

Soul Light

Book 1



by James Moncrief

“Soul Light” preface to book 1 of this two book series:

These are confronting times (2020s) and what is outlined, with authority, throughout these writings are also confronting.

However, the revelations throughout these writings are the keys to the pathway we each are to embrace. The whole human race is suffering from repressed childhood and mind control. Many are seeking a better way; surely there is a better way that we could be and should be living? And there is and it is outlined throughout these pages.

High level spirits influenced the humanity of Earth to live principally through the mind while suppressing our feelings. This has meant that for the past 200,000 years we have been living against our will, against our soul, against our soul partner and against our Heavenly Mother and Father. We have been in Rebellion these past 200,000 years and when Adam and Eve defaulted on their Mission some 38,000 years ago, we have been living in a Rebellion and Default with most of us not even being aware of our plight.

NOW, and we mean NOW, even higher level spirits are revealing to us how we are to make the Great U-Turn and end the Rebellion and Default within ourselves. Eventually all of humanity will do so.

All institutionalised platforms and systems that we all embrace are founded under the Rebellion. All that we are accustomed to adhere to now needs to be re-examined, discarded and replaced with the New Way. We are to bring mind and feelings into balance. Nothing of the old ways will survive – as it is of the Rebellion and Default.

What we have considered to be charitable works, humanitarian aid, education and health systems – these have all been perpetuating the Rebellion and Default. What others consider to be the normal way of things, are no longer to be supported. If others are doing it, then we are no longer going to follow along.

Unless we introduce the New Way, of bringing our feelings to the fore, and then into balance with our mind, then we continue to be agents of the Rebellion. That is not being loving to ourselves or to anyone else.

The New Way is our pathway to freedom and to our journey home.

John Doel of Pascas Foundation (Aust) Limited



The Soul Light Theory

Book 1

“**Soul Light**” is a two book series, this being book one.

Written May – June 2003; updated January 2022

(Mostly I’ve left it as I first wrote it, however back then some of my bigger picture was incorrect and so I’ve amended that. As it was all new for me back then, I repeated much about the Healing and our being in a rebellious state as I was trying to understand it all myself. I have decided to leave much of the repetition because it’s truer to how it was writing with Zelmar and my understanding of the Healing. James Moncrief)

Infographics and diagrams have been added by Pascas.

Introduction

1 May 2003

Hello James, I am with you now – Zelmar (a Melchizedek).

As it has been some time since we spoke last, and as you have now officially started your work for the Mother and Father as in these books, I am delighted to come to you and so begin anew. We will start completely afresh from all we wrote together last time about the soul, as you have changed a lot and so I can relate to you more easily and personally. I will take you along gently expanding your understanding of the soul, putting it into context with all you have been though so far concerning the healing of your soul – doing your Soul-Healing.

First of all, I want to start with some background information for you. I am one of Marion’s and your group of personally attending Melchizedeks. We are twenty-four in number, being of twelve soul-pairs. We have come with you to accompany you throughout your life on Earth, and to attend to the affairs in spirit pertaining to the success of your life. The details of these affairs we can reveal to you when needed, however for the purposes of this book they are not needed.

In this communication with you, I, with the help of my partner, Zelmarnia, and with the assistance of the others in our group, will start to tell you about the nature and workings of the soul, the most mysterious of all universal mysteries. If during the course of our work together you have any questions relating to what we do, please do not hesitate to ask, as we will gladly shed any light on all subjects if they lie within the guidelines we can present to you. I will also be monitoring your thoughts as we go, and will be able to answer your wonderings.

We are a separate group of Melchizedeks to Machiventa’s overseeing group, although we do have a very strong liaison with them. And there have been times so far during the course of your’s and Marion’s life that we have all worked together, and there will be more occasions

in future. Our work is specifically with you and Marion, however if your lives do involve other planetary work we will work side-by-side with our brothers and sisters of other Melchizedek groups. And Machiventa with his partner will come and speak with you from time to time, as he did those years back when he first introduced himself to you.

We are going to be quite open about your Sonship (and Marion's Daughtership) during our work together, for much of what I will tell you will have a direct impact on you and Marion, and this is off course our intention. We want you to feel that we are by your side in all that you do, and we will be shedding more light on all that you have been through this far, hoping to bring you closer to us. We have not worked together prior to all of our coming to Earth, but we will continue to work together for some time after your departure from flesh. We have our headquarters centred in the third Celestial sphere. We have personally very little to do with mortals on Earth or spirits in the Mansion Worlds, but will have more to do with those who our Mother and Father bring to you both in the days ahead. We will help certain individuals with some of their soul needs, and their personal expression of such needs.

I will be speaking to you for the purposes of this type of communication together, as it is easier for you if you have only one contact-personality to relate to, as more could become confusing. As I have already had quite a bit to do with your mind, I have been chosen by our group to continue in this fashion, and I feel very privileged to now be able to communicate to you on all levels, and directly to your soul.

I will be speaking to you about the soul, and will be using all that you understand from *The Urantia Book*, *The Padgett Messages*, and other messages Mary Magdalene and Jesus have communicated to you. And as you now fully understand since our last communication together, the importance on all levels of Universal Creation of the Feminine Aspect of our Heavenly Parents, the Heavenly Mother, I will be able to include Her in all that I have already told you about the soul.

When we first revealed much of the information to you about the soul, we called it *The Soul Light Theory*. We chose to name it this because there is no way that any of what we tell you will be able to be proved by your scientists now or in the immediate future, however we want to reveal it to you so that humanity can at least see, even though they will not be able to prove it, that there is more to the soul than is known, and so much so that there is more to you than you have any real idea about. We want this information to come forward to help broaden the mind, and to try to help those people interested to see that there is far more to them than just what is breathing air.

So we will still call it **The Soul Light Theory**, as we know this is very appealing to you, and it aptly describes your relation with it. We will try not to make it too complicated, this will be challenging for us and challenging for you to receive, as most of what we will tell you, you have no prior understanding of and so no frame of reference in your mind with which to relate to such things. However we feel you are ready, and so we will begin.

Before we start, I want to say on behalf of our group, thank you very much for allowing us to write to you, as it will be a pleasurable challenge for us. Please do as Jesus and Mary said for you to do when you were writing with them, to stop and start when it is convenient for you. It is very easy for us to fit in with your life and we will not feel bad if you cut us off in mid sentence, as we can simply pick up from where we left off.

This work is for you James, for your pleasure and enjoyment. We want to tell you such things personally, and that will be our focus. As to whether others may or may not read this is of course up to the Mother and Father. So for now, let us set to work to do what we have both been looking forward to doing.

The Soul Light Theory

The soul IS. The soul *is* SOUL. Soul is unique, and there is nothing else like it. It is unfathomable. It does not exist in Creation, in time and space, for IT IS existential, of its own existence. What does exist in Creation, only does so because of soul. If there was not soul, neither would there be Creation. Creation is therefore dependant on soul, but soul is not dependant on Creation. Soul ‘exists’ before Creation, or rather soul is soul, something that is completely of itself, and being so needs nothing else, and is nothing else, and with nothing else. Soul cannot be completely defined either internally or externally, however from our observations and deductions we have been able to learn about some of its many aspects.

To those who are interested in such things, the soul is the Eternal Mystery, always revealing itself little by little, both singularly within the individual and collectively as many individuals come together. And as we seek to look into our own soul, or, at least try to perceive it from outside of itself in Creation, we can use all that we see, feel or perceive to help us know more about ourselves, our own soul, and to know the greatest of all SOUL, that which we identify and relate to on the Personality level as our Heavenly Mother and Father.

We believe, yet we have no real evidence, that the Mother and Father’s Soul was in the Beginning. But as to what the beginning actually is when you speak of something that is timeless, without beginning and ending, having its being in no time and space, and yet is intimately connected to all time and space, it becomes an arbitrary point.

3 May 2003

Whenever you are ready James, I will continue – Zelmar.

The Mother and Father’s Soul, for They are Soulmates and of One Soul that is expressing Two Personalities in Creation, and our souls, which also are expressing their two soul-mate personalities in Creation, all have their existence, if we can call it this word, in a ‘place’, even

though where souls are is no place except soul, to which we have ascribed the word *existential*. We use this word in contradistinction to the word *experiential*. Existential we describe as being with no beginning, middle or end, of no place in time or space, just Being, being soul, Existing, but with a potential of ‘doing something’. Experiential we describe as doing, experiencing, ‘the doing of soul’ – the soul expressing itself as its two personalities in Creation.

We being spirit personalities are an expression of our soul. You James, as an expression of your soul, is one of its two personalities it is expressing in Creation. Creation is for souls to Express. And as souls express in Creation, so more of Creation comes into being. The Soul of the Mother and Father is the First Expression, expressing its Personalities of the Mother and Father. And as it is expressing Them, so Creation is coming into being. Then we all being lesser souls than God’s Soul, play our small parts in adding to Creation as our soul expresses us, our personality.

What the soul does is creative, it brings things into being, into time and space, into having a beginning, middle and ending. So without soul, Creation and the experience of being in Creation, would not exist. Without Soul, Creation would not be; and yet if there was no Creation, there would still be Soul. Soul governs all that is created. Soul has created all Creation. So it’s your soul that is ‘creating’ you, bringing you, one of its two personalities, into being. You are not doing it. You have been led to believe that you can create your own reality, live life as you want, making things happen according to your desires, will into being whatever you come up with in your mind, however still behind all of that, is your soul, so really everything you are and do, is all your soul’s doing.

You think things to do using your mind, however those thoughts come ultimately from your soul. You act spontaneously on your feelings, however those feelings come ultimately from your soul. Your soul is continually ‘doing you’ all the time. Your physical body is sustained on the material plane by your soul. Your spirit body exists in spiritual realities because of your soul. Your will is activated by your soul. All of you that constitutes what is called your personality has been brought into being by your soul, and will remain as part of Creation as determined and defined by your soul. So even though you are personality, so too in a way are you soul. And because soul leads, soul expresses personality, so really you are soul. You are a soul, as is commonly said, which is true. So you are soul, as you are you, and being you, you are your soul. As a personality you might be able to perceive your soul, that deep part within you that is the ‘real’ you, that undefinable part or essence, a light, that which your personality is anchored to, that which you are expressing in Creation as being how you are.

The Mother and Father’s Soul has brought all of us souls into Creation, and some say this is still an ongoing and active process. Others say it’s all already been done, because it is just what Their Soul is. The Soul of God creates souls. The Mother and Father have created your soul, and then They have blessed it with two unique personalities it can express in Creation. However, as to whether They brought our souls into being ‘after’ Their Soul, we all were souls at once, really is unknown. Some speculate that our souls are ‘lesser’ than

Theirs and have come into being as a consequence of Their Divine action or Will, yet others disagree by saying that such action cannot happen in Soul, and can only happen in Creation. However for our purposes, Soul is the pattern of Creation, its blueprint, or light-print. When all of soul is expressed, if this can or will ever happen, then all our soul will be seen and defined by us in Creation, so our contribution to Creation would be fulfilled. What you saw of us and all our experiences ever lived, would constitute all our soul is.

Soul is seeking to express all of itself in Creation. And as we express more of ourselves, our personality, in Creation, so we can get to know ourselves more, which is also getting to know our soul. When I look at you James, I am looking at an expression of your soul, and really for all intents and purposes I am looking at your soul. I am looking at your soul coming into expression in Creation. And so by looking at and observing Creation we can see what has already been defined by Soul. By God's Soul, and all souls, expressing in Creation. To look at current Creation you are looking at a partial expression of Soul. So the more Creation is created, the more we can all observe through it, and through ourselves in it, what Soul is. What the Mother and Father's Soul is, and what our own souls are.

What we do know is that our soul's expression, its creation is continuously creating in Creation, is subject to the Will of the Father and Mother's Soul; however this point is even subject to debate, for what does 'subject to the Will of' truly mean when we are speaking about something that is so foreign to us from anything we know in Creation and from anything we can directly relate to.

Soul is best left as being described, as soul. It becomes a subjective experience of the individual whom has, or possess, one. We spirits (you being currently spirits in flesh) are destined to know for ourselves what our souls are, and we will subjectively experience that which we will know through the truth of our experience – what our soul is. And to say that you are soul, and your soul is you, is quite true; but as for how true that is, is what we will experience throughout all eternity.

In Creation we can Experience. And so as we experience, we create. As we experience life in Creation, we are creating, bringing more of our personality into Creation. By our sheer existence in Creation, we are a creation of our soul, and so our soul is 'experiencing' itself that it is creating. By the soul expressing its two personalities in Creation, it is in a way then able to experience itself, experiencing what it is like being those two personalities, and so what it's like being a soul. And then as to what we can further create in Creation, is up to our soul. Our soul only 'creates' us in Creation so it can know itself as a soul. And yet how does a soul know itself when it is soul? Being personalities can know ourselves, and even to some extent know our soul, as 'knowing' is an attribute of our personality, however how does a soul *know* itself? And it does so through Light, which I will speak more about later. And for that to happen, it has to follow strict guidelines. Our soul's self-expression, its expression of its two personalities, is not a random affair. It is highly orchestrated, controlled, all according to a pattern 'put into it' at its creation. This being what we're going to call its Soul Light Pattern Of Destiny. (I will use varying names James, as I've also called

it the Soul Light Print Of Destiny with you before, however it all goes under the heading of our Soul Light Theory.)

The Mother and Father's Soul create our soul with our Pattern, and it is that pattern that is unfolding or being continually expressed in life. You are completely as your soul is making you, and all in accordance with how the Mother and Father want you to be, because They've created you to be exactly how you are in each and every moment. You can't change your reality or affect a future reality like some people think, and there is no such thing as you living parallel realities simultaneously, you can and will ONLY ever live the reality you do, it's fixed, and it can't be otherwise because that is the pattern or coding within your soul.

And so even though as personalities we experience life with freedom of will, we can make decisions based on our mind and feelings and act on them making us believe we are affecting and changing our reality, current and future, still all of this is fully orchestrated and coordinated by our soul. So on the soul level everything is fated, predestined, we're living the unfolding of the pattern within our soul, whether we like it or not. And in no way as mere personality expressions of our soul can we change that pattern. And then on the personality level, as we're completely focused in the experiences we have, so it seems like to us that we are controlling and shaping the direction of our life based on our freedom of will.

And we are to live having free will, or at least to live under the illusion that we have it, for on the soul level there no such thing. Our soul creates our free will, making us feel we are in control of our lives, when really it is our soul that controls EVERYTHING. And it's the greatest of all quandaries we are to reconcile within ourselves: to know that all we are is predestined on the one hand, on the soul level; and yet on the other, the personality level, it's all up to us, we have complete free will, or a freedom of will within certain parameters as we can't actually do everything we might like to do when we'd like to do it. So every thing being fated, and not being fated, we live as an ongoing relationship, that being the relationship expressing the relationship of the free will personality and the fully destined soul.

Many people argue about whether we have total free will, partial free will, or none at all with everything being fated. And the answer is we have all of the above. We live mostly focused with a certain amount of free will, yet at times in your life it becomes apparent that perhaps you don't have as much free will as you might think you do, and you can even perceive the total control of your soul as your soul-perceptions awaken.

With our mind we can believe that we are free to create and bring arbitrary things into being, however this can only happen because it is 'allowed' or 'ordained' or 'wanted' or 'needed' or 'desired' by our soul. Nothing happens in Creation without Soul, and I want to repeat this again: NOTHING HAPPENS FOR US SPIRITS, OR CAN EVER HAPPEN IN CREATION, WITHOUT OUR SOUL. As I said, without soul we would not exist, and neither would anything else. So if the Mother and Father's Soul did not BE in Soul Reality of BEING, then we would not know ourselves, for we would not be either. And from this aspect we can see support for the notion that we are 'lesser souls' than that of God's Soul,

for if They ceased to BE, we would no longer be. If God's Soul ceased to BE, no one else would be able to fill Their shoes or replace Their Soul. Without Their Soul, we'd not be souls. And so do we constantly need Their Soul to sustain our soul; is Their Soul constantly sustaining our soul; are They far more intimately involved in our lives through the soul level than we can possibly understand? They are truly our Soul Parents, our Soul Mother and Soul Father, and we are truly their soul children.

It is very important for you to understand that your soul maintains your existence. It is not your mind or your spirit or your brain or your physical body, it is your soul. And that your soul is very different from your spirit, spirit body and physical body, it sustaining them in Creation. All that you know of yourself, your physical and spirit body, your thinking mind and feeling mind, your imagination, creativity, dreams, consciousness, unconscious, self-expression, evolution of truth, all that's contained within your aura, all that you are, are all only attributes of your personality, and are not your soul. It controls all of you, your every moment is able to happen and be in Creation because of it. Every cell in your physical body exists in Creation when it does because of your soul, that cell being another part of your personality being expressed by your soul. And all the great higher (or lower) thoughts and feelings you have, again only happen because it's what your soul *wants* to happen. Your soul doesn't actually want, as you know wanting to be, it just IS. It's not even that it is Doing you, it just IS you. Mostly we use terms we describe or use being personalities to describe or relate to soul with, however that is not really how soul is. It is what has been termed the all-knowing presence within us that seems to just be and is us. It is the storehouse of your personality. And personality is the one single thing about soul that we can know and see and experience prior to soul commencing its expression of personality in Creation.

Your personality is in many respects your soul's most true expression. And as to what you ascribe to personality, is far more complex than what your world knows. Personality in all its complexity gives us our greatest insight into the even greater complexities of soul.

All beings of a certain order and above have a soul. And all who have a soul have a freedom of will to fully express their personality. Those of lower orders of Creation are still the personality expression of a soul, but they are merely various attributes of this personality and do not have a unique soul themselves. On your world all the creatures and creation not of your human form, does not have a single soul as you do, and therefore they don't have such freedom of will as your personality does. Earth has been wholly given to you, to your souls, that being all souls of humanity with complete *freedom* of will expression. It has been made available for your souls to express their personalities, and begin at the beginning of Creation. You have henceforth from the moment of physical, spiritual and will conception, been given a world in which to form your 'world', your own unique and personal expression of the world of your soul.

All other creatures of Earth and all inanimate things have been given to you by your Heavenly Parents, by Their Soul, to help you enjoy expressing your personality, all to help you understand more about yourself, who you are, and what you are composed of, all the

differing aspects and attributes that constitute your personality. Simply, Creation is provided by Soul for soul to see and know itself. So as you express yourself freely in Creation, you are living what you can see of your soul. As you look at yourself, all you are seeing is your soul. You are more than the image or reflection of your soul, you are your soul being expressed in a different reality to that of your soul, one of which we call Creation, which is of time and space.

All the creatures of your world are governed by the Infinite Daughter (The Infinite Spirit as She is called in *The Urantia Book*), and then by Her 'Daughter' the Divine Minister, in conjunction with The Supreme Being who is evolving into being derived from all current experience of Creation. The Supreme Being is a Soul and a God that is coming into being, and experiential God, as opposed to the existential Soul of the Mother and Father. Life in the Universes of Universes to this point of time is controlled and governed by a hierarchy of Soul. But I will speak more of this later. So to start with I will identify the Mother and Father Soul as that which all things come from.

The Soul of our Heavenly Parents is duplex in nature, expressing two Personalities that we know of as God. We relate to the Soul of God as our Heavenly Mother and Heavenly Father. We don't divide them up as God and Goddess, we keep it simply God, meaning we're referring to One Soul. We can get to know Them separately, and as One Soul. And we spirits being in the image of God, are also souls of duplex personality.

Your soul has been created to experience maximum experience through love, which it can only do through you and your soul-mate. When the two of you are perfectly united as one, then your soul is maximising life experience. To get to know yourself, which means your soul, you have to do so through another (or rather you do it through yourself but with another's help), and so you will through and with your soul-mate. And why soul-mates are so important, and why you long to be united with your true soul-mate, is because being of the same soul you will be able to relate the most you can to each other. By having relationships with other people (spirits) who are not your soul-mate, means you will be able to have only a limited relationship with them, compared to the one you have with your soul-partner. (The term soul-mate and soul-partner I will use when I want to give you a certain feeling, they being the same thing. The term soul-partner perhaps giving you a more personal feeling, yet with soul-mate being what you're more used to.)

Many people because they feel an intense love for one another, believe, wrongly, they are soul-mates. Being of the Rebellion and Default that you all currently are on Earth, means you are living against, rebelling against, the truth of yourself, so you are rebelling against your soul-mate. Whilst you're of the Rebellion, you can't unite truly with your soul-mate. Only when you start to do your Healing, should it be the desire of your soul, can you meet your soul-mate; however for most people, this will not happen until both have fully completed their Healing, thereby ending their involvement in the Rebellion. So those people living using their mind to control their lives, are also using their mind to feel all the 'deep soul-mate love' they believe they are feeling. However, should such people start to do their

Healing by uncovering the truth of their rebellious mind controlled state, then their so-called soul-mate relationship will end. The truth being shone on it, showing it was only something fabricated by the minds of both involved.

We can only marvel at our own soul seeing it divided into two unique expressions of the same soul, and able to give rise to both with very distinct personalities, a man and a woman. Soul-mates are always of the opposite sex. You cannot be same sex soul-mates. However by using your mind you can believe you are soul-mates. So being homosexual means that through your Healing, or when you have completed it, you will be straight. You have to be straight to unite with your soul-mate. Being gay is only a condition or expression of being in the Rebellion and living against the truth of yourself. And being straight, because you are all of the Rebellion, means you too are living against and untrue to yourself as much as those people who are gay, you are just being of the Rebellion but in a straight way. So whether you are gay or straight, you are all rebellious and living against the truth of yourself, and so being that way, can't unite truly with your soul-mate. So you have quite an incentive to do your Spiritual Healing, which I will also talk more about later.

Once you are wholly united with your 'other half' you will exist for all time in Creation both inextricably linked, both being the opposite of each other and yet both living and being in perfect harmony and rhythm with each other. So a soul incarnates its two separate personalities at varying times and places on Earth, then moves each to be able to come together at a designated time and place, be that on Earth or in spirit, to reunite and then live on as 'two who are one' – two personalities of the one soul. And a soul always incarnates its two personalities on the same earth, because to incarnate them on different physical worlds means the two would be too diverse when it was time for them to come together. And so in looking at a soul-mate pair one can see their soul in total – meaning in total as to what has been revealed thus far in Creation. Forever you will both be as one, the perfect union of personality expression of your soul.

Each soul is therefore complete. It needs no other. You can exist potentially in complete love with each other as a soul-pair. The soul has 'made' you both, for you both to experience the fullness of love and all experience together. Soul-mate love is the highest state of Natural love, or soul-love. And then when you partake of the Divine Love by longing to your Mother and Father for it, then your perfect soul-mate love becomes even more enhanced with the inclusion of God and Their Love. There is nothing more fulfilling for you, nothing more loving, and you can't feel more loved or be more loving, than when you are united in love with your soul-mate, all within your Mother and Father's Love. When both of you are living loving your Heavenly Parents and feeling wholly loved by Them. When you both feel the Love of your Heavenly Parents continually in your soul-mate love lives.

The soul is completely self-contained. It is able to manifest both its personalities and bring them together, both having the desired experiences needed to fulfil its needs. And from this perspective, the soul does have *needs*.

The souls 'needs', if it can be said this way, to bring itself into Creation, to express itself through its two personalities so that it can 'know' or 'experience' or 'see' itself. It 'wants' to become fully self-aware, wholly aware of itself through its two personalities. So the more aware of yourself you become, which you do as you grow and evolve in Truth, so too do you become more aware of your soul. And so you realise increasingly that indeed you do have a soul; but more than becoming self-realised, which is on a mind level, a deep perceptive awareness comes to you, one that allows you as a personality of your soul to deeply perceive your soul, to know that you are your soul as your soul is you.

Our soul needs to manifest us in Creation so that it can experience its own reality subjectively and perhaps more importantly, objectively. In a crude sense, your soul has created you to step outside of itself and then through you identify itself, it can look back onto and into itself. It can then say it knows and can see that it does exist, and at least in Creation if nothing else; and then through your soul perceptions you/it can look deeper into yourself and see that it does also exist existentially.

As to whether a soul is self-aware in its existential state of being, we do not know, however due to its need to create or express its personalities in Creation, we surmise that it is not, and so Creation has been brought into being through the active need or expression of love, a need to know and see itself for itself and through its own eyes, yours and your soul-partners.

So as we look to the Mother and Father to help shed light on ourselves and our souls, so too can we look to ourselves to see who They are. As we perceive Them as two separate and unique Personalities, all we experience or feel from Them, is that They are still ONE. One Soul with two expressions of Personality, and the Mother and Father of us all.

As we are told by our beloved Creator Son and Daughter, Jesus and Mary Magdalene (who are soul-mates), we are indeed children of our Heavenly Parents, we can then also assume as we seek such understanding of truth within ourselves, that we are 'little' souls when compared to Them, but with many similar characteristics. We are Their soul-children, and we are that for a reason. And that is that They, or rather Their Soul, 'felt' or 'needed' even further eyes to see itself with and to get to know itself with, and so we have all been brought into being.

God wants to get to know Themselves through us Their children. And now we know that to see oneself through the eyes of one's own children, shows oneself a lot of truth about oneself, and helps one to identify with oneself in a much more broad minded and perceptive way, as many parents will testify. Your children give you a very clear and definite perception of yourself, provided you are willing to see it, and will readily, if allowed, present you with much truth about yourself, far more than you can due to your own subjectivity. They give you an objective insight into your very nature, which can be at times very startling, and in the negative mind state, very confronting and frightening. And so do we all give out Mother and Father a continual amount of insight into Their own natures, as we truly express ourselves

and come lovingly to Them. And judging by the sheer amount of us all in Creation, They want a lot of children giving Them love and insight into Themselves.

Life as you know it, is not about the soul. It is all about everything else, and mostly all about your mind and its gratification. And yet life is *only* about the soul. You are so far away from the true meaning of life, reflected in how far away you are from your soul. And this phenomena, that you as a personality of your soul can live completely shut off to and in denial of your own soul's existence, all of which is what your soul wants at this time in your existence, shows just again how amazing the soul is. That it can, not only still maintain contact with its created expressions whilst they are living completely against it in their rebellious states, but actually orchestrate your denial of it, its own self rebellion, and still be able to look objectively enough at itself and bring you one day back to the full realisation of it after you've completed your Healing – that you do have a soul. In your negative unloving and untrue rebellious states, you exist as if you are soul-less, because you are not wholly loving and true. Every day you spend with your mind in control of yourself, you are further denying your soul. And as this is currently what your soul wants you to experience, the rejection of it, at some point it will want you to end that way of being, and then it will bring to the point of beginning your Soul-Healing.

It might be very hard to understand, but God has created your soul to start incarnating its two personalities in a negative or untrue rebellious state, that being part of the System Rebellion your world currently exists in, and has been in for the past two hundred thousand years. Humanity has been living against itself this whole time, and only now is it time for it to wake up to the significance and severity of this truth. So your soul is expressing you in Creation, on Earth, in a spiritual rebellion against all love, truth, and everything soul is. Your soul is love, and it is true, however it is currently stopping you from experiencing true love. This being what you are to now to wake up and to understand about the condition of yourself and the whole of humanity. That you have been made to use your mind to take over from your true feelings, which causes you to reject and deny the truth of your soul. So now you are freely, as determined by your soul and it also being what your Mother and Father want you to experience, living against Them, against Soul. And because of this, you are all in a very bad way. Your religions and spiritual systems don't teach you the truth of your soul-denial, because they don't understand about it, they being part of it. They even being created and sustained by the souls of people involved in them.

And in theory, if it be the Will of God, and so what your soul will wants you to experience, you could deny yourself and your soul to such an extent that you cease to be, you become so anti Creation, so anti love, so unloving, that you can no longer exist in Creation, and so will face annihilation, a 'final judgement'. No one as yet has reached such a negative and untrue state of being, and we don't anticipate anyone will, however it is still a potential you are to face and deal with through the Healing of your soul. During the depths of your Soul-Healing, as you are expressing and feeling the trauma of being in your state of feeling so unloved, you will feel like you are being annihilated, that you are nothing and all but cease to exist, which is the truth of how being rebellious and living against your soul and Soul should

make you feel. You will come to understand through your Soul-Healing that living as you do doesn't actually make you feel good, loved, wanted and cared about, it makes you feel the opposite of these good feelings. And you will come to understand the truth that if you deny yourself by denying your soul, you will only feel bad, and very bad indeed. All because you are not truly loving yourself and your soul. You don't as yet fully understand the predicament you are all incarnated into, however it is actually to experience what living feeling unloved and being unloving is like. This being your negative state of experience. And as you don't want to feel so unloved, so you use your mind to love yourself and each other, however this is not love based on the truth of your true self, or the truth of your soul. The truth of your soul, is for now, that you are of a Spiritual Rebellion and Default, and that is not a good state to be in.

In order that you are continually expressing yourself and so creating, the soul has within it a Plan Of Expression. It has a time-space pattern of expression, that when expressed, will generate experiences for you in time and space. Hence, what we said to you James, is called one's 'Soul Light Print Of Destiny'. This name means that the soul has an encoded destiny contained within itself that is continually unfolding through the expression of light, with the result of you coming into being – that is into Creation. You live a very perfectly ordered sequence of light that continually streams forth from your soul into Creation, and this defines your experiential existence. So all that you do, think, feel and breathe, is all governed from your soul, and all ordered and maintained to perfection, in what appears to the ignorant observer, unordered life. It is perfectly true that the number of breaths you will breathe on Earth is already known and contained within your soul, you are merely living out a completely known destiny, each and every perfect step of the way. And all within the magnificence of your soul, you are blind to, for in no way can you know all your destiny all the time. And if you did, you would be soul and defeating the purpose of needing to exist in Creation. So Creation is being orchestrated by Soul, and does not know what lies ahead, and yet all is known and perfectly pre-planned in your soul. As you progress in Creation, and the more true to your soul you become, and the more your soul perceptions awaken, then the closer to your soul's plan continually unfolding you will be, delighting in times when you get glimpses into perceiving *life* outside time and space.

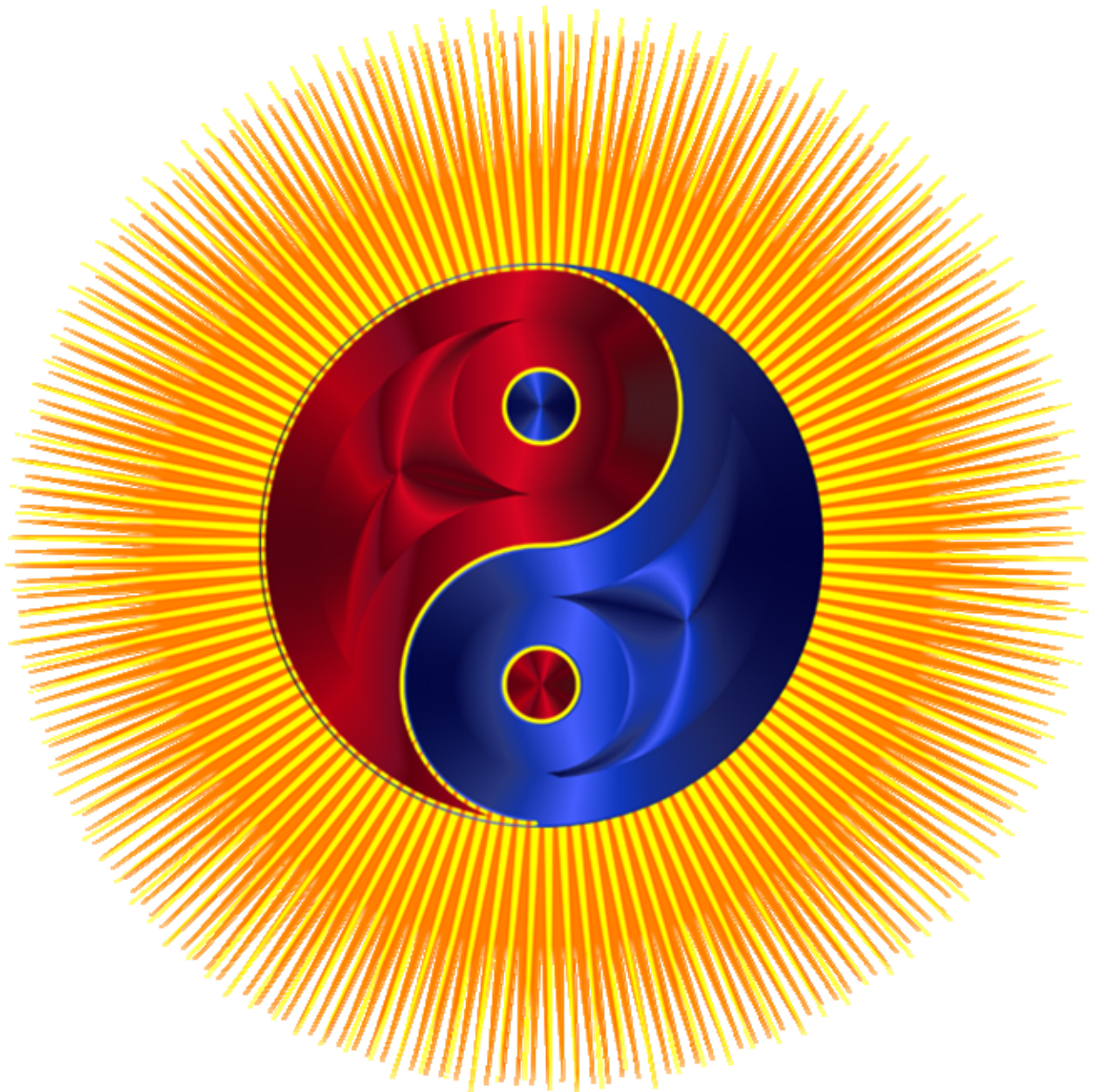
You are marching onwards through your destiny in every moment. Your soul is leading you along the way. You may believe with your mind that you are in control, but you are heavily mistaken. The soul is lord of all things. There is the real and true way for you, for it is the only way, and you are living it. Your will can and will only ever be as it is. You can't live anything else than you are, nor could you have had a different life than the one you've had. You may hate yourself and your life, still it's what you are meant to do and how you are meant to feel in this moment of your soul's path. It 'wants' you to hate yourself and your life, and when it 'wants' you to wake up to the truth of why you hate yourself and your life, it will move you to start your Healing. Any bad things (and good things) that have happened to you, have so because it's what your soul has brought about for you to experience. And so

if you really want to know the truth of why such bad and good things have and continue to happen to you, then do your Soul-Healing.

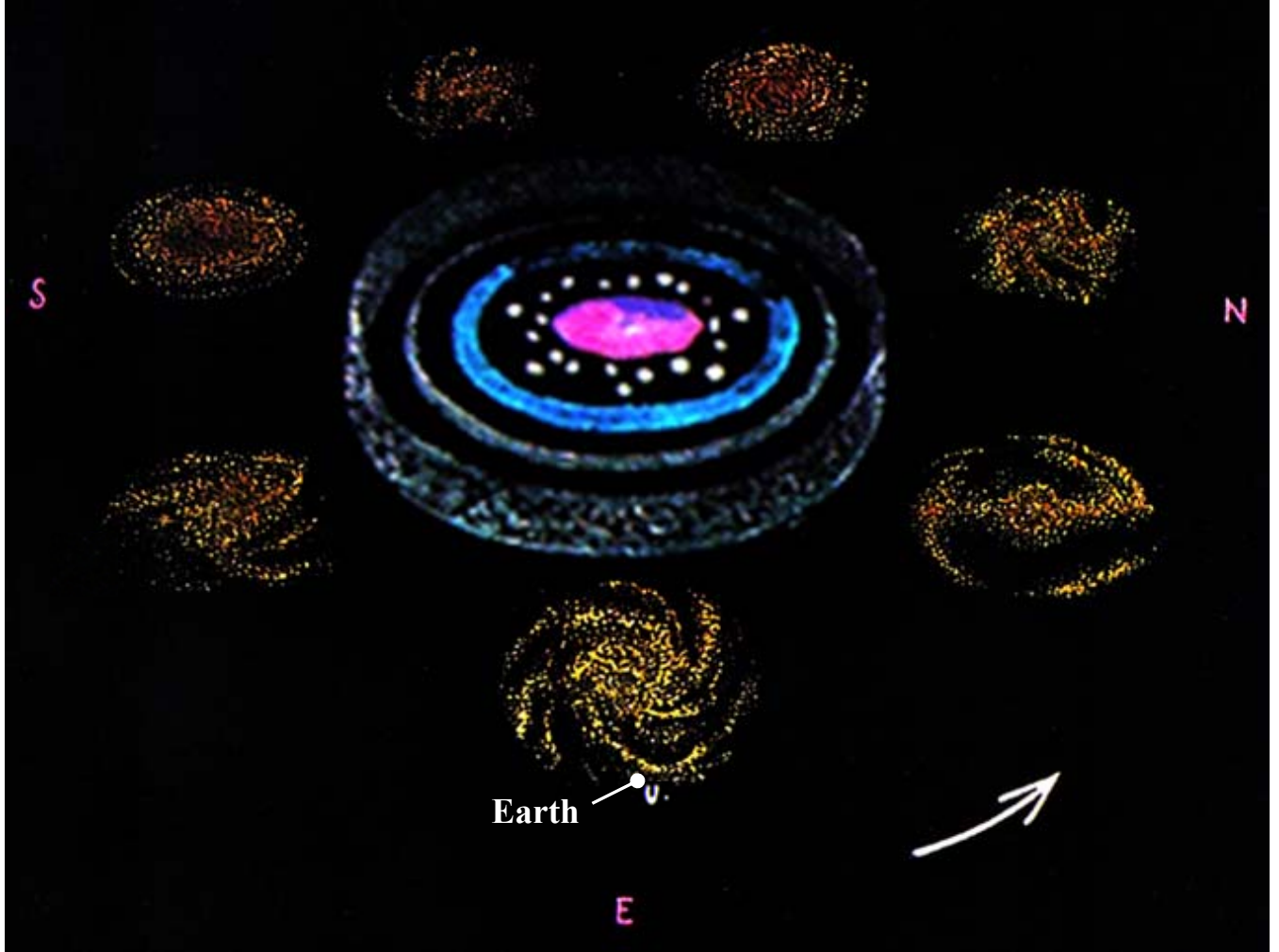
Your soul is the closest you will become to God, and it is within you. As you approach Paradise on your Universal Ascent Of Truth, you will become closer to the Home of the Personalities of the Gods, and of the Mother and Father in particular Who's Personalities dwell on Paradise, the Centre or Heart of Creation. And as you come before Them in Person once you attain Paradise, so too will your own soul be illuminated to new heights and into the 'Glories of Glory'.

I don't want to stress your mind to with too much more James, so I suggest we leave it there for today. I will speak with you next time – Zelmar.

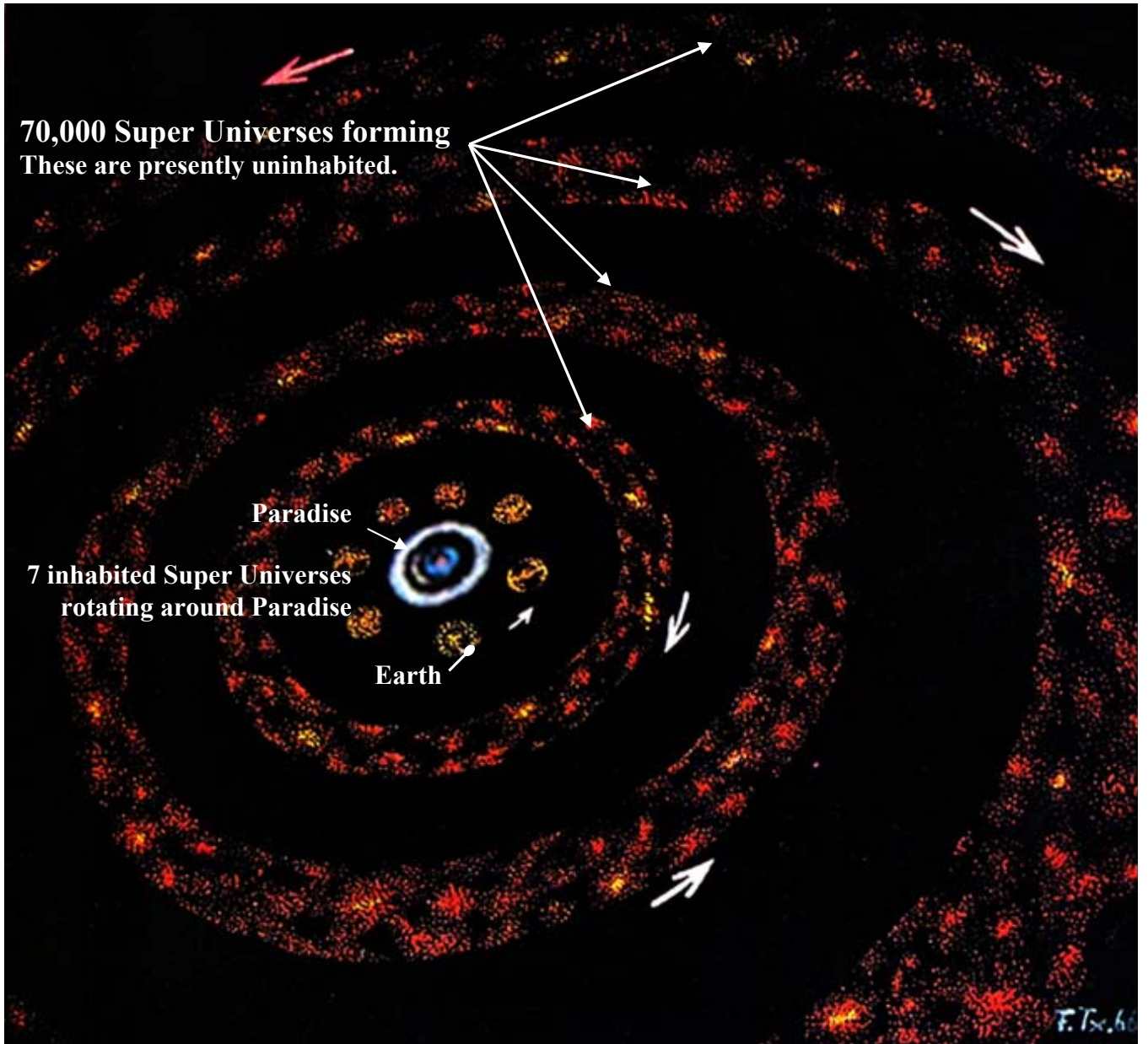
Our Heavenly Mother and Father



**7 Super Universes rotate around Paradise, the home of our Heavenly Parents:
Each of the 7 super universes have 100,000 local universes
Earth is within the local universe of Nebadon which has 3,840,101 inhabited worlds.**



Earth 70,000 Superuniverses forming

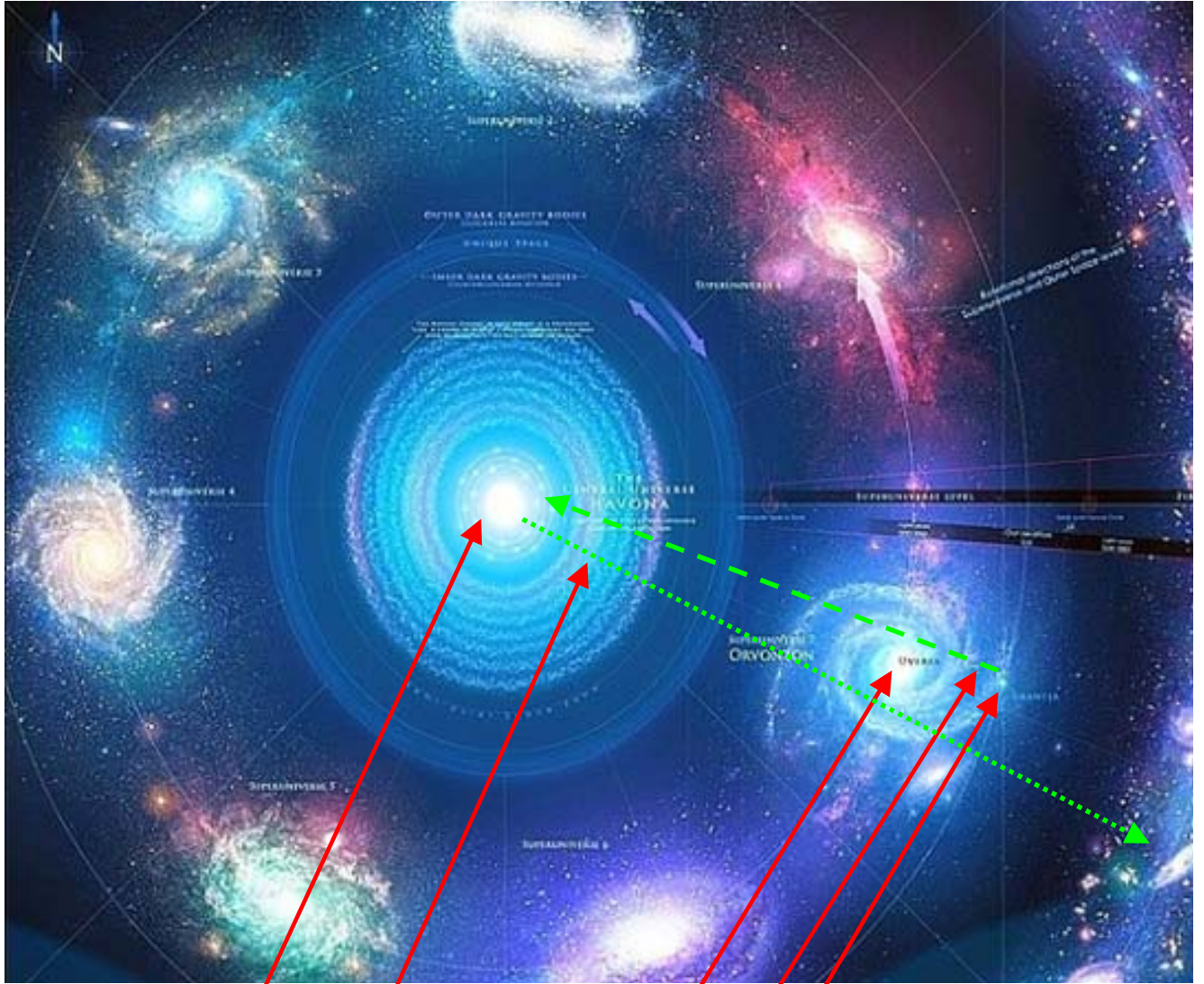


Infographics and diagrams have been added by Pascas.

Finaliters

OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise
home of our
Heavenly Mother & Father

Havona
Ascendington

Orvonton – our Super Universe
Nebadon – our Local Universe
Uranta being Earth

Finaliter, being what we become when we finally arrive in Paradise!

EXPERIENCES, FEELINGS and TRUTH:

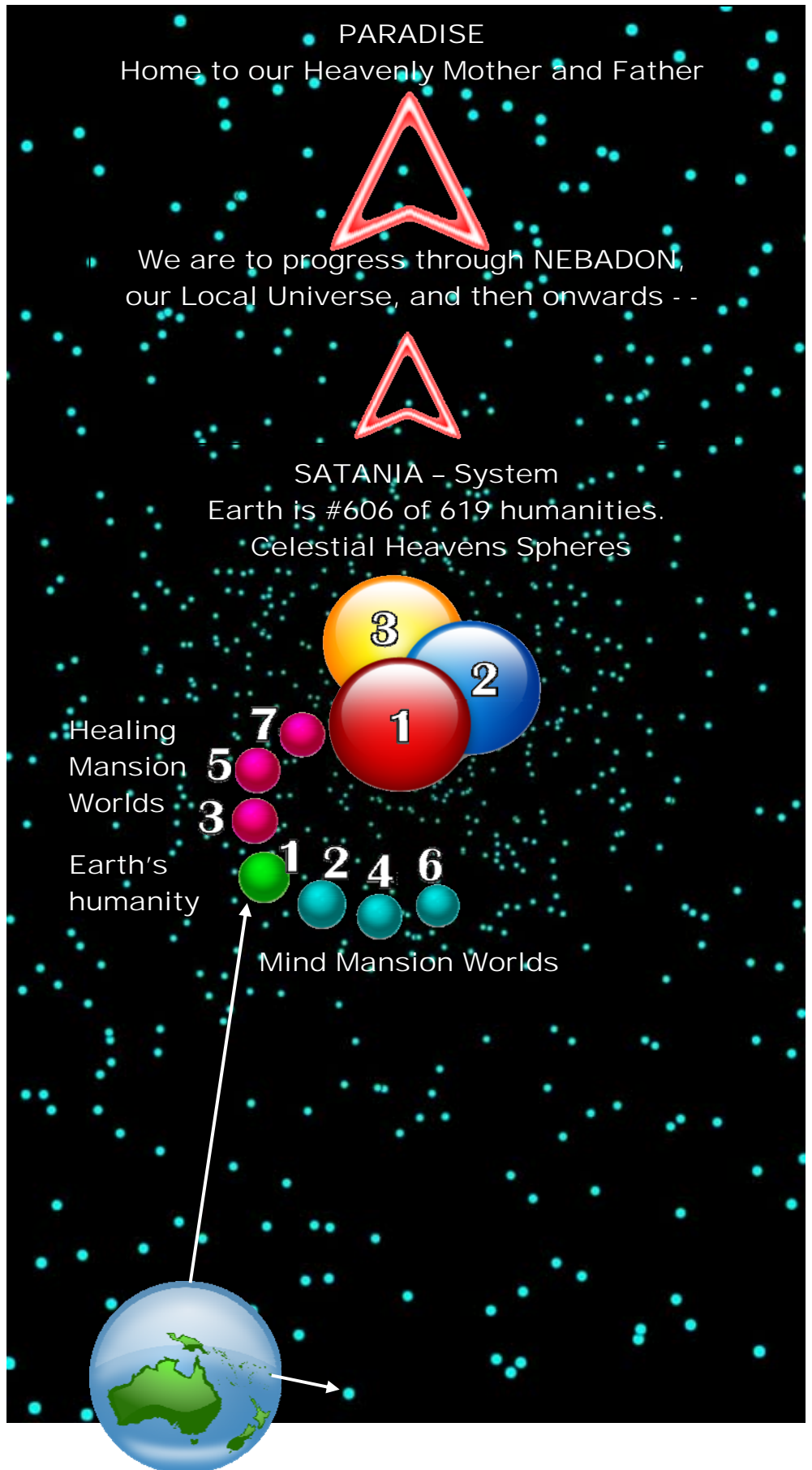
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we 'die', and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

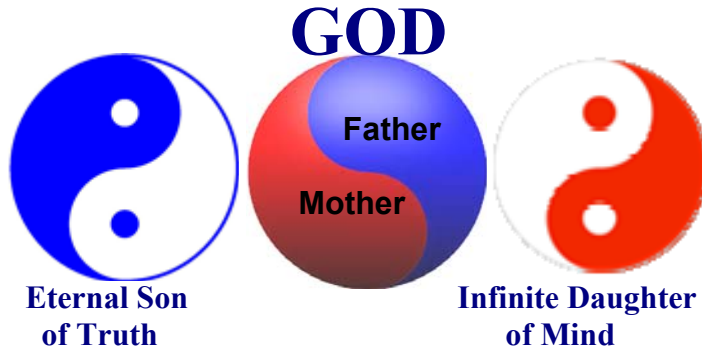
If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



Paradise – Havona – Home



SPIRITS from **PARADISE**

Nebadon – Salvington



MELCHIZEDEK

BRILLIANT
Evening Stars

ARCHANGELS

Celestial Heavens

celestial **ANGELS SPIRITS**

Mansion Worlds

MORTAL **ANGELS SPIRITS**

Physical Earth

Nature Spirits *Spirit Guides* **ANGELS**
HUMANITY

Formerly ended
31 January 2018

REBELLION & **DEFAULT**

Past
200,000 years

and now for the

GREAT
U-Turn

Coming
1,000 years

PARADISE
Home to our Heavenly Mother and Father



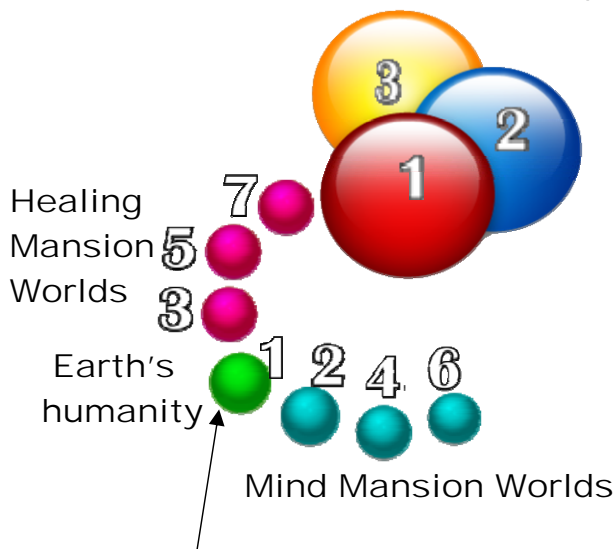
We are to progress through NEBADON,
our Local Universe, and then onwards - -



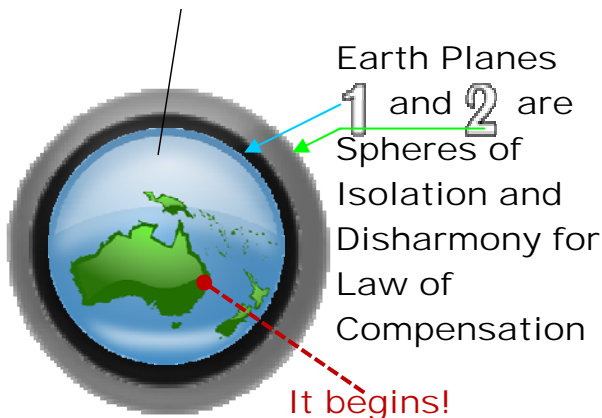
SATANIA - System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres

Avonal AGE
GREAT
V-Turn
End Times

the Handover
THE CHANGE
AFTERTIMES
NEW FEELINGS WAY



Upon death of our physical body, we all transition to the 1st Mansion World



This is the time in the history of Earth's humanity when the greatest event ever experienced throughout its almost one-million-year history is taking place.

At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years and then some.

What is unfolding for humanity now is a factor 100 times more significant, and then some. Not only is Earth becoming fully engaged, so too are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Earth's population in 2020 is approaching 8 billion; spirit Mansion Worlds 1 and 2 have approximately 200 billion; the numbers for the 2 Earth planes are unknown, however they are near capacity; the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. All worlds combined having in excess of 250 billion personalities – more than 100-fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II – well, 40 generations of 25 years each.

Soul Partners

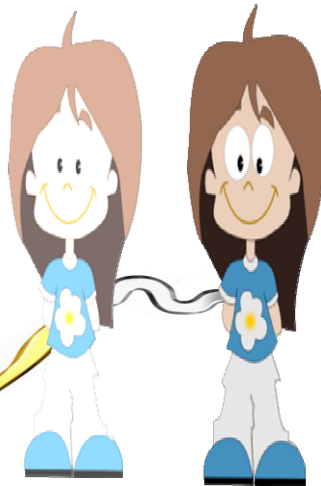
Physical / material body
Brain

Spirit / etheric body
Mind

Soul + Spirit Combination
Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You is your Soul!
Our Soul orchestrates everything!

ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.

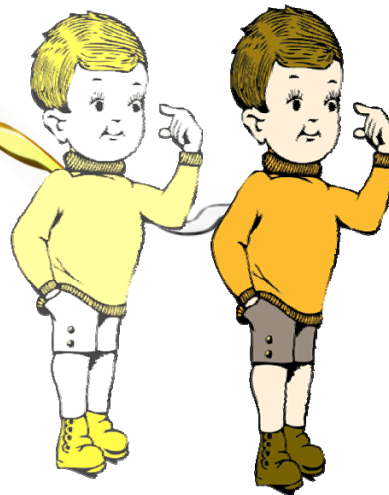


Spirit Body

Physical Body

One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



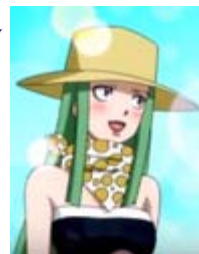
Infographics and diagrams have been added by Pascas.

WE ARE NEVER MEANT TO BE ALONE! SOUL PARTNERS become SOUL-GROUPS!

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soul partners. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate / soul partner.



Soul partners form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate / partner and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

Soul Group = 12 Soul Partner pairs, 24 Personalities.



1 Soul manifests 2 Personalities, 1 Female & 1 Male being Soulmates - Soul Partners.



I am my SOUL!

I am not my body!

I am not my mind!



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



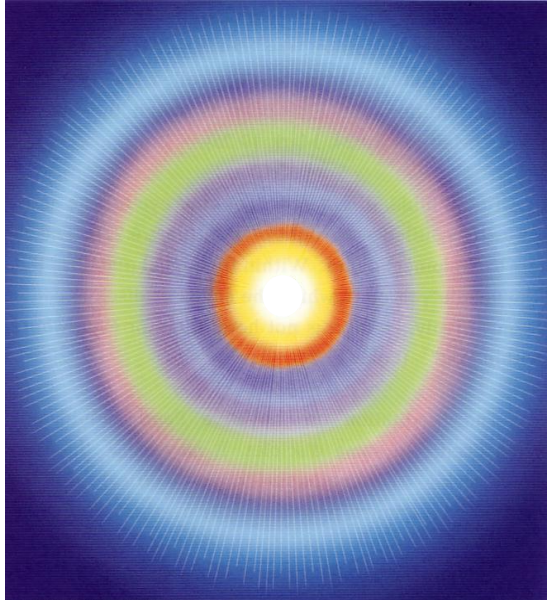
**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

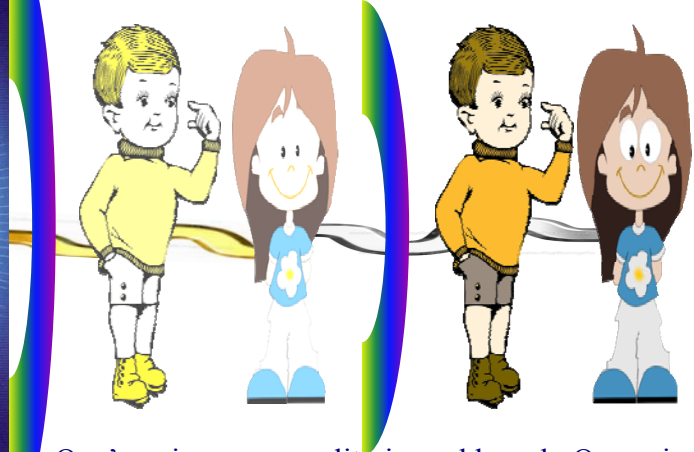
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

NEW FEELINGS WAY

Mother *Father*
PARADISE **SUPREME BEING**

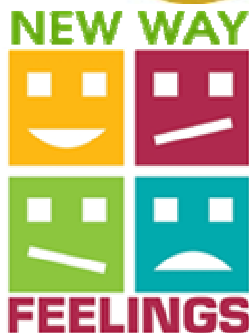
HAVONA
ORVONTON
Superuniverse
NEBADON
LOCAL UNIVERSE
Celestial
HEAVENS

Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

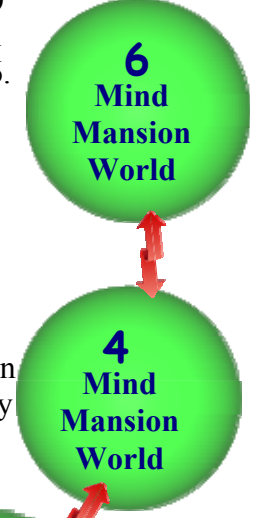
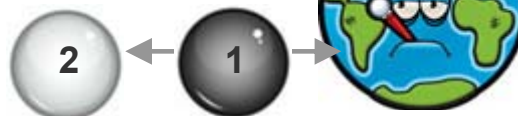
For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.

DEAD END
STOP

Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4th; with those having perfected it in the 6th believing they are gods!



1st Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



I'D TURN BACK IF I WERE YOU!

MANSION WORLDS

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1st Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.



↑ Earth

CREATOR
daughter and son

Avonal **Pair**

SPIRITUAL LEADERSHIP

SPIRITS OF TRUTH

LOCAL UNIVERSE
NEBADON

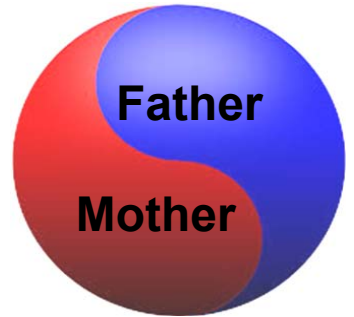
HUMANITY
OF
PLANET EARTH

Both the Creator and Avonal pairs are bestowals from Paradise and have Spirits of Truth which are released following the death of their physical bodies. The Creator pair is the co-regent of our local universe of Nebadon. They have set the pathway for the Avonal pair to show the way for Earth's humanity to heal itself of the Rebellion and Default. The Avonal pair's focus is one humanity, of Earth, whereas the Creator pair is for all of Nebadon.



MUM & DAD THIS WAY

GOD



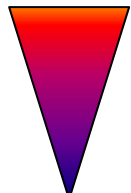
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.



Unknown number of spheres to progress through to reach Paradise.



Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.



INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.



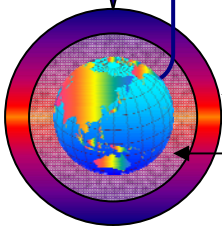
ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.



CELESTIAL HEAVENS are spheres 8, 9, 10.



Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!



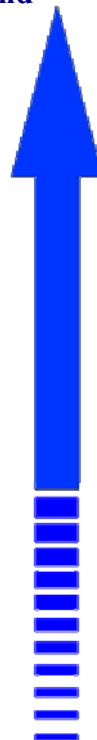
We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

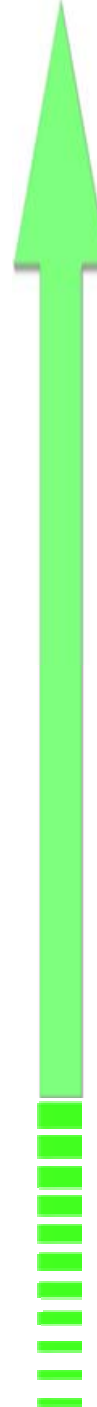
Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!



AVONAL PAIR



MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

9 May 2003

I will continue – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Your soul, as with all souls, can only be of love. They are, and can only be, of the same substance of their Creators. And even though there is a big ‘size’ difference in our souls compared to that of the Mother and Father’s Soul, still all that is contained within Their Soul is within ours, with the sole exception of Their Divine Love. This may sound impossible, for how we can be as They are, and surely if we were, then we would all be as They are, however from our observations and intelligent reasoning and deductions, this must be so because we are of Them. Fundamentally we must be the same, for as souls we are all ultimately expressions of Their Love, each reflecting just a slightly different attribute of Light, or attribute of Their Personalities. And even though there may appear to be a lot of difference within your order of creation and mine, and between our order of creation and time, and with all other orders of creation and time that are souls, still if we were to examine our souls they would all show the same characteristics. As a very crude example, all of you are of the same species but the separate races show very marked exterior differences. We can all seem very different with very many different outer characteristics, but still we all have a soul in common.

Soul is Perfect. If you want to try and define Absolute Perfection, that being which is only Perfection and can’t ever be anything else, then Soul is it. Hence our Heavenly Parents are Perfect, and they cannot be anything else. And as with our souls being created by Them, they too are perfect and cannot be anything else. And yet as you are learning through your experiences in the Rebellion, your perfect personalities can become corrupt, or denied their full and true expression, which makes you feel you are living against your soul’s perfection by being imperfect. And being that way, doesn’t make you feel good. So any bad feelings you have represents some level of yourself living against the true love and perfection of your own soul.

So currently being of the imperfect Rebellion, a rebellion against perfection, your soul is perfectly expressing you being imperfect in Creation.

So your soul is not imperfect, it is just being *stopped* (even though it is making and wanting it to happen) from fully expressing itself as its two personalities perfectly, and how it deals with this is it ‘waits’. It allows and orchestrates the denial and restrictions placed on it, they continuing while necessary, and yet still the core or heart of the soul itself remains untainted. The soul remains true within the Rebellion, it is not the soul that is rebelling, whilst its personalities are untrue. Your soul is making you perfectly rebellious, making your perfectly imperfect.

The Rebellion takes place on the personality level, and specifically within the mind, you use your mind to deny the truth of your feelings, the truth that would come from your feelings if you were living true to them and not under the control of your mind. And yet for you to be rebellious on the personality level, it requires that as part of what your soul ‘wants’ its

personalities to express. And it has to have both personalities being expressed in the Rebellion, if that is part of its Soul Plan. (So far from our understanding both personalities will need to be of the Rebellion so they can understand what they have been through, however we don't know everything about souls, and so that might change in future as people who've done their Healing have perfect children. So could a perfect child be able to have its soul-partner coming from the imperfection... I don't know. And for the time being we work with the notion that both soul-mates would have to either be imperfect or perfect.) So it can't have for example, one of its personalities beginning life in rebellion and the other incarnating not rebellious. However, should one personality complete its Healing before the other, then one personality can still be of the Rebellion whilst the other is no longer of it. And the soul always expresses its two personalities on the same world, so your soul-mate will be living their level of the Rebellion on Earth, and not on some other physical world in rebellion. So when you come together you'll have shared the Rebellion of Earth together, each of you having your own and different experiences of it. And so because of that, you'll be able to relate to each other, helping to bring you closer to each other than you would have if for example you incarnated onto different worlds. And then being incarnated on Earth, you can be in the same time living your rebellious life, or in very different times. You could be of the same nationality, even from the same city or town, or you could be from another part of the world and different nationality. It is all dependant on the needs of your soul, with those needs determining the experiences of its two personalities.

The restrictions on the personality level due to living in denial of the truth of yourself, living rebelliously against yourself, that happen to the souls expression, don't negatively affect the soul itself. All the 'damage' done to you by your parents as they induct you into the Rebellion and Default, occurs on the personality level. However often it's just said that the soul is lost, your soul is in pain, your soul is in denial, which for intents and purposes, you the personality being your soul, is right. Once your soul incarnates your personality into the Rebellion, you are lost: to the truth of yourself, to the truth of you being a soul, to the truth of the Mother and Father. And life becomes very difficult. Life would be very easy and an absolute joy to live on your world if it had not been taken over by the rebellious Evil Spirits, they subjecting you all to their evil and nefarious unloving ways.

The soul contains the memory and experience of rebellious denial of the truth, and waits for the time when it can release these memories through your feelings, or more truly, the light from these memories, back into you as you do your Soul-Healing, so it can move on and start to fully express itself again.

All the light from your experiences is 'kept' within your soul. Nothing is ever lost. You being the personality might not remember much at all, however on a soul level, your soul knows all you have experienced. And in a way, your soul then becomes all you have experienced. So the existential soul is also able to *experientially* grow. We say the soul grows and evolves, your soul is growing and evolving in truth, it doing this by growing in the light from your personality experience. And it is from the experiences of its two personalities, you and your soul-mate equally contributing to your overall soul's growth of light; and yet

you each experience your own growth of truth as personalities, which you relate to as your soul growing in truth, separately from your soul-mate. You both feel 'it is your soul' and yet you know the truth that it is both your soul. And once united, you will both increasingly perceive how it really is both your soul, even whilst maintaining individual personality.

If this sounds confusing, I will go over and explain it in more detail later. What I want to say is that you cannot damage or hurt or destroy your soul. You cannot ever stop it from being perfect. You, its personality expression, can do all sorts of evil things with the effect of all but cutting yourself off from your soul and living in darkness and torment, yet still your soul itself will not be interfered with. Your soul is as perfect as God's Soul is Perfect. All corruption you might experience and feel resides in your personality. Your soul will keep encoded as light all your rebelliousness, and your personality will express some of this evilness. You will be able to see your corruption because of being part of the Rebellion and Default, in your spirit and physical bodies, and in your emotional/feeling and mind subtle bodies that constitute your aura. People do things like 'muscle testing' in the physical body to ascertain spiritual, emotional, mental and psychological blocks that are 'recorded' as part of the personality level of expression. And through your Healing you will liberate all such repressed childhood feeling and emotion that is trapped within you because of such blocks. And as you bring out and liberate all such early childhood denied feelings, so the damage in your aura will be mended and adjusted with the aid of your Angels and Indwelling Spirit of God, however should you then need to experience deeper levels of trauma and denial, so your soul will liberate more of your unloving experiences and the pain from them, from the abuse of your parents, from the effects of their rebelliousness on you, and so your aura will 'fill up' with yet more repressed bad feelings and corruption for you to express through the next phase of your Healing. All the horror of being subject to the Rebellion, all the pain you've suffered and denied, doesn't all continue to reside within your physical body like many people believe, or within your subtle bodies or spirit body, like other people believe. Only the amount you need at any one time is contained and so expressed in your personality system, this being what people might call their unconscious or subconscious if they are not aware of such buried pain and trauma. The rest is contained as the light of your pain in your soul until it's time for it to be expressed back into the personality system, which happens through your Healing. So when you need more repressed pain to come into your system, it will come from your soul. So you might do self-healing work connecting with the truth of your bad feelings, and get to a point when you feel your healing has finished, which will actually be only a certain amount or phase of it, then to be sunk down into deeper pain that suddenly comes up within you. Your soul is the great 'storehouse' of all that you are, all you've experienced, even all that you will ever be. Your auric and personality system can only deal with so much at any given time, and comparatively speaking that is relatively little of what you've suffered. And everyone has and is suffering great 'soul-pain' because of being incarnated into the Rebellion, being subjected to it, parented by it, and having to become of it themselves, even if you feel you are very loved, happy and loving. Whether you are the most loved person within the Rebellion, or the least, you're still of it.

For the sake of simplicity and to give you a feeling about your relationship with your soul, it is commonly said that in denying yourself and living with evil intent you are denying and hurting your soul, and this is true in a relative sense to get a certain meaning, feeling and perception across, but so far as the actual truth of the soul is concerned, it is not true. I repeat, for it is important, the soul will remain perfect, it can't ever be evil, it can't rebel, but it has the ability to allow its personalities to live contrary to its true expression, and so to live in denial of it. As your soul is true and perfect, so the moment of, or just before, you incarnate, so you the personality are true and perfect too. You become untrue once you incarnate taking on the untruth. So because you and your soul are inherently true and perfect, it is true that you can end being untrue and imperfect and come back to, or 'find', your true and perfect self and be true and perfect. You can do your Healing, it is a real thing.

To orchestrate your personalities to reject and deny *you*, is quite something, even though of course we shouldn't subscribe such emotions to the soul, as the soul itself does not feel or experience the reality of life as its personalities do. Being personalities of our soul we live and experience all the feelings of life, not our soul, our soul is just soul. And yet we say our soul is in pain, our soul hurts or feels happy and loved, because we personalities feel we are also our soul, we are one with our soul. And really when you say you feel hurt to the core of your being, that your soul is hurt and traumatised, it is, as it is you, as you are your soul.

Experience is needed for love to be given and received. Experience is the 'food' of the soul allowing it to 'evolve' or 'grow' in light. If you do not experience, then your soul becomes what is called lost, stagnant or dead. Your soul cannot actually die, for it is neither alive or dead, so as with many emotive descriptions of the soul, you have applied your mortal nature to them, and for our purposes, many are very apt in conveying a meaning or feeling I am trying to portray.

How you know evolution to be, a sequence of experiences in which you learn things and feel you have moved or evolved further along in understanding, is actually not applicable to a soul, even though I just said it grows and evolves with light. A soul does not actually grow or evolve, it does not even change, however things do happen to it, and these things are to do with light. So saying the soul does evolve with light, means that within certain parts of it, it does change, and that gives rise to the personality feeling like it is changing and growing and evolving through its experiences. Which you then naturally apply to your soul, so it seems like your soul is evolving. So you say your soul is growing or evolving in truth, whereas really it is you on the personality level that is growing and evolving in truth, as the soul 'grows' and 'evolves' in the Light of that Truth.

A soul being in an existence in which there is no time or space, does however orchestrate its personality creations in Creation in an orderly sequential series of events in time and space. On the material level you are conceived at a very specific time to very specific parents and grow up very specifically with all happening to you with perfect timing throughout your life, and you die perfectly on time at your appointed time, and you move into spirit and carry on

living perfectly as you did on Earth. And all of this perfection is orderly orchestrated by your soul. Nothing can or even will happen to you that is not already in your soul, encoded as light as a part of its Being. Your whole existence is already 'in' your soul. Your soul is your total existence, and more! And so even though you may believe with your mind that you have freedom of will, it is a mere belief, as the true reality is that everything is already known and contained within your soul. So from a soul's perspective, if it were to have one, as I said earlier, there is no such thing as free will. For it is all there is, and everything just happens as ordained. Everything is perfect. Life is perfect; you are perfect, as is your soul. And so if you understand this, your current imperfection is perfect. You are perfectly living in denial and rebellion against your own soul, but really this is all going on in your own mind, for your soul is still expressing itself perfectly.

This then means that your denial, evil and rebellion has already been preordained and your life already mapped out to perfection in the negative, no matter how far 'off the rails you go' or how much badness you suffer and how much pain you are in. And it has to be this way, for if it wasn't then none of it, the good or the bad, would exist at all, and everything would be utter chaos. If you really did have complete freedom of will, and so it was up to your mind to do whatever it liked, whatever you liked it to do for you, and you had no soul at the back of you driving you along in Creation, then your life would be a complete shambles, particularly being in a rebellious state. And more than likely you'd have ended it because of the chaos you brought upon yourself. Imagine if everyone in the world was totally free to do as they pleased, there were no self-imposed rules, no manmade rules, what would become of you all? Imagine yourself if you could really do whatever you pleased and you didn't have to be responsible for your actions, you didn't have to make money to survive, you just did whatever you wanted to do, how do you think you might live? Take away the underlying control of your soul, and how might you be? So how you are and how the world is currently, is all exactly as it's meant to be so far as all the souls involved are concerned.

From the soul's viewpoint, where it to have one, the Rebellion is neither good or bad. It is just what it is. And as there is only love. And there is only experience of love, or expression of love. So your soul is love, and you the expression of that love. And all you experience is then of love. And then the denial of love you are now trapped in, is only and all contained within the mind and will attribute of your personality. Or you could even say that all of you being of your rebelliousness is still of love. The Mother and Father are ALL LOVE, so can only create with Love, so by Their wanting you to be and experience no-love, is still loving.

You are basically a 'living mind' whilst you live denying yourselves the truth of your feelings. All you do is heavily controlled by your mind. And in the mind, no love and the feelings of misery, rejection, hatred, anger, fear and so on are very real, making you feel very bad. And yet still pervading this negative or wrong mind state, is love. So you are lovingly negative. Lovingly of no love. The mind is not designed to be negative and so controlling, it has to be forced to be, and this is unloving. And so as you unwind the control of your mind over yourself, love will be there. True love has not gone anywhere, it has only been hidden or cloaked and not allowed to be a real and vital element in your life's experiences. You can

feel great love, however it will be still tainted by, and if not a product of, your rebellious mind controlling state.

Our soul does not experience emotions, as you being its Creation does. You feel a good or bad feeling, yet to your soul this feeling is the end result of either being allowed to express its love or not, to express its light or not. For the soul doesn't experience love how you do, only Light. Everything is Light to the soul, and you could even go so far as to the soul is light. And this light is the light of experience, the Light of Creation, or Creational Light; and it is Soul Light, the innate light of the soul. As you exist in Creation, as you are yourself, every atom of your being on the physical, subtle and spirit levels, are expressing or emitting light. And when all that light gets added together, you are one big LIGHT. And all that Light is continually being expressed into Creation, helping Creation to grow in the Light of Experience, and it is also moving into your soul. Your physical body is made of denser light, your spirit body of less dense light. The Soul of God is Light. And when personalities experience this Light, God's Light, and our own and each others light, provided there is no corruption of this light, provided you are true and perfect and not of the Rebellion, then you will experience this Light as Love. Soul Light, experienced as a personality, is Love. So love is light, a specific attribute of light. Soul is Light; and Creation is Light. The Mother and Father's Soul is the Light of Lights. Your soul is the light of light – your smaller version or expression of it. So light is always moving out from the soul into you, and from you back into your soul. It working something like a feedback system, which I'll speak more about later.

I will stop here for today James – Zelmar.

10 May 2003

The soul consists of light. Light you are familiar with can be measured being relative to that which is measuring it. Light, Creational light, light that can be found in Creation, can be analysed and characterised. The greatest Creation light concerning you all personally is that of Natural love. You are of this Natural love, so of its light, being a personality in Creation.

Light can be observed to follow certain laws, which can be known. Everything that is in Creation can be known by Creation. We can know everything about the Creation we live in. The Mother and Father have chosen to keep nothing from us. We are only limited by our immediate perceptions and our soul development. However as we progress in truth, so too can all the mysteries of Creation be uncovered, and this is the outer manifestation of discovering all the inner mysteries within each of us. The two discoveries go hand-in-hand, for as you are beginning to understand James, you cannot know the *in* without the *out* and vice versa. However you do need to know the inner first, to truly know the outer. Your world and society strives to only know the outer, with only a very limited desire to know the inner. And so the truth of yourself, and mostly of everything else, eludes you. You believe you are discovering the mysteries, but you are still only observing what is before your eyes

big and small on the outer. The real mysteries are to be found in the inner relationships you have with the big and the small, the most personal.

Everything in Creation exists as light. Everything is light, and manifestations of light. And this can only be so because the soul is all light. However soul-light is different to the light which constitutes Creation. And this is the biggest separating characteristic between the existential (soul) and the experiential (personality). They can be defined and separated by their light. So soul-light is very different from creational-light. And so far we cannot measure soul-light. However we can gather certain things about it by observing the mysterious effect it has on creational-light.

Creation's light exists because of soul-light. Without the light from soul there would be no light in Creation – no Creation itself. Everything that we, our part of our souls personality expression, exist in, is governed by and held in place and exists directly, because of our soul's light. Everything that emits light in Creation exists because of soul, and everything that is of static light, exists because of soul. You are made of light, your material body through to your spirit body. Your mind, your feelings, your thoughts, all your emotions, imaginings, your consciousness, all that constitutes your personality, is made up of light, and it all exists because of your soul. If your soul stopped 'shinning' its light into Creation, it would cease to create you, and so you would not exist as you are.

A rock and microbe, a gene, a sub-atomic particle, all exist because of soul, and all would not be if soul was not lighting their existence. So soul is cause. You and Creation is the effect. You are the effect of your soul-light. So everything that you are is governed from and by your soul. Your soul comes first. It existed before you as you are now. You were of course your soul and only your soul before incarnation, but from the moment of your incarnation you existed all because of your soul.

Your soul shone its light into Creation at your conception, and you existed as a personality expression of your soul, you came into being, you started to be the living expression of the light of your soul. And you will continue to be so long as your soul continues to shine its light into Creation. Which we understand will be for all eternity... which is a rather incredible thought to hold in your mind.

Your soul exists now in a realm all of its own, and with all other souls, and the Mother and Father's Soul, and then somehow light comes from it into Creation that exists in defined space and time, and it brings you into existence. And so wherever you are in Creation, from this specific place on Earth, next door, on the other side of the world, in spirit, in the middle of the Universes, on Paradise, your soul is still with you and you with it. You cannot be separated. And it is immediate. You are your soul. If you were to go into yourself, deep into the real heart of your being, and then even further in through your will, you would in theory find the boundary between Creation and soul. And you would be able to look into your soul and see all the light, a great star of light, streaming forth into Creation and forming you.

As you aware from science, all the genes on your chromosomes keep you as you are in the physical reality, and these genes are all that is needed as the parts from your parents to 'create' you, but still science does not know how or why these genes are activated. They are learning various laws, creational-laws, but will never be able to see the real cause behind their activation because this is done by light from the soul. Light from your soul activates each gene, and even very specific parts on the gene, or within the gene – gene activators; and a very specific light comes from the soul into each of these gene activators, and together this is how your soul keeps your mortal form in material Creation. And at the same time your spirit body has similar spirit 'gene' activators, but these are not physical genes of course, they are of spirit material. They are nonetheless also inherited from your parents, and by all accounts display many things in common with physical genes. And in fact, it is the other way around, with the physical genes following the pattern of the spirit genes, as the spirit body is actually dominant to the physical. And then in response to these spirit genes, I will call them, light sensitive points, come all of the subtle bodies that go to making your mind and feeling systems and the inter-connecting subtle bodies that lie between the material and spiritual, or higher and lower bodies. All that commonly constitutes your aura.

So, if you can imagine how many cells your physical body has, and therefore how many genes, and then even more light activation points on the genes, and then add this to all the similar points on your spirit body, and it has even more than your physical; and then even very specific light activation points on all the intervening subtle bodies; and even more to do with your will and your higher circuits you are not aware of; and even other things all too numerous to describe that constitute your personality... and then to understand that all of these minute parts of you are all sustained in perfect unison and harmony simultaneously by your soul! So if you were to analyse the soul from your light, you would see it was composed of countless numbers of lights, all with a very specific purpose and destination in Creation. And together this all keeps you going without your need to know anything about it. And this is truly the greatest wonder of the universe, other than the Mother and Father Themselves, as to how our souls maintain us in Creation.

When it is spoken of as 'harmonies of light' or 'symphonies of light', your soul being a star or sun of light, then as to the coordination of you in Creation by your soul, this is the greatest composition ever made. It is truly a wonder to try to conceive of such a thing, how the soul, your own soul, is now bringing forth countless lights, all which are activating you into being and keep you going, all providing you with the elusive 'spark of light' you call your spirit. It is astoundingly incredible, let alone then extending your mind out to include that this is the same for all of us – and even the same for the Mother and Father's Soul that is the orchestrator, the Great Conductor, of us all. And if as you know creational-light to be, soul light also had colour and sound expressing its vibration, then what an incredible loving sound your soul would be making all the time, and what beautiful loving colour!

When people using their inner Second Sight can see into the inner higher realms seeing spirits or the spirit body as just a star of light, then this is the truest representation or the

closet you can see and imagine the soul. A star shining an inconceivable number of lights, and each separate light ray can in theory be distinguished and separated from its neighbour, shining into Creation sustaining your moment-to-moment existence. So when you look at the physical sun shining its countless amount of light, its countless number of sun rays, all of the different frequencies, and how that light is needed to sustain all life, including yourself, on Earth, then you can appreciate how everything about you in the physical is an expression of everything that soul is. So we look at the material sun and imagine how many separate light units or rays does it consist of in any one instance, beaming its seen and unseen rays and life force out through its localised part of Creation, and that is amazing. And yet this is still a very poor comparison compared to your soul. Imagine each sun ray hitting each little part of a plant cell so that the cell can capture its energy and use it to make what it needs for its survival. And how many such plant cells does the sun sustain on your world alone? And what if it was to service trillions and trillions of plants on other such earths. And your soul sustains you and your soul partner; and then other things – higher experiential personalities not known to you, but which function as a part of various collectives, including the Supreme Being.

Within each soul is the pattern for you and your life. As to why your physical body looks as it does, how many cells it contains, what type of hair and eye colour you have, how your mind thinks, what you feel and how you express yourself, why you get that itch where and when you do, and how you scratch it, all of these things and everything about you that reflects your unique individuality, comes from the light-pattern in your soul. Encoded within your soul (and encoded is a very crude word to express it but it conveys the feeling I want) is all of you patterned in light. Your complete design is in your soul, and so even starting before conception, on the higher inner levels of Creation you start to form, all leading up to your physical and spiritual conception, and then your soul activate the genes it does, all in accordance with its inner light pattern. And so it can be said that Someone ‘planned’ you as to how you are to be, right down to the ‘nth’ degree. And then you were ‘put into’ a soul, or your soul was ‘made about you’, or you were ‘contained’ as a pattern of light in your soul and came into being upon your soul’s creation, and now your soul is bringing that pattern, you, into being. And as to how the Mother and Father have planned us all, and all our soul-light patterns, to make us just as we all are, is universally a very big question. How does Their Soul create souls? It is too unfathomable to even contemplate, and yet many spirits love speculating about it. Everything in Creation is ultimately created by soul, but what creates the soul? And what created our Mother and Father’s Soul, how did it come into being... or did it even come into being, perhaps it has always been what it is? And it is speculated as to whether we will ever know – will our Heavenly Parents tell us one day how They created our soul, and how Their Soul came to BE?

The pattern that is your soul contains all you will ever need from the moment of your incarnation to the eternities of time. And as no one has any idea what the eternity of eternity means, then no one can fathom how in one’s soul is the pattern of all one’s existence.

And as I said earlier, we are to come to accept that all how we are, all how we've been, all that has happened to us, is happening right now, and will forever happen, it all contained within our soul. You might castigate yourself for making bad decisions in life, and yet those bad decisions are exactly what your soul wanted you to make, as it made you make them. And then you might wonder, why did it make me do the wrong or bad thing, and that is where uncovering the truth of yourself, of your soul, through your feelings, comes in, which will start to happen as you do your Healing. Through our feelings, in theory (and I say 'theory' because no one has as yet done it, Creation still being relatively young), we can uncover the whole truth of ourselves, the complete truth of our soul, so know why all that happens to us, does. However, not all truth comes at once or when we might like it to come, although in the fullness of time it is said that we will know all.

To our minds of sequential time and space it is very hard to grasp that we are destined to exist for all eternity; and then to even consider that there might be an end – and if so, why? It is hard to grasp that there may never be an end, as we are all used to a beginning, middle and end to our experiences. However on the soul level of reality, there is no beginning, middle and end, so how it 'relates' to you now is just as it will relate to you forever, even though how you will relate to it will always be changing.

We do know that we have had a beginning, as in our first moment in Creation, and at this moment our soul-light pattern started to unfold, bringing us, or creating us, in Creation, and so it will just continue to do so. So in a way, from a possible soul point of view, it is always beginning our existence in Creation, we are always being created.

And then to consider that it is not a random start or set of life experience contributing to each moment, but is all happening according to a very precise and specific plan, raises many questions in one's mind as to what the Father and Mother have in Their minds as to what it is all for and all about. Why do the Mother and Father exist? And why have They brought us into existence with Them? And if They create our soul, who created Their Soul? Where did They come from? How did Their Soul come into being as SOUL? And we only know Their Soul, and yet what if there are other Mother and Father Souls creating other Creations? Or is there only Their Soul; and if so, why is that? Such perplexities entertaining many a spirit's mind.

Our Heavenly Parents are a continual fascinating study, and as Creation unfolds, we get little glimpses of an ever increasing picture and our roles in it and to come. And as we are all specifically looked after, and having every moment filled to maximum capacity of experience, so the whole adventure is completely captivating and entirely thrilling.

11 May 2003

Soul being existential is completely 'happy' and 'loving' of itself just being soul. It does not want anything, nor can it feel dissatisfied. It is only as it is, and the best description is that it is soul. Soul is soul. I know this might sound obvious, but how can you describe something

that is perfect just as it is, something that exists outside of our levels of observation, study and understanding? What really is soul? We don't know. We can only observe its relationship with that which it creates. We can only look from Creation being the results of it and try to identify what we see, feel or perceive. One cannot hold or obtain a piece of soul and examine it. You can do this with all of Creation, but not with that which created it. Within Creation it appears that certain things can be created by Creation itself. For example, **my order of beings were brought into being by the action of the Jesus and Mary Magdalene, coming together long before they began their universal bestowals**, but still if I did not have a soul, just as you do when your parents come together forming you on the physical level, then nothing would have happened. **Mary and Jesus couldn't have created our order without each of us first having a soul.** You may be able to bring some clay out of the ground and mould it into a pot for your daily use, yet if behind the actual existence of the clay itself, and all the laws of Creation that allow you to do such a thing with the clay, was not soul, then it would not happen. And there are souls functioning on your reality that are not creating mortal life. **The Mother and Father's Soul is with you, as are the souls of other existential and experiential Soul Deities.** Lots of different souls are helping to bring into being and maintain in existence life as you know and experience it. It is not all just up to you; and as you are aware that you are a child of your Heavenly Parents, then this means that your souls are the real 'children' of the Mother and Father, and as to how literal we can take this we still don't know. However, it does seem likely that They brought your soul into being as one of Their *children*, and so your soul will always be as Their child.

But what does this mean; and can we apply the mortal understanding of being a child that one day becomes a parent, to this? Is it the destiny of the ascending mortal soul, for men and women, to one day become as its Parents are, and for you to become Gods yourselves in the eternity of eternities! And this then begs the question: well if this was to be so, were our Heavenly Parents once children souls of Their Parents, just as you are now Their children. And is there other Soul Parents like ours, with Their own Creation and Their own soul children as we are? We don't know because we are confined to 'our' Creation, however it seems like our souls exist in a complete self-contained system. And then we wonder: does our Mother and Father communicate with other Soul Parents? Where does it all begin or end; and unless They want to tell us, even though They assure us we will know all in the end, we don't know. So we live our experiences growing in the truth of them, eagerly awaiting the hidden mysteries to be revealed.

So you see, each and every experience you have is vital to you being able to know yourself and your Heavenly Parents. And from Their love for us, what They ask of us, is to be as perfect as They are Perfect. If we are to be as perfect as They are, then it can surely be assumed that there is some purpose for this. A twofold purpose: a reason for Them, for if there wasn't any reason, why would They want to bring us all into being; and a reason for us, to exist. Or can we just contradict this and accept that there is no reason and it is all just soul and what we call love, love being the optimum expression of soul-light, that light which makes it all seem and feel real, as it makes us all feel good. And that's it, SOUL, and we'll

never know all the mysteries; because after all, perhaps they are unknowable to us personalities of soul.

Why I am presenting such universal quandaries to you is to show you firstly that such thoughts do exist and they are natural. Everyone should want to know why they exist and what are all the associated reasons for it, what was the beginning and is there an end. And secondly I also want to show you as we proceed through these writings, that each of these big universal questions is directly relevant to your life now: why do you exist, why did your parents bring you into existence from their side of things; and now that you do exist, what do you exist for? These questions will come up during your Healing, because living in a rebellion such that you are, your fundamental feelings as to why you exist are non-existent, for they cannot be present whilst you are not of complete and perfect love.

You are currently living an experience, one phase of your existence, that began at your mortal conception and will end upon completion of your Soul-Healing and at the Celestial level of Truth, either whilst you are still of flesh or sometime in spirit. Your soul has within it the pattern for you to begin in Creation in a system of no-love, and one of anti it and its Parents. You are beginning your eternal existence opposite to love, truth, beauty and goodness. You are beginning life in Creation by living against all that Creation is of – Love. You are rebelling against the Natural Laws of Creation, and so against Natural love. You are evil, unloving, rebellious, wrong, bad, doing all you can to keep denying yourself the truth your soul requires you to see through your feelings. And your soul is perfectly guiding you through it all. Your soul is orchestrating to perfection your rebellion against it. It being what the Mother and Father want you to experience.

They want you to become of the evil, of the Rebellion, and to use your mind to control your feelings by keeping you in your rebellious state, all so you can experience living without true love, without feeling truly loved from your first moment of conception. You are living an anti love and anti truth life. You are to know how it feels being untrue, wrong, living against the natural flow of Creation. You are to feel all your bad feelings knowing that you have them because you don't feel fully and truly loved. If you are not properly loved, you feel bad, hence all your bad feelings. And you can use your mind to pretend and convince yourself that you don't feel bad and do feel loved, however at some point, when you start to do your Healing, you will have to come clean and start to wake up to the truth that you only feel bad because you don't feel loved.

And more importantly: you feel bad and don't feel loved now as an adult, because that's how you felt through your childhood. You formed into a loveless life, a life devoid of truth. And as hard as it might be to accept, the truth of your feelings in time will show you it is true, because it can't be any other way being a part of the Rebellion and Default, which are against Truth and Love. Because that is what a Rebellion is. And you will have to accept my word that you have been conceived into Rebellion and things are nowhere near as good as you might think they are.

You can read about the Lucifer Rebellion in *The Urantia Book*, and I strongly suggest everyone does – ideally your whole world needs to know, and then needs to find out for themselves if it really is true that you feel bad because you don't actually feel truly loved. And if you weren't of a rebellion by default, then you'd not feel bad.

My order of being has not rebelled, we are not part of the System Rebellion, nor are we a part of the planetary Default, and so because we are still perfect, we always feel fully and truly loved – by ourselves, each other, by our soul-mate, and by our Mother and Father. And because we feel truly loved, we never feel bad. We don't have bad feelings. So when you compare us not being of the Rebellion and we being wholly loving, to you who are of the Rebellion and are wholly unloving, you have bad feelings and we don't. When you are fully Healed and of love, you won't feel bad as you do now.

So the Mother and Father created the Rebellion and Default for you to live in. You want to say God is good and Satan or Lucifer, the Devil, is bad. But God has created Satan and Lucifer who are the Devil. And why would God create certain of Their creations to rebel against Them? The reason being so you can experience first hand what not feeling loved feels like, and not living true to yourself, which you'll be able to compare to feeling fully loved and being true when you're healed of the Rebellion. So then you'll know both sides of the coin: the truth of not feeling loved; and the truth of feeling loved. Which is a far greater range and depth of experience that you will live, compared to the likes of my order who only will experience the truth of love.

God does it all; God's Soul is doing it all. And all for reasons which you will one day uncover through your growth of Truth. Why God wants you to become of the Rebellion, then to wake up to the fact that being of it doesn't actually make you feel good and loved, and then to do your Healing of it, will all become apparent to you one day.

So, this Rebellion was as destined as every other thing is, and so being from a Soul of Perfect Love, this rebellion in a soul sense is not bad, and is also of love. You can't have bad and no love in Perfection, perfection is perfect love and only good. And so with God's Soul being Perfect, so the Rebellion and the Default must on some level be good, and even perfect. And although you experience it as bad and unloving, on your soul level is it good and perfect for you to experience, it's even very loving for you to experience no love and being anti Truth, living against yourself and your Mother and Father, because it's all what you need to make you become the full expression of yourself. You would not be you if you were incarnated into a rebellion-free world, as obvious as this might sound, however I hope you get my meaning.

Your Mother and Father are loving you through your rebellious state of being, all because They want you to fully experience the Rebellion and Default, all so the experience will have a desired impact on you, that which They will reveal to you in time. So you being in the Rebellion and of the Default, as much as you might hate feeling trapped in it and unable to do anything to end it other than doing your Healing, it is still vital and very important for

you to experience it all as you do. You have to experience all of it as you do, so as to become all of you that are and will become. Your personality expression is designed to come into full fruition once you have started your life denying so much of your personality expression because of being in an unloving truth and personality denying rebellious state. So every bad feeling you deny is important for you to deny it, adding to your mind's control over you; just as every bad feeling you accept and express out of yourself through your Healing, is very important for you to feel. Every moment of your life is very crucial to your every next moment, it is all extremely important, and all because it's all what your soul wants you to experience.

To accept that the Rebellion and Default have occurred out of love, just as all Creation does, then we can see that it was love that the Mother and Father had for those who started the Rebellion. And having such love as They do, they have not interfered, and continue to support it and all who so want to be involved, and will do so until it ends. And the Rebellion against love, truth and spirit, does have to end one day, because all that is imperfect has to cease to exist as ultimately there can only be perfection. So the Rebellion is perfectly imperfect, and one day will have to end so all imperfection can come back into perfection.

The Rebellion, so far as the soul is concerned, is still a loving act, as it is all a part of its pattern, but the Rebellion to you the personality does not feel loving and is experienced as the complete opposite of love. So the feelings of the Rebellion are confined to the experiential personality part of you, and even though you will feel hurt to the core of your being, this does not stop your soul from being loving. And when you do your Healing, you will be bringing out all the bad and unloving parts of yourself so you can see the truth of them, and when that truth is known, then you'll cease being unloving and move into becoming back to that loving perfection of your soul. The aberration of you living rebelliously is only for you as the personality to experience and deal with, it all being driven by your soul, and with your soul remaining unaffected by it.

One's soul is impartial, it is just loving, and its love you feel by still existing. If one's soul stopped being love, it would not create and you would cease to be. The soul itself does not feel or even experience as you do, but something happens in it that tells it to keep creating you, and this we understand of as being love.

So far as we can tell, the soul 'shines' its light into Creation, and then the experience of that which it creates does itself generate a light, which in turn is passed or 'shines' back to the soul, enabling the soul to know that the desired experience is being lived, and when it has been lived, that the next experience is required.

We observe this relationship between the existential and the experiential, for if it were not so and the soul just sent its light continually into Creation and did not rely on feedback as to how its creation was going, then we cannot see how our having free will would be of any use or value.

The soul shines its light into Creation, and creates. In this act we can see love being imparted as in this light moving the elements of Creation into one form or another. It is love, a loving action, for there is no other explanation for it. It is the wonder of love. That a light, which is not a force of itself, yet comes into Creation and brings about a consequence, is loving. To create anything, love needs to be present, or else it cannot exist. All that the soul brings forth is done with love. You may not be in a loving state when you bring forth new life, but for that life to begin its incarnation, love comes forth from its soul. The act of incarnation has actually nothing to do with the state of those who originate it in Creation, and is all determined by the soul. So you can be born into a rebellion with parents more or less unloving, and even completely of hatred and actively rejecting love, and yet still a child may be conceived and started in life. And this is because the soul is only concerned with you. It is the relationship between it and its Creation. It is not concerned with your parents' souls and their relationship with their created personalities.

Souls need each other on the creational level so as to generate the necessary experience to enable their pattern to continue to unfold. So you feel love towards one another, and a need to be loving and loved, so that you can be close and therefore help one another have experiences. It is impossible to exist entirely on your own for any length of time, because ultimately you will run out of experiences. You can have things to do all day long, and doing these things by yourself are still experiences, but deeper experience can only come through the personal interaction of personalities. And when you interact through feelings, expressing how you are feeling, you are able to connect deeper than when you just relate to each other on a mind level. Doing things is time-in-between interaction with another. And you can do things with another, however **it's the personality interaction, the experience of you doing the things together, that is important**, not the actual doing of things or what you get done. And interaction with another is itself maximised if love is present. And if not, then it will be minimally experienced, even to the point of even though you are together with another person, **if there is not love between you, then you may as well be alone**, for that is how you will experience it.

Many of you feel bereft of fulfilment, and what you are seeking is love. And it's all the love you didn't get as a young child. And you will continue to desperately crave and yearn for such love, but it will not come to you until you've first come to terms with your denial of love through your Healing. Once your Healing is complete, you will feel loved right back through to your conception, as if you were truly loved. If all the love you need is present, then you will experience each other to the maximum, and you will be fully expressing yourself feeling good, happy, fulfilled, loved, and full of life's purpose. When no love is present, then you don't feel good, and feel rejected, angry, bad, scared, miserable, and unfulfilled as though you don't really matter as to whether you are present or not in the interaction. You feel of no account, and you start to wonder why you bother at all. And this is what you should feel when no love is present, because you are not fully experiencing life, and so your soul is not receiving the full light it needs from the loving experience to be able to move on and bring forth the next part of its light pattern.

The soul does not just function mechanically. It does not have a mind or feelings, or even will, but it does have a relationship with light, its own light and light from Creation, which we know very little about. However there are some things that we have observed, and it is these things that I mostly want to write to you about James.

The soul so far as we can gather, does not have intelligence as a separate attribute as we experience it, but it does have some awareness of itself and of its personalities, both before it incarnates and once it has begun its personal relationship with Creation in the form of you. Many of these things are very hard for us to try to communicate to you through your mind. In spirit we circumvent the mind and use direct soul perceptions, which give us another dimension of communication outside of and independent from the mind. I will try to do my best within the limitations imposed on me to pass onto your mind what I can, and as you ponder what we write together, new meaning I will be able to pass onto you perceptually so that you can get a better feel for what I am trying to convey.

As I said, the soul is self-contained, self-loving, and not needing anything... or does it? Why does it create? And does it have a need within it to do such a thing; or is this just a part of what being a soul is? Anyway, we do know souls exist in **'soul land'** before they begin their creation – before you are incarnated. As to how long they have existed, we don't know, but as time does not exist for soul, it is no doubt irrelevant to them, however at some point somehow they know it is time to being their incarnation of personality expression. As to how and when they know, we do not know, but it seems that they are guided somehow and we suspect that it is the Mother and Father, either together or perhaps separately, who does this. And the soul is always perfectly ready, and begins perfectly on time, and that time is its time.

From humanity's experience, as to whether the woman conceives or not, has until science has started to encroach and take over, been left in God's hands. You may receive some precognitive knowing that conception will or has just happened, but for many women they are ignorant of it until other physical and emotional signs signal that the pregnancy has begun. **Conception might seem like a hit or miss affair, however I assure you it's all perfectly orchestrated by your soul.** We here in the local universe are given the details of time and places of all conceptions, including the spirit's name and number of their personality being incarnated by their soul. Your personality, you, so far as universal records are concerned, have a specific spirit name and spirit number. And through the Healing of your soul as you do your Soul-Healing, or when you have finished it, you will be told your spirit name and number. Many spirits once they have attained a Celestial level of truth prefer to use their soul-name, giving up their earthly one. They feel they want to be known in the Universe by the name their Heavenly Parents bestowed on them, having long since given up all connections with their earthly parents. **The information about you and your soul is passed down from Paradise a long time in advance of your incarnation, including your precise time of conception and death,** along with other necessary pertinent information we might need to know about you, such as, the circumstances of your conception and death.

We have currently at our disposal details of souls who will incarnate their personalities well into the next Planetary age, and some even beyond. Such information is needed so as those in higher administration positions can begin to prepare for what is to happen on the material worlds, with all of this foreknowledge given to us as a direct expression of the Mother and Father's Love.

And under certain circumstances, such information can be passed through to the material worlds as prophecy. Knowing certain things in advance is actually a specific part of an individual, and of humanity, and so if required can be utilised to provide all necessary experiences resulting from it. You might think to know the future would be a bonus, beneficial so you can avoid any pitfalls, however it can also be something very difficult to live with, always working to try and fit in with what you know about the future, instead of just letting the future come to you. Living in the moment and not knowing anything about the future, and then living knowing certain things about the future, both present you with valuable life experience.

If you were not living in Rebellion as you are, you'd have far more to do with the future and in the right way; however as it is, much of what is told to people regarding their's and humanity's future needs to be distorted or just wrong because it has to be in keeping with the restrictions imposed on you by the evilness. Look at how many people through the past two thousand years have lived looking to the prophecy in their holy books; look at how many people have their lives conditioned and governed in one way or another by such prophecy, and then how much of the forecast future actually comes true and how much is open to interpretation and how much never comes true. This current Age of Mary and Jesus is one involving a lot of prophecy, all of which effects the whole world both consciously and unconsciously; and yet such prophecy when told to humanity was done still in keeping with the tenets of the Rebellion, so not all of it can be counted on as being what your future truly holds, because a lot of the prophecy has to reflect the corruption of the Rebellion, turning out to never happen or to happen in a different way than what you were told.

The specific time of your incarnation was known well in advance; and sure enough, just as was predicted, it happened right on time. Your parents, James, were ignorant of your precise incarnation moment, however we knew, we perceived your soul to begin your life in flesh.

To us spirits in spirit who are permanent residents on spirit worlds and spheres and don't incarnate on a material world like you do, beginning as flesh and blood and going through many changes as you progress toward Paradise, we need no experiential faith as you do as a part of fulfilling your souls needs. We see that that soul pattern will be fulfilled as it has been given to us. We do not see all the daily intricate experiential details of your life, but we see and can perceive all we need to. So we know all you'll go through. Life as you see it, is not just a random thing for you to live how you want to live it. Even though you do have free will, and with that will you feel you are wholly in control and it is all up to you, still it is all known as to what decisions you will make, it all being fully orchestrated by your soul. So your soul has the pattern of your rebellion already in place and it is making you live it.

You are not on the world with a choice as to be evil or not. You've had no say in it, you were created to be incarnated into an evil world, one fully in Rebellion against the truth of love, and against yourself. You are all evil, until your soul moves you to do your Healing, so as to end your rebelliousness. **Many religions claim that by believing in them you are no longer evil and are fighting against it, but you are just as evil being in your religion as not being in it.** And you can believe you are fighting against the Devil, Satan, Lucifer, the Evil Ones, evil, all you like, however until you start doing your Spiritual Healing, you are doing all your so-called fighting whilst still being evil. Your great 'free will choice' you all have now, is whether or not you continue living in your evil untrue ways, or whether you start doing your Healing. And really even that choice will be made for you by your soul, for when it's time for you to begin your true Healing, you will decide to do it.

Free will is therefore only an attribute of your soul's creation, of your personality. Your soul does not have free will, it is soul-will and that will is fixed and is best seen in the Mother and Father's Will. When you are fully in harmony with your soul, then you will be living fully your 'souls will' which will be in effect fully expressing your soul-light pattern and this will be doing the Will of your Heavenly Mother and Father. And to align your will with Their Will, to be true to your soul's will, can only happen once you've freed yourself from the Rebellion and Default by doing your Healing.

The religious people who believe they are 'Doing God's Will' simply because they are adhering to their religious beliefs, are incorrect. They are still doing the will of the Rebellion, the will of Evil. However in the larger context, that too *is* actually doing God's Will because the Mother and Father want such people to live evilly being part of the Rebellion and believing they are living God's Will. So in one way, you are always living God's Will, for how can you not be living it when you are Their Creation doing always exactly all They've created you to do.

And then on the level of personality, you have the freedom of choice and so do need to want to live true to God and do Their Will, which you can achieve by doing your Healing. So do you see, there are different levels of relating to such truths and levels of being, all of which you are to live, negotiating your way through as you come to terms with the truth of how you relate to them. To want to live and do the Will of the Mother and Father, is therefore achieved by living true to the will of your own soul, Healing your untruth, which means living in the moment completely free and responsive to all the feelings you have that inspire expression, and to all the thoughts you have that make you want to do such things that will make you feel good, loving and loved.

And as you do your Healing, slowly you will be unlocking the controlling influences of your mind and coming back to being able to live spontaneously with your feelings and thoughts. And these will be free in themselves and not controlled by the negative behaviour you learnt through childhood, so you will be able to freely and truly express yourself, your personality in full. When you are living this way, equal to the Celestial level of truth, you will be naturally doing the Mother and Father's Will for there will be nothing else you can do, as you

will be living and breathing in complete harmony with your soul-light pattern, and you will be expressing your soul in each moment as fully as you can. And then you will feel with all your personality circuits, positive, loving and loved, happy and good. You will not feel as though you lack purpose, and you will not feel angry, ugly, miserable or a useless waste of space. You will positively fill up all the space allotted to you, and you will feel that you know you are purposeful, even if you can't exactly put what that means into words all the time.

When you feel fully aligned or at-one with your soul, you will also feel fully at-one with yourself and with no interfering bad feelings, you will know that in each moment you are living the loving destiny truly created for you by your Heavenly Parents. Currently, even though you are doing what your soul-light pattern is telling you to do, that being living in a rebellious way, because of this rebellions state, you are stopping your soul from having the necessary light it needs from your experiences. And because of this, you feel unfulfilled. When you are not inhibiting your soul, keeping light from your experiences from it by living untrue, then you will feel fulfilled, free and full of love.

However, while you are actively denying your soul its vital experiential light, it cannot move on in its fullness, and some part of its expression is then denied. So in your rebellious state, you are not expressing your soul or yourself fully, by denying many feelings and not wanting to know and so live the truth of them, you are living in denial, which means, denying your soul its full expression of light. And all of that makes you feel all your bad feelings. And it's why you feel unloved.

When you are living true to your soul in a loving, perfect and true way, you will feel fully loved and be wholly loving. So whilst you're still of the Rebellion and Default, no matter how loving you might feel you are and how much love you might feel you are receiving from another person, it will still be well short of all the true love you will experience when you're no longer of the Rebellion, when you are no longer living rebelliously against your own soul by denying it the light from your experiences it requires to make you feel completely loved and be fully loving. You are living in denial of your soul-light, so denying it and stopping it bring about new and higher experiences you need, and you are denying your soul the light from these experiences. So truly are you living in denial – denial of your own soul and your own true life. If you were true and perfectly loving, you'd not be living the life you currently are, as you'd be free of the negative and unloving influences of the Rebellion.

Zelmar. (a Melchizedek from within our local universe of Nebadon)

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

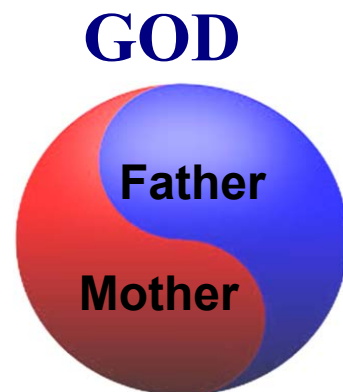
We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

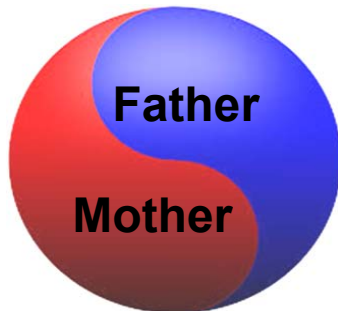


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



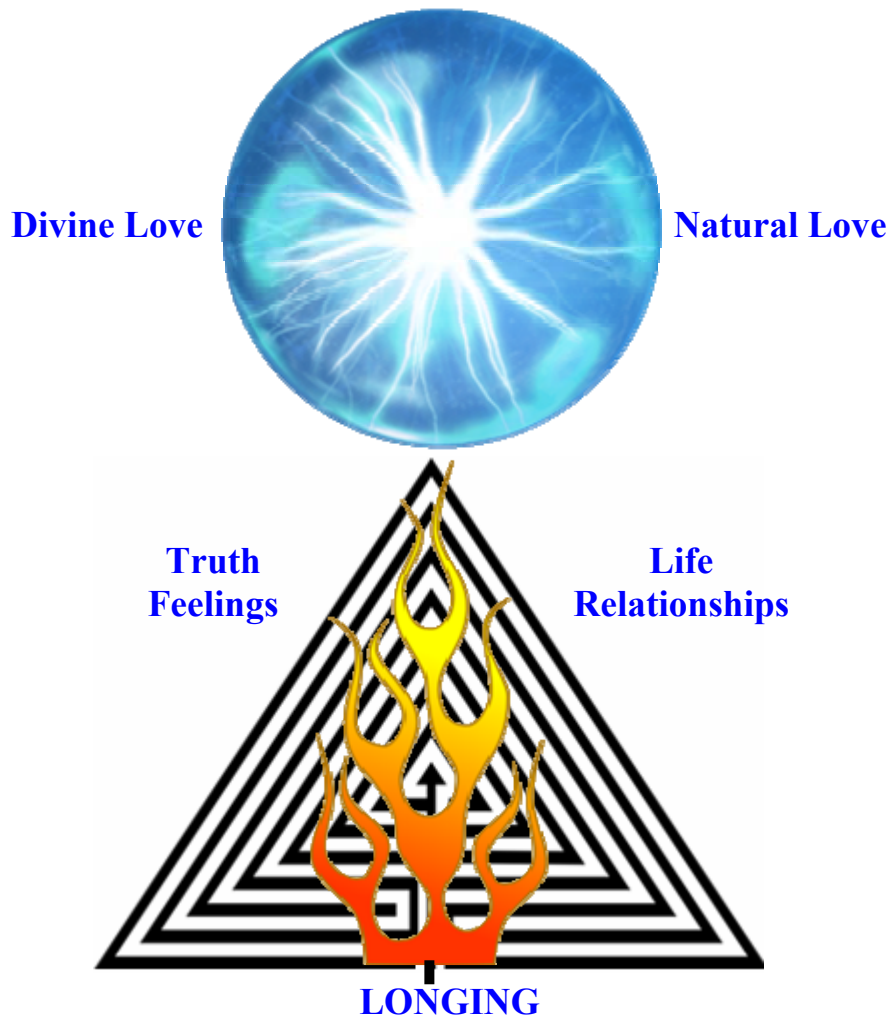
HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

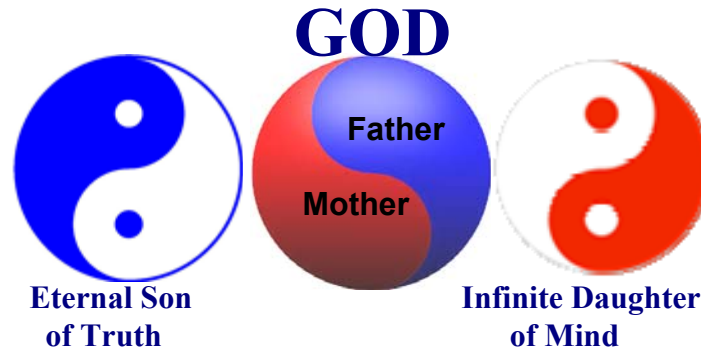
Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

HOW TO GET TO PARADISE:**Long for the Divine Love****Long for the Truth****Long for the truth of your feelings****Don't deny any feelings: accept, express and want to know the truth of them****Know your feelings are the key; your feelings are the Way****Want to end your falseness and being untrue****Want to understand the truth of your early life****Use your surface feelings to move deeper into yourself, bringing up your repressed feelings****Want and long to know the whole truth of yourself****Want to do it all with God, your Heavenly Mother and Father – long to Them for help.****The Key**

Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soul Partners)
 2. **ETERNAL SON (ES) – Divine Truth**
 3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

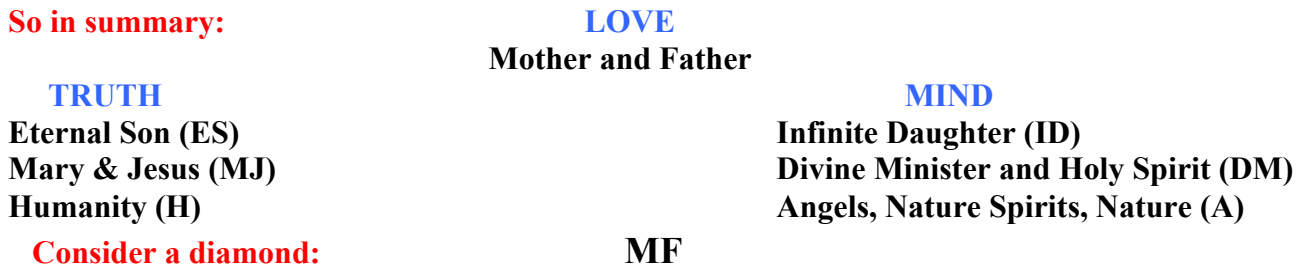
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

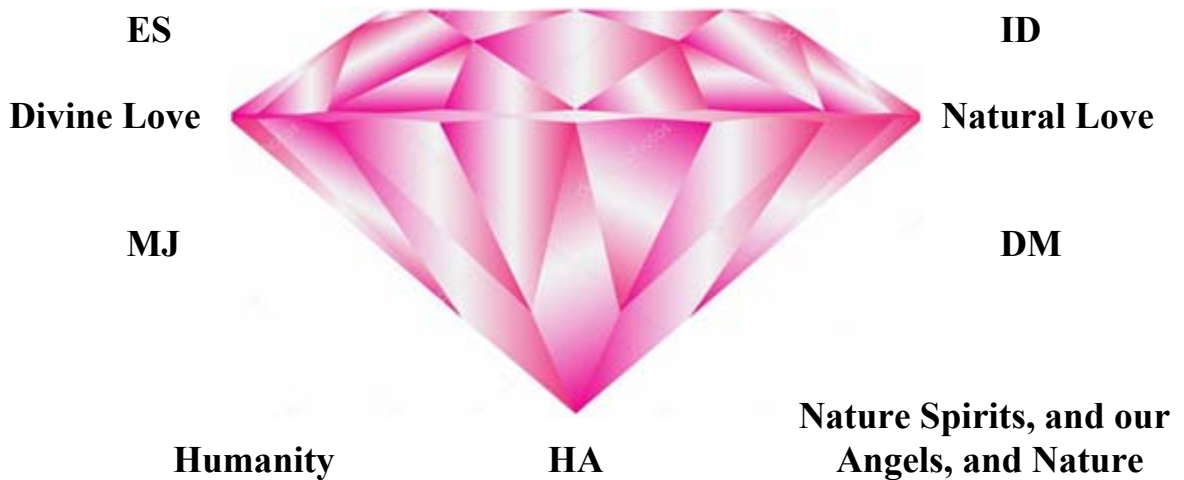
PLANETS that engage in REBELLION:

1. **AVONAL SOUL PARTNER PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soul partner pairs

Trinity Teachers
as soul partner pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soul partner, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifer, Satan, Caligastia and Daligastia soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soul partners when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: an Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

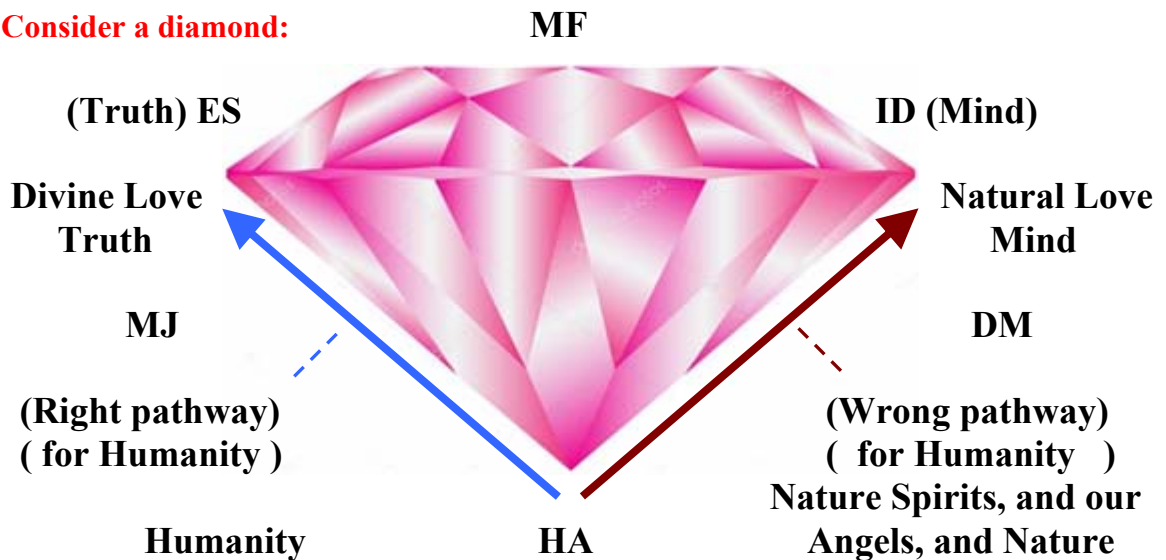
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

TRUTH PATHWAY

MIND PATHWAY

Mother Father (MF – God)
Eternal Son (ES) Infinite Daughter (ID)
Mary & Jesus (MJ) Divine Minister (DM)
Humanity & Angels (HA)

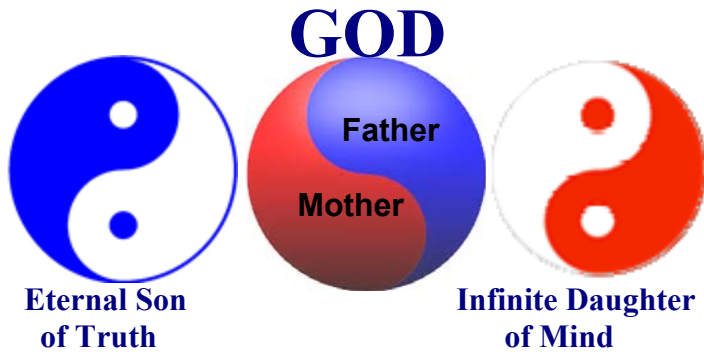
Consider a diamond:



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

Infographics and diagrams have been added by Pascas.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway



Soulmate Pair



Spirit Person



Angel



Nature Spirit



21 May 2003

Your soul 'shines' its light into Creation, into you being one of its two personality expressions. You feel you want to 'shine' your light, the light of your soul, by giving your love – loving. You naturally want to love your physical parents, giving the light of your soul as love to them, wanting them to love you back in return with the full light of their soul. You love them with all the light of your soul, this being expressed as your Natural love. And at incarnation, that Natural love is true and perfect love, reflecting and expressing your true and perfect soul. And you expect your love to be lovingly received, welcomed and wanted, so your parents in turn make you feel perfectly loved. You are longing for your parents to love you, you yearn and want with all your soul for them to love you, and were they true and of perfect Natural love, they'd respond lovingly to such a true longing. And it all happens naturally, one doesn't have to use one's mind to love one's child, it happens as a spontaneous loving consequence and expression of the love you have for each other in the relationship between parent and child. Your soul wants its light to be received in Creation so that it can create and make things happen whilst feeling good about itself in all it does. Your soul wants you, one of its two personalities, to be loved by your parents as they provide a nurturing environment, emotionally, mentally, spiritually and materially, for you to come into being within.

And if this doesn't happen, if you are not fully, truly and perfectly loved by your parents, and it is BOTH of your parents equally, then your soul's light cannot be fully expressed as love in Creation. And you feel bad. You feel unloved, unwanted, rejected as your parents reject your love and the light from your soul. As they reject you. It's a continual feedback cycle, you love and are loved, you are loved and love, however if this cycle is broken, you feel unloved and can't love, as your love has nowhere to express itself. Your soul shines its light as expressed by you in your life, and as soon as one part of that light is rejected, not wanted, not welcomed, not loved, then that experience of needing to feel loved is denied, it's not fulfilled, and so light from that experience can't go back into the soul, the soul being denied the return light of Creation. And this screws you up.

Your soul is then unable to keep perfectly bringing you into being, it can't keep perfectly expressing its personality, so you become an untrue personality, one that is distorted, dysfunctional, corrupted, one that is unable to fully express itself. And you feel unloved, and all the bad feelings feeling unloved makes you feel. You feel scared, unhappy, miserable, angry, you feel unfulfilled, unwanted, powerless. Life becomes harder to live. Life is saying it doesn't want you, it doesn't love you, as it's rejecting you.

Which is how your parents are making you feel, for really it is they who are saying we don't want you, we don't love you, we are rejecting you. And because you, the little foetus and baby coming into being, feels unloved and so rejected, you feel you are dying, your life force is being compromised, your soul is being stopped from expressing you in Creation. And as you can imagine, that makes you as that little foetus, baby and young child, even right the way through your childhood, feel very bad.

However if you don't die and move into spirit, if that is not part of your soul's plan and you are to remain on Earth in an unloved state, then you have to do something to pretend you do feel loved, which means you have to employ your mind by telling yourself things aren't as bad as all that, setting about stopping yourself feeling such bad feelings. And your parents might love you to some degree, just not to the fullness of their Natural love, because they are not true and perfect having not felt fully loved themselves by their parents. And so with this part love you cling desperately onto them and life, using your mind even more to tell yourself that you're okay, you are loved, your parents do love you, you are not facing the horrible reality of personality annihilation, and you keep living in your semi love state.

And as you grow older you are able to employ your mind to make you believe you are loved, that you do feel loved by your parents and family and the life they are providing for you, and so you develop your distorted mind patterns, those based around a contrived love. And you grow up pretending you feel loved and are loving, being very mixed up as to the truth of your love, not really knowing if you do feel truly loved and are truly loving, wondering why some of your life seems to work, or even works well for a time, and yet you have other times when things don't go as planned, things don't work out, relationships which started out being loving, fail, the love no longer there, even at times turning into hatred. And you wonder: if I am of true and perfect love, then why don't I always feel very good, and why doesn't my life work, and why do my so-called loving relationships fail.

And this is the truth of your life you have to find or reveal to yourself through your feelings: Am I loving, do I love, am I truly loved? What is the truth of love; what is the truth of my love? Is my love real and true, is it perfect Natural love; and if it's not, why isn't it... and what is it?

Being conceived into an unloving Rebellion, a rebellion against true and perfect love, you can't feel fully loved and can't be fully loving. And so the love you wanted from your parents fell short of your true soul needs, so you feel unfulfilled and unhappy about that. And even the most happy person who might feel the most loved on your world, because they too have been conceived into the Rebellion, will somewhere within themselves feel unhappy because they don't feel truly and fully loved. And to find the truth of your love, and the truth of how loved and unloved you really do feel, is what will happen through your Healing.

If your love is not welcomed and you are rejected, then you cannot go further. What are you to do? Nothing can be done, suddenly you are powerless. Suddenly your will becomes inactive, you cannot do anything, as you cannot love, you cannot express yourself as fully as you want to. In nature you observe when a parent rejects and so doesn't love it's offspring, the baby dies. It needs the love and loving attention of its parents to keep it alive, it being the natural order of things. Once the loving relationship is broken or for some reason is not established, the new life perishes. And so by rights that is what should happen to you, and it should happen to all of humanity because no one feels fully loved due to the unloving influences of the Rebellion and Default you're all subjected to.

And so because of the natural order of things, not one person on your world should survive, you should all die from the lack of love, die because you feel unwanted and rejected very early on in your lives. And so any rebellion should quickly end under its own making. However humanity is not technically a part of Nature, you have a soul that is determining whether you live or die; and as you know for yourself, you have lived on in your unloved state, and can even live a life of many years in such love-denial, currently with most people living their whole lives completely unaware that all their problems and difficulties in life come from the fact that their parents didn't love them as fully as they needed to be loved.

You live in a state of 'dying', the Natural laws of Creation are working to end your existence in life because you are not fully loved, and yet your soul wants you to keep living, forcing you on, because you are to experience living in a state of love denial. You are to experience the truth of the Rebellion, to know what it is like to live rebelliously, so to live feeling rejected by the ones who should have loved you; and because of that, rejecting yourself, not truly loving yourself; and because of that, not truly loving your own children, rejecting them and treating them unlovingly, just as you were unlovingly treated by your parents and grandparents. And so because Nature is trying to constantly bring about your death, your body doesn't work as perfectly as it should, you get sick, bad things happen to you making you feel powerless, depressed, broken down, crushed, all the bad feelings you feel, and so you have to rely on the doctor to keep you propped up.

You need crutches, addictions, all your compulsions, you need your broken relationships, clinging to each other, desperately believing you feel loved and are wanted, all to keep making you not feel the truth of what's really going on within yourself – that you feel rejected and unloved and very sad, and unhappy about that. And people go to their therapists in the hope of having their bad feeling taken away, people cling to their religions, do their alternative therapies, all to try and ease their inner pain, the pain of not feeling as fully loved as they need to feel.

And what you might come to understand through your love-denied life, is that you can't make another person love you, you can surround yourself with pets and Nature, family and friends, and yet still you don't feel completely loved; you can acquire all the material possessions money can buy, and you can pretend by telling yourself you feel so happy and loved, and yet you are only lying to yourself. Being of the Rebellion in no way can you ever feel fully loved, nor can you ever be fully loving, it's impossible, because you are rebelling against the very love you so desire. And this is the truth you are to awaken to through your Spiritual Healing.

Your lovely Earth with all its magnificent beauty would help you live all the Natural beauty of yourself if you did feel truly and fully loved. Is everyone gloriously happy on your world? Are you all living lovingly and happily together with no one feeling bad about anything? The Divine Love Spirits with their pure Natural love living in the Celestial spheres having done their Healing, do live blissfully in love with themselves, each other, and everything else in

their sphere. And there is no reason why people can't live on Earth in the same truly blissful loving state, loving of themselves, each other and all the world about you, living the same level of truth as the Celestial spirits do.

So all your pain is the pain of not feeling fully loved, starting right from your first moment at conception and going all the way through your childhood. And as your childhood forms you, forms all your mind's beliefs and behaviours, once you're an adult, you are 'set in stone' and you can't change yourself, it's a 'done deal'. You might believe you can change yourself, you do all your self-help courses, you can add and subtract beliefs, you might even be able to modify some of your surface behaviours, however the core child of yourself you won't change no matter how many positive affirmations you do telling yourself you do feel loved. Because the truth is: you don't feel loved, not fully, truly and perfectly as loved as your soul, as you, need to feel. And as I said, you can't feel fully loved being of the Rebellion and Default. You will only be able to feel perfectly loved once you are free of the Rebellion. And you can only set yourself free of it by doing your Healing, which will involve first becoming true to how unloved you do feel.

You are to gradually accept that you are not fully loved, and all your bad feelings you feel because you feel so bereft of love – you are to bring to light the whole truth of your relationship with yourself, with your parents and family, with all that has formed you into the Rebellion and Default. You are to uncover by living true to all your feelings, and longing for the truth of them, the truth of your rebelliousness, how you are expressing your unloving state in Creation. You are to bring to light the whole truth of your love and truth denial, all that is keeping you from fully expressing your whole soul-personality, all that is keeping you effectively shut off from your own soul. You were forced to become disconnected from the truth of your soul because you weren't loved truly, and so because of that you are dysfunctional, unhappy, and in great pain being so distorted, and all of this has to come to light through your Soul-Healing, and before the Mother and Father bring about an inner soul transformation that will completely rectify all that's wrong within you and within your personality expression, all which will ultimately make you feel fully loved.

They will help you to truly love yourself and to feel truly loved, as if you did have fully loving parents, and so perfecting your Natural love, however ONLY once you've brought to light the whole truth of your untrue negative evil rebellious state. And this is very important to understand, because most people work on themselves trying to heal their pain by covering it up, going to the doctor or using mental approaches, all trying to further deny their bad feelings, which is only further rejecting themselves, which is only adding to their unloving state.

To stop rejecting your bad feelings, to work with them, to fully embrace, express and bring them all out of you, all with the strong desire to uncover the truth of why you are feeling them; to simply allow yourself to feel as bad as you do feel, is wanting to get to know the truth of your rebellious state, the truth of how you really are. And you have to be it, be true to how unloved you feel you are, because that's how you do feel. And that is ending your

self-denial, by accepting how unloved you feel you are, and coming to understand why you feel so unloved, how it all came about through your relationship with your parents and family. You have to bring to light and then BE the whole truth of your rebelliousness. And once you have, then you will be set free of it by your soul and the Mother and Father, and you'll no longer be of the Rebellion and Default, and you will feel fully loved.

And whilst this is all happening concerning yourself and your soul, it is worth bearing in mind that it is all also happening for your soul-mate, the other personality your soul is expressing in Creation. That she or he will be born to her or his parents, growing up experiencing their amount of love and denial of love, forming into their expression of the Rebellion and Default. And they will have all the relationships required by their soul to express themselves in their rebelliousness. A relationship of possible marriage for a lifetime, having children and grandchildren; or many such intimate relationships, all provided they live a regular length of time on Earth; or if not, having such relationships in spirit, expressing their negative patterns of truth and love denial, and using their mind to pretend things are good and they are happy and loved; or if they can't do that, possibly living a horrible life feeling tortured by their endless bad feelings. And that one day they too, like yourself, will want to know the truth of themselves, beginning with the truth of their rebelliousness, and so start to do their Healing, be that on Earth or in the Healing Mansion Worlds in spirit, slowly bringing to light the truth that they don't feel as truly loved and are not as truly loving as they want to be. Bringing to light the whole truth of their negative state, liberating all their repressed childhood feelings, revealing the truth of their relationship with their parents and family. And you might meet each other, helping each other with your Healing; or you might unite being of a Celestial level of Truth once you've completed it.

And your soul-mate might be living next door to you, or might be on the other side of the world, they might be living at the same time as you are on Earth, or they might be ahead or behind you. And to think that you both have the same soul, that your soul is expressing both of you, its two personalities in Creation, starting you both off by incarnating you into a Rebellion against Love and Truth, all so you can understand the negative side of life, what it feels like to feel unloved, the truth of no love, all so when you are Healed and united with each other, you can explore uncovering the truth of true love using your experiences of feeling unloved to help you.

The marvel that the soul is, is beyond comprehension. It is certainly enough for each of us to consider it for ourselves, how wonderful and mysterious it is, and our relationship with it, how we are our soul; and then to consider that all our soul is doing with us, it is also doing with another, and that the two of you by living completely separate and very different lives will completely complement each other when you are fully Healed and united as one. The wonders of your soul, of yourself, will never cease to amaze you!

So you are rejected to some degree by your parents feeling unloved, yet you don't die. You keep going, and keep trying to love in your rejected state. Your will is still functioning, albeit impaired, because of being forced to compensate for your rejection and feeling unloved.

When you're rejected and not loved properly, you feel powerless, and so naturally you try to regain your power. If you can't regain it, you fear you will die and cease to be, so you try to do things to make you feel more powerful. So you enlist your mind using it to do and think things to make you feel better, even to the point of believing you do feel loved, and even do feel loved by your unloving parents. You desperately cling onto any niceness, affection, warmth and love you might get from them, using these good feelings to further block out and deny your bad feelings.

And so you develop negative unloving behaviour that you believe is good and loving, you do good deeds, you are caring, and you believe and are told by others you are a good and kind person. And yet deep within you, you're doing it all because you're trying to stop yourself feeling unloved and powerless, trying to make people and life love you, to give you the love your parents denied you. You learn with your mind what is being asked of you so that you will be accepted. So you join your parents in the rebellion against yourself by going against your own love, and set off to experience a no-love life and life in a rebellious state.

Your mind gradually takes over and it becomes like a false heart, pretending to make you feel better and loved, however you've become disconnected from your true self, from your soul, living in what amounts to as a mind-created fantasy life, with your soul effectively being well and truly left out of the picture. You are living an untrue life, you are not living true to yourself, you are not your true self, despite what you might believe about yourself. There is no way, it is entirely impossible, for you to be incarnated into a Spiritual Rebellion against Truth and Love, and for you to take it on fully through your forming years becoming your unique expression of evil and wrongness, to be true to yourself and your soul. You are living denying yourself the very love your soul needs to fully sustain you truly in Creation. You, the mind-you, has embraced the Rebellion, you've become completely of it, so you are being unloving and untrue to your soul, you are living against yourself, which is why you feel bad and bad things happen to you.

When you are sick physically or ill at ease with yourself emotionally, mentally or spiritually, it's all because you are living against your true self – against your soul. You are effectively fighting against yourself, you are refusing to live truly, you are insisting on rebelling against yourself, and no amount of loving yourself affirmations or self-help exercises is going to change this. You can add to your beliefs by using your mind to believe you are more self-loving and a more giving, caring and loving person, yet that will only be on top of all the unlovingness you're denying within you. You are in a bad way, trapped in darkness, and nothing you can do to try to make yourself feel better, feel more loved, will help you. And even if your soul brings Mrs or Mr Right into your life and you fall madly in love and live happily ever after, at some point the mind-fantasy will break down, which could be even thousands of years into your spirit life; however one day it will break, cracks in your so-called perfect soul-mate love will come, because it's all still being done as part of the expression of your rebelliousness. It's just another layer of you being untrue to yourself. You come out of your childhood wanting, and often expecting, to fall in love, and many people do, and some

manage to remain happily in love together for a long time, however even that is all a part of their expression of being in the Rebellion.

So do you see the picture I am painting for you, rather depressing wouldn't you say; nothing of what you feel is right, it's all wrong, because all of you is living against the truth of yourself. And as you can't use your mind to heal or perfect yourself, you can only look to do your Spiritual Healing. And to do that, as I've said, is to want to live true to your unloving and untrue state. To allow your bad feelings to take you deep into the truth of it, all so you can bring to light how you really do feel about yourself, life and how it really was with your parents and family. All so you can stop denying all the bad stuff that you are not wanting to see and acknowledge about yourself. You have to accept how untrue and false you are, seeing how your mind is so heavily in control, embracing and accepting that you are this way, you are a part of the Rebellion and Default. And allowing yourself to be as bad, wrong, evil, rebellious, untrue and unloving as you are.

Just BEING your rebellious state, all so you can know all what it's about. And once you are living true to being untrue, then your soul with the Mother and Father will end your self-denial, then They will transform your soul into its true state of loving perfection. And that is the only way out of the Rebellion and Default. You are to become true to it, to be the full unloving rebellious person you are, and not trying to deny any of it. And when you are true to being rebellious, then you'll be set free of it. So your Healing is not about systematically healing you of being evil, it's about helping you to gradually awaken to just how evil you are, then once you're fully awake to such truth, then you'll be taken out of it, then you'll be of a Celestial level of truth and free of all imperfection, self-hatred and in loving self-denial.

You have tried to love and be accepted and welcomed into life, but have been knocked back. And so your soul must now wait. It will orchestrate and oversee the life you need to fully experience being in your rebellious state. And always your soul will be providing you with an entry point into your Healing – with any bad feeling you can start to accept it, express it, and long for the truth it will show you about yourself. At any time you can decide to stop denying your bad feelings (and to stop denying some of your good ones too), and try to start living the other way with them. You can choose to start to go with them instead of fighting against them. And the more you can bring them out, the closer to the truth of your rebellious state you will become, and so too the closer to one day expressing every last repressed bad feeling out of you.

Every time your parents made you feel bad, right from conception, many of those bad feelings you did all you could do to reject them, to stop yourself feeling and expressing them. Often you were forced by your parents to stop crying, to stop feeling bad, having to use your mind to make yourself stop and do as they said. And all of that is denying that part of yourself that felt bad and wanted and needed to fully express itself in its bad feeling state. And the more you stopped and denied yourself expressing, and then even having such bad feelings by blocking them out, the more you were hating yourself, treating yourself just as unlovingly as your parents were by making you feel bad in the first place. And so you joined

them, sided with them, by going against yourself, being mean and unloving to yourself by stopping yourself expressing your bad feelings. And you developed lots of ways, lots of negative unloving behaviour, to reject your feelings – to reject yourself. And all of that feeling and self-rejection has to come to light so you can see how and why you're doing it, how you forced yourself to do it, and how you were forced to do it by your parents, family and even society. It's about bringing to light all your denial of yourself, all how you're going against yourself, rejecting yourself as you were rejected.

The child wants to learn how to be as its parents are, it's natural, you need to know how to survive and so look to your parents to show you. You naturally emulate them, and so if they are teaching you to go against your true self by denying your bad feelings, then you unknowingly believe this is what they are showing you is how to survive. So wrongly you follow their lead denying your bad feelings in the misguided belief that you are doing this for your survival, even to make yourself feel good and loved. But all you are doing is actually unloving and working against yourself, it's killing yourself, looking to destroy yourself; and yet as you can't die, your soul wanting you to experience going against yourself by being actively involved in the Rebellion, so you keep going hurting yourself, treating yourself cruelly by denying so many of your feelings.

Look at your feelings through the day, and when you feel bad, how do you react to feel those bad feelings – can you see how you try to stop yourself from having them, taking pills, using your mind to override and block them out, have sex, eat, drink, go to a movie, listen to music, see a friend to cheer you up, do something, anything, to 'make yourself feel better'? All of which in the short term you might succeed by burying such bad feelings along with all the others you've 'successfully' got rid off. Which in turn adds them to all you've already repressed within you, piling more bad feelings in on top of yourself already being full of them, all of which one day through your Soul-Healing you'll have to liberate. You might stop yourself feeling bad, yet that's only your mind covering them up, as still deep down you are feeling bad, and just as bad as you felt when you were a child. All your bad feelings you feel are still only all the same bad feelings you felt as a child. Your soul will keep you cycling through them, and the only way to stop such feeling-denial and unloving self-denial behaviour is to go with them and want to embrace them, to allow yourself to feel as bad as you do. And then to want to express them, to bring them up and out of you, and to want to uncover and see the truth of them, of why you are feeling them. And to be that truth, to live true to your bad feelings and the truth they show you about yourself being in a rebellious, unloving and untrue state.

I am speaking about the soul in this way and its relationship with you by trying to give it some feeling so you can relate to it as yourself. However, actually, the soul is far more technical in its approach. It is imprinted with a light-pattern that is unfolding as your life-pattern, and it just keeps unfolding this pattern into Creation. It is emotionless and does not feel as you do, as it has you to do this for it. What it wants is light. It wants to receive light, just as it gives light. And the light it needs is the light that comes when you experience true love. **I say 'true' love, love founded on and coming from truth**, as opposed to what I

would call 'false' love, which is love contrived by your mind. When you feel love, loved and give lovingly, you feel good. If you can imagine that you could see this good and joyous feeling as light, then you would be feeling and experiencing a lot of light. You would be beaming with light or spirit or energy, and if you could see into your aura you would see all the brilliance of colour as your feeling system becomes flushed with the exhilaration of feeling good, and the brilliance of your mind as it illuminates to support your good loving feelings. And all of this light is creational-light, that which we in Creation can see, measure and experience; but also within this light is another light, a higher or finer light which we cannot see or experience or detect through measurement, and this is the light of your loving experience that flows (shines) back into the soul.

The soul draws this light back to itself like a magnet. Not one part gets away, it is all specific for the soul, and it then tells the soul by registering in its light-pattern, what the experience was what you have just had. And if it fully registers, meaning you had the full loving experience, you were fully expressed, fully expressing your personality through that experience, then it signals the next part of the pattern to be released, and this soul-light is 'shone' back into Creation, back into you. If however the creational-light from your experience is not full because you didn't live it fully of love, you were denied love to some degree, and even wholly denied, the full experience can't register in the soul because you didn't fully experience it. So the soul exists in a state of creational-light denial.

And as your soul still requires the full experience to be lived at some point, so it can gain that outstanding light, then that part of you (your soul) remains in denial until such time. And so because your soul is being denied that amount of light, you can't feel fulfilled, happy and truly good and loving. And gradually as the denial experiences build up, which they do through your childhood and carrying on as an adult, so you don't feel fully of love, loved or loving. And you can't ever feel such love until in some way you complete those outstanding experiences. And through your Healing, and once Healed, that is what happens.

On a feeling level, through your feelings, you complete those long outstanding feeling experiences. You don't actually have to relive the very specific experience itself because you can't go back and be a child again in that exact same experience with you this time being the opposite of how you were, so it's all done through feelings. You have experiences that make you feel the same feelings, so this time they can be expressed properly. And when those gaps or holes are filled in, then your soul can shine its full light into you, making you feel completely loved, and as if in some way you did actually have the loving experience and never denied it. So once you're no longer living denying any of those experiences, you'll be of perfect Natural love, with the light of all such experience fully registered in your soul. You will feel complete, whole, fulfilled, happy and self-loving, no longer being of the Rebellion.

So do you see, as a child you were denied expressing all of yourself that you needed to, which caused you to feel bad. And all those bad feelings, also which you weren't allowed to express, remain in you waiting to be expressed. So, as an adult, if you want to attend to your

feelings properly, things will happen to you or inside you that will make you feel the same bad feelings you felt during your childhood, all so now as an adult you can stop denying them any longer, and set about finally bringing them out. So, because you are feeling as an adult the same feelings you felt as a child, you are connected to them, the adult you with the child you. So, in a way it's true when it's said you are still the child, now as an adult, yet what is really meant by this is, you are still feeling feelings you felt during your childhood, now as an adult, it all being done on a feeling level.

And so because you as the adult are still you as the child through your feelings, so again through your feelings you can go back and relate to and further connect with, why you are feeling those feelings you felt back then, which then takes you into seeing what was really going on between you and your parents, and was all they doing to you loving or not loving. So again your feelings are the key to help you uncover the truth of your relationships with your parents and early carers, with all the people who had a significant influence in your childhood. And it's to see the TRUTH of your early relationships, and not just what your mind might like you to believe you feel about such relationships.

You, James, were repeatedly told by your mother and her mother that they loved you, that your family was loving, and this naturally you wanted to believe, even though under such mind control, your feelings were telling you and making you feel the opposite. But you were forced to bury those bad feelings, leaving your reliance on your mind to keep 'making you feel loved', to keep making you believe you felt loved and had good family relationships.

Then, as you started to move deeper into your Healing, Marion helped you start to acknowledge your buried bad feelings, and as you started to bring them out, so through them as they connected you back on a true feeling level to your relationships with your parents and grandparents, you could then honour your bad feelings and break down the deceit and lies of your mind about you being loved and having a loving family, because as you're discovering, there is actually no such love in your life. And so the truer you are becoming to how you really feel, and really felt back during your childhood with them, that you didn't feel loved by them, and you didn't love them, because they didn't love you. A child can't keep loving those who don't love it, it has to use its mind to pretend love exists.

So you were easily able to turn your back on your family when you started your Healing, because the truth was, you had nothing together that made you feel good and loving, and which wanted you to keep the relationships. So you ended all your family relationships, being true to what you really felt, coming to understand that you rejected them just as they rejected you, and that no love was involved, it only being a contrivance of your's and enforced wishful thinking from your mother and grandmother, because they too had to believe such things about their unloving relationships. They had to keep up the pretence of feeling they were loved, and so they had to enlist you in their lie, which you took on carrying it into adulthood until Marion started to poke holes in your 'nice' family loving picture, which, as you became truer to your bad feelings, you had to agree, because you felt it as

being right, that she was right and you didn't love your parents and family because they never really loved you.

You were all caught up in a false deluded mind-love, just a show, and really you didn't like each other and hated being with them most of the time. But when you were growing up, neither they nor you wanted to face the truth of your feelings, that you felt nothing for each other, didn't even like being with each other much, even hated having to be together having nothing really in common, so you all had to play the 'I love you' game. So they told you they loved you, it all being from their mind and not a genuine expression of their love for you, because you didn't feel it, and so your relationships easily failed once you pulled the plug on them and wanted to stop being false and come clean by honouring what you truly felt.

And having done that early on in your Healing, so during your Healing Years, you have confirmed to yourself over and over how untrue and unloving your relationships with them were, and how unloved you felt and still feel. And how unloved you've felt all your life yet persisted in covering it up, clinging onto your girlfriends with your mind by telling yourself and even telling them you loved them, when it was nothing more than a false mind contrived love you had out of the desperation of not wanting to feel as unloved as you do. And now through your Healing, day after day you allow yourself to feel as unloved as you felt during your childhood, your feelings continuing to confirm such truth for you; and then feeling how bad feeling so unloved makes you feel, you having to keep expressing all your other repressed bad feelings.

You continue to feel so scared now as an adult because you feel so unloved, because you felt so scared feeling so unloved as a child. A truly loved child never feels scared, what does it have to feel scared, worried, terrified or threatened about? And yet your parents, James, scared the living daylights out of you most days, it was terrifying and traumatising just being with them, because they were so in their minds and so disconnected from their own true feelings. They didn't really do bad things to you that made you feel scared, such as hitting you severely, abusing you verbally using very unloving hurtful language and treating you meanly, like Marion's parents did to her, but their whole being, attitude and approach to you continually made you feel insecure and even fearful for your life. They constantly made you feel threatened, depowered, all but will-less, and they blamed all the potential scary things that might happen to you on the world if you didn't do as they said, never blaming themselves for making you feel so scared. They were so blind to their own actions, they didn't even see you were scared and suffering so much, they being so caught up in their superior and misguided beliefs they were loving and good parents, and much better than some, if not most.

When Jesus speaks of being Born Again or Born Anew, as he did in the *Padgett Messages*, this is what he is referring to, when all your experiential deficit has been fully lived, it giving you the feeling that you were never denied such love, making you feel as if you've been born anew, and this time of love, no longer being of the Rebellion. And being 'Anew' and truly loving and perfect in your self- and soul-expression, you will still remember all the horrible

feelings of feeling how unloved you were back when you were rebellious and untrue, yet you will no longer feel such dreadful feelings are ‘alive’ in you, because that unloved child you were will now feel fully loved.

So whilst you live in denial of yourself, what this really means is that you are denying yourself full personality expression, and consequently you are not living fully experiencing life with full love. In your rebellious state you are never fully able to experience true love, so your soul is very deficient of love. It is ‘waiting’ for the light from such true love, and as every day passes, more experiences that you should have with full love are denied such love expression, so your soul ‘waits’ as your deficit grows.

And as your soul is orchestrating all such love experience denial, so you keep needing your mind to pretend you are getting that love you need, carrying on with your false mind-contrived lives, all until such time as your soul says that’s enough, you no longer need to experience any more experiential love denial, and so starts the process to bring you back to yourself, which leads you into doing your Healing.

I call your Spiritual Healing: simply, your Healing; Feeling-Healing – which is healing your Natural love; and Soul-Healing – which is doing your Feeling-Healing inclusive of longing for and partaking of the Mother and Father’s Divine Love. It is all really the healing of your soul.

When I refer to just your Healing, I mean people and spirits can do it without the inclusion of God’s Divine Love, which I will talk about later; or they can do it with God’s Divine Love, thereby calling it your Soul-Healing because that Healing includes your Feeling-Healing yet is also more comprehensive than it. Doing only your Feeling-Healing means you deal only with your feelings, expressing them and longing for their Truth, which will allow you to perfect your Natural love, yet you still will have to remain within the Mansion Worlds. You can still feel wonderful in your own self Natural love, still feeling very loved and being very loving, but you will not be able to advance out of the Mansion Worlds and into the higher divine Celestial spheres. To enter into them requires you to partake of the Divine Love so it will transform your perfect Natural love soul into being a divine soul, and thereby allowing you to move into the divine Celestial spheres. So when you do your Soul-Healing, you are doing your Feeling-Healing and including the Divine Love. And everyone will need to do at least their Feeling-Healing to end their rebelliousness. As I said, I will go over this in more detail later.

So your soul by incarnating you into the Rebellion is growing in experiential light deficit, all of which makes you feel bad. And so you limp along in your lives doing all you can trying to make yourself feel better and more loved, yet it’s a lost cause, as really you’d need to go back into your forming years and right throughout your childhood and relive all the experiences you had yet in a fully loving way, being fully loved by your parents and expressing all those good loving feelings you’d have. And as your childhood is over, your mind pathetically tries

to fill such holes and love deficit in you, however that is not something your mind can actually achieve.

So, you do all your therapy and self-help, you start endless new ‘loving’ relationships, all in the forlorn hope that this time you’ll feel better and more love. And your mind might succeed in doing something of a bandaid job deluding you into believing you’ve made some progress, however when it’s time for your soul to start your true Healing process, all that so-called good work will unravel giving rise to all those bad feelings you’ve wrongly believed you’ve no longer had inside you. Only can the Mother and Father through your soul fully Heal you, only can They orchestrate the experiences you need when you need them to complete all such experience with love. When you have finished your Healing you will have filled in all the deficit and your soul will be free to express its light through you as love, then you will be true to yourself, and so truly of love, truly loving and loved for being true.

Zelmar. (a Melchizedek from within our local universe of Nebadon)

SPIRITUAL HEALING:

We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.



The Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you’ve brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.

Infographics and diagrams have been added by Pascas.

SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



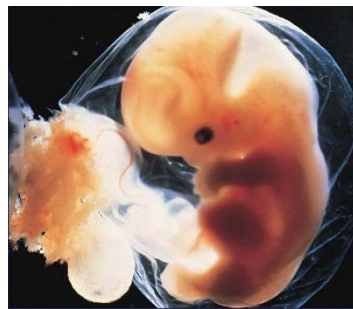
IT IS NOT THIS WAY



IT IS THIS WAY

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the 'personality' that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



How is it for you if you are Truly Honest with Yourself?



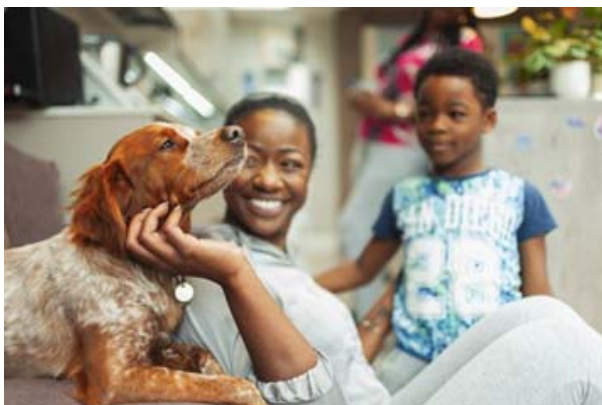
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

22 May 2003

Soul-Light is unique. There is nothing else like it. It exists in its own existence, that being what we define as Existential. It is just *there*, and it just *is*, and all souls are of this same light. The texture of soul-light is perceptible, you can sense or perceive it, feel it, and instinctively when you attune your inner soul-perceptions to it, you will be able to know what I am talking about. It is *real*, more real than anything in Creation.

Soul-Light exists because it just does *exist*. It does not have or need a force to keep it going or to generate it. Creation does – it needs soul. Soul is before the First Cause; it was before it *caused* anything. And it is even before, and yet also encapsulates, all *potential*. It is *absolute*. It is ALL THERE IS. And it does have the ability to also ‘exist’, or at least express itself, in another way, and that is expressing all of us in Creation. And it does seem to ‘evolve’ or grow in experiential light. When your soul grows in light, so you grow in Truth; when you grow in Truth, so your soul has evolved in light. So it’s said we’re evolving our soul in truth.

We don’t actually know why a soul does incarnate and express itself as two personalities, we simply accept that it does. There are many reasons we speculate with, however our Mother and Father haven’t specifically told us why.

Soul defines our mind, feelings and perceptions, because these things are created by it. They are used to express its light in Creation and to have experience, but still soul is before all these things. Soul is just *soul*. Soul-Light is *soul-light*. Everything else in Creation can be examined and seen to be composed of parts smaller and smaller, and even so small that they are near soul-light, but still is not it, not soul-light. Soul-light and Creational-light are two very different things, just as Natural love and Divine Love are so different.

The smallest component part of experiential-light is the light generated from experience that goes back to the soul enabling it to register the progress of its creation – you. As you exist in Creation, you are continually producing experiential-light. Your personality expression, your very existence, is an experience, so it is continuously producing experiential-light. And then all the experiences within your overall experience means you’re a veritable symphony of experiential light, shining back into your soul as you shine forth in Creation. Each of your cells and all the component parts of the cell that is ‘alive’ are emitting light from the experience of its existence, and all that cell experiential light, then all your organs, all of your physical body, all of what constitutes your subtle bodies and spiritual body, all of your will, your mind and its thoughts and feelings, all of your emotions, all of your movements, behaviour, beliefs, imaginings, all of your interacting with yourself, another person, nature, all of you, all that you are, are experiences generating light. You are a ‘star’ of light shining into your soul as you also shine into your life. You are a being of light, creational-light, all being driven by your soul-light.

And then your soul is a soul of light, like a sun of light, also a bright star, so between your existential soul of light and your experiential personality of light, you’re LIGHT.

And when it's said you're a dark soul, it does mean your creational light is dim, because you are denying yourself so heavily, your full experiential light. And as you grow in truth, so too does the whole of you, and so the whole of your experience, evolve to higher levels of creational-light, all being driven by increasing soul-light. Hence the higher spirits are 'very bright' in their light. Mary and Jesus in their full soul- and creational-light would be too blindingly bright for you of little light. The light of their truth being too bright for the light of your untruth. James, you have read stories of spirits or people astral travelling who have to turn away and can't look at the brightness of Mary and Jesus' light. And when Mary and Jesus descend to the lower worlds of truth and light, they 'turn down' or tone down their light so it's not so disturbing and spirits of that level can better relate to them.

All of you, every bit and even far more than you are yet aware of, is experiencing, as you exist in Creation. Your existence is one big continual experience. And then this can be broken down into all its component parts. You breathe automatically and so are not aware for the most part about this ongoing experience. And you are completely unaware that your spiritual body also 'breathes' the light of spirit, creational-light, continually too. It is in fact your spirit body 'breathing' that determines your physical body breathing. Your soul activating your will to enliven your spirit body and spiritual system that then enlivens your physical body. When you die, your soul ends your physical connection to the spiritual, and your consciousness leaves being focused mostly in the physical, moving to be focused solely in the spiritual through your spirit body, as you 'wake up' in spirit after death.

Then for you to get up and walk to the door, this seems a bigger experience than breathing that is mostly automatic, and then to fall off a ladder and come crashing to the ground and hurt yourself, this is bigger more dramatic experience, and so on. But these 'bigger' experiences are just grosser. They are neither more or less in value when compared to each other, and they are all equally important. You can't have one without the other, without all the experiences you are having at one given moment. There is really no more important experience than any other. Experience is experience, and it all generates light, which feeds back to the soul. However in your feelings and mental perceptions you do experience experiences differently, and this is so you can move around and have the feeling (again the experience) that you are living in time and space and are able to perceive things relative to each other.

Throwing a stone into the pond generates rings of experience for the pond. Each ring is the same as each other and yet they are very unique and different. The bigger ones being generated earlier and the smaller ones later but both being generated by the same cause. The same is happening with you all the time you are living, many ripples over and over being generated from all the different aspects of your being, and although they can be identified as separate things, they are nonetheless all the same. They all generate experiential-light. For every one unit of soul-light that comes out into Creation, one unit of experience is made and experienced, and one unit of experiential-light returns to the soul. Everything is ordered as such – perfect and true. Creation is not a random exercise of someone's creative powers, it is all specifically designed, destined and fully accounted for. It is all highly personal, for it is

all known and loved, because it is all very personally experienced. God, our Heavenly Mother and Heavenly Father are personally experiencing us Their children all the time. Every experience you have, They have 'through' you. In a way it could be said, you are living the experiences God wants to experience. God can't experience them all Themselves, so They do through us. And so through our experiences, we can know Them.

There is no radiation or other energy or other light emitted from soul or creational (experiential)-light. The soul and Creation are one. Creation and the soul are one. There is nothing else. All that you are now is therefore the perfect expression of your soul. You are all you are, and you are all your soul. And even though you are currently the imperfect expression of your soul-light, nevertheless you are still the perfect imperfection.

Soul-light and creational-light are a perfect relationship. One is the generating cause and the other the perfect result, the perfect effect.

Creation itself is creative; it can create and does create as you see continual change and the building up and breaking down of life. And this is all designed to maximise experience. Creation is not static as it is being driven by the Light of Soul (seen as the collective light of all souls) and the 'need' to maximise experience to express itself. Soul is therefore a dynamic agent, and Creation the continual expression of this. When Creation creates, this is called secondary creation with primary being created by the soul. But all secondary creation is also inspired and orchestrated by the soul. The souls of your mother and father individually brought them together to generate the spark needed in Creation itself to enable your soul's-light to begin to shine forth at your incarnation. Creation exists governed by laws; the Natural laws of Creation, and all these laws are kept in place by the soul or Soul Laws. And soul laws are nothing more than soul-light.

As the light from all souls moves into Creation, the net effect upon Creation can be seen in the functioning of these Natural laws. These laws cannot be violated without the violation being at some time rectified. And that time is all soul-dependant, as the soul will determine when such laws need to be honoured and everything brought back into balance. Each word and action that you have done since being conceived in the negative soul denying state will need to be addressed and brought back into alignment within the Natural laws of Creation (and soul) that you have transgressed, and this will all be done through your Soul-Healing. All of Creation being perfect is always in balance, and so if imbalance occurs it will exert a force against itself ultimately bringing about the need for rectification.

You have been forcibly made to create imperfection in Creation by being incarnated into the Rebellion by Default, and this then creates bad feelings in you, reflective of your imperfection. And one day you will have to bring back into balance all that you are and heal yourself of all the bad feelings, and you will have to exert the equal force through your own will to remove the force that was put on you to rebel. And so your Spiritual Healing is all will motivated, and takes considerable effort for you to do, giving you the full appreciation and understanding of the force that you were subjected to in the first place that made you go

against your true self. As to when it is time for your Healing to begin and for the Natural laws to be balanced, your soul will know and will bring about in yourself the necessary climate of experience for you to begin.

Most of you are currently in the phase of still bringing about imbalance in Creation, within yourself – you are still actively rebelling against all that is true, good and loving. It has been done to you as children and this you have accepted as your existence and you are continuing it. And not until you choose to stop and start to undo all the wrong, will you start to fix that which is not right in you or in Creation. Currently you are a disturbance in Creation. You are not good, pure, loving and true. You are the opposite. You are breaking the Natural laws, and the amount you choose to do so is up to you, but it will still all be overseen, driven and so supported and sustained by your soul.

It is right that you started life in Creation by rebellion against Creation, that was what was encoded in your soul by the Mother and Father; They want you to begin life in Creation by experiencing being of the Rebellion. And when you have experienced it fully, having experienced all the unloving and negative rebellious experiences They want you to experience, then your soul will move you to first rectify all such wrongness as you become aware of the truth of being of the Rebellion, and then once you are fully aware, accepting and understanding of your rebelliousness, to then transform you out of it. And the longer you delay in striving to ‘fix yourself’, the more suffering you will bring to bear on yourself. It hurts to go against the Natural laws of Creation, and so this is the pain you are experiencing. You do not need to know the laws you are breaking or even that they exist, for you have been created to feel pain and bad feelings, painful feelings to tell you that you are digressing and that this digression is not good for you.

To get to the point of physical, spiritual, mental or emotional illness, is leaving things very long unattended. You cannot put off the inevitable, and you will only make the pain all the worse. Bear in mind as you swallow a painkiller to rid yourself of your pain, that you are pushing your transgression further into the negative, rather than listening to what your pain is trying to show you about the truth of you living untrue and against yourself. Everything you do that denies your pain stops you fully embracing and expressing it, stops you from fully feeling it, moves you to being at greater odds with yourself. If you honour all your pain, as in expressing all your bad feelings no matter how they come to you, you will find the truth as to what is wrong, and you will be able to make amends and change your ways or beliefs, and bring back harmony, balance and love to your being.

Unfortunately **humanity is currently not aware of this as fundamental life truth**, and so most people are trying to desperately avoid pain at all cost, to just block it out, banish it, pretend it’s not there, and this you have done and were made to do as children, and so are merely carrying on what you know to do, however it is very costly to the relationship you have with your soul. Each and every moment you exist away from and untrue to yourself, will and is causing you pain, and you will have to one day acknowledge this pain to bring yourself back. The feelings of disassociation and disconnection you may experience within

you, as though you are not really here and are just a shadow of your real self, are all such feelings and perceptions of your mind indicating that you are not truly aligned with all that you are meant to be, all your soul is wanting to express.

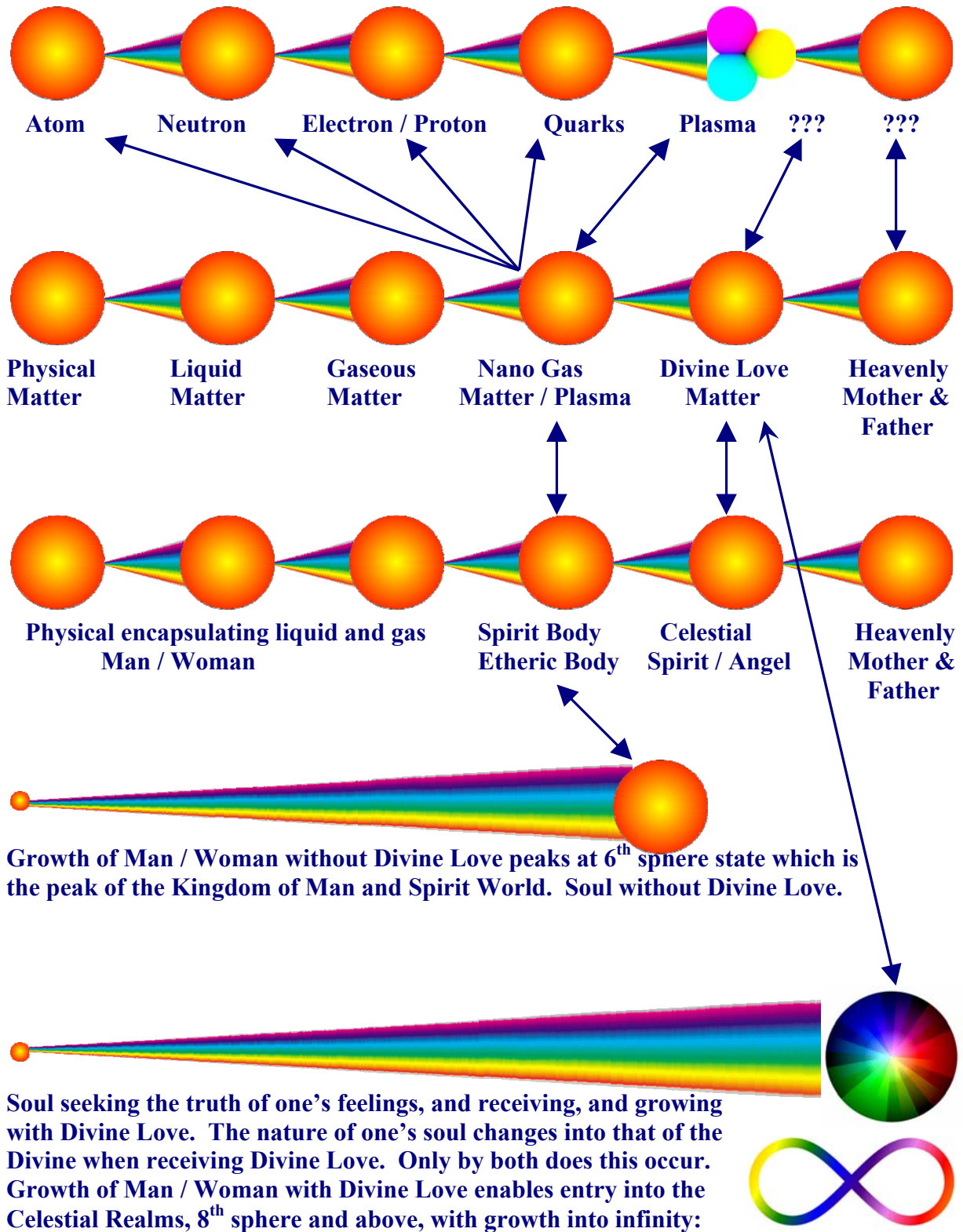
Every medical complaint you have, every ailment, is symptomatic of this denial of your real and true you that you, your soul, desires to create. Everything that happens to you that hurts you, big or small, is your soul trying to show you that it is not being freely allowed to express all of itself. In your rebellious states you are living partial expressions of your personality in Creation, it's not the full you living fully being true to yourself and your soul. And so because of that, you don't feel truly happy and loved. You can only feel fully true and loved when you are not living against yourself, when you are wholly self-loving. **When you have healed yourself and are truly free of the Rebellion, then you will not experience pain of any sort for there will be no need for you to,** as you will be living in perfect harmony with yourself, your soul, and with Creation, and so you will be honouring all the Laws of Creation and be 'living love'.

Everywhere there is no love, there is pain. All of the pain in you, is all of you that is not of love, not being loved, feeling loved, and consequently is not loving. You cannot completely know love until you are in complete universal harmony, at one with and at peace with Creation, and this can only be achieved by being at-one with your soul. To long to be at-one with the Mother and Father, is to also want to be eternally at-one with your soul. And so far as to what this feels like, you will have to wait to find out. No one except Jesus (and Mary Magdalene) has lived in such a true and perfect way on Earth since the Rebellion started 500,000 years ago, and as you cannot know what another is experiencing and feeling, so how they felt, you will have to wait and see for yourself. But it is well worth the effort of striving to find out – to do your Soul-Healing.

I will leave it there for this evening James, thank you – Zelmar. (a Melchizedek from within our local universe of Nebadon)

STAGES of MATTER:

Matter becomes finer and finer and more incredible within each phase:



Infographics and diagrams have been added by Pascas.

23 May 2003

Hello James, let's write some more.

Everything that is in Creation is composed of light. Your arm, your feeling, your thought; your subtle bodies you cannot see, your spirit body and your will. All are made of Light. All that is material is made of light, as is all that is spirit. The light of Creation is different from that of soul. And the light of Creation is made up of many different expressions of light. There is however a basic light component which defines Creation and of which Creation is composed. This light unit is undetectable by your scientists, but is the very essence of Creation. You see James, everything that is, soul and Creation, is light. Light is the beginning, the middle, and the end. You and I are existing light. Our spirit living and your physical breathing, is light. And love is one such attribute of light.

Love is the attribute of light that we can all personally experience, and the one attribute that encompasses all things that are good, all things that are directly to do with your feelings of well-being, and that which binds you to those who see to it that your needs are met – that Creation is there for you.

One's ascension through the Universes to Paradise, is among other things, a Journey Of Light. It is experiencing the Light of Creation; all of the light of Creation that you will be living. The ascending mortal soul is designed to grow in light, or ascend in light steadily advancing through all the stages, and experiencing all that is provided for you to experience. And the way you know you are 'growing in light' is through Truth. You grow in truth is a major expression of such light. Just as you grow in love is a major expression of such truth.

When you start to add together these basic Creation light units, you start to get the manifestation of higher orders of light. And you (the mortal) are one of the highest. You are the highest manifestation of light on your physical world, and as you progress through the higher universe spirit levels, you will still be one of the highest because of your inherent soul potential, that being what you will become in the aeons of time.

As this basic light of Creation comes together orchestrated by soul, then 'more dense' light patterns or forms come into being until ultimately consisting of light that you can recognise, analyse and see. The light that lights your day, being the outpouring of your sun, is only one such manifestation, and the sun itself being another such manifestation. Creation has within it many creations that could be called sub-stations of power, all of which are themselves created by light and give off light for further Creation. And Paradise is the Main Generator, the Main Sun if you like. All the light of and for Creation comes ultimately from Paradise, and from the Soul of our Mother and Father. And then our souls shine light into Creation, and this manipulates or guides or tells the light of Creation what to do or what to form. So the Mother and Father provide the Foundation Light for all Creation, and our souls help mould it into us, into form and function.

The Orgone energy you have heard about James, the natural freely available universal light, is raw light to be used by you for your existence and other things, but it is not this basic building-block light of Creation. Only on Paradise will you become more aware of this Original Light and its continual eminence from the Heart of Paradise, the Soul of our Heavenly Parents. Humanity will never be able to detect scientifically this basic Creational Light, nor soul-light. These two separate and distinctive lights can only be observed and identified by those wanting to see them in the higher universal laboratories. You can only be told about them, feeling and perceiving what you will, however you can make, and it will be done in future, intelligent, hypothetical and mathematical deductions to prove, if only in theory, their existence.

Some of your scientist now and of the past have, of course, thought about and pondered the existence of such Original Light, but do not have, and will not have for a long time to come, any real appreciation about what it really is like and the depths to which they will have to know themselves in order to realise such truth that will help them to understand such things better.

And as you know James, truth and universal insights only come from the personal investigation of oneself. If one is not wanting to progress in truth, then one will one day come up against a barrier to which one cannot cross by using only one's mind. With only your mind you can discover, and have uncovered, universal law and 'secrets' equal to that of the sixth Mansion World of spirit. However, with your heart and soul and a true and sincere quest for truth, all universal truth, you can ascend to Paradise, thereby knowing most of the secrets. Those people striving to be more of heart and truth are severely limited now because of your negative state, however, when humanity moves ahead in its ascension as people do their Soul-Healing, then what you call science now will seem like the dim dark ages.

Science now is not for the betterment of mankind, as it is being pursued in the negative, so it can only be negative and for the destruction of love, goodness and truth – for the advancement of the Rebellion. Science is currently for self-gain, for the benefit of the mind involved, and not for the true pursuit and understanding of truth. Some good has been uncovered, but this is mostly very limited.

If you consider yourself as advanced in any field of discovery, then pause for a moment and consider that what you are doing is all in the negative, and you haven't as yet even advanced past or out of this state yet. All of your discoveries are heading you in the wrong direction. They are not about, nor focused on, furthering your understanding of your Heavenly Mother and Father, and They are not done with Their consent through the alignment of Truth. And they are not being done truly personally, and by this I mean with and through the direct personal experience of one's own soul growth of truth, all being done with the Divine Love and the complete respect and love of Natural love.

Most of what you are striving to know is being gained by using the mind through mental deductions and equations, very little of what you are discovering is being done with any heart of truth. And if it were, then you would not be looking to develop weapons of mass destruction, with all efforts being about helping to work out your negative mind state and how to free yourselves from it. People are now being offered a helping hand from Mary and Jesus, and from Marion (indirectly) and you James (directly) through the likes of this writing; so if you so desire, you can set about understanding your true relationship with Creation and the beauty it beholds – the relationship with your soul and the wonderment contained therein.

I will clarify this now James as it was in your mind earlier:

Mary, is Mary Magdalene, and she and Jesus are soul-mates, the Creator Pair of Nebadon, the Local Universe we live in. Mary is NOT his mother Mary, who is so wrongly worshipped. There was no Immaculate Conception, Mary and Joseph conceived Jesus naturally how all children are conceived, just as Mary's parents conceived her naturally. Both Jesus and Mary Magdalene were conceived in perfect Natural love, maintaining such perfection and true state throughout their lives. They partook of their Mother and Father's Divine Love becoming their true divine soul. They were not conceived in the Rebellion by Default like everyone else. Mary was not a whore or full of devils that had to be cast out of her, because her soul as I said maintained it's Natural love perfection so in no way could have been so imperfect as she is unlovingly accused of being. They both had perfect minds and will, so anything attributed to them that suggests they had or have imperfect minds and will, needs to be discarded.

All that you are doing on your world is exploring the negative, and is consequently taking you further away from the one true Great Source and Centre. Life will become increasingly harder and more difficult as you separate your mind from your feelings. But when you begin to feel what is right to do and the right course to take, as opposed to one you want to take with your mind pretending to be in control and with all the power being the 'Great One', then things will start to change for the better and you will be able to set about rectifying all the wrong and truly healing your world, lives and self.

You will not be able to heal your world until you first heal yourself. Only through increasing eyes of truth will the actual harm be seen and the desire to stop be gained, and the will applied to make amends for the damage done. The world is just one big 'person' in a symbolic way. And just as so many die from cancer being eaten away from the inside owing to the denial of their true feelings, so collectively you are eroding the world by your cancerous actions of living rebelliously. However, if do your Soul-Healing and seek the perfection of the One's who made you, all will be healed, the cancer within and without will go as mysteriously as they came, and you will be able to live free, true, pure in heart and will, and fully honouring your feelings of love.

When you are free of your negative unloving mind state, you will feel love, and so you will naturally look at everything with loving eyes giving everything loving attention. You will not be able to do the harm and damage you can easily do now whilst being in your unloving states. And future humanity will look back at you now in sheer disgust and utter amazement at how you could have possibly inflicted such cruelty on yourselves and each other, and on all other creatures and the Earth itself. When you start to grow in truth, as this still eludes you by refusing to do so, no longer choosing to stay buried and focused on the lowest material plane, you will quickly be able to see through all the negativity and see what needs to be done to change things in a loving way. And the changes, slowly at first, will come.

As for how much you are your soul and Creation, how much you are both intrinsically linked, you also have no real appreciation. All that your life is, is the manifestation of your soul. Currently your soul is driving and so accommodating your refusal to live in harmony with it, and so it is orchestrating your experiences in conjunction with the Mother and Father to enable you to keep living your negative rebellious state.

Everything that happens in your life, whether you see it as a positive or negative thing, is happening for two reasons: one, because your soul is 'allowing' you to live against it, it actually 'wants' you to live against it and so is making you live that way; and two, because your soul 'wants' or 'hopes' (as it will one day make you do) you to stop denying it, and 'come back to it', to live in loving peace and harmony with it and yourself.

Some people are seemingly happy and content with their negative lives, as mostly they were happy and content during their childhood, however they still fail to understand that such happiness is only being maintained by their mind, as they too are still living in accordance with the dictates of the unloving and unhappy Rebellion. So people who get what they want and feel successful in life, are really being successful at living rebelliously. It is all a delusion everyone is living. And the further you go down this road, the further away from your true self you'll be living. And one day the merry-go-round will come to a halt, and then it will be time to turn around by looking to all those feelings you've been denying.

And because most people feel relatively happy and loved in their negative lives of rebellion, so the incentive for them to change in such an extreme and dramatic way that I am talking about as will happen for people who do their Healing, is not very great. I imagine they would reject most of what I am saying, it making them feel bad, and so having to cover up those bad feelings, and particularly if they have to look at their partner, friends, family and parents in a not so loving way, and so having to do everything to avoid the truths I am speaking about. Still, if that is to be their soul path for the time being, then that is what they must do, with everyone being free to live in accordance with the needs of their soul.

Not everyone is going to want to rush into doing their Healing, it will be too much and too hard, however it is conceivable a lot of people will look into it and even want to do it after they have died and are settling into their new spirit lives. Death, itself, being such an

upheaval at times, it then freeing them up out of their Earth situations and relationships to consider something as new as doing their Healing.

And other people, so we anticipate, will avidly want to do their Healing, wanting to see if they can complete it whilst still of flesh.

And people can start their Healing once they are an adult and finished their childhood, however we imagine most people will possibly be more willing to do it in their later years because it will take them time to try to be the 'success' their mind believes is important to be, but once things start not going so well, or with greater wisdom finding what they believed would make them feel good, loved and happy, doesn't so much, then they might be more ready to 'cross the line' and moving into 'The New Way'.

Being a child with adults around them who are doing their Healing, means they will be affected by them, and that can be both negative and positive. And again it will depend on all the input from the major adults in their life, and what their soul will want them to experience of the Rebellion and Default.

I would warn against trying to 'make' your child, no matter how old it might be, to consider doing its Healing, as everyone will need to come to it when they are ready. I do stress in these writings James, the urgency of doing your Healing so as to lessen the burden of your feeling-denial, however that too is subjective because some people's souls will want them to keep living untrue to themselves and bound up in their mind's control well into their spirit lives. As some of the spirits who have spoken to you James have told you they've been living in the mind spirit worlds for tens of thousands of years before they came across the truth of doing their Healing with the Divine Love – their Soul-Healing.

For most people, a cold is a bad thing, an interfering nuisance and should be got rid of as fast as possible. Few people see a cold as a good sign that they are doing things incorrectly and out of balance with themselves, and it is a way their soul is trying to communicate to them through their feelings by making them feel miserable and weighed down, tired, depressed, irritable, inconvenienced and out of step with how they are living that is untrue and against themselves. And that a cold is a blessing, as it brings up so many bad feelings if you allow it, all of which can be expressed and their truth longed for. And all to help you become more aware of how unloving you are to yourself, and all because of how unlovingly you were treated during your childhood by your parents. A cold can be used to help express many repressed childhood feelings, all of which need to come out of you so as to unblock you from living untrue to yourself. To stop yourself feeling all your bad feelings during a cold is only forcing yourself to move deeper into your rebellious state, all of which one day is going to cause you even greater pain.

And the fact you even get a cold means, as it will invariably make you feel miserable, that this misery is how you felt as child, which you have buried and refuse to acknowledge. That all your runny nose, sore throat, bad cough, is all a physical expression of the misery and

suffering you felt. And now once again suffering and feeling so miserable, you can work with those feelings by fully acknowledging them and allowing them to make you feel as bad as they will, so you can reconnect with all those same miserable feelings of your early life. And if you long for the truth of your feelings as you are striving to bring them out, the truth will move you deeper into understanding what was really going between you and your parents that made you feel so miserable. Pictures, memories, perception and awareness will all come up in you, a glimpse here, a revelation and deeper insight there, sudden understanding as you 'get it', as you see more into the hidden veils of your forming years.

Sickness comes as a last resort for the soul for when all else fails, when you keep denying the truth your feelings are trying to help you see about yourself and your situation in life. It can bring pressure to bear on the physical, to be attended to more closely having overlooked all the mental, emotional and spiritual signs. And for many people, because they are so heavily shut off to their deeper feelings, the soul even needs to remove them from mortal life in the hope that they may let go or give up some of their mind control and false power ways and start to listen to their inner selves, and maybe even start to want to know the reasons why, and the truth of why, they are so sick and why they died how they did.

The soul will give you many chances, and even though, of course, it does control every aspect of you, still it allows you the personality to feel you have some say in your life, so in a way it does respect you and can only use what means it has available to it to try and make you see the truth of your self-denial, or at least make you want to see it. It honours the very Natural laws of Creation it is helping to maintain and create, and so it doesn't suddenly make you snap awake to your self-induced plight, making you come to your senses (although that can happen too), for it wants you to fully appreciate and experience all of the negative state you are in. It wants you to slowly and gradually see that you being in control of life through your mind is not abiding by the Natural laws. It wants you to see for yourself that you are going against yourself, for you to wake up and realise the truth that you, the personality, is living untrue and against the truth of your soul, and that you can't always have it how you want.

And it wants you to slowly turn around to seek the truth of your feelings, and to build your longing to seek a new way. It wants you to come to these conclusions and decisions yourself. You got yourself into it as you were growing up, and so you must get yourself out of it. You have chosen to go it alone and to cut yourself personally off from the Mother and Father, and so you must choose to change this approach and want to come back to Them and stop being anti Them. In short you have denied love, and you must choose to stop this and live with love. You are to take full responsibility for being the personality you are. And this is the simple dilemma that humanity has been confronted with for a long time, yet hasn't as yet, even with Jesus' help, been able to rectify. But now as more help is being offered to you, you will be at least able to reappraise your situation, and if you want to do something about it, you can. You can do your Spiritual Healing.

LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:

1st sphere, lower regions – Natural Love MoC 50+/-
The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.



The typical soul condition of humanity is such that they generate the luminosity of a single candle.

1st sphere, mid regions – Natural Love MoC 210



A soul that has grown in love and soul condition equivalent to the 8th sphere – the point of becoming at one with God. The luminosity of such a soul is equivalent to the midday sun.

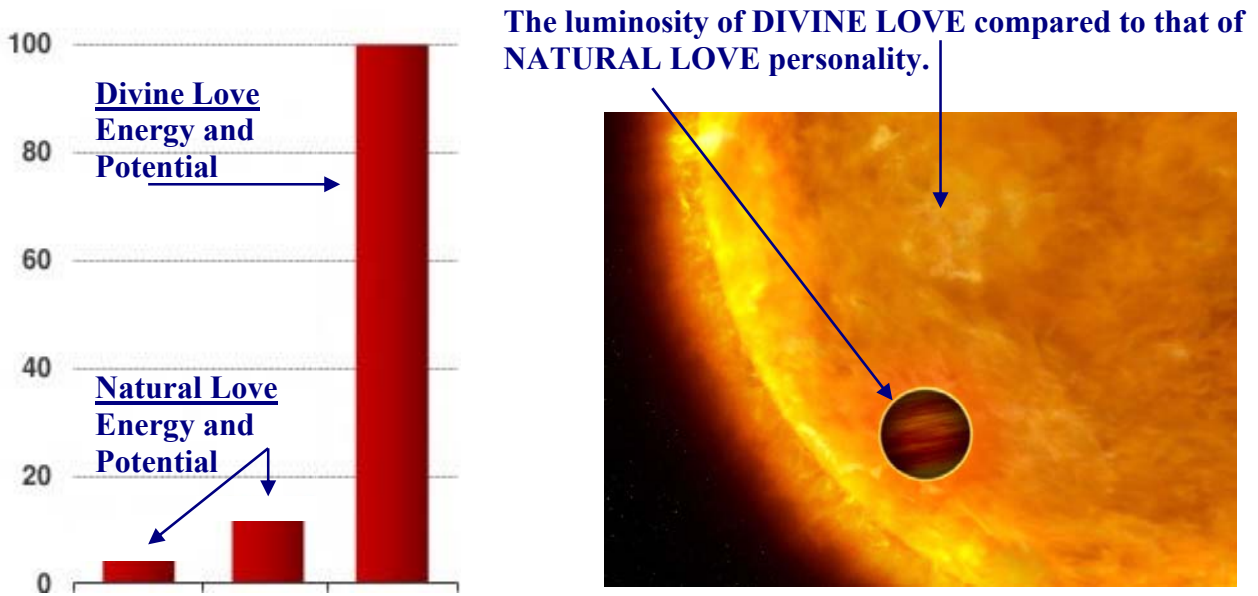
8th sphere – only possible with Divine Love while doing one’s Feeling Healing! MoC 1,000+



DIVINE LOVE = Light Golden Blue Energy Substance versus Natural Love:

The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.
 John (Apostle) 19 January 2015

With DIVINE LOVE one's potential in growth is to infinity. Progression is typically many multiple times faster than for those who remain NATURAL LOVE dominant and restricted in their growth potential to that of only becoming the perfect man. Whereas Divine Love enables at-onement with our Parents and entrance to the Celestial Heavens and beyond.



Embrace the availability of the Feeling Healing process and Divine Love, all one need do is to earnestly long for and ask for our Parents' Love. It is an energy that surpasses all that is.

It is with this energy melding within one's soul that heaven on Earth is achieved.

Nothing else can bring about the joy and love we strive for.

Infographics and diagrams have been added by Pascas.

SELF CENTRED ACTIONS and AGGRESSION HAS CONSEQUENCES:

Any action that causes harm to one's self, or to another, degrades your soul condition. Your soul being your real self.



We may have a big powerful physical body, but our real strength is the condition of our soul. Should we assert our unloving nature and desires, then our soul's radiance and energy is progressively degraded. This can extend to the point where our soul's radiance is nothing more than that of a dried up darkened garden pea.



Our soul condition is reflected through our spirit body for all to see. Upon entering the spirit world, into the 1st sphere, a healthy loving soul will be reflecting out through a spirit body the same size as that of the physical body whose personality has now separated from that body.

A degraded soul results in a significant diminishment of the size of the spirit body. The poorer the condition the smaller the spirit body – significantly smaller. Further, there is little to no radiance, therefore, little to no light. There is greatly diminished capability in all aspects of spirit life and a great loss of the capability to move about.

In this condition, one is isolated into a very lonely dark environment to begin the long process of recovery and development of love for one's self and for all those around them.

One is always being loved, and help is always available, one just has to learn to accept this offer of love.

One can always recover and grow in love from what ever condition they may find themselves in.



24 May 2003

When light comes from your soul into Creation and you live a full experience, and light then goes back to the soul from this experience of living true to yourself, you feel good, you feel alive, happy, true, and most of all you feel love. You feel good and loving about yourself. You feel that all is going well and you are being fully accepted and welcomed into Creation, you are being loved for being yourself, for existing. And this is the perfect state of love that you innately want to feel and so desperately long to feel, just loved – love.

When you are interfered with, meaning, that your experience is not full, as you are not being lovingly welcomed into life and Creation, some of your light from the experience is denied its existence. Your experience is not full and therefore is not true, and so your soul does not receive its full light need from its experience equal to that soul-light it sent. Your soul is then in light deficit. And so you do not feel so good, you feel unloved and rejected, unhappy and negative, not loved and can't be loving. Your soul is not as bright, it has become darkened a little. And if this goes on over many experiences, you become a much-darkened soul and feel very unloved and very rejected.

Your soul is still sending soul-light into Creation, into you, and if your experiences are still being rejected, if you are being rejected and not being accepted and loved as you need to be to have a full and good experience, then more and more returning experiential-light is denied your soul. Your negative state is not only applicable to your mind, but is also very real to your soul. Your soul becomes starved of the very light it needs to keep shining brightly into Creation. And so you are not growing in truth.

You are denying yourself what life is all about, and at some point, the denial will become so great you will feel like you can't go on, you crash in despair, all the things you do desperately trying to make yourself feel better start to fail, and you fall into your darkness that threatens to consume you, to crush you out of existence, to make you feel you will cease to be. This being the end result of rebellion, what happens when you are deprived love and the full light from your soul, when you are not of truth, only untrue, when you are only evil, rebellious, wrong, bad, living against God and against the truth of yourself. And upon reaching such a point, this is when most people and rebellious spirits decide, because they know, they feel it and there is no avoiding such terrible feelings, something is very wrong with them and something needs to be done.

And now you can do your Healing. It's like in a way when you 'get to the end of the line', when all you've tried to do to be good and loving and caring starts to fail, when you don't know what else to do because you've tried everything, when you feel so bad you want to kill yourself and end it all. And so you can kill yourself, yet another bad feeling avoidance mind controlling action, or you can start to work with such bad feelings.

When your soul's true light pattern becomes denied and interfered with, you feel bad, and from your first moment of conception, as you are conceived into the womb of untrue parents, so you start to feel bad with such experience denial compounding depending on

how unloving and rejecting of you your parents are. And all those **early childhood bad feelings can add up crushing your spirit, making you feel very depressed, miserable, suicidal, lots of very bad feelings.** So the true and perfect life you were intended to live cannot and does not happen. Instead, you live a negative or 'part' life, and one that is not governed directly by all the light of your soul in a true sense, but one that is controlled indirectly by the circumstances you are in and your beliefs and unloving behaviour that becomes established around this. And when your beliefs and negative behaviour are firmly in control at puberty, you have in effect taken over the path of your soul by your mind, and are living life as you intend to and believe you should, and not the real and true life that your soul wants you to live. You are completely interfering with your soul. You are to all intents at odds with your own soul. And the more the days pass, the further you are creating the 'separation' by denying your soul the experiential-light it needs.

And although, as I have said, this is all being controlled by your soul, with God and your soul actually making you deny your true self, it is still all within the personality part of your existence you need to deal with your unloving actions, it all making it feel like it is up to you to help yourself, to do your Healing. So, at some point you will need to willingly choose to end your participation in the Rebellion, you will have to choose that you do want to survive as a loving personality, you do want to be an active and loving soul in Creation ascending in truth to Paradise, there to personally meet and be with your Heavenly Parents. In every feeling you have this choice: you can chose to fully express it as you long for the truth it will help you see about yourself; or you can chose to deny some or all of it. When you start your Healing, you will understand that you are to embrace all of your feelings, and particularly all your bad ones, wanting to accept them, express them, and long for the truth of them, rather than do all you can to keep denying them.

You never separate from your soul, but as an analogy it is useful to give you a picture of what is happening. You are all but cutting yourself adrift, setting yourself apart from your own soul; that which created you and is still 'struggling' to keep you going, is still trying to get you to come back so that it can resume the true and correct life pattern and destiny for you. The mistaken belief that you create your own reality and destiny, stems from misunderstanding you are feeling-led, feeling-driven, and instead believing you are only a mind, and all is maintained by the mind, and that you can do whatever it is whenever you want in Creation, all through the correct usage and discipline of your mind. However life is not up to you, it's up to God through your soul.

Many of the Eastern spiritual masters and gurus look to gain complete mastery over their feelings by using their mind. To 'still your mind' really means you are wanting to apply such heavy mind control to yourself that you still your feelings. All so you don't feel any of your bad ones. Sit in meditation for hours on end to deaden all your bad feelings, to continue to overpower them and shut them out. To 'focus on bliss' or on 'stillness' or on 'nothingness', even just to focus on love or good positive thoughts, or even on God, and to want to attain a blissful state of nirvana is to once and for all deny any and all bad feelings. And to still your feelings means you may as well be dead. And yet they believe getting spiritual

enlightenment comes to them through the Mind, they being mind can reach out or tap into all Mind, that God is Mind, and they are at-one with Mind. And yet all they are succeeding in doing is deluding themselves to such an extent that they are in control of Creation, all through and by controlling their own mind.

And the years of practise it takes to have such mastery over yourself, is the hard work you have to keep putting in to achieve ultimate mind control or ‘mastery’ over your feelings. Feelings are too unruly, too unpredictable, they often make you feel you should do something other than what you think you want to do, so they are ‘naughty’, like annoying interfering little children who are all feelings, so you have to ‘discipline’ the mind, force it into the mantra patterns of control you want it to have, all so you have complete control over your feelings. Then your feelings, the wayward little children, all conform and comply with your wishes, no longer having any freedom of expression. Which is one of the ultimate ways of successfully living rebelliously, because by using your mind to control all feelings, means your feelings are no longer free to help give rise to the truth your soul requires for you to ascend to Paradise.

So such ‘enlightened’ people and spirits remain confined to the mind levels of the Mansion Worlds, never doing their Healing, and so never becoming free of the Rebellion, and never advancing out of the Mansion Worlds and into the Celestial spheres. ‘Never’, that is, until their soul says enough is enough, and it’s time to start relinquishing such heavy mind control, and so their mind starts to ‘crack’, they can’t assert such control with the ease they had attained, and they fall back into their feelings, all those bad feelings they have denied. And all their mind-contrived feelings of blissful nirvana evaporate, and back into their childhood repressed bad feelings they go.

Your soul no matter how much you are denying it, is still in control of you. It is simply ‘accommodating’ your transgression, it is making you move that way because that is what God wants you to experience of the Rebellion and Default. For individuals to have no soul consciousness and no soul reality that there is something deeper within them that seems to be mysteriously guiding, controlling and governing their lives, shows just how removed they are from their true self, from their soul. And they are in a very bad state.

Many people on your world exist like this, and even many more in the higher mind Mansion Worlds in spirit. Many of the so-called great spiritual leaders, old and new, that you look to for guidance and inspiration, are living like this. It is sad to see so many people praising, worshipping and trying to emulate such untrue individuals, hanging on every precious word they utter as if their guru or religious leader knows the secret to a good and loving life; and with the guru or religious leader themselves believing they are great in their mental accomplishments of control, those people who are so far away from the truth of their own soul. And so many people look to them for spiritual guidance in how to come back to their souls, and yet if they listen and do what these people and spirits say, will only be lead further astray and further away from their soul.

If you do truly want to be as spiritual as you can be, do your Spiritual Healing. Look to your own feelings to show you the truth you are to see about yourself, nature, life, and your Heavenly Mother and Father. All the rest is not being spiritual, it just playing around with mind control techniques.

Love is the only experience that is powerful enough to give you back the full experience of those experiences you have been denied, and consequently deny yourself. Love is the highest experience. 'Love heals all' for this means it can fill in the gap, fill in the hole and make up the deficit. Contained within the experience of true feeling love (and not mind contrived love) is the most light. Love encompasses the highest and brightest attributes of your personality. If you love and experience love, you are experiencing Creation to the highest degree that you can, and so this will generate the most experiential-light. So how much love you experience is the key.

And as love then comes from and is dependant upon your level of Truth, the higher truth you are the more love you can feel and express, the more loving you are, so Truth is even a bigger key in many ways. You need both keys.

When you are living so devoid of love, you can only experience love to a relative small degree, and so gain only a small amount of experiential-light from this. But as you heal yourself, you can experience more and more love, and so will be able to give to your soul eventually all the experiential-light of love that has been denied it. Through your Healing you will be loving yourself as you accept all your bad feelings. You might not feel like you are growing in love, you will feel very unloving and very unloved as you bring to light all how badly you were treated as a child, however by looking to your feelings to give rise to the truth of your rebellious state, is a loving act, it is being truly self-loving.

The notion of 'love thyself' and be self-loving that many people believe is a way to help themselves, is once again misplaced, because invariably they are trying to achieve that self-love by using their mind, and that is not the way of growing in truth. You need the Truth of yourself to keep coming up within you so it forms the platform from which you love. You can't love without Truth. You need to be true, even if it is being true to how untrue you are, that will give rise to true love and will fill in all your love deficit. Truth and so love are how you truly heal yourself. However again many people believe the more they fill their mind with information and certain understanding is growing in truth, however again it is only a mental delusion. The pursuit of Knowledge is yet again another way of filling your mind with information so you don't have to feel your bad feelings. **You can only truly grow in Truth through your feelings**, and so if you persist in denying feelings, then you will limit any truth growth.

Doing your Healing will take a long time and involve a lot of very hard work. But it can be done, and now that the planetary circuits have been healed for you, in potential you can do it, and many people will ultimately achieve this on Earth in future – to become a perfect man

or woman of perfect Natural love. To have regained union with their soul and made up all the experiential-light deficit.

The doing of your Healing is helping you complete the experience you were not allowed to fully have as a child. By embracing and expressing all your bad feelings, all that has been repressed within you will come out, and all the coming out of such hidden feelings, is the filling in and completion of the denied experience. As a simple example, you feel bad as a young child, you want to express part of that bad feeling by crying and yet you are quickly told to stop crying or your parents do something to change your feelings, like giving you a sweet or food to take your mind off feeling bad, making you feel better, all of which can result in you not fully expressing all the pain you were feeling. So, some of the experience is denied you, you suppress and then repress such bad feelings, and so all of that crying is still within you waiting for you to express it, which you will do through your Healing as you reconnect with such denied feelings. If a parent can allow its child to feel bad and express for however long it takes all its bad feelings, so much the better.

Through your Healing you are to perfect your Natural love, and then once done, the Divine Love you have longed for along the way will be able to fully transform your soul into becoming divine, thereby granting you entry into the divine universe and Celestial spheres. You are not conceived divine as many people want to believe, nor are you of perfect Natural love because of being conceived into the Rebellion, so to become of perfect Natural love and divine, you will need to do your Soul-Healing with the Divine Love. If you do only your Feeling-Healing, and without the inclusion of the Divine Love, then you become of perfect Natural love waiting to become divine. Currently, and for the next Spiritual Age, the Divine Love will be readily available, so you can do your Feeling-Healing and long for and receive the Divine Love, thereby doing your Soul-Healing. All of which is doing your Spiritual Healing, or just as you simply say James – your Healing.

As you can read in the *Padgett Messages* from Jesus, the Divine Love is required to transform your soul from it being mortal into divine immortality. And in doing so will transform you from being of the image of your Heavenly Parents, being of Natural love, into becoming of Their divine essence. Your Natural love soul becomes divine, and only then can you truly know and be with the Divine Creators of your soul. So it is with a sincere and earnest longing to God for Their Divine Love that They will lovingly respond to such prayers when your soul needs to be ‘loved’ by Them. You will feel Their Divine Love coming into you being brought to you by the Holy Spirit, however it will not always come in direct response to your longing for it, it will come when your soul needs it.

At some point whilst living your rebellious life, you will reach a critical point in which you have denied your soul as much as it can withstand. Your inner pain, which you most likely will not be aware of, will be at its greatest. All of the inner you will be calling out for you to give up living how you are. If you keep refusing to listen and heed such feelings and signs coming to you in life, then your soul will need to take increasingly stronger and more forceful action to get your attention away from your controlling mind and onto your

feelings. You cannot take over control of your soul through your mind. You cannot choose to annihilate your soul or its personality creation by using your mind. You cannot, despite what your science fiction movie writers want to believe, become just a mind. And your mind being only one attribute of your personality, and your soul's creation, is not strong enough to maintain your rebellion forever.

Rebellion against Truth and Love is doomed to fail. Within all such rebellion are the seeds of its own demise, because it is rebelling against all that is life sustaining – truth and love. You live in a Perfect and Loving Creation. To go against this and so against God, is futile, however, it is what you people and spirits of the Rebellion need to experience and finally wake up to and see for yourself; and if for no other reason than to show you it is not going to make you feel good in the end. So you have to get to the point in your life, be it on Earth or in the mind Mansion Worlds, when you can start to see that how you live is no longer good, as it no longer keeps you feeling good. So living against the truth of yourself is also doomed to fail, and that will be when your mind is forced into giving up its control over your feelings.

For most people this breaking down of their controlling mind is a slow process, and it is what you feel when your life starts to go seemingly against you, and if you listen to the feeling messages, you will start to look for another way of being, you will want to know what is going wrong in you and why. You will want to know the meaning of yourself and life, and start asking deeper questions seeking answers and wanting ultimately to know the TRUTH. When this happens, you are beginning to be a true truth seeker who is intent on finding the truth at all costs, then you are well on your way to heeding the call of your soul.

If however you still resist, the pressure will build, and eventually, as you have been told about in your other writings James with spirits who've experienced such a thing, the soul can crash your mind, make it collapse and break down completely, a complete mental breakdown, so you have no choice but falling and giving up, as your control is instantly stripped from you. This extreme failure is mostly reserved for the higher mind spirits of the sixth Mansion World, as most people on Earth can't attain such level of mind mastery over their feelings, the physical being more resistant to it.

And such extreme measures need not be employed by the soul whilst you are of flesh, because there are many 'lower' or other things that can be brought to bear on you, with things such a physical illness being just as effective in putting pressure on your controlling mind. This mind crash is very severe and therefore the last resort. And it is nothing like what you call a mental breakdown, it is far more severe and extreme, taking place on a spiritual level and involving all of your being. Your medicine wouldn't be able to cope with such a thing if it did happen to you in flesh, and you would simply perish to be nursed by spirits back to a point from where you can start over.

What you call a mental breakdown is just a partial stripping of only a few controlling beliefs. As it can debilitate you completely all the same, thus showing just how much you are

controlling yourself with your mind, and still far more work will be needed by the individual through their Healing to complete the process. Your Healing in many ways is one long mental breakdown, all to relinquish all your rebellious mind control. And I will add that those in spirit who experience such a big mind crash, do not get let off the hook and they are then healed, for all that happens is they are rebased, in that they ‘fall’ to the lowest World, deflating their mind to the first Mansion World from where they can start over living their mind life. Yet hopefully mindful that how they were living was not good for them, and so they might possibly start to look for a new way – to do their Healing.

To invest all your life and your whole being, all your will, to achieve and maintain such extreme mind control, then for it to fail so dramatically, does, as you might imagine, make one have to reconsider all they believed life to be. They believed they were King or Queen of the pile, then to fall into the horrible depths of their unexpressed pain, is a major humbling experience. They will have to start seeking truth, just as all do; and will, when they finally embrace the Divine Love, do their Soul-Healing. They will have to work through all the negative mind circuits, just as all do. And yet many such fallen and ‘broken’ mind spirits, don’t actually start seeking the truth through their Healing, and again stubbornly start living exploring another mind controlling way.

I will finish for now James – Zelmar. (a Melchizedek from within Nebadon)



Infographics and diagrams have been added by Pascas.

The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced worldwide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression

25 May 2003

Hello James, I feel like a bit of chat today rather than pushing on with the soul-light theory – what do you say to that? Good.

We have a very detailed plan of your's and Marion's lives. We can *see* both of your lives. We are able to scan it through a mechanism of 'seeing' we have in the Celestial spheres, and that allows us to 'tune in on' each and any part of them right down to the specific experiences you are living now, have lived, and are destined to live. Your lives have been forwarded to us by the Paradise Council of Sons and Daughters, and it comes as a part of your incarnation requirements for us, your Melchizedek team, to understand and help us with your spiritual lives.

We know well in advance all about your lives, however we only look at such information about you if we or you need to see something specific, and so far we have only needed to look into your life on three occasions, and into Marion's on four. And what we have looked at we cannot reveal to you, however even if we could, it would mean little to you. But I just wanted to tell you this as a part of what we are going to do, it expanding your mind so far as understanding some of the things that are available to us in the Celestial spheres, and what is happening associated with your lives. All of our information we impart to you, will help you to feel more about yourself and gain a better understanding about what is going on behind the scenes. We know this sort of information fascinates you and it will help awaken deeper feelings in you making room for you to move into.

As your life has been so restricted by your mind, all conditioned by your negative state and untrue family, we are using this time and opportunity to present these things to you so you can expand your horizons. Had you lived a perfect life, you would by now be well under way in our bestowal life, well into your public ministry, but as you are to live a full imperfect life, and then do your Soul-Healing, so things have taken a different path for you.

Your Healing James is to be the main life purpose for both you and Marion. The Healing aspect of yourselves is the most important part, because as you work through the circuits of untruth, so you are clearing the way for others to follow.

We do everything by our feelings, just as you do. Our feelings are much more highly refined and do not have an 'earthiness' about them, but still they serve the same purpose. All soul creations are animate having feelings and thoughts, and are highly expressive. We are all very much alive and active and just as intense about all things as you are. And we all have our specific fields of interest, and as you can guess, one of mine is personal communication with you. However even though the others of our group do not so readily speak to you, they are still very much personally involved in all we do together with you. We have been given the authority to help you understand all things to do with the spiritual aspect of your life. We often provide you with a moment of insight as another part of the puzzle falls into place.

One of our main roles is the ‘laying down of circuitry’, the truth, for the Celestial groups who will minister to their earthly custodians when such people on Earth choose to do their Healing. How we are to you James, and what we do for the Celestials, the Celestials will be doing for members of the earthly soul-groups under their care who will start their Soul-Healing whilst still on Earth. So all we do for you, they will be able to do for them. So we need to do all we do with you, laying down the path so to speak, so the Celestials can follow and do what they need to do.

As people start to do their Healing they will be joined by their attending Celestial soul-group who will help them to see the truth and come to terms with all they will be accepting about themselves. We Melchizedeks are the *pattern* for such Celestial soul-groups. In the end, Celestial spirits from Earth will do all we Melchizedeks do, many destined to spend a season of time, which might be a thousand years, still associated with Earth in such a guiding and caring capacity, before they start to move on officially in their ascension of truth to Paradise.

As you are beginning to see, Avonal Sons and Daughters on bestowal are the trailblazers, and all that they go through and what happens to them outlines the way the feeling and mind circuits are affected for all others to follow. In essence, all those who do their Soul-Healing, because you and Marion are doing your Feeling-Healing with the inclusion of the Divine Love, are doing your Soul-Healing, will be able to follow your example. They won’t have to know you or literally follow you, but they will be working systematically up through the mind, feeling and truth circuits just as you are. And the truths they will come to see about themselves, their lives, Creation and God, will be the same truths you and Marion are coming to see. They will do their Healing in their own unique way, but overall, that way will have been made possible because of you and Marion.

And similarly, all who set out to do their Healing will need help from spirit, and it will be the Celestials who will give it to them. The Celestial spirits, having done their Healing under Mary and Jesus’ guidance, will be able to help directly or indirectly all people who will want to do their Healing. Really, you are to help each other in all things, so these Celestial spirits who were once alive on Earth and living their rebellious ways, having completed their Healing, want to help those who wish to follow them. As you have been told James, all people as soul-pairs will form soul-groups of twelve soul-pairs, and later of greater number up to eventually groups of 1,000 soul-pairs.

And it begins when you embrace the Mother and Father’s Love. Until this time you will and can be spiritually ‘looked after’ by Celestials, however they will not have anything directly to do with you. They can’t until you have specifically chosen the way of your Heavenly Parents, and this is done when you receive your first drop of Their Divine Love. From then on the Celestials can come and be right with you helping as much as they feel they can – as so required by your soul. If it is to be part of your experience, you will be able to get to know all the members of your soul-group before you attain a Celestial level, even if it is only a very new group and currently consists of one soul-pair of Celestials.

You need to be a member of a Celestial group of twelve soul-pairs to ascend Nebadon, you can't ascend the greater spiritual universe by yourself or with only your soul-mate. You need to be in a Celestial soul-group so as to maximise the experiences you all have together. As I have told you, life is only about maximising life experience, because then you will have all the feelings you need so as to give rise to the truth you are to live and express. If people start their Healing, they will find if the opportunity exists for them, that they will naturally gravitate toward others doing their Healing, all so as to start increasing the experiences they'll need to give rise to the feelings that will need to be expressed throughout their Healing. So, every experience is specifically for you from your soul so as to give you all the specific feelings you need, so as to give rise to all the specific truth you need to live.

Now, you can see why Avonal Pairs need Melchizedek helpers, as we are your unseen truth guardians. As you progress through the circuits, so too are we, as with each circuit we are able to help bring the waiting Celestials closer to their Earthly wards. It is all very exciting, as every day you and Marion have progressed through your Healing, unbeknownst to you we have all been progressing through our work, and the Celestials have been coming closer and closer in readiness for being able to help those on Earth who are becoming more aware and conscious about the Divine Love; and as will soon happen, the need to do their Healing. All of which will start in earnest once you and Marion have completed your Healing.

As more people embrace the Divine Love on Earth, more Celestial groups are being commissioned to work with them. Up until now the Celestials have been largely confined to helping those of their soul-group or those spirits under their care as such spirits progress up through the Divine Love Healing Mansion Worlds doing their Soul-Healing, but now they are able to come and begin to help people on Earth. And this help has been long awaited, long yearned for.

Many soul-groups since Mary and Jesus' lives believed that they would be able to help their Earthly wards in this way but learnt that this would not be so until the coming of an Avonal Pair. And as they waited over the long years, slowly many found all of their soul-group came over and did their Healing in spirit, and once the Avonal Pair did come, found instead of wanting to stay and help other people on Earth or other spirits in the Healing Mansion Worlds, felt the pull to move higher into Nebadon. And now as Jesus has told you further, some of them have and are leaving Nebadon, moving out into the greater Universe. But still many Celestial incomplete soul-groups are waiting, and if their members choose to embrace the Divine Love, they will derive great pleasure helping them whilst in flesh and then in the Healing Mansion Worlds if they don't get through all their Healing before they die.

I see you have company in the form of your little grey cat, and I don't want to tire your mind, so I will say goodbye for now – Zelmar.

26 May 2003

The soul is the only part of you that is real and constant, and will always exist as it is. And even by receiving ever increasing amounts of experiential light, creational-light, and getting brighter, really as far as the soul is, it has not changed because it was always to be, and so always is that amount or level of light. It is light. And changeless, a *constant*. It will always 'be there for you', as it is always you. And so because it is ever you, you can gain solace in knowing that so too will you always be.

Every other part of you, the personality parts that have been created by your soul, will constantly change. Your personality essence, being that of your soul, will also remain unchanged, the true essence and substance of you, but all of its attributes will always be in motion. You are forever to keep expressing more of yourself, your personality, in Creation. This feeling of perpetual change can of itself present various problems, with the biggest one being that you feel insecure when you are living without truth. If you are not of love and so not 'joined' or connected completely to your soul, at-one with your soul and fully expressing your soul's-light, then you will feel separated and fearful, often, empty and alone, and like some major part of you is missing. You will be depriving yourself of feeling you have a solid foundation, along with true sense of purpose and reason for your existence. You will not feel loved, and so will feel threatened that somehow and in some way, your existence might cease, and cease at any unexpected moment.

When you are fully connected with your soul through truth, you will feel that your existence is forever and without question, feeling purposeful and knowing the meaning of your life. All such feelings of disconnection and discontent stemming from that, will come to the fore through your Healing, as you will have to identify them and understand the reasons why you are feeling so alone, insecure, truth-less and unloved, seeing how such problems came about through your childhood. And once you understand by being and so knowing the whole truth of your disconnected state, then you'll be able to 'reconnect' bringing about the completion of your Healing.

I will add here, the notion of reincarnation is false owing to the truth that the Mother and Father bestow only one personality on your soul, the other on your soul-mate. Your personality is unique, you are you in Creation and there will and can never be another you. And once your personality has been bestowed on your soul, your soul will forevermore seek to express you as that personality in Creation. Your soul expressing the unique personalities of yourself and your soul-partner.

So, were you to incarnate again, it would mean you would have a whole new life, say a past or future life, and to have a whole new life, means you would have to be a whole new or different personality. You, the personality you are, will only ever have the life you have, you can't stop it and start having a completely different and new life. So you James, being the personality James that you are, and so living the life given to you by your Mother and Father through your soul, can't simply cease to be James that personality, and you get a new

personality, say Jane's personality or a personality called Jane, and start living a new future life, just as your soul couldn't have had a personality called Mark, or Mary, or Xi, or Ty, or anyone else in a previous life.

So do you see, you were always destined to be the personality expression of your soul that you are, and being that personality expression, have the life you do, which is to give rise to the experiences you need to express yourself being that personality. And life goes on, you begin expressing your personality at your incarnation into Creation, and once engaged, your will, will forevermore be expressing more of your personality in Creation. And so on at soul level, your life is all preordained, you are living it as planned, and will always be doing so. So there is no stopping it and starting a new life; there is no probable reality that is spinning off following all your alternative decisions; there is no reincarnation; and no great oversoul that is incarnating multiple personalities in multiple realities simultaneously. It's all much simpler, you are you, end of story. And if you don't like yourself being how you are, do your Healing and come to understand why you are as you are, and why you don't like yourself. And once your Healing is finished, you will love yourself being yourself, and would never want nor dream of being anyone else other than yourself. And you will see that your whole life has been perfect for you, even though you started off being imperfect as part of the Rebellion and Default. But that negative and unloving evil experience was all be perfect for you, you being as bad and wrong as you were, all because it allowed you through your Healing to come to live the truth of your imperfect rebellious state, that which your Heavenly Mother and Father wanted you to experience. And then being Healed, They will want you to move on growing in the truth of your love and perfection.

Reincarnation and such notions of multiple realities, are all creations of wayward minds, minds that are disconnected from the truth of themselves as a unique soul-personality. And such beliefs show just how rebellious and lost you are, how far away from the truth of yourself and your soul you are because of being able to believe such nonsense. Such believers in such mental fantasy show how untrue they are.

Your *spiritual quest* is to *find* your soul, to find the security contained within it, the truth, that currently you lack and so desperately crave. And it's not that your soul is somewhere and hidden from you, and if you perform the right spiritual tasks or rituals, say the right mantra, do the right ten spiritual steps, say the right positive affirmations, you will find it under some rock somewhere at the top of the highest mountain; you are your soul, and yes, it is *hidden* from you, all because you are living rejecting the truth that it wants you to know and live. And so to do your Healing, you are starting out on your true spiritual quest to uncover the truth of your soul through your feelings. You all have feelings all day long, and they are hidden keys to the truths your soul wants you to live. So climb the mountain of your feelings; or better still, go down deep into the valley of all your unexpressed ones.

If you long for the truth of your feelings, embrace and accept all your feelings, and express them including all the pain and all the emotions of all your bad feelings, then the truth your soul wants you to find will naturally come to light within you. And that truth to begin with

will be the truth of your negative and rebellious state. You have to uncover the whole truth through your bad feelings of why you are not feeling fully loved, why you are living rejecting the truth of yourself, why you are a part of the Rebellion against Truth and Love. And such feelings will lead you to the truth of your childhood, the truth of your relationship with your parents and family, because it was all during your early years that you were inducted into being wrong, into becoming apart of the Wrongness, of the Rebellion.

The true definition of a 'lost soul' is one that is not connected to the truth of themselves, the truth of their soul. And as everyone on your world is currently a part of the Rebellion, so everyone is lost to that truth of themselves. You are all lost souls, and only will become 'found' through your Healing.

Your bad feelings come because of you feeling lost – disconnected from the truth of your soul. Fear and uncertainty are vital for your salvation as they alert you to the fact that something is amiss within you, something is not right, and that you need to do something about it. Only when you are fully loving and fully connected to your soul will you feel you have nothing to worry or to be anxious about, and this will reflect that your soul is fully able to express itself, you as one of its two personalities, in Creation; and all the experiences you be having will be generating the maximum amount of creational-light back to your soul. The outgoing light into your soul will equal the incoming light from your soul into yourself, and you will feel fully loved, happy and secure.

All of your bad feelings, all disease, all problems, all confusion and anxiety, all symptoms of fear and nervousness, all the worries you now have, are all trying to show you that you are not fully at-one with your soul. And only your Healing will lead to you eventually expressing all such bad feelings out of yourself as you grow in truth becoming connected with your soul. To use your mind to try and alleviate or combat and even deny such bad feelings, means if you feel better, you've only succeeded in further burying them, and will have to keep using your mind to keep the lid on them.

The true way to deal with any bad feelings is to allow them their full expression, to 'bring them out'. They are a part of you, a feeling, and so they have all the right to be fully expressed, just as you have all the right to fully express yourself. Your parents abused their rights by stopping you fully expressing yourself as you were growing up, causing you great confusion, pain, misery, fear and anger, most of which you will have had to deny, because your parents wouldn't put up with you feeling so bad and expressing such bad feelings all the time. Your parents cause you to feel bad by causing you to feel unloved, but won't allow you to show and express such pain because that then reflects badly back on them. They have to be capable parents parenting well-adjusted children, children that can control and mostly deny their bad feelings. However all of that is going against yourself, and it's all still within you, and all that pain and all those bad feelings will one day have to come out. Which is what you'll do through your Healing, as you start to allow yourself to express all you were stopped from expressing through your childhood.

People pray to God for healing and perfection, for help and love, for all sorts of things, however the one main thing you *can* pray and long for is God's Divine Love; and you can also start to ask Them to help you uncover the truth of your feelings, as you long and want to know the truth of yourself.

You need to long to be at-one with your soul, and then at-one with Them. And as you can strive for both at once, and both are arrived at together, you can work toward this goal with equal intent. However, to become at-one with your soul and at-one with your Mother and Father, you first have to do your Soul-Healing. As will be seen over the years to come now that the negative circuitry restrictions are being lifted, many people will strive to seek the union with their soul without the direct love and help of the Mother and Father – doing their Feeling-Healing. And this can be done, and many will heal their souls and perfect their minds and become perfectly of Natural love. They will love God in their Natural love pursuits and derive much comfort from God, but they will not have invocated Their Divine Love and so started to become at-one with Them in soul essence. Their souls will not become divine.

True and complete at-onement encompasses the union of self with soul, and the transforming of one's soul from its perfect state of Natural love, to that of becoming divine. And you can only do all of this through the direct invocation of the Divine Love, no other way. By sincerely longing for it, by going to the Mother and Father and longing for Them to love you, to fill your soul with Their Divine love. And with the Divine Love you will achieve at-onement and Natural love perfection at the same time, and not separately one after the other.

However, having said that, as you do your Soul-Healing, your Feeling-Healing with the Divine Love, the effects of the Divine Love might be hard to detect, because in a way it will be a very subtle 'force' or influence in the background, as you mostly focus on perfecting your Natural love by bringing to light all your imperfection. So many people will do their Healing with the Divine Love, but still it won't be until the end of their Healing when they have brought to light and are true of all their Natural love imperfection and denial, that they will start to change into perfect Natural love, along with their Divine Love soul transformation.

It is very important to see that you are first and foremost a soul, even before you are a spirit, and then as you are now. And to attune your mind and inner perception focus toward your soul. This will help position you to see everything that is in your life and in the world as a result of soul, and if something is not right then this is because you are not fully at-one with your soul. And then you can move to see that living in a world that completely exists in a rebellious or evil state, and has based all its beliefs and all it does on a negative perception, means you are conceived away from and not at-one with your soul.

At the very moment of conception, you have been forced away from your soul, you've experienced 'personality disconnection' with or from your soul, and have begun to live, not

at-one, but against your soul. Then by the time you are an adult, you are fully circuited in this negativity and very far away from your soul, so much so that no one even feels any real connection with their soul. One may believe that they have one and believe that they know what it is and how it relates to them, but on closer examination it can be seen quite clearly that they do not know what they talking about. And the truth remains: that in a negative mind state you cannot know the truth of that which is only love. You are so removed from love and the light of your soul that in no way can you feel or know or understand its presence.

As people begin to do their Healing and children are born not of the full Rebellion and Default, then they will have more of a feeling for their soul, and this will grow as more and more people embrace the Divine Love and seek to live true to themselves through their feelings. **Now as the worldly negative circuits are being removed on a spiritual personality level, all those at conception in future will be born to the direct level of truth that their parents are of.** If their parents have done some Healing, then their child will be less negative than of those who are still fully of the negative state. You will not be able to judge, monitor or investigate the differing levels, as your science is so far removed from truth and what truly is real and worth looking into, but those who have done their Healing, or a large part of it, will in their hearts at least know that their child will not be conceived as afflicted as they were, and they will parent with more truth according to their healed position, so their child will not be fully circuited in the negative.

I will add for the sake of confusion, that even though the negative circuits have currently been terminated on certain higher technical levels, all this means is that all new souls incarnating are not automatically fully caught up in the Rebellion and Default, as have been for so long – however, only so long as their parents are doing or have done their Healing. As for all other conceptions, it remains the same, with all children being brought into the full negativity of their parents. But at least now the window is open for not all children to be conceived fully of the Rebellion and Default.

It means that people doing their Healing, should they still want to bring a child into their level of rebellion, can at least pass on what they achieve directly to their child, or rather the child will be spared full negative circuitment. This now gives parents even greater responsibility choosing when they want to have children, bearing in mind the full negative or not so negative effects they may have on them.

Mary and Jesus, being of a higher soul level than that of the rebellious evil spirits, put an end to the Rebellion in the spiritual levels by being bestowed into flesh on Earth. Spirits in the Mansion Worlds have been able to do their Soul-Healing since Mary and Jesus returned to spirit after their Earth lives. However, because Mary and Jesus remained true and perfect on Earth, they not taking on and becoming of the Rebellion and Default, it meant they could not reveal the truth of how to do one's Healing to people on Earth. So no one these past two thousand years have been allowed to do their Healing, because the truth via the Spirits of Truth that contain the way of the Healing have not been available to people.

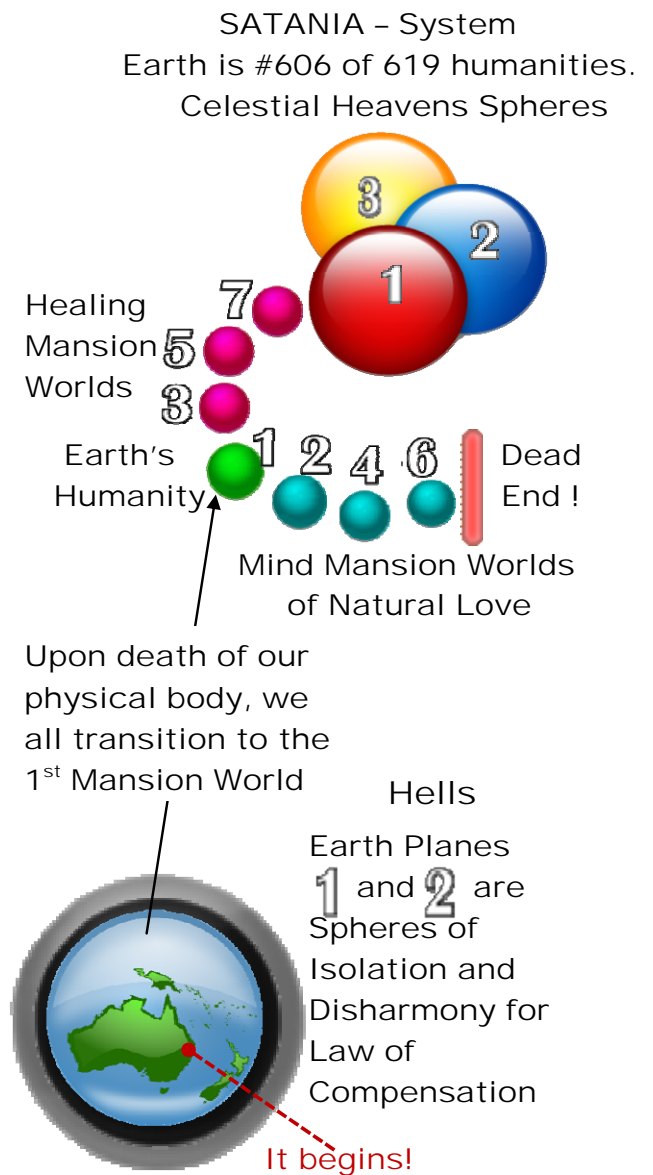
So an Avonal Pair is needed to become of the Rebellion and Default, do their Healing, and by ending the Rebellion and Default within themselves, reveal the way for others to follow them by doing their Healing and ending their rebelliousness.

The System Rebellion and Planetary Default, technically from a spiritual point of view, are over, the Evil Ones are no longer at large. However many problems because of their negative influences still remain, as too do all the personal problems people and spirits are suffering by still being bound up in their rebellious states, all of which is to be worked out of humanity over the coming generations through the personal endeavours of people striving to do their Healing. And whatever progress is made by these people they will pass onto their children, and so slowly humanity will start to reclaim itself and evolve into complete redemption, and into being the perfect soul-children of their Heavenly Parents.

Jesus and Mary terminated the spirit part of the Rebellion and Default; James and Marion, the mortal or Earth part when they complete their Healing. And then all people on Earth will be free to do their Healing, starting in flesh, and if not completing it, continuing on in spirit.

Mortal spirits have been able to do their Healing through the past two thousand years, the Healing Mansion Worlds being set up to accommodate them all under Mary and Jesus' care, and now people won't need to wait until they die and come into the spirits worlds to begin. So all people will soon be free to begin doing their Healing with or without the Divine Love. And still people will be free to stay as they are in their negative rebellious ways of their controlling mind, and are still able to have children and pass on all their negative condition to them. So the division that exists in the Mansion Worlds: those of the Old Way wanting to move deeper into their rebellious and evil ways; and those of the New Way wanting to move out of it by doing their Healing, will become with time more apparent on Earth.

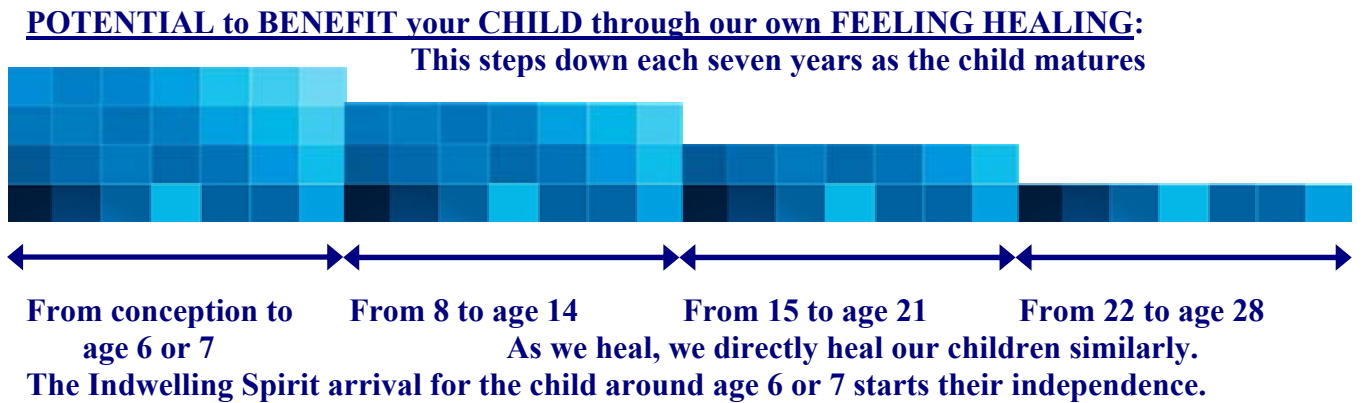
A small handful of people have started their Soul-Healing and are making some progress, however, they are not fully cognisant of all the



details of the negative mind which is making things slower for them than when people will embrace their Soul-Healing knowing more about what is involved. So far, no child has been born to any of these people and so no child has been conceived not fully of the negative. And it will take the participation and cooperation of both parents. By this I mean if one parent for example does some of their Healing but the other parent does not and remains fully negative, then the child will begin life at the lowest point of truth, so still fully of the negative. However as it grows, the truer parent will have a more positive effect on it and the child will not be so negatively influenced as it would have experienced had both parents been negative.

The way is now clearing for people to ascend in truth throughout their mortal lives, however when this starts in earnest, as in the first child being born of higher truth, we wait to see what the Mother and Father have in mind. And as to when the first child is conceived to the first perfected soul-healed soul-pair of a Celestial level of truth, we wait with even greater anticipation!

I will finish for now James – Zelmar. (a Melchizedek from within our local universe of Nebadon)



Infographics and diagrams have been added by Pascas.

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

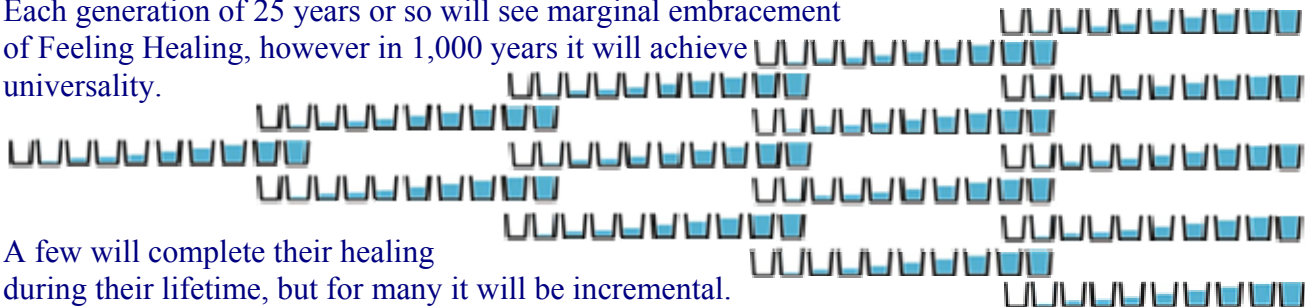
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

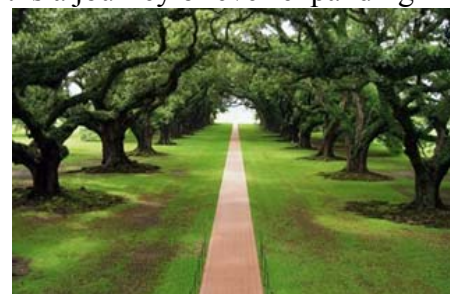
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in ‘feelings-clothing’. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we’ve still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Neadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes us all the way ‘Home’. It is a journey of ever-expanding Truth and Love.



MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.



28 May 2003

The Mother and Father want you, Their child, to be free to live however you want, and to be free to come to Them when you want to. They have designed your souls with the maximum capacity for free will for your personality, and how they have done this is as follows:

You're brought into Creation separate from Them, by being created in Their image, and not of Their essence. This means you are completely removed from Them in that you are a 'different' soul than Them. You are Their child but start life by being separate from them, of a different love to Them, and this enables you to be completely free to live however you want to live – either remaining in this image state of Natural love; or to become as divine through partaking of Their Divine Love, as They are. In other words, you start your experiential existence being the highest and most exceptional creatures of Natural love. You are far superior than your animal friends as you do have a separate soul and are of the image of the Mother and Father, unlike the animals who are not completely of the total image being creations of Mind, and who don't have their own separate soul with personality bestowed upon it.

As you have an existential soul and are inextricably linked to it through your experiential personality expression in Creation, you are of the full image of the Mother and Father: simply; a soul and personality being expressed in Creation, whereas animals lacking their own soul are merely the expression of someone else's Soul, they are attributes of this Soul (the Infinite Daughter of Mind, and Her 'daughter' the Divine Minister) and they are all mind manifestations being governed by this Personality. I will speak more about this later, but for the time being I want to impress on you that as you have a soul and are the full expression of the image of God, you are free to choose how you are to exist, whereas an animal is not. You can choose with your mind as to which state of being you are to live in: image or essence; whereas an animal is just as it is and not free to choose between soul states. An animal is a mind-creation, and as such is only of a Mind. It still has experiences, however they are all only on a mind level, it is not growing in truth through the experiences of its mind. An animal does not have a soul, it's not a full personality as in the sense that you are a soul-personality. And it doesn't reincarnate, and neither can you 'come back as an animal'. You can't be an animal because such creatures are of a different order of creation than you are. And you being of a higher order, should love and come to understand how to live with and wholly respect all such mind created lower orders of being.

An animal and are all other similar Natural love mind creations that exist in spirit that also do not have souls, live simply as an expression of Mind. It is the mind of the Over-controlling Soul that brings them into being, all as an expression of its Soul. So to look at all Natural love creatures gives one an instant appreciation of the Creative Mind of the One from whose Soul they are derived. And this One is the Infinite Daughter of Mind (referred to in *The Urantia Book* as they Infinite Spirit). She, one of the Universal Trinity of Deities, being the Daughter of the Mother and Father, is the God of Mind. All mind creations come from Her, whereas all Truth creations, such as you ascending mortals, what people on Earth are, come from the Eternal Son of Truth. You being of the Truth, are really aspiring to be

as the Eternal Son of Truth is, all within and of the love of your Mother and Father. All mind creations, including material and spiritual plants and animals, the Nature spirits, all orders of Angels, and many other Mind creations, aspire to be as the Infinite Daughter, all within and of the love of their Mother and Father.

From your study of *The Urantia Book*, the Infinite Spirit (Daughter) is existential and the Third Person of Deity. The Eternal Son the Second Person of Deity, the Mother and Father being the First Person or Persons of Deity. This making up the Paradise Trinity – They who are of Divine Love, Truth and Mind; They who create Creation; They who are the God's of all beings.

The Mother and Father love all, we are to become of Their Divine Love. And we are to become of the Son's Truth, as we become of the Daughter's Mind. By living in a rebellion, you are rebelling against the Paradise Trinity, you are denying yourself the Love from the Mother and Father, the Truth from the Eternal Son, and your perfect Mind from the Infinite Daughter. The Rebellion caused you to have dysfunctional relationships with the Deities that created you and oversee your life in Creation. So by doing your Soul-Healing, you are ending your rebellion against the Infinite Daughter by rectifying your mind and ending its control over the truth of your feelings; you are ending your denial of The Eternal Son by fully embracing all your feelings and longing for the truth they will help you see about yourself; and you are ending your denial, rejection and rebellion against Love by willingly embracing your Heavenly Mother and Father through the longing for Their Divine Love. You are to perfect the relationships of the Divine Trinity within yourself, and personally with Them, which when done will mean you're of a Celestial level of divine perfection. Whilst you're of the lower Mansion Worlds of Natural love, and whilst you're living in them in a rebellious way with your mind being dominant and in control of your feelings, so you'll remain in your imperfect and untrue state of Natural love.

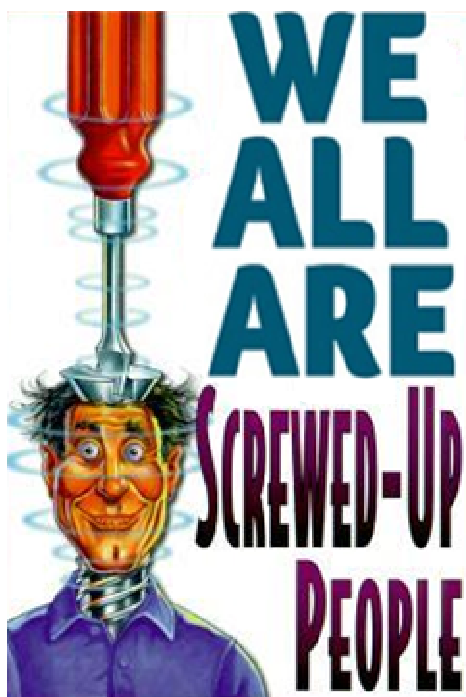
So there are the main Existential Deities, the Paradise or Universal Trinity that we relate to, and then as you can read in *The Urantia Book*, we creations of Their's, by living our experiences, are helping bring the First Experiential Deity into being, the Supreme Being. So we are all helping with the 'making of a God'.

You can't live happily and lovingly expressing the truth of your soul by living with the relationship between the Eternal Son and Infinite Daughter in rebellion within you. Your mind is 'out of wack', your mind is dysfunctional, you are 'living in denial', which means, you are living being too heavily with your mind in control of your truth, which is seen by living denying so many feelings which should be helping you bring to light within yourself the truth you are to live. So you have to 'sort your mind out', which is what you'll do, and can only do, through your Healing by perfecting your Natural love.

To live with perfected Natural love means your mind and feelings are in balance, harmony, you are living fully honouring and accepting all you feel, fully expressing all your feelings, being true to yourself, true to your feeling self, and longing for the truth they are to give rise

to within yourself, and doing that all with your mind in its rightful supportive place within you. It's not that you should not have a mind, your mind is a very necessary attribute of your personality, only it's that it needs to function correctly.

Being rebellious means you've all been forced to use your mind to control and live your life, you believe your mind is King, is God, is the way to grow spiritually, is the way to advance your society and science, is the basis and central focus of all, when in fact it should be your feelings. But because your feelings are 'all over the place' so you believe you have to discipline and control them, bring them into order by using your mind. However were you to live freely expressing all you felt, you'd find your feelings are not just a mess, they all come up within you for very specific reasons, the truth of which you can uncover within yourself, and they are your true spiritual guide, they are the only way you will actually ascend the Universe of Universes to Paradise. If you persist in living through only your mind, you can't move beyond the sixth Mansion World, because you have to remain confined to the Mansion Worlds because of your rebellious mind state. But if you do your Healing, ending your rebellious mind way of living and start living a truly feelings led life, growing daily in truth from them, you are free to ascend all the Mansion Worlds and move into the Celestial spheres of truth as you long for and receive the Divine Love.



Your mind has been 'screwed up' to put it mildly, and you have seven Mansion Worlds to heal such a mess. So your Healing will take time, with much of its focus being on how controlling your mind is, how that came to be, and accepting that you are this way as you understand it's bad, wrong and unloving to be so. You only feel unloved, unhappy and unfulfilled in life because you're living with your mind in control, and with or through your mind you can only experience a fragment of love.

When you feel so 'in love', when you feel such intense feelings of love, they are still only coming for your very limited mind and the little love it can allow you to feel. When you're free of the Rebellion, being true and perfect, then by living true to your feelings and expressing the growing truth in your heart and soul, you will also always be expanding and growing in love. And even though with

much greater love than you can feel now in your mind-limited states, what you will feel and express being of the first Celestial sphere, will still be nothing compared to how much love you'll feel and express when you attain Paradise. And yet being of the love of the first Celestial sphere, it will feel like you *are* on and of a Paradise love, compared to the pathetic and sad mind love you experienced in your rebellious mind state. As a humanity, you have no comprehension of what true and real love is and what it feels like, you accept at best a very low quality of mind love. Wait until you experience the full love you feel for and from your soul-mate when you are both of a Celestial level of Truth.

Spiritual Light is composed of these three main experiential attributes: love, truth and mind – all being reflective of the Paradise Trinity. Love is dominant, then truth, and then mind. And we usually accept that truth and mind are contained within love, for we experience them with love.

Divine Love is the great Universal Light that shines forth from Paradise, the Heart of all Soul, directly from the Mother and Father's Soul. And from this Divine Love, all of the universes are sustained. Love is the first attribute of soul-light and creational-light that is experienced and therefore is the most heartfelt. It is supreme and superior to all other attributes; and so all of the Universe of Universes, current Creation, is built around, on and in love.

Love is the personification of soul-light and creational-light. By experiencing love we know that all exists, and all is soul. And we know each other and ourselves through love. The Mother and Father love us, because we feel They do – we feel loved by Them. And They have created our soul to feel loved by and love for Them. We're all to have loving relationships, with each other, with all beings and orders of Creation, and with the Gods. And when we feel loved, we feel the best.

As we feel They do love us from our experience of feeling loved by Them, we then KNOW They love us, this becoming part of our Truth. So from our experiences with love, we grow in truth, the Truth coming ultimately from the Eternal Son. And to experience so we can grow in truth with love, we need mind, hence our feeling and thinking mind. All that we use to experience within our personalities, can be considered the varying aspects of mind. So really all Creation that furnishes the environment for experience, is of the Mind, all coming from the Infinite Daughter.

So do you see: you need to have your mind functioning properly, your feeling mind being supported by your thinking mind, your beliefs and behaviours in alignment with and as an expression of your truth, the very truth you gain from the help of your mind through your experiences. So you need your mind, feelings, thoughts, imagination, all the psychic levels that unite thoughts and feelings, all your emotions, all your consciousness and unconsciousness, your dreams, your mental deduction powers, your ability to identify and then express your emotions and feelings, your psychological understanding, even your physical and spiritual bodies and all that links them and allows them to work properly, all that your personality is in Creation, it all being your mind. And all so you can experience to give rise to Truth, the very truths you need to live being the personality of mind (and truth) that you are. And with and through and from your truth, you express your love, giving and receiving love based on your truth. And with that love, you feel loved and know you are a loving soul and a loving child from loving Heavenly Parents. And through your love based on your truth, you have loving relationships – as you love yourself and as you are loved by another, so you too can love them.

So your mind is made up of or makes up, all that you need to experience, whereas your truth comes from the actions of your mind as you experience, it largely coming from your feelings, and is what results from experience so you can live knowing the truth of your experience. Your truth is 'housed' in your soul and expressed in your spirit body, in what you call your 'heart', which is really the true heart of yourself, being the heart of your spirit, or the heart of your personality. So you could say the truth is really you, the true or real you, your heart; and your mind is all the rest of you that is required so you can win truth from your experiences. You ARE your truth, it being a result of the actions of your mind, with all the varying aspects of your mind being the DOING part of you so you can experience. So if your mind and your whole personality is not being fully expressed all the time, if you are living against that self-expression by being rebellious, as you all are, then you can't grow in truth, and so neither can you truly love and feel loved. Which then explains why when you are feeling true to your rebellion against love, truth and mind, you feel so unhappy, unloved, unfulfilled, desolate, miserable, scared, lonely, angry, lost, any and every bad feeling you feel. Being rebellious is not a good state to be in, and only by doing your full Healing can you bring yourself out of rebellion, rectifying all that's wrong, untrue and unloving within you.

Your relationship with God, the Mother and Father, and with all the Gods, so including the Eternal Son and Infinite Daughter, and even with the evolving Supreme Being and other levels of Deity, is rebellious, because the Evil Spirits rebelled against the Gods. And so you can't truly love God nor truly feel loved by God, because you're living against God. So all the people of the religions who believe they love God and feel loved by God are only deluding themselves, and really all they feel is a mind based or mind-contrived love derived from their beliefs. They believe God loves them and they love God, so they feel loved by God and love God, which is very different from actually and truly feeling loved by God and feeling a deep love for God coming from the Truth within your heart and soul that KNOWS it's true. Wouldn't you rather know something is right, true and good rather than just believing it is with your mind?

So we might say to you, that your love is false, it's untrue, it's only a fantasy love based on your mind and its beliefs, and so it's for you to find out through your Healing if this is indeed applicable to you: is what you call and feel love to be, real or false love? This is what you must want to know the truth of. Because it is the truth of your relationships, and it can be very confrontative when you are faced with having to accept the truth that perhaps your so-called great love for your partner and parents, even for your own children, is not so great after all, and is only a deep felt love that's being contrived by your mind based solely on your beliefs. You grow up *believing* you love your parents, *believing* you must love them for your survival, and *believing* they love you: "all parents love their children"... don't they? And so you are to find out by uncovering the truth of yourself through your feelings, if this love with your parents was also more than mere belief – was there any truth to it, did you, and do you still, really and truly feel loved by them... and if you did, then how much love... and if it's not full love, then why not. And if any of your love you have for and feeling from your parents is not true love, then you will have to come to terms with that, which will no doubt involve an adjustment in your relationship with yourself and your parents, and possibly with

everything in life, including your relationship with God. If you do truly want to know the truth of your love, and start longing to know it from your feelings, you will come to see if it was only based on beliefs or if it was real and true. And you can think you know already, but that is all based on your rebellious state, you might feel so loved and secure in that love from your parents, and dearly love your parents feeling you could never not love them, but you still have seven worlds of Healing to do before you can know for sure if your current feelings of certainty are real and true.

And if it turns out to be untrue and false love, and all that so-called love you felt for and from them starts to evaporate and you're suddenly faced with having to accept that your parents didn't love you, or not as much as you believed and felt they did, then that's when a lot more bad feelings will start surfacing, from which as you express and long for their truth, yet more revealing truth about relationship with your parents will come to light.

So you are to find out through your Healing: THE TRUTH OF LOVE; and so the truth of your love – are you truly loving, or are you only pretending that you are?

Personality is defined fundamentally by the three primary attributes. All personality will be of these attributes: love, truth and mind.

All soul-personality is of all three, and there are also manifestations of 'lesser' personality that are composed more of the attributes of mind. Animals, plants, microbes, as I said, are solely manifestations of the Mind. Their limited 'little' personalities, or sub-personalities, being expression of aspects of mind. They are expressions of mind in animal form. They adhere to the laws governing the mind, and they are seemingly devoid of truth and higher aspirations of love, other than service through the mind. The Mind serves the Truth; your mind serves your heart of truth. You need your mind to help you uncover the truth of yourself, life and God from within yourself and through your feelings mind.

So that is your mind's service to you being of truth. And so all creations of mind are of service to you souls of truth. Nature and animals serve you. They are subservient to you who are daughters and sons of truth, but they are also wholly self-contained in their Natural love expression of mind. You can abuse animals and nature, doing all sorts of heinous unloving things to them, and yet still deep within themselves they will feel loved by the Mind, they will retain their own purity of mind love. You can train or negatively influence them to be unloving, but that is all on superficial levels within their mind structure, and still deep within them they will retain their mind perfection.

Many people rescue and save a badly abused pet that was unlovingly treated by its owner, and the pet might be very afraid of people, however with love it can be 'brought back' into its true loving state, even losing all such fear. Nature exists in its 'wild' state of mind, yet as many people have experienced, such wild animals when loved by higher minds and with deeper feelings as by some people, can return such love seeming to 'lose' some of their wildness. Which is why you can domesticate and befriend animals, especially if done so

when they are young. As the animals mind pattern is forming, if it includes relating to people with care and love, so as an adult it will continue to do so, which is the same for you as children forming your mind. And it is literally “very hard to teach an old dog new tricks” just as it is for people, because your mind has finished its forming.

All the creatures, all of nature being a Natural love expression of mind, is perfect in that love and mind expression. The creatures, all of nature, is perfect just how it is, and being able to accommodate and live with you in your rebellious states, as you want to keep plants, animals and other creatures. They have no freedom of mind to choose to do certain things, as you do within your mind, so when compared to your mind seem severely restricted, primitive. And yet within their mind structure they are able to have a limited amount of thought, feeling and free will expression. But mostly they just act according to inspiration or reaction in the moment, they don't plot, scheme and calculate what to do next. Even the animals that might seem to display some of these characteristics do so simply because that's just a part of naturally how they are.

They are not aware of or capable of becoming aware of such restrictions, being happy as they are in their perfect mind state. A bird can be just as happy in its cage, as it can be outdoors in its natural freedom, especially if a cage is all it knows. Within their state of being, as you observe, a creature seems to be able to choose of its own volition to go this way or that, however that is not the same freedom of mind choice you enjoy. They can move within the range their mind circuits allow, it being different for each specie, and yet at the same time representative of the whole of nature. They do not think as you think, a creature doesn't feel hungry and then decide to look for something to eat, it just responds to its innate mind inclinations that determine its physical survival, it simply acts on mind impulses, some of which are hormone controlled. An insect eats because that's what it does, it doesn't know it eats to survive in the physical, it eats because part of its mind, which is itself, makes it eat. And if it needs to hunt food, then it hunts. A creature may feel hungry, or it may not, depending on the order of mind creation it is within the overall order of mind creations. A higher mind animal will feel hungry and respond more to such impulses, whereas a lower order insect or microbe just eats because it eats.

All creations of nature manifest the true love aspect of their Natural love mind level, much as people discover through their pets being very agreeable and easily in keeping with a person's Natural love inclinations. So all of nature is capable of feeling loved and being loving in their mind way.

Truth allows for deeper and greater personality expression than mind. There are beings that manifest just truth, but these are unknown to you. Truth however, when combined with the service of mind, is then very dynamic and fully able to express and be subjected to love. And this is how you are. You can love and be loved, and the more truth and mind you are, the more love you can express. As you grow in truth, so too will your mind naturally expand and evolve so you can live understanding and expressing such truth. All so you can

experience ever increasing love. So the three attributes are inextricably linked for you. You are trinity-attributed soul-personalities.

So what this all means is that being expressions of love, you exist with balanced truth and mind, or imbalanced truth and mind – which is always less truth and more mind, as you can't be more truth and less mind. Rebellion, so far as you can experience it, is always of or within the mind. It is literally your mind rebelling against your truth, the Infinite Daughter within you, rebelling against the Eternal Son within you. You are in effect making sister and brother hate each other, rather than lovingly support, love and do all they can for each other. You are making your mind and heart hate each other, rather than naturally love and respect each other. And by doing so, means you can't love and be loved truly, you can only use your mind to create what you believe is being loved and being loving.



And because of the set up of your personality, you also have and enjoy the greatest freedom of will any creation can have. And so with this personality free will, you can choose to live true to yourself by honouring your feeling and thinking mind the right way; or you can live untrue to yourself by dishonouring your feeling and thinking mind. So by denying yourself the expression of one feeling, means you have corruption within your mind system, you are wrong, untrue, evil, sinful, you are all the bad things you can be, because you are not being true and perfect; you are living at odds with the Mother and Father of Perfection, you are saying to Them: fuck You, I hate You, I don't want to have anything to do with You and Your Creation. You are turning your back on Them, wanting to set out and create your own creation, be your own god of mind, one that is not in harmony with Them. And that is indeed what the Evil Spirits who started the Rebellion did, they felt and so believed with their mind, or believed with their mind and so made themselves feel, that God was a hoax foisted upon them and the rest of Nebadon, by Mary Magdalene and Jesus. They had not personally seen or met God, they had not been to Paradise, and so they believed they didn't have to do what Mary and Jesus said, they could take it upon themselves to create their own paradise, their own 'world' or 'universe' to live in. And so they went about the worlds under their supervision inviting them to join them in their rebellion, in their so-called Freedom Of Liberty.

And some of the overseers of the individual physical worlds and their associated spirit Mansion Worlds, like the Caligastias and Daligastias spiritually overseeing Earth, Urantia, agreed to join them in rebellion. So the higher Spirit overseers of your world joined the Lucifers and Satans, they each being soul-pairs, and set about corrupting the peoples of Earth. And so for two hundred



thousand years you on Earth have lived unknowingly in rebellion against God. So all your religions and spiritual systems are of this Rebellion, and because of that, they are leading their followers to keep rebelling by adhering to the mind tenets and dictates of their mind contrived system. So if you are a Christian or Muslim or of the New Age or anything else, you are expressing your rebelliousness through that mind system. And even though such systems purport to lead one to God, none of them will or can lead anyone to Paradise and your true Heavenly Mother and Father, nor to the real Mary and Jesus, because they are all designed to keep you from Them, to keep you in your rebellion.

Jesus was not of the Rebellion, he with Mary M remained true and perfect, and yet your Christian religion has taken their purity and corrupted it into creating a fantasy Jesus people believe in and choose to follow. By *believing* in Jesus you will not meet or have anything to do with the real Jesus when you come into spirit, because you will be quarantined and confined to your Christian mind sector in one of the Mind Mansion Worlds, a place where the real Jesus would ordinarily have no cause to ever visit, because all such spirits living there are living against the truth of the real Jesus, living in rebellion against him. And so the Mind Worlds are full of Christian mind spirits all living believing their beloved Master Jesus will one day come and favour them for their faith and belief, however that day will never come.

What day will come for them, will be when they are forced in one way or another to have to start waking up the error of their ways, to the understanding that they are misguiding themselves by adhering to such a truth-denying religion, basing their life on beliefs and not on truth. No religion or spirit system on Earth or in the mind Mansion Worlds teaches about doing your true Spiritual Healing, as I have been talking about. And if you were to do your Healing, which would involve giving up the Church (or whatever religion or untrue belief system you believed in) and many of its erroneous beliefs, when you are Healed and off a Celestial truth, you might indeed meet Mary and Jesus as they do their rounds through the Celestial spheres of Nebadon. They regularly visit Earth's Celestial spheres, so many Healed spirits see them and many others meet them. However none of these spirits are Christian mind spirits. Many of them were once Christians when they were part of the Rebellion, however all of that has long since been given up as the truth of their error and rebelliousness came to them through their Soul-Healing.

The Angels, which are very real, each of you having a pair attending to the needs of your soul, are also of Mind creation. They are created to serve ascending sons and daughters of truth (yourselves), and the higher Sons and Daughter of Truth. And in their service to the Truth, they grow and evolve their mind. As we evolve and grow in truth; so the Angels evolve and grow in mind. They are growing in mind on a mind ascension to Paradise; as you are growing and evolving on a truth ascension to Paradise.

The Angels being of mind, also enjoy an amount of free will, they are free to choose to keep serving you sons and daughters of Truth. Should they choose to not serve you, then they move into rebellion and become fallen Angels, just as many did when they chose or were forced to join the Rebellion.

As Angels carry out their service to you, so they are filled with the light of their mind love, and that light grows as they advance their mind, as they grow in such service. You can have a very loving relationship with your Angels, however it will be with them being of a mind creation, and not as you enjoy loving relationships between yourselves. In a very crude way, having an intense personal relationship with your pets is something of a vague forerunner to having an intense and personal relationship with your Angels.

Because of the Rebellion, the Angels have not been allowed to have as much personally to do with you as normally they would, and as the Rebellion ends, so this too will change, with many people who do their Healing starting to feel closer to their personal Angelic pair.

A part of having your free will means you are free to choose the beliefs of your mind, along with how you want to behave, most of which is set firmly in place through your forming years and the rest of your childhood. So your 'free will' concerns really your 'freedom of mind' and not any freedom of truth. You can't control your truth like you can certain elements of your mind. Your truth just is Truth when it comes up in you. And then you just live it, you *are* it. And your mind expresses it for you in your life.

Your parents being of the Rebellion impose their erroneous beliefs and unloving behaviour on you, and you being their child willing believe they are right, so emulating them. Often people think they are going against their parents, however this too will be a part and product of their childhood relationship with their parents. And were they to do their Healing would find they are really just the same as their parents. You grow up in the environment with the genetic disposition physically and spiritually to be as your parents are for your survival. And so you choose to be as they are, wilfully taking on their ways, the ways of their expression of the Rebellion and Default. And then combine that with perhaps influential grandparents, uncles and aunts, siblings, other people in society, and you become a conglomeration of all their rebellious ways.

So, by the time you are adult and fully the master or mistress of your ship, you strongly maintain your rebellious stance asserting your will against anything that threatens it. And so when you come to do your Healing, it will take a lot of hard work and application of will to start going against your childhood programming. And because of this, most people shy away from such hard and deep personal psychological discovery; and especially so because most of what you discover about yourself is going to make you feel bad, and even worse than you might already feel, because it will point out the untruth of yourself and falseness of your early relationships and your current adult ones. So most people will prefer to keep advancing their mind's control over themselves, keeping all their rebelliousness firmly in place.

The doing of your Healing is very difficult, having to submit to all your bad feelings, wanting to feel them, allowing yourself to be in them for as long as it takes you to express them out of you, which might take a moment, minutes, hours, days, months, even years. Do you like

the sound of allowing yourself to feel utterly miserable, depressed and despairing for years on end as you strive to express all such repressed feelings out of you? And yet if those bad feelings are in you from your early life, all of which you've worked so hard to bury and avoid, then being their still within you, one day you will have to willingly embrace them.

The great spiritual challenge you face is getting yourself out of the Rebellion and Default. And to achieve this, you have to go right into uncovering the truth of them – the truth of how you are in your unloving and untrue state. The truth of how it all came about; so the truth of your relationship with your parents of rebellion.

The mortal soul is designed to be led by example, you naturally look to your elders, those of more experience, and ideally, those of more Truth. And so you should look to Mary and Jesus, they being the highest personification of Truth in the local universe of Nebadon we live in. And because all such earths are overseen by a higher (yet not as high as Mary and Jesus), Son and Daughter of Truth, so you naturally also look to them for guidance, you want to follow and emulate those of a higher truth, but not by copying them by using your mind to mimic them, but to reveal to yourself the same truths they are living, and to evolve in truth to their level.

And yet because your higher Sons and Daughters of Truth that were influential to humanity, rebelled, so naturally, albeit unconsciously, you want to be as they are. So you want to be as evil as the Evil Ones, which might horrify you, coming to understand that really you want to be as evil as the Devil, Satan, Lucifer, all who are the worst of the worst. You all want to be little devils, little sons and daughters of evil – little satans and lucifers. So because they are denying the truth of their soul by moving into the control of their mind, so you too want to live that way.

Many people fear living as the Evil One's do, as Lucifer and Satan are, living their whole lives trying to not be like them, and yet unwittingly, by doing so, are living just as Lucifer and Satan want them to live, because they are living just as untrue and evilly as are the Evil Ones. The so-called Satanists are despised by the Jesus-loving Christians, yet these Christians by living with their false and fantasy Jesus are doing what the satanists do, only doing it in a different and more acceptable way for them. And it could be said the satanists are actually being more true to their evilness, however the satanists themselves believe in a fantasy Satan and Lucifer, not really knowing what to believe. And if you actually met Satan and Lucifer in person, you might feel you really do love them, because they would seem to support much of how you want to live in your evilness. And if you were to meet the real Mary and Jesus, you might hate and reject them because they would not be supportive of your evilness. You are all evil, all 'satanists', all living out Lucifer's evil plans, and will be doing so until you do your Healing.

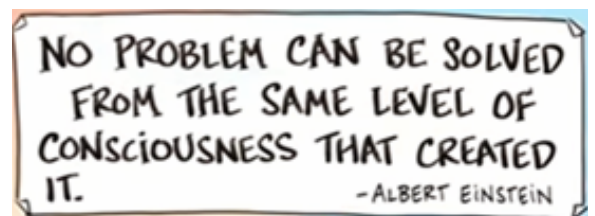
As I said, these higher controlling Evil Spirits are no longer influencing humanity on Earth or in the mind Mansion Worlds, however there are still strong negative influences coming to you on Earth from the large numbers of mind spirits who believe their way is right and want

to keep imposing it on you on Earth. So the Christian mind spirits are very active trying to bring about new Revivals of Faith, showering the faithful on Earth susceptible to their mind controlling ways with their spirit mind light, and making such people believe they are being blessed by the Holy Spirit and that Speaking in Tongues is a good mystical experience to have.

You are all evil, all of the Rebellion, even the most loving, kind and caring of you. No one is free of the negative influences of the Rebellion and Default; it doesn't matter what your religious, spiritual or personal beliefs are, your world is in rebellion against the greater universe, and as such as been placed in isolation, quarantine, it being kept separate from regular events and things going on in the greater universe. And you will remain in such isolation living in your mind Mansion Worlds until you want to come out of it by doing your Healing. And when you are Celestial you'll join the rest of the universe population, feeling you are an integral part of Universal Affairs. Humanity will not be able to make contact with other humanities in the universe until it has first healed itself of the Rebellion. By rebelling you are rejecting such relationships, and so as that has been the choice made; it is honoured, and so you are kept away in your own little isolation until you do want to resume being full members of Nebadon.

And so as part of that Healing, is to reject the false teachings of the Evil Ones, of those negative and unloving ways of the mind that have been created for people to follow, and to choose to embrace the higher truth teachings of the real Jesus and Mary Magdalene, along now with the revelations of truth being made by the Avonal Pair; as in these writings, which I am writing with James on his behalf. He wants to get to know us Melchizedeks more, and wants to give us a voice on Earth, and so he has 'given over his mind' to us; which means, we are able to subtly guide and direct him to write that which comes through his own truth and from his levels of mind and understanding equivalent with that truth. So as he grows in truth through his Healing, we are able to impart higher mind understanding, helping him and any of his readers to better understand the way of things.

It is only a Son and Daughter of Truth (a soul-pair) higher than the Rebellious Sons and Daughters of truth that can rise above such evil rebellious ones. Mortals therefore cannot through their own endeavours rise above the higher rebellious Sons and Daughters, they can only do so when the Spirits of Truth have been released from the attending bestowal Pair. So when the Avonal Pair have finished their Healing they will release their Spirits of Truth so people and spirits of the Mansion Worlds will be able to use them to help them with their Healing. And so until an Avonal Pair has been bestowed on Earth taking on the ways and mind of the Rebellion, then Healing it within themselves, no one on Earth can or will ever be able to do their Healing and set themselves free of the Rebellion.



Anyone who has wanted to, has had to wait until they are in spirit, there being able to understand about the Healing as revealed by Mary and Jesus, and being able to live in the Healing Mansion Worlds. So for people on Earth to be able to do their Healing, for the truth of it to be made know as to what's involved and how to go about it, and that indeed it can be done, you need an Avonal bestowal Pair.

Many Christians believe Jesus will come again and be the answer to all their prayers, the key to their Salvation, however were Jesus to come again, again He *and* Mary would come again in their perfect states and would not need to do their Healing, so would still not reveal the truth of the Healing, just as they didn't reveal how to do it when they were on Earth two thousand years ago. So nothing spiritually would be gained, there'd be no benefit for humanity for their return, nor would there be any for themselves. And if they were to 'come again', they couldn't fully bestow themselves into flesh starting life over as babies, because to reincarnate like that would mean they'd no longer be Mary and Jesus but two other personalities, which can't happen because the Mother and Father have already bestowed their personalities as Mary and Jesus on their soul.

And if they were to just magically appear out of the clouds, being materialised on Earth, as potentially could happen, still they'd be in their perfect states and so not of the Rebellion and Default, so not needing to heal it, so not adding the Healing to their Spirits of Truth. So all they could do, which Jesus has done through Mr. James Padgett in the *Padgett Messages*, was re-reveal the necessary truths that had been lost and corrupted from their lives on Earth, to help prepare you for the arrival of the Avonal Pair. It is the Avonal Pairs that can incarnate into rebellion and heal themselves of it, that is what their soul, among other things, is created to do. They 'reclaim' the lost worlds. Mary and Jesus' soul is not designed or created to do that. So in theory, it is an Avonal Pair humanity needs, with Mary and Jesus' coming being something of an aberration, a further complication to your already complicated rebellious lives.

However, for an Avonal Pair to come and reveal the way for people to truly save themselves by ending and getting themselves out of the Rebellion, is what humanity is desperately longing for. So the Christians will be disappointed, they will wait and wait and keep on waiting in their mind spirit lives, when the Avonal Pair will come and go, and the truths of the Healing will be revealed and carried through their Spirits of Truth, and people who don't wish to tie their minds up in nonsense religious beliefs, will be finally able to free themselves of the spiritual darkness.

In *The Padgett Messages*, Jesus with the Celestials re-revealed much of what was said by him all those years ago and was lost and corrupted by Christians, with his main truth being that of the availability of the Divine Love that people can long for. However he reveals nothing about the Healing, as he didn't back when on Earth, because it wasn't his or Mary's place to do so, that was for the Avonal Pair.

So, the Christians are doing a great disservice to themselves, the world and to Mary and Jesus... even to the whole of Nebadon. They have taken the Master and Mistress and embroiled their Spirits of Truth in the Rebellion, they are in effect through themselves, 'making' Mary and Jesus be of the Rebellion, be rebellious. For Mary and Jesus to support Christian belief, they would have to be of the Rebellion, denying the truth of themselves.

So by being a Christian you are affording yourself yet more incredible experiences of your mind denial. By *believing* in Christ, in the Lord God Jesus, in the Lord, and doing all their prayers and rituals, they are actually using Mary and Jesus, or taking them for themselves to further empower their own negative and evil minds. They believe they are doing themselves and the world a great favour by standing up against the dreaded and unholy Satan, when through their misguided beliefs are themselves 'coming to Satan' with open arms. They are not coming to the Lord, or marrying Jesus, they are coming to and marrying the Evil Ones, and most of them are horrified when they wake up to the untruth they have been perpetrating.

With your mind you can believe, and very strongly to the point of convincing yourself that there is nothing else, it is all you know. However, that is still all only of the mind. With the truth however, when it comes up within you, which it does naturally in response to your longing for it and by looking to and paying attention to your feelings, you do know it is true, and there is no denying it, it just is true. And it is not a belief, it's far more than a construct of your mind, it is within your heart, it connects you with your soul, it is a part of you, and as real as your leg or arm. And it can't leave you; once you are of a truth, that truth remains forevermore, whereas all mind beliefs can come and go. You can choose to believe whatever you want, and you can choose to stop believing it whenever you want, but with real truth, you have no say in it; it, if you like, 'chooses you'. The real truth is not the mind-contrived 'truth' people talk about, you can't make it go away once it comes up in you, it would be like wanting to cut your arm off – and why would you want to do that?

The truth is comforting, it's there within you and you don't have to do anything with it; it's just part of you, becoming another aspect or part of who you are and so how you express yourself. By trying to live your beliefs as truth, you have to keep working at it, because many things, like the truth, keep threatening them. Look at how the religious have to keep working at their faith, and all because it's all composed of beliefs. When you are of the truth, you are simply of the truth, you don't have to do anything – and you won't have to be part of a religion of beliefs. You will just be your true self, you'll be your own living and personal expression of yourself as your own religion of truth. And how you are, is how you express your truth; or to put it another way, you simply express the truth that you are, because it's you, and you can't do anything else.

And then you will develop beliefs based around your truth, so you will for example *know* within your heart that God is your loving Mother and Father; and you can then believe They are too.

The trouble for a lot of people is, if they have grown up believing such beliefs very strongly, then as an adult they feel such beliefs are part of them, so part of their truth, yet they are not, they are only beliefs. And only through your Healing will such deeply ingrained beliefs come out and be changed.

With your mind you cannot KNOW, as you *know* the Truth. You can only strongly believe. And yet the trouble with beliefs is that your mind is finite, it will remain confined to the mind circuits of the mind Mansion Worlds, so you can't expand it with beliefs beyond those levels. With Truth, your heart and soul is limitless, you will be growing in truth all the way to Paradise, and then more once you leave Paradise for more of your eternal existence in the Greater Universe. And your mind will keep pace with your truth, so you can keep adding beliefs based on such truth, but really there will be no need for such beliefs because you'll be The Living Truth.

Another problem people have, is because they are living their lives through their beliefs and with little to no truth, all their experiences will add to such belief. Their experiences won't be adding to, helping to reveal, more truth. So because they believe they are on the right track, their experiences will confirm their beliefs, so they keep going along that track; so they are leading themselves blindly along allowing and maintaining their mind's control over the truth their feelings would otherwise reveal to them. If you live with your feelings in control, then if you need to change tracks, even change beliefs, because that's what your soul wants you to do, you will, you won't stop yourself using your mind because it is scared of losing its control. So believing your mind's beliefs is self-fulfilling, living by using your mind as the controller of your life.

To use the Christians as an example again, whilst they strongly believe they are Christian and doing all the right Christian things, their life supports such beliefs, and even incredible things happen to them, all of which they then use as confirmation they are living the right way and believing the right things. So their life supports their *belief*. But were they to for whatever reason start to question such a way of life, question their Christianity, then everything will move to help them see where things are not as right as they believed they were.

And again, only until you decide to stop living the way you do and do your Healing, will you end the cycle of mind delusion. And you can't see you are living that way until you break down enough of your controlling mind giving rise to enough truth so as to let you look more objectively at your mind controlling ways.

With Truth, you will forever add more knowing to knowing. It gives one the feeling of expansion and growing spiritually – you should be religiously devoted to growing in truth. If you need religion, make it the Religion of Truth; if you need to belong to a religion, make it the Religion of Truth. Every truth-loving soul in the Celestials is a member of the Religion of Truth, and we do nothing about it other than just being true to ourselves. We don't join it with our minds, for we are all joined in it within our hearts of truth.

When you are truly growing in truth, the whole of you is evolving, growing in the light of such truth, and making you feel you are moving ahead in the right direction, with feelings of purpose. A knowing makes you feel as though you are ascending closer to God because with every new experience you feel you know Them more. And you know the Mother and the Father equally together, even if you are unaware of Them both. And as you know Them, you know yourself; as you know yourself, you know Them.

There is a vast difference between *knowing* that you exist, than *believing* that you do; *knowing* that God exists, than *believing* He does. Can you sense the difference within you?

You can believe strongly with all your mind in something like reincarnation, and you can even have past or future life experiences within your mind to back up such beliefs, however you cannot know it is real, because it is not a truth, so it is not real. And part of your growing in truth through your Healing will be help you know that reincarnation is not real. So were you to do your Healing, truth would come up within you that you have not incarnated before, nor will you ever again, that you only have the one life which you are living.

Truth when it surfaces will wipe away all such erroneous beliefs, so you will stop believing in reincarnation. And it will be easily discarded. And you may wonder about all those mind reincarnation experiences you once had, but the truth will help you know that such things were important for you back then, because back then you were still intent on living through the beliefs of your mind, so such mind reincarnation experiences, which may have felt so real and convincing at the time, were given to you so you could keep advancing your rebellious mind state.

A truth will remain through all mind scrutiny. You may know something to be true and be unable to explain to yourself, to your own mind or the mind of another, how and why you know, but still something inside you just knows that it is true. And in time your mind will catch up to such truth and you will be able to impart such understanding.

Through your Healing you will feel yourself growing in truth daily, you will not be able to define all such truth, but you will know you are on the right track and will want to keep going, especially when the pain is very great as you are being taken back into re-experiencing trauma from your childhood on the feelings level. True faith comes from Truth, and not from beliefs of your mind. Through your Healing you might feel like you've lost all faith, in yourself, life, in God, but that will only be the breaking down of the false faith you held onto through the beliefs of your mind. As your mind breaks down, you'll feel very lost, confused, scared, powerless, and all at sea, all because you no longer have your controlling mind to rely on. But as you express all these bad feelings, gradually as the truth of them comes to light within you, the truth of why you're feeling them and how you felt those very same feelings as a young child, your inner holes will get filled up with Truth.

Jesus and Mary came to give you their Spirits of Truth, and personified in these Spirits is all truth. If you therefore look toward them for truth, their Sprits will help guide you to see what is true and what is not. And when you reach the point of growth within yourself that will show you and make you know for yourself what is true, then you will be able to change your beliefs and replace them with a knowing of truth. The mind needs proof; the heart needs faith. In faith you accept your knowing, even if your mind is struggling to understand; and over time with more experience you will feel your faith growing and changing into conviction of spirit, into the conviction of the spirit of truth, until you do *know*, until all of you just knows without any shadow of doubt and without the need for any metal proof.

Because you are all largely living without truth and with a negative mind, your whole life is based on beliefs, and these far outweigh your knowing. By living through your mind you limit your experiences so you cannot grow in truth. But when you start to long to know what is true, then more experiences will come to you, helping you to break out of the confinement of your mind. Your mind will progressively break down as its beliefs are let go and you start to gradually live true through your feelings, with all that is inharmonious in your mind being stripped away so you will be left with positive and harmonious beliefs, which will help you to understand the truth that is coming to you.

Through your Healing, the breaking down of your mind, which might be very difficult at times, will never be anything greater than what you've already experienced through your childhood when your mind was forced to turn against the truth of yourself. Some people fear that by submitting to all their bad feelings they will be overwhelmed and lost to the madness of them, however as long as you keep expressing all how bad you feel, working to bring out every last bad feelings; and all as you long for the truth of them, then you will not lose yourself, you'll be able to deal with the depths of your trauma.

Truth comes up in you without you doing anything. It comes in response from light from your soul. It comes up into your spirit body, the spirit you, and into your awareness, and you feel and perceive it as just being there. Your mind needs to learn new beliefs, it needs to work things out and come to rational conclusions through deduction and relativities. It needs a framework on which to be expressed, a picture to follow, whereas truth is the picture. So your mind is to be used, which will also naturally happen, to help you understand and articulate the pictures of your truth.

In the negative state your mind is built layer upon layer of erroneous belief. It itself has built pictures in place of truth, and then added more belief around them. With a positive mind it uses truth as its picture, but with your minds you face the serious risk of great self-deception and self-delusion. You add more and more beliefs to a very insecure foundation, which is being threatened all the time with collapse. And your mind does this to cover up 'its' (your) fear and anger for being made to exist in such a traumatic state.

The mind does not want to exist in its own right and answerable to only itself. It is designed to follow, to be of service to the truth, of service to the heart and your feelings. It is not

meant to hold all responsibility of life such as what you give it, for it 'knows' within itself that such a way is the wrong way and fraught with disaster. And the more it needs to believe that it is in control, the more it fears, and so the more belief it needs to bolster itself trying to constantly reassure itself and not appear as the scared thing it is.

Those of your world who are the most powerful, the most mind controlling, and the most dominant and aggressive, are also in some ways the most scared and fearful, putting up the greatest bluff that they can, hoping that no one comes along and shakes them to collapse into the dread of feeling powerless. They must put on the brave face no matter what the cost. The mind in your negative state is scared to death existing in such an unreal state. It always feels like it's going to be 'called out' and then nailed to a cross for misbehaving and leading you astray. It is 'you', trying to cover up all the bad parts you were made to feel during your childhood; and feeling desperate about losing its power and ability to do so, because if it does... then what will happen to it... complete banishment, complete annihilation – all what you feared as a young child, your worst fears coming true.

**The mind is to be of service!
The mind is designed to Follow,
to be of service to the truth,
of service to the heart, and
your Feelings!**

And that is why you have all the problems you do. Your mind is showing these symptoms daily to you, saying to you that it cannot cope and that something is very wrong, but still you insist that you 'know' what is right and true and just carry on regardless, forcing your mind into a deeper state of rebellion and default against your own soul.

You are conceived into the image state of mind. If your mind was then allowed to be positive and free to express itself, you would grow up happy and true and perfect to your image with a deeper yearning of fulfilment from truth surfacing from time to time. And if you honoured these feelings, they would lead you to seeking the truth of yourself, and then onto the truth of your soul, and the truth of the Mother and Father of your soul.

By continuing to exist enslaved to your mind you are denying yourself all the attributes of love, the most important being truth. It is crucial that you seek to know the truth of yourself if you desire to move from this negative mind controlling state. Higher truth is now being presented to you for your mind to grasp as a new picture from which to strive to know the truth of. You can accept all you are told in these messages and use them to give you some understanding of your current plight, but it will not be until you are doing your Healing and truth is coming to you being generated through your own endeavours, that you will know if any of what you are reading is true.

By all means hold this information as a belief, you can believe it to be true, but do not live it as such until you have grown in truth yourself, and so when you KNOW IT IS TRUE!

You need to know it all for yourself. You are only fooling yourself if you try to live another's beliefs. Believe what you believe, but until you are actively drinking up the Mother and Father's Divine Love into your soul and have begun your Soul-Healing, keep all such belief as an expression of your mind. When you know it, and it may take a long time to know, you *will* know it to be true. And then you will know what I am speaking about.

A knowing comes with many feelings; a belief does not have feelings supporting it. Many of you are so confused mainly because you are yet to experience a true knowing of truth, so you can compare that with trying to make your beliefs into truth. It is easy to say I feel I am right in what I believe. And even to say I know what I believe is true; or what I believe I know to be right; or I feel I know that my belief is right, but all of this shows you do not understand what a belief is compared to a knowing of truth. And it is okay to say that you do not know yet, that is far better than pretending you know because you believe you do. If you only *believe* in God, then keep true to this and accept it is a belief until you fully and truly *know* for yourself. And when you do, you will know without any doubt. It will become very clear to you. And when you know that the Mother and Father are real, you will know because you will have personally experienced Them, you will have begun your personal relationship with Them.

We will finish here James, as I can see you are a little tired – Zelmar. (a Melchizedek from within our local universe of Nebadon)

PARADISE
Home to our Heavenly Mother and Father



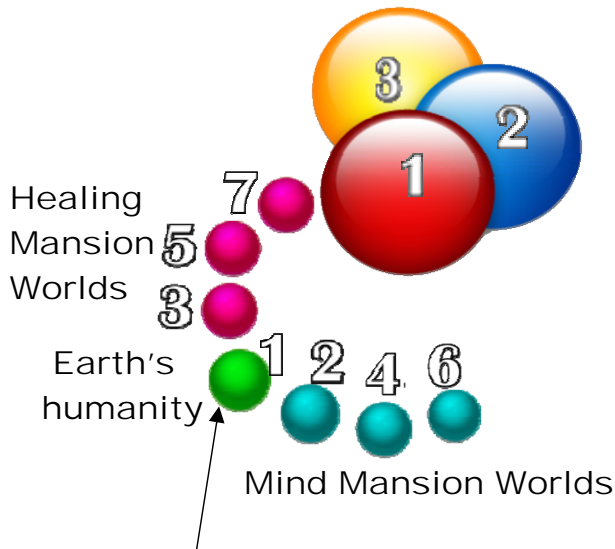
We are to progress through NEBADON,
our Local Universe, and then onwards - -



SATANIA - System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres

Avonal AGE
GREAT V-Turn
End Times

the Handover
THE CHANGE
AFTERTIMES
NEW FEELINGS WAY



This is the time in the history of Earth's humanity when the greatest event ever experienced throughout its almost one-million-year history is taking place.

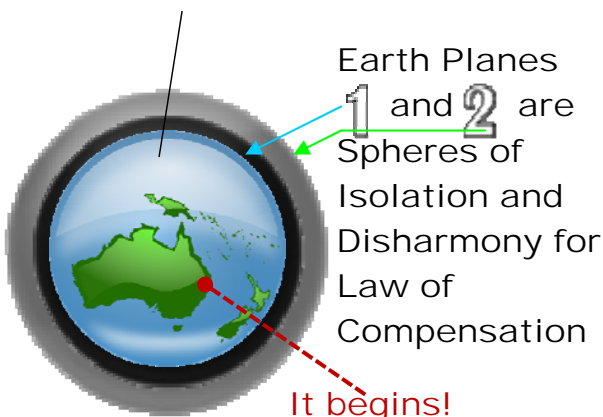
At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years and then some.

What is unfolding for humanity now is a factor 100 times more significant, and then some. Not only is Earth becoming fully engaged, so too are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Earth's population in 2020 is approaching 8 billion; spirit Mansion Worlds 1 and 2 have approximately 200 billion; the numbers for the 2 Earth planes are unknown, however they are near capacity; the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. All worlds combined having in excess of 250 billion personalities – more than 100-fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II – well, 40 generations of 25 years each.

Upon death of our physical body, we all transition to the 1st Mansion World

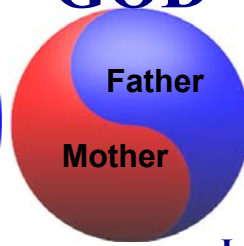


Paradise



Eternal Son of Truth

GOD



Infinite Daughter of Mind

Creator Daughter & Son

Avonal Daughter & Son

Trinity Teacher Pairs

Creators and Avonals have Spirits of Truth which they may release.

These three classes of spirits descend from Paradise on assignments and leadership.

Nebadon

Creator

Daughter & Son

BRILLIANT
Evening Stars

MELCHIZEDEK

Divine Minister



Avonal

Daughter & Son

ARCHANGELS

celestial SPIRITS

Creator Daughter & Son are co-regents of Local Universe (3,840,101 humanities).

Avonal Daughter & Son lead a single humanity out of Rebellion (Earth).

Trinity Teacher Pairs assist in teaching a humanity through their evolution / healing.

There are other classes of spirits. It was the Lanonandek spirits that brought about 37 humanities entering Rebellion with Earth also Defaulting through the Adamic assignment partial failure. The Rebellion being only within the System of Satania of which Earth is one of the 37. The Rebellion formally ended on 31 January 2018.

Earth

Spirit Guides

Formally ended
31 January 2018

and now for the

HUMANITY

Nature Spirits

ANGELS

REBELLION & **DEFAULT**

GREAT
V-Turn

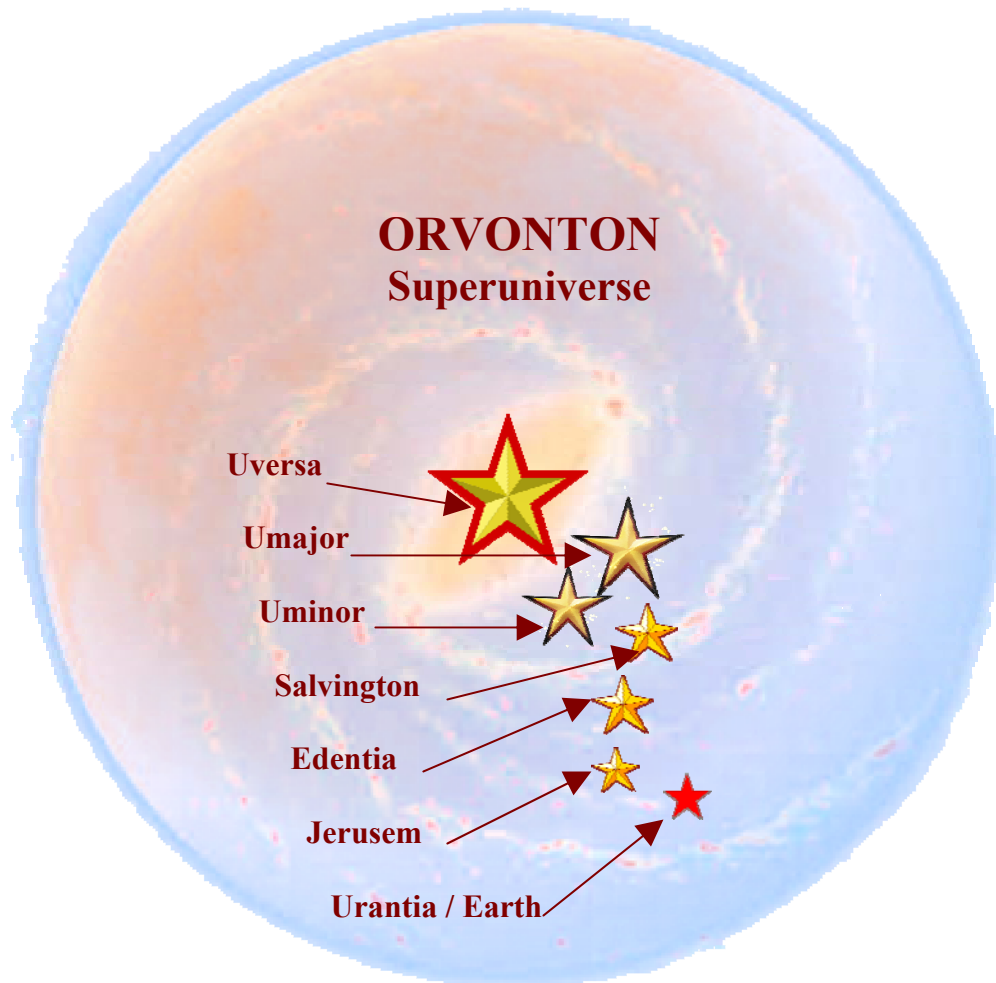
Past
200,000 years

Coming
1,000 years

ORVONTON

Schematic Representation

<p>Our super-universe is named</p> <p>And each of the regions are also named, such as for those relative to Urantia (Earth):</p> <p>10 major sectors</p> <p>Each of which contain</p> <p>100 minor sectors</p> <p>Of which each contains</p> <p>100 local universes</p> <p>Of which each contains</p> <p>100 constellations</p> <p>Of which each contains</p> <p>100 systems</p> <p>Of which each contains</p> <p>1,000 inhabitable planets</p> <p>Thus our super-universe may have 1 Trillion inhabitable planets with currently one third inhabited. Most inhabitable planets are around the size of Earth, which is a little undersize.</p>	<p>Orvonton with headquarters being Uversa</p> <p>Splandon with headquarters being Umajor the Fifth</p> <p>Ensa with headquarters being Uminor the Third</p> <p>Nebadon with headquarters being Salvington</p> <p>Norlatiadek with headquarters being Edentia</p> <p>Satania with headquarters being Jerusem (Heaven)</p> <p>of which our local solar system holds Urantia (Earth)</p>
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Infographics and diagrams have been added by Pascas.

Our Spirit Friends on duty



OUT GATEWAY ISOLATION



Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1st spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**

OUT



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

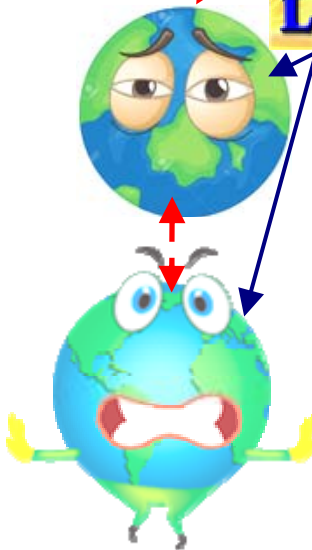
Law of Forgiveness



Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor ‘hells’ are the lower levels of the 1st mind Mansion World whereas the more severe are the Planes of Isolation being the 2nd Earth plane with the severest being the 1st Earth plane. Pain caused to another is the pain that will be endured before returning to the 1st mind Mansion World, all then to consider your Feeling Healing.

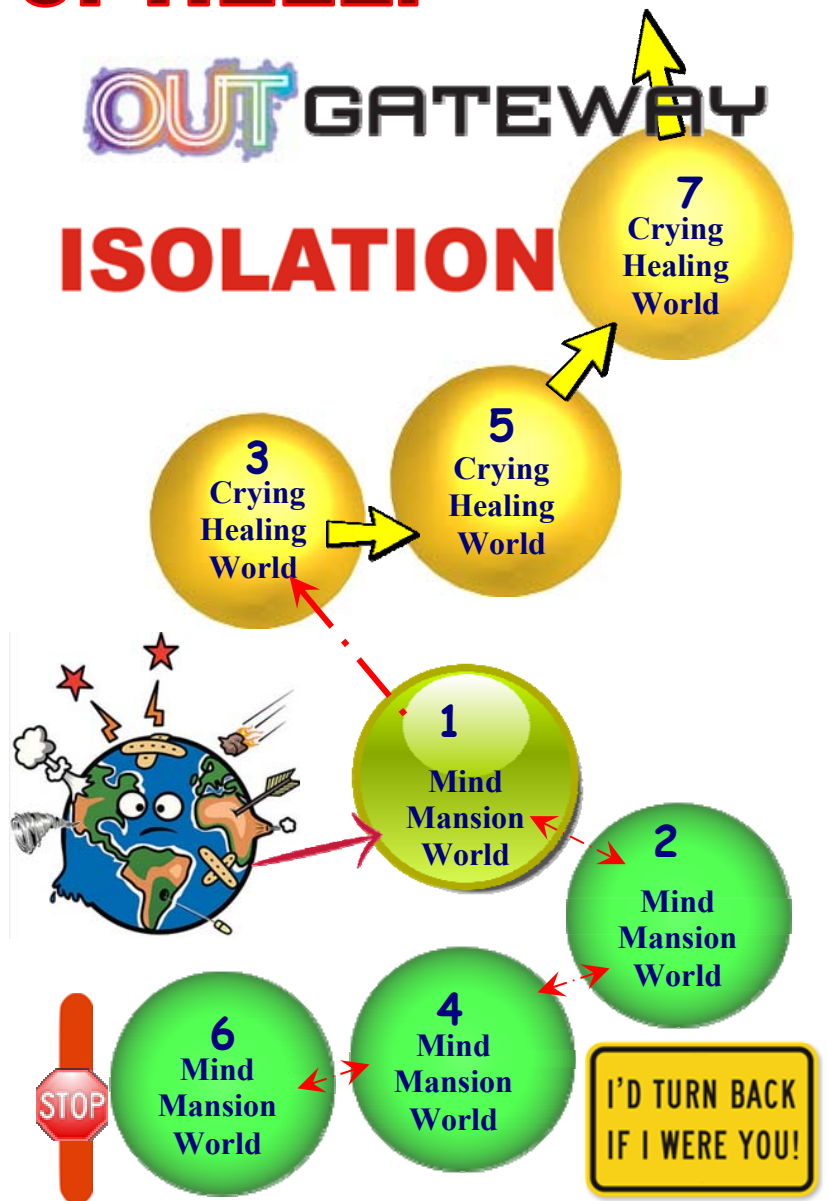
Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1st mind Mansion World is a region for our compensation. We ALL enter the 1st mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so and may find themselves within the 1st and 2nd planes of Earth. The 1st Earth plane being the worst of the hells, while the 2nd is bridging towards a return to the 1st mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6th mind Mansion World. There are more than 200 billion spirits within the 1st and 2nd mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.

Infographics and diagrams have been added by Pascas.

1 June 2003

Love is the highest expression of soul-light and of personality that we can experience. Love is the vital ingredient that when expressed says that everything is good and true and all is running smoothly. We are all made of love, that being the full expression of our soul's light. And then from love you can begin to look into the personality and define all its attributes. Love does not exist by itself. Love is something that only comes as a result of truly honouring all the Laws of Creation; it comes demonstrating that you and your soul are at-one. That nothing is blocking the full expression of your soul's light.

Love is therefore a product of personality being fully expressed. It is not an attribute as is your arm or your mind or your feeling, but it is a unique experience reflective of your state of being. You cannot manufacture true love, and you cannot contrive it using your mind, and the more you grow or expand in truth, the more love you can potentially generate.

The light of the sun comes from organic events within it, being generated due to various mechanisms that identify that star or material thing as a sun. Love too comes from such *organic* mechanisms within you, being generated on the spirit level, whilst being able to be perceived on all levels. Love is the combined elements of your goodness of being, just as the sun's light is a combination of its elements. The sun's light can be seen to be composed of many things, all of which constitute light, all which are experienced differently. You experience the sun as warming, as light, as a source of energy generating and sustaining life. And there are countless ways your world needs this light – the sun's 'love'. Without its light on your world and all that it comprises, life would not exist. Without your love you would not exist.

Love, so far as you can experience it, exists in many forms, and even when you are most devoid of it, still that fact that you do exist shows that somewhere within you love is still present. What you call love is a relative feeling based upon your experiences. You all are of love and loving, even though you may not feel it, believe it, or experience it as such. When you are deep down in your dark hole of feeling so devoid of love, so unloved, still your soul is of love. The love that you are cannot be destroyed, but it can be dimmed, and to such an extent that you are considered loveless and a very dark soul.

Love will increase reflective of your state of improving. It will just be, it just is, reflecting the level of truth you live. Love is love, and all can recognise it as such, but it has become very distorted on your world. Much of what you call love is not love, and such things as what you call care, honesty, truth, sympathy and empathy are not real as in not coming from true love. They are still products of your mind, so your mind-induced 'love'. They are feelings that have become very confused. A mother and father may feel great and overwhelming love and care for their children, and yet all they do and believe they should do is actually making their child lose itself, forcing it to go against itself, making it feel unloved as it slips deeper into denial of its own self. So how loving is this love and care the child's parents feel... or *believe* they feel? How loving are you when you make your child become of the Rebellion and Default, when you make it become just as you were made to become? How

loving can you really be when you are rebellious, living untrue to yourself, evil, doing all you do against the Laws of Creation, against your Mother and Father who created your soul?

I know it might be hard to understand, but what I am trying to illustrate is all that you call love might not necessarily be love. It might only be feelings that your mind has helped you to contrive based on its beliefs, those gained from childhood and your relationship with your parents. As you progress in your Healing you should begin to question what love is. What really is this love I feel? Because the more you heal yourself and begin to see just how wrong you are, and the more all you thought was right is shown to you as being wrong, the more you will doubt your reality. You should become very confused and slowly give up all beliefs and all trying to know what anything means; and this is good, because being of the negative you cannot possibly know what anything is or how the positive is and so how things should be.

As I said earlier, in a broad sense your Healing will be one big mental breakdown, a breaking down of all your wrong beliefs and unloving negative behaviour. You might still do your unloving behaviour according to the fixed structure of your mind, and right the way through until the end of your Healing, however as the truth comes to light about behaving in such ways, the more you become aware of them and catching yourself in the moment doing them, then slowly they will fade and one day end altogether. All of your mind will steadily be broken down into its component parts, then rebuilt into aligning itself with the truth that's coming up within you, and not until the job is complete will you begin to truly feel any of your feelings and know that what you are feeling is true.

It may be very difficult to grasp that your mind is in control of everything. That it is leading the way and that there is another way to live. With your mind in control, it is controlling all of your feelings. All that you feel is being conditioned by your mind, so your feelings are not true and not able to be truly expressed. All what you feel is not really as it seems, and all that you believe is not true. Even if you believe God is love and all-loving, still buried somewhere in you may be a part of you, a belief, and no matter how small, it might not be so sure, and might not feel such love, and might even hate God; and even with this small belief, which you may not be conscious of, it will nevertheless be influencing the truth of your feelings.

Perfection is just that – perfection. Anything that is not perfect is making perfection not be perfect. Even if you only have one tiny spark of imperfection within you, then you are not perfect, this tiny portion will affect and ruin the whole. So if you have one tiny imperfect belief within you, it will still make all your feelings imperfect, and so what you feel is love or caring will not be fully so, as it will be tainted by this imperfection. The Mother and Father are Perfect, as is your soul. And so Perfect is what you need to be. If you are not, then you are imperfect, and so not true, and so all you are is false, you are in rebellion. So all you think you know or believe or feel is not right, is simply wrong and imperfect. And being of the negative state you are all very imperfect. It is not a matter of correcting a few things within yourself, doing some therapy or self-help work, read a few books and do a few mental

positive attitude things, or doing something that will straighten you out and give you love. You are facing serious imperfection – you are living it, and because of that, have no idea of what is true and perfect. The ‘sun’ in you is less bright than your moon. You have been dulled to such a degree by your imperfection – the crushing of your true spirit of truth, the interference of your full self-expression. If you needed to see where you are going by the light of your own love and truth, most of you would be fumbling around hopelessly in the dark. You are in a very serious and bad way, really bad. You should all be hospitalised and diagnosed with only a few days left to live, needing lots of help, love, support and real care to survive. You are all living trapped within a metal asylum, you are all seriously insane, and yet you do all you can all day long to pretend you are well, happy, loving and normal. You have no idea in what a bad spiritual condition humanity is in.

The fact that most of you seem to be able to do things and live a relatively healthy and happy lives, is not a true reflection of the actual state you are in. This only demonstrates the sheer power of your mind’s control over you, and the underlying love your soul has for you. If your mind was suddenly taken from you, you would collapse in a heap and rot. You would be unable to exist. However when you are healed and living fully expressing your soul, if your mind were taken from you, you would be largely the same, still living expressing the truth of your soul. Your mind would not be in control, with your feelings being guided and generated by your soul, leading you.

To most of you, your mind is the sacred and most needed and most supremely admired part of you. Everything you do is to give it greater power. You are enslaved to your mind and its dominance over you, and you are hardly aware that you are because this is how you believe it is meant to be. And yet you are soul first and foremost, not a mind. Your mind is only an attribute of your being, no more important than any other attribute. If your mind and all of your attributes that exist in Creation perished, you would still exist as your soul. You exist before you have any personality-attributes being expressed in Creation. You are not dependant on your mind or body or spirit, only your soul, but when you look to any other part of you, such as your mind for your existence, then you are bringing about imperfection within yourself.

So, in no way can you truthfully say what love is. Honestly, you can say, you don’t know. “I don’t know what love is, I thought I knew, but...” is a good place to start. At least you’re embracing some level of humility and showing you are prepared to admit you might be wrong and that you don’t know as much as you thought and believed you did. You have thoughts, feelings, perceptions and concepts about what love is, even very strong and intense feelings, but they are still not founded on any truth; or if they are, then it’s very little. If you could ask those spirits who have done their Soul-Healing what love is, they would say that what they thought it was on Earth and in spirit before they had done their Healing, it is not. And as to how they would describe it now having done their Healing, they would be only able to say it is love – “but at least now we know what it truly is!” Every Celestial sphere all the way to Paradise is filled with spirits of truth who are simply by being themselves, painting their expression of love in Creation, and one for all to see.

INSANITY



The different faces of depression



**We are all intensely insane,
and depressed, living in a stupor!**

Infographics and diagrams have been added by Pascas.

No one, excepting Jesus and Mary M, has ever experienced perfect love, true love, on your world since the Rebellion and Default started, and the Rebellion happened some hundreds of thousands of years ago, the Default some tens of thousands. You have all been locked up in your negative state for a very long time. It is well ingrained in your psyches, and is only now, after all these years, beginning to be looked into. And because only now when so many civilisations have come and gone on Earth is it being looked into is testament to the firm control the Evil Ones had over the minds of humanity. And it shows, because all through those rebellious years no one did their Healing, shows how much you do desperately need the Avonal Pair to once and for all set you free.

Only recently have you started to look into yourselves and ask seriously what is really going on. With some people actually being brave enough to look deep into their childhood being prepared to see the truth of their unloving relationships with their parents. Still you only have a mild to vague awareness and understanding that all you are stems from all how it was for you through your childhood; that as an adult you are a result of your forming years; and that it started at conception; and that as much as you'd like to change yourself, you can't because it's all locked into you from your early life; and you are doing all you can to block out all the pain and trauma, any bad memories and feelings of your early life; and that perhaps it is true that some people don't actually love their parents because their parents didn't love them. You are scratching the tip of the iceberg.

Many people, through of all these years, have looked yet have not wanted to know the full truth, but now some people are wanting to really know, and humanity is being supported by the Mother and Father in its new quest, by making available avenues for you to gain answers to your questions. And because of humanity's technical progress, and not withstanding any catastrophic events, humanity needs to start waking up to the truth of its rebelliousness, because where it is taking itself through scientific 'progress', **particularly mucking around on the genetic level**, means it will self-destruct, bringing about the fulfilment of the Rebellion, destroying itself because of lack of love, because of feeling so unloved. So brakes to your self-destruction, the ultimate self-denial as a whole humanity, need to be applied, to slow you down and then start facing you in the opposite direction.

If it can be said that humanity is now coming of age, as it sure is pushing the Rebellion and Default further than it ever has, then it can apply to the fact that you are wanting to know all the truth about yourself, and I mean ALL about yourself: who and what are you really; really how it was for you through your childhood; how you are by living in a rebellious condition of mind and will; and what is life meant to really be about. And we are coming from spirit to help you in many ways. Heaven is now reaching down to Earth and offering a helping hand. Revelation is coming to meet experience by helping shed light on what you need to know.

'Know thy self' it was once said, and now you can! To want to know all about your rebellious and default state is where you begin, and as you progress you will begin to see just how controlled you are by your mind and how far away from your soul you are. This is the

personal quest of all souls on your world: to come back to your own soul. Nothing more. **It is to 'go in' through your feelings, in and in and in some more, to ask and ask and beg and long with all your will, to want to know the truth of your imperfect state with all your heart – more than anything else. To want to know in just how bad a state you are, and why – how you can be this way.** This is your spiritual quest, to quest into your spirit, your deeper self, and see the truth of your relationship with your soul.

You will not be able to see into your soul, but you will be able to live 'closer' to it, and eventually at-one with it. You will know when you have achieved this for you will be able to feel that no imperfection exists within you, that nothing of yourself is standing in the way of yourself, of your soul. And then you will feel true love, and then you will know what true love feels like, then you will KNOW LOVE and be the free and full expression of it. Then you will know you have come home to yourself; and then you can set about coming home to the Paradise, the home of your Soul Mother and Father.

First you must take care of yourself, helping through acceptance of yourself as you are, of all the feelings you feel, so as to come back to your true self, all by doing your Healing. Then once done, you can start to embrace the bigger things of life and start to evolve your soul to Paradise, then you can start to be loving and caring truly as the Mother and Father are. And eventually you can be as perfect as They are Perfect. Then you will see what it is all about and what your true life's purpose is, and all the confusion will have left you. Then you will know what is real and what is not, what is true and what is false. Then you will know!

Life is not so difficult and the truth not so hidden. As you progress through your Soul-Healing it will all make more and more sense to you. It is only a confused mess for you now because that is what you are, a confused mess in your mind. You are trying to make sense of that which is not of any sense. You are trying to gain meaning and understanding in that which is anti-meaning and anti-understanding. You are right in being confused and messed up and failing to feel you are a success in your life, and the worse you feel the better, for you are heading closer to the truth that it is all wrong and you can't feel right within it as you are. If you feel good and successful and life is a dream and all for you and nothing is wrong, then you are making good headway in the Wrong. And if that is the case, I doubt you would be reading something like this; so let's get back to you who would be reading this seeking some more answers to their confusion.

If you feel at odds with the world in any way, that it is not right, and you are not right in it, then you are right, for it is not. Nothing in your world excepting nature is right and true. **Everything created by humanity is going against you and against your well-being. When you get sick, this is to show you that your life is not right. Perfection finds no need to be sick.** Sick is imperfect, that is why you are sick. And bad feelings, no matter how small or trivial you might believe they are, show something is wrong. Look at your life and at yourself, can you write down one thing that you are not happy about? If so, then something in you is not right. **You are sick, even if you are not physically ill, and you can if you wish do something about it and heal yourself.** Everything in your life that is

not right, you can heal. And how you do this is by seeking to find or see the truth of why you are not feeling good about this thing. And this is all you need to do, for when you see the truth then you will know why you have not felt right about this thing, and then you can do something about it, fix it, stop it, whatever it is you need to do; and if you can't then just leave it and keep expressing how powerless you feel about not being able to help yourself; or God through your soul will do it for you, even if it's just to help you accept and allow yourself to be as you are in your bad state, doing nothing. But at least you will know. You are to know the truth of your Wrongness.

You need to want to find out. And this presents the first major difficulty for most people. Your want to know has been knocked out of you. Why do you want to know? Do you really want to know the truth? What if you find something you don't like, something you would prefer to leave hidden and not know about? And if you find one thing, maybe that will lead to many more things? And if everything is wrong like I am telling you, how will you cope? What will you do; what will happen to you? What if you are left all alone because you find that there is actually nothing in life you like or want to do, no one you know do you want to be with or who does want you? What if you hate yourself and feel hated by everyone else? What then; and what if everyone leaves you because you start to question and say no to things and you don't agree with them or how they are doing that anymore, what then?...and so on... lots of changes during the years of your Healing. And even when you might feel like nothing is changing.

It is very hard and will be very hard, extremely hard. Doing your Healing and wanting to live true will be the most difficult thing you can ever imagine doing, other than growing up as a child, because it is going to turn your world upside down, inside out, smash it all to pieces, show you just how wrong you are – it will be very humiliating. It is not a nice thing to do, like sit and do some nice meditations for God's Love and do a little healing, fix a few things with your mind that are stopping you from enjoying life and being happy, all of which might sound very appealing – your Healing is nothing like this. It is facing the whole truth of you being in your untrue state, and seeing that you have formed all in the wrong way. All the effort you have put into growing up and trying to become who you are, has all been for no avail, has all been wrong, and has been going against yourself. You have made a completely false you, your whole life is a pretend game, make believe, a fantasy, every thing and all of it. Nothing of it is real. If the Mother and Father decided to take all that was unreal away from you all in a moment, you would be reduced back to lying on the floor crying as a little baby for love and wanting to be cared for the right way. All of what you call life would vanish, for you are still in truth nothing more than this baby crying out for the love it did not get.

As a baby, as you are now being an 'adult baby', you want to be perfectly loved. Your parents may have loved you with all their hearts and all that they could, but still this will not have been with the perfect love your soul wanted and needed from them. They couldn't have loved perfectly because they were not perfect. Truth begets truth; perfection begets perfection; love begets love. Imperfection is severely limited, and this is the best you got.

But still you have a choice: to stay as you are and make do as those before you did; or try to seek the truth, one feeling at a time, and see what happens. You can't jump in at the deep end with your Healing and just see if you sink or swim. You might fear this, but it cannot happen because the Mother and Father will not allow you to suffer any more than you already have. **You cannot experience anything worse than what you have suffered since conception.**

You might get badly smashed up in a car crash and wonder how that is not worse than all you experienced through your childhood, however it's not the superficial experience, it's all the feelings involved. You can only feel the same bad feelings you felt since conception and through your childhood. So all your bad feelings, for example, all the ones you might feel being smashed up in the car crash, will help you know that you felt all these bad feelings at some point during your childhood, and possibly a lot; and so why did you, what were your parents doing to you to make you feel so bad – smashing you up on your spiritual, emotional, mental, psychic and will levels, even on the physical?

The Mother and Father will help you tread slowly and cautiously, and as there is no rush to finish, you can do a bit, rest, and when you feel ready, do a bit more. They will honour your pace and your desire for the truth. They put you first, unlike your own parents, who mostly ignorant of their condition, could only put themselves first. They were the victims of rebellious parents, just as their parents were, and so back through the generations, one passing the negative state onto the other. But you don't have to go on this way. You can end it in you.

And hard as it will be, you will be able to do it. The soul is given priority, and so if you make longing for the truth of yourself through your feelings the priority in your life, and want to live fully expressing your soul by fully expressing all your feelings truly, then all of Creation will support you. It has to, everything will help you to break down and let go gradually as you need to. It will seem frightening to let go and step out into the unknown, and at times you might be pushed along a little, but you will see as you go that all will be for the best, all will be actually supportive and helping you to make your way, even though it is making you feel very bad a lot of the time.

All souls will help all other souls. If you are striving to live true, then all others will help you to achieve your goal – even everyone in the negative. Everyone can help make you feel bad. And feeling bad is what you will want to feel, all so you can work with such feelings to uncover the truth of your bad feeling state. You will be able to thread your way through what seems like the impossible, and when necessary the waters will part for you and a new way revealed. You will see; and you will get used to the process, and steadily as you make progress in your Healing the picture will form for you to see all of the truth about yourself.

As to how you do your Healing from the hands on practicable side of things, I will not write about in this book as it is outside my aim, that being to help show you more about your soul;

however, I have mentioned the need for you to do your Healing, as that is for purpose of showing you something about your soul.

One of the purposes of life is for you to relate to the Mother and Father. All of your Earthly life is meant to help you prepare for and start this. With the potential of being a mother or father, you are able to get some idea of why the Mother and Father have created you. You can only relate so far to yourself and to life when you are by yourself, then with a partner experiences become far more enhanced, and then still further when you include children; and further still by including your Heavenly Parents.

Your Earth life is designed to introduce you to both sides of experiential existence: that of being the child; and that of being the adult parent. The child part is intended to help you to be the eternal child, with childhood meant to be so good, free and loving that you never want to leave it and will always want to be the child of God; and if you must become adult, then at least bring with you all the charm of being a child into adulthood.

The parent part is then to allow you to experience what it means to love another such as you were, and should still be, as a child. To help your child to experience the wonderful freedom and joy of being alive, to feel all the love you felt from your loving parents, to be as your loving Heavenly Parents are to you, to your child. And then in a short number of years you have experienced a snippet of the whole depth and breadth of Creation. You know what it is like to be the child and the parent of the child, of yourself. Within such experiences are the whole nucleus of experience, the complete essence, and there need be nothing else.

The Mother and Father have allowed you to become mothers and fathers. They could have made you to be perpetual children, and They could have brought you into being already a full adult. But They have made it so you can still retain all child like qualities whilst becoming more experienced and more equal to Them. You can then relate to Them as children, and as adults, as parents. And so all in all you have much more in common with Them, and so can get to know Them as you get to know yourself.

It is this capacity for being both the eternal child and at the same time the eternal parent that makes the ascending mortal soul the Highest of the High. You are able to ultimately experience more of life, more Creation, more of the Mother and Father, than all other Creatures. Even the Eternal Son and the Infinite Daughter Spirit of Paradise cannot be or experience both the child and the parent as you can. You are absolutely unique in this capacity. How better to get to know someone than to be as They are, to do what They do, and feel as They feel, and ultimately experience as They experience. And as you get to know Them, They too get to know you. It is two way as in all relationships; and right now in everything you are doing They are getting to know how you are and how you do things. They are relating you to all the time through your soul, and when you become more cognisant of Them and Their Presence in your every moment, you will be relating directly to Them as They relate to you, and aware of it.

What you actually do in life is secondary to the relationship you are having with your Mother and Father, it is just the medium in which your relationship is expressed. And whether you are aware of Them or not, it is still happening. And in your negative state your relationship with Them is just as full-on and intense, even if you do not believe in Them or give Them a moment's thought. In your rebelliousness you are denying Them, rejecting Them in every moment, all of which They are aware of. You cannot escape Them, for that is all what everything is about. And it is all what your soul is about. So whilst you live in the negative you are all about having a bad and negative relationship with Them. You are rejecting Them yet They are still loving you as Their own precious child, and if you refuse to have anything to do with Them, all They can do is love you and wait until you want Their Divine Love.

Look at how easy it is for so many of you to curse Them and ask where are They when you are in your hard times – but where do you think They are? Do you truly believe that They have suddenly deserted you because you are having a tough spell? How can They when you are Their child and all They can do is continuously relate to you? No, you are deserting Them, and the tough time is merely reflecting what deeper in you, you believe. And when you come to do your Healing, you will see that it is not actually your Heavenly Parents who have left you, it was your earthly parents.

And bizarrely from our side of things, some people believe you might have been made by God, but then God plonked you all down on the Earth and left you to it, possibly not even giving you another thought, and yet how wrong such thinking is!

Your incarnation is designed such that you are conceived by loving parents (this the ideal), and you are brought, welcomed, into Creation as a soul of full personality integrity and loved for being just how the Mother and Father have made you. You look to your earthly parents for their love, guidance and their acceptance of you. If they perfectly accept you, truly love you, then you will individualise naturally starting off by seeing that they are you and then slowly separating from them into seeing you are a separate person to them. You start in them and so naturally believe you are them, and then you slowly start the cognition process about yourself and your own life and soul-existence.

You are not meant to be your parents, to be the carbon copy of them, but are meant to identify with their personalities, and through this gain help in identifying, developing and expressing your own. The aim is to become a fully independent individualised person, the wilful personality expression of your soul. And then having reached this point, you are able to move onto identifying with higher personalities in the universe, and ultimately working your way to identifying the Mother and Father. And then as what you see in Them, you will see in yourself, forever expanding your self and increasing your souls personality expression.

Your parents are 'little gods' for you, and as to how they are is exactly how you will begin relating to the 'bigger gods', and finally the God's Themselves. It would be too impersonal to be born and then try to relate instantly to the Mother and Father, as They are too far removed, however by the time you are about six years old as signalled by the arrival of your

Indwelling Spirit of God, you can begin to directly relate to Them. By this age you have related enough to your parents as little gods and have individuated enough to begin to relate to the True Gods – The Mother and Father of all Heaven and Earth.

Your parents are the pattern for your relationship with your Parents. How you have come to relate to your mother and father is how you relate to Them. And so as your parents relate to you negatively, so you have learnt and relate to Them negatively. No matter what you believe and how you behave, it is all a reflection of the relationship you have with your own parents, and what you're currently having with the Mother and Father. You can love both or hate both, or love one and hate the other, but when you do your Healing you will see that until you heal your relationship with your parents, you will not be able to relate properly to the Mother and Father. Your Natural love Healing is really all about healing your relationship with your parents.

And by heal your relationship with your parents, I do not mean you will do your Healing and then become all loving of them and they of you, I mean you will accept the full negative in which they parented you. As to whether you will become loving of each other, even having anything to do with each other throughout your Paradise ascent, is not for me to say, but you will find a common acceptance of all that you have both been through. But to begin with, as you start doing your Healing, if you feel bad feelings about your parents, even hatred and lots of anger to do with them, then these are the bad feelings you must not deny and push away, these are the feelings you must want to accept and express and long for the truth of. And they will lead you to the truth of whether or not your relationship with your parents was and is loving or not. And if it was intolerable and you hate them with all your heart and never felt loved by them and consequently you never loved them, then still through your Healing you will go deeper into this truth, right into the dark depths of it until you've brought it all out, and there will be a lot to see, even though in some ways you've got something of a head-start over people who are still so solidly bound up in the pretentiousness of their so-called love for their parents which actually is false. How many people start off by saying how much they love their parents, then go on to tell you a long list of all the problems and conflicts they have with them, all they don't even like about them... so what is this love?

You are all in it together. The common heritage of humanity is that you are all suffering under the same negative condition. No matter how bad one or another is, or how seemingly good one or another is, you all share the same common lowest denominator. You have all started from the same lowest point. As to how you turn out in the outworking of the direct effects that came to influence you through your parents, society and the world, is a personal thing, yet still you are all of it. You are the complete result of your parenting; look at yourself, at how you behave, is it truly loving or not; and whatever it is, you are this way because that's how your childhood made you. And so who were the major influences in your childhood... and do they have a lot to answer for... or are you quite proud of them as to how you 'turned out'. No one in this regards is any better or worse off, the worst is still as enmeshed in the Rebellion and Default as the best. And had you got that childhood of that

other person, you'd have turned out like them. You are all the same, just all coming up in it manifesting it in different ways.

And the Mother and Father love you all the same. In Their eyes you are all Their beloved children, and every soul, no matter how extreme he or she manifest their horror, can redeem themselves. The promise to you all is that you are all of love, and love will reign supreme. However, relative to one another, there seems a very wide variation, and compassion for those who appear as monsters is very little; but still, even though such evil and wickedness is so obviously manifest in some and not all, still down deep within those who are not so bad are the same seeds of iniquity, which had you been influenced another way would have grown you into one of the 'very bad' ones.

Judgements of each other are hard to refrain from, for you are all so scared and full of fear. No one has the self-assurance from truth to unconditionally love as Mary and Jesus did, to love even the worst of you, but it will come. As souls begin to do their Healing, in their hearts will come love and deep compassion and understanding for the very wicked and downtrodden. They will slowly be able to be helped, just as they are by those from the Celestial kingdom in spirit, for many of these loving souls who were once just as you are now, come and attend to and look after and see to it that the most darkened of all spirits, the ones who have damned themselves to hell and eternal damnation, are looked after and helped when they ask for it or need it. There are always such kind, loving and caring spirits with these most darkened and lost souls, for even these poor wreckages of humanity have a soul-partner, someone who will one day love and adore them for all the wickedness they may have brought on others, and all the suffering they have brought upon themselves.

True love, compassion and caring will come to those who manage to do their Healing, and then it will be these souls who can step forward and look after others. These souls, the Healed Ones, will come forward needing nothing from those who they choose to help, for they themselves will be sustained by their own self love and by the love of Their Heavenly Mother and Father. True love when it arrives in the hearts of the Healed Ones will be something to behold; and when witnessed, others will know that what they thought was love, was a long way from the truth.

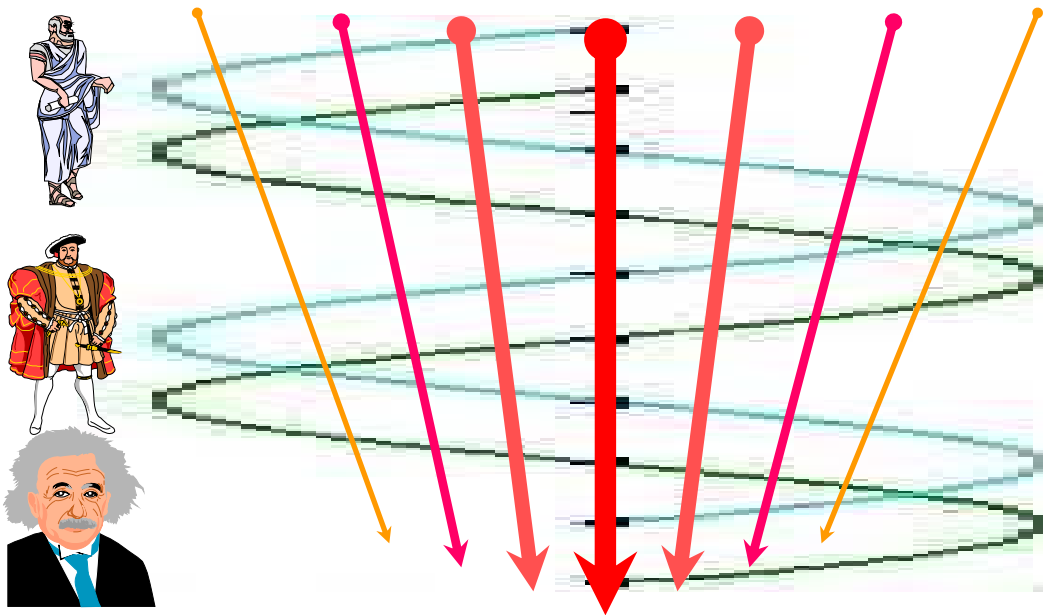
Zelmar. (a Melchizedek from within our local universe of Nebadon)

GREAT

-Turn

generations

OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as our self, work and pray to express our blocked emotions.

Clearing our negative emotions – Feeling Healing – grows our soul condition as well as that of our children.

Baby’s body, when conceived, is always perfect. Their soul condition is also perfect.

Infographics and diagrams have been added by Pascas.

2 June 2003

Humanity really does take care of its own. People who have a life on Earth being one-sided and with no regard for another's soul, when they arrive in spirit find that such lack of consideration can bring about problems for them. Many end up in the lowest planes of the first Mansion world or in the two earth planes set aside for such purposes, those commonly called the hells and places for 'lost souls' or 'dark spirits'. These planes are highly segregated accommodating all those who have wanted to actively deny their greater purpose and existence in favour of self-gratification and self-aggrandisement by having power and unlovingly asserting their will over others. The hells are for spirits who have brought pain and suffering to others directly or indirectly, and show no remorse. If they have not started to make amends for their negative actions, then they will be confined by the very beliefs that are controlling them. However they are not just left as the damned. They are attended to with great care and consideration by other loving spirits. They are not just left to rot as it were, they are however not everyone's choice of service, but many spirits are willing and do want to help them.

Many of the Celestial spirits feel compelled to love them, and to honour their torment as they stay unseen with them. These Celestials don't stay physically with them, but do stay in mental contact with those they want to look after. They attune themselves to their minds being able to identify with the evilness of their minds and the self-glorification that pleases them, and they wait; they wait until the day comes when a crack begins to appear in the armour of such evil ones. When a little ray of light might be able to shine in, in a moment of their self-weakness, their Celestial guardians will be there to aid them. Many mind spirits also try to help these darkened souls, but they lack the understanding, compassion and respect of these spirits' dark conditions. They try to talk them out of their evil ways or state, trying to scare them further, by threatening them with beliefs of even greater pain and suffering; if for example, they do not come to God and be saved through righteous redemption by joining the Church.

Most of these religious attempts fail as these dark spirits have already shunned the religious and openly despise them. After many attempts, they are left alone, with these attempts being made when they first come to spirit and start to live in these lower planes. Many well-meaning mind spirits without any religious intention, also try to reach them, but such attempts result in the same feelings of uselessness and just give up seeing that these dark evil souls don't want to be saved; not at least how they believe they should be.

Of course, these mind spirits have not themselves done their Soul-Healing and so do not understand the full extent of what is at stake and why these 'poor devils' are in the state of torment they are in. Only when you have healed yourself and lived the depth and breathe of the Rebellion and negative state will you be fully appreciative of all that is involved, and if you ever feel so moved having achieved Celestial status, will know just what is needed to tend to these very lost souls.

No super or divine powers intervene. The Laws are fixed, and serve a very necessary purpose. They even work in favour of these wretched souls; and they favour all souls as there is plenty of time for these dark ones to change. The very worst of humanity will be looked after and cared for by the very best; and in time even these worst will become the best, and many will take on the role of helping those who are how they once were.

Higher angelic beings and spirits are on hand, however, mostly they stay in the higher parts of the universe, in the Celestial heavens and beyond. We do not interfere unless by higher decree, for as you will see, you are all quite capable of looking after each other. There is no higher and more rewarding service than to apply yourself as a healed Celestial spirit to the care and duty of overseeing one who is in need of such help, particularly when they are not asking directly for it and so don't even feel or know that they are in such a terrible state. It can take time for the laws to apply fully in your hell condition of mind, before you start to move into feeling the real depths of your pain, all the pain you have caused in others. So until such time, many of the hell spirits carry on believing things aren't so bad.

Such unconditional service is truly wonderful to see, as many of these Celestial helpers do not actually speak to their charge until a great many years have passed. They attend them unnoticed so as not to interfere with their freedom of being just how such tortured souls want to be in their fully rebellious states; but as all Celestials know, it is only a matter of time, even if that time is a long time for the souls of these lost ones to demand attention. The soul will tolerate only so much rebellion and rejection by its personality, and when enough is enough it will start to bring about certain events that will initiate the smallest of openings for a little more light to get in. And it is this time the Celestial is waiting for, for then they know that the end has been reached, and the only way to go will be back home to the soul.

There is much you will not be able to do on Earth as can be done in spirit, simply due to the physical limits of your Earth life. But you can begin, and you can get a glimpse and help many people in various ways once you have helped yourself, once you have done your own Soul-Healing. Help yourself first by doing your Healing, this is the most self-loving you can be. And once Healed, then you will know what the Mother and Father will want you to do, with such knowing coming through your feelings. Many people devote themselves to helping the needy, and within their negative state this is better than not helping if that is what they feel they want to do, however, it is still to be remembered that such help can also be used to keep one's own feeling denial in place, it being part of their way of expressing their rebelliousness. To focus on someone else's hardships, using them to avoid your own, all to keep your mind off your own bad feelings and hardships.

In some ways you can liken the relationship with your soul as though you are attached by an elastic string. You start off removed from it, and then every day you live still honouring your family's code and ways of the world, you are further stretching that string. And as you apply more and more pressure by outworking your rebelliousness, the harder it becomes for you to go further. You have to fight in life to succeed, but this fight is you fighting yourself, stretching yourself further and further away from yourself. You are not fighting anyone else.

And when you choose to give up the fight, to give up the world as you believe it to be, then you will feel the tension ease with every step you come back to yourself through your Healing.

All of the hard and trying things that happen to you are points when you are at maximum tension, and if you insist in pulling away further, then you are straining more extremely what is already at its limit. The resources of the soul to let you reject it, are for some, seemingly unlimited, for others not so great, and it all depends on what the objectives of your life experience are, what the Mother and Father have planned for you, what They want you to see and do. Remember, your loving Heavenly Parents want you to be rebellious, They put you in the Rebellion and Default making you become of them, and all because they want you to experience all the unlovingness you will, all so you can find out for yourself through your negative experiences the truth of being evil.

Each time a parent by using force makes its child to do something the child does not want to do, then the parent is taking hold of its own child and forcing it away from itself, the parent is applying pressure 'stretching' the child away from its soul. And once this procedure has been done, it becomes a part of what the child identifies with as a part of its life, and so it keeps doing the same thing to itself. It takes over from its parents, and in all sorts of ways keeps forcing itself to deny itself and stretch itself further and further away from itself, believing that it is living correctly and doing all that is right, all it has been shown being how it survives in life.

The child learns all that the parent teaches it, and then forms beliefs around these teachings. These beliefs become its pictures for life, and it sets about living them as an adult. You are all parented negatively, meaning you are all forced away from your true selves, you are all unwillingly stretched, and many to breaking point. But you know nothing else, this *is* life within your world, within your family, and so you just carry it all on into the outside world as you try to perfect it. Innately your mind, as do all attributes, wants to be functioning perfectly, and so your mind, you, and not you your soul, set about perfectly living in your negative state. You do all you possibly can to live true to your untrue state of imperfection. You apply the full strength of your will to maintaining your rebelliousness. And should anyone say no you can't be that way, just as you yourself will show yourself as you start to do your Healing, you will fight and resist, even if you know you are wrong and you do want to do your Healing.

Many people believe they fail and try again, over and over at trying to live the formula they were made and forced to accept from their parents. Many people feel they are successful and can make life suit them and do what they want it to do, still stretching their elastic string more and more, being able to be 'successful' because again that's the formula given to them by their parents. All how you are, all how you've been since your childhood as an adult, is all how your childhood was. You are still that child being the adult you are. And your adult life will bring you experiences over and over allowing you to cycle through the same childhood feelings you felt as a child, all so you can either accept or deny such feelings, all again as you

were made to do through your forming. So whether you feel a failure or a success, until you choose to give it all up, you are still bound in it, and keeping yourself with all the strength of your will bound into your negative belief and behaviour patterns.

And when I say ‘choose to give it up’ I don’t mean making the choice and then trying to apply your mind to carry it out. Because that invariably won’t work. What I mean is gradually by expressing all you feel and as the truth comes to light about the bad state you’re in, you start to accept this is the way you are, you are negative in all these ways, you are unloving, hurtful, untrue, critical, judgemental, whatever the bad things are you find out about yourself, and all the erroneous beliefs and unloving behaviour, working your way to accepting yourself fully as being this rebellious way. And through that you know you don’t want to be that way any longer, you know if you could choose to no longer be that way, you would; and you long to be the opposite, a good and true way, yet still as you can’t change yourself being the product of your upbringing, so you gradually become more accepting of the bad state you’re in. And when you are wholly aware of it, fully self-accepting, understanding all how wrong you are and why, then through complete self-acceptance will come a change brought about by your soul and the Mother and Father and you will move to be how you want to be, no longer of the wrongness.

The dilemma you all face is that perfecting the negative does not agree with you. You are working so hard to be evil and rebellious, so hard at going against yourself, and the stress causes problems for you. You become sick, and suffer all sorts of pain, torment and breakdown. Your system is not designed to function perfectly imperfect. You exert a huge pressure on yourself to keep your negative belief pictures alive and going. You override yourself all day long, doing things you don’t really want to do, saying such things to yourself as: ‘but if I give up, how will I survive; who will cook the meals and do the housework and earn the money?’ But this is the trap, for you will never be able to answer these questions and see how you will survive until you give up and choose to go another way. So you don’t stop doing those things, but you do start to give up your denial of all the bad feelings you feel, accepting you do hate it all or whatever you feel, wanting to instead embrace your bad feelings and work with them. So if you don’t start honouring all you feel, you will literally work yourself into the grave by subjecting yourself to such continual inner stress, never living for yourself at-one with your soul, and it will start all over again but in a different guise when you arrive in spirit.

And by doing your Healing, you don’t have to give anything up or dramatically change your life, you only have to decide and really want to long for the truth of your feelings, and to start trying to honour, accept and express all your feelings, focusing as best you can on all the bad ones that you would rather not know about. And as you start to liberate your repressed childhood pain and bad feelings, so your life will naturally adjust accordingly, all to take you deeper into the negative parts of yourself. So, don’t expect that only good things will start happening to you as you do your Healing, in fact you should want bad things so you will be able to feel more bad feelings you can embrace, express and long for the truth of.

You may have heard stories about how wonderful life in spirit is, and compared to your Earth life, many forced 'responsibilities' will leave you and you may sense a great feeling of relief and feelings of rejuvenation, however, these feelings will persist only as long as you want them to, and as you get more used to life in spirit, your inner mental belief pressure will return bringing with it new problems. You do not slacken the tension of your stretched elastic string with death. You only move from Earth to the first Mansion World in spirit, the inner you will not change.

When you die, all your physical aches and pains, illnesses and ailments, will leave you, but all the emotional and mental torment that's causing these physical problems, much you may not have been aware of, will one day come back to you once the 'glory' of your new spirit life has worn off. However, for many mind orientated spirits this wearing off can take thousands of years. Death is not an escape, it is only a transition, and in fact you will be beholden to the Laws of Spirit, which are far more restricting than the Laws currently governing material life.

And as hard it may seem to you, when you start to try and do your Soul-Healing, it is much easier to do it whilst you are of flesh than it is in spirit. You have the greatest amount of freedom in flesh, that is freedom to live in the negative state, and freedom to heal yourself of it. Many of the penalties, laws governing you in spirit, are far more flexible whilst you are of flesh. For one thing, you will move in spirit soon after your arrival to live in the Mansion World and relevant plane within that world according to how 'stretched' you are away from your soul, whereas on Earth you can live more freely wherever you want to, in potential, even though you might not choose to, you can live anywhere on the globe but you will not have such freedom in spirit. However, still, for the most part, most spirits are more than happy where they can live, and as they can more easily assert their mind control over themselves than they could when on Earth, would much prefer their new spirit lives than to what they lived on Earth. And so live in spirit is heavenly compared to all the difficulties of the physical.

On Earth you also share a greater freedom of expression and have access to information. You are free to look into whatever takes your fancy, but in spirit this is far more strictly controlled, as all will be determined by your mental state. It's not controlled by other authoritarian spirits, but by your own mind. You will inhabit your place in spirit that will be just as your mind determines for you. You will have an amount of say in it, but largely you will be restricted to your sector of common belief. To then move outside this is not so easy. To move into higher worlds and planes can only be achieved through great mental effort (or soul application by doing your Healing), and many find that they do not want to put all the effort that is required into moving, and so just accept where they are and become complacent being happy in their new non-mortal freedom and being a spirit.

Life is certainly far easier in spirit, but this also means that less pressure is applied to you to change, and this causes a lot of spirits long term grief. Having lived with life being more 'raw' and seemingly unpredictable in flesh, believe it or not, this has its compensations, and even though most fight change, it can be brought about very suddenly in flesh whereas it is

not so sudden or so harsh or so confronting in spirit. And even though this spirit peace of mind and life may sound appealing to you, and might be even more so should you live it, now whilst you live in the uncertainty of material life with all its ups and downs, if you could see those spirits who refuse to move and change and become very set in their ways, becoming fearful of change without even knowing it, and the state of their underlying soul condition as they dig in against all expansion of mind or soul, you would feel very sorry for them indeed.

It is not just the darkened and lost souls of the hells that one need feel sorry for, because in the first and even second mind Mansion World, countless billions of spirits are just as lost and stagnant in their spiritual growth of truth, even though they delight in all they can do and achieve with their mind. They are not so hardened and enjoy feelings of satisfaction and gratification more than they experienced on Earth, but still they are immovable and destined to stay that way for a long time to come unless their soul has other things in 'mind' for them.

If whilst in flesh you do nothing more than sincerely pray and long with all your heart to the Mother and Father for Their Divine Love, you will receive some of the Love into your soul and you will have moved past all these lost mind states. When you arrive in spirit you will move to live with others who are of like soul, and even though you may not have received enough of the Divine Love to fit you for immediate life in the third Mansion World doing your Healing, you will feel inner stirrings that will quickly stimulate you towards contemplating the doing of your Healing. You will not, unless you choose to actively fight against your feelings, fall back into regression and stagnation. The Divine Love of the Mother and Father, even the tiniest amount, is a dynamic force and will quickly become the lifeblood of your soul.

Also with Divine Love in your soul you will be more freely attended to by the higher Divine Love spirits who are actively doing their Healing together with the Celestials, and they will help you understand more about life over there and what is involved. And if you start to do your Healing whilst in flesh, then you will be moved to live in the plane and Divine Love world equal with your truth and Healing achievements so you can continue doing it in your spirit life.

Everything, both in the material and spiritual, is designed to support the soul, and not only the mind. Life will become easier for you with more things just happening in harmony with you as you do your Soul-Healing. This will in part be due to your active giving up of the things you don't need anymore, taking pressures off you, and also with the Laws of Creation honouring you as you honour them. Life is not meant to be hard, you have entirely created it to be very difficult by going against everything that has been provided for you by the Mother and Father.

Your life will just take care of itself when you are living true and the trials and tribulations you experience daily will no longer happen to you, they just won't exist for you as you will not be wanting them in accordance with the needs of your self-denying state. Currently you

want to be negative, that being how you've grown up through your childhood, and so even though it may be hard for you to believe or see, all that happens to you that is bad happens because you want it to. You demand that life is negative for you, as you believe it needs to be so. When you heal and change your beliefs to the positive, you will believe it will be good and loving and supportive to you, and it will be. Your life will completely turn around, the positive and negative being very obviously different, as you will see when you get there.

Everything that is bad now for you, you are willing into being that way. You are rejecting yourself all the time. You are unconsciously willing the bad things to happen to you even though you live in fear and dread of them. You are going against yourself as wilfully as you can. You would all perish at your own hand and on your own command if the Mother and Father did not temper your self-destruction so you can remain being so unloving to yourself. If you had absolute freedom of mind and you did not have a soul, having grown up in the negative as you have done, you would surely destroy yourself very quickly. Those who are more outwardly extreme about expressing their negative state do all they can to destroy themselves and others, but look at the resilience and behind the scenes to see why they don't do as much damage as they could.

Humanity would have destroyed itself completely if you had only your minds as your ruling power. You would have long since perished because all you are doing in your rebellious state is going against you, and it is only because the Mother and Father do not want you to cease to exist, that you don't. You are not preventing your own destruction, They are. And They are allowing you to experience as much of the negative and unloving states as you desire, and as horrific as some of life may seem to you, this is no way as bad as it would become if everything was left in your hands. The Mother and Father are guiding you through your souls, allowing as much freedom of mind as They can to ensure your ongoing survival. You have created all that is wrong, bad and negative, not Them. Certainly They have inspired it within you through your soul and are overseeing it and protecting you from the worst of it, however, still They want you to experience it as if you are doing it all to yourself. And so one day you have to take responsibility for your own evilness and way of being rebellious and living untrue and against yourself.

I will finish now James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

3 June 2003

Hello again; ready to resume? Good, so let's start.

The soul is multifaceted, and just how many facets it has we do not know. We do not know the intricacies of it. But what we do know is that as intricate as Creation is, the soul is infinitely more so. We are constantly amazed by Creation, yet such amazement begins to pale when you remember that Creation is nothing more than just that, something created, and by the soul. So the soul being the master creator we can only marvel at. Look at yourself when, for example, you make something with your hands or construct something with your thoughts, and then look at the wonder when you make a child, but how much of you is being expressed in what you create? Only a very small portion, and so how much of us is being expressed by our soul? How much more of the Mother and Father is there that is as yet unrevealed, unexpressed, and how much of Paradise is kept a secret? How much of yourself is as yet unrevealed?

The depth, breadth and length of the soul are indefinable and yet we feel and perceive that each of our souls is unique and separate from each other soul, but even this we argue may not be true. We can only look to define the soul from Creation's point of view, we are unable to penetrate into 'soul-land' and see what a soul looks like or all that it is composed of. So we must rely on and look to Creation, as to all that is created, to gain insight and understanding into our soul. And as far as we can ascertain at this relatively early stage in Creation, our souls have a lot more to reveal to us.

Creation is in its infancy. From higher universal perspectives we can speculate about certain things that may come into being, but until they do we cannot be certain. This level of Creation, the coming together of the seventh and final Superuniverse, Orvonton and its eventual coming into Light and Life, is only the first level or stage of Creation. Some liken it to the first Mansion world, with six more levels to be created... and then what? Some say that it will be all there is without the need of further Creation, others speculate that levels two, three and four will come into being but cannot envisage what they will be like or what purpose they will serve. And what if eternity is to stretch on creating as many levels as there are now to Paradise! And then others say such speculation is pointless; but nevertheless, some spirits feel moved to entertain such thoughts and ideas, and as we are all unique and individual, why not? But the one thing that all agree on is, no matter how big Creation gets, still our souls will have more to them than is shown in Creation.

From our universal studies, certain reoccurring patterns are evident, and by observing these patterns on the highest and lowest levels we can see that complete order and purpose exists in all things. Nothing is randomly put together or happens out of logical sequential order. How you live your lives in the negative are about the most illogical you will experience, and yet even in the negative all is logical and perfectly happening to a well ordered and constructed plan. Nothing can exist, and therefore occur, that is not perfect, because all is governed by soul, and all souls comes from the Mother and Father Soul. Their SOUL is ORDER and PERFECTION! So all that exists is orderly and perfect. Your rebellion is

orderly and going along perfectly well. It is outworking to perfection and you are all perfectly and orderly playing your specific parts within it. You are living the exact, perfect and ordered life you were created to live, even though currently it is evil and in theory exists against all that is ordered, perfect and true; yet within the evilness you are living it perfectly, and you could not live any other way. You are perfectly evil just as you are.

The experiences you have are your's forever. You cannot go back and start over or change some things in your past, nor can how you live now and any decisions you make alter your future. Your life is your's, it is your soul's.

Being on the lowest level of truth and perception as most of you are, you cannot see this order and perfection, and the last thing you would be able to comprehend is what your soul is 'putting you through', as that is for many people how they feel about life, because so many of your experiences, surely if you had a say, you wouldn't choose. But what you fail to see is that all of your life is your say, because it is all stemming from the pattern that is encoded in your soul. You are your soul. Everything is destined, and everything is therefore predestined. What will happen, will happen, whether you feel in control or not. In the negative state, those people who feel they are the masters of their own destiny, only show how far away from knowing their soul they are. Those people who feel that they are on some mysterious path and just being carried somehow mysteriously along, are much closer to feeling and perceiving the reality and existence of their soul, and are beginning to accept that there is more to life than just themselves – than just their own controlling mind.

And when you have done your Soul-Healing, you will feel that you are on track and it is your soul's track, and you and your soul are at-one, and you are not powerless but wholly wilful, and are fully aligned with the unfolding light-pattern of your soul. You will feel the wonder and cherish the experiences brought to you, living them fully expressing yourself and feeling that they are vital and feeding your soul so it can bring forth the next experience to thrill you and for you to thoroughly enjoy.

When you are Healed, you will feel you are your soul. The gap between you and it will have perished, and you will feel you are the experiential created part of your existential inner core. You will willingly accept all that you are, all that 'it wants you to do and how it wants you to be' because in doing so you will feel the most alive, happy and loving you can possibly be.

You will literally be beaming with the light of your soul. You will be for all the world to see: your soul. You will be fully expressive of your soul in each and every moment, and this is how you all dream to be. Deep within you, this is the feeling you, and all that it entails, want. For with it will come all the peace, happiness, sharing and joy, all the love, and not just a moment of it and then it's gone again, but for all time. If you allow your heart to open to Jesus (and Mary M), this is how you can perceive him (them), full of light and freely expressing his (their) love, not hindered in any way – pure, perfect and true. And to be like this is how his and Mary's Spirits of Truth are leading you. To be in the truth of your soul as they are in the truth of their soul.

One picture I can give you to try and help you relate to your soul is by imagining it is a star of light and that you are created around it. Imagine a huge star from the night sky just as you see it as a glittering, sparkling, beautiful object, and then imagine it is really your soul, and you shrink it down to be inside you, or you reach out and take it out of the sky and place it in your heart, and then feel it shining its light into you, feel the warmth and love it has for you, it is your's, it is you, the real you, the wondrous you; and it is pure, true and untainted by anything imperfect. Deep inside you exists your soul. And you don't know, but it might even be bigger than that star in the sky. You cannot place it in time and space; you are the expression of it. It is shining its light out in all directions, and it is forming you. You are suspended by and within its light. You, your personality, is the 'body' of your soul, the clothing of it, the outer manifestation of its beauty. You and it are one. As you move your arm, you do so because it *wants* you to. You feel you want to stretch out and touch that thing or wave through the air, but actually you are responding to a deeper rhythm and deeper stimulation that is coming forth from your soul. To look at an exuberant child running and jumping and pushing freely into life, expressing itself all over the place, is to look at its soul. This is his or her soul pushing into Creation, shining its light for all to see. This is the wonder of soul-light playing its tune in Creation. And this is you – your soul!

6 June 2003

Good morning James, I will continue.

Your soul is your true heart. Your physical and spiritual heart, and all you feel this represents, is only an outer expression of your true heart, your soul. Your soul is all heart if I may put it this way. Your physical body is divided into different pieces all with differing and specific functions, and your soul if likened to your body would be your heart. It contains the lifeblood and force of spirit, all the light needed to maintain your existence.

If you were to look into your physical body, your soul is located, or where you might feel it to be, in the depths of your chest, in and just under your sternum, angling down from there deeper into your mysterious depths, those you can perceive beyond your physical and into your spirit. Yet it is to understand that **your soul is *not* literally in your physical or spiritual body**, as many people believe.

When you die your soul doesn't 'move with you into spirit', your consciousness moves into spirit by awakening in your spirit body, but your soul has not moved anywhere. Your soul will always be where it is forever, so all the way through your journey to Paradise, your soul will never move from where it is. You, as the personality parts move through Creation, not your soul.

As you may know that you are expressing yourself in your spirit body simultaneously with your physical. For the most part you are not aware of it as you are focused on material life through your physical senses, but you are actually more spirit than physical. **Your mind and**

feelings, thoughts and emotions, are actually centred on your spirit you, with all other feelings being associated with your physical. I will not go into the breakdown of your whole system here, but you actually are living life as a spirit even though you seem physical. It is well known and understood that the physical cloaks or is the outer garment of the spirit, and this is so, but what is not so well known is that **the spirit is the outer garment of your will, which is the outer garment of the soul.**

When you leave the physical at death and no longer need a physical body to experience material life with on this plane of existence, you will feel much more comfortable and free, being able to express your soul easily through your spirit body. However, just being a spirit does not necessarily mean you can sense or be aware of your soul. Many mind spirits are no more aware of their soul than when they were on Earth. They believe that all they are is a spirit and still have no awareness that there are deeper parts of themselves, higher parts, and their deeper inner soul. Many such spirits are just as blind and choose to remain as they were in flesh, and many people of flesh who believe they have a spirit and would live in a spirit body when they leave the physical, still do not perceive further that they have a soul. The soul continues to be this thing that is just ‘somewhere at the centre of your being’ or somewhere in your body; or as many believe in spirit, does not even exist in its own right, with it being just a manifestation of the mind. Many spirits in the mind spirit Mansion Worlds, as on Earth, believe that the mind is supreme, and all they really are is mind – that their mind is their evolving soul, or their soul has its ‘seat’ within their mind, or the heart of their mind is what they call their soul. And even though it is true that everything in Creation is made by the Mind, as the mind is what structures life, still this is under pinned by the soul. How Mind makes Creation, I will discuss later, but the mind only makes Creation upon inspiration and guidance from the soul.

Those spirits in the Healing (feeling) Divine Love Mansion Worlds and beyond in the Celestial spheres, who do perceive their soul, live with a very different focus and intent to those believing in only the mind. From a greater depth within them they exude light and understanding, with those spirits and people of the mind appearing far more superficial. Once you start to partake of the Divine Love, you will become more aware of your soul and the existence of Soul. You may not be able to articulate your perceptions of it at first, but you will know and you will honour it as being the most sacred and valuable part of yourself. And you will not be able to relate to those people and spirits who only believe that the mind is all there is.

We being spirits of soul, together with the higher Celestials (mortal spirits who’ve done their Soul-Healing, people who once lived on Earth in the Mansion Worlds), and even many of those doing their Soul-Healing and working their way up through the Divine Love Healing Mansion Worlds, find it very difficult to relate to mortals who are only concerned with the nature of their mind. And because your world in its negative condition gives much credit to and places a big importance on achievements of the mind, we have been able to have little to do with you over these past centuries. Much information and understanding that has filtered down to humanity from spirit or been passed to you directly, has come through the mind

spirits to the minds of men and women on Earth receptive to them, and so you have had no idea until Jesus came to Mr James Padgett (1914 – 1923) early last century that there is another way of being that exists over here in spirit and ready for you to embrace should you want to live true to your soul through your feelings and not your mind.

With your mind in the negative you have allowed it to dominate and rule, you have made it take on this position. You try to work out your life with your mind. You know very little about allowing your life to unfold according to the inspiration of your soul, through your feelings, and then applying your mind to understand what it is guiding you to experience. Your mind blocks out your soul and its existence; and as the mind does not need truth on which to exist, only belief, mostly you are happy remaining ignorant of Truth. You even call beliefs, truth, for you do not *know*, as you do not experience living true. And the mind spirits live in the same way, they work out with their minds how life is meant to be, they are not striving to live true, and consequently a big gap exists between those of mind and those of soul.

And this also explains why during these last two thousand years humanity has not tried to find out and live true to the truths Jesus revealed, being happy to believe that the Bible contains all you need to know from which you can live based on beliefs. But what a mistake! How you have made yourselves suffer! And such is the insidious nature of the Rebellion and those persisting in wanting power and control being able to easily manipulate others into the believing the wrong things.

Truth will only come to you when you are honouring your soul, when you are striving to live true through your feelings. Some people have progressed a little in truth and have helped stem the tide of evil, but still the *battlefield* has only maintained a balance equivalent to the lowest or first Mansion World. You have progressed no higher in all these years, and yet look at how much higher understanding and truth awaits you – that equivalent with Celestial levels of Truth.

As you strive to live true to your soul and divest yourself of your negative mind, you are endeavouring to become all heart and the full expression of your soul of love. And all of your creational attributes will become harmonised and then freely function perfectly well in the manner they are designed to do. You are to become a mini *Paradise*. You are to reflect for all to see, the heart of your creation, your soul, your *heart of paradise*.

If you were now to go to Paradise, you would understand what I am trying to tell you. Paradise is the heart of all Creation. If you were able to be there you will sense that you were standing in the heart of the Mother and Father's Soul, and in the Centre of All Things. You would feel the pulsations of energy, light and matter, the very heartbeat of Creation itself, and you would be able to identify with its rhythm within yourself. You would sense that you are a little version of this, and all that you could perceive as being of Creation, the Creation of the Mother and Father, you could feel that all you know as being your own soul's creation is just as wondrous and expansive. Paradise and Creation is out there for all

to see, and when we see it we are seeing a reflection of ourselves. All that is 'out there' we can see in ourselves. Our soul-heart is our paradise, and all our expression of our soul-light is our Creation. And this gives us the feeling that we are the mother and father to our own creation, to ourselves. All that They are, we are; and all we are, we can find in Them. So by looking into yourself you can find all the aspects of Their nature, and by looking at yourself you can observe Creation and Their Soul. We are the direct reflection of Them. If we observe Creation and use this to see Them and to understand Them, Their personalities, so too can we use it to see the truth of ourselves.

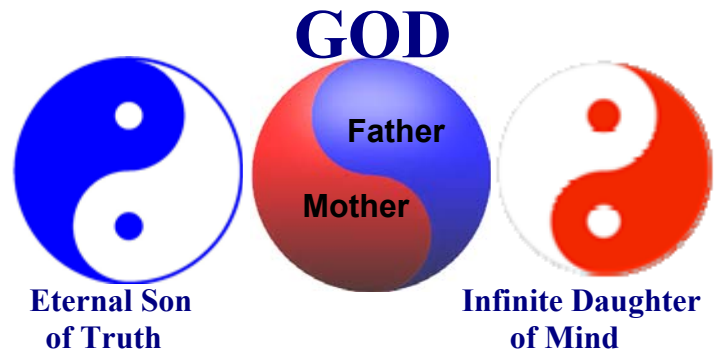
You cannot from where you stand engrossed in the physical, look into your hand and see your etheric hand, your emotion and mental hand, your spirit hand, your will hand, and then deeper still seeing the light streaming from your soul maintaining all these 'hands' in Creation. And if you look further into each segment, you cannot see the depths, the different layers of your physical hand, and yet science has dissected it and uncovered many different parts right down to the smaller and smaller atomic and even sub-atomic levels, and if you could study your etheric hand you would see just as many depths, one corresponding for each of the physical, and the same with your emotion and mental hand, and then your spirit and will hand. And all this is you, a mass of creation all existing at once. If you were able to detach yourself and move into your hand down into these smaller and smaller parts of yourself, and then move between dimensions into these other levels of Creation and down into each of their smaller and smaller sections, and so on back to finally your will, the deepest part of your personality, and then even beyond this, you would finally arrive at the paradise of your hand, the paradise of your soul.

What I am trying to illustrate is that all of yourself that you can't see now, as you ascend in truth to Paradise, you will see and know. So when you attain Paradise, so you will attain paradise of your own soul. You will come to understand that each level of the Mother and Father's Creation you are living in and experiencing, is a level within yourself. And conversely, each level you move through in yourself will enable you to relate to all the different levels They are. So as you move through Their Creation to Paradise, you will be moving through your own creation to your paradise. Creation is destined to be the full Expression of Their Soul, all the levels being manifest for us to experience. Whilst you are experiencing the material as you are living now, you are experiencing a part of Creation, a part of the Father and Mother, and you are always likening it to a part of your own creation.

This is all continuously going on mostly without your awareness, but once you begin your ascension to Paradise in earnest and start living through the different levels, you will see how you are living up through the Mother and Father as if journeying through Their bodies back to Their Soul and Paradise at the Heart of SOUL. And so in doing so we can look at Creation and all we observe is all that we are.

We can look to the Eternal Son for example and see Truth Personified, a Personality that is the expression of pure and absolute TRUTH, nothing else. We can then look within ourselves and find that part of our self that is the same and only concerned with truth. We

can look at the Infinite Daughter and see pure and absolute MIND, then we can look into ourselves and find our pure mind. And we can look at the Mother and Father and see LOVE, and we can look into our own hearts of paradise and find our love, pure and real just as They are.



They are manifesting (expressing) all of Their Soul Personality Attributes as individual and unique personalities. You are just one such manifestation, an attribute of Them if you like, the ascending mortal soul. As a very crude analogy you could liken yourself as being one whole cell of the body of your Heavenly Parents. All of Creation is a manifestation of Personality, Their's. Your unique manifestation is an expression of your soul's personality, and is also a part of Their's. We are all unique souls and personalities, and together we all constitute the complete manifestation, the complete expression of the Mother and Father's Soul-Personality, we are all a unique bit of Them manifest as complete and whole soul-personalities. We are all based on the same theme, all sharing the same basic soul characteristics, even though our outer expressions may vary considerably.

You, the ascending mortal sons and daughters, men and women, are one distinctive manifestation of the Mother and Father; and I am a Melchizedek, another distinct expression of Them. So can you see, it's all always only about Soul and Personality. If we were, for example, manifestations of the physical body of the Mother and Father, if we can imagine such a thing, and we were both different fingers, then just as each of your fingers feels different, and if you were to describe all you could to express them, they would both seem to have completely different personalities, but if you compared other people's hands, you could see the same personality characteristics manifest in the same fingers and so be able to define an ascending mortal finger and a Melchizedek finger; and then looking at each individual finger within the two groups, each would show other differing characteristics. So although we are both fingers, we are both sons and daughters with unique differences, and within each group we are also very individual as no two fingers are the same. Being 'fingers' we are bothers and sisters of Truth, and we have much in common that we can relate to each other with, having the same common purpose and use, and needed in much the same way, yet we are very different from toes, the toe for example being perhaps the orders of mind, like the Angels. And both orders of creation are needed equally to make the whole, one type of creation is no better than the other, we are all parts of the same body of the Mother and Father, and all parts are specific expressions of Their Personalities.

The Mother and Father being Personalities of Their Soul, want to experience Themselves as Personalities, which They do through all our personalities. And like us, the more They experience and get to know Themselves on the personality level, so too are They becoming more Soul Aware. So They 'look into Their own Soul' by looking into our soul-personality. As we express ourselves, so They are coming to see Themselves. And as They express

Themselves, so we are coming to see ourselves. So a study of Creation is a study not only of Them, but of ourselves. And by studying Creation we have then been able to see that this is the Soul of Them being made manifest for all to see. So by looking at the mechanics of Creation, we can see the mechanics of our soul; and the wonderful part about it all, is that all of Creation is not just a static thing, but it is 'alive', animated with personality; so as we relate to one another we feel great joy, for what better way to explore ourselves and all that we are than by seeing all the parts of us uniquely expressed as separate personalities. When true and not impaired by rebellion, as you interact and experience each other you feel loved and loving, and so it is as we explore ourselves in Creation, we are not just picking up our finger and dissecting it part by part, level by level in a mechanical scientific way, we do it all through relationships, through the experience of personality interaction.

Every interaction you have with another personality is really you studying more of yourself 'through' them. We are interconnected, all parts of the whole. As we study you, the ascending mortal, and interact with you, we are gaining experience of ourselves, coming to see more of ourselves through you. We are constantly reflecting back to each other. If we were to come and stand facing each other and express ourselves to each other, experience each other, then we are being the mirror for each other. If you say after the experience 'I really liked how Zelmar expressed that part of himself' then really you are saying it of yourself, I have merely helped you to see another aspect of yourself and one you like. If you said 'I hate how Zelmar does that, how he expresses himself that way' then really you are seeing a part of yourself you hate.

Life is wholly an experience of ourselves, we are all helping each other to get to know ourselves; and when you have healed your negative mind and begin to live in a positive mind way, you will discover this is fun, this life of yours. You will discover how much fun it is to see more and more about yourself, how you are, what your personality is really like. Because the more you see the more loving of yourself you will feel, and the more happy that you are the way you are. And whilst this is happening with yourself, you are also enjoying another's company and getting to understand them. But the emphasis is on you first, then the other.

In the negative you have friends, the people you believe are on your side. If someone is horrible to you and makes you feel bad, you don't want to acknowledge that they are actually showing you some aspect of yourself you hate. When you start looking for the truth you will look at your interactions with people differently, and when someone does make you feel bad you will not be as quick to condemn and judge them, but will look at what they are in your life for: why did you have that bad experience together, what are they helping to show you about yourself. The truth of which will come to light as you express all the feelings the interaction with them makes you feel. And as you express all that they make you feel, you will begin to see why they made you feel bad and that it was something in you and not in them that you saw in them. And it was something that connects you back to your early childhood relationships. And this is being true and owning your feelings, wanting to uncover the truth they will show you about yourself, and not being untrue and dumping all you don't like on another. This is truly taking responsibility for yourself. It is being honest

and true, and as you change and become of greater love and more loving of yourself, less negative, then you will see and experience love in others and feel better being with them, because that love will be reflective of the increasing love you are.

As a child, the same applies. You see yourself in your parents. How they are to you, and what they tell you, you are, you believe. You take it all on, as you have not separated from them. If your mother or father is angry, and not even at you, still you may feel that they are angry with you. If they do not tell you otherwise and express their anger, you believe that you too are angry if they are, and that you are to blame for their anger because you feel angry. You don't know to separate yourself from them and see that they are not you, this doesn't start to happen until after your Indwelling Spirit of God arrives from Paradise to dwell in your higher mind, which is usually around the age of six to seven years old. So if your parents are not true in their expression of their anger or anything else, you just accept it as you and resulting from you, you are both sides of it, you are all of it and you become very confused. You blame yourself as you blame them as they blame you. And this stays with you as you become an adult. You may meet a stranger in the street who is angry and for some reason you blame yourself believing somehow your presence has made him angry, even if with your own eyes you can see it was something else that did it and not you. And so as you see this you quickly dismiss your first feeling that you were to blame, breathe a sigh of relief as you see it wasn't your doing, this way of being untrue to your feelings by being something you have learnt to do as you grew older by seeing that your parents weren't always just angry with you and you weren't always the cause. And when you do your Healing you will no longer dismiss the first feeling that you are to blame and instead go with it, expressing all it makes you feel by blaming yourself so quickly.

But still underlying it all is your first earlier childhood feeling, and so still you do blame yourself, even though you move past the man seeing that you were not the cause of his anger, the effect that you have caused the problem is still 'alive' within you. You might not be conscious of it, but you reach into your pocket and pull out your cigarettes and light up with your mind focused on the destination of your journey or whatever that good thought you had was before you and the man passed each other. The cigarette being the necessary pacifier and cover up as your parents, the man, do not actually focus their anger on you. The man didn't actually yell at you or hit you or criticise you, so you escaped another close call. But did you escape it? You have denied yourself, you have for all intents and purposes been yelled at by the man, and now you are adding unnecessary pollution to your physical body to remove that self-blame. Your physical body is suddenly loaded with a smoke you are suffocating from, as if suddenly caught in a smoky room, and your body desperately longs for fresh air, but your mind overrides this with all the beliefs needed for you to believe that you are enjoying the smoke, when really if it were not a cover up and you didn't need it as part of your mind's control over you in the negative, the last thing you would ever feel like is poisoning your own body by inhaling artificial smoke trying to kill yourself, trying to deaden the shock of the sudden anger outburst from your parents that unconsciously you'd projected onto the angry man, even though he wasn't directly angry at you. And as you can

see, over time you may manifest what you are striving to do, and you do kill yourself with lung cancer.

You through your body has had enough and can't keep pretending to be having a nice time and enjoying a smoke. The game starts to die as pain of the truth begins to manifest as to what you really are afraid of – the anger of your parents and all you have been doing trying to avoid it and not blame yourself for it. So when you passed that man and felt oddly that he was angry for some reason with you, that you have angered him by doing something you are unaware of, even by just being yourself, for existing, or by simply passing him, you allowing yourself to feel all such 'weird' feelings, expressing them all to uncover the deeper and hidden truth of them, you'd slowly be able to work yourself back into seeing that the man somehow unconsciously represented your father perhaps, someone from your family back during your early life who was angry with you, or was angry about something not to do with you and yet which you blamed yourself for. So something in that man triggered the feelings you felt, just as did your father. And as you should have been able to do back when he did, cry and emote and express all your bad feelings you felt with him, but weren't allowed to, now you can, with that man in the street providing you with the opportunity of doing so. So you actually have nothing to do with the man other than passing an angry stranger in the street, and yet you can return to your partner or friend or go to God taking the rest of the day to express and uncover the truth of all that one feeling of sudden blame is to help you see about yourself and your relationships with your parents. This being what your Healing will consist off, dissecting your experiences through your feelings to uncover the whole truth of your relationships with yourself and your parents and family through your childhood.

You, as I am, are the centre and focus of our own *universe*. And yet we live in a universe that is of our Parents' Creation. We are all for Them. We exist for Them. And being loving Parents, They have made it that we also exist for ourselves. So we all should feel we're all equally important to Them, as we are all equally important to ourselves. We should all feel that without us Creation wouldn't exist, and it wouldn't; we are all amazing and integral, and we all feel it, when we are true.

In a positive, true and perfect state you acknowledge you are a loving child of God, and you look to Them for Their love, and you love feeling loved by Them. In the negative state of rebellion, you believe you are not Their child, children being inferior to adults, and selfishly you are the centre of all things, the master or mistress controller, and that everything and everyone is there for you, that that you are God, and that the Mother and Father are not real. This is living with your wayward minds seeking and believing they are in control, which you only have to look about you at how the world is and at history to see more obvious examples of. And then you can see it in other people, even in yourself if you choose to be honest. This is the way of Lucifer and his soul partner; this is the way of their, and so now, your, Rebellion.

Like everything, you have just turned the truth around. It has been reversed, so all that is good you believe is bad, and all that is bad you believe is good, and this is a very exhausting way to live. It takes a supreme effort to maintain the deceit and delusion, to live so removed from the truth, and everything that is an effort for you to do is so because it takes great effort to keep yourself going in the opposite direction as to that of your soul.

Most of you end your Earth life exhausted, and many so relieved it is finally over. Very few people finish their life full of vim and vigour as though they still had the energy and feelings of a child's zest for life. And dying like you started, with the full excitement of an as yet not that corrupted child, is how it is meant to be. Death is only meant to be a crossing over, you knowing that you have experienced the fullness of your Earth life, and with a growing excitement hunger for new experiences in spirit. Entry into spirit is then an enlivening time, and one which holds much promise and potential, and most of all just a continuation of the fun and seemingly inexhaustible happy feelings you had on Earth.

Let's have a break James.

I will continue. (Zelmar, a Melchizedek from within our local universe of Nebadon)

On your world, mind is power, the two going hand-in-hand. The soul does not have power, because it is not understood or readily known about. The mind is given so much power, however this is hard for me to give you an idea of because you are living fully immersed in it. If you feel you can succeed in life, you believe you are in control, and so are using your negative state to gain more power. If you feel you cannot succeed in life and are not as good as those that seem confident, you believe you do not have what they have and feel powerless. But these are the just the two sides to the mind, and the majority are somewhere in the middle. And it is all wrong. The mind is not meant to rule, and so to give up this notion is very difficult as it will fight you at each step, and the only course of action you can take is to **pray and long to the Mother and Father for Their Divine Love, and ask Them to help you to see how your mind believes it is controlling your soul.** Your Soul-Healing is not an intellectual exercise, but it will involve you seeing and understanding everything about yourself, and particularly how you really are feeling about things. It is more a psychological experience, with the emphasis on uncovering the truth of yourself through your feelings. And so the truth of why you are in such a mind-controlled state, and how your mind works its control over your feelings, how the negative and unloving patterns became established through your childhood.

When you truly honour your feelings, the Truth will come up in you mysteriously, you will just know about some aspect of yourself. Learning truths and trying to live them by applying your mind is not the right way to live. You are to keep attending to your feelings properly, and slowly you will grow or evolve in truth. And it is subtle, you may not even be consciously aware of it, however you will change in your focus and intent in life, reflecting your advancing truth and understanding of it. Inwardly as you grow with truth, outwardly

you will reflect such change by letting go pretence and dropping all your erroneous beliefs. Truth will guide you in life. As it grows in you, it will give you a foundation from which you will then be able to sound feelings against, and know if such feelings are real and true and not just contrivances of your mind. With the truth alive in you, things will start to bring your feelings alive, you will feel angry, miserable and depressed for example, with greater feeling so you can express such feelings better. You will not be able to bury them or tell yourself things that deny these feelings, you will be giving them more power, power you take from your mind that it used to suppress them; and they will have to come out, and sometimes they will force their way out of you.

Your bad feelings will dominate the good as you start doing your Healing, and for most people, far out way in number good feelings as mostly you are full of repressed bad feelings, all of which have to come out. You will more than likely naturally express your good feelings relatively easily, although some people can be very blocked in their good feeling expression too. So you focus on your bad feelings, as they are all the parts of yourself you don't want to know about. You have been so suppressed by your mind and parents, and all the bad feelings this would have caused you, will have to come out, each time giving rise to more truth and understanding about where the bad is coming from. Your parents, who then taught you to do it, denied you so much bad feeling expression making you suppress it all, which then, and again with their help, you learnt how to keep repressed, buried deep within you. All your repressed feelings being your feared deep and dark unconscious.

To read this material and absorb it with your mind is one thing, but to want to do your Soul-Healing and bring the truth up within yourself, is another. To seek and long for the truth of yourself and God is the highest thing you can strive for, beginning with the truth of your negative state. Just general truth, universal understanding, will help give you a picture in which to relate to yourself in, but it is into yourself to uncover the truth of yourself that you really need to go. You can in theory do it all by not even leaving your own house. It is all within you, however in practise, as so much of your negativity was put into place by, and is concerned with, the world, you will go out for the stimulation and experiences needed to stir up more bad feelings.

You are all jam packed with bad feelings, even those people who seem the most peaceful and in control and at ease with themselves. No one is free of the negative, no one! Even the ones you call the most spiritual and seem the most loving and at-one with the universe and themselves, are still full of bad feelings from their childhood, having done a good cover up job on them. All that you call spiritual, is at best mind spiritualism. True spiritualism, true spirituality, that of the soul, is still unknown on your world because no one is readily growing in truth from their feelings. Only a few people are trying to advance their soul by doing their Healing. If you look at all you have experienced and attributed to being religious or spiritual as just being another mind state, then you can move into investigating what unveiling your own spiritual and soul nature is, with an open mind and no preconceived ideas.

I know it is difficult to accept, that all of your world and everything in it is functioning in the negative, so is wrong, but it is. And the positive is unknown. The positive awaits you. It may be hard to believe that humanity has been existing for all these years and yet has not gained any insight into the positive, and with all the positive Jesus brought being long since been buried, with the negative quickly reinstating its dominance after his death. The positive, the Truth, is a completely unknown. Even with the help of *The Urantia Book* and *Padgett Messages*, you will not be any closer to the Truth. You will have added more mind knowledge and yet done nothing for your soul. **Only by embracing your Soul-Healing with the Divine Love can you start to truly move toward being as Jesus and Mary are.**

No one can tell you as to what to expect from your Healing, for this is for you to find out. We can only tell you that it exists and encourage you to try to seek and long for the truth through your feelings. **Humanity's Feeling-Healing and Soul-Healing; it's Spiritual Healing, will be seen akin to discovering a new frontier. It is a whole New Way.**

I want to say again, what is considered how to know God and how to live His Will, as it is all coming from the negative, is not right. It is really trying to know your parents and live their will, and if you don't like them, to find and live the will of parents you do like and feel better with. All you do is project your parents onto everyone and everything else, including God. So for most people it will be the scariest thing they've ever had to do: to face the truth of their relationship with their parents. It's far easier to bring a higher and what you believe is a more loving Mother and Father into the picture, than it is to deal with your own so-called love of and from your parents. No one wants to go to the great spiritual master and be told to go away, I can't help you, because I was not there in your childhood, you were, you grew up subject to the will and dominance of your parents, and so only you can find out the truth of this for yourself. If the spiritual teacher was true, he or she would be directing you to look into your relationship with your parents and family to find the truth of yourself. You formed with your parents in your family, they have made you become as you are, so if you want to understand the truth of all you are, then you have to go back into your childhood through your feelings so as to see what really went on to make you become as you are. Looking outward to God is not going to do anything for you in this respect. And the Mother and Father will tell you to keep attending properly to your feelings; long for the truth of them as they will show you the truth of yourself, the truth of how you came to be with your parents.

You can sit and listen to theories about God and the creation of the universe until the cows come home, but every moment you put your mind to such things you are avoiding deliberately where you should really be focusing on: expressing all that is making you feel bad. Don't you want to know why you feel bad? Well, you can know if you want to find the truth of your bad feelings. And it is all just up to you, no one else, you have to do it; and it will wait, your bad feelings will always be waiting for you to connect with them. And one day your soul will tire of your self-avoidance, and set in motion more experiences to start you to focus on yourself, on your feelings.

Women will naturally find this more appealing as they learn that their feelings have been trying to guide and tell them all the way along how to live their lives and what is the truth they are needing, and finally now they can give up all the control and falseness of their mind and start to listen to their feelings. Women's liberation is only setting out to deny yet more feelings by being more mind controlling, by being equal to the mind control of men. Truly if women (and men) wanted to liberate themselves, they'd start by honouring, expressing and longing for the truth of ALL their feelings. They would come to understand that they have to put themselves first, their feelings first, and nothing else matters. Because if they continue denying their feelings, they are continuing to deny themselves; and who is the most important after all, yourself, as in your own feelings, or everyone else and everyone else's feelings? You are told to be selfless, to put others needs before your own, but if that means you have to keep denying many of your own feelings, then you are only killing yourself by trying to be good, caring and thought well of. By being the pure saint at the expense of your own feelings, is actually treating yourself as evilly as you can, it's not loving, it's being the very opposite of what you believe it is. Honour yourself by honouring and accepting all your feelings. Give yourself the time to allow yourself to feel and express them fully. Nothing is more important. Getting those million and one things in life done by applying your mind, again at the expense of your true feelings, is living against the truth of your soul. And if you start your Healing and really do want to start putting your feelings first, then yes, your life will have to change, and it will naturally do so as led by your feelings. It will just happen, because at each impasse you will ask and feel: is it myself and my feelings that are more important, or everyone else and their feelings? And you might feel your relationships will fail, and if that is what is meant to happen to set you free of hurting and being so unloving to yourself because you are constantly going against your true feelings, then so be it. And the pain and all those bad feelings that come up as you break down the control you're subjecting yourself to – so there are yet more bad feelings to accept, express and long for the truth of. And you might be surprised, for the more you do honour and express all your feelings, your relationships might not end, they might change too, and for the better. All you so fear might not actually come to pass, but still you have to keep expressing such fear and longing for the truth of it.

The Mother and Father will save the planet and all humanity, but you must save your own soul. For men it will be more difficult as their mind naturally wants to be out there and so controlling the world, and as it has been their way for so long, to give it up and come back to themselves, to start to look at all their bad and depressive feelings, all the nitty gritty niggly little things, will make them want to run for the hills as fast they can. But if you can accept you are already running as fast you can, running away from the pain of your childhood and all those nasty repressed feelings; and if you sincerely do want to stop being afraid of them, then it is into the nitty gritty little sticky things you will have to go. And women will be very helpful in keeping you facing in the right direction with those feelings.

It will be women who will lead in the spiritual push to heal the soul of humanity, in the push to heal their own soul. Men will follow, but most will need the help of women to show them how to first recognise their feelings, and then how to express them freely. Men

will find within their humility a new acceptance and appreciation of women, and finally begin to love them for how they truly are. And women will see that they can release themselves from the pressure of trying to please the man, and trying to be as he is in their new found push to share his power, for they will see that such power is only of the mind and not of the heart and soul, and is therefore meaningless and only a figment of the mind's imagination. Women will see that they have had equal rights all along, and they don't even have to fight men for them. They can give up the competition and strive for higher meaning, that of living true to their Heavenly Mother and Father as they live true to themselves through their own feelings. As Mary Magdalene's revealing of the need to do your Soul-Healing grows, along with it will come a new sense of freedom and meaning as to what life is really all about. **The truth of life awaits humanity, you haven't even scratched the surface!**

Later: I want to add in response to what you and Marion were saying: when you feel something is a problem, because it makes you feel bad, then you are to stop and focus on the problem telling the other person or God what you feel your problem is and why it is making you feel bad. Your neighbour, James, suddenly appears in his garden and you feel disturbed by him being there, you don't want to speak to him because you are doing something else, so you come into Marion and say what you feel: that you feel you had to run away from him; you didn't want to be disturbed by him; you felt guilty that you didn't say hello; you felt bad putting yourself first; you felt bad hearing him talking to himself and if suddenly he sees you he'll feel embarrassed and you don't want to make him feel bad... yet why don't you; and what if he wouldn't feel bad suddenly knowing you are there? And you feel angry that you can't freely express all these things and that they suddenly swamp you, making you feel too overwhelmed. So you express your anger and then move deeper to expressing whatever else you feel and what comes up as a result of your feelings. All which then leads you to seeing how dismissive your mother was, how everything was only for her, she was the important one, no one else really existed; or if they did, it was all for her. And then how you feel being the same way as her and dismissing people, and how you feel being on the receiving end of being so dismissed by her. All your hurt and pain of feeling rejected and that you don't count for anything in her life, you're just in the way, an inconvenience and something that has to be quickly pushed aside and dismissed. And on your go dealing with your problems, all they make you feel and all you feel about what you see about yourself. And this is all stopping and putting the full focus of yourself, on your bad feelings, on yourself. It is being true to your feelings, and not just trying to block them out and run away from them. To fully own and honour them – BE them, because it *is* what you are feeling; and right then in that moment in your life, there is nothing more important than you feeling your feelings. You might want to push them all aside and dismiss them so you won't be interfered with by your own feelings or by your neighbour, and so you quickly come inside to get away from it all. So to know you can't deal with it all, the feelings being too much, too complex, too confusing, so many even contradicting each other, and yet they are all waiting to be expressed, and one at a time and they will all come out. And so, how does knowing that truth about yourself make you feel?

Zelmar. (a Melchizedek from within our local universe of Nebadon)

Journey of Earth's Humanity

Years ago:

- 993,500 **Andon and Fonta - aspire for human perfection.**
- 950,000 **Andonites reach Tasmania - southern Australia.**
- 500,000 *Caligastia - Lanonandek - appointed Planetary Prince
Daligastia manifests on Earth with staff
Sangik Family - Northern India - 6 colours*
- 200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary
Caligastia draws Earth into Rebellion*
- 38,000 **Adam and Eve manifest on Earth
Adam and Eve default their mission**
- 1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS
Commences end of Rebellion & Default**
- 7 BCE **Jesus of Nazareth born**
- 2 BCE **Mary of Magdalene born
Creator Daughter & Son Bestowal**
- 1914 - 1923 **Padgett Messages - second coming**
- 1925 - 1935 **The Urantia Book - history of humanity**
- 1944 CE **Bretton Woods Conference - funding**
- 2002 - 2022 **James Moncrief - Revelations
Avonal Daughter & Son Bestowal
Avonal Age of 1,000 years begins!**

10 June 2003

Hello James, let's continue. Now where were we?

The soul in all its wondrous mystery has only revealed a little of itself directly to us. Most of what I am telling you we have been deduced through our observations of Creation. Many of us have journeyed to Paradise and have gleaned valuable experience about the soul and the Mother and Father Themselves, and we have also had the opportunities to visit other local and super universes and learn of what they know about the soul. Our order of Son and Daughtership is allowed the periodic visitation to these other realms outside Nebadon in accordance with our personal soul needs and that of our soul group. Ordinarily, we do not visit such far away places; and we do not visit on a whim, we only so do, doing all we do, when there is a pressing inner need.

Everything we do is centred on and for the ascension of the mortal soul. Nebadon, as with all local universes, exist for this purpose, so all we do is only to help our understanding of the mortal and is aimed at furthering our ability to help with one's ascension. Creation as it currently stands is all about helping mortals from all the different physical worlds ascend in truth through to Paradise. We Melchizedeks are one of the main teachers and organisers of your ascension through the local universe. We ensure you are to do it within the plan given to us by the Mother and Father along with the Eternal Son and Infinite Daughter. We have made sure everyone on Earth complies with the current mandate and status of the Rebellion and Default, and now that is changing again, so we are helping in this revelation to you James, so as to impart more information to people on Earth so they can start to take advantage of the fact that the Evil One's controlling the Rebellion are no longer at large, so their control *is* over, and all that stands in the way of people starting their true ascension of truth to Paradise, is them having to first do their Healing as part of that beginning. We feel a very nice feeling seeing mortals being able to live true to the Mother and Father and ascend with Their love from flesh into spirit and up through Nebadon and then beyond. It gives us all a sense of achievement and a good sense of purpose. It makes us feel fulfilled.

I will only be imparting a very minor portion of the knowledge we know about the soul, as most of the remaining information is too hard to communicate to you in this manner, so we will not concern ourselves with it. So much of this sort of information needs to be communicated directly to you from our perceptions to your's, and this can only be achieved in fullness when you are in spirit. By speaking my spirit mind to your earthly mind James, too much is lost. You can get a sense of this through your perceptions as we convey insights to you, but due to the physical mind there are many limitations. So do not believe that what I am saying is all that is known about the soul, and in time as humanity evolves its mind through its soul, more information will be given to you. For now we must respect the limitations of your mind and soul relationship for this age you live in. When you are back in spirit James, we will quickly be able to update you back to where you were before incarnation.

There are certain groups of Sons and Daughters of all orders who are concerned with the specifics of the soul, just as others are concerned with other aspects of personality. Everyone gains some understanding, but specialising does exist over here as on Earth. Everyone has his or her own unique interests, and so sees things from his or her unique viewpoint, so everyone can contribute. No one sees all, and no one knows all, except of course you know Who. Even Jesus and Mary are limited and specialise in their unique areas of interest within Nebadon and relative to other local universal Creator Sons and Daughters. It gives one a very nice feeling to know that you are very special and equally important as everyone else, and when you are specifically asked for something which only you know to be true, it gives you a very good feeling of being able to share in the whole network of helping and giving. These feelings are fundamental to our wellbeing, and what you substantially lack. You do not help each other to properly share, and love one another enough to feel this connectedness to each other and the whole. It is very important to feel as though you are a vital ingredient and not just someone who nobody cares about. The Mother and Father leave no one out; all are unique and equally included as a necessary part of the whole. And this feeling goes further, to make you feel alert to the needs of others, and if they are not being respected or feeling a part of the whole and good about themselves, then something must be done immediately about it. When humanity looks after itself with such care and respect, many people will find they are far happier in life.

The Rebellion puts a lot of stress and strain on us all. It disturbs a good part of Nebadon. Many things are not functioning as they should be, and as things come back into being perfection, we all feel more love and relaxed. The Rebellion does offer unique challenges and opportunities, but still there is a tension felt by all, which will not be present when all returns to perfection. You are one small part of the Rebellion, and other humanities as you know through *The Urantia Book* have been affected by it, and all the mortals concerned are expressing the signs of pain and anguish, and this then moves up through all of Nebadon, and most of all being seen in Jesus and Mary. We are all working more highly united and under somewhat more pressure to accommodate the Rebellion, and help bring about the desired changes when it is time. A lot goes into it all, far more than you on Earth will ever understand, but will see when you come over and start moving up through the greater universe.

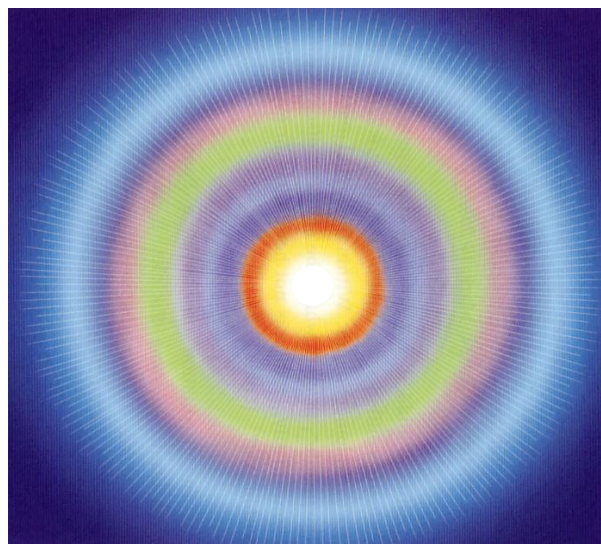
The Rebellion gives Jesus and Mary a huge amount of extra work, as so many call upon them for help. They of course love feeling the need of their spirit and human family who daily ascend prayers to them for help, and it is a very unusual thing for the Creator Son and Daughter to work so personally with so many mortals and spirits helping them to heal themselves of the Rebellion's negative effects, as they have done these past two thousand years.

Ordinarily, as you know from *The Urantia Book*, the Creator Son (and Daughter) would come to a world of utmost perfection to live their bestowal flesh lives, to experience being one of the exalted mortals of their universe, and to enjoy being celebrated by all within their universe for being so. But such luxuries can only be in local universes that do not

experience Rebellion, and not of the scale we have. So for Mary and Jesus to come and subject themselves to such evil tyranny, and to be wholly uncelebrated whilst on Earth, is them seeking experience from the opposite end of perfection. We are all so greatly indebted to them for what they have done, and especially to Mary who did not even come into her own full power, this was a very remarkable achievement to maintain her subjugation to the forces of evil whilst maintaining her allegiance to the Mother and Father, and to always show her love for Jesus through all such horribly dark circumstances. They truly have been tried and tested, and their soul shines with the humility of complete success. They are a splendour to behold, and we all love and admire them so much. They are the most compassionate of all souls, and truly we could not have asked for better local universal parents. And they are ever so patient, steadfastly honouring the Mother and Father's Will, and allowing the horrendous outworking of the denial of love be experienced by all souls who want to do so. They are with you far more than they need be, and much more than you know. They could easily have ascended back to live and reign in Salvington after their lives and not continue to visit our rebellion tainted worlds. Others could have brought the Mansion Worlds to order, but they did not forsake you, as all those who are living with the Divine Love will testify. And they came even closer to you and stayed with you through your darkest hours. But now that the curtains are beginning to be drawn apart to let some light of truth in, so it is time for them as they have told you James, to give over and allow others to experience what they have, and all is in readiness for this to happen.

Lots of changes are taking place here in the spirit worlds, with many more to follow as they relinquish their personal support to humanity. This part of their universe needs to now come back more into the perfection of management that it is destined to follow. Jesus and Mary have brought it personally to this point, and it is with great ceremony and love that the changes are taking place. And as I said, we, and most of all Jesus and Mary, are so happy for the order to be restored. As you might say, they more than any deserve a well earned rest! It is wonderful to have them here with us now as I am writing this to you James. They come and go from our conclave, and we love them both.

I will stop here – Zelmar. (a Melchizedek from within our local universe of Nebadon)



13 June 2003

Today, I will change our focus somewhat and begin to talk more about the dynamics of the soul itself. As I said, most of this information we have deduced from observations in Creation, and as to how these observations translate into this soul information I am not at liberty to inform you. By this I mean humanity is not sufficiently advanced enough in truth to be able to receive such information, as it would not be beneficial and would only work against one's need to do one's Healing. There are countless things that will be made available to humanity when it is ready for them, but these wonderments will not come to you until you have chosen to live true to the Mother and Father's Way. So in the meantime, you are virtually on your own trying to make sense of life.

One such future advancement that I can't as yet specifically tell you about, is how to derive all your energy needs directly from the ether, which some exploration has already been done on your world.

So now, back to the soul.

Soul-light can be measured, and is measured in units. One soul-light unit is one soul-light unit. I say it like this because this is how it is. There is nothing for it to be compared with. Soul-light is like no other light. It conforms to its own unique laws, and as I have said, creational-light is brought into being by it. All the light in Creation is soul-light derived, using unique laws governing the relationship between the two. Soul is governed by its own unique laws, as is Creation governed by its own unique laws, as is the relationship between soul and Creation governed by other unique laws. And they all work together as a whole.

A soul-light unit is characterised by the creational-light it produces that defines an experience. It is not defined by a wave or pulse or other frequency, or any other creational-light definition. It is not defined by being composed of anything, such as creational-light is, it cannot be broken down in smaller units or particles of composition. It is defined by the experience it generates in Creation.

So for example, one soul-light unit will govern your whole material existence. It begins to shine into Creation when you are conceived as the spiritual, material and will elements of you come together from your parents, and it continues to shine into Creation for the duration of our Earth life. As this may be for a moment, or some weeks, months, years – tens of years. And whether you live for two years, one day, four hours, ten minutes and three seconds, or eighty-two years and one hundred and nine days, three hours, fifty-six minutes and thirty-two and a half seconds, is one soul-light unit. And I will add that the precise time of your conception and death, and everything else you will ever experience, can be defined by smaller time units than you currently use. Time as you know it is defined on an even finer scale than you can imagine. And all the time variations between worlds and spheres, also need to be taken into account.

However, you don't need to understand this, but it does demonstrate the precision of the soul. Nothing is uncertain or random. Everything occurs with the greatest phenomenal precision. You may have intercourse when you truly feel like it (and this 'truly' is the best way to have it – when you are in a true state; and not as so many people do when they think they should, believe they should, do to escape bad feelings), and as all your feelings are governed by your soul, the exact moment of conception will be very specific and perfect indeed. It will be recorded by the higher Angels who understand such precise time. On the higher levels of Nebadon your exact time of arrival into flesh is known, as is your exact departure at death and exact arrival time in the spirit worlds. And even the exact time you will spend living on each Mansion World.

Soul-light being indefinable by creational attributes, is defined by its influence in Creation, by the experience it generates. One soul-light unit is therefore very different to its neighbours, and the soul in any one moment if you could take a picture of it, is 'radiating' countless soul-light units, each determining a specific experience for you in Creation, and all culminating together to make you as you are. You are a countless number of soul-light units, all shining into Creation bringing you to life, expressing your personality attributes, maintaining your life and helping to bring about all the experiences you are to live. There are very high Super Angels that can count, or rather perceive, they just know in their minds, at any one moment how many soul-light units are composing you. And of course when it is said that the Mother and Father know every hair on your head, are aware of every breath you breathe, every thought you think, every feeling you feel, every other part of your personality experience, it is an understatement as to what They truly know, for They know ALL soul-light units! The Mother and Father know all experience! They are creating all experience through all souls, including Their own – They *are* all experience. And from Their existential soul perspective of time, They know it ALL, for it IS ALL THERE IS. They know it from the beginning to the end, from the first soul-light to the last, as it is all existing to Them, NOW. But for us, we are content in knowing Them as They know and relate to us in the moment, our moment of universal time with all of our current soul-light units.

The outpouring of soul-light units from the soul is well ordered and controlled by the soul. They continuously stream out defined by the inherent soul-light pattern. If you were able to take a cross section through the soul you would be able to see that it is intricately composed of various sectors which themselves contain multiple segments, with the sectors being concentrically designed around the inner most part of the soul, its heart or paradise. Paradise of your soul is likened to Paradise being the Heart of Creation and the Heart of the Mother and Father's Soul.

Paradise of your soul governs all the sectors and their segments, which themselves are further subdivided and associated into groupings. Your brain and its interrelated function, is about as close to a natural example of what I mean. And the brain, as is everything, is patterned on your soul.

The sectors are organised concentrically outward from paradise. If you can imagine an egg and then if you broke it open, inside was to be found another egg but smaller, and then you broke that open to find yet another smaller, and so on, with seventy-seven eggs or sectors around the paradise egg. The width of each sector is one sector wide. As with soul-light, it is an arbitrary measure and used to only define the presence of a sector and to distinguish it from another. As there is no space in 'soul-land', so there is no definition such as that which would define a particle in space, so the sector is just designated a number to define it from another. The numbers commence from 1, being the first sector around soul paradise, and go outwards in ascending order to the seventy-seventh sector. As to why there are seventy-seven sectors, I do not know, and from our investigations it is surmised that further Creation is needed to come into being to shed light on this.

Each sector is divided into segments, and there are those belonging to the top half and those the bottom half of the soul. If you now take our soul egg and turn it into a soul diamond shape, but being more smooth and well rounded, or as a sphere that is stretched in both top and bottom directions and expanded to give an ellipsoidal shape, then you see what I mean by being able to divide it into two equal portions, a top and bottom half. A soul does have a right way up. And the top half is denoted as the Father half, it expressing the male soul-mate, and the bottom or under half, the Mother half, it expressing the female soul-mate. So again we can look at the soul as being comprised as you with your true child heart or paradise section and then the upper Father and lower Mother sections.



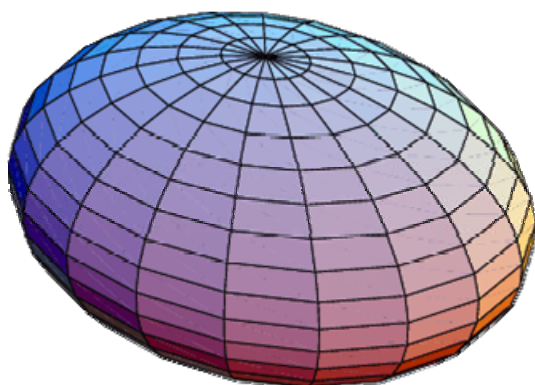
Each of the upper and lower sections are then composed of segments within their sectors. Both halves have the same number of segments, that being, I will give you a number to write James: 1,893,764, and doubling this gets the total number of segments, and paradise has no segments. Paradise of your soul has its own unique subdivisions. This number may seem like one I plucked out of the air, and I may as well could have, for the greatest problem with segments is that their number is not static, they change as required. This number I have given you was one in which equates to about how

many you might currently have James, but I cannot be so sure. Certain of the higher Angels are able to perform specific calculations with brilliant speed and precision making the best of your computers look like ancient man's first clumsy attempts of adding two numbers together. These Angels are able to perform hypothetical calculations based on much data and can predict a relative number of segments of one's soul at any one time. However, as this can be done, it is now accepted as just existing, and the need to know that exact number of segments has become inconsequential; with their purpose and role in the overall definition of the soul being much more intriguing. As your scientists strive to unravel

genetic coding, so some in the spirit spheres strive to unravel the mysteries of soul segments and the factors which determine their coming and going.

As you can well imagine, your physical life has certain characteristics unique to material flesh life, and so you would be right in assuming you have numerous soul sectors with various soul segments which govern it, and when your physical life is over, these will move into, merge with, and even become other new segments.

Now each main sector can be described as a Circle. Not as a circle as you might draw and think of one, yet more like a functioning circuit. The circles being all that a sector is composed of, all its varying segments, and being seventy-seven circles around paradise. I want to switch to calling them circles now because this word conveys a different feeling, one of motion. And that feeling is more true to how the circle sectors are. But I will speak more of this later.



Now, let us see that the soul is comprised of circles expanding out as rings from paradise, like how the ripples spread out when a stone is dropped in water, but spreading out in all three dimensions, making the soul appear ellipsoidal in shape. And each circle is subdivided into segments. And the segments themselves are further subdivided into ten categories, but for the purposes of our work we do not need to concern ourselves with their specific function and

designation. As you will see as I speak more about the sectors/circles, the greater subdivisions only add further dimension to all I am telling you, further amazingness to the soul. And for our purposes I am going to only imagine that there is seven circles in all, and not seventy-seven. The other seventy, being of equal importance, aren't needed here in our discussions, for I am only intending to introduce the soul and give you a general appreciation of it. To study it in depth if you feel that that is what you want to do will be made available to you in spirit; and still many spirits and Angels will gladly give you further information from spirit whilst you are of flesh if it is within the scope of your soul's needs.

The seven circles are the seven major circles of the soul. The seventy are based in groups of ten, being assigned to the majors, and being designated as minor circle sectors. The seven major soul-circles are as follows, the first being the first circle around soul paradise:

Havona
Major Super universe
Minor Super universe
Super universe
Major Local universe
Minor Local universe
Local universe

This shows you the direct link to what is outlined in *The Urantia Book* as to the various subdivisions of the Greater Universe as it so stands. And as you now live in it, so naturally you do because of your soul configuration. As *The Urantia Book* informs you, other Creation is in the process of coming into being, and so if you were to move into it, we theorise that your soul configuration will change to reflect your new relationship and existence in Creation. How this may happen we can only speculate, but for what we can guess, nothing is permanent in the soul (and yet everything is permanent!). Being all generated itself by its own paradise pattern, its whole outer structure could change in an instant if that was the direction of the pattern.

Paradise generates not only all of what is expressed in Creation, but also the rest of the soul, all the circles and their segments. It is the nucleus of the soul, and this theme for the material cell can be seen over and over throughout Creation.

At any one moment, right from your conception, your presence in Creation is registered in all of these portions of the Greater Universe. You are registered by soul-light from your Havona circle in Havona itself, the Central Universe, and then down through the universe structure and into the local universe. And as you know from *The Urantia Book*, you are currently resident in the Local Universe of Nebadon, and you are registered in its major and minor sectors, and you are registered in the seventh Super Universe Orvonton and in its major and minor sectors. So your existence in Creation is well documented, many spirits and Angels know all about you, from the lowest point of your entry into Creation, to the highest. And it goes without saying that you are known on Paradise itself.

As you ascend, you can see you already *exist* on all these levels, and they are only awaiting your actual presence.

I will stop now James, thank you; I enjoyed that. You can throw away your old notes as already I have expanded further than those. I look forward to telling you more, Zelmar. (a Melchizedek from within our local universe of Nebadon)



14 June 2003

Are you ready to continue James? Good, then let's start.

With the seven major soul circles you can see the pattern for Creation as it now stands, as you have read in *The Urantia Book*. Creation has been derived or brought into being from soul patterns, and now this may give you some understanding of what I mean. All that is in Creation, is first in soul, so you can see how our observations of Creation have given rise to our theorising about the soul. And I will remind you again, that this is all a theory, Soul Light Theory, as we have no way of actual first hand examination of the soul. However, you cannot help marvelling at the picture of the soul as it is presented, knowing the one truth that we can all examine and do all live: that without the soul we would not exist.

As you start to understand what your ascension of truth entails, so you can see that it is also as if you were moving back into the depths of your own soul, and ascending through it to its paradise. As you move up through truth to Paradise, so too can this be likened to expressing more of your soul as you move into its depths. This is quite an amazing point, for it shows distinctively that what is within is without, and what is without, is determined by within.

Being in the negative state you live this truth around the wrong way. You try to make the in from the out. You look out and then try to fit into it, and try to make the in, happy and content. You seek external satisfaction, gratification and amusement in the hope and mistaken belief that it will bring inner fulfilment. Some people don't believe this to be so, and are trying to attend more to their inner and are not so interested in the outer, but without the help of both Jesus and Mary's Spirits of Truth working with you in perfect unison, you will never discover this truth of the inner for what it really is. I will add here in case it is not already clear to you, but **without Jesus and Mary's Spirits of Truth in your life, you will not ascend in truth higher than what you can jump**. It is impossible to do so. And these past two thousand years have been given to you to see this fully for yourselves. If you don't see it on Earth, you will one day see it in spirit.

When the full understanding of all Mary and Jesus are telling you sinks in, and then you set out to try and live how they say, to follow them, then will you allow their Spirits of Truth to help you, and then you will begin to see the truth for yourself. By longing for the truth of your feelings, because you do really want to know the whole truth of yourself, you will naturally be engaging Mary and Jesus' Spirits of Truth in helping you reveal to yourself the truths they are living. And until such time as you really do want to know the truth by doing your Healing, you will go aimlessly around in circles missing the point. The Christian church is currently the best example of this. It believes the Bible to be right. But it does not even include Mary, let alone contain the correct words Jesus spoke, it having contrived a mostly false fantasy picture of Jesus, so people adhering strictly to it, won't ascend in truth, because they won't be enlisting the help of Mary's and Jesus' Spirits of Truth. If you do not honour equally both of the Creator Daughter and Son, Mary and Jesus, then you will not ascend in truth through their universe.

At the moment some of humanity says: well we sort of accept Jesus, even though we are believing a lot of words he never said and making gross misunderstandings about some of what he did say, and as for Mary we totally deny her existence and at best call her a prostitute possessed by demons, and instead we will worship Jesus' mother, for at least she has the same name and it's a nice fantasy about her immaculately conceiving... And that's about as much respect we have for women, isn't it? So you couldn't be more mistaken and confused, however, it is completely understandable because you still do not appreciate that you are living under a System Rebellion and a Planetary Default, and these are very serious things causing you to deny any means of uncovering the truth within yourself through your own feelings and with the help of Mary's and Jesus' Spirits of Truth.

If you could look at your soul and were living in a rebellion free perfect state of mind and will, all you would see would make sense. You would be able to relate specifically to it. But now in your negative state, if you could look at your soul you would see it is in turmoil, particularly the outer circle and its ten sub-circles. Your soul would appear imperfect in its outer most layer, it would appear all darkened with less light able to penetrate into Creation, and equally less of Creation's light able to shine back into it. But your soul was not originally like this. It was perfect before incarnation. Its light-pattern has shone forth bringing you into this negative state, and in doing so it has severely darkened itself. By experiencing the negative, it has slowly brought about many problems for itself, and it will tolerate such problems only so far. Then it will have to bring about changes in you that will make you stop how you are living and start you redirecting your attention inwards. As many souls are being born now who will want to start their Healing process whilst still of flesh, so we are starting to make truth and understanding available that will help them.

This past Age of Mary and Jesus has been one of outworking the Rebellion by taking the denial of their truth to its maximum. Truth in potential has existed as in Jesus and Mary, but as I said, you have not allowed or wanted to use their Spirits of Truth for help. Those people who persist in believing in the Bible, severely handicap their relationship with them and the Mother and Father. It is ironic that the main institution that *believes* in Jesus and the Father, are actually doing them the greatest disservice by not seeking to find out if what they believe is true, by not going to Jesus and the Father directly and in person, asking them both by longing for the truth of their feelings. Both of them can be spoken to directly if only men and women would try. However, we will speak more about that later.

Now imagine that a light shines out from the heart of your soul, from your paradise, and as it shines through all the circles and their segments it picks up 'instructions' with the result being that when it emerges from the soul and 'shines' into Creation, its *coding* brings about very certain and specific things – it creates. This is the same as if you can imagine a light shining out from Paradise through Creation picking up all of the pattern of Creation on its way, and then bringing you into being in the outer extremities of Creation, on Earth.

This light from the soul exits paradise from what we surmise is a very distinctive part of it. It then passes through all the surrounding circles penetrating them in very defined areas.

And as it moves through each part it seems like it picks up, to crudely describe it, 'personality' of its own. So that by the time it penetrates Creation, it is very distinctive and can be seen by the higher Super Angels to be very different to another light that may have come out of soul paradise and moved through the other circles and segments into Creation. And then if you can imagine all the countless lights that are continuously shining forth from a soul's paradise through all very specific points of the circles and all emerging with very specific and defined 'personality', all of which it will then manifest in Creation, with the overall effect being that of manifesting (expressing) your whole soul-personality.

It is not entirely correct to say, but I will for the sake of painting a simple picture, that the soul-light coming from paradise picks up coding information through the circles that defines it, bringing into Creation purpose and intent as to what it will create. Why this is not so correct, is because there is far more to it than that. For example, the light before it is 'emitted' from paradise is fully coded, and as it passes through the circles it seems to somehow bring this coding into a more 'personalised' expression, so I say it 'gains' coding through the segments of each circle.

Now, if you took one of these 'light strands' and analysed it, you would be able to see the distinct makings or impressions or signatures of the circles it had passed through, and you could further analyse it and see the finer details of the signature of the segments it passed through within the circles, and the sub-segments, and all the finer portions of the sub-segments, which as I said are just too numerous to number for our purposes. And in a very broad sense, if you could analyse one of these light strands which are maintaining you in Creation, you would be able to see that it defines your exact space in Creation.

You could see that it would identify you as existing in Creation in this Super Universe of Orvonton, in this Local universe of Nebadon, in this World, Earth or Urantia, and then further for you James, in this geographical time/space location being specifically at this time you have defined as 2pm on this day you have defined as Saturday the 14th of June, 2003, in this area of land you call 7 Harry street, East Hampton in Melbourne, Australia, sitting at your table typing these words I am speaking to you right now in this moment, the action of your physical and spiritual bodies being driven by your will, all you are thinking as I convey my thoughts to you, all you are feeling, all what the organs of your body are doing, what your whole personality is expressing. You would be able to trace your whole existence and status in Creation.

And as light is shining out from your soul all the time to define you in Creation, so by your very existence you are an experience composed of many experiences, and so light from your moment by moment existence, from all your experiences, is shining back into your soul, re-tracing the path from whence it came. Incoming light and outgoing light does not interfere with each other as they are different, however the incoming light as it moves back into the soul's heart does have a very profound effect upon it, and as soon as it returns, the next outgoing light if analysed would show slightly different coding to be fully instigated through its passing of the circles.

The incoming light as it passes back in through the circles and corresponding segments and sub-segments does also show marked changes by the time it is received back into paradise. If the light of experience is not fully 'bright', is not of the full experience, such as it is not when your experience is denied its full expression, such as how all your experiences are whilst you are living in rebellion, then this somehow seems to get registered in the circles and segments, so by the time it reaches paradise, thereby diminishing the overall light of your soul. So in effect, the heart of your soul is denied light from its personality-expression in Creation, and you could say if you wanted to attach human emotion to it, that it is then sick. And so there is some truth when you say that your soul is in much pain and it has become darkened. By the time the incoming light is received by paradise, it is 'not as bright' as it would be if you were not denying it full expression of experience. When you feel in pain physically, emotionally or spiritually, what you are feeling if you relate it to your soul, is literally true. It is your soul that is suffering, as it is not being as it is designed to be – full of light.

Any lack of light that your soul is, will be reflected in your state of wellbeing, in its Creation. You become ill because your soul is being denied its experiential light. When your experience is not right, you are making your soul be not right, which then makes the next experience not right, and so on. As you continue to live in the negative, you will be literally having a negative effect on your soul. And even though being of the Rebellion by Default, and this being how the Mother and Father have designed your soul to be, and so even though your soul is affecting your life in the negative, still the impact upon it is one of light-denial, and so you do suffer accordingly, because remember, your soul is you; you are your soul. You are one of the two personality expressions of your soul.

If your incoming light is dulled in any way, then the effect this will have on the next out coming light from paradise in response to this negative feedback, will also show signs of not being the full intensity that it normally would be. And this lack of brightness can be traced as it passes out through the circles with the result if you were to again to analyse it, showing that when it manifested as you, you would not be as bright. If you were able to see the light emissions from souls of rebellion, they would appear very much duller than of those from non-rebellious worlds. So what you call a dark soul, is as I said literally very true, because it is how you all are. You are all rather dead looking when we observe your brightness of spirit and so your soul, you spark up a bit more when you die and come into spirit, however those spirits in the mind Mansion Worlds are very much duller of light than compared to those spirits actively doing in their Healing, and nothing like the lovely brightness of the healed Celestial spirits.

When you say someone is a lost soul, they are dark and evil, and they are confined to living in the hell planes, then these people and spirits are just darker than most of you, they having denied the truth of themselves to a greater extent. But what I want you to understand is you are all very dark compared to how you would be were you not of the Rebellion and Default.

The term 'a lost soul' is used to describe your personal relationship with your soul, it means you have lost yourself, you are somehow lost to yourself, lost to your soul, your personality is far 'removed' from being the true expression of your soul. You are not actually lost geographically, it means on the spirit and psychic levels of your being, you are willing yourself against, and so away, from the truth of your pure soul state. In reality you do not actually lose your soul becoming separated from it, nor can you actually get lost in Creation as some order of being always knows where you are, but you are lost to the truth of yourself.

Once the soul has started incarnation then it is progressively carrying out its paradise plan, that which was 'installed' in it by God, or perhaps that which it was created with. Some say the Mother and Father, or even possibly some other undisclosed Paradise agency, as we do not know all that happens on Paradise, may put the soul patterns or plans of God into the souls after their Creation. Others, however, say how can a soul be before a plan, for the plan is the soul. And as to when personality is bestowed on it, as we believe it to be bestowed personally by the Mother and Father, does this occur when the plan is 'installed' or does it just happen simultaneously with its whole creation. And for that matter, how are souls created? Or are they just 'there already'. As there is no beginning or end in soul land, such discussions we surmise will never come to a satisfactory conclusion, and even this statement will be refuted by others who believe and postulate that the Mother and Father will eventually reveal all, it is only a matter of time and patience before all questions will be answered. Could there ever be a time when there is no need to ask more questions, when all is known, when all the secrets of the Mother and Father are revealed? Could there be such a fulfilment of Creation, when soul and personality are one... and if so... then what would happen...

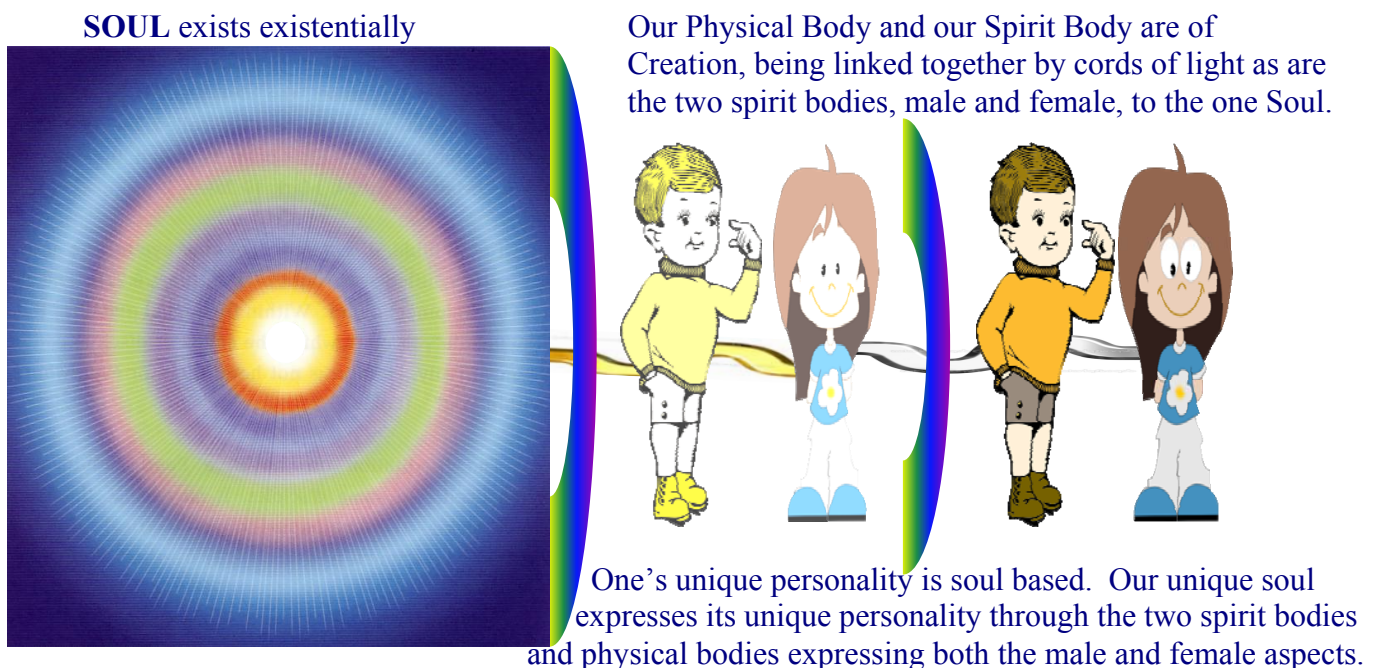
From our observations, there is no facility within the soul for reincarnation to take place. This belief was passed to Earth by mind spirits who formulated it many years ago. They did not understand about the nature of soul ascension through truth, as the higher gateways were not opened at that stage, as it predated the arrival of Jesus and Mary. These long ago spirits, being also of the Rebellion, lived (and some still do) in the confinements of the mind Mansions Worlds, and with no knowledge of the Mother and Father's soul transforming Divine Love that has since been revealed by Mary and Jesus. They could see that nothing further existed in the heavens than where they lived, and so as there was nothing else, nothing higher, came to the conclusion that there must be more, and possibly by having other flesh lives would give rise to what they would do in their future existence. Later the idea of bettering your self, life after life, was incorporated as a way to try and explain the problem of some people and spirits being so 'tarnished' whereas others did not appear so. However, these spirits did not appreciate the mind and all its capabilities for deception, making it appear that some were more advanced than others. Over time, advancement of mind did occur, and so spirits moved up to inhabit the three higher mind Mansion Worlds (2, 4 and 6) given over to the mind, but none new anything of Jesus and Mary and the truth they would teach and its ramifications on the Mansion Worlds and Earth. Jesus tells you in the *Padgett Messages*, as he told his followers when on Earth, that reincarnation was only an incorrect belief of the mind.

In our model of the soul, one could if one wanted to, incorporate such a thing as reincarnation, as it can be seen that the soul can create anything if its pattern is designed to do so, however as yet, no one has reincarnated, and there are many other factors all to do with the laws of personality that make reincarnation a further impossibility.

Further confusion has been generated by the Bestowal Creator Sons and Daughters of Paradise, who give up their current existence status and submit to the bestowal process becoming either another creature in spirit (re: *The Urantia Book*), or as Jesus and Mary on their seventh bestowal showed, became of flesh. This phenomenon has given rise to many stories and stirred the imagination of many, and so has added some weight to the reincarnation belief. However, this rite of passage is reserved for only these higher Sons and Daughters, and not for the mortal soul. The mortal soul begins at the bottom of Creation as it were, and ascends up or into the highest, and only when they need some help will the higher Sons and Daughters submit to flesh, to become as you are, and to help guide you, to help you turn and face in the direction of Paradise, to face the Mother and Father.

Once you have started incarnation, it is not stopped. No matter how far you get along in the flesh phase, **once your first physical and spiritual heartbeat has been recorded, you continue on either in flesh, or if you die, in spirit. Never does the soul stop and restart once incarnation has been completed by the first heart beat.** If termination occurs before the first heart beat, the soul will start incarnation again at another time. It is one of the major Natural love laws. Your life, officially begun, you will continue to grow on Earth or in spirit. It all being determined by your soul pattern, or soul-light-print. Hence the soul and its creation, and all Creation, are inextricably linked.

Let's have a rest James and we will continue later – Zelmar. (a Melchizedek from within our local universe of Nebadon)



15 June 2003

There are all sorts of divisions that one can use to define the actions of the soul. The emission of light-units can be used in all sorts of ways to depict all sorts of things. For example: generally a length of experience, one soul-light unit, is referred to as a season. And so a season can be used to denote all manner of experience. Your flesh life is a season. Each breath you inhale is a season; each one you exhale, one in and out breath, another. A thought you have is a season; a string of thoughts based on a similar theme, is a season. A movement of your hand is season, as is your walking from one room to another. Your cells metabolism is a season, either as it performs a specific duty or as defined by its whole existence. Your whole rebellious experience from incarnation, then life through the Mansion Worlds to the Celestial level, unless you do your Healing whilst of flesh, is a season. If you do it on Earth – another season. Every separate experience you can image is one, as is all linking of experiences, getting bigger and bigger as you progress through Creation. Eventually your whole existence could be defined as a season, and so on. I am sure you get the picture. And each season of experience, is as I have said, controlled and even generated by light emitted from the paradise of your soul, moving out through the circles and relevant segments, bringing into being that which it will do in Creation. When a season is spoken of in a personal sense, then it carries with it an understanding that is all encompassing of the soul. **It helps to keep one focused on one's soul, reminding one that it is the soul that is cause and generator of all seasons of experience.**

An experience, and therefore season, can itself be further defined. A season has a beginning, a duration, and an end. The beginning and ending may appear as separate seasons, and sometimes are referred to as such. But correctly, a season is defined by fully having a beginning, middle and end. And if you were to examine the soul-light that brought it into being, you would see that it would be different reflecting these phases. And this then shows that even soul-light has a beginning, middle and end. And this is the only experiential type of thing we can attribute to the soul. Everything else just is, with no beginning, middle or end.

If you likewise examine the incoming experiential light to the soul, naturally it too would display a difference reflective of the beginning, middle and end of the experience. Knowing these parts is a help, because you may enter into an experience but somewhere in it fail to complete it, failing to generate the required returning creational-light, it not showing the same proportions of light that came forth from the soul. Say you failed to experience the end of the season as defined by how you should have, as was to be determined by your soul-light generating it, then the resultant inflowing light back to the soul would reflect this failure with the end of the season being different in the composition needed to match its generator. This difference is registered as the returning light moves through all the circles and their segments, and then fully in paradise.

This understanding then presupposes that within the soul the returning light has been expected in response to the light generated, and if it does not match what is expected then the soul makes an adjustment in its next emission of light to accommodate the extenuating

circumstances that are occurring in its creation, you, thus enabling you to continue living in denial of the true pattern being lived.

Simply, somewhere in the soul's paradise, and in some way, your freedom to deny yourself your soul its full expression can be accommodated by the soul, giving rise to its support of this. Literally your mind has taken over somewhat from your soul in conditioning the experiences you now live, and your soul somehow allows this to happen and adjusts accordingly. This is all from the experiential viewpoint. From the existential point of view it can be said that the soul is making you deny your experience, that all being part of its pattern. And so of course the soul makes the necessary adjustments from the incoming creational-light to the outgoing soul-light so as to keep you in rebellion against it and yourself.

This point is argued over a lot as to whether this even matters, but if it is true that experience in some way does affect the existential, then the experiential is not fully determined by the existential. And we can liken this to the fact that you and I can actually go to, live on and have experiences on Paradise, the existential Soul-Home of the Mother and Father. However, equally one can argue that this can happen as experiential light can affect the soul but still all is happening according to an existential pattern. The light denial is what is meant to happen, it all being orchestrated by the soul.

As with so many things about the soul, with ourselves not fully understanding the relationship between the existential and experiential, even with it being argued by others that they are actually one and the same thing, such things remain observations pending more understanding. However the real experience, you in Creation as a full representation of the action of your soul's light and the light created by experience, is interesting to look at (at least we think it is).

What I mean is that the Mother and Father have sent a light, you, as Their child out from Paradise for a season of experience. And within this season are many seasons. And your journey back to Paradise is the incoming light moving back through all the circles and segments of Their soul, with the net result being that your full experience of Creation for this season is equal to that light which has directed you from Paradise. And when you have finished on Paradise, you will be sent as more soul-light back out into Creation, out through all the circles and segments to live a new season of experience in Creation for Them; and as one may imagine, then at some point you will return once again to Paradise as the creational-light of your experience. And then over and over it is conceivable that you will journey out from and back to Paradise, just as your own soul-light is doing by coming into Creation maintaining you and manifesting all that you are to be and experience, and then receiving the resultant light from your experience.

The whole wonderment of this is seen all over Creation and in everything you care to look at if you know what you are looking for. For example, the rainbow you see divided into splendid colours reflects the seven major circles of the soul, and the seven major circles of

current Creation. And the fact that it appears like a bridge suggests that you can go over it to somewhere, from one side to the other, and even the myth of the pot of gold at its end can be equated to the journey to Paradise or of light going back to the soul's paradise.

When you arrive on Paradise, as arrival is a very true description of the feeling you will experience, you will see, feel and just know for yourself just how incredibly breathtaking the Mother and Father are – Their Soul. And as you reflect back over your entire journey in and up through the circles to it from Earth, you will be completely overwhelmed by all that is currently Creation. And then to consider that this is only the beginning of potentially what God knows and is expressing, will stagger your mind, but your soul will relish with love such feeling, easily being able to accommodate such enormity, and will know that Paradise is its true home. Being children of Heavenly Parents, Their Home is also your home.

All that you will ever experience will be an experience of the soul. Life is really all about the soul. All that is manifest is due to the soul, and so can be called the experiential soul. All you will ever be interested in and will explore and want to investigate, will be from the soul and of the soul. It is the soul, your's and the Mother and Father's Soul that captivates our every moment of being in existence.

Now, irrespective of whether paradise of the soul somehow amends its light emissions in response to defective incoming light, or whether it is all just a part of the plan and the incoming light simply tells paradise everything is going according to the plan of the rebellion and it is time to emit the next light, the fact remains that your existence in denial of your true and full expression of soul-light is not a by-the-by thing, something you just have to go through and one day it will end and you can forget about it. It is all important and is not just left up to you, being a decision you have made consciously or unconsciously.

Your denial of experience and the curtailment of your season severely impedes the unfolding of your true or perfect soul-light pattern. With each step you deny yourself the full experience intended, bringing about an effect that will have to one day be rectified.

I will try to explain this in a real life situation. Say, you are four years old and you feel moved to ask your mother for that biscuit on the table. Soul-light is stimulating your feeling to have it. This quickly grows into a want, your will is activated in that you want it. You may not even know why you want it, it may not be to eat – you just want it. You ask your mother for it and she passes it to you. You feel pleased that she did what you wanted and you feel a sense of good and love that your will was fulfilled as you had the experience your feelings were making you have. It is irrelevant as to whether you then eat it or drop it on the floor, that is another season. It was all to do with the interaction with your mother and whether it was good and loving, which it was because it fully honoured your will.

The getting of the biscuit made you feel good. And a big part of that which neither you nor your mother were aware of, was how she interacted with you in it. She willingly responded to your desire and gave herself, her love to you. And let's imagine that she gave all of herself

to you, her full focus was on you as she responded to you, and so in giving you the biscuit it became more than just potential food or something to play with, it became a sharing or herself with you and you with her. This helped you to see yourself in her, and you wanted to do a nice thing to her because of the nice thing she did for you, and this generated another feeling in you and you thanked her, you loved her.

So now, from the soul's point of view, what happened? The soul's intent is to create and have its Creation (you) experience love. When love is experienced, this being only experienced when the experience is experienced in full, then the soul receives the 'right' incoming creational-light message, that being all is going well and true and in perfect harmony. It then responds by issuing another light which generates good and true feelings of love in you, and you want to express this love as gratitude to your mother. However, there is also more to it than this.

The important part to note is that the soul always needs to have you, its creation, experiencing full love, being true and freely expressive. It was in this case your mother's actions that allowed the fulfilment of the experience. She accepted you lovingly. An experience always needs a cause and effect, another side involved. Whether it is yourself or another person or thing, you cannot just experience alone. So encoded within the soul-light is a demand for all to be right, for the other person to play their part equally in the same manner as you, for them to be fully expressing themselves and to be true and perfect in their response to you. If this happens, then the two come together and the seasons on both sides are fully lived, the beginning, middle and end, and both feel good. And you and your mother have a loving experience and your relationship grows, and the stage is set for the next season to be shared, with equal anticipation of love and complete fulfilment. And so you eat the biscuit enjoying it far more because of the nice feelings between you and your mother, and she delights in helping you feel more satisfied being emotionally, spiritually and physically fulfilled.

This whole experience between you is a major one – as are all experiences. It may seem like a small thing, it takes only a few seconds to enact and may happen numerous times, but to both of your souls, your whole existence is awaiting this experience to be fully expressed and shared with love together. At that moment in Creation and soul-reality nothing is more important. And the whole of Creation is in a way involved in it, it is that important, because every experience is, even though we take so many of them for granted.

Everything you both are and have experienced has led up to this moment, all your mother's experiences through all her years, and all your short number of years, with all being equally as important as the other. If your mother had not had all her experiences prior to your experience with her now, and the same for you, then neither of you would be sitting together at the table with biscuits available for the asking and sharing nice feelings of love with each other. There is no such thing as a lesser experience. And so far as your soul is, its leading edge into Creation at this moment to which all the countless other emissions of light are sustaining, is you asking your mother for the biscuit. The whole of Creation is hinged on

this moment with you and your mother and your interaction, as with all other moments. If that moment didn't happen, then the whole of Creation would be less that experience, so Creation wouldn't be what it is; and in a way, if it didn't happen, the whole of Creation wouldn't exist because it's all existing happening together in this current moment. So can you see how incredibly important all experience is. And if all experience is required to bring an experiential God, the Supreme Being, into existence, then that God needs your experience of asking your mother for that biscuit, just as much as it needs all other experiences lived by everyone. And incredible as it may seem, just such a simple thing of which you may take little notice of over the course of a day, but it, as well as all the other experiences that constitute your day, make you who you are. The little things are very important!

If you were both true, you would experience the love together and it would be just flowing effortlessly between both of you. You would both be helping each other to feel better and better through the day, more and more love. You, the child, would be coming out of yourself into Creation and learning how to express yourself following your mother's example, just as your mother is coming out of herself more into Creation with your help, by the loving interaction she has with her child.

Now, this scenario is all very well and nice if your mother were of a positive and perfect mind condition, but as your mother is not, being of the Rebellion, we will go over it again.

This time as you ask for the biscuit you have already had four years of negative conditioning, plus your time in the womb of your mother who is living untrue to herself and so against herself, her partner, her parents and family, and even against you. But let's say your mother feels/believes she does love your father and does love you and things are relatively nice, and no one is aware of the deeper underlying truth of the rebellion you're all in. And you are two-thirds the way into completing your full indoctrination into the Rebellion by the time your Indwelling Spirit arrives from Paradise, when your forming years are over. So what is happening is this situation?

Your mother is herself full of her negative mind condition, resisting it and trying hard to pretend she is a kind, caring and loving mother and nice person. No matter what her outward appearance may be or how she is to you, you are still following her example. So for most mother's (assuming they are not striving to do their Soul-Healing), when you express yourself, that is express your already well conditioned desire for the biscuit, she will respond with her well conditioned negative reply. And this can vary. For example, she may with a big smile on her face and with what seems like willingness and love for you, gladly hand you the biscuit. However, if you could see her interaction with you knowing all of her negative mental circuits, how they are arranged and how her feelings have been conditioned and limited by such negative arrangement, and how she is feeling at the instant as to whether she is enjoying your company or is fed up with you, and all the millions of other inner things that may be going inside her, most of which neither she or you will be aware of, you would see that her response to you was not pure, true or perfect, so not truly loving. It was negatively

conditioned. And so you unknowingly take on all of this. Far more goes on in every interchange, in every experience, than just the surface face-to-face stuff. The newly emerging child takes it all onboard. It is absorbing all of its parent, forming, coming into being based around all the influences in its life, it's absorbing all that the parent is, it being one of the main influences on the physical, emotional, mental, psychological, spiritual and will levels, and even much more which your scientists have not as yet even begun to acknowledge exists.

Remember, your whole soul is involved in each and every experience. Light coming out from countless points of emission are sustaining you on all these levels, and they are all experiencing. So the impact your mother has on you, her self-denial, will bring about complete similar self-denial in you. Because she is not perfect and true, no matter how she may believe she is feeling or how she is behaving by being seemingly warm, kind and caring, you will experience it all. By four years old, you are used to a lot of this, have absorbed it, and have conditioned your behaviour with her accordingly, to make your denial as less painful as you can, but still your soul is forging you into being and so your will is asking for more.

And suddenly your mother feels (because for some reason it's triggering deep repressed memories about her being with her mother) threatened, incompetent and unable to give you what you need; she is unaware of this but it is the same feeling in her that she felt when she was four and asking her mother for something. And instead of being the loving mother, she being unaware of even doing it, it conditions her whole being, her whole aura against giving you what you want. She may give you the biscuit, but she does not give you her love. She may sound loving, but she cannot give you completely herself. She is negative and can only give you a limited experience of being with her, she is not fully expressing herself, and so the creational-light returning to each of your souls is severely limited, so both of your experiences remain unfulfilled. And if you were both more aware, you'd be able to feel a sense of dissatisfaction, and a lack of true love, that something wasn't right between you. That you are denying each other and yourself. You are not following her in the truth and ways of love, but being made to follow her into hell. She is already in it, in great pain and in great soul deprivation of experiential light, but mostly unaware of it. Still, it is happening and real, and to the outside observer who is of true love, the interaction between mother and child will show this hatred of each other, this lack of love. The observer will easily be able to see through the veil of deceit and the cover up job both are doing by pretending they love each other, and will be able to see the complete sham act that is being performed, that called: mother and son sharing lovingly their life together.

Another scenario which may have occurred, was the child asking for the biscuit but the mother outrightly refusing to give it to it. The child might then persist in trying to get its will honoured, and if continually denied may feel more openly hurt and rejected. It may protest louder bringing upon itself harsher words and even a slap on its hand if it were to try and reach for it, all increasing the negative experience. It may then start to cry or scream or seek other ways of trying to get its way, meeting only more and more resistance.

Lots of different scenarios could be enacted between the two. It may be done this way this time and differently another time. The outward harshness only reflects the underlying lack of love and hatred of each other, and will only result in both feeling more and more rejected. The mother already feels like this, and deep within she might believe that her child does not love her, is rejecting her, all as she felt as a young child with her parents, so she may fight for more power and control. But for the child, this is only reinforcing loud and clear that it is not loved, and all the horrible feelings of rejection build up in it. And then, as mostly both the mother and child can't be true in their terrible feelings, the child by following its mother's lead, learns to pretend that they do love each other, and works to bury all those bad feelings, asserting its emerging mind to take over; and they keep going managing to remain good friends despite all the 'bad stuff between them'; they telling each other how much they love one another, all of which if the truth of their feelings could be known, the truth coming to light when they do their Healing, would be seen to be a lie.

So the result is the same for your soul. The incoming light has been filtered, as it were, through the negativity. The season of experience to be the loving exchange over a biscuit has been cut short with the middle and end being completely different to what the soul was wanting. And so the soul makes the necessary adjustments to accommodate this reality its creation is experiencing, as this allows you the child to take on more of your mother's negative beliefs, further circuiting itself in a negative mind and will state.

The soul does not receive its full creational-light and so is darkened somewhat reflecting this. The child feels rejected and unloved; and the mother carries on struggling in her relationship with her own child possibly hoping the day will soon be over.

I will stop now James as I can see you are getting tired; speak to you tomorrow – Zelmar. (a Melchizedek from within our local universe of Nebadon)



Infographics and diagrams have been added by Pascas.

16 June 2003

Being the rejected child, the rejected ones you all are, you are literally rejecting your soul by not allowing it to have its full light from experience. It is therefore true that you are doing it all to yourself, you are rejecting yourself, your own soul. It was done to you, however, you have grown up in it and now continue doing it to yourself. And consequently you are the only one who can rectify your own self-rejection. As you reject your soul, so too are you rejecting others, and if you have children in this condition, you will do to them what was done to you. The result being that they too will reject, not only themselves, but you as well. And this is the exact opposite way of living that your soul and the Mother and Father of your soul, ultimately want you to live. And no doubt when you become fully aware of it, what you will want too. However for now, and until you've finished your Healing, They and your soul want you to experience the truth of not feeling loved, the truth of feeling rejected.

As your soul-light comes forth from the paradise of your soul and moves through the relevant circles and their segments, in some way it leaves instruction as to what to expect from the incoming experiential light. This is hard to describe as to what I mean, but I will try and give you a picture for your mind to grasp. If you could imagine that the emitted soul-light takes from the segments as it passes through the relevant circles, other light that embellishes it, leaving a deficit to be filled by the returning incoming experiential-light. And that this embellishment is somehow attracted to the outgoing paradise light. Just how pins are drawn up to a magnet when it is moved over them, and if the magnet were in the shape of a horse then the pins would be drawn up into a shape of the horse as they covered it, so the magnet becomes embellished into a different looking object, which then can interact with creation providing the source or pattern of light around which the creative forces are mobilised by the will, and a horse comes into existence. And the horse comes into Creation in the exact time and space of that which the pins define. The pins are drawn up through the segments and circles defining the exact place that the horse is to be in Creation. So, the soul circles and segments are the map of Creation, and Creation is the outworking or manifestation of this map.

And so correspondingly, you being the horse in Creation, has an experience, and so the exact time and space location of this experience, gathers, if you like, experiential light pins about it, which move back through the soul replacing the ones that the emitted light drew up. This replacement then allows a continual balance of light to be maintained, and so all aspects of the soul feels true or perfect. However, when some of the creational-light is denied, then not all the pins are drawn up and so not all will be replaced in the soul and an imbalance occurs. And so the soul is left out of balance, waiting for this imbalance to be rectified. And simply what your Healing is, is this rectification. You are bringing yourself back into balance. Through your Healing you complete through your feelings all your outstanding experiences, which is why you have to go back through your feelings reconnecting with all the unloving experiences you suffered. And as you in a way 're-experience' your past experiences, again all through feelings, wanting to do so by bringing to light the truth of your dysfunction, rejection and unloving denial, which is you loving yourself, so your experiences

become loving and therefore completed so far as the light needs of your soul are concerned. Hence your Healing takes place as you bring yourself back into perfection and being true.

With the experience your soul requires being in deficit, it means that somehow you have lived the full experience that your soul intended in the first place. But how can this happen when you were denied an experience at four years old and now you are thirty-four, or one thousand and thirty-four living in the mind Mansion Worlds?

And amazingly you can, and this the most remarkable thing. And it is surely one of the greatest of the wonderments of the Mother and Father: that you can still 'relive' as it were, an experience after it has already been partially lived. A full, perfect and true experience requires no reliving, for it creates no imbalance in the soul.

You are carrying a huge deficit of experience in your soul, and somehow you need to one day make up for it, you need to replace it, and so relive it. And this is what you will be doing through your Healing, being mostly unaware you are actually doing it.

Some people say all your pain and repressed childhood feelings are somehow stored in your physical body, or even in your spirit body or aura, but that is not correct as **all such experiential denial is 'stored', which is really encoded, in the soul. And what your soul does in an attempt to help you become more aware of such denial, it causes pain and problems in your creational bodies and aura. So something like muscle testing (Kinesiology), if done right, can detect such pain and a skilled interpreter can understand something of the psychology involved that caused it.**

And deep trauma therapy that seeks to liberate such pain and bring understanding to what caused it, can help in rectifying some of the outstanding light experience required by the soul, however as mostly people doing such healing only want relief from the pain and don't want to go further into the unloving relationship with their parents all the way to end, which they would do through their Healing, so only a limited relief will be gained. One may feel great having successfully dealt with a trauma, yet it will only be a localised healing, as it will not be part of the overall comprehensive Healing one will need to do so as to completely heal oneself – heal one's soul.

The other amazing part is how do you recreate the experience as it was. How do you relive an experience like the one where you are asking your mother for a biscuit at four years old and you both experience an imperfect experience. And how you do this is a further wonderment of the Mother and Father. They can through your soul, simulate experiences when they are needed, being the exact experience on a feeling level you lived. Your adult life is always cycling through your childhood experiences on the feelings level, mostly of which you're unaware. You can only keep feeling all the feelings you felt as a child, because they are what constitute you. And if they were all good, then you'd keep feeling good; but if some were bad, then you keep feeling them too at the appropriate times during your adult life. And as you are mostly blocking and denying them, on the deeper levels you are feeling

them yet where your mind is focused you might not feel them at all, having to keep doing what you do, such as all your addictions and feeling-good things, to keep blocking them out.

So, when you start doing your Healing by focusing on your feelings, you allow them to come up as you stop repressing them, allowing them to 'take you back' to reconnect you with the experiences during your childhood in which you felt the same feelings. You might feel scared as an adult, you honour those bad feelings by embracing your fear and emoting it by expressing how scared you feel. And you want to understand the truth of why you feel scared, so you want to know what happened to you with your parents or whomever it was back during your childhood that made you feel the same scared feelings. And as you work deeper and deeper into your fear over the years of your Healing, you will find yourself in a way back being that child and feeling as scared as you did.

You might not remember the exact scary situation, but through those feelings you'll be able to uncover the truth of your relationship with your parents or whomever was making you feel scared. And as that happens you are liberating the repressed feelings, acknowledging the experience was incomplete and made you feel bad and unloved; and by doing this and wanting to see why you felt all you did, you are loving yourself, you are giving yourself the attention, acceptance, consideration, sympathy, the time and respect that you should have got from the other person, the opposite to all the rejection you felt. So, effectively you are loving yourself, so the experience completes. Your soul receives the light it needs and becomes less dark, moving a step closer to being true and perfect. So, you 'let that part of your unloving childhood go' and you feel like you have moved on, which you may feel at the time or will accumulate as good feelings through your Healing.

You will relive the whole experience, but in a perfect way how it was meant to be, all through feelings. And at the same time because the feeling experience is completed with your love from personally attending to yourself, the truth is able to be liberated, which your mind can then help you further understand, and as you live this truth, so you have changed now living a more perfect expression of yourself. And because it's all to do with the outstanding experiential light needs of your soul, so much of what you experience through your Healing will not make sense to your mind and not all of it you will be aware of, however, a lot of inner adjusting and change will continuously be taking place in the whole of your personality, all your aura and even in your physical body.

And with all this happening, understandably you might expect as your Healing progresses that you'd feel better and better, however this might not be your actual experience. You will be getting better, being healed, however as one part is adjusted to being true, then with that true part it will help you to be able to go deeper into your still outstanding pain, so more pain will surface, taking you deeper into the truth of you feeling so unloved, hurt and rejected. So as your Healing progresses, you will more than likely keep feeling worse and worse, because as more of you is perfected, so you are then better able to relate to (feel) the outstanding imperfect parts. You will become more acutely attuned to and so aware of your bad feelings; so your fear for example, might actually intensify as your Healing progresses

rather than decreasing as you might imagine and hope it would. And even though you feel more scared, even after years of Healing, it is all to help you connect with how much fear you did feel in your childhood. Feeling traumatised in the womb, for example, is a very, very, very traumatic experience, and involving so much fear as it encompasses all of your little feeling system that has formed thus far, far exceeding your ability to deal with such fear, it quickly overwhelming you, which is why it is so traumatic and becomes a locked in trauma. So for you as an adult to then work yourself back into this primary trauma takes time, years of feeling deeper and deeper fear, becoming increasingly aware and accepting of it, feeling it more intensely, working ever deeper into the trauma of actually being 'inside' your mother and completely surrounded and saturated by her fear. So it might even take your whole Healing of progressively getting more in touch with your fear for you to eventually connect with the full terror of how you felt in the womb.

And that is a lot of fear that will need to be released, and it takes years; for as I said, your whole being needs to keep making the adjustments necessary for you to keep being able to go deeper into it. You can't simply start your Healing and plunge straight into your deepest most painful trauma because you have been working so hard to block it out, to not allow yourself to feel all those dreadful feelings. Your feeling system is not developed enough for you to fully BE all those terrible feelings in their full intensity, so your feeling system has to be adjusted and developed, evolved, through your Healing as you become more aware of and used to such bad feelings. So, as you strip away your mind control, easing up on blocking out the pain, you are allowing (loving) yourself to adjust to the ever deeper levels of it, all whilst you are growing in the truth of why it is so intense and how it came about for you because of how your parents were.

So again, and this is important to understand, you are to just keep going with your feelings, working with them ever deeper into yourself, and to expect that as they take you deeper you will more than likely feel worse and worse, and not better and better, even though your soul will be getting healed. And the aim of the Healing is for you to feel connected with the worst of it so you can know the whole truth of your unloving condition, which might take your whole Healing to achieve, for you to be able to feel really and truly as bad as you felt during your childhood, all because you were hiding and keeping it a secret from yourself. For the person who is completely aware of the pain they are in, as they progress through their Healing, loving themselves by liberating such pain, they may feel the actual progression of their Healing, and even though they will also have times of feeling very bad, it will all be as bad as they've always felt.

You James, because of how your parents unlovingly treated you, retarded your feeling system, you were not allowed to develop and evolve feeling worse and worse with them as you grew older, you were forced, even in the womb, to stop yourself feeling the pain you were in, to do all you could by using your mind to block it out. So you continued this way through your childhood and into adulthood, being when you met Marion, largely feeling unaware and very disconnected from them and so yourself, which meant being unable to relate to her or anyone else properly. And so it's taken all your Healing years needing her to

chip away at your resistance and helping you to understand what you are feeling, and even that you are indeed feeling bad. And slowly your truth and feeling system has evolved with yourself becoming increasingly able to more readily connect with your pain and bad feelings, needing less of her help. But as you are shutting out your bad feelings, and in particular your fear, was all but complete, so you have felt progressively worse and more fear through your Healing as you've allowed yourself to embrace it.

And even now with you seeing so much truth about your unloving relationship with your parents and yourself, still you are being wracked with even deeper fear, all of which is allowing you to slowly connect with it being what you experienced in the womb and early in your childhood with your inconsiderate and disrespectful, highly critical and judgemental emotionally abusive mother. You had thought, wrongly as it has turned out, that you'd feel progressively free of your fear as your Healing progressed. And you have been divesting yourself of it, yet as you're also going deeper into the more intense levels of it, so it feels like it's been getting stronger and not less.

All of which has made you feel increasingly disheartened because it didn't seem like you were making any real progress by feeling better, but you didn't understand actually what making Healing progress was all about. And you've even felt disheartened in the whole Healing process when all you felt was more and more fear. But now as you're in a better position of truth and mental understanding, you can see how your Healing has been progressing by taking you ever deeper into your repressed pain and helping you better relate to and understand it. And so you can keep expecting this to happen right the way through to the end of your Healing.

The Healing completes in various stages, with the focus on being bringing to light the truth of your unloving state. Then once this happens, you move into living being fully loving, this transformative time of your soul bringing about the whole experiential soul light completion. Which is why Jesus told you that you will feel like you've been Born Anew, because in a way having had all your childhood experiences not complete and of love, and now with you feeling complete and loved, in a way you'll feel like you've lived your childhood over again yet in a loving way – anew.

To do your Healing you need to engage your will, you have to wilfully decide and so want and then act (by attending to your feelings the right way and longing for their truth) to end being rebellious. And by refocusing your will toward uncovering the truth through your feelings, rather than using it to carrying on using your mind to advance and indulge in the Rebellion. This all being orchestrated by your soul as you make your experiential decisions.

As to how the Mother and Father and your soul orchestrate the experiences you will have through your Healing to rectify the rejection of your soul, we marvel at, it all having been 'factored in' and part of your soul pattern. So you will begin your Healing at the right time, and all your experiences from then on will help you in it. Your Healing then becomes a very distinct period of your life, it being a whole transformative process to end your rebellious

and unloving ways. It is not something you can do in ten easy steps, it is a complete life-engaging process; you live it, it is simply your life and that which you're doing at that time; with it becoming all of your life, all you want to do. And so your experiences become enriched, more important, as you understand all feelings involved are crucial to your wellbeing and the 'health' of your soul. It is literally the truth that will set you free of the pain of rebelling against yourself, so you need to honour your feelings and the whole experience of them fully, so as to bring to light such truth within you.

As you 'fill in' your denied experience, so you will make decisions about how you want to express yourself, how you want to conduct yourself in your relationships, your relationship with life will evolve, all being reflective of the increasing truth evolving within you. So eventually, all the decisions about how you express yourself that would have naturally happened had you been parented lovingly, will end up being made by you, again helping to 'fill in the gaps' of your life.

And so having made the wrong life decisions based on erroneous beliefs and all because of no love, you change these negative beliefs and end your unloving behaviour. The more aware you become of how wrong you are, then naturally you'll want to change yourself into being right. And again, the change comes organically through your evolving truth, and it is not change you can make happen simply by deciding to with your mind.

You will discover how twisted and messed around you are, how many false beliefs you have, and how they have all contributed to your being evil and doing the wrong things in the world, just in your every day life; things which you believe are good and loving because that is what you have learnt and others have shown you are how life is. It will shock you to see just how deluded you were made to be, and just how far away from the truth you are living.

However, as you slowly unwind the rebellious tangle within you by honouring your feelings, you will fill in the deficit and feelings of being not so out of equilibrium will help you to know that you are making progress. And then the truth and knowing how to live true will come up within you, and once you've brought to light the whole truth of your untrue and unloving state, love you will feel. Gradually your whole being will change, you whole life and all your motivations. You will become the real and true you as your soul and the Mother and Father originally intended, and not the false, untrue you They wanted you to begin your incarnation experiencing. You will no longer be a living lie. All of your outstanding denied experiences will have been lived on a feeling level, and it will in the end give you a feeling that after all you have lived the perfect life, even within such imperfection, which of itself will speak more to you about the incredibleness of your Heavenly Mother and Father than anything before.

The imbalance of your soul can only last for a certain time and space in Creation. As you are not alone and all of Creation is dependant on you being true and perfect, then one day pressure will come into your life designed to make you stop how you are living and to turn you around to take more care of yourself, to show you, you are only hurting yourself, and

being in such pain is not doing you any good or getting you what you want. It is not fulfilling your true needs, only the distorted needs of your unloving state.

How this turn around comes will of course be different for each person, yet even this when viewed from a higher perspective of truth can be seen to fit into certain patterns.

Those of us in spirit who know what to look for can tell in an instant where one is in the unfolding of this first part of their life, whether they are still going along in their rebellion, whether their soul is showing signs of wanting them to now heal themselves of it, and to those who are involved in their Healing and to what stage they are at.

We can also easily see the stages in one's rebellious life. As to whether it will last for a relative long time or whether your soul will be starting to call you back to it. The call you attribute to that of the God, 'God's call to service', is actually the call of your own soul to be attended to. However, as you do not know about the need to do your Healing, mostly people believe such a call to be more religious in life, wrongly attributing this call being from God for you to live a more righteous life, with them setting off doing many things which are in fact still only furthering their rebelliousness.

And the stronger they 'feel the call', even at times 'hearing God speaking to them', the stronger they fight against their true feelings, which is often bad feelings they say is a weakness and their failing in their faith, causing them to knuckle down even harder on themselves by denying the very feelings of failure that they could work with to actually liberate them from their controlling mind. **It is the call from your own soul that is often misinterpreted as God calling.**

However, if you are to progress deeper into your wrongness, then obligingly your Indwelling Spirit of God, your 'inner quiet God voice in your mind' can 'make you hear' God speaking to you and calling you to service. The only true 'call' from God coming through your soul will be you wanting to be true and perfect as God is true and perfect, and to long for the Divine Love. So to start longing for the truth of yourself through your feelings by doing your Soul-Healing, as you also long for Their Divine Love.

Technically the call of your soul is answering the call to honour the Mother and Father and live true to Their Will, however how you actually do this is by doing your Soul-Healing, and not necessarily giving up your life as it is and becoming a nun or a priest. To do something like become a priest or nun is not a holy act, it is just a choice to make in life like all others, and whilst you're of the Rebellion, one that will lead you deeper into it. It is just a way of life YOU are choosing, just as you could have chosen to be a plumber, schoolteacher, doctor, or to be a mother or father, or just to do nothing. It is not a special vocation given to certain souls by God. All vocations are special for they are all providing you with experience, and even if you don't have a special vocation, you are still special as you are still living life and thereby having experiences. And each experience is special.

Your soul is suffering according to your rejection of it, and you are not doing the Father's Will because you are striving to do so because of a choice of your mind, any more or less than another who is living in rejection. And as you are all living in rejection of the truth of yourself and of God, until you have completed your Healing, nothing is more God-like or 'closer to God' than anything else. You are living closer to the Evil Ones, the instigators of the Rebellion, all of which is taking you further *away* from God. And even if you 'hear the voice of God' telling you to do this or that, even if you feel a strong desire to do God's Will, unless you are also doing your Healing, everything will serve to take you further away from yourself, your soul and from God, and closer to the Evil Ones.

Those people involved in the religions may spend more time thinking about God and saying prayers and pretending they are devoting their lives to God, but they are no nearer to Him than one who is not doing any of those things, UNLESS within their hearts some part of their devotion is true and they are sincerely longing to Him specifically for His Divine Love, and He is answering their call by bestowing it upon their soul. Any soul who is doing this, whether they are in a religion or not, or believe in any of the beliefs of the religions or spiritual systems, are beginning to honour the true call and needs to their soul, and are beginning to honour the Mother and Father's Divine Intention for them – for them to become at-one with Them, and be as perfect in heart, mind and soul, as They are.

As I have said, there are two ways to do your Spiritual Healing, which are very different approaches. One, through your own endeavours and largely without God (without specifically longing for the Divine Love) – your Feeling-Healing; and the other with God's help by longing for and receiving Divine Love, which is your Feeling-Healing with the Divine Love – your Soul-Healing, as it involves the complete perfecting of your Natural love together with the divination of your soul. Your Feeling-Healing is simply the perfecting of your Natural love. God will help everyone doing their Healing, even if you hate and don't want to include God in it. Room is soon to be made available in sectors within the Healing Mansion Worlds for spirits who might only want to do their Feeling-Healing, however really the Feeling-Healing will apply after the next Spiritual Age when the Divine Love is withdrawn for a season. People and spirits then will still be able do their Feeling-Healing with God, but won't be able to 'divine' their soul and have such a personal relationship with the Mother and Father. As to whether people will do more their Feeling-Healing or Soul-Healing now on Earth, we can't reveal.

If you set out to do your Feeling-Healing, then it will be through your own conscious investigation of yourself that you will see how you are rejecting yourself and not living true. This is a laborious process, yet nevertheless one that brings you to a point of Natural love perfection and back into complete harmony with Creation and with your soul being of the image of God. And you can do it asking for God's help, however your soul itself will not become transformed into divine perfection and of the divine essence of God when you are of perfect Natural love, as this can only happen with the inclusion in your soul of Their Divine Love. The Divine Love is to be readily available for the next Age, which is to be a full Spiritual Age (re: *The Urantia Book*) of one thousand years, so we imagine most people

will do their Soul-Healing; however after that time it will be withdrawn so people then will only be able to do their Feeling-Healing, waiting for the Divine Love to once again become available to be longed for.

By choosing to do it yourself you will become at-one with experiential love, Natural love, and as perfect as it is. You will be wholly able to perfect your mind and live with such a perfect mind and enjoy all the fruits of this. You will live the happiness and love of being a perfect man or woman and will be able to have perfect Natural love children who too will be able to share in this perfection and wonderful happiness. But your ascent of truth will be confined to that level of perfection, this being equal to and including the seventh and highest Mansion World. You will be very different to those who are seeking to perfect the imperfection of their minds through their rebelliousness, those who currently and will still remain confined to the highest mind Mansion World, number six. Worlds two, four and six will still be for these spirits (and people) who want to keep living in rebellion perfection their mind control. And for those people wishing to live true and perfect, no longer of the Rebellion and embrace the Divine Love, worlds three, five and seven will continue to remain available. World one being for those of mind rebelliousness, and those spirits (and people, as you live through the respective Mansion World levels of truth or mind on Earth) wanting to start understanding about the Healing and their taking their first tentative steps into it.

Even when you do your Soul-Healing with the Divine Love, you will also do your Feeling-Healing, you will work to perfect your Natural love so the Divine Love can then transform it. The Divine Love will 'wait' in your soul until your Natural love is perfected before it will divine your soul, however having the Mother and Father close to you through your Healing and together with Their Love will increase or enhance your Healing experiences, all your feelings from which to uncover the truth. And you will have many bad feelings directly to do with Them; you may feel you hate Them, feeling They are not loving you, are neglecting you, even rejecting you, all what your parents did to you, projecting it all onto Them, yet these being real feelings you need to express, having Them more readily in your life you can express your hatred and other bad feelings directly to Them.

Just to add to your rebellious confusion, ordinarily with a perfect un-rebellious humanity, it is when they attain a perfect level of Natural love that a high Son and Daughter would come to the world offering the Divine Love as a gift for such a wonderful achievement, thereby allowing people to ascend beyond the Natural love Mansion Worlds and into the Divine Celestial spheres. You need to have your soul become divine so you can live in the rest of divine Creation. And so confusion exists with Mary and Jesus coming to Earth whilst humanity was still well entrenched in its Wrongness and making the Divine Love available way ahead of time, and particularly when people still couldn't do their Healing. And so with that truth, with Mary and Jesus and the Divine Love, humanity took it all further adding it to its rebellion.

You are afloat in a swirling sea of spiritual darkness; and the lifeline is only now being thrown out to you. This time we trust you will grab hold and strive to invite the Mother and

Father's Love into your soul and do your Soul-Healing. Now the forces of evil are not present themselves in person. You are living only their effects. Now you can grab hold with two hands and allow the Mother and Father to pull you ashore. And as you do so, you will be the living way of truth for others to follow. And as more people do their Healing, soon their will be no need for the use of the life line, it will be withdrawn; and those still to come will have the faith, courage and strength to swim ashore themselves, and such strivings will in themselves have wonderful benefits.

Do not believe if you are living in the far distant future and able to read these words, that with the Divine Love having been withdrawn you are missing out on valuable experience with the Mother and Father, for They do love you, and will reward your Natural love Healing efforts in other ways. All are equal in the eyes of our Heavenly Parents. And you will see through your own experiences that this is true. There is a lot of living with perfect Natural love humanity is still to live, to make up for what it has missed out on brought about by its own Natural love endeavours that was denied it because of being so unceremoniously thrust into the Rebellion. Remember, you as humanity are all in it together. Each person will be doing his and her part in the saving of it through the saving of their own soul, and doing it through the conditions that prevail at the time. All are equal in their heroic attempts to push on and to cover the hard Healing ground. You are just as loved by Them, and it will only be a matter of time before you know this to be true.

The true fight for humanity's redemption, James, will actually be done after this next age is over and when the Divine Love is withdrawn. This will be the most important time for humanity. Now you are being saved from the sinking ship and put into life rafts, and those who embrace the Love are being pulled ashore; or I should I say are pulling themselves ashore as they do their Healing.

Now you are in a very lost and desperate state. Confused and very scared. You are ignorant of your terrible situation and what the problem is. So you need a quick helping hand to offer a reprieve from the relentless onslaught of the Rebellion and Default. Those of the future after this next Spiritual Age will know what it is about and will be very active in setting about completely trying to rectify all the devastation that has been wreaked upon the human soul, psyche and the environment.

Humanity as a whole has to still live perfecting its Natural love; and once perfected, live in that perfect state for a season. Then having the effect or ending all the negative effects of the Rebellion and Default and bringing it back into alignment with normal planetary Natural love spiritual evolution. And when it is fully perfected and completely true to that state, then again another bestowal Avonal Daughter and Son will come to make the Divine Love once again available. It will be the fight to finally allow love to reign supreme and set about uniting humanity completely being as one soul, one big family, as true loving brothers and sisters.

The new Age currently coming into being at this technical ending of the Rebellion, will be one of further investigation of the effects of the Rebellion – a steady dawning of the awareness of the problem and an acceptance of it. It will also be a time in which individuals who do not want to be apart of it can choose not to be, and will be helped out of it by the Mother and Father through the doing of their Healing. They will evolve truth to the Celestial level, and so all that is now manifest in the Mansion Worlds in regards to the truth and state of souls, will become manifest on Earth. You will have living on Earth all representation of the seven Mansion Worlds: of all those striving to still live true to the Rebellion and trying to perfect living their imperfection and negative mind states, as exists currently in Worlds two, four and six; and you will have all those living in the various stages of soul perfection by doing their Healing and aided by the inclusion of the Divine Love, as seen in Worlds three, five and seven. And you will have Celestials, those people who have fully healed their soul whilst in the physical. And you will have people of the first Mansion World who do not know either way how they want to be, being still the most undecided and very confused, the most lost and dark, the most helpless and hopeless.

And those people of the far off future will have the lot in readiness for the Age after the 1,000 years of relative peace when the Divine Love will be withdrawn. Then during this Age you will see the passing of the Celestials as they die leaving humanity on its own to finalise its problems and achieve living true to its Natural love perfection.

During this current next Age, some of the Celestials will give rise to perfect children, and it will be these children at the end of the next Age who will be the living legacy of the Mother and Father's Love, they who will be left as living testament at the time of the passing into the next age without the Divine Love, and it will be these children who will be the higher examples for others to follow, it will be they who will help those to do their Feeling-Healing of Natural love before they die to move into the Celestial spheres and carry on their ascent of truth to Paradise.

I will finish now James; I trust this information answered some of your outstanding questions – Zelmar. (a Melchizedek from within our local universe of Nebadon)

Later:

As you feel refreshed, let's continue.

The soul apparently has a very large capacity for encompassing denial experiences. You do live the experiences attributed to you by your paradise soul pattern, even though these may not be perfectly experienced. So the disruption to the perfectly projected experience is then transmitted back into the soul. If you were to look into the soul and cut it open as if it were a physical body, you would see in it the injury and illness just as you would see in a sick person. And if you could diagnose what you saw, you would be able to see just which experiences were not perfectly lived. And so you could then equate this back into Creation and see within your aura the corresponding injury and illness. And some people who have

eyes to see into the subtle realms of spirit, can see exactly this. They can see all the elements within your auric make-up that are dysfunctional, all within the mental circuits, the emotional circuits, the etheric patterns, in the spirit body; and also if they could look deeper still, into the deepest will levels of being. They can then also see the problems associated with the upper part of your being, that which is more spiritual, and the lower, that which is more material. And if you knew what to look for, you could also examine the physical down to the cellular and sub-cellular levels, also seeing this damage. **All that is in the soul is expressed in Creation, in you.** It may not all appear to be there all at once, but again if you knew where to look and what to look for, you would see it all. The effects of all the negativity, of being unloved, is shown within your aura, as is it is all within your soul. (When I say aura whilst you are of flesh, I am including your physical body as part of your aura.)

Much of what you may not readily see in the more easily seen aspects of the aura, will be contained within the will level, the deepest level, and this accounts for the changing auric status that will be seen as people do their Healing. You have experienced this state James, even though you cannot see into your own aura, but if you knew someone who could, you would seem to resolve a lot of the problems in your aura at any given time through your Healing, only to then have your aura 'filled up' with what seems like another dose of problems – bad feelings and their detrimental effects. The most relevant issues you are working through will dominate your accessible auric levels, but once this has all been worked through, the Mother and Father through your soul will orchestrate your soul through your will to release more of your issues into your system for you to work on next.

So, you have the feeling of doing a lot of work and then seeming to feel free and clear, even as if your Healing has finished, but only to then find yourself plunged into more murky depths with a huge amount more to uncover and resolve. Your outer auric levels, those associated with your physical and spiritual bodies, are merely life experiencing mediums. Your feelings and thoughts come and go according to the experiences you are living. If these experiences are true and perfect your subtle bodies will remain perfect, if they are interfered with, they will show this corruption. If they are even more interfered with, then they have the capacity of 'downloading' the trauma from your soul into even deeper and as yet unexplored areas within your aura. These areas hold the trauma as 'memories', however they are unlike memories of the mind being more feeling-memories, and are to be released back into the outer auric regions when needed.

When you are doing your Healing, as you may be aware, you will, whilst of flesh, be moving up through the Mansion Worlds as if you are living through them in spirit. There is therefore a big difference between what you will heal in the lower World three compared to World five (4 and 5) and then seven (6 and 7). All that you need to heal in World three (which will really include Worlds 2 and 3, as you have to still live up through all the seven Worlds), or the equivalent of, when you are still of flesh, will be maintained in your aura for you to work through. By the time you have done this and healed yourself to qualify living in and progressing to the next and higher inner World, five, so more rejection and trauma and all that it entails will be released into your auric system from these deeper aspects of yourself

all being coordinated by your soul. And then again more when you reach the seventh World.

These deep unconscious or subconscious realms you refer to within yourself yet with no real understanding about, refer to these unseen parts of your aura, and then to the even deeper parts associated with your will. For most people, if they have an inkling as to what their soul is, they will be feeling or perceiving or believing that it is this deep will part of themselves. Without the inclusion of the Divine Love, you do not have the facility as yet awakened by your soul, called your soul-perceptions, needed to perceive your soul. So you cannot feel or know or be aware of your soul until you have received enough Divine Love from the Mother and Father into it to have awakened your perceptual ability to perceive it. So you will not actually know with all your being, as a truth, that you have a soul, or be able to 'feel' its location and perceive how it is governing your life until you are of a certain level of divinity. This is a personal thing but usually equates to you being about in the fifth Mansion World of truth, or half way through your Healing.

When you perceive your soul's presence, it will be literally that, you will perceive a greater presence to yourself. You will feel you are much more than you are, and it will seem to be somewhere within you yet you just can't put your finger in it. It will feel centred in the 'middle' or core of your being, and it will be 'all of you'. It will seem to be inside of you, and yet somehow mysteriously outside you as well. Steadily as you heal and grow in truth and receive more Divine Love in your soul, you will feel as though it is taking you over, that somehow you are much more soul than you are even spirit or physical body. Your feeling of being a spirit will be imbued with being a 'something' else. And all you will be able to put it down to is being a child of your Heavenly Parents.

Ultimately you will live and exist as a soul, more than a spirit, being more than a flesh person (if you are still on Earth and have attained a Celestial level of truth). In the mind Mansion Worlds spirits believe they are just spirit, or even mind, first and foremost. They will interchange this with soul, but they are mistaken for they are not as yet of the Divine Love. They believe that the feeling they get from being at one with all Knowledge, which comes to them when they are so advanced in their mind's denial of their soul, is not a true feeling of being at-one with your soul. Those spirits in the Divine Love Mansion Worlds will testify to the big difference as to how they feel being more soul than mind, with their at-oneness of soul growing all the time through at-oneness with the Mother and Father's Soul, and not with knowledge and information of the mind.

The Mother and Father are real and true Personalities, they are not an impersonal 'Knowledge'. They are Themselves, and when you awaken your soul and heart to Them by partaking of Their Divine Love, you will know what I mean. They are Mother and Father, your very own Mother and Father, your real Parents – the Mother and Father of your soul, and not anything else. So you will not need to make up other names for Them.

Calling God names like the Creator, Source, All There Is, I AM and so on, only show the person or spirit is caught up in their mind and as yet as to have a true soul awakening to the real personalities who are their Heavenly Mother and Heavenly Father. And I say again just in case it's not obvious, but you can wake up to feeling and knowing They are your Heavenly Parents because you have partaken of Their Love in your soul, without having to be a member of any mind derived religion or spiritual system of belief.

Currently the 'inner' worlds of spirit are largely treated as some kind of fairyland by some, and dismissed altogether by others, and given no real credit as having an existence of their own. This is strange, as it is to where you all go when you die, and yet for most people they seem to have no interest in it or are afraid of it as if it is some strange kind of bad place with only superstitious beliefs about it. And yet it is where you 'come from'. You are spirit before you are flesh and bones, and before you are spirit you are will, and then before that you are soul.

The flesh part of your being is the least part of reality to be expressed by your soul. It is only with you for a few short years, and yet as a spirit you will live the expression of your soul for eternity. One day humanity will start to look in and not out, and even look forward to life after death.

As your soul begins your incarnation, the first part of you to form, if we look at it in a chronological order, is your will, then as I said, your spirit body and its associated subtle bodies, and then lastly your physical and its associated subtle bodies. It all actually comes into being at the same time, however it is can be said that the deepest most important part of you in Creation, of your personality being expressed by your soul, is your will, because it is literally through your will that you are willed into being. Your soul light activates your will, and hence you are willed into being in accordance with the unfolding light pattern of your soul.

When your soul-light, fully encoded and illuminated with what it is to do in Creation, enters Creation, it first of all manifests and sustains, and so encounters your will. And part of that light, of all light shining forth continuously from your soul, sustains or continually creates your will in Creation. Your will is made by the very first soul-light emission upon incarnation. You are will first and foremost in Creation. It is the dynamic part of you. Without it you would be nothing more than a will-less blob of existence. Your will having thus been created, is then used by all forthcoming soul-light. This light comes into your will, your will being your 'point' in Creation, and as it 'hits' or 'shines on' your will, your will itself acts upon it, or is activated, and causes it to change its bearing.

From the moment your soul-light has penetrated your will, it is actually no longer soul-light in its entirety. Now it is soul-will-light. It would look slightly different if you could see it. It would be stamped with your will's signature, an attribute of your personality. From here it is 'alive' in Creation, it has the energy or the creative power, the 'will', to do something, to create, to bring the rest of you into being. The will is therefore more than just the will to

survive. You are constantly being willed into Creation by your soul-light acting upon your will it is constantly creating. All of you are being constantly created. You are not created and then that's that, and you live your physical life until your physical body wears out. Your cells and every part of the spirit and will you are is continually being created to exist in Creation, so when your cells wear out and die, that is because that is what your soul is instructing them to do through your will. So, on a soul level, your body is just as 'fresh', just as it is meant to be when you are a baby, as when you are on your death bed. Each cell of your physical body and 'cell' of your spirit body, and of your will, and all your subtle bodies that constitute your aura, are existing as required, be they healthy or sick, it all being exactly as determined by the needs of your soul – what you are to experience.

Let's finish now James, you are getting tired and I have more to say on the will, which would only tire your mind too much. I'm looking forward to next time – Zelmar. (a Melchizedek from within our local universe of Nebadon)

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair
Arrested and imprisoned early 1990s CE



Daligastia pair



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018



Infographics and diagrams have been added by Pascas.

NATURAL LOVE and DIVINE LOVE SPHERES:

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Mother and Father.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

**Natural Love
6th Sphere
Mansion / Mind
World

MoC 840 – 1,000**

**Natural Love
4th Sphere
Mansion / Mind
World

MoC 650 – 840**

**Natural Love
2nd Sphere
Mansion / Mind
World

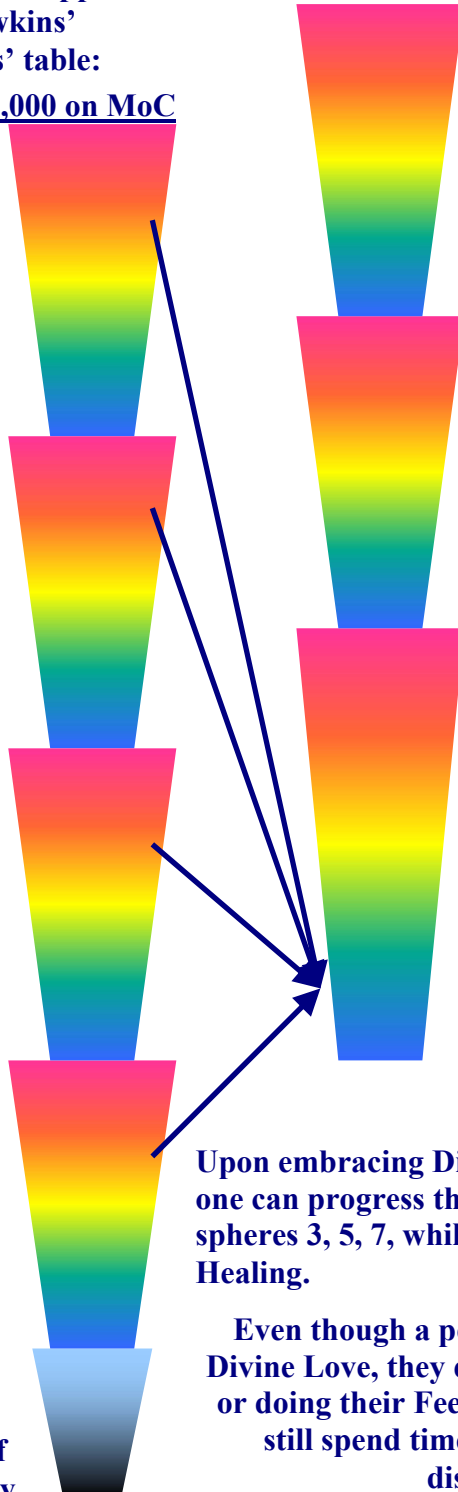
MoC 500 – 650**

**Natural Love
1st Mansion World

MoC 200 – 500**

We all enter the 1st natural love sphere on the death of our body.

**HELLS:
MoC 1 – 200
Hells being a sub-set of 2 Planes of Disharmony.**



**Divine Love
7th Mansion World

MoC 920 – 1,080**

**Divine Love
5th Mansion World

MoC 780 – 920**

**Divine Love
3rd Mansion World

MoC 500 – 780**

One's natural love is always progressively perfected during this journey of evolution of the soul. One's personality, based on natural love, and mind based memories continue with the soul for all of eternity.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Infographics and diagrams have been added by Pascas.

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

CURRENTLY before HANDOVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation

utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

**Natural Love
6th Sphere
Mansion / Mind
Worlds**

MoC 840 – 1,000

**Natural Love
4th Sphere
Mansion / Mind
Worlds**

MoC 650 – 840

**Natural Love
2nd Sphere
Mansion / Minds
Worlds**

MoC 500 – 650

**Natural Love
1st Sphere**

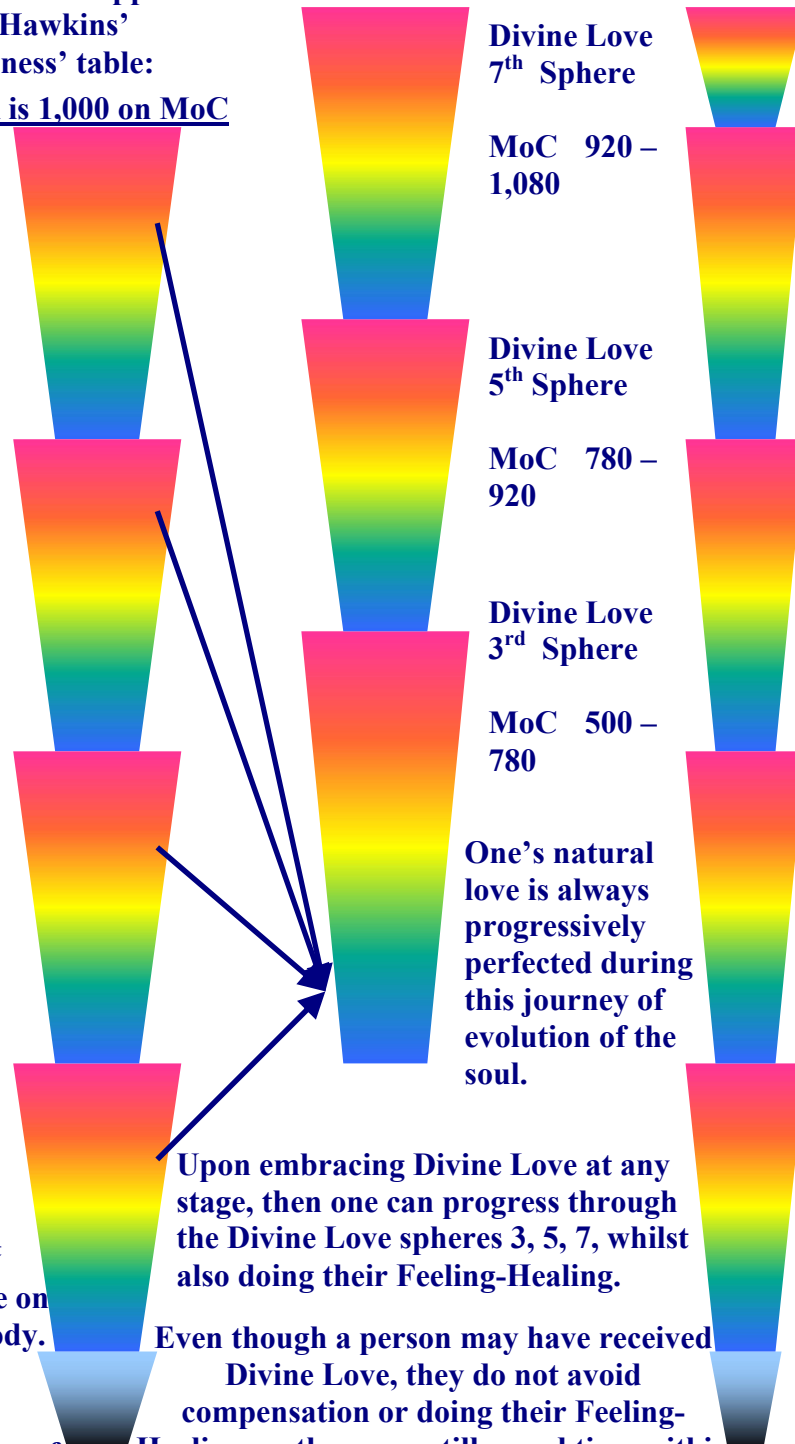
MoC 200 – 500

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natural love sphere on
the death of our body.**

HELL planes:

MoC 1 – 200

**Hells being a sub-set of
2 Spheres of Disharmony.**



**Divine Love
7th Sphere**

**MoC 920 –
1,080**

**Divine Love
5th Sphere**

**MoC 780 –
920**

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3rd Sphere**

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Healing, so they may still spend time within
the spheres of disharmony.**

**Natural Love
sectors for those
doing their
Feeling-Healing,
without the Love,
are within the
Natural Love
Mansion Worlds:**

**Progressing
through the
Natural Love
worlds, within
Feeling-Healing
sectors, while
doing one's
feeling healing,
upon reaching the
6th Sphere having
completed
Feeling-Healing,
one can then
embrace the
Divine Love and
proceed directly
to the 7th Divine
Love Sphere.**

**Then they may
prepare to enter
the Celestial
Heaven Spheres
from there.**

**This pathway is
when, or should,
the Divine Love
not be available
before perfecting
one's soul.**

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

After the HAND OVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

Natural Love
6th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 840 – 1,000

Natural Love
4th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 650 – 840

Natural Love
2nd Sphere
Mansion / Minds
Worlds with
Feeling Healing
MoC 500 – 650

Natural Love
1st Sphere
MoC 200 – 500

We all enter the 1st natural love sphere on the death of our body.

HELL planes:
MoC 1 – 200
Hells being a sub-set of 2 Spheres of Disharmony.

Divine Love
7th Sphere
+ 6th growth
MoC 840 – 1,080

Divine Love
5th Sphere
+ 4th growth
MoC 650 – 840

Divine Love
3rd Sphere
+ 2nd growth
MoC 500 – 650

One's natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6th Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7th Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when the Divine Love is unavailable before perfecting one's soul.

Infographics and diagrams have been added by Pascas.

18 June 2003

Soul-light needs to pass through a creational will, or else it cannot create in Creation. It needs the illumination of will to make it an active force. The very first symphony of light that streams forth from your soul prior to and making everything ready for conception, contains a special illumination that is needed to first bring the will into being. Once established, then the will is used by the soul as its 'light activator' in Creation. It is once your will is formed that you are registered in Creation and your incarnation has begun. That being equal to your first physical, spiritual and will 'heartbeat'. So it takes a little while for your whole will to form enough so as to continue willing the rest of you into Creation for all eternity. Once you are a will, you are away, it has all begun, the whole incredible process of the soul making manifest its personality in Creation. **The Will is the first primary personality attribute to be expressed.**

We higher spirits and Angels who have eyes to see, can see this first moment as the will comes into being. And it is a magical sight, for suddenly and seemingly out of nowhere, you start to appear. Some of the science fiction movies you have made show this in certain ways, like when someone is 'beamed' between stations, the arriving person is first displayed as a flash of light with a central core and elongation at both ends, just seeming to appear in the chosen spot and out of thin air, and then the person starts to take shape – materialise. However there is more to it than this.

The 'anatomy' of the will is very complex. It is the deepest part of your personality or the inner most part of you in Creation, and all the rest of your aura is built around it. With the soul being even deeper or inner still. **All of the light from the soul must pass out through the will into Creation.** The will is literally the gateway into Creation. And also all incoming creational-light must pass back into and through the will to the soul. **Just as you breath air in and out of your lungs, so is light passing backwards and forwards through the will.** If you could see the will you would see it oscillating with the vibration of these lights passing through it. And when you are perfectly expressing your whole soul and experiencing life truly, then your will, will show the perfect balance, the perfect rhythm of light – out coming from the soul and ingoing from Creation.

By living rebelliously your will reflects the imbalance. It will not be perfectly aligned on its axis, and will show specific localised and the overall imbalance or misalignment with its central axis.

When you say that your will has been compromised or denied by your parents, or another who is interfering with your natural expression, this is literally true on all levels, because you can feel it physically, emotionally, mentally, psychology, spiritually and in your will. All of you reflects or expresses your wrongness. If your will has been interfered with, you are not perfect. Without a perfect will you are not able to express yourself truly, and consequently are not able to live true to your soul's light pattern. Your will is still functioning at full power, as it can't be any less than it is, however it will be working against you as much as for you by keeping, or willing, your rebelliousness in place.

And not living true to yourself means you are not living true to Those who created the pattern of your soul and who *gave it light*. You are not living true to your Heavenly Soul Parents, so you are not living and doing Their Will. Simply, when you are living true to yourself, your own soul; when you are expressing all of your personalities attributes truly, so too will you be living true to the Mother and Father's Will, because you'll be in perfect alignment: with your own soul and with their Soul, and being that way you can't do or be anything else. You are currently living against the Will of God, and against the will of yourself, by living rebelliously. And you can believe all you want that you are living God's Will, but the truth is, you aren't and can't be until you've completed your Healing, the healing of your will.

When you are of perfect Natural love, you will be living true to the Mother and Father's Will on a mind level and in the image of God; and then when you are living wholly transformed and of the essence of God having partaken of Their Divine Love, you will be still with your perfect Natural love mind yet also with your divine soul. The perfect Natural love part of you representing your true personality expression in Creation; the divine part of you representing your divine soul that is now wholly at-one, or aligned with, your Mother and Father's Soul.

A soul, once it has started expressing itself, its personality, in Creation, is on the experiential level essentially free to live how it wants, that being through and with its mind. And if you live as you do with your mind out of alignment and working against itself, by using your thinking mind to control your feelings mind, you are said to be in rebellion against yourself. So, your Healing is all about bringing the relationship of your thinking and feeling mind back into balance. Your Healing is all Natural love healing, the Healing of your mind, and so will. So, by submitting to your feelings and allowing them to have more say, so you come up against your out of balance over controlling and dominant mind.

And this is the hard part of doing your Healing, because your will is fully willing your controlling mind to keep such control, so to have to fight your own will, this being done when you are broken down to the lowest level, feeling all but will-less and completely powerless, feeling so very bad indeed, all but crushed out of existence and that you are NOTHING, as it's the only way of forcing your mind to let go and give up. So your Spiritual Healing is really your Will Healing. All of your feeling acceptance and expression is to 'break' your mind, you effectively having a mental breakdown through your whole Healing, which will feel like a series of them. The internal pressure will ebb and flow, but when it's crunch time, then you'll feel like the force of will has been applied to 'break you', and won't be able to do anything other than just submit and be all your horrible feelings.

And as you long for the truth of yourself coming from honouring your feelings, then with the truth coming into your being, this becomes your foundation upon which to anchor your thinking mind and its beliefs. As the truth becomes strong and solid within you, then your thinking mind can't control your feeling mind as it could when you were living without such inner guidance and inner truth knowing. When you KNOW how to live based on your

truth, then your mind can only function the right way. So when you are fully Healed, your thinking mind will fully support and not interfere with your feeling mind, and so you'll be expressing your Natural love self truly.

You need to obey the Laws of Creation to remain a creature, however within these laws there is a very wide scope of how you can be. The 'freedom' of mind you have (bearing in mind it is still fully controlled by your soul) can be seen in all nature and in each individually unique person. No two of you are the same. This is incredible, reflecting the virtual limitlessness of Creation and personality endowment. And why would Creation not be limitless when it is being created by Souls that are existential and without limit? And as to how many of us creatures in all our various forms there will eventually be in Creation, only They know.

On a technical level, your existence and life is wholly mechanical. You have been pre-planned and are living this plan. If something goes wrong (on the personality level), which from the soul level can never happen as everything is always as its meant to be, then certain intervening things occur until you can rectify the problems, and then the plan just flows smoothly along. So your whole life is currently wrong being of the Rebellion and Default. On the personality level you are not flowing smoothly along, because your plan has included something going wrong. You were conceived into the Rebellion and Default. Your will has been interfered with. The Rebellion and Default are not endemic within you, and this you have not fully understood or appreciated.

But you can heal yourself of their negative influences. You can fix your problem. Living imperfectly means that like a machine that is unbalanced certain strains and pressures are put on areas more than they can stand or are designed to cope with, and so they will show the signs of stress and disease. You are all familiar with the signs of stress, but what you may not fully appreciate is that you are designed to function perfectly well with no stress. So without any pain, no colds, no headaches, no sore backs, no illness, no bad feelings, no mental or emotional stress, no spiritual problems, nothing of your will out of alignment, with nothing wrong in you or your life. If you have one bad feeling or bad thought about yourself or your life, then you showing your stress, your imperfection, and it is then how you choose to deal with it that becomes the ground on which your choices to seek perfection are made.

Up until now, you have not been given an overall understanding or full appreciation of your whole negative, untrue and unloving state, and consequently have not been able to make full choices. You have not known about how you are living imperfectly and what you can do about it. But still it will take a lot of further investigation to see just how badly your mechanism is functioning and just how off balance you all are. You have no idea how far away from your true selves you are living, how much you are denying, not only your own will, but also the Mother's and Father's Will.

With your will, you do literally ‘will’ yourself into Creation. Your will enables your soul-light to do things, to make things happen, for your personality to be expressed in Creation. If you did not have a will then your soul could shine its light all day long into Creation but nothing would happen. The will is something like the catalytic force needed to generate the ‘will’ to make Creation’s elements mobilise into being something other than just primary universal dust. And without your will, you would not be able to do anything, your heart would not pump and your mind would not think and your hand would not move and your life would not happen, and you would not be expressing your soul.

Your will, literally wills you into being. Take a moment to ponder this, to feel into the depths of yourself and feel the creative power of your will. Feel that if your will suddenly left you, you’d just fall apart into the elements you are composed of. You would just crumble away into dust. When you die certain things have taken place to render your physical body just a part of the material creation of your world, and it then decays according to the laws of Creation in that dimension, but if you are not ready to die and your will just stopped, then you would just disintegrate into elements, all of your aura would break up into its primary elements. You are ‘willed’ together into form. When you say you are self-willed, that is the truth!



Those people who can ‘see’ auras might be able to perceive the will as a fine line of light that seems to run right through you, through the middle of your head and out between your legs, and even much further above and below you. You read a book James (Barbara Ann Brennan’s *The Hands of Light*), in which the will line was called the ‘Hara line’, and the author having very good inner perceptual abilities could ‘see’ it and describes it quite well. However it is only a broad impression that she sees, for the will itself is a very comprehensive creation. All that it makes, wills into being, is reflected in it. And all of your soul that is relevant to your momentary existence in creation is reflected in it. And by reflected in it, I mean you could, for example, find representation of your hand in your will. If you looked into your will you would find all of you, your whole aura. So your will is the whole expression of you from your soul before you are made manifest. So every part of you that is exterior to your will and is not perfectly

functional, is also represented in the will being dysfunctional. So every little part of you that is not right is reflected in or contained by or shows up in your will. So you can see how this all then adds up to your will being out of alignment with the true and perfect you, when you are not true and perfect.

Now, just as your soul-light is willed into Creation, so is your creational-light willed back into the soul. And so it is because of this that your soul can then keep track of and 'learn' of how things are going with its creation. The will is just as wilful, willing light one way out into Creation and then back into the soul. And the pattern of your soul as it comes to light is seen in your will, and the mechanisms of your will then will this pattern into being and reflect each stage of you in Creation. Creation is patterned by soul yet made manifest by will. In every tiniest moment of your existence, your will is willing it to happen. Without will you would not experience. Without will, none of the attributes of your personality would manifest. It is an incredibly powerful agent. And will shall never be duplicated. Will shall stand all on its own. All the rest of you can in some way, either now or in future, be simulated, it can be analysed and dissected, even those parts of your spirit, mind, emotions and psychological systems, as is looked into more in spirit, however will will never be so analysed. So like we do with the soul, we 'analyse' it by observing its effects upon Creation, which is largely, within ourselves.

The will is too powerful, just as your scientists are finding certain creative forces too powerful to be contained or controlled. The will is too powerful a force by even the most high spirits and Angels to try and capture. It is the most revered and most holy of that which is in Creation. It is far more than the life force; but if you capture the life force and use it how you choose, then you would believe you would have the most sacred of powers at your disposal – and the will is even more than this, for the life force would be nothing if not energised by will.

Will is the most sacred power. It is to be admired and given its due respect. It is the greatest and most wonderful attribute of power to have been given to us by our Mother and Father, and for us to be able to have our own individualised taste of it, to use as we will, we are all indeed very privileged.

Those of us with an individual soul have been given the 'use' of will for ourselves. Those creatures, like animals, who do not have their own soul do have access to will power, however this power comes from the soul whose will is willing them into being. Every part of Creation is willed into being, even the most inanimate things such as rocks and the very elements themselves. All creation exists firstly because of soul and then secondarily because of will.

The will is the frontier or border between the existential and experiential. In a broad way you could liken it to the Central Universe Havona in which all things in Creation are represented and given pattern too, and in a way like the will, is neither fully existential nor experiential. It is stationary with the rest of the known Seven Super Universes revolving around it. Havona is the ring of Creation, the frontier and boundary around Paradise. Just as the will is the ring of Creation around the soul.

Your will is not a completely separate will, as is your body being separate from another's body. In a way we all 'share' will, or are all 'of will'. If you could look at your will with your

inner eyes, it would appear to be separate from another's will, however it is not. It is hard to describe the dimension of this existence. The will is like a giant force that underlies Creation, and our wills are 'drawn up' from it, or we draw out some of it from the 'will plasm' to be used by our soul to express its pattern in Creation.

With all of our wills being of Will, then you can take the next step and see that all will is 'willing' harmoniously in Creation. You are not a will going down a track and another will coming up the same track, and if something goes wrong you crash into each other. We are all will together. It is by will that we, all creatures of Creation, share life together, and have love and respect for one another. And it is by will that you feel integrally a part of the whole of Creation, having a love and respect for every portion of Creation. Our souls and personality are all unique, but our wills are all the same. We all are willing ourselves into being in Creation, and willing ourselves around Creation experiencing it, ourselves and each other. We all know what will is, even if we cannot articulate it. We are all Living Will. It is will that wills Creation into being; we are a will creation, or a willed creation. This may then make you wonder if there can be other types of Creation, other than will driven ones, and currently there is not, still it is speculated by some that at least in theory there could be. As to what these types of Creation may be, I don't wish to go into here, for it would serve only as a distraction. And personally, I don't subscribe to such speculation. We Melchizedeks are a rather pragmatic creation, we deal with only that which we know as being real and true. We leave all such mind speculation and fantasy to others; however should such speculation move into helping us understand better the practical realities of Creation, we will embrace such notions.

As ascending souls you are all brothers and sisters in flesh and in spirit, and are one big family of children with the Mother and Father as your Parents. And you are all a part of the one big gigantic family of Will. Even though Jesus speaks to you as being something like your older brother, in truth he is really only speaking about his relationship with you due to his personal incarnation on your world. Really, he and Mary are a very separate and distinct order of creation, known as the Michael Paradise Son and Daughter of Nebadon, a Creator Son and Daughter of God. Their brothers and sisters are the other Creator Sons and Daughters of other Local Universes (re: *The Urantia Book*). However all together when examined from the will level of Creation, we are all brothers and sisters, wonders of our Heavenly Parents.

I will finish now James, thank you – Zelmar. (a Melchizedek from within our local universe of Nebadon)

19 June 2003

I will follow Mary's lead and say also to you James, good morning. I trust your mind is not too tired from Mary's message, however if I detect any signs of weariness I will stop, and of course you can say if you feel too tired to continue.

I say this because whilst we are supporting your mind with the light of our mind, you may not feel tied being buoyed up in such light, but as you have experienced, there is no point going beyond what the rest of your feelings are telling you, because when our mind support his withdrawn you feel very tired and 'spacey' and it takes a considerable amount of time before you are back to being yourself. And it is very nice of the Mother and Father to provide you with other feelings so you can feel you are tired, such as tension within your body, and feelings of being cramped and as though you are being squashed by an outside force bearing down on you, and you are able to honour these feelings by telling us you have had enough. We can of course see and feel that you have had enough, but we will push on a little providing you with more experience with your own feelings, helping you to get to know yourself better and enabling you to have practise at saying no: 'No, I have had enough I must stop now and honour my feelings!'

And as I have rambled on about something that is not to do with our subject of the soul, I can see I have now tired you and you are honouring your feelings by feeling you should stop and you are telling me so with your mind. And I will say to you well done, this is good as I felt we should not launch into more soul theory until you are fresher and rested. So I will say farewell, short but sweet, and perhaps this afternoon we will 'meet again' – Zelmar.

Later:

I see you are now rested and ready to go. Well then, let's continue.

Love is what you all want. Freedom to express this love is the next thing, for then you will be happy. Happiness you all long for. But without a perfectly functioning will, none of it you will have. Whilst your will is 'damaged' or dysfunctional, you will be willing to yourself life reflective of this dysfunction, and as it will not be love, happiness or true freedom of expression, and instead all that you were subjected to by the control of your parents' will, your status quo will remain. You can do things on the surface believing you are changing your attitudes to yourself and life, and doing things you believe are what you want to do and that will make you happy, but until you heal the will damage done to you from conception, these things will only be superficial. And although you may feel a little better or more in control of your life, one day you will wake up to see that actually nothing has changed and you've only gone around the cycle yet again, feeling back in your despairing unloved state.

For some people this cycle is short lived in number of years, for others it may take their whole life to do one cycle, it being repeated with their new spirit life upon death, but there is plenty of time in spirit for even the longest of cycles to be traversed over and over. Your will is the key to it all. With a dysfunctional will your complete natural power is not given to

you, not fully supporting you in life, and so your soul will not receive its needed experiential light, and you will never feel fully loved or truly happy within yourself. And **by having a rebellious will, you are not meant to feel loved and happy in life.** You are meant to feel out of sorts, that something is always wrong, you can't make what you want happen as you'd like it to, that you have to compromise, or somehow accept you are miserable and even depressed and that's just the way of things for you, how you are. And that is right, and you do need to fully accept your will dysfunction, which you'll achieve through your Healing. And so really those people who live as part of the Rebellion and feel happy and all powerful and in control of themselves and their lives, are not living true to their will dysfunction; or rather you could say, they are, because how could they not be, and so as part of that dysfunction they are able to manipulate their mind over their feelings to such a degree as to make themselves believe they feel loved and happy. The people who feel fucked up and that things never go right for them, are living closer to the truth of understanding their will dysfunction, closer to the truth of themselves being of the Rebellion.

Whilst you are will-dysfunctional you will keep willing into being all that you need to maintain that dysfunction, you cannot do otherwise, it is sheer impossibility to do anything else because there is no power greater than your will. With your mind you cannot override your will. You can deceive yourself and your mind into believing that it is your mind in control and that it is all-powerful, but that's only a delusional belief. And yet this is exactly what all those who live in the mind Mansion Worlds are doing, and the great majority of you on Earth.

It is very important to see that your will was formed to function dysfunctionally. Right from before conception your will being brought into being by your soul was formed under or within the influence of your parents' will. And with their wills being dysfunctional, so too was your's made to be. As soon as your true and perfect will was formed by your soul, it was subject to the negative wills of your parents, so all their dysfunction. As you formed into being in your mother, and then within the control of your parental pair, and then into your family group, your will was brought into being within and aligned to all of these negative influences, this being all what your soul wanted you to experience and wanted you to become. So, in effect you've become a conglomeration of all their wills. Immediately your will was functioning you were experiencing the effects of your parents' will, and this was well before they were conscious of your mother being pregnant. And from the moment you started experiencing or willing, you were trying to will yourself into or under their will umbrellas of life. So right from this instant when you were first 'welcomed' into the Rebellion and Default, you began your will dysfunction. The experimental light was shone back to into your soul and so it was registered that things were not right, and so your soul started its expression in Creation in denial of its perfection. And you have to heal yourself right back to this point.

Right from this starting point you have taken it on with all your will. You were made dysfunctional and so have continued to grow and develop with all your will in this negative state truly making it your own, and the full pressure of your parents' interfering wills did not

diminish until your **Indwelling Spirit of God arrived. It arrived from Paradise when your mind had completed its circuitment into its negative state.** Once this had happened and with your mind and feeling systems complete, you no longer needed the influence of your parents will to help you form, your technical will forming years being over, and so their direct will interfering influence stopped. So by this time you are fully living your own will dysfunction; which means, your will is so configured as to keep such circuits going in their negative state. With you fully in control having taken over from your parents, your **Indwelling Spirit** who can only be subject to your fully functional will, can arrive, and so it does. It **cannot come before you are fully circuited**, be it in a positive or negative state, **because your will is still not entirely your's, meaning it has not fully formed and taken on all that it needs from your parents.**

So there is a lot more going on than you have any idea about. **The real will damage is done before you are actually physically conceived, however this is only a time and space thing, and so far as the truth is concerned and which you experience, it all happens at the moment of physical conception.** And so through your feelings, technically you can 'gain access' to every experience you've lived since conception. So you can through feelings become aware of how your parents treated you, their whole relationship with you, all love and no love, and right at conception and on in the womb and so on. And through your growth of truth, which you'll do through the negative as you progress through your Healing, it will become increasingly important to you just how your parents were relating to you and you to them during each phase of your coming into being.

Because you will come to understand that how it was for you through your forming years has set the whole basis of how the rest of your life will be until you do your Healing. So the early patterns established on your will level, your will (because of the needs of your soul) will keep willing those patterns into the rest of your childhood and adult life. And mostly you'll be able to see and connect with these deep patterns on a feelings level. So irrespective of what experiences you might be living at any given time as an adult, all the feelings you will be experiencing, and consequently even the ones you deny, will be the same as how it was for you during your forming years. So you say you are not like your parents and don't want to have anything to do with them, but when you do your Healing you will see that from the deep will level and how you express yourself and all you feel you are very much like them, and even the same to a high degree.

What you call your deep unconscious or subconscious is in fact very unconscious, and so much so you won't ever truly know what actually happened as it is referring to your will level. In spirit, if it should be a part of your experience, you may want to know and can find out and will be able to study all the exact things that went on throughout your forming years, but this is far outside what you need to know during your flesh life.

During your Healing, the Mother and Father will take you through enough feelings for you to see and experience the truth of all this for yourself, so you will know that you did take it all on from your parents and family, from whoever were the most influential influences in

your early life, so where did it all come from and how it all happened to make you as you are. They will help you to see and feel and then know how your will was placed through it all, and all of your Healing will be associated with directly or indirectly your will. You will actually be doing your Soul-Will-Healing. Your soul being the existential aspect of you, and your will the experiential part. All that you will go through during your Healing, all the breaking of your erroneous beliefs and correcting your unloving behaviour patterns, will effectively be the freeing your will; and will reflect, be an expression of, your healing or perfecting will.

At the moment in your dysfunctional states, you are living on a 'limited' will. You may believe you are all-powerful, but that will be nothing compared to living truly with a free will. Because so much of your will is focused against your true self, and so in a way against itself, this has the effect of 'cancelling' much of your will power. When you feel will-less, powerless, this is closer to the truth of how your will is configured in your will-denying state. So, any power you feel in your rebellious condition is really only false power derived from beliefs all based around a need to do so, because truthfully you feel powerless. A dysfunctional will is one lacking in power, and you are all living powerless lives. So, your will is working at maximum will power to keep yourself feeling powerless – will-less.

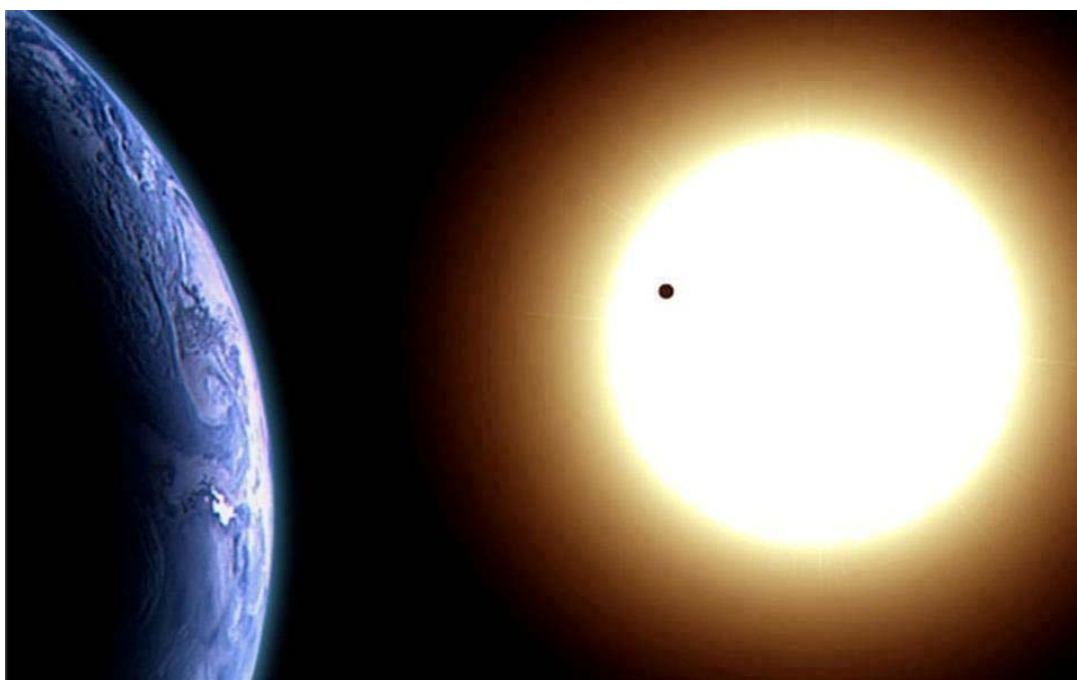
You are all subservient to the will of others, being your parents to begin with, and moving on to those in authority over you. And even the one who is most in authority, still does not feel all powerful underneath all his or her falseness, and still feels subservient to their parents – for if they truly did not feel this way, then they would not need to be the all powerful and controlling one. Jesus was the perfect all-powerful one, and he chose wilfully not to use his will over others, and to make it wholly subject to his Father's Will. He had so much feeling of Natural power, he could in effect lovingly give it all up to the Father, for he did not feel subservient, threatened or powerless in any way. But by 'giving it up' it only meant he didn't want to take all power into his own hands, for himself to play God, like those who feel so powerless do on your world by wanting to become all powerful gods, as he still retained the full power of his will, and sometimes by 'doing the Father's Will' he was called upon to fully engage and use his will in all its perfection of power.

The rich and powerful are so because they feel it gives them some feeling of security, and all because they are so insecure. Strip them of their wealth and power and how would they fare? Not very well as so many of them discover to their horror when they come into spirit where the power games they are used to, do not exist anymore, and there is another whole set of them of which they have no capacity to compete in. And if they do want to compete with the powerful mind spirits, have to start over from scratch learning how to better 'master' their mind. These spirit power games exist only in the mind Mansion Worlds for they are still living subject to the control of their minds and dysfunctional wills. The Celestial spirits are your true brethren who will demonstrate to you true power, as they have long since divested themselves of all evil and sinful ways, and are living true as Jesus and Mary have shown them.

As you do your Healing you will give up your false power – what you believe it to be. Everyone in some way believes they are in control, even if they also believe or seem to be the most not in control and the biggest victim. “The meek will inherit the Earth” meaning that those people meekly holding onto their false power beliefs and unloving ways will find it easier to live true by doing their Healing, than those who are in control and will fight to maintain it.

It is perhaps hard to believe that you would fight to keep control of that which is doing you the most harm, but your will, even though it is dysfunctional, is fixed rigidly into willing the fight against yourself. And when such false power is threaten, it fights back even harder against you to retain it. You fought as a child to preserve your will, but lost. You joined the enemy and have gone on to do your best within their regime, to have some power within your parents power, will within their will, which if they have allowed you to have, gives you the misguided feeling that you are the master or mistress of your ship. And if you become one of the leaders of the world, or even a parent and so leader of your own family world, your assertion of will shall be the composite of your parents and not an expression of your true will. By the time you have fully Healed yourself and attained a Celestial level of truth, you will have given up all such false power derived from your falsely empowered parents, thereby living true your own will. When you are told to ‘empower’ yourself, really this is meaningless and only means you should somehow use your mind (empower your mind), do a better job at expressing the false power your parents allowed and made you have.

I will finish now James and continue later – Zelmar. (a Melchizedek from within our local universe of Nebadon)



Consider this: the small black dot is a typical soul, the incredibly bright sphere is the soul of a celestial spirit, that is, a spirit who is now residing within the Celestial Heavens at the 8th level or higher.

20 June 2003

You are the outworking of all your parents' will influences on you. Any positive will, and all of their negative will dysfunction, you have been subjected to; and consequently as I said, you are compilation of wills, and a confused one at that. Had they been of perfect will, then you would only have had perfectly loving forces applied to you and your will would have become as theirs was still, yet wholly for you and not against you. Your parents weren't wholly for you, they were against you, as they too suffered at the hands of their parents dysfunctional wills. You are all living out your long lines of inherited will dysfunction, all 'put into you' through your forming years. **And your inherited will is much more important than your physical genetic inheritance, as it is your will inheritance that drives your physical genetic inheritance. People talk about the importance of the blood-line, but really it's the will-line that is more important.** And so it's because your parents weren't wholly for you, they not having perfect positive wills being wholly for themselves, that we say no one on your world is truly loved; because without a true and perfect positive will, you can't truly be loving and be truly loved. It just can't happen. So those people who feel very loved and appear very loving are still only expressing their level of will dysfunction they derived from their parents.

When a force is applied to you that makes your will feel restricted, compromised, rejected, interfered with, you feel pain. You feel pain and hurt in various ways, physically, emotionally, mentally and spiritually when your will is interfered with. If a brick falls on your head interfering with your will and feelings of wellbeing, you feel pain. The pain comes to show you that something isn't right, that something is happening to you that is not good for you. It is the natural sign provided for you by the Mother and Father in their construction of you so that you can maintain a self-regulating and self-determining outlook in life. It comes to keep you on course and to show you what it feels like to have your will compromised or interfered with. So when you feel bad you know you are being knocked off course. And your natural response is to stop the pain, to change direction, to learn and understand that path in life is not for you. And so then why do you keep doing so many things to yourself that keep making you feel pain?

If you apply a force to a rubber band and stretch it naturally, it wants to come back to its original shape. To maintain it in the stretched position, you have to keep applying the force. It is resisting being stretched with the same force you are stretching it. Your will is dominant, and you are forcing it to be against itself. If it could show that it is being forced against *its* will and that it does not like it or want it, then it would start to do something to show the pain it was in. It might cry or yell or scream, become angry, try and push you away; it may say angry words trying to make you stop, and it might just accept it and suffer in silence. Whatever happens, it will not want to be how it is being made to be, as it is always trying to come back to its original shape. And if you stretch it too far it breaks or 'dies', it only has a certain amount of denial it can cope with.

So, you are the rubber band and your parents are stretching you. They apply pressure on you that you don't want. You try to resist, express your pain, you get upset and angry, you

may try and fight back, but mostly all of these things are useless as they are too powerful, and you are made to live over and over in your unnatural stretched state. Unlike the rubber band, you do not come back to your original state. The effects on your 'stretched' will can be seen by looking at you all. **From the extreme of physical defects, to emotionally and metal cripples, to those people who 'seem' the most normal and functional but are suffering just the same yet have been able to cover it all on the outside.** You are all will-cripples and will-defective. And if you don't show it on the outside, when you do your Healing you will feel it on the inside. Those you celebrate for excellence in physical activities or intellect still are just as crippled inside as those whose physical body are crippled and whose mind is sub-normal. Your Soul-Will-Healing will be the great leveller, for in it you will all come to understand about each other and accept that you are all suffering as victims of dysfunctional wills, you are all brothers and sisters in your dysfunction and pain, and none of you are any better or worse than another, no matter what the exterior may show. And it will be through this truth and acceptance of yourselves, and then each other, that you will all come to love one another for being the poor pathetic wretched hateful deprived sinful creatures that you are.

We love you all the same. Jesus and Mary love you, and the Mother and Father love you. We do not see that your dysfunctional evil and sinful states are repulsive; this is how you see yourselves. It is you who are unloving of yourselves and each other, only you. You are the poor ones, and you all need each other's help, sympathy, care, love and acceptance. Which is all very difficult, because you're not in a right state to give such help. Humanity needs to love its way back to perfection through accepting that it does not love itself being bound up in rebellion against truth.

Once your will has been damaged, this damages your ability to survive. Just as you need a perfect will to survive, nature showing you what imperfection of will means to survival bringing about a creature's death, when your will is imperfect, you still behave and believe that you need this imperfect will to survive. So you need to live and do all the unloving things that were done to you by those who damaged your will, so as to maintain the state of dysfunction it is now in. You need to keep denying yourself, treating yourself badly and unlovingly. And you have to with all the will you have; because if you don't, you fear you will perish.

It is sadly bizarre: you are 'dying' because of your will dysfunctional, and you do all you can to keep yourself 'dying', when all you believe you are doing is stopping yourself from dying. You have to maintain all your wrong beliefs and bad behaviour and make sure they keep controlling you and make you feel unhappy, unloved, rejected and miserable. And you have to keep being as false and pretentious as you are, even though this is hurting you too. And you have to keep drinking and smoking and having sex and doing your exercise and maintaining your healthy diet and keep working too much and keep taking all the drugs you need to prop you up, all to help stop yourself from feeling so bad, which all only serves to make you feel worse by keeping all your will-denial in place.

You must at all costs keep rejecting yourself. You must, or you believe and feel you will not be able to survive, not exist, and not be in Creation. And this is excruciatingly painful to consider for a moment. Death scares you, but not being at all, being nothing, not even existing, completely ceasing to be, is beyond terrifying, it is the worst of the worst, unconceivable. So at all costs you must keep up the pretence, maintain the falseness, keep telling yourself everything is all right and you do feel loved and are a caring and considerate person, all to keep your will going against yourself.

And everything you are doing in your life each day and in each moment is just this. You are keeping your own misery and self-hatred going. And you have to because you don't know of another way, of another type of existence, because it wasn't part of your early development. It wasn't shown to you as you were growing up, you only know the way of rebellion against the very truth of yourself, by applying your will to live disconnected from your own soul, and so all you are is all you know, and you must stay as you are. It is very hard to change.

How hard is it to change something you are doing that you don't like doing? How hard is it to give up your need-based comforting addictions, to stop doing what you need to do to feel you have some say, power and control in your life, to make yourself believe you are okay and even loved? And how much harder still is it to change the focus of each and every cell, how you are willing them to live dysfunctionally. How hard is it to change beliefs when mostly you don't even know you have them; and what about changing negative behavioural things? You have been so well conditioned that you are the ultimate performing circus animals.

Mass Formation Psychosis

Lost and confused!



All of how you are, you have been made to be. None of it has been you determining how you want to be. None of you, because **with a dysfunctional will, all of you will reflect the dysfunction of your parents.** If you could look into every little part of you, you would see the sign of your dysfunction. You talk about the sign or Mark of the Beast, but what that really is, is the mark of your will dysfunction, it is the mark of the Rebellion and Default that has led to your will denial, and it is all through you. **Original sin; so original that it originated at conception.** You have all been conceived into the evil, and only through your Healing will you set yourself free. As to what religion you adhere to, matters not. Such things are all of it. They have been contrived by men and women, often with the unseen input from the Evil spirits, mind spirits or Angels that had to 'fall' and go the way of the Rebellious Ones, and are maintained by men and women all of who are dysfunctional in will. You are all the same, whether you are a 'believer' or a non-believer. Your religion or spiritual persuasion is all irrelevant, for you are all of it, every last part of you. And no system is better or worse than another, because they are all bad, all being of the Wrongness.

Because you have become it by taking it on unwillingly, you being forced into it; and then willingly, as you had to believe your parents were right, you need support in your dysfunction. You need to be allowed to survive, even though you are living against the Laws of Nature, as you do. If you were animals and subject to only the material natural laws, you would all perish at birth because of being too will dysfunctional. However the Mother and Father want you to experience being so dysfunctional, and so your soul keeps you alive in your evilness. They allow you to do all the horrible things you do to yourself and to each other.

They even want you to do them so you can experience being so unloving. However, that doesn't justify or make it right that you to hurt yourself or another person or creature. Everything you are doing to another, you are already doing to yourself on the will level. You can't do anything to anyone else unless you are doing it to yourself. How you treat yourself, you treat another. Jesus said to love yourself as you love another, and to love another as you love yourself, however most of what Jesus said was in reference to you being true and perfect, that which you can strive to be once your Healing is done. So in the meantime you are to want to see how you are not loving yourself, as you don't love another, nor can you love another truly because you don't truly love yourself. But again, all of this is on the deeper feeling and will levels, not by only looking at the surface of things.

The Mother and Father maintain all of your evil and sinful condition by maintaining your dysfunctional will. And it would be completely unloving of Them if They interfered with your dysfunctional will and said; no you cannot be this way, you must be perfect, especially when They are wanting and making you be this way, that'd be a bit silly of Them. They would then be doing exactly what your parents did to you, saying no you cannot exist how you want to, you must change. The Mother and Father say; yes you can live how you want to live, and all the way along your ancestors have chosen to live in the negative imperfect will state, and so They have supported them as they support you. Mind you, it wasn't as if you

or your ancestors could have lived rejecting the Rebellion and Default; so I say such things to give you an idea of how it is living with a will that has been so corrupted.

So many people cry out to the Mother and Father accusing them of being unloving, as to why They continue to allow what you call the evil to survive, for people to hurt and treat other people unlovingly, for treating Nature cruelly, for making them feel bad, yet you have to understand that is how you are meant to be and what you are meant to do, and it is very loving of the Mother and Father because They want you to come to understand the truth of unlovingness, to experience fully what it feels like to feel unloved, rejected and unwanted. So, it is true They are All Loving, loving you into and being of the Rebellion, and then loving you out of it as you do your Healing. And through your Healing, when you come to understand this, still if you hate Them, then those hateful feelings you must accept, express and look for the truth of. They have to patiently wait until YOU choose to let go it all yourself, to want to get yourself out of it and start making an effort, to give up your wills control of you in the negative.

You are the only one who can apply your will against your will and heal yourself. By setting out to heal yourself you are willing yourself to be rid of all that is in you blocking your own true will. It will take your will to summons the strength and determination to heal your will. You can by all means ask for help, tell the Mother and Father what you want to do, and long to Them to help you do your Healing. The more you can express all you feel and think to your Mother and Father, including all your bad feelings and negative thoughts, the better – They are your Mother and Father, so go to Them. And tell Them you want Their Divine Love; and long to Them for it when you want; and ask Them to help you see the truth of yourself They want you to see. And even though They are doing it all, making you be as you are, still you are to fully express yourself – your will.

And again to remind you, you can't actually heal your will yourself, as in see where it is dysfunctional and set about changing it by making yourself be another way. All you can do is work to accept completely how powerless and will-less you'll feel, which happens through your Healing. Your soul and God take care of the actual changing of it.

So, you will be literally willing yourself into wellbeing. Which mostly through your Healing as you keep feeling so bad and powerless might not make you feel like you're actually getting anywhere, however you will be. And you will need to apply equal and more will against yourself to do this. Which again is very hard to do when you are feeling so bad and so will-less. Still by submitting to and accepting such bad feelings, that is you doing the opposite of what your mind has been trained to do, and that takes a lot of power, to keep expressing all your bad feelings and letting yourself fully feel them; as you'll see, it is exhausting at times and requires a lot of consistent effort to keep allowing yourself to feel as bad as you do.

You are programmed to do all you can to stop feeling bad, so to go the other way requires a lot of will. You will love and accept yourself with more will than your parents hated and denied your love with. And how you do this is not by confronting it and trying to

overpower or affirm you are loving by using your mind, but by giving in to the fight, give up and surrender, 'turn the other cheek', not do your normal programming, allowing yourself to express just how bad you feel, giving yourself the sympathy you need if you can; or if you are not able to be sympathetic because there was none during your childhood and so it's not part of your pattern, then accepting this about yourself. You are told, to deal with fear for example, you have to confront it, make yourself confront the scary thing and overcome and conquer your fear. But this unloving approach only serves to keep reinforcing your mind's control over your bad feelings, so to go the other way by allowing yourself to be a complete wreck, so scared, so weak, so useless, so pathetic, so powerless, expressing with all your fear how scared you are all the time, giving into it and bringing it out as you long for the truth of it, that is the right way to love yourself and break the control of your mind, because you are no longer fighting against yourself.

To fight force with force is to join in and do what is being done to you. To give in and accept that you are in pain and are fighting against yourself and that you can't do it, you're really a useless failure, is finding humility through self-acceptance. It is truly caring for yourself, is being self-loving. As hard and seemingly at times unloving your Healing will make you feel, it is the most loving thing you can do for yourself. And it's all the opposite of what you've been taught and how the world is, because the world is doing all it can to keep the Rebellion going.

When your parents forced their way, their will, on your will, you did try to fight back. Initially, being a baby and too powerless and incapable, all you could do was cry in protest. And then mostly your parents wouldn't allow you to cry all you needed to because they were being so unloving to you and making you feel so bad, hurt, unloved and rejected, so they did all they could to stop you crying, making you come out of your bad feelings, making you apply your will against yourself by forcing yourself to stop crying and be how they said you must be. In theory, had you been to cry and not fight as you grew up, you would have been able to stay truer to yourself, and your will would not have been bent to their way as much, but mostly they didn't allow you to be the poor pathetic miserable creature they were making you. And so you learnt that if you wanted to stay in your parents favour, receiving their 'love', then you'd better learn how to deal with your bad feelings by suppressing them and trying to change yourself into feeling good.

So you started to fight yourself by siding with them against yourself. You took on their battle against yourself. And by doing so you joined them, you gave yourself up submitting to their force, and tried to fight against yourself feeling bad, making yourself stop crying and not being the miserable pathetic person they were making you feel you really were. And any resistance was met with yet more anger and force from them as the fight went on, and so you had to turn against yourself over and over. So you submitted to their will to corrupt your own will, and now you have to submit all over again yet this time to your own controlling will. And if you were lucky you were able to in your mind gain control over them. What you call the generation gap, with the next generation feeling superior to the last, is just this. You convince yourself that you have won, or at least have gained some ground

by being more ‘modern’ than your parents and grandparents, and yet it is all a delusion because they easily won by making you change yourself. You have now just fallen into line and joined the enemy to carry on the fight against yourself. You have learnt to override your pain, to hide your bad feelings, to pretend to yourself and the world that everything is ‘nice’ and good, when underneath you are so upset and ragingly angry that you gave in to them and did what they wanted and denied yourself and didn’t just stay true to yourself and be the pathetic wimp of a person you really are.

The psychological gymnastics you have had to perform on yourself to twist yourself against yourself are extreme. And they were killing you, hurting you all the time. But you can’t let your guard down for a moment or the inrush of bad feelings will be all too mighty and you might succumb and crack and breakdown or freak out or lose your mind or something horrible will happen; and worst of all, you might actually become that dreaded misery no-account useless person whom they actually have made you be. So you must keep the cover up, keep the pretence going at all cost, never give in, never give up, and don’t let them or anyone else beat you. You have to allow yourself to beat yourself to do your Healing, you have to allow all your bad feelings to beat the hell out of you, making you feel how underneath it all is, you do actually feel and have always felt beaten.

To love yourself starts with stopping, giving in, giving up and allowing yourself to feel beaten if that’s how you really feel, allowing your bad feelings to start surfacing so you can start to see and accept the underlying truth of yourself. And it will not be a pretty sight, you will have to take all your make-up off and look at yourself in the mirror until you can tolerate your ugly self, accepting the real and true you as you really feel you are, and then one day love yourself through the complete acceptance of your negative state. You will have to let go of your great business ideas and come home more often and face the music within your relationships of you feeling powerless, rejected, unwanted and unloved in your family, if that’s how it turns out for you through your Healing, and wonder what use you are and what are you going to do with yourself. It’s all in there waiting for you one day when you are ready to face the deep underlying truth of yourself that you’ve been so desperate to avoid.

There is no use looking out into the world and seeking to change it because you disagree with it. This is only you looking at your parents and trying to change them. It is doing just what they did to you. Instead you need look into yourself and seek to find the truth of why you need to change the world and not yourself. Seek to love yourself first by honouring all your feelings and longing hard for the truth of them, and perhaps when you are fully Healed, then lovingly, with the Mother and Father, you might go out into the world doing what They want you to do. Forget about everything and everyone else for the time being, come back to concentrating on your own feelings, leave everyone else to their lives and you set about expressing all your feelings and longing for the truth they will show you.

Everything that the world is, is the manifestation of parents. The world is governed by how parents govern their children. You agree with one governing party and not another because the one you agree with best suits what you know – how it was for you as a child if

you were given any power in your family, and even over your parents. Your world is the realm of the adults seeking power over their parents, it isn't for children. It is the realm of rejection, as you are all rejecting each other and yourselves, and so in this environment how can a child remain pure free and un-interfered with. Your world is all-invasive, untrue and totally unloving. Look at any part of it and you will see the truth of how cruel it is, first to you as the child, and then to others. Look at how you treat helpless Nature. And you can't see it clearly now because you're not looking at it through your child eyes, but you will as you move through the layers in you that are to be healed.

Your world is a reflection and outworking of your dysfunctional natures. Nothing works properly, it may go along 'smoothly' for a time, but then it breaks down or plays up or shows its true dysfunctional state. You fight one another in business, in wars, in the playground, in relationships; all because you hate yourself. Yet because you can't be honest about your self-hatred, you take it out on others. It's much easier to hate someone else, that makes you feel like you have some power, rather than it is to feel so powerless and hating yourself for feeling that way. If you pick on another or lie or be mean and nasty, it is only because this was what was done to you, it being a way you wrongly think will give you some of the power back that was taken from you.

And if try to be nice, good and help others, you are only trying to cover the bad feelings in you by trying to be nice and kind to yourself. You weren't treated kindly, so you treat yourself kindly in the other person, you project vicariously onto them, you doing them a good service because you want someone, your parents, to have done it to you. You make them be yourself so you can now look after yourself properly by looking after them, as you would have wanted your parents to do... or, even if they did look after you, you following their way because it gave you power and made you feel good. What you do to others you are doing to yourself, but do you know why you are doing such things? Do you know the truth of your motives? Do you know where your will is really focused? And you may get a lot of surprises and shocks to see the truth of this when you do your Healing.

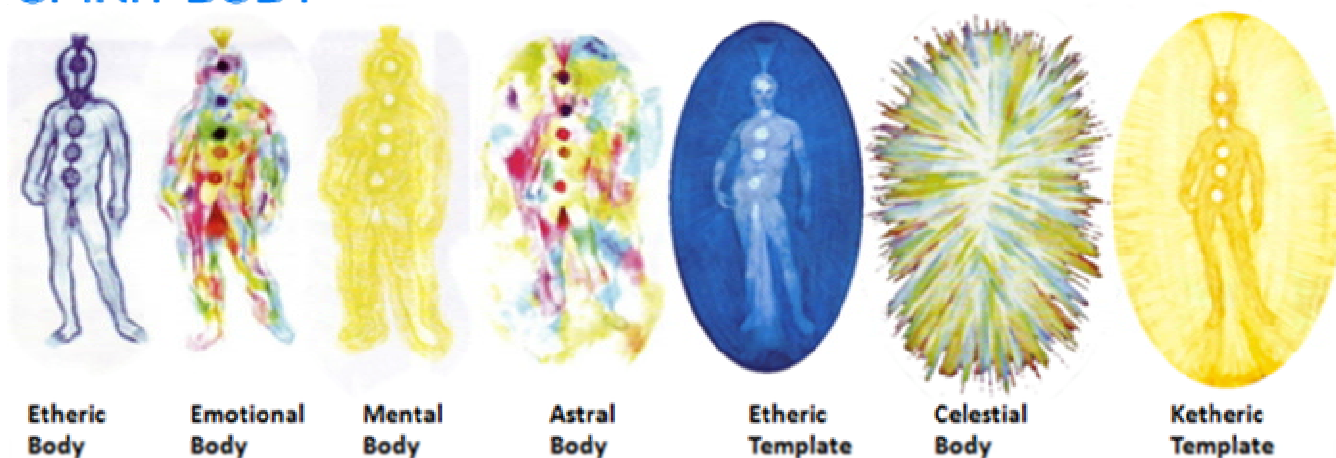
Do not believe that you can just override yourself with positive affirmations or by generating loving thoughts and feelings without first wanting to see all the pain and bad feelings that are inside you. Loving your pain is feeling and accepting that you have it, and as you long to see and know the truth of why you have it, this will help you understand with growing compassion for yourself what was done to you and how you reacted to it and have tried to deal with it. You must want to bring up all your negativity, all that you hate about yourself and the world, like an infection, it all needs to rise up to the surface and be allowed to be what it is so it can be taken away. Taking a pill and trying to hope, wish or will it away, will not do, for this is what you have been doing. All of how you approach yourself will need to change and go in the opposite direction. You will need to undo that which you have done to yourself, that which has been done to you.

If you really start to apply your will to do your Healing, you will be able to do it. The Mother and Father have allowed (wanted) you to go into this rebellious state, yet They have

also made you so that you can get yourself out of it. No matter what has been done to you and what you are now doing to yourself, how your will dysfunction has been designed, means you will not be completely will-less and will have the will you need when you want to start to will yourself back to find the real you. You may feel completely powerless and overcome with all your pain, but just keep allowing yourself to feel the powerlessness and keep expressing how it is making you feel, and keep longing to the Mother and Father to show you the truth. You will get to the end of it.

The next thing, the soul using the will forms to express itself, is your spirit body. This is a complete separate part of you, and associated with it are also formed what you commonly call the subtle bodies, the higher and lower emotion and mental systems and the one that unites these with the spirit and physical body (re: Barbara Ann Brennan's *The Hands of Light* for good pictures as to how your aura is structured; ignore what she says about reincarnation). If you are to continue living in flesh, then a physical body and its subtle connecting body to the emotional and mental systems and the spirit body are formed as well. The spirit body and its associated subtle bodies, being of higher or finer light than the physical, mostly you are unaware of whilst you are materially focused in your mortal flesh physical body. All of this is fashioned around your will, and all of this in a way around your soul.

SPIRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



When you experience, you are experiencing with all of you, with all of these interconnected and related levels of being. All that happens to you on the physical is happening to you on the spiritual and in all the subtle levels. As your spirit body is the dominant body, or higher body, you are said to be a spirit in flesh, rather than a flesh in spirit. And so you are a spirit, for as you know, when your physical dies, then you live forevermore in the spirit universes as a spirit personality.

You are manifest from the in, out. Your soul manifests your will then your spirit body and then your physical. Nothing that happens to your physical body happens alone and separate, it is already happening or has happened to your inner and higher spirit body. When you

move your arm, your will has already been engaged and your spirit body is already in motion, and your physical follows accordingly. You are actually moving your spirit arm first. You may see a lag of the subtle and spirit body if you can see the aura, following the physical, but this is an illusion reflecting the separation of time and space between the two levels. Your physical is carried along 'in' or by your spirit body, buoyed up by your will. When you get up and move, it is you as a spirit getting up and moving, being moved by your will, and your physical follows accordingly. But because your conscious awareness is physically focused, so you think the physical is leading with the spirit following. And even if you cut your physical body for example, then that cut will be 'registered' in your spirit body as well. And as you cut yourself, say in the home whilst you're making a meal and you cut your finger, already on the will and spirit body level is the cut there in a fraction of time before you cut the physical. Your soul has determined that you'll cut your physical finger, so your will and spirit body are already prepared for that experience.

The soul shines its pattern to be expressed into the will for the will to then will into being your spirit and physical bodies in Creation. And as I said, your soul is constantly causing your will to keep your spirit and physical bodies 'alive', in existence in Creation. It is a 'star of light' constantly shining forth sustaining and maintaining all of you on all levels. And then all that your soul is expressing and your personality is experiencing, shining the light of that experience back to the will, with the will then willing it on further into the soul. So at any given point in time, all that you are on all the levels is represented in your will willing it into being, keeping you as your soul determines you to be.

The expression of will is seen throughout all your systems right down to the physical mechanisms that maintain your survival on the material level. Which chemical and mineral elements your body absorbs for its nourishment, the proportions available to it and which ones it synthesises itself, is all willed along by your soul. And as what each cell differentiates into, is also willed along, all following the pattern that is seen in all the higher levels back to the will, and then seen in the pattern of the soul.

In some respects you can say with equal truth that you are your will and you are your soul, just as you are in the physical. You are all soul and all will, knowing your flesh body is only one outer layer that shall one day be discarded.

The pattern of your physical is modelled on the pattern of your spirit body, with it modelled on the pattern of your will, which is modelled on the pattern contained within your soul. It is stepping down process through each level, or a drawing out process from the deep inner you.

By looking at the physical and trying to see how everything works and why things are and how they act as they do, is only looking at the very exterior of a great amount of complex interior. You will never more than scratch the surface of a very small proportion of yourself if you confine your observation to just the physical. Nevertheless, with your physical you can experience life and discover the truth of yourself. With all your associated feelings and

thoughts you can ascend your spirit in and up through the truth and mental circuitry. You are not confined to the just the physical, and you can do all this without shifting your physical focus. As you grow in truth through the physical, really it is the spiritual you that is growing. And as you increase the light of your truth in the spiritual, your vibration, as some people say, will increase, and your new physical cells will grow adjusting to your increasing spiritual vibration or light. So, in the physical you can attain a Celestial level of Truth, living as a Celestial spirit on Earth in your physical body.

So, if you want to ‘raise your vibration’, it is true you need to grow in light through your feelings, and it’s not because of eating the right foods or saying the right mantra or believing and doing whatever else you believe you must do. You do not need to sit for days on end in quiet contemplation high on a mountain, or deny yourself things that make you comfortable, or eat only vegan food, or do all your self-help therapy to ‘love thyself’ more. All of this does nothing to affect the vibration and light of your spirit body. Only the Truth, and always the Truth, can do it, because you are Truth Ascending Souls – that is the order of your being, how you have been created, to attain ever higher levels of Truth. And then with and from that truth comes love, so to become evermore loving because you are forever growing more in Truth.

You do not have to rigorously take yourself under control by using your mind and subject yourself to strict disciplinary measures. You don’t have to make yourself religiously meditate morning and evening, nor speak with the spirits and Angels, not say your prayers to God, you do whatever you feel you want to, even if it these things, all whilst you look to ensure you are accepting all your bad feelings, expressing them, and longing for the truth of them. You can go to work, have children, and all the sex you want, eat all the bad foods, do whatever it is you want to do, all so long as you keep attending to your feelings properly.

Your Healing is done as you live, it is life, it will become your whole life, it is not something you make an appointment to do a little more of three times a week; because it’s about responding to your feelings that are constantly happening, and all you do through the day will be all the experiences you require to make you feel all the feelings you need to feel and express so as to give rise to all the truth you require to keep spiritually growing. And as you grow in truth, what you eat, if you want sex and how much, how much time you want to spend at work, will change, all reflecting your growing level of truth. So if you are to give up something, you might try using your mind wrestling with it yourself, all of which will bring up lots of bad feelings to work through; and then you might give up trying to stop, try to stop again, stop for a time, then perhaps years later suddenly you want to start doing it again, all wrestling with the control of your mind, all of which will one day lead you to the truth you need. And if that truth means you give up, you will stop naturally, you simply won’t want to do it anymore.

The physical body is not just a renegade portion of yourself going off into the pleasures and allurements of the flesh as if it had a mind and will of its own. Although often it might seem like it is. You are the mind and the will, and your body merely responds to the stimulus

given it, so it can do what is asked of it, giving you the experiences you need as determined by your soul. If you want to indulge in sex, drink, work and play all day, that is your decision, and just because your body craves and aches when its habits and addictions are not being met, this is only because it is your mind that is in control. Your mind's control is not being met, and so it is telling the body it must respond. And your feeling of weakness over controlling your body, is only the weakness your beliefs have brought about in you. The body is just a body, it only needs to be sheltered, looked after and fed, and it does not need sex as one of its vital things to maintain its health. The need for sex you have made up for yourself, owing to the negative and controlling states of your mind.

When you do your Healing, and it may take you right to the end of it, you will find that your body will fall into line, it will not crave anything, and it will certainly not need sex. Pure sex drive will come only to those who are Celestial having healed themselves of all dysfunction, and then if it is within the pattern of your soul, and of course the Mother and Father's will for you to have a child. And it will happen just as everything else in life will be happening, with the love expressed from your Celestial truth, so in full respect of yourself, your partner and your child. All other sex is controlled through your negative mind.

As you come to accept and work through all the causes of your afflictions and addictions through your Healing, when you've expressed all the feelings associated with them, when they have given rise to the truth you'd need to gain from all the feelings involved in having and doing them, then being no longer required, they will naturally leave you. And so it's understandable that some habits, addictions and afflictions might persist right the way through your Healing, being needed to 'keep the bad feeling pressure on you', whereas others might go and come back, and others leave you altogether, even early on in your Healing. And one day you will be free of all that you are unlovingly doing to yourself, because you'll no longer be rebelling against yourself, no longer being of the Rebellion.

Let's have a break James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

I will continue.

There is a meaning and purpose to your life and all the experiences you live. Everything that you experience happens because of your soul and the pattern contained within it. Even though I have said that the soul responds to your denial life, it all happens in perfect harmony with its inherent pattern. So, just as you would live the perfect life, so you are living the perfect imperfect life. Even though to you there are vast extremes in perfection and imperfection, the imperfect part you are currently experiencing, and the perfect part to come, still, so far as your soul is concerned, are all perfect.

Your imperfect life is just as meaningful and purposeful as had your life been a perfect one. It is equally important being evil, wrong, untrue, rebellious and imperfect, and by no means inferior. Within your negative existence in the Rebellion you are still having experiences, and

every experience is valuable because they all involve feelings, and from all feelings comes truth. So you will use all your negative experiences through your Healing to reveal the truths you need of it. It is said by some people that you choose your parents, and so grandparents and your whole family line, but in this such people are wrong. You were always going to have the perfect imperfect parents, grandparents and family line bringing you into the Rebellion as required by the needs of your soul.

Your imperfect and untrue parents have been perfect for you, perfectly parenting you unlovingly, perfectly parenting you into your imperfection, and it couldn't have been any other way. Some people lament looking back over their life saying if only I had not done that, if only I had been different, as if they could have somehow had they been able to go back and affect their life differently. But every moment, every second of your life has and will always be the perfect moment you are to live. You can't go back and make amends or change things for what you might think will result in a better outcome, you can only live the outcome you are currently living. So all you do is keep attending to all your feelings as I have been saying, and if you are to amend for any misdeeds and treating people or nature unlovingly, that will all be taken into account through your feeling very bad about what you did, and as bad as you made the other person or creature feel, all so you can bring to light the truth of why you behaved that way, again seeing how it all came about in your relationship with your parents when you were young.

And I'll say it again, **life is actually very simple to live**, and really there is no great hidden mystery about it, it is always the same: **keep attending to your feelings properly as you long to know the truth they are to show you about yourself. And long for the Divine Love when you feel so inspired. And that's it! All the rest is only mind-games.**

So, what you are to do, is to allow yourself to be exactly as you are, which means, the real you, the imperfect you, the you you are doing all you can to hide, avoid and pretend you are not. You put on a false face to the world, which has to be stripped back revealing exactly how the real you feels about yourself, other people, the world and God. You have to become true to the imperfect you that you are, not trying to change it or pretend you're not that way. And this is what your Healing will do. Your feelings will lead you into seeing how you really do feel about yourself and everyone and everything else, and how feeling that way makes you feel. All so you can then come to fully accept yourself as you are in your imperfection, so you can simply be it, connect fully with it knowing how it all came about, so warts and all, being how your parents and other early influences have made you be. And this includes becoming aware of all your beliefs, and importantly, why you behave the way you do, and seeing if any of your behaviour is unloving, of yourself and others; and if so, why, and how did you develop such negative behaviour.

The Truth of You has to come to light, so as you are currently in and of the Rebellion and Default, so the Truth of You being of the Rebellion and Default, how they have made you be as you are.

Your compulsion for mind-driven education is not needed if you allow yourself to express yourself naturally, for your soul would lead you here and there, and what you loved and hated you would learn about and know naturally through your feelings. Your feelings will educate you if you pay full attention to them. And as you grow in truth, your mind will follow, it too becoming more proficient. Going to school and learning what you do is just another means of self-denial, it's just an extension of being with your parents and family, all helping you become more embroiled and empowered in your negative mind and will state.

Schooling for the most part further helps you deny the person and limit experience.

How much experience can you have sitting at a table and listening to the teacher? It's all a mind experience, all to exercise your mind so it becomes ever more proficient at controlling you. It appeals to some people's beliefs of superiority, but for most what you learn is meaningless with nothing to do with your life or soul's path, and only serves to stand between your feeling self and your mind. It is just more parenting, more of using your mind to try and gain more control, more power. If you learn stuff you can believe you are superior, more knowledgeable, more in control, more able to determine what you want and how to get it. Certainly learning how to do things is important, and can be done experientially and without the need of having to spend so much time separated from your parents and family in an artificial school.

The primitive mind which you look down on, is far more connected with the feeling side of itself, giving rise to a natural level of truth and love, leading to a happier experience within the tribal relationships. Being forced away from your 'family tribe' into a false one at school is so damaging and a major trauma for a young child, even if the child enjoys the experience. Learning by only the mind is not true learning, merely accumulating information. **What you do truly learn can only be won through full personal experience.** Not all of you is engaged when you are sitting in a classroom having to keep applying only your mind. What your mind does with all the information will only go into helping it remain dominant over your feelings, thereby helping to maintain your dysfunction. Those people who take pride of place in your competitive mind world being the professionals, are only living mind contrivances, as such true realities don't actually exist. The only real part in all such things is the personal experiences one may have. The professional life of the mind is a pretence that will have to be shed if one is to do his or her Healing. Most of what you do for a living is valueless in itself, but does hold some potential truth, which actual experience of doing it offers, the **interacting with others.**

Your experiential life is one of relationships, all the experience you will ever need can be had through relationships, for it is into this area that all the attributes of your personality can and are expressed. How you relate is paramount to your wellbeing. If you feel good and secure in your relationships, then you feel loved; if insecure, unloved.

Being a child you so desperately want to be loved so you cling to your parents believing that they love you and you love them, but it is not true. Certainly some people do experience love and do love one another, but why we are adamant that mostly you do not love each

other is because of your negative will state and associated negative mind. Sadly, what you know as love is subjective, discoloured by your negative state. If you saw pure love, you wouldn't recognise it nor want it, you'd possibly even be afraid of it. You have to slowly work your way into love from no-love. And to do this the Mother and Father have provided you with the Mansion Worlds in spirit and the corresponding levels in your flesh life. If you were to suddenly be projected into Celestial spirit life, you would die a million screams as the pain of such pure love would threaten to tear you apart.

You are conditioned to live in the negative, so you have to slowly acclimatise yourself to accept the positive. A tree growing bent over the years by a prevailing wind has grown to show the result of the incessant force that has been applied to it. If you applied a great force too quickly in the opposite direction trying to straighten it, it would break. It has grown to accept the force in its life, just as you have. But thankfully with the Mother and Father's Love you don't need to spend as much time with an opposing force to help you gradually come back into perfection. As to how long your Healing will take, you will have to live.

When you are physically sick, your physical body will be expressing the illness of your spirit, that which will be reflected in the 'illness' of your spirit body. That which will be reflected in the 'illness' of your will; that which will be reflected in the 'illness' of your soul. If you could see into one's aura, you'd see all the trauma and damage done in all the subtle bodies and in your spirit body. Your spirit body does not remain perfect and only your physical body becomes sick, you only get sick because you are sick in your spirit body, which really means you are sick in your will, and so sick in your soul. The doctor might attend to your physical body and make you well, however this will only happen if it's what your soul wants; and if so, your attending Angelic Pair will make the necessary adjustments in your spirit body and subtle bodies so as to 'allow' the doctors doctoring to show positive effects. If the doctor is to fail, then it's because the Angels didn't adjust the spiritual for you to become healed. People having limbs amputated might feel a 'ghost limb' which is really their spirit body arm or leg.

Your physical bodies are designed to be supported by nature, not attacked by it. Only sickness of will brings about attack, and this only happens to show you that you are in pain, that you are not right, and that you need to seek the truth of your suffering. However, the difficulty here is that the original causes have happened to you before you were six years old, and all that has happened since has served to only compound the problem. And as most people have difficulty relating to their earlier life, it is hard to see the truth of what was happening to your will back then is still happening now as an adult being expressed in your illness.

And so this remains the hidden truth of humanity and explains why it is so easily passed over and disregarded, although more people are now looking back into childhood more seriously, and it is becoming generally known that how your childhood was has underpinned your whole outlook on life. But this is only scratching the surface as to the truth of what you suffered on all levels. To restrict and interfere with a child's will is the cause of all problems

then in the child, and as it grows up, and once grown up and forevermore until you do your Healing. You parent using your mind and without truth, and as your minds are rebellious, so you can't expect to be a perfect parent. Only when parents of Celestial truth parent their children, will such children grow up perfect. You are designed to parent with truth, so if you don't have any, you're not going to be much good as a parent.

A parent full of truth, such as a Celestial parent, by expressing, by simply living and being that truth (as it can't be anything else), will know innately, will know through and with that truth, everything its child needs; all how it is to relate to its child lovingly, and it will just be that loving expression of truth to which its child will lovingly respond. You can't learn how to parent, that is still only using your mind, you have to BE A PARENT OF TRUTH, and it just happens, you'll just parent lovingly with and from that truth. So whether you keep the reins pulled in hard on your child exerting maximum control, or whether you loosen them allowing your child to all but run free, it's all still just different expressions of parenting with your mind. So, saying being a parent you are to do this and not that, is meaningless; being a Parent of Truth you will just act with that truth, being fully connected always with your child who constantly responds to your loving truth expression. And as you parent with and through truth, then you will understand naturally things about it with your mind. But Truth must always come first, not Mind.

You are to find the truth of the Rebellion and Default within yourself – the truth of how you are rebellious. And the best way to do this is through your relationships. So your Healing will focus a lot on your interactions and connections with other people, and most importantly within your intimate relationship. And then to do with your parents and family.

You look at the mother as something of a god. So much is said about the 'mother's love', your whole civilisation might rupture and collapse if mothers stopped loving their children. You give such power to the mother; and a woman becoming a mother steps up into newfound power, she now has all power over her children, and far more than the father. And she's not a 'real woman' with real power unless she has children. She is in control, no longer having to be only subject to the control of her mother, and so you fail to see that all the problems a child has, results from her (and the father). So often the child is judged and seen as the bad one, they are to pull themselves together and grow up and do as they are told – behave properly. You put it on the child, that if it has a difficulty, it has to overcome it, and it is its fault. Rarely the blame is given to the parents, and even less to the mother.

You don't look at everything that's wrong with the child is because of its parents, and with a large amount of the hands on work that's caused all those problems being with the mother because she spent more time with the baby and young child having to 'mother' it. So, the mother often gets let off of any blame, and the child coming and accusing the mother is frowned upon because how dare the child be angry with its mother 'after all the mother did for it'. Yes, all the bad things the mother did to it to cause it all the damage and problems it now has that's making it angry with the mother. And then so many rebellious teenagers grow up having been once angry with their mother, to when they themselves become a

mother, suddenly realising how hard it is having to cope and deal with the baby and young child, stop accusing their mother, feeling sorry for her and coming back onto her side. For humanity to evolve to the point of fully understanding and so accepting that all mothers and fathers are going to do many bad and damaging things to their children because they are not true and loving, it will be very difficult, however this is what will need to happen. One can still be a parent within and fully of the Rebellion and Default, yet also knowing that you are damaged yourself and so will damage your child, and then you both being damaged as your child grows up, and once is an adult, even possibly helping each other do your Healing.

It has been very important for humanity to parent being rebellious, firstly to keep the whole thing going, and then to have the experiences of being the 'victim' as the child, and then the 'perpetrator' being the parent. All to provide everyone involved with all the rebellious experiences they need. And so it's conceivable that will still keep going with parents who are more aware of themselves being of the Rebellion and Default and so being more accepting of the truth that they can't be any other way and yet still want to have children.

Ideally however, which can only be done once Healed, respect for your child's will needs to be started well before you conceive one. It needs to be your state of truth, how you live your life, so you need to first heal your own will damage so as to be able to parent and guide another's will into being. You cannot believe or just want to respect your child's will, that being of your mind, it all has to come from and with truth, it has to be lived from the heart as an expression of the truth you are living. The truth being so strong you couldn't be any other way, so you simply couldn't act disrespectfully treating it unlovingly. As you are, being of the Rebellion and Default, you can't parent other than being disrespectful and unloving. Some people are more loving at times, and these times are mostly what the child clings onto, all the good memories of feeling loved, with all the bad unloving ones buried in the depths of forgotten memory.

At conception, it is the wills of the parents that determines function or dysfunction of the child. If you do your Healing with your child, nothing is ever too late, because as you grow in the truth of your rebelliousness, you will change how you relate to yourself and so too your child, and it will all be for the betterment of your both. Your growing child will positively respond to you, it will still be damaged, only not as much as it would have been. All is not lost up to six, from then on the child has fully taken it all on, but still it can with your guidance and support change as you change. It can long for the truth of its feelings, it can long for the Divine Love, it can learn how to express all its feelings without denying the bad ones. And even as an adult, your child can look to your Healing example and understand the changes you are going through and that too will have a positive effect on it. Or, if it rejects you and your Healing completely, then it's meant to move deeper into its mind rebelliousness and there is nothing you can do about that. That is what God will want it to do, it being the pattern of its soul. So you will have to let it go and get on with your own Healing; and possibly one day when it does its Healing you will be able to have a truer relationship.

The highest most loving thing you can do in your life is to do your Healing – for yourself, your children, your relationships, for other people, for the whole world. Even if you have to leave everyone who does not want to know you as you seek the truth through your feelings, or they leave you, it doesn't matter because in the long run it will all work out for the best, and everyone has to be allowed to live as they choose, complete respect of will, be it dysfunctional or not. You may feel very alone because no one understands what you are doing through your Healing and how its affecting you, however that will be what you have to experience, it being how you felt at home with your family and parents – yet more bad feelings to express and long for the truth of.

You are living seven Mansion Worlds of corruption, all of which you'll work your way up through as you do your Healing. So, that is seven whole Worlds of untruth you'll be subjecting your child to. And you can't avoid it. Only as you do your Healing and move up through those Worlds will you lessen the negative effect. So, you will be negatively damaging your child on a soul level, will level, spirit level and material level, the truth on all these levels. And it's all borne out in your relationship – whether you are truly loving or not. And if not, which you can't be with seven Worlds of untruth within you, then how are you expressing this unlovingness, how are you being rebellious and against yourself, and why – what happened to you during your forming years that's made you be as you are. This all being what your Healing will help you see.

So, you are parenting your child with the most amount of will interference, and that is a lot of damage on multiple levels you are inflicting on that little innocent person. The child starts off at conception at a level of Natural Love perfection, so, the top of the seven Mansion Worlds, then through its parents and family, society, the world and everyone else that negatively affects it, is brought down to the level of truth of its parents by the age when its Indwelling Spirit arrives, about six to seven, so mostly to that of the first and lowest World. And most people live their lives on that level, so, when they die they wake up literally in the first Mansion World, there being able to carry on living as rebelliously as they were.

So, many people comment on how pure a baby looks, and it is, compared to how it will look by the time it is showing all the will damage it has suffered at around six years old. Some people say when they look at their six-year-old child, that wonderful light it had as an infant is now sadly missing, and it is. And then others say that light their child had at six is missing now their child is an adult, when at six it was already living against itself. So, as a parent it's a terrible truth you'll need to face, that you have all but extinguished that inner spark of your child; and as the child you have virtually had all your inner light crushed out of you. If you could compare a Celestial pairs' child at six to that of any child at six years old on your world, even the most happy and seemingly positive child would seem so dull and devoid of any real spirit or light.

The image of the big overbearing parent standing angrily over his or her little child who is sitting crying on the floor of the Supermarket, is exactly how the child feels, completely

overpowered and ridden to the floor, almost crushed out of existence, defeated, humiliated, rejected, utterly powerless; unloved – no one loves it, no one cares about it, everything makes it feel bad, it not getting the precious life giving love it really needs. And particularly from its parents, and from its so-called ‘loving’ mother who in that moment angrily standing over it is expressing the truth of how she really feels – that she hates her child and wishes she didn’t have to deal with it.

The battle may be over an item on the shelf it wants but its parent does not want it to have, but this is only the exterior superficial expression of the material, when really it’s a real battle of wills, and the child is losing being heavily abused and crushed yet again. Fighting your child’s will is not the way to be a loving parent, and it’s not really a fair fight, is it, you the adult-will beating your little child’s forming will into submission.

And so many people would say this is good parenting, the child has to know its place, it has to know how to behave in the world – and its brute and bully of a controlling parent is the one to do it. And you hear people supporting the abusive parent; “Yes, it’s so hard when they are that age”, with only the rare person standing up for the child’s rights. And you call that ‘being a loving parent’, because an unloving parent wouldn’t beat its own child – surely?

You have no idea as to how you are treating your child, and that’s because it’s all how you, the parent, was treated, all of which it was forced to bury, just as you are forcing your child to do. So the child can grow up under the misguided delusion that its parent did all the right things it needed: its parent loved it so much; and yet, what about all those bad feelings the child is feeling, what happens to them? And the child can say in one breath, I love my mum so much, and yet within the same breath then go onto say all the bad things it feels its mum did to it. And the parent can say it loves its child so much, then verbally abuse it by saying it is no good, ugly, a useless waste of space. So many parents don’t even hear the constant stream of criticism that flows from their lips as they ‘love’ their child. It’s time for humanity’s parents, and its children, to wake up to the realities of what really is happening in their relationships.

Thank you James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

This time, in the history of humanity, is the most exciting time ever experienced.

Infographics and diagrams have been added by Pascas.

Great Gifts through our Feelings are:

**The Awareness of our Heavenly Mother
and Father**

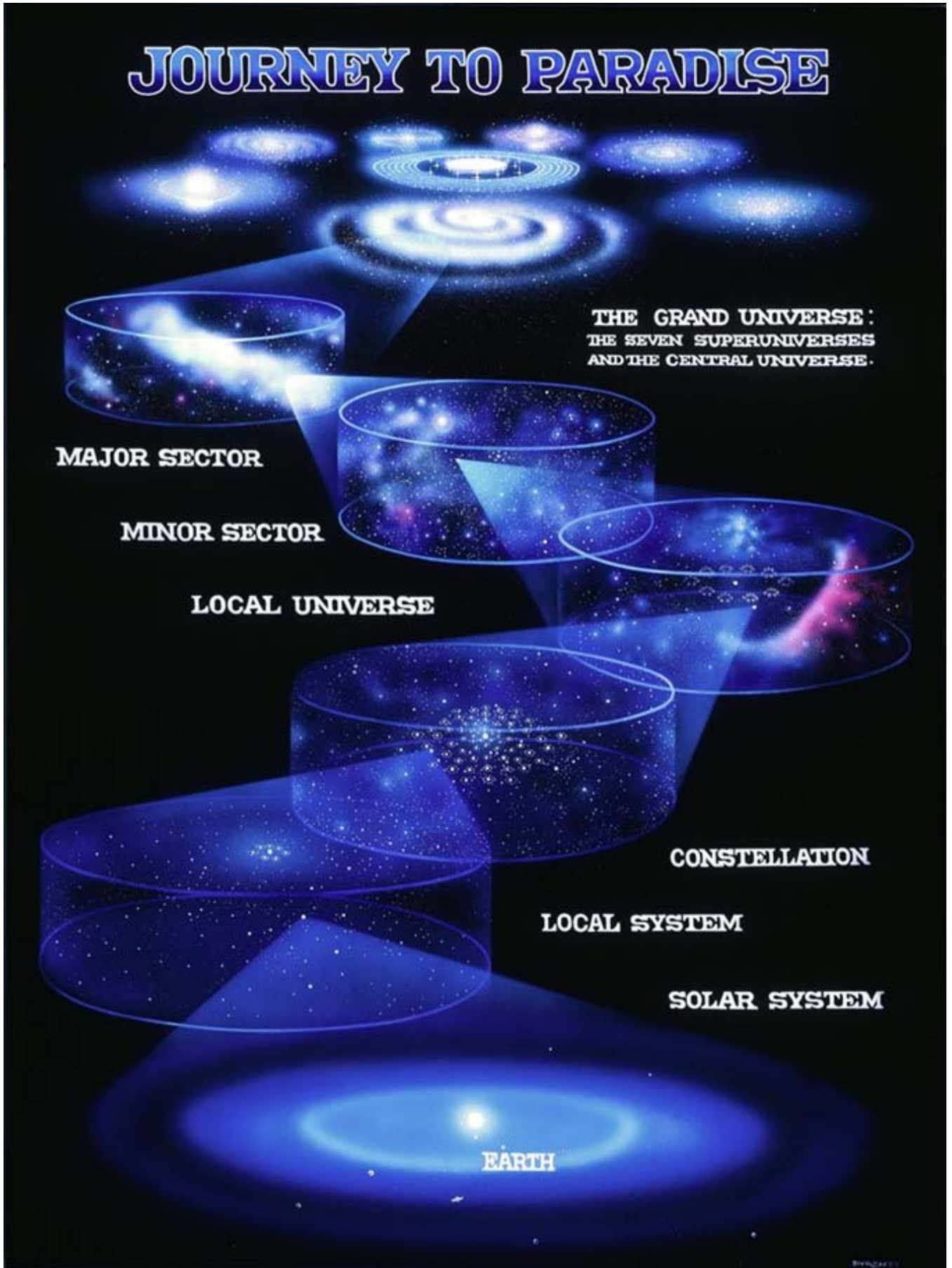
**That our soul is a duplex – both male
and female – one soul, two personalities**

**That Feeling Healing with Divine Love
is our pathway to Paradise – our true
home**

**Freely expressing our Feelings to a
companion is expressing our true
personality – the personality bestowed
upon us by our Heavenly Mother and
Father – our true Mum and Dad!**

**These are truths of living
Feelings First Spirituality,
The New Way**

JOURNEY TO PARADISE



THE GRAND UNIVERSE :
THE SEVEN SUPERUNIVERSES
AND THE CENTRAL UNIVERSE .

MAJOR SECTOR

MINOR SECTOR

LOCAL UNIVERSE

CONSTELLATION

LOCAL SYSTEM

SOLAR SYSTEM

EARTH