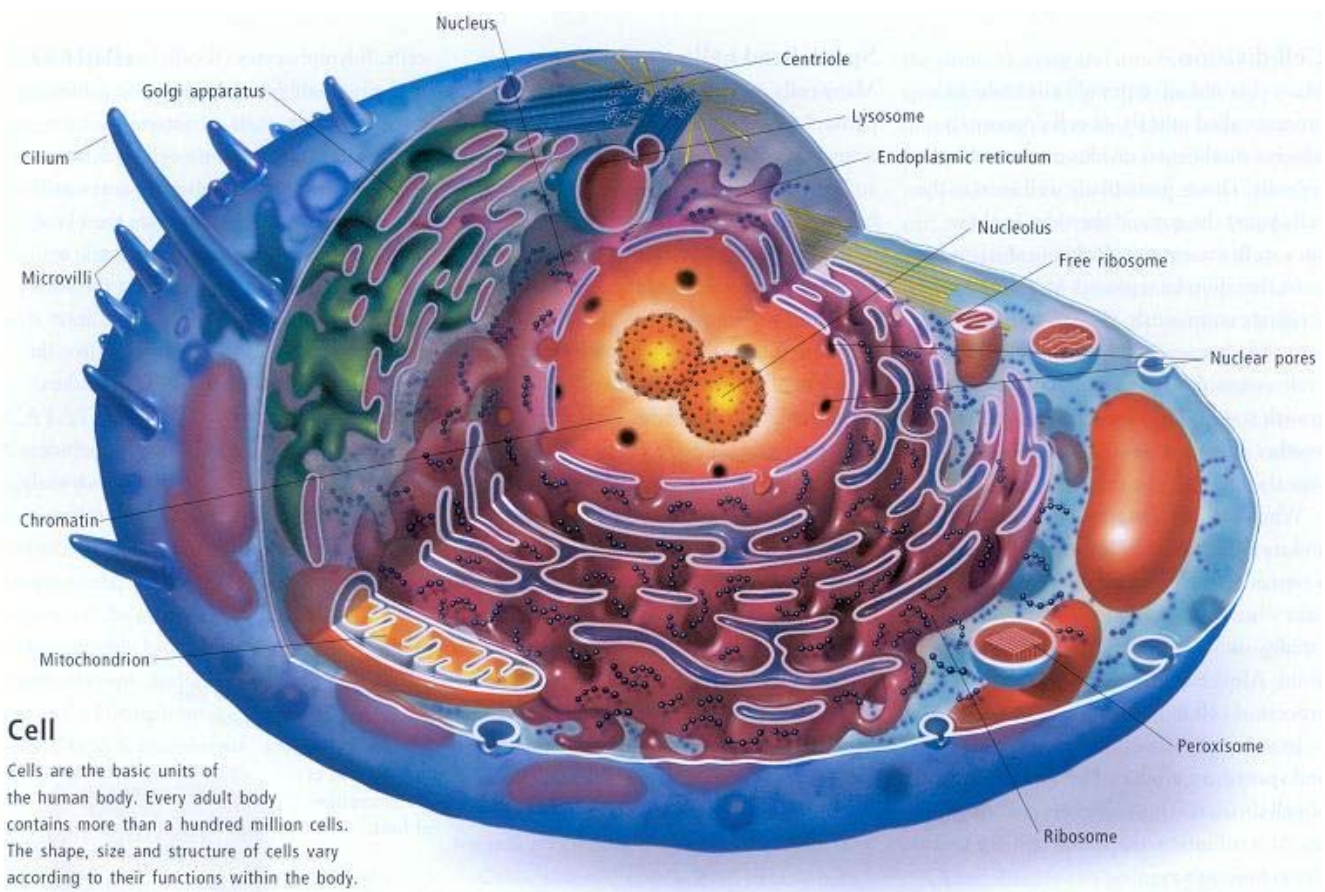


PASCAS CARE

Vibrational Health Sciences



“Peace And Spirit Creating Alternative Solutions”

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Pascas Foundation is a not for profit organisation

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PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

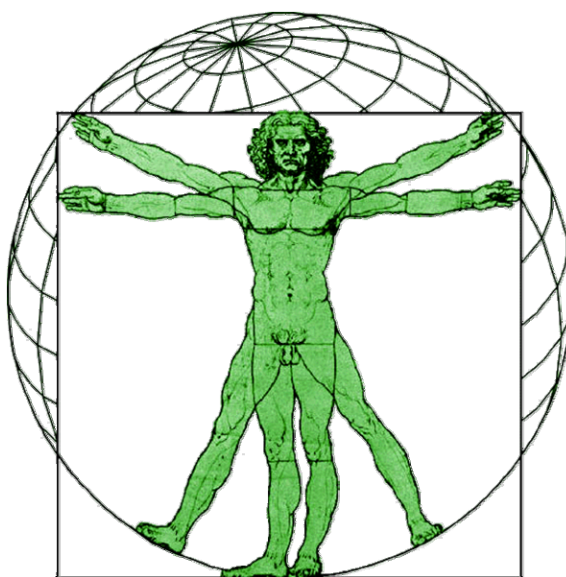
Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



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VIBRATIONAL HEALTH SCIENCES:

Feel the light within, radiating the immutable you, that exists beyond time and space.

The Human Energy-Consciousness System, or Human Aura

The Human Energy Field is the manifestation of the universal energy that is intimately involved with human life. It can be described as a luminous body that surrounds and interpenetrates the physical body, emits its own characteristic radiation and is usually called the "aura."

The auric field is a quantum leap deeper into our personality than is our physical body. It is at this level of our being that our psychological processes take place. The Human Energy Field is the vehicle for all psychosomatic reactions.

The physical body arises out of the energy field, thus an imbalance or distortion in this field will eventually cause a disease in the physical body that it governs. Therefore, healing distortions in the field will bring about healing in the physical body.

The Human Energy Field is composed of an infinite number of levels. Some health modalities focus primarily on the seven lower levels. Each level penetrates through the body and extends outward from the skin. Each successive level is of a "higher frequency" or a "higher octave". Each extends out from the skin several inches farther than the one within it of lower frequency. The odd-numbered levels are structured fields of standing, scintillating light beams. The first, third, fifth, and seventh levels of this field are structured in a specific form. The even-numbered levels – the second, fourth, and sixth – are filled with formless substance energy.



"Energetic Healing is the conscious and skilled use of therapeutic modalities to benefit a person on subtle and emotional levels, as well as in their general and physical well-being."

What is Energetic Healing?

Energetic Healing is an umbrella term for any therapy that manipulates the energy circuits in our physical or subtle bodies to regain balance and facilitate our body's innate healing mechanisms.

Some of the more well know therapies that could fall under the heading "energetic healing" include Reiki, Reflexology, Kinesiology, Thought Field Therapy and Acupuncture. However, energetic healing also encompasses lesser known natural therapies such as: Aura and Chakra balancing; Flower and Vibrational Essences, Crystal Healing, Colour Therapy, Spiritual Healing, and other forms of bodywork. Energetic healing practitioners are usually trained in a number of modalities and will combine these in their own unique way. Many combine intuitive skills with their practical and theoretical skills.

Energetic healing takes a holistic approach that looks beyond the physical to manipulating the subtle

energy systems (meridians, auric bodies, chakras, nadis) where the cause of the disease can be located. Trauma, emotional and mental stress, false belief systems, physical distress, environment stress, and other blocks to our personal growth can be stored in the energy fields of our bodies, impacting our ability to function at our full potential.

Energetic healing facilitates the healing process by clearing blocks in the energy fields, repairing and rebalancing the energy so that the body can move to its optimal level of balance from where it is able to access its inherent ability to heal itself.

Energetic healing can also help identify “issues” before they manifest as pain or similar distortions in the body. It opens our consciousness to the areas we need to work through and heal in order to bring our lives into balance and maintain health, harmony and vitality.

What is energy and how is it connected to ill-health?

Quantum physics has acknowledged that we are all made up of energy, as is everything around us. It is the most basic building block of life, but like the air we breathe we usually can't see it. Energy flows through everything and creates everything. Even our thoughts and emotions are energy. It is just a difference in the vibrational frequency of energy that gives us the illusion of substance and separation, rather like water moving from solid ice at slower vibration, to fluids and then to steam at a higher vibration.

Our personal energies are delicately balanced and we can become sick or feel “not quite right” when our energy flows are disturbed or blocked. Energy imbalances can result from both internal and external factors.

Internal factors impacting our energy system include:

- trauma
- phobias
- anxiety and stress
- childhood programming
- limiting beliefs
- neurological, biochemical, and structural imbalances
- existential fears and limiting spiritual beliefs
- remaining in situations that are not fulfilling or in harmony with our needs

External factors impacting our energy systems include:

- environmental stresses and toxins
- geopathic phenomena
- astrological phenomena
- nutrition
- exercise
- posture

During our early life we start collecting information that determines our programming. Genetic, social and cultural aspects will contribute to this programming. Over the years these pictures and programs we collect will govern the way we use our energy. We hold the information in our subtle energy systems and it determines how the energy moves through our chakras. The pictures or programs will remain there until such time as we start to realise that we create our experiences with the beliefs we hold – good and bad.

The energy systems of the body (aura, chakras, nadis and meridians) are connected energetically to our physical organs, glands and bodily systems. When the energy supplied to these bodily systems is disrupted, the body organs and systems are less able to defend against disease and injury.

In the same way, the health of our energy systems also determines our mental, emotional and spiritual well-being. If our energy systems are disrupted or blocked we are less able to cope, we feel stressed, which in turn has a negative impact on our physical systems. Over a prolonged period this leads to ill health. If our energy systems are clear and balanced we will be in a better position to deal with situations and circumstances that might otherwise be perceived as a stress.



By working with the energy system we can access all levels of the mind, body and spirit and achieve a holistic healing. Knowing the connections and energy relationships means the nature of the disease and its location can guide us to where an energy block or imbalance is occurring, as well as what we need to do energetically to clear that block.

Disease is our body's mechanism of telling us that our energy is not flowing harmoniously and that something is not working in our lives. If we don't pay attention to the initial messages the warnings will become more severe until we take notice. Once we are aware of this, we can regard illness in a more positive light, so long as we then act upon it and make appropriate changes necessary to heal.

Energy is within and around us all the time, but our consciousness enables us to activate it and make it vital. We usually need to reiterate to people that just because we can't see something, doesn't mean it doesn't exist. We can't see air, but we know we breathe it to keep us alive. We also can't see electricity, atoms, electromagnetic fields, sound, radio waves or the weather, yet we can see or hear the indirect results of these. Everyone's perception differs and an increasing number of people are able to perceive things using "extra-sensory perception" that others can't. Today, more and more people are becoming able to perceive energy in some way and know it as a very "tangible" phenomenon.

What to expect

A typical treatment session consists of the following procedure:

- Discussion with the client, taking their details and gaining an understanding of why they have come to the clinic.

- The treatment itself. For most of the therapies, the client will need to lie on a massage table. The client remains fully clothed throughout the process and is free to stop the treatment at any stage, if they wish.
- Feedback and review following the treatment.

We may work intuitively and may be guided to which therapy or mix of therapies the client most needs at the time of their appointment in order to best facilitate healing. This also means every treatment is customised for the unique needs and highest good of the client. In some cases, a client will need specific healing on one level before the healing to address a particular symptom can occur. For example, if a client's energy systems are very low and their vitality is low, their systems will first need to be boosted before repair and clearing work can occur. To do the clearing work first would be too much for the client and their systems would not be able to cope with the change.

Ambient music and aromatherapy is made available to create a relaxing environment for the client, as we understand that healing occurs more easily when the client is in a relaxed state. However, the client can request not to have music or oils burning during their session. The client may sense the flow of energies with feelings of warmth, coolness, tingling or relaxation during the treatment. It is quite common for clients to fall asleep or drift off during a treatment. This is normal and allows for deep healing to occur at an unconscious level.

Clients may experience some form of emotional release during a session. This may be anything from a fit of the giggles to tears! Again, this is perfectly normal and should an emotional release occur, it is important not to suppress it. Releasing the emotion enables healing to occur. Emotional releases may also be experienced after a treatment, and again should be allowed to occur without suppression.

Following a treatment, it is very important that the client drinks a lot of water for several days afterwards to flush away any toxins that may have been released. Otherwise it is possible that clients could experience headaches or feel very tired after the treatment before an improvement occurs. It is similar to the process that occurs with dietary cleanses / detoxes.

Some clients will immediately feel an improvement, while for others the integration of the energetic change may take several days. In the latter case, the client may experience varying emotional states, memories of past events or changing physical symptoms. When this occurs the client is actually "processing" and clearing "stuff" as a result of the energetic changes. This is sometimes referred to as a healing crisis, but it is just the body's way of releasing what needs to be cleared and to bring our awareness to what we to be let go of and what is no longer benefiting us.

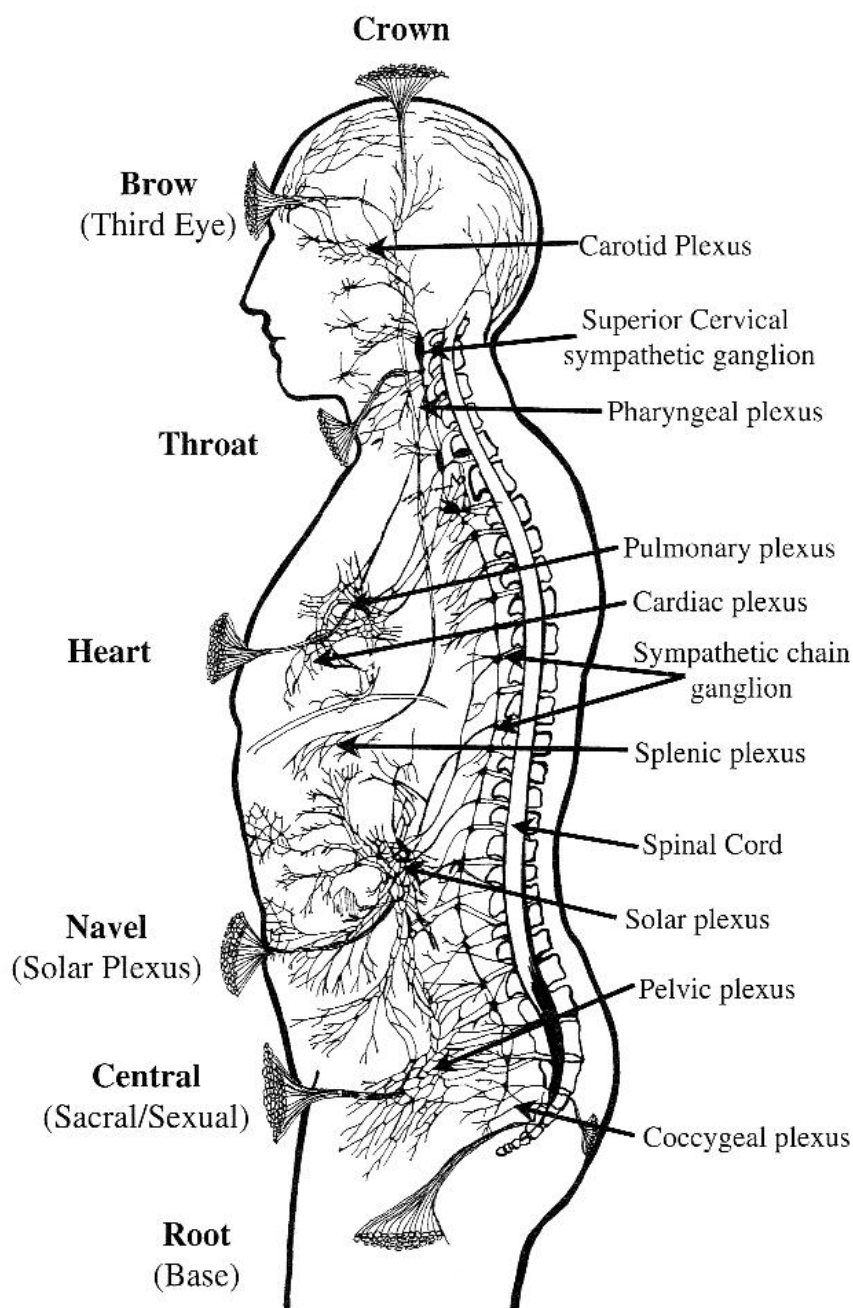
How many sessions would a client / patient need?

The answer is that it varies depending on the nature of the client's problem and what that client wishes to achieve. Sometimes one treatment is enough, but in other cases several treatments may be necessary to achieve optimal results. The latter is more likely to be the case if the client has a chronic (long term) problem.

Some people may just want (or need) a one-off balance or relaxation session, while others will want regular sessions as part of their ongoing journey of personal and spiritual growth. It's rather like a

massage for the soul! The effects of regular energy balances are exponential, leading to deep and sustained changes in the person's life.

Healing on an energetic level can be likened to peeling the layers of the onion. Over a period of time we clear more and more issues and learn how to remain balanced in circumstances that would previously have affected us in a sub-optimal way.



Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.

OLDFIELD SYSTEMS Ltd:

www.electrocrystal.com

PIP – Polycontrast Interference Photography

In the late 1980s, using microchip technology, Harry Oldfield developed a scanner which could provide a real time, moving image of the energy field. He suggests that the future of diagnosis lay in finding an effective scanner which can 'see' imbalances in the energy field rather than disease in the physical body.

This system became known as **Polycontrast Interference Photography** or PIP. Harry anticipated that the human energy field might possibly interfere with photons – 'energy packets' of light – or even what might be called 'subtle energy photons' in some way. He decided that ambient (surrounding) light would be interfered with by the field both when the incident ray travelled towards the object and when the reflected ray bounced off the object. In the main, the 'object' of his interest was human beings.

He devised a computer programme which would analyse the different light intensities being reflected from the person or object being scanned. This system is at the same time deceptively simple and enormously accurate in the hands of people who know both how to operate it and what they are looking at.

Harry says: “We believe that we are showing up an energy interaction with light, which is giving us an insight into the energy counter-part, the etheric template on which our physical molecules are strung. On average, every atom in the human body is replaced every seven to nine years. Think of your body not as a physical structure but as a moving fountain of molecules that are constantly being replaced. So what keeps them a coherent recognisable form? We believe it to be an organising template of energy.”

To see the body's energy field at your clinic with PIP, the person is in a room with full spectrum lighting at a controlled output, standing against a white backdrop. The picture is taken with a standard digital video camera which acts like an artificial eye. A lead from the camera acts like an optic nerve connecting it to a computer which acts like an artificial brain. The program which runs the system is the artificial thinking process which makes sense of all the millions of bits of information. The computer screen then displays the end product of what the 'brain' has seen. In effect what Harry has achieved here is a system which can see the energy field from and around the body in much the same way as people with gifts of vision can. Of course technology cannot match the details and intricacies of these people with gifts, but future developments in the PIP system might bridge some of the gaps.

The PIP system shows up many patterns and colours which a trained eye can relate to a person's energy balance and well being and although some of these things might be connected to health we emphasise that the system does not take the place of medical examination or diagnosis.

The plan is that these scanners will become commonplace in orthodox and complementary medical centres around the world. Harry says: "Any clinic with a computer could have one. Of course, analysis of the information, pattern recognition and so on is a completely different matter. Whilst anyone could look at an X-ray of a broken leg, gaining useful clinical information from it is something which requires specialist training, knowledge and experience. The same is true with using PIP."

Harry is often asked whether the colours seen with PIP are the actual colours of the aura? "Absolutely. These patterns and colours are what I believe clairvoyants and mystics see. They naturally have eye and

brain mechanisms that can pick up these subtle changes of light. When you're looking at chakra colours on our visual equipment, you're not just seeing one colour, you're seeing a mixture of colours.

But if a chakra is behaving itself perfectly, one colour will predominate --- for instance the throat chakra has more of a blue hue when it's healthy than when its not. The same with the base chakra --- it will be a dirty muddy brown if there are problems and red if it's healthy. Also when red kundalini energy goes elsewhere, that is, goes into the wrong place at the wrong time, there is a potential danger. I am able to show this potential danger to people when they come for a PIP scan."

A few sample PIP pictures

The first two pictures are 'normal' energy field pictures of a relatively healthy person. Notice bright, vibrant energy patterns with absence of red/magenta 'clouds' in the energy field.



Healthy Legs



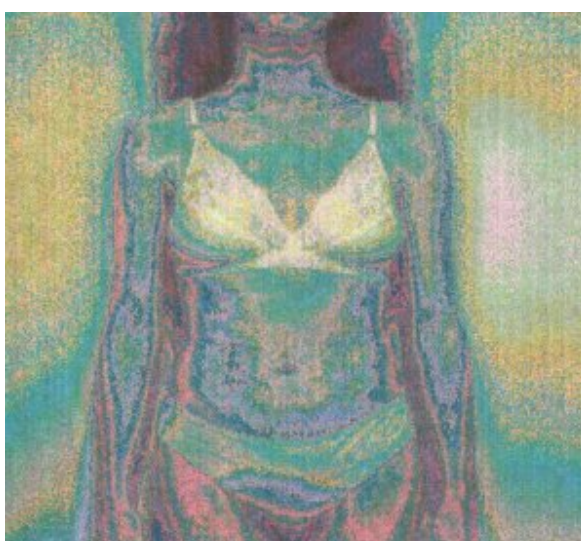
Healthy Lungs

Two PIP pictures of patient with M.E. (chronic fatigue syndrome) before and after Electro-Crystal Therapy. Young woman, chronically fatigued with condition known as M.E. First picture is of very congested energy field, especially in region of solar plexus and navel. Also very 'muddy' energy field (as Harry calls it) around body.

Then, after a few months of self-treatment (under Harry's guidance) with a home Electro-Crystal Therapy unit, the second picture was taken. This treatment involved infusion of energy on high settings such as D5-D10 on the unit. As you can see, the second picture is much clearer and brighter and the dark red patches have improved. This corresponded with much increased vitality and her ability to resume many normal activities.



Before treatment



After treatment

The intriguing thing about PIP is that it seems to show up things that 'sensitives' such as healers have said they see for thousands of years, namely colours, lines and patterns of light around people. Interestingly, during experiments with Harry to see what happens during hands-on healing, the following two pictures were taken.



Before treatment

The red and magenta lines and patterns in this person's PIP scan show areas of congestion and turbulence in the energy field, i.e. where the energy is not flowing as it would in a well balanced field. These patterns are generally present in areas of known disease/trauma. Here we can see red/magenta imbalances over the throat, pancreas, liver and right arm.



After treatment

This person was then given hands-on healing. As the two healers entered his field, a few seconds after the first image had been captured, the two white lights above his shoulders appeared to descend, most of the torso went green and the solar plexus chakra seemed to burst open with yellow light. The base chakra is possibly being energised, as evidenced by the boxer shorts turning red.

OLDFIELD SYSTEMS Ltd:

www.electrocrystal.com

Electro-Crystal Therapy

Hippocrates, the father of medicine said: "First do no harm."

Electro-Crystal Therapy is a gentle and non-invasive method of balancing the human energy field. It uses the pulsed high-frequency electromagnetic stimulation of crystals to induce rebalancing in human and animal patients.

Electromagnetism has been used by conventional medicine for many years e.g. X-rays in diagnosis and pulsed frequencies to aid bone healing. Crystals have been used to aid natural healing for thousands of years. The innovation in Electro-Crystal Therapy is the synergistic combination of the two and their specific application on the chakras and meridians of the human energy field. The therapy works on a subtle energy level.

Inventor Harry Oldfield has likened it to a molecular massage. Electro-Crystal Therapy involves placing crystals in tubes on certain points around the body. These tubes are then attached to an electro-magnetic generator which administers the balancing and normalizing energy frequencies that the human (or animal) energy system needs.



Harry's research has shown that different crystals are beneficial in certain 'zones' of the body to bring about a balancing effect on the patient. The energy field has long been referred to as the aura and has been charted for thousands of years. In India, it involved the chakras.

Chakra is the Sanskrit word for wheel and a spinning wheel is perhaps how the chakra would look to someone who could see it. These 'whirlpools' of energy were often depicted as flowers with different numbers of petals. The number of petals is thought by modern researchers to be evidence that these ancient people knew something about the harmonic frequencies of the chakras.

Harry Oldfield suggests that the human energy field is like a template or network of energy points with which the physical molecules of the body are aligned. When Harry first began measuring the energetic fluctuations around the body with his Electro-Scanning Method, he always found energy concentrations at seven places. He was mystified as to the cause of this until a professor suggested that he may have 'discovered', that is, rediscovered, the chakra system of ancient Ayurvedic medicine.

Animals and plants both benefit from Electro-Crystal Therapy.

Opto-Crystal Therapy

Opto-crystal therapy uses coherent light pulsed through crystals to balance the body's energy field.

The treatment unit used in Opto-Crystal Therapy uses light emitting diodes (LEDs) which present no danger to the eyes.



Harry uses a simple analogy of orderly soldiers marching out of a fort to describe the coherent light and a football crowd emerging from a stadium to describe normal light which spreads out all over the place. Harry says: "When a light source is shone into a crystal, the light undergoes refraction and sometimes reflection off imperfect lattices and inclusions and so on.

However, unlike ordinary light, which after this process would spread out or diverge, the coherent light passing through the crystal remains coherent even though it may be refracted or reflected and split into several beams." Therefore, the light emerges as special patterns due to the structure of the crystal. When this pattern of lights is played on a part of the body it responds by vibrating sympathetically, and good therapeutic results are seen.

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

VIBRATIONAL INTEGRATION BIO-photonic Energizer – VIBE:

The VIBE device weighs approximately 39 kg (85 lbs). When constructed the machine measures approximately 4' x 2' x 2'

Mission statement

We at VIBE Technologies are committed to raising the physical, emotional, mental and spiritual vibrations of each living individual on the planet.

What is the VIBE Machine?

The VIBE machine is an electronic device that brings the vibrational level of your body back to its natural state of being. VIBE stands for Vibrational Integrated Bio-photonic Energizer.

How does the VIBE work?

Every atom in the Universe has a frequency, whether it is a grain of sand, a piece of steel, a plant, animal or an organ in your body – each cell resonates, or vibrates, at a specific frequency or oscillation. Your body consists of a variety of atoms, which contain protons, electrons & an overall bio-electric energy that runs through it. The way you take care of your body physically, emotionally and mentally determines how many negative frequencies or toxins are being built up in it.



Generally there are four ways imbalance is created in the body. This can be from toxic substances we eat, pollution we breathe, exposure to a negative energetic environment, and how we process information in our thinking and feeling.

When a body becomes overwhelmed with toxic substances, thoughts or feelings, the positive bio-electric field is immensely lowered in vibration and frequency. In other words, our body has a higher frequency or vibration when it is healthy and a lower vibration when it is sick. You can actually test your body's vibrational level with various bio-electric counters. This can give you an indication of your body's energy level.

Healthy cells, according to Nobel prize winner Otto Warburg, have cell voltages of minus 70 to minus 90 millivolts. Due to the constant stresses of modern life and a toxic environment, cell voltage tends to drop as we age or get sick. As the voltage drops, the cells are unable to maintain a healthy environment for themselves. If the electrical charge of a cell drops below minus 50, a person can become chronically fatigued and may get sick often. If the voltage drops to minus 15, the cell becomes diseased. When the body's immune system gets overwhelmed and cannot fight an abundance of toxins and then we continue to put toxins into our bodies and minds such as alcohol, nicotine, caffeine, negative fear-based thoughts and heavy emotions, we can experience a physical imbalance.

The cells of a body that are being affected by a negative condition, have an oscillating rate that is lower than it was originally designed to have. After many months or years of this internal dis-harmony, our immune system can weaken and the symptoms begin to show in the form of an actual terminal physical imbalance or disease. All cells have small electrically powered pumps whose function is to bring in nourishment, and take out toxins. Imagine going into a house where the power has been turned off. The plumbing wouldn't operate so the toilets wouldn't work. There would be no running water; therefore, no showers or baths could be taken and doing dishes would be impossible.

The refrigerator wouldn't work so there wouldn't be any food to eat, and the food that was in there would go bad. Add to that trash strike and now trash is piling up. As you could guess, anyone living in that house would probably get sick.

It is the same for the cells of the body. Without enough energy to operate, the cells become toxic and malnourished. Then, when presented with an infectious organism they have lost the vitality to resist.

One way to efficiently and safely raise cell voltages is with a device called a VIBE machine. An earlier type was invented by Georges Lakhovsky in the early 1900's. Dr. Lakhovsky discovered that healthy cells acted like little batteries and discovered how to recharge them (raise their voltages). He found that transmitting energy in the range between 750,000 hertz and 3,000,000,000 hertz raised the cell's voltage.

Dr. Lakhovsky had great results with all types of physical imbalances.

Not only was his unit able to return sick cells (and people) to health, but also those who used it regularly noticed that they rarely became sick. He proved the principle that life forms can absorb radio wave energy. The VIBE uses that principle to strengthen the healthy cells of the body, so that they can resist physical imbalances. Knowing the right frequencies and putting them out simultaneously does not necessarily destroy an infection, but we believe it charges the cell making it strong enough to resist the infection.

Similarly, everyone has been exposed to the oral variety of the herpes virus, and it lies dormant in their bodies. Only when a person is under stress does the virus flare up and show up as blisters on the lips. We carry many thousands of infections in our bodies, lying in dormant states. As long as we remain healthy (high cell voltages), these infections remain dormant. In this way, a VIBE Machine can prevent negative imbalance and stress of all kinds.



In some situations, physical disorders are not caused by infection. They are thought to be caused by toxicity and imbalanced metabolism. The VIBE may be of assistance here by helping the body detoxify, giving it enough energy to heal its chronic metabolic imbalances.

Vibe Controller

Every illness is an autoimmune illness. When your immune system cannot ward off a problem in your system in time, something fails. Your only defense is your immune system. By raising the oscillating frequency of every cell in your body, we are increasing the rate at which the immune system operates as well as eliminating the negative toxins that your body is trying to fight off. The quantum fluctuations (vibrations) that make up the memory of the cells of our body start creating different "memories." This type of frequency reprogramming allows the body to remember the natural effectiveness of the immune system and regenerate back to its original state.

What is actually inside a VIBE machine?

The device has 12 noble and inert gas tubes that are precisely positioned in a concentric ring to create a strong electromagnetic field around the machine. The gas tubes have been selected to develop specific results within the bio-photonic spectrum. Some of the tubes contain argon, krypton, and water vapor. Activated by a low power laser, it produces all the frequencies needed to resonate a higher pitch within your body. This electromagnetic field is unique; it raises the vibrational levels of your body to the highest of oscillations, where they were originally designed to be.

What can the VIBE machine do for you?

This machine is a technological breakthrough that enhances the human body by helping it reach its optimum vibration and energy levels. It has many long-term positive effects on the body, as it automatically eliminates the "unwanted vibrations" inside your body.

How long do you stand in front of the VIBE Machine?

Using it for only 30 seconds to 4 minutes per day, can raise your body's energetic vibration and regenerate the cells that are not vibrating properly. After using the machine for this brief amount of time, the lower vibration cells throughout your body immediately change their course of direction. They now will contain a slight new charge and begin to "reprogram" the lower frequencies in which they were previously stuck.

Each time the VIBE unit vibrates these cells, it speeds up the removal of these toxins from you at an incredibly fast rate; and this frees up your immune system to fight whatever it needs to fight. It dumps the toxins from the lymph glands out of your system.

The Machine

The VIBE Machine works on five different levels by using a medium electromagnetic field. In this field, a high voltage pulse is added along with ozone. The charge is placed at a negative voltage which is being transmitted to an antenna designed to twist the magnetic field. It is then routed through noble and inert gases. These gases are in a plasma state, varying in frequencies which relate to human cellular

frequencies. Plasma is found between the protons and electrons of all cells in the human body. By oscillating this plasma state, the cells are energized. Disease (dis-ease) is a state found in non-vibrating, non-charged, or non-energized cells....you do the math. The VIBE Machine brings the vibrational level of your body back to its natural state of being. It is a technological breakthrough in enhancing the human body by helping it reach optimum vibration and energy.

What it does for us mentally and physically...

On the emotional level, based on the testimonials of numerous people who have experienced this device, the VIBE Machine helps to clear negative energy from your aura and creates positive changes in your life. The initial effects vary from person to person. Some people, after sitting in front of it for a minute or two, find they are energized and upbeat. Some find that they are emotionally drained and physically tired. What we are finding is that it depends on your mental state of mind, your physical health, and most importantly, your intent. "Intent" is defined as "a conscious plan". Therefore, whatever you put into your time spent with my device...whatever your conscious plan is at the time...will be what you ultimately experience. It could range from inner peace and profound enlightenment to merely a non-destructive energy that pulsates through your body. It's for you to decide...to create your own plan. The physical benefits are another story entirely. Each individual is unique; their needs are unique as well. What is suitable for one person may not be appropriate for another. What is important is for each of us to find the tools our body and mind requires and to take advantage of them.



Golden Rule: that one must always honour another's will as one honours one's own.

MAGNAFIELD:**Magnafield MF2000 Therapy Unit is referred internationally as a Wellness Machine:**

Discussion with **Dr Bob Grace** last night (Feb 2004): Bob Grace has a degree in Natural Health Sciences and Doctor on Philosophy – Complimentary and Alternative Medicine – Trinity College campus of University of Oxford.

1. For the last 8 or 9 years when a cancer patient has come to him with news of weeks to live – even as little as 1 week – he has asked that they tell him where they want to go on holidays within Australia in 6 months time. In their presence he has rang his travel agent and booked the airline flight. **All tickets have been claimed.**
2. With the aid of the Magnagraph, which is more accurate than an ECG unit, he has been more able to assess the patients conditions. Katrina Ellis also always uses the Magnagraph – even when she was in Thailand.
3. If the patient can lift his/her spirit, use the Magnafield MF2000 and follow the nutritional programs then Dr Bob expects the patient to be cancer free within 3 to 6 months.
4. Even skin cancers are stopped. He feels that removal of skin cancers surgically results in the problems going into the body and surfaces elsewhere.
5. In fact, many cancers can be arrested – including the most aggressive leukaemia. He had one such patient very recently, now clear.
6. Continuing with the use of the Magnafield MF2000 keeps the patient clear of cancer. Observations now extend out to 15 years.

It may be possible that anyone that follows the necessary regime can be effectively treated as long as the condition has not progressed to the point where organs are collapsing.

Even in the early stages of organ collapse he has had success.

NOTE:

The Magnafield does not treat any disease or cure anything.

The technology works at the cell level to get the body back to normal.

The body then produces good cells and slowly eliminates bad cells.

The Magnafield MF2000 is a WELLNESS MACHINE.

It creates a wellness environment where in disease cannot proliferate.

The Magnafield increases the oxygen level in every cell. Cancer is anaerobic – it cannot live with oxygen.

It is for this that the unit is an enormous aid in dealing with **Cancer** as well as **Diabetes, Multiple Sclerosis (MS)**, and what ever else.

Magnafield units are registered with the TGA (Therapeutic Goods Administration – Australia) and FDA (Food & Drugs Administration – USA)

The number of prominent people using the Magnafield MF2000 reads like a who's who.

The work to have the technology fully supported by the Australian Health Authorities (Government) is ongoing – this must eventually be achieved.

MAGNETIC THERAPIES

Biologically, every cell in our body is an electromagnetic phenomenon.

There are two basic classes of magnets or magnetic fields, and several sub types. Permanent or 'static' magnets have been used since 850 BC, that is, for more than 2,850 years. The Earth has its own magnetic system. The source is in the molten core that generates Earth energies and fields on and above the surface between the Magnetic North and South poles. The density is around 0.5 Gauss and oscillating around 9.6 Hz (Hertz is cycles per second) to 10.5 Hz.

Lower power magnets, associated with movement such as the blood circulating or muscles moving under where the magnet is placed, have been shown to induce micro electric currents that can balance body energies and may also stimulate the iron content of the haemoglobin in the blood to transport oxygen more efficiently.

Electromagnetic energy is a most important part of biological systems. We are at the cell level, electro-chemical-magnetic beings. The DNA in every cell has its own electromagnetic spin, which maintains its controlling functions and is in turn affected by internal and external electromagnetic fields, both good and potentially damaging.

Our body's cells are also continuously influenced by strong man-made electrostatic and high frequency electromagnetic fields (EMF), which are well outside what the body is meant to tolerate.

Many types of high frequency EMF have been implicated in immune system deterioration, and together with other factors and stress, can lead to or become involved in some forms of cancer over time.

ELECTROMAGNETIC THERAPY as MEDICINE

At the other end of the EMF scale is the use of the extremely low frequency, low power, and specific type waveform electromagnetic energy, as in the MERIT® or Magnafield MF2000 that has been scientifically proven to be of assistance in pain relief and improved healing of damaged tissue. It is also of great benefit in all neurological conditions, to slow down and arrest the progression, and for the promotion of healing in cancer.

The true essence of energy is vibration. What is now officially known as ‘bioenergetic medicine’ used to be called ‘vibrational medicine’ until a few years ago. It is now accepted that at certain very specific selected frequencies, or vibrations, rogue cells including cancer cells can be destroyed, or their reproduction (mitosis) inhibited, while usually leaving normal cells unchanged.

Healing after operations is also greatly improved. Inhibition from any further cancer cell growth is a major benefit for many.

For the best results, the system should be used before, during, and after any procedures or aggressive treatments, along with a balanced and sensible nutrition program for the individual. There is immense healing potential with the appropriate low frequency, low strength electromagnetic energy at the correct level and wave form. It has been shown to be completely safe for over 20 years.

Many hundreds of seriously ill persons facing operations, chemotherapy and/or radiation treatment, who have made the decision themselves to either delay or cancel such procedures, and have used the Magnafield® MERIT® therapy device, along with a carefully selected nutrition program, have recovered and 5, 10 or 15 years later are not only clear of any cancer, but are enjoying life to the full.

MAGNETIC ENERGY RESONANCE INDUCTION THERAPY – MERIT®

- ☺ MERIT magnetic energy influences many enzymatic intracellular and membrane systems, (e.g., alkaline phosphatase); and influences antigen-antibody relations;
- ☺ MERIT magnetic energy also modifies the permeability of the cellular membrane and therefore the Ionic equilibrium. The sodium / potassium pump balance is stimulated. SpO2 is increased.

The new revolution in medicine is in the area of bio-magnetism and magnetic induction therapy. The difference between electrotherapy and magnetic induction therapy is that electrotherapy uses contact with or through the skin, whereas magnetic induction therapy does not have to touch the person, making it completely non-invasive. The magnetic energy passes through the body and almost everything else.

PERMANENT OR STATIC MAGNETS

Permanent magnets, many of these do work for some of the people, some of the time, for a few hours or until the body accommodates or adapts to the constant energy at or very close to the magnet. Many swear by them. The placebo effect is very real, and accounts for up to 35% of perceived benefits.

Pulsed magnetic therapy is far better than continuous, but there are several factors that must be considered in order for the real benefits to be available. Just to pulse at a frequency may not be the right method in many cases.

OSCILLATING MAGNETIC THERAPY

This involves an energy field that is oscillating back and forth in positive and negative modes, biased towards more negative. The waveform must be close to that of the human body. Sinusoidal, sawtooth, or square waveforms are not common to the body, but were developed for communications, radio, TV and computers, and are usually filtered to remove the 'hash' or harmonics that interrupt a clear signal. Medical researchers found that the body needs and uses these harmonics.

There also must be a correct ON-OFF ratio for each pulse, and there must be a period of time for the treatment followed by at least a similar period of time of rest or 'pause' before the subsequent treatment. Ideally, the treatment using the Magnafield system involves placing an applicator pad on the floor under the bed and leaving it operating 24 hours a day, seven days a week. Many have done this without removing or turning it off for more than 15 years. The greatest benefits are received during the sleeping hours. There are no contraindications.

It is also good for those aches and pains that annoy many people who do not want to rely on pharmaceutical drugs with their side effects.

Some of the functions and benefits from this therapy include:

- Healthy cells have different EMF characteristics and DNA /RNA spirals from cancer cells. Under the influence of 0.5Hz Magnafield treatments cancerous cells are inhibited from division or 'mitosis', they just unravel and die off, and are dealt with and removed by the body, as are all other dead cells.
- At 0.5Hz and particularly at 2Hz the Thymus is stimulated to produce more "T" killer and helper cells, to assist and build up the immune system defences. This is a balancing system, it does not over-stimulate.
- Analgesic effects (pain relief) are best at 0.5Hz to 4 Hz.
- Tissue healing is initiated first at 0.5Hz, and then at 2Hz or 4 Hz, followed by using 8 Hz until healed.
- DNA synthesis is enhanced at 5Hz. Also cellular signalling, repair and health.
- Inflammation is reduced at 0.5Hz, swelling and oedema reduced at 3Hz.
- Peripheral circulation is helped initially at 15Hz, but maintained best at 12Hz.
- Joint mobility is improved at 0.5Hz initially, and then at 4Hz, 8Hz and 12Hz using the 'Auto Cyclic' function.
- Liver function may be assisted at 10Hz. Also a neutralising or energy balancing frequency.
- At all frequencies there is a promotion of nutrient and oxygen transport and uptake into the cells.
- Calcium, potassium and sodium balance may be restored, essential for normal cell function and health.
- Acid / alkaline pH balance assisted, and helps to reduce excessive acid conditions, and much more.

Many with cancer and those who have beaten cancer use the Magnafield as part of their cancer-fighting program with great success. Firstly, it seems to have halted the spread of cancer cells. Secondly, it has enhanced the immune system to help fight any remaining cancerous cells. Also, the patient's energy levels have improved dramatically and the oxygen and nutrient acceptance has increased, allowing for a faster healing process.

With this corrective form of treatment, using the proven frequencies, waveforms, and low intensity magnetic energy resonant induction therapy, inhibition of cancer cells has been noted and proved for over 15 years, but still not accepted in most orthodox establishments!

OTHER MAGNACARE PRODUCTS:



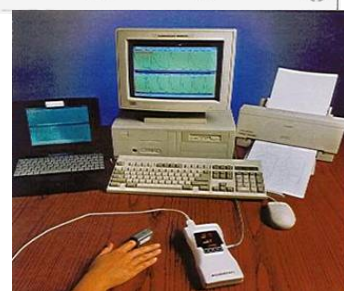
Magnafield®



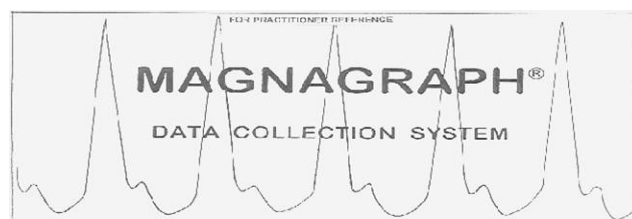
Magnatens®



Acu-Treat®



Magnagraph®



Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

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WHAT is VIBRATIONAL HEALING:**Bruce Tainio Research and Technologies**<http://www.spiritofnature.org/vibrationart.htm><http://www.tainio.com/ir/>**Healing Can Be Easy!**

Wouldn't it be an ideal world if all we had to do to overcome illness and disease was to lie back and listen to beautiful music? Well it's not as far fetched as you may think! From hands-on healers standing next to surgeons in the operating room to physicians calling psychics for assistance in diagnosis . . . the latest technology in the health arena is called "Vibrational Medicine".

Not Some New Fad!

Interestingly, vibrational or energy medicine is nothing new. It has been successfully practiced in numerous forms all over the world for thousands of years. Only recently has it come to the forefront in western society. That's because scientists have finally developed instruments that are sophisticated enough to measure how and why this mode of healing works. Considered "quackery" in the past, many of these "alternative techniques" are now being used in tandem with mainstream medical treatment. Many chiropractors have recently begun treating patients with acupuncture. The American Holistic Nurses Association is now training RNs to use therapeutic grade essential oils in a clinical setting.

Ancient Indian texts accurately describe the human energy system. Information and diagrams not only detail where the main energy centers are located but also, what part of the endocrine system each energy center works with and how imbalances in the energy center affect the physical, mental, and emotional state of the person. Specific vibrational tools are suggested for correcting imbalances depending on the particular energy center involved. These energy centers and the energy field surrounding the body can now be seen using Kirlian and other special photographic equipment.

Tai Chi is a Form of Energy Healing

The Chinese studied human energy for many years and came up with their own unique methods of working with it. What they discovered is that just as we have veins and nerves running throughout our bodies, we also have lines of energy called meridians. If the flow of energy along these lines is moving smoothly, we are in a state of good health. If the energy is blocked or there is too much energy in one area, we are in a state of dis-ease. Chi Kung and Tai Chi contain movements that open up the flow of energy along the meridians. Chi Kung exercises are designed to move and balance energy throughout the body. Tai Chi is a series of movements that works with the energy channels as well as increasing strength and flexibility of the physical body. It is now recognized by the MS Society (multiple sclerosis) as a valuable therapy.

Everything in the universe is energy. Nothing is actually solid. Instead objects are made up of microscopic particles vibrating at such a fast rate that they appear solid. Our limited sense of sight doesn't let us see the movement, or vibration, of the particles. Every object, including the human organs, have a natural healthy vibratory rate referred to as "resonance". If a part of the body begins to vibrate out of resonance or harmony, it creates what we term dis-ease. Jonathan Goldman, author of Healing Sounds: The Power of Harmonics, says: "If parts of the body become imbalanced, they may be healed through

projecting the proper and correct frequencies back into the body." Vibrational Medicine looks at the energy anatomy within and around the physical body. Imbalances and disharmonies are treated using frequencies from flower essences, sound, therapeutic grade essential oils, radionics, homeopathics, acupuncture, color, hands-on healing, and crystals." Each individual sound, color, crystal, or flower essence has a specific quality that is beneficial for a particular human organ, system, or emotion.

Low Frequency Equals Poor Health

<http://www.tainio.com/ir/>

Gary Young is the author of Aromatherapy: The Essential Beginning. The research he conducted with Bruce Tainio, inventor of the first frequency monitor, indicates that "the normal frequency range of the **human body is between 62-68 MHz**; but if it drops below that, the individual becomes a candidate for illness . . .

human body is between		62-68 MHz
cold symptoms appear at		58 MHz,
flu symptoms	at	57 MHz,
candida	at	55 MHz,
epstein bar	at	52 MHz,
cancer	at	42 MHz.

Stated simply if we can keep the body frequency high enough, and well oxygenated, we will be free of disease."

Disease Prevention is Possible

Part of the intense interest in the field of vibrational medicine is the knowledge that disharmony shows up in the energy field before it becomes a problem in the body. If imbalances can be detected while still in the energy field, theoretically dis-ease can be avoided altogether. Another plus for vibrational medicine is that it seems to have no negative side effects. It does, however, tend to produce more smiles, more energy, and an overall feeling of wellness. Most vibrational medicine techniques are complementary to one another and to traditional medicine.

Essential Oils are High Frequency

The higher the frequency, the more life force an object contains. More life force means better health. Life force is called Chi in China, Ki in Japan, and Prana in India. Each of these cultures has developed elaborate ways for humans to increase and balance the amount of life force they have within their bodies. Gary Young and Bruce Tainio discovered that

processed/canned food had a	zero MHz frequency,
fresh produce had up to	15 MHz,
dry herbs from	12-22 MHz,
and fresh herbs from	20-27 MHz.
Essential Oils (therapeutic grade) started at 52 MHz and went as high as 320 MHz, which is the frequency of rose oil.	

Essential oils have been used for thousands of years to treat physical and emotional ailments. Jean Valnet, M.D indicates in his book *The Practice of Aromatherapy* that essential oils are not only used to clean and disinfect European hospitals, replacing harsh chemicals but are also used to treat patients and are sometimes even ingested. In one test, Gary Young and Bruce Tainio found that **when a person drinks a cup of coffee, his/her frequency can drop by as much as 10 MHz. It can take 3 days or more days for his/her body to return to its original frequency. However, if they use an essential oil of 75 MHz or higher immediately after drinking the coffee, his/her frequency returned to normal in less than 1 minute.**

In addition to their use as vibrational medicine, therapeutic grade essential oils provide many other key roles in improving health. Essential oils serve the same function in the plant as blood does in the human body. Their complex chemical constituents cleanse, protect, oxygenate, nourish, and offer many therapeutic benefits. Many therapeutic grade essential oils have antiparasitic, antibacterial, antifungal, and antiviral properties. They also dissolve the petrochemical microfilm coating on human Growth Hormone (hGH) receptor sites. This microfilm prevents the receptor sites from receiving hGH properly which directly contributes to premature aging and a myriad of other health issues.

Negative Emotion Creates Disease

Gregg Braden, author of *Awakening to Zero Point* and *Walking Between the Worlds*, has research results which indicate that negative emotion causes the frequency of the body to decrease. On the other hand, feelings of love, joy, laughter, and other positive emotions cause the frequency of the body to increase. Jane Buckle, RN, international lecturer, and Assistant to the Queen's Physician of England, told me that if a person has an auto accident and doesn't deal with the fear that it caused, within 2 years it will show up as disease in the body.

The Harmonic Scale of Emotion, as described by Robert Tennyson Stevens, indicates which emotions are high frequency and which ones are not. The highest frequency emotion is enthusiasm. Love and joy also fall into this category. This is followed by pain (emotional or physical) which is followed by anger. The next lower frequency emotion is fear, which is followed by grief. Below grief is apathy. Finally, the lowest frequency emotion is unconsciousness (meaning it is so awful we have completely blocked out those situations from our lives). If we are experiencing anything less than enthusiasm in any area of our life, we have lowered our frequency and are running the risk of dis-ease. In order to be healthy, people must increase their frequency.

Protection from Electromagnetic Frequencies and Negativity is Available

Most practitioners of Vibrational Medicine use a technique called Applied Kinesiology, or muscle testing, to determine what frequencies would be beneficial for a person. If a product or frequency is beneficial the person will be strong. If the product or frequency is detrimental the person becomes weak. A test I often do as an example for my students involves a cell phone. When the cell phone is turned on, the person becomes weak. This happens because electromagnetic waves from the cell phone are disharmonious, disruptive frequencies for the human body. After spending a day at the office in front of a computer screen and under fluorescent lights most people feel wiped out. In truth, they are feeling the detrimental effects of electromagnetics in their energy field. Thankfully there are scientifically proven products, like *The BioElectric Shield*, that can protect a person from electromagnetic frequencies.

Flower Essences Aid in Healing on All Levels

Flowers contain the greatest amount of life force found in plants. Flower essences contain the energetic signature of the flower trapped in water through the use of sunlight. Each flower represents one or more qualities or emotions expressed by humans. The use of flower essences aids in balancing those qualities or emotions. This in turn aids in healing the physical issues caused by the imbalances. One of the beautiful qualities of flower essences is that they are self-regulating. This means a person can't take too much. When an optimal level is reached, the body and energy field simply stops accepting the essence.

Richard Gerber M.D. wrote *Vibrational Medicine: New Choices for Healing Ourselves* which is considered the definitive text on vibrational healing. In it he describes what he terms "The Human Multidimensional Energy System." An egg shaped energy field (or body) surrounds the physical body. There are several layers that make up the energy body. They go from the lowest frequency of the physical body at the center to higher and higher frequencies as you extend out toward the outer edge. The names he gives the various energy layers are the etheric body, the astral body, the mental body, and furthest out the causal body. Dr. Gerber indicates that homeopathy only works with the physical and the etheric bodies. Flower essences, however, work with all the subtle bodies, the physical body, and even higher spiritual energies. Regardless of the origin of the problem – physical, mental, emotional, or spiritual – flower essences can aid in healing.

Sound Can Be a Powerful Healer

Sound moves in waves through the air and is measured in cycles per second. According to Jonathan Goldman, humans only hear within the range of 16 to 16,000 cycles per second. Dolphin sonar is around 180,000 cycles per second. Richard Daab, in an Interview with Ilona Selke, writes that, "Dolphins recently have made the news as being better therapists than many humans. People in pain receive relief from swimming with dolphins when nothing else has helped. Autistic children suddenly become cooperative and interactive, where only a wall of silence was seen before." Perhaps it is because dolphins emit such a high frequency that people experience healing while in the water with them.

Healing with Sound can be accomplished in many ways. Sound healing practitioners can play instruments, use their voice, or play tapes or CDs. They can even have the client lie on a bed with speakers and circuits arranged so the music waves literally flow through the entire body. This special bed is often referred to as a "sound chamber." At the beginning of the article I mentioned just lying back and listening to beautiful music in order to heal. Remarkable experiences have been reported with the use of sound.

Hands on Healing is a Powerful Way to Raise Vibration

Reiki and Therapeutic Touch are but two of the many names for Hands-on Healing. While a person sits or reclines, high frequency energy flows through the practitioner's hands to the client. The various types of hands-on healing use different hand positions and movements. Several scientific studies have been performed which clearly show that a greater amount of energy is emitted from a healer's hands than from a non-healer's hands. Apparently we all have the ability to channel high frequency energy through our hands. We simply have blocks in the energy channels in our body, which prevent us from doing it. Through the practice of Chi Kung exercises or the formal study of Reiki and other techniques, we are able

to open the necessary channels to be hands-on healers. A few individuals are born with the channels open and they are considered "natural healers." The most famous practitioner of hands-on healing was Jesus of Nazareth. Intrasound is like having a Hands On Healer in a jar.

At the beginning of the article I mentioned hands on healers and psychics aiding doctors in their practice. These are the specific examples I was referring to. Julie Motz, a healer from the U.S. and author of *Hands of Life*, accompanies an open-heart surgical team. She does hands-on healing with the patient before, during, and after surgery. Recovery time is much shorter for patients who receive this treatment as compared to those who do not. Caroline Myss is a medical intuitive and author of numerous books including *Anatomy of the Spirit*. Norman Shealy M.D. began calling and supplied her with a patient's name and age. With just those two bits of information she could provide a diagnosis of the patient's medical condition, as well as the emotional trauma or belief that caused it, with greater than 95 percent accuracy.

Prevention is Always the Best Policy

Gabriel Cousens M.D., in the Preface to *Flower Essences and Vibrational Healing* by Gurudas, says, "Although we often misperceive disease as something that happens on the physical plane, the true cause of disease comes from a conflict between the mind and the soul. While vibrational therapies such as flower essences can help overcome these problems, even stimulating healing of physical diseases, inner tranquility and calmness to prevent and overcome the real causes of disease can only be obtained through spiritual practices such as meditation."

In order to understand why essential oils are so effective, it helps to know the scientific discoveries about frequency. Frequency is the measurable rate of electrical energy flow between two points. According to the late Dr. Royal Rife, a healthy human being resonates at a frequency between 62 and 78 megahertz during the day. Dr. Rife's frequency generator indicated that every disease has a certain frequency as well. He taught that a substance with a higher frequency could destroy a disease with lower frequency. More recently, the pioneering scientist Bruce Tainio built the world's first "bio- frequency monitor," which can actually test a frequency. He teaches that when a cold or flu sets in, our body's normal frequency drops to 58 Hz. Candida and fungus resonate at about 55. Barr and Chronic Fatigue Syndrome start at about 52. Recently, Dr. Gary Young, along with Tainio, got some very interesting results when they measured the frequencies of certain foods.

Canned foods register at 0-15 Hz, dry herbs at 15-22Hz, fresh herbs at 20-27 Hz, and essential oils from 52 to 320 Hz! (Pure grade A rose oil has the highest frequency of all at ... 320. Wow! Hold the mustard, mister, and pass the rose oil.)

INFINITY RESOURCES

SOUTH 12102 ANDRUS ROAD - CHENEY, WA 99004

Products:

<http://www.tainio.com/ir/>

- [The BT3 Frequency Monitoring System](#)
- [Concerto EMF Protector](#)

<http://www.tainio.com/ir/irproducts.htm>

BT3 FREQUENCY MONITORING SYSTEM

- [Introduction](#)
- [FAQ](#)
- [Instructions](#)



[click here to see the full size picture](#)



[click here to see the full size picture](#)

We invite you to contact us at (509) 747-5471 or [e-mail](#) for BT3 Frequency Meter waiting list.

BT3 FREQUENCY MONITORING SYSTEM

The BT3 frequency monitoring System has a one of a kind sensor that can be used to measure the frequency of any substance or object. When measuring plants, the frequency of the healthier, more nutritionally balanced plant will always have a higher frequency than the less healthy one.

In working with rock powders for agricultural application, we choose certain combinations based on their frequency readings. We then send samples to a laboratory for a mineral analysis to confirm our findings, and our choices have always turned out to be the best mineral combinations.

Frequencies of an individual can be measured also. You can determine where an energy block or leak is occurring in the body by reading the frequency levels. Where there is an energy leak the reading will spike. For example, in the case of a back injury, the meter will show an energy spike at the injured vertebra. If a person isn't feeling well, his or her brain energy reading will be lower than it would normally be if well rested and in good health. You can check specific organs by placing the sensor on that area. If the organ is not functioning properly, the frequency will be significantly lower than the other organs.* You can even tell whether a person is functioning in a right brain or left brain mode.

We have used the meter to test foods and supplements. Generally speaking, a higher energy reading indicates that it is a nutritionally beneficial food. Highly processed foods will show very low frequency readings compared to fresh fruits or vegetables, for example.

The meter's applications are limited only by one's imagination. The best way to use it is in comparison studies, comparing one product with another, or taking before and after measurements.

What makes this frequency meter unique is its extremely sensitive sensor. Because of its high sensitivity, background interference will usually have to be taken into account. It does take some practice and patience at first. It is easier to use if you find a place in your home, laboratory or office that has as little electromagnetic interference as possible, then always use your meter in that area if you can. The meter may not give you a zero reading to start with; but a room with minimal interference from radios, computers, etc. is better because you can establish a base line to work with.

This is only a brief description of what beginning users can do with the BT3 Frequency Monitoring System. Frequencies have harmonics which have significant meaning or application to mathematicians and scientists involved in the study of sacred geometry, and practitioners using color, sound, and aroma therapies.

Please call our office for a price quote at 509-747-5471 or inquire by email info@tainio.com.

* The BT3 Frequency Monitoring System is intended as an instrument for research, and not as a diagnostic tool.

BT3 Monitor FAQ:

Q. 1a) What does Hertz mean?

A. All atoms in the universe have vibrational motion. Each periodic motion has a "frequency", (the number of oscillations per second), measured in Hertz:



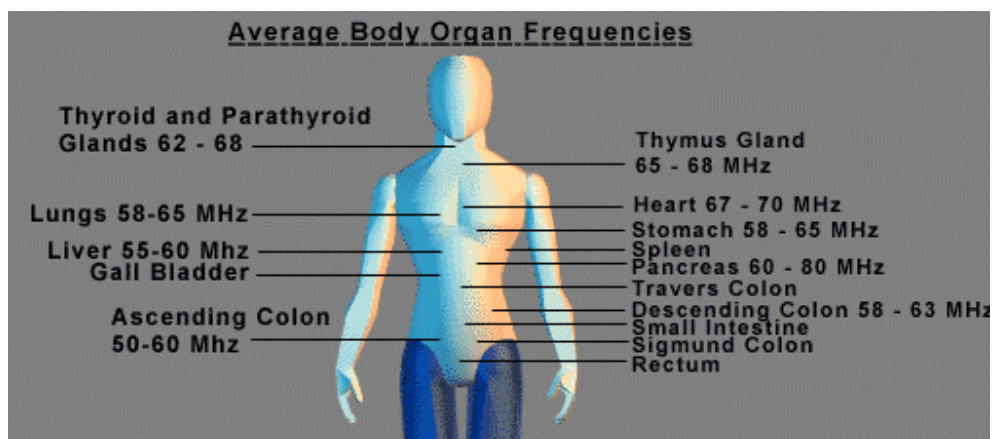
1 Hertz = 1Hz = 1 oscillation per second
 1 Kilo Hertz = 1KHz = 1000 oscillations per second
 1 Mega Hertz = 1MHz = 1,000,000, oscillations per second
 1 Giga Hertz = 1GHz = 1,000,000,000 oscillations per second
 1 Tetra Hertz = 1 THz = 1,000,000,000,000 oscillations per second

- A living, healthy cell oscillates at 27,000,000,000,000 Hz
- DNA, within the cell, resonates at 8,540,000,000,000 Hertz
- The vibrational frequencies of atoms in non living solids at normal temperatures are of the order of 10^{13} Hz.
- Vibrational frequencies of blue light are of the order of 7.5×10^{14} Hz.
- Red light has a vibrational frequency of 4.6×10^{14} Hz.

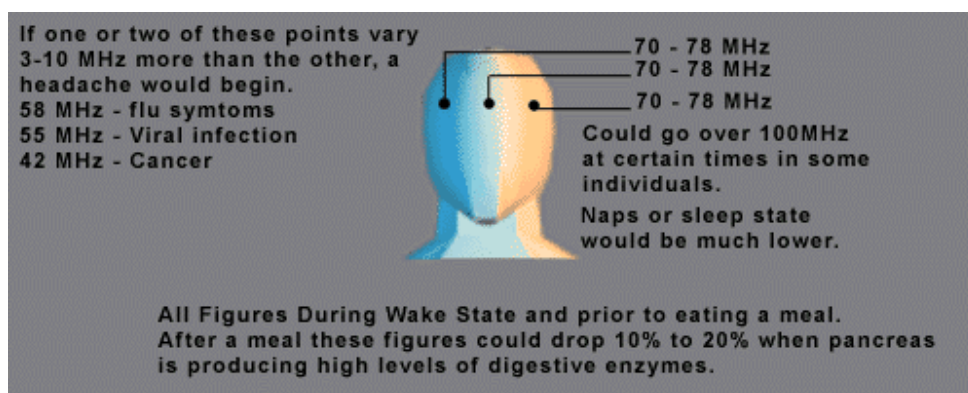
Q. 1b) I read some literature that stated the frequency of a person is 60 to 90 Hertz. Is this correct?

A. There are two parts to this answer. Part one is that the measurement should be in megahertz instead of Hertz. Part two is, the correct way to determine a person's overall frequency with the BT3 frequency

monitoring System is to take composite readings on various points of the body and average those numbers together. You can also take individual readings of specific areas of the body. The thing to remember is that an individual's frequencies can go up or down at any given time depending on many variables, and that everybody will be different. Your body is an antenna, picking up other frequencies from the environment. Your height and body shape is one variable that makes your own frequency unique. That the frequency of a human body falls within a specific range must be taken as a broad, general statement.



Average Brain Frequencies:



Q. 2) If I compare the frequencies of two similar products, is the one with the higher frequency of better quality than the other?

A. Yes and no! The study of frequency is a complex science. When measuring an object it is not just a matter of looking at the one frequency, but the harmonics of that frequency are important as well. In other words, if you compare the frequencies of two apples, you can be confident that the apple with the higher frequency will be the better choice as far as nutritional value and freshness is concerned. But if you are comparing the frequencies of substances such as one vitamin supplement to another, it is quite possible

that the harmonics of the lower frequency supplement could be more significant than that of the supplement showing the higher reading. Therefore the higher reading might not be quite as significant a factor as one would at first assume.

Q3) What do you mean by harmonics?

A. We can explain harmonics by using the keys on a piano as an example. A musical note is a frequency, and there are other notes up and down the scale which harmonize with that particular note. For example a high C is a harmonic of middle C. If you measure a substance and calculate its harmonic frequencies, you may discover that your subject has a harmonic frequency which correlates with something as significant as cellular DNA or the frequency of a particular element such as calcium for example. This is a very elementary part of what is known as the science of sacred geometry.

To learn more about this fascinating science, Randy Masters, a leading expert in sacred geometry recommends the following reading: "Sacred Geometry" by Robert Lawlor, published by Dover, "The Power of Limits" by Gyorgy Doczi, published by Shambahla, "The Divine Proportion" by H.E. Huntley, published by Dover, and "The Geometry of Art and Life" by Matila Ghyila, also published by Dover. Randy Masters is a musical composer, teacher and lecturer. He teaches classes on sacred geometry, applications of sacred geometry and sacred numerology, the interface between sound and music, harmonics of the unified field, and music of the spheres. For information on these classes you can contact Randy at (831) 662-2594 or email at universalsong@yahoo.com or you can visit his website at [The Universal Song Workshops](#).

Q4) For what purpose was the frequency monitor originally invented?

A. Bruce Tainio has been studying energy for many years. He had a need to measure the frequencies of plants, soil and water in his agricultural and remediation studies. There was no such instrument at the time that could provide him with this information, so he set out to invent one himself. After several years of research and development, Bruce was able to build the first BT3 Frequency Monitoring System. Over time the meter has been modified and perfected into the current model we now have today.

Q5) How does the frequency monitor work?

A. As a Hertzian wave is generated and travels out from its source, the wave transfers energy to the objects that it passes through. The frequency monitor's sensor measures the nano voltage of the wave passing through an object.

Q6) Who uses these frequency monitors?

A. The BT3 Frequency Monitoring System, also known as the frequency meter, is not for everyone. (It is not for playing "Star Trek" with.) It is a scientific instrument used by people conducting studies on the applications of frequency. It is currently used for research in the fields of medicine and health, product development, quality control and agriculture. The meter is most effectively used as a tool for comparison studies.

Q.7) Can I get a frequency monitor today?

A. Each sensor is hand made individually for it's owner right here at Infinity Resources in our electronics lab. It usually takes three to four weeks from the time you order to the time you receive your meter.

Q.8) Do you offer a money back guarantee on the frequency monitor?

A. Infinity Resources will replace or repair defective parts for up to one year from the date of purchase. Damage from mistreatment or neglect is not covered under warranty, and all sales are final.

Q.9)I have a book on essential oils which lists the frequencies of some of the oils. Why can't I duplicate these measurements with my frequency monitor?

A. The frequency of an essential oil, like any other substance, can depend on many variables. How the plants were raised, how they were harvested, how the oil was processed, how it is stored, the age of the product. To determine an average frequency for any product, one should measure and composite frequencies from several batches.

Q.10) I have read many interesting things about the BT3 Frequency Monitoring System and about Bruce Tainio's work on the internet and in other publications, some of which you do not mention in your own literature or on your web site. For example, I read that the meter is being used in research at Johns Hopkins University, but I don't find that information in any of your literature. Why is that?

A. We recently read on the World Wide Web that Elvis lives, too! The main purpose of this web site is to make available the most complete and accurate information possible to those who are interested. We are grateful for the many phone calls and letters we receive every day, because we have been able to use these inquiries to put together an information package based on what people like you have expressed a desire to know. If you find information about the frequency meter or about Bruce's research that did not originate from us, or that is not included in this web site, it may or may not be entirely accurate. Please remember to take it with a grain of salt. We do!

for the BT3 Frequency Monitoring System

USE:

This frequency counter is subject to two fundamental limitations in it's sensitivity. The first is the noise of the electrons moving through the circuitry of the counter input circuitry. For a typical 3GHz bandwidth front end, this results in input noise floor of about -70dBm. Since any desired signal to be counted must exceed this level by 10 – 15dB so the



counter can reliably count zero crossings, the limiting sensitivity is -44 to -60dBm. This figure is approached by this counter when operated in a laboratory environment, but there is another, more limiting factor when attempting to count radiated signals using the special designed bio-frequency sensor.

Unless you find yourself on a deserted Pacific island, the signal you intend to measure is not the only one reaching the counter's sensor. Once the sensor is attached to the counter, every signal besides the one of interest becomes a source of interference and the second sensitivity limitation. The level of these incidental signals can be quite large, in fact, and usually is the limiting factor in bio-frequency measurement.

Local AM, FM, and TV transmitters broadcast with hundreds of kilowatts and yield an RF background that obscures all measurements. Again, since the desired signal must exceed all others by 10-15dB, this difference in level can only be achieved by getting the counter much closer to the desired source. Thus, touching the Bio-sensor on the spot or object to be read, will increase the level performance of the system.

Concerto™ EMF Protector

Use at the office to guard against negative effects of Electromagnetic Fields (EMF's) from computers, fax machines and copiers.



Protect your family from the possible harmful effects of kitchen appliances, televisions, stereos, nearby power lines and home computers.

When you're on the go, the Concerto™ works quietly against the effects of cellular phones and pagers with DC power and optional adapters

Feelings first

LIVE FEELINGS FIRST

ESSENTIAL OILS:

Essential oils are the subtle, precious liquids that are distilled from plants, shrubs, flowers, trees, roots, bushes and seeds. They contain oxygenating molecules that transport the nutrients to the cells of the body. Without oxygen, nutrients cannot be assimilated, leaving us nutritionally depleted. Clinical research shows that essential oils help create an environment that disease-causing bacteria, viruses, fungi, etc. cannot live. Science is only now rediscovering and beginning to acknowledge the value of the healing substances that were used in ancient times.

Properties of Essential Oils

- Antibacterial, anti-viral, anti-fungal, anti-parasitic and antiseptic.
- Stimulate the immune system.
- Increase oxygen, negative ions and ozone.
- Provide a delivery system for nutrients directly to cells.
- Assimilate into the body in 25 minutes without leaving any residues.
- Promote healing on all levels: physical, emotional and spiritual.

Grades

There are three grades of essential oils: Grade A (therapeutic), B (food grade) and C (perfume grade). Over 90% of the essential oils in this country are of the lower grades, less expensive and poor quality. Most of those oils are cut with carrier oils, alcohol, chemicals and synthetics that can cause them to go rancid. All Young Living oils are 100% pure essential therapeutic grade oils. After researching and trying many different brands, we have found Young Living oils to be unsurpassed in quality and effectiveness, which is why we feature them on this site.

Mr. Young is considered one of the most foremost authorities on "Aroma Therapy" in North America. He travels the world to find the finest plants and personally visits the fields where the botanicals are grown. Mr. Young also inspects the quality of plants to assure they are grown organically to his specifications.



Frequency

Only grade A oils carry electrical frequency, which have full health benefits. Frequency is the measure of electrical energy between any two points. Electrical frequency is measured in hertz (Hz), megahertz (MHz) and kilohertz (kHz). Grade A essential oils range from 52 Hz (basil) up to 320 Hz (rose).

Bruce Tainio of Tainio Technology, a division of Eastern Washington State University, Cheney, WA, developed new equipment to measure electrical frequency in humans and foods. This equipment was used in a research study at Johns Hopkins University to determine the relationships between frequency and diseases. The results of that study are as follows:

Human:

From neck up	72-78Hz
From neck down	62-68Hz
Receptive to a cold	58Hz
Receptive to Epstein Barr	52Hz
Receptive to cancer	42Hz
Death of body begins	25Hz

Food:

Processed	0Hz
Dried	15-22Hz
Fresh	20-27Hz
Dry herbs	15-22Hz
Fresh herbs	20-27Hz

While holding a cup of coffee, one man's frequency dropped from 66 Hz to 58 Hz; it took three days for the frequency to return to normal. Another man drank the coffee. His frequency dropped from 66 Hz to 52 Hz. After inhaling the oil formula, R.C., this man's frequency returned to normal in approximately 21 seconds! And another man's frequency dropped from 65 Hz to 48 Hz while holding a cigarette; smoking the cigarette, his frequency dropped to 42 Hz, the same frequency as cancer.

Thoughts also influence our frequency. Negative thoughts lower our frequency by 12 Hz. With positive thoughts, it raised the frequency by 15 Hz. Finally, prayer and meditation increase our frequency by 15 Hz.

Oxygen

Oxygen delivers nutrients to body cells. Disease cannot exist in an oxygen rich environment. If a cell has been deprived of oxygen, the cell wall hardens and nothing can pass in or out of it. The primary constituent of essential oils is oxygen. Essential oils are lipids soluble that can easily penetrate a cell membrane. If the cell membrane has hardened, essential oils have the ability to soften it, penetrate and re-oxygenate the cell. This allows the cell to function normally again. In fact, the cell can begin releasing chemical toxins in an oxygen rich environment. Essential oils deliver 21% more oxygen to every cell in the body within 20 minutes without harmful effects.

Brain

There is a barrier membrane between circulating blood and the brain, which prevents certain damaging substances from reaching the brain tissue and cerebrospinal fluid. This is known as the blood-brain barrier. According the Medical Association, diseases such as M. S., Parkinson's, Lou Gehrig's Alzheimer's could be treated if an agent was found that passes the blood-brain barrier. In June 1994, it was documented by the Medical University of Berlin, Germany and Vienna, Austria that the agent of sesquiterpenes has the ability to pass through the blood-brain barrier. High levels of sesquiterpenes are found in many of the essential oils; the highest amounts are found in Frankincense and Sandalwood.



Essential oils containing sesquiterpenes increase oxygen in the limbic system of the brain, particularly around the pineal and pituitary glands, this leads to an increase in secretions of anti-bodies, endorphins and neurotransmitters.

In the limbic system of the brain, there is another gland called the amygdala. In 1989, it was discovered that the amygdala plays a major role in storing and releasing emotional trauma. The only way to stimulate this gland is with fragrance, or the sense of smell. Therefore, we are able to release emotional trauma with Aromatherapy and essential oils.

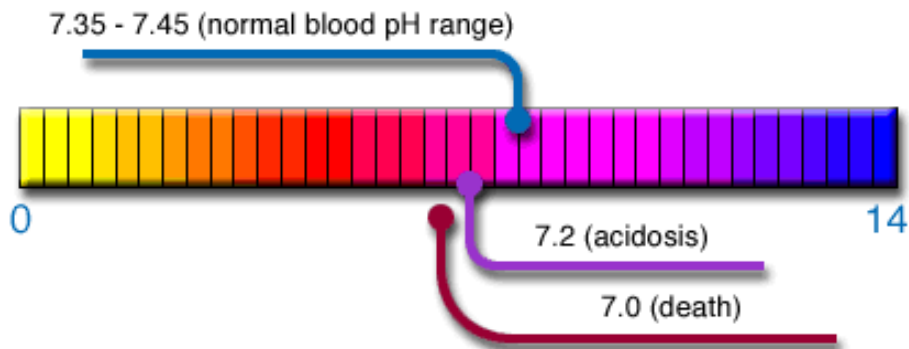
History

Essential oils were man's first medicines. The ancient Egyptian people used oils for healing diseases, skin and hair care, embalming, and in religious rituals and ceremonies. Well-preserved oils were found in alabaster jars in King Tut's tomb. According to the translation of ancient Egyptian hieroglyphics and Chinese manuscripts, priests and physicians were using oils thousands of years before Christ. There are 188 references to oils in the Bible. Some precious oils such as frankincense, myrrh, rosemary, hyssop and spikenard were used for anointing and healing of the sick. Biblical prophets recognized the use of essential oils as protection for their bodies against the ravages of disease. Some of Gary Young's oil blends are from recipes from the Bible and ancient Egyptian hieroglyphics.

The ancient process of distillation is a delicate and precise art that has almost been forgotten. Processing with low pressure and low temperature are the key to maintaining the ultimate fragrance and therapeutic value. High pressure, high temperatures, rapid processing and the use of solvents or any other chemical will fracture the oil molecule thus altering the fragrance and destroying the therapeutic value. Any chemical that is combined with an essential oil will destroy the effectiveness of the oil's purpose and function. Producing the purest of oils is very costly and may require several hundred, or even a thousand pounds of plants to extract one pound of oil. For an example, *Lavendula Officinalis* requires 175-250 pounds to produce one pound of pure lavender oil. It takes approximately 5,000 pounds of rose petals to produce one pound of rose oil. Peppermint requires 35-40 pounds of plants to produce one pound of oil. And melissa requires three tons of plants to produce one pound of oil.



Keeping your Hz frequency up may be akin to keeping your pH range higher towards alkalinity:



Concentration of Hydrogen ions compared to distilled water	pH	Examples of solutions at this pH
10,000,000	pH = 0	Battery acid, Strong Hydrofluoric Acid
1,000,000	pH = 1	Hydrochloric acid secreted by stomach lining
100,000	pH = 2	Lemon Juice, Gastric Acid Vineger
10,000	pH = 3	Grapefruit, Orange Juice, Soda
1,000	pH = 4	Tomato Juice Acid rain
100	pH = 5	Soft drinking water Black Coffee
10	pH = 6	Urine Saliva
1	pH = 7	"Pure" water
1/10	pH = 8	Sea water
1/100	pH = 9	Baking soda
1/1,000	pH = 10	Great Salt Lake Milk of Magnesia
1/10,000	pH = 11	Ammonia solution
1/100,000	pH = 12	Soapy water
1/1,000,000	pH = 13	Bleaches Oven cleaner
1/10,000,000	pH = 14	Liquid drain cleaner

RADIONICS:<http://www.radionic.co.uk/>

The Radionic Association of the UK is the leading organisation for the training of Radionic healers, and also acts as their professional body. It maintains a Register of qualified practitioners. Any person over the age of 18 may apply to join as an Associate Member whether they intend to train or not (see 'How to Join' for further details). Many members are Associates and are interested in supporting Radionics and keeping abreast of developments in the field

Radionics is a technique of healing using extrasensory perception (e.s.p.) and an instrument. It is not directed at the physical body so much as at the subtle energy fields, those fields undetected by the normal senses but which support life and are essential for its functioning. The patient can be with the practitioner or many miles away – distance is irrelevant. The scientific view of the world is now changing and Radionics can be more readily accepted into that view.

Experience has shown that radionic treatment can be helpful in a wide range of conditions. It does not replace nor interfere with conventional medical care, but supplements it. It may be of value in situations where conventional medicine has little to offer.



A radionic practitioner with a variety of radionic instruments

Radionics is also a useful supplement to other complementary therapies.

Radionic techniques can also be used to help ANIMALS, SOIL and CROPS.

WHAT IS RADIONICS?

Radionics is a method of sending precisely defined healing energy to people, animals or plants, no matter where they are in the world. The name reflects the view of early practitioners that they were 'broadcasting' healing, but we now believe that radionic treatment occurs at a level of reality where there is no distance between us. This is a challenging concept, but it is entirely compatible with modern physics and also with the ancient mystic teaching that at some level we are all one, and that at this level exchanges of healing energy can occur.

Maintaining your invisible energy field.

Fundamental to radionics is the view that a living body has a subtle energy field which sustains and vitalises it. If the field is weakened, for example by stress or pollution, then eventually the physical body also becomes weak, leaving it susceptible to illness. The aim of radionics is to identify the weaknesses in this field and to correct them, and thereby alleviate or prevent physical or emotional dis-ease.

This subtle field cannot be accessed using our conventional senses. Radionic practitioners use a specialised dowsing technique to both identify the sources of weakness in the field and to select specific treatments to overcome them.

'Tuning In'.

It is not necessary for a patient to be present for the practitioner to 'tune in' to him/her. Something unique to the patient such as a signature or hair sample may be used as a proxy, or 'witness'. This can happen, we believe, because part of the mind of each of us is linked via a universal mind. The universal mind seems to function outside the familiar space-time framework of our day-to-day lives and that is why it does not matter where the patient and practitioner are geographically located. They can be together or many miles apart.

In order for a practitioner to carry out an analysis and treatment, the patient completes a case history form and gives his/her consent. (In the case of children or animals the consent of the parent / guardian or owner / trainer is required.) Consent can be withdrawn at any time. All information provided by the patient is held in the strictest confidence.

How radionic healing is carried out.

Practitioners use an instrument to both analyse and treat the physical and emotional weaknesses evident in the patient's subtle energy field. Understanding this field requires extensive study. The instrument serves to focus the thoughts of the practitioner and many types are in use, varying in complexity from computerised machines to quite simple devices. Once the weaknesses in the subtle energy field have been identified specific healing treatments, usually coded in the form of numbers called 'rates' which represent the ideal energy states to be induced, are conveyed to the patient with the aid of the instrument.

What to expect during radionic treatment.

The first sign that treatment is working may be an increased feeling of well being. An improvement in physical symptoms usually follows. If you have been ill for a long time several months of treatment may be needed. It is advisable to keep in regular contact with your practitioner during your treatment in order for it to be as effective as possible. Radionic treatment can also be helpful for those suffering chronic or terminal illness.

What about children, animals and plants?

All living things may be treated using radionics. Babies, children and animals respond well to treatment, and using 'the box', shorthand for a radionic instrument, is commonplace in equestrian circles. (Note: There is a legal requirement for parents / guardians to obtain adequate medical care for children, and

owners / trainers to obtain veterinary care for animals. Radionics is not a substitute for this.) Radionic methods have also been successfully employed in horticulture and agriculture.

What people are saying about radionics today

In his book, *Vibrational Medicine for the 21st Century* (London, Piatkus, 2000) Richard Gerber M.D. writes:

'This developing science provides a whole new understanding of the far-reaching potentials of human consciousness and the hidden capabilities of the multi-dimensional human being.

It is a unique healing modality – a system of diagnosis and treatment geared to more than just the physical body.... It may ultimately teach us the most about the vibrational nature of healing and consciousness itself....and aid us in releasing our own inner capacities for self-healing and healing at a distance.'

Radionics is also an environmentally friendly therapy. There is no drain on natural resources nor unwanted side effects.

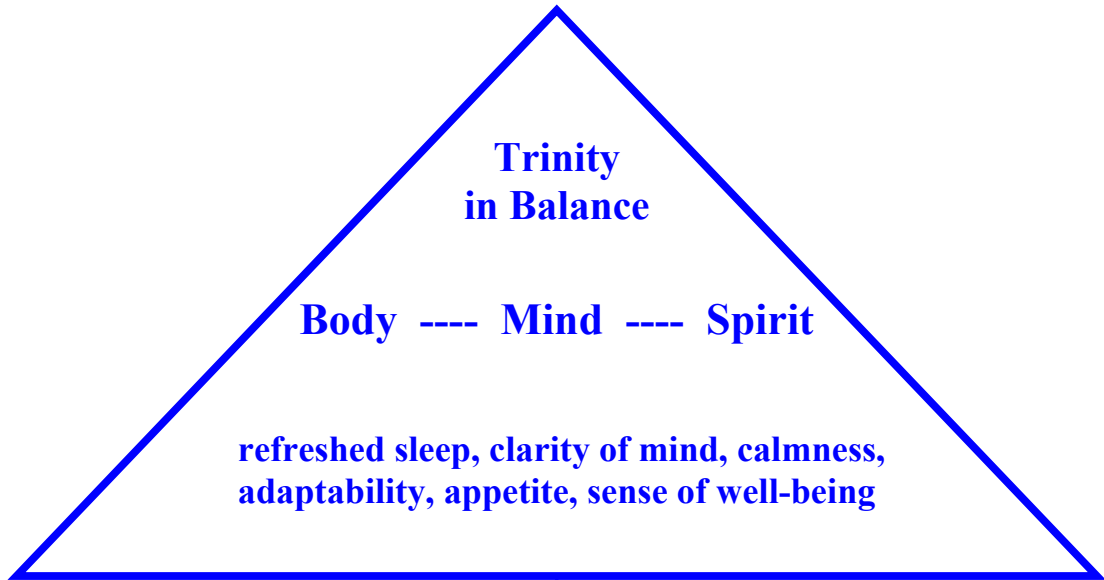


Feelings first

LIVE FEELINGS FIRST

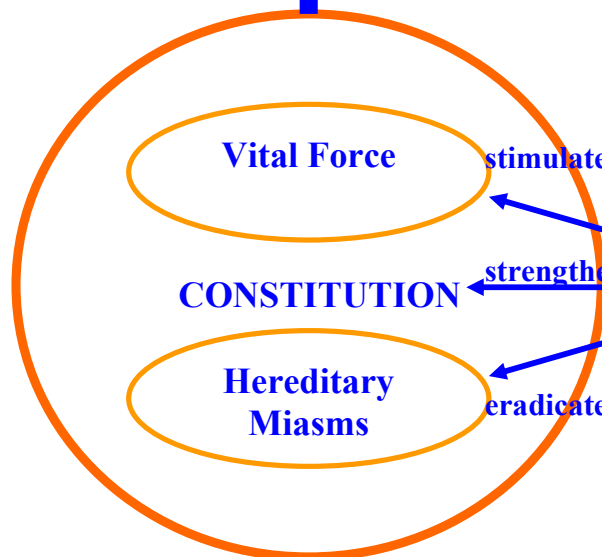
HOMEOPATHY:

The Homeopathic Paradigm of Healing



can create

Nutritional chi
Respiratory chi
Healthy



stimulates

strengthens

eradicates

Action of
Homeopathic
Remedy

RATIONALE for VIBRATIONAL MEDICINES – HOMEOPATHY:

P.139 Energy Medicine by James L Oschman

Diseases and disorders alter the electromagnetic properties of molecules, cells, tissues, and organs. In addition to the familiar regulatory systems studied by physiologists, the human body contains an electromagnetic control network. Ancient methods such as acupuncture recognise, understand and treat via these systems. Modern research is determining their biophysical mechanisms and electromagnetic ‘languages’.

Vibration medicines such as homeopathy demonstrate that similar or even better results can be obtained by providing the electromagnetic fingerprint or signature of a natural substance (Smith 1994). ‘Energetic pharmacology’ distinguishes this approach from conventional chemical pharmacology.

A substance, or its electromagnetic signature, challenges the defence and repair systems to respond, without the side-effects of pharmacological interventions. In some cases an imbalanced system is restored by introducing a signal that cancels a discordant or pathological frequency that is disturbing the body.

In bodywork and movement therapies, the emanations from a therapist’s own tissues can provide electromagnetic information that opens or augments vital communications in a patient’s tissues. Light and sound therapists apply energies of particular frequencies to appropriate points on the body (e.g. ‘colourpuncture’, Mandel 1986).

The human body emits vibratory information that precisely specifies the activities taking place within.

Homeopathy and other vibrational medicines take advantage of the water system and its great sensitivity to electromagnetic fields. Perhaps the troubling ‘artifact’ of water absorption actually explains how homeopathic dilutions and the body’s water system absorb information from a substance. **‘Water memory’ does not violate any laws of physics or nature. It simply means that our understanding of water is incomplete.**

In homeopathy, molecular signatures are transferred from a biologically active molecule to the water in which it is dissolved. This happens when the homeopathic physician ‘succusses’ the sample. Succussion is a method of vibrating or sending a shock wave through a solution. **Dissolved molecules are made to vibrate intensely and coherently, and they therefore emit their electromagnetic signatures (emission spectrum).**

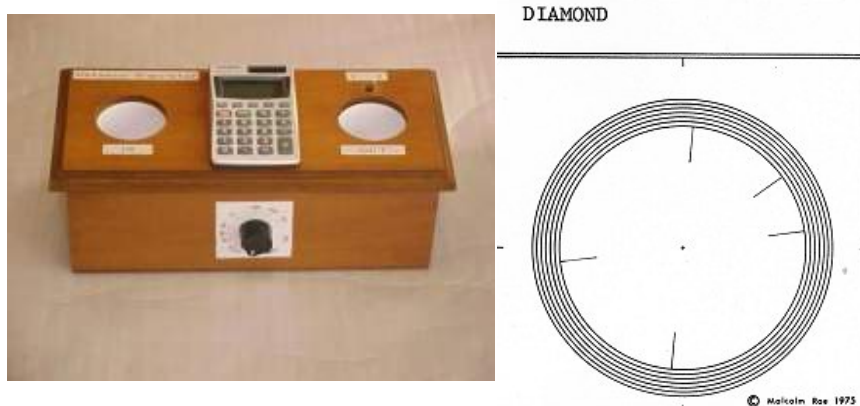
One plausible mechanism for water memory storage, published by Smith (1985), is that hydrogen bonds hold water molecules together in a helical structure that acts like a coil. The magnetic components of fields emitted by the vibrating molecules induce current flows through the water helix. These currents reverberate within the water structure, much like the ringing of a tuning fork.

Even when the sample has been diluted to the point that the original molecule is gone, the signals stored in the water continue to vibrate for a long time. Upon further dilution and succussion, the reverberating signals transfer to other water molecules used to dilute the sample.

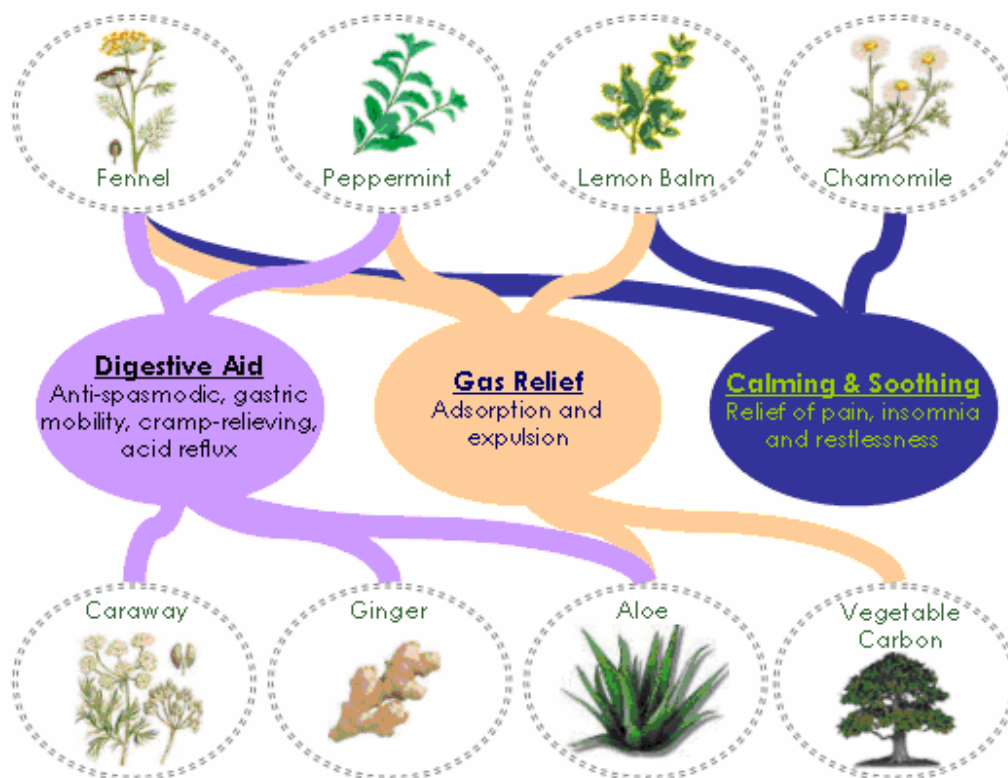
The ability of atomic systems to recall coherent electromagnetic pulses is known to physicists (Brewer & Hahn 1984). Several independent reports document storage of information by water (e.g Trinchler 1980).

Homeopathy introduces into the body the healing vibration that is necessary to rectify the imbalance and restore harmony.

Malcolm Rae has recorded the vibrational levels of some 3,000 remedies on cards which enables the accurate delivery via a Potency Simulator as shown here.



Colic Calm – Homeopathic Treatment Chart



DOWSING:

How does pendulum dowsing work?

Just as radios pick up information from unseen radio waves, the pendulum is a powerful antenna that receives information from the vibrations and energy waves emitted by people, places, thoughts and things.

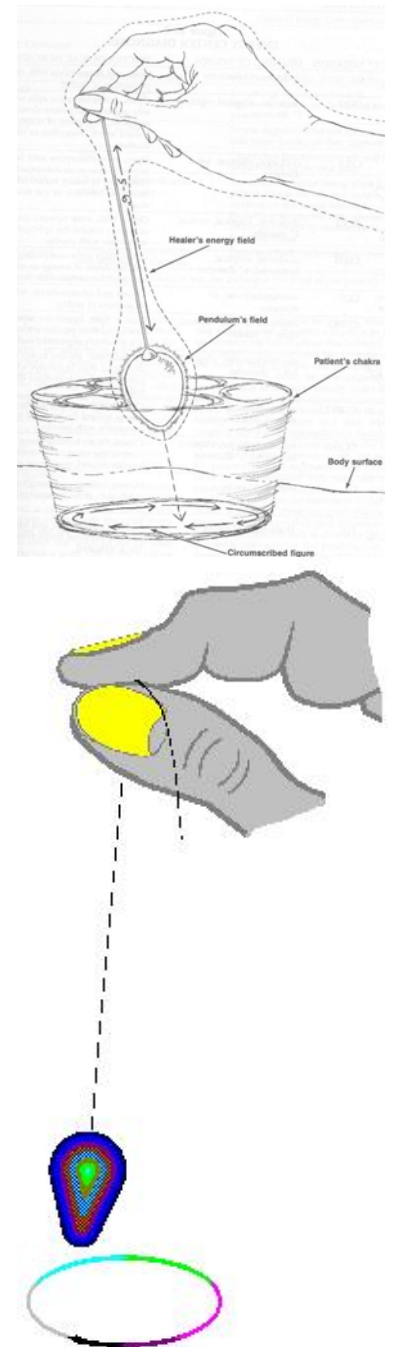
Noted physicist, Albert Einstein, was known to perform impressive feats with such dowsing tools. He believed that it had to do with electromagnetism: just as birds migrate following the Earth's magnetic field, dowsers react to energies that are unseen and still not fully understood.

Some people say that the pendulum creates a bridge between the logical and intuitive parts of the mind. Some say that the pendulum connects them with a higher power and call it "divining" as the information is believed to come from a divine source. Research by many scientists indicates that the pendulum responds to electromagnetic energy that radiates from everything on Earth.

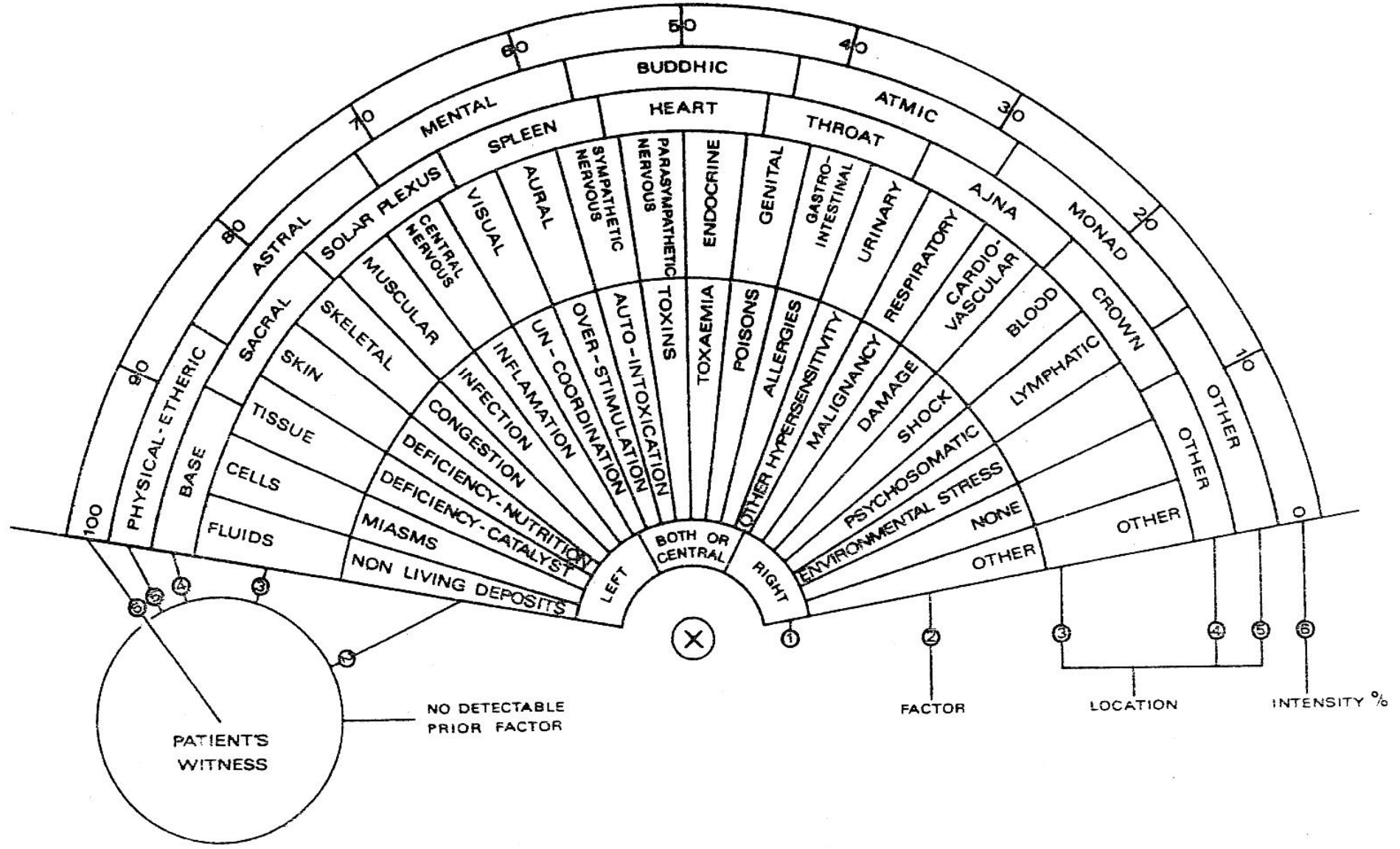
No one knows for sure how the pendulum works, but the important thing is that it does work! As Thomas Edison is said to have replied when asked about electricity: "I don't know what it is, but it's there, let's use it."

Other famous dowsing advocates in history include Leonardo De Vinci (inventor), Robert Boyle (father of modern chemistry), Charles Richet (nobel prize winner), and General Patton (U.S. Army).

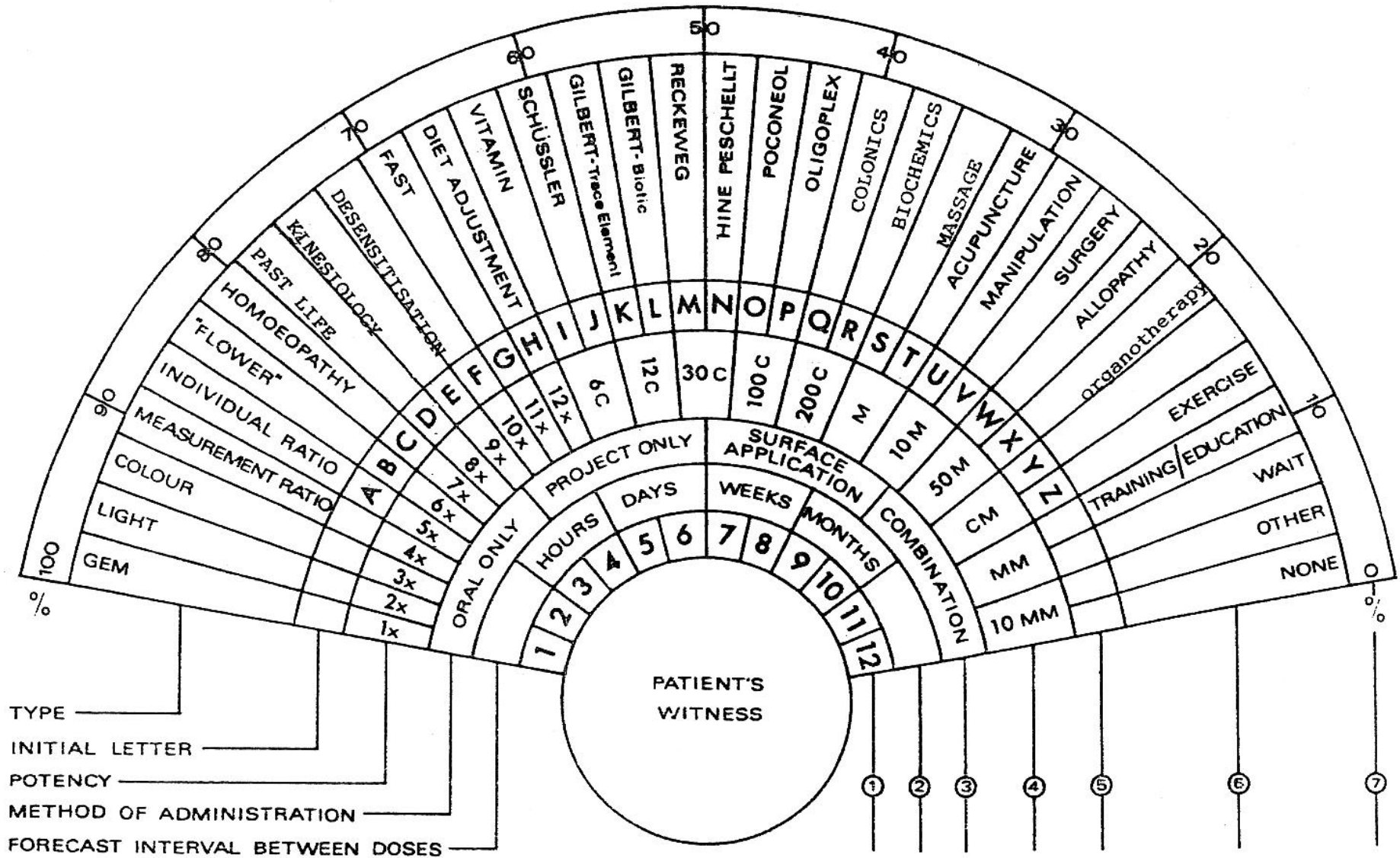
Even if you do not understand how the pendulum works, just as most people don't know the inner workings of a television or telephone, you can still benefit from its use. You do not have to be psychic to use a pendulum; there is nothing magical or mystical despite the fact that friends and family are always amazed at its uncanny accuracy.



ANALYSIS



TREATMENT

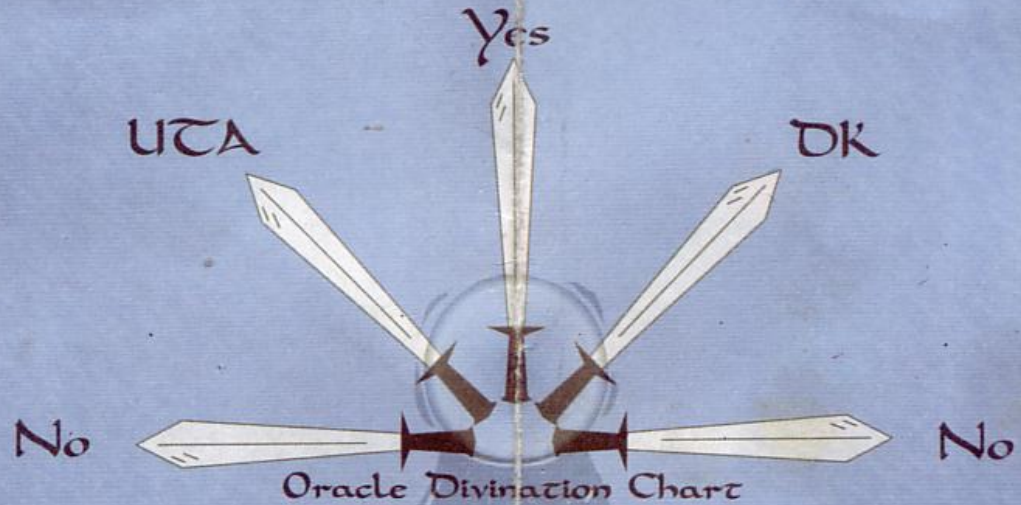


Oracle Chart Key


UTA - Unable To Answer - which means this is something that your Higher Self knows but does not think you should consciously know.


DK - Don't Know - which means your higher self doesn't know everything!

Caution: If you push for answers, when you are constantly given UTA or DK or when you are tired/draind the pendulum may become less accurate, so trust your intuition to know when to stop!




Love Chart Key


 - She is not right for me

 - She is right for me


 - This is not the right time to ask him/her

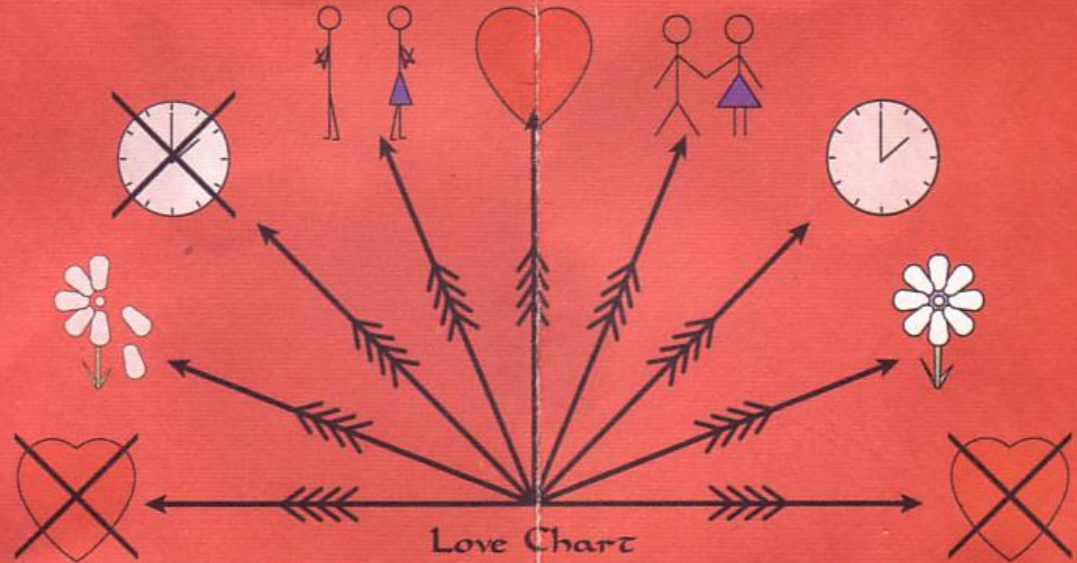
 - This is the right time to ask him/her

 - She does not fancy me

 - She fancies me

 - This path/action will not bring me closer to a new partner

 - This path/action will bring me closer to a new partner



MESSAGES from WATER:

Masaru Emoto

After seeing water react to different environmental conditions, pollution and music, Mr Emoto and colleagues decided to see how thoughts and words affected the formation of untreated, distilled, water crystals, using words typed onto paper by a word processor and taped on glass bottles overnight. The same procedure was performed using the names of deceased persons. The waters were then frozen and photographed.

Tap water before and
after remote prayers



Before and after
immune vibrations



KINESIOLOGY CLINIC:<http://www.kinesiologistsunited.com/>

Because the field of kinesiology is so diverse, the more specific we get, the less accurate we can be about the profession as a whole.

Here's why: As of today (Friday, 1/2/2004), The Database Of Kinesiology contains information on:
88 different **kinesiologies** (systems of kinesiology) ,
 and
92 different kinesiology **organizations** ,
 all of whom represent (at least slightly) **different ideas** about what the word "kinesiology" should actually mean.

So, we will keep this introduction as general as possible, and then introduce you to the resources that will help you learn as much **specific information about kinesiology** as you like, from the people who actually do it.

Kinesiology is the practice of using manual muscle testing to communicate directly with the body.

The original practice of informational muscle testing was called "Applied Kinesiology" or "AK", by it's developer, Dr. George Goodheart. Today, there are many approaches to manual muscle testing that differ widely from Applied Kinesiology. Despite this fact, many people, including practitioners, continue to call all forms of muscle testing, "AK". To add to the confusion caused by this, there is also an academic field of study called, "Applied Kinesiology", that deals primarily with muscle physiology and movement.

In an attempt to help clarify what people are actually talking about, we have introduced the term, "**informational kinesiology**" to describe ALL forms of manual muscle testing used to obtain information from the body, including AK proper.

The Mechanics of Muscle Testing: How It's Done

The basic idea is that the brain monitors and controls the entire body through the rest of the nervous system. Because the nervous system also controls the state of the muscular system, a kinesiologist is able to tell something about the body by measuring how the muscles are working from moment to moment.

This is usually done through a simple manual muscle test, in which the subject attempts to resist a force applied against the action of a muscle or group of muscles.

Typically, the subject extends an arm or a leg and tries to hold it up, while the kinesiologist tries to push it down. There are also more specific tests to isolate individual muscles for evaluation.

During the test, the kinesiologist feels for changes in the amount or character of the force that must be applied to overcome the resistance of the subject.

Anything that has an immediate effect on the body can produce a change in the state of the muscles, through the nervous system.

The kinesiologist is generally looking for what will produce such a change. Various body positions, reflex points, hand modes, or nutrients are among the things a kinesiologist might test in this way.

This method of directly testing the body's responses to different stimuli is noninvasive, and can allow a kinesiologist to determine what treatment, if any, will have a favorable impact on the health of the subject.

The Discovery of Kinesiology: Where It Came From

Muscle testing has long been used to check for problems in the muscles or nerves, along with other orthopedic and neurological tests in regular physical examinations.

George Goodheart, a Michigan Chiropractor, found another reason to do muscle testing.

Dr. Goodheart discovered that muscle testing could be used to find out what the nervous system knows, because the results of a muscle test can change with the state of the nervous system, and the nervous system is the communication network for the entire body.

Using this initial discovery, Dr. Goodheart, and the doctors that came to study with him, went on to discover many more things about the body that had not been known before.

They found, for instance, that each specific muscle they could test was related to a specific organ, a specific nutrient, a specific level of the spine, and specific reflex points. Even more remarkably, they found that if they could change the strength of the muscle using this information, they could change the function of the corresponding organ.

Dr. Goodheart called his new field of study, "Applied Kinesiology", or "AK" for short.

The Diversity of Kinesiologies: Why So Many?

AK attracted a lot of attention from the very beginning. Doctors of all types came to learn from Dr. Goodheart and to help contribute to the work he was doing. They formed the first kinesiology organization, the "International College of Applied Kinesiology", or "ICAK".

With the new doctors came new ideas. More uses for muscle testing were discovered. The ICAK could not be all things to all people. Some people stayed, but some left, forming their own organizations and adding their own discoveries. Some of these new organizations began teaching muscle testing to lay people, people who were not doctors. Some began teaching the "hand modes" and "bio-computer" concepts that were not approved by the ICAK.

Many of these new organizations also began to fragment as the field continued to grow, each organization giving rise to new organizations with new or recycled ideas. Some began to limit their use of muscle testing to a particular area of interest.

There are now so many isolated organizations using similar terms to describe different techniques or different terms to describe the same technique that it is difficult to keep them all straight.

Some people still use the term, "AK" to describe all kinds of muscle testing. "Specialized Kinesiology" once meant any type of kinesiology that was taught to lay people, but now it's often used to mean any kinesiology that is not AK proper. "Clinical Kinesiology", or "CK" once meant a very specific system, but today is sometimes used to describe any use of hand modes.

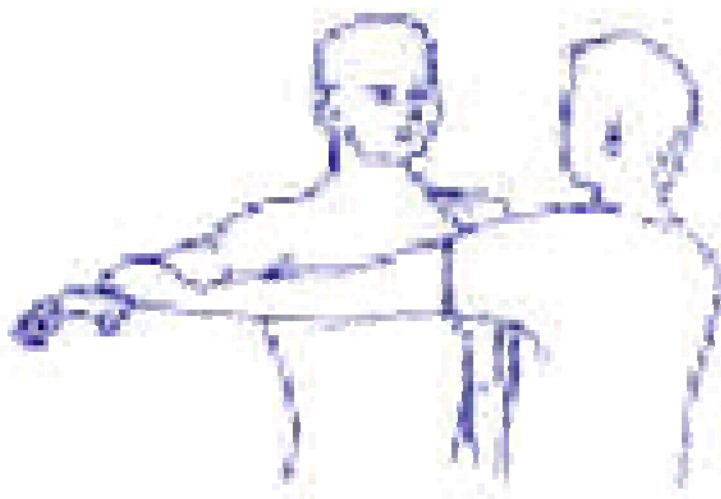


Kinesiologists centres provides Physician, Physiotherapist and Kinesiologist diagnostics and recommendations to insurance providers and instructs rehabilitative techniques to the individual insured. Teams consists of a Physician, Physiotherapist, Psychologist and four Kinesiologists all with extensive experience and knowledge in their respective disciplines. The educational approach to rehabilitation delivers the knowledge and techniques clients require to reduce pain and restore standard of living by increasing joint range of motion and functional strength. A flexible and adaptable problem based approach takes into consideration the needs of both the client and the insurance provider and is in turn both efficient and cost effective.

Each time you go into an “arm bending” kinesiology muscle testing session:

- Ask permission to ask these questions / test these statements.
- Ask TO BE SHOWN THE TRUTH.

Always ensure you are hydrated – drink a glass of water.



KINESIOLOGY MUSCLE TESTING – GENERAL INFORMATION:

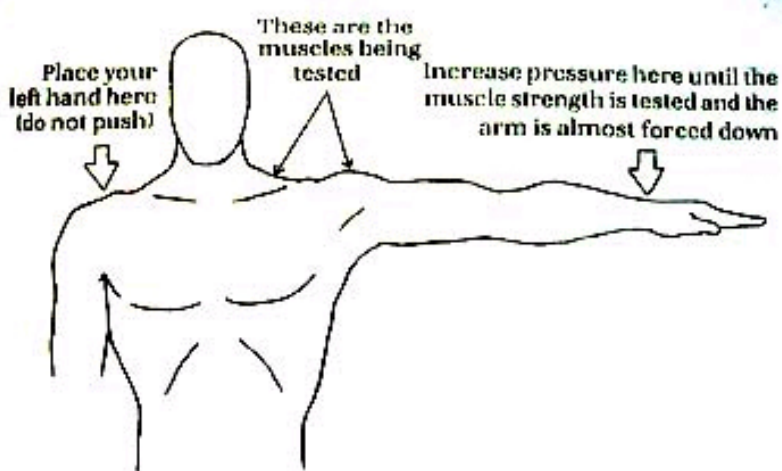
David R Hawkins – Transcending the Levels of Consciousness P.372

The energy field of consciousness is infinite in dimension. Specific levels correlate with human consciousness, and these have been calibrated from “1” to “1,000”. See the Map of Consciousness. These fields reflect and dominate human consciousness.

Everything in the universe radiates a specific frequency or minute energy field that remains in the field of consciousness permanently. Thus, every person or being whoever lived and anything about them, including any event, thought, deed, feeling, or attitude, is recorded forever and can be retrieved at any time in the present or the future.

TECHNIQUE

The kinesiological response (muscle testing) is a simple “yes” or “not yes” (no) response to a specific stimulus. It is usually done by the subject’s holding out an extended arm and the tester pressing down on the wrist (bony bit) of the extended arm, using two fingers and light pressure. Usually the subject holds a substance to be tested over their solar plexus with the other hand. The test says to the test subject, “Resist”, and if the substance being tested is beneficial to the subject, the arm will be strong. If it is not beneficial or has an adverse effect, the arm will go weak. The response is very quick and brief.



Basics of Muscle Testing

It is important to note that the intention, as well as both the tester and the one being tested, must calibrate over 200 in order to obtain accurate responses.

If either the tester or the one being tested is dehydrated, errors will occur. A large glass of water will promptly remedy this situation.



Solar plexus is that region about 2.5 inches above your belly button. The test subject holds the item over their solar plexus with one hand and extends the other arm for response in the normal way.

The higher the levels of consciousness of the test team, the more accurate are the results. The best attitude is one of clinical detachment, posing a statement with the prefix statement, “In the name of the highest good, _____ calibrates as true. Over 100 on the Map of Consciousness. Over 200, etc.” The contextualization “in the highest good” increases accuracy because it transcends self-serving personal interest and motives.

MAP of CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 – 1,000	Ineffable	Pure Consciousness
		↑			
All-Being	Perfect	Peace	600	Bliss	Illumination
		↑			
One	Complete	Joy	540	Serenity	Transfiguration
		↑			
Loving	Benign	Love	500	Reverence	Revelation
		↑			
Wise	Meaningful	Reason	400	Understanding	Abstraction
		↑			
Merciful	Harmonious	Acceptance	350	Forgiveness	Transcendence
		↑			
Inspiring	Hopeful	Willingness	310	Optimism	Intention
		↑			
Enabling	Satisfactory	Neutrality	250	Trust	Release
		↑			
Permitting	Feasible	Courage	200	Affirmation	Empowerment
		↓			
Indifferent	Demanding	Pride	175	Scorn	Inflation
		↓			
Vengeful	Antagonistic	Anger	150	Hate	Aggression
		↑			
Denying	Disappointing	Desire	125	Craving	Enslavement
		↓			
Punitive	Frightening	Fear	100	Anxiety	Withdrawal
		↓			
Disdainful	Tragic	Grief	75	Regret	Despondency
		↓			
Condemning	Hopeless	Apathy	50	Despair	Abdication
		↓			
Vindictive	Evil	Guilt	30	Blame	Destruction
		↓			
Despising	Miserable	Shame	20	Humiliation	Elimination

Power vs Force by David R Hawkins, MD, PhD – the Hidden Determinants of Human Behaviour
 ISBN: 1-56170-933-6 published Hay House Australia Pty Ltd www.hayhouse.com.au
 Or www.veritaspub.com for the trilogy Power vs Force, The Eye of I, and I, Reality and Subjectivity.

‘Light Body Health Sciences’, being Energy Medicine, is the next major advancement in health management – accessing and clearing emotions:

Kinesiology is the interface between the linear and the non-linear.

LIGHT BODY HEALTH SCIENCE	Energy Calibration
Young Living Essential Oils	690
Resonance	640
Ho’oponopono	620
Svaroopaa Yoga	615
Asana Pranayama Mudra Bandha Yoga	610
Reiki Platform (practitioner + modality)	610
Body Cleanse – full body cleanse	610
Consciousness Levels Calibrations – Kinesiology	605
Clinical Kinesiology	600
Sekhem	600
Pranic Healing	600
Orion Healing	600
Journey Process	600
Light Body Work (practitioner + modality)	600
Homeopathy Soham Foundation (practitioner + modality)	550
TWELVE-STEP RECOVERY PROGRAMS	
Alcoholics Anonymous	540
Kundalini Yoga	510
SCIENCE CLINICAL	
Energy Enhancement System	500
Nutri-Energetic System	500
Psychoanalysis (Freud)	460
Psychoanalysis (Jung)	460
Energy Medicine	460
Pharmacology	450
America’s Best Hospitals	450
Surgery	440
Internal Medicine	440
Medicine, General	440
Medicine, Holistic	440
Practices Network Chiropractor	440
Psychiatry	440
Kriya Yoga	410
Acupuncture	405
Oriental Medicine	395
Hatha Yoga	390
DBT Psychology	385
Clinical Psychology	380

Psychiatric Hospitals	355
Homeopathy General	200
Nursing Homes	200
Hospitals	180
DRUGS & ALCOHOL	
Alcohol Addiction	90
Cigarettes	85
Marijuana	80
Cocaine, Heroin, Methamphetamines	6

Note:

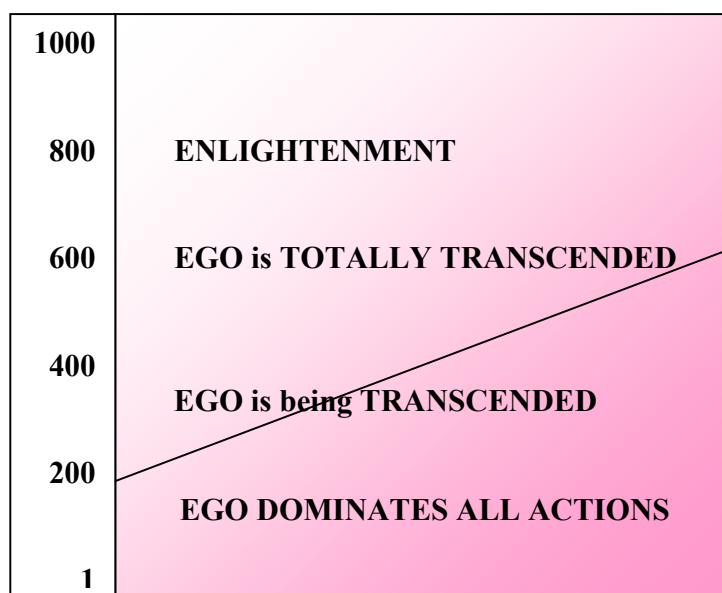
The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact a quadrillion (10^{15}) jump in energy.



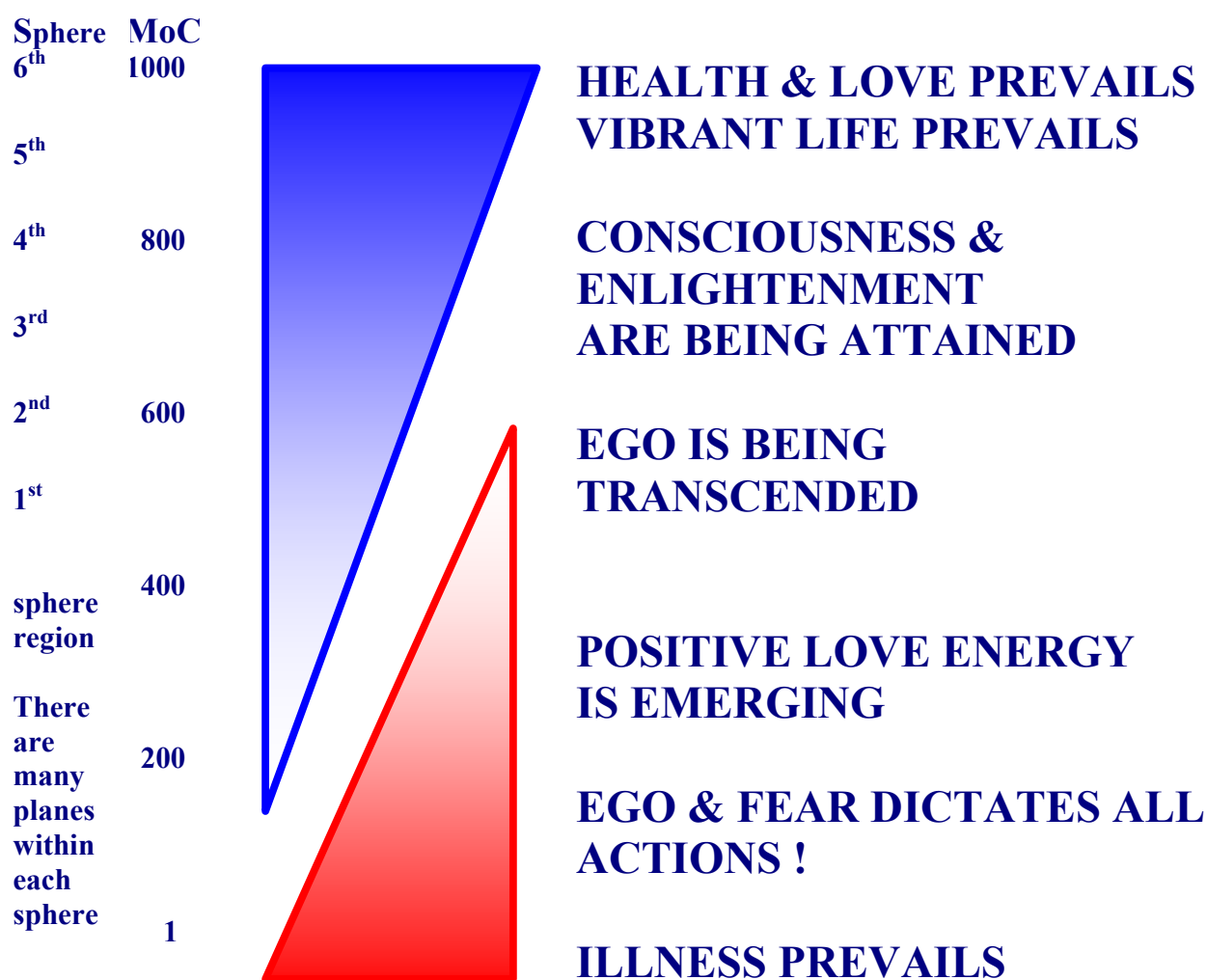
MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

MAP of CONSCIOUSNESS	MoC	calibrations
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	1,500	3 rd Celestial Heaven (10 th spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 rd Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 st Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 th Divine Love transitional sphere to Heavens
Natural Love peak	1,000	6 th spirit Mansion World peak– can't go further!
Pascas WorldCare (as a platform)	880	5 th spirit Mansion World of Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 th spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 th spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	500	2 nd natural love OR 3 rd Divine Love spirit world.
Peak of mind total orientation	499	1 st spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
Humanity	212	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



HEALTH DOME:

The **Health Dome** needs to be viewed internally as a hologram.

Each health modality interconnects and is complimented and supported by each and every other health modality.

No one process or practice is an exclusive solution.

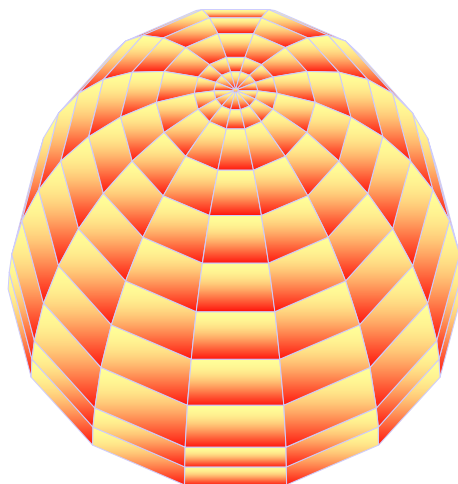
If you were to say that one practice or solution stands out above and beyond all others at the pinnacle of the **Health Dome** then that would be **Love and Forgiveness**.

The basic malady found in people is self-hatred. Self-hatred is the basic inner illness in all of us, but just how that self-hatred and non-acceptance of the self manifests is shown in our different character structures. As we work to understand our dynamics on a daily level, we can learn to accept ourselves through this process. Self-love is the greatest healer, and self-love also requires daily practice.

The broad view of the healer encompasses the totality of the human being. In healing there is no separation between body and mind, emotions and spirit – all need to be in balance to create a healthy human being. The healer focuses on physical, psychological and spiritual malfunction. It is impossible to do healing without affecting the psychological levels of the personality. The more the healer understands the psychodynamics of his/her clients, the more the healer will be equipped to help the clients heal themselves.

Finding the initiating cause of an illness is always a key part of healing.

The objective, from within the Pascas Care Health Dome, is to treat the cause much more so than just treat the symptoms. Re-occurrence of many illnesses is due to the non-treatment of the cause.



Dr DAVID R HAWKINS:

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, interbalancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the buildup of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

P.55 Healing and Recovery

We can see how powerful the mind is, and one of the difficulties to overcome in self-healing is the willingness to accept the great power of the mind.

Because I (Hawkins) had such a list of illnesses, I had to write them all down in order to remember them because half of them have been forgotten even though all of them last for many, many years. For example, I had a duodenal ulcer that was intractable (not docile; not easily dealt with). I was on all the traditional medicinal treatments and had psychoanalysis and a whole variety of things that began in medical school. Twenty years later, I still had the ulcer, and not only that, it was a different kind of ulcer that was making holes in other parts of my duodenum. It was threatening to perforate and haemorrhage, and it was creating recurrent attacks of pancreatitis. I also had colitis (inflammation of the colon) along with haemorrhage diverticulitis (within the colon). In fact, the diverticulitis was so bad that I landed in the hospital several times and had to have transfusions. I almost haemorrhaged to death with it.

In addition, I had migraine headaches that were intractable. Psychoanalysis had helped to some degree, and I had seen neurologists and famous world experts, but there was really no help for the migraines, which were ostensibly associated with many allergies. I was also sensitive to inhalants in the atmosphere. I could not walk into a place that had been exterminated within the previous couple of weeks because I could detect one part in one million in the spray and would react with a migraine headache.

In addition, I also had Raynaud's disease (a condition of unknown cause in which the arteries of the fingers are unduly reactive and enter spasm when the hands are cold), which was impairing the blood flow to my extremities, and I had threatening insipient gangrene of the fingertips, circulatory impairment of the hands and feet, and was cold all the time. On top of all that, I had gout and a high uric acid level. Of course, I was on a diet for that. I had gouty arthritis and carried a cane and medication in the back of my car. Can you imagine carrying a cane in the back of your car because when gout comes on, it happens very suddenly with pain that is very paralyzing? That cane was in my car for many years.

At the same time, I had severe hypoglycaemia (a deficiency of glucose in the bloodstream, causing muscular weakness and incoordination, mental confusion, and sweating). I could not eat sugar, sweets, or starches. So, in addition to all the allergies, the ulcer, diverticulitis, other gastrointestinal problems, pancreatitis, and occasional gall-bladder attacks, there were actually very few things I could eat. When I occasionally went to a restaurant, the only thing I could safely eat was lettuce in a salad. I could not eat the tomatoes because the seeds might aggravate the diverticulitis, which had required hospitalisation and blood transfusions in the past. I was also fifty pounds (23 kg) overweight.

From one end to the other, things were wrong with the gastrointestinal tract; the circulatory system; the digestive system; the hormonal balance; the blood chemistries, including elevated blood cholesterol and uric acid levels; and migraine headaches. All these things indicated stress and pressure within the central nervous system and impairment of the autonomic nervous system. Additionally, I had a pilonidal cystic tumour, which normally would require surgery, but it slowly disappeared spontaneously.

Late, I went into severe heart failure from undiagnosed Grave's disease (hyperthyroidism) for which surgery or radiation was prescribed, but I refused. Chest x-rays revealed a tumour in the apex in the right lung. The lung was biopsied, resulting in its collapse and pneumothorax (the collection of air or gas in the space surrounding the lungs). The biopsy revealed that the lesion was a form of aviary (bird) tuberculosis (non-communicable to humans). I refused to take the recommended \$10,000 per month's worth of five antibiotics, which had a low cure rate anyway. The lung lesion slowly disappeared with no physical treatment. The heart failure cleared up, as did the pneumothorax. The thyroid function eventually returned to normal without surgery or radiation. In addition to the above, the left thumb was amputated while I doing carpentry work and was repaired in surgery without anaesthesia, as was a recurrent right inguinal hernia, also without anaesthesia. The chronic recurrent, intractable duodenal ulcers disappeared after three acupuncture treatment.

The various illnesses disappeared within differing periods of time. Some of them disappeared within a matter of days; some even disappeared within an hour. Others took months, and the hypoglycaemia took the longest, other than a blocked Eustachian tube that took two years.

All the above illnesses and surgeries were processed and handled as described by letting go of resisting in every instant, cancelling the belief systems, and totally surrendering to Divine Will. All healing was

accomplished without narcotics or anaesthesia. The whole series of illnesses was consequent to karmic proclivities that were surfaced by intense inner spiritual work, which speeded up their emergence initially but later facilitated their seemingly miraculous healing and disappearance.

An illness is merely our consciousness calling attention to something that needs to be looked at. There is something about which we are feeling guilty, fearful, or other negative emotion. There is a belief system we are holding that has to be let go of and cancelled. There is something that has to be forgiven, and something within us that has to be loved, so we thank whatever it is for bringing it to our awareness.

We also have the power to say ‘no’ to belief systems that come from our family. Really major allergies ran in my family. My grandmother was allergic, as were my mother and sister. Everybody had hay fever and sensitivity to ragweed, dust, hay, and horses.

All illness is physical, mental, and spiritual, and therefore it is best to utilise all modalities to assist recovery.

How can one know if humility and surrender are complete? They are complete when one is indifferent to whether a healing occurs or not. That is the result of surrender to God at great depth and relinquishment of the desire to control or change the way things are. Become God reliant.

Instead of being ashamed that we are a spiritual seeker with a physical illness, we instead become thankful and say, “Aha! Something is coming up to be healed.” We want that capacity to bring up the various things to be healed; thus, it is a sign of progress, not of falling back. We can be happy that we have a chance to heal these things that, paradoxically, are actually brought up by major or rapid spiritual progress (i.e., karma). Most of the great mystics of history had records of many physical illnesses (e.g., see “Mystics” in Encyclopaedia Britannica).

(You could say that David Hawkins has been a mobile walking talking laboratory test experiment!)

Everything is interconnected.

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won’t be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

<http://www.pascashealth.com/index.php/library.html>

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MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book Power vs. Force, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock having to face the fact and realise that few people truly understood what I was teaching, taking my work

and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support

in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

**Feeling
Healing with
Divine Love is
the key!**



FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:

Thursday, 13 July 2017

Hi James and Nanna Beth (questions from John)

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one the initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your

will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about

uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

[I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.](#)

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of

Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Love from us all over here – your Nanna Beth.

Feelings first

LIVE FEELINGS FIRST

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

Feelings First Spirituality The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
BAD feelings.
Want to understand why you're feeling them.
Use your surface feelings to take you deeper into your repressed and
hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise

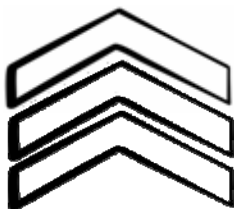
HOME

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;

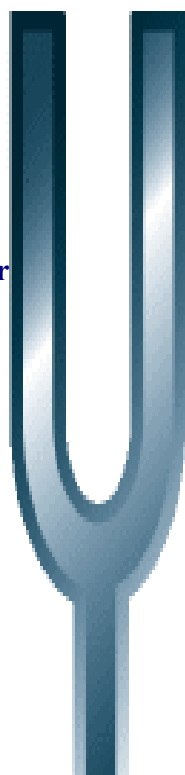
Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.



The NEW WAY of LIFE:

Now for the first time in history, Celestials can be more assertive in making known the availability of Divine Love, and that the only way to progress towards our Heavenly Parents is by engaging in doing one's Feeling Healing.

The Celestials have all but stopped the mind spirits from negatively influencing people on Earth, and the biggest area this is in, is in the religions. So the religions on Earth and all the spiritual systems of the mind, are under pressure in that they are no longer enjoying the input from the mind worlds that they have had. And how this translates into ordinary everyday life, is more in the unseen connection between those in religions on Earth and those of the same religion in spirit, is fading away.

Then at the same time, we, the Celestials, are being allowed to move more freely amongst everyone, both in the mind worlds and with you on Earth. Which means, we can confront and have more of a say in peoples and spirits lives, something that was forbidden the Celestials of the 'old guard'. They were not allowed to interfere at all, having to wait patiently for spirits (as there was rarely anyone on Earth) to show interest in an alternative way to God, which enabled the Celestials to slowly introduce the notion of the Divine Love and then that of doing one's Healing. But it took a long time for mind spirits to show any real interest and being willing enough to give up the power their mind had over them, wanting to seek a higher life.

Celestials can now, following the progress achieved by Marion and James Moncrief, approach and be more freely expressive to spirits on all levels, and also to people on Earth, should they want their help.

Further, those who reject and suppress their children will progressively grow in awareness of their own unloving natures. One will not be able to continue to avoid their feelings of wrongness.

Golden Rule: that one must always honour another's will as one honours one's own.

Thus the three aspects: one, of having more readily available guidance to become aware of the availability of Divine Love; two, the way to become fully expressive of one's soul based personality through the process of Feeling Healing; and thirdly, the quickening of the Law of Compensation through one's greater sensitivity to one's emotional errors and injuries. By having greater personal connection with a Celestial, we are able to move into longing for the Divine Love, and look to healing ourselves and grow in truth, and start to seriously consider embracing one's ascent to Paradise.



Law of Compensation quickening 22 May 2017



WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



**Feeling
Healing with
Divine Love is
the key!**



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



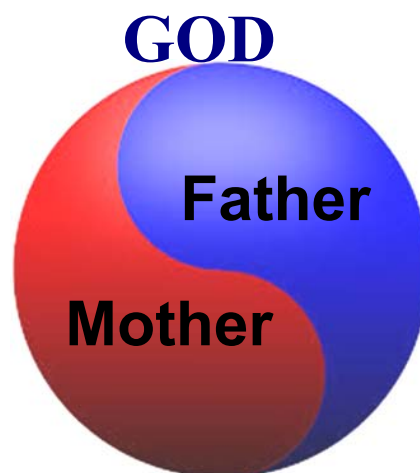
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

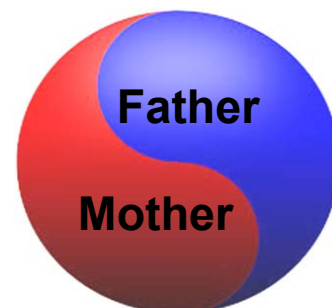
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



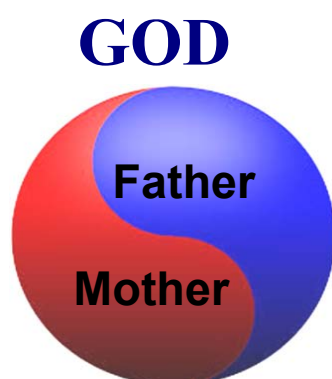
AVO



HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

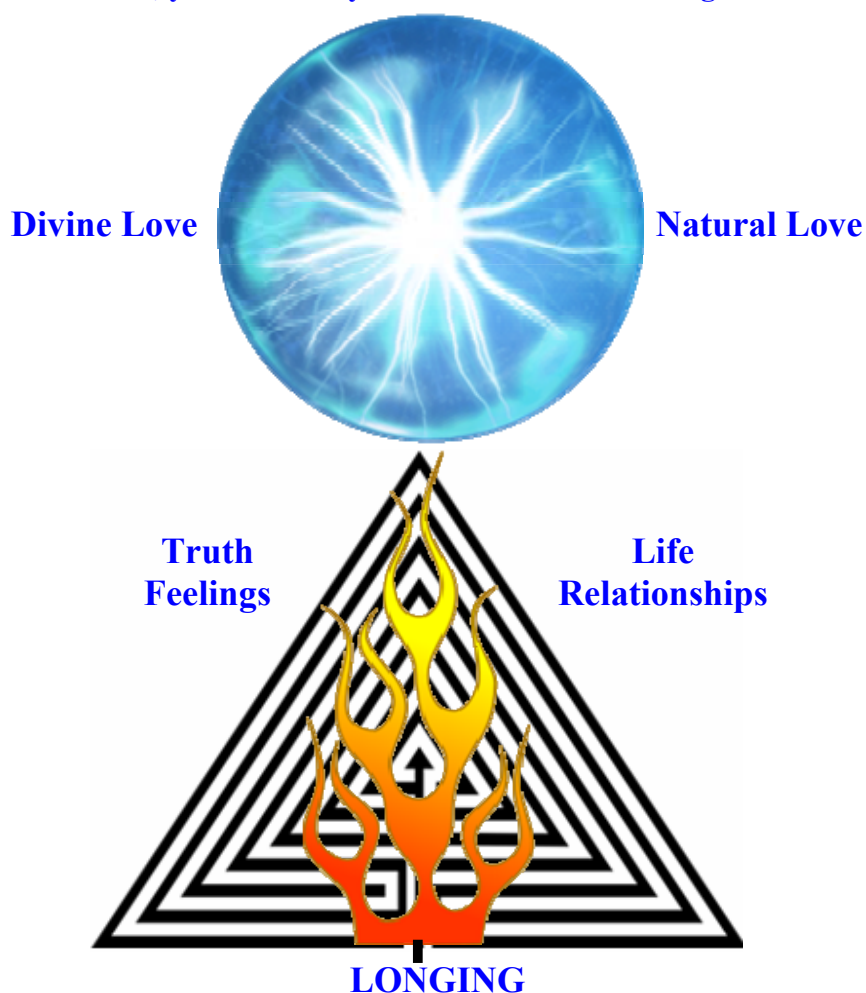
WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

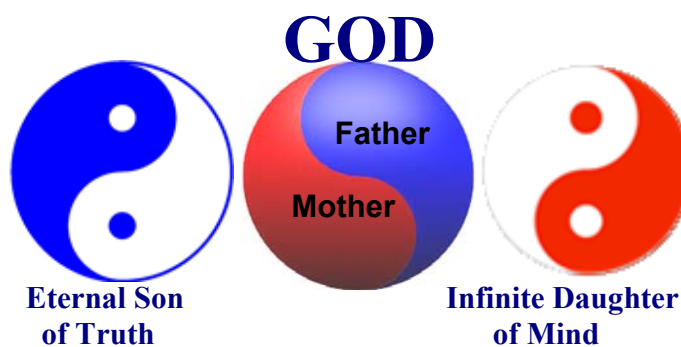
HOW TO GET TO PARADISE:

Long for the Divine Love
 Long for the Truth
 Long for the truth of your feelings
 Don't deny any feelings: accept, express and want to know the truth of them
 Know your feelings are the key; your feelings are the Way
 Want to end your falseness and being untrue
 Want to understand the truth of your early life
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
 Want and long to know the whole truth of yourself
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

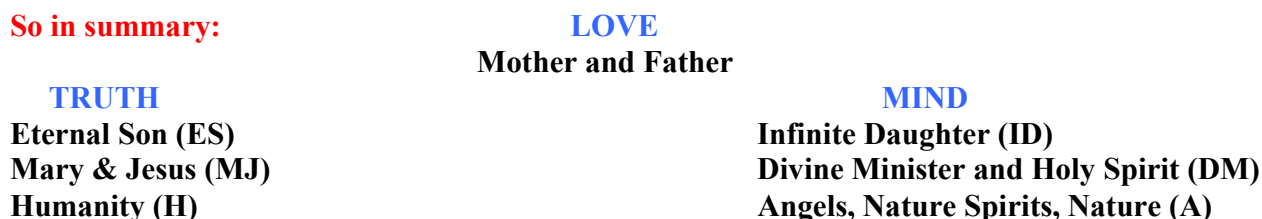
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Divine Love**
– the Living Truth
2. **DIVINE MINISTER (ID) – Divine Mind**
– Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

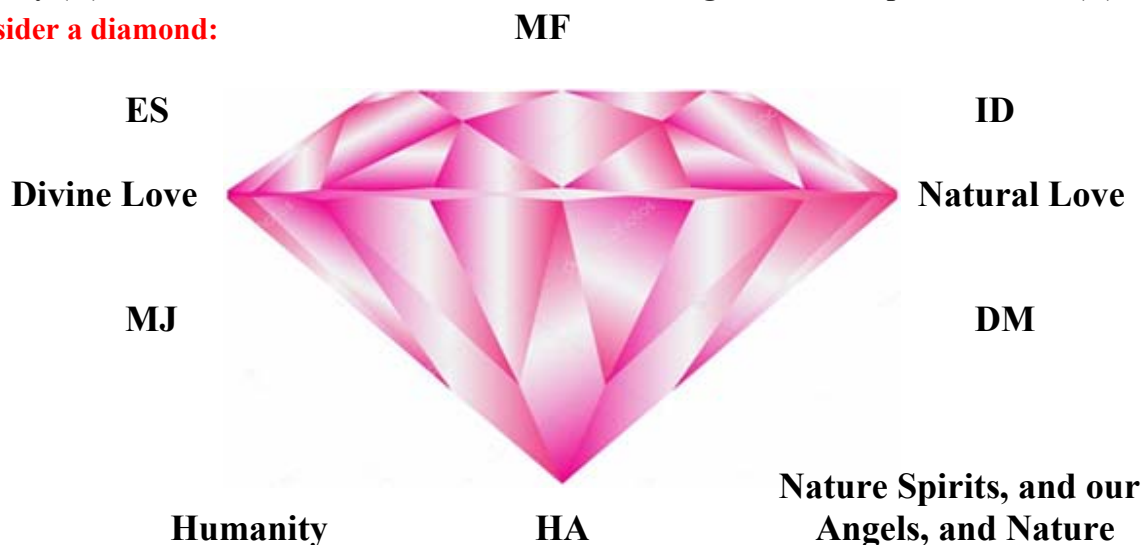
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

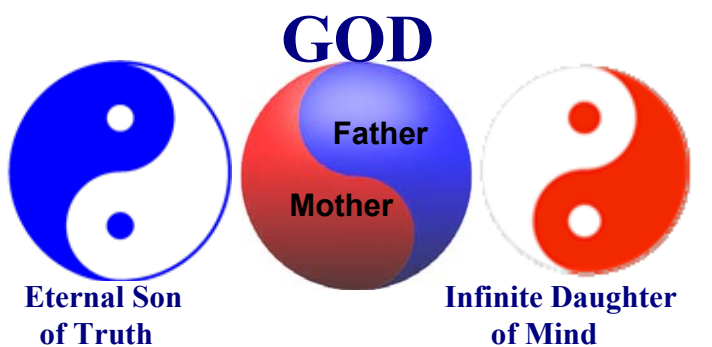
The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

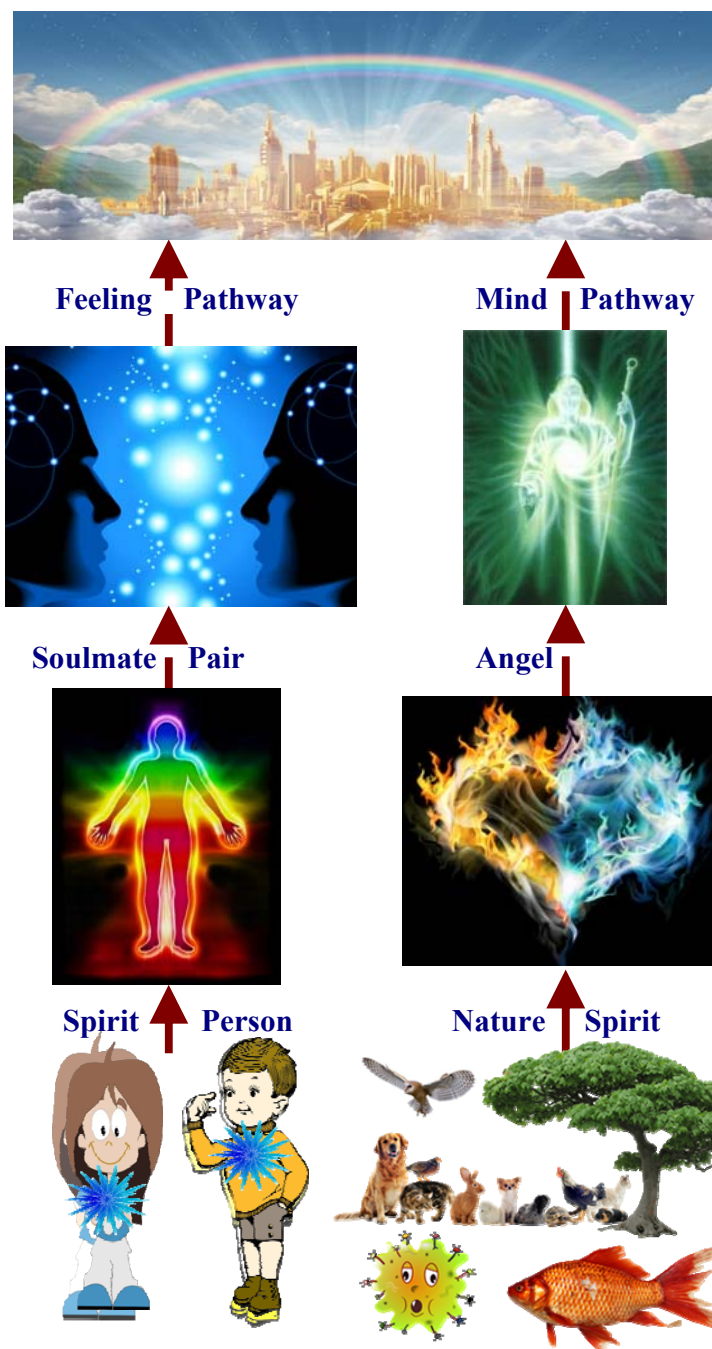
The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



The BEAUTIFUL MIRACLE:

5 Oct 2012

The DIVINE UNIVERSE

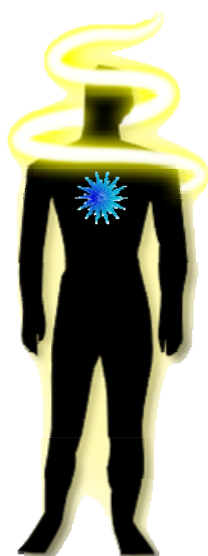
(Potentially the Ultimate Magnetic Attraction!)

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of our Mother and Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



Primary recommended reading:	consider commencing with:	Paul – City of Light	
The Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
containing the Padgett Messages or			
Little Book of Truths			– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Mary Magdalene and Jesus'			
comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx	– James Moncrief
Sage and the Healing Angels of Light	2017	xxx	– James Moncrief
Road map of Universe and history of Universe:			
The Urantia Book	1925 – 1935	xxx	as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Golden Leaf	2008		– Zara & Nicholas
The Richard Messages	2012 – 2013		– James Reid
The Divine Universe	2012 – 2013		– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015		– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015		– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016		– Zara & Nicholas
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
The Way of Divine Love			– Joseph Babinsky
Divine Love – The Greatest Truth in the World			– Joseph Babinsky
The Human Soul			– Joseph Babinsky
Divine Love Flowing			– Joseph Babinsky
The Truth			– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven			– Robert James Lees
Life in the World Unseen			– Anthony Borgia
Gone West			– J M S Ward
Post Mortem Journal			– Jane Sherwood
After Death / Letters from Julia			– William T Stead
Thirty Years Among the Dead			– Carl A Wickland
A Wanderer in the Spirit Land			– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen			– Geoff Cutler
The Holy Bible from the Ancient Eastern Text			– Dr George M Lamsa
Available generally from:			
<u>www.lulu.com</u>	<u>www.amazon.com</u>	<u>www.bookdepository.com</u>	
For Divine Love focused websites and forums:			
Pascas Health:	<u>http://www.pascashealth.com/index.php/library.html</u>		
Spiritual Development:	<u>http://new-birth.net/spiritual-subjects/</u>		
Padgett Books:	<u>http://new-birth.net/padgetts-messages/</u>		
<u>http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</u>			

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

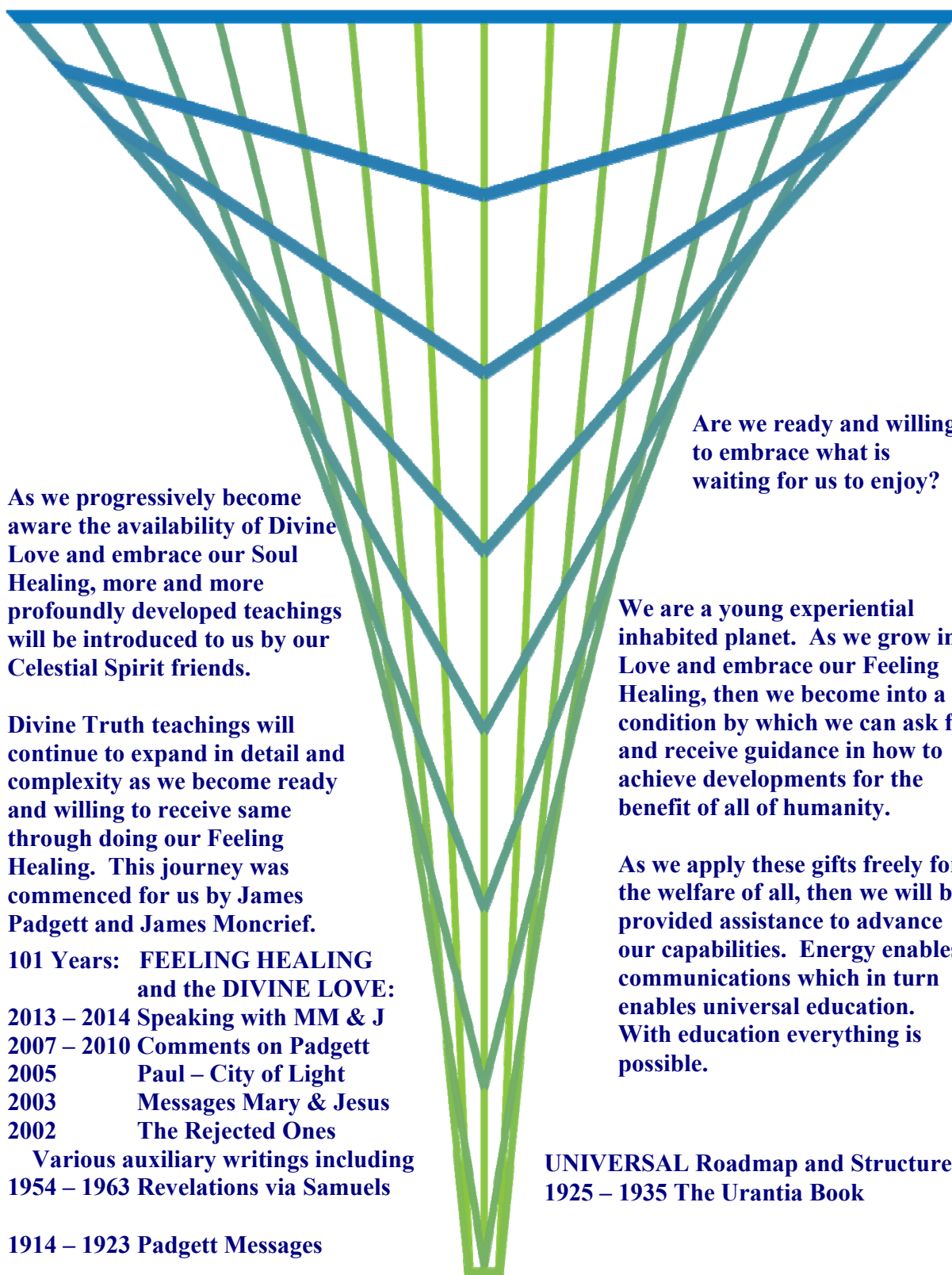
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



PASCAS CARE

"Beacons of Light"

around the globe

