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## Pascas Family Shelters




### FAMILY SHELTERS – Overview

To summarise:

- A frontline facility may be a Pascas Café with showers, laundering, business centre, meetup area, and the availability of Pascas Counsellors. All are welcome; women, men and children.
- A small Pascas Family Shelter may have 1 Pascas Counsellor to assist 10 adults or 6 mothers with 10 children.
- A medium Pascas Family Shelter may have up to 30 units to house 90 residents with meeting rooms, community play areas and have 5 or 6 counsellors.
- A full Pascas Family Shelter may have 100 units to house 300 residents with Pascas Crèche, Pascas Café, community meeting area and business facilities and have 15 Pascas Counsellors including administration. Counsellors being available to Pascas Café and for home visits.

Budget AU\$400,000 per unit, a 100 unit complex budget may be AU\$40,000,000. 78 facilities would amount to AU\$3.12 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of AU\$5 billion is to provide for establishment and ongoing operating costs until the facilities become financially self funding. The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims and non-residents.

Relevant Pascas Papers at [www.pascashealth.com](http://www.pascashealth.com) on Library Download page in Pascas Introduction Notes are:

-  [Pascas Care Letters Family Shelters Social Housing.pdf](#)
-  [Pascas Care Letters Family Shelters Abuse & Remedial.pdf](#)
-  [Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)

The crux of the agenda is help those seeking support past their dire straits and potentially onto a vibrant and meaningful life long pathway.

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

# Pascas Family Shelters

Pascas Family Shelters program around Australia is to embrace the guidance of those addressing the needs and requirements of women, men and children in stress within their respective communities. The counsel for overarching guidance is to be asked of:



Amber Ford	founder of Show The Way Inc.
Annabelle Daniel	founder of Women's Community Shelters – Sydney and regions of NSW.
Karan Salisbury	Lifeline counsellor – suicide prevention, mental health and emotional assistance.
Lisa Golding	Douglas Shire Council – advocate for DV victim and family shelter housing.
Nicole Edwards	founder of Rizeup Australia, a charity that provides practical support to families fleeing domestic violence.
Teresa Bettles	coordinator of Southport / Nerang for Gold Coast Rosies.
Vicky Rose	founder of Nerang Neighbourhood Centre – Gold Coast – which provides a wide variety of services to all community members within a supportive environment that develops partnerships, advocacy and referral pathways.

**This is a program to address the root cause of the predicaments that all of us may find ourselves in. This is a program to provide personalised support and guidance that enables those receiving Pascas assistance is enabled to understand how their circumstances came about AND then how to begin a journey of recovery. No one is obliged to do anything. This is firstly and foremost an awareness assistances and the providing of the understanding of how to step away from their present predicament, should they so want to. Pascas Counsellors are to assist and guide.**

A cluster of 100 units having a combination of 1 bedroom, 2 bedroom, 3 bedroom and larger options (housing for 300) is a priority requirement for every 330,000 people. This is emergency shortage relief.

Australia's population is approaching 26 million, that suggests 78 facilities (7,800 units) throughout Australia is now required and then a shortfall will still need addressing. At an average of 3 persons per unit, that equates to provision for 23,400 persons and the known shortfall is being estimated at 520,000.

**Research by the Australian Housing and Urban Research Institute shows Australia is short 173,000 affordable dwellings for rent (consider 3 persons per dwelling), low cost housing for 520,000, with Sydney short 60,000 dwellings.**

**Budget AU\$400,000 per unit, a 100 unit complex budget may be AU\$40,000,000. 78 facilities would amount to AU\$3.12 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of AU\$5 billion is to provide for establishment and ongoing operating costs until the facilities become financially self funding. The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims and non-residents.**

### **Empowering Impact Statement – an EIS with a difference:**

What is intended to unfold is the passive coordination of the many existing support services and their skills in such a manner that limitations and discrepancies in the individual organisations are addressed through the resources of this Australia wide initiative.

The concentrated focus on the Gold Coast is to work to harmonise and develop a fluid interaction between the many existing support organisations and to enable each one to have addressed what they perceive is required without impeding upon their passions, uniqueness and agendas.

Each person requiring support is incredibly unique. The complexity of support and assistance required is very personal and important and that all the experiences of the many institutions and organisations are required and are to be supported to the fullness they each envisage.

Without delay, what is to unfold for the Gold Coast is to be introduced as facilities and services throughout every region and community around Australia and those who have an involvement and passion to have domestic violence addressed and secure safe housing with support for those requiring assistance are to be encouraged to bring their personal desired solutions for resolution and instigation.

Progressively, every facet of the support chain will be reviewed. This can be undertaken for each community as well as region, state and nationally. Such processes as the collection of food that is approaching use by date rejection, fresh food supplies, the training kitchens for preparation of meals, and the efficient distributions of hot meals as well as food hampers can become more efficient and certainly done so that those in need are able to access such services readily.

People who skimp on meals are most likely also not acquiring their appropriate medication. The question comes, what else and how can that person, that mother, that father, that child be assisted better?

We focus upon the domestic violence victims, but the abusers, the perpetrators of suppression also need support. All sides of the crisis need care, attention, patience and most importantly the truth of why they are in this situation and what is required of them to step beyond this situation and embrace a viable way of living. This will require all that the service community can draw upon to walk with these friends.

Now we have the resources, now we know what is possible, now we know what can be done and what can be achieved. This has never been so in the history of humanity. That is what is so incredible about this time in the history of humanity.

However, there has never been such a need, such a crisis and a continuing destabilisation of the way humanity has been living that will unfold throughout the coming decades, all this is to encourage us to embrace these changes. For those who do will find a pathway that is fulfilling. For those who cling to their old patterns and wish for the past then there is nothing for them that we can do.

Pascas Cafes with showers, clothing, meeting areas and ‘women’s shed’ facilities, may be community windows to wide ranging, medium to long term support that may address underlying access.

## The Need

**The current construction rate of social housing – is a little more than 3,000 dwellings a year!**

**Simply preventing the existing problem from getting worse calls for nearly 15,000 extra dwellings a year to be built. That’s a little over 290,000 homes over the next 20 years.**

**To eliminate the backlog as well would require an annual program averaging 36,500 units. This would need to begin gradually to build capacity and avoid inflating costs.**

The 2016 census counted 116,000 homeless people across Australia. Recognising that some would choose not to live alone, we estimate that our homeless population implies **a need for about 47,000 extra dwellings now.**

Second, our analysis considers the group whose housing needs are not being met by the market. These households are on very low incomes (excluding student households), in private rental housing, and in rental stress – where rent is more than 30% of their earnings. If you are on a very low income, housing costs of this order mean going without other essentials.

**Table 2: Estimated construction cost, and dwelling type distribution (2017 prices)**

Section of Australia	Share of needed growth	Range of estimated cost/unit	Distribution of unit type			
			detached	attached	low-rise	high-rise
Greater Sydney	19.3%	\$210k–\$614k	0%	21%	60%	19%
Rest of NSW	9.9%	\$173k–\$393k	79%	21%	0%	0%
Greater Melbourne	17.5%	\$220k–\$442k	0%	70%	13%	17%
Rest of VIC	5.3%	\$170k–\$203k	100%	0%	0%	0%
Greater Brisbane	10.9%	\$208k–\$357k	15%	61%	23%	0%
Rest of QLD	13.2%	\$179k–\$285k	72%	28%	0%	0%
Greater Perth	9.4%	\$184k–\$316k	0%	92%	8%	0%
Rest of WA	2.5%	\$162k–\$265k	100%	0%	0%	0%
Greater Adelaide	5.6%	\$184k–\$261k	0%	83%	17%	0%
Rest of SA	1.3%	\$146k–\$157k	100%	0%	0%	0%
Greater Hobart	0.9%	\$271k	100%	0%	0%	0%
Rest of TAS	1.0%	\$172k–\$189k	100%	0%	0%	0%
ACT	1.2%	\$418k	0%	100%	0%	0%
Greater Darwin	0.4%	\$256k	0%	100%	0%	0%
Rest of NT	1.5%	\$186k	100%	0%	0%	0%
Overall	100.0%	\$146k–\$614k	32%	44%	18%	7%

Source: authors

### Social housing across Queensland, there are:

more than **21,000 one-bedroom properties,**  
 about **18,000 two-bedroom homes,**  
 more than **25,000 three-bedroom homes,**  
**6,000 four-bedroom homes and 1,000 larger homes.**

Consider 1 resident per each one-bedroom unit	30 units	30 residents – single adult
Consider 3 residents per each two-bedroom unit	30 units	90 residents – single adult
Consider 4 residents per each three-bedroom unit	30 units	120 residents – single adult
Consider 6 residents per larger units	<u>10</u> units	<u>60</u> residents
Total	100 units	300 residents

Thus 100 adults  
 with 60 children aged 0 to 6 years  
 60 children aged 7 to 12 years  
 50 children aged 13 to 16 years  
 and 30 mature aged dependants.  
 300 residents

### In 2016, more than 116,000 people were estimated to be homeless in Australia:

#### Where are people staying?

- Improvised dwellings, tents or sleeping out 7% (8,200)
- Supported accommodation for the homeless 18% (21,235)
- Staying temporarily with other households 15% (17,725)
- Boarding houses 15% (17,503)
- Other temporary lodging 1% (678)
- “Severely” overcrowded dwellings 44% (51,088)

#### How old are they?

- Under 12 14% (15,872) +11% since 2011
- 12-18 10% (10,913)
- 19-24 15% (15,325)
- 25-34 18% (19,312)
- 35-44 14% (14,484)
- 45-54 12% (12,507)
- 55-64 8% (8,649)
- 65-74 4% (4,174)
- 75 and over 2% (2,028)

#### A 100 unit Family Shelter population:

Thus 100 adults  
 with 60 children aged 0 to 6 years  
 60 children aged 7 to 12 years  
 50 children aged 13 to 16 years  
 and 30 mature aged dependants.  
 300 residents (**3 per unit average**)

Research by the Australian Housing and Urban Research Institute shows Australia is short 173,000 affordable dwellings for rent (consider 3 persons per dwelling) to house 520,000, with Sydney short 60,000 dwellings.

**Considering a Family Shelter** of 100 units with an overall population of 300, we may anticipate that 100 adults would be with 200 children including mature aged dependants and that the children would range in age from 0 to 16 and the mature age dependents would be of any age.

**A 100 unit Family Shelter population:**

Thus 100 adults  
 with 60 children aged 0 to 6 years  
 60 children aged 7 to 12 years  
 50 children aged 13 to 16 years  
 and 30 mature aged dependants.  
 300 residents **(3 per unit average)**

**One counsellor is best engaged with 10 adults or with six mothers and their 10 children when assisting those escaping domestic violence. As a Family Shelter may have 100 adults, with between 60% to 75% escaping domestic violence, then around 15 counsellors with experiences encapsulating the skills called upon may be appropriate for such a community. These being counsellors with Social Worker certificate level IV + Pfd in the field of SOCIAL WORK – LIVING FEELINGS FIRST.**

- **A frontline facility may be a Pascas Café with showers, laundering, business centre and meetup area.**
- **A small Pascas Family Shelter would have 1 counsellor to assist 10 adults or 6 mothers with 10 children.**
- **A medium Pascas Family Shelter may have 30 units to house 90 residents with meeting rooms, community play areas and have 5 or 6 counsellors.**



- **A full Pascas Family Shelter may have 100 units to house 300 residents with Pascas Crèche, Pascas Café, community meeting area and business facilities and have 15 counsellors including administration.**

Gold Coast City Council population is about 650,000 as of June 2021. Presently, a cluster of 100 units having a combination of 1 bedroom, 2 bedroom, 3 bedroom and larger options (housing for 300) is a priority on the Gold Coast in at least two locations. This emergency shortage relief.

Brisbane City population is about 2,650,000. Priority is for six or more locations to be provided with 100 units each.

Queensland overall population is more than 5,500,000. Fourteen locations need to be established, each with 100 units.

A base need is one such complex for every 330,000 population, thus seventeen Shelter Housing projections would commence to mitigate the pressing need for emergency shelter for domestic violence and homelessness throughout Queensland.

Australia's population is approaching 26 million, that suggests 78 facilities (7,800 units) throughout Australia is now required and then a shortfall will still need addressing. At an average of 3 persons per unit, that equates to provision for 23,400 persons and the known shortfall is being estimated at 520,000. This agenda addresses only 5%.

**Budget AU\$400,000 per unit, a 100 unit complex budget may be AU\$40,000,000. 78 facilities would amount to AU\$3.12 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of AU\$5 billion is to provide for establishment and ongoing operating costs until the facilities become financially self funding. The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims and non-residents.**

Throughout the length of the Gold Coast is the need to provide a presence and be a gateway to permanent secure shelter. Consider a Pascas Café at each of Coolangatta, Palm Beach, Burleigh Heads, Broadbeach, Southport, Coomera and Beenleigh. These would be able to provide a meal, showering and cleaning of clothes while permanent location becomes available within a Pascas Family Shelter or through any of the other emergency housing agencies within the region.

What is unique through a Pascas Family Shelter is the providing of awareness of what has brought about the predicament, what under lays all discomfort, stress, tension, pain and illness and how to begin to alleviate this pain, how to begin to heal what has not been understood for many, many generations. Though Feeling Healing is a very long and discomforting process, once it is begun then the pathway forward has been grasped and will not be lost. We may step away from engaging in our healing but what little progress we may make will remain with us until we return to do a little or a lot more later on.

And from the Gold Coast, simultaneously, the program is implemented around Australia.