed up completely, thoroughly and utterly, by imposed errors handed down over the aeons by parent after parent. Imagine a child discovering that because of the errors of belief, mainly resulting from the mind's addiction to control, that their personal physical defects and illnesses are a direct result of their parents' emotional and belief errors. Yes, we as parents inflict upon our children all kinds of burdens, physically, emotionally and spiritually.



It is true to say we just did not know. But now it is time to put that all behind us because NOW we DO know. And it is through those who progressively work through their own Feeling Healing, expressing their childhood repressions and suppressions, that the way for small family groups, focused communities, will be able to bring into play the way to bring children up without imposing upon them the harm and errors that humanity has been subjected to for the past 200,000 years. The Rebellion and Default have now ended. This is the dawning days of the coming spiritual age which will be the universal embracement of Feeling Healing, and with Divine Love – Soul Healing. This is the era when the mind will become supportive of one's feelings as we long for the truth of all our feelings as we express both our good and bad feelings as they arise.

As of a result of our childhood repression and suppression, the lack of love having being experienced during one's forming years, from conception to the age of six, we have enabled the biggest addict ever imaginable to flourish. Our mind is addicted to control, control of our unique God given personality.

We have allowed ourselves to be subjected to our spirit body based mind when at all times it is unable to discern truth from falsehood.



Then our fanatically controlling mind leads us upon many pathways of sub-addictions to suppress the pain from our un-loving childhood! Fitness fanatics are the other end of the scale to those who are seduced by the numerous rubbishy foods. Caffeine is now in so many forms that one boggles at the ingenuity of mankind to create so many ways to present the same addictive product. And then there is alcohol, and on it goes. All to suppress our pain from our unloving childhood upbringing. Do not forget the tattoos – they are an expression of rebellion against one's parents.



Only through one's Feeling Healing, while longing for the truth behind one's emotions, both good and bad, will these numerous addictions be able to be understood, dislodged and put aside as the truth behind them unfolds and the pain expressed through talking it out with a partner or a friend; even if the friend is the wind and preferable to one's partner – however our Heavenly Mother and Father are always available. Our Heavenly Parents welcome a rant and rave from us all.

How to hug a teenager!

Yes, well now that is something to experience. There comes a time when deep down one's feelings begin to tell an emerging personality that they have been subjected to a gross overload of unloving treatment. The emerging adult cannot pinpoint the issues through its wayward chaotic mind, which we all possess, and there comes a time when a stand is taken. We begin to push for and demand truth and truth comes with love. Parents are yet to discover truth through their Feeling Healing and cannot satisfy the teenager let alone provide the teenage with the love that they do not have but is demanded of them.



One's soul based intelligence is beyond the levels demonstrated by the greatest scientists that the world has recognised, yet we are all smashed into submitting to our wayward minds. This can now be ended. We no longer are subjected to the Rebellion and Default. We have been provided with the way to embrace our feelings through the Feeling Healing process and this has been done so by those with spiritual authority.

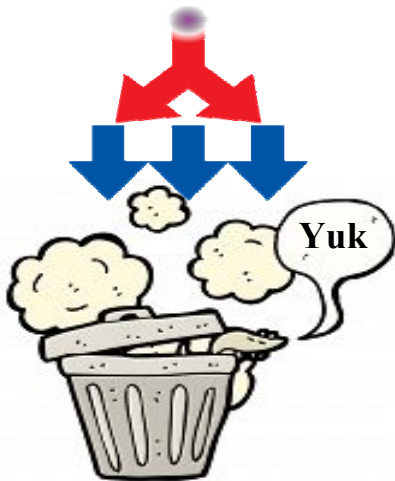


There is more to life than what our ancestors have been led to believe. We can now progressively live a life that will eventually be equivalent to that of the Celestial Heavens here on Earth.

In the meantime we are to shed all the barnacles of our traumatic childhoods. For some of us, we may feel that we do not have such issues – this we will find to be not so. We have six or seven years of the most suppressive guidance and caring imaginable and that has been reinforced progressively by our education systems, churches, employment and governments.



However, we have now been shown the way home and we are wonderfully aided should and when we begin our journey through our Feeling Healing. The barnacles will slowly and progressively be removed and into the rubbish bin forever, and we will become free to express our true selves naturally.





UNIVERSITY OF CENTRAL FLORIDA

Symptom Correlates for Trauma in Young Children

(De Young, Kenardy, & Cobham, 2011; Finkelhor et al., 2005; Lieberman & Knorr, 2007; Scheeringa & Zeanah, 2008; Scheeringa et al., 2003)

- Posttraumatic stress disorder.
- Emotional difficulties, such as anxiety and depression.
- Behavioral difficulties, such as ADHD and Oppositional Defiant Disorder.
- Attachment difficulties with caregivers and interaction difficulties with family members.
- Difficulties achieving developmental tasks.
- Difficulties coping and with frustration tolerance.
- Comorbid socioecological conditions (e.g., poverty) may be likely.

People Who Went Through Trauma at a Young Age Possess These Common Behaviours:

<https://www.meowgag.com/2018/05/02/people-who-went-through-trauma-at-a-young-age-possess-these-common-behaviors/>
2 May 2018

The intensity of a traumatic incident varies from person to person. Trauma from when one was a child can range from a crippling fear of abandonment to physical abuse and anything between the two. **Many adults are forced to deal with the trauma they experienced as children throughout their lives.**



This article will hold true for whoever has had to face something traumatic as a child. **Sometimes, we just hide things because that's easier than actually dealing with them. We even do this unconsciously in order to protect ourselves at the time. But it is important to deal with these issues so that we can finally be free of that burden.**

Here are the seven characteristics shared by people who went through trauma at a young age. (Early childhood **trauma** generally refers to the **traumatic** experiences that occur to children **aged** 0-6. ... A growing body of research has established that **young** children may be affected by events that threaten their safety or the safety of their parents / caregivers, and their symptoms have been well documented.)



1. Recurring panic attacks

Those who have had to deal with trauma early on in life often struggle with anxiety as they grow older. They find it hard to process a lot of things in one go. Whatever they suffered as kids still influence them by making them extra jumpy. They're always looking over their shoulders because they see the whole world as threatening. This is why they often get panicky even when they know that there really is no cause to panic in that situation. They have to suffer through panic attacks every time they deal with even the slightest bit of stress.



2. Making do

Any traumatic experience as a child can completely transform the rest of your life. You'll be anxious because you want to be sure that you'll never be in a situation like that, or in a situation similar to that, ever again in your life. This makes you extra careful at all times and



unwilling to take risks, even if you know they're important. You like to stay where you are comfortable even if it means that you're holding yourself back from realising your full potential. You just complete all the tasks that are necessary to get by but you don't push yourself to be the best version of yourself that you can be. (Suppression of one's real personality in demonstration.)

3. Being overwhelmed by fear

Trauma can hurt you a hundred different ways, some of which you may not even realise till you're much older. Part of this experience is the phobia you develop of certain things because your mind associates them with the pain you had to go through. It could be anything from the fear of a certain kind of alcohol to more crippling fears like that of being inside a moving vehicle and so on. It's important to try and win over this fear before it begins to control every aspect of your life. We never know when we'll run into something that can trigger us so it is better to try and work through our issues because we actually know that those things don't have the power to hurt us anymore. (As with all such emotions, express and talk to your partner or a friend and long for the truth behind such feeling.)



4. Becoming a recluse

When you've been through so much, sometimes it's easier to just hide yourself away from the pity, the sympathy, the blame, and all the other emotions that the rest of the world will try to project on you, even if they are not close to you. You might hate the pitying glances or you might fear others passing harsh judgements on you. By ensuring that you only go out into society when you absolutely need to, you hide yourself from the prying eyes of everyone else. This is called a social anxiety disorder and don't forget that you can always seek help for it, (however, long for the truth behind such feelings and express it to your partner or a friend).



5. Becoming passive-aggressive

It's usually easier to beat around the bush rather than directly confront the cause of your problems. When people are too scared to do the latter, they spend a lot of time trying to repress the anger and resentment that has taken hold deep inside them. While they may be successful at times, some of it will eventually start to find its way out. They might not be ready for the direct confrontation but they start dealing with it in a passive-aggressive manner in an effort to remain subtle while



getting their point across. They might think that they're avoiding negativity but they're just lying to themselves.

6. A state of constant tension

That traumatic experience probably ended a long, long time ago but some people have a hard time letting go. They're well aware that their circumstances have changed but they're always preparing for those problems to come back, some even unconsciously so. Their brain is stuck on the principle of flight and fight and this causes a good deal of internal conflict. They are in a state of constant tension which keeps them from living life as it should be lived. They are never carefree about anything. This is usually seen in survivors of physical abuse but it also occurs in those who have had breakdowns due to being over stressed.



7. Victimising themselves

This is what happens when the victim of some form of trauma becomes too used to that role. They've been treated as a helpless victim for so long and by so many that they actually start to believe it. But once the attention passes, they are left lonely, feeling like they are just floating around alone in life. They try to deal with it by further embracing the role of the victim. They find it safer to take orders rather than to give them. They'll obey even if they don't agree with the order they've been given. They feel much safer this way.



(These are just a few of the suppression and repression outcomes from one's childhood upbringing. All such emotional stresses are to be expressed and removed from one's being so that one's true personality can fully express itself naturally. It is truly a long and difficult process, however, this time in the history of humanity we are being told how to do so.)

Feelings first

Very enlightening reading is:

'The Rejected Ones' by James Moncrief

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http://divinelovesp.weebly.com/uploads/1/1/2/2/1122832/rejected_ones_1.pdf

also available at the Medical – Spiritual References of the Library Downloads at www.pascashealth.com

How to Bring up a Child:

Naturally most parents want to bring up their child the right way, loving it and trying to do the best for it. However whilst we're of an untrue and unloving state, it doesn't matter what one's intentions are, one can't do it. You can't love your child whilst you're unloving. You can't love another if you can't first love yourself. And you can't love yourself because you weren't loved by your parents. And doing your Healing is truly setting out to love yourself, with you becoming completely self-loving by the time it's completed.

Everything else we do before we finish our Healing, irrespective of how loving it might be and how good it might make you and others feel, including your child, it's still not being fully loving. The fact that we have to do our Healing means we're not right, we have to heal something, and so that means we're not truly loving. If we were, we'd be true and perfect and all-loving and so wouldn't need to do any healing as there would not be anything wrong with us.

So people who refuse to accept they are not loving are deluding themselves. And this is one of the most difficult aspects of our wrongness to understand and accept. And then to understand, that because you are wrong and so not fully loving, it doesn't matter what you do with your child, you're not ever going to be the perfect parent. It will still feel unloved to some degree, and it will turn on you when it comes to do its Healing, if not before, that being if you refuse to accept and acknowledge its bad feelings about you when it has them.

And the only way to become a better parent is to do your Healing. As you grow in truth, so you'll stop negatively affecting your child as much as you were. You can learn all sorts of 'better parenting' techniques, going this way and that in your mind, some of which on the surface might seem like you are more loving with your child feeling more loved by you, however deeper will still be all the unexpressed hidden bad feelings that will one day need to be brought out and their truth revealed.

And some people should they understand and accept they are not truly loving, might no longer want to have children, not wanting to subject them to such unlovingness; whereas other people might understand and accept their limitations as being a parent, still having children, knowing their children will have to one day do their Healing just as they will.

Is it wrong to have children when you know you are unloving? That's something that everyone has to come to within themselves and for themselves and through their feelings. It's not something you can say one way or other. That is trying to work it out using the mind, which is what is wrong about how we do everything. So all we can do, is keep wanting to be true, wanting to express our feelings, and wanting the truth of them. And to live that way even if you are not actively doing your Healing.

And it's one thing for parents to think and believe what they will about being parents and how good a job they have done with their child, and that is fine, that's for them, however it might be an entirely different what those parents' child feels being on the receiving end. We can't fathom what another person is experiencing. We can't know what effect we're having on another person. The parent, unless they are of a Celestial truth, won't have the foggiest as to what really they are doing to their child. And neither will the child until as an adult it does its Healing.

Personal experience during James' Healing:

These are some of the most important things I uncovered through my Feeling Healing about trauma.

The main point is: My whole childhood was one LONG trauma. I was traumatised by it all. All the good and bad parts, every moment with my parents and family was traumatic. So it wasn't about looking for specific really bad traumatic experiences I might have forgotten or even remembered, but coming to accept that all of it was horrendous. And more horrendous than I could have possibly believed. Growing up feeling completely unloved is the MOST traumatic experience you can have. You are formed in trauma, and then led to believe that your traumatic state is normal, it's good, it's even loving. And boy oh boy, what a shock it is doing your Healing as your feelings lead you to the truth of how wrong you've got it. With that truth being so shocking it's almost as traumatic as well as it comes to light. However because it is the truth, so within it comes relief, comfort, and the true healing of your traumatic state.



None of us realise just how severe and traumatic our whole childhood is. Through your Healing you will find out the whole truth of it.

We are an emerging will. Our will needs to grow, evolve and develop so as to bring our personality into its full expression. And this needs to happen every day during our childhood WITHOUT interference. So from conception until we're about twenty-one, and most importantly through our formative years, we need to be able to freely express ALL of ourselves with our emerging and developing will. And at any time, even the smallest infringement against our will, is traumatic and causes us great damage to our personality expression. Think of how many times during the course of a normal day (and what parents mostly consider good and loving parenting) parents stop their children from expressing all they feel, all of which is traumatic. How many times did it happen to you throughout your childhood – countless, and every one of those now repressed 'episodes' needs to be Healed. When the parent says no, stop that, don't do that, and then stops the child from expressing its protest, something like – if you don't do as you're told, I'll take you straight home – that is major trauma. And such horribly unloving experiences compound, so one ends up packed full of repressed bad feelings they are doing all they can to keep suppressed, all because their parent forced them to stop expressing themselves as their will desired to be expressed. We are forced to hide our bad feelings because we're not allowed to freely express our pain and bad feelings. Our parents don't want to know these parts of us so make us hide them – from them and from ourselves. Which is why it's so hard to uncover our trauma, because we're not allowed to have it – express it. No one wanted to know, and so neither do we. And all those barriers and resistance has to be worked through by submitting to your bad feelings through your Healing.

Your specific trauma IS your parents on the feeling and emotional level. I was hit in the face by half a brick smashing my nose when I was about three years old. Another little boy threw it at me. I'd just been thoroughly enjoying myself and then suddenly SMASH. And my Healing has repeatedly cycled around this traumatic experience, showing me that really it had nothing to do with the other little boy, the brick, the experience itself. It happened as a manifestation or result of how my parents treated me – they repeatedly smashing me and stopping me from enjoying myself. The brick in my face is the outworking on a



feeling level of how they didn't care about me, didn't truly love me, didn't protect me; and really, the whole damning and devastating truth: How they hated me and wished I would go away; and so severe was that, that they emotionally, mentally and spiritually threw a brick in my face. And they threw it endless times. That is how wanted my Healing has shown me that I felt by them. It all being represented and experienced physically during this one traumatic event. But really, every time they checked my will, stopping me from freely expressing myself, they smashed me in the face with the brick. And it's taken me a long time, all the twenty years of my Healing, to understand, and then accept, the severity of this. And that I'm not making it up or making it more than it was, with my feelings showing and leading me each step of the way over the years to see and comprehend the full magnitude of this truth.



And so, if say you are abused as a child, hit, raped, or even as a young adult before your childhood has ended, then through your Feeling Healing you will see eventually that that abuse on the physical level is actually your parents abusing you on the emotional, feeling, mental and spiritual levels. Your parents raped you, they raped your self-expression, they took it away from you, they stopped you being free and loving as you wanted to be. And as hard as it might be to accept that **IT WAS ALL YOUR PARENTS FAULT**, that too is part of the denial that so many of us live under. It was all their fault and they need to be blamed accordingly until you have brought to light and expressed all that pain and blame out of you; and when you have, and seen all the truth about your unloving relationship with them – when it's all over, then you'll let them go. Then you'll no longer blame them, then you'll be able to understand why they treated you unlovingly and traumatised you, all with such truth and understanding coming through your feelings. And **NOT** trying to bring it about falsely and prematurely by using your mind to excuse them.



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LONGING for DIVINE LOVE:

One's soul is always perfect. It is a creation of our perfect Heavenly Parents.

They have given us free will. The freedom to use our mind to embrace or deny Them; to live true to ourselves, or untrue and against ourselves. True to Them; or against Them.

As we progress through our early childhood years we absorb the attitudes, beliefs and habits of those within our environment. Some of these are in error. Such emotional errors and injuries melded with errors in belief encrust one's soul with unhealthy and unloving energies. These 'encrustments' retard the flow of loving energies into our soul.

As we become aware of our Mother and Father's greatest gift in all of the universes, we can ask for and receive this gift, being Their Divine Love. Some people see it as a light golden blue energy substance – light. Through one's Feeling Healing it progressively helps us see the truth of how untrue and erroneous we are. This Love will slowly enable us to break free of such wrong beliefs, trauma, pain and suffering.

With the Divine Love of our Parents, the beauty with which we were created can come to the surface and we can then proceed to progress beyond the ceiling of our natural love formed soul. Once our Feeling Healing with the vibrant energy of Divine Love (our Soul Healing) is completed, the Love enables us to live a life here on Earth as though we were in the Celestial Heavens.

The Divine Love of our Heavenly Parents is the greatest gift for all of humanity. Without exception or condition we can long to our Mother and Father for Their Love anywhere and anytime. Longing with all our heart to be loved by Them – to receive Their Love into our soul.



Suppression and its Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feelings of feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

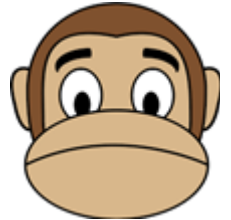
And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on Earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



And to spiritually help us, we are to understand:

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime to help us with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind-controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our

feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

Long for the truth of your feelings.

Long for the Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

James Moncrief 18 March 2018

It's time for the true Woman's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you do, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.

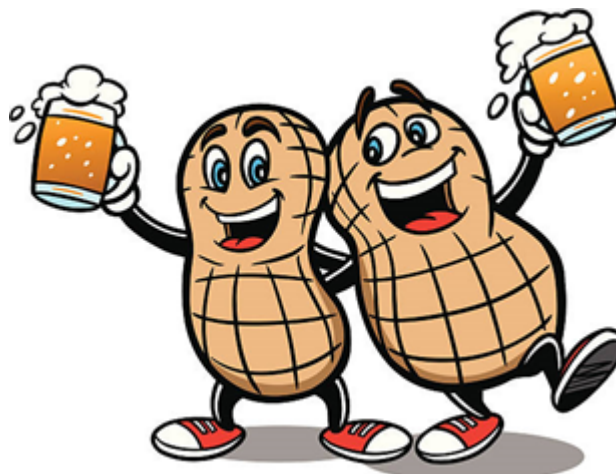


Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of you, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

The New Way, Feelings First Spirituality

MIND Worship



numbnuts

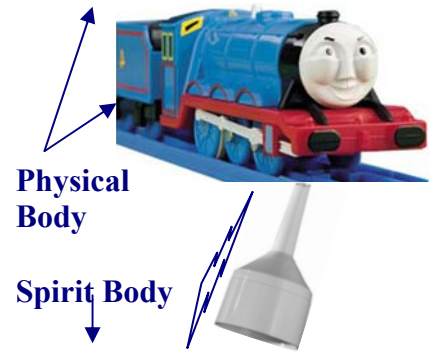
Insanity Of Humanity

The SOUL DOES IT ALL. The soul initiates conception and the growing of the physical and spiritual bodies, and all that connects them to each other and to the soul itself. The creation of the embryo is the creation of both of the physical body and the spirit body. The personality is soul based. The spirit body is far more capable than the physical body. A soul half brings about the embryo thus achieving incarnation of the soul half and completing the individualisation process of the soul half. We are all half of a soul, the other half incarnates into an embryo of the opposite sex.



The soul half individualising is just a tiny invisible spark of the substance, natural love, but even then it is enormously capable.

The life force of the soul enlivens the spirit body through the connection of a golden light cord. Through this connection some of the senses and capabilities of the soul are fed through to the spirit body. In turn, through a silver light cord, the senses and capabilities are further dumbed down into the physical body.

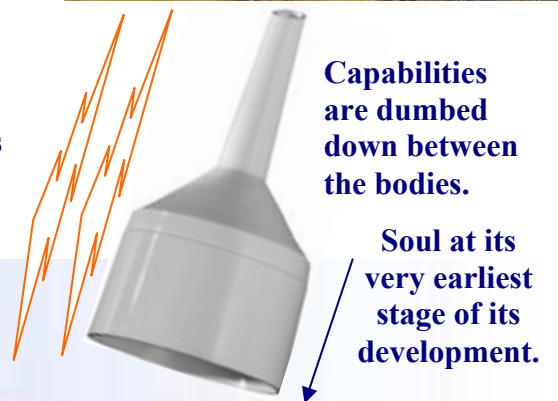


We will discard the physical body as we progress on our journey of growth in love.

It is impossible to comprehend the relativities. Consider the soul being equivalent to the most capable high speed train on the planet. This soul is then connecting and animating a powerful steam locomotive, which in turn is connecting to a toy locomotive – Thomas the Tank Engine. Now, it is this little toy locomotive that most of us consider to be our real self! It is our soul that is.



Our physical experience is like being on training wheels while we begin to feel our way forward having completed the individualisation process.



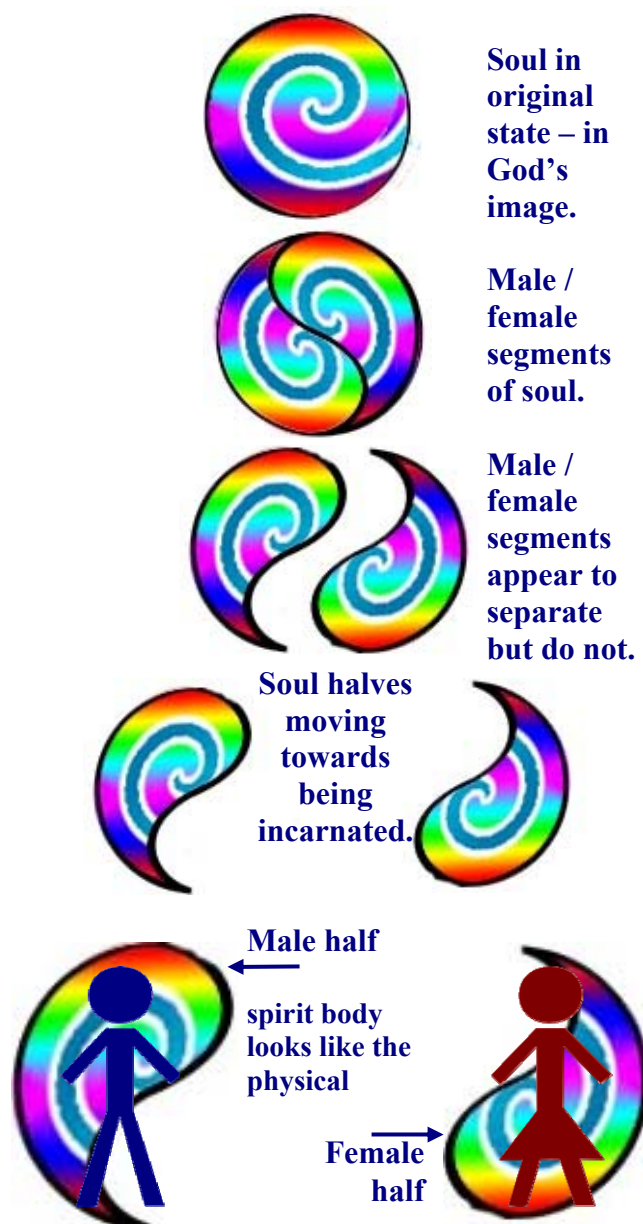
The SOUL DOES IT ALL. THE SOUL INITIATES CONCEPTION AND THE GROWING OF THE PHYSICAL AND SPIRITUAL BODIES, AND ALL THAT CONNECTS THEM TO EACH OTHER AND TO THE SOUL ITSELF.

The soul oversees EVERYTHING – we are soul. And our soul is duplex, in that it has bestowed upon it, two unique personalities by its Creator Parents – our Heavenly Mother and Father. So at conception, our soul incarnates you, one of the two personalities into Creation – life. The soul does it all. The soul doesn't come at some point embracing the embryo. The embryo wouldn't exist if it weren't for the soul wanting it to exist. We are never separate from our soul.

We are one of the personality expressions of our soul, our soulmate is the other one, our 'other half'. Our soul can incarnate its two personality expressions at different times on Earth. With each 'half' experiencing life as a full individual and independent personality destined at a predetermined time to meet each other, which will more than likely happen at some point through one's Healing or when one has finished it. And whilst we're living in rebellion against our soul, ourselves, our truth, so it's highly unlikely we'll have anything to do with our soulmate until we start to heal that rebellion, because we are anti each other – anti the truth of ourselves and each other. We can ONLY experience true soulmate love when we are FULLY healed of our rebellion and default – when we've done our Healing.

And our soul would naturally, had we not been unlovingly interfered with by our parents, evolve us in truth through our feelings and the experiences that give rise to them. However because our parents unwittingly got in the way and stopped our soul from doing this, so we've become untrue and have to do our Healing to sort ourselves out, to bring ourselves back into being how we would naturally be were we not screwed around with.

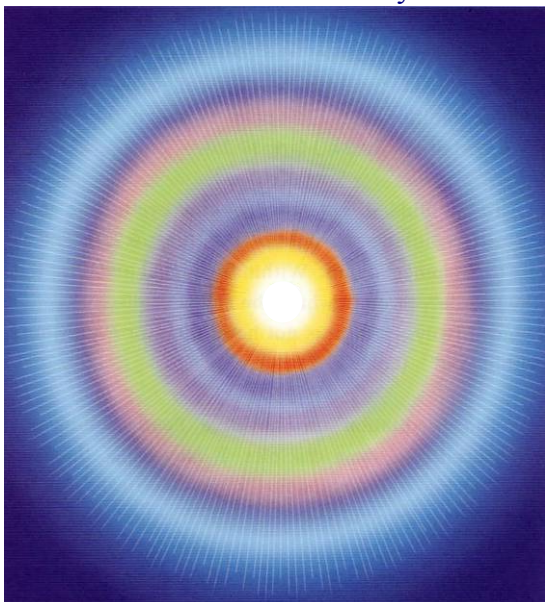
The point of our Healing is to find the whole truth of our unloved state, all through our feelings and not with our mind. So once the truth is revealed, we can be set free of that untrue state. So we're not to look for specific traumas, we're not to try and home in on them, bringing to light all the bad feelings associated with them, then we're 'healed' of it, able to resume our life without the burden of that terrible experience. Certainly our Healing will do that, heal all the bad feelings associated with and resulting from that traumatic experience, however it doesn't stop there, it goes on and deeper until every aspect of self-expression that has been thwarted by negative unloving parental and childhood experiences – all one's trauma from feeling unloved, comes out and the truth seen. So healing our specific traumas is only one part of the Healing, with it being much more.



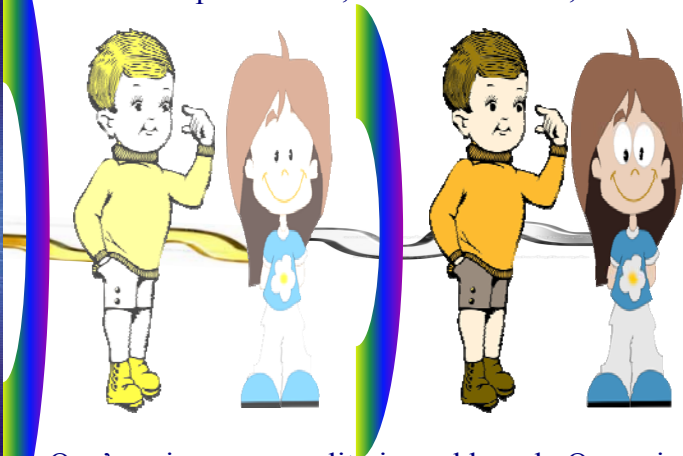
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth. Soulmates getting further apart. Rebellion then Default

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soulmates getting closer together as people express all their feelings more truly.

First soulmate pair – Andon and Fonta

The last humans, the last soul partner pair on Earth.

Lucifer & Satan

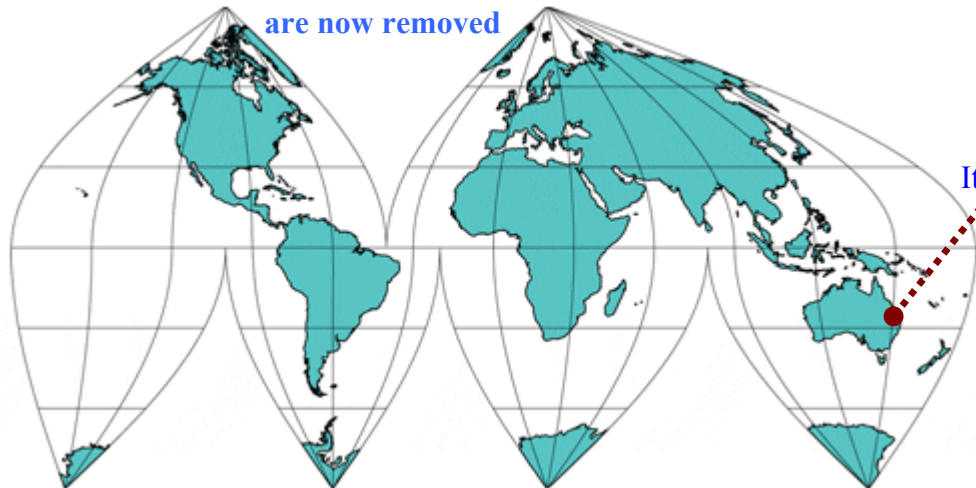
Adam & Eve

Present Day

The Great U-Turn will bring about the Ages of Light and Life.

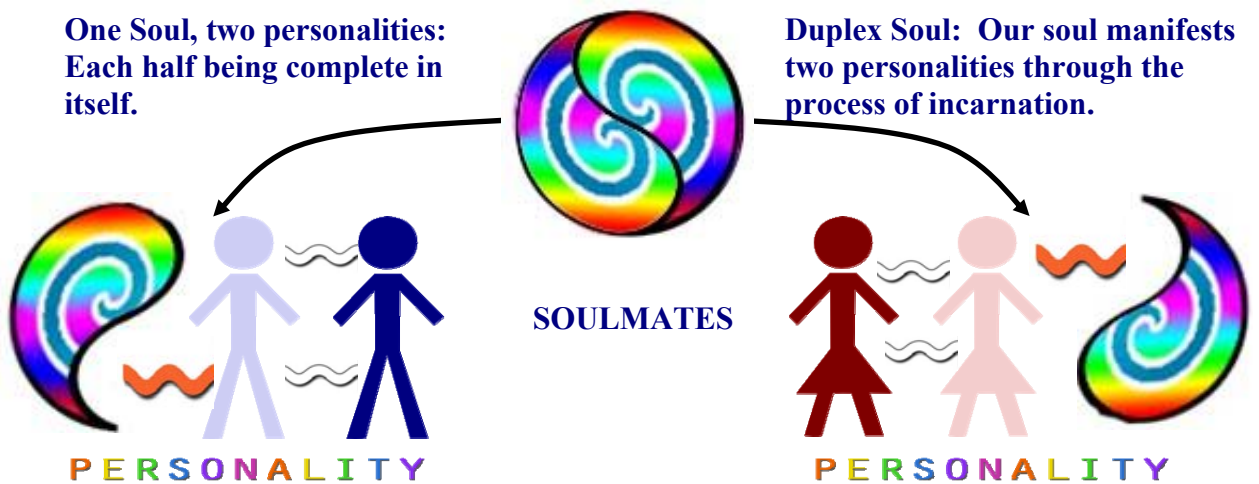
Jurisdiction of humanity and spirit worlds is now with Celestial Spirits.

Rebellion leaders are now removed



One Soul, two personalities: Each half being complete in itself.

Duplex Soul: Our soul manifests two personalities through the process of incarnation.



HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we'll take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Nanna Beth 20 – 23 April 2018

FEELINGS FIRST SPIRITUALITY
Living free to discover one's true self

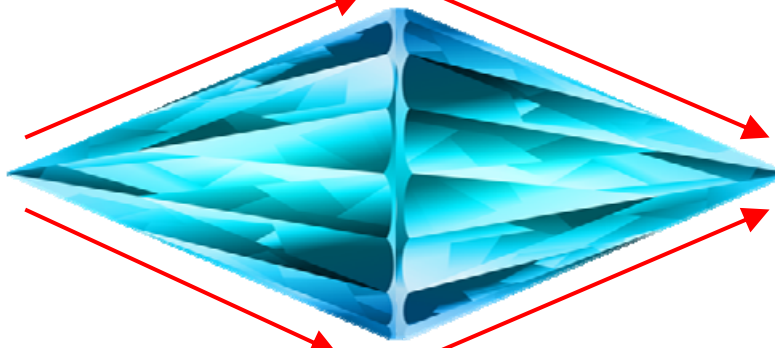
MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:

Rebellion and Default

MIND-Created soulmate

HEALED (Celestial)

**Incarnation
TRUE Soulmate
Soul : Expressing
two personalities
– being soulmates**



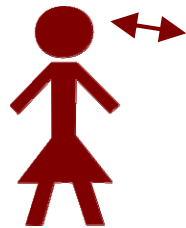
Female soulmate
fantasy man (untrue)
Unsuccessful marriage

Male soulmate
fantasy woman (untrue)
Unsuccessful marriage

**WOMAN
Eternal Marriage
MAN**

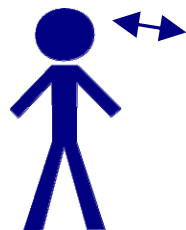
Rebellion and Default MIND-Created false soulmate:

Female soul partner
Unsuccessful
marriage to fantasy
untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soulmate relationships.

Male soul partner
Unsuccessful
marriage to fantasy
untrue woman



Eternal soulmate / soul partner marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soulmate, our true companion for all eternity.

SOULMATE / SOUL PARTNER:

SOUL:

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1st sphere of development.

PERSONALITY

Soul Spirit Body Physical Body

PERSONALITY

Physical Body Spirit Body Soul



Relationships formed through the minds of couples who are unhealed are temporary!

We should incarnate as One soul – expressing Two personalities – soulmates, a woman and man – the perfect union for all eternity.

We incarnate into Rebellion by Default against this.

We live in denial of the truth of ourselves – the truth of our soul.

We look for our soulmate, however it's the 'other half' of our fantasy mind. It's all an illusion, false – the imperfect union. It can't possibly ever be perfect, it's doomed for destruction. No false and untrue union is eternal.

We project this mind-fantasy soulmate onto our partner. We mistakenly believe they are our soulmate, our true other half, yet they are at best only the other half of our mind-contrived soulmate belief. These relationships never last. They are a moment, a glance of hope, a one night stand, a relationship short or long term, marriage with children, lasting until we die and possibly carrying on in the mind worlds in spirit, but doomed to extinction. If your marriage is 'successful', it's just that you manage to fit your false mind fantasy that you are soulmates, well enough to last a little while longer than most who are 'unsuccessful'.

We are to heal our untruth, fantasy, mind-generated false soulmate. By bringing it out so we can understand how and why we're created it and what we expect, long for, hope, it will give us – all the love our parents didn't give us. We want out fantasy mind-created false soulmate to fill all the holes in us, to unconditionally love us, to never reprimand, criticise, judge, curse, hate, disrespect and make us feel bad – only to love us and make us always feel good – to take all our pain away.

The ultimate mind panacea.

We are to heal the need for creating such a wrong thing.

We are to live true to all our pain and feelings of powerlessness and utter devastation of not having anyone who loves us and we can love, because we weren't loved and aren't loving. And once we understand it all, we are then to come to terms with the fact that all our relationships are false and will end.



And that one day, then we are ready to let go of our falseness, we will change into becoming the opposite – truly loving and truly loved, with no more holes that need to be filled in. So our mind can stop being our chosen soulmate and saviour, it can stop being our substitute Mother and Father, and we can live true to our feelings, enjoying our true soulmate, the one God has provided for us.

As we give it up becoming of a Celestial truth, we meet our true soulmate, she/he having healed her/his untrue mind-fantasy soulmate, thereby becoming true soulmates, free to live happily and lovingly forevermore – a truly successful relationship and eternal union.



'What God has joined together let no man put asunder'

I think this 'belief' has now been put aside!

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.
It embraces all people.
It completely unifies the world.



Everyone can relate to everyone else through their feelings.
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.
So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality



my
House is your
Paradise

HOME

LIVING THEIR WILL:

We can choose, in each and every experience, to live true to one's self; true to our feelings, and by doing so, we can also choose to live true to God and Their Will. Our Feelings are our Supreme Guides.



Living God's Will means living true to one's feelings, acting on our feelings in the moment, doing what we feel we want to do, while all the time longing for the Divine Love, the Truth, and wanting to live God's Will.

A lot of people, and so-called spiritual systems, speak about living true themselves and following their feelings, but what they don't understand is that whilst we are living in a negative mind and will state those feelings we are feeling and trying to live are not true. One's negative mind, in accordance with one's negative beliefs, are generating 'false' feelings; that is, feelings you believe are true but aren't, being based on erroneous beliefs. And it's only through the process of healing one's soul of all that is not true that we can begin to live feelings that are being generated with support from a positive mind and will. As we heal from one state (the negative) to the other (the positive) we will feel ourself changing, and will know we are becoming progressively truer. We feel our will truly becoming empowered, and its not an artificial empowerment like many people try to achieve by positive thinking and trying to be positive and wilful using their minds, it's real feelings of ourself, our will, and our wanting to live with God, our Mother and Father.

In the end, as we complete our soul-healing, with a completely healed and self-focused positive will and mind, we will know that we are doing God's Will as we live truly honouring all our feelings. The Father and Mother inspire us through our soul. They don't speak to us in our minds and say do this and do that. They generate feelings, true feelings, to come up in us, feelings we can only know are true when we've healed all that's untrue within us, and it's these feelings that we act on because doing so makes us feel good and happy, and then we are living God's Will. Also we can't live God's Will without the inclusion of Their Divine Love in our soul. We can only live, at best, in a perfected self-willed natural love state. So the partaking of the Divine Love is fundamental to living God's Will, and if you want to live it, if you want God to help you, then They will help you do your soul-healing so eventually you can cross over from being wholly self-willed (without God) to being still wholly self-willed – but with God, and therefore also God-Willed: with your will focused completely on living Their Will.

We don't give up or submit our will to Their Will, as in our will somehow vanishing and Their's taking over. We need our will perfected and not in denial so with all of it we can choose to live Their Will. We wilfully choose with a fully positive will that we want to live with Them. That we want to be at-one with Them. That we want to live the life They have created us to live and we tell Them this is what we want. And the wonderful thing about being able to partake of Their Love is you feel your relationship growing with Them; They become real, 'alive', and so you know, as you are choosing to live Their Will, why you want to do so. And that is because you feel so much love for Them. You want to give something back to Them. You want to live Their Will as a demonstration of your love for Them. They make you feel good, They heal you, They make your life the wonderful thing it should be, and all of this makes you so overwhelmingly grateful to Them that all you want to do is live how They want you to.

FEELINGS

And besides, by that time you arrive at this point of knowing through your feelings, you also know that living without – denying – Them; living totally self-willed and with a negative mind and negatively focused will, is no fun. It hurts: it makes you feel bad and causes you great pain, and who'd ever want

to do it. It's only that our negative states have been forced on us in our very early childhood that we don't know a different way to be.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

So the first step in living God's Will is longing for and receiving Their Love. The next step is the rectification of your will – doing your **Soul-Healing**. To heal yourself so you're living in a positive mind state rather than a negative one. And then once this has happened you will, with no doubt, wilfully choose with all your heart and soul to live God's Will, and you'll be naturally doing this as you simply follow your feelings throughout the day doing what makes you feel good. It's incredible how They've designed it so we can do all we feel we want to; live with complete freedom of will, and yet still do all They want us to do: live fully honouring Their Love and Will always being happy.

We have to see the whole truth of our negative or self-denial state before we can heal it and be free of it.

The CHILD is to FREELY EXPRESS ITSELF: Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.

This is how we are also to be, as adults!

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

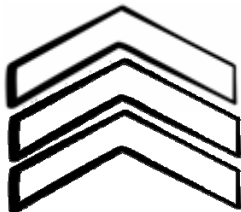


“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;
 Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

| | | | |
|--|---|--|----------------------------|
| Primary recommended reading: | consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light | | |
| The Rejected Ones | 2002 – 2003 | xxx | – James Moncrief |
| Messages from Mary & Jesus | 2003 | xxx | – James Moncrief |
| Paul – City of Light | 2005 | xxx | – James Moncrief |
| Feeling Healing | 2017 | | – James Moncrief |
| Religion of Feelings | 2017 | | – James Moncrief |
| Mary Magdalene and Jesus' comments on the Padgett Messages | 2007 – 2010 | xxx | – James Moncrief |
| Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light | 2013 – 2014 | xxx | – James Moncrief |
| Sage and the Healing Angels of Light | 2017 | xxx | – James Moncrief |
| Road map of Universe and history of Universe: | | | |
| The Urantia Book | 1925 – 1935 | xxx | as primary reading |
| Divine Love supporting reading: | | | |
| Revelations | 1954 – 1963 | | – Dr Daniel Samuels |
| Judas of Kerioth | 2001 – 2003 | | – Geoff Cutler |
| The Book of Truths | 1914 – 1923 | xxx | – Joseph Babinsky |
| containing the Padgett Messages or Little Book of Truths | | | – Joseph Babinsky |
| True Gospel Revealed anew by Jesus Vol I, II, III, IV | | xxx | – Geoff Cutler |
| Available generally from: | | | |
| www.lulu.com | www.amazon.com | www.bookdepository.com | |
| For Divine Love focused websites and forums: | | | |
| Pascas Health: | http://www.pascashealth.com/index.php/library.html | | |
| Spiritual Development: | http://new-birth.net/spiritual-subjects/ | | |
| Padgett Books: | http://new-birth.net/padgetts-messages/ | | |
| | http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm | | |

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com .

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

| | MoC | | |
|---|------------------------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God | 1,490 | Nov 2002 – Jan 2003 | 228 |
| Messages from Mary and Jesus book 1 | 1,485 | Feb – Apr 2003 | 189 |
| Messages from Mary and Jesus book 2 | 1,485 | Apr – Oct 2003 | 170 |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 | | Aug 2007 | 164 |
| Messages from 31 May 1914 – 12 January 1915 | 1,495 | | |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 | | Sep 2010 | 177 |
| Messages from 13 January 1915 – 29 August 1915 | 1,494 | | |
| Speaking with Mary Magdalene and Jesus blog – book 1 | 1,490 | Jan – Apr 2013 | 206 |
| Speaking with Mary Magdalene and Jesus blog – book 2 | 1,489 | Apr – May 2013 | 229 |
| Speaking with Mary Magdalene and Jesus blog – book 3 | 1,490 | Oct – Jan 2014 | 187 |
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| Mary Magdalene comments on Revelation from the Bible KJV | 1,485 | Dec 2013 – Jan 2014 | 84 |
| | | This group being pages of | 1,825 |
| Paul – City of Light | 1,488.5 | 2005 | 149 |
| Ann and Terry | | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD! | feeling-healing book 1 | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually! | feeling-healing book 2 | 2006 | 159 |
| Breaking the Golden Rule. | feeling-healing book 3 | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. | | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing. | | 2010 | 151 |
| Introduction course to Divine Love Spirituality | | 2006 | 139 |
| Speaking with the Dead, Death and Dying | | 2009 | 173 |
| Spirits and their Childhood Repression Healing | | 2010 | 179 |
| With Verna – a nature spirit | | 2008 | 279 |
| Communication with spirits – meet a spirit friend | | 2010 | 37 |
| Introduction to Divine Love Spirituality website | | | 362 |
| Sage – and the Healing Angels of Light | | 2017 | 260 |
| Divine Love Spirituality | 1,500 | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings | | 2017 | 153 |
| Religion of Feelings | 1,500 | 2017 | 47 |
| | | This group being pages of | 3,046 |

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<http://religionoffeelings.weebly.com/>

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Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

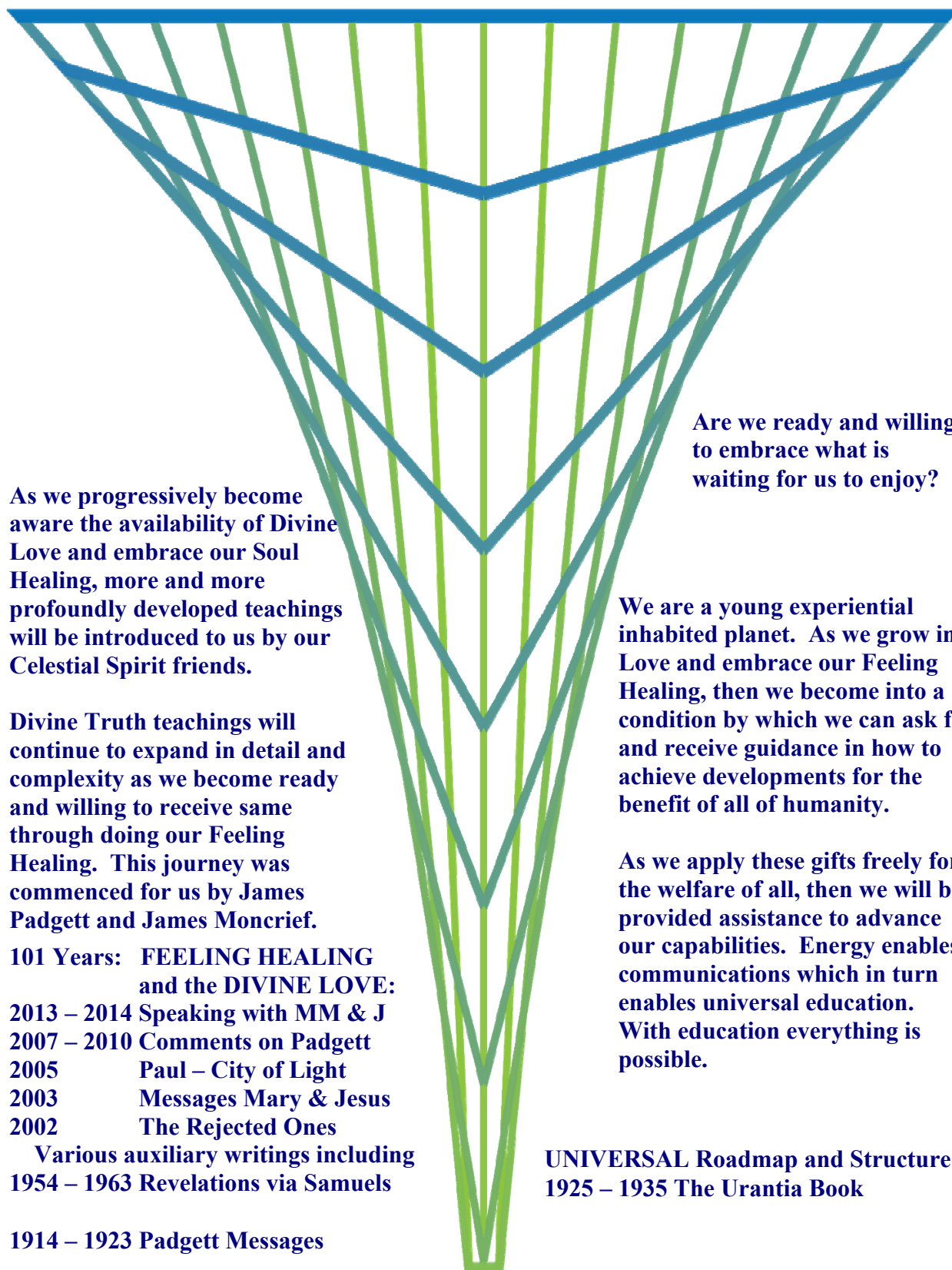
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- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

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- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
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- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love
is the key!



**God's Divine Love:
Pray for it, ask for it, and receive it.**

Feeling Healing with
Divine Love is the key



to enter the
Celestial Heavens:



perceived truth MoC 880 – relative truth potential MoC 1,485