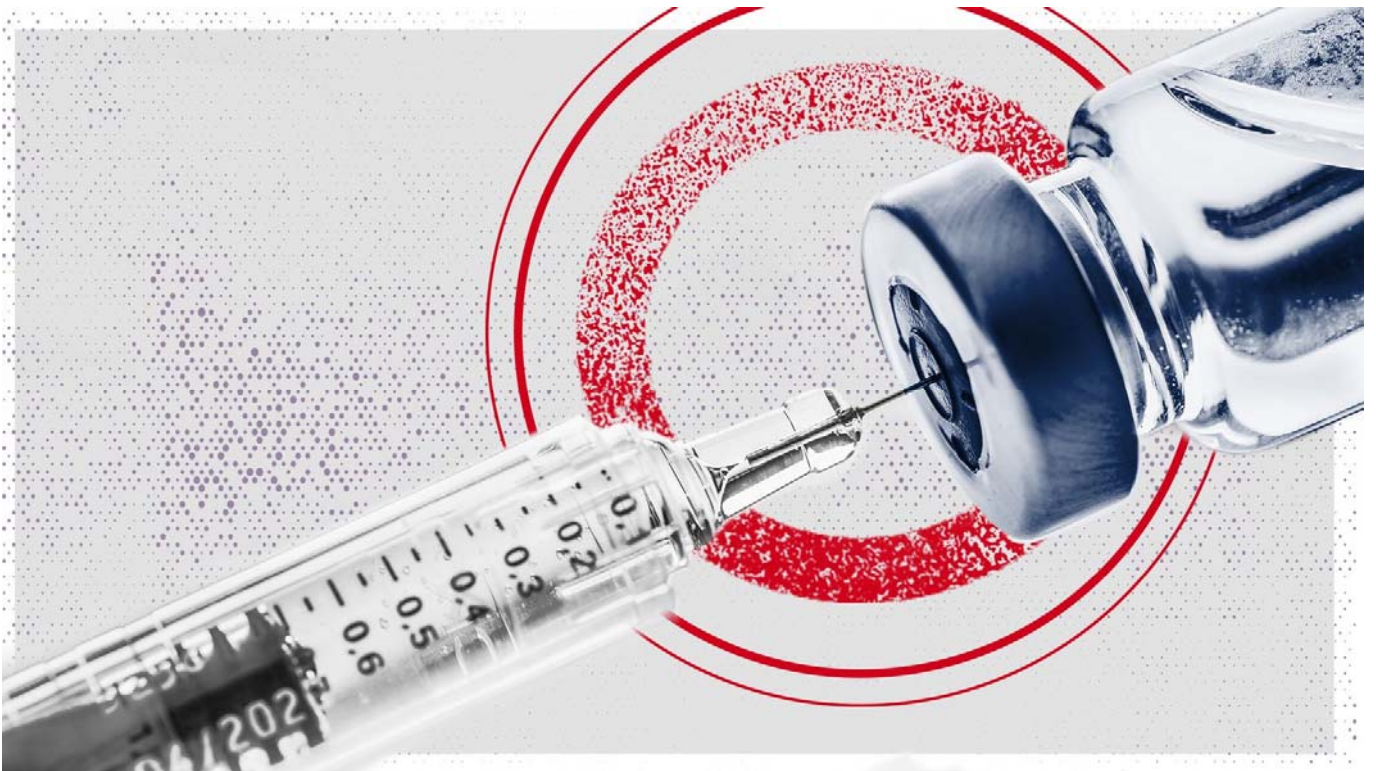


Pascas Care

Parenting Vaccinations



“Peace And Spirit Creating Alternate Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Queensland, Australia

Pascas Foundation is a not for profit organisation

Em: info@pascasworldcare.com

Em: info@pascashealth.com

www.pascasworldcare.com www.pascashealth.com

PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Health – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, John.



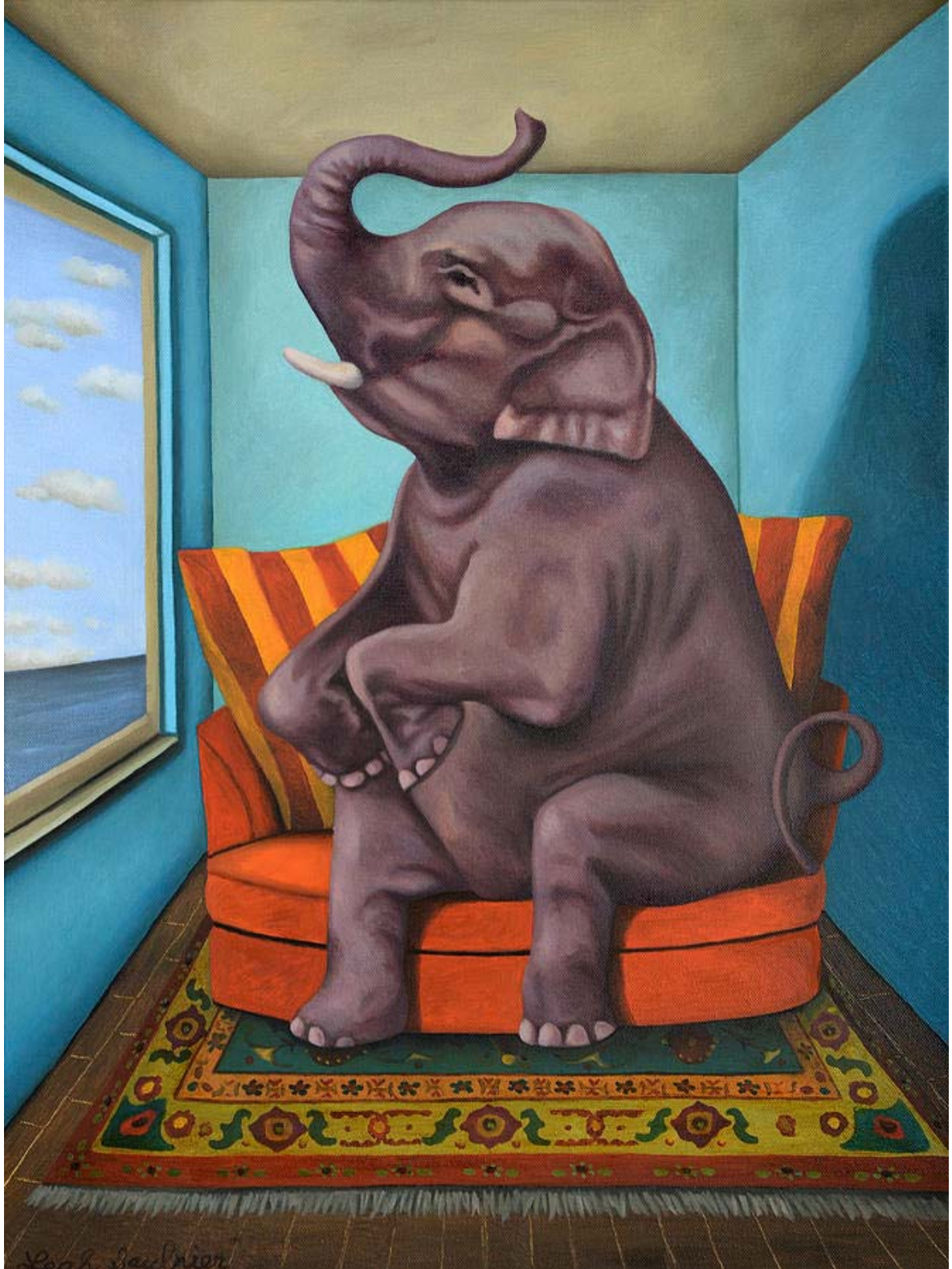
“Never can one man do more for another than by making it known of the availability of the Feeling Healing and Divine Love.”

The New Way: learning how to live true to ourselves by living true to our feelings.

The Golden rule is: Never interfere with another’s will.

The one and only truly effective vaccine is the healing of our childhood suppression and ongoing repression through **FEELING HEALING!**

Childhood Suppression is the elephant in the room!



The ELEPHANT in the ROOM!

With every major element of humanity's society and way of life, there is an elephant in the room, a major misunderstanding:

RELIGION

Truth is always the same! There is only one truth and it is always constant. Yet, throughout the world there are 3,400 significant religions and when you add the minor denominations of each of these religions you may find around 50,000 options. Christianity with its minor denominations provides 22,000 versions. Jesus and Mary Magdalene did not come to Earth to establish a religion, they intended to come and go without even being noticed!

EDUCATION

Education is grow our truth and develop our potential. And recently, universally free and open education has underpinned the greatest growth in 'prosperity' in the history of Earth's humanity. It is mind centric. All of our education systems are exclusively mind development focused to the exclusion of our feelings. Our minds are addicted to control of others, that is, of other people and our environment. Our minds cannot discern truth from falsehood. Our minds are addicted to untruth. Consequently, when we make an assumption, the error rate is around 98% – the other 2% are flukes! When a conversation commences with 'I think' then it is assumption based and is the commencement of a pointless expression of the mind.

Dr David R Hawkins developed the Map of Consciousness (MoC) table which is based on the common log of 10, the table goes from 0 to 1,000 which is the field of Natural love – not of the Divine. The peak calibration of Reason is 499 which is also the peak level of development for those within the first spirit Mansion World – we are to progress through seven Mansion Worlds before we become Celestial which is above 1,000 on Dr Hawkins' Map of Consciousness (MoC). Our education system, being mind centric, prevents growth of humanity beyond the 1st spirit Mansion World level on Earth – as do all religions!

We are to live Feelings First. We are to embrace our feelings and then have our mind to follow in implementing what our feelings are guiding us to embrace. Our feelings are ALWAYS in truth. All that we need to know will be and is to be revealed to us through our feelings. We are fully self-contained! We are TRUTH SEEKERS – yet we doggedly worship our minds and suppress our truth loving feelings.

HEALTH

Are there really 10,000 diseases and just 500 'cures'?

<https://www.washingtonpost.com/news/fact-checker/wp/2016/11/17/are-there-really-10000-diseases-and-500-cures/>

“Regulators, scientists, clinicians and patient advocacy groups often cite ~7,000 as the number of rare diseases, or between 5,000 and 8,000 depending on the source. While this consensus process is still ongoing, USA National Institutes of Health currently estimate the number of rare diseases to be more than 10,000. An estimate published by the University of Michigan Medical School that “there are roughly 10,000 diseases afflicting humans, and most of these diseases are considered ‘rare’ or ‘orphan’ diseases.”

“There are other estimates, as well. The German government lists 30,000 diseases, of which it says 7,000 are rare, though it cannot be determined how that figure was calculated. Anderson noted that the 10th revision of the International Statistical



Classification of Diseases and Related Health Problems (known as ICD-10) has nearly 70,000 codes, which would be an upper-bound estimate.

“The focus is really on rare diseases, but a credible case can be made that there are at least 10,000 diseases in the world, though there is likely more. And there are a bit over 500 treatments. So, as far as round numbers go, 10,000 diseases / 500 treatments works as a talking point.”



However, NO ONE comprehends what is the underlying cause of disease! Our health carers, our doctors and nurses never discuss or outline why we have a discomfort, pain, illness or disease. Kindly ask yourself, when was the last time your medical practitioner outlined to you why you have a particular health issues that you presented yourself with to him or her? **There is ONE cause – CHILDHOOD SUPPRESSION.**

Medical science introduce a never ending array of names for a never ending array of ailments without comprehending the elephant in the room – our **Childhood Suppression and ongoing Repression.** ALL our discomforts, pain, illnesses and diseases are generators to have each of us express our feelings, both good and bad. As we grow in embracing this way of living FEELINGS FIRST and long for the truth of what our feelings are drawing our attention to, we will come to recognise that all our issues have their foundations throughout our childhood forming years, from the moment of conception through to the age of six years, up to when our Indwelling Spirit arrived.

Our soul orchestrates it all. Our soul does everything. Our soul brought our spirit body into existence and, in turn, our etheric spirit body is the template of our physical body. Light continually flows from our soul through our spirit body and into our physical body. Our experiences in the physical are expressed back to our soul as light. Everything that we experience is recorded by this light returning by our soul. Emotional injuries and errors of belief that we experience impede the flow of light back to our soul – consequently we are degraded by such accumulating damage and harm. Look at a young child and then look at yourself!

At the moment of our conception, we are perfect in every respect – both in Natural love and physically. We are then literally fire-hosed by our parents’ emotional injuries and errors of belief and this is ongoing. They are not aware of our existence when this onslaught commences – no wonder many conceptions do not survive to incarnation which is when the foetus commences to pump blood some 16 days after conception.

MEDICAL PROCEDURES and RESEARCH



Sometimes You Can Find a Needle in a Hay Stack!

While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.



The physical body is animated by the spirit body, and in turn the spirit body is animated by our soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Our soul and spirit body is the home of our emotional injuries and errors. These emotional issues create fissures and damage within our spirit body. Subsequently the injuries within our spirit body generate illness within our physical body, corresponding to the location in the spirit body.

Illness is generated by our mind, however, healing is generated by our soul. Releasing the emotional injuries eventually heals the physical.

MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind absorbing our parents striving to control the nature of our personality that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

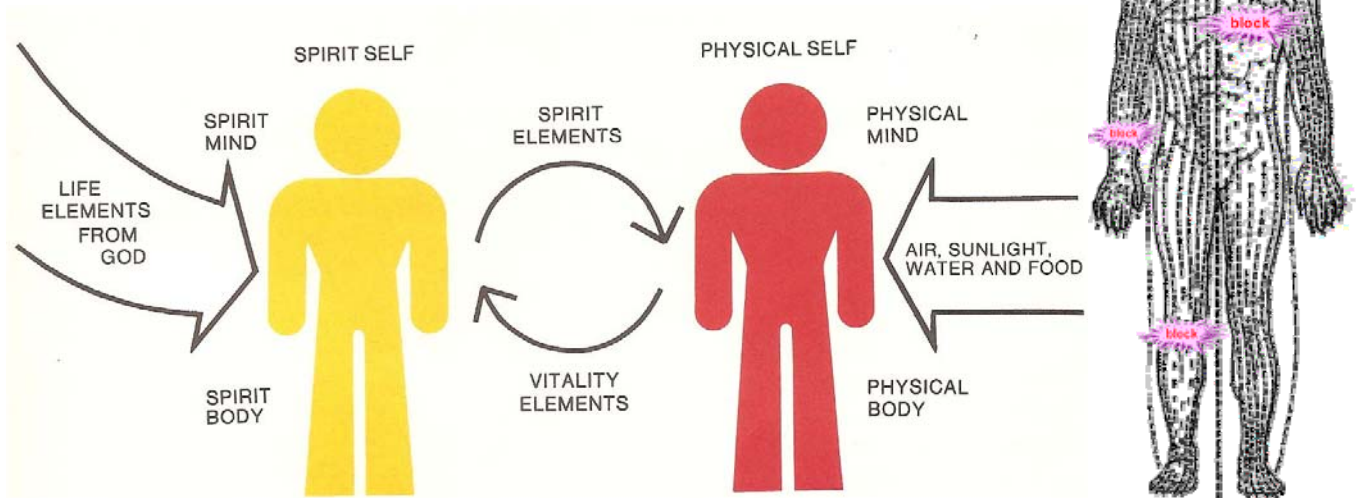
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

on the physical level
on the emotional level
on the mental level
on the psychic level
on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood suppression and ongoing repression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

Vaccinations only interfere on the physical level – leaving the underlying causes to manifest in the physical in a different manner, typically at a later time in life and more aggressively.

Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

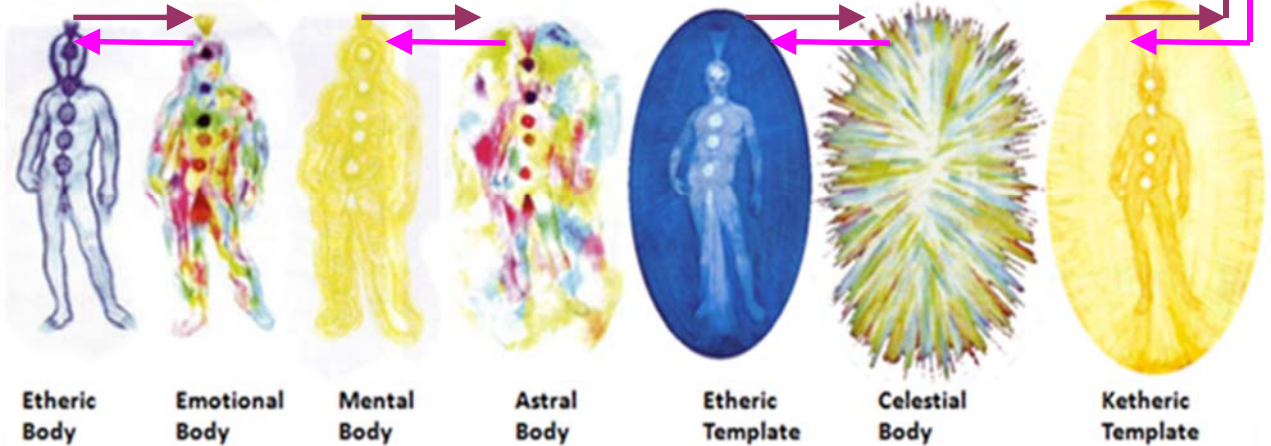
SOUL



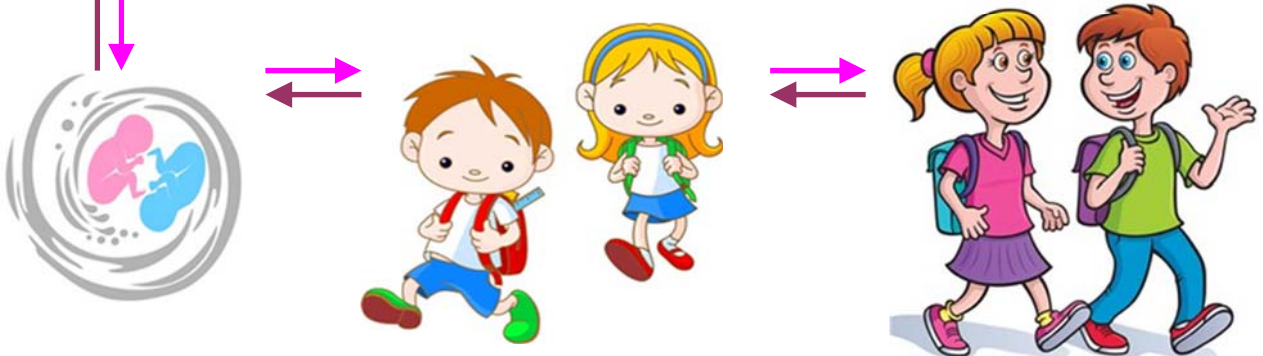
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



Every experience is recorded through the light returning through our spirit body and back to our soul. What emotionally injures we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.

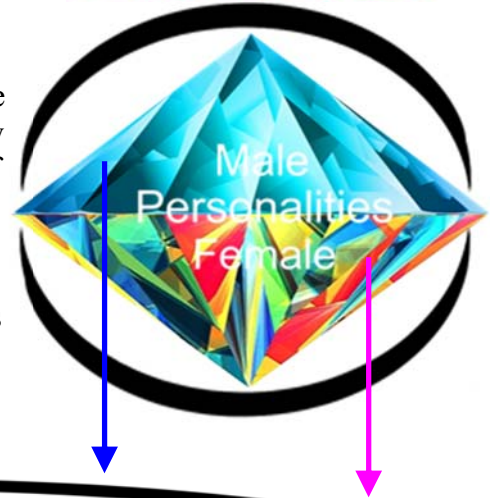


Childhood Suppression

SOUL

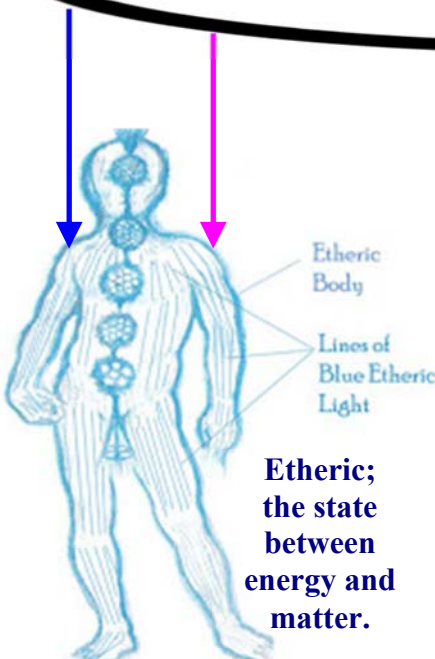


Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

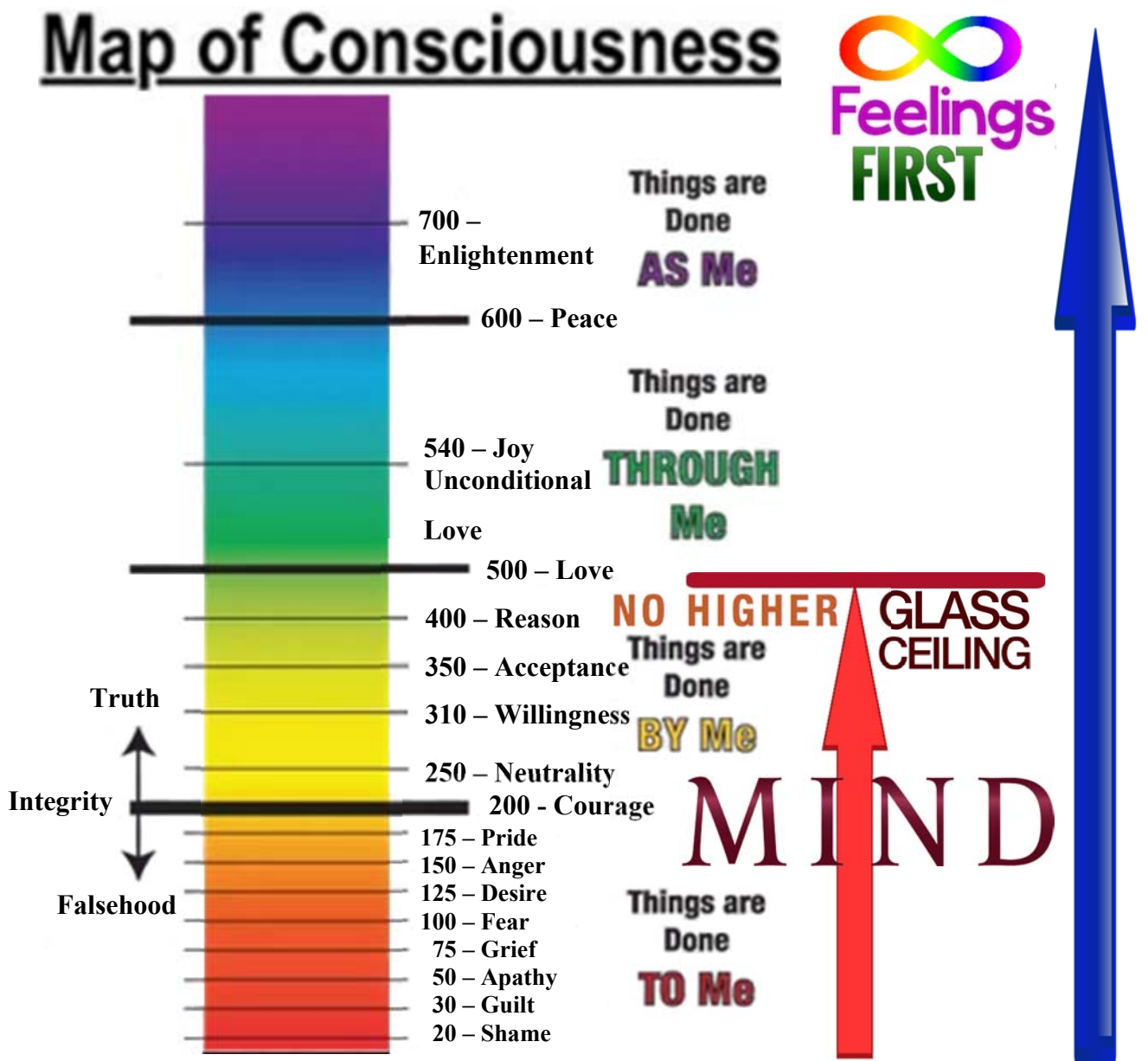
Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



We have all been guided and taught, from the moment of conception through to our death, to be mind centric, to worship our minds, to believe that through our minds we can achieve all heights of excellence and wonderment, even to become mini-gods. This we adhere to by suppressing our feelings, ignoring our feelings, all the time when it is our feelings that is our doorway and path to freedom, ingenuity, intuitiveness and evolutionary progress. We are fully self-contained. Our feelings are always in truth! Our feelings are to guide us, lead us, be our beacon of light, and our mind is to follow in supporting and assisting in implementing what our feelings are prompting us to embrace. Feelings First is how we are to live. It is through living feelings first we enter upon the pathway to Paradise – the one and only pathway that there is!



MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

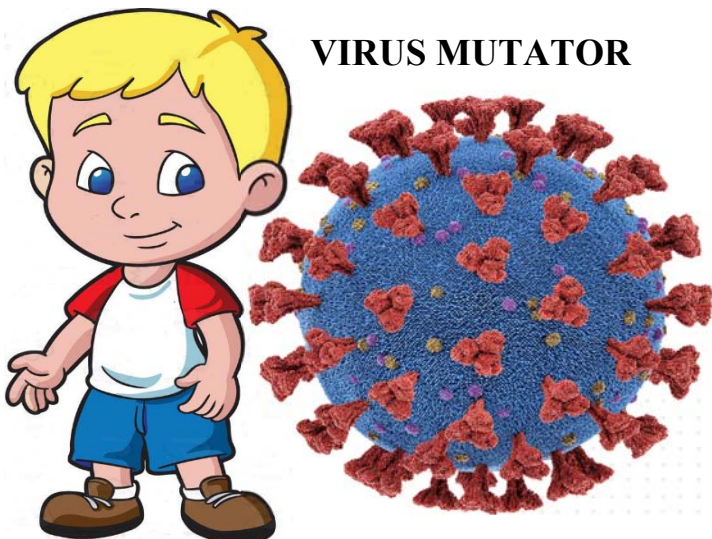
Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

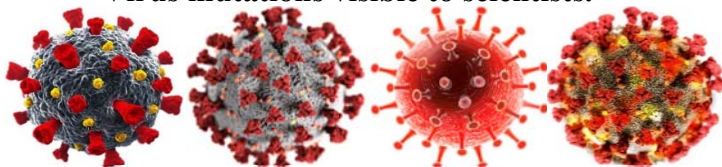


VIRUS MUTATOR

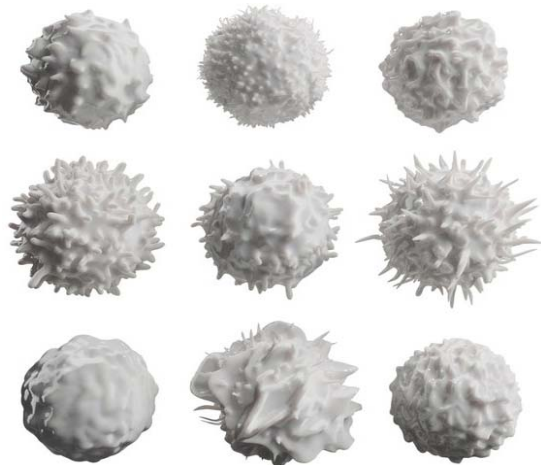
Medical scientists and researchers may consider that their laboratories are extra-ordinary, and they are – compared to yesterday. However, the laboratories of the Nature Spirits are truly out of this world! And they are so massive that our physical facilities are nothing more than a kiddie’s toy in comparison – at best.

Let us consider a virus. A virus is more of the spirit than it is of the physical. Scientists cannot pick up on a virus UNTIL it takes lodging in a physical cell. While the virus is still in the spirit body, it can be transmitted from person to person without even been felt, let alone seen. Then there are many of us who are hosts and we are the ones where the virus mutates into new versions and the virus goes off amongst people in a new variation – essentially to avoid vaccines!

Virus mutations visible to scientists.



Virus mutated specifically for each individual as required by each person’s soul. These are not visible to scientists.



You have got it! The Nature Spirit laboratories change the nature of a virus to avoid a new vaccine currently being developed by man so that the virus can go on to complete its assigned task.

Now, you may ask why is the experience for each person so variable – so different?

No matter what strand of a virus you may contract, it will be further mutated specifically for what you, the receiver, is to experience. Your specifically designed version will be to take you deeper into your personal Rebellion or to help you out of your personal Rebellion.

Further, no virus, no illness or disease will cause you greater pain than did your Childhood Repression! Childhood Repression pain will not be exceeded upon!

Further, no virus, no illness or disease will

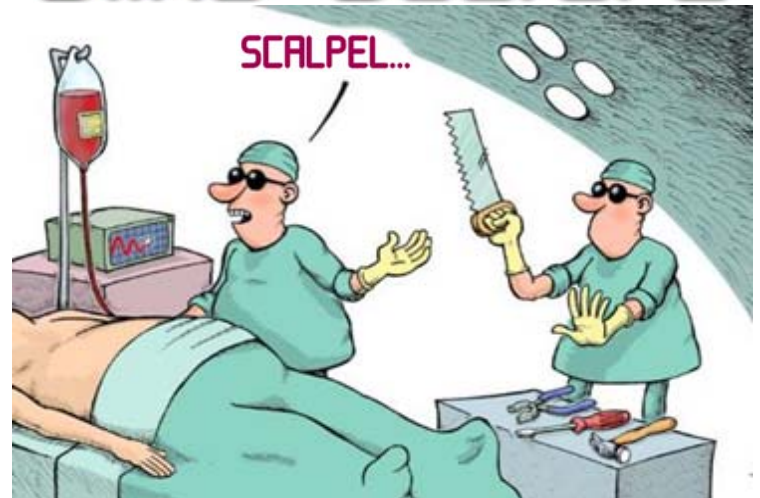
Now that the Rebellion and Default has formally ended on 31 January 2018, we can more readily engage in our healing through Feeling Healing, by expressing what our feelings bring to our notice, both good and bad, to express our feelings to a companion. What has entered us emotionally is to be expressed emotionally to a compassionate friend. We are too long to know the truth that such feelings are drawing our attention towards, both good and bad. Such experiences will ultimately lead us deeper and further into our Childhood Suppression as it is our ongoing Repression that we start to work our way through. As we develop our way into our personal Feeling Healing, we will discover that as we long for the Love of our Heavenly Mother and Father, our true Mom and Dad, that They are real as we experience receiving Their Love, Their Divine Love! We are now commencing our journey home to Paradise!



Feeling
Healing with
Divine Love is
the key!



Blind Doctors



WHY is it that the **HEALTH CARE PROFESSION** is **BLIND** to the **ROOT CAUSE**?

CONTROL is the overarching addiction of living mind centric. Control of others and the environment. The rebellious high level spirits from within our local universe of Neadon had structured all institutionalised systems for Earth's humanity to maintain control us and maintain us in stagnate state, living in a zombie and stupor state, which we presently demonstrate daily everywhere.

These high level rebellious spirits have kept us distracted by creating incredible false pathways, when there is only one pathway only for us at all times:

Earth Changes; we look to the warming of the atmosphere when it is the core of our Earth that is now a little more active through the infusion of increased energy from our universe that is bringing increased surface temperatures in a cyclical pattern, all in a manner similar to prior cycles.

Population; there have been larger populations on Earth than there is today, they have been more advanced in some aspects than we are today, but not generally overall. We have developed the use of alloys more than others, however, prior civilisations have utilised magnetism and gravity extremely well. All 'alien' activity is and has been locally developed. Earth has never been visited by humanities from another planet or planets.

Health Sciences; we look from outside the body and then in, whereas we need to look from within to the outward manifestation of the 'dis-ease' now in the physical! Our health scientist continues to look only to the physical and never commences to address the underlying cause and consequently no healing unfolds – or can presently unfold. Now that medical science is commencing to manipulate what they see of the genes in the physical, they are in danger of breaking the bridge from the soul / spirit body to the physical. They are in danger of creating issues that may take decades to bring repair and correct.

**True medicine and doctoring
can only be done with truth.**

SOME NUMBERS:

Currently, each year we have:
 130 million live births
 44 million abortions
 50 million or so miscarriages

224 million conceptions /
 incarnations per annum.

6.5 million child deaths per
 annum. About 5% of those born do not
 make adulthood.

123.5 million of those incarnated
 make it to adulthood.

55% of those incarnated make it to
 adulthood.

45% of those incarnated do not
 have an adulthood life experience.

Natural love and divine love, and indeed
 soulmate love are quite different energies.
 Soulmate love is not natural sexual love.
 Soulmate love is the only natural love that
 matures and continues with us into the
 Celestial Realms being beyond the 8th
 sphere.

Just to step back a little to the above
 statistics. For each abortion there are at
 least two adults involved. As there are 44
 million abortions each year, then 88 million
 adults may be involved in that process.
 That indicates that two out of every three
 live births, that is 66% of adults, become
 participants in abortion.

Further, the number of reported abortions
 are an under estimation of actual events.

Global estimates of INDUCED ABORTIONS:

	1995	2003	2008
World	45,600,000	41,600,000	43,800,000

<http://www.mswm.org/abortions.worldwide.abortionstatistics.htm>

BABIES born Each Year; 130,000,000
It is estimated that there are approximately 130 million babies born throughout the world each year.
http://answers.ask.com/Society/Other/how_many_babies_are_born_each_year

Miscarriage reportedly occurs in 20 percent of all pregnancies. This may be an inaccurate number. However, many women, before realizing a life has begun forming within them, may miscarry without knowing it. Therefore, the miscarriage rate may be closer to 40 or 50 percent.

World murder rate: 7.6 per 100,000 people per year. The NUMBERS: Violent deaths worldwide, 2004:

Total:	740,000
Homicide:	490,000
Indirect consequence of war:	200,000
In war:	50,000

http://www.dlc.org/ndol_ci.cfm?kaid=108&subid=900003&contentid=255032

Over one million people die by suicide every year. There are an estimated 10 to 20 million non-fatal attempted suicides every year worldwide.
<http://en.m.wikipedia.org/wiki/Suicide>

DEATHS worldwide per annum: 60,000,000
Pollution causes about 40% of deaths worldwide, i.e., are caused by water, air and soil pollution.
<http://www.sciencedaily.com/releases/2007/08/070813162438.htm>

INSANITY



The different faces of
depression



We all are immensely insane!

We have many Facades



Which ones are you?



TALK IT OUT

We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.



All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.



What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!

Journey of Earth's Humanity

Years ago:

- 993,500 **Andon and Fonta - aspire for human perfection.**
- 950,000 **Andonites reach Tasmania - southern Australia.**
- 500,000 *Caligastia - Lanonandek - appointed Planetary Prince
Daligastia manifests on Earth with staff
Sangik Family - Northern India - 6 colours*
- 200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary
Caligastia draws Earth into Rebellion*
- 38,000 **Adam and Eve manifest on Earth
Adam and Eve default their mission**
- 1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS
Commences end of Rebellion & Default**
- 7 BCE **Jesus of Nazareth born**
- 2 BCE **Mary of Magdalene born
Creator Daughter & Son Bestowal**
- 1914 - 1923 **Padgett Messages - second coming**
- 1925 - 1935 **The Urantia Book - history of humanity**
- 1944 CE **Bretton Woods Conference - funding**
- 2002 - 2022 **James Moncrief - Revelations
Avonal Daughter & Son Bestowal
Avonal Age of 1,000 years begins!**

HOW ILLNESS and DISEASE CAME ABOUT!



Andon and Fonta, living south of the Caspian Sea, were the first to have a longing for human perfection some 993,500 years ago. They were of Natural love perfection. Civilisations came and went with a steady evolutionary progression.

Earth is # 606 of 619 inhabited worlds within the system referred to a Satania. A system has 1,000 worlds suitable for physical inhabitation. Within our local solar system, only Earth is inhabited.

The Lanonandek order of spirits, being from within a local universe, are typically assigned for the spiritual development of humanities. Lucifer soul partner pair were appointed System Sovereigns of Satania, and their deputies were the Satan soul partner pair. Some 500,000 years ago, the Caligastia soul partner pair were appointed as Earth's Planetary Prince. Their deputy, the Daligastia pair took up residency on Earth on the Mesopotamia River at that time.

It was 200,000 years ago that Lucifer rejected the leadership of our Local Universe of Nebadon, being Jesus and Mary (Magdalene). Lucifer seduced the Planetary Princes, including Caligastia of Earth to participate in his Rebellion. Instead of living through our feelings, we on Earth have been embracing our minds as being the pathway to being mini-gods while suppressing our feelings. Further, the males have subject women to subordination as it was understood by the rebellious Lanonandek spirits that women, through their feelings, would wake up to this folly and put an end to the Rebellion.

It was a little more than 38,000 years ago that Caligastia with Daligastia influenced Adam and Eve to Default on their assignment here on Earth. Thus Earth's humanity is now deep in Rebellion and Default.

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



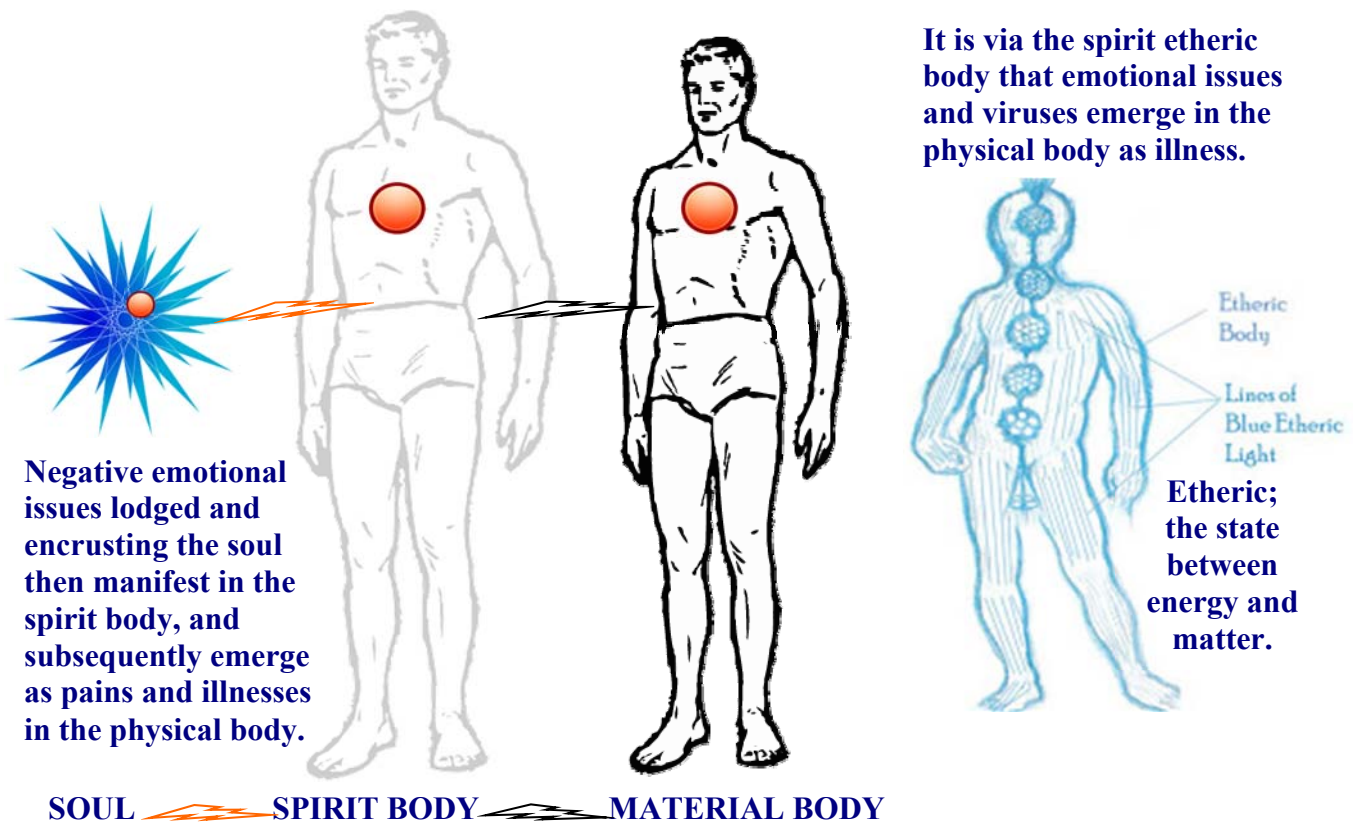
Caligastia pair



Arrested and imprisoned 1993 CE



Daligastia pair



Nanna Beth, 3rd Celestial Heaven, 29 June 2017: **“The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true – to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.”**

It is Caligastia that we are directly referring to when we talk about the devil – Caligastia is the ‘devil’!

All of the emotional injuries and errors of belief that we absorb from our parents and those close to us, from the moment of conception through to around the age of six years, is all in the form of light that is transmitting to us and returning to our soul. Such light flow disturbances and blockages cause issues both with our soul as well as our spirit body fields – then such malfunctions emerge in our physical body!

The hurt and pain that we experience throughout our childhood forming years, the pain of our childhood suppression will not and is not exceeded by the pain that we experience throughout our various illnesses and disease episodes. It cannot happen! Our discomforts, pains, illness and disease all have one of two purposes – to take us deeper into our wrongness or to start to bring us out of our wrongness. Many of us consider that we have more to experience in the way we have embraced our personal Rebellion and Default and seek to go deeper. A few begin to say to themselves, enough is enough, now how do I get myself out of this dire strait? Then we can begin our Feeling Healing. And our Feeling Healing will bring up ALL of the pain and suffering we endured during our years of childhood suppression – it is no picnic and it is a long difficult journey that we EACH will take.

Yes, we can receive and take medication to enable us to do what each of seek to do and achieve. However, anything that changes our genes within our physical body needs to be thoroughly understood. This is way more complex than the most advanced scientist has ever contemplated, let alone grasped and comprehended.

The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression

HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.



It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However, all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**

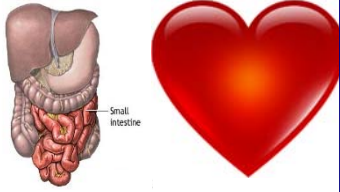
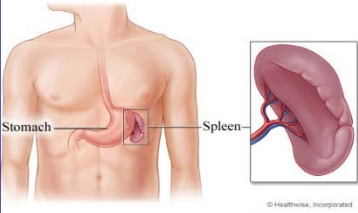
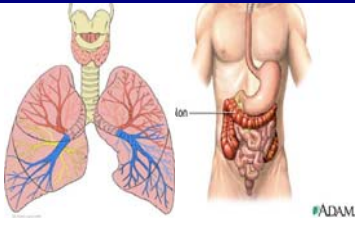
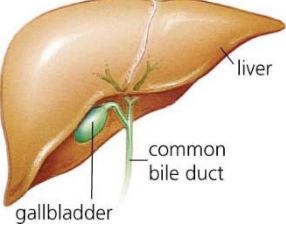
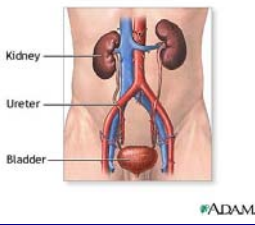
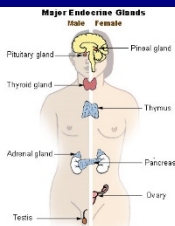


We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.
Notes derived from Celestial Nanna Beth 20 – 23 April 2018

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

Generally speaking, groups and types of emotional injuries impede the natural flow of energies through the etheric body which is the template for the physical body, thus setting up the conditions for discomfort, pain and illness to slowly emerge within and throughout areas of the physical body that have energy frequencies that are 'attractive' for the emotional pain to manifest in the physical.

EXPERIENCES, FEELINGS and TRUTH:

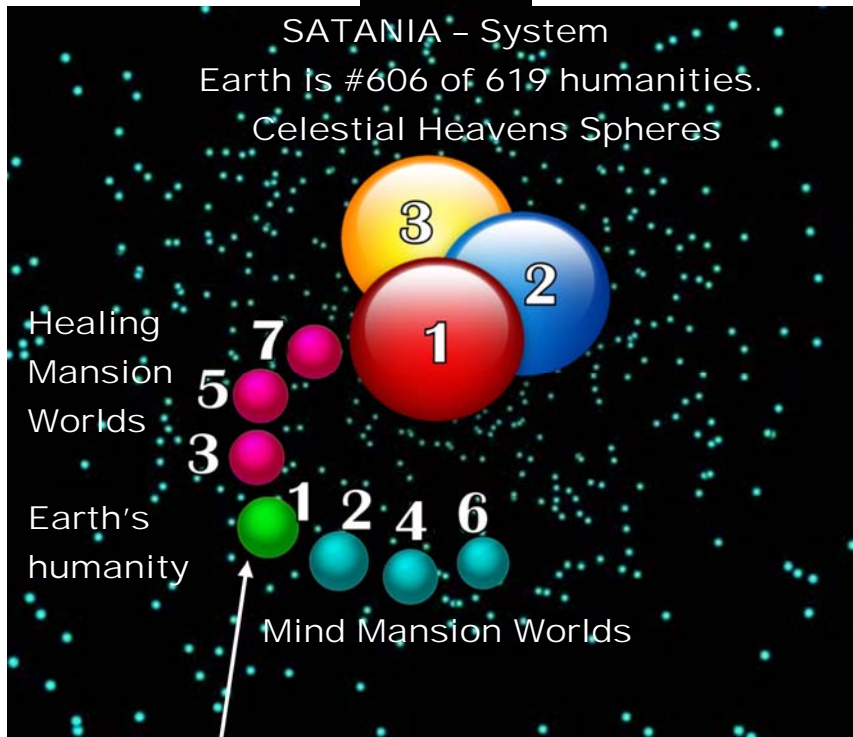
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



SPIRIT LIGHT:

“SPIRIT LIGHT”, books 1 and 2, provide the insight and relationship of the light energy flowing from the soul through the seven layers of our spirit body into our physical body and then returning back through the spirit body to the soul and how such light is impeded and impacts our bodies and soul. Kindly go to www.pascashealth.com and then to Library Download, then scroll to Medical – Spiritual References:

 [Soul Light book 1 via James Moncrief.pdf](#)

 [Soul Light book 2 via James Moncrief.pdf](#)

Also within Pascas Care Letters, click on the following to open PDF:

 [Pascas Care Letters Etheric Spirit Body.pdf](#)

Through Childhood Suppression, commencing from the moment of conception and ongoing through gestation and then on through our early childhood forming years to the age of six when our Indwelling Spirit arrives, due to the influx of emotional injuries and errors of belief held by our parents and carers, it is through this process that all the conditions and the pattern of our health experiences are set to emerge throughout our life.

The underlying cause of what our medical profession and scientists have identified as being around 10,000 diseases all have their foundation in our CHILDHOOD SUPPRESSION. The unidentified cause of EACH of the diseases, be it 10,000 or some other number, is our CHILDHOOD SUPPRESSION.

This one cause of all discomfort, pain, illness and disease can only be resolved one way, by embracing our FEELING HEALING! When we have fully expressed all aspects of our personal CHILDHOOD SUPPRESSION then the underlying reasons to draw our attention to repressed emotions and errors are released thus the cause of any illness no longer will exist within our being, bringing to an end the need for us to have such experiences. Ongoing health of our physical body then can prevail. When we are healed of every aspect of our CHILDHOOD SUPPRESSION then we become free of disease.

As we have been conceived into a Rebellion and Default, and as nearly half of us do not survive to child birth, or die shortly thereafter, we go onto be ‘spirit born’ in the 1st spirit Mansion World. We go on to be adopted to spirit world parents within the 1st spirit Mansion World and have the experiences similar to what we would have had should we have gone on to live on physical Earth. Once we are incarnated, that is our newly forming embryo of a body commences to pump blood, we are ‘individualised’ and have no further needed to be incarnated again. We never reincarnate. Reincarnation does not occur and is a figment of the imagination of those who have lived a very long time ago.

Interestingly, those who live a full life on Earth and do not experience having children of their own will most likely be one of those who adopt ‘spirit born’ children, with some going on to have very large families.

<http://www.pascashealth.com/index.php/library.html>

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SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



IT IS NOT THIS WAY

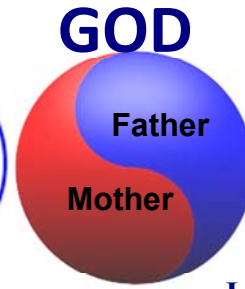


IT IS THIS WAY

Paradise



Eternal Son of Truth



GOD

Father

Mother



Infinite Daughter of Mind

Creator Daughter & Son

Avonal Daughter & Son

Trinity Teacher Pairs

Creators and Avonals have Spirits of Truth which they may release.

These three classes of spirits descend from Paradise on assignments and leadership.

Nebadon

Creator

Daughter & Son

Divine Minister



Avonal

Daughter & Son

BRILLIANT
Evening Stars

MELCHIZEDEK

ARCHANGELS

celestial SPIRITS

Creator Daughter & Son are co-regents of Local Universe (3,840,101 humanities).

Avonal Daughter & Son lead a single humanity out of Rebellion (Earth).

Trinity Teacher Pairs assist in teaching a humanity through their evolution / healing.

There are other classes of spirits. It was the Lanonandek spirits that brought about 37 humanities entering Rebellion with Earth also Defaulting through the Adamic assignment partial failure. The Rebellion being only within the System of Satania of which Earth is one of the 37. The Rebellion formally ended on 31 January 2018.

Earth

Spirit Guides

Formally ended
31 January 2018

and now for the

HUMANITY

Nature Spirits

ANGELS

REBELLION & DEFAULT

Past
200,000 years

GREAT V-Turn

Coming
1,000 years

How mRNA and DNA vaccines could soon treat cancers, HIV, autoimmune disorders and genetic diseases

<https://theconversation.com/how-mrna-and-dna-vaccines-could-soon-treat-cancers-hiv-autoimmune-disorders-and-genetic-diseases-170772>

25 January 2022

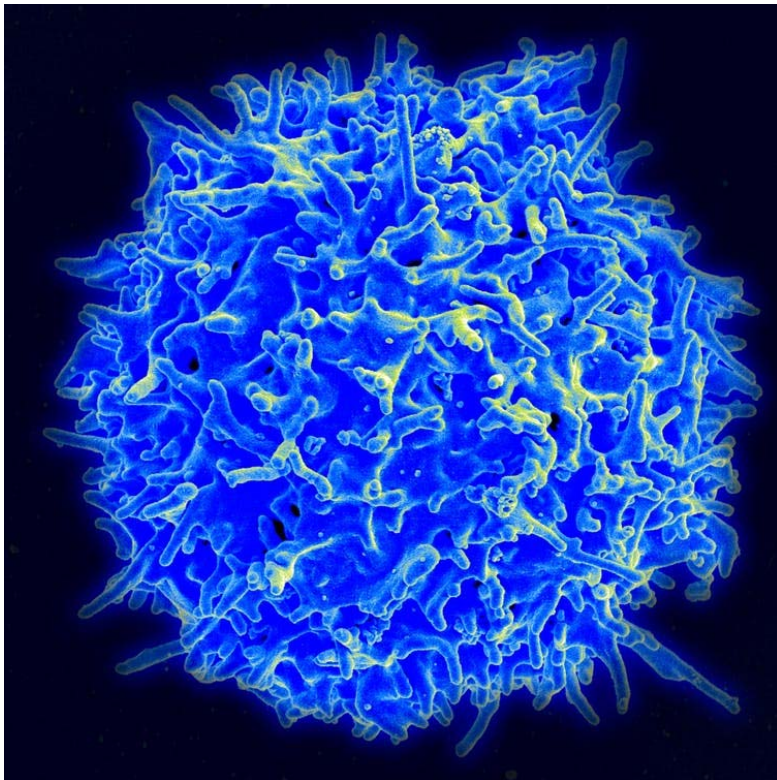
The two most successful coronavirus vaccines developed in the U.S. – the Pfizer and Moderna vaccines – are both mRNA vaccines. The idea of using genetic material to produce an immune response has opened up a world of research and potential medical uses far out of reach of traditional vaccines. [Deborah Fuller is a microbiologist](#) at the University of Washington who has been studying genetic vaccines for more than 20 years. We spoke to her about the [future of mRNA vaccines for The Conversation Weekly podcast](#).

Below are excerpts from that conversation which have been edited for length and clarity.

How long have gene-based vaccines been in development?

This type of vaccine has been in the works for [about 30 years](#). Nucleic acid vaccines are based on the idea that DNA makes RNA and then RNA makes proteins. For any given protein, once we know the genetic sequence or code, we can design an mRNA or DNA molecule that prompts a person's cells to start making it. (BUT what makes the DNA and what are the conditions?)

When we first thought about this idea of putting a genetic code into somebody's cells, we were studying both DNA and RNA. The mRNA vaccines did not work very well at first. They [were unstable](#) and they caused pretty strong immune responses that were [not necessarily desirable](#). For a very long time DNA vaccines took the front seat, and the very [first clinical trials were with a DNA vaccine](#).



But about seven or eight years ago, mRNA vaccines started to take the lead. Researchers solved a lot of the problems – notably the [instability](#) – and discovered [new technologies to deliver mRNA](#) into cells and ways of modifying the coding sequence to [make the vaccines a lot more safe to use in humans](#).

Once those problems were solved, the technology was really poised to become a revolutionary tool for medicine. This was just when COVID-19 hit.

DNA and mRNA vaccines are much better at producing T cells than are normal vaccines. [NIAID/NIH via Flickr](#)

What makes nucleic acid vaccines different from traditional vaccines?

Most vaccines induce antibody responses. Antibodies are the primary immune mechanism that blocks infections. As we began to study nucleic acid vaccines, we discovered that because these vaccines are expressed within our cells, they were also [very effective at inducing a T cell response](#). This discovery really prompted additional thinking about how researchers could use nucleic acid vaccines not just for infectious diseases, but also for immunotherapy to treat cancers and chronic infectious diseases – like HIV, hepatitis B and herpes – as well as autoimmune disorders and even for gene therapy.

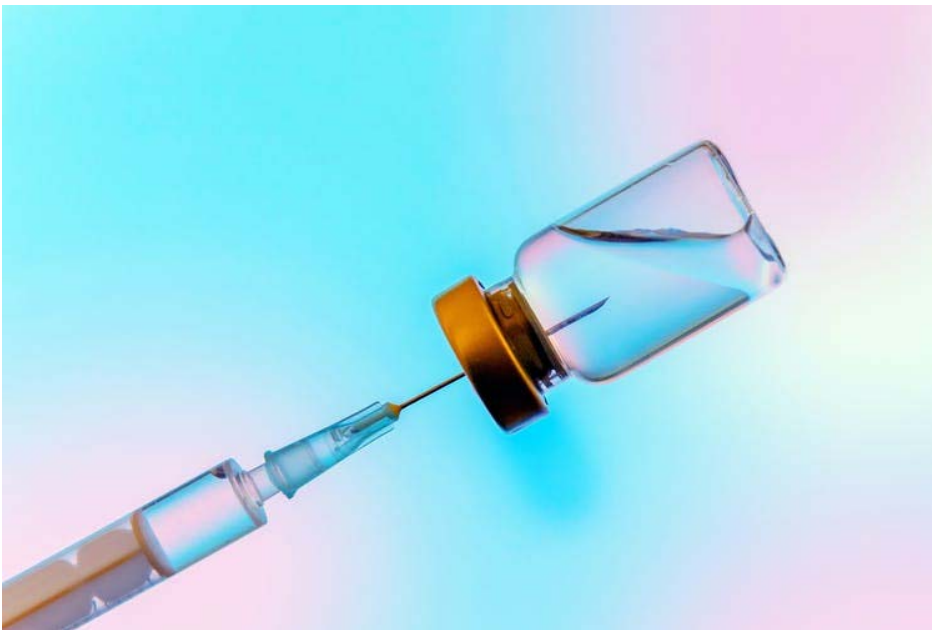
How can a vaccine treat cancers or chronic infectious diseases?

T cell responses are very important for identifying cells infected with chronic diseases and aberrant cancer cells. They also play a big role in eliminating these cells from the body.

When a cell becomes cancerous, it [starts producing neoantigens](#). In normal cases, the immune system detects these neoantigens, recognizes that something's wrong with the cell and eliminates it. The reason some people get tumours is that their immune system isn't quite capable of eliminating the tumour cells, so the cells propagate.

With an mRNA or DNA vaccine, the goal is to make your body better able to recognize the very specific neoantigens the cancer cell has produced. If your immune system can recognize and see those better, it will [attack the cancer cells and eliminate them from the body](#).

This same strategy can be applied to the [elimination of chronic infections](#) like HIV, hepatitis B and herpes. These viruses infect the human body and stay in the body forever unless the immune system eliminates them. Similar to the way nucleic acid vaccines can train the immune system to eliminate cancer cells, they can be used to train our immune cells to recognize and eliminate chronically infected cells.



There are dozens of ongoing trials testing the efficacy of mRNA or DNA vaccines to treat cancers or chronic diseases. [Stefan Cristian Cioata/Moment via Getty Images](#)

What is the status of these vaccines?

Some of the very first clinical trials of nucleic acid vaccines happened in the 1990s and [were for cancer](#), particularly for [melanoma](#).

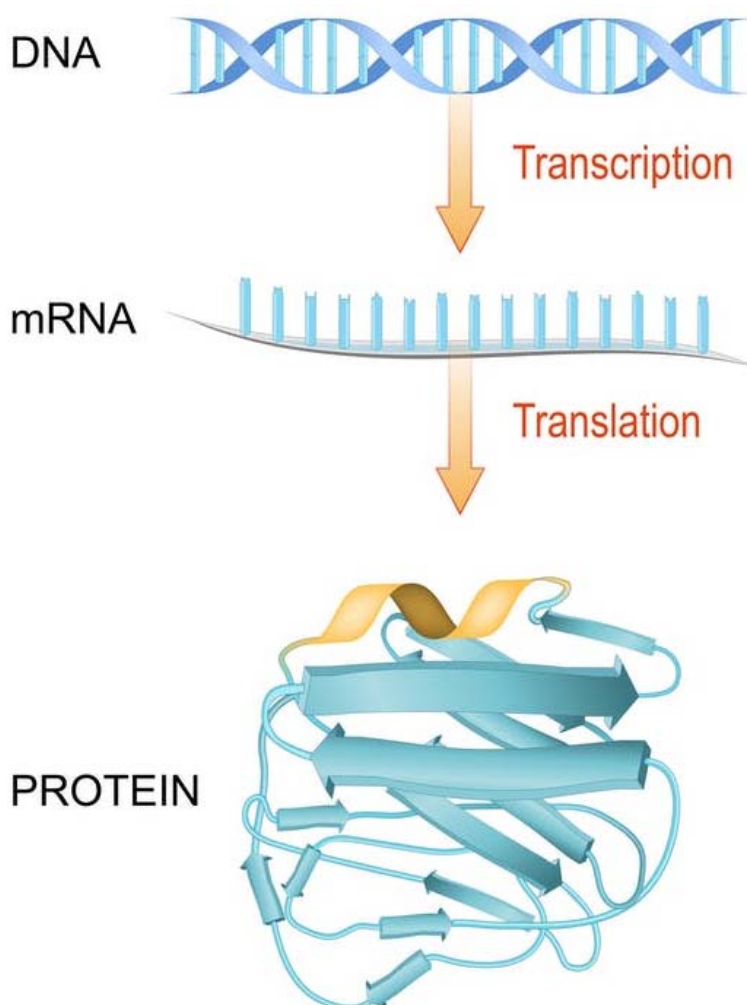
Today, there are a [number of ongoing mRNA clinical trials](#) for the treatment of melanoma, prostate cancer, ovarian cancer, breast cancer, leukemia, glioblastoma and others, and there have been some promising outcomes. Moderna recently announced promising results with its phase 1 trial using mRNA to [treat solid tumours and lymphoma](#)

There are also a lot of ongoing trials looking at cancer DNA vaccines, because DNA vaccines are [particularly effective in inducing T cell responses](#). A company called Inovio recently demonstrated a significant impact on cervical cancer caused by human papilloma virus in women [using a DNA vaccine](#).

Can nucleic acid vaccines treat autoimmune disorders?

Autoimmune disorders occur when a person's immune cells are actually attacking a part of the person's own body. An example of this is multiple sclerosis. If you have multiple sclerosis, your [own immune cells are attacking myelin](#), a protein that coats the nerve cells in your muscles. (Why does this happen – the 'why' is not understood.)

The way to eliminate an autoimmune disorder is to modulate your immune cells to prevent them from attacking your own proteins. In contrast to vaccines, whose goal is to stimulate the immune system to better recognize something, treatment for autoimmune diseases seeks to dampen the immune system so that it stops attacking something it shouldn't. Recently, researchers created an mRNA vaccine encoding a myelin protein with slightly tweaked genetic instructions to prevent it from stimulating immune responses. Instead of activating normal T cells that increase immune responses, the vaccine caused the body to [produce T regulatory cells](#) that specifically suppressed only the T cells that were attacking myelin.



Many diseases result when people have mutations or are missing certain genes, and nucleic acid vaccines could act as temporary replacements for the missing genes. [ttsz/iStock via Getty Images](#)

[Any other applications of the new vaccine technology?](#)

The last application is actually one of the very first things that researchers thought about using DNA and mRNA vaccines for: gene therapy. Some people are born missing certain genes. (Why?) The goal with gene therapy is to supply cells with the missing instructions they need to produce an important protein.

A great example of this is cystic fibrosis, a genetic disease caused by mutations in a single gene. Using DNA or an mRNA vaccine, researchers are investigating the feasibility of essentially replacing the

missing gene and allowing someone's body to [transiently produce the missing protein](#). Once the protein is present, the symptoms could disappear, **at least temporarily**. The mRNA would not persist very long in the human body, nor would it integrate into people's genomes or change the genome in any way. So additional doses would be needed as the effect wore off.

Research has shown that this concept is feasible, but it still needs some work.

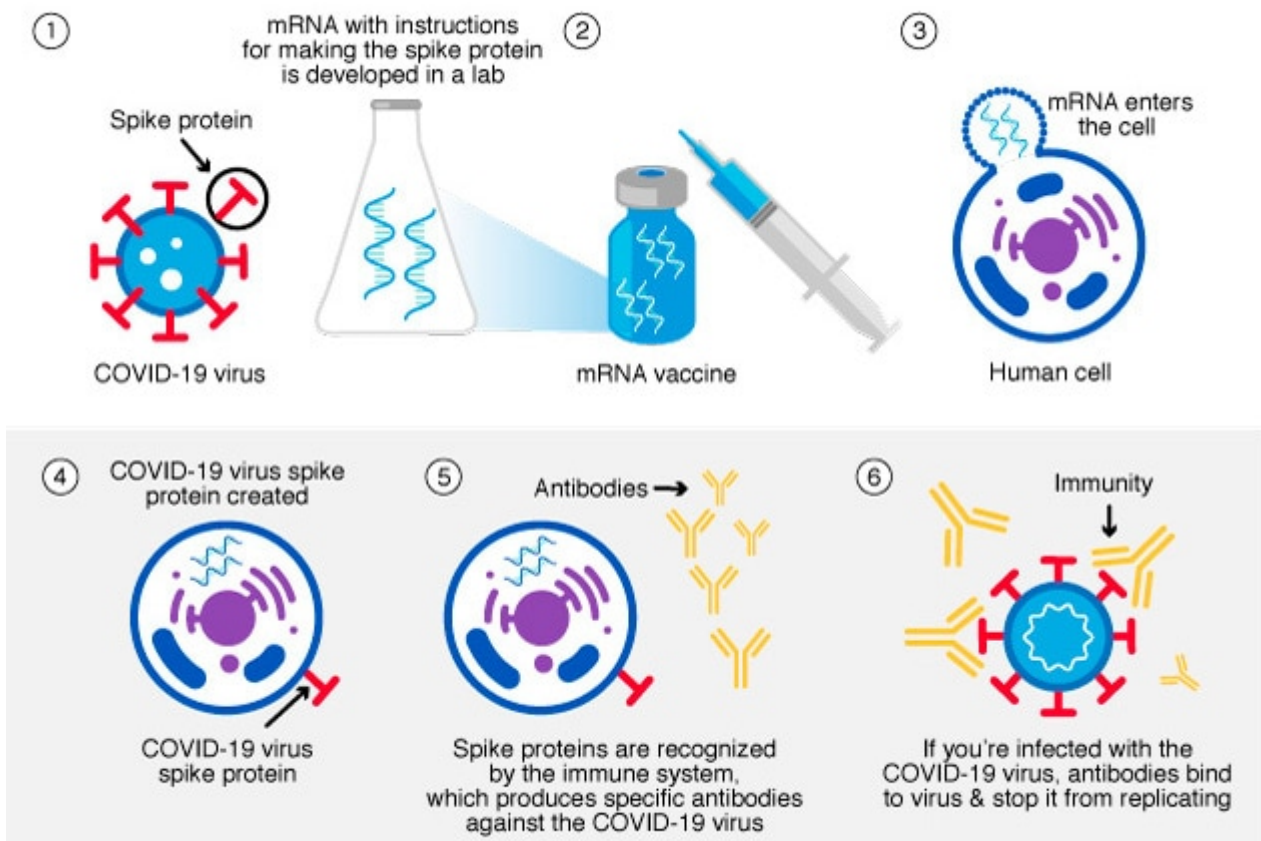
Coronavirus Covid-19 vaccination of humanity throughout 2021:

Worldwide, should people be given the choice to eat genetically modified organisms as food, they would only choose natural produce. The world population of 7.9 billion people now has 4.1 billion fully vaccinated against Covid-19 with experimental genetically modifying drugs and now the adult population is submitting their children to these experimental gene modifying vaccines – as young as 5 years old.

26 January 2022

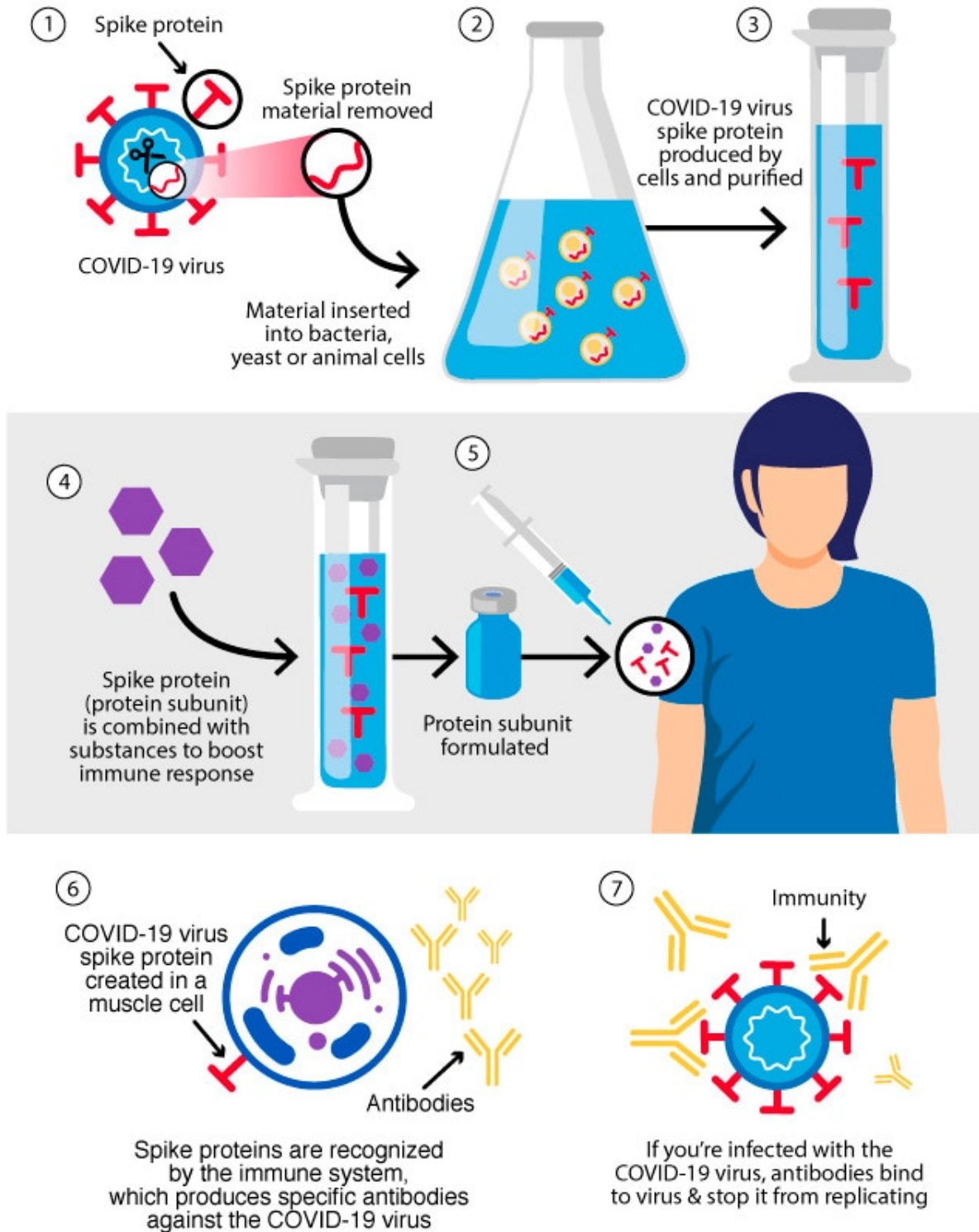
- **Messenger RNA (mRNA) vaccine.** This type of vaccine uses genetically engineered mRNA to give your cells instructions for how to make the S protein found on the surface of the COVID-19 virus. After vaccination, your muscle cells begin making the S protein pieces and displaying them on cell surfaces. This causes your body to create antibodies. If you later become infected with the COVID-19 virus, these antibodies will fight the virus.

mRNA vaccine



After delivering instructions, the mRNA is immediately broken down. It never enters the nucleus of your cells, where your DNA is kept. Both the Pfizer-BioNTech and the Moderna COVID-19 vaccines use mRNA.

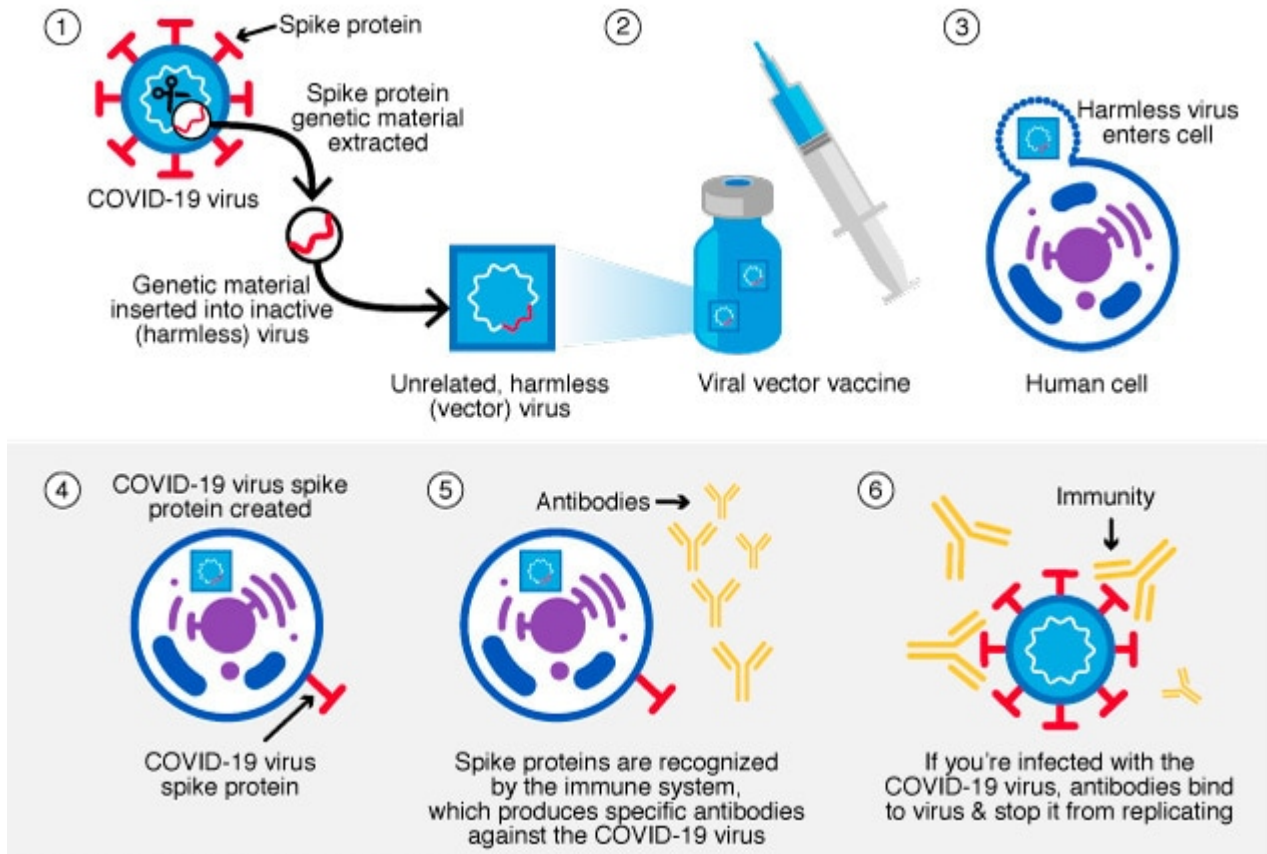
Protein subunit vaccine



Protein subunit vaccine

Subunit vaccines include only the parts of a virus that best stimulate your immune system. This type of COVID-19 vaccine contains harmless S proteins. Once your immune system recognizes the S proteins, it creates antibodies and defensive white blood cells. If you later become infected with the COVID-19 virus, the antibodies will fight the virus.

Viral vector vaccine



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Viral vector vaccine

A viral vector vaccine is made when genetic material from a COVID-19 virus is inserted into a unrelated, harmless virus. When the viral vector gets into your cells, it delivers genetic material from the COVID-19 virus that gives your cells instructions for how to make the spike protein found on the surface of the COVID-19 virus. Once your cells displace the spike proteins on their surfaces, your immune system creates antibodies that can fight the COVID-19 virus.

The main types of COVID-19 vaccines currently available in the U.S. or being studied include:

- **Messenger RNA (mRNA) vaccine.** This type of vaccine uses genetically engineered mRNA to give your cells instructions for how to make the S protein found on the surface of the COVID-19 virus. After vaccination, your muscle cells begin making the S protein pieces and displaying them on cell surfaces. This causes your body to create antibodies. If you later become infected with the COVID-19 virus, these antibodies will fight the virus.

After delivering instructions, the mRNA is immediately broken down. It never enters the nucleus of your cells, where your DNA is kept. Both the Pfizer-BioNTech and the Moderna COVID-19 vaccines use mRNA.

- **Vector vaccine.** In this type of vaccine, genetic material from the COVID-19 virus is placed in a modified version of a different virus (viral vector). When the viral vector gets into your cells, it delivers genetic material from the COVID-19 virus that gives your cells instructions to make copies of the S protein. Once your cells display the S proteins on their surfaces, your immune system responds by creating antibodies and defensive white blood cells. If you later become infected with the COVID-19 virus, the antibodies will fight the virus.







Viral vector vaccines can't cause you to become infected with the COVID-19 virus or the viral vector virus. Also, the genetic material that's delivered doesn't become part of your DNA. The Janssen/Johnson & Johnson COVID-19 vaccine is a vector vaccine. AstraZeneca and the University of Oxford also have a vector COVID-19 vaccine.

- **Protein subunit vaccine.** Subunit vaccines include only the parts of a virus that best stimulate your immune system. This type of COVID-19 vaccine contains harmless S proteins. Once your immune system recognizes the S proteins, it creates antibodies and defensive white blood cells. If you later become infected with the COVID-19 virus, the antibodies will fight the virus.

Novavax is working on a protein subunit COVID-19 vaccine.

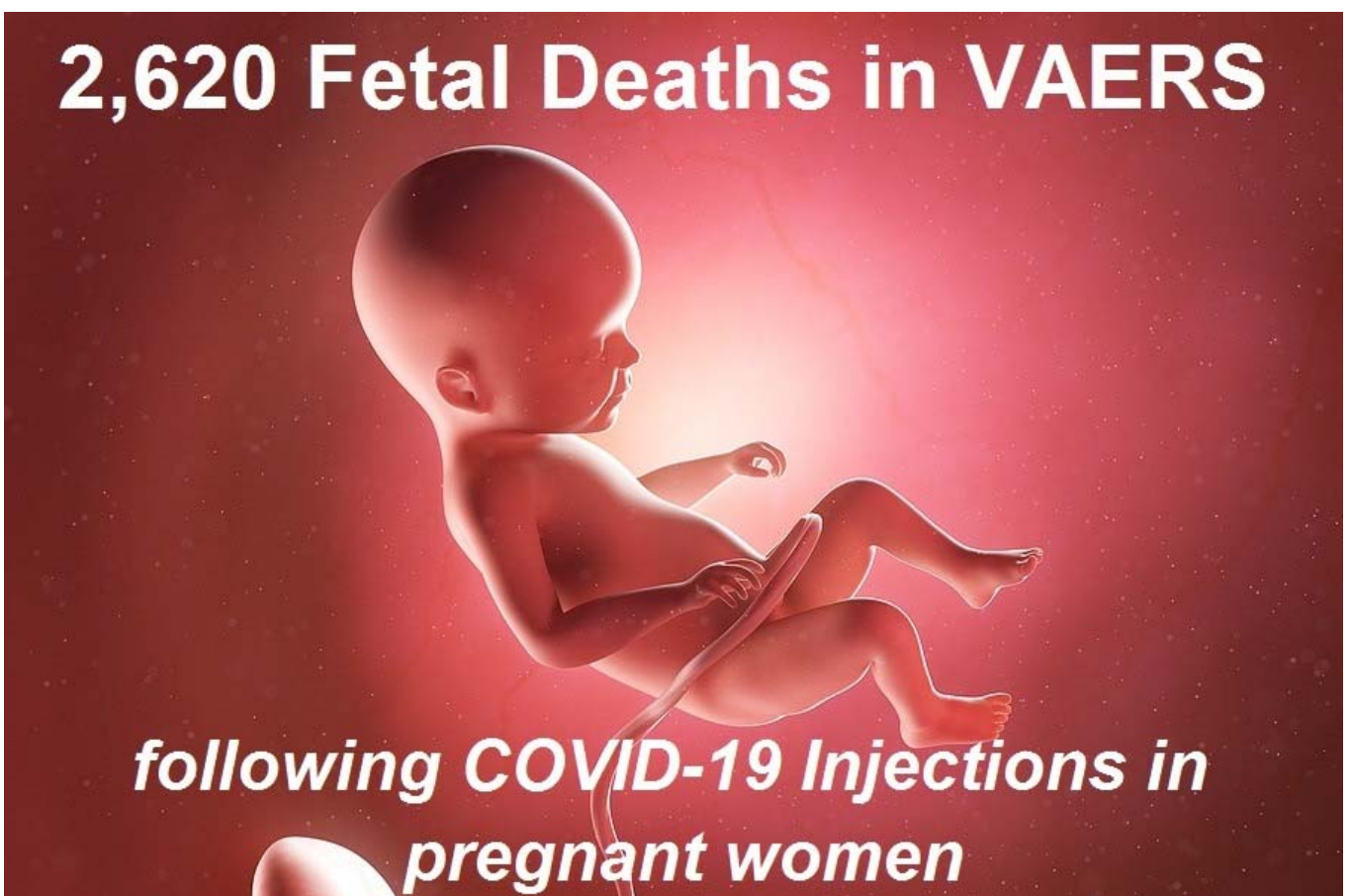
The U.S. Food and Drug Administration has approved the Pfizer-BioNTech COVID-19 vaccine, now called Comirnaty, to prevent COVID-19 in people age 16 and older. The vaccine is under an emergency use authorization for children ages 5 through 11 and 12 through 15. The FDA has also given emergency use authorization to the Moderna and Janssen/Johnson & Johnson COVID-19 vaccines.

At www.pascashealth.com in the Library Download page, scroll down to Medical for:

-  [Pascas Care Coronavirus Covid-19 Dr Robert Malone 1 Jan 2022.pdf](#)
-  [Pascas Care Coronavirus Covid-19 FLCCC-Protocols 12 Nov 2021.pdf](#)
-  [Pascas Care Coronavirus Covid-19 Senator Roberts Australia.pdf](#)
-  [Pascas Care Coronavirus Covid-19 Treatment.pdf](#)
-  [Pascas Care Coronavirus Covid-19 Treatment Protocols.pdf](#)
-  [Pascas Care Coronavirus Covid-19 Vaccine Deaths.pdf](#)

EudraVigilance - European database of suspected adverse drug reaction reports		EUROPEAN MEDICINES AGENCY SCIENCE MEDICINES HEALTH				
Last Update: Nov 06, 2021	Reported Cases	Fatalities	% fatalities to cases	All Multiple Symptoms	Serious injuries	% serious to ALL
Pfizer-BioNTech	549 762	14 002	2,55%	1 266 500	541 464	42,75%
Oxford/AstraZeneca	406 132	5 973	1,47%	1 065 560	552 139	51,82%
Moderna	152 101	8 196	5,39%	375 242	183 340	48,86%
Janssen	36 166	1 763	4,87%	97 598	34 918	35,78%
Total:	1 144 161	29 934	2,62%	2 804 900	1 311 861	46,77%

2,620 Dead Babies in VAERS (Vaccine Adverse Events Reporting System) after COVID Shots – More Foetal Deaths in 11 Months than Past 30 Years Following ALL Vaccines as Scotland Begins Investigation



USA COVID-19 Deaths in 2021 have Surpassed 2020's Total... Despite Vaccines, Treatments

Pfizer COVID-19 Vaccine Data



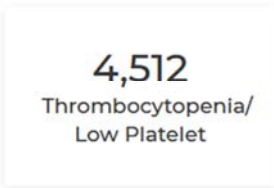
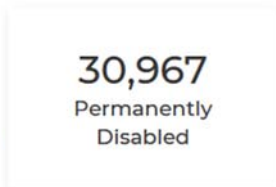
- * More people dying from shots than COVID
- * 71 times more suffering heart attacks
- * 1000% increase in adverse events
- * Vaccine Hesitant smarter than doctors

Since the vaccine has been publicly administered, there have been over 913,000 reports of adverse events in the OpenVAERS global database.

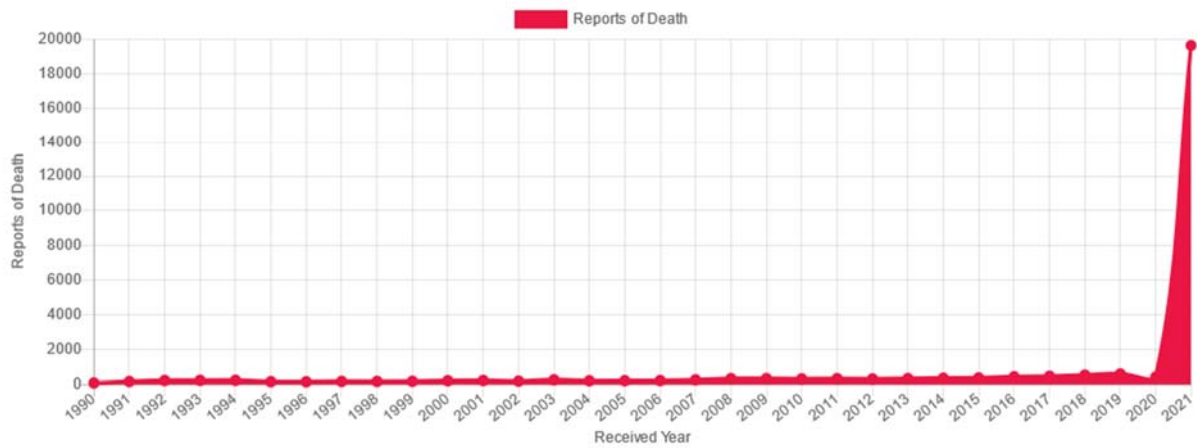


and much, much more!

913,266 Reports
Through November 19, 2021



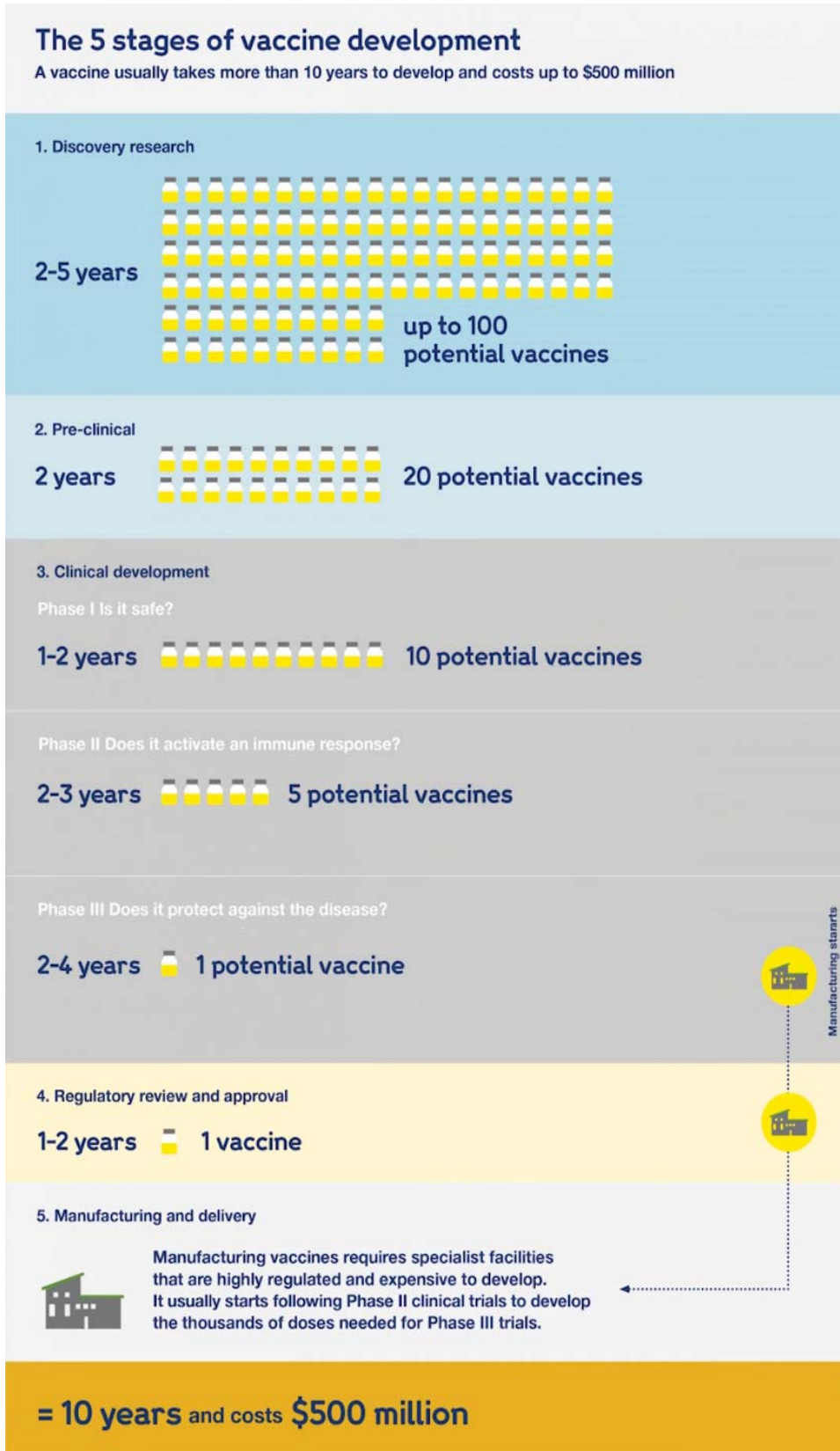
All Deaths Reported to VAERS by Year



[Dr. Robert Malone, inventor of the mRNA vaccines speaks out](https://vrevealed.com/c19/ebook/dr-speaks-out?sub4=33919fdb7759484dbb8f138ad5058e3d&afid=124)

<https://vrevealed.com/c19/ebook/dr-speaks-out?sub4=33919fdb7759484dbb8f138ad5058e3d&afid=124>

Dr. Robert Malone invented the technology behind the COVID vaccine... so why did no one listen when he raised the alarm? Meet Dr. Robert Malone and get the truth behind mRNA vaccines straight from one of their creators.



Our CHILDHOOD SUPPRESSION is the Elephant in the Room:

Zelmar, a Melchizedek, 24 May 2003: Rebellion against Truth and Love is doomed to fail. Within all such rebellion are the seeds of its own demise, because it is rebelling against all that is life sustaining – truth and love. You live in a Perfect and Loving Creation. To go against this, and so against God, is futile, however, it is what you people and spirits of the Rebellion need to experience and finally wake up to and see for yourself; and if for no other reason than to show you it is not going to make you feel good in the end. So, you have to get to the point in your life, be it on Earth or in the mind Mansion Worlds, when you can start to see that how you live is no longer good, as it no longer keeps you feeling good. So living against the truth of yourself is also doomed to fail, and that will be when your mind is forced into giving up its control over your feelings.

For most people this breaking down of their controlling mind is a slow process, and it is what you feel when your life starts to go seemingly against you, and if you listen to the feeling messages, you will start to look for another way of being, you will want to know what is going wrong in you and why. You will want to know the meaning of yourself and life, and start asking deeper questions seeking answers and wanting ultimately to know the TRUTH. When this happens, you are beginning to be a true truth seeker who is intent on finding the truth at all costs, then you are well on your way to heeding the call of your soul.

If however you still resist, the pressure will build, and eventually, as you have been told about in your other writings, James, with spirits who've experienced such a thing, the soul can crash your mind, make it collapse and break down completely, a complete mental breakdown, so you have no choice but falling and giving up, as your control is instantly stripped from you. This extreme failure is mostly reserved for the higher mind spirits of the sixth Mansion World, as most people on Earth can't attain such level of mind mastery over their feelings, the physical being more resistant to it.

And such extreme measures need not be employed by the soul whilst you are of flesh, because there are many 'lower' or other things that can be brought to bear on you, with things such a physical illness being just as effective in putting pressure on your controlling mind. This mind crash is very severe and therefore the last resort. And it is nothing like what you call a mental breakdown, it is far more severe and extreme, taking place on a spiritual level and involving all of your being. Your medicine wouldn't be able to cope with such a thing if it did happen to you in flesh, and you would simply perish to be nursed by spirits back to a point from where you can start over.

What you call a mental breakdown is just a partial stripping of only a few controlling beliefs. As it can debilitate you completely all the same, thus showing just how much you are controlling yourself with your mind, and still far more work will be needed by the individual through their Healing to complete the process. Your Healing in many ways is one long mental breakdown, all to relinquish all your rebellious mind control. And I will add that those in spirit who experience such a big mind crash, do not get let off the hook and they are then healed, for all that happens is they are rebased, in that they 'fall' to the lowest Mansion World, deflating their mind to the first Mansion World from where they can start over living their mind life. Yet, hopefully, mindful that how they were living was not good for them, and so they might possibly start to look for a new way – to do their Healing.

To invest all your life and your whole being, all your will, to achieve and maintain such extreme mind control, then for it to fail so dramatically, does, as you might imagine, make one have to reconsider all they believed life to be. They believed they were King or Queen of the pile, then to fall into the horrible depths of their unexpressed pain, is a major humbling experience. They will have to start seeking truth, just as all do; and will, when they finally embrace the Divine Love, do their Soul-Healing. They will have to work through all the negative mind circuits, just as all do. And yet many such fallen and 'broken' mind spirits,

don't actually start seeking the truth through their Healing, and again stubbornly start living exploring another mind controlling way.

I will finish for now James – Zelmar. (a Melchizedek from within Nebadon)



Zelmar, a Melchizedek, 22 May 2003: It is right that you started life in Creation by rebellion against Creation, that was what was encoded in your soul by the Mother and Father; They want you to begin life in Creation by experiencing being of the Rebellion. And when you have experienced it fully, having experienced all the unloving and negative rebellious experiences They want you to experience, then your soul will move you to first rectify all such wrongness as you become aware of the truth of being of the Rebellion, and then once you are fully aware, accepting and understanding of your rebelliousness, to then transform you out of it. And the longer you delay in striving to 'fix yourself', the more suffering you will bring to bear on yourself. It hurts to go against the Natural laws of Creation, and so this is the pain you are experiencing. You do not need to know the laws you are breaking or even that they exist, for you have been created to feel pain and bad feelings, painful feelings to tell you that you are digressing and that this digression is not good for you.

To get to the point of physical, spiritual, mental or emotional illness, is leaving things very long unattended. You cannot put off the inevitable, and you will only make the pain all the worse. Bear in mind, as you swallow a painkiller to rid yourself of your pain, that you are pushing your transgression further into the negative, rather than listening to what your pain is trying to show you about the truth of you living untrue and against yourself. Everything you do that denies your pain stops you fully embracing and expressing it, stops you from fully feeling it, moves you to being at greater odds with yourself. If you honour all your pain, **as in expressing all your bad feelings** no matter how they come to you, **you will**

find the truth as to what is wrong, and you will be able to make amends and change your ways or beliefs, and bring back harmony, balance and love to your being.

Unfortunately **humanity is currently not aware of this as fundamental life truth**, and so most people are trying to desperately avoid pain at all cost, to just block it out, banish it, pretend it's not there, and this you have done and were made to do as children, and so are merely carrying on what you know to do, however it is very costly to the relationship you have with your soul. Each and every moment you exist away from and untrue to yourself, will and is causing you pain, and you will have to one day acknowledge this pain to bring yourself back. The feelings of disassociation and disconnection you may experience within you, as though you are not really here and are just a shadow of your real self, are all such feelings and perceptions of your mind indicating that you are not truly aligned with all that you are meant to be, all your soul is wanting to express.

Every medical complaint you have, every ailment, is symptomatic of this denial of your real and true you that you, your soul, desires to create. Everything that happens to you that hurts you, big or small, is your soul trying to show you that it is not being freely allowed to express all of itself. In your rebellious states you are living partial expressions of your personality in Creation, it's not the full you living fully being true to yourself and your soul. And so because of that, you don't feel truly happy and loved. You can only feel fully true and loved when you are not living against yourself, when you are wholly self-loving. **When you have healed yourself and are truly free of the Rebellion, then you will not experience pain of any sort for there will be no need for you to**, as you will be living in perfect harmony with yourself, your soul, and with Creation, and so you will be honouring all the Laws of Creation and be 'living love'.

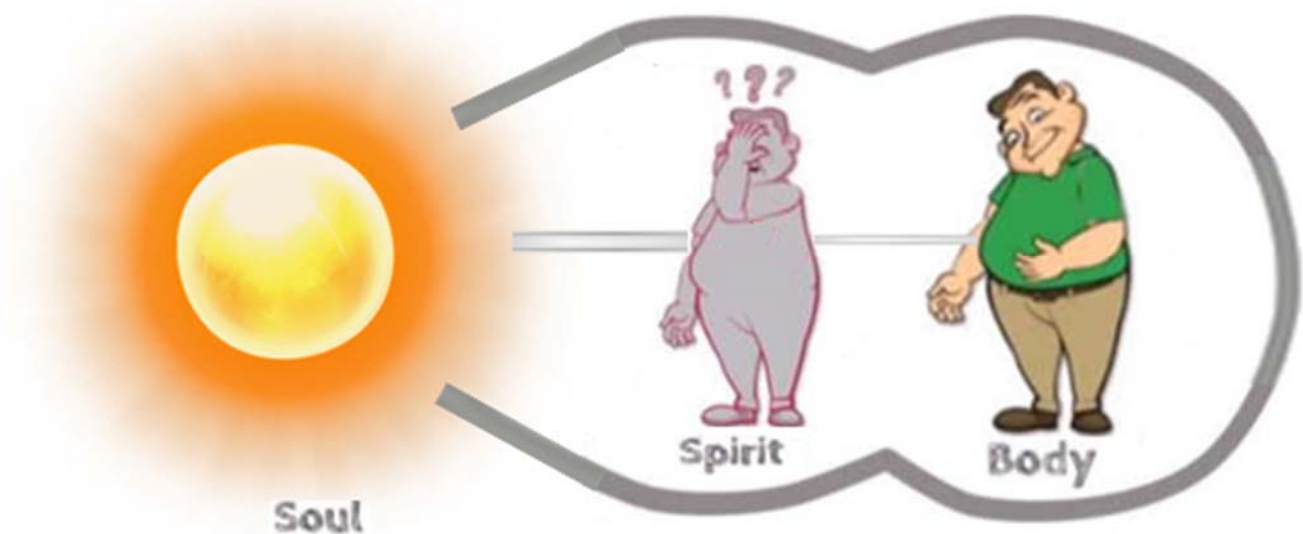
Everywhere there is no love, there is pain. All of the pain in you, is all of you that is not of love, not being loved, feeling loved, and consequently is not loving. You cannot completely know love until you are in complete universal harmony, at one with and at peace with Creation, and this can only be achieved by being at-one with your soul. To long to be at-one with the Mother and Father, is to also want to be eternally at-one with your soul. And so far as to what this feels like, you will have to wait to find out. No one except Jesus (and Mary Magdalene) has lived in such a true and perfect way on Earth since the Rebellion started 200,000 years ago, and as you cannot know what another is experiencing and feeling, so how they felt, you will have to wait and see for yourself. But it is well worth the effort of striving to find out – to do your Soul-Healing.

I will leave it there for this evening James, thank you – Zelmar. (a Melchizedek from within our local universe of Nebadon)

**BE FEELINGS
EXPRESSIVE!**

It's all about
**Experiences
&
FEELINGS**

Illness emanates from the spirit!



Zelmar, a Melchizedek, 20 June 2003: **When you are physically sick, your physical body will be expressing the illness of your spirit, that which will be reflected in the ‘illness’ of your spirit body.**

That which will be reflected in the ‘illness’ of your will; that which will be reflected in the ‘illness’ of your soul. If you could see into one’s aura, you’d see all the trauma and damage done in all the subtle bodies and in your spirit body. Your spirit body does not remain perfect and only your physical body becomes sick, you only get sick because you are sick in your spirit body, which really means you are sick in your will, and so sick in your soul. The doctor might attend to your physical body and make you well, however this will only happen if it’s what your soul wants; and if so, your attending Angelic Pair will make the necessary adjustments in your spirit body and subtle bodies so as to ‘allow’ the doctors doctoring to show positive effects. If the doctor is to fail, then it’s because the Angels didn’t adjust the spiritual for you to become healed. People having limbs amputated might feel a ‘ghost limb’ which is really their spirit body arm or leg.

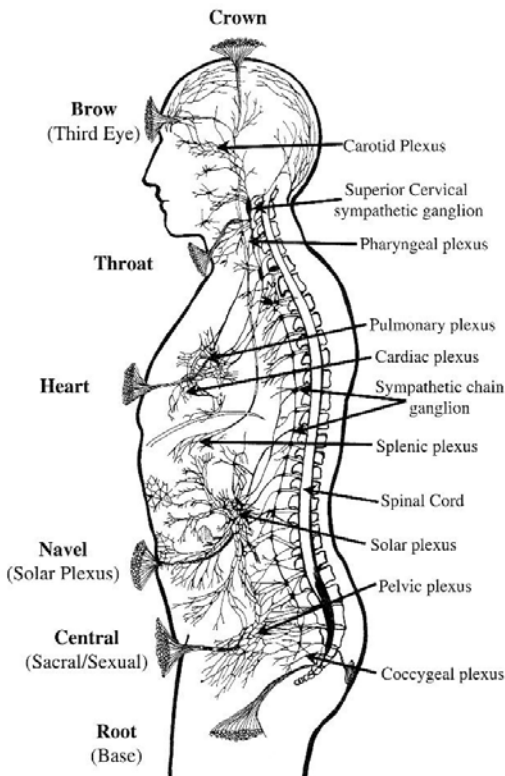


We each have two angels with us at all times.

Your physical bodies are designed to be supported by nature, not attacked by it. **Only sickness of will brings about attack, and this only happens to show you that you are in pain, that you are not right, and that you need to seek the truth of your suffering.** However, the difficulty here is that the original causes have happened to you before you were six years old, and all that has happened since has served to only compound the problem. And as most people have difficulty relating to their earlier life, it is hard to see the truth of what was happening to your will back then is still happening now as an adult being expressed in your illness.

And so this remains the hidden truth of humanity and explains why it is so easily passed over and disregarded, although more people are now looking back into childhood more seriously, and it is becoming generally known that how your childhood has underpinned your whole outlook on life. But this is only scratching the surface as to the truth of what you suffered on all levels. To restrict and interfere with a child's will is the cause of all problems then in the child, and as it grows up, and once grown up and forevermore until you do your Healing.

SPIRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.

You parent using your mind and without truth, and as your minds are rebellious, so you can't expect to be a perfect parent. Only when parents of Celestial truth parent their children, will such children grow up perfect. You are designed to parent with truth, so if you don't have any, you're not going to be much good as a parent.

A parent full of truth, such as a Celestial parent, by expressing, by simply living and being that truth (as it can't be anything else), will know innately, will know through and with that truth, everything its child needs; all how it is to relate to its child lovingly, and it will just be that loving expression of truth to which its child will lovingly respond. You can't learn how to parent, that is still only using your mind, you have to BE A PARENT OF TRUTH, and it just happens, you'll just parent lovingly with and from that truth. So whether you keep the reigns pulled in hard on your child exerting maximum control, or whether you loosen them allowing your child to all but run free, it's all still just different expressions of parenting with your mind. So, saying being a parent you are to do this and not that, is meaningless; being a Parent of Truth you will just act with that truth, being fully connected always with your child who constantly responds to your loving truth expression. And as you parent with and through truth, then you will understand naturally things about it with your mind. But Truth must always come first, not Mind.



**Mental or mind Truth-Seeker
academically self-satisfies his/her
own erroneous beliefs.**



**Through your own feelings you grow
in Truth from your heart felt feelings.
Truth we seek is within us all.**

You are to find the truth of the Rebellion and Default within yourself – the truth of how you are rebellious. And the best way to do this is through your relationships. So, your Healing will focus a lot on your interactions and connections with other people, and most importantly within your intimate relationship. And then to do with your parents and family.

You look at the mother as something of a god. So much is said about the 'mother's love', your whole civilisation might rupture and collapse if mothers stopped loving their children. You give such power to the mother; and a woman becoming a mother steps up into newfound power, she now has all power over her children, and far more than the father. And she's not a 'real woman' with real power unless she has children. She is in control, no longer having to be only subject to the control of her mother, and so you fail to see that all the problems a child has, results from her (and the father). So often the child is judged and seen as the bad one, they are to pull themselves together and grow up and do as they are told – behave properly. You put it on the child, that if it has a difficulty, it has to overcome it, and it is its fault. Rarely the blame is given to the parents, and even less to the mother.



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

You don't look at everything that's wrong with the child is because of its parents, and with a large amount of the hands on work that's caused all those problems being with the mother because she spent more time with the baby and young child having to 'mother' it. So, the mother often gets let off of any blame, and the child coming and accusing the mother is frowned upon because how dare the child be angry with its mother 'after all the mother did for it'. Yes, all the bad things the mother did to it to cause it all the damage and problems it now has that's making it angry with the mother. And then so many rebellious teenagers grow up having been once angry with their mother, to when they themselves become a mother, suddenly realising how hard it is having to cope and deal with the baby and young child, stop accusing their mother, feeling sorry for her and coming back onto her side. For humanity to evolve to the point of fully understanding and so accepting that all mothers and fathers are going to do many bad and damaging things to their children because they are not true and loving, it will be very difficult, however this is what will need to happen. One can still be a parent within and fully of the Rebellion and Default, yet also knowing that you are damaged yourself and so will damage your child, and then you both being damaged as your child grows up, and once as an adult, even possibly helping each other do your Healing.

It has been very important for humanity to parent being rebellious, firstly to keep the whole thing going, and then to have the experiences of being the 'victim' as the child, and then the 'perpetrator' being the parent. All to provide everyone involved with all the rebellious experiences they need. And so it's conceivable that will still keep going with parents who are more aware of themselves being of the Rebellion and Default and so being more accepting of the truth that they can't be any other way and yet still want to have children.



Ideally however, which can only be done once Healed, respect for your child's will needs to be started well before you conceive one. It needs to be your state of truth, how you live your life, so you need to first heal your own will damage so as to be able to parent and guide another's will into being. You cannot believe or just want to respect your child's will, that being of your mind, it all has to come from and with truth, it has to be lived from the heart as an expression of the truth you are living. The truth being so strong you couldn't be any other way, so you simply couldn't act disrespectfully treating it unlovingly. As you are, being of the Rebellion and Default, you can't parent other than being disrespectful and unloving. Some people are more loving at times, and these times are mostly what the child clings onto, all the good memories of feeling loved, with all the bad unloving ones buried in the depths of forgotten memory.

At conception, it is the wills of the parents that determines function or dysfunction of the child. If you do your Healing with your child, nothing is ever too late, because as you grow in the truth of your rebelliousness, you will change how you relate to yourself and so too your child, and it will all be for the betterment of your both. Your growing child will positively respond to you, it will still be damaged, only not as much as it would have been. All is not lost up to six, from then on the child has fully taken it all on, but still it can with your guidance and support change as you change. It can long for the truth of its feelings, it can long for the Divine Love, it can learn how to express all its feelings without denying the bad ones. And even as an adult, your child can look to your Healing example and understand the changes you are going through and that too will have a positive effect on it. Or, if it rejects you and your Healing completely, then it's meant to move deeper into its mind rebelliousness and there is nothing you can do about that. That is what God will want it to do, it being the pattern of its soul. So you will have to let it go and get on with your own Healing; and possibly one day when it does its Healing you will be able to have a truer relationship.

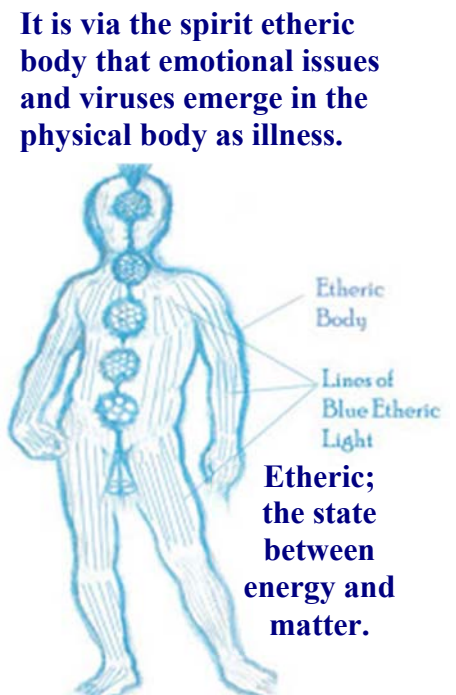
The highest most loving thing you can do in your life is to do your Healing – for yourself, your children, your relationships, for other people, for the whole world. Even if you have to leave everyone who does not want to know you as you seek the truth through your feelings, or they leave you, it doesn't matter because in the long run it will all work out for the best, and everyone has to be allowed to live as they choose, complete respect of will, be it dysfunctional or not. You may feel very alone because no one understands what you are doing through your Healing and how it's affecting you, however, that will be what you have to experience, it being how you felt at home with your family and parents – yet more bad feelings to express and long for the truth of.

You are living seven Mansion Worlds of corruption, all of which you'll work your way up through as you do your Healing. So, that is seven whole Worlds of untruth you'll be subjecting your child to. And you can't avoid it. Only as you do your Healing and move up through those Worlds will you lessen the negative effect. So, **you will be negatively damaging your child on a soul level, will level, spirit level and material level, the truth on all these levels.** And it's all borne out in your relationship – whether you are truly loving or not. And if not, which you can't be with seven Worlds of untruth within you, then how are you expressing this unlovingness, how are you being rebellious and against yourself, and why – what happened to you during your forming years that's made you be as you are. This all being what your Healing will help you see.

So, you are parenting your child with the most amount of will interference, and that is a lot of damage on multiple levels you are inflicting on that little innocent person. The child starts off at conception at a level of Natural Love perfection, so, the top of the seven Mansion Worlds, then through its parents and family, society, the world and everyone else that negatively affects it, is brought down to the level of truth of its parents by the age when its Indwelling Spirit arrives, about six to seven, so, mostly to that of the first and lowest World. And most people live their lives on that level, so, when they die they wake up literally in the first Mansion World, there being able to carry on living as rebelliously as they were.

So, many people comment on how pure a baby looks, and it is, compared to how it will look by the time it is showing all the will damage it has suffered at around six years old. Some people say when they look at their six-year-old child, that wonderful light it had as an infant is now sadly missing, and it is. And then others say that light their child had at six is missing now their child is an adult, when at six it was already living against itself. So, as a parent it's a terrible truth you'll need to face, that you have all but extinguished that inner spark of your child; and as the child you have virtually had all your inner light crushed out of you. If you could compare a Celestial pair's child at six to that of any child at six years old on your world, even the most happy and seemingly positive child would seem so dull and devoid of any real spirit or light.

The image of the big overbearing parent standing angrily over his or her little child who is sitting crying on the floor of the Supermarket, is exactly how the child feels, completely overpowered and ridden to the floor, almost crushed out of existence, defeated, humiliated, rejected, utterly powerless; unloved – no one loves it, no one cares about it, everything makes it feel bad, it not getting the precious life giving love it really needs. And particularly from its parents, and from its so-called 'loving' mother who in that moment angrily standing over it is expressing the truth of how she really feels – that she hates her child and wishes she didn't have to deal with it.



The battle may be over an item on the shelf it wants but its parent does not want it to have, but this is only the exterior superficial expression of the material, when really it's a real battle of wills, and the child is losing being heavily abused and crushed yet again. Fighting your child's will is not the way to be a loving parent, and it's not really a fair fight, is it, you the adult-will beating your little child's forming will into submission.

NEW FEELINGS WAY



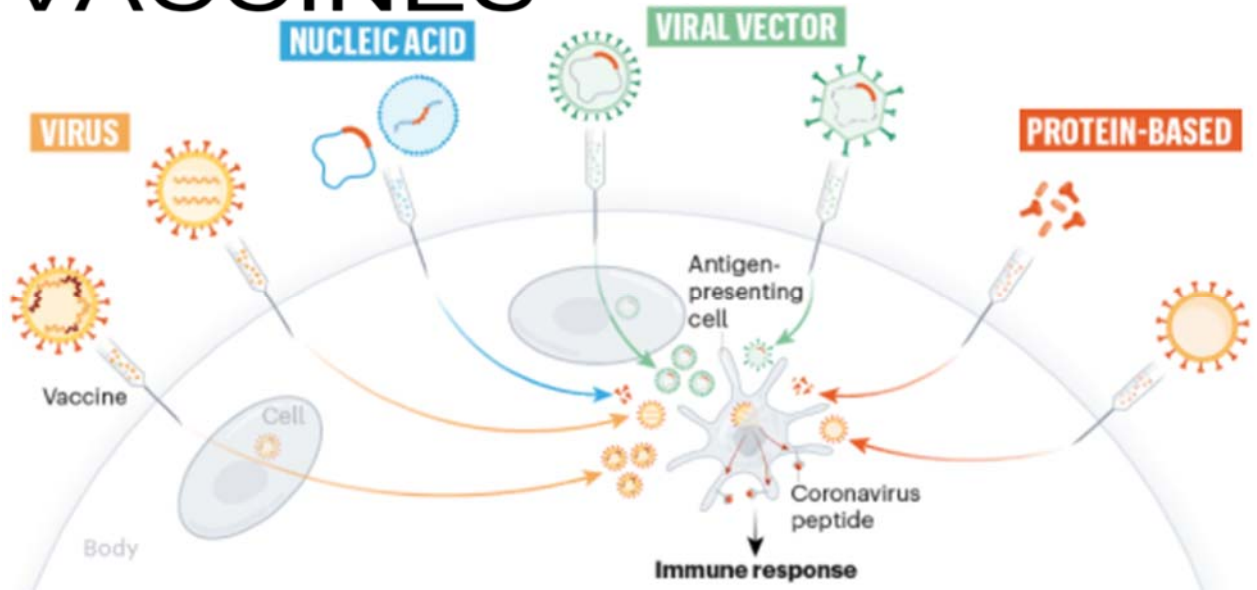
And so many people would say this is good parenting, the child has to know its place, it has to know how to behave in the world – and its brute and bully of a controlling parent is the one to do it. And you hear people supporting the abusive parent; “Yes, it’s so hard when they are that age”, with only the rare person standing up for the child’s rights. And you call that ‘being a loving parent’, because an unloving parent wouldn’t beat its own child – surely?

You have no idea as to how you are treating your child, and that’s because it’s all how you, the parent, was treated, all of which it was forced to bury, just as you are forcing your child to do. So the child can grow up under the misguided delusion that its parent did all the right things it needed: its parent loved it so much; and yet, what about all those bad feelings the child is feeling, what happens to them? And the child can say in one breath, I love my mum so much, and yet within the same breath then go onto say all the bad things it feels its mum did to it. And the parent can say it loves its child so much, then verbally abuse it by saying it is no good, ugly, a useless waste of space. So many parents don’t even hear the constant stream of criticism that flows from their lips as they ‘love’ their child. It’s time for humanity’s parents, and its children, to wake up to the realities of what really is happening in their relationships.

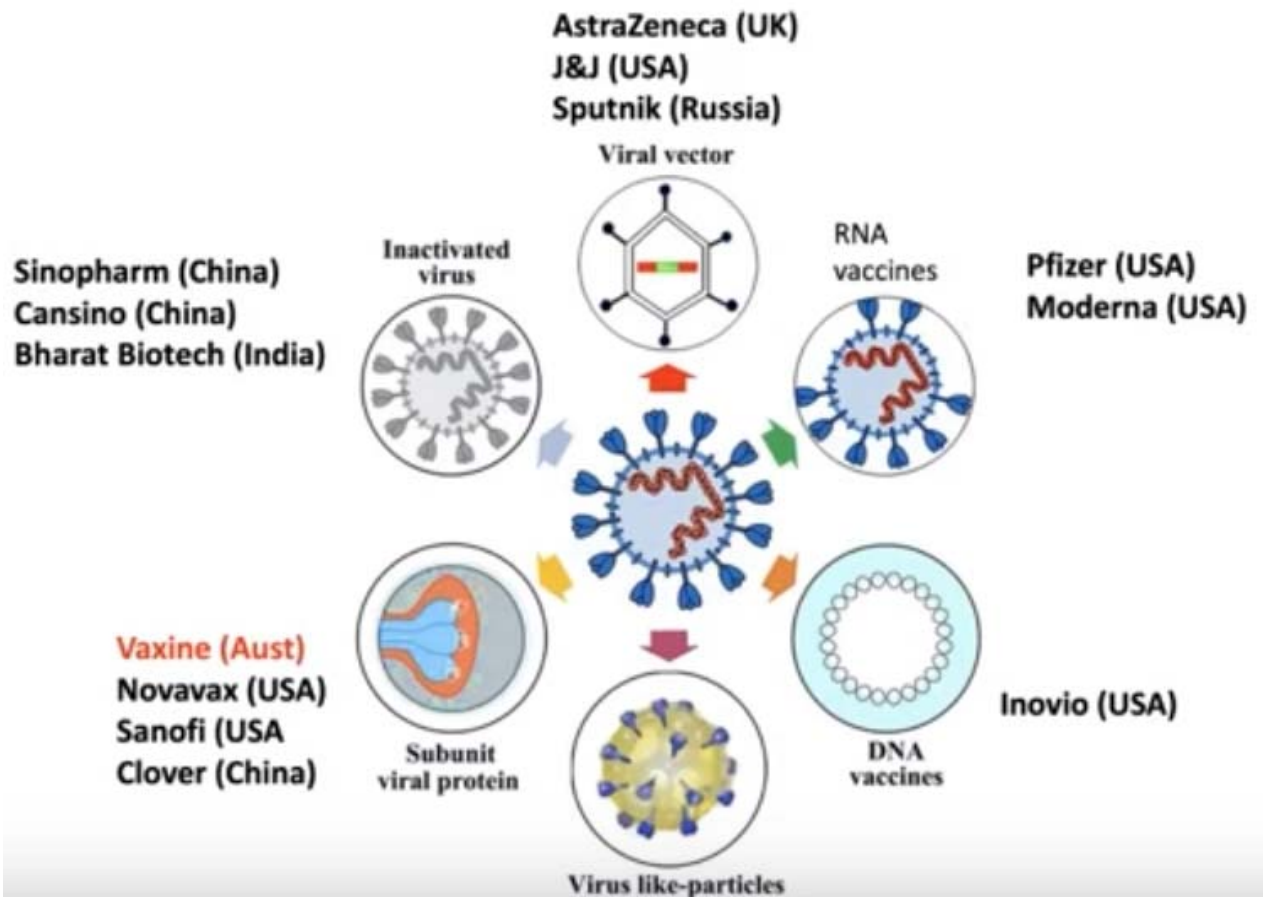
Thank you James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

FEELINGS
must be
FELT

VACCINES



COVID-19 vaccine approaches



Express Your Feelings

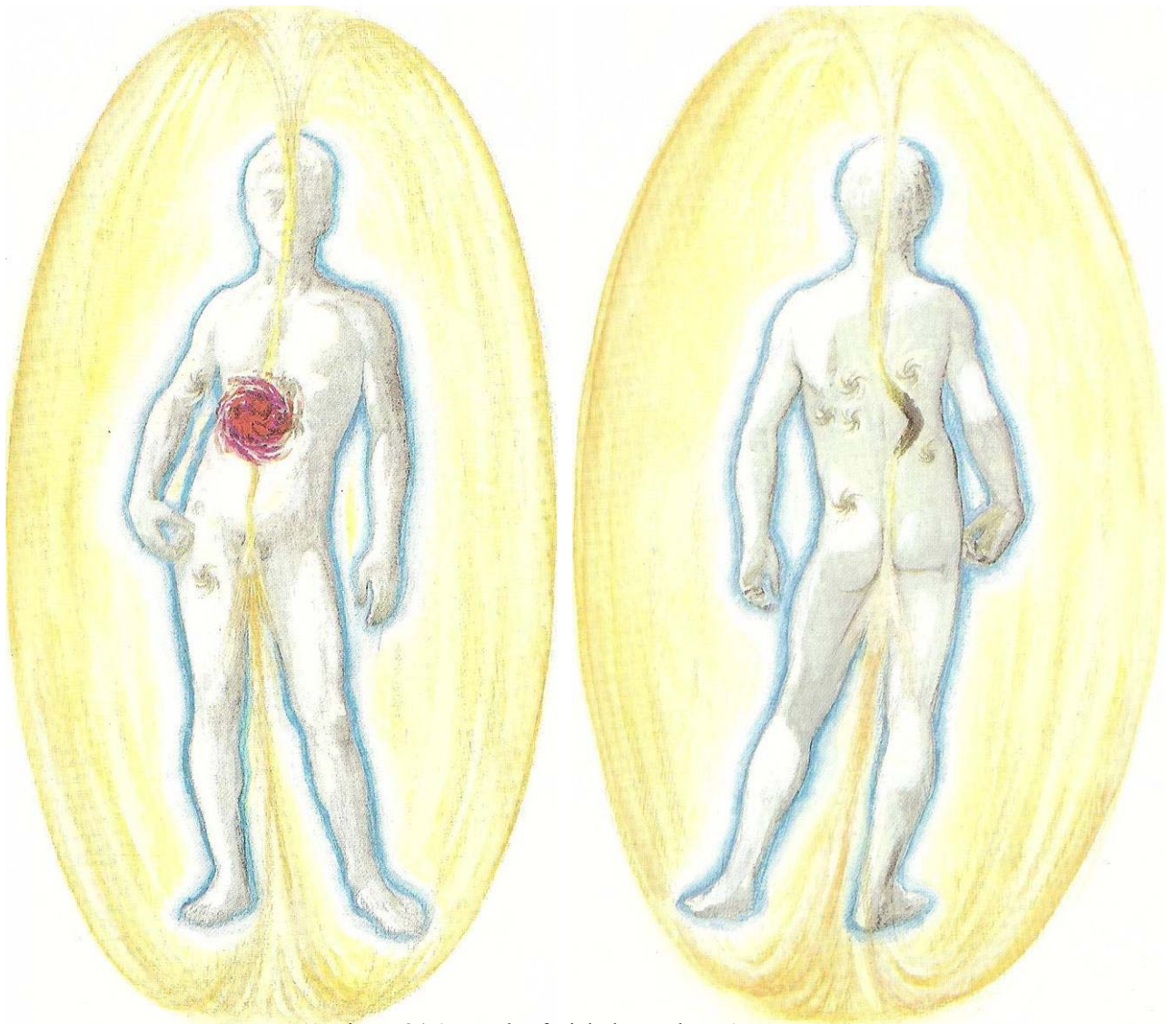
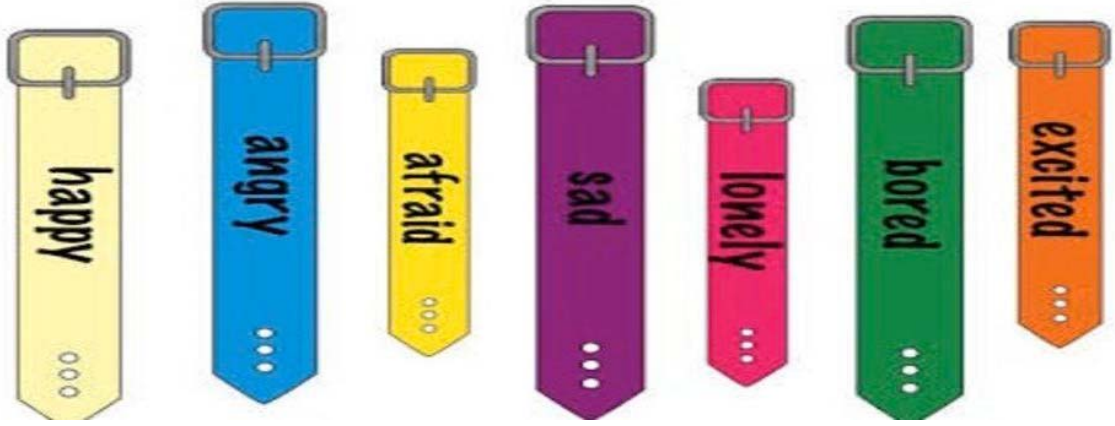
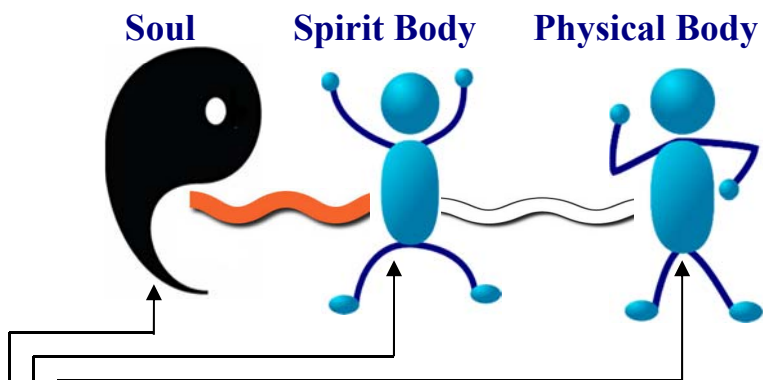


Figure 24-1, Hands of Light by Barbara Ann Brennan

HIERARCHY of HEALING SYSTEMS



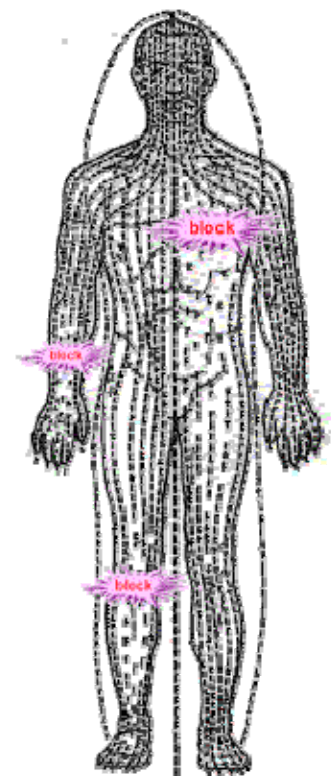
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6th spirit Mansion World.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

FEELING HEALING – EMOTIONAL EXPRESSION addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



There are two areas that humanity is not to go:

1: Weapons of mass destruction - particularly nuclear.

2. Modifying genes - both of human and of nature.

Messenger RNA (mRNA) is a single-stranded RNA molecule that is complementary to one of the DNA strands of a gene.

It is incomprehensible that 'experimental' mRNA vaccines are being given to women carrying a child and to children who are at more risk from the vaccines than they are of the disease which the vaccine is supposed to be addressing.

Data progressively compiling is revealing that girls are having their menstrual cycles disrupted, boys are experiencing heart issues and that miscarriages are at unprecedented rates.

Refer www.pascashealth.com Library Download page then Medical for PDF:

1. Pascas Care – Coronavirus Covid-19 Dr Robert Malone 1 Jan 2022
2. Pascas Care – Coronavirus Covid-19 FLCCC Protocols 12 Nov 2021
3. Pascas Care – Coronavirus Covid-19 Treatment
4. Pascas Care – Coronavirus Covid-19 Treatment Protocols
5. Pascas Care – Coronavirus Covid-19 Treatment Senator Roberts Australia
6. Pascas Care – Coronavirus Covid-19 Vaccine Deaths
7. Pascas Care – Coronavirus Covid-19 Vaccines Adverse Events

Long term prognosis is the combination of these side effects, and others, will globally reduce Earth's population by in excess of a billion and require for generations to come to address the health issues, all of which has been pre-warned from numerous sources – now becoming a reality with the people of all nations submitting pregnant women and children to vaccination without investigation or questioning.

The coronavirus Covid-19, in early 2022, appears to be moving through phases typical to that of ending its cycle of disease throughout the world.



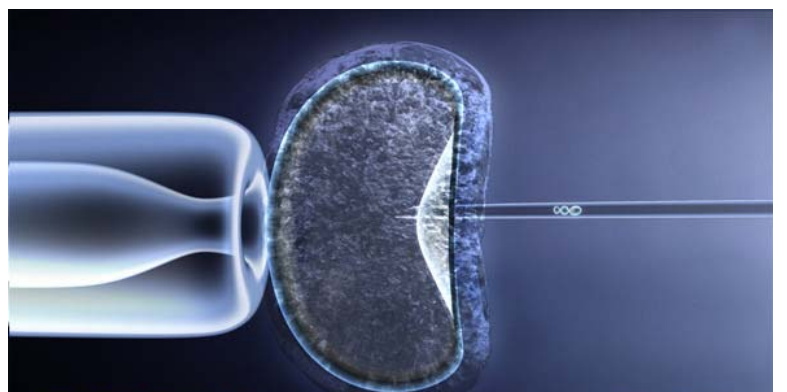


**GENETIC
ENGINEERING**

**GENETICALLY
MODIFIED ORGANISM**



GENES OF CHOICE?



GENETIC MANIPULATION

The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

FURTHER READING:

Free downloads are from www.pascashealth.com in the Library Download page, scroll down for PDFs:

PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam's Book – Parenting and Feeling Healing	Book X	Touching the Terror

Pascas Care – Parenting Awareness
 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion
 Pascas Care – Parenting Vaccines

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with:	Paul – City of Light and Sage – and the Healing Angels of Light
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Soul Light from Zelmar Melchizedek	2003	– James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx – Geoff Cutler

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health: <http://www.pascashealth.com/index.php/library.html>

Spiritual Development: <http://new-birth.net/spiritual-subjects/>

Padgett Books: <http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books: MoC
The Rejected Ones – the Feminine Aspect of God 1,490 Nov 2002 – Jan 2003 228
Messages from Mary and Jesus book 1 1,485 Feb – Apr 2003 189
Messages from Mary and Jesus book 2 1,485 Apr – Oct 2003 170
Soul Light from Zelmar, a Melchizedek, books 1 and 2 1,480 May – Sep 2003 480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 Aug 2007 164
Messages from 31 May 1914 – 12 January 1915 1,495
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 Sep 2010 177
Messages from 13 January 1915 – 29 August 1915 1,494
Speaking with Mary Magdalene and Jesus blog – book 1 1,490 Jan – Apr 2013 206
Speaking with Mary Magdalene and Jesus blog – book 2 1,489 Apr – May 2013 229
Speaking with Mary Magdalene and Jesus blog – book 3 1,490 Oct – Jan 2014 187
Speaking with Mary Magdalene and Jesus blog – book 4 1,491 Jan – May 2014 191
Mary Magdalene comments on Revelation from the Bible KJV 1,485 Dec 2013 – Jan 2014 84
This group being pages of 2,305

Paul – City of Light 1,488.5 2005 149
Ann and Terry 2013 235
Feeling bad? Bad Feelings are GOOD! feeling-healing book 1 2006 179
Feeling bad will make you feel BETTER – Eventually! feeling-healing book 2 2006 159
Breaking the Golden Rule. feeling-healing book 3 2006 168
Feeling-Healing exercises, and other healing points to consider. 2009 175
Cathy and Mark – a novel introducing Feeling-Healing. 2010 151
Introduction course to Divine Love Spirituality 2006 139
Speaking with the Dead, Death and Dying 2009 173
Spirits and their Childhood Repression Healing 2010 179
With Verna – a nature spirit 2008 279
Communication with spirits – meet a spirit friend 2010 37
Introduction to Divine Love Spirituality website 362
Sage – and the Healing Angels of Light 2017 260
Divine Love Spirituality 1,500 2017 201
Feeling Healing – you can heal yourself through your feelings 2017 153
Religion of Feelings 1,500 2017 47

This group being pages of 3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

James Moncrief Publications:

all publications are free downloads:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Soul Light – books 1 and 2

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all 550+ Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

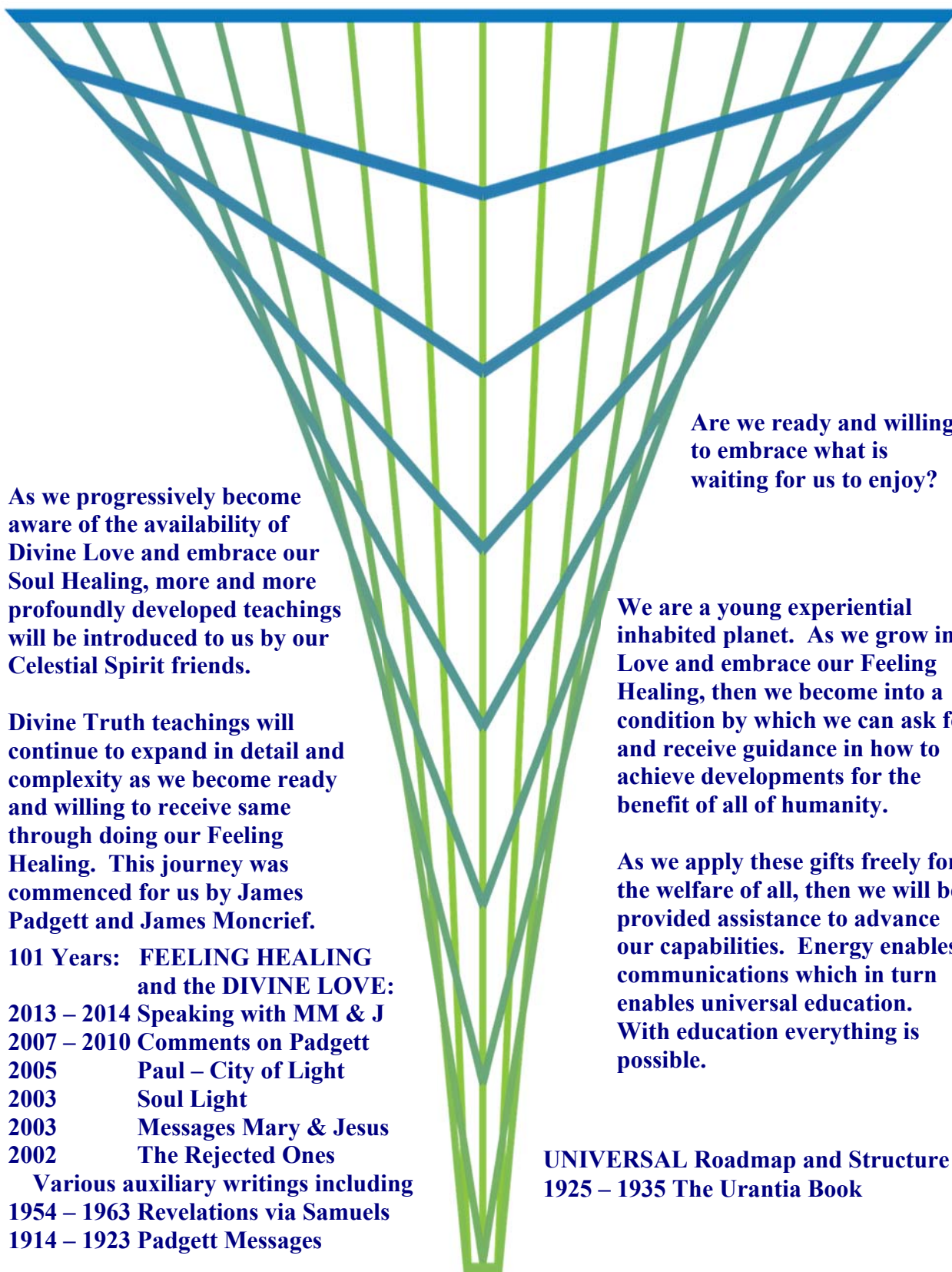
Pascas Care Letters A Huge Upturn
Pascas Care Letters Big Revelation
Pascas Care Letters Feeling Healing Benefits Children
Pascas Care Letters Feeling Healing Way
Pascas Care Letters Little Children
Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
Pascas Care – Feeling Healing All is Within
Pascas Care – Feeling Healing and Health
Pascas Care – Feeling Healing and History
Pascas Care – Feeling Healing and Parenting
Pascas Care – Feeling Healing and Rebellion
Pascas Care – Feeling Healing and Starting
Pascas Care – Feeling Healing and Will
Pascas Care – Feeling Healing Angel Assistance
Pascas Care – Feeling Healing Being Unloved
Pascas Care – Feeling Healing Child Control
Pascas Care – Feeling Healing Childhood Repression
Pascas Care – Feeling Healing End Times
Pascas Care – Feeling Healing is Rebellious
Pascas Care – Feeling Healing Live True
Pascas Care – Feeling Healing Mary Speaks
Pascas Care – Feeling Healing My Soul
Pascas Care – Feeling Healing Perfect State
Pascas Care – Feeling Healing Revelations X 2
Pascas Care – Feeling Healing the Future
Pascas Care – Feeling Healing Trust Yourself
Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



The mind is to be of service!
The mind is designed to Follow,
to be of service to the truth,
of service to the heart, and
your Feelings!



SOUL is a DUPLEX

Seek balance of TRUTH and MIND!

WILL! The Soul does everything!



WILL Healing

Our HEALING is one long act of Self-Love!