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PSYCHOLOGY and FEELING HEALING

The integration of Living Feelings First into our ways of life will be different for each and everyone of us. For many, this will be a complex and slow adjustment to our present way of living which is presently through mind domination. We have been inducted into living mind orientated for thousands of years. We have only now become aware that we were induced to live through our minds by hidden controllers who are high level spirits that had long ago rejected the pathway that we are to evolve along.

Let us consider some of the many career pathways that we may choose from and ponder how each may be transitioned from the Rebellion and Default environment of control by others and self-denial of how we have been personally damaged including how we have been indoctrinated to live life through a façade personality – rejecting our true personality bestowed upon us by our Heavenly Mother and Father.



Who is to lead this change over? Psychiatrists are medical doctors, psychologists are not. Psychiatrists prescribe medication, psychologists can't. Psychiatrists diagnose illness, manage treatment and provide a range of therapies for complex and serious mental illness. Psychologists focus on providing psychotherapy (talk therapy) to help patients. Consequently, it may be appropriate to engage with those who have clinical psychology as their profession.

As of a consequence of the Rebellion and Default, we have observed that psychologists are reluctant to consider that our physical parents have infused into their children, the errors and injuries that impede the child's quality of life as well as its potential throughout its entire physical life. Thus, this is a profound step for all concerned.

However, with the blocking of mind Mansion World spirits from connecting and influencing people on Earth negatively, as from 22 March 2017, and then with the formal ending and handing over of the administration of Earth's humanity to Celestial spirits as of 31 January 2018, conditions have dramatically changed.

There is a great unease throughout all of humanity. There is this aching desire for truth, to find a better way of living. Unrest is being demonstrated by all, no more so than by the young people. There is a growing rejection of the old ways, of relentless control, the rejection of ever increasing restrictions. People are suspecting innately that a change in how we are to live is to be embraced.

DARK ONES

On 5 February 2021, Clancey, recently turned 14 years old, in her year 9 English creative writing class, penned the following:



“It was a 2021, June the 22nd to be exact. I was running around with my friends when the sirens started to wail. We didn’t understand and thought it was a fireman as we called them. We watched as children started to be picked up by teachers and thrown into cars. We watched as fires were set to every living and non-living thing in sight, chaos was reeking and it was happening fast. We were scared kids running from authority, we thought we could do it and we did. Schools were shutting down worldwide. At the time, for school to be ending was amazing, but what they forgot was they had just set free children who had been dreading school, who had rebelled and turned to drugs and alcohol as a way to get out of the madness that teen life had to offer. They had just read of their demise, the world was changing and no one was prepared for the havoc that would come with.

“The dark age children or the Dark Ones, as we now call them, started off with stealing and fire (arson), but eventually turned to breaking more severe laws like murder. The police were so over worked that they gave up on stealing and minor problems. Fires lit every street and places came falling down. All people could do is watch what they’d created, they had given these children enough trauma and psychological scaring that these kids, these children were so enraged, full of anger and sadness, they didn’t care who they hurt. They just wanted someone to hurt the way they did. They felt empty like the world had closed, the colour sucked from their skin and eyes, they saw grey and no other colour. The world was coming to an end or so we thought. May I remind you this was all so that our prime minister (of Australia) at the time, Scott Morrison, could have an extra trip to Hawaii. He stepped down only 2 months after his declaration that schools were finished for good.

“Granny; what happened to the Dark Ones?” asked one of the children sitting around.

“Be patient little one” Granny (Clancey) replied.

“The Dark Ones were a part of the shadows for years and now they could finally speak and be heard. They took over the world spreading their thoughts and beliefs. On pathways, they filled kids with new thoughts and emotions, some new, some old. The children were all changing and whilst they used to plan havoc, now all they wanted was to be able to rid society of those who sort to control which demolishes happiness. They sort to bring back purity into the eyes of the newly born and they were succeeding. Time moved faster then ever and within what felt like weeks we had transitioned into 2022 and things actually were starting to change. The teens who would have graduated had now hit their 20s and with that maturity was enough that they could now start anew. The world started to look up and eventually created the times we now know as today, June 22nd of 2057. We were the Dark Ones and we created the lands, cities and society



Clancey



The DEPRESSING TRUTH of CHILDREN and their UPBRINGING!

p. 18 Gold Coast Bulletin 8 February 2021

More than 175,000 Australians under the age of 18 are using antidepressant medications each year, despite the drugs not being registered for treatment in this age group. Australia's population is 25.67 million, children under the age of 18 represent 22.4% of the total population.

The revelation comes as doctors say children as young as four are being prescribed the drugs and one in every 33 children – including pre-schoolers – are taking them.

Concerns are also mounting that the drugs could be driving up youth suicides.

The nation's medical regulator has called on doctors to review their prescribing of the drugs after it found that use of antidepressants had soared by 36% in the past five years.

Alarming, it found suicide rates had also increased across all age groups, especially among children under the age of 15. But it said there was not enough evidence to prove the drugs were the cause.

Medical professionals and parents are calling for warning labels to be placed on the packaging of antidepressants.

While a direct connection between these drugs and suicide is still being investigated, specialist doctors colleges have reported that there can be severe and long-lasting withdrawal symptoms when people try to get off the drugs.

The head of adolescent psychiatry at the Royal Australian and New Zealand College of psychiatry (RANZCP), Paul Robertson, is concerned antidepressants are being prescribed "too often" and said Australia's increasing use "is not clearly aligned with the various guidelines around the world".

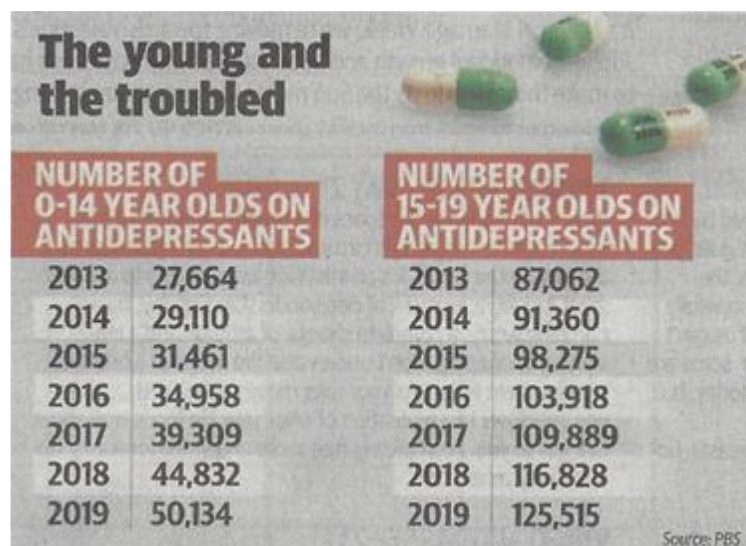
Dr Robertson said he had seen instances of the medications being prescribed to four-year-olds. "It's probably mostly not appropriate and a different sort of intervention is required", he said.

Antidepressants are not registered for the treatment of depression in anyone under the age of 18 in Australia, yet more than 175,000 people in this age group were using them in 2019.

A study by the nation's medical regulator, the Therapeutic Goods Administration, TGA, found almost 40,000 children aged 5 to 11 years were prescribed antidepressants between 2015 and 2019.

Australia has become the third highest user of the medicines in the world.

Doctors have admitted that they were issuing the drugs out of desperation and outside medical guidelines because child psychiatrists were too expensive and waiting times could be 12 months or longer.



“It’s a very difficult thing when you’re at the frontline,” Australian Medical Association vice president and GP Chris Moy said.

“The other day there was somebody under 10 who’s facing 6 to 12 months to try and get in (to see a psychiatrist).”

According to the RANZCP, the numbers of child psychiatrists, psychologists and mental health workers needs to double to meet demand.

Sydney psychologist Kimberley O’Brien said it was better to assess children when they were not on medication, but that 10.6% of the children from the 2,000 families her practice sees each year are taking antidepressants.

“I have actually heard parents say that its much cheaper to just get the medication rather than to go and have the therapy,” she said.

A study by academics Martin Whitely and Melissa Raven and child psychiatrist Jon Jureidini last year found a 66% increase in the use of medications in young people in the past decade.

They found this was associated with a 49% increase in youth suicides.

The authors could not prove antidepressants caused the suicides but noted “there is clear evidence that more young Australians are taking antidepressants and more young Australians are killing themselves and self-harming, often by intentionally over-dosing on the very substances that are supposed to help them”.

Recent research by Sydney University’s Rose Cairns found the drugs meant to beat depression were being used in self-harm and suicide attempts.

A Productivity Commission inquiry into mental health last year found there was evidence the medications were being prescribed to people without a mental illness, contrary to people’s preference and before alternatives had been tried. Medical guidelines state psychological therapy should be tried before drugs are prescribed.

The whole human race is suffering from repressed childhood and mind control.

OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!



We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.



PARENTS

0 to 6+ year old

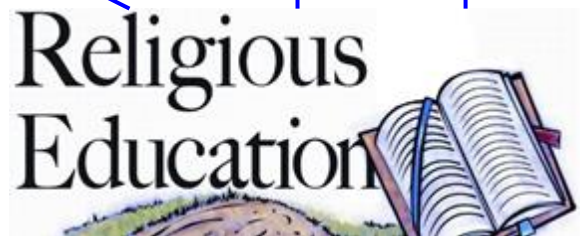


then



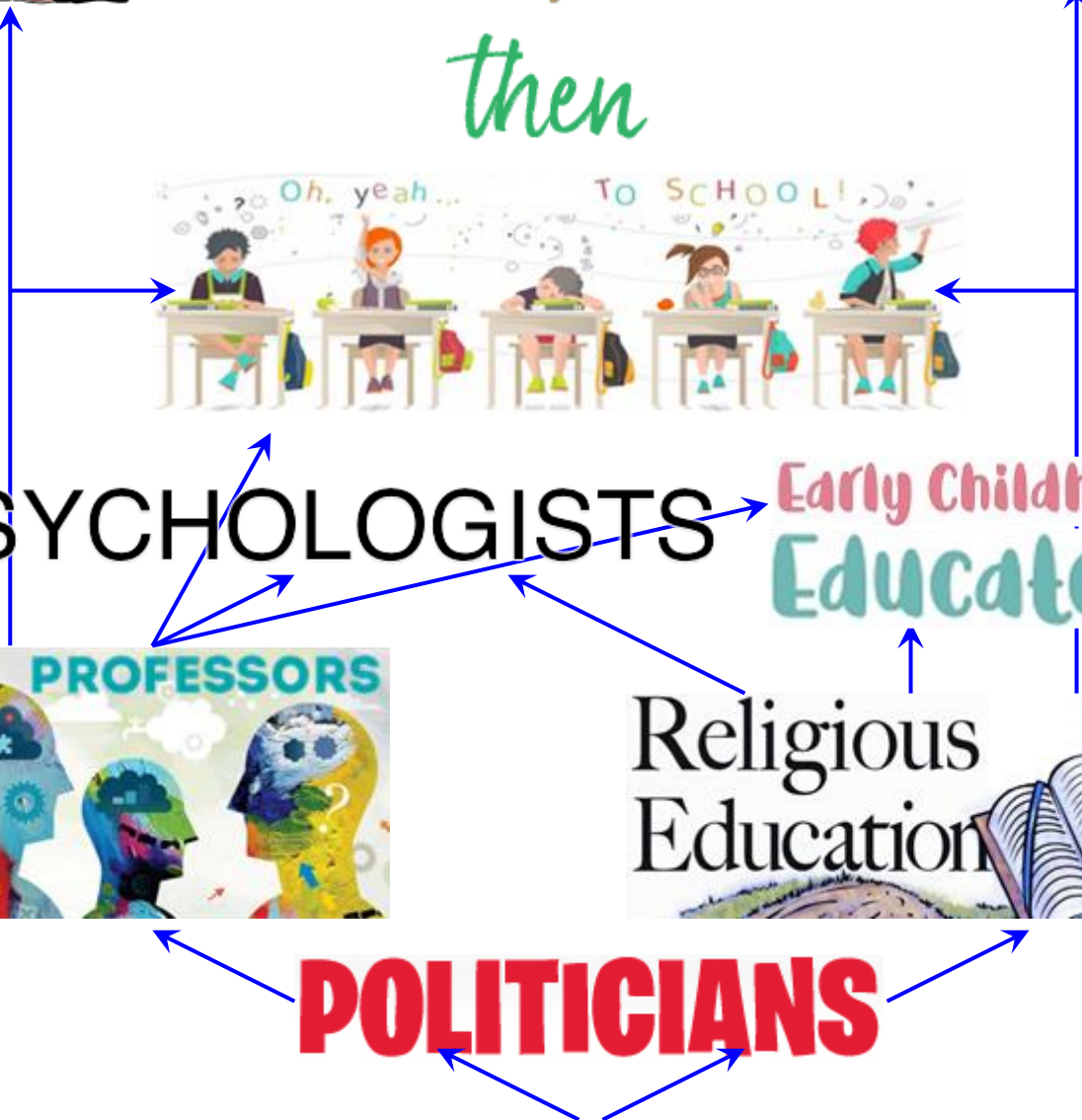
PSYCHOLOGISTS

Early Childhood Educators



POLITICIANS

JUDGES



Feelings First Spirituality, The New Way

Feelings are our own truth and personality



Pascas University, Pascas TAFE, Pascas College, all through their many avenues, are to make available the understandings and guidance of Living Feelings First, being our Feeling Healing, throughout every community within every country in their diversity of languages, in as many differing formats, as appropriate to enable everyone to be able to consider Living Feelings First.

Through the psychology departments associated with **Pascas Care Centre** clinics and the education facilities, research programs are to expand the understanding and application of our Feeling Healing. This is to enable an evolving development of life through Living Feelings First and longing for the truth of our Feelings, Feeling Healing, and ultimately with Divine Love being then Soul Healing.

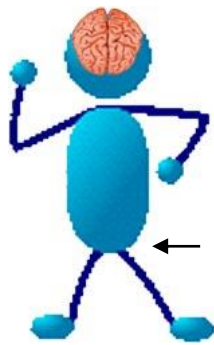
Governments will be invited and encouraged to consider these evolutionary developments. Within the ambit of governmental authorities, universities, psychology research teams and schools from pre-school through to higher education will be supported to embrace this way of living and the making available this guidance.

Governmental departments and agencies such as social services, children's services, police departments and all associated welfare departments are to be introduced to this guidance and research. Domestic violence and children's courts may realise the attributes of Feeling Healing when it begins to mitigate the numbers they have had to consider and assist. Progressively all aspects of social services and health services may find their work loads and demands that have been put upon them begin to subside. This is an evolutionary shift for humanity.



Mental or mind Truth-Seeker academically self-satisfies his/her own erroneous beliefs.

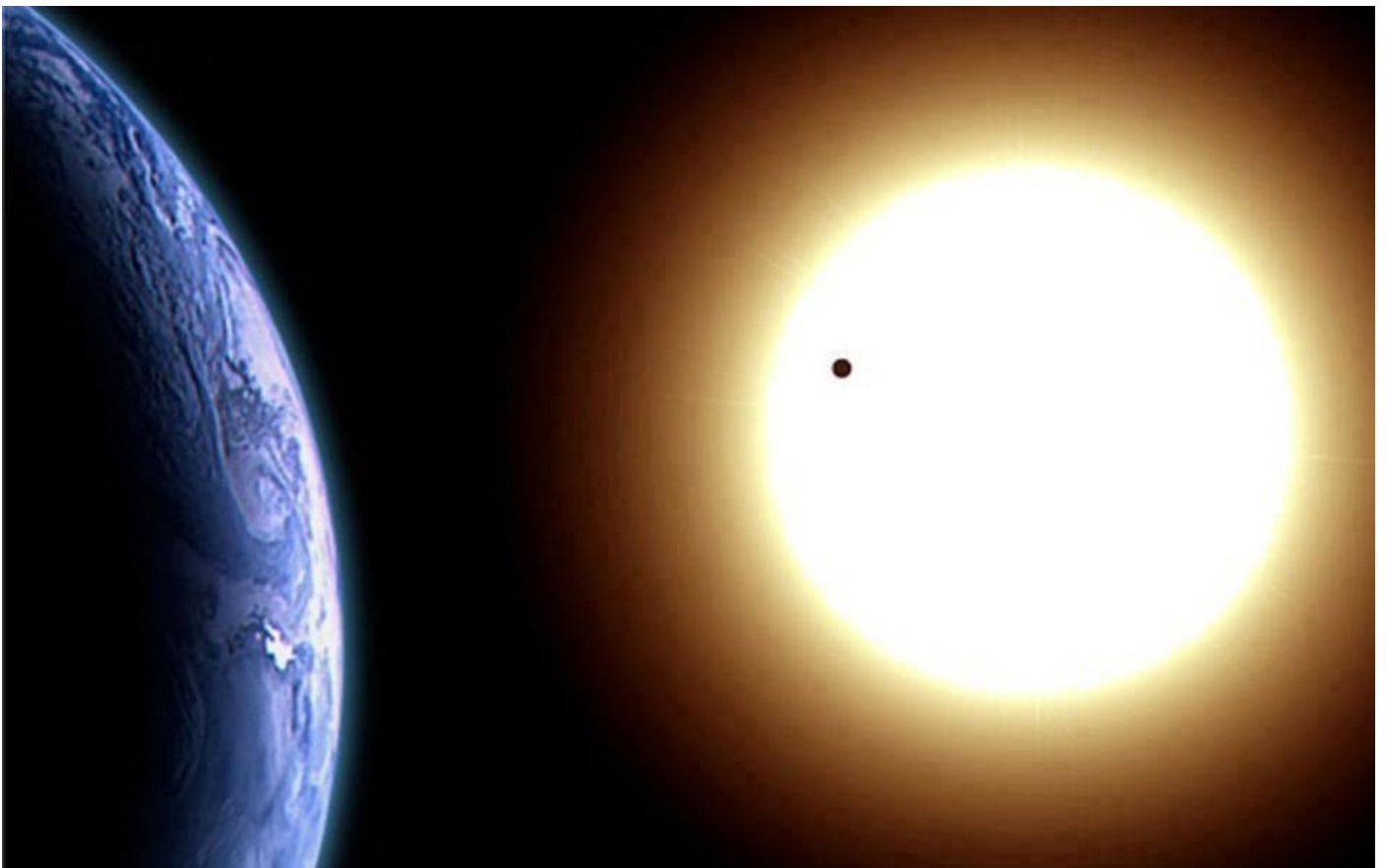
Through your own feelings you grow in Truth from your heartfelt feelings. Truth we seek is within us all.



The kingdom of God is in his heart – God’s Divine Truth reaching his personality transforming him.



The kingdom of man is in his head – what he believes is his own truth.



Consider this: the small black dot is the luminosity of a typical person on Earth, the incredibly bright sphere is the soul of a Celestial spirit who is now residing within the 1st Celestial Heaven sphere.

REBELLION & DEFAULT

FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair
Arrested and imprisoned 26 CE



Caligastia pair
Arrested and imprisoned early 1990s CE



Daligastia pair
Arrested and imprisoned early 1990s CE



MIND MANSION WORLDS

HIDDEN CONTROLLERS

DEEP STATE

SECRET SOCIETIES The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

EDUCATORS UNIVERSITY RELIGION

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1st Celestial Heaven: 11 Aug 2020



PEOPLE OF EARTH

WE ARE TRUTH SEEKERS

TRUTH versus FALSEHOOD:

‘It is an observed fact that even in the ordinary world of human life, the human mind cannot tell truth from falsehood, even about simple matters. The world holds an endless array of positions that are arbitrary presumptions and totally fallacious. One can observe them and respect how they are seen and valued by others without personally subscribing to them.

‘The mind is dualistic and thus sets up separatist mentations based on arbitrary, hypothetical positionalities that have no intrinsic reality. The mind thus confuses its own projections and mistakenly assumes that they have an external, independent existence, whereas, in reality, no such condition exists.

‘Science itself (calibration level in the 400s) has survived relatively intact and unscathed by the assault on truth. However this has led to the awareness that no major advance in science can occur without a further understanding of the nature of consciousness itself.

‘Not only is the majority of the content of the average mind fallacious, but it is also programmed to attack itself with self-hatred, depression, guilt, low self-esteem, envy, greed, conflict and endless misery. These defects are then projected onto the world as hate, war, violence and genocide. The ego defends its own limitations with prideful denial, thus becoming its own victim.

‘That the human mind, without help, is unable to tell truth from falsehood due to its own innate structure and design is so staggering a discovery that it is roughly comparable to the discovery by Copernicus that caused a cultural shock in the sixteenth century. (Copernicus formulated a model of the universe that placed the Sun, rather than the Earth at the centre of the universe.) Because this single fact alone is confrontational to the average mind, it will probably not be welcomed or warmly greeted by those who profit from sophistry and its illusions.

‘The ego sees Truth as its ultimate enemy. Thus, the ego really uses the mind as camouflage and becomes hidden in its clever constructions.

‘One’s inner spiritual evolution is of greater value to society than any form of doingness. The level of compassion radiates out and contributes silently to mankind’s wisdom.

‘A characteristic of the energy field of consciousness is its innate propensity to evolve to higher and higher levels in order to give expression to the highest potentialities. (This is only possible through the embracement and living true to one’s feelings, soul-based feelings.) By the time consciousness levels reach the 500s, and especially in the high 500s, one’s spiritual energy tends to flow in a generalised way and influences not only subjectivity but perceived experience as well. What is held in mind tends to present itself almost effortlessly as though by the miraculous.’

Notes from Dr David R Hawkins publications

The main obstacle to man’s development is his lack of knowledge about the nature of his feelings, his soul-based, always in truth, feelings.

The brain is not the origin of the mind, as science and medicine has believed, but the other way around. The mind controls the brain. The brain is activated by the mind’s intention and not vice versa. However, it is our mind that is to be subordinate to our feelings, not the other way around as we have embraced for the last 200,000 years. Our mind is to follow the guidance and promptings of our feelings and support and implement such feelings as they occur.

HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.



It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018

WHAT CAN I STUDY?

<https://www.studyoptions.com/what-can-i-study>

New Zealand and Australian universities offer courses in a huge range of subjects at undergraduate and postgraduate level, from bachelor's degrees through to masters (by coursework or research) or PhDs.

The range of subjects available to study at Australian and New Zealand universities is huge. Almost any subject you can study at university in the UK will be offered by at least one university in Australia or New Zealand, and you'll also have the option of studying subjects that are not widely available here, including tropical marine biology, Antarctic studies, maritime archaeology, sports psychology and indigenous history and culture.

While many of the subjects are the same, be aware that the content or emphasis might be different. Australian and New Zealand universities will offer a different perspective on subjects such as history, literature, politics and international relations, and often have a greater focus on Asian languages, culture and business than on European affairs as a result of their location and economic and cultural ties in the Asia-Pacific region. Anyone studying natural or life sciences – botany, zoology, marine biology and so on – should expect to study very different flora and fauna, much of which will be unique to Australasia, while those studying creative subjects such as music and fine art are likely to be exposed to different influences and ideas than those studying the same subject in the UK.

Now is to enter PASCAS UNIVERSITY

For millennium after millennium, all of humanity has been restrained in their development by being educated and guided to live through their minds. The focus should have been feelings orientation.

Engaging with our feelings opens our potential to infinity, whereas through our mind we have a self-imposed ceiling of 499 on Dr David R Hawkins' Map of Consciousness scale. The most highly renowned scientists typically calibrated at 499, including Stephen Hawking, Albert Einstein, Sigmund Freud and Isaac Newton (Truth vs Falsehood by Dr David Hawkins).

The dynamics of leadership of communities and countries is a reflection of the calibrations as per Hawkins' Map of Consciousness. In short, the victor of any conflict is the leadership with the highest calibrations. The most commercially successful enterprises are those with high calibrating leaders. The medical professionals that help their patients most are those who have high calibrations. Life longevity is reflected in those with high calibrations. Every facet of our life is benefited by elements that calibrate high on the Map of Consciousness. This can be determined by simple kinesiology muscle testing which is a free process taking a minute or so.

Now we can break the glass ceiling and re-align all aspects of education to being feelings orientated. Engage our feelings and have our minds to follow to implement what our feelings are guiding us to embrace. There is not a subject grouping that does not benefit from this realignment.

For 200,000 years we have suppressed our feelings. Our feelings are always in truth. Our feelings are soul-based. Whatever feelings come up for us, we are to long for the truth that they are to show us.

Further, as we grow in our embracement of our feelings we open our potential to engage with Celestial spirit guidance. They further our awareness of our feelings and prompt us with subtle influences that advance our development and awareness of truth. This change in how we live, from mind enslavement to feelings freedom, is profound.

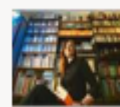
HIGHER EDUCATION SUBJECT GROUPINGS:



**ANIMALS AND
LAND**



**ARCHITECTURE,
BUILDING AND
CONSTRUCTION**



**ARTS,
HUMANITIES
AND LANGUAGES**



**CREATIVE ARTS,
DESIGN AND
MEDIA**



**ECONOMICS,
COMMERCE,
BUSINESS AND
MANAGEMENT**



**EDUCATION AND
TEACHING**



ENGINEERING



**HEALTH
SCIENCES
(ACADEMIC)**



**HEALTH
SCIENCES
(PROFESSIONAL)**



**HOSPITALITY,
TOURISM AND
EVENT
MANAGEMENT**



**INFORMATION
TECHNOLOGY
AND COMPUTER
SCIENCE**



**INTERNATIONAL
RELATIONS AND
DEVELOPMENT
STUDIES**



**LAW AND
CRIMINOLOGY**



**MARINE,
ENVIRONMENT
AND RENEWABLE
ENERGY**



MEDICINE



**MULTIMEDIA
MOVIES AND
MUSIC**



**NURSING,
MIDWIFERY AND
PARAMEDICINE**



PSYCHOLOGY



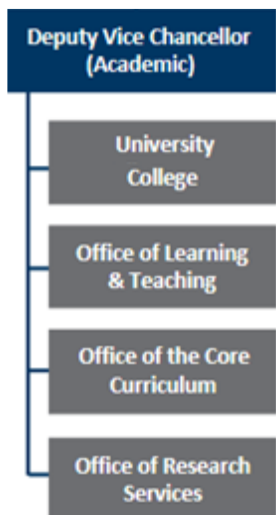
SCIENCE



**SOCIAL WORK
AND
COUNSELLING**



**SPORTS AND
EXERCISE
SCIENCE**



When we consider each of these subject groupings, the refocusing of each Core Curriculum with orientation to Feelings as against mind domination, will require Research Services and then the Office of Learning & Teaching involvement.

This is a major shift from the limitations of mind domination towards the freedom of feelings with its infinite potentialities.

Psychology and psychologists will be able to now address the implications of parenting, the childhood suppression and its ongoing repression with the child living with through a façade personality that brings about the social issues and ills that are presented in communities which lead to social discourse, policing and courts, not to mention the demands on social services, health services, hospitals and treatments that are provided that do not address the cause.

Medicine has not and does not comprehend the underlying cause of discomforts, ailments, disease and what generates health issues. Through embracing feelings, the underlying cause of health issues can be generally understood and appropriately addressed. Mental health is generally addressed by drug suppression which brings about further issues as it is furthering our feelings to be suppressed preventing access to the pathway for recovery. Every person has been suppressed throughout their child forming years – there is not a person walking on the planet that is not suffering some form of suppression – no one!

Law and Criminology is the consequence of suppression of feelings. Should we live true to our feelings, our soul based feelings, then we would be living true to our Heavenly Mother and Father – God. Once humanity begins en masse to live through their feelings then the demands on law services will abate. Our minds cannot determine truth from false, our minds are addicted to untruth, while our systems are mind dominated then Law and Criminology will continue to flourish.

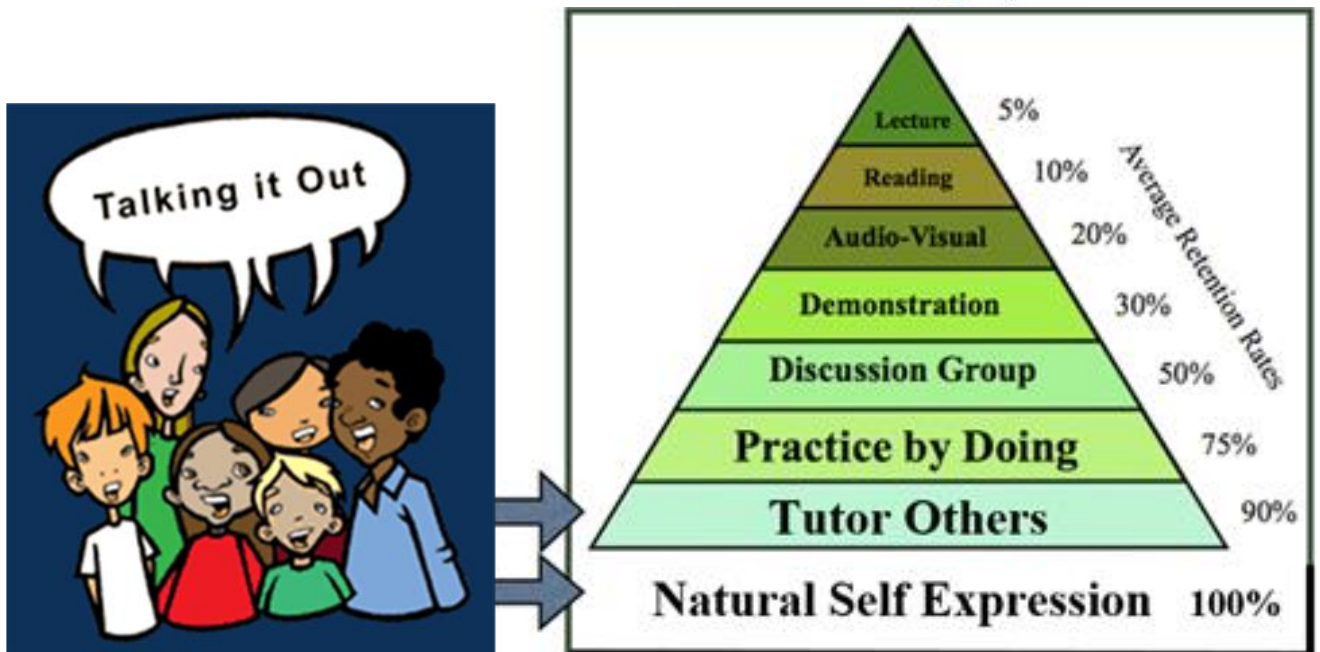
Education and Teaching is stymied in potentiality while it ignores feelings. Kinesiology muscle testing confirms that universal free education has directly raised the calibrated levels of nations’ population, however, it has reached the ceiling of potentialities in those countries that provided universal free education. The mind’s glass ceiling prevents further growth and development.

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

The following chart is represented by those countries with universal free education at the top with those below being progressively more and more restrictive in their provision of free education with some countries not providing education for girls at all.

	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

The Learning Pyramid



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017

**GREAT
U Turn**

Rebellion and Default
officially ended
31 January 2018

As we work progressively through the above list of subject groupings, then it is clear that everyone will benefit from the re-alignment to Living Feelings First and having the mind to follow rather than remaining mind centric and constricted.

To commence this development, it is the objective of Pascas University to establish such an education regime immediately with all course subjects being repositioned prior to opening for students. This being a mammoth ground breaking undertaking. Pascas University is to lead the way. It is considered that this task is best undertaken by a green-fields university with no past culture and customs inhibited the shift to Feelings. Then, through demonstration others might follow.

To lead this agenda it is also considered that clinical psychologists be engaged. Clinical psychology is an integration of science, theory and clinical knowledge for the purpose of understanding, preventing and relieving psychologically-based distress or dysfunction and to promote subjective well-being and personal development. Then the integration into each core subject would follow with curriculum development specialists engaged in for each subject matter in accordance with feelings orientation rather than mind domination and its limitations.

Major Universities and Schools

Académie Française	415	Heidelberg, University of	445
Arizona, University of (Tucson)	405	Ivy League Colleges	455
Baylor University	430	Jones, Bob, University	400
Big-10 Universities	460	Marquette University	440
Bryn Mawr University	455	Medical College of Wisconsin	440
California, Univ. of, Berkeley	385	Meherry Medical College	420
California, Univ. of, Los Angeles	385	Morehouse School of Medicine	410
Cambridge University	455	Motorola University	400
Chicago, University of	425	Oxford Union	495
Duke University	430	Oxford University	435
Duke University Medical School	435	Sandhurst Military Academy (U.K.)	465
Edinburgh, University of, Scotland	425	Sorbonne, The (Paris)	415
Exeter Academy	465	So. Florida University	305
Fordham University	440	Stanford University	400
Harvard Divinity School	455	Tuskegee University	400
Harvard Medical School	445	Wellesley	440
		West Point Military Academy	425

Dr David R Hawkins, in "Truth vs Falsehood" wrote: "The levels of calibrations relative to the Map of Consciousness of these institutions reflect the calibre of the faculty, which would be expected to be at least 400 (reason and intellect) at the minimum. Those below 400 reflect the substitution of philosophic relativism and socia-political positionalities. Naïve parents send their children to college (university) to become educated and are dismayed when they discover that they have instead become indoctrinated with problematic philosophies (Shapiro, 2004). Radicalisation of students calibrates at 180. As will be

discussed later, the presidents of six major universities calibrate below 200, as do numerous academic professors and their departments, some of which are actually lower in calibration than that of their student bodies.”

As mentioned elsewhere, to carry out these calibration tests takes only a few minutes. While education and institutionalised systems adhere to the dictates of the Rebellion and Default, nothing can progress beyond the calibration field of Reason which is 400 – 499 on the Map of Consciousness. Only through embracing our Feelings and having our mind follow to assist in implementing what our feelings are guiding us to consider can we begin to further evolve in consciousness and truth. We need to also long for the truth behind what our feelings are guiding us to consider. Only then will education systems begin to evolve and progress beyond 500 and continue to develop as truth unfolds at an ever increasing cascading rate for all to embrace and wonder at.

Digital presentations of all styles, including movies, is a major advance over presentations that are lectures and reading material. Thus multimedia and film is a major core subject sector.

As we come to be living more and more through and responding to our feelings, we will discover that our natural self expression is that of our soul-based truth. This is the ultimate destiny for us. Our

soul will unfold to be our ultimate teacher and source of truth – we are fully self-contained.



As university subjects, as well as all education material, become more and more deeply orientated to feelings then the student faculty will be able to take on the tasks of resolving complex social questions. Their capacity to comprehend major complex scenarios and then to micro detail pathways to solutions will be endless. This is the ultimate in what is now the potential through living through our feelings. We are free to embrace and live through our feelings as the formal ending of the Rebellion and Default occurred on 31 January 2018 and those who were overseeing the Rebellion and Default had their lines of connection and interference blocked on 22 March 2017. Now we have higher level guidance that is to oversee the Great U-Turn and the steady progression of humanity out of living mind dominated and become feeling orientated.

This time, in the history of humanity, is the most exciting time ever experienced.

Now, students, with faculty support, can hypothesise and address major issues such as:

- Water management, supply, potable, agricultural and natural watercourse administration at national, regional and local levels.
- Fresh food production and distribution – nutritious food for all.
- Population expansion and distribution. Address refugee camps as well as relocation.
- Services and development for impoverished and deprived communities.

- Childhood upbringing – parenting. Parents to be to understand Feeling Healing living.
- The removal of controlling elements through changing the way of living to being feelings orientated. Look at the restructuring of all institutionalised systems and customs.
- Communications through feelings orientation. Do not impose our will on others.
- Multi-media standards and platforms to reflect higher consciousness levels now to evolve.
- Institutionalised systems being feelings orientated – respect the will of others..
- All encompassing participation in governance rather than centralised authoritarian controls.
- And much, much more!

These and much more can become facets of the various subject course options thus bringing about student campus involvement in national discussions and subsequent implementation of developments.

This is truly and evolutionary jump for all of humanity beginning from one greenfields university!

And the more we open ourselves to our feelings then the more we open our connectivity with our Celestial guidance, such as:

James: So a lot of people might come to Australia?

Tuesday, 2 February 2021

Nanna Beth, 3rd Celestial Heaven and John's grandmother: Yes. And various parts of Australia.

James: Like up north in Queensland (Australia), further than John, like he was talking about the other day?

Nanna Beth: Yes. Closer to the equator.

And you will need money to do all the creative side of things you imagine you want to do.

James: So like all the movies and everything else?

Nanna Beth: Yes. People are getting more used to using the Internet for everything, so traditional learning ways are changing. To educate and introduce people to your work will be easier to do visually, than expecting a lot of people to read a lot of information through long books. Other people will of course love reading your books, but for the majority of people it will be through the visual media. All to show along the lines of what Graham was saying to you today: To understand that no matter what one does, as it's all being done within a rebellion against truth and love, one is always going to feel unloved and untrue, being false. And so the choice to make is either continue on that way, or do something real about it. And that only you yourself can help yourself. No one else can change or heal you. You have to do your Spiritual Healing and come to be the full truth of how you are in your rebelliousness. And then you can be set free of it. The Truth will Set you Free. And it's true.



The logo for 'MOVIE CITY' is displayed in a bold, blue, sans-serif font. The word 'MOVIE' is on the top line and 'CITY' is on the bottom line, with the 'C' in 'CITY' being significantly larger and overlapping the 'V' in 'MOVIE'.

Aspiring to Living Feelings First

Brian Iwerach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

Psychology



20 July 2022

Idra, Celestial Spirit, says that by introducing the 'platform' of the Spiritual Healing, (namely Feeling Healing), to humanity, those people with a focus on psychology to uncover the truth of themselves will find it very helpful to see what it's really for, as they align themselves with the spiritual side, all about the Rebellion and so on. Psychology is directionless on Earth and in the mind spirit Mansion Worlds, it's just this thing about ourselves, helping us understand ourselves in a limited way, but it's not looked at within a spiritual context or with a spiritual purpose to help one grow in truth. So to give it one, then allows psychology to have a 'home', and so an aim and direction.

Feeling Healing



encapsulated within:

Divine Love Spirituality

Feeling Healing when appropriately understood and incorporated with the practice of Psychology gives structure, purpose and direction to the art of Psychology as well as meaning and an understanding of what is Psychology and how it is to benefit all of humanity. Feeling Healing addresses the 'elephant in the room', namely Childhood Suppression and its ongoing Repression. This is the pathway home that we each will embrace, either in the physical or within spirit. We are Truth Seekers and Feeling Healing is to provide just that, reveal the truth about ourselves.

How are we rejecting our
Heavenly Mother and Father
multiple times everyday?

It is through ignoring our feelings!

Our feelings are expressions of our
soul guided by our Indwelling Spirit
who is our Mother and Father's
spirit within each of us.

We are to live true to our feelings!
It is that simple!

What do our Heavenly Parents
desire for us to do?

To ask for Their Love,
Their Divine Love!

Just to ask our Heavenly Mum and Dad
for Their Love.

PARENTING:

We each induct our children, the child we bring into this world and love, into the Rebellion and Default, the very thing we each want to avoid and escape from! Yet we do this to every child and continue blindly to do so!



19 July 2022

We each have mostly parented our children for them to feel happy and successful in the mind way of life, and inducted them successfully and happily into the Rebellion and Default. That has made them feel they have the power and control to make life be as they want it to be, so to take hold of the Rebellion and make it as they want it to be. And so it might take them years of living happily in the mind spirit Mansion Worlds before they wake up to the truth of how we each actually did them such a disservice.

We can't judge upon our own actions.

I wish I could have lived this way, true to my feelings, during my life on Earth, I would of course had a very different life, but had I made sure my partner looked at life in the same way, with our feelings being the most important, and if they said things are to end, then we both follow them and end it, rather than not wanting to hurt each other and stopping expressing all the bad stuff and then it all becoming too complicated and fucked up until the inevitable happens and you have to extract yourself out of a very messy relationship. All of which would never have got to be such a mess had you just honoured all your feelings. Living with your Feelings First James is so much better, all so long as you keep wanting them to show you the truth, because you know where you stand all the time. And yes, suddenly bad feelings might come up like what happened for you today James with you suddenly turning on me and rejecting me, and I felt bad, but no sooner did I feel bad and you had expressed your feelings and moved on seeing that you weren't wanting to reject me but your mother, and then I felt good. But those sorts of bad feelings in a relationship if they remain unexpressed can fester away poisoning it until it all becomes too much and all the pent up hatred comes pouring out smashing it all apart. So more up and down in my feelings, but that was so good, it giving me more bad feelings I can work with, with Michelle. I will be able to speak more about my fearing being rejected, by you for example, yet also knowing it is really being rejected by my mother and father. Honour your feelings and being true to them, expressing them to uncover their truth, is so much better than dishonouring them and dumping all your shit on the other person. To accept you're feeling hurt and rejected, all making you feel powerless, is so much better than not trying to feel rejected and hurt and so hitting back and being angry and trying to assert your power and control over the other person. I hated such arguments, I was good at them with Jeremy, he never won, I always got my way, but I was doing that by denying my true feelings that I was feeling underneath.



one has to divest oneself of all one's erroneous religious beliefs if one sincerely wants to ascend in Truth to Paradise and be with your Heavenly Mother and Heavenly Father.

we're all going to do our Healing differently because of our childhood, all of which you told me at the beginning, yet I understand that you still have to see it for yourself.

Psychology; by introducing the 'platform' of the Spiritual Healing to humanity, those people with a focus on psychology to uncover the truth of themselves will find it very helpful to see what it's really for, as they align themselves with the spiritual side, all about the Rebellion and so on. Psychology is directionless on Earth and in the mind worlds, it's just this thing about ourselves, helping us understand ourselves in a limited way, but it's not looked at within a spiritual context or with a spiritual purpose to help one grow in truth. So to give it one, then allows psychology to have a 'home', and so an aim and direction.

That is, everything in our life we may come to want it to help each of us to feel the feelings, good and bad, and as well to need for the truth to keep coming up about that which we are feeling. We will want to uncover, to bring to light, the truth of our self in our rebelliousness. We will want to know the truth of our pain, and really do, not want to avoid it, want to go into the pain of our discomforts, illness and diseases and then deeper into the pain of our emotions and feelings, and deeper into the pain of our spirit, and deeper still into the pain of our soul.

We only have to feel the pain we need to bring the truth up, that once the truth comes, there's no need for more pain... so the truth is all that's important, the truth heals us, and not so much the pain. So if we embrace the pain, expressing all the feelings of it, it's all only to uncover the truth of why we have it, nothing else, not just to be in the pain for the pain's sake forevermore. So as long as the truth comes, the pain will eventually end, we won't be in pain forevermore, because we are longing for the Truth. So once the truth of our pain comes, the light of that truth ends the pain. We only have to be in pain until the truth comes, because we are only in pain because we are denying ourself our truth.

**To
Understand,
One must
Stand-Under.**

To understand is to stand
under which is to look
up to which is a good
way to understand

The changes as to how we may consider living that is now being revealed is to prepare us on Earth that through the embracing of our feelings and bringing to light the truth of ourselves that then we are progressed in our consciousness sufficiently for the Creator Daughter and Son, the co-regents of Nebadon, Mary and Jesus, the spiritual mother and father of this whole Universe, so that then we can move onto embracing their truths.

We are to follow the Avonal pair in doing our Healing, so once done, we can then move from their leadership and guidance onto Mary and Jesus, so they can then lead and guide us toward Paradise.

We each will 'do our time' with the Avonal guidance and leadership and then move onto Mary and Jesus so that we can move through the rest of Nebadon and then onto Paradise.

The more we grow in truth, the more our truth-perceptions (soul-perceptions) will awaken so we can perceive the truth in others, which is feel the light of their truth and feel our self being affected and influenced by it. We each are truth seekers and now that the Rebellion and Default is to end and is ending, truth is being and is to be revealed in a way never previously possible under the constraints of the Universal Contract governing the Rebellion and Default which was formally ended on 31 January 2018.

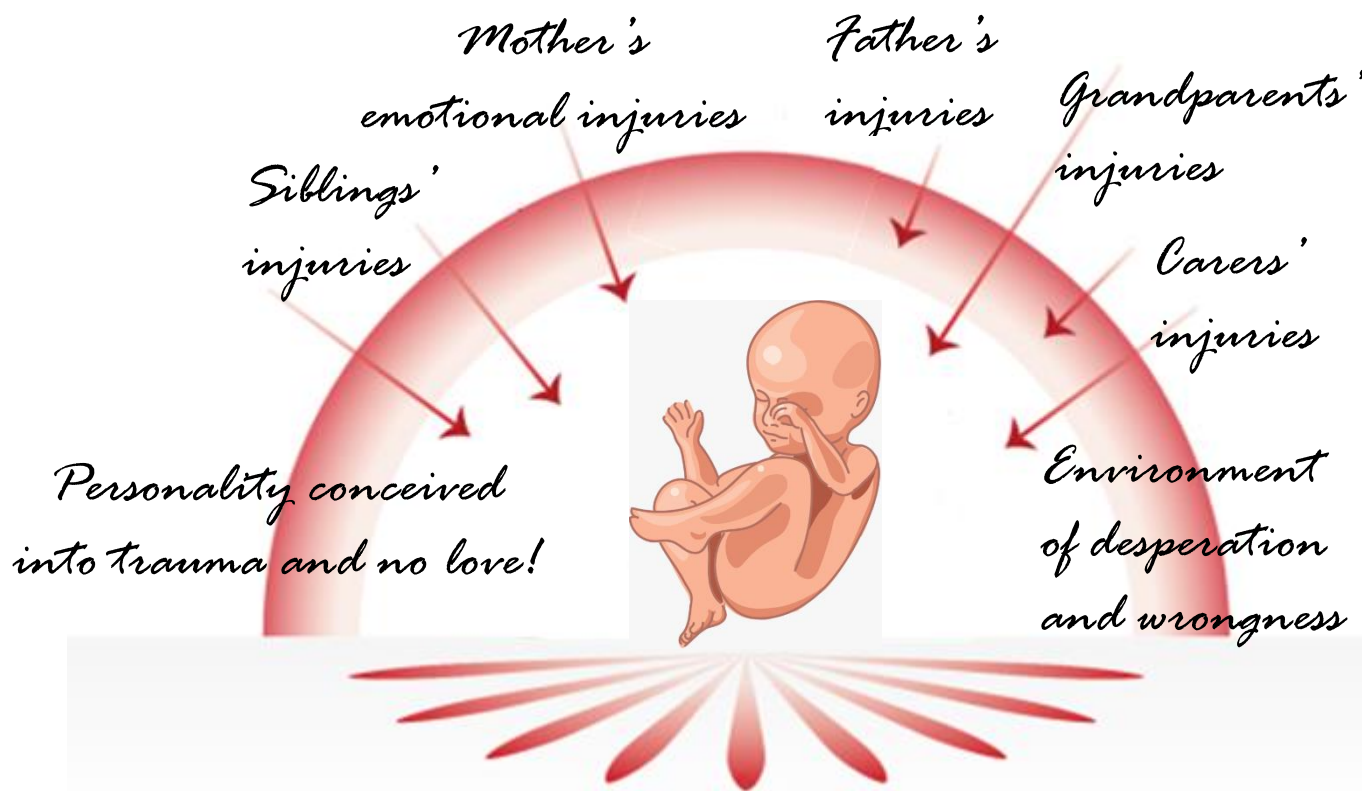
Mary and Jesus couldn't subject themselves to the whole Rebellion and Default, because had they, then the whole Nebadon would have had to join them in rebellion, they being the leaders of our universe, so they remained perfect and could only stop the Lucifers and Satans, dealing with them on the higher universal levels, and not revealing the truth, the way, of how everyone can do their Healing, because they didn't do their Healing, so the doing of one's Healing is not a part of their Truth, so their Spirits of Truth can't properly assist on in doing it. They can help spirits in the Healing worlds to a certain degree, but not anyone on Earth to do their Healing. Whereas the Avonals can subject themselves to the fullness of the Rebellion and Default, and by healing themselves, then they are opening the way for everyone to follow them and so do their Healing. Leading them to Mary and Jesus.

COMPULSIONS and ADDICTIONS

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the 'personality' that our physical parents impose upon us, to the detriment of our true personality.



Tuesday, 13 September 2022

James: Is there anything further they (Lady Spirits two Angels) can tell me about compulsions, what in fact are they, how do they come about, what's the difference been a compulsion and habit, and why can some people seem to change their habits and stop their compulsions and other's can't. Marion and I were listening to a guy who worked with people dealing with their drug addiction compulsions, and how the medical side calls the compulsions you can't do anything about being an actual disease. But they don't understand how it all originates in early childhood, like everything else.

Lady Spirit: Okay James... I'm just seeing how they want to answer you, going through me or direct to you... bit of both by the looks. Alright, I'll start, this coming from Zainta (one of her Angel pair). All behaviour that originates from conception, through the womb, at birth, and then in the first three years of life becomes what one might call compulsive, in that you have no say in being able to work with it,

which means, change it using your mind. Any behaviour after this as you get older becomes what you might call a habit, as in habitual, however it can be changed with certain effort and application of the mind. And the changes take place by applying the will to change one's underlying beliefs and subsequent behaviour.

So having said this, you don't see all how you are based on your early life as being one big compulsion that's divided into lots of different ones, but if you think about all your deep underlying and what you might call fundamental behaviour, which is how you express your personality, it's all what could be called compulsive, because you can't change it. And it can only change by fiat of the Mother and Father through the soul, which can occur at the end of your Healing if required.

We consider compulsions in largely a negative light, they are problematic and something when you become aware of doing them you might not like to keep doing, but as hard as you can try to change them, to change those aspects of yourself, of your personality expression, you can't do it. (I'm switching between saying it in my words and relaying Zainta's words directly).

So James, in light of the main compulsions, behaviour you don't like, that you've become aware of, notably, your fingernail biting, excessive eating for comfort, masturbation and disconnection – being unable to converse with Marion because of all your dysfunctional self-expression, these compulsions were all founded at your conception and developed through the womb, birth and first three years, to when you received that half-brick in your face, that horrendous rejection experience for you from the world locking them all solidly in place. So you feel so completely ingrained in you compulsion with no power of will to do anything about them. You've tried on and off throughout your life and more so through your Healing, you thought your Healing would enable you to gain some will and power being able to change yourself. But you can't. Whereas Marion has been able to apply her will to change her behaviour, ending taking the headache pills she was addicted to, being able to control her eating, and stopping anything else she didn't want herself to do anymore, however these have all been habits which she adopted later in her childhood or as an adult. You developed a mild habit as a young adult smoking marijuana, however once you begun your spiritual work you felt you needed to stop smoking and so did. So generally habits developed later in life don't have the hold on you, compared to ones developed earlier in childhood as a general rule of thumb, however it's not that simple because then you have to take into account the whole of your childhood and all the negative unloving powerless effects of that.

So you might have a bad habit but find it so hard to give up because you need it to mollify pain and emotional and spiritual dissatisfaction and feeling so unloved, needing to do what you do to ease the pain, gain some power and feel better by blocking out all your bad feelings. So you might take up as habits, such as smoking, drugs, alcohol, sex, having children to look after, work, hurting others, hurting yourself, whatever the habit might be, which with very hard work you might be able to end doing, whereas other people won't be able to give up, these becoming called compulsions, because they are tied into the deeper pain and feelings of feeling powerless, rejected and so unloved from the times from conception, through the womb and early in childhood.

Okay James, I get it, so habits start after three / four years old, but if they buy into or are even a result of deep and so early underlying compulsions you might not be able to change them as easily or at all by apply your will to use your mind to change your beliefs. I think I've got it. So James for you, you might have started your masturbation addiction at fourteen, but it's become a compulsion because it's really going from very early pain and trauma you experienced feeling so unloved and rejected at your conception, in the womb, birth and early childhood, you finding a way to sooth some of that deep pain and anxiety and hurt, so having to keep doing it because you can't bear to allow yourself to be in that very early pain and feeling so powerless and like your life is continually under threat. So it is the same with your overeating, you eat for emotional comfort not because you're actually physically hungry, and

when you do feel physically hungry you can't bear those bad feelings for one moment because it's really feeling so emotionally and spiritually hungry and deprived that you're feeling, so the physical hunger amplifying those deep underlying pain and the hunger needed to sooth that anguish deep in you from how your mother didn't love you and so denied, didn't 'feed' you emotionally or spiritually enough through the womb and when you were very wrong, and really right the way through your childhood. And by spiritually I mean by fully acknowledging you as the personality you are, not wanting you, hating you interfering with her, so she pushing you aside within herself when you were in the womb. Zainta (Angel) is saying your mother hated the notion of being pregnant, she didn't want the interference, she didn't want her body to be ruined by having stretch marks and all the rest from being pregnant, and she didn't want and hated all the difficulties of being pregnant, she was a woman who hated pregnancy, and so you causing all her problems, rather than a loving mother how loved every moment of being pregnant and so loving their child growing in them.

So James, you're fucked from such early times, and so no way do you have any power being able to change or stop doing those things, so they will be with you helping you to express all the bad feelings of having them, up until your Healing ends.

Zainta (an Angel) also wants me to point out to you James, that a lot of what we'd call our innate personality expression, is also compulsive yet we actually like how we are, so you don't fight those aspects of yourself, with only these few aspects of yourself that you don't like. But for us to understand that all how we are is really compulsive in that all of us is being driven from how our soul manifest us at conception, through the womb, at birth and the first early years, and a lot of how we are will not need to be changed by the Mother and Father when it comes time for us to leave the Rebellion and Default and end all the aspects that we hate about ourselves.

Many people have deep self-image issues, hating some aspect of themselves and their body, and so want to change themselves, some people even wanting to change their sex, and all these problems still also from these earliest times. If you're to be a boy and yet your mother and or father wants a girl and certain pressures are applied to you or impressed upon you at conception, through the womb, at your birth and early years, you can grow up feeling that you are really a girl trapped in a man's body, and that might plague you for the rest of your life, and you might even take measures to be more like a woman. But again it's to understand that is all a very simplistic depiction of such deep problems because there are many factors that come into play to create our negative compulsions and all those aspects of ourselves we might hate, despise and detest. And many of these difficulties are brought through from the hereditary lines on both sides at your conception, so you can take on stuff through your physical and spiritual genes, and then in a way even mental and emotional (feeling pattern) 'genes' as you are subjected also to your grandparents and their parents and so on back. It being like a huge smorgasbord from which your soul will select which parts of those genes to activate to bring your personality expression into Creation. And the genes can remain active your whole life, or be turned on and off at times or stopped all together and new ones activated, it all again depending on the needs of our soul so far as expressing you as one of its two personalities and giving you the life you need so as to experience all you will so as to give rise to all the feelings you'll need so as to give rise eventually to all the truth you need to evolve and ascend in.

Phew, I think I said it all as they wanted me to.

James: It sounds good to me, and thank you, thank them, for helping me understand why I do feel I can't do anything about my bad compulsions, why I feel so powerless, that they have such power over me, all because they started too early on in me. So they are an organic part of me, and so I do need some extra help to change them, to end my need to do them, which would be for me to no longer feel so deeply unloved and hated by mum and dad, needing to feel wanted, loved and cared about, so I feel powerful

and not so horrendously powerless like I do feel.

Everything that we are comes from the patterns established early in our childhood and right from conception and the womb.

WILL! The Soul does everything!



WILL Healing

Our HEALING is one long act of Self-Love!

The people who can change themselves, were able to change themselves in their childhood, they have that power, and I hate it when they having stopped their addiction set about telling everyone else how to stop theirs and saying you must stop it, just do this and that, apply your will, accusing you as being a failure if you don't or can't seem to do, saying 'You're not ready yet, and you have to really, really, really, want to change', which is all very well for them because they weren't so heavily controlled during their early years, whereas those of us who were, we're too fucked to be able to do that sort of self-help.

It is all our spirit neuroses. So we are just expressing our spirit problems through our physical body.

It's always the spirit first, you as a spirit, just expressing your spirit-ness through your physical body. So whether you overeat or under eat, it's all because of you as a spirit is suffering and has experienced a lot of traumatic rejection and unlovingness at the hands of your parents very early on in your early life. And that's why it's so hard to deal with, because it's to do with you as a spirit, and not just a physical body, so it's very emotionally, mentally, psychologically and spiritually traumatising.

Madeline, then Edwin, now Pauline

Saturday, 17 September 2022

Lady Spirit, now in 5th spirit healing Mansion World: Idra took me to visit a mother of two, a young boy and girl, a single mother I should tell you, her partner leaving her because of they doing their Healing, he still seeing their children but she wanting them more than he did, so it suits them both. Idra took me to her apartment and she was very happy to greet us and more than willing to ‘tell her story’ being happy that someone was interested in her and it helping her bring up more feelings and understanding about herself as she was telling me all she’s been through. Her children were away at a Play-House, another place where there are hundreds of enjoyable things for them to do. So I’ll relate her life story to you as she told me. Her name was Madeline and Edwin, then Pauline which it is now... confused?

She started life as a girl, Madeline, a French mother and English father, living in London when I was, however dying ten years before I did. She lived a middle class family life with other brothers and sisters and yet she always felt like she was a boy, wanted to be a boy, was a boy trapped in a girl’s body. So that as you might imagine made her feel very unhappy and unfulfilled and she set about changing herself into being a man as she grew older, becoming Edwin. She lived as a man for the rest of her life, not having children, having relationships with other men. Then she died and coming into spirit she still had her woman’s body and yet still wanted to be a man, she still believed she was a man, so set about being a spirit man, carrying on being Edwin. She had another relationship with a spirit man for two years, but then things started to go very wrong in their relationship with her partner accusing him of being a her too much still. And that greatly upset her, and in searching for answers as to what should she do, she looking into religion for consolation, however was rejected for being too different and too odd, but she did discover that she loved God and wanted to be with Him. So without her knowing, she had started to pray with a true longing to God for His Love, and asking God to help him know the truth of himself, and why did he still have to have a woman’s body – and was there something very wrong with him, or was he right being as he was, he didn’t know, he was too confused and begged and prayed for guidance.

Then he/she went to a spiritualists meeting in which the medium said she could speak with and get personal guidance for difficult issues from God, but that turned out to be nonsense and of no help however he met a nice man who seemed to warm to him, yet not in a sexual way, but seeming to understand something about his problem. And that spirit man, as you might have guessed James, was a Celestial spirit man who started to introduce him to the Divine Love and longing for it consciously and with purpose knowing what he was doing, and then the notion of doing his Healing. And through discussions with his Celestial guide he slowly came to understand that as God has made him a woman, that really he was a woman and that he feeling he was a man was a part of his problems about being caught up in the Rebellion and Default, that it was all caused by her relationship with his parents from his conception and through the womb and very early years, all that resulted in him not feeling like he was a woman but a man.

So as you can imagine James, he/she was faced with so many conflicting feelings, such inherent deep confusion, all of which bought up terrible pain and feelings of self-hate. He hated being a woman, and so why was that, and that’s what he/she is now being Pauline is still working through.

He was taken to a Divine Love sector of the first Mansion World, and there in one of the Healing groups met a man, but a man who wanted him to be her. So he tentatively started to try and be Pauline and to deal with all the bad feelings that came up, which led to the breakdown of the relationship with this man, but before that was finalised they both decided that to help him become more her, children might help. So they adopted their two children when they were babies, and again she found it very difficult being a mother for them, but kept up with the Healing sessions moving into the third Mansion World

and there early on they ended their relationship. And so she's kept working on herself become more of a mother and feeling more motherly and more like she really is a woman, because she is, and slowly becoming more aware of why she felt so confused about her sex.

So her severe compulsion and trauma really, as she said, was her believing she was a boy and man, when she wasn't. And she states emphatically now, because she understands the truth, she's living it more so every day, that it was "All in Her Mind". She only believed she was a man, it was one huge mind contrivance, and what a number she did on herself. She has a pair of Celestials who specifically help her with her Healing, she needing both the man and woman for the different times when she still feels she more a man than a woman and then more a woman. She said as she's been told by them that she expects to keep feeling that in some ways she's still a man and woman right through her Healing, she had expected to end feeling like she was a man and being fully a woman, but she's beginning to accept that might not actually fully happen until her Healing ends, and so right through her Healing, it's all about her accepting that she feels she is both sexes, and why she feels that.

She said there was a lot of confusion with her parents soon after she was conceived, she said things conspired for them to believe she was a boy when she was a girl. They went to a good reputable clairvoyant who said she was a boy soon after they found out she was pregnant. Then the doctor and nurse said the same thing, so for most of the pregnancy her parents believed she was a boy and so were choosing boy names and getting things ready for a baby boy, so their whole focus was on denying her being a girl. Then when she was born a girl, it was a big shock for them both, it took then both time to adjust out of her being a boy by being a girl. And she believes from her feelings that secretly both her parents still wanted a boy, wished she was a boy, she being their first child. But with time, a few months they got on and accepted her as a girl, and so she grew up being a girl but later with all the deeper feeling of being a boy part starting to come to the fore. Her parents not loving her truly, as no parents can, added many problems to her feeling unloved in many ways, just as we all do, but all those things caused more separation between her and them, which added to her feeling odd and not fitting in and so much so that she was really a boy and that God had got it wrong.

So she is accepting now that her Mother and Father wanted her to have this weird and very traumatic experience in life, not feeling connected with her own sex, so being so disassociated and disconnected from the truth of herself on not only the physical level but also on the psychological level. She said now looking back she can hardly believe how she was as a man, how she acted putting on the whole show of it, and yet when she moves into her feelings she can still easily relate to feeling she was a man. So she has bad and good feelings about having her children: bad in that of course she hates imposing her rebelliousness on them, but good in that her Mother and Father want her to live his more extreme side of the Rebellion and Default, and that it's about her and her children having this negative experience so they can understand all the truth of the Rebellion God wants them to live.

And that seems to be the general theme with all the parents I spoke to James concerning how they feel about bringing their children into the Rebellion knowing they are rebellious and that they can't help it, and can only do their Healing, and that possibly by doing it and becoming truer to how fucked and unloving they are, they will impose less of it on their children. They all also understand, and feel good about it, they are offering their spirit children a very different live experience with them growing up with them doing their Healing, compared to all those other spirit children and children on Earth who are growing up in the Mind Way, being totally unaware of their rebelliousness.

For us in the physical unhealed world; it's actually very hard for those of us doing our Healing to be a good loving friend for another doing their Healing, we're too much in love deficit, without enough love to give or offer another, whereas Celestials have all the love they need. So possibly we can only do so much, and it's not for us to expect ourselves being able to do too much. There we're the poor demented

and unloved being with the poor demented and unloved, and all we can do is struggle on engulfed by our bad feelings and feeling so powerless and that we can't do it, because we can't, and we don't know how to do it, because we're still too engrossed in it.

L	G	B	T	T	Q	Q	I	A	A	P
Lesbian A woman who is primarily attracted to women.	Gay A man who is primarily attracted to men; sometimes a broad term for individuals primarily attracted to the same sex.	Bisexual An individual attracted to people of their own and opposite gender.	Trans-gender A person whose gender identity differs from their assigned sex at birth.	Transsexual An outdated term that originated in the medical and psychological communities for people who have permanently changed their gender identity through surgery and hormones.	Queer An umbrella term to be more inclusive of the many identities and variations that make up the LG-BTQ+ community.	Questioning The process of exploring and discovering one's own sexual orientation, gender identity and/or gender expression.	Intersex An individual whose sexual anatomy or chromosomes do not fit with the traditional markers of "female" and "male."	Ally Typically a non-queer person who supports and advocates for the queer community; an individual within the LGBTQ+ community can be an ally for another member that identifies differently than them.	Asexual An individual who generally does not feel sexual desire or attraction to any group of people. It is not the same as celibacy and has many sub-groups.	Pansexual A person who experiences sexual, romantic, physical and/or spiritual attraction to members of all gender identities/expressions, not just people who fit into the standard gender binary.

FEELINGS ARE MORE THAN 1,000s & 1,000s OF BOOKS!

Only through longing, asking for, begging to know the truth behind our feelings and expressing our feelings to or with a companion can we then only begin to resolve and address our compulsions – all being part of our pathway of Feeling Healing, and with Divine Love, Soul Healing.



WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

Nanna Beth 29 June

2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.



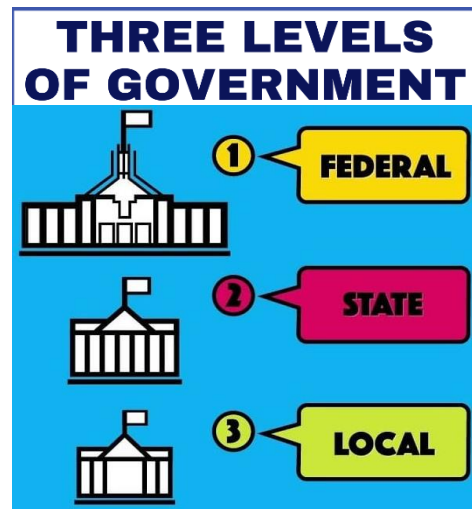
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer

BUT THERE ARE FURTHER LAYERS OF CONTROL!



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

Instead of assisting their people, governments at all levels impose restrictions and controls.

The same people who 'elect' the members of parliament do not realise that the 'nominees' are often puppets of hidden controllers.

GOVERNMENT

Derived from the Latin verb **Guverno, Guvernare** meaning **"To Control"** & the Latin noun **Mens, Mentis** meaning **"Mind"**

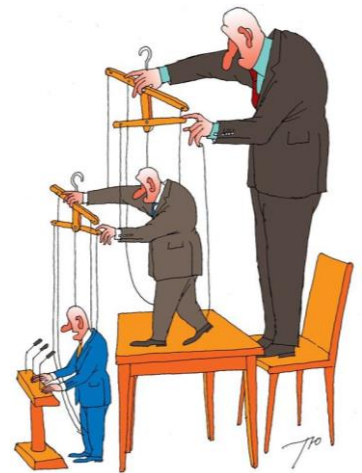
To Control The Mind

HIDDEN CONTROLLERS



'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term), who are in turn are manipulated by 12 (long term)

families. All of this is managed and imposed by global secret society networks under the direction of the 12 long term families and their chairman.



CONTROL DISRUPT

celestial Friends

Since 31 May 1914, Celestials have been progressively introducing high level truths to humanity that have been prevented from sharing for thousands of years. From 31 January 2018, Celestials have been disrupting the hidden controllers on Earth and slowly bringing about their manipulation and suppression of Earth's humanity.

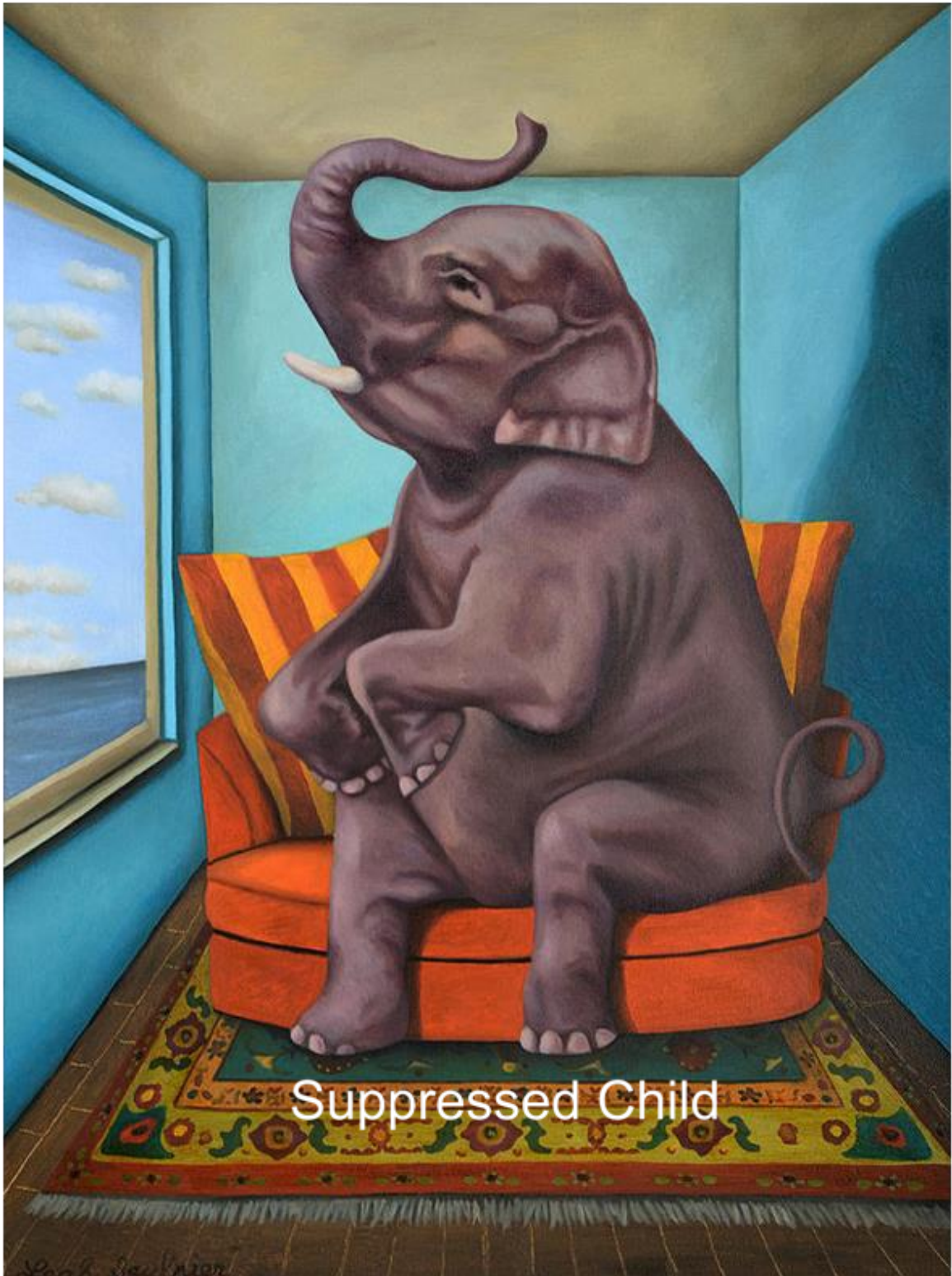
Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017



Rebellion and Default officially ended
31 January 2018
Great U-Turn now ready for mobilisation
22 July 2023



Childhood Suppression is the elephant in the room!



The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

The one and only truly effective vaccine is the healing of our Childhood Suppression and ongoing Repression through FEELING HEALING!

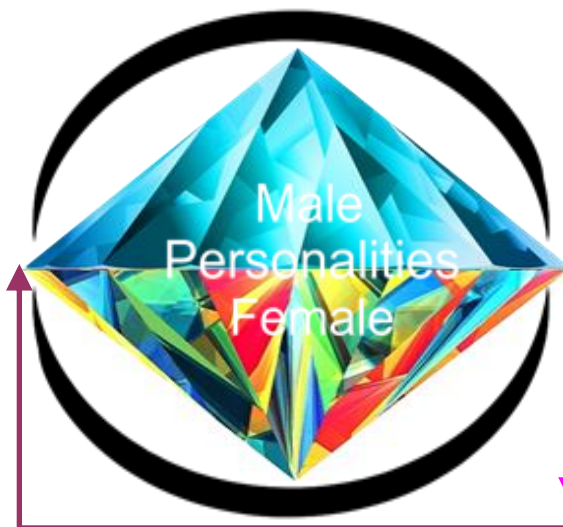
Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

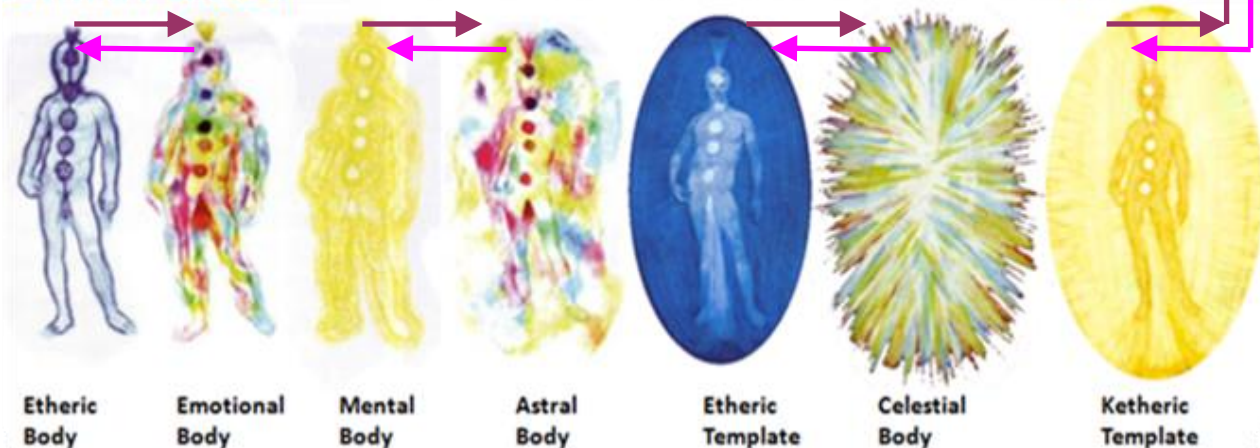
SOUL



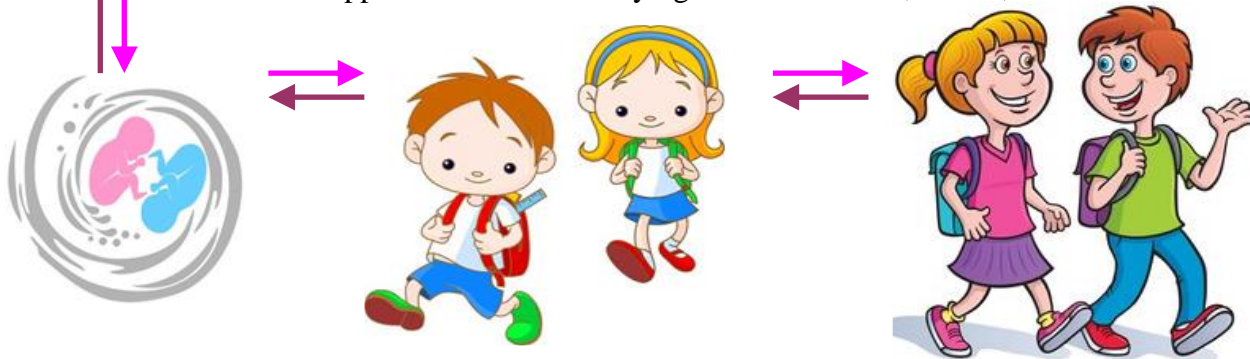
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



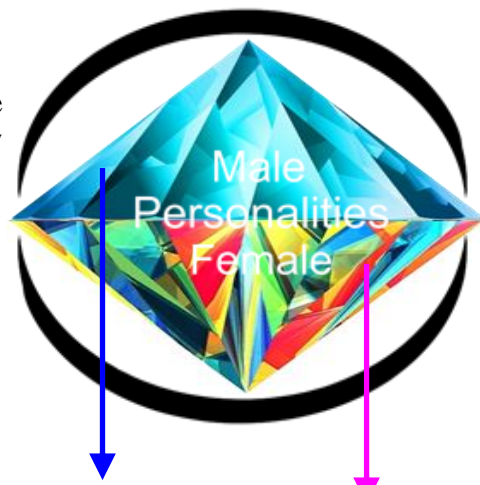
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



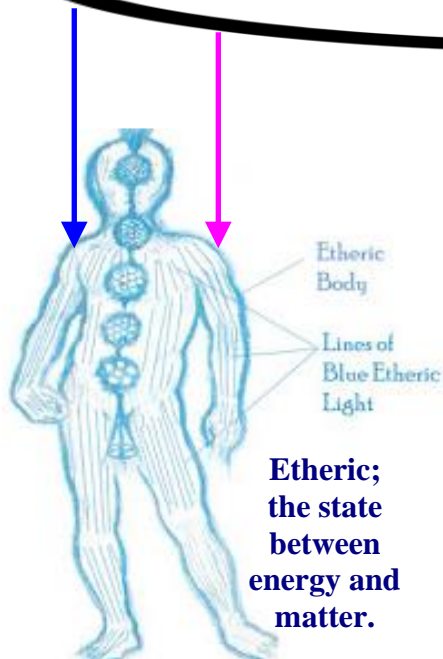
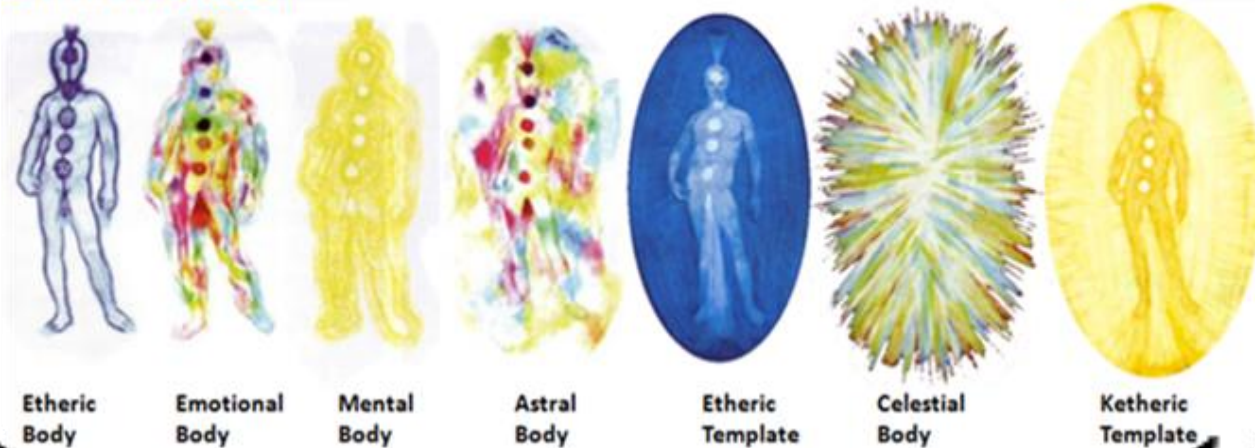
Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



SPirit BODY Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



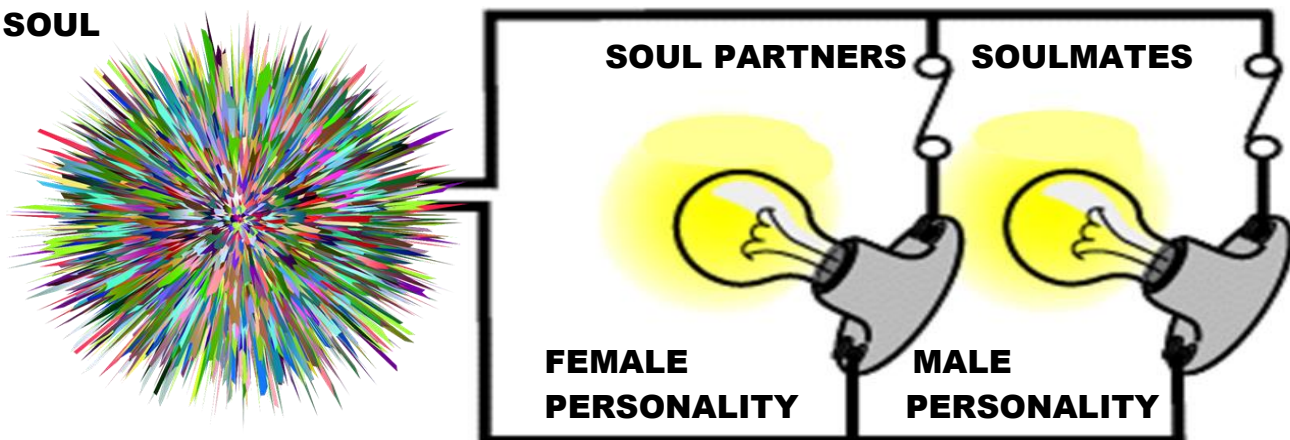
The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

Health of all of Our Bodies

SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!

**Two separate personalities on parallel 'circuits' having the same soul.
What impacts one personality does not impact the other personality.**

SOUL



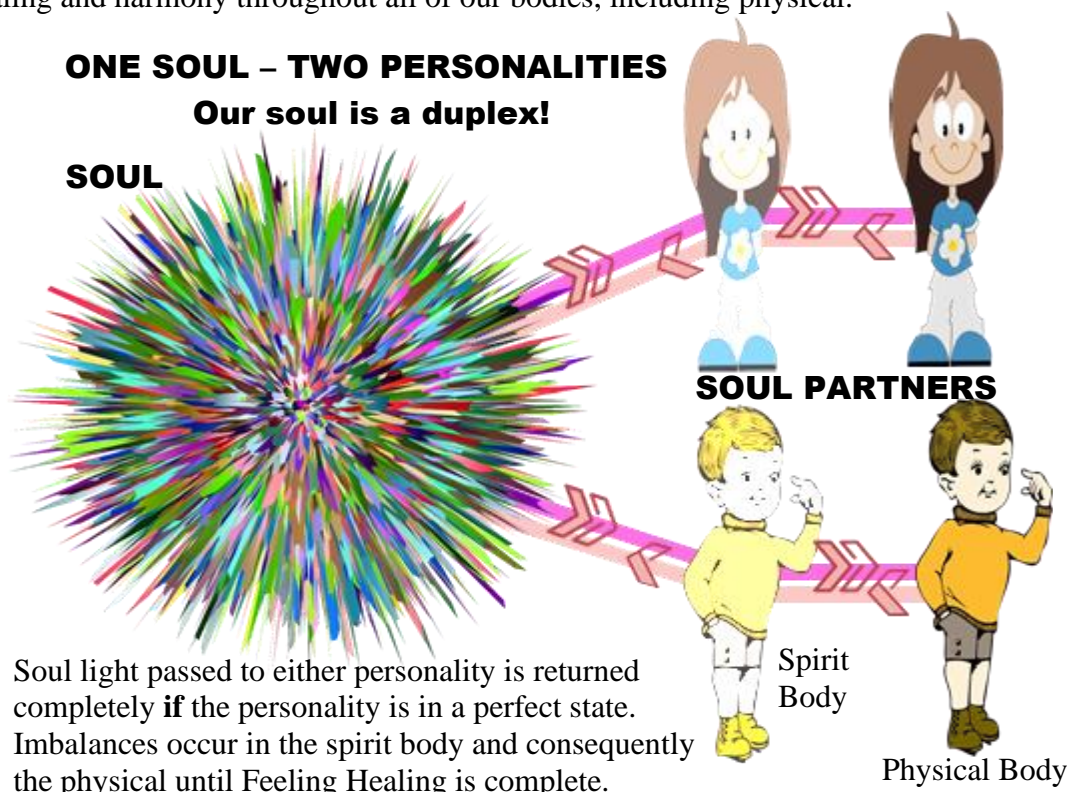
The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

ONE SOUL – TWO PERSONALITIES

Our soul is a duplex!

SOUL



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.



Feelings First with Mind to follow in support.

Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit www.pascashealth.com then Library Download page, in Pascas Care Letters click to open:



[Pascas Care Letters Mind into Balance with Feelings.pdf](#)



[Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)

Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

So what are our lives all about here on Earth?

Saturday, 9 December 2023

Our Heavenly Mother and Heavenly Father (God) have created us, their spirit children, by giving us a soul (with a soul-mate) and a unique personality. They then send us as spirits clothed in a flesh body to start expressing ourselves, our personality, in Their Creation, far away from Them on a planet we call Earth (Urantia).

We are then to have experiences through personality interaction, by having things to do with each other, starting with our parents and family, all so with our feelings we can grow in truth, which is the bringing to light the ongoing truth and understanding of who we are as a soul-personality and who our Heavenly Parents are. And we're to ascend through the Celestial heavens having left the Earth as we continue to grow in truth through our feelings, all the way to Paradise, that being the Home of our Heavenly Parents, so we can meet our Mother and Father in person. The whole of this phase of our existence in Creation being one big Ascension of Truth scheme. There are a host of Angels and other Mind Beings that help us spirits in our growth of truth, from being on Earth all the way to Paradise.

All our difficulties we face on Earth have been amplified and greatly increased because many years ago the Higher Spirits that were overseeing humanity, who were supposed to help us grow and evolve and awaken our understanding about we being children of God, rebelled against our Mother and Father. These Higher Spirits said they knew better than God, they knew what true freedom and liberty was, that we can all go it alone, we don't need God, and we don't need to be enslaved to God by having to live God's Will and doing what God wants – by following our Mother and Father's Plan for us; we can ditch that Plan and Them, and make our lives be whatever we want them to be. So the Evil Ones imposed their way on humanity on Earth.

Then added to that confusion, Eve and Adam came to Earth to help uplift the people, they also being Higher Spirits, and they were corrupted by the Evil Ones, they Defaulting when Eve and Adam went against God's Plan, Eve believing she could speed things up a bit, taking matters into her own hand. So all Eve and Adam experienced by Defaulting against their true path, became passed to and integrated in humanity.

So we are conceived on Earth into the Rebellion, by Default. We don't know we're actually rebelling against God, it all happens mostly unconsciously, it being passed to us when we're a child by our parents. So all parents are evilly bringing their children into the Rebellion without even knowing it, so by Default. We believe we truly love our children and our children truly love us, and yet how can that be when we're all living inducted into a truth-denying and love-destroying Rebellion. And we don't understand that, the horror we're actually living, and that is our greatest impediment to our living happily and in total peace and love on Earth.

We have been made right from the beginning to go against ourselves and God. So we are not using our feelings to grow in truth, we are using our mind to stop ourselves honouring our feelings the right way, using our minds to pretend what we believe is truth, when it's not, and is only a lie. We have created with our minds, all the ways of the world, all the religions, all our societies, all what we believe is the right way to live, however it's all wrong, because it's all within, and as result of our being in the Rebellion. So adhering to a religion is only using that religion to keep you bound up in your rebelliousness, that which you took on from your parents, family and society. So all we think is right on Earth, might not be so, it being actually wrong, because we're all around the wrong way, yet without knowing it.

We try to live good and happy lives, yet we're full of bad feelings we keep suppressed because we weren't allowed to express them freely when we were growing up. We use our minds to pretend we're

‘in love’ and happy, when really deep in our soul, we’re all very unhappy and feel rejected and unloved. Our lives are a mind-created delusion based on untruth and erroneous beliefs of the mind, all but devoid of the truth we need to show us this is how we are.

Being of the Rebellion and Default on Earth, we face a choice that has only just recently been offered to us, because the Evil Ones are no longer controlling the Rebellion and Default, they coming to their natural end.

And that choice is: to keep living the Mind Way we’ve all grown up in, living denying the true expression of our feelings and so denying ourselves the truth that would come from them, so stopping our true spiritual growth and ascent to Paradise; or, wanting to end living against ourselves, and set out to live The True Feelings Way, a New Way, and one in which we live wanting to express all our feelings, including all our repressed childhood ones, as we long sincerely for the truth of them. All so we can gradually, through our feelings, grow into understanding and living true to our being rebellious, so we’re no longer believing we’re good and living the right way and with God, understanding instead the truth that we’re living the wrong way and doing all we can to stop ourselves evolving all the way to Paradise to be with our Mother and Father.

So we can now either continue living deluded, as we’ve always been, not having a clue about the true way to live; or we can look to do our Feeling-Healing, and then our Soul-Healing when we also decide to long to our Mother and Father for Their Divine Love. And if you don’t live this New Feelings Way, you won’t grow in truth, and so will never get out of the mind Mansion Worlds, never healing yourself of the Default and Rebellion, so never being able to completely live back at-one with God in the true and right way, living God’s Will by simply attending correctly to our feelings; rather than incorrectly living it, which is not living it, by believing using our mind we are living God’s Will because we adhere to the practices and beliefs of a religion.

The Rebellion and Default is ending, and so too can we now end it within ourselves. Humanity is to embrace its Soul-Healing and stop being wrong, unloving and against itself. The next Age of 1,000 years is one to be highly charged by the Angels and other Mind Beings who will assist all people who want to come together and live in ‘sanctuaries’ doing their Soul-Healing together, with everyone wanting to divest themselves of the Rebellion and Default.

And gradually humanity will come back on track, coming to understand the handicap that’s been imposed on it by the Rebellion and Default, throwing it off, and so with everyone who’s born in future having a better chance at setting out for Paradise as soon as they become an adult. They understanding how to live true to themselves by living true to their feelings, whilst longing for the truth of those feelings.

Summary:

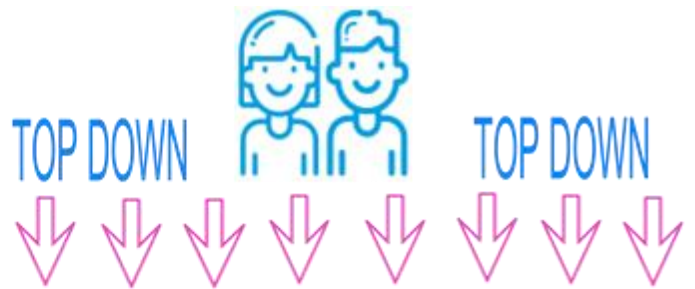
The Evil Higher Spirits fucked us up by causing us to live denying the truth of ourselves. No matter how good and right people might think they are, they are fucked, bound up in the unloving Rebellion and Default. The only way we can heal ourselves, ending being of the Wrongness, is to do our Spiritual Healing, that being to live the right way honouring and being true to our feelings, looking to fully express them, whilst we long for the truth they are to show us about how wrong and fucked we are. And once free of all our sins and errors, all the pain and suffering, once we’ve let go of our controlling mind and look to live truly from our feelings, then we’ll be full of love, and happy ever after. Living a true spiritual life.

Or even more simply: We’re all fucked, and only doing our Spiritual Healing will un-fuck us.

James Moncrief

REBELLION & DEFAULT - ending process!

Everything is to change!



From all points of view!



PASCAS VILLAGE – FIVE SEGMENTS with a HUB:

1. PASCAS UNIVERSITY

Campus for 5,000 students, with a comprehensive subject range, that demonstrates and leads to global implementation of Feelings First education at all levels and in all subjects, having been re-aligned to engage with Feelings First way of living.

2. PASCAS SANCTUARY HOSPITAL

300+ bed private hospital with specialist medical suites to provide full range of high end medical and surgical services. Super Pascas Care Medical Clinic – lead and training centre.

Such a hospital facility would provide tele-medicine support facilities throughout the Pacific Basin, Papua New Guinea and elsewhere.

3. MOVIE CITY

Five major film studios with additional studios for 3-dimensional and graphic productions. Focus includes Feelings First theme and educational films.

4. PASCAS PARK – JOURNEY of HUMANITY

Pascas Park takes us back one million years – brings us to today – then takes us on throughout our spirit journey to Paradise and introduces us to our future purpose. A three day visitor edutainment experience.

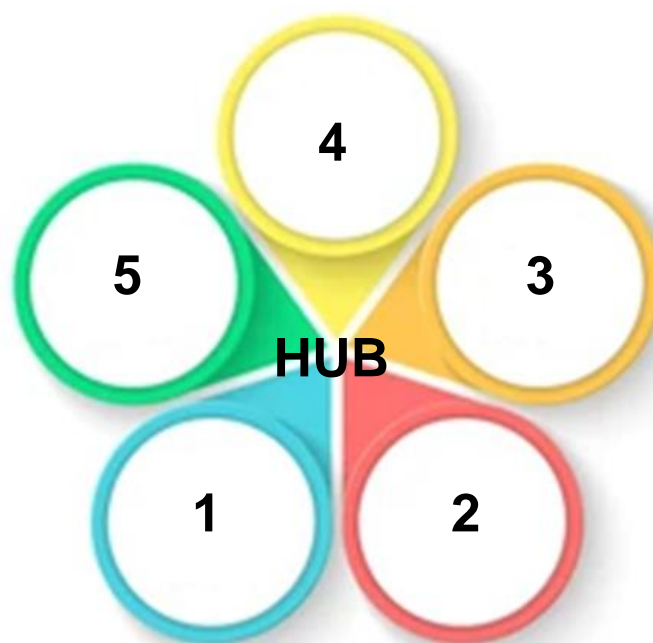
5. SANCTUARY PARADISE VILLAGE

Outside of structured platforms, individuals and families will be able to immerse themselves in all of what Pascas has to offer without constraints or obligations.

PASCAS VILLAGE CENTRE HUB

Community shops such as local delicatessen, groceries, range of restaurants and whatever is deemed appropriate. Theatre with seating for 900+ guests. Library for the community with meeting rooms to service needs of the four elements as well as local regional residents.

Pascas Child Care, Pascas School and Chaldi TAFE for the community and neighbouring residents. Short, medium and extended term accommodation. Student accommodation, medi-hotel sector, film makers accommodation and short term Sanctuary Paradise lodgings.



In this educational orientated series:

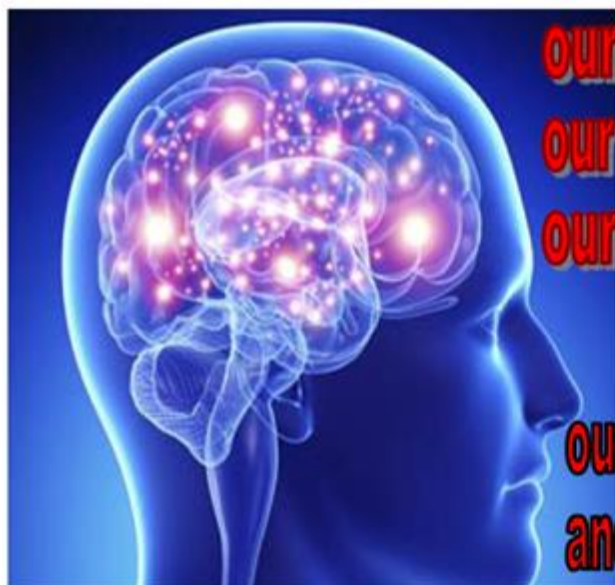
Chaldi Child Care Centres – Safe Space
 Chaldi College Free to Learn Instinctively
 Chaldi College Free to Learn Pathway
 Chaldi College Primary thru to High Feelings First
 Chaldi College Women and Girls' Education
 Chaldi College (WW) Education through Feelings
 Pascas Care Kinesiology Testing
 Pascas Care Letters Psychology and Feeling Healing
 Pascas Care Living Feelings First Adult
 Pascas Care Living Feelings First Children
 Pascas Care Living Feelings First Children Annexures
 Pascas Care Living Feelings First Children Discussions
 Pascas Care Living Feelings First Children Graphics
 Pascas Care Living Feelings First Drilling Deeper
 Pascas Care Living Feelings First Drilling Deeper Structures
 Pascas Care Living Feelings First Reference Centre
 Pascas Care Multimedia Movie City
 Pascas Park Journey of Man
 Pascas University and Global View
 Pascas WorldCare Cultural Centre
 Pascas WorldCare – Teams and Bottom Up Democracy

**PASCAS
PAPERS**

All papers are PDF downloads from www.pascashealth.com go to Library Download and scroll down.

Avonal Revelations for all of Humanity





**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

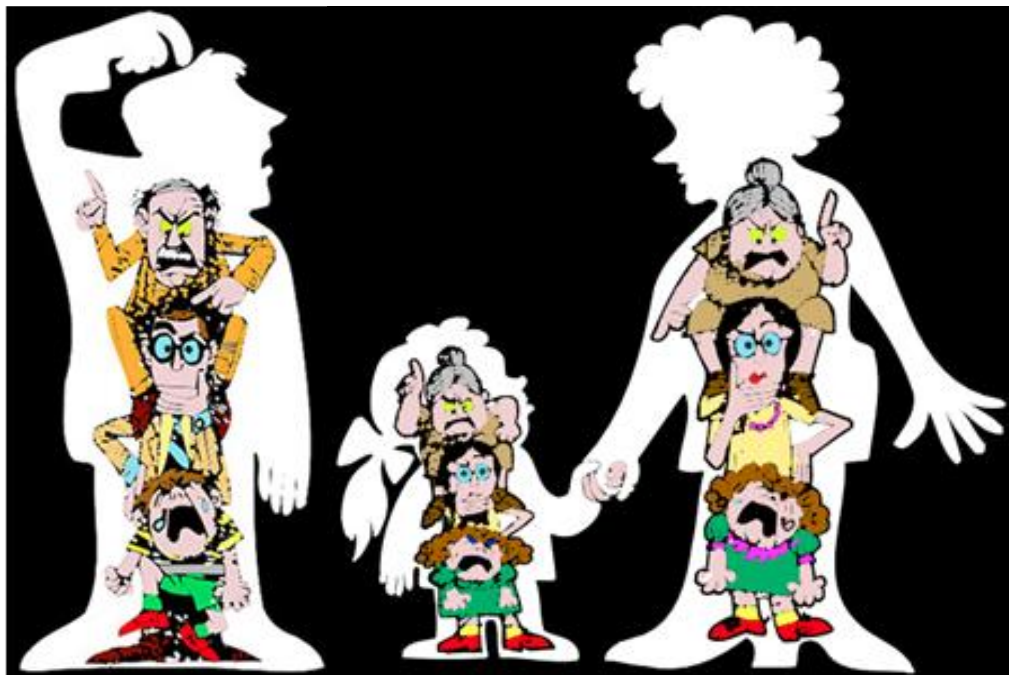
HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

From this:



To this:

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First



I am my SOUL!

I am not my body!

I am not my mind!

Allow our Feelings to surface and embrace them!

OUR MIND CONTROLS US!



GREAT
V-Turn

The Couch Psychology and Feeling Healing

First and foremost, psychology is to be re-visited taking into account:

- That the perpetuation of all social ills stems from our parents. To understand the foundations of our personal injuries and errors, we need to visit the way our parents instructed and guided us during our early formative years, from conception to the age of 6 years.
- At all times, our personality has been suppressed by our parents and carers to the extent that each of us present a façade personality to everyone, in contra-distinction to our true personality that we are to express – the one that we were created with.
- That our minds cannot determine truth from falsehood, that our minds are addicted to untruth.
- That our minds are addicted to control of others as well as our environment.
- Our minds control our brains.
- Our minds are within our spirit body and remain so to continue as we are in the physical when we shed our physical body and begin life as a spirit in the spirit Mansion Worlds.
- Our soul is always in truth. We are self-contained. Our feelings are our truth. We are truth loving people. We are truth seekers. Our feelings are always in truth.
- We are to long for the truth of what our feelings are prompting us to embrace.
- We are to live Feelings First and to have our minds follow to implement what our feelings are guiding us to do.
- While we are imprisoned within our minds we are nothing more than zombies walking around in a stupor. This is how rebellious high level spirits wanted us to be!
- Education systems around that world have reach their limits in how they can develop humanity, however the mind has imposed a ceiling and that is 499 on Dr David R Hawkins' Map of Consciousness scale.
- Living Feelings First opens a pathway which is limitless in potential.
- Our soul is a duplex. Our soul manifests two personalities. One will be a female and the other will be a male – ALWAYS! Thus one soul with two soul partners – two personalities!
- Our soul is in another dimension connected to our spirit body by a cord of light. Our soul is our true self, our true personality. Our eternal companion is our soul partner.
- Our life is about experiences. We are then to express what our experiences bring to our attention.
- All of our life, short or long, is only a small part of our experiences that we will be blessed with. No matter how difficult and harsh our experiences are, they are facets of a wonderful journey that we are to have – and that journey is all the way to Paradise, the home of our Heavenly Parents.
- Nothing is wasted and nothing is to be ignored,
- It is all about reliving our childhood and accepting our childhood as that is who we are, what we are and what we are continuing to relive.

The New Way

Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

The New Way is living the **True Way** of feeling expression. A loving way of being.



Spiritual Healing

Our childhood *is* us; we *are* our childhood.
 We are to uncover the truth of our childhood.
 We are to uncover the truth of our childhood through our feelings.
 By longing for the truth of them.

Sophie

“Being the newest spirit here, I’ll try. So, my understanding is we’re here to start bringing out feelings so we can uncover the truth of them. You two Celestials, having done your Spiritual Healing, are going to help us focus on our bad feelings in particular, helping us to express them, so we can long for the truth of them.

“And the overall aim of doing our Spiritual Healing, is, so I’m coming to understand, for us to become true to our childhood. Our feelings will lead us back into knowing how it was for us throughout our childhood, how our relationships were with our parents and other family members, and whether they were loving or not. And that we’re not doing our Healing to actually change ourselves as such, as we can’t change our childhood, but to keep working to bring to light the whole truth of our childhood. I understand that I am still as I was as a child, even though I thought being an adult I had moved on from it, but it was my childhood that made me be the adult I am, so in effect I am still that child. So through my feelings I want to connect with myself as the child I was and still am. And once I have brought to light the whole child I am, knowing why I have all the feelings I do and how they all come from my childhood. Then God will transform me out of all the wrong parts of what I have become through the unloving parts of my childhood, into being fully loving.”

(Episode 6: Pink an’ Jay)



Ask yourself:

Who hurt me when I was a child?

This is when we begin to realise that our childhood is the most formative and impactful experience of our life, from which we are to heal ourselves of all that negatively unfolded from the moment of our conception through to the age of six years.

When we start to long for the truth of what our feelings is bringing up for us, then we draw to us our invisible friends. They will prompt our feelings further with guidance and subtle inputs that make our endeavours so fruitful. When we consider embracing what is our Feeling Healing then we draw Celestial spirits to us. Celestials are spirit people who have completed their healing of their childhood suppression and its repression. You may be sitting at your desk and they will be with you, behind you and around you. They 'tune in' and once they have done so, they can continue to interact with you from which ever Celestial sphere they reside.



Life is about our experiences and the feelings that arise from our experiences. We are to express our feelings, talk them out, and to long for the truth of what our feelings want us to understand. We are to live through our feelings with our mind in support – not the other way round as how we have been taught and treated by others.

Our feelings are our truth. Our mind can be likened to a steel wrecking ball with us imprisoned inside – we get banged around and have very limited potential. Our mind imprisons us into mediocrity!

Open up to our feelings and embrace our invisible friends, the vibrancy of life will begin to unfold in ways unimaginable.

Kinesiology muscle testing with Dr David R Hawkins' Map of Consciousness will assist in opening up truth for each of us. It is simple to test the level of truth of any document, conversation, email, movie, book, etc.

Anything that is mind generated is limited to 499 on the Map of Consciousness. Without embracing one's feelings, we are locking ourselves into the limitations which equates to the 1st spirit Mansion World and the deep Hells! Only by living through our feelings and embracing Feeling Healing do we evolve in Truth and consequently Love.

it's all about
**Experiences
 &
 Feelings**

**Be Feeling
 Expressive**

Celestial Support:

celestial Friends

*A Soulgroup consists of 12 Soul Partner pairs.
From 24 personalities, the Soulgroup may nominate
a spokesperson to always be the communicator.*



*A Celestial soulgroup support
may have 12 further groups
as additional support, and so on!*



MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

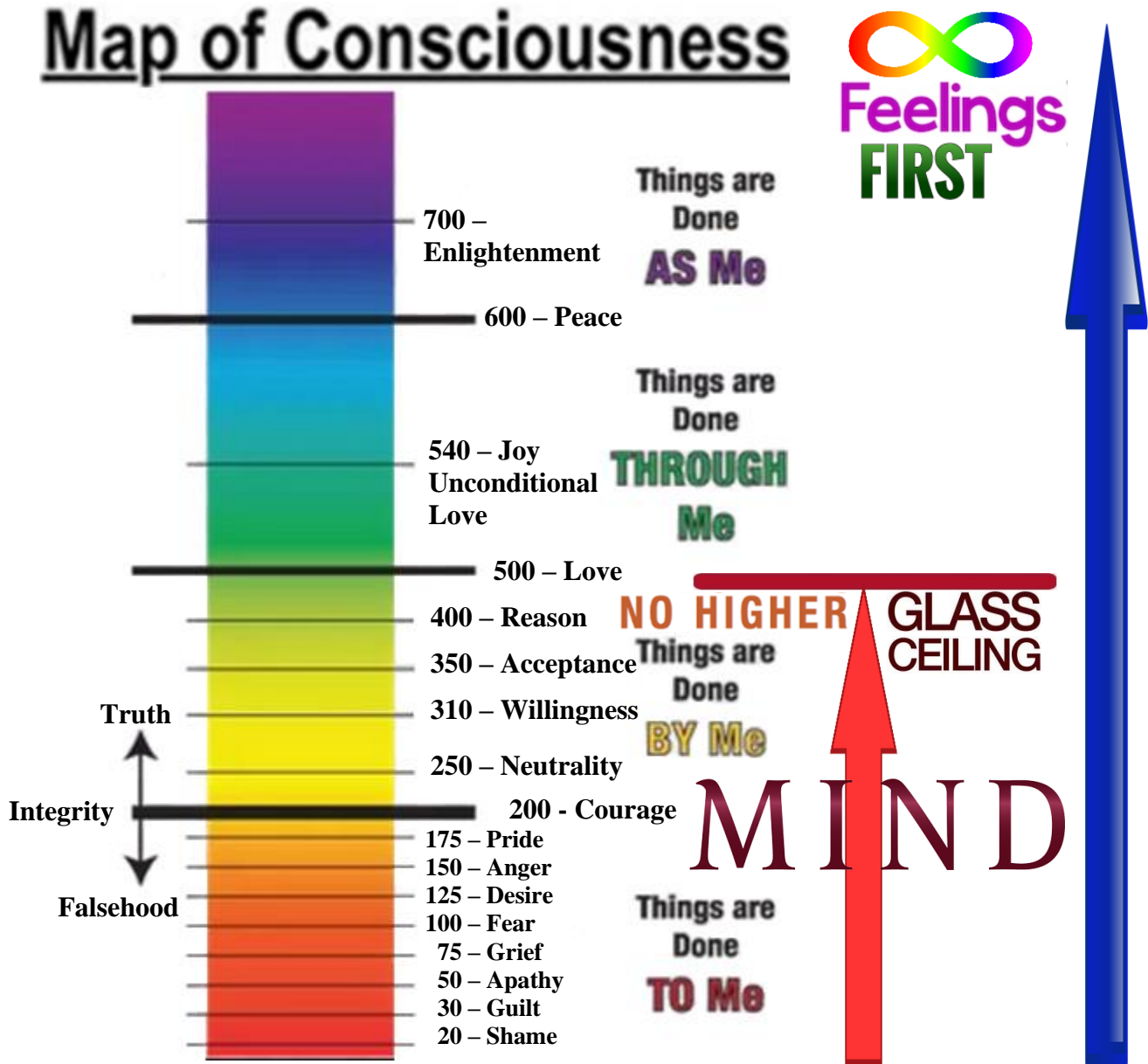
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

Map of Consciousness



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

Indigenous people take the lead in healing the trauma of the Stolen Generations

<https://www.abc.net.au/news/2020-05-31/healing-the-trauma-of-the-stolen-generations/12225034>
ABC Science by Anna Salleh

Monday 1 June 2020



Western mental health services have often missed the mark when it comes to dealing with Indigenous trauma.

The forced removals of children from their families have brought trauma to generations of Indigenous communities.

But there's now hope a groundswell of Indigenous-led healing programs, which are culturally sensitive and acknowledge how history has shaped collective identity, will help these communities on their healing journey.

WARNING: Aboriginal and Torres Strait Islander readers are advised that the following article may contain images of people who have died.

The abuse, including sexual abuse, that these children suffered after being taken from their families and placed in institutions was documented in the 1997 [Bringing them Home Report](#).

In 2008 then Prime Minister Kevin Rudd gave a historic apology to the Stolen Generations survivors.

While these were important steps towards healing and reconciliation, there's still a long journey ahead. So far, governments have been struggling to 'close the gap' when it comes to Indigenous mental health.

The healing programs, however, seem to be making a difference in bridging this gap.

And 81-year-old Stolen Generations survivor Aunty Lorraine Peeters is a pioneer here.

This Weilwun and Gamilaroi woman from western NSW has been on a long journey of healing after being taken from her family at the tender age of four.

Mainstream mental health care has often failed Indigenous people, she says, by focussing on behaviours like drinking rather than what's driving them.

"So being assessed for my behaviour, not for what I'm feeling. Not for my story. They're not interested in that."

Indigenous psychologist Kelleigh Ryan, who specialises in trauma healing, combining Western and Indigenous knowledge systems, agrees with Aunty Lorraine.

"We know a lot of the symptoms that we treat — and that we're funded to treat — are not the problem. They're merely the symptoms of the problem," says Ms Ryan, who is a descendant of the Kabi Kabi people of south east Queensland and of Australian South Sea Islanders.

She says problematic behaviour such as addictions are normally the coping behaviour of deep pain, usually trauma.

"So I can teach you all sorts of cognitive and behavioural skills to manage that addiction. But if I don't heal the pain now, that pain will come out some other way."

The legacy of trauma

The trauma of the estimated 17,000 survivors doesn't just sit with them — left unhealed it can pass from parents to children. And there are about 100,000 second generation descendants of survivors spread across Australia.

This intergenerational trauma caused by past forced removals has been linked to higher rates of family violence, suicide and incarceration in today's Indigenous communities.

Ms Ryan sits on the board of the Australian Indigenous Psychologists Association and says assessment and treatment often miss the mark because a lack of trauma awareness and lack of cultural sensitivity.

Mainstream approaches can also misunderstand Indigenous grief processes, which might for some include seeing or hearing spirits of deceased aunts and uncles, she says.

"So, if that person is actually in a grieving process and that's quite normal, then treating them like they have psychosis or schizophrenia would further harm them."

Community-led programs

One move to counter this is the training of more Indigenous psychologists like Ms Ryan. Another is better training non-Indigenous mental health care practitioners.

In 2016 the Australian Psychological Society offered its own apology to Aboriginal and Torres Strait Islander People, vowing they would listen more to them in the future, collaborate more and follow more.



Indigenous psychologist Kelleigh Ryan works with communities.

Meanwhile, Indigenous communities themselves have been taking the lead, including Aunty Lorraine who set up the Marumali Program of healing based on her own experiences 20 years ago.

Ms Ryan says there are an eclectic range of healing programs around today, which makes sense because addressing intergenerational trauma is not one-size-fits-all.

In 2012, a review of Indigenous healing programs from around the world was released by The Healing Foundation, which is a government-funded body that supports Stolen Generations and their communities.

It found that such programs tended to focus on collective approaches to healing — not just of the individual, but the community they are connected to.

They also drew strongly on Indigenous healing knowledge and the idea that connection to culture is important in wellbeing.



Working with communities

Connecting to culture is an important part of community-led healing, says Aunty Lorraine Peeters (in the centre, wearing green).

The trend today is for governments to fund researchers and practitioners to work with communities to "co-design" programs.



The idea is to use the community's knowledge about the problems they're facing to find the likely most effective solutions.

"[For example], is it running men's groups? Is actually giving the men somewhere to be so that they're not drinking, not getting violent, not being frustrated ... not having to act out their pain and sorrow in their community?" says Ms Ryan.

But, she says, proper co-design can be challenging.

"The person who has the funding has to actually be prepared to give up some of the power."

They have to build trust with the community before they can get a working relationship going, she adds.

And then they have to design a program, including measures of success, which are guided by what's important to the community.

"That's not easy, especially if it's your funding, and you also have KPIs to meet and you also have a belief system."

Culturally-appropriate evaluation key to success

The Healing Foundation found in their 2012 review that the most effective healing programs addressed local community issues, valued cultural connectedness, and empowered the community.

Ms Ryan argues a successful healing program is one in which individuals use what they learn to influence others in their community, to understand and heal their collective trauma.

But she says mainstream models of evaluation focus on counting things like how many people were trained, and ticking off what symptoms were treated.

Just as assessment and treatment needs to be culturally appropriate, she argues so does evaluation of healing programs.

Healing takes a lot of care.

Ms Ryan is also concerned about the short-term nature of funding that undermines building of trust.

"Trauma is not a quick fix," she says.

"A lot of programs are funded for one year. Intergenerational trauma needs more than six sessions.

"Why would someone from the Stolen Generations trust you? You have to be reliable and build that trust."

Common ground?

Trauma psychologist Professor Richard Byrant from the University of New South Wales agrees long-term funding is necessary.

He stresses the importance of valuing both western and Indigenous knowledge systems, adding that in his experience of working with Indigenous communities there is "common ground" here.

For example, he likens traditional practices like yarning and listening to the wisdom of ancestors as being similar to using cognitive behavioural therapy to emotionally process, contextualise and reframe experiences.

"In the west we think that's very important, but ancestors have been doing that for thousands of years."

When it comes to evaluation, he says this can be difficult, costly and time-consuming, but we have an ethical responsibility to make sure programs are working.

How best to evaluate healing programs is an evolving space. But meanwhile, the Marumali Program reports it has just had a new review that has given it a big tick.

And Aunty Lorraine is not wasting any time getting on with her mission.

She's been using the COVID-19 slowdown to get on with writing her book called *The Years That Never Were*.

And looking to the future.

"What I would like to see is our children or my grandchildren to have a voice to become part of the solution to break the cycle of trauma."

CONSCIOUSNESS vs LIFE EXPECTANCY:

“What nations of the Earth today vibrate to those things that they have and are creating in their own land, their own environment? Look to the nations where the span of life has been extended from sixty to eighty years.

“What is the spirit of a free nation? Most individuals proudly boast “freedom”. Freedom of what? Those nations who have taken those vows that man shall be free should also take those vows “He shall know the truth and the truth then shall make him free”.

https://en.wikipedia.org/wiki/Education_Index

MoC		Level of Consciousness	Life Expectancy Years	Political Rights & Civil Liberties	Education Index 2013	Per Capita Income 2013 USD
400s	Australia	410	80	free	.927	US\$43,000
	Canada	415	79	free	.850	43,100
	Germany	400	77	free	.884	39,500
	Hawaii	405	80	free	.890	44,000
	Hong Kong	400	80	free	.767	52,700
	Netherlands	405	78	free	.894	41,400
	Singapore	405	80	free	.802	62,400
	South Korea	400	74	free	.865	33,200
	Switzerland	400	80	free	.844	54,800
	United States	421	77	free	.890	52,800
	400s upwards average	406	78.5		.861	\$46,690
300s	Bolivia	300	64	partly free	.674	5,500
	Brazil	300	63	free	.661	12,100
	Central America	355	70	partly free		10,000
	China: People’s Republic	300	71	not free	.610	9,800
	Egypt	350	63	not free	.573	6,600
	Europe	355	72	free		34,500
	France	305	78	free	.816	35,700
	Greece	300	78	free	.797	23,600
	India	355	63	free	.473	4,000
	Italy	380	79	free	.790	29,600
	Japan	355	81	free	.808	37,100
	Mexico	300	71	partly free	.638	15,600
	Scandinavia	350	80	free		42,500
	300s – 399 average	331	71.77		.684	\$20,508
	200s	Argentina	285	75	free	.783
Iceland		255	79	free	.847	40,700
Indonesia		215	68	partly free	.603	5,100
Manchuria		200	71	not free	.694	4,000

	Nepal	205	58	partly free	.452	1,300
	New Guinea	202	63	partly free	.376	2,900
	Puerto Rico	250	76	free		16,300
	Russia	200	67	not free	.780	18,100
	Taiwan	295	76	free		39,600
	Tibet	200	60	not free		2,300
	Turkey	245	71	partly free	.652	15,300
	200s – 299 average	232	69.45		.648	\$14,927
High						
100s	Balkans	185	70	partly free		6,000
	Bosnia	180	71	free	.655	8,300
	Burma / Myanmar	155	55	not free	.371	1,700
	Cuba	180	76	not free	.743	10,200
	Iran	190	70	not free	.683	12,800
	Israel	190	79	free	.854	36,200
	Jordan	185	77	not free	.700	6,100
	Kuwait	190	76	partly free	.646	42,100
	Middle East	170	67	not free		6,000
	North Korea	175	71	not free		1,800
	Palestine – West Bank	185	72	not free	.662	2,900
	- Gaza Strip	185	71	not free	.662	2,900
	Saudi Arabia	175	68	not free	.723	31,300
	Sicily	175	78	free		24,000
	South Africa	190	51	free	.695	11,500
	Syria	155	68	not free	.553	5,100
	Turkmenistan	150	61	not free	.679	9,700
	Yemen	160	61	not free	.339	2,500
	150s – 199 average	176	69.00		.639	\$12,283
Low						
100s	Iraq	120	67	not free	.467	7,100
	Lebanon	130	71	partly free	.631	15,800
	Madagascar	125	55	partly free	.458	1,000
	Pakistan	140	61	partly free	.372	3,100
	Ukraine	140	66	partly free	.796	7,400
	Vietnam	140	69	not free	.513	4,000
	Zambia	110	37	partly free	.591	1,800
	100s – 149 average	129	61.88		.567	\$6,560
Below						
100	Afghanistan		46	not free	.365	1,100
	Algeria	90	70	not free	.643	7,500
	Angola	50	38	not free	.474	5,700
	Congo	70	47	not free	.511	400
	Haiti	55	49	partly free	.374	1,300
	Libya	90	75	partly free	.698	11,300

Nigeria	55	52	partly free	.425	2,800
Oman	90	72	not free	.603	29,800
Rwanda	70	39	not free	.478	1,500
Sudan	70	57	not free	.306	2,600
Uganda	40	43	partly free	.479	1,400
Zimbabwe	50	38	not free	.500	600
Below 100 average	66	52.17		.488	\$5,500
World Worldwide	212	70			US\$13,100

Freedom in the World 2014 Findings		
Freedom Status	Country Breakdown	Population Breakdown
FREE	88 (45%)	2,826,850,000 (40%)
PARTLY FREE	59 (30%)	1,822,000,000 (25%)
NOT FREE	48 (25%)	2,467,900,000 (35%)
TOTAL	195	7,116,750,000

The Map of Freedom reflects the findings of Freedom in the World 2014, which rates the level of political rights and civil liberties in 195 countries and 14 related and disputed territories during 2013. Based on these ratings, countries are divided into three categories: Free, Partly Free, and Not Free.

A Free country is one where there is broad scope for open political competition, a climate of respect for civil liberties, significant independent civic life, and independent media. Partly Free countries are characterised by some restrictions on political rights and civil liberties, often in a context of corruption, weak rule of law, ethnic strife, or civil war. A Not Free country is one where basic political rights are absent, and basic civil liberties are widely and systematically denied.

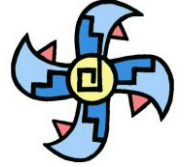
<http://freedomhouse.org/sites/default/files/MapofFreedom2014.pdf>

CHALDI COLLEGE – EDUCATION: Nanna Beth – 3rd Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

CHALDI COLLEGE

Nanna Beth – 3rd Celestial Heaven: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real

natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Feelings First Spirituality, New Feelings Way

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing

religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.



It takes a village to raise a child

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



**From conception to
age 6 or 7**

From 8 to age 14

From 15 to age 21

From 22 to age 28

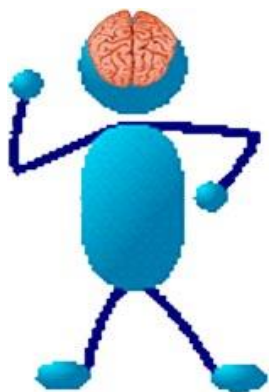
As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

SCIENTISTS are to EMBRACE THEIR SOUL BASED FEELINGS or FLOUNDER!

We have imprisoned our potential within the depths of the largest steel wrecking ball ever imagined whilst believing our wayward chaotic mind is all superior and a wonderful genius. Well, our brain / mind is a pathetically clumsy retard compared to the wisdom and truths that are freely accessible through our soul based feelings. We should only embrace our feelings and then have our mind implement what our feelings convey. Those of the near future will demonstrate the potential of our soul's wisdom and capabilities through embracing their Feeling Healing with Divine Love. The greatest of the world's academics will be humbled as they observe their ineptitude being akin to a young infant now being guided by a pre-eminent scholar of each and every scientific path presently acknowledged, by those embracing their soul-based feelings.

MIND WORSHIP Stagnation, pathway to nowhere



'We are truth-creations, so our feelings **MUST** come first and then all the mind stuff can follow. And if we **DON'T** adopt Feelings First, then we will limit our mind's understanding.

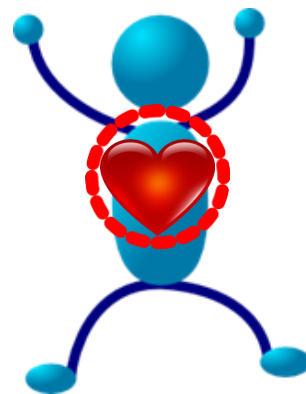
'We think our world is 'advanced', ha, what a joke that is, advanced in what? What **ARE** we advanced in, is denying our mind its rightful advancement through our feelings and soul perceptions, so yes, we're rocking along very well in this self-denial.

'Look at how hard our **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career.** All because we are pushing up against the absolute boundaries of our mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against our True Way.

'Imagine being one of these scientists who are living true to their feelings having done their Healing. And **EVERYDAY** we are having more astounding breakthroughs because of advancing or growing in Truth, with our mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through our feelings and the mind will slot right into place supporting it.'

Verna. a Nature Spirit

FEELINGS FIRST Freedom, liberation and discovery



SCIENCE and FEELINGS:

Friday, 30 March 2018: Graeme: [If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?](#)

Verna, Nature Spirit: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.

Saturday, 31 March 2018: Nanna Beth, 3rd Celestial Heaven: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soulmate pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.

GREAT U-Turn

Our Feelings are our Truth

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.



**Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018**



FEELING HEALING is to LIBERATE OUR TRUE SELVES:

Our soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within our self and the truth of that feeling will progressively unfold.

Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. We can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.

Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.

Beliefs become Faith, but when we experience it, then it becomes Knowing. And it is in reaching the Knowing that we become perfected in that aspect of who and what we are.

When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we would be like them.

Childhood repression encrusts our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to seek for the truth of all of our feelings, good and bad.

MIND



SOUL



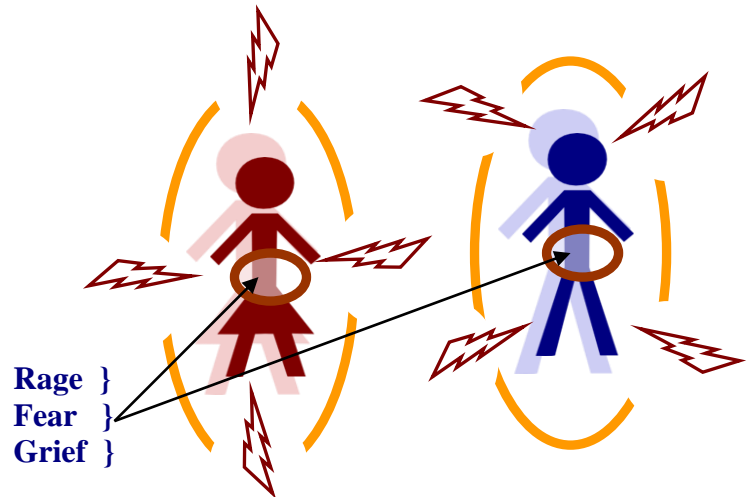
WE ARE KILLING OURSELVES! Chapter 'Day 9' of "Paul – City of Light" by James Moncrief

'Humanity (us) has to learn about every aspect of life from behind the eight ball. It's not only last in the race but it's going in the wrong direction. It needs to stop. To come back, and not do what it doesn't want to do. Listen to our feelings and try to see what they really are telling us and then try to act on them, try to honour them.

'It will take time, but people will get the idea and start to look at themselves in a new light. We will start to see that we are dishonouring ourselves by dismissing our bad feelings and that we are actually doing ourselves great harm. And so we will need to stop and start to try and accept first of all that we do feel bad, and then having accepted that, we will then be able to move to see what we are feeling bad about, and then will naturally want to know why, right through to their core.

'Humanity has practically tried everything else and look where it's got itself, nowhere much. Is anyone really and honestly truly happy and if they say they are, is it true happiness and are they sure they're not deceiving themselves?

We bring about illness within our physical body by not expressing and releasing our childhood injuries.



'We all have felt that angry during our childhood. We can't feel more than we felt during our childhood whilst we are in our negative mind state. We have not been allowed to remember it, we have been forced to repress it. Look what it takes for it to re-surface within you, when you try, it has to force its way up through you and look at the effect it has on you. How bad it makes you feel.

'That's what it will take often times to break down our resisting mind circuits, and resisting beliefs. The bad times were real and had a huge impact on us, they greatly affected us, they brought about our whole negative mind, and our self-denial. And so we have to want to see it all, even if it threatens our relationship with our mother and father and all those who negatively influenced us as a young child, with extinction. This is the real core truth, what our relationship with our parents is really all about. This is the hard-core stuff, to see how it will make us feel.

'It all happened to you so many years ago. In a sense we have already suffered the worst of it. But that entire trauma is still within us, it's conditioning our lives. And it won't go away. Just because on the surface our life might not have felt so bad particularly as we get older having more control of our life, even if occasionally we are angry, it doesn't mean we are Happy Larry deeper down inside. And one day if we don't acknowledge that anger it's going to show, it'll eat us away from the inside. We will go to the doctor and be diagnosed with cancer and be given horrendous treatment that will only make us feel worse than bringing up the anger that's causing it all would. So what do you want to do? It's always our choice, do it with God, and They will help walk us through it and heal it all, or do it by our self never knowing exactly what we are doing and why bad things are happening to us.'

Getting the Hell out of here!!



THIS IS HUMANITY *stupidified!*



What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision

What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

CHILDHOOD TRAUMA



CHILDHOOD TRAUMA



My SOUL manifests TWO PERSONALITIES!

When we heal ourselves of our childhood suppression and repression, we THEN may become able to recognise who our soulmate is. While we remain living through our minds and not living feelings first and expressing our feelings as they arise, both good and bad, we remain bound in our rebellious nature that humanity has been in these past 200,000 years, rebelling against our soul and consequently our soulmate / soul partner.

Many will be astounded at how abusive and unloving they may have been to their soulmate / soul partner who is to be their companion for all of eternity, for their journey together to our Heavenly Parents.

The injuries and errors that we are infused with during our early childhood forming years are the foundations of our social ills and physical illness that arise throughout our adult life.

We now know that through Living Feelings First which is engaging with our Feeling Healing that all these issues may be put aside. No other pathway or process can achieve this.



The Drama of Life:

'I had a pretty good upbringing' in comparison to other people.

Parents have NO understanding of Love.

Parents have NO understanding of Law of Free Will.

Parents have NO understanding of blocking emotions.

Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced worldwide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression



Say it again mum - louder!



Hey kids - let me show you!

EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:

A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.

The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.

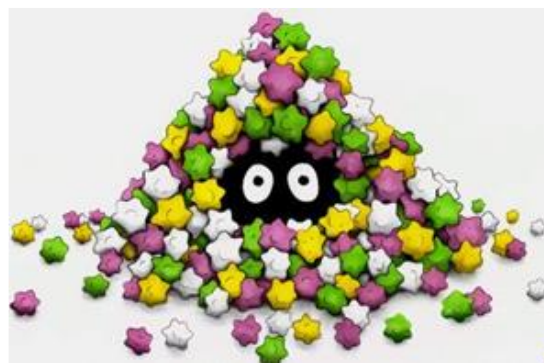
The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

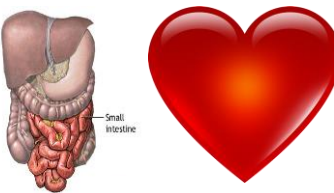
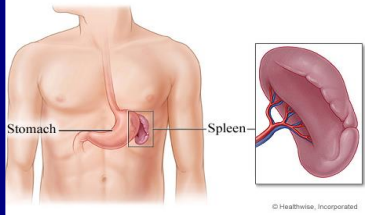
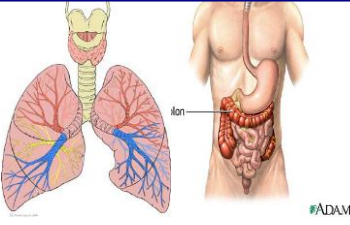
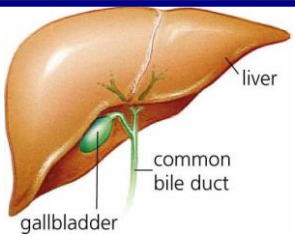
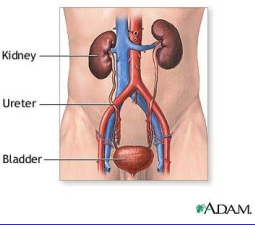
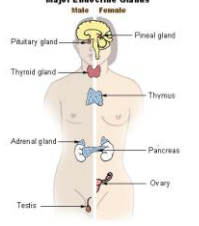
It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.

The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us to a friend – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty in managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you to someone who is interested in you – release the injury.



Organs	EMOTION CODE™ CHART	
	Column A	Column B
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm Pride Shame Shock Unworthy Worthless

Generally speaking, groups and types of emotional injuries impede the natural flow of energies through the etheric body which is the template for the physical body, thus setting up the conditions for discomfort, pain and illness to slowly emerge within and throughout areas of the physical body that have energy frequencies that are 'attractive' for the emotional pain to manifest in the physical.

HEALTH SERVICES:

Worldwide, health services are yet to recognise the existence of our etheric body. Our etheric body is the template, the blue print for our physical body. Not the other way round.

When we die – leave our physical body – we wake up to look in a mirror and we appear exactly as we did before the death of our physical body. We can use our spirit body fingers on one hand to pinch our spirit body other arm and discover that the tensile tension and feel is exactly as it felt when were alive.

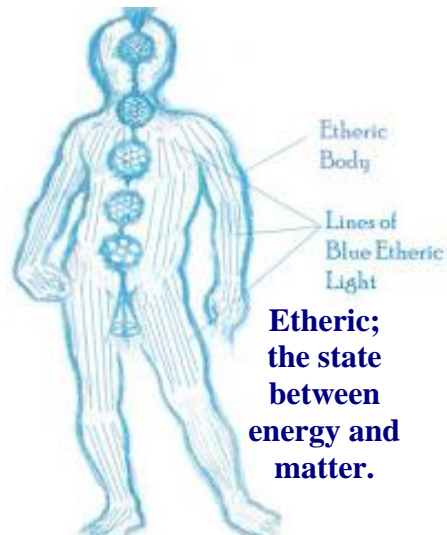
All viruses are transmitted through our etheric body – hence science cannot determine the source of viruses as they do not accept the existence of the spirit body.

Consider going to www.pascashealth.com and then to Library Download and then to Medical – Death and Dying and click on the following to open the PDFs:

 [Pascas Care Death & Dying Transition & Assimilation.pdf](#)

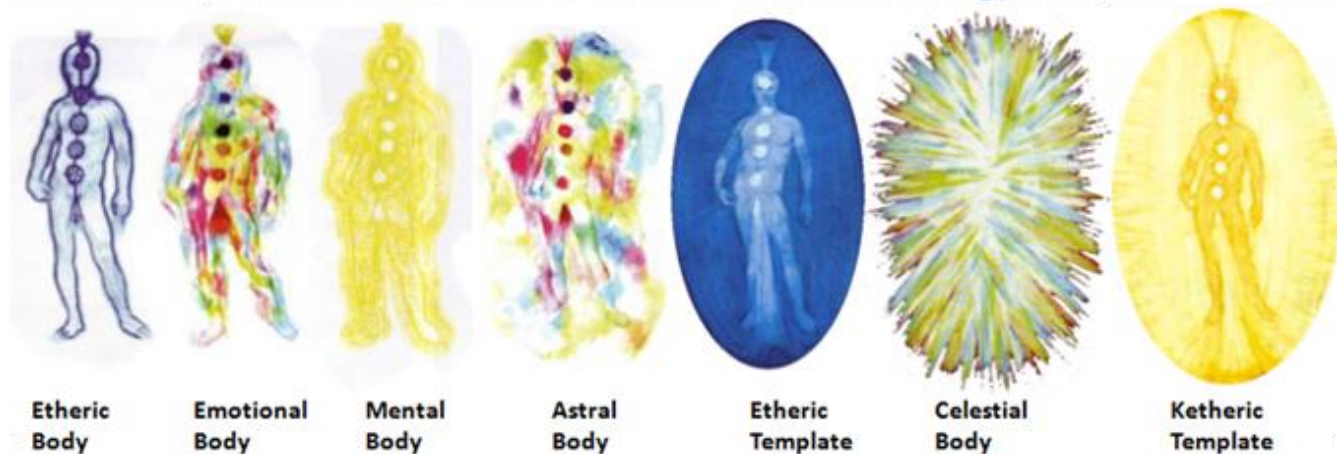
 [Pascas Care Death & Dying Transition & Assimilation Marjorie.pdf](#)

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.



**Etheric;
the state
between
energy and
matter.**

Brennan Model of the 7 Levels of the Human Energy Field



Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

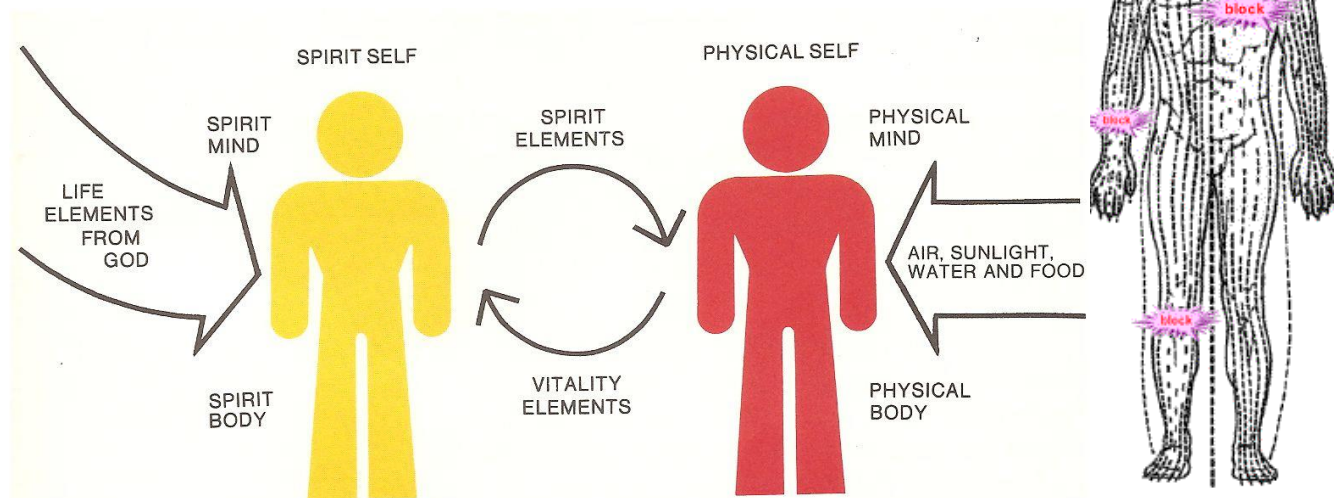
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping ourselves on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

on the physical level
on the emotional level
on the mental level
on the psychic level
on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can we delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

MEDICAL PROCEDURES and RESEARCH



Sometimes You Can Find a Needle in a Hay Stack!

While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.



The physical body is animated by the spirit body, and in turn the spirit body is animated by our soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Our soul and spirit body is the home of our emotional injuries and errors. These emotional issues create fissures and damage within our spirit body. Subsequently the injuries within our spirit body generate illness within our physical body, corresponding to the location in the spirit body.

Illness is generated by our mind, however, healing is generated by our soul. Releasing the emotional injuries progressively heals the physical.

BREAKING the BARRIER of the MIND – ENGAGING the SOUL!



DYNAMIC personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with your soul and enables you to live a Celestial Soul Condition while you live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.

modality modality modality modality *Feeling Healing* modality modality modality modality

ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.

OUR BODY NUDGES US TO LONG FOR TRUTH!

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018



Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:

We are to uncover the truth of our untruth through the healing crying Mansion World levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Spirit Mansion World 3 equivalent on Earth: is for waking up to the truth that we're not loving and starting to get in touch with our pain, starting to accept our bad feelings, starting to work with them instead of rejecting them.



Spirit Mansion World 5 equivalent on Earth: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of our pain, our misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Spirit Mansion World 7 equivalent on Earth: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how we wrongly relate to self and others, nature and God because of being unloving, understanding how our relationships are unloving, how we don't connect properly, how unloving we really are and why and fully accepting the truth of it, coming completely to grips with our parents not loving us as we needed to be loved – sorting it all out, including our self and feeling expression difficulties.

Our acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all our repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these feelings and emotions are also painful, but are a different pain to when we feel like our mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, we then move into deeper emotions and feelings to be expressed, feeling like we are progressing in letting go of our untrue self, giving up more of our falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall our Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



Accept, express and long for the truth of our feelings.

Live true to feelings; our feelings are our true self. Be free in our feelings. Free our feelings from our mind's control. Live true to self through our feelings.

BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

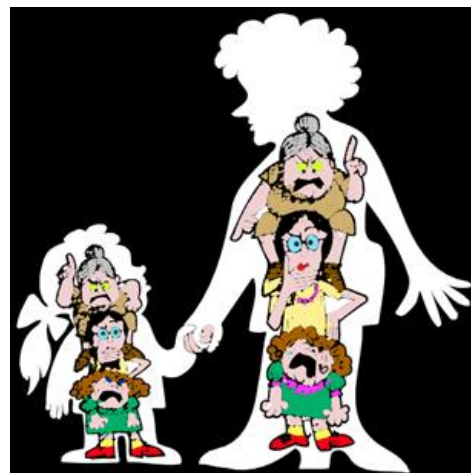
Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives us to seek help, of course we do whatever we want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth we are to see about ourselves.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING
ABOUT PAIN.
IT DEMANDS TO BE
FELT.



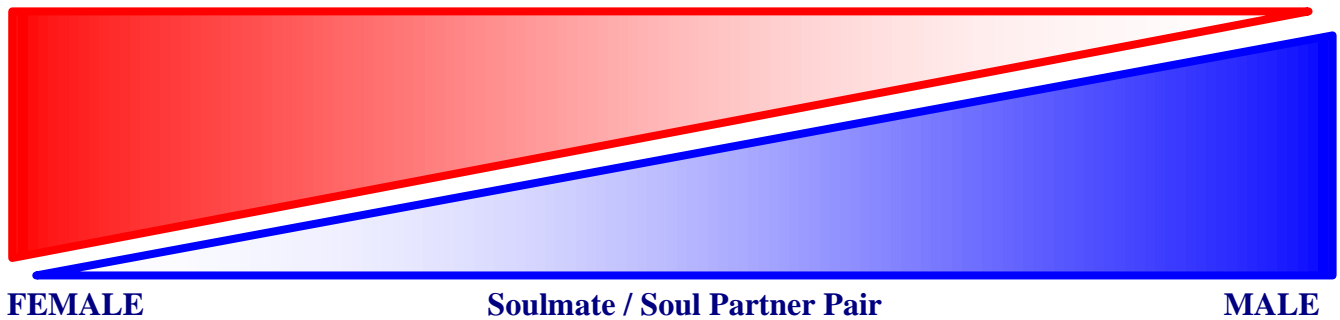
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The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:



At the extreme ends of Childhood Repression, a soul partner pair will be the first to heal themselves, having experienced their parents and close family members impose forms of childhood suppression upon them various forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soul partner pair is to provide humanity with.

As the female is closer to her feelings, it is the female that may lead and assist the male in their Feeling Healing process, while progressing with her own. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul-based feelings are to be brought into dominance with our minds only to support our soul-based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful. However, they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

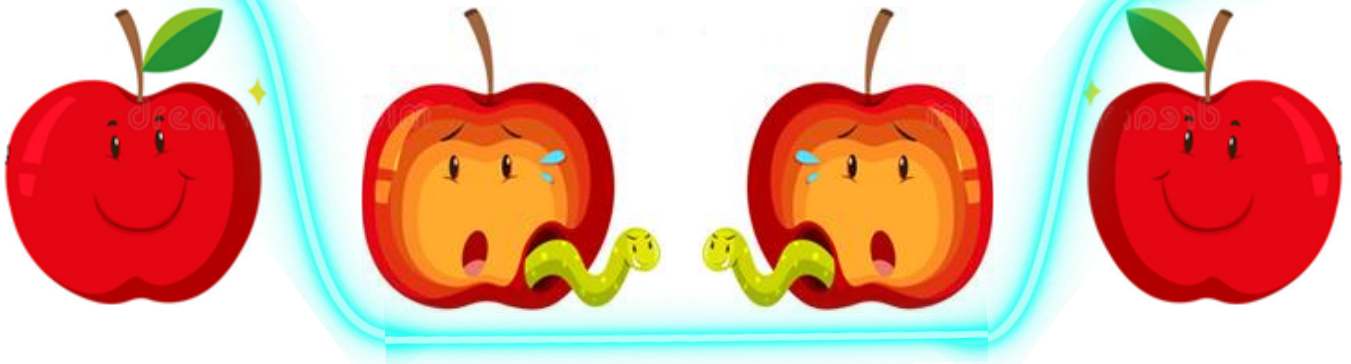
Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



Pole Shift



Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

Now, for the first time in the history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

We can, through our Feeling Healing, embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.

CHILDHOOD TRAUMA

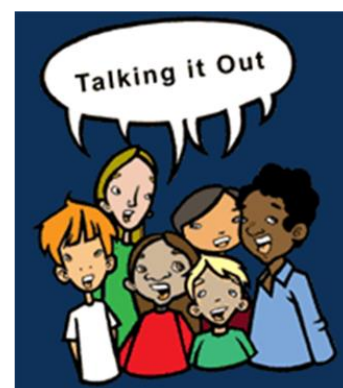


Throughout our forming years, from conception to around age six, we are immersed in the unloving guidance and care of those who feel they are loving. The accumulation of injuries, errors, hurt, are all of an ongoing harming nature being disturbing frozen energy that manifests aspects through the rest of our life. The repression and suppression of our natural self expression during our formative years is the foundation of all our suffering throughout our life.

Suppression and repression of our natural self expression underlies our quality of life, it is the predictor of our level of employment, poverty or otherwise, our physical health, generator of our illnesses, our quality of relationships and all aspects of our everyday living, good and bad.

We can free ourselves of living life like a retard, yes, that is about how we emerge from our early childhood. We, as parents, are yet to discover how to bring up children. First we are to liberate ourselves from keeping suppressed our childhood repression, and this we now can do through Feeling Healing.

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then we can forget it. You can express our feelings all day like a kettle letting off steam, however if we’re not seriously wanting, and longing hard, and praying with all our will to God to help us uncover and see the TRUTH that our feelings are there to show us, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.” James Moncrief 28 May 2018



FEELING HEALING and the EFFECTIVENESS of EMOTIONAL PROCESSING:

Hi James and Nanna Beth (questions in blue by John)

Thursday, 13 July 2017

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth, 3rd Celestial Heaven: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one the initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's

not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

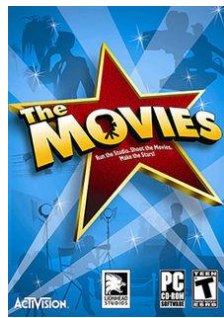
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.



We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to arise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.



The whole human race is suffering from repressed childhood and mind control.

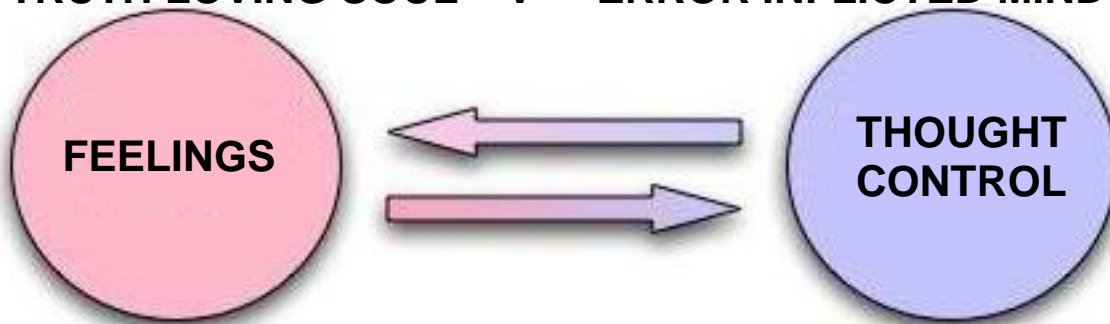


Be controlled by your oppressive mechanical mind, or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt, and seek the truth of them. This is how we can all evolve in love.

Our minds are infused with childhood injuries and errors. Only by expressing them as they surface, and finding the truth of them can we set ourselves free and grow in love.

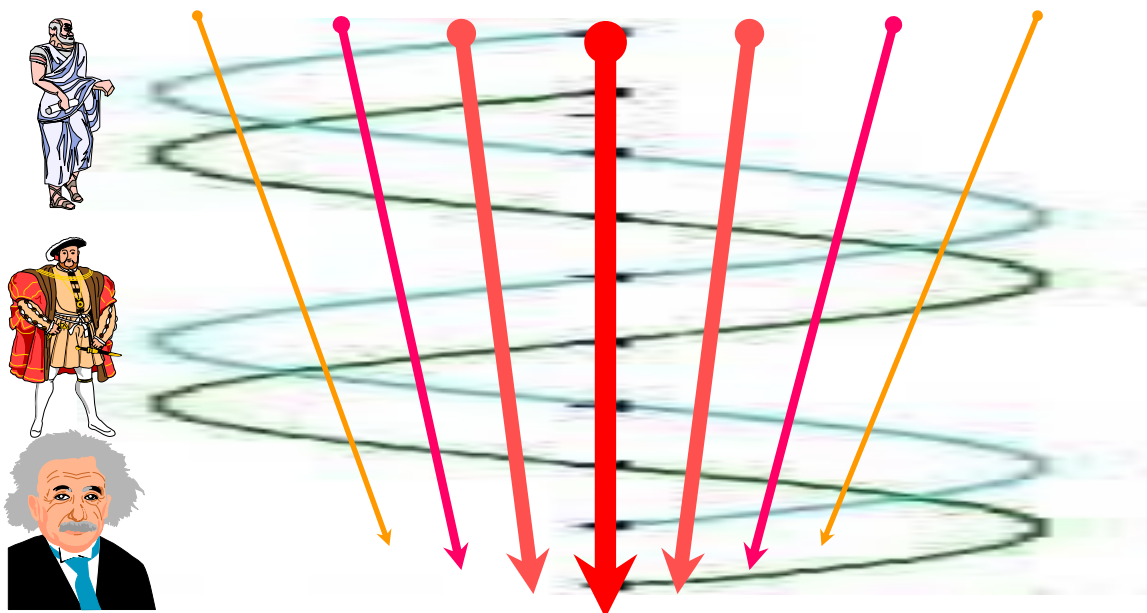


TRUTH LOVING SOUL V ERROR INFLICTED MIND



generations

OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as yourself, work and pray to clear your blocked emotions.

Clearing your negative emotions improves your soul condition as well as that of your children.

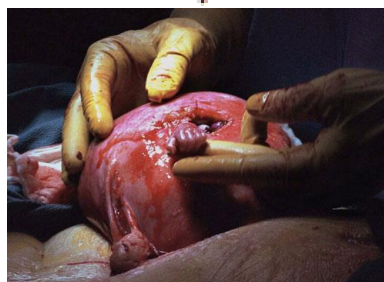
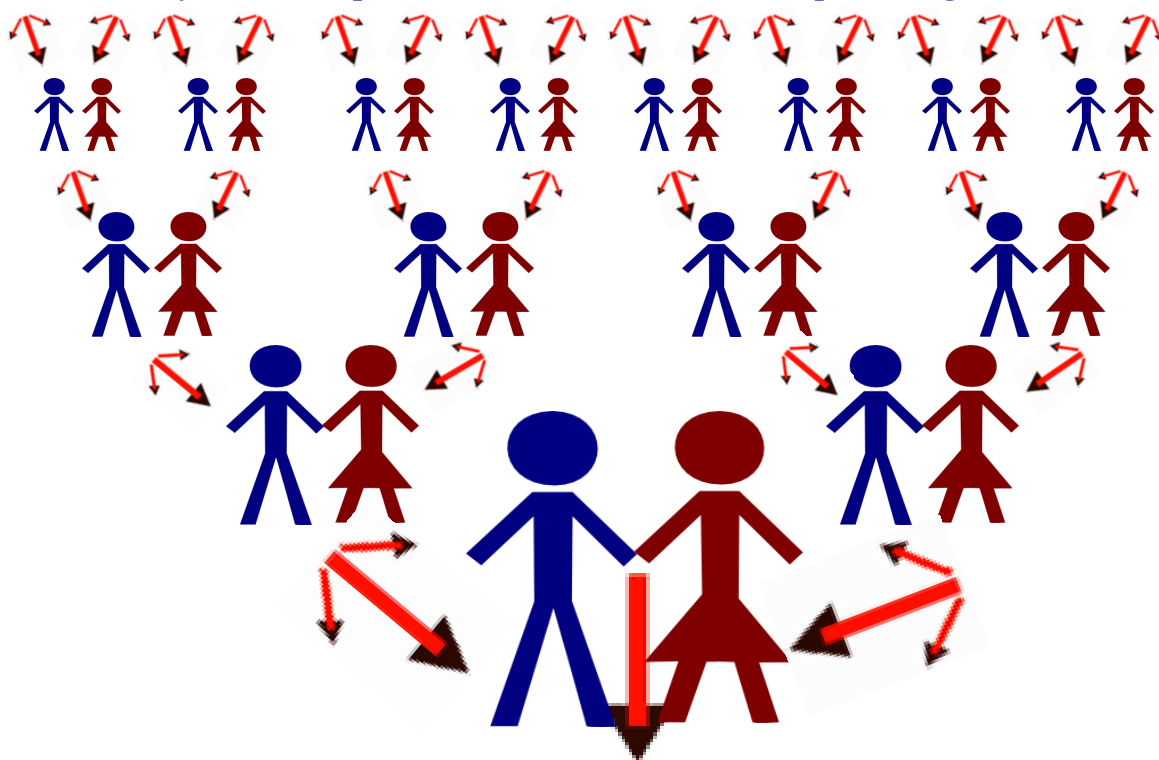
Baby's body, when conceived, is always perfect. Their soul condition is also perfect.

GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

As children we are conceived taking on the denial of the seven Mansion Worlds which is passed onto us through our parents and carers. We absorb our parent's emotional injuries and their soul condition, which can typically reflect more of one or the other parent, however both parents' input is of equal importance. As children we continue to mirror our parents' soul condition until we leave home. When we decide to heal our childhood repression, we then have to systematically work through all seven worlds of feeling-denial, healing all the unloving influences from our parents. This is doing our Feeling Healing.

In turn, we are a reflection of our parent's soul condition, and their parents' soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and processing our fears and blockages.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly thereafter. It is the accumulation and combination of issues held by past generations that insidiously manifest as life-threatening illness episodes within unborn and newborn babies. Parents clearing their emotions can lift autism from their children! Thus, to assist our children, we must firstly resolve emotional issues within ourselves. Specific emotional injuries or blockages manifest as specific health issues. Thus, an illness episode or pain can be readily related to specific emotional issues that need processing.



PARENTING:

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even though they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being 'broken' and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can't be anything other than how you are – it is 'your' child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one's life, and all that's happening on unseen levels from spirit, all what's going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is 'unfolding' through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you've fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it's not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just 'normal' and 'ordinary', that's exactly what God wants, it's how God made its soul to express itself, so it's perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don't have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you'll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:

This steps down each seven years as the child matures



**From conception to
age 6 or 7**

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they

are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you do not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having spirit children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds worth of truth. Which means your child, as do you, has seven whole worlds of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our

Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

GREAT **-Turn**

**Living Mind dominated is
claustrophobic and suppressive!**



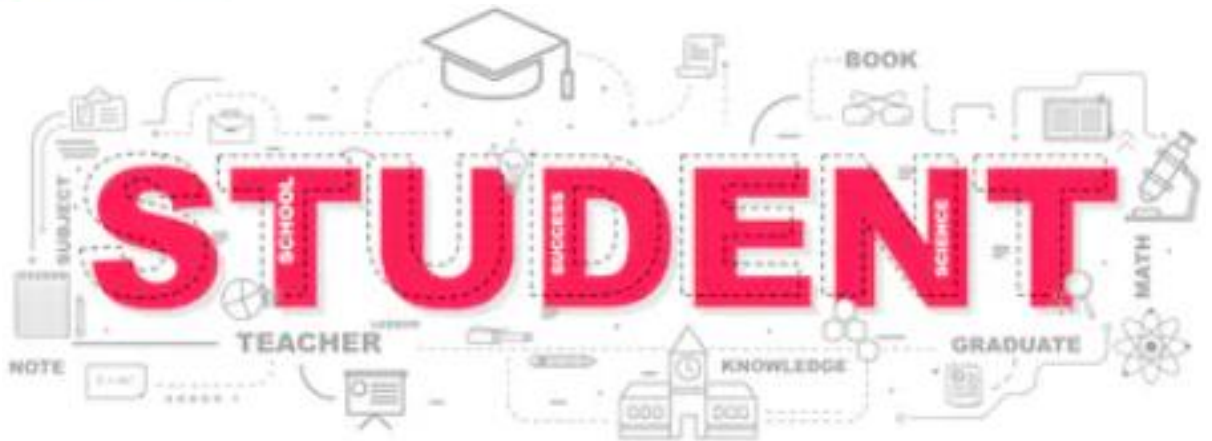
The Mind presents a treacherous glass ceiling!



“It’s always “Stay, Sit, Fetch ... same old shit ... never one’s natural self expression of one’s true feelings with freedom!”



“I tell you mate, if I am told to: Stay, Sit, Fetch, one more time, then that’s it! I will do something really bad. I’ll rebel. I won’t do as I’m told! I want my freedom!!!”



NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we're living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as we can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

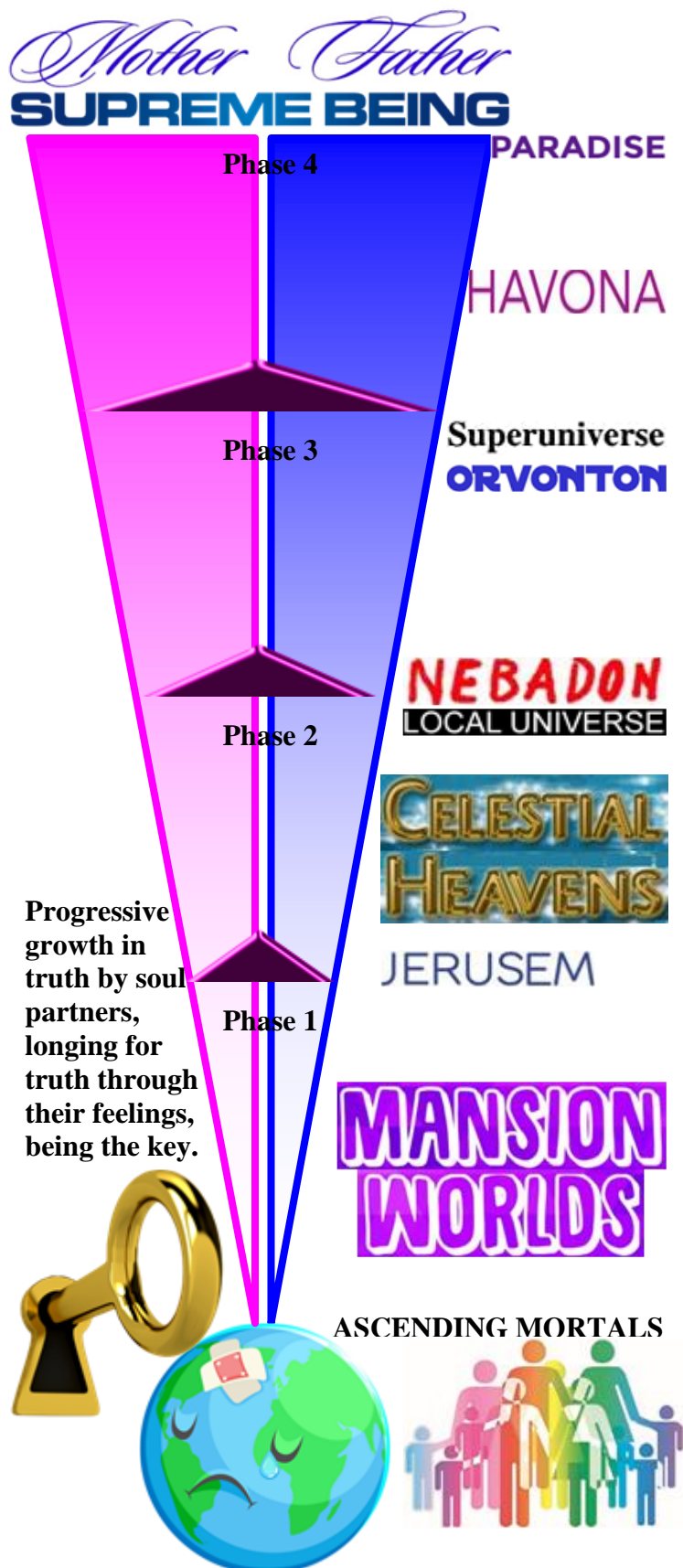
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The New Feelings Way.



THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we've still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nebadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes us all the way 'Home'. It is a journey of ever-expanding Truth and Love.



MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

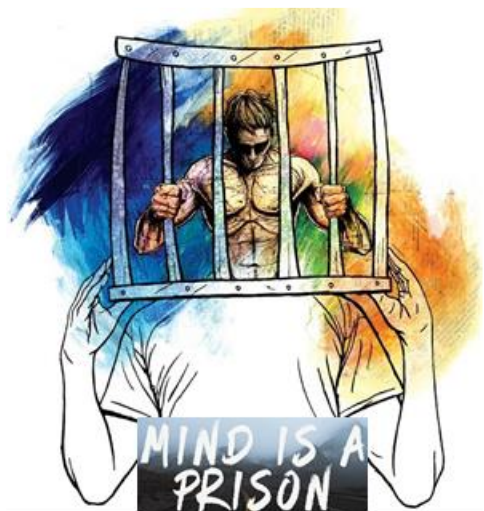
or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.



SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



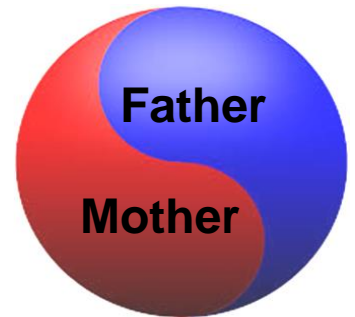
IT IS NOT THIS WAY



IT IS THIS WAY

MUM & DAD THIS WAY

GOD



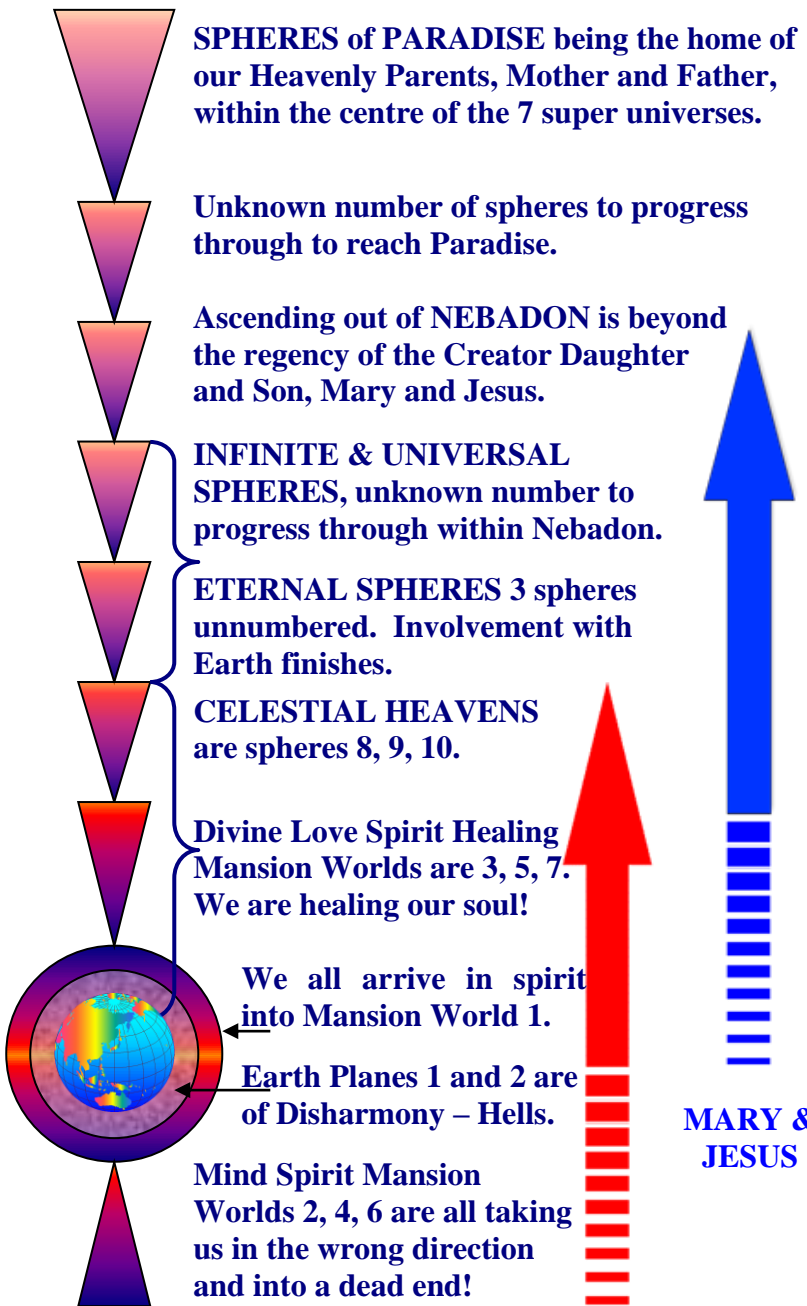
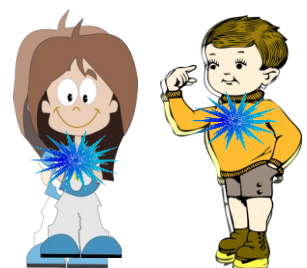
HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

GOD

MARY & JESUS

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

Our Feelings are our Truth

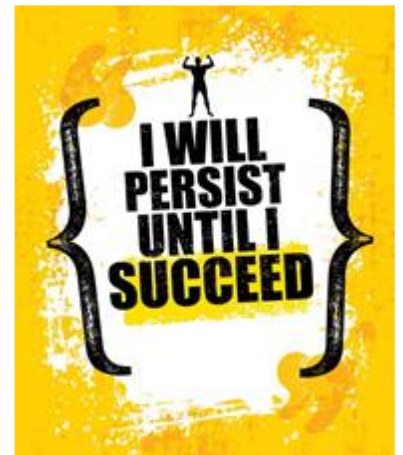
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3rd Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



celestial Friends

WE ARE NEVER MEANT TO BE ALONE! SOUL PARTNERS become SOUL-GROUPS!

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soul partners. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



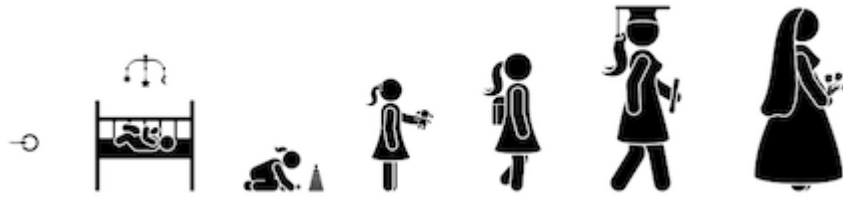
Soul partners form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



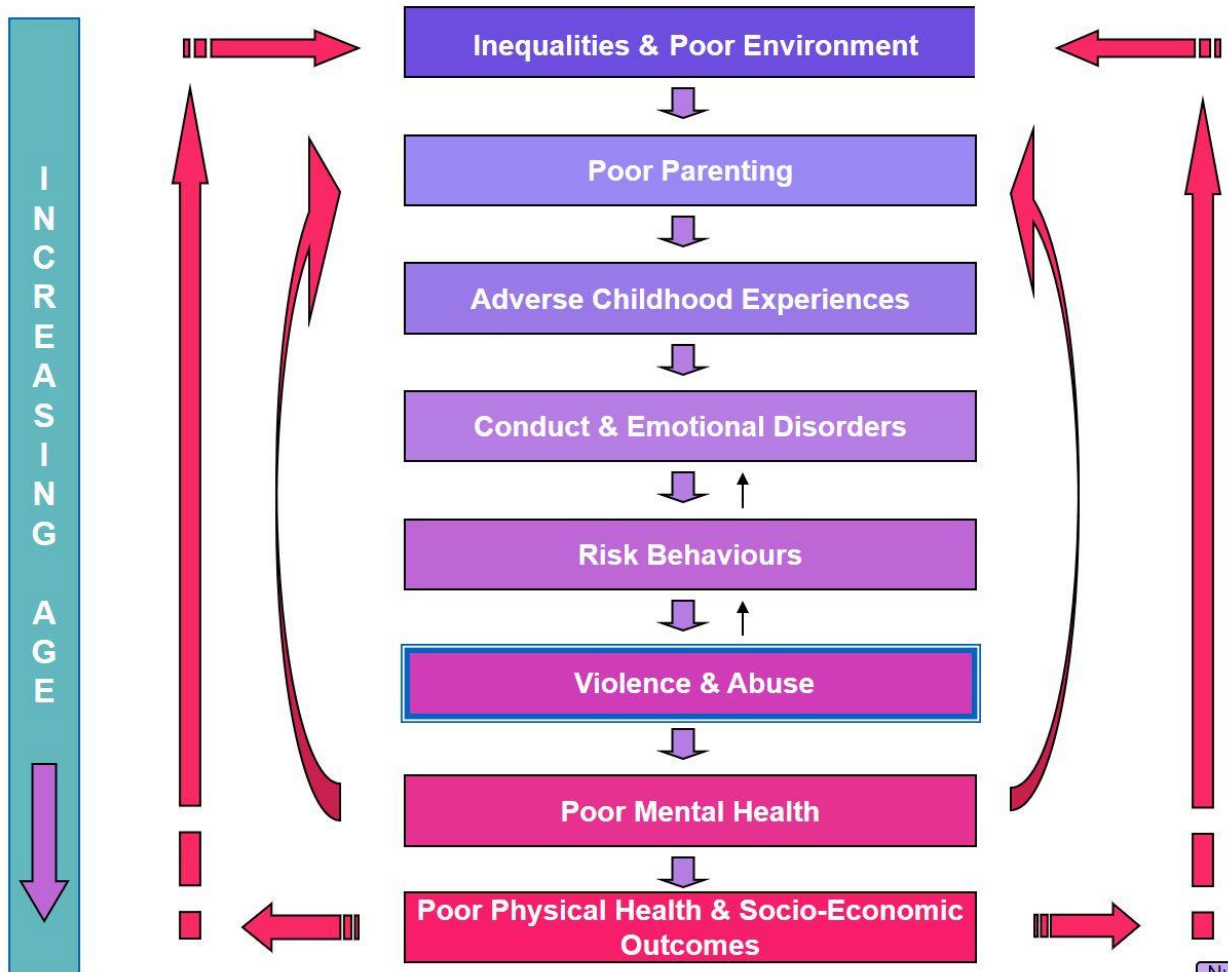
Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate / partner and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

LIFE IS FOR LEARNING



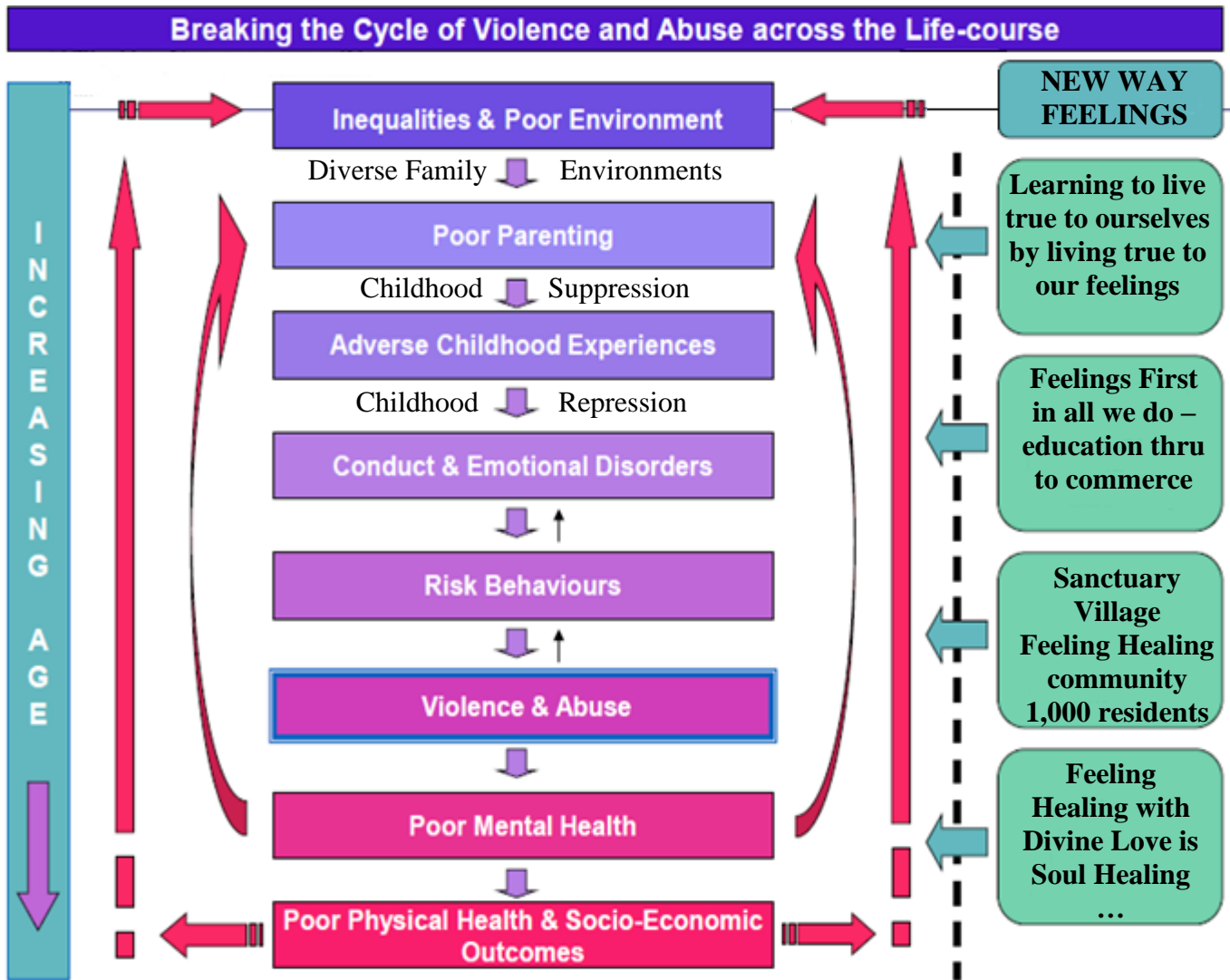
The Cycle of Violence and Abuse across the Life-course



Nurse J, 2008



Seek **truth** from the cradle to the grave.



FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair

Arrested and imprisoned early 1990s CE



Daligastia pair

ASSUMPTIONS *and the* **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

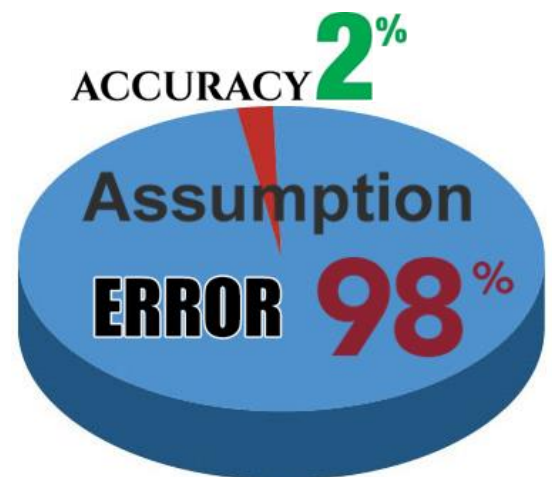
Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.



PASCAS UNIVERSITY

Americas

Africa

Australia

Asia



The NEW WAY The NEW WAY

PASCAS UNIVERSITY

We hereby confirm that

JOHN WILLIAM SMITH

Having duly satisfied the Examiners appointed by Senate and having fulfilled all the conditions prescribed by ordinance and regulations by resolution of the Council was awarded the

Postgraduate Feelings Degree

PfD in the field of **CHILD UPBRINGING**
on the
20 February 2020

Andrew Brown
Chancellor



Philip Green
Registrar

LEARNING for ETERNITY:

The journey that we are on and the life we are to live is a never ending adventure of learning.

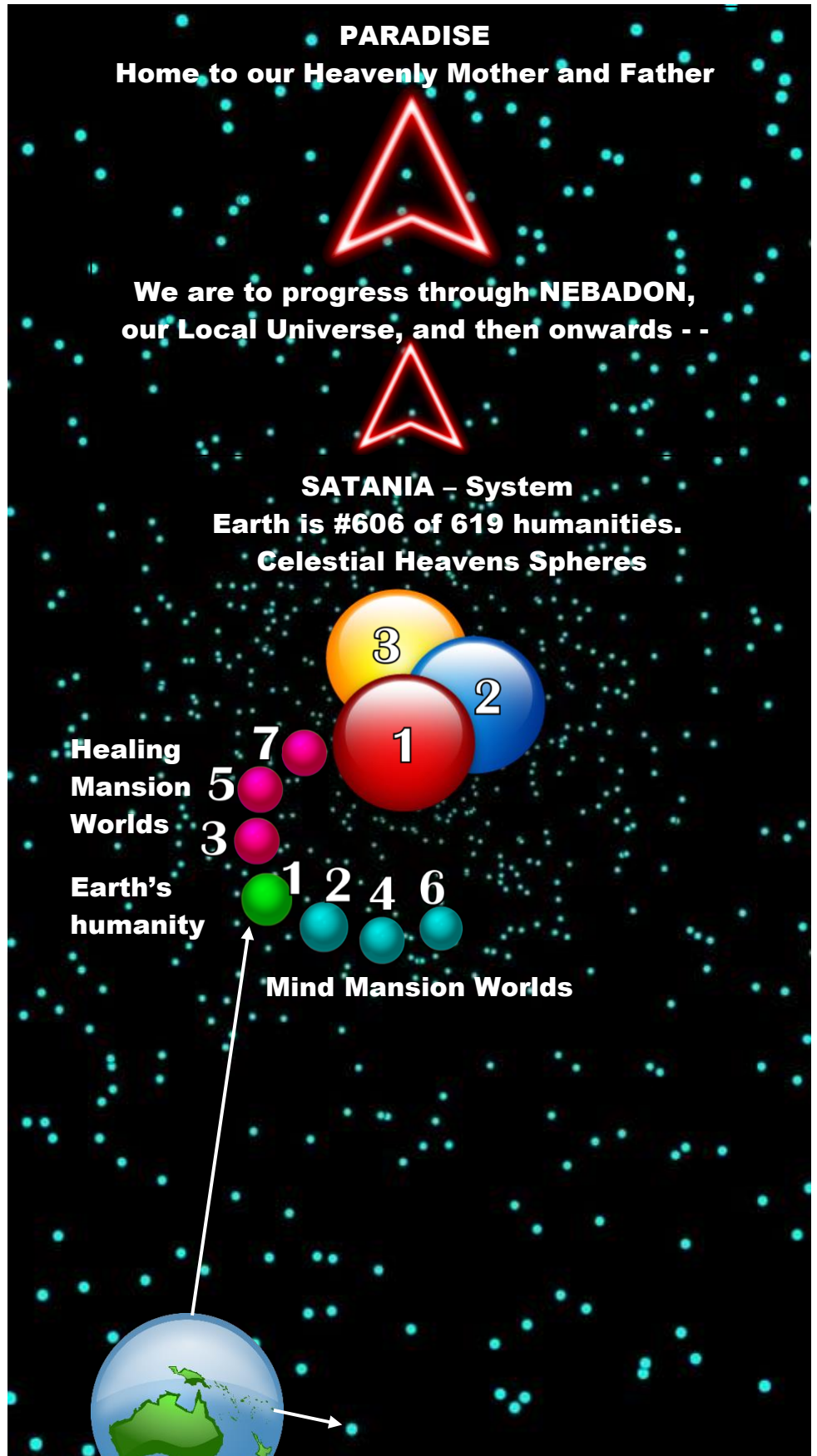
We may gaze at the stars in wonder for they are homes to our neighbouring humanities. While we live through and worship our minds then we will stagnate. This time in history is the Great U-Turn.

We will now embrace our soul-based feelings, the truth within us, and have our minds follow. Not the other way as it has been throughout the Rebellion and Default with the mind suppressing our feelings and we being in denial of our condition.

Through our feelings we will put aside the limitations and barriers that our mind restricts us to. We will discover the wonder of ourselves and our amazing potential. We will recognise that females and males are equal and are truly partners in all we do.

We will discover that one soul manifests TWO personalities, one female and one male, and that our true partner is our other half of our soul!

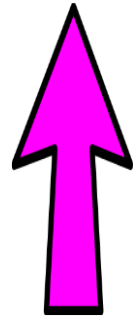
We will become free!



Ascension of Truth to Paradise

ASCENSION of TRUTH to PARADISE

DIVINE LOVE – Feelings in control – FEELINGS WAY
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT



THE FEELINGS WAY ** LIVING A FEELING-LED LIFE **

Transformation of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.
Transformation of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

Transition from Mind to Feeling way of living

NATURAL LOVE – mind in control – MIND WAY
 SEVEN MANSION WORLDS

We have to do our: **SPIRITUAL HEALING**
 (FEELING HEALING)
 (SOUL HEALING)
Uncovering the truth of feeling Unloved

IMPERFECT NATURAL LOVE
 REBELLIOUS
 REBELLION AND DEFAULT

Against Truth and Love
 Living Untrue; against ourselves
 Denying many feelings
 Become Truth to being untrue
 Imperfect relationships
 Feelings of love within an unloving state

LIFE ON EARTH
WHAT WE ARE LIVING
AN UNLOVING LIFE



Self-Acceptance

No Healing needs to be done
 Being true and loving
 All done with Natural love
 Uncovering the truth of feeling loved

PERFECT NATURAL LOVE
 NOT REBELLIOUS
 NO REBELLION OR DEFAULT

Not Against Truth and Love
 Living Truth; not against ourselves
 Not denying any feelings
 Become truth to being true
 Perfect Relationships
 Feelings of love in loving state

LIFE ON A PERFECT WORLD
 What we wish we were living
 A Loving life

THE MIND WAY ** MIND-LED LIFE **

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

GREAT U-TURN

Living True to Ourselves

LIVING TRUE to OURSELVES

We are to live truth to ourselves through ALL our feelings. We are untrue.

We are to live truth to being untrue. We are to stop pretending we're true.

We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

We are to find the Truth of Love

NEW FEELINGS WAY

Mother *Father*
PARADISE SUPREME BEING

HAVONA
 ORYONTON
 Superuniverse
 NEBADON
 LOCAL UNIVERSE
 Celestial
 HEAVENS

Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

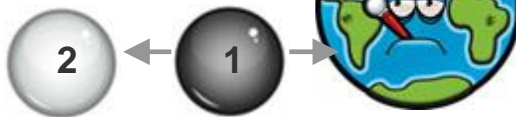
For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.



NEW WAY

FEELINGS

1st Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4th; with those having perfected it in the 6th believing they are gods!

DEAD END



I'D TURN BACK IF I WERE YOU!

MANSION WORLDS

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1st Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.

Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3rd Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

COUNCIL of ELDERS

Council of Elders now around 13 soul-groups from the 3rd Celestial Heaven



Communications between the Celestial Council of Elders and those within the physical administration of Pascas WorldCare will be via those who complete their Feeling Healing on Earth, as years go by.



Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5th Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.



Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
	http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scrips. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com .

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.



in conjunction with



Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all 550+ Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link.*

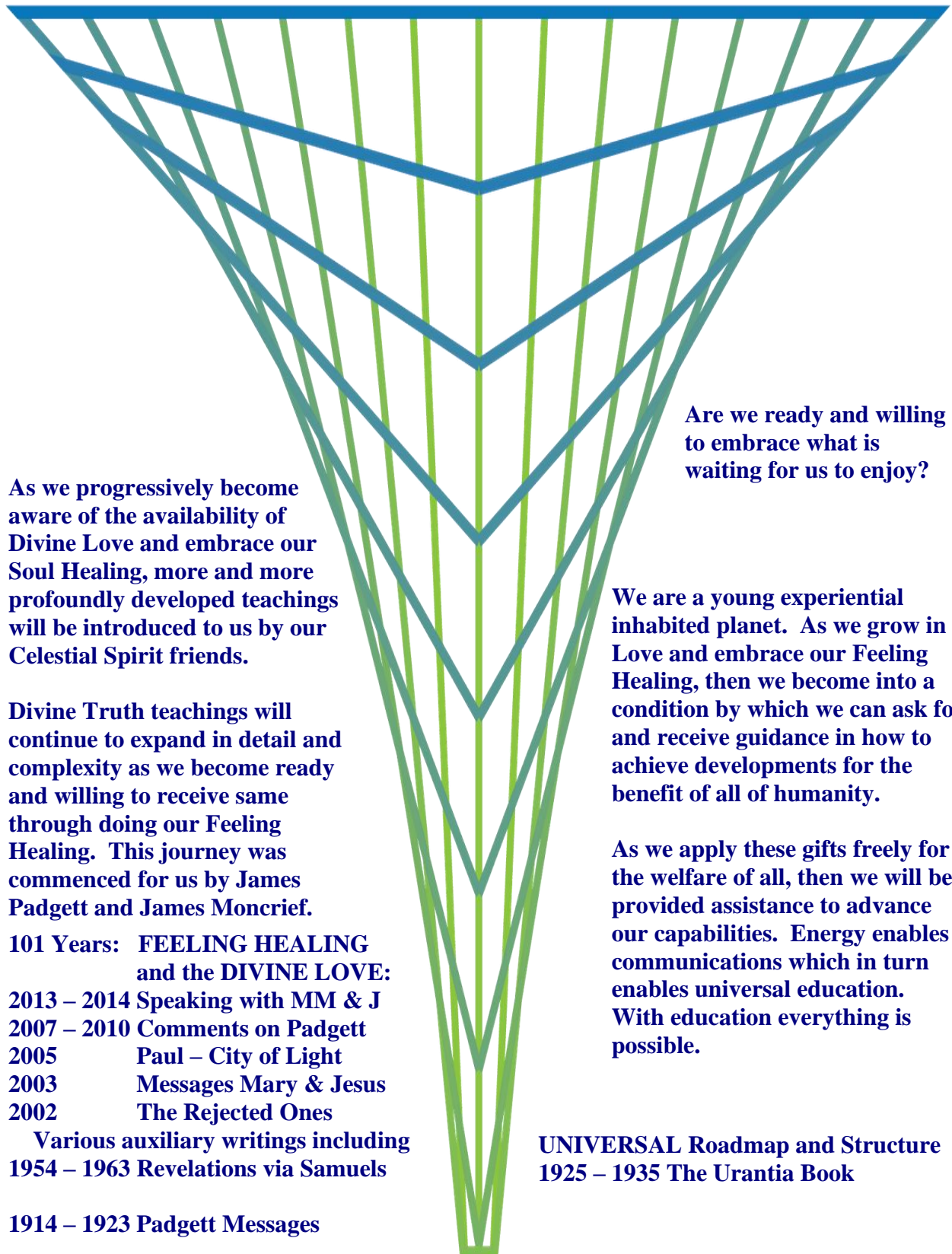
Pascas Care Letters A Huge Upturn
 Pascas Care Letters Big Revelation
 Pascas Care Letters Feeling Healing Benefits Children
 Pascas Care Letters Feeling Healing Way
 Pascas Care Letters Little Children
 Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
 Pascas Care – Feeling Healing All is Within
 Pascas Care – Feeling Healing and Health
 Pascas Care – Feeling Healing and History
 Pascas Care – Feeling Healing and Parenting
 Pascas Care – Feeling Healing and Rebellion
 Pascas Care – Feeling Healing and Starting
 Pascas Care – Feeling Healing and Will
 Pascas Care – Feeling Healing Angel Assistance
 Pascas Care – Feeling Healing Being Unloved
 Pascas Care – Feeling Healing Child Control
 Pascas Care – Feeling Healing Childhood Repression
 Pascas Care – Feeling Healing End Times
 Pascas Care – Feeling Healing is Rebelling
 Pascas Care – Feeling Healing Live True
 Pascas Care – Feeling Healing Mary Speaks
 Pascas Care – Feeling Healing My Soul
 Pascas Care – Feeling Healing Perfect State
 Pascas Care – Feeling Healing Revelations X 2
 Pascas Care – Feeling Healing the Future
 Pascas Care – Feeling Healing Trust Yourself
 Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Great Gifts through our Feelings are:

**The Awareness of our Heavenly Mother
and Father**

**That our soul is a duplex – both male
and female – one soul, two personalities**

**That Feeling Healing with Divine Love
is our pathway to Paradise – our true
home**

**Freely expressing our Feelings to a
companion is expressing our true
personality – the personality bestowed
upon us by our Heavenly Mother and
Father – our true Mum and Dad!**

**These are truths of living
Feelings First Spirituality,
The New Way**

feelings

New way

The NEW WAY The NEW WAY
THE NEW WAY



WHOLE DIFFERENT Way of Life.



Mind



feelings

Healed potential



Insightful Genius

Brilliance!

DYNAMIC

vibrant