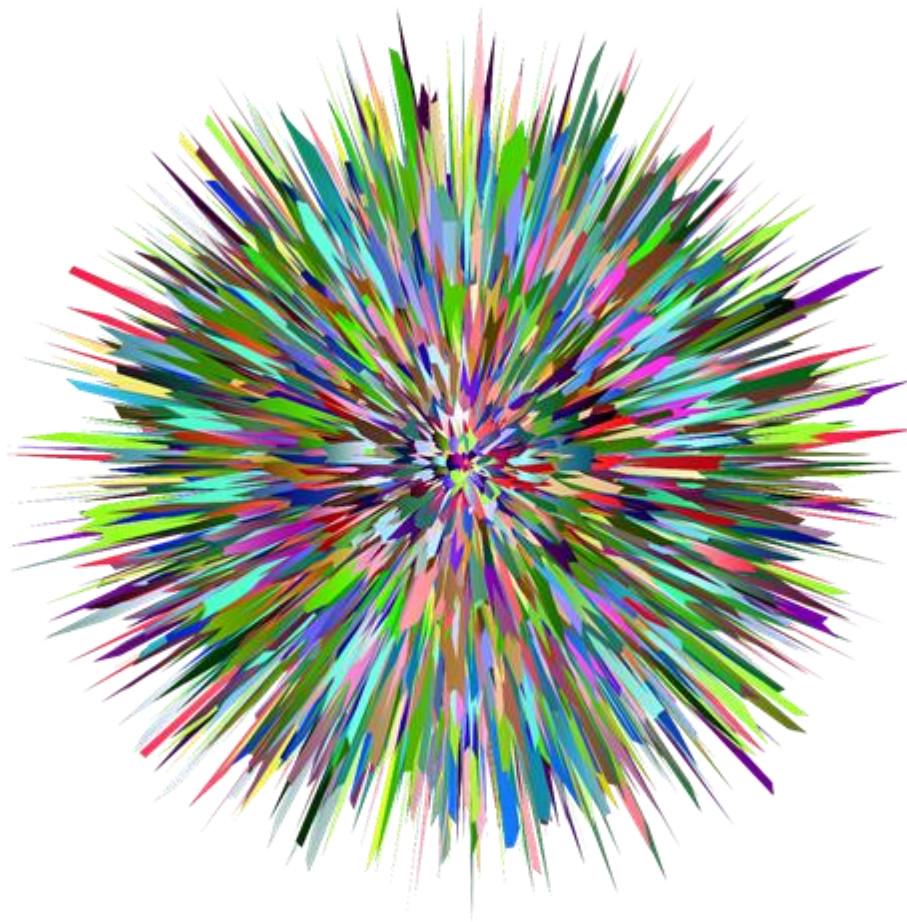


U-Turn for Humanity **soul light and** **New Feelings Way**



PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Queensland, Australia

Pascas Foundation is a not for profit organisation

Em: info@pascasworldcare.com
Em: info@pascashealth.com

www.pascasworldcare.com www.pascashealth.com

U-TURN for HUMANITY soul light and NEW FEELINGS WAY

FEELING HEALING with DIVINE LOVE

IMMORTALITY with the LOVE

Copyright © John Doel for and on behalf of Pascas Foundation (Aust) Limited 2022

All rights reserved. No part of this book may be reproduced by any means without the prior written permission of the author, except as follows:

The infographics have been assembled to assist one with the comprehension of the many volumes of the core reference material. It is the express desire of the author that these infographics may be shared freely without conditions, other than that they are to remain free and freely available to all those who seek to have them available, be it for personal use and/or share and/or for educational use and general distribution.

These works stem from the writings of James Moncrief that he commenced in 2002, however the Revelations now outlined began with the Padgett Messages that were received 1914 through to 1923 and have been augmented with auxiliary writings throughout the past 100 years, all such materials being of a loving teaching and guidance nature and are a gift to all of humanity.

This publication is an endeavour to draw upon aspects of all these works so that you can consider for yourself the nature of what is shared now for consideration and discernment. It is your choice to consider, put aside or investigate further.

Published by:

2022

Pascas Foundation (Aust) Limited
 ABN 23 133 271 593 Not-for-Profit
 Gold Coast, Queensland, Australia

“Peace And Spirit Creating Alternative Solutions”

Cover graphic: <https://www.seekpng.com/ima/u2t4y3i1i1t4r5u2/>

Shine Color Ball Burst Explosion Freetoedit – Graphic Design

www.pascashealth.com

Library Download

**Pascas Introduction Notes
 free PDF downloads:**

in this series:

U-Turn for Humanity Pascas reveals New Feelings Way
 U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity shutting hells through New Feelings Way
 U-Turn for Humanity soul light and New Feelings Way
 U-Turn for Humanity through the New Feelings Way
 U-Turn for Humanity treacherous assumptions New Feelings Way
 U-Turn for Humanity unfolding the New Feelings Way
 Universal Gift – Feeling Healing with Divine Love
 Feeling Healing and Divine Love Discussion Prompts

U-TURN for HUMANITY – CONTENTS:

	Page						
Forward / Preface	8						
	<table border="0" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;">MoC</td> <td style="text-align: center;">MoC</td> </tr> <tr> <td style="text-align: center;">perceived truth</td> <td style="text-align: center;">– relative truth potential</td> </tr> <tr> <td style="text-align: center;">880</td> <td style="text-align: center;">1,480</td> </tr> </table>	MoC	MoC	perceived truth	– relative truth potential	880	1,480
MoC	MoC						
perceived truth	– relative truth potential						
880	1,480						
U-Turn for Humanity – Soul Light and THE NEW WAY!	– Part 1						
Introduction – just what is unfolding on Sunday, 22 May 2022	9						
1. Solid Investments	9						
2. World Economic Forum	9						
3. Pascas Foundation global Humanitarian agendas	10						
4. Food Security	11						
5. Health	11						
6. Education	12						
7. Inflation	12						
8. Earth Changes	14						
9. Perception and Misconception	15						
10. Hidden Control	15						
11. Federal Elections in Australia	16						
12. Feeling Healing and India	17						
13. Global Political Unrest	18						
14. Change is Unfolding	18						
15. Humanitarian Funding for the Great U-Turn	18						
16. Great U-Turn	19						
4,000 Years Unfolding	21						
Learning for Eternity	22						
Superuniverse Orvonton – Schematic Representation	23						
New Feelings Way	24						
Health & Parenting	25						
Feeling Healing and Soul Healing	27						
We are to Live By and Express our Truly Loving Soul Based Feeling	28						
Feeling Healing is to Liberate our True Selves	29						
We are not Meant to be Alone	30						
We endure Four Layers of Personality Suppression	31						
Living Feeling First and Early Childhood	– Part 2						
The Child is to Freely Express Itself	32						
Golden Rule pertaining to Children	32						
Allow Children to Express Themselves	33						
To Say No!	34						
Soul	36						
The Child is Innocent	37						
We are to be our True Self – Our Soul Based Feelings	38						
It Takes a Village to Raise a Child: How to Rebuild the Village!	39						
Child Care Centre Experiences and Observations	42						
Village Raising of a Child vs Corporate Child Care	43						
Feeling Healing directly benefits the Parents' Children	44						
Enough is Enough	45						
How is it for you if you are Truly Honest with Yourself?	46						

To all the Suppressed Kids who are Dealing with Consequences now as Adults	47
My individual “Rebellion and Default” is my overarching virus	49
Feelings First because Our Feelings are always in Truth	50
Avonal Revelation	51
We do everything possible to avoid our Feelings	52
Great U-Turn, the Change and the Avonal Age	55
The Law of Compensation, and the Law of Forgiveness	– Part 3 57
Luminosity of the Soul can be Likened to the Following	63
All dis-ease is mind generated	64
A Nation’s or Community’s Collective Soul Condition	66
Soul Condition of Babies are Suppressed to that of its Parents	67
Soul Partners	68
Soul Light emitted is to be Balanced by the Light Returned	69
Our Choice!	70
Perception	71
We Each have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair + Indwelling Spirit	72
Nature Spirits	75
Assumptions and the Mind	76
I Think ...	77
Our Mind is a Control Addict	78
We erroneously Embrace our Mind to Lead us through Life!	79
Hidden Controllers	– Part 4 81
Solid Investment Notice to the German Parliament and European Union Parliament	89
Our Guides on Duty ...	92
Food Security	– Part 5 93
Map of Consciousness Calibrations reflect the nature of the Topic	93
Energy Level of Food	94
Unmasking the Global Food Cartel	95
The Global Food Cartel – Instrument for Starvation	98
Action Plan to Address Food Insecurity – International Financial Institution	117
Global Infrastructure Funding	118
State of Democracy	– Part 6 120
Democracy has been Hijacked	121
Childhood Suppression is the elephant in the room	130
How the Independents Revolution Happened	131
Power in Politics	133
Has Russia Already Won?	– Part 7 136
Russia / Putin & the West (Part 1)	139
Russia / Putin & the West (Part 2)	153
Russian losses in Ukraine from 24 February 2022 until 22 May 2022 – 88 days	168
Khazaria	169

How our Degradation of our Consciousness inhibits our Capabilities		170
Glass Ceiling Barrier Removal	– Part 8	173
Revelation and Truth		176
Insanity		177
Mass Formation Psychosis		178
Great Transformation of Humanity!		179
Talk it Out!		180
Mind vs Feelings		181
Map of Consciousness – Glass Ceiling and Feelings First		182
Map of Consciousness – Personality Traits		183
Our Forming Years are Most Dynamic and Traumatic		184
The Drama of Life		185
Consciousness and Emotions		186
Natural Love or Humanity’s Emotions		187
Childhood Suppression is the elephant in the room		188
Living Feelings First growth potential is infinite		190
Glass Ceiling Barrier Removal		191
Debt Enslavement		194
Pros and Cons of Oligarchies		195
Angels Conversing	– Part 9	197
Angels Speaking		210
Angels Continuing		221
Experiences, Feelings and Truth		225
Pascas introduces a New Way of Living		226
Systems of Deception		227
Living Feelings First is to replace Mind Centricity		228
Living Feeling First		229
The Choice is Ours to Make		230
Pascas WorldCare Supporting Hands	– Part 10	231
Talk it out with a Friend!		234
People Interacting		236
Pascas WorldCare Hierarchy of Needs		238
Pascas Pyramid of Education		239
The Learning Pyramid		240
Feelings must be Felt – Express Your Feelings		241
Pascas Care Hospital		242
Fresh is Best!		244
Sustainable Development Goals		245
Supporting Refugees		246
Multicultural Families		248
Migrant Centres		254
Multicultural Communities		259
Ukrainian Community		263

30 Meaningful ways we can help Ukraine	268
Lost lands from China annexed by Russia	273
Which country is the greatest threat to world peace?	274
Commodity-Currency Revolution Begins	276
UKRinform Turkey Shoot	278
Immigration into Queensland may escalate	280
Pascas Family Shelters	281
Map of Consciousness – Personality Traits	285
Map of Consciousness – Glass Ceiling or Feelings First	286
Childhood Suppression	288
Child Abuse	289
Childhood Suppression is the elephant in the room	290
Childhood Suppression	292
Soul-Healing: What is it?	294
Root Cause – Pathway Forward	297
Long to Know about what you are Feeling	298
Emotional Errors are of the Mind	300
Feeling Healing Complete 12 April 2022	301
Living Feelings First growth potential is infinite	302
Pascas Food Basket	304
Craft Creations Family Shed	306
Pascas Café	308
Club Pascas	309
Pascas Clothes and Person Clean	310
Pascas WorldCare Cultural Centres	311
Pascas WorldCare Dreams for Community	312
Pascas WorldCare Discretionary Supporting Hands	313
Pascas Foundation – Funding Support	314
Introduction to Living Feelings First	318
Journey of Earth’s Humanity	324
Paradise Trinity	325
Our Heavenly Mother and Father	326
Creation of Soul and Spirit	327
Mum & Dad – this way	328
Rejected Child	329
Our Fake Facades	330
Being Spiritual	331
God is Doing it all	332
Good verses Bad	333
Fully Live the Truth of Ourselves	334
Longing for the Truth of our Feelings	335
Parents are God	336
Relationships	337
Scared of Feeling Good	338
The Truth of Childhood	339
Living Mind Centric is Submitting to Retardation and Mediocrity	340

Soul Personality	341
Great Gifts through our Feelings	342
Ascension of Truth to Paradise	343
Reading Material	344
The NEW WAY is the GREAT U-TURN for Humanity – Everything is to change	347
Pascas Foundation when reviewing humanitarian programs	348
John Doel, typist – spiritual biography	349
Bibliography	353

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive ‘Pascas Papers’ accessible in Library Downloads at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Feelings First

Forward / Preface

Feeling healing is for when we're ready and not before but I guess that's a cliché and everything is like that isn't it?

When we decide to embrace Feeling healing and Divine Love there's the need to surrender all beliefs we've carried until this point to allow the mind to follow the feelings for a change and not vice versa with the feelings following the mind.

The mind might say "oh, but if I go down this path then I'm going backwards and all my spiritual practices have been a waste. Nothing was wasted and your feelings will tell you what's real anyway. There's no sexy spiritual influencers promising to unblock your chakras in three weeks or claims of connecting you to the flow of abundance which you've dreamt of, all by next year.

It's a bit more of a "fuck it", it is a lets go kind of adventure where your mind says no and your heart screams yes.

The famous advert that the British Explorer Ernest Shackleton supposedly posted in a newspaper in the 1900s comes to mind. (Except its Women who will lead this adventure and the greater danger is that we don't jump onboard and get left here, stuck in our mind.)



It's a commitment to feel the feelings especially the bad ones and follow them home to where they came from, often to very dark places where we don't ever remember being although we've been there to be sure, maybe a long time ago and decided never to return but that's exactly where the truth of the feeling is waiting to meet you.

As a 35 year old supposedly happy guy who's had the consistent spiritual / healthy habits of meditation, gratitude journaling, visualisation etc., etc., and living in the Sunny Gold Coast with plenty of friends and a good job, bla bla bla, its easy to tell myself life's good and carry on carrying on but only by feeling fully and hitching a ride on bad feelings such as the feeling of rejection could I ever go deep enough to the darkest depths where "rejections" dark life-force lives and breaths and waits in fear for the light of awareness to make the truth of it known and untie it from its comfortable dark corner and make space for Love to take its place.

When we read truth it feels true. It's not always easy reading though. The mind wants something to satisfy it.

But when you read this book along with embracing the practice of feeling healing and longing for the Love of the Mother and Father, the heavenly Mother and Father, the knowingness of truth is there, you can feel it and then the goosebumps or truthbumps from the Divine Love are a delicious treat that feels like the words "keep going, you're going in the right direction, you are not alone and never will be".

Ian Dowling

U-TURN for HUMANITY – SOUL LIGHT and NEW FEELINGS WAY!

Part 1

INTRODUCTION:

22 May 2022

Yes, it is Sunday, 22 May 2022 and this morning, I have been contemplating what is unfolding around me, so may I share a little of this with you please?

This is what I have been involved in for more than the past two decades and this is may just be a routine day, so to speak, however, today appears to be a climax in activities, as you may anticipate, life is most likely to become a little more hectic as we progress further along.

I call myself John the Typist! My first full time employment was that of a shorthand typist employed in a legal practice in a rural community in central New South Wales, Australia. Now I have lost all my very limited shorthand skill and continue on being a typist – some 55 years on after practicing as a Chartered Accountant in public practice for a time.

So, what is going on today, as it is Sunday, not much, just the following:

1. Solid Investment.

At least once a week I chat to Crystal in the central north of United States of America, prepare an update and circulate it to about 40 account holders of Solid Investment. I follow up with postings on an open forum for the more than 10,000 account holders who own about 35,000 accounts. We each invested an average of around US\$3,000 in 2005 / 2006. The fund pool grew exponentially and then the website shut down in the first week of July 2006. Some investors achieved the intervention of the Courts of Frankfurt, Germany, and a Settlement Agreement was entered into that this Frankfurt Court oversees.

The accumulated US\$300 billion was stolen once then twice and on the second occasion the cash fund pool was used as collateral to underpin the raising of US\$6 trillion for the European Bailout on 1 June 2012 – a 10 year bond deal. The German Government was to return the collateral fund within 30 days – they did not and have not as of this writing. So, yes the US\$300 billion has been stolen three times now. This is all documented on the <https://solidinvestment.info/home.html>

On 1 June 2022, the US\$300 billion collateral has to be released to four trustees who have to disburse the funds to the beneficiaries being the 35,000 accounts. Additional funds have been accumulating off the cash pool as well as the bonds through interest coupons. The clanger for the German Parliament as well as the European Union Parliament is that they have now suddenly realised the collateral is gone and we have created a hell of stink letting everyone know that this is our (Solid Investment) stolen funds.

In the middle of all this was a crafty old fox, a British baron, bishop and banker for one of most powerful and wealthiest families in the world, he has ensured that the Solid Investment account holders are to be paid as he secreted trillions of that family's group funds in behind the Solid Investment pool only to be released once the 35,000 accounts are paid out to a minimum of 75% of their entitlements. Further, 50% of the additional funds accumulated for the Solid Investment account holders is to be paid to a global humanitarian fund, namely Pascas Foundation (Aust) Limited which I, John the Typist, have set up.

2. World Economic Forum.

The World Economic Forum, being held in Davos in Switzerland, commenced today, Sunday, 22 May 2022 and finishes on Thursday, 26 May 2022. The World Economic Forum Annual Meeting 2022 convenes at the most consequential geopolitical and geo-economic moment of the past three decades

and against the backdrop of a once-in-a-century pandemic (coronavirus Covid-19). The meeting brought together over 2,000 leaders and experts from around the world, all committed to a “Davos Spirit” of improving the state of the world.

Those attending may have a warm fuzzy feeling of being a part of a privilege group who leads the world – all powerful and all mighty. The Davos community are short term leaders subject to Bilderberg Club hidden control, though many may generally make up the membership of the Bilderberg Club. Bilderberg Meetings, annual meetings attended by 120 to 150 political leaders, government officials, and experts from industry, finance, media, and academia in Europe and North America. The meetings, held in a different European or North American country each year, provide a private, informal environment in which those who influence national policies and international affairs in the West can get to know each other and discuss without commitment their common problems. Membership of the Bilderberg Club is considered short term. Unbeknown to them, there is a smaller group who has a medium term involvement in actually running the world, this medium controlling group consists of about 36 families. And unbeknown to this smaller group, they are subjected to the control of an all powerful group of around 12 families who have ongoing hereditary control – long term.

And then there is the chairman of the 12 families. And it is this chairman that the British Baron secreted that group’s funds for release only after 75% of the entitlements are paid out to the account holders of Solid Investment. We have finally got the attention of that chairman and we anticipate their support in achieving access to the account holders’ funds which are totally separate to the group members’ funds. Aircraft is being prepared (engine replacement) for the necessary travel as we speak.

3. Pascas Foundation global Humanitarian agendas.

Agendas for humanitarian activities – why agendas in plural. Each country is likened to be an individual, each country is to be considered unique. That requires separate business plans being structures and associated financial feasibilities prepared. Separate management teams and an overall specialist agenda management engaging the nationals directly for each country.

On Friday, just past, this work had been completed for the people of Papua New Guinea and Solomon Islands, as there are about 192 nations, then there are more to go. The people of each county to be engaged, asked to express what they perceive as their needs and be involved in delivery.

Pascas is to introduce the awareness of living principally feelings first, having our mind to follow supporting the implementation of what our feelings are drawing our attention to. This is The NEW WAY of living in contradistinction to mind-centricity and its ceiling limitation of 499 on the Map of Consciousness. Living through our feelings greatly enhances our perceptive functionality and recognition of truth. Consequently, every facet of our living, every institutionalised system, every custom and way of life will come under review, be dismantled and rebuilt. Nothing will remain anything like we have endured these past 200,000 years!

No one is obliged to do anything. No one is to or can join a movement or organisation, it is a way of living. It may sound simple. It is not. It is a very personal shift in the focus upon how we personally live. It is incredibly freeing as we find that we begin to express our true personality, the one we are always intended to express, the one that our Heavenly Mother and Father know us by. While we are living true to ourselves, we are living true to our Heavenly Parents.

This is not a religion. There are no rituals, customs, practices, dogmas, creeds, cannon laws, sacraments, special clothing or hairstyles and no special book. It is our pathway to Paradise and it is our freedom.

4. Food Security.

As we review institutionalised systems, we may question the reality that the world continually produces food in volumes way in excess of global needs – yet there are communities and regions that are undernourished and others starving to death. This is unquestionably an unacceptable situation – yet the major food monopolies are actually controlling this for a covert agenda of absolute heinous criminality! Some consider that there are people – populations – ‘surplus to needs’!

A few families consider that the world has population surplus to needs – their needs – read further.

Yes, we can remedy the situation. Firstly is the awareness of what is in place orchestrated by hidden controllers. Secondly is the awareness that ‘Fresh is Best’ in our food we should consume. Thirdly is that animal produce requires way more natural resources than fruits and vegetables to produce, thus, our diets can be progressively realigned for sustainable foods and at the same time enhance our quality of physical health.

Should we put resources into potentially high fruits and vegetable production areas we may find that those centres of food production can become food baskets to regions with food insecurity and at the same time diminish processed food cartels dominance in food chains.

5. Health.

Perceptions are wonderful. When was the last time that a health carer discussed or told you what was the cause, underlying or otherwise, behind the discomfort, pain, illness, disease or virus that you presented with?

Generally speaking, it is considered that there are around 10,000 different illnesses that have been recognised. There are ‘cures’ for 500 only. I think Huston would be reporting that “we have a problem” here.

The health industry and its scientists do not recognise the existence of our spirit body, let alone our soul. They do not consider the etheric spirit body at all, yet it is this body that viruses first emerge in before finding a host cell in the physical body. Viruses are essentially of the spirit body – not the physical. That is why medical people can only research the host cells of any virus.

Instead of looking for resolutions for each identified physical complaint, consider that there is only one!

Our childhood suppression by our parents and carers sets our physical health patterns for life.

The foetus when it is first formed is always in perfect condition. The absorption of emotional injuries and errors of belief by the foetus brings about the miscarriages and deformities seen at birth. These parental imposed injuries also set in place childhood health issues. By the time we are six years of age, our life of health or lack of it are set in place.

Soul light is always being transmitted to the spirit body and then onto the physical body. This light is to be return back through the spirit body and then to the soul. If the emotional condition of the personality is perfect, then the light returning is perfectly in balance with the light first transmitted by the soul. The impost of a child’s parents’ injuries and errors impedes upon this light. Over time, the nature of emotional injuries of specific nature impact organs having frequencies relevant to the frequencies of specific emotional injuries – thus parents health issues of similar nature pass through to their children.

Note that no two personalities are the same, often not even similar, hence the multitude of experiences.

Parents who commence their Feeling Healing directly benefit their children, as they heal so do the children – depending upon age.

Bringing Feeling Healing awareness throughout the health industry sector is a central focus of Pascas.

6. Education.

Education is the start of our evolutionary growth. We are each embarking on a wondrous journey of learning that commences at conception and continues for all of eternity.

What is staggeringly not understood is the depth and width of our natural wisdom and intelligence that we each are endowed with through our soul. Our feelings are emanations from our soul, our soul is always in truth, our soul is fully endowed with all we need to know, it is through our feelings that we will live in truth and love – should we not suppress them but embrace them.

All education systems espouse to evolve our minds – we are taught to literally worship our minds. This starts off badly as Johnny is told to use his brain when all his brain is nothing but a dumb terminal interacting for his mind and then his mind cannot discern truth from falsehood, the mind is addicted to control, control of others and the environment – and it is also addicted to untruth. Johnny comes home from school with a ‘fail’ and that is because he was doing what he was taught – use our brain!

The typical classroom image we mostly have is of the teacher lecturing us from the front of the room and we not comprehending what he is trying to convey. The retention rate of lectures is around 5% of the subject matter – this continues into and through university.

Amazingly, should we tutor each other, the retention rate of the subject matter is around 90%. The teacher introduces the subject and then in groups of up to 12 students, they tutor each other and whammo – they get it! Tutoring each other is a highly constructive learning process.

Scientists are typically so fried into their minds that their successful innovations and developments may equate to a few throughout a whole life long career. A feelings orientated individual typically has innovative break throughs on such regular monotony that it goes unnoticed. Further, such feelings orientated innovators need not be technically trained in the sciences that he or she is achieving break-throughs.

This, I can vouch for! Over a five year period I worked with around 1,000 innovators / inventors.

Again, the mind-centric platforms need to be replaced with feelings first orientation.

7. Inflation.

Money is talked about as a constant and that everything else is not. A loaf of bread is constant and so is an apple – money is not, it is printed at the whim of those who own the printing presses.



When I was a young adult, 2 cents could buy what \$1 is needed to pay for today. Inflation (printing of extra money) has reduced the buying power by 98%. Example:



An imperial gallon of petrol used to cost 20 cents. That is 4.546 litres, a litre of petrol costs AU\$2.20 today and that equates to AU\$10 a gallon. That is a fifty fold diminishment of purchasing power.

A typical packet of 20 cigarettes will now set you back on average around AUD \$40 (£22 / US \$30), which is a hell of a lot of money if you burn through darts like a chimney. A packet of 20 Ardath cigarettes was 20 cents.

A single scoop ice cream in the cone is now AU\$2.79 (Baskin Robbins). As a single scoop was 5 cents then four for 20 cents costs more than AU\$10.

The Sunday papers were 5 cents each and stacked with comics and weekend sport. Now they are around AU\$3.00 each, so four is now more than AU\$10.

We have experienced a 98% drop in the purchasing power of our dollar and we are about to experience a further 98% drop in purchasing power.

Imagine paying AU\$500 for a gallon of petrol!!!

As of a consequence to major disruptions to supply chains around the world due to excessive demand by consumers and Covid-19 and now the Ukraine invasion by Russia, the printing presses of the world have printed a mountain of money for a smaller supply of goods and the consequence is inflation.



Authorities tell us to look up there whereas we need to look not only at our governments BUT the major corporations that are the dominant price gougers. You will find the chain becomes very small, all leads back to a few very obscure and secretive families.

The era of very, very low inflation has ended. Headline inflation in Europe is 7.4% and core inflation 3.5%, way above the ECB's target of 2%. Hong Kong – As inflation soars around the world, the world's second-largest economy has kept it at bay. Consumer prices in China increased just 1.5% in March from a year earlier. The USA Consumer Price Index increased 8.5% for the year ended March 2022, following a rise of 7.9% from February 2021 to February 2022.

8. Earth Changes.

Yes, pollution is a major environmental factor that we all need to address. Further, our insatiable appetite for distractions in all possible forms is driven by our ongoing suppression of our feelings. As we start to embrace our feelings, by living feelings first and having our mind to follow we will mitigate our 'need' to consume as well as to be 'distracted'. We may actually start to communicate with each other again. Talking it out with a companion is what our healing of our childhood suppression and ongoing repression requires. Talk to a companion and a friend needs to become socially acceptable!

Yes, the weather conditions have drastically changed all over the world, however, the main driver is not the air pollution. Air pollution contributes to disturbance but it is not the main event.

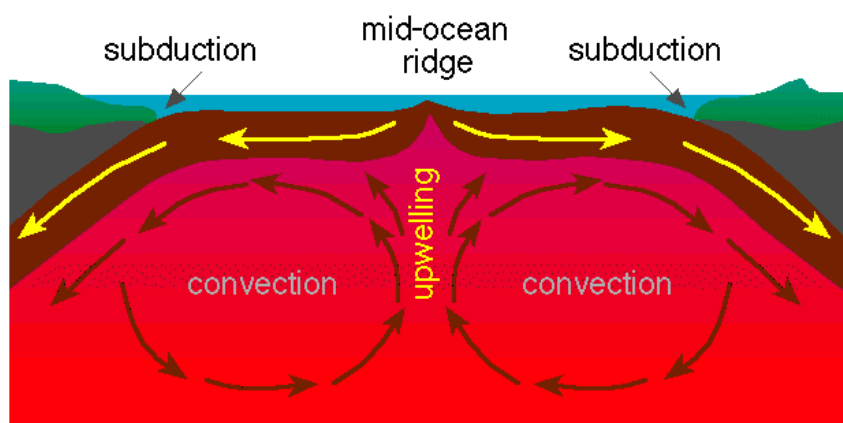
Again, our authorities are telling us to look up there and in the meantime withholding the truth.

In the mid 1900s, there was a surge of energy from within the core of our universe which fed into our Sun. Our Sun then goes on to project such energy to the planets throughout our solar system. The core of Earth has been receiving this additional energy and consequently the rotation of the core of Earth has marginally increased bringing about disturbances on the surface and increasing the temperature of Earth's surface. As the oceanic plates are thinner than the continental plates we are having more volcanic and earthquake activity in the oceans than on the continents – thus we are not aware of this.

Consider that the increased rotation of the Earth's inner iron core is not creating a uniform increase in pressure and temperature on the surface of the planet. Thus ocean, land and air temperature increases can be higher in places whereas other locations may be cooling. The agitation in the mixing bowl is not mixing the molten lava below the surface uniformly. Earth events will be typically more extreme at the points where the up-welling from the core is focused during this cyclical event. Humanity is to learn how to collaborate with nature – not endeavour to control it!

Due to this cyclical activity, yes we are experiencing a cycle change, the crust is rising in some locations, the spreading of the mantle is thinning the crust in others. So we have islands rising a little and some sinking a little (a lot)!

The oceans are warming from underneath as well, that also increases the water volume by its expansion



May I Have Your Attention Please



**Around 12,500 years
between Pole Shifts**

TIME FOR CHANGE

**With each Pole Shift humanity
had gone deeper into its evilness.**

It is time for governments to fess up!

9. Perception and Misconception.

The wonders of our feelings are yet to be recognised. We are told to look up there! We are told to develop our mind, to be mind-centric, to ultimately worship our minds because we have been led to believe that through our minds we can become mini-gods – we even see people who appear to believe that they are mini-gods!



Our feelings are always in truth! Our soul-based feelings are our internal guidance and source of all we need to know! We have for generation after generation been taught to ignore our feelings, to suppress our feelings. NOW, we know that it is the truth that our feelings are to reveal to us, that this is the pathway to Paradise, the only pathway, in conjunction with our Feeling Healing, to our Heavenly Mother and Father.

As we slowly and progressively awaken to our feelings we will begin to recognise that our perceptions are exquisite in their revelations. It is like having a knowing without any comprehension as to why one understands that which they are feeling as being truth. As you then may go on and act upon what you understand without reason, you receive confirmation that what you perceive is truth.

This is within us all. It is a most wonderful experience and a tantalising gift.

No, we do not look up there, we look within. Keep our mind at bay and allow your feelings to surface.

10. Hidden Control.

Ten ducks in a row, but one always misleading or misled!



It is not the our leaders who control. It may not even be their deputies. It is typically those who influence from deputy styled positions. We all have an addiction to power. The ultimate hidden controllers play on frailties – should they seek to influence then they find an agent who they compromise to do their work. The pathway may lead back to a local secret society that is typically well respected in the community. Then we follow the chain back to an overarching secret society within a nation and then back to an ultimate secret society in London. We then find around 150 or more families who think they are the ultimate controllers, but no, they are only temporary, there are 30 or so families pulling their strings, but these are the short term leaders as there are around a dozen long term permanent families who are the ultimate controllers.

Now, you would think that these covert managers of humanity would stand out. And yes they do if you have fifteen years to watch their every move, they are extremely repetitive. Firstly, each member of this elite family grouping typically has five ‘legal’ passports, all in different names and they use common names. When in different countries they go by a different name. An assignment is broken into separate parts – maybe ten or twelve – and each of these parts are assigned to different operatives – and these operatives do not know who the others are nor what the overall agenda is. Those operatives who carry

out a part of a function are typically very old or terminally ill. With these barriers in place it is next to impossible to trace an activity back to the absolute control.

Consider the false flag attacks on ships in the Persian Gulf? Consider who funded the weaponisation and development of the coronavirus Covid-19? Consider who funded and organised the aircraft attack on the twin towers in New York on 11 September 2001 (9/11)? And much more.

This structure of control will be slowly dismantled and then completely ended.

11. Federal Elections in Australia.

The Australian Federal election was on Saturday 21 May 2022. A few weeks previously, we had calibrated the levels of consciousness as per Dr David R Hawkins' Map of Consciousness using kinesiology muscle testing, of each member of the cabinet of the Liberal Party which was in government. We also calibrated the levels of each member of the shadow cabinet, the Labor Party being in opposition.

Dr David R Hawkins had calibrated the overall consciousness of some nations' populations. We have gone on to complete the list of the world's nations. We have also calibrated the overall consciousness of the parliaments of some of the nations, also relative to the Map of Consciousness.

We, the people, aspire to have standout leaders for their nations. Should you be involved with a significant corporations then it would have its executive looking like this:

No one in the executive and leadership team would calibrate on the Map of Consciousness below 400

Those in pre-eminent positions would demonstrate a pattern to debate and then implement resolutions without argument and delay – potential president / prime minister material 470

Those who debate and implement resolution in due course are potential leaders 440

Debate and implement resolutions with some degree of follow up being generally needed 410

Those who calibrate below 400 are not leadership, they need to be managed, they should not be constituents representing 150,000 people, and they should not be in parliament. This is so because management supervision is generally required over them.

The Australian population overall calibrates around 410. What we observed of the inner circle of federal members of parliament for the Australian people is that the cabinet being in power calibrated at around 390 on average with only 21% of the cabinet calibrating at or above 400. The opposition cabinet calibrated at around 389 on average with only 23% calibrating at or above 400. Of the total 227 federal members of parliament, the overall calibration was 380. The people of Australia had a leadership of a lower calibration than themselves. The quality of candidates being grossly inadequate. The opposition party is now in power and their new cabinet calibrates overall at 386!

This is typically the case around the world. Democracy is a manipulation of the people for the benefit of hidden controllers. The governments mostly are unable to advance their nations as they themselves represent a lower consciousness. This imposition upon people of all nations needs to be understood. The people elect a few representatives who are less capable than the people overall. The elected few divide themselves into a few party groupings and submit themselves to the dictates of unelected controllers. These party groupings further restrict their numbers by electing an inner cabinet who in turn elects a leader. Democracy turns into a dictatorship for the term of the election. Cabinet members hold









posts in port folios that they do not have the skills or experience to run. The populous are waking up to the covert control by a few.

In walks Simon Holmes a Court! Simon, with the support of many others, enabled eight women to achieve election to the federal parliament all as independents. They each have their own policies and on average, their calibration averages 434 with half being 440 or above – true leadership material. It is possible. They are each highly skilled, professional women and a breath of fresh air to shift politics back into the arena of being democratic.

12. Feeling Healing and India.

5 May 2022

Education facilitators are requested to confirm and demonstrate that they have embraced the documented guidelines that are available at www.pascashealth.com in the Library Download page within the Medical – Emotions section:

-  [Pascas Care Living Feelings First - Adults.pdf](#)
-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)

Dear Archbishop,

13 May 2022

Kindly let us know when the teachers confirm and are ready to demonstrate that they embrace the documented guide lines. Please confirm that classes have commenced for the students in the age groups 10/11, 12/13, 14/15, 16/17 years with parents invited to participate.

Peace,
+Brian

Hi John, Jim, Helen & Ian

21 May 2021

Every teacher at Saint Mary's School, Lucknow, in Uttar Pradesh, India, is now invited to visit www.pascashealth.com for the “Living Feelings First” documented guidelines. From this pool of committed educators, student groups ages 10 to 18 will discuss Living Feelings First – parents being also invited. The teachers as guides (not lecturers) with the students to mentor each other.

Peace,
B1 (Bishop Brian Iverach)

This is a most incredible step for all of humanity. This is the first time that a formal school throughout the world has moved to constructively demonstrate and enable students (with their parents) to become aware of the possibility to live feelings first rather than being mind-centric.

St Mary's School in Lucknow is a campus for 1,000 students as well as being an orphanage for 100 girls. Though the school is Christian in its makeup, it is truly non-denominational with a lot of Muslim pupils and staff as well as Hinduism.

John visited with Brian, Archbishop John at the St Mary's School in Lucknow for two weeks in 2015. Brian has had a long and continuing relationship with Archbishop John and his school and there intends

to be a very expansive program implemented throughout India with the backing of the global humanitarian funding now being made available for all nations of the world.

13. Global Political Unrest.

We focus upon the Russia / Ukraine conflict as it is a reflection of the growing political instability in the northern hemisphere. Somehow, the Russian invasion of Ukraine has not expanded to other countries. It has clearly demonstrated that the corruption within Russia has shown the world that their much sprouted military prowess is nothing more than a façade. However, men and women are slaughtering each other with everyone being losers – worldwide.

However, other nations are flexing their muscles, all being north of 28° north latitude. Should a global conflict unfold then ALL supply channels north of 28° north can be anticipated to collapse for some time to come. Thus, we focus upon the Russia / Ukraine conflict to consider what the global stage is teetering on.

Amazingly, a professional couple from Zhitomir, 150 kilometres north west of Kyiv, have shared their passion for their people and Pascas Foundation will be embracing their leadership throughout Ukraine.

14. Change is Unfolding.

On 31 January 2018 the end of the Rebellion and Default formally took place with the transfer of oversight of Earth's humanity to Celestial Spirits – people who have lived on Earth and healed themselves of the Rebellion and Default. This is a first throughout all the universes. The end days of Jesus and Mary's direct involvement with the affairs of Earth are in progress and the handing over to Avonal Pair, who are now on Earth, will take place in due course.

15. Humanitarian Funding for the Great U-Turn.

Daily, progress advances the release of funds that have been accumulating for a very long time to fund what is required for the transition of humanity to the Avonal Age which is very quietly unfolding.

During the 1930s, high level spirits, including the Creator Daughter and Son for Nebadon, the bestowal Avonal Pair for Earth and the Melchizedeks led by Machiventa Melchizedek, resolved that funding would not come in sufficient enough volumes through donations as no one knows what this is about nor what is required. They concluded that a structure had to be set up to accumulate the required funds and then have them available when the Avonal Pair, now on Earth, needed the funds for their public agenda.

You may know the Creator Daughter and Son as Mary Magdalene and Jesus – they are soul partners.

This led to the Bretton Woods Conference that ran from 1 July 1944 through to 22 July 1944. This instigated a system for releasing US dollar bonds into the world markets with half of the profits from the sale of bonds, mainly 10 year US\$ denominated bonds, being set aside for humanitarian projects, mainly for emerging economies.

An oversight council had been distributing such funds through the United Nations Organisation until they became frustrated with the overall administration in 1993. These funds are now beginning to be released through administration established on the Gold Coast, in Australia.

The methodology of fund accumulation is the same for the Solid Investment fund pool with half of the Solid Investment fund accumulation to be applied for the same agenda.

16. Great U-Turn.

This time, in the history of humanity, is the most exciting time ever experienced.

What is unfolding for Earth's humanity today had its first physical step instigated 4,000 years ago!

Machiventa Melchizedek manifested outside of Salam, north of Jerusalem, with the purpose of tutoring Abraham in preparation for the arrival of the bestowal pair, being the Creator Daughter and Son, Mary Magdalene and Jesus, at the beginning of the first century of our common era. They were to come and go unnoticed, however, Jesus' presence has been clearly noticed.

Jesus and Mary Magdalene achieved their status as full co-regents of Nebadon which has 3,840,101 inhabited worlds under its jurisdiction. You could say that Jesus and Mary attend to federal business, embracing all the humanities throughout Nebadon. Consequently, they introduced the availability of our Heavenly Mother and Father's Divine Love throughout our local universe of Nebadon.

As for our local system of Satania, Earth being being number 606 of the 619 inhabited worlds of Satania. The System Sovereign of Satania was Lucifer and his soul partner, their deputies were Satan and his soul partner, all being of the Lanonandek spirit grouping. Lucifer and his soul partner instigated the Rebellion throughout Satania 200,000 years ago, of which 37 humanities capitulated to the Lucifers' guile. Jesus having achieved full authority as co-regent with Mary at the commencement of his public ministry, had the Lucifers and Satans arrested and spirit world imprisoned where they remain today.

Creator Daughter and Son and also the Avonal Pairs are spirit personalities from Paradise which is in the centre of the seven super universes. Paradise is the home of our Heavenly Mother and Father. The Creator Daughter and Son as well as the Avonal Pairs have Spirits of Truth which they release following a bestowal on a physical world. It is through these Spirits of Truth that we may connect with them and interact with them. They are spirits just like you and me!

Spirits from within our local universe include the Melchizedeks, Adamites and Lanonandeks, as well as many other groupings. None of them have Spirits of Truth and they are not from Paradise. It was rebellious Lanonandeks that instigated the Rebellion on 37 worlds throughout our local system of Satania. Each of the worlds has a Planetary Prince who are also of the Lanonandek grouping. Caligastia with his soul partner are our Planetary Prince and their assistant being the Daligastia soul partner pair. It was through the influences of these that Adam and Eve failed on their mission on Earth some 38,000 years ago – thus Earth being the only humanity throughout all the humanities throughout all the universes to have both Rebelled and Defaulted.

Caligastia, Earth's planetary prince, is the personality that we refer to as the devil – well he and his soul partner are now in spirit world prison!

As the Avonal Pair, now bestowed on Earth, progress with their agenda, when they started to commence on their path of healing of what they had taken on of both the Rebellion and Default, they triggered the time for the arrest of Earth's Planetary Prince and associates. The Caligastias and the Daligastias were arrested in 1993 and placed in spirit world prison. You could say that this is a state affair and that the Avonals have state jurisdiction. The Avonals are always only assigned one world, one humanity to assist with at a time.

The Avonal Pair have taken on the extremes of the Rebellion and Default and have been slowly working through their personal healing so that they can now show the people of Earth how we may follow, should we so wish and when we please, through our own personal Feeling Healing.

This has been a long and difficult process. No one throughout the history of Earth's humanity has ever healed themselves of the imposts of what they have taken on of the Rebellion and Default on Earth. The male of the pair has taken on issues that are distinctly different to what the female has endured. Thus, by combining their two experiences they have covered all spectrums of the issues we each may have endured. Thus, when the pair release their Spirits of Truth, then through these Spirits of Truth they will be able to assist each and everyone of us, now and into the future.



On the 12 April 2022, the second of the Avonal Pair completed his Feeling Healing. He with his female soul partner now have both completed their personal Healing of all that they each had taken on of the Rebellion and Default. A review of their childhood upbringing and their individual childhood suppression will clearly confirm that they each have endured the extremes of the Rebellion and Default.

As they have been progressing through their personal healing, personal meaning for themselves, we each have to follow with our own Feeling Healing, they reached milestones that have triggered major events for Earth's humanity and that means those in the physical as well as those in the spirit Mansion Worlds.

On 22 March 2017, the Celestial Spirits of Earth, from within the Celestial Heavens 1, 2 and 3, successful have blocked negative mind spirits from interfering with us here in the physical on Earth.

On 22 May 2017, the Law of Compensation as it is applied in the spirit Mansion Worlds is quickening on Earth. How it is applied throughout the Mansion Worlds will be how it will eventually apply on Earth. Should we contemplate to harm / interfere with another's will then we will instantly feel the pain that we intended to impose upon another.

On 31 January 2018, the administration of Earth's humanity has passed to our Celestial Spirits. This is a first for any humanity throughout any of the universes of which there are 700,000 local universes.

On 12 April 2022, the Avonal Pair completed their Feeling Healing, and with Divine Love, their Soul Healing. There is a lady in England, Samantha, who is also close to completing her healing on her own.



4,000 Years Unfolding

1980 BCE

1900s BCE

Machiventa Melchizedek

ABRAHAM

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Bestowals from Paradise:

Creator Daughter and Son

Mary Magdalene and Jesus

PADGETT MESSAGES

THE URANTIA BOOK

Incarnation of the Avonal Pair

1914-1923

1925-1935

1950 & 1960

2018 Jan 31

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

Bestowals from Paradise:

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

LEARNING for ETERNITY:

The journey that we are on and the life we are to live is a never ending adventure of learning.

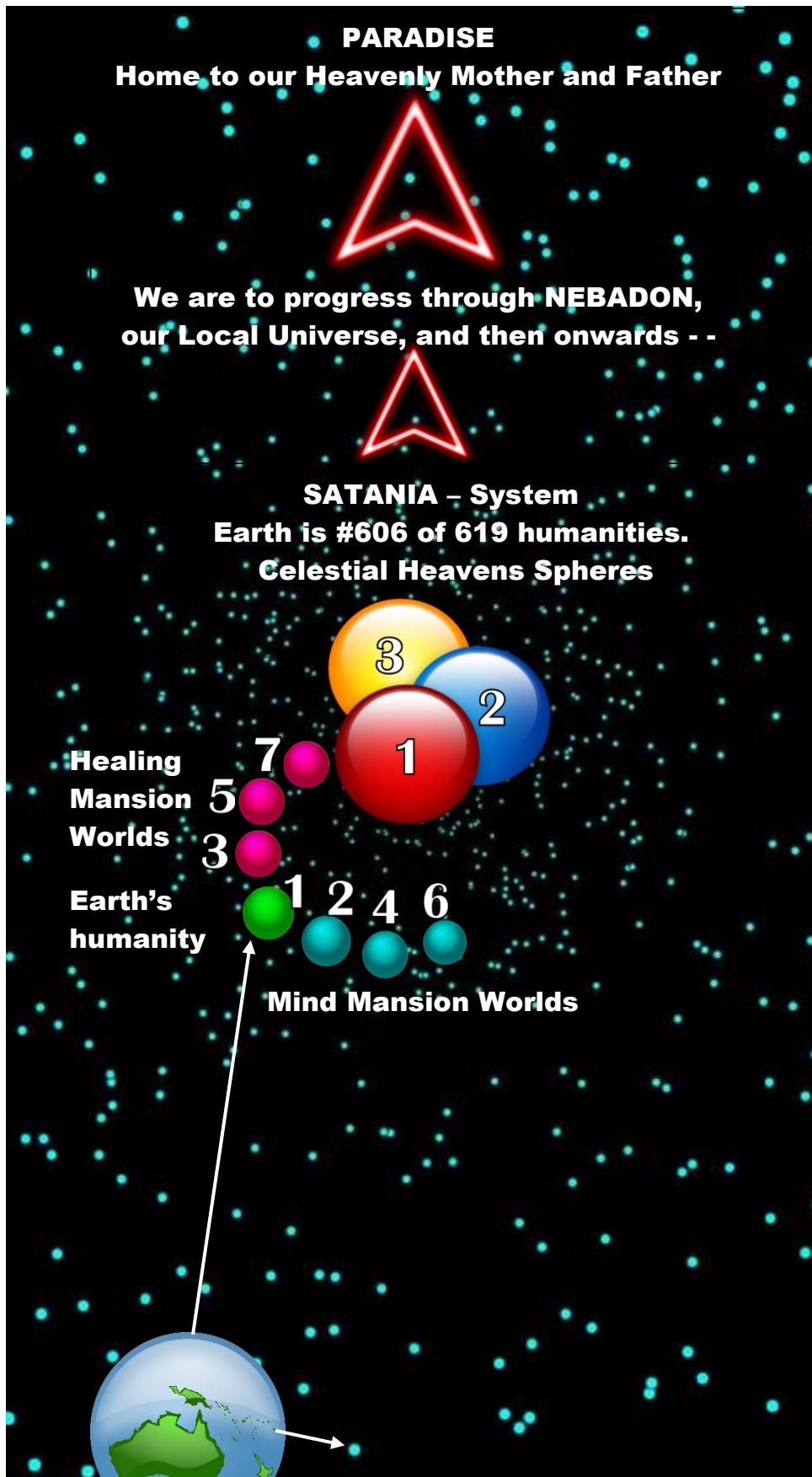
We may gaze at the stars in wonder for they are homes to our neighbouring humanities. While we live through and worship our minds then we will stagnate. This time in history is the Great U-Turn.

We will now embrace our soul-based feelings, the truth within us, and have our minds follow. Not the other way as it has been throughout the Rebellion and Default with the mind suppressing our feelings and we being in denial of our condition.

Through our feelings we will put aside the limitations and barriers that our mind restricts us to. We will discover the wonder of ourselves and our amazing potential. We will recognise that females and males are equal and are truly partners in all we do.

We will discover that one soul manifests TWO personalities, one female and one male, and that our true partner is our other half of our soul!

We will become free!

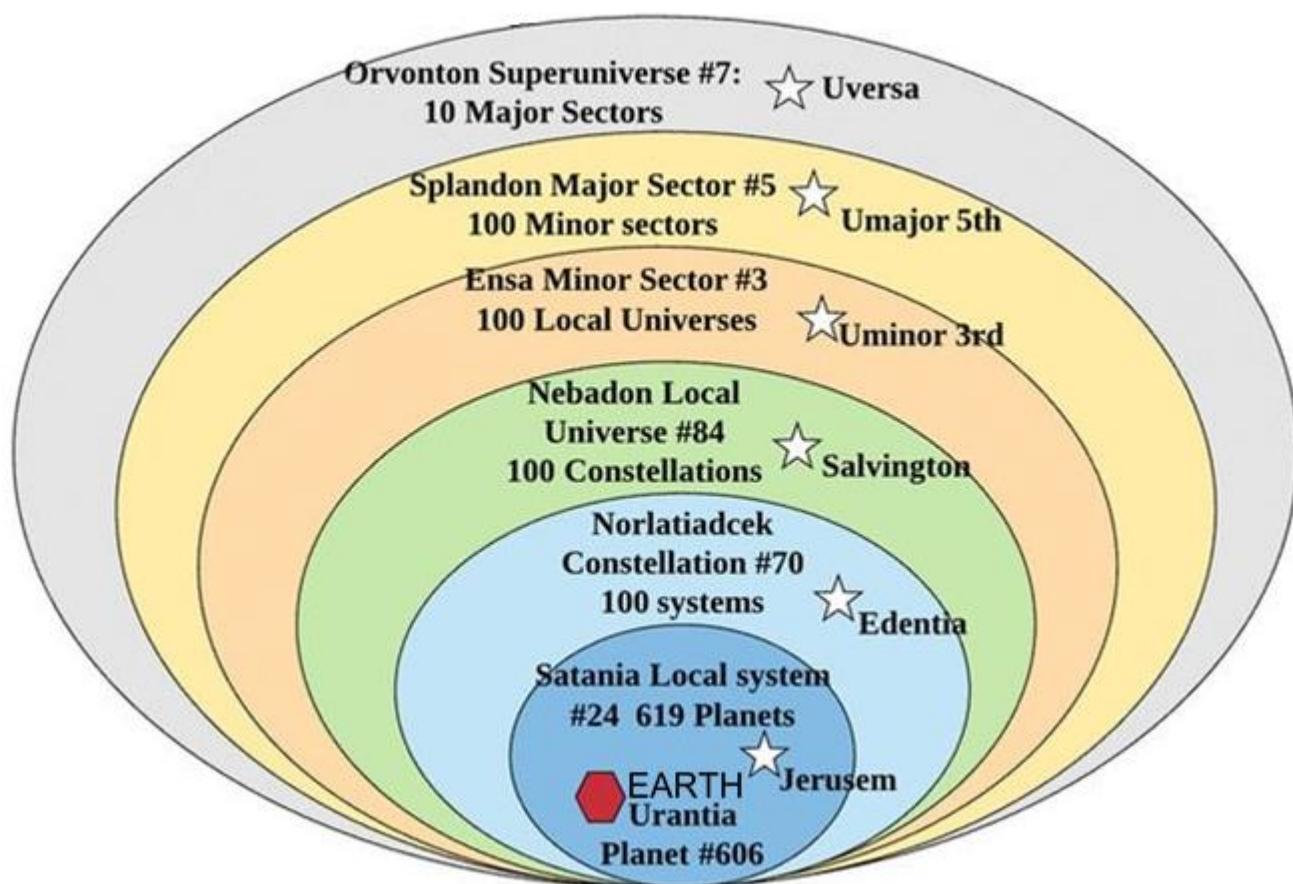


Superuniverse ORVONTON Schematic Representation

Our super-universe is named **Orvonton** with headquarters being **Uversa**
 And each of the regions are also named, such as for those relative to **Urantia (Earth)**:

10 major sectors	Splandon with headquarters being Umajor the Fifth
Each of which contain	
100 minor sectors	Ensa with headquarters being Uminor the Third
Of which each contains	
100 local universes	Nebadon with headquarters being Salvington
Of which each contains	
100 constellations	Norlatiadek with headquarters being Edentia
Of which each contains	
100 systems	Satania with headquarters being Jerusem (Heaven)
Of which each contains	
1,000 inhabitable planets	of which our local solar system holds Urantia (Earth)

Thus our super-universe may have 1 Trillion inhabitable planets with currently one third inhabited. Most inhabitable planets are around the size of Earth, which is a little undersize.



NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we’re living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as we can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

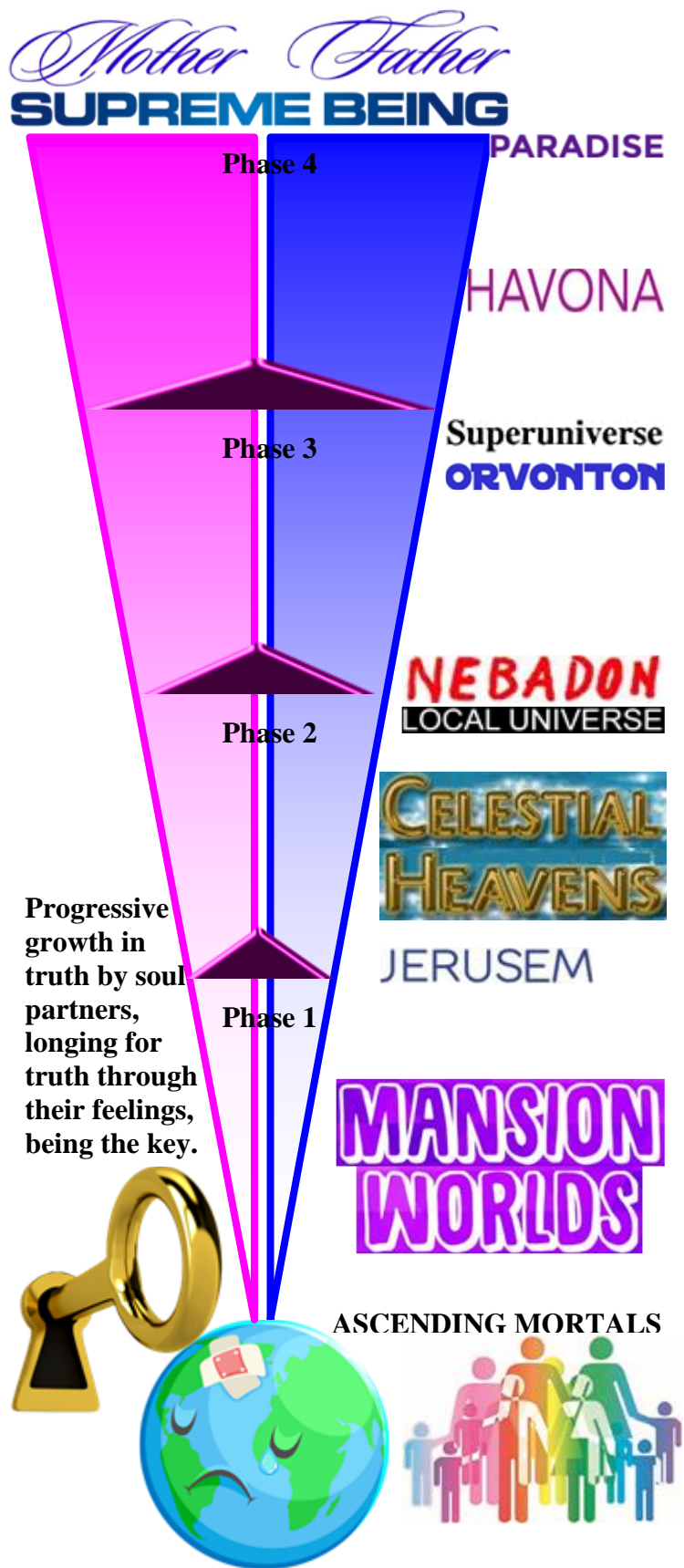
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The New Feelings Way.



Health & Parenting

As difficult as it may seem to comprehend, even at the time of one's conception / individualisation, we are highly intelligent and our newly forming mind is making rudimentary decisions. Immediately upon conception we (being our soul) begin to absorb the emotions and projections of those around us, within our environment, mainly from our parents and in particular from our mother, who at that time may not even be aware of our presence.

All we need to know is already within one's soul prior to conception.



We access our soul's knowings through our feelings. That is, should we express our feelings at all times then we will be drawn to truth and love at all times.

Nothing about our soul's truth is focused upon controlling or dominating anyone else. Control is the domain of the mind. The mind is within one's spirit body, and it is this mind control that we are enslaved to. For more than 200,000 years man has been enslaved to his / her mind, this was brought about by the Lucifer Rebellion at that time. For generation after generation, we have repeated the endeavours to turn our children into little 'me's'. We suppress their free expression and free will and endeavour to clone them into trophy children, our trophy, reflecting who we are, not allowing their free expression of their feelings, their true selves. For a child to comply with our orders and demands they train their minds to 'obey' and succumb to our blackmail, 'be a good girl / boy and I / we will love you!'

This is a disaster of global proportions that was instigated by Master and Mistress Lucifer 200,000 years ago and it is only now that we can do the Great U-Turn and liberate our soul's feelings and become freely expressive, and bring about the harmony that humanity strives for and knows is possible.

Each suppressed feeling and each inflicted emotional injury brings about physical pain and ill health. It is only when we allow our feelings to freely flow that the energy flows through our spirit body and then physical body are we of a healthy and feeling nature. We, as parents, bring about the long term health or ill health of our children. Sometimes the collective injuries that we as parents are holding suppressed result in becoming evident as deformities within our children. Yes, we as parents cause the deformities within our child. Unknowingly and unintentionally we harm our children with our own emotional injuries to such an extent that our newly forming foetus is enormously injured resulting in the numerous illnesses and deformities that babies are born with, from time to time.

The baby is born and then we set about turning it into the 'model' that we want, not allowing it to freely express its true self.



This is the crime that we as parents have not been aware of for 200,000 years. It is global and it will take centuries before we all become aware that we have to feel into our emotions, allow our soul based feelings to tell us the truth of our errors and express our feelings to our partner or anyone that will listen and put these errors aside for ever. Then we will learn how to truly love our children and not burden them with the injuries that are passed down generationally.

Our children mirror us, as parents. It is not that 'bad genes' are passed down; it is that we change the nature of our genes as of a result of emotional abuse and suppression which is endlessly hurled at us as a child.



It is not until we reach puberty that we are of such an emotional maturity that we can start to independently feel into our soul based emotions, by-passing our mind's controlling nature, and express and release the injuries imposed upon us since conception and typically through to the age of around six or seven.

Only by releasing our childhood repressed emotional injuries can we return harmony and physical health to our bodies.

Though our parents typically announce that they love us, as a child, they themselves are so heavily injured that they do not know how to truly love, or what true love is.



	Supportive Parent is accepting and child-centered	Unsupportive Parent is rejecting and parent-centered
Demanding Parent expects much of child	Authoritative Parenting Relationship is reciprocal, responsive; high in bidirectional communication	Authoritarian Parenting Relationship is controlling, power-assertive; high in unidirectional communication
Undemanding Parent expects little of child	Permissive Parenting Relationship is indulgent; low in control attempts	Rejecting-Neglecting Parenting Relationship is rejecting or neglecting; uninvolved

FEELING HEALING and SOUL HEALING:

The soul is that indefinable part of yourself. It's that part you can sense, soul-perceive within you, but you don't actually know where. And it's not centred in nor is it part of the mind as some people think. Your soul is separate to all of yourself, that is all the parts or attributes of your personality that are being expressed continuously by it in Creation. Separate and yet inextricably linked to you by light.



Our soul contains the pattern of all we are, all we have been and all we'll ever be. Nothing enters it or leaves it save for light and the Divine Love of God, which is also a Light. Soul-light comes forth from the soul in accordance with its pattern, this light interacting with Creational light on the will level first then moving outward expressing all the aspects of yourself – your personality you need to live life with. As you express yourself, and that's every part of yourself, all physical, spiritual and all in between, so you are generating an experiential light, which then goes back into your soul via your will, which in turn then causes your soul to express the next part of its pattern, and so it goes, as you're evolved into being by your soul.



Our soul absorbs the environment around it, commencing from conception. Thus our pristine soul becomes progressively contaminated by the injuries and erroneous beliefs of its parents. The harm becomes most apparent during our later forming years, that is, during our adolescence.

Should we become aware of feeling our childhood injuries and begin healing ourselves, we can slowly remove the encrustments from our soul, such encrustments stifling our real personality. Thus we can start to revitalise our personality and allow our real self, our soul to blossom and dominate our humanness. Our parents, unknowingly, stifle and suffocate our will, our capability to express one's self.



Feeling healing is the pathway to begin to live fully expressing one's true personality. This can be a slow painful process of revisiting the truth of the unloving environment that actually prevails during our childhood years.

By fully embracing our memories of injuries we endured and also expressing these to our soul Parents whilst longing for, asking for and receiving the Divine Love, we will reinvigorate our soul's potential to truly love and experience life to its full potential, with one's soul growing in truth.



WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



FEELING HEALING is to LIBERATE OUR TRUE SELVES:

One's soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within one's self and the truth of that feeling will progressively unfold.

Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. One can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.

Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.

Beliefs become Faith, but when we experience it, then it becomes Knowing. And it is in reaching the Knowing that one becomes perfected in that aspect of who and what we are.

When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we would be like them.

Childhood suppression encrusts our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to seek for the truth of all of our feelings, good and bad.

MIND



SOUL



WE ARE NOT MEANT TO BE ALONE:

Feeling bad will make you feel BETTER – Eventually! by James Moncrief

‘We are not meant to be alone, particularly during the hard times. We need to learn that it’s better to come straight out, to start accepting and speaking about how bad we feel. It’s okay to just cry and tell other people how bad you feel. It’s okay to feel bad. If we could all help each other to express our bad feelings allowing ourselves to feel as bad as we need to feel and for as long as we need to feel that way, wouldn’t life be more caring and loving?’

‘The childhood suppression of our bad feelings has been so severe that we have to shut ourselves away during our crisis times, the very times when we should do the exact opposite and come out the most. Doing this because this was all we did during our early childhood when our parents rejected us, making us feel unloved, unwelcome and unwanted.

‘Wouldn’t it be nice if when you felt bad and someone asked you if you were okay and did you want to speak about it, you could say: Yes I do feel bad, and yes thank you, I do want to speak about it, and they were there for you all the way along. And you could speak and cry and be as miserable or angry or however you felt for as long as you wanted to. And they didn’t judge, criticise, or try and tell you how to get over it and how to make



yourself feel better. And they just allowed you to go for it, to slobber and blubber and grieve and go through all the natural releasing and healing stages without getting in the way; just being there for you, wanting you to tell them all about yourself – all you’re feeling. And when you were ready, you could long for the truth and try to understand why the pain is so bad, why you are feeling all the bad feelings you are feeling, all in the loving supportive trusting presence of your friend.

‘Wouldn’t it be nice if we allowed ourselves and each other to fully express all we felt and didn’t feel like we had to deny anything; didn’t have to reject ourselves when we felt the most in need. That we could seek help, love, care and attention when we felt we needed it, that we could even ask each other for it, if that’s how we felt, and it was willingly there and given for us to receive.

‘Wouldn’t it be nice if we could allow ourselves to feel and express our pain? And if we could, I’m sure we wouldn’t feel the pain for as long as we do (and in many instance may not even feel the pain to begin with). And we would be able to deal with it, to keep accepting it for as long as it was there, thereby allowing ourselves to move on, to mend, to heal, to come back to ourselves.’

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

LIVING FEELINGS FIRST and EARLY CHILDHOOD

It takes a village to raise a child.

The whole human race is suffering from repressed childhood and mind control.

The CHILD is to FREELY EXPRESS ITSELF: Messages from Mary and Jesus 13 May 2003
Mary Magdalene:

The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.

GOLDEN RULE PERTAINING to CHILDREN:

Messages from Mary and Jesus – Jesus 6 April 2003

We cannot under any circumstances break the Golden Rule: **we cannot impose our will on another forcefully subjecting others to do what we want, even if it is our own little child.** We can, by all means, make respectful offerings of our ways, beliefs and opinions, leaving the onus on the other person to make up their own mind, but once we start intruding we are stepping over the line and that incurs a penalty.

This is the problem we are all saturated with: being coerced and threatened to do everything we do. It is how most parent's parent, coercing and threatening their children so as to get them to do what they want, all so they can maintain their power and control over them. The parent is completely interfering with its child's freedom to express itself.

As a parent we cannot know one moment to the next how our child should be. It will show you how it will be, not you showing it how it will be. And we need to allow it to show us with as little interference as possible. And this will be a great challenge for parents to face. The Church and all such systems – our whole world – is for adults, not for children; our world is anti-children, most of what we do is anti-children, even when we believe we are doing it for their good and doing it lovingly. It is not a loving system and it can't be. It can only do what was done to us, and as we weren't loved truly by our parents, then that is the world we know and the world we will create and the world we will choose to live in. The delusion is that we have been led to believe that the world is good and right and true, at least the world we are participating in, but it's not, and this is what our healing will make us see.

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

ALLOW CHILDREN to EXPRESS THEMSELVES:

Messages from Mary and Jesus – Jesus 6 April 2003

If you could see children that are left to be free, they will ask when they are ready, and it makes the parent feel good being able to give. This makes the parent feel needed and not just taken for granted, as its child is coming to it, and it makes the child feel good because it is responding to its inner inspiration and feelings; it is making the approach in the relationship with its parents and gets what it asks for. But you ask: What happens when the child asks for things it can't or shouldn't have, what then; should the parent just give its child everything it asks for? And the answer is no, whilst you're of and in the negative because the child will not be asking truly from and with a positive mind.

OUR CHOICE TO LIVE the WILL of OUR HEAVENLY PARENTS:

Messages from Mary and Jesus – Jesus 6 April 2003

The Father and Mother offer you this choice, however you have wanted to live as you are, and They won't take this choice to do so away from you; that would be violating your free will, and your Heavenly Parents don't take such liberties as your earthly ones do. They want you to uncover and see for yourself all that you are doing that is wrong. Why you are doing it, what happened to you to make you choose to do it, and how you've been manifesting it in your life. And once you are cognisant of it all, then you are free to choose as to whether or not you continue living it. And if you choose not to, then They will remove all trace of such wrongness, evil and self-denial from you.

Living God's Will is not just a matter of doing some sort of work for Them. This is incidental. Living Their Will is living in your perfected soul state of being, which will only begin when you are a Celestial *angel* of truth. Up until then you are still working to resolve all that is wrong within you. All that is sinful, evil, wrong, bad and negative. When you are truly free, you will be doing the work God is asking of you, all by simply living true to all your feelings and being your full and true expression in Creation. All that you will do in your life will then just be things you love to do, you won't feel like it's work, and yet it will be exactly all the Mother and Father want you to do, the very same things you feel you want to do.

Your deep longing to do and live and be true to God's Will, is from your soul as it yearns to be free. And when you are fully self-expressive, living true to all your feelings, then this deep yearning will be satisfied. You will feel you know you are living in your true place in Creation, in perfect harmony with everyone else. You won't feel out of sorts, disillusioned, meaningless and without purpose. You won't feel disconnected from yourself. You won't feel like you're on the outside looking in on a life that somehow is beyond your reach. You will feel whole, centred entirely in and at-one with yourself, just as you feel at-one with God. You will feel in each experience you are fulfilling your soul's light-pattern-of-destiny, and this will make you feel good.



TO SAY NO!

Messages from Mary and Jesus Jesus 6 April 2003

To say no and reject someone is not something that's nice to do. You don't want to hurt another's feelings; however there might come a time when this is what you'll have to do so you can come back to, and focus on, yourself – being able to attend to your own feelings with the intention of healing yourself and growing in truth. You are the most important person in your life. Your parents took this knowing and feeling away from you by making you believe they were the most important people in your life.

To help another and be praised for that help, might be nothing more than helping your parent; putting yourself aside, helping them do what they want you to do – denying yourself, and then getting praised by them for being so nice, kind and caring. At some point you will have to give up your parents control and domination over you. You will have to stop caring for them and turn to care for yourself. Caring for another can be detrimental to you, and not the noble cause you thought it to be, if you are using it to deny your bad feelings; dishonouring and disrespecting yourself.

EVERYTHING is WITHIN OUR SOUL:

Messages from Mary and Jesus Mary 6 April 2003

Everything is already within your soul. You have the capabilities to free yourself, to do whatever is required. All that you have experienced right from the very beginning is still within you. All the pain you experienced as a child is within you, and all the reasons why it was so painful is all stored in your soul. As you progress in your healing your soul will liberate it all steadily into your spirit body and then in turn into your feeling, thought and physical systems. Step-by-step you will be led along as you express all you feel. And step-by-step you will see more of the truth of yourself. Your soul will unfold all it knows within you. The Mother and Father will help you to see all They want you to see, will love you, and tell you what you need to know when you ask Them for Their help. Reach out to Paradise, to your Heavenly Parents. Reach inwards to Them for their Indwelling Spirit. Find Them in your soul.

LIVING TRUE IS HEALING ONE'S SELF OF CHILDHOOD INJURIES:

Messages from Mary and Jesus – Mary 10 April 2003

As we are all of the Mother and Father, if we do anything that goes against Truth or Spirit or Mind or Will, or Their Laws of Love, then we are going against all of our self – our own soul, and the whole of Creation. And if we want to live true – true to the Truth, true to our soul, and true to God, then we have to rectify this at some time. In going against Truth we bring about pain – penalty – in ourselves, as this is to show us that we are doing the wrong thing – going the wrong way. And when we come back into harmony with the Laws the pain goes – the penalty has been paid.

Currently in the negative mind state humanity does not want to live true to God's Laws, so man's laws are different to God's. So all that you do is against the Mother and Father's Laws of Creation and Existence. And this is what then causes all the pain in your soul, as you live each day refusing to honour the Truth of God. And no matter what you believe about how good you may be, if you are not living true to your soul and God's Laws then you are hurting yourself.

The Mother and Father say individually: Love Me as I love you; and together: Love us, as We love you. You come into the world asking your parents to love you as you love them. But they in their negative state do not honour this truth, so every little bit of them that does not love you, you feel hurt by. As they dishonour you so you dishonour yourself, for in your love for them, you are accepting that they are right and true, as you do not know anything else. You then take it on, all how they treat you, and do what they have told and made you do to yourself and others; you become as they are – negative. And so you live dishonouring yourself and the Mother and Father's Soul Laws. You cause great pain within yourself on all levels, not just in the physical. All pain you ever experience is saying to you: you are wrong in how you are being, and so you need to look to find the truth of why this is so.

When you want to know the truth of your pain, you will want to see the truth of where you are dishonouring yourself and the Mother and Father; then when you do see what you have done, you will feel bad about this, and then seek forgiveness, being healed and forgiven when you see the truth, and your pain all goes. You can go to Them and ask Them to forgive you, but as They are love and already do, you are really allowing yourself to forgive yourself, for it is you that does not love yourself, as seen by the act of dishonouring yourself. Then as you turn around and willingly want to live true, the Mother and Father remove the pain you have been suffering and fix that which within you has become dysfunctional as a result of your transgression. Then you are healed, so far as this part of truth has been honoured, and that part of dysfunctional you is living true to the Laws of Love, living true to your soul and to Them.

As you do your healing you are actually forgiving yourself. By wanting to see the truth and asking the Father and Mother to help bring up the unexpressed pain and feelings that are within you, that will show you where you are going wrong. You will be able to see the problem and then want to fix it and seek forgiveness of yourself (and from Them if you feel the need); and you will be loving yourself and Them instead of rejecting yourself and Them.

Gradually through your healing, you will work your way back through all the levels of truth within you that you have dishonoured since conception; with all the pain surfacing, and all the causes being seen that made you rebel against yourself. And with each step you will be forgiving and increasingly loving yourself. Your healing is you loving yourself back into perfection. And the longing to the Mother and Father for Their Love is the way to fuel this by becoming a divine soul.

When you love yourself truly, then you will love your neighbour and every aspect of Creation, as you love yourself. This will be your state of being – just like the Mother and Father, and you'll naturally be honouring all Their Laws of Truth. And you will live free in Creation without any pain, worries or problems; eternally happy, as you long to be.

By praying to the Father to forgive you, you are not taking responsibility for your own actions; you are not seeking the truth of your evil causes. Forgiveness comes when you admit and accept your wrongness; when you uncover the truth of why you are it, or doing it, all through the expression of all that has made you feel bad. Through full self-feeling-acceptance you can free yourself from your negative condition. The Truth will set you free! The truth you uncover as you accept and express your bad feelings.

And as you do this God will change into the loving Mother and Father. You will come out of the old beliefs and ways of seeing things, entering into a new way of living and seeing how everything truly is.

When you were a young child you were the closet to your soul and to God. Up until you fully took on all the negative mind circuits you were still more pure and true to Their image. And you loved more as They love. A child loves freely and unconditionally. It loves without judgement or criticism. Look to the child to show you God, this will help you see more truth than looking out into the adult world as it now exists. And then look how the parent changes its child, from being pure and true, into another untrue adult. Look how you make your child turn against itself and live untrue to God. Look how the parent makes it live true to the wants, likes and dislikes of itself. Your child will help you see how wrong you are. It will show you if you allow it to; it will show you through your feelings.

You are completely self-contained. You will blame your parents for what they did to you through your healing, but when you are healed, you will be able to see how you took it all on wilfully from them; and so wilfully you have to choose to divest yourself of it and set yourself free. And this can only happen with love – your own natural love, through acceptance of all your badness and bad feelings, together with the help of the Mother and Father’s Divine Love. And so it is entirely true that love is the cure-all, and that love will heal you, your love, and the Mother and Father’s

Messages from Mary and Jesus Jesus 14 April 2003

During your childhood you were made to change from being naturally good to being bad, and it hurt. Now you are being asked to change back to good from bad, and it hurts just the same.

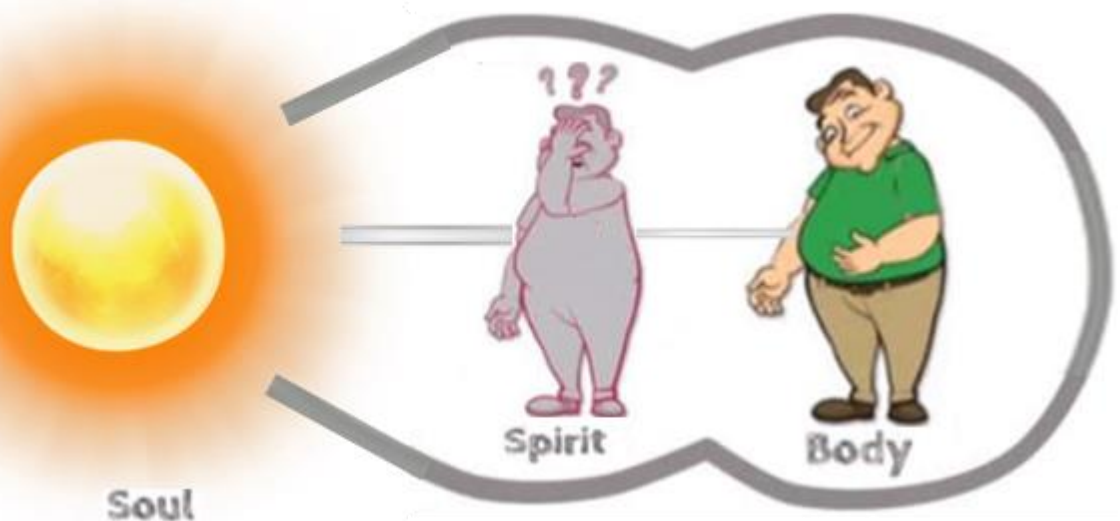
Messages from Mary and Jesus Jesus 14 April 2003

SOUL:

Messages from Mary and Jesus – Jesus 11 April 2003

Your soul, James, as I just read your thought wanting me to write about it, is not in your head, it is in your heart. It is not in your physical heart, and not even in your spirit heart, but is in the heart of your personality. It exists outside of Creation. It exists as the Mother and Father do in Existential reality. It just IS. It is not a part of Creation and so does not evolve according to the Laws of Creation, but it does *progress* or *evolve* in light-of-experience, and the love-light that comes from the Divine Love of the Father and Mother. And I will not go any further in this James, as you are to reveal more about the soul with the help of other friends of yours here in spirit (not that you know them yet) who are patiently waiting their turn to write of such things to you in the days to come.

The soul is not in the mind. The mind and brain are merely attributes of it. They are parts of you that your soul has brought into Creation so that you, as a personality, can experience love. Those in the natural love spirit worlds do not know of the soul and its true nature because they are not partaking of the Divine Love, thereby becoming soul-conscious. They continue to believe it does exist because others and I have said it does. So they have woven beliefs around what they believe it to be. And as I said, they will get a great shock when their soul begins to wake them up wanting the love of its Parents, for they will realise how much time they have spent denying themselves, when they could have been actively praying each day to the Mother and Father for Their Love.



The CHILD is INNOCENT:

Messages from Mary and Jesus

Jesus 14 April 2003

The child is the innocent, primitive, newly emerging person, that needs to be respected and allowed to fully express itself and grow up freely, choosing for itself how to live as an adult. It doesn't need or want its parents imposing by force or threat their way on it, all to its own creative detriment. It wants to be free to choose its parents' way, but only if that way makes it feel good. And if its parents do make it feel good, then of course it will copy and absorb all that they are, able in turn to make others feel good. And it will do the same if its parents force it to follow them making it become unloving like them, making other people feel bad.

No one really wants to wreck another person's life, not even parents. They don't want to impose evil on their own children, but in their ignorance, do all day long. It's a shocking thing to wake up to and face when you start seeing the truth – for both parent and child. You believed you were so well meaning, when all you have done is the complete opposite. It is completely shattering to see how misguided you were, but it's understandable, you knew nothing else, and forgiveness can be found within yourself as you progress in doing your healing. All is not lost; it's only just a beginning to start to come clean. All will work out in the end, even for those you have hurt. For as you will see: truth will heal all.

Truth revelation is reserved for the Daughters and Sons of Truth.

All you need to do is offer God your love. You simply love Them, and long to Them for Their Divine Love, then strive to live true to your feelings. Nothing else is required or asked of you by Them.

Messages from Mary and Jesus

Mary 13 April 2003

LIVE TRUE to YOUR FEELINGS:

A massive insight and realisation, which became my platform for living life, was really quite simple; all I could do was honour and be true to my feelings. I had to *obey* myself first – my feelings – I was the important one, not my parents and family, not even the Mother and Father. With this truth I learnt the importance of living true, always honouring my feelings. And I realised that if the Father wanted me to do anything He could show or guide me through my feelings.

It is through our feelings that we know – feel – how to live the Will of God.

You will come to see why the doing of your soul-healing is so important, to give up your mind's control over you in favour of **allowing your feelings to dictate and dominate your life**. And when you do, then you will **lovingly obey yourself, your feelings, and no one else**. This is all the Mother and Father ask of you, because **when you are living true, then you will be completely honouring Their Laws, Their Way, Their Love**.

Your bad feelings are real and true. They are not evil; they only make you feel bad. They can make you feel sick but this is what they are meant to do, because how you are functioning is wrong – you are sick. And **until you have no more repressed bad feelings within you, you are living untrue to your soul, to yourself, and to the Father and Mother**.

Jesus

message 32, 8 January 2003

The Rejected Ones – Living True to One's Feelings**by James Moncrief**

WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if it means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

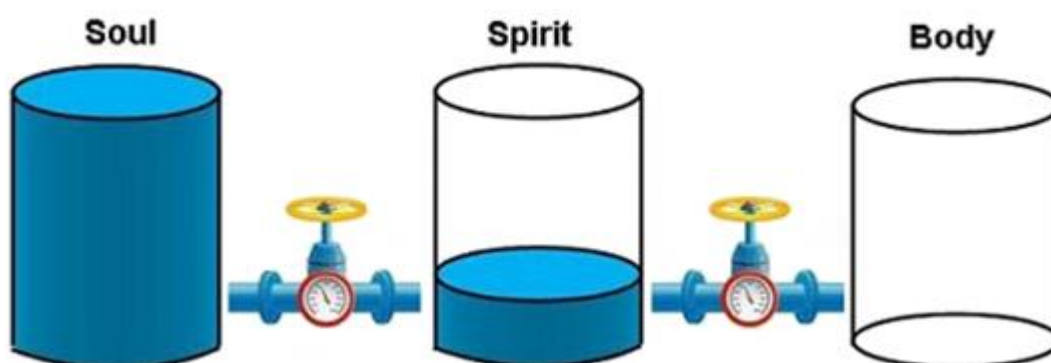
We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

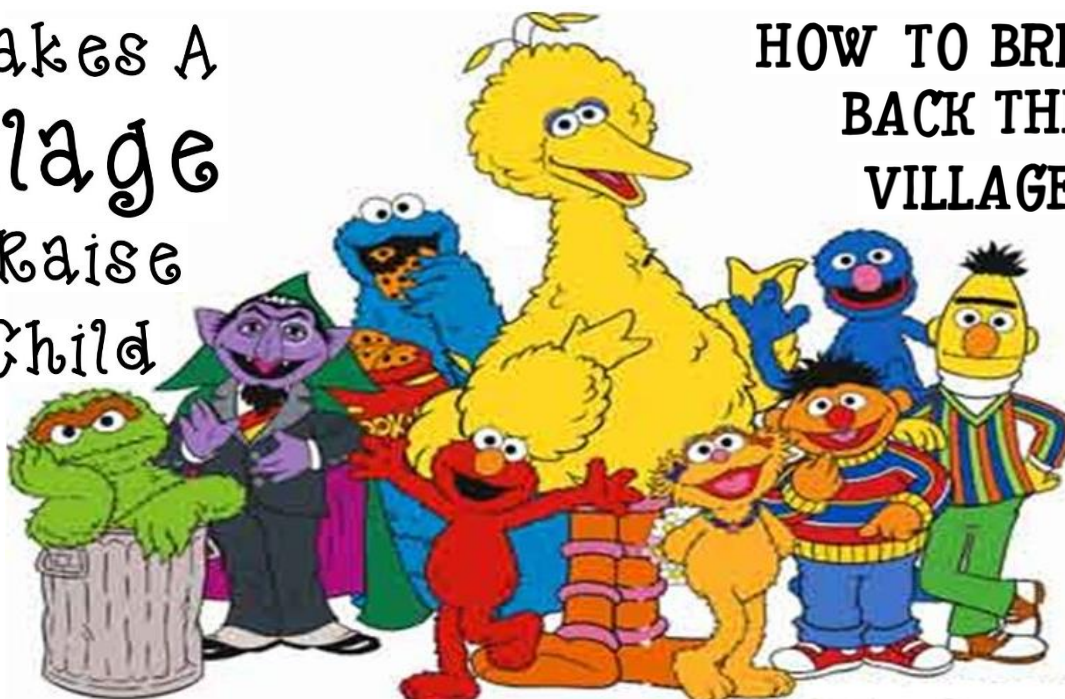
That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



IT TAKES A VILLAGE TO RAISE A CHILD: HOW TO REBUILD THE VILLAGE!

It Takes A
Village
To Raise
A Child



HOW TO BRING
BACK THE
VILLAGE

A friend asks; Is the village gone? That utopic place where neighbours are available to drop in at a moment's notice to watch our kids while we go to our dentist appointment. That dream world where our new baby is greeted with dish after dish of home-made fresh meals? That magical place where strangers help us to load our groceries into our car?

It's so hard when we don't have a ready-made village. Even harder when we live far from family. That is fine until we have kids. All of a sudden, our cosy little home feels like a deserted island.

Raising littlies is hard. Hard on the body, hard on the emotions, really hard on the marriage. And babysitters are expensive! And child care centres even more so!

People weren't designed to do this parenting thing alone. What do we do, then, when we live in an individualistic community and don't have free babysitters (aka family) nearby?

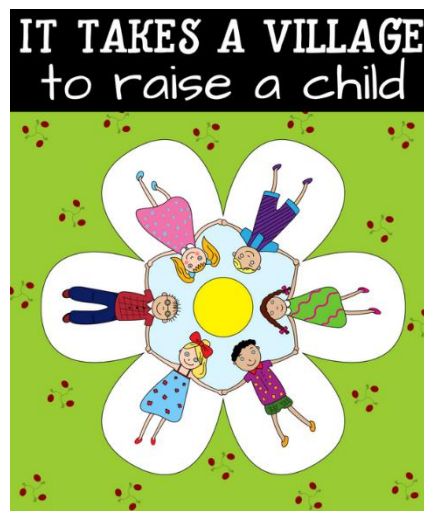
HOW TO BRING THE VILLAGE BACK

1. REALLY SEE THE PEOPLE AROUND US.

To bring back the village, first we need to be cognisant of the people around us. Crying babies are hard to ignore, but people do it all of the time. Even if the situation is not so obvious, there is always someone who is crying out for help. The first step we need to take is to see them.

2. MAKE THE FIRST MOVE TO HELP.

She continues: While on a flight, I saw an exhausted mama and heard the pitiful baby. I remembered those days. Those evenings with our first colicky baby when it seemed that *nothing* would stop his cries. It would be so easy to leave them alone and let them



HOW TO BRING BACK
THE VILLAGE

handle it, the mother, father and grandmother, but how would that benefit the village?

With a sigh, I took off my headphones and put away my book, I relinquished my evening of blessed solitude on a flight. Tapping the grandmother on the arm, I asked, “Do you think she’d like me to try to soothe the baby? I could hold her for a while.”

She replied, “Oh, the dad is right in front of her. He can hold the baby if she needs a break. Plus, this baby... she won’t go to anyone but her mom. I know it’s hard to hear – I feel bad, too.”

In the individualistic era that we live in, people are reluctant to ask for, or accept, help from strangers. It’s up to us to not only see the situation, but to have the courage to step up and offer help. If it’s brushed aside, it may be time to move to step 3...

3. PROVE YOUR SINCERITY BY FOLLOWING UP.

It would have been SO EASY to put my headphones back on at this point. *Well– I did my duty and they don’t need my help (pats self on back).* But, did I really? How many times has someone offered something to you, but you felt they only did it to be nice, so you refused? More often than you can remember, I’d wager.

People can be so damn polite, never saying what they really want or need. My gut told me that I should ask again.

“Well, I had a baby like this,” I told the grandmother, “and I may know a few tricks.”

“Really???” She immediately leaned across the aisle and relayed my words to the tired mama. About 0.5 seconds later, the baby was scooted across the aisle into my arms. That’s how you know that you are in the company of a parent of a colicky newborn.

However, had I not proven my sincerity by offering a second gesture of help, they would never have asked.

We’re starting to get a little out of our comfort zones here, opening ourselves up to rejection and even judgement. Vulnerability must precede change, though. For the village to return, we need to practice some openness with acquaintances and strangers.

4. PUSH PAST THE BOUNDARIES OF YOUR COMFORT ZONE.

Going back in my mind four years to my eldest newborn period, I asked for a blanket and tightly swaddled the 3-month-old baby girl. I sprang into action with the 5 S’s from Dr. Harvey Karp’s – **swaddle, side-stomach position, shush, swing and suck.** (Well, 4 S’s, to be exact, since they said she didn’t have a pacifier / dummy.)

I don’t know about you, but if I hold a baby that is not my own and it starts crying, I’m pretty quick to hand it back. No one wants to be responsible for someone else’s crying baby.

This poor baby was so worked up at this point that she just looked at me in terror and continued screaming. My rational mind said, “It takes time. Her fight-or-flight response is in full control right now, and it will take time to calm her down.” My safe side screamed at me, “WHAT ARE YOU



DOING? YOU HAVE AN AUDIENCE NOW, AND YOU ARE CONTINUING TO ROCK A SCREAMING BABY THAT IS NOT YOURS!”

It almost won out. I almost handed her back. But I knew that I should keep going. I knew that my tricks would work once the cortisol left her system and her little body calmed down. I kept going, swaying and shushing until my mouth was dry. Little by little, I could feel the muscles relax, the little shudders of surrender. She was falling asleep, but wasn't there yet. Every so often she'd tense back up and look around wildly, but would calm again with the continued shushing.

After ten or fifteen minutes, she was in a sound sleep. I held her for another thirty minutes while the exhausted mom slept. Then she nursed her and handed her to the dad, who held her the rest of the flight, looking like he was scared to move a muscle. I bet he was.

The whole family was amazed and so grateful. **I felt like a superhero.**

It's so easy for us to stay silent. That silence may stem from feelings of inadequacy, fear of reprisal, fear of vulnerability, or even selfishness. This whole incident only took only minutes out of my day, but it meant the world to this family.

More than the time, it took courage to step out of my comfort zone and offer the help. To take back the village, it will take courage. It will take reshaping the societal norms of how we interact with others. It will take – God forbid! – putting down our mobile phones and really seeing the people around us.

It will take a village. But it can start with each of us.

This personal experience illustrated how we can see opportunities to reach out to others. What if we are the one who needs help? What if we are lamenting that the village is gone, and we are struggling so much?

5. DON'T BE AFRAID TO ASK FOR HELP.

When I had a two year old and a newborn, I had a frustrating splash pad experience when I was obviously struggling to help my toddler change his clothes while my baby screamed. I was surrounded by other parents, and not one made eye contact or offered to help.

I posed the scenario to my Facebook friends, and the responses were enlightening. Many moms stated that they felt uncomfortable offering help because when they had, they were met with suspicion, as if they had ulterior motives for asking.

As we talked about the airplane story, it takes courage to offer help to a stranger. We have no idea how they will respond, and that's an uncomfortable feeling. If we are the one needing help, don't look at the people around us as if they are unfeeling bastards, self-absorbed to the point where they don't care what we are struggling with. Maybe they see us and empathise, but they are scared to step into our personal boundary and out of their comfort zone. Ask them. Give them the permission to help you. You just might be surprised.

REBUILDING THE VILLAGE TAKES A VILLAGE

It won't happen in a day. It won't happen with just one person. The butterfly effect holds true, though, and every little positive action will ripple outward. See people. Be courageous. Ask for help. Be the village.

CHILD CARE CENTRE EXPERIENCES and OBSERVATIONS:

“I was a terrible Mother, I would leave my children with anyone who was willing to look after them just as long as I could do what I wanted to do, they got in the way, I shouldn't have had them. All I wanted to do was give them away. I was a fake Mother, I put my business and social time way before my children, I feel so sorry for my Children now, they were too young to remember most of it but the damage shows itself to me constantly that I can hardly bear to look and see the truth of what I have done to them because of my terrible, selfish parenting.”

People will say child care is vital in their lives, if they don't have child care then they can't go to work and nothing will get paid for but it is terrifying for the child to get dropped off with strangers.

“I remember it as a child. It was before my parents moved us to Africa so I must have been 4 or 5 and just starting school, shit the terror of those first few weeks. I ran away constantly because the huge building and the people were strangers to me and mum was nowhere to be seen, I had no idea what was going on, why was I here? Where was mum? I won't ever see her again!! I really believed that every time she dropped me off I would not be seeing my family again and it is all so vivid even though I was so young, the trauma is still with me.”

“My sister has only just recently stopped working as a Child Care Centre manager in Essendon, a suburb of Melbourne in Australia. She often spoke of traumatised children being left with her at the centre while their parents had to go to work, their kids screaming for them not to go and the parents being worried that they will be late for work. It is all about the parents and the child just has to comply, do what it is told no matter how traumatic it is for them, they should be with the parents, **they should be put first**, above money, above jobs, above nights out but how can adults who weren't cared about as children, care about their children!!”

I know the damage it did to me, John, at such a young age, all I wanted was my mum. I now see the damage it has done to my children, when all they wanted was me and I couldn't give myself to them in the way they needed, I didn't want to be with them, i wanted to carry on my life as if they weren't in it. It feels terrible to say it but it is true. It was just all about me!

“My sister would say that she felt used most of the time, the parents were very rarely appreciative and would send their children in to day care with all sorts of illnesses, just as long as they could go to work and carry on their lives, willing to pay very high fees just as long as their children didn't get in the way of their lives. Child care wouldn't exist if parents were willing to stay with their children and look after them, there would be no need for it but we have created lives that need both parents to work, to keep our heads above water with all the things we need to pay for. Child care just helps us as parents to continue our evilness and rejection of our children, lets us continue to put ourselves and our jobs, Money and social lives above our children. If we really cared we would **put our children first** and there would be no question about wanting to stay home and bring up our children but we don't care. What we do care about is carrying on our lives as if our children didn't exist so Child Care Centres help us do that and we will pay dearly for it.”

VILLAGE RAISING of a CHILD vs Corporate CHILD CARE

Governments may perceive that income generated (and their taxes) by parents while having their children ensconced in a corporate child care centre is beneficial for the nation. Please consider this:

- The child and children, when at child care centres, are being deprived of their direct interaction with a parent or both parents in the time of its life it needs them the most.
- Ask yourself, who hurt me the most when I was a child? Being abandoned is life long harm.
- Being abandoned is a crisis for a child that NEVER heals! Five minutes lost in a supermarket barely matches the trauma of being left all day amongst strangers at a child care centre.
- We say, the child will get over it – we even tell the child to get over it! It does not and WE do not.
- By suppressing the child's personality we are entombing it into a lifetime of trauma. We brush all this off because that is what our own parents did to us. Our life long dramas are consequently repeated by the child in its adult life. We are fixing our children to never ending treadmills of our making.
- Until we personally begin to heal ourselves of our own childhood suppression then we are ensuring our errors and injuries are absorbed and repeated by our own children.
- We are to express our feelings – both good and bad. Yet we ignore our children when they wish to talk and express their feelings. Many of us were told to be seen and not heard.
- We are to listen to our children – not hide them in child care centres.
- We are to listen to our neighbours, to our community – and they to us. We are to express our feelings to each other – that is how we begin to heal our childhood suppression.
- Consider the vast array of distractions we each have accumulated – TVs, laptops, mobile phones, movies – look at how most of these do not involve interaction and communication with people.
- We pass these all onto our children – so they do not even communicate with each other.
- Suddenly, all of humanity is awash with mental illness.
- What is mental illness? It is the imbalance of light returning from our physical being back to our soul thus bringing about distortion in our overall light energy. Should we begin to express our feelings, both good and bad, and long for the truth behind our feelings, then we will begin to bring that light back into balance and heal ourselves – and our children at the same time!
- The Village Community way of bringing a child up is also a healing way of living. We are to collaborate as a community and in collaboration we are to dialogue, discuss and express our feelings between each other. We are to be true to ourselves. In this way we are healing ourselves and bringing up our children appropriately in a village format – a small community.
- Should a Child Care setting be part of a small community / village arrangement then every child in the care of the centre should personally know, each day, at least one of the adult supervisors due to the child's extended family interactions prior to attending child care.
- An appropriate Child Care setting may be seen as having one parent of say five children in attendance each day. That is, during a five day week, even though the attending parents are rotating, the child may have a close relationship with one of the supervising adults each day.
- In this way, the governments will find their long term national medical costs being reduced as healing of the community unfolds and mental health issues abate. This will extend into the policing, courts and prison systems as well as all aspects of social service.

Corporate child care systems have become totally long term problematic for all of humanity.

FEELING HEALING directly benefits the PARENTS' CHILDREN:



Parents' baby from conception through to age 6, 100% benefit, age 14 – 75%, 21 – 50%, 28 – 25%. Prior to conception we are in a perfect Natural love state. By the time we are age 6, we are then reflecting the consciousness level of one or the other of our parents. As they heal their Childhood Suppression through Feeling Healing, that are directly healing us, their children, subject to our age – maturity.

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	220

Only through Feeling Healing which can be readily introduced through all education and health systems and services, will we cure our Childhood Suppression.

All the social ills of society are frozen into generational transfer. This can only be mitigated through Feeling Healing, and even then it will require generation after generation to advance the progress and lift the overall consciousness levels of humanity, from 220 to the 440s at least!

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

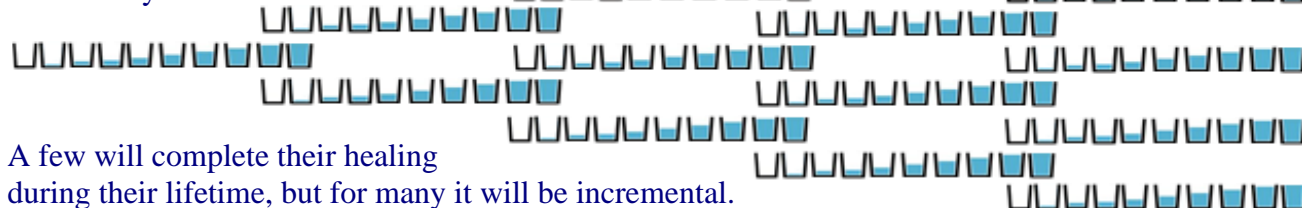
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in 1993. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

How is it for you if you are Truly Honest with Yourself?



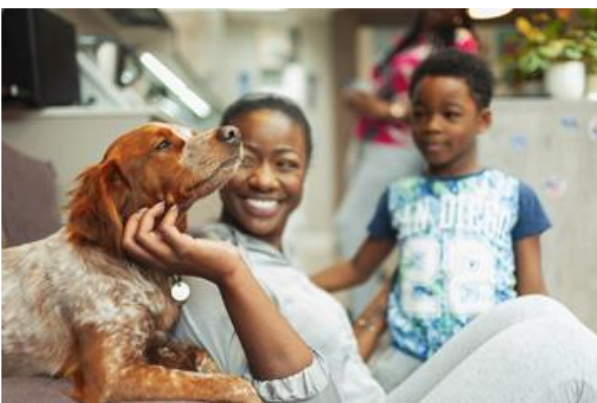
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2020: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep suppressed. And this is what I 'feed' on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

My individual "Rebellion and Default" is my overarching virus!

The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it.

Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – **BECAUSE WE DON'T FEEL LOVED.**

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person.**

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. **ILLNESS IS OUR FRIEND.** It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

EVERYTHING that happens to us does so to help us live one of two ways. So we will 'get a virus' to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and **we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won't get sick. There is NO OTHER REASON why we get sick!**

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all 'infected' with.**

Enters emotionally - is to leave emotionally!

*We are to express our feelings,
both good and bad, emotionally!*

FEELINGS FIRST because OUR FEELINGS are always IN TRUTH!

It is through our feelings that we connect and communicate with our Heavenly Mother and Father. It is Their Truths that we feel. This is our pathway to freedom, to a joyous existence, a way of living that is so wonderfully light, in as much as our steps forward are always with ease and a true expression of our real personality.

Feelings First is a way of living that liberates all that is unreachable via our minds.

Never before in the history of humanity have the keys to our way to our Heavenly Parents been so clearly demonstrated and provided to us. Now, in the year 2019, we have been provided with the way to liberate our true personality.

We are to embrace our feelings, our soul based feelings, and through them we will find our freedom, and within this freedom we will find the way to heal ourselves of all our repression and suppression, most stemming from our forming years, our childhood from conception through to around the age of six years.

Oh the wonders of becoming superkids. That is, to begin to naturally express ourselves, that being truly the personality of who we are, the personality vested upon us by our Heavenly Mother and Father.

As emotional feelings begin to emerge, we are to long for the truth behind such feelings, both good and bad. It is the longing for the truth of our feelings that has been ignored by us for all these centuries. Instead we have subjected ourselves to our minds that cannot discern truth.

As we shed the encrustment of errors and injuries imposed upon us by the misbeliefs of our physical parents, we can ask for and receive our Heavenly Parents' Love, Their Divine Love, and in this way we will begin to divine ourselves, leading us to the Celestial Heavens.



Feelings First Feeling Free



SUPERKIDS

Natural self Expression through Feelings

**Self Empowering
Self Revealing
Self Loving**



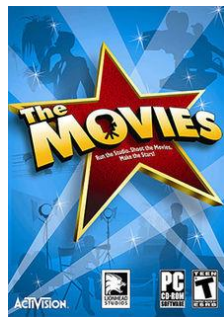
Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to rise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.





Talk
it Out



LET'S TALK
IT OUT

TALK *it* OUT



From this:



To this:

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3rd Celestial Heaven – John’s grandmother: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, and to be truth-accepting. All of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really. However technically, The Change begins with the dawning of the new Spiritual Age – the Avonal

THE CHANGE

Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are



doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.

Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people increasingly living in the wrong direction and going further against themselves, once The Change fully starts, won’t be able to evolve further into a deeper or greater rebellious state. However stagnation within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don’t want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default. And when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

REBELLION & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that. However they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.



So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

celestial Friends

Avonal AGE

The LAW of COMPENSATION, and the LAW of FORGIVENESS:

Part 3

James: John, I've included part of what the Mother wrote that I reread the other day, which explains my latest understanding about the Laws. And my understanding is still evolving. Below the extract I've written some more about how it applies considering your question of how it applies to the family.

The Law of Compensation, and the Law of Forgiveness.

Friday, 20 May 2022

Extract From: God, please speak to me...

Mother: Telling someone what to do or how they should be, and even forcibly, adult to adult, is okay, as long as the person can still say no, and not have to do what they are told. It's only when you force, coerce, threaten, blackmail, slander, lie and cheat, do something that makes them have to do what you say against themselves, against their will, that is not acceptable, even if it's, so you believe, for their own good. Anything that crosses the line of will-respect and causes the person pain in some way, is what you will have to one day be accountable for by feeling all that pain you have caused them to suffer. And as the Law of Compensation currently is not applied or active on the material level, so the Law will have to be complied with when you die and come to spirit. Should the Law be applied to the material level, then you'll instantly feel bad as soon as you cross the line, and even with the intent to do so, and so will start feeling the pain you would cause or have caused them, which would then stop you doing what you are, or stop you wanting to hurt and abuse them.

Law of Compensation

As far as telling a child what to do and forcing the child to comply, there is more lee-way because of the need in certain situations to protect the child from harm, however it is still the motivation by the adult that needs to be questioned. If it's done with a genuine concern and consideration for the child's wellbeing, so be it, however, if it is done for a power gain by the adult, so done for all the wrong reasons, there will be when that person comes to do their Healing if they are a part of the child's parenting influences, a reckoning with pain so the adult can feel and then see the truth through that pain where they have erred. An adult that is not apart of the child's parenting family, for example an adult outside what is considered 'immediate family', and the adult is using the child for his or her own gain in a negative way, for example sexually abusing it, they will be accountable by having to do hell time when they die and wake up in spirit.

Some people without the help of the Law of Compensation, can affect its control upon them by having what you know of as a guilty consciousness, feeling complete remorse and very sorry for the pain caused because of their unloving action or actions, and this will happen when it's required by your soul for the reasons that need to be experienced ahead of having the Law itself work its ways upon the person.

Experiencing man-made punishment, for example being caught and convicted of a crime and put in prison, killed or forced to pay some penalty for the wrongdoing as judged by the minds of men and women, is simply that, being punished for breaking man-made laws. And one can suffer a whole life of such confinement 'paying for their sin' according to your laws of society, however, unless during that time the person's soul enacts the Law of Compensation making them pay for their sin on a spirit and soul level, they will still have to do hell time when they arrive in spirit. Your laws and Our Laws are two very different sets of laws. You can be punished by man-made laws as We would also punish you,

however paying the penalty for your laws doesn't necessarily exempt you from or cancel out paying the penalty of Our Law.

Our Laws are to help you undercover the truth of your wrongdoing. You might know you are wrong in hurting and abusing the other person, and you might go to prison for such an error, however, unless you suffer ALL the pain you've caused your victim, which means, all the pain on all levels – physical, spiritual (mental, emotional and a combination of both) and soul, you have not fully lived your penalty. And so the pain We will bring to bear upon your soul will be very different from any pain your man-made punishment might cause you, even if you are tortured or suffer some level of deep physical trauma and a lot of spiritual stress. Unless as I said, your soul enacts Our Laws together with and as a part of, you living your man-decided penalty.

Our Laws, and there are more of them than just the Law of Compensation, are provided by Us to ensure the orderly and loving running of Creation. If you 'break the law' you have to live some level of compensation so you can see the error of your ways. You are all breaking Our Laws by becoming of the Rebellion and Default, and the pain you inflict on yourself and on others, including on Nature, will all have to be sorted out and compensated for through your Healing. When you go against your will or infringe upon another's will, you cause pain to some degree, and it's the rectification of will that you all have to do at some point through the doing of your Healing. As the Mother said to you, it is your Will Healing that you do if you want to end being rebellious and unloving, if you want to become true to yourself and true to Us. And as the will is a very complex instrument, so there are many layers and levels, many mind, feeling and spiritual circuits that will have to be rectified. You have to sort out how you express your will in Creation, it having to be expressed lovingly, truly, perfectly, right and good. And if you are not doing that, you will have to see the truth of why, having to want to know where you are going wrong and how it came about that you are unloving, which takes you back into bringing to light the truth of your early relationships with your parents and carers. And when you are wholly aligned with or expressing your will positively, you can only feel good, happy and love, and if you continue to live against your will, living untruly and so negatively, you'll keep experiencing unhappiness, misery, fear and all the rest of your bad feelings. And if you keep using your mind to pretend you are not feeling bad, living in a **deluded and fanciful** state contriving good feelings, then one day your falseness will be removed from you and the truth of how you're really feel will come to the fore.



So again I stress, when you want to stop living against yourself, treating yourself unlovingly on a will level, when things get too bad and you feel too much pain, then you can look to embrace Our Divine Love and do your Soul-Healing by expressing all your feelings to uncover the truth of your unloving state. And when all the truth of your rebellious or negative condition has come to light, all that We want you to see about it and yourself, then We'll remove you from the Rebellion and Default, then through your soul We'll transform you out of the negative into a positive state of mind and will.

Law of Will

Being sinful and evil are words to describe breaking the Law of Will. So do you want to keep living against yourself, Creation and Us... that is the question presented to you all.

As you bring the truth of your unloving state to light, gradually you come to accept how wrong, unloving and untrue you are. And you begin to feel that it's not your fault, because as you become more aware of how you, the innocent child, was hurt and abused, being traumatised by being subjected to the

unlovingness of your parents, you feel it wasn't because you who was bad. That you being the baby and young child, nothing was your fault, it was all your parents doing. So you start to ease up on your self-hatred and being angry with yourself being wrong, bad and rebellious. Your parents by making you feel you were the bad, wrong and even evil one, were wrong, it wasn't fair of them, that no child should be subjected to one moment of feeling rejected, hurt and unloved. And so the Law of Forgiveness starts to come into play as you forgive yourself, letting go any self-accusation and hatred, feeling sorry for yourself for being treated so badly.

Law of Forgiveness

Many people try to contrive forgiveness in the misguided belief that you should rise above the pain, rise above the hatred of the one who hurts you, turn the other cheek, be the better person and forgive the wrongdoer. So people say I forgive you yet I don't ever want to see you again, I don't hate you but just don't come near me anymore. So what is this forgiveness when true forgiveness means you feel nothing bad any more about the other person or the situation, even loving them, all being truly forgiven. And that forgiveness can only come for the truth coming up within you as you express out of you and attend to all your bad feelings, and once they are all gone and you're wholly accepting, then true forgiveness will come and not the false mind 'forgiveness'.

When the truth of your soul connects you fully with the truth of the other soul, you can forgive and feel sorry for the wrongdoer understanding they are just as much a victim as you are, they too having been abused and unloved as a child which made them into being the perpetrator. Connecting with the truth of your soul will take everyone back to the common denominator of soul, that being what a soul really consists of – love. So you truly love yourself, forgiving yourself of all wrongdoing, as you can truly forgive the wrongdoer, even your parents, for all they did to you.

But I say again, don't fall into the trap of trying to force or contrive or lie to yourself using your mind that you have forgiven someone, when you're only using that to gain power over them, you being a better person than they are. And instead keep expressing all your hatred and feelings of feeling unloved, until once they are all expressed out of you, the truth will bring the comfort of true forgiveness to you.

TALK *it* **OUT**

James: As far as how it – Law of Compensation – applies to our family, overall I'd have to say it doesn't. All the bad stuff we might have done to our brothers, sisters, parents and other family members, including our pets, would come out when we get to spirit and do hell-time or through our Healing; just as all what parents do to their children, the pain they will feel through their Healing as explained above.

From what I understand, the Mansion Worlds are rectification worlds, so possibly the Law of Rectification needs to be understood. I have coined it as the Law of Rectification, I don't know if there is such a specific Law.

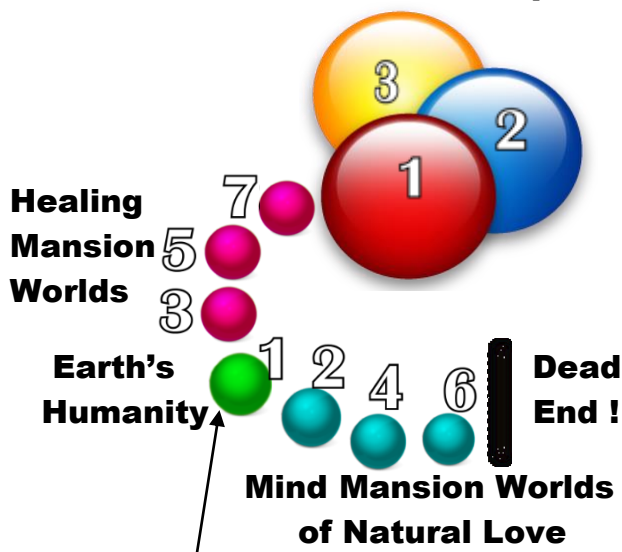
So we start out our lives in a complex mess of untruth, all being imparted to us from our parents and family environment, and at some point we have to unravel the mess seeing it for what it is and why we're of it, bringing the truth of our being the mess to light. And then in seeing the truth, we're able to let go being untrue, false and wrong, so rectifying all our negative rebellious state.

So, how the Mansion Worlds are currently set up to help us do this, is only if we choose to live true to our feelings, wanting to do our Healing. And then we start to see the truth of how wrong we are, all so we are sorting out our wrongness by seeing the truth of how unloving we are. How it all came about in our relationship with our parents, how we've expressed it as adults in our deluded false ways, having to admit and own up to all that's not right within us.

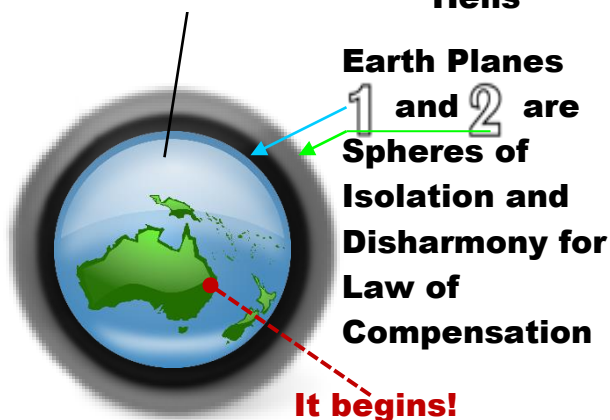
So half the Mansion Worlds are given over to spirits rectifying themselves, healing being of the Rebellion and Default by doing their Healing; and the other half with the pressure of rectification being on hold so the mind spirits are still able to evolve their rebellious confusion.

As a part of helping us rectify ourselves, the Law of Compensation comes into play. The Law applies now to all the seven Mansion Worlds, only one level of it applies in the mind worlds. In the Healing worlds, all seven levels of it apply. So as we do our Healing, it's constantly being increasingly applied to help us move deeper and deeper into ourselves feeling the pain we've inflicted on others (and especially children) and ourselves, the same pain that was inflicted on us by our parents. So as we move up the Healing worlds, increasingly pressure comes to bear on us forcing us into seeing how we've hurt others and treated others unlovingly, and how bad that makes us feel, all which was how we were hurt by our parents and early carers.

SATANIA – System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres



Upon death of our physical body, we all transition to the 1st Mansion World



Law of Compensation

And currently on Earth, the Law of Compensation so I understand doesn't readily apply – yet. So in our family and life we can do all manner of bad things, making many people feel very bad, crossing the line and infringing on their will, and yet not suffer the consequences of such will infringement, not incurring the Law of Compensation, so not having to feel bad, having to do hell-time by feeling all the pain we've caused in the other. So most people get away with what they've done, and often not even knowing they have hurt the other person so much, particularly parents who have fucked up their children under the guise of their 'loving' them.

But when we die and move into the first Mansion World, then the Law starts to be applied, with many people who are now spirits having to do time in the hell planes to compensate for all the severe will infringement they caused on Earth, they having to feel all the pain they've caused in another so they can understand their wrongdoing, as the Mother was saying above.

So, at the moment, it's only the severe will infringement that has to be compensated for, so once that's done, spirits can happily move on in their mind controlling lives, generally being 'loving' of each other and able to advance their mind control without crossing the will infringement line. Then if spirits do their Spiritual Healing, the Law will keep being applied to deeper and stronger degrees as they work their way up the Healing worlds.

So, on Earth we're mostly totally ignorant of having to account for our bad sins and errors, all of that awaiting us in spirit. However, for some reason, some people do experience strong feelings of regret and sorry for what they've done, with the Law seeming to be applied to some degree, that which I'd imagine would be equal to the first Mansion World level. And I think why these people feel such deep remorse being able to see and feel the error of their ways and feeling very sorry for the wrong they've done, the hurt and pain they've caused, is because they are wanting to live the truth of themselves, wanting to be true. They are not actively and consciously doing their Healing, as they don't understand what's involved with that, but I think they are unconsciously starting it by sincerely wanting to be true and right, genuinely wanting to do the right thing. So, these people do want to see if they are wrong, and feel bad about their wrongdoing. Whereas most people don't sincerely want to live true, they might say they do and believe they are, but they aren't, so are still only wanting to advance their rebellious mind controlling state, so don't feel guilty or any true remorse; or contrive a fake and false remorse believing they should feel sorry, but underneath they don't if they were honest.

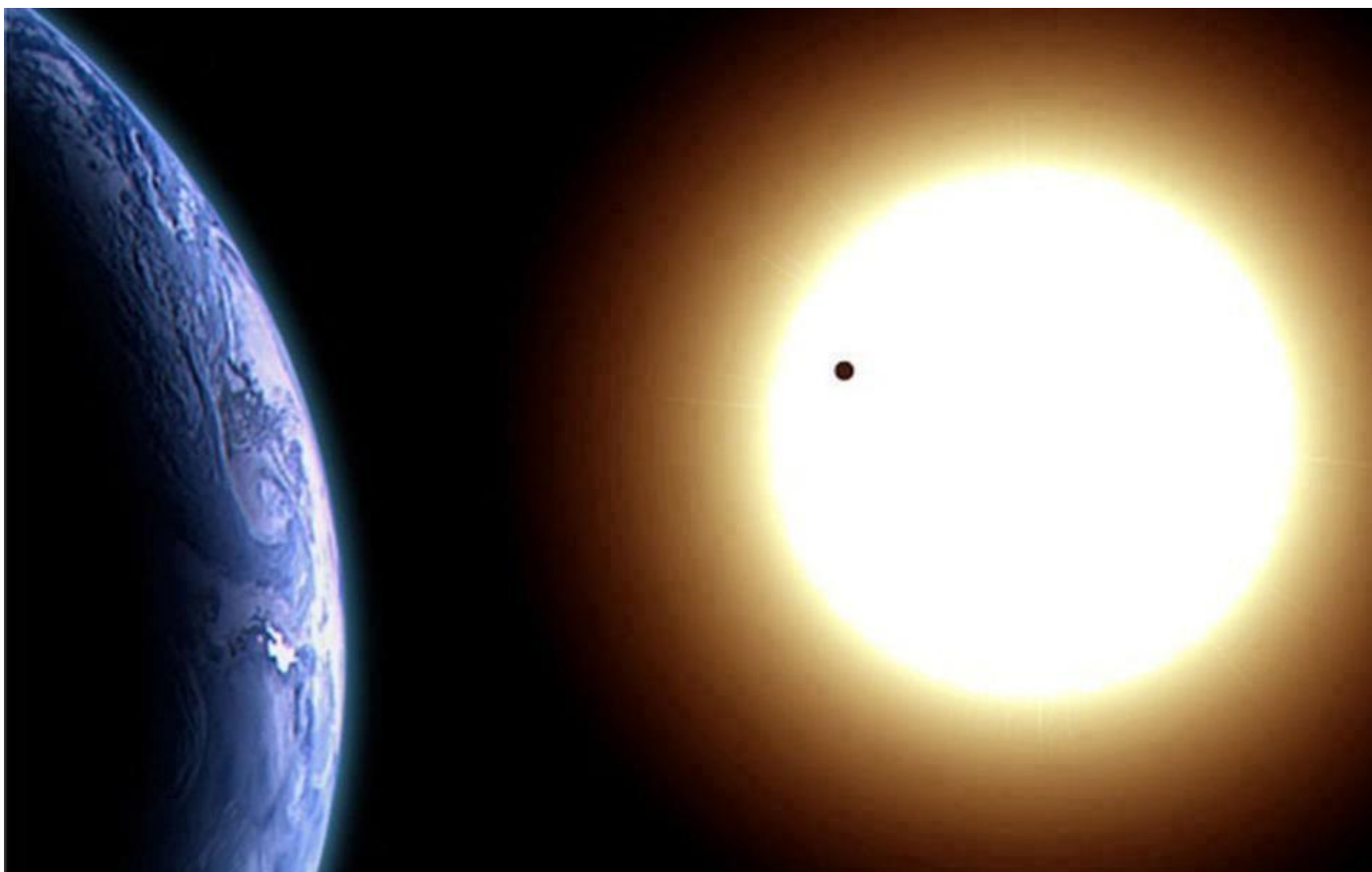
And the people who are sincerely wanting to be true, having compensated by feeling truly sorry and bad for their wrongdoing, will move into a level of acceptance and true forgiveness. And this will lay the foundation upon which they can expand when they come to do their Healing in earnest.

If the Mother and Father want the Law of Compensation activated on Earth, then all that's in the Mansion Worlds will apply to us. So all the people who are severely crossing the line and causing severe will infringement, will be plunged into their own hell. And if that happens, the whole way we live on Earth will dramatically change, all bringing it into alignment with the mind worlds. And then we'll have the division of the Mansion Worlds on Earth, the mind levels, and those people doing their Healing.

To summarise and trying to keep it simple:

- Currently we can still get away with anything whilst on Earth.
- In spirit we have to do hell-time for the really bad stuff we've done on Earth.
- But mostly in spirit the lesser bad stuff we're still not accountable for whilst we're living in the mind worlds.
- When we come to do your Healing in spirit (and if we start it on Earth) we have to compensate for EVERY wrongdoing, all seven worlds of untruth. All by feeling the pain we've caused in others (including our children) and in ourself, because of being unloving.
- If the Law of Compensation is activated on Earth, then all that currently applies in the Mansion Worlds will also apply on Earth.

WE REALLY DO A BIG NUMBER ON OURSELVES BY BEING BORN ON EARTH!



Consider this: the small black dot is a typical soul, the incredibly bright sphere is the soul of a celestial spirit, that is, a spirit who is now residing within the Celestial Heavens at the 8th level or higher.

As the aeons fly by, we look back at our unique experience of living in a Rebellion and Default and healing ourselves of what was imposed upon us by our parents throughout our period of childhood suppression and then our ongoing repression. To have experiences all this yuk and then have recovered makes us unique in how we will be able assist others in their corruption in how to recover. The above graphic demonstrates just how much retardation we endure – we barely survive – but no one is lost!

yuk

Suppression & Repression = Universal Depression

**IT'S ALL ABOUT
Experiences
&
feelings**

**Be Feelings
Expressive!**

LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:

1st sphere, lower regions – Natural Love MoC 50+/-
The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.



The typical soul condition of humanity is such that they generate the luminosity of a single candle.

1st sphere, mid regions – Natural Love MoC 220



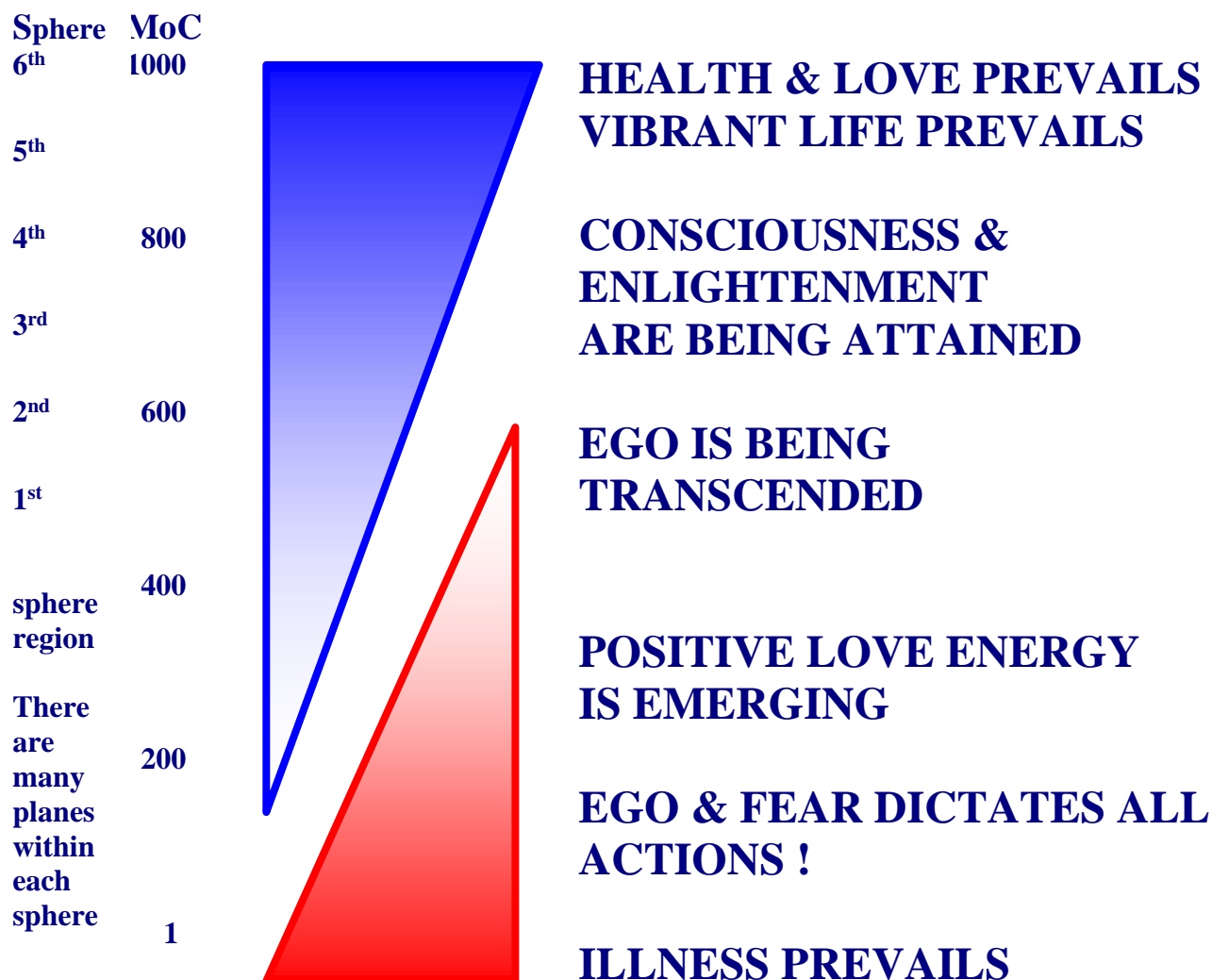
A soul that has grown in love and soul condition equivalent to the 8th sphere – the point of becoming at one with God. The luminosity of such a soul is equivalent to the midday sun.

8th sphere – only possible with Divine Love while doing one’s Feeling Healing! MoC 1,000+



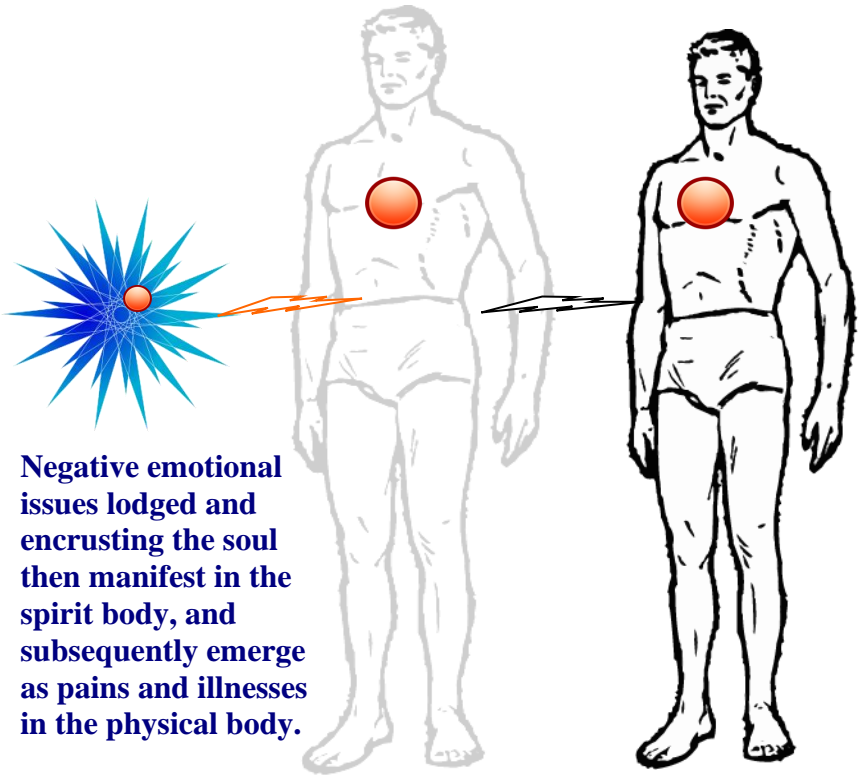
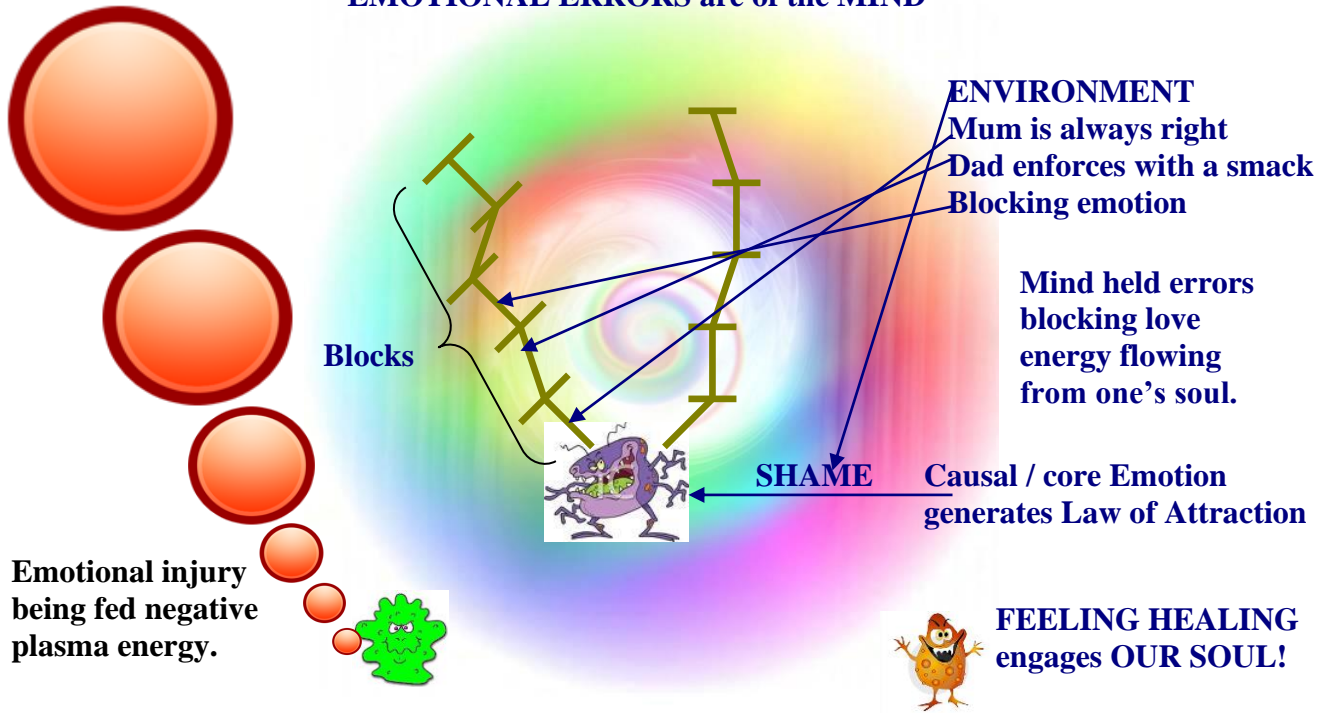
“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

EMOTIONAL ERRORS are of the MIND



Negative emotional issues lodged and encrusting the soul then manifest in the spirit body, and subsequently emerge as pains and illnesses in the physical body.

The energy, plasma, being attracted to the stuck emotion can cause the injury to grow and grow and grow.

SOUL SPIRIT BODY MATERIAL BODY
PERSONALITY

A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

One's soul condition has a direct relationship with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or her self as it has universal benefits that last for eternity. This is achieved by embracing Feeling Healing through which we commence to repair the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are most frequent amongst those within the lowest brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Consider education as the crux of progress and development. Then review the above table for the rate of unemployment, rate of poverty, happiness rate 'life is okay' and rate of criminality.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

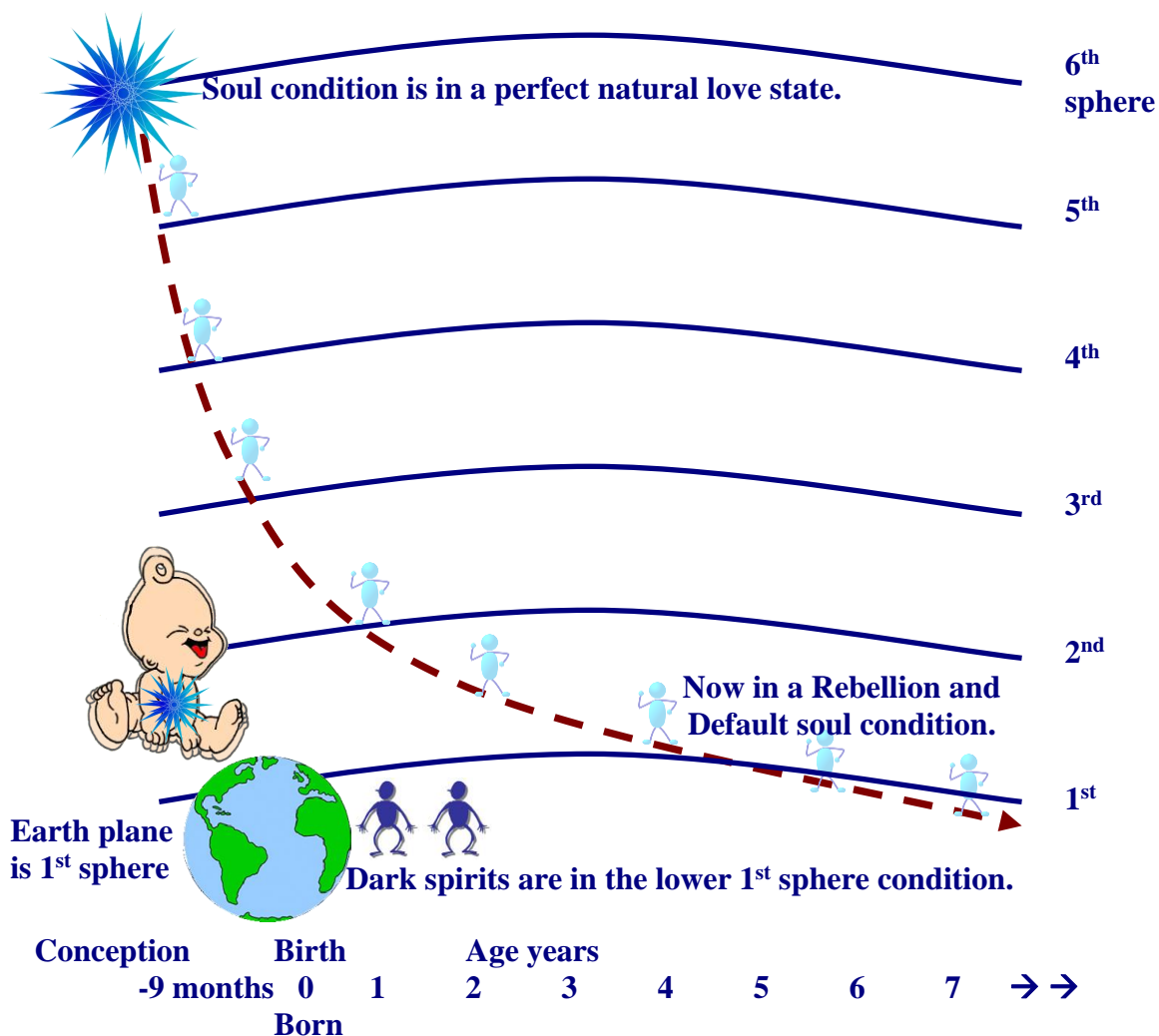
SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can be likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



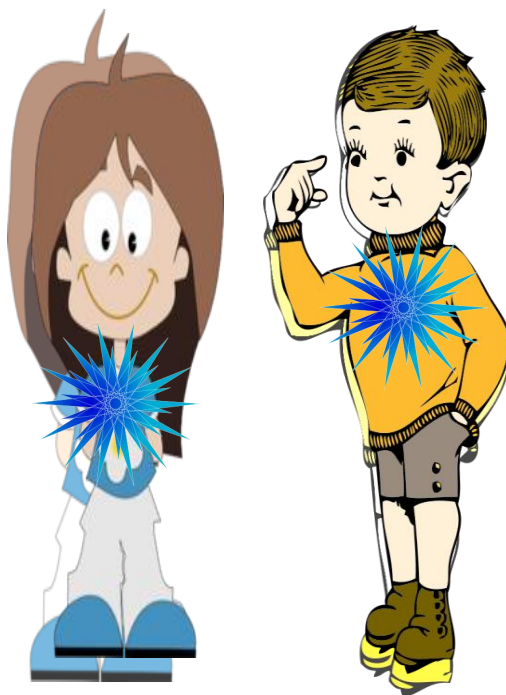
Soul Partners

SOUL – Soul Partners:

The Real You is your soul, you are one ‘half’ of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by ‘golden cords’ of light; and the spirit body is in turn connected to the physical body by ‘silver cords’ of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn’t hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1st sphere of development.

PERSONALITY

Physical Body

Spirit Body

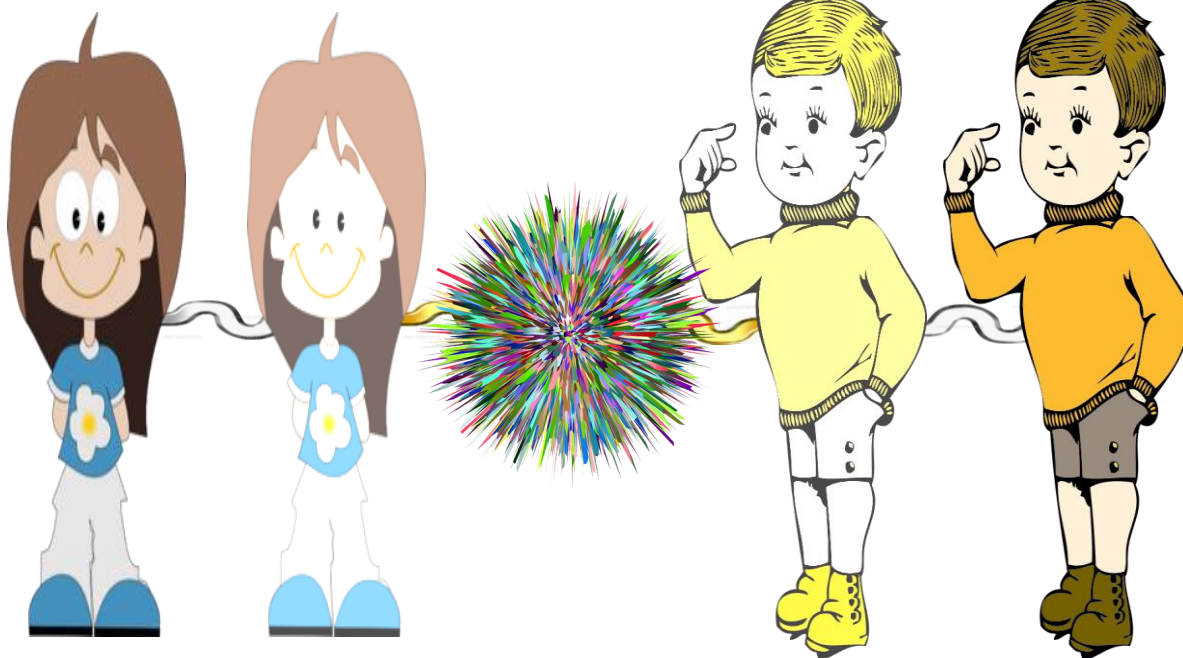


Soul

PERSONALITY

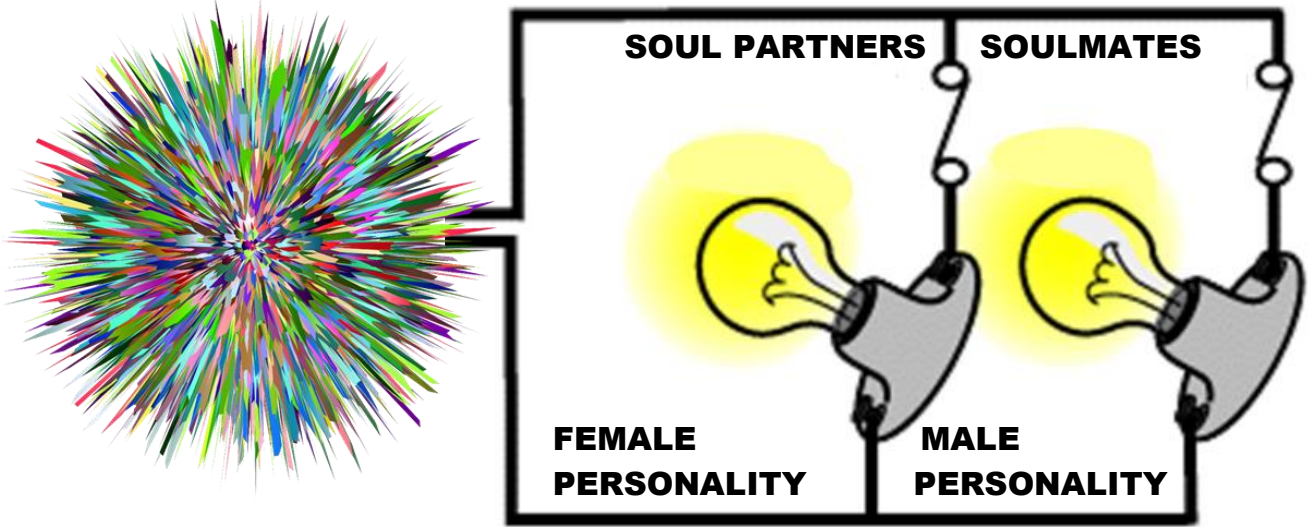
Spirit Body

Physical Body

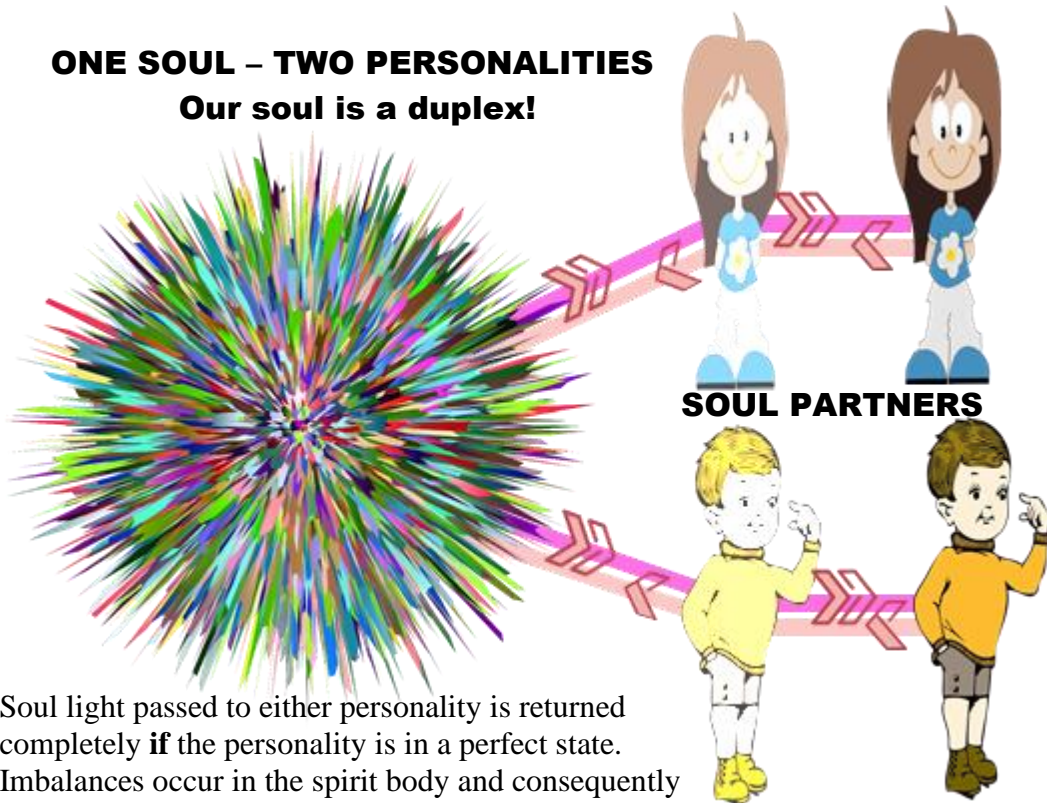


SOUL LIGHT emitted is to be **BALANCED** by the **LIGHT RETURNED!**

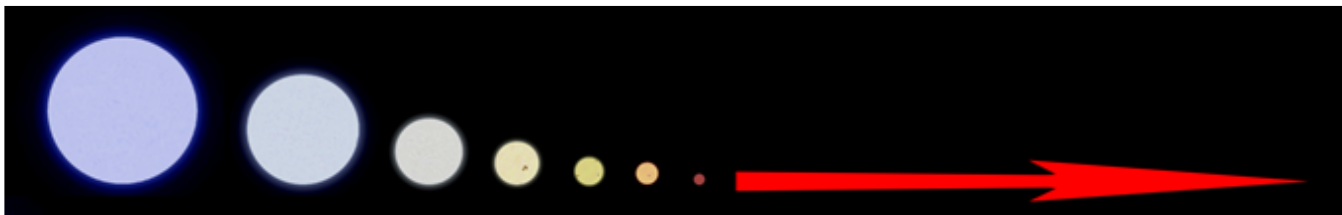
**Two separate personalities on parallel 'circuits' having the same soul.
What impacts one personality does not impact the other personality.**



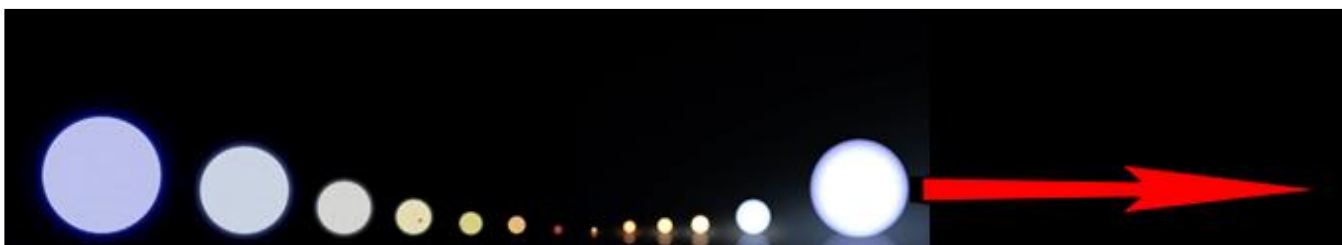
ONE SOUL – TWO PERSONALITIES
Our soul is a duplex!



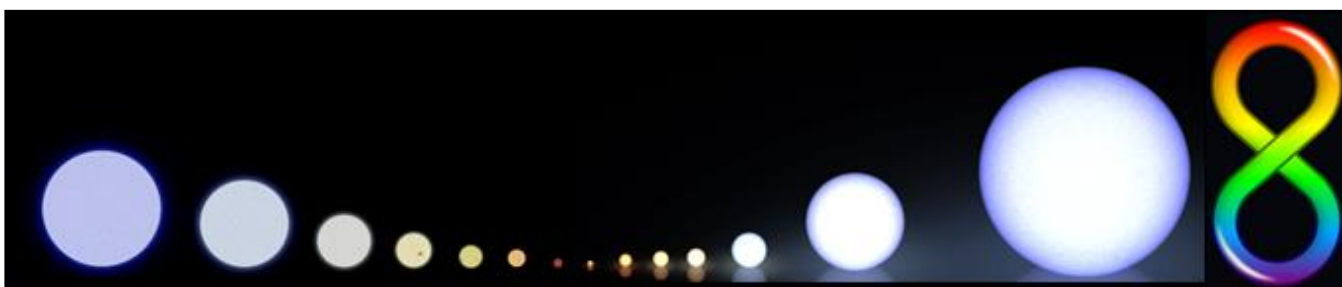
Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

OUR CHOICE!

The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins' Map of Consciousness scale – the largest sphere above. From that moment on we are being 'fire hosed' the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons.



We can perfect our mind's control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage, that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7th spirit Mansion World condition.

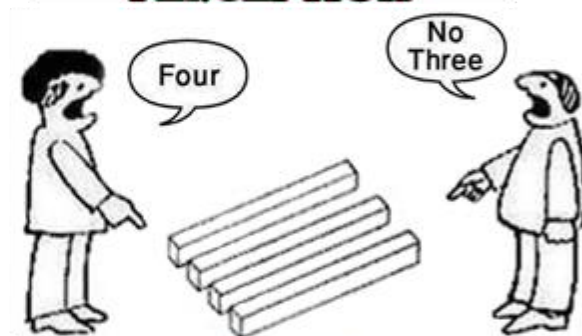
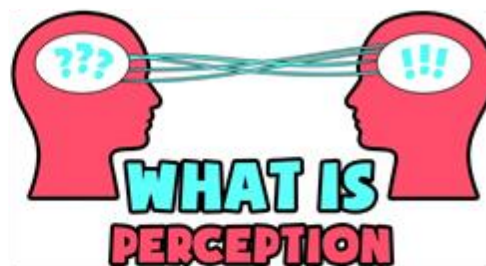


And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

This time, in the history of humanity, is the most exciting time ever experienced.



PERCEPTION



Perceptions can be of the mind and consequently these will err as the mind is addicted to untruth, the mind cannot discern truth from falsehood – no matter what our parents and teachers told us!

Inner inspirations and perceptions of truth are feelings without the mind participating. Our feelings of truth are from our soul. They are exquisite and wonderful. Stunningly delicate and, at times, seemingly profound. We wonder in awe at how insightful they appear. Do not reject them, embrace them and accept them.

As we go on and respond to them by accepting them into our actions and pathways, we grow in confidence as to their great integrity and constructiveness in all that they bring to us to consider and embrace as we please. Our soul based perceptions are a true gift from endeavouring to live feelings first – it takes time for this to unfold for each of us.

We mostly remain unaware that with us at all the times is our soul's truth and wisdom, our Indwelling Spirit being our direct connection with our Heavenly Mother and Father since from around the time we reached six years of age, our pair of spirit guides and since we may now be endeavouring to live feelings first then they will be from the Celestial Heavens, our pair of Nature Spirit who are with us throughout our physical life on Earth, and our pair of Angels, our Angels are with us for eternity. As we become more and more open to our feelings then we begin to 'hear' them – this can be by numerous means. We are never alone!

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it’s more personal and private and ‘JUST FOR YOU’. So, we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



Feelings! *first*



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.



NATURE SPIRITS

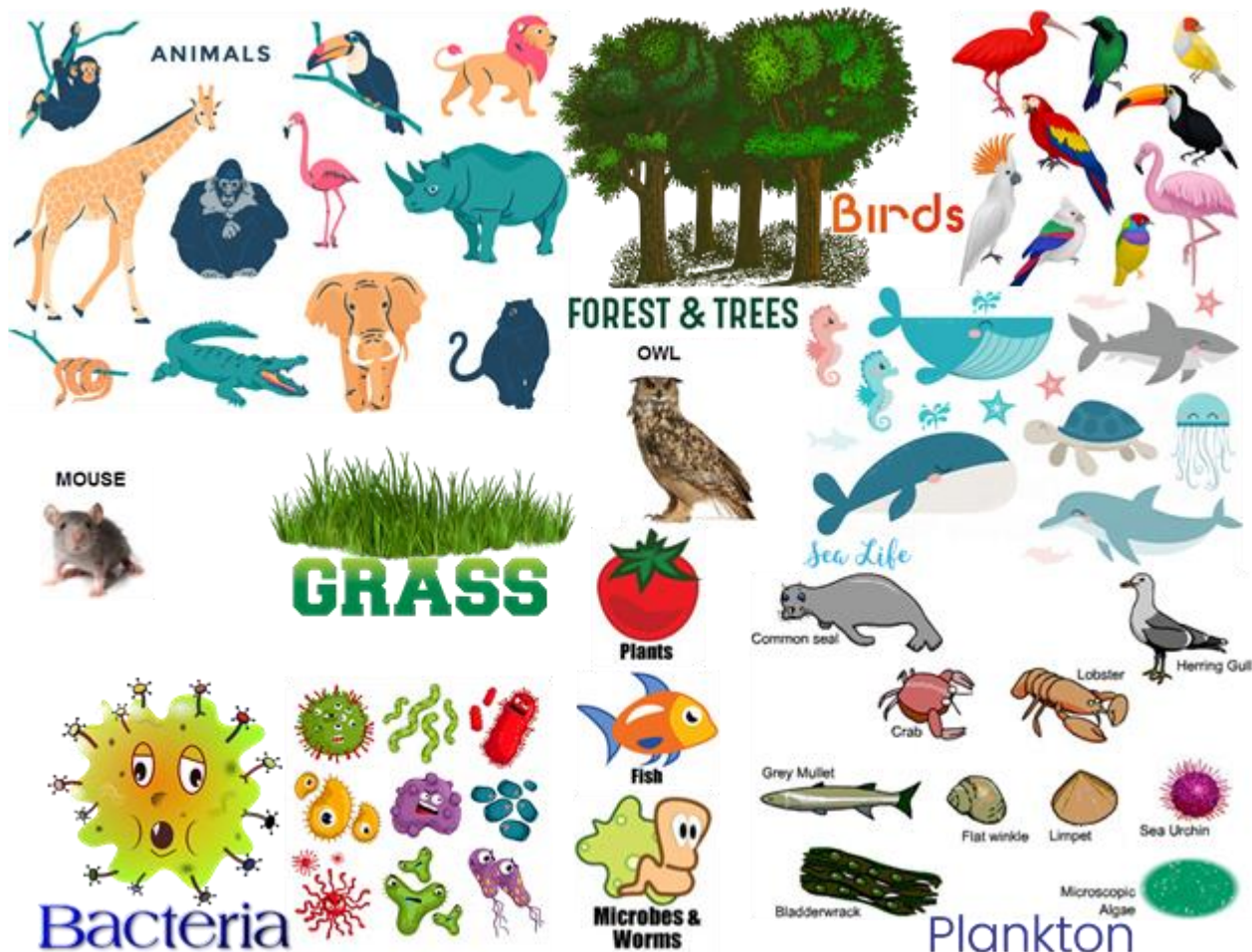
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.



Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’: “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”

“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



ASSUMPTIONS *and the* **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

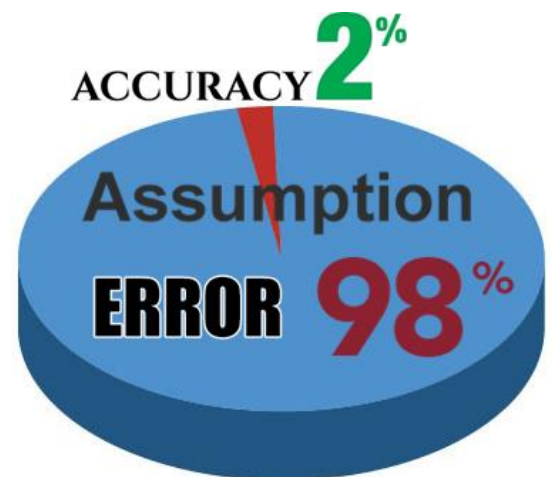
Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.



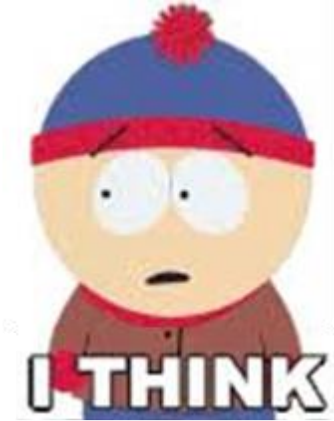
I Think ...



We frequently find ourselves in a conversation that starts with “I think ...” and we automatically cringe not understanding why we do so.

“I think ...” is our addiction to being controlled by our minds and of suppressing our feelings, our soul based feelings that are always in truth and it is our feelings that we are to embrace and have our minds to follow in support, not how it is for all of us presently.

“I think ...” is innately telling us that what we are about to listen to is what that person’s control and error addicted mind is going to impose upon us and that the conversation will be a pointless endeavour to shift that person to some level of truth and away from control of others.



“I think ...” is the imposition of an assumption or multiple assumptions in keeping each of us submitted to the repression that has been imposed upon us throughout our childhood forming years. This is all about our capitulation to the Rebellion and Default. We can all recall our parents frequently asking us what do we think! The question is to be “**What do you FEEL?**” When you ask that question of a person, their response is instantaneous and it is their soul’s truth emerging – not our mind’s 98% in error assumptions that are tiresome and debilitating to say the least.

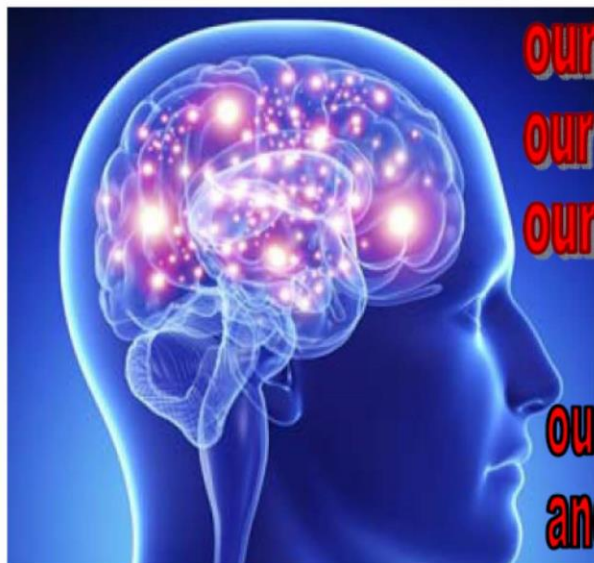
~~“I think...”~~

Following our healing and then ascension through our local universe of Nebadon, before leaving Nebadon we return our mind to the Divine Minister and embrace the mind of the Infinite Daughter, the God of Mind. The mind of the Infinite Daughter enables us to progress to Paradise, the home of our Heavenly Mother and Father. The Eternal Son is the God of Truth. The Divine Minister is of the mind whereas Mary and Jesus are of the truth for our local universe of Nebadon.

When we embrace how to use our minds in the appropriate manner, then we will find our minds being wonderful. Our lives are all about experiences and what arises from our feelings about each experience. This is all in preparation for when we achieve our ultimate status as a Finaliter which occurs when we arrive in Paradise. Then we will be well prepared for the ongoing assignments throughout the outer universes now forming.

IT'S ALL ABOUT
Experiences
&
feelings

What do you FEEL?



our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!

our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.

ASSUMPTIONS are the product of our MIND!

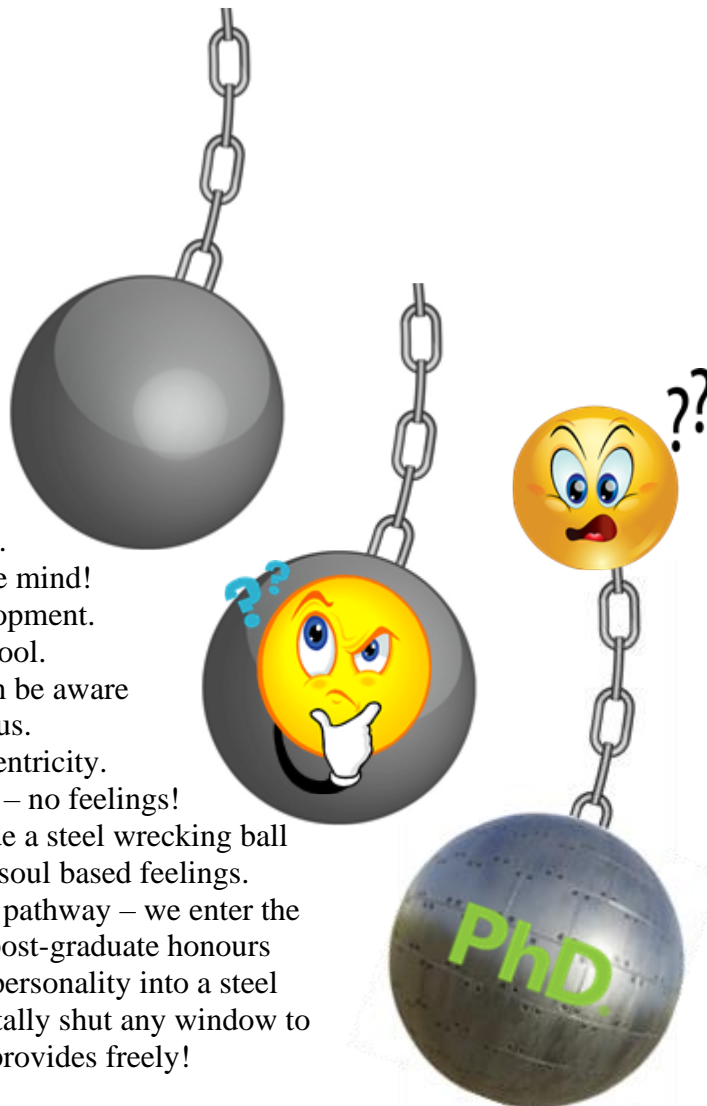
HEALING ends
MIND-CONTROL!



our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

all we need is WITHIN.
our MIND suppresses FEELINGS.

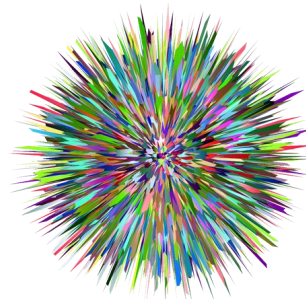
WE ERRONEOUSLY EMBRACE OUR MIND TO LEAD US THROUGH LIFE!



Our parents teach us to live through our minds.
 We are taught to be mind-centric – worship the mind!
 We go to school and it is all about mind development.
 There is no consideration about feelings at school.
 Our religious institutions do not appear to even be aware
 of our feelings, nor how they are important to us.
 If we go into employment then it is all mind-centricity.
 Higher education is further mind development – no feelings!
 We have now totally immersed ourselves inside a steel wrecking ball
 with no comprehension or appreciation of our soul based feelings.
 Then we take the ultimate mind imprisonment pathway – we enter the
 pinnacle of the education system – we gain a post-graduate honours
 degree – PhD – we have now imprisoned our personality into a steel
 wrecking ball with an outer layer of steel to totally shut any window to
 our soul based feelings and the truth our soul provides freely!

Living mind-centric locks us into a stagnate state that has a ceiling of 499 on Dr David R Hawkins' Map of Consciousness. While we ignore and suppress our feelings, we cannot evolve past this glass ceiling of MoC 499, being 'Reason'. Fixed in a stupor, a life of zombiism that we see all around us!

Amazingly, humanity has been subjected to perpetual retardation, constriction and covert control through the misguidance that we are to live through our minds and suppress our feelings, our soul based feelings which are always in truth. Impressively for the hidden controllers is their universal success in so passively maintaining a charade of benevolence towards humanity yet imprisoning all to their own personal agenda being the long term expansion of their power and territory.



Over centuries, these hidden controllers have weaved an amazing web of control. They do not necessarily manipulate the leaders, however they frequently influence the influencers of the leaders.

A study of the secret societies of the nations maps out the control. At the top of the network is Freemasonry.

FREEMASONRY: Freemasons' Hall in London is the headquarters of the United Grand Lodge of England and the Supreme Grand Chapter of Royal Arch Masons of England, as well as being a meeting place for many Masonic Lodges in the London area. It is located in Great Queen Street between

Holborn and Covent Garden and has been a Masonic meeting place since 1775. Freemasonry is a global institution, Freemasonry is formally within 63 countries.

The Grand Lodges are those recognised by the United Grand Lodge of England. ‘Recognition’ in this very specific masonic sense of the word means that UGLE considers them to be regular in their practice of Freemasonry, in the way they were formed and that it would be happy for the respective members to inter-visit with its own members. The 33rd degree is a supreme honour bestowed only on those who have demonstrated outstanding service to the Brotherhood, as well as professional and personal accomplishments. It is through the top three degrees of accreditation that the controllers ply their trade.

Through the Freemasonry global network, the influences of the “families” extends to local secret societies and closed associations. From these positions of influence, leaders and their second in charges can be recognised as being entrapped into the begging of the hidden controllers.

When assignments are necessary, the pattern is that the project may be broken up into around a dozen parts, with each part assigned to about the same number of people. The directions are issued by an insider who typically has five ‘legal’ passports. Those who are ultimately engaged to do a part are usual very senior in age or are terminally ill. No one knows what the other parts are. To trace the activity back to the family is almost impossible.

Through discrete, indirect and direct control and/or ownership of all but seven of the central banks throughout the world, many major traditional banks and financial institutions comes the control of the International Monetary Fund, the World Bank and the Bank for International Settlements. This control is enhanced through the Rothschild and associated families being at the head of secret societies such as the Freemasonry, Brotherhood of the Snake, the Knights Templar, etc. At the top of the Masonic pyramid is the worship of Lucifer!

You may call them whatever you wish — the Order of the Quest, the JASON Society, the Roshaniya, the Qabbalah, the Knights Templar, the Knights of Malta, the Knights of Columbus, the Jesuits, the Masons, the Ancient and Mystical Order of Rosae Crucis, the Illuminati, the Nazi Party, the Communist Party, the Executive Members of the Council on Foreign Relations, The Group, the Brotherhood of the Dragon, the Rosicrucians, the Royal Institute of International Affairs, the Trilateral Commission, the Bilderberg Group, the Open Friendly Secret Society (the Vatican), the Russell Trust, the Skull & Bones, the Scroll & Key, the Order — they are all the same and all work toward the same ultimate goal, a New World Order headed by the Rothschilds.

During the endeavours by the 35,000 account holders to gain access to their ‘Solid Investment’ funds, even the ‘**claw back**’ of the 100,000 payouts made between 2008 and 2011 amounting to US\$20 Trillion to the 16 or more unauthorised groups injected into the process of the 2007 Settlement Agreement, all under the oversight of a German Judge, there is extreme consternation and hidden control preventing access to the funds belonging justly to true account holders. The possibility of the Crown of the ‘New World Order’ being the cause for these numerous Secret Societies public exposure, all being tentacles of the Rothschilds, would most likely bring the pack of cards tumbling down. The ‘Transaction File’ records those payments so that they can be all identified. Meanwhile the true account holders remain unpaid as of May 2019. The ‘Solid Investment’ account holders are not a secret society.

Other families within the head group of controllers numbers around a dozen. They typically function in similar fashion. Years of complacency is now leaving them exposed as their pattern of operation is so repetitive that they are very predictable.

**HIDDEN CONTROLLERS:
May Day BBQ CHAT**

Wednesday, 1 May 2019

John: Hello

Kathaleen & Kevin



The last few weeks have been extra-ordinary for the unravelling and revealing how humanity is so absolutely and totally controlled by hidden controllers whose family focus has extended for more than 200 years in developing their steel grip on every facet of control in every segment of society within every nation worldwide.

I had not an inkling of how comprehensive the Emperor of the World's control is. If this head of the family is in anyway confronted, the retaliation can come from many different avenues and levels. They control global finances with such impunity that they have the heads of all secret societies in their pockets. Through these secret societies they plant their stooges in all governments and institutions.

They even control the major economic research and think tanks through their 'generosity' – control by being the dominant source of funds.

Education is stymied by the pyramid of peer group review – no free thinking and development can evolve – the education system is in a stupor as is all of humanity so that we are to continue as slaves to these few families with their self-anointed god-like chairman.

The hidden controllers' plans for world domination have been meticulously unfolding for generation after generation so that they can even manage the number of people on the planet. They consider there are populations that are surplus to their needs!!! Their plans for the eradication of who they despise as well as of those who are surplus are diabolical.

They gloat at their success in making money from war. They fund all sides and after the warring factions have annihilated their people and nations then they are enslaved to the hidden controllers to pay the debts entered into under harsh terms. Meanwhile the hidden controllers have produced the money from thin air – they own their money printing presses – they control the central banks of the world.

I feel that they are the manifestation of the most evil of all humanity – that is they are representative of the Evil Ones, the Lucifers, Satans, Caligastias and Daligastias. The hidden controllers are recognised as worshippers of Lucifer! Are they the final outworking of the Rebellion and Default? That is, are they the absolute pinnacle of the evilness that is representative of Lucifer and thus the collapse of the hidden controllers will mark the end of Lucifer's reign in the physical?

We have those who are impersonating Jesus and Mary in the physical. Have we now recognised the hidden controllers as being the impersonators of the evil Lanonandeks of which Lucifer is the paramount leader?

Now, do we of the Solid Investment community directly involve ourselves in their toppling? We have a great deal of records that clearly demonstrate what they do to their 'slaves' – us! – and how they do it!

The investigative authorities in Germany and Great Britain have both done what they can to wash their hands of the crimes against humanity through the events called Solid Investment. We can pursue the presentation of more and more material. Are we to do this or is this underway through other channels which will eventually involve the records of Solid Investment?

It is clear who the hidden controllers are and how they work through the secret societies around the world. It is clear how they have hijacked the printing of money for their own ends and avoided their

obligations to all governments. It is also clear how they intend to abuse all of humanity through their ongoing operations.

We have our primary goals and that is our focus. How best are we to understand our pathways?

Cheers John

Kevin – 1st Celestial Heaven – John’s brother-in-law: Hi John, it’s me, Kev. What you’ve said comparing the hidden controllers to the Evil Ones is correct, with the most important part being they are both hidden. Humanity has been largely kept in the dark about the Evil Ones, the real Hidden Controllers, and so because of this, it’s been natural, and what you might expect, that those representing the Hidden Controller spirits, choose themselves to remain so secretive and hidden.



THE EVIL ONES

Were the spirit Hidden Controllers completely out there, as in everyone on Earth knew of them, then you could imagine the hidden controllers on Earth being the same, completely out there as some rulers have been.

However, as both the Hidden Controllers and hidden controllers know, when you are seen then you are more easily a target for those people not wanting to be controlled and dominated by you, so it becomes harder to maintain that control. So doing it all covertly makes far more sense, and working so it’s very hard for anyone to actually see what’s really going on – that is the mastery in all of this.

So, you on Earth are blind to both the hidden controllers and Hidden Controllers, whereas we here in the Celestials see it all. And I can tell you John, it sure is an eye-opener as to how both levels have worked to manipulate humanity into doing what they want.



THE EVIL ONES

The current hidden controllers on Earth are only for the short term, and it’s incredible how much control they now have, whereas the Hidden Controllers being over so many years and so many different ages is amazing. And with their control evolving. That’s the part Kathaleen and I are currently studying.

(Note previously from Nanna Beth – 20 November 2017 – relating to a ‘museum’ at Jerusem on the 1st Celestial Heaven: “And as far as concerning where The First Parents [Andon and Fonta lived about 993,500 years ago south of the Caspian Sea] are now, they have moved on with the old guard, having been released from such duties that being The First Parents required. You can see and even in a sense ‘meet’ with them when you come into the first Celestial sphere, we have a museum sort of arrangement, it’s massive and highly complex and covers every aspect of humanity’s history on Earth and in the Mansion Worlds. And you can sort of interact with the exhibits – if I can crudely call them that. You literally walk into say the Atlantean times and explore using your mind for whatever aspect of such times you care to. You can even in a sort of holographic way meet with people from those times, speak with them in a sense, although it’s all automated, it’s not the real person who is now a spirit, although the whole experience being so real and amazing makes your mind believe it is the real person or spirit. So we can even talk to Mary and Jesus like this, which a lot of Celestials do when they first arrive, it all helping them to get to know them better and know what they were all about. It’s a massive learning centre and contains all the knowledge of humanity’s experience, so anything and everything is kept there like ‘living’ archives.” (Thus you can see all of history is recorded and can be studied.))

You might think the Lucifers and the others had it all under control when they first rebelled, however they didn’t have a clue as to how it was all going to unfold and what they were going to do. So it’s taken them all these different ages on Earth and on the other rebellious worlds [total of 37] to perfect

their control, to gain mastery over the physical and spirit Mansion World levels. So what you are studying John, how your home-grown hidden controllers exert their control, and how it's come up and evolved so strongly in such a short time, is all because of the expertise gained by the Evil Ones enabling them to select a 'race' of people for the job, to streamline their bloodlines, to instil in them the necessary beliefs so as to ensure it's all passed on generation to generation, and then to provide them with the vision to fulfil. It's incredible looking at what they have achieved, not that that makes you feel any better being stuck in the thick of it.

However it's still part of humanity, everyone is influenced and negatively affected by it in some way. You are all controllers keeping so much of that control hidden from yourselves, so by studying the hidden controllers you can also learn a lot about yourself, because were you all given the same stimulation and incentives as the hidden controllers have, so you'd possibly end up being like them. And it's not that I want to let them off the hook by making you feel even perhaps sorry for them in that they had no way to not become as they are, all of which is going to be very difficult for them to heal when their time comes to account for being so controlling, still looking at the facts for what they are, I think you can appreciate just how incredible this time in humanity's history is, especially if you look at it solely in the terms of those behind the scene exerting their control, and you unaware of them, living your lives believing you are free to largely do as you please, and yet you are completely trapped within their machine.

Library Download at www.pascashealth.com and scroll down to Corporate Foundation Documents and download the PDF titled:



[Pascas Finance Khazarian Banksters Control Humanity.pdf](#)

And for everyone doing their Healing, they are going to have to understand just how controlled they are, by their parents and also by the hidden controllers, and then how they've taken that control themselves, becoming effectively as the parent also a hidden controller, because how parents parent is mostly all hidden from the child, and even in many cases, hidden also from the parent themselves. Most people don't have a clue why they do what they do, why they react as they do, as all that control is hidden within them, just as it's hidden on the global sense.

So can you see where I'm going with this, am I being too 'hidden' and obtuse – what I want to say is all that you as adult individuals and particularly being parents, is all that the hidden controllers are, because they are adults and parents too. So as within so without. So naturally as humanity is, what is going on hidden within, is what is going on hidden personally and globally, and what is going on on the outside, is what's going on on the outside personally and globally.

So humanity is the parents' controlling the child, it's the controlling parent; as it's also the controlled child. It's the perpetrator of pain; as it's the victim feeling so hurt. It's unloving and feels unloved. You and the hidden controllers are one. You're all the same, just different aspects being expressed at different times by different people. So by looking to uncover the truth of your own hidden control, so too can you uncover the truth of the hidden controllers.

So as humanity breaks down its own personal control, so it will break it down and end it in the world sense. And that's what is going to happen, which is part of what your focus will be John, with Pascas. You are to shed light on the untruth, point out all that is wrong, introduce new ways to look at yourselves and the whole world. Introducing a higher spiritual understanding, and also as a way to contain and then deal with the damage, both personally and globally, by people becoming more aware of what's really going on, and then by them also doing their Healing and bringing to light their truth.

All you are writing John, and your whole personal focus, is to collate the information so it can be presented and digested by people. And there's been a vast amount for you to bring together, and to do it

relatively quickly when you realised you had to also include all James' work. And as you now understand, that work is what it will all revolve around, so how do you offer it, introduce it, give it, tell people about it, inform them so they can make up their own minds about it, all so they have their own experiences with it and see the truth it contains for themselves. We all have to come to the truth through our own experiences, irrespective of what we are told. So how do you do all of that? And that's really what you are asking of us spirits, however that's not to come from us.

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Arrested and imprisoned 1993 CE



Daligastia pair

You are going to do it all yourself, everyone who gets involved in whatever way will be doing it. And that's how it's going to get done. And so really until it actually begins and people start to come wanting to be involved, you can't know or work out how it will happen, which is why you feel quite hopeless at times and with nothing tangible to hold onto, nothing to focus on concerning 'getting the job done'.

However the fact is, you've all been heavily conditioned to try and work it all out in your minds before you begin. However, a baby and young child doesn't try to work out in its mind all how its life will be before it can walk and talk. Its parents might, but as you know, that only screws it up more. And so Pascas is to be 'born', all but helpless and yet primed with a whole New Way of looking at life. And as Pascas grows, so it will come to understand what it wants to do with that New Way. And as it struggles to try and live it itself, so other people will want to know about it, and it can struggle trying to work out how best to tell and show them what's involved. But the thing is, it will all happen, it will all unfold, because it's time for it to start as humanity is changing and people are sick of the old way and are desperate for positive change.

Yet their difficulty currently is, change into what, they are feeling like they've done it all before, and where else is there to go? Technology is becoming irrelevant because people are seeing, yes, it's a fun toy, and it can help us in many ways, yet still we feel bad, even worse in a lot of cases, so it hasn't really done what we hoped it would – and it never will. Even if technology took everyone's physical illness, aches and pains away, still you're left with all your spirit aches and pains, and even if people worked out like the mind spirits do, how to take those problems away, you are still left with your soul aches and pains. And you're never going to be able to remove them, not until you do your Healing and live the New Way, which is really the Way of Truth, which leads into the True Way Of Love. Humanity is to become loving, however to become loving it first has to uncover and embrace the whole truth of it being unloving. So part of your 'mission' John, is to help humanity wake up to just how unloving it is.



And currently you are focused on the hidden controllers, just how unloving they are in their constant domination and by applying all the restrictions on life they do, for the majority to be subjected to the whims of the minority, for the few to have it all their way with the mass having to have it all the hidden controllers way too. The hidden controllers are the parents, the rest of you sheeple their children. However children can grow up and empower themselves with the truth of their own soul, thereby breaking free of anyone else's control.

A big baseball bat, for lack of a better image, is soon to be taken to humanity, and more importantly, to the foundations of these hidden controllers, and to the control everyone has that interferes heavily with another person. And you John will play a role in this, which both scares the shit out of you, and greatly pleases you, for you to have the say and control rather than being the controlled... and well, why not! Can there be control for the good, instead of control for the bad? And does it really matter? Is there required to be an equal amount of control for the good to combat the control of the bad? Are you to take them on?



And there will be those people who do. And there will be those people who don't want to, wanting to instead remove themselves from it all so they can just get on with working on ending all the mind control within themselves – hence the need for you John to support such people providing the means for them to do that.

So perhaps Pascas will be threefold:

1. Working to saturate the world with the offering of The New Way. Which of itself is standing up to and confronting the hidden control.
2. Helping to provide the resources and environment for those people intent on 'opting out' and working solely on themselves by doing their Healing.
3. Unknown. It's not for you to know just yet John. However, it will be done in conjunction with Pascas and all you are doing.



I hope I've been of some help. Love Kevin.

James (having had a lunch break): While I'm at it, I thought I'd ask Kathaleen about the latest to do with President Donald Trump, 45th president of the United States from 2017 to 2021, as from what I read it seems like he's starting to reveal his secret agenda, that being very close to Israel and starting to pressure Iran, with the intent, so I think, to start Armageddon. So Kathaleen, do you have anything to add, and am I on the right track?

Kathaleen – soul partner of Kevin: You are James, we inspire such thoughts in you, as much as you have them yourself. And it is as you suspect, Trump, together with those supporting him, are starting to implement their plans. They have allowed the Democrats to all but hang themselves and now will continue applying pressure to them.

James: I was wondering, it seems like the hidden controllers worked with the Left anti-religious to get the world to where it is so they can now bring in the Right, that which is going to start all the religious wars; and what I was wondering, are the Left aware of that and their role in it so will keep fighting Trump as all part of the plan, or have they been legged over and are just used thoroughly by the hidden controllers?

(Rightist – Right-wing are those who use religion in politics. **Leftist – Left-wing** politics are political positions or activities that accept or support social equality, often in opposition to social hierarchy and social inequality. It typically involves a concern for those in society whom its adherents perceive as

disadvantaged relative to others as well as a belief that there are unjustified inequalities that need to be reduced or abolished.)

Kathaleen: They've been 'played', and are still being played by the hidden controllers. They are still being made to believe they can win, defeat Trump and his lot, and regain the power and upper hand they've lost. Some of them have woken up realising that all they are throwing at Trump is like water off a duck's back, and so why is that, he should have been showing signs of weakness and falling off his seat



by now. So these people are waking up realising they've been had, although the ego of the American is so strong it's going to take a lot of them a long time before they fully accept they've been worked over.

James: So it's just more of the usual hidden controllers antics?

Kathaleen: Yes. They are feeling well positioned now, despite having to work against all the Left and Liberal stuff they inspired, bringing in the more hard-lined religious Right. And that works in your favour, because although the religionists will feel more happy and stronger being supported by Trump, still those of the Left who've left their religions will not want to get back into them. So many of these very disgruntled people will find all John is going to offer, very appealing. However it will of course lead them into having to deal with issues within themselves they thought they could avoid, and many will reject The Truth, it being too confrontational, but others will work through those barriers within themselves and move into seeing the error of their ways and how in fact their true liberation lies within attending to their own feelings and bring the truth of themselves to light.

James: So you are happily working to support Trump to bring about the End Times?

Kathaleen: Yes, just as we're happy working to support those who are against him. We have our own agenda: we are working to set up these two opposing forces so the aftermath of the 'Great Confrontation' will leave people looking for a New Way. The Western world is largely divided now into two camps, those clinging to their religious beliefs about how life should be lived, and those who have a host of alternative beliefs that are religion-free, yet still which are full of how life should be lived. And the two opposing forces are basically what you are seeing in the Left verse Right, only the Left being without the moral support of their religion, are more crooked, as they are more in it for themselves, or delude themselves about some noble cause: saving the world, the environment or something, but not necessarily about living a higher moralistic life in which they are answerable to God, they being only concerned with being answerable to themselves, they being god, which of course means their minds can make up whatever they want about themselves. The religionists want to live the higher virtuous morals of their religion, the non-religionists or the self-made personal religionist wants to live free of having to be answerable to some 'higher power' that's always looking over your shoulder. The religionists can't live without the controlling overseeing order of the 'higher authority', the god in their religion. They need their parents – god – to keep telling them how to be. The non-religious are rebelling against that, wanting to do it all themselves, leaving that god-control, leaving their parents, breaking it all up, turning it on its head, and be free. Only they don't understand they can't actually be free, they can only be as their parents have made them feel they are. However, being free of the controlling religion is a step in the right direction, so they believe, in being totally free.

And you want to be free James, only not rudderless, you want to live true to the Truth, that really which God is, so you want to take the best of what both systems offer (although not much), and move away and out of both of them, so completely out of your parental control. And that's what the New Way will be offering. A way to live without Religion and without Non-religion – the True Spiritual Way.

So, for now the Religionists are gaining the upper hand, with the Zionists and the American Christians (some of them anyway, Trump supporters) wanting to say we've had enough of these socialistic liberal policies, and look what they are doing, look at all the homeless shitting on the streets in the liberal cities, look at all the mass immigration that is going unchecked and threatening to take our jobs and security away, and where is it all going to end, particularly if they take away our guns. So this so-called freedom, scares them to death, and rightly so, because were it to run to its conclusion, it'd be anarchy, with the first people crying out for help being the very ones who brought the situation about. Such liberal people have no vision, they exist more emotionally in the moment, coming up with ideas that should be instantly put into place, whereas at least the religious right has years of history and many bad experiences to draw from. So one is more irrational and the other more rational, and yet both are as controlling as each other. And when one wakes up to this, without another option, what are you to do? So John is to help introduce that other option. And you can see, people who understand what that option is, what The New Way is, would be able to target people who'd be open to it, being able to use the failure of the existing systems to their advantage. (Zionism is the nationalist movement of the Jewish people that supports the re-establishment of a Jewish homeland in the territory defined as the historic Land of Israel.)

James: So really it would be best for Russia and Trump's America to unite, bringing their Christian ideals closer together?

Kathaleen: On paper, possibly, however the reality is Trump's Christianity is business and control, having little in reality to do with real faith and giving yourself to God, your country or your religion like the Russians do. The Russian conviction is true; the American is false, the Americans *believe* they are good Christians; whereas the Russians know they are. So the empty and often hypocritical American Christianity is scared of being shown up for what it really is by the Russian way, and as Russia gains more confidence, which is happening every day, so should the Americans fear Her. Mother Russia is starting to stand up to Father bullshit, which is what you see in some of these Russian articles you read. Russia has far superior war technology now, and really it's more about how to work within the tantrums of the Americans to keep moving toward organising a new world that is not American dominated. So, the Russians are moving closer to the Chinese, yet still understanding they could never completely trust them because they are god-less.

The Russians are watching closely to see if the Anglo-Zionists start making their moves toward the End Times. Because although it would be horrible for the whole world, Russia also understands that in many ways it has to happen so the air can finally be cleared. For nearly two thousand years there's been this Revelation Prophecy to deal with, and you can pretend it is meaningless and get on with it, like the Liberals try to do, or you take it into consideration and deal with it, like the Russians do.

The hidden controllers are having to 'stick with the plan' as they don't have the unseen backup they used to have. And they still don't fully understand that. More time needs to happen for them to see that their control is slipping and cracks are appearing and for them to start wondering why. So they are unconsciously locking down their plan and looking to carry them out, which means they aren't as open to flowing with the changes that are happening, as there is always an unpredictableness to humanity. And so because they are not adapting and evolving as others have done, so others observing them can



start to see what their plan is, it's becoming more obvious. So more people feel emboldened to stand up to them, to push a bit more against them and see what happens. And what happens is not as bad as what used to happen, so they push a bit harder.

So as you can see, the hidden controllers will end up 'doing themselves in' and this is as it has to be, as it's expected to be, with rebellion imploding and eventually destroying itself, that which Mary and Jesus have always advocated. That you can go against the Laws and Love of Creation – against our Mother and Father – for only so long, but in the end you'll come up against too many obstacles from the Truth, and it will end. The Evil Ones would have seen this happen much sooner had there not been the Pole Shifts that damaged civilisation so frequently, taking it back so many times to all but starting over again. Had the Rebellion been free of such sudden catastrophic changes, it would have reached its peak long ago and imploded destroying itself, just as you've seen in the Roman times, and now are witnessing in the American times. The Americans will screw it up for themselves, and they already have to some degree, only they are still to catch up with the truth of themselves. To wake up to having been played by the hidden controllers, and then to want revenge. The truly enlightened American who fully understands and has embraced The New Way will still be a force to be reckoned with, and even more so the more aware they become of how far astray they've been led.

Trump is soon going to unleash a shock wave against his enemies, he has to sort them out once and for all, and that's going to change the psyche of America, for the good and bad, yet still it will start to break how it has been, freeing things up in many ways, with a backlash back to more of a normality getting rid of all the over-controlling political correctness that is taking things too far away from the personal into the absurd. To not be able to express yourself, to not be able to freely say someone is black or white then they are black or white, to just say it how it is, to screw the language up so much that you can't even use it, all of that needs to be brought to its senses, again something which Pascas will be able to help with as it won't indulge in all the Americanisms as it strives to allow and encourage people to really have their say. To be able to have it out, to provide areas and avenues where people can, and to help them know that it is good, and to understand that you don't have to end up physically fighting each other, but there is nothing wrong with a war of words PROVIDED both parties are looking for the truth of themselves. If both parties are not, then it's just more of the yuk with nothing being gained other than power-plays and trying to get one over the other person, which really would be better for them to just slog it out.

YUK

Bye James, I've said enough.

James: Thank you Kathaleen, and you too, Kevin.

Kevin died 10 August 2012, upon completing his healing he entered the 1st Celestial Heaven on 7 August 2017 – he was a carpenter and John's brother-in-law. Nanna Beth of 3rd Celestial Heaven would be Kevin's grandmother-in-law as she is John's grandmother. Kathaleen and Kevin are soulmates.

Solid Investment Notice to the German Parliament and European Union Parliament:

Subject: Notice of EU Bond Agreement Maturity and Virtual Jurisdiction Expiration

Date: Wed, 1 Jun 2022 18:23:08 -0500

From: C S

To: 12 recipients – mainly German government officials (then sent to all the members of the Parliaments of Germany and European Union)

To whom it may concern;

We have been informed that the €6T in 10 year EU bonds have been reissued. Since our US\$300 billion could not be used, it leads to questions:

1. Where were replacement collateral funds found?
2. Who is actually providing the funds?
3. For how long will they be available?
4. Are they being used with the appropriate permissions from the owners?
5. What other uses may be found for the funds unbeknownst to said owners?
6. How much is the EU paying for the use of the funds?

The illusory virtual jurisdiction designed to hide the fact that the last 10 years of bond programs have been underpinned by the same US\$300 billion that has been under the fiduciary and judicial jurisdiction of Dr. Roman Poseck, President of Frankfurt am Main Oberlandesgericht, Chairman of Civil Senate 26 **expired** with the EU bond agreement that matured on May 31, 2022.

This means that the matter assigned to Dr. Roman Poseck, President of Frankfurt am Main Oberlandesgericht, Chairman of Civil Senate 26 per the 2007 settlement agreement signed by Dr. Jürgen-Peter Graf, German Federal Criminal Court and the 2011 UK Supreme Court order signed by Lord Alan Rodger is now again under the jurisdiction of the Federal Republic of Germany. This makes the Federal Republic of Germany responsible for over a decade of interest, and damages to each of the 35,000 international investors who have suffered the loss of opportunity, property, relationships, education, health, freedom and their lives.

As an example of the price of one German citizen convicted of a crime he did not commit, examine case **#121 xxxx**. This case would have never been filed had:

1. The payments been made according to the settlement agreement signed in 2007.
2. The documents in possession of both the Federal Criminal Court and the Frankfurt am Main Oberlandesgericht had been filed in the appropriate archives.

Mr. xxxx is not an exception. There were several innocent international investors that now have criminal records due to this malfeasance.

Besides a computer monitoring station located in the antechamber of the office of the president, Frankfurt am Main Oberlandesgericht installed per a UK court order issued by Lord Alan Rodger on behalf of the primary plaintiff, there should be tens of thousands of pages of public documents related to these matters in the UK court system, the German court system and the EU. Yet extensive research has found nothing in the appropriate archives.

These missing documents include the:

1. September 2006 legal action filed in German Federal Court against numerous Schroder subsidiaries on behalf of dozens of entities representing over 50,000 beneficiaries.

2. July 2007 settlement agreement signed by Dr. Jürgen-Peter Graf written in German.
3. 2007 settlement agreement translated into English, illustrating how an egregious abuse of translation can completely change both the intent and the letter of the law.
4. January 2008 court order transferring paymaster duties from HSBC to Barclays.
5. Detailed transaction listing of over 100,000 payments made to select beneficiaries between 2008 and 2011 by fiduciary administrator, Schroder and paymaster Barclays including over \$100 M payments to OCBC Securities and Temasek Holdings.
6. December 2010 formal complaint filed by RBS over payment irregularities.
7. Court proceeding related to same irregularities.
8. 2011 UK court order signed by Lord Alan Rodger consolidating jurisdiction in the Republic of Germany.
9. 2011 UK court order moving administration and paymaster duties to Dexia.
10. 2011 UK court order authorizing installation of monitoring stations.
11. 2012 German court order transferring administration to Lord Fraser A. Milverton.
12. 2012 German court reassignment of matter from Dr. Thomas Aumüller to Dr. Roman Poseck, Chairman Civil Senate 26.
13. Detailed transaction listing of all non beneficiary payments made by Schrodgers, UK MI6, GCHQ or other international private or government organizations.
14. 2012 Payment of additional 22 beneficiaries including James S. Freeman Jr. authorized by Dr. Roman Poseck.
15. Numerous communications between Dr. Roman Poseck and Lord Milverton related to delayed commencement of payments to remaining 35,000 beneficiaries.
16. April 2012 document transferring jurisdiction of settlement agreement and court orders from the Federal Republic of Germany to fictional virtual jurisdiction overseen by Dr. Roman Poseck.
17. May 2012 complete EU Bailout agreement with attached ancillary agreement signed by Dr. Wolfgang Schäuble allowing settlement escrow accounts to be used as collateral for €6T in EU bonds.
18. May 2012 nondisclosure agreement agreed to by Lord Fraser A. Milverton, Dr. Roman Poseck, Dr. Wolfgang Schäuble, Chancellor Angela Merkel and a small group of external negotiators.
19. August 2014 letter sent to Dr. Roman Poseck from German legal counsel of primary plaintiff. (See response attached)
20. Numerous additional request for information faxed to Dr. Roman Poseck from database confirmed beneficiaries.
21. Hundreds of payment claims faxed to Dr. Roman Poseck from confirmed beneficiaries.
22. 2015 case entitled “Demand for Administrative Accounting and Fiduciary Responsibility” filed in the International Court of Arbitration, The Hague. None of the Respondents have disputed any of the claims made by Plaintiffs.
23. 2019 complaint filed by beneficiaries with the EU Parliament Committee on Petitions.

The website solidinvestment.info was setup in 2015 and provides more detailed information including our filing with the Permanent Court of Arbitration, The Hague and the EU Parliament Committee on Petitions.

We informed all relevant parties numerous times over the years that we would be happy to resolve this matter privately.

Respectfully,

Primary Plaintiff

A Personal reflection upon Truth!

We are all screwed.

We contemplate, am I a good person? Am I walking through my life so far doing the best I can, being the best loving version of myself?

Of course not. We hold inside us the trauma of our early existence, in the womb before we were born, our early childhood and then the repeat of mistakes of our parents and there's before them. Here me, this is not a blame game. It is a realisation that we live in a time in humanity where we sort of know no different. I want to know different.

The principals of Feeling Healing casts no blame. No blame other than 'we just did not know better'.

Many of you when you first are introduced to the concept of feeling through your life in place of thinking through your life will find some papers, concepts, challenging. I guess they are supposed to be. How can one open up to change without challenge or openness or bravery?

My personal view is one step at a time. Organically you will find your pace, or not, which is totally fine.

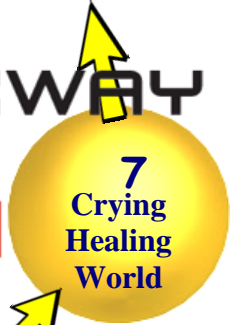
Helen A, now living on the Gold Coast



Our Guides on Duty...



OUT GATEWAY ISOLATION



FOOD SECURITY:**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:****Part 5**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

MAP of CONSCIOUSNESS	MoC	calibrations
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	1,500	3 rd Celestial Heaven (10 th spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 rd Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 st Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 th Divine Love transitional sphere to Heavens
Natural Love peak	1,000	6 th spirit Mansion World peak– can't go further!
Pascas WorldCare (as a platform)	880	5 th spirit Mansion World healing + Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 th spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 th spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	500	2 nd natural love OR 3 rd Divine Love spirit world.
Peak of mind total orientation	499	1 st spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
Humanity	212	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

PASCAS CARE – ENERGY LEVEL of FOOD:

Food Summary

As we review the energy calibrations of food, we will note that the more numerous the processing steps in bringing food to our table, the further the energy and nutritional value is depleted.

It goes something like this:

		MOC calibration
Obtained absolutely fresh	energy level could be, say:	500
Cutting it up or grinding it	process lowers energy level by 100	therefore now 400
Cooking process	lightly stirred fried is best – baking is too long	300
So let's put it in a container and freeze it	drop another 100 points	200

Note: The Map of Consciousness (MOC) scale is based on the common log of 10. A 1 point variance is a 10 fold variance. 10 points is 10,000,000,000 times increase or decrease in energy. The above reductions are mind boggling drops in energy at each step in the processing chain.

At 200, this food is now so extensively diminished in nutrition and value it is no longer life enhancing!

Any food that is not life enhancing (under 200) is stored within the body and the body has to work to eliminate it, thus overworking the body and loading the storage system up within the body.

Machine processed food is devoid of love and is so thoroughly processed that it is seldom life enhancing.

Consider kinesiology muscle testing the calibration level as per the Map of Consciousness (MoC) published by Dr David R Hawkins. We can calibrate our favourite restaurant meals and anything else that is to our interest.

When we visit a supermarket or grocery store, should the product be factory processed and packaged accordingly, then the food content will not be life enhancing.

Kindly visit www.pascashealth.com then Library Download page, scroll to medical and then nutrition for these documents:



[Pascas Care Kinesiology Testing.pdf](#)



[Pascas Care Kinesiology Personality Traits.pdf](#)



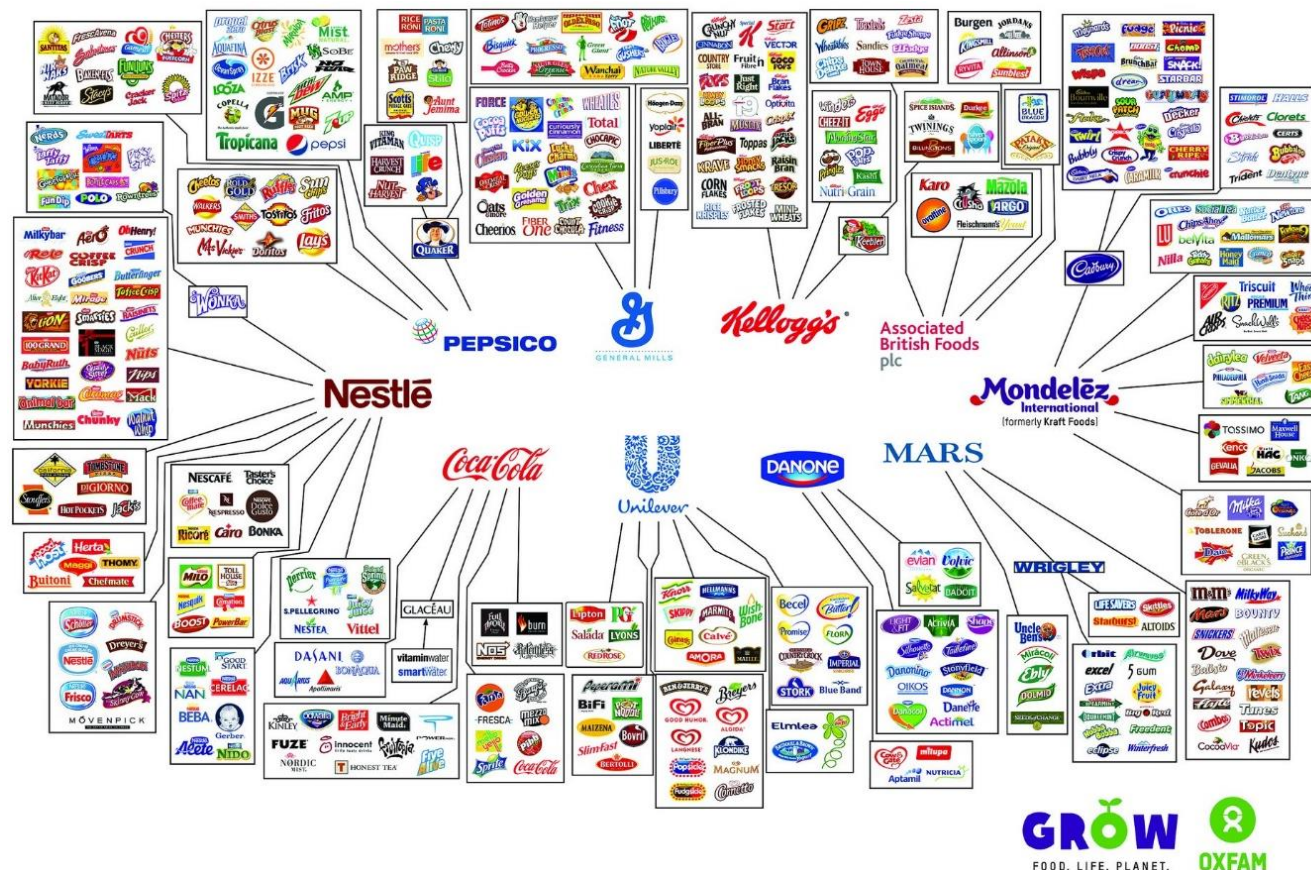
[Pascas Care Energy Level of Food.pdf](#)

Fresh is Best!

Unmasking the Global Food Cartel: Is Massive Starvation and Population Reduction Their Next Move?

<https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/>

5 July 2021



Commentary by Brian Shilhavy
Editor, Health Impact News

The Globalists who control the world today are not politicians. Politicians are puppets, chosen by the Globalists, who control the world's financial system.

At the very top of the pyramid they are Satanists, specifically "Satanic Jews" which I define in this article:

[Identifying the Luciferian Globalists Implementing the New World Order – Who are the "Jews"?](#)

Their modus operandi is the world's financial system, and the Globalist companies that run the world. We recently published the very well-written commentary by F. William Engdahl on BlackRock, the investment firm which he claims has more financial influence than the Federal Reserve and the governments of most nations. See:

[Unregulated Investment Firm BlackRock: More Political and Financial Influence than the Federal Reserve and Most Governments](#)

Today, I am republishing an article from a website called “Behind The News Network,” a site I have been following in my newsfeed since the COVID-19 Plandemic began last year.

I have not referenced or republished any of the work from this website previously, because the main pen-name that is used for most of the articles published recently there, Sam Parker, are largely unreferenced.

But it doesn't take long to determine that whoever this Sam Parker is (and very possibly it is a pen-name for several people), he is extremely well-educated, and I don't mean in just an academic sense. He understands world politics, and not the kind of “politics” you will read in the corporate media, and not even much in the alternative media.

He is obviously an insider, because only an insider could publish this kind of material, and this person probably could not get away with revealing their true identity and remain alive.

The reason I am republishing this article today, is because it is in my topic of specialty, which is food.

As I have previously written, many of the top sources in the alternative media are “controlled opposition.” That is not to say they do not produce good journalism, but it means there are certain topics they dare not touch, and when they do, they are threatened, and forced to take down certain articles.

That does not apply to me, as editor of *Health Impact News*, because I do not draw my income from the content produced on *Health Impact News*. I earn my income through my food company, [Healthy Traditions](#), which began as Tropical Traditions in 2001, when we became the first company to import a “virgin coconut oil” from the Philippines for the U.S. market.

I own 100% of Healthy Traditions, and neither Healthy Traditions nor *Health Impact News* is backed by Wall Street Investment firms (not that they have not come calling over the years to try and buy me out!) that we have to answer to.

We were able to leverage the power of the new and emerging technology of the Internet in the early 2000s to directly educate the American consumer about how they had been brainwashed by the Globalists in regards to nutrition, such as the USDA dietary guidelines that wrongly condemned saturated fats in general, and coconut oil specifically, in order to prop up a failed theory of heart disease that condemned these healthy, traditional fats, in favour of a low-fat dietary philosophy that benefited the main cash crops in America that they used to dominate the world: soy, corn, and wheat. (USDA stands for U.S. Department of Agriculture and is a federal agency that Abraham Lincoln founded in 1862. The USDA is responsible for overseeing farming, ranching, and forestry industries, as well as regulating aspects of food quality and safety and nutrition labelling.)

Tied into this false theory of heart disease was a booming market for cholesterol-lowering drugs, and Pfizer became the most profitable pharmaceutical company of its day with its blockbuster cholesterol drug, Lipitor.

But we prevailed, and even though we are just a shadow of the company we once were, the American public now has access to coconut oil in almost every major grocery retailer today, but the public has no idea the sacrifices that were made to make that a reality.

It was only possible because Big Tech had not been corrupted yet by the Globalists, and the technology was what I was able to leverage to even the playing field, going directly to the American consumer with the truth, and the American consumer, which has far more power than they realise, let the Globalists running the food supplies know that they wanted coconut oil, and they also wanted their butter back, instead of the fake margarines that were the REAL cause of heart disease. (See: [The War Against Butter is Over: Butter Won](#) from 2014.)

Since this is just a commentary to introduce Sam Parker's excellent article on our food system, I won't go into all the details of how we fought the Globalists to remain in business over the years to offer consumers an alternative to the commodity food industry.

But we were forced to leave the Philippines when we became too successful in selling coconut oil when local terrorists tried to kidnap me and my children in order to hold us for ransom, and then once we relocated in the U.S. I had to fight the FDA who accused us of selling "unapproved drugs" since they only allow their "approved" pharmaceutical products to make any kind of statements for curing disease.

But I have learned much about this industry the past 20 years, and I can vouch for the veracity of what Sam Parker writes here, and even though he does not provide references, most of this can be verified through independent research.

And the short summary of what he explains here is this: just a handful of companies control the bulk of the world's food, and if they want to turn off the faucet, they can, and it will result in massive starvation and death, and a drastic reduction of the world's population.

That is what Sam Parker fears, which is why he put the time into writing this. He has unmasked the Globalists who control the world through the food supply chain, and named names.

He writes: "Genocide is an intent of this system, not a side-effect."

You will definitely want to take the time to read this, and prepare accordingly.

The Global Food Cartel – Instrument for Starvation

by Sam Parker

[Behind the News Network](#)

The Control Apparatus

July 2021

The control of food for use as a weapon is an ancient practice. The House of Windsor inherited certain routes and infrastructure.

One finds the practice in ancient Babylon / Mesopotamia 4,000 years ago. In Greece, the cults of Apollo, Demeter, and Rhea-Cybele often controlled the shipment of grain and other food stuffs, through the temples. In Imperial Rome, the control of grain became the basis of the empire.

Rome was the centre. Conquered outlying colonies in Gaul, Brittany, Spain, Sicily, Egypt, North Africa, and the Mediterranean littoral had to ship grain to the noble Roman families, as taxes and tribute. Often the grain tax was greater than the land could bear, and areas of North Africa, for instance, were turned into dust bowls.

The evil city-state of Venice took over grain routes, particularly after the Fourth Crusade (1202-04). The main Venetian thirteenth century trading routes had their eastern termini in Constantinople, the ports of the Oltremare (which were the lands of the crusading States), and Alexandria, Egypt.

Goods from these ports were shipped to Venice, and from there made their way up the Po Valley to markets in Lombardy, or over the Alpine passes to the Rhône and into France. Eventually, Venetian trade extended to the Mongol empire in the East.

By the fifteenth century, although Venice was still very much a merchant empire, it had franchised some of its grain and other trade to the powerful Burgundian duchy, whose effective headquarters was Antwerp.

This empire, encompassing parts of France, extended from Amsterdam and Belgium to much of present-day Switzerland. From this Venetian-Lombard-Burgundian nexus, each of the food cartel's six leading grain companies was either founded, or inherited a substantial part of its operations today.

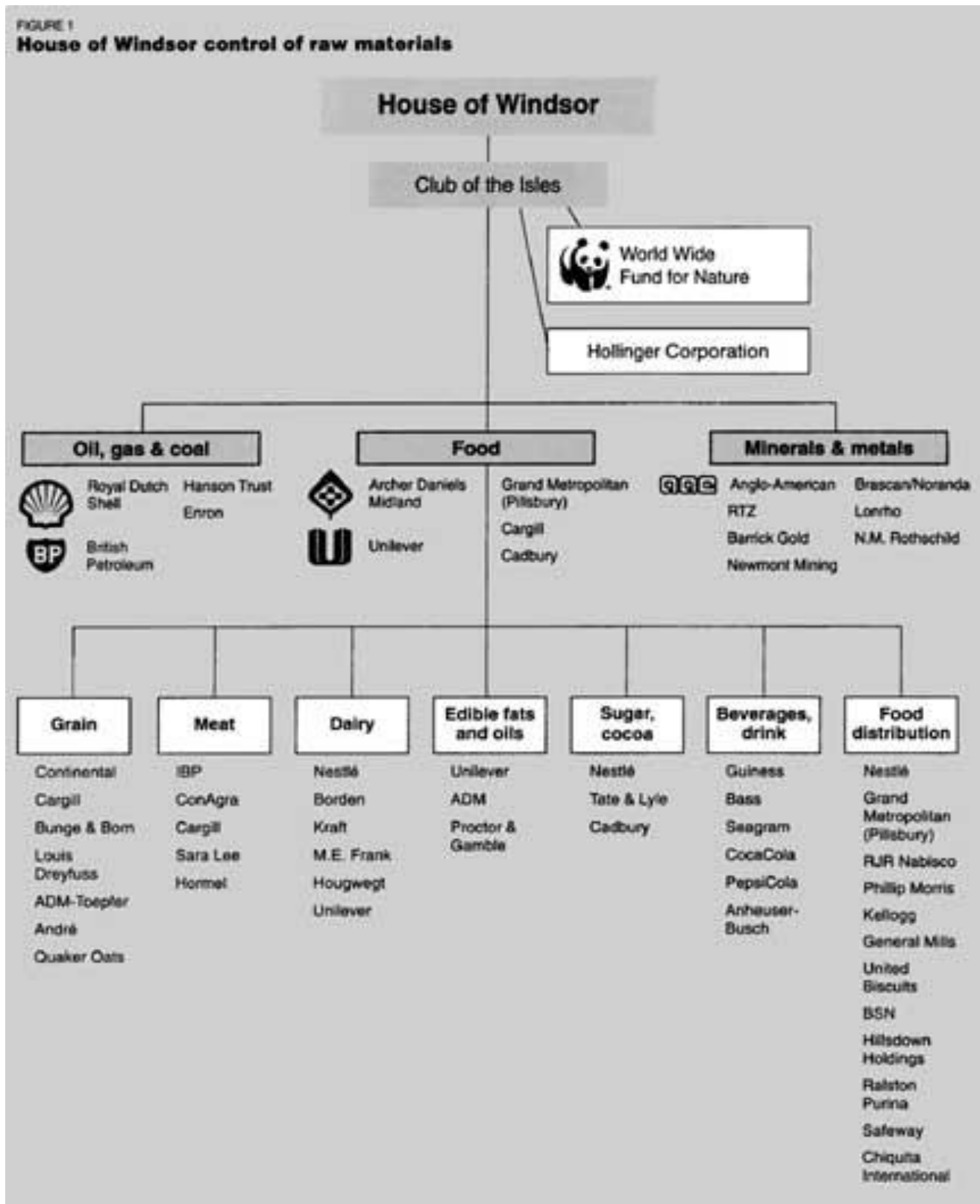
By the eighteenth and nineteenth centuries, the British Levant and East India companies had absorbed many of these Venetian operations. In the nineteenth century, the London-based Baltic Mercantile and Shipping Exchange became the world's leading instrument for contracting for and shipping grain.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (Rothschilds and Rockefellers).

Led by the six leading grain companies – this food and raw materials cartel has complete domination over the world's cereals and grains supplies, from wheat to oats and corn, from barley to sorghum and rye. But it also controls meat, dairy, edible oils and fats, fruits and vegetables, sugar, and all forms of spices.

Each year tens of millions die from the most elementary lack of their daily bread. This is the result of the work of the BAC cartel ("British-American Cartel"). And, as the ongoing financial collapse wipes out bloated speculative financial paper, the oligarchy has moved into hoarding, increasing its food and raw materials holdings. It is prepared to apply a tourniquet to food production and export supplies, not only to poor nations, but to advanced sector nations as well.

Today, food warfare is firmly under the control of London and New York. Today’s food companies were created by having had a section of this ancient set of Mesopotamian-Roman-Venetian-British food networks and infrastructure carved out for them.



The oligarchy has built up a single, integrated raw materials cartel, with three divisions – energy, raw materials, and increasingly scarce food supplies.

Figure 1 above represents the situation. At the top are the House of Windsor and Club of Isles. Right below are the principal control instruments of the Rothschilds – the Worldwide Fund for Nature – headed by Prince Phillip – which leads the world in ethnic conflicts and terrorism.

The firms within each cartel group are listed. While they maintain the fiction of being different corporate organisations, in reality this is one interlocking syndicate, with a common purpose and multiple overlapping boards of directors.

The oligarchy owns these cartels, and they are the instruments of power of the oligarchy, accumulated over centuries, for breaking nations' sovereignty.

Up to the 1940s, the share of international trade in grains was around 10 million tons. This was a substantial amount, but small compared to the levels of trade that would follow.

World War 2 ravaged the globe, creating mass hunger, especially in Eurasia, and what is today the Third World. Under the impetus of American programs such as "Food for Peace", the worldwide trade in grains shot up to 160 million tons by 1979.

Today, 2021, it is 515 million tons per year. In addition, tens of millions of other foodstuffs are traded each year.

It is proper for countries with grain, meat, dairy, and other surpluses to export them. But the cartel's four exporting regions were given pre-eminence in a brutal manner, while much of the rest of the world was thrust into enforced backwardness.

The 2 families (Rothschilds and Rockefellers) denied these nations seed, fertiliser, water management, electricity, rail transportation, that is, all the infrastructure and capital goods inputs needed to turn them into self-sufficient food producers.

These nations were reduced to the status of vassals: Either import from the cartel's export regions, or starve.

However, the food cartel also has control internationally. For example, outside of the US, the largest producer of soybeans and soybean products are Argentina and Brazil.

One of the Big Six grain companies, Bunge and Born, settled in Argentina in 1876, and accumulated plantations of hundreds of thousands of acres. In the second half of the twentieth century, it also moved into Brazil. Today, in Brazil and Argentina, Bunge and Born is a major force in soybeans and related products, along with Cargill, Louis Dreyfus and Continental.

Thus, the grain cartel dominates output everywhere. Further tightening the control are joint ventures, especially in the area of producing new strains of seeds and biotechnology.

Cargill, the world's largest grain exporter, through its Nutrena division, is also the biggest producer of animal feed and hybrid seed in the world. In 1998, Cargill announced a joint venture with Monsanto, one of the leading farm biotechnology firms.

Also in 1998, Novartis (the new company name for the 1996 merger of Swiss chemical giants CIBA-Geigy and Sandoz) formed a joint venture with Land O'Lakes, and through them, with ADM, for the development of specialty corn hybrids for food and feed markets.

Meanwhile, the food cartel reduced the export regions, which supposedly enjoy favoured status, to a state of servitude as well. During the last 4 decades, millions of farmers in the US, Europe, Canada, Australia, Argentina, Brazil, India and South Africa, have been wiped out.

This report will document, for the first time, the extent of concentration and control that the raw materials cartel exercises over both the international and domestic trade in food. It will look at the food cartel's international and domestic control over grain, milk, edible oils and fats, and meat.

This article will provide the names of the key forces in the cartels' control of the world's food supply.

The five privately held grain companies were carved out from the centuries-old Mesopotamian-Venetian-Burgundian-Swiss-Amsterdam grain route, which today extends around the world.

The Big Five are Cargill, Continental, Louis Dreyfus, Bunge and Born, and André Cargill Company, the world's largest grain company, is based in the Minneapolis, Minnesota suburb of Minnetonka.

It was founded by Scotsman William Cargill, in Conover, Iowa in 1865, and has been run, since the 1920s, by the billionaire MacMillan family. But the true nexus of Cargill is in Geneva, Switzerland, where Cargill's international trading arm, Tradax, Inc., is headquartered, having been established there in 1956.

Archer Daniels Midland's purchase of Töpfer, a Hamburg, Germany-based Grain Company, vastly increased ADM's presence in the world grain trade. Töpfer's trade is situated within the old Venice-Swiss-Amsterdam-Paris routes, and it has extensive business partnerships with the British Crown jewel, the Rothschild Bank.

The manner in which the grain cartel companies operate is highly secretive. All but ADM-Töpfer are private companies.

Profiles & Histories

Here are the strategic profiles of some of the key companies that constitute the food sector of the BAC cartel ("British-American Cartel"). The British have a far greater degree of control in the food business, due to its predecessor's involvement, dating back centuries.

Allied with various other European families and companies, the totality of the European food companies, the British companies effectively exert control over most of the European giants.

This is due to the fact that the Rothschilds have based themselves in London, since 1795, and from this base, managed to dominate European business and finance.

The US has come to the party late. But, since 1945, under Rockefeller patronage, the American companies have made great strides in the field of food. That is why the title "British-American Cartel," or BAC, for short.

The profiles confirm that through multiple forms of concentration, these companies dominate grain, dairy, meat, and other food production, and the processing and distribution system of food, all the way to the supermarket.

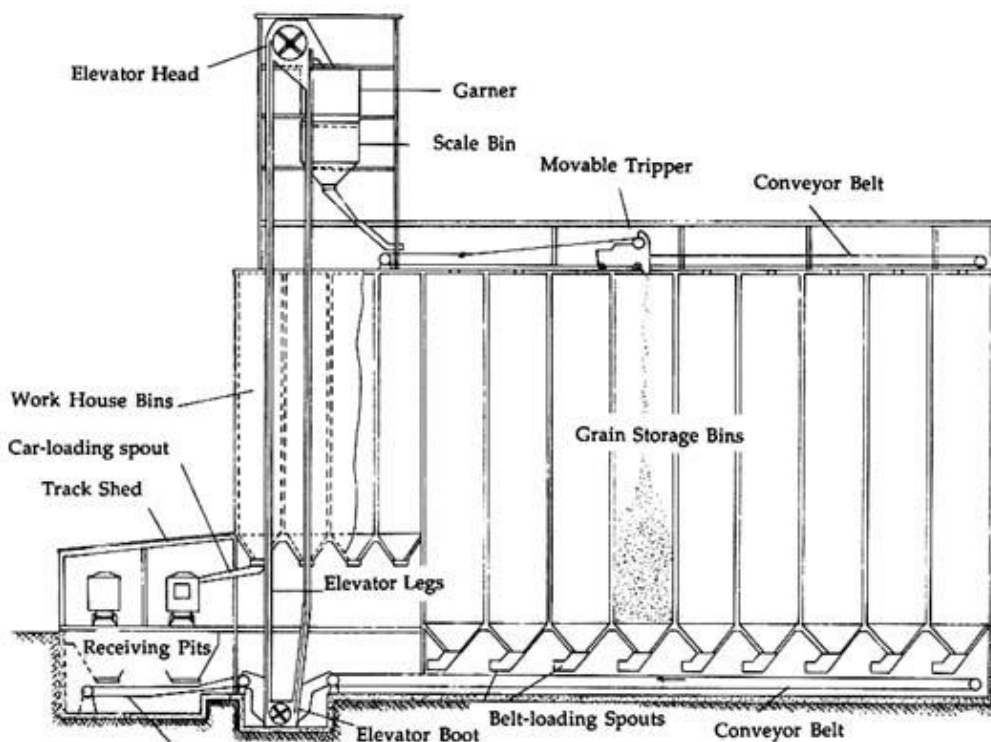
Very little food moves on the face of the Earth without the food cartel having a hand in it.

Cargill

Cargill raises 700,000 pigs, 14 million turkeys, and 500 million broiler chickens. In the US, it owns 440 barges, 16 towboats, 3 huge vessels that sail the Great Lakes, 22 ocean-going ships, 3,000 railroad hopper cars, and 3,500 tank cars.

Cargill and its subsidiaries operate 900 plants globally. It has 500 US offices, 300 foreign offices. It operates in 60 countries.

Shortly after the American Civil War, William Cargill, a Scottish immigrant sea merchant, bought his first grain elevator in Iowa. In 1870, with his brother Sam, William Cargill bought grain elevators all along the Southern Minnesota Railroad, at a time when Minnesota was becoming an important shipping route.



But Cargill's biggest break came when he bought elevators which went west along the line of James J Hill's Great Railroad Northern. Hiss was the business partner of Ned Harriman (father of Averell Harriman, and a front for William Rockefeller – brother of John D). Through a rebate system, and other arrangements, Hill's rail line builds the Cargill operation.

Twice during the 20th century, the Cargill firm nearly went under, and between 1909 and 1917, Cargill hovered on the brink of bankruptcy. The founder's daughter married John Macmillan.

William Rockefeller rescued the firm and designated Macmillan and his family to come in and reorganise Cargill. This was the period in which the Macmillan family started running Cargill.

Following the 1929 stock market crash, and ensuing Great Depression, Cargill nearly went bankrupt, but, this time was again rescued by the Rockefellers Chase Manhattan Bank. Chase sent its officer John Peterson to help run Cargill, and soon headed the firm.

Since then, the Rockefellers Chase bank has a stake in Cargill. With Rockefeller backing, Cargill began to expand.

Cargill has been repeatedly cited for "blending" – adding foreign matter to its grain. For example, an export contract may allow for 8% of the grain volume that a company is exporting to be foreign matter.

If Cargill's grain load is only 6% foreign matter, it will mix in dirt and gravel. A Cargill supervisor said, in July 1982, "If we've got a real clean load, we will make sure we hold it until we can mix it with something dirtier. Otherwise, we'd be throwing away money."

Cargill has expanded into every major crop and livestock on earth, in over 60 countries. It has also expanded into coal, steel (becoming America's 7th largest steel producer), waste disposals and metals.

Today, Cargill runs one of the 10 largest commodity brokerage firms in the US, trading on the Chicago and world markets. In 1995, Cargill bought the US business of Continental Grain. The combined Cargill and Macmillan families own 100% of the company's stock, with a combined net worth of some US\$15 billion.

Continental Grain

It is the second largest grain trader in the world. The combined Cargill-Continental nexus accounts for some 50-60% of the world's export share.

Continental processes and markets beef, pork, poultry, seafood, along with animal feeds and wheat flour. The company transports nearly 95 million tons of grains, oilseeds, rice, cotton, and energy products annually, an amount that exceeds the annual production of almost every country in the world. Continental owns a fleet of towboats and 500 river barges.

It owns over 1,500 hopper cars. It has offices and plants in 50 countries, on 6 continents.

Simon Fribourg founded the business as a commodity-trading company in Belgium, in 1813. Fifty years later, the Fribourg family went into milling, building mills in Luxembourg and Belgium, especially Antwerp, which, with its deep harbors and connections to the Rhine River, transported Fribourg flour and wheat to and from the rest of Europe.

By 1914, the heirs moved operations to London, to capitalise on the ability to trade grain internationally. In 1920, the headquarters moved to Paris.

Then, in the 1920s, the company opened offices in the US. During the Depression of the 1930s, the Continental Company made out like bandits.

The then head of the family, Jules, instructed his New York agent to buy Midwest grain elevators, which were at depressed prices, with the instructions, "Don't bother to look at them – just buy them." When the Nazi army invaded France in June 1940, the Fribourgs fled to America.

In 1969, the Fribourgs, working with the Cargill company, and through an agent of the grain cartel in the US Dept of Agriculture, Clarence Palmby, helped destroy the American merchant fleet, by convincing President Nixon that the "50-50" provision, by which half of all American grain exports had to be carried on American vessels, should be abolished, in order to land a large Russian grain order.

Almost all of the grain went on Russian-bottom boats. Various favours paid off, for, in 1973, the Russians rewarded Continental by making an unprecedented purchase from the company of 6 million tons of grain and soybeans.

In 1976, Continental was fined US\$500,000 for short-weighting ships. In the late 1970s, when Congo, or Zaire, which was very poor, was unable to pay its bills, Continental cut off food shipments to that starving nation.

In the 1970s, Continental became the first grain company to sell grain to China. The company is headed by Paul Fribourg. The Fribourg family own 100% of the company, and the family is worth some US\$4 billion.

Louis Drefuss

It is the number 1 French grain exporters, number 3 world grain exporter, number 4 US grain exporter, number 5 Argentine grain exporter, and so on. Louis Dreyfuss operates 57 vessels – bulk carriers, lakers, panamaxs, and chemical and LNG ships worldwide.

Leopold Louis Dreyfuss was born in France. In 1852, at age 19, he set up his wheat trading operations in Switzerland. He built mills and grain elevators throughout Europe, and by the end of the 19th century, he was marketing all types of grain, corn, barley, and other crops.

Louis Dreyfuss, although privately owned, is also a cooperative under French Law. It owns 49% of the coop UFC. Under this arrangement, UFC sells French grain exclusively for itself and Dreyfuss, both within the EU and other markets.

This allows Dreyfuss to obtain credit at low interest rates from the semi-official French bank – Credit Agricole, on terms that are not available to purely private companies.

Louis Dreyfuss also owns one of the largest private banks in France, the Dreyfuss Bank. The current head of the firm is Gerard Louis Dreyfuss. The Dreyfuss family is worth some US\$3 billion.

Bunge & Born

It is the largest Brazilian grain exporter, as well as a large exporter from Argentina and the US. Bunge operates 50 grain elevators in the US, and has a giant grain export elevator in Quebec City.

In 1750, in Amsterdam, the Bunge family had starting trading hides, spices, and rubber from Dutch overseas colonies. In 1850, Charles Bunge moved the family business to Antwerp, Belgium. Charles's two sons established a merchant dynasty straddling the Atlantic Ocean. With his brother-in-law George Born, Ernest established the firm Bunge and Born.

In 1897, a Jewish grain trader – Alfred Hirsh joined the firm in Buenos Aires. In 1927, Hirsh became president of Bunge and Born, holding that position for 30 years.

Hirsh and others at Bunge and Born accumulated millions of acres of land in the rich soil region of the pampas. The extent of the Bunge and Born domination of the Argentine economy was revealed in 1974, when the Montoneros terrorists kidnapped the heirs to the firm, Jorge and Juan Born, and held them for many months.

During the time the brothers were in captivity, they revealed that Bunge and Born not only dominated Argentina's agriculture, but also that the Bunge companies produced 40% of Argentina's paint, 35 % of its tin cans, 20% of its textiles, etc.

Argentine President Juan Peron attempted to suppress the power of Bunge and Born and other grain cartel companies in Argentina. When Peron became President for the first time in 1946, he moved to have the government buy the grain from the Argentine farmer and export it.

The profits were used to finance the industrialisation of Argentina. In 1948, he established the Institute for the Promotion of Trade (IAPI) to achieve this purpose.

However, the grain cartel companies, weakened by Peron's reforms, wanted him out of power. In 1955, Peron was deposed and the IAPI system he had set up was disbanded. When Peron returned to power in 1973, he established a National Grain Board for the same purpose.

Again, Peron was fiercely opposed by the grain cartel companies. He died in 1974, and was succeeded by his wife, Evita. In 1976, Evita Peron was overthrown. The National Grain Board was disbanded, and control of grain and meat exports was returned to the private grain companies.

In the meantime, Bunge had diversified a large share of its capital into Brazil and the US. However, the power of Bunge and Born is still strong in Argentine. The Born and Hirsh families, which run Bunge and Born today, are each conservatively estimated to be worth a billion dollars.

Andre

It is the number 1 South African grain exporter, and the 5th largest grain exporter in the world.

It was founded in 1877 by George Andre in Switzerland. He imported wheat from Russia for pasta. In 1937, Frederic Hediger went to the US and founded Garnac, using money from George Andre.

Garnac became a subsidiary of the Andre Holding Company. During the 1970s, after an embargo had been placed on the commercial activities of what was then Rhodesia (now Zimbabwe), Andre helped sell Rhodesian grain on world markets through illegal channels. After Andre's death, in 1942, his three sons inherited the company. The Andre family is conservatively estimated to be worth more than US\$2 billion.

Archer Daniels Midland / Topfer

It is the 6th largest world grain exporter, with 9% of the market. It is also the number 1 US soybean crusher, with an estimated 40% of the market. It is also the no 1 producer of ethanol, the number 2 US flour miller, and more. ADM/Topfer makes enough flour to bake 16 billion loaves of bread and enough soybean meal to feed 14 billion broiler chickens – twice as many broilers as the US produces.

In 1878, Jon Daniels began crushing flaxseed to produce linseed oil and in 1920 formed the Daniels Linseed Company. George Archer, another experienced flaxseed crusher joined the company in 1903. In 1923, the company bought Midlands Products and adopted the name Archer Daniels Midland (ADM).

ADM purchased a 50% stake in Topfer International, one of the most powerful second-tier grain cartel companies. This purchase also works the other way, with the older Hamburg-based Topfer Company, with extensive roots in Europe, exercising an influence over ADM.

The Topfer Co has an over 70% equity position in two French firms – Compagnie Europeene des Cereales and G. Muller. The remaining shares in these companies are held by the Rothschild Group in France. These two French companies own 10 large grain elevators in France and Germany.

The head of ADM in the 1980s was Andreas, who regularly contributed between US\$50,000 and US\$100,000 a year to the organised crime-linked Anti-Defamation League of the B'nai B'rith.

ConAgra

It is the number 1 US flour miller, number 1 US sheep slaughter, number 2 US beef and pork slaughter, among other things.

Conagra was founded in Nebraska in 1919 as Consolidated Mills, a grain processor (the name was changed to ConAgra in 1971). In 1982, ConaGra bought the Peavey Company, along with its

Minneapolis confederates, the Pillsbury and Washburn families dominated the milling of American flour.

This immediately made ConaGra America's largest flour miller. This was followed by a slew of purchases in the meatpacking industry.

IBP

It is the number 1 US beef and pork slaughterer. IBP is the largest butcher in the world, accounting for 14% of the US total. Japan, which consumes half of all US meat exports, is a major market for IBP.

It was formed in 1960 by A. Anderson and C. Holman, as Iowa Beef Processors. IBP makes money by driving down the wages of its workforce, and the price of beef paid to farmers.

Nestle

It is the number 1 world food company, number 1 world trader in dry milk powder, condensed milk, seller of chocolate and confectionary products, and the number 1 seller of mineral water, and number 3 US coffee firm. Nestle has 500 manufacturing plants on 6 continents.

In 1866 in Cham, Switzerland, Charles Page founded the Anglo-Swiss Condensed Milk Co. In 1867, in nearby Vevey, Henri Nestle founded Farine Lactee Henri Nestle. In 1905, Nestle and the Anglo-Swiss Condensed Milk Company merged.

In 1922, a banker, Louis Dapples, took over management of the company, and eventually became chairman of Nestle. Over the next 90-odd years, Nestle made one takeover after another, especially during the past two decades. It controls the export of powdered milk to the developing sector.

Nestle also owns Alcon eye products, and 26% of L'Oreal, the world's largest shampoo and cosmetics company. It is controlled by the Rothschild Group.

Its board of directors serves as a retirement home for central bank heads (those central banks that are under Rothschild ownership, such as the central banks of European countries, and the BIS).

Unilever

It is the number 1 world producer of ice cream, and margarine, and one of the top five world exporters of dry milk powder, the number 1 European tea seller, the number 2 world producer of soaps and detergents, and one of the top five world crushers of palm oil, and one of the world's largest producers of olive oil.

In 1885, Englishman William Lever and his brother formed Lever Brothers. It produces Lifebuoy, Lux, Rinso, and Sunlight soaps. In the Netherlands, rival butter-makers, Jurgens and Van den Burgh were pioneers in margarine production.

In 1927, they created the Margarine Union, a cartel that owned the European market. In 1930, the Margarine Union and Lever Brothers merged, forming Unilever.

Both Unilever and Royal Dutch Shell are corporate entities that express the joint interests of the Anglo-Dutch monarchies, as well as the Rothschild Group.

Philip Morris

It is the number 2 world food company, number 1 US Food Company.

In 1847, Philip Morris opened a London tobacco store, and by 1854 he was making his own cigarettes. In 1919, US financier George Whelan purchased the rights to market Philip Morris brands such as Marlboro.

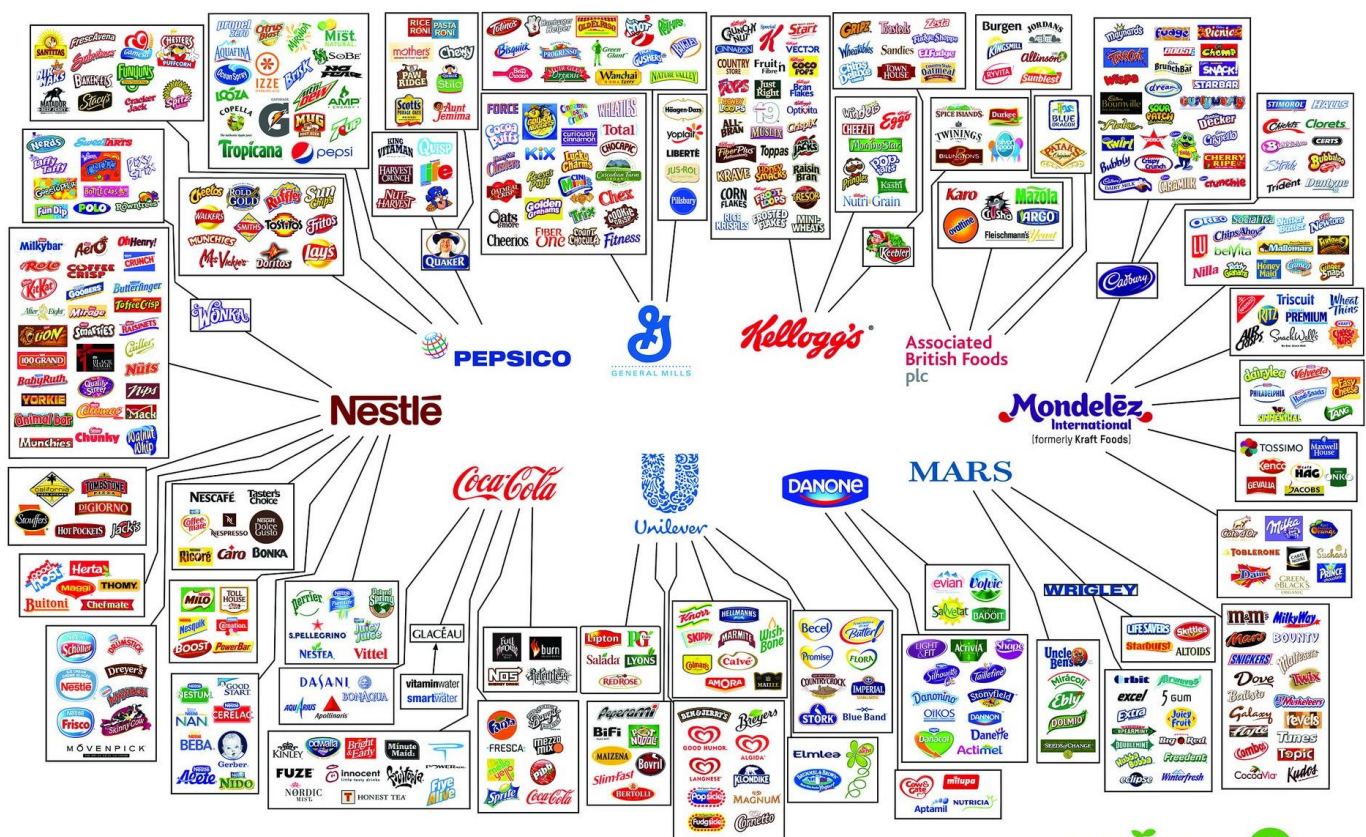
Ten years later, Whelan’s successor began manufacturing the cigarettes in Richmond, Virginia. In 1985, Philip Morris bought General Foods; in 1988, it acquired Kraft Foods. Philip Morris is one of the largest cigarette smugglers in the world, both for sale and as barter for other illegal goods. It is also one of the world’s largest marijuana dealers.

Major US Food Companies

It has been extremely difficult to gather information on the grain cartel companies, as they are privately-owned. It was easier to gather information on US companies, as most of them are public companies.

Here is a list of the other major food companies. Most of these are within the Rockefeller orbit. These include Coca Cola, PepsiCo, Mars, Walmart (acts as a distribution entity). This is just to name a few.

Below is a partial list of a few of the world’s largest food companies. Grain companies are excluded.



MARS

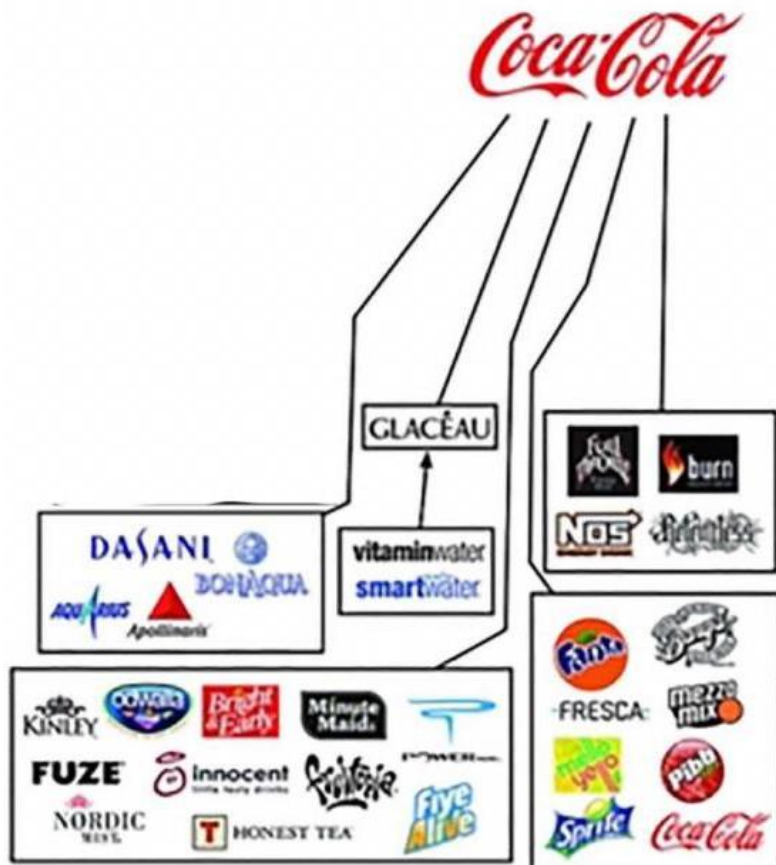
WRIGLEY

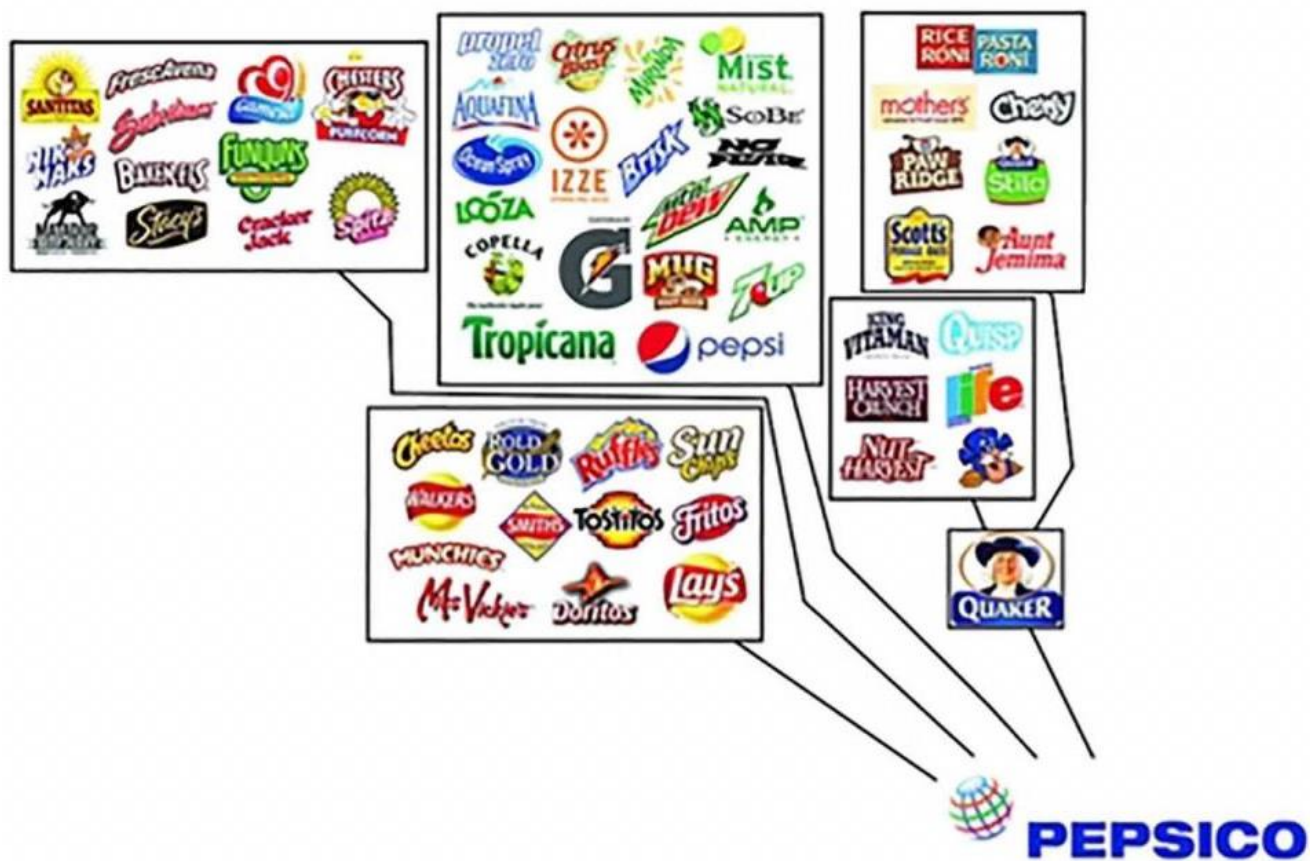


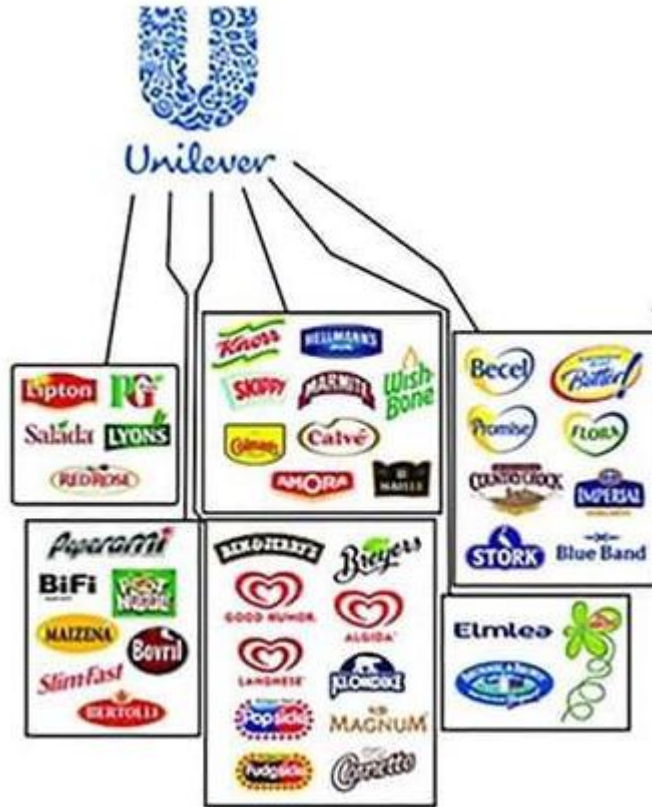
DANONE











Associated
British Foods
plc



Mondolez, Nestle, Associated Biscuits and Unilever are **Rothschild**-controlled entities. Pepsico, Coca Cola, Mars, Kellogg's, Phillip Morris, Kraft Foods, General Milling, Grand Metropolitan-Pillsbury and RJR-Nabisco are part of the **Rockefeller** Group.

The main alcoholic companies are all within the Rothschild bloc, such as SAB Miller, as well as the groups, such as wine, champagne, whisky, scotch, etc. Most of these premium brands are based in Scotland and France.

Concentration in four food groups

Grains and grain products, milk and dairy products, edible oils and fats, and meat provide the majority of the intake of calories, as well as proteins and vitamins, which keeps the human species alive. Grain and grain products can be consumed as animal feed, and directly for human consumption, sometimes in grain form, but often in a milled form, such as in bread, rotis and tortillas.

The big six leading grain cartel companies are Cargill (New York), Continental (New York), Paris-based Louis Dreyfus, Brazil and Netherlands-based Bunge and Born, Swiss-based Andre, and US and German-based Archer Daniels Midland/Topfer. The first five of these companies are privately owned and run by billionaire families. They issue no public stock, nor annual report.

They are more secretive than any oil company, bank, or government intelligence agency.

Just two of these companies, Cargill and Continental, control 45-50% of the world's grain trade.

Domestic Markets

The cartel exercises an iron hand over the domestic agricultural economies of nations, especially those that comprise the four export source regions of the food cartel. This is exercised through the processing industries: If one controls the processing industries, one controls domestic trade.

Except for use as animal feed, corn, wheat and soybean cannot be eaten in their unrefined form. The grain or soybean must be processed. The same is true for meat, which must be slaughtered and cut, before it is fit for human consumption.

This is where the processing / milling industries, in the case of grains and soybeans, and the packing / slaughtering houses, in the case of meat come in. Taking America as the test case, in order to make the case generally, one can see the cartel's domination is about 90% of milling capacity.

In 1979, the top four millers controlled 41% of the industry. Today, they control 92%!

Finally, four of the six leading grain cartel companies own 64% of America's grain elevator storage capacity. However, this figure is deceptive. Many of the grain elevators are in local areas, where there is a substantial degree of individual or cooperative ownership.

When one gets to regional grain elevators, the grain cartel's ownership percentage is much higher. And at ports, where grain is trans-shipped, the same four grain cartels own 89% of all grain facilities. A farmer must sell his grain either to a grain elevator or, in the rarer case where he can afford transport, to a grain miller.

In either case, it is grain Cartel Company to which he must sell. By this process, the grain cartel sets the price to the farmer – at the lowest levels possible.

Much of their workings are shrouded in mystery, because they release little information to the public. People who have attempted to write books about the grain companies have spent years without getting a single interview from any of the reigning grain company families.

Unlike many American companies, where the founding family has long since departed the scene, such as in the case of Morgan bank or Chrysler Corp., the grain cartel companies are run by the same families that have run them for centuries. The inter-married MacMillan and Cargill families run Cargill; the Fribourg family runs Continental; the Louis Dreyfus family runs Louis Dreyfus; the André family runs André; and the Hirsch and Born families run Bunge and Born.

While evading taxes and inspection, Cargill also uses its network to move large shipments of goods anywhere on the globe, on split-second notice. It has an in-house intelligence service that matches the CIA's: It uses global communication satellites, weather-sensing satellites, a database that utilises 7,000 primary sources of intelligence, several hundred field offices, etc.

Cargill is representative of all of the grain companies, and a brief examination of it gives insight into all the others. Cargill, which had US\$101 billion in annual sales in 2014, has a dominant position in many aspects of the world food trade. It is the world's and the United States' number-one grain exporter, and has a market share of 25-30% in each of several commodities.

It is the world's number-one cotton trader; the number-one U.S. owner of grain elevators (340); the number-one U.S. manufacturer of corn-based, high-protein animal feeds (through subsidiary Nutrena

Mills); the number-two U.S. wet corn miller and U.S. soybean crusher; the number-two Argentine grain exporter (10% of market); the number-three U.S. flour miller (18% of market), U.S. meatpacker (18% of market), U.S. pork packer / slaughterer, and U.S. commercial animal feeder; the number-three French grain exporter (15-18% of the market); and the number-six U.S. turkey producer.

It also has a fleet of 420 barges, 11 towboats, 2 huge vessels that sail the Great Lakes, 12 ocean-going ships, 2,000 railroad hopper cars, and 2,000 tank cars. Cargill has been able to place its people in top posts around the world. Today, Cargill Company is privately owned and run by the MacMillan family. The MacMillan family's collective wealth, sits at US\$15.1 billion.

The food cartel continues to consolidate its worldwide control in the face of the oncoming financial disintegration. In the past 30 years, the food cartel has bought up many milling-processing plants and bakeries throughout the former Soviet Union and East bloc, bringing these nations under tight food control.

The food cartel has also built up its control, in the food distribution industries, through such combines as Philip Morris, Grand Metropolitan-Pillsbury, and KKR-RJR-Nabisco-Borden; i.e. Philip Morris, which owns Kraft Foods, General Foods (Post cereals), the Miller Brewing Company, and a host of other brand names.

The food cartel's power must be broken. But the Anglo-Dutch-Swiss-American cartel is playing for high stakes—the ability to constrain the supply of raw materials, and above all, food, to turn back the clock of history, and reduce mankind from the 8 billion population (2022) it currently enjoys' to the state of a few hundred million semi-literate souls scratching out a bare existence. That assault cannot be fought timidly.

The full truth about the food cartel must be known.

Alongside the hyper-speculation in food and related commodities that must be stopped urgently, there is a related feature of the food crisis to be eliminated: the now-extreme globalisation of the food chain.

This has come about under the control of a select few commodities and logistics cartels, operating above and against national governments and the interests of their populations. Nations have been forced into dependence on food from hundreds and thousands of miles away; now it isn't there to be had.

Genocide is an intent of this system, not a side-effect.

Governments and financiers today, prominently including Federal Reserve chairman, is notorious for saying that the current spike in food prices, and the growing shortfalls are simply a result of “increased demand,” i.e., “market forces.”

They are maliciously lying.

What “markets”? The way it works is that these cartel companies' activities and practices are what is meant when “the markets” are cited.

The companies are, in fact, the hard-product wing of the financial interests; best called the neo-British Empire, and since the late 1940s, joined by the American faction.

Read the full article (this is the second of a 3-part series) at [Behind the News Network](#).

Past articles on *Health Impact News* that deal with this topic:

This document calibrates overall as true – on the Map of Consciousness it calibrates 405.

FRESH is BEST!



INTERNATIONAL FINANCIAL INSTITUTION (IFI) Action Plan to address Food Insecurity
<https://home.treasury.gov/news/press-releases/jy0792> 18 May 2022

**INTERNATIONAL FINANCIAL INSTITUTION (IFI) ACTION PLAN TO
ADDRESS FOOD INSECURITY**

Collectively prepared by the following institutions: the African Development Bank, the Asian Development Bank, the European Bank for Reconstruction and Development, the Inter-American Development Bank, the International Fund for Agricultural Development, the International Monetary Fund, and the World Bank Group.



AFRICAN DEVELOPMENT BANK GROUP
GROUPE DE LA BANQUE AFRICAINE
DE DEVELOPPEMENT



Investing in rural people



Critical ‘oversights’ of the plan include, amongst others, the following:

- What are the critical drivers of the localised food shortages?
- Why is there surplus to need food for the whole population yet distribution is not addressing localised shortages?
- Why cannot food surpluses of some regions be relocated to areas in short supply?
- Why is a ‘planned’ reduction in population due to being considered ‘surplus to needs’ being set up to starve people to death?
- Who are the key influencers from within the seven contributing institutions to this report? What are their backgrounds? Who do they ultimately report to? What is their personal agenda?
- Why is this report ultimately on behalf of the major families that dominate world food distribution?
- Why is this report not a road map for global food security and not just a series of mediocre bandaid loan facilities that are inadequate to achieve anything that is sustainable, let alone constructive to long term solutions?

WHY!?

GLOBAL INFRASTRUCTURE FUNDING:

<https://www.quora.com/>

Huijian Wu, CTO (2005-present)

26 June 2021

MSc in Mathematics and Applied Mathematics, MSc in Finance, LL.M.

Why do many countries prefer to loan from China and not the World Bank or IMF even if the Chinese loans are often more expensive?

On the face of it, interest rates on Chinese loans are typically around 1-2% with a five year grace period and a term of up to 20 years. The World Bank offers loans to developing countries at a fixed interest rate of 1.54%, with a grace period of 10 years and a maturity of 40 years.



But this has to be seen in the aggregate. China's foreign loans are generally for infrastructure, and these infrastructure projects are usually arranged for Chinese companies to carry out.

Here an interesting thing arises, because Chinese companies build efficiently and quickly, so the result is lower construction costs.

For example, for the same railway, if China goes to build it, the price might be US\$50 million per kilometre, whereas if Japan

goes to build it, the price might be US\$100 million. If Europe were to build it, it might cost US\$200 million.

So let's think about it, if it's a railway like this and it's built for 200 kilometres. To get a loan from China, it would only cost US\$10 billion. Get a loan from Japan, it would cost US\$20 billion. And to get a loan from Europe, it would cost US\$ 40 billion.

Well, here's the question. Do you think it is better to ask China for a loan of US\$10 billion? Or is it better to borrow US\$20 billion from Japan? Or would it be better to borrow US\$40 billion from Europe?

This does not include the time taken to build the project.

It is possible that a project that can be built by a Chinese company in 3 years will take 5 years in Japan and 10 years in Europe. This construction time is well documented.

Which is more appropriate?

Think about it, borrow \$10 billion from China and then in 3 years you can start to have income and repay the loan.

Borrow \$20 billion from Japan and then in 5 years you can start to have income and repay the loan.

Borrow \$40 billion from Europe and then in 10 years you can start to have an income and repay the loan.

Even if the interest rates in China were twice as high, it would still be more cost effective.

That's the truth.

I read the most incredible views in the comments, where a friend from Africa accused Chinese construction projects, why they don't employ a lot of African workers, why they don't pay African workers the same wages as Chinese workers, and he said it was discriminatory and unfriendly to Africa.

I just want to make two simple points.

1. If Chinese projects in Africa employ a large number of African workers, then a project that could have been completed by Chinese workers in three years might not be completed by African workers in 30 years.

2. If China pays African workers according to Chinese workers' standards, then the cost of the project will increase at least tens of times.

Finally, who will bear this cost?

WHY!?

Critical 'oversights' of funding may include, amongst others, the following:

- Engagement with the local population in proximity with the infrastructure project.
- ALL such infrastructure projects are for the people and are needed to be by the people.
- Skill shortages to deliver the project need to be addressed by having local people taught the skills necessary to deliver the trades and services for their community and nation from the experience. Trained on the job by outside skilled people as part of the project delivery program.
- During the delivery of an infrastructure project, local people need to be empowered with experience and training to not only assist in the delivery of the project but also in the ongoing maintenance of the project and similar infrastructure delivery around the country.
- Life is all about our experiences and the feelings that arise from our experiences. We are to express all that we feel from our experiences. We are feeling personalities. We are not to continue to be mind-centric robotic zombies living in a stupor worshipping money and our minds – we are to be feeling expressive, responsive and intuitive personalities growing from our experiences and truth.
- We are to make a great u-turn in how we live and re-assess our needs and way of living.

Part 6

Worldwide GDP for 2021 was US\$95 Trillion of which 5.3% was spent on education or US\$5 Trillion.

Humanitarian expenditure worldwide did not reach US\$50 Billion in 2021.

Total military expenditure worldwide in 2021 was US\$2 Trillion.

STATE OF DEMOCRACY



DRUNK, HIGH & DRUGGED
ZOMBIES

DEMOCRACY HAS BEEN HIJACKED!

9 May 2022

DEMOCRACY

We often express being proud to belong to a free and democratic society. But what does that mean?

We freely elect a representative from within our community to represent us, each of us, in the highest levels of government of our land. We typically know little about this person yet we assign full authority to him or her over our family and ourselves through the mark we make on a small ballot paper!

On a federal government level we are formed into electoral divisions of around 170,000 people (adults and their children) of which a little over 100,000 may vote, being those who being eligible and register to vote for a candidate.

The candidate who gets the majority of votes (preferential voting) gets to go to parliament to represent us. Thus half of the voters are immediately disenfranchised because they voted for a losing cabinet.

Then of those who get to go to parliament, nearly half of them are in opposition needing to sit out the term of the election to run again and hopefully be in a majority that then governs.

Of those in the majority, two thirds find themselves in the back bench as a special cabinet is elected out of the winning majority group thus disenfranchising even more of the electorate.

Then out of this privileged cabinet, they elect a leader who appears to be all things to all people – but seldom is. There is no consideration of the skills, experience and consciousness levels of candidates.

As for the inner circle of the cabinet of around 24 elected representatives, they are assigned ‘portfolios’ that they have little experience with. It takes you and me most of our lives to learn our special trade and professions, yet these few people are given authority through a ‘portfolio’ to administer for a nation’s population of many millions. Some do excel at their appointment – only then to be reassigned to another portfolio.

The public is never made aware of the gross unseen manipulation of the nation’s finances, health, education, defences, social services systems, justice, public works, etc., that hidden controllers manipulate with impunity. If a cabinet member begins to encroach upon their domain and control, then they are re-assigned to another portfolio and a novice is appointed in their place. This pattern unfolds, time and time again, all around the world. This pattern of control unfolds through secret societies who are in turn controlled by a much smaller group of privileged families.

But before we get to parliament, let us look at the hidden control on how candidates are chosen to run for election, well before we get to know who they might be and then consider voting them in.

Remember, this is the ‘democracy’ of the so-called free world.

Two platforms that we consider when we engage executives to lead our businesses and corporations. We seek out experienced skilled people who have high integrity and personality that are conducive to deliver the outcomes beneficial for all concerned, including for themselves, but most importantly for all the people that they will have responsibility for – in political appoints, it is firstly for the electorate and then for the whole of nation in regards to any portfolio they may be assigned.

The second platform is leadership qualification. As we are introducing Dr David R Hawkins’ Map of Consciousness and that through kinesiography muscle testing, we can calibrate each and every candidate as to their personal consciousness level – at anytime, anywhere they may be – and leadership benchmark

is at 400 on the Map of Consciousness scale, being the lowest point of Reason on the scale that is based on the common log of 10. A one point increase is a tenfold increase in energy. Thus, no political representative nominee should be considered that calibrates below 400 on the MoC.

Kindly consider www.pascashealth.com Library Download page, scroll down to Medical, open:

 [Pascas Care Kinesiology Personality Traits.pdf](#)

 [Pascas Care Kinesiology Testing.pdf](#)

The overall calibration of the population of Australia is 410. Our political representatives should be considered the elite of leadership for the nation and calibrate above the norm for the nation. They presently do not. Even those who find themselves in the inner circle of the cabinet and shadow cabinet do not calibrate at or above the norm for the whole population of Australia. As per the chart that follows, the two cabinet groups calibrate on average at 390. The back benchers are even lower – those being not invited into the cabinet of the winner group or the opposition group leadership.

As Australia presently elects 151 members for the House of Representatives and 76 for the Senate then why not have all of them with appropriate capabilities do what they are elected to do – represent their constituents? Why have parties to group them into packages that then can have them sidelined for the term that they are elected for? All those elected should be provided with the freedom to vote as they feel appropriate without the dictates of party lines determined by authorities that are not necessarily ever elected – paid party officials pulling the strings on behalf of hidden controllers and other influencers.

John (the typist), when being a professional accountant in public practice asked six of his clients – at separate times – why they were politicians. He did this privately. They each answered the same way – for the kickbacks. They were not politicians for their constituents, they were after what they could personally gain from their positions of power for their own greed.

Recently, John worked with a party who has aspirations to gain a high political position within the nation he originates from. Without going into detail, basically built into the documentation being assembled, there may have been around twenty ways that he had built in the means to graft out ‘kickbacks’ in what was being assembled for the ‘benefit’ of his people. The arrogance of the candidate left no doubt as to his intent. Dialogue was discontinued.

So, why are candidates of such low capability and calibration being presented to the electorates? Yet when we engage executives we only consider the most professional and capable person possible? Why do we accept these impositions?

The system, in this case being democracy, is designed to keep the populace from evolving, from blossoming into the potential that we all have within each of us, from recognising and freeing ourselves from the suppression that we each are subjected to from the moment of our conception. This has all been imposed upon each of us by unseen controllers for aeons and now we are all beginning to comprehend what we are being subjected to – now we can change it.

Leadership commences at the level of Reason on the Map of Consciousness – that is 400 MoC. Most candidates fail miserably on these calibrations, yet the elections mainly are for these nominees who we each would not even consider employing within our enterprises.

This is how the hidden controllers want it. Incompetent and incapable leadership, then divide them up – half opposing the other half, then divide the winning half into a small inner circle – cabinet – and then put the ‘elite’ into portfolios of incompetence. If a star begins to impinge upon the hidden control then

move that person to a position of incompetence. It is ever so easy to have false accusations surface for any member of parliament who might become difficult to manage and even end their career.

Presently, only around 20% of the cabinet members, both in the leadership and shadow cabinets, calibrate 400 or higher on the Map of Consciousness. Neither of the leaders of the party in power and the party in opposition calibrate at the average of the elected representatives or even above.

This is democracy for you – and it is considered the best of all the systems.

We can change it:

- No parties – everyone is independent.
- Those elected are not formed into leadership and opposition groups.
- All those elected are free to vote as they feel appropriate.
- No opposition party or parties. All members of parliament can freely vote.
- Cabinet and leadership drawn from the most capable of ALL those elected to parliament.
- Candidates for election must calibrate 400 or higher.
- Candidates must outline their special skills and their desires for their constituents / electorate.
- Articulate policy – these to also be calibrated, as a whole and each part individually.
- Those who are elected to be the leaders of all the elected members of parliament are from those calibrating 440 or higher.

An outside Council of Elders without any political alignment may be formed from those calibrating 470 or higher from the population to provide guidance to the parliament on behalf of all the people of the nation.

Not only all autocratic ‘governments’ to be rejected by their oppressed people of those nations but all systems established during the era of the Rebellion and Default are to be dismantled by the people and The NEW WAY be brought into being. This means nothing will remain as it has been.

Presently, most governments around the world are of consciousness levels lower than the overall consciousness of each nations people’s consciousness, thus retarding the potential of the people, perpetuating their zombiistic life and having them live in a stupor, all kowtowing to the dictates of hidden controllers, including, unknowingly, these elected governmental officials.

GOVERNMENTAL RESTRAINT upon its PEOPLE					
Nation	Map of Consciousness (MoC)	Population Number (2021)	Parliament	MoC (2021)	Elected Number
Australia	410	25,500,000	Federal Parliament Senate (upper house) Representatives (lower)	380 380 380	227 76 151
China	305	1,440,000,000	Politburo Standing Committee Politburo Central Committee Congress	280 285 290 295	7 24 200 2,000
European Union	380	446,156,000	Parliament	335	705
India	370	1,380,000,000	Parliament Council of States (upper) House of People (lower)	400 410 390	788 245 543
Russia	320	146,000,000	Federal Assembly Federation Council (upper) State Duma (lower)	305 310 300	620 170 450
Ukraine	225	43,750,000	Verkhovna Rada	300	450
United Kingdom	420	68,000,000	Parliament UK House of Lords UK House of Commons	390 380 400	1,433 783 650
United States of America	405	331,000,000	USA Congress Senate House of Representatives	380 365 390	535 100 435
World overall	220	7,910,000,000			

Amazingly, the political systems imposed upon every nation retard the potential of and for leadership. Political nominees and systems continue to be orchestrated to suppress the potential and growth of the people for the benefit of the few hidden controllers. The feudal systems of years gone by imposed hereditary ego-centric leadership that was assured generation after generation without any regard for the advancement of the people. Monarchist leaders may appear to be informed, educated, but were mostly shows of concentration of wealth that should have been shared amongst the population. Now, we have gatherings of elected representatives that are focused upon ‘what is in it for me’ – the kings and queens of kickbacks! Governmental systems are nothing more than the rebadging of centralising of control, power and wealth for the few, whilst the many are enslaved to their power corruption and greed. Inferior political appointees of inadequate consciousness development are eventually entrapped into the manipulations of hidden controllers.

hidden controllers

Constituents from within electorate areas ‘nominate’ candidates without comprehending the candidates inadequacies – morally and professionally. Candidates are split into opposing parties. The winning majority then have these incapables elect from within themselves, their inner circle, being a cabinet who are said to be the elite from within amongst the inadequate. Then the cabinet elects a leader who essentially is the dictator of the nation until the people wake-up and elect a different group of incapables. Meanwhile, the nation stagnates and the cycle goes around once more. Consideration can embrace the need for no party allegiances after selecting highly professional candidates in the same manner that corporations appoint high level executives while only considering those whose Map of Consciousness (MoC) calibration being above 440.

NATIONS of the WORLD in CONFLICT		
NATION OVERALL:	UKRAINE	RUSSIA
Level on Map of Consciousness (MoC) 2021	225	320
Population	43,750,000	146,000,000
Life Expectancy Years 2021	72.5	73
Medium Age of Population 2021	40.6	39.6
Political Rights & Civil Liberties 2021	60 partly free	20 not free
Human Development Index 2021	0.779	0.824
Happiness Index 2021	4.9	5.5
Education Index 2019	0.799	0.823
Per Capital Income IMF USD PPP 2021	\$13,950	\$29,500
PARLIAMENT:	MoC	MoC
Verkhovna Rada / Federal Assembly	300	305
Upper House		310
Lower House		300
President	Volodymyr Zelenskyy	Vladimir Putin
Level of Consciousness MoC	400	360
Application of energy engaged	POWER	FORCE

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Mostly, the elected representatives are not of the consciousness level of the people overall. The leadership of a country is typically put in the hands of those who do not even have the capabilities of the population overall. And as you look further into the inner circle of the leadership, the situation deteriorates. If elected leaders do show initiative and capability in their elected portfolio then they are shifted to new portfolios so that they may fail and not threaten the inner sanctums of control.

In application to international relations, it is important to realise there is often a wide disparity between a country's populace, its leaders, its actual government operations, and its diplomatic representatives. Adequate research and diagnosis of international situations can prevent the repetition of catastrophes of the past that cost the lives of millions of people. This is glaringly obvious when you understand that for decades USA through NATO has been coercing and militarising Ukraine to be the frontline and bridge into Russia, that China will move to consume Taiwan having done so with Hong Kong, that Iran may seek to obliterate Israel. Little is understood of President Donald Trump endeavours to fund North Korea into economic prosperity in return for it becoming a confrontational front to China for the USA.

Leadership is best to be bestowed upon those who calibrate 470 or over on the Map of Consciousness (MoC). Coincidentally, the financial viability of the most progressive corporations and the most employee friendly work environments are those with leadership calibrating well above 400 on the MoC – these are few and far between. Consequently, it is those countries that have their leader's calibration at 440 MoC, if not higher, these are the most vibrant, progressive and stable. Further, political candidates need to qualify for preselection only if they are calibrating well over 400 before standing for election. If they do not calibrate within the zone of Reason on the MoC (400 – 499), it is pointless to consider candidates who calibrate below. The process of calibration takes only a few moments and multiple people can carry out the calibration of each candidate to confirm reliability of the kinesiology calibration.

Adolf Hitler calibrated at 430 MoC throughout his early political career. Adolph Hitler assembled the greatest military machine the world had ever seen. On the simple level of force, his military was unbeatable; yet he could not defeat a tiny island nation across the English Channel because the power expressed by Winston Churchill, who unified the will of his people through principles of freedom and selfless sacrifice. Churchill stood for power, Hitler for force. When the two meet, power always eventually succeeds; in the long run, if it is deeply founded in the will of the people, power is immune to force. Winston Churchill calibrated at 510 MoC. When Hitler suicided at the end of World War II, his consciousness level had degraded to 40 MoC. (Truth vs Falsehood and Power vs Force, both by Dr David R Hawkins).

Interestingly, similar circumstances are unfolding now, in March 2022, with President Vladimir Putin (MoC 360), having commenced invasion of Ukraine on 24 February 2022, is applying force upon the people of Ukraine which is led by President Volodymyr Zelenskyy (MoC 400) who is responding through his people with power. Interestingly, research of a number of wars and the leadership of both sides, it has been the leader calibrating the highest that has always prevailed – eventually!

How is it that we are each so retarded?

Wayward high level leadership of Earth's humanity has cleverly crafted and institutionalised systems that impede every aspect of our living. This has been so for the past 200,000 years.

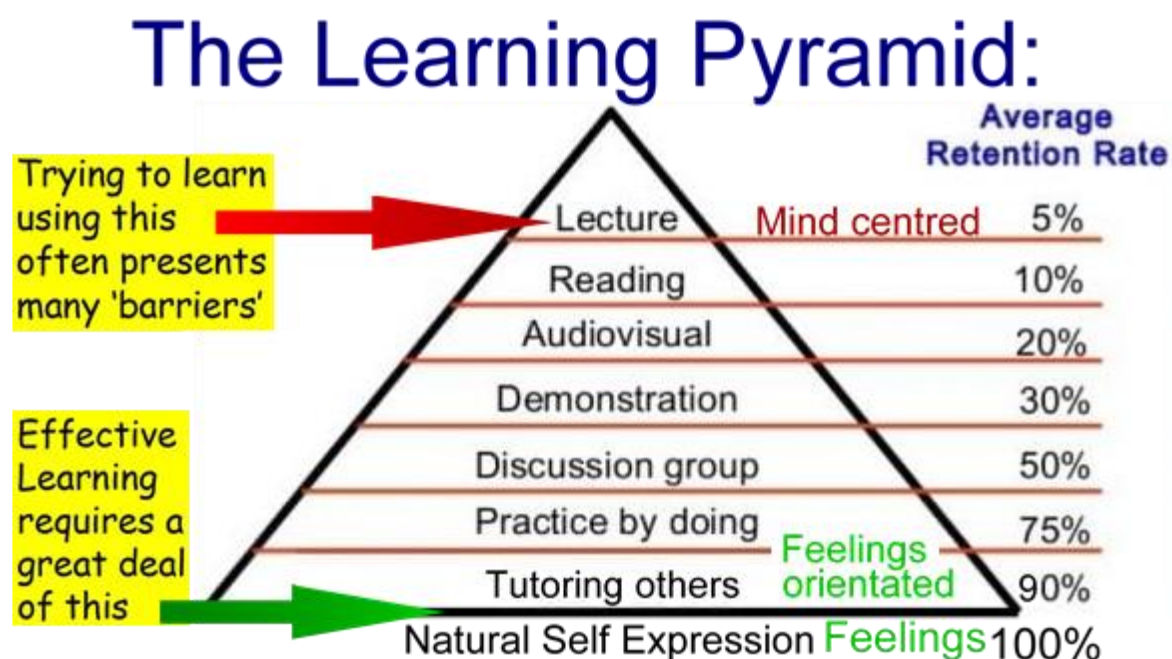
We were firstly guided, influenced to embrace living mind-centric. That is, we now believe that through our minds that we may achieve all of our goals, we can become almost everything we want, that we can become powerful and prosperous and progress to the greatest heights imaginable. We are to live suppressing our feelings, we are taught by our parents to suppress our true personality and to embrace the personality they want us to be – like them – deluded!

As women are closer to their feelings than men, these high level wayward leaders guided men to subordinate women. Thus, these past 200,000 years, women have been subjected to suppression by men because as women embrace their feelings and begin to express their feelings, which are always in truth, women will expose the folly of mind superiority. We are to live feelings first and have our minds follow in the process of implementing what our feelings are leading us to embrace. Not the other way round as it now is – mind first and feelings suppressed.

Our minds are wonderful and all part of our progression – when in support of our feelings. Our minds cannot discern truth from falsehood and are addicted to untruth, our minds are addicted to control of the environment and other people. Our thoughts are mind generated, when we say; ‘I think’, we begin to express and assumption generated by our mind – assumptions are around 98% in error, the other 2% are flukes. Our feelings are always in truth. We are fully self-contained, all we need to know is self-contained, we have all we need within ourselves, all we need to do is allow our feelings to surface and embrace them, having our minds to follow in implementing our feeling’s guidance.

Education

All education platforms, worldwide, are predominantly mind-centric. There is no feeling orientation and embracement in the way we are to live within education platforms. In fact, education is a tiresome, boring process of lectures. A lecturer delivering a tirade of words from the front of a room is the most ineffective teaching and learning device imaginable – it is also the most commonly employed teaching process.



Once the core subject material is introduced, students tutoring each other in small groups of around 12 people is the superior learning process – yet seldom provided for. Practice by doing, tutoring others flows into natural self-expression, achieves comprehensive knowledge of any core subject – and it is permanent learning. Our whole life is about experiences and the feelings that come from such experiences. As feelings arise we are to long to know the truth behind what those feelings are endeavouring to reveal to us. We are truth seekers! And we are to be feelings expressive!

By being mind-centric, we cannot progress up Dr David R Hawkins' Map of Consciousness (MoC) scale beyond 499. On the MoC, 400-499 is the field of 'Reason' – the pinnacle of science!



Universally, all sectors of education, pre-school, primary school, high school, craft centres, technical and further education, university, etc., are all mind-centric platforms that retards one's freedom of expression and closes down evolutionary growth potential. The PhD – Doctor of Philosophy – is the extreme of feelings suppression being total immersion into one's mind.

Health

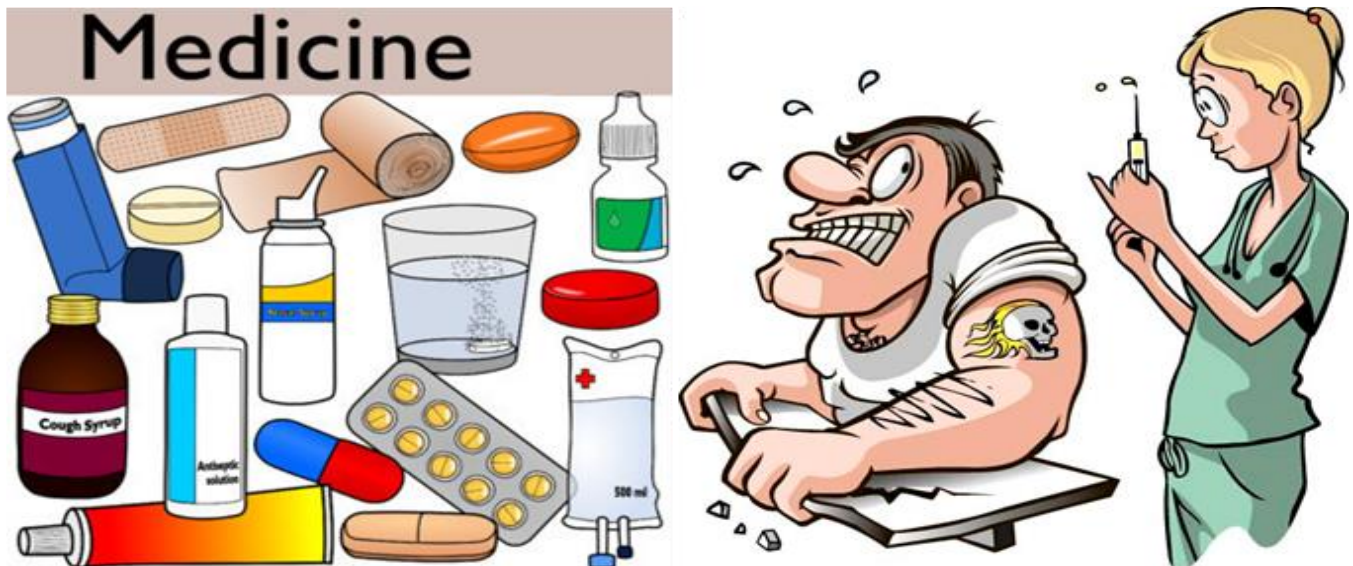
Are there really 10,000 diseases and just 500 'cures'?

“Regulators, scientists, clinicians and patient advocacy groups often cite ~7,000 as the number of rare diseases, or between 5,000 and 8,000 depending on the source. While this consensus process is still ongoing, USA National Institutes of Health currently estimate the number of rare diseases to be more than 10,000. An estimate published by the University of Michigan Medical School that “there are roughly 10,000 diseases afflicting humans, and most of these diseases are considered ‘rare’ or ‘orphan’ diseases.”

“There are other estimates, as well. The German government lists 30,000 diseases, of which it says 7,000 are rare, though it cannot be determined how that figure was calculated. Anderson noted that the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (known as ICD-10) has nearly 70,000 codes, which would be an upper-bound estimate.

“The focus is really on rare diseases, but a credible case can be made that there are at least 10,000 diseases in the world, though there is likely more. And there are a bit over 500 treatments. So, as far as round numbers go, 10,000 diseases / 500 treatments works as a talking point.”

However, NO ONE comprehends what is the underlying cause of disease! Our health carers, our doctors and nurses never discuss or outline why we have a discomfort, pain, illness or disease. Kindly ask yourself, when was the last time your medical practitioner outlined to you why you have a particular health issues that you presented yourself with to him or her? **There is ONE cause – CHILDHOOD SUPPRESSION.**



Medical sciences introduce a never ending array of names for a never ending array of ailments without comprehending the elephant in the room – our **Childhood Suppression and ongoing Repression**. ALL our discomforts, pain, illnesses and diseases are generators to have each of us express our feelings, both good and bad. As we grow in embracing this way of living FEELINGS FIRST and long for the truth of what our feelings are drawing our attention to, we will come to recognise that all our issues have their foundations throughout our childhood forming years, from the moment of conception through to the age of six years, up to when our Indwelling Spirit arrives.

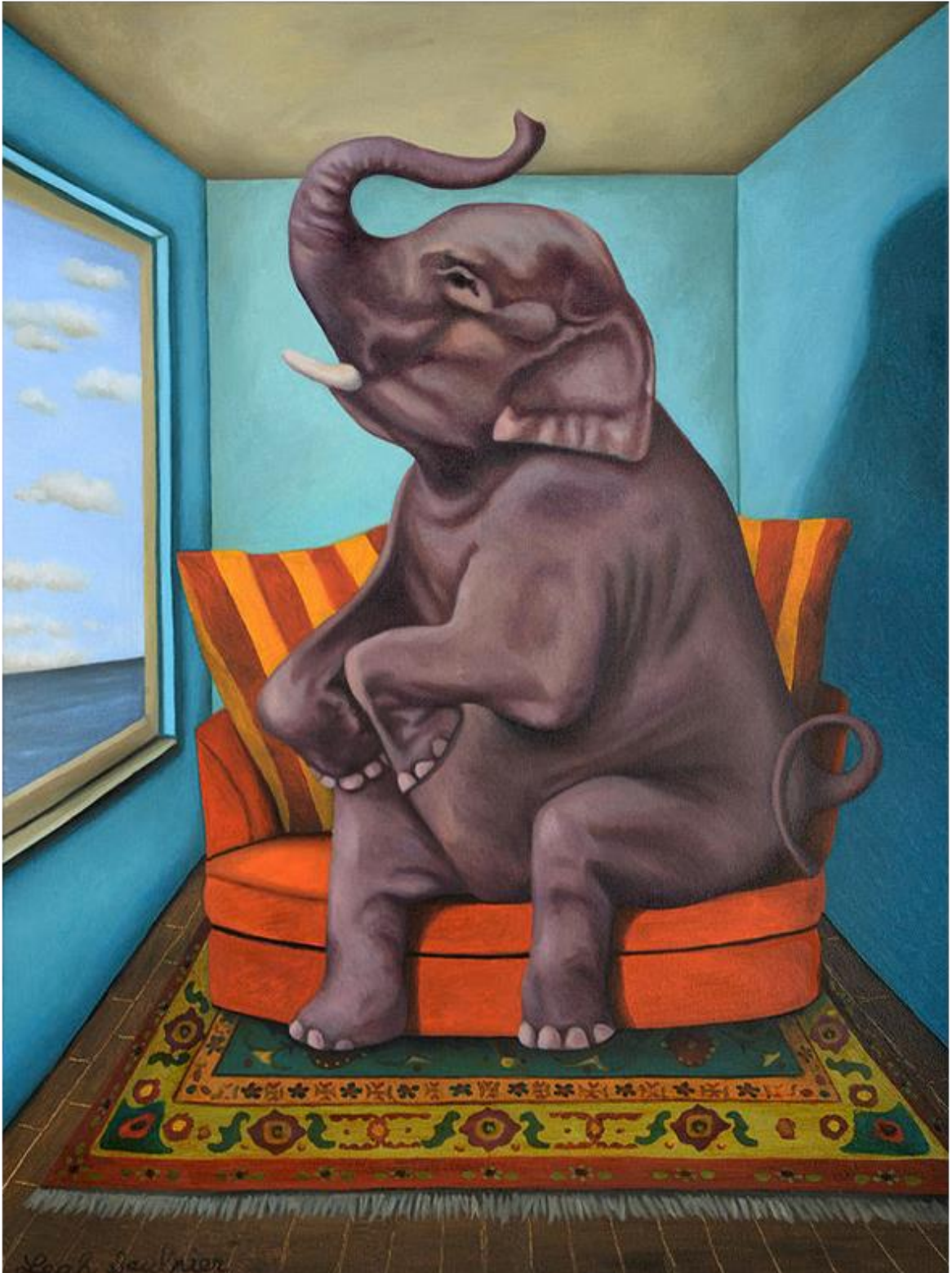
Our soul orchestrates it all. Our soul does everything. Our soul brought our spirit body into existence and, in turn, our etheric spirit body is the template of our physical body. Light continually flows from our soul through our spirit body and into our physical body. Our experiences in the physical are expressed back to our soul as light. Everything that we experience is recorded by this light returning by our soul. Emotional injuries and errors of belief that we experience impede the flow of light back to our soul – consequently we are degraded by such accumulating damage and harm. Look at a young child and then look at yourself now!

At the moment of our conception, we are perfect in every respect – both in Natural love and physically. We are then literally fire-hosed by our parents' emotional injuries and errors of belief and this is ongoing. They are not even aware of our existence when this onslaught commences – no wonder many conceptions do not survive to incarnation which is when the foetus commences to pump blood some 16 days after conception.

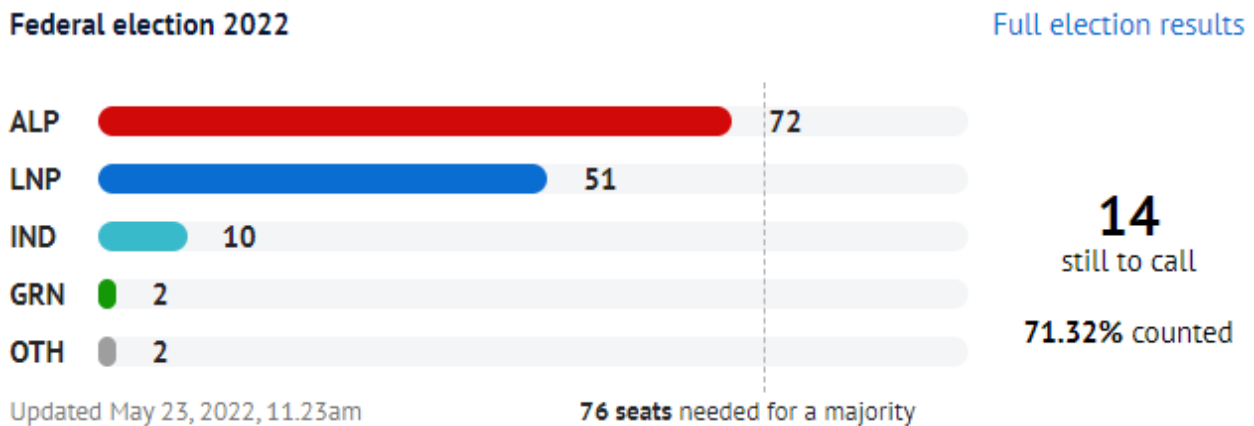
*My individual "Rebellion and Default"
is my overarching virus!*

*We are to express our feelings,
both good and bad, emotionally!*

Childhood Suppression is the elephant in the room!



Teal Independents, inside the teal wave: How the independent revolution happened



The teal wave that swept over inner-city electorates from Sydney’s northern beaches to bayside Melbourne and to Curtin in Western Australia on Saturday night was devastating for those who had believed there would always be Liberals in the wealthy heartland seats of Australia’s big cities.

Up to six new “teal” candidates will join Zali Steggall and Helen Haines on a swollen crossbench which, could grow to as many as 15 – the largest since World War II – with the addition of several Greens and a new independent member for Fowler in Sydney.

[Much was said](#) about this group of professional women during the campaign: that they were fake independents, that donor Simon Holmes a Court was a Svengali co-ordinating them as an undeclared party, and that their election would bring chaos to parliament.

But huge swings to them in previously safe Liberal seats showed voters were prepared to defy Scott Morrison’s scare campaign, suggesting to their backers and electoral experts that they filled a real need in the community.

The question remains, though: are the teals here to stay or will those seats revert to Liberal type after one or two terms, once the spectre of Morrison’s [“bulldozer” approach](#) to government has faded into memory?

Ask the independents themselves and they all say their beliefs have not changed, that the Liberal Party’s have and they have moved away from those of their electorates.

“The sensible-centre independent candidates across the country have stepped up to fill the space left by the Liberal party’s shift to the right,” said Kate Chaney, the independent [likely to win Curtin](#) in WA.

“Like many other communities around Australia, we scratched the surface of Curtin and found a deep desire for change – the Liberal Party is unlikely to feel entitled to this seat again.”

Former ABC journalist Zoe Daniel, who [claimed victory](#) over Liberal assistant minister Tim Wilson in Goldstein, echoed the words: “The commonality (across the country) is that the Liberal Party has lost its centre.”

She also pointed to climate and integrity as major issues, but said gender equality and the “lip service” paid to it by the Coalition was also a huge factor.

On Saturday night, Sophie Scamps, the new member for Mackellar in NSW, said her priority policies had come directly from the residents and were crystal clear, including urgent and strong action on climate change.

On the Dr David R Hawkins' Map of Consciousness, these six independent candidates calibrate an average of 434 – ALL leadership candidates, all potential prime ministers!

When considering all of the eight listed below, we have an average calibration of 433 – a true leadership team and true representation for their electorates.

The real teal: the independents who shook up party politics



POWER in POLITICS

Power vs Force by Dr David R Hawkins chapter X

To better understand the critical differences between force and power and the implications of this distinction for our own lives, it is helpful to examine human endeavour on a larger scale – the interactions of men and governments provide many clear illustrations.

Looking at history from our unique perspective, we will, of course, be reminded of the powerful example set by the American Revolution which first formally established freedom as an inalienable right, setting a precedent for centuries to come. Principles which calibrate as high as 700 on the Map of Consciousness (MoC) affect mankind over great courses of time. The pen is indeed mightier than the sword, because power originates from the mind, whereas force is rooted in the material world.

A related pivotal event in global history, to which we have already referred and will again, came about in this century through the power of a solitary man: Mahatma Gandhi, a ninety-pound (41 kilograms) “coloured”, who single-handedly overcame the British Empire, then the greatest force in the world, ruling two-thirds of the face of the globe.

Gandhi not only brought the British Empire to its knees; he effectively rang down the curtain on the centuries-old drama of colonialism, and he did it by simply standing for a principle: the intrinsic dignity of man and his right to freedom, sovereignty and self-determination. Fundamental to this principle, in Gandhi’s view, was the fact that such rights derive to man by virtue of the divinity of his creation. Gandhi believed that human rights are not granted by any earthly power, but are inherent in the nature of man himself because they are inherent in his creation.

Violence is force; because Gandhi was aligned with power, rather than force, he forbade all use of violence in his cause. And because he expressed universal principles (which calibrate at 700 MoC) he was able to unite the will of the people. When the will of the people is so united by and aligned with universal principle, it is virtually unconquerable. Colonialism (calibrated at 175 MoC) is founded in the self-interest of the ruling country. Gandhi demonstrated, for the world to witness, the power of selflessness versus the force of self-interest. The same principle has now been demonstrated quite dramatically in South Africa by Nelson Mandela.

Power accomplishes with ease that which force is unable to accomplish even with extreme effort; thus, in our own time we have seen the almost effortless toppling of communism as a governmental form, after half a century of the most ominous – and ultimately ineffectual – military confrontation of history. The political naiveté of the Russian people, long used to the tyrannical rule of czars, did not allow them the civic wisdom to understand that in the name of communism a totalitarian dictatorship was being established. Similarly, the German people were deceived by Hitler, who rose to power in the name of national socialism only to establish a virtual tyranny. A distinctive characteristic of force in politics is that it cannot tolerate dissent. Both rules depended on the pervasive use of force through secret police; Stalin, who also put millions to death, relied on his KGB, as Hitler his Gestapo.

Adolph Hitler assembled the greatest military machine the world had ever seen. On the simple level of force, his military was unbeatable; yet he could not defeat a tiny island across the English Channel because of the power expressed by Winston Churchill, who unified the will of his people through principles of freedom and selfless sacrifice. Churchill stood for power, Hitler for force. When the two meet, power always eventually succeeds; in the long run, if it is deeply founded in the will of the people, power is immune to force.

Force is seductive because it emanates a certain glamour, whether that glamour is manifested in the guise of false patriotism, prestige or dominance, while true power very often is quite unglamorous. What could be more glamorous than the Luftwaffe and Waffen SS of Nazi Germany during the Second World War? These elite branches embodied romance, privileges and style and certainly had at their disposal enormous force – the most advanced weapons of the day and an *esprit de corps* that cemented their might. Such is the glamour of the formidable.

The weak are attracted to and will even die for the glamour of force. How else could something as outrageous as war even occur? Force often seizes the upper hand temporarily, and the weak are attracted by those who seem to have overcome weakness. How else could dictatorship be possible?

One characteristic of force is arrogance; power is characterised by humility. Force is pompous; it has all the answers. Power is unassuming. Stalin, who strutted military autocracy, has gone down in history as an arch-criminal. The humble Mikhail Gorbachev, who wore a plain suit and easily admitted to faults, has been awarded the Nobel Prize for Peace.

Many political systems and social movements begin with true power, but as time goes on become co-opted by self-seekers and end up relying increasingly on force until they finally fall in disgrace. The history of civilisation demonstrates this repeatedly. It is easy to forget that the initial appeal of communism was idealistic humanitarianism, as was that of the union movement in the United States of America (USA) until it became a refuge of petty politicians.

To fully comprehend the dichotomy we are discussing, it is necessary to consider the difference between a politician and a statesman (and stateswoman). The politician, operating out of expediency, rules by force after gaining his position through the force of persuasion – he often calibrates at a level less than 200 MoC. (A verbal bully!) Statesmen represent true power, ruling by inspiration, teaching by example and standing for self-evident principle. The statesman / stateswoman invokes the nobility which resides within all men and women, and unifies them through what can best be termed the heart. Though the intellect is easily fooled, the heart recognises truth. Where the intellect is limited (of the mind), the heart is unlimited (of the soul); where the intellect is intrigued by the temporary, the heart is only concerned with the permanent.

Forces often relies upon rhetoric, propaganda and specious argument to garner support and disguise underlying motivation. One characteristic of truth, though, is that it needs no defence; it is self-evident. Truth is always the same. That “all men are created equal” requires no justification or rhetorical persuasion. That it is wrong to gas people to death in concentration camps is self-evident; it requires no argument. The principles upon which true power is based never require vindication, as force inevitably does – there are always endless arguments about whether force is “justified” or not.

It is clear that power is associated with that which supports life, and force is associated with that which exploits life for the gain of an individual or an organisation. Force is divisive and, through that divisiveness, weakens, whereas power unifies. Force polarises. The jingoism that has such obvious internal appeal to a militaristic nation just as obviously alienates the rest of the world.

Power attracts, whereas force repels. Because power unifies, it has no true enemies, though its manifestations may be opposed by opportunists whose ends it does not serve. Power serves others, whereas force is self-serving. The true statesman / stateswoman serves the people; the politician exploits people to serve his own ambitions. The statesman sacrifices himself to serve others; the politician sacrifices others to serve himself. Power appeals to our higher nature, force to our lower nature. Force is limited, whereas power is unlimited.

Through its insistence that the end justifies the means, force sells out freedom for expediency. Force offers quick, easy solutions. In power, the means and end are the same, but ends require greater

maturity, discipline and patience to be brought to fruition. Great leaders inspire us to have faith and confidence because of the power of their absolute integrity and alignment with inviolate principles. Such figures understand that you cannot compromise principle and still retain your power. Winston Churchill never need to use force with the British people; Gorbachev brought about total revolution in the largest political monolith in the world without firing a shot; Gandhi defeated the British Empire without raising a hand in anger. And we might not that the seemingly endless Middle Eastern conflict finally appears to be approaching resolution, not through violence, but communication, at long last, between the adversaries.

Can man lift himself by his bootstraps? Why not? All he has to do is increase his buoyancy and he will effortlessly rise to a higher state. Force cannot accomplish that feat; power not only can, but constantly does.

Truth vs Falsehood by Dr David R Hawkins: page 319

Political Systems

Oligarchy	415	Feudal	145-200
Democracy/Republic	410	Tribal	200
Iroquois Nation	399	Theocracy	175
Coalition	345	Communism	160
Socialism	305	Dictatorship	135
Monarchy	200	Fascism	125

As we see from the calibrations of political systems, although democracy calibrates high at 410 on the Map of Consciousness (MoC), it is not quite as high as oligarchy at 415 MoC. In the higher calibration range, because the numbers are logarithmic, an increase of five points on the scale actually represents an enormous jump in power. A beleaguered society needs all the horsepower it can get, and therefore, it is suggested that the countries add to their governmental structure an “oligarchic” level (free of politics) equal to at least strongly advisory to the Cabinet level.

Oligarchy (a term from the pinnacle of ancient Greece) means the confluence of wise, seasoned, experienced, brilliant, accomplished, integrous, balanced, proven, gracious, sagacious, educated, good-will statesmen (calibrating at 430 MoC) rather than politicians (calibrate 180 MoC). It means mentor, advisor, mature, objective, well-rounded, well-spoken, successful, top level, self-fulfilled, and beyond the desire for gain, whether personal, political, or financial. This is the level of high-calibration experts of their own domains who are beyond neediness and who serve others by simply being who they are and feeling fulfilled by offering and sharing their wisdom.

Consider that such oligarchic group as being a Council of Elders to advise and assist the Cabinet of an elected government. As the events of The NEW WAY unfold, there will be people who will complete their personal FEELING HEALING and achieve a Celestial Soul Condition enabling them to be incredible advisors and guides for all of humanity – people well suited for any Council of Elders.

Part 7

Has Russia Already Won? Is it “Game Over” for the Rockefeller Empire?

<https://healthimpactnews.com/2022/has-russia-already-won-is-it-game-over-for-the-rockefeller-empire/>
22 May 2022



Official drawing of Standard of the President of the Russian Federation.

Comments by Brian Shilhavy
Editor, Health Impact News

Sam Parker, writing for [Behind the News Network](#), has just published the second part of a two-part article titled “Russia / Putin & the West” which is, by far, the best analysis on the current Ukraine conflict and world events I have read so far, as he puts it into historical context, and obviously draws upon intelligence sources that completely contradict what comes out of the western corporate media.

This site only does a few articles a year, but they are thoroughly researched and I published one last year on the Global Food cartels, and you will not find anything as comprehensive as this series on just who controls the world’s food supplies. See:

[**Unmasking The Global Food Cartel: Is Massive Starvation and Population Reduction Their Next Move?**](#)

Sam Parker obviously has access to very high-level intelligence, and “Sam Parker” is probably a pen name, so any searches you conduct to learn his identity will probably fail.

The dominant views today, even in the alternative media, follow the “Right” vs. “Left” paradigms assuming that politicians are in control of national and world affairs. If this reflects your views, that your particular political philosophy is superior to the other side’s, or that the United States has some kind of moral superiority over other nations, then this is NOT the article for you.

Similar to my own understanding, [Behind the News Network](#) works from the presupposition that things don’t “just happen” in the world, but they are planned, and the ones doing the planning and calling the shots are not politicians, but rich billionaires who control the world’s finances.

The politicians work for them.

In the West, two “Jewish” families have dominated the financial empires in recent times, the Rothschilds in Europe, and the Rockefellers in the U.S. Here are some excerpts from the “Introduction” page from [Behind the News Network](#):

American President Roosevelt (1933-1945) once said: “In politics nothing happens by accident. If it happens you can bet it was planned that way”. He was in a good position to know, being the US President for 12 years.

This newsletter deals with the planning and diabolical brilliance of two power centres in the world, and how they have plotted to enslave mankind. We hope it will explain matters, which until now have seemed inexplicable; that it will bring into sharp focus images which have been obscured by the landscape painters of the mass media.

Everyone knows that tyrants and dictators – such as Adolf Hitler and Stalin, and others – existed. No one disputes that. The terror and destruction that these madmen inflicted upon the world are universally recognised. All of these tyrants wanted to conquer the world. We know that.

Is it not theoretically possible then, that a billionaire could be sitting in a penthouse in Manhattan, London, or Paris, and dream the same dream as Hitler or Lenin. You will have to admit it is theoretically possible. Julius Caesar, a wealthy aristocrat did. And such a man might form an alliance with other like-minded men, might he not? Caesar did. These men would be superbly educated, command immense social prestige, and be able to pool astonishingly large amounts of money to carry out their plans. These are advantages that Stalin, Lenin and Hitler did not have.

It is difficult for the average individual to fathom such perverted lust for power. The typical person wants only to enjoy success in his job, to be able to afford a reasonably high standard of living. He wants to provide for his family in sickness and in health, and to give his children a sound education. His ambition stops there. He has no desire to exercise power over others, to conquer other lands or peoples, or to be a king or ruler. He wants to mind his own business and enjoy life. Since he has no lust for power, it is difficult for him to imagine that there are others who march to a different drum.

But we must realise that there have been Hitlers and Lenins and Caesars throughout history. Why should we assume that there are no such men today with perverted lusts for power? And if these men happen to be billionaires, is it not possible that they should use men like Hitler and Lenin as pawns to seize power for themselves. Indeed, difficult as this is to believe, such is the case today.

Politics is the practice of power. And this power is based on wealth. In politics, money is the motivation and the aim is power. A politician – no matter how high in rank – is a servant of that power. To simplify this, let’s take an example. The richest man in town is the one who the mayor and police

chief are very deferential to. What the rich man says, is normally what happens. And this example can be “cut-and-pasted” from a town to a city, to a nation and a region, then to the world.

I consider the writings from Sam Parker very good, and very solid journalism, which is incredibly rare today. After reading what he exposes, you will be hard pressed to guess where his own loyalties and beliefs lie, and that is the way it should be with honest journalism.

I assume that most of the readers of *Health Impact News* are pro-America, and pro-Nationalism. To be a “patriot” is considered a “good” thing.

I have explained in previous writings why I believe this is idolatry, and that a true believer in Jesus Christ will have no other allegiances besides one’s allegiance to Christ, and the Kingdom of God.

Everything else in this world is part of the domain of Satan and the kingdom of darkness, and that includes the United States of America, along with Corporate Christianity. See:

Sam Parker covers things you will not find in the corporate media, and much of it not even in the alternative media, giving the historical perspective that may challenge your own understanding about Russia and why they are acting the way they are today.

If most of what he writes here is true, Russia would seem to have the upper hand right now, at least in terms of military strength, and this is something that affects everyone who reads this.

From the perspective of Sam Parker, the West is on the decline, while Russia has been steadily rebuilding its military since the end of the Cold War. He comes to the conclusion that it is basically “game over” for the West, as they cannot compete with Russia’s revamped weapons systems.

“There is nothing in the U.S. arsenal now and in the foreseeable future which can intercept Mach 9-10+, let alone M20-27, targets. That’s the issue. It is indeed set, match and game over for the Empire: there is no more military option against Russia.”

This will take some time to read and digest, but it is worth it, as I am not aware of any other sources where you will read this.

Russia / Putin & the West

Part 7

Part 1

by **Sam Parker**

[Behind the News Network](#)

<https://healthimpactnews.com/2022/has-russia-already-won-is-it-game-over-for-the-rockefeller-empire/>
May 2022

Background

(1991-Present)

The fall of the Soviet Union marked the beginning of a highly dangerous new phase of American aggression against a severely weakened Russia. For the Rockefeller Empire, it represented a golden opportunity to destroy their former adversary, Russia, as a functioning agent. If they could succeed in destroying Russia, they believed they could eliminate the only remaining serious obstacle to what the Pentagon called Full Spectrum Domination – total control of land, sea, air, space, and cyberspace. One Sole Superpower could dictate to the entire world as it saw fit. This was the mad dream of David, his family and allies.

The 1990s was a time of immense suffering for the Russian people. As the impending collapse of the USSR became discernible, insiders created a planning group to ensure the continued influence of Soviet-era officials by transferring Russian state assets to offshore shell companies and thus stripping the country's wealth. One such offshore company, FIMACO, was used to pilfer an estimated \$50 billion from the nation. It was through this looting that liquid capital was generated and used by future oligarchs to build their fortunes. An early beneficiary of this arrangement was Mikhail Khodorkovsky, who had started his career as a minor Soviet official and whose Yukos oil conglomerate was tied to FIMACO. And FIMACO was tied to Jacob Rothschild, in London.

In 1991 the Soviet Union finally collapsed. That August, state treasurer, Nikolai Kruchina, responsible for Russia's gold reserves, died by falling from his window. He had been a member of the planning group which originated the plot to steal state assets. His successor Georgy Pavlov fell to his death from a window two months later: the oligarchs were cleaning house. In September, the Russian central bank announced the Kremlin's gold reserves had inexplicably dropped from the estimated 1,000-1,500 tons to a mere 240 tons. Two months later, Victor Gerashchenko announced Russia's gold reserves had actually *entirely* vanished. While the Russian public was horrified at the revelation, European bankers were less surprised. It was whispered frequently among those circles that Soviet transport planes had been flying to and from Switzerland for months and selling off large amounts of gold. Boris Yeltsin announced his plans to privatise the nation's assets and the real looting began.

During the privatisation period, the networks of the 2 families wasted no time in opportunistically swooping in to take over Russian industries. The Clinton administration sought to redesign the economic policies of the nascent Russian Federation according to the Washington Consensus: privatisation, deregulation, austerity, and the opening up of Russia's companies to purchase by ultra-wealthy Americans. Foreign investors flocked in and the level of greed among this fifth column of new Muscovites was truly astonishing.

Enter Putin

Soon after taking office in 1999, Vladimir Putin, a nationalist with a long career in Russian intelligence, faced the daunting task of trying to undo, or at least limit, the damage that the criminal cronies of Yeltsin and their foreign partners had done to Russia .

Putin Kicks out the Rothschilds

The criminality was not limited to foreign speculators. During the early period of privatisation in the 90s, the Rothschilds organised a secret society of seven Russian oligarchs entirely controlled Boris Yeltsin's administration. This group called itself *Semibankirschina*, named after the Seven Boyars who controlled Russia during the 17th century. The secret society included the following oligarchs: Boris Berezovsky, Mikhail Khodorkovsky, Mikhail Fridman, Petr Aven, Vladimir Gusinsky, Vladimir Potanin, and Alexander Smolensky. They all worked for the Rothschilds – or London – and more specifically, for Jacob Rothschild.

In late 1999, Vladimir Putin became president of Russia and the fortunes of these self-appointed rulers rapidly turned for the worse. A new group of Putin insiders formed – the Slivoki (made up of Russian nationalists from the security and business world) and began supplanting the previous access that the *Semibankirschina* had to the president. From a strong position, Putin negotiated a “grand bargain” with the remaining oligarchs: they retained most of their existing assets in return for alignment with Putin's vertical rule of Russia. The era of financial gangsterism from the 1990s was over. In 2001, a state takeover of media seized the television networks previously owned by the Rothschild puppets. It was with these moves by Putin, from early March 2000, that led to a break up of Rothschild control over Russia. These oligarchs all belonged to Jacob Rothschild. And, they were stealing Russia blind.

David Rockefeller couldn't be bothered with such small takings. Here, the key was to bring Russia into the dollar world – this was more profitable for his empire. In addition, a series of geopolitical confrontations on Russia's borders served his empire greatly. The first such was the Chechen wars of 1994, and 1999/2000. This, Putin ended, quickly and ruthlessly.

The military occupation of Iraq was the first major step in this American strategy to move oil into the oil companies of the 2 families. Then, Russian investments in Iraq were lost after the US invasion in March 2003. In addition, following the Afghanistan invasion in October 2001, the Pentagon began spreading its presence in Central Asia – to the discomfort of both Russia and China. For obvious military and political reasons, Washington could not admit openly that since the fall of the Soviet Union in 1991, its strategic goal had been to dis-member or de-construct Russia, thereby gaining effective control over its huge oil and gas reserves.

These two wars were but the opening shots of a series of geopolitical oil and energy “pipeline wars” – undeclared wars, but wars in every sense of the word. They were wars, overt and covert, spanning Eurasia, the Middle East and Africa. The energy wars were fought with bombs, with terror tactics, and with drones. They also fought with sophisticated new methods of political destabilisation of uncooperative regimes through what were called Colour Revolutions. The goal was simple: Rockefeller control through the Pentagon and the CIA of all significant oil and gas deposits PLUS pipelines to transport this in order to be able to control the emerging Eurasian economic colossus, especially China and Russia (and later India). The goal would be achieved by any means necessary. The NATO encirclement of Russia, the Colour Revolutions across Eurasia, and the war in Iraq, were all aspects of one and the same American geopolitical strategy: a grand strategy to de-construct Russia once and for all as a potential rival to a sole US Superpower hegemony. The end of the Yeltsin era put a slight crimp in Washington's grand plans. Following the Wall Street-City of London guided looting of Russia by networks of the 2 families, a shrewder and more sober Putin cautiously emerged as a dynamic nationalistic force, committed to rebuilding Russia.

Putin Breaks with the Rockefellers

A defining event in Russian energy geopolitics took place in 2003. Just as Washington had taken over Iraq, Putin ordered the spectacular arrest of Russia's billionaire oligarch, Mikhail Khordokovsk- or MK, on charges of tax evasion. Putin then froze shares of Khordokovsky's giant Yukos Oil group, putting it under state control. What had triggered Putin's dramatic action?

MK was working for Jacob Rothschild. He was a Rothschild front. In March 2000, MK was present with all the other oligarch's called to a meeting by Putin. The oligarch's had made a pledge to Putin – that if they stayed out of Russian politics, and repatriated a share of their stolen money (in effect, stolen from the state in rigged bidding under Yeltsin) they would be allowed to keep their assets. All of these oligarchs were Rothschild fronts. Most accepted, with the exception of Rothschild's Jewish oligarchs. Putin went after that, as they broke their pledge to him. And so did MK. He was busy buying up the Duma – Russia's parliament – as a first step, in a plan to run against Putin in 2004.

In the meantime Mikhail Khodorkovsky' was negotiating with 2 Rockefeller oil companies, Exxon and Chevron, to sell 40% of Yukos Oil (for the sum of \$25 billion). Had this deal gone through, Russia's economic and financial independence would be over. This 40% stake would have given Washington, the US oil giants, and the Rockefeller family a de facto veto power over future Russian oil and gas deals and pipelines. At the time of his arrest, Yukos had just begun steps to acquire Sibneft, a very large Russian oil company. The combined Yukos-Sibneft enterprise, with 20 billion barrels of oil and gas, would then have owned the second-largest oil and gas reserves in the world – in private hands, and not state-owned. The Exxon buy-up of Yukos-Sibneft would have been a literal energy coup-d'état. David Rockefeller and Jacob Rothschild knew it. So did the White House. MK knew it. Above all, Vladimir Putin knew it, and moved decisively to block it. Putin moved against him in October 2003, and arrested him.

It was during the purge of oligarchs and vulture capitalists that the true power behind Mikhail Khodorkovsky emerged. When it became likely he would be arrested, he arranged to have all his shares from the Yukos Oil Company transferred to the ownership of Jacob Rothschild. The transfer took place in November of 2003, giving Jacob Rothschild a 40-45% control of Yukos, estimated to be worth \$25 billion. Putin subsequently liquidated and nationalised Yukos by seizing and selling off its shares to state oil companies. Putin restored to Russia what was stolen by Jacob Rothschild, once the richest man in the country, Mikhail Khodorkovsky's fortunes turned for the worse. In 2003, Khodorkovsky was criminally prosecuted by Putin for tax evasion and fraud for which he ended up serving 10 years in Jail, and was subsequently exiled. When the rigged auction sales of state assets took place in 1995/96, most of the companies got sold for as little as 5% of its value. And, Yukos got "purchased" for less than \$400 million, when its true worth was far more than that.

So Putin has declared war on the most powerful families on the planet. From this moment on, it would be a fight between Putin and the 2 families. Putin has survived many attempts on his life by these 2 networks of power. Ever since Putin arrested Khordolovsky in 2003, the Kremlin had been putting the engines of economic control into state hands once again.

One of Putin's first agenda items was to pay off all debt to the IMF and holdover loans from the Soviet era, thus freeing itself from Rothschild interference. This enabled Putin to reduce their influence over Russia's destiny.

The events in Russia were soon followed by CIA – financed covert destabilisations in Eurasia – the Colour Revolutions against governments on Russia's periphery.

Putin began to make a series of defensive moves to restore some tenable form of equilibrium in the face of Washington's increasingly obvious policy of encircling and weakening Russia. Subsequent US strategic blunders made the job a bit easier for Russia. Now, with the stakes rising on both sides – NATO and Russia – Putin's Russia moved beyond simple defence to a new dynamic offensive aimed at securing a more viable geopolitical position by using its energy as the lever.

By 2003, after Iraq was occupied by US and British forces, the most urgent priority for the US, was the control of Russian oil, gas, and its associated pipelines. For that to happen, a coup in the tiny Republic of Georgia was deemed essential, as well as a similar coup in Ukraine. If pro-US regimes could be

installed in both countries, not only would the military security of Russia itself be mortally threatened, but also Russia's ability to control the export of its oil and gas to the EU would be severely hampered.

In January 2004, the Rose Revolution put into power Washington's candidate for President of Georgia, Mikheil Saakashvili. With their man firmly installed in Tblisi – BP and the Anglo American oil consortium moved swiftly to complete a 1,800 km pipeline from Baku via Tblisi to Ceyhan in Turkey's Mediterranean, at a cost of some US\$3.6 billion. With the construction of this (BTC) pipeline, a major part in the weakening of Russia's oil and energy independence appeared in place.

In November 2004, the CIA put their man into power in the Ukraine. This coup was dubbed the Orange Revolution. Ukraine was of greater strategic importance for Russia than Georgia. This was due the several oil and gas pipelines transiting Ukraine to the EU. To cut these pipelines at the Ukraine border would have dealt a severe economic blow to Russia when she could ill afford such a loss. With Poland already in NATO, a NATO membership for Ukraine and Georgia would almost completely encircle Russia with hostile neighbours, creating an existential threat to the very survival of Russia itself. Putin knew this, but his options were limited. Washington knew what the stakes were, and it was doing everything short of open war against a nuclear opponent to push the agenda.

By 2005, the key oil companies of the two families, London (BP, Shell, Total); New York (Exxon, Chevron) had gained control over most of the oil of the Caspian Sea. The control of energy – globally – by the big Four oil companies of the 2 families Chevron and Exxon (Rockefeller), and BP and Shell (Rothschild) – was the cornerstone of their global strategy. (Both families funded research and development that led to coronavirus Covid-19 – kinesiology muscle testing suggests that this statement is TRUE.)

It was clear within the Rockefeller family discussions, and in Washington policy circles that in order to control those global oil and gas flows, the US needed to project its military power far more aggressive, to achieve a total military supremacy, which was what Full Spectrum Dominance was all about. The strategists of Full Spectrum domination envisioned control of pretty much the entire universe, including outer and inner-space, from the galaxy, to the body, to the mind. Now, you know the sick, devious and cunning minds that brought about Covid-19, in order to lock down the global economy – Why? – in order to save the Rockefeller Empires financial and banking systems.

Russian Energy Geopolitics

In 2004, Russia was not a world-class power. In terms of energy, it was a colossus. In terms of landmass it was still the largest nation in the world, spanning 11 time zones. It had vast territory and natural resources, and the world's largest reserves of natural gas, while its oil reserves stood at 150 billion barrels, with the potential to increase this figure greatly, as large parts of Russia are still not explored.

Russia's state-owned natural gas pipeline network, the 'unified transportation system', includes a vast network of pipelines and compressor stations extending more than 400,000 kms across Russia. Just the modern replacement cost of this, today, would be in the region of US\$1 – 2 trillion! By law, only the state-owned Gazprom was allowed to use the pipeline. This network was perhaps the most valued Russian state asset other than the oil and gas itself. Here was the heart of Putin's new energy geopolitics. Putin was using Russia's energy trump card to build economic ties across Eurasia from West to East, North to South. Washington was not at all pleased.

Russia had never stopped being a powerful entity that produced state-of-the-art military technologies. While its army, navy and air force were in a poor condition in 1990, the elements for Russia's resurgence as a military powerhouse were still in place. Russia had consistently fielded top-notch military technology at various international trade shows, using the world arms export market to keep its most vital military technology base intact. Weapons exports had been one of the best ways for Russia to earn much needed hard currency in the 1990s till now. The Russian nuclear arsenal also played an important role, providing fundamental security for the Russian state.



The Russian Central Bank had become the world's 3rd largest dollar reserve holder behind China and Japan. In addition, it was the only power on the face of the earth with the potential military capabilities to match those of the US. In 2005, in a speech delivered in front of Russia's Federal Assembly, Russian President Vladimir Putin said that the fall of the Soviet Union was the greatest geopolitical catastrophe in Russia's history. What he meant is that the fragmentation of the Soviet Union would cost Russia the element that had allowed it to survive foreign invasions since the 18th century: strategic depth.

For a European country to defeat Russia decisively, it would have to take Moscow. The distance to Moscow is great and would wear down any advancing army, requiring reinforcements and supplies to be moved to the front. As they would advance into Russia, the attackers' forces would be inevitably weakened. Hitler and Napoleon reached Moscow exhausted. Both were beaten by distance and winter, and by the fact that the defenders were not at the end of their supply line.

At the height of the Cold War, St. Petersburg was about 1,600kms from NATO forces, and Moscow about 2,100kms. Today, St. Petersburg is about 150kms away and Moscow about 800kms. For Putin, the primary threat to Russia is from the west. It has always been the goal of the Rockefellers to secure total economic and political control over Russia. The British father of geopolitics, Halford Mackinder, stated in 1904, that control over Russia who determine who would control the vast expanses of Eurasia, and by extension the entire world. British foreign policy, from 1904, was dedicated to preventing, at all costs, the emergence of a cohesive Eurasian pivot power centred on Russia and capable of challenging British hegemony.

Mackinder summed up his ideas with the following dictum:

- Who rules East Europe commands the Heartland
- Who rules the Heartland commands the World-Island
- Who rules the World-Island commands the world.

Mackinder's Heartland was the core of Eurasia – Ukraine and Russia. The World Island was all of Eurasia, including Europe, the Middle East and Asia. Britain was never a part of Continental Europe; it was a separate naval and maritime power, and should remain so whatever the cost.

The Mackinder geopolitical perspective shaped Britain's entry into both World War 1 and 2. It shaped American involvement in Europe from 1941.

The gradual re-emergence of a dynamic Russia in the Heartland of Eurasia, one that was growing economically closer to China and to key nations of Western Europe, was the very development that Nezezinski had warned could mortally threaten American dominance. It was Halford Mackinder's worst nightmare. Ironically, Washington's bungled invasions of Afghanistan and Iraq, and its crude elaboration of its "war on Terror" had directly helped to bring that Eurasian cooperation about. One of Putin's favourite sayings is "We must trade as a single market, from Vladivostok to Rotterdam". Both the families get a heart attack when they hear Putin saying this. It also created the backdrop for the Georgian conflict in August 2008.

But, first let's look Putin's speech at Munich – this changed the contours and dynamics of international relations, from this point on.

Putin's 2007 Munich Speech

At the 2007 annual Munich Security Conference, as the Bush administration had announced plans to install US missile defence systems in Poland, Romania and the Czech Republic, Russia's Putin delivered a scathing critique of the US lies and violation of their 1990 assurances on NATO. By that time 10 former communist Eastern states had been admitted to NATO despite the 1990 US promises. Furthermore, both Ukraine and Georgia were candidates to join NATO following US-led Colour Revolutions in both countries in 2003-4. Putin rightly argued the US missiles were aimed at Russia, not North Korea or Iran.

In his 2007 Munich remarks Putin told his Western audience, "It turns out that NATO has put its frontline forces on our borders, and we have the right to ask: against whom is this expansion intended? And what happened to the assurances our western partners made after the dissolution of the Warsaw Pact? Where are those declarations today? No one even remembers them."

Putin added, "But I will allow myself to remind this audience what was said. I would like to quote the speech of NATO General Secretary Mr Woerner in Brussels on 17 May 1990. He said at the time that: "the fact that we are ready not to place a NATO army outside of German territory gives the Soviet Union a firm security guarantee". Where are these guarantees?" That was 15 years ago.



Putin spoke in Munich in general terms about Washington’s vision of a “unipolar “ world, with one centre of authority, one centre of force, one centre of decision making, calling it a “world in which there is one master, one sovereign. And at the end of the day this is pernicious not only for all those within the system, but also for the sovereign itself because it destroys itself from within.”

Putin was talking about the US. Then Putin got to the heart of the matter:

“Today we are witnessing an almost uncontained hyper use of force – military force – in international relations, force that is plunging the world into an abyss of permanent conflicts. Finding a political solution becomes impossible. The United States has overstepped its national borders in every way. This is visible in the economic, political, cultural and educational policies it imposes on other nations. Well, who likes this? Who is happy about this?”

Putin warned about the destabilising effects of space weapons:

“It is impossible to sanction the appearance of new, destabilising high-tech weapons – – – a new era of confrontation, especially in outer space. Star wars is no longer a fantasy. In Russia’s opinion, the militarisation of outer space could have unpredictable consequences for the world, and provoke nothing less than the beginning of a nuclear era – – – plans to expand certain elements of the anti-missile defence system to Europe cannot help but disturb us. Who needs the next step of what would be, in this case, an inevitable arms race.”

Few people were aware that the US, a month earlier, had announced that it was building massive anti-missile defence installations in Poland and the Czech Republic. As Putin replies to this at the same Munich Conference, “Missile weapons with a range of 5 to 8,000kms that really pose a threat to Europe do not exist in any of the so-called problem countries. And any hypothetical launch of a North Korean rocket to American territory through Western Europe obviously contradicts the laws of ballistics. As we say in Russia, it would be like using the right hand to reach the left ear.

Moscow Reacts

Moscow lost little time in reacting to the announcement of US plans for its ballistic missile defence (BMD) systems in Eastern Europe. The commander of Russia's strategic bomber force said on March 5, 2007 that his forces could easily disrupt or destroy any missile defence infrastructures in Poland and the Czech Republic – precisely where the US is preparing to install them. In clear words, Putin was responding to the escalating Washington provocations by declaring openly that a New Cold War was on. It was not a new Cold War initiated by Russia, but one where Russia, out of national survival considerations, was forced to respond. A new, nuclear-based arms race was in full bloom.

This statement of Putin sent shock waves through the world, especially the highest policy levels of the West. Putin was declaring that – “enough is enough!” From this moment on, Putin knew that a military confrontation between Russia and the West was only a matter of time. Wasting no time, he used his energy trump cards to beef up his military, and after the 2008 crash, to beef up Russia's financial strength.

Nuclear Primacy

What Washington did not say, but Putin alluded to in his speech, was that the US missile defence was not at all defensive. It was offensive. If the US was able to shield itself effectively from a potential Russian retaliation for a US nuclear First Strike, then the US would be able to dictate its terms to the entire world, not just to Russia. That would be Nuclear Primacy. For the Rockefeller Empire and its chief vassal, Washington, the Cold war never ended. They just forgot to tell the rest of the world.

The US attempt to take control of oil and energy pipelines worldwide, its installations of military bases across Eurasia, its modernisation and upgrades of nuclear submarine fleets and bombers only made sense when seen through the perspective of the relentless pursuit of US Nuclear primacy. In December 2001, Washington withdrew from the US-Russian Ballistic Missile Treaty. This was a critical step in Washington's race to complete its global network of ‘missile defence’ capability as the key to nuclear primacy. The US missile talks with Poland and the Czech Republic began at the end of 2003. The Pentagon found two sites in the mountains of southern Poland for radar stations. This site would be the first such installation outside America and the only one in Europe. A missile fired from these silos in Poland or the Czech Republic would be within minutes of potential Russia targets. No one would be able to say whether they contained nuclear warheads or not. That would put the world on a hair-trigger to possible nuclear war, by design or miscalculation. Then, in the March 2006 Foreign Affairs, the journal of the CFR, an article by two US military analysts came to the following conclusion: –

“Today, for the first time in almost 50 years, the US stands on the verge of attaining nuclear primacy. It will probably soon be possible for the US to destroy the long-range nuclear arsenals of Russia or China with a first strike. Unless Washington's policies change or Moscow and Beijing take steps to increase the size and readiness of their forces, Russia and China – and, they concluded: “The sort of missile defences that the US might deploy would be valuable in an offensive context, not a defensive one – as an adjunct to a US First Strike capability, NOT as a standalone shield. If the US launched a nuclear attack against Russia or China, the targeted country would be left with only a tiny surviving arsenal – if any at all. At that point, even a relatively modest missile defence system might be well enough to protect against any retaliatory strikes”.

This was the real agenda in Washington's Eurasian Great Game.

Then, in August 2008, Georgia foolishly invaded Russia, and were promptly defeated by the Russian military. Not long after this, Putin began an upgrade of the Russian military. He knew that a confrontation was in the making. In 2016, Putin unveiled some of the new weapons being rolled out. The west was shocked – nay, they had a heart attack. It was at that moment that the Pentagon knew they could not win a military confrontation with Russia. Then, in September 2015, Russia was called in by the Syrian government to help defeat ISIS (a creation of the CIA/Mossad/British Intelligence). That

Russian military action signalled a new era in global politics, with Russia appearing as a formidable force to be reckoned with for the first time since the end of the Cold War. America was no longer the sole military superpower. The world was visibly moving towards a new world war, one claiming to have religion at its core, but in reality a war, as all wars, about money and power. Islam was being instrumentalised as a weapon of that global war – by the two families.

Why was it so important for London and New York to gain control of Russia? The answer to that question lies in the fields of geopolitics, especially oil and gas.

Eurasian Geopolitics

Geopolitical advisor to David Rockefeller, Zbigniew Brzezinski wrote a book, in 1997, called “The Grand Chessboard”. It shows the thinking of the Rockefeller Empire in regards to Eurasia. Let us show a few extracts from the book, to get an idea of how to control Eurasia.

“For America, the chief geopolitical prize is Eurasia –”

“Ever since the continents started interacting politically, some five hundred years ago, Eurasia has been the centre of world power.” –

“... But in the meantime, it is imperative that no Eurasian challenger emerges, capable of dominating Eurasia and thus of also challenging America. The formulation of a comprehensive and integrated Eurasian geostrategy is therefore the purpose of this book.”

To put it in a terminology that harkens back to the more brutal age of ancient empires, the three grand imperatives of imperial geo-strategy are to prevent collusion, maintain security dependence among the vassals, to keep tributaries pliant and protected, and to keep the barbarian (Russian, Chinese, and Arabs) from coming together”. “It follows that America’s primary interest is to help ensure that no single power comes to control this geopolitical space and that the global community has unhindered financial and economic access to it.”

“America is now the only global superpower, and Eurasia is the globe’s central arena. Hence, what happens to the distribution of power on the Eurasian continent will be of decisive importance to America’s global primacy and to America’s historical legacy.” “Without sustained and directed American involvement, before long the forces of global disorder could come to dominate the world scene.” With warning signs on the horizon across Europe and Asia, any successful American policy must focus on Eurasia as a whole and be guided by a Geostrategic design.”

“That puts a premium on manoeuvre and manipulation in order to pre-empt the emergence of a hostile coalition that could eventually seek to challenge America’s primacy...”

“The most immediate task is to make certain that no state or combination of states gains the capacity to expel the United States from Eurasia or even to diminish significantly its decisive arbitration role.”

“Potentially, the most dangerous scenario would be a grand coalition of China, Russia, and perhaps Iran, an “anti-hegemonic” coalition united not by ideology but by complementary grievances. It would be reminiscent in scale and scope of the challenge once posed by the Sino-Soviet bloc, though this time China would likely be the leader and Russia the follower. Averting this contingency, however remote it may be, will require a display of U.S. geostrategic skill on the western, eastern, and southern perimeters of Eurasia simultaneously.”

We see that US foreign policy followed the advice closely. But, the US failed. Iran, China and Russia are close allies, and all three are working to expel the US, the West, NATO and Israel from dominating

Eurasia. They dismissed Putin when he formulated a new paradigm in Munich in 2007 – or when he returned to the Kremlin in 2012. Putin made it very clear that Russia’s legitimate strategic interests would have to be respected again, and that Russia was about to recover its de facto “veto rights” in managing world affairs. Well, the Putin doctrine was already being implemented since the Georgian affair in 2008.

The Caucasus

There is another potential entry into Russia from the south. The Russian Empire used this route as a buffer zone with Turkey, especially during the numerous Russo-Turkish wars. Russia was protected by the Caucasus, a rugged, mountainous region that discouraged any attacks to the point that NATO never considered this option. But if anyone managed to force their way through the mountains, they would be about 1,500kms from Moscow on flat, open terrain in far better weather than attackers from the west would face.



If the South Caucasus states formed an anti-Russia coalition, and the United States, for example, supported a rising in the North Caucasus, the barrier might be shattered and a path northward opened. Therefore, Russia followed a strategy of imposing strong controls in the North Caucasus while engaging in a war in 2008 with Georgia, its most significant southern threat, based on geography and Georgia’s alliance with the U.S. The war demonstrated the limits of American power while it was engaged in wars in the Muslim world. It was successful strategies save for the fact that the long-term threat from the south was not eliminated. Russia needed a strategy in the west and one in the south. In the west, part of that strategy evolved in Ukraine, keeping it from being a threat without the use of major Russian force. A tacit agreement was reached with Washington: The United States would not arm Ukraine with significant offensive weapons, and Russia would not move major force into Ukraine beyond the insurgencies already in place. At that time, neither Russia nor the U.S. wanted war. Each wanted a buffer zone. That is what emerged.

Belarus

Another piece of the lost buffer became, so to speak, available. Belarus is about 600kms from Moscow. Poland, to its west, is hostile to Russia and contains some American forces. This represents a significant threat to Russia, unless Belarus could be brought into the Russian fold. The elections in Belarus held last year created an opportunity. President Alexander Lukashenko, a long-time ruler who faced serious opposition. This was another attempt by the CIA to start a Colour Revolution in Belarus. Had the CIA succeeded in Belarus, the squeeze on Russia would have been fatal, in case of war.

The Russians backed Lukashenko and have essentially preserved his position. Alexander Lukashenko has been the head of state of Belarus since 1994, and did not have a serious challenger in the previous five elections. On 23 September 2021, Belarusian state media announced that Lukashenko had been inaugurated for another five-year term in a brief ceremony which was held privately. The following day, the EU published a statement that rejected the legitimacy of the election, called for new elections, and condemned the repression and violence – standard tactics from the West. Strategic depth is vital in the very long term, and its importance is burned into Russia's memory.

Destabilisation of Kazakhstan

The year 2022 started with Kazakhstan on fire, a serious attack against one of the key hubs of Eurasian integration. Leaders of the Collective Security Treaty Organisation (CSTO) held an extraordinary session to discuss Kazakhstan.

The head of the Russian National Security Council, Nikolae Patrushev, is Putin's right man. He is the head of all the security and intelligence services of Russia, a very powerful man indeed, a master of how to foil the CIA and MI6. Just to give you an example: Between 2018 and 2021 – a period of three years, Russia caught more than 2,000 spies, and foiled many plots. So he is extremely well aware of the plots and plans of Russia's enemies.

Putin was aware that the West were intent on creating a wave of hybrid-war across Central Asia.

Back in November, Patrushev's laser was already focused on the degrading security situation in Afghanistan. Tajik political scientist Parviz Mullojanov was among the very few who were stressing that there were as many as 8,000 imperial machine Salafi-jihadi assets, shipped by a rat line from Syria and Iraq, loitering in the wilds of northern Afghanistan. That's the bulk of ISIS-Khorasan – or ISIS reconstituted near the borders of Turkmenistan. Some of them were duly transported to Kyrgyzstan. From there, it was very easy to cross the border from Bishek and show up in Almaty.

It took no time for Patrushev and his team to figure out, after the imperial retreat from Kabul, how this jihadi reserve army would be used: along the 7,500 km-long border between Russia and the Central Asian 'stans'. That explains, among other things, a record number of preparation drills conducted in late 2021 at the 210th Russian military base in Tajikistan.

Virtually no one knows about it. But last December, another coup was discreetly thwarted in the Kyrgyz capital, Bishkek. Kyrgyz Intel sources attribute the engineering to a rash of NGOs linked with Britain and Turkey. That introduces an absolutely key facet of The Big Picture: NATO-linked Intel and their assets may have been preparing a simultaneous colour revolution offensive across Central Asia. During his 29-year rule, Nazarbayev played a multi-vector game that was too westernised and which did not necessarily benefit Kazakhstan. He adopted British laws, played the pan-Turkic card with Erdogan, and allowed a tsunami of NGOs to promote a Western agenda. The breakdown of the messy Kazakh op necessarily starts with the usual suspects: the US Deep State, which all but "sang" its strategy in a 2019 RAND corporation report, *Extending Russia*. Chapter 4, on "geopolitical measures", details everything from "providing lethal aid to Ukraine", "promoting regime change in Belarus", and "increasing support

for Syrian rebels” – all major fails – to “reducing Russian influence in Central Asia.” That was the master concept. Implementation fell to the MI6-Turk connection.

The CIA and MI6 had been investing in dodgy outfits in Central Asia since at least 2005, when they encouraged the Islamic Movement of Uzbekistan (IMU), then close to the Taliban, to wreak havoc in southern Kyrgyzstan. Nothing happened. It was a completely different story by May 2021, when the MI6’s Jonathan Powell met the leadership of Jabhat al-Nusra – which harbors a lot of Central Asian jihadis – somewhere in the Turkish-Syrian border near Idlib. The deal was that these ‘moderate rebels’ – in US terminology – would cease to be branded ‘terrorists’ as long as they followed the anti-Russia NATO agenda. That was one of the key prep moves ahead of the jihadist ratline to Afghanistan – complete with Central Asia branching out.

MI6 is deeply entrenched in all the ‘stans’ except autarchic Turkmenistan – cleverly riding the pan-Turkish offensive as the ideal vehicle to counter Russia and China. Yet both Russia and China are very much aware that Turkey essentially represents NATO entering Central Asia.

Every colour revolution needs a ‘Maximum’ Trojan horse. In our case, that seems to be the role of former head of KNB (National Security Committee) Karim Massimov, now held in prison and charged with treason. Hugely ambitious, Massimov is half-Uyghur, and that, in theory, obstructed what he saw as his pre-ordained rise to power. His connections with Turkish Intel are not yet fully detailed, unlike his cozy relationship with Joe Biden and son. A former Minister of Internal Affairs and State Security, Lt Gen Felix Kulov, has weaved a fascinating tangled web explaining the possible internal dynamics of the ‘coup’ built into the colour revolution.

According to Kulov, Massimov and Samir Abish, the nephew of recently ousted Kazakh Security Council Chairman Nursultan Nazarbayev, were up to their necks in supervising ‘secret’ units of ‘bearded men’ during the riots. The KNB was directly subordinated to Nazarbayev, who until last week was the chairman of the Security Council.

When Tokayev understood the mechanics of the coup, he demoted both Massimov and Samat Abish. Then Nazarbayev ‘voluntarily’ resigned from his life-long chairmanship of the Security Council. Abish then got this post, promising to stop the ‘bearded men,’ and then to resign. So that would point directly to a Nazarbayev-Tokayev clash. It makes sense as, Tokayev is a very smart operator. Trained by the foreign service of the former USSR, fluent in Russian and Chinese, he is totally aligned with Russia-China – which means fully in sync with the masterplan of the BRI (In March 2022, the number of countries that have joined the Belt and Road Initiative (BRI) by signing a Memorandum of Understanding (MoU) with China is 146*. The countries of the Belt and Road Initiative (BRI) are spread across all continents), the Eurasia Economic Union, and the SCO (Shanghai Cooperation Organisation (SCO), also known as the Shanghai Pact, is a transcontinental political, economic, security, and military alliance). Tokayev, much like Putin and Xi, understands how this BRI/EAEU/SCO triad represents the ultimate imperial nightmare, and how destabilising Kazakhstan – a key factor in the triad – would be a mortal coup against Eurasian integration. (Member states of the EAEU include Armenia, Belarus, Kazakhstan, Kyrgyzstan, and Russia.) Kazakhstan, after all, represents 60% of Central Asia’s GDP, massive oil/gas and mineral resources, cutting-edge high tech industries: a secular, unitary, constitutional republic bearing a rich cultural heritage. It didn’t take long for Tokayev to understand the merits of immediately calling the CSTO to the rescue: Kazakhstan signed the treaty way back in 1994. After all, Tokayev was fighting a foreign-led coup against his government. (The Collective Security Treaty Organization (CSTO) is a military alliance led by Russia. There are currently six member states, including Russia, Belarus, Kazakhstan, Armenia, the Kyrgyz Republic and Tajikistan. The other five member states besides Russia are economically and politically dependent on Russia.)

Kazakh President Kassym-Jomart Tokayev framed it succinctly. Riots were “hidden behind unplanned protests.” The goal was “to seize power” – a coup attempt. Actions were “coordinated from a single centre.” And “foreign militants were involved in the riots.”

Putin went further: during the riots, “Maidan technologies were used,” a reference to the Ukrainian square where 2013 protests unseated a NATO-unfriendly government. Defending the prompt intervention of CSTO peacekeeping forces in Kazakhstan, Putin said, “it was necessary to react without delay.” The CSTO will be on the ground “as long as necessary,” but after the mission is accomplished, “of course, the entire contingent will be withdrawn from the country.” CSTO forces left after a week, whereby they crushed the CIA coup. But here’s the clincher: “CSTO countries have shown that they will not allow chaos and ‘colour revolutions’ to be implemented inside their borders.” Putin was in synch with Kazakh State Secretary Erlan Karin, who was the first, on the record, to apply the correct terminology to events in his country: What happened was a “hybrid terrorist attack,” by both internal and external forces, aimed at overthrowing the government.

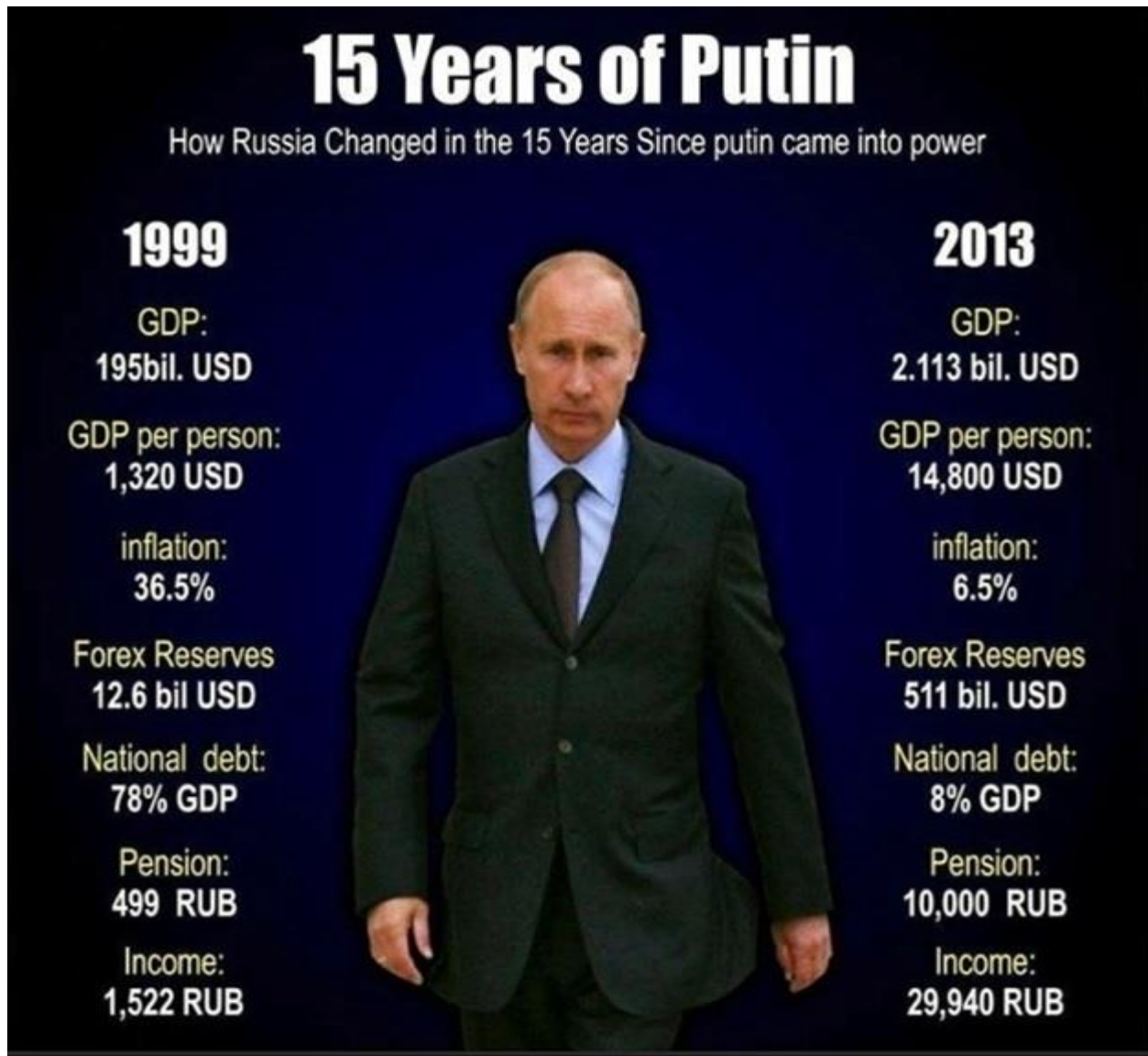
Yet, they are just one nexus in western nebulae of Hybrid War fog deployed across Central Asia, and West Asia for that matter. Here we see the CIA and the US Deep State crisscrossing MI6 and different strands of Turkish Intel. When President Tokayev was referring in code to a “single centre,” he meant a so far ‘secret’ US-Turk-Israeli military-intel operations room based in the southern business hub of Almaty, according to a highly placed Central Asia Intel source. In this “centre,” there were 22 Americans, 16 Turks and 6 Israelis coordinating sabotage gangs – trained in West Asia by the Turks – and then rat-lined to Almaty.

The op started to unravel for good when Kazakh forces – with the help of Russian/CSTO Intel – retook control of the vandalised Almaty airport, which was supposed to be turned into a hub for receiving foreign military supplies.

The Hybrid War west had to be stunned and livid at how the CSTO intercepted the Kazakh operation at such lightning speed. The key element is that the secretary of Russian National Security Council, Nikolai Patrushev, saw the Big Picture aeons ago. So, it’s no mystery why Russia’s aerospace and aero-transported forces, plus the massive necessary support infrastructure, were virtually ready to go.

Putin, among others, has stressed how an official Kazakh investigation is the only one entitled to get to the heart of the matter. Rushed to only a few days before the start of the Russia-US ‘security guarantees’ in Geneva, this colour revolution represented a sort of counter-ultimatum – in desperation – by the NATO establishment.

Central Asia, West Asia, and the overwhelming majority of the Global South have witnessed the lightning fast Eurasian response by the CSTO troops – who, having now done their job, and left Kazakhstan in a couple of days – and how this colour revolution has failed, miserably. It might as well be the last. Beware the rage of a humiliated Empire.



This spectacular run of defeats suggests that the age of the U.S. dominating the world as its one remaining superpower is now at a cross-roads. It suggests that the fearsome spectre of violent military might is losing its fangs. It seems the era of the U.S. Empire is coming to an end. Then there's the clincher, revealed by a high-level U.S. Intel source.

In 2013, the late Zbigniew "Grand Chessboard" Brzezinski was presented with a classified report on Russian advanced missiles. He freaked out and responded by conceptualising Maidan 2014 – to draw Russia into a guerrilla war then as he had done with Afghanistan in the 1980s.

Chronology

- **1999:** Putin become President. He faces his first challenge from the two families in Chechnya. He crushes the jihadist insurrection in the Caucasus.
- **2001 June:** The SCO is formed, which leads a panicked Rockefeller Empire to activate a military move into Central Asia, which then took place on September 2001 – 9/11.
- **2003 March:** The US invades Iraq – Putin helps the Iraqi Resistance with military equipment, including the Kornet anti-tank missiles.
- **2005 May:** The CIA attempts a Colour Revolution and a coup in Uzbekistan. The leader, Karimov, then cuts US ties, and closes a US base next to the Afghan border. Uzbekistan moves closer to Russia, while the US is out.

- **2007 February:** Putin's speech at Munich shocks the 2 families – now the gloves are off
- **2008 August:** Georgia invades Russia – and is defeated within 3 days
- **2008 September:** Financial crash
- **2010 December:** Arab Spring
- **2011 March:** Destabilisation of Syria begins
- **2012:** Xi Jinping becomes President of China – and the US “pivots” East
- **2014:** the Maidan coup in Ukraine
- **July 2014:** As Putin was returning to Russia after the BRICS summit in Brazil, his plane overflew Ukraine. The CIA targeted his plane, but the wrong plane was shot down – Malaysian Airlines MH17.
- **2015 September:** Russia goes to help Syria
- **2018:** Putin unveils Russia's advance military hardware – the Pentagon has a cardiac event
- **2021 September:** Belarus colour revolution fails against Putin ally Lukashenko
- **2021 December:** Russian intelligence thwarted a coup attempt in Bishkek, capital of Kyrgyzstan. NATO missile systems in Romania and Poland about to become operational. This last point has been explained above.
- **2022 January:** Russia puts down an attempted CIA/MI6 coup in Kazakhstan

And here we are now: it's all a matter of unfinished business. And, now we come to Ukraine.

Russia / Putin & the West

Part 2

by **Sam Parker**

[Behind the News Network](#)

Ukraine

Ukraine and Russia were so intertwined economically, socially and culturally, especially in the east of the country, that they were almost indistinguishable from one another. Most of Russia's natural gas pipelines from West Siberia flowed through Ukraine on their way to Germany, France and other European states. In military strategic terms, a non-neutral Ukraine in NATO would pose a fatal security blow to Russia. In the age of advanced US weapons and anti-missile defences, this was just what Washington wanted.

A look at the map of Eurasian geography revealed a distinct pattern to the CIA-sponsored Colour Revolutions after 2000. They were clearly aimed at isolating Russia and ultimately cutting her economic lifeline – her pipeline networks that carried Russia's huge reserves of oil and gas from the Urals and Siberia to Western Europe and Eurasia-straight through Ukraine.

The unspoken agenda of Washington's aggressive Central Asia policies after the collapse of the Soviet Union could be summed up in a single phase: control of energy. So long as Russia was able to use its strategic trump card – its vast oil and gas reserves – to win economic allies in Western Europe, China and elsewhere, it could not be politically isolated. The location of various Colour Revolutions was aimed directly at encircling Russia and cutting off, at any time, her export pipelines. With more than half of Russia's dollar export earnings coming from its oil and gas exports, such encirclement would amount to an economic chokehold on Russia by US-led NATO.

Russia was the only power with enough strategic nuclear deterrence potential, as well as sufficient energy reserves, to make a credible counterweight to global US military and political nuclear primacy. Moreover, a Eurasian combination of China and Russia, plus allied Eurasian states (mainly Central Asian), presented an even greater counterweight to unilateral US dominance. Following the 1998 Asian financial crises, Beijing and Moscow formed a mutual security agreement with surrounding states, Kazakhstan and Tajikistan. In June 2001, Uzbekistan joined, and the group renamed itself the Shanghai

Cooperation Organization, or the SCO. This was the catalyst that forced the Rockefeller Empire to carry out the terror act of 9/11, in order to justify an invasion of Central Asia – with the aim to disrupt this alliance. (kinesiology muscle testing suggests that this statement is TRUE)

One of the leading advocates of an American global supremacy – Rockefeller strategist and close friend – Zbigniew Brzezinski, described the pivot significance of Ukraine in his 1997 book, *The Grand Chessboard*. He wrote:

“Ukraine, a new and important space on the Eurasian chessboard, is a geopolitical pivot because its very existence as an independent country helps to transform Russia. Without Ukraine, Russia ceases to be a Eurasian empire... If Moscow regains control over Ukraine, with its 52 million people and major resources as well as access to the Black Sea, Russia automatically again regains the wherewithal to become a powerful imperial state, spanning Europe and Asia...”

Brzezinski, a student of Halford Mackinder geopolitics, described the role of “pivot” states:

“Geopolitical pivots are the states whose importance is derived not from their power and motivation but rather from their sensitive location... which in some cases gives them a special role in either defining access to important areas or in denying resources to a significant player...”

“It cannot be stressed enough that without Ukraine, Russia ceases to be an empire, but with Ukraine suborned and then subordinated, Russia automatically becomes an empire”

Ukraine, like few other Eurasian countries, is a product of its special geography, as it uniquely straddles east and west. It is what Halford Mackinder, the British father of geopolitics—the study of the relations of political power to geography—called a “pivot” state. Ukraine uniquely transforms the geopolitical position of Russia, for better or worse.

With the collapse of the Soviet Union in 1991, Washington went all out to support a break between Russia and Ukraine. The goal was to use Ukraine as a buffer to block closer integration between Russia and Europe, especially Germany.

The country Ukraine itself is an historical anomaly. Almost 1000 years ago, *Kievan Rus* under Vladimir the Great had been the empire of the East Slavic peoples of today’s Ukraine, Russia and Belarus. For more than 350 years, *Kievan Rus* east of the Dnieper River had been a part of the Russian Czarist Empire. After 1795 Ukraine was divided, as a result of wars of partitioning Poland, between the Orthodox Tsardom of Russia and Roman Catholic Habsburg Austria.

As such a pivot state, Ukraine’s history has been tragic. In 1922 it was forced to become one of the founding republics of the Soviet Union after a bloody war with the Red Army. In the 1930’s, Stalin initiated a gruesome chapter in both Russian but especially Ukrainian history, which still burns in the memories of the descendants in the Catholic rural agricultural west of Ukraine. In 1932 and 1933, millions of people, mostly peasants, in Ukraine starved to death in a politically induced famine, the *Holodomor*, due to Stalin’s “liquidation of the Kulak class,” the more or less independent farmers to introduce forced collectivisation of agriculture. Some 6 to 8 million people died from hunger in the Soviet Union during this period, of which at least 4 to 5 million were Ukrainians. Ironically, Nikita Khrushchev, the man who in the 1950’s initiated de-Stalinisation, was the head of the Ukrainian Communist Party in 1935 overseeing Stalin’s *Holodomor*.

After Stalin’s death, now as head of the Communist Party of Soviet Union, Khrushchev decided to administratively transfer the Crimea to the Ukraine within the USSR in 1954, though the Crimean population was overwhelmingly ethnic Russian.

In the largely agricultural west of Ukraine, the famous “breadbasket of Europe,” the population is historically Roman Catholic, going back centuries. The Eastern parts of Ukraine—Donbass, Donetsk, Crimea—are historically Eastern Orthodox in religion and are Russian-speaking. The east is also the centre of most Ukrainian industry from military manufacture to steel, to coal to oil and gas.

The 2014 Maidan Coup d'état

In 2013 there was intense debate inside the cabinet. The issue was the economic future of the floundering Ukraine—whether east with Russia into the new Eurasian Common Market together with Belarus and Kazakhstan, or to the west with a “special” association (not even a real full membership) with the European Union.

After a period of vacillation, and a final economic offer from Russia, Janukovich told EU ministers in November, 2013 that Ukraine would postpone talks for EU association and would join Russia’s Eurasian Economic Union, in the situation, a far more attractive proposition for Ukraine.

At that point, within minutes of Janukovich’s announcement, Ukraine’s “Second Colour Revolution,” was initiated. The protests started in the night of 21 November 2013. Via Twitter, Yatsenyuk called for protests, which he dubbed as Euromaidan, on Maidan Square, outside the main Government buildings.

What then ensued in Ukraine is to this day almost entirely unknown in the West. The reason is a total media blackout, led by CNN, BBC, the New York Times, and Washington Post. It has been a de facto NATO wartime press censorship, originating in Washington at the highest levels

That Kiev coup regime proceeded after February 22, 2014 to wage a war of extermination and ethnic cleansing of Russian-speakers in eastern Ukraine, led to a large degree by a private army of literal neo-Nazis from Pravy Sektor (Right Sector), the same ones who ran security in Maidan Square and launched a reign of terror against Russian-speaking Ukrainians. Battalions were formed of neo-Nazi mercenaries. They were given official state status as “Ukrainian National Guard” soldiers, the Azov Battalion, financed by Ukrainian mafia boss and billionaire oligarch, Ihor Kolomoisky, the financial backer of Zelenskyy as president.

Today

By the late 2021, a huge military buildup had taken place within eastern Ukraine. The aim was to crush, kill, and destroy the Donbass region, and its citizens. There was a calculation by the CIA that Putin would be forced to enter Ukraine in order for this conflict not to enter into Russia itself.

The Russian military was undergoing exercises on its borders with Ukraine during the last quarter of 2021. It moved equipment and troops to its western front. Putin was receiving reports from his intelligence services of an imminent attack by the Ukrainians towards the Donbass region.

In late November, Putin sent a demand to Washington that peace requires guarantees from Washington. These were three: Ukraine to be a neutral state. No nuclear missiles to be stationed in Ukraine. Ukraine will not be a member of NATO. Weeks had passed, but Washington did not respond. Their intention was to force Putin to enter the Donbass in support of the Russian-speaking people there.

Starting on February 17th, the Ukrainian military began shelling the Donbass, practically non-stop. A few days later, Putin received intelligence that Ukraine has prepared a “dirty nuclear” bomb, and were prepared to use it. The tipping point was when confirmation came that Washington was preparing to install nuclear-tipped missiles (which would take 5 minutes from launch to target – meaning not enough time for the Russian military to detect, confirm, and launch counter measures) were poised to strike Moscow from either Poland or Western Ukraine. On February 19, at the Munich Security Council, (the

very same place where Putin shocked the world in 2007), Ukrainian President Zelenskyy made his threat to deploy nuclear weapons on Ukrainian territory. He expressed this as his unilateral revocation of the 1994 Budapest Memorandum, although Ukraine was not a signatory of the agreement. Two days later on the evening of February 21, Putin made his speech recognising the sovereign independence of the Donetsk and Lugansk People's Republics, and the start of the military campaign in the Ukraine. He explicitly referenced Zelenskyy's Munich nuclear weapons pledge: "This is not empty bravado," Putin stressed in his speech. The next morning, Russia began its special operations, by moving into Eastern Ukraine, and removing the threat to Russia.



Gas Pipelines from Russia into China

The truth is that the Empire has been preparing a war against Russia since at least the mid-90s and that these preparations dramatically accelerated in the past eight years. It means that while western politicians spent the past 30 years or so slowly encircling Russia, Russian force planners successfully reformed the Soviet / Russian armed forces (which were in a terrible shape in the 90s and in a very uneven shape during most of the 80s) into a military capable of taking on all of NATO at once and quickly and very painfully defeat it.



PS: Russian Defense Minister Shoigu just reported that in November 2021 the USAF used 10 strategic bombers coming in from both the east and the west to rehearse nuclear strikes on Russia and that they changed course only 20km from the Russian border. It's a game called "nuclear chicken". Let's begin by looking at the Anglo-Zionist policies towards Russia.

The West's Actions

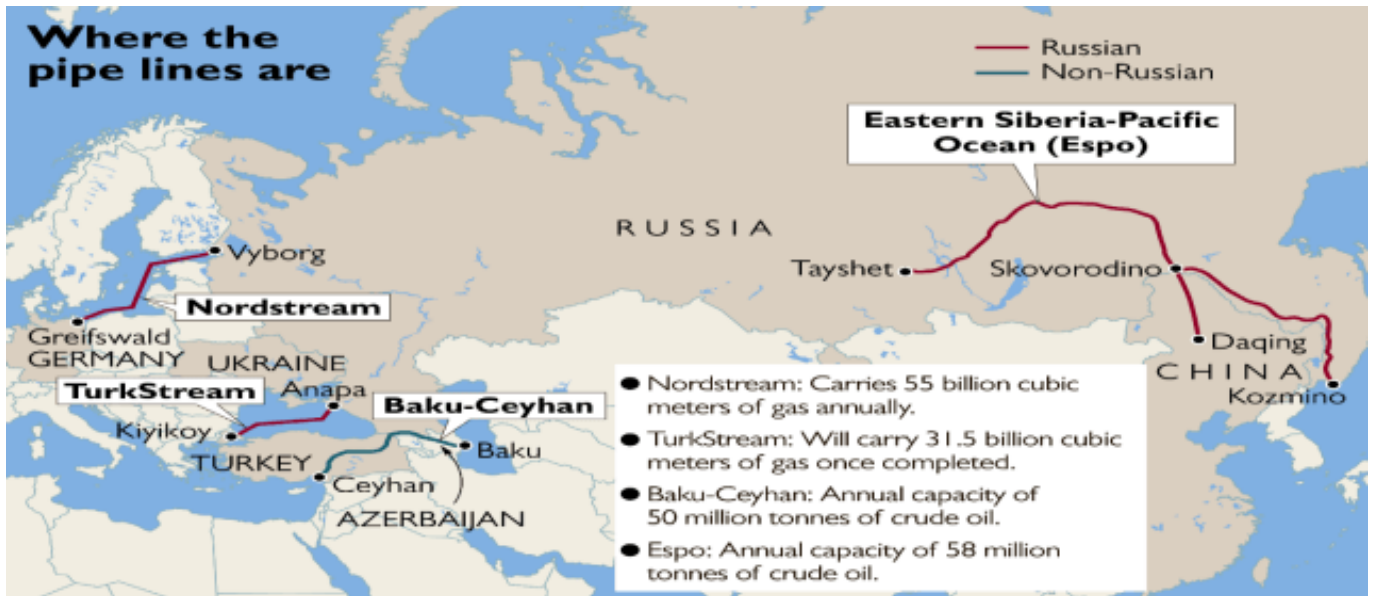
Second is the now total colonisation of Western Europe into the Empire. While NATO moved to the East, the US also took much deeper control of Western Europe which is now administered for the Empire. The Russians are most dismayed at the re-colonisation of Western Europe. The 'loss' of Western Europe is far more concerning for the Russians than the fact that ex-Soviet colonies in Eastern Europe are now under US colonial administration. Why? Look at this from the Russian point of view.

The Russians all see that the US power is on the decline and that the dollar will, sooner or later, gradually or suddenly, lose its role as the main reserve and exchange currency on the planet (this process has already begun). Simply put – unless the US finds a way to dramatically change the current international dynamic the Anglo-Zionist Empire will collapse. The Russians believe that what the Americans are doing is, at best, to use tensions with Russia to revive a dormant Cold War v2 and, at worst, to actually start a real shooting war in Europe. So a declining Empire with a vital need for a major crisis, a spineless Western Europe unable to stand up for its own interest, a subservient Eastern Europe just begging to turn into a massive battlefield between East and West, and a messianic, rabidly russo-phobic rhetoric as the background for an increase in military deployments on the Russian border. Is anybody really surprised that the Russians are taking all this very serious?

The Russian Reaction

So let us now examine the Russian reaction to Empire's stance.

First, the Russians want to make sure that the Americans do not give in into the illusion that a full-scale war in Europe would be like WWII which saw the continental US only suffer a few, tiny, almost symbolic, attacks by the enemy. Since a full scale war in Europe would threaten the very existence of the Russian state and nation, the Russians are now taking measures to make sure that, should that happen, the US would pay an immense price for such an attack. The Russians are now evidently assuming that a conventional threat from the West might materialise in the foreseeable future. They are therefore taking the measures needed to counter that conventional threat.



Since the USA appears to be dead set into deploying an anti-ballistic missile system not only in Europe, but also in the Far East, the Russians are taking the measures to both defeat and bypass this system. The Russian effort is a vast and a complex one, and it covers almost every aspect of Russian force planning, but there are four examples which would best illustrate the Russian determination not to allow a 22 June 1941 to happen again:

- The re-creation of the First Guards Tank Army
- The deployment of the Iskander-M operational-tactical missile system
- The deployment of the Sarmat ICBM
- The deployment of the Status-6 strategic torpedo

The Re-creation of the First Guards Tank Army

To put it simply – Russia clearly did not believe that there was a conventional military threat from the West and therefore she did not even bother deploying any kind of meaningful military force to defend from such a non-existing threat. This has now dramatically changed.

Russia has officially announced that the First Guards Tank Army – 1TGA. Make no mistake, this will be a very large force, exactly the kind of force needed to smash through an attacking enemy forces.

The Deployment of the Iskander-M Operational-Tactical Missile System

The new Iskander-M operational tactical missile system is a formidable weapon by any standard. It is extremely accurate, it has advanced anti-ABM capabilities, it flies at hypersonic speeds and is practically undetectable on the ground. This will be the missile tasked with destroying all the units and equipment the US and NATO have forward-deployed in Eastern Europe and, if needed, clear the way for the 1TGA.

The Deployment of the Sarmat ICBM

Neither the ITGA nor the Iskander-M missile will threaten the US homeland in any way. Russia thus needed some kind of weapon which would truly strike fear into the Pentagon and White House in the way the famous RS-36 Voevoda (aka SS-18 “Satan” in US classification) did during the Cold War. The SS-18, the most powerful ICBM ever developed, was scary enough. The RS-28 “Sarmat” (SS-X-30 by NATO classification) brings the terror to a totally new level.



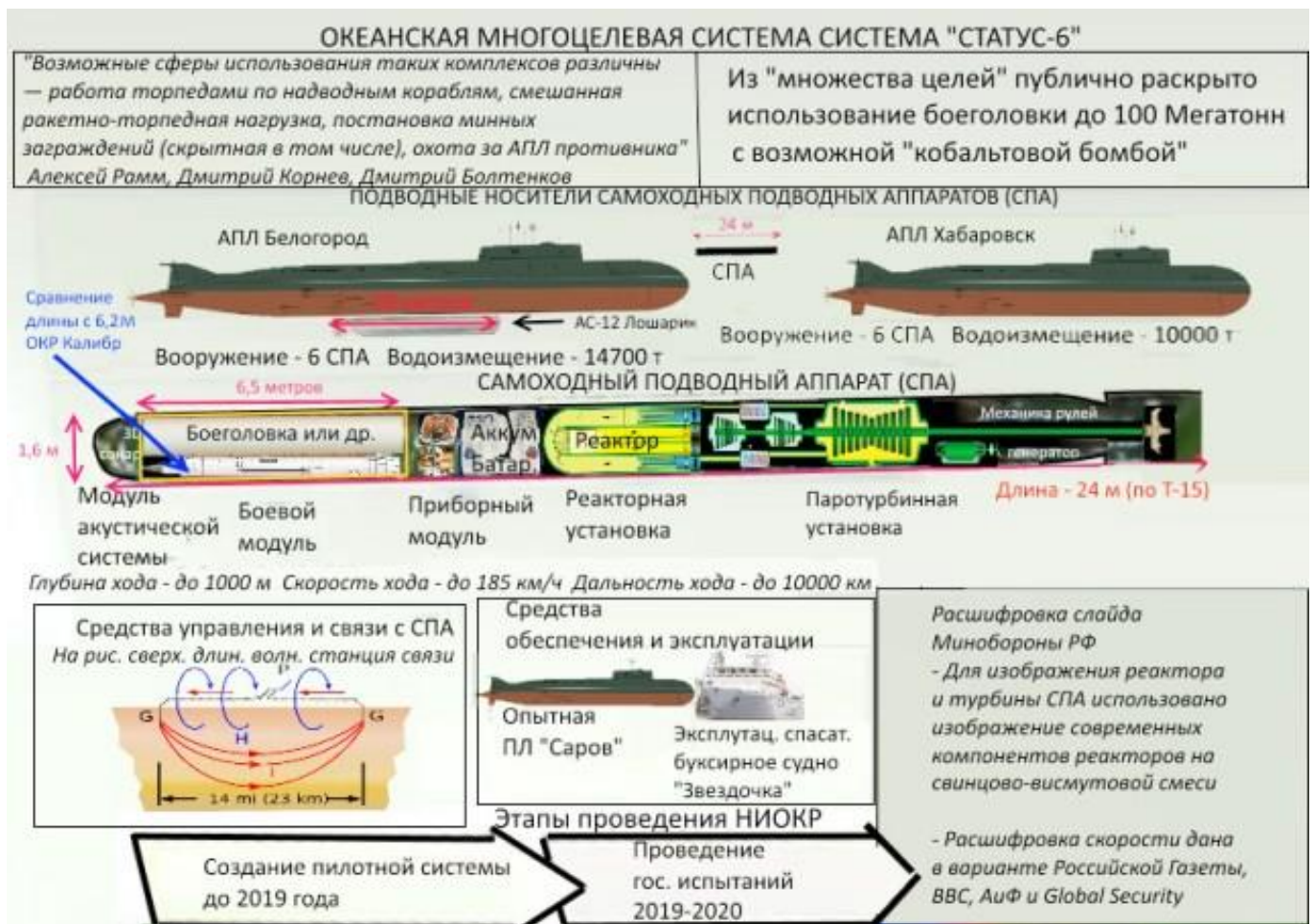
The Sarmat is nothing short of amazing. It will be capable of carrying 10-15 MIRVed warheads which will be delivered in a so-called “depressed” (suborbital) trajectory and which will remain manoeuvrable at hypersonic speeds. The missile will not have to use the typical trajectory over the North Pole but will be capable of reaching any target anywhere on the planet from any trajectory. All these elements combined will make the Sarmat itself and its warheads completely impossible to intercept.

The Sarmat will also be capable of delivering conventional hypersonic warheads capable of a “kinetic strike” which could be used to strike a fortified enemy target in a non-nuclear conflict. This will be made possible by the amazing accuracy of the Sarmat’s warheads.

The Sarmat’s silos will be protected by a unique “active protection measures” which will include 100 guns capable of firing a “metallic cloud” of forty thousand 30mm “bullets” to an altitude of up to 6km. The Russians are also planning to protect the Sarmat with their new S-500 air defence systems. Finally, the Sarmat’s preparation to start time will be under 60 seconds, thanks a highly automated launch system. What this all means is that the Sarmat missile will be invulnerable in its silo, during its flight and on re-entry in the lower parts of the atmosphere.

It is interesting to note that while the USA has made a great deal of noise around its planned Prompt Global Strike system, the Russians have already begun deploying their own version of this concept.

The Deployment of the Status-6 Strategic Torpedo



What is shown here is an “autonomous underwater vehicle” which has advanced navigational capabilities but which can also be remote controlled and steered from a specialised command module. This vehicle can dive as deep as 1,000m, at a speed up to 185km/h and it has a range of up to 10,000km. It is delivered by specially configured submarines.

The Status-6 system can be used to target aircraft carrier battle groups, US navy bases (especially SSBN bases) and, in its most frightening configuration, it can be used to deliver high-radioactivity cobalt bombs capable of laying waste to huge expanses of land. The Status-6 delivery system is capable of delivering a **100 megaton warhead** which would make it twice as powerful as the most powerful nuclear device ever detonated, the Soviet Czar-bomb (57 megatons). Hiroshima was only 15 kilotons.

Keep in mind that most of the USA’s cities and industrial centres are all along the coastline which makes them extremely vulnerable to torpedo based attacks (be it Sakharov’s proposed “Tsunami bomb” or the Status-6 system). And, just as in the case of the Iskander-M or the Sarmat ICBM, the depth and speed of the Status-6 torpedo would make it basically invulnerable to interception.

Take the Kalibr cruise-missile recently seen in the war in Syria. Did you know that it can be shot from a typical commercial container, like the ones you will find on trucks, trains or ships? Just remember that the Kalibr has a range of anywhere between 50km to 4,000km and that it can carry a nuclear warhead. How hard would it be for Russia to deploy these cruise missiles right off the US coast in regular container ships? Or just keep a few containers in Cuba or Venezuela? This is a system which is so undetectable that the Russians could deploy it off the coast of Australia to hit the NSA station in Alice Springs if they wanted, and nobody would even see it coming.

The reality is that the notion that the US could trigger a war against Russia (or China for that matter) and not suffer the consequences on the US mainland is absolutely ridiculous. So, sometimes things have to be said directly and unambiguously – western politicians better not believe in their own imperial hubris. So far, all their threats have achieved is that the Russians have responded with a many but futile verbal protests and a **full-scale program to prepare Russia for WWII**.

First, he confirmed that the Sarmat ICBM would replace the old but already formidable SS-18 “Satan”. Then he turned to new weapon systems:

- A nuclear powered cruise missile with basically unlimited range
- A nuclear powered unmanned submersible with intercontinental range, very high speed, silent propulsion and capable of moving a great depths
- A Mach 10 hypersonic missile with a 2,000 kilometre range (named: Kinzhal)
- A new strategic missile capable of Mach 20 velocities (named: Avangard)

All of these systems can be armed with conventional or nuclear warheads. Just think of the implications! Not only does that mean that the entire ABM effort of the USA is now void and useless, but also that from now US aircraft carrier battle groups can only be used against small, defenceless, nations!

It Is Official and It Is Over

While the whole Western media are shaking (incompetence will do this to one) in their boots from Vladimir Putin’s address, where he demonstrated, among many things, new RS-28 Sarmat ballistic missile, behind that revolutionary weapon system, one was almost completely ignored by media. Again, “education” based on catch phrases (such a “nuclear weapon) will do this to one. By far more shocking (albeit inevitable) revelation was deployment of a new hyper-sonic missile Kinzhal weapon. The missile is... well, for the lack of better word, is stunning—it is M10+ highly manoeuvrable missile with the range of 2,000 kilometres. The naval warfare as we know it is over. Without any overly-dramatic emphasis—we are officially in new era. No, I repeat, NO, modern or perspective air-defence system deployed today by any NATO fleet can intercept even a single missile with such characteristics. The salvo of 5-6 of such missiles is a guaranteed destruction of any Carrier Battle Group (CBG).

The mode of use of such weapon, especially since we know now that it is deployed (for now) in Southern Military District is very simple—the most likely missile drop spot by MiG-31s will be international waters of the Black Sea, thus closing off whole Eastern Mediterranean to any surface ship or group of ships. It also creates a massive no-go zone in the Pacific, where MiG-31s from Yelizovo will be able to patrol vast distances over the ocean. It is, though, remarkable that the current platform for Kinzhal is MiG-31—arguably the best interceptor in the history. Obviously, MiG-31’s ability to reach very high supersonic speeds (in excess of M3) is a key factor in the launch. But no matter what are the procedures for the launch of this terrifying weapon, the conclusions are simple:

1. It moves aircraft carriers into the niche of pure power projection against weak and defenceless adversaries;
2. It makes classic CBGs as main strike force against peer completely obsolete and useless; it also makes any surface combat ship defenceless regardless its air-defence capabilities.
3. Sea Control and Sea Denial change their nature and merge. Those who have such weapon, or weapons, simply own vast spaces of the sea limited by the ranges of Kinzhal and its carriers.

I don’t want to sound dramatic and I knew that there were and are always surprises in Soviet / Russian weapons but today’s revelations from the highest podium in Russia about Kinzhal were shocking. The balance of power just shifted dramatically, with it the naval warfare as we knew it is no more.

It is OVER!

“There is nothing in the U.S. arsenal now and in the foreseeable future which can intercept Mach 9-10+, let alone M20-27, targets. That’s the issue. It is indeed set, match and game over for the Empire: there is no more military option against Russia. So what do these people want? They want to provoke Moscow by all means available to exercise “Russian aggression”, resulting in an attack on Ukraine, but with zero casualties for NATO and the Pentagon. Then the Empire of Chaos will blame Russia; unleash a tsunami of fresh sanctions, especially financial; and try to shut off all economic links between Russia and NATO.

All exponents of Russian leadership, starting with President Putin, have already made it clear, over and over again, what happens if the Ukro-dementials start a blitzkrieg over Donbass: Ukraine will be mercilessly smashed – and that applies not only to the ethno-fascist gang in Kiev. Ukraine will cease to exist as a state.

It’s all about Minsk

It remains to be seen how this “de-confliction” will happen in practice when Defense Minister Shoigu revealed U.S. nuclear-capable bombers have been practicing, in their sorties across Eastern Europe, to enhance “their ability to use nuclear weapons against Russia”. Shoigu discussed that in detail with Chinese Defense Minister Wei Fenghe: after all the Americans will certainly pull the same stunt against China. The root cause of all this drama is stark: Kiev simply refuses to respect the February 2015 Minsk Agreement. In a nutshell, the deal stipulated that Kiev should grant autonomy to Donbass via a constitutional amendment, referred to as “special status”; issue a general amnesty; and start a dialogue with the people’s republics of Donetsk and Lugansk.

Over the years, Kiev fulfilled exactly zero commitments – while the proverbial NATO media machine incessantly pounded global opinion with fake news, spinning that Russia was violating Minsk. Russia is not even mentioned in the agreement. Moscow in fact always respected the Minsk Agreement – which translates as regarding Donbass as an integral, autonomous part of Ukraine. Moscow has zero interest in promoting regime change in Kiev. On the Minsk agreements, Putin’s to Zelinskyy message was blunt: “The President of Ukraine has said that he does not like any of the clauses of the Minsk agreements. Like it, or not – be patient, my beauty. They must be fulfilled.”

Looking at all of these moves against Russia since taking office, plus knowing full well the aim of the Rockefeller Empire was to “de-construct Russia, and break it up into three parts, Putin said “enough is enough.” It was time to fight back. Since 2000, Putin bided his time, making Russia strong, getting rid of internal and external enemies, building up her military and financial strength, and producing such advanced weapons for which the West has no defence against. For the first time in a century, a military superpower Russia, having had enough of U.S. / NATO bullying, is now dictating the terms of a new arrangement.

Coming straight from President Putin, it did sound like a bolt from the sky:

“We need long-term legally binding guarantees even if we know they cannot be trusted, as the U.S. frequently withdraws from treaties that become uninteresting to them. But it’s something, not just verbal assurances.” And that’s how Russia-U.S. relations come to the definitive crunch – after an interminable series of polite red alerts coming from Moscow.

Putin once again had to specify that Russia is looking for “indivisible, equitable security” – a principle established since Helsinki in 1975 – even though he no longer sees the U.S. as a dependable “partner”, that diplomatically nicety so debased by the Empire since the end of the USSR. So in the end it comes

down to Europeans facing “the prospect of turning the continent into a field of military confrontation.” That will be the inevitable consequence of a NATO “decision” actually decided in Washington.

Incidentally: any possible, future “counter threats” will be coordinated between Russia and China.

Most people by now know the content of the Russian draft agreements on security guarantees presented to the Americans. Key provisions include no further NATO expansion; no Ukraine admission; no NATO shenanigans in Ukraine, Eastern Europe, Transcaucasia and Central Asia; Russia and NATO agreeing not to deploy intermediate and short-range missiles in areas from where they can hit each other’s territory; establishment of hotlines; and the NATO-Russia Council actively involved in resolving disputes.

Russia’s Ministry of Foreign Affairs extensively reiterated that the Americans received “*detailed explanations of the logic of the Russian approach*”, so the ball is in Washington’s court.

In fact, whether U.S. and NATO functionalities like it or not, what’s really happening in the real politik realm is Russia dictating new terms from a position of power. In a nutshell: you may learn the new game in town in a peaceful manner, civilised dialogue included, or you will learn the hard way via a dialogue with Russia’s missile stars – Iskandr, Kalibr, Khinzal, Zircon, and many more in the pipeline. The Pentagon has nothing close to any of these. These weapons are game-changing.

Do note that the US military has been on a technological decline over the past two decades. In addition, the cost structures of new systems are such, that its peer competitors – Russia and China – do build better equipment at FAR LOWER COSTS. And, they work, unlike many new systems in the Pentagon and western militaries. Finally, the adventures in Iraq and Afghanistan have broken the back of the US military. It is not what it once was.

President Putin declared that the Russian ultimatum was not an ultimatum, as have several other Russian officials. Putin said:

“We already see that some of our ill-wishers, frankly speaking, interpret them as an ultimatum from Russia. Of course not. I remind you once again, I want to remind you: everything that our partners did, so we will call them, Yugoslavia was bombed under what pretext? What, with the sanction of the Security Council, or what? Where is Yugoslavia and where is the USA? Destroyed the country. Yes, there is an internal conflict, there are their own problems, but who gave the right to strike at the European capital? No one. They just decided that, and the satellites ran behind them and nodded. That’s all international law.

And under what pretext did you enter Iraq? Development of weapons of mass destruction in Iraq. We entered, destroyed the country, created a hotbed of international terrorism, and then it turned out that we were mistaken, and then they said: “The intelligence let us down.” Wow! The country was destroyed! Intelligence failed – and the whole explanation. It turns out that there were no weapons of mass destruction there, no one was preparing. On the contrary, once it was, [but] everything was destroyed as it should be.

How did you go to Syria? With the approval of the Security Council? No. They do what they want. But what they are now doing on the territory of Ukraine, or trying to do and planning to do, is not thousands of kilometres from our national border – this is at the doorstep of our house. They must understand that we simply have nowhere to retreat further.

Specialists sit here; I am in constant contact with them. There are no hypersonic weapons in the United States yet, but we know when they will appear, the same cannot be hidden. Everything is recorded: the tests are successful – unsuccessful. Clearly, we roughly understand when it will be. They will supply

Ukraine with hypersonic weapons, and then under its cover – this does not mean that they will use them tomorrow, because we already have Zircon, but they do not have it yet – they will arm and push extremists from a neighbouring state into including to certain regions of the Russian Federation, say the Crimea, under favourable, as they believe, circumstances for themselves.

Do they think we don't see these threats? Or do they think that we will helplessly look at the threats posed to Russia? This is the whole problem, we simply have nowhere to move on – that is the question.”

This then is Putin's red line.

In plain English, this means this: oh no, this is not at all an ultimatum. But we remind you that you attacked other countries and all we are saying is that if you continue or do not heed our warnings, then we will be free to do whatever we deem necessary. But no, of course not, this is not an ultimatum at all.

First, Putin is both very predictable and, at the same time, very unpredictable. The predictable thing about Putin is that he only uses force when there is no other option left. The very unpredictable thing about Putin is how and where he is willing to use force. Russia has a huge advantage over US+NATO in electronic warfare (from the tactical to the strategic level) and she can easily use it to a devastating effect while NATO has nothing to retaliate in kind. This, by the way, also applies to the Middle-East where, apparently, Russia has the means to disrupt/spoof GPS signals over the entire region.

The power of the Russian ultimatum is precisely in the fact that the Russians have promised to do “something” military and/or military-technical, but have not spelt out what that “something” might be. In reality, we are not dealing with one single “something”, but a succession of gradual steps which will bring more and more pressure to bear on the US and NATO/EU. Keep in mind that while the USA can make counter-proposals they are in no position to make any credible threats, hence the fundamental asymmetry between the two sides: Russian can make credible threats, while the US can produce only more words, something the Russians have basically stopped paying attention to.

From now on, the game is simple: Russia will gradually turn up the “pain dial” and see how the Empire will cope with this. China will be doing the exact same as Russian and Chinese actions are obviously carefully coordinated. At which point Russia and China would have won.

How soon will Russia turn up the pain dial? Putin has just repeated today that no US delaying tactics will be acceptable to Russia. A not-so-diplomatic message was sent to the West. “If you don't want to talk to Lavrov, then you will have to deal with Shoigu” – the best one-liner in years.

Putin has declared today that he is “fed up” with the West: *“And when international law and the UN Charter interfere with them, they declare all this obsolete and unnecessary. And when something corresponds to their interests, they immediately refer to the norms of international law, the UN Charter, and international humanitarian rules. I'm fed up of such manipulations”.*

Now, a very high-level Deep State intel source, retired, comes down to the nitty gritty, pointing out how “the secret negotiations between Russia and the US centre around missiles going into Eastern Europe, as the US frantically drives for completing its development of hypersonic missiles.”

The main point is that if the US places such hypersonic missiles in Romania and Poland, as planned, the time for them to reach Moscow would be 5 minutes. It's even worse for Russia if they are placed in the Baltics. The source notes, “The US plan is to neutralize the more advanced defensive missile systems that seal Russia's airspace. This is why the US has offered to allow Russia to inspect these missile sites in the future, to prove that there are no hypersonic nuclear missiles. Yet that's not a solution, as the

Raytheon missile launchers can handle both offensive and defensive missiles, so it's possible to sneak in the offensive missiles at night. Thus everything requires continuous observation."

The bottom line is stark: "This is the real issue behind the present crisis. The only solution is no missile sites allowed in Eastern Europe." That happens to be an essential part of Russia's demands for security guarantees. The West slowly is discovering that that it has no pressure point versus Russia (its economy being relatively sanctions-proof), and its military is no match for that of Russia's." In parallel, how "the threat to US dominance is that China, Russia and Mackinder's Eurasian World Island heartland are offering better trade and investment opportunities than are available from the United States with its increasingly desperate demand for sacrifices from its NATO and other allies."

The Rockefeller Empire and Washington are at the end of American geopolitical control over Eurasia. Occupied Germany and Japan enforcing the strategic submission of Eurasia from the west down to the east; the ever-expanding NATO; the ever de-multiplied Empire of Bases, all the lineaments of the 75-year-plus free lunch are collapsing.

Way back in August 2020, "the goal of Russian and Chinese policy is to recruit Germany into a triple alliance locking together the Eurasian land mass a la Mackinder into the greatest geopolitical alliance in history, switching world power in favour of these three great powers against Anglo-Saxon sea power."

The new groove is set to the tune of the New Silk Roads, or BRI; Russia's unmatched hypersonic power – and now the non-negotiable demands for security guarantees; the advent of RCEP – the largest free trade deal on the planet uniting East Asia; the Empire all but expelled from Central Asia after the Afghan humiliation; and sooner rather than later its expulsion from the first island chain in the Western Pacific, complete with a starring role for the Chinese DF-21D "carrier killer" missiles. So the rules have changed drastically. The Hegemon is naked. The new deal starts with turning the post-Cold War set-up in Eastern Europe completely upside down. The East Med will be next. The Bear is back, baby. Hear him roar.

To achieve its Full Spectrum Dominance, Washington needed not only the resources of its Colour Revolutions across Eurasia to encircle Russia. The Pentagon also needed to draw the rope tight around the emerging colossus of Asia, China. There, a different approach was required, given the extreme US financial dependence on China and its economic ties and investments there. To that end, our next article is on China.

This document calibrates overall as true – on the Map of Consciousness it calibrates 440.

RUSSIA-UKRAINE WAR

Where are people fleeing to?

The UN says more than 6.4 million people, mostly women and children, have fled Ukraine since Russia invaded. Most have sought refuge in neighbouring countries.



New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

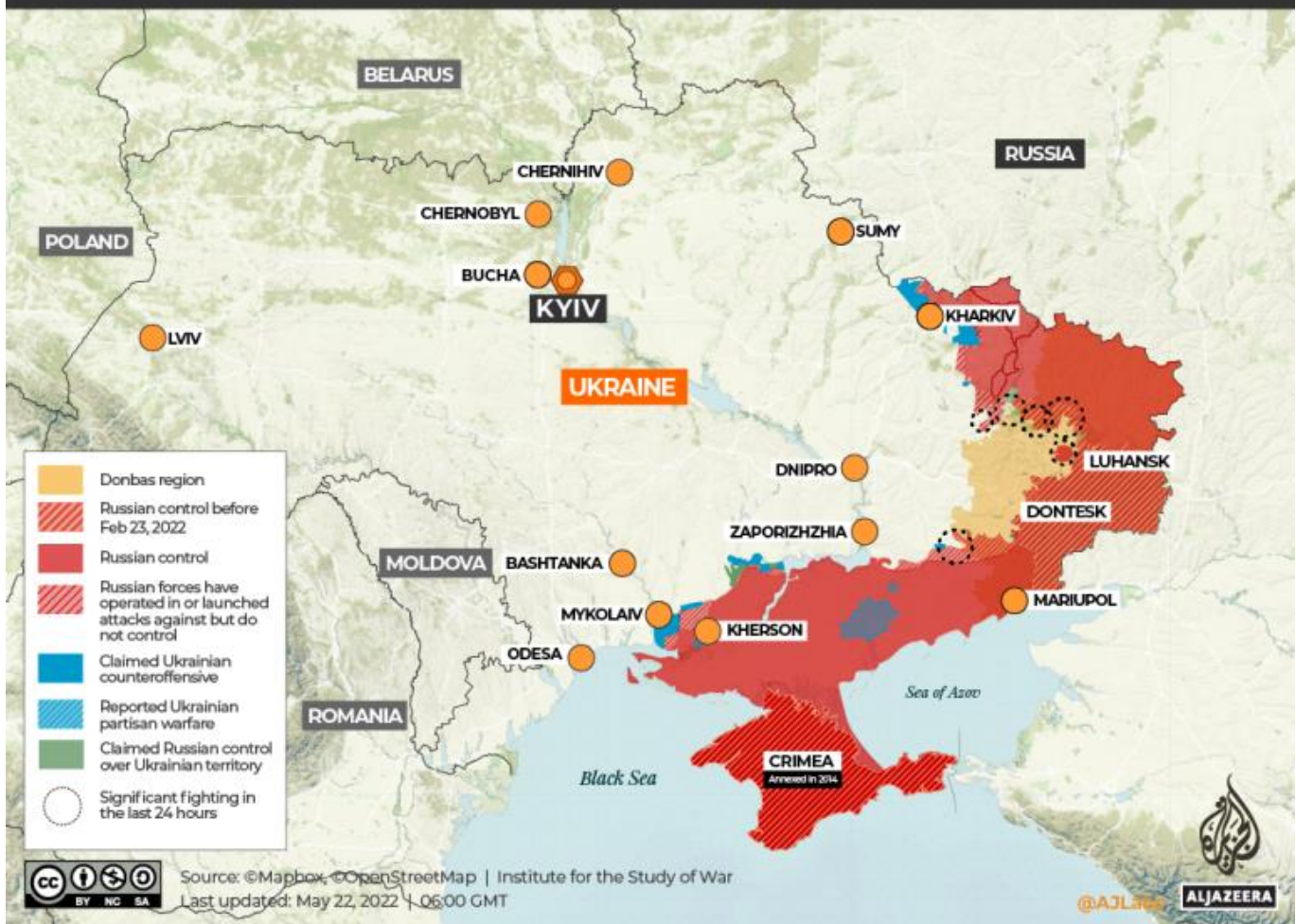
The Golden rule is: Never interfere with another's will.

RUSSIA-UKRAINE WAR

Who controls what in Ukraine?

Ukraine says it is prepared to **exchange Russian prisoners of war for its Azovstal steel plant troops** who surrendered to Russia. Russian forces have **intensified efforts to capture Severodonetsk** in the Luhansk region. Russian energy giant Gazprom says it **stopped natural gas supplies to Finland** as it had not received payment in roubles.

Day 88 - May 22, 2022 | 06:00 GMT



Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

Violence is never Justified

RUSSIAN losses in UKRAINE from 24 February 2022 until 22 May 2022 – 88 days.

For every soldier killed, another two are either injured, captured or gone missing. Thus, Russia has had 30,000 killed in action with another 60,000 injured or otherwise unable to continue – they have lost 90,000 of the 190,000 invasion force of 24 February 2022. Ukraine losses are about half of the Russian losses as of 22 May 2022. Ukraine equipment losses are being replenished by the world.



KHAZARIA:

Khazarian Jews, who are not of the Jewish race, dominate, if not dominate, then strongly influence the hidden controllers of Earth.

See www.pascashealth.com then go to Library Download and scroll down to Corporate Foundation Documents, then click on to open:

 [Pascas Finance Khazarian Banksters Control Humanity.pdf](#)



HOW our DEGRADATION of our CONSCIOUSNESS INHIBITS our CAPABILITIES:

Military history is repeating for Russia under Putin's regime of thieves

<https://theconversation.com/military-history-is-repeating-for-russia-under-putins-regime-of-thieves-181164>

27 May 2022

In explaining the reasons for Russia's unexpected military weakness in Ukraine, few have expressed it better than The Economist. The magazine noted "the incurable inadequacy of despotic power" and "the cheating, bribery and peculation" that is "characteristic of the entire administration".

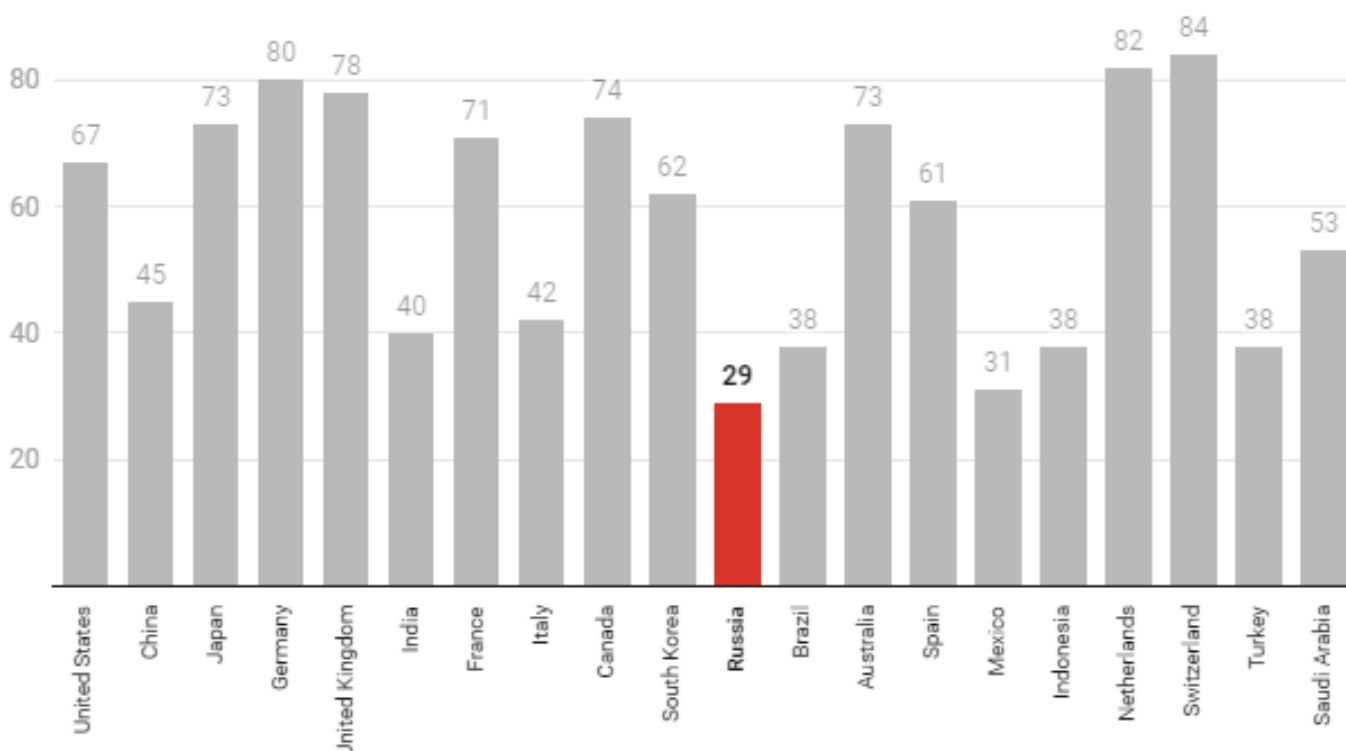
Peculation means embezzlement. It's a word rarely used nowadays; these words were in fact published by The Economist in October 1854, when Russia was in the process of losing the Crimean War.

But they might just easily be about Russia today, under Vladimir Putin, and the mess of its invasion of its far smaller neighbour. Rarely have the pernicious effects of authoritarianism and endemic corruption been so vividly on display.

Indeed Ukraine's National Agency on Corruption Prevention has cheekily thanked Russian officials for making "it much easier to defend democratic Ukraine" by embezzling "what should have gone to the needs of the army".

Russia, most corrupt of the major economies

Corruption Perceptions Index scores for the world's 20 biggest economies in 2021.



How corrupt is Russia?

Of the world's 20 major economies, Russia rates the worst on corruption.

In 2021, the respected Corruption Perceptions Index compiled by anti-corruption body Transparency International scored Russia 29/100, alongside Liberia, Mali and Angola. This made it the 44th most

corrupt nation on the index. (South Sudan was most corrupt, scoring 11/100, and Denmark the least corrupt, on 88/100.)

To be fair, Ukraine's score isn't much better, having gone through a similar post-Soviet privatisation process that delivered immense wealth to a few oligarchs. Its 2021 corruption score was 32/100.

Read more: Ukraine's economy went from Soviet chaos to oligarch domination to vital global trader of wheat and neon – and now Russian devastation

But President Volodymyr Zelenskyy has made tackling corruption a central policy, and Ukraine is improving on the index – unlike Russia. Ukraine also has some clear advantages for further improvements.

The US organisation Freedom House gives Ukraine a democracy score of 39.3%, compared with 5.4% for Russia. Transparency International rates Ukraine's democratic processes as "generally free and fair". It considers efforts in recent years to tackle corruption as slow and flawed, but nonetheless genuine and substantive.

Read more: How long can Vladimir Putin hold on to power?

Russia's rule of thieves

Putin's Russia, on the hand, is described by Transparency International as a kleptocracy – a government of thieves. Putin himself is estimated to have accrued a fortune of US\$200 billion, making him (unofficially) the world's second-richest man, after Elon Musk.

Putin's wealth accumulation methods are relatively straightforward. According to Bill Browder, a fund manager specialising in Russian markets, having Mikhail Khodorkovsky – then Russia's richest man – sent to prison in 2005 proved particularly fruitful:

After Khodorkovsky's conviction the other oligarchs went to Putin and asked him what they needed to do to avoid sitting in the same cage as Khodorkovsky. From what followed it appeared that Putin's answer was "50%" [...] for Vladimir Putin personally.

Much of Putin's fortune is squirrelled away in foreign bank accounts and investments, as revealed by the Pandora Papers. But he also enjoys material comforts such as a palace on the Black Sea reputed to have cost about US\$1 billion – paid in part out of a government program meant to improve health care.

Putin's palace is said to contain a swimming pool, saunas, Turkish baths, reading room, music lounge, hookah bar, cinema, wine cellar, casino, a dozen guest bedrooms and a 260 square metre master bedroom.

Wikimedia Commons, CC BY



Stealing from military budgets:

Money supposed to be for Russia's military capability has also been plundered. For example, defence minister Sergei Shoigu lives in an US\$18 million mansion – not bad for someone supposedly on a government minister's salary.

A typical rort has been to award contracts to companies owned by cronies, who then provide shoddy products and pocket huge profits. Food and housing in the Russian military is said to worse than being in prison. Russian soldiers sent to invade Ukraine have been given rations years out of date.

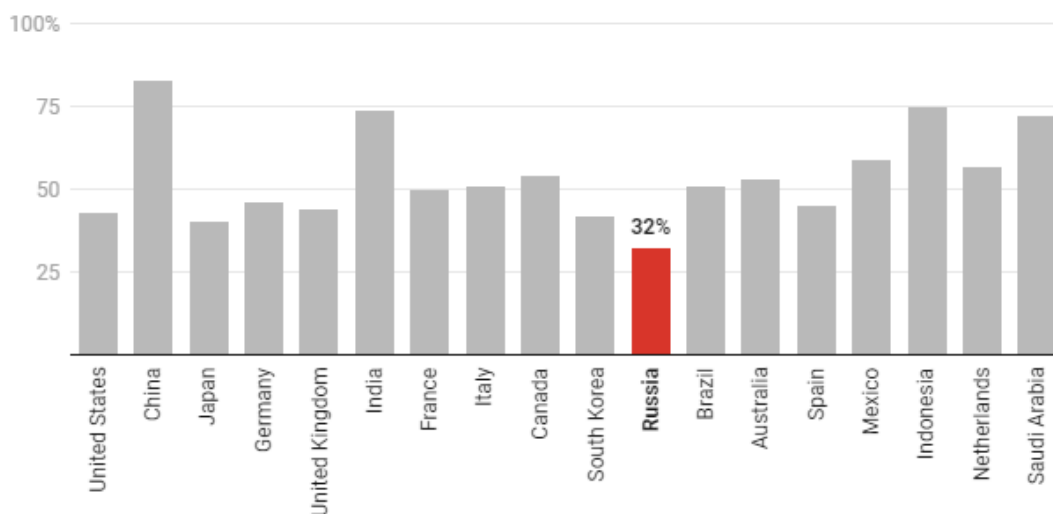
This has created a “Potemkin military” – all show and little substance – according to Andrey Kozyrev, Russia’s foreign minister from 1990 to 1996:

The Kremlin spent the last 20 years trying to modernise its military. Much of that budget was stolen and spent on mega-yachts in Cyprus. But as a military advisor you cannot report that to the President. So they reported lies to him instead.

Social distrust runs deep:

It should be no surprise, therefore, that Russia is a deeply distrustful society. This has been measured by global surveys such as Lloyd’s Register Foundation World Risk Poll and the Edelman Trust Barometer.

This distrust has been a hallmark of the Russian military’s performance in Ukraine.



Western military organisations emphasise empowering individual units to show initiative when plans go wrong. In marked contrast, the Russian military structure, like the state, is based on command and control, with little faith or trust in

troops.

In particular Russia’s conscription-dependent army lacks non-commissioned officers. These senior enlisted personnel train and supervise troops, and often take over leadership of smaller units in wartime.

This helps explain the high number of senior Russian generals killed on the front line in Ukraine – 12 at last count and 50 colonels. Typically, generals manage battlefields from a safe distance. But, as [a recent report](#) from The Economist has noted:

Morale has been low, logistics poor and casualties high. And that seems to have forced the generals to get their boots muddy.

And also put themselves within range of Ukrainian snipers and missiles.

This war, which the Russians expected would be over in days, has just entered its fourth month. It’s possible the Russian military can learn from its strategic and logistical blunders, and still win the battle for the Donbas area. But, unlike many Russian officers, general corruption and general distrust remain on the battlefield.

Part 8

Glass Ceiling Barrier Removal

4 April 2022

GLASS CEILING BARRIER REMOVAL

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

These two charts demonstrate the stark reality of one’s probable quality of life that we will experience relative to our personal calibration as per the Map of Consciousness (MoC) developed by Dr David Hawkins. This calibration level is essentially set for life by the time we reach the age of six (6) years.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

The overall consciousness of humanity remained at 190 on Dr David R Hawkins' Map of Consciousness (MoC) scale for around 1,700 years up until the mid 1900s. It has only recently begun to rise due to a few people realising that living feelings first, that is, embracing our feelings, our soul based feelings which are always in truth, and having our minds to follow in implementing what our feelings are guiding us to do, that we can break free of the shackles of mind-centric living. This revelation has had a profound positive impact. Through living feelings first we can heal ourselves of our childhood suppression which is imposed upon us from the moment of conception through to the age of six years by our parents and those close to us – there are and have been no exceptions – we all have and are subjected to childhood suppression.

While we live mind-centric we cannot progress beyond 499 on Hawkins' Map of Consciousness. That is the glass ceiling we are to break through now, and remove the restrictiveness of mind-centricity from our lives. For 200,000 years, we have been misguided to worship our minds and now we are free to choose THE NEW WAY – to live through our feelings, to live feelings first, and as we grow to do so, then the glass ceiling will be dissolved for ever for those who embrace their feelings over their mind.

War between nations, war between people will continue until we heal ourselves of our childhood suppression through embracing our feelings, our soul based feelings of truth. Disease and illness of all kinds will continue to plague us until we heal ourselves of our childhood suppression. All social ailments are of the consequence of our childhood suppression. This is the greatest time in the history of humanity because we now have been shown how to heal ourselves of our childhood suppression. This has now been achieved. It has never occurred in prior times throughout the history of humanity.

Of the past 3,400 years, humans have been entirely at peace for only 268 of them, or just **8%** of recorded history. War has prevailed 92% of modern history. How many people have died in war? At least 108 million people were killed in wars in the twentieth century. **Conflict and violence are currently on the rise**, with many conflicts today waged between non-state actors such as political militias, criminal and international terrorist groups.

Earth's humanity is presently experiencing 'rolling' disruptions that commenced on 22 March 2017 and are likely to continue unfolding relentlessly for around three decades. Nothing and none of the systems that came about during the 200,000 era of the Rebellion and Default are going to be allowed to continue. Nothing will remain the same. We are not going to be allowed to continue with our old ways without great difficulty. We are being encouraged to seek a new way. For those who steadfastly hold onto the old ways, their lives will be very difficult. For those who seek the new way and begin to embrace the new way, they will find life significantly easier.



WE'VE BEEN SCREWED BY LUCIFER REBELLION

Lucifer and his soul partner, with his assistant Satan and soul partner, brought about the Rebellion 200,000 years ago, and through his deputies, Caligastia and Daligastia, and their soul partners, they brought about the default by Adam and Eve of their mission on Earth more than 38,000 years ago.

REBELLION & DEFAULT

On the 31 January 2018, the formal ending of the Rebellion and Default took place, now the out working of the Rebellion is to unfold.

The earthing of the Law of Compensation commenced to quicken on 22 May 2017 and may be fully earthed when the Avonal bestowal pair complete their mission on Earth. The Avonal Pair are to introduce the coming Avonal Age of 1,000 years during which time all of Earth's humanity will be progressively be introduced to Feeling Healing, Living through our Feelings, Living Feelings First and the way to heal ourselves of what we have each taken on of the Rebellion and Default, mostly through our Childhood Suppression commencing at the moment of conception and completing when we are six years of age.

END OF THE LINE

LAW OF COMPENSATION

Through the earthing of the Law of Compensation, in the way it is applied throughout the spirit Mansion Worlds, is why it has been said that a 1,000 years of peace will unfold after the third and final world war.

Insanity Of Humanity

Presently, all of humanity is functioning in one form or another of a stupor, living zombie like, never responding intuitively with any form of spontaneity. The insanity of humanity is visible to all. It will only be when individuals heal themselves of their childhood suppression and begin to fully live through their soul based feelings, having their minds following in executing what our feelings are guiding us to embrace, will the depth of our retardation become obvious to each of us.

The New Way – Feeling Healing

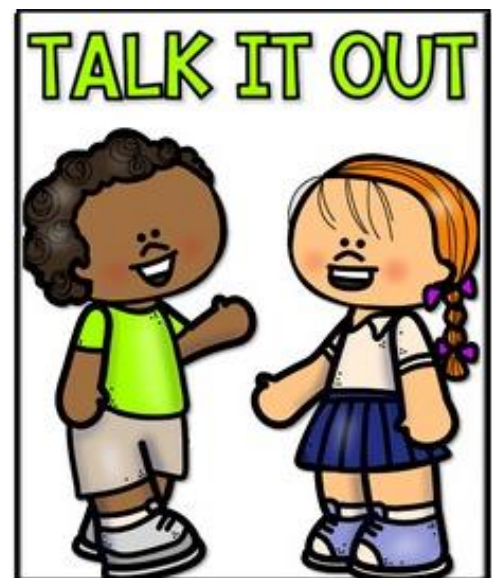
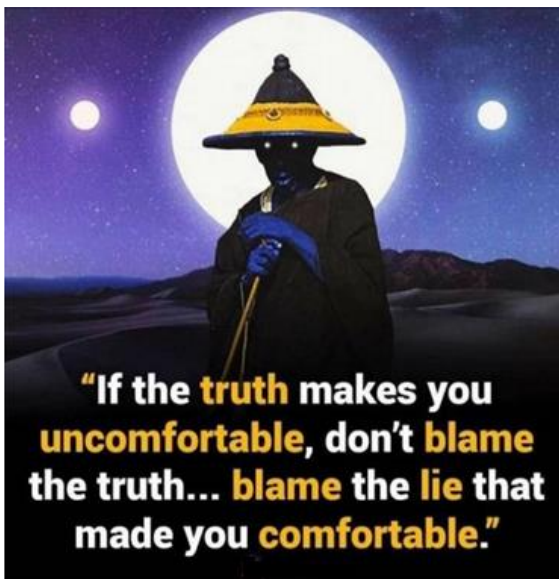
Freedom Pathway being Feeling Healing

Feeling Healing is the pathway to TRUTH and HAPPINESS!

REVELATION and TRUTH

Feeling Healing sets us FREE!

Feeling bad is good!



The mind is to be of service!
 The mind is designed to Follow,
 to be of service to the truth,
 of service to the heart, and
 your Feelings!

INSANITY



The different faces of **depression**



**We are all intensely insane,
and depressed, living in a stupor!**

Mass Formation Psychosis

Lost and confused!



Rejected
Child

Great Transformation of Humanity!



The NEW WAY The NEW WAY





TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

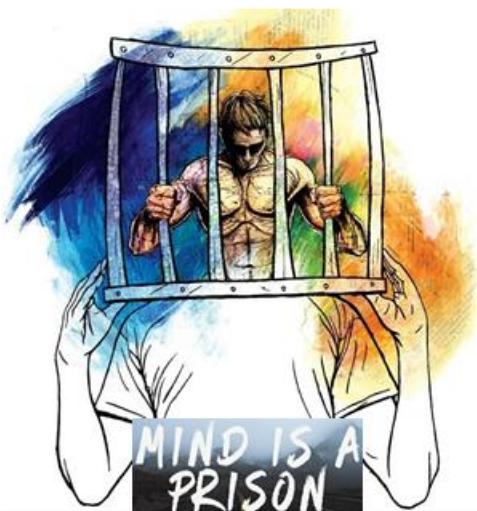
or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

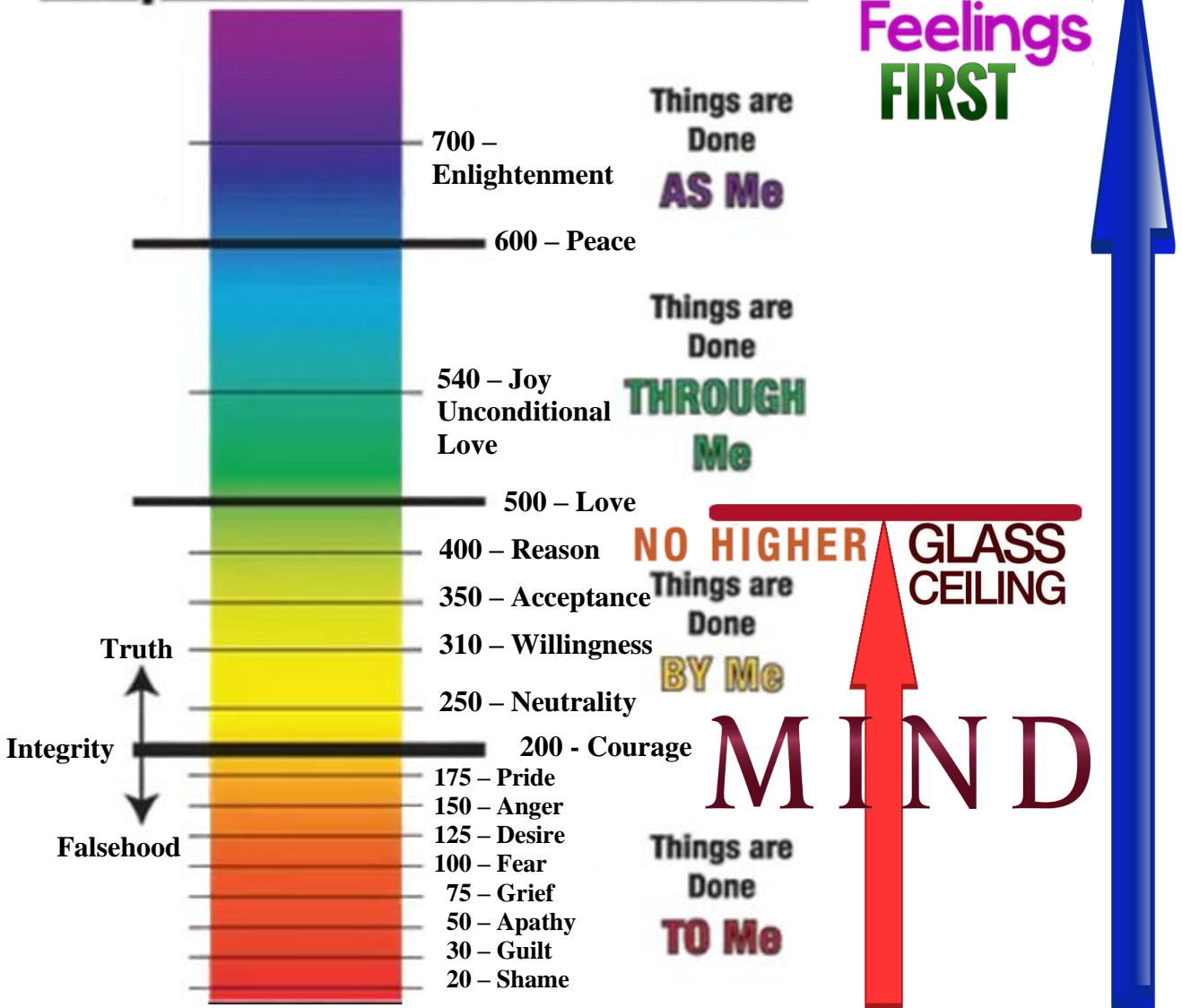
or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.



Map of Consciousness



POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly. The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression

CONSCIOUSNESS and EMOTIONS:

Consciousness = Soul Condition. One's Soul Condition is the compilation of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

NATURAL LOVE or HUMANITY'S EMOTIONS:

Our soul, being our real self, is an emotional being. Our soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception, incarnation being 16 days later when our heart commences to pump blood. Our soul is endowed with natural love emotions, both positive and negative for us to experience through our free will.

MAP OF CONSCIOUSNESS

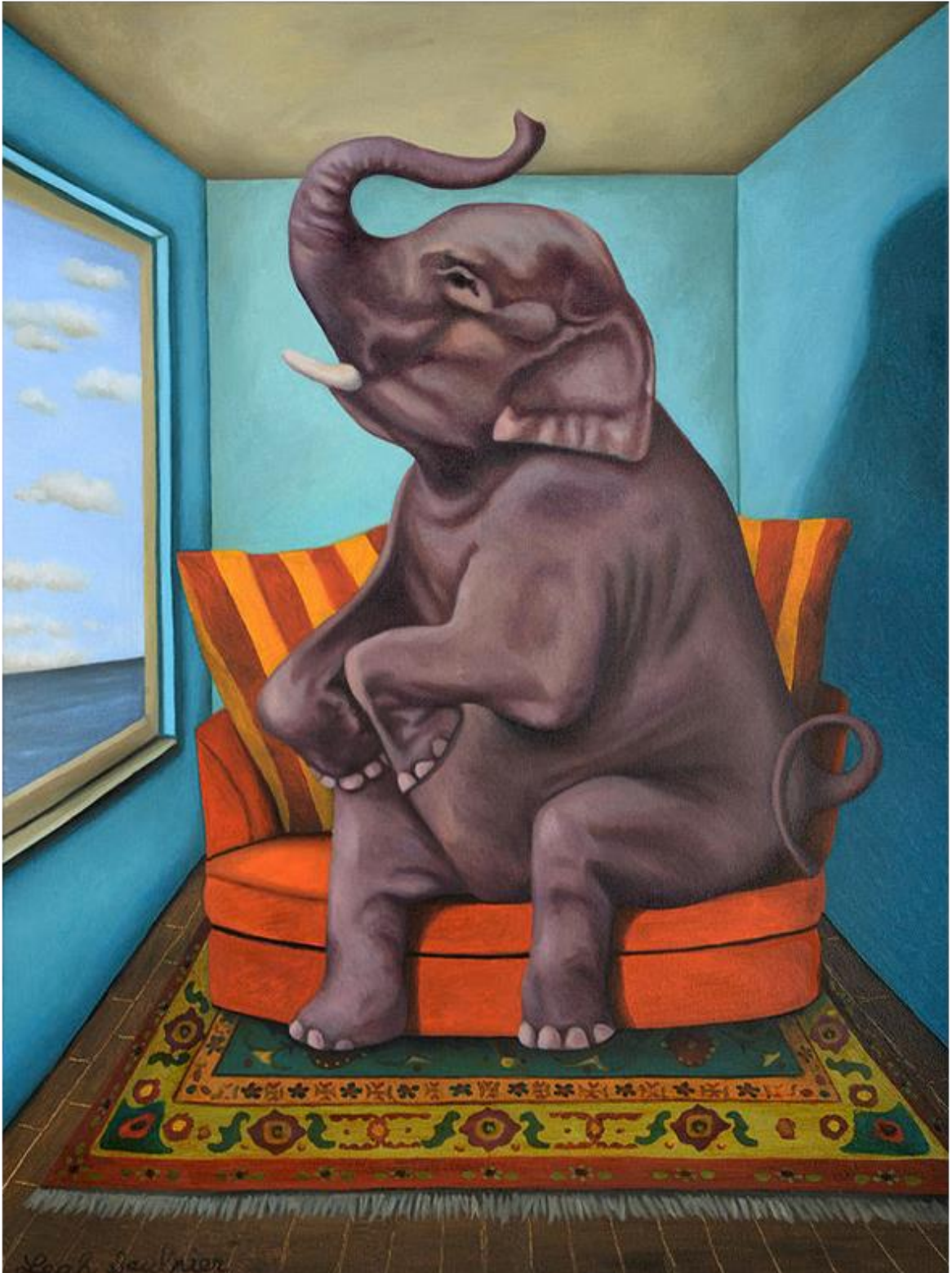
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 6, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the always pure soul.

MAP OF CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

Childhood Suppression is the elephant in the room!



The underlying generator
of all discomfort, pain,
disease and illness is
Childhood Suppression
and ongoing Repression.

Feeling Healing is our
only recovery and
soul growth pathway.

It is that simple!

Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



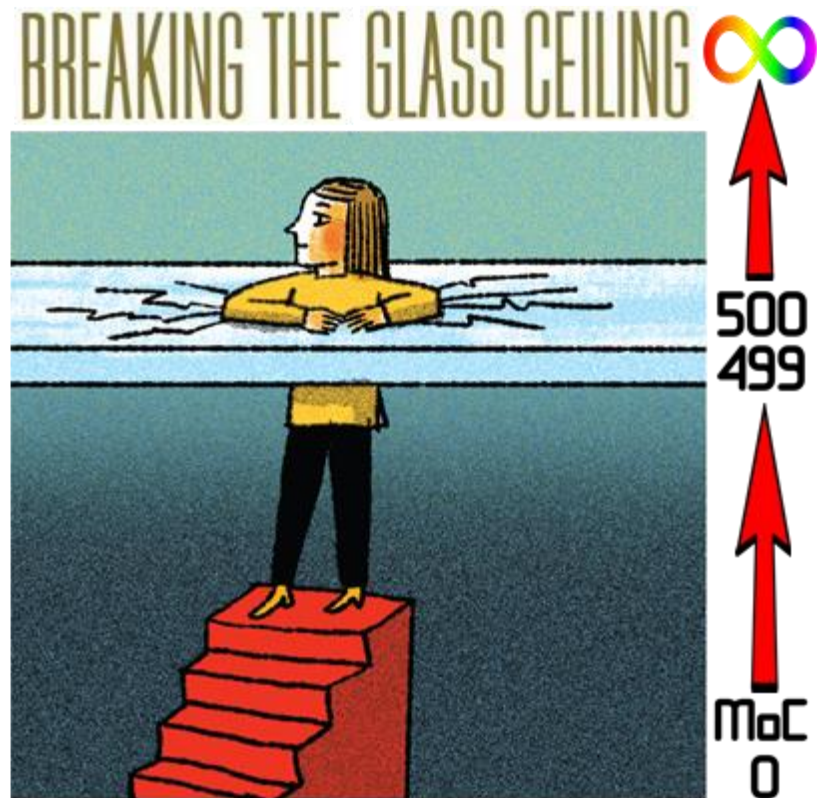
While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

GLASS CEILING BARRIER REMOVAL

Until we each embrace our feelings, begin to live feelings first, express our feelings both good and bad, long to know the truth of that which our feelings are drawing our attention to, we will continue to remain constrained and susceptible to overt control by the few hidden controllers.

We will remain in our ignorant stupor and lethargic state that is deplorable compared to the potential that exists within each of us.

While we remain living mind-centric and suppressing our feelings of truth then we are continuing to live in the Rebellion and Default that has been imposed upon us these past 200,000 years being of the Rebellion and the Default of some 38,000 years ago.



We will continue to stumble from one war to another with about 8% of the time living in some relative degree of peace. We believe we have excelled in technology development whereas we have no understanding as to the cause of any disease, our vaccines may be killing more people than the disease is for which the vaccines have been developed (coronavirus Covid-19), we have poisoned most of our food through chemical fertilisers and pesticides, our food crops are DNA mutated thus threatening our physical health, our vaccines are now interfering directly with our DNA which is a hazard for generations to come, we have developed weapons of mass destruction, not to mention nuclear weapons, that can destroy Earth's humanity and the planet's viability to support life. We think our capacity to enter space is amazing when we are only barely able to leave the planet by sitting in a tin can that is riding on an exploding bomb, while Earth's civilisation of thousands of years ago travelled to the Moon using gravity and magnetism without such clumsiness.

We are wonderfully progressed. We murder around 50 million babies each year through abortion – that indicates that two out of every three of us who grow into being adults are eventually involved in aborting a child. A similar number miscarry, not being born, due to our emotional injuries which we impress upon the newly forming child while they are in the womb. Because we do not heal ourselves of our childhood suppression, which is what we take on of the Rebellion and Default that our own parents impose upon us, we impose deformities and childhood illnesses upon our own children before they are born. The newly forming child is always perfect – until we impose our will and injuries upon them!

A few salient observations of our wonderfully advanced society:

Globally, 785 million people lack access to clean **drinking water**.

Every day, over 800 children die from dirty water, due to diarrhoea caused by poor water, sanitation and hygiene and scarce or unreliable water and sanitation facilities in many communities around the world. Without clean, easily accessible water, families and their communities become locked in poverty for generations. Children drop out of school and parents struggle to make a living.

Women and children are worst affected – children because they are more vulnerable to disease of dirty water and women and girls because they often bear the burden of carrying water and women and girls because they often bear the burden of carrying water for their families for an estimated 200 million hours each day.

Access to **clean water** changes everything; it's a stepping stone to development.

Access to clean water and sanitation is possibly the most urgent health crisis facing communities today. One in every nine people on this planet lack daily access to safe water, and one in every three have no toilet.

The world produces enough **food to feed everyone** on the planet, yet [16.6%](#) of the world's population is undernourished. 957 million people worldwide do not have enough to eat on a regular basis.

Out of the eight billion people on the planet, a striking one billion are living in extreme poverty. Extreme poverty does more than deprive people of necessary food—it also robs them of safe drinking water, **sanitation**, education, shelter, etc. In fact, more than a billion people live on less than US\$[1.25](#) a day, which isn't even enough to buy one gallon of milk at market price.

As many as 1.6 billion people lack adequate **housing**. That is 20% of the world's people.

About 2% of the world's population is homeless. Two percent — it doesn't sound like much, but when you do the math, that's nearly 154 million people living on the street, in temporary dwellings, at refugee camps, and in other transitory and often dangerous conditions.

Globally, the number of people without access to electricity was 759 million in 2019.

In total, 3.7 billion people have no **internet access**. That is 40% of the world's population.

Now in 2022, 9.2% of the world survives on less than US\$1.90 a day, about [689 million people](#) live in extreme poverty, compared to nearly 36% in 1990.

Although countries impacted by **fragility, crises, and violence** are home to about 10% of the world's population, they account for more than 40% of people living in extreme poverty. By 2030, an estimated 67% of the world's poor will live in fragile contexts.

About 70% of people older than 15 who live in extreme poverty have no schooling or only some basic education.

A lack of trained teachers, inadequate learning materials, makeshift classes and poor sanitation facilities make learning difficult for many children. Others come to school too hungry, sick or exhausted from work or household tasks to benefit from their lessons.

The consequences are grave: An estimated 617 million children and adolescents around the world are unable to reach minimum proficiency levels in reading and mathematics, even though two thirds of them are in school.

This learning crisis is the greatest global challenge to preparing children and adolescents for life, work and active citizenship.

11% of primary-school-aged children and 20% of lower-secondary-aged children are not in school at all.

Schooling does not always lead to learning. Worldwide, there are more non-learners in school than out of school.

Children and adolescents are excluded from education for many reasons. Poverty remains one of the most obstinate barriers, with children from the poorest households almost five times more likely to be out of primary school than those from the richest.

Children with disabilities and from ethnic minorities are also more likely to be left behind.

For girls in some parts of the world, **education** opportunities can be especially limited. Only 49% of countries have achieved gender parity in primary education. Harmful gender norms can have severe effects for boys, too.

Location also keeps children from school. Children from rural areas are more than twice as likely to be out of primary school than their urban peers. In conflict zones, 27 million children are out of school.

There are still 58 million primary-aged children worldwide (9%) and 63 million adolescents (18%) who are "out of school". Furthermore, girls are less likely to attend school than boys.

As a whole, the global literacy rate is high. The **literacy rate** for all males and females that are at least 15 years old is 86.3%. Males aged 15 and over have a literacy rate of 90%, while females lag only slightly behind at 82.7%.

1.3 billion people in 107 developing countries, which account for 22% of the world's population, live in **multidimensional poverty**. About 84.3% of multi-dimensionally poor live in sub-Saharan Africa and South Asia. 644 million children are experiencing multidimensional poverty.

Health Care Costs push a Staggering Number of People into Extreme Poverty.

Another 800 million people are spending at least 10% of their household budget on health care. And 3.5 billion people — accounting for more than half of the world's population — are simply forced to go without most essential services. (Aizenman, 12/14).

Half the world lacks access to essential health services – UN Report. World Bank and WHO: Half the world lacks access to essential health services, 100 million still pushed into extreme poverty because of health expenses

Worldwide GDP for 2021 was US\$95 Trillion of which 5.3% was spent on education or US\$5 Trillion.

Humanitarian expenditure worldwide did not reach US\$50 Billion in 2021.

Total military expenditure worldwide in 2021 was US\$2 Trillion.

Debt Enslavement

Financial debt enslavement has been imposed upon Earth's humanity by our hidden controllers by stealth, and mostly throughout the fifty years from 1970 to 2020.

During the 1970s, to finance the acquisition of a home, we needed to provide a 20% cash deposit plus stamp duty and other acquisition costs, banks would fund to the level equivalent being 80% of an independent professional valuation. At that time, in Australia, the average home was 120m².

Following on from that time was the introduction of home loan mortgage insurance which protects the funder and not the borrower – all at the borrower's expense. Loans to acquire homes generally became available to 90% of valuation and even 95% of valuation. Also, the features of homes expanded as did their overall size, now averaging above 280m². Debt levels on homes have dramatically increased.

Also around the 1970s, motor vehicle purchase could be financed through hire purchase arrangements if you have a 20% cash deposit and proof of income to support loan repayments. Then lease finance became available on zero deposit.

Consumer loans were available on strict credit criteria and then credit cards were introduced under varying conditions with interest rates of around 20% interest per annum for those who do not discharge the balance on the account at the end of each month. Merchandisers pay a fee for each transaction in the meantime. Credit limits appear to escalate without any regard to income or financial circumstances with many finding themselves in dire straits.

Then education loans have been imposed. Higher education was essentially free with the costs associated with an accounting degree mainly associated with the costs of the books required. Now in 2022, an accounting degree could result in an education loan debt of AU\$140,000 or more.

Housing prices require that a couple to be both working to manage the mortgage obligations, thus child care costs are treacherous. Childhood Education and Care (2017) from the Australian Bureau of Statistics can provide an overview on costs in Australia. Long day care (child care centre) AU\$70-\$188 per day, pre-school AU\$45-\$80 per day, family day care AU\$7.50-\$16.80 per hour, outside of school hours care AU\$15-\$30 per morning session, AU\$25-\$45 per afternoon session. And with childcare, the child is separated from its parents!

If you cannot accumulate a sufficient deposit then the rent on your home or unit is most likely to commence at around AU\$500 a week (2022) being the medium around Australia, thus with child care expense and education loans and motor vehicle finance you may find yourself locked into wage slavery for the whole of your life without the capacity to free yourself of debt and then being dependant on government pensions when in retirement.

This is essentially the work of the hidden controllers of the global financial system. He who controls the cash, the cheque book, controls the government – until the Law of Compensation is fully earthed and as this unfolds there will be continuous unfolding disruptions to all facets of living – including the financial systems of the world.

LAW OF COMPENSATION

Pros and Cons of Oligarchies

While oligarchies are often criticised, they do have some positive aspects.

Pros of Oligarchies

Oligarchies usually work efficiently. Power is placed in the hands of a few people whose expertise enables them to quickly make and apply decisions. In this way, oligarchies are more efficient than ruling systems in which many people must make all decisions in all cases.

As an outgrowth of efficiency, oligarchies allow most of the people to disregard issues that concern society and spend more time on their day-to-day lives. By trusting the wisdom of ruling oligarchs, the people are free to focus on their careers, families, and pastimes. In this manner, oligarchies can also allow more time for technological innovation.

Since one of the main objectives of an oligarchy is social stability—preserving the status quo—the oligarchs' decisions tend to be conservative in nature. As a result, people are less likely to be harmed by extreme and potentially dangerous changes in policy.

Cons of an Oligarchy

Oligarchies typically increase income inequality. Having grown used to their lavish, privileged lifestyles, the oligarchs and their close associates often pocket a disproportionately large share of the country's wealth.

Oligarchies can become stagnant. Oligarchs tend to be clannish, associating only with people who share their values. While this may provide stability, it also prevents people with new ideas and perspectives from entering the ruling class.

Oligarchies that gain too much power can harm the people by restricting the free market. With unlimited power, the oligarchs can agree among themselves to fix prices, deny certain benefits to lower classes or limit the quantities of goods available to the general population. These violations of the laws of supply and demand can have a devastating effect on society.

Oligarchies can cause social upheaval. When people realise they have no hope of ever joining the ruling class, they may feel frustrated and even resort to violence. Attempts to overthrow the oligarchy disrupt the economy, harming everyone in the society.

Hidden Controllers being Faceless Men

There are secret consortiums of very wealthy families. They say that they only have altruistic goals! Their leaders have numerous names, somehow they have fitted themselves with multiple legal names to hide their family connections and create power through invisibility.



Their collective wealth is so staggering that they could take Africa out of poverty with a single program to develop their economies and markets. West Africa has a population of 300 million people, if that economy was developed then that market alone could evolve into a consumer market as large as USA. One of these two wealthy family consortiums could do this; however, they do not even consider investing within Africa.

What they do?

The activities of these righteous aging men is said to be for the 'greater good'.

The art of manipulation is at its finest here. The word stooge comes into prominence. Ambitious and emerging executives are invariably compromised. This entrapment is without limits. Most senior bankers appear to be uniformly compromised. Politicians are snared. Courts are compromised. Legal firms appear to be unaware of ethical treatment of humanity, it is a game of manipulating the laws that they first of all created.

What does this lead to?

When a pool of funds emerge from successful activities by those outside of these family's communities, from activities that they consider to be of their own domain, then they set about to achieve the following:

- a. To take control of the funds – by any means, or
- b. Prevent the payout of the funds and leverage off them for their own purpose, or
- c. Stall the payouts indefinitely, stalling tactics being week by week then day by day.

Mostly, they are successful as most rightful owners of the funds do not have the knowledge, resources, networks, funds and perseverance to fight for their rights. Legal action will most likely cost US\$10million to implement – and still loose!

Honey Tongue or Silver Tongue

These pillars of society, and yes they typically are, knights, barons, eminent people, pontificate on the virtues of their endeavours while devouring huge communities.

Two opposing family groups exist within this powerful network. One group's attitude is to take care of the family and their workers, and associates, benefit everyone, privilege has responsibility. The other group's attitude is privilege begets privilege, no such responsibility to community and family. The predominance of manipulation for greed prevails.

The structure is that of a top tier consisting of little more than a dozen families with a single figurehead or chairman, being for the long term. The middle tier (medium term) mainly European and consisting of more than two dozen families. Then the lower tier (short term) of maybe more than one hundred and twenty families from North America and Europe and publicly known as the Bilderberg Club. <http://www.bilderbergmeetings.org/index.php>

These men control the money of the world and consequently the governments.



Angels Conversing

Part 9

ANGELS CONVERSING

Saturday, 12 March 2022

James: Zarrion?

Zarrion: I'm here James.

James: Following what you were telling me yesterday, more about the Pole Shift, would you mind if we write it out together?

Zarrion: Not at all. You ask the questions and I'll tell you what I can.

James: I was thinking about so many people dying at one time, and wondering how the existing Arrival Rooms in the first spirit Mansion World would cope with the sudden influx of such a great number of spirits, when they have to be woken up immediately upon their deaths, rather than for example being put into a 'suspended' sleep state for some years as the backlog of new arrivals are worked through.

Zarrion: It is as you say, everyone is to be woken from their 'death sleep' as has been through this last two thousand years of Mary's and Jesus' Age, so all what amounts to being immediately. And so how we're going to cope with such large numbers of people dying roughly at the same time, is by establishing temporary Arrival Stations in the Nature spirit and our Angelic Earth planes. People will be 'bulk awakened' by their Angels, which means, it won't be a one on one situation as it is currently in the Mansion Worlds, where we Angels take a person and reawaken them with the spirit arrival attendant, each in a separate arrival room, and where a loved one or friend of the new arrival might meet them, welcoming them into their new spirit life. People will be woken in groups simultaneously in areas designated for their arrival in these Earth planes. If you imagine a crude example of a football field full of people suddenly arriving and awake, standing or lying down as if they are suddenly awakening from sleep. Then they will be attended to by visiting Celestial spirits who will have been granted access and authority to enter those Earth planes where usually no spirit is allowed to go, they being specifically for us Angels and the Nature spirits. The Celestials will inform the people about their death and reawakening, and then guide them to the portals for the first Mansion World, there to be welcomed and met by family and friends or other helping spirits. So, areas for these arriving spirits will be established in the first world with the spirits informed as to where to go to meet their arriving family and friends. Some people will still die using the regular Arrival Rooms, these being people who are more highly advanced in truth.

So, as I was showing you in your mind yesterday, an area on the Earth like a desert that is sparsely populated could potentially receive a lot of reawakened spirits in the equivalent desert area in the Nature spirit and Angel Earth planes, these places in our planes not being affected by the physical Earth and environment changes taking place. All the effects of the Sun in Nova only apply to the physical world, such effects don't penetrate into the earth planes of the Earth or Mansion Worlds. The spirit light that causes physical suns to nova, also affects all the levels of spirit in Nebadon, however not with such catastrophic results. There is a Pulse of Light that moves out from Paradise washing through all Creation, it causing an up-stepping or overall increased vibration of Light, this being how Creation advances in Light. And its impact on the material level is seen by the suns going into an advanced light state, which you call Nova or micro-nova. There are always pulses of light of varying degrees, which means of time and space duration, coming out of Paradise and affecting the whole of Creation, with all of these pulses affecting the material planes over the cyclic time frames some of your more observant scientists are observing.

Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1st plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities. However, there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7
6
5
4
3
2
1

7th Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6th Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5th Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

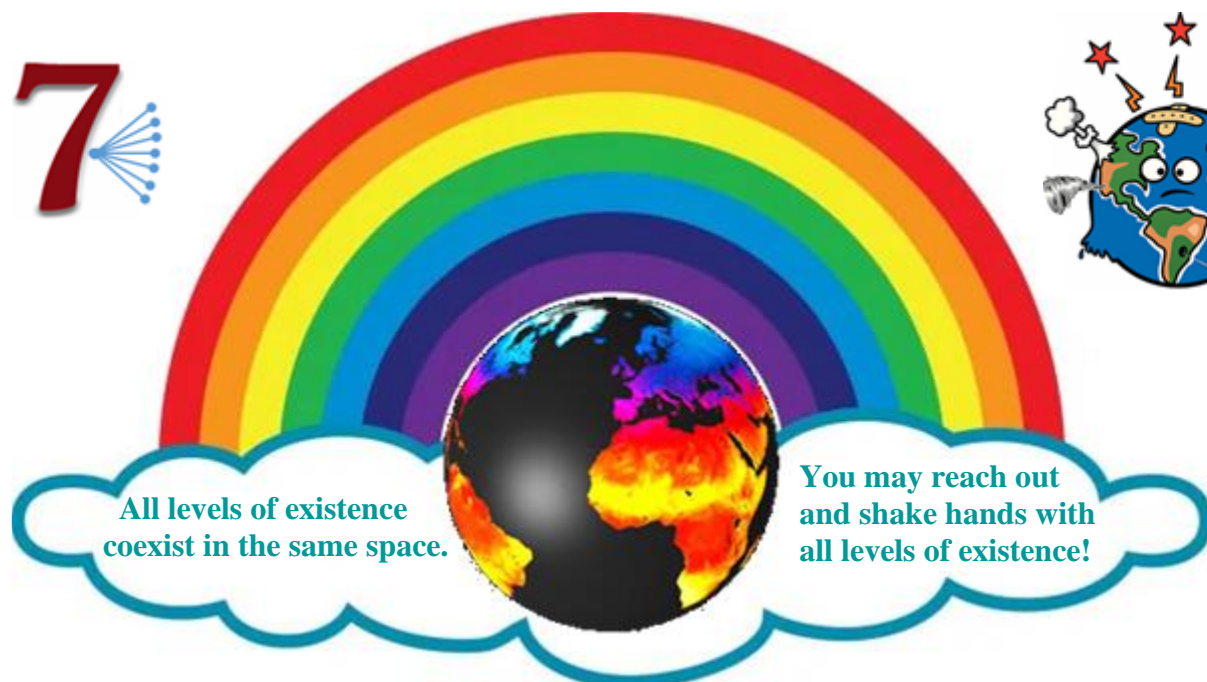
4th Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3rd Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2nd Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1st spirit Mansion World.

1st Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



All levels of existence
coexist in the same space.

You may reach out
and shake hands with
all levels of existence!

The relative quick frequency of the pulses of light that affect all the earths of Nebadon, is required to ensure evolution of the world and its life forms continues according to the plans and patterns of the Life Carriers. It needs to be quite a devastating and dramatic change to the world so as create the environment for specification and other adjustments that allow for life on the world to continue. It might seem counterproductive, but for life to continue as you know it, has required, and still requires, a long series of cyclic novas. The after effects of the nova blast and how it affects species, means all life is receptive to the higher vibration of spiritual light, which means that life can then live through the next age between novas. There is always continual advancement. And as apart of that advance, during some novas, species die out and others are brought into being. It doesn't always happen like how it did during your last nova event on Earth with many of the larger mammals dying out, and even if no species end or new ones begin, all species are affected by the increase in spirit light. And this might then cause subtle mutations and specie adjustment within the specie, yet not enough to create a new specie. New species are all created first by us Angels in league with the Nature spirits, all in accordance with the Life Carriers plans of specification for a world, and when a new specie is ready to be 'awakened' on the world, so we Angels materialise it during one of the designated nova events.

It just happens, there is not a long slow evolution of one specie giving rise to another. The long slow evolution observed by you on Earth can happen within a specie as it adapts to new environmental conditions, and even to the point where your observations of it might qualify it as a separate specie, however, from our point of view, how we Angels and Nature spirits determine species, it is still the same specie. We determine a specie on the spiritual level, which your scientists are not aware of as yet, you looking at only the material or physical result of the spiritual. So, your classification relative to your needs is what suits you, but it's not a true spirit specie classification.

James: I understand. And so you're saying when the time comes, you Angels will put people to sleep and then they will die in their sleep, then to reawaken in the earth planes 3 and 4, the Nature spirit and Angel earth planes.

Zarrion: Yes. Before the full impact of the devastation hits the world, people will be put to sleep by us, as you say, so they will not suffer any undue physical pain. They will be stressed and feeling very scared and anxious should they be aware of the impending nova, or they might be drugged or drunk trying to deal with the horror, but on a physical level they will be spared any great pain of the destruction of their physical body. We Angels will cut their silver cord that connects their spirit body with their physical body, just as we do upon any death, having first put the person to sleep. The cutting of the 'astral cord' signals technical death, and we 'inshrine' or enclose the rest of the personality along with the person's spirit body, taking it to where it will be reawakened in the spirit body. So, if families are altogether at the moment we put them to sleep, they will all wake up at the same time together. They will be dazed and disorientated to a small degree, knowing something major has taken place and no longer being in their home, if that is where they died, but soon will become swept up in the hubbub of their awakening realisations that they have died and yet are still alive. The Celestial spirits, those who have finished their Healing, will know how to cope with them, and so will look after their immediate needs.

There will only be the Celestial spirits seen by the people reawakening as spirits. They will not see us Angels. The Celestials, if required, will be able to see us Angels, however mostly we will remain invisible during the awakening and thereafter until all the people from Earth have left our two earth planes. Those awakening in the Nature spirit plane won't see the Nature spirits, and unless told, the reawakening people won't know they are in either of the two earth planes. They will be told to follow the Celestials who will guide them through the established portals taking them from the earth planes into their designated arrival place in the first Mansion World. The whole procedure will take a few hours at most for most people.

Soul Partners

**Physical /
material body**
Brain

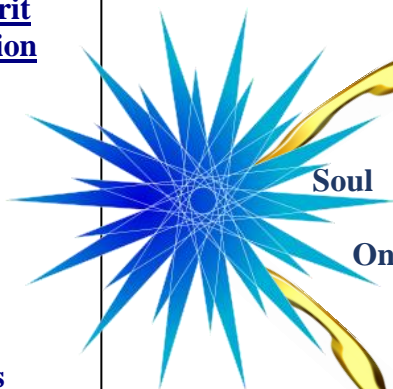
**Spirit /
etheric body**
Mind

**Soul + Spirit
Combination**

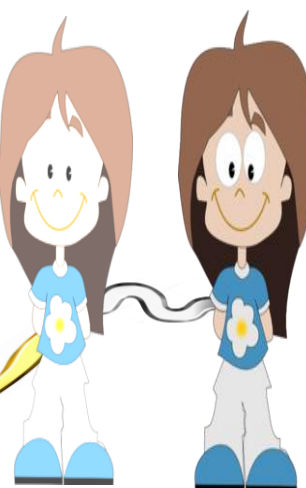
Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
**The Real You
is your Soul!**
Our Soul
orchestrates
everything!

ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Soul

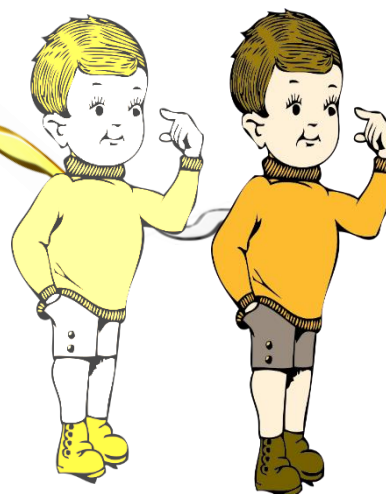


Spirit
Body

Physical
Body

One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



Answering the question in your mind James, you are right in thinking that those people who need more care and attention by the Angels, such as people with physical deformities and severe mental and emotional problems, will be reawakened in special places where their Angels will perfect their bodies, mind, emotional and spiritual systems through regular means, as what happens currently upon such a person's death. So, everyone can start their new spirit life in a regular and perfect state of mind and spirit body. And I when I say perfect, I mean just functioning perfectly, with everyone still remaining in their level and condition of the Rebellion and Default they were in at their time of death. So, on a soul level you retain your imperfection, that being so until you've completed your Spiritual Healing, but on the physical and mind levels, you are granted perfection so you can live your imperfect soul level without interference from any physical or mental disability.

James: Yes, I understand what you're saying. There is no getting away from our rebellious state just because we might suddenly die in a nova, or just when we die. We carry our imperfect fucked up state of mind and will into our spirit lives, unless we start doing our Healing before we die.

CORONA SHELL of the SUN – SUN NOVA event:



The Sun's corona is the outermost part of the Sun's atmosphere. Our Sun is surrounded by a jacket of gases called an atmosphere. The **corona** is the outermost part of the Sun's atmosphere.

The corona reaches extremely high temperatures. The Sun is around 6,000°C whereas the corona, the outermost shell of the Sun is around 1,000,000°Celsius.



You could consider this outdoor gas heater with the blue light coming from the inner burner ring as the Sun at 6,000°C whereas the out shell being that for the Sun is 1,000,000°C.

Typically, when the pole shift cycle unfolds throughout a solar system, the corona around the Sun may be 'blown' off.

Such a nova event by the Sun showers the side of Earth facing it with Tektites. As such pole shift events unfold cyclically around every 12,500 years, there are many regions of Earth that Tektites can be found.



I still feel Doug Vogt's time is relevant, and I still feel the nova is a real event.

Zarrion: Which is all you are to feel at your present time, which as you know, because you've not as yet completed your Healing, is still represented by your imperfect mind and will state. And it won't be until you are fully Healed that you'll be able to feel 100% whether or not all I am telling you, and all the spirits have told you, is true.

James: Yes.

You were saying how people within the Sanctuaries who have come together by the time of the nova wanting to live doing their Healing will be protected on Earth from the severity of all what's going to happen, and that those Sanctuaries in my mind were specific places 'put aside' for people to live in, like communes set up away from the mainstream cities and being off grid and self-sufficient, in readiness for the Aftertimes, but recently you've added how, for example, if such a Sanctuary was established on the Gold Coast for example, that the whole Gold Coast area might be protected by you Angels, so the Sanctuary as well as a large number of people who are not prepared for the Aftertimes, they still being of their mind's rebelliousness. Which when released from your protected enclosure, would mean those people in the Sanctuary would not only have to deal with being wholly on their own in the Aftertimes, difficult adjustments having to be made I would imagine, and then also with the helpless and lost other people who live in their normal houses being totally unprepared materially and psychologically for such a major life change. Wouldn't that stress even more those people of the Sanctuary having to deal with the people not of the Sanctuary, even just in terms of having to grow enough food for them?

Zarrion: Yes, all you say is correct, however it will be an individual situation by individual situation. Not all Sanctuaries might be nice self-contained sanctuaries with people working in preparing for life in the Aftertimes. There won't be much time for people to learn all about the Healing whilst having to deal with the preparations before the nova. Just deciding where to live and what to take with them will be difficult enough. And so in such situations, that's all going to be apart of what all the people involved will need to deal with. Some Sanctuaries will be more isolated, some will have adjoining non-sanctuary people they'll have to accommodate, it's just what all souls will need.

James: So it might not be anything of a blessing surviving the nova and starting life in the Aftertimes? The blessing might be dying during the nova and waking up for your new easier life in the spirit worlds.

Zarrion: Yes, that's right. No one says it's a blessing surviving the nova. It will just be a new way of life on Earth. And there will be many difficulties to overcome, endure, work through, and simply accept. However, life will not be all that bad. For those people who want to be free of the overall heavy controlling governments, free of having to own land, free of having to go to work to make money to survive; free to do essentially as they please by living a simpler life of growing their own food, hunting, living closer to nature, living on a purified world with no expectations, setting out with the challenge of making life and a new way of living that might prevent all the revolting old controlling ways from developing all over again, will be a thrill. Challenging yes, but all in a good way. And then for those people to live within a spiritual structure as The New Way that is being revealed, as their basis on how to grow in their own truth through their own feelings, and knowing that that truth will guide them as to live in a true way, and that way being no longer of the Rebellion and Default, that they can do their Healing uninterrupted by the ignorant mind-controlled world as it stands now, will be their blessing.

Not all people might want such a simplified existence and without all their usual feel-good toys to keep them entertained, however they will be broken down in their mind, and either suffer accordingly, or change and adjust to the new way of things.

And similarly, people of the old mind way, suddenly finding that their way of life is no longer able to be lived, will no doubt willingly and thankfully embrace the support of a nearby Sanctuary, even possibly

being willing and able to embrace the ideas and understanding of The New Way, having suffered through what will amount to a complete mental and possibly emotional breakdown as they come to understand the world as they knew it has ended.

And then possibly there will be those renegades who will want to maintain their rebellious way of mind-controlled life, and they might cause some minor problems, but because of the Law of Compensation being activated on Earth before the nova, they won't be able to do too much damage, knowing that they can't hurt or interfere with anyone because of suffering immediately all the pain they will cause in the one they are hurting, so will remain in their own isolated existence, which won't be much, until they slowly develop life in harmony with how it is in the first Mansion World. And with them, even, potentially being helped by those who want to live The New Way.

The point being, EVERYTHING will be COMPLETELY different to how it was. It will in effect be a New World, and so New Ways of life will be lived on it. And those of The New Way will grow in truth and so avoid all the pitfalls and limitations of the Old Way as you live it now. And those people persisting on living and re-establishing the Old Ways will be free to do so within the Law of Compensation. And with its presence, it will mean the complete rebuilding and re-establishing of the Old Ways won't be able to happen, for they are to end. Your current rebellious way of life ends one way or another with the nova and the beginning of the next Spiritual Age, the two happening together.

Technically the new Spiritual Age will commence before the nova, however as far as humanity will be concerned, they will happen both at the same time.

James: I was reading how in America they are about to release into the wild genetically modified mosquitos to try and eradicate the bad ones. That sort of thing, together with all the genetically modified seeds we use for food, and including all the vile vaccines for Covid-19, we're screwing up the genetics of many species, and so you Angels will have a lot of work to do correcting all our yuk.

yuk

Zarrion: We will, and we're looking forward to it. Only very occasionally can we Angels act in such a massive way looking after a humanity and the world they are living on. And by the time the next Age starts, and together with the nova, we'll be ready to make all the necessary alterations bringing the natural world back into a pure state – those parts of it that we protect from the ravages of the nova blast.

So, all of nature that we enclose in our protective barriers of light, whilst enclosed, all imperfection within the environment will be corrected. So, the people in the Aftertimes will know all their food, air and water will be organic, pure and natural, and even more organic pure and natural than what you call organic, as will their bodies being able to survive on such purity. Your bodies have adjusted to some degree with our help, to adjust to your corrupt and polluted food, water and air, and all the drugs you fill them with. So people of the Aftertimes need perfect bodies to deal with the perfect environment. Currently the whole of Earth and its surrounding space, and even penetrating underground as far you have gone, all the oceans and ocean floors, is impure, polluted, and so in a way unnatural. So all of the natural environment protected by us Angels will be purified, so for example, including all the actual earth those in the Sanctuaries use to grow their food in.

James: So how do you remove the tiniest pollutants, say all the micro-plastics we are pouring into ourselves and the environment, let alone all the other micro things and genetic tampering?

Zarrion: It's very easy for us to do. We know what is the perfect natural environment. Certain Angels along with the Nature spirits can look at a piece of dirt for example, and know within themselves what elements are right and which are invasive and wrong. We have the templates or patterns of the perfect world as given to us by the Life Carriers. So, we apply the perfect templates and patterns to the world, and then all that is rubbish, unwanted, pollutants and so on, simply disappears, we dematerialise it. It all

happens with us Angels applying higher vibrations of light to a given area, and an area can be as big as the whole world. And within these higher vibrations is all the acceptable lower vibrations of light, and so they remain, and all the other stuff that is unacceptable vibrations of light, is removed. To it we add a higher light vibration that causes all the unwanted pollutants and wrongness to transmute into their elemental component parts, or we just dematerialise it.

All that is dematerialised is in a way ‘carried into spirit’, it being removed to a higher vibration, within which we can then manipulate it if required, then to lower the vibration and deposit the result in perhaps the air as dust or even for it to be added to the existing soil or put into the seas and oceans to be used as fertiliser by the micro organisms. All within the Earth is a closed system. Some of what is of Earth is lost through the nova and other material is gained, and some is gained daily as incoming cosmic dust or in the likes of meteorites and other cosmic rays, but one way or another, once it’s officially a part of the Earth, then we can move it around, change it, dematerialise and re-materialise it, according to the designs of the Life Carriers, but it all remains as a part of the Earth. We Angels can’t do it of ourselves, or for ourselves, we can only respond to the instructions given to us by the Life Carriers, the spirits who oversee the plan for Earth and how all species, including humanity, are to evolve and outwork the primordial Life Plasm through the Ages.

So, in the Aftertimes, there will be pure water and earth, the ground and seas will all be purified, all man-made genetic disruptions, if we’re not to use them for the good of humanity and the natural environment, will be corrected and removed. So, genetically modified plants will either cease to be, or we’ll change them to adjust back into being perfect for the needs of nature and humanity.

And as to all the debris of humanity, all the concrete and steel for example, the same will apply, we’re to dematerialise it if that’s what’s to happen. It might be that some of it is left for humanity of the Aftertimes to be able to recycle and reuse, however the majority of your mess we Angels will clean up for you, so removing all the unwanted plastic and everything else, including all nuclear radiation and the waste of your nuclear power plants.

James: So one big massive clean up job – how long does it take you Angels to do such things?

Zarrion: It depends on how quickly the job needs to be done and how many Angels are employed. It’s not just us Angels that do it, it involves a host of other mind beings that you’re not aware of that exist, some having been revealed to you in *The Urantia Book*. The goings on, on Earth, in one very small physical planet, can be overseen in a moment if need be by such vast mind beings. I won’t call them spirits James, because they are not like you with a soul and personality, they are beings of Mind creation that don’t have a separate personality as such, so you can’t get to know them, and they get to know you, they are more akin to machines but are still a being, a mind creation in their own right. And so the higher Angels enlist their help, these beings are told what to do by these higher Super Angels, who then act and can for example purify your world in an instant. And then other Angels of my order might be required to enact specific adjustments within creatures and plants or within humanity, collectively or individually.

Zarria and I are wholly assigned to you James, so we won’t be partaking in such affairs that we’re speaking about. We would only adjust within your physical and spiritual systems that which is required by your soul. So other Angels are required to enact all we’re talking about.

As you understand from *The Urantia Book* (written 1925-1935), lesser evolved humanity, which still comprises the bulk of humanity on Earth, has one pair of Angels per 1,000 people, but when the nova happens, that pair of Angels can only deal with taking one person across the threshold into the holding areas within the Angel and Nature spirit planes, so another 999 Angels are needed to deal with all the other people of their group, assuming they will all die at that time. So that accounts for much of the large influx of Angels coming to Earth, they all being resident in the unseen Angel earth plane from

where we do our work with you. And then even more Angels are required to orchestrate the changing of the Age, so the ending of Mary's and Jesus' current Age, and the new Avonal Spiritual Age. The work the Avonal Pair will do, so what they will ask of us Angels, will involve a great many Angels, many of who will work with the Avonal Pair and then move to their assigned mortal at the time of the nova.

Then with the vast reduction in the population of Earth for the Aftertimes, those Angels will be redeployed on other universal assignments.

James: But what about all the suns in Nebadon going into nova, are there enough Angels to cope?

Zarrion: Yes, and if need be, more are created. As you understand, not all the suns nova at the exact same time. The Wave of Light moves through affecting the worlds in a fashion that enables the Angels to keep up with what needs to happen. So, a great part of our Angelic training involves servicing the material worlds during their sun's nova. Some solar systems have numerous worlds in them with humanity living in various state of evolution on the different worlds, and so when those systems sun novas, there is often an even bigger need for the number of attending angels. Earth is one such world in a system with only one inhabitable planet with life on it, so all we Angels will need to do, the bulk of the work by the extra ones will be over and done with in a day, week and few months. Other ongoing adjustments for hundreds and thousands of years will be required to completely deal with the impact of the nova, however lesser numbers of Angels are required.

The majority of Angels that are assigned to people will move their focus to attending to those people who become spirits living in the Mansion Worlds, with fewer Angels being focused on Earth because of their being fewer people. So, those spirit focused Angels will leave the Angel earth plane to move into the planes of the corresponding Mansion World that their subject will be living in.

James: So does that mean many of your Angel friends will leave for the Mansion World Angel planes?

Zarrion: No, it won't affect us, because our Angel friends by that time will all be associated with you and people who survive the nova remaining on Earth in the Sanctuaries. Because of our relationship with you and Marion, we'll be dealing with the Angels of people who want to do their Healing, they being our 'friends'. We Angels don't actually have friends as you have them, we have Angels we work with, and by working with them we develop a degree of what might be called friendship, however we don't visit each other during our free time. Once our work together is complete, that's it, and we might never see each other again, and we don't feel sad or any of the emotions you feel because of such a loss, as we feel very exhilarated in having completed our work, or mission, successfully, assuming it was a success, which it always is, unless we've been subjected to a Rebellion. Then such fallen Angels have to make other adjustments within themselves so they can be successful at being fallen, so working to successfully help the rebellious spirits. Something we are not naturally created to do, yet can do under certain circumstances.

And to answer your question; no, Zarrion and I have never had the experience of being fallen. And as we're working with you James specifically, together with Marion and her Angel pair, being this close to your soul perfection, we won't ever be called upon to submit to a Rebellion, and so to experience being one of the Fallen. Angels who are newly created are usually given the experience of falling, if such a Rebellion is occurring. Experienced Angels like us are required for assignments requiring higher experience, we always moving to advance our mind with each assignment. For Zarrion and I, having to fall, would certainly be an experience, yet one that would now be detrimental to the advancement of our mind. So it would be too stressful to experience, possibly ruining ourselves as being Angels. So newly created Angels without much experience can deal with falling from grace.

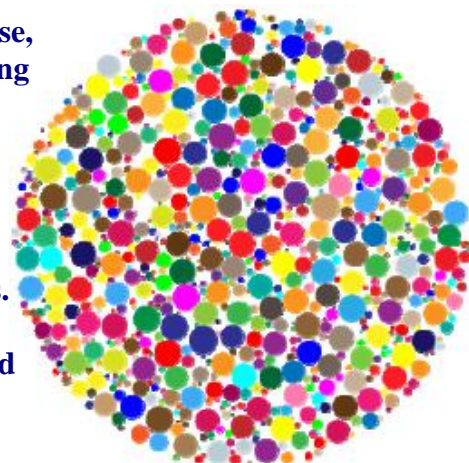
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth →

As you are going to end writing now James, I will add that everyone who is ‘saved’ the severe effects of the nova, destined to carry humanity through into its next Age, be they people of rebellious minds still wanting to expand their negative state, or people wanting to lessen and eventually end being rebellious by doing their Healing, have been specifically chosen for the ‘good of humanity’ in the long term. And so all those people will be in the right place at the right time so as to position them for their time in the Angelic protective enclosures. So it might not be everyone gravitating toward a Sanctuary, however once the Aftertime begins, they might need to find out the truth of The New Way, and so start doing their Healing.

As you understand, how the Mansion Worlds are currently set up is to come to Earth, so there will be people living The New Way alongside people of the Old Way. They of the two differing ways might be living in the same town, village or city when the population grows, or they might live very separately from each other, even on different continents or parts of the country. The world how it is currently configured is set to drastically change. There will not be the countries that there are now, all that will go, with most of the world being swept clean, a clean slate for nature to reclaim then followed by humanity of the Old or New Ways.

And no, I’m sorry, but at this time I can’t tell you how many people will survive the nova, nor what sort of technology will work afterwards, or how quickly the Old Way will try and rebuild, nor how those of The New Way will decide how they’ll want to live expressing the truth of themselves. You’ll be told more of that later on.

So I will go now. It was again nice to write with you James, speak to you when you next feel the need. Zarrion.

Later:

James: Zarrion, I was thinking over what you say earlier, and I was wondering if you can please say more about how you Angels deal with all the genetic corruption within us and nature. Like for all those people who got vaccinated for coronavirus Covid-19 and the corruption of their genetic structure. And the genetically changed plants and animals.

Zarrion: For the plants and animals it’s relatively straightforward. The Nature spirits know which microbes, plants and animals have been genetically interfered with by your humans, either on purpose by you, or indirectly as a result of your interference with the environment, with much of such genetic interference you’re unaware of.

It’s all done by introducing the higher light vibrations, we apply the correct vibrational resonance to the area of land or the whole world, in which the specific specie that’s been negatively affected by you, either to make that specie cease existing altogether, or to change its genetic structure back to its original natural coding. We can make it happen within specific individuals, or within breeding pairs resulting in their offspring being brought back to a natural state. However, you must remember that the natural state, having been altered artificially by people, no longer exists for such altered specimens, so they would no longer be able to exist within the environment they first came from. So, we might have to make other adjustments to their natural environment to deal with them in their natural state as the original natural environment might no longer exist either. So all of that is taken care of during the nova time with the increase in natural radiation and cosmic rays.

The greatest amount of genetic manipulation to occur this nova will be in the species that humanity has altered. So for example, people living in the Afterlife if they grow corn from old seed or find new wild seed, won’t have to worry about whether or not the seed is contaminated from the previous Age, it all being ‘rendered new’ by us Angels during the crossing over of the Ages and during the early times of the Aftertimes.

Some of the protected people will remain in their ‘enclosures’, their Sanctuaries, for many years before the world about them becomes habitable again because of the life-destroying effects of the nova. Some of people in the Angel enclosures will fall asleep at the time of the nova, then wake up the next day, and a lot of time will have passed outside the enclosures, so months, years, ten, to hundreds, and even in some extreme cases, a thousand plus years. And also some time might have passed inside the enclosure itself, say days, weeks, a month or two, we don’t anticipate anymore time, it all depending on what adjustments need to be done on the people and nature enclosed.

As for human genetic manipulation for the people surviving into the Aftertimes, those of the Old Way will be made right, so any negative results from like the vaccines they will have taken, will be erased and adjusted out of the genome by us Angels in accordance with the pattern of such people’s soul. We are able to work on the higher spiritual genetic levels, within the genes of your spirit body, which in turn is synchronised with adjustments on the will level of your personality, so your will, under the direction of your soul, shall will into being the new altered and perfect spirit body genes, which then affects the auric state of you, which then results in your physical body making the necessary genetic purifying adjustments. Simply the next lot of cells grown will reflect the new state, with the old cells being broken down and recycled and the poisons either naturally passed out by the body or removed by us – dematerialised.

As for those people of The New Way, as many of them will be in varying stages of their Healing, so we will use such inner genetic disturbance to enhance their Healing. All in all the same purification will occur, only it might not happen all at once, it might be staggered so as to allow those people to have memories of their old life that will make them feel bad compared to their new life. So, for them to feel how polluted they are on deep fundamental levels compared to the purity of the world and environment about them, all so as to help them get more in touch with their past childhoods being of the Old Way.

However, having some of their remaining damaged genetic structure will not hurt their overall body function, nor their children, it’s all only for the more subtle levels of reality and to help them get more in touch with how wrong their Old Way of life was. And once they are fully Healed, once they understand how wrong and bad their Old Way was, including feeling it within themselves down to a genetic level, they will be completely made anew when they are Born Anew.

If such people doing their Healing, and so with some of their corrupt genes have children, those children being of the Aftertimes will be conceived and so born free of any of their parents genetic problems coming into life, as will children of those parents who persist in the Old Ways.

And when I say Old Ways, those living in the Aftertimes who are of the Old Way, that being of their mind-controlling ways and who refuse to do their Healing, or at least understand the need to do it, will try to recreate some of how they used to live, but as things will be so different, their Old Way will become also a new way, but new ways more in keeping with the mind spirits and how they live. So, if you want to gain some idea about those people in the Aftertimes who want to remain rebellious will live, look at your writings James with the spirits who’ve told you how the spirits of the mind Mansion Worlds live, which as you understand, is vastly different to how you currently live on Earth. So those of the mind-controlling ways will draw upon their memories of the Old Way, but owing to the influence of the Law of Compensation and the underlying Avonal’s Spirits of Truth, they will create a new old way, if I can put it like that, and one more in keeping with the ways of the mind worlds. And so they won’t interfere with or bother those people of The New Way, with many of The New Way even living with those of the new old way as possibly being part of their Healing.

**Spirits
of
Truth**

The people of the new old way will continue their religions and other so-called spiritual beliefs, but

many will find these failing them because the conditions of life in which they lived their religious beliefs before the nova will no longer exist, so such people might be open to understanding about The New Way. So, there will be continual 'bleeding' from these people of the new old way to living The New Way, just as there is in the mind Mansion Worlds who are continually losing spirits to the Healing worlds who are living The New Way, as they understand about living rebelliously and want to set about giving it up within themselves.

The unseen spiritual pressure that is to be continually exerted on the world through the next 1,000 years of the Avonal Age, will keep the pressure on people who persist in living with their rebellious minds in control. Life will generally be harder for them, they will have to use their minds more to maintain their feeling and truth denying state. Whereas for those people wanting to do their Healing, life will support them and get easier as they come to terms with their rebelliousness and eventually Heal themselves of it.

OLD WAY
to transition to
THE NEW WAY

ANGELS SPEAKING:

Sunday, 13 March 2022

James: Zarrion?

Zarria: No, it's me today James.

James: Hi Zarria, I do love speaking with the both of you. I've not felt like doing it for a couple of months, it's like the light is not there and I'm too preoccupied with all my yuk, but then yesterday and today I want to talk with you both again.

YUK

Zarria: You can't be fully connected with us all the time because you're not like that with anyone. You should be with yourself and then Marion, but because of your rebellious state, you're still largely disconnected. You have made gains in lessening it, as you've become more aware of just how disconnected you are, but still you remain bound in your negative state. So with us you come and go, with months on and months off, whereas it used to be years. We are fully connected with you as you know, and you can feel this always now, so it's your side that determines our relationship, which is really how it has always been.

James: Yes, I understand that.

I was wanting to ask you about coronavirus Covid-19 and the vaccines everyone has taken, and now with so many bad side effects coming. The restrictions have largely been eased, I think everyone was tired of it more than anything else, and the authorities were forced into having to ease up on their control because everyone could see it was only a mild to bad cold or flu, but nothing is said about the people now suffering because of the side effects. And so are these problems going to persist?

Zarria: Yes, they will James, just as those people said they would who studied the vaccines. However, they will continue to be pushed further away because the government is not going to want to be shown up for making a catastrophic blunder in their assessment of the problem and in their overdoing it with the Lockdowns and making everyone take the vaccine, which as you know, doesn't work and causes all the other problems.

It's absurd to think that by injecting anything foreign into your body is not going to have some negative consequences. Food, water and air are all you should take into your body, and these are bad enough for you as to how you've badly polluted everything, but to then take your medicines, some of which the body can deal with without a problem, yet others that cause problems, shows again the sad state you're all in.

LAW OF COMPENSATION

As you know, and as more information comes to light, the whole Covid and vaccine introduction was a well crafted plan by some of the power people, to make a lot of money and to assert their hidden agenda. And as that's how everything happens on your world, like the war now in Ukraine, with Russia wanting to cleanse it of the negative influences. All the hidden power controllers trying to assert their hidden agendas. And this is how it's always been for humanity throughout the Rebellion, not that many people have understood it. When the Rebellion ends (the Rebellion commenced 200,000 years ago through Lucifer's influence, whereas Adam and Eve's Default was more than 38,000 years ago), the guiding influence will be from the Celestials, and they will ensure that everything they are doing is revealed, and it will give humanity a chance to come clean, as such hidden power controllers will no longer be able to have their way subjecting people to mass fear like with the Covid-19 and now the war in Ukraine, all for their own gain. People being able to use other people as if they don't matter or have

any value other than being used for their own selfish gain, is all to end, that happening with the introduction of the Law of Compensation.

James: So you are planning for the Law's introduction? You are definite about that?

Zarria: Yes. And as definite as we can with you. I know you worry James that we say things to you like that and they won't actually happen, however that's all a part of what you have to keep going through, all the uncertainty, being told things and you don't know if you can trust us, it all again, and as you know, being how you were parented. So, everything we do with you is to help you feel more bad feelings, and even if what we say is right, how you relate to it will cause you more bad feelings because you are not right in yourself. When you've finished your Healing and all of you will be right, then you'll know within yourself what else is right that we are telling you. So until then, we will keep saying such things to you, and you'll keep feeling unsure and scared about what if you're wrong in believing us and we're leading you astray and nothing will end up happening because nothing ever did for you; and every other bad part of you that you're more familiar with now, all as you work your way to become fully cognisant of your untruth, fully connected with it. And when you are fully connected with all how wrong and rebellious you are, then you'll be fully connected with yourself, and so then being fully connected, you'll be able to work out for yourself through your feeling what is right and what is wrong. And so the wrong you'll be able to let go, as you move with the right, thereby moving yourself out of your rebellious state.

HIDDEN CONTROLLERS

Concerning the Covid-19 vaccines, the hidden controllers will keep trying to afflict such horrors on people, they don't care how much damage they do to people's lives because it's all money in the bank for them. And as they have so much control, no one is able to stand up to them. Putin's Russia is trying to do something about it in Ukraine, however he's discovering that it's a bit harder than what he anticipated. He will regroup and reassess and have a better go at it in the future. But really, as you understand how well entrenched the evilness is, it's going to be the Law of Compensation that sorts out all the wrongness. Really there is no other way. Even with the Nova, humanity that survives will in time just rebuild the world back to such a horrid controlled state, so it's going to be a combined effort between you and the truth you reveal, your's and Marion's Spirits of Truth that will empower those people wanting to be true, and the Divine Minister and her adjusting of the mind circuits through such means as the Law of Compensation, that will free humanity of such over control.

Spirits
of
Truth

(On the eve of 24 February 2022, "President Vladimir V. Putin of Russia declared the start of a "special military operation" in Ukraine, pledging he would seek to demilitarise but not occupy the country. Mr. Putin said the operation would aim for the "demilitarisation and denazification of Ukraine," referring to the Kremlin's contention that Ukraine's military threatens Russia and that it is run by neo-Nazis.")

The playing field needs to be levelled so everyone has an equal chance of living how they want to live, even in their rebelliousness. Many people aren't free to fully express their wrongness because of the limitations imposed on them by the controllers. And when I say that, your mind immediately thinks if everyone were free to be as evil as they wanted to be, what hell would break loose on the world, it being even worse than it is now, so perhaps having the over control that limits such freedom of being evil is a good thing, however you see evil in the wrong light. So, I will help you make an adjustment with your mind.

Being evil doesn't necessarily mean everyone being suddenly let off the leash will go out committing all the worst crimes against everyone else that they can. The majority of people want to be 'nice' and 'respectful' and even 'loving' to other people, they want to do the right thing as they understand it to be, they don't want to hurt other people, and don't want people to hurt them, they don't want to do all the bad things, and yet such people are just as evil in their 'goodness' as are those more obvious people in their badness.

**The Golden rule is:
Never interfere with another's will.**

So, when I say people aren't able to freely express all their wrongness, I mean because of the monetary constraints imposed, and because only a few have so much of the power and control which they impose over the many, these people are limiting the many from being able to live life as they'd want to live more fully in their wrong state. And so you can see how most people want to live by looking at the mind spirits. Yes, they have to abide by the Law of Compensation, but this really is only there to keep the very bad in line, and to stop the power seekers from having such over control. The majority of mind spirits want to be free to do as they please, not to have to worry about making money to survive, being free to have their mind way of life exactly as they please, with most of them wanting to enjoy themselves, being happy, not feeling scared and threatened, willingly complying within the Law so it never affects them. All so they are free to be as evil and rebellious as they want to be. And so that's what is to happen on Earth, with the Law of Compensation present, the real criminals and power hungry controllers would cease to be, having to do hell time for all the bad they've committed, and then everyone else who wants to be good and do good within their wrongness, will be free to live their lives without all the worry and fear and always having to comply with the demands of the state and the controlling authorities.

LAW OF COMPENSATION

There will be no wars, no fighting, no conscription, no drug companies pushing their poisons, no drug cartels, no controlling government agencies and so on. All of that would go, and everyone would live peacefully together. And for the majority, that would suit them much better than their current lives they have to live within such overbearing power regimes. And so within the 'good' of the evil, peace would come to Earth, just as it exists in the mind worlds. People would still have their little false power, but only enough to get along with everyone else, and not enough to control and dominate others. So the whole focus, as it is in the mind worlds, would be on bettering yourself by using your mind, which is all still wrong and evil and being part of the Rebellion, however at least everyone would be free to do that.

So, the arts and creative aspects of humanity would flourish, and people would work because they wanted to help make the whole world work together for the benefit of all, and not just for the few greedy power controllers. And humanity would quickly see that there would be more than enough resources for everyone, and everyone could live in their little bit of land if they wanted, or coming together to enjoy larger community living, yet all without the focus on trying to make as much money as you can so as to have some power and be able to survive within the power structures. Remove all such power structures and the power controllers who run them, all under the 'care' of the Law of Compensation, and you have a far greater equality of life, and for many, even a utopia within their rebelliousness as so many mind spirits love about their spirit lives, even though it's all still within the Rebellion.

So, how you live the Rebellion on Earth is in a very limited way, with the majority of people not being free to explore and express all their evilness, like those spirits of the mind worlds do. So to introduce the Law of Compensation to Earth, means people are then free to move on and progress in their rebelliousness the right way, rather than in some distorted and heavily perverted wrong way as now currently exists.



And so humanity on Earth remaining after the Nova is to be given the chance of living freely in their rebelliousness, like the mind spirits do; or free to want to end it by doing their Healing.

(The global warming is not the event that the population of the world is being told about by its governments. Humanity is not the main driver of the environmental changes unfolding. This is a cyclical event that unfolds at around 12,500 years and it is essentially due to increased energy flow from deep within the universe that is absorbed into our Sun before being transmitted onto the centre of planets in the solar system, including Earth. No, the drivers to the Earth Changes are not up there, but from within the core of Earth. The cycle typically culminates with a pole reversal for Earth and a Sun nova event!)

James: Yes, I see what you're saying, and I do have to adjust my mind to what you're saying. We've all been programmed to think that if there was no over control, complete anarchy would result, leading to Mad Max type of societies where only the strongest most brutal survive. But as you say, most people want to be good and accepting of others, as best they can within their wrongness, wanting to get on and enjoy life and without hurting anyone or even being very controlling, which is why the controllers can and do dominate us all so easily, because few people want to fight back and resist, that being seen by how willingly people the world over did what the governments told them to by wearing the stupid and useless face-masks, enduring Lockdowns and having to get vaccinated for Covid-19, which only ends up hurting more people than Covid-19 did.

Yes, so I see what you mean, so with the Law of Compensation like it is in the mind worlds allowing everyone to express their wrongness as fully as they want. And so really that's even a greater trap, that everyone is rebellious together 'nicely' respecting everyone's wrongness, and everyone agreeing to get on peacefully together, all so it becomes even harder to see that you are living against yourself. At least how we are now on Earth with such heavy over-control, you know things are fucked, but those spirits in the mind worlds are even more blind to the Rebellion.

REBELLION

Zarria: People under your heavier dominated power regimes are just as blind to themselves being part of the Rebellion. It's no different James, you're aware of it now, that's all, some other people feel bad in it because they can't assert themselves gaining all the power they might want, but few people understand humanity is suffering under the weight of the Rebellion and Default that's imposed on them by their parents through their childhood.

Childhood Suppression

Your current 'version' of the Rebellion and Default is limited in its expression of the wrongness, and so it has been for all these years on Earth through the Rebellion. And so people of the future need to be free to express their rebelliousness fully, and as you are living it by default, that means most people will want to do what they consider the right thing by another person, with themselves being treated the right

way, all so they can be happy to get on in what seems like a peaceful and equitable way of living together.



The Evil Ones, the high Spirit Controllers, didn't want humanity becoming like Mad Max, with everyone fighting everyone else for control, with no one 'loving' and 'respecting' each other and living peacefully. That way would mean humanity is destroying itself too much. Without the Law of Compensation, the deep inclination is to use and abuse each other, because you are lawless renegades in the Rebellion. However, the Evil Ones wanted some civility because they wanted humanity to grow in numbers through relatively peaceful means, so that they could come and be amongst the people as the Great Ones, being lovingly admired for the great life they are allowing everyone to live. The Evil Ones didn't want to come back to Earth having to sit on a power-throne ruling the world with an iron fist. They wanted everyone to 'love' them, not fear and hate them. They wanted everyone to 'lovingly' work and do all they want, everyone seemingly to be in a blissful nirvana state of happiness and love, all which in their mind is a much better and more utopian way of living, better than what Mary and Jesus and the Mother and Father can offer people; a way of life in which everyone is free to please themselves, to do whatever they want, and yet for everyone to be able to do that and be happy, it all having to be done with false love, kindness and friendship. The only trouble the Evil Ones had, was that they couldn't introduce the Law of Compensation on the Earth, nor on any of the other rebellious worlds (total of 37 such worlds). So the best they could do was work with how humanity is, thereby trying to instigate what the current controllers call The New World Order, a feudal system that covers the whole world in which they can control everything and thereby bring about a 'peace' and so-called 'utopia' for the remaining masses after the nova. But the trouble is, humanity has got too big and is getting more difficult to control, especially as the Evil Ones are no longer present, so greater fear has to be introduced (in 2019) like what happened with Covid-19 quickly bringing the masses into line.

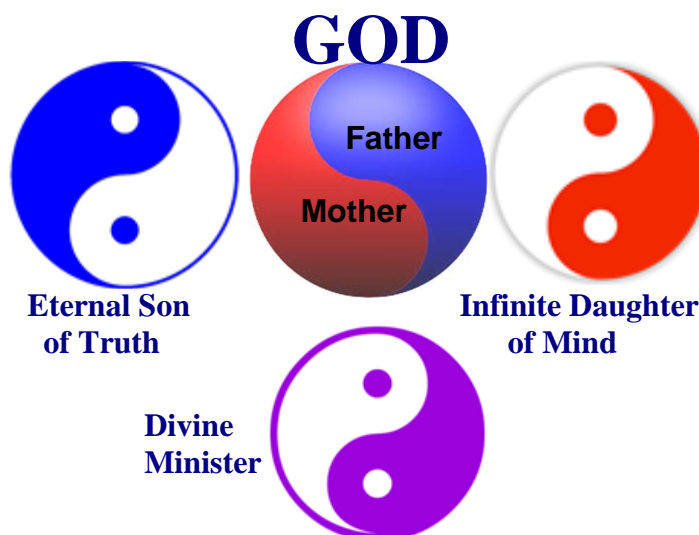
REBELLION & **DEFAULT**

James: Okay, my mind is catching up with what you're saying. So humanity still has to be given the ability to outwork freely the Rebellion, which will occur through the next Age and then after that when the Divine Love is withdrawn... and so why wait so long for this phase to happen, why not introduce the Law of Compensation years ago?

Zarria: Because the Mother and Father, along with Mary and Jesus, wanted humanity in its gross evilness to use and abuse Them, to use and abuse all the truth Mary and Jesus revealed, which has been what's happened these past two thousand years, all of what has resulted in your 'advanced' civilisation and all the distorted power and control of the few over the many you're living with. The way humanity has been living the Rebellion without the Law of Compensation was to be allowed to come to a head, for it to be fully outworked, which took all of these two hundred thousand years, and with the capstone being the wholesale denial of Mary and Jesus which has resulted in the absurdity of the Christian Church along with the other meaningless religions. It's been the Christian world that represented using and abusing Mary and Jesus the most, and which has led the world to be as it is now, by allowing the Jews to control the Christians and so manipulate the whole world. The Jews killed Jesus and forced Mary to remain a non-event, and they have then manipulated the Christian religions for their own ends, further controlling Jesus and Mary in a sense. Which they've been able to do because the Christian Churches are so false and absurd. Make a parody of a religion that says it honours Jesus (Mary is not even given a look in, put Jesus' Mother in her place), distort all Jesus said whilst claiming to be living true to what Jesus said, and then in such falseness, completely allow yourself to be dominated and controlled by the Jews, thereby bringing the world to the state it's currently in, and the End Times conclusion of these past two thousand years of the Rebellion.

And so now that ‘version’ or manifestation of the Rebellion, which at its end includes the complete abuse of Mary and Jesus, is to end, and with another version, that which is actually truer to the Rebellion and Default, to be instigated by earthing the Law of Compensation. Mary and Jesus upon their deaths caused the Divine Minister to activate the Law of Compensation in the Mansion Worlds, so those worlds have had two thousand years expressing their rebelliousness more truly under the umbrella of it. Prior to Mary and Jesus, how the Mansion World spirits conducted themselves, was in the same way as people are conducting themselves

currently on Earth, so the Mansion Worlds were structured more along the lines of power spirits controlling the masses, but Mary and Jesus changed that into how it is now. And so you James and Marion are to change the Earth bringing into alignment with the Mansion Worlds.



LAW OF COMPENSATION

James: I see. So there has been the phase of outworking the Rebellion and Default without the Law of Compensation; and now there's to be the phase of it being present.

Zarria: Yes. And so it's going to take a long time with humanity expressing its evilness within the Law of Compensation, as it deals with the Divine Love being present, which represents Mary and Jesus; and then without it, without them, as it works to do its Feeling-Healing by choosing to completely end its rebelliousness, the complete end of the Rebellion and Default with everyone having done their Healing.

James: Okay. So really I should be saying that currently it's the end of one phase of the Rebellion and Default, not the complete end of it because the Evil Ones have gone.

Zarria: Technically, that's right, however for your purposes saying it's the End is what people will want to hear. And it is the End of the phase with the Evil Ones in control, and the start of the phase with humanity at least in control of its own destiny, that which you are to also help people awaken to: Do you want to keep the Rebellion going within yourself, and as a whole; or do you want to end it in yourself and end your part in it. People need to be given the choice, and although few will want to start doing their Healing, enough will so as to gain a foothold in the Aftertimes, because as you understand, the two ways, The New Way and the Old Way, which will be modified into a New Old Way because of the influence of the Law of Compensation as Zarrion was telling you yesterday, are to be lived together on Earth as they are in the Mansion Worlds.

James: Ok. So humanity going it alone in the Rebellion and Default without the overarching Evil Ones, is to live it within the 'protection' of the Law of Compensation, all to ensure that people and the mind spirits have the ability to live their rebelliousness freely, and not heavily conditioned and controlled by a few people or spirits.

hidden controllers

Zarria: Yes. So as the world currently is, as you said, the Rebellion and Default are really the expression of a few, they are dictating the state of affairs with everyone else having to comply with them, which is how it was with the Evil Ones. But now with the Evil Ones gone and with the hidden

controllers soon to be gone because of the effects of the Law of Compensation, humanity, each individual person, will be free to live the rebellion on their own terms. And yes, admittedly, they will still get a bit of a helping hand, having to comply within the boundaries of the Law, but still will be freer to largely do as they please, which will be for the good of all in their rebelliousness, so people will be free to express their negative state however they want.

Most people have to pay for their education, being burdened with debt, so imagine if all education was free, people could go and learn whatever they wanted, be in university their whole lives if that's what they enjoyed doing, and without the pressure of having to make money from their degree to pay off their debt. Imagine if people were free not to work, to completely indulge in the earthly equivalent of Sex World in the first Mansion World. Imagine if people were free to pursue their creative and artist desires without the need of having to work another job to make ends meet, or trying to be a successful artist as defined by making money to live from your art. Imagine being free to play music in bands forevermore and without any need to make money, so taking money out of the equation of how you live life. People growing food and helping each other build houses and whatever is needed, freely, willingly, because they wanted to do that, and not because they or someone has to do it. That being, as you understand, how it is in the Mansion Worlds, only the spirits don't have to worry about growing food for survival.

So people being free to be on perpetual holiday if that's what they want, free to do as they please. And you might think everyone would selfishly suit themselves, and everything will collapse as no one wants to work, and many people will just become self-indulgent in their own habits and addictions, however even these people, along with everyone else, will quickly come to realise that if they want all the things they want, they'll have to put in and help the whole, working voluntarily so as to maintain their freedom of doing what they want. So, everyone will voluntarily want to work to help everyone else, and so a new order is established in which everyone ends up being accommodated, with people changing and wanting to do some work to help themselves, each other, and the whole.

MONEY FREE COMMUNITY

James: So the world becomes like one huge commune, or lots of smaller ones all working united together.

Zarria: Yes, in a way. And as it's to be such a big adjustment, and too much to suddenly be imposed on the whole world as it is, so it will work alongside the Sun Nova and Pole Reversal, whereby the majority of people are removed from the world, so those left being in such upheaval, will work to establish their new old way of living from a more basic start, all keeping in harmony with the Law of Compensation.

James: That makes sense. So the Divine Minister is going to give everyone a taste of the Law just before the Reversal, it being a reversal in more ways than one.

Zarria: Yes, which will show everyone that things are being taken out of their hands, that God is really in control, and giving everyone who is not a power hungry controller –

James: I don't mind if you say – asshole.

Zarria: Your word James, not mine. – a good feeling of liberation and new freedom. Which will also prepare them for their sudden death with the Nova and arrival in their newfound world of freedom in the first Mansion World.

James: Well that all makes sense, if indeed it's going to be as you say. Having adjusted my mind, I can see what you're getting at, it is fair, I guess, that everyone should be allowed to freely express their

rebelliousness how they want. We are free to rebel, or at least the higher spirits were before Mary and Jesus ended that ability by bestowing themselves on Earth. It's hard being of it and feeling so bad and so powerless all the time in my life, and wanting it all to end completely, wanting everyone to wake up to the horror we're all living and do their Healing. But I guess, as you say, it's fair, and needs to be fully lived and expressed, so humanity will move on to a phase that allows that to happen, which I can only see could happen with the Law of Compensation in place.

Zarria: It might happen through natural evolution of the Rebellion and Default on Earth, however as it's never happened on any rebellious world, we don't know. And we won't know now, because you are here with Marion and so will end this phase. By your coming, the Law of Compensation has to be earthed, that too you've not seen or understood. It's not that you are going to do it because that's what the Mother and Father want, I mean, it is that too, but the Law is to be earthed because that's what happens on a rebellious world when the Avonal Pair bestow themselves on it. Mary and Jesus didn't initiate the Law on Earth, only in the spirit worlds, so the Avonals by attending to all the material worlds, initiate it upon their full bestowal. So the Avonals are saying, that way as it is now is over, and a new expression of the Rebellion and Default is to begin, that being overseen by the Law of Compensation.

So that changes your view of it for yourself and their relationship with the Divine Minister, doesn't it?

James: Yes, it does. So it's a done deal, and they don't have a say in it.

Zarria: Yes. Only they will want it to be earthed because they can see the awful restrictions imposed further on everyone by having the hidden controllers running the world. They don't want everyone to keep living in fear and having to put poison into their body under the guise of a vaccine that's going to protect them from a slight flu virus. They hate all you and everyone is being subjected to by the controlling few, and so they will be more than willing to work with the Divine Minister and earth the Law. And even if that means, as you now understand, sending humanity off down another track outworking the Rebellion and Default more truly. Even in your evilness James, you feel within yourself, as you'd have liked it more for yourself, to have been given an equal and free chance of being wrong and evil, even though you hate it all. You want equality, so even in the Wrongness everyone should be able to be equally wrong and free in their rebelliousness. So, as much as you hate the whole Rebellion and Default, you do at least agree that everyone should be able to be free in it if that's what they want.

James: Yes, you're right, I do. I would have liked to have been freer in it, even though I would have hated all the wrong I might have done when I came to do my Healing. But still, as you say, we all want to be free, even if we're making things worse for ourselves.

Hmm, well thank you Zarria, you've expanded my mind, more to think about. I'll go now and make lunch, and come back to you later if other things occur to me to ask you about.

Zarria: As always James, it's my pleasure – both Zarrion's and mine, as he's here with me now with you. And yes, please keep asking us all you want, and we'll tell you what we can at the time in accordance with your soul needs.

James: Thank you both. I'll talk to you in my mind no doubt whilst making the lunch.

Later:

James: So, because the Avonal pair comes bringing with them the Law of Compensation, it means the evilness as it is can't continue. So if the Avonals don't come, there is no way for the evilness as it

currently exists to be used by the New World Order to try and create their version of peace on Earth for themselves through full control, because it won't work.

Zarria: That's right. So far as Earth is concerned, evil so far as having main controllers controlling the masses, has run its course, it's coming to an end, there has been two hundred thousand years of it, and over all that time, the controllers have never managed to give up their control like they will have to when the Law is earthed. So you can't say humanity hasn't had a good go of it, and so looking back at history, the dream of the New World Order being able to reign supreme on the world, is a fantasy of those controllers, with or without the arrival of the Avonal pair.

All everyone dreams about whilst being in their negative states, is as you know James, nothing more than a fantasy. So it's time the Mother and Father take the next step. In theory they could have allowed the Age of Mary and Jesus to continue longer, however obviously there would be no real value in that, and a lot against it seeing now where humanity's controllers are taking the genetic manipulation side of things. It was bad enough for you to develop nuclear weapons to be used against people, but you managed to live with that, so now to introduce such genetic manipulation into food, insects, other plants and animals, and now humans, is the big no, no. That is pushing the boundaries of your evilness too far, and so because of that you're bringing about the end of your evilness in this phase of denying the truths of Mary and Jesus.

No one on the world is able to live truth and have a positive effect upon those persisting in living untruth by controlling everything to suit themselves. So the hidden controllers well and truly have the upper hand. Putin is to a small degree testing how far he can go to wrest some control from some of the hidden controllers, but only so as to give more control to those people he favours. He is more concerned with the welfare of his people, however he could still do a lot more for them with all the natural resources he has; but then again, that becomes increasingly difficult with the encroachment of the West always wanting to unseat him and ruin Russian taking all the booty for themselves.

And with the controllers knowing the Reversal and Nova is coming, and knowing certain lands will be very uninhabitable, and so it's who gets to live and who gets to die according to the plans of the Controllers. So it's coming down to a fight for survival for Russia's people, not that they understand the forces arrayed against them, however so far they are loyal to Putin.

There is no leader who is right and true, everyone one of them is in it for themselves and wanting to impart their own vision and control the people under them, however for you James, and at least on the surface of it, Putin talks his mind and it sounds reasonable. And he's trying to do things, at least up until now, within the law, whereas the Americans and Europeans have no such conscience about breaking the rules they made when it suits them, being full of hypocrisy and not seeming to care who thinks badly of them.

So, it will continue to become more complex, and the run up to the final End Times as so many of the Controllers believe, has to be a final reckoning before their age of peace can be implemented and their religious Saviours come to lead them into it. All of which will never happen!

It's In The Bag



The visiting
Avonals found in the
bottom of their kit bag the ...

LAW OF COMPENSATION

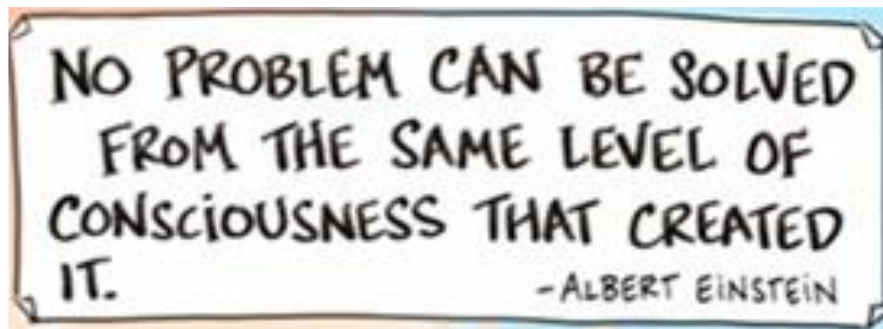
<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

**To Truly get to know yourself is
the Bravest thing you will ever do!**

**Nothing that ails humanity can be solved
or healed until we embrace our feelings!**



NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.
-ALBERT EINSTEIN

*My individual "Rebellion and Default"
is my overarching virus!*

*We are to express our feelings,
both good and bad, emotionally!*

ANGELS CONTINUING

Tuesday, 15 March 2022

James: Hello... Zarrria.

Zarrria: Yes James, Zarrion is not with me, he has to attend a meeting with the Melchizedeks concerning you and our work, which is really, our relationship with you. We make a report on our work with you, make suggestions for them to consider based on our observations, and they advise us on anything we need to know and take into account concerning you. Zarrion usually attends such meetings, I prefer remaining close to you.

James: Do you like me?

Zarrria: Yes, very much, we both love you, we've loved you since conception with our love for you growing over the years of our service to you.

James: As no doubt you're aware, I'm very revolting being all of my evilness, seeing how disconnected I am, and how I wrongly believed I was connected with mum and everyone else, but it was only connected in my disconnectedness, which is all so fucked, and so I can't be with anyone else like Marion shows me I should be, how she is, so even with you and Zarrion.

Zarrria: I understand James, all of which is perfect as that's what you have to see: the truth of you being untrue, so unable to truly connect, express and so relate to anyone. It's good, as bad as it is for you waking up and realising it about yourself. It makes us feel good, seeing you coming alive, and ironically, becoming even more true and connected to your disconnected state, understanding and feeling it, knowing it's how you are and you not rejecting it, just accepting you are as bad and wrong and evil as you are... because that's how you are, how the Mother and Father have made you be.

James: Yes. And then I'm trying to express all the bad feelings that come up about seeing the truth of how disconnected and false I am.

Can you tell me, or give me an example of what Zarrion and you might talk with the Melchizedeks about? And is it Zelmar and Zelmarnia you go and see?

Zarrria: No, it's other Melchizedeks you've not met. There are a lot of groups of twelve soul-pairs of them overseeing the Earth and the seven Mansion Worlds and relevant planes of Earth and each Mansion World. We go to a specific group that are solely dealing with us and Marion's Angel pair. Zarrion goes with the 'male' Angel of Marion, they being together today. We do a lot with Marion's pair, as you and Marion spend so much time together and need our working with you both in unison.

Some of the things we talk about are where you are up to in your growth of truth. The Melchizedeks give us what you might call a 'game plan' and truth 'itinerary' so we know what truth you should be seeing at any given time, and all in accordance with what adjustments we're making in your auric system.

Specifically, Zarrion will be saying how well the adjustment we made on you the other day when you felt that pain suddenly come into the back of your chest, it moving through your back and upper lung area during the night, then it suddenly going in the morning, and how that was deep repressed anger we helped liberate within you, which came into your whole being later that next night, when you felt so out of sorts and angry. And then being the anger and working it through, expressing it all, and seeing the truth from it you were to see, which you saw. That being one small example of our manipulation within your aura to help you bring up more repressed feelings for you to embrace and accept and uncover the truth of, a rather perfect example of doing your Healing as you advocate in your writings.

So we move along with you and the Melchizedeks as you progress. They might tell us to look out for a

certain element of truth which needs more mind explanation, so we are then tasked with working with your Indwelling Spirit to help you understand a little more about some aspect of the truth of all you're going through, or the truth of yourself, just as I was able to write with you during our last message when I shed more light on the earthing of the Law of Compensation.

LAW OF COMPENSATION

Zarrion and I don't as such make the decisions as to what we can and can't tell you, and how much we should when we can. We do, because of our close experience with you, have a certain idea, but it's not our place being Angels to interfere directly with you. So we look to the Melchizedeks for such guidance. So, they show us what needs to be emphasised more, what needs more information given, all to help expand your conscious awareness of yourself and the truth that's coming to light within you. It was Zarrion and I that gave you a little extra light that made you want to write with us the last couple of days, and even now, so we could then impart more information which the Melchizedeks wanted us to give to you. So we constantly have a lot to do with them. And we go to them, they don't leave the Celestial spheres, and we like that, as it gives us other things to do. And then often there are other high spirits or Angels that want to know about our experiences with you and Marion and all that's happening, and all that has happened, so we have interviews and spend time imparting our memory records, those of all you've experienced and how you felt about it all, and those of our own experiences of you.

And then we might be called up to report in with other higher Angels, but that's not happening for Zarrion this time. This time is just a routine visit with the Melchizedeks. When we are with them, it's always with their whole soul-group, as they are all just as actively involved with overseeing your life James.

James: It seems strange having so many Angels and Spirits focused on me when I'm so fucked, and really, who'd want to know.

Zarria: James, it is a major event, your's and Marion's bestowal, and it commands a lot of attention. Every mind circuit you work through in your Healing requires a major understanding and adjustment, it affecting the whole mind circuitry of Earth. And you have no idea how many spirits and Angels are involved with you personally and impersonally. Every bit of truth progression you live through your Healing affects the whole Earth, everyone on it and so all their attending Angels, along with the whole of the Rebellion and Default in Nebadon. It's a major event: your's and Marion's Earth bestowal; your time in the Rebellion and Default, and now with both of you working to heal yourselves of it; the End Times of Mary's and Jesus' Age coming to fruition; the coming Nova and Pole Reversal on the world; the beginning of the next Age and Aftertimes with your's and Marion's Spirits of Truth; all what the Teacher Pairs are to do so far as educating those of The New Way; the whole earthing of the Law of Compensation and so preparation of many people on Earth having to start doing their hell-time; together with the whole introduction of all your work, your truth and understanding; and the people who are meant to wake up, and how they go about it, and then those who will resist it, and how they go about that. So a complete change of life from how it's been on Earth these past two hundred thousand years, bringing it into alignment with the Mansion Worlds.

And then with people actually embracing your truth and starting their Healing. And then organising where everyone has to be at the Nova time, who is going to die and who will remain, and where they are going to live. And so the whole changing of the negative mind circuits of the Rebellion and Default into bringing alongside them the positive ones, all what's involved with the Divine Minister. And then what all the Melchizedeks are doing having to accommodate and prepare the healed Celestial spirits for all of this, how involved the Celestials are in it all, all of which has been completely unheard of in Nebadon, so it all being new and really with only the guiding Melchizedeks knowing about it and where it's all to go. And then your's and Marion's personal lives, and the effects you have on other people and the mind circuitry as a whole... yes, I guess you could say things are almost a little chaotic to say the least!

There's a lot happening James, and all because of you and Marion. And you sit on your couch feeling bored and wondering 'what the fuck is happening' as you attend to a few bad feelings and see a little more truth, and yet a massive amount is happening on the unseen levels.

And then the whole of Nebadon wants constant updates, everyone – spirits and Angels alike, are fascinated with the whole Rebellion and Default; and now all your's and Marion's effect within it; how the ending of this phase of it is going, and especially following on from Mary and Jesus, and how humanity is corrupting and still rejecting all their truth; and how you and Marion are having to sort out all the confusion and misinformation, bringing it into the light and living it the right way in your mind's understanding. Spiritually, it's a massive change, even bigger locally than when Mary and Jesus came to the world, because it does involve the actual hands on truth of the Healing being revealed and potentially people wanting to do it. Mary's and Jesus' bestowal was a huge thing for the whole of Nebadon, and now your bestowal is a huge thing for the Earth and this little part of the universe.

And even Zarrion's and my relationship with you James, a regular Angelic pair being so intimately involved with an Avonal pair, helping you embrace and then end the Rebellion and Default within yourselves, it's all huge, momentous, and incredibly thrilling, and hasn't been experienced before. It's not another average day in the life of regular universal proceedings.

James: And then John up there on the Gold Coast having to deal with it all...

Zarria: Yes, it being incredible seeing how he does cope and wants all you give him, even though some of it is testing for his mind. And then all he wants to do with the money, and all the Celestials behind the scenes involved in that, and they also, along with us Angels, involved in all the people who are going to be involved directly and indirectly with you and what John wants to do.

Mary and Jesus had a few thousand people involved with them, a very small percentage of people alive at that time. You potentially are to reach everyone on the world, although it won't work out like that, but so far as everyone's Angels will be concerned, along with their Indwelling Spirits, it will be like that. And for you via the Law of Compensation to end the whole power controlling regime the world over, bringing all those controlling people to heel, ending it and their systems, governmental, business and monetary, it's going to be a vast shock to the way of things. And yet for the controlled, it will all work in their favour. Certainly some of the regular people will do hell-time, but really for the average person, they will feel new life being breathed into their lungs, they being free to be in their rebellious states without all the fear and insecurity that currently exists. For them to slowly come to understand that they are being supported by God, even in their rebelliousness, will be a whole revelation unto itself. So, everyone will be forced to reassess their life, just as they would have done once they died and arrived in the first world. Only upon death, death itself being such a big change, a massive upheaval, causes most New Arrivals to accept the new way of things in the mind worlds, particularly as they discover the way of things doesn't involve money and wealth accumulation for power. But being used to one way of life on Earth, and then having such a great change forced on you, it will take a lot of adjusting.

James: That made me think of teaching some people about it so they can work out ways to help other people adjust.

Zarria: Yes, and other things will come to you too in preparation.

James: My only concern about all of this is, it would be all very well as simply a part of humanity's way of how things currently are, and with changes being slowly brought about, but if the Law is to come before the Reversal, and that is October 2046 according to Doug Vogt, there's not much time. And no

sooner might some people have adjusted to their new way of life, they hardly get time to enjoy or settle into it, as they might die because of the Nova.

Zarria: It's simply how it is James. You still see it being a huge difference, like a huge jump, between life on Earth and life on the first mind world, however superficially it might be, but on a feelings and spiritual level, it's not a big change. Your mind requires some adjustment to the way of things, but that's not really any different from travelling to a foreign country that has a very unfamiliar culture, but it doesn't take you long to settle in and find your way around. So, the changes people will make during the short remaining time they have on Earth, will help them better prepare for their mind world arrival. And that's the whole point of it, to have the death experience being even more of a seamless transition than it currently is. So people can more easily pick up and continue their mind way of life, or for that matter, their Healing way of life, once they come into spirit.

As you understand, the spirits in the Mansion Worlds have to go through a death-sleep to move up in worlds, and each world is of higher vibration and slightly different and another whole new world, so it takes a little time adjusting between each transition, and really that's how it should be between Earth and the mind worlds. A death-sleep and then a short adjustment time in the first world. For people currently it seems like such a big scaring change, because you don't believe in life continuing on in the spirit worlds, let alone KNOW IT TO BE TRUE, and that you are looking forward to a whole new beginning.

James: Yes, I see what you're saying.



EXPERIENCES, FEELINGS and TRUTH:

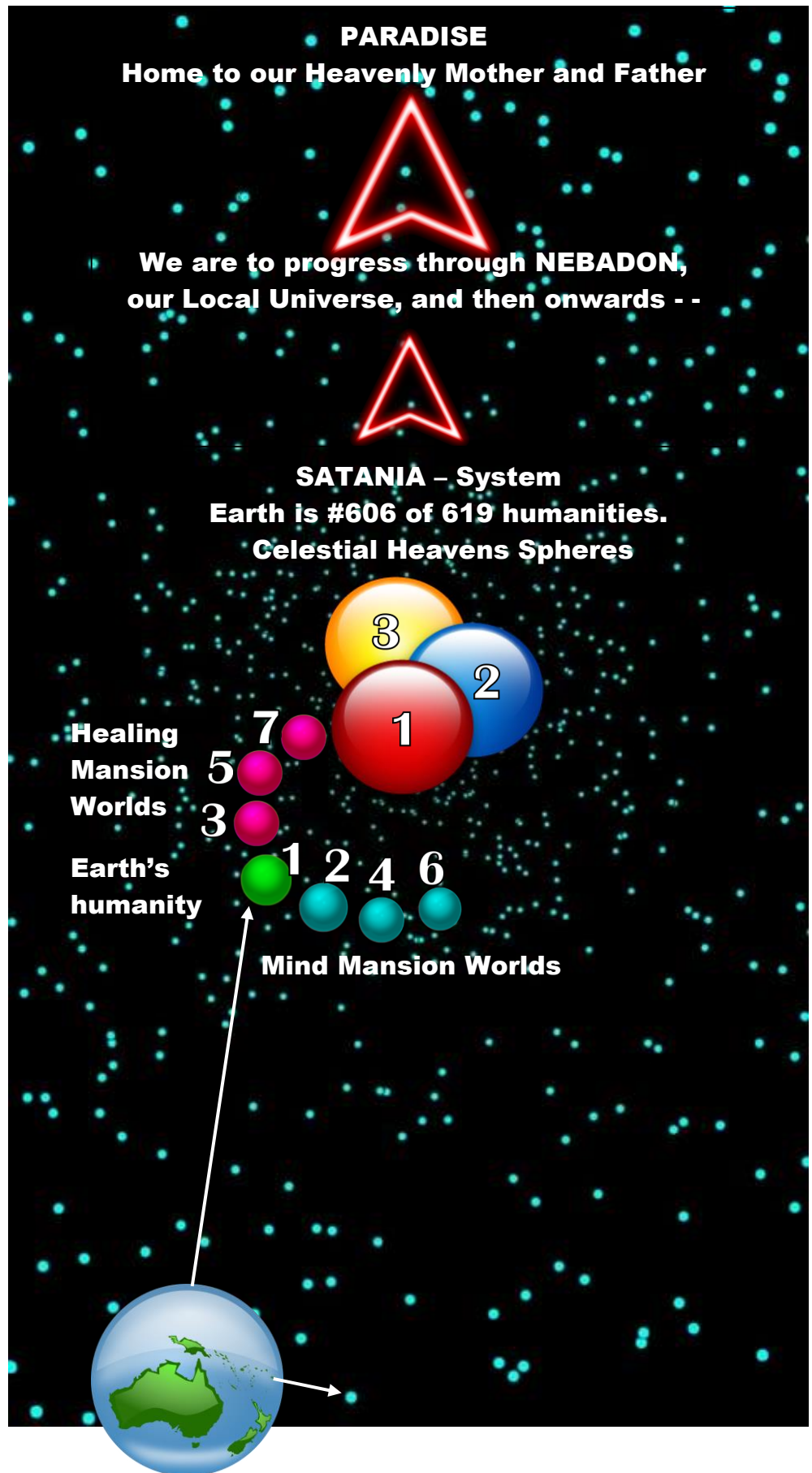
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However, picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



PASCAS introduces a New Way of Living

The New Way of living is revelatory in that it brings soul based feelings to the fore in how we may live.

Nothing about Pascas or The New Way is a religion. Pascas cannot be 'joined'. Pascas does not have a hierarchy of control. Pascas does not have any dogmas, creeds, rituals, cannon laws, special books or controlling modalities and aspirations. There is no special dress, hair style, shoes or distinguishing apparel. There is nothing about Pascas that qualifies it or makes it a religion.

The New Way of living Feelings First is not a religion and it is expected that those who consider living Feelings First will continue embracing their personal religion as they have throughout their lives.

Pascas introduces an awareness of The New Way of living and what it may progressively bring about for those who consider it further. No one is expected to do anything other than follow their feelings.

Again, Pascas is not a religion nor does it aspire to be one.

OLD WAY
to transition to
THE NEW WAY

GREAT
-Turn

Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

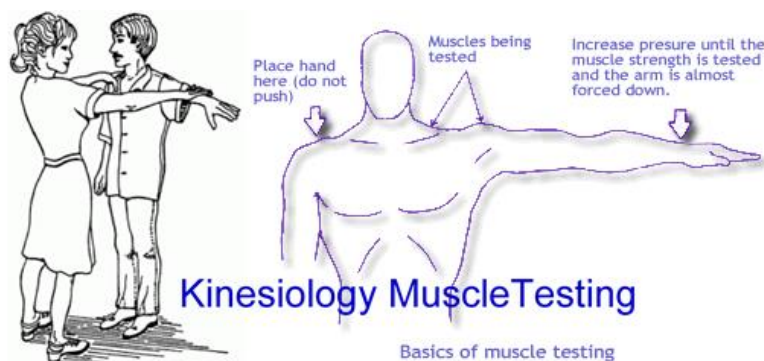
WHOLE DIFFERENT Way of Life.



Living Feelings First

For the past 1,800 years, the evolutionary development of humanity has stagnated at 190 on Dr David R Hawkins' Map of Consciousness (MoC). This of a consequence of humanity remaining mind centric and adhering strictly to the suppression imposed by wayward high level spirits who have now all been incarcerated and their puppets blocked from furthering their agendas.

Applying kinesiology muscle testing in conjunction with the Map of Consciousness (MoC) table, the inadequacies of those in leadership roles is readily discernable. Those in leadership roles throughout all of society can be recognised as to their capabilities, or lack thereof, instantly. Those who have not developed or evolved their consciousness to appropriate levels can now be dropped from positions of authority. Most will fail. The dearth of appropriate leadership will put a greater focus upon the inadequacies of the education systems worldwide and the inabilities of institutions, such as health, to provide the services required of them. Governments and their structures fail miserably.



Council of Elders

A Council of Elders may now begin to be formed. Initially, these are people who have significantly advanced through their personal Feeling Healing. The entry level for a council member may be considered to be as low as 700 on the Map of Consciousness (MoC). These are extraordinary people.

Through Feeling Healing, what unfolds is spontaneity and intuitiveness, versus the zombiism and stupor that presently prevails throughout mind centric humanity.

High level leadership roles are to be filled with those calibrating 470 or higher, their deputies to calibrate 440 or higher, and support leadership functions to be filled by those calibrating over 410. Health services personnel to calibrate over 500.

Everything is about to change. Living through our feelings is our pathway in growth with humanities evolution in spirituality is about to become dynamic.

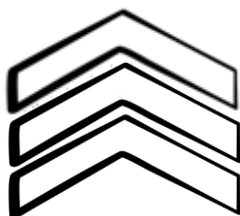
Living Feelings First!
INTUITIVE
INSIGHTFULNESS
DYNAMIC
NATURAL INTELLIGENCE
SPONTANEOUS
VIBRANCY
Foresightful
Wisdom & Truth
FREEDOM
EQUALITY

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
Living true to oneself;
Mind supporting Feelings;
Living with the Divine Love;

Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
atheists, no spiritual interest,
Living the Rebellion and Default.

Hell:
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

Pascas WorldCare Supporting Hands

Part 10



“Peace And Spirit Creating Alternative Solutions”

Pascas WorldCare Supporting Hands

Pascas WorldCare Supporting Hands is to assist where others are not.

12 April 2022

Pascas WorldCare is to look to supporting and resolving in ways that are generally not considered by other agencies and community groups.

In the meantime, Pascas WorldCare offers:

- a Hand Up
- a Guiding Hand
- a Welcoming Hand

There are three or more zones requiring supporting hands:

The home country from which the party or family have departed from.

The refuge or crisis centre to which they may have taken temporary shelter.

The arrival into a community is one of blending, both the arrivals and the local people need consideration. This is a very difficult time for new arrivals requiring a lot of support.

All situations need to be embraced with long term support with all the varying forms of distress. Every person, every family and every community needs every aspect of their environments understood, embraced and addressed.

Firstly, it also has to be understood who Pascas Foundation is and is not!

Pascas can introduce a new way of living. It is not a religion! You cannot join Pascas. Pascas does not have a controlling hierarchy, nor does it have a special book, rituals, dogmas, creeds, cannon laws, special apparel to be worn, no special hair styling and anything of a controlling nature. What Pascas is revealing is a way of living that can be embraced by anyone of any faith and religion.

Secondly, Pascas has come to understand that we are to embrace our feelings. We are to consider following what our feelings are prompting us to embrace and have our minds follow, assisting in implementing what our feelings are guiding us to do.

We, all of humanity, have been led to live mind centric. What we now observe all around us is that our minds are unable to determine truth from falsehood. Our minds are addicted to control, control of the environment and those around us. When we observe our assumptions closely, we will notice that 98% of our assumption making is in error, wrong, and that the other 2% are flukes. When we engage in a conversation that starts with 'I think' we will come to realise that the conversation is starting with an assumption and that it is already in error. It is through this way of living, mind domination, that we see all the tension and strife unfolding around the world resulting from erroneous dependence on our minds, and that is how we have been living these past 200,000 years. This is to end. We are to change the way we live, and that is to be feelings focused with our mind to follow in implementing what our feelings prompt us to embrace. We will come to see that our feelings are always in truth and that truth is love.

Presently, we do not know what love is. Without truth there is no love.


We, as parents, pass down to our children all of our injuries and errors of belief. Thus, each generation mirrors the prior generation, and so it has been for aeons. The soul condition of our children reflects one or the other parent by the time they are six years of age. There has been no advancement in soul condition for more than 1,600 years! This can now change and it has to change!

What Do Kids Feel Sad About?

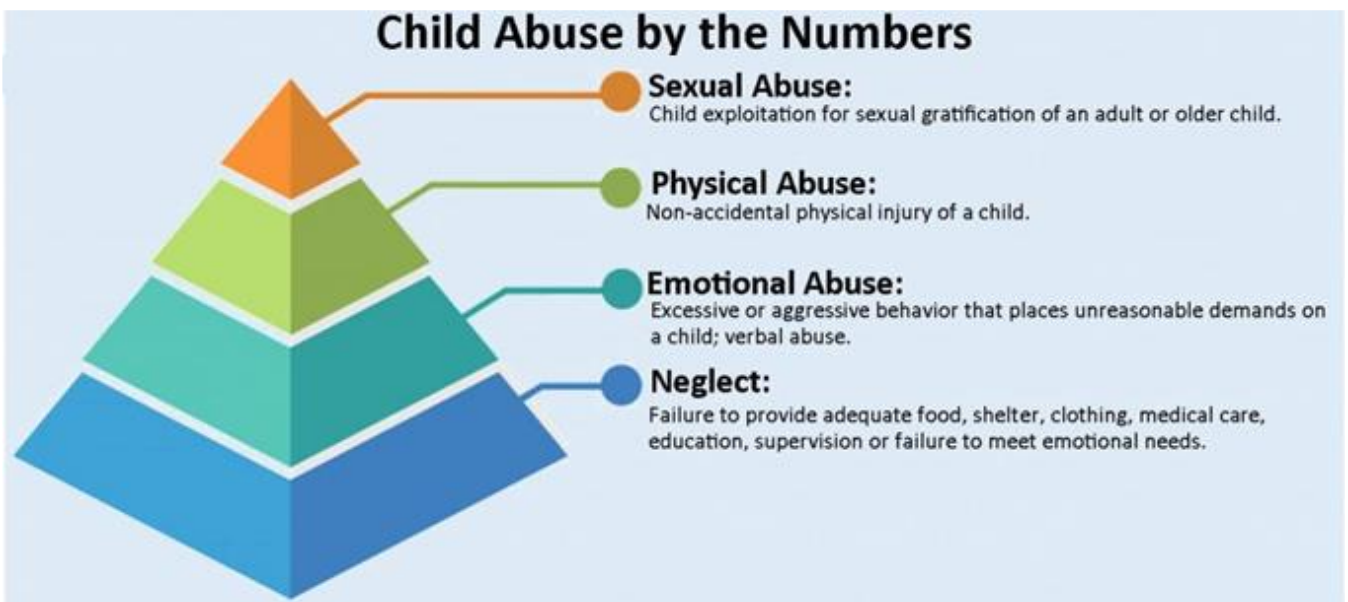


Being Unloved and Rejected!

EMOTIONAL ABUSE



- Constant criticisms
- Accusations & blame
- Playing mind games
- Suspicious & Sceptical about every thing
- Isolating someone socially
- Verbal abuse-yelling out bad names



Talk it out with a Friend!

Feelings are to lead, mind is to follow.





What we see all around us is the consequences of generational cumulative emotional injury and errors of belief accumulating within each generation that is manifesting in bizarre activities by generations, both young and old. We all try to suppress our feelings. We are all doing everything possible to avoid the pain and discomfort of what our childhood suppression has imposed upon each of us. We are not spontaneous, intuitive or demonstrating anything near our true potential. We are to begin to talk it out. We are to share our feelings at all times to our companions and while doing so, we are to long to know the truth of what our feelings are seeking to reveal to us.



**PEOPLE
OF EARTH
WE ARE
TRUTH
SEEKERS**

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1st Celestial Heaven: 11 August 2020

Ten ducks in a row, but one always misleading or misled!



People Interacting!



This is a time of great change. Nothing is going to remain as it was. We are not going to be returning to the old ways. We have been misled for generations resulting in continuous conflicts and wars, great famines and difficulties. Few understand that all childhood deformities are the consequences of the parents' emotional injuries that are thrust upon the child while it is forming in the womb. Even fewer understand that how we bring a child up sets its pattern of health and prosperity throughout its entire life. This all unfolds before the child is six years of age.

We have few great leaders, but the great villains are also all of the consequence of their parenting.

it's all about
**Experiences
 &
 Feelings**

So, now we have millions of people fleeing their homes, many never to return. Those who return may find their environment destroyed, certainly disrupted negatively, not only their homes, their sources of income, but their life long companions gone for ever, hopefully to new countries and new life styles.

**Be Feeling
 Expressive**

And there is the wonderment of it all. Our lives are all about our experiences and the feelings that arise from our experiences. We are to be feeling expressive, we are to share and express our feelings to companions who are open to listen. We are to long to know the truth of what our feelings are to bring to our focus. We are to express our feelings both good and bad. What enters emotionally is to be expressed emotionally.

As we progress along this way of living, living feelings first, we are beginning to heal ourselves of our emotional injuries. By longing for the truth from our feelings, it is our soul based feelings that are always in truth and consequently this way we are removing our errors of belief. This is the only way to heal ourselves. This is now having been achieved by others who have revealed this Truth. This Truth had been withheld from us by hidden controllers who have also had their influences upon us removed.

This is a time of great change, as difficult as it may be. These times of difficulty may continue to unfold for several decades until many of us come to understand how we are to live so as to end our difficulties.

Refugee problems can only be solved in three different ways: -

1. through voluntary repatriation (the return of someone to their own country),
2. through resettlement overseas, and
3. through integration either in the country of present residence or in combination with intra-nation migration.

Of these solutions voluntary repatriation is no longer of great importance.

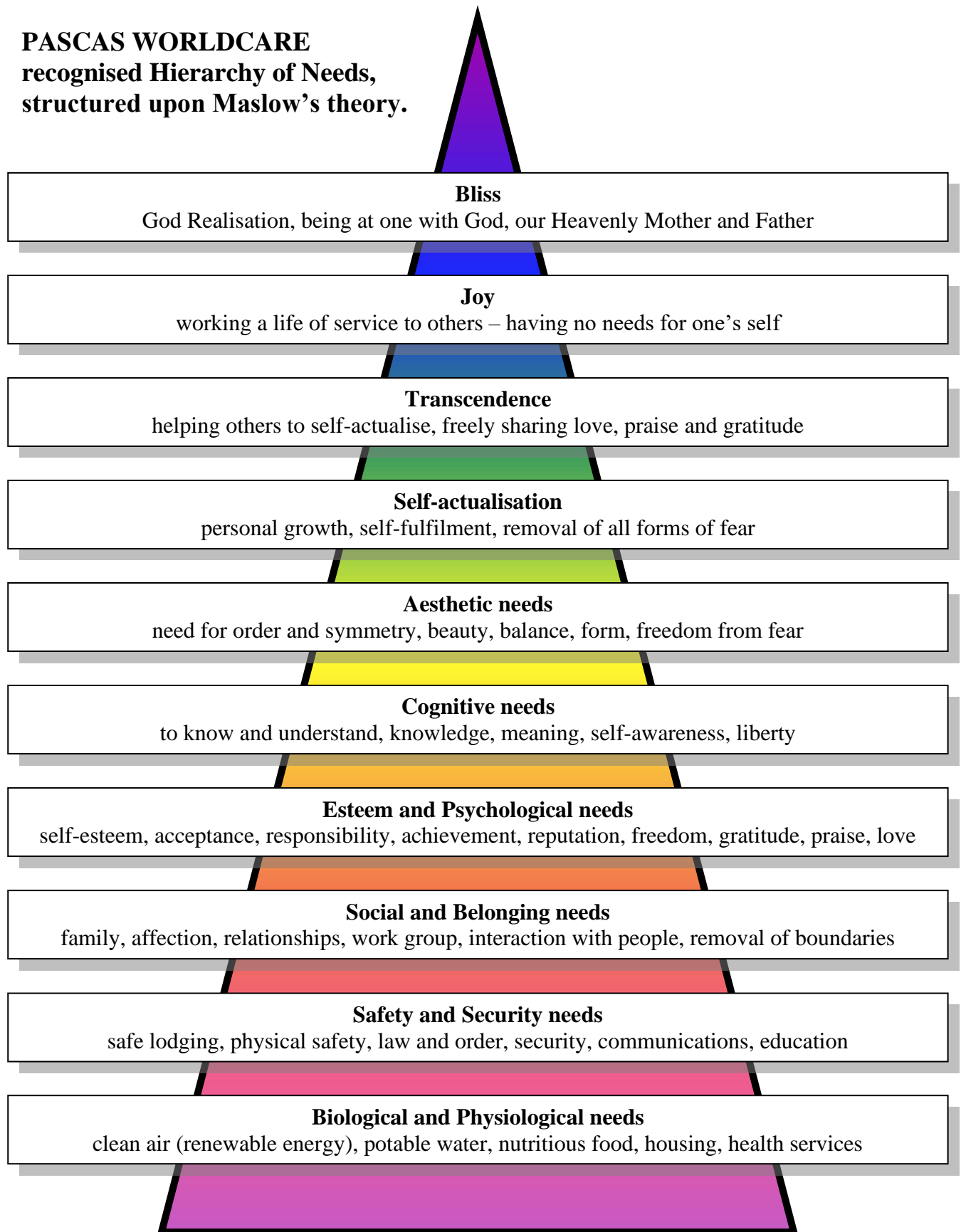
Supporting refugees

- healthcare
- housing
- education (including access to English – or as appropriate – language classes)
- finding employment
- community support services
- interpreters and translations
- finance / financial support
- mental health services.

Consequently:

The needs of everyone are requiring prioritisation, also everyone's circumstance is different.

PASCAS WORLDCARE
 recognised **Hierarchy of Needs**,
 structured upon Maslow's theory.



Communities where repatriation is unfolding or in newly forming resettlement:



PASCAS UNIVERSITY



TAFE



Technical And Further Education Craft Creations

x^2 Year 10

Δ Year 11

\sqrt{y} Year 12

\leq Year 7

 Year 8

\approx Year 9

∞ Year 4

% Year 5

 Year 6

 Year 1

 Year 2

\pm Year 3



KINDERGARTEN

PRE SCHOOL



The Learning Pyramid:



It will only be breaking through the glass ceiling of 499 of Dr David R Hawkins' Map of Consciousness (MoC) that humanity can and will move towards a state of harmony and peace. While we continue to live mind centric, we cannot progress beyond the category of Reason which peaks at 499 on the MoC. This is how we have been misguided to live for thousands of years. As we are now coming to understand, all institutionalised systems worldwide are structured to inhibit our natural progression.

Our teaching systems are focused upon the lecture, an orator at the front of the room talking down to students. As you now observe, it is the least effective method of education. Small groups tutoring each other is the way forward. All levels of education can be moved to meeting groups of around 12 or so participants.

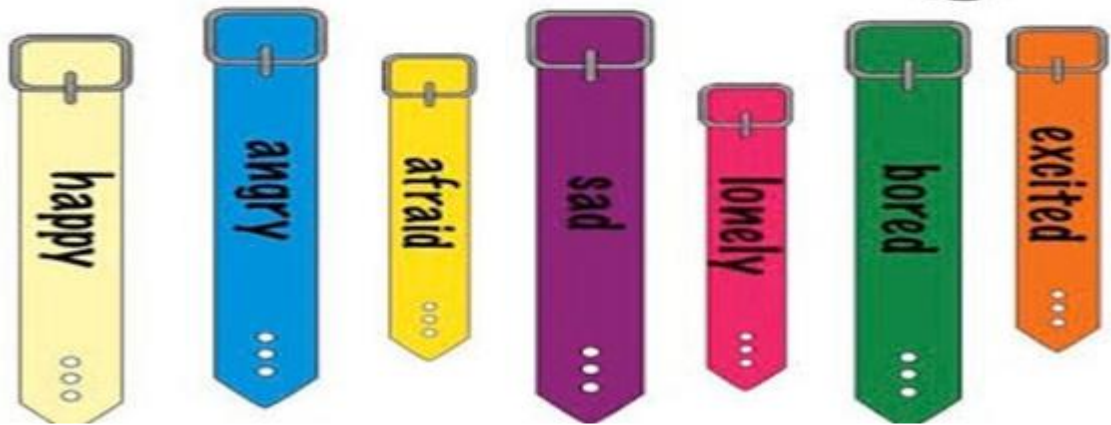


WITHIN EVERY MEETING HOUSE, FREE AND OPEN DISCUSSION FLOWS THROUGH A 'FISH BOWL' STRIVING TOWARDS 'NATURAL SELF EXPRESSION'!

Pascas Foundation, with aligned support, is to deliver such education platforms. Further, education is to be delivered free.

FEELINGS
must be
FELT

Express Your Feelings



**BE FEELINGS
EXPRESSIVE!**





































It's all about
**Experiences
&
FEELINGS**

Pascas Care Hospital



**Pascas Care
Medical Clinic**

Medical Specialties

- | | | | | | |
|--|---|---|---|--|---|
| 
Geriatrics | 
Obstetrics | 
Postnatal Care | 
pregnancy | 
Cardiology | 
Fetus |
| 
Rhinology | 
Pulmonology | 
Dental Care | 
Facial Plastic Surgery | 
Gynecology | 
Dermatology |
| 
Otology | 
Gastroenterology | 
Hepatology | 
Psychiatry | 
Plastic Surgery | 
Symptom Checker |
| 
Human Brain | 
Pelvic Bone | 
Neurosurgery | 
Chiropractic | 
Hematology | 
Osteology |
| 
Breast Augmentation | 
Breast Reduction | 
Optometry | 
Naturopathy | 
Newborn | 
Herbal Medicine |
| 
Ear examination | 
Eye Specialties | 
Dermatology | 
Neurology | 
Orthopedics | 
Pulmonology |

**Pascas Care
MEDICAL CENTRE**



Health care services worldwide do not address the underlying cause of any illness or disease. This document outlines the answer to that question. Consequently, Pascas Foundation is to support the establishment of regional hospitals and more importantly, health clinics that may make available to clients, friends, patients how discomfort, pain, illness and disease unfold and how to begin to address these maladies.

Food security: The global food chains are now irreparably broken. Apart from regional conflicts, the world weather patterns have cyclically changed for ever. Energy flows throughout our universe have increased with our Sun now projecting increased energy into the core of Earth, thus increasing the rotation and activity of the core which in turn has increased tension on the surface, warming the oceans and the land masses. This is a cyclical event with most areas warming and some even cooling a little.

Localised small crop farming will see us mostly reverting back to eating what is in season and without as much animal content in our diets. However, our diet will become more aligned to “Fresh is Best”.

Pascas Foundation is to support this shift in nutrition supply.

As can now be seen, the changes that are unfolding for us all, with some the changes are very extreme while for others, it is barely inconvenient. However, it will be continuous for decades to come.

Sustainable development goals (SDGs) will result in all systems being reviewed, dismantled and new platforms introduced. Nothing will remain the same. We cannot go on as we have been, we are constantly on the verge of destroying each other and the planet and that is not allowed. You do not allow that and I do not allow that, so we now have to roll our sleeves up and get on with the task at hand.

This may seem an incomprehensible hurdle, but it is not. What is incomprehensible is that we have in our hands control of the technology to destroy us all and also our beautiful blue planet Earth within 24 hours. That is not acceptable.

Now, many people are fleeing their homes, their traditional lands and their comforts to find a new life, the New Way, and that is now for us to welcome them with open arms and with all the love and support that we can provide. We may often feel that is inadequate and that is because we also need such love and support.

On the following pages are outlines of how several multicultural community organisations are welcoming and assisting those newly arriving from all over the world. Their methods are many and varied, as each of us are, so it is what your aspirations and feelings lead you to adopt is always going to be the best for all.

We go on to reiterate that Pascas Foundation (Aust) Limited offers its supporting hands as we have a great deal to share.

Aspiring to Living Feelings First

Brian Iverach, Helen Adam, Graham Golding, Ian Dowling, Jim Baker, John Doel and Peter Wildin

Pascas Foundation (Aust) Limited

Fresh is Best!



SUSTAINABLE DEVELOPMENT GOALS



SUPPORTING REFUGEES ON ARRIVAL

<https://www.roads-to-refuge.com.au/refugees-australia/supporting-arrival.html>

In Australia, when people from refugee backgrounds are settled into their local community, there are many things for the (federal, state and local) governments to consider:

- healthcare
- housing
- education (including access to English language classes)
- finding employment
- community support services
- interpreters and translations
- finance / financial support
- mental health services.

Commonwealth government-funded programs

The federal government provides on arrival settlement services for people who arrive in Australia with a humanitarian visa through the:

- [Humanitarian Settlement Program](#) (HSP)
- [Specialised and Intensive Services](#) (SIS)

The federal government also provides funding for programs designed to meet the ongoing settlement needs of humanitarian entrants through the [Settlement Grants Program](#) (SGP).

The federal government provides some assistance to people who are living in the community on temporary visas, or who are in community detention while their application for refugee status is assessed through the [Status Resolution Support Services](#). (SRSS)

NSW government-funded organisations

There are also a number of NSW State Government funded organisations that provide support for people from refugee backgrounds. These include:

- The [NSW Refugee Health Service](#)
- The [NSW Department of Education » Teaching and learning » Curriculum » Multicultural education » Supporting refugee students](#)
- [Multicultural NSW](#)

Non-Government Organisations

Many Non-Government Organisations (NGOs) also work to support of refugees, both in Australia and overseas. Some NGOs receive funding to deliver services and programs for refugees, such as:

- Counselling related services, for example:
 - [NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors](#) (STARTTS)
 - [Foundation House](#), Victoria
- Advocacy and campaign in support of people from refugee backgrounds, for example:
 - [Multicultural Youth Advocacy Network](#) (MYAN)

- [Coalition for Asylum Seekers, Refugees and Detainees](#) (CARAD)
- [Refugee Council of Australia](#)
- Legal aid assistance, for example:
 - [Refugee Advice and Casework Service](#) (RACS)
 - [Legal Aid NSW – Refugee service](#)
 - [Refugee and Immigration Legal Service](#) (RAILS)
- Support for asylum seekers
 - [Asylum Seekers Centre](#)
 - [Asylum Seeker Resource Centre](#) (ASRC)
- Program and project support, for example:
 - [Settlement Services International](#)
 - [Sanctuary Australia](#)
 - [Red Cross Australia](#)
 - [Saint Vincent de Paul](#)

Local councils

Many local councils have programs that support refugees to settle into their new communities. Some local councils have established *Refugee Welcome Zones*.

“A Refugee Welcome Zone is a Local Government Area which has made a commitment in spirit to welcoming refugees into the community, upholding the human rights of refugees, demonstrating compassion for refugees and enhancing cultural and religious diversity in the community.” Refugee Council of Australia

SETTLEMENT IN AUSTRALIA

“Settlement is a two-way process: it is not just something that refugees must do, but there is also a need for the wider community to make adaptations to accommodate the refugees. A 'spirit of hospitality', where refugees are made to feel welcomed into a community, underpins successful refugee settlement programs.” [Refugee Council of Australia](#)

WHAT IS SETTLEMENT

The act of resettlement or being granted asylum does not automatically mean that people will feel ‘settled’ once they arrive in Australia. It can take people some time to feel that they are secure and at peace. Refugees mostly need support to work through the loss and trauma they have experienced.

To be successfully settled means different things to different people. For some it is in the knowledge their families are now safe, that they or their children can have access to education, that they will be able to enjoy the same rights to which all people are entitled. Many have described it as a feeling of belonging, of having a place to build a future.

Multicultural Families Org.

www.mfo.org.au



Leaders of positive change aim to encourage and motivate an ongoing community owned process to change violent and degrading behaviour and achieve greater cohesion.

MFO is taking a strong stand against all kinds of violence and abuse. It is a major commitment for us to initiate and motivate positive changes, and it influences all our work.

For several years **MFO** has organised conferences and facilitated dialogues with the intention to encourage individuals and groups to join in becoming **Leaders of Positive Change**.

The aim is to motivate the whole community to become involved and grow into a powerful influencer in changing discriminating attitudes and abusive behaviour based on gender, faith, race, or culture.

MFO will promote the set-up of **Focus Groups** (work groups) within the different communities. The aim is to motivate and guide the work to identify their major concerning issues and support developing strategies to encourage the community become actively involved in reducing all kinds of violence.

Friend's Friends is a neighbourhood network established to encourage looking after each other and finding ways to assist persons experiencing abusive or discriminating behaviour. As **Friend's Friends** network grows, it will connect and unite individuals from different communities creating greater acceptance and inclusion and make our communities safer.

MFO leads and supports the establishing of strategic **Focus Groups** and **Friend's Friends** network within the different communities and continue to motivate and support this major and vital community process.

Leaders of Positive Change aspire to become a community owned process working on achieving the positive interactions we all would like to experience.

As a community we have the power to initiate and lead this change process and the intuitive understanding of the effective strategies needed to develop and support it. Definite change depends on the communities' willingness to unite and combine their resources and unique expertise and becoming powerful change agents.

Leaders of Positive Change is a coming together to achieve cohesion and change what may interfere with our well-being and future prosperity.

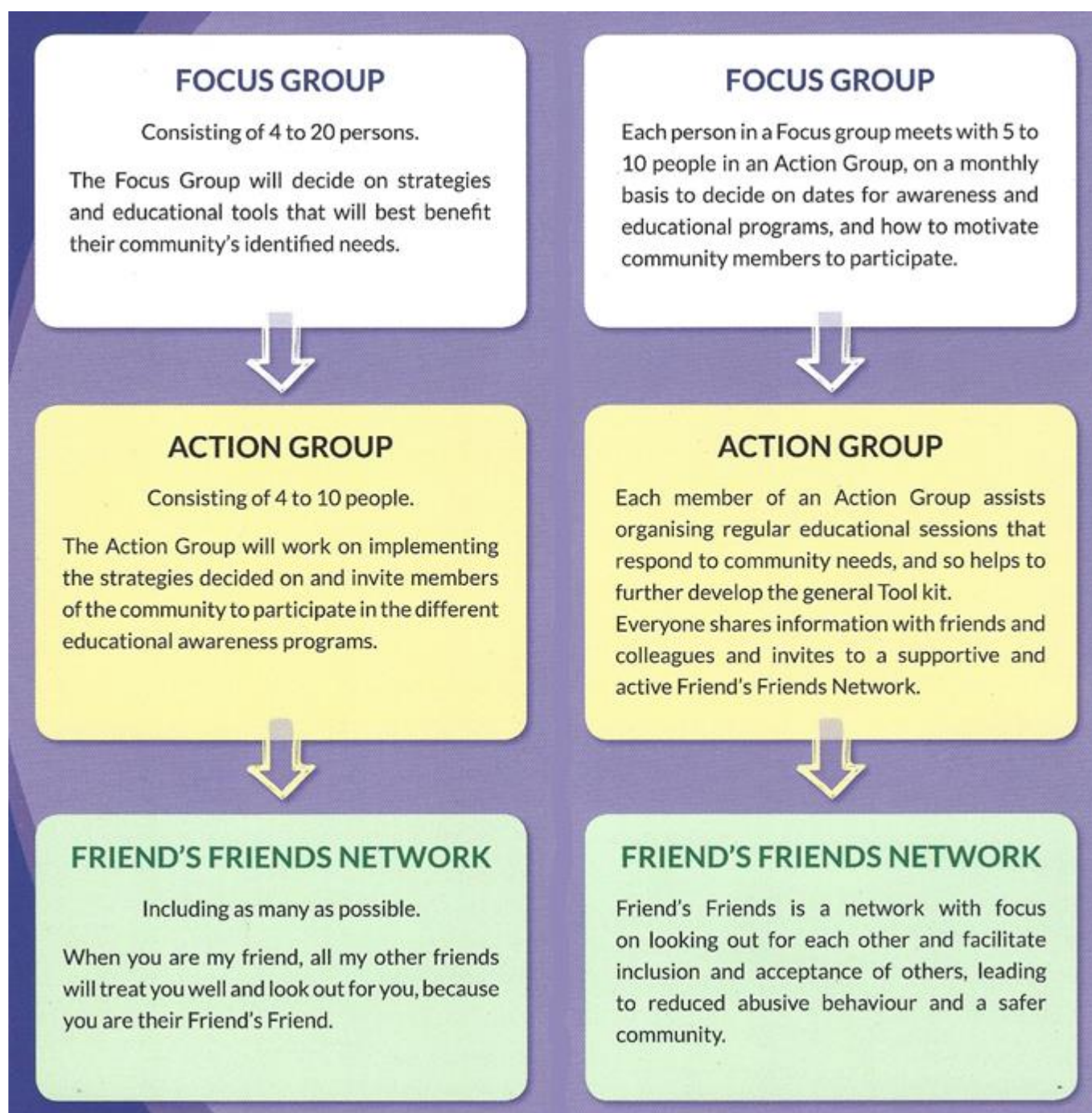
MFO FOCUS GROUPS FRIEND'S FRIENDS NETWORK

MFO collaborates with Focus Groups and support their effort to motivate community members to come together, and actively work to achieve reducing abusive attitudes and violent behaviour.

Change is about understanding something in a new way, and a vital part of this process is to make available regular informative group meetings, facilitated by informed persons from different fields.

The Tool Kit offers multipurpose educational information and training sessions, and the community members' feedback will assist the continual development of this awareness tool.

MFO facilitates contact between Focus Groups within Queensland and connects with Focus Groups interstate. **Friend's Friends Network** is a crucial part of coming together to achieve positive changes, and **MFO** responds in the best possible ways to requests of educational programs and facilitate connecting Networks with each other.



**The Golden rule is:
Never interfere with another's will.**



A free and confidential service for women



SARA is a domestic and family violence support program for women and their children from Culturally and Linguistically Diverse (CALD) backgrounds.

SARA provides culturally appropriate and confidential support to women affected by domestic and family violence.

SARA engages qualified interpreters.

SARA employs qualified multilingual workers.

SARA all support services provided by SARA directly are free of cost.

SARA works closely with different community groups.

SARA provides cross cultural training and information.

SARA can assist you with:

- Crisis Response and Support
- Face to Face Support
- Safety Planning
- Advocacy
- Information about your rights in Australia.

SARA can refer you to:

- Safe crisis accommodation
- Women's groups
- Immigration advice and support service
- Domestic Violence Court support
- Income support services
- Housing services
- Children's and young people's support services
- Migrant and refugees settlement services.

We understand that your cultural and individual values and beliefs are very important to you. We will respectfully work alongside you to help you to explore your safety options.

Domestic Violence is the term used to describe any form of violence or abuse experienced by a person that is perpetrated by their spouse, intimate partner, family member or informal carer.

Domestic Violence includes one or more of the following types of behaviour:

- Physical abuse
- Verbal abuse
- Emotional abuse
- Sexual abuse
- Financial abuse
- Social abuse
- Cultural and spiritual abuse
- Damage to property

It is important to note that emotional and psychological abuse can often be just as dangerous as physical violence. Lack of physical violence does not mean that you will be any less affected by the abuse.

Violence against women occurs in ALL communities regardless of cultural, religious, education or socio-economic background.



MFO has been supporting refugee and migrants on the Gold Coast for over 20 years and are the leaders in providing settlement support services to culturally diverse individuals and their communities.

MFO promotes multiculturalism because we are multicultural.

MFO's staff come from around 17 different countries and combined they may speak around 21 different languages.

MFO's disability support workers provide personal care in a professional, respectful and friendly manner and are flexible in meeting your daily support needs. Feel free to speak to our disability support coordinators about services. If you wish to chat face to face and are not able to come to MFO, then they are happy to come to you.

MFO other services:

- Accommodation assistance
- Immigration and citizenship support
- Financial guidance and budgeting
- Homework assistance for children
- Youth education and support
- School holiday activities
- Domestic and family violence support and referral
- Multicultural women's friendship group
- English conversation classes
- Employment assistance
- Health and well being support
- Swimming lessons
- Volunteering opportunities
- And much more!





Alongside providing students with academic support, the **Youth & Homework Club** recognises the importance of development programs to support each young person's overall wellbeing.

MFO believes that by providing students with the tools to build self-confidence and motivate respectful interactions, they will be able to excel in academics and all other areas of their life.

In addition to providing homework support, development and activity programs for young persons from a Culturally and Linguistically Diverse (CALD) background, MFO initiates conferences. Programs aim to bring together students from grades 10-12, from a range of Gold Coast schools, to bring awareness and educate students regarding the diversity Multiculturalism brings, and to encourage and support students to promote inclusiveness and positive interactions within their schools and communities.

MFO's aim is to create a Safe and Encouraging Environment that will Allow and Support every Student to Excel in their Own Way.

The **Youth & Homework Club** facilitates support and development programs for young people from a Culturally and Linguistically Diverse (CALD) background, to enhance their academic, social and general well-being.

Volunteer tutors and mentors work alongside and under the direction of **MFO's** staff to ensure the successful delivery of programs, events and services.

The Youth & Homework Club was initiated by MFO in 2007, and as this concept became an instant success story, it set a new support standard. Now most Settlement Services in Australia are providing and implementing this concept.

MFO is committed to continue to initiate and motivate young people to develop Positive Life Skills, and the Youth Leaders of Positive Change program is created to support this.

MFO, Multicultural Families Organisation Inc., provides services for newly arrived migrants and their families, including refugees, humanitarian entrants, and new family stream migrants, during the first five years from their arrival in Australia. These services are funded by the Australian Department of Social Services (DSS). **MFO** was founded in 1996, and is a non-government, not-for-profit organisation and registered as a Public Benevolent Institution.

In 2017 **MFO** was granted funding from the Queensland Government to establish a new Domestic and Family Violence Centre on the Gold Coast, to meet the increasing need of support for women and children, from a CALD background, experiencing domestic and family violence. Specially trained individuals, within the **MFO** team, have provided this support on a voluntary basis for years. **SARA** DFV Centre has experienced staff with multicultural background and expertise.

Humanitarian Settlement Services

The HSS Program provides support and assistance to newly arrived refugee and humanitarian entrants to rebuild their lives in Australia, and fully participate in the social and economic life of the Australian community. The Multicultural Families Organisation settles new arrivals on the Gold Coast, and provides intensive support with all settlement needs for 6-12 months after arrival in Australia.

The HSS team assesses the support needs of each client and provides appropriate settlement support in accordance with the scope and principles of the programs.

Current services include:

Welcome Reception

- On-Arrival Pick Up at the Airport
- Transport to accommodation

Case Management

- Registration and links with essential services
- Settlement information and support

Accommodation Support

- Tenancy training
- Provision of basic household goods

Orientation Program

- Four-weeks education training course familiarising new arrivals to Australian Culture and systems.

Accommodation

- Search to find suitable accommodation.
- Facilitating communication with real estate and other service providers

Orientation programs and Workshops about

- Health and infection control
- Mental health needs
- Police and law enforcement
- Domestic violence
- Immigrations and visa issues

Employment

- Assisting with personal resume
- Interview skills

Financial Guidance

- Bills and internet banking
- Payments through DHS CentrePay program

Health and Family

- Assisting clients to find Bilingual Practitioners
- Documentation and referrals

Immigration and Citizenship Assistance is provided by registered immigration agents free of charge.

The Migrant Centres Organisation Inc.

www.migrantcentre.org

Shop 22 / 91 Scarborough St, Southport 4215

The Migrant Centre Organisation Inc. (trading as TMC – Thriving Multicultural Communities) provides community services and programs to assist the Gold Coast community.

Many of the programs focus on assisting persons from Culturally and Linguistically Diverse, migrant and refugee backgrounds to promote social and economic inclusion in Australian society. TMC – Thriving Multicultural Communities offers various no cost services and programs including:

Application Support

- Centrelink
- Citizenship
- Housing applications
- Recognition of overseas qualifications

Community Development

- Community group development support
- Cultural diversity training
- Incorporation support, governance training, fundraising training (including access to grants)
- Kaleidoscope – Colours of the World on the Gold Coast Festival
- TMC – soccer team
- TMC Men’s Club

Education and Training

Skilling Queenslanders for Work (SQW)

- Certificate II in Skills for Work and Vocational Pathways

Workable – courses subject to change with demand

- Certificate III in Food Processing
- Certificate III in Individual Support
- Certificate III in Early Childhood Education and Care

Employment Support

- Preparation for Training workshop
- Preparation for Employment workshop
- Interview practice and support
- Job search advice and techniques
- Resume / curriculum vitae (CV) and cover letter writing

Family Support

- Counselling
- Domestic Family Violence (DFV)
- Mediation

Learner Driver Mentor Program – ‘Learning2Drive Safe’

- Road craft workshops
- No cost driving lessons with a volunteer driving mentor

Mental Health & Disability

- Referrals and assistance

Settlement Information and support

Settlement Engagement Transition Support Program (SETS) – Assisting newly arrived migrants and refugees to settle in the Gold Coast.

Social Support

- Art therapy
- Slow flow dance
- Social engagement and events
- Yoga

Youth Programs

- After Dark
- FUSE 21
- Homework Club
- Pop-in Pizza
- Youth Connexion

In addition to these normal activities, TMC is also a Community Action for a Multicultural Society (CAMS) organisation. Under CAMS program, they are promoting sports engagement initiatives such as social soccer, with Team TMS playing in the Unity cup in Southbank, Brisbane.

Additionally, TMC hosts Youth Employment Support workshops to develop resumes, cover letters, job search skill and to provide mock interview practice to youth 15 – 24 years of age. The workshops have a maximum of 5 persons per session, operate for one hour (4:00 pm to 5:00 pm) – pizza provided.

EVERYONE has the right to feel safe at home:

Information to help know the signs of domestic and family violence and how to obtain support.

What is domestic and family violence?

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

Domestic and family violence happens when one person in a relationship uses their power to control, abuse or frighten the other person or persons. It takes many different forms and can occur in many different relationships, usually with the family (including extended family and in-laws) or in the home.

Domestic and family violence is unacceptable and can be a crime in Australia. Culture is never an excuse for domestic and family violence.

What we can do to support someone.

If someone you know is showing signs of domestic and family violence, take action – we, you and me, may be the only one who do. Our help can make a difference.

What we can do:

- **Listen** to what they have to say and believe what they tell you – don't blame them.
- **Ask** them about the abuse at a time and place that is safe and private.
- **Help** them to understand how the abuse may be affecting them and their children.
- **Talk** about how to increase their safety.
- **Offer** practical assistance like looking after the children or cooking a meal.
- **Respect** their right to make decisions, even if you don't agree with them.
- **Contact** your local domestic violence service for advice on how best to help without putting yourself and the victims at risk of harm.
- **Ask yourself:** 'Is what I am doing making it safer for the person being abused?'

What we shouldn't do:

- **Intervene** in a physically violent situation – we should call the police on Triple Zero (000).
- **Reveal** a victim's location or plans to escape, especially to the abusive person, their friends or family.
- **Directly** challenge an abuser if danger signs are present.

What we can do in our community:

- **Learn** more about the different forms of domestic and family violence and bring it out into the open.
- **Talk** about domestic and family violence and bring it out into the open.
- **Promote** gender equality in our community, religious and sporting clubs, etc.
- **Model** appropriate behaviour and challenge friends, family and community members when they dismiss violence or blame the victim.

It is important to seek expert advice if we think someone we know is being abused.

Domestic and family violence can have serious outcomes including death and serious injury.

What are the signs of domestic and family violence?

There are signs that may suggest someone is experiencing domestic and family violence. They may:

- seem afraid of their partner or a person close to them
- stop seeing their family or friends, or end phone conversations when their partner is around
- appear neglected or unable to access their money or belongings
- talk about their partner's jealousy, bad temper or possessiveness
- say their partner forces them to do sexual things
- have become anxious, depressed, withdrawn or lost their confidence
- have physical injuries such as bruises, broken bones, sprains or cuts, and may give unlikely explanations for them

- be reluctant to leave their children with their partner.

LET'S TALK ABOUT MONEY

Financial abuse can have a huge impact on your life, both emotionally and financially. If someone is experiencing financial abuse, it is important to recognise that it is not their fault. No one has the right to control someone else's money, even if they are in a relationship with them.

How limiting access to money may unfold:

- Not giving access to bank accounts.
- Denying access to money so you cannot afford basic expenses like food and medicine.
- Destroying or damaging or stealing your property.
- Withholding financial support like child support payments.
- Racking up debt on shared accounts or joint credit cards, intentionally destroying partner's financial resources or credit.
- Opening a line of credit under the partner's name without their consent, refusing to pay bills under the partner's name or gamble away jointly earned money.

Stopping you from earning:

- Controlling how all the household income is spent.
- Stopping you from going to work or important meetings; e.g.: by keeping you up all night or physically hurting you.

Being unemployed leaves victims in vulnerable financial positions where they become completely dependent upon their financial abuser.

Controlling your money:

- Taking control of your finances; e.g.: being in charge of all the household income and paying you an allowance.
- Making you go guarantor on a loan or take a loan out in your name.
- Making you take out a second credit card.
- Forcing you to work in a family business without being paid.
- Filing fraudulent insurance claims.

Financial abuse:

Financial abuse is when someone takes control of your money, stops you from being financially independent or earning your own money.

Warning signs:

- React badly when you try to talk to them about money, making you concerned to bring it up.
- Do things that stop you from going to work.
- Want you to give up your job.
- Stalk or harass you or your colleagues at work.
- Forge your signature for financial documents.

BE PART of the THRIVING MULTICULTURAL COMMUNITIES:

Get the latest information on events, Webinars, Career and Job Expositions, training and job opportunities around you community.

Financial Literacy Community Conversations

- Money management
- Different attitudes and ideas on money
- Sharing financial responsibilities with partners
- Money concerns
- Information on making sound decisions
- Planning for the future
- Navigating the local banking system
- Managing income support or wages
- Understanding contract and penalties
- Saving for a 'rainy day'
- Providing practical tools to achieve financial independence and resilience
- Understanding contracts for tenancy, mobile, utilities, consumer goods
- Financial management, i.e.; learning to grow savings for emergencies (car repair), education expenses (laptop), family needs (illness resulting in inability to work, rental bond, big ticket purchases (car, deposit for home).

Workshops and Coaching Sessions

- Career guidance and counselling sessions
- Coaching support – ongoing group and one-on-one support to help with enrolment into further education and skills training, job search preparation, application documents, finding jobs.

Training and Job Pathways

- Enrolment into further education
- Skills training
- Job search preparation
- Job application
- Finding jobs.

One on one support is available.

One must always honour another's will as one honours one's own.

Multicultural Communities Council Gold Coast Ltd.



<https://www.mccgc.com.au/mccgc/>

1 Dominions Road, Ashmore 4214

Community Development Programs

Settlement Engagement Transition Support Program (SETS)

The goal of the SETS program is to support and empower refugees and eligible permanent migrants to address their settlement needs in order to improve social participation, economic well-being, independence, personal well-being and community connectedness. Our dedicated Senior Case Worker and language support workers supported 174 clients during 2020/2021.

MCCGC delivers the SETS program as a subcontractor of Access Community Services Ltd., funded by the Department of Social Services. We thank Access for partnering with MCCGC to ensure knowledgeable, local support can be provided to the multicultural communities on the Gold Coast.

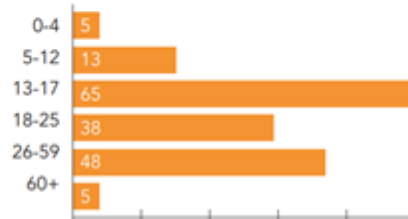
Issues Addressed



Country of Birth



Client Age



Skilling Queenslanders for Work

In 2021, we graduated our final class through Skilling Queenslanders for Work program! Since we first started the program in late 2016, we have worked with approximately 230 multicultural participants and had the privilege of hosting 2 different streams: Train 2 Care and Able to Work.

We are particularly proud of our recent students who faced many challenges due to COVID-19 restrictions at Aged Care facilities, lockdowns, and vaccination mandates. We were able to move some of the training online and arrange alternative manual handling training avenues, and our students worked through the uncertainty continuing the great success of the program with a 90% completion rate and 80 to 85% employment rate.

Participants Country of Birth



We are very proud of our program and will continue to support other providers with referrals and graduate employment opportunities! In the future we may seek this opportunity again however for now, we will be focusing on our new training and employment program – Work Towards!

I Speak Your Language

I Speak Your Language was MCCGC's Queensland-wide social support program that provided regular social phone calls in different languages to help socially isolated community members feel more connected and link them to resources on COVID-19 in their language. The program wound down at the end of this financial year as the funding ceased but all participants were referred to other social support programs and many volunteers have stayed on in different capacities with our organisation.

We are extremely proud that we could help support so many multicultural people across Queensland through the height of the pandemic, delivering weekly calls to almost 100 participants ranging in age from 18 all the way up to 92. We had wonderful feedback from everyone involved and are grateful to our team and volunteers for delivering such a successful and impactful program to CALD communities across the state. I Speak Your Language was funded by the Queensland Government.



Valuing Cultures, Celebrating Diversity, Welcoming you

MCCGC's vision is of an inclusive community that values cultural diversity. We've been working in the Gold Coast region for over 35 years to ensure people from culturally and linguistically diverse (CALD) backgrounds have equal access to appropriate and inclusive services, a high quality of life and independence. We want everyone in our community to feel connected and we have programs that support people of all ages and backgrounds. Under our CÜRA brand we've expanded our services to further promote the health and well-being of all Australians.

Our programs

MCCGC offers a wide range of services across the Gold Coast region with a focus on programs that help culturally and linguistically diverse individuals feel connected in the community. All of our programs work towards fulfilling our vision of an inclusive community that values cultural diversity

Youth Programs

- **Ready Set Goal** – Soccer mentorship for culturally and linguistically diverse students (*Funded by CAMS*)
- **Waves Forward** – Pacific Island and Maori cultural awareness and career training
- **Our Colours, Our Stories** – Multicultural community workshops (*Funded by CAMS*)

Social Support

- **Community Visitors Scheme** – Friendly social visits to seniors
- **Talking Circle** – Women’s conversational English group

Community Development

- **Meet Greet & Eat** – Multicultural community network dinner (*Funded by CAMS*)

Settlement

- **Settlement Engagement Transition Support Program (SETS)** – Helping newly arrived migrants and refugees settle in the Gold Coast

Mental Health & Disability

- **NDIS Support Coordination** – Helping navigate the NDIS system and arranging services and supports
- **Community Pathways Connector** – Connecting struggling community members with appropriate mental health and wellbeing services

Education and Training

- **Cultural Advantage Program** – Organisational diversity audit to support more inclusive and culturally sensitive workplaces
- **Cultural Diversity Training** – Individual or group training to increase knowledge and awareness of diversity in the Gold Coast community

Events

- **Pop Up Harmony Day** – Cultural community celebration featuring cultural displays, performances and interactive workshops throughout the Gold Coast (*Funded by CAMS*)
- **International Café** – Annual event celebrating Queensland Multicultural Month & Seniors Week and bringing together people of all ages and backgrounds
- **Walk Together - H**uge celebration of diversity and unity in Australia (*Funded by CAMS*)

In-Home Care

- **CURA** – Government funded services for in-home support, health and well being on the Gold Coast

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Kindly consider going to www.pascashealth.com then to Library Download page, scroll to Pascas Care Letters, click on to download:

 [Pascas Care Letters Glass Ceiling Barrier Removal.pdf](#)

DIASPORA

- A diaspora is a group of people who have been forced from or chosen to leave their homeland to settle in other lands.
- People of a diaspora typically preserve and celebrate the culture and traditions of their homeland.
- Diaspora may be created by voluntary emigration or by force, as in the cases of wars, enslavement, or natural disasters.

UKRAINE REFUGEE CRISIS (population 44.1 million before 24 February 2022)
More than 4.8 million refugees have since left Ukraine (as of 15 April 2022), while an estimated 7.1 million people have been displaced within the country (as of 1 April 2022).

TOP 10 COUNTRIES HOSTING INTERNATIONAL IMMIGRANTS, 2019

1. US: 51 million
2. Germany: 13 million
3. Saudi Arabia: 13 million
4. Russia: 12 million
5. United Kingdom: 10 million
6. United Arab Emirates: 9 million
7. France: 8 million
8. Canada: 8 million
9. Australia: 8 million
10. Italy: 6 million

TOP 10 COUNTRIES WITH THE LARGEST DIASPORA POPULATION IN THE WORLD, 2019

1. India: 17.5 million
2. Mexico: 11.8 million
3. China - 10.7 million
4. Russia - 10.5 million
5. Syria - 8.2 million
6. Bangladesh - 7.8 million
7. Pakistan - 6.3 million
8. Ukraine - 5.9 million
9. Philippines - 5.4 million
10. Afghanistan - 5.1 million

Ukrainian Community of Queensland's (UCQ) <https://www.ukrql.com.au/>
Ukraine Crisis and Humanitarian Assistance Council (UCHAC)
 47 Galsworthy St, Holland Park West QLD 4121 Phone: (07) 3420 5764 uchac@ukrql.com.au
Australian Federation of Ukrainian Organisations (AFUO)
 Telephone: +61 3 9375 1781 Mobile: 0419 531 255

AIMS AND OBJECTIVES

The Ukrainian Community of Queensland Inc. (UCQ) is an organisation which works for the furtherance and assistance of the Ukrainian community and endeavours to maintain Ukrainian culture and pass it to future generations.

- To provide recreation or amusement and to organise and to sponsor cultural and social activities of our members.
- To promote the general welfare of the public, especially those of Ukrainian nationality or descent, and attain any other useful end to the community with particular focus on Ukrainian culture, heritage and traditions.
- To promote religion, charity, patriotism and the arts.

About AFUO-CYOA

Australian Federation of Ukrainian Organisations – Союз Українських Організацій Австралії

The Australian Federation of Ukrainian Organisations is a peak body for [22 community organisations](#) throughout Australia. As such it is widely regarded as the 'spokesbody' on matters concerning relationships within the Ukrainian community, between Australia and Ukraine. Our organisation comprises of executive members who represent key facet's of community life in Australia.

We represent 22 peak Ukrainian organisations in Australia such as churches, state community organisations, youth and women's organisations, credit co-operative movement, educational, returned service, language and other organisations.

The Australian Federation of Ukrainian Organisations is a member of the Ukrainian World Congress, the peak body for Ukrainian organisations in the diaspora.

The AFUO works to promote a positive image of the Australian Ukrainian community, encouraging its members to maintain religion, language, culture and heritage whilst being active members in the broader Australian community. The AFUO also maintains strong links with Ukraine.

Peter Bongiorno Ukrainian Community of Queensland – President <https://www.ukrql.com.au/>
 Adam Miljenovic Ukrainian Community of Queensland's (UCQ) Ukraine Crisis and Humanitarian Assistance Council (UCHAC)
 Diahanna (Darka) Senko Australian Federation of Ukrainian Organisations (AFUO) Humanitarian Aid Council Humanitarian Aid Initiatives Director

RUSSIA commenced invasion of UKRAINE on 24 February 2022

Ukraine population 44.1 million, Russia population 144.1 million. Where are Ukraine's refugees going?

Refugees are also crossing to neighbouring countries to the west, such as Poland, Romania, Slovakia, Hungary and Moldova. More than eight million people were internally displaced. The UN says that as of 24 May: 6.6 million refugees have left Ukraine:

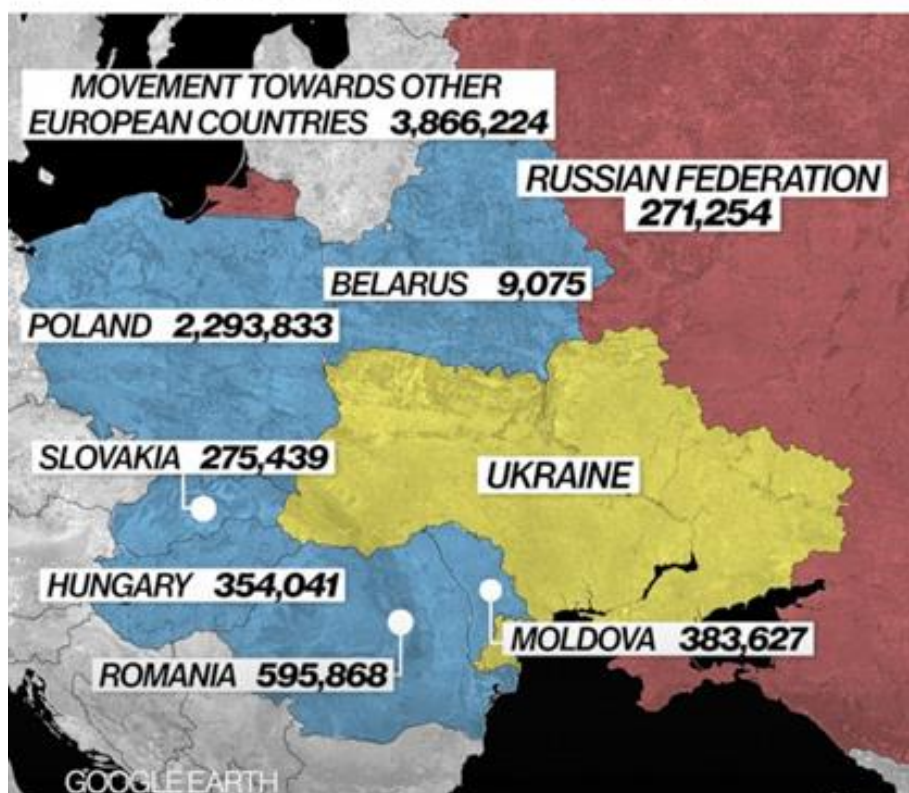
- **Poland** has taken in 3,544,995 refugees
- **Romania** 972,203
- **Russia** 945,007
- **Hungary** 654,664
- **Moldova** 473,690
- **Slovakia** 446,755
- **Belarus** 27,308

Some people have travelled from Moldova into Romania and so are included in both countries' totals.

Geneva – Over 14 million (32%) people have been internally displaced since the invasion of Ukraine, according to the second **Ukraine Internal Displacement Report** issued by the International Organization for Migration (IOM).

According to the survey, more than 50% of displaced households have children, 57% include elderly members, and 30% have people with chronic illnesses.

REFUGEES FLEE UKRAINE

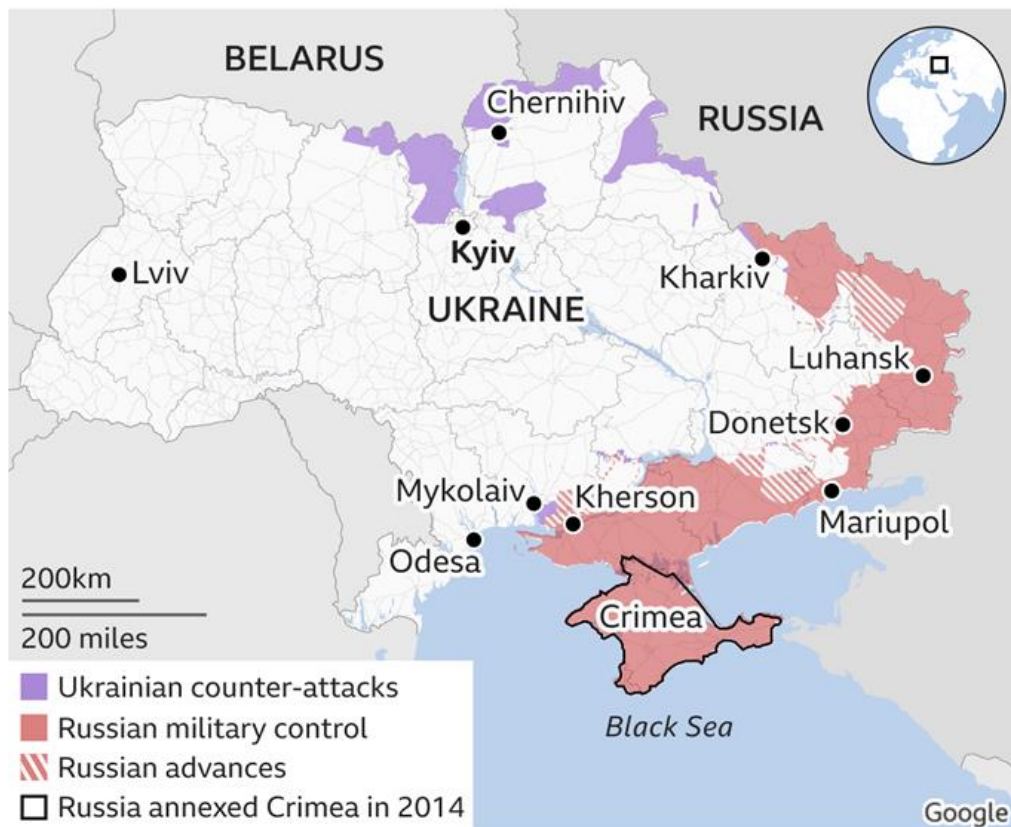


Kindly go to www.pascashealth.com then the Library Download page and in Pascas Care Letters click:

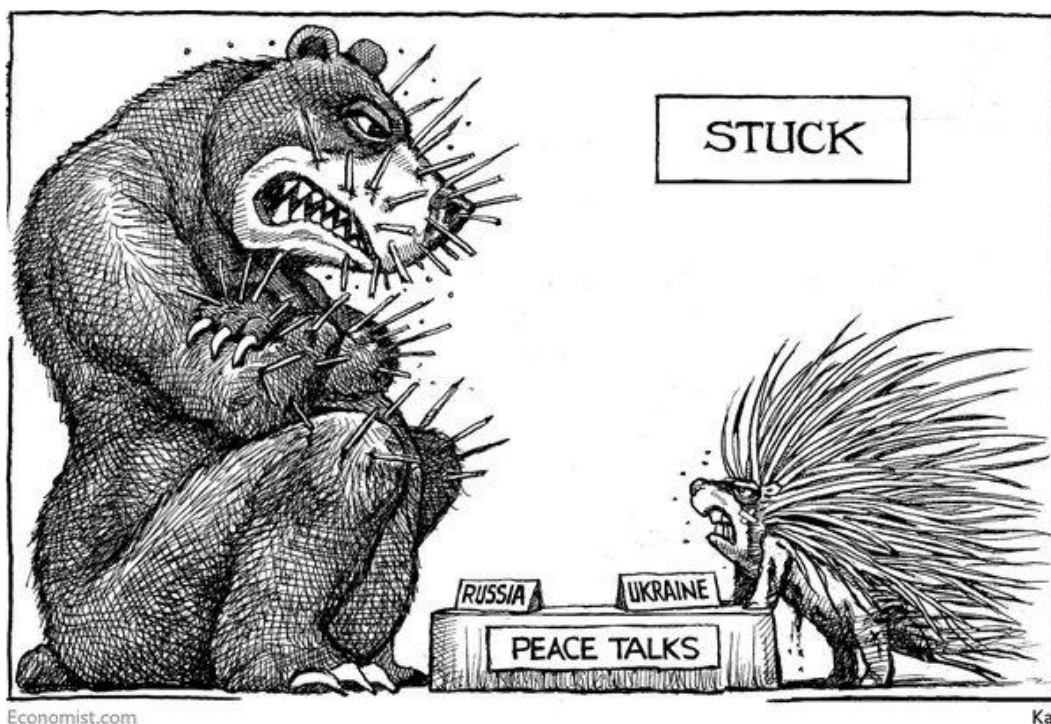
 [Pascas Care Letters Glass Ceiling Barrier Removal.pdf](#) (also contains further on Ukraine)



How far have Russian troops advanced?



Source: Institute for the Study of War (21:00 GMT, 6 April)



[What are the chances that Putin will lose this Ukraine war?](https://www.quora.com/)

<https://www.quora.com/>

Sylvain Saurel

20 March 2022

100%. (eventually)

Vladimir Putin has already lost this war in Ukraine.

He will probably take control of Ukraine sooner or later, because of the strength of his army. However, it will be more of a Pyrrhic victory than anything else.

The more the Ukrainian army resists, the more the costs will be enormous for Putin's Russia, which will come out greatly weakened.



American and European sanctions will continue to weaken Russia to the point that the Russian economy will be brought to its knees. Only Russia could offer Putin a way out. We will have to see what Xi Jinping decides on this point... (Note the map depicting territory taken over from China by Russia.)

In any case, even when Putin may have taken control of Ukraine, he will only know the beginning of his sorrows. The Ukrainians will wage a guerrilla war against the Russian oppressor for years.

It will cost Russia even more to try to maintain its hold on Ukraine. Ukraine could become Putin's Afghanistan...

The Western world does not intend to erase what Putin has done and put him back in the concert of nations. Putin's Russia will remain a pariah and this is what makes me say that Putin has already lost this war in Ukraine even if the military force is still on his side.

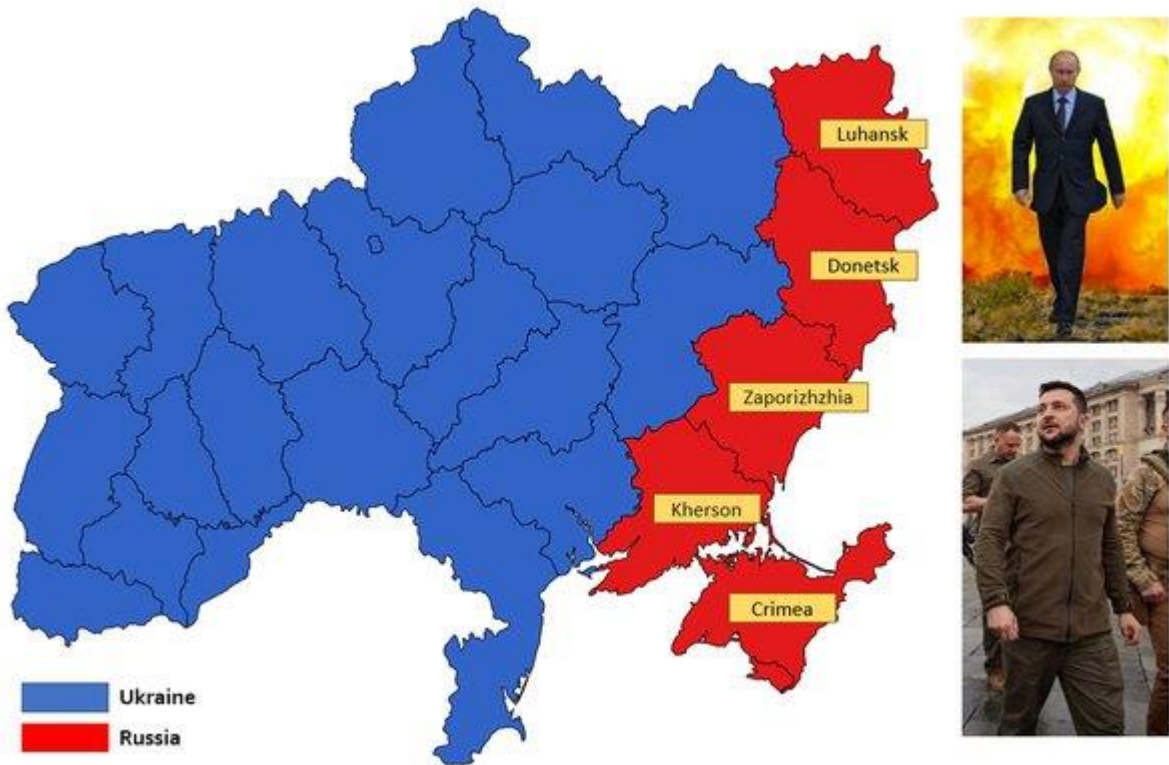
A short-term victory cannot erase what it will cost him in the medium and long term.

Through this:

Territories annexed to Ukraine...



To possibly this:



30 Meaningful Ways We Can Help Ukraine

<https://www.globalcitizen.org/en/content/ways-to-help-ukraine-conflict/>

How Can We Help?

25 February 2022

While many of us might feel helpless when confronted with geopolitical machinations of this scale, here are some ways we can help the people of Ukraine right now.

Organisations on the ground and globally are actively supporting people within Ukraine and refugees seeking safety elsewhere with medical and humanitarian aid.

These organisations include:

1. **People in Need** is providing humanitarian aid to over 200,000 people on the ground. For those most in need, they provide food packages, emergency shelter, safe access to drinking water, hygiene items, and coal for heating. [Donate here](#). (go to the above website address)
2. The **Ukrainian Red Cross** does loads of humanitarian work, from aiding refugees to training doctors. [Donate here](#). (go to the above website address)
3. The **International Medical Corps** is on the front lines and prepared to help citizens with emergency health care services, as well as mental health and psychosocial support. The agency is also keeping the pandemic top of mind throughout the crisis by prioritizing COVID-19 awareness and prevention services, to help keep displaced citizens safe from the pandemic. [Donate here](#). (go to the above website address)
4. **CARE** is responding to the crisis by providing Ukrainians in need with food, hygiene kits, psychosocial support services, access to water, and access to cash. [Donate here](#).
5. **Nova Ukraine** is a non-profit that delivers aid packages to Ukraine with everything from baby food and hygiene products, to clothes and household supplies. [Donate here](#).
6. **UNICEF** is repairing schools damaged by the bombings and providing an emergency response to children affected by the conflict. [Donate here](#).
7. **UNHCR, the UN Refugee Agency** has stepped up its operations and is working with governments in neighbouring countries "[calling on them](#) to keep borders open to those seeking safety and protection." You can help support the UNHCR's work supporting refugees by [donating here](#), and take action [here](#) to send a tweet urging governments and businesses to support the United Nations' [urgent appeal for US\\$1.7 billion](#) to deliver life-saving humanitarian support.
8. **OutRight Action International** is helping to support LGBTQ+ groups and organisations on the ground, setting up shelters and providing safety for citizens. All donations made to OutRight will go directly to the cause. You can [donate here](#).
9. The **United Nations World Food Programme (WFP)** is deploying emergency operations in Ukraine and surrounding countries to provide food assistance to those fleeing the conflict. [Donate here](#).
10. **Save the Children** is working with partners to respond to meet the urgent needs of affected children and their families. It's ready to provide life-saving assistance, such as food, water, cash transfers, and safe places for children as people flee amid freezing temperatures and brutal conditions, and to scale up options to ensure children impacted by the crisis have the support they need. Find out more and [donate here](#).
11. **SOS Children's Villages** has worked in Ukraine since 2003 and is coordinating an emergency response to support families who are living in the conflict areas and those who have been internally displaced. Find out more and [donate here](#).

12. **Mercy Corps** is mobilising a team to the region to assess where help is most needed, and is anticipating providing emergency cash assistance, as well as supporting local organisations that know their community needs best. Between 2015 and 2017, Mercy Corps provided humanitarian assistance in eastern Ukraine, reaching more than 200,000 people with emergency cash, food, water and sanitation supplies, small business development grants, restoring war-damaged homes and more. Find out more and donate [here](#).
13. **Medical Teams International** is fundraising to send medical supplies to the region, with all proceeds going towards sending medicines and/or medical supplies. Learn more and donate [here](#).
14. The **World Health Organization Foundation** is raising funds for [WHO's Health Emergency Appeal](#) for Ukraine. An estimated AU\$57.5 million must be raised to deliver urgent physical and mental health care to the 18 million people in Ukraine needing urgent humanitarian assistance, and more than 4 million refugees who'll need protection and assistance in the coming months. You can donate [here](#), and share the WHO Foundation's call for donations on your own social media, including [Instagram](#), [Twitter](#), and [Facebook](#).
15. **Alight** is a humanitarian non-profit that has sent teams of emergency response workers to Poland to assist with the burgeoning refugee population by helping to meet all of their material and psychosocial needs. You can donate [here](#).
16. The **International Rescue Committee (IRC)** is on the front lines of the world's conflicts, natural disasters, and other crises, helping people recover from extreme hardship and put their lives back together. The IRC currently has a team dispatched to Poland that's helping to provide food, medical care and emergency support services to families who fled Ukraine amid the violence. You can donate [here](#).
17. **Team Rubicon** mobilises their highly skilled volunteers to help people prepare, respond, and recover from disasters and humanitarian crises. As a World Health Organization Emergency Medical Team mobile unit, Team Rubicon has sent a small team to Poland, including physicians with expertise in paediatrics and maternal and reproductive health care. [Donate here](#) to help Team Rubicon rapidly respond to meet humanitarian needs.
18. **Direct Relief** is working directly with Ukraine's Ministry of Health and other on-the-ground partners to provide urgently needed medical aid, including emergency response packs intended for first responders, oxygen concentrators, critical care medicines, and much more. [Donate here](#).
19. **Namati's** Legal Empowerment Network is mobilising its partner organisations and resources so paralegals and lawyers can help people throughout Ukraine. This includes assistance on documents for crossing the border, rights under martial law, temporary housing and resettlement, support for small businesses, and more. Namati is also providing support for the "distribution of humanitarian aid, including food, clothing, and medicines." You can donate [here](#).
20. **GlobalGiving** has its Ukraine Crisis Relief Fund, with all donations to the fund going to support humanitarian assistance in impacted communities in Ukraine and surrounding regions. GlobalGiving's network of over 30 grassroots NGOs are bringing relief to terrified and displaced communities, and they need resources to continue their life-saving work. [Donate here](#).

TAKE ACTION

21. Join a Peace Protest

The world must show a united front with Ukrainians against President Putin's invasion, and demonstrators around the world — from London to Tokyo — have taken to the streets to protest the war. You can find your nearest demonstration here, and you can also take action with Global Citizen, by taking our pledge to protest here. You can also join in the protests digitally — find out more about how to join the protest online and take action to support here.

22. Take Action with Global Citizen

Global Citizens all around the world can join us in taking action in several key ways, including rallying the international community to help with urgent funding and medical needs; amplifying the calls of Ukrainian civil society organisations; calling on countries to support refugees, and more. Here's how:

- The United Nations (UN) has launched an urgent humanitarian appeal for US\$1.7 billion to deliver life-saving humanitarian support. You can send an urgent tweet in support of the UN's appeal, urging governments and businesses to support the people of Ukraine. Take action here.
- Medical supplies in Ukraine are falling dangerously low. We're partnering with organisations on the ground, Direct Relief and International Medical Corps, to gather urgent medical donations. Help amplify our call by emailing international companies to donate life-saving medical supplies to Ukraine here.
- 40 Ukrainian civil society organisations have come together with six urgent appeals for the world with the Kyiv Declaration, and you can take action to help them get heard. They request safe spaces to be provided for civilians, sanctions on Russian banks, support for local humanitarian responses, freezing the assets and revoking the visas of Putin and his cronies, defensive military assistance, and provision of equipment to track war crimes and ensure that all those responsible are one day brought to justice. Take action here to help amplify their appeal.
- Russia has launched a direct attack on the Zaporizhzhia power station, one of the largest nuclear sites in Europe. This is the first time in history a state has directly attacked a nuclear site. This huge escalation has been called out by the US and Ukraine as a war crime, and directly goes against the Geneva Convention. Nuclear sites must be off-limits during conflict. Targeting them puts civilians and the environment at huge risk and increases the danger of further escalating the conflict. You can take action by sending an urgent tweet condemning the attack and calling for nuclear sites to be off-limits, here.
- You can also join with millions of people around the world to raise your voice against President Putin's invasion of Ukraine by sending a tweet condemning the war and calling for an immediate ceasefire to save lives. Take action here.
- You can also take action to amplify all the different ways the international community — including businesses, corporations, philanthropists, and more — can help those impacted by the war and bring it to an end. Find out more and take action here.

If you're based in countries like the UK, there are further ways you can take action to help:

- Join us in calling on your national MPs to stand with people fleeing Ukraine and all refugees who need safety and protection, by voting against the Nationality and Borders

Bill — also known as the "Anti-Refugee Bill". The proposed bill would punish people that are seeking safety in the UK by stripping basic and essential protections. The UK government has announced its solidarity with Ukraine, and now it's time to put those words into action by providing safe passage and protection to refugees. Take action by emailing your MP [here](#).

- You can also take action to directly call on Federal MPs, calling on them to waive the restrictive visa policy and support safe routes for refugees. Take action [here](#).
- Then join to Make My Money Matter in [urging UK pension funds](#) to stop funding the Ukraine invasion. That's because UK pension funds invest in lots of industries, and your pension could well be investing in weapons and Russian industry directly linked to the crisis in Ukraine without you knowing it. Take action by emailing UK pension providers [here](#).

STAY INFORMED

One of the best ways to help the most vulnerable in Ukraine is by staying on top of what is happening on the ground, and learning more about how citizens are being affected by the conflict. Here are a few trustworthy sources you can refer to below. If you want to fact-check news and information you're seeing about Ukraine, [#UkraineFacts](#) is a great resource; you can also use the fact-checking website of news agency AFP [here](#).

23. **The Kyiv Independent** has been a leading voice on the front lines, covering a timeline of ongoing events since the beginning and highlighting those who have been most affected by the violent attack. The English-language outlet is continuously reporting on how the invasion and conflict are impacting citizens, the economy, as well as Ukrainian foreign politics. Keep up to date on its website [here](#), or on the Twitter page [here](#).

24. **The New Voice of Ukraine:** Covering news in three different languages — English, Ukrainian, and Russian — the New Voice of Ukraine has not only covered breaking news, but has released informative analyses on the situation that detail how the situation led to this point, and is continuously publishing op-eds by Ukrainian scholars and experts that help to give a view of tone of the situation. Read more on its website [here](#).

25. **Ukraine World:** While Ukraine World is not posting breaking news and timeline updates on its website, it is very active on its social media accounts. Its independent journalists on the front lines have gathered first-hand footage, and it is using its account to share other informative sources that its followers can refer to in order to keep up to date. Follow Ukraine World [here](#).

26. **Kyiv Post** is the only non-independent media outlet on this list, and it is important that those following state-funded outlets are aware that they are affiliated with the state. The outlet has been at the forefront of delivering breaking news directly from government and national offices, releasing statements from ministry officials, military leads, and other dignitaries. You can read more on its website [here](#), or follow it on Twitter [here](#).

27. **CNN Reporter Dale Dan** compiled a Twitter list of verified journalists reporting the best information about the invasion, which you can follow [here](#).

28. **Olga Tokariuk** is a verified independent correspondent working in Kyiv, sending frequent tweets on the latest information while also capturing the humanity of living in Kyiv. Follow her [here](#).

29. **Global Leaders** are all tweeting their updates and responses to the situation as well. Ukrainian President Volodymyr Zelenskyy and Minister of Foreign Affairs Dmytro Kuleba are active on Twitter in English, giving regular updates. US President Joe Biden and Secretary of State Antony Blinken are tweeting about the US and international response to the invasion. And UN Secretary General António Guterres and EU Commission President Ursula von der Leyen are giving updates.

30. **Learn more about the background:** If this is the first you're hearing about the crisis in Ukraine and you want to learn more about the background to the situation read this Kyiv Post article, "[10 popular misconceptions about Ukraine debunked](#)"; watch Netflix's documentary *Winter On Fire: Ukraine's Fight for Freedom*; and listen to this podcast by Ukraine World on [how Russia uses disinformation as an instrument of war](#).



Ukraine Global Response

People including Ukrainians, take part in a demonstration in support of Ukraine, in the center of Tbilisi, Georgia, 24 February 2022.

Shakh Aivazov/AP

Lost lands from China annexed by Russia from 1840 to 1949

Ironically, China has as much rights to these lands as Russia has rights to Crimea.



Meanwhile, past President Donald Trump (2017-21) brought about division between the people of the un-United States of America. Many recognise that a break-up of the states into a number of countries has strong support and considered inevitable.

This is possibly a good thing in view of general world opinion that the United State of America is the most war generating nation of all countries on Earth.



“Which country is the greatest threat to world peace?”

This is a map showing the most common poll response to the question:



Regions above 28° north latitude are subject to political and military unrest at unprecedented levels than compared to the past 70 years. Consequently global supply chains of all types are likely to break bringing about global difficulties unimaginable.

As time unfolds, the world's population will realise the Earth changes are likely to be less difficult between latitudes north and south 28°.

What do most Americans fail to understand about U.S. foreign policy?

What most Americans do not fully realize is the extent of the damage US foreign policies are inflicting on poor and weaker countries.

Consider Venezuela for example. 28 million people are suffering from serious economic conditions. Now Venezuela had to fight COVID-19 in dire straits.

Despite this, the US increased its seizure of Venezuela's funds in addition to more sanctions.

The message from Washington is clear. Venezuela's oil is more valuable to Washington than the Venezuelan people.

How Ukraine fits into the global jigsaw

<https://www.goldmoney.com/research/goldmoney-insights/how-ukraine-fits-into-the-global-jigsaw>

By Alasdair Macleod

Goldmoney Insights

24 February 2022

- **Ukraine is part of a far bigger geopolitical picture. Russia and China want US hegemonic influence in the Eurasian continent marginalised. Following defeats for US foreign policy in Syria and Afghanistan and following Brexit, Putin is driving a wedge between America and the non-Anglo-Saxon EU.**
- **Due to global monetary expansion, rising energy prices are benefiting Russia, which can afford to squeeze Germany and other EU states dependent on Russian natural gas. The squeeze will only stop when America backs off.**
- **Being keenly aware that its dominant role in NATO is under threat, America has been trying to escalate the Ukraine crisis to suck Russia into an untenable occupation. Putin won't fall for it.**
- **The danger for us all is not a boots-on-the-ground war — that's likely to only involve the pre-emptive attacks on military installations Putin initiated last night — but a financial war for which Russia is fully prepared.**
- **Both sides probably do not know how fragile the Eurozone banking system is, with both the ECB (European Central Bank) and its national central bank shareholders already having liabilities greater than their assets. In other words, rising interest rates have broken the euro system and an economic and financial catastrophe on its eastern flank will probably trigger its collapse.**



**PASCA
PERS**

The Commodity-Currency Revolution Begins...

<https://www.goldmoney.com/research/goldmoney-insights/the-commodity-currency-revolution>

Authored by Alasdair Macleod via GoldMoney.com,

Monday, 11 April 2022

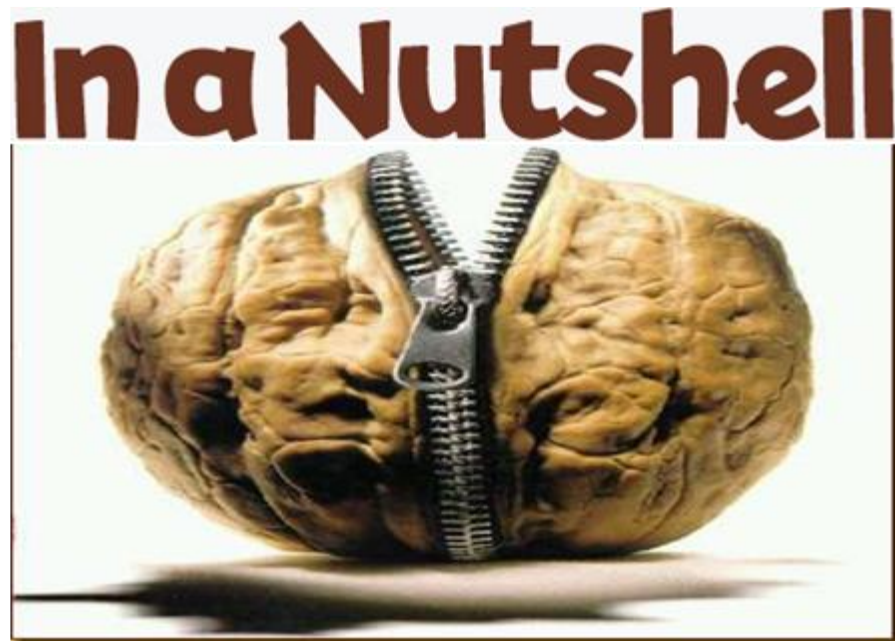
*We will look back at current events and realise that they marked the change from a dollar-based global economy underwritten by financial assets to commodity-backed currencies. **We face a change from collateral being purely financial in nature to becoming commodity based. It is collateral that underwrites the whole financial system.***

***The ending of the financially based system is being hastened by geopolitical developments.** The West is desperately trying to sanction Russia into economic submission, but is only succeeding in driving up energy, commodity, and food prices against itself. Central banks will have no option but to inflate their currencies to pay for it all. Russia is linking the rouble to commodity prices through a moving gold peg instead, and China has already demonstrated an understanding of the West's inflationary game by having stockpiled commodities and essential grains for the last two years and allowed her currency to rise against the dollar.*

China and Russia are not going down the path of the West's inflating currencies. Instead, they are moving towards a sounder money strategy with the prospect of stable interest rates and prices while the West accelerates in the opposite direction.

*The Credit Suisse analyst, Zoltan Pozsar, calls it Bretton Woods III. This article looks at how it is likely to play out, concluding that **the dollar and Western currencies, not the rouble, will have the greatest difficulty dealing with the end of fifty years of economic financialisation.***





Sit back and watch Europe commit suicide

<https://thecradle.co/Article/columns/8853>

[Pepe Escobar](#)

7 April 2022

“The whole Ukraine issue is over hypersonic missiles that can reach Moscow in less than four minutes. The US wants them there, in Poland, Romania, Baltic States, Sweden, Finland. This is in direct violation of the agreements in 1991 that NATO will not expand in Eastern Europe. The US does not have hypersonic missiles now but should – in a year or two. This is an existential threat to Russia. So they had to go into the Ukraine to stop this. Next will be Poland and Romania where launchers have been built in Romania and are being built in Poland.”

From a completely different geopolitical perspective, what’s really telling is that his analysis **happens to dovetail with Zoltan Poszar’s geoeconomics**: “The US and NATO are totally belligerent. This presents a real danger to Russia. The idea that nuclear war is unthinkable is a myth. If you look at the firebombing of Tokyo against Hiroshima and Nagasaki, more people died in Tokyo than Hiroshima and Nagasaki. These cities were rebuilt. The radiation goes away and life can restart. **The difference between firebombing and nuclear bombing is only efficiency. NATO provocations are so extreme Russia had to place their nuclear missiles on standby alert. This is a gravely serious matter. But the US ignored it.**”

TURKEY SHOOT

UKRINFORM

Ukrainian multimedia platform for broadcasting



<https://www.ukrinform.net/rubric-ato/3449653-ukraines-armed-forces-repulse-enemy-attack-in-the-east-eliminating-about-80-invaders.html>



Ukraine's Armed Forces repulse enemy attack in the east, eliminating about 80 invaders.

Today, April 5, in the area of responsibility of the Operational and Tactical Group "East", the Ukrainian military repulsed an enemy attack and eliminated about 80 Russian invaders.

"On April 5, Russian fascist troops carried out one attack. Our artillery also inflicted fire damage on the concentration of personnel and equipment," the Operational and Tactical Group "East" posted on Facebook.

The invaders suffered significant losses: up to 80 personnel, 4 tanks (1 seized), 9 armoured personnel carriers, 10 infantry fighting vehicles, 1 mortar, 1 BM-21 launchers, one drone, and 2 fuel tanks.

Senior Russian generals killed on the front line in Ukraine – 12 at last count and 50 colonels. Typically, generals manage battlefields from a safe distance – poor training, trust and morale requires them upfront.

Note: It is generally accepted that for each soldier killed, two more are injured. That infers that of the Russian invasion force of 190,000, having entered Ukraine on 24 February 2022, that after 14 weeks of action, on 16 May – day 82, of the Russia soldiers 70,000 are dead, injured or captured (approaching 40%). It is reasonable to expect that Ukraine's losses are about half the rate of Russia.














Ukrainian officials think about 2,500 and 3,000 Ukrainian troops have died since the Russian invasion of Ukraine began on 24 February 2022. According to Ukrinform, Ukrainian President Volodymyr Zelenskyy said “that there are about 10,000 Ukrainian troops who have been injured and that it's "hard to say how many will survive.” (Consider Ukraine’s losses are occurring around half the rate of those of Russia.)

Note: For each soldier killed in action, it is said that at least two more will have been injured.

Further: Russia’s gross domestice product is about 10% larger than Australias even though Australia’s population is 27 million whereas Russia’s population is 146 million (5.4 times).

Russia’s losses as of May 27

Source: Indicative estimates by Ukraine’s Armed Forces as of 11 a.m. EET

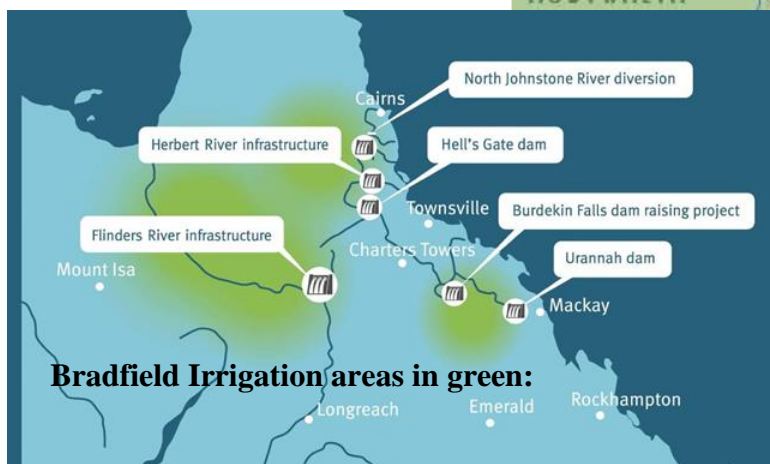
 29,750⁺¹⁵⁰ troops (approx., to be confirmed)	 206⁺⁰ planes
 1,322⁺⁷ tanks	 170⁺⁰ helicopters
 3,246⁺¹¹ APV	 13⁺⁰ boats / cutters
 623⁺⁶ artillery systems	 503⁺¹ UAV
 201⁺⁰ MLRS	 48⁺¹ special equipment
 93⁺⁰ anti-aircraft warfare	 2,226⁺¹ vehicles and fuel tanks
	 115⁺¹ cruise missiles

DUE to World Wide disturbance, immigration into Queensland may escalate like this:

QUEENSLAND city populations				20 year	2040
2016 Census				Immigration	Total
1	Brisbane	2,054,614	South East Queensland	500,000	2,554,614
2	Gold Coast	540,559	South East Queensland	300,000	840,559
3	Sunshine Coast	243,337	South East Queensland	500,000	743,337
4	Townsville	168,729	North Queensland	600,000	768,729
5	Cairns	144,730	Far North Queensland	600,000	744,730
6	Toowoomba	100,032	Darling Downs	200,000	300,032
7	Mackay	75,710	Central Queensland	400,000	375,710
8	Rockhampton	61,214	Central Queensland	400,000	561,214
9	Hervey Bay	52,073	Wide Bay-Burnett	300,000	352,073
10	Bundaberg	50,148	Wide Bay-Burnett	300,000	350,148
11	Gladstone	33,418	Central Queensland	300,000	333,418
12	Maryborough	22,206	Wide Bay-Burnett	200,000	222,206
			Atherton Table Lands	200,000	200,000
			Bradfield Irrigation Area	300,000	300,000
	Sub-total	3,546,770	North of Cairns	200,000	200,000
	Other regions	1,653,230	Other coastal zones	500,000	2,153,230
	Total 2022	5,200,000		5,800,000	11,000,000

Land area:

- Queensland 1.853 million km²
population 5.2 million
- Australia 7.692 million km²
population 26 million
- Ukraine 0.603 million km²
population 44.1 million
- Afghanistan 0.653 million km²
population 39 million
- India 3.287 million km²
population 1.4 billion



Bradfield Irrigation areas in green:

**THE TRUTH WILL SET US FREE, BUT
FIRST IT WILL MAKE US MISERABLE!
To Truly get to know yourself is
the Bravest thing you will ever do!**

NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.
-ALBERT EINSTEIN



Kinesiology Muscle Testing
for the level of truth

EINSTEIN'S THEORY of INSANITY

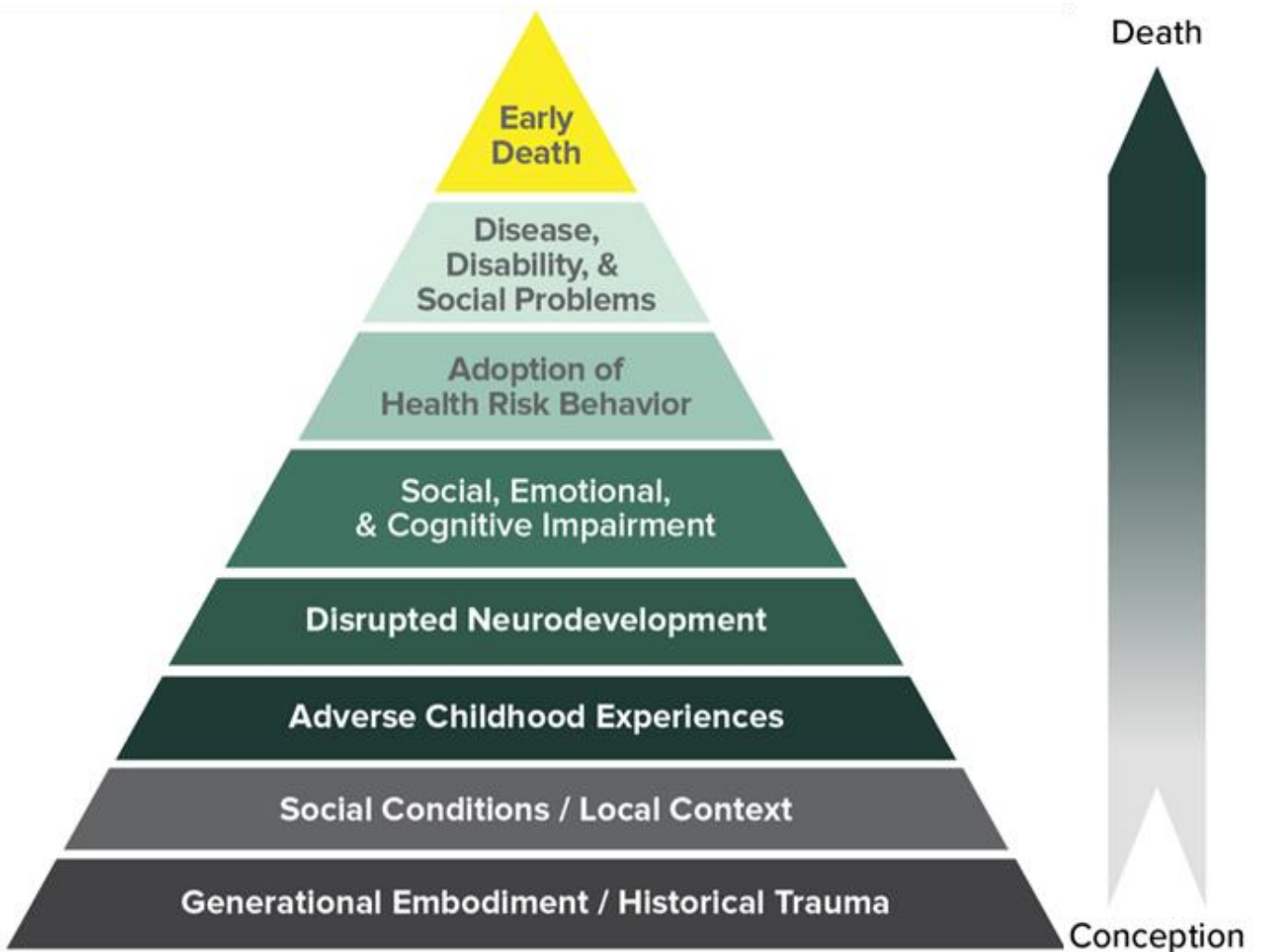


DOING THE SAME THING
OVER and OVER and
EXPECTING DIFFERENT
RESULTS.

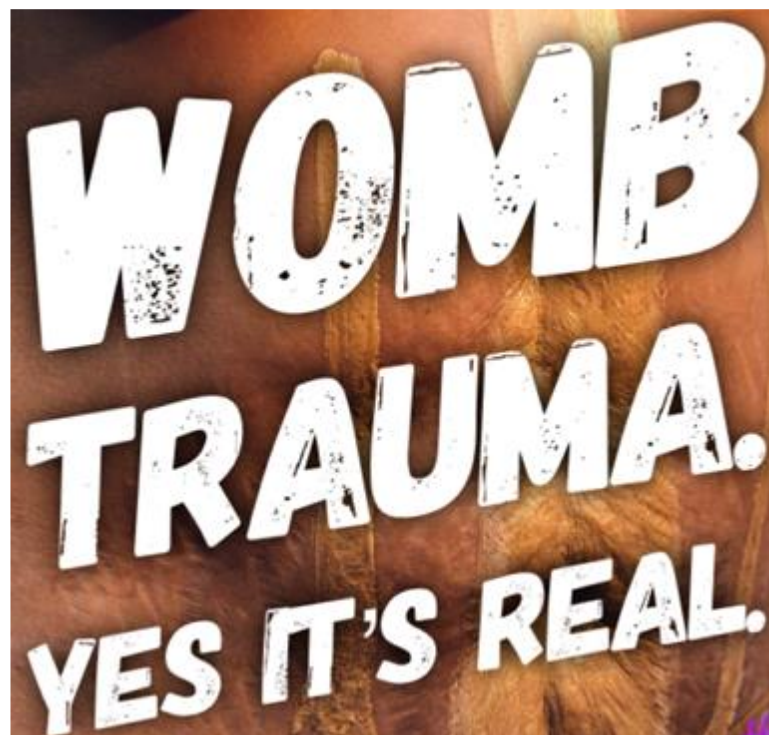
<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com



Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan





PARENTS

78% calibrate under 220

MAP OF CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

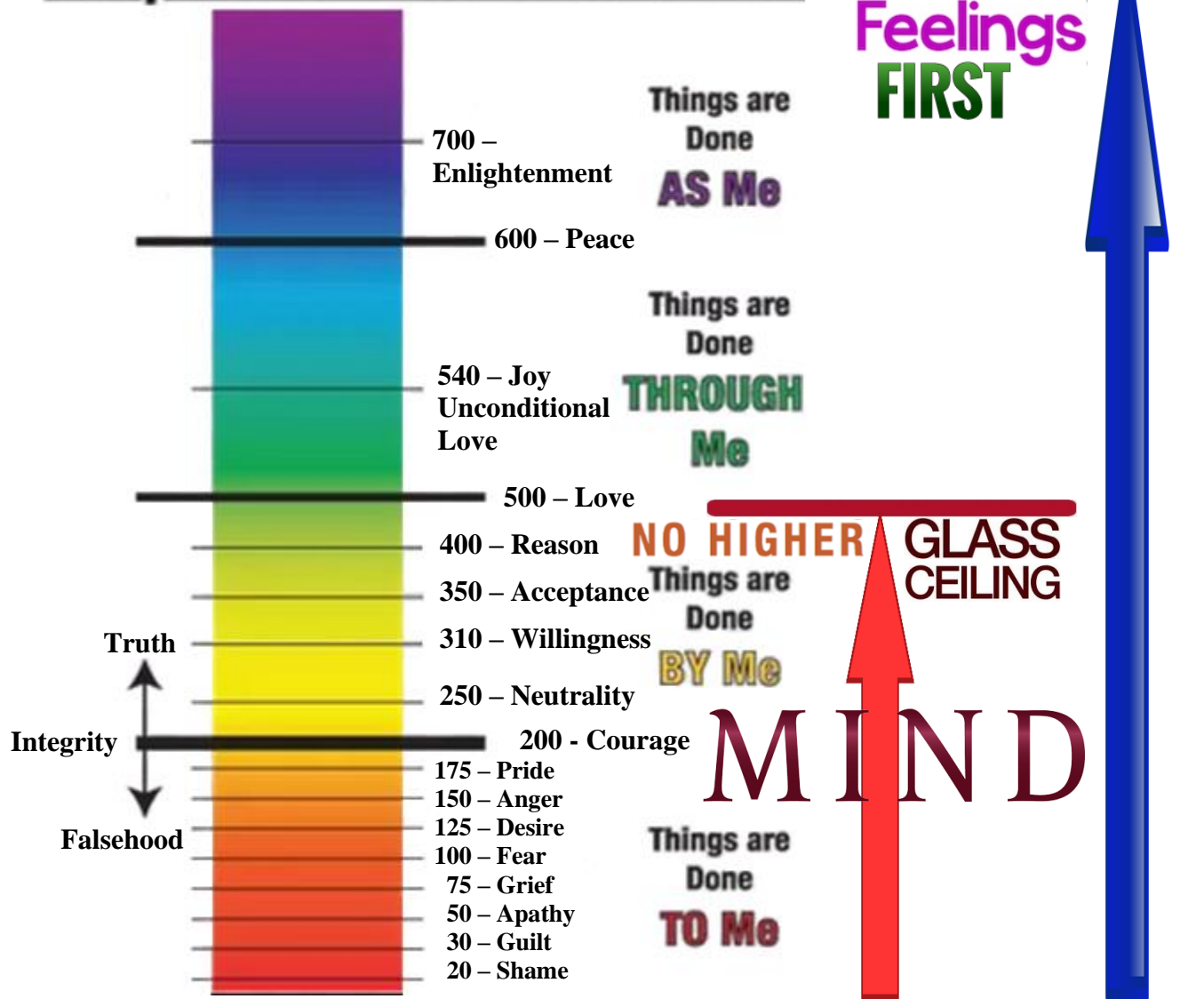
Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

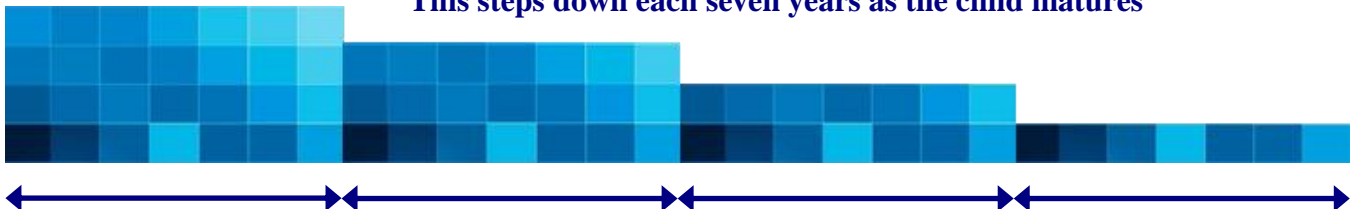
Map of Consciousness


Feelings
FIRST



POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

These two charts demonstrate the stark reality of one’s probable quality of life that we will experience relative to our personal calibration as per the Map of Consciousness developed by Dr David Hawkins. This calibration level is essentially set for life by the time we reach the age of six (6) years.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

**Consider asking yourself this question:
Who hurt me when I was a child?**

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

By suppressing and rejecting our feelings, consequently, our mind based assumptions are 98% in error, as is our 'thinking'!

There are two areas that humanity is not to go:

- 1: Weapons of mass destruction - particularly nuclear.**
- 2. Modifying genes - both of human and of nature.**



I am my SOUL!

I am not my body!

I am not my mind!

We are in PAIN because of our UNLOVING CHILDHOOD!

The Golden rule is:

Never interfere with another's will.

One must always honour another's will as one honours one's own.

We fear our childhood memories!



Intimidating verbal abuse

TERROR

Childhood Suppression⁹⁰ is the elephant in the room!



The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

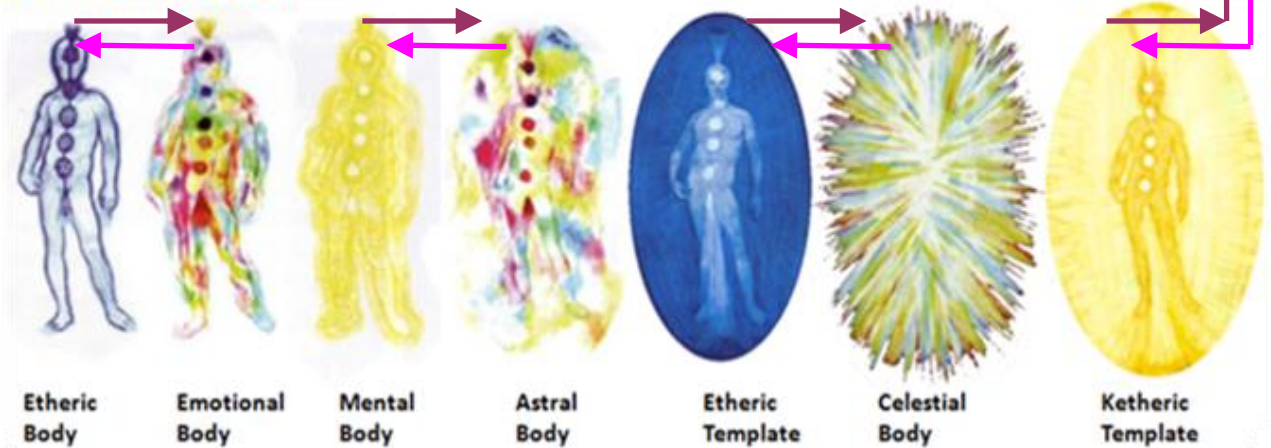
SOUL



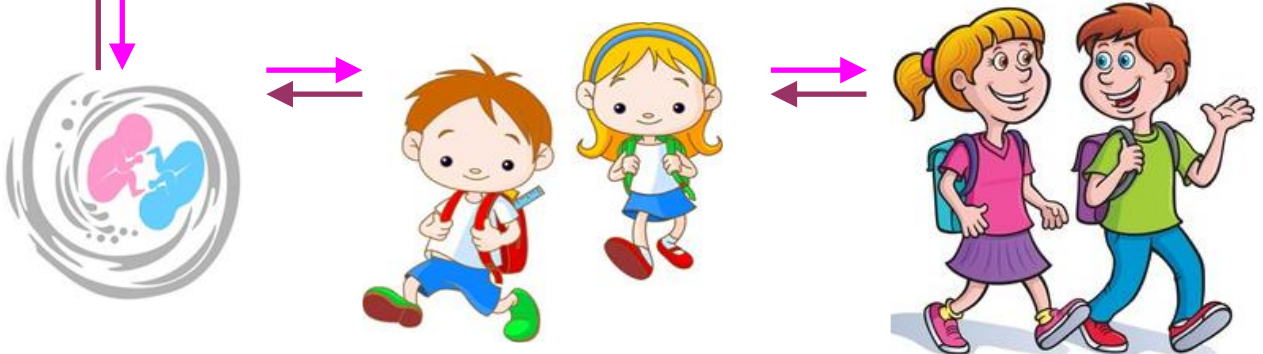
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



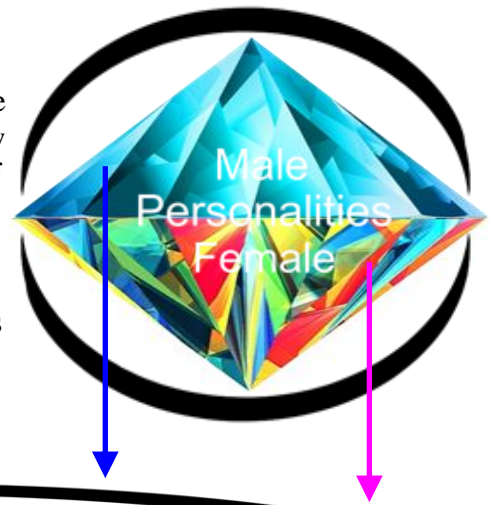
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



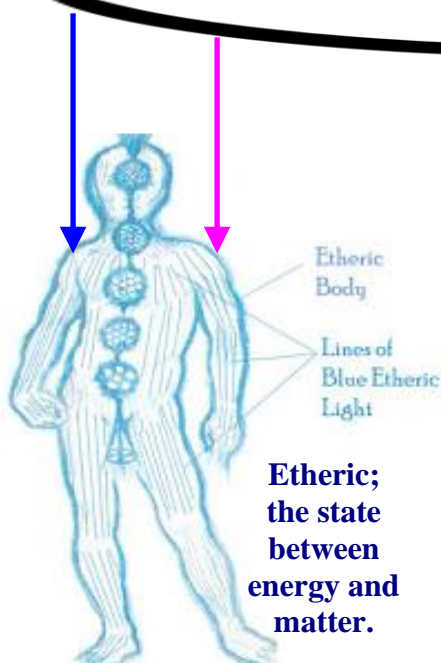
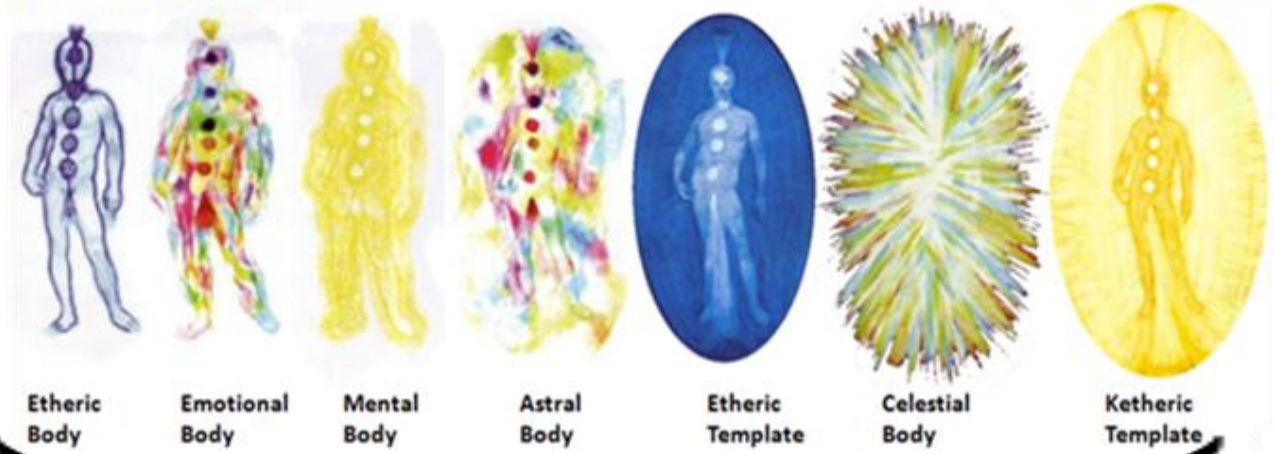
Childhood Suppression



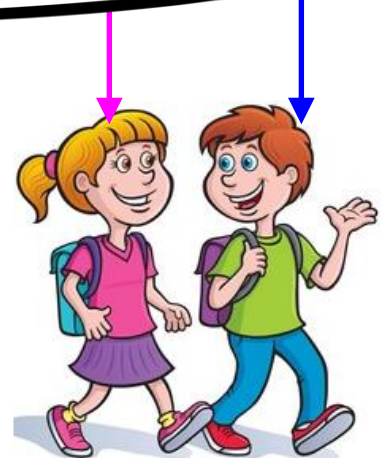
Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

Soul–Healing: What is it?

James Moncrief

Our soul-healing is the expressing of every part of us we have denied. What this means is that as we've grown through our early development, starting at conception, if any part of us has been stopped from freely and truly expressing itself then it exists within us in a denial or negative state. And essentially that part of us is still waiting to be expressed. And our healing is the liberating of all these parts.

Our soul has a very specific life programmed within it. As I've said it's called (well anyway, it's what I call it) our '**Soul Light** Print of Destiny'. It has been created by the Mother and Father to bring itself – to express itself, you, into being, in Creation. The Mother and Father have given us all a unique personality. Our personality is the part of us that separates us from one another in Creation. And our soul is trying to express its personality in Creation. With every experience you have, no matter how small it is, in each moment, your soul is literally expressing more of you, the whole personality you are – all your parts – in Creation. With each heart beat, each breath, more of you is being expressed, more of you is living, more of you experiencing, and so more of you is in effect here, existing in Creation. And so there's continually more of you, you can get to know.

We can't fathom the depths of our soul. But one of the goals of our existence is that the Mother and Father want us to fully express all of our soul in Creation. This will take the whole of eternity to do, but what a great adventure it will be. Look how it is already starting off for you, living fully entrenched in an evil state of mind!

When we start our incarnation, the first objective of our soul is to get us up and running, expressing all the vital parts (attributes) of us (our personality) that will allow us to maximise learning and growing in truth from our experiences. As we experience and grow in the truth of that experience (as we're experiencing it), the experience generates a *light*, which goes back into our soul telling it that we are ready for the next part of our life – our next experience – and so it brings about our next moment. This feedback loop is continually bringing us into being. Our whole life is orchestrated by our soul, from within – even what seems to happen to us out of the blue and from outside of us is all occurring in answer to our soul's inherent patterns.

It is crucial in our formative years that we receive all the love, care and acceptance our soul – us – needs, so we can be welcomed into life allowing all of our emerging personality attributes to be freely expressed. If something makes us feel bad we need to be allowed to express that pain. We need to be allowed to cry and speak out about it as we grow – as our mind forms. We need to be able to say everything we feel we want to say. We want to grow into adults being freely able to express all our good and bad feelings. Because then we are whole and real people and will know how to live our lives in accordance with the needs of our soul and not being controlled by our minds. We will feel what we want to do, what our life is about, and do it believing and knowing that we can do anything we feel – anything that makes us feel good.

Life must be how you want it, and only you, not how someone else wants it. However, this is not how we've been parented. We've been made to suit what our parent's want thereby denying large parts of our own self-expression. To stop being how you want to be, and instead to make yourself be how your parents want you to be in any given situation, is major denial and has had serious traumatic effects on you.

We have been made to grow into adults with many aspects of our personality being denied. We have not been allowed to live our life the way our soul wants to. We've been forced to go against ourselves in many experiences. We've been forced to deny ourselves (many of our feelings), thereby also denying the truth of these experiences resulting in us not growing true to our feelings and instead becoming more reliant on our minds to tell us what to do.

When you feel: out of touch with your feelings, looking for answers, unfulfilled, unhappy; not happy about your life or yourself in any way, you are sensing and feeling these denied aspects of yourself. Your soul is crying out to you that things are not right and you need to do something about it. And that something is to choose to live and honour it and end the negative control your mind now has over you, thereby giving you back to yourself.

Why your soul simply doesn't step in and fix you is because once it begins to incarnate you, your personality in Creation is then beholden to exist within the Laws of Creation – these being the **Laws of Will**.

What this means is once your will starts to manifest, right from the first moment, your soul has to do what it (your will) wants. So if your will is negatively influenced, if you are made to turn your will against yourself, then that is what your soul has to honour. (Of course your soul has all of this, your induction into your negative state, within its plan, but effectively on the will level this is what it's like.) And this is what has happened to us all. Our parents have negatively influenced our wills and we have grown up mistakenly believing (and unconscious of these beliefs) that we have to live this way using our wills to keep our negative mind state in control of us. And so to reverse this situation (and become conscious of what's really going on), and to bring our wills back into positivity, helping us grow and express ourselves in Creation, we need to do our healing. We need to identify all the dysfunctional parts of our will. We need to see how these aspects of us are denying ourselves; how we are living against and untrue to ourselves, and we need to see how this all happened in the first place; what happened to us: to our wills, to screw us up. This is seeing the whole truth of yourself, the truth of all your self-denial, the truth of your repressed childhood. And as we see the truth then we can bring these denied aspects of ourselves out into the open, and in doing so can decide if we still want to live with them going against us or not. And in our moment of deciding that we don't want to deny and hurt ourselves, knowing and seeing the whole of truth of why we are, we are healed. We are literally making our will come back and be loving of us and on our side; working with us, rather than against us.

Law of Will

Our **will-healing** is inclusive of our soul-healing. We are setting out to rectify everything within us that is wrong: everything that exists out of harmony and is in rebellion against God's Universal Laws of Love. And to do this we begin by acknowledging our bad feelings. When you feel bad your bad feeling is the signal that something within is wrong and needs attention. By honouring these bad feelings,

accepting rather than ignoring them or pretending they are not there because we don't want them and don't want to feel bad, we are using them to lead us into the truth of where they are coming from and why. By expressing our bad feelings and longing to see the truth of them, they can lead us back into our early childhood, so we can see what happened between our parents and us that caused our self-denial. And gradually as we focus on and express all our bad feelings, we will see the whole truth of what's caused them and how we're using our will to keep the denial going. And we'll eventually see the whole truth of ourselves, all we've been made to deny during our childhood, and how we've been made to suppress our feeling-denial keeping it all repressed within us.

Law of Love

So, our soul-healing is the healing of our childhood repression by seeing the truth of it through the honouring and expressing of all our bad feelings. And this is why our bad feelings are so important. It's why I've been focusing on them during this course: to get you used to the idea that they are vital and need to be accepted and not dismissed. Any bad feeling you: reject, push away, dismiss, don't want to know about, is your mind's learnt pattern of self-denial. To deny any bad feeling is to keep yourself trapped within your negative mind state. So when you say, 'it doesn't matter', or 'I'll get over it', or

‘don’t speak to me about those bad things’, or ‘I only want to feel good and be positive’, and so on, you are keeping yourself locked up within your denial mind and associated negative behavioural patterns. And as you will discover, if you want to do your soul-healing, there will be many things you are doing to yourself (most of them unconsciously) that are keeping your whole negative mind state in control of you. To break down these controlling mental belief patterns and their associated negative behaviour is very difficult and requires a lot of will and longing-for-the-truth to do it, but it can be done. You created your negative patterns and set them in motion to begin with, so you can undo, break apart, and heal them.

EVERYTHING that is wrong with you in anyway is because of what you’ve been made to suffer and repress since your early childhood – EVERYTHING! And it all needs to be healed one day, either on Earth or in spirit. One day your soul will begin to pressurise you into addressing these inner problems. This usually is shown by things not happening in your life how you want them to be. This is your soul trying to send you messages telling you that you are going the wrong way. It is trying to make you feel bad, so you will eventually have to face your bad feelings. So you will have to stop what you are doing and pay attention to your feelings. If you keep running away from feeling bad then you will only make things harder for yourself, and you’ll feel worse. I’m sure you’ve experienced: feeling bad about something, being all knotted up about it, then speaking up and expressing all your bad feelings, to suddenly feel good, relieved and lighter, even declaring: ‘What was so bad about it anyway’ – this is an example of expressing your bad feelings. And can you see how much better it makes you feel?

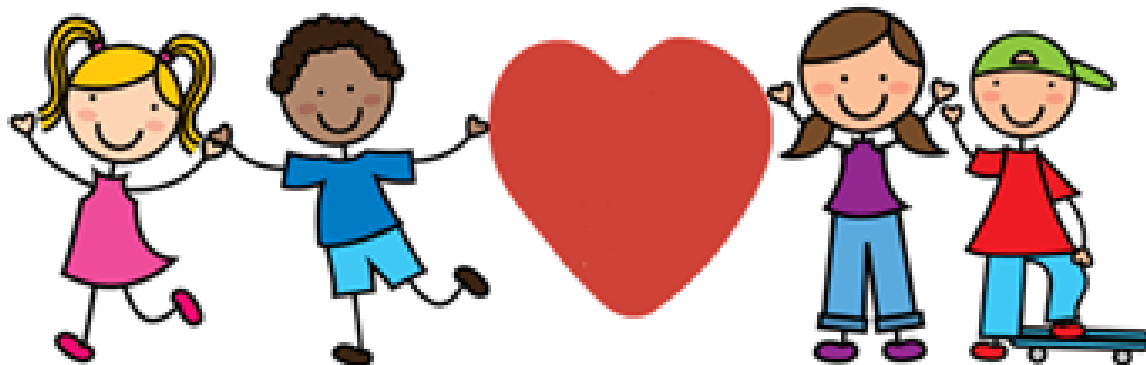
Introduction Course to Divine Love Spirituality by James Moncrief

Kindly visit www.pascashealth.com, then Library Download, scroll down to Medical – Spiritual References and click on to open:

 [Soul Light book 1 via James Moncrief.pdf](#)

 [Soul Light book 2 via James Moncrief.pdf](#)

WE ARE GOD'S CHILDREN



Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

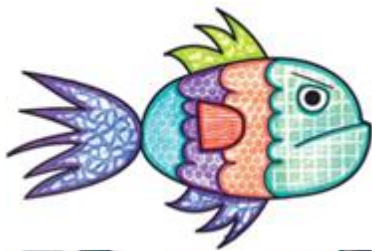
We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

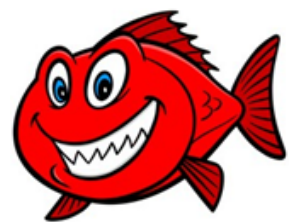
**LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.
It is knowing the truth of that
which you feel that sets you free!**



**Always be true to your feelings
because they are your truth
and truth is love and our way home!**



**Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!**

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.

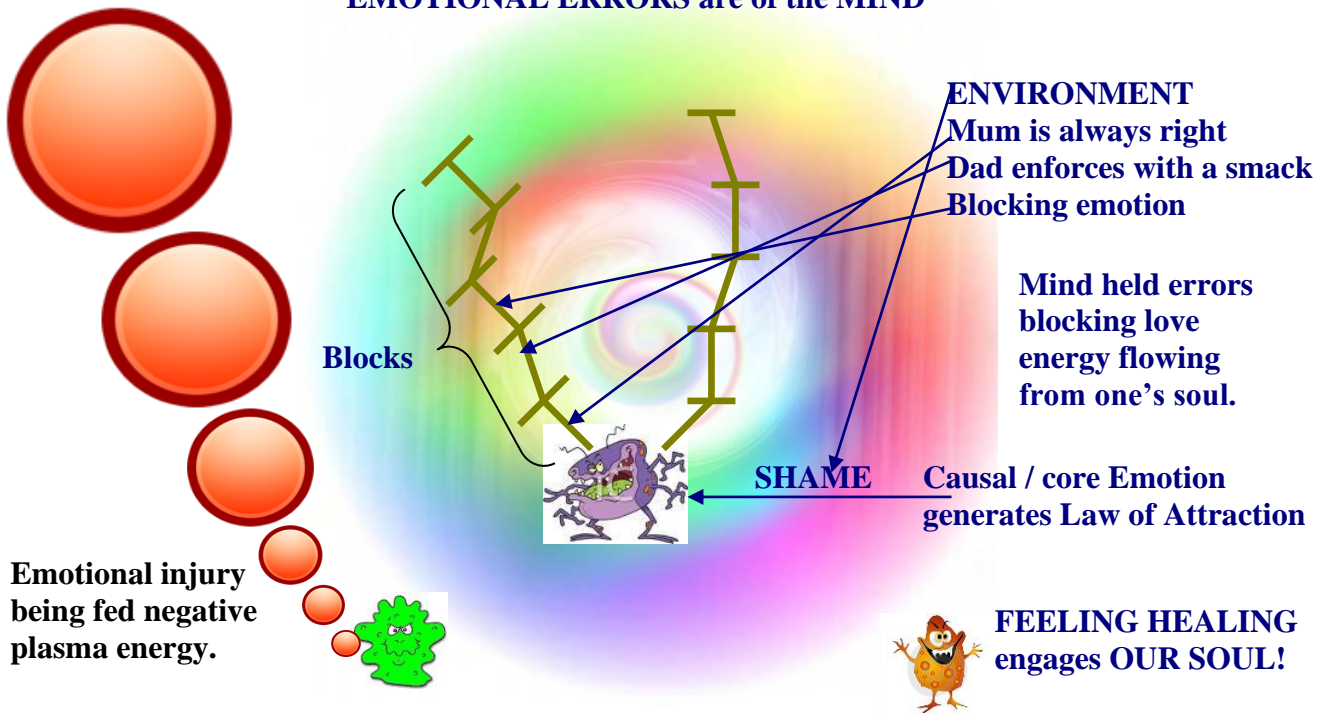


Talk it Out!



Heartfelt feelings are our truth.

EMOTIONAL ERRORS are of the MIND



Enters emotionally - is to leave emotionally!

**WHAT ENTERS EMOTIONALLY
IS TO BE EXPRESSED
EMOTIONALLY WHILE LONGING
FOR THE TRUTH TO BE KNOWN
ABOUT WHAT IS BEING FELT!**

FEELING HEALING COMPLETE

Tuesday, 12 April 2022

James Moncrief, on this day, 12 April 2022, advised and outlined that his personal Feeling Healing process was now complete.

In so doing, he had been observing that nothing new had been coming up for him to consider, that he had nothing further that he had to personally resolve and that the process was for all intents and purposes fully completed.

It could be said that he started his journey in 1993 when he had obtained a full publication of the “Padgett Messages” which introduced the availability of Divine Love to him and Marion. It was several years later that he commenced, what he calls Feeling Healing, through Marion’s promptings and strivings.

As both Marion and James have engaged their personal Feeling Healing from different ends of the spectrum, both now can be said to have finished their Feeling Healing process with different completion experiences.

Further, James now sees that his ceiling of personal growth is or will be the equivalent of the 3rd Celestial Heaven while he is on Earth. This will also set the pinnacle of growth for the rest of Earth’s humanity while living in the physical on Earth.

Apart from this all being very important for all of Earth’s humanity is what this means for our present day activities. James is now in a state of completion of his understandings of what is required to be shared with all of humanity. He does not have any outstanding questions to resolve. That is, the state of truth now within himself and his Spirit of Truth is the foundation to commence interacting and sharing what is to be revealed. Until this condition was reached, James refrained from general conversation and public discourse until Truth was understood.

So, again let it be said, that on Tuesday, 12 April 2022 the Feeling Healing of a soul partner pair has been achieved and that is the first time in the full history of Earth’s humanity, all 993,500 years of it, that a pair have while living in the physical here on Earth have completed the healing of what they have taken on of the Rebellion and Default which has prevailed these past 200,000 years.

NOW, the rest of humanity on Earth can follow and achieve their personal healing or progress as they please. What needs to be understood is that we can all only follow the lead of higher level spirits.

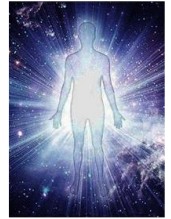
Samantha in England is the closest in completion of her Feeling Healing. As an aside, a couple of days ago she contracted Covid-19, she is not vaccinated, however, this experience may now provide her with the ability to travel as her personal immunity will be at higher level than what any vaccine can achieve.

This time, in the history of humanity, is the most exciting time ever experienced.

Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

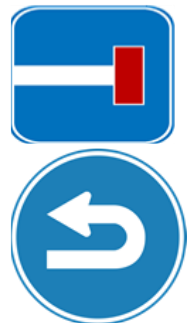
Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

feelings

New way

The NEW WAY The NEW WAY

It's all about
Experiences
&
FEELINGS



BE FEELINGS
EXPRESSIVE!

WHOLE DIFFERENT Way of Life.



mind



feelings

Pascas Food Basket

Estimated Resident Population of Gold Coast City was 635,191 as of the 30th June 2020. The population estimate for Tweed Shire as of the 30th June 2020 is 98,382.

Total population for Gold Coast and Tweed Shire as of 30 June 2020 **735,000**

Annual growth rate being about 2.25%, or about 16,000 per annum, 6 years adds 100,000

Gold Coast is one of Australia's fastest growing regions, with its population expected to reach as many as 820,000 by 2035. And possibly reach a population of 1.2 million people by 2050.

The Gold Coast Food Aid Working Group, which is an off shoot of the Gold Coast Homeless Network and was formed during the COVID lockdown of 2020 to pool resources to best meet the food needs of those adversely affected by the various restrictions. We are all representatives of Not-For-Profit agencies on the Gold Coast who distribute food in some way, shape or form to those in need.

Our group has been talking about getting off the ground a Gold Coast Food Distribution Hub and it is literally the same conversation I (Vicky Rose) was party to years ago driven by the local Councillor but fizzled due to the magnitude of it. The need, has not decreased and if anything, has only increased. It just needs to be done. On the morning of 14 September 2021, at our meeting we;

1. discussed avenues of support i.e.; political, philanthropic and community
2. identified some key business people on the GC whom we have tasked our chairperson to approach about logistical support i.e.; a warehouse space
3. agreed on a media blurb and will contact our person at The Gold Coast Bulletin
4. committed to have this conversation 'out there' and be spoken about on every platform we can think of and are party to
5. started a timeline

There are over 40 Gold Coast / Tweed charities driving up and down to Brisbane every week to purchase food from Foodbank which has only been gathered from the Gold Coast anyhow. The Foodbank Distribution warehouse can only cater to so many charities and our Gold Coast charities are effectively limiting the access of Brisbane local services needing to access such food too (and vice versa). We also saw further limitations on accessing the warehouse (and food) during the lockdown period last year too. We need our own (central Gold Coast / Tweed city).

We have been discussing this for years and even have a feasibility study on the need for it. None of the government levels can, or will, offer financial support but will no doubt be available for a photo opportunity should we get this up and running. I was wanting to know whether this could be something PASCAS might support in some way...? What do you think? YES!!! 100% unanimous!!!

~~~~~



By bringing together an overall survey for the Gold Coast / Tweed, then we may collectively be able to address many issues while gaining a comprehensive overview of the regional crisis.

For example. The Pascas Food Basket warehouse facility may be structured to handle the needs of the area up to when the population is 50% more than today. In the meantime, the unused floor space can be used to accommodate homeless people – this has been done in Canada!

Further, consider this exercise as a demonstration of what a city community can do in collaboration with each other to comprehensibly address social issues in a manner never considered possible.

As for the future, consider that we have moved out of a golden age, though many would never consider the past few decades a golden age, and that we are about to endure decades of disruptions and distress. So, let us go for the worst case scenario and see what can be achieved.

What will come out of this collaboration will be delivered by the people who are participating in this survey and development of what is to be established. This is your agenda, no one outside of your organisations are to impose their will upon you.

Pascas Foundation (Aust) Limited understands that through Pascas, what is undertaken here on the Gold Coast and Tweed areas may be replicated in other regions, modified to their specific characteristics.

May we draw your attention to [www.pascashealth.com](http://www.pascashealth.com) website, kindly go to the Library Download page and scroll down the index and consider any of the topics that take your interest, click on the PDF link and the Pascas Paper will download. Welcome to Pascas.

## John the Typist

John Doel for  
Pascas Foundation (Aust) Limited



**Eat** the Colors of the Rainbow

# Craft Creations Family Shed

## CRAFT CREATIONS FAMILY SHED:

A Craft Creations shed is to be a venue for all members of families to obtain proficiency in any type of home craft or skill that each individual may recognise a passion to explore. This can be a simple endeavour or it may be a highly complex skill needing years to develop.

Due to greater closeness to their feelings, women are to dominate the administration, leadership and management of the Craft Creations Shed.

Children are most welcome and are to be encouraged and supported in what their personal desires and passions lead them to embrace.

Even though children do not have formal votes in the ongoing operations of a Shed, they may be provided with a status whereby they vote amongst themselves and submit their resolutions for consideration. This is all part of experiences through our lives.

Men are to have their say, but it is not about one or the other being dominant. It is about the changing times that are folding, the embracing of our feelings and living feelings first rather than being suppressed by being mind-centric. This is a New Way of living, yet it seems so simple, it is not.

The changes that are unfolding throughout all societies and nations around the world is already showing us that the supply chains are breaking and that we each need to be more resourceful and self-sufficient. That is what a Craft Creations Shed is all about.

Further, every day and every night there are tens of thousands, women, adolescent child, families, who are unfed, unhoused, and unloved. A Craft Creations Shed is to a staging post for recovery and re-energization. The Shed may have annexed to it crisis housing on its premises or annexed by arrangement with other establishments. The needs of these people take many forms and a Craft Creations Shed is just one of those supporting hands.

Qualified Social Workers are to be fully engaged with a Shed. Those who are full time, or permanently part time, are to be supported financially by Pascas Foundation. It is recognised that we all need to pay for our groceries and rent and thus remuneration is to be at appropriate commercial rates.

A Shed is to be fully established with financial support through Pascas Foundation. Then it is to progressively become financially independent. That may take some time.

A Craft Creations Family Shed may unfold to be a major endeavour within a community and have great impact upon the society as it will progressively become a life changer for many. The significance of the introduction of this endeavour will take time for the community to comprehend and embrace. It has been a long time in its coming and now it is to be born.

Aspiring to Living Feelings First

**Brian Iverach, Graham Golding, Jim Baker and John Doel**

Pascas Foundation (Aust) Limited



### **CRAFT CREATIONS**

Shop front – retail and ordering facility. The administration and support for the complete Craft Creations Centre.

### **PASCAS CAFÉ**

Being part of Craft Creations, it is a catering, nutrition cooking facility that functions also as a Pascas Café. Food and nutrition are the premiers of all crafts.

### **HOME CRAFTS**

**CRAFT CREATIONS** is generally focused towards skills embraced by women in their practical attention to the needs of the family. That said, there are no boundaries. At all times, the opportunity to introduce and enable children of all ages to become proficient is supported. Those within the community are to be supported in their sharing of their unique skills with others.

### **STRUCTURAL CRAFTS**

**CRAFT CREATIONS** embraces word working, metallurgy and mechanical repairs. This could be said to be the domain of a Men's Shed, however, the whole family is welcome. These specialised skills need to be shared as much as every other craft.

**CRAFT CREATIONS** is to enable anyone to be autonomous and self sufficient in their endeavours.

### **MEETING HOUSE**

Discussion pods for around 12 people as meetup rooms.

### **FAMILY SHELTER**

Modules of 10. Studio rooms to accommodate a parent and two children, or there a bouts.

# Pascas Cafe with **Raw Power!**

## The Philosophers Stone - Podium!

Mid morning and mid afternoon are times for the Philosophers Stone' Podium to be utilised at the Pascas Café.

Patrons at the Pascas Café will be invited to participate in the preparation of raw food dishes. They will be given the opportunity to assemble a specific dish or drink according to request. Patrons will submit their preferences and progressively they will be given the opportunity to be trained in how to prepare the same dish or drink in their own homes or setting.

Training programs will enable clients / patients / guests of Pascas Clinic to evolve their specific diets to benefit from the high energy super food recipes offered at Pascas Café.



“One off the Wall” please! A pin board may provide ‘tickets’ which can be donations of a cup of coffee, a meal, or as a donor may feel inclined to support those that need a little care and love.

A Pascas Café may also have signature dishes for the general public.

# Billboard

**OFF  
THE  
WALL**

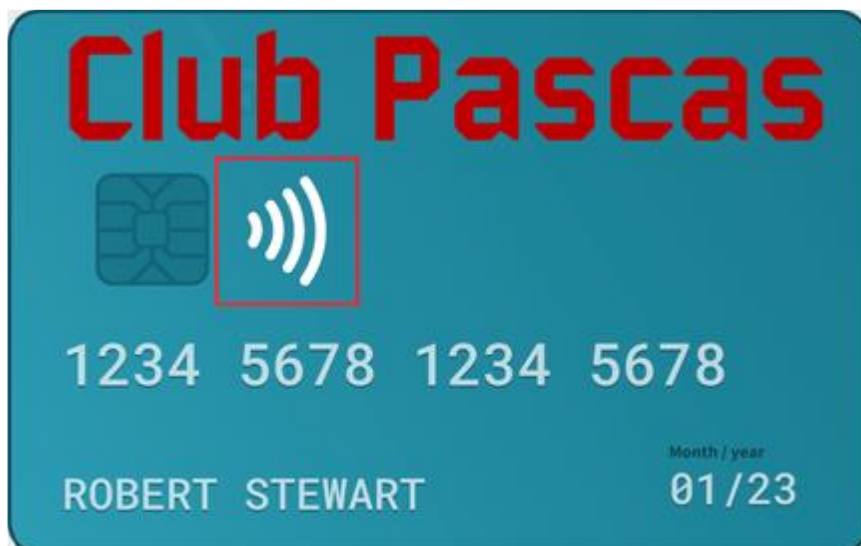


# Club Pascas

## CLUB PASCAS

Consider that a practical and appropriate support for a friend of Pascas can be the provision of access to specific aligned commercial operations in the vicinity of the friend.

Such as a Main Beach pavilion that provides meals and coffee from 6.00am through to 6.00pm 7 days a week. They also provide male and female shower facilities. They also have multiple seating areas, enabling private conversations.



It may come to pass that a “Club Pascas” debit card or coupons could be provided to our friend to enable him or her to access meals and showers in a manner that provides them with support until more permanent arrangements become available. Clean socks and laundering facilities may be incorporated.

A “Pascas Café” would have a similar structure plus training in preparation of meals for those who need long term nutritional assistance.

A “Club Pascas” card and coupons would be also an identification card for those within this community.

A network of appropriate commercial operations may be established that provides support through the authorised “Club Pascas” card throughout Australia.

## PASCAS CAFÉ food preparation presenters!

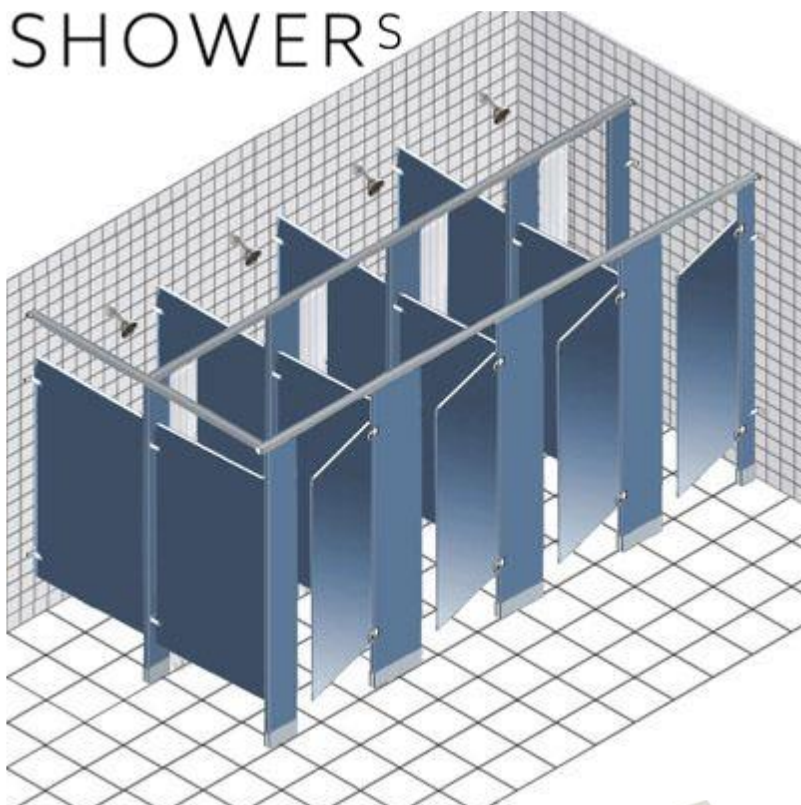


# Pascas Clothes & Person Clean

## Washing Machines, Dryers & Irons



## SHOWERS



And fresh new socks for those in need.

Yes, shoe shine equipment will be on hand to complete an overhaul of looks. That includes a sponsored trip to a hairdresser or barber as well.

If you need to get yourself scrubbed up, then that will be assisted with.

These facilities may be within various Pascas facilities, such as Pascas Cafes, Pascas Family Shelters, Craft Creations Family Sheds, Pascas WorldCare Cultural Centres, or simply free standing facilities.

You can be sparkling as you please!



# PASCAS WORLDCARE



# CULTURAL CENTRES



**Feelings!** *first*

**ONE**  
**WORLD**

**UNITED EARTH**



# Dreams for Community

## PASCAS FOUNDATION (Aust) Limited

---

**Project Title:**

**Date:**

**Community Project Leader:**

**Address:**

**Leader's Contact Phone:**

**Email:**

**The project description:**

**Solution option A:**

**Solution option B:**

**Preferred option being A (yes/no) / B (yes/no). Budget Costing:  
Resources, equipment, people, skills, training, time to implement needed:**

**Community size, how many people to benefit, duration and what are the benefits for the community?**

**Problems unresolved for project:**

**PASCAS contact Field Officer:**

**Email:**



# Pascas WorldCare

## Discretionary Supporting Hands

Pascas supports intuitive responses to assist those in need in many varied and individualised difficulties. “Discretionary Supporting Hands” costs and expenses are to be drawn down by team members with the signed endorsement by a second team member. Team leader sign off is upon completion of the assistance, even though ongoing assistance may follow as considered appropriate.

Person(s) being assisted:

Their contact details:

Summary of situation:

Summary of assistance:

Costs incurred and paid:

Team Member in charge:

Team Member confirming:

Team Member ratifying:

Observation of appropriateness and assistance provided:

Recommendations upon review of initiatives applied:

At all times, we encourage and support those who follow their feelings and respond with their intuitiveness and desires to assist in resolving a stressed person or family in their difficult moments.

We are not to feel constrained from stepping outside seemingly imposed barriers to consider and undertaking actions that have not been previously embraced by the team and organisation previously.

12 July 2021

## FUNDING SUPPORT

Downline funding through Pascas Foundation (Aust) Limited mirrors the ambience and conditions of the funding support that it is to receive.

The ethos of funds supporting and assisting Pascas Foundation (Aust) Limited encompasses:

1. Should the concept or project be something that has been undertaken in the past, then why do the same again and expect different results? That is insanity! The whole world continues to re-invent the wheel while expecting different results. That is why we see stagnation around us and that is looking at what is unfolding in rosed coloured glasses – the world is degrading!
2. To fix a problem, then it takes a person of a higher consciousness level than the personality that created the problem in the first place to now fix the problem! The whole of humanity has been seduced into being mind centric these past 200,000 years and that was brought about by high level spirit personalities from within our local universe. We finally now have been provided with the pathway out of being imprisoned within our mind suppression by even higher level spirits. Until these higher level personalities demonstrated the way, no one from within Earth's humanity could break through the limitations and suppression that we all have been living.
3. If other people are doing what is now being considered or proposed then we leave it to those others to continue to undertake. We are not to be interested with involvement when there is already momentum for others to provide for a given need.
4. Pascas Foundation is focused upon addressing issues in a manner that is demonstrating to all that there is a more profound way forward. The project, itself, is also to be a training vehicle for others to copy and emulate as they please. Plagiarism is welcome!
5. Pascas Foundation is focused on the importance of expressing one's feelings in life. Recognising that our Feelings are all we need. Embracing our feelings whilst having our mind assisting in the expression of such feelings. Looking to our feelings for the truth they are to give rise to. Expressing our feelings as we long to uncover the truth they are to show us about ourselves and how to live our lives. And to then live the truth in our lives that comes from our feelings. To understand that how we currently live, with our mind in control and unable to discern truth from falsehood, it also controlling our compulsive addictions and uncaring behaviour by wanting control over others, is wrong. And so striving to give up this unloving way of living in preference for living The New Way of Feelings First.
6. We are to express our good and bad feelings by speaking them out at all times – and not necessarily acting upon them. To want to first express them verbally; and to long for the truth of why we are feeling them. And then act accordingly. If you feel angry, feeling like you want to kill the other person, it's about expressing, by speaking and emoting, all that anger, rather than taking it out on the other person and actually harming them. All whilst wanting to know, and longing for, the deeper truth of why you are feeling angry. Life is about experiences and expressing ALL the feelings that come up from those experiences. And most importantly ALL the bad feelings, and trying not to deny them or stop yourself feeling them. Living Feelings First by expressing verbally all feelings, whilst longing for the truth of why you are feeling them.
7. To understand that the Truth is all important. That we are to live by growing constantly in truth from our experiences. And then by fully honouring and expressing our feelings, whilst longing for

the truth of them, the truth of how we're to live our life will grow in us. We are to understand our feelings are the way to the Truth, however we have to long for the truth as we express our feelings, so as to bring to light the truth within ourselves. And then being the truth from our feelings, will determine how we want to live – in accordance with the Truth. Which is the right way to live, rather than how we currently do, living against the truth by denying the expression of many of our feelings.

8. Thus, Pascas Foundation supports endeavours to restructure and reintroduce all segments, sectors, institutionalised systems with ways of living that brings into focus feelings orientation rather than the suppressive dictates of mind centric controls that we all continually embrace and endure.

Firstly, now to consider financial parameters:

1. Projects are to be supportive of community, these are not wealth building programs for the benefit of a few individuals. We are about enabling people of all walks of life, women and men equally, to prosper.
2. Progressively, the project should become more and more financially self-sufficient. There will be those that will always need to be significantly or marginally needing of continual financial support.
3. Everyone engaged in the creation, delivery and ongoing operation of the project is to be remunerated. The general benchmark of salary and wages are those prevailing within a community are to be considered for the setting of remunerations.
4. Projects are to be drawn together by people of the community that the project is intended for. It is for these people to instigate, deliver, manage and operate the project. As far as possible, personnel and resources are to be found and come from within the community or the country that the community is within.
5. Projects are to become autonomous – being led by those who instigate the program.
6. NO intermediary commissions will be tolerated. Should any project be introduced for consideration through an intermediary who is seeking a percentage or fee then that project is automatically unacceptable. The project is for the people, all the people, in fact 100% of the funding is essentially a gift to the community. This is not debt funding or equity funding – the ongoing supply of funds is dependent upon performance, the performance of the administration to deliver what they proposed and, consequently, are to be financial supported to do so.
7. Anything submitted verbally or in piecemeal is of no interest. Present a formal complete package.
8. The project concept is to be submitted in compliance to a package of documentation that Pascas Foundation will make available. There is need for uniformity in presentation and process.
9. Paramount are:
  - a. Curriculum Vitae – resume – of each of the key administration people (format is available)
  - b. Business Plan in the format available
  - c. Financial Feasibility in the format available
  - d. Executive Summaries – four styles of format, all to be submitted
  - e. Auxiliary information to assist with the comprehensive understanding of what is proposed.
10. Cash flow projections are to provide quarterly periods out to five years. The first year is to be prepared monthly as well. The quarterly projections are to provide the drawdown required amounts.
11. As operations commence, material changes may unfold. In such cases, up-dated financial feasibility would be appropriately submitted with the adjusted quarterly cash flows (with first year also being monthly).
12. Funding Support drawdowns are to be provided quarterly in advance.
13. Sufficiently independent verification of performance in line with the submitted business plan and financial feasibility is to be provided with the request for the next drawdown for the subsequent quarterly advance to be then processed and paid.
14. Annual audit of performance and compliance with the business plan and financial feasibility is to be submitted in a timely manner. This is in compliance with source funding administrative requirements.

Secondly, it is to be recognised:

1. The core funding that is supporting Pascas Foundation and auxiliary projects are of the nature of a global humanitarian fund – a worldwide charity.
2. As such, this is all about community building and nation building. Well, in fact it is about evolving humanity into a higher state of self expression, of vibrancy, intuitiveness and spontaneity.
3. Or even more importantly it is about commencing the healing of humanity of its Rebellion and Default that it has been subjected to for these past 200,000 years.
4. This time, in the history of humanity, is the most exciting time ever experienced.
5. There are various ways that funding support may unfold for a project within any country.
6. National projects or infrastructure development for a country may be initiated through the government officials of that country and be funded through a higher level entity directly. The pattern is similar for small programs that Pascas Foundation is aligned with. Funds are to be released quarterly in advance, subsequent drawdown to be subject to compliance with the business plan and financial feasibility of that project. At the commencement of the project, the total funds required as per the approved project would be blocked to then be progressively drawn upon with 30% of the funds blocked and placed into investment programs that were similarly engaged with to bring about the overall fund in the first place. These funding bundles may then provide ongoing long term operating funds (recurring costs) for the projects and infrastructure involved.
7. Private enterprise projects may be structured in a similar manner as government projects.
8. Smaller projects, such as Pascas Foundation, may simply be funded from the global pool of funds which is very significant in itself. Funds are always released through intermediary entities.
9. Projects that commence to come together directly under the Pascas Foundation umbrella are added into the financial feasibility budget of Pascas Foundation and funded as a group through Pascas Foundation, all under the same guidelines, ethos and environment.
10. Projects evolving from within the Pascas Foundation umbrella may at an appropriate time become autonomous and stand alone still remaining in compliance to these over arching guidelines.
11. Thus, it can be seen that variations will apply and those variations will always be at the discretion of the administration of the core funds.
12. Funding is at the discretion of the core funds administration and the ongoing supply is dependant upon the beneficiary progressing with the agreed agenda for the project and program.

This being understood and considered with all the possible variations and nuances that apply to every situation, then the potential for incredible works and gifts for communities, local and small, and all the way up to being for all of Earth's humanity, may be delivered by each and everyone of us.

Aspiring to Living Feelings First

**Graham Golding, Helen Adam, Ian Dowling, Jim Baker,  
John Doel and Peter Wildin**

Pascas Foundation (Aust) Limited

Acknowledged by: .....

For and on behalf of: .....

Project description: .....

## **Pascas Foundation downline Funding Report further explained:**

There always needs to be the two aspects that go together:

- 1, all about how important our feelings are, and expressing them; and
- 2, longing for the truth of them.

It's about expressing feelings wanting to uncover the truth of them. Not just about only expressing our feelings. Without including longing for the truth, Pascas is nothing more than how things already are, as lots of systems and people talk about expressing feelings and being feeling expressive. But nothing else includes longing for the truth whilst expressing one's feelings. Which is really to understand it's about wanting to know and uncover the truth of yourself, which you do through ongoing feeling expression.

It's to put the Truth first, that's what Pascas is all about, to understand that humanity will never get anywhere without Truth, and that we've been living all these years without growing in Truth. Many people express their feelings, but few use them to help them uncover the deeper truths of themselves.

The truth being: why are we feeling what we're feeling; all of which ultimately leads us back to our childhood relationships with our parents and grandparents.

We can live trying to put our feelings first, but it's meaningless if we don't want to uncover the truth of them. Feelings to uncover the Truth, is what Pascas is about. Not just putting our feelings first. Living Feelings First is not just living putting your feelings first; it is doing that by wanting to express all feelings, **WHILST ALL THE TIME WANTING TO KNOW THE TRUTH OF WHY WE ARE FEELING THEM.**

People can live wanting to be more feeling expressive, and that's certainly better than denying your feelings; yet Pascas, if it wants to support the spiritual side of things, needs to always understand and include using our feelings to help us uncover the truth of ourself, of why we are feeling them. It's not only about being more feeling expressive; it's about wanting to advance oneself by growing in **TRUTH** through one's feelings.

There are Three ways we can live:

Negatively;

1. Living against ourselves by not expressing feelings.
2. Living against ourselves by expressing some feelings, and denying others.

Positively;

3. Living for ourselves by expressing **ALL** our feelings, whilst longing for the Truth of why we're feeling them. Living by no longer denying any feelings, and trying to express them all, as we long for the truth of them.

To expand upon the above:

## Introduction to living Feelings First

Expressing your feelings to uncover the Truth of yourself.

There are Three ways we can live:

**Negatively;**

1. Living *against* ourselves by not expressing feelings.
2. Living *against* ourselves by expressing some feelings, and denying others.

**Positively;**

3. Living *for* ourselves by expressing ALL our feelings whilst longing for the Truth of why we're feeling them. Living by no longer denying any feelings, and trying to express them all, as we long for the truth of them.

We all have feelings.

Many people deny many of their feelings. We are scared of expressing how bad they feel. Denying our feelings is being unloving to ourselves.

Being loving is expressing all our feelings.

There are also people who are mostly happy expressing their feeling.

And there are people who are mostly unhappy expressing a lot of what they feel.

And either way, if we don't want to uncover the truth our feelings are to show us, nothing will change.

If we sincerely want to help ourselves, we can want to understand the truth of what we are feeling; so, why we are feeling the feelings we are feeling.

And not just superficially why we're feeling what we are, but the deeper hidden reasons. And these deeper reasons will lead us back into our early childhood relationships.

The truth of our relationship with our parents, grandparents and other important carers during our early life.

It's about longing for the truth our feelings will show us about ourselves and our early childhood relationships with our parents and family, because we want to understand the truth of such relationships – what really went on between us all.

We can live accepting our feelings; or denying them. Being true or not true to ourselves.

**Consider asking yourself:**

**Who hurt me when I was a child?**

### Bad Relationships

Our relationship patterns are determined by the relationships we forge with our parents and early carers.

The relationship patterns formed during childhood continue through adulthood.

And the patterns are fixed, we can't change them. We might believe we can by altering our mind, but that's all superficial and the deeper underlying patterns will remain.

If our early relationships were loving, our adult relationships will be loving; if our early relationships were unloving, our adult relationships will be unloving.

If we suffer abusive relationships as an adult, it's because we suffered abusive relationships when young.

Abuse comes in many forms. Obvious physical abuse, and more subtle emotion, mental and spiritual abuse.

Feeling rejected in any way, the slightest degree of being criticised and not feeling wanted when we are baby and young child, makes us feel unloved and terribly bad. And all the rejection suffered through childhood accumulates to create how we feel about ourselves as an adult.

We can try to override how much we hate ourselves by pretending we feel good and loved, but if such good feelings are not true, at some point they will fail and we will be left feeling how bad we feel about ourselves, which is how bad our parents make us feel about ourselves.

Negative abusive traumatising addiction patterns all come from early childhood.

The way to Heal ourselves of them, by doing our **Spiritual Healing**, is to first bring to light the truth of them. To understand how they were put in place – what happened in our early relationships to cause them.

We need to bring to light the whole truth of our bad feeling state, by expressing all our bad feelings and longing for the truth of them.

Then once the whole truth of how unloved we feel comes to light, then we can set about transforming ourselves out of our negative childhood patterns.

**The Golden rule is:  
Never interfere with another's will.**

### **Expressing oneself**

As we experience, we think thoughts and feel feelings. And we express those thoughts and feelings. Our thoughts are contained within our mind; our feelings want to come out.

When we feel a feeling, do we express it? Do we know how to express our feelings? And what about a bad feeling, do we readily express it? Or do we do things to deny it, to stop ourselves feeling it? What is our relationship with our bad feelings?

If we feel sad, miserable, angry, scared, unhappy, lonely, unloved, powerless, or any other bad feeling, what do we do with these bad feelings? Do we do all we can to stop feeling them? Or do we allow ourselves to feel them fully?

Denying our bad feelings is denying ourselves, it's not being loving to ourselves. Do we have someone in our life we can express all our feelings to?

Can we say all day long how miserable or scared or angry or powerless we feel, without doing anything to stop ourselves feeling bad?

Do we think we should do something to make ourselves feel better?

Do we do things to feel better? And why do we? What's wrong with feeling bad?

Are we afraid that if we feel bad and allow ourselves to feel the full depth and intensity of that bad feeling, we will drown in it?

Are we scared of opening the bad-feeling can of worms, which if opened, there will be no way of putting the lid back on? Are we afraid of our bad feelings?

We are to fully express ALL we feel, and in particular all our bad feelings – it's vital for our wellbeing. Feelings are better out than kept in. If they are kept in they gum up the works, they make us sick.

When we feel bad, stay with the feeling, acknowledge it, accept we are feeling it, and try to bring it out, expressing it with the emotion we are feeling.

Long for the truth of our feeling, wanting to see what it is showing us about ourselves. It's important to fully express ourselves – to express all our feelings. Particularly in our intimate relationships. And we need to allow the other person to express all their feelings. A good relationship is where both parties are fully feeling expressive.

## **Want to know the Truth of ourselves**

We live denying the truth of ourselves.

Why do we feel bad – what is the truth of those bad feelings? Do we want to know?

We can keep living with our mind in control so we can't grow in truth.

Or we can live looking to our feelings to help us uncover the truth of ourselves.

Do we want to know why we feel bad? Do we really want to know?

And what if the truth is to do with our relationship with our parents and family? Do we want to know the truth of such relationships, even if it's not good?

If we sincerely want to do something to help ourselves, then we will need to uncover the truth of ourselves through our feelings.

And it's to understand, it's not about trying to change ourselves into being a better person or trying not to feel bad, or trying to heal any trauma by doing some feeling work on ourselves.

It's about wanting to find the truth of why we are feeling bad. And finding it by looking to our feelings, by expressing them as we long for the truth they will show us about ourselves.

It's about being the truth that comes to light. Understanding the truth of our relationships with our parents and early carers that have caused our problems and difficulties, and not trying to change ourselves.



Simply allowing ourselves to be how we are, yet becoming fully aware of why we are as we are – how it all came about with our parents from conception through our forming years and the rest of our childhood.

And once the whole truth of our bad feelings state has come to light, then understanding our soul will transform us out of our negative bad feeling condition.

But first we have to fully acknowledge and accept how bad and untrue we are.

Want to live true to our bad feelings by fully honouring and accepting them, and longing for the truth they are to show us, all so we can see the truth of why we are the way we are, how it all came about through our early childhood relationships.

Long for the Truth of your Feelings.

## **A Spiritual Way of Life**

We are to live true to our self; which means, live true to our feelings.

If we are interested in living a spiritual life, it's very easy to understand how to do it. We express all our feelings, longing for the truth of them. That's all we need to do.

If we express our feelings wanting to uncover the truth they are to show us about ourselves, and we are growing and evolving in Truth from those feelings, then we are being as spiritual as we can be.

Being Spiritual is growing in Truth from our feelings. That's it! There isn't any other way. Everything else that is said to be spiritual is just mind rubbish.

Living true to your feelings, which means, fully honouring and accepting them, expressing them as you long for the truth of them, is living spiritually.

If we are denying any feeling expression, and not wanting to uncover the deeper truth of those feelings, we are not living spiritually, we are not spiritual. If we stop ourselves feeling any of our feelings, we are not being spiritual.

If we want to also include God in our life, Long to God, to our Heavenly Mother and Heavenly Father, for Their Divine Love. Want Them to love you. Long with all our heart for their Divine Love; as we long with all of our heart for the truth of our feelings.

Everything else that's said to be spiritual is just messing around in our mind.

Living the Will of God, as some religions purport as being religious and spiritual, is also messing around in our mind. It's meaningless. We are always living God's will. God created our soul, and our soul is expressing you as one of its two personalities in Creation. Our soul guides us in life, and it's always happening, we can't interfere with it, so we can't stop living God's will, the will of our soul.

What does happen is we get caught up in our mind believing all sorts of religious or so-called spiritual beliefs that keep us away from focusing on longing for the truth of our feelings. Believing we have to pray or meditate to do God's Will or seek Enlightenment, is being caught up in our mind, and mostly is used to stop us feeling bad. If we allow ourselves to feel as bad as we feel, and express those bad feelings

as much as we can, all whilst we long and really want to know the deeper truth of why we are feeling them, then we will slowly free ourselves from all the madness of our mind.

## **Feeling Healing**

We live untrue to ourselves, which means we're living against our self. And we do this by denying many of our feelings by not expressing them as fully as they should be expressed; and by not wanting to know the underlying truth of why we're feeling them.

We are parented to deny a lot of our feeling expression. Some parents are more accepting of feelings, others have little tolerance of them. Listen to yourself as a parent – do you stop your child from freely expressing all its feelings, and in particular its bad feelings?

If as a child you were forced to keep many of your bad feelings in, that you weren't allowed to freely express how bad you felt, then all those unexpressed feelings are still within you. All your pain and trauma, all those intense bad feelings you were not allowed to express, are buried and hidden in your soul. And they are still waiting to come out.

Doing our **Feeling-Healing** is wanting to express all good and bad feelings, including all repressed childhood feelings. Bringing them out so you can uncover the truth of why you're feeling them.

If you feel bad as an adult, and express those bad feelings wanting to uncover the deeper truth of why you're feeling them, then those adult feelings as you express them will take you back to the same bad feelings we felt during our early childhood. And as you express all these buried bad childhood feelings, the truth of your relationship with your parents, family and other carers will come to light. So you can understand how it was for you from conception through your childhood.

We are all at some point to bring to light through our feelings the truth of our childhood. We're to know how all that happened to us through our childhood, and all the feelings we felt, led us to become the adult we are.

By doing our Feeling-Healing to heal all our childhood trauma and pain, which is causing all our adult pain and bad feelings, we attend to our feelings properly by expressing them, whilst longing and really wanting to know the truth of why we are feeling them, all to bring out all our repressed bad feelings.

Bringing out all our bad feelings will give rise to us accepting the truth of how we are in our untrue state. We need to become fully connected with our wrong state, and once done, will transform our soul ending all our pain and self-denial. We, you and me, will become true.



**The Soul does everything!**



**Our HEALING is one long act of Self-Love!**

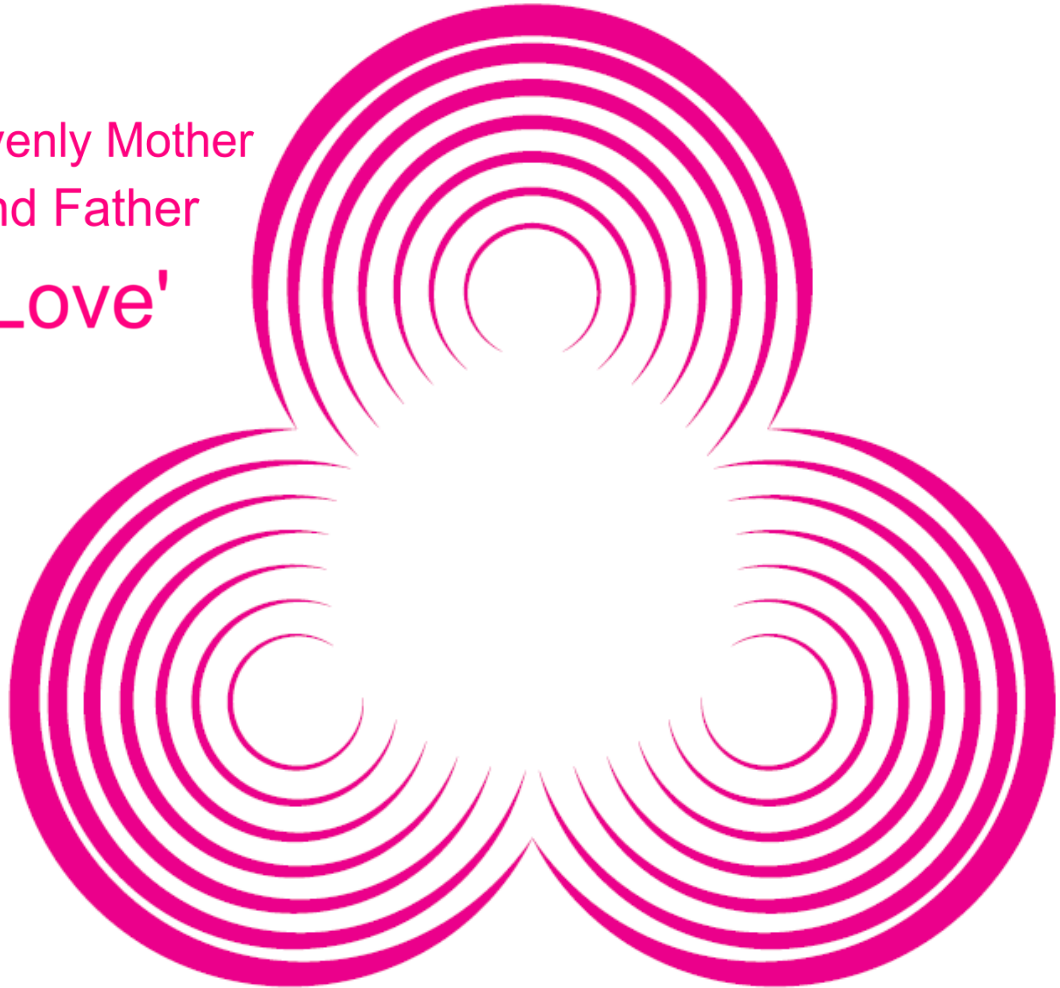
# Journey of Earth's Humanity

Years ago:

- 993,500 **Andon and Fonta - aspire for human perfection.**
- 950,000 **Andonites reach Tasmania - southern Australia.**
- 500,000 *Caligastia - Lanonandek - appointed Planetary Prince  
Daligastia manifests on Earth with staff  
Sangik Family - Northern India - 6 colours*
- 200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary  
Caligastia draws Earth into Rebellion*
- 38,000 **Adam and Eve manifest on Earth  
Adam and Eve default their mission**
- 1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS  
Commences end of Rebellion & Default**
- 7 BCE **Jesus of Nazareth born**
- 2 BCE **Mary of Magdalene born  
Creator Daughter & Son Bestowal**
- 1914 - 1923 **Padgett Messages - second coming**
- 1925 - 1935 **The Urantia Book - history of humanity**
- 1944 CE **Bretton Woods Conference - funding**
- 2002 - 2022 **James Moncrief - Revelations  
Avonal Daughter & Son Bestowal  
Avonal Age of 1,000 years begins!**

# Paradise Trinity

Heavenly Mother  
and Father  
'Love'



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

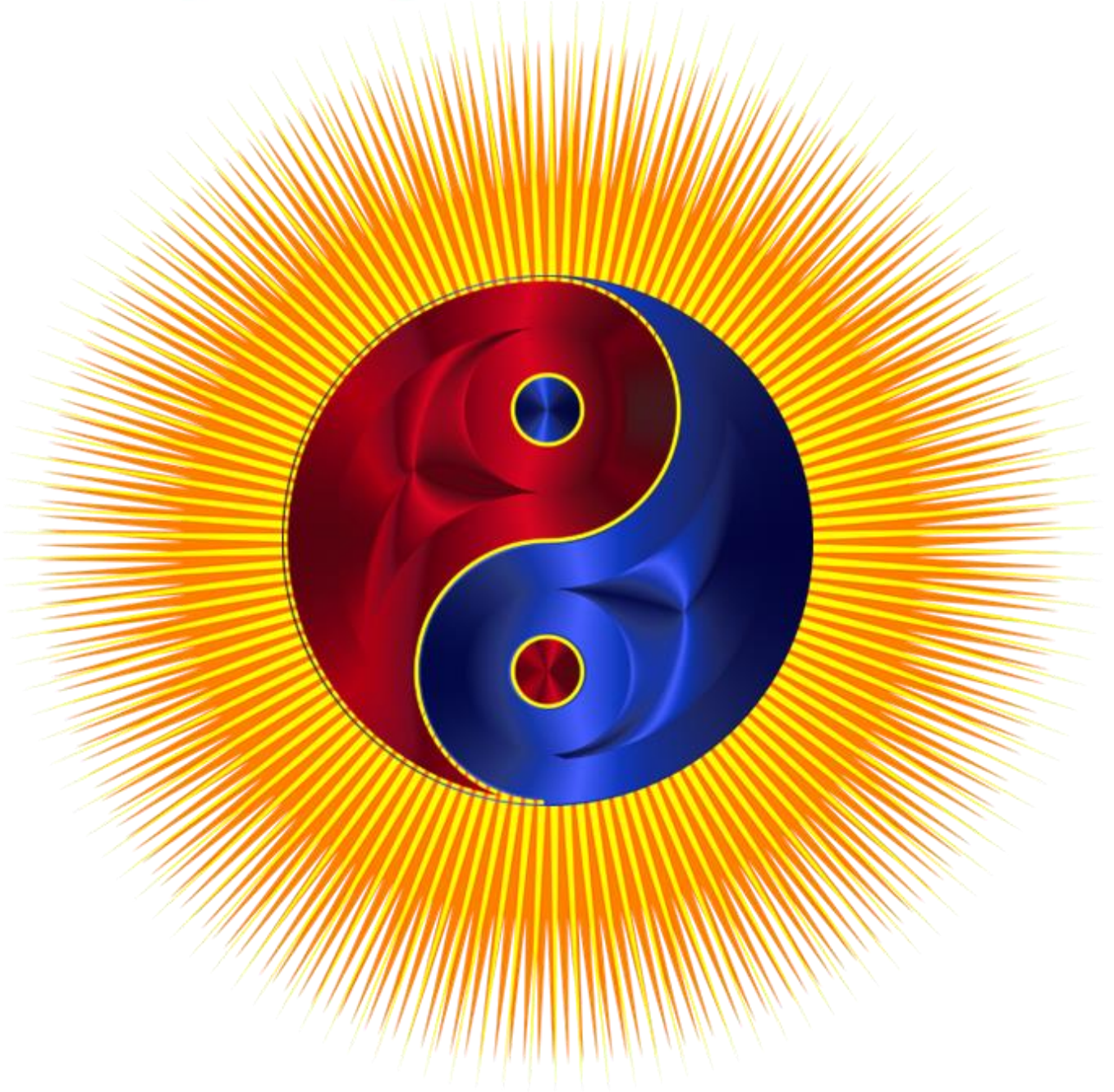
Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only the two of the Primary Aspects of Deity. They are of the Mother and Father and the Eternal Son.

Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

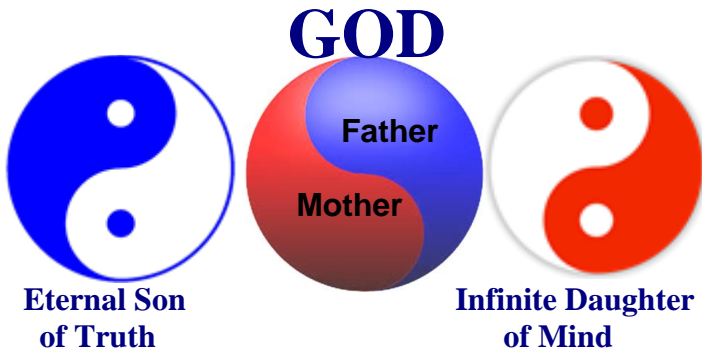
The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.

# Our Heavenly Mother and Father



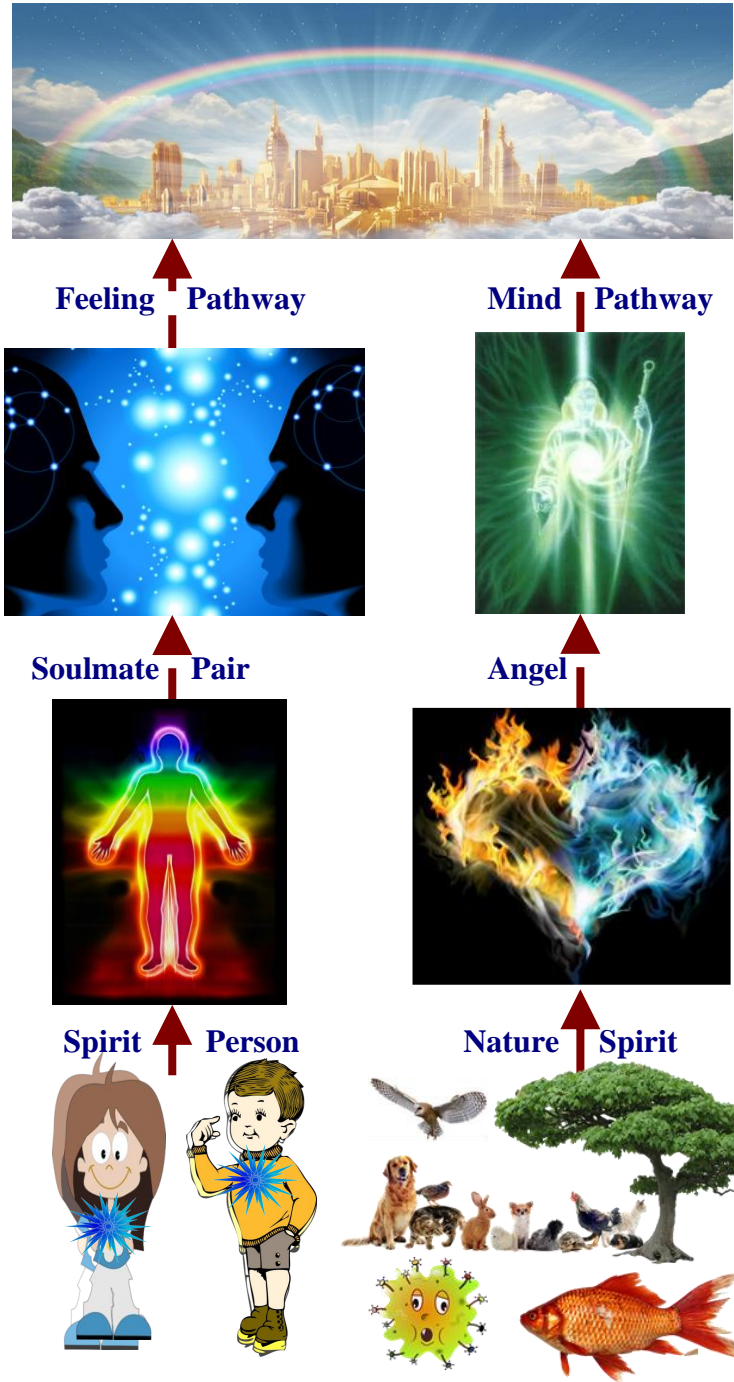
**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



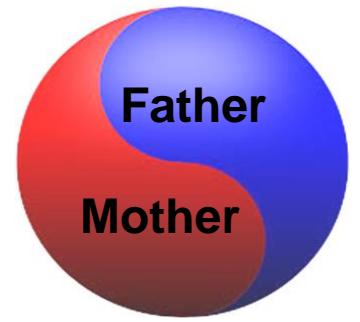
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

# MUM & DAD THIS WAY

# GOD



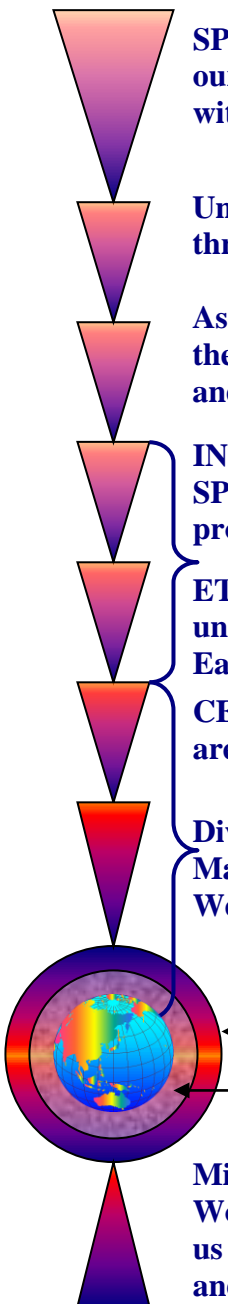
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

I'D TURN BACK IF I WERE YOU!



AVONAL PAIR



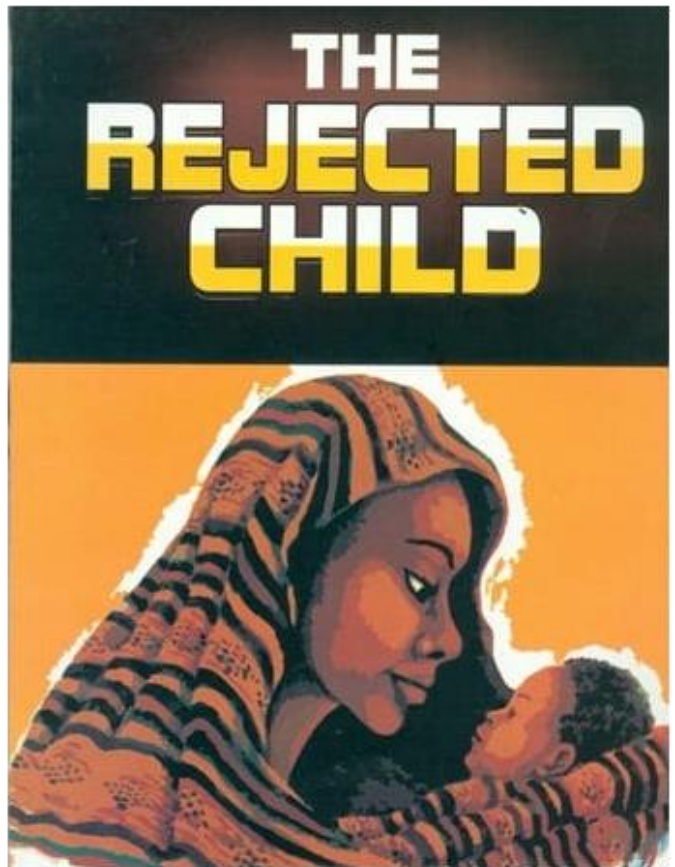
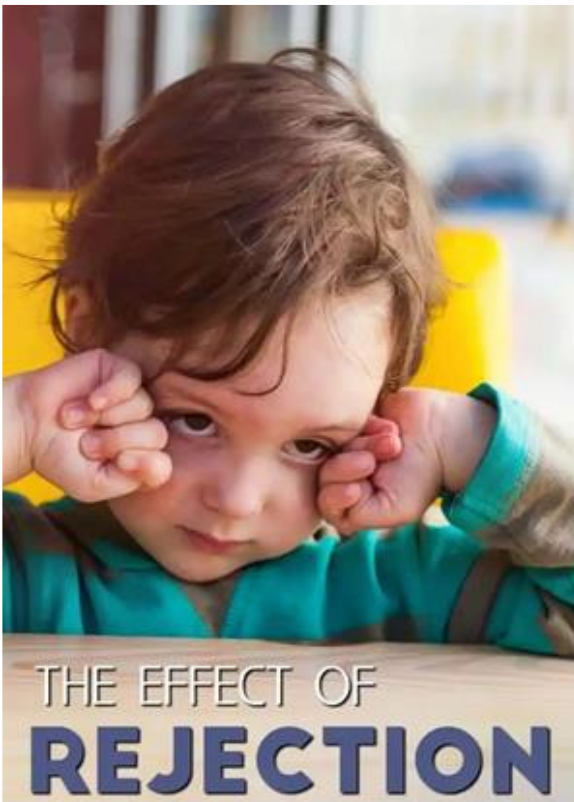
MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.





# Rejection



# Our Fake Facades

## WHICH ONES ARE YOU?

We have many Facades



Which ones are you?

**BEING SPIRITUAL**

James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of ourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.



# Our incredible journey!

God, our Heavenly Mother and Heavenly Father, does it ALL. They are All There Is. Creation all comes from Them. They created our soul and gave us the life we're living. They make us live all we experience, nothing is up to us, They only make it seem like it is. And currently They want us to experience being untrue and living against Them.

They bestow our personality upon our soul, and being a personality we live under the impression that we can determine how we want our life to be. We use our mind to make moment to moment decisions based on our feelings and how we believe we should be. And yet on a soul level our Mother and Father determine our so-called free will. Existentially on the soul level, there is no free will, everything is predetermined; whereas experientially on the personality level, we believe everything is up to us, that we have almost complete free will. Life shows us as we awaken to its truth, that we live a relationship between these two levels.

Many people believe God is good and loving, and the Devil or Evil is the opposite to God. As if there is the personality – God, and the personality – Devil, however the Devil has no personality, it doesn't exist. There are higher Evil Spirits, the 'Evil Ones' who rebelled against the Mother and Father and chose to take matters into their own hands in a small part of Creation in which Earth exists, thereby causing humanity to become of their Rebellion by Default; and unwittingly we carry on living untrue to ourselves and true to the evil ones. We are to understand, God wants us to be evil, God has put us in the Rebellion that is of God's making. Our loving God makes us feel bad and unloved, all because God wants us currently to experience living against the truth of love. And when we've experienced being evil all we need to experience, God will help us start our Spiritual Healing, thereby ending our evil ways.

Lucifer, Satan, and their soul partners, and other high Evil Spirits, are very real and have up until recently been able to exert a negative control over humanity. Christians believe they are on the side of good and are always having to keep vigilant about being coerced into the ways of Evil by the Devil. However all of us are evil, all religions are against the Truth, we're all of the Rebellion, no one has as yet been conceived free of it.

Really it is the battle against our 'evil' parents: They said we were wrong and bad and had to change ourselves to being as they were, which was 'right'. Yet we as young children we were not bad and they should not have forced us to change and go against ourselves.

|                                               |                        |
|-----------------------------------------------|------------------------|
| <b>Negative Spirit Influence blocked</b>      | <b>22 March 2017</b>   |
| <b>Law of Compensation quickening</b>         | <b>22 May 2017</b>     |
| <b>Rebellion and Default officially ended</b> | <b>31 January 2018</b> |
| <b>Feeling Healing completed</b>              | <b>12 April 2022</b>   |

**GREAT**  

**-Turn**

**GOOD VERSES BAD**

James Moncrief

10 December 2021

We grow up in good verses bad, one or the other, which are you? We grow up in God verses Evil, whose side are you on? We look outside of ourselves into the world and make our judgements, yet really we are looking within, at ourselves, judging ourselves.

The constant internal war going in our minds is good verses bad – feeling bad and feeling good. One part of us believes and feels it is good; the other part that it is bad.

We incarnate good. God being ALL good, created us. We are intrinsically good. And if we were parented completely lovingly, then we'd grow up feeling good, always good; good being the truth of ourselves. And we'd be completely loving.

We incarnate good, however are parents are not happy with us being good, true and perfect. They say we are bad, untrue and imperfect – wrong. And they must correct us. They say God stuffed up and they have to take over and fix us up. They interfere with us being of God's perfection; they make us imperfect.

Our parents by interfering with us cause us to be untrue, bad, even evil; then they judge us and blame us for being that way – the way they have made us be. They don't like or love their creation, and keep telling us we have to change and be better, be more like them.

So we do. We apply our will to comply with and obey our parents, we change ourselves into being how they want us to be, we change ourselves from being good into being bad. But then we're not allowed to be bad, so we have to fight against ourselves being bad by trying to be good, but it's only our parents' good. We don't know what is truly good.

And so we're forever fighting against our self, criticising, chastising, ridiculing, judging, blaming, and hating our self for being bad, always so desperately trying to be good, wanted and accepted. We will do anything to feel loved, even if it means going against our self. We do anything to have our parents love, to stop them being mean and cruel to us, to stop them criticising, chastising, blaming and rejecting us, calling us stupid and dumb.

And all of this we project into the world and onto God. There is no Evil that is the equal and opposite of God. God is all loving; and then there is evil – those spirits and people like us who are going against God. We are of a Rebellion – against God and against ourselves. To uncover what is truly good, we need to do our Feeling-Healing.



**Freedom Pathway being Feeling Healing**

**FULLY LIVE the TRUTH of OURSELF**

James Moncrief

10 December 2021

We are to live being completely true to ourselves in the moment.

If you feel good, you live true to feeling good; if you feel bad, you live true to feeling bad.

We are not to live, as we all do, by denying and then pretending we are something that we're not. We are not to live falsely and untrue as we do. We deny many bad feelings, doing all sorts of things to keep us feeling good, to stop us feeling bad; and this is wrong, this is denying we feel bad by pretending we feel good. This is living untrue to ourselves.

Being untrue, we have to live true to our wrong and false state. We have to want to know the truth of our untrue state of mind. We have to want to get to the point of being as we really are, as we really feel, so honouring, accepting and expressing all our bad feelings. We have to want to know the truth of why we are feeling them.

If you feel you hate yourself, are revolting, ugly, a failure, can't cope, are not caring and loving; feel scared, miserable and are full of anger, lonely, depressed, and powerless, desperately wanting some control, all the bad stuff, then this is what you have to fully accept about yourself and not try to push it away. Instead of doing positive affirmations, we should do negative ones when we feel bad, allowing ourselves to be as bad as we feel we are.

**I'm not  
faking  
being sick,  
I'm faking  
being well**

We need to know, and so be, how we really are, living feeling fully connected with our bad state we're in. We have to own it. We are in a negative and untrue state of mind, so we have to be fully aware of and connected with ourselves in that state. We are living against ourselves, so we have to understand why and what that means, what it feels like, how it all came about through our childhood, and how we express it in all our relationships.

Being spiritual is uncovering the truth of how you really are, how you really feel; it's not creating some nice acceptable mind-created picture of yourself. And being that truth, no longer trying to avoid it. By living true to all your feelings, expressing them and really wanting to see the truth they will show you about yourself, is how you do your Spiritual Feeling Healing so as to live true to your untrue state of being.

And when you are truly yourself, allowing yourself to be all the bad parts and without trying to do anything to cover them up and keep them away, then you move on out of being untrue and into living in a true state. Then once in that true state of being, you will keep living true to it, feeling very good, happy and loved, all the good feelings of no longer living against yourself.



Your feelings are the key to your spiritual growth. They are the key to your well-being.

It is through your feelings that you grow in truth; that you become more aware of yourself. This is doing your Feeling-Healing.

Your bad feelings are just as important as your good feelings.

Most people do all they can to block out and stop themselves feeling bad.

Yet to deny our bad feelings so heavily is to deny ourself the truth about ourself they will show us.

We can't properly spiritually grow if we are denying our bad feelings.

Spiritual advancement begins by accepting ourself – so accept you feel bad.

We are to embrace and acknowledge all our bad (and good) feelings as we feel them. We are to stop denying them; stop trying to block them out, dismiss them, override them by using our mind to change our feelings. We feel bad – so feel bad. We feel miserable, scared, sad, lonely, angry, unwanted, disrespected, hurt, and so on, so allow ourself to feel those feelings, and to feel them as fully as we can.

By allowing ourself to embrace fully all our feelings is the greatest act of self-love; denying any feeling is the greatest act of self-hate.

As we accept our bad (and good) feelings, we then try to 'bring them out', to express them, to say how bad we're feeling, to tell ourself, God, our partner or friend. We open our mouth and emote the feeling, going with it, saying all it makes us want to say. And ideally we keep saying all it makes us feel until we stop feeling it. However, it can be hard work and very difficult to keep expressing such deep pain, so we do as much as we can at any one time. It all has to come out of us, rather than keeping it in.

And as we're accepting and expressing our bad feelings (and good ones), we long for the truth of why we're feeling them. Really want to know why. Understanding that they will take us back into our childhood with our parents and family, all so we can understand that the bad feelings we're feeling now are the exact same bad feelings we felt back then. And now as an adult we can understand why we felt them back then as a young child, what was going on in our relationships with our parents, and were such relationships loving and good for us, or hurting us, were unloving, rejecting and denying us. And this is the truth we have to want to understand about ourself. And our feelings are the key. And this is 'being spiritual' – it's growing in the truth of ourself.

**Enters emotionally - is to leave emotionally!**

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**BAD  
IS  
GOOD**

**PARENTS are GOD**

James Moncrief

10 December 2021

As children, our parents are our gods. A parent can do no wrong. The parent is perfect. We are made to obey them, be grateful; we have to do as they say. Only the child is wrong. They make us be how they want us to be – for our own good. Is it cruel child abuse?

They hurt us, reject us, call us evil – the naughty little devil; humiliate us, make us feel miserable, sad, scared, alone, angry, unloved; even hate them, because that's what we need, according to them, to make us able to deal with and cope in the world – with them.

And they make us love them. We have to love our parents, because if we don't, look out! And our survival depends on it. So we tell ourselves, as we tell them, we love them. We love them as we love God. God is really just our parents. We can't do without them. Our Mother and Father God is our mum and dad. Do we hate God or love God?

The parent has all the power. The parent is powerful. The parent has a child to have power over it. The child is powerless. In our rebellious state of mind, being a parent is the ultimate controlling power trip, even if you are a more genuine caring and loving parent. The child feels powerless, even if it is given a little power by its parents.

We, as powerless children, grow up doing all we can to gain power. By becoming a parent ourselves is now our chance to have ALL POWER over our children.

The cycle repeats. The powerless becomes the powerful causing the next generation to feel powerless, who in turn have to become parents so they can feel powerful.

The grandparent gains even more power; over its own child and over its children's children. The grandparent is the God of the God's. So the child feels even more powerless; powerless with its parents, powerless with its grandparents. So as an adult it desperately seeks power. It MUST have its own children at all cost, because it can't remain feeling a loser, a failure, a powerless nothing, forever.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

What is the truth of your parent/child love, and your child/parent love? Doing your Feeling-Healing is the only way to find out. Provided you do want to know such truth.





It's all about relationships. The relationship with ourself, our parents and family, with our friends and partner, with nature, and with God.

It's about whether we are true in our relationships, which means, whether or not we are truly expressing all we feel, so all of ourself, in each and every interaction. And if we are not true, then wanting to find out why. Which we can do by doing our Spiritual Healing.

Our Healing will take us through our feelings into the truth of all our relationships – current and past. It will help us understand the relationship of our mind to our feelings, whether or not our mind is working against or for us, what our erroneous beliefs and bad unloving and negative behaviours are. All so we can come to see why we are the way we are, why we are loving or not loving, and how we came to be as we are because of the relationships and their influences we had as a child.

As an adult, our primary relationships, those with our parents and family, are what have determined and keep determining our relationships with ourself, nature, other people and God. And those early relationships will keep driving our adult relationships until we do our Spiritual Healing wanting to uncover the truth of them.

If anything is wrong in our life, if anything about ourself makes us feel bad and unhappy, if any part of us, or all of me / you, is unloving, that's all because it was how we were made to be through our early forming years and the rest of our childhood.

If our relationships are good and successful, our feeling fulfilled and loving in them; or if they are bad and unsuccessful, our feeling let down, disappointed, unfulfilled and wondering why we can't have good relationships, it's all because of how we were treated as a child. Any problems we have, any illness, any bad things that happen to us, all do so because of the emotional and feeling patterns established throughout our childhood. As an adult we live cycling through our childhood feeling patterns. So our relationships being emotionally good or bad, are the same as how our childhood relationships were emotionally and on a feeling level. Through our relationships as an adult, we will keep reliving all the same childhood feelings we felt with our parents and family. And if we're happy in our relationships, good; but if we're not, then only through our Healing will we be able to change such feeling-patterns once we've uncovered the truth of them.



We incarnated feeling good. But very soon we were made to feel bad. Our parents made us feel bad many times as we were forming and growing up through our childhood. How many times did your parents make you feel bad? And how many times did they make you feel good? And have you worked hard to block out many of the bad times?

For many people, they actually felt bad more than they felt good. And many of the so-called good feelings were only times of reprieve between the bad. They grew up on feeling bad. So bad is what they know, bad is what they are used to, bad is what they expect. And yet they also do all they can to keep feeling good, blocking out the bad.

And they might hate this, fighting it within themselves, always trying to do things to make themselves feel good, yet always ending up still feeling bad. Do you feel good, only to do something to ruin the good feeling and make yourself feel bad again?

We've been made to be scared of feeling good. We need to keep feeling bad. We feel better feeling bad, even though we hate feeling bad and only want to feel good.

We learn to 'bring it on' so we can feel bad. We say the wrong thing, act in the wrong way, resist being good and loving, all because it's how we believe we should be, how we should feel, all because that's how it was for us as a child. How you are – this is how it was for you as a child. And how it will always be, until you do your Feeling-Healing.

A great part of our Healing will be to allow ourselves to feel bad, to accept our bad feelings, to understand that is how our parents made us feel throughout our childhood.

And allowing oneself to feel bad is very difficult, even if we already feel bad. And we might be faced with feeling bad for many years through our Healing, feeling hurt, rejected, unwanted, uncared about, miserable, sad, angry, scared – so many endless bad feelings. Yet these are all the same feelings we felt through our childhood, and they all have to come out. And once they are out of us, then we won't feel bad anymore, as we will understand the reasons why we felt them – the truth of them.

We are not to reject our bad feelings, as they were rejected by our parents. Our parents made us reject our bad feelings, so we follow their lead and also reject them. It's not being self-loving. It's self-hating. So love yourself by allowing yourself to feel as bad as you do.

**Feeling bad is good!**

The most important part of all our lives is to uncover the truth of our childhood.

And we do this by doing our Spiritual Healing.

By attending to our feelings properly: completely accepting our bad feelings, expressing the full emotion of them, whilst longing for the truth they are to show us about ourselves and our relationships with our parents and family.

We can't spiritually grow or grow as a person unless we uncover the truth of our childhood through our feelings.

We have to find out through our repressed childhood feelings if our relationship with our parents and family was loving or unloving during our childhood. During it, which parts were we treated respectfully, with care and with love; and during which parts were we made to feel uncared about, disrespected and rejected, hurt and unloved.

We have to break down the untruth of our mind and its erroneous beliefs that cause us to live in a false state: that our relationships with our parents were loving when perhaps they weren't. We all want to believe we love our parents and they love us; however, is the love you feel for and from your parents true love, or only a love fabricated by our mind? This is the truth we must want to see about ourselves and our relationship with them.

Everything bad that happens to us, any problems we have, why we get sick, any bad feelings we have, why our relationships might fail, all comes from our unloving childhood. Once our childhood finishes, we are complete, living by repeatedly cycling through our set childhood feeling patterns. The exterior of our life, what happens to us and what we create through our adult life, is nothing more than living out how it was for us as a child. The basis for being a so-called success or failure in life, was all established through our childhood. It was all determined by our parents loving or unloving relationship with us.

We can never fully heal ourselves unless we want to uncover the whole truth of our childhood. We can look into bits of it, get more in touch with some early trauma, some of which might help to explain why we are feeling bad and why we are trapped in our addictive and self-abusive behaviour. But not until we uncover the WHOLE truth of our childhood through our feelings, will we be finally set free of it – will we be free of all our pain.

**Feeling Healing sets us FREE!**

## LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1<sup>st</sup> spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2<sup>nd</sup> and 4<sup>th</sup> only to reach a dead end at the 6<sup>th</sup> spirit mind Mansion World, never getting out of the hells and entering the 1<sup>st</sup> of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

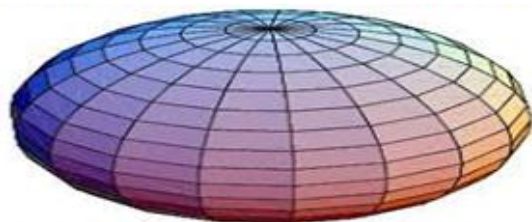
- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**  
However: **Parents have NO understanding of Love.**  
**Parents have NO understanding of Law of Free Will.**  
**Parents have NO understanding of blocking emotions.**  
**Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

**Parents abandon Children emotionally!**

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

# SOUL PERSONALITY FEMALE or MALE

Soul



Eternal Son

Infinite Daughter

TRUTH

MIND



Indwelling Spirit

Heavenly Mother & Father

LOVE

We, of Earth's humanity, are of Truth and Mind, of the Eternal Son and Infinite Daughter. We are of Natural love which we are to perfect.

It is then, with our Heavenly Mother and Father's Divine Love, that when we fuse with our Indwelling Spirit, from Them, we become Celestial.

Our personal Indwelling Spirit is without personality, thus our personality remains the one originally bestowed to us by our Heavenly Parents.

Upon becoming Celestial we are of the trinity with LOVE, TRUTH and MIND, and always evolving through our experiences on our journey to Paradise.



SOUL is a DUPLEX

A photograph of two young children playing in a stream. The child on the left is holding a large, green, heart-shaped leaf over both of them as a makeshift umbrella. They are both smiling and appear to be splashing water. The background is a lush, green forest with sunlight filtering through the trees.

**Great Gifts through our Feelings are:  
The Awareness of our Heavenly Mother  
and Father**

**That our soul is a duplex – both male  
and female – one soul, two personalities**

**That Feeling Healing with Divine Love  
is our pathway to Paradise – our true  
home**

**Freely expressing our Feelings to a  
companion is expressing our true  
personality – the personality bestowed  
upon us by our Heavenly Mother and  
Father – our true Mum and Dad!**

**These are truths of living  
Feelings First Spirituality,  
The New Way**

# Ascension of Truth to Paradise

## ASCENSION of TRUTH to PARADISE

**DIVINE LOVE – Feelings in control – FEELINGS WAY**  
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES  
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP  
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT



### THE FEELINGS WAY \*\* LIVING A FEELING-LED LIFE \*\*

**Transformation** of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.

**Transformation** of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

### Transition from Mind to Feeling way of living

**NATURAL LOVE – mind in control – MIND WAY**  
 SEVEN MANSION WORLDS

We have to do our: **SPIRITUAL HEALING**  
 (FEELING HEALING)  
 (SOUL HEALING)

**Uncovering the truth of feeling Unloved**

**IMPERFECT NATURAL LOVE**  
 REBELLIOUS  
 REBELLION AND DEFAULT

Against Truth and Love  
 Living Untrue; against ourselves  
 Denying many feelings  
 Become Truth to being untrue  
 Imperfect relationships  
 Feelings of love within an unloving state

**LIFE ON EARTH**  
**WHAT WE ARE LIVING**  
**AN UNLOVING LIFE**

#### Self-Acceptance

No Healing needs to be done  
 Being true and loving  
 All done with Natural love  
 Uncovering the truth of feeling loved

**PERFECT NATURAL LOVE**  
 NOT REBELLIOUS  
 NO REBELLION OR DEFAULT

Not Against Truth and Love  
 Living Truth; not against ourselves  
 Not denying any feelings  
 Become truth to being true  
 Perfect Relationships  
 Feelings of love in loving state

**LIFE ON A PERFECT WORLD**  
 What we wish we were living  
 A Loving life



### THE MIND WAY \*\* MIND-LED LIFE \*\*

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

### GREAT U-TURN

**Kindly consider reading:**

[www.pascashealth.com](http://www.pascashealth.com)

then proceed to Library Download :

Pascas Care Letters – Family Shelters Abuse & Remedial  
Pascas Care Letters – Family Shelters Overview  
Pascas Care Letters – Family Shelters Protection  
Pascas Care Letters – Family Shelters Social Housing  
Pascas Care Letters – Family Shelters Support Centre  
Pascas Care Letters – Family Shelters towards Liberation  
Pascas Care Letters – Root Cause now to Pathway Forward  
Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively  
Chaldi College Free to Learn Pathway  
Pascas and the Meeting House

Pascas Care Letters – Back to Basics  
Pascas Care Letters – Change  
Pascas Care Letters – Finaliters our Destiny  
Pascas Care Letters – Glass Ceiling Barrier Removal  
Pascas Care Letters – Humanity is Addicted to Untruth  
Pascas Care Letters – Journey of Earth’s Humanity  
Pascas Care Letters – Life is a Highway  
Pascas Care Letters – Live True to How You Truly Are  
Pascas Care Letters – Moving out of Healing  
Pascas Care Letters – My Customs Heritage and Nationality  
Pascas Care Letters – One Soul Two Personalities  
Pascas Care Letters – Psychology and Feeling Healing  
Pascas Care Letters – Spirit Evolution and Environmental Changes  
Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation  
Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults  
Pascas Care Living Feelings First Children  
Pascas Care Living Feelings First Children Annexures  
Pascas Care Living Feelings First Children Discussions  
Pascas Care Living Feelings First Children Graphics  
Pascas Care Living Feelings First Drilling Deeper  
Pascas Care Living Feelings First Drilling Deeper Structures  
Pascas Care Living Feelings First Reference Centre

Pascas Café Overview  
Pascas Food Basket  
Pascas WorldCare Craft Creations  
Pascas WorldCare Supporting Hands

The logo for PASCAS PAPERS, with 'PASCAS' in a large, bold, red font and 'PAPERS' in a smaller, bold, red font directly below it.

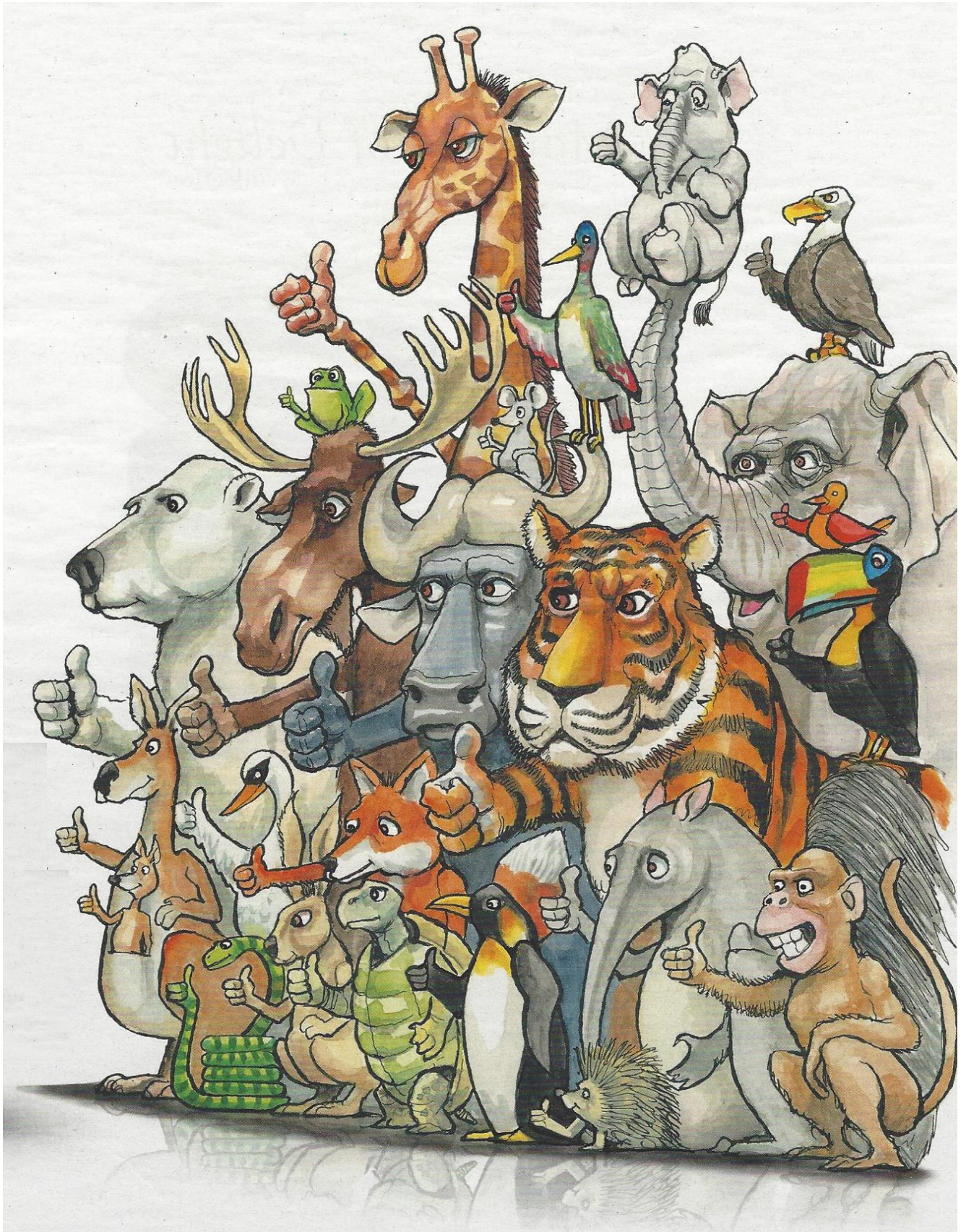
Important recommended reading is:

by James Moncrief

## **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>





<http://www.pascashealth.com/index.php/library.html>

## **Library Download – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)



## **The NEW WAY is the GREAT U-TURN for HUMANITY – Everything is to change!**

It is 22 May 2022 and the Australian state of Queensland has a female Chief Justice, Governor, Premier and Police Commissioner. The Honourable Helen Bowskill, aged 52, Chief Justice of Queensland since March 2022, was asked; “What do you see as the challenges ahead?”

“There are a number of significant challenges – although we are not alone in this. Some of the most significant, I think, are to try to find a way to address the mental health crisis that besets so many of our community, and which is a sources of so much misery and hardship, to address the causes of domestic and family violence and abuse; and do more as a community to enable women and girls to feel and be safe. Interlinked with all of those are the fundamental problems within our society caused by drug and alcohol abuse and addiction. The fact that our (Australia’s) First Nations people suffer the social problems of our society at a much higher rate than others is also a national tragedy which needs to be addressed.” answered Judge Helen Bowskill.

Underlying the stagnation of humanities progression out of the treadmill of humanity imposing its will upon others, thus we have all the issues raised by Judge Bowskill. For more than 1,600 years, humanity overall has remained frozen at a calibration of 190 overall on Dr David R Hawkins’ Map of Consciousness. Since the 1990s, this overall calibration has been steadily increasing to now being 220 as of 2022. The reason being is that two high level spirits have been bestowed on Earth, this soul partner pair have taken on the extremes of the Rebellion and Default that the humanity of Earth has been subjected to for the past 200,000 years, and as they have been healing themselves so has the overall calibration for Earth’s physical humanity steadily increased. This bestowal pair’s soul is so strong that it has this effect. Also, a lady, Samantha, who lives in England, has single handedly almost completed her healing demonstrating that we all can do our Feeling Healing – and we will when we choose to.

For aeons of generations, we as parents have imposed our will on our children, suppressing their true personalities, and by the time they reached the age of six years, their consciousness calibration on Dr David R Hawkins’ Map of Consciousness scale mirrored one or the other parent. Thus, humanity has not been evolving – just repeating the cycle of our parents way of living.

Now, we have been shown The NEW WAY of living, living Feelings First and how to engage with our Feeling Healing, or with Divine Love, our Soul Healing, so that we can break the cycle of generations gone by and actually reach a soul condition status of living in a Celestial soul condition while here in the physical on Earth. When more and more people begin to live Feelings First and then embrace their personal Feeling Healing, all the customs and ways of living will be questioned and be demolished to be replaced with The NEW WAY. No institutionalised system presently existing will survive.

As women are closer to their feelings than men, it is the women who will lead the way. It is women who are the spiritual leaders of humanity, not men. It is through feelings, living feelings first, that women will find their true personalities and their true position within society, in equality with men. This is not a mind power game, this is simply expressing our true soul based feelings and living true to our feelings which is living true to our Heavenly Mother and Father.

Only those of a higher level of consciousness can resolve a problem created by someone of a lower level of consciousness. The problem of the Rebellion and Default was imposed upon Earth’s humanity by rebellious high level spirits from within our Local Universe of Nabadon. It has taken much higher level spirits to resolve the problem, and it is a soul partner pair, an Avonal Pair from Paradise who have bestowed on Earth in the same manner as the Creator Daughter and Son, namely Mary Magdalene and Jesus, now leading the way by example for us all.

## Big Picture



overveiw

## Little Picture detail



Pascas Foundation, when reviewing humanitarian programs and specific projects, is to consider:

- The overall needs of the community, region, state and nation.
- An overview of the nation and adjoining neighbours is a priority, as much as the community is.
- That the program(s) being considered are not likely to be undertaken by others.
- That collaboration with other NGOs and socially active groups are to be accommodated.
- That a whole of nation and region is considered and that an overall master-plan is established.
- That all works are to have long term durability – long life products to be employed.
- Each sub-project within the master-plan to have longevity in its application – 20 years +!
- Local involvement in the installation and ongoing maintenance and operation is a priority.
- All sub-projects within a global overview are to be considered as ongoing projects for delivery.
- Pascas is the primary party acting on behalf of benevolent donors and funders who remain private.
- Programs of national interest may require Public Private Partnerships (PPP) through Special Purpose Vehicles (SPV), whereas community programs may be delivered through a localised arm of Pascas Worldcare (PW), or such as Pascas Inter-Community WorldCare (PICC).
- Expediency is preferred; identified and defined projects are to be promptly rolled out. All projects are to assemble standard internally designed documentation incorporating curriculum vitae, executive summaries, business plan, financial feasibility and supporting material as appropriate.
- This is a global agenda – all nations already have a funding allocation waiting to be drawn upon.
- Awareness of The New Way of living Feelings First is to be provided to and for all of Earth's humanity.

**AMBASSADOR at LARGE**

## **John Doel, typist – spiritual biography**

I, John Doel, was born on 16 January 1947. I recall my mother, Marie, struggling with the issue that I would be separated from her for six months within a week of my birth. I was born in Katoomba where my mother was being treated for tuberculosis and so I was sent home to our sheep and wheat farm at Buddigower, some 30 kilometres south west of West Wyalong in central New South Wales, Australia.

Two adjoining farms were owned by brothers of my father James, who apparently was starting his disappearing acts, leaving home for ever increasing lengths of time and not having anything to do with the family of four children, me being the youngest, or the operation of the farm. Also adjoining the third of the brothers' farms was that of Elizabeth McDonell, my mother's mother, and who I now call Nanna Beth.

By the time mum recovered and returned home, I was spoilt rotten. At the end of six months I had four or five 'mothers' and, apparently, it was a gargantuan task of reforming me from my spoilt hood.

Both sides of the family were Catholics. The priest would arrive at the community hall once a month travelling the dirt roads from town, or occasionally service was in the home of Uncle Geoff's farm, one of the three east of our farm. The Buddigower village community appeared to be Church of England or Roman Catholic.

The eleven years I lived on the farm, the school teacher for the village lived in our home. Well, he slept in a bed on the verandah in the heat of summer and the cold of winter next to my bed. You could say it was a privilege to have a school teacher at home. I always came in the top three in my class! There were only three in my class, the whole school had on average thirteen students. If I was not chastised enough for my mischief at home then at little lunch I would be told by Bert (teacher) to fetch the feather duster and he would give me a 'top-up' using the duster as a cane.

The farm was sold and we moved into West Wyalong minus father. For four years I attended St Mary's Catholic School which was run by the Sisters of Mercy. Then two years of boarding at the St Patrick's College (boys only) in Goulburn. I got a good final score but did not matriculate, however I did accidentally burn down the school rooms two weeks before the final exams – that got rid of those undesired school books. School was done with for me in 1963.

First full time employment was as a short-hand typist, now I am just a typist. Did spend some time being a Chartered Accountant, had a stunning public practice in Burwood in Sydney which expanded to the Gold Coast, in south-east Queensland, Australia. How that started is that I took correspondence, then just bought the text books, laid on my back on my bed and read and underlined like mad and then sat for external exams – no university for me! The firms I worked for in Sydney were leaders in initiatives within the industry – particularly the health industry.

My Catholicism waned, though I did marry Carolyn in a Catholic Church very much against the wishes of her family who were of the Church of England.

What had dawned on me was that we cannot change our ingrained tendencies to be wayward. Confession was always a repeat of the last one. Forgiveness does not eradicate. It appeared pointless. Then the endless repetition of everything was akin to being at boarding school. The routines were circular returns to the same point without any window for progression. What the hell is this all about?

Then my accounting career raised an important issue that all of society appears to be blind to. More than half of my clients, no matter where I worked, were from within the many aspects and arms of the

medical industry. They all appeared to be overwhelmed with no solutions for their patients. They were and still are just suppressing the symptoms. There is no cure! What is worse is that NO medical professional will tell you the answer to the most enlightening question ever:

### **WHAT IS THE CAUSE BEHIND YOUR DISCOMFORT, PAIN OR ILLNESS?**

I have longed to understand the answer to that question and define that question for maybe forty years.

Nanna Beth had died before I turned five. Now she is fully in my face again – and that is wonderful. In 2017 she commented that by the time the 1990s rolled around you could say I was verging on being an atheist, or was that agnostic! Good one Nanna!

Then an episode with inventors began to unfold. 1999 was the start of five years of one by one meeting with around 1,000 inventors and rationalising potentiality. My accountant hat was working well. You try talking to guys about a subject that they only know about – one thousand times – well they are inventors! More than half had no technical training in the industry they had developed something that educators would say is impossible. Further, more than half were clearly (to me) mediumistic! So, what the hell is going on here. Further, ALL of the innovative break throughs had benefits for impoverished or emerging communities – not for advance city economies. What is the game going on here?

The formation of the intended structure and scope of Pascas WorldCare and Pascas Foundation unfolded during the era of the inventors, by 2005. Pascas Foundation (Aust) Limited was incorporated on 16 September 2008.

So I started to ask guys and gals what are the two most profound books that I should consider? The first two were; Power vs Force by Dr David R Hawkins and The Messengers by Julia Ingram which outlined the life of Nick Bunick. The bookshelf swelled with maybe 400 books of which I have given 300 away, now redundant.

Dr David R Hawkins has published more than 10 books and several videos. The three and half hour video on kinesiology muscle testing is incredible. If you hold ANY statement in mind then you can determine if it is true or not true. Further, by holding in mind the Map of Consciousness scale that Dr Hawkins developed then you can determine the level of truth. The scale is based on the logarithm of 10 and goes to 1,000. Few books calibrate over 600, then fewer over 800, and then even fewer over 900. 1,000 is the peak potential of natural love. The scale goes onto infinity reflecting Divine Love. Using this process you can calibrate the level of these writings overall, by parts, by pages, by paragraphs and topics one by one. This process has enabled me to put aside and not bother with what is a distraction or not enlightening. Dr Hawkins provided me with a wide and sound foundation in all things spiritual.

I contacted Nick Bunick and later accepted his invitation to participate in the Founding Mystics conference in Las Vegas at the end of June 2007. Man, was that a blast! This group believe they are the reincarnation of specific people of historical relevance – generally. Reincarnation does not take place and, further, it is impossible. Graham Golding and I had four or more days with nearly 100 people who basically made up the spiritual movement worldwide.

Tuesday, 2 July 2007 in the main corridor of the Las Vegas hotel while chatting to Perry Kimelman and Graham Golding, I had the most extraordinary vision of the future and what is possibly going to unfold for PASCAS. The experience was like a world trip in 90 seconds where I met something like 800 people and I saw many of the PASCAS Care Centres! Apparently I had just handed the program over to God – it was a stunning display – movement was faster than light, I could see the end of light beams falling behind me.

Then on that same day, sitting in front of Grace Sears, before she could start her session, I could feel myself lighting up like a Christmas tree; it felt like I was exploding. No worries mate, these guys are the most highly experienced spiritualists to be found! This ‘frying of my mind’ ebbed and flowed, on and off, for about three and a half months. It was like a burning hat band that would start at the front of my forehead and progress around my head where a hat band would sit. It was not until 2017 when Nanna Beth explained that this process was the opening of my mind to other possibilities, removing erroneous beliefs in the process. Then Kevin, who had died in 2012, also explained that he had the same experience after he died.



It is a turning point from which you cannot turn back. Your openness and longing to find and know truth is permanent. What you held dear to yourself, as it being your own truth, is now permanently put to the side. You still remember your erroneous beliefs and ways of living, however when you are presented with Truth there is no ‘push back’. You welcome Truth and embrace another step forward to the certainty and freedom that comes with it. We all will have this ‘fried mind’ or ‘burning hat band’ experience to a lesser or greater extent.



What is unfolding for Pascas Worldcare is this:

**perceived truth MoC 880 – relative truth potential MoC 1,480**

Utilising Dr Hawkins’ Map of Consciousness and kinesiology muscle testing, the Pascas Papers and the environment is persistently revealing this calibration – which is two observations on the one topic. Just taking a casual involvement in the topic or environment then the perceived level of truth of MoC 880 is reflecting the equivalent of the 5<sup>th</sup> Divine Love healing Mansion World. Should the reader or observer then take a full engagement with what is presented, then there is the potential for the truth to have the full benefit of its potentiality of MoC 1,480 which is akin to the 3<sup>rd</sup> Celestial Heaven. This is extraordinary.

Only the writings of James Moncrief and James Padgett, together with some supporting writings, have generated calibrations over 1,000. Celestial spirits were restrained from writing until cracks in the Universal Law governing the Rebellion and Default were opened. No other spiritual writings previous to 31 May 1914 could and did have potential calibrations above MoC 1,000 and most of the world’s treasured books calibrate far lower. This heralds the beginning of the Great U-Turn.

Now with an open mind and a more focused search for Truth, in June 2009 I, John, met up with AJ Miller and consequently attended his discussions through to November 2011. I accredit AJ Miller for providing me with intensive exposure to the Padgett Messages and associated observations that, at best, I may not have achieved in 20 years. I felt there was nothing or little further to be gained and I broke off contact.

The works of Dr Daniel Samuels, Hans Radax, Joseph Babinsky, Dr James Reid and Nicholas Arnold expanded upon Divine Love and spiritual matters in general. However nothing expanded and addressed the gaps in the healing process that AJ Miller noted as essential. No one could complete what he introduced – not even AJ.

Then in November 2016, I was introduced to the writings of James Moncrief and then his phone number. I phoned and he answered!

By February 2017, I was sitting dumbfounded that no one recognised who James and Marion truly are. If you have ever driven into the Kings Cross area in Sydney and not recognised the great big blazing red billboard or been in Times Square in New York and not recognised the signage and what it was saying – then I remained stunned! It is clear as Coca-Cola as to who they are!



Throughout all of history, Mary Magdalene has only written through one person and that is James Moncrief.

Throughout all of history, Jesus has only written through James Padgett and James Moncrief.

One person only has written and fully explained how to engage in and subsequently complete the healing of their engagement in the Rebellion and Default. And now Marion and James are completing their healing and moving out of the healing process. Samantha from England is following in close succession, and so will others. We can only follow Marion and James.

Yes, others believe they have transcribed messages from Jesus, but that is not so; that is not Jesus from Nazareth of the Bible, but typically a Jesus from the Celestial Heavens who is fully versed through researching and engaging in the very amazing museum at Jerusem on the 1<sup>st</sup> Celestial Heaven. Other Celestials with names akin to the Apostles of Jesus have from time to time done the same thing.

Dr Daniel Samuels transcribed for a Celestial spirit being Jesus from the Celestial Heaven. Hans Radax did transcribe for Judas of Kerioth, the Apostle known as Judas the Iscariot. Some of the Apostles who lived and walked with Jesus did provide messages for James Padgett. This group of writings have all unfolded to bring about the Great U-Turn, the End Times, the Change Over, the New Spirit Age of 1,000 years which is the Avonal Age. This is one hell of an incredible interesting time and, yes, the Avonal Pair are here and they are not a Coca-Cola sign but to me they are that obvious.

And for me it is even more incredibly amazing and wonderful. My close members of my family have ALL progressed into the Celestial Heavens and they are contributing to this unfolding of change for all of Earth's humanity. Nanna Beth, 3<sup>rd</sup> Celestial Heaven, with her soulgroup of 24 personalities, 12 soul partner pairs, is leading the Great U-Turn. That is my grandmother, the mother of my mum! Kevin moved into the 1<sup>st</sup> Celestial Heaven in 2017. Marie (mum), Raymond (1<sup>st</sup> cousin) and Bradley (my nephew and son of Kevin) arrived a little over a year ago in 2019 or so. My brother Lloyd (living) and I have absolutely no doubt as to who they are. This makes this all so very personal and dear to me.

All I can say, someone has to be in a front seat and the best I can do is convey what has come to me.

Aspiring to Living Feelings First, John Doel



<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at <https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

Pascas Care Letters – Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Overview

Pascas Care Letters – Family Shelters Protection

Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters – Family Shelters Support Centre

Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

|                                            |           |                 |
|--------------------------------------------|-----------|-----------------|
| Sam's Book – Parenting and Feeling Healing | Book I    | Experience      |
| Sam's Book – Parenting and Feeling Healing | Book II   | Conception      |
| Sam's Book – Parenting and Feeling Healing | Book III  | Magic           |
| Sam's Book – Parenting and Feeling Healing | Book IV   | Nothingness     |
| Sam's Book – Parenting and Feeling Healing | Book V    | Setting Free    |
| Sam's Book – Parenting and Feeling Healing | Book VI   | Pain and Rage   |
| Sam's Book – Parenting and Feeling Healing | Book VII  | Vision          |
| Sam's Book – Parenting and Feeling Healing | Book VIII | Childhood       |
| Sam's Book – Parenting and Feeling Healing | Book IX   | Self-Acceptance |

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

|                                                                                                                                                                     |                                                                                                                     |                                                                    |                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                 | <b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>                    |                                                                    |                            |
| <b>The Rejected Ones</b>                                                                                                                                            | <b>2002 – 2003</b>                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                               | <b>2003</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Soul Light from Zelmar Melchizedek</b>                                                                                                                           | <b>2003</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Paul – City of Light</b>                                                                                                                                         | <b>2005</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Feeling Healing</b>                                                                                                                                              | <b>2017</b>                                                                                                         |                                                                    | <b>– James Moncrief</b>    |
| <b>Religion of Feelings</b>                                                                                                                                         | <b>2017</b>                                                                                                         |                                                                    | <b>– James Moncrief</b>    |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                                                                                                   | <b>2007 – 2010</b>                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                     | <b>2013 – 2014</b>                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                         | <b>2017</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                |                                                                                                                     |                                                                    |                            |
| <b>    The Urantia Book</b>                                                                                                                                         | <b>1925 – 1935</b>                                                                                                  | <b>xxx</b>                                                         | <b>as primary reading</b>  |
| <b>Divine Love supporting reading:</b>                                                                                                                              |                                                                                                                     |                                                                    |                            |
| <b>Revelations</b>                                                                                                                                                  | <b>1954 – 1963</b>                                                                                                  |                                                                    | <b>– Dr Daniel Samuels</b> |
| <b>Judas of Kerioth</b>                                                                                                                                             | <b>2001 – 2003</b>                                                                                                  |                                                                    | <b>– Geoff Cutler</b>      |
| <b>The Book of Truths</b>                                                                                                                                           | <b>1914 – 1923</b>                                                                                                  | <b>xxx</b>                                                         | <b>– Joseph Babinsky</b>   |
| <b>    containing the Padgett Messages or</b>                                                                                                                       |                                                                                                                     |                                                                    |                            |
| <b>    Little Book of Truths</b>                                                                                                                                    |                                                                                                                     |                                                                    | <b>– Joseph Babinsky</b>   |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                        |                                                                                                                     | <b>xxx</b>                                                         | <b>– Geoff Cutler</b>      |
| <b>Available generally from:</b>                                                                                                                                    |                                                                                                                     |                                                                    |                            |
| <a href="http://www.lulu.com">www.lulu.com</a>                                                                                                                      | <a href="http://www.amazon.com">www.amazon.com</a>                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a> |                            |
| <b>For Divine Love focused websites and forums:</b>                                                                                                                 |                                                                                                                     |                                                                    |                            |
| <b>Pascas Health:</b>                                                                                                                                               | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a> |                                                                    |                            |
| <b>Spiritual Development:</b>                                                                                                                                       | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                     |                                                                    |                            |
| <b>Padgett Books:</b>                                                                                                                                               | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                       |                                                                    |                            |
| <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                                                                     |                                                                    |                            |

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     | MoC   |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Soul Light from Zelmar, a Melchizedek, books 1 and 2                | 1,480 | May – Sep 2003            | 480   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 2,305 |

|                                                                  |                        |      |     |
|------------------------------------------------------------------|------------------------|------|-----|
| Paul – City of Light                                             | 1,488.5                | 2005 | 149 |
| Ann and Terry                                                    |                        | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006 | 159 |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010 | 151 |
| Introduction course to Divine Love Spirituality                  |                        | 2006 | 139 |
| Speaking with the Dead, Death and Dying                          |                        | 2009 | 173 |
| Spirits and their Childhood Repression Healing                   |                        | 2010 | 179 |
| With Verna – a nature spirit                                     |                        | 2008 | 279 |
| Communication with spirits – meet a spirit friend                |                        | 2010 | 37  |
| Introduction to Divine Love Spirituality website                 |                        |      | 362 |
| Sage – and the Healing Angels of Light                           |                        | 2017 | 260 |
| Divine Love Spirituality                                         | 1,500                  | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017 | 153 |
| Religion of Feelings                                             | 1,500                  | 2017 | 47  |

This group being pages of 3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dls spirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dls cr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings****Feeling Healing****Welcome to LOVE – the Religion of Feelings****you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

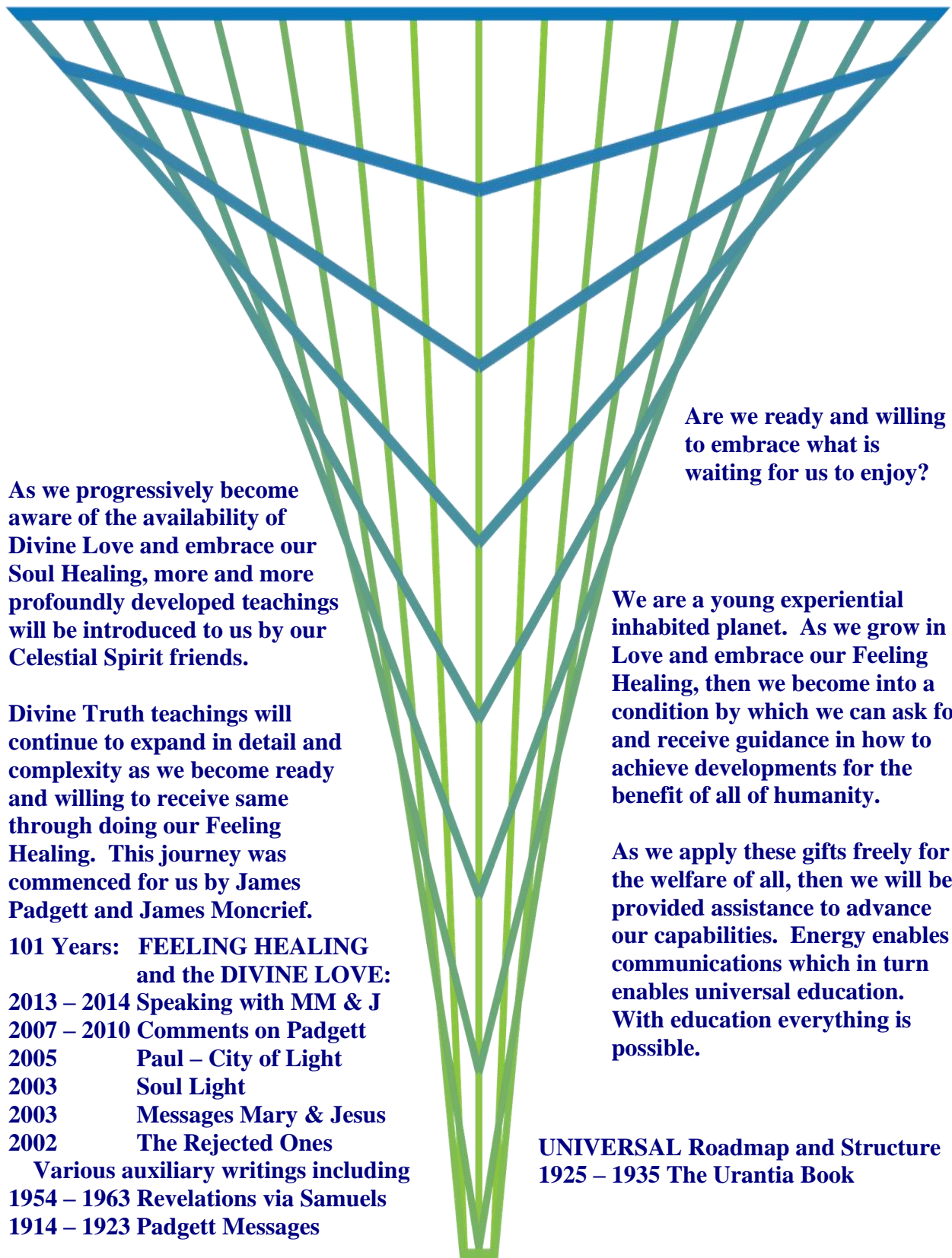
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Before the revelation of Feeling Healing, and with Divine Love, Soul Healing, we have been withheld in mediocrity!**

**It is now possible to smash through the Glass Ceiling to infinite growth in Truth and Love!**

