

Pascas Care

Parenting

Health Generation



“Peace And Spirit Creating Alternate Solutions”

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PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Health – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*



“Never can one man do more for another than by making it known of the availability of the Feeling Healing and Divine Love.”

The New Way: learning how to live true to ourselves by living true to our feelings.

The Golden rule is: Never interfere with another’s will.

HEALTH GENERATION

From the moment of conception, we are literally thrown into the abyss of the emotional injuries, errors and wrongness of our parents and those close by. For those who come to recall this moment, it is a 'hell of an experience'. These negative emotional feelings keep coming to us right through our gestation period. By the time we are born (only about 55% of us make it to being born, 25% are aborted and the 20% who are sensible miscarry and get the hell out of here) we have all the foundations within us of the ills, disease and social issues that will plague us for the rest of our lives. Welcome to planet Earth!

Our foetus is always perfect when it is first formed – our soul sees to that. But the emotional injuries that come to us bring about our deformities, our childhood illnesses and lay the pathway of what will follow, health wise and most everything else, throughout our adult life – all of it!

The allopathic (western) health systems totally ignore all of this. They go about suppressing symptoms but there is no consideration as to how to cure any discomfort or illness. Eastern systems bring some relief but it is only temporary as they do not know how to bring about curing either.

This blindness was brought about by hidden controllers who wanted us to remain subordinated to them and not to be able to evolve as is intended. Thus, our education and health systems generated all the other institutionalised systems of suppression on Earth in compliance to these hidden controllers.

Now, through Feeling Healing, the New Way, we can correct all of this!

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Nanna Beth 3rd Celestial Heaven 20 March 2018

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:

This steps down each seven years as the child matures



From conception to
age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

PARENTING HEALTH GENERATION

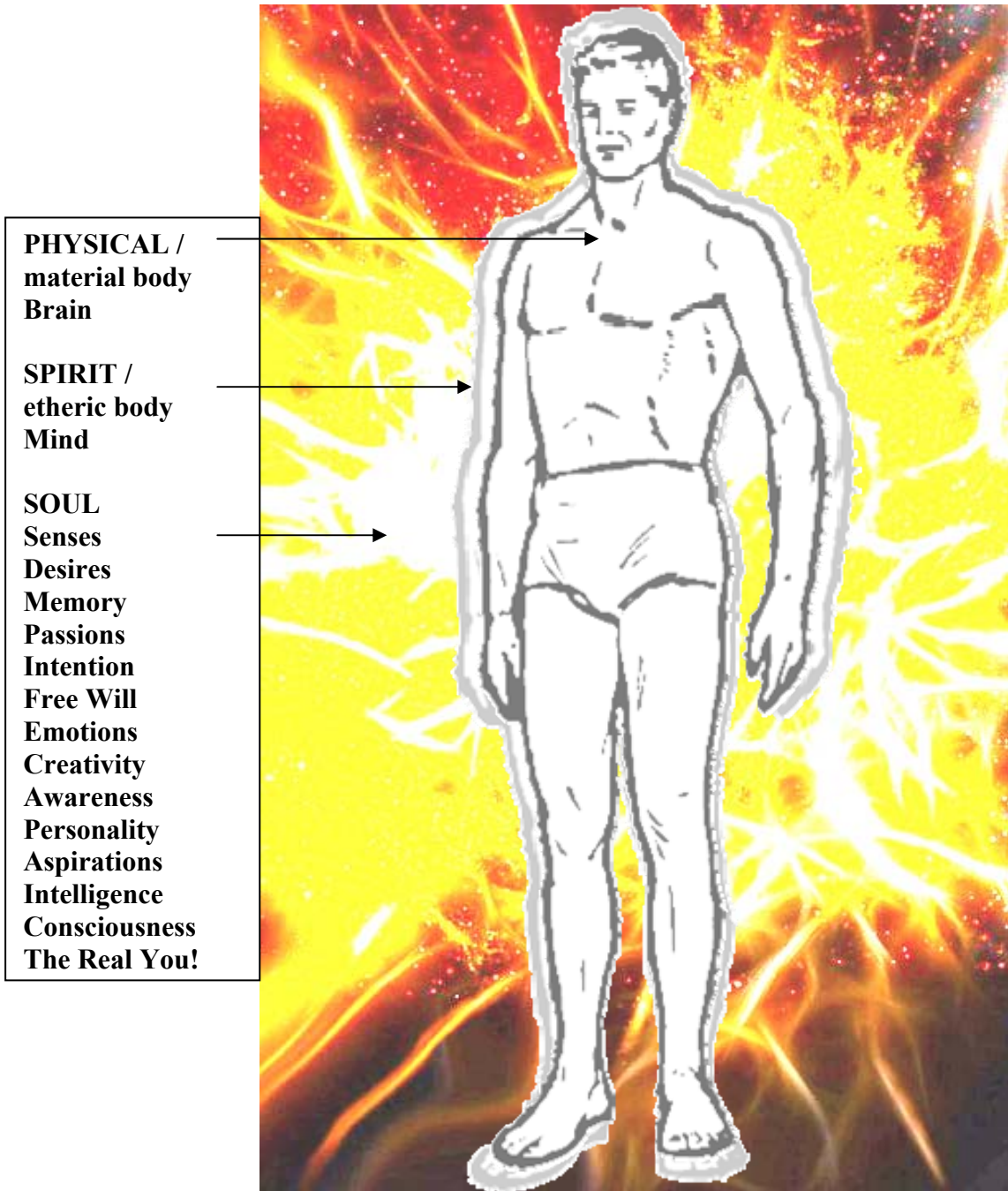
We, as parents, strive to provide an environment and pathway for our children to prosper, however, none of us have been able to recognise that the circumstances of how we bring up our children has been contrived to restrict their potential and consequently their health and wellbeing.

For 200,000 years, until 31 January 2018, the Universal Contract applying to the Rebellion and Default provided the rebellious high level Lanonandek spirits with unfettered dominion and control over Earth's humanity.

Consequently, we have all been guided to live through our minds, have our minds dominate our way of living and suppress our true personality and feelings, going against our Heavenly Mother and Father and living in a way taking us away from God. There have been no exceptions.

1. Parents have persistently imposed upon their children a personality that they believed would be in the best interest of their child. They have caused each child to suppress their true personality and present to the world a persona of the parents liking, thus the child has always had to suppress their feelings and their soul based truth to obey parents as if they are 'god'.
2. Education systems universally continue to direct their students that they are to nurture and strengthen their mind's functionality to the detriment of their feelings and soul based truth. This puts a ceiling of potentiality of development that measures 499 on Dr David R Hawkins' Map of Consciousness, this being the peak of 'Reason' and the ceiling of those who reside within the 1st spirit Mansion World, the lowest of the seven Mansion Worlds that we are to progress through to reach the lowest and first of the Celestial Heavens.
3. We are with Soul. Our soul is a duplex. Our soul manifests two spirit bodies, one a female and the other a male – always! The spirit body is the template of the physical body. When we shed our physical body and begin to live as a spirit we continue to look exactly as we do in the physical now in spirit.
4. Medical sciences do not recognise that we have a spirit body, let alone a soul. Medical sciences do not recognise that our childhood suppression of our true personality and the imposition of our physical parents' emotional injuries and errors, mostly imposed upon them by their own physical parents, is the underlying cause of all our physical deformities, discomforts, pains and illnesses. It is these blocked and frozen emotional injuries that are killing each and every one of us. Yes, we as parents essentially are killing our children. And the medical industry ignores this!
5. The medical industry suppresses the symptoms of illness, it does not cure disease, it does not even know the structure of our being. By suppression of symptoms we are not curing any discomfort or illness, we are putting off the inevitable. The illness may subside but the emotional injury remains within our spirit body and will eventually re-emerge as a more severe complaint or a similar issue.
6. It is only through our personal endeavours of Feeling Healing that we can progressively address the emotional injuries and errors that we have absorbed since the moment of conception and throughout our childhood forming years, mainly through to the age of six years. It is only through Feeling Healing that we can start to mitigate the imposts of the Rebellion and Default for the benefit of our children as well as our selves. What progress we make with our personal Feeling Healing does pass through to our children, depending upon their age. The younger they are, the greater the flow on of benefit.
7. All institutionalised systems will now need to be reassembled but none more so than the education systems and the health systems around the world.

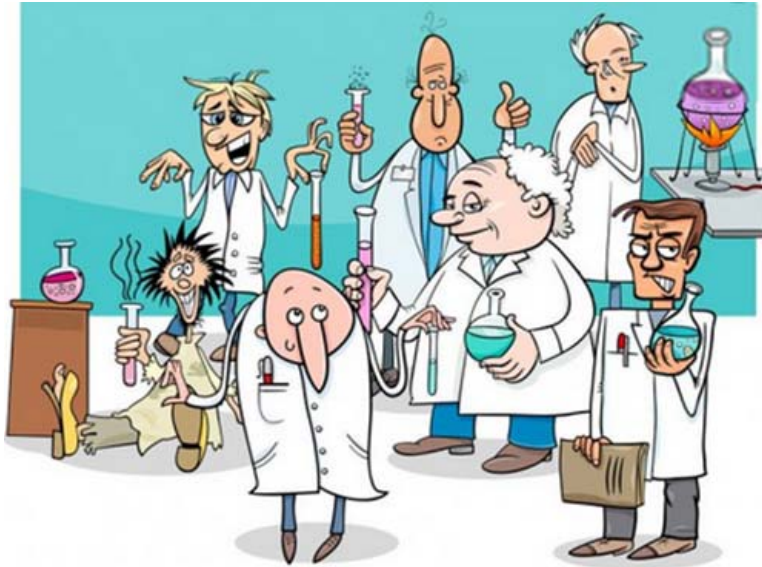
Emotions that are denied, manifest serious illnesses.



SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



LET US JUST IGNORE THIS!



No medical procedure or medication addresses the root cause of any discomfort, pain, deformity, illness, disease or health issue. None even approach the cause.

When was the last time that a health care provider discussed with you what was the underlying cause of what you were presenting with?

Some medical initiatives can see the auric field around one's physical body – that is the etheric spirit body, the template of the physical body and the blue print of your physical body. You look like your etheric spirit body looks like because it is the template of what you present in the physical.

All viruses manifest through the etheric spirit body. There are possibly around 4,000 different types of viruses that can incubate in our etheric body, mutate there and then manifest in the physical body through finding host cells to come into the physical awareness.

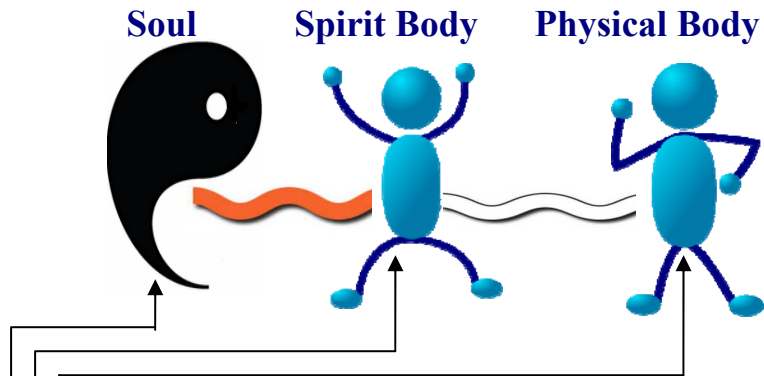
They, like all illnesses come into our awareness only if it is considered necessary by our soul to address our focus. We may need to go deeper into our wrongness and the illness would be to assist us that way, or we may need to have the discomfort of the illness to bring about a change to help us step away from a wrongness and heal. Thus, the illness will always be tailor-made for our specific benefit – that is why no one has the same experience as another with disease.



The etheric body

Barbara-Ann Brennan Hands of Light Chapter 7 (Bantam US, 1987).

HIERARCHY of HEALING SYSTEMS



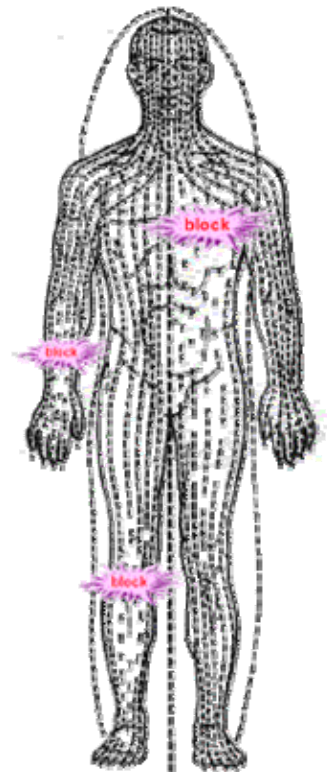
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6th sphere.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

FEELING HEALING – EMOTIONAL EXPRESSION addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



MODERN MEDICINE IGNORES OUR SUBTLE BODIES – and much more!

It is the injuries to our subtle bodies caused by our wayward mind, commencing from incarnation, that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

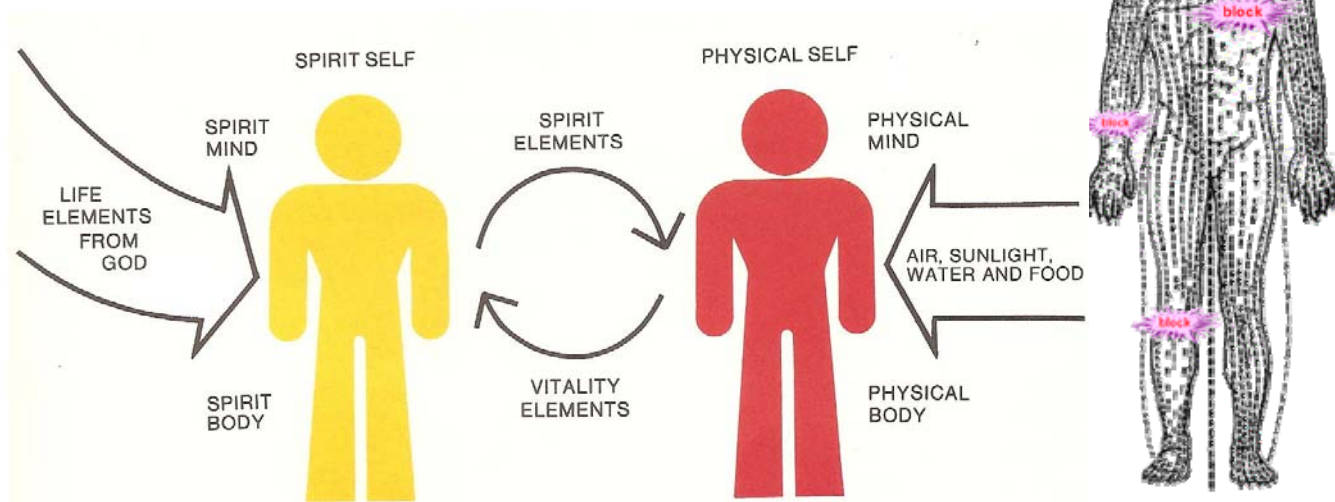
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping ourself on the physical. It is only through our Feeling Healing that we will achieve ultimate true health and healing of our bodies.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

SPIRIT AND MATTER

Each phase of our progression in our personal discovery of truth will open further avenues to truth of an ever increasing and expansive nature. This is our destiny throughout our journey to Paradise, the home of our Heavenly Mother and Father.



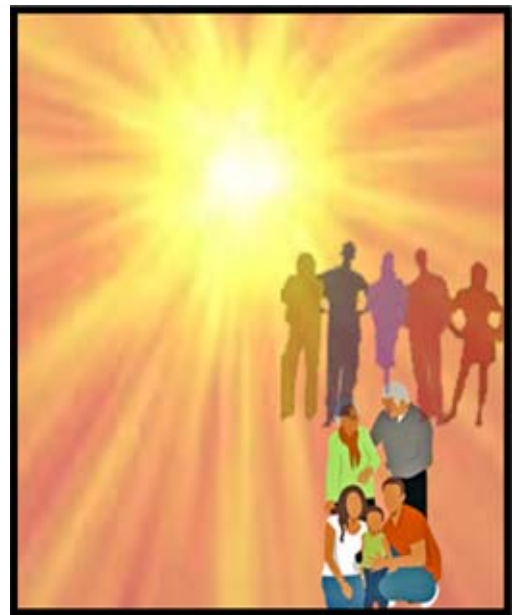
Few are able to see clairvoyantly the spirit bodies of spirit personalities, and even then, this capability is when higher level spirit personalities 'turn down' their brilliance essence so as to make themselves visible – making themselves come closer to the density essence in which the viewer is presently experiencing.

Thus, when it is understood that we have a pair of nature spirits, a pair of spirit personality guides and a pair of angels with us at all times, we cannot see any of them. Yet they all can see us. However, the nature spirits may not be able to see the spirit guides but may see some angels, and the spirit guides may not see the angels. Should the spirit guides be Celestial, then they may also see the angels.

Angels do not have wings, and there are many classes and levels of angels. If the angels are from Paradise, then they would not be typically visible to celestial spirits of the three celestial heavens aligned to Earth's humanity. However, the angels that attended to Earth's humanity typically become visible to the spirit personality upon that person completing their Feeling Healing with Divine Love and progresses from the 7th Mansion World into the 1st Celestial Heaven.

A spirit in a higher plane of Earth cannot be seen by a personality within any of the lower planes. This is the same for each progression to a higher Mansion World, then Celestial Heavens and all the way through to Paradise. A higher level entity needs to detune and allow him or herself to be seen in any lower world and consequently each sphere thereof.

Thus, a Bestowal Pair from Paradise would bring with them Angels to assist them and these Angels of such high elevation would go about unseen, fulfilling their tasks, without any other entity being aware of them due to their ultra fineness of energy and elevation in capabilities – unless they allow themselves to be observed!



The PHENOMENON of VISIBILITY:



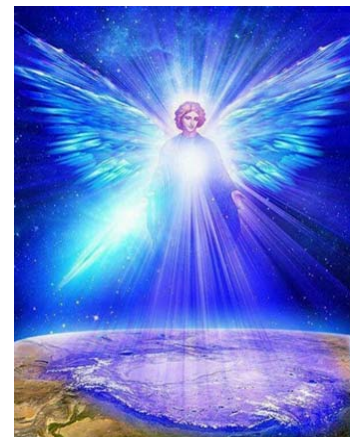
Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.



MEDICAL PROCEDURES and RESEARCH



Sometimes You Can Find a Needle in a Hay Stack!

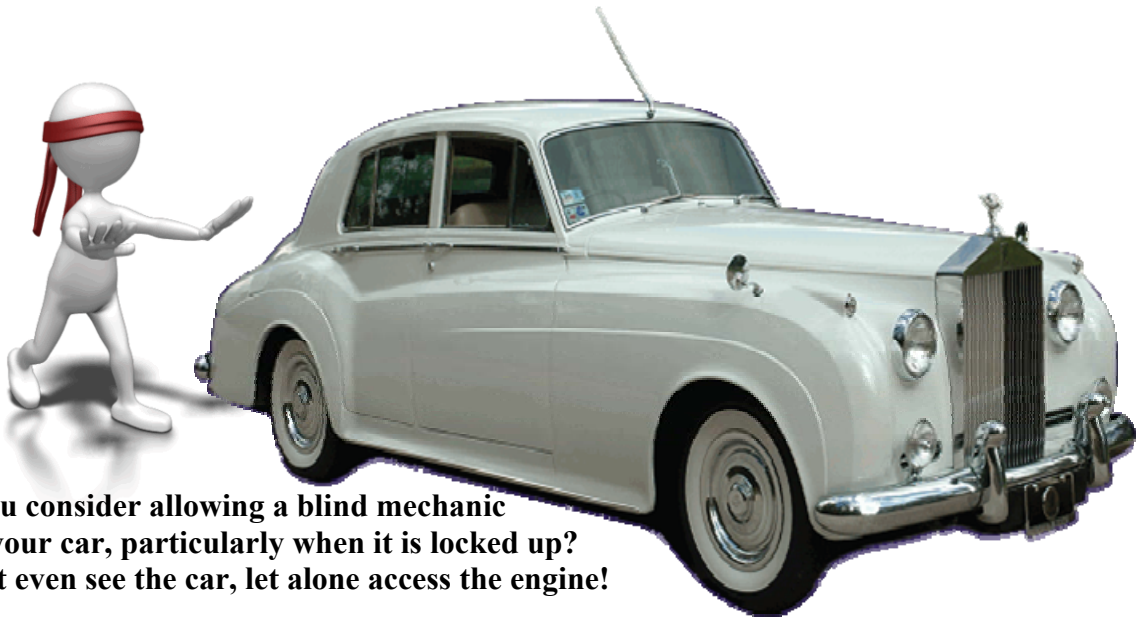
While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.



The physical body is animated by the spirit body, and in turn the spirit body is animated by our soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Our soul and spirit body is the home of our emotional injuries and errors. These emotional issues create fissures and damage within our spirit body. Subsequently the injuries within our spirit body generate illness within our physical body, at the corresponding location as in the spirit body.

Illness is generated by our spirit body, however, healing is generated by our soul. Releasing the emotional injury in your soul and spirit body heals the physical.



Would you consider allowing a blind mechanic work on your car, particularly when it is locked up? He cannot even see the car, let alone access the engine!

The health industry stubbornly resists recognising the subtle bodies that we all have.

The foundation of our illnesses originates from within our subtle bodies, that is, from within our mind which is spirit body based, and subsequently then via our spirit body.

It is only when we understand the cause of an illness is when we can deal with it, effectively, and permanently.

EMOTIONS during our CHILDHOOD

Everyone of us have unexperienced childhood emotions that we have frozen in time inside of us, because we were not allowed to express them at the time we had them.

Think about this; how many of us were allowed to cry completely, to completely cry right the way through. How many of us were told if we cry anymore, I will give you something to cry about! Would we not think that would shut down the crying?

The threat of punishment is going to shut down the crying – and lock our pain into our etheric body – our spirit body aspect that is the template for our physical body.

That is a childhood emotion frozen in time. Every time I wanted to cry, I had to pass through this intellectual filter, ‘I’ll get punished if I cry too much.’ So I only cried a little, enough I could get away with, but not too much.

The problem is that there might have been an event, like breaking my leg, and I needed to cry for an hour or more, but I was only allowed to cry for a few minutes.

So what is happening to the energy of the other fifty five minutes or so?

It is all suppressed, it is all inside of ourselves, it is all within our soul and our spirit etheric body waiting and needing to come out – be expressed.



Everything that we have suppressed is based around a fear that is under the control of our free will. All we have to do is address our fear and our suppressed memories will automatically appear – come to the surface.



The reason why we have these emotions is because when we were a child, we were shut down from experiencing each emotion completely. Think about it now, how many times do you experience an emotion completely, good or bad? Most of us don't because we are so shut down in all different ways that we tell ourselves that we can't, even if it is a good emotion.

Each gender has a different advantage. Women have an advantage in a sense, because they can very easily experience their emotions, without judgement of the emotion itself. But women have a disadvantage because, at times, they find it difficult to observe themselves doing it.

The man's disadvantage, he has a lot of things within him emotionally, and he cannot connect to them emotionally and he is not easily allowing himself to be emotional. His advantage is that he can observe his emotion.

What is required is for both of them (each of us) to understand the other.

Each half of the soul has something that the other half needs for its progression.

Three things that you need to progress are simple but not easy to do:

- 1. Humility – desire to feel all of your own emotions whether pleasurable or painful.**
- 2. Pray for God's Truth – having a desire and longing for the Truth of the feelings that are to be revealed to us – our feelings are Truth .**
- 3. Pray for God's Love – long for God's Divine Love to enter us.**



In almost every religious format, be it Muslim, Buddhist, Christian, every religious format, there are people within those formats all connected to God in a feeling way, and everyone of those people are receiving Divine Love. It is based on their passion and desire for God that they are feeling the presence and flow of our Heavenly Mother and Father's Divine Love. Use thoughts and words as tools to feel your emotion. Long for the Truth of those feelings, both good and bad.

Every disease that we have, or anybody has, any illness we have, is all of a result of this suppression of some emotion that we could choose to feel, but we are actually keeping away from. That applies to every disease, including old age.

Cancers are related to different places in the body, are all related to different emotional suppression of different issues.

Every disease, even things like Alzheimer's and dementia, and all those kind of things that happen to the body, are all to do with different emotions within the spirit body and clocking the soul being suppressed – held since our childhood forming years starting at the time of conception.

All disease is all created by an emotion held within us.

All physical responses are the result of us wanting us to stop our selves. Let us say that I am having a physical response in my body to connecting with an emotion. When I was having terrible pain across my chest, almost like heart attack pains. At that point, I know I am denying my sadness or similar past injurious event and it is affecting me across my chest and I want to deny this sadness because it is so great. If we are feeling sick in the tummy, it is probably more fear related. If something I am afraid of and I don't want to face, so my body gets into this sick mode.

All disease and sickness is the result of the suppression of emotion.

We are already suppressing when we get sick, so don't suppress the suppression by adding trying not to be sick as well. Say to yourself that this is the result of me trying to run away from an emotion, whatever that emotion is. Then we are to ask ourself why do we want to run away from it.



SOUL  SPIRIT BODY  PHYSICAL BODY

To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2018: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

“You fear me killing you, making you feel so bad, yet isn’t this all so familiar, isn’t this how you felt with your parents at times in your life? Isn’t this how they made you feel, only they didn’t allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep suppressed. And this is what I ‘feed’ on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.

EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

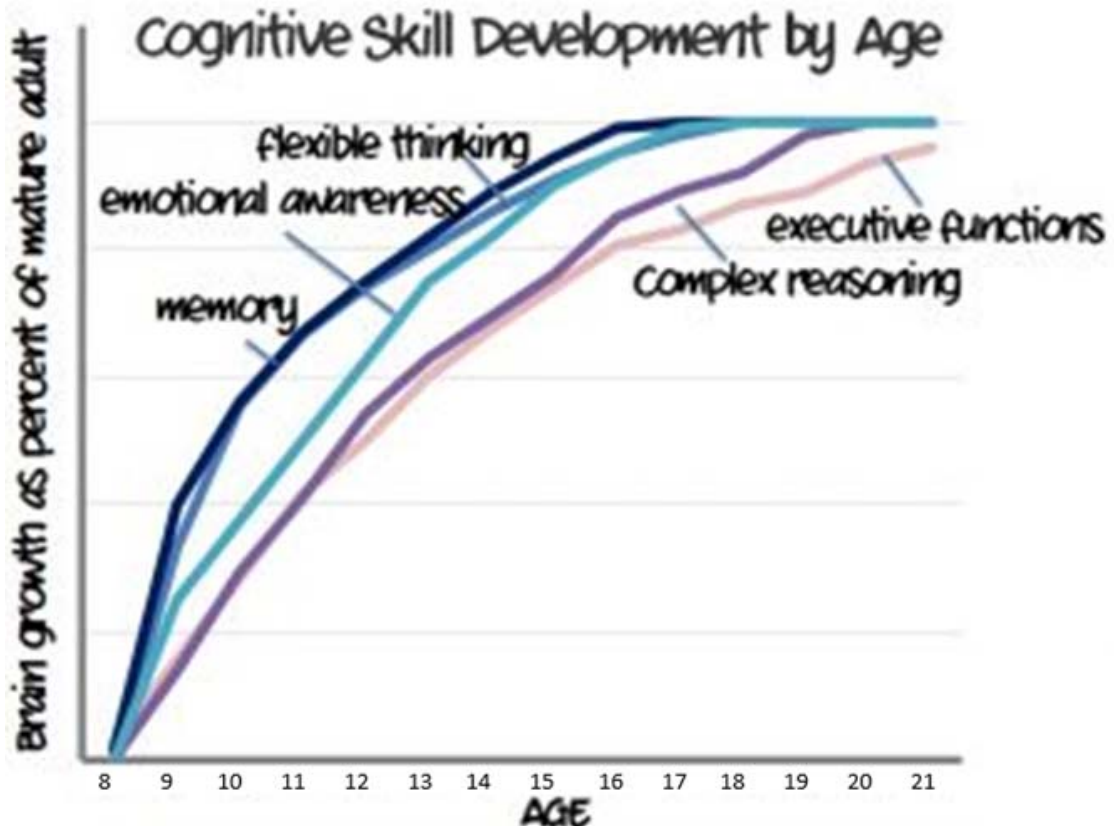


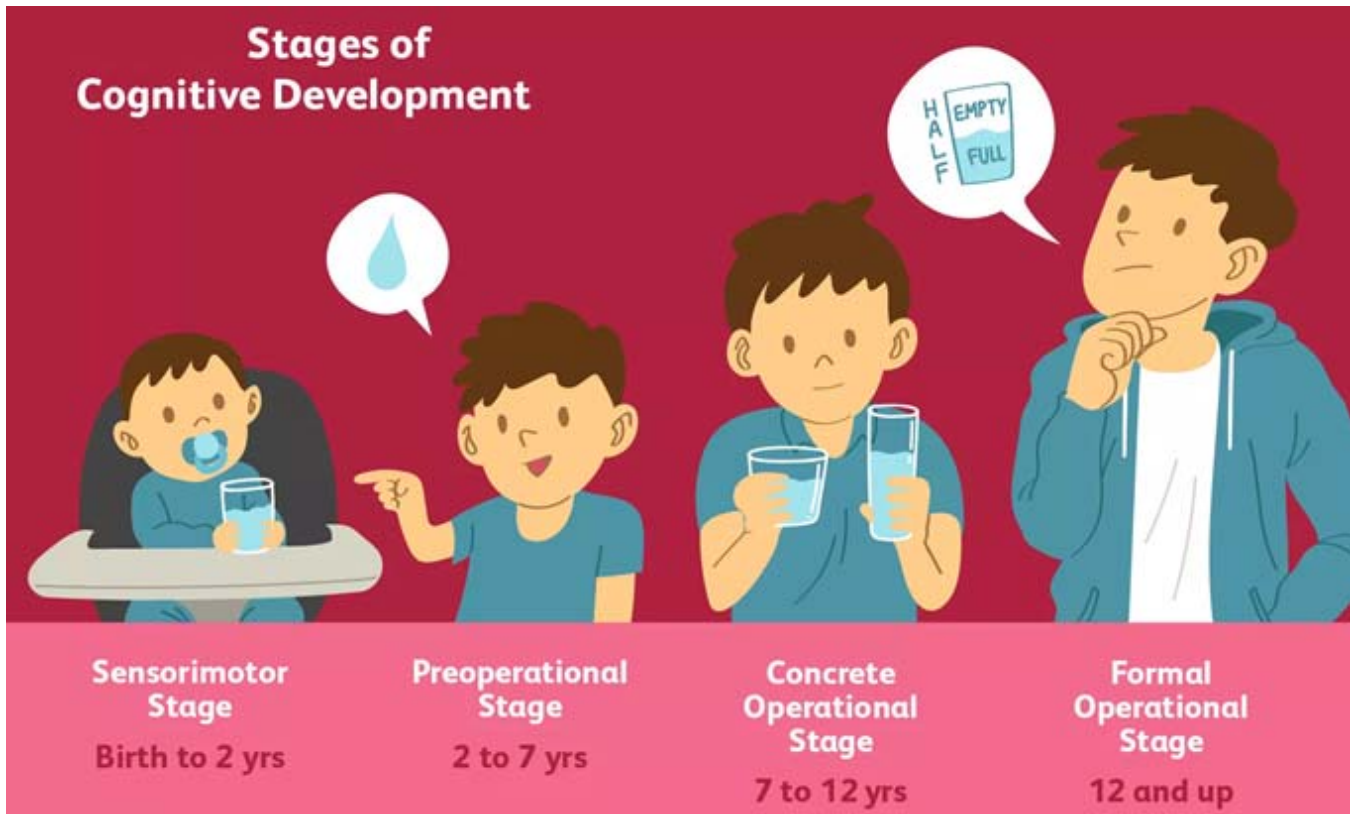
CHILDREN’S COGNITION and ILLNESS

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Children’s cognitive development simply results in their experience benefit from a virus or illness being achieved typically far quicker than for most adults. That underlies why coronavirus Covid-19 and other illnesses have not been as prevalent amongst children as they are for adults.

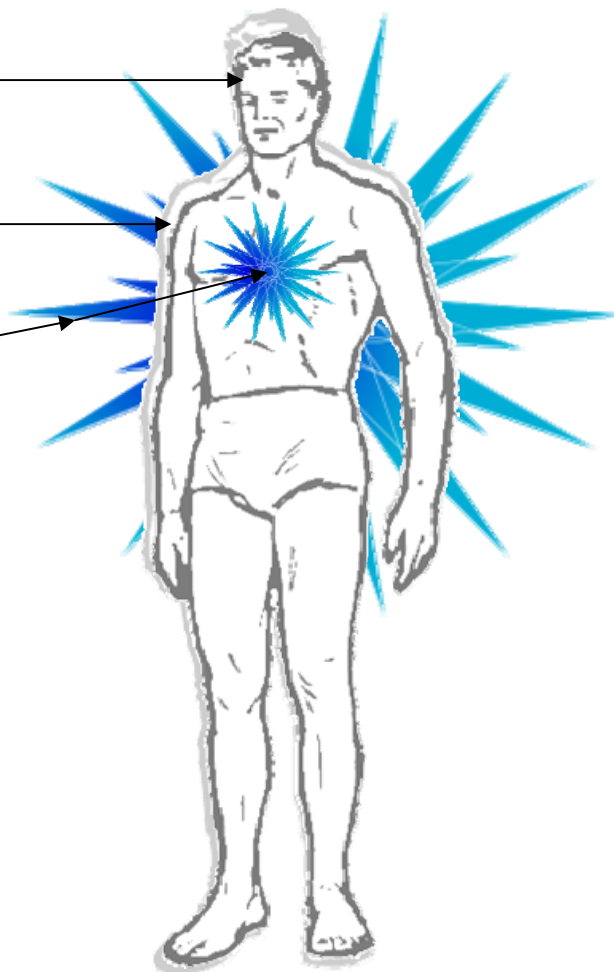




Sensorimotor (0-2 years)	Preoperational (2-6 years)	Concrete operational (6-12 years)	Formal operational (12 years-adult)
<p>The infant explores the world through direct sensory and motor contact. Object permanence and separation anxiety develop during this stage.</p>	<p>The child uses symbols (words and images) to represent objects but does not reason logically. The child also has the ability to pretend. During this stage, the child is egocentric.</p>	<p>The child can think logically about concrete objects and can thus add and subtract. The child also understands conversation.</p>	<p>The adolescent can reason abstractly and thinks in hypothetical terms.</p>

ASPECTS of LIFE:

<u>Physical / material body</u> Brain	→
<u>Spirit / etheric body</u> Mind	→
<u>Soul + Spirit Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You is your Soul!</u>	→



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

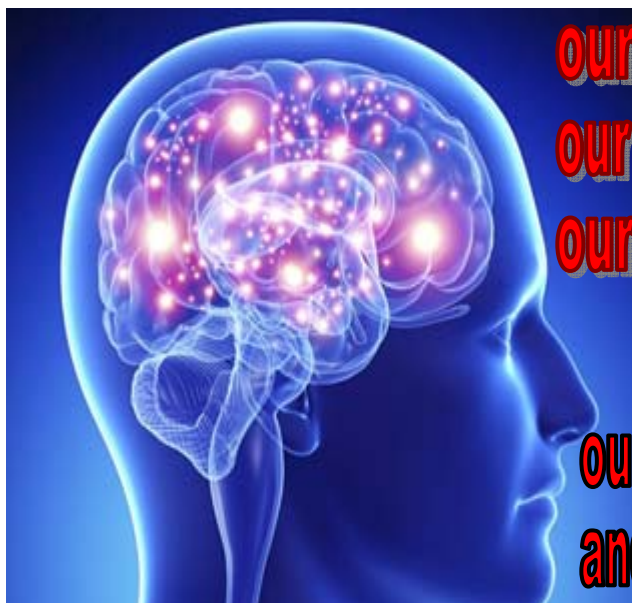
P529 Judas of Kerioth 8th May 2002

At the moment of conception we achieve individualisation and become self aware, we are then able to exercise our free will. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

Incarnation is about 16 days after conception when the embryo commences to pump blood.

At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.

Feelings first



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

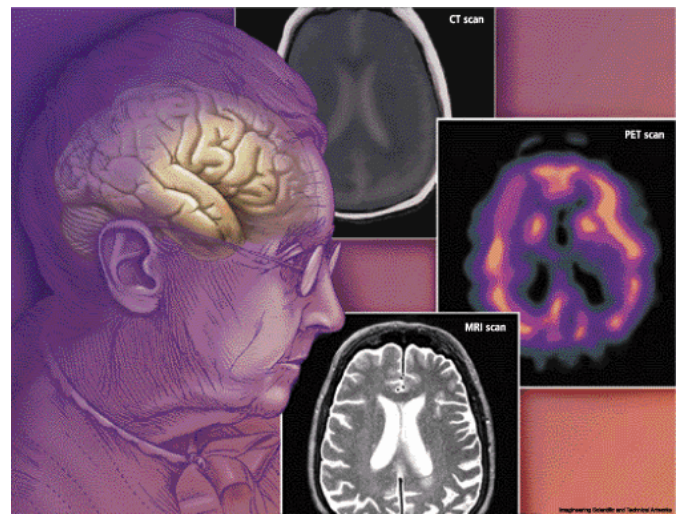
TOXIC PARENTS

Overcoming Their Hurtful Legacy and Reclaim Our Life

Ways we avoid our painful feelings!



Suppression of feelings may close of the mind from the brain, result = Dementia



Avoid being distracted, allow feelings to surface!



Feeling Healing

The FACADE WE PRESENT and CHRONIC FATIGUE.

We have spent most of our life being “ourselves” for others. In other words, never being ourselves, but actually doing everything we possibly can to be something for the other person. That is how we have spent the majority of our life in a charade – presenting a false personality – the one our parents imposed upon us. We have avoided trying to do that by going and doing some reckless things. But we have spent the majority of our life presenting a false persona.

That takes a lot of emotional energy out of us. So that almost every single person we meet, and in particularly, parents, all this emotional energy is going towards being exactly what they want us to be, and that is what has created our exhaustion and chronic fatigue. It is the consistent giving out of emotional energy that has happened all through our life. The emotion that we have to deal with is the emotion of why we ‘want to do that’ – live against our will!

It comes from this deep belief inside of us created by primarily our father (if not our mother – or both) which is that we are nothing unless we are like what he says what we are to be. That is the underlying emotion that we will have to feel, that will actually cure our chronic fatigue. When we allow ourselves to feel that emotion, our chronic fatigue will be abate.

The issue is that there is a lot of anger suppressing a lot of deep grief about the fact that we have now become a person who we don’t even recognise for ourselves. We don’t even see ourselves anymore, we see ourselves as what the other person sees. This is a deep issue.

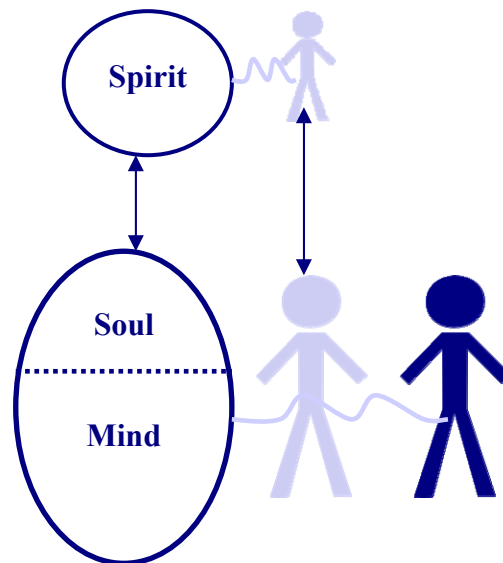
By the way, anyone with chronic fatigue has a very similar issue. This is why chronic fatigue is such a prevalent problem because it is driven by these emotions that are based around being constantly having to be something else that someone wants them to be.

We need to stop that, but to stop that means dealing with the emotion underneath that which is that I am nothing unless I am what they want me to be. That is the emotion that we will need to feel but we have been trying to avoid through our life. Naturally we can understand why. I am nothing unless I am what they want me to be. What our parents made us to be!



Schizophrenia is the so-called mental illness where the person hears voices and often the voices are very negative in their connotation and interaction with the person causing them to do things, like, harm themselves, self harm, or even, perhaps, be aggressive to others. And the way the medical profession deals with it today, generally is to medicate them, and that generally controls the 'illness'.

What is actually happening is that a schizophrenic person is a highly mediumistic person. The second thing that is happening is that this schizophrenic person is connecting to these spirits on a very regular basis, and because the medical profession does not recognise that voices in their head has nothing to do with them and, are in fact most the time, are spirits who are in difficulties of their own, that the treatment is detrimental for both.



Manic depression is a very similar condition. Manic depression is where the person, themselves, are also in a state where they are feeling powerless and they want power so badly that they will almost do anything for it. There are these spirits that are feeling powerless who are looking for power. Remember, our minds are addicted to control of others!

What they do is they connect to the person and give the person all of their energy that they can possibly give them. What that does is it sets up the manic phase of the manic depression state, and the manic phase is when the person does not sleep or sleeps very little and they have got so much energy and they will go around month on end having sex with who ever they want, drinking whatever they want, doing those things that these spirits, in particular, want to do.

What happens then, the body, this physical body gets into such a depleted state that the spirits can no longer maintain the connection. When that happens, the connection between the spirits and the people on Earth breaks and that is when they have their big crash. And they may stay in that state for as long as the body takes to recover itself from totally being connected to spirits for such a long time. Once the body recovers, they go back into the high again.

All medication does is just detunes the connection, but it does not stop the spirits from hanging around. Usually it is 6 to 10 spirits hanging around the person, doing this as a group.

The connections between the physical world and the spirit worlds need to be much more widely understood.

DEPRESSION

↓
ANGER

↓
FEAR

↓
GREIF



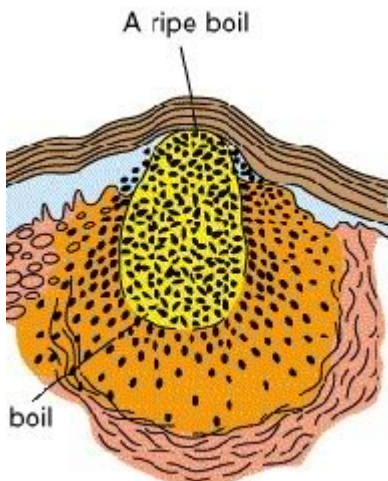
**Sad, Afraid, Ashamed,
Sexual Guilt**



**Me, before looking in
the mirror.**



**Judging yourself is
not loving yourself.**



**Boils are like emotional
errors and injuries that
we plaster over.**

**A lot of our emotions are
like festering wounds
that we plaster over.**



Mild irritant, mild annoyance, mild any thing, covers a mountain of emotion.

So, every time we cover over mild annoyance and mild irritation and mild frustration, we actually denying for ourself an opportunity to deal with a mountain of emotion.

Consider making an Anger List.

Anger is mild annoyance, mild frustration, mild irritation, annoyance, frustration, irritation, aggravation, disgruntled, displeased, exasperated, impatient, enraged, furious, dissent, outraged, indignant, irate, livid, fuming, belligerent.

Then talk them through, talk them out with a close and interested friend.

The beauty of dealing with our anger, our heart becomes softer, and we begin to free ourselves – heal.

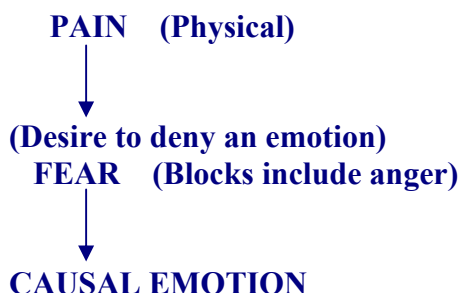
The fact that anger exists within me means that I already want to deny the causal / cause.



Autism isn't an illness
– it's an identity.

Is my child shy or is it
a sign of autism?

Autism is very much the result of the suppression of emotion within the parent or parents and the child being so sensitive to the suppression of emotions in the parent and the child is already quiet sensitive to the suppression of emotions. So the child suppresses its own emotions as of a consequence.



Often there will be layers of capping emotions on top of even an experience of anger. Often, what we are dealing with, the most difficult emotions to deal with in your entire life, are going to be the emotions that shut down all the other emotions, or what I call the blockages. Releasing the blockages is one of the most difficult tasks that you face.

Capping emotions, judgement, fear of rejection, types of emotions like that, they are the reasons why we shut ourselves down, and need to be honest and truthful about the reasons.

Always Sweat the Small Stuff.

The Three Selves

I created

**Our
Facade Self**

**Addictions
rejected**

Parent creation

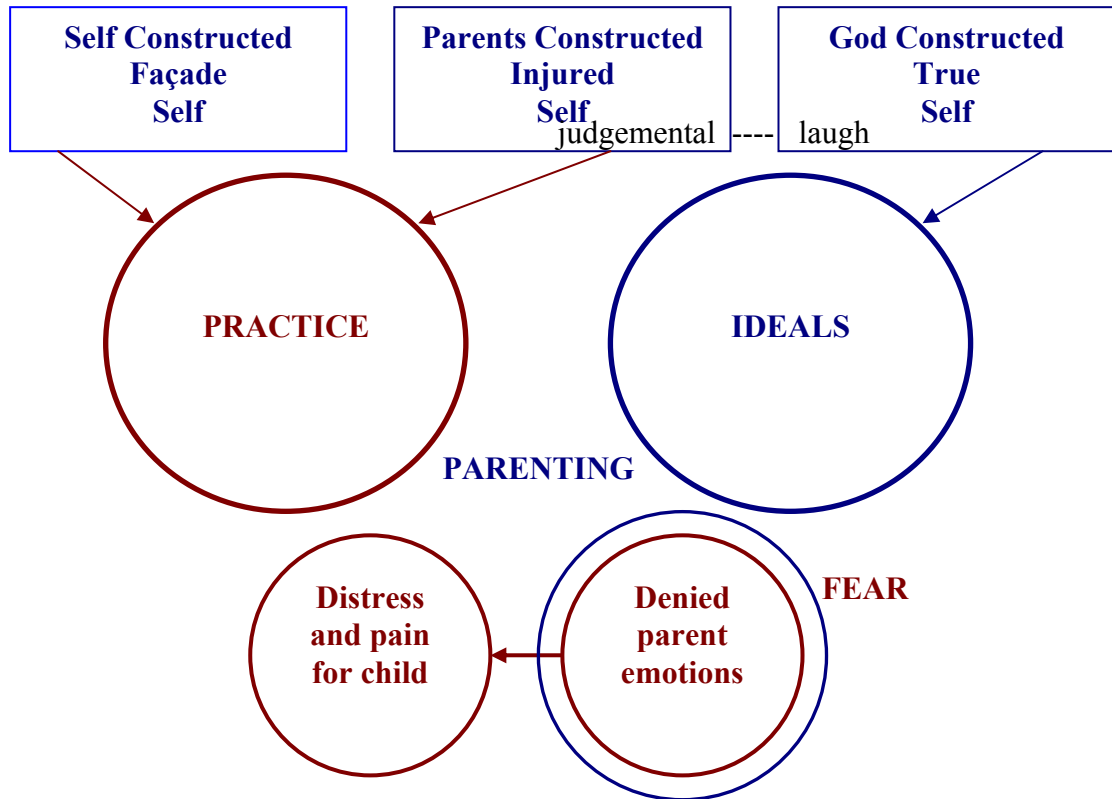
**Our
Injured
Self**

**Causal /core
emotions**

God created

**Our
Real Self**

No injury



Love is NEVER painful.

Love is NEVER demanding.

Love NEVER has any expectations.

Love NEVER sacrifices.

Love is NOT justice.

Love is a gift.



The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!

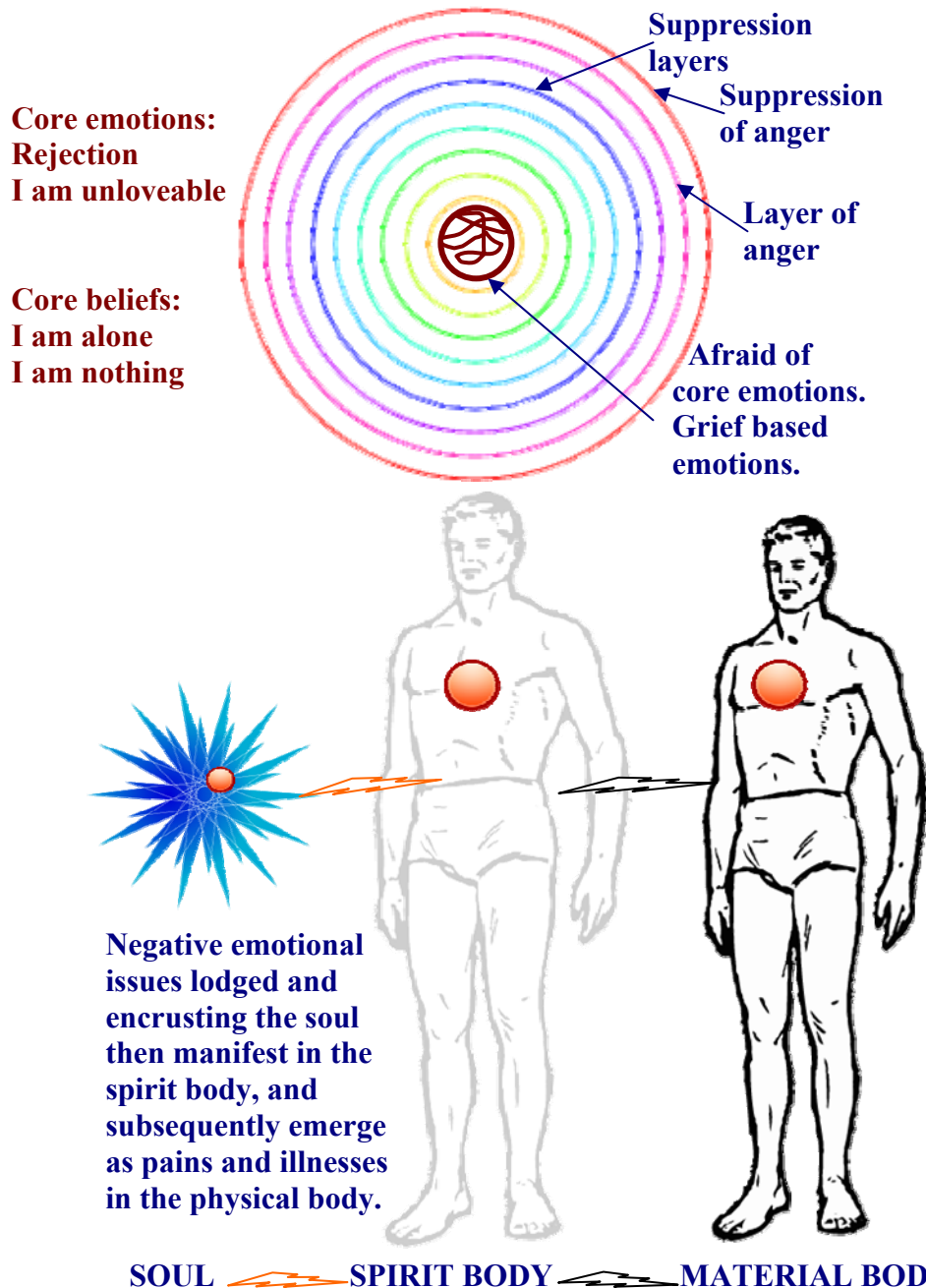


Suppression & Repression = Universal Depression

Tourette's Syndrome – a condition of severe and multiple *tics, including vocal tics, grunts and involuntary obscene speech.

A Tourette's syndrome is an anger in the person, themselves, a very mediumistic person, and there are a heap of spirits in that angry state as well, and they connect to them, and then they just go into that tuned out state themselves, and the spirit just expresses their anger through the person. There is a spirit connecting to that person, expressing their (spirit's) anger and rage at that moment. The person detunes from that and they are back into normal life, which is the suppression of their own anger, so that if they allowed themselves to connect to their own anger they would actually find that the spirits would have less influence in terms of their own syndrome.

If the person digs into their grief or whatever the causal emotion is, they will find that the disconnection with the spirits who are doing that, will occur, and they will be highly mediumistic as a subsequent result.

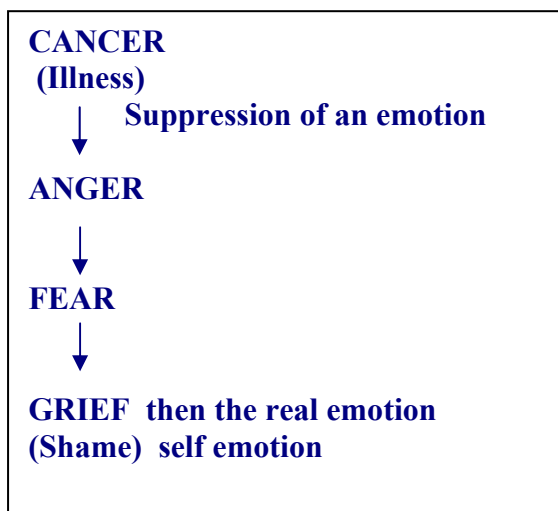


Emotions that are denied manifest serious illnesses.

It is possible to cure your cancer by you dealing with your emotions – talking them out – layer by layer.

The big issue with cancer is that there is already a lot of emotional suppressions that creates the cancer.

All illnesses are about the cocktail of emotional issues we hold. There is no specific alignment of emotional issues relating to specific health issues. We have to emotional express them all.



Where you get the cancer usually depends upon the cocktail of emotions being suppressed.

For example, if I have cancer of the breast, then if it started in the right breast or the left breast, it will depend upon the emotions that I am suppressing. It may be an over nurturing thing that I am trying to do wanting to get love. If it is the left side it may have something to do with a female, right side it may be for a male.

If I have cancer in the lungs, it may be about deep sadness that has occurred, that I have suppressed, and this is why many smokers get lung cancer because they smoke to suppress deep sadness but they don't want to feel, and they cover that with a lot of deep anger with what they are sad about, and that may create cancer of the lungs.

With many men it will be prostate cancer. It is about the opposite gender. Prostate cancer is very similar to cervix cervico cancer in a woman. It is to do with the opposite gender. It is to do with some deep grief, grieving that is covered by some fear, which is in turn covered by some anger about the opposite gender, about sex with the opposite gender.

In each case, each of these things are based around the underlying grief related to, usually, childhood events. So there will be things that have happened in your childhood related to sexuality that you have yet to grieve, that you need to allow yourself to grieve, but because they are powerful events, you have got some fear about grieving them, you are worried about that, and that has created the anger, and because you don't allow the anger to be there, you suppress the anger, and that creates the body pain.

The way to work through it, is to firstly step into the anger you feel about sex and sexuality and the opposite sex. Then ask yourself questions about what you are afraid of. And then, eventually but quiet rapidly, get down into the grief you feel of some events. You might be aware of some of the events that happened in your childhood, that they have caused you to have this feeling about sexuality that you have.

Feeling Healing requires that we work through all emotions that come to surface, express them one by one and long for the truth that they are to reveal. We are to heal all of our childhood emotional suppressions, nothing is to be overlooked.

The problem with cancer illnesses is that we don't like looking at ourselves very much. Most people don't want to get into the emotions of how dominating and domineering they can be. If you can allow yourself to feel that controlling part of you. It is that controlling part of you that is driven by some of these emotions (anger, fear, grief) that core emotion towards men (or opposite sex), that controlling part that is actually generating your cancer as well. And it is about releasing that, and that will assist you in releasing the issue.

Why is the disease showing up in the daughter and not the mother when the emotions are coming from the mother?

Usually it is because the child is more sensitive emotionally than the parent. There are also things to do with the child's personality that is involved with it as well. And then there is also the combination of emotions coming from both lineages being impressed. And then there is also added issue of spirit connections. The truth is probably that the grandmother was more attached to the grand daughter more so than to the daughter's mother. That is one issue.

The reason why it is being said that it may happen in one generation rather than another is that there are so many variations of factors that make it different for the child than the parent.



Anger is a gateway to go underneath, and many of us do not want to go underneath.

The only person who can release an emotion from inside of myself, is myself.

All we need to do is to feel and choose to feel our causal emotions.

Every emotion is personal.

Even for a child, the emotion passes through them.

When an emotion fully passes through you, there is nothing left inside you, stored inside of you of that particular emotion at that moment. If I am letting all emotion pass through me, I am experiencing all emotion as it is passing through me. When it has finished passing through me, it is not something that I have stored inside of me.

Child is highly allergic and he was born allergic. Our son is seriously allergic to the point of animal access, various food, nuts, and substances need to be avoided.

Let me clarify how you, as the mother, may have created that. It is not so much that you created because there is a long list of things that actually occurred in order for this to be created in your son. A long list of things have occurred and it is a multi-generational thing that has occurred. So there is a combination of generational emotions from both your lineage, if you like, and your partner's lineage that has led to the creation of this particular group of emotions that affect Zen (son). Zen is quiet sensitive emotionally in lots of different areas as you already know.

So, obviously, the more sensitive emotionally, the more of these emotions being suppressed, what happens is that they come out as allergic reactions.

The key is to look at your own emotions in terms of what is going on inside of yourself. In the past, what you have done a lot, is that you have tried to maintain a really good positive viewpoint about life and about things in general around you. And it is felt that your partner does much the same thing. You both maintain a positive viewpoint about life generally.

The problem with that is that there is usually a heavy suppression of your own childhood emotions involved in that process. While you stay in this state of joy that you stay in most of the time, in reality it is not a real state. There is this intellectually created state in order to avoid those lists of emotions we talked about.

HEALING ends
MIND-CONTROL!

The main thing that needs to happen in the adults at this point, is just to start to allow the emotions to flow – the entered emotionally and they are leave emotionally. Now, a lot of the emotions that need to flow are surrounding what your son does and are surrounding what you have created in your son. When you worked out that he was allergic within a few days of him being born, what are the emotions that started to flow through both of you (parents) at that point. You will find that there is quiet some suppressed emotions at that point that you felt. And it is those emotions that are bringing about the allergic reactions in your son.

Now, those emotions were not just created by you. In other words, you are not completely directly responsible for those emotions because many of those emotions were created in you by your own parents.

The beauty of knowing this truth is that you now have total control over its recovery, so that gives you a lot of power. So, the key thing to start doing for both of you is to start actually recognising when you are covering one of your own emotions up.

Now, that initially is going to start to take a lot of practice, because you have spent a lot of time practicing, like keeping them down and having a nice happy state, and what you will need to do is to start allowing yourself to bringing those emotions up and feel them, express them by talking them out emotionally, rather than suppressing them.

In the process of suppression, he (son) receives a lot of denied emotion from you. Emotions that you are actually quite unaware of. And it is those emotions, due to a combination of different problems in those emotions in terms of what they create; causing what is termed an illness. It is not really an illness at all. It is just a response of his soul to your soul's denial of suppressed emotions within yourselves.

So the way to fix it is, when you feel the feelings associated with his allergic reactions, allow yourself to go into your childlike feelings that you are denying at the time. Initially there is this capping feeling of frustration and annoyance and then there is 'oh, we have to change our life to suit', and fear as to what else he is allergic to, what might kill him, and of these kind of things are all there inside of yourself. You need to start allowing yourself to connect to those emotions.

You will find that as you connect to different ones of these emotions that you are suppressing, his allergic reactions will release. So you will find in a week or two's time you will connect with one emotion, and you will notice that he may no longer be allergic to nuts, for example. Then a month or two later, you may connect to another emotion and all of a sudden he is not allergic to another thing.

Now, if you allow that process to occur, you will find that he will naturally be attracted to the foods he will be able to eat during this process as well. So he will be able to, at some point, show you that you have dealt with some of your own emotional suppression.

Anything with any childhood illness or childhood reactions is to remember that it is all to do with the adult suppression of emotion, and in this case, there is a lot of linkages that you will find yourself feeling that you are feeling controlled by the situation.

So there is a lot of emotions in both of you (parents) about feeling controlled by his allergies, and if you allowed yourself to go into those emotionally you will find the source of them.

Don't beat yourself up over your child's condition. You tend to say to yourself it is all my fault!

A lot of children that are very young, now a days, are very, very sensitive to emotional suppression. What is happening more and more since the last 45 or 50 years (1960 onwards), as more and more of the general population deals with emotion, the more sensitive new children have become when they incarnate. So, we can have a series of children in one family where they don't have these severe reactions, and all of a sudden the last child in our family has the severe reactions. And it is an indication that these children are now coming into the environment in a far more sensitive state, and because of that, they become far more sensitive to emotions.

You may find later, that it is quite a blessing because you will actually be able to deal with a lot of your own emotions by actually noticing his allergic reactions. Now some of the other children like this are children with Aspergers syndrome or Autism. They have more sensitivity to emotional suppression but they emotionally suppress within themselves, whereas other children come out with different allergic reactions.

There is also often unintentional spirit influences in childhood that may bring about onset of different problems. So sometimes there is heavy spirit influence in the past in these generations. You could have things like where parents or grand parents who have passed and great grand parents who have passed who have taken excessive interest in your son, Zen, but unfortunately their own emotions have been pushed upon him as well because of his emotional sensitivity.

The only way to protect him from those kinds of influences are prayer and then you also allowing yourself to work through the emotion of why these attractions may be occurring. Because that is also a Law of Attraction for the parents.

So there is a lot of combination of events that could actually create a child having problems right from the time of birth. Most of those problems result, not just from the parent's emotions but from spirit connection that may occur, but far less likely as negative influence has now been blocked since 22 March 2017.

The key is not to be afraid of it, but rather to realise that is occurring. You could even, if you feel that there is some spirit around him (son) (now not likely) who might be influencing him in some way, you can trace this back a little, if there has been cancer in the family, and that usually means that a parent, grand parent, or great grand parent who has passed with cancer, and therefore, if that parent has a strong affiliation with the new born child, then that the child might experience similar illness. Once you see a relationship, instead of just saying we have that problem in the family, talk to the spirits who have passed who have that problem, and tell them that you just need them to back off from your child and see whether the child actually recovers. You will find in a lot of the cases the child will actually recover.

We as parents through our own Feeling Healing of our emotional issues will progressively mitigate family generational health issues which are emotional issues passed down through the generations, thus ending this heritage and pattern of ill health.

Parent projecting responsibility upon the daughter for her MS – Multiple Sclerosis.

All diseases are created by the suppression of emotions within your self. And the only exception to that is a disease that is created within a child which is a suppression of emotions within the parents. But the child cannot suppress their emotions and create a disease within the parent.

You are not at all responsible for your parents' life no matter what they tell you. The book, 'Toxic Parents' by Dr Susan Forward (www.amazon.com) , is very direct and honest about parents impression of emotions upon children and the kind of things parents do towards children and convince children that they are at fault.

A child is not responsible for anything that their parents are experiencing.

Children are your best Law of Attraction. Your children are going to lead you to God faster than anyone can lead you, faster than any body else can lead you, because they are a complete reflection of every single individual emotion within yourself that you are denying.

If you can see it that way, you can see your children are a very powerful assistance to you. They are really God's blessing to you to help you get to God.

SOUL CONDITION



Dark is not a good condition of love.

All these factors, conditions, influence where you arrive within the spirit world.

If my soul condition is poor, I can't access a higher condition within the spirit world until I work my way up into a better condition.

If I have family members in a higher condition, I have to wait for them to come and see me.

Your capacity to love is a determining factor.

Many families have very similar beliefs, morals, and conditions of love, thus, many families pass into the same or similar locations in the spirit world due to their similar soul condition. It is the soul condition that determines the location in the spirit world.



HEALING PROCESS

What happens to the spirit and material bodies is that the emotions cause lots of damage to both of your bodies. All the held emotions, held for 50 or 60 years or so, you have quiet a lot of held emotions, held in there from childhood for a long time, that does a lot of damage to the body.

It is bit like when you try to hold a muscle in a contracted state. You can do it for a few seconds, but if you try and hold your fist in a contracted state for a minute and you start to feel the pain well up. You try doing it for ten minutes, you get to the point where you can't feel your arm any more. And if you think about that, that is what is happening to your body as well.

Both bodies, spirit and physical, have genetic structure. Both your spirit body and your material body are just in different dimensional spaces, and they both have genetic structures, and those genetic structures are very much influenced by the emotions encrusting the soul.

This is why when you read the Padgett Messages / Book of Truth, they talk about someone in a good soul condition, they see a very bright body. The body is a reflection of the soul's condition, emanating and shining through the spirit body.

So what happens when you release an emotion, all of these emotions have held in all of these toxins and all these physical problems in both bodies. And then you will go through a process when all of these toxins will start releasing, will start releasing over a period of time.

Now the physical body is the slowest body to respond to the soul's change. The spirit body responds quiet quickly to the soul's change. So a lot of times what happens to the spirit body within a few hours or a day or two, new energy pathways are now open, so the spirit body repairs itself quiet rapidly from the damage that had been done to it by holding in the emotion.

The material body is a little slower. Many of its cell replication processes can take any where up to seven years to occur. So what happens with the cell replication process in the material body is that now that the emotion has been released, all of these emotions that affected this replication process in the body, including what happens in the brain in terms of its wiring structure, everything in terms of its physiologically, how the body actually repairs itself, and all of those different things are all controlled by the emotion. So when the emotion is released and now the body is free to make these adjustments, but because of that, the initial influx is usually toxins and everything starting to come out of your body. And obviously, your physical body needs to rest during the process. So you will often go after releasing a causal / core emotion of any type, you will often feel like resting and sleeping. Just let your body do its thing.

It is the emotion that caused the problem, so as soon as the emotion is gone the body will recover.

The emotion from the soul dominates both bodies and determines the condition of both bodies, so when you release an emotion from encrusting the soul your bodies will recover.

Daughter, 15, is threatening SUICIDE.

The emotions in her, the suppressed emotions that she has not released, are certainly the creation of her parents. It is the amalgamation and it does not matter if she lives with her father or not. There is the amalgamation of those two sets of emotions that have entered her.

A person desires suicide for a number of reasons. The first reason is that they do not believe that they will continue to experience the same emotion when they pass. In other words, they have this belief that if they die what ever they are experiencing right now will disappear automatically. So they will be able to escape the emotion that they are currently in.

Now, that is not the truth. A person who commits suicide actually does not escape any emotions at all, and, in fact, they have one additional emotion added to their list of emotions that they have to process. That is, the avenue of taking their own life has its own Law of Compensation emotion attached to it.

The first thing that we need to do with any person contemplating suicide is to let them know that they are not going to escape their current emotional condition by suicide. Now, that in itself is a powerful thing to tell a person who is suiciding.

Even if they do commit suicide, after being told, they will remember those words.

The next thing that the suicide person is trying to do, if they are sincere about their desire to suicide, is that they are trying to avoid emotion. The whole reason why we choose to take the ultimate step of removing ourselves from this world is because we are trying to avoid the emotions we are experiencing in this world.

We need to start encouraging a person who is contemplating suicide to look at why they want to avoid their emotions so much. If we can help them to come to see that it is actually a desire to avoid certain emotions and that they can actually get help to deal with those emotions, they won't actually feel like that they need to die to get rid of the emotions. And of course we can continue to remind them that if they do die they still won't get rid of the emotions anyway.

The third thing that a person contemplating suicide is doing, if they tell us that they are contemplating suicide is that they are actually trying to get an emotion satisfied inside of themselves of being recognised, and wanting attention. And this is a possibility. Usually a person contemplating suicide, who is really sincere about their contemplation of it, it is rare for them to talk to somebody about it. The usually just go ahead and do it.

The persons who talk about it first, generally want either the commiseration or your agreement that it is the best way out, which, ofcourse, we could not give. Look at if this is one of the emotions the person is looking for or if it is that they just want to be noticed. They may just feel totally unnoticed and totally unrecognised or the like. If that is the case, then that is the set of emotions that they need to allow themselves to experience rather than contemplating suicide.

Sometimes, contemplating suicide can be an excuse rather than an actual event or it can be a deep desire, driven by the desire to get away from my emotional experience. Either case, the underlying causal emotion needs to be addressed.

So, the person would best be talking to some kind of psychiatrist, psychologist to start the process of if they feel challenged about doing it themselves or talking to the people they are upset about. In some cases the person contemplating suicide is doing it to contemplate punishing the people around them. So it would be lovely for them to be talking to the people around them as to why he/she wants to punish them and so forth. And then they start connecting to their emotions, and that is always going to be the way out for them.

Any person around you who is contemplating suicide, always tell them if they do it, this will be the situation. But also, if they do it and they pass, there will be spirits there wanting to assist them just like you want to assist them here on Earth but they will still not be able to avoid the emotion of it in the end.

Suicide

The causal emotions of the child contemplating suicide come from the mother and father, so that needs to be looked at by the mother and father.

Because the daughter is 15 years of age, by having the parents look at their emotions does not necessarily remove the contemplation to suicide by the daughter because when the person is at the age of taking self responsibility for themselves they may still go ahead and do something that you as a parent has worked through as an emotion about. The child has free will choice.

The emotions come from mum and dad, but usually the emotions are wanting to punish people, there is a lot of rage inside a person contemplating doing suicide. Lots of anger. And it is usually very suppressed, but there is usually lots of anger there. The key is to try and connect to that anger. They will probably get what the anger is about, and the anger will be a lot of about what mum has done and what dad has done, or what mum hasn't done and what dad hasn't done. And there will be emotions underneath that for them to work their way through, certainly.

But even if you do all of that, she may still contemplate suicide because she has her own free will.

NOTE:

Our Healing Feeling pathway is one of endurance and persistence. There is no let up to the emotional pain that we are to express. The emotional pain that we have taken on has to be emotional expressed and the discomfort will be no greater than that we endured during our childhood – but not less.

Our healing pathway does not get any easier as we progress. If it did, we would take solace and stop. This is not to be allowed. The discomforts will remain consistently difficult until we fully complete our healing. We may at first focus on what we consider is the underlying cause of an issue, and it may be to start us going, however, every discomfort is a cocktail of injuries.

We may have some good days, but they are to show us a glimpse of the rewards to come on completion of our healing – and the rewards are incredible!

SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

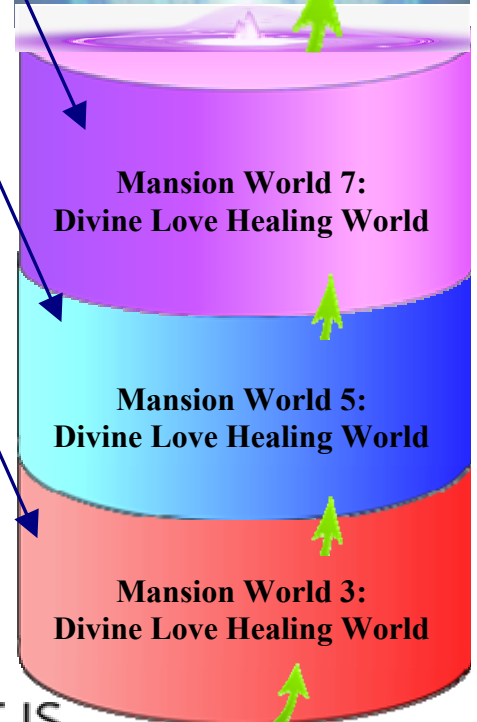
Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



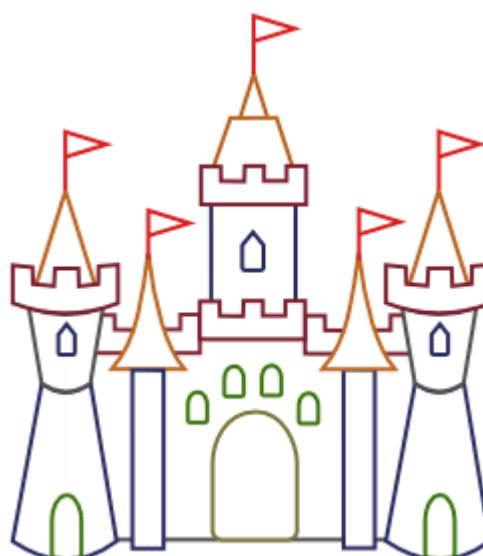
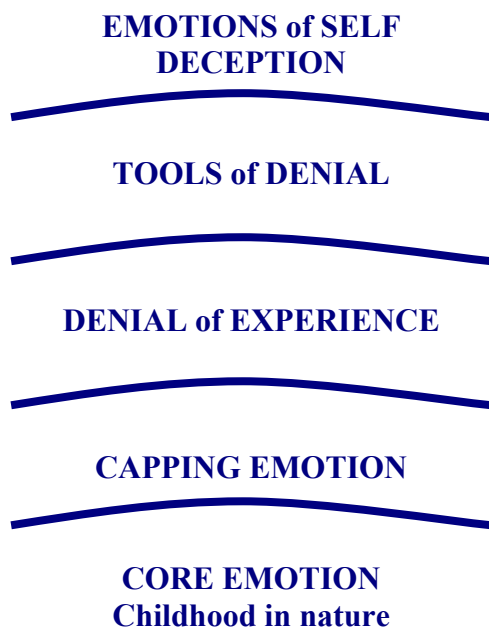
IT IS NOT THIS WAY



IT IS THIS WAY

CORE = CAUSAL

It is only by accessing our causal / core emotion is the only way that we are going to get closer and closer and closer to our Heavenly Mother and Father. Love or desire for God's love is an emotion, it can be passionately felt but it is not going to be passionately felt if we don't feel passionately about anything. If we are detuned from our emotions then we cannot feel passionate about anything.



CORE EMOTIONS are CAUSAL EMOTIONS

CORE EMOTIONS are a part of our SOUL CONDITION

CORE EMOTIONS creates our LAW OF ATTRACTION

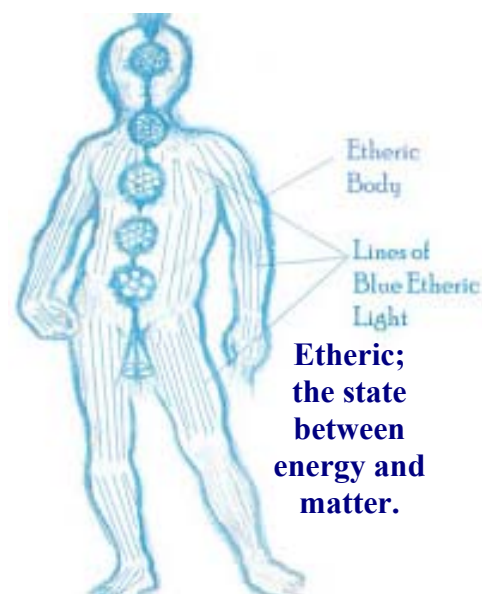
SOUL CONDITION creates our LAW OF ATTRACTION

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.

FEAR – I will go crazy!

– I am alone in this process.

FEAR – False expectations appearing real.



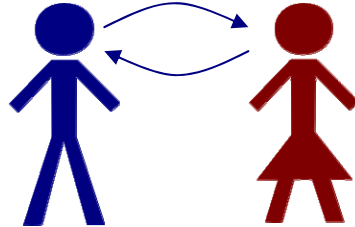
ADDICTIONS:

An addiction is something that when you don't receive it, you feel hurt, sad, resentful, angry or rage-full about.

Any painful emotion is an indicator that I am in an addiction.

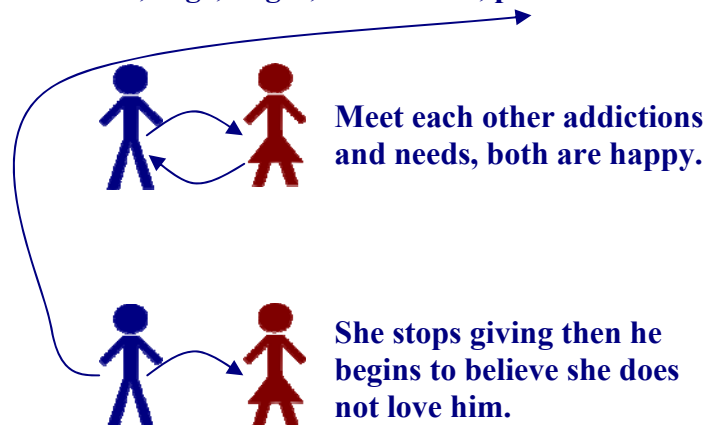
You cannot have an addiction for God and expect them to be met.

You can have addictions for people and certainly get them met.



By filling the other person's addictions we close off the other person's connection with God. By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Addiction is something when you do not receive it you feel hurt, rage, anger, resentment, painful emotion.



1. Joe must desire to know Sally.
2. Sally must be open to being known.
3. Sally must desire to know Joe.
4. Joe must be open to being known.

Joe



Sally

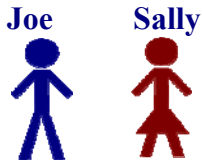


That is what is necessary to have a friendship with love.
Then same sexually.
Then same emotionally.
Otherwise it is an intellectual relationship.
Love does not demand anything.
If we truly love, there is no pain.

It is usually a co-dependent addiction that kicks of a relationship.

How do I know who a person is when I feel everything they feel?

When one party has no desire to feel at a truthful level what the other person feels, the relationship breaks down.



Both at the soul level have to be willing to feel what the other's feel.

Every emotion is a substance that comes out of you which the other may feel.

Fear is grey blackness – this will trigger emotion within you as well as colouring your soul.

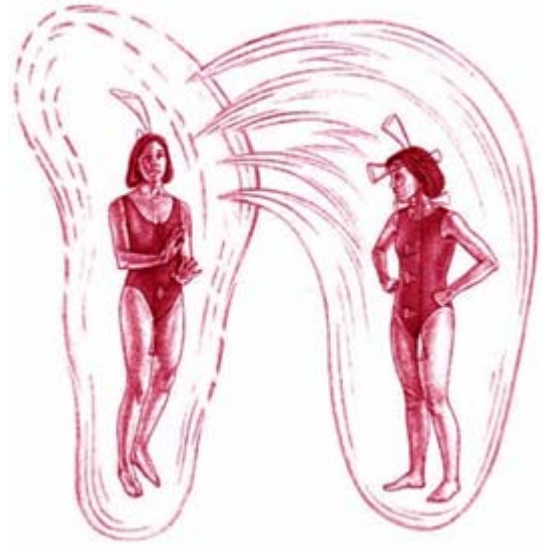
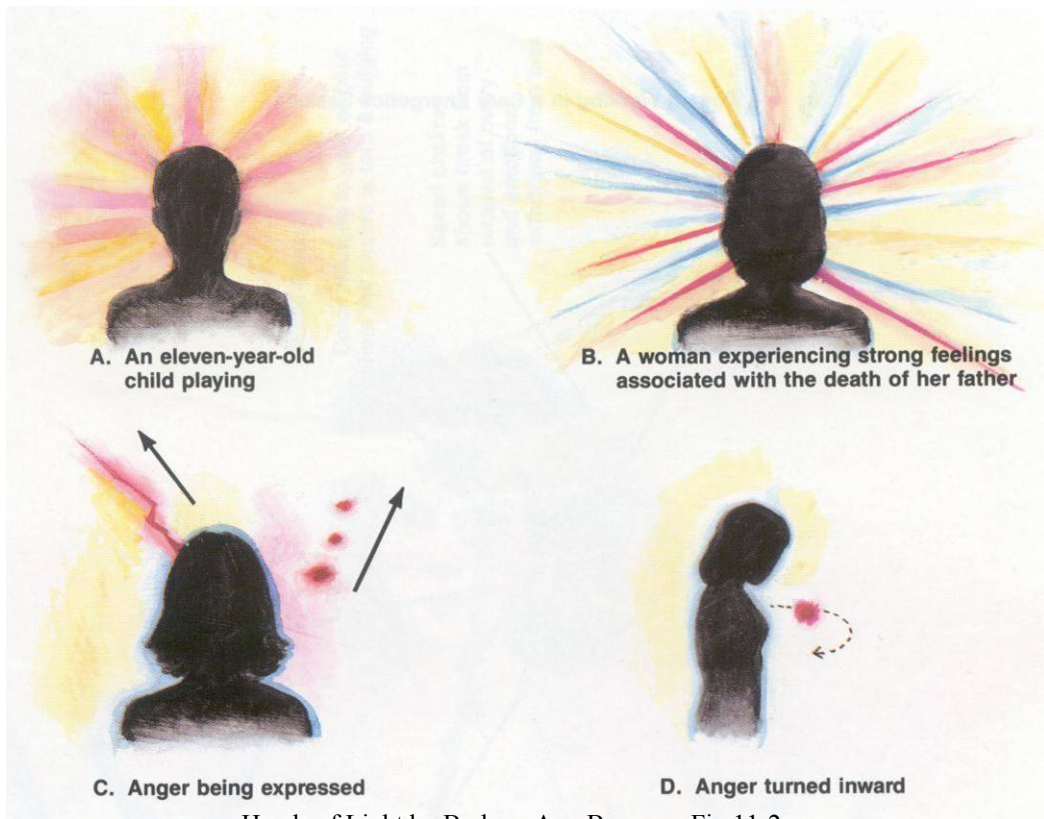


Figure 15-3 The Subtotal Defense and a Push Reaction

Light Emerging by Barbara Ann Brennan Fig 15-3



Hands of Light by Barbara Ann Brennan Fig 11-2

ADDICTIONS

One of the best ways to avoid a causal emotion is to get somebody else to fix it for you.

Unloved - Man who gives me gifts.

If you are getting angry, you not getting an addiction met, in most cases.

Addicted to touch. - Have an expectation by children and partners.

Sexual connotations.

Points out faults -

Attention craving -

Hear me -

Appreciated -

Need to be right - With emotional addictions it is the opposite that we avoid.

Angry
Annoyed
Frustrated
if the addiction
does not happen.

Workaholism Physical addictions.

Activities such as reading, exercise, etc.

Addiction to truth is a wonderful addiction. Being addicted to God's truth is really great.

WHOLE DIFFERENT Way of Life.



Mind



feelings

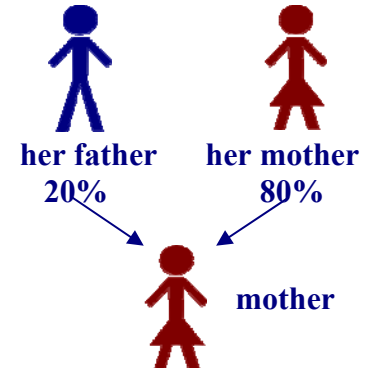
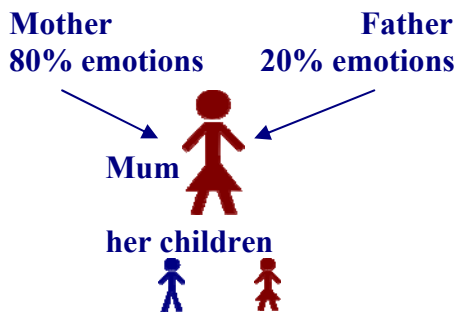
The majority of our emotions come from our mum.

- o Emotion and the ‘Mother’ taboo.
- o Why ‘mother’ emotions are dominant.

Dad	1 hour interaction with children	from waking to leaving for work	1 hour	Mum
		8 am male leaves for work male is not present		10 hours
		6 pm male returns home		
	2 hours in the evening		2 hours	
Total	3 hours interaction with children		13 hours interaction	
	20%		80%	

this is representative to age 5

from age 5 to age 12 years old female teachers dominate the teaching population



80% of mum's emotions came from her mother.

80% influence



I am a good mum.
Mum knows best.
I created you!
Do what I say.
I'm your mother.
Threat of father's violence.
I have sacrificed for you.

Mother's become addicted to having her children's agreement with them.

We are more prepared to accept unloving emotion from our mother than from men.

For generations the female has been sexually abused all of their life.

The male attracted to the woman allows these emotions.

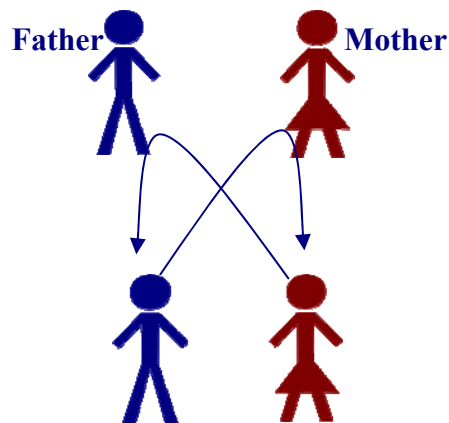
He is going to be in a rage resulting from his wife's actions.

Women are angry because:

1. They want control.
2. They want security and protection.
3. They want revenge (punish, blame).
4. They want power.
5. They want safety through withdrawal.
6. They want attention.
7. They want recognition.
8. They want sympathy.
9. They want to be special.

Women stick together.

They build a wall.



We see our partner through their parent's feelings.

The only person who can release these emotions within you, is you!

"The True Liberation of Women is Through the Truth of Their Feelings."

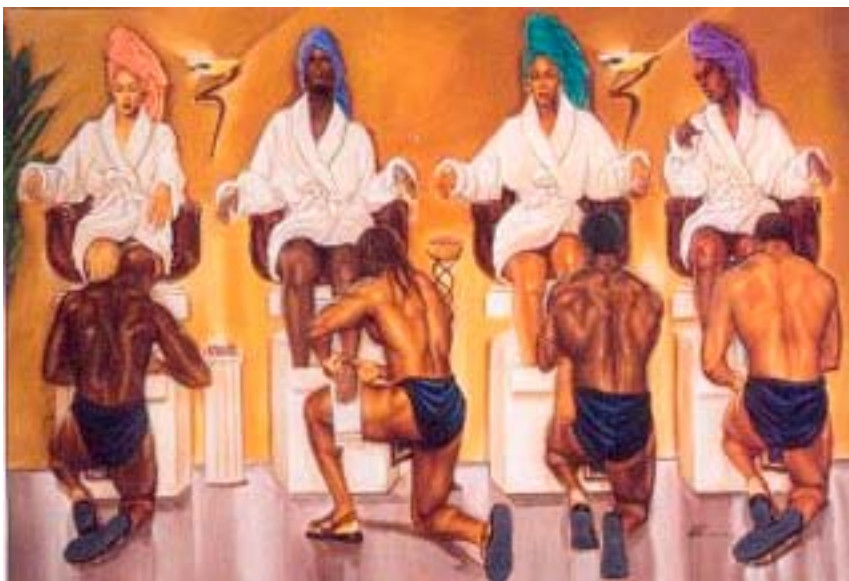
NO GENDER SEPARATION:

Reconsider hens night / bucks night, manicures / pedicures.

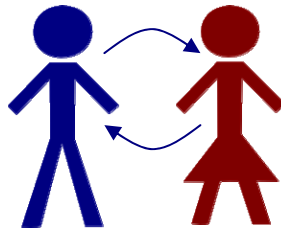
♂ VS ♀
Battle of the Sexes



The ultimate manicure!
Hmm, which one?



The reason we maybe angry with men, in general, is because of our father's emotions.



One soul with two expressions, the masculine and feminine expression.

Feeling Healing with Divine Love, The New Way, enables infinite progression of the soul.



With every emotion I hold on within myself, I create pain in other people.

We are connected to each other.

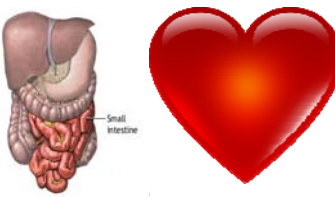
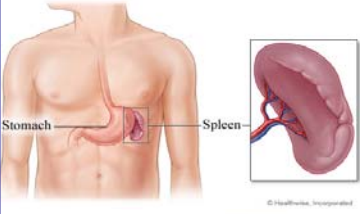
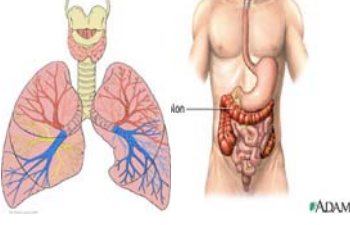
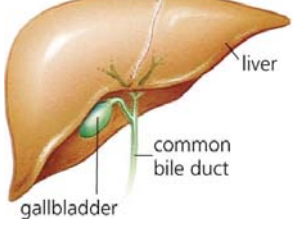
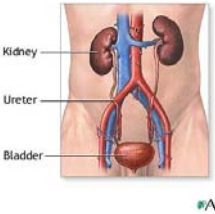
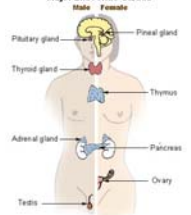
It is soul based changes that make the difference.



Divine Love

Soul half receives on behalf of both soul halves / soulmates are soul partners.

Suppression & Repression = Universal Depression

Organs	EMOTION CODE™ CHART		
		Column A	Column B
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

Generally speaking, groups and types of emotional injuries impede the natural flow of energies through the etheric body which is the template for the physical body, thus setting up the conditions for discomfort, pain and illness to slowly emerge within and throughout areas of the physical body that have energy frequencies that are 'attractive' for the emotional pain to manifest in the physical.



Emotions are energy in motion = e-motion. Trapped or blocked emotions are in enormous variety of sizes and age depending upon the severity and frequency of the events creating them. Here is a 1 – 8 scale:



LEMONS to MELLONS

Scale 1 to 8:

Trapped emotions can be small mild blockages in energy or they can be of any size in severity and nastiness, all require to be released from within.

1. Lemon



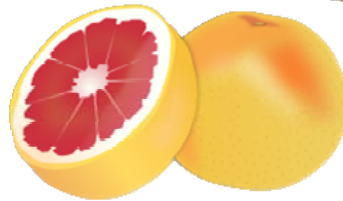
2. Orange



Emotions can cluster or nest together:



3. Grapefruit



4. Prickly Pear



5. Rock Mellon



6. Dragon Fruit

7. Durian Fruit



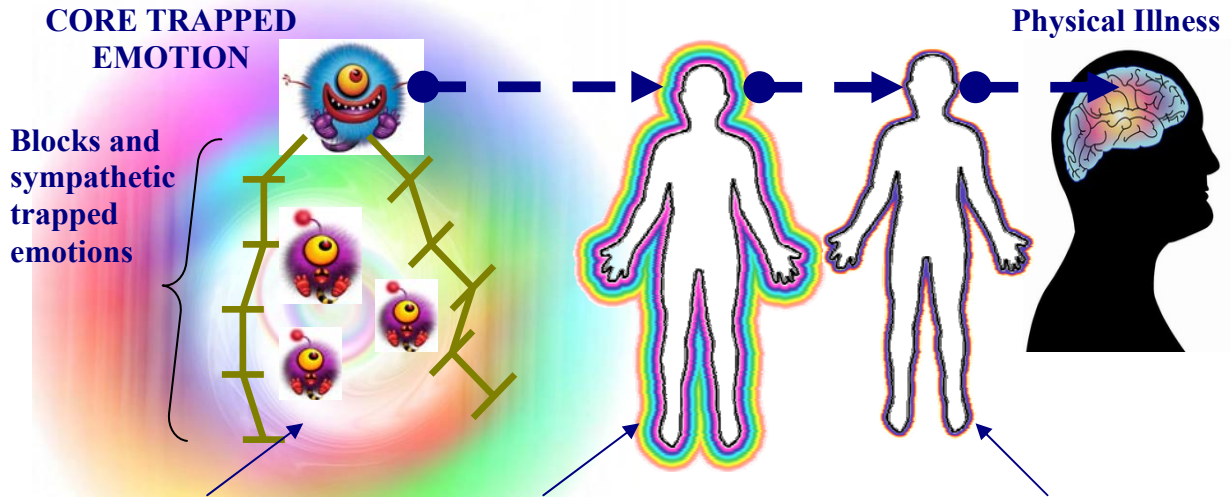
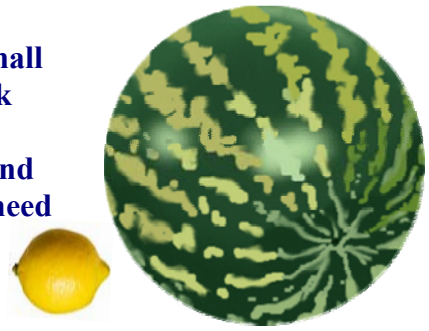
8. Mellon



The bigger they are, the more damage they do!

Oh, they can come in clusters also!

Trapped, frozen core emotions vary in size from very small lemons to giant melons. They are energy balls that block the natural flow of energy through the spirit body, and consequently, through the physical body creating pain and illness. These trapped emotions are like fuzz balls that need to be released. They can be in clusters or on their own.

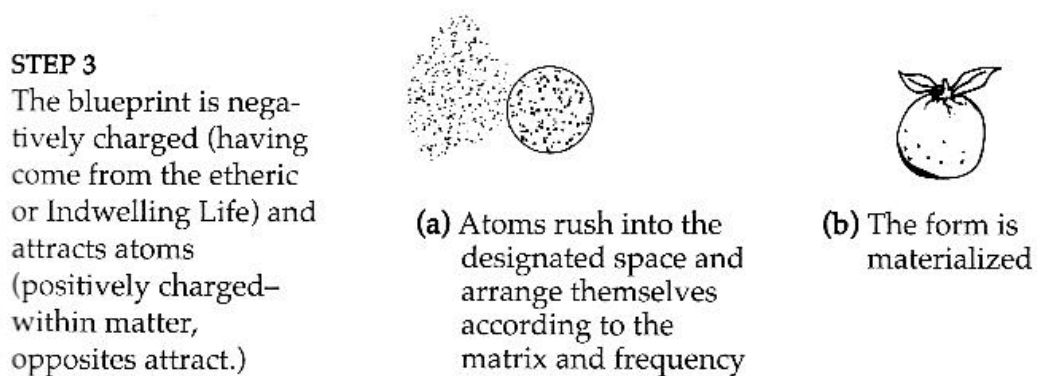
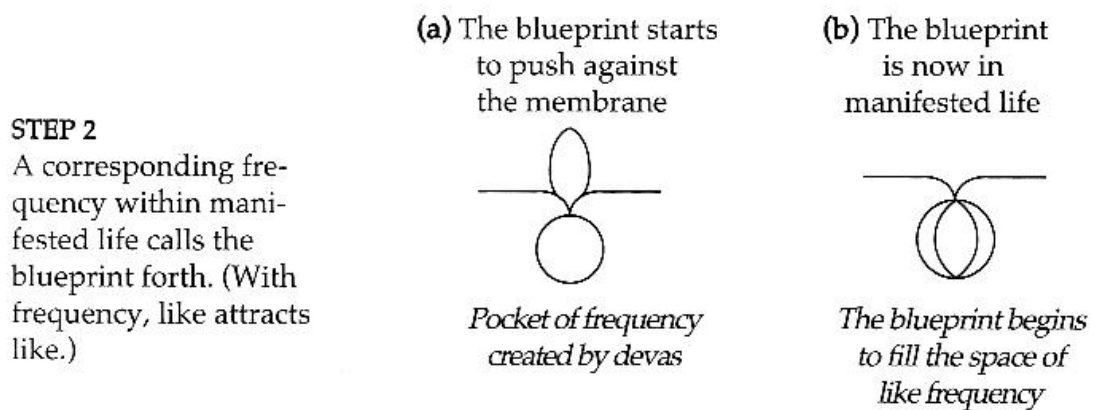
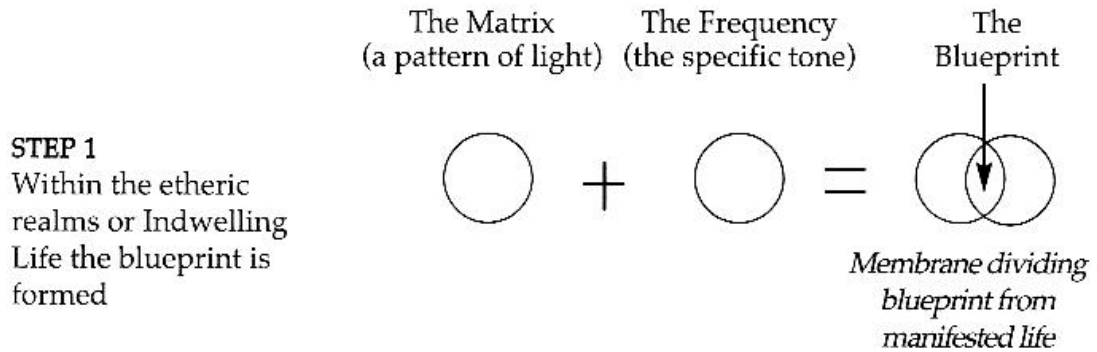


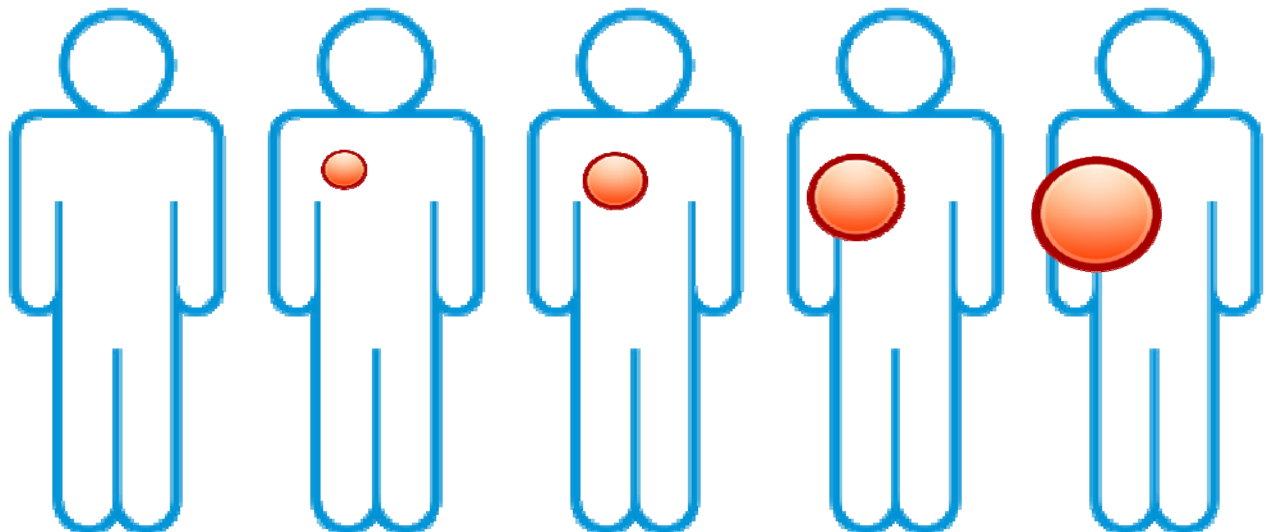
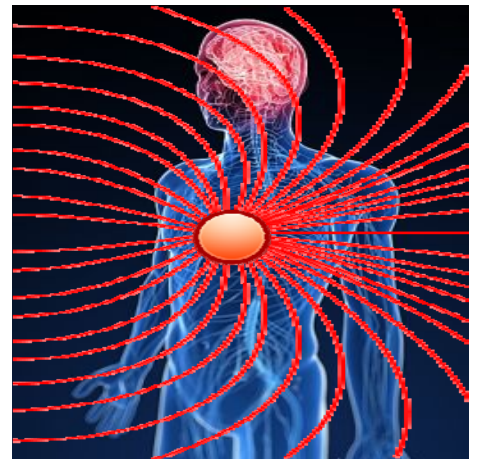
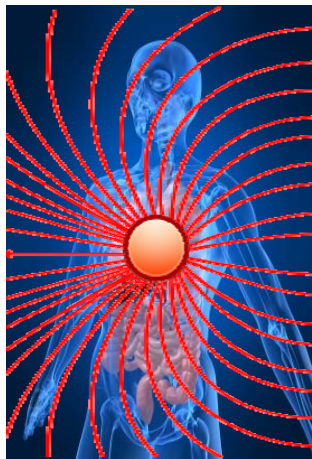
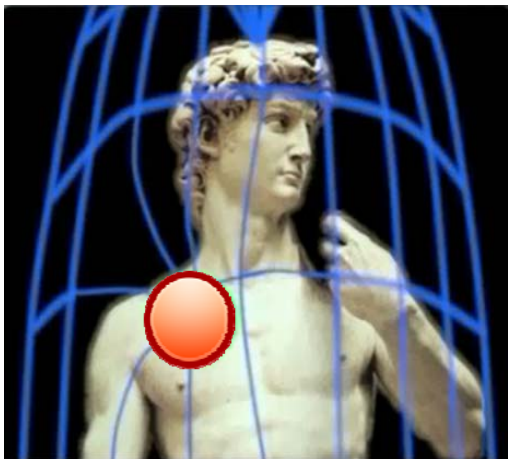
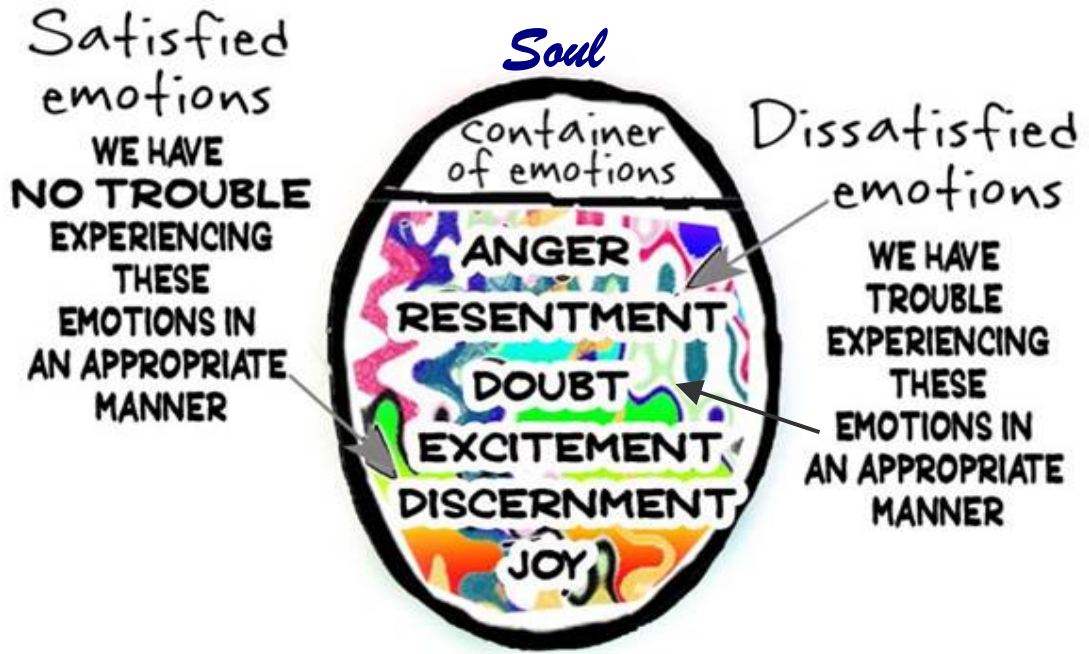
SOUL which animates SPIRIT BODY which animates PHYSICAL BODY. Trapped emotions (frozen energy) create fissures and injuries in the spirit body which inturn emerge as physical illnesses, firstly as pain, in the physical body. Emotional blockages of the same type create illnesses of similar natures in anyone who have the same style of emotional injuries. Each of us carry our own unique cocktail of emotional issues, as we are emotional beings (our soul), thus each of us have unique pathways to recovery.

During our pregnancy and our first 5 to 7 years of physical life, we are like sponges, we absorb the emotions of our parents and our close relatives rapidly and thoroughly thus conditioning us.



How Matter is Formed



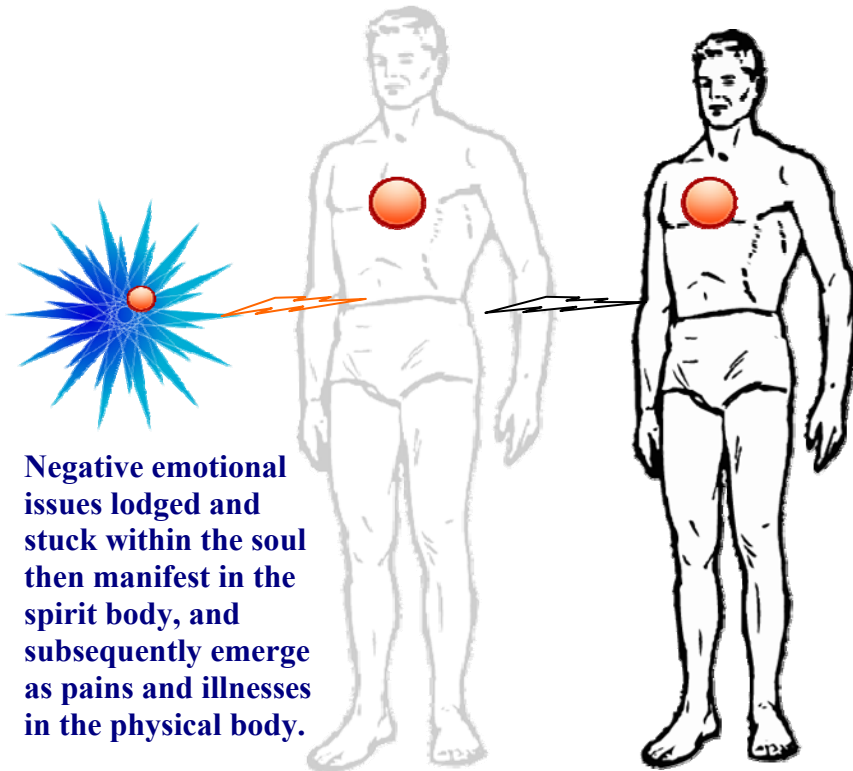


Soul does not know sexuality



SOUL SPIRIT BODY PHYSICAL BODY

Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.



Negative emotional issues lodged and stuck within the soul then manifest in the spirit body, and subsequently emerge as pains and illnesses in the physical body.

SOUL SPIRIT BODY MATERIAL BODY

The energy, plasma, being attracted to the stuck emotion can cause the injury to grow and grow and grow.

MEDICAL SCIENCE cannot MATCH the NATURE SPIRIT LABORATORIES!

Medical scientists will endeavour to continue to suppress drivers that are introduced to prompt Earth's humanity to go deeper into their wrongness and evilness OR to assist those who seek to find their way out of wrongness and evilness. All discomfort, illness and disease will do for you one of these events, that is their purpose. We may wonder why does not everyone contract a flu or virus or disease when it is in circulation in our community and also wonder why the experience of each person is very different to everyone else.

Firstly, a virus may have a given appearance and common foundation, however it is specifically mutated, unseen to the medical scientist, for each particular person. The person or patient is always having a unique experience specifically appropriate to that person and his or her growth and experience.

Secondly, when a vaccine is being developed, the virus or disease will be modified by the nature spirits, under instructions from the angels, to introduce a new variant that the vaccine is not capable of addressing. When the 'booster' shot comes along, the virus or disease will have been further mutated!

Thirdly, all viruses and diseases that science appears to have eradicated, however, they are being re-introduced in more aggressive formats. It is a pointless exercise to go on suppressing such viruses and diseases as the subsequent disease is going to be more difficult to ignore.

We are to engage in our Feeling Healing and upon completion of our personal Feeling Healing we will be free from such illnesses as we will then no longer have the need for such experiences.

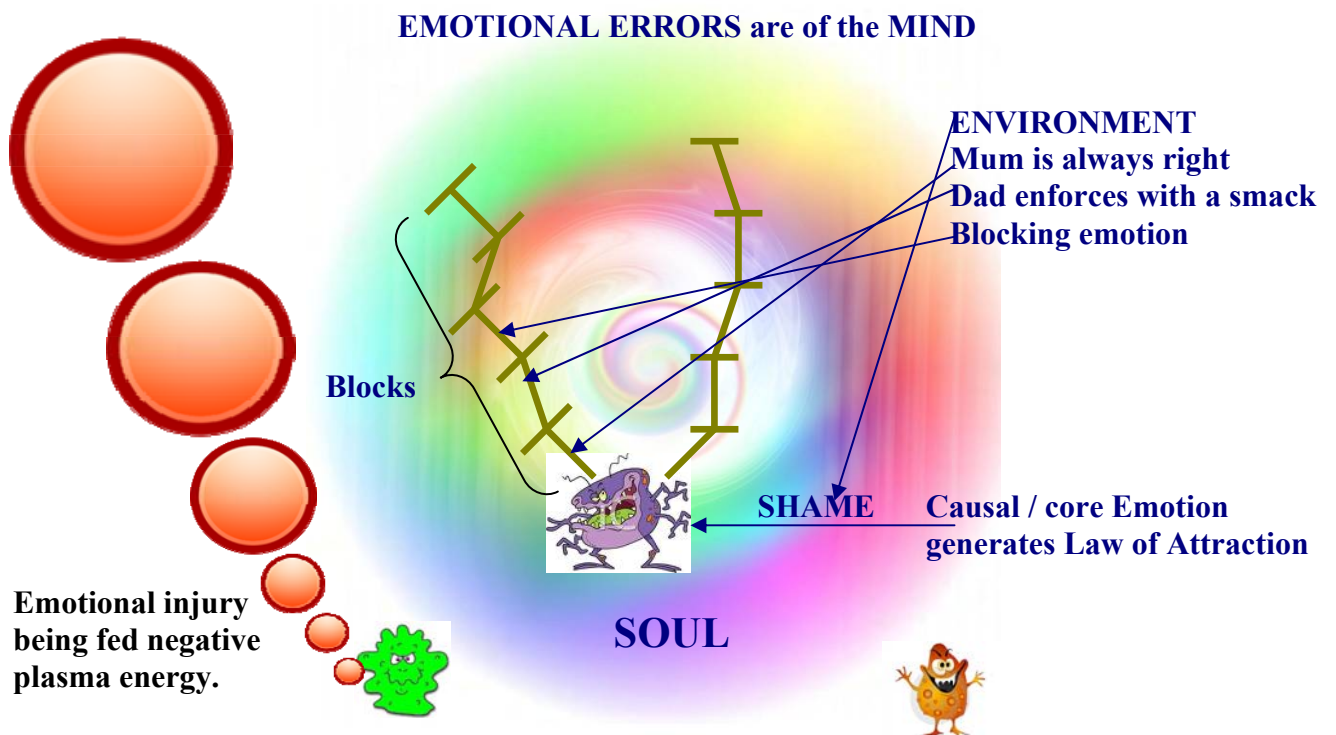
Kindly go to www.pascashealth.com, Library Download and click to open:

Pascas Care Letters

 [Pascas Care Letters Etheric Spirit Body.pdf](#)

Medical – Soul Condition and Health

 [Pascas Care Hierarchy of Health Care.pdf](#)



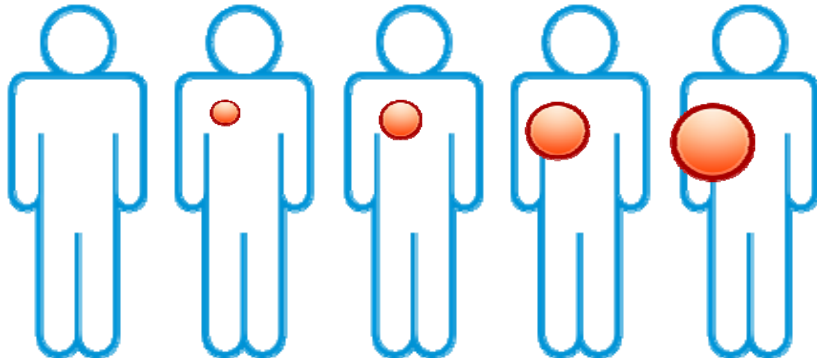
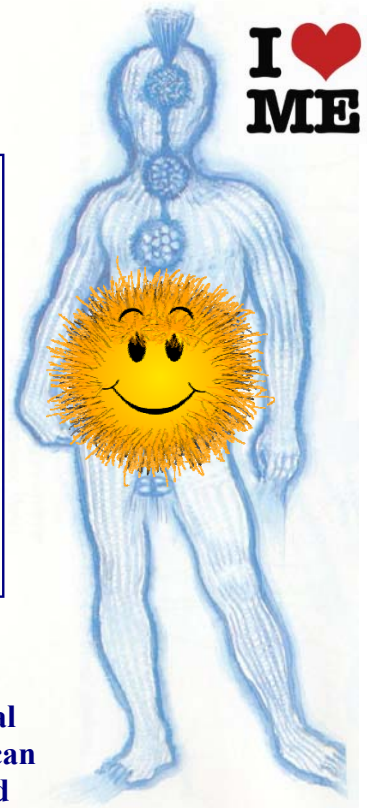
LOVING and UNLOVING EMOTIONS:

They are plasmatic balls of energy.
Loving emotions are life enhancing.
Unloving emotions are life retarding.

Thoughts become Things.....



Emotions are Things.....

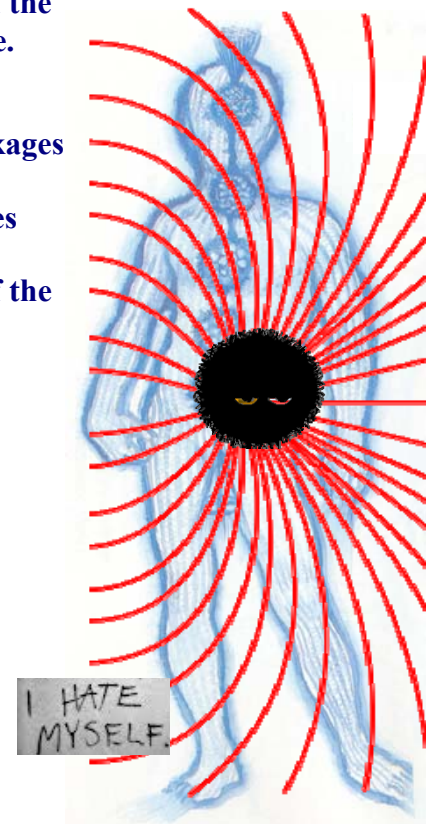
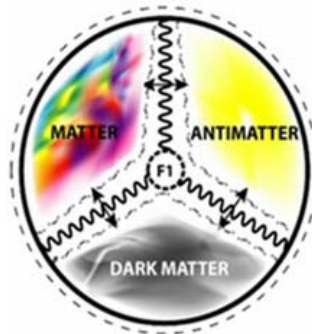



Emotional damage can fester and grow should you persist with the issue.

Negative emotions, that are those that calibrate 200 or under on David Hawkins' Map of Consciousness, create energy flow blockages within your meridians that are within your spirit body / etheric body. In the physical, these energy blockages / emotional injuries emerge to disrupt the flow of energy along your nervous system creating mayhem, pain, and ultimately illness. The frequency of the emotional injuries generally, but not specifically, relates to the frequencies of specific organs in your body, that is why various emotional injuries are related to various illnesses. The emotional injuries can be readily removed – permanently.

PLASMA:

Antimatter / principal matter is the life giving energy source.
Dark matter / transitional matter restricts the flow of light.
Matter is the concentration of these energies resulting in physical matter.
Plasma is the building block of all.



NEW FEELINGS WAY



**Finding the Truth of Our Childhood
Through our Feelings**

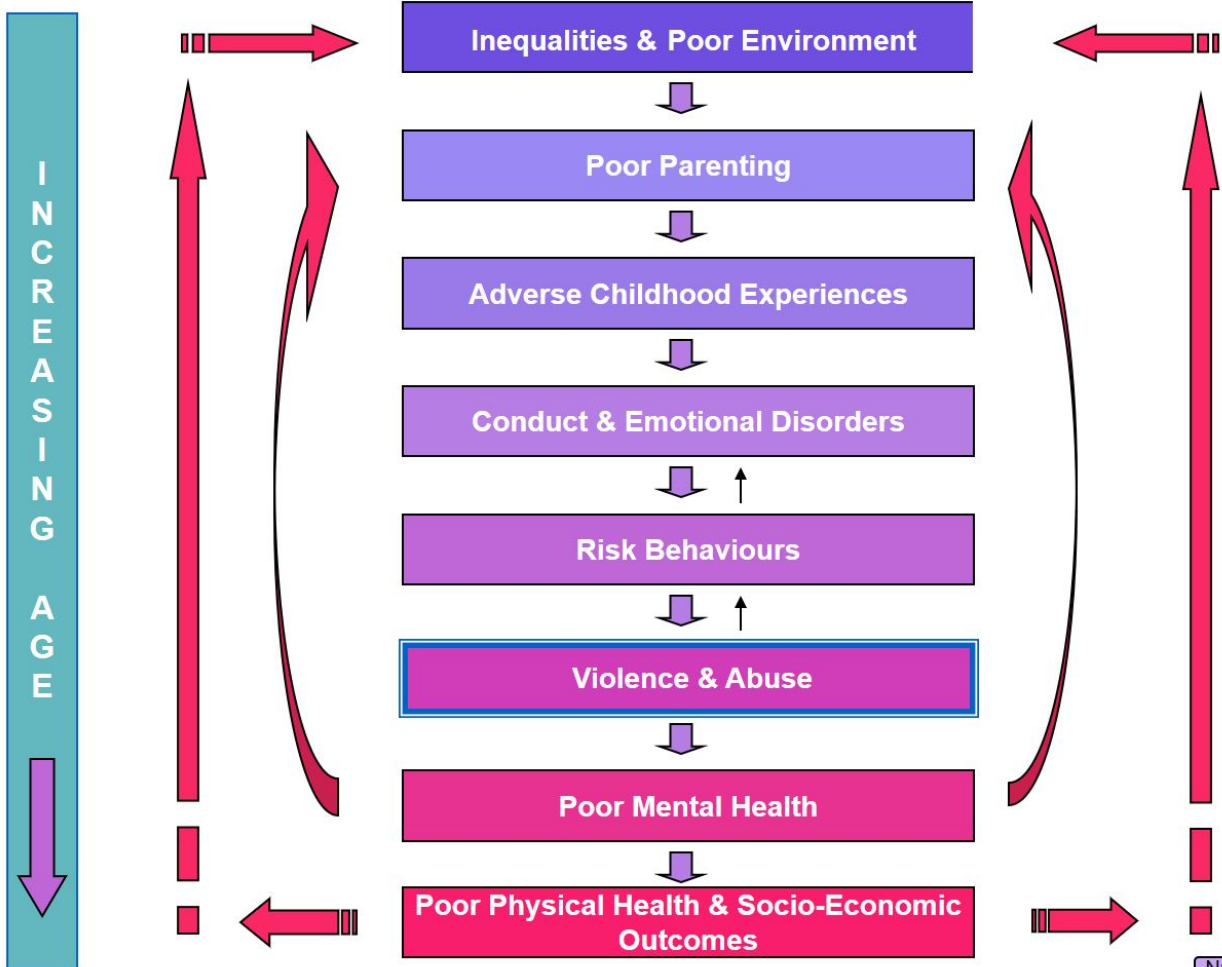


**The New Feelings Way
Feelings First Spirituality
Our Feelings express the Truth of our Personality**

LIFE IS FOR LEARNING



The Cycle of Violence and Abuse across the Life-course



Nurse J, 2008



Seek **truth** from the cradle to the grave.

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



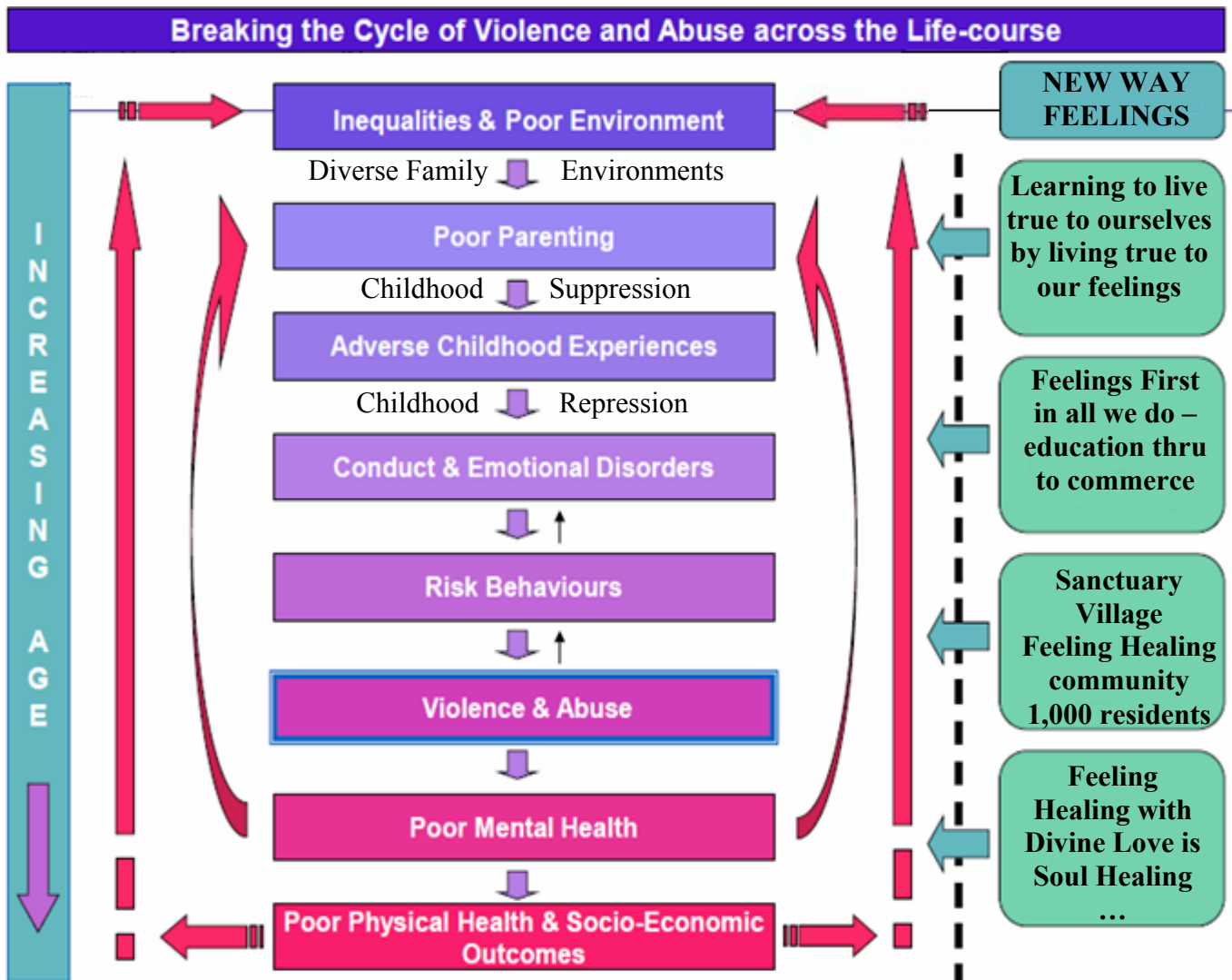
Caligastia pair



Arrested and imprisoned early 1990s CE



Daligastia pair



PARENTING:

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even though they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them,

even if that was only for a moment. With those patterns all being ‘broken’ and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can’t be anything other than how you are – it is ‘your’ child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one’s life, and all that’s happening on unseen levels from spirit, all what’s going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is ‘unfolding’ through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you’ve fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it’s not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just ‘normal’ and ‘ordinary’, that’s exactly what God wants, it’s how God made its soul to express itself, so it’s perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don’t have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you’ll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth. **Perfectly Imperfect**

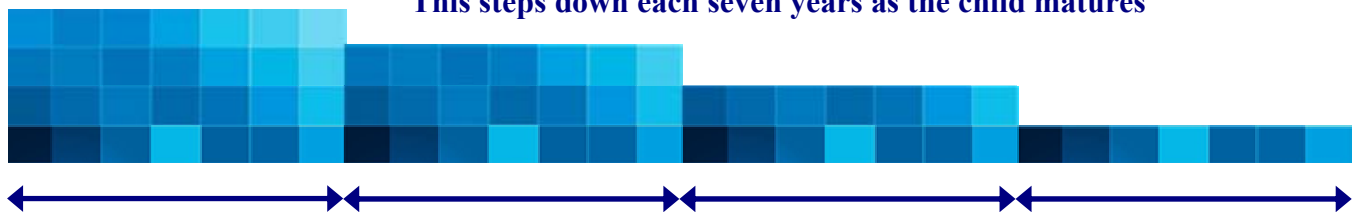
If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you’ll no longer be passing onto your child, with your child potentially adjusting to the ‘new you’ which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it’s the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won’t be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can’t force any positive changes on the child once the child is sexually mature, whereas before sexual

maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:

This steps down each seven years as the child matures



**From conception to
age 6 or 7**

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you do not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having spirit children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds worth of truth. Which means your child, as do you, has seven whole worlds of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

GREAT V-Turn

- Early 1990s:** The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017: Negative mind-spirit influence now blocked by Celestial Spirits.
22 May 2017: Law of Compensation quickening.
2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017: Bring on the money to **'house the future of humanity'**.
31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default

After some delays, recognise that:

Tuesday, 12 April 2022 marks the day that funds planned for, through banking systems instigated by the Bretton Woods Conference in 1944, then subsequent accumulation of funds over decades, that finally the first nominal release may now be achieved, so that we can commence physical preparation for the earthing and dissemination of The New Way and Feeling Healing around the world.

Tuesday, 12 April 2022 marks the day when the physical preparations for the technical commencement of the Avonal Age that is to follow, can now actually commence.

Tuesday, 12 April 2022 is the first day upon which it can be considered that those who have been flying blind, so to speak, can actually consider that all that has been subtly unfolding is now crystallising upon solid foundations.

Tuesday, 12 April 2022 marks the beginning of people coming together to commence the bringing about of The New Way, Feeling Healing and the welcoming of the coming Avonal Age, worldwide.

April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

FEELING HEALING COMPLETE

Tuesday, 12 April 2022

James Moncrief, on this day, 12 April 2022, advised and outlined that his personal Feeling Healing process was now complete.

In so doing, he had been observing that nothing new had been coming up for him to consider, that he had nothing further that he had to personally resolve and that the process was for all intents and purposes fully completed.

It could be said that he started his journey in 1993 when he had obtained a full publication of the "Padgett Messages" which introduced the availability of Divine Love to him and Marion. It was several years later that he commenced, what he calls Feeling Healing, through Marion's promptings and strivings.

As both Marion and James have engaged their personal Feeling Healing from different ends of the spectrum, both now can be said to have finished their Feeling Healing process with different completion experiences.

Further, James now sees that his ceiling of personal growth is or will be the equivalent of the 3rd Celestial Heaven while he is on Earth. This will also set the pinnacle of growth for the rest of Earth's humanity while living in the physical on Earth.

Apart from this all being very important for all of Earth's humanity is what this means for our present day activities. James is now in a state of completion of his understandings of what is required to be shared with all of humanity. He does not have any outstanding questions to resolve. That is, the state of truth now within himself and his Spirit of Truth is the foundation to commence interacting and sharing what is to be revealed. Until this condition was reached, James refrained from general conversation and public discourse until Truth was understood.

So, again let it be said, that on Tuesday, 12 April 2022 the Feeling Healing of a soul partner pair has been achieved and that is the first time in the full history of Earth's humanity, all 993,500 years of it, that a pair have while living in the physical here on Earth have completed the healing of what they have taken on of the Rebellion and Default which has prevailed these past 200,000 years.

NOW, the rest of humanity on Earth can follow and achieve their personal healing or progress as they please. What needs to be understood is that we can all only follow the lead of higher level spirits.

Samantha in England is the closest in completion of her Feeling Healing. As an aside, a couple of days ago she contracted Covid-19, she is not vaccinated, however, this experience may now provide her with the ability to travel as her personal immunity will be at higher level than what any vaccine can achieve.

MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.



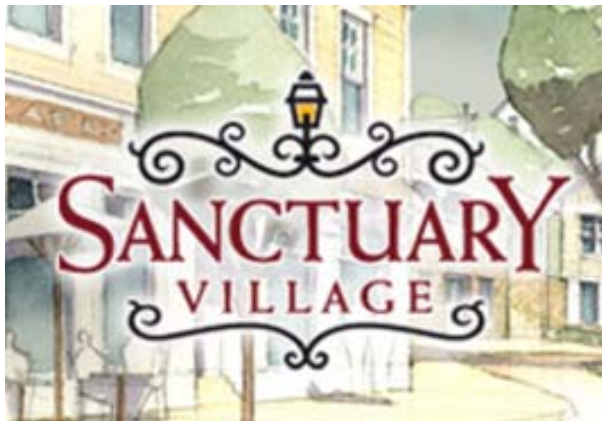
Our Guides on Duty...



OUT GATEWAY ISOLATION



The NEW WAY The NEW WAY

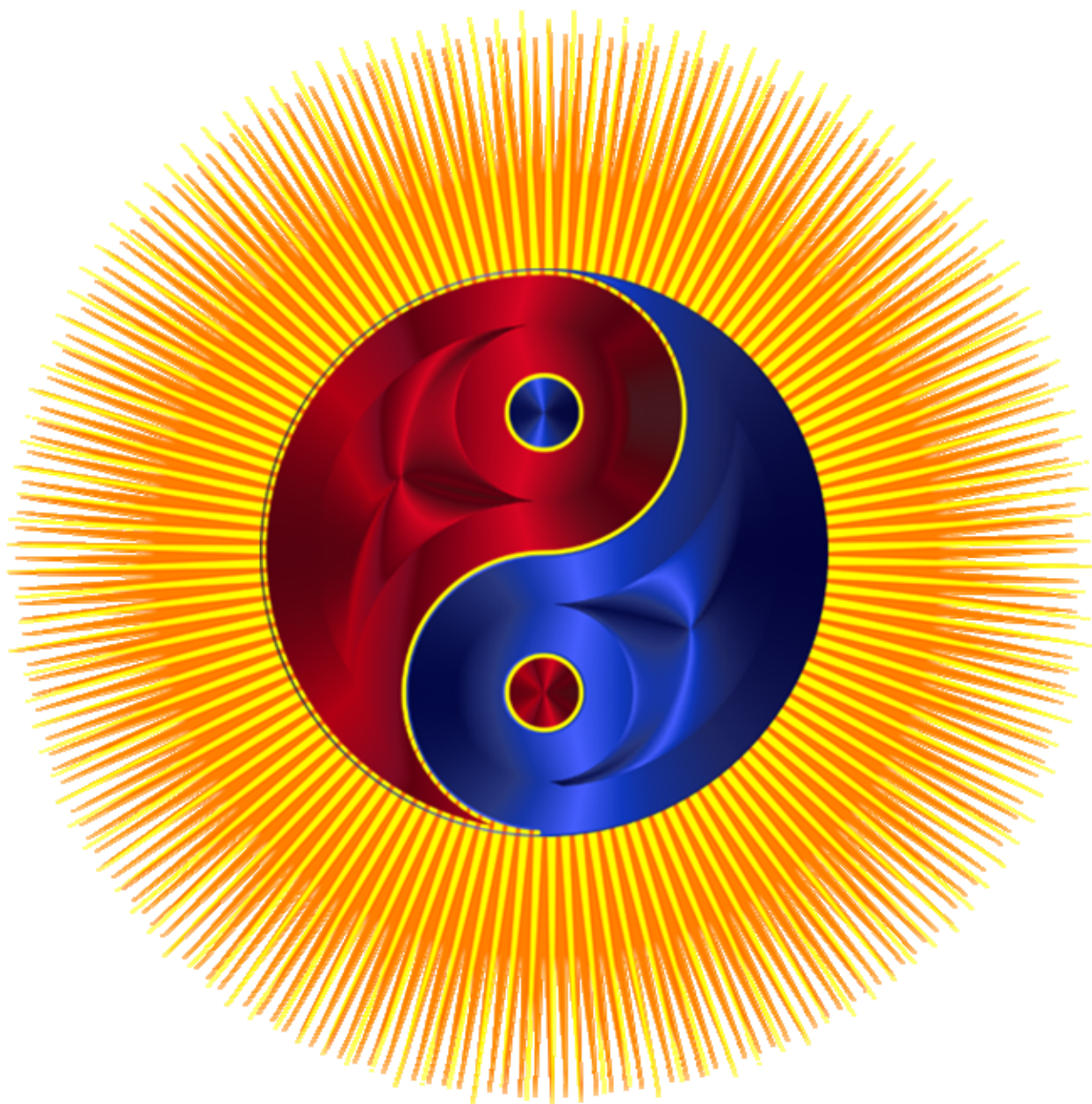


<http://www.pascashealth.com/index.php/library.html>

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All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Our Heavenly Mother and Father



FURTHER READING:

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance

Pascas Care – Parenting Awareness
 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:			
 The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
 containing the Padgett Messages or Little Book of Truths			– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm			

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all 550+ Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

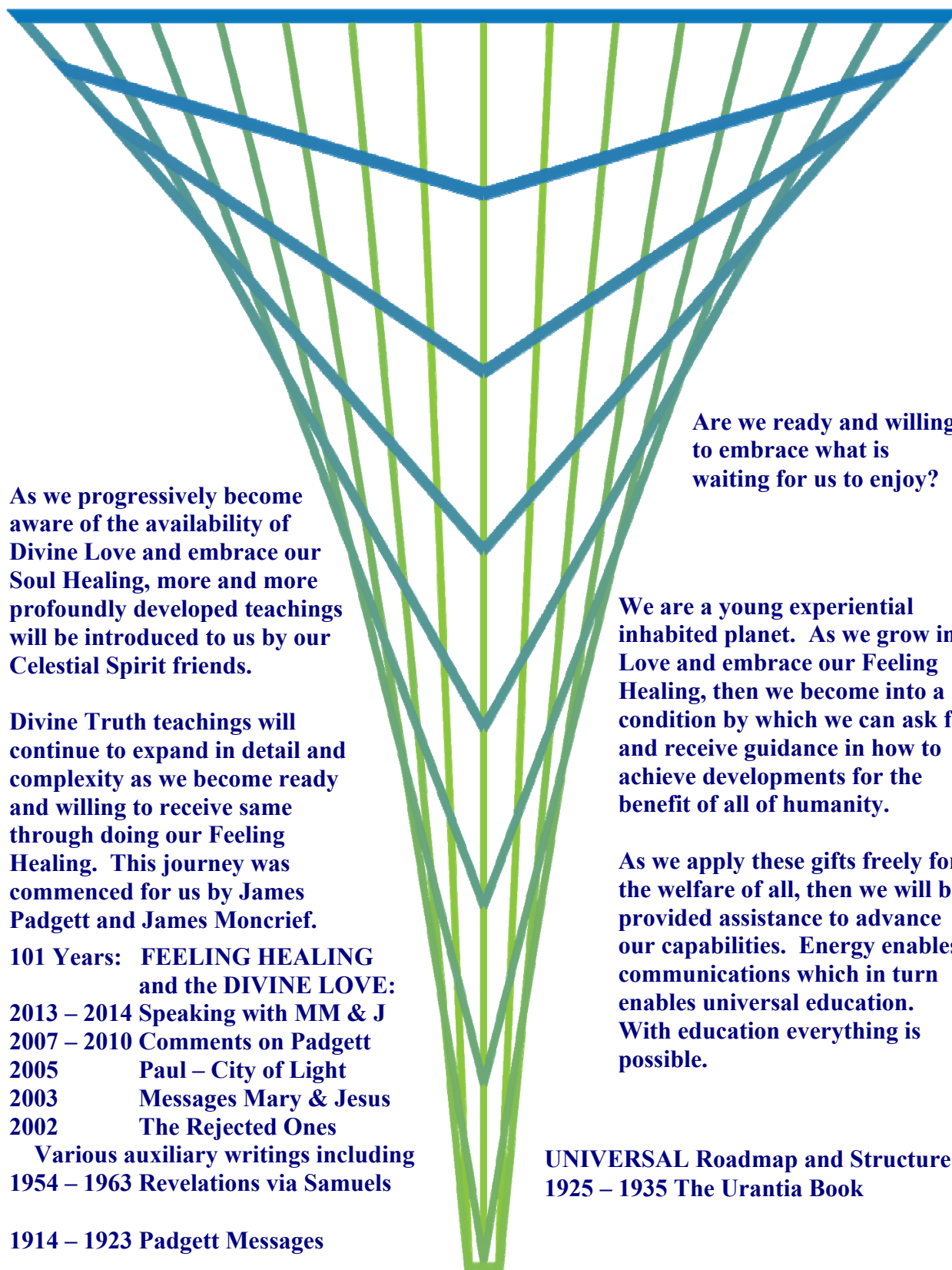
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

PASCAS
PAPERS

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Health is a vibrancy to be realised through Feeling Healing!

